

In Two Sections - Thirty Six Pages

The Only Newspaper Printed and Published in Hicksville

# Mid-Island Times

## & Levittown Times 35¢

Vol. 51 No. 46

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Friday, November 12, 1993

### Candy Sale Benefits Cultural Arts



Rose Fleischman, Dutch Lane PTA President, and Nancy Burke, Dutch Lane Principal, congratulate the top sellers of the PTA candy sale. The children raised \$2,000 which will be used to fund the cultural arts programs at Dutch Lane. Pictured here are: top row, from left to right, Alyse Parsanian, Brittany Capel, Peter Miro, Shauna Farrell and Kara Farrell. Floor row - Elizabeth Nicolai, Robert Funk, Dustin Hildebrandt, Alex Marra and Christine Marra.

### Driving Safety



Woodland School youngsters learn the rules of the road as they drive around Safety Town in Eisenhower Park. The students in Mrs. Dowber's third grade class drove cars, rode bicycles and most importantly, learned safety rules from members of the Nassau County Police Dept.

### Nail Care, Manicure Workshop

Calling all young adults (grades six and up)! Just in time for the Holidays, create a beautiful look for your hands with beauty consultant Bonnie Cornett at the Bethpage Public Library.

You may have attended the Beautiful Eyes Workshop that Ms. Cornett held at the library in August. Well, she's back at the Bethpage Library on Thursday, December 2, at 7:30 p.m., to teach you proper nail care, and how to manicure your nails with a customized look.

For health reasons, please bring your own orange stick and emery board. If you have a favorite nail polish, you may bring that, too, but if you don't, Ms. Cornett will have a beautiful palette of colors for you to choose from, as well as special nail decorations to design a stunning look!

Space is limited, so sign up as soon as possible at the Adult Reference Desk.

Admission Free. All Welcome.

### Government Revision

#### Meeting Nov. 18

Thursday, November 18, the Commission on Government Revision will hold a public hearing at Bethpage High School, Stewart and Cherry Avenues, Bethpage. The first session will begin at 4 p.m. and will end at approximately 6:30 p.m. The second session will begin at 7 p.m. and will continue until 10 p.m. or until everyone has been given an opportunity to be heard, whichever comes first. The Commission welcomes and encourages widespread public participation.

The purpose of this public hearing is to receive comments from the residents of Nassau County on the forms or methods of government in our county, on issues that should be considered by the Commission as it proceeds with its work, and on issues relating to size, form, powers, composition, districts and responsibilities of a new county legislative body to replace the current Board of Supervisors.

The current weighed voting system utilized by the Board of Supervisors has been declared unconstitutional in an action decided by the Honorable Judge Arthur D. Spatt of the United States District Court. This Commission was formed as a direct result of an order issued by Judge Spatt in relation to that case.

Oral testimony from the public will be limited to five (5) minutes per speaker, but written comments supplementing such testimony are welcome. Written statements also may be submitted to the Commission either at the hearing or by mail. Speakers will be called in the order that they registered that day at the place of the hearing. Pre-registration or requests for reserved speaking times cannot be accommodated.

On Tuesday, November 30, the Commission will hold an additional public hearing at Glen Cove High School and hearings will be held throughout the winter and spring as the Commission proceeds with its work.

For further information, or to arrange for a speaker to attend your organization's meeting, contact Mariene Kastleman, Director of Communications, Commission on Government Revision, Administration Building, Eisenhower Park, East Meadow, N.Y. 11554.

### Literary Critics



Mr. Michael Dunn, Principal of Burns Avenue School, presents second graders with awards for summer reading. The students in Mrs. Oliver's class participated in the program which required them to read ten books and rate them. Pictured with their principal are: Frank Adams, Anthony Damiano, Danielle Kasruba, Julianne Cramer, Athena Koutsoubis and Kristen Azar.

### Resident Helps United Way



Stephen Mitchell (Hicksville), Security Director for IPC International (Hicksville) accepts a certificate of appreciation from Bob Nystrom (Woodbury), member of Long Island United Way's Board of Directors, for supporting the United Way Day of Caring Expo held at the Broadway Mall recently.

More than 120 local health and human care organizations provided mall visitors with information about day care, family services, disability services, housing, career counseling and more.

### Chanukah Boutique At Reform Temple

The Community Reform Temple Sisterhood, 712 The Plain Road in Westbury, is sponsoring a Chanukah Boutique and Book Fair on Sunday, November 21, from 10 a.m. to 12 p.m.

The boutique will feature reasonably priced gifts; most items will cost between fifty cents and five dollars. Games, toys and books will be offered at a time when all are thinking about holiday gifts. Come to buy or browse!

### Fire Board To Meet Dec. 7

The Board of Commissioners of the Hicksville Fire District announces that the regular Board Meeting will be changed for the month to December 7, at 7:30 p.m. The reason for this change is that the Hicksville Fire District Commissioner Election will take place on December 14, and the election would conflict with the regular Board Meeting.

**Letters**

To the Editor:

I'd like to reply to Raymond Walkowiak's letter of November 5 and his remarks pertaining to me.

Since serving as President of the Board of Education, I have always tried to be fair and courteous to other Board members and the public, giving everyone an opportunity to express their views. I bang the gavel for any outburst from the audience whether I agree with them or not.

I have no allegiance to the Superintendent of Schools. My allegiance is to the children and taxpayers of this district. Do I support Supt. Mugavero? You bet I do! I have supported him from the day we hired him. He has done more educationally for our Hicksville Schools in 2 1/2 years than was done in the previous 12 years and he has reduced our tax rate by \$3 besides!!

With regard to redistricting, I supported every redistricting recommendation (except the consultant's to close Lee Avenue School) that was presented to the Board by administration. If the Board had followed those recommendations, in my opinion, we wouldn't have the inequity in class sizes and overcrowding in certain schools that now exists. Also, I would remind Mr. Walkowiak that it was administration's recommendation at that time to move the children East of Broadway to the Burns Avenue School.

At the board meeting on October 20, I thought I'd made my position very clear. Let me repeat it here. By letting administration do the redistricting, it is in the hands of the educational professionals who have no vested interest but are concerned only with what is best educationally for all the children of the district. We are endeavoring to take the matter out of the realm of private or political agendas and put every child and family on an equal basis with no favoritism or particular advantage to any person or group.

We have asked administration to submit an Educationally Sound, long-term, plan/plans to the Board for our Review and Consideration. The final decision as to whether or not to accept administration's plan will rest entirely with the Board.

Oh, by the way. Yes, Mr. Walkowiak, I do run a very "tight" meeting but I'd rather see the Board run as a monarchy than as a three ring circus. I would be happy to speak with Mr. Walkowiak on the telephone anytime to further clarify any questions he might have.

Helen M. Lafferty  
School Board President

**Letters**

To the Editor:

I would like to thank you for allowing me the privilege of continuing to serve you as Oyster Bay Town Clerk.

During the past 6 years, I have tried to be an efficient, responsive and responsible public servant.

During the next 2 years, with the help of a caring and professional staff, I plan to do even more in the way of providing you, the public, even greater access to the services of the Town Clerk's Office.

Thank you once again for your support and, if my office can be of any future assistance, please do not hesitate to call or write.

Carl L. Marcellino

**H.H.S. To Perform "The Miracle Worker"**

The Hicksville H.S. Repertory Company will present William Gibson's *The Miracle Worker* on Fri., Nov. 19, and Sat., Nov. 20, at the High School Auditorium at 8 p.m., with a special Free performance on Thurs., Nov. 18, at 7 p.m.

This moving drama depicts Helen Keller's struggle to move from isolation to awareness with the help of her remarkable teacher, Annie Sullivan. Starring Anne Bancroft and Pattie Duke in its movie version, this award-winning drama is considered a classic in American Theatre.

Mundeep Kainth appears as Helen, Amanda Harrigan as Annie, with Jennifer Manzo and Justin Farrell appearing as Helen's parents. Also featured in the cast are Marc Williams, Colleen Young, Nicki Wittig, and Nicholas Hart.

Directed by Judith Pasettiner, this enchanting production of *The Miracle Worker* will warm your heart. Tickets are \$6 and are available in the High School lobby during school hours and at the door on performance nights. All seats are reserved. For information, call 733-6647.

**College Notes**

The 1985 graduate of Chaminade High School of Mineola, joined the Marine Corps in May, 1989. Tiernan is a 1989 graduate of the University of Rochester, Rochester, with a BA degree.

Navy Seaman Melissa Aluzo, a 1990 graduate of Holy Trinity High School of Hicksville, recently reported for duty at Naval Station, Guantanamo Bay, Cuba.

She joined the Navy in January, 1993.

**Election Results In At Burns Ave.**



Election Results in at Burns Ave. School and the winners are, left to right: Arielle Mozyanski, Secretary; Jessica Rondash, President; and Jason Becker, Vice-President. The new Student Council officers are pictured with Principal Michael Dunn. Missing from the photo is the Treasurer, Kostas Karayiannis who ran uncontested.

**Historical Society Meets Nov. 30**

The next meeting of the Hicksville Historical Society will be held on Tuesday, November 30, at 8 p.m., in the Community Room of the Hicksville Public Library. This is a change from the regular meeting date of the fourth Tuesday. It was felt that a meeting just two days before Thanksgiving would be too inconvenient for too many people, and it was moved to the fifth Tuesday for this meeting only.

During the short business meeting the current Logo contest, open to all students attending the two high schools in Hicksville, will be discussed. A prize of \$100 will be awarded the winner. Applications are available from high school art teachers, art department heads, and/or from the Hicksville Public Library.

The speaker will be Mr. Joshua Soren, President of the Seaford Historical Society and well-known lecturer on Long Island history. His topic will be: Levittown-A Photographic Retrospective. This will be a slide-lecture presentation.

**English As A Second Language**

There are still openings in the English as a Second Language course being taught at the Hicksville Public Library. The class is free of charge, and meets from 10 a.m. to 1 p.m., twice weekly. Those wishing to participate may call the library, 931-1417, for meeting days and other information.

The course is being conducted by Rochelle Axelrod, an experienced, certified teacher. Students learn easy English words and sentences to use every day, and practice listening and talking to others in class, as well as starting to write, read and "think" in English.

**In Service**

Marine 1st Lt. Christopher E. Tiernan, son of Mr. and Mrs. Frank E. Tiernan of 85 Dean St., Hicksville, recently reported for duty with Marine Reserve Force, 4th Marine Division, New Orleans.

**Blood Drive At Trinity Lutheran**

On Tuesday, November 16, from 3:30 - 8:45 p.m., Trinity Lutheran Church, 40 West Nicolai Street, Hicksville, will sponsor a blood drive. They invite you to call the church, 931-2225 to make an appointment to donate, or just come in at any time that is convenient for you. Your blood can save up to five lives! Come in and share your life with others!

**Christmas Boutique**

The annual Christmas Boutique sponsored by Our Lady of Mercy School, 520 South Oyster Bay Road, Hicksville, will be held on Monday, November 22, from 1-9 p.m. The Boutique will feature vendors displaying varied craft items and assorted new merchandise. There will be an evening raffle and hot food will be available throughout the day. Admission: 50 cents adults.

**Interfaith**

**Thanksgiving Service**

On Wednesday, November 24, at 8 p.m., Community Reform Temple, 712 The Plain Road in Westbury, will join in worship with other Westbury congregations for an interfaith Thanksgiving Service. Each year the service is held at another institution of faith; this year, Our Lady of Hope Church on Cherry Lane and Broadway in Carle Place will host the service.

The entire community, no matter what your faith, is invited to attend this special service. For more information, contact Our Lady of Hope Church at 334-6288 or Community Reform Temple, Mondays through Fridays, 9 a.m. to 3 p.m., at 333-1839.

**PUBLIC HEARING**

**Commission on Government Revision**

Nassau resident comments requested on formation of new Nassau County government

**When: Thursday-November 18**

**Where: Bethpage High School  
Cherry and Stewart Aves.  
Bethpage**

**Time: 4:00 - 6:30 P.M. & 7:00 - 10:00 P.M.**

5 minute speaking limit  
written comments welcome

for more info: **(516) 572-0376**



**Mid Island Times & Levittown Times**

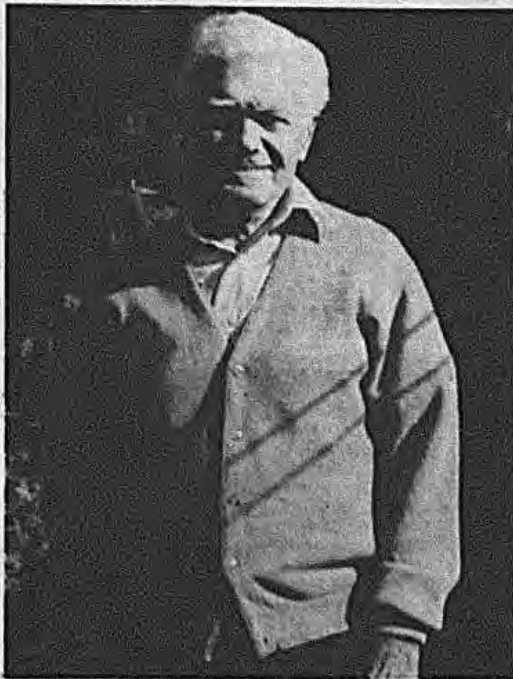
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## Resident Donates 80ft. Tree For Tree Lighting

The 10th annual EAB Plaza Tree Lighting Ceremony will have added significance for Gene DiGennaro. The 79-year-old Hicksville resident will watch with great pride as the 80ft. Norway spruce he planted in his backyard 43 years ago will, at the flick of a switch, be illuminated with 35,000 lights.

"I wanted to do something special for children all across Long Island," says Mr. DiGennaro. "That is why I contacted EAB plaza and offered my tree."

The lighting of "Long Island's Christmas Tree" will take place Sat., Dec. 4, from 5:30-8 p.m., at EAB Plaza, Hempstead Tpke. in Uniondale. More than 25,000 spectators are expected to attend the event.



One year after 79-year-old Gene DiGennaro (pictured here) and his wife, Charlotte, moved into their Hicksville home, Gene planted a Norway spruce sapling in his backyard.



43 years later, Gene is dwarfed by the 80ft. beauty.

## 'God's Treasures' At Church Fair

"God's Treasures" is the theme of this year's holiday fair at Trinity Lutheran Church. The fair will be held on Saturday, November 20, from 10 a.m. - 4 p.m. Featured items will be baked goods, fresh vegetables, a boutique, cards and wrappings, toys, games, books, records and

the white elephant table. There will be an apple pie contest and a checkers contest.

The church is located at 40 W. Nicholas Street, two blocks north of Old Country Road, between Broadway (Rt. 107) and Jerusalem Avenue.

## Joe Lamb K. Of C. 'Oktoberfest'

More than 175 people were on hand on Saturday evening, October 23, at Our Lady of Mercy auditorium in Hicksville to celebrate the Joseph F. Lamb Council No. 8723 Knights of Columbus "Oktoberfest" dinner dance. The large crowd in attendance danced to the music of Joe Ratto and were served a very enjoyable German food dinner.

The special German dinner was prepared by a large kitchen crew, led by P.G.K. John Lombardi. Many members of the Joe Lamb Council assisted in various capacities in the "Oktoberfest," which is an annual event of the Council.

The Chairman of this affair was P.G.K. Joseph Ort and the Co-Chairman was P.G.K. Sam

Repoli. It should be noted that these two council brothers have planned and organized these "Oktoberfest" affairs for many years, and we, his fellow Knights, are very grateful to them for their efforts.

A super raffle was also held, featuring many beautiful hand-made wooden items, most of which were made by Joe Ort, who is a craftsman well accomplished in this art. Many other items were also made by P.G.K. Lombardi and brother Knight Gus Imberli.

It certainly was an enjoyable night, and in the words of our present Grand Knight Henry ("Hank") Schottini, "It was a real big, big, enjoyable evening."

## Pumpkin Heads



Creative, cute and colorful pumpkin heads abound at Burns Halloween contest! Seventy-three students at Burns Avenue School decorated pumpkins for the school's Student Council Halloween Pumpkin Contest. Certificates and prizes were awarded to all. The pumpkins were judged for originality and creativity by Mrs. Renee Leetz and Mrs. Miriam Pasetaky, Student Council Advisers and Mrs. Nancy Pierce, Art teacher.

In photo: Donique Brown, Jennifer Trepaldo and Mary Dwyer pose with unique and creative entries in the Burns Halloween contest.

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MARILYN SEIDEN, DIRECTOR



## Reporter Needed

We are looking for someone with community interest to cover meeting assignments for this newspaper. The compensation is on a per meeting basis. If you are interested in school and other local events and want to continue or break into the field of newspaper coverage, please reply to this notice by calling 931-0012. Please do not call if you are not reliable in keeping assignments or cannot attend night meetings.

# WHAT TO DO IF YOU THINK YOUR CHILD IS ON DRUGS.

## The Telltale Signs

- Chronic eye redness, sore throat or dry cough.
- Chronic lying, especially about whereabouts.
- Wholesale changes in friends.
- Stealing.
- Deteriorating relationships with family members.
- Wild mood swings, hostility, or abusive behavior.
- Chronic fatigue, withdrawal, carelessness about personal grooming.
- Major changes in eating or sleeping patterns.
- Loss of interest in favorite activities, hobbies, sports.
- School problems - slipping grades, absenteeism.

Take a deep breath.

You're not a failure as a parent. You're not helpless. And you're not alone.

If you think you're a failure, consider this: There are many kids with neglectful parents who never use drugs. There are also children with seemingly model parents who do use drugs.

So the first thing to accept is that drugs, while indeed dangerous, are one more problem for youngsters to handle. And they'll do it better and faster if you're aware, involved, and don't stick your head in the sand.

### THE AWARE PARENT IS THE GOOD PARENT.

Part of awareness and a major deterrent to experimentation is to talk to your kids about drugs.

But even with a lot of parental involvement, there are no guarantees. So it's important to know the symptoms of drug use and to take action if you see your youngster displaying them.

### THE WARNING SIGNALS.

There are no symptoms that are absolutely reliable. But there are clues (see box).

Most of these symptoms tend to be gradual which is why parental awareness is so important.

But don't jump to conclusions.

Many of the warning signs for drug use are the same as those for depression or for the ups and downs of being a teenager. There's also the possibility it's a physical or emotional problem.

But whatever the problem, we're talking about a child who needs help. Right now.

First, you'll need an evaluation from a health professional skilled in diagnosing adolescents with alcohol or drug problems.

You may want to get involved with an intervention program to learn techniques that will help convince a drug user to accept help.

For the user, there are self-help, outpatient, day care, residency, and 24-hour hospitalization programs.

day care, residency, and 24-hour hospitalization programs.

The right program depends entirely on the circumstances and the degree of drug involvement. Here, you'll need professional help to make an informed choice.

Another point: If a program is to succeed, the family needs to be part of it. This can mean personal or family counseling. It may also involve participating in a support group where you learn about co-dependency and how not to play into the problems that might prompt further drug use.

If you don't know about drug programs in your area, call your family doctor, local hospital or county mental health society or school counselor for a referral. You can also call the national helpline - 800-662-HELP - for advice and a referral.

### WHATEVER YOU DO, DON'T GIVE UP.

That child who upsets you so much is the same little boy or girl who, only yesterday, gave you such joy. They're in way over their heads, and they never needed you quite as much as they need you now. No matter what they say.

For more information on how to talk with your kids about drugs, ask for a free copy of "A Parent's Guide to Prevention." Call 1-800-624-0100.

