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HICKSVILLE ILLUSTRATED NEWS

Vol. 8, No. 16

Thursday, November 4, 1993

35 Cents

Skin Deep; The Band, Not The Movie

By Keysha Hedgepeth

Stand-up comedian and Hicksville resident Scott Paparcuri is getting his old band together. Skin Deep will be performing at the Little Country Pub in Hicksville on Saturday November 6. Paparcuri is the lead singer of the group.

Skin Deep formed in the Fall of 1988 while the members were students at SUNY Oneonta. Paparcuri said he met two of the members while he was pledging the fraternity Sigma Alpha Mu. The other two individuals were friends of the drummer. The "Skin Deep" collective includes Scott Paparcuri lead singer, guitarists Chris Conti, Scott Knight; Leo Bouchard, bass and Glen Babineau, drummer. It also included Chris Williams who stayed with Skin one semester. "The group's name was an idea I came up with. It's ironic because a few months later Skin Deep, the movie (with John Ritter) came out and we got famous," says Paparcuri. "We used to bill ourselves as 'Skin Deep, The Band Not The Movie'."

The first semester (fall 1988) of Skin Deep spent developing style. By the spring of 1989 Oneonta was offering a course entitled Music Ensemble where students could get two upper division

credits for performing in their own band. They performed at local spots around campus and in Albany but as Paparcuri insists the band wasn't quite ready for the road. "I wanted to be a singer but I had no knowledge how (to do it correctly). I spent a lot of time yelling because I couldn't hear my voice above the band," Paparcuri noted.

In the fall of 1989 Skin Deep had the right combination. Scott Paparcuri came back with a "new voice", and Leo bought a great PA system. Their first major break came in October 1989, at a program sponsored by SUNY Oneonta music department. It gave musicians a chance to perform before music executives for major record companies. "We sent a demo tape and got a spot on the program. Skin Deep was the second to last group at 11 p.m." recalls Scott. "We played a 12 song set and totally blew the house away".

From that point on "Skin Deep" had no problem with booking gigs. "That year we were the hottest band on campus," said Scott. After the program the drummer Glen Babineau appeared at a local radio station there. Paparcuri laughs when he recalls his response to the interviewers' question "Where have you guys been?"



Stand-up comedian and Hicksville resident Scott Paparcuri is the lead singer in his band Skin Deep. They will be performing at the Little Country Pub on Sat. Nov. 6.

The comedian part of him took over. "I said that 'we had been touring with Bon Jovi in Russia and it is good to be back in America.'" They also were able to take their act on the road.

Skin Deep stayed together for a while after Paparcuri graduated but he pursued a career in comedy. In October 1991 they had their first reunion at the Dark Horse Saloon in Oneonta. "It was the best performance we ever had," said Paparcuri. "We thought that was going to be our only reunion. We didn't know if we could top that."

November 6 will be their second reunion. The performance will include their own music as well as popular covers from such artists as John Mellencamp, The Black Crowes and Bad Company. They are also expected to do an "unplugged" set. The group has not recorded professionally. "We were strictly a cover band. Our popularity came by word of mouth," Paparcuri said.

Scott Paparcuri is still foremost a Comedian. His comedy is showcased on "Uncle S and the Funny Bunch", Monday nights on 88.1 FM at 9 pm and will take place live on Thursdays, starting November 11 at McGuire's Comedy Club in Bohemia.

The Little Country Pub is located 1 mile East of the Wantagh Parkway, on Old Country Road. Show time for Skin Deep is scheduled for 11:30 pm. For more information contact the Little Country Pub at 931-7313.

Cancer Awareness Month Wrap-Up

By Keysha Hedgepeth

Fran Kritchek of 1 in 9 Breast Cancer Coalition, closed Breast Cancer Awareness Month with a recent address to the members of the Hicksville Kiwanis Club. She brought to light some alarming issues and statistics concerning the disease.

Kritchek began her address with this statistic "Every 4 minutes a woman is diagnosed with Breast Cancer and every 12 minutes a woman dies of the disease." She also explained that 2 percent of men get the disease also. Kritchek admits that the most frightening element is that the source is unknown.

Suspecting the environment, 1 in 9 has worked to get scientists to investigate this factor. It has been brought to light that chemicals such as common weed killers and pesticides may contribute to the cause. Questions have also arisen about water quality. "They will be addressing this issue along with others in a November 15 "Open Meeting" at Adelphi University. The public is invited to address



Fran Kritchek of 1 in 9 Breast Cancer Coalition, closed "Breast Cancer Awareness Month" with a recent address to the members of the Hicksville Kiwanis Club. Pictured: Don Johnson, President of Hicksville Kiwanis; Fran Kritchek Co-President of 1 in 9; Beth Dalton-Castello, Hicksville Kiwanis.

the staff from the National Institute of Health between 3 and 5 p.m.

Although the problem is getting the at-

tentation of legislators it still is lacking when it comes to current and accurate information. Grass-roots organizations like

1 in 9 have to be diligent in getting updated statistics and program information to the public. Kritchek warned "The department of Health only has breast cancer statistics updated to 1989".

Currently, the only possible cure is "early detection." Mammography is a prescribed step as well as breast self examination. Kritchek noted that "the government will pay for a Mammogram (for women over 50) every other year." Insurance companies, if subject to NYS regulations will cover all aspects of the process. However, this is subject to the usual deductibles and co-payments. Policies regulated by federal law are not required to include coverage of mammography.

1 in 9 takes its name from a common statistic that "1 out every 9 women in Nassau County will get breast cancer". It was founded November 27, 1990 by Fran Kritchek and Marie Quinn. "Every Month is Breast Cancer Awareness Month," says Kritchek. "A unified force makes the difference."

HOMETOWN PEOPLE



Lisa and John Donigan of Hicksville are proud to announce the birth of their first child Kyle Aram.

First Born

Lisa and John Donigan of Hicksville are proud to announce the birth of their first child Kyle Aram. Kyle was born on August 16 at North Shore University Hospital. He weighed 6 pounds, 12 ounces and was 19 inches long. Now 2 1/2 months, he is the first grandchild Eleanor Aspenleiter and grandchild number 7 for Rose Donigan, both of Bellrose.

Baby Benetos

Nicholas Benetos and Melissa Mahken of Hicksville are proud to announce the birth of their son George Thomas Benetos. He was born Friday May 7th and will be 6 months old on Sunday. At birth he weighed 9 lbs, 12 ounces and was 20 3/4 inches long.

Proud grandparents are George and Mary Benetos of Hicksville. Honored godparents are Barbara Benetos of Hicksville and Jeff Puhle of West Hempstead.

Celebrating The Golden Years

Olga and Joseph Arnold of Hicksville were the guests of honor at their 50th Anniversary Party recently held at the Milleridge Inn. The party was given by their daughter, the Reverend Beverly-Jo Arnold, of St. Joseph, Mo. and was assisted by Rev. Norma J. VanderMeer of Sterling, IL.

Relatives and friends came from many sections of the United States and wished the

couple much happiness. The couple had just returned from Beautiful Bermuda from aboard the Royal Caribbean ship, Song Of America. They had a wonderful time.

Pleasant Wishes

Congratulations to Denise Giacomino on becoming sweet Sixteen. Belated wishes to Jennifer Robeson on a happy 15th.

Pat Ferra sends her love to her husband Artie. They recently celebrated their 18th anniversary.

Congratulations and good luck to Lauren Giacomino for getting the part of the "Witch" in "Into The Woods" at Fordham University on Halloween weekend.

They're Engaged!

Mr. and Mrs. George Benetos are proud to announce the engagement of their daughter Barbara to Jeffery P. Puhle, son of Mr. and Mrs. Dieter Puhle of West Hempstead. An October 1995 wedding is planned.

Huper Makes All County

Congratulations to Steven Huper who, once again, has been selected to perform, in the 1994 All County Music Festival. Huper plays the trombone. The concert will be held at the Tilles Center, C.W. Post, on January 15, 1994. Way to go Steve!

Back In School

Army Pvt. 1 James E. Kramer has entered the U.S. Military Preparatory School at Fort Monmouth in Red Bank, NJ. Kramer is the son of Stanley J. Kramer of Hicksville.

The school is designed to assist students in meeting the strict academic and physical requirements of the academy. Upon completion of this one year school, the new cadet is eligible for appointment to the U.S. Military Academy at West Point.



George Thomas Benetos, born May 7th will be 6 months old on Sunday.

Three Cheers!

A heart-felt "thanks" goes to the Hicksville Marching Band Dads for their help each week. Three Cheers for Randy Schiavone, Andy Boukas, Dick Drab, Al Andrews, Bob Lyser, Vito Grippi and Steve Gallin.

Beauty Education

Staff members of Kimera Salon in Hicksville joined hair and nail professionals from the NY and NJ Area for two days of advanced education at Bally's Park in Atlantic City, NJ.

Throughout the two day seminar, Jen Filkins, Karen Manno and Joanne Prikios studied with a premier ensemble of Matrix National Educators. Classes covered such topics as the latest in cutting, perming and



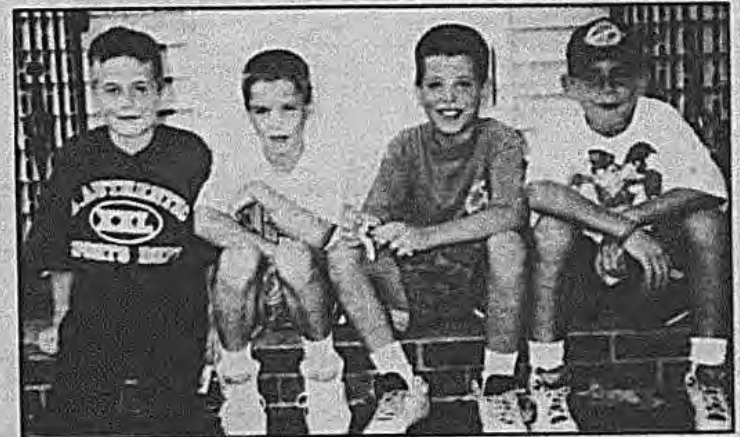
Barbara Benetos of Hicksville recently got engaged to Jeffery P. Puhle of West Hempstead.



Olga and Joseph Arnold of Hicksville were the guests of honor at their 50th Anniversary Party recently held at the Milleridge Inn.

hair coloring trends.

The staff members said that the event provided them with some new insights and techniques.



Hard Day At Lee Avenue

Fifth graders Billy Cain, Andy Mc Eneaney, Tommy Dougherty and Ryan Cocchi relaxing after a hard day at Lee Avenue School.

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NEWSBRIEFS

Free Water Saver Kits

The Board of Commissioners of the Hicksville Water District wishes to announce that they are offering Free "Water Saver Kits" to district residents. Use in your home will preserve more of this precious resource for future generations. These kits contain:

1. Shower Head- triple massage shower head with all the savings of a low-flow shower head.
2. Kitchen and Bath Aerator- Save up to 60% in energy and water. Maintains hot and cold mix.
3. Toilet Tank Bank- maintenance-free water saving device made entirely of non-corrosive materials.
4. Leak Detection Dye Tablets- helps detect leaks in the toilet which is the most common and expensive loss of water.

These "Water Saver Kits" may be picked up at the Hicksville Water District Office located at 4 Dean St. in Hicksville. The office is open from 8am to 4pm excluding holidays. To accommodate residents, the District office will be open Saturday, Nov. 20 from 8 am to 3 pm.

Funding For Nassau County Libraries

A total of \$128,130 in funding has been distributed to five libraries in Nassau County through the federal Library Services and Construction Act. Hicksville library will be awarded \$6,160.

The funding is part of \$871,177 awarded to public libraries across the State. These funds supplement more than \$73 million in State aid to public libraries for operating and construction expenses in the 1993-94 budget.

Knights Of Columbus Donate \$200

At the Council Meeting, held on Thursday evening, October 21 the Joseph F. Lamb Council No. 5723, Knights of Columbus in Plainview and Hicksville donated a check for \$200 to the Catholic Youth Organization (CYO) of Nassau/Suffolk.

Grand Knight Henry Schettini presented the check to Neil Donovan, CYO coordinator and also to Sister Patricia, CYO coordinator at Our Lady of Mercy in Hicksville. The CYO services over 13,000 children in activities throughout Nassau and Suffolk.

Tax Brackets For 1994

Married couples with taxable income of \$50,000 could pay \$143 less in federal income tax in 1994 than this year due to inflation-driven changes in the tax brackets according to preliminary figures developed by Coopers & Lybrand, the international professional services firm. Similarly, single people with \$30,000 in taxable income may see their federal income tax bills drop by \$85.

Although the IRS does not officially release the 1994 tax brackets until December, Coopers and Lybrand calculated the few brackets using recently released government data. The IRS uses this same data when establishing its figures. The tax code requires that the federal income tax brackets, as well as other figures, be adjusted annually for inflation.

Honoring One Of Their Own

By Keysha Hedgepeth

Restaurateurs from Long Island and New York honored one of their own during an October 26 banquet, held at the Woodbury Country Club. The New York Restaurant Association, its Long Island branch and members of the Antun's (Queens Village) recognized Donald Le Compte of Antun's Catering in Hicksville, as NYS Restaurateur of the Year. Over 300 people attended the gala.

Cocktail hour was at 6:30 followed by a 7:30 dinner. Centered around a golf outing motif the menu used golf terms to describe each course. The meal which included Salade Patricia and Tournedo's LeCompte was both an artistic vision and a delight to the taste buds.

The program began shortly before dinner was served. An employee of Antun's Hicksville shared his experiences of working with LeCompte with the audience. "Le Compte has in his character (the desire) to help others," he said. "It is a real pleasure to work for someone with these qualities."

Trumpets greeted the arrival of LeCompte to the podium. A representa-



Donald Le Compte of Antun's Catering in Hicksville, was recently recognized as NYS Restaurateur of the Year. His wife Patricia LeCompte was honored with a bouquet of roses.

tion presented the official Plaque. It read: "Donald C. Le Compte of Antun's Hicksville was unanimously chosen as the Restaurateur of the Year for maintaining a high standard in the preparation, presentation and service of food to the public.for his dedicated service to the community. With the Warmest Regards of the LI Chapter of the Restaurant Association." He was also presented with a citation from Nassau and Suffolk Counties.

LeCompte was not afraid to show his pride in this accomplishment during his acceptance speech. "It proves that you can't buy this award," he said following the proclamation. "It honors hard work and dedication." He concluded his speech by saying that "this dinner is not only in reference to me but honors all of us in the hospitality industry that do this 24 hours a day, 7 days a week."

During his speech he also took time to remember his late brother and honor his wife Patricia LeCompte. "My brother was my partner in business. His (participation)

(continued on page 8)

Hicksville Poet Visits Oyster Fest

By D. F. Karppi

Jennie Clary of Hicksville has been visiting the Oyster Bay Oyster Festival for several years and has written poems to prove it.

At the ninth Oyster Festival she visited Raynham Hall Museum and gave a copy of the poem she was inspired to write, to Madeline Bonasia. As the administrative assistant to museum director Stuart Chase, she was at the desk greeting visitors.

Jennie Clary, a lifelong resident of Hicksville, writes under the name Jene, with an accent over the last "e." As she puts it, "My pen name is Jene, with an accent and Clary has no 'e.'"

The poem was called "Oyster Bay Festival." It reads:

Oyster Bay Festival

By Jene

*The Oyster Festival was on today
Where else than in good will Oyster Bay.
The people came from near & far
They come by boat, bus & car*

*To eat their fill of foods galore
You couldn't want for anything more.
Every food of every nation
You couldn't find a more delicious creation.*

*The bicycle race around the town streets
Gave the crowd of onlookers miles of treats.
The sellers, the vendors, the people, the crowd
Could make the town's people very proud.*

*For nine years the crowd has been growing
I know for many more years, I'll be going.
If you miss this year don't fret
Next year it will be bigger and better yet!*

*Oyster Bay will always keep its look,
And on the Oyster Festival you can take book.
With open arms they invite us all*



Walking down Spring Street at the Oyster Festival, were: "English," (Maureen Lovell of London, England) with Thomas Clary and Hicksville poet Jennie Clary who writes under the name Jene, with an accent on the last "e."

*To come and enjoy & have a ball.
All and all its a day well spent
And one you'll remember & never resent.*

This year, Jennie visited the Oyster Festival again. She was spotted at the Pick-A-Pearl booth reading the poem dedicated to the tenth Oyster Festival to the vendors:

The Hidden Pearl

By Jene

*The tenth anniversary of the Oyster Festival
will be a blast
Some thought at first that it wouldn't last!
Where else than in beautiful Oyster Bay
Can you come to enjoy a perfect day.*

*Come one and all to have some fun,
Bicycle races start with the blast of a gun.
You can stand in the sun and watch the races.
You can see smiles on children's faces.*

Oysters will be served from morn till

*dawn
In soups and stews and fritters that are re-born.
The vendors galore will be selling their wares
To give the people pleasures and share their cares.*

*The souvlaki, fritters and clam chowder
Could make the townspeople feel much prouder.
And when at dusk the day is o'er,
You've had your full and need nothing more*

*To wait for next year to come again
To reminisce and remember happily when
So please come from near and far
You can reach Oyster Bay by bus, boat and car.*

Jennie was visiting Oyster Bay with her son Thomas Clary, a graduate of Hicksville High School, and her friend, Maureen Lovell

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 Eastbound—Long Island Expressway Exit 395 (Glen Cove Road) to Service Road to Post Road.
 North on Post under I-495. First left to Store Hill Road to school entrance (.8 mi.).

AROUND HICKSVILLE



Government Class Addressed

The Government Class of Holy Trinity High school in Hicksville, was recently visited by Nassau County Executive Thomas S. Gulotta and County Attorney Bob Schmidt. Pictured are Lucy Flaberty, teacher; students Louis Rucher, Crystal Johnson, Cristina Lashak, Jennifer Serl.



TOB Recognizes Dalton

The Hicksville Community Council recently recognized Beth Dalton Costello for her ongoing efforts on behalf of the community. They also honored the Hicksville Lions Club and the Hicksville Fire Department. Pictured here are Fred Parola, NYS Assemblyman; Councilman Leonard B. Symons, Beth Dalton Costello, former Hicksville Chamber of Commerce President and Receiver of Taxes Jack O'Leary.



Chrysler Crisis In Hicksville

On October 21 at approximately 7:45 a.m. on Stewart Avenue, a white Chrysler hit a blue Honda. The incident occurred between Levittown Parkway and Key Lane. Involved in the accident was a Kev's Landscaping truck which scratched a telephone pole and ended up on the curb. Apparently, the driver of the Chrysler lost control of the car on the wet and leaf covered road. There were minor injuries.

SCHOOL NOTEBOOK

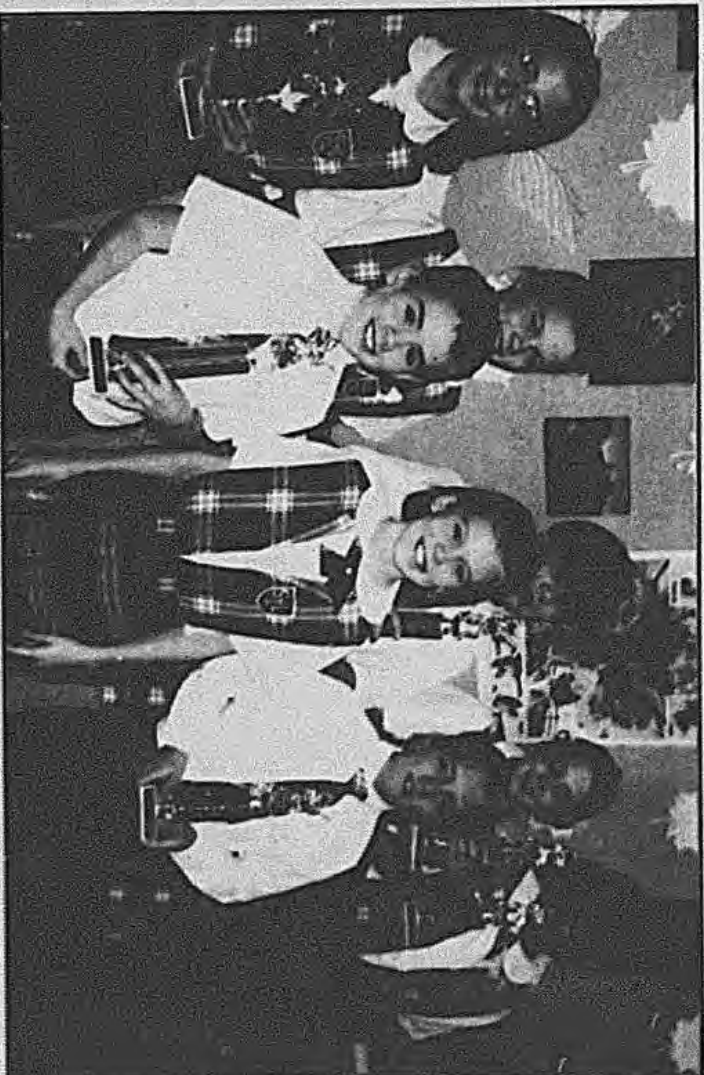
Fire Safety Awards At Saint Ignatius

Eight students from Saint Ignatius Loyola School were among the winners in the annual Fire Prevention Poster Contest sponsored by the Hicksville Fire Department. The following students received awards for their grade level:

Sean Costello Grade 3 First Place
Michael Cunha Grade 4 Third Place
Kathryn Sullivan Grade 5 First Place
Lauran Sullivan Grade 6 First Place
Thomas Perera Grade 6 Second Place
Karen Murphy Grade 6 Third Place
Christina Heredia Grade 6 Fourth Place
Suzanne Smith Grade 6 Fifth Place

The Fire Department hosted an Awards Ceremony for winners and their families on Sunday, October 10 at Hicksville Fire House. Each winner received a trophy and a t-shirt and nylon book bag with the Fire Department emblem on them.

At right: Congratulations to Sean Costello, Michael Cunha, Kathryn Sullivan, Lauran Sullivan, Thomas Perera, Karen Murphy, Christina Heredia and Suzanne Smith for their award-winning work.



At right: Leo Avenue 4th graders Erin Rybak, Serba Accemann, Kaitlin Hayes and Melissa Rosnick in the new school library.

Reading Is Fun!

Leo Avenue fourth graders Erin Rybak, Serba Accemann, Kaitlin Hayes and Melissa Rosnick enjoy reading in the new Leo Avenue School Library. The library was one of the many exciting improvements made in the Hicksville Public Schools system this past summer.



Students at Leo Avenue School practice the art of scrimshaw during a recent trip to the Cold Spring Harbor Whaling Museum.

A Whale Of A Trip

Second grade students at Leo Avenue School in Hicksville practice the art of scrimshaw at the Cold Spring Harbor Whaling Museum. The students in Mrs. Lynn Banneman's class visited the Whaling Museum to learn about whaling on Long Island, characteristics of mammals and the art of scrimshaw.

Long Island Scholar Of Mathematics!

James Mao, a Leo Avenue School, fourth grader was recently congratulated by Salvatore Magaverna, Superintendent of schools for being selected as Long Island Scholar of Mathematics. James was one of 60 students from over 800 applicants in Nassau and Suffolk Counties to be selected for the honor. As a scholar, James will attend the Institute for Creative Problem Solving for Gifted and Talented Students, tuition free, for 20 half-day Saturday sessions.

At right: James Mao was recently congratulated by Salvatore Magaverna, superintendent, for being selected as Long Island Scholar of Mathematics.



SCHOOL SHORTS

PTA Preschool Program

The Old Country Road School PTA Preschool program will begin November 9, 1993. Any child who will attend Old Country Road School in September 1994 is eligible. To register call 733-6559.

ID For Private School High

School Students

Non Public high school students, grades 9-12 who reside in the Hicksville Public School District are welcome to participate in the Hicksville High School Recreation Program. Photo ID's are required. A final photo session for these students will be held on November 10 from 4 to 8 pm in Room 146 at Hicksville High School. Proof of residency is required. The program provides an excellent place to meet friends or make new ones and have a good time.

The program includes a variety of recreational activities such as basketball, volleyball, wrestling, gymnastics, shuffleboard and weight room exercises. Special events such as Karaoke evenings are planned. The "Soda Fountain" is also open.

The Program will be held on the follow-

ing Friday evenings:
October 29; November 5, 19; December 3, 17; January 21; February 4, 11, 18; March 11, 25; April 15, 29; May 13 and 27.

Fall Luncheon For Seniors

Citizens

Salvatore Magaverna, Superintendent of Hicksville Public Schools, has announced plans to hold the district's second annual Fall Luncheon for Senior citizens. The luncheon will be held Tuesday November 16 from 2:30 until 4:30 PM at Hicksville High School.

Reservations are required. Senior citizens in the community who are interested in attending the luncheon may purchase tickets through any of our four senior citizen community groups: Our Lady of Mercy Saniors, Levittown Hall Seniors, Hicksville/Middleland Seniors and St. Ignace Senior Citizen Club. Tickets for Seniors who are members of these organizations can purchase them at the administration building. Tickets are \$3 each. For more information call 733-6582.

(continued on page 6)

Senior Immunization Program

Approximately 375 senior citizens from the Hicksville community were the recipients of free flu immunizations in a program sponsored by the Hicksville School District. The program took place at the Hicksville VFW Hall October 26, 1993. Mr. Vincent Ferraro of the Veterans of Foreign Wars secured the hall free of charge for the community effort. It was conducted with the cooperation with the Nassau County Department of Health, Nassau County Dept. of Senior Affairs, the Kiwanis Club, Chamber of Commerce and other Hicksville groups.

Seniors were greeted at the door by rep-

resentatives of the Kiwanis Club, Mike Matranga and Don Johnson. They processed papers and kept the line moving. Dr. Theodore Packy, director of emergency services at Plainview Central General Hospital, volunteered his services and was available throughout the morning to assist with medical questions and problems.

The vaccine was transported to the VFW Hall in refrigerated containers provided by Mr. Don Le Compte of Antuns Catering, in Hicksville and delivered by Mr. Marcos Ramirez, of Mr. Electric. Both individuals performed this service as representatives of the Chamber of Commerce.



Nurse Alice Walsh immunizes Florence Sherbo against the flu as Dr. Theodore Packy, director of emergency services at Plainview Central General Hospital offers a pat on the back.

School Shorts (continued from page 3)

A School Above The Rest

According to the Bureau of Propriety School Supervision report, the court Reporting School of Hicksville has a total completion rate of 72.2% compared with 26.5% for the total state. The figures reflect enrollment, completion rate and professional placement of students from July 1, 1991 through June 30, 1992.

"This school's success also surpasses the national average by more than 62%," said William Oliver, past president of the National Court Reporters Association. "The national average for students completing a court reporting program is approximately 10%."

Court reporters deal with a variety of issues including environmental law, drug

regulation and the financial marketplace. Mary Hauptman is the current president of the Court Reporting Institute. This is the second year in a row that NYS statistics placed the school at the top of their field.

Career Resource Center

Hicksville High School is now providing counseling and other career-oriented services through its Career Resource Center located in the guidance office. Hours are Monday and Wednesday evening from 6:30 to 9. Materials on colleges and employment are available. A Career Resource advisor, will be on hand to aid students and residents.

What is a four letter word meaning 'crowd'?

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 INFORMATION - (516) 627-8688

FUTURE DATES: April 9 & 10, 1994 and November 5 & 6 1994

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Membership information may be obtained by writing the Hicksville Chamber of Commerce at 10 West Marie Street, Hicksville, NY 11801 • To Join, contact Mike Matranga, Membership Director at 747-8282

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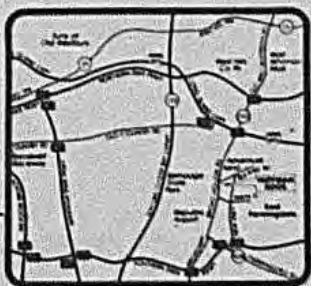
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POLICE REPORT

There was a Burglary reported at the Hicksville Rail Road Station Plaza. A Sony CD player, Kenwood stereo receiver, Akai Amplifier, assorted jewelry was allegedly taken. A window screen was reportedly damaged. The incident occurred between 6:20 Oct. 10 and 9am Oct. 11.

A Hicksville woman reported \$130 stolen. The incident reportedly occurred at the Hemlock Association on Old Country Road in Hicksville on Oct. 10.

The front door at Francis Electric on Old Country Rd. in Hicksville, was reportedly damaged between the hours of 9 pm, Oct. 10 and 7 am, Oct. 11.

A woman reported a set of 1965 (collector edition) baseball cards and assorted clothing stolen while she patronizing Lemon Tree Beauty Salon, on Jerusalem Ave. in Hicksville. The incident allegedly occurred around 10 pm on Oct. 11th.

A woman reported an incident of Criminal Mischief occurred at 9 am Oct. 1st at 16 Charles St. in Hicksville.

Evergreen trees were allegedly damaged on the property of 32 Notre Dame Ave., in Hicksville. The incident reportedly occurred at 11:45 pm Oct. 14, 1993.

A woman reported a wallet containing cash, credit cards, a bank card and personal identification taken while she was patronizing Cookies Steak Pub on Old Country Rd. in Hicksville. The incident allegedly occurred between 1:30 pm and

2:20 pm on Oct. 14th.

A 1993 Chevrolet was reportedly damaged in the parking lot of Cantiague Park, on October 13th at 11:45 pm.

A 1993 Osmobile was reportedly damaged when burgled for clothing inside. The incident allegedly occurred on October 11, 2:30 pm. on E. Carl St. in Hicksville.

A 1987 Nissan was reportedly damaged on October 17 between 12:35 am and 12:50 am. The incident occurred on S. Oyster Bay Rd. in Hicksville.

An incident of Grand Larceny reportedly occurred on Newbridge Rd., in Hicksville between the hours of 11:30 pm Oct. 16 and 9:40 on Oct. 17. Items taken included a wallet, filled with \$120, personal identification, ATM card and Credit Cards.

A 1978 Ford was reportedly stolen from the parking lot of Sears, on North Broadway in Hicksville. The incident occurred between the hours of 2:30 and 6pm on Oct. 16th.

A 1986 Honda was reportedly damaged when the stereo was taken while parked on Bay St. in Hicksville. The incident occurred between 11 pm Oct. 13 and 11pm Oct. 15.

A 1982 Chevrolet Truck was reportedly damaged in the parking lot of Broadway Mall on October 15, 1993.

One Of Their Own (continued from page 3)

allowed me the time to get involved with organizations like the Restaurant Association and youth (programs)," LeCompte shared.

Of Patricia he expressed "As long as I have this young lady by my side I'll be the richest man in the world." LeCompte then invited her to the podium to share the honor. Before the couple left the podium the "The Lady Behind the Man" was presented with a bouquet of roses.

Dinner, dancing and conversation followed the conclusion of the program. At 11:30 everyone was invited downstairs to experience "The Happening." Decadent desserts, pulsating "Club Music" and professional dancers closed out the evening which had begun on a more reserved note. "The Happening" was an energetic experience of sight and sound, which allowed everyone, as one individual put it, "to let their hair down".



Kiwanis and Key Club Cleaners

Local Clubs Clean Kennedy Park

On Saturday, October 23 Hicksville Kiwanians and Key Clubbers began this year's clean-up of the park and fountain areas in downtown Hicksville. Armed with rakes, shovels, brooms and love of Hicksville, they removed trash, cleaned the fountain and planted spring bulbs. This project is part of the Town of Oyster Bay Adopt-A-Spot Program.

The group was encouraged by the applause of many individuals who were passing by and who appreciated their work. Spring Plans call for more extensive work on the fountain and increased beautifica-

tion of the Northern tip of the park.

The Key Club "Kleaning Krew" consisted of Danielle Blomquist, Craig Butler, Kim Chin, Jaime Durkin, Rachel Gangi, Jessica Haupt, Beth Hoffman, Trisha Philipit, Jyoti Suchdev (Treasurer) Meena Suchdev (President) Payal Suchdev and Nora Young. They were joined by Kiwanians Connie Clarke (Secretary), Marc Herbst (vice-president), Paitry LeCompte (immediate past President), Marcos Ramirez (Adopt-A-Spot Chair), Ed Saueracker (President-elect) and Sieg Widder (Director).

Hicksville Illustrated News welcomes items for our 'Hometown News' column on page 2. Please send them to:
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(continued from page 28)

Friday
 *1-3 P.M. seven days a week
 *3:30-5:30 P.M., Monday, Wednesday and Friday
 *Friday and Saturday from 8:45 to 10:45 P.M.

Starting Dec. 5, there will be Sunday hours from 3:30-5:30 P.M. For more information, call the park at 571-7050 or the Public Information Office at 572-0217.

St. John's University Football

St. Johns University will begin playing Georgetown at 1 P.M. Saturday November 6. They will close out their season with games with Iona, 7:30 P.M. November 12 and a game at 10:30A.M. Nov. 25.

Hofstra University Football Wrap-Up

Hofstra University will be playing Fordham University at 1 P.M. Saturday November 13. They will wrap-up their season with a game with the University of Maine at noon November 20.

Tickets Available For Lacrosse Games

The New York Saints sixth season starts at the Nassau Coliseum Saturday, January 29. The Saints will play four home and four away games, ending the season against Baltimore on March 26. Season tickets are on sale now. Call (516)794-9303 ext. 272.

