

In Three Sections - Fifty-Two Page.

The Only Newspaper Printed and Published In Hicksville

Mid-Island Times & Levittown Times

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Friday, October 22, 1993

Commended Merit Students

Richard Hogan, Hicksville High School Principal announced that four students have been commended in the National Merit Scholarship Competition. Melissa Paweleczak, Robert Rombach, Helen Woo and Connie Young were presented with Letter of Commendation.

About thirty five thousand Commended students throughout the nation are being honored for their outstanding performance on the 1992 Preliminary SAT/National Merit Scholarship Qualifying Test, which was the route of entry to the 1994 Merit Program. Commended students have shown exceptional academic promise by placing among the top five

per cent of more than one million program entrants; however, their qualifying scores are slightly below the level required to continue in the competition for Merit Scholarships to be awarded in 1994.

An NMSC spokesperson stated, "Being designated a Commended Student in this keen competition is a credit to these young people as well as to their schools, which play a key role in their development. We hope that the recognition these academically able students receive will encourage them to develop their talents and abilities to the fullest, and that the example they set will inspire other young men and women to strive for academic

excellence. Commended students represent a valuable intellectual resource crucial to our nation's well being."

Special Home Improvement Section



This issue includes a special Home Improvement Section for the Fall and Winter. There are many specially prepared articles in this edition to help readers with problems connected with home beauty and maintenance.

In addition there are special messages from many advertisers including Reliance Federal, Basic Energy, Master Railings, Home Depot, Sears, Hastings Kitchen Studio, G.C. Volkswagen, K II Home Furnishings, Jack Gaynor, Continental Bank, State Bank, Roosevelt Savings, Williston Plumbing, Dick Shannon Contracting, K.J. Kenney and Genes' Gallery. Don't miss it.

Sweatshirt Design Craft Workshop

Mildred McLaughlin will lead a workshop in which she shows how to design a flower on a sweatshirt using celery and paints at the Hicksville Public Library on Tuesday, December 7, at 7:30 p.m. Registration starts November 17 at 9 a.m. There will be a small materials fee.

Craft Program At Library

Participants will learn how to create a unique wreath made of puff pillows at a two-session craft workshop to be held at the Hicksville Public Library, on Mondays, November 22 and 29, at 7:30 p.m. Registration begins Monday, November 8, at 9 a.m. Lorraine Quinn is the instructor.

Participants will bring their own supplies, a list of which will be given at registration. Some hand or machine sewing is required. There is no fee for the course.



Hicksville High School National Merit Scholarship Competition Commended students are pictured with High School Principal Richard Hogan. The students are, L-R: Melissa Paweleczak, Connie Young, Robert Rombach and Helen Woo.

Community Cleanup



Bethpage resident Pat Warmbold (third from left) working with other LILCO Lamplighter volunteers Sam Moon, Don Blooms, and Sue Rooschak (left to right), helps trim overgrowth from the house of an elderly woman. After exhausting all other external options, LILCO's Consumer Affairs Department recommended her to the Lamplighters. The LILCO Lamplighters organization is just one way LILCO employees lend a helping hand to the community.

Poster Contest



Oyster Bay Town Supervisor Lewis J. Yevoli (back row, second from right) recently joined with members of the Hicksville Fire Department for their annual Fire Prevention Poster Contest and Open House. On hand were (back row, left to right) Chief Pat Scanlon, Ex-Chief Anthony Wigdorski, John Moskos and (front row, left to right) sixth grade poster winners Lauren Sullivan, Thomas Pereira, Karen Murphy, Christina Heredia and Suzanne Smith.

Commander Honored



Oyster Bay Town Councilman Thomas L. Clark (left) and New York State Assemblyman Fred Parola (right) recently were invited to attend the American Legion Charles A. Wagner Post 421's Annual Past Commander Dinner Dance. This year's function honored Past Commander John J. Rizos for his years of dedication and commitment to the Hicksville-based American Legion post. Rizos' wife, Joan, was also on hand for the occasion.

Candidates Night



Gulotta Team Members. Assemblyman Fred Parola, Candidate for Nassau County Comptroller, who puts people before politics, and Karen Murphy, Candidate for Nassau County Clerk, who is truly a new voice for the citizens of our County, meet at last Monday night's rally at the Theodore Roosevelt Republican Club in Bethpage. County and Town of Oyster Bay Republican candidates spoke before a capacity crowd rallying their supporters to keep good government in Nassau County by re-electing County Executive Tom Gulotta and return Republican leadership to the Town of Oyster Bay by electing Assemblyman Phil Healey Supervisor.

PTA Council Homecoming Fair

The third annual Hicksville Homecoming Fair sponsored by the Hicksville Council of PTAs on October 2 was a huge success.

Together, Hicksville's elementary, secondary and Special Education PTA units transformed McCormack Field into a colorful arena for affordable fun and provided an opportunity for the community to enjoy the special talents of our High School students. Delicious snacks and international favorites were provided by the Athletic Boosters and the Band Parents Association, as well as by many of the High School's student clubs.

As a result of this popular event, \$3200 was raised by the Hicksville Council of PTA, enabling them to offer eight \$400 scholarships to the graduating class of 1994. In addition, substantial funds were also raised by the Athletic Boosters, the Band parents and the student clubs, which will help them carry out their worthwhile programs.

The Hicksville PTAs continues its long-standing tradition of service and care for all our students and wishes to thank the Hicksville School District, our teachers and the community for their support.



Homecoming Fair Chairperson Pat Love joins Booth Chairperson Elaine Clancy and Bill McKee in organizing the placement of booths.



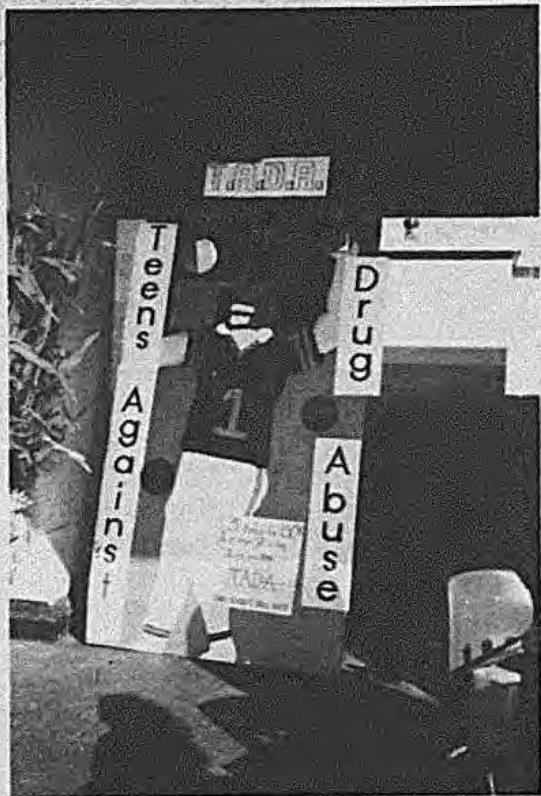
The Athletic Boosters began setting up at 7 a.m.



The Band Parents provided a popular Candy Shoppe for the second year.

Mid Island Times & Levittown Times

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The High School's Teens Against Drug Abuse (TADA) has a popular football toss game.



Lee Avenue PTA President Alice Restivo and her husband were busy arranging their school's Goldfish Game.



The Ecology Club's members were busy advising the community on ways to help the environment.

Defensive Driving For Young Adults

A course in defensive driving designed for the younger driver will be open for registration on Nov. 4, at 9:15 a.m. The class will take place on Sat., Nov. 27, from 10 a.m. to 4 p.m. Completion of the course may save drivers 10% on their auto insurance and remove four points from their driving records. The cost of the course is \$35, to be paid by check made out to the Driver Safety Program.

In Memoriam

James W. Hickman

James W. Hickman, formerly a long time resident of Hicksville, died on Oct. 3, at the Neconset Nursing Home at the age of 102.

He is survived by five nieces Mary Sullivan of Kennett Square, NJ; Dorothy Curtis of Keansburg, NJ; Patricia Wheaton of Jackson, Mich.; Betty Belanger of Lindenhurst, NY; Margaret Kunze of Port Jefferson, NY and his wife's neice Barbara Cava.

Mr. Hickman was a musician in the Navy Band during WW-I. After the war he formed his own band and toured the U.S. and Canada playing on the same bill with many well known entertainers.

After his marriage to Anna he gave up the entertainment field as he wished to have a more stable lifestyle and be at home more.

He applied for his real estate license and went into the real estate and insurance field and had his own business in Valley Stream for many years. As a real estate & insurance salesman he touched many lives on Long Island. After WW-II he helped many returning GI's and their families get settled in their first homes.

He also worked with many building contractors selling their homes for them all over Queens, Nassau and Suffolk. Before his retirement he sold homes, as Sales Manager for Stackler & Frank in a number of areas all over the Island.

Jim will be greatly missed by many people.

He was interred in the Veterans Cemetery in Calverton.

Free Flu Shots For Senior Citizens

Free flu immunizations are available to Hicksville senior citizens age sixty and over or the spouse of residents sixty years of age and over. The program sponsored by the Hicksville Public School District in cooperation with Nassau County Dept. of Health and Senior Citizen Affairs will be held on Tues., Oct. 26 from 9 a.m. until 12 Noon at the VFW Hall, 320 South Broadway, Hicksville.

Senior citizens must pre-register for the program. A pre-registration period has been held for residents of the Hicksville School District, a limited number of openings are currently available for non-residents. Individuals interested in the program should contact the Hicksville Public Schools at 733-6582 for availability.

Tax-Exempt Investing

Matthew Brady, Vice President Investments, Goldis Financial Group, will speak on "Tax-Exempt Investments" at the Hicksville Public Library, at 7:30 p.m., Monday, November 8.

The speaker will discuss municipal bonds, who they are appropriate for, and various ways of participating in the tax-exempt market.

Marching Band Has Busy Schedule



Color Guard rehearses prior to Saturday evening competition.

By Karen Blicker

The Hicksville High School Marching Band and Color Guard had a busy day Saturday, October 16. First they performed their halftime routine at the football game. Then, they practiced and refined their drill during the remaining afternoon hours. A bite to eat and then it was off to North Hempstead Town Stadium for the Long Island Regional Championship at New Hyde Park!

The band is in Class IV competition, which is a band with more than 81 musicians. Last year, they faced tough competition with Walt Whitman High and Huntington High; however, Whitman has moved down to Class III and Huntington up to Class V. Then again, we always knew our band/color guard was in a class by themselves.

At about 8:45 p.m., our musicians took to the field, performing their "Praise Jerusalem" number for the thousands in attendance and their hard work obviously paid off for they were terrific, receiving high marks from the judges. They were encouraged by the cheers from the large entourage of band parents in the stands. I doubt there was a more vocal, enthused group in the stands than our own!

After their routine, band dads swiftly removed the pit instruments from the field. A word about these men. Each week, they dutifully load heavy equipment onto trucks and off, pull the equipment onto the field, setting it up in a matter of minutes, then swiftly remove the instruments. Hard work? You bet. Yet, these fine gents

Photo by Norma Andrews

are available rain or shine to assist our band. Three cheers for Randy Schiavone, Andy Boukas, Dick Drab, Al Andrews, Steve Gallin, Bob Leyser, Vito Grippi ... and anyone else I may have missed. Fellas, you're the greatest!

Now, the Marching Band's odyssey, which began with rehearsals throughout the summer months, is at the halfway point toward their final destination, the CMBC Championships at Giants Stadium. Our kids are working hard, honing their drills so that they improve with each local competition. We eagerly look forward to each weekend show, realizing that their routine is shaping up to be the best ever.

NOTICE HAVE YOU A HIDDEN TALENT that has yet to be discovered in print?

We are looking for articles, not exceeding 3,000 words or less than 1,500 words, on local topics, opinions, ideas, nice places to visit on Long Island, and even fiction. In our magazine section, we will try to "Discover" one new feature length article and writer per week. Each writer will be reimbursed a stipend of \$25.00.

If you want to be published and be part of an issue of Discovery, you may submit your article to: Limer Publications, 61 East Barclay Street, Hicksville, N.Y. 11801.

Writer's Club To Meet

The Writer's Club will meet again on Saturday, October 30, from 2-4 p.m., at the Hicksville Public Library, 169 Jerusalem Avenue.

Dorothy P. Freda, fellow writer, and editor/publisher of the small press, *The Pink Chameleon*, will coordinate the meeting.

Come and join this informal free gathering of writers, both seasoned and aspiring (you need not be published). Bring your work and present it for constructive criticism, or simply come and listen and offer feedback. Learn or improve your writer's art through feedback. Many of our members, past and present, have gone from aspiring writers to prolific published authors. Learn about new markets and manuscript salability. Also, Mrs. Freda is presently considering submissions from subscribers to Issue No. 9 of *The Pink Chameleon*.

LEGAL NOTICE

AXINN DEVELOPMENT COMPANY, L.P. has been formed as a domestic limited partnership (LP). Certificate filed with the Secretary of State of New York (SSNY) on September 20, 1993. NY office location: Nassau County, SNNY is designated as agent upon whom process against the LP may be served. SNNY shall mail a copy of any process against the LP to The Partnership, 131 Jericho Turnpike, Jericho, New York 11753.

The name and business or residence address of each general partner is available from the SNNY.

Terms: The latest date upon which the LP is to dissolve is September 1, 2003.

Character or Purpose: to acquire and manage real estate.
JER 8420
6X 10/8, 15, 22, 29, 11/5, 12

**NOTICE OF SALE
SUPREME COURT
NASSAU COUNTY
HOME SAVINGS OF
AMERICA, F.A., Pltf. vs.
PATRICE A. JOHNSON,
et al Defts. Index
#26678/91. Pursuant to
judgment of foreclosure and
sale dated Apr. 28, 1992. I
will sell at public auction on the
north front steps of the
Nassau County Courthouse,
262 Old Country Rd.,
Mineola, NY, on Nov. 16,
1993, at 9:30 a.m. prem. k/a
17 3rd St., Woodbury, NY.
Said property located on the
northerly side of Third St.,
100 ft. easterly from the
corner formed by the intersection
of the northerly side of
third St. with the easterly
side of Hillside Ave., being a
plot 100 ft. x 50 ft. Sold subject
to terms and conditions
of filed judgment and terms
of sale.**

RAYMOND L. CASEY
Referee
GOLDEN, WEXLER & SARNESE,
Atty. for Pltf.
377 Oak St.
Garden City, NY 11512
SYO 8718
4x10/15, 22, 29, 11/5

Defensive Driving Course At The Hicksville Public Library

Registration will start on Thurs., Nov. 4, at 9:15 a.m. for a defensive driving course to be held at the Hicksville Public Library on Tues. & Wed., Nov. 9 and 10 from 6 p.m. to 9 p.m.

Completion of this course may save you 10% on your auto insurance and remove four points from your driving record. A \$35 check to Driver Safety Program is payable at registration.

LEGAL NOTICE

All that certain plot, piece or parcel of land, situate, lying and being at Hicksville, Town of Oyster Bay, County of Nassau and State of New York, known and designated as and by the parts of Lot Numbers 4, 5, 6, and 7 on a certain map entitled, "Part of Village of Hicksville, L.I.", belonging to Richard Schap, and filed in the office of the Clerk of The County of Nassau as Map Number 133, Case Number 1263 which part of said lots when taken together are more particularly bounded and described as follows:

Beginning at the extreme northerly end of an arc of a curve which connects the new northerly side of Old Country Road with the westerly side of Richard Street:

Running thence southerly, southwesterly and westerly along said arc of a curve bearing to the right and having a radius of 10.0 feet a length of 20.35 feet;

Thence westerly along the northerly side of Old Country Road along the arc of a curve bearing to the left and having a radius of 20.40 feet a length of 20.56 feet;

Running thence north 43 degrees 22 minutes 20 seconds west, 85.15 feet;

Running thence north 69 degrees 52 minutes 40 seconds east, 108.84 feet, to the westerly side of Richard Street;

Running thence south 43 degrees 22 minutes 20 seconds east along the westerly side of Richard Street 73.6 feet to the point or place of beginning.

Parcel 2

All that certain plot, piece or parcel of land, situate, lying and being in the County of Nassau, State of New York, bounded and described as follows:

Beginning at a point on the southwesterly side of Richard Street distant 258 feet southerly from the corner formed by the intersection of the southwesterly side of Richard Street with the southeasterly side of 1st Street;

Running thence south 26 degrees 52 minutes 00 seconds east along the southwesterly side of Richard Street 66.55 feet;

Thence south 86 degrees 19 minutes 30 seconds west 82.68 feet;

Thence 26 degrees 52 minutes 00 seconds west 33.81 feet;

Thence north 63 degrees 00 minutes 00 seconds east 76 feet to the southwesterly side of Richard Street at the point or place of beginning.

Approximate amount due as per judgment \$372,626.54 and interest, costs and disbursements. Sale subject to provisions contained in said judgment. LEA RUSKIN, ESQ., Referee. BACHNER, TALLY, POLEVSKY & MISHNER, Attorneys for Plaintiff, 380 Madison Avenue, New York, New York 10017. MIT 2750
4 x 10/15, 22, 29, 11/5

Logo Needed For Hist. Society

The Hicksville Historical Society is seeking a graphic design which represents the Hicksville Historical Society and can be used on stationery, public notices, and signs. The Society is sponsoring a competition, which is open to all students of Hicksville High Schools. The winner will receive a one hundred dollar (\$100) cash prize, and will be honored at the January meeting of the Hicksville Historical Society.

Competition Rules:

- Entries may be expressed in any two-dimensional medium (black and white drawings, in color, by computer, etc.).
- Entries should be no larger than 11 x 14 inches.
- Entries should include the words Hicksville Historical Society in some manner.
- All entries must be accompanied by the contestant's contest entry blank, and will become the property of the Hicksville Historical Society.
- Competition entries must be submitted on or before January 4, 1994.

Official contest entry blanks are available from the Art teachers and/or the Art Department Chairperson in both of the High Schools located in Hicksville. Copies are also available at the Hicksville Public Library.

We have many talented young people living in Hicksville. It is the hope of the Historical Society that many High School students will use their talents to help us find a suitable logo, while, at the same time, profiting and honoring a talented student.

Boutique Workshop Hicksville Library

Esther Tollen returns to the Hicksville Public Library to conduct her annual Holiday Craft Boutique workshop on Wednesday, December 1, at 7 p.m. Registration, which is limited, begins November 15, at 9 a.m.

Each member of the workshop may make as many items as she or he chooses, for a materials fee of \$7.50 per item. Ms. Tollen emphasized that each participant must bring a standard glue gun with glue sticks and an extension cord.

Materials and instructions will be supplied for three different items: (1) a fragrant potpourri topiary ball complete with gold cording and ribbon, for hanging; (2) a hand-painted wooden Shaker gift box complete with a handmade paper rose and gold cording; and (3) a 17-compartment collector's box, handpainted and decorated with satin roses and leaves or with a design adapted for use as a man's or boy's dresser box. The collector's box can be personalized and is useful for beads, coins, buttons, as a jewelry box and more.

Samples of the items can be seen at the library a few days before registration.

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Community Council

Continued from Last Week

Story by Dick Evers

Hicksville's Community Council Annual Dinner at Antun's, this past Thursday evening, lived up to its reputation for community comradery, worthy choice of honorees, and a handsome program journal. In an evening of high spirits and community pride, Hicksville's leaders and volunteers came together to reinstall

Council President Marc Herbst and his officers. The Council honored for notable community service: Mrs. Beth Dalton-Costello, Past President, Hicksville Chamber of Commerce; the Hicksville Lions Club; the Hicksville Fire Dept. in its Centennial Year and Mrs. Valerie Pakaluk, retiring Council Trustee for her very valuable services.



Hicksville Public Library folks: Trustee Mrs. Ruth Aaron, Mrs. Barbara Moutsatsos, Childrens' Librarian & Victor Caputo, Public Relations Director.



Among honored Fire Dept. guests are Asst. Chief Albert Merk & Andrea Maurillo (left), 50-year veteran, Ex-chief Medard & Mrs. Ofenloch & Mrs. Eileen Scanlon.



Honoree Beth & Mr. Keith Costello (left), Rev. Ted & Mrs. Grant, Mr. & Mrs. Urschel, Judy Lombardi & friends.



Congenial mixers, Mr. & Mrs. Bill Delaney (left), Peggy Thesis, PTA Council, School Trustee Nancy Calari & Gregory Museum folks: Trustees Gall Hofer & John Garger, Bill Clark, Museum Director Joan Kavecki, and Maryjo and Lourde McDonald.



Will the fun and games go beyond 10 p.m.? Betcha life! Marc Herbst, Library Director Celeste Watman (center) with dollar bill, Agnes McHoul, Ruth Aaron, Victor Caputo, Mrs. W. Pat Masterson, Asst. Director Marilyn Kappenberg, Susanne Walsh, Grace Gillen.



School-minded guests L-R: Joan Kani, Trustee Helen Lafferty, Trustee Richard Pfleider, John Kuch, Pres., Midland Civics Mr. Taylor, South Hicksville Civics, Trustee Ray Manzo & Ed Hebron of the Concerned Citizens Organization, & Council Trustee.



With Town Councilman Tom & Mrs. Corinne Clark (center) are Annette Ferrera, County Atty. Robert Schmidt, Dick & Ann Peters and Mrs. Rose Walker, Henry Stellato in profile.



Nice mixed group L-R: Fran & Joanne Brooks, Bob Zaleski, President, Hicksville Congress of Teachers, and guest educators, L-R: Patricia Faherty, Rosalie Sones, and Marilyn Kaeditor, Mr. & Mrs. Bill Froehnhofer & guests, with Norma Goerke, long-time PTA leader.



American Legion Post 431 notables: Past-Commander John & Joan Rizos, Ariene Howard, Nassau 3rd Dist. Vice Commander, Commander Albert & Mrs. Dorothy Cinotti, and Henry Brasmer.



Kiwanians: Mr. & Mrs. George Montana, Charles Montana, Constance Clarke, Don LeCompte, Antun's amiable proprietor, Council Past-President Siegfried Widder, and Kiwanis President Don & Mrs. Pat Johnston.



L-R: Joe & Doris Gentile of Reliance Group, Bill Stouges & Kerri Corrigan, Eileen & George Maida, Lions Club Pres., Judy Donadio, Bruce Gerry, Mike Krumenacker and Mr. & Mrs. Peter Kenny.



Forever youngsters, Hicksville Senior Citizens Club: Irma DeStefano, Director, Mid-Island Seniors, Louis & Myra Giannamini, Director, Our Lady of Mercy Seniors, Edna Crews, Director, Hicksville/Levittown Seniors, Carmela DePace, President, H-L, Jean Musacchi & friend.



Newly-reinstated Community Council President Herbst's family, Oyster Bay co-workers, friends L-R: Glen Herbst, Mrs. Marc H., Carol Herbst, Linda & Phyllis Brown, Jennifer Cinotta & Fran Johnston.



Assemblyman Phillip Healey stop to chat with John Walker, Leader Hicksville Republic Club, and Henry Stellato, Committeeman (right).

Hicksville's Annual Homecoming

The 1993 Hicksville High School Homecoming proved to be a fun-filled day for the entire community. Fellow students and onlookers cheered as the colorful parades of students and floats proceeded across Jerusalem Ave. The excitement mounted as each class cheered their float on in the competition for the winning float. In the end the victors were the senior class.