### START WITHIN THE FAMILY.

Nothing beats the power of love and family support. That has to start with a frank discussion.

Don't make it an attack. And don't try to talk with your child if he or she seems under the influence.

Wait for a calm moment and then explain that you're worried about certain behavior (be specific) and give your child every opportunity to explain. That means really listening, not doing all the talking.

At the same time, it's important to speak frankly about the possibility of drugs. And it's particularly important to talk about your values and why you're dead set against drugs.

If your youngster seems evasive or if his or her explanations are not convincing, you may want to consult your doctor to rule out illness and to ask for advice.

You may also want to have your child visit a mental health professional to see if there are emotional problems.

### FURTHER ACTION MAY BE NECESSARY.

If your child seems non-responsive or belligerent, and you suspect drugs are involved, immediate action is vital.

**Partnership for a Drug-Free Greater New York**

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# PROFESSIONAL GUIDE

Advertising on this page is only open to NYS licensed professionals.

Friday, November 12, 1993

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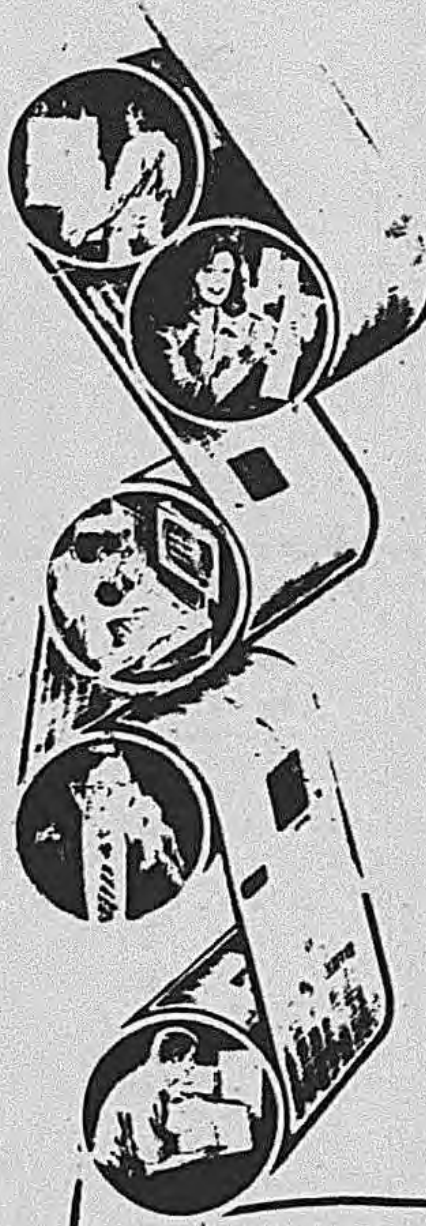
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## News From VFW Post 3211

By P.P.C.  
Carmine A. Somma  
Las Vegas Night  
At the V.F.W. Hall

November 13 will be the next Las Vegas Night at the V.F.W. Hall, 320 So. B'way, Hicksville. Games start at 7:30 p.m. and continue to midnight. The next scheduled Las Vegas Night will take place on January 8.

For more information or directions call the V.F.W. Hall at 931-7843. The games are Black Jack, Roulette, Joker Seven, Big Six, and Beat the Dealer.

On Monday, November 15, a special bus will be going to Atlantic City. It leaves from the V.F.W. Hall around 9:30 a.m. A donation of \$18 per person is needed and you receive back \$10 from Resorts International Hotel.

Anyone interested in going please contact the Chairman Charles Gentile at 931-6516 for additional information or call the V.F.W. Hall at 931-7843.

## Writer's Club To Meet

The Writer's Club will meet on Saturday, November 20, from 2-4 p.m., at the Hicksville Public Library, 169 Jerusalem Avenue. This will be the final meeting for 1993. Monthly meetings will resume in January, commencing with the last Saturday of that month.

Dorothy P. Freda, fellow writer, and editor/publisher of the small press, *The Pink Chameleon*, will coordinate the meeting.

The Writers Club is not a place to discuss political or social issues, but it is an informal gathering of writers, both seasoned and aspiring (you need not be published) to pick up valuable hints about effective writing.

Bring your work and present it for constructive criticism, or simply come and listen and offer feedback. Learn or improve your writer's art through feedback. Many of our members, past and present, have gone from aspiring writers to prolific published authors. Learn about new markets and manuscript salability. Also, Mrs. Freda is presently considering submissions from subscribers to Issue No. 9 of *The Pink Chameleon*.

## Advent Family Night

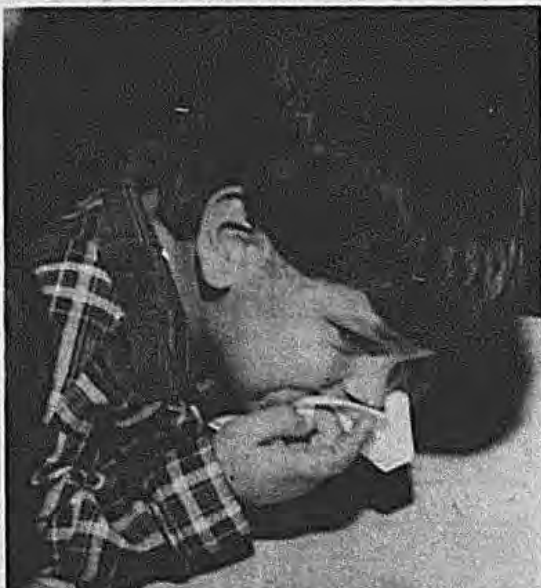
Trinity Lutheran Church, 40 West Nicholas Street, Hicksville, invites you to celebrate the beginning of Advent with a traditional Advent Family Night on Sunday, November 28, at 5 p.m. There will be a potluck supper, craft activity, and a sing-a-long.

Please join us for a fun-filled evening. Call the church office 931-3225 if you need more information.

## C.W. Post Halloween Party



A Serious Artist at Work: Kristine Lin of Hicksville puts the finishing touches on her pumpkin at the C.W. Post Child Care Center's Halloween Party.



MMMM - Hicksville resident Justin Nadelman munches his way to first place in C.W. Post Child Care Center's Halloween Party.



The Finishing Touches - Justin Nadelman of Hicksville and Commack resident Johnny Grimmer work on their pumpkin masterpiece at the C.W. Post Child Care Center's Halloween Party.



Say Cheese! - Johnny Grimmer (Commack) snaps a quick photo while Kristine Lin (Hicksville) surveys the scene around her at the C.W. Post Child Care Center.

Photos by Gina Mottal

## The Spirit Of Denver Is Still Alive



Mrs. Arlene Voisila, Religion Teacher at Holy Family School, displays photographs of Pope John Paul II to second graders.

Mrs. Arlene Voisila is still "glowing." That's because of the wonderful trip she took to Denver, Colorado, with a group of teenagers. They went there in August to celebrate World Youth Day. She was part of a group of over 500 people from our diocese, the Diocese of Rockville Centre. Our bishops - Bishop McGann, Bishop Daly and Bishop Markiewicz - went with them.

Have you heard the many stories that Mrs. Voisila tells about World Youth Day? She tells them with such enthusiasm and excitement that they bring a smile to her face and a twinkle to her eyes.

"As an adult, celebrating the papal Mass with almost 800,000 young Catholics from all over the world is a precious memory to cherish the rest of my life," said Mrs. Voisila. "We camped out by the foot of the snow-covered Rocky Mountains. I know what the apostles felt like when Jesus was with them. The Gospel stories came alive for us. It was like we were living the Sermon on the Mount."

While they were in Denver, they went to Mile-High

Stadium, where the Denver Broncos and Colorado Rockies play. But instead of seeing football and baseball, they saw the Pope. They went to Mass and learned about their religion. And it was fun, because they bought hot dogs and pizza when they got hungry.

"We gathered together as a diocese with our bishops who spoke with our young people at Denver's St. Joseph's Church. The bishops answered the teens' questions about all kinds of things. Because the people from Long Island stayed in different hotels in Denver, this was a great chance for us to sing and pray together," Mrs. Voisila said.

"By the time we got to our hotels each night we were so tired," Mrs. Voisila said. "But every night, the teenagers themselves would lead us in night prayer. We shared our faith, our feelings and our experiences."

"The spirit of Denver is still with us," she said. "Our group is now home. But because of Denver, each one of us understands more clearly what true friendship is and what it means to be a disciple of Jesus."

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By Dick Evers

**Pearl Francke (1894-1993)**

St. Stephen Lutheran Church's funeral service for the long-time Field Ave. resident and wife of the late Hickville Republican Party leader, Ernest Francke. This past Friday, was a simple and beautiful occasion, compared to the many exciting, eventful happenings which filled the lady's life, for over 60 years. Present in the little church on South Broadway were Mrs. Francke's daughter, Mrs. Peter Elkington, and her five grandchildren, some of whom read the scriptural passages. Listening, also, to the beautiful, touching homily of pastor Frank Nelson's homily were fellow parishioners and a few old friends.

Pearl's selection of hymns, for her last visit to the church she loved so much were, "Abide With Me," "In The Garden," "Amazing Grace," and "God Be With You Til We Meet Again." This evoked much of the spirit and inspiration of a lady who had been born in a still frontier town, Beatrice, on Nebraska's Big Blue River, the daughter of a wood millwright."

Mrs. Francke's requiem service closed another of the lives which reflected the great years of Hickville's transformation, in this century. She came with her parents as a teenager, to take up a new homelife, on another prairie-land, east of New South Road, 1907. At the urging of her brother, Charles Stoll, an aspiring young lawyer, she commuted by train to Jamaica High School which offered Latin studies, instead of going to the new Hickville High, which offered German as a foreign language.

Discouraged by temporary frail health from going to college, she took up office work, spending some years at Doubleday Publishing in Garden City, where she became a dept. supervisor. She had a long marriage engagement with a young trouble-shooting line-man for the Bell Telephone Co., Ernest Francke, a fellow who was going places. When married, they went to live in a modest six paneled house which her father lovingly crafted as a wedding gift for his daughter and husband." It was, for many years, the smallest of the houses on Field Ave." Mrs. Francke recalled, in an interview with Director Kenneth Barnes and this writer, for the Oral History Project of the Hickville Public Library, in 1989. Oldtime residents called Field Ave., which her brother Charles, helped develop, the Hickville "Gold Coast," a tribute to the large homes being erected for prominent bankers and business people like Joseph Ulmer and the Eiseemann brothers. "I have lived in this house since my wedding day and I expect I'll die here," Mrs. Francke said with a merry laugh."

Life for Pearl Francke was an ever-widening experience as she followed and took part in



Mrs. Pearl Francke, who died Oct. 31 at age 99. She stands at a testimonial dinner for her husband, Ernest, Nassau County Clerk and long time leader of the Hickville Republican club. Joining in the couple's happy moment is prominent civic leader, the late John Petrone, (right). Photo By Frank Mallett From the Gregory Museum Collection at the Hickville Public Library

the progressive career of her husband, Ernest with the Telephone Company's expansion of services. Ernest was equally successful with participation in Republican Party politics in Hickville, rising to local G.O.P. leadership and a crowning achievement of many years as Nassau County Clerk.

Ernest Francke believed in the duties of citizenship and was widely known and appreciated for his efforts to serve the people of his boyhood town and Nassau County. Francke was, in all likelihood, the most influential political figure produced by Hickville. He knew and was admired by all the leading politicians of three decades. County Clerk at the time of his death in 1959, he received tributes from Leonard W. Hall, chairman of the National Republican Committee, Thomas R. Pynchon, Town G.O.P. leader and A. Holly Patterson, County Executive and prominent Hickville business leaders, such as Henry Eiseemann, a boyhood friend.

Pearl Francke shared and enjoyed her husband's many public functions and supported his community works of service. She missed him very much the long remaining years of her life.

Of sustained comfort, besides her daughter's growing family, was the close companionship of her brother, attorney Charles Stoll. Like Pearl a long-lived person, his crowded life of adventures were absorbing to her always. Dying only a few years ago, at age 100, Stoll was a prominent attorney, well-

known water district advisor, Town Justice of the Peace in the

1920's doing much to turn Hickville from Democratic to Republican politics, and a big game hunter, in the four corners of the globe. Pearl knew her brother Charles's trophy decorated office on Broadway very well, relished lunches with him in his favorite dining place, the Viennese Coach. She could recall fondly how she and Ernest had supper aboard the artie schooner Morriasy with brother Charles, his wife Merle and Captain Bob Bartlett, the evening before the vessel weighed anchor for the Stoll-McCracken archaeological expedition to the Aleutians, sponsored by the National Geographic Society, in 1926.

Pearl Francke's passing must stir the thoughts of those who knew and remember a remarkable trio of Hickvilleites, Ernest, Charles and the little amiable widow of Field Ave. Certainly, as the last hymn sounded for the recessional procession at St. Stephen's, last Friday, this historian was grateful for our library's oral history cassettes so filled with the living voices and thoughts of our departed community notables many of whom rest with Pearl, in Plain Lawn Cemetery, Hickville.

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**Lamb K. Of C. Mass For Deceased**

On Thursday evening, November 18, a Memorial Mass will be held for the deceased members of the Joseph F. Lamb Council No. 8723 Knights of Columbus, Hickville/Plainview. The Mass will be at 8:30 p.m. in the lower Church of Our Lady of Mercy in Hickville.

It is hoped that many members of the Council, as well as their wives and families, will attend the Mass.

Refreshments will be served after the Mass, in the School cafeteria.

**Fall Of The House Of Windsor**

The world has certainly learned a lot about the "unroyal" side of the English Royal Family in recent months. Royal genealogist Linda Kitt Watkin will regale you with some more interesting tidbits about the House of Windsor - from Queen Victoria to Princess Di - at the Bethpage Library on Thursday, November 18, at 7:30 p.m.

This is an enlightening and gossip-filled evening, in which you will hear some little known facts and behind-the-scenes goings on with Fergie, Di, "Lilibet" and Margaret Rose! An eye-opening treat and fun for all is promised!

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## Students Explore Caumsett State Park

Where can you see two bald eagles, a hawk and a falcon, explore the seashore in search of crabs, mussels and shells and paint your face using stones? At Caumsett State Park in Lloyd Neck, that's where! Just ask any fourth grader in Mr. Hilsky and Miss Staab's classes at Dutch Lane Elementary School! The students recently en-

joyed a day at the 1500 acre state park. The scenic peninsula, which extends into the Long Island Sound, goes by its original Indian name meaning "place by a sharp rock." The former Marshall Field estate provided an excellent opportunity for the students to explore nature.



Class mom, Linda LaRosa, escorts fourth grade Dutch Lane students on nature walk at Caumsett State Park. Pictured are: Matthew McDonald, Raymond Porter, Michael Vivona, Matthew Doyle, Melanie Chin, Nekee Pandya, Robyn Goldman and classmates.



Ready to begin nature hike at Caumsett State Park! Samantha Connelly, Erin Ramon, Deena LaRosa and Christine DeGennaro, Dutch Lane fourth graders, led the group during class trip to the park.

## In Service

Navy Fireman Apprentice Nikolaos G. Yalamas, a 1990 graduate of John F. Kennedy High School of Plainville, is aboard the aircraft carrier USS America, homeported in Norfolk, Va., which recently passed through the Suez Canal from the Mediterranean Sea to take station off the coast of Somalia.

The arrival of Yalamas' ship permitted the aircraft carrier USS Abraham Lincoln to return to Alameda, Calif., ending its scheduled six-month deployment offshore. Navy leaders are committed to a six-month cap on deployments to help limit time away from home for sailors.

Since arriving in the Mediterranean Sea in late August, the USS America battle group has operated in support of U.S. and NATO taskings off the Balkan coast. Before the transit to Somalia, Yalamas' ship visited Trieste, Italy, where the crew and the embarked airwing assisted in refurbishing a refugee camp of 175 people in the nearby country of Slovenia. Carriers and their aircraft

and escort ships are uniquely capable of providing global presence and can respond to protracted contingencies such as in Iraq and the Adriatic Sea on a moment's notice. These forces can dominate the coastal battlespace from the sea and can project sustained, precise and awesome offensive power in America's interest around the globe.

Yalamas joined the Navy in August, 1990.

**GRANDPARENTS** - Send in your grandchildren's photos and enter our "World's Most Beautiful Grandchildren" contest. Just send a photo and a brief description of the child (or children) along with your name and address to: Litmor Publications, Beautiful Grandchildren Contest, 81 East Barclay St., Hicksville, N.Y. 11801. We'll do the rest!

## Consumer Affairs Kiwanis Topic

Maxwell Lewis of the Nassau County Office of Consumer Affairs addressed the October 20 luncheon of the Hicksville Kiwanis Club. He presented basic information that all Nassau residents should know.

Forms for complaints can be obtained from the Consumer Affairs Office at 160 Old Country road in Mineola. The forms should be filled out with the following in mind:

- be as brief and factual as possible.
- allow sufficient time for processing
- return all copies.

The bureau will try to mediate legitimate disputes. Keep in mind that not all complaints filed by consumers have merit.

The Department of Weights and Measures, Mr. Lewis continued, is constantly vigilant that scales read exactly zero, and not a small amount above before they go into service. Gasoline stations are an important place to be on the alert. Be sure that the gasoline pumps are set to the same price as the big signs that advertise the gasoline prices.

Be alert for the following scams: a practice sometimes known as short sticking, whereby an attendant doesn't insert the oil dip stick all the way down, and shows the driver that he or she is one or two quarts low in oil. In this case, one can expect the attendant to "refill" the engine with oil from an empty container. Another practice to be on the alert is dry gas bottles filled with gasoline instead of dry gas. The price of gasoline may not be to everyone's liking, but it's a bargain compared to the price of dry gas.

It's well known, Mr. Lewis continued, that home improvement contractors cause the greatest number of complaints. Always call to make sure that the contractors that you use are licensed. Be aware that the law states that they must furnish start and finish dates. Never pay more than one third to one fifth of the money down. Make contractors sign that any sub-contractors they may have used have been paid before making final payments.

One of the most important things for the consumer to know, Mr. Lewis emphasized, is that if the offer sounds too good to be true, in all probability it is not true. He gave an illustration: a Honda dealer with a "We're Generating Excitement" promotion: Two Hondas for the price of one. It turned out that the second Honda was a Honda brand generator. So always keep your guard up, and if you think you have been taken advantage of, contact the Consumer Affairs Office.

## Reporters Needed

If you are interested in community and school affairs for this newspaper, we have a few openings. Compensation is on a per assignment basis. You must be reliable and able to attend night meetings of School Boards, etc. If you are seriously interested call 931-0012 for information.

## "Getting It Together Day" At Hicksville High School

The Hicksville Public School District curriculum at all levels of education teaches acceptance and promotes understanding of diversity. Many activities take place in schools throughout the district that emphasize the importance of valuing our differences. Special programs on human relations, peer counseling, mediation and tolerance, which are often enhanced by guest speakers, are incorporated into the school year. The Hicksville Public School District Board of Education and Administration is committed to exploring new ways to teach our children to value our multicultural society.

In keeping with this commitment, and cognizant of recent public interest throughout Long Island of the changing demographics in Nassau and Suffolk Counties, the High School Human Relations Day will focus on the theme "Appreciating Diversity." Each year, High School students participate in a human relations day that focuses on a theme selected by the administration. The students, given the opportunity to name the day's activities, entitled it "Getting It Together Day."

The program, coordinated by the High School Administrators and School Social Worker Susan Bouton, is designed to increase student knowledge and understanding of bias and to foster a deeper appreciation for diversity.