What Hicksville Is Reading

Courtesy of the Hicksville Public Library

Fiction:

Without Remorse Tom Clancy
After All These Years Susan Isaacs
Pot Of Gold Judith Michael
Like Water For Chocolate Laura Esquivel
A Case Of Need Michael Crichton

Non Fiction

Embraced By the Light Betty Eadie
Ageless Body, Timeless Mind Deepok Chopra
Private Parts Howard Stern
Sein Language Jerry Seinfeld
The Road Less Travelled Morgan Scott Peck

Videos

Groundhog Day
Benny & Joon
Falling Down
The Temp
Scent Of A Woman



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 Light, Ext. Graphic Striping. YOUR PRICE
 Color: White, Stk. #3512. \$16,995

1987 Dodge Omni, 4 Cyl Engine, Automatic, Power Steering, Power Brakes, Rear Defroster, Rear Wiper, AM/FM Stereo Cassette W/Benz Box, STK#8253, Color: Gray, Mileage 58,284. \$3,995⁰⁰

1985 Olds Toronado, 8 Cyl, Automatic, AC, Power Windows, Power Seat, Power Door Locks, Cruise, Tilt, Delay Wipers, Rear Defroster, AM/FM Stereo Cassette, STK#8190, Color: Med Tan, Mileage 78,615. \$4,595⁰⁰

1988 Chevrolet Caprice Classic, 4 Door, 6 Cyl, Auto, Power Windows, Power Door Locks, Cruise, Tilt, Rear Defroster, 2 Tone Paint, STK#8181, Color: Maroon/Rosewood, Mileage 52,636. \$5,995⁰⁰

1989 Dodge Extended Cargo Van, Automatic, Power Steering, Power Brakes, Extended Body, Delay Wipers, AC, STK#8213, Color: Blue, Mileage 83,788. \$6,995⁰⁰

1991 Pontiac Grand Prix, 4 Door, 6 Cyl Eng., Automatic, AC, AT, PS, PB, 60/40 Seats, Tilt, Cruise, AM/FM Stereo Cassette, STK#8102, Color: Red, Mileage 59,646. \$8,995⁰⁰

1992 Buick Skylark, 4 Cyl, AT, PS, PB, P. Windows, Power Door Locks, Stereo Cassette, AC, Rear Defroster, Tilt, Cruise, STK#8206, Color: White, Mileage 31,900. \$11,495⁰⁰

1992 Ford Thunderbird, 6 Cyl, Automatic, AC, AM/FM Stereo Cassette, Tilt, Cruise, Delay Wipers, STK# 8134, Color: Silver, Mileage 19,848. \$11,995⁰⁰

1992 Ford Aerostar XL, 6 Cyl, Auto Trans., Power Windows, Power Door Locks, 7 Person Seating, Tilt Wheel, Cruise Control, Roof Rack, Elec. Mirrors, AM/FM Stereo, STK#8237, Color: White, Mileage 29,405. \$13,895⁰⁰

1989 Hyundai Excel, 2 Door Hatchback, 4 Cyl, 5 Speed, AC, Rear Defroster, AM/FM Stereo, STK#8185, Color: Blue, Mileage 62,827. \$4,495⁰⁰

1990 Ford Escort, 2 Door, 4 Cyl, Automatic, AC, Tinted Glass, Power Steering, Power Brakes, Rear Defroster, AM/FM Stereo Cassette, STK#8248, Color: White, Mileage 25,323. \$6,995⁰⁰

1992 Mercury Topaz GS 4 DR Sedan, 4 Cyl Engine, AT, AC, AM/FM Stereo Cassette, Tilt Wheel, Cruise Control, Passive Seat Belts, STK#8115, Color: Maroon, Mileage 27,774. \$7,995⁰⁰

1990 Chevrolet Beretta, 6 Cyl, Automatic, AC, P. Steering and Brakes, Sun Roof, Rear Defroster, Console, Bucket Seats, STK#8006, Color: Blue, Mileage 49,193. \$8,295⁰⁰

1991 Hyundai Sonata, 6 Cyl, Automatic, A/C, Passive Seat Belts, AM/FM Stereo Cassette, Rear Defroster, Delay Wipers, STK#8252, Color: Dark Blue, Mileage 20,575. \$8,495⁰⁰

1992 Dodge Spirit 4 Door, 4 Cyl, Automatic, AC, PS, PB, Tinted Glass, Rear Defroster, Cruise, Tilt, AM/FM Stereo Cassette, STK#8183, Color: White, Mileage 14,147. \$9,495⁰⁰

1991 Olds Cutlass, 6 Cyl, Auto/Trans, Power Windows, Power Door Locks, AM/FM Stereo Cassette, AC, TG, Power Mirrors, STK#8223, Color: Gray, Mileage 35,581. \$10,995⁰⁰

1991 Pontiac Sunbird 2 Dr. Convertible, AT, AC, PS, PB, AM/FM Stereo, Rear Defroster, STK#8058, Color: Baby Blue, Mileage 39,695. \$10,995⁰⁰

1990 Lincoln Town Car Signature, 8 Cyl, Air/Bag, Moon Roof, Roadster Roof, Dual Memory Seats, Leather, JBL Sound System, PW, PDL, Cruise, Tilt, STK#8208, Color: Burgundy, Mileage 45,682. \$16,495⁰⁰

SPECIALTY CORNER

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STK # 8250 Color: Dark Blue Mileage: 46,395

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Opinion

Promote Community Spirit

Election Day is behind us and the tense season is officially over. No more campaign commercials on television; no more mailboxes filled with literature from candidates.

Now we can concentrate on the many other things that are going on in our hometowns — high school football games, craft fairs at churches and synagogues, neighbors raking leaves and preparing their gardens for winter, and thoughts turning to the approaching holiday season. Thanksgiving is just around the corner, and Hanukkah and Christmas are not far behind.

It's an interesting irony that as nature dies down, causing trees to change color and lose their leaves and perennials to take their winter rest, people and the many groups and organizations that make up a community seem to come alive.

Many school and civic groups hold gatherings after their summer hiatus; fraternal and service organizations gear up to sponsor fund raisers and charitable events for their causes.

Some of the community activities to sample include everything from a clothing drive for the homeless in Great Neck Plaza to a walk-a-thon in support of the Manhasset Community Task Force for Substance Abuse Prevention. Surely, there will be more events and activities to come, such as preparing food baskets or even an entire Thanksgiving dinner for the needy and menorah and tree lightings.

Take some time to participate in a "happening" in your hometown, whether as an organizer or simply a spectator. You'll meet your neighbors and get a taste of something that too often takes a back seat in our busy lives — community spirit and cohesiveness.

Another way to promote your hometown is to shop your local merchants. Stop in and chat with your local store owner and you'll be surprised that they have just as much interest in the community as you do.

Unfortunately, the days where everyone knows everyone in their town are gone forever, but perhaps we can make an attempt to rekindle spirit and neighborliness by getting out there and being involved.

A Letter from Lulubelle...

...How many names are you known by? I don't mean aliases or noms de plume, I just mean—are you the kind of person who is called James Jones—or are you, like our famous actor, always James Earl Jones?....If I asked about Ed Poe, you might think a minute, but if I said Edgar Allen Poe, there'd be no hesitation...It's such a strange thing that this has grown up as it has, and so many New England poets are writers seem to be known that way—think about Henry Wadsworth Longfellow, John Greenleaf Whittier, Ralph Waldo Emerson, Louisa May Alcott: and then there's Franklin Delano Roosevelt—I bet you don't even know what George Washington's middle name was—or even if he had one—I certainly don't...and how about the famous editor, William Allen White?...Emily Dickenson and many others made the big time without the three-name-thrust, but it certainly does sound more sonorous and impressive...I think from now on I'll have myself known as Lulubelle Arimathea Vostavazoo—that will make them pause!

Yours, Lulubelle

Letters to the editor are welcomed by Anton Community Newspapers. We reserve the right to edit in the interest of space and clarity. All letters must be handwritten and they must include an address and daytime telephone number for verification. Personal attacks and letters considered in poor taste will not be printed. We cannot publish every letter we receive due to space limitations.

Letters

What Has Society Come To?

On October 11, Columbus Day, my husband and I took our 4 1/2-year-old son out east to pick pumpkins. We bought a crate for \$14.50 and filled it with as many pumpkins as we could fit. My son had a wonderful time. He would show me pumpkin after pumpkin and ask "Is this one okay, mommy?" After an hour and a half of walking around and squeezing pumpkins we finally filled our crate and set off for home.

At home, we decided which pumpkins to paint and which to set outside. We put 10 pumpkins on the stoop. Five days later as I left to go shopping, I saw that all but the smallest ones had been STOLEN! I felt anger and sorrow at the same moment. Anger because some teenager with nothing better to do, came up my front walk and stole pumpkins we picked and paid for. Sorrow because no one has bothered to teach these "children" to respect that which does "NOT" belong to them.

Parents have got to start telling their

kids at a young age that they should have respect for other people and their property. My son has known since he was two that he may not walk on other people's lawns, unless invited to play there and not to touch things that don't belong to him unless he is told it's okay. These are things I was taught as a child. When I was a teenager and wanted to hang out with my friends I was given a curfew time and if I wasn't home, I would be grounded.

It truly saddens me to see the condition of our society today. We have teenagers that steal out of sheer nastiness, write graffiti anywhere and who wouldn't think twice about using foul language.

Parents, look around and see what your offspring are doing! These young people need guidance and discipline. The only place they'll get it is at home. Without these things they will never learn to respect others or to have respect for themselves. Is this really what we want for our children?

Sincerely,
Susan McMahon

BON VOYAGE

With Edith and Jack Shepard

We skied (on paper only) at sites here in the US and now let's look outside our borders for the sport. Many skiers like foreign destinations for ski-and-see vacations. Packages for the slopes and nearby sightseeing sojourns are numerous and don't necessarily have to cost more than a trek to our western snow spots.

In our own hemisphere, the Quebec area's ski resorts become alive in November and continue through the middle of April. In addition to skiing (cross-country and alpine) they offer ice skating, ice hockey, snowshoeing, tobogganing, snowmobiling, snowboarding and sleigh rides. All this is only 30 minutes from Quebec's Old City, with wonderful sightseeing in this Canadian slice of France. Here is a wide choice of accommodations from hotels and chalets to condos and cottages from budget to deluxe in nearby Sainte Anne and Stoneham. Or stay in the heart of Quebec and a 15-minute drive will bring you to "le ski". February features its famed 11-day Winter Carnival with elaborate parades, entertainment, snow sculpture contests and festivities. And our neighbor-to-the-north offers a long season of skiing from eastern Nova Scotia to British Columbia out west. And remember, our dollar is worth almost a third more in Canada.

A skiing holiday abroad is more popu-

lar than ever with the strength of our dollar. Ski and sightsee all over Europe, with the continent offering a myriad array of opportunities. Ski packages include any and every combination you may want, from ski only, ski with accommodations and air, ski and sightseeing; you choose.

How about skiing just south of the Arctic Circle in touristy Iceland, known as The Land of Frost and Fire due to its erupting volcanoes, and steaming hot springs which lie next to its glaciers and ice fields. It offers skiers uncrowded ski areas and temperatures are far from icy.

Turkey's Mt. Erciyas, an extinct volcano with a single chairlift, makes for an exotic, little-known ski adventure. Mt. Hermon, Israel's ski resort, with 16 miles of panoramic snowy slopes, is a favorite with Israelis and visitors. Its close proximity to Syria (and Lebanon's border abuts its northern ski run) makes this Golan Heights location a well fortified recreation area.

Sightsee in Rome and an hour and a half's drive (an hour, if you accelerate like the Italians) will get you to Terminiolo, the Mussolini-built ski resort. Up until a few years ago, it was Pope John Paul II's favorite until the powers-that-be persuaded him to discontinue skiing.

In Greece's handful of resorts, skiing is becoming popular, with its enthusiasts

(continued on page 14)

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HICKSVILLE
ILLUSTRATED NEWS

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Incorporating the Hicksville Edition of the
Midland Herald founded in 1946 by Fred J. Hoeth

Keysha Hedgepath, NEWS REPORTER

CONTRIBUTING WRITER
Cathy Greenfield

ADVERTISING

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For Circulation and Subscription Information (516) 747-8282

BULLETIN BOARD

Community Church Antiques And Collectibles Show

The Community Church of East Williston will hold its Eighth Annual Antiques and Collectibles Show Nov. 5 and 6. The sale will consist of over 25 dealers, and it will include such splendid items as fine china, glass, crystal, silver, jewelry, linens, books, furniture, prints, etc. The church will also have its own table displaying items donated by church members. This is always a fun table where one can find something for themselves or as a gift for others.

The show is only held once a year, and the dates and times are, Friday, Nov. 5, from 1 to 9 p.m., and Saturday, Nov. 6, 10 a.m. to 5 p.m. Admission is \$3.50 per person. Refreshments will be available during the sale.

The annual Friday dinner will be served with seatings at 5, 6:15 and 7:30 p.m. Reservations are required. The cost of the dinner is \$7.50 per person. To make reservations for dinner, call the church office at 742-9690.

The Community Church of East Williston is located at the corner of Roslyn Road and Hillside Avenue in East Williston. For further information, call 742-9690.

Arts And Crafts Fair

The Oyster Bay High School Parent, Teacher, Student Association is seeking craftspersons and vendors of homemade items to participate in an Arts and Crafts Fair that it is sponsoring.

The Fair will take place on Saturday, Nov. 13 and Sunday, Nov. 14 in the Oyster Bay High School cafeteria. Oyster Bay High School is located on East Main Street in the Hamlet of Oyster Bay.

For an application or further information, call Meg Wilson, president at 922-4733 or leave a message at the high school principal's office, 624-6523. A PTSA representative will return calls.

Great American Art Event

The Second Annual Great American Art Event is scheduled for Friday, Nov. 19 from 10 a.m. to 6 p.m. and Saturday, Nov. 20, from 10 a.m. to 4:30 p.m. at the Huntington Hilton on Route 110 in Melville.

There will be free admission to the main ballroom so Long Island artists can meet with over 50 national manufacturers and suppliers who will showcase and demonstrate "state-of-the-art" materials and equipment. Among the many companies participating are Alexander Art, American Artists magazine, Binney and Smith Art Supplies, Grumbacher Paints and Brushes, Koh-i-noor Technical Supplies, and Winsor and Newton Art Supplies. Visitors to the show will also have the opportunity to purchase art supplies from the vendors at below wholesale prices.

There will also be ongoing seminar and workshop programs on an extremely low cost basis. Topics will include Airbrush Basics, Figure Drawing, Mixed Media, Color Theory, Freelance Illustration, Photography and many more.

This exposition is being coordinated by Alan Jacobowitz of Pearl Art and Craft, Inc of East Meadow. For further information on this event or to receive a free brochure and a \$5 gift certificate, call Alan Jacobowitz at 731-3700.

Long Island Comedy Festival

Checking out the evening news, it often appears that there is little left to laugh about in the world. Ten of Long Island's leading comedy clubs have joined together to help lift Long Islander's spirits with the first Long Island Comedy Festival, Nov. 5 through 7.

The Long Island Comedy Festival will feature some of the area's leading comics including Bobby Collins, John Trueson, Vince Dantona and George, Joan St. Onge, Jeff Zebrowski, John Ferrentino, Joann Lasus, and nearly 40 other top-flight entertainers over the five nights.

In addition to regularly scheduled shows, several of the clubs will have open mike nights and special low rate admissions.

Clubs participating in the comedy festival include East Side Comedy, Governor's, McGuire's, Jimmy's, Chuckles, Gilligan's, the Brokerage, Fast Eddie's, Danford's and Saffrons.

For more information or show schedules and times, call 334-9650.

St. Luke's Victorian Bazaar

St. Luke's Episcopal Church, an historic century-old church at 253 Glen Avenue in Sea Cliff, will sponsor its annual Victorian Bazaar on Friday, Nov. 5 from 11 a.m. to 5 p.m., and Saturday, Nov. 6, from 11 a.m. to 4 p.m.

Victorian "shops" will feature handmade crafts, toys and baby items; homemade breads, cakes, cookies, and candies; pickles, jellies, marmalades, chutneys, and jams, among many other interesting items. The public is also invited to visit the Unique Boutique (new gift items), the Garden Shop (plants for gift giving); the Children's Corner (edible holiday projects for children) and a tempting Chance Table.

On Saturday, from 11 a.m. to 4 p.m., Charles Thstensen of Nordic Coast Gourmet Imports in Oyster Bay, will preside over the Victorian sandwich shop and carving board, featuring sandwiches made from fresh cut Adirondack smoked turkey breast, European style fresh ham, white and whole grain breads and rolls, and imported condiments. Also included will be homemade soups, tempting desserts and beverages.

Antiques And Collectibles Show And Sale

The Kiwanis Club of Farmingdale will hold its Antique and Collectibles Show and Sale on Sunday, Nov. 14, 10 a.m. until 4 p.m., at the Weldon E. Howitt Junior High School, 50 Van Cott Avenue, (off Conklin St.), Farmingdale.

The show will feature a large variety of affordable quality antiques and collectibles such as dolls, antique jewelry, baskets, tools, books, pottery, glassware, china, toys, silver, postcards, primitives, prints, lunch boxes, linens, Hummels, country store items, Nippon, Limoges, and more. Refreshments will be available from the Kiwanis club.

Donation is \$3 per adult, and children under age 12 are free. Proceeds will benefit the Kiwanis Club of Farmingdale. For information, call Shows By Ruth at 499-7586.

Annual Arts And Crafts Festival

The Levittown Historical Society will host its annual Arts and Crafts Festival on Saturday, Nov. 6, from 10:30 a.m. to 4 p.m. at Levittown Hall, Levittown Parkway and Beech St. in Hicksville. This year, in celebration of the erection of an historic site marker for the Vanderbilt Motor Parkway Grandstand site in North Levittown, featured will be exhibits on the history of Long Island Auto Racing from the Marty Himes Museum of Auto Racing and the Levittown Historical Society's Vanderbilt Motor Parkway Collection of artifacts, postcards, photographs and memorabilia from the parkways past. In addition to various handcrafted items by over 40 vendors, there will be raffles and refreshments. Admission is free. For information, call 796-3298.

Winthrop's New Radiation Oncology Center Enhances Patient-Centered Cancer Programs

Winthrop-University Hospital recently dedicated its newly renovated Radiation Oncology Center and underscored the hospital's commitment to providing cancer patients and their families with



A Dosimetrist utilizes Winthrop's state-of-the-art computers to calculate dosage of radiation treatments in the new facility.

services to speed recovery and ease a difficult time.

While the modernized unit is equipped with the most advanced technology and staffed with experienced professionals, the facility's design fosters patient and family comfort. From the reserved parking area and relaxing waiting room, to the special entrance and private elevator, every effort has been made to alleviate anxiety, support recovery and promote a sense of well-being.

"We concentrate on treating the entire person, not simply the disease," explains Dr. Myron Nobler, Chief of Radiation Oncology. "Our goal is to provide

comprehensive and effective therapy in emotionally supportive surroundings." Winthrop has long been concerned with patients' ability to cope with the effects of cancer. Free support programs, conducted by Winthrop oncology nurses, include:

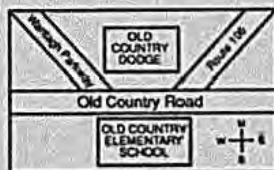
- **I Can Cope**, which provides patients with information and skills to deal with diagnosis and treatment.
- **Look Good, Feel Better**, which teaches ways to minimize effects of radiation and chemotherapy.
- **Coping at Home**, which teaches caregivers how to care for homebound patients.
- **Family Member Support Group**, which provides the opportunity for family members and caregivers to share experiences, and
- **Patient Support Group**, which encourages patients to share their views and feelings.

Cancer prevention is also a high priority at Winthrop. The Freedom From Smoking workshop helps smokers quit through behavior modification.

Cancer detection screenings for breast cancer, prostate cancer, colorectal cancer and skin cancer are offered free or for a nominal fee.

Recognizing that cancer is a complex group of diseases, Winthrop promotes consultations among family physicians, surgeons, oncologists, radiologists, and other cancer specialists. This multidisciplinary approach, coupled with Winthrop's modern facilities, support groups and cancer prevention programs, provides the community with comprehensive cancer care that is, above all, patient-centered.

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November 4

Defensive Driving at Hicksville Library

Registration will start on Thursday Nov. 4 at 9:15 a.m. for a defensive driving course to be held at the Hicksville Public Library. The course will take place on November 9 and 10 from 6 to 9 p.m. Registration fee is \$35; payable to the Driver Safety Program.

Defensive Driving For Young Adults

Registration will start on Thursday Nov. 4 at 9:15 a.m. for a defensive driving course for young adults (teens). The course will take place at the Hicksville Public Library on November 27, from 10 a.m. to 4 p.m. Registration fee is \$35; payable to the Driver Safety Program.

November 5

Improve Health and Prolong Life

A "QI-GUNG" workshop will be held by Master Yun Xiang on Friday Nov. 5th at 8 p.m. Conducted at Levittown Hall in Hicksville, the program teaches how "QI-GUNG" exercises can improve quality of life. For more information call 661-2424.

November 6

First Aid For Coaches

New York State First Aid For Coaches Course will be held on Saturday November 6 from 9 a.m. to 5 p.m., in the Hicksville Area. For more information call the Long Island Heart Council at 932-9360.

Joffrey Ballet Performs

The Joffrey ballet will be performing at the Tiles Center, CW Post Campus, in Brookville through November 6. For tickets call 626-3100.

St. Anthony's Fair

The St. Anthony Society will be having its Holiday Craft Fair on Saturday November 6, from 10 a.m. to 6 p.m. The Society is located 85 Post Ave. in Westbury.

Skin Deep Reunion

Stand-up comedian and Hicksville resident Scott Paparcuri is getting his old band together. Skin Deep will be performing at the Little Country Pub in Hicksville on Saturday November 6. Show time is scheduled for 10 p.m. For more information contact the Little Country Pub at 931-7313. The band played together while they were students at SUNY Oneonta. Skin Deep plays cover songs from such artists as John Mellencamp, The Black Crowes, Bad Company and more. Paparcuri is the lead singer.

Standard First Aid Course

The Long Island Heart Council will be offering an eight hour American Red Cross Standard First Aid Course on Saturday Nov. 6 in Hicksville. The program will be held from 9 a.m. to 5 p.m. Please phone 932-9360

The Good Shepherd Fair

The Annual Good Shepherd Fair will be held on Saturday November 6, 1993. It will



The Drifters

Pediatric AIDS Foundation

Coming direct from the Rock and Roll Hall of Fame to the Congregational Church of Manhasset on Saturday, November 13, the Drifters will perform a concert sponsored by the church to benefit the Pediatric AIDS Foundation.

The Drifters have sold over 10 million copies of their songs, including over a million each of such classics as "Under The Boardwalk," "Up On The Roof," "On Broadway," "Save The Last Dance For Me," "There Goes My Baby," and "This Magic Moment."

The Pediatric AIDS Foundation was co-founded by Elizabeth Glaser, the wife of actor/director Paul Michael Glaser and the mother of a young daughter, Ariel, who died of AIDS. Glaser Spoke at the 1992, emocratic National Convention in support of additional funding for AIDS research.

"The World Health Organization predicts that by the year 2000 HIV will infect 10 million children worldwide," said Senior Minister Maurice A. Fetty. "The Pediatric AIDS Foundation gives 95 percent of every dollar it receives to research, hospitals, and parent education. This benefit concert is one part of our Christian mission."

Open to the public ages 19 to 91, the concert is scheduled for 8 p.m., November 13, in the Church Parish Hall at 1845 Northern Boulevard in Manhasset.

Those tickets that are still available are \$30 each, with \$20 of each ticket tax deductible to the full extent allowed by law. Further information about the benefit or the Pediatric AIDS Foundation may be obtained from Regina H. Paul at 829-4144.

be from 10 am to 4 pm in the school gymnasium. The fair will feature baked goods, jams and jellies, Christmas decorations, a vegetable stand, a white elephant table and more. Lunch will also be available. Good Shepherd is located 99 Central Park Rd. in Plainview adjacent to Plainview High School. For more information call 349-1966.

Nov. 7 Participants will etch a design on polymer using techniques of 19th century whalermen. Ages 5-12. Fee is \$2 for member and \$4 for non-members.

Holiday Craft Fair

The St. Anthony Society will be having its Holiday Craft Fair on Sunday November 7, from 9 a.m. to 5 p.m. The Society is located 85 Post Ave. in Westbury.

Veterans Remembered

On Sunday Nov 7, the United Veteran's organization of Nassau County will hold a Veterans Day Service at Eisenhower Park at 10 a.m. All are welcome.

Introduction To The Kabbalah

A special workshop will be held by Rabbi Joseph H. Gelberman on Sunday Nov. 7, from 1 to 4 p.m. The program is entitled "Introduction To The Kabbalah" and will be conducted at Levittown Hall in Hicksville. Registration fee is \$15. For more information call 661-2424.

Something Special For Hicksville

The "Something Special Big Band", a nostalgia, swing and jazz group will perform at the Hicksville Public Library on Sunday Nov. 7, at 2 p.m. Many of the group's 19 musicians have performed with such famous big bands as Count Basie, Woody Herman, Benny Goodman, Lionel Hampton, the Dorseys and Les Elgart. Dr. Phillip Costa, the band's director, has a

Ph.D. and is a full time professor in the city University system. "Something Special" was organized in 1984 for the purpose of preserving big band swing and jazz.

November 8

Holiday Crafts in Hix

Registration begins 9 a.m. Nov. 8, for a two session craft workshop at the Hicksville Public Library. Participants will learn how to create a unique holiday wreath made of puff pillows on Mondays Nov. 22 and 29. Lorraine Quinn is the instructor. Participants will bring their own supplies. The list is given at registration. Some hand or machine sewing is required. There is no fee for the course.

Tax-Exempt Investing

Matthew Brady, vice president of investments with Goldis Financial Group, will speak on "Tax-Exempt Investments" at the Hicksville Public Library. The program will begin at 7:30 pm, Monday November 8. Among the issues that will be discussed are municipal bonds and who they are appropriate for as well as various ways of participating in the tax-exempt market.

November 9

PTA Preschool Program

The Old Country Road School PTA Preschool program will begin November 9th 1993. Any child who will attend Old Country Road School in September 1994 is eligible. To register call 733-6559.

November 10

Youth Employment Possibilities

Ms. Christina Plackis, Youth Employment coordinator with the Hicksville Youth Council will be addressing the Kiwanis Club during their weekly luncheon at the Milleridge Inn. Plackis will be speaking on the subject of "Youth Employment Possibilities". The meeting will begin at 12:30.

Make A Note:

Art Auction For Charity

Burglar-Proof Your Home Security systems for the home will be described by Wayne Wahsager of the Metropolitan Burglar Alarm Association at the Hicksville Public Library on Wednesday Nov. 17. The program will begin at 7:30 p.m. Among the subjects that will be discussed are the different systems that are available. You can learn, how to choose and deal with an alarm company as well as how to select the best security system for your home.

Learn CPR

The long Island Heart Council is offering Adult, Infant and Child Community Cardiopulmonary Resuscitation (CPR) Courses for the general public at the Broadway Mall, in Hicksville, now through November. They are also offering Basic Life Support for health-care professionals. Classes are held on a first come, first serve basis. Advance registration is a must. Please call 932-9360.

November 7

Annual Fall Open House

SUNY Stony Brook invites high school students and their parents to learn about the university's academic programs at the annual Fall Open House on Sunday November 7th. The event runs from 10 am to 4 pm and begins in the Indoor Sports Complex. Two special seminars will provide prospective students and parents insights into college life. A "Parents Only" seminar, hosted by Stony Brook's admissions staff, will allow parents to ask questions about student life, campus security and residential living. "The Freshman Experience" seminar presented by current Stony Brook students, will tell prospective students what to expect during their first year at Stony Brook.

Children's Scrimshaw Workshop

Make reservations for the Children's Scrimshaw Workshop to be held at 2 pm

Take A Minute...

Send contributions for
People Partners to
135 Liberty Avenue, Mineola, NY 11501.

LI Library

Abby Aldrich Rockefeller, the Woman in the Family, Bernice Kert, Random House, 537 pp., \$30.

Bernice Kert, author of *The Hemingway Women*, has found herself a worthy subject in Abby Aldrich Rockefeller. Daughter of Nelson Aldrich, the United States Senator from Rhode Island in the late 1800s, she became the wife of John D. Rockefeller Jr. and the mother of his six children. Far from being eclipsed by the powerful men of her family, Abby Rockefeller was a vital part of their lives and unquestionably the most important person in her husband's life for nearly 50 years.

Abby was born in 1874 which her father was a Congressman from Rhode Island. She was seven when he was elected to the U. S. Senate. Her father was a gregarious man who enjoyed having his large family around him. Abby and her sister, Lucy, as well as their five brothers were exposed to all that Washington had to offer. With a temperament and intellect very like her father's Abby profited from her opportunities. By the time she met John D. Rockefeller when he was a student at Brown University, Abby was the center of a lively social group of young people in Providence. Where she was popular and outgoing, Rockefeller was introverted and generally eschewed society, but it appears to have been a genuine love match between the two opposites.

Once they were married, John would have been content to keep his wife entirely to himself, neither needing nor wanting much society. It was left to Abby to introduce him to the world that he had to inhabit, due to the great wealth that his father had acquired. Although he originally went to work for his father's Standard Oil Company, John Jr. soon realized that he was not interested in making more money which his family certainly did not need. What did interest him was the establishing of a foundation through which his family's wealth could be put to work for the good of society. In this his wife was in every way a partner.

She was a dedicated wife and mother to her six children, daughter Abby and sons, John III, Nelson, Laurance, Winthrop and David, but she never lost sight of the larger world. Often called upon to be a buffer between her children and their father, she managed without appearing to take sides.

Once the children were grown she devoted her time to her increasing interest in modern art which eventually led to the building of the Museum of Modern Art. There is no space here to relate her accomplishments but Ms. Kert does a superb job in her book which is highly recommended.

—Eileen Brennan

Ask Dr. Brown

I'm Dr. Bonnie Brown, Veterinarian and Medical Director of the North Shore Animal League in Port Washington, New York. I graduated from the University of Pennsylvania School of Veterinary Medicine and did both an internship and a residency in medicine at the Animal Medical Center in New York City.

As a veterinarian I have always found that my favorite owners are those that ask many questions about the care of their pet. The more you know about your dog or cat, the better care both you and I can provide for your special companion. Wherever I go, I find people have questions about their animals. When you suddenly remember the question you always forget to ask your own doctor, when you hear about animal related issues in the news or you've just decided to get a dog or cat for the first time, please write to me and I'll try to help. I do not wish to replace the relationship you have with your own veterinarian. If your pet is ill, it is very important that you visit your veterinarian for a complete examination and appropriate treatment.

Here is an example of a question often posed by concerned pet owners.

Is it all right to feed my dog or cat table scraps?

An occasional treat will not hurt your loving companion, however a steady diet of table scraps can be harmful. The nutritional requirements of your pet are very different from your own and the major pet food companies have put considerable effort into producing diets that are completely balanced for the health of your dog or cat. Feeding a pet from the table is a major cause of obesity that can predispose to such serious health risks as heart disease, pancreatitis, liver disease and diabetes in cats, and knee and hip arthritis in dogs. Cats have especially strict dietary needs that can only be met by feeding a properly formulated cat food. The best advice is to feed your dog or cat a good quality pet food formulated for his or her stage of life. If your pet's health requires a special diet, your veterinarian will help you choose the correct food.

Next month I'll give you some tips about how to get your pet safely through the holiday season. Please write with your questions. I will try to answer as many as possible in the months ahead. Address your questions to Dr. Bonnie Brown at 135 Liberty Avenue, Mineola, New York, 11501.

People Partners



Sebastian

Sebastian, a nine-month-old Capuchin monkey, belongs to Matthew Skow. When you blow air on him he sticks out his tongue to feel the breeze on it. The photo was sent in by Thea Skow.



Afternoon Nap

Oftentimes, the only way to beat the long hot summer is to settle down for an afternoon nap. Here, the grandson of Ann and John McQuade, and his aunt Peg's dog catch up on a little shut-eye.



Is this A Dog's Life Or What?

Sunny is 1 1/2 and, we're told, loves to play. This photo was sent in by Bella Siclari of Farmingdale.

Do you have an interesting or cute pet story or photograph to share with readers? Send it to People Partners, 135 Liberty Avenue, Mineola, New York 11501.

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United Way Kick-Off

Mary Ann Moore of Hicksville and the District Attorney's Office, as well as Nassau County executive Tom Gulotta, appeared recently at United Way's Annual Kick-off Ceremony of the United Way Employee Campaign.

Bon Voyage (continued from page 10)

pursuing the sport more for the fun than the competition. Here, skiers needn't worry about tumbles and spills; they all do it on Mt. Parnassus. Sightseers are not far from Delphi and a modern highway takes them to Athens.

Away from these obscure sites, there are the renowned "upper crust" ski resorts where the rich and famous come to see and be seen; to ski and après-ski. From France's Courcheval and Chamonix to Italy's Cortina, (where James Bond capered on the Olympic-size skating rink and bob-sledded after villains on its curving run) to Switzerland's posh Gstaad (where Liz Taylor and other celebs maintain homes) and tony St. Moritz...here, "doors open to a vacation of endless runs and unlimited fun" in discos and casinos, bars and boutiques. And in these glittering ski resorts, rates soar as high as the Alpine peaks!

Coming down to earth, for the rest of us, there are many smaller, more tranquil and more affordable ski resorts abroad, tucked away in the mountains from Austria to Switzerland. Often, the best bargain is a pre-packaged ski holiday, complete with accommodations, meals, transfers from plane to resort, ski expenses, taxes, gratuities and airfare. Your travel agent, airlines and country's tourist office can help you choose. And if you want to sightsee as well as ski, ask about those available

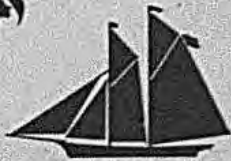
choices.

Wherever you ski, eastern or western, domestic or foreign peaks, do choose your destination carefully. Consider your ability on skis, alternative activities for non-skiing days, convenience to slopes and to town, type of accommodation and, of course, all over cost. There are family-type resorts with instruction and child care and there are ski-addict resorts for the daredevils, with heliskiing, considered by the fearless to be the ultimate high. Here, a helicopter drops skiers off on isolated peaks for downhill on untouched powder. (We quake at the thought!) Or, resorts offer parachute-ski jumping, hand gliding and glacier-skiing for the brave skier.

Expert advice to skiers of all varieties: eat heat-producing fats and sugars. (That part of skiing we like!); wear loose fitting layers of warm clothing and know frost-bite symptoms and how to prevent them. Remember: the stronger the wind, the greater the chilling effect of cold temperature. Beware of hypothermia (loss of body heat and lowering of body temperature). And always let others know where you're headed and never ski alone.

In ski jargon, those who have never skied are called "never-evers". (Are those who don't ever want to, called "cowards"?) We prefer to think that we're après-skiers.

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Cuisine Connection

Seafood Picks For October

October is National Seafood Month, and New York's Seafood Council is marking the occasion by featuring a fish and shellfish that are both plentiful in October—the porgy and the bay scallop.

October "Shellfish of the Month"

Bay Scallops—Chosen by New York's Seafood Council as the featured selection this month. Long Island's sweet and delicate bay scallop are in season and locally available for quick and delicious recipes.

Bay Scallops Scampi

(Dan King, East Hampton Baymen's Association)

- 2 pounds bay scallops
- 1 stick margarine (4 ounces)
- 2 cloves garlic, chopped fine
- 1/4 cup seasoned bread crumbs
- salt and pepper to taste

Rinse scallops and pat dry. Spread on baking sheet and set aside. Preheat oven to 350 degrees. Melt margarine, add chopped garlic and saute until garlic softens. Pour garlic and melted margarine over scallops in baking pan. Add salt and pepper to taste. Bake for approximately 10 minutes.