There was something for everyone at the Homecoming Fair sponsored by the Hicksville Council of PTAs. Youngsters thrilled over pony rides and the castle bounce; students of all ages had their faces painted; everyone shared in games of chance and skill. Some fearless souls, including School Board members, Nancy Callari, Raymond Manzo, Voley Martin and Richard Pfaender, braved the waters as they were "dunked" in the dunking booth, all in the name of fun. If fun wasn't enough to suit your fancy fantastic foods were available at booths throughout the fair. Student clubs and activities, as well as school PTAs sponsored many of the fair booths. This huge undertaking was coordinated by Pat Love with the assistance of Barbara Hebron, Mary Beth Krumenacker, Elaine Clancy and Nancy Callari. In addition to providing everyone with a wonderful day, the PTA raised enough money to enable them to award eight four hundred dollar scholarships to graduating seniors.

The afternoon's excitement continued as the Hicksville High School Comets met high ranking Syosset on the football field. The Comets gave it their all as they challenged the Syosset Braves. Although a victory may have enhanced the euphoria of the day, Hicksville was proud of their team.

Fans were treated to a colorful and exciting array of talents Hicksville High School performers at half time. Members of the marching band, color guard, cheerleaders, and kickline entertained fans with their outstanding performances. The Homecoming King, Queen and Court were announced at half time. Tanya Karazim and Erol Dalpiaz were named Queen & King. Freshman Jill Dayney, Sophomore Lisa Anderson & Junior Christina Cavallo were

named princesses of the court. The senior class walked away with the trophy for the best float!

This day provided many wonderful memories for Hicksville High School students and community members.



Homecoming Court: Jill Dayney, Freshman Princess, Lisa Anderson, Sophomore Princess, Christina Cavallo, Junior Princess & Queen, Tanya Kurazim & King Erol Dalpiaz.



Junior Class Float



Winning Float - Senior Class

NEW PATIENTS MOVE IN EVERYDAY We are your Rx for reaching them...

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The Getting To Know You program can help you spread the word of your good service. As a health care professional, it's essential for your practice to reach the new families in your community. We provide a proven, effective method for introducing you to the newcomers in town.

WELCOMING NEWCOMERS NATIONWIDE

For sponsorship details, call 1-800-255-4850

NOTICE HAVE YOU A HIDDEN TALENT that has yet to be discovered in print?

We are looking for articles, not exceeding 3,000 words or less than 1,500 words, on local topics, opinions, ideas, nice places to visit on Long Island, and even fiction. In our magazine section, we will try to: "Discover" one new feature length article and writer per week. Each writer will be reimbursed a stipend of \$25.00.

If you want to be published and be part of an issue of Discovery, you may submit your article to: Littmor Publications, 81 East Barclay Street, Hicksville, N.Y. 11801.



Rose Walker, Middle School PTA President and Council Vice President, and Assistants cook up a storm!



Pat Love, Fair coordinator, throws a ball in an attempt to "dunk" Board Trustee Nancy Callari!

Anti-Graffiti



Oyster Bay Town officials recently conducted a legislative hearing on a proposed Town of Oyster Bay Anti-Graffiti law that makes government law enforcement personnel, business owners, civic leaders and residents partners in the fight against graffiti. Oyster Bay Town Councilman Leonard B. Symons and Town Clerk Carl L. Marcellino, who have spearheaded the anti-graffiti crusade, said viable solutions to the problem require residents to channel their collective anger into involvement and action. On hand for the meeting (left to right on the front dais) were Councilwoman Ann R. Ocker, Marcellino, Symons and Town Supervisor Lewis J. Yevoli.

Loaned Executives



Shown preparing for Long Island's Combined Federal Campaign (CFC) are Loaned Executives Jerry Fiorenza (N. Massapequa), Postmaster, Massapequa Park Post Office; Henry Johnson (Bethpage), Postmaster, Hicksville Post Office; Jeanette Stines (Bethpage), Supervisor/Mall Processing, U.S. Postal Service and Don Brown (E. Northport), 1993 Campaign Chairman. They are part of a corps of more than twenty executives on loan from local federal agencies to assist in raising \$635,000 for human services locally, nationally and abroad. Individual workplace campaigns are held in each of the 250 federal offices and facilities throughout Long Island. Management support services for the campaign are provided by Long Island's United Way.

Ground Breaking

Oyster Bay Town Receiver of Taxes John J. O'Leary (second from right) recently participated in a ground breaking ceremony for a new child day care center at the American Institute of Physics in Plainview. On hand for the occasion (left to right) were Eric Hutzell, Dr. Ken Ford, CEO, and Andrew Beck.

In Service

Navy Petty Officer 1st Class Neafie J. Buck, son of Neafie J. Buck of Bay Avenue, Hicksville, recently reported for duty aboard the destroyer tender USS Yellowstone, homeported in Norfolk, Va.

The 1981 graduate of Hicksville High School joined the Navy in July, 1991.

English As Second Language

Due to the needs of the many new immigrants to this area, the Hicksville Public Library will be offering a free 12-session course in English as a Second Language for adults 18 and over. Only a limited number will be enrolled at registration, which begins at 9 a.m. on Nov. 1. The class will meet twice weekly from 10 a.m. to 1 p.m. on Nov. 3, 5, 8, 10, 15, 17, 22, 23, 29 & Dec. 2, 6 and 7.

Rochelle Axelrod, an experienced, certified teacher, will conduct the class. Free materials will be used.

Students will learn easy English words and sentences to use every day, will practice talking and listening to others in class and will begin to write, read and 'think' in English. Students who took the course previously are welcome to continue in the class, since students at different levels of English competency are incorporated into the class.

Community Council Meets Oct. 28

The Hicksville Community Council invites you to their Annual Meet /The Candidates Night on Thursday, October 28, at 8 p.m., at the Kenneth Barnes Community Room, Hicksville Public Library, Jerusalem Avenue.

LEGAL NOTICE

Notice of Application for Authority for Limited Partnership to do business in NY State. Name: WOLVERINE PARTNERS, L.P., Filed NY Sec. of State 5/21/1993. Jurisdiction: Delaware. Organized: 11/20/92, NY State office location: Nassau County. Sec. of State of NY has been designated as agent of the Ltd. partnership upon whom process against it may be served. The Sec. of State may mail a copy of any process against it served upon him or her to c/o CT Corporation System, 1633 Broadway, NY, NY 10019. CT Corporation System, 1633 Broadway, NY, NY 10019, is the registered agent of the Ltd. partnership upon whom process against it may be served. Registered Delaware office: 1209 Orange St., Wilmington, DE 19801. The name and business or residence address of each general partner is available from the Secretary of State. A copy of the certificate is filed with Sec. of State of Delaware, Townsend Bldg., Dover, DE 19901. Purpose: Investments in securities.

SYO 8713

6x10/1, 8, 15, 22, 29; 11/3

Easy Come.**Easy Go.**

If you travel in Nassau and Western Suffolk Counties or need to connect with the Long Island Rail Road—or even with subways in Jamaica, Flushing or Far Rockaway—our FREE BUS RIDER'S GUIDE will make getting there a breeze. Whether you're a regular rider, a sometimes rider or someone who's never ridden with us, the GUIDE will give you a complete overview of our routes, services, discount programs, transfer points, wheelchair accessible routes and other important rider information. It's the kind of information that will help you get the most out of Long Island's and Queens' comfortable, clean and safe way to travel. So, get on the bandwagon or better still, the bus. Call (516) 766-MSBA today for your FREE BUS RIDER'S GUIDE.

Or write: Customer Services Department
MSBA
700 Commercial Avenue
Garden City, NY 11530-9632

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Take us for a ride.

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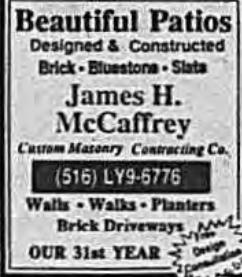
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Jottings From Yesteryear

By Bill Clark

After seeing a display of fluorescent rocks I recalled when a wall switch to light your room was something new. Your ceiling light had a pull chain that was hard to locate in the dark. An ornamental ball or figure was attached to the chain and it glowed at night. Being the tallest, my bedroom had a nut or button attached. When it hit my forehead I knew I found the chain. It was much easier than finding the pull chain for the overhead water tank at my grandparents' bathroom in Brooklyn.

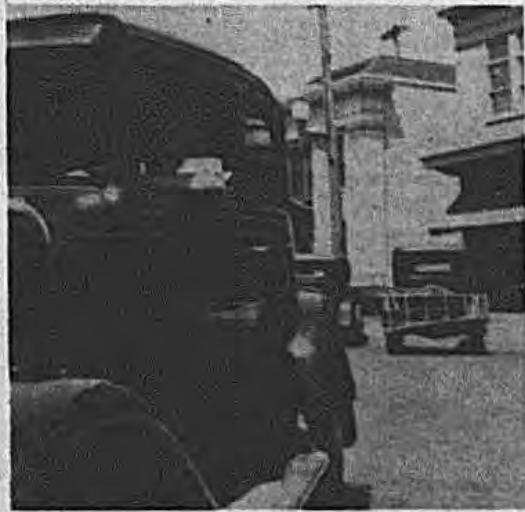
Someone once said, an ounce

of maintenance is worth a fortune in repairs & damages. Would that have meant lower taxes by less repairs?

I still dislike the L.I.E. and Route 80 plus others with the horrible looking and expensive cost for the wood or concrete sound barriers. We are losing the little beauty left to see when on what once was a pleasant drive. The good old days.

I came across a Homemakers Council 1982 booklet with local residents favorite recipes. I guess all the cook books & needle craft books from my folks are not used these days.

I will leave now and dream of the leaves to rake this week.



Broadway, 1950s: Diagonal parking, Bank of Hicksville & Spiro Dept. Store. Note car windshield sun visor & running board.

Photo by Elin Iguldien



1950's - Then Spiro Appliance Store, Maglia Liqu. & AAP all in building changes. Jazzerzine & Bingo Hall are more recent occupants after AAP.

Photo by H. Kelly

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How To Burglar-Proof Your Home'

"Security Systems for the Home" will be described by Wayne Wahrsager of the Metropolitan Burglar Alarm

Association, at the Hicksville Public Library on Wednesday, November 17, at 7:30 p.m.

The different burglar alarm systems that are available, how

to choose and deal with an alarm company, and how to select the best security system for you will be discussed.

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OYSTER BAY TOWN CLERK CARL MARCELLINO

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- President, Nassau/Suffolk Town Clerk's Assoc., 1988-91
- Member, New York State Town Clerk's Association
- Cut operating costs by 10% in Town Clerk's office
- Frazed own salary 4 straight years
- Co-founded Town Anti-Bias Task Force
- Led fight against developers' "bait and switch" tactics
- Co-authored Town Anti-Graffiti Plan
- Created "Model" Town Clerk's office by introducing state-of-the-art computer technology
- Updated all vital records
- Past Vice-Chair, Town Environmental Commission
- Served on Town Housing Authority
- President, Syosset/Woodbury Rotary Club, 1991-92
- Trustee, Syosset Central School Board, 1984-87
- Member, Syosset Executive Council of PTA's, 1988-92

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Senior Citizens Fall Luncheon

Salvatore Mugavero, Supt. of Hicksville Public Schools, has announced plans to hold the district's second annual Fall Luncheon for senior citizens. The luncheon will be held on Tues., Nov. 16 from 2:30 until 4:30 p.m. at Hicksville High School.

Senior citizens will be treated to a delicious luncheon served by high school students. Entertainment throughout the afternoon will be provided by a variety of groups from the fine arts program. High school art students will share their talents for the occasion by creating fall centerpieces. The afternoon promises to be a delightful experience for all.

Reservations are required. Senior citizens in the community who are interested in attending the luncheon may purchase tickets through any of the four senior citizen community groups to which they belong: Levittown Hall Seniors, Hicksville/Mid-Island seniors and St. Ignatius Senior Citizen Club. Tickets for seniors who are not members of an organization are available at the Hicksville Public Schools administration building, please call 733-6582. Tickets are \$3 each.

Chemical Spill In Drug Store

Hicksville Firefighters and their Hazardous Materials Unit were called out Monday, October 11, shortly after 9 p.m., when several unlabeled chemical jars fell off a shelf in the basement of Smiths Pharmacy, North Broadway and East John St.

Several fire units under Chief Scanlon responded. Hicksville Haz-Mat personnel in vapor suits entered the building and cleaned up the material. The fumes were irritating and one worker was treated for inhalation of the toxic fumes.

The N.C. Fire Marshals Haz-Mat coordinated the clean-up with owners and health officials. Firefighters were on the scene for several hours.

School Bd. Pres. Presides At Clinic

Helen M. Lafferty, president of the Hicksville Board of Education resided at a clinic to educate board members and superintendents at the 74th annual convention of the New York State School Boards Association in Syracuse, N.Y. Oct. 14-17. The presentation was held on Oct. 16.

The topic of the panel was School Community Relations. "School Board members must face the challenge of governing their school district by becoming knowledgeable and informed," said Mrs. Lafferty. "This panel provided board members with information about how to build and maintain good community relations, how to avoid obstacles that hinder working together, ways to identify needs and issues that are important to the community, and offered many suggestions on specific activities to improve the relationship between the school district and the community.

The members of the Hicksville Board of Education attended the convention which has the highest attendance of any education-related convention held in the state outside of New York City. More than 60 topical panels, 210 workshops and 250 educational and commercial exhibits allow school board members from across New York State to compare and discuss programs that help school districts educate children in elementary and secondary schools.

LEGAL NOTICE

Notice is hereby given that an order entered by the Supreme Court, Nassau County, on the 12th day of October 1993, bearing Index Number 27351/93, a copy of which may be examined at the office of the clerk located at 240 Old Country Road, Mineola, New York, grants me the right to assume the name of Catherine Ann Zapotowski. My present address is 22 Georgia Street, Hicksville, New York 11801; the date of my birth is December 29, 1934; the place of my birth is Cincinnati, Ohio; my present name is Kathryn Ann Zapotowski. MTT 2752
1x10/22

Art Show, Auction

The Kiwanis Clubs of Hicksville and Grumman of Bethpage will be holding an Art Show and Auction on Thursday, November 11, at Anton's, 244 Old Country Road, Hicksville. All proceeds will benefit the Kiwanis Pediatric Trauma Center at North Shore University Hospital.

Preview time will begin at 7 p.m. with the auction starting promptly at 8 p.m. The auction will contain oils, watercolors, lithographs, etchings, serigraphs, sculptures, enamels and prints and may include works by Agam, Buckels, Delacroix, Picasso, Wood, as well as others. The ticket price is \$5 for a single ticket and \$25 for patrons who purchase six tickets. Those patrons who purchase six tickets will have their name listed in the Art Auction brochure and will be eligible for a patron door prize.

Further information about this very special event may be obtained by calling Joe Popolo, Grumman Aircraft Systems at 575-5709.

Career Center Open To Public

The new Hicksville H.S. Career Resource Center, located in the High School Guidance and Counseling Offices, provides students, parents and community residents with a comprehensive collection of materials for college and career planning. The Career Resource Center advisor, a professional educator, is available to assist students and residents in locating college and career information and to assist them in appropriately utilizing the materials. The guidance counselors and Career Resource Center advisor communicate regularly to insure appropriate follow up.

The collection of materials includes college search software, career and college reference books and materials, college videos, and career and occupational briefs and employment projections. All materials, reference book, and videos are for center use and are not available on loan.

The Career Resource Center

is open to students, parents and members of the community on Mon. and Wed. evenings from 6:30 p.m. until 9 p.m. in accordance with the Adult Education schedule.

In Service

Navy Lt. Kristen G. Guarneri, a 1985 graduate of Hicksville High School, recently reported for duty with Commander, Fleet Air Caribbean, Naval and Marine Corps Reserve Center, Charlotte, N.C.

She joined the Navy in June, 1985. Guarneri is a 1990 graduate of Queens College, Charlotte, N.C., with a MBA degree.

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A DRUG TEST FOR PARENTS.

Wild mood swings, or a dramatic change in behavior, is often a sign of a drug problem.

Enlarged pupils may be caused by cocaine or crack.

A frequently runny or stuffy nose, or regular nosebleeds, may indicate use of cocaine.

A dramatic increase of appetite may signify marijuana use.

A dramatic decrease of appetite may signify use of cocaine or crack.

Poor concentration and memory may be signs of marijuana, cocaine or crack use.

Bloodshot eyes may be caused by marijuana.

Serious lack of sleep, or an unusual sleep pattern, may result from cocaine or crack.

To Owners of Good Restaurants:

This Is Your Chance To Join
"Reader Ratings".

The Last Word In Restaurant Guide.

Where Our Readers
Have The Last Word

This newspaper, and the seven other weekly newspapers associated with it, publishes the last word in restaurant guides and a paid listing of many prominent selected restaurants in this area. While many of them have been rated by the great, and now great food connoisseurs, our readers will have the last word through "Reader Ratings."

Through a special 24 hour phone system, readers will be asked to call in their assessment of each restaurant they visit. Confidential ratings (good or bad) will be published as a continuing part of the guide.

In addition they can make suggestions, comments or criticisms through the open phone line and messages will be sent through to the restaurant management.

Guide to Good Dining

Mercy Golf League Has A Big Day

The 10th Annual Mercy Hospital Golf League was a big draw on Sept. 29. Sixty-three players had a fine outing on the Sunny Hill Golf Course, at Freehold, N.Y.

Mr. & Mrs. George Kellner, organizers of the day's events, report that the League's players were among the most enthusiastic ever.

Finishing in first place (low scores): John Harty, Jean Giannello, Jean Blyman, Olga Podulski, Rita Hanifan and Bob Kluck. Second Place (low scores): Dan Carolin, Mimi Gallagher, Joan & Don Buckley. Standing: Bob Kelfand, John Harty, Jeannette & Joe Murphy.

The President's Award went to Eugene Harty. Longest drive by a man was by John Malloy while Rose Kalfan hit furthest for the ladies. Closest to the pin on a drive were John Harty and Lucille Ligard.

'The Lady Sings Sinatra'

Phyllis Ford will perform the songs associated with Frank Sinatra in a program entitled "The Lady Sings Sinatra" at the Hicksville Public Library on Sunday, November 21, at 2 p.m.

Accompanied by the Scott Ballin Trio, Ford will bring back memories with her renditions of the award-winning songs of Sammy Cahn, Jule Styne and other composers favored by Sinatra.

For over 15 years, Ford has been bringing her one-woman revues to audiences in Europe, Manhattan and Long Island.

There is no charge for this program.

LEGAL NOTICE NOTICE OF SALE SUPREME COURT NASSAU COUNTY RELIANCE FEDERAL SAVINGS BANK, Pltf. vs.

ASSUDULLAH MANELY,
et al. Dfta. Index #30028/91.
Pursuant to judgment of
foreclosure and sale entered
July 21, 1993, I will sell at
public auction on the north
front steps of the Nassau
County Courthouse, 262 Old
Country Rd., Mineola, NY on
Nov. 10, 1993 at 10:00 a.m.
prem. K/a 23 Clinton Lane,
Hicksville, NY, a/k/a Lot No.
5 in Block No 623 on map No.
7370 entitled, "Map of Hick-
sville Terrace, Section No. 1,
situated at Hicksville, Nassau
County, New York surveyed
Dec. 1959 Baldwin and Cornelius Co., Civil
Engineers and Surveyors,
Freeport, N.Y." filed in the
Nassau County Clerk's office
on Oct. 19, 1960. Sold subject
to terms and conditions of
filed judgment and terms of
sale.

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4X 10/8, 15, 22, 29



Off the greens, delighted. Members of the Mercy Hospital Golf League at the Sunny Hill course. Seated: Dolores Connally, Mimi Gallagher, Rita & Don Buckley. Standing: Bob Kelfand, John Harty, Jeannette & Joe Murphy.



Finishing in first place: John Harty, Jean Giannello, Jean Blyman, Rita Hanifan & Bob Kluck.



Successful League Presidents, Mr. & Mrs. George Kellner who organized the Mercy golf outing.



Second Place finishers: Dan Carolin, Mimi Gallagher, Joan Kellner, Flo O'Neill, Alice Dreher, & Bill Schiffmacher.



Bringing up the rear: Don Buckley & John Hanifan and fair companions, Edith Barnea, Dorothy File, Lorraine Corcoran & Jane Cashin.



Eugene Harty smiles with his President's Award.



John Mulloy & Rose Kalfano made the longest drives for men & women.



Closest to the pin were John Harty for men & Lucille Ligard for the gals.

Photo by Dick Evers

Veteran Honored



Oyster Bay Town Supervisor Lewis J. Yevoli (left), Town Councilman Thomas L. Clark (second from right), Town Receiver of Taxes John J. O'Leary (right) and Nassau County Executive Thomas S. Gullotta (third from left) recently joined with members of the William M. Gouse Jr. Post 3211 of the Veterans of Foreign Wars in honoring United States Congressional Medal of Honor recipient George Lang, a squad leader in the Vietnam War, who, in an effort to protect his men, was injured after single handedly destroying three enemy bunkers during a reconnaissance mission. Lang, who was raised in Hicksville, was honored by the Hicksville-based VFW Post for his combat sacrifice and bravery.

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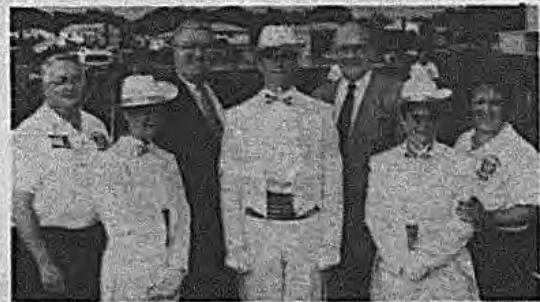
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Kosher Dinner



Oyster Bay Town Councilman Leonard B. Symons (fifth from right) joins with New York State Assemblyman David Sidikman (fourth from left) at the Mid-Island Y Jewish Community Center in Plainview for the opening of their Kosher Dining Program for Seniors. The program, the only one of its kind in Oyster Bay, is slated to serve 50 seniors from age 65 and up. It will also provide social enjoyment for the seniors.

School Band Show



Oyster Bay Town Clerk Carl L. Marcellino (third from left) and Town Receiver of Taxes John J. O'Leary (third from right) recently attended the 5th Annual Hicksville High School Band Show. On hand for the occasion (left to right) were Fine Arts Supervisor John Eskine, Jessica Swira, Todd Master, Kimberly Dames and Diane DePalma of the Hicksville Band Parents Association.

Something Special Band To Perform

The Something Special Big Band, one of the most in-demand nostalgia/swing, jazz bands in the New York area, will perform at the Hicksville Public Library on Sun., Nov. 7, at 2 p.m. Many of the 19 musicians in the organization performed with such famous big bands as Count Basie, Woody Herman, Benny Goodman, Lionel Hampton, the Dorsey's and Lee Elgart. Dr. Philip Costa, the band's director, has a Ph.D. and is a fulltime professor in the City University system.

The performance is likely to include such classic hits as: Duke Ellington's Don't Get Around Much Anymore, Stan Kenton's Body and Soul, Artie Shaw's Stardust, and Glen Miller's American Patrol.

Something Special was organized in 1984 for the purpose of preserving big band swing and jazz. Since that time, the band has performed throughout the New York area to audiences ranging from 500 to 10,000 people. The band has provided listening and dancing entertainment for the American Cancer Society, the Brooklyn Opera Society, the International Art of Jazz Society, Queens Festival Day and at prominent social functions for many of New York's elected officials.

This concert is partially funded by the NYSCA.

LEGAL NOTICE
NOTICE OF SALE
SUPREME COURT
NASSAU COUNTY
HOME SAVINGS OF
AMERICA, FSB, formerly
known as **HOME SAVINGS**
OF AMERICA, F.A., Plif.
va. **ANITA SEFTEL**, et al
Defta.
Index #9719/92.