The student body will as-

semble in the main gymnasium for a key note address entitled

"Wellness and Appreciation For Diversity" which will be presented by Father Frank Pissarelli. Father Frank, a well-known speaker and youth advocate, is the Director of Hope House Ministries.

At the close of Father Frank's address, representatives of the Student Government plan to present to the students for the first time, a school Code of Ethics. Each social studies class submitted a Code of Ethics, developed by their class, to the Student Government. Based on these submissions, the Student Government drafted a School Code of Ethics. Following this presentation, students will break into groups and attend a series of three workshop presentations.

Rabbi David Nezenoff, leader of the Oyster Bay Jewish Center and Chairman of the Town of Oyster Bay Anti-Bias Task Force, will present his program entitled "TRY" - Tolerance Rehabilitation for Youth. The program, designed to teach people to learn how to live together, is utilized by the Nassau County Family Court. Rabbi Nezenoff incorporates discussion, psychodrama and hands-on activities in his presentation. He has presented this workshop to groups of judges, attorneys, police officers, students and individuals convicted of serious crimes of

bias.

Students will also attend a Drama Presentation by Hicksville High School students. The students were trained by consultant and Drama Specialist Laurie Brooks Gollobin in cooperation with their drama teacher, Judith Paseltiner. They plan to present a directed improvisation, written by the students, which will deal with issues of graffiti and bias. Ms. Gollobin will move throughout the audience soliciting comments, answering questions and facilitating discussion of the issues.

## Pilgrims Visit Roosevelt Grave

Hicksville's war veterans posts took part in the annual Town of Oyster Bay Schools - Bicentennial and Historical Commission pilgrimage to the grave of President Theodore Roosevelt, in Young's Cemetery, Cove Neck. Present were officers and color guards of the American Legion Charles Wagner Post 421, William Gouse 3211 Post of the Veterans of Foreign Wars, and the Henry Biel Post of the Masonic War Veterans. Also present were members of Guler Post, Jewish War Veterans.

Commander Deborah Hirsch, Commander, U.S. Navy Re-

The third workshop for students will be small group classroom sessions facilitated by teachers, guidance counselors and the school psychologist. Students will participate in several exercises assigned to address issues of stereotyping.

The theme of the day will be carried over into an evening workshop for parents of High School students. Father Frank Pissarelli will present a workshop entitled "Communicating with Your Teenager." The workshop will focus on parent/teen relationships and survival strategies for parents and teenagers.

cruiting, New York, was the principal speaker for the event and placed a wreath on T.R.'s grave, on behalf of the President of the United States. Also addressing the large turnout of children from the Oyster Bay Theodore Roosevelt School and veterans present was Councilman Douglas Hines.

Dorothy Horton McGee, Oyster Bay Town Historian and Bicentennial and Historical Commission Chairlady was the program coordinator and mistress of ceremonies, working with the cooperation of the U.S. Dept. of the Interior and the Oyster Bay Public Schools.



At the TOWN annual pilgrimage to the grave of President Theodore Roosevelt this year marking the 135th Anniversary of his birth are seen Hicksville war veterans colors, Dorothy H. McGee, Program Chairlady; Town Board members Tom Clark, Ann Ocker, and Douglas Hines. Navy Commander Deborah Hirsch (right) placed a wreath on behalf of President William Clinton. School children each read a sentence recalling Teddy Roosevelt's great life.



Past commander Arlene Howard and Richard Evers of the Hicksville Charles Wagner Post 421, American Legion, share the inspirational occasion with Mrs. Quentin Roosevelt, the wife of the late Quentin Roosevelt, the president's grandson named for his uncle, Quentin, the president's pilot-son killed in World War I. Her father-in-law was Brigadier Theodore Roosevelt, Jr., the gallant commander of the U.S. First Army Division, who led the attack on Utah Beach, on D-Day, 1944.



"Trick or Treat" excursions of Hicksville kids brightened a rainy Halloween. South Elm Street "brides and devils" and mom-escorts look for a handout from cameraman Dick Evers.

## Calling Teddy Bears To Cent. General



Central General Hospital in Plainview announced the upcoming Community Health Fair will feature a Teddy Bear Clinic for children. Young people are encouraged to bring in their Teddy Bears or other stuffed friends for "treatment." The Teddy Bear Clinic will give children the opportunity to explore the hospital environment in a safe, non-threatening atmosphere, as Melanie and Maggie discovered when they recently visited with Barbara Watkins, RN, Central General Hospital's Pediatric Nursing Supervisor.

Central General's Community Health Fair '93 is scheduled for Sunday November 14, between 11 a.m. and 3 p.m., at the Hospital, and is open to the public free of charge. In addition to the Teddy Bear Clinic, residents can take advantage of free cholesterol testing, blood pressure screening, Pulmonary function testing, skin cancer screening and current nutritional information. There will be activities for the entire family.

Residents who require further information concerning the Health Fair can call Central General Hospital at 681-8900, Ext. 2216.

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**EAST NEW YORK**  
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## Jottings From Yesteryear

By Bill Clark

Halloween has passed, but unlike earlier years, shaving cream has replaced the flour socks and soap used on windows. This year appeared better, some nice costumes but no destructive deeds. But the slick oil dripped roads plus the wet leaves should have kept the cars going slower. But, no I even slid twice when stepping even at a slower speed.

Another house and empty commercial buildings were torn

down this week on Broadway. The house was once Mr. Martin Brand, a mason & plasterer back to the 1906 era. Various gas stations, Hoffman Brake Service and Harding TV were some of the earlier stores.

I almost goofed in writing an expression "The most precious antique is an old friend" I had switched friend and antique. Think I'll go lick the pudding bowl like I did with Mom's cake mix bowl.



Top Building approximately 1904 - James H. Seaman, Seeds - Farm Machinery, etc. Center Photo - Griffin & Rushmore - Coal, Farm Supplies - Later McElraevy and Hauck Co., Plumbing, Today - Several Tenants.

Bill Clark

## Concert At Bethpage Library

On Sunday, November 14, at 3 p.m., you are invited to attend a concert of music for strings composed by members of the Long Island Composers Alliance at the Bethpage Public Library. The program will include works by Albert Tepper, Arline Diamond, Arnold Berleant, Pat Hardish and Raymond VunKannon. The music will be performed by The Long Island String Quartet, violinist Carol Feuer and violist Mildred Perlow. Featured will be the first performance of "L'arghetto" from VunKannon's

"Quintet for Saxophone and Strings" in which the composer will perform the solo part.

This is a musical event that the Bethpage Public Library is proud to present and one that should not be missed. All are welcome, admission is free.

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Part Two of the Mid Island Times,  
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# Discovery!

Magazine

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through input and special  
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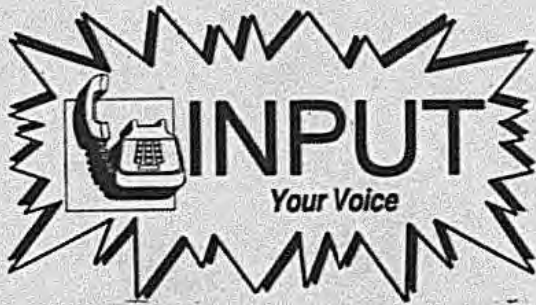


Friday, November 12, 1993

## Soccer In The Trenches

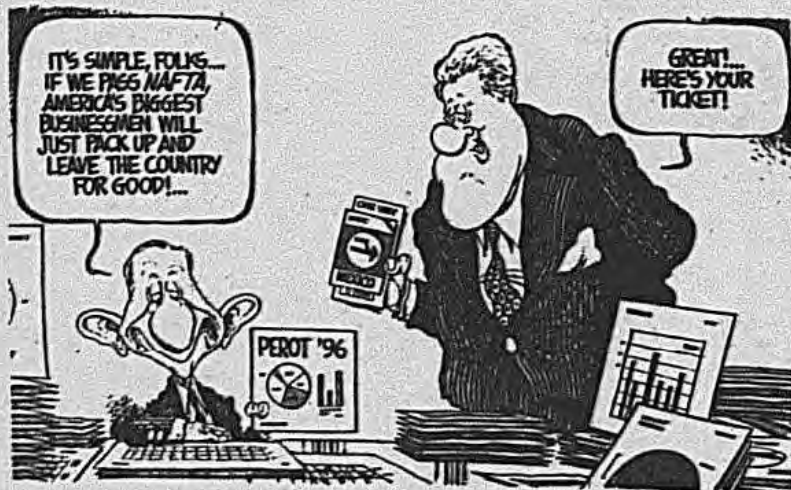


SEE PAGE 3



## THE QUESTION OF THE WEEK

Do you favor the North America Free Trade Agreement (NAFTA)?



## Callers Not In Favor Of Mandatory Voting

Most callers to Input do not believe in mandatory voting but many say that our system is lacking something because people do not understand the true value of being able to vote in answer to this question: "Should voting be made mandatory as it is in Australia? Here are some of the answers:  
**QUALITY IMPORTANT**

In voting, as in most things, the quality is more important than the quantity. To simply force people to vote, who are not interested enough to become informed, might make things worse rather than better. People who have to vote will only cast a vote for the name they see most through advertising and will not know what the individual stands for. **K.B.**

**NOT IMPORTANT**

I do not think that it matters whether more or less people vote. The polls are able to take the census and figure out through projections what people want and to even decide if everyone voted what the results would be. Therefore, to worry about mandatory voting isn't very important. **M.F.**

**FOREIGNER KNOWS**

If people do not value what they have in being able to vote then let them alone. One day they may find that all of their freedom is gone and they will wish they were able to vote. As a foreigner, not born in the U.S., I know the value of a vote and will never miss the opportunity to cast a vote. **G.F.**

**LESS RELIABLE**

The question of mandatory voting is one that has come up many times. Although not enough people do vote, especially in local and county elections, to force a vote will not help. The people will not know what they are voting for and the result will be less reliable than the people who have take the time to check on candidates and vote. **S.B.**

**CANDIDATES ATTACK**

I believe that voting should be up to the individual and not mandatory. Some people have been so turned off to politics that they don't even want to vote. So we should not force voting on the people. People should be told that voting is important and that they must make the decision on which candidate to vote for. Unfortunately today the only thing that candidates do is to attack each other. **F.A.**

**SHOULD VOTE**

Being able to vote and elect a public official should not be taken for granted. However, people in this country should vote because they want to, not because they have to. Although only a small percentage of our citizens go to the polls each year, mandatory voting is not the answer. Many have no confidence in our politicians and the political system. It is hoped that the situation will improve and we will have better candidates to choose from. In the meantime the only way to change our system is to participate in it. Vote and make your voice heard. **C.P.**

**NON-VOTERS**

I believe that we should have 100% registration. Most of the complaints I have heard are from people who did not vote. And if this is what it takes to get the Americans to appreciate their values of freedom then let's do it. I'm tired of hearing people complain who are not voting. **J.K.**

**THREE YEARS**

Yes. It appears to be extreme to order people to vote but it also appears that it is the only way to get a full consensus of what people really want in the way of elected officials. I would not have a law that required everyone to vote in every election but if they did not vote once in three years they would be fined. **G.C.**

**FAVOR OF MANDATORY VOTE**

It seems to me that the "Question" answers itself. Under the present circumstances, many of the people who don't vote are either lazy, illiterate or just don't give a darn. As a consequence, those who take the time to vote have the opportunity to swing the vote in those directions which fit their own ideas of government which, in turn, may produce the worst possible effect on the balance of the voters whose ideas and ideals may be completely at odds with those favored by their counterparts with more malignant end results in mind. In my opinion, a citizen of the United States should find it obligatory to vote thereby making certain of a knowledge of the consequences of the final vote insofar as it would affect the majority of the populace. It would also serve to make certain that a greater part of the people would take steps to be more familiar with the basic language of the country. Australia is a very good example in my opinion where the system is most likely to produce the results which would be favored by the majority. I would be very much in favor of a change in that direction. **P.G.S.**

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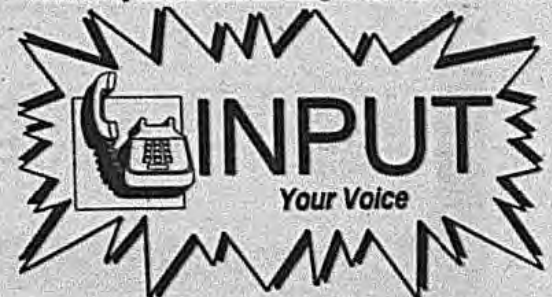
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4. Leave your name and telephone number, or simply use a pen name (your message can be anonymous).
5. Publishers reserve the right to edit, modify or omit any and all material.



# Discovery!



## Soccer In The Trenches

By Jack Rampulla

"On no, here they come again." I mumble to myself. "Cut the angle!" I scream.

"Take 'em Ramp." Coach Hanover asserts. BANG!...SAVE!

The feeling of joy not two minutes old when they come again. This time it's weak shot on the ground. Michael elects to eat dirt and go down on the routine grounder.

The coach is angry.

"Stay on your feet Michael or I'm gonna take you outta there!" Mom looks over at me.

"He's right. If he doesn't stay on his feet, I'm gonna take him outta there."

Mom's eyes burn a hole right through me.

I'm too involved, I think to myself. My stomach is killing me and I have a headache...It's this game, this sport; it'll be the end of me yet. We never played soccer when I was a kid. Why do they have to play this game anyway? Are they getting even with us for some movie we made them miss or something? To top it all off, his mother will probably never feed me again.

The final three blasts of the ref's whistle and the New Hyde Park Lions are victorious. Parents are congratulating me like I scored the winning goal. But the fact is I got respect; I'm the goaltender's father.

.....  
An afternoon in the trenches (a.k.a. the sidelines) may be hazardous to your health as any parent who has been there knows.

The trenches! Some say there is more action there than on the field during any given weekend afternoon, and with that action come the symptoms: Acid stomach, the occasional belch that spells out last night's dinner menu and of course headache pain.

All this, symptoms of what I like to call, "parental misplacement". Let me explain. Parental misplacement is the act whereby your body is making all the moves your kid should be making; but the fact is you're on the sidelines, in the trenches, and your child is on the playing field. Hence, parental misplacement.

How do you deal with parental misplacement and the stomach churning symptoms that accompany it? Let me tell you a little story first and then I'll give you some tips.

It was an autumn day and we were away in Babylon, Long Island. It was halftime during a game we had played to a one-one tie. I decided to stop at the coffee wagon on the side of the opposing team's trenches. (Behind enemy lines if you will.) I ordered decaf of course; my stomach was in knots.

It was there that I overheard a guy say he was the opposing goaltender's father, he was laughing and joking with his friends. You would have never guessed that his son was the goaltender, he was so well adjusted, I thought. It took me a few moments but I got up

the nerve and asked him how he did it.

He told me that he and other parents of goaltenders get together every other Tuesday and "sort of rap".

One thing led to another and soon I was invited to a meeting. I was never one for support groups but I thought, what the heck.

"My name is Jack Rampulla and ... my son is a goaltender."

I was amazed at how many people were in the same boat I was in; but there was one obvious distinction, they were...reconciled and I wasn't. Oh, at first I denied it but eventually I came around.

Well, I continued on with the meeting and still do in fact. I've learned how to deal with the anxiety that accompany break-a-ways and the gut wrenching anticipation of corner kicks.

Now, your child may not be a goaltender but I tell you this story because you don't have to be the parent of a goaltender to benefit from a support group. I can make available to you a list of groups such as Parents of Forwards, Parents of Mid-Fielders and Parents of Defenseemen, at your request, each meeting on convenient nights.

Think of it! You could attend one of the many three day workshops offered such as *Junior Has A Bad Attitude 101*. In this class you'll hear from several experienced instructors on how to deal with junior when he just doesn't feel like playing.

In this same class you'll discuss the myths and legends surrounding one on one play, and if your grades are good, you'll be asked to enroll in *What Are They Thinking About 202*, where you'll attempt to solve two ancient soccer dilemmas.

The first being the phenomenon that allows a child to run 40 to 50 yards with an opponent and never go to the ball and the other that finds your defenseman picking daisies as the opposing team blows by. As you could see a real incentive to get good marks.

If support groups are not your thing, then I'm afraid your choices are limited if it's help you need. In fact you only have two choices.

You can be the "flag guy", an honored profession in our neighborhood. This will give you the excuse to run up and down the trenches. This is very therapeutic in that you'll expend plenty of energy and thus help relieve tension.

With this job you could even run into the coach and not get in trouble because you belong there; but take heed not to stumble on fallen fathers.

Or you could simply look over at the goaltender's father and solemnly say to yourself,

"There but for the grace of God go I!"

The End (or is it just the beginning)

About The Author

Jack Rampulla lives in New Hyde Park. This is his second contribution to Discovery.


# DINING GUIDE

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## WINE TALK What to look for: affordable reds

By Richard Nalley

Well, I think we've all had enough of these pumpkins haven't we? Carved pumpkins, pumpkin pie, stuffed pumpkins, pumpkin festivals — instead of just being out of my gourd, I'd like to be out of gourds, period.

Which brings me to my point: red wine. Red wines may not go with pumpkin pancakes, but they sure keep good company with a late-autumn dinner. Wild mushrooms and fettuccine, beef stew, sausage and polenta, lamb chops — these are the pleasures of a cool-weather evening, and all are enhanced by a generous, stomach-warming red wine.

Here are some reds to put on your fall shopping list, all of them typically priced at \$10 or under.

Best of the affordable reds recently reviewed:

**CABERNET SAUVIGNON.** (U.S.) Hess Select 1990; Estancia 1990; Calistoga Vineyards 1989; Columbia Crest 1990; Haywood 1990; Vintner's Select; Hawk Crest 1990; Callaway 1990; Villa Mount Eden 1990; McDowell 1990; M.G. Vallejo 1990; Monterey Vineyard 1990 "Classic Cabernet Sauvignon"; Montevina 1990; Corbett Canyon 1990; Robert Mondavi Woodbridge 1990.

(Imported) (Chile) Los Vascos 1989; Callterra 1989; Miguel Torres 1989; Santa Rita 1989. (France) B&G (Barton & Guestier) 1989 "Fondation 1725" (Australia) Lindemans 1990 "Bin 45."

**MERLOT.** (U.S.) Columbia Crest 1990; Chateau Souverain 1990; Buena Vista 1990; Napa Ridge 1990; Bel Arbors 1990; M.G. Vallejo 1991. (Imported) B&G 1992 Merlot, Bordeaux; Domaine du Mas de Saint Remy 1992 (Prosper Mauloux); Michel Cravate 1990 (France); Concha Y Toro 1990 Merlot (Chile).

**ZINFANDEL.** Chateau Souverain 1991; Beringer 1990; Villa

Mount Eden 1991; Kendall-Jackson 1991, Vintner's Reserve. PINOT NOIR. Buena Vista 1991, Carneros.

Wines reviewed this week:  
 Probably the best deal on the market right now in a Cabernet Sauvignon-style wine is the Barton & Guestier (B&G) 1991 Cabernet Sauvignon, Bordeaux. For six bucks you get a flavorful, velvety, medium-bodied wine with genuine Cabernet finesse.

On the home front, look for the ripe-berry-and-allspice-scented Ste. Claire 1990 Cabernet Sauvignon, North Coast, a tasty wine from a Santa Barbara winery that was new to me. In a richer style is the Napa Ridge 1989 Cabernet Sauvignon, North Coast Reserve, a wine that has a fine, soft texture and lots of fruity flavor. It also has some mild "green" and vegetal qualities that may be signs of the rainy vintage but aren't off-putting.

