

In Two Sections - Thirty Six Pages

The Only Newspaper Printed and Published in Hicksville

Mid-Island Times & Levittown Times

35¢

Vol. 51 No. 33

USPS 346-768

Friday, August 13, 1993

Salute To Veterans



Nassau County Executive Thomas S. Gulotta (center) attended the Sixth Annual Salute to Veterans, held at the Lakeside Theatre in Eisenhower Park. Joining the County Executive were Assemblyman Frederick Farola, Richard A. Johnson of Hicksville - President of the First Marine Division Association.

Bethpage Festival



Matt Ruffano of Bethpage, 2nd from right, Public Affairs Officer of the Vietnam Veterans of America, Nassau County Chapter #82, recently announced that the veterans group will have a booth at the Bethpage Chamber of Commerce Summer Festival this weekend. "We have attended this festival before and it's just great," said Matt. "The people of Bethpage have been very supportive and we are honored to have been invited back." The veterans will be handing our literature and answering questions related to veterans affairs. Joining Matt are, left to right, Joe Curatola of Hicksville, Ted Farnarino of Williston Park, and Ron Reardon of Bethpage.

Young Adult Summer Reading

Find Out About Your True Self...Anne Pascale Analyzes Your Handwriting at the Bethpage Public Library!

If you are a young adult (grades 6 and up), and have completed the requirements for the Young Adult Summer Reading Club, the Bethpage Public Library has a special evening for you! Join them on Thursday, August 26, 7:30 p.m. for a get-together, featuring pizza, soda, Italian ice, and guest Anne Pascale.

Ma. Pascale is a handwriting analysis expert, who will unlock

the hidden secrets of your personality and tell you what your handwriting reveals about you.

In order to receive your admission ticket, you must read five books and submit the mini-report forms to the Reference Librarian by August 15. Those completing the requirements will also receive a special prize - but, remember, the more you read, the more you win! For further information, please ask at the Reference Desk.

Don't miss this opportunity for an evening designed especially for you and your friends!

Twin County Denied Special Permit

A request by Twin County Recycling in Hicksville to renew a special use permit to allow the manufacture and refining of asphalt has been denied by the Oyster Bay Town Board, according to Town Councilman Thomas L. Clark.

"The applicant was seeking to renew a special use permit to manufacture and refine asphalt and to store petroleum in quantities greater than tank car lots on property located in an 'H' industrial district on the south side of West John Street, west of Lombardy Street and along the north line of the Long Island Railroad in Hicksville," Councilman Clark stated.

"At a public hearing held on March 9, it was obvious that the community was very much opposed to the operation of Twin County. Nearly 300 residents came out to hear the application, and many of them spoke very eloquently about the impact Twin County has had on their lives. The Town Board listened intently to both sides of the issue, and we made our decision accordingly."

"Twin County is a nuisance being so close to homes," the Councilman continued. "The piles of dirt are never at rest because of the speed of the LIRR trains passing by just 10 feet away. The Hicksville line is the busiest, and many trains pass by this mountain of dirt daily, leaving them with a less than favorable impression of Hicksville. A slight wind in any direction is in line with homes 50 yards away, so any smell or dust is carried to someone's doorstep."

"The real farce in this whole situation is trying to play hero by voting no and implying that Hicksville residents will win in court," Councilman Clark asserted. "Twin County will be fighting for its life, and the final solution may be decided only after a protracted court battle. Also, simply voting 'no' while not making any real effort to relocate the asphalt plant is the height of hypocrisy, especially when one does not live in close proximity to the plant. Residents of Hicksville should be aware that even prior to the Town Board's decision, officials of Twin County indicated a willingness to relocate their business. I have offered to work with them to try and find a suitable location, which, rest assured, will be more than 50 yards from homes."

School District Holds Dollar Tax Decrease

By Maureen Traxler

It is at this time of year that the Nassau County Board of Supervisors sets the tax rate for school districts based upon the amounts of local school and library budgets and the amounts which need to be raised through taxes. The Hicksville Board of Education requested that the Supervisors provide a maximum tax benefit to Class One taxpayers (the homeowner) in the coming year.

The Hicksville School Board, at its August 4 meeting, accepted the Supervisors resolution establishing a 1993-94 tax rate for homeowners of \$31.2517, down exactly one dollar from the 1992-93 rate of \$32.2517.

Superintendent Sal Mugavero noted that the district's assessed valuation went down by \$1 million, reflecting the success of many certiorari proceedings filed by residents. Through these proceedings residents were able to lower their assessments. This, coupled with "very conservative budget plans," according to Mr. Mugavero, combined to assure that the decrease of \$1 did happen this year.

Superintendent Stuart Opdahl added that this is the first time in ten years that he has seen such a reduction in assessed valuation and that the Class One assessment was down well over \$600,000. "This is a savings to the district," he continued, "in that it lowers the amount to be raised in taxes."

Throughout the latter part of the spring the Board policy committee had been working to update regulations concerning student eligibility for extracurricular activities. The Board reviewed the revised regulation, approving their establishment for the beginning of the schoolyear. The trustees felt, however, that more work is needed on the regulations for high school students. Trustee Richard Pfander requested that his fellow members back the presentation by the policy committee at this time, but that more input from teachers, students and parents be sought in the fall.

The regulations call for a probationary five-week period at the beginning of each semester, wherein students failing two or more subjects, or having two or more incompletes, or a combination thereof be prohibited from engaging in any athletic or extracurricular activity until such time that they can be reinstated through academic improvement. The regulations for middle school call for failing students to attend after-school tutorial periods. Assistant Superintendent Robert Duroe explained that a student's grades carry over from the previous schoolyear and students who are not in "good standing" will not be permitted to enter activities in the fall.

A discussion ensued as to whether students on probation should be allowed to participate in practices. Mrs. Lafferty suggested that athletes be permitted to practice in order to keep fit as a safety precaution, but be restrained from competition and the privilege of sitting with the team. Superintendent Mugavero offered that teams become dependent on what happens in practice, adding the question of whether athletes should be treated differently than other students. Mr. Opdahl said that the policy regulations are designed "to make youngsters more aware of academics," and suggested that student time could be better utilized.

Action items included:

• The Board approved the cafeteria price list, as amended last November, for the start of the school year. Assistant Superintendent Opdahl noted that approximately 35 to 40 students are availing themselves of the breakfast services and that the district expects some students to participate at the middle school this year. He added that by 1995, the federal and state governments will mandate breakfast menus be available in all elementary school buildings.

• The Board accepted the proposal from CIGNA Insurance Company for the provision of Contributory Enhanced Dental Insurance for the district's employees. Supt. Mugavero said that providing a vehicle for dental coverage was a part of the settlements in recent employee contracts, but that this will not bring additional cost to the district.

• The Board tabled a decision on the engagement of an architectural firm for the coming school year. Board President Helen Laferty cited concern for the size of the facilities. She added that upon

Continued On Page 2

Bethpage Bd. Members Named To Committees

Before commencing with the regular Monthly Meeting, the Board reopened the Reorganization Meeting which had been recessed from July 13. The following Board members were appointed to Board Committees:

Finance Committee - Mr. Cotton and Mr. Albano; Publicity - Mrs. Drayton, Mr. Festante, Mrs. Watson; citizens Advisory Committee - Mr. Albano, Mr. Frost and Mr. Resnick; Board Representative, Negotiating Team for Instructional Unit - Mr. Cotton, Mr. Albano, Mr. Frost; Board Representative, Negotiating Team for Administrative Unit - Mr. Cotton, Mr. Frost, Mr. Resnick; Board Representative, Negotiating Team for Operations - Mrs. Watson, Mrs. Drayton, Mr. Resnick; Board Representative, Negotiating Team for Services Unit - Mrs. Watson, Mrs. Drayton, Mr. Resnick; Buildings and Grounds Committee and Security - Mr. Frost, Mr. Festante, Mr. Cotton; Student Liaison and PTA Liaison Committee - Mrs. Drayton, Mr. Albano, Mr. Festante, Visitation Committee - Entire Board. In addition, Louis Orfan was appointed as Attorney for the District.

Moving on the personnel matters on the regular meeting agenda, the Board abolished the position of Clerk Typist in the business office and established the position of account clerk typist. The termination of custodian Dante LaPlaza was rescinded, and the unpaid child-rearing leave of Rindi Tarlow was extended. The probationary appointment of Carole Leonardi in the area of school counseling and guidance was approved. The following part-time teachers were appointed: Janet Blohm, Christopher Hayes, Debra Jenkins, Maryanne Reilly, Carol Shalley, James Stehlik, Diane Weiner, Deidra Goldstein, and Joanna Talamo. Mary Wood was appointed part-time school psychologist, and Laurie Forster was appointed as part-time typist clerk. Christopher Hayes was appointed to a .4 position as a Chapter I math teacher, and Judy Gardner was appointed as a regular substitute.

Various extracurricular appointments were made, members of the District Committee on Special Education were approved, and Erin Jack-Girard was appointed an administrative intern.

A list of impartial hearing officers was approved, as was a list of school physicians. Policy #1142 on proselytizing of students by school personnel during school-related activities was given a second reading and approved. A contract for handicapped summer transportation was approved as well.

The Board also approved receiving bids for private/parochial school transportation, and authorized the President to sign the certification of acceptance of the free and reduced price meal and special milk agreement. The Board also authorized the President to sign the contract with Enco Development Corporation of New York for masonry restoration work at Charles Campagne Elementary School.

Mr. Nydick made the following announcements:

- Letters were received from Senators Daniel P. Moynihan and Alfonse D'Amato regarding the change in Chapter I allocations due to a shift from the use of the 1980 to 1990 census data. Both senators are working to obtain supplemental appropriations to help ease the loss of Chapter I funding.
- State Senator Kemp Hannon wrote to thank the district for its assistance in nominations for the Senator Hannon Citizenship Advancement Award.
- Donald A. Ranieri, Asst. Supt. for Business, received a letter from Nassau BOCES thanking him for serving on the Advisory Committee for BOCES Business Affairs.
- Mr. Nydick read letters from students and parents which praised teachers Antoinette Cennamo, Surelle Heiberger, and Asst. Principal Donald Maiello.
- A letter from SCOPE was received which thanked the District for its efforts in attempting to develop a SCOPE summer program. Unfortunately, the response was insufficient to run the program this year.
- Mr. Nydick has accepted an invitation to serve as a member of the Long Island Children's Museum Advisory Council.

Following Mr. Nydick's announcements, Board member Barry J. Albano asked that the Board consider having a policy formulated regarding Board members' visitations to school buildings. This will be discussed in Executive Session.

The Board then answered questions from the public. There were several questions and answers regarding the school physician.

Mrs. Picnic asked what the procedure would be if someone found the policy on proselytizing of students was being violated. Any violation should be reported to the Superintendent. Mr. Orfan explained that this may be a disciplinary issue against an employee.

The next monthly meeting of the board of Education will be held on August 31 at 8 p.m. In addition, there will be a Special Meeting on August 10.

Mid Island Times & Levittown Times

Published every Friday at Litmore Publishing Corp.
Second Class Postage Paid at
Hicksville, NY 11801

Telephone 931-0012 • USPS 346-760
81 E. Barclay St., Hicksville, NY 11801
Postmaster: Send Address Change to
Mid Island & Levittown Times, 81 E. Barclay St.,
Hicksville, NY 11801

Robert Morgan Publisher • Yearly Subscription \$8.50

Letters

Printed By Request
To Seniors of Hicksville,
TOBAY and Hempstead:

As you know, your local school districts and your local governments are bleeding you. Example: It costs over \$11,000 per year to educate a child in Hicksville. President Clinton pays only \$10,800 for Chelsea in a private school.

The people of TOBAY pay school taxes to districts in Hempstead because of the way leases were let out at Mitchel Field.

A man named Kevin Bradish works for three different forms of government at the same time. He teaches out in Bay Shore, full time for \$60,000. He works for the Nassau County Board of Elections, also full time, for yet another \$62,000. He works for the Long Beach City Council for \$14,000. \$136,000 plus perks. How can a person be in Bay Shore and Nassau County at the same time. He basically "no shows" in Nassau.

A man named Michael Greene works for Hempstead, as a consultant, for \$60,000 per year. He also gets a pension from Hempstead for another \$43,000. Over \$100,000. This is the same job he originally held but now it is part time work.

The administrator of Nassau County BOCES is paid over \$182,000 per year.

In Hicksville seniors control 60% of the vote. I would imagine that percentage is close throughout the rest of Nassau County. Let's tell our local governments that we are fed up

with this abuse.

I belong to three different civic organizations in Hicksville. I have lived in Hicksville since 1952. I am a senior. Let's get together and stop this fiscal insanity. My number is in the book.

Joseph Van Berckelaer

School District Holds Dollar Tax Decrease

Continued From Page 1

Mr. Opdahl's assurance that most major projects in the district have already been addressed, she sees no urgency in naming a firm. She called for a further exploration of possibilities, and Mr. Mugavero suggested the item to be placed on committee agenda.

In the Superintendent's report to the Board, Mr. Mugavero said that the district is "proud of the number of children we have been able to service through the summer recreation program this year." He added that the district will be sending an evaluation sheet to parents. The Superintendent remarked that residents will be able to see the winning flag for Long Island designed by high school student Laura Manzo on the front cover of the coming year's calendar.

In connection with recent concerns regarding electromagnetics in relation to the safety of school children, Mr. Mugavero said that several meetings will be held in the fall, in conjunction with LILCO, to help explain such situations to parents.

On Other Matters:

• Trustee Rich Pfander noted that the district had some success with its sing-a-long/ice cream nights at the high school summer recreation program. He asked the Superintendent if the district could schedule karaoke nights during the school year, possibly on Friday evenings or once a month. The Superintendent was receptive to the idea and said he would try to put it together.

• The Board appointed Trustee Ray Manzo as liaison to the Hicksville Community Council for the coming year, in answer to a request by the Council for a representative. Mrs. Lafferty said that sending a representative would fit into the district's desire to seek a stronger tie with the community and Mr. Pfander pointed out that the Council is a "forum for ideas."

• Several Board members expressed concern with the traffic situation outside the high school at the start and close of school each day. Mr. Mugavero said that he had written to the Police Precinct five times requesting sporadic police presence in order to control speeding and illegal maneuvers. He added that he will again pursue the situation with the department.

The next regular meeting of the Board of Education is scheduled for Wednesday, September 22, at 8 p.m.

Call this number
1-800-724-1021

to get this number
8.45%

on your home equity loan.

The East New York Savings Bank has your number:
a home equity loan at a low rate with no closing costs, no application fees and
no mortgage tax to pay. And for your convenience, we'll come
to your home or office to close your loan.

East New York's Home Equity Loan is available in amounts up to \$100,000.

So what are you waiting for? Apply by phone today. For more information,
stop by any branch or call QuickLine™ telephone banking service between 8 am - 8 pm
Monday through Friday, 9:30 am - 5 pm Saturday and Sunday.

East New York
THE EAST NEW YORK SAVINGS BANK • MEMBER FDIC

* To qualify for the 8.45% APR, you must maintain a checking or NOW account with The East New York Savings Bank, and your loan payments must be automatically deducted from that account. The interest you pay may be tax deductible. Consult your tax advisor for details concerning tax benefits. Home equity loans are available in amounts over \$100,000, but borrowers must pay certain closing costs. Other attractive rates and terms are available. Home equity loans are subject to credit approval.

© 1993 The East New York Savings Bank



The Annual Labor Day Parade on Sept. 5, will start at the Main Firehouse at 20E. Marie Street (opposite the movie theater), and the parade will head West on West Marie Street until Jerusalem Avenue. It will then head South to Old Country Road. It will then head West to Newbridge Road and then North in the Southbound lane until it comes to West Barclay Street. It will head West on West Barclay Street and end at the reviewing stands.

Registration Open For Walking Program

Walking is fast becoming one of the world's most popular forms of cardiovascular exercise. And, recognizing the growing trend, the Town of Oyster Bay Parks Department, Division of Recreation, is sponsoring a special Walking Program, it was announced this week by Town Councilman Leonard B. Symons.

"The program is designed to help residents gain the greatest health benefits from walking," Councilman Symons said. "Walkers, like runners, enjoy tremendous aerobic benefits from their activity. But, unlike running, walking is a low-impact exercise and results in significantly fewer joint stress related injuries."

Registration for the Walking programs, which will take place

at Marjorie R. Post Community Park, Massapequa, and Syosset-Woodbury Community park, will be conducted from Monday, August 23 through Friday, September 17. Registration forms can be obtained at all Town Hall and community park facilities and at all local libraries. They should be returned to the park managers or to the Parks Department, 977 Hicksville road, Massapequa 11758.

"Offered in cooperation with the President's Council on Physical Fitness, the seven-week Walking Program is free to Town residents," Councilman Symons said. "Classes will meet twice a week. Participants can choose a daytime course between 10 and 11 a.m. on Monday and Wednesday, at Syosset-Woodbury Community Park.

and Tuesday and Thursday at Marjorie R. Post Community Park, or an evening course between 7 p.m. and 8 p.m. on Tuesday and Thursday at Marjorie R. Post Community Park."

Councilman Symons noted that the courses will begin on Monday, September 20, and conclude on Thursday, November 11.

"The Walking program has been very popular with residents in past years and generally leaves participants feeling better both physically and mentally," Councilman Symons commented. "If you would like to 'walk your way to better health,' I urge you to take advantage of this free course."

For further information, contact the Parks Department at 795-1000, ext. 7787.

"LOWEST PRICES IN TOWN!!"

Biggest Discounts on
Stringing • Racquets

THE **STRINGMAN**

Re-Stringing ASAP
USRSA Stringing

prince

Wilson
MADE IN WIS.

BABOLAT
DOUBLE LINE

GAMMA
SPORTS
The Energy to be!

DROP OFF AT
BASICS USA

377B So. Oyster Bay Rd., Plainview

822-5169

FREE
24 HOUR
PICK-U & DELIVERY

For Additional Information
& Evening Pick-Up
Call 496-7983

Jottings From Yesteryear

By Bill Clark

Looking at the empty store on S. Broadway that originally was Stop-N-Shop grocery store in the early 50's when we had at least 6 grocery stores in a smaller area where nowadays supermarkets are further apart. Next to Botto Hardware was a fish store and Gus Riedlinger on the corner with his little car "Don't Gua, Call Gua." On the south side of Botto's was the laundrette.

I just returned from upstate Rochester area where I noticed how many Soccer games are popular with the young players. My friends, Dan, Eric, and Sarah, were very good.

Jericho.

The Brooklyn Daily Times of 1904 carried an article on the Plainlawn Cemetery on Old Country Road. It was incorporated in 1897 by A.G. Heitz, Daniel Sutter, A.B. Heberer and Edgar Jackson. The officers of the association were A.G. Rave, Pres.; Chas. H. Voight, Sec. and Treas.; Daniel Sutter, Supt.

I just returned from upstate Rochester area where I noticed how many Soccer games are popular with the young players. My friends, Dan, Eric, and Sarah, were very good.



Old Country Road - early 1930's, facing east from Monroe St. Bob Iggleden and grandmother, road - 2 lanes, green houses - Sheppard's.



Same area 1987 from Mid-Island Animal Hospital looking east toward Anton's. Road now is 6 lanes.

Photos from Bill Clark

"I CONSIDER MARIO CUOMO A HERO"

(RICHARD KESSEL, CABLE NEWS, JUNE 5, 1993)



**IF YOU LIKE MARIO CUOMO
... YOU'LL LOVE RICHARD KESSEL**

PAID FOR BY CITIZENS FOR GIULOTTA

Progress, At What Cost? Local Residents On Dean's List

By Robert P. Bennett

For the past few months there's been a battle raging in my community. The owner of the Westbury drive-in theater wants to sell his property. The developer who wishes to buy the land wants to construct a fourteen screen multiplex United Artist Theater and a BJ's Discount Price Club. The new construction would require a change in the existing zoning regulations for the site. Local merchants and residents of the community are up in arms. They see their businesses and way of life changing for the worse.

There have been several town meetings where representatives from each side of the debate have been allowed to voice their opinion. Experts have been brought in. Testimony has been given. Tempers have flared. Neither side wants to budge and both sides believe that what they are doing is best for the community.

My mother raised what I consider to be the only relevant question in this matter, why do we need these new facilities? The point is that the members of the community don't need either a new theater or a discount store. We have many theaters from which to choose when we want to see a movie. We have an abundance of shopping malls and food stores, each within a few minutes of each other and well within the reach of every member of the community.

Much of the argument against the sale to this developer revolves around the question of the business' encroachment into the residential portion of the community. While it is true that the location of the present drive-in is largely commercial, it is also true that there is an elementary school right across the street. The further encroachment that BJ's and United Artists would represent means increased danger to the small children who attend that school.

Ever so slowly the community in which I live has been sandwiched between an ever expanding business world. While this has been happening, traffic at the entrances to the community has become almost unbearable. The air quality has decreased. The noise levels have increased. The quality of life has gone down as the right to live in what was once a quiet community has been knocked aside in favor of business opportunities. Where does it stop?

The price we each pay to live in a progressive world would seem to be becoming more and more expensive. Metropolises and megacities branch out into the suburbs and bring with them all the problems of city life. The quality of the air we breathe worsens as traffic threatens to choke us. Roadways were expanded to accommodate the increase in traffic but this only allows more traffic to develop. Trees that help to clean our air are torn out of the ground to allow for roads and other new construction. As the quantity of usable land decreases, people are forced to live closer together. This naturally raises the level of irritability of the residents of the community. The number of violent crimes skyrocket along with the tempers of people who are forced to live like sardines. These are only some of the problems inherent in our craze to expand, our desire to become more civilized.

The business community is becoming too powerful. Human beings can't live peacefully alongside of business in a world where business dictates what the proper way to live is. Can business be allowed to force people into small parcels of land? I don't think so. I think we have pretty much allowed business to grow as much as it can without putting a stranglehold on our quality of life. It is time to draw the line and take back our residential communities. We have the right to live in communities which are held apart from the industries that provide for the well-being of those communities. I believe that's what cities were created for. Not only to provide services, but to provide them in an area apart from residential communities.

Progress is a wonderful thing, in its proper place. It must not be allowed to become so important an issue that the quality of life of the individual is greatly diminished. While I personally don't believe in the continued viability of a market economy, it is the system which is now in place. However, even that system can only bear so much competition between its players. An increase in 'civilization' is bound, sooner or later, to cause the system of a market economy to reach its limits of viability. Each community can only sustain a certain amount of business. After that limit is reached, people's lives are put at risk. Business takes over. Competitive forces run amuck. Jobs are lost. When that happens the even flow of money is bottlenecked. In the end, quality of life is diminished.

Two days ago it all came to a head. Fourteen hundred people crammed into an auditorium only suited to house nine hundred. The developers brought with them traffic pattern experts and environmental/pollution experts all trying to convince the town board that the proposed project met all necessary state regulations. Each of these men brought statistics and charts to demonstrate their point, there would be no undue harm to the community. Members of the community were not impressed. The statistics presented did not give an accurate analysis of changes to traffic patterns or air quality.

When push came to shove, the developers were not, in my opinion, able to demonstrate that the new facilities would be beneficial to the community. They did in fact raise questions about the quality of the investigative work that was conducted. The meeting, which continued until three in the morning, ended without a final vote from the board. The security of the community is, for the moment, stable. But, for how long?