Remove from oven. Turn scallops over and sprinkle with seasoned bread crumbs. Preheat broiler. Broil scallops until golden brown, approximately 3 to 5 minutes, turning as necessary. Serves 4. Preparation time, 15-20 minutes.

Nutritional Information: (for 14 broiled scallops only)*

Calories: 150; protein 29 grams; Total fat 1.3 grams; Calories from fat 8; saturated fat 0.1 gram; Cholesterol 56 mgs.;

sodium 274 mgs.

October "Fish of the Month"

Porgy (Scup)—Chosen by New York's Seafood Council as the featured selection this month, porgies are most plentiful this time of year. Popular with rod-and-reelers, porgy is a flavorful fish that takes well to pan frying, steaming or filleting and baking.

Baked Porgy With Basil

(Captain Tony DiLemia, Freeport-Nassau Fisherman's Alliance)

- 4 whole porgies, scaled, finned and gilled (3/4 pound each)
- 3 tablespoons margarine
- 3 tablespoons shallots or green onions, minced
- 3/4 teaspoon salt
- 1 cup dry white wine
- 3 tablespoons (20 leaves) fresh basil, chopped, or 1-1/2 tablespoons dried basil

Preheat oven to 375 degrees. Use a cooking spray or grease bottom of a baking pan. Spread shallots or green onions in baking pan. With sharp knife, make several slits in each porgy. Place porgies on the bed of onions and sprinkle with salt and chopped basil. Set aside for approximately 5 minutes to mix flavors.

Pour wine over all and porgies with margarine. Cover with foil and bake for 10-12 minutes. Do not overcook. Serves 4. Preparation time, 25-30 minutes.

Nutritional Information: (for uncooked 3-1/2 ounce serving only)*

Calories: 92; Protein 18.3 percent; Total fat 3.2 percent; Cholesterol 52 mgs.; Sodium 63 mgs.

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| VEAL AND SPINACH veal topped with tomato, mozzarella and spinach..... | 11.95 |
| VEAL VERDI sauteed veal topped with fresh broccoli and mozzarella..... | 12.95 |
| VEAL SORRENTINO veal with eggplant, prosciutto and mozzarella..... | 13.95 |
| SHRIMP PARMIGIANA breaded and fried, topped with tomatoes and fresh mozzarella..... | 13.95 |
| SHRIMP MARINARA sauteed in garlic and red sauce..... | 13.95 |
| SHRIMP SICILIAN sauteed in fresh garlic, lemon, white wine..... | 13.95 |

PASTA

Served with fresh garlic bread

| | |
|---|-------|
| LINGUINE with white or red clam sauce..... | 8.95 |
| LINGUINE and VEAL with vodka, mushroom and tomato..... | 10.95 |
| LINGUINE and SEAFOOD with scallops, shrimp, crab, mussels and fresh plum tomato sauce..... | 11.95 |
| ANGEL HAIR with garlic, oil and parsley..... | 7.95 |
| ANGEL HAIR with fresh vegetables in a cream sauce..... | 7.95 |
| FETTUCINE with fresh tomato and basil..... | 7.95 |
| FETTUCINE with fresh tomato and prosciutto..... | 8.95 |
| FETTUCINE with wild mushrooms in a cream or red sauce..... | 8.95 |
| FETTUCINE ALFREDO in a cream sauce..... | 7.95 |
| GREEN and WHITE NOODLES with chunk tomatoes and onions..... | 7.95 |
| TORTELLINI with meat sauce..... | 7.95 |

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| | | | |
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| Chicken Breast Parmigiana w/Pasta..... | \$9.95 | Broiled Boston Scrod w/Peppers, Onions & Tomatoes..... | \$8.95 |
| Broiled Chopped Sirloin Steak w/Sauteed Mushrooms..... | \$6.95 | 2 Broiled Pork Chops w/Apple Sauce..... | \$8.95 |
| Fried Chicken w/EF, Potatoes..... | \$8.95 | Broiled Fillet of Flounder w/Peppers, Onion & Tomatoes..... | \$9.95 |
| Beef Liver Steak w/Sauteed Onions..... | \$6.95 | Baked Eggplant Parmigiana w/Pasta..... | \$7.95 |
| 1/2 Roast Spring Chicken w/Stuffing & Apple Sauce..... | \$7.95 | Italian Meatballs w/Spaghetti..... | \$7.95 |
| Baked Bluefish Plaki..... | \$7.95 | | |

Dinner Includes: Cup of Soup, Salad, Coffee, Tea and Plain Soda & Bread. For Dessert: Fruit Pie, Jello, Chocolate Pudding, Ice Cream or Plain Yogurt.

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Health & Fitness

New Approach To Treating Eye Ailments

Dr. Dean Ervan Hart's discoveries continue to be reported in professional scientific journals. His research centers around various clinical subjects concerning the care and treatment of eye disorders and prevention of future eye problems.

Last month, *Ophthalmology News* ran an article about Dr. Hart which described a procedure to manufacture a prosthetic device, "Moisture Chamber Eyeglasses," for the minimization of pain due to severely "dry eye" patients. Due to the fact that there are an enormous amount of nerve endings in the cornea, a dry eye condition can be enormously painful. Even reports of suicide driven by this pain have been reported.

Moisture chambers are prosthetic devices coupled to eyeglasses that slow the evaporation of the tears from the ocular surface. The need for moisture chamber glasses is most evident when a patient suffers from Sjogren's syndrome. This disease creates a pathologically dry eye from tear anomalies. Other ocular conditions can also cause a pathologically dry eye. The concept behind a moisture chamber is to significantly minimize the air flow over the ocular surface. The chamber provides a vapor barrier that functions passively to prevent tear layer evaporation. The chamber provides a humid environment behind the eyeglass lens and in front of the eye surface. This project was under-

taken because of the paucity of available information about the production of moisture chamber glasses and the acute need by pathologically dry eye patients for these special glasses.

This month, the journal, *CLAO (Contact Lens Association of Ophthalmologists)*, published Dr. Hart's collaborative study about the surface of contact lens assays by the high-tech instrumental procedure known as "Electron Spectroscopy by Chemical Analysis." This instrument is very sensitive to the elemental make-up of a surface's composition. The study approaches the question of contact lens cleaning efficiency with new techniques and finds that current cleaning and maintenance procedures used for contact lenses may not be producing the effect that doctors may think or desire.

A few months ago, *Optometry and Vision Science*, which is the official publication of the American Academy of Optometry, published a paper on which Dr. Hart was the lead author designed to quantify and qualify the microorganism risks related to contact lens wear. Lenses were removed directly out of patients eyes under sterile conditions and assayed for data relating to the microbial bio burden of the situation. Corporate scientists from Bausch and Lomb as well as Chervinor also participated in this not-for-profit basic research and share coauthorship

with Dr. Hart in this important paper. The findings support that the disposal of contact lenses on a regular basis is a healthier approach to contact lens wear.

In May of 1993, Dr. Hart presented a paper at the Association for Research in Vision and Ophthalmology (ARVO), in Sarasota Florida. The presentation detailed a study relating to microorganism flora in the tears, on lids and lashes, as well as contact lenses of long-term lens wearers. Relationships were compared between the different ocular sites and patient proper-ties such as lens age, wearing patterns and maintenance procedures.

In the past, Dr. Hart has published several chapters in textbooks and numerous scientific journal articles related to:-

- dieter and the tears and contact lens wearers
- infection and corneal ulcer prevention
- tear-film interactions with contact lenses
- biochemistry and microbiology of the eye
- dieter and light microscopy
- epidemiology of eye allergy rates

Dean Hart, currently director of the Low Vision Clinic at Harlen Hospital Medical Center, gives a day per week from his schedule to help the areas visually handicapped function better. Dr. Hart also instructs the ophthalmology residents

at Harlen Hospital Medical Center in refraction, low vision care of the visually handicapped, and optics (physical, optical, geometric, and physiological).

Dr. Hart also conducts research at Columbia University's Edward S. Hartness Eye Institute where he is provided laboratory facilities and has an appointment as an Associate Research Scientist.

Dr. Hart plans to continue to conduct research about various subjects that are clinically relevant to the care and treatment of his and other eye care professionals' patients. Besides Dr. Hart's academic responsibilities he also sees patients at Woodbury Optical Group, 185 Woodbury Road, Hicksville, New York 11801 (516)681-3937.

Free Breast Cancer Seminar On Nov. 10

Hillside Medical Associates in conjunction with ProMedica Imaging will present a free seminar on Self-Examination and The Importance of Mammography. The seminar, which begins at 7 p.m. on Nov. 10, will take place at Hillside Medical Associates located at 915 Hillside Avenue in New Hyde Park. For reservations, please call Hillside Medical Associates at 517-9650.

YH Park On Self-Defense

Grandmaster YH Park, the world's leading authority on taekwondo, has written two new books, designed specifically to meet the needs of women and children. Taekwondo is an ancient Korean martial art and modern day sport. It made its debut in the 1988 Olympic Games, in Seoul Korea, where Grandmaster Park led the team to victory.

Grandmaster Park said the first book *Taekwondo for Children*, is aimed at educating children—and their parents—about the positive mental and physical benefits to be had by taekwondo training. Although taekwondo students learn fighting skills that would help them prevail in a self-defense situation, it is the moral and ethical stipulations that distinguish it from other sports. Respect, humility, perseverance, self-control—children at YH Park Taekwondo must not only understand these words but give vintage life to them. "We have had so many C and D students who now receive straight A's. The discipline and emphasis on focus and concentration helps them academically," said Kevin Schuck, the school manager of YH Park Taekwondo. He added, "Master Park insists on high academic standards. He requires all students to bring in their report cards. If there is a low grade, he discusses it with the student, the parent and, if necessary, the teacher. The students are not allowed to continue practice if they do not demonstrate that they are trying their very best in school."

Women have been falling prey to violent crimes far too long, Grandmaster Park says. He undertook the writing of *Fighting Back: Taekwondo for Women*, to demonstrate to women how the practice

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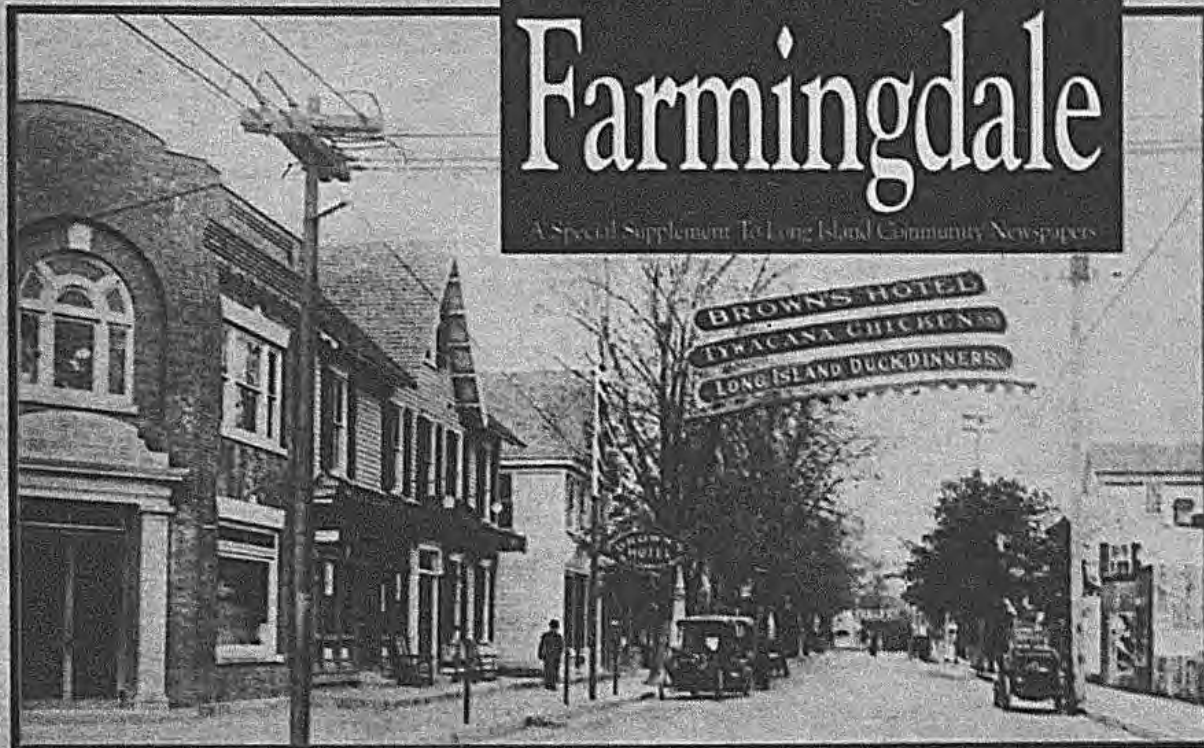


Photo courtesy Nassau County Museum

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- SPECIAL Bumper Program** (for kids 3-8) where gutters are blocked off so the ball stays on the lane

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Powell Descendants In Farmingdale

By Soria Kaulesar

The man who settled the village of Farmingdale was Thomas Powell who made the historic Bethpage Purchase in 1695. Jean Hubbard, a descendant of Powell, resides in Farmingdale - adjacent to the original Powell House on Merritts Road. She gives the following account of Farmingdale's beginnings, one of its leaders, and her relation to the family's legacy.

Powell was a Quaker who was left in Huntington by his father as an apprentice to a shoemaker who was also the village schoolmaster. However, Powell would later leave Huntington because he didn't want to pay taxes to the Church of England.

So in 1687 Powell built a house in Farmingdale on Hempstead Turnpike. He later bought land from the Indians, signing the deed in 1695 for the Bethpage Purchase.

The Bethpage Purchase extends 16 square miles, from Melville to south Farmingdale, west to Plainedge and north to Plainville. The area (the land between

Jericho and Jerusalem) was originally spelled Bethphage after the town in the Bible. Hubbard says Bethphage in Hebrew means "House of Figs," with the fig symbolizing success.

The second house Powell built is the Powell House on Merritts Road. It still stands today with three cellars and hand hewn beams. When Powell left Huntington, he brought his ward/adopted son Thomas Whitson with him. Hubbard lives on the Whitson property, although in a different home, as the original Whitson house burned down in 1890.

Hubbard has lived on the Whitson property since she married in 1941. She and her husband, Andre, moved into a house, formerly a barn, in the back of the main house that Hubbard's parent owned. Hubbard and her family then moved into the main house when her parents died. Now Hubbard's youngest son and family live in the house in the back of the property.

"We enjoy it. It's nice," said Hubbard about living in a historical setting connected to the Quaker meeting for generations.



STILL STANDING on Merritts Road, north of the railroad tracks is the Powell homestead. The photograph was taken in the 1920s. Photo taken from Farmingdale's Story, Farm To Flights

FACTS ABOUT FARMINGDALE

•Thousands of years before the first settlers came to America from Europe, Indians were living in Farmingdale. The group that lived in Farmingdale is called Massapequa, which means "great water land." The Massapequa Indians were also called Massapege or Marsapeque. They lived on the south shore of Long Island from Seaford to Islip.



WHEN the railroad first came through Farmingdale, there was a depot at the Merritts Road crossing. But eventually the station was moved to its present location at the eastern end of Frost Street. Pictured is the railroad station in 1900. Photo courtesy of Farmingdale's Story, Farms To Flights

•In 1841 the Long Island Rail Road came to Farmingdale. The main reason it was built was because it was supposed to be a throughway that would connect with a bridge to Connecticut. The Long Island and Central Railroads passing through Farmingdale changed the wilderness into a thriving settlement. The trains also brought horse manure from New York City to enrich the farmlands. By the turn of the century, Farmingdale had developed beyond agriculture to include a brickyard, pickle works, a picture-frame company and a school of technology.

•Right before the Long Island Rail Road arrived in 1841, a man named Ambrose George opened a general store in town. He was also in the real estate business. At the time, Farmingdale was called Handscrabble, a name which derived from the difficulty of cultivating topsoil in a dried area underlaid by gravel. George changed the name to Farmingdale because he didn't like Handscrabble. He divided his acres into lots and named some of the streets. Cornelia Street was named for his wife, and Elizabeth Street for his daughter.

•The Farmingdale Post Office began in 1845, in a private home. Since then, it has operated in a tavern, a grocery store, a drug store, a bakery shop, two office buildings and today's U.S. Post Office building.

Dentist Keeps You Smiling

An attractive smile is one of the best assets an individual can possess, and regular, professional dental health care can enable smiles to be brighter. In addition, good dental hygiene is one of the most important ingredients in one's overall health care. Routine dental check-ups can prevent gum disease, cavities and other dental problems which can lead to more serious systemic health problems.

Dr. Singer DDS, PC, practicing dentistry for eleven years and located at 649 Main Street in Farmingdale, offers a full range of professional dental services for individuals and their families.

The office is comfortable and relaxing and its caring staff does the utmost to put the patient at ease. For the anxious or frightened patient, the doctor offers sweet air and stereo headphones.

Dr. Singer provides preventive care and counseling; cosmetic dentistry including

bonding, veneers, the latest in-home bleaching techniques; general dentistry; periodontal; oral surgery; dental implants; and the most special attention given to children.

Twenty-four hour emergency treatment is available seven days a week. The office welcomes most dental insurance plans and will be glad to discuss required treatments and their costs before treatment begins.

One of the most common concerns that patients express is the sterilization procedures used in dental offices. In Dr. Singer's office, all hand pieces and instruments go through a multi-step process after each use, which always includes heat sterilization. Any instruments which are not heat sterilized, are disposed of after individual patient use.

Convenient office hours, early morning and evening to accommodate the working person, are available by appointment. Call 249-6665 to schedule a visit.

Fun At Farmingdale Lanes

Recreational fun can be had at Farmingdale Lanes, located at 999 Conklin Street for the past 13 years. The bowling alley, owned by Bruno DiCapite, contains a lounge, snack bar, and pro shop.

Founded in 1978, the bowling alley is equipped with automatic scorers, allowing participants to concentrate on their bowl-

ing game rather than occupying themselves with calculating scores manually.

Special promotions offered by Farmingdale Lanes include learning how to bowl programs, children's birthday parties, fund raisers, and student scholarship leagues.

For more information, call 249-4300.

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Farmingdale Schools: A Look Inside

By Sorja Kaulesar

The public school system is a major component of any community. Analyzing basic statistical information creates a better understanding of the school district's residents, the products of the educational system and the overall community character.

According to *Statistical Profiles of Public School Districts, A Report to the Governor and the Legislature on the Educational Status of the State's Schools*, submitted February 1993, the Farmingdale public schools are classified as being a suburban district, located within Standard Metropolitan Statistical areas but not within cities.

The total number of students enrolled in kindergarten through grade 12 in 1991-92 was 5,328. The racial break down was as follows: White, 87.8 percent; Black, 5.7 percent; Hispanic, 4.0 percent; and other (American Indian, Alaskan Native, Asian and Pacific Islander), 2.4 percent. The annual attendance rate, the average daily attendance divided by possible average daily attendance, was 94.9. The percentage of pupils participating in free and reduced lunch program was 7.4; and the number of students of limited English proficiency was 1.6 percent.

It seems that there are very few youths at risk in Farmingdale as the dropout rate is low. The number of dropouts, between

July 1, 1990 and June 30, 1991, divided by the grades 9-12 enrollment including the portion of ungraded secondary enrollment that can be attributed to grades 9-12, was 1.2 percent. A dropout is defined as any pupil who left school prior to graduation for any reason except death and did not enter another school or high school equivalency preparation program.

The number of high school graduates who received Regents diplomas in 1991-92 was 40.2. Of 1990-91 high school graduates, 84.6 percent entered four-year, two-year, or other post secondary institutions, as reported by school principals in the fall of 1991.

The pupil-teacher ratio was 14. Two percent of the classroom teachers were minorities. The annual turnover rate was estimated at 10 percent, as calculated by the number of public school teachers employed in 1990-91 but not 1991-92 (including teachers on leave of absence). The median salary of full time public school classroom teachers was \$61,173.

As for certification, 88 percent of public school classroom teachers were permanently certified, seven percent had provisional certification and five percent of the teachers taught more than 20 percent of their time in a subject for which they hold no certification or a temporary license.



FARMINGDALE'S FUTURE is in the hands of some of the students who go through the district's school system. Pictured above is the Farmingdale grammar school graduating class in 1912 (Photo courtesy of Farmingdale's Story, From Farms to Flights) who helped build the village. Below, Farmingdale Senior High School pupils, juniors Shannon Jackson and Lisa Rispoli, may lead it.



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The 24-hour service is owned by Robert A. White Sr. and there is another branch which was founded in 1946 and is located at 234 Broadway, Bethpage.

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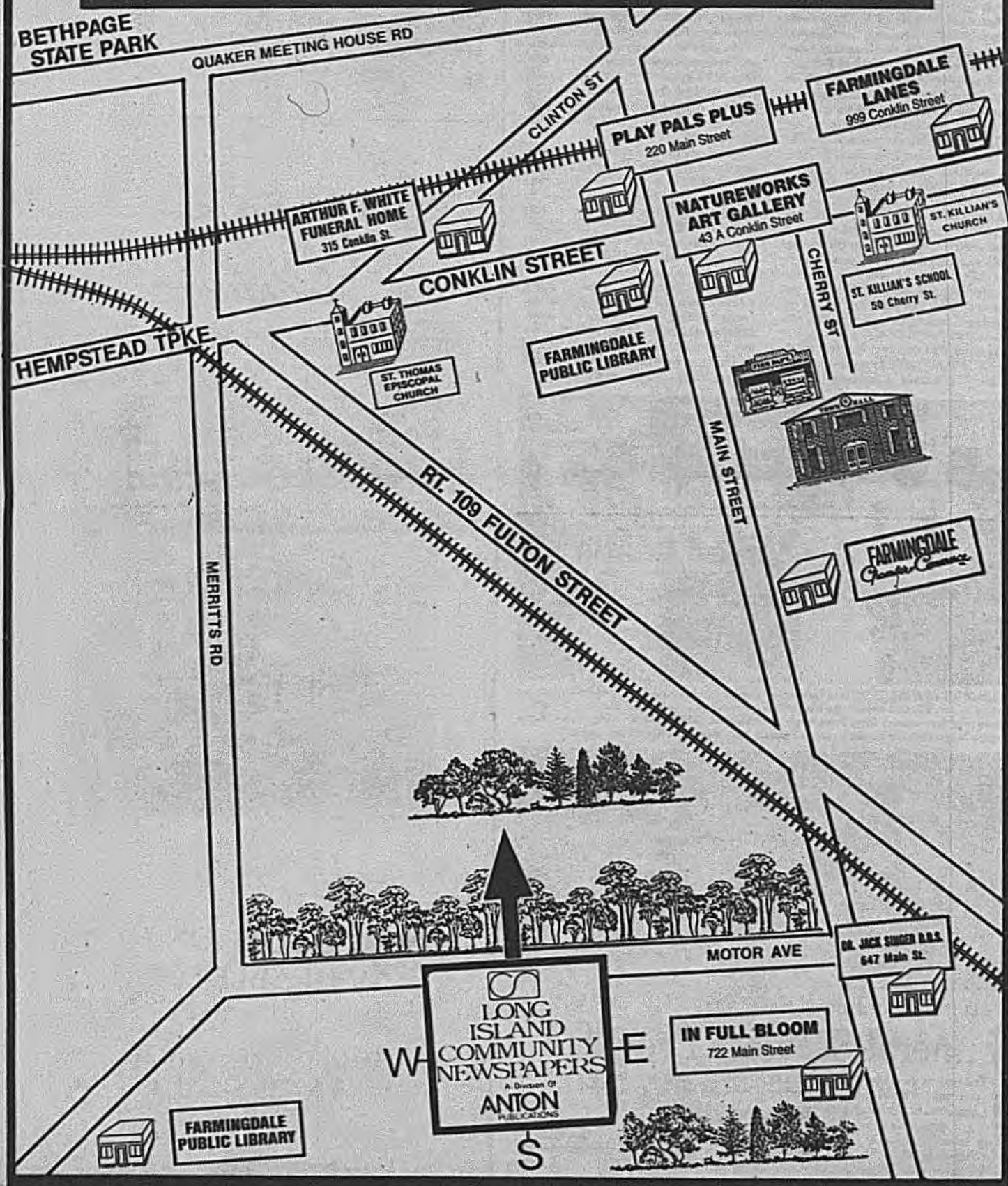
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It specializes in wedding and party work, corporate and residential holiday decorations, unusual gift baskets. Also to be found at In Full Bloom are dried and silk flowers, plants and a full line of unique fresh flowers. Featured are beauti-

ful Christmas ornaments and custom-ordered gifts and decorations.

In addition, local and worldwide delivery is provided, via Teleflora, with personal attention given to every order.

In Full Bloom has an inviting country atmosphere created by owners Joan Long and Marie Magnifico Pope, who both attended Farmingdale High School and SUNY Farmingdale and have 20 years experience from the most prestigious florists on Long Island.

Store hours are 9 a.m. to 6 p.m. from Monday to Thursday and Saturday, and 9 a.m. to 7 p.m. on Friday; closed on Sunday. The phone number is 420-4313.

Play Pals Plus Parent/Child Interaction

Play Pals Plus, a business that offers customers a combination of "Mommy and Me" type groups and children's birthday parties, has been operating at 220 Main Street, Farmingdale, under the ownership of Patty Cona and Pat Dow, just since July 1993.

The center's "Togetherness Club" is structured so that parent and child interact - with each other and other families. It's the club where everyone - Moms, Dads, siblings, grandparents, aunts and uncles - can participate in the fun.

Programs for children as young as 12

months to 4 years lets parents and guardians help their children to learn motor and listening skills. The child's creativity is assisted and supported. In the process, parent and child grow together.

Play Pals Plus is also a fun, affordable place for a child's birthday party, with special party activities designed to keep kids involved. From sand art to sing-a-longs to ceramics, special birthday parties can be created for children.

Visit Play Pals Plus, 220 Main Street, or call 756-7257 for more information.

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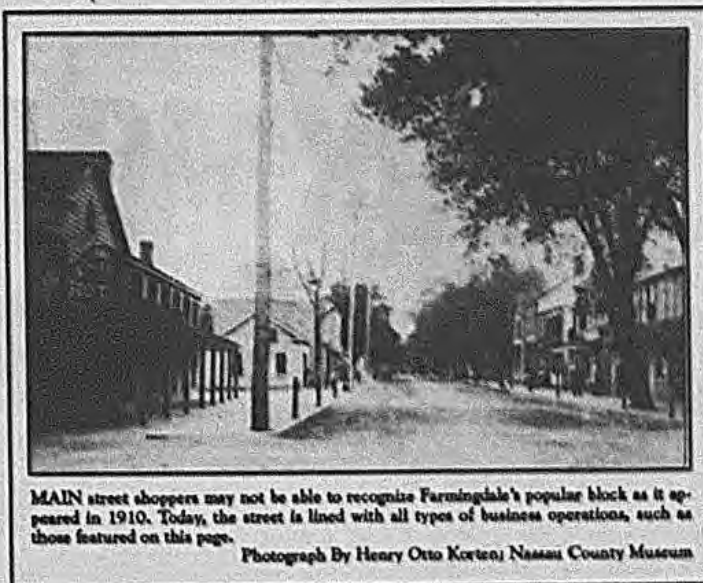
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MAIN street shoppers may not be able to recognize Farmingdale's popular block as it appeared in 1910. Today, the street is lined with all types of business operations, such as those featured on this page.

Photograph By Henry Otto Kortzen; Nassau County Museum

Natureworks Art Gallery

Natureworks Art Gallery is a retail art gallery specializing in Americana, Wildlife, Southwest Art and other subjects and custom framing.

It is a fairly new business, founded in 1992 by owner Paul Posillico, located at 275 Main street.

Products include limited edition prints by Greenwich Workshop, Mill Pond Press, Applejack, Hadley House, Wild Wings, Somerset and all other major publishers.

In addition, Natureworks Art Gallery is a community gallery that encourages local artists to stop in and show their work. They regularly display exhibits and constantly receive new inventory in all subjects from aviation art to wildlife art.

Business hours are Monday to Thursday and Saturday, 10 a.m. to 6 p.m.; Friday, 10 a.m. to 8 p.m.; and Sunday, 11 a.m. to 3 p.m. The telephone number is 293-2020.



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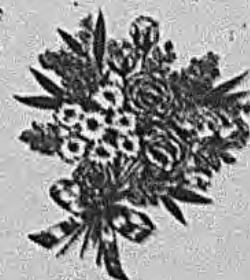
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OBITUARY

Howard Blauvelt, Renowned bass guitarist


Renowned bass guitarist Howard Blauvelt died Monday October 25 at the age of 44. Born in Hicksville, Mr. Blauvelt attended Hicksville Junior and Senior High School. He is survived by his father Richard Sr., brothers Richard Jr. and Laurence. Reverend Frank Nelson officiated at the October 28th funeral, held 8 pm at the Vernon C. Wagner Funeral Home, in Hicksville.

Blauvelt played a major part in such bands as The Echos (his first band), The Lost Souls, the Commandoes, and Spitball. Rock star Billy Joel has credited Howard with giving him musical opportunities. He was invited by Blauvelt to be the lead singer and pianist for The Echos. Joel was with the band from 1965 to the early '70s.

The Echos grew into The Lost Souls which recorded with Mercury Records.

Howard Blauvelt followed Billy Joel to the Hassels, who recorded two albums on the United Artists label. The two artists last played together with a group called El Primo.

1977 brought Howard Blauvelt's group Ram Jam a hit with "Black Betty" on Epic Records. The group produced three singles and two albums. In later years he co-founded the group Spitball. When the group broke up a year later he began teaching guitar and playing in smaller LI musical spots. In addition to his music career, he was a subcontractor with Four Season Messenger Service for 12 years.



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OR LEASE FOR **\$254⁴⁹**

Per Mo. - 24 Mo.
Mo. Lease Pymnt. *254**
Refundable Security Pymnt. *275
Total Payments *6107**
Cash Due At Lease Inception \$2447.40
1,900 down payment

* Taxes & Registration Add'l. closed end lease w/purchase option. 30,000 miles free, 11c per mile add'l. Subject to approval. Good until 12/31/93

YOUNG BUYERS PROGRAM **REBATE \$300⁰⁰**

* Good Until 12/31/93

NEW COLLEGE GRADS. NEW CARS ADD. \$400⁰⁰ OFF

* Good Until 12/31/93

NOW OPEN SUNDAYS 11 - 4:00 PM

USED CAR CORNER

| | |
|--|--|
| U1395 '87 MERCEDES BENZ 190 4DR., LOADED LIKE NEW 59K INCL. 1 YR. WARRANTY...\$14495 | U1330 '92 FORD ESCORT 2 DR. Hatch, 30K.....\$ 7495 |
| U1308 '88 CHEVY CAMARO, Like New, Loaded, T-Tops, 61K...\$ 5995 | U1167 '92 FORD MUSTANG CONV. 15K.....\$12595 |
| U1339 '88 TAURUS L 4DR., Very Nice 55K.....\$ 5995 | U3895 '93 CROWN VICT. LX Demo. Loaded 8K...\$18995 |
| U9268 '89 FORD ESCORT, 2DR., Loaded, 57K...\$ 4995 | U1387 '93 TEMPO GL 4DR. Loaded, 14K.....\$ 9895 |
| U1289 '90 CROWN VIC. LX, 54K, MINT.....\$ 9995 | U1388 '93 MECR. TOPAZ 4DR. Loaded, 12K...\$ 9895 |
| U1363 '91 EXPLORER, 2 DR., 4X4, 35K.....\$15995 | U1386 '93 MECR. SABLE G.F. 4DR. Like New 15K \$13995 |
| U1383 '91 FORD TAURUS LX 4DR. 25K Co. Car Loaded \$10995 | U1389 '93 MERC. TOPAZ G.F. 4DR. Grey, 12K...\$ 9895 |
| U1328 '92 FORD TEMPO, 4DR., 15K.....\$ 8695 | U1239 '93 MUSTANG COUPE 13K.....\$ 9695 |
| U1277 '92 8-PASS. CLUB WAGON, LOADED.....\$15495 | U1327 '93 MUSTANG HATCH, MINT 11K.....\$10495 |
| U1243 '92 FORD TAURUS 4DR. SDN., 21K.....\$12595 | U1320 '93 FORD TEMPO, 4DR., 15K.....\$ 9895 |
| U1144 '92 FORD MUSTANG, 2DR. 15K.....\$ 8588 | U1390 '91 FORD TEMPO GL, 4 DR., Loaded.....\$ 6795 |
| U1331 '92 FORD ESCORT 2 DR. Hatch, 29K.....\$ 7495 | U1276 '93 FORD TEMPO.....\$ 9895 |
| | U1245 '93 FORD ESCORT WAG. WH. 19K.....\$ 8595 |

Parts & Service Depts.
OPEN
SATURDAYS
9:00 AM - 12:30 PM
PLEASE CALL FOR APPOINTMENT

SYOSSET FORD
271 Jericho Tpke.
516 / 496-9700

36 RENT-A-CAR/VANS
FROM \$25 PER DAY WHILE
YOUR CAR IS SERVICED
We Now Have 7 Passenger
Aerostar Vans

Mature Driving Course

Registration is still going on for the Fifty-Five Alive Mature Driving Course to be held at the Hicksville Public Library. The course will be held Fridays from 10 a.m. to 2 p.m. Registrants must be at least fifty years of age and Hicksville residents. The cost is \$8.00. Registration will be closed when 35 people sign up.

Completion of the course may save you 10% on your insurance, and remove four points from your driving record.

Veteran's Day Program

The Jewish War Veterans Post #655 Host Post, Hicksville Combined Veterans Organization and The Ladies Auxiliary will hold a traditional Veteran's Day Service at the Middle School. The program will begin at 10 a.m.

Las Vegas Night

On Nov. 13, there will be "Las Vegas" Night at the V.F.W. Hall 320 So. Broadway in Hicksville. Games last from 7:30 p.m. to midnight. The games are Black Jack, Roulette, Joker Seven, Big Six and Beat the Dealer. For more information call the hall at 931-7843.

Heritage Arts & Crafts Festival

The "Heritage Arts & Crafts Festival" will be held Saturday November 6, from 10:30 a.m. to 4 p.m., at Levittown Hall in Hicksville. It is a celebration of the Vanderbilt Motor Parkway and the erection of an historic site marker for the Parkway's Grandstand site in North Levittown.

Exhibits on the History of Long Island Auto Racing from the Marty Himes Museum of Auto Racing. In addition, the Levittown Historical Society's Vanderbilt Motor Parkway memorabilia from the Parkway's past will be showcased. The collection includes artifacts, postcards and photographs.