Corbett Canyon's 1991 Merlot, California seems like a perfect by-the-glass wine for a restaurant. It has a focused, spicy fruit quality that gets your attention right off the bat. I would rate it higher but for some bitterness in the after-taste.

One recent pleasure was a chance to taste a number of deliciously spicy and inexpensive Portuguese red wines. Among the best wines, three qualities consistently stand out: They are moderate in alcohol (12 percent to 12.5 percent), loaded with flavor interest, and moderate to high in acid and tannin — giving them a distinctive balance and texture. The best Portuguese reds are made to order for broiled meats. All of those below cost \$8 or less.

My favorite of the bunch was the Quinta do Serrado 1990 Dao, from the century-old house of Carvalho, Ribeiro & Ferreira (CR&F). It is

infused with earthy flavors reminiscent of oak and tobacco but has the fruit and body to make it savorable and the acidity to keep it refreshing.

CR&F also has a lively, easy-drinking Serradyres 1989, Ribatejo, a wine that is like sipping a juicy, aged strawberry — if such a thing were possible — with a background of soft tannins for texture.

At the opposite end of the scale is the CR&F 1980 Bairrada, labeled "Garrafeira," meaning a cellared wine represented as the house's top quality. This is a remarkable value for eight bucks and a wine for those with a British taste for wines well-advanced in age. It has a lovely coffee-caramel aroma and retains a soft, red cherry-like fruitiness, along with more than a lingering trace of voluptuousness.

Other Portuguese wines worth looking for are the Quinta de Pórcas 1990 Cabernet Sauvignon, from an estate said to have been owned by Christopher Columbus' wife. This wine is 81 percent Cabernet, with the rest from the robust, tannic red grape Periquita (which means "parakeet" in Portuguese — search me). The Periquita gives a decidedly exotic air to this lean, softly tannic wine with its spicy berry and red fruit savor.

The same producer gives Periquita a star turn in the Quinta de Parrotos 1990 Periquita, a simpler, rounder, juicier wine that also has a sneaky tannic bite to it. This is a quintessential pork chop wine.

The Rhone-clones — Syrahs, Shirazs, Chateauf-neuf-du-Pape types around the world — are also good wines to look for in affordable, mouth-satisfying reds. The best of these recently tasted is the McDowell 1992 Bistro Syrah, Mendocino County, a ripe, spicy easy drinker with style and zip to it.

**PICK OF THE WEEK**  
 Conde de Valdemar 1989 Rioja (Spain) (\$8.50). Here's a stylish, young red Rioja with an inviting aroma of shaved oak, ripe fruit and chocolate — a happy combination in a wine, believe me — a medium-rich body with soft tannins and enough acidity to keep it all lively.



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HOME ENTERTAINING

# Gathering to give thanks

By Carol Cutler

Don't think that the throngs going home for Thanksgiving is anything new. Just keep in mind that "Over the river, and through the woods to Grandfather's house we'll go" was written in the mid-1800s.

By the 1850s, returning home for the holiday had seized the American imagination and became a rite of November. A New York newspaper editorial of the time urged readers to:

*Come home to Thanksgiving!  
Dear children, come home!  
From the Northland and the South,*

*From the West and the East  
Where'er ye are resting,  
where'er ye roam,*

*Come back to this sacred and annual feast!*

When one went in private horse and buggy you were not aware of how many buggies were out there with you. This year you will not be on some quiet meandering road but the same superhighway as everyone else. And when you are locked into major transportation, you are also locked into train, plane and bus schedules. Crowds await you everywhere.

But at the end of the journey you are greeted with a warmhearted family embrace and a memorable feast. Alas, that feast has been the subject of many a stern food warning lately: Don't begin the meal with raw oysters or clams (they may be contaminated), don't put olives on the relish tray (too much salt), don't undercook the turkey (bacteria might remain), don't use cream or butter in the mashed potatoes or creamed onions (too much fat), don't bake traditional Thanksgiving pies (too much sugar, too much fat).

Why go home? You can just as soon stay home and munch on cel-

ery sticks. But it doesn't have to be such a bleak picture. With a few minor adjustments you can have your feast and a good conscience, too.

There is no getting around the raw oyster or clam situation. It is a risky business. What to do? Poach them lightly, just enough to cook them, while still retaining a briny tang. As for the olives, rinse them to wash away a lot of the surface salt.

Assuming that you have defrosted the turkey correctly (in the refrigerator — one day for every 5 pounds, or plunged into a large kettle of cold water until pliable), now the stuffing is to be considered. If the stuffing is prepared in advance, do not shove it into the bird. Refrigerate the stuffing separately until roasting time.

When is it done enough to please the U.S. Department of Agriculture? For a whole turkey, when the thermometer reaches 180 F and stuffing 165 F. If roasting just the breast, 170 F will do nicely.

If in doubt, call the USDA's Meat & Poultry Hotline: (866) 535-4555. Specialists will be on hand to answer your questions weekdays 9 a.m. to 5 p.m. EST; the Saturday and Sunday before Thanksgiving the lines are also open 9 a.m. to 5 p.m. Thanksgiving Day your desperate query will be answered 8 a.m. to 2 p.m.

Now about those rich vegetables. Believe it or not, nonfat yogurt does meld beautifully into mashed potatoes. I like to give it an additional zip with a little buttermilk as well.

Another intriguing solution is to forget dairy additions and use red wine instead. Use about a half-cup of wine to a pound of potatoes, plus a little nutmeg, salt and pepper. If

you want to swirl in a tablespoon or two of butter, it won't break the calorie count. The resulting chestnut-colored puree has a rich flavor that pairs well with turkey.

Make the sauce for the onions with vegetable or chicken broth (both are available in cans) and a few drops of hazelnut oil. No, they won't look or taste like creamed onions, but they will be attractive and very good.

### MARINATED OYSTERS

- 1 pint shucked oysters with their liquor
- 1 cup dry white wine
- ¼ cup oil (see note)
- Juice of 2 lemons
- 2 bay leaves
- A few drops hot red-pepper sauce
- 2 teaspoons peppercorns
- Lettuce leaves
- Chopped parsley
- 4 lemon wedges
- Yields 6 servings.

Put oysters and their liquor in small, nonreactive pot. Pour in wine, oil and lemon juice. Add bay leaves, red-pepper sauce and peppercorns. Stir to blend marinade.

Put pot on medium heat and bring marinade to boiling point. Simmer for 30 seconds, remove pot from fire and cover. Hot marinade will continue to gently poach oysters. Once cool, refrigerate.

Line 6 small bowls with lettuce leaves. Lift 5 or 6 oysters from marinade and arrange on lettuce. Spoon a tablespoon of marinade over oysters, then sprinkle with parsley. Add lemon wedge.

Note: Most of the oil will be discarded with marinade. Oysters can be poached and refrigerated the day before.

# DINING GUIDE

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# KITCHEN KIDS



By Rena Coyle

## Thanksgiving baking

Holiday time is a great time to bring your kids into the kitchen and have them prepare at least one recipe that can be served for Thanksgiving dinner. The thought of bringing your kids into the kitchen on one of your busiest days probably is overwhelming. But there is a way to do it so that you can remain calm, yet your children will have something to share with the family on Thanksgiving.

Crazy? Yes, but there may be a rainbow for all your efforts. When children have something to offer, they don't feel like an invited guest to their own dinner. By cooking something that is going to be served at dinner, they can take some of the ownership for the work that is involved in preparing such an elaborate dinner.

Scheduling and planning are the two key points to remember. Any recipe you plan to prepare with your children should be prepared in advance, preferably the week-end before.

Choose recipes that you are comfortable preparing and that can be either refrigerated or frozen.

Baking is one area to choose a recipe. Then plan a time when you are not rushed or running in between sporting events to do the baking. Turn off the television and don't answer the phone while baking.

Young children need constant supervision, and you need to direct your attention to baking with your children. Any age child will be able to master any of the steps in these two recipes. And once the recipe is baked, let either the bread or cakes cool completely before wrapping them securely for the freezer.

These two recipes are particularly easy and are perfect for families with several children.

The Cranberry Harvest Bread makes a delicious addition to the dinner table. It makes one large loaf of bread, but the recipe can easily be doubled or even quadrupled so that your children might share their talents with other special people.

Depending on how many children you are baking with, choose their steps according to age. Younger children can help get all the ingredients and utensils out and placed on the counter. Older kids can be in charge of measuring and mixing. Adults, of course, are responsible for the oven work.

For a delicious dessert to be served alongside the pumpkin pies is the Autumnal Spice Cake. This is an extremely simple one-layer spice cake that is festively decorated with an outline of your child's favorite Thanksgiving image, such as a turkey.

It can be baked ahead of time and frozen, then thawed and decorated on Thanksgiving Day. Served with a dollop of whipped cream,

1 egg  
1 cup milk  
1½ cups cranberries, coarsely chopped  
1 cup walnuts  
Yields 1 (9x5-inch) loaf.

Preparation time: 20 minutes.  
Baking time: 1 hour.

Utensils: 1 loaf pan, measuring cups and spoons, 2 mixing bowls, electric mixer, oven mitts.

Butter pan with 2 teaspoons of butter. Preheat oven to 350 F.

Combine flour, baking soda and cinnamon in mixing bowl; set aside. Cream remaining butter and sugar in second mixing bowl until smooth and creamy. Add egg and blend. Add flour mixture, alternating with milk, to batter mixture, blending after each addition.

Fold in cranberries and nuts until scattered throughout the batter. Scrape batter into loaf pan. With oven mitts on, carefully place loaf pan in oven and bake for 1 hour.

To check bread for doneness, insert thin wooden pick into center of bread. Pull stick straight out. If it comes out clean, the bread is ready. If batter sticks to the pick, then bake for another 10 minutes.

When baked, turn off oven and, with mitts on, carefully remove loaf pan. Let bread cool for 10 minutes before slipping it out of pan.

Let bread cool completely before wrapping it securely in plastic wrap and freezing.

### AUTUMNAL SPICE CAKE

1 cup (2 sticks), plus 2 teaspoons butter  
1 cup granulated sugar  
2 eggs  
2 cups flour  
1 teaspoon baking powder  
½ teaspoon salt  
¼ teaspoon ground cinnamon  
¼ teaspoon ground cloves  
¼ cup milk  
2 tablespoons confectioners' sugar  
¼ cup whipped cream

Yields 1 (8-inch) loaf.

and blend, then add remaining

flour, baking powder, salt, cinnamon and cloves. Mix until well blended. Gradually add milk. Pour batter into baking pan and, with mitts on, place in oven.

Bake 40 minutes or until edges of cake pull away from sides of pan. Turn oven off and, with mitts on, carefully remove pan from oven. Let cake cool 10 minutes before removing it from pan. Let cake cool completely before wrapping it in plastic wrap and freezing it.

To decorate: Place turkey-shaped doilies in center of cake. Sprinkle confectioners' sugar all over cake. Carefully remove doilies. A turkey image will remain on cake. Serve with bowl of whipped cream.

this cake tastes delicious for several days past the holiday.

### CRANBERRY HARVEST BREAD

½ cup plus 2 teaspoons butter, softened  
3 cups flour  
1 teaspoon baking soda  
1 teaspoon ground cinnamon  
½ cup sugar



# DINING GUIDE



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## KITCHEN HINTS

### Pan substitution.

If the called-for shape of pan is unavailable, you can substitute a pan of similar volume.

1. An 8-inch round pan can substitute for a 9-inch pie plate.
2. An 8x8x1½-inch square pan, 7x11-inch rectangular pan and 8½x4½-inch loaf pan are interchangeable.
3. In place of a 9x2-inch Bundt pan, use a 9x4-inch Kugelhopf or 8x3¼-inch tube pan.
4. Bake the cake, pie or bread a little longer if you choose a deeper pan than the one recommended in the recipe.



Source: "Cooking A to Z" (California Culinary Academy).



# DINING GUIDE

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#### CLASSY MACARONI AND CHEESE

8 ounces elbow, penne or spiral  
macaroni

4 tablespoons margarine

2 tablespoons flour

2 1/2 cups milk

2 teaspoons Dijon mustard

1 1/2 cups grated Cheddar cheese

Salt and pepper to taste

1 1/2 cups fresh bread crumbs

Yields 4 servings.

Preparation time: 35 minutes.

Preheat oven to 400 F. Grease

8-inch-square baking dish.

Cook macaroni according to

package directions; drain.

Meanwhile, melt margarine in

saucepan and add flour; stir 1 to 2

minutes. Stir in milk, 1/4 cup at a

time, stirring well and allowing

sauce to thicken between each addi-

tion. Allow sauce to simmer 5

minutes, then remove from heat

and add mustard, 1/4 of cheese, salt

and pepper.

Mix together macaroni and

cheese sauce; spoon mixture into

dish and top with bread crumbs

and remaining cheese.

Bake dish in oven 15 minutes, or

until macaroni and cheese is gold-

en-brown on top.

#### HAM AND BROCCOLI SAUTE

1 (10-ounce) package frozen

broccoli spears, thawed

2 tablespoons vegetable oil

1/4 teaspoon salt

1 teaspoon minced garlic

1/4 cup thinly sliced celery

1 green pepper, seeded and cut

in thin strips

1/4 cup chopped onion

1 tomato, chopped

1/4 teaspoon poultry seasoning

1 cup chopped cooked ham

Yields 4 servings.

Preparation time: 25 minutes.

Cut off broccoli florets; set aside.

Trim and cut stalks diagonally in

thin strips; set aside.

In large skillet or wok, heat oil

with salt. Add garlic, celery, green

pepper, onion and broccoli stalks;

sauté 1 minute. Add tomato, poultry

seasoning and ham; cover and

steam 5 minutes, stirring occasion-

ally. Place broccoli florets on top

of vegetables and ham; cover and

steam 5 minutes more.

#### BLUEBERRY ANGEL CAKE

1/4 cup sugar

1 tablespoon cornstarch

1/4 teaspoon ground cinnamon

1/4 teaspoon ground nutmeg

1/4 cup hot water

2 tablespoons lemon juice

2 cups blueberries, rinsed and

drained

1 (14-ounce) angel food cake

Yields 6 servings.

Preparation time: 15 minutes.

In small saucepan, combine sug-

ar, cornstarch, cinnamon and nut-

meg; gradually stir in water and

lemon juice. Over medium heat,

cook and stir until mixture thick-

ens and comes to a boil, about 5

minutes. Add blueberries, cook and

stir until mixture comes to a boil.

Serve warm over slices of cake.

#### QUICK TIP

When the jelly gets low, heat the

jar in a pan filled with water, then

pour the heated "jelly syrup" over

pancakes, waffles or slices of

pound cake.

Sharon Achata is a free-lance

writer.



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By Desiree Viveca

## Holiday cooking with rum

Delightful in a chilled summer drink blended with tropical fruits, the rich flavor of rum is equally inviting during cold-weather months in hot buttered rum or rum punch.

And a dramatic dessert set aflame at the table creates a spectacular end to any holiday meal.

To flambe, use rum (or brandy) that's at least 80 proof. Measure  $\frac{1}{4}$  cup liquor into a glass measuring cup and microwave at HIGH (100 percent power) setting to 30 seconds, to warm. Do not boil. Pour warmed liquor into a large metal spoon or ladle and ignite; pour while flaming over fruitcake, ice cream or fruit compote. Or pour warm spirits over dessert and then ignite with a long match.

Rum, distilled from sugar-cane molasses, is generally available to the U.S. market in two distinct varieties: Puerto Rican and Jamaican. Rums from Puerto Rico are light-bodied, while those from Jamaica are bolder in flavor, heavier bodied and darker in color. The darker, more strongly flavored rums are popular in many favorite holiday recipes for rum punch.

Most of the rum available in the United States is imported from Puerto Rico, which has been the world's leading producer since the 19th century. By Puerto Rican law, "light" rum must age and mellow in oak casks for one year before export; darker amber-color "gold label" rum ages a minimum of three years.

Anyone who loves coffee will find Hot Spiced Java perfect for a chilly evening at home. Or serve to surprise an impromptu gathering of friends — it's that quick and easy to prepare.

Rum is a favored liquor during the holiday months, not only in drinks but also in a variety of recipes.

Quick Rum Sauce takes only minutes to make. Its deep rum flavor is counterbalanced by light citrus undertones; spoon warm over cake or ice cream for an elegant dessert.

Chocolate-Nut Rum Balls are a special treat — easy to make but out of the ordinary. These boast a rich rum-flavored center crunchy with nuts and coated with a sumptuous outer layer of semisweet chocolate. Keep some on hand for visitors, if you can (they won't last long), or bring them with you to a holiday gathering. They'll be sure to ask for the recipe.

### HOT SPICED JAVA

4 cups freshly brewed coffee  
4 whole cloves

1 (4-inch) stick cinnamon

1 cup Puerto Rican rum

Whipped cream

Dash ground cinnamon

Yields 4 to 6 servings.

Preparation time: 5 to 10 min-

utes.

Cooking time: 3 to 4 minutes  
Oven setting: MEDIUM (50 percent power).

Combine coffee, cloves and cinnamon stick in 4-cup glass measure. Microwave 3 to 4 minutes. If coffee begins to boil, reduce setting to low (30 percent power) and continue.

Pour hot spiced coffee into serving mugs; top each with an equal amount of rum; stir. Add a dollop of whipped cream to each mug and dust lightly with ground cinnamon. Serve immediately.

### CHOCOLATE-NUT RUM BALLS

$\frac{1}{4}$  cup butter OR margarine  
2 cups crushed vanilla wafers  
 $\frac{1}{2}$  cup wheat germ  
 $\frac{1}{2}$  cup finely chopped walnuts  
 $\frac{1}{4}$  cup Puerto Rican rum  
1 (6-ounce) package semisweet chocolate pieces

Yields about 3 dozen.

Preparation time: 15 to 20 minutes (plus 20 minutes to chill).

Cooking time: 5 to 7 minutes.  
Oven setting: HIGH (100 percent power); LOW (30 percent power).

Place butter or margarine in microwave-safe mixing bowl. Microwave at HIGH setting about 1 minute, to melt. Add vanilla wafers, wheat germ, walnuts and rum.

Mix together well with hands. Shape mixture into small (about 1-inch diameter) round balls. Refrigerate for 20 minutes.

Place chocolate pieces in 1-quart microwave-safe casserole. Microwave at LOW setting 4 to 6 minutes, or until chocolate melts. Stir well.

Dip chilled rum balls into melted chocolate, coating well. Arrange on wax paper to set, then refrigerate until ready to serve.

### QUICK RUM SAUCE

$\frac{1}{2}$  cup orange juice  
2 tablespoons lemon juice  
 $\frac{1}{2}$  cup granulated sugar  
 $\frac{1}{2}$  teaspoon cornstarch  
1 tablespoon Puerto Rican rum

Yields about  $\frac{1}{2}$  cup.  
Preparation time: 5 to 10 minutes.

Cooking time: 1 $\frac{1}{2}$  to 2 $\frac{1}{2}$  minutes.  
Oven setting: HIGH (100 percent power).

Measure orange juice into 1-cup measure. Add lemon juice, sugar and cornstarch; stir well. Microwave 1 $\frac{1}{2}$  to 2 $\frac{1}{2}$  minutes, or until sauce bubbles and thickens. Stir in rum. Serve warm over cake or ice cream.

Recipes in this column are tested in 625- to 700-watt microwave ovens.

### MICRO-TIP OF WEEK

Soften hard-frozen ice cream by microwaving on LOW/DEFROST (30 percent power) setting 30 to 45 seconds per pint, until soft enough to scoop easily.