Twenty-three residents of Bethpage earned Dean's List standing at Nassau Community College for their excellent academic accomplishments during the spring 1993 semester. Students who achieved a perfect A (4.00) average are indicated with an asterisk.

Angelique M. Andrews
Robert C. Bassim
*George L. Birnbach
*Jennifer M. Brohman
Carmine J. Buffalino
Tara A. Carlson
Pamela Carucci
Jason R. Chayka
Carolyn M. Cronin
Michelle A. Deland
Maryanne F. Gottman
Amy B. Kachinas
Nicole Knapp
John J. Landers
Shirley Minett
Robert A. Pearl
Irene T. Quinones
Allison N. Rufano
Eric W. Schmitt
Christine Schuderi
John S. Waka
Jennifer D. Walsh
James T. Whittom

Design Brass Stenciled Stationery

There are still a few openings in this fascinating workshop led by Peggy Lang at the Library on Wednesday, August 18, at 1 p.m. Learn how to create your own stationery, gift and note cards, using brass stencils and acrylic paints! There is a small materials fee of \$8, payable at the Reference Desk upon sign-up, to cover the cost of the stencil (yours to keep) and the painting supplies.

Samples are on display at the Reference Desk. Don't miss the chance to learn this interesting and rewarding craft.

The Library is located at 47 Powell Avenue, two blocks west of Exit #8 on the Seaford-Oyster Bay Expressway (Route #135), phone 931-3907.

Scholarship Car Wash

On Saturday, August 14, the Hicksville Youth Council will be conducting a car wash. All proceeds from the car wash will be put towards a scholarship fund that will be awarded to a deserving Hicksville student in the spring.

The Car Wash will be held at the V.F.W. Hall located at 320 South Broadway in Hicksville. The hours will be from 9 a.m. to 5 p.m.

For additional information please call the Youth Council at 822-KIDS.

So come on out, get your car washed and help a Hicksville Student go to college.

Friday Movies At Bethpage

As part of the Friday Night at the Movie series at the Bethpage Library, School Ties will be presented on Friday, August 27, at 8 p.m. This forceful and touching drama is the story of a high school quarterback from a blue-collar Jewish family who pays a high price for acceptance at an elite New England prep school where he has won a scholarship. The film stars Brendan Fraser and Chris O'Donnell and is rated PG-13. It runs 109 minutes.

All welcome - Free admission.

Reporter Wanted

Reporter wanted to cover school board and other meetings. Experience in some writing helpful. Should be interested in schools and local happenings. Compensation is per meeting covered on assignment. Permanent position. Meetings are generally in the evening. If you have interest call 931-0012.

BLISS ESTABLISHED 1882

BLACK CARPENTER ANTS
CAN DAMAGE YOUR HOME

Black Carpenter Ants excavate extensive galleries in wood to serve as nesting places and can do serious damage to your home. They're unsightly and unsanitary but they are no match for Bliss trained technicians. Ask about our PREVENTIVE MAINTENANCE PLAN: it's backed by over a century of reliability.

PHONE: **627-5588**

BLISS
EXTERMINATORS

ONE OF THE OLDEST AND LARGEST

WE'RE GAINING ON DIABETES TWO FEET AT A TIME.

Finding the cure for diabetes is going to take some fancy footwork. That's why we're counting on you to participate in our annual "Walk For The Cure" walkathon. Challenge your friends, your family members and co-workers to walk with you, or pledge their support for every mile you walk. Call the Juvenile Diabetes Foundation to register today.

For more information call
1-800-WALK-JDF

JUVENILE DIABETES FOUNDATION

WALK FOR THE CURE

PROFESSIONAL GUIDE

Advertising on this page is only open to N.Y.S. licensed professionals

ATTORNEY

John J. Sullivan
Attorney at Law

Will • Estates • Closings • Corporations
Business Transactions & Criminal

1600 Hillside Ave.
New Hyde Park, N.Y. 11040 (516) 775-7109

ATTORNEY

Dennis Sheehan
Attorney At Law

*Accidents • Criminal • Matrimonial • Wills
Evening and Saturday Appointments Available

Call: 681-2244
Free 45 minute consultation

Senior Citizen
Discount 64 Wilfred Blvd.
Hicksville

ACCOUNTANT

Frank W. DePietro
Certified Public Accountant

* Financial Planning • Money Management
• Estate Planning • Litigation Support
• Accounting & Tax Services

1205 Franklin Avenue
Garden City, N.Y. 11530 (516) 248-5331

ACCOUNTANT

Louise E. Gregg Paula A. Iacovassi
(516) 294-8363 (516) 681-7870

Gregg & Iacovassi
Certified Public Accountants

88 Pine St. • Garden City, N.Y. 11530

ACCOUNTANTS

Sally, Hollis & Giacco, CPA, P.C.
Certified Public Accountants... Since 1949



Member AICPA, NYSSCPA, NSPA
• Complete Personal Tax and Financial Services.
• Complete Corporate Tax and Financial Services.
• Computer Set-ups and Training.

1044 Northern Blvd., Roslyn, N.Y. 11576 (516) 621-6600

ATTORNEY

**Law Offices
Richard L. Reers**
(516) 228-6565

Wills & Estates
Real Estate
Bankruptcy
Matrimonial
Business



Kathleen K. Trum
Attorney At Law
Living Wills, Living Trusts
Medicaid & Estate Planning
Probate & Administration
Free Consultation

114 Old Country Rd.
Suite 382
Mineola, N.Y. 11501 516-741-3408

ACCOUNTANT

Thomas D. Musnicki
Certified Public Accountant

54 Maxwell Road
Garden City, N.Y. 11530 (516) 593-7076
(516) 747-4723

ATTORNEY

Kevin M. Campbell
Attorney At Law

Real Estate Closings • Wills • Estate Planning
Trusts and Estates • Personal Injury • Matrimonial
Free Consultation

133 Miller Road
Hicksville, N.Y. 11801 (516) 433-5841

COMPUTER CONSULTANT

Thomas J. Healy
P.C. Consulting Services

Applications: Data Base, Spreadsheet,
Word Processing
Instructions: Individual/Group, Hardware/Software
Reasonable Rates

Telephone (516) 735-4217

DENTIST

Jeffrey C. Smitten, D.D.S.

601 Franklin Avenue
Suite 212
Garden City, N.Y. 11530 (516) 294-0110

DERMATOLOGIST

John D. Krafchuk, M.D., P.C.
Adult and Pediatric Dermatology

Board Certified
Dermatologic Surgery • Collagen Treatment • Acne
Acid Peeling • All Disorders of Skin, Hair & Nails
(Skin Cancer, moles, warts, cysts, veins)

158 Hilton Ave.
Hempstead, NY 11050
(7 blocks south of the G.C. Hotel) (516) 483-2311

FINANCIAL SERVICES

Andrew A. Bean
Marketing Representative
John Hancock Mutual Life Insurance Co.

990 Stewart Ave.
Suite 200
Garden City, N.Y. 11530
(516) 228-6503 (Ext. 428)
Fax: (516) 228-6315



ATTORNEY

Rosenthal & Curry

ATTORNEYS AT LAW

Personal Injury, Matrimonial
Wills & Estates, Real Estate
Bankruptcy, Litigation

1600 Front Street
East Meadow, N.Y. 11554 516-485-5577
John E. Curry Patrick W. Curry

LOCKS AND ALARMS

GOODSTRONG

LOCK & ALARM CO. INC.

"Protection with Detection"

For Home or Business

Licensed • Bonded • Insured

(516) 775-KEYS

(718) HOT-KEYS

Andrew J. Lapinski 12 Kani Street
New Hyde Park, N.Y. 11040

OPHTHALMOLOGIST

Robert L. Copeland, M.D., P.C.

Diplomate American Board of Ophthalmology

Ophthalmic Surgery & Medicine

300 Garden City Plaza
Garden City, New York 11530
916-747-5110

PODIATRISTS

Maryanne Alongi, D.P.M.
Associate, American College of Foot Surgeons

Michael Caaiano, D.P.M.
Pediatric Medicine-Foot Surgery

226 Seventh Street, Suite 108
Garden City, N.Y. 11530 (516) 248-9880

PODIATRIST

Thomas Barbaro, D.P.M.

Foot Specialist

Pediatric Medicine-Corns-Calluses
Diabetic Foot Problems-Bunions-Hammer Toe
Biomechanics/Deformities-Sports Medicine
Most Insurance Plans Accepted
as full or partial payment

House Calls & Evening Hours Available
708 Jericho Tpk.
New Hyde Park, N.Y. 11040 By Appt.
(516) 326-7979

PSYCHOTHERAPIST

Pearl Ketover Prilik, C.S.W.

N.Y. State Certified Psychotherapist

Author of "Stepmothering, Another Kind of Love"

Featured: YM/Parents' NBC News

Specializing in women & adolescents

& the men in their lives

Individual • Couple • Family

226 7th Street, Suite 201
Garden City, N.Y. 11530 Office Hours By Appt.
(516) 873-1234

SPECH & LANGUAGE

Diane L. Rodocker, M.S., C.C.C.
Speech-Language Pathologist

N.Y. State Licensed • ASHA Certified

358 Maple Avenue
East Meadow, N.Y. 11554 (516) 794-4889

SURGEON

Colon Rectal Surgeon
Fellow of the International College of Surgeons
Fellow of American Society for Laser Medicine & Surgery
Fellow of American College of Gastroenterology

Jian-Chu Yu, M.D., FICS, FACG, FIAP
Diplomate of American Board of Surgery
Diplomate of American Board of Laser Surgery

Office:
520 Franklin Avenue
Garden City, N.Y. 11530
Tel. 516-747-3220
516-741-6666

100 Lawrence Avenue
Smithtown, N.Y. 11787
Tel. 516-360-0008

We Just Made It Easier To Buy Your First Home.

Announcing Astoria Federal's
Affordable Housing Program for
Qualified First-Time Home Buyers.

30 Year Term. No Points. 5% Down Payment.

If owning your own home has always been your dream, Astoria Federal's Affordable Housing Program can make it a reality. We're making it easier than ever for you to buy your first home. If you qualify, you can now get a 30-Year Fixed Rate Mortgage at our current low rate, pay no points, and make a down payment as low as 5%.

We're even holding Home Buyers' Workshops to help you learn everything you need to know about selecting, buying and financing your first home. Find out how the Astoria Federal Affordable Housing Program can make your dream of a new home come true. Call our Mortgage Hotline at

718-ASTORIA

Program is for a first time home buyer's, owner-occupied, one family primary residence, and is subject to change without notice. Condominium loans are available with 10% down payment. Co-op loans not available through this program. Private Mortgage Insurance required on all loans with a loan to value ratio in excess of 80%. This program has a maximum household income, sales price and loan amount limits. These vary by county in which the property is located. Maximum household income limits range from \$35,200 to \$64,000; sales prices from \$116,000 to \$175,000 and loan amounts from \$110,000 to \$166,000. 7.50% Rate; 8.04% APR; \$6.99 cost per month per \$1,000 borrowed.

FDIC
INSURED



The Bank for People in Charge of Their Family's Finances

Queens and Long Island: One Astoria Federal Plaza, Lake Success, NY, 11042-1085
(516) 327-7800, (718) 278-6742, TDD** (516) 327-7425

Westchester: 729 Saw Mill River Road, Ardsley, NY 10502, (914) 674-0800

With offices serving:

LI City, Woodside, Flushing, Whitestone, Glendale, Middle Village, Elmhurst, Forest Hills, Kew Gardens, Franklin Square, Williston Park, Great Neck, Greenvale, Glen Cove, Massapequa, West Babylon, Hastings-on-Hudson, Ardsley, Somers.

NYCE

EQUAL OPPORTUNITY LENDER EQUAL HOUSING LENDER



**Special Teletype Line for Hearing Impaired

Hicksville Connie Mack Update

On July 29 at Allen Park in a "must win" game, Shennen Maceo tossed another strong game holding Levittown to 2 hits in a 4-2 Hicksville victory. Mike Zollo homered, Dan Paul, Greg Latini and George Gacyzski also scored runs, and Anthony Santoro was 2 for 3. This victory gave Hicksville a tie for the best overall record in the league with Levittown at 18-4.

On August 3, Hicksville met Levittown again for a one game playoff for 1st place. After spotting Levittown to a 4-0 lead the Hicksville players valiantly battled back to tie the game at 4. Brian Brown got 2 RBI's with a double, scoring Jayson Andrews and Shennen Maceo. After, Mike Zollo walked and Anthony Gismondi drove in Brown and Zollo with a double. In the 5th George Gacyzski drove in Greg Latini to give Hicksville the lead. Levittown then came back and scored 2 runs for the win in a typical Hicksville Levittown nailbiter.

Sunday, August 8, Hicksville lost the playoffs to Levittown by being swept in a double header. The first game went 2 extra innings. Hicksville's Anthony Ciacco pitched all nine innings but lost a real heartbreaker in the bottom of the ninth inning 3-2. Anthony finished the season, 6 wins, 1 loss.

The second game Hicksville again toughed it out and kept coming back, but it was Levittown's lucky day.

Congratulations to a very good Levittown team.

Just a side note. This was Hicksville's first year competing in the very competitive Connie Mack League. To finish with the second best record in the league is a tremendous accomplishment. 1993 was the first time Hicksville's players ever played together as a team. All the other teams in Connie Mack have been together for many years. Hicksville's players quickly came together as a team and always were pulling for each other. Hicksville's

success was due to the excellent managing by Joe Andrews and coaching of Gary Lewis and Bob Paterson. Also a special thanks to Audrey Andrews, the team organizer. Hicksville's Connie Mack played with pride and in one year gave Hicksville a fine baseball reputation.

Manager Joe Andrews, Coaches Gary Lewis and Bob Paterson, Team Mom Audrey Andrews.

Players: Jason Andrews, Shennen Maceo, Greg Turano, Brian Higgins, Ken Engelhardt, Brian Brown, Mike Zollo, George Gacyzski, Steve Talento, Jeff Magilane, Sean Hunte, Anthony Santoro, Dennis Kelly, Mark Micalizzi, Gregg Latini, Frank Capporino, Anthony Ciacco, Anthony Gismondi, Dan Paul, Chris Dougherty.

Videos Available Of School Students

The following statement was issued by Salvatore Mugavero: "During the course of each year many children are reported missing. This problem affects families of every race, religion and economic level. In reviewing this situation, authorities have found that photos and descriptions are just not enough.

"Police have informed us an actual video is the single most effective tool in the location of a missing child as this medium can be quickly released to authorities and television stations.

"Blockbuster Videos Kidprint Program is the first nationwide safety program of its type and offers videotape identification absolutely free. From August 1 to 31, Blockbuster company and participating franchise stores will videotape children free of

charge in order to provide parents with an up-to-date video of their child. This program has raised public awareness of the problem of missing and exploited children and has given parents and authorities a practical new tool in case of an emergency.

"If this program interests you, please avail yourself of it at the nearest Blockbuster location."

Environmental Meeting, Aug. 17

A meeting of the Town of Oyster Bay Environmental Quality Review Commission (TEQR) has been scheduled for 9:30 a.m. on Tuesday, August 17, in the Environmental Control Division Conference Room, 150 Miller Place, Syosset, according to Oyster Bay Town Clerk Carl L. Marcellino. The agenda for the meeting will include discussion of pending projects and other general business.

Established in 1977, the TEQR Commission is authorized to study, analyze, investigate and report on all environmental impacts of applications submitted to, or actions contemplated by, the Town Board or other Town agencies.

Help Wanted

P/T Clerical, 24 hrs/wk, Hicksville office. Must have good office skills, exp., typing essential. Call 931-0115.

A DRUG TEST FOR PARENTS.

Wild mood swings, or a dramatic change in behavior, is often a sign of a drug problem.

Enlarged pupils may be caused by cocaine or crack.

A frequently runny or stuffy nose, or regular nosebleeds, may indicate use of cocaine.

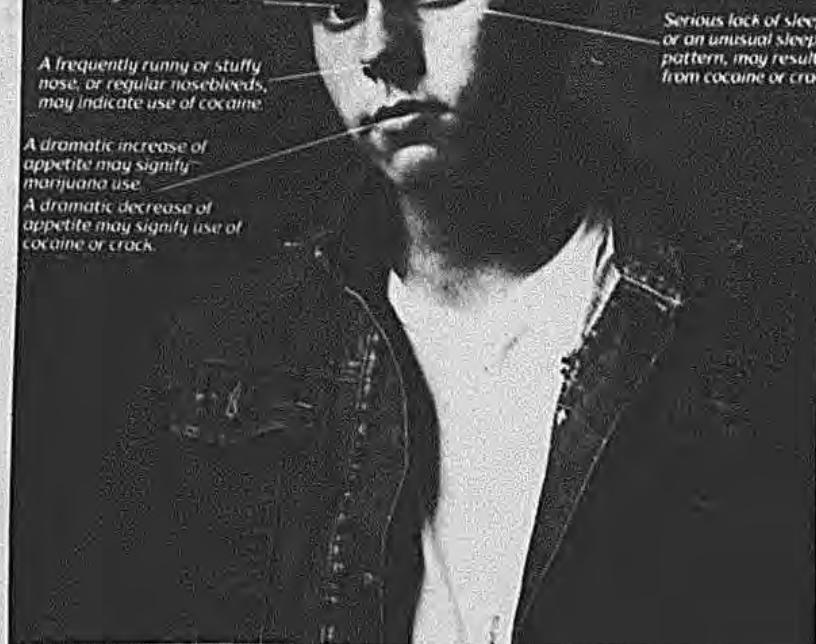
A dramatic increase of appetite may signify marijuana use.

A dramatic decrease of appetite may signify use of cocaine or crack.

Poor concentration and memory may be signs of marijuana, cocaine or crack use.

Bloodshot eyes may be caused by marijuana.

Serious lack of sleep, or an unusual sleep pattern, may result from cocaine or crack.



Need A Helping Hand?



"Guide to Health & Human Services" is a free directory listing over 150 agencies Long Islanders can turn to in times of need.

Call:

Long Island's United Way
(516) 595-6400

East End: (516) 727-0889

No parent wants to believe his kid is using drugs. A good way to know if he is, is to know your kid. If he displays some of the symptoms above, talk to him. Ask him about the symptoms. He may not be on drugs. He may simply be ill, or going through a tough emotional stage.

But if the signs are strong and you need advice, call 1-800-662-HELP or contact a local drug abuse agency. People there are trained to spot drug problems, and can recommend a treatment program if it's needed.

So study this drug test. For the good of your child, it's one exam you must not fail.

Partnership for a Drug-Free Greater New York

Partnership for a Drug-Free America

Service Directory

Aluminum Siding

SOLID VINYL & ALUMINUM SIDING



- We Welcome Investigation!
- Gutters & Leaders
- Replacement Windows
- Storm Windows & Doors
- Roofing

GARDEN CITY ALUMINUM, INC.
220 Nassau Blvd.
Garden City South
485-2200

Auto Electronics

ARIAK

- AUTO STEREO
 - MOBILE PHONES
 - AUTO ALARMS
 - RADAR DETECTORS
- (516) 739-1500
Fax: (516) 739-1542
160 Herricks Road
Mineola, NY 11501

Auto Rental

NEED A PART TIME CAR OR TRUCK?

RENT-A-CAR

RENT FOR A DAY, WEEK, MONTHLY OR LONGER
MOST MAJOR CREDIT CARDS ACCEPTED

SYOSSET FORD

271 JERICHO TPK SYOSSET
496-9700

Our SERVICE DIRECTORY is sure to bring results. Call 931-0012, 204-8900 or 746-0240 for rates and information.

Carpeting

HOLLYWOOD FLOORS
of Garden City
CARPET SALES
CARPET REPAIRS
ALL TYPES OF FLOOR COVERINGS
NO EXTRA CHARGE FOR:
• Premium Padding
• Custom Stairway Installation
• Removal of Old Carpet
• Measuring Metal Saddles
G.C. RESIDENT - ALL WORK GUARANTEED

Contracting

SPAN CARPENTRY CO.
GENERAL CONTRACTOR
RESIDENTIAL & COMMERCIAL
KITCHENS & BATHROOMS
FURNITURE RENOVATIONS
ATTICS & DERRIES
WINDOWS & DOORS
PAINTING
WALLPAPER REMOVAL
ALUMINUM & VINYL SIDING
ROOFING
AND MORE!
NO JOB TOO BIG OR TOO SMALL
"FREE ESTIMATES"
(516) 564-0447

Electrician

An Electrician When You Need One

K.J. Kenny

Inc.
LICENSED ELECTRICAL CONTRACTORS

746-7611
166 Herricks Road, Mineola
(Cor. Garfield)

LJACO
• SPECIALISTS •

Electrical Specialists Since 1945

Exterminating

YANKEE
Exterminating

Environmentally Responsible
SPECIALIZING IN CARPENTER ANTS

Call for a Free Estimate.
(516) 485-5625

Fully Licensed and Insured

Furniture Refinishing

FIRST CLASS FURNITURE

- CHAIRS REGLUED
- FURNITURE REPAIRED
- EXPERT REFINISHING
- POLISHING DONE IN HOMES

125 DENTON AVENUE NEW HYDE PARK, NY

488-8117

Handyman

HANDYMAN

CARPENTRY, PAINTING,
SPACKLING, SHEETROCK,
ALL REPAIRS, ETC.

Neat & Reliable

NO JOB FREE

TOO SMALL ESTIMATES

CALL DENNIS
(516) 731-3015

Home Improvement

APC INC. CONTRACTING MILLWORK

Kitchens • Baths • Attics
Basements • Painting • Decks
Masonry • Windows • Doors
Siding • Roofing
SPECIALIZING IN
CUSTOM WOOD AND
FORMICA PIECES

LIC.#S. FREE ESTIMATES
516-328-1901

Electrician

JOHN KELLY'S
Home Improvements

Extensive Work
in Garden City.
Recommendations
Upon Request.

ALL PHASES OF CARPENTRY

- Extensions • Basements • Siding
- Custom Wood Working

"No Job Too Small or Too Large"

(516) 352-5562

Beyond Your Wildest Dreams
Construction & Development, Inc.
152 Jefferson Avenue Mineola
RICHARD RYAN, President

FOR ALL YOUR HOME IMPROVEMENT NEEDS

SENIOR DISCOUNTS

294-ROOF

739-2316

REPAIRS & MAINTENANCE ARE US

WE REPAIR IT ALL
BIG & SMALL
Specializing in:

- Mirror Closets
- Painting • Plaster
- Floors • Tile Work
- Windows
- Plumbing & Electrical

Call (516) 466-1259

Kitchen/Bath Cabinets

RVC Kitchen & Bath Cabinets

KITCHEN CABINETS STOCK & CUSTOM
• Countertops
• Bathroom Vanities

FREE ESTIMATES
LIC. & INS.

142 North Park Ave.
Rockville Centre, NY
(516) 764-2948

Landscaping

LANDSCAPE SERVICES

- Landscape Design
- Lawn Maintenance

EVERGREEN LAND
LANDSCAPE CONTRACTORS
(516) 867-3800

Masonry

Build With Brick

Stoops
Brick Patios • Cement Work
POWER WASHING
Walks • Patios • Houses

QUALITY WORKMANSHIP
Call For Free Estimate
LICENSE #204270000

REASONABLE PRICES
-(516) 538-3813-
-(516) 538-3817-

Beautiful Patios

Designed & Constructed
Brick • Bluestone • Slate

James H. McCaffrey
Custom Masonry Contracting Co.
(516) LY9-6776

Walls • Walks • Planters
Brick Driveways
OUR 31ST YEAR

Painting

FATHER & DAUGHTER PAINTING & HOME REPAIRS INC.