Pursuant to judgment of foreclosure and sale dated Apr. 29, 1993, I will sell at public auction on the north front steps of the Nassau County Courthouse, 262 Old Country Rd., Mineola, NY on Nov. 18, 1993 at 9:00 a.m. prem. n/a 53 Edward Ave., Hicksville, NY. Said property located at the corner formed by the intersection of the westerly side of Central Ave. n/k/a Keiter Ave. with the southerly side of Edward Ave., being a plot 100 ft. x 83 ft. Sold subject to terms and conditions of said judgment and terms of sale and the right of the United States of America to redeem within 120 days from the date of sale as provided by law.

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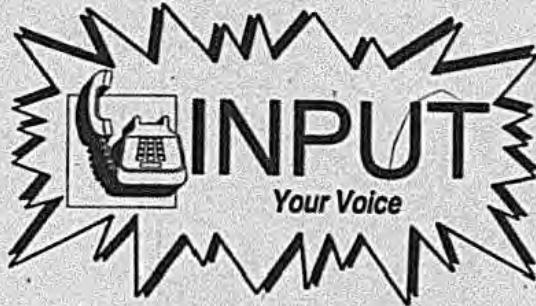
Friday, October 22, 1993



My Pal "Harry"



SEE PAGE 3



THE QUESTION OF THE WEEK

Do you think that Aristide will be able to provide a workable government in Haiti?

ANOTHER TERRORIST DISGUISED AS AN INNOCENT BYSTANDER.



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4. Leave your name and telephone number, or simply use a pen name (your message can be anonymous).
5. Publishers reserve the right to edit, modify or omit any and all material.

Mixed Ideas In Support For Yeltsin

There were mixed answers concerning how much help we should give Yeltsin in his struggle to remain in power in Russia in answer to this question: "How much support should we give Yeltsin? Here are some of the answers:

BE CAREFUL OF YELTSIN

We should be wary of Yeltsin. He has suspended the legislature, he has forced newspapers that do not agree with him to stop publishing. He may mean well, but he does not understand the real meaning of democracy. It will be a long time before real democracy is restored to Russia and we should not fully support any side. J.F.

TOO STRONG

I think Clinton has played it a little bit too strongly in favor of Yeltsin. The use of force to get rid of a ruling body smacks of the same thing that has always been in dictatorships. Yeltsin is doing it in the name of what he thinks is freedom. That seldom works. He should have tried more persuasion before he used force. K.L.

FINANCIAL HELP

We should help Yeltsin by giving him financial help that will allow the country to begin doing some very important work in rebuilding after the country has been fully drained by the Communists. We should not commit any military help because this would only make matters worse. Yeltsin will have to work that out by keeping control of the military and seeing that there are open elections all of the time. G.V.

DIFFICULT TIMES

Things will be difficult in Russia. Many people will miss the care given by the government to people, not that it was of a high level, but until Russia gets going, things may get worse and only the people who can see things happening in the long term will stay loyal to Yeltsin. We hope there are many of these people, but we must be careful that we will not be locked in with Yeltsin if he is incompetent or just doesn't want to set up a complete democracy in Russia. We cannot interfere in every country to bring about a democratic government. There has to be a popular front to sustain any type of government. B.D.

CHANGE SLOW

Most people think that the end of the Berlin wall meant that Russia would be able to change right over to a democratic government. The truth is that there are vested interests left over from Communism and they will oppose any change. Yeltsin has to work in the front and behind the scenes to insure a continuing democracy. D.S.

LIMITED HELP

With so many things getting out of hand throughout the world, we once again see that we have no real power to change all of the countries into what seems to be a good form of government. Countries have to work that out for themselves and this is what will have to be done in the USSR. We can only give Yeltsin moral support and some financing for economic gains in the future. G.S.

IMPROVE STANDARD OF LIVING

By supporting Yeltsin, both politically and financially, we'll be helping struggling Russians to improve their standard of living, and thus sustain democracy, ultimately paying the U.S. huge dividends in the foreseeable future.

The 12 year reign of our recently defeated Republican Administration virtually ended Communism and paved the way for new alliances and economic opportunities.

Hopefully our current Democrat Administration will continue to support all the new free countries, Russia and Yeltsin in a big way.

A decrease in our direct aid to other countries, such as Israel and a shift of these funds to Russia and Yeltsin's efforts is clearly justified. This can only help to establish the U.S. positions in this new, potentially lucrative international market.

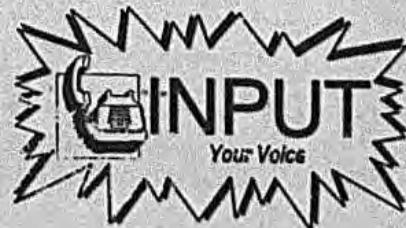
To reduce our debt and overall trade deficit, strengthen our economy, and compete with Europe and Japan, we must invest in Yeltsin's plan and Russia's future, as well as all the new free countries markets. If we do not, Europe or Japan surely will.

It's time to set our priorities to our advantage and aid those who can truly pay us real dividends in the future. P.S.K.

GIVE SUPPORT

In every possible way we have encouraged Yeltsin in his declared intention to create a democratic Russia. Unfortunately, the "die-hards" who are resisting are creating problems which just aren't conducive to the success of the Yeltsin program. Nevertheless, I believe that he has been and continues to be supportive of the democratic philosophy and I feel that we should do everything possible to ensure the success of the democratic concept which obviously has been gaining strength among his constituents. Actually, I believe there is ample evidence on the part of the vast majority of the Russian people to cooperate in the increasing success of Yeltsin's sound objectives and we should do our utmost to make our support clearly evident.

P.G.S.



Discovery!

My Pal "Harry"

By Mollie Gussow

When Harry was 77 years old, he passed away. Harry was my loving husband, and the love of my life.

We were married 48 years, when he passed away. He loved life, and always felt that his life began when he was 19 years old, and came to America. He had a very sad childhood, and felt our marriage was a bonus in his life. He was always sad when he looked back at his childhood in Russia.

Harry was tender, honest, handsome and a trustworthy person. My parents accepted him with open arms when he asked me to marry him; they too suffered a great deal before they came to America, and understood his hurt. He called them "Mom and Pop", and sincerely loved them. I helped him get his citizen papers, and with his English, plus other things that were important at the time.

I was born in U.S. and he looked up to me. I told him in no time, he'll be just like any American. His 2 sisters and brother helped bring him to America. When I met them, I found them very quiet people. I liked them but, felt they too were sad, and had a bad time in their youth.

One rainy night, we were at my parents house, a call came through from his sister. She received a letter from Russia, that his father passed away, and among his last words were to ask Harry to forgive him, the way he treated him, as a child.

The evening became quiet, we didn't know what questions to ask, so we just helped him to relax, and one day when you are relaxed, tell us all about it. My heart went out to him, because it brought back memories that always upset him.

A few days later, he was ready to tell us about his childhood. He told us what he remembered and what he couldn't understand. His mother died at his birth. Because of this, the few children left had no one to take care of them. His father was not capable to take over. The household was in chaos. His father blamed him. If he wasn't born, he would still have a wife, and the children would still have a mother. They put the blame on him.

He didn't know what he did wrong, but everybody was upset with him. His father remarried a woman with 3 children and together they had 2 more. A full house. Nobody bothered with him. He was made to do all the hard work. Standing in line for coal, and for food. To chop the wood for fire, to bring grain to the mill to have it ground. He carried it across his shoulders for miles. It was very heavy.

He never knew a mother, and he was afraid of his father. His family here, only knew him what his father told them. Suddenly I could understand why he called my parents Mom and Pop. He never had a tender hand extended to him like theirs.

I suddenly understood why his sisters and brother were so quiet when we visited them. They too were sent to America to live with strangers & never got over it.

He told us the boat he came to America with, was a cattle boat, very overcrowded and dirty. Everyone was ill, and they traveled 28 days. Because of the illness, the boat landed in Boston. Everyone was examined thoroughly and received injections to prevent diseases before entering in New York. Finally they were to leave. His family was notified by telegram to be picked up at Grand Central Station.

His 2 sisters and brother arrived on time. They didn't know him or he know them. When his name was called, they came forward. All they did was shake hands. They hailed a cab and left. All they could remember was because of his birth they lost their mother. He was immediately told they have no room in their house for him, but he rented a room nearby. He would stay there and eat there. He



still had to thank them for bringing him to America, but he was a little frightened.

He sat in his room until someone came for him. Not knowing the area or the language, he sat and waited. He walked out one day, and walked around the block, to see what America looks like. He noticed a big school in the area, and inquired about the school through the people he lived with. This school had night classes for foreigners.

He met other young people, girls and boys that were attending for the same reason. He loved it, he started learning English and writing a little and made friends.

One of the boys there, had family who owned a Dental Lab, and offered Harry some work. He learned quickly. His fingers were so flexible for the delicate work, that the owner was amazed, and how bright he was. He was a natural. This remained his trade.

Where I met him, he was making a living. His father always told him, he's only good for cutting grass or chopping wood. In due time, he was known as an artist in his field. I always encouraged him, and he gained confidence. He stopped bringing up his childhood. He knew and felt that he made it. He was the greatest husband, the greatest father to our daughter, and the greatest grandfather.

I was fortunate to have met him, and my parents saw the good in this man immediately. I tried many times to write about his life, but always wound up crying. I feel good that I finally did it. He always encouraged my writing poetry and stories of life, and now I can relive his life. He forgave his father.

"He could not name each single star
Yet stars would lend their light on him
In my eyes he traveled far,
And the road at times was dim."

"He could not name each circling bird
That he saw flying in the air,
Yet I can say when flight occurred.
He was always there."

About The Author

Mollie Gussow lives in Great Neck. She is a frequent contributor to Discovery. She says at 84 she wanted to write about the man she was married to for 48 years.

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WINE TALK

A taste of Champagne luxury

By Richard Nalley

How often have we asked ourselves this fundamental life question: What would James Bond do? If romance or celebration is in order, you can depend on two things from Secret Agent 007: No. 1, he's going to pop open a bottle of Champagne, and No. 2, it will be something snappy like Bollinger R.D. or Dom Perignon. The King of International Suave doesn't go for the store special on Cold Duck.

We can't all charge our wine purchases to British Intelligence, of course, and more's the pity. Most of us would be impelled to scrape up something between \$60 and \$100 a bottle for those kinds of ultraprestige Champagnes. That brings up another of life's recurring questions: Is it worth it?

Let's leave aside the very real question of whether any beverage is worth this amount of money in a world where people go to sleep hungry at night and assume we have a right to celebrate from time to time. The answer is a firm "maybe."

I can't think of any French Champagne sold at this price that isn't in fact a high-quality, well-crafted wine. Typically these Champagnes come from the most highly rated vineyards the producer has access to, and they are aged longer in the bottle for added complexity. But remember that these fancy Champagnes represent only a fine-tuning of something that is already pretty darn good.

The famous Dom Perignon, for example, is produced by Moet et Chandon, which also produces a non-vintage brut (drier style Champagne) for around \$25 and a vintage-dated Champagne — usually three to five times a decade — at around \$50. If you like the non-vintage and the vintage wines and are expecting the \$90 Dom Perignon to blow you out of your chair in comparison, you're usually in for a big letdown.

Now, I've never refused a glass of Dom Perignon in my life and don't plan to start. It's great stuff. What I like about Dom Perignon is that it has a bit more creaminess, an added note of complexity, and a bit more of that elusive thing called refinement. But let's face it — if you don't get some of those qualities in a Champagne costing \$25 or \$50, you've been cheated.

I am nearly always content with a non-vintage brut from one of my favorite Champagne houses like Bollinger, Taittinger, Roederer or Veuve Clicquot. These are gorgeous Champagnes that will earn you the gratitude of any guest, client, spouse or romantic hopeful you choose to share them with.

If you want to take it one step further, you can buy a vintage Champagne, which unlike the non-vintage, represents a Champagne house's efforts from a single good harvest and typically would include more of the house's best grapes. Vintage Champagnes reflect the character of their year,

and the rich, intense 1985s that many houses have on the market now are exceptional.

Sometimes you simply want the best. And, if you love good Champagne, you probably owe it to yourself to try one of the prestige cuvées ("cuvee" meaning "blend") from time to time. If you are buying it at a restaurant, you will be at the mercy of the restaurant's wine pricing.

If you're buying it at a store, by all means shop around. As with personal computers, you can't believe that two retailers within a few blocks of each other could be selling two identical bottles of Champagne for two such different prices.

But in many places, they are. The outrageous price disparities in prestige cuvée Champagnes tells me both that there is plenty of profit margin built into these wines — to allow the steep discounting — and that some stores count on their customers to be too lazy, too rich or too impressed to pay attention.

My favorites among prestige cuvée Champagnes recently tasted:

One Champagne that is distinctly different is the Krug Grande Cuvee, a non-vintage wine that costs about the same amount as Dom Perignon, et al. And this is the bargain buy from Krug, a very traditional 150-year-old firm (wholly unrelated to Napa Valley's Charles Krug Winery), whose top Champagne, the Krug Clos du Mesnil 1982, retails for upward of \$200 a bottle.

What makes Krug special is a lot of little things, including the fact that they ferment their wines the old-fashioned way, in oak casks. What emerges is a rich, toasty mouth-filling flavor that is not to everyone's liking.

Some simply find the Krug Grande Cuvee too full-flavored, though it is not indelicate or soft. To my taste, it is a complex, gorgeous Champagne that rewards the money paid for it.

So, in its own way, does the Roederer Cristal 1988, a harmonious, creamy medium-rich beauty with an appley fruitiness set off by notes of smoke and yeastiness (like fresh-baked bread). It's an elegant and beautifully balanced wine that, unlike most Champagnes, will improve for at least another decade in the bottle.

The corporate story goes that the old Czars of Russia insisted on Roederer Champagne, and insisted on it in crystal bottles. The clear bottle of today's Cristal — and the unlovely yellow plastic wrap that protects it from the sun — appears to be a reminder of this.

The Bollinger R.D. has been a favorite of mine for several vintages now, but it has become a pain in the neck to get.

WINE TALK

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HOME ENTERTAINING

Fish with funny names

By Carol Cutler

"Tilapia will become an important food fish in the 1990s."

That prediction was made by A.J. McLane, the great authority on creatures of the sea.

In his 1990 publication "McLane's Fish Buyer's Guide," the expert went on to observe that tilapia "already finds popularity under such misleading names as African perch, Nile perch and cherry snapper."

Whatever the name, they all come from the family of cichlids, none of which is native to North America.

Now, just three years into the decade, a survey conducted by the national consumer magazine *Simply Seafood* found that 56 percent of the respondents reported trying a new seafood in 1992. What new species was sampled most? Right — tilapia.

LENTIL AND ORANGE ROUGHY SALAD

2 cups uncooked lentils
4 whole cloves
1 medium onion, halved
1 carrot, quartered lengthwise and sliced
2 cloves garlic, peeled and minced
Salt and pepper to taste
1 lemon
1/4 cup olive oil
1/4 cup red wine vinegar
1/2 teaspoon curry powder
1/2 teaspoon ground ginger
1/2 teaspoon sugar
1 red pepper, peeled (see note)
1 pound fish fillets (orange roughy, tilapia, flounder or cod)

Lettuce leaves

Yields 6 to 8 servings.

Rinse lentils and put in 2-quart pot. Press 2 cloves into each onion half and add to lentils with carrot and garlic. Sprinkle lightly with salt and pepper and add enough water to cover ingredients by about 2 inches.

Bring water to a simmer, cover, reduce heat and cook for about 20 minutes, or until lentils are just tender, but not mushy.

Prepare dressing in large mixing bowl. First grate lemon rind into bowl, then squeeze in juice from lemon.

Add olive oil, vinegar, curry powder, ginger, sugar, salt and pepper and whisk all together. Taste and correct if necessary. Pour half the dressing into jar or pitcher and reserve.

As soon as lentils are cooked, immediately remove onion halves and drain lentils. With wooden spoon, press lightly on the lentils to eliminate any excess water.

Place hot lentils in bowl with dressing, and toss quickly to coat thoroughly. Cover and put aside for at least 1 hour, mixing from time to time.

Cut red pepper in half and pull out and discard seeds and membranes. Slice 6 long, thin strips and reserve. Cut rest into small pieces and add to lentils.

Cut fillets on diagonal into long, thin strips. Wipe non-stick skillet

with oil and place on high heat. Add fish and cook quickly over high heat; turn strips over several times.

Depending on texture and thickness of strips, cooking should take no longer than a few minutes. Sprinkle lightly with salt and pepper.

Taste lentils and add more dressing, if desired. Spread lettuce leaves on plates.

Spoon thick layer of lentils over most of lettuce and make a small mound of fish in center. Pour a little dressing over fish.

Cut reserved pepper strips in half and crisscross them over center of fish.

Serve warm or at room temperature. Pass remaining sauce separately.

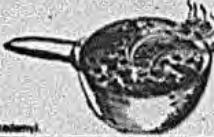
Note: To peel pepper, first place it on baking dish, and broil, turning with tongs until all surfaces are blackened. Place charred pepper in paper bag, close and put aside for at least 10 minutes. Peel.

KITCHEN HINTS

How to blanch food.

Food is blanched to loosen and remove skin, enhance color, reduce bitterness and extend storage life.

1. Use a large pot with a tight-fitting lid. Fit the pot with a mesh strainer for lifting the food in and out of the boiling water.
2. Bring lightly salted water to a hard boil.
3. Lower vegetable-filled strainer into water; stir vegetables when boiling resumes.
4. Allow vegetables to boil as long as needed (1 to 2 minutes for peeling); plunge vegetables in ice water until completely cool and drain.



Source: "Cooking A to Z" (California Culinary Academy).

HOME HOW-TO

Silencing squeaks from below

If floor squeak may not actually come from loose boards. Have someone walk across the floor area while you listen from below.

If squeak continues, tap the squeak with a hammer to silence it.

If pipes are rubbing together, separate them with hanger brackets. The brackets can be driven into the joists to hold pipes apart. If brackets are already present, make sure they are tight and doing their job.



SOURCE: Popular Mechanics

KITCHEN KIDS

By Rena Coyle



Halloween treats

The biggest decision of Halloween may very well be what costume to wear. But it is just the beginning to what can be an endless parade of parties and holiday activities. Halloween is a time when schools and neighborhoods plan get-togethers that will fill the day with ghoulish fun and parties.

Often your children will need to bring a special Halloween treat with them. Instead of buying cookies or more candy, here are some special goodies your kids can prepare and share with friends.

Popcorn Munchies are the easiest of the three recipes for your youngest children to make. Preschoolers can measure, mix and spoon out these chocolatey treats onto the cookie sheets. Depending

on your children's ages, it is a good idea to have an adult remove the melted chocolate from the microwave. Older kids can manage that step easily. Other than that one precaution, children of all ages can easily prepare every step of these Halloween treats.

Older children will love to share the Sunken Treasure Cupcakes with their classmates. These double-chocolaty cupcakes are kept moist and rich with the cream cheese frosting that doubles as these cupcakes' filling. Not only are these cupcakes simple to make, but they are easy to transport to school.

For a holiday focal point for a party or dinner, the Hallowe'en Apple Spice Cake will be lots of fun

for the entire family to make. This applesauce cake is baked in a Bundt pan, then decorated to be an edible jack-o'-lantern.

All the kids can help in making the cake, but it is the decorating that they will really enjoy. A bit of the cake is trimmed off the bottom and then used to fill the hole in the middle. Place the cake on a plate and then let the children do several different jack-o'-lantern faces around the sides.

Display the cake in the center of a table, surrounded with fall leaves as well as other holiday decorations. Making this cake could very easily become your child's favorite memory of this Halloween.

POPCORN MUNCHIES

1 cup (8 ounces) semisweet chocolate chips
1 cup air-popped popcorn
1 cup chopped peanuts
Yields 10 servings.

Preparation time: 15 minutes.
Setting time: 5 to 10 minutes.

Utensils: measuring cups, large microwavable bowl, oven mitts, mixing spoon, tablespoon, wax paper, cookie sheet.

Melt chocolate chips in microwave for 1 minute on HIGH. With mitts on, remove bowl. Mix chocolate chips until they are creamy and smooth. If all chocolate chips are not melted, return bowl to microwave and continue melting on high for 30 seconds.

Add popcorn and nuts to bowl and mix together. Using tablespoon, spoon mixture onto wax-paper-lined cookie sheet. Set up at room temperature for 30 minutes or in freezer for 5 minutes. Peel parchment off wax paper and store in airtight container.

SUNKEN TREASURE CUPCAKES

2 cups sugar
1/2 cup cocoa powder
1 cup plain yogurt
1/2 cup butter
1 teaspoon vanilla
2 eggs
1 teaspoon baking soda
1/2 teaspoon salt
2 cups flour
Topping:

1 (8-ounce) package cream cheese
1/2 cup sugar
1 egg
1/2 cup semisweet chocolate chips
1/2 cup chopped walnuts
Yields 18 to 20 cupcakes.

Preparation time: 30 minutes.
Baking time: 25 minutes.
Utensils: measuring cups and spoons, 2 mixing bowls, mixer, rubber scraper, muffin tins, cupcake liners, oven mitts, spoon.

Preheat oven to 350 F. Liberally butter Bundt pan and set aside.

In mixing bowl, combine flour, baking soda, nutmeg, cinnamon and cloves.

In another mixing bowl, cream butter and sugar together until smooth and creamy. Add egg and blend. Slowly add flour mixture 1/4 cup at a time and blend. Stir in raisins and nuts, then add applesauce.

Spread batter around Bundt pan and set it on cookie sheet. With mitts hands, place pan in oven to bake for 1 hour or until edges of cake pull away from side of pan. Remove pan and turn off oven. Allow cake to cool for 10 minutes before unmolding from pan. Cool completely before decorating.

To prepare icing: Blend cream cheese, vanilla and sugar until creamy. Add butter and blend. Divide icing into two bowls and add several drops of food coloring to each.

Trim about 1/4 inch off bottom of cake. Break cake into small pieces and fill up hole with them. Liberally spoon green icing around the center of cake, covering up broken pieces. Place pumpkin stem on top.

Spoon orange icing into pastry bag and pipe on jack-o'-lantern face.

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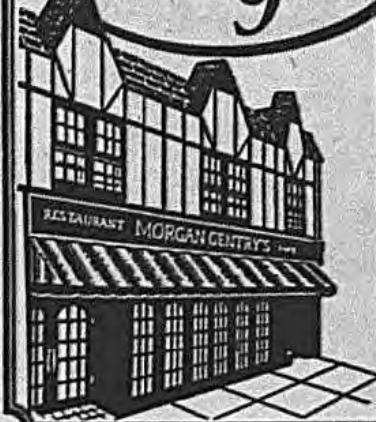
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COLCANNON

2 pounds potatoes, peeled and quartered
3 cups shredded cabbage (about 1/2 small head)
1 cup milk
4 tablespoons butter, softened
Salt and pepper to taste
1/4 cup chopped scallions with green tops

Yields 4 to 6 servings.
Preparation and cooking time: 35 minutes.

Cook potatoes in boiling, salted water for about 30 minutes until tender. Meanwhile, cook cabbage in small amount of boiling water for 5 to 7 minutes until tender. Drain both potatoes and cabbage very well.

Mash potatoes with milk, then beat in butter until fluffy. Season with salt and pepper, then stir in cabbage and scallions.

QUICK TIP

When storing items in the kitchen, divide them into three categories: things used every day, such as coffee and bread; things used often but not every day, such as ketchup and bouillon; things used only once in awhile, such as vinegar or cornmeal.

Put the everyday items in the front part of refrigerator or on the most convenient shelves and drawers. Place the often-used items behind them and the least-used items in bottom drawers or difficult-to-reach cabinets.