For subscription
information
call (516) 747-8282

Contract Bridge By Steve Becker

The Discovery Process

South dealer.

East-West vulnerable.

NORTH

♦ 107
♥ A J 6
♦ K Q J 2
♦ Q 10 7 3

WEST

♦ Q 9 8 6 4 3
♥ 9 7 3
♦ 9 6 5 3
♣ —

EAST

♦ K 5 2
♥ 10 5 4 2
♦ 10 7
♦ J 9 5 4

SOUTH

♦ A J
♥ K Q 8
♦ A 8 4
♦ A K 8 6 2

The bidding:

South West North East
2NT Pass 6NT Pass
Opening lead — six of spades.

Here is an illustration of good card play by declarer. West led a spade against six notrump, South taking East's king with the ace. Declarer could count 11 sure winners, and the only threat to the slam was the possibility that the missing clubs were divided 4-0. If they were 2-2 or 3-1, 13 tricks were already assured.

South's only real problem, therefore, was to cope with a hypothetical 4-0 club division. If West had four clubs, the winning play would be to lead the ace and, after East showed out, finesse against West's jack.

But if East had four clubs, the winning approach would be to cash dummy's queen of clubs first and then trap East's remaining three clubs with the aid of a finesse.

In an effort to cover both possibilities, South started by cashing four diamond tricks, discarding his jack of spades. He then cashed the king of hearts and led a low heart to dummy's jack.

All these plays were designed to compel the defenders to reveal their distribution. By now declarer knew that West had started with exactly four diamonds and at least two hearts. Declarer also assumed from the opening lead that West had started with at least four spades. Logically, therefore, South was able to conclude that West could not have all four missing clubs, since at least ten of West's cards — in spades, hearts and diamonds — were already accounted for.

South therefore led the queen of clubs from dummy and continued with the ten after West showed out. East covered with the jack, but he was fighting a losing battle. South took the jack with the king, led the queen of hearts to dummy's ace, and played another club. East's 9-5 of clubs succumbed to South's A-8-6, and declarer finished with all 13 tricks.

Nassau County DWI Sting

The Nassau County District Attorney Denis E. Dillon and Nassau County Police Commissioner Donald F. Kane today announced that as the result of a joint sting investigation, ten people have been apprehended for evading the court process in driving while intoxicated offense and who failed to appear in court when required or failed pay fines as part of their sentences.

The investigation, called "Double Winners, Inc." had letters sent to these individuals inviting them to a free Atlantic City gambling trip. District attorney personnel, posing as tour operators, took reservations from those who re-

sponded and did checks to confirm the validity of the warrants. The inducement to go to Atlantic City included \$50 in vouchers for use in Atlantic City. However after the coffee and donuts with whom they believed to be fellow winners, but were in fact police officers, the defendants were advised that they were under arrest.

As part of the operation, investigators from the district attorney's office videotaped the cars arriving for the trip. As a result, two individuals were also charged with Aggravated Unlicensed Operation of a Motor Vehicle for driving with revoke or suspended licenses.

PUBLIC NOTICE

PUBLIC NOTICE

NOTICE is hereby given, pursuant to law, that a public hearing will be held by the Town Board of the Town of Oyster Bay, Nassau County, New York, on Tuesday, November 16, 1993, at 8 o'clock p.m., prevailing time, or as soon thereafter as may be practicable, in the Hearing Room, Town Hall, East Building, Audrey Avenue, Oyster Bay, New York, for the purpose of considering an application for a Special Use Permit pursuant to the Code of the Town of Oyster Bay, Chapter 246, Zoning, as follows: PROPOSED SPECIAL USE PERMIT: Petition of 131 E. Ames, Inc., Contract vendee, and Antoinette Sallaito, fee owner, to convert existing building to office use in an "I1" Industrial District (Light Industry), on the following described premises: ALL that certain plot, piece or parcel of land situate, lying and being at Plainview, Town of Oyster Bay, County of Nassau, State of New York, which is bounded and described as a rectangular shaped parcel located on the south east side of

PUBLIC NOTICE

Ames Court, a distance of approximately 254 feet northeast of the intersection of Ames Court, and south Terminal Drive with a depth of approximately 302 feet. Said premises having a street address of 131 Ames Court, and is further described as Section 13, Block 9, Lot 12, on the Land and Tax Map of Nassau County. The abovementioned petition and maps which accompany it are on file and may be viewed daily (except Saturday, Sunday and Holidays) between the hours of 9 a.m. and 4:45 p.m., prevailing time, at the Office of the Town Clerk at Oyster Bay and Massapequa. Any person interested in the subject matter of said hearing will be given an opportunity to be heard with reference thereto at the time and place above designated. TOWN BOARD OF TOWN OF OYSTER BAY, LEWIS J. YEVOLI, Supervisor. CARL L. MARCELLINO, Town Clerk. Dated: October 5, 1993, Oyster Bay, New York.

11-4-93-IT-40642-HICKS

The BMW Sport Wagon



The new BMW 525i Touring Sport Wagon adds a new dimension to luxury travel and practicality. Expanding on the acclaim and excitement of the technological innovations introduced in the BMW 5-Series, the Touring offers brilliant new concepts of comfort and convenience to enhance leisure travel and family driving needs.



We invite you to test drive the all new Sport Wagon at

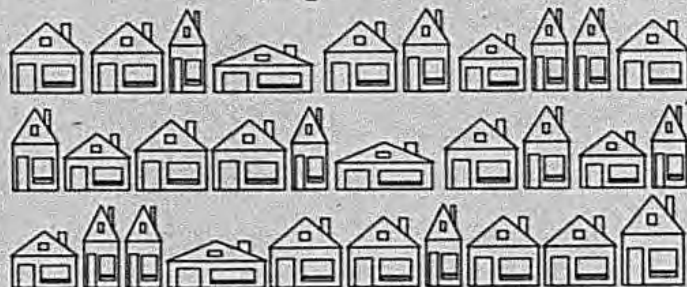
BMW of Oyster Bay

145 Pine Hollow Rd.

Oyster Bay, NY

(516) 922-0930

Mortgages for every size and shape of home.



Right here in Hicksville.

You don't have to run all over the place. Or make a million phone calls, either. Not when you can find the right low-rate mortgage right here in the neighborhood, at your local Emigrant Savings Bank branch. You'll get the information you need—as well as responsive service from an Emigrant Mortgage Consultant, who will meet with you at your convenience at our branch, or at your office or home. Stop by the Hicksville branch today and ask for the manager, John Schnitzler. He'll be glad to show you why, for any size or shape of home, the best place to find the right low-rate mortgage is right here in the neighborhood. At Emigrant.

Broadway Mall, Rts 106/107, Hicksville, NY (516) 938-7600

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SAVINGS BANK

Hours: Mon.-Thurs. 9am-3pm, Fri. 9am-7pm, Sat. 9am-1pm



DEADLINES:
MONDAY NOON

HOURS:
Monday through Friday,
8:30 A.M.-5:30 P.M.

CLASSIFIEDS

TELEPHONE: 747-8282

FACSIMILE: (516) 742-5967

Address:
Anton Publications
135 Liberty Avenue
Mineola, N.Y. 11501



Page 1C Anton Community Newspapers Week of November 4, 1993

1 Announcements

ANTIQUÉ SHOW
Sunday November 7
RADISSON PLAZA HOTEL
Malville, LI
(Corner LIE & Route 110
at Exit 49-Service Rd.)
10 AM - 5 PM 44
Admission: \$3.50 (\$2.00 w/rd)

2 Car For Sale

1978 Mitsubishi Starion,
Twin Turbo, 5 speed,
75,000 mi - good condi-
tion. Red, Black leather in-
terior, spoilers, loaded
\$5,500. Days only 516-
234-3503. 44

MERCEDES BENZ - 1981-
240D-54800; Pontiac:
1986 - 2 door \$1900. Call
883-7780. 44

7 Cars Wanted

ALL AUTOS BOUGHT!
TRUCKS TOO! NO ONE
PAYS MORE CASH. WE VISIT
YOU. SAFE & FAST! 516-
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Used Cars Foreign, Dom-
estic, Exotic, Professional
service. Top \$\$ We visit
you. Jon-Tar Inc. 826-5611
th

9 Transportation

SHIP YOUR CAR
Best Auto Delivery
Ship Your Car With The Best!
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Special Rates NY to FL. Autos Transported by Truck only
Nationwide Door to Door Service

16 Tutoring

ATTENTION PARENTS! Pro-
fessional, licensed teach-
er. Teach children ages 7-
12. All subjects. Call WA-
VERLY TUTORS 681-7262. 44

GRE & GMAT MATH Tutor-
ing in your home: \$20/
hour. 2 hour minimum.
Richard 468-9216. 44

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Services provided by expe-
rienced tutor. All levels at
reasonable rates. Mary
anne 433-3519. 47

LEARNING SPECIALIST.
HIGHLY SUCCESSFUL FOR
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Certified Coordination with
school programs. 484-
2548. 45

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school levels. Experienced
teacher with master's de-
gree. High success rate.
Reasonable fee. Call (516)
752-1497. th

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lish, Special Exams. All
Levels. Dr. Uss
733-4390. th

17 Music Instruction

CLASSICAL GUITAR
LESSONS: Patient, caring
experienced conservatory
/graduate. Your home or
mine. \$25/hour. 627-
0653. 44

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Music Education instruction in
Classical and Rock guitar
improvisation, theory. 516-
488-1905. ROB. 44

18 Instructional

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given. All ratings
available. First time
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21 Hall For Rent

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is available for rental for all
occasions - Bar/Sat Mizzah
• Communion • Shows
• Business Seminars.
Can accommodate up to
100 persons in our newly
redesigned airconditioned room.
Conveniently located on
Hempstead Turnpike in Levittown
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796-4110

23 Entertainment

HAVE YOUR OWN PRIVATE
BIRTHDAY PARTY at the
ROSLYN TWIN THEATRE.
Selection of a movie, pop-
corn, soda, movie, pass-
es, video taping, child's
name on marquee, host-
ess. For more information
call Jay 485-1525. 47

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now in time for Christmas.
Call Classifieds at 747-
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23 Entertainment

HIGH QUALITY VIDEO FOR
YOUR WEDDING, Bar-mit-
zva, customized packages,
personalized service, over
10 years experience.
PESTO VIDEO / Steven
Taub. Call 493-3248 to
see demo tapes. 44

25 Professional Services

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Simon G. Ghiselman
Family Law, Divorce,
Custody, Real Estate,
Landlord-Tenant, Wills, Trusts,
Estate, Living Wills.
No charge initial consultation.
14 Vandeventer Ave.
Port Washington
883-2031 44

27 Counseling

COLLEGE COUNSELOR: Expe-
rienced, supportive, or-
ganized approach to the
COLLEGE selection pro-
cess. Jane Dollahan-Skin-
ner. 883-1735. 43

31 Personals

LOUISE problem solved.
Come home. We love you.
Rick. 44

CALL YOUR DATE
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Other Lifestyles
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Fun Dating Network.
Just \$1.39/min. Ages 18+
Dial Systems Inc.
Galvical, record your ad FREE
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32 Child Adoption

ADOPTION
We know you are going
through a difficult time. Let a
loving, happily married cou-
ple help by adopting your
white newborn to make our
life complete. Expenses paid.
Call Phyllis collect:
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36 Home Services

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Professional Service
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Excellent work guaranteed to
your satisfaction.
Fully Insured. Family trade
since 1928.
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& Ask For Bob

**\$25 AUTOMATIC
SPRINKLER
WINTERIZING**
up to 6 zones
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IRRIGATION
822-3889
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36 Home Services

FREDERICK G. GARTNER.
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Free Estimates. Garden
City. References. 516-873-
8924. 51

PAINTER-EXPERIENCED &
sheetrock, taping, spack-
ling. Work guaranteed. Ref-
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Denis 718-343-6330. 44

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Finest Quality Paints
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333-9740 44

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& WHAT YOU
DO SHOULD
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Reach 28
Communities in
Nassau & Suffolk
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Classifieds
747-8282

36 Home Services

CRAIG LYNN LOCKS REPAIRED
FURNISHED & INSTALLED
SAFES SOLD, REPAIRED, INSTALLED
A Plus Locksmith
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24 HOUR EMERGENCY SERVICE
(516) 621-8775

37 Articles For Sale

BRASS BED Queen with or-
thopedic mattress set. Un-
used, still boxed Cost
\$1000 Sell \$325. 334-
7439. 44

DAY BED White/Iron/
Brass with orthopedic
mattress & pop up trun-
dle Unused, still boxed
Cost \$1000; Sell \$325.
334-7439 44

RANCH MINK FUR-COAT:
Perfect condition. Call
333-1968 evenings. 44

37 Articles For Sale

STEEL BUILDINGS: Factory
deals. 24x32, 36x60,
60x100, 70-x50. SAVE
THOUSANDS. Limited Sup-
plies. Ends 11-13-93. 516-
826-8900. 44

38 Wanted To Buy
LIONEL/AMERICAN FLYER.
Trains & Accessories. I pay
guaranteed highest prices
(cash). Private collector.
Premium for clean trains &
original boxes. 767-0597.
th

41 Bazaars/Flea Markets

**FLEA MARKET VENDORS
WANTED:** December 4, 10-
4. Rentals \$25. St. Eliza-
beth's Church, Harvard
St., Floral Park. 775-5270.
44

49 Garage/Tag Sale

GARAGE SALE: 11/6 and
11/7, 10-4. Corner Ellison
Ave. and Walnut, West-
bury. Infant, toys, Brio-
Bac, Glassware, tools,
etc. 44

Selling contents of Roslyn
Heights home - 88
MacGuer Ave., 11/6, 10-4.
Full walnut dining set. Cir-
ca 1920's, antiques, living
room, furniture, china,
lamps, porch set, beds,
much more. 44

50 Lost/Found Pet
LOST CAT: Roslyn Heights
near LILCO) 10/23. All
Black, no other markings.
2 yrs. old male, very
friendly disposition. Re-
ward! 484-6387. 44

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Your AD can run in ALL 19 Newspapers
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Reader Ad, Minimum of 15 Words, \$27.00
1 _____ 2 _____ 3 _____ 4 _____ 5 _____
6 _____ 7 _____ 8 _____ 9 _____ 10 _____
11 _____ 12 _____ 13 _____ 14 _____ 15 _____
Each additional word, \$1.00 each: _____
Name _____ Phone # _____
Address _____
MC/VISA/American Express # _____ Exp. Date _____

EMPLOYMENT DIRECTORY

52 Help Wanted

52 Help Wanted

52 Help Wanted

52 Help Wanted

52 Help Wanted

52 Help Wanted

58 Health Care Wanted

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Are you finding it difficult to plan a job around your family? Want a challenging new career? Need flexibility daytime schedule? Have a car?
If so...ON TARGET, an employee owned company, might just be what you're looking for. We welcome you to contact our unique women-oriented advertising co. Enjoy unlimited earning potential while you explore your abilities. Benefits complete training program and gas allowance. Nassau territories available.

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Advertising Salesperson for Farmingdale, Levittown, Massapequa territory. Main office centrally located in Mineola. Salary, Commission & Benefits. Call Mrs. Wallace 747-8282.

J. RIGGINS CAREER NIGHT
Sunday, November 7 at 6pm, Roosevelt Field Mall. Now hiring for 3 locations Managers, Assistant Managers and FT Sales R.S.V.P. E.O.E. 516-294-1935 44

CHRISTMAS RETAIL SALES: Outgoing people. Day/Evening. FT/PT. \$6/hour plus bonus, incentive. Ideal for homemakers. 1-800-562-2328. 44

COLLEGE STUDENT-PT messenger needed, office help. Monday-Friday, 2-5 PM. Car necessary, typing a plus \$7/hour, plus car expenses. 516-484-7376. 44

DATE ENTRY/PT person needed to work for a Glen Cove Consulting Engineer. A responsible person with word processing computer data entry skills needed to work flexible hours. Dictation a Plus. Between \$8-\$12 per hr. Send resume or write to Box 930, Glen Cove, NY 11542. 44

DENTAL ASSISTANT/RECEPTIONIST: Part Time. Great Neck office. 487-3555. 44

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One morning per week (Early Morning)
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HOSTESS, High Class North Shore Restaurant. Days Monday-Friday 11-3. Also Tuesday Evening. Experience preferred. Call between 3-5 p.m. 516-482-3133. 44

LEGAL SECRETARY: Full time/Part time, Port Washington, wp 50. Experience preferred. Self-starter, references, resume to PO Box 1307, Port Washington, 11050. 43

MANAGEMENT TRAINEE
Starting salary to \$20,000. Excellent benefits. 2 yr. training program. Business & College background pref'd. 1st year potential \$30,000/yr. Send Resume to: Prudential Insurance Co. Suite 130 88 Charles Lindbergh Blvd. Uniondale, N.Y. 11553. Att: Ron Miller (Mgr.) 747-8282 44

IMMEDIATE OPENINGS

for the following Long Island stores: Syosset & Levittown. We are accepting applications for the following positions:

- Electronics Associate
- Sporting Goods Associate
- Customer Service Associate
- Stock Replenishment Associate
- Checkout Service Associate
- Entry Associate
- Fashion Associate
- Customer Service Door Greeter
- Merchandise Area Team Leaders
- And Many Other Positions

EXPERIENCE IS PREFERRED - NOT REQUIRED
Full Time - Part Time - Days - Evenings - Weekends
Kmart offers a full range of company benefits including:
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• Company Paid Life Insurance • Paid Sick Leave
• Company Paid Pension Plan • Hospitalization
• Paid Sickness & Accident Disability Insurance • And Many More
Apply Daily Mon.-Fri. 9am - 5pm, Sat. 9am-1pm
APPLY IN PERSON: LOCATION: K MART
111 Jericho Turnpike, Syosset, NY
3350 Hempstead Turnpike, Levittown, NY

MEDICAL BILLER: Experienced. FT. Excellent location. Call Mrs. Lee 516-883-3881 after 7PM. 44

REAL ESTATE SALES
Earn \$60K-\$100K. Experienced and self-motivated. Flexible hours. Start at 55% commission. Call Frank LaRosa 334-4333 44

RECEPTIONIST, DATA ENTRY. Diversified duties. F/T B-S. Benefits. Glen Cove location. Ask for Robin 516-759-9001. 45

SECRETARY/BOOKKEEPER with strong computer and typing skills. F/T position in Port Washington firm. Fax resume to 212-425-8964 or call 212-966-1230. 44

SALESPERSON FOR MANHASSET BAKERY. Full time or part time. Need mature person - good with people. 627-2201. 44

ANTON PUBLICATIONS

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TYPIST/SECRETARY-PT. flexible hours. WordPerfect 5.1, excellent writing and proof reading skills. Great Neck area. 516-466-3269. 44

YARD PERSON possessing Class B license. Labor/unloading and washing trucks. Home phone required. 944-3281. 44

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NO EXPERIENCE NECESSARY
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• Employee Commissions, Bonuses
• Benefits
• High Commissions, Bonuses
• Incentive Program
• Car Required
• Homemakers, Returnees Welcome
MRS. GALLO 333-1600

54 Domestic Wanted

POSITIONS AVAILABLE: For mature, responsible & loving caregivers to do child-care in Nassau County. Telephone: (516) 767-3224 or (212) 772-9132. 44

55 Domestic Available

HOUSEKEEPERS, BABYSITERS, COMPANIONS, Nannies, chauffeurs. Licensed & Bonded. Residential & Commercial cleaning also available. No Fee \$16-292-1876 DONADO AGENCY

POLISH CLEANING SERVICE

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• WE CLEAN YOUR HOUSE, APARTMENT & OFFICE
Call: Janina 718-358-7541.

56 Child Care Wanted

CHILD CARE WANTED: In-home, 2 boys - ages 5 and 7. Car needed - Flexible hours needed to accommodate school schedule. Lite housekeeping. References required. (Day) 822-3354. (Evening after 7) 869-8723. 44

57 Child Care Available

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REAL ESTATE

62 Equal Housing

THE FAIR HOUSING AMENDMENTS Act of 1988 and Title VIII of the Civil Rights Act of 1968, which together make up the Fair Housing Act, provides protection against discriminatory housing practices based on race, sex, national origin, religion, color, handicap and family status.
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63 Real Estate Wanted

Professional couple pre-qualified for mortgage desires older victorian/colonial in quiet location. \$200K to \$400K. Any condition. Immediate Occupancy. Avail. 9 mo. principals only. 516-483-2966. 45

64 Homes For Sale

CUTCHOGUE NASSAU POINT
Waterfront with deep water dock. Gracious & spacious 2 story with 4 BR. & 4 Baths, LR w/fireplace. CAC. On landscaped acre. A home of distinction. \$550,000

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Distinctive sprawling colonial with an abundance of space & charm. Panoramic views, sandy beach, all on 2+ wooded acres. One of a kind. First offering \$850,000
Please Call for Full Brochure
MARION R. KING REALTY
734-5657 44

64 Homes For Sale

CUTCHOGUE - 100 feet bay/beach front, 4 bedroom, 4 1/2 baths, with boat house, panoramic views. Exclusive area, 2 fireplaces, in ground irrigation, 4 zone. O/H/W/H. Jacuzzi. Everything for \$795,000. Allstate Real Estate 734-5000. 43

GREAT NECK SADDLE ROCK SHOWPLACE. Basement, 5 bedrooms, den & gameroom. Upper \$500's. UNUSUAL HOME - doctor practice. 5 bedrooms big living/dining. Walk RR. Must sell. Value \$599,000. FREEDMAN 482-9121. 44

HICKSVILLE: Two story house-Newbridge Road-Large corner plot. Residential and/or professional use, large, two car garage. Low \$200's. Principals only. 516-935-3469. 44

64 Homes For Sale

OPEN HOUSE: Historic SCHENCK-MANN House. Syosset. Circa 1700. 222 Convent Road, 9-5 pm Friday, Saturday, Sunday Nov 5, 6, 7. Fully restored 4 bedrooms. Dutch Colonial featuring 5 fireplaces, beehive oven, hand hewn beams, beaded paneling, wide plank floors, antique hardware & fixtures, bullet-eye glass, stone foundation including original animal stalls. Set on 3.46 acres of mature trees & manicured grounds. Priced attractively at \$690,000. Additional 1 acre parcel with 1900 victorian barn also available. Principals only. 516-795-0501. 44

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64 Homes For Sale

LAUREL
Mint Colonial features L.I. Features/Pl. FDR, ELK, 4 BR, 2 1/2 bath, Prof. Landscaped. Dead end beach. \$319,500
LEWIS REAL ESTATE
516-296-6000 44
734-5533 765-5810

PORT WASHINGTON TERRACE: 4 bedroom, 2 bath, fireplace, furnished basement with bar. Possible M/D. 1 1/2 garage, fenced yard. \$239,900. 516-565-2313. 43

SANDS POINT OPEN HOUSE
SUNDAY 11/7-1-3 PM
180 Sands Point Road
2 new CAC, grandiose contemporary French - pool, 6 BR, 5 1/2 baths, 2 fireplaces, a car garage. All amenities. \$1,275,000
Sandsport RE 853-7780

64 Homes For Sale

WOODBURY: 4 Bedroom Ranch-finished basement-one+ acre of land. \$469K 674-1468; (nights) 692-7398. 45

65 Homes For Rent

GLEN COVE: 3 BR, 1 1/2 Bath Ranch. Fireplace, central air, all appliances Asking \$2,000. COVE REALTY 621-6161

GREENNALE: Mint 3 Br, 1 1/2 Bath, all appliances, 2 car garage Roslyn Schools \$1400. COVE REALTY 621-6161

MANHASSET: Mint 3 bedrooms, 1 1/2 baths. All appliances. Walk LIRR. \$1895/month including gardening. BLAICH REALTY 516-627-0120. 43

65 Homes For Rent

OLD WESTBURY: 3 bedroom, 2 bath fireplace. 2 acre setting \$2500. COVE REALTY 621-6161

SEA CLIFF: 4 BR, 2 Bath, fireplace, deck waterfront, garage \$1000. COVE REALTY 621-6161

69 Apts. For Rent

FLORAL PARK VILLAGE - Brand new, deluxe apts. Both have large rooms, w/w carpeting, A/C, petion, yard, storage space. Near shopping & transportation. 3 rms. \$900; 5 rms. \$1000. Owner 488-3314. 44

GLEN COVE: 2 1/2 rooms, newly renovated \$560 includes all. COVE REALTY 621-6161

REAL ESTATE

69 Apts. For Rent

GLEN COVE: Beautiful 3 Br. 2 Bath appliances. Dec. 1st \$1200.
COVE REALTY

621-6161

GLEN COVE: 3 bedroom, 2 car garage, laundry. \$950.
COVE REALTY

621-6161

GLEN HEAD: Beautiful 2 BR, carpeted, skylights, dishwasher \$1050.
COVE REALTY

621-6161

GLEN HEAD: 4 rooms, walk railroad \$995 includes all.
COVE REALTY

621-6161

PORT WASHINGTON: 3 rooms EIK. Walk RR \$650.
COVE REALTY

621-6161

PORT WASHINGTON: 2 BR apt. + garage \$985; Duplex Apt. \$1250; C/A/C Triplex \$1500. Many Others. SANDSPORT RE 883-7780.

44

PORT WASHINGTON: 2 Bdrm. 1 1/2 bath. Includes all. \$1600. Immediate. Open House Sat. Sun (11-6-7) 1-4, 22A Dunes Lane. COLDWELL BANKER-Richard 787-9290.

44

PORT WASHINGTON

\$1250 - 2 Bd., 2.5 Bth., LR, Din. Area.
\$1300 Incl. Heat - 2 Bd., 1.5 Bth. New Kitch.
\$1800 - 3 Bd., 2.5 Bth., LR, Garage;
AND MANY MORE APTS.
TOWN & COUNTRY
516-883-5200.

69 Apts. For Rent

ROSLYN Furnished 1 BR, East Hills area. \$850 includes all.
COVE REALTY

621-6161

ROSLYN ESTATES: 1 b. 3 room EIK W/W \$750.
COVE REALTY

621-6161

SEA CLIFF: Cozy 3 room cottage \$675 includes heat.
COVE REALTY

621-6161

SEA CLIFF: 3 1/2 rooms \$700 includes heat.
COVE REALTY

621-6161

SEA CLIFF: 1 BR, ground level. Suitable 1 \$595 includes all.
COVE REALTY

621-6161

SEA CLIFF: 2 1/2 Rooms water view, heat included \$610.
COVE REALTY

621-6161

WEST HEMPSTEAD: 1 bedroom, eat-in kitchen, 2nd floor. One person, non-smoker. No pets. Near all. \$600 includes everything. 481-0547.

44

77 Out of Town Real Estate

FLORIDA: Suwanee River - Rustic home 2200 square feet. 3 Bedrooms, 3 Baths, marble fireplace. 180 feet on river. \$135,000 904-542-7183.

44

FLORIDA: St. Petersburg. Water view, access. 2 Bedrooms, 1 Bath. 1.75 acres in St. Petersburg city limits. \$69,000 904-542-7183.

44

79 Property Taxes

PROPERTY TAXES CAN BE REDUCED by challenging your assessment. No fee unless successful. LINDA HELD, ATTORNEY 516-626-1587. 45

84 Offices For Rent

Prime downtown area. New modern building, 430-800 sq. ft. Rent concessions. Ample free parking.
671-3330 (9-6 PM)

GLEN COVE

Prime downtown area. New modern building, 430-800 sq. ft. Rent concessions. Ample free parking.
671-3330 (9-6 PM)

GREAT NECK: Modern office space 400 square feet. Excellent value. 516-829-9292. 44

GREAT NECK: Centrally located. 1/2 block from station. Furnished waiting room. A/C Per diem rental. Reasonable. 718-768-2461. 44

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Office for rent. Amenities include: Secretarial area, Telephone Receptionist, Library, Parking, Walk to court. From \$495/mo. includes utilities. Two months rent concession Contact Mr. Hirsch 488-8500

MANHASSET or PORT WASHINGTON: Dental/Medical space. 1600 square feet in prime medical buildings. Call Managing Agent. 466-0460. 43

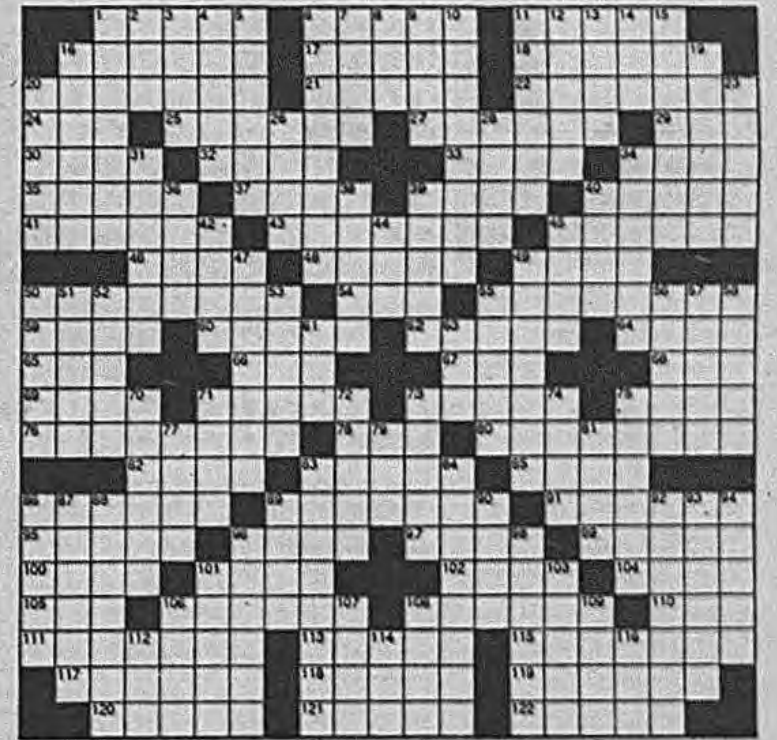
MANHASSET

Office space near LIRR. 275 ft. - 685 sq. ft. Parking. Full service building. Substantial rent concessions. 627-0906

PREMIER CROSSWORD / By Jo Paquin

Name Game

- ACROSS**
- 1 Proof-reader's mark
 - 6 Essential
 - 11 Crude wooden shoe
 - 16 Conditional release from prison
 - 17 Adult insect stage
 - 18 Sports compounds
 - 20 Abraham in Nebraska?
 - 21 Yucca-like desert plant
 - 22 Small crown
 - 24 Literary collection
 - 25 Sturdy fabrics
 - 27 English writer and social reformer
 - 29 Pixaline fish
 - 30 Army meal
 - 32 Actress
 - 33 Worth or merit, once
 - 34 Medieval lyric
 - 35 Bandleader
 - 37 Bagel
 - 38 Still sleeping
 - 40 Prepare the tea
 - 41 Dean Martin parties?
 - 43 Produce quickly
 - 45 Brings to an
- and**
- 46 Sister of Aesop
 - 48 Russian drink
 - 49 Weather forecast
 - 50 Nighthawk in Alabama?
 - 54 Freud's concern
 - 55 California trading center?
 - 59 Mother of Castor and Pollux
 - 60 Festive occasions
 - 62 Adopts a sulian
 - 64 Use an old phone
 - 65 Pierre's friend
 - 66 Author of Yutang
 - 67 Psych. org.
 - 68 Brazilian macaw
 - 69 Indecent talk
 - 71 Special point of view
 - 73 Greek island
 - 75 Harrow's rival
 - 76 A bit of Bermuda in New Zealand?
 - 78 Turkish officer
 - 80 Honeymoon spot in Colorado?
 - 82 One of the tides
- 83 Swimmer's hazard**
- 85 TV "Rendezvous" in Nevada?
 - 86 Funnyman Dangerfield
 - 89 Skycaps
 - 91 Becomes mature
 - 95 Fencing swords
 - 96 Impose a tax
 - 97 Chicago business district
 - 99 Breed of small, hardy cattle
 - 100 Crowd
 - 101 River in Yorkshire
 - 102 Thick slice
 - 104 Computer food?
 - 105 Son of Gad
 - 106 Quantity
 - 108 Kitchen gadget
 - 110 Title for Alec Guinness
 - 111 Oscar in Wisconsin?
 - 113 Clan
 - 115 Gread for rchas
 - 117 Seat in the chancel
 - 118 Souvenir
 - 119 Deduce or infer
 - 120 River to the Danube
 - 121 Baker's need
 - 122 Winged DOWN
 - 1 Variation of
- rummy**
- 2 Circle segment
 - 3 Cross
 - 4 Terry or Corby
 - 5 Kind of elbow?
 - 6 Iron chancel-ior in North Dakota?
 - 7 Andy's sidekick
 - 8 Made a lap
 - 9 Designer Cassini
 - 10 Explorer in Ohio?
 - 11 Dismissed from employment
 - 12 Jack-in-the-pulpit, for one
 - 13 Capital of Switzerland
 - 14 Yoko —
 - 15 Becomes snarled
 - 16 English playwright
 - 19 Naval constri'on m
 - 20 L of
 - 23 Piffais
 - 26 Tell it like —
 - 28 Drip out slowly
 - 31 Leader of the Canaanites
 - 34 Made amends
 - 36 French verb
 - 38 Overhanging
- roof edges**
- 39 Noted fabulist
 - 40 Like a fashion model
 - 42 Confess and implicate others
 - 44 Roofing slate
 - 45 Eccentric wheel parts
 - 47 Bivalve mollusk
 - 49 Kind of muscle
 - 50 Cube or card starter
 - 51 Proposition proved to be true
 - 52 State of being hated
 - 53 Of an ancient Greek city
 - 55 Assayer's cup
 - 56 Lariat
 - 57 French star Lesse
 - 58 African antelope
 - 61 Dancer Miller
 - 63 Rower
 - 70 Cannod
 - 71 Command to Flo
 - 72 Linger a while
 - 73 Ship of the desert
 - 74 Eternally
 - 76 Fled to wad
 - 77 Ant and Robert E.
 - 79 Narrow ship
- channel**
- 81 Arthurian lady
 - 83 A bit of England in Connecticut?
 - 84 Look for gold in the Nutmeg State?
 - 86 Charge a garment's length
 - 87 "Thais" and "Aida"
 - 88 Laughs at contemporously
 - 89 Andean country
 - 90 Only
 - 92 Tricky
 - 93 Formal announcement
 - 94 Delusion's partner?
 - 96 Young lord of the jungle
 - 98 Paste used in forecements
 - 101 Soap plant
 - 103 Angled edge of plate glass
 - 108 Biblical name; Douay
 - 107 Corner
 - 108 Kimono sashes
 - 109 — avis
 - 112 — Ann
 - 114 Labor org.
 - 116 Mus. direction to the performer



602 Average time of solution: 58 minutes

CRYPTOQUIP
 IT'S FASCINATING TO
 DS'L ABLYDGBSDGO SNBS SNH AKKSPBWW LSBX
 SRXGHJ ZDWKS PXRONS SNH BDXZWBQH DG EDSN
 B CHBS SKRYN JKEG
 Today's Cryptoquip clue: Y equals C

STUMPED? For answers to today's crossword, call 1-800-456-2300! 50¢ per minute, touch-tone / rotary phones. (18¢ only) A King Features service. NYO.