FOR THOSE JOBS YOU HATE

INTERIOR-EXTERIOR
PAINTING
WALLPAPERING
STAINING
REPAIRS

BENJAMIN MOORE PAINTS
NO JOB TOO SMALL
NEAT-RELIABLE-REASONABLE

(516) 691-4764

John Migliaccio PAINTING

INTERIOR • EXTERIOR
FOLY INSURED

Paper Hanging
Plastering
Wallpaper Removal
Taping & Sheetrock
Reasonable Prices

516-483-3669

Window Cleaning

STEPHEN J. SWEENEY

of Garden City

- Interior & Exterior
Painting
- Staining • Carpentry
- Sheetrock • Taping
- Power Washing
- Licensed & Insured
- Many Local References
- FREE ESTIMATES

568-0230

Painting

EXTERIOR SPECIALISTS

PRIVATE HOMES OUR SPECIALTY

- ALL SURFACES EXPERTLY PREPARED BEFORE PAINTING
- KNOWN FOR QUALITY WORK AT REASONABLE RATES
- INTERIOR PAINTING
- FREE ESTIMATES
- FULLY INSURED - 5 YR. GUARANTEE

DONOHUE PAINTING
360-0080

Power Washing

Power Wash

LIC. #H1811830000

- Decks • Fences • Patios
- Lawn Furniture

Hand Wash Your House
775-8764 = 352-7754

Roofing

B.C. Roofing Inc.

ALL TYPES OF ROOFING AND ROOF REPAIRS

- Slate • Tile • Copper Work
- Torch Applied Flat Shingles • Vinyl Siding
- Gutter & Leaderboards • Cleanouts
- Chimney Caps & Flashings
- Roof Rips • Re-Roofing
- Re-Shingling

LIC. #H1859520000

FULLY INSURED
COMMERCIAL & RESIDENTIAL

FREE ESTIMATES
- 696-5244 -

Televisions & Radios

BUYING OLD RADIOS & TV'S

1930's - 1940's & Early 50's
Wood, Plastic, Table Or Console Models.
- Will Pay Cash -

REPAIRS FOR VCR'S & COLOR TV'S

516-822-4501

11 EAST MARIE STREET
HICKSVILLE, N.Y. 11801

O'Malley's

WINDOW CLEANING SERVICE

- Commercial/Residential
- 13 Years Experience
- Licensed & Insured
- Free Estimates
- Prompt, Reliable Service

(516) 756-1910

Town Reduction In Number Vehicles

Following a year-long review period, the Republican/Conservative majority of the Oyster Bay Town Board has instituted a program that will ultimately reduce by 50 percent the town's car and truck fleet. The Town Board has also initiated more stringent guidelines for the purchase of replacement vehicles that require greater utilization and longer service for the remaining fleet.

According to Town Councilman Thomas L. Clark, the Town Board has directed department heads to identify at least one third of the Town's passenger cars, station wagons, vans, pick-up trucks and Bronco-type vehicles that will be removed from service and readied for sale within the next 30 days. Additional vehicles will be eliminated through an attrition policy aimed at cutting in half the size of the Town's fleet.

"This reduction," said Councilman Clark, "must be accomplished without violating a recent New York State Public Employment Relations Board (PERB) ruling that requires union negotiations before taking away vehicles from certain Town employees."

In a complementary move, the Board has established more stringent standards on the Town's vehicle replacement policy. According to Town Councilwoman Ann R. Ocker, the prior standard, which was based on a five-year turnover concept, has been changed to a seven-year life cycle along with certain mileage and maintenance cost factors.

"Based on a review of various fleet operations in the private, industrial and public sectors," Councilwoman Ocker ex-

plained, "the new standard will force greater utilization of remaining vehicles and vastly reduce the former buying cycle. It will not only result in an initial reduction in the number of vehicles to be purchased, but will require the Town to continue purchasing fewer vehicles over the long term."

Special Use Permit For Animal Hospital

A request for a special use permit to operate an animal hospital in Plainview will be the subject of a Tuesday, September 14, public hearing by the Oyster Bay Town Board, it was announced this week by Town Councilman Tom Hogan.

The applicant, Neil Weiss, DVM, is seeking the special use permit for the operation of an animal hospital, as well as boarding and grooming of animals," Councilman Hogan stated. "The property is located in a 'G' general business district on the northwest corner of Manetto Hill Road and Nick Place, also known as 122 Manetto Hill Road, Plainview."

The meeting will be held in the hearing room of Town Hall East, Audrey Avenue, Oyster Bay, beginning at 7 p.m. The first hour of the meeting will be devoted to general public comment on any subject. Starting at 8 p.m., the regular Town calendar, including the above-mentioned hearing, will be called.

Half the price of a postage stamp. That is all this newspaper costs you per week delivered to you by mail.

Yevoli Says Town Dragged Feet On Cars

Oyster Bay Town Supervisor Lewis J. Yevoli said he is not surprised it took the Town Board more than a year to respond to his July, 1992, directive to drastically cut the amount of town-owned vehicles used by town employees. Yevoli, the lone Democrat on the Republican-controlled Town Board, charged that the Board was wasting thousands of dollars annually for passenger cars given to a select group of well-connected upper management employees.

Supervisor Yevoli stated: "Perhaps it's understandable it would take the Board this long to respond to my demand of 13 months ago...they have shown themselves over the past two years to be a fractured group that is often unable to come up with a coordinated or cohesive plan for anything. However, the town taxpayers should not have to be victims of this political nonsense." Yevoli referred to a statement by the Town Board that they now intend to reduce the town's car and truck fleet by 50 percent in a few years.

According to Yevoli, in the Dept. of Public Works, excluding the Commissioner, 10 top level employees, many of whom never leave the office, are assigned cars permanently. How can anyone justify giving five deputies, three assistants and two superintendents cars in these somber economic times? In virtually every town department the pattern is the same: deputies, assistants, superintendents, etc., are given cars whether they need them or not and the taxpayers are given the bill. Apparently the Town Board never heard of the term "car pool." Unfortunately, the town's hardpressed taxpayers have been paying the bill for

this unconscionable system for years. Coincidentally, almost half (61) of the 126 passenger vehicles that are assigned on a

permanent basis, are given to executive leaders and committee members in the Republican Party."

Prenatal Classes At Mid Island

At Mid-Island Hospital you can expect more than just state-of-the-art technology in Maternity Care. They like to help new parents before and after delivery with a few personal touches - like Prenatal Classes, offering tips on nurturing and nourishing for mom, dad and the newborn, plus lots more.

The Prenatal Program, a four-week series, begins on the first Wednesday of each month and meets from 7:30 to 9:30 p.m. in the MIH Staff Room. Qualified experts offer information on care of mother during

pregnancy (because Healthy Moms = Healthy Babies); the role of exercise during pregnancy; breastfeeding how-to's; care of the newborn (bathing, diapering, etc.); as well as Dad's role during and after labor. All for a nominal fee.

Join the class on the first Wednesday for guidance and support before bringing home your baby! The best surprise isn't how far birthing techniques have come, but how close they are to home. Mid-Island Hospital - Where people and progress are making the difference.

Give Us A Hand



Volunteer! For information on opportunities in your community, call for your free copy of "So You'd Like To Volunteer."

Long Island's United Way

(516) 595-6400

East End: (516) 727-0889

MOUNT AIRY LODGE

AMERICAS LEADING YEAR ROUND RESORT

Mr. Pocono, PA 18344
717-636-8811 • 90 minutes
from New York, Philadelphia

LOW MIDWEEK GOLF PACKAGES

PGA CHAMPIONSHIP COURSES

ENTERTAINMENT EXTRAVAGANZA

All Star Shows Every
Night of the Week, 3
Bands, Never a Cover
Charge or Minimum,
Gourmet Cuisine

Call NOW to reserve your
SUPER SAVER PACKAGES

1-800-441-4410

Pocono Gardens Lodge

INCLUDED FREE...

IN ALL PACKAGES

FULL COURSE MEALS

BREAKFAST AND DINNER DAILY

Nightly Entertainment and Dancing • Indoor / Outdoor
Heated Pools • Indoor / Outdoor Tennis • Regulation
Golf • Whirlpool • Sauna • Roller Skating • Racquetball
• Health Club • Indoor / Outdoor Miniature Golf
• Pedobeach • Water Slides. And much, much more!

THE POCONOS LEADING ALL-INCLUSIVE COUPLES RESORTS

Strickland's Mountain Inn

Individual Private Cabanas and
over Breathing Suites
Featuring Swimming Pool,
Fireplace, Sunken Heart-Shaped
Whirlpool Bath and Saunas

ASK ABOUT
PACKAGE RATES!

INFO & RESERVATIONS 1-800-441-4410

Private Swimming
Pool in your Suite

St. Dominic High School is...

• **A Private School** with an affordable tuition of \$3,600, a multi-building campus in a picturesque residential community, and a 65-year tradition of value-centered education.

• **A College Preparatory School** with a curriculum that offers four years of honors courses as well as advanced placement and college-level courses; 95% of the senior class is college-bound.

• **A Personal, Caring, Learning Environment**, with a total enrollment of 500 young men and women and an average class size of 25 students, that allows each student to be challenged intellectually and to be a participant rather than a spectator in extracurricular activities.



For information concerning admission to the 9th, 10th and 11th grades for September, 1993, please call Kenneth J. Selvester, Director of Admissions, at (516) 922-4888.

St. Dominic High School
110 Anstice Street, Oyster Bay, New York 11771



What Your Local NEWSPaper Has For You!

No Inflation Here -
And Here's What You Get
That No Other Newspaper Has...

The LOCAL NEWS about you and your friends

LOCAL GOVERNMENT NEWS - and how local taxes can affect you

SCHOOL NEWS - Not just the "Me Too" good news, but the entire spectrum including local pictures.

A full MAGAZINE SECTION locally edited and featuring local writers, Input opinion (You can talk back), Your local grandchildren, grandparents and pets.

A complete RESTAURANT READER RATING Section in which you can present your own views.

The OFFICE CAT. The only column in the world written by a smart cat that doesn't pussy foot around.

Ten SPECIAL SUPPLEMENTS a year on Brides, Car Care, Home Improvement, Health and many other subjects. All locally edited.

LOCAL CLASSIFIED pages. The largest section in the area to help you buy, sell and locate things where you live.

It's all here every week and many more important items for you.

We're the Biggest and We're the Best

The Best Buy Ever

52 Issues For \$8.50

Receive This Paper For \$8.50

Two Years,

For Only \$15.00

Three Years....\$19.00

If you are not already a subscriber to this newspaper, you are missing all of the local news of the area. You can get the paper delivered to you each week, by mail, for only \$8.50. Just send in your name and address with a check to Littmore Publications, Hicksville, N.Y. 11801. Subscribe for two years for only \$15.00! Three years...\$19.00!

Use the Handy Coupon
SEND ME THE PAPER



Name.....

Address.....

Town..... Zip.....

Phone No.

New..... Renewal.....

Fire Dept. Picnic



Oyster Bay Town Councilman Leonard B. Symons (left) and Town Clerk Carl L. Marcellino (second from right) recently joined with members of the Jericho Fire Dept. for the department's annual picnic. Among those on hand, left to right, were Chief Robert Hally, Frank Sammartino and 1st Asst. Chief Peter Marmann.

LEGAL NOTICE

Notice is hereby given that an Order entered by the Supreme Court, Nassau County, on the 8th day of August, 1993 bearing the Index Number 21221/93, a copy of which may be examined at the Office of the Clerk, located at 240 Old Country Road, Mineola, New York, grants my son the right to assume the name of Al Ulangkaya Araneta. His present address is 67 Underhill Avenue, Hicksville, New York 11801 the date of his birth is August 4, 1979, the place of his birth is Mt. Sinai Hospital, N.Y.C., his present name is Al Benhur U. Araneta
MIT 3172
1 X 8/13.

Pony Ride



Campers enjoy pony ride at the Mid-Island YJCC Chaverim (Friends) Camp. From left, Emily Morris of Syosset, Rachel Kirschenbaum and Daniel Krieg of Plainview, Nicole Gaccone of Syosset, and (lower bench) Laura Morris and Andrea Napchan of Plainview.



Former Grumman CEO John Bierwirth Is Still Taking Care of Business on Long Island

For 16 years, Jack Bierwirth ran the Grumman Corporation, Long Island's largest employer and a major economic force. In his "retirement" Jack is busier than ever, although every now and then he finds time to fish. He is deeply involved in a cause that is just as important as maintaining Long Island's economic well-being: restoring and preserving our unique environment.

Today Jack is Chairman of the Board of Trustees of the Long Island Chapter of The Nature Conservancy. For 40 years, The Nature Conservancy has been in the business of saving land all over the world — more than 6 million acres in the United States alone. And on Long Island we've protected more than 30,000 acres, including the 19-acre remnant of the Hempstead Plains.

We Long Islanders can still fish for trout; we can still walk in the woods, lie on the beaches, swim in the bays. But make no mistake, the quality of life here is under threat. We urge you to

make it your business to help preserve Long Island's magnificent natural heritage by becoming a member of The Nature Conservancy. For further information, call (516) 367-3225, or write to us at our Long Island Headquarters, 250 Lawrence Hill Road, Cold Spring Harbor, NY 11724.

Please enroll me as a member of The Nature Conservancy. My \$25.00 check is enclosed.

Name _____

Address _____

City _____

State _____

Zip _____

250 Lawrence Hill Rd. • Cold Spring Harbor, NY 11724

Created as a public service by Welch & Neulen Advertising Inc.

Isn't it time you joined The Nature Conservancy?



WHAT TO DO IF YOU THINK YOUR CHILD IS ON DRUGS.

Take a deep breath.

You're not a failure as a parent. You're not helpless. And you're not alone.

If you think you're a failure, consider this: There are many kids with neglectful parents who never use drugs. There are also children with seemingly model parents who do use drugs.

So the first thing to accept is that drugs, while indeed dangerous, are one more problem for youngsters to handle. And they'll do it better and faster if you're aware, involved, and don't stick your head in the sand.

THE AWARE PARENT IS THE GOOD PARENT.

Part of awareness and a major deterrent to experimentation is to talk to your kids about drugs.

But even with a lot of parental involvement, there are no guarantees. So it's important to know the symptoms of drug use and to take action if you see your youngster displaying them.

THE WARNING SIGNALS.

There are no symptoms that are absolutely reliable. But there are clues (see box).

Most of these symptoms tend to be gradual which is why parental awareness is so important.

But don't jump to conclusions.

Many of the warning signs for drug use are the same as those for depression or for the ups and downs of being a teenager. There's also the possibility it's a physical or emotional problem.

But whatever the problem, we're talking about a child who needs help. Right now.

The Telltale Signs

Chronic eye redness, sore throat or dry cough.

Chronic lying, especially about whereabouts.

Wholesale changes in friends.

Stealing.

Deteriorating relationships with family members.

Wild mood swings, hostility, or abusive behavior.

Chronic fatigue, withdrawal, carelessness about personal grooming.

Major changes in eating or sleeping patterns.

Loss of interest in favorite activities, hobbies, sports.

School problems - slipping grades, absenteeism.

START WITHIN THE FAMILY.

Nothing beats the power of love and family support. That has to start with a frank discussion.

Don't make it an attack. And don't try to talk with your child if he or she seems under the influence.

Wait for a calm moment and then explain that you're worried about certain behavior (be specific) and give your child every opportunity to explain. That means really listening, not doing all the talking.

At the same time, it's important to speak frankly about the possibility of drugs. And it's particularly important to talk about your values and why you're dead set against drugs.

If your youngster seems evasive or if his or her explanations are not convincing, you may want to consult your doctor to rule out illness and to ask for advice.

You may also want to have your child visit a mental health professional to see if there are emotional problems.

FURTHER ACTION MAY BE NECESSARY.

If your child seems non-responsive or belligerent, and you suspect drugs are involved, immediate action is vital.

First, you'll need an evaluation from a health professional skilled in diagnosing adolescents with alcohol or drug problems.

You may want to get involved with an intervention program to learn techniques that will help convince a drug user to accept help.

For the user, there are self-help, outpatient, day care, residency, and 24-hour hospitalization programs.

The right program depends entirely on the circumstances and the degree of drug involvement. Here, you'll need professional help to make an informed choice.

Another point: If a program is to succeed, the family needs to be part of it. This can mean personal or family counseling. It may also involve participating in a support group where you learn about co-dependency and how not to play into the problems that might prompt further drug use.

If you don't know about drug programs in your area, call your family doctor, local hospital or county mental health society or school counselor for a referral. You can also call the national helpline - 800-662-HELP - for advice and a referral.

WHATEVER YOU DO, DON'T GIVE UP.

That child who upsets you so much is the same little boy or girl who, only yesterday, gave you such joy. They're in way over their heads, and they never needed you quite as much as they need you now. No matter what they say.

For more information on how to talk with your kids about drugs, ask for a free copy of "A Parent's Guide to Prevention." Call 1-800-624-0100.

Partnership for a Drug-Free Greater New York

Partnership for a Drug-Free America

Part Two of the Mid Island Times,
Syosset Advance, Williston Times,
New Hyde Park Herald Courier,
Bethpage Newsgram, Jericho News Journal,
Great Neck News and The Garden City News

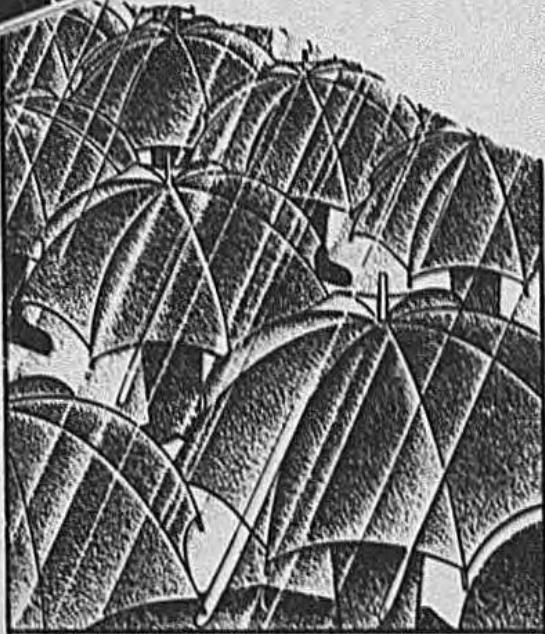
Discovery!

Magazine

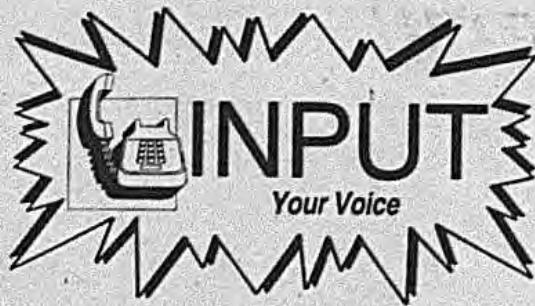
The newspaper edition that helps
discover new writers, new ideas
through input and special
family features.

Friday, August 13, 1993

The Flood of "93"

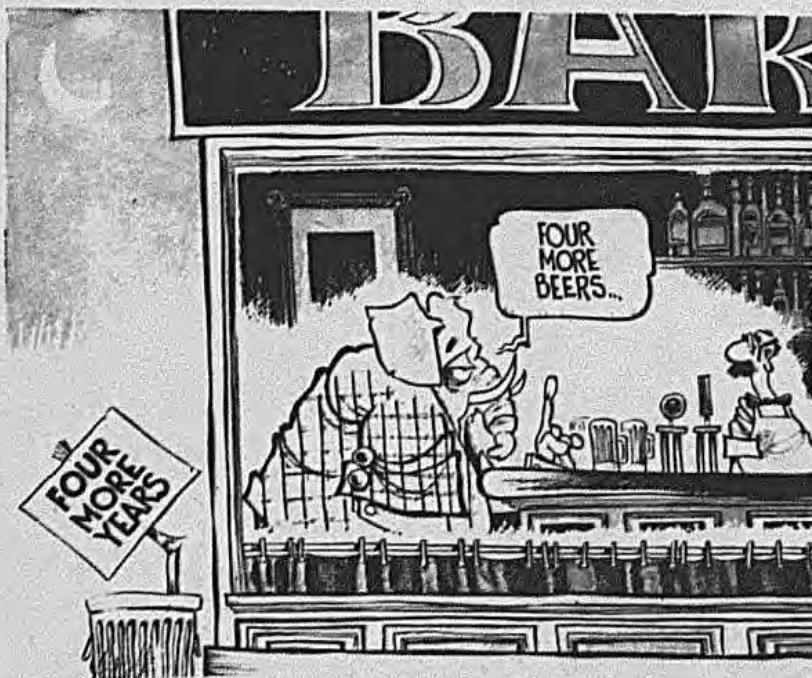


SEE PAGE A



THE QUESTION OF THE WEEK

The tax package passed has retroactive taxes to the beginning of the year. Do you think this is right?



Call 931-0027

**24
HOURS**

a Day

**Ground Rules:
You are not limited
to the above
but may talk on
any subject of
interest to readers.**

• One subject to a caller per week •

Simply dial 931-0027 - 24 Hours a Day and follow these simple rules:

1. Wait for the beep.
2. Confine your INPUT to one subject.
3. Limit your opinion to five minutes (make notes before calling).
4. Leave your name and telephone number, or simply use a pen name (your message can be anonymous).
5. Publishers reserve the right to edit, modify or omit any and all material.

Variety Of Answers On Parents Rights

Callers to Input had a variety of answers to this question: "Should birth parents be given the right to reclaim children they have voluntarily given in adoption? Here are some of the answers:

BIRTH PARENTS

I believe that birth parents should be looking for children they have given up. I know in my own case my father was at a loss when I was taken to the U.S. at age 11 against his knowledge. It wasn't until I was 18 that he found where I was and given permission to write to me. It wasn't until I was 26 that I went to visit him in Germany. It was a very nice reunion and he was also able to come here. I think sometimes that our birth parents are better than the adopted. In my own case I would have preferred to be raised by my own father but preferred to come to this country. K.E.

TOO RIGID RULES

I think the rules are entirely too rigid concerning the problems with natural parents and adoptive ones. The courts cannot continue to weigh matters as though they are dealing with a bag of potatoes. In recent cases the wishes of the child should have been considered. The courts should not put off on to the shoulders of a child the mistakes made by adoption procedures. If a child has been adopted legally and is happy in the new home then there is no reason to change the situation. It was easy to see in the case of Jessica who was given back to her birth parents that she was being taken into a situation that she did not want. The courts don't seem to understand so we get grotesque scenes of a child being taken from the only home she knew and given to parents she never saw or remembered. J.G.

SIMPLY ADOPT

We have too much legalism, instead of compassion in the adoptive system. And the people who engage in surrogate parenting for a price are even worse. In the Long Island situation where a married couple engaged a woman to bear a child, the entire plan was wrong from the beginning. It should be illegal to make these deals and it is totally unnecessary. There are thousands of children who can be adopted and would like a good home. Why then do these people make contracts when they could simply adopt a child? H.D.