## FOR TEENS

By Willard Abraham, Ph.D.

## Threesome could become troublesome

Dr. Abraham: We are a girl and a boy (me) living together, but with no sex.

That may sound strange to you, but it is true.

We are both 17 years old, have good temporary jobs and plan to go to college in a year or so.

Living together is a way to save money, pure and simple. We get along well on the budgeting, scheduling, keeping the place clean and having food on hand. I guess that sounds OK, but it isn't.

She wants to bring another guy in, insists on having him move in, and says it is to economize. I know differently because I know how she feels about him. It was hot and heavy between them before I got her to move in with me.

I am totally against this threesome arrangement, and am able to manage on my income, although not easily.

If you were in my situation, what would you do? — Threesome Plan

Threesome Plan: Because such arrangements seldom work, I would tend toward moving out. Since you can cover your expenses on your own, the importance of your independence may have a lot of appeal to you.

However, that decision may have to include how strongly you feel about her. You said you are "totally against this threesome arrangement," so perhaps that could help firm up a decision to move out.

Dr. Abraham: My parents think I am kind of strange because I like to go for long walks. I don't think that is strange at all because I really like to walk by myself. It is quiet and peaceful, and I can think about a lot of things.

In fact, I can even solve a school problem that way or how to start writing a report I have to turn in at school.

Whether it is cold or hot doesn't matter to me. It is the peacefulness that feels so good. Do you think that is strange? — Questioning

Questioning: I really don't. And perhaps your parents won't either if you share with them your letter that appears above.

Dr. Abraham: Can you imagine that a guy I know really thinks that the sun goes around the Earth? What he says is that since the sun rises in the east and goes to the west that proves he is right.

I know that he isn't, but how can I set him straight? Except for that he is a good buddy of mine. I just can't believe he hands out that garbage. What can I do to help him get real on this issue? — Patient Guy

Patient Guy: You are an unusual friend to be patient toward this opinion of his.

Because he may be reluctant to accept my thoughts on this matter (since I'm not an expert in the fascinating field of astronomy), you might want to get him together with someone who is.

Such an individual may be among the teachers in your school or, if not, one of them might be able to refer him to someone skilled in the area of astronomy.

That subject is defined in my dictionary as "the science of the celestial bodies and of their magnitudes, motions, and constitution."

I hope that a knowledgeable person will help him be realistic on this matter.

Dr. Abraham: I live in a big city (Chicago, to be exact), and I feel it is a wonderful place in almost every way: the Lake Michigan coastline for so many miles, having a good school program (at least so far — I am a sophomore in high school), lots of friends, and plenty to do, see and enjoy.

I am the kind of guy who has many interests, like art, music and, you know, cultural stuff, more than I have time for, so it is a pretty exciting spot for me.

The problem is that my folks really don't like it here. They were both born in Chicago, and they talk about how cold the winters are and how they would like to live where it is warm.

So far they haven't moved because all their relatives and long-time friends are here, so there is hope for me that they will stay.

As long as they do, I'm not worried, but what if they suddenly decided to move? Then what? It would really upset me something terrible.

What should I do?  
I need someone smart like you outside my family to tell me. — Worried

Worried: Just try to hang in there and hope they do, too, at least until you finish high school. If you are considering going to college, you might have a choice of staying in the Chicago area or attending one elsewhere. Although Chicago is a wonderful city (I know because I grew up there), it doesn't have a monopoly on all the opportunities you now enjoy.

They exist in many parts of our country.

Broadening your horizons geographically might be worth thinking about. You may be smart to discuss that subject with your school counselor.

## Cooking Corner



# A speedy do-ahead Thanksgiving dinner

By Orlando Ramirez

It seems that the last of the Halloween candy is barely eaten before another holiday sneaks up. Cans of pumpkin crowd the supermarket aisles, and plump-breasted poultry fill the freezer cases.

Thanksgiving, a holiday that can drive you crazy if you're not prepared.

The problem is time. The holiday hits in the middle of the week, and if your workplace is like most, everyone is working overtime to cover for the Thursday feast and Friday shopping, leaving precious little time to do much advance preparation. Not that you can do much since the traditional foods are not the kind that lend themselves to this sort of thing.

Not to mention the holiday usually means long-lost family and friends coming to your house — another level of pressure that we won't even discuss.

Calm down. You got through past Thanksgivings, and you'll get through this one. All you need to do is a little planning and preparation.

The trick is to do the menu planning and shopping in an efficient and orderly manner so you don't end up standing in mile-long checkout lines Wednesday night with hundreds of other frazzled fellow citizens. Or even worse, trying to hunt down a missing but crucial ingredient two hours after the supermarkets have closed Thursday and the only place open is a package store that sells beef jerky and Cheetos.

To avoid these possibilities, make some lists. The first list should be a menu. Include every item you plan to serve, even the butter for the rolls or the white pepper for the gravy.

Here, you might want to do a survey of what your family and guests want and/or require. Maybe your brother-in-law hates turkey. Then ask your sister to bring a prepared ham that can be warmed up and served in addition to the fowl. Or perhaps your brother insists that it won't seem like Thanksgiving unless you make stuffing just like Mom used to make. If you decide to go that route, then adjustments will have to be made in the menu.

Now do a survey of your pantry and see what staples are in supply. Build in a cushion so if an extra place has to be set at the table, there will be enough. Besides, leftovers are what Thanksgiving is all about.

From there compile a list of what you need to get at the store. You'll find that this list breaks down into two areas. One is for the major purchases, like the turkey. The other is all the little stuff, like the cranberries, walnuts and almonds that make the meal special.

If possible, try to spread your shopping over two or three trips the week before the holiday so as to avoid the night-before rush.

Next is the task list. Try to figure out what can be done in advance and what has to wait until the last minute.

For example, Chris's Pumpkin Pie provided here can be made a few days in advance, then reheated. The same goes for the mashed potatoes, which can also be frozen in a casserole, then reheated in a 350 F oven for 1½ hours.

From the task list will emerge a timetable. This will give you a minute-by-minute breakdown of when to do what. Most people will already have this list in their heads, but it doesn't hurt to write it down to help clarify the process.

Remember that this timetable is for guidance. Unforeseen events will no doubt throw everything off schedule, so be flexible and calm, even in the final moments as the guests begin seating themselves at the table and the gravy is nowhere near done.

Also enlist help during the preparation. Try to get those near and dear to help with the chopping, peeling, mashing and carving. This will help get the meal on the table more efficiently and help spread the holiday spirit and stress.

There are a couple of things to note about this menu. The backbone is removed from this turkey to hasten cooking time. Some traditionalists will find this presentation problematic. If you decide to keep the backbone, adjust your timetable to reflect the longer cooking time.

Also, this recipe calls for a fresh turkey big enough to serve 12 to 16 people. If fresh is not available, be sure to thoroughly defrost your frozen one.

The purpose, of course, is to avoid salmonella bacteria forming in the uncooked turkey. That is why more and more experts are urging that stuffing no longer be cooked inside the turkey cavity.

One way to defrost is in the refrigerator. Keep the turkey wrapped and place it on a tray in the refrigerator. Figure about five

hours per pound, or three to four days for a 16-pound bird.

Other defrosting methods are to place the turkey under cold running water for no more than two hours, or to place it in a microwave, using the defrost setting. Be sure to check the instructions so as to not cook the bird before placing it in the oven.

On the subject of stuffing, the corn bread for the recipe presented here will have to be made in advance.

Try to make this the night before or a day ahead and cut it in 1-inch cubes to help dry it out to provide a little crunch. Save some to serve with the leftovers. And if you're pressed for time, you can always buy prepared corn bread or corn bread stuffing.

Another do-ahead item is the tart shells for pies. The dough will hold fine in the freezer. Again, you can also buy prepared shells at the supermarket.

Note that there are no side vegetables or salads included with this menu. Simple steamed carrots and peas or broccoli will be welcome additions. A tossed salad with homemade croutons would do fine.

Ask your guests to bring these items, along with the appetizers, bread or rolls, wine and other beverages (a Zinfandel would be nice) and whatever else you might need. Also be sure to ask their help with the cleanup.

Here is a timetable for this speedy Thanksgiving feast:

- Prepare a double recipe of pie dough and pie filling.
- Simmer the potatoes.
- Bake corn bread for stuffing, then cook and cool remaining ingredients and combine.
- Bake the pies.
- Roast turkey as directed.
- Start turkey stock for gravy while turkey roasts.
- Mash potatoes and reserve in casserole to warm later.
- Remove turkey from oven and set aside.
- Warm stuffing and mashed potatoes.

These recipes are from the Cole Group's California Culinary Academy series cookbook, "Entertaining Made Easy," available from the publisher, 4415 Sonoma Highway, Santa Rosa, CA 95409 (800-959-2717), or your local bookseller (\$9.95).

Removing the backbone of the turkey and pressing the bird as flat as possible in the pan halves roasting time. Purchase a fresh turkey to avoid thawing time.

### RAPID ROAST TURKEY WITH CREAM GRAVY

- 1 (16-pound) turkey
- ½ cup butter, melted
- 2 cloves garlic, minced
- Cream Gravy:
- Turkey backbone, wing tips and giblets
- 1 onion, quartered
- 1 carrot, coarsely chopped
- 1 bay leaf
- 1 sprig parsley
- 1 teaspoon dried thyme
- 6 tablespoons butter
- 6 tablespoons flour
- 2 cups whipping cream
- 2 teaspoons salt
- ¼ teaspoon ground white pepper
- ¼ teaspoon ground nutmeg
- Yields 16 to 20 servings.
- Preheat oven to 400 F.

Place turkey, breast side down, on cutting surface. Using poultry shears or sturdy kitchen scissors, remove backbone from turkey by cutting along each side of backbone. Cut off wing tips. Reserve backbone, wing tips and giblets for Cream Gravy.

Place turkey in roasting pan. Push legs down slightly so that they are flat in pan. Stir butter and garlic together in small bowl; pour over turkey.

Roast turkey 15 minutes; reduce heat to 375 F and roast until 170 F on instant-read thermometer and exterior of bird is rich dark brown and juices run clear when joint is moved (about 2 hours and 20 minutes). After first hour, baste turkey with pan juices from roasting pan. While turkey is roasting begin gravy.

Place roast turkey on carving board. Loosely cover with aluminum foil and let rest for 15 to 20 minutes before carving to maintain moisture of turkey and make it easier to carve. Strain pan juices into turkey broth (see below).

Carve turkey and serve piping hot with Cream Gravy.

To make Cream Gravy: In 3-quart saucepan place backbone, wing tips and giblets, onion, carrot, bay leaf, parsley and thyme, and cover with water. Bring to a boil, reduce heat, and simmer for 30 minutes. Remove from heat and strain turkey broth into mixing bowl. Discard turkey pieces. Stir in strained pan juices from roasted turkey.

In 3-quart saucepan over medium heat, melt butter. Whisk in flour, mixing until well combined and cooked (about 2 minutes). Add reserved turkey broth mixture and whisk until smooth. Cook over medium heat until reduced slightly (10 minutes). Whisk in whipping cream and cook another 10 minutes. Season with salt, pepper and nutmeg. Makes about 6 cups.

### QUICK CORN BREAD

- 4 tablespoons butter, plus butter for greasing pan (optional)
- 1 cup milk
- 2 eggs
- 1 cup flour
- 1½ teaspoons baking powder
- 2 teaspoons salt
- 1½ teaspoons sugar
- 1 cup cornmeal
- Yields 8 servings.

Preheat oven to 400 F. Butter 8-inch square baking pan, or line pan with parchment paper.

In small bowl, combine 4 tablespoons butter, milk and eggs. In 3-quart bowl, sift together flour, baking powder, salt and sugar; stir in cornmeal, and make a well in center. Gradually stir milk mixture into dry ingredients until just combined and slightly lumpy. Do not overmix or corn bread will be tough.

Place mixture in prepared pan. Bake until top is golden brown (about 35 minutes).



# Garden Talk

By C.Z. Guest

## How to attract beneficial insects

Insects are amazing creatures. They can be found in every ecological niche and make up almost half of all living things on Earth.

Insects can affect man both directly and indirectly. While many people think of insects as destructive or obnoxious pests, most insects are beneficial. Without the pollinating services of bees and other insects, man would have few fruits, vegetables or field crops.

Commercial products, such as silk, honey and shellac, are insect byproducts. At the least, insects are important as scavengers and for food for birds and fish.

One area where insects are important is in natural control of pest insect species. Beneficial insects help keep pest populations in balance because many insects are predators, and others are parasitoids.

Predatory insects are free-living organisms, which attack and feed upon other insects. Predators are usually larger than their prey and require more than one prey to complete their life cycle. Ladybird beetles are a good example of a predatory insect.

Parasitic wasps (or parasitoids as they are properly called) live in or on the bodies of their hosts. They may be the same size or smaller than the host and will feed on the host insect, weakening and finally killing it. They require only one host to complete their development. Many species of wasps are

parasitoids. These beneficial wasps do not sting.

The applied use of beneficial insects to control pest populations dates back to 1888 when the Vedalia lady beetle was imported from Australia to control cottony cushion scale on fruit in California.

On a smaller scale, beneficial insects occur naturally where their host food source is found in sufficient numbers to support their populations. The home gardener can take several steps to encourage, conserve and enhance populations of beneficial insects.

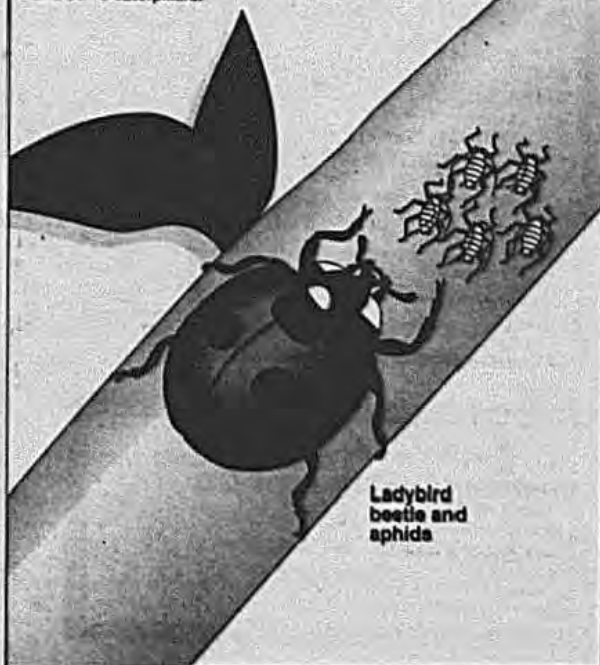
Avoid measures that will destroy beneficials as well as pests. Try alternate methods of pest management such as hand-picking, sticky traps, insecticide soap spray or *Bacillus thuringiensis* (B.t.).

If an insecticide application is necessary, make a spot treatment rather than a broad-scale application. Try to select a material with a short residual life. Be tolerant of minor insect infestations. Beneficials must have sufficient prey to feed upon or they will move elsewhere.

Maintaining a good diversity of plants will provide alternate hosts for beneficials as well as overwintering sites, shelter and sources of food. Many adult parasitoids feed on nectar and pollen. Having an abundance of blooming plants will attract these beneficials to your garden.

### Helpful Insects

- Use hand-picking, sticky traps or insecticide soap spray to remove pests without harming helpful bugs.
- Plant a diversified garden to attract many different bugs.
- Ladybugs feed on aphids, scale insects, mealybugs and spider mites.
- Ground beetles hunt cutworms, earwigs and some caterpillars.



## Our Children

By Willard Abraham



## Taking time off from college to start career

Q. Time passes so fast that it is hard to believe. Our "baby" is a grown-up young lady of 18 who has just finished her first year of college.

It was a surprise to us that she decided she wanted to work for at least some time and have a break from her college classes. We're not sure that is a wise thing for her to do, but we are somewhat reluctantly going along with her decision.

We are a close family, and she wants us (her mother and father) to be involved in her search. We are glad to do that, but where do parents start? What is really more important, where should she begin?

A. We need your sensible help very much.

A. You've brought up a subject that has been a major interest of mine for many years.

A good place to start is usually a college counselor who can no doubt loan or name some useful publications in the job selecting, seeking and landing areas. One of them may be a book titled "The Question Is College" by Herbert Kohl (Random House), and there are many others.

A new book that could also be of value is "How to Help Your Child Land the Right Job" by Nella Barkley (Workman Publishing).

Some of the topics the author shares with parents are how they can act as a career coach to bolster their child's self-esteem, ways to start on the right career track and other important subjects.

Two government publications have been basic sources for many years; they are available in recent editions in public and higher-education libraries. They are the "Dictionary of Occupational Titles" (fourth edition, 1992) and the "Occupational Outlook Handbook" (1992-93 edition), both developed by the U.S. Department of Labor.

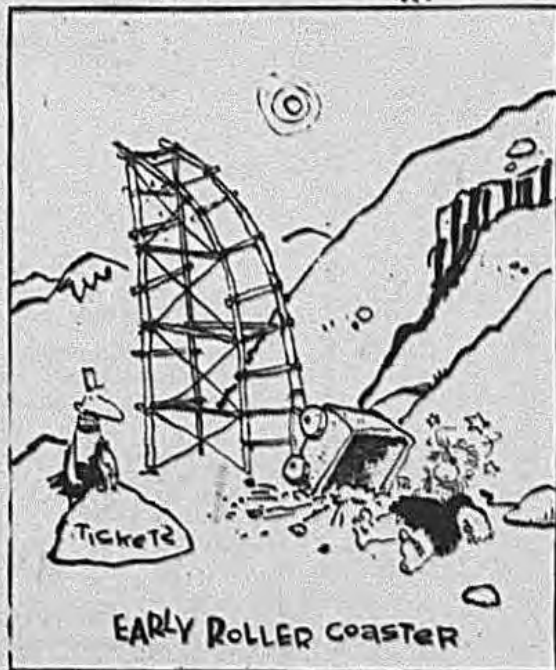
A magazine called *Careers & Colleges* should be a "must" because of its up-to-date, pertinent, readable articles. Numerous libraries probably have it among their publications.

If the college has a career office, that would be a good place to start. It will provide valuable publications, as well as job listings.

I hope that is enough to help you get started.

OUR CHILDREN

### The Crows' Chronicle



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# Fitness Forum

## THE HEALTHY GOURMET



By Kit Saedaker

### Fast foods that taste good

By Mary Hellman

## Year-round battle against dry skin

What's white and flaky and arrives in winter?

### Dry skin.

People living in dry areas may notice this prickly problem more in the winter, but dermatologists say the itch is not seasonal.

"It's either hot, dry conditions or cold, dry conditions. We have a year-round problem here, because we go from April to October or November with no rain," said Linda Schoen, director of the Neutrogena Skincare Institute in Los Angeles.

Low humidity — below 30 percent — is the culprit that robs skin of moisture, leaving it rough, scaly and itchy. A withering dry spell, a transcontinental flight or a trip to the desert can parch skin, especially on backs, arms and legs, where natural oils are scarce.

But the American "fetish for cleanliness" is equally to blame, Schoen said. "The rest of the world thinks we're crazy and they're right. We all bathe too much. That's the worst thing you can do for your skin."

As temperatures drop and furnaces kick on, "people prone to dry skin develop it," said Howard Steinman, a dermatologist and assistant clinical professor at the University of California, San Diego School of Medicine. "In my practice, we're seeing the expected increase in people coming in with dry skin complaints."

Women using Retin A to combat wrinkles, teens on drying acne medications, sufferers of the skin inflammation eczema and the elderly, whose skin has less natural oil, are particularly prone to seasonal problems, Steinman said.