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Answer to Crossword Puzzle No. 60*

SODA VENOM CRIES WAIL
 INON AMARA HEAVE ALGA
 ACED NISEI RUMEN MOOD
 MEROITH LEI BRADBURY
 RUTS TERSE STOA
 HERSEY PURITAN ENURES
 OLIOS SER SIREAS AGENT
 LIMN ATONY EDGAR HARE
 DOE SPENSER RULED DOM
 STRACHEY MINUS LAPELS
 MOAN BESOM GERO
 CAVILS BENET CHANDLER
 ORO DINAR REPRESS ESE
 AETA ASSAM DEUGE VASE
 STELE FETID ASK NOSES
 TERETE DETRACTY FINEST
 ICER SCARE SIGN
 BENCHLEY HGT MICHENER
 UTAH EGOLE IRISH GAVE
 DADE RURAL SENAT UVEA
 SLAM STEEL TITLE YEND

Answer to Cryptoquip:
 WHAT SHOULD YOU DO WITH A NEWSPAPER ARTICLE ABOUT BEVERAGES? APTLY, YOU CAN POUR OVER IT.

Hicksville Comets Score

On Friday October 29, at 5:30 pm the Hicksville Comets Girls Varsity Volleyball Team played the Farmingdale Dukers, at Hicksville High School. The Hicksville Comets won the first game 15 to 5. The teams played the best 3 out of 5 games. The Hicksville Comets are in first

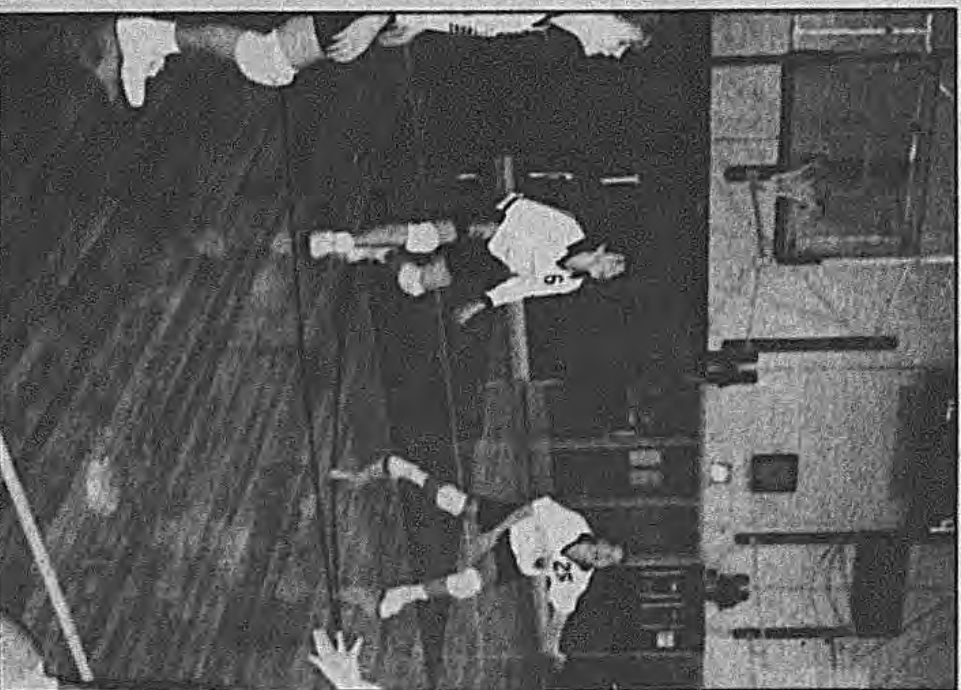
place. Varsity Volleyball team members include Grace Troopallo, Nikki Franchino, Lynn Myron, Kristy Haley, Jennifer Schwarz, Danielle Rasmontok, Erin Mitchell, Erin Bartley, Jennifer Sullivan and Debbie Drew, Michelle Zaffino, Larra DeAngelis and Katie Tower.



Coaches Russel Villalita and Barbara Feerstein watch the Hicksville Comets score from the edge of the court.



Hicksville Comets play the volleyball over the net. They won the first game 15 to 5.



It was an action-packed game against the Dukers. The teams played the best three out of five games.

Bank Sponsors Syosset Road Race

Applications are now available for the 12th annual "Syosset Spring," a four-mile road race to be held on the streets of Syosset on Saturday morning, Nov. 20. The event is being sponsored once again by The Long Island Savings Bank under the direction of the Plainview-Old Bethpage Road Runners Club. Additional support is being provided by The Athlete's Shop of Woodbury.

This year's Sprint features an entirely new four-mile course, starting and finishing at Syosset High School on wide streets through beautiful Syosset and Laurel Hollow. The starting gun will go off promptly at 9:30 a.m.

The entry fee is \$10 for pre-registered runners and \$12 for those who register on the day of the race. High quality T-shirts bearing the distinctive emblem of "Randy the Rodent," the official mascot of the Sprint, will be given to everyone who enters. The 1993 edition of the Syosset Sprint will once again feature a giant digital clock and place display at the finish line. Time splits will be given at each mile marker, and police traffic control will be provided throughout the race.

The new Syosset course was professionally laid out and accurately measured by David Katz of Finish Line Promotions, and was specifically designed to show off Syosset at its best! The course is USATF certified and the race itself is USATF sanctioned, so that personal times achieved in the Sprint may be used as qualifying times for TAC events throughout the county.

Runners of all ages and abilities are welcome to compete, and it's an especially good opportunity for novices who are looking for a relatively easy, low key race to start out in. FOBRRC will once again be offering a free baby-sitting service for those moms and dads who are competing in the race.

The course record of 14:29 is held by Jim Flynn of Garden City and the women's course record of 17:12 is held by Nina Zolb. Top performances in the masters' (over 40) category have been turned in by Ted Heiman (16:03) and Patsy Lee Farnable (18:32). Andy Whitney of the New York Athletic Club was the winner of the 1992 edition of the race, and Massequa speedster Jeanna Peterson won the

women's division, as a total of 773 runners and walkers crossed the finish line.

Awards will be presented to the top three male and female finishers in each of 13 age categories, through "70 and older." Special awards will also be awarded to the top three male and female open and master's teams, and to the top male and female finisher overall. There will be a special division for wheelchair athletes, a special division for race walkers, and special awards will be presented to the top "City-Scdale Runners" — males in the 180-199 and 200 plus weight groups and females in the 140-159 and 160 plus weight groups.

SPORTS SHORTS

Sports Memorabilia Auction

The Big Brothers/Sisters of Nassau County has scheduled its 5th annual auction for Friday evening November 19 at Levittown Hall in Hicksville. There will be approximately 150 pieces of artwork. They will also auction off authentic sports memorabilia including autographed NY Islander hockey equipment, NY Giants

Instead of the usual trophies or plaques, all award winners will receive special commemorative Syosset Sprint Nylon jackets.

All participants will be eligible for the giant post-race merchandise raffle, courtesy of "The Athlete's Shop" of Woodbury, and there will be ample post-race refreshments for everyone.

Everyone is urged to bring canned or dry packaged food (no bottles) to registration for "Long Island Care." Help someone have a Happy Thanksgiving!

For race applications or for more information call FOBRRC President Mike Polansky at (516) 433-0919.

and Jets football equipment, as well as other sports items such as a stereo system.

Ice Skating At Cautledge

The indoor ice skating rink at Cautledge Park in Hicksville is now open. The schedule is as follows:

*10 A.M. to 12 P.M. Monday through

(continued on page 6)

Part Two of the Mid Island Times,
Syosset Advance, Williston Times,
New Hyde Park Herald Courier,
Bethpage Newsgram, Jericho News Journal,
Great Neck News and The Garden City News



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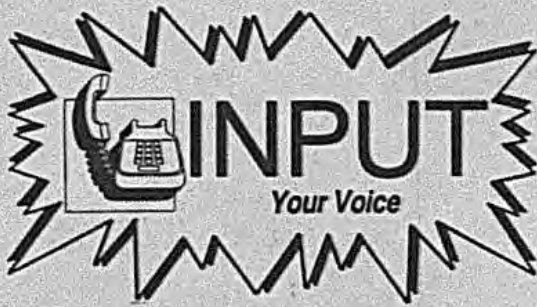


Friday, November 6, 1983

Getting Along



SEE PAGE 3



THE QUESTION OF THE WEEK

Should voting be made mandatory as it is in Australia?



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a Day

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4. Leave your name and telephone number, or simply use a pen name (your message can be anonymous).
5. Publishers reserve the right to edit, modify or omit any and all material.

Mixed Ideas On TV Violence Controls

Callers were mixed on whether the government should do something to curtail violence on TV in answer to this question: "Do you think the government should set limits on violence on TV?" Here are some of the answers:

GOVERNMENT NEEDED

Yes, given the form many TV programs take I think we must have some form of limits on TV. The stations themselves seem unable to do anything about cutting down the violence and the sex scenes on TV. Since they have not taken action then the government will have to do so. M.F.

GOVERNMENT INTERVENTION

Because TV stations are licensed and cable companies generally have a monopoly franchise there is reason to believe that the government should intervene where programs are over the limit on both sex and violence. It is all right to say that you can just turn to another program but why not say that some of the TV producers who are unable to live up to the standards of our society should find other jobs. There is a big difference in limiting what goes on on TV compared to what will be the work of some small theater company. "TV is in our face" and even though we hear the people who have the controls crying for their rights, they have a protected monopoly and they have been granted the rights to airwaves which no one else can use. In the print medium this is not the case because anyone who wants to can begin publishing without a license. When the First Amendment was written there was no thought that the government would grant mutually exclusive licenses because radio and TV were unknown. The radio and TV media want it both ways. L.K.

ANOTHER CONTROL

I firmly disagree. This is another form of censorship. I believe that the government should insist that violent shows be aired after 8 p.m. and the parents have the obligation of policing their family. I either change the channel or rent suitable tapes. I grew up in a family where we policed the show and not the government. We did the same thing with our kids. Parents should be parents not the government. A.G.

NO EASY ANSWER

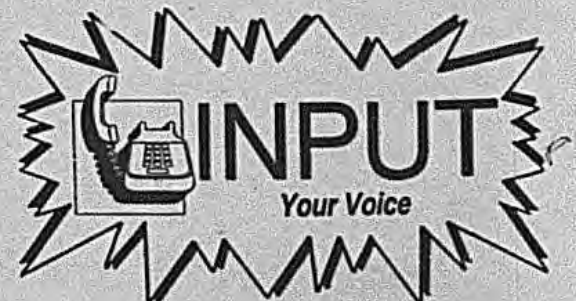
This is a problem that cannot be answered too easily. Yes, there is too much violence on TV, but if we set up a board to limit it, who will set the limits and by what standard? It is hard to know the answer. The answer might be for parents to do the censoring but then we come to the fact that not all parents are going to do much. We have by-passed parents decisions on various health items because we did not trust them to do their jobs. If we have some kids learning violence from TV, they will have an effect on those children from homes where parents are vigilant. And this is true of sex as well. We have great problems from unbridled sex and the effects have been on those where the parents care as well as where they do not. And in addition, violence and sex on TV have some effect on adults. I think the TV stations should get together controls on their own. J.N.

ATTORNEY GENERAL

I was surprised to hear that Attorney General Reno was in favor of government clamping on violence on TV because I thought she was a liberal. I am not liberal but I am afraid of the government controlling what we can see. The reason is that any board set up to do this work will expand and finally the government will be censoring for political reason what they want us to see and believe. There is not enough good to be derived from government control of anything. C.V.

GONE TOO FAR

Needless to say, there are various types of violence many of which depict acts which have really taken place and in a sense, historic and on which a TV news item is definitely warranted and often desired to fulfill the message of the photo. Then there is the type of depiction which is promoted to appeal to the senses of the viewer, often a desire for violence. As we know, much of the attraction for the latter is based with young viewers who are more concerned with the sensationalism involved than in the virtue or morality of the action. Personally, I feel that the exhibitionism involved has gone much too far and that the government should set limits on TV violence. P.G.S.



DINING GUIDE

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By Richard Nalley

Merlot — the red-hot red wine of the moment — hits the pleasure buttons. This is a wine with nearly the richness and structure of Cabernet Sauvignon, but more pure juiciness and red-fruit savor. All of a sudden — or so it seems — there is lots of Merlot around, including a whole new array of wines in the \$10-and-under bracket.

The question, of course, is whether these affordable wines can provide the kind of supple, velvety, black cherry/berry, fruity essence that makes pricier Bordeaux and California Merlots so popular. A few years ago, before plantings increased in California, the South of France and elsewhere, this would have been very doubtful. There simply weren't enough good Merlot grapes to go around.

Now, it's far less doubtful. The rising popularity of Merlot has encouraged more growers and wineries to give the grape serious attention, and they have more Merlot grapes than ever before to choose from. As wineries gain experience, and growers gain knowledge about vineyard sites and techniques, we can expect this quality curve to maintain a steady rise for years to come.

Best of the \$10-and-under Merlots previously reviewed: Columbia Crest 1990, Chateau Souverain 1990, Buena Vista 1990, Bel Arbors 1990, M.G. Vallejo 1991, (Imported) Michel Cravate 1990 Merlot (France), Concha Y Toro 1990 Merlot (Chile).

Recently sampled affordable Merlots, all currently available and priced at \$9 or under, except as noted: The French brought Merlot to prominence (in Bordeaux), and

WINE TALK

What's hot: Affordable Merlots

closer to generic red in flavor than to Merlot, it's still a tasty drink it seems logical that they would have a touch with the grape even at this price level. The best of them have a medium-bodied grace that doesn't sacrifice flavor intensity.

A warm, spicy, luscious wine like the B&G 1992 Merlot, Bordeaux, proves that you don't have to have a high alcohol level (12 percent here), a massive extraction or a prestige price tag (6 bucks) to make a satisfying wine. This one should cover the range of Merlot food affinities, from duck breast to shish kebab to a smoky chicken and bacon sandwich.

Another wine with a classy feel to it is the Domaine du Mas de Saint Remy 1992 Merlot from the big shipping house of Prosper Maufoux. It lacks the flavor appeal of the B&G, but it is generous and well-balanced, a winner with my snack of sausage and mushroom pizza.

The Fortant de France 1991 Merlot is a sound, clean wine that manages some of Merlot's texture quality but lacks the flavor interest of the wines above. A great deal is the Domaine Caton 1992 Merlot, imported by Monsieur Touton. It's about \$5 a liter and, if it's a bit with a nice lick of oakiness.

California Merlots at the \$10-and-under price range generally lack the richness of the state's more expensive Merlots, a fact that can be both good and bad. With its robust fruit qualities and roundness, Merlot doesn't need a lot of alcohol and extract to be appealing. Indeed, it matches better with more foods because it doesn't have them to excess. On the other hand, if the inexpensive wines lack charm and flavor interest, a little richness can cover a

multitude of sins. A wine that manages to have it both ways is the Napa Ridge 1990 Merlot, North Coast, for \$9.50. It's got a lovely medium-bodied feel to it, with lots of pretty fruit and a smoky, roast-coffee quality that probably comes from its barrel treatment.

Less exuberant in its flavors but balanced and smooth is the Mirasou 1991, Central Coast. For around \$6, the Vendange 1992 Merlot, California, has a nice, straightforward shot of cherry fruitiness, while the Cook's 1991 Captain's Reserve Merlot carries an aroma of fresh-shaved oak and is tasty enough but probably won't keep its freshness for much longer.

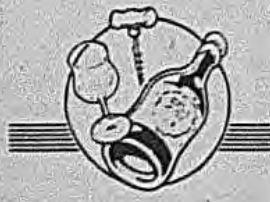
Chile is providing some of the best red wines around these days, though I generally find that I like the Chilean Cabernet Sauvignons better than the Merlots. A good one is the Errazuriz 1992 Merlot, Maule Valley, a medium-bodied wine with a fairly lean feel to it and a black pepper spiciness mixed in with the varietal cherry/berry fruit.

The Carmen 1990 Merlot, Maipo Valley, Chile, started off with some very ripe fruit, but you get the feeling that they played it safe at the winery. What they ended up with is a wine that is more clean and stable than flavorful.

Two Italian Merlots tasted recently both somehow came across as Italian Red Wine — you couldn't mistake the familiar taste — rather than Merlot, perhaps because of their wood treatments. The Bolla Piave Merlot 1992 is on the lighter side and fruity, with that Italian woody, spicy quality, while the Torresella 1990 Merlot is a straightforward, decent generic red.

PICK OF THE WEEK

Caymus 1990 Cabernet Sauvignon, Napa Valley (\$20). Want to taste the epitome of fine California Cabernet Sauvignon? You could spend a lot more and not get the pleasure and satisfaction you'll have from this generous, medium-rich wine with a wonderful smokiness to set off its ripe fruit quality and a lovely aftertaste of oak and black cherry. It is so delicious right now that most buyers probably won't give it the extra 10 years cellaring time it will reward.



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If the wine is bad, send it back

By Carol Cutler

As people who have wine with dinner most evenings, my husband and I have been coming across more and more bad bottles of wine. You open it, smell it — hmmm. Taste it — ugh. When you're home, you can open another bottle, hoping for better luck.

There is a troublesome reason for this lack of reliability. It's the corks. Winery owners are groaning from France to California to Australia. As more and more wine is being produced around the world, there is less and less good-quality cork to go around. In fact, much experimenting is being done to use other materials to seal the bottles.

But suppose you are in a restaurant, worse still, have guests with you, and the bottle isn't right. What should you do? How do you do it discreetly?

The answer will, of course, change with every scenario — the quality and reputation of the restaurant, the professionalism of the waiter or wine steward and, most importantly, your own level of expertise.

Everyone knows about wine snobs who will complain about a perfectly sound bottle. These silly people think they are impressing everyone with their superior oenological knowledge. Restauranters know how to handle them tactfully, usually by swallowing the cost of another bottle of wine and enjoying the first bottle themselves.

But if you are convinced that the wine should be sent back, don't be confrontational. "This wine is awful" does not get a sympathetic response from the wine steward. After all, it is his job to open the bottle carefully, smell the cork and, in fine restaurants, take a small taste of the wine before serving it.

It is a much better tactic to get him on your side: "This wine seems to be a bit off. What do you think?" Now the wine steward has to really taste it carefully. You have put him on the spot. If he finds any off notes, he will replace it.

Suppose those in charge stand pat and insist that the wine is sound. Don't back down: "I still think it is an off bottle and won't drink it. I'll pay for another bottle, if I have to." With such a firm stand, you probably won't have to pay for the second bottle.

What are some of the things to look for when judging a bottle of wine? The words one hears all too often these days are "corked" or "corky." This means that the wine was spoiled by a bad cork. It can happen to any wine if a faulty cork was used. You will not get a winey, fruity smell, but a flat, musty and unpleasant odor.

In fact, let your nose guide you on deciding if the wine is good or not. There are many other ailments that can befall a bottle, and each has a technical name. But without exception they will all have a disagreeable smell. If you are not 100 percent sure about the wine, swirl a little in the glass to allow it to aerate. Any defects will be magnified by the oxygen.

After the waiter has replaced the bottle, hopefully gratis, taste the second one just as carefully. Someone in charge will have already done that to avoid further embarrassment. You can always say something like, "Thank you, that's the wine I remember."

When you are home and the bottle is not quite right, it does not have to go down the drain. If it is really off, then yes, turn it into vinegar or chuck it. But if it is only slightly off, you can still cook with

it. No delicate sauces, of course, but a hearty stew of chicken in red wine can handle it nicely.

POIRES AU VIN ROUGE

(Pears Poached in Red Wine)

1 quart red wine
2 1/4 cups sugar
1 small lemon, thinly sliced
1/4 teaspoon cinnamon
8 pears of good quality
1 lemon, cut in half
Yields 8 servings.

In covered enameled pot, simmer wine, sugar, lemon and cinnamon for 20 to 25 minutes.

Meanwhile, peel pears, leaving stem intact. Remove a slice from bottom so pears will stand up solidly.

As soon as each pear is peeled, rub it with cut lemon, and drop it into bowl of cold water. When syrup is ready, place pears in boiling liquid, cover and cook slowly until they can be easily pierced with knife but are still slightly firm.

Pears will continue to soften while cooling in hot syrup. Whole pear should cook in about 30 to 35 minutes, depending on its ripeness and size.

While pears are poaching, turn them often so they will be evenly colored by red wine syrup.

When pears are done, place them in serving dish that also will hold sauce. Boil wine syrup down briskly to half its volume. Strain syrup and pour over pears. Chill well. Spoon a little of the syrup over each pear.

DINING GUIDE

AGE 5A 71-day, November 8, 1993 READER RATINGS



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Fried Jumbo Shrimp with Tartar Sauce
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Broiled Filet of Fresh Boston Scrod

Mashed Potatoes and Zucchini

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Along with his daily specials, Alain will be preparing Venison, Quail, Grouse, and Pheasant for the Fall and Winter Months.

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featuring a special holiday menu in addition to our regular menu.

DINING GUIDE

HOME ENTERTAINING

If the wine is bad, send it back

By Carol Cutler

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KITCHEN KIDS



By Rena Coyle

Favorite fare for bake sales

Whether it is your child's school or the community church, bake sales are a fun and successful way to make fund raising a family affair.

Children can get into the action right from the start. Your kids can help plan which recipes your family will bake and donate, then quickly change their hats to design the posters and signs.

When deciding on a recipe to make for a bake sale, choose one that is already known and popular. Any of these recipes — Chewy Oatmeal Raisin Cookies, Chocolate Chip Cookies or Crispy Granola and Fruit Bars — will be recognized by children as well as adults. Most often, familiar baked goods are those purchased first. The big exception would be if you are known in your community for a particular recipe.

All three recipes given here are good bake-sale items. They are easy to make, can be done in advance, and best of all, your kids can get in on the action.

Both the Chocolatey Chocolate Chip and Chewy Oatmeal Raisin Cookies are perfect to make with your youngest children. The recipes are simply measured and mixed, then the most fun when scooping and dropping the dough onto the baking sheets.

The Crispy Granola and Fruit Bars have several different steps that make them a better recipe to prepare with older children. There are three completely different steps in making this cookie.

Though each step is simple, without constant supervision, younger children might have trouble following the recipe by themselves.

Bake sales are a great way to get your children involved with their community.

CHOCOLATY CHIP COOKIES

- ½ cup butter
- 1½ cups packed brown sugar
- 1 tablespoon water
- 1 teaspoon vanilla
- 2 eggs
- 1½ cups flour
- ½ cup unsweetened cocoa
- ¼ teaspoon baking soda
- ½ teaspoon salt
- 1½ cups chocolate chips
- 1 cup walnut pieces

Yields 3 dozen.
Preparation time: 20 minutes.
Baking time: 18 minutes (7 to 9 minutes per cookie sheet).

Utensils: measuring cups and spoons, 2 mixing bowls, electric mixer, 2 cookie sheets, tablespoon, oven mitts.

Place rack in center of oven. Preheat oven to 375 F.

In one mixing bowl, cream butter and sugar together until smooth. Add water, vanilla and eggs. Blend in slowly.

In remaining bowl, combine flour, cocoa, baking soda and salt.

Add flour mixture to butter mixture, half at a time over low speed. Once flour mixture is completely blended, add chocolate chips and nuts.

Drop, heaping tablespoonfuls of dough onto cookie sheet, leaving 2 inches between cookies. Put on oven mitts and carefully put one sheet in oven, bake for 7 to 9 minutes. With mitts, remove sheet and let cookies cool for 5 minutes on pan. Put second cookie sheet in oven to bake. When second batch is done, turn off oven. After both cookie sheets are cooled, pack in shallow airtight containers.

CHEWY OATMEAL COOKIES

- ¾ cup butter
- 1¼ cups packed brown sugar
- 1 egg
- ½ cup milk
- 1½ teaspoons vanilla
- 3 cups quick oats, uncooked
- 1 cup flour
- ½ teaspoon baking soda
- ½ teaspoon salt
- ¼ teaspoon cinnamon
- 1 cup chopped pecans
- ½ cup raisins

Yields 2½ dozen.
Preparation time: 20 minutes.
Baking time: 20 minutes (10 minutes per cookie sheet).

Utensils: measuring cups and spoons, 2 mixing bowls, electric mixer, tablespoon, 2 cookie sheets, oven mitts.

Arrange baking rack in center of oven. Preheat oven to 375 F.

In one bowl, cream together butter and sugar until light and smooth. Add egg, milk and vanilla and blend.

In another bowl, combine oats, flour, baking soda, salt and cinnamon. Add this mixture to butter mixture, half at a time on low speed. Stir in nuts and raisins.

Drop heaping tablespoonfuls of batter onto baking sheets. With mitts, carefully place one pan in the oven, bake for 10 minutes. Once baked, with mitts, remove pan and set on heat-proof surface to cool. Bake second pan of cookies. Once all cookies are baked, turn off oven. Let cookies completely cool before packing them in shallow airtight container.

CRISPY GRANOLA AND FRUIT BARS

- Crust:**
- 1 tablespoon shortening
- 1 cup butter
- ¾ cup sugar
- 2 tablespoons water
- 2½ cups flour
- ½ teaspoon salt
- Filling:**
- 1½ cups raspberry jam
- 1 cup raisins
- 1 cup semisweet chocolate chips
- Topping:**
- ½ cup honey
- ¼ cup butter
- 1½ cups quick oats, uncooked

- 1 cup unsweetened flaked coconut
 - ½ cup sliced almonds
 - ½ cup pecan pieces
- Yields 3 dozen.
Preparation time: 25 minutes.
Total baking time: 35 minutes.
Utensils: measuring cups and spoons, paper towel, 13x9x2-inch baking pan, electric mixer, 2 mixing bowls, saucepan, large mixing spoon or rubber scraper, oven mitts.

Arrange oven rack in center of oven. Preheat oven to 350 F.

To prepare crust, daub shortening with paper towel and rub it evenly over sides and bottom of pan. Set it aside.

Cream butter and sugar together. Add water, flour and salt and blend on low speed until mixture is well blended and crumbly. Press it evenly into baking pan. With mitts, carefully place it in oven and bake for 15 minutes.

In the meantime, combine jam, raisins and chocolate chips together. Set aside.

To prepare topping, heat honey with butter in small saucepan over medium heat. Once butter has melted, add oats, coconut and nuts.

Once crust is baked, carefully remove pan from oven with mitts. Let it cool for 5 minutes, then spread jam filling evenly over crust. Top with oat mixture, covering entire surface. With mitts, carefully replace baking pan in oven and bake for another 20 minutes, or until light brown.

Once baked, turn off oven and, with mitts, remove pan. Cool completely before cutting into bars about 2x1½ inches each.

OAT-NUT RAISIN BITES

- 1 cup chopped raisins

- ½ cup apple juice
 - 2 tablespoons light-brown sugar, packed
 - 1 teaspoon all-purpose flour
 - ¼ teaspoon ground cinnamon
 - ½ cup chopped walnuts
 - ½ cup butter OR margarine, softened
 - ½ cup light-brown sugar, packed
 - 1 teaspoon vanilla
 - ¾ cup all-purpose flour
 - 1 teaspoon baking powder
 - 1½ cups quick-cooking oats
- Yields 18 to 20 bars.
Preparation time: 10 to 15 minutes (plus cooling time).
Cooking time: 9 to 14 minutes.
Oven setting: HIGH (100 percent power).

In 4-cup glass measure, combine raisins, apple juice, 2 tablespoons brown sugar, 1 teaspoon flour and cinnamon; stir. Cover with plastic wrap and microwave 2 to 4 minutes, stirring every minute, until thickened. Stir in ½ of nuts and set aside.

In large mixing bowl, cream together butter or margarine, brown sugar and vanilla. Combine flour and baking powder; add to creamed mixture, mixing well. Fold in oats and remaining walnuts.

Divide oat mixture in half. Lightly press ½ of mixture into bottom of 8-inch round glass pie plate. Microwave 3 to 4 minutes, or until surface is no longer moist and mixture is set.

Spread raisin/nut mixture evenly over top, then spoon remaining oat mixture over raisin filling, pressing in lightly.

Microwave 4 to 6 minutes, rotating dish ¼ turn every 2 minutes, if necessary. Let stand on heat-proof surface to cool, then cut into bars. Store in airtight container.

KITCHEN HINTS

How to bone a chicken breast.

Save money by learning to bone your own chicken.

1. Remove skin and place breast skin side down. With tip of knife, remove membrane covering breastbone. Pick up breastbone with both hands and press back on ribs to break them away from bone, which will pop out. Pull out breastbone, including cartilage.
2. Cut away ribs, using tip of knife to make cuts as close to ribs as possible, or use fingers to work meat free from bones. Work wishbone free with hands. Split breast in half, removing tough membrane lying along breastbone.
3. To remove white tendon on small muscle of each half, place tendon side down and hold end with fingernail. Hold knife vertically and scrape from end of tendon toward meat.
4. Trim breast halves into neat fillet shape.

Source: "Cooking A to Z" (California Culinary Academy).



DINING GUIDE

After Work
Gourmet

DINING GUIDE

Friday, November 6, 1993 READER SERVICES



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(1 block n/o Old Country Road)

LENTIL TAPENADE
1 cup lentils, rinsed and sorted
2 1/2 cups vegetable broth (home-
made or canned)
2 tablespoons chopped garlic
2 tablespoons sun-dried toma-
toes packed in oil, drained
and patted dry, slivered
1 tablespoon olive oil
3 tablespoons drained capers
1/4 cup Kalamata olives, pitted
and coarsely chopped (see
note)
2 tablespoons fresh lemon juice
Salt and freshly ground pepper
to taste
1/4 cup finely chopped fresh Ital-
ian parsley
Additional chopped fresh Ital-
ian parsley
1 thin lemon slice
Yields 1 quart
Drain and rinse the lentils.
In large saucepan over medium
heat, combine lentils, broth, garlic
and tomatoes. Simmer until lentils
are cooked, 30 to 45 minutes; set
aside to cool.
Place all ingredients from
saucepan in food processor, and
process for 30 seconds, scraping
down sides several times. Add oil,
capers, chopped olives, lemon
juice and salt and pepper to taste.
Process until smooth, scraping
down sides several times. Add 1/4
cup parsley and pulse several
times to blend.
Transfer tapenade to serving
dish. Garnish with lemon slice and
parsley around lemon. Serve with
toasted French bread, fresh pita
bread or pita chips.
Note: Kalamata olives can be
found in deli or gourmet sections of
most supermarkets.

LIME MARINADE
1 tablespoon grated lime
peel
1/2 cup lime juice
2 tablespoons olive or salad
oil
1/4 to 1 teaspoon salt (to
taste)
1/4 teaspoon cracked black
pepper

Green Onion-Soy Marinade:
1/4 cup thinly sliced green
onions
1/2 cup reduced-salt soy
sauce
2 tablespoons brown sugar
2 tablespoons dry sherry
1/4 teaspoon ground ginger
2 cloves garlic, finely
minced

Each recipe yields about 1/2 cup.
For either marinade, mix
ingredients together. Each recipe
will marinate 2 pounds of fish
steaks.

Marinate fish at least 2 hours in
refrigerator, turning pieces over
occasionally to coat evenly. Left-
over marinade may be used as a
baste during grilling.

BARBECUED SHRIMP
2 tablespoons olive oil or
margarine
1/4 teaspoon curry powder
1 clove garlic, finely minced
Salt and freshly ground
black pepper to taste
1/4 cup minced parsley
2 pounds large raw shrimp,
peeled and deveined

Yields 6 servings.
Mix oil or margarine with curry
powder, garlic, salt, pepper and
parsley.
Divide shrimp equally on 6 pic-
ces of heavy-duty aluminum foil.
Top with equally divided portions
of herb mixture, about 1 table-
spoon on each. Bring foil up
around shrimp; seal tightly.
Place shrimp directly on hot
coals. Cook 5 to 7 minutes. Serve
in foil packages.




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Vegetarian View



By Maureen Clancy

Like bell-bottoms, Birkenstocks and good ol' Arnold, dips are back. The darlings of the '60s — onion soup mix and sour cream, spinach and tuna — became declassés in the '80s, perfunctory partners to potato chips and jicama sticks. But economic realities and health concerns have put updated dips back on the table in dizzying variety.

Dips offer good value, relying on inexpensive ingredients and crackers or raw vegetables to complete the package. They're easy to make, many are one-step, food processor preparations. They're versatile, performing equally well as silver-tray hors d'oeuvres or lunch-box nibbles.

And now, some of them are low-fat and reduced-calorie, too.

"I started looking at favorite dip recipes to serve during cocktail hour at the inn," said Julee Rosso, co-author of the immensely popular Silver Palate cookbooks published by Crown and now proprietor of the Wickwood Inn in Saugatuck, Mich.

"Suddenly I realized that I just couldn't keep giving people mayonnaise, sour cream and cream cheese all in the same dip. I needed to rework recipes. I wanted to help all the people who know what they're supposed to eat but don't know how to do it."

In her new cookbook, "Great Good Food" (the first she's written solo, also published by Crown), Rosso presents low-fat, reduced-calorie dips that incorporate the popular flavors of the day.

Many of the dip recipes use what Rosso calls Low-Fat Blend, a simple mixture of nonfat plain yogurt and low-fat or nonfat cottage cheese, which makes a palatable substitute for sour cream.

"I was tinkering with the raspberry mousse recipe one day, trying to lighten it up," Rosso said. "I hate cottage cheese, so I don't really know what made me blend it with yogurt, but I was futzing around in the kitchen and came up with this low-fat blend."

(Rosso later acknowledged that this was not a ground-breaking discovery; she said many people she has met on her book tour have said they prepare the same mixture.)

In the new book, Low-Fat Blend shows up in waffle batter, mousses, baked goods and such classic sauces as horseradish and mustard.

"Its purpose is to give creaminess to a dish, not flavor," Rosso said. "There really is no flavor."

VERSATILE MIX

But she ticked off the items to which it gives a wonderful richness: classic sour cream coffee cake, broccoli and sorrel soup, to name a few.