LET CHILD DECIDE

I think the judge who gave the baby back to the natural parents should be impeached. He may know something about law, but he knows nothing about human nature. He has now spoiled the lives of the adoptive parents and the child. This type of legalism is wrong. Let the child decide when older but while the child is happy in its present circumstances no changes should be imposed. N.S.

NEW LAWS NEEDED

The problem is one that should take some new laws to change. There should be an absolute law which will not allow a parent to change his or her mind after a period of 10 days following the adoption agreement. After that time there should be no legal way to regain custody of the child. After the child is grown the natural parents can make new contact if all parties agree. K.H.

FATHERS RIGHTS

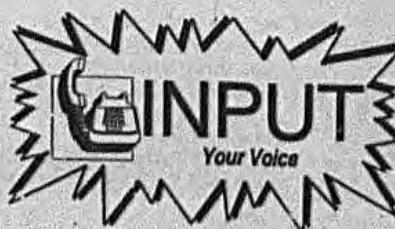
While I agree that children who have been happily adopted should not be uprooted I think that for too long now fathers rights have been neglected. The mother as well as the father should have to sign over rights and where this is not done the adoption should be stopped before it starts. J.S.

REDICULOUS QUESTION

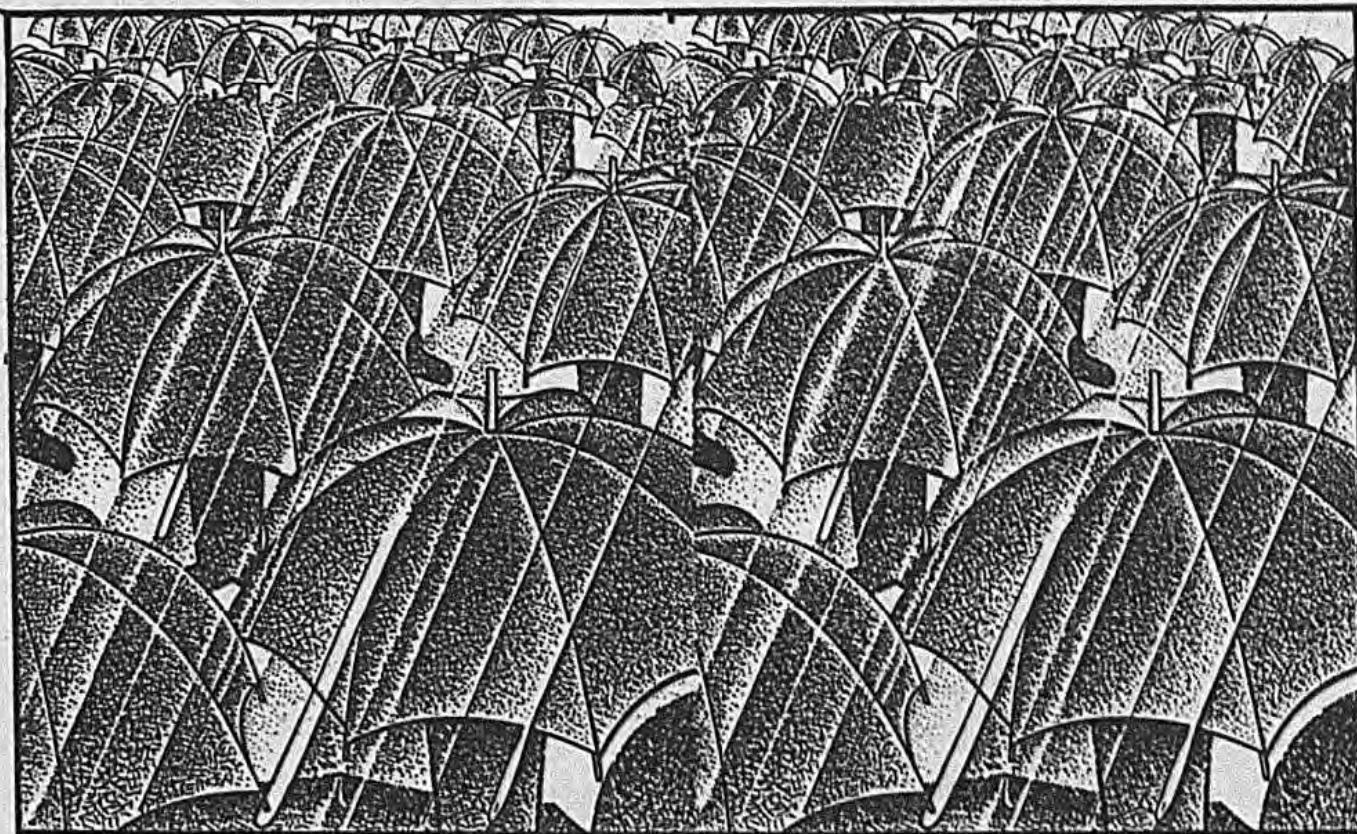
In my opinion the "Question" itself is ridiculous. When a married couple makes an irrevocable decision to give or sell the rights to their newborn children to qualified secondary parents, it seems to me that they have lost all rights to that child, assuming of course, that the neo-parental behavior has been all that it should be. To deliberately weaken the rights of the secondary parents is not fair and would irrevocably damage the strength of the entire parental structure.

PAST ISSUES - SUPREME COURT

Ruth Bader Ginsburg is the worst possible choice for the Supreme Court. She is a "wolf in sheep's clothing." She cleverly gives the impression that she is a person that is open to discussion on any matter and that she is not locked in on fundamental positions. The truth is her philosophy encompasses the major evils that are fostered by her puppet master "Slick Willy." She is pro-abortion. Believes in affirmative action, believes in the validity of the perverted styles practiced in the homosexual life, believes in the dispensing of artificial birth control to everyone. She has deceived the gutless Republicans who should call her to task but don't. The worst possible person to be on the Supreme Court is Ruth Bader Ginsburg. A.D.



Discovery!



The Flood of '93"

By Mollie Gussow

The mid-west flooding is a pitiful scene. Thousands and thousands of people losing everything they own. This will always remain memories of the past, that cannot be forgotten, and will haunt them for a long time.

These are lost memories. We all look back at times in our life and try to remember the nice things in the past. It's those memories that help us survive for the future.

These brave people are trying to hold on to life and hope. For them to look back will always be painful. Eventually, when the rains stop, and the land dries out, life has to start again. It's difficult but this is life. We get a taste of the good and the bad, the sunshine and the shadows that it casts.

What is happening to the world? Between the bad economy, and our open borders, where terrorists enter freely, and our streets with little safety, and the unrest around the world is frightening enough. All this followed up with the flooding is a lot to absorb.

How do they explain to their children, about the flood, losing their home, their toys, clothes, friends. We cannot let them fall apart while they are all trying to put their lives together again. Our skies used to show a rainbow now and then, but everything seems to be changing.

I constantly pray that God is watching over us all, and help straighten out our lives, and a future for all our children. How do we keep in touch with reality? We are all in it together, and can't look the other way. We can't say the world is imperfect. I honestly feel it's the people that are imperfect.

The song titled, *We Have the Whole World in Our Hands* is something to think about. It's true, the world is in our hands.

The neighboring spirit of those caught in the flooding area is superb. They lost everything, and are helping one another to survive. We must help, and share their problems. Helping, loving, feeling and sharing is important now. A person is a person wherever they come from. We should extend our hands and touch the world. That's what life is all about.

It's true Congress is busy, but this is important, too. Our leaders have to convince us that everything is being done to

The neighboring spirit of those caught in the flooding area is superb. They lost everything, and are helping one another to survive. We must help, and share their problems. Helping, loving, feeling and sharing is important now. A person is a person wherever they come from. We should extend our hands and touch the world. That's what life is all about.

It's true Congress is busy, but this is important, too. Our leaders have to convince us that everything is being done to aid the flood victims. So much time is spent there on nonsense, and so much money falling in between the cracks.

Our laws must be for all of us. There is no such thing as a republican law, or a democratic law. We want to remain the land of the free. The "Golden Land." If we can't find a way to live, help and respect each other, there will be no tomorrow for any of us. We have lost our way and need help. Our President is not too convincing.

The skies and the waters are rebelling against us. Our President made a commitment to protect us, and hope he will find the way.

Being 84 years old, I'm voicing my feelings in comparison to many years ago. I have witnessed so much in my lifetime, but the flood now is the worst.

"When I see the world today
It frightens me to a degree,
How much calmer were my days
And life was waiting for me.

Our grandchildren have much to do,
To straighten out this mess;
Perhaps we weren't strong enough
And we settled for much less.

God give them strength,
To look ahead and pray.
So they don't remain marching men
And can enjoy life from day to day.

ABOUT THE AUTHOR

Mollie Gussow lives in Great Neck and is a frequent contributor to Discovery. She says: I'm 84 years old and have so much to compare with the yesterdays.

DINING GUIDE



12 Verbena Ave., Floral Park 358-2705

SEVENTH STREET CAFE

Lunch Dinner
Take-Out Available • Gift Certificates
Parties for All Occasions
Open 7 Days a week • No Reservations
126 7th St., Garden City 747-7575

Enjoy Premiere Country Cooking
In A Hudson Valley Farmhouse Setting
With Picturesque Views Of
Roslyn Duck Pond



Roslyn Village
1282 Old Northern Blvd
(516) 625-3808

Manhattan
77 Irving Place Gramercy Park
(212) 477-2188

RJ
CAPP'S
A UNIQUE TAVERN

746-3713

American & Italian Specialties

EARLY BIRD SPECIAL
Mon. Thru Sat. 4:30-6pm 15% off

SUNDAY Kids Under 12 EAT FREE
1 Child's Entree for each Adult Entree

100 Herricks Road, Mineola
Bet. Old County Road & Jericho Tpke.

WINE TALK

The winery that ate New York

By Richard Nalley

Canandaigua Wine Co. is one of those outfits you've probably never heard of, but if you're a wine drinker, chances are you've sampled Canandaigua's wares — especially these days. Already the third largest U.S. wine producer, Canandaigua seems to be acquiring everything in sight.

A relatively obscure wine company founded in 1945 in upper New York state, Canandaigua had its first big hit with Richard's Wild Irish Rose, a fortified dessert wine catering in part to what critics call the "misery market" and more sympathetic observers the "value" end of the business.

Over the years, Canandaigua picked up a brand here, a company there and launched a few labels themselves. By the 1990s, the company's lineup of owned or marketed brands included Manischewitz, Mateus, J. Roget sparkling wine, Marcus James Brazilian table wines and Sun Country Coolers.

Canandaigua's toehold in California became a feet-first jump in 1991 with the \$55 million acquisition of Guild Wineries and Distilleries, a growers cooperative that had struck gold with the Cook's budget-priced sparkling wines and also fielded the Chase-Limogere, Cribari and Dunnewood lines. In 1992, Canandaigua topped this with the \$65.5 million (plus 1 million Canandaigua shares) purchase of Barton Brands, a beer and spirits company that, among other things, markets Corona Extra in the Western states and St. Pauli Girl.

Now comes 1993's shopping news: In July, Canandaigua signed a letter of intent to purchase Vintners International, the United States' fifth largest wine company and producer of Paul Masson and Taylor California Cellars in California and such New York state stalwarts as Taylor New York and Great Western. While the letter isn't binding — further negotiations will determine the shape of the deal — this would be very big news in the wine business.

E&J Gallo Winery isn't exactly quaking in its Reserve Cellars — Gallo still accounts for better than one out of four bottles of wine sold in the United States — but suddenly Canandaigua has become the formidable second largest competitor. If, as the company expects, the deal goes through, look for an intensification of price competition at the supermarket end of the wine business.

As much as Canandaigua's wheeling and dealing is unique in its size, on another level it is typical of what is taking place around the wine industry. With the recession tightening credit and many California wineries facing costly replanting due to a biblical onset of insect plagues (notably phylloxera and Pierce's disease), mergers, purchases and closings have become a common feature of the landscape.

Among the notable deals in re-

cent months has been the sale of Fetzer by the Fetzer family to Brown-Forman (Jack Daniels, Korbel), the purchase by Sutter Home of the former Napa Valley production facilities of Christian Brothers and Inglenook, the merger of Mark West and M. Marion, and the closing of Lambert Bridge and Hans Kornell. In what some viewed as an all-too-apt sign of the times, the banks foreclosed last year on Spring Mountain Winery — better known as the site of "Falcon Crest."

HAPPY BIRTHDAY

On a brighter note, 1993 marks the 100th birthday of Napa Valley's Stags' Leap Winery and a revival of sorts. Tucked away in a storybook setting beneath the Stags' Leap palisades, this venerable winery has been somewhat overshadowed in recent years by its sound-alike neighbor, Warren Winiarski's Stag's Leap Wine Cellars.

It now appears, however, that Stags' Leap Winery's genial owner, Carl Doumani, has rededicated himself to the property. With talented winemaker Robert Brittan in the cellar and Stags' Leap's acres of wonderfully situated old vines, we can look for more anniversaries worth celebrating from this property.

SUMMER READING

The prestigious Veuve Clicquot Wine Book of the Year award goes to "The Vintner's Art" by Hugh Johnson and James Halliday (Simon & Schuster). It's a very pretty and richly illustrated book, but one that's meant to do more than sit around on the coffee table collecting rings from wet glasses.

The subtitle tells it: "How Great Wines Are Made." Veterans Johnson and Halliday provide a remarkable density of information on this topic, and make it as easy to swallow as a \$25 Chardonnay. The book tackles the kind of technical subjects — five ways to produce rose wines, what makes "perfect" vintage weather — usually glossed over in wine articles.

Topic notations in the margins ("Trends away from tradition," "Longevity on the Loire") make it easy to flip to specific areas of interest. If you want a superb birthday (or general good behavior) present for a wine lover, this is it.

The runner-up for the Veuve Clicquot prize is worth putting on your wine bookshelf also: Matt Kramer's "Making Sense of California Wine."

The third in a series (after "Making Sense of Wine" and "Making Sense of Burgundy"), this is a reference book that explores California's wine regions with an eye toward determining which legal appellation names (such as "Napa Valley," say, or "Santa Barbara County") tell us something useful about the wine in the bottle.

DINING GUIDE

New Hyde Park Inn

Restaurant & Caterers

Over 50 Years of Quality

Complete Attention to Detail

Prices to Fit Your Budget

Serving Lunch & Dinner Daily

214 Jericho Tpke., New Hyde Park
(516) 354-7797 (718) 343-7380

No Credit Cards

Closed Tuesday

READER RATINGS

Q. I'm a newlywed and a novice at flower arranging. In a couple weeks I will be picking flowers from my first garden to use as a table centerpiece for our first dinner party. Any suggestions?

A. Two. First, this is the time to use your own creativity instead of borrowing someone else's.

Second, rinse the flowers and greenery thoroughly so that bugs from the garden don't find their way into the flowers into your guests' salad!

Q. What are the rules about having people sit on the floor at one's parties? We like doing it and wonder if that's a no-no or not.

A. It all depends on the age of your guests. Anyone under 30 who doesn't have a broken leg can sit and eat on the floor with grace. Anyone under 40 can pretend to do it and get away with it.

Most people over 40 (marathon runners and ardent athletes excepted) creak and groan for the comfort of a chair.

Bonnie's

EVERY DAY SPECIAL TWO DINNERS FOR \$19.95

Choice of Prime Ribs of Beef

or Baked Stuffed Shrimp

Dinner includes: soup or salad,

potato, vegetable, rolls & butter

Enjoy SUNDAY BRUNCH

In a unique sunny room (12-3 p.m.) from \$5.95

PRIVATE PARTIES FOR ALL OCCASIONS SPECIALIZING IN SMALL GROUPS

- Showers • Birthdays • Graduations
- Bachelor Parties • Anniversaries etc.

Sunset Dinner 4:30-6:30

Sunday - Friday

\$9.95 complete

Not to be combined with more than one offer.

248-1280 44 Willis Ave., Mineola
(1 block n/o Old Country Road)

LA CISTERNA

Celebrating Our 25th Anniversary In conjunction with Moet & Chandon's 250th Anniversary

We're having a Champagne Blast!

Every Nite of the Week

La Cisterna Restaurant is now offering you the chance to be served a bottle of Moet & Chandon in an elegant atmosphere for just \$10⁰⁰ above cost!

La Cisterna is the only Long Island Restaurant to make this fabulous offer!

This offer good until September 15, 1993

Celebrating an anniversary, birthday or any special occasion? Take advantage of this special \$10⁰⁰ offer and come in Wednesday or Thursday evening and enjoy a live classical guitarist.

Open For Lunch & Dinner 7 Days A Week

109 Mineola Blvd., Mineola 248-2112 • 746-9474

Fine Food & Spirits Affordably Priced

MORGAN GENTRY'S

OPEN 7 DAYS A WEEK

AMERICAN CAFE

FROM ACROSS AMERICA-FRESHLY PREPARED

Pasta to Prime Ribs FEATURING DAILY SPECIALS!

ENTREES FROM \$5.95 TO \$12.95

MONDAY THRU SATURDAY

DINNER AT DUSK

FROM 4:00 PM TO 6:00 PM

COMPLETE DINNER \$9.95

EVERY SATURDAY & SUNDAY
COUNTRY BREAKFAST
BREAKFAST & BRUNCH MENU

SATURDAY 8:00 TO 12:00 PM
SUNDAY 9:00 AM TO 2:00 PM



MONDAY THRU SATURDAY

DINNER AT DUSK

FROM 4:00 PM TO 6:00 PM

COMPLETE DINNER \$9.95



Newsday

RESTAURANT REVIEW 2-19-93

"Great American Food at a Fair Price!"

THE PERFECT SETTING FOR YOUR PRIVATE AFFAIR

516-437-9005

230 JERICHO TURNPIKE
FLORAL PARK NY

NORTHERN ITALIAN CUISINE

La Dora

SPECIALS

Mon. & Tues.: Large Prime Aged Steak \$14.95
Wed. & Thurs.: A Two Pound Lobster \$19.95
(Cannot be used with any other special)

*Private Parties *Take-Out Available
*Open 7 Days *Open For Lunch (M-F)

320 CENTRAL AVE. BETHPAGE, N.Y. 11714
(516) 931-3660

DINING GUIDE

New Hyde Park Inn

Presents Oktober-Fest

September 8th thru 13th

DINKELACKER
OKTOBERFEST BEER

MUSIC BY
ADAM BARTHALT & ORCHESTRA
(THURS., FRI & SAT.)

Dining Room Festival; Wednesday thru Monday
A Bounty of German Specialty Foods and Traditional Music,

Lunch and Dinner

Thur. & Fri. Sept. 9th & 10th
12:00-4:00p.m.

Saturday, Sept. 11th
8p.m. - 12:30a.m.

"An Over-50-Fest"

Complete Luncheon with German
Specialties, A Complimentary
glass of wine or beer,
music and dancing

\$18.50 Per Person
tax & gratuity included

An Authentic

German FEAST

\$38.50 Per Person

tax and gratuity included

214 JERICHO TURNPIKE, NEW HYDE PARK, NEW YORK
(516)354-7797 Reservation Required (718)343-7380

N.Y. Times Rave Review - May 3, 1992

C.P. Michaels cafe & grill



LUNCH M-F 11-3
DINNER M-Th 5-10, Fri. 5-11
Sat. 4-11, Sun. 4-10

41 Covert Avenue, Floral Park
CATERING
PRIVATE PARTIES 775-9004



KITCHEN HINTS

Better batter coating.

Batter coating adds wonderful flavor to fried foods.

- Allow mixed batter to rest for at least 30 minutes before use to allow flour to blend completely with liquid, give leavening a chance to activate and allow gluten to relax.
- Dry food thoroughly before dipping in batter.
- Dust food with flour or confectioners' sugar to help batter adhere.



Source: Cooking A to Z (California Culinary Academy)

KITCHEN KIDS



Sweet treats for summer

By Rena Coyle

With young children home all day, finding interesting ways to fill their time isn't always easy. Planning an activity to do with them in the kitchen is one sweet way to help fill their day.

Baking is a natural way to introduce your child to the kitchen. There are so many steps in any recipe your young children can help with and enjoy doing. Choosing a baking recipe is particularly one good place to start off cooking with your toddler or preschooler. Have them roll up their sleeves and belly up to the counter with a chair, then they are ready to go to work.

The advantage to choosing a baking recipe is that all the preliminary preparation is done while standing in one place. Your child can measure, then mix the ingredients together without having to move around the kitchen. With direction and guidance from an older caregiver, your children can quickly and easily prepare many recipes you may never have dreamed of them doing.

Often we think about baking either cookies or biscuits with kids, but what about a rich, gooey fudge brownie pie? Your children will savor buttering the pan and measuring ingredients. You wouldn't bring them to the stove to melt the chocolate, but every other step in the recipe can be easily managed by them.

The Very Berry Crunch not only combines many of your children's favorite foods, such as strawberries and granola, but it will get their hands right into the action. After blending the crust, they will press the mixture around the bottom of the baking pan as well as crumpling the top.

Unlike older children, toddlers and preschoolers will feel they made the entire recipe even if they do only one step. They will be very proud of themselves and will spend a lot of time sharing their experiences with you and their family.

FUDGY BROWNIE PIE

1/2 cup butter, plus 1 teaspoon
2 (1-ounce) squares semisweet
chocolate
3 eggs
1/2 cup sugar
1/2 brown sugar
1/2 cup flour
1 teaspoon vanilla
1 cup chopped nuts
1/2 cup whipped cream
Yields 1 (9-inch) pie.
Preparation time: 20 minutes.
Baking time: 40 minutes.
Utensils: paper towel, 1 9-inch
pie pan, measuring cups and
spoons, saucepan, mixing bowl.

mixer, rubber scraper, oven mitts.

Daub 1 teaspoon butter with paper towel and rub it evenly over sides and bottom of pie pan, set aside.

Preheat oven to 325 F.

Combine chocolate and butter in saucepan. Melt it slowly over medium heat, stirring occasionally. Once melted, remove from heat and let cool while compiling remaining ingredients.

In mixing bowl, beat eggs until frothy. Add white and brown sugars and continue beating on high.

Add flour, half at a time, and blend. Mix in vanilla and nuts. Add melted chocolate. Pour into pie pan and smooth batter into edges of pan.

With mitted hands, carefully put pan into oven and bake for 40 minutes. Turn oven off, carefully remove pan and allow the pie to cool for 20 minutes before cutting into 8 slices.

Serve warm or at room temperature with a dollop of whipped cream.

VERY BERRY CRUNCH

Crust:

1/2 cup butter
1/2 cup brown sugar
1 cup flour
1/2 teaspoon vanilla
1 teaspoon cinnamon
2 cups granola

Filling:

1 (14-ounce) can condensed milk
1/4 cup lemon juice
2 eggs
2 cups fresh berries, blueberries, sour cherries, strawberries
2 tablespoons tapioca
Yields 12 squares.

Preparation time: 30 minutes.

Cooking time: 20 minutes.

Utensils: 2 mixing bowls, measuring cups and spoons, mixer, 9x13-inch baking pan, oven mitts.

Preheat oven to 375 F.

Cream butter and sugar. Add flour, 1/2 cup at a time, to bowl and blend. Add vanilla and cinnamon. Blend. Add granola and mix until completely incorporated.

In another mixing bowl, combine condensed milk, lemon juice, eggs, berries and tapioca. Set aside.

Measure 2 cups of granola mixture and press into bottom of baking pan. Spread berry mixture evenly over granola mixture. Sprinkle remaining granola mixture over filling.