### CLEANING UP DRYNESS

Both Steinman and Schoen recommend a change in bathing habits, coupled with regular moisturizing, to soothe dry skin.

"Take shorter showers, in warm, not hot water, and use a soap substitute," Steinman said. "And you don't need to use soap all over your body. By the end of the day, most people have some perspiration, which by definition is water soluble, and some oil. Where you need soap is on your face, hands and feet, and any place skin touches skin."

Soap, especially "pure" brands such as Ivory, add to dry-skin woes, stripping the skin of oil, Steinman said. Soap substitutes such as Dove, Purpose and Cetaphil, all available without prescription, are preferable.

"Avoid long, hot, soaking baths," Schoen added. "If you do take a bath and have dry skin, it would be helpful to use Neutrogena bath oil right afterward — applied to your skin, not in the bath — I swear 90 percent of that oil sticks to the tub or goes down the drain."

After a shower, apply a moisturizer while the skin still is damp, Steinman recommended. "Moisturizers impart oil to the skin, but they also trap moisture, and some actually attract moisture and rehydrate the skin," said Steinman, who likes Alpha Keri bath oil and Eucerin lotion.

"Lotions are great, but if you want more bang for the buck, buy a cream or ointment. Ointments are mostly oil, creams have more water and lotions are mostly water."

Selecting the right moisturizer will take some experimenting, he added.

"What one woman likes to have next to her skin, the next woman can't stand," he said. "The science behind most is excellent, but there are other factors — scent, texture — that come down to personal preference."

### TRY AN ACID TEST

One manufacturer, Penederm, is offering consumers a free sample of its new dry-skin lotion, PeneCare, one of the new generation of body moisturizers that contains alpha-hydroxy acids, a natural humectant derived from milk, apples and sugar cane.

"Dermatologists have known for a number of years that alpha-hydroxy acids are very effective in holding water on the skin, but it's taken time to make the formulations cosmetically acceptable," said Penederm's marketing vice president Kathy Miller.

Other over-the-counter lotions with alpha hydroxy acid include Lacticare, Lachydrin V, Aquacare HP and U-Lactin, Steinman said.

"One of our clinical studies involved dermatology nurses who have their hands in and out of water all day and are particularly aware of skin-care products," Miller said. "They found they could cut their use of moisturizing products in half."

Sometimes I don't want to use every pan in the kitchen to fix a meal. Indeed, sometimes I don't even want to fix a meal. Can't have that, so I compromise. I make something as quick as fast food, as good as fast food, and better for my calorie budget than fast food.

### GRILLED CHICKEN SANDWICH

4 boneless, skinless chicken breast halves  
1 tablespoon lime juice  
2 garlic cloves minced  
1 teaspoon chili powder  
¼ teaspoon ground cumin  
¼ teaspoon ground red pepper  
4 slices low-fat cheese  
8 slices French or Italian bread  
4 tablespoons salsa or to taste  
Yields 4 sandwiches.

Each has about 370 calories, 8 grams fat, 95 milligrams cholesterol and 700 milligrams sodium.

Preheat broiler. Flatten chicken to about ¼ inch thick. Mix juice, garlic and seasonings and spread on chicken breasts. Broil about 3 minutes on each side. Place cheese slice on each breast, place on slice of bread, top with salsa and other half of bread.

### QUICK VEGETABLE FRITTATA

1 cup cubed cooked potatoes  
Salt and pepper to taste  
½ cup quartered zucchini slices  
1 cup low-fat mozzarella  
2 tablespoons sliced green onions  
2 tablespoons minced fresh basil  
1½ cartons (12 ounces) frozen egg substitute  
½ cup sliced cherry tomatoes  
Yields 4 servings.

Each serving has about 150 calories, 3 grams fat, 10 milligrams cholesterol and 440 milligrams sodium.

Heat oven to 350 F. Spray 8-inch skillet with nonstick spray.

Layer potatoes, salt and pepper, zucchini, ½ cup of cheese, onions and basil. Shake egg substitute and pour over vegetables.

Bake 22 to 25 minutes or until set. Sprinkle with remaining ½ cup cheese and tomatoes. Heat broiler. Broil 2 minutes or until cheese is melted.

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## Here's How



By Gene Gary

**Q.** How do you remove stick-ons from a bathtub and toilet tank? Tenants applied the stick-ons in the tub to prevent slipping and put them on the toilet tank for decoration. Is there any easy way to remove them? — J.W.

**A.** The removal of these "stick-ons" and the adhesive residue left behind is a common problem and there is no one solution. The sticky substance varies from one product to another and so does the remedy.

Often it is best to soften the adhesive first by using a hair dryer and heating the stick-on so it can be easily removed.

Another method is to dampen paper towels or pieces of rag with isopropyl alcohol. Lay this over the stick-on and cover with a plastic

film to prevent drying. This will soften the adhesive so removal of the decal is easy. A 50-50 mixture of xylene and isopropyl alcohol can finish cleaning up the adhesive residue that remains on the surface. Alcohol mixed with solvent reduces smearing often created when using solvent alone.

Some rather common products can also be effective in removal of these decals. Spray & Wash used to saturate the decal and left for a period of several hours is effective. No Wax Endust can be applied in the same manner. Ordinary peanut butter can be used. Coat the decals with peanut butter and allow to remain overnight. The oil is absorbed and breaks down the adhesive.

Depending on the chemical composition of the adhesive in the product, the following substances can be used: lighter fluid, paint and varnish remover, rubbing alcohol, banana oil or amyl acetate (found in fingernail polish remover), lemon oil, photographic film cleaner found in camera stores, lacquer thinner, acetone, rubber cement solvent, 34X and naphtha, MEK (Methyl Ethyl Keytone).

One commercial product that I have had great success with is DeSolve It, manufactured by Orange-Sol Inc. (P.O. Box 308, Chandler, AZ 85224). DeSolve It can be used on plastic to remove the adhesive residue of labels without damaging the plastic finish.

When using any of these products it is best to test in an inconspicuous area to assure that the surface you are trying to clean is not damaged by the cleaning substance. It is also wise to use a rubber spatula or plastic knife (the throwaway variety used for picnics) for any scraping. These will not damage or scratch porcelain or fiberglass surfaces.

As you can see, the methods of

removal are as varied as the many adhesive products we deal with, ranging from labeling to masking tape and decorative stick-ons.

**Q.** Help! How can you remove ball point pen marks from the vinyl covering (strips) of patio furniture? My 2-year-old got hold of a pen and made markings all over the white vinyl. I have tried soap and water, along with several household cleaners, with no success. Do you have any suggestions? — C.W.

**A.** Try ordinary hair spray. Spray a liberal amount on the marks and remove with paper toweling or a clean cloth. Another common product is spray laundry pre-wash applied the same way.

Yet another unlikely cleaner for ball point ink stains is milk. It seems that there is an enzyme in milk that makes the ink turn into liquid form that is easily washed away. It sometimes takes more than one application, but any of these will usually remove ball point pen stains.

## Decor Score



By Rose Bennett Gilbert

### Color is clue to small room success

**Q.** Our apartment living-dining room is long and narrow and not very big. There are windows across one end with the heat and air-conditioning vents below the windowsill. I know this is a typical apartment floor plan but I would like some suggestions on how to make it different from everybody else's in the building — and the world! — T.McG.

**A.** In decorating even the smallest, most ordinary room you have an extraordinarily effective tool on your side: color.

Color can push walls around, visually speaking, to make large rooms feel cozier, small rooms look larger. That's because light, cool colors recede from the eye so you don't really notice them, while dark, warm colors advance. They make things look closer and larger.

For this reason, most ceilings are painted white: to make the room look taller. If you painted it, say, warm brown instead, the ceiling would lower and make the room feel smaller and cozier.

New York designer Bebe Winkler has harnessed that capriciousness of color in the room we show here (as close as I could come to your floor plan). The space itself is

ordinary, but not so the ambience Winkler has conjured using color, pattern and a little sleight of hand.

She painted the walls dark, enveloping the room in a warmth that is also highly sophisticated, and used light-looking open-arm chairs and transparent tables that seem to take up less visual space and certainly give the room a pleasing fluidity.

Now, look closely at the window wall: By building the underwindow unit out a scant few inches, clever Winkler adds practical space for the TV set and such without disturbing frills like heat and air conditioning. The slightly widened unit also allows for the handsome display of accessories that gives this down-market floor plan such uptown smartness.



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**BOOK STORE / GARDEN CITY** P/T clerk. Permanent. Applications now being accepted. Saturday a Must! 742-4794. wn3

**PHLEBOTOMIST, FOR PATIENT** service center in Garden City area. Experience necessary, F/T, pediatric experience a plus. Excellent hourly wage. Call for interview. Ask for Ms. Blake. 1-800-524-2898. gcN4

**BABYSITTER NEEDED** Mon.-Thurs., 2 p.m. - 5 p.m. Clean driver's license, experience needed, references required, non-smoking in my home. (516)292-2112. gcN4

**NANNY/HOUSEKEEPER, MONDAY** to Friday, 12:30 p.m. to 5. Own transportation. English speaking, alternate Saturday nights. 484-8835. (E. Hills Area). wn2

**CHILD CARE WANTED** Loving person needed to care for 3 month old baby in my home Mon.-Fri., 8:30-5:30. English speaking, references. Must have own car. Garden City area. Please call 489-6662. gcN3

#### Help Wanted

**REAL ESTATE SALES** Position - Well established Realty office serving the area for 78 years has openings available. Call R. Valentine for details. Valentine Agency. 746-7200. wd4

**FUN AND MONEY** - Exciting new company expands locally. If you enjoy making money and a fun environment, this is the company for you. Call John at 746-2243. gcN2

**HOUSEKEEPER, GARDEN CITY, P/T, Mon. - Fri. 1-5 p.m.** Mature woman with car. Cleaning, laundry, ironing, local errands, non-smoker. References required. Call eve 747-4264. gcD1

**MATURE INDIVIDUAL NEEDED** to watch 2 year old in my Garden City home 1-2 days a week. Own transportation. 746-1415. gcN4

**CHILD CARE - LIVE OUT**, in my Garden City home for 3 year old and 7 month old. Mon. - Fri., F/T, possibly 3 days in near future. Must have car, English speaking only, non-smoker, references. Eve (718) 723-4169. gcN4

**MATURE NANNY / HOUSEKEEPER** Mon.-Fri., 10-6. Flexible. Care for 2 children 8 and 11. Must have car. Non-smoker. Start immediately. English speaking. 665-5439. gcN4

**MARY POPPINS NEEDED!** Experienced child care provider to care for our 12 month old daughter in our Garden City area home. Full time hours, Mon.-Fri., Competitive salary. English speaking only. Non-smoker, valid driver's license and recent references. Not allergic to cats. Call 877-3137 between 8 a.m. - 10 p.m. gcN3

**Situation Wanted**

**CHILD CARE AVAILABLE**  
NYS certified early childhood teacher with Master's degree will care for your child in my Mineola home. Enriched environment. Playmates. Certified program. Excellent extensive references. 747-5350. wN1

**IRISH AMERICAN CERTIFIED Nurse's Aide** Companion. 14 years experience. Will work any hours. Excellent references. Please call before 12 noon and after 6 in the evening, up to 11 PM. 746-4745 or 746-0948. wO5

**ENGLISH SPEAKING, POLISH** woman is looking for housekeeping job. Call (718)468-6705. gN4

**GARDEN CITY MOTHER** with older children would like to babysit occasionally in your home during school hours, 9 a.m. - 3 p.m. Please call 248-5896. gN4

**HOUSECLEANER AVAILABLE.** GOOD references. Available Monday - Saturday. Clean offices, apartments, houses. Call 377-9814 or 868-4917. gD1

**GOOD HOUSECLEANER** WITH many years experience. Good references & own transportation. 481-1459. gD1

**SEEKING HOUSECLEANING JOB.** Have good references, own transportation & experience. 766-2521. gD1

**CERTIFIED IRISH AIDE** available for days, evenings, nights and weekends. Own transportation. 742-7526. gD1

**RELIABLE NANNIES AVAILABLE.** High quality, thoroughly screened nannies are just a phone call away. Free replacement for up to one year. Live in or out. Licensed & bonded. One-time fee \$400. Payment plan available. No fee to preview nannies. Parents Choice Nanny Placement Agency. (516)377-1907. gN3

**BOOKKEEPING, WORD PROCESSING.** Insurance Reimbursements. Computer literate. All types of paperwork. Twelve years experience. Per diem rates. 922-9079 - leave message. hN2

**POLISH WOMAN, EXPERIENCED.** References. Housecleaning. 292-8118 gD1

**PART TIME OFFICE work.** Hours to suit your needs; reasonable. Experienced all clerical duties: typing, filing, phone, billing. Knowledge Word Processing IBM and Macintosh. Accurate, organized, intelligent, pleasant. 773-4207. hD1

**HOUSECLEANING JOB WANTED** Live in or live out. Good reference and experience. Please call after 6 p.m. (718) 457-7288. gN2

**HOUSECLEANER AVAILABLE ENGLISH** speaking, experienced. References available. U.S. resident. Please call 794-6516. gN4

**Situation Wanted**

**ATTENTION VACATIONERS - WOULD** You like to go away and know that your dog or cat is well taken care of? Mature woman who loves animals will give your pet lots of TLC. Fenced in yard. 352-9113. gN2

**QUALITY CHILD CARE** available in my Herricks/New Hyde Park home. Reasonable. Fenced in yard. Starting at 6:30 a.m., Monday to Friday. References. 741-9163. wN4

**TWO HRS. FREE CLEANING** for new customers. English speaking woman available for household chores and office cleaning. Fees: \$10/hr. min. 4 hours. (Household Chores); \$12/hr. min. 2 hrs. (Office Cleaning). Call 741-6616. Excellent references. wN4

**EXPERIENCED MOM WISHES** to care for your child/children in my Williston Park home. Flexible hours. 873-0044. wN4

**HOUSE SITTER AVAILABLE** Garden City Professional, male, with impeccable references and experience in house sitting, is available to care for your home just the way you would. Please call 873-0808. gN2

**Real Estate for Sale**

**GARDEN CITY ESTATES** Section - 3 BR Tudor, 2 1/2 baths, LR/FPL, DR, kitchen, breakfast area, basement/FPL, 1 car garage. principals only \$289,000. (516)488-4590 gN3

**EAST HAMPTON NORTH-WEST Woods - Custom 2 story** 3,000 sq. foot Contemp. Many extras. Cathedral ceiling, LR/fpl, master suite with oversized marble bath, spacious kitchen, separate breakfast room, dining room, 2 1/2 baths, 2 additional BRs & artist's studio on 1.5 landscaped acres. 20 x 40 in ground pool. Lots of decking. \$ 575,000. Weekdays (212)477-0756, weekends (516)329-0469. gD1

**CUTCHOGUE - NASSAU POINT** area, 4 BRs, 2 1/2 baths, EIK, heated 40 x 20 pool, cabanas w/shower, sauna, steam room, huge jacuzzi, deck, brick BBQ, incredible amenities. 1 acre plus. \$289,000. Bill Kavan 294-0220 or Michael Sweeney 328-832E. gD3

**BERKSHIRES: WORTHINGTON, MA 1905** 11.3 AC. Victorian retreat, Great room 28 x 30' with 30' energy efficient glass wall affording mountain views, stone fireplace, 4 BRs, guest cottage, 2 car garage, pond, modern systems, central air, near skiing. 25 minutes east of Lee/Lenox. Reduced from \$425,000 to \$325,000. Owner (413)238-0223. gN4

**GARDEN CITY ESTATES** section, 3 BRs, 2 baths, LR, DR, ultra modern EIK, huge den, 100 x 60. Low Tax. \$335,000. (516) 877-1813. gN2

**Real Estate for Sale**

**GARDEN CITY MOTT SECTION,** Large Colonial, 3 BRs, 3 baths, CAC, newly renovated. Large property. Low taxes. No realtors please. \$349,990. 741-5433, evenings. gN2

**BOCA RATON, FLORIDA.** Double wide mobil home, 2 BRs, 2 baths, Florida room. Mint condition, club house, heated pool, adult community. Excellent location. Maintenance \$115 per month. \$ 56,000. (516)358-9807. gN4

**GARDEN CITY ESTATES, 3 BR,** Center Hall Colonial. New EIK, w/ skylight family room, LR/Fpl, FDR, new 1/2 bath & maid's room off kitchen, finished basement with wet bar and 1/2 bath, 3 BRs, 2 new baths on second, brick patio, fenced in yard. Walk RR & schools. Principals only. Ask \$470,000. 746-3097. gN4

**GARDEN CITY SOUTH** Custom Cape. Mint. Dead End. Golf Course. 80x100. Enclosed 40' Mini Villa, porch, new windows/doors. 6BRs, 2Ba, EIK, DR, LR/Fpl, Fin. Bamt., new roof. Many extras. Low taxes. \$265K. Principal. 481-8919. wN4

**GARDEN CITY, EXQUISITE** Mott Colonial. LR/Fpl, 3+BRs, 1 1/2 new Baths, large Family Room and large Kitchen, new basement playroom. Low taxes. \$410,000. Call owner 294-8782. gN4

**WEST HEMPSTEAD/ GARDEN CITY** vicinity. Exquisite CH Colonial on 60 x 100 home features LR/fpl, huge FDR located on quiet dead end street. \$185,000. Prudential L.I. Realty 354-6070 Ext. 242. gN2

**"A GARDEN CITY CLASSIC":** True Center Hall Solid Brick Georgian Colonial - 6 BRs, 4 bths, 2 porches, fireplaces, beautiful gardens. Has historical significance. Excellent location: excellent condition. Offered at \$795,000. "Country or Contemporary": 2 sprawling Ranches - large, spacious, generous properties. Lots of rooms. Quiet country asks \$530,000. Modern Contemporary Asks \$495,000. "Design It Yourself": An unusual opportunity. Approved Garden City building lot. 1/2 acre + Ready for Immediate Sale. Buy now: break ground in the spring. Make offer. "The Giant House": Room enough for mom, dad, children, married children and their families and more. This home has three separate wings and a 40' family room. Owners had 9 children. I have never seen anything so big. Asking \$900,000.