Rosso doctored other dips and spreads in different ways. "Great Good Food" tapenade, for example, uses cooked lentils to cut down on the black olive puree in the

traditional recipe.

"Olives are pure fat; that's why there's olive oil," Rosso said. "The lentils give body and cut down on both the fat and the saltiness."

The tapenade recipe in the original "Silver Palate Cookbook" calls for ¼ cup of olives, oil-packed tuna, olive oil and homemade mayonnaise. The streamlined tapenade in "Great Good Food" includes lentils cooked in vegetable broth, sundried tomatoes and only 1 tablespoon of olive or anchovy oil.

Last year, "The Silver Palate Cookbook" celebrated its 10th anniversary. With co-author Sheila Lukins, Rosso also wrote "The Silver Palate Good Times Cookbook" and "The New Basics Cookbook." The pair went their separate ways in 1992.

SOME CONTROVERSY

"Great Good Food" is selling very well. However, some food professionals have taken issue with Rosso's style and accuracy. And in a *New York Times* interview, Mark Bittman, executive editor of *Cook's Illustrated Magazine*, said he found inaccurate preparation times, misleading nutritional information and unsatisfactory taste results in the book.

However, the recipes we tested for this story were accurate, easy to follow and turned out very tasty dishes.

A colorful basket of crudites and dips is the perfect centerpiece for a party table. These recipes are adapted from "Great Good Food."

PESTO DIP

Broccoli Pesto:

4 cups chopped broccoli florets
1 cup vegetable broth (homemade or canned), plus extra if needed

4 garlic cloves, peeled
1 cup tightly packed fresh basil leaves

¼ cup lightly toasted almonds
¼ cup grated Parmesan cheese
¼ teaspoon salt

1¼ cups Low-Fat Blend (recipe follows)

¼ cup low-fat sour cream
Tabasco or other pepper sauce

Prepare broccoli pesto: In large pot, steam broccoli over broth for 5 minutes, until tender. To remaining liquid add broth to measure 6 tablespoons if necessary.

With food processor motor running, drop garlic into work bowl. Process until garlic is minced. Scrape down sides. Add basil and almonds and process until finely chopped. Add 2 tablespoons of cooking liquid and process until smooth. Add broccoli, Parmesan, salt and remaining cooking liquid. Process until very smooth, scraping sides frequently.

This makes about 2¼ cups pesto; store in covered container in refrigerator until ready to use.

To make Pesto Dip: Whisk Low-Fat Blend and ½ cup broccoli pesto, sour cream and Tabasco or pepper sauce until well blended. Chill and use as a dip for vegetables.

After Work Gourmet



By Sharon Achatz

Winning ways with chicken wings

Many chicken wing recipes call for the wings to be deep-fat fried — a time-consuming process that takes these tidbits out of the reach of most hurried chefs.

Following, however, are recipes that call for the wings to be baked in the oven rather than fried, which leaves the chef free to use that time to prepare side dishes — or do whatever else needs tending after a day at work.

This way with wings also lowers fat content. It also helps to serve up the wings with side dishes low in fat — such as simply steamed rice and raw or steamed vegetables.

Sesame Chicken Wings, for example, pair well with a stir-fry dish — either a frozen bag of variety vegetables, or a do-it-yourself creation of your own favorites lightly seasoned with soy sauce.

Sweet 'n' Sour Wings — which are super easy to prepare because the recipe relies entirely on convenience foods such as bottled salad dressing and preserves — pair well with rice, canned pineapple chunks and a steamed vegetable such as broccoli.

Crispy Mustard Wings, coated with flavorful glaze and then dipped in cornflake crumbs, are delicious when served with steamed vegetables or a crisp salad.

Spicy Chicken Wings are excellent served up with crudites such as sliced carrots and celery sticks, along with blue cheese dressing for dipping both the vegetables and the wings.

To make meal preparation even easier, purchase the wings already separated at the joint — either from the butcher or in freezer packs.

SESAME CHICKEN WINGS

¾ cup baking mix
¼ cup sesame seed
1 teaspoon paprika
¼ teaspoon salt

¾ teaspoon dry mustard
1 egg
1 tablespoon milk

3 tablespoons margarine (divided use)
2 pounds chicken wings
Yields 4 servings.

Preparation time: 40 to 45 minutes.

Preheat oven to 425 F.

On large plate, mix together baking mix, sesame seed, paprika, salt and mustard; set aside.

In bowl, mix together egg and milk; set aside.

Coat 9x13-inch baking pan with 1 tablespoon margarine. Dip chicken pieces into egg mixture; coat with sesame seed mixture. Arrange pieces close together in prepared pan.

Melt remaining margarine and drizzle over chicken.
Bake 30 minutes or until brown and crisp.

SWEET 'N' SOUR WINGS

1 (8-ounce) bottle Russian salad dressing

1 (1.2-ounce) envelope onion soup mix

1 (12-ounce) jar apricot preserves

2 pounds chicken wings

Yields 4 servings.

Preparation time: 35 minutes. Preheat oven to 375 F.

In medium bowl, mix together all ingredients except wings.

Arrange chicken pieces close together in 9x13-inch baking pan; pour sauce over chicken to evenly coat.

Bake 30 minutes or until tender, stirring occasionally.

CRISPY MUSTARD WINGS

¼ cup mustard

¼ cup vegetable oil

2 pounds chicken wings

1 cup cornflake crumbs

Yields 4 servings.

Preparation time: 35 to 40 minutes.

Preheat oven to 400 F.

In large bowl, combine mustard and oil. Add wings, tossing to coat evenly. Dip wings into cornflake crumbs. Place on rack in roasting pan.

Bake 30 minutes or until done, turning occasionally.

SPICY CHICKEN WINGS

¼ cup hot pepper sauce

3 tablespoons vegetable oil

2 tablespoons honey

¼ teaspoon garlic powder

2 pounds chicken wings

Yields 4 servings.

Preparation time: 35 minutes.

Preheat oven to 375 F.

In medium bowl, mix together hot pepper sauce, oil, honey and garlic powder.

Arrange chicken pieces close together in 9x13-inch baking pan; pour sauce over chicken to evenly coat.

Bake 30 minutes or until tender, stirring occasionally.

QUICK TIP

Keep a monthly menu posted. When you come home tired, you don't have to deal with the question "What's for dinner?" because you already know.





By Desiree Vivea

Kids and eating — go figure. At one meal, Junior will eat everything in sight. At the next, you can't get him to eat a single bite.

Lots of kids are picky about eating, and if your little girl refuses anything but plain spaghetti noodles and orange juice at dinner-time, you may well worry. But this probably isn't as big a problem as it may seem. Kids tend to make up at the next meal for what they missed at the last. Researchers have found that over the course of a given week, kids' calorie intake is pretty constant.

What's the best way to make sure your children are getting the nutrients they need? Provide a variety of foods and lots of choices.

Make sure you offer plenty of fresh fruits and vegetables, dairy products, such as milk, yogurt and cottage cheese, and grains (pasta, rice or cereal, breads). Keep in mind that less than 30 percent of kids' daily calorie intake should be derived from fats.

And remember that kids will inevitably waste food — so don't be upset if your little one's not always a member of the "clean plate club."

If a little person in your household needs eating encouragement, try one of today's kid-pleasing recipes. Chicken Mic-Nuggets will make dinner seem like a trip to a popular drive-through, and children can eat them with their fingers, which makes dinner even more fun. Serve with a small dish of barbecue sauce on the side for dipping.

Most kids love macaroni and cheese; add crunchy carrot and celery sticks for a nourishing meal.

If your kids won't touch cooked vegetables, try serving them with a tasty sauce. Today's Surprise Cauliflower will please adults, too, with its flavorful topping of cheese sauce and french-fried onion bits.

And you'll feel good about serving Oat-Nut Raisin Bites, made with raisins, walnuts, oats and apple juice. These are nice with a dish of vanilla ice cream or packed into school lunches.

Kids who are old enough can microwave their own snacks, but make sure they understand microwave safety rules. Remind them that the microwave is not a toy! Read over recipes with kids to ensure they understand directions. Kids should always wear oven mitts to protect hands when removing cooking utensils from the microwave. Tie back long hair and roll up sleeves — and stay nearby as kids cook to answer questions and monitor safety.

CHICKEN MIC-NUGGETS

- 1 pound chicken breasts
- ½ cup mayonnaise
- 3 tablespoons milk
- 2 tablespoons dried onion soup mix
- 1 teaspoon prepared mustard
- ¾ cup cornflakes
- 1¼ tablespoons Parmesan cheese
- ¼ teaspoon pepper

1 teaspoon paprika
Yields 3 to 4 servings.
Preparation time: 10 minutes
(plus cooling time).

Cooking time: 11 to 15½ minutes.
Oven setting: HIGH (100 percent power).

Arrange chicken breasts, skin-side up, on microwave-safe plate. Cover with wax paper and microwave 8 to 11 minutes, or until chicken is tender and no longer pink, rotating plate ¼ turn every 5 minutes. Let chicken stand until cool enough to handle.

Combine mayonnaise, milk, onion soup mix and mustard in a small mixing bowl. Blend thoroughly. In separate bowl, combine cornflakes, Parmesan cheese, pepper and paprika. Stir to blend well.

Remove skin from chicken and cut meat into bite-size cubes. Dip each chicken cube into mayonnaise mixture, then roll in cornflake mixture. Arrange on microwave-safe serving plate. Microwave 3 to 4½ minutes. Serve immediately.

MACARONI AND CHEESE

- 2 cups uncooked elbow macaroni
- 2 tablespoons butter OR margarine
- 2 tablespoons all-purpose flour
- ¼ teaspoon pepper
- 2 cups milk
- ½ teaspoon salt
- 2 cups shredded Cheddar cheese
- Paprika
- Yields 4 to 6 servings.
- Preparation time: 10 to 15 minutes.

Cooking time: 9 to 14 minutes.
Oven setting: HIGH (100 percent power); MEDIUM-HIGH (70 percent power).

Cook macaroni according to package instructions. Drain cooked noodles and place in 2-quart microwave-safe casserole. Cover and set aside.

Place butter or margarine in 4-cup glass measure; microwave at HIGH setting about 1 minute, to melt. Blend in flour and pepper.

Measure milk into 2-cup glass measure. Microwave at MEDIUM-HIGH setting 2 to 3 minutes, or until hot (do not boil). Blend slowly into flour mixture, stirring constantly. Microwave at MEDIUM-HIGH setting 5 to 8 minutes, or until thick and creamy, stirring every 2 minutes. Stir in salt and cheese; blend well.

Stir cheese mixture into cooked noodles. Sprinkle lightly with paprika. Microwave 1 to 2 minutes at HIGH setting, to heat through. Serve immediately.

MICRO-TIP OF WEEK

Microwave cooking conserves vitamins, particularly vitamins C and B, better than conventional cooking. Because foods cook so fast and require little or no added water, important vitamins aren't leached away or lost due to prolonged heat.

MICROWAVE MAGIC

FOR TEENS

By Willard Abraham, Ph.D.

Look in the dictionary

Dr. Abraham: I'm not a very good speller, but I think I am smarter than my teacher is. Here's why:

When I can't spell something and ask her how it should be spelled, she says, "Look it up in the dictionary." Sometimes she adds, "What do you think dictionaries are for?"

Isn't that kind of dumb? How can I look it up in the dictionary if I don't know how to spell it? — Speller Question

Speller Question: You have a point, but she also may have one. Since it might not be difficult to sound out the first letter or two in a word, that could give you a hint of how at least the beginning of a word is spelled.

For example, "street" (with starting "s/t/r" sounds, and also an "e" sound to follow), "almost" (with all six sounds quite clear), and "brave" with the first four letters easy to identify) are words you may have little difficulty in locating in a dictionary.

But, unfortunately, it isn't always that simple.

By the way, dictionaries are for more than checking on the correct spelling of words. A major purpose is to find out what a word means, what a definition of it is. Many people use a dictionary for other purposes, too.

Dr. Abraham: I am really confused about what to eat these days. I wonder whether anything at all is good for me, or is it all junk and dangerous for my health?

And I'm not alone. A group of kids I know, both boys and girls, happened to get started on a conversation related to what they eat. They all felt like I do about what is good, a little dangerous or even poisonous.

How about an update, Dr. A.? What's new? — Food Worries

Food Worries: You may be a lucky guy because a new document called "Food Risks: Perceptions vs. Reality" came out from what sounds like a good source. It was distributed last May to 16,000 public, private, and parochial high school teachers in health, science and home economics.

This information was developed by the U.S. Food and Drug Administration in cooperation with the International Food Information Council (IFIC) Foundation.

The purpose of this material is to help teens learn about food safety and steps they can personally take to assure the safety of foods they eat.

Kids can get directly involved in identifying and evaluating various food safety risks. As Tom Stenzel, IFIC's president said, "Many high school students are responsible for making their own food choices, and need to decipher the food safety messages they receive from the

media, friends and family."

Information is included on pesticides, food additives, bacterial contamination and the importance of adequate cooking of meats.

If your teachers don't have a copy of the "Food Risks" publication, they can obtain one from the IFIC Foundation, 1100 Connecticut Ave., N.W., Suite 430, Washington, DC 20036. Its price is \$5.

Other IFIC publications include "10 Tips to Healthy Eating for Kids," "10 Tips to Healthy Eating," "Food Additives," "Understanding Food Allergy," "Food Color Facts" and "Sorting Out the Facts About Fat."

To get more IFIC information, you can write to the IFIC address above.

Dr. Abraham: I don't care how many times I hear that it is less healthy to smoke cigarettes than chew tobacco. I just don't believe it. I switched to chewing last year (I am now 17), and I am sure that it is less dangerous than cigarettes are. Being rid of that smell and all the smoke tells me that chewing tobacco is better.

What is your opinion on one vs. the other one? — Chewer

Chewer: A person once said something like this: "A pock on both your houses." (A "pock" may be something like a fester, blister or pimple.) I think that line may fit the situation of both cigarette smoking and tobacco chewing.

You have probably heard and read a great deal about the dangers of smoking. Chewing tobacco is no less dangerous. It is just as addictive and can cause gum disease and cancer.

Moist, brown smokeless tobacco can be even more health threatening because users may absorb more cancer-causing materials, according to the U.S. surgeon general's office.

No least-worst conclusion can be arrived at regarding these two products. Both are to be avoided. You are really fooling yourself if you think you are solving a problem by chewing.

Dr. Abraham: I am worried about my dad, who has cancer (or had it). The confusion in my mind is because his doctor told him that he is cured. Oh, how I hope that is true!

Please tell me that it is. — Waiting

Waiting: Your dad may be considered as cured if five years of being treated for it have passed and it has not recurred. That is the opinion of many physicians.

There may be differences among cancer patients, but a physician capable in this field is probably a good person with whom to discuss this matter.

Cooking Corner



Tailgate parties offer tasty pre-game fun

By Jennifer Plantier

With fall upon us, we must all prepare for the change in the weather — and the transformation of our weekends. Friendly weekend get-togethers will most likely be disrupted by the game of the week. Don't try competing with the talk of the town, but invite family and friends to a festive tailgate party meant to rally your team to victory.

Experienced entertainers should see the benefits immediately. Wear and tear on the home is eliminated, as is most of the post-party mess. Best of all, hosts need not worry about decorating, coming up with a theme or creating ambience — a noisy, packed parking lot and a car stereo provide all that.

In many regions fall temperatures seem to drop faster than the leaves, so remind guests to dress warmly (in the team's colors, of course) and throw a few extra blankets in the trunk, just in case. Take along a folding card table on which to set up the feast. Ask guests to bring lawn chairs.

PREPARATION

Careful planning is not only wise but necessary when preparing for a party away from home. It will allow the host more time to enjoy visiting with guests, or to take part in the makeshift ballgame or Frisbee throw.

More importantly, it is virtually impossible to wing it once the car has pulled out of the driveway. If you are not prepared by then, your guests will be heading for the concession stands before the game even begins.

However, don't be frightened because you must leave the microwave and refrigerator behind. Your first instinct may be to pick up a bucket of chicken or some takeout pizza, but with a little planning you can prepare a delicious tailgate spread yourself.

Opt for foods that can be prepared completely in advance and aren't too troublesome to transport. Stay away from dishes that could end up making a mess of your back seat. A big pot of stew may sound delicious but probably won't make it through the first traffic light.

LOADING UP

This may be the most crucial step — making sure that the wonderful meal you have created makes it to the game in good shape. Take the time to package

food carefully, or your car's upholstery will never be the same.

Use containers with lids that stay in place, and don't count on a little tin foil and a paper plate to do the job.

It's important to keep food at the correct temperature. Use coolers to keep chilled foods and drinks cold until time to serve them. Wrap warm foods in a layer of foil and pack them into a separate insulated carrier.

Gather all paper goods, flatware, the necessary utensils and condiments well ahead of time. If you grab these items on the way out the door, you could end up wiping your hands on your blankets.

MENU IN MOTION

Dare to try a colorful and creative pre-game party menu. Your gathering may well be in the middle of a ballgame, but that does not mean you must settle for hot dogs, baked beans, sandwiches and other ordinary fare. After all, your guests could probably purchase those things from the vendors inside the park.

Plan on serving a variety of hors d'oeuvres or finger foods in lieu of one main dish. Guests can then continue to eat for the duration of the party. After all, snacking makes it easier to socialize, which is the goal of most partygoers anyway.

When counting on hors d'oeuvres to tempt their taste buds, coordinate your selection of appetizers. Serve them in a variety of temperatures, shapes, colors and textures to create interest. However, take care when mixing in terms of cuisine.

Decide on a particular style, whether you choose Italian-, Latin- or Oriental-inspired dishes, casual or elegant tastes.

Don't worry too much about presentation. Tailgate parties are meant to be low-key. Leave your best serving wares at home, opting instead for non-breakable, reusable platters like the attractive ones many caterers use.

These recipes are from the Cole Group's California Culinary Academy series cookbook, "The Art of Eating In," available from the publisher, 4415 Sonoma Highway, Santa Rosa, CA 95409, (800) 959-2717, or your local bookseller (\$11.95).

ARTICHOKES WITH SPICY CRAB

24 baby artichokes
1 lemon

¾ pound fresh cooked crab meat
¼ cup whipping cream
1 tablespoon capers
¼ cup finely chopped green pepper
2 tablespoons minced green onion
2 teaspoons Dijon mustard
1 tablespoon butter
1 teaspoon olive oil
3 tablespoons minced shallot
2 tablespoons white wine
Salt and pepper to taste
Worcestershire sauce to taste
Minced parsley
Lemon wedges
Yields 12 servings.

Pull off dark green outer leaves of artichokes until you reach pale green "heart." Cut ¼ inch off top and trim stem end down to pale green part.

Rub artichoke hearts well with lemon and cook in boiling salted water until tender. Drain and pat dry. Pull out some of innermost leaves and spread hearts open slightly.

In bowl, combine crab meat, cream, capers, green pepper, green onion and mustard. In small skillet over moderate heat, heat butter and oil. Add shallots and cook until translucent, about 4 to 5 minutes. Add wine and cook until mixture is reduced to a glaze. Cool slightly and add to crab mixture. Season to taste with salt, pepper and Worcestershire sauce.

Stuff artichoke hearts with crab mixture. Pack into tightly sealed container along with plastic bag of minced parsley and lemon wedges. At serving time, garnish hearts with minced parsley and serve with lemon wedges.

Don't blanch: The caviar for this recipe need not be expensive imported sturgeon roe (although it can be). Let your budget be your guide in selecting from among the variety of colorful caviars on the market, then pack them in ice for the trip. The contrast of warm potato with sour cream and ice-cold caviar makes a memorable mouthful. The foil will keep the potatoes warm for several hours, but you may want to pack them in an insulated carrier as well.

NEW POTATOES WITH CAVIAR

3 dozen tiny red-skinned new potatoes
Olive oil
Kosher salt
Juice of 1 lemon
12 ounces assorted caviar (golden, red and black)
Sour cream
Lemon wedges
Yields 12 servings.

Steam potatoes over boiling salted water until they are just tender when pierced. Dry them well; drizzle them while hot with olive oil, then sprinkle with salt and lemon juice. Cut off top of each potato about ¼ inch down; scoop out and discard some of inside pulp, leaving a firm, thick-sided shell. Wrap potatoes in foil and place in tightly sealed container.

At serving time, set out potato "shells," caviars, sour cream, lemon wedges, some tiny serving spoons and plenty of napkins. Guests can fill their potato "shells" with sour cream and the caviar of their choice, with a little lemon juice squeezed over the top.

While you're readying the rest of the hors d'oeuvres, pass these toasted walnut "bites."

WALNUT GORGONZOLA BITES

72 perfect walnut halves
¼ pound ripe Gorgonzola cheese, at room temperature
3 tablespoons unsalted butter, softened
Yields 3 dozen.

Preheat oven to 350 F. Toast walnut halves on cookie sheet until they are fragrant and lightly browned. Cool completely.

In small bowl, work cheese and butter together with wooden spoon. Sandwich two nut halves with a dab of cheese mixture. Refrigerate briefly to firm cheese. Serve cool but not cold.

Olives and cheese, prosciutto and melon come together on these colorful skewers. It's an antipasto platter made into finger food, and it's open to dozens of variations: shrimp, feta cheese and Greek olives? Mozzarella, cherry tomatoes and rolled anchovies? You decide.

ANTIPASTO SKEWERS

1 large OR 2 small seasonal melons, peeled and cut into 36 cubes
¼ pound prosciutto, sliced paper-thin
1 pound Italian fontina cheese, cut into 36 cubes
36 best-quality black olives
Olive oil
Freshly ground black pepper
Yields 3 dozen skewers.
Wrap each cube of melon in a

piece of prosciutto. On each of 36 skewers, thread a cube of cheese, an olive, and a prosciutto-melon cube. Place skewers in tightly sealed container.

At serving time, drizzle with olive oil and dust with freshly ground black pepper.

A juicy shrimp sandwich from the French Mediterranean, *panballe* tastes better when the filling has had time to "marry" and soak into the bread. On game day, pack the sandwiches into your basket first and weight them down with the rest of the tailgate goodies. They'll be all the better for it! The shrimp mixture may be made a day ahead and stored in the refrigerator.

PANBALIE

1 pound cooked tiny shrimp
2 red onions, coarsely chopped
¼ cup olive oil
3 tablespoons lemon juice
1 tablespoon minced fresh oregano
Salt and pepper to taste
6 (6-inch) day-old French rolls
3 ripe tomatoes, thinly sliced
Yields 12 servings.

In small bowl, combine shrimp, onions, 2 tablespoons olive oil, lemon juice, oregano and salt and pepper to taste.

Slice rolls in half lengthwise. Moisten each half with a little of remaining olive oil. Arrange tomato slices on bottom half.

Spread shrimp mixture over tomato slices and add top half of roll. Wrap each sandwich tightly in foil.

At serving time, slice each sandwich in halves or thirds.

Garden Talk

By C.Z. Guest

There are plenty of orchids that will flourish and bloom well in the environment found in the average household. Of course, the key to success is twofold: First, learn some of the plants' basic needs and characteristics, then select those varieties that lend themselves best to indoor culture.

CULTURE TIPS

Unfortunately, the downfall of most first-time orchid growers is the tendency to overwater! Many orchids, for example, epidendrums, cattleya and oncidiums, have swollen stems known as pseudobulbs that can store water. So it's important that plants of this type dry out between waterings.

Other types of orchids that lack pseudobulbs — paphiopedilums, vandas and phalaenopsis — need a continual supply of moisture, but even these varieties must be grown in a coarse, freely draining medium that allows some air to reach the roots.

Keep in mind wrinkled leaves, which beginners sometimes interpret as a sign of wilting, are usually the result of overwatering. They indicate that the plant's root system has collapsed and can no longer take up water. Generally, you'll need to water your orchid only two times a week in summer and once a week in winter.

When you do water, allow it to run through the medium for a few seconds to wet it thoroughly, then set the pot aside to drain. This is the proper way to water all plants.

A good rule of thumb for watering is when in doubt, wait a day or two.

LIGHT AND SOIL

Inadequate light is the next most frequent reason an orchid fails to thrive. Although some types of orchids require more light than others, none will bloom in a dark corner.

Most orchids need direct filtered light from an east- or south-facing window or 12 to 14 hours a day beneath four 40-watt fluorescent tubes. A plant that is getting sufficient light produces sturdy growth and has leaves that are a medium green. Pale or yellow leaves are an indication that the plant is receiving too much light.

The potting medium to use since it works best for the home grower is fir bark. It comes in fine- or medium-size chunks, usually with some admixture of redwood fiber, charcoal, coarse peat or tree-fern fiber. Bark-based mediums are moisture retentive but drain swiftly enough so that the plants' roots remain healthy.

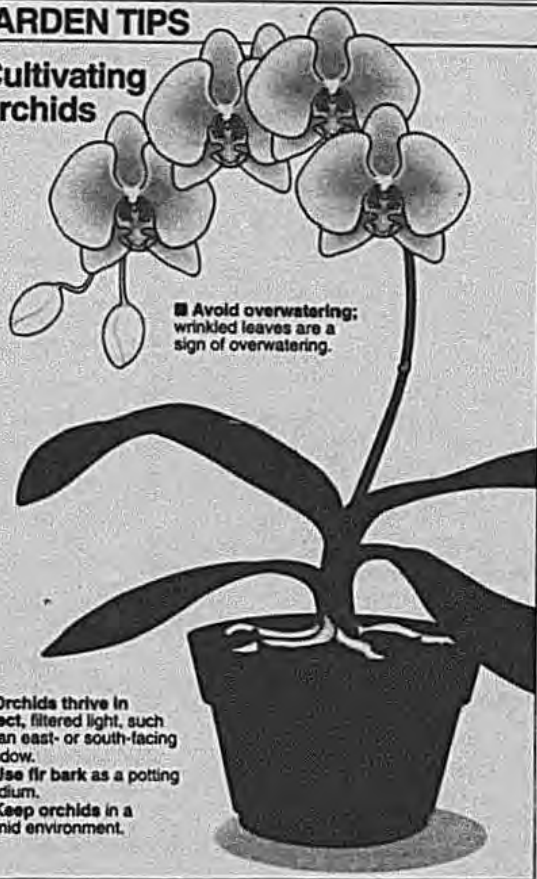
HUMIDITY

To grow well, orchids need humidity — level of about 50 percent. This is not a difficult task to achieve during the summer months when open windows and muggy days do the job for you.

In winter, it's a different story when central heating turns many houses into virtual deserts, so you must boost the humidity in your growing area.

GARDEN TIPS

Cultivating orchids



■ Avoid overwatering; wrinkled leaves are a sign of overwatering.

- Orchids thrive in direct, filtered light, such as an east- or south-facing window.
- Use fir bark as a potting medium.
- Keep orchids in a humid environment.

Our Children



By Willard Abraham

Adoptee says kids should know if they are adopted

Q. I am writing to you in response to an article of yours I read a while ago about whether parents should tell their children that they are adopted. You asked other parents who have been in or are in the same position to give their point of view.

My point of view is that of the adoptee. I was adopted when I was 10 days old. I am now 26 years old, and for as long as I can remember I have always known that I was adopted. My opinion is yes, parents should tell their children they are adopted from the word go.

I have heard many stories of children and adults finding out they were adopted, and many feel betrayed. They feel they were lied to all those years. They have a hard time adjusting to the idea that the parents who raised them are not the ones who gave birth to them.

Because I have always known, I don't feel it is any big deal. I love my parents as much as I would if they were my birth parents. I feel they are my only parents.

I would like to reassure those parents who may be afraid to say anything because they think that their child might want to find his or her birth parents and start a new family. They might feel the child will forget them and push them aside. Please don't feel that

way. They are simply trying to fill a void in their life, to trace their history. Perhaps they simply want to know why they were given up.

I think it is important to support adoptees in their search. I haven't really searched for my birth parents, but I have put my name at the office where I was adopted. That's so if anyone is looking for me they will know I am willing to correspond with them. My parents are very willing to help me in any way possible. In fact, they want to thank the birth parents for giving a beautiful present.

I want to have my birth parents get in touch with me, and my parents will help me. I hope you can, too.

A. Thank you very much for your thoughtful letter.

Here are two sources which may be of interest to you and helpful in your search:

• Tony Vilardi, International Soundex Reunion Registry (ISRR), P.O. Box 2312, Carson City, NV 89702-2312

• Karen Tinkham, Volunteer Director, Search Triad Inc., P.O. Box 10181, Phoenix, AZ 85064-0181.

Good luck with your efforts on this important issue.

OUR CHILDREN

THE CROW'S CHRONICLE



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THE HEALTHY GOURMET

By Kit Saedaker

Easy, delicious meatloaf yields dinner and more

Meatloaf is really the same as homemade country pate for folks like you and me. No wonder we like it so much. It's easy to put together, pleases everyone and, with luck, provides leftovers that make superb sandwiches. Sandwiches, in fact, may be one of the big reasons for its existence. One of these, and lunch is a treat.

All this dish needs is ground meat and imagination, and it turns into a supper dish with leftovers.

SPICY HAM AND VEGETABLE LOAF

- 1 onion, chopped
- 3 medium carrots chopped
- ¾ pound mushrooms, chopped
- ¾ pound low-sodium ham, ground
- ¼ pound lean ground pork
- 2 cups soft bread crumbs
- 1 cup nonfat milk
- 2 tablespoons yellow mustard
- Freshly ground black pepper
- ¼ teaspoon dried sage
- 1 teaspoon grated orange rind
- Yields 6 to 8 servings.
- Each serving has about 170 calories, 6 grams fat, 40 milligrams

cholesterol and 480 milligrams sodium.

Coat large skillet with nonstick spray and set over moderate heat. Add onion and cook, stirring frequently for about 5 minutes. Add carrots and mushrooms and cook until all vegetables are soft and mushroom juice has evaporated (about 20 to 25 minutes).

Preheat oven to 350 F. Mix ham, pork, bread crumbs, milk, mustard, pepper, sage, orange rind and cooked vegetables together in large bowl. Coat loaf pan with nonstick spray and pack ham mixture into pan. Cover with foil and bake for at least an hour until juices run clear when loaf is pierced with knife.

Remove loaf from oven and cool on wire rack for about 10 minutes. Loosen edges of loaf with knife, pour off fat and turn loaf out onto hot platter to serve.

THE HEALTHY GOURMET



Fitness Forum

By Molly Woolfe

Organic farmers are modern-day pioneers

CHICAGO — Linda and Fred Griffith yearned to find where top chefs procure the tender filets, creamy goat cheese and jewellike raspberries that grace their five-star menus.

So the cookbook authors ("The Best of the Midwest") launched a 16-month, 40,000-mile odyssey in search of food, glorious food. What the husband-and-wife team unearthed, along with a treasury of recipes, was a new breed of American pioneers.

Chef after chef steered them to the cream of organic farmers, ranchers and other entrepreneurs, small-time purveyors who use manure to fertilize their land, ban hormones from livestock feed and rely on chemical-free tactics to fight pesky insects.

"They all share a real intellectual commitment to their work," Linda said. "If you ask for overwhelming impression, that's it. They're intelligent."

The culinary columnist and her husband, a Cleveland talk-show host, recount their organic adventures in "The New American Farm Cookbook" (Viking Studio Books). The 424-page volume is a guide to five dozen "natural" millers, cheesemakers, even fishermen, many who only sell their products within their regions.

In terms of quality, organic food is unsurpassable, swears Fred, 54, who enjoyed nibbling his way from sea to shining sea. For him, just the difference between store-bought eggs and eggs from free-range chickens was a revelation.

"The yolks are so yellow," he said, shaking his head. "You can't believe how yellow they are."

True, natural foods cost twice the price, but fussy restaurateurs and consumers are willing to pay extra for superior taste and freshness, Linda pointed out.

"No. 1, there's a health advan-

tage. You're not ingesting a lot of chemicals," she explained. "Two, the food has more flavor. It's fresh. The average produce you pick up at the supermarket is so far removed from the farmer, you can't speculate where it's from!"

The grandparents of two spent their \$40,000 advance on airfares and drove their 1990 Ford Taurus relentlessly in their pursuit of pesticide-free food. Their quest brought them to such far-flung places as a Chippewa reservation in Minnesota (where Indians harvest wild rice from their lakes) to a cherry orchard in rural Washington, where the farmer tied hawk-shape kites to the trees to ward off robins.

The highest concentration of organic farms turned out to be in Wisconsin, California, New England and Washington.

Chatting with these modern-day pioneers, determined to stay on friendly terms with the environment, proved as delicious as their home-grown specialties.

An Ohio beekeeper, though allergic to stings, jumped with joy at the prospect of black locust honey. A Wisconsin orchard owner turned out to be a prize-winning novelist. One cheesemaker "had a cassette player going, playing 'The Brandenburg Concertos,'" Fred said.

The Griffiths, in the interest of research, sampled every organic delicacy they could, from steamed wild mussels in Coupeville, Wash., to fresh-picked mushrooms in Reading, Pa.

Their most memorable treat was homemade vanilla ice cream, hand-cranked at an organic dairy in Smithville, Ohio.

"It was just vanilla. Simple vanilla ice cream. Yet it was so silky. It just tasted of rich milk," Linda sighed.

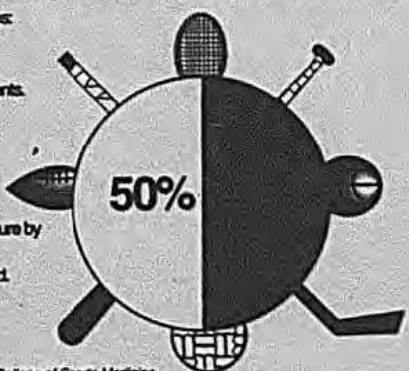
FITNESS FORUM

HEALTH WATCH

50% of youth sport injuries are preventable

Most frequent injuries:

- Overuse from repetitive movements.
- Trauma, such as sprains.
- Injuries from pressure by coaches and parents to succeed.



SOURCE: American College of Sports Medicine

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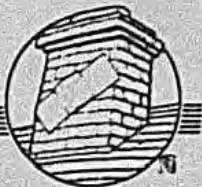
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Here's How



By Gene Gary

Q. The walkway and cement steps leading to the front door of our 30-year-old home have been painted with several coats of different color paints. The paint is worn off in some spots and flaking and cracking in others. It looks terrible. Is there anything I can do to remove this paint to make the entrance to my home more attractive?

A. Removal of hardened dried paint from concrete is a difficult task. A do-it-yourself method would be to scrape off as much of the existing, peeling paint as possible. Then apply a poultice impregnated with a commercial paint remover. Allow to stand for 20 to 30 minutes. Scrub to loosen the paint film and wash off with water. More

than one application may be necessary.