After Work Gourmet

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Vegetarian View



By Robin Kleven

Cranberries add piquant flavor to baked goods

One sure sign of fall is the appearance of fresh cranberries in local stores. From now through early December, the firm, bright berries may be purchased fresh, then used or frozen for up to nine months.

If you've never used fresh cranberries, now's the time to discover the tangy sparkle they can add to a variety of dishes. Besides playing a familiar role in sauces and relishes, fresh cranberries are well-suited to breads, cakes, stuffings and puddings. They make a pretty garnish for holiday fruit punches as well.

Most of the cranberries in the United States are grown in Massachusetts, though other sources include Wisconsin, Oregon, Washington and New Jersey. Harvesting is done from now through early December.

Cranberries are cultivated on low, trailing vines in marshes and peat bogs. At harvest time, the small percentage of berries destined to be sold fresh are dry-harvested by driving a machine that resembles a lawn mower through the bog, combing the fruit from the vines.

Most cranberries are wet-harvested. A machine called an "egg beater" is driven through the artificially flooded bog, shaking the cranberries from their vines and allowing them to float to the surface. The berries are then guided onto conveyor belts for loading into trucks.

The cranberry vines produce year after year, sending out runners much as strawberries do. In Cape Cod, Mass., there are bogs that are more than 200 years old.

While we usually associate cranberries with the Pilgrims' early Thanksgiving feasts, it was the Native Americans who first enjoyed the tart fruit. They ate the berries plain or sweetened with maple sugar.

Today's cooks should know that cranberries are a good source of vitamin C and potassium, and they contain no fat. A half-cup of fresh berries contains about 25 calories. The following recipes may be made with fresh or frozen cranberries.

Fresh berries may be kept for up to one month in the refrigerator. To freeze, double-wrap the packages of berries in plastic bags.

OATMEAL CRANBERRY SQUARES

Crust:

- 1 cube margarine
- 1/2 cup oil
- 1/4 cup honey
- 1/2 teaspoon baking soda
- 1/2 teaspoon salt
- 1/2 teaspoon allspice
- 1 1/2 cups quick-cooking rolled oats

1 1/2 cups whole-wheat pastry flour, sifted

Filling:

- 2 cups cranberries, chopped in blender or processor
- 1 cup chopped or crushed pineapple, drained
- 1/2 cup honey
- 1/4 teaspoon vanilla
- 2 tablespoons cornstarch

Yields 16 large squares.

Preheat oven to 400 F. Cream together margarine, oil, honey, soda and salt. Mix in allspice, oats and sifted flour. Spoon half of mixture into well-greased 8x8-inch baking pan. Press in firmly.

Mix together cranberries, pineapple, honey and vanilla and cook for 15 minutes over low heat. Dissolve cornstarch into enough cold water to make paste. Stir this into fruit mixture and continue cooking until mixture thickens. Then spread fruit mixture evenly over crumb mix and cover with remaining crumbs, patting down lightly.

Bake for 20 to 25 minutes. Let cool and then cut into 2-inch squares.

From "Honey and Spice" by Lorraine LaForest Bass (Coriander Press).

CRANBERRY NUT BREAD

- 1 orange
- Water
- 2 tablespoons margarine
- 1 egg
- 1 cup sugar
- 1 cup cranberries, chopped
- 1/2 cup chopped walnuts
- 2 cups white flour
- 1/2 teaspoon salt
- 1 1/2 teaspoons baking powder
- 1/2 teaspoon baking soda

Yields 1 loaf.

Preheat oven to 325 F. Grease loaf pan. Grate rind of orange, and squeeze out all juice into measuring cup and add enough boiling water to make 1/2 cup. Add orange rind and margarine and stir to melt margarine.

Beat egg in another bowl and gradually add sugar, beating well. Add remaining ingredients and orange mixture; blend well. Spoon into pan and bake for 1 hour. Remove from pan and cool on rack.

From "The Fannie Farmer Cookbook" (Alfred A. Knopf).

CRANBERRY AND ORANGE RELISH

- 1/2 pound (2 cups) cranberries
- 1 small orange
- 1/4 cup sugar

Yields 6 servings.

Wash cranberries. Cut orange in pieces and remove seeds; do not peel. Chop cranberries and orange with food chopper or in food processor. Add sugar and stir well. Let stand at least 30 minutes before serving.

After Work Gourmet

By Sharon Achatz



Quick-fix flavors celebrate Oktoberfest

Each autumn, communities across the nation celebrate Oktoberfest in mini-recreations of the famous Munich festival held each September and October.

More than a celebration, Oktoberfest is an event known the world over as a festival of camaraderie, beer, good food and good cheer.

While festivals serve up the likes of bratwurst, knockwurst, sauerkraut and pretzels, the hurry-up chef can create at-home German flavorings with some quick-to-fix recipes that are as easy as clapping out a polka beat.

GERMAN POTATO SALAD

- 6 bacon strips
- 1/4 cup chopped onion
- 2 tablespoons flour
- 1/2 cup cider vinegar
- 1 1/2 cups water
- 1/4 cup sugar
- 1 teaspoon salt
- 1/4 teaspoon pepper
- 6 cups sliced cooked and peeled potatoes, chilled

Yields 6 servings.

Preparation time: 25 minutes. In large skillet, fry bacon until crisp; remove and set aside. Drain and discard all but 2 to 3 tablespoons of drippings.

To drippings, add onion and cook until tender, about 5 minutes. Stir in flour to blend; add vinegar and water. Cook and stir until bubbly and slightly thick. Add sugar and stir until dissolved. Sprinkle in salt and pepper.

Crumble bacon; gently stir bacon and potatoes into skillet. Heat through, stirring lightly to coat potato slices. Serve warm.

CHICKEN SCHNITZEL

- 1/2 cup flour (divided use)
- 1/4 teaspoon salt
- 1/4 teaspoon pepper
- 1/2 cup dried bread crumbs
- 1/4 teaspoon paprika
- 1/4 teaspoon garlic powder
- 3 tablespoons vegetable oil
- 4 chicken cutlets, pounded to 1/4-inch thickness
- 2 eggs, lightly beaten
- 1 cup diced onion
- 2 apples, cored, pared and thinly sliced
- 1 1/2 cups chicken broth
- 4 cups sauerkraut
- 4 tablespoons raisins
- 2 lemons, thinly sliced

Yields 4 servings.

Preparation time: 35 to 40 minutes.

On plate, combine 4 tablespoons flour with salt and pepper. On second plate, combine bread crumbs, paprika and garlic powder.

In large skillet, heat oil; dredge each cutlet in seasoned flour, dip in beaten egg, coat in bread crumbs, then place in skillet. Quickly

brown chicken on both sides, about 2 minutes per side. Remove chicken to plate and keep warm.

In same skillet, combine onion and apple and saute over medium heat until softened, about 5 minutes. Sprinkle remaining flour over mixture and stir to combine. Gradually stir in broth and, stirring constantly, bring to boil. Reduce heat and let simmer until mixture thickens, about 5 minutes. Stir in sauerkraut and raisins and cook, stirring, until mixture is heated through.

To serve, spoon sauerkraut mixture onto center of serving plate and surround with chicken pieces; garnish chicken with lemon slices.

BLACK FOREST CAKE

- 1 quart black cherries
- 1/4 cup kirsch
- 6 1/2 cups confectioners' sugar (divided use)
- 3 tablespoons cornstarch
- 2 tablespoons cherry juice
- 1/2 pound margarine
- 3 egg yolks
- 2 (8-inch) layers chocolate sponge cake
- 3 ounces bittersweet chocolate
- Yields 1 cake.

Preparation time: 25 minutes, plus 2 hours standing time.

Wash cherries and remove stems and seeds; place in saucepan. Mix kirsch and 1 cup confectioners' sugar; pour over fruit. Let stand at least 2 hours, then heat to boiling. Mix cornstarch with cherry juice and stir slowly into cherries. Boil and stir until slightly thickened, 2 to 3 minutes. Remove from heat and let cool; the consistency should be that of thin jelly.

Cream together margarine and remaining confectioners' sugar; beat in egg yolks and continue beating until mixture is light and fluffy.

Place one cake layer on plate. Make half-inch border around edge with butter mixture and spread butter cream in 2-inch circle in center of cake. Spread cooled cherry mixture between the butter cream border and center. Place second cake layer on top, pressing down just enough to make layers stick together. Cover top and sides of both layers with remaining butter cream.

Shave bittersweet chocolate over top.

QUICK TIP

For uniformly shaped meatballs that make it easier to gauge proper cooking time, use an ice-cream scoop.

Sharon Achatz is a free-lance writer.

MICROWAVE MAGIC



By Desiree Vivea

What's small and green and absolutely necessary for a decent gin and tonic? Why, limes, of course.

Like all citrus fruits, limes are low in sodium and a valuable source of vitamin C. Unfortunately, this vitamin is heat-sensitive, and cooking may destroy much of a lime's vitamin C content. So you'll need to include raw citrus fruits or their juice in your diet to derive the fruits' full vitamin benefit.

Here's an interesting bit of history: During the 18th century, the British Royal Navy discovered that lime juice could prevent scurvy. This common shipboard disease afflicted sailors who had gone for long periods without fresh fruits or vegetables. Without understanding why limes prevented the disease, the navy ordered them to be carried on all long voyages, and this is how the British came to be known as "limeys."

It wasn't until the discovery of vitamin C in the early 20th century that a deficiency in the vitamin was finally recognized as the cause of scurvy.

Thought to be native to the islands of Tahiti, limes are similar to lemons but are less acid. In the United States, large Persian or Tahiti limes are the most popular commercial variety, and most are grown in Florida. From California come small, seedless Bearss limes, while small, thin-skinned Mexican limes are similar to the Key limes of the Florida Keys, from which famous Key lime pie is made.

Limes are available year-round. They should appear glossy and deep green or yellow-green (depending on the variety).

A couple of limes may look the same on the outside, but here's how to tell which one to buy. Pick up two limes of similar size and balance one in the center of each hand. If there's a weight difference, choose the heavier one — it will have more juice. Keep limes refrigerated in a plastic bag until ready to use.

A large lime will yield from 2 to 3 tablespoons of juice and 1 to 2 teaspoons of zest. To make grating easier, chill limes first. Use a sharp grater with medium-size or small holes. Work over wax paper, scraping only the outer part of the peel and avoiding the bitter white pith. Then use a stiff, dry vegetable brush to flick zest out of the grater and onto wax paper.

To dry lime peel, place in a small microwave-safe bowl and microwave at HIGH (100 percent power) setting until dry, 30 to 60 seconds, stirring once. Store in the refrigerator or freezer.

Here are some more microwave ideas using the tangy flavor of limes.

LIME BUTTER

$\frac{1}{2}$ cup butter
2 tablespoons lime juice
 $\frac{1}{4}$ teaspoon paprika
 $\frac{1}{4}$ teaspoon garlic powder
Salt and pepper to taste
1 tablespoon finely chopped fresh parsley

Yields about $\frac{1}{2}$ cup.
Preparation time: 5 minutes.
Cooking time: 1 to 2 minutes.
Oven setting: HIGH (100 percent power).

Combine all ingredients except parsley in 1-cup glass measure. Microwave 1 to 2 minutes, or until butter melts. Stir in parsley and blend well. Serve over microwaved fish or vegetables.

SPANISH HALIBUT

1 pound halibut fillets
2 tablespoons lime juice
2 tablespoons chopped onion
2 tablespoons chopped pimento-stuffed green olives
1 tablespoon olive oil
1 tablespoon capers
Dash garlic salt
Salt and freshly ground black pepper to taste
Yields 4 servings

Preparation time: 10 to 15 minutes (plus 1 hour to marinate).

Cooking time: 6 to 9 minutes (plus 3 minutes standing time).

Oven setting: HIGH (100 percent power).

Cut fillets into serving-size pieces. Arrange in 8x8-inch microwave-safe baking dish, with thickest portions toward outside of dish.

Mix together all remaining ingredients and spoon over fillets. Cover with plastic wrap and refrigerate, to marinate, about 1 hour.

Microwave, covered, 6 to 9 minutes, rotating dish $\frac{1}{4}$ turn every 3 minutes if necessary, until fish is opaque and flakes easily with fork. Let stand, covered, 3 minutes before serving.

ELEGANT LIME FLUFF

1 cup milk
 $\frac{1}{4}$ cup granulated sugar
1 envelope plain, unflavored gelatin
1 teaspoon grated fresh lime peel (green part only)
 $\frac{1}{2}$ cup fresh lime juice (about 3 limes)
1 teaspoon triple sec
3 drops green food coloring
 $\frac{1}{4}$ cups whipping cream
 $\frac{1}{4}$ cup powdered sugar
 $\frac{1}{4}$ cup finely chopped pistachio nuts
Yields 6 servings

Preparation time: 20 to 25 minutes (plus chilling time)

Cooking time: 2 to 3 minutes.

Oven setting: HIGH (100 percent power).

In 2-cup glass measure combine milk, granulated sugar and gelatin; stir well. Let stand about 3 minutes, until gelatin dissolves.

Microwave 2 to 3 minutes, stirring every minute, until very hot. Add lime peel. Refrigerate until mixture thickens.

Add lime juice, triple sec and food coloring; stir well. Beat whipping cream with powdered sugar until fluffy. Fold cool lime mixture into whipped cream.

Spoon mixture into individual dessert dishes or wine glasses. Chill at least 2 hours. Just before serving, garnish with a sprinkle of finely chopped pistachios.

FOR TEENS

By Willard Abraham, Ph.D.

Dr. Abraham: I'm lucky enough to have a convertible of my very own (I earned enough to get it secondhand), but there is one small thing that cuts into my enjoyment with it.

When our weather is good, which is often where I live, I put the top down and let my hair blow in the wind. It feels great. My girl tells me that it doesn't look so good, kind of wild, in fact. So she wants me to wear a cap, and then she laughs and says she'd loan me a scarf to tie around my head.

I sit on her gag and borrowed her scarf, and now she is getting serious and tells me that isn't funny. So I told her it's the scarf or my hair-in-the-wind, and now she is just acting moody, but not moody enough to quit riding with me.

What should I do now about the hair covering or uncovering? — Convertible Lover

Convertible Lover: With the three choices of a cap, her scarf or no cover-up, you might be able to change off — if someone will keep score. You could wear a cap or scarf, but only when you are with her. Or you might insist on going back to the windblown version because, after all, it's your car.

Which would be most comfortable for you, emotionally and physically? You decide, or be a good guy and talk over the choices with her.

Dr. Abraham: My boyfriend recently put a blond streak into his hair, and he sure looks funny now. He likes it, though, and thinks it makes him look kind of spiffy.

I don't like it at all, and my best girlfriend thinks that maybe he is gay and letting it all hang out now.

I still like him, but do you think he might be gay? He is 14 years old and so am I. — Worried

Worried: You haven't provided enough information for me to determine whether he might be gay. At your age and his there is sometimes a desire to be different, to stand out from the crowd. His little experiment may simply be that, no more nor less.

Dr. Abraham: I'm willing to go along for now with my girl and her strong anti-sex attitude. I used to hint to her about sex, but got nowhere, so I don't bring it up anymore.

She does, though, but always in a negative way. It's as if to make sure I understand that her answer was, is, and no doubt will be, "No." It will be at least until we get married, but we have never even talked about getting married. Neither of us is anywhere near ready.

I certainly understand her point of view on this subject and have for a long time. She repeats herself often enough, and has left no doubt in my mind.

The trouble isn't the past or present, just the future. Do you think she will ever give in?

She certainly acts as though she likes me a lot, and we do have good times together, but this sex muddle does bother me.

I wish you'd tell me what to do. — Impatient

Impatient: Her time schedule, whatever it is, is obviously what you will have to adapt to.

If your impatience and her firmness continue to collide, your decision will probably have to be either to get married or to wave bye-bye.

Dr. Abraham: I always think that the guy who will someday be my boyfriend will be a combination of Tom Cruise, Jeff Bridges, Richard Gere and all the other dreamboats I've seen in movies, but no such luck yet. The only guys I see at school are far from that, just scrubby-looking ones that I really don't want to spend time with. In addition to not looking very good, they are silly and sometimes not very clean.

Maybe this is my fault because I may be too particular, but I think it's theirs, too.

How do you feel about this? — Unhappy

Unhappy: You didn't tell me your age, so I don't know whether you may not have reached the stage when you can view boys somewhat objectively or you really are too particular.

Whatever the reasons are for your apparent inability to identify even one with whom you'd like to spend time, it is likely that your attitude will change, perhaps not too far in the future.

It may come as a pleasant surprise that one or more of the "scrubby-looking" guys will begin to look pretty good to you.

Dr. Abraham: I am so glad to read the letter you received from "Big Brother" and the information you provided about a new book called, "Raising Your Type A Child" by Dr. Steven Shelov and John Kelly (PB). The letter talked about his little brother who is "high-strung, wants to have his way, gets angry sort of fast, but is fun to be with, too." Their father is impatient with the kid.

I'm a teen who is a teacher aide, and I've seen kids like that. I've also watched their eating habits and saw that they ate a lot of frozen, processed and canned food, and very little fresh or freshly cooked food and very small amounts of protein.

I have a feeling that a daily diet like that won't do much for a kid. I learned in a class I took that people can't do well on a diet of preservatives, colorings, salt, sugar and fillers.

I really feel sorry for that little boy and his mother who, according to "Big Brother," does not become involved in his problems. The little boy can be thankful he has a "Big Brother" who cares that much for him. — Concerned

Concerned: Your input is so welcome. The importance of diet in the lives of children and teens (and all of us) can't be stressed too much. Thank you for bringing that subject up in connection with the "Big Brother" earlier letter.

Cooking Corner



For many, hot is haute cuisine

Anyone who doubts the allure of fiery cuisine should make a point of watching the recent art-house film, "The Story of Qui Jou." It's the tale of a Chinese peasant who seeks legal retribution on behalf of her humiliated husband.

To fund her trips to the big city to plead her case before high officials, she loads her bicycle with huge, vibrant red wreaths of dried chilies. Much is made of the chilies' value, especially as you watch Qui Jou barter with sidewalk merchants, who are later seen grinding them into a fine, precious powder.

Though you won't find it much in evidence in, say, traditional French cuisine or German cooking, chili is an integral part of many of the world's cuisines. It lends zip to Mexican serviche, as well as Chinese Sichuan and other Asian specialties. It's what makes your eyes water when you tuck into an Indian *aloob gobi*. Southwesterners love their scrambled eggs with a dash of Tabasco, and smart chefs use chili to impart piquant flavor or create fire in the belly of lucky diners.

But why didn't hot foods originate in Scandinavia instead of warmer climates? Probably because in hot climates food spoils quickly. Pungent seasoning helps retard the process — and camouflage the flavor of food that's past its prime.

The chili, actually, is not so exotic. Part of the *Capsicum frutescens* family, it is a cousin of the tomato and the eggplant. But Europeans weren't introduced to its robust charms until Christopher Columbus brought it back from the New World and Magellan brought it to Africa and Asia on his travels.

How hot is too hot? There's no such thing, contends Geraldine Duncann in "Some Like It Hotter" (101 Productions). She loves her food hot, hotter, hottest and advises home chefs to make food as hot or mild as they like. If you have a sensitive palate, use chili judiciously. If you love your food so hot that your nose runs, be generous with the seasonings.

Ideally, you'll use fresh chilies, and Duncann suggests cooking with whatever variety is available. Because peppers have become so chic that Southwestern-style red-chili-pepper-shape Christmas lights are common, you might find a dizzying array.

Vitamin C-rich sweet peppers — the large green or red bell shapes — probably are quite familiar. But yellow and orange varieties are becoming more common. They add

flavor — but not fire — to a number of dishes.

For flames in your food, you'll need to experiment with different varieties of chili peppers — the small, long capiscums that come in a rainbow of hues. Generally speaking, the smaller, the hotter.

Novices can start with the milder 3-inch-long red or green chili peppers. The more adventurous can try the hot little West Indian, or cherry pepper, chili or the copper-colored bird pepper. The long, thin, red cayenne pepper also has a sharp flavor. Of course, jalapenos and serranos are an integral part of Mexican cuisine. More exotic types include the ancho, chipotle, pequin and malagueta, each with its own hot, distinctive flavor.

You can turn down the heat in chili peppers by removing the seeds or soaking them in cold, salted water. When working with hot chili peppers, remember that the oil, which gives them their flavor, is irritating to eyes and sensitive skin, so always wash your hands after chopping a chili.

Plan your menu with what she calls "fire extinguishers," mild items to complement and counteract these fiery dishes. For example, serve beer as a hearty accompaniment with hot dishes that would normally overwhelm wine — specialty liquor stores sell international beers that can be paired with international cuisines.

Cave Creek, a microbrewery in Arizona, even brews its own chili beer, complete with a chili pepper inserted by hand into every bottle. Like a worm in a tequila bottle, this chili is consumed by the brave, the stupid or the very drunk.

Other fire extinguishers include smooth yogurt and cucumber dips, fruit salads or a Mexican drink of cold water and minced fruit.

Duncann's recipes are an unusual compilation gathered over the years, and she purposely avoids standard entries, like chili con carne or common Indian curries. Many of the recipes include other zesty foods, such as onions, garlic, mustard, horseradish, ginger and pepper, in addition to chili.

These recipes are from the Cole Group's 101 Productions Series cookbook, "Some Like It Hotter," available from the publisher, 4415 Sonoma Highway, Santa Rosa, CA 95409, (800) 955-2717, or your local bookseller (\$10.95).

Serviche requires no cooking (the lime juice performs a similar function), making it easy on the cook

when the temperature soars and tempting to heat-fry appetites. In some regions of Mexico, clams and cooked shrimp are added to the raw fish — this is a dish that can cost as much or as little as you wish.

SEVICHE

2 pounds firm-fleshed boneless fish or shellfish, such as butterfish, sole, salmon, scallops, shrimp or a combination
 $\frac{1}{2}$ cup freshly squeezed lime juice, or more, if necessary
 1 red onion
 1 large or 2 small tomatoes, diced
 4 green onions, including tops, finely chopped
 1 small bell pepper, seeded and cut into thin strips
 1 small fresh hot chili, or more to taste, minced
 4 cloves garlic, minced
 1 teaspoon minced cilantro
 $\frac{1}{4}$ teaspoon ground cumin
 $\frac{1}{4}$ teaspoon sugar
 $\frac{1}{4}$ teaspoon coarsely ground black pepper
 Salt to taste
 Yields 12 servings as appetizer, 6 as entree.

Dice fish into smaller than bite-size pieces. If scallops are large, cut in half. Shell shrimp. If large, cut into pieces same size as fish.

Combine seafood in large bowl and cover with lime juice (add more juice if necessary; seafood must be covered). Mix thoroughly and refrigerate at least 2 hours.

Dice half of red onion; slice other half into thin rings. Add red onion, tomato, green onions, bell pepper, chili, garlic, cilantro, cumin, sugar and pepper to fish. Season to taste with salt, and refrigerate for at least 1 hour. Taste and add more fresh chiles if desired.

Serve chilled.

Coconut milk, almonds, yogurt and exotic spices blend to give this dish its rich, complex flavor. Note: The lamb needs to marinate overnight in the masala.

BADAMI GOSHT

Almond Masala (recipe follows)
 2½ pounds lean boneless lamb, cut into bite-size cubes
 2 tablespoons peanut oil
 2 tablespoons butter
 2 large onions, minced
 6 cloves garlic, minced
 Hot steamed rice, for accompaniment
 Yields 6 servings.

Make Almond Masala, add lamb and marinate in refrigerator overnight.