I also have available a variety of other homes that the owners prefer not be advertised. Prices range from high \$400's to \$1 million +. All styles. Contact: Anne Gucker Hagen, Independent Real Estate Broker offering one-on-one personalized services. All showings by appointment only. (516) 741-1754 days/evenings. If not in, please leave message. Buyer-Broker Service also available. gN2

**Real Estate for Sale**

**SOUTHOLD CONDO TOWNHOUSE** at Eastwind Shores. Great view overlooking L.I. Sound. LR, DR, Kitchen, 3BRs, 2 1/2 Baths, h. jacuzzi, loaded with closets. Swimming pool, dock at rear of property. Must see to appreciate the beautiful surroundings. \$225,000. 488-1868, 248-0763, Owner/Broker. gN4

**GARDEN CITY ESTATES** Tudor on golf course. Everything new. LR/Fpl, DR, EIK, finished basement, 4BRs, 1 full Bath, 2 half Baths, new oak floors, 40 x 100 property. Taxes \$3,900. Just reduced by owner \$419,000. House is much larger than it appears. Walk to RR & stores. 741-4274. gN4

**MINEOLA, NEW HI RANCH** 10 rooms, 3 baths, Wheatley schools. Ideal for large family. Convenient to shopping & RR. Builder anxious. Good area. \$ 325,000. Broker (516)741-6365. gN2

**LAUREL EXCLUSIVE BAYFRONT** Ranch. Panoramic views of South Fork sandy beach. 3 BRs, 2 1/2 baths, 2 fpl. Lovingly maintained by original owner. Good value at \$482,500. Southold Prime Lot, choice area, near town, schools and churches. \$52,500. Cutchogue/Nassau Point Bayfront exclusive. Distinctive sprawling Colonial with an abundance of space & charm. Panoramic views, sandy beach. All on 2 plus wooded acres. One of a kind. First offering. \$825,000. Southold 4 BR Dutch Colonial. EIK, family room/fpl, FDR, LR/fpl, 2 1/2 baths, 2 car garage, 1GP. Professionally landscaped setting. Mint condition. Walk to beach location. \$349,900. Southold Spectacular, Open Waterviews. Perfectly lovely 3 BR, 2 bath Ranch. Very private setting. Exceptional offering \$235,000. Cutchogue/Nassau Point Exclusive 5 BR Contemp. Cedar Cape with cathedral ceiling. Large deck, skylights on treed 1/2 acre. Mint condition. \$329,000. Call for our new fall brochure. Marlon King Realty 734-5657. gN2

**GARDEN CITY EXCLUSIVE - Stunning** Contemp, 4 BRs, 2 1/2 baths, gourmet EIK, family room, office, rec room, CAC, 2 car, 150' deep landscaped property 400's. Through CH Brick Estates Colonial slate roof, 4 BRs, 3 baths, EIK, sunporch, 2 car \$400's. Prestigious Blvd. Location. 4 BRs, 3 1/2 baths, family room, large EIK, 1/3 acre \$600's. Central Section Classic Brick Tudor, 4 1/2 BRs, 4 1/2 baths, family room, large EIK, 3/4 acre. \$800's. Mod Centrally located Colonial. Totally updated 5 BRs, 3 1/2 baths, fabulous EIK, family room, 2 car, 1/2 acre. \$800's. "New Exclusive Garden City South, adjacent to Garden City. New Colonial Brick & Siding 4 BRs, 2 1/2 baths, family room, large EIK, attached garage. Low \$300's. Vera Ataman / 354-1994. gN2

**Real Estate for Sale**

**GARDEN CITY RANCH,** CAC, 3BR, 3B, Deck, Jacuzzi, Finished Basement/Wet Bar, Cedar Closet, Hepa Allergy System, 1/2 Acre. Walk to LIRR. \$379,000 neg. 352-0608. gN2

**CUTCHOGUE, COMPLETE RANCH - First** exclusive offering of this spotless, modern home on exquisite, landscaped 1 acre plot near beach/boating. Comfort inviting LR, festive DR, cabinet lined kitchen, 3 BRs, 2 tiled baths. Lots of closets. Basement, rear deck, storage shed. Move in condition. \$169,000. See soon! South Jamesport - Price reduction on this choice 3/4 acre waterfront, "Sea Cove Estates" building plot. Deeded rights to 200 foot sandy beach. Walk to deep water marina. Easy terms available. Now only \$78,500. Book Miller Realty 722-4423. gN2

**ORIENT SOUNDFRONT CONTEMP** on 1 plus acre features 3 BRs, 2 baths, great room/fpl, pool steps to beach. Breathtaking views. \$525,000. Laurel Bayfront Country Estate, subdividable 2 plus acres. Large LR with stone fpl, 4 BRs, 2 baths, garage with studio. Lovely treed property, sandy beach. \$480,000. Mattituck Georgian Colonial on 1.3 acres. Light and bright LR, DR, custom kitchen, 3 BRs, 2 1/2 baths, 2 car garage, private road. \$199,900. Lewis Realty 298-4600, 734-5533, 765-5810. gN2

**GARDEN CITY ESTATES,** BLVD. address, Contemp. 4 BRs, 2 1/2 Bths., LR/Fpl, DR, Den, Lg. EIK, 2 Car Garage. Beautiful private yard. Walk RR. \$359,000. Owner 741-0154. gN2

**BOYNTON BEACH, FLORIDA** Condo, Intra Coastal Community. 1 BR, 1 1/2 baths, blinds, draperies, mirrored wall, screened porch. Walking distance to beach, shopping, churches etc. Mint condition, many amenities. Rent possibility. 747-5435 gN3

**GARDEN CITY ESTATES, 3 BR,** 7 room CH Colonial. Mod. EIK, 2 1/2 mod. baths, FDR, LR/fpl, Florida room, den, CAC, alarm, 2 car \$480K. Taxes under \$5,300. Circular drive, extra. 742-5548 by owner. gD1

**GARDEN CITY BEAUTIFUL** lg. split, 3/4 BRs, 2 Bths., New EIK, Cath. LR/Fpl, DR, Den, Fin. Bamt., 2 Car Gar., 70x100 fenced yard, new driveway, porch, walk. Convenient to park, RR, Shopping. Low taxes. Priced to sell \$335K Owner 747-6386. gN4

**GRANDPARENTS - Send** in your grandchildren's photos and enter our "World's Most Beautiful Grandchildren" contest. Just send a photo and a brief description of the child (or children) along with your name and address to: Litmor Publications, Beautiful Grandchildren Contest, 61 East Barclay St., Highville, N.Y. 11801. We'll do the rest!

**Real Estate For Sale**

**GARDEN CITY, OXFORD BLVD.** Colonial 5 BRS, 4 1/2 Baths, LR/Fpl, FDR, Den, Huge Mod EIK, Full Bamt, Atch. garage, Macrae. Asking \$795,000. Flexible owner. Fin. to fit your needs. 248-2450 gcN2

**GARDEN CITY COUNTRY** setting. 100x150 spacious Georgian brick Center Hall Colonial. 4 BRS plus master/FPL, 3 1/2 baths, FDR, sunroom plus large finished basement. \$549,000. (516) 248-8797. Call owner. gcN2

**Co-Op For Sale**

**MINEOLA, GARDEN PLAZA** - Beautiful Studio Apartment, near RR, hospital & stores. Mirrored closets, new carpeting. 24 hour security. \$60,000 neg. 294-9613. gcN4

**GARDEN CITY 2 BR** Cherry Valley Co-Op \$109,000. Principals only, second floor, new carpet. Excellent condition. Call 747-5226. gcN2

**GARDEN CITY, 1BR CO-OP.** second floor, separate entrance, spacious & sunny. Courtyard view. \$57,000 neg. Owner. 294-7496. gcN1

**GARDEN CITY, CHERRY VALLEY CO-OP.** Mint condition. Motivated seller. Spacious 1 BR, new EIK. Walk to RR & stores. Asking \$75,000. Principals only. (212)407-2226 days. 742-5843 evas. gcN4

**GARDEN CITY, CHERRY VALLEY,** 1 BR, first floor, mint condition. New Kitchen, carpeting. Maintenance 74% deductible. Low \$60's. 488-5718. gcN3

**GARDEN CITY CO-OP, 1 BR.** Second floor, newly renovated. Walk to LIRR, \$69,900. Reduced for quick sale. By owner, 248-5347. gcN3

**GARDEN CITY CO-OP, 2 BR.** second floor, center of village, 2 blocks LIRR, refinished floors, new windows, \$116,000. Leave message. Owner 873-9469. gcN2

**CO-OPS & CONDOS**

**2 Birchwood Court**  
Top of the Line, 1BR, 1B \$89,000

**Cherry Valley**  
1BR, 1B, Creampuff, 1st fl. \$75,000

**LR, Ultra/M/EIK, 2BRs, 1B**  
\$112,000

**2BRs, 1B, CAC + Wash & Dryer**  
\$105,000

**Hamilton Gardens**  
1BR, 1B, Lg EIK, LR, Foyer \$85,000

**LR, DR, EIK, 1BR, 1B** \$105,000  
Second ST. Hamilton House  
Est Sale, 2BRs, 2Ba, Front \$140,000

**Mineola's Harrison House**  
2BRs, 1B, CAC, Lndry, 1 Gar. \$129,000

**Mulford Place**  
LR/Fpl, DR, Den, 1BR, 1B, corner \$85,000

**Stewart Franklin**  
2BRs, Sunny, LR/Fpl, DR, EIK, Want Offers

**Stewart House**  
All New 2BRs, 1Bath, Kit., LR, DR \$189,000

**Dougall Fraser Realty,**  
248-6655. gcN2

**Co-Op For Sale**

**GARDEN CITY, 2BR, 2ND** floor end unit facing 15th St., A/C, Wash/Dryer, Attic, Garage - \$109,000. 294-0269 gcN2

**CHERRY VALLEY, 1 BR** first floor, new kitchen, updated bath, hardwood floors, extra closet space, partially furnished \$65,000 by owner 294-2638. gcD1

**Co-Op For Rent**

**MINEOLA - SPACIOUS 2BR,** 2 bath, balcony, dishwasher, micro. Walk to RR. Security Guard. \$1,200. Available Dec. 1. 747-3181. gcN3

**GARDEN CITY VICINITY,** second floor Studio. Cable hook-up, walk to RR/Shops. Laundry Room, Garage. \$600/month, negotiable. \$35K Sell, negotiable. By owner. 473-5809. gcD1

**Real Estate For Sale****Open HOUSE**

**NASSAU POINT - OPEN HOUSE,** Saturday, November 13, from 1-4 p.m. Deep water, 2 story wonderland home with dock. Little Peconic Bay Road. Follow signs or call for directions. Marilyn Lang Realty, 734-6472, 734-6690. gcN2

**Real Estate For Rent**

**WILLISTON PARK, LARGE** sunny 1BR Apt., private entrance, washer/dryer. Use of back yard. Plenty of storage. Walk to all, \$500. 248-8663, after 5 p.m. gcN4

**WEST HEMPSTEAD / GARDEN CITY** border. Lovely, large Furn. Rm. w/Bth, Priv. Entrance. Centrally located. Suitable for non-smoking professional male. Immediate occupancy. Security & references. \$400 monthly. 489-5941. gcD1

**GARDEN CITY, CHERRY VALLEY,** 1 BR, first floor, mint condition. New Kitchen, carpeting. Maintenance 74% deductible. Low \$60's. 488-5718. gcN2

**GARDEN CITY SOUTH,** 6 room apartment, 3 BRs, LR, EIK, TV room, bath & terrace, shopping, walk to LIRR & Adelp. Perfect for students. \$1,000 per month plus utilities. Owner/Broker. No fee (516)486-1868, (516)248-0753. gcN4

**GARDEN PLAZA, MINEOLA** - 1 BR Co-Op Renovated bath & kitchen, living/dining room, BR, large closets with walk-in. Convenient to all. Walk to LIRR, parking spot available. Immediate availability. \$900 month (516)488-8249. gcN4

**GARDEN CITY, SMALL** private 5 room cottage for winter rental. 741-3694. gcN4

**Real Estate For Rent**

**EAST MEADOW - FURNISHED** room for rent. Share bathroom. Private entrance. Responsible working person. Non-smoker. Call 221-0940. gcN4

**WEST BABYLON, 1 BR.** Kitchen/LR combo, wall to wall carpeting, includes cable. \$625 plus electric. 321-8925. gcD1

**GARDEN CITY ROOM - FURNISHED.** Separate entrance, private bath, non-smoker, female preferred. Reference. Call 741-0536. Rent negotiable. Call after 7 p.m. gcN3

**4 ROOM APARTMENT, EIK,** Dining Room, Living Room, and 2 bedrooms. Private entrance. Prefer working couple. References a must. 579-2808. hd1

**WILLISTON PARK / MINEOLA** Schools - 3 huge BRs, LR, FDR, EIK, 1 1/2 baths, half fin. bamt. Washer, dryer. Use of yard. No pets. Asking \$1,300 mo. Owner. 741-9263, leave message. W-D-1

**OPEN HOUSE - NOV. 13th,** 1-3 p.m., 65 Roxbury Rd., Garden City. Doll house, LR, DR, new EIK, 3 BRs, 2 baths. Walk all \$1,900 mo. Dougall Fraser Realty 248-6655. gcN2

**APARTMENTS AND HOMES** for rent in Garden City and surrounding area. All price ranges. Waiting lists maintained. Call Anne Gucker Hagen, RE Broker (516) 741-1784. If not in, please leave message. gcN2

**MINEOLA, 1 LARGE, 1 small** room, quiet, cheerful home. Non-smoker. References & security required. 742-2239 gcN3

**GARDEN CITY / HEMPSTEAD,** SPACIOUS 1 BR CO-OP apt. for rent or sale. New kitchen & bathroom, wall to wall throughout. Security building, garage available. Rent \$875 per month. 746-4451. gcN4

**GARDEN CITY LOVELY,** quiet furnished room. Private entrance, bath. Mature, non-smoker preferred. References. (516) 746-0018. gcN3

**OFFICE SPACE FOR rent.** Ideal location, Garden City vicinity. Beautiful office suites, 150 sq. feet - 3,500 sq. feet. owner (516)538-7478 gcN2

**GARDEN CITY - EXPANDED** Ranch. LG LR/Fpl, DR, new EIK - all new appliances, family room, 3/4 BRs, 2 full Ba, fenced yard, great family neighborhood. One month security and references are a must. \$2000/month. Negotiable by owner. 741-3054 gcN2

**BELLEROSE, 1 BR APARTMENT** Completely renovated new bathroom, hardwood floors, EIK, near RR and stores. Move-in condition. Good location. \$600 per month. 292-0484 and 292-0544. gcN4

**Real Estate For Rent**

**BELLEROSE, 1BR APARTMENT** LR, EIK, w/w carpet, newly painted, full bath. Near RR, bus & stores. \$600 per month. 292-0302. gcN2

**Vacation Rental**

**KISSIMEE, FLORIDA VACATION** Condo, 2BRs, 2Ba, fully furnished, washer/dryer, heated pool, tennis. Minutes to all major attractions. \$400 a week. Call 937-0684 gcN2

**MONTAUK FALL GET-AWAY** 4 nights \$225 a couple. 2 Bn Suite, heat, full kitchen, walks, dining, shopping. Near beach. Also for sale. \$37,000. Call 724-5572. gcD1

**SEE WINDHAM - EFFICIENT** Unit. Sleeps four, fully equipped. TV, full bath, four miles to slopes, total privacy. Rent by month or season. January to March 1994. Reasonable rates. 921-5210. gcD1

**COCO BEACH, FLORIDA.** Oceanfront 2 BRs, 2 baths, washer/dryer, terrace, tennis, furnished. 45 minutes to Disney. 248-7838. gcN4

**MT. SNOW/HAYSTACK,** large fully equipped 4 BRS, plus loft, 2 1/2 baths with color TV, VCR, microwave, heated garage. Beautiful views, lots of privacy. Available by the week or week-end. Call 468-8120 gcD3

**POCONOS, 7 BR SUPER** large house on 10 scenic river-side acres in Shawnee, Pa., bordering National park with skiing nearby. Perfect for social or family group camaraderie with a 16 person sleeping capacity. Weekends \$700. 248-4963. gcN3

**STRATTON, VERMONT,** 2BR & large loft on access road. Available from Thanksgiving on 873-8210, days. gcN3

**SANIBEL ISLAND, FLORIDA.** Tropical Gulf Paradise. Sundial Beach & Tennis Resorts. 2,000 foot beach, 5 pools, jacuzzi, soft tennis courts, golf, fishing, boat/bike rentals, bike/jogging paths, supervised children's activities available, gourmet restaurants, superb shopping, world famous shelling. 35 min. to Ft. Myers Jetport. 1.23 BR with full Kitchens. Rent daily, weekly, etc. 746-2211. gcD3

**BROMLEY/STRATTON MOUNTAIN** Vermont. Beautiful, spacious condo, fully equipped, 3 BRS, w/TV, VCR, Micro, on mountain near all amenities. Season rental avail. (516) 488-7399 evenings. (212) 546-2966 days. gcN4

**SKI, STRATTON, BROMLEY,** Okemo, 4 BR 3 Bth, fully equipped home. Week/weekend rentals. 248-1254 gcN4

**DO YOU HAVE A SERVICE** to advertise? Our Service Directory is sure to bring results. Call 931-0012.

**Real Estate Wanted**

**GARDEN CITY FAMILY** just sold home - seeks home in Estates section only - no splits. Flexible closing date. Principals only. 328-6944. gcN3

**YOUNG MANHATTAN COUPLE** from Garden City, looking to settle back home now! Estates section, 4BRs, plus. Please call (212) 775-8028. Principals only. gcN4

**DOWN SCALING COUPLE** seeks Cape/Ranch, 3/4 BRs in Northwest section of Garden City. Approximately \$275,000 - \$300,000. 593-2867, 293-8517 evenings. gcN4

**GARDEN CITY - PRINCIPALS** only. Garden City family seeks min. 4BR home. Low \$400's. 742-2302. gcD1

**GARDEN CITY FAMILY** of 15 years looking to rent your Garden City home. 4BRs. No Brokers please. 348-8797. gcD1

**YOUNG FAMILY SEEKS** Ranch home with basement, in Great Neck. No Brokers. Please call 468-4358. gcD1

**For Sale**

**MAPLE CHINA CLOSET,** a table and 4 chairs. Like new. 825-7359. gcN3

**5 YEAR OLD CRAYTON** Marcus old sofa, 6" thick mattress, burgandy/creme floral, good condition. \$75. 746-4117. gcN4

**NEW MAUVE RECLINER,** Maple rocking chair, 3 speed boy's bike, belt sander, circular saw, 10" radial arm saw, Commodore computer. All 1/2 price or less. (516)488-4538. gcN4

**MIRRORED WALL UNIT** - Ivory lacquer & Brass. 56" high x 56" long x 20" deep. Like New. \$475. Black minik, full length coat with fox trim, size 10, excellent condition. \$850. 294-0632. wn2

**FOUR PIECES ROOM PLUS** furniture. White gloss finish, mica/wood, 6 drawer chest, twin storage headboard, two 18" armoires. Like new. \$1,000. Steinway upright piano, mahogany case. 45 years old \$1,900. 741-4614. gcN3

**NOTICE**

**HAVE YOU A HIDDEN TALENT** that has yet to be discovered in print?

We are looking for articles, not exceeding 3,000 words or less than 1,500 words, on local topics, opinions, ideas, nice places to visit on Long Island, and even fiction. In our magazine section, we will try to "Discover" one new feature length article and writer per week. Each writer will be reimbursed a stipend of \$25.00.

If you want to be published and be part of an issue of Discovery, you may submit your article to: Litor Publications, 81 East Barclay Street, Hicksville, N.Y. 11801.