The remaining residue can be scrubbed off with scouring powder. This task is obviously labor intensive.

There also are commercial products available. ProSoCo, Inc. (P.O. Box 171677, Kansas City, KS 66117) makes StandOff Non-Meth Stripper and SureKlean Heavy Duty Paint Stripper. Both products are suitable for removing paint coatings and floor enamels from masonry surfaces. Check with your local masonry supply dealer for other recommendations.

The most expedient method for removal of old, dried paint films is sandblasting or burning off with a blowtorch.

Sandblasting is usually recommended by experts over the chemical removers.

Although the sandblasting operation is not complicated, there are certain procedures and safety precautions that must be followed to ensure safe operations and a uniform surface. Therefore, a sandblasting contractor should be hired to do this work.

Sandblasting changes the appearance of the concrete surface, leaving it with a rougher texture that may hasten the need for re-cleaning.

Sandblasting also removes the edges and any sharp detail on moldings and ornaments. Even a hard, polished aggregate will become scarred and dulled with sandblasting.

If you are not satisfied with the surface look of your walkway and steps after sandblasting, consider a new topping over the old concrete. You can do this by using a concrete glue in the mix of the added concrete layer.

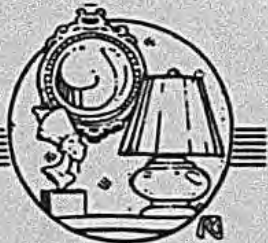
Redi-Crete concrete glue and topping material is one such product. Floor Leveler by USG Corp. is

another topping product.

Mr. Mac's Concrete Fix is a patching and resurfacing product (a powder-and-polymer mix) that also serves well as a new topping. The manufacturer ensures a superior bond without brittleness, even if applied thin, and claims that the product is more durable than other toppings. The product has a high concentration of polymer that enhances bonding between the topping and the existing concrete and provides more resilient once cured.

Mr. Mac products are manufactured by Dymark, 111-F Creek Ridge Rd., Greensboro, NC 27406.

Decor Score



By Rose Bennett Gilbert

Symmetrical arrangement yields formal flair

Q. The furniture arrangement in my living room is a problem. There is a large archway from the hall that takes up one wall; the fireplace is at one end, the porch doors on the other, and there are two windows along the only wall where I could possibly fit the sofa.

My question boils down to: Is it OK if the sofa overlaps the windows a bit? I have fairly formal traditional furniture and am afraid it will look a bit odd. — A.W.

A. One look at this photo should set your mind at ease. As you can see, the sofa does indeed overlap both the French doors ever so slightly. But who's counting? Since few rooms lend themselves to ideal layouts, the key to any successful room arrangement lies in three little words: "Does it work?"

The designer has used curtains to frame the sofa, immediately establishing a feeling of balance in the room. Remember that symmetrical arrangements are inherently more formal than random furniture placement.

Here, all the furnishings (from Ethan Allen) are carefully balanced: A double helping of French chairs, "matching" table/desk arrangement at either end of the sofa, even the meticulously hung pictures enhance the feeling of easy formality.

Q. I want something different for my living room. It's large enough that I could put two sofas by the fireplace, but is that a good idea? — E.R.

A. Good, but hardly "different." In my opinion, sofas are best for Sunday afternoon naps. Realistically, only two people are happy sitting on one together. Watch

what happens at your next party: That third person will perch on the arm rather than sit in the middle, swiveling his or her head to follow the conversation as if it were a tennis match.

I'd put my money on two love seats instead. Or, if you're dedicated to being "different," try a pair of chaise longues.



FORMAL FLAIR — A well-balanced living room proves the rule that a symmetrical furniture arrangement is inherently formal.



LOCAL READER

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Help Wanted

MOTHER'S HELPER NEEDED FOR 2 SMALL CHILDREN, Nov. 15-Dec. 10, Mon.-Fri. F/T. English speaking, own transportation. 775-4092 gcN2

REAL ESTATE SALES - Very active Garden City office seeks experienced sales associate. Call Ed Keusey 747-1300 gcN2

CHILD CARE NEEDED in my Garden City home. F/T. Must have car, good references, experience and be non-smoker. Call evenings 248-2893. gcN2

BOOK STORE / GARDEN CITY P/T clerk. Permanent. Applications now being accepted. Saturday a Must! 742-4794. wn1

PHLEBOTOMIST, FOR PATIENT service center in Garden City area. Experience necessary, P/T, pediatric experience a plus. Excellent hourly wage. Call for interview. Ask for Ms. Blake. 1-800-524-2896. gcN4

BABYSITTER NEEDED Mon.-Thurs., 2 p.m. - 5 p.m. Clean driver's license, experience needed, references required, non-smoking in my home. (516)292-2112. gcN4

NANNY/HOUSEKEEPER, MONDAY to Friday, 12:30 p.m. to 5. Own transportation. English speaking, alternate Saturday nights. 484-8935. (E. Hills Area). wn2

CHILD CARE WANTED Loving person needed to care for 3 month old baby in my home Mon.-Fri., 8:30-5:30. English speaking, references. Must have own car. Garden City area. Please call 489-6662. gcN3

Help Wanted

REAL ESTATE SALES Position - Well established Realty office serving the area for 78 years has openings available. Call R. Valentine for details. Valentine Agency. 746-7200. wd4

REAL ESTATE AGENTS needed for busy, congenial Real Estate Office. Call any evening Bernice Rossi, 294-9112, Molloy Real Estate Days 747-2010. gcN1

BABYSITTER WANTED P/T possibly F/T, Monday-Friday, for playful toddler. Flexible and reliable. Own transportation. Light housekeeping. English speaking. References. 484-7205. gcN1

MATURE INDIVIDUAL NEEDED to watch 2 year old in my Garden City home 1-3 days a week. Own transportation. 746-1415. gcN4

CHILD CARE - LIVE OUT, in my Garden City home for 3 year old and 7 month old. Mon.-Fri., F/T, possibly 3 days in near future. Must have car, English speaking only, non-smoker, references. Eves (718) 723-4168. gcN4

LEGAL LIVE OUT, non-smoker to take care of toddler in my Garden City home. References and own transportation. Call (212) 815-0168 or evenings and weekends (516) 354-4166. gcN1

MARY POPPINS NEEDED! Experienced child care provider to care for our 12 month old daughter in our Garden City area home. Full time hours, Mon.-Fri. Competitive salary. English speaking only. Non-smoker, valid driver's license and recent references. Not allergic to cats. Call 877-3137 between 8 a.m. - 10 p.m. gcN3

Help Wanted

SANTA'S HELPERS NEEDED to work Santa location at Roosevelt Field Mall. Please call Lydia. 798-1093. gcN1

MATURE NANNY / HOUSEKEEPER Mon.-Fri., 10-6, Flexible. Care for 2 children 8 and 11. Must have car. Non-smoker. Start immediately. English speaking. 565-5439. gcN4

TAX PREPARER: EXPERIENCED only. January to May. Individual returns done manually. New Hyde Park office. Call Mr. Dolan. 488-7500. gcN1

CHILD CARE NEEDED. Loving, caring, mature, responsible, energetic woman to care for my three year old girl and fourteen month old boy in my Western Garden City home, 8:30 a.m. - 5:30 p.m., Mon.-Fri. Non-smoker, fluent English, good references. Must have car to take to activities. 437-3872. gcN1

PART TIME TOUR guide wanted for earth science museum. 822-7505. hc4

CHILD CARE FOR 2 children, 3 & 5, in my home or your Garden City home. Own transportation. 747-7245. gcN3

CHILD CARE WANTED for 3 year old infant in my Syosset home, four days a week. 7:30-6 p.m. Own car. Good references. Non-smoker. 921-6125. hn3

Situation Wanted

LADY WANTS to care for sick or elderly, night or day. Light housekeeping, non-smoker. Own transportation. Excellent references. (516)568-3735. gcN4

HOUSEKEEPER, LIVE IN or live out. Experienced, references. Available 7 days a week. Call 876-9354. gcN4

MATURE WOMAN SEEKS job to care for small children. 4 years experience, good reference, English speaking, live out. Call Marcia (718)322-4317 any time after 5 p.m. gcN4

LOVE, LAUGHTER & LEARNING - Play groups for toddlers, pre-schoolers, kindergartners. Small groups (limit 6). Arts & crafts, story time, healthy snacks. Large playroom & yard, educational toys and activities. Babysitting also available. Recent references. 294-8299. wn4

Situation Wanted

HOUSECLEANING AVAILABLE. GOOD references, experienced, own transportation. English speaking. 481-0796. Please call after 5 p.m. gcN4

PROFESSIONAL NURSING, MORNING hours, geriatric only. Very reasonable rate. Call after 3 p.m. please. 294-9519. gcN4

HOUSECLEANING AVAILABLE Tues. & Thurs. 3 years experience, reference & own transportation. 333-5732. gcN3

HOUSECLEANING AVAILABLE. I do housecleaning, 6 years experience, speak English. Own transportation and very good references. Call me after 3 p.m. 292-1307. gcN3

HOUSE CLEANING LADY with experience, with good reference and own transportation. For more information please call Susan. 485-2136. gcN2

HOUSECLEANING AVAILABLE, LIVE out. Experienced & good references. 481-3930. gcN2

HOUSECLEANING, REFERENCES, EXPERIENCED. Own transportation. Monday through Saturday. Call anytime. 485-3868. gcN2

HOUSECLEANING, REFERENCES, EXPERIENCED. Own transportation. Monday through Saturday. Call anytime 292-3074. gcN2

HOUSECLEANER AVAILABLE English speaking, honest, experienced, references, own transportation. Call Solange, leave message 747-8523. gcN2

CERTIFIED NURSING AIDE with experience and references, looking for job to take care of elderly or handicapped person. Will work day or night. Please call Jackie (718) 327-4614. gcD2

IRISH WOMAN AVAILABLE to work in afternoons and nights as nurse's aide. Call Eileen 564-8427. gcN3

MATURE WOMAN LOOKING for a position as a nurse's aide, companion or homemaker. Live in or out. Monday to Friday. References available. Please call Hortense at 379-4677 evenings. gcN3

CHILD CARE AVAILABLE: Caring, dependable woman. Your home, PT or FT. References. 775-2729. wo3

Situation Wanted

COMPANION: LIVE OUT. Experienced, mature and reliable woman seeking position as companion 5 days a week, Mon.-Fri., Call (718)468-8215. gcN4

SMALL WORLD NANNIES specializing in high quality live in child care. All applicants thoroughly screened. Let us help your family find competent, consistent and loving care. (516)342-2339. gcN1

COMPANION - CARING & MOST Responsible, 43 year woman. Medically trained aide, Church/Legal references. Have peace with Mrs. G., whenever needed. Williston Park resident. 739-6412, 9 to 5 p.m. best. wn4

NICE IRISH LADY, citizen, looking for housekeeping companion for elderly lady or gentleman. Prefers Mineola, Garden City, Williston area. Live out five days. Experienced, excellent references. Would travel to the city. 294-8917. wn3

HOUSEKEEPER AVAILABLE, 2 days, good references, good experience. Call after 3 p.m. 487-8255. hn4

IRISH GIRL AVAILABLE temporarily from Nov. 15 to Dec. 18 for child care, companion to elderly or housecleaning. Experienced with references. Please call Kathleen. (718)347-5346. gcN4

HOUSEKEEPING/CHILD CARE Two years experience, honest, excellent references. Own transportation. Please call 718-479-2307. wn3

CERTIFIED MATURE IRISH woman available to take care of your sick, bedridden or elderly. Please call 741-8619. wn2

HONEST LADY SEEKS job as house helper, babysitting, day work or companion. Live in Monday-Friday. Call Dawn (718) 468-2026, references available. gcN2

THE AMERICAN MAID House-Office-Apt. cleaning. Mon.-Sat. Call any time. References available. 742-6009, Anna. Only \$50, any size house. Own transportation. gcN2

HOUSECLEANING JOB WANTED Experienced and references. Available Tues.-Fri. 579-8364. gcN2

POLISH WOMAN has a car, works hard, speaks English, looking for cleaning job. (718) 680-2332. gcN3

Situation Wanted

CHILD CARE AVAILABLE
NYS certified early childhood teacher with Master's degree will care for your child in my Mineola home. Enriched environment. Playmates. Certified program. Excellent extensive references. 747-5350. wN1

IRISH AMERICAN CERTIFIED Nurse's Aide/Companion. 14 years experience. Will work any hours. Excellent references. Please call before 12 noon and after 6 in the evening, up to 11 PM. 746-4745 or 746-0948. wO5

NURSE/COMPANION, EXPERIENCED, dedication and professional care, something we seek for our loved ones in need. That is exactly what I shall provide in addition to my excellent Church references and outstanding prior work references. There are many ads of this type, but give this one a try, you won't be disappointed. Call 437-3586. wN1

NURSE'S AIDE WITH experience and lots of TLC, seeks position as companion aide nights or days. Call Ms. Thompson 481-8070. gcN1

ENGLISH SPEAKING, POLISH woman is looking for housekeeping job. Call (718)468-6705. gcN4

MATURE WOMAN SEEKS job to care for the elderly. 4 years experience, good references, English speaking, live out. Call Georgiana (718)322-4377 any time after 5 p.m. gcN1

HOUSECLEANER AVAILABLE ENGLISH speaking, experienced. References available. U.S. resident. Please call 794-6516. gcN4

HOME TYPING ON Computer with Laser Printer by secretary with 20 years executive, legal and medical experience. 292-0582. gcN1

RESPONSIBLE STUDENT SEEKS room in exchange for light work, errand running or house-sitting. Call 288-8803. gcN1

LADY WISHES TO CARE for sick or invalid. Sleep in or out. P/T or F/T, non-smoker. Excellent references. 483-4743. gcN1

TENDER, PRECIOUS, LOVING CARE for your two month/2 year old. 17 years experience. Many loving references. Educational environment. 352-6471. L.I. Jewish Hosp. area. wN1

HOUSECLEANING JOB WANTED Live in or live out. Good reference and experience. Please call after 6 p.m. (718) 457-7288. gcN2

NURSING ASSISTANT. I graduated from MATS (Medical Aides Training School) and am certified from New York State. My name is Martha Perez. I own house in Hempstead. Call me at 483-8700. References available. Experienced. gcN1

Situation Wanted

ATTENTION VACATIONERS - WOULD You like to go away and know that your dog or cat is well taken care of? Mature woman who loves animals will give your pet lots of TLC. Fenced in yard. 352-9113. gcN2

POLISH WOMAN LOOKING for a cleaning job. Please call (516) 775-3783. gcN1

QUALITY CHILD CARE available in my Herricks/New Hyde Park home. Reasonable. Fenced in yard. Starting at 6:30 a.m., Monday to Friday. References. 741-9163. wN4

TWO HRS. FREE CLEANING for new customers. English speaking woman available for household chores and office cleaning. Fees: \$10/hr. min. 4 hours, (Household Chores); \$12/hr. min. 2 hrs. (Office Cleaning). Call 741-6616. Excellent references. wN4

EXPERIENCED MOM WISHES to care for your child/children in my Williston Park home. Flexible hours. 873-0044. wN4

HOUSE SITTER AVAILABLE Garden City Professional, male, with impeccable references and experience in house sitting, is available to care for your home just the way you would. Please call 873-0808. gcN2

Real Estate for Sale

GARDEN CITY ESTATES Section - 3 BR Tudor, 2 1/2 baths, LR/Fpl, DR, kitchen, breakfast area, basement/FPL, 1 car garage. principals only \$289,000. (516)488-4590 gcN3

SOUTHOLD, MAGICAL WATERFRONT. Unusual 3 BR, 2 Bth., 2-story, LR, DR, Fpl, extreme privacy \$425,000 Southold, Early American Style home built 8 years ago. This two story features eat-in country kitchen, 3 BRs, 2 1/2 Bths, wide planked peg floors, two gorgeous Fpls, greenhouse, herb garden, relaxing hot tub, on 2+ wooded acres \$395,000 Mattituck Waterfront. Vintage one-story cottage, LR w/Stone Fpl., 2 BRs, 2 Bths, great expansion potential, terrific views. Good for boating \$259,000
Marilyn Lang Realty, 734-6472, 734-6690 gcN2

BERKSHIRES: WORTHINGTON, MA 1905 11.3 AC. Victorian retreat, Great room 28 x 30' with 30' energy efficient glass wall affording mountain views, stone fireplace, 4 BRs, guest cottage, 2 car garage, pond, modern systems, central air, near skiing. 25 minutes east of Lee/Lenox. Reduced from \$425,00 to \$325,000. Owner (413)238-0223. gcN4

GARDEN CITY ESTATES section, 3 BRs, 2 baths, LR, DR, ultra modern EIK, huge den, 100 x 60. Low Tax. \$335,000. (516) 877-1813. gcN2

Real Estate for Sale

Upper Brookville - Twelve room Ranch, pool, 2 acres. Two large rooms & bath w/separate entrance suitable for office, or...! Low tax. \$825,000. (516)922-5253 gcN1

BOCA RATON, FLORIDA. Double wide mobil home, 2 BRs, 2 baths, Florida room. Mint condition, club house, heated pool, adult community. Excellent location. Maintenance \$115 per month. \$ 5 6 , 0 0 0 . (516)358-9807. gcN4

GARDEN CITY ESTATES, 3 BR, Center Hall Colonial New EIK, w/skylight family room, LR/Fpl, FDR, new 1/2 bath & maid's room off kitchen, finished basement with wet bar and 1/2 bath, 3 BRs, 2 new baths on second, brick patio, fenced in yard. Walk RR's & schools. Principals only. Ask \$470,000. 746-3097. gcN4

GARDEN CITY SOUTH Custom Cape. Mint. Dead End. Golf Course. 80x100. Enclosed 40' Mini Villa, porch, new windows/doors. 5BRs, 2Ba, EIK, DR, LR/Fpl, Fin. Bsmt., new roof. Many extras. Low taxes. \$265K. Principal. 481-8919. wN4

GARDEN CITY, EXQUISITE Mott Colonial. LR/Fpl, 3+BRs, 1 1/2 new Baths, large Family Room and large Kitchen, new basement playroom. Low taxes. \$410,000. Call owner 294-8782. gcN4

GARDEN CITY MOTT SECTION, Large Colonial, 3 BRs, 3 baths, CAC, newly renovated. Large property. Low taxes. No realtors please. \$349,990. 741-5433, evenings. gcN2

CUTCHOGUE - NASSAU POINT area, 4 BRs, 2 1/2 baths, EIK, heated 40 x 20 pool, cabanas w/shower, saunas, steam room, huge jacuzzi, deck, brick BBQ, incredible amenities. 1 acre plus. \$289,000. Bill Kavan 294-0220 or Michael Sweeney 328-8322. gcD3

GARDEN CITY, OXFORD BLVD. Colonial 5 BRs, 4 1/2 Bths, LR/Fpl, FDR, Den, Huge Mod EIK, Full Bsmt., Attch. garage, 1/2 acre. Asking \$795,000. Flexible owner. Fin. to fit your needs. 248-2450 gcN2

GARDEN CITY SPOTLESS Contemp, Western section, 3 BRs, 2 full baths, spacious family room opens onto large yard area. New modern EIK, 2 car, low taxes. \$315,000. 488-4583 gcN1

FLORAL PARK - LEGAL 2 family for sale. Attractive 3 room apartment over spacious 4 room apartment. Full basement, garage. New electric service. Walk all. \$200,000. Owner 488-4583 gcN1

GARDEN CITY COUNTRY setting. 100x150 spacious Georgian brick Center Hall Colonial. 4 BRs plus master/FPL, 3 1/2 baths, FDR, sunroom plus large finished basement. \$549,000. (516) 248-8797. Call owner. gcN2

Real Estate for Sale

SOUTHOLD CONDO TOWNHOUSE AT Eastwind Shores. Great view overlooking LI Sound. LR, DR, Kitchen, 3BRs, 2 1/2 Baths, h. jacuzzi, loaded with closets. Swimming pool, dock at rear of property. Must see to appreciate the beautiful surroundings. \$225,000. 486-1868, 248-0753, Owner/Broker. gcN4

NEW LISTING, GARDEN CITY Estates, Center hall Dutch Colonial, 4 BRs, 2 1/2 baths, FDR, EIK, LR/FPL, sunroom, large deck. Everything updated. Owner financing. Principals only. Even and weekends. 741-2076 gcN3

GARDEN CITY ESTATES Tudor on golf course. Everything new. LR/Fpl, DR, EIK, finished basement, 4BRs, 1 full Bath, 2 half Baths, new oak floors, 40 x 100 property. Taxes \$3,900. Just reduced by owner \$419,000. House is much larger than it appears. Walk to RR & stores. 741-4274. gcN4

CUTCHOGUE/NASSAU POINT Bayfront Blue Chip Offering. Young custom built 3,200 sq. foot luxury home on shy acre. Sandy beach, breathtaking views. Asking \$795,000. Cutchogue Expandable 2 BR Cape in farm area on shy acre. Well cared for oldie with 3 car detached garage. Reduced to \$149,900. Mattituck - Walk To Town & School. 3 BR Ranch, LR/Fpl, oak floors, OHW heat & Morton barn. Great starter home \$139,500. Southold Exclusive Main St., zoned business, shy 1/2 acre. Perfect for professionals. Best location in town. Presently 3 family. Asking \$230,000. Southold Soundfront. Enjoy all seasons. Well maintained year-round home. Waterside family room, LR/Fpl, 3 BRs, 2 baths, deck & gas heat. Low bluff, nice beach & glorious sunsets. Reduced to sell \$295,000. Southold Bayfront - 200 feet of gorgeous beach, bulkheaded. Magnificent 5 BR, 4 1/2 bath home on park-like 1 plus acre. Incredible views. Our exclusive \$695,000. Please call for our fall brochures. Marion King Realty 734-5657. gcN1

NASSAU POINT WATERFRONT Country home features LR/stone Fpl, FDR, family room, 2 plus BRs on wooded acre \$269,000. Laurel - Immaculate Colonial in prime location. Formal LR, family room/Fpl, FDR, EIK, 4 BRs, 2 1/2 baths. Professionally landscaped, deeded bay beach. \$319,500. New Suffolk Bayfront. Mint year round vacation home. Great room/Fpl, spectacular views, sugar sandy beach. \$510,000. Mattituck - Mint Ranch in private community. LR/Fpl, FDR, family room, 2 BRs, 2 baths, enclosed porch, basement, garage. \$165,000. North Fork Bayfront. Like new Contemp. LR/Fpl, vaulted ceilings, custom Euro kitchen, DR, den, 3 BRs, 3 baths, extensive decking, panoramic views. Privacy \$585,000. Lewis Realty 766-5810, 398-4600, 734-5533. gcN1

Real Estate for Sale

EAST HAMPTON - NORTHWEST Woods - Custom 2 story 3,000 sq. foot Contemp. Many extras. Cathedral ceiling. LR/FPL, master suite with over-sized marble bath, spacious kitchen, separate breakfast room, dining room, 2 1/2 baths, 2 additional BRs & artist's studio. On 1.5 landscaped acres. \$575,000, weekdays (212)477-0756, weekends (616)329-0469 gcN1

GARDEN CITY EXCLUSIVE Mint Contemp., 4BRs, 2 1/2 Baths, modern EIK, Family Room, Office, Rec. Room, CAC, 2Car, over 1/2 acre. \$400's. Classic CH Estates solid brick Colonial, slate roof, 4BRs, 3Baths, EIK, Rec. Room, \$400's. Prestigious Blvd. Location through CH Colonial, 4BRs, 3Baths, large EIK, 2 Car, 1/2 acre. \$600's. Vera Atamian 354-1994. gcN1

OLD WESTBURY - MINT Young Ranch, 3BRs, 2 1/2 Baths, large EIK, soaring ceilings, CAC, 2 Car, Wheatley School District, over 1 acre. \$400's. Vera Atamian 354-1994. gcN1

FLORAL PARK - SUPER mint brick and stone Charmer, 4BRs, 3 Baths, Fam. Rm. room for extended family. Colonial Gardens. Mid \$200's. Vera Atamian 354-1994. gcN1

BOYNTON BEACH, FLORIDA Condo, Intra Coastal Community. 1 BR, 1 1/2 baths, blinds, draperies, mirrored wall, screened porch. Walking distance to beach, shopping, churches etc. Mint condition, many amenities. Rent possibility. 747-5435 gcN3

GARDEN CITY ESTATES, BLVD. address, Contemp. 4 BRs, 2 1/2 Bths., LR/Fpl., DR, Den, Lg. EIK, 2 Car Garage. Beautiful private yard. Walk RR. \$359,000. Owner 741-0154. gcN2

GARDEN CITY RANCH, CAC, 3BR, 3B, Deck, Jacuzzi, Finished Basement/Wet Bar, Cedar Closet, Hepa Allergy System, 1/2 Acre. Walk to LIRR. \$379,000 neg. 352-0608. gcN2

GARDEN CITY BEAUTIFUL lg. split, 3/4 BRs, 2 Bths, New EIK, Cath. LR/Fpl, DR, Den, Fin. Bsmt., 2 Car Gar., 70x100 fenced yard, new driveway, porch, walk. Convenient to park, RR, Shopping. Low taxes. Priced to sell! \$335K Owner 747-6386. gcN4

GRANDPARENTS - Send in your grandchildren's photos and enter our "World's Most Beautiful Grandchildren" contest. Just send a photo and a brief description of the child (or children) along with your name and address to: Litmor Publications, Beautiful Grandchildren Contest, 81 East Barclay St., Hickville, N.Y. 11801. We'll do the rest!

Co-Op For Sale

MINEOLA-HORTON HOUSE CO-OP, spacious 3rd fl., front corner, 2 BR, 1 bath, full DR, EIK. Newly renovated & newly decorated. Walk in closets, oak floors. Parking available. Walk all. Principals only, \$108,000. 294-5964. wN1

MINEOLA. GARDEN PLAZA - Beautiful Studio Apartment, near RR, hospital & stores. Mirrored closets, new carpeting, 24 hour security. 294-9613. gcN3

GARDEN CITY 2 BR Cherry Valley Co-Op \$109,000. Principals only, second floor, new carpet. Excellent condition. Call 747-5226. gcN2

CHERRY VALLEY, 1 BR first floor, new kitchen, updated bath, hardwood floors, extra closet space, partially furnished \$65,000 by owner 294-2638. gcN1

GARDEN CITY CO-OP Carlie House, Stewart Ave. 2 BR, 2 bath, elevator and garage. Monthly maintenance \$582, 50% deductible. Mortgage free building. \$295,000. 747-2815. gcN1

GARDEN CITY HAMILTON GARDENS 1 BR, large custom EIK, LR, bath. Excellent condition. Asking \$85,000. 354-3238. Ask for Frank. gcN1

GARDEN CITY CO-OP, 2 BR, second floor, center of village, 2 blocks LIRR, refinished floors, new windows, \$116,000. Leave message. Owner 873-9469. gcN2

GARDEN CITY, CHERRY VALLEY, 1 BR, first floor, mint condition. New Kitchen, carpeting. Maintenance 74% deductible. Low \$60's. 488-5718. gcN3

GARDEN CITY, CHERRY VALLEY CO-OP. Mint condition. Motivated seller. Spacious 1 BR, new EIK. Walk to RR & stores. Asking \$75,000. Principals only. (212)407-2226 days, 742-6843 even. gcN4

CO-OPS & CONDOS
2 Birchwood Court
 Top of the line, 1BR, 1B \$89,000
 Cherry Valley
 1BR, 1B, Creampuff, lat fl. \$75,000
 LR, Ultra/M/IK, 2BRs, 1B \$112,000
 2BRs, 1B, CAC + wash & dryer \$105,000
Hamilton Gardens
 1BR, 1B, Lg EIK, LR, Foyer \$85,000
 LR, DR, EIK, 1BR, 1B \$105,000
Second Street Hamilton House
 Eat Sale, 2BRs, 2Bs, Front \$140,000
Mineola's Harrison House
 2BRs, 1B, CAC, Lndry, 1 Gar \$129,000
Mulford Place
 LR/Fpl, DR, Den, 1BR, 1B, Corner \$85,000
Stewart Franklin
 2BR, Sunny, LR/Fpl, DR, EIK, Want Offers
Stewart House
 All New 2BRs, 1B, Kit, LR, DR \$189,000
 Dougall Fraser Realty 248-6655 gcN1

Co-Op For Sale

GARDEN CITY, 2BR, 2ND floor end unit facing 15th St., A/C, Wash/Dryer, Attic, Garage - \$109,000. 294-0269 gcN2

GARDEN CITY CO-OP, 1BR, Second floor, newly renovated. Walk to LIRR, \$69,900. Reduced for quick sale. By owner, 248-5347. gcN3

STEWART AVENUE - BEST Apartment in town. 3BR, 2B, LR w/fpl, FDR, maintenance \$1112/month. Attractive financing. \$195,000. Days (212) 841-7887 Evenings & weekends (516) 746-4165. gcN1

Co-Op For Rent

MINEOLA - SPACIOUS 2BR, 2 bath, balcony, dishwasher, micro. Walk to RR. Security Guard. \$1,200. Available Dec. 1. 747-8181. gcN3

Real Estate For Sale

WEST HAMPTON BEACH - Open House, Sunday, Nov. 7, 1-4 p.m. Patio Villas Condominium, Unit #38, Brittany Lane. 2 BRs, 2 1/2 baths Township, CAC, community pool, hot tub, LR/Fpl, all new. Decorator's showcase. Owner 288-0221 or 742-5920. \$249,000. gcN1

HISTORIC SCHENCK-MANN House - Syosset Circa 1700, 222 Convent Road, 9-5 p.m., Friday, Saturday and Sunday, Nov. 5, 6, 7. Fully restored 4BR Dutch Colonial featuring 5 fireplaces, beehive oven, hand hewn beams, beaded paneling, wide plank floors, antique hardware and fixtures, bull's eye glass, stone foundation including original animal stalls. Set on 3.48 acres of mature trees and manicured grounds. Priced attractively at \$690,000. Additional one acre parcel w/1900 Victorian barn also available. Principals only. 795-0501. hn1

WILLISTON PARK, LARGE sunny 1BR Apt., private entrance, washer/dryer. Use of back yard. Plenty of storage. Walk to all, \$800. 248-8563, after 5 p.m. gcN4

Real Estate For Rent

BEAUTY SHOP HAS chairs for rent or rooms for rent for nails, jewelry or facials etc. (516)354-7028. gcN1

GARDEN PLAZA, MINEOLA - 1 BR Co-Op Renovated bath & kitchen, living/dining room, BR, large closets with walk-in. Convenient to all. Walk to LIRR, parking spot available. Immediate availability. \$900 month (516)488-8249. gcN4

GARDEN CITY, SMALL private 5 room cottage for winter rental. 741-3694. gcN4

Real Estate For Rent

EAST MEADOW - FURNISHED room for rent. Share bathroom. Private entrance. Responsible working person. Non-smoker. Call 221-0940. gcN4

GARDEN CITY SOUTH, 6 room apartment, 3 BRs, LR, EIK, TV room, bath & terrace, shopping, walk to LIRR & Adelphi. Perfect for students. \$1,000 per month plus utilities. Owner/Broker. No fee (516)486-1868, (516)248-0753. gcN4

GARDEN CITY ROOM - Furnished. Separate entrance, private bath, non-smoker, female preferred. Reference. Call 741-0535. Rent negotiable. Call after 7 p.m. gcN3

CARLE PLACE/WESTBURY, 1BR, full bath, large LR/dining room combo, kitchenette, newly painted, carpeted. Single preferred. Walk to RR & shops. \$725 all. 742-6375 gcN1

GARDEN CITY SOUTH - Picturesque English Tudor. Move in condition. Vacant. 3 BRs, den, spacious rooms, quiet street. Walk all. \$1,750. E.M. Keusey 747-1300 gcN1

FLORAL PARK 2 BR Apt./house- Large 2 BR, first floor apartment. LR, DR, 2 BRs, full bath, new EIK, all new appliances incl. dishwasher. Freshly painted, new hardwood floors, new windows, plenty of closets. Includes fully finished lower level with den & bar, new carpeting, full laundry room with new washer/dryer plus large additional storage area. Apartment comes with fully landscaped & maintained yard & full size garage. Great location in village incl. heat, hot water & gas. Available Nov. 15, \$1,195. firm. 775-4256 gcN3

MINEOLA, GARDEN CITY Border, near everything. Large newly decorated Co-Op. King sized BR, A/C, carpeted, dishwasher. Fully furnished/unfurnished. large walk-in-closets. Vacant. \$1,025. Call 747-5703 gcN1

MALVERNE, LARGE FURNISHED 3 room apartment, basement, but bright. Adjacent to RR Station. New kitchen & new windows. For single woman, non-smoker. \$650 a month. 593-0036 gcN1

GARDEN CITY ROOM for rent, furnished, private bathroom, close to RR/stores. Non-smoker (516)437-9156 gcN1

MINEOLA: BEAUTIFUL & LARGE Studio. Excellent location, next to hospital & courts, only \$675. a month. Large 1 BR. Luxury apt house, plus terrace. One of a kind. \$850. Royal - 742-3355 wO5

1 & 2 BRM apartments avail in Garden City and immediate areas. \$600/mo to \$1,400/mo +. Also homes for rent \$1,500+. Call Anne Hagen. RE Broker. (516)741-1754. If not in, please leave message. gcN1

Real Estate For Rent

BELLEROSE, 1BR APARTMENT LR, EIK, w/w carpet, newly painted, full bath. Near RR, bus & stores. \$600 per month. 292-0302. gcN2

GARDEN CITY, CHERRY Valley, 1 BR, first floor, mint condition. New Kitchen, carpeting. Maintenance 74% deductible. Low \$60's. 488-5718. gcN2

MINEOLA, 1 LARGE, 1 small room, quiet, cheerful home. Non-smoker. References & security required. 742-2239 gcN3

WILLISTON PARK - 3 rooms, private entrance. \$750; also 1st floor, basement, \$1,000. Ask for Maryanne. Rummel Real Estate. 746-5320 wO5

GARDEN CITY LOVELY, quiet furnished room. Private entrance, bath. Mature, non-smoker preferred. References. (516) 746-0018. gcN3

WILLISTON PARK - SELECTION of 1 BR, 3 room apartments starting at \$690 plus utilities. Private building. Parking. No fee. 747-1300 gcN1

GARDEN CITY - EXPANDED Ranch. LG LR/fpl, DR, new EIK - all new appliances, family room, 3/4 BRs, 2 full Bs, fenced yard, great family neighborhood. One month security and references are a must. \$2000/month. Negotiable by owner. 741-2054 gcN2

MINEOLA, GARDEN PLAZA - Beautiful Studio Apartment, near RR, hospital & stores. Mirrored closets, new carpeting, 24 hour security. 294-9613. gcN2

GARDEN CITY /HEMPSTEAD, SPACIOUS 1 BR CO-OP apt. for rent or sale. New kitchen & bathroom, wall to wall throughout. Security building, garage available. Rent \$975 per month. 746-4451. gcN4

OFFICE SPACE FOR rent. Ideal location, Garden City vicinity. Beautiful office suites, 150 sq. feet - 3,500 sq. feet. owner (516)538-7476 gcN2

BELLEROSE, 1 BR APARTMENT Completely renovated new bathroom, hardwood floors, EIK, near RR and stores. Move-in condition. Good location. \$600 per month, 292-0454 and 292-0544. gcN4

Vacation Rental

KISSIMEE, FLORIDA VACATION Condo, 2BRs, 2Bs, fully furnished, washer/dryer, heated pool, tennis. Minutes to all major attractions. \$400 a week. Call 957-0634 gcN2

BOCA/DEERFIELD BEACH, Florida. Lovely 2 BR, 2 B condo on intra-coastal waterway. Beautiful view, full screened porch, CAC, pool, all conveniences. One block to ocean. Walk to all. Available March and April, 294-8327. Evenings, (305) 427-7727. gcN1

Vacation Rental

SKI, STRATTON, BROMLEY, Okemo, 4 BR, 3 Bths. Fully equipped home. Week/weekend rentals. 248-1254 hn4

COCO BEACH, FLORIDA. Oceanfront 2 BRs, 2 baths, washer/dryer, terrace, tennis, furnished. 45 minutes to Disney. 248-7538. gcN4

MARCO ISLAND, FLORIDA. French Village, 2 BR, 2Bths., Condo. Steps to Gulf Beach. Pool. Weekly/monthly. 718/352-5798. hO4

MT. SNOW/HAYSTACK, large fully equipped 4 BRs, plus loft, 2 1/2 baths with color TV, VCR, microwave, heated garage. Beautiful views, lots of privacy. Available by the week or week-end. Call 468-6120 gcD3

POCONOS, 7 BR SUPER large house on 10 scenic riverside acres in Shawnee, Pa., bordering National park with skiing nearby. Perfect for social or family group camaraderie with a 16 person sleeping capacity. Weekends \$700. 248-4963. gcN3

STRATTON, VERMONT, 3BR & large loft on access road. Available from Thanksgiving on 873-6210, days. gcN3

SANIBEL ISLAND, FLORIDA. Tropical Gulf Paradise. Sundial Beach & Tennis Resorts. 2,000 foot beach, 5 pools, jacuzzi, soft tennis courts, golf, fishing, boat/bike rentals, bike/jogging paths, supervised children's activities available, gourmet restaurants, superb shopping, world famous shelling, 35 min. to Ft. Myers Jetport. 1,2,3 BR with full Kitchens. Rent daily, weekly, etc. 746-2211. gcD3

BROMLEY/STRATTON MOUNTAIN Vermont. Beautiful, spacious condo, fully equipped, 3 BRs, w/TV, VCR, Micro, on mountain near all amenities. Season rental avail. (516) 488-7399 evenings. (212) 546-2906 days. gcN4

Real Estate Wanted

GARDEN CITY FAMILY just sold home - seeks home in Estates section only - no splits. Flexible closing date. Principals only. 326-6944. gcN3

YOUNG MANHATTAN COUPLE from Garden City, looking to settle back home now! Estates section, 4BRs, plus. Please call (212) 775-8028. Principals only. gcN4

DOWN SCALING COUPLE seeks Cape/Ranch, 3/4 BRs in Northwest section of Garden City. Approximately \$275,000 - \$300,000. 893-2867, 283-8517 evenings. gcN4

DO YOU HAVE A SERVICE to advertise? Our Service Directory is sure to bring results. Call 931-0012.