In large wok or heavy skillet, over medium heat warm together oil and butter. Sauté onions and garlic until soft but not browned (2 to 3 minutes). Remove lamb from marinade with slotted spoon and brown in wok on all sides. Pour in the remaining marinade and let it cook rapidly, stirring constantly, for 1 minute. Reduce heat to low and continue to simmer, stirring occasionally, until meat is very tender (15 to 20 minutes).

Remove meat to heat-proof dish and set aside. Raise heat to high and cook remaining masala, stirring to prevent sticking, until somewhat reduced and thickened (5 to 6 minutes).

Just before serving, put meat under high heat of broiler and

leave until edges just begin to get crisp. Remove from broiler and pour reduced masala over it. Serve at once with rice.

ALMOND MASALA

1 teaspoon (¼ gram) saffron
 2 tablespoons hot water
 $\frac{1}{4}$ cup unsalted blanched almonds
 3 cups coconut milk, commercial or homemade using 1 large coconut and 3 cups boiling water
 1 teaspoon caraway seed
 $\frac{1}{4}$ teaspoon anise seed
 $\frac{1}{2}$ teaspoon ground cinnamon
 $\frac{1}{4}$ teaspoon ground cardamom
 2 teaspoons grated fresh ginger
 $\frac{1}{2}$ teaspoon cayenne pepper, or more to taste
 $\frac{1}{4}$ teaspoon ground cloves
 1 tablespoon sugar
 1 cup (8 ounces) plain yogurt
 Salt to taste
 Yields 6 servings.

Soak saffron in hot water for 10 minutes. In blender, puree saffron and water, almonds, 1 cup of coconut milk, caraway and anise seed, cinnamon, cardamom, ginger, cayenne, cloves and sugar until smooth. Pour into bowl and stir in remaining coconut milk, yogurt and salt to taste.

On the table or in a lunch box or a picnic basket, this tasty fried chicken far surpasses the fast-food versions. When packing fried chicken, put it in a double brown paper bag, then put the paper bag into a plastic bag or container. The paper should absorb any residual grease.

KISS-THE-COLONEL-GOODBYE CHICKEN

$\frac{1}{4}$ cup flour
 $\frac{1}{4}$ cup bread crumbs
 2 tablespoons chili powder
 1 teaspoon cayenne pepper
 $\frac{1}{4}$ teaspoon coarsely ground black pepper
 $\frac{1}{2}$ tablespoon mixed dry herbs
 1 tablespoon paprika
 $\frac{1}{4}$ tablespoon sugar
 1 tablespoon finely minced cilantro
 $\frac{1}{4}$ teaspoon ground cinnamon
 1 scant teaspoon ground ginger
 1 scant teaspoon dry mustard
 1 tablespoon finely minced garlic
 Salt, to taste
 1 frying chicken, cut into pieces
 Light-flavored vegetable oil, for frying
 Yields 4 servings.

In small paper bag, put all ingredients except chicken and oil. Shake, add chicken pieces and shake to cover evenly. Shake excess flour off each piece.

In large skillet over high heat, heat oil but do not let it smoke. Add chicken carefully because it may cause oil to splatter. Fry until chicken is thoroughly browned on both sides (5 or 6 minutes). Reduce heat to medium and continue to fry, turning occasionally for 12 to 15 minutes.

If you want skin crisp, fry uncovered; if you want it soft, cover during cooking. To check for doneness, cut into one of the thighs. If meat still shows blood at the bone, let it cook a bit longer.

Drain chicken on paper towels and serve at once.

COOKING CORNER

Garden Talk

By C.Z. Guest

Plant cover crops to improve soil

Q. Why raise green manures? Why plant cover crops or catch crops?

A. Simple. These cover crops will improve the soil by adding huge amounts of organic material. They'll add valuable nutrients to it, or prevent valuable nutrients from disappearing and prevent soil erosion.

Catch crops prevent the leaching away of nutrients, increase the life of your soil, discourage weeds and provide ideal conditions for earthworms, nature's greatest workers. All overlap in their contributions.

Cover crops are easy to plant and require virtually no maintenance. Spring, summer and early fall are the times to plant them. Most cover crops will grow right up until hard frost and will then protect your topsoil from wind and water erosion over the winter.

Always sow a cover crop that will thrive in your area.

Q. How do I keep vegetables growing indoors after frost?

A. If you've wondered how to use your leftover onion sets or perhaps you still have small onions in the garden, plant them in pots or containers and grow them indoors. You can even put them in the same pots as your houseplants.

Because onions have foliage, they only need a little room and don't bother the growth of other plants close by. Just push a few onion sets into the soil, and they'll grow beautifully on your windowsill.

Chives and parsley make great indoor crops, too, and will keep producing as long as you keep snipping them! Simply dig up a clump of each plant and pot it.

You also may grow tomatoes indoors by using "slips" rather than whole plants. In the garden, break three or four healthy shoots or suckers with blossoms on them. Set the slips in a deep container with good soil and water generously for a few days. They'll root just like geranium cuttings and once indoors will extend your harvest for months.

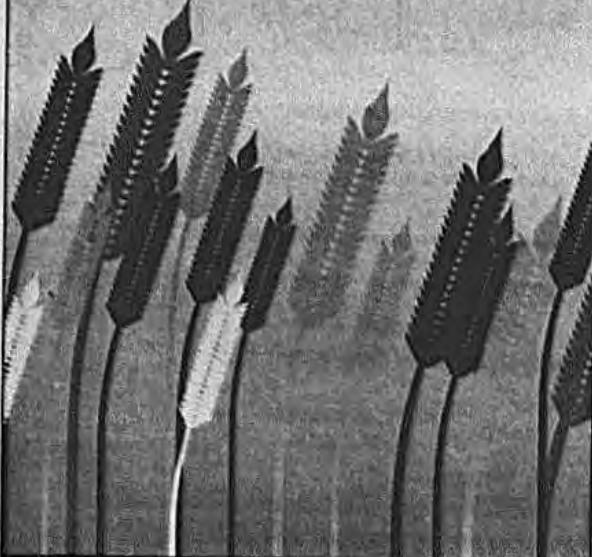
Remember to fertilize and water your plants regularly, provide proper drainage and plenty of sun. During the winter months, you may have to move your plants from window to window during the day to capture the best sunlight possible.

C.Z. Guest is a gardening authority whose work appears in *House and Garden* and author of numerous books and videos, including "5 Seasons of Gardening" (Little, Brown and Co.).

GARDEN TIPS

Cover crops

- Plant cover crops in spring, summer or early fall.
- Sow a cover crop that thrives in your region.
- Cover crops add nutrients to soil and prevent erosion.
- Planting cover crops in the fall will protect topsoil from water and wind erosion during winter.
- Common cover crops are wheat, vetch and various grasses.



Our Children

By Willard Abraham



Preschools usually a safe setting for youngsters

Q. I am always concerned about the safety of my children. Both are still under 5 years old. I know that no matter how careful my husband and I try to be with them, accidents can happen.

Because we have them both enrolled in a preschool, we wonder whether they would be more safe at home. How do you feel on this subject?

A. You are right to be aware of the possible injuries to children, wherever they are, and most caring parents are alert to the threats.

It may be of some consolation to you that research indicates injuries are less likely to happen in the preschool setting than at home.

However, such conclusions are generalizations and pertain little, if at all, to this child in this setting. Checking on the equipment, teacher competencies and programs in the preschool your youngsters attend could provide some comfort for you.

While you're into this preventative mode, give serious thought to medicines, cleaning materials and poisons at home. Are they safely kept in cabinets which your children aren't able to reach?

Q. Sometimes I am up to my neck with anger because our 4-year-old is so hard to live with. He

is tough on his toys, books and whatever else I give him to play with and enjoy.

I need help — fast! Please come to my rescue.

A. I wish I had a dollar for every parent who has tried to handle a problem like yours.

Here are some suggestions for you and others who are up against this problem:

• Less expensive and more well-built toys may help reduce your frustration. Consider providing pots and pans (if you can put up with the noise!), boxes and other free materials that are around most homes.

• Sometimes children are just trying to get parents' attention. An obvious reaction might be to ignore that effort of theirs.

• Try compliments and praise related to those rare occasions when the play activities might be on the quiet side.

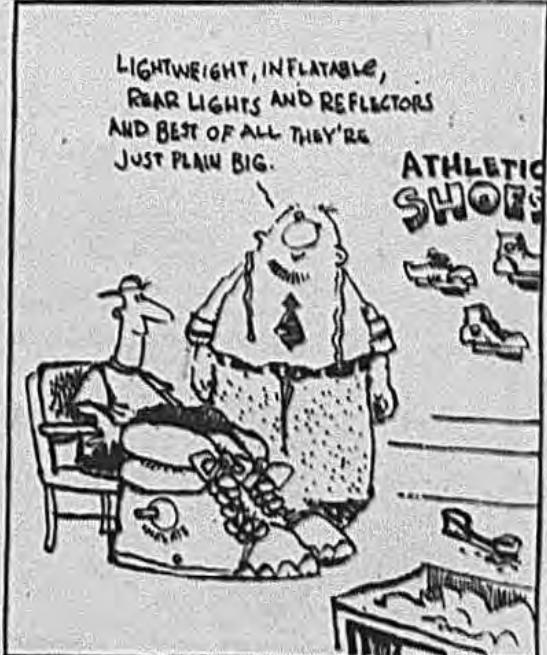
• Put in whatever time you are able to with an only child, and with each one when there is more than one in the family.

It isn't sensible to assume that all 4-year-olds are difficult to live with. Generalizing about their temperaments is bound to be inaccurate many times.

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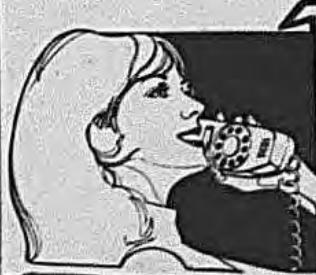
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Here's How

By Gene Gary

Q. We have thick concrete walls in a basement we are remodeling. We would like to install shelving and hang a heavyweight mirror, which requires more than the stick-on-the-wall adhesive-type fasteners. Can you recommend the best method of dealing with this problem?

A. There are a variety of fasteners available at your local hardware store or home center that are specifically suited for installations in concrete or masonry. With a good drill and bit and the right hardware, you can hang almost anything on masonry.

An ordinary drill can be used to put holes in concrete or masonry, but if you have extensive work to



do, save time and energy by renting a hammer drill from a tool shop. This type of drill vibrates the bit back and forth while drilling, which helps to crush and remove the small stones in concrete. Using your regular drill when the job requires quite a lot of drilling can risk burning up the drill motor.

When drilling in concrete, carbide-tipped bits are recommended for standard drills. The hammer drill requires special high-strength bits to withstand the rapid motion. Most rented hammer drills will come with the proper bits. It is important that you know the size hole you wish to drill so that you have both the right type and right size bit. When purchasing fasteners this information is normally

printed on the package. Choosing the correct fastener will be governed by the size and weight of the object you wish to hang.

The fastest and easiest of the concrete anchors to use is a concrete screw. Made of harder steel than the ordinary variety, this screw cuts its own threads in the concrete. But you still must drill a pilot hole. An advantage of concrete screws is that they are easily removed.

For heavier weights where maximum strength is required for any reason, expansion anchors are the usual choice. The anchors themselves are cylinders of various designs, usually made of lead or a soft alloy that are tapped into pre-drilled holes of specific sizes.

After an anchor is inserted in its hole, a screw of appropriate size is turned into the hollow core of the anchor and the anchor expands against the sides of the hole. Fairly large holes are required, but it is important not to drill an oversized hole or the anchor will pull loose. Also make sure the screws used are the correct size for the anchors.

Another good choice for anchoring pictures is the expansion shield and nail.

Here you tap the anchor into the hole and then hammer the nail directly into it. The nail pushes the two wings out and fits snug inside the hole.

A couple of tips on drilling: Protect your eyes with safety goggles; Don't use excessive pressure when drilling, let the drill bit do the work; If you hit something in the concrete that stops the progress, pull the drill bit out and examine the area.

The presence of metal shavings can indicate that you have hit a section of metal reinforcing bar. Your best bet is to plug the hole and start somewhere else. If you don't see metal shavings, you've probably hit a hard, smooth pebble in the concrete. Break the pebble by taping it with an awl or nail punch until it cracks. Clean out the hole and continue, going easy at first.

HERE'S HOW

Decor Score

By Rose Bennett Gilbert

A young guy's getaway

Q. Our daughter and 7-year-old grandson are coming back to live with us while her husband spends a year abroad on a study grant. We want to make our grandson's room over so it's special for him, but since they will only be with us for a year, maybe you can suggest ideas that won't be expensive. The room is just large enough for a bed and desk, but it has a big double closet. — R.W.

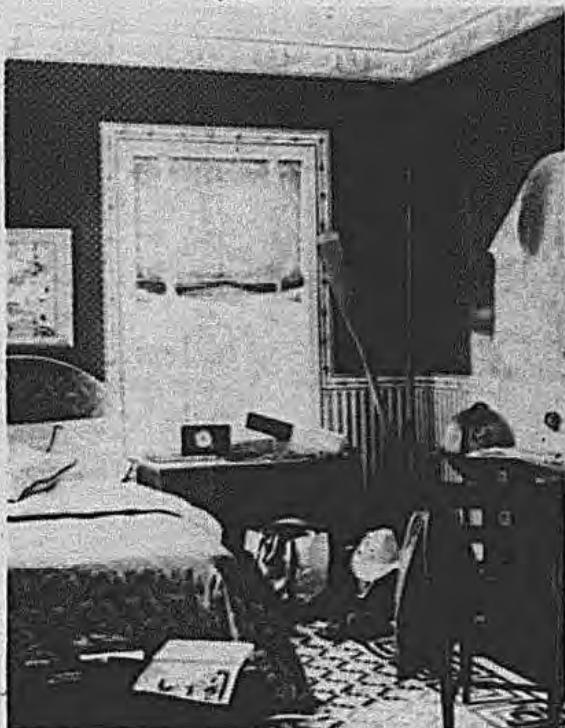
A. Imagination, not space, puts the only limits on the magic you can work in a child's room with inexpensive ingredients like color and wall coverings. Kids love it when you set a theme: dinosaurs, cowboys, racing cars — the younger the child and the more fantastic the theme, the better.

Designer Lolita Dirks had an out-of-this-world idea when she conjured the heavenly theme for the boy's room we show here.

A star-spangled wall covering started it all. Dirks carried the theme through with cutouts in the homemade bunk bed and danced a line of wooden stars along a plant shelf over the mirrored closet doors.

The idea, she explains, was to "make the high space an active part of the room," so what is actually a small space feels — and looks — larger. Another active idea: The circular opening in the bed leads to a carpeted crawl

space, and Dirks reports that the young tenant who lives in this galaxy "loves his very own (inner) space."



WALL WONDERS — Use contrasting wallpapers and unusual borders to create an environment that suits the individual. (Shown here: Fashion Forever Classic wallpaper.)

Key pointers about decorating for any young occupant:

- Color it exciting! Kids thrive on visual charges of primary colors — riotous reds, brilliant blues, yelling yellows! Paint is cheap, it's quick, and you can easily go over things with calmer colors after your grandson leaves.

- Keep it uncluttered. Concentrate on essential furniture: a bed (maybe a bunk or rollaway for sleep-overs), plus a desk or table and a couple of chairs. Leave as much of the room's center space open as possible for floor play.

- Make it easy-keep. You don't have to be brain-surgeon smart to choose soil-repellent fabrics, mar-proof furniture and scrub-clean surfaces, like vinyl-faced wall coverings. "Preventive decorating" makes cleaning a kid's room child's play, too.



Decor Score

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Help Wanted

MOTHER'S HELPER NEEDED FOR 2 SMALL CHILDREN, Nov. 15-Dec. 10. Mon.-Fri., F/T. English speaking, own transportation. 775-4092 gcN2

REAL ESTATE SALES - Very active Garden City office seeks experienced sales associate. Call Ed Keussey 747-1300 gcN2

CLERK-TYPIST - Full or Part Time, word processor. Will train, law office, Williston Park. 245-0991. wO4

REAL ESTATE AGENT needed for active Garden City office. Earn high commission in friendly and professional office environment. Call me in confidence at my home phone. Cathleen Whelan, 294-6219. Fennessy Realty. gco2

CHILD CARE NEEDED in my Garden City home. F/T. Must have car, good references, experience and be non-smoker. Call evenings 248-2893. gcN2

P/T CLERICAL POSITION for busy accounting department in Mineola based company. Filing, data entry & general office duties. Minimum 20 to 25 hours per week. Windows, a must \$7.50 an hour. Call 294-0220, ext. 6330 (Theresa) wO4

NANNY/HOUSEKEEPER. MONDAY to Friday, 12:30 p.m. to 6. Own transportation. English speaking, alternate Saturday nights. 484-8835. (E. Hills Area). wn2

CHILD CARE - LIVE OUT experienced mature person needed to care for 16 month old. Monday-Friday, 7:15-8:30, flex. Port Washington. Light housekeeping. Must speak fluent English. Have car, non-smoker, references. 883-0173. wo5

Help Wanted

REAL ESTATE SALES Position - Well established Realty office serving the area for 78 years has openings available. Call R. Valentine for details. Valentine Agency. 746-7200. wd4

CLERICAL/RECEPTIONIST Immediate opening. 3 days a week, morning hours. Typing, filing, for busy Williston Park Real Estate. 248-1468. Call Andrea. wd4

IMMEDIATE CHILD CARE needed in my Garden City home. Four month old twin boys. Monday through Thursday, 8:30 a.m. to 6 p.m. Live out. English speaking, non-smoker, own transportation and references a must. Prefer older woman with grown children. 742-3733. gc05

BABYSITTER WANTED P/T possibly F/T, Monday-Friday, for playful toddler. Flexible and reliable. Own transportation. Light housekeeping. English speaking. References. 484-7205. gcN1

REAL ESTATE AGENTS needed for busy, congenial Real Estate Office. Call any evening Bernice Rossi, 294-9112. Molloy Real Estate Days 747-2010. gcN1

RETAIL SALES - ICE cream store/candy store, Roosevelt Field. F/T & P/T positions, all hours. Manager and Assistant. Manager jobs available. Good starting salary. Call 294-5568 or apply in person to Chocolate Box/Haagen Dazs in Roosevelt Field. gc04

SECURITY GUARD P/T. Pleasant surroundings. Ideal for senior citizen. Evening & Weekends, all others need not apply. Day 585-6932, evenings and weekends, 549-9094. wTfN

Help Wanted

BABYSITTER WANTED 5 mornings a week, 8:15 a.m.-9:45 a.m. Fitness Break Ltd. 739-2932. geO4

PART TIME TOUR guide wanted for earth science museum. 822-7505. hO4

BUS DRIVER/MECHANIC needed. Twelve months. C.D.L.B.P. license required. Experienced working on diesel buses. 20 hour defensive driving course. Contact Mary Trotti 741-8120. wo3

LEGAL LIVE OUT, non-smoker to take care of toddler in my Garden City home. References and own transportation. Call (212) 815-0166 or evenings and weekends (516) 354-4166. gcN1

CHILD CARE NEEDED. Loving, caring, mature, responsible, energetic woman to care for my three year old girl and fourteen month old boy in my Western Garden City home, 8:30 a.m. - 6:30 p.m., Mon-Fri. Non-smoker, fluent English, good references. Must have car to take to activities. 437-3872. gcN1

DENTAL ASS'T CHAIRSIDE Orthodontic practice. P/T - possible F/T position. Good salary, benefits. Friendly atmosphere. 484-1197. Roslyn area. wo4

BABYSITTER WANTED MON. - Fri. 10-3, Garden City office. 248-5255 days. (718) 641-6057 evens. geO4

CHILD CARE WANTED in my Garden City home. F/T, live out. References required, must drive and speak English. 294-5885. gco5

LOOKING FOR RESPONSIBLE Person to watch my 2 children, 4½ and 3 in my Garden City home on Wednesday mornings from 9 a.m. to 12 p.m. and every other Saturday evening. 741-4346. gc04

CHILD CARE IN our Garden City home for 2 boys, 4½ and 7½ years. Tues., Thurs., and Fri., 11:30 a.m. - 6:30 p.m. Additional hours, nights or weekends possible if you are available. Own transportation. English speaking only, non-smoker, local resident preferred. Good references. 248-8213. gcN1

P/T LEGAL SECRETARY Three (3) full days a week. 2 secretary office. Some steno, dictaphone typing. Will train & salary open. 741-0333. wo3

Help Wanted

CHILD CARE NEEDED, Mineola, 2 children. Dependability/punctuality a must. References, own transportation, English speaking. Mon. and Thurs., 4:30-7 p.m., flexibility/permanent. 742-9448. gco4

Situation Wanted

PROFESSIONAL DOG TRAINING. 15 years experience. Is your pet too much for you to handle? Please call 488-5107. wo5

GARDEN CITY MOTHER with older children would like to babysit occasionally in your home during school hours, 9 a.m. - 3 p.m. Please call 248-5896. geo5

CERTIFIED NURSE'S AIDE looking for work as aide or companion in non-smoking home. 10 years experience. Excellent references. Own transportation. Call Maria, 481-3934. geo5

HOUSECLEANING JOB WANTED Live in or live out. Good reference and experience. Please call after 6 p.m. (718) 457-7288. gen2

HOUSE CLEANING LADY with experience, with good reference and own transportation. For more information please call Susan. 485-2136. gcN2

HOUSECLEANING AVAILABLE, LIVE out. Experienced & good references. 481-3930. gen2

HOUSECLEANING, REFERENCES, EXPERIENCED. Own transportation. Monday through Saturday. Call anytime. 485-3868. gcN2

HOUSECLEANING, REFERENCES, EXPERIENCED. Own transportation. Monday through Saturday. Call anytime 292-3074. gen2

HOUSECLEANER AVAILABLE English speaking, honest, experienced, references, own transportation. Call Solange, leave message 747-8523. gcN2

CERTIFIED NURSING AIDE with experience and references, looking for job to take care of elderly or handicapped person. Will work day or night. Please call Jackie (718) 327-4614. gcD2

HOUSECLEANER AVAILABLE, experience, references, own transportation. English speaking. Call 873-9625. geo5

I AM A CHRISTIAN young lady, whose job is to care for the elderly in the privacy of their own home. If you need quality care for your loved ones, please call Angela or Amanda at (718) 337-2501 anytime. gco5

CHILD CARE AVAILABLE. Caring, dependable woman. Your home, PT or FT. References. 775-2729. wo3

Situation Wanted

PROFESSIONAL DOG TRAINING. 15 years experience. Is your pet too much for you to handle? Please call 488-5107. wo5

GARDEN CITY MOTHER with older children would like to babysit occasionally in your home during school hours, 9 a.m. - 3 p.m. Please call 248-5896. geo5

CERTIFIED NURSE'S AIDE looking for work as aide or companion in non-smoking home. 10 years experience. Excellent references. Own transportation. Call Maria, 481-3934. geo5

HOUSECLEANING WITH EXPERIENCE and references. Very trustworthy, own transportation. "I do a good job." Please call after 7 p.m. or leave message. Ask for Cida, 877-0830. geo5

BABYSITTER AVAILABLE WITH good experience and references available in my Mineola home. English speaking. Lunch and snack available. Please call and ask for Flavia 294-5304 before 4 PM, after 9:15 PM. gcO4

LOVING & CARING, experienced nurse's aide seeks position to work with elderly, sick or young children. Available full time 5 days a week, living out or on weekends. References are available. Can be contacted at 538-5072. geo5

HOUSEKEEPING/CHILD CARE Two years experience, honest, excellent references. Own transportation. Please call 718-479-2307. wn3

CERTIFIED MATURE IRISH woman available to take care of your sick, bedridden or elderly. Please call 741-8619. wn2