With mitted hands, carefully place baking pan in oven and bake for 20 minutes.

Once baked, turn off oven and carefully remove baking pan to heat-proof surface. Cool for 30 minutes, then refrigerate for 2 hours before cutting into squares.

DINING GUIDE

Mahoney's
Hillside
Restaurant
STEAK • CHOPS • SEAFOOD A SPECIALTY!
Lunch & Dinner Specials Daily
Catering Available
Open 7 Days • Sunday to 8 p.m.
We Honor Major Credit Cards

Since 1948
25 Hillside Avenue, Williston Park
294-6404

Jonathan's
AN AMERICAN BAR & GRILL

INTRODUCING
Our Summer Prix Fix
COMPLETE DINNER MENU
Monday Thru Thursday
4 - 7 P.M.

OPEN MONDAY THROUGH SATURDAY FROM 11:30 AM & SUNDAY FROM NOON.
LUNCH AND DINNER RESERVATIONS ACCEPTED FOR PARTIES OF SIX OR MORE.
PRIVATE ROOM AVAILABLE FOR BANQUETS & PARTIES. FOR MORE INFORMATION
CATERING FACILITIES **742-7300** Open 7 Days
3000 Jericho Tpke., Garden City Park

CASA MADRID
Fine Cuisine...Modestly Priced

COMPLETE DINNERS
(except Saturday)
soup, salad, main course, dessert & coffee

WE CATER PARTIES
Open 7 days for lunch from 12 noon
dinner every evening

210 Franklin Ave., Valley Stream, L.I. 825-7557

To Owners of Good Restaurants:
This Is Your Chance To Join
"Reader Ratings"
The Last Word In Restaurant Guides

Where Our Readers
Have The Last Word

This newspaper, and the seven other weekly newspapers associated with it, publishes the last word in restaurant guides and a paid listing of many prominent selected restaurants in this area. While many of them have been rated by the press, and most great food connoisseurs, our readers will have the last word through "Reader Ratings."

Through a special 24 hour phone system, readers will be asked to call in their assessment of each restaurant they visit. Consensus ratings (good or bad) will be published as a continuing part of the guide.

In addition they can make suggestions, compliments or criticisms through the open phone line and messages will be sent through to the restaurant management.

(Guide to Good Dining)

HOME ENTERTAINING

By Carol Cutler

Easy summer sipping

Being punch-drunk has nothing to do with alcohol. Being just plain drunk does. Neither state is anything to aspire to, or to admire.

Now in the heat of summertime, alcohol is less desirable than ever. It is not a thirst quencher, and it dehydrates the body. The latter reason is why travelers are advised not to drink alcohol during long plane rides, where the air is as arid as the Sahara.

Still, one goes to parties and one hosts parties. Having a drink in hand has become part of the scene. For the person giving the party there are a number of stratagems for holding down alcohol consumption.

First of all, consider the availability now of light and non-alcoholic beers and wines. Light beers contain 0.5 percent alcohol, down from 4.5 percent. Light wines contain about 3.5 percent alcohol instead of the heavyweight 11 percent to 13 percent.

Speaking of heavyweight, many people are also reducing alcoholic consumption to cut down on calories. A 12-ounce bottle of light beer contains 100 calories, instead of 150 for real beer. Light wines run to about half the calories of regular wines, which generally have about 85 calories in a 4-ounce glass. The sugar content of wines varies greatly, so counts for specific wines differ.

Non-alcoholic beers and wines do contain a minimal amount of alcohol, about .05 percent. Alcohol in such slight amounts can be found in some fruit juices, flavoring extracts, medicines and yeast products. Still, for recovering alcoholics, even that insignificant amount is not permitted.

To help reduce consumption at your party use smaller glasses. A 4-ounce glass looks substantially like a 6-ounce glass but is actually one-third smaller. While engaged in lively conversation, people don't notice such subtle differences.

If it's a serve-yourself cocktail hour, simply add the light and non-alcoholic beverages to the selection. Special bottled waters, ginger ale and cola drinks are also eagerly sought after these days. Those who prefer any of these choices can help themselves.

If drinks are being passed, have some wine, juice and water on the tray — all of them in the same kind of wine glass. For upscale effect, the water should be a bubbly one and have a wedge of lime floating in it.

Another choice being given at summer cocktail parties is iced tea. Lemon wedges and sprigs of mint provided added flavor as well as a pretty garnish to the glass.

Guests at a party also have several avenues available to limit alcoholic intake. Sip, don't drink, is rule No. 1. A lot of people have also developed the technique of just holding onto a single drink for

practically the whole night.

Discover the spritzer, from the German word for sparkling. Internationally part of bartender's lexicon, it now means a drink with a small amount of white wine or dry vermouth and a lot of club soda. It's making a little go a long, long way.

With peaches now at their flavorful best, try this summery version of Venice's famed bellini. On verandas overlooking the canals, the drink contains a little bit of peach puree and a lot of champagne. In this stretched-out drink there is a hearty amount of peach puree, a wee bit of gin for its juniper flavor and a long drink of soda water.

Each drink contains just 1 1/4 tablespoons of gin.

SUMMERY PEACH APERITIF

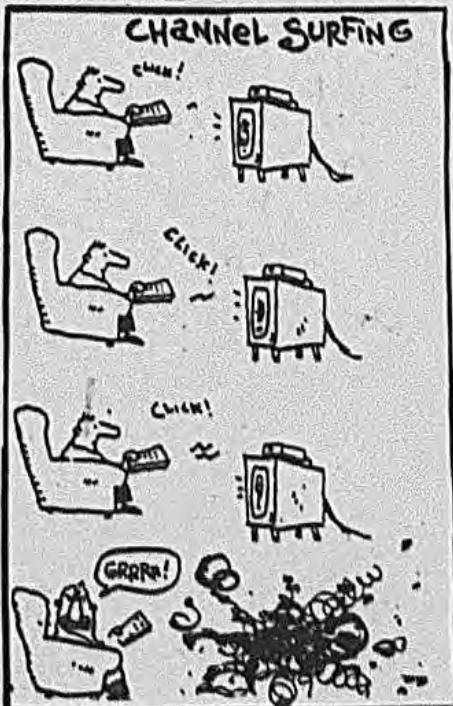
4 ripe peaches
1/2 cup of gin
Ice cubes
Soda water, chilled
Yields 4 servings

Peel peaches, cut in half, remove pit and puree in blender or food processor. Pour puree into small pitcher, add gin and stir together well.

Fill four tall glasses with ice cubes and divide puree among them. Add enough soda to almost reach top of glass.

Carol Cutler is the award-winning author of eight cookbooks, including "Catch of the Day."

Crowley Chronicle



Vegetarian View



By Linda Susan Dudley

Healthy summertime snacks

Youngsters may deserve more credit for food smarts than we give them. Given a choice, one-third of elementary school students picked low-fat meals, according to a report in *Pediatrics*.

The findings were from a study of 2,440 pupils and their more than 600,000 lunches eaten over a 14-month period.

Here's a simple, healthful snack that kids can prepare themselves.

HAPPY FACES

1 rice cake
1 tablespoon light cream cheese
8-10 raisins

Yields 1 serving.

Spread cream cheese to cover rice cake. Place raisins on cream cheese to form eyes, nose and mouth.

IT'S IN THE BAG

Volume is up on fresh fruit from orchards, including peaches, nectarines and plums. They're not always ready to eat when purchased at the supermarket. But consumers can bring fruit to full ripeness by placing in a paper bag with an apple or a banana for a few days. (The apple and banana give off a natural ripening agent called ethylene that speeds the process.)

You can use your ripened fruit to make a slump, an old-fashioned dessert that's cooked in a skillet with a biscuit-style topping. Serve it cool or warm, and top with a scoop of ice cream or frozen yogurt.

MIXED FRUIT SLUMP

2 cups (4 medium) peaches, sliced and peeled
1½ cups (4 medium) red plums,

sliced and pitted
½ cup blueberries OR raspberries
¾ cup sugar
2 tablespoons water
1 cup all-purpose flour
1½ teaspoons baking powder
1 teaspoon sugar
½ teaspoon cream of tartar
½ teaspoon salt
½ teaspoon baking soda
½ cup shortening
¼ cup milk
1 tablespoon sugar
¼ teaspoon ground cinnamon

Yields 8 servings.
In 10-inch skillet combine peaches, plums, berries, ¾ cup sugar and water. Bring to boil; reduce heat. Cover and simmer 5 minutes.

Meanwhile, in mixing bowl combine flour, baking powder, 1 teaspoon sugar, cream of tartar, salt and soda. Cut in shortening until mixture resembles coarse crumbs.

Make a well in center; add milk all at once. Stir just until dough clings together.

On lightly floured surface knead dough for 10 to 12 strokes. Roll or pat dough ¼ inch thick. Using cookie cutters, cut into desired shapes, dipping cutter in flour between cuts.

Or cut dough into 2x1-inch rectangles.

Drop cutouts onto hot fruit. Sprinkle with mixture of 1 tablespoon sugar and cinnamon.

Cook, covered, 10 to 15 minutes or until dumplings test done. To serve, spoon fruit and dumplings into serving bowls.

KITCHEN HINTS



A bean timetable.

Dried beans are a healthy treat that's easy to prepare.

1. Lentils and split golden gram (mung) beans require no soaking. Allow other varieties to soak overnight.
2. Cook with 3 parts water to 1 part beans.
3. Simmer most beans for 1½ to 2 hours; lentils and mung beans cook in just 20 to 25 minutes.
4. Add salt and other seasonings just before serving.

Source: "Cooking A to Z" (California Culinary Academy).

After Work Gourmet



By Sharon Achatz

Freeze summer's bounty

One key to quick cooking is having ingredients at hand. That translates into having a well-stocked pantry and freezer.

Summer is a season full of fruits and vegetables ripe and ready as candidates for freezer fare.

Not only are frozen foods convenient, but what could be finer than enjoying garden-fresh produce from your own yard or a roadside stand, not just at harvest time but all through the year?

Proper freezing techniques are easy to master.

All vegetables require a process called blanching, which inactivates the enzymes that cause vegetables to mature. If not blanched, vegetables often develop undesirable flavors during freezer storage. When blanched properly, either by steam or in boiling water, vegetables retain full color, flavor and texture.

As for fruits, they generally go into the freezer one of two ways: dry pack, which offers the advantage of allowing you to serve fruit as if it were fresh, and sugar pack, which is especially good for fruit to be used in cooked dishes.

For dry-packed fruit, hull, pit or slice fruit as desired. Then, place separate fruit pieces on a cookie sheet and freeze. When the fruit is frozen, package in 10- to 12-ounce containers or plastic bags, label, date for future reference and return to the freezer.

To sugar pack, place sliced fruit in a shallow dish and sprinkle with a bit of sugar. Toss gently so that each piece is coated. Pack, label, date and freeze.

Some fruit discolors during freezing. To prevent this from occurring, drizzle the fruit pieces with a bit of lemon juice prior to freezing.

To steam-blanch vegetables, cut clean vegetables into uniform-size pieces. Bring 2 or 3 inches of water to a brisk boil in a large covered kettle, and place a single layer of vegetables in a blanching basket.

When steam flows freely around the edges of the kettle lid, lift the lid and insert the vegetable basket. Cover and steam for the recommended blanching time. Several all-purpose cookbooks offer appropriate blanching times for vegetables, for example: three minutes for green beans, nine minutes for cob corn, three minutes for sliced zucchini.

After blanching, remove the basket and plunge it into ice water to halt processing and keep color bright. When the vegetables are cool to the touch, drain in a colander or on paper towels. Package in 10- to 12-ounce freezer containers or plastic pouches. Seal, label, date and freeze.

To blanch in boiling water, boil 4 quarts water in a large kettle for each 1-pound batch of vegetables.

Place a wire basket or cheesecloth bag of vegetables in the boiling water and cook for the recommended amount of time before plunging into ice water.

Regardless of what's being frozen, the proper packing materials and techniques prevent natural moisture in the food from escaping and help eliminate the possibility of freezer burn.

Following are a couple of recipes that make fine use of frozen fare.

HARVEST VEGETABLE SOUP

2 cups celery, sliced
2 cups cabbage, torn into bite-size pieces
6 cups carrots, sliced
6 cups tomatoes, diced
2 cups potatoes, diced
2 cups corn kernels
2 onions chopped
2 cups lima beans
2 cups green beans
1 teaspoon cumin
1 teaspoon salt
¼ teaspoon pepper

Yields 14 servings.
Preparation time: 15 minutes.
Slowly bring all vegetables to a boil — the moisture in the vegetables makes a broth without the addition of any additional fluid. Add cumin, salt and pepper; simmer 8 to 10 minutes or until vegetables are tender-crisp.

SUMMER FRUIT PIE

1 (15-ounce) package refrigerated pie crusts
1 cup sugar
4 teaspoons cornstarch
¼ teaspoon cinnamon OR ginger
4 cups fruit, peeled, hulled and sliced as necessary (see note)
1 tablespoon lemon juice
1 tablespoon margarine
Yields 1 pie.
Preparation time: 55 minutes.

Preheat oven to 425 F. Line bottom of pie pan with one sheet of pastry dough according to package directions.

In large bowl, combine sugar, cornstarch and cinnamon or ginger. Toss fruit with sugar blend and lemon juice. Spoon fruit filling into pie crust and dot top with 1 tablespoon margarine cut into small bits.

Using second round of pastry dough, cover fruit filling and flute edges of top and bottom pastry together; cut slits in top crust for venting.

Bake pie for 20 minutes. Reduce oven temperature to 375 F and continue baking 25 minutes more, or until crust is golden and fruit is tender. Remove pie to cooling rack.

Note: Good fruit choices include apricots, peaches, plums, blueberries or pears.

MICROWAVE MAGIC



Desiree Vivea

Historians have suggested that the word "scallion" probably once referred to the shallot, which was grown for centuries in Ascalon (an ancient seaport in Palestine). Nowadays, the term refers to any kind of long, green, immature onion shoot.

What's the difference between chives and scallions? The latter (also known as green onions) are the young shoots of certain varieties of onion which are pulled before they can develop a bulb. Chives are very thin green shoots with no white bulb at all. Very young thin scallions may be substituted for chives, but the flavor will be a little different. (Chives are available dried as well as fresh.)

Extremely popular in Asian cookery, scallions are used in stir-fries, to garnish soups and in all kinds of rice and noodle dishes. French cooks like scallions in egg dishes and sauces, while Middle Eastern cuisines often feature them in stews.

I frequently use scallions in tossed green salads, pasta or potato salads, tuna sandwiches, appetizers and dips.

Not only do they add a fresh, mild onion flavor to dishes — they're healthy, too. Ancient Egyptian royalty fed onions and garlic to the slaves who built the Great Pyramid of Cheops in order to preserve their health — so they would be more efficient laborers.

As it turns out, that strategy made good sense. Today, research suggests that a diet rich in onions, garlic, leeks, scallions and chives can help protect against cancer (particularly stomach cancer). Scallions have an added bonus: The green part is five times higher in vitamin C than full-grown onions.

Scallions are available all year long. When shopping, check for freshness: Shoots should be crisp and deep green in color, ends not wilted, no yellow or brown stems. Use within about a week.

To prepare scallions, rinse well under cold running water, taking care to rinse out insides of shoots to remove any soil or grit. Trim off and discard root end; remove outermost skin from white root end. Trim off any wilted sections from green end. Drain on paper towel. Seven to 10 scallions will yield about 1 cup chopped scallions (approximately 2 ounces).

Chop scallions, freeze in plastic bags, and they'll be ready to use in cooking. There's no need to defrost frozen scallions in your microwave; they'll thaw rapidly during cooking time.

Scallions' flavor is milder than that of full-grown onions. They cook more quickly, too. Add to microwaved cheese sauces, soups, egg and rice dishes, casseroles and vegetables (like summer squash).

Today's Scallion-Mushroom Toast for One is great served with any kind of egg dish for breakfast or brunch. For New Potatoes with Parsley and Scallions, be sure to choose small potatoes of uniform size for best results.

SCALLION-MUSHROOM TOAST FOR ONE

2 to 3 scallions
3 tablespoons water
2 mushrooms
1 teaspoon butter OR margarine
1/4 cup heavy whipping cream
Salt and pepper to taste
Yield: 1 serving.
Preparation time: 5 minutes.
Cooking time: 3 to 6 minutes.
Oven setting: HIGH (100 percent power).

Wash scallions; trim off root ends and discard. Trim off most of green part, leaving about 1 inch (reserve the rest for another use). Place trimmed scallions in shallow microwave-safe baking dish. Add water, cover with plastic wrap and microwave 2 to 4 minutes, or until onions are just barely tender. Drain thoroughly.

Wash and slice mushrooms. Add to scallions with butter. Cover and microwave 1 to 2 minutes, until mushrooms are tender.

Add cream and season to taste with salt and pepper. Spoon over crisp toast points. Serve immediately.

NEW POTATOES WITH PARSLEY AND SCALLIONS

1 pound small new white OR red potatoes, scrubbed (unpeeled)
1/4 cup water
2 tablespoons butter OR margarine
3 tablespoons minced fresh parsley
3 tablespoons chopped scallions (green part only)
Salt and pepper to taste
Yields 4 to 6 servings.

Preparation time: 5 to 10 minutes.

Cooking time: 12 to 16 minutes (plus 3 minutes standing time).

Oven setting: HIGH (100 percent power).

Cut potatoes in half lengthwise. Place in 2-quart microwave-safe casserole with water.

Cover and microwave 10 to 14 minutes, stirring once, until potatoes are tender. Drain thoroughly.

Add butter, parsley and scallions. Toss until butter melts. Return to oven and microwave 2 minutes longer, to wilt vegetables. Season with salt and pepper to taste. Cover and let stand 3 minutes before serving.

MICRO-TIP OF WEEK

Your microwave can make using all kinds of onions easier. To quickly peel a pound of tiny pearl onions, trim root ends off and discard.

Microwave onions in a shallow microwave-safe dish with two tablespoons of water at HIGH (100 percent power) setting about two to three minutes, to blanch. Drain, then let stand for a minute or so. Skins should slip off easily.

FOR TEENS

By Willard Abraham,
Ph.D.

Father's 'conditioner'

Dr. Abraham: My father thinks he is so macho that he is sometimes a pain to me.

He has a large wooden paddle hanging in his bedroom with two words painted on it — "My Conditioner."

I've heard him talk about spanking me and my brother with it (I am 15 and he is 13), but he has never used it on us.

I guess he thinks it keeps us in line just because we can see it, but that seems kind of dumb to me.

My brother and I have never been in any real trouble that I can recall, at least not enough to get my dad to use the paddle.

We're not the kind of kids who get into any serious trouble, so why does he have to keep that paddle hanging there so that we see it all the time?

I wish he would take it down so I can forget it. — Spanking Warning

Spanking Warning: Since you and your brother don't seem to need the warning, and your dad doesn't sound like he is eager to use the paddle, I wonder whether there is some way to help you overlook its presence. Could you perhaps cut down on passing his open bedroom door?

If you can't, maybe you can ask your dad to hang it out of sight, like in a closet or cabinet, and make room for a more desirable and better-looking item to hang in its place.

Dr. Abraham: Until last year when I was 15 my father gave me a weekly allowance to use or save as I wanted to. He knew I could be trusted with it, so there was no problem.

But one problem did occur and, as you can guess, it was over money.

I started a part-time job stacking groceries at a supermarket near our house, and receive an hourly rate that added up to more than my allowance, and that satisfied me.

I didn't expect my father to end my allowance, but he did, saying that as long as I am earning my own money (and he is into hard times financially), I should depend on my earnings instead of the allowance.

I don't think that is fair because I'm getting older and need more money, both to spend and to save. He doesn't agree with me.

Which side are you on? — Working Girl

Working Girl: Except for one point you brought up, I thought a compromise could be worked out.

It might have included your father helping a little bit with a reduced allowance so that you would save more.

Then I read your line that "he is into hard times financially," and thought this could be your chance to save (from your earnings), perhaps spend a little more than your allowance had permitted, and at

the same time pay back your father partly for what he has already given you, by your not receiving an allowance, and maybe ease his financial burden a little bit.

You are better off and his financial load is relieved to a limited extent. Doesn't that sound fair to you?

Dr. Abraham: I liked this boy until recently, but now he has become so sticky, gooey, and even wet and slimy, that I can easily do without him. It is all because of the way he kisses me. If he thinks that is fun or funny, he sure has the wrong girl.

It has reached the point that even if he stopped his miserable behavior, it is too late because I am completely turned off. He is just too gross for me to go on with.

I'm just through with him but don't know how to tell him. Will you help me please? — Fed Up

Fed Up: Write him a note, call him on the phone, or tell him in person, selecting whichever route is easiest for you. Tell him the truth, and say that it is final — if you really feel it is.

You might help him in his next relationship, and maybe even get him to clean up his act and try to get back into your life.

The decision would then be yours, to try again or stick to your turnoff.

Dr. Abraham: I'm a 15-year-old girl and want some advice to help with a problem I have. It is that I am claustrophobic. I know I won't get rid of it totally, but I don't want to always have to worry about being in small rooms.

My parents think the reason I'm claustrophobic is because one of my baby sitters locked me in the basement when I was little.

I just want to know if there is a way to get over it at least just a little bit.

What I don't understand is that I'm not afraid of going to the basement if no one locks the door.

But it is small places that really bother me. — Claustrophobic

Claustrophobic: I checked this out with a good friend of mine who is a competent psychologist. His suggestion was that you contact your school counselor or school psychologist, or a specialist in psychology or related fields to whom he or she refers you.

He added that the success factor with a problem like this is often quite high.

Because this may still be summer vacation time for you, you might call the major administrative office in your school district to find out whether any people of the types I've mentioned are on duty or otherwise available before your school is in full operation for the 1993-94 school year.

If you are unsuccessful in this effort, try to make an appropriate contact soon after your school year starts.

Cooking Corner



Dressing up the simple burger

By Orlando Ramirez

Try to visualize this sight: If all the beef patties Americans eat in a single year were stacked one on top of the other, that stack would reach 450,000 miles into space — to the moon and back and then some!

That's just one of the astounding facts about this All-American sandwich cited by Honey and Larry Zisman in their latest book, titled aptly enough "The Burger Book" (St Martin's Press).

"During the time we researched the book we ate more hamburgers than Bill Clinton has at McDonald's," jokes Larry, who made all the 62 different burger recipes listed in the book, as well as the 42 recipes for drinks, side dishes and "extras."

"Hamburgers are looked upon as something mundane," says Larry. "But there are many different ways to prepare them."

According to the Zismans, anything that is shaped into a patty and placed between two halves of a bread product, whether it be homemade rolls or pita bread, is considered a burger.

This leads to variations some purists may not quite consider "burgers," such as burgers made from lamb, chicken, turkey, falafel, tofu and veggies.

There are the standard beef hamburger recipes, but there are some startling interpretations on the ground-beef-on-a-bun theme, such as the Cranberry-Curry Burger, Beef and Liver Burger or the Truffle Shallot Burger.

The Zismans say they don't look at these non-beef burgers as imitations, but as dishes in their own right.

The variations provide an alternative, especially for vegetarians or those watching their diets by eating leaner cuts of meat or fowl.

The one idea that comes through loud and clear is that the Zismans believe that it's what you put on your burger and what you eat it with that make it special.