For Sale

HUMMELS 11 FULL BEE, 7-Styled Bee. Assorted sizes. Call for Complete list. 212-554-3617. wnl

DINING ROOM, BREAK-FRONT, buffet, server, oval pedestal table, 6 chairs and 1 leaf. Kitchen cabinets for second kitchen, 24" electric stove and 6 foot formica bar. 742-5862. gcN1

DINING RM (BETHLEHEM) incl. breakfront, table and 4 chairs. Living Room buffet 76" long (Bethlehem), Bedroom (Dixon Powder Maker) incl. twin bed. All excellent condition and priced right. Kitchen set, 42" round table w/4 captains chairs. 747-8719. gcN1

WOOD TRIM COLONIAL love seat, blue mini print \$165. Recliner \$165. Excellent condition. Pine trestle table, 2 benches \$175. Call before 10 a.m. or after 6 p.m. 294-6543. gcN1

THOMASVILLE MAHOGANY TRIPLE dresser. Excellent condition and end table \$500 neg. 746-0551. gcN1

AREA RUGS - GENUINE Peking, 9 x 12 wool rug, brand new, light blue with pastels. Beautiful, \$1,000. Contemporary Hunter green with white inlaid border, 9 x 12, 1 year old. Beautiful condition \$500. 747-3114. gcN1

FURNITURE - COUNTRY ENGLISH oak, couch/love seat \$800, 2 occasional chairs \$200, Thomasville coffee table \$250. Excellent condition. 746-0595. gcN1

5 YEAR OLD CRAYTON Mar-que sleep sofa, 6" thick mattress, burgandy/creme floral, good condition. \$75. 746-4117. gcN4

NEW MAUVE RECLINER, Maple rocking chair, 3 speed boy's bike, belt sander, circular saw, 10" radial arm saw, Commodore computer. All 1/2 price or less. (516)488-4536. gcN4

BEDROOM SET - THOMASVILLE white French Provincial, six pieces. Excellent condition. \$500. 294-6008. wn4

ANTIQUES, SHOENHUT DOLL, starwheel furniture and more. Call 873-0229 (day), 741-6948 (night). wn4

SOFA AND LOVE SEAT with 3 pairs matching drapes - \$250. Also marble top mahogany cocktail table. Excellent condition. \$75. Call 437-1383. gcN4

S M I T H C O R O N A ELECTRONIC typewriter. Has foreign accents for French & Spanish, so is suitable for student. Also has accu-spell & changeable type daisy wheel \$240 cash includes extra daisy wheel (516) 352-3483 gcN2

BEDROOM FURNITURE, MIRROR triple dresser with matching armoire and night table. Traditional, carved dark oak in excellent condition. \$1,295. Neg. 294-0249. gcN3

For Sale

MAPLE CHINA CLOSET, a table and 4 chairs. Like new. 825-7359. gcN3

ANTIQUE MAN'S WATCH (Longine) \$700. Couch (olive) \$225, matching chair \$150. Buffet \$200, Tiffany style kitchen lamp \$60, entrance hall lamp \$40, round end table \$25, pingpong table \$50, Porcelain planter \$35, IBM Selectric \$250. 746-6074 gcN2

3 PIECE CUSTOM made almond mica/wood wall unit. Can be utilized individually or together. \$650 432-9573. Leave Message. gcN2

TEN PIECE CHERRY DR. oval table, 4 side & 2 arm chairs, breakfront, server, buffet, 2 leaves, pads. Days 292-1818, Eves 294-5030. gcN2

CORNER TABLE in excellent condition \$40, sewing cabinet with wheels \$30. Other incidentals. 741-0441. gcN2

2 BROWN CORDUROY sofas in very good condition. One, 3 seater, \$250. Other, 2 seater \$150. Call 294-8874. gcN2

PANASONIC SELECTRIC TYPEWRITER, 2 drawer file cabinet, butcher block round table with 2 chairs and coat umbrella stand. 364-6066 days; 773-3409 eves. gcN3

CRAFTSMAN 10" RADIAL arm saw w/carbide blades. Molding head and cutters. Dado cutter, dust collector. Also other wood tools. \$325. 931-6090. hn2

FOUR PIECES ROOM PLUS furniture. White gloss finish, mica/wood, 6 drawer chest, twin storage headboard, two 18" armoires. Like new. \$1,000. Steinway upright piano, mahogany case, 45 years old. \$1,900. 741-4614. gcN3

25" ZENITH T.V. console, good condition. \$100. Burris recliner, mocha, excellent condition. \$100. 931-6090. hn2

MOVING SOUTH! NO Need for beautiful Ranch Mink coat. Excellent condition, hardly worn. Large size (20 or larger) with sable collar and cuffs. Best offer over \$1,500. Please call (718) 886-1024, or leave message. gcN3

IBM PC/XT, 640 K MEMORY, 360 K floppy drive, 10 mg hard drive, IBM color monitor, IBM keyboard, EPSON wide carriage Dot Matrix printer. All \$299. 742-1205. gcN2

STERLING SILVER GORHAM Fairfax, 4 piece place settings. Service for 11. Brand new. Best offer. 746-3876. gcN3

MOVING - PINE TRESTLE table w/6 chairs, computer desk, gardening tools, log ring, 2 stereo speakers, small lady's desk and chair, 3 Gothic mirrors, workbench and other items. 294-7434. gcN3

CONVERTIBLE COUCH - 8 yrs. old, good condition, Queen size. \$150. 747-6553, East Williston. wn2

For Sale

FIREWOOD APPROXIMATELY 1 CORD. You take away. \$70. 437-7890. gcN1

BENNINGTON PINE COLONIAL BR. 5 Piece set with 4 post Queen bed \$750, 7 piece LR set (Cargo), 1 year old \$850, dinette table with 4 chairs \$125. 741-5433. gcN1

COUCH, UPHOLSTERED CHAIR, wing chair with coordinating fabric for windows. Dining room set with 6 oval can back chairs, hutch & server and etagers. Please call 248-0198. gcN1

ANTIQUE MAHOGANY SIDBOARD - top piece mirrored, lined drawer for silverware. Must see. Very good condition. \$850. 678-3090. gcN3

MIRRORED WALL UNIT - Ivory lacquer & Brass. 56" high x 56" long x 20" deep. Like New. \$475. Black mink, full length coat with fox trim, size 10, excellent condition. \$850. 294-0632. wn2

Car For Sale

'88 SAAB, NICE CAR 4 door, automatic, power brakes, power steering, tan, \$4,650. 352-7286. gcN1

'82 TOYOTA SUPER, rust colored 2 door hatch. 91,000 miles, 5 speed, moon-roof, AM/FM cassette, tinted windows, power windows and doors, alarm. New tires. Good condition. \$1,500 neg. 352-7008. gcN1

1987 - MERCURY COUGAR LS, silver/gray, black carriage top. Fully equipped, excellent mechanical condition. Super low mileage. \$6,700. 746-3231. wn1

1984 NISSAN MAXIMA Station Wagon, needs rear end. Everything else perfect, 4 new tires. \$350. 741-3694. gcN2

1984 OLDS CUTLASS Supreme. Mint, clean in and out. High mileage. New trans & tires & radio. \$2,000. 742-4823. gcN4

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DOLLS WANTED
I collect dolls and other doll memorabilia, new or old. What do you have for sale? Call me at 747-8496. gO5

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LARGE, MALE, GREY tiger-striped cat. Lost Friday, maybe in vicinity Nassau Blvd. area. Reward 746-6187. gcN1

Lost and Found

JVC CAMCORDER & CAMERA in black leather case on Sunday, Oct. 24, at Allenwood Park in Garden City. 867-3073. hn3

Fair

ANNUAL HARVEST FAIR, Sat. Nov. 6, 10am - 3pm. Christ Episcopal Church, 33 Jefferson Street, Garden City. Farm stall, baked goods, craft items, Christmas gifts, toys & games. Raffle of Hand-made Quilts. Attic treasures, personal services, sweepstakes w/prizes, delicious luncheon snacks. Free admission. Rain or shine. gcN1

ANTIQUe SHOW, SUNDAY Nov. 7. Radisson Plaza Hotel, Melville, Corner LIE & Rte. 110 at Exit 49, Service Road. 10 am - 5 pm. Admission \$3.50 (\$3 with ad). gcN1

Garage/Tag Sale

MOVING SALE - NOVEMBER 5, 6, 7. Rain or Shine. 9-3. 86 Harvard St., Williston Park. Everything Goes. wn1

FRIDAY, NOVEMBER 5, 10-2, at 70 Transverse Rd., Garden City. Miscellaneous household items and toys. gcN1

YARD SALE, FRI. & SAT. Nov. 5 and 6, from 9 to 3, at 189 Nassau Blvd., Garden City. Moving. Furniture, antiques, mirrors, solid wood doors, clothes, houseware, bric-a-brac, baby items, crib, high chairs, car & booster seat, trikes and bikes, toys, girl's Rothchild coat (size 5/6, hunter green). Something for everyone. No Previews. gcN1

MOVING SALE, SAT. Nov. 13, 9 am-4 pm. Raindate Sat., Nov. 20. 111 Sackville Road (between Stewart & Stratford Aves.) Garden City. Outdoor furniture, assorted kids' clothing & toys. Something for everyone. gcN2

BLOCK GARAGE SALE, Sat. Nov. 6, Fernwood Terrace (Bet. Chester Ave. & Salisbury Ave. - 1 block from Father Brown's Church). Raindate Sunday, Nov. 7. Great items. gcN1

GARDEN CITY - MOVING. Entire contents of house. Furniture, tools, snow blower, bric-a-brac, linens, patio furniture. Fri. & Sat., Nov. 12 & 13, 10 a.m. - 4 p.m. at 199 Meadbrook Rd. gcN2

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Garage/Tag Sale

ST. PAUL'S CELEBRITY AUCTION. The Greek Orthodox Cathedral of St. Paul's at 110 Cathedral Ave., Hempstead, N.Y. is having a "Gala Happening" ... a fabulous auction featuring unusual and interesting items for every taste including hotel stays in New York and Atlantic City, furs, autographed celebrity items and boat rides. This Happening will be held on Sunday, November 14 at 3 p.m. at St. Paul's and will feature a surprise celebrity auctioneer. Tickets are \$5 per person, refreshments included. To purchase tickets, please contact the church at 483-5700. Come for an afternoon of fun, prizes and surprises. gcN2

MOVING SALE, SAT. Nov. 6, 10-4 p.m. at 214 Brixton Rd., Garden City. A little bit of everything. Toys, furniture, lawn mower. Everything must go. gcN1

165 ROCKAWAY AVE. Garden City, Sat., Nov. 12, 9 a.m. - 2 p.m. Dining room set, bedroom set, lawn mower. gcN2

TAG SALE, GARDEN CITY Settling Estate. Must sell charming French DR, Stair Glide home chair lift, desks, LR, den & assorted BRs, antique clocks, interesting bric-a-brac, nursery rhyme collector plates, new kitchen set, ping pong table, bar refrigerator, records, redwood set and much more. Please join us at 67 Willow St. (west, off Clinton), Saturday, November 6, from 9 a.m. to 2 p.m. gcN1

BIG VARIETY OF CAMERAS, radios, household things, garden tools, vases and knick-knacks. Saturday, November 13, from 10 to 4, 85 Amherst Rd., Albertson. wn2

NEW HYDE PARK, 3 HOUSES on Sperry Court off New Hyde Park Road, between Hillside & Jericho Tpke. 10 to 4 on Sunday, November 7. Something for everyone. wn1

An Experience in Good Taste



DINING GUIDE

In the Discovery Section of this newspaper

NOTICE HAVE YOU A HIDDEN TALENT that has yet to be discovered in print?

We are looking for articles, not exceeding 3,000 words or less than 1,500 words, on local topics, opinions, ideas, nice places to visit on Long Island, and even fiction. In our magazine section, we will try to "Discover" one new feature length article and writer per week. Each writer will be reimbursed a stipend of \$25.00.

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GRANDPARENTS - Send in your grandchildren's photos and enter our "World's Most Beautiful Grandchildren" contest. Just send a photo and a brief description of the child (or children) along with your name and address to: Litmor Publications, Beautiful Grandchildren Contest, 81 East Barclay St., Hicksville, N.Y. 11801. We'll do the rest!

Novenas

PRAYER TO THE BLESSED VIRGIN (Never known to fail), Oh, most beautiful flower of Mt. Carmel, fruitful vine splendor of Heaven, Blessed Mother of the Son of God. Immaculate Virgin, assist me in my necessity. Oh, Star of the Sea, help me and show me, herein you are my mother, Oh, Holy Mary, Mother of God, Queen of Heaven and Earth! I humbly beseech you from the bottom of my heart to succor me in this necessity. There are none that can withstand your power. Oh, show me herein you are my mother. Oh, Mary conceived without sin, pray for us who have recourse to thee (SX). Holy Spirit, you who solve all problems, light all roads so that I can attain my goal. You who gave me the divine gift to forgive and forget all evil against me and that in all instances in my life you are with me, I want in this short prayer to thank you for all things as you confirm once again that I never want to be separated from you in eternal glory. Thank you for your mercy toward me and mine. The person must say this prayer 3 consecutive days. After 3 days, the request will be granted. This prayer must be published after the favor is granted. DC hn1



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Product designs benefit people with arthritis

By Leonard J. Hansen

Opening a jar in the kitchen or a child-proof cap on a medicine bottle can be an insurmountable challenge for mature adults with arthritis in the hands. Working buttons on dresses or shirts and rear zippers on dresses would also be considered near impossible without help.

Punching small buttons on a telephone or radio or air-conditioning switches on an auto dashboard may be similarly beyond possibility for someone with restricted mobility.

Something had to be done about it, the national Arthritis Foundation determined; manufacturers had to be spurred into adapting their products for use by 37 million Americans with arthritis and retailers identified to present those products to a ready and waiting market at prices comparable to the traditional items.

One of the products recognized last year was Tylenol Fastcap packaging, an easy-opening design innovation by McNeil Consumer Products, one of the Johnson & Johnson companies. The easily gripped square bottle has an over-size cap that opens at a quarter-turn, either by hand or by use of an implement, such as a pencil or pen, through a hole in a handle extension to the top.

On receipt of its commendation from the Arthritis Foundation, the first for non-prescription medication packaging, Tylenol and foundation management developed a plan jointly to research other products and their ease of use by arthritics and other people of limited physical ability.

McNeil Consumer Products Co. provided a sponsorship grant to establish and operate the Tylenol/Arthritis Foundation Design Awards program. After a year of research and evaluation of 200 products, the first four commendations in the new and continuing program were presented Oct. 5 in New York City.

Receiving design awards were the Saturn automobile for its driver's console, J.C. Penney Co. Inc. for a line of Easy Dressing Fashions, AT&T for the Big Button Plus Phone, and Oxo International for their Good Grips kitchen products.

"These products make a difference to people with arthritis, enabling them to manage their illness and still perform daily activities. What's more, each product features benefits that have universal appeal to consumers nationwide," said Armin U. Kuder Esq., chairman of the Arthritis Foundation.

The reasons the product designs benefit people with arthritis were detailed at a press conference, including:

- Saturn, the automobile line established in 1985 by General Motors, incorporates a console with "all gauges placed comfortably within the driver's line of vision, and all controls are easy to reach

and operate in a single motion, not in a series of steps. The FM/AM stereo system, an often used feature, is positioned above the less frequently used climate control system, eliminating unnecessary stretching and uncomfortable hand maneuvers.

The Saturn console allows those with limited hand dexterity to drive with ease and comfort. Saturn automobiles are available at more than 200 dealerships nationwide.

- J.C. Penney Co. Inc., which developed new lines of stylish fashions for men and women in the 1970s and 1980s, adapted the same career, dressy and casual wear styles into Easy Dressing Fashions for women in 1990 and men in 1993.

As a benefit to people with arthritis and others of limited mobility, the "easy dressing" line uses pop back zippers or buttons, while providing adhesive closures, roomier armholes for ease of access, partial or full elastic on pants and skirt waists, extra-roomy pockets on jackets, skirts and pants, and sturdy fabric pull loops inside waistbands of some skirts and pants.

In presenting the award, the Arthritis Foundation said: "The easy dressing fashions enable those with limited mobility to dress fashionably with ease and comfort. Also, pricing compares well with the traditional J.C. Penney fashion lines."

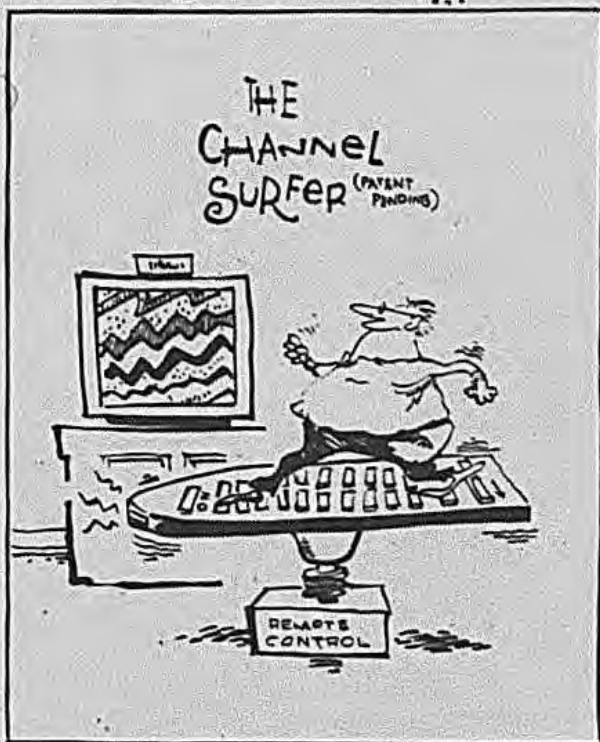
Easy Dressing Fashions are sold by catalog, and copies are available, without cost or obligation, by toll-free telephone call to (800) 222-6161.

- AT&T recognized the need for a telephone instrument that could be used effectively by those with limited hand dexterity, according to the Arthritis Foundation. The Big Button Plus Phone features 1-inch square push buttons with white numbers on a black background, plus three brightly colored programmed buttons for calling emergency services.

"Large number buttons provide a larger surface area to work with and allow those with limited range of motion and dexterity to use the telephone easily," said the evaluation panelists. The AT&T Big Button Plus Telephone has a manufacturer's suggested retail price of \$69.99, and is sold through electronics, appliance, department and discount stores nationally.

- Oxo International, which markets common household kitchen items and tools, designed and developed a stylish line of utensils for consumers with limited manual dexterity. The Oxo Good Grips line includes 43 utensils — measuring and serving spoons, jar opener, knives, scissors, peelers, scoops, pizza slicers, spatulas, strainers, grater, corer, corkscrew and more.

The Crowley Chronicle



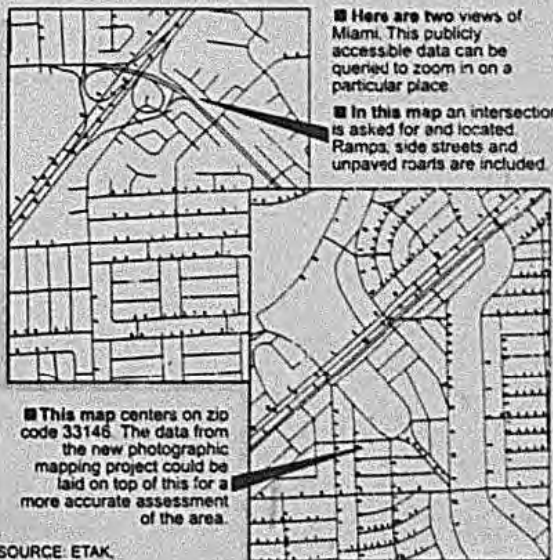
DISCOVERY

Big Brother is... mapping

The U.S. Geological Survey is about to take photographs of every square inch of the 48 contiguous states. The giant photographic collage could aid firefighters, police and civic planners.

What's on file now

The government already has a vast array of map data for the country. Terrain-relief (topographic) maps are available, as are street maps of most areas. The detail is impressive.



■ Here are two views of Miami. This publicly accessible data can be queried to zoom in on a particular place.

■ In this map an intersection is asked for and located. Ramps, side streets and unpaved roads are included.

■ This map centers on zip code 33146. The data from the new photographic mapping project could be laid on top of this for a more accurate assessment of the area.

SOURCE: ETAK, Strategic Mapping

Kids Home Newspaper



Games, rhymes, and riddles for children and their parents, too!

By J.R. Rose -

DRAW IT!

DRAW BIRTHDAY CANDLES

ON MY CAKE! Ooo



WHICH BIRD IS THE BEST AT BLOWING OUT THE CANDLES ON ITS BIRTHDAY CAKE?

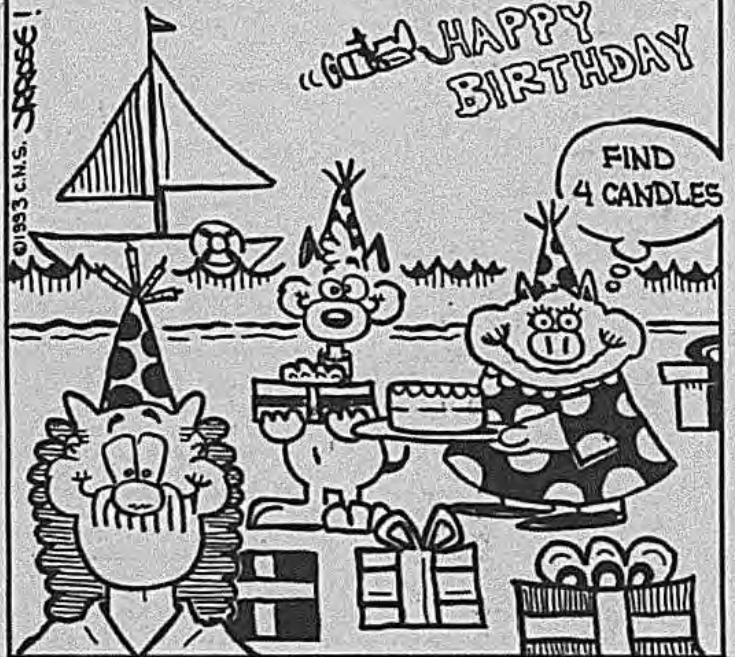
THE PUFFIN



WE'RE AT A PARTY BY THE LAKE AND POLLY HAS HER BIRTHDAY CAKE! THERE ARE NO CANDLES THAT I SEE WHERE CAN MISS POLLY'S CANDLES BE?

HAPPY BIRTHDAY

FIND 4 CANDLES



SOLVE THE REBUS TO SEE WHICH TYPE OF PARTY PUP IS GOING TO ATTEND!



ANSWER: BIRTHDAY

WRITE US!

IF YOU HAVE ANY FUN GAMES OR JOKES SEND THEM TO: PUP

81 EAST BARCLAY STREET
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WHY WASN'T THE GHOST POPULAR AT PARTIES?

HE WASN'T MUCH TO LOOK AT!



PUP THANKS MELANIE STEWART OF ST. GEORGE, UT.

ANTIQU OR JUNQUE

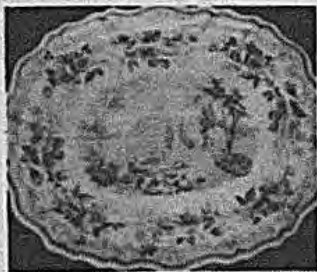
By Anne McCollam

Potters identified by border designs

Q. Enclosed is a picture of a light-blue-and-white platter that was given to me 20 years ago by an 80-year-old lady. It is 18 by 14 inches.

On the back it is marked View of Newburgh, and Jackson Warranted in a scroll.

What can you tell me about my platter.



A. Your platter was made by Churchyard Works, operated by Job and John Jackson in Burslem, Staffordshire, England, between 1831 and 1843. It is a historic view of Newburgh, N.Y., along the Hudson River.

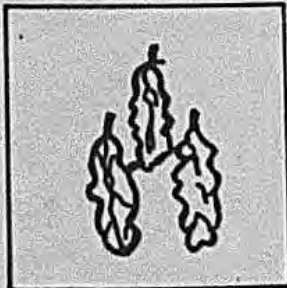
Most of the Staffordshire potters had an individual border by which they could be identified. The wreath of flowers, beaded band and white margin on the platter are all typical border designs of J.&J. Jackson.

Your Staffordshire platter would probably fetch about \$325 to \$350.

Q. The enclosed mark is on the bottom of my porcelain tureen.

It is decorated with bouquets of flowers, has a bud finial (knob) on the lid and stands 12 inches high.

What is the vintage and value of my tureen?



A. The mark on your tureen was used on porcelain by C.G. Schierholz & Son in Plaus, Thuringia, Germany, from 1907 to 1927. The company was established in 1817, and still operates.

Most of the factories in Plaus produced both decorative and util-

tarian porcelain.

The value of your tureen would probably be about \$200 to \$250.

Q. I inherited an oak sideboard from my parents. It is 44 inches high and has a plate rack above the rectangular top. There are two drawers above the cabinet doors, it has plain straight legs and is in good condition.

It is marked Stickley Bros. Co., Grand Rapids, Michigan.

Is my sideboard Mission Oak and what is it worth?

A. Mission Oak evolved from the American arts and crafts movement that began in the 1890s. It was a response to the ornate and overly decorated Victorian furniture.

The style was simple and functional, the lines straight and the wood usually was solid oak.

Gustav Stickley started it all and was the best known of the five Stickley brothers. His brothers, Albert and George, founded their company in Grand Rapids, Mich., in 1891.

The name Mission may refer to a Southwestern influence or possibly from a "mission" to do away with all the curves and curlicues of the Victorian era.

Your Mission Oak sideboard was made by Stickley Bros. around 1900.

It would probably sell for about \$1,200 to \$1,500.

Q. My grandmother handed down to me a silver-plated coffee service, which consists of a coffee pot, a creamer and sugar bowl with a lid.

Each piece is marked with an anchor over a crown and the words Derby Silver Co. — Quadruple Plate.

Any information you may be able to offer will certainly be appreciated.

A. Derby Silver Co. existed from 1873 to 1898, when they were consolidated with International Silver Co., which still operates today.

The anchor over a crown mark was used from the late 1890s to the early 1900s.

Quadruple plate means the pieces were silver-plated four times.

Your silver-plated coffee service would probably be valued about \$165 to \$185 in good condition.



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Points on Pets

By R.G. Elmore, D.V.M.

Q. Our friends keep their 3-year-old cocker spaniel in a crate while they are away for the day and during the night. This seems cruel. What is your opinion? What are the advantages?

A. Every dog needs a place to call its own — a place to rest and retreat from the stressful life of modern living. Likewise, every dog owner needs a safe area to place their dog while not observing or supervising its activities. A crate can help direct an enthusiastic puppy's aggressiveness into a safe and acceptable pattern. Many dogs enjoy their crates and voluntarily go into them throughout the day.

Many dog owners place their pets in crates while they are away from home. This protects the household from damage that the pet might commit while the owner is absent and protects the pet from injuring itself.

Crates are often used in house-breaking new puppies. To do this the puppy should be kept in the crate except while outside to eliminate. The puppy should not be allowed freedom in the house until completely housebroken. Of course, the puppy can be taken out of the crate for supervised play

and training.

A pattern can be set so that the puppy is taken directly to the yard from the crate at regular times. Most puppies soon learn the pattern and do not soil their crates.

Crates can be useful while a dog is recovering from an illness to reduce its physical activity. Many people confine their dogs to crates while visitors or service people are present. It is much easier to travel with crate-trained dogs. Many hotels will allow crates in their rooms.

Crates should never be used as punishment. Using a crate should always be a positive experience for your dog. Many people feed and water their dogs in their crates.

While the dog is allowed to roam the house, the crate door should be left open so that the dog can retreat to its place at any time.

Crates are a great aid in training new puppies and offer a safe haven throughout their lifetimes.

POINTS ON PETS

WIN A BIG PRIZE!
ADD ALL THE SINGLE NUMBERS ON THE RHINOCEERUS AND COLOR THIS CONTEST ENTRY.

Aunt Tilly's Corner

Have you noticed the squirrels lately? They are very busy scurrying around. They are looking for acorns and nuts and materials to keep their homes warm for the winter. If you look carefully you will see that their tails are thick and bushy. This is nature's way of preparing them for the cold winter weather.

Indeed the weather has turned cold. We too, are looking for ways to insulate our homes for the winter. Our parents are busy getting woolen sweaters and coats out of the moth balls. Some are stacking up on scups. Maybe you can smell the warm healthy aroma from your kitchen when you come into your home. I remember when my grandmother used to knit us wool sweaters to keep us warm.

Your friend,
Aunt Tilly

RULES BOYS AND GIRLS

Here is your chance to win One Dollar (\$1.00) - to spend or to save.

- Here's all you have to do:
1. Contest is open to children 4 to 12 years of age.
 2. Entries must be received by Friday, November 12, 1993
 3. Paint, watercolors and crayons must be used on the above.
 4. Decisions of the judges will be final.
- Mail your entry (just clip our cartoon) to this newspaper at:
 105 Hillside Avenue
 Williston Park, N.Y. 11596

YOUR SOCIAL SECURITY

SS will not accept photocopies

By William M. Acosta

Q. Will Social Security accept photocopies instead of documents as evidence to support a claim? — W.A.

A. No.

The person processing the claim must certify that he or she has seen the original document or a certified copy of the original. Documents can be altered and the alteration will not be visible in the photocopy.

All original documents will be returned to you.

Q. I am 65 years old and I have been having a difficult time making ends meet since my husband died.

I have heard about SSI, but I think I own too much to qualify.

I have a house, a car and some property my husband left me. Should I apply anyway? — P.R.

A. By all means, you should apply.

First of all, SSI does not count many of the things you own that are essential to your support, like a house and car. You can own up to \$2,000 of countable resources (\$3,000 if you're married) before it affects your eligibility.

Also, if you still own too much, you may qualify for benefits if you

agree to sell the excess resources within a certain time (nine months for real estate, six months for personal property).

In 1993, the maximum monthly federal SSI benefits is \$434 for an eligible person, and \$652 for an eligible couple, but many states add money to the basic benefit.

Q. My neighbor just told me that once you qualify for Medicare, the program pays for all of your home health care. Is this correct? — T.W.

A. No.

Some home health care is covered, but those services not covered by Medicare include:

- 24-hour-a-day nursing care at home.
- Drugs and biologicals.
- Meals delivered to your home.
- Homemaker services.
- Blood transfusions.

YOUR SOCIAL SECURITY

Most Beautiful Grandchild



James Brice Vaglia is the son of Ellen and Cpt. James Vaglia. This "little" bruiser is only six months old! He has two sisters, Kaitlyn, 5, and Megan, 3. They all currently reside in Monterey, California. The proud grandparents are Patricia and William Meyer of Garden City.