HONEST LADY SEEKS job as house helper, babysitting, day work or companion. Live in Monday-Friday. Call Dawn (718) 468-2026, references available. geo2

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CASH PAID FOR OLD original American Flags. Box # 174, Corinth, N.Y. 12822. gcd2

Lost and Found Pets

LARGE, MALE, GREY tiger-striped cat. Lost Friday, maybe in vicinity Nassau Blvd. area. Reward. 746-6187. gen1

FOUND, GREY & BLACK Tabby cat. Has flea collar. house cat, 6 months old. Found in parking lot behind Seventh Street on Sept. 22. 739-3154. geo4

Laundry Product Needed

AXION - NEEDED (Presoak laundry product). Will pay \$3.00 a box. Call June 248-9526. w04

Bazaar

ELECTION DAY FAIR - Garden City Community Church, Tues., Nov. 2 (10 a.m.-3 p.m.). Starring: Linens, trash & treasure, electronics, toys, gourmet items, jewelry, hand crafts, Christmas items, china, fabrics and dolls, silent auction, luncheon and snack bar. Come one, come all! geo5

Fair

ELMONT, N.Y. MODEL Train, Toy & Doll Show. Miniatures and craft extravaganza. Baseball memorabilia. Sun. Oct. 31. Free parking. St. Vincent De Paul Auditorium. 2 floors of fun and bargains. 1510 De Paul St., 10 a.m. - 4 p.m. Buy, sell, trade. Breakfast, lunch. Admission \$5. Sr. Citizens \$3. Early admission (9 a.m.) \$6 per person. Children under 12 free with parents. 200 dealers. For information call 352-2127 or 486-6658. geo5

ANNUAL HARVEST FAIR, Sat. Nov. 6, 10am - 3pm. Christ Episcopal Church, 33 Jefferson Street, Garden City. Farm stall, baked goods, craft items, Christmas gifts, toys & games. Raffle of Hand-made Quilts. Attic treasures, personal services, sweepstakes w/prizes, delicious luncheon snacks. Free admission. Rain or shine. gcN1

Fair

THE WALDORF SCHOOL of Garden City's Fall Fair presents on Saturday, October 23, from 10 a.m. - 4 p.m., a Craft Show and Sale including ongoing demonstrations and mini workshops by representatives from many of Long Island's guilded Craft Groups. Children's homestyle crafts and games. Homemade food and desserts. For information call 742-3434 (approx. ½ mile from LIRR, Nassau Blvd. stop). good

Garage/Tag Sale

TAG SALE, KINGS POINT. Retiring South - must sell! Fabulous Oriental custom bar, gorgeous Chippendale style sofa, antique needlepoint bench, antique paintings and prints, Crewel wing chair, interesting old bric-a-brac, banded table & chairs. Woodard wrought iron table/6 chairs, Oriental style rug, old linens, lace curtains, cement garden planters, golf clubs, rowing machine, exercise, tons of books & records, garden tools and much miscellaneous. Please join us at 45 Elmridge Road (Middle Neck Rd North, left on Steamboat Rd, right on Steppingstone Lane, left on Sunset to Elmridge. Park on Sunset, one side only.) Friday & Saturday, October 15 & 16, 10 am to 4 pm. ho3

SATURDAY, OCT. 23, 9-3 p.m. at 162 Meadowbrook Rd., Garden City. Antiques, table saw, wood lathe, assorted bric-a-brac. No Previews. gc04

YARD SALE - FRI/SAT Oct. 22 & 23, 9 a.m. - 2 p.m. 207 Kil-dare Road, Garden City. Moving - wide variety of items. Thirty years accumulation priced to sell. No previews. gc04

SAT., OCT. 23, 9-6. Raindate November 6, at 102 Poplar Street, Garden City. Moving. Something for everyone. geo5

FRI & SAT., OCT 22 & 23, 9-4 at 14 East Drive, Garden City. Multi family sale. Assorted kids clothing, bric-a-brac, home furnishings. Something for everyone. geo4

NOTICE
HAVE YOU A HIDDEN TALENT that has yet to be discovered in print?

We are looking for articles, not exceeding 3,000 words or less than 1,500 words, on local topics, opinions, ideas, nice places to visit on Long Island, and even fiction. In our magazine section, we will try to "Discover" one new feature length article and writer per week. Each writer will be reimbursed a stipend of \$25.00.

If you want to be published and be part of an issue of Discovery, you may submit your article to Littmor Publications, 81 East Barclay Street, Hicksville, N.Y. 11801.

Garage/Tag Sale

GARAGE SALE, SAT. Oct 30, 9 a.m. - 4 pm. 95 Newmarket Road, Garden City (West of Nassau Blvd.). Moving! Pingpong table, hinged Christmas tree, 14 foot extension ladders, 26" bicycles, Magnavox organ, sleds, dehumidifier, household items, toys, etc. gc05

GARAGE SALE/MOVING SALE Saturday, Oct. 23, 10 a.m. - 5 p.m. Piano, ping pong table, freezer. 25 Spruce Street, Garden City. gc04

GARDEN CITY GARAGE sale, Friday, Oct. 22 & Sat. Oct. 23, 10-5 at 46 Washington Ave. Antique to Mistique. gc04

SATURDAY, OCT 23, 10 a.m. - 3 p.m. at 51 East Drive, Garden City (west of Clinton Rd.) Something for everyone. gc04

SATURDAY, OCT 23, 10-4 at 91 Garden Street, Garden City. No Previews. gc04

YARD SALE, FRI & SAT. Nov. 5 and 6, from 9 to 3, at 189 Nassau Blvd., Garden City. Moving. Furniture, antiques, mirrors, solid wood doors, clothes, houseware, bric-a-brac, baby items, crib, high chairs, car & booster seat, trikes and bikes, toys, girl's Rothchild coat (size 5/6, hunter green). Something for everyone. No Previews.

GRANDPARENTS - Send in your grandchildren's photos and enter our "World's Most Beautiful Grandchildren" contest. Just send a photo and a brief description of the child (or children) along with your name and address to: Littmor Publications, Beautiful Grandchildren Contest, 81 East Barclay St., Hicksville, N.Y. 11801. We'll do the rest!

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**HOLY SPIRIT YOU WHO SOLVE**

all problems, who light all roads, so that I can obtain my goals. You who give me the divine gift to forgive and forget all evils against me and that in all instances of my life you are with me. I want in this short prayer to thank you for all things and to confirm once again that I never want to be separated from you ever in spite of all material illusions, I wish to be with you in eternal glory. Thank you for your mercy towards me and mine. Say for 3 consecutive days after which the favor requested will be granted even if it appears difficult. This prayer must be published immediately. Thank you Holy Spirit. M.F.

w04

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The
DINING GUIDE

In the Discovery Section of this Newspaper

Achieving more possible in mature years

By Leonard J. Hansen

Are you on the downside of life at age 60, 65, 70 or older? No way, say many mature adults around the nation who have continued or launched careers, community service or new paths to achievement. Meet Mary Coles, Dr. Robert Brandon, Mike Juricak and some championship bowlers.

THE PAINTER

Become age 90 and most people consider it is time for a person to be in a nursing home. Be struck with polio in early years and many others assume a life of inability. Lose your sight 35 years ago and your destiny is surely one of dependence or reliance on welfare. Any one of the conditions may stop the best of people, but if beset by all three challenges what do you do?

Meet 90-year-old Mary Coles of Edgartown, Mass., who has limited ability in her arms due to polio, has been blind for 36 years, and yet is a successful professional artist. She says: "I walk hard four miles every morning, winter and summer, and swim regularly in the bay near my Cape Cod home and studio."

Since losing her sight, she's been accompanied by a Seeing Eye dog, which enables her pioneering independence. Ned, a yellow Labrador retriever, is her current Seeing Eye dog, the sixth since 1957.

As a result of polio in her youth, "I didn't have two hands to sculpt, so I went into painting, majoring in art at Smith College," said Coles. Starting in the 1920s, she lived and worked on the Left Bank in Paris, but on losing her sight, she returned to Massachusetts. With a Seeing Eye dog as her guide she has also visited Europe and lived in Greenwich Village, N.Y. She also continued to paint.

"I know composition, color and lines of action, so I plan a picture in my head. I work with oil pastels that come in sticks and can find them on my own because I memorize the location of the colors in the box."

Paintings by Mary Coles are presented and sold by the Old Sculpin in Edgartown and other galleries throughout Massachusetts. Mary and Ned go most everywhere. Age, polio and blindness are no barrier to her working, walking, swimming and new accomplishments.

THE PHYSICIAN

For 20 years, Dr. Robert Brandon was a prominent physician in McDonough, Ga., but in 1958 an automobile accident left him a paraplegic, confined to a wheelchair for the rest of his life.

Rather than give in to his physical limitations, he endured the long process of recuperation and physical therapy, developed a specialty in geriatric medicine, and in 1965 returned to practice as resident physician at Westbury Medical Care Home.

His work drew commendation from his peers in medicine and in 1967 a nomination as general prac-

titioner of the year by the Spaulding County Medical Society.

In addition to working with patients, Brandon taught himself to type and operate computers, wrote his autobiography, and continued his active participation in the McDonough Presbyterian Church and the Elk's Lodge. The Turner Broadcasting System in Atlanta honored him as its super citizen of the week.

Now 81, Brandon considered retirement for the first time in his life, a move, he says, to tackle new projects and community service.

THE GAMESMAN

Mike Juricak of Independence, Mo., didn't cross the bridge to relaxation at age 79; he invented an educational game for playing tournament bridge.

"I wanted to learn the game of bridge better, so I contacted experts and writers in the field. I asked how to understand the game and the bidding process, and from my research designed a game with pre-dealt hands where all players are working at their levels of ability," said Juricak.

"Bridge players want to do everything possible to improve their skills, and my game combines instruction with competition, letting you learn while you play."

Juricak retired from Amoco/Standard Oil 20 years ago and operates his own 650-acre farm, growing corn, soybeans, alfalfa and cattle. He's survived both quadruple and triple bypass heart surgeries, and continues an active lifestyle with the help of a pacemaker.

"Crossruff," the game, is packaged with instructions, a glossary of bridge terms, a system sheet for opening bids, 12 pre-dealt hands, expert commentary on the bidding and score sheets. Juricak and his son, Michael, self-market the game from their garage.

"I started this new business to celebrate my 80th birthday and a new challenge for the future. Orders for Crossruff may be sent to: Royal T Enterprises, 1801 N. Cottage, Independence, MO 64050, for \$23.95, which includes handling and shipping. Information telephone number is (816) 234-5560.

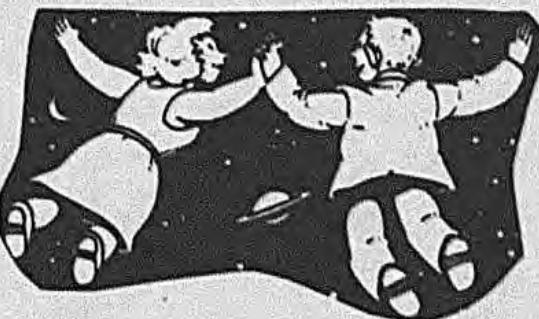
THE BOWLERS

Most of the competitors in the Brunswick Recreation Centers Club 55 Vacation Classic tournaments may be near the qualifying age of 55, but most of the winners in the 15 regional competitions are 67 or older.

At 83, Jim Dillea of Van Nuys, Calif., claimed his regional championship, while Al Sacks, 81, of Margate, Fla.; 77-year-olds John G. Herring of High Point, N.C.; and Irene Sweezy of Coram, N.Y., swept their state honors.

Stamina, mental focus and agility are key to success in bowling, and for the 15 regional winners in the Brunswick center competitions, age is no barrier to the best of scores.

EXCURSIONS



NOVEMBER 13, 1993

NATIONAL MOMS AND DADS DAY

... A day to give career parents a day to catch up and focus on family ...

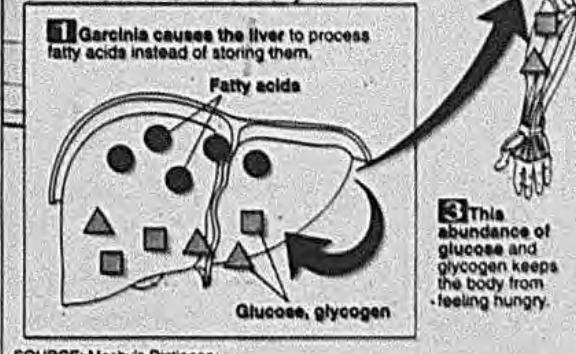
SOURCE: CRUISE'S ANNUAL EVENTS

DISCOVERY



A miracle berry?

Some Southern California entrepreneurs are banking on a berry from India and Thailand. The berry contains garcinia, an acid with unusual dietetic properties.



SOURCE: Mosby's Dictionary

Kids Home Newspaper



Games, rhymes, and riddles for children and their parents, too!

By J.R. Rose -

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Points on Pets

By R.G. Elmore, D.V.M.

Q. Is it advisable to feed dry dog foods? Are there any problems in using these foods? I am confused regarding what I should be feeding our dogs.

A. There are many varieties of dog foods available at the grocery store today. Generally, the foods can be divided into dry, canned, semimoist and special-purpose foods.

Dry dog foods contain a high percentage of cereal grains and cereal-grain byproducts. Dry dog foods are usually relatively inexpensive. This is because cereals are much cheaper than meat products. Dry foods usually store well if kept away from moisture.

Whenever dry dog foods are used, it is extremely important to have water available at all times. Some dogs tend to bloat on dry dog foods. Your veterinarian can help you decide if dry dog foods are the best food for your dogs.

Q. Our 3-year-old cat shakes her head a lot. She also scratches at her ears and tries to rub them on the floor. Our cat is clean and stays in the house most of the time. What is causing her problem?

A. Your cat probably has a condition called *otitis externa*. This is

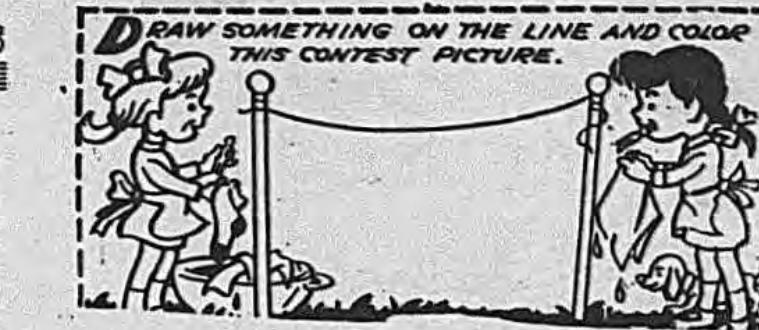
simply an inflammation of the external ear.

There are several common causes for *otitis externa* in cats. Trauma and the presence of excessive amounts of dirt, wax, hair, moisture or foreign objects such as plant seeds or weed awns and ear mites are examples. Hot, humid weather and infections due to bacteria and fungi are often seen in cats with *otitis externa*.

Cats with ear infections often hold their heads cocked. The cat usually shakes, scratches and rubs the ears, often causing abrasions and bleeding. Kittens with *otitis externa* due to ear mites often are so agitated that they appear to be convulsing.

Determining the cause of *otitis externa* can best be made by your veterinarian. The specific cause can usually be ascertained by a careful examination of the ear with an otoscope, a special flashlight designed for looking into the ear.

After examination, your veterinarian can prescribe the most appropriate treatment for your cat. Because ear problems are so irritating, you should have your cat examined and treated as soon as possible.



Aunt Tilly's Corner

Many years ago I was in Colombia, South America about this time of year. As you know, Halloween is around the corner. You are probably thinking of costumes, parties and goodies. In Colombia all the shops close for the day. While there are some trick or treaters in the evening, the focal point of the day is to visit the graves. In the streets, mobs of people can be seen all dressed in black, enroute to the graves of their loved ones. In Colombia it is really All Saints Day.

Your friend,
Aunt Tilly

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Dorothy Strafer
Albertson



Physician services

By William M. Acosta

Q. How does Medicare determine its approved amounts for physician services? — H.T.

A. Medicare's system for paying physicians is based on a national fee schedule. The schedule, which went into effect on Jan. 1, 1992, assigns a dollar value to each physician service based on work, medical practice costs and malpractice insurance costs.

Each of these three factors is adjusted for the geographic variation in costs.

The fees that appear on the schedule are the Medicare-approved amounts for more than 7,000 physician services covered by Medicare. Each time you go to a physician for a covered service, the amount Medicare will recognize for that service will be taken from the national fee schedule.

Medicare generally pays 80 percent of that amount after you have met the annual Part B deductible. You are responsible for the other 20 percent, as well as all permissible charges in excess of the Medicare-approved amount.

Q. I have heard a rumor that Social Security benefits may be taxed at the rate of 85 percent. Is this already in effect? — R.S.

A. The Omnibus Budget Reconciliation Act of 1993 increases the percentage of Social Security ben-

efits that may be taxed from 50 percent to 85 percent for individuals with income over \$34,000, and for couples filing jointly with income over \$44,000.

The new 85 percent level goes into effect on Jan. 1, 1994, and will apply in benefits received in 1994.

Individuals whose income is between \$25,000 and \$34,000, and couples with income between \$32,000 and \$44,000 will continue to pay taxes on up to 50 percent of their benefits.

For purposes of taxing benefits, "income" is the sum of a taxpayer's adjusted gross income (as reported on IRS Form 1040), plus any tax-exempt interest income, plus 50 percent of the taxpayer's Social Security benefits.

Q. My 16-year-old disabled daughter, who has no income, lives with me. Is she eligible for Supplemental Security Income (SSI)? — E.M.

A. She might be. It depends on your total family income, and how many other children are in the house.

Check with Social Security at (800) 772-1213, business days between 7 a.m. and 7 p.m.

YOUR SOCIAL SECURITY

FALL HOME IMPROVEMENT



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YOU CAN INSTALL TRACK LIGHTING	THURS.	7:00 PM

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DRAPE AND MORE

Think of windows as home's eyes

By Sharon Achatz

Talk to someone in the know about home decor and sooner or later the phrase will emerge: window treatments — sounds like there's an illness that needs to be cured.

As anyone who has grappled with the selection of blinds and valances, swags and shades knows, that isn't far from the truth. The wealth of window-dressing options, let alone the prospect of installing them, can make a person ill.

There are ways, however, to make window dressing more of a treat than a treatment.

To begin, take a deep breath and start secure in the knowledge that window dressing is more than an exercise in froufrou decor. According to the U.S. Department of Energy, as much as 30 percent of home's heat is lost through its windows — no small concern during cold-weather months.

With double glazing — two panes of glass installed back-to-back with an air space between them — you probably could leave windows uncovered or use sheer curtains. Otherwise, dollars-and-cents sensibility dictates considering some sort of insulated covering.

The most effective way to test windows is to note the temperature in the room and the temperature close to the window.

If you read a lower temperature near the window, get ready to get covered.

One cold-weather solution is to apply a mix of fabrics at the win-

dow: Combine heavy draperies over light sheer panels for a very sophisticated look that lets sun in during warmer days while still allowing privacy, then close the heavier curtains at night to keep heat in.

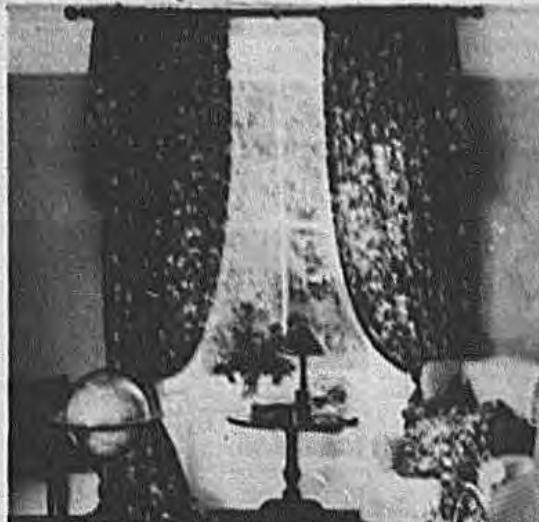
Another suggestion is to apply window film. New products on the market are virtually invisible yet are highly efficient at reducing heat transfer through windows and the absorption of ultraviolet radiation that can fade and damage furnishings.

It's fair game to mix mediums as well. For a time, miniblinds were metal only and synonymous with a contemporary look. Now, however, blinds come in wood, fabric and metal, and there are few rules about blinds.

They work with antiques, with draperies in a traditional setting, with cheerful prints in a child's room or with romantic billowing valances in a bedroom. In short, they're a simple across-the-board window solution that, like shades, can be topped and paired with a variety of more complex decorative treatments.

Whether you opt for the simplicity of a single shade or an elaborate treatment of sheers and draperies, accurate measuring is essential to ensure that the window treatment works.

Measure the width and height of the window in at least three places before ordering, buying or beginning to sew any window treatment. Settling may have occurred in the house and changed the shape of the window, or the original craftsman



DRAPE AND MORE — Floral-printed drapes hung on a simple rod and pulled at the floor create the cozy comfort of an English country home. (Photo by: here: "Rubens" fabric by Laura Ashley.)

ship may not have ended up exactly square.

In addition, measure the inside and outside frames, as well as the length from rod position to the sill and floor.

The type of window and amount of light dictates the type of treatment that should be used.

And the treatment and weight of the fabric determine what kind of rod to use.

Window treatments in less formal rooms, like the kitchen or bath, generally are simple — cafe curtains that hide only half the

window, for example — and can be hung on small metal tension rods.

For more formal looks — in the living room or bedroom, for example — decorative valances, sheers and draperies may require as many as three or four sets of rods, as well as a cornice or valance to cover up all the rigging.

As an alternative, sturdy decorative poles made of metal or wood will support weighty treatments and can be painted, stained and used with decorative finials in the shape of pineapples or lion heads. Decorative brackets can be used to support the pole.



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By Debra Lee Baldwin

Cosy is good. **Cramped** is not. Fortunately, even small rooms can be given the illusion of spaciousness — with a clever approach to interior design.

Have a shoe-box room? Transform it into an efficient niche for use as a nursery, home office, guest room or den.

Not enough storage? Nearly every house has wasted spaces that can be used to stash anything from blankets to cereal boxes.

SPACE EXPANSION

The secret to helping a room look larger is to change the way the eye interprets the space.

To raise a low ceiling, use vertical stripes to direct the gaze both up and down. Horizontal stripes will anchor a ceiling that seems too high.

Pull the eye downward (and make walls seem farther apart) with the use of a chair rail below waist height — a useful trick for narrow rooms and hallways.

When it comes to furnishing small rooms, McCall's magazine cautions against having a dollhouse mentality: "A mistake often made in small spaces is to scale everything down until the room becomes overly fussy."

"Aim instead for a clean, spare feeling. Take away unnecessary furniture and accessories. Consider removing any fixtures or moldings that break up the height of the walls."

Area rugs will make a room look smaller; wall-to-wall carpeting will lend a sense of continuity. Select tables and lamps made of glass — they take up almost no visual space.

Add a sense of depth to walls with paint that has a textured or watery effect. Or use a wall covering with a small, overall pattern. Duplicate the same pattern, or complimentary patterns, elsewhere in the room.

Use the oldest trick in the book: mirrors. Place a mirror opposite a window to add light and airiness; cover a wall with mirrors to give the illusion of twice as much room.

"A very small room can be made to look octagonal and far more interesting by placing slim panels of mirror obliquely across its four corners," advises Mary Gillatt in "Shortcuts to Great Decorating" (Little, Brown).

Gillatt also says a mirror panel placed between a pair of windows will give the illusion of a whole wall of windows, especially if the panel is the same size as the window frames.

A PRIVATE NICHE

It's possible to take a tiny room and transform it into a gracious, special-purpose place. For a guest room or bedroom, on a wide shelf under a window, you could create a platform bed that doubles as a couch by day.