"We enjoyed making the side dishes a lot," says Honey. "There are a lot of homemade dishes that our friends helped us with."

She says the egg cream recipe came from their publicist, whose husband's family is in the seltzer business.

In fact, the Zismans eschew the ubiquitous french fries when they dine on burgers, preferring the cheese-braised onions or Three Bean Bacon Bake.

And what do these experts consider the correct doneness?

Larry likes his rare. Honey likes hers cooked "so that they're like hockey pucks," she laughs.

Like anything else, it's a matter of preference, although they suggest considering the latest warnings about uncooked food.

"You can get a general idea of how much a hamburger has cooked by checking the edges," says Larry. "If the edges are still red, the hamburger is very rare. Browned edges mean the hamburger is medium, and charred edges indicate that it is well done."

They note, however, that if you must cut to check the doneness, make as small a cut as possible to avoid losing juices.

And where do the Zismans stand in the grilling-vs.-frying debate?

"Grilled is more fun to do because it's outside and it cuts down on the fat," says Larry.

Honey notes that if a hamburger is cooked on the grill, it doesn't sit in fat. The Zismans recommend ground meat with a higher fat content when grilling because most of it drips away. However, for pan-frying, they prefer a leaner meat.

The big secret, however, to creating juicy burgers is to handle the ground meat as little as possible, using a fork to mix in other ingredients. The more the meat is handled, the more likely the end result will resemble the hockey puck Honey mentioned.

Other tips from the "The Burger Book":

- Hamburger meat should not be kept in the refrigerator for more than a day or two. It can be stored in the freezer for up to three months.

- Do not add seasonings to the meat before freezing, since the flavor of the seasonings can change while frozen.

- When defrosting frozen hamburger meat, let the meat sit in the refrigerator still wrapped in the package from the freezer. Do not defrost hamburger meat by letting it sit out on the kitchen counter.

- When making patties from ground meat that was frozen in bulk (not formed into patties before freezing), blot patties with a paper towel to remove excess moisture.

- Make sure the pan or grill is very hot before placing the hamburgers on it. Quickly brown both sides and then cook one side com-

pletely before turning over.

Do not press down with a spatula or turn the burgers more than once to ensure they will be as tender and juicy as possible.

One way to make making burgers fun, say the Zismans, is to have a party and have the ingredients on hand to make variations for friends and family.

That way, making a burger can be a creative experience, especially for kids who don't mind some odd variations when it comes to toppings.

Among some the Zismans have encountered:

- Creamed spinach, a thin slice of ham and crumbled blue cheese.
- Sauerkraut, thin slices of salami and hot and sweet mustards.
- Peanut butter and alfalfa sprouts.
- Pecans and melted brie cheese.
- Orange slices, fresh mint leaves and dollop of yogurt.
- Cold cooked shrimp, lettuce and horseradish.

As experts, you'd figure the Zismans would have an opinion as to which of the mass-produced, mass-consumed franchised burger outlets makes the best. Honey and Larry demur.

"We prefer the ones we make at home," says Honey, adding that when they go out, they never order burgers because they control the quality of what they're served, as well as the toppings, which for them is what makes a burger more than a sandwich.

What's next for the Zismans? A book all about cheesecake. And right now they're researching recipes for a book about oatmeal cookies. It's a tough life, but somebody's got to do it.

YOUR BASIC BURGER

2 pounds ground beef
Salt to taste
1½ teaspoons onion powder
¼ teaspoon pepper
Yields 6 burgers.

Using fork, gently mix meat, salt, onion powder and pepper. Shape into 6 patties, handling meat as little as possible and taking care not to press meat together tightly.

Broil, grill or pan-fry the patties. Length of cooking time will depend upon whether you and your guests like your hamburgers rare, medium or well done.

VEGGIEBURGERS

2 (10½-ounce) cans chickpeas, drained and mashed
1½ cups finely chopped walnuts OR pecans
1½ cups whole-wheat bread crumbs

1½ cups finely chopped spinach
¾ cup grated carrot
¼ cup chopped green and red pepper
6 shallots, chopped
2 tablespoons chopped celery
1 tablespoon chopped fresh parsley
¼ teaspoon pepper

¼ cup mayonnaise
2 tablespoons butter OR margarine
Yields 6 burgers.

Combine chickpeas, walnuts or pecans, bread crumbs, spinach, carrot, green and red peppers, shallots, celery, parsley, pepper and mayonnaise. Shape into 6

patties.

Sauté patties in butter, cooking until browned on both sides.

STUFFED BACON CHEESEBURGERS

2 pounds ground beef
Salt to taste
¼ teaspoon pepper
2 tablespoons barbecue sauce
1½ teaspoons sesame seeds
3 strips cooked bacon, crumbled
1 teaspoon cooking oil
6 ounces Cheddar cheese
Yields 6 burgers.

Combine ground beef, salt, pepper, barbecue sauce and sesame seeds and shape into 12 thin patties.

Evenly sprinkle bacon over tops of 6 of the patties. Cover with remaining patties, gently pressing together to seal bacon inside.

Pan-fry in oil until almost done. Place cheese on top of hamburgers, cover and cook until cheese melts.

TURKEY TREASURE BURGERS

18 dried tomato halves
2 pounds ground turkey
1 tablespoon Worcestershire sauce
2 garlic cloves, crushed
1 tablespoon parsley
Dash salt
Dash pepper
9 ounces Cheddar cheese, cut into 12 thin slices
Yields 6 burgers.

Soak dried tomato halves in boiling water for about 5 minutes. Remove to paper towels to drain. Set aside.

Mix turkey with Worcestershire sauce, crushed garlic, parsley, salt and pepper. Divide meat into 6 equal portions and roll each portion into ball.

Flatten out each ball and place 1 slice of Cheddar cheese in the center of the meat. Add tomatoes. Top cheese slice with another slice of cheese. Fold meat to completely enclose cheese and tomatoes.

Grill or broil burgers until turkey meat is thoroughly cooked.

FAMILY FAVORITE ROLLS

½ cup milk
3 tablespoons sugar
1 teaspoon salt
3 tablespoons butter OR margarine
1 tablespoon dry yeast dissolved in 1½ cups warm water
6 to 6½ cups all-purpose flour
1 egg mixed with 1 tablespoon water
Yields 12 rolls.

Heat milk over low heat until small bubbles form around edge of pan. Remove from heat and stir in sugar, salt and butter. Let cool to lukewarm.

Add dissolved yeast and 3 cups of flour, beating until smooth. Mix in 2½ cups of flour. Add remaining flour, a little at a time, until dough becomes stiff.

Place dough on smooth, floured surface and knead for 8 to 10 minutes. Put in greased bowl, turning dough to grease completely.

Cover and let rise in a warm place until dough doubles in size, about 1 hour.

Punch down and divide into 12 equal pieces. Shape into balls and flatten slightly. Let rise for 1 hour.

Preheat oven to 400 F.

Brush egg and water mixture on top of rolls and bake for 12 to 15 minutes, until golden brown.

Garden Talk

By C.Z. Guest

Why are perennials so popular? That's a much-asked question.

I say because they're just that — perennials — they return every season bigger and better, unlike annuals, and thereby, give you longer-lasting rewards for your gardening efforts.

For sheer beauty, perennials are hard to beat, they're hardy, easy to grow and reliable. Even if you live in a temperamental climate, have little sun and questionable soil, at least some perennials will be happy to call your garden home.

You may ask, what exactly is a perennial? A precise definition is tough, but generally speaking, perennials are plants that live for three or more years — many, like peonies, up to several decades. Perennials grow fresh tops each spring from roots and stems that overwinter in the soil.

Most of us, when we think of perennials, think of flowering garden plants with herbaceous stems that die to the ground each winter, such as columbine or hosta.

Herbaceous perennials generally die to the ground during cold weather. Other perennial varieties such as phlox and periwinkles have woody stems that often survive winter freezes and from which fresh growth appears in the spring.

How do these woody perennials differ from shrubs? It's a fine line, but, nevertheless, shrubs retain their entire structure through the winter, whereas woody perennials usually die back somewhat.

In addition to providing beauty

to your property, perennials can solve practically any landscape problem. They come in an amazing range of foliage forms and flowers as well as all the colors of the rainbow!

Some have extremely ornamental foliage; with or without blooms, they can grow up to 8 inches, or creep along the ground, poking up a few inches in height. Arranging perennials according to their different heights can give a garden dramatic highlights.

Many gardeners with high-maintenance gardens are replanting with perennials because, once established, they need little care and can be left alone for many years.

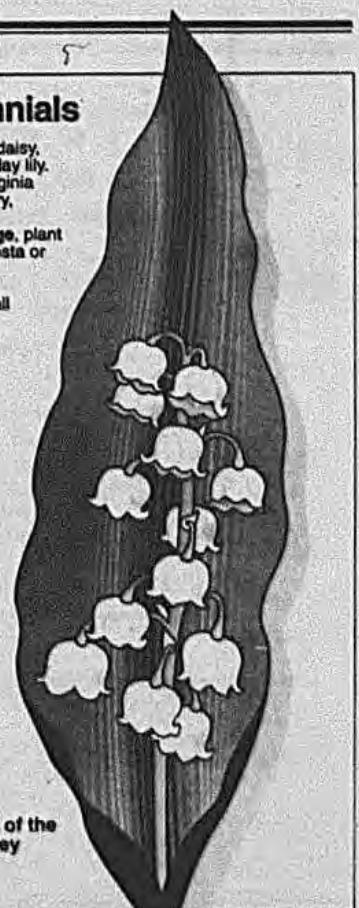
If you are tired of mowing your lawn, you can replace part or all of it with a low-maintenance ground cover, such as pachysandra, creeping buttercup, ivy, thyme, yarrow or gypsophila. Gardeners are also replacing their lawns with drought-tolerant perennials because of dry conditions in various areas of the country. Perennials can also prevent soil erosion and runoff.

For the apartment dweller, or if your garden is confined to a patio or porch, perennials make the perfect container plants. Columbine, dianthus, day lilies and windflower are just a few that grow well in containers. Choose plants of low to medium height with upright or trailing habits that bloom all summer long.

GARDEN TIPS

Popular perennials

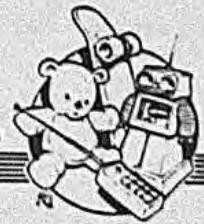
- In dry soil, plant Shasta daisy, sage, yucca, wild lupine or day lily.
- In shady areas, plant Virginia bluebells, lily of the valley, ivy, columbine or periwinkle.
- In soil with poor drainage, plant foxglove, wild ginger, iris, hosta or Japanese meadowweet.
- Plant a succession of perennials to have blooms all summer long.



Lily of the Valley

Our Children

By Willard Abraham



Smart parents need lots of preparation

Q. I agree that child abuse seems to be almost running wild in this country from what I read in the papers, but I think it is even more widespread than a lot of people recognize. Too often it is limited to the physical and sexual varieties, but I have a feeling they are only the tip of the iceberg.

What about the emotional problems we impose on some of our kids due to sarcasm, not listening and depriving them of the love they need and deserve? How about the awful diets that include junk food, fats and sweets?

It is also terrible that they are too often (and too young) subjected to horrifying violence in movies and parents who leave a lot to be desired as role models.

It takes constant vigilance on the part of parents to see that their children are protected from all types of abuse.

As a teacher, I frequently see families in which the children receive the clothes and physical environment they need but are deprived of the more important necessities that can contribute to their becoming well-adjusted adults.

I wish more people would recognize all the kinds of child abuse to which youngsters are exposed.

Thanks very much for letting me get these worries at least partly off my mind.

A. Your points are so well stated and well worth repeating very often.

Alvin Toffler in his book "Future Shock" wrote that parenthood is the "last preserve of the amateur."

Lack of preparation for parenthood is one of the most serious problems we face in our country. Some progress has been made, but we have such a long way to go.

Q. I guess I may be getting ahead of myself asking for information about disciplining children since our only child is just 3 years old.

She is a delightful little girl who is so easy to live with that I'm

almost apologetic even bringing up the subject. But after all, who knows what will happen and perhaps be needed in the future?

So please share some ideas on this topic. I'd appreciate your opinions on it.

A. This seems to be a subject of parental interest at all childhood levels. I wrote an article that aims at discipline and the early developmental years because of the importance of getting started in facing it during the younger years. A copy of it is on its way to you, and I'll tell other readers how to get one at no cost.

It goes into common-sense guidelines that include realizing that discipline and punishment aren't the same, the significance of limits and controls, "preventative" discipline, realistic expectations and children's behavior being more acceptable when they are busy rather than when they are bored or tired.

If other readers want a copy of the full article on this subject write to me, enclosing a stamped, addressed envelope with your request.

Q. I am writing to you regarding an article I saw in the newspaper. I have a 6-year-old blind little girl who is going into first grade.

The article was about narrated programs for these children. What is available for them? Thank you!

A. As soon as I received your letter I contacted our nearby Foundation for Blind Children. They suggested that you write to them at 1201 N. 85th Place, Scottsdale, AZ 85257.

They also said that you could obtain information about "narrated programs" from the Dallas Services for Visually Impaired Children, 3802 Cole Ave., Dallas, TX 75204.

OUR CHILDREN

CONSUMER CONFIDENCE

Advertisers Listed Here Have Agreed To The Following Statement:

"All work performed and materials sold will be of the same, or better, quality than agreed upon in advance with the customer, or advertiser will make any and all adjustments without additional charge to the buyer."

For information about advertising on this page, Call 931-0012.

THE SHADE FACTORY

BUY DIRECT & SAVE!

-VERTICALS - LAMINATING
-SHADES - BALLOON - BLINDS
UP TO 60% DISCOUNT

Serving L.I. Over 20 Yrs.

FREE SHIP AT HOME SERVICE

(516) 248-2933

169 E. JERICHO TPK., MINEOLA, NY HOURS TUES. - SAT. 10AM - 6PM



Birthdays Bar Mitzvahs Anniversaries
Engagements Disc Jockeys Sweet 16's
Wedding Christmas & New Years
Music from the 40's to 90's

(516) 333-5272
(718) 366-6796

INTERNATIONAL PICTURE FRAMING

DISCOUNT PICTURE FRAMING BY APPOINTMENT

CALL: 873-6128

- CUSTOM PICTURE FRAMING
- NEEDLE POINT STRETCHING
- CUSTOM MATS
- FINE ART POSTERS
- DIPLOMAS

WEDDING PHOTOS

30 % OFF



TOMMY DeROSA

Residential Painter for the Finest Service & Quality Workmanship Specializing in Co-ops/Condos/ & Textured Ceilings.

25 YRS. EXPERIENCE, Finest Quality Painter
References & Free Estimates (718) 531-2997

RALPH'S

REPAIR SERVICE

WASHERS • DRYERS • DISHWASHERS
MICROWAVE • OVENS • RANGES
REFRIGERATION • GARBAGE DISP.
"EXPERT REPAIRS ON ALL MAKES"

Lic. By Consumer Affairs

SAME DAY SERVICE
Washers & Dryers Installed & Ventied
Est. 1956
Hicksville 681-6049 Reasonable Rates

ALBERTSON TAXI - AND - Limousine Service

LOCAL • LONG DISTANCE
AIRPORTS • PIERS

747-5555

24 HOUR SERVICE 294-3565

ALSO 24 HOUR TOWING SERVICE

WHY NOT?

Anything Used

Buy • Sell • Trade • Consignment
873-1620

2157 Jericho Tpk., Garden City Park

P.S. LANDSCAPING

- EARLY BIRD SPECIAL -
10% OFF WITH SEASON CONTRACT:
YOUR CHOICE - #1 OR #2

#1 COMPLETE MAINTENANCE
(Spring clean-up, cutting, edging, pruning, planting, etc.)
#2 WEEKLY CUTTING & EDGING ONLY
OTHER SERVICES: SOD • GRAVEL • BLUESTONES

FREE ESTIMATES CALL 433-7632

"TOP SOIL"

Oyster Bay Sand & Gravel

WE DELIVER ON SATURDAYS

Call 822-6161 for

FILL, Concrete Sand, Pool Sand,
Fine Sand, Bankrun, Gravel,
Pea Gravel, Bluestone, Red Stone,
Blend, Portland Cement, Decorative Stone

Before You Buy Wood Chips
Come See Our "Wood Rock"

E.W. BLACKTOP & CONCRETE

Driveways Brickwork Concrete
294-5314

Dependable, Licensed, Reasonable

PAINTING & REPAIR SERVICE

- Wallpapering & Removal
- Quality Prep. Work Throughout
- Reliable, Reasonable Prices
- Utmost Care of Your Home & Furnishings

Call George (516) 328-6420

To Advertise In
This Section
Call

Litmor Publications Inc.
at 931-0012

and we will have a Sales
Representative contact you.

Our newspapers have fully paid circulation and are invited into the home.
Call us about our low rates.



EJ'S CLASSIC Painting & Wallpaper Co.

- *Paper Removal
- *Taping & Plastering
- *Sheetrock Repairs
- *Sand Painting *Staining

FREE ESTIMATES
248-3045





Fitness Forum

By Joe Mahr

You don't have to kill yourself to stay healthy, says America's premier walking guru.

Robert Sweetgall, who has walked more than 20,000 miles in two walks around the country, says the key to good health is not the intensity of exercise but the frequency.

"What it takes to be so fit to win a race may not be the proper training regimen for just living healthy," says Sweetgall.

"To be healthy, all one needs to do is to get drugs out of one's life, breathe fresh air, consume a balanced diet high in fiber and carbohydrates, and physically move the body."

Sweetgall, 45, originally from Brooklyn, N.Y., and now living in St. Louis, has written eight books on fitness walking.

He points to research done by Stanford and Harvard universities that shows a body burns the same number of calories whether it's running, jogging or walking.

The studies concluded the optimum number of calories to burn is 1,500 to 2,000. Exercising 20 minutes a day would burn seven pounds of fat a year, he adds.

While having to exercise almost an hour every day might intimidate some potential walkers, Sweetgall says, one can break up the exercise time throughout the day.

"You don't have to feel pain or break a sweat," he says.

Unfortunately 75 percent of Americans do not exercise at all, Sweetgall says.

"We have taught our children the perfect Nintendo-television, latchkey-kid lifestyle."

Sweetgall says the enemy — fatty foods — are everywhere.

"For one little plain M&M, you have to walk the length of a football field to burn the calories."

Dieting alone will not help.

"Diets are ridiculous," he says. "They are temporary solutions to a permanent problem."

Sweetgall says he learned the benefits of exercise the hard way.

He grew up as the "buttermilk" son of a lawyer and a housewife in Brooklyn and could eat anything he wanted, he said. Sweetgall watched his overweight father suffer two heart attacks, the last fatal. Other overweight relatives suffered a similar fate.

"The '70s were full of heart disease and funerals," he said.

At 31, Sweetgall, then a 200-pound chemical engineer quit his \$50,000-a-year job at DuPont and set out on a mission to walk/run the 37 perimeter states. That became his first journey across the nation in 1982.

"I left on the journey to tell America a story," he says.

With a 4-pound fanny pack carrying necessities, including a sawed-off toothbrush wrapped with dental floss, he began his 27-day journey. He took only one pair of underwear.

"If you ask people to turn around when you want to change, they

generally understand," he says with a grin. "Wouldn't you turn around?"

He started the journey in Washington and traveled down around the tip of Florida, to the deserts of the Southwest, up through Washington state, back across the northern United States to Maine, finishing back in Washington.

For the first third of the trip, Sweetgall says he jogged and walked. But after a few thousand miles, he gave up jogging because of the toll it took on his joints.

"Out of necessity to save my legs, I switched to walking," he says.

His second walk, a 365-day trip, which began in 1984, covered 11,200 miles in all 50 states. He flew to Alaska and Hawaii to complete the tour.

On the sixth day of the second journey, he had to cut slits around the front of his customized \$1,500 walking shoes provided by his sponsors because the heat had caused his feet to blister. Armed with three layers of wool and a face mask, Sweetgall met the winter snow of Colorado's Rocky Mountains. His shoes had to be resoled six times before he finished in Delaware.

Sweetgall said both trips taught him physical and spiritual fitness.

"The one thing I learned walking across America is that I can survive," he says.

Walking into unfamiliar towns and asking people for a place to stay was a common occurrence, Sweetgall says, adding that he stayed with 78 total strangers during the second trip.

"You wouldn't know anyone. You'd ask the grocer, you'd ask the postmaster, you'd ask anyone for help. Usually they were there to give it to you."

The trick to finding a place to stay is to first ask for a glass of water, Sweetgall says. Then, in the five minutes it takes to drink the water, he would explain his story to the homeowner.

"Usually nobody will refuse to get you a glass of water. And after they hear your story, it will usually lead to a peanut butter sandwich. Forty-five minutes later, you've found a place to stay."

It wasn't always that easy, Sweetgall admits. Once, in Minnesota, he had to sleep in a grain elevator.

In Phoenix, police interrogated him about an armed robbery for an hour during his second trip. He says a man apparently fitting his description, dubbed the "jogger bandit," had robbed a convenience store the day before.

He was ticketed in Delaware early one morning for not having a working headlight, a state law for anything, including a person, traveling in the dark.

During his two trips, Sweetgall gave more than 1,000 interviews with media, including an appearance on NBC's "Today" show with Jane Pauley.

THE HEALTHY GOURMET

By Kit Saedaker



A return to delicious Greek food

Sitting in a taverna in Mykonos a few weeks ago, I realized all over again how wonderful, simple and healthful Greek food can be.

Of course the sun was shining with all its might. The whole island is white and deep blue. Narrow lanes run up from the harbor past fascinating shops. All this is not depressing.

But sitting in a garden restaurant — Eve's Garden to be exact — I thought I'd neglected Greek food on these pages.

I ordered some of my favorite things, tzatziki, shredded cucumbers in thick sheep's yogurt heavily scented with garlic, lamb kebabs on pita and lemon rice.

Remember that this is an area naturally low in heart disease, the lowest in Europe in fact, and its diet is mostly grains, vegetables, herbs and fish.

TZATZIKI

4 cups low- or non-fat yogurt
1 long European cucumber or 2 small cucumbers

Salt
2 to 4 or even 5 cloves garlic
Juice of 1/4 lemon
Freshly ground pepper

Yields about 4 servings.
Each serving has about 140 calories, 4 grams fat, 14 milligrams cholesterol and 110 milligrams sodium.

Line sieve with cheesecloth or paper coffee filter or tea towel. Pour in yogurt and put sieve over bowl. Refrigerate for 2 to 3 hours. Meanwhile, peel cucumber and slice thin. Put in colander in sink and toss with generous amount of salt. Let sit for an hour. Rinse and pat dry.

Cut slices in thin julienne strips or even mince them. Put thickened yogurt in bowl and whisk until it is creamy.

Mash garlic with a little salt in mortar and pestle to make smooth

puree (or put it in a garlic press) and stir into yogurt.

Stir in cucumber, add lemon juice and salt to taste. Serve chilled and add pepper to taste. This dish keeps for a day or two in refrigerator.

SOUVLAKI

6 garlic cloves, sliced in half
1 cup chicken broth, homemade or canned
1 tablespoon olive oil
1 sprig fresh thyme
4 sprigs fresh rosemary
4 tablespoons fresh lemon juice
Salt and pepper to taste
1 pound lamb shoulder, fat cut off, lamb cut into 1-inch cubes
Bamboo or metal skewers (if bamboo, soak in water first)
4 pita breads, cut in half to form pockets
1 onion, coarsely chopped
2 ripe tomatoes coarsely chopped
2 cups shredded romaine

Yields 4 to 6 servings.
Each serving has about 300 calories, 12 grams fat, 51 milligrams cholesterol and 150 milligrams sodium.