**For Sale**

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**YARD SALE, SAT. & SUN.**  
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**165 ROCKAWAY AVE.** Garden City, Sat., Nov. 12, 9 a.m. - 2 p.m. Dining room set, bedroom set, lawn mower. gcn2

**MOVING SALE, SAT.** Nov. 13, 9 am-4 pm. Raindate Sat. Nov. 20. 111 Sackville Road (between Stewart & Stratford Aves.) Garden City. Outdoor furniture, assorted kids' clothing & toys. Something for everyone. gcn2

**GARDEN CITY - MOVING.** Entire contents of house. Furniture, tools, snow blower, bric-a-brac, linens, patio furniture. Fri. & Sat., Nov. 12 & 13, 10 a.m. - 4 p.m. at 199 Meadbrook Rd. gcn2

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**GARAGE/YARD SALE -**  
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**WILLISTON PARK - SATURDAY,** November 13, from 9 to 4. Old things, bric-a-brac, etc. New children's clothing. 26 Cornell St., North of Hillside off Willis. wn2

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**NOVENAS**

**PRAYER TO THE BLESSED VIRGIN** (Never known to fail). Oh, most beautiful flower of Mt. Carmel, fruitful vine splendor of Heaven, Blessed Mother of the Son of God. Immaculate Virgin, assist me in my necessity. Oh, Star of the Sea, help me and show me, herein you are my mother. Oh, Holy Mary, Mother of God, Queen of Heaven and Earth! I humbly beseech you from the bottom of my heart to succor me in this necessity. There are none that can withstand your power. Oh, show me herein you are my mother. Oh, Mary conceived without sin, pray for us who have recourse to thee (XX). Holy Spirit, you who solve all problems, light all roads so that I can attain my goal. You who gave me the divine gift to forgive and forget all evil against me and that in all instances in my life you are with me, I want in this short prayer to thank you for all things as you confirm once again that I never want to be separated from you in eternal glory. Thank you for your mercy toward me and mine. The person must say this prayer 3 consecutive days. After 3 days, the request will be granted. This prayer must be published after the favor is granted. L.A.S. hn2



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By Maureen Clancy

When Joe D. Cochran agreed to cook for this year's St. Patrick's Day dinner at the James Beard House in New York City, he decided to begin and end the feast with one of Ireland's most famous foods — and one of his own favorites.

"I really love oatmeal, and not just for breakfast," said the San Diego chef and restaurant consultant who formerly headed the kitchen at Loews Hotel Santa Monica and, before that, at the Golden Door (Escondido, Calif.) and Rancho La Puerta (Tecate, Mexico) spas.

Working with the James Beard Foundation, a nonprofit organization dedicated to the promotion of the culinary arts, Cochran created a menu to showcase Ireland's finest foods, including smoked salmon, potato pancakes and lobster with an Irish whiskey glaze.

"And for dessert, I like to do an apple-oat cake that's very light and grainy and glazed with reduced orange juice," he said.

Cochran also adds oatmeal to vegetable stuffing for grape leaves and bell peppers, and uses "pancakes" of oatmeal and mashed potatoes as an accompaniment.

"You can also make a cassoulet or Irish stew with oatmeal, and use it to thicken a rich leek soup."

Throughout the country, imaginative chefs have taken to heart the latest word from the government — eat more grains — and come up with dozens of new dishes that take oatmeal beyond the breakfast bowl.

Chef, caterer and cookbook author Judith Choate ("The Bean Cookbook") attributes the newly polished image of oatmeal to the Department of Agriculture's revised food pyramid.

"The USDA has been telling us to eat more grains and less fat," she said in an interview. "And oatmeal is a very accessible grain, not as esoteric as amaranth or even mil-

let, for that matter. It's a great way to put some health in your diet without many calories."

Working with the importers of McCann's Irish oatmeal, Choate has created recipes to show off the versatility and comfort quotient of oatmeal.

"Oatmeal works really well when prepared in the style of couscous and pilafs," Choate said. "It's also wonderful in salads that traditionally use a grain, such as bulgur or couscous."

There are two basic varieties of oatmeal. For steel-cut or pinhead oatmeal, the groats (the inner portion of the oat grain) are cut into pieces between steel rollers, resulting in a rough, nubby texture. Steel-cut oats, which take about 30 minutes to cook, have a rich, nutty flavor and retain most of their vitamins. The flavor of steel-cut oats is enhanced by toasting them in a 350 F oven for about 40 minutes. This also cuts down on the final cooking time.

Rolled or flaked oats are cut into smaller particles, then rolled into flakes of similar size. The result is a smoother product that cooks in minutes and has a milder flavor.

Oatmeal is an excellent source of vitamin B and fiber. It contains only a trace of fat, no sodium and about 110 calories per ounce.

## IRISH COUSCOUS

2 cups peeled, cored, seeded and chopped ripe tomatoes  
 ¼ cup minced cilantro  
 2 tablespoons minced scallions  
 1 tablespoon minced garlic  
 1 tablespoon minced pickled hot peppers  
 4 tablespoons olive oil  
 1 teaspoon fresh lemon juice  
 ½ teaspoon ground cumin

Place oatmeal on baking sheet with sides. Place in preheated oven and toast for 5 minutes. Remove from oven.

Heat olive oil in heavy saucepan over high heat. When hot, stir in onion, celery, garlic and herbs. Sauté for 4 minutes or until vegetables are soft. When vegetables are soft, stir in mushrooms, cover and cook for 5 minutes. Stir frequently. Add toasted oatmeal and stir to combine. Stir in broth. Raise heat and bring to a boil. When boiling, lower heat. Cover and simmer for about 25 minutes or until broth has been absorbed and oatmeal is tender. Remove from heat.

Stir in peas and season to taste with salt and pepper. Serve hot.

## OAT AND FRESH TOMATO SOUP WITH BASIL

1 cup steel-cut rolled oats  
 4 tablespoons butter  
 1 large onion, chopped  
 3-4 large cloves garlic, finely minced

2 pounds ripe tomatoes, peeled and chopped

5 cups vegetable broth, preferably homemade

2 teaspoons finely minced orange peel

5-6 large basil leaves, finely minced

Salt and freshly ground black pepper to taste

2 tablespoons finely minced parsley

Yields 6 servings.

To heavy iron skillet, add oats and toast them over medium-low heat, stirring until they turn color, about 5 to 8 minutes. Be careful not to let them burn. Set aside.

In a 7-quart Dutch oven, melt butter over medium-high heat, add onion and garlic and sauté for about 5 minutes, stirring, until onion is wilted.

Add tomatoes and stir for 2 minutes more. Then add vegetable broth and orange peel and bring to a boil. Lower heat to medium-low and add basil, reserved oats and salt and pepper. Cover and cook for 8 minutes.

Adjust seasoning and serve hot, sprinkled with parsley.



By Sharon Achatz

## Warm, hearty dishes for cool evenings

There are plenty of culinary harbingers of autumn, among them a profusion of pumpkins and apples at the market and a return to the stove for hot and hearty fare.

In my home, the return to the season of cooler days and warmer meals is kicked off with down-home dishes that satisfy cravings for something hot, hearty and wholesome.

Cider Pork With New Potatoes is a simple single-skillet sauté of pork chops, apple cider and potatoes that pairs wonderfully with a tangy side dish of Red Cabbage With Apples that's flavored with clove.

While cooked in separate skillets, these two dishes combine on a serving platter to make for beautiful fare — simply place the cabbage and apples on a large serving platter, then arrange the pork on the cabbage and the potatoes around the chops.

When selecting pork chops for this or any recipe, it's true that almost any type of chop — center loin, sirloin, rib, top loin, boneless or bone-in — will work interchangeably.

If you're shopping for value, however, boneless chops offer the most for the money. Even though they cost more per pound, boneless cuts are cheaper because you're not paying for the bone or trim you won't eat.

The secret to enjoying the most tender, juicy and flavorful results lies not so much in the cut as in cooking technique. According to the National Pork Producers Council, most cooks today overcook pork. When checking the doneness of chops, look for white or just a hint of pink in the center and plenty of clear juices.

As for dessert, Rice Pudding served warm from the stove top is another testimonial that it's truly autumn. Made with instant rice and a pudding mix rather than from scratch with traditional rice, this dessert whips up in a fraction of the time required for old-time recipes — without sacrificing any flavor.

To prepare the meal in as little as 40 minutes, start by simmering the cabbage, then prepare the pork chops. Cook up the rice pudding while other diners clear the table so that it will still be warm when served.

## CIDER PORK

WITH NEW POTATOES  
 4 new potatoes, about 1½ pound  
 1 tablespoon vegetable oil  
 8 (½-inch-thick) pork chops  
 1 cup apple cider  
 Salt to taste  
 Pepper to taste  
 Yields 8 servings.

Preparation time: 20 to 25 minutes.

Scrub potatoes and cut into quarters.

Heat oil in heavy skillet; brown pork, about 2 minutes per side. Remove to plate.

Add potatoes and cider to skillet and heat to boiling. Cover skillet and cook over medium-high heat 10 minutes.

Tuck pork chops between potatoes; sprinkle pork and potatoes with salt and pepper to taste. Tilt skillet and spoon cider over pork and potatoes. Cover skillet and cook over medium-high heat until potatoes are tender and pork chops are just cooked through, about 5 minutes more.

If cider in skillet measures more than one-half cup, reduce over high heat, then drizzle over pork and potatoes to serve.

## RED CABBAGE WITH APPLES

1 head red cabbage, about 1½ pound  
 1 onion  
 1 Golden Delicious apple  
 1 tablespoon vegetable oil  
 1 tablespoon margarine  
 ¼ teaspoon salt  
 ¼ teaspoon pepper  
 ¼ teaspoon ground cloves  
 1 tablespoon lemon juice  
 Yields 8 servings.

Preparation time: 30 minutes.

Remove wilted outer leaves from cabbage. Cut cabbage into quarters, slice core from each wedge, cut wedges into ½-inch dice. Cut onion into ½-inch dice. Peel and core apple, cut into ½-inch dice.

Heat oil and margarine in skillet; add onion and sauté 3 minutes or until softened. Add cabbage and apple and stir until coated with oil. Sprinkle with salt, pepper and cloves. Cook over medium heat covered, stirring once or twice, about 15 minutes or until tender.

Sprinkle with lemon juice just prior to serving.

## RICED PUDDING

4 cups milk  
 1 egg, well beaten  
 1 (3-ounce) package vanilla pudding  
 1 cup quick rice  
 ¼ cup raisins  
 ¼ teaspoon cinnamon  
 ¼ teaspoon nutmeg  
 Yields 8 servings.

Preparation time: 20 minutes.

Gradually stir milk and egg into pudding mix in saucepan. Add rice and raisins. Stir over medium heat until mixture boils, about 10 minutes. Remove from heat and cool 5 minutes, stirring twice.

Pour into dessert dishes or serving bowl.

Sprinkle with cinnamon and nutmeg; serve warm.

# Kids Home Newspaper



Games, rhymes, and riddles for children and their parents, too!

By J.R. Rose -

## DRAW IT!

**DRAW A TRUNK ON THIS PINE TREE!**



**UNSCRAMBLE THIS TO SEE WHICH PART OF A TREE IS THE LOUDEST...**

**ETH AKBR!**

PUP THANKS SCOTT GREENER OF CEDAR CITY, UT.



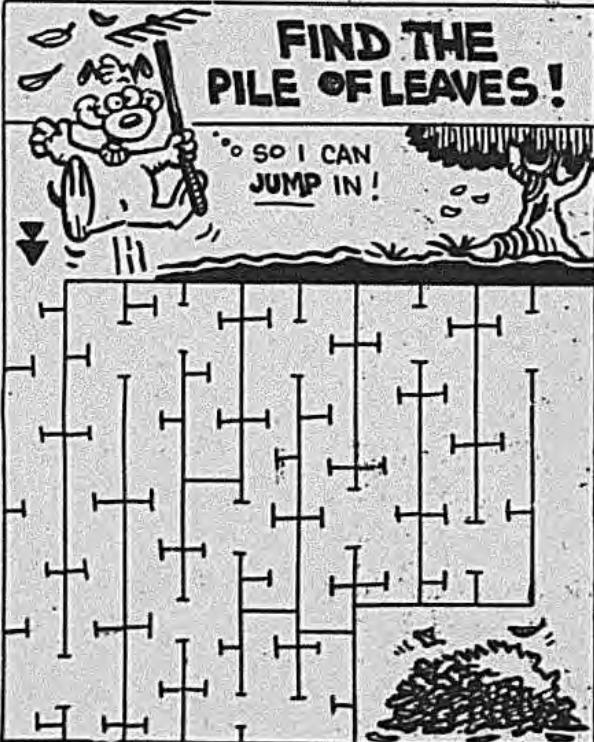
**THIS TREE'S GROWN UP VERY TALL. EVERY AUTUMN IT'S LEAVES FALL! LEAVES ARE BROWN, RED, GREEN AND BLUE, MAYBE EVEN YELLOW TOO!**

**COLOR THIS TREE'S AUTUMN LEAVES**



**FIND THE PILE OF LEAVES!**

SO I CAN JUMP IN!



**WRITE US!**

IF YOU HAVE ANY FUN GAMES OR JOKES SEND THEM TO: PUP

91 EAST BARCLAY STREET HICKSVILLE, NEW YORK 11601

**WHAT DID THE BABY TREE SAY TO THE MOTHER TREE?**

**GE-OM-E-TRY!**



PUP THANKS MONICA ALCOZEN OF BELTON, TX.

# ANTIQU OR JUNQUE



By Anne McCallam

## Colonial cabinet made in early 1900s

**Q.** Enclosed is a photograph of a china cabinet that I recently obtained. It has Queen Anne legs and there are four shelves behind glass doors. It is in beautiful condition, and I think the wood is walnut. When was it made, and what is it worth?



**A.** Colonial furniture has been reproduced since the 1880s. Although some pieces were close copies, manufacturers took liberties with design. As an example, there were no original Queen Anne coffee tables or end tables.

Even though Colonial Revival furniture was mass produced, it usually was very well made.

Your cabinet has the characteristics of a piece made in the early 1900s. It would be worth about \$800 to \$900.

**Q.** The enclosed mark is on the bottom of a porcelain-covered powder box that my great-aunt gave me. On the lid is the figure of a young woman in a rose gown holding a basket of flowers. It is in excellent condition.

When was this made, and what is it worth?



**A.** Your powder box was made by Hertwig & Co. Porcelain Factory in Katzhutte, Thuringia, Germany, in the early 1900s. Hertwig & Co. was founded in 1864 and closed in 1945.

Many of the 19th and 20th century porcelain factories were in Thuringia because the raw materials necessary to the production of porcelain were located in that region.

Your powder box would probably be worth about \$225 to \$250 in good condition.

**Q.** What can you tell me about a waffle iron that I have? It stands on three legs and has an attached tray. On the front are the words M.B. Means Best — Manning Bowman & Co. — Serial No. 524 — Article No. 1605 — Made in U.S.A. — Meriden, Conn.

Is my waffle iron worth anything?

**A.** Waffle irons are becoming almost as popular to collect as toasters. Construction was simple, the wiring basic and most small appliances still work.

The original box will increase the value, while plated items that have been stripped to the base metal will decrease it.

The serial number and article number indicate your waffle iron was manufactured by Manning Bowman & Co. in the early 1900s. It would probably be worth about \$35 to \$45 in good condition.

**Q.** I have a pair of porcelain dogs that I purchased at a church sale. Both are white with gold markings, and each has a collar. They are 3 1/2 inches high and in perfect condition. They are marked Beswick — England — 1378 — 7.

I would appreciate any information you can give me about their age and value.

**A.** Beswick was founded by James Beswick and his son John in the early 1890s. The firm was best known for the beautifully designed and accurately detailed figures of animals.

Royal Doulton purchased the company in 1969. They continue, even today, to maintain the high quality of artistic design. The number, 1378 — 7, indicates they are the "Old English Dog" models.

Your porcelain dogs were made in the first half of the 20th century. They would probably be worth about \$125 to \$135 for the pair.

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## Points on Pets

By R.G. Elmore, D.V.M.

**Q.** I just learned that I am pregnant and will be having a baby in a few months. I am worried about how our 9-year-old poodle is going to accept the new family member. Until this, our dog has been our only "child." Our dog even sleeps with us in our bed.

**A.** It is impossible to predict how your dog will react to your new baby. Dogs react differently to newborns, depending on the dog's personality. Some dogs become protective of the new family member while others become quite resentful. Sibling rivalry is often experienced in situations like yours.

There are some simple things that you can do to prepare your dog for the new baby. If you are not going to allow your dog to sleep with you after the baby comes home, you should break her of the habit now. Perhaps, you can buy the dog its own bed and force it to sleep in it now.

Exposing your dog to your friends' children is often helpful. You should keep a leash on your dog and provide very close supervision while introducing your dog to the children. Allowing a baby to cry in the presence of your dog will help condition it to the sounds of a

newborn. You should allow your dog to visit the baby's nursery so that the new furniture, wall coverings and smells will not be strange when the baby arrives.

When the newborn arrives, allow the dog to sniff the baby's feet and gradually get acquainted with the new family member. Try not to be overly protective. However, never leave the baby alone in the presence of the dog. Even very well-mannered dogs sometimes misbehave. As the new baby grows, teach it respect for the dog. Do not allow the baby to pester the dog.

If your dog acts hostile toward the baby, you will have to provide alternative housing for the dog. A new doghouse and exercise run may be necessary until the child is old enough to become friends with the dog.



## JUNIOR EDITION



### Aunt Tilly's Corner

I wonder if you like to make cookies as much as I do. Some cookies can be made by dropping the batter from a spoon onto a cookie sheet and then baking. They are good because they are fast. For some the batter must be made a day in advance and refrigerated. Then they can be sliced and baked.

The kind I like the best are the ones which are rolled out and then cut into shapes with a cookie cutter. They can be decorated so many different ways. There are chocolate chips and sprinkles, colored sugar, frosting, raisins. They can be stars, animals, flowers, or geometric shapes. You can even cut carefully around your hand and make hand cookies.

Your friend,  
Aunt Tilly

### RULES BOYS AND GIRLS

Here is your chance to win One Dollar (\$1.00) - to spend or to save.

Here's all you have to do:

1. Contest is open to children 4 to 12 years of age.
  2. Entries must be received by Friday, November 19, 1993
  3. Paint, watercolors and crayons must be used on the above.
  4. Decisions of the judges will be final.
- Mail your entry (just clip our cartoon) to this newspaper at:  
105 Hillside Avenue  
Williston Park, N.Y. 11596

## YOUR SOCIAL SECURITY

### Medicare pays for flu shots

By William M. Acosta

**Q.** I recently heard that Medicare now pays for flu shots. Is this true? — M.E.

**A.** Since May 1, 1993, the cost of getting a shot to protect you from the influenza virus has been covered by Medicare. When you get a flu shot, you do not have to pay the usual Medicare coinsurance or deductible amounts.

Medicare pays those amounts, along with an amount for the vaccine and the person who gives you the shot. If the person giving you the shot accepts the Medicare payments as payment in full, there will be no cost to you.

For more information about flu shots, you can call, toll free, (800) 638-6833.

**Q.** What are the different types of Social Security cards that are issued? — P.E.

**A.** Social Security issues three types of Social Security cards.

One, the familiar card most people have, has been issued since 1935. It shows the person's name and Social Security number, and it lets the person work without restrictions. Social Security issues it to U.S. citizens and permanent resident aliens.

A second type of card bears the legend "Not Valid for Employment." Social Security issues it to people from other countries who are admitted to the United States on a temporary basis, but not for work, and who need a number for

other purposes, such as banking.

Social Security began issuing the third type of card in 1992. It bears the legend "Valid for Work Only With INS Authorization." It is issued to people who are admitted to the United States on a temporary basis with Immigration and Naturalization Service (INS) employment authorization.

**Q.** I am 42 years old and recently received an estimate from Social Security telling me how much I would receive at age 62 and at age 65.

**I** thought it would be higher. Should I have other investments? — M.T.

**A.** Yes. You should not count on Social Security alone. Your income for retirement should come from other sources, such as pensions, savings and investments. The sooner you start planning for retirement, the more time your savings have to grow.

Social Security is only meant to be part of your retirement income.

## YOUR SOCIAL SECURITY

### Most Beautiful Grandchild



Brianna Rose Orlando, 13 months of age, is the precious first grandchild of both Mr. and Mrs. Anthony Orlando of Syosset and Mr. and Mrs. Robert Mayola of Jericho. She has brightened our lives. Brianna and her parents, Jodie and Anthony, reside in Syosset.