Below the bed, install drawers to stash pajamas, pillows and blankets. Open shelving will play down a room's narrow width and emphasize its height.

You might cover a wall with open shelves, and use them for books, personal mementos and video or audio equipment.

Reduce clutter by installing built-in drawers with sleek lines. Tuck an upholstered stool under a floating shelf and use the shelf as a desk.

If a room will be a nursery, select child-size furniture and a crib that converts to a bed. As stuffed toys accumulate, drape a net across one corner to hold them.

One often overlooked source of usable space are rooms that are utilized rarely, such as formal living and dining rooms. Consider converting one of these into a media room, artist's studio or home office.

Making the most of limited space

You'd love a library? Line the walls of your entryway, family room or spare bedroom with bookshelves. Add an oil painting or a gold-framed mirror, plus an easy chair, a reading lamp, an Oriental rug and/or tapestry pillows.

STORAGE IDEAS

"To the wistful adage that you cannot be too rich or too thin could be added, 'or have enough storage,'" says Gillatt.

"For however sparse your possessions seem to be when you first set up home, they grow at an alarming rate."

Shelves are a simple solution, and it's amazing how many places they can be installed: on the backs of doors and shutters, above doors, below and above kitchen wall cabinets, under stairs, and along walls in attics, basements and garages.

If you complain that you don't have enough room for all your clothing in your bedroom, install a built-in closet storage system.

One quick way to take the bulges out of your closet is to hang coats on a coat stand in the corner of your bedroom.

In any room, built-in closets and cupboards can look as though they are part of a wall. They might be painted or papered, paneled to resemble doors or covered with fabric.

Free-standing storage is always an option, and the possibilities are numerous: armoires, wicker baskets, chests, filing cabinets (perhaps with an unusual finish), stacking wire or plastic baskets and

metal gym lockers.

"What you must remember is that free-standing storage has to be reasonably attractive in its own right, as well as useful, otherwise it will simply look untidy," says Gillatt.

HOMEFACTS

Buying the best firewood

Softwoods burn easiest, hardwoods burn longest, mix them to provide a fire that starts easily and lasts longer. Buy wood that has been seasoned for at least six months to a year for best fires.

- | | |
|------------------|---|
| HARDWOODS | <ul style="list-style-type: none"> ■ High heat, hard to ignite: Apple, ash, beech, birch, dogwood, hard maple, hickory, locust, mesquite, oak, Pacific madrone, pecan ■ Medium heat, easier to ignite: Alder, cherry, elm, gum, soft maple, sycamore, walnut ■ Low heat, easiest to ignite: Aspen, basswood, cottonwood, yellow-poplar |
|------------------|---|

- | | |
|------------------|---|
| SOFTWOODS | <ul style="list-style-type: none"> ■ Medium heat, easy to ignite: Douglas fir, larch, southern yellow pine ■ Low heat, easy to ignite: Eastern and western red cedar, white cedar, cypress, eastern white pine, ponderosa pine, sugar pine, western white pine, redwood, spruce, true fir |
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SOURCES: U.S.D.A. Forest Service and *The Family Handyman* magazine



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THE BOLD
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READING ROOMS Making space to curl up with a good book

By Alison Ashton

Whether to your favorite material runs to professional journals, potboilers by Jackie Collins or first editions by Charles Dickens, you still want a comfortable place to read. And you don't have to live in English manor with a huge library to benefit from a well-organized, cozy reading spot.

If you're ready to make a comfortable reading space a priority, you're not alone, says Lori Granger Leveen, who, with her husband Steve, offers high-end "tools for serious readers" through the Levenger catalog.

"I think a lot of people have a reading room or library as a goal," she notes.

Maybe you think it's time to give up cinder blocks and two-by-fours in favor of sturdy, high-quality bookcases made of solid oak, teak, cherry or teak wood.

For starters, though, you need to set up a comfortable place to read. It can be in the living room, or a spare bedroom or even a quiet corner in the bedroom. It should, says Leveen, have at least three elements:

- A comfortable chair with a footrest.
- A good reading light positioned behind you so that the light shines on the page instead of glaring in your eyes. An adjustable, gooseneck halogen lamp is one of Levenger's most popular items. The clear, white light of halogen increases the contrast of the page, making it easier on the eyes.

Leveen also recommends another light on in the room, such as a ceiling light or torchier, while you read to reduce glare and enhance the ambience.

- A table to organize your reading material. A basic end table might be OK, but it is easily overrun with messy stacks of books and magazines. Instead, look for something with shelving.

The Leveens designed their own "Reader's End Table" for use anywhere from the living room to the bedroom. Its graduated shelves mean that the bottom shelf is deep enough to accommodate newspapers.

For readers with lots of books and limited space, there are stackable, revolving bookcases. Stack two to use as an end table, or use three or four to organize reference materials. There are even shelves designed specifically to hold compact discs and videocassettes.

Another popular space saver is the revolving bookcase ottoman; it boasts a padded foot rest atop a mini bookcase.

In fact, the couple design most of the items in the catalog, many of which are adaptations of antiques. They started Levenger six years ago after their own futile search for quality reading furniture and accessories.

"It started from us having only one spot in the house to read comfortably," Leveen recalls, "and we argued over who got to sit in that spot."

Since then, the catalog has grown to include everything from gorgeous wooden chairs and desks to filing cabinets to elegant glass-fronted "Barrister" bookcases, which Leveen says are especially popular with collectors of rare first editions.

Flipping through its pages is enough to make any serious reader long to crawl into stacks of books in one of Levenger's organiza-

ing tools.

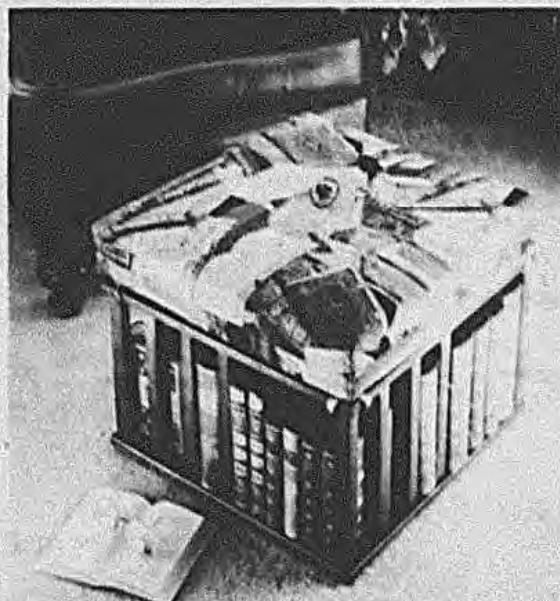
Their oak magazine boxes are a design adapted from sturdy oak recipe boxes inherited from a grandparent.

Or for those who find themselves reading in different locations, there is a wooden toolbox based on those used by carpenters, with compartments for books, pencils and other paraphernalia.

Of course, many readers also like to work comfortably in an easy chair or even in bed.

"I'm surprised how some of our customers set up their beds as an office," says Leveen.

To make it easier to settle in comfortably, there's a plump "Reader's Pillow," complete with heavy tassels to hold pages down. To read and work, there's the adjustable "Reader's Table" that rolls on casters. Two-thirds of the table adjust to a comfortable angle for reading or writing while one-third remains a stable shelf. Or there's a kidney-shape lap desk that's wide enough to rest on the arms of a chair.



READING ROOMS — A footrest that organizes reading materials is one way to save space and keep books in their place.

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WALL WONDERS From paint to paper, what's new

By Sharon Achatz

Four walls surround me. They're closing in. Four white walls, closing in and moving fast.

While the open palette of empty walls screaming for a decorative touch can bring out artistry in some people, for others it inspires sheer fear.

After all, whatever is placed on those palettes becomes a part of everyday life. Something that will be seen daily, something by which other people will — gasp — judge your tastes!

Fortunately, it's relatively easy to find a wall treatment to suit any taste, from the paint and paper that cover the walls to the pictures and collectibles that adorn them.

It's easier to make decisions on what to do when you realize that most wall treatments are easily and inexpensively changed and updated. Granted, some elaborate treatments such as built-in storage units or paneling are relatively permanent and not inexpensively removed or replaced, but they are the exception rather than the rule and are easily avoided if you're not certain you want them in your home.

A SPLASH OF PAINT

Nothing is easier or cheaper than a fresh coat of paint. There are literally thousands of colors from which to choose, and any do-it-yourself shop has all the materials a homeowner needs for a successful rejuvenation.

To update any look, simply pick the season's hottest hue, then apply it to the walls, molding, shelves or ceiling. Choose a single shade to cover all, or consider using accent colors, which may be either a light variation of the base color or a bold contrasting tone. Leave the ceilings and molding a clean, crisp white for contrast, for example, or paint them a lighter shade of the base tone. For bolder accents, use the color on a trim or extend it across an entire wall.

If none of the in-style shades is to your liking, many paint retailers, hardware stores and decorating centers will mix paint to your color specifications.

Aside from color considerations, there are dozens of application techniques that can help create striking effects with interior paint. Faux finishes, such as marble and granite, give super style with minimal spending. Sponge painting and rag rolling techniques mimic the appearance of wallpaper. While some such techniques are easily mastered, others require the work of a professional.

Stenciling is another popular do-it-yourself way for paint to enliven walls, with an ever-increasing variety of stencils available from paint stores, do-it-yourself outlets and craft shops.

A ROLL OF PAPER

Papers are another easy wall dressing — inexpensive, easy to apply and ingenious at camouflaging minor defects such as cracks and bulges. While pre-pasted papers are easy enough for even an occasional do-it-yourselfer to succeed at the task of applying them to the wall, many people seek instead to have professionals ensure

a top-notch finished look.

While once considered difficult to maintain, wallpapers now are constructed of treated vinyl so that they not only are easy to clean, they also are easy to strip away from the wall when a new look is desired.

Like paint, wallpapers are available in a veritable encyclopedia of colors — as well as patterns, prints, textures and complementary borders.

Patterns run the gamut from sophisticated stripes to nursery-rhyme prints. Vegetables, fruits and teapot prints are perfect for kitchen; seashells and paisleys for the bathroom; florals and ribbons and floral for the bedroom; whimsical clown and transportation motifs for children's rooms.

To coordinate the decor of rooms that flow into each other, most wallpaper lines offer families of companion papers, prints and borders that can be mixed and matched for a variety of looks. For example, large florals, stripes, plaid, dots and small florals all in the same color scheme.

Also available are embossed papers that add instant textural impact. White embossed wallpaper frequently has been used to add pattern to ceilings, and now they increasingly are finding their way onto walls. White in its original form, this embossed paper can be finished in many different ways and painted a variety of colors. The application of paints and glazes can transform the paper into appearances that give the illusion of copper or tin, gilded leather or elegant plaster work.

ORGANIZED UNITS

As for wall systems — whether an up-to-the-minute media center or traditional shelving for books or collectibles — all are designed to solve organization challenges.

Some wall units are ready-made for generic use; others are custom designed for a specific area and purpose. Either way, to ensure that it's worth the expense of having wall units installed, the savvy decorator will carefully think through the project before beginning.

Even the most elaborate wall system won't be satisfactory if it doesn't provide the right spaces in the right places for the items you need to organize. That's why deciding where to put a wall system, as well as what to put into it, is so important.

Most people rely on experienced professionals for their design and installation. If you're putting in a custom unit, you may want to get design help from an architect or interior designer. For the construction of the unit, rely on a cabinetmaker, woodworker or furniture maker.

PICTURES AND MIRRORS

Perhaps the greatest area for fun or fear in wall decor, however, resides in adornment. What to put on the walls — mirrors, a single picture or a grouping? Botanical prints or geometrics? Fabric art or metallic sculptures and sconces? A thematic approach throughout the house or a room-by-room hodgepodge of collectibles?

PERSONAL SPACE

By Orlando Ramirez

Sometimes it takes drastic change, like a new baby or opening a small business at home, to rethink the space in our homes.

Only then do we look around and realize the niche that held a plethora of house plants all these years might be just the place to set up a home office. Or that the spare bedroom might be better place for all the exercise equipment instead of the leaky, dank garage.

More and more people are reconsidering what is appropriate spacewise in their homes. Many forgo the traditional living room, which has become the least-used room in the house, to open that space to the kitchen and other living areas.

Many others are going in the opposite direction and looking for private spaces. Psychologists note that we all need some privacy — a place to call our own.

Whether it's just an under-stair niche or home entertainment center, today's smart homeowners can easily tailor their living space to their individual needs.

KID SPACES

The trend these days is to provide play areas for children away from the bedroom.

The reasoning is that the bedroom will then be transformed into an area for rest and study, thus providing less distraction during those periods.

Having a play area also allows a place for the exuberance all kids share. Here, toys can be scattered about and projects left undone

without a need to be kept neat or tidy, if only for the duration of the play session.

Having such a play area saves wear and tear not only on the child's room but in family common spaces such as dining or living rooms where kids often gravitate because they have floor space ready for dollhouses, roving dinosaurs or other playthings.

If you have more than one child sharing a bedroom, it can function as a space for one to play noisily while the other uses the bedroom for quiet pursuits.

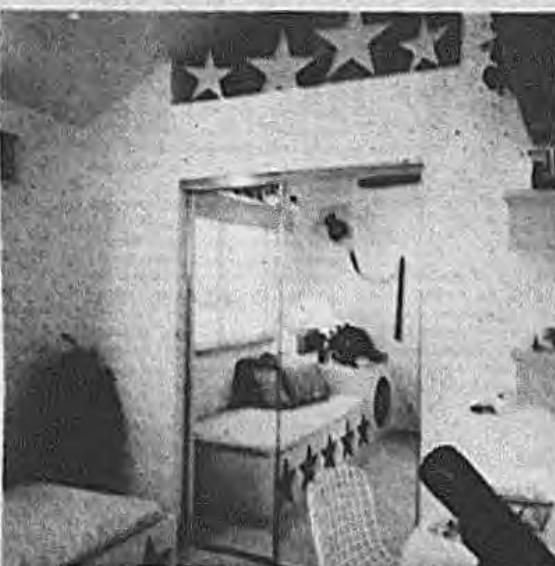
Not every home has a spare bedroom for a play area, but consider attics, basements or garages as possible areas. Other places include alcoves, enclosed porches or walk-in closets.

In designing these rooms remember that scale is everything.

In fact, a large, open space may not be what your child wants. Instead a small nook or niche may be appropriate. Just take a look at what delight children take in playing in large appliance boxes to get an idea of the scale kids prefer.

If you choose one of these small spaces, be sure to remove the door if it's a closet and, given the size, you may want to carpet the floors and maybe the walls with carpet remnants.

No matter what room you choose, make sure there is appropriate ventilation and heat, as well as water-proofed and insulated if the space is a garage or basement. Also, you'll probably want to invest in shatter-proof glass in case a



STARRY NIGHTS Designer Lolita Dirks gives star status to a young guy's room with a custom-made bunk, stellar cutouts and star-spangled wall covering.

thrown toy misses its mark!

Whatever room you choose, be sure to pick flooring and paints that are easy to clean.

When picking furniture, be sure to keep it kid size. Experts say not to be too fussy with children's furnishings. The more inexpensive the better. Kids grow fast and you'll want the furniture to grow with them.

HOME OFFICES

If you moved your place of busi-

ness to the spare bedroom or just upgraded the place you pay bills from the kitchen table and calculator, home offices are booming.

The most likely space is a spare bedroom, but more and more people are setting up home offices in other locations.

Some homemakers have moved their offices into the kitchen. An underused pantry can be just the place for a drop-leaf desk that holds a small "powerbook" computer.

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KITCHEN QUOTIENT

By Terah d'Elgin

The bent towards "livable kitchens" continues. We're talking about not just efficiency but actual habitation.

Of all the rooms in the house, the kitchen alone has its own force field, drawing congregations like a magnet. Design efforts should give this nutrient factory and its flock their due.

DESIGN

If you've had nightmares of cooking, feeding and cleaning (and who hasn't), you probably have a good idea what your "dream kitchen" might be like, both in appearance and features.

Make a detailed "wish list." Think about the way you, your family and friends use, or would like to use, your kitchen. To consider are counter space, storage, counter height, favorite cooking methods (wok? grilling? much-used ingredients?), and the actual constraints of your home's architecture and exposures.

Investigate products you see in kitchen magazines. Write to the companies for literature and pick up brochures from appliance stores.

The hearth of the home is queen of the house

Expensive appliances, developments in state-of-the-art cabinetry and complicated permitting requirements increase the importance of good design. Even seasoned do-it-yourselfers will benefit from consulting with kitchen specialists. The cost of a consultant may run up to \$2,000.

But a detailed plan can save you that much in cabinetry. If this is still too expensive, you can still profit from visiting showrooms. Some home centers like Home Depot have in-store kitchen design services.

During the design process, homeowners may want to experiment with different layouts on computer. DesignWare, Inc., a Wauwatosa, Wis.-based software company, offers new deluxe kitchen and bath symbol libraries, compatible with IBM PCs.

With a single software package, "My House" offers the ability to tackle remodeling with 130 multi-colored accessory symbols and a 3-D fixture in two packages.

STYLE

Although most kitchens share major characteristics, it is possible and advisable to make a personal imprint on your kitchen.

It's easier than ever to match your kitchen to the rest of your decor. You can go high-tech, down-home or anything in between.

Chris Cason Madden's beautiful book, "Kitchen" (Clarkson Potter) bulges with design solutions for every taste.

You'll find stunning photographs of everything from outdoor kitchens to professional-style culinary workrooms.

The last part of the book leads you through the design phase with tips for remodeling, working with a contractor and a planner and resources for cabinetry, appliances, fixtures, lighting and getry.

As is always the case, the magic is in the details. Art and collectibles, distinctive knobs, a bookcase, plants, or whimsical tile work make an enormous difference.

Appliance, cabinetry and fixture manufacturers are making unique expression easier by offering wider color ranges and configurations.

SAFETY AND ENERGY

A lot of a kitchen's safety is guaranteed by building to code.

Sound wiring and adequate ventilation are standard considerations.

But some aspects are left to the homeowner's discretion. Avoid sharp corners, slippery surfaces, inadequate lighting and hard-to-access storage.

Install tamper-proof storage and out-of-reach electrical outlets for children. New faucets coming on the market have reduced lead access storage.

First Alert Kitchen Fire Extinguisher, housed in a stylish white canister, is especially formulated to fight grease and electrical fires common to kitchens.

In most households, the kitchen is the most energy-consuming room in the house. Environmentalism should be built into its construction. Plan a composting bin or drawer next to the sink.

Using garbage disposals wastes energy and adds solids to the water stream. Don't use them. Buy an energy and water-efficient dishwasher.

If you're planning major remodeling or building a new home, work solar collectors into your scheme. Talk to your contractor about minimizing the use of toxic materials in construction.

Churning dishwasher, gnashing garbage disposal, crushing garbage compactor, whirling ventilator and humming refrigerator. A kitchen's cacophony is a heavy contributor to household noise.

Solid-core doors with rubber or plastic gaskets and noise-absorbing acoustical surfacing for walls, floor and ceiling can diminish the audible impact of kitchen activity.

Picking quiet appliances and installing them properly cuts vibrations too. If you're designing a new house, you can locate the kitchen far from bedrooms and other noise-sensitive areas.

NEW APPLIANCES

The versatile Decor Cooktop, according to Ray Kranz of Design West Studio in La Jolla, Calif., has opened horizons for custom residential kitchens. Available either with all sealed gas burners on flat grates like on a commercial range or with two gas burners and two electric, the standard electric burners transform into halogen or wok cookers. The 13,000 btu comes in stainless, almond, black or white.

Both Miele and Decor offer a stainless steel single oven, true convection, 24-inch-wide with an extremely large oven cavity. The Bocuse Cooker, a stove for gourmet cooks, is manufactured by Rosieres, a French manufacturer. The commercial size burner and four other gas burners top two ovens — one convection and one conventional. The Cooker is distributed through Bradshaw and Baron (818) 507-0182.

Sub-zero refrigerators are still in a class by themselves with a dual compressor, extra high humidity, more energy efficiency and a 12 year warranty. Since they are 24 inches deep they can be built in and 13 models are available.

Those seeking high style may be sated, for much less, by Amana. The company offers decorator panels in popular colors, stainless and black. They are 28 inches deep, so they stick out a bit, but they can fit into an existing space.

Design West is doing a lot of stainless kitchens. Customers are more frequently opting for granite over Corian. Granite is very much more competitive than it used to be. Corian has come out with some exciting new colors, some are even marbled.

Bathroom
chic

Thinking of energy in terms of expenditure sometimes sweetens the bitter pill of conservation.

Replacing ordinary shower heads with low-flow shower heads and insulating and lowering the setting on your water heater can produce substantial savings, up to \$200 per household member.

Faucet design is more and more sculptural with Water Facets and Kohler leading the way. Flume spouts give the look of a miniature waterfall which is especially suited to contemporary decor.

Some of the most significant developments in bath equipment and design cater to the physically challenged. Adjustable shower heads, built-in temperature security systems, levers replacing knobs on faucets, and bathtub wrist blades are among the improvements.

American Standard is now the exclusive U.S. distributor of acclaimed products for the physically challenged.

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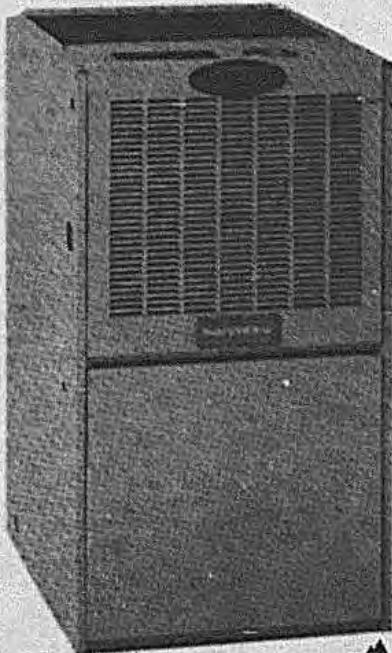


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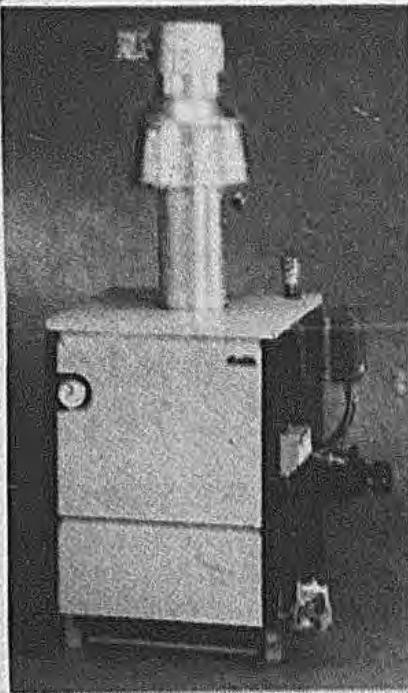
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DESIGN TRENDS What's at home this season

By Sharon Achatz

It has been said for years that home is where the heart is. Ironically, however, only recently are people beginning to follow their hearts in deciding how to dress their homes.

Rather than following a rigid set of decor rules for a full-blown look that's "modern" or "English country," for example, people are more willing to create their own private worlds, to please themselves by choosing furniture styles, colors, textures, and objects that have personal meaning.

The result is home decor that is less overwhelmingly accurate to theme and more focused on accents — an idea that works especially well when occupants begin with classic design elements that can transcend a variety of decors.

Interior designers recommend purchasing basic elements in classic lines and colors — hardwood bed sets, camelback sofas, ladder-back chairs, neutral floor coverings — then building up a theme of choice with accents such as knick-knacks, linens and paint that can be changed easily and relatively inexpensively.