Combine garlic, broth, oil, thyme, rosemary, lemon juice and salt and pepper (to taste). Mix well. Add lamb and marinate for several hours or overnight in refrigerator. Best way is to put lamb and marinade in plastic bag and seal.

Divide meat evenly among skewers and thread it on, alternating with pieces of garlic. Wind sprigs of herbs around each skewer. Save marinade. Either grill or broil meat for 6 to 8 minutes, basting with marinade and turning often.

To serve, warm pita halves and put two on each plate. Put skewered meat alongside and pass onion, tomatoes and lettuce so that guests can fill their pitas as they like. Serve with Yogurt Sauce.

Lower Your Cholesterol in Just 10 Minutes a Day Without Drugs!

Healing the HEART Without Drugs

Not a diet, not a drug, but a unique, power-effective, medically supervised program that can lower your cholesterol up to 30%.

Fast, easy, and effective — takes just 10 minutes a day — and you can still eat your favorite foods.

Call for details: 516-487-0077. Seating is limited.

FREE! Cholesterol Seminar
Cholesterol Screening
Blood Pressure Screening

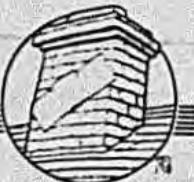


Great Neck Cardiovascular & Hypertension Center
833 Northern Boulevard
Great Neck, NY 11021
516-487-0077

REMEMBER...
Lower your cholesterol by 30% and you'll reduce your risk of heart attack by 80%.

Here's How

By Gene Gary



Q. We moved into a home that has wallpaper in the kitchen. I like the design, but the surface has collected a film of grease and grime from cooking.

I am hesitant on how to go about cleaning wallpaper. Could you give me some advice?

A. The type of wallpaper makes a difference on how you go about cleaning it.

Vinyl or plastic-coated papers can be washed with a mild solution of dishwashing liquid. Even if the paper is what they term "scrubbable" in the wallpaper industry, I suggest that you use care and test the washing process in an inconspicuous area before proceeding with the entire wall.

Use a cloth wrung out of lukewarm, sudsy water. If the colors start to run, the paper is definitely non-washable. Even if it is wash-

able it is wise to minimize the amount of water you use.

To cut the grease film, you might also try a solution of warm water with white vinegar. Keep the cloth barely damp. Some of the fabric-coated vinyls are so durable they are as easy to care for as painted walls. However, it is wise to use caution, rather than ruin your paper.

If you find the paper is non-washable, there are spot-cleaning methods. To remove greasy spots and food stains, apply a paste made of fuller's earth, or whiting, or cornstarch, or other absorbent powder mixed with cleaning fluid. Allow the paste to dry, then brush it off. Repeat, if necessary, and finish by gently rubbing the area with a clean cloth dipped in borax.

Another way to remove grease

spots is to apply a piece of clean blotting paper to the area and press with a warm iron. Use fresh new blotting paper each time, otherwise you may end up by pressing grease back onto the paper. Remove any lingering trace by rubbing with a clean cloth dipped in borax.

One problem with spot cleaning is that often the area cleaned is lighter than the rest of the wall. It is advisable to proceed with an entire cleaning of the wall using one of the commercial products made for cleaning non-scrubbable papers.

These products are available from your wallpaper dealer.

Q. I am single and renting my first apartment on a limited budget. The walls are not in good shape. They are irregular, with some cracks and bumpy besides. I would like to brighten my surroundings with a different wall covering or even a fresh paint job, which might hide the wall defects.

Is there any way I can do this without refinishing the walls? The owner will foot the bill for paint, but not refinishing. Refinishing would be out of the question on my

budget.

A. It's possible to apply today's designer wall coverings over cracked or textured walls, paneling or even concrete block. A lining material is available that quickly and easily transforms textured and badly damaged walls into smooth surfaces, allowing simplified application of most types of wall coverings.

Wall lining is a bridging material made of strong polyester fabric, similar in color and texture to interfacing materials used to stiffen shirt collars and cuffs. These wall liners will adhere to cement block, evening out mortar lines and roughness; over paneled walls, covering ridges, indentations and grooves; and even cover stucco, bridging cracks and other cavities.

Sanding and spackling to fill indentations is not required. However, wall liners will not hide wall imperfections such as protrusions or misalignment of cement blocks. Generally, wall liners are applied horizontally in individual 27-inch-wide strips with manufacturer specified adhesive. When the liner is dry, a standard wall covering can be applied directly over the primer layer.

Decor Score

By Rose Bennett Gilbert



Shades solve window problems

Q. Our living room faces southwest so we get both the afternoon heat and the glare. Since I have just had swags with long side curtains made for the windows — there are six in the room — I can't afford a whole new window treatment, but I need something to cut the glare without blocking the light entirely.

I'm thinking of adding pleated shades, but the room is very traditional.

Do you think they would be too modern? — P.E.

A. Not at all. Like most things of sensible design, pleated shades refuse to be pegged into any specific style category. In the appropriate color and finish, they fit as seamlessly into a room filled with antiques as they do into the most minimalist modern setting.

I hope the photo we show here proves that point: Duette honeycomb pleated shades (by Hunter Douglas) are paired with classic floor-length swags to provide light and privacy control at the windows of a mostly traditional sitting room.

Touted for their energy efficiency, the shades filter the sun without robbing the light, and what's more, they can be raised completely.

ly out of sight when you want to broaden your outlook.

Q. We have a hallway in our home that measures 3 feet wide and 22 feet, 6 inches long with several doorways and one ceiling fixture.

My problem is, could I do anything to the hallway that would make it more appealing to the eye? — H.M.K.

A. A number of cures are available for the "tunnel vision" you must be suffering. Consider these:

- Wall coverings with open designs, such as trelliswork, used on the ceiling, too. The pattern creates the illusion that space extends beyond the wall surface itself and will help relieve any tendencies to claustrophobia.

- Floor covering with horizontal stripes laid straight across the hall or on the diagonal. It, too, will serve to push back the walls visually.

- Doors painted different colors. Each could offer a preview of the color scheme in the room it leads to. This may be a favorite trick of the postmodernists, but it would add an interesting touch of whimsy to any dull hallway.

- More lighting. That lonely cen-



PRETTY AND PRACTICAL. — Classic floor-length window swags plus Duette pleated shades equal a window treatment that's as practical as it is elegant.

ter-ceiling fixture smacks of institutional sterility. If you can, squeeze a narrow table with a lamp somewhere along the wall. Or mount several wall sconces to create a pleasant interplay of light and shadow.

- Hang artworks, lots of them. Mirrors, too, in all sizes and shapes. Neither will take up any floor space, and they'll keep your eyes occupied as your traverse your tunnel.

What's more, mirrors make you see double the space, so the hall will feel more open and appealing.

Q. My husband has brought home a leopard-skin rug from the '30s that he found at an estate sale. It's in good shape, but I'm squeamish about using it. Aren't leopards on the endangered-species list? — A.M.

A. Yes, but that won't help the one you've got, so you might as well enjoy it. Just be prepared to take flak from environmentally savvy friends.

(Actually, studies released at CITES — Convention on International Trade in Endangered Species — show that the leopard has made a dramatic comeback, but it remains on the endangered list largely out of world sentiment.)





LOCAL READER

CLASSIFIED ADS sure to get results

There Is Nothing Else Like Local Classified Ads From Neighbor to Neighbor

DEADLINE
TUESDAY
12 NOON

ONE AD APPEARS IN 8 LOCAL NEWSPAPERS FOR ONLY \$12.85

Garden City News • Call 294-8900
Great Neck News

Mid Island Times • Bethpage Newsgram
Syosset Advance • Jericho News Journal
• Call 931-0012

Williston Times • Mineola Edition
New Hyde Park Herald Courier
• Call 746-0240

NOW after 2 p.m. phone-in your ad 24 hours a day to our special after hours ad number. You can phone your ad 24 hours a day and it will appear in the next issue of the paper (up to the 12 noon deadline for week of publication). If you miss the hours of our regular ad takers at any of the above numbers call 746-0240 and give your ad 24 HOURS A DAY.

Help Wanted

FREELANCE REPORTERS NEEDED to cover village, school meetings in Western Nassau area. Writing experience and interest in local affairs nec. Compensation per story. 931-0012. hfnf

FILE CLERK - Part time - Large insurance agency - Mitchell Field area. Call (516) 745-0800 ext. 307 Miss Cassetta hA2

MEDICAL RECEPTIONISTS, 2 P/T positions available. Beautiful Garden City office. Experience preferred but not necessary. Immediate. 746-6220 gcAg2

PIANIST REQUIRED TO Play for ballet classes once or twice per week. Afternoon hours. Sight reading essential. Please call after August 22. 248-1864 gcAg3

CHILD CARE/HOUSEKEEPING. Warm Long Island family seeking responsible, experienced, loving live in. Full time to care for 16 month old girl. Comfortable home & quarters. Must have minimum 5 years child care experience & recent references. Eves after 9 p.m. & week-ends 484-0678. gcAg3

CHILD CARE NEEDED Mature resp. adult to care for 2 school age children starting in Sept., P/T morn. & afternoons. Teachers schedule. Non-smoker. Own transportation. Syosset area. Please call 364-0533 hAg3

WOMAN WANTED, STARTING September, after Labor Day. Monday, Wednesday, Thursday, 2:30-7 p.m. to care for two children, 12 & 14 years. Non-smoker, own transportation, and references required. Call after 7:30 p.m. - 747-7468. ga2

Help Wanted

REAL ESTATE SALES POSITION - Well established Realty office serving the area for 78 years has openings available. Call R. Valentine for details. Valentine Agency. 746-7200. W-S-4

SEAMSTRESS TO WORK at home. Pillows, Curtains, table covers, quilts. Must be quick & neat. call Claudia 481-3330. scAg2

P/T DRIVER TO PICK UP & deliver for Garden City South business 5 days per week. Must have clean license. Retirees welcome. Call from 8 a.m.-12 noon. 486-3602. gcAg2

BABYSITTER WANTED. Garden City Kindergarten girl and third grade boy. 12:40 to about 4:15, later some Mondays. Need sitter either Tuesday and Thursdays only or Monday, Wednesday and Friday only. Teacher's schedule. 352-7747. gcAg4

KIND, LOVING PERSON to care for toddler. Light housekeeping. Monday, Wednesday, Thursday 8 to 5. Good Salary. Own transportation. Old Bethpage/Plainview area. Call 621-0541 after 6 p.m. W-A-1

HOUSEKEEPER/CHILD CARE for 3 school age children. Mon thru Fri. Live out. English speaking. References. Must have car, be responsible, reliable & motivated. Housekeeping hours flexible. Begin in late Aug. Call 746-0507, leave message. wAg3

SECURITY GUARD P/T, Pleasant surroundings. Ideal for senior citizen. Evening & weekends, all others need not apply. Day 585-6932, evenings and weekends, 549-9094. wTFN

Help Wanted

GARDEN CITY CHILD CARE needed. Start Fall, F/T. Mon.-Fri. Live out. 4 year old & 7 year old (in school). English speaking with references. Please call 294-4557. gcaAg2

C H I L D C A R E / HOUSEKEEPER wanted. Full time for adorable 11 month old. Good English and good references. 873-8989. gcaAg2

FILE CLERK - Full time-large insurance agency - Mitchell Field area. Excellent benefits. Call (516) 745-0800 ext. 307 Miss Cassetta hA2

FREELANCE REPORTER TO COVER MEETINGS in Hicksville, Syosset area. Exp. helpful. Interest in local affairs needed. Most meetings in eve. Compensation per meeting 931-0012. hfnf

INSURANCE, PERSONAL LINES claims rep. P/T - experience required. Friendly Hicksville office. Join us. Please call 681-2500 hA2

MATURE EXPERIENCED WOMAN to care for my 5 month boy. Teachers hours. English speaking, non-smoking. Call 746-1569. gcAg2

CHILD CARE NEEDED in my Mineola Home. Live out. 5 days a week. References required. 741-0381. W-A-4

MY FRIENDLY 5½ year old girl needs a responsible college student or woman to care for her from 2:30-4:30, Mon.-Fri. References. Please call 355-2767. gcSe1

P/T SECRETARY, HAPPY computer literate person who likes teenagers needed by small independent school. No benefits. Submit resume to Garden City News, 821 Franklin Ave., Garden City, N.Y. 11530 Box #W. gcaAg2

REAL ESTATE SALES - Very active Garden City office seeks experienced sales associate. Call Ed Keusey 747-1300 gcAg4

MARY POPPINS NEEDED! Experienced child care provider to care for our 9 mos. old baby daughter in our Garden City home. Flexible, full time hours, Mon.-Fri. Competitive salary. English speaking only. Valid driver's license & recent references. Call between 8 AM-10 PM. 877-2137. gcaAg3

DO YOU HAVE A SERVICE to advertise? Our Service Directory is sure to bring results. Call 931-0012.

Help Wanted

CHILD CARE NEEDED - for teachers children in her Huntington home, energetic, responsible person, beginning in September '83. M-F Teachers hours and holidays. References required, transportation needed. Please call 385-2360. hal

EXCELLENT HOUSEKEEPER NEEDED for Garden City home 2 mornings per week. Mon., Thurs. or Tues., Fri. for 2-3 hours. Hourly pay. Must have local checkable references. 877-0812. gcaSe1

Situation Wanted

NURSING ASSISTANT to take care of elderly in home. With references. (718) 723-1504. wAg3

NURSE'S AIDE AVAILABLE to take care of the sick or elderly from 11 p.m.-7 a.m. shift. Lots of experience, good references. Call any time. 671-9624. gcAg3

CLERICAL &/or BABYSITTING, weekends, experienced all fields. 773-8738 after 5:30 p.m. Near all transportation. gcaSe1

HOUSEKEEPER/HOUSECLEANER, EXPERIENCED, references, live in or live out. Available Tues. through Sat. Call 584-8745. gcaSe1

HOUSECLEANER EXPERIENCED, GOOD REFERENCES, own transportation. Available every day. Call 486-7418 or 481-3798. gcaSe1

CERTIFIED IRISH LADY seeks job as a nurse's aide/companion. Caring, honest and reliable. Good references available. Live out. Please call (516) 326-9726. gcaSe1

BABYSITTER/COMPANION/HOUSEKEEPER. Live in or live out. Experienced, available anytime, own transportation. Call 685-4933. gcaAg3

EXCELLENT HOUSEKEEPING/BABYSITTING AVAILABLE. Reliable, affordable, flexible hours. References available. Can drive. Call 739-0918. gcaAg3

NURSE'S AIDE OR HOME health aide seeks position nights. Own transportation & reference. 585-9142. gcaAg3

HANDYMAN AVAILABLE. NO job too small. Free estimates. Call any time. 747-7404. gcaAg3

Situation Wanted

YOUNG WOMAN SEEKING a job as a babysitter for five days a week, willing to live in or out, with reference available. Call Verna at 379-4877 any time. gcaAg2

I'M CERTIFIED, EXPERIENCED AND RELIABLE. I will take care of your sick or elderly weekdays or weekends. References available. Please call 585-4359. gcaAg2

LOVING MOM IN ALBERTSON will babysit your child in her home. Reasonable rates. Many references. call 248-1780. wAg2

RN NURSE AVAILABLE FOR 5 days a week. Hours flexible. Good references. 483-8746. wAg2

EXPERIENCED NY CERTIFIED nurse's aid available P/T or F/T good references. Clean drivers license. Please call Jennifer, leave msg. (718) 659-5847. hA2

RELIABLE WOMAN SEEKS position as companion for elderly. Also available for babysitting/light housekeeping. Experienced, excellent references. Please call 489-8032. gcaAg3

NURSE'S AIDE WITH 2 years nursing home experience seeking position to take care of the sick or elderly. Reference available. 481-4278. gcaAg3

LOVING AND CARING, experienced nurse's aide seeks position to work with the elderly, sick or young children. Available full time 5 days a week, living out or on weekends. References are available. Can be contacted at 538-5072. gcaAg3

HOUSECLEANING, EXPERIENCED, GOOD REFERENCES. Own transportation. Call any time. 292-2384. gcaAg3

HOUSECLEANING JOB WANTED. Experienced with references. 292-0624. gcaAg3

HONEST & RELIABLE LADIES with car & experience seeking housecleaning positions. We have references. Also will work as nurse's aides days. 292-3266 or 292-7527. gcaAg3

CERTIFIED NURSE'S ASSISTANT seeks position to care for sick or elderly patient. Own transportation. call 223-6847. gcaAg3

MINEOLA MOTHER WILL provide TLC to your child P/T/FT. Non-smoker. Excellent references. 743-7830. wa2

Situation Wanted

CHILD CARE AVAILABLE NYS certified early childhood teacher with Master's degree will care for your child in my Mineola home. Enriched environment. Playmates. Certified program. Excellent extensive references. 747-5350. wa2

HOUSECLEANER AVAILABLE, experienced, Reference, English speaking. Own transportation. 747-8523. gcS1

NURSE'S AIDE / COMPANION, 45 years old, seeks employment to care for sick, elderly or disabled. Live in or out. Checkable references. (718) 849-0711. gsS1

MINEOLA MOM WILL GIVE TLC to your child in a childproof & happy environment. FT/PT. Non-smoker. References. 742-3402. W-S1

HOUSECLEANING PER DAY. Monday & Tuesday. References. 483-7863. W-S1

I AM A MATURE Christian lady, whose job is to take care of the elderly in the privacy of their own home. If you need quality care for your loved ones, please call Amanda at (718) 337-2501. All references are available upon request. gcs1

COMPANION, MATURE, RELIABLE, Experienced Christian man with own transportation seeks position for elderly care, 5 days. Best references (516) 538-1464. gcAg2

EXPERIENCED NURSE'S AIDE seeks position to take care of the sick or elderly. Good references. Will live in or out. Flexible hours. Ask for Valerie. 355-0553. gcAg2

NURSE/COMPANION: long favorable association with local churches. Outstanding work references, Garden City, Rockville Centre. Willing to work flexible hours, days, evenings, late night or any combination. Entrust your loved one to a warm, gentle, compassionate professional. You will not be disappointed. Call 437-3586. W-S1

SLEEP IN AIDE Available Mon. a.m.-Fri. a.m. to care for elderly sick. Responsible and caring. Have references. Please call Florence. 669-7925. gcAg4

PROFESSIONAL WOMAN & DAUGHTER available to house sit month of September while between house moves. Prefer Eastern section. Please call 742-0441. gcAg3

WE DO WINDOWS. Interior/Exterior painting, yard work, gutters and then some. No job too big or too small. Call the College Boys for free estimate. 746-0154 or 739-3733. gcAg3

EXPERIENCE D EUROPEAN WOMAN looking for position as a housekeeper or caregiver for elderly. Please call Fiorela at (516) 485-7017. gcAg4

Situation Wanted

ATTENTION VACATIONERS - WOULD You like to go away and know that your dog or cat is well taken care of? Mature woman who loves animals will give your pet lots of TLC. Fenced in yard. 352-9113. gcAg3

MATURE & RELIABLE WOMAN seeks position as Nurse's Aide or companion. Live out. Monday thru Friday. References. Call 516-488-2095. W-A-4

CERTIFIED HOME CARE Nurse with long term references seeks position to take care of sick or elderly. Will live in or out. 718-628-0854. W-A-4

NICE IRISH LADY seeking position as housekeeper/companion for elderly. Excellent references. Williston Park, Mineola, Garden City area. 5 days a week. Live out. 294-8917. (Not available until after Labor Day). W-A-4

DEPENDABLE PERSON SEEKING job to take care of elderly. Contact Barbara at 546-5459. gcAg4

HOUSECLEANING WITH GOOD Experience and references for big/small house. I do a good job. Own transportation. Good price. Please call after 6:30 p.m. Ask for Cida. 877-0630. gcAg4

HARD WORKING YOUNG man with truck willing to do clean-up and dump runs. 354-1720. gcAg3

MY HOUSEKEEPER WILL clean your house any morning and/or babysit your children. Experienced, reliable. Excellent references. Call 294-6535. gcAg4

SMALL WORLD NANNIES specializing in high quality live-in child care. All applicants thoroughly screened. Let us help your family find competent, consistent and loving care. (516) 352-2339. gcAg2

POLISH WOMAN LOOKING for housecleaning position. Call anytime (516) 486-4228. gcS1

CHILD CARE-EXPERIENCED woman available with references, to care for infants or school age children, full time, days or evenings. Very reliable. Claire (516) 825-7455. gcS1

RETIRING NURSING CAREGIVER of new mother's & babies desires week end infant & toddler baby sitting position. Excellent references (516) 379-8422. gcS1

HOUSEKEEPER AND BABYSITTER available. Monday, Tuesday and Thursday only with excellent experience and references. Please call anytime or leave message (516) 747-5950. gcAg1

BABY CARE / HOUSEKEEPING live in looking for position with good references. Call leave message on machine (718) 204-5049. hS1

Real Estate for Sale

SOUTHOLD, BAYFRONT, 40'x20' dock on canal. Contemporary home, great room w/fpl, sliders to 50' deck, modern kitchen, master suite w/jacuzzi, 3 Baths, 2 Car+garage, fully landscaped, loaded. Principals only. Owner anxious! 765-4169 evenings. gcAg2

GARDEN CITY STATELY Colonial Estates section, large LR/Fpl, FDR, 4 BRs, 1½ baths, EIK, slate roof, second floor porch, finished basement, professionally landscaped. Near Stratford & Park. Reduced. \$399,000. Owner 897-0503. gcAg3

GARDEN CITY SOUTH Custom cape. Mint. Dead End. Golf Course. 80'x100'. Includes 40' mini villa. Porch, new windows/doors. Five BR, two baths, EIK, DR, LR/fpl. Many extras, low taxes. \$265K. Principals. 481-8919. wa2

GARDEN CITY GRAND Ranch on numbered street in the prestigious Central section. ½ acre with room for pool. Beautifully remodeled 5 BRs, 4½ Baths, Lg. LR, DR w/white bleached hardwood floors. EIK, Den, CAC, Fin. Bsmt, Great for Lg. Fam. Mother/Daughter. Handicap accessible. Move in condition. Taxes being reduced. \$495,000. Call owner. 742-2208. gcAg3

STEWART MANOR HI Ranch, 6 BRs, EIK, 2 full Baths, Fin. Bsmt, LR, DR, panelled Den/Fpl, Florida Room, 1 car garage. \$260,000. Owner 775-9472. gcAg3

ESTATES SECTION IMMACULATE 5 BR Colonial, Eat-in-kitchen, 3½ baths, 2 FPLs, fin. basement, fam., LR, DR. Walk LIRR and schools, 100 x 100, spkld, sec. sys. Principals only. \$675,000. 747-7439. gcAg2

GARDEN CITY SOUTH Mint Colonial, 3/4 BRs, FPL, Mod. Kitchen & Bath, Study, Den, Office. Walk to RR. Low taxes. \$265,000. 292-2112. gcAg4

GARDEN CITY COLONIAL 3 BRs, 2½ baths, LR/Fpl, DR, large EIK, plastered walls, den, fin. bsmt., garage, screened porch. Walk HR & courthouse. Asking \$325,000. 747-8719. gcAg3

GARDEN CITY COLONIAL Mint 4 BR's, 2½ baths, LR, DR, den/Fpl, EIK, laundry room plus 4 room suite, professional/Mother/Daughter, 1/2 bath, CAC, sprinklers, 2 car garage. Asking \$469,000. (516) 538-1812. gcAg3

ST. JAMES, FAIRFIELD-Beautiful adult community, magnificent townhouse with many updated, expensive improvements. Club house w/tennis courts, 3 swimming pools, own bus service, 2 miles RR & mall. 3 large BRs, 2½ baths, Jacuzzi whirlpool tub, LR, DR, stereo intercom, closet organizers. Amenities galore. 12 hour man security gate. 584-7820. Low taxes. gcAg2

Real Estate for Sale

GARDEN CITY RANCH, CAC, 3BR, 3B, Deck, Jacuzzi, Finished Basement/Wet Bar, Cedar Closet, Hepa Allergy System, ¼ Acre. \$385,000. 352-0608. gcAg3

NASSAU POINT WATERFRONT on protective cove. LR/stone FPL, 3 BRs, screened porch, country charm. Ask \$295,000.

MATTITUCK GEORGIAN Colonial on 1 plus acre. Large LR, DR, EIK, 3BRs, 2½ baths, private \$219,000. Nassau Point Bayfront - Mint Contemp, 4 BRs, 3 baths, glass walled LR, custom kitchen, extensive decking, sandy beach, forever views. \$363,000.

CUTCHOGUE, ESTATE SALE - Ranch home features LR/FPL, FDR, 3 BRs, 1½ baths, basement, garage. Walk to all \$175,000. Southold Renovated Barn on private country lane. LR/FPL, large Country kitchen, 4 BRs, professionally landscaped. Walk to beach. \$235,000. Lewis Realty 765-5810, 298-4600, 734-5533. gcAg2

ALBERTSON: HERRICKS SCHOOL Large Cape, 5 BR, 2½ baths, FDR, full finished basement with bar, garage. Near all. \$239,000. Day 625-0420 - evenings 363-8999 W-S1

CUTCHOGUE HISTORIC WINE area, ½ acre, 5 BRs, year round home, 2 baths, FPL, 2 enclosed porches. Walk beach, mooring rights. \$265,000. Owner (516) 887-7486 or 437-0318. gcS1

SOUTHOLD - FIRST OFFERING If the unusual is for you, then this home you've got to see. This 4 BR, 2 bath converted barn has a large LR/FPL, open kitchen, very private setting. Stroll to a sandy beach. \$235,000. Cutchogue - Exclusive Traditional charm in this 3/4 BR, 2 bath home. LR/FPL, eat-in country kitchen, screened porch, lovely gardens. \$219,000. Marilyn Lang Realty 734-6472, 734-6690. gcAg2

GARDEN CITY MOTT section, large Colonial, 3 BRs, finished basement, CAC, ½ acre, ultra mint. Turn key. All amenities. Owner \$369,000. 741-5433. gcS1

SOUTHOLD BAYFRONT. OWNER has to sell now! Outstanding year round home in exclusive area. Heated guest cottage, A plus. Exceptional value at \$425,000. Wine Country Realty (516) 734-7760. gcAg2

GARDEN CITY ESTATES Section. Updated 4 BR, 3 Baths, Colonial EIK, CAC, low taxes. Principals only. Reduced to \$399,000. 747-2794. gcS1

TUDOR GARDENS CONDO, 1 BR, LR, EIK, new bath, top floor southern exposure. Taxes \$2,000. monthly maintenance \$170. per month. \$165,000. 746-4165. gcAg2

Real Estate for Sale

GARDEN CITY, OXFORD BLVD. Colonial 5 BRs, 4½ Bths, LR/Fpl, FDR, Den, Hugh Mod. EIK, Full Bsmt, Atch. garage, ½ acre, asking \$795,000. Flexible owner fin. to fit your needs. 248-2450. gcS1

69 WILLOW STREET Garden City. Charming Dutch Colonial. Updated and immaculate, featuring 3 BRs, 1½ baths, LR/Fpl, FDR, sunporch (den), EIK, fin. basement, 2 car detached garage. Low taxes. Low \$300's. Principals only. 873-1910. gcAg2

SOUTHOLD EXCLUSIVE 2 waterfronts & walk to sound beach. Like new Contemp, 3 BRs, 2 baths, great room, wrap deck, 2 zone OHW heat. Tasteful furnishings included. Asking \$237,500. Nassau Point Waterfront retreat. Peaceful lagoon with easy bay access. 2 BRs, 2 baths plus guest house on abv acre. Our exclusive \$295,000. Southold Exclusive - Main Street, zoned business. Perfect for professional. Presently 3 family.

Asking \$255,000. Mattituck Soundfront - 5 BR Ranch on landscaped acre. Excellent condition. Spectacular views. Reduced to \$395,000. Southold Waterfront - Perfect little week-end get-a-way with 125 feet of good boating water. EIK, LR, 2 BRs, 1 bath, lovely wooded area. First offering. \$150,000. Marion King Realty 734-5657. gcAg2

GARDEN CITY PRIME AREA - Sprawling Country Ranch, 3 full BRs, 4 baths, large modern country kitchen, formal DR, formal LR/FPL, huge library. Many extras. ½ acre. Perfect for professional or Mother/Daughter. \$530,000. Principals only. 747-7228. gcS1

GARDEN CITY ESTATES Ranch in a class by itself. Picture window front, brick & stone, 3 BRs, 3 Bths., lg. LR/Fpl, DR, EIK plus Den with bar. Magnificent Fin. Bsmt, w/Fpl, Patio, CAC, 2 Car stch. Garage. For the selective buyer. By owner. Low \$400's. 248-4535. gcS1

MATTITUCK - ENJOY LIFE to the fullest in this superb Waterfront Estate. Recently completely redecorated. Situated on beautifully landscaped, elevated 1 acre plot. Great room, modern kitchen, 3 BRs, 2 tiled baths, decks, appliances, FPL, Exquisite 32'X16' inground pool with deck, all equipment. Stairway to sandy 100 foot beach. Exclusive. Priced right at \$410,000. Bookmiller Real Estate 722-4423. gcAg2

JAMESPORT LARGE 7 ROOM Ranch. Private Peconic Bay beach. LR/DR, 3BRs, 2Bs, Country Kitchen, Den. Screened Patio, Garage, all appliances, oil heat. \$169,000. Owner. 722-4158. gcAg2

Real Estate for Sale

NEW CANAAN, CT. - Spacious Colonial townhouse Condo. Low taxes & carrying charges. Walk to village & train, easy commute to NYC. Large LR/pl. dining area, den, EIK, 3 BRs, 3½ baths, family room, including Jacuzzi with Whirlpool. Large patio, beautifully landscaped. Principals only. \$73,000. 741-5210. WA-4

GARDEN CITY CENTRAL - Expanded ranch on 1 acre overlooking golf course, 5 BR, 4 Bths, FDR, EIK, Florida Rm., security system, flagstone patio, 2 car garage, circular driveway. \$495,000. Principals only. Call 741-7427. hAg4

MAIN STREET, REMSEN-BURG. Historic 5 BR, 5 Bths. Separate guest sc. New Furnace, hot Water heater, well, pump and newly painted. Deep secluded, wooded lot. Owner anxious to sell at \$340,000. 325-0562. gCo1

GARDEN CITY NEW LISTING - Spacious Western Ranch, 4 BRS, 2 baths, EIK, oversized property, 2 car. Motivated owner \$300's. Estates Colonial - Great location, 4 BRS, 1½ baths, EIK, rec room, front porch. Low \$400's. Mott Tudor Stone & brick & timbers. LR/FPL, DR, mod EIK, 3 BRS, 1½ baths, deck, 2 car. Low \$400's. Motivated Owner Central section. Mint Ranch 4 BRS, 2½ baths, fabulous modern EIK, family room, CAC, central vac, 2 car, ½ acre \$500's flexible. Central Section Solid brick Tudor classic details. Sunken LR/FPL, FDR, large EIK, family room, 4/5 BRS, 3½ baths, 2 car, ½ acre. \$500's. Vera Atamian 354-1994

gAg2

GARDEN CITY - Maintenance free ranch, 3 BR, 2 BTH, CAC, under ground sprinkler system, 2 room office attached with private entrance, move in cond. on 75x125 property. \$329,000. Phone 747-8176. had

LAUREL/MATTITUCK - Are you the right family for this wonderful vacation/year round home on Peconic Bay? 4 BRS, endless views. Call 298-8814 for details. gAg4

GARDEN CITY CAPE Ranch, 4 BRS, 2 Bths, Country Kit, LR, DR, Den/Fpl. Walk to school & RR. Principals only. \$360,000. 747-0939. gAg4

WEST GILGO BEACH Year round ocean front. 30 minutes from Garden City, 1 hr. from N.Y.C. 4 BRS, 2 Bths, DR, huge LR/Fpl., Principals only. \$355,000. 781-4879. gAg4

HOUSE FOR SALE by owner. 3 BRS, LR/Fpl., FDR, EIK, 1½ Bth. Garden City, great location. Low \$300's. Low Taxes. call 354-1324. hAg4

DO YOU HAVE A SERVICE to advertise? Our Service Directory is sure to bring results. Call 031-0012.

Co-Op For Sale

MINEOLA HORTON HOUSE Co-Op: Front apartment, 1BR, New Kitchen, New Bath, loads of closet space, Air Conditioning. Parking available on and off premises. Principals only. \$73,000. 741-5210. gCo3

MINEOLA, GARDEN PLAZA. Large 2 BR, beautifully renovated. Ideal location. Walk to RR, shops hospital. Only \$115,000. 294-1330 gS1

GARDEN CITY CHERRY VALLEY 1 BR, first floor. Excellent location private entrance. 70% deductible. Principals only, best offer. 488-5718. gCag2

GARDEN CITY 2 BR Cherry Valley Co-Op \$109,000. Principals only, second floor, new carpet. Excellent condition. Call 741-2763. gCag2

MINEOLA JR. 2 BR CO-OP, LR, DR, Euro modern kitchen, indoor garage parking. Low maintenance. \$760 redecorating bonus. \$81,000. Owner (516) 742-0229. gCag4

CO-OP & CONDO 2 BIRCHWOOD COURT Top of the Line, 1 BR, 1 bath

\$89,000.
C H E R R Y V A L L E Y LR/ULTRA/EIK, 2 BRS, 1 bath \$112,000.
2 BR, 1 bath, 1st floor, CAC, EIK, dining area, large LR, updated bath. Ask \$62,500. 742-7642 or 294-8638 gS1

HAMILTON GARDENS 1 BR, 1 bath, lg EIK, LR, foyer

\$85,000.
LR, DR, EIK, 1 BR, 1 bath \$105,000.

SECOND STREET HAMILTON HOUSE Ultra Modern 1 BR, 1 bath \$90,000.
2 BR, 2 bath, Front w/extras

\$175,000.
MINEOLA'S HARRISON HOUSE 2 BR, 1 bath, CAC, Indry, 1 gar \$129,000.

MINEOLA HORTON HOUSE 1 BR, 1 new bath, Walk all

\$73,000.
MULFORD PLACE LR/FPL, DR, den, 1 BR, 1 bath Corner

\$85,000.
Lg Foyer, 2 BR, 2 bath, EIK, LR, DR \$75,000.

STEWART FRANKLIN LR/FPL, DR, EIK, 3 BR, 2 bath Rent or \$225,000.

MINT, 3 BR, 2 bath, LR/FPL, DR, EIK \$250,000.

SUPER 3 BR, 2 bath, Penthouse Rent \$2,100.

STEWART HOUSE - PIED-AT-TERRÉ STUDIO \$75,000.
ALL NEW 2 BR, 1 bath, Kit, LR, DR \$199,000.

Dougall Fraser Realty
248-6655 gAg2

MINEOLA CO-OP - Bright & spacious, 1 BR, 1 bath, huge LR/DR. Walk to RR, shopping, hospital. \$82,500. Homes America, Smith & DeGroat Call Charlotte 516-248-1468

W-TFN

E. WILLISTON CONDO - Wheatley House. Gorgeous 2 Br, 2 Baths, hardwood floors, huge LR/DR, closets galore. Walk RR, shops. \$239,000. Call Lois at Homes America, Smith & DeGroat, 516-248-1468. W-TFN

Co-Op For Sale

GARDEN CITY 1 BR Co-Op, A/C, Lg. LR, dining area, new kitchen, wall to wall. Walk to LIRR, hospital & stores. Drastically reduced. \$85,000 owner 248-7640. gCo4

GARDEN CITY CHERRY VALLEY 1 BR, updated bath, new kit, hardwood floors, AC, extra closet space. Walk to RR. Facing courtyard. \$70,000. Owner 294-2638. gCag4

GARDEN CITY, SECOND floor, 1 BR Co-Op in mint cond. Spacious & sunny. All closing costs paid by seller. \$59,000. 294-7498. gS4

CHERRY VALLEY APARTMENT, second floor, 1 BR, prime location. 75% maintenance tax deductible. Motivated owner \$59,000. 775-5736. gCag2

GARDEN CITY 2 BR - 2nd floor end unit facing 15th St. A/C, wash/dry, attic, garage. \$109,000. 294-0269. gS1

GARDEN CITY CO-OP, 1 BR, Second Floor, newly renovated, walk to LIRR, \$69,900. Reduced for quick sale. By owner 248-5347. gCag2

GARDEN CITY CHERRY VALLEY Co-op, 1 BR, first floor, CAC, EIK, dining area, large LR, updated bath. Ask \$62,500. 742-7642 or 294-8638 gS1

GARDEN CITY / HEMPSTEAD CATHEDRAL Gardens. 100% financing. Large immaculate, sunny 1 BR, new: wall to wall, windows. Sacrifice \$35,000 or rent with option to buy. Must see. Owner (516) 248-7711 gCo1

GARDEN CITY CO-OP, 2 BR, second floor, center of village. 2 block LIRR, refinished floors, new windows. \$116,000. Leave message. Owner 873-9469. gAg4

GARDEN CITY CHERRY VALLEY 1 BR, first floor, quiet location. New Kitchen, new bath, fully carpeted \$78,000. Maintenance 7% tax deductible. Must see. Call 294-2255 (day) or 248-5066 (evening) gCo1

GARDEN CITY/HEMPSTEAD 2 BR Apt, Lg. Patio, w/w carpeting, renovated kitchen & Bath, DR, spacious LR, near LIRR \$950. Immed. occupancy. 565-3968 day or evening. gAg4

WEST HEMPSTEAD NICE LY furnished room, suitable for professional mature male. Refrigerator, share bath, Indry. facilities plus use of pool, semi-private entrance. \$400 a month, security. 1 block RR & Buses. Immed. occupancy. 489-5941. gAg3

FLORAL PARK 2 BR furnished, second floor, solarium, private entrance. Vacant October 1. Perfect for newlyweds. \$850 not including utilities. Owner (516) 352-6433 gS1

Real Estate for Rent

FRANKLIN SQUARE, 1 ROOM, share bath. Walk to stores and transportation. Please call 352-6726. gAg2

GARDEN CITY / HEMPSTEAD, OWNER - Sunny 1 BR apartment, new appliances, neutral decor, wall to wall, laundry facilities, security system. Near RR & buses. No fees. \$850 with parking. Leave message (516) 565-9667 gAg3

CHARMING 3 BR ENGLISH TUDOR, Garden City, 1½ Bths, new EIK, LR, DR. All new heating, gas burner, new studio. \$60x100. \$1,800 monthly. Also for Sale. Principals only. 739-6102. gAg3

STOREFRONT FOR LEASE, Mint condition. Available immediately. Willis Avenue between Fordham & Harvards Sts. Perfect for retail store or professional office. 2100 sq. ft. \$1,300 per month. No fee. Contact owner. 746-3141. wa3

GARDEN CITY COLONIAL Western Section, quiet street, SBRs, 2 full baths, garage, gas heat, all appliances. Walk to LIRR. \$1,600 plus utilities. Call owner. 437-8825. gAg3

FLORAL PARK, 60 PLAINFIELD AVE (corner King St.) 1 BR apt., frost free refrig, freshly painted. Walk to LIRR & shops. Parking not provided. No fee. For more info call owner, weekdays (212) 962-3800, eve or weekends (516) 538-0757. gAg2

GARDEN CITY LOVELY quiet furnished room. Private entrance, bath. Mature, non-smoker preferred. References. 748-0018. gAg3

BELLEROSE 1 BR Apt. completely renovated. New Bth, EIK, new Appliances, Oak Hardwood Floors. Near RR & Stores. Move in condition. \$800 per month 292-0484, 292-0544. gS1

CHERRY VALLEY APT. for rent 1 BR, first floor, CAC, completely refurbished. Parking available. Immediate occupancy. Please call 742-5577 between 9 a.m. & 5 p.m., Mon.-Fri. and 877-0133 weekends. gS1

WEST HAMPTON RANCH, 4 BRS, 2½ Bths., ½ acre, Lg. EIK, Lg. LR, Fenced Yard, secluded. CAC, Deck. Close to Schools & Town. Low taxes. asking \$160,000. 634-8058. gAg3

MINEOLA: FURNISHED ROOM, One person. No smoking. 747-1110. W-S1

MINEOLA, NEARLY NEW 1 BR apt., own washer/dryer, private entrance. Near transportation & shopping \$700 includes utilities & cable. Non-smokers please. 747-8756. Call after 7 PM. gS1

GARDEN CITY COMFORTABLE furnished room. Business man preferred. Positively no smoking, no drinking. Interview, reference, security. 742-2728. gAg2

Real Estate For Rent

FRANKLIN SQUARE, 2 BR apartment, second floor, LR, EIK, own bath. \$800. mo. 1 month security, references. Owner 352-1734 gAg3

WEST HEMPSTEAD, SPA-CIOUS like new 1 BR, LR, EIK, Bmt. Apt. Female, non-smoker preferred. \$650 includes all. 481-9490. gAg4

APT. FOR RENT - Bethpage Studio, pvt. entrance. Completely renovated. Lg. living room, kitchenette, new bath, near shopping & RR. \$450. mth. plus Elec. (Phone 938-5201). hAg2

GARDEN CITY - BRIGHT sunny room with full private bath, furnished or unfurnished. Private entrance, parking, two blocks from RR, bus and signs. Female, non-smoker. Call after 4:30 p.m. or weekends 354-8300. gAg2

GARDEN CITY FURNISHED small apt. in private home. Separate entrance, walking distance to RR & stores, utilities included. Single person, non-smoker, non-drinker, no pets. \$400 per month. References and security. Call 352-6841. gAg3

BELLEROSE MANOR: Apt. for Rent. 1 block to Union Turnpike. Large 3 room basement apt. Modern, bright, wall to wall carpeting. Single professional person. Separate entrance. \$575. includes gas & electric. References. 718-217-4235. W-S1

OFFICE SPACE FOR RENT. Ideal location, Garden City vicinity. Beautiful office suites, 150 sq. feet - 3,500 sq. feet. Owner (516) 538-7476 gAg3

FURNISHED ROOM IN GARDEN CITY home for female student. Must be non-smoker. \$400/mo. 741-7929. gAg4

GARDEN CITY SOUTH, Bmt. Apt., kitchen, dinette, 1 BR, Priv. entrance. Mature male only. \$575 includes all. One month security required. 483-0630. gAg3

GARDEN CITY FURNISHED room for rent, priv. entrance, non-smoker, share bath, appliances available. Near RR, 475. 742-7706. gAg4

GARDEN CITY SOUTH Main Floor, 2 BR, LR, EIK, full Bath, wall to wall carpet, yard, parking. Immaculate, No Pets... \$875 plus Elec. Call 742-0490. hAg3

GARDEN CITY SOUTH 3 room Apt. Walk to stores & RR. Suitable for one, non-smoker, no pets. References & security. \$875 per month plus utilities. 775-3138. gAg4

GARDEN CITY COMFORTABLE furnished room. Business man preferred. Positively no smoking, no drinking. Interview, reference, security. 742-2728. gAg2

Vacation Rental

NAPLES, FLORIDA COUNTRY CLUB setting, beautiful view, free golf, 2 BRs, 2 Bths., Winter rental, 3, 4, 6 months. Former Garden City resident. 378-3802. gcs1

SANIBEL ISLAND - SMALL COMPLEX on W. Gulf Dr. 2 Br. 2 bath Condo. Sleeps 6. Fully equipped kitchen. Beach access to Gulf, tennis courts & swimming pool on premises. 725-4679. W-S1

POCONOS, FULLY EQUIPPED, spacious 7 BR home, 10½ acres on Delaware River in scenic Shawnee, Pa. Sleeps 16. Midweek, 3 nights \$800. Call for weekend or weekly rates. 248-4963. gcag2

JAMESPORT (NORTH FORK Wine Country) available Aug. 29-Sept. 7. Lg. comfortable 4 BR, 2 Bth., home on private landscaped 1¾ acre. Steps from deeded Peconic Bay beach. For further information call Lorna 742-5149 or 722-3510. gca4

MT. SNOW /HAYSTACK. Large fully equipped 4 BRs plus loft, 2½ Bths. with color TV, VCR, microwave. Avail. by the week or week-end. Beautiful views, lots of privacy. Near golf courses & lakes. Call 466-6120. gcs2

MYRTLE BEACH, 2BRs, 2 Bths Condo near Restaurant Row, 1-½ blocks off beach, CAC, CTV, VCR, Washer/dryer, dishwasher, indoor/outdoor pool, 2 balconies. Sleeps 6. Reasonable rates. Call 294-8132. gca2

SOUTHOLD, AUGUST - LABOR Day 3 BRs, screened porch. Walk to stores. Five minutes from bay. \$2,500. 765-5971. gcag2

Real Estate Wanted

RESPONSIBLE COUPLE SEEKS to return to Garden City by renting a 3 BR home. Would like to move in by Oct. 1 & deal directly with owner. Leave message (212) 912-1321. gcag2

FAMILY WITH 2 young children, seeks Garden City home with 3/4 BRs in the Estates section west of Nassau Blvd. & north of Stewart Ave. or Western section. Ready to sign contract. High \$300's. No brokers please. (718) 748-5798. gcs1

GARDEN CITY RESIDENTS who have sold house, looking for house in Western or Estates Sections. Will consider to low \$300s. No brokers, please. 741-9197. wa2

HOUSE WANTED IN GARDEN City, East Williston or Syosset. 3/4 BRs, Maximum mid \$300s. No brokers please (516) 338-4282. gcag2

GARDEN CITY ESTATES North of Stewart, Tudor only. \$400s. Principals or brokers. (718) 680-3640. gctfn

For Sale

TWO 8 x 10 ORIENTAL China rugs, one blue, one cream, 90 line \$1,000 each. 741-6628. gca2

HALF PRICE - TEN hand-carved, ball and clawfoot wooden formal dining room chairs, off-white, upholstered cushions. Mint condition. 877-1830. gca2

SMALL BLACK NEEDLEPOINT foot stool \$50, antique white wicker stand \$75, Victorian needlepoint chair \$50, Longaberger basket doll bed \$50, antique child's folding table & 2 chairs \$25, Wallham ladies pocket watch \$75, Cinderella watch \$40, antique silk umbrella w/800 silver handle. \$50. 352-0855. gca1

DR TABLE & 4 CHAIRS