Some fresh ideas for current trends:

ENVIRONMENTAL

Environmental decorating focuses not only on bringing the outdoors in, but also on using natural fabrics and recycling home decor objects.

As for bringing the outside in, purchase plenty of houseplants and then set yourself up in plant- and animal-print fabrics that are available on everything from wall coverings and throw pillows to hand-painted storage trunks.

If you're afraid too many exotic prints will be overkill, build in some subtle design flexibility. For example, create a bedroom comforter or stand-alone screen stitched up from two different fabrics — an exotic animal print on one side, and a subdued ivy on the other. Just flip over for a new look.

Denim, leather, bamboo and rattan also are elements perfect for a back-to-nature look whether used as furniture, mirror surrounds, end tables or throw pillows.

As for recycled home decor, frequent flea markets, garage sales and antique shops. Simply refinish or paint surface-damaged pieces that are still structurally sound.

Other ideas:

- Small chests become storage-rich end tables; spiff up with new drawer pulls from the hardware store.

- Mismatched chairs make an informal dining set; sew or buy inexpensive matching seat cushions to unify the set.

- Salvage a damaged quilt by selecting intact portions to frame as art.

- Re-cover old or ugly upholstery.

ROMANCE REBORN

Even though romantic country decor is based upon a coordinated look of carefully matched patterns on everything from linens, wall coverings, pillows, furniture prints, throw rugs and lamp shades

to crime, just a few touches of pattern can add romance to an existing decor.

One basic rule applies: When combining a variety of styles and patterns, stick to one major color and keep other shades to accents.

Other ideas:

- Use slipcovers. Not only are they an inexpensive way to update a look, but they also allow for seasonal changes. In summer, a sofa can be dressed in crisp blue-and-white chintz or cotton duck; for winter, make the slipcover switch to deep blues and reds in textured fabrics.

- Underline curtains for contrast. Windowpane check on the reverse of a floral is a fresh look that also provides additional cold-weather warmth; turn the drape back during the day so that the underside shows.

- Use cushions. Patchworks, florals, lace and stripes all are part of the country romance look and fit well tossed onto beds, sofas, chairs and even the floor for a casual country flair.

- Think of using fabric as art. Drape an interesting print over a brass or wood headboard, along a wooden curtain rod or hang on the wall.

WILD WEST

Western-inspired furnishings provide a new way to add rugged beauty to traditional decor.

Just think of natural materials that have the earthy appeal of the cattle-drive outdoors, and you'll know that rope, denim, leather, wrought iron and birchbark wood all have their places in a Western-theme room.

It's simple to top a classic camelback sofa with pillows of leather, suede, cowboy-motif or black-and-white pony-print fabrics. Or, put a Navajo-design pillow on any solid-color or striped chair.

Other Western items easy to add to any decor include wrought-iron candlesticks and lamps, light fixtures made of antlers or rugs in patterns based on Native American designs.

Assemble collections of sheriffs badges, sombreros, moccasins, spurs, horse shoes, brightly painted stoneware or wooden crucifixes.

If you can find furnishings in tweed, denim or leather, all the better — or recover an old upholstered chair and footstool in a Native American motif.

Top a wrought-iron bed with a quilted-denim comforter.

NEW MODERNISM

The sleek, empty spaces that defined the modern design aesthetic no longer satisfy the '90s need for nurturing.

The high-tech ways of yesterday have been reclassified as dehumanizing, and new modernism has rediscovered the senses and softened high-tech's hard edge.

At its best, modernism now samples the industrial menu — using hard-edged materials such as steel, granite, marble and chrome — and then softens it with a sense of humor and sensuality.

NEW FURNITURE Mix and match for personalized interior

By Sharon Achatz

For decades, home furnishing decor lived by rigid rules. No plaids with stripes. No dark woods with light woods. Stick with one style.

For the most part, however, those rules are gone. Instead, eclecticism reigns supreme — a mix-and-match philosophy whereby people gradually add to their home furnishings they love rather than just what's in style.

Even furniture companies, which for generations sold matched suites as a way to furnish rooms in a style-coordinated flash, now focus on à la carte shopping.

Today, it's less common to buy a roomful of furniture all at once. Instead, the trend is to develop a room over a period of time, investing in individual quality pieces.

The result are rooms that exude personal style, and often include higher quality furnishings. Due to budget constraints, people who try to buy an entire room or house of furniture at once for a coordinated style often must settle for articles of lesser quality. However, that same budget, if used over time to acquire eclectic furnishings, can result in the purchase of high-quality furnishings of timeless design that will last for years.

One surefire quality furnishing noted for stylish longevity is practically anything in leather. Whether distinctively shaped, saturated with color or *au naturel*, leather is a durable chameleon that transcends styles from modern to traditional — from mod red-and-curvy love seat to a basic brown barrel chair.

Other smart money basics include: time-honored styles such as Chippendale, Queen Anne and Shaker; furniture pieces such as camelback sofas, ladder-back chairs, wing chairs, hardwood cameo chairs and chaise lounges; rattan furnishings that can be topped with a variety of different fabrics for innumerable new looks.

Some guides to selecting quality: Make sure the piece feels sturdy, that it doesn't wobble or creak. Check all drawer glides and stops. Test chairs, benches, sofas by sitting on them — a piece that looks great doesn't always feel great. That fit the times — whether an

overstuffed denim sofa, modern aluminum-and-beechwood chair or furniture as art.

Whether you're redecorating an entire room or looking for the perfect accent piece for your decor, take time to plan before shopping for furniture.

If you're uncertain about what style or designs are right for your home, peruse magazines and mail-order catalogs. Tour furniture stores and galleries, specialty-design shops and antique stores. Talk with salespeople and browse the displays. You'll get ideas on style, how a room scheme goes together and what designs you find appealing.

Then, inventory the furniture you have. Which pieces do you plan to keep and which ultimately will be replaced? What kinds of activities will take place in the room, and what furniture will be required?

Is there a possibility you'll be moving in the near future? Before you invest in an oversize piece or complex furniture grouping, consider whether it can adapt easily to a new room arrangement.

When starting to shop for new furniture, take along a floor plan showing windows, doorways and any special architectural features — as well as the measurements other furniture, doors and hallways so you can be certain the furniture will fit in the home. Also take along paint chips, swatches of fabrics and carpet samples with which your new purchases must coordinate.

The best quality furnishings not only fit in with a variety of design styles as a person's tastes change, but also have versatility to adapt to a person's changing needs.

For example, decorate a study or small home office around a daybed that can be used as a sofa when guests aren't in town.

A wall unit can act as an entertainment center, bookshelf or display case for collectibles. Nesting tables stack to make a lovely end table but can be pulled out for use as serving or snack tables while entertaining.

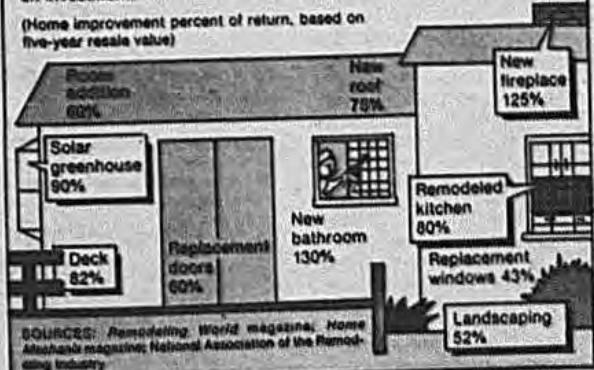
Quilt racks can display a prized antique possession or just hold extra blankets or bathroom towels. Cedar chests provide storage while doubling as a seating bench or a coffee table.

HOMEFACTS

Home improvements that pay off

Here are the major home improvements that provide the best return on investment.

(Home improvement percent of return, based on five-year resale value)



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MINEOLA

SNUG INTERIORS

By Sharon Williams

Outside, there's a chill in the air. Inside, the temperature is also a little on the brisk side.

The air-conditioned days and balmy summer nights now are things of the past — as are the fragrant, colorful blossoms of spring and summer. Falling leaves are floating in the pool, and the slipcovers, sheer curtains and bare floors that looked so cool last season suddenly seem skimpy in light of decreasing temperatures.

Well, you can warm things up — and warm them up fast without even turning up the thermostat.

Making seasonal changes around the house may be an old-fashioned idea — but it's still a smart one.

With a few home-decorating twists and turns, you'll not only turn up the heat without hiking up the utility bill, but you'll keep your environment as interesting inside as it is out.

Ready for a rundown? Following are a few easy ways to envelop your home in a blanket of warmth:

- Pile it on: Promote a warming trend all around, the house by tossing a crocheted afghan on the chair, draping an Indian blanket over the couch and hanging a quilt on an antique rack. Both fun and functional — these warm-and-fuzzy additions invite everyone to sit down and snuggle up.

Get in the spirit of the season by stitching something yourself, or purchase the wrap-up of your dreams by searching antique stores for yesterday's quilts and cowboy blankets, and bedding sections and home-decorating shops for the latest, greatest looks in throws, comforters and pillows.

- Defrost the floor: You'll hardly need slippers if you dress up your vinyl, hardwood or even carpeted floors with area and throw rugs.

Options range from quintessential and classic Oriental styles to down-home, braided rag rugs.

- Make a clean sweep: Everyone gets in the spirit of spring cleaning. But, it's an equally good idea to brush away the cobwebs before cool weather sets in.

Some ideas? Hire a housekeeper that does do windows to help you get your panes sparkling for the cold months ahead, or have the carpets cleansed of all that summer dirt and sand.

Outdoor duties range from raking piles of autumn leaves and protecting plants from early frost to planting bulbs for next spring.

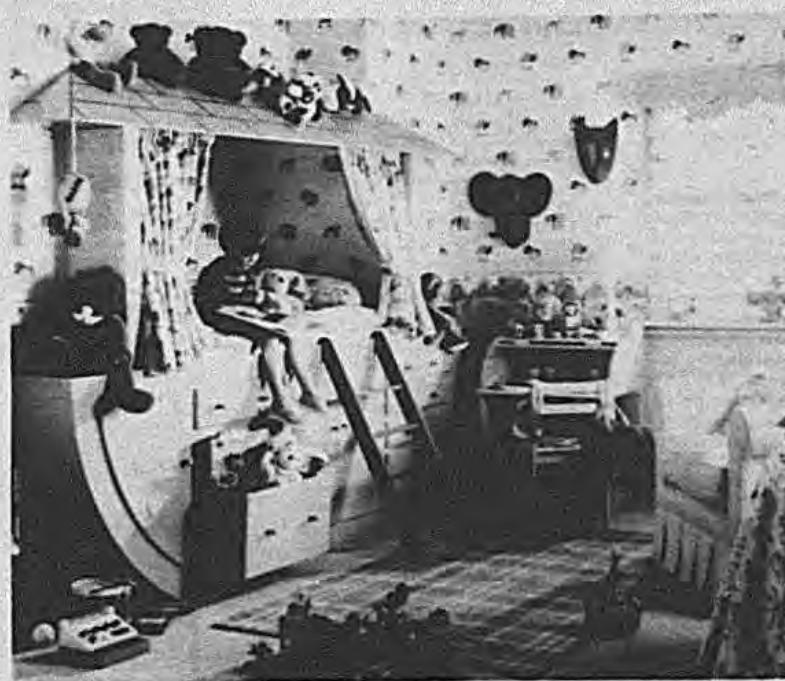
- Install, update and replace: Winterize and weatherproof now, and you'll feel warmer both physically and psychologically once cool weather sets in.

Your deck, cedar roof shingles, wood siding and fences, for instance, will fare the elements better if they're protected with a waterproofer product before the first snowfall.

Replace or clean the gutters, and you won't have to worry about clogs and drips when the precipitation totals begin to climb.

And, with the newest storm windows and doors, your home not only will gain added protection and security, but a great new look to boot.

Making your home cozy for cool weather



PERSONAL SPACE — A creatively designed child's room is much more than a place to sleep.

- Bring home the harvest: You can scatter fall all around the house by artfully arranging the fruits and foliage of the season.

Add a splash of red, for instance, with a chili *ristras* or bowl of polished apples, or conjure up visions of the harvest with baskets of nuts, Indian corn, gourds, squashes and miniature pumpkins used as table arrangements or centerpieces.

Wreaths and wall hangings made of dried weeds, leaves, fall flowers, pine cones and seed pods are additional ways to warm hearth and home instantly.

- Go to great panes: Those bare, breezy window treatments were wonderful for warm weather. But, howling winds and blowing snow and rain call for a bit more decorative protection.

To the rescue come a variety of window dressings that you can custom order, purchase off the shelf or make yourself.

Options range from wooden mini-blinds, shutters and fabric shades that can boost the warming power of simple curtains to imaginative valances that add a warming touch to an unadorned window.

- Get cooking with color: The deep golds, rich browns, burnt oranges and mellow yellows of fall are easy to bring into your home. Just get out your paint brush.

Some ideas? Create a faux antique look by giving a bench or chair culled from a garage sale a weathered, painted-on finish, stain an unfinished cupboard in a deep, rich hue or festoon an entire room in fall by painting the walls or simply applying a stenciled or wallpaper border of country motifs such as leaves, houses or geese.

- Warm with accessories: Hand-made objets d'art, American folk art and antiques can instantly make an environment more welcoming.

Accessories that pull their weight in warmth include birdhouses, decoys, needlepoint and

embroidered pillows, wall quilts, twig frames, wooden checkers, stacking boxes and dolls.

Larger-scale additions might include a well-worn rocker, a bedside table sporting a faux tortoise-shell finish, metal milk canisters and a chair crafted from willow boughs.

- Decorate for comfort: The winter wind might blow, but you and your guests will be collected and cozy in a room decorated for comfort.

Start by rearranging the furniture. Pull a comfortable chair and ottoman up to the fireplace or create a conversational grouping by moving furnishings closer together in a more intimate arrangement.

Take an equally easy attitude to the things around you. Don't be

afraid, for example, to leave stacks of books out or a cup and saucer here and there for casual appeal.

Groupings of framed photographs, coat racks filled with scarves, shawls and hats, well-stocked bookcases and even boots artfully positioned by the front door ensure that while it may be cold outside, a welcoming ambience awaits within.

- Lighten up: The effective use of light is a sure-fire way to bring a warm glow into your home.

To create a splash of golden lamplight, consider replacing regular light switches with a dimmer that allows you to control the degree of lighting in a room or do away with harsh, overhead light completely by adding tabletop, freestanding and spot lighting.

Allergy-proof home

By Sharon Achatz

Is your nose stuffy, your eyes burning and your head aching? If so, your house may be to blame.

Actually, allergies are likely to be the true culprit, but the way a home is decorated can make an allergic person's symptoms worse.

While traditional wisdom often has focused on carpeting and draperies as the offenders, such decor actually is preferred over hard surfaces such as wood or vinyl flooring or blinds, according to Dr. Isadore Pitesky, an allergist with more than 40 years of experience.

His reasoning? Carpeting and draperies collect dust and hold it there until it is sucked up and away by a vacuum, but dust simply lands and then is easily blown off hard surfaces and into the bodies of allergy-prone folks.

In addition, allergic people can

be more sensitive to temperature changes, according to Pitesky. Therefore, the warmth provided by cloth draperies and carpeting could help keep a person's temperature more constant. An allergic person would be likely, for example, to sneeze upon emerging from bed in the morning if his feet hit a cold hard floor rather than carpeting.

Other hints include:

- Avoid feather pillows and feather decor.
- Stay away from lots of shelving, which is another hard-surface dust collector.

- Avoid stacks of books or collections of plush animals.

- Don't waste money on air purifiers. According to Pitesky, there's no inexpensive device suitable for cleaning the air. Even those which cost thousands of dollars can't keep up with the dust that comes in a house.

Refinishing furniture

By Sharon Achatz

Refinishing furniture is recycling furniture, a boon in these ecologically-minded times.

Some reasons to recycle by refinishing: The world's supply of hardwoods is being depleted, creating a shortage of quality hardwoods for furniture manufacturing. It takes 60 to 120 years for a tree to reach harvesting maturity, and recycling by refinishing could save 10 million trees if every adult in the United States refinished one chair instead of buying new.

While recycling by refinishing is an idea most people can embrace, folks may be wary of worn-out wood pieces, uncertain of the techniques to be used.

For do-it-yourselfers, hardware and lumber stores carry a variety of easy-to-use wood refinishing

products and cleaners that chemically remove old paint, finishes and stains. They also offer glues and putty to repair cracks and chips and a wide variety of new stains and finishes to apply once the piece has been cleaned and repaired.

For less crafty people, handymen and refinishing firms can be hired to do the work instead.

Whether furniture finds are from antique shops, flea markets, garage sales or the family attic, refinishing expert Homer Formby, developer of refinishing products, offers the following criteria for determining what pieces can be reborn and which are destined for the dump.

Formby says to seek out those that are structurally sound, with drawers and doors that work well. It also helps if the pieces are solid wood rather than wood veneer — solid wood can be indefinitely stripped and refinished — although veneers in good condition also can be refinished.

Formby says not to worry about:

- Age. If a piece meets the preceding criteria, it's worth considering for refinishing, no matter how old — or new — it is.

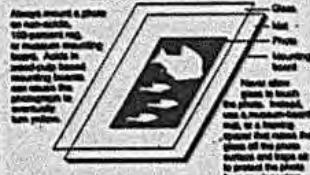
- Dirty, waxy buildup, dull finish, fine scratches, white rings. All these can be eliminated with quality wood maintenance products.

- Dark "alligatorized" finish, plastic-looking polyurethane finish, damaged or unattractive paint. Quality refinishing products can remove any type of old finish without harming the wood.

HOMEFACTS

How to properly frame a photograph

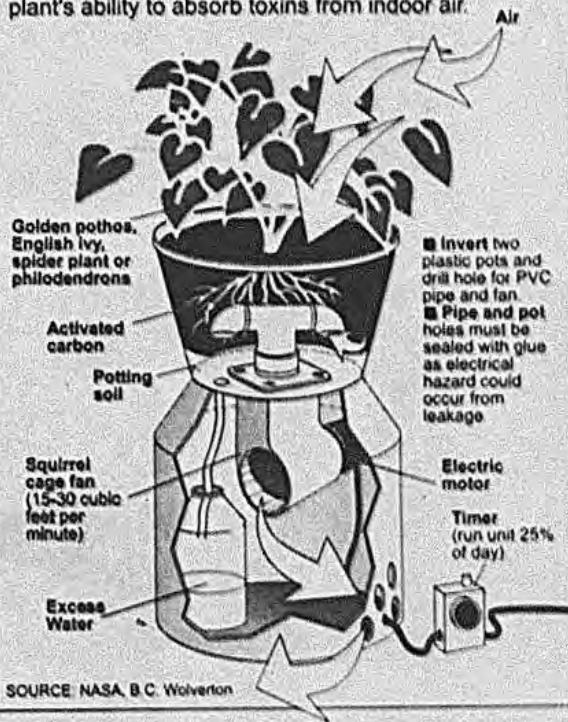
Don't risk damaging a valuable photograph when framing it.



HOMEFACTS

Pollution eater?

Dr. B.C. Wolverton, formerly with NASA and an avid believer in plants' ability to clean the air, devised this simple 'pollution pot' to improve a plant's ability to absorb toxins from indoor air.



SOURCE: NASA, B.C. Wolverton

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UNDER FOOT



UNDER FOOT — Polished hardwood floors will always be popular because they are at home with any decor. Here: Marvin windows.

Fabulous floors are handsome, resilient

By Sharon Achartz

Faced with the prospect of a winter spent indoors, no time is better to replace worn-out and outdated floor coverings.

Whether carpeting, vinyl, wood or tile, there's something for every taste and budget — and for whether you intend to do it yourself or hire a professional.

Do-it-yourselfers intent upon installing their own flooring should learn from classes, books or other handymen all the installation requirements involving subflooring, padding, cutting, grouting, etc.

They also would be wise to check into product warranties offered and make certain they apply to do-it-yourself as well as professional installations.

signs — from contemporary patterns and neutral designs to replicas of natural materials such as marble, wood and bricks — ensures that there's something to suit every taste.

While products that contain as little as 40 percent vinyl can be labeled as "solid vinyl" flooring, top-quality products are made primarily of vinyl. Generally, the greater the proportion of vinyl, the tougher and more cushioned the flooring.

In addition, thicker flooring usually is more comfortable and tear- and puncture-resistant than thinner flooring, but it's also more difficult to install. For this reason, thinner vinyls usually are marketed to do-it-yourselfers, whereas manufacturers recommend professional installation for heavier inlaid flooring.

CARPETING

Wall-to-wall carpeting of a single shade and grade throughout the entire house is one popular flooring option, primarily because it's an easy way to color coordinate the house and it simplifies shopping and installation.

Recent innovations of stain- and mat-resistant fibers have made it possible for a wide range of fibers, colors and textures to meet the generic needs of wall-to-wall carpeting, but even those choices may not fill the bill for everyone.

Someone may have to sacrifice an extra-luxurious feel in the living room, for example, in order to have stain-resistance in the family room.

A better option may be to select specific treatments, textures and densities to match the needs of each room of the house — from kitchen to bath to family room. Nylon's durable yarns resist matting, while olefin keeps spills from absorbing into the nap.

Regardless of the grade of carpeting, most people select neutral shades for longevity — trendy colors rapidly go out of style. Some people, however, use bolder hues, especially as a contrasting border around the edges of an area.

One of the primary reasons for selecting carpeting is warmth, so even if someone opts for hard flooring such as wood or vinyl, his nurturing instinct is likely to call for an area rug.

While most other floorings are neutral and subdued, area rugs often function as dramatic works of art that pull together the design elements of a room. Many designers, in fact, design rooms around an area rug, pulling from it the interior's palette for walls and fabrics.

Whether woven, tufted, needle-pointed or machine loomed, the most durable works of art are produced with high-quality wools and natural dyes.

VINYL FLOORING

While carpeting has found its way into kitchens and baths, vinyl flooring — also called resilient flooring — still is the most popular flooring choice in those rooms.

Innovative finishes and designs have made this flooring a popular option for other rooms in the house, as well. New finishes make the floors more durable and easier to install, and a wide range of de-

resilient flooring is available in various sheet widths or as tiles. A benefit of the 12-foot width is that it provides seamless installation in rooms where only one dimension is greater than the width of the sheets. An advantage of tiles is that an individual tile can be replaced in the event the floor is damaged.

Another advantage of tiles over sheet flooring is the ability to create a one-of-a-kind design.

HARDWOOD FLOORS

For homeowners ready for a dramatic change, hardwood offers a stylish diversion. While most people use wood in foyers, kitchen and family rooms, properly finished hardwood floors are practical for nearly every room in a home.

In addition to being durable and easy to care for, hardwood's natural look and hues allow it to blend easily with any room decor, in any style of home.

The most popular finish options are oak and maple, but other species such as ash, beech, birch and cherry also are used.

Hardwood floors can be bought in strips or planks, depending on the look preferred. While staggered planks are the most common placement, creative options include having the strips or planks installed diagonally or adding a parquet border. Another possibility is to mix hues of wood to create distinctive patterns.

To embellish the look of an existing wood-strip floor, consider not only refinishing in a lighter or darker shade, but also having a professional flooring contractor cut in a contrasting border strip to run around the perimeter of the room.

Another option is to have a floor refinisher or local artist use different wood stains to paint on inlays, pinstripes or borders.

One of the hottest new options is the use of recycled wood floors. Some specialty companies are salvaging floor wood from old buildings and refinishing them for new installations. In other cases, they are salvaging antique structural lumber — rafters and beams — that is then sliced into inch-thick sections and used to make wood floor tiles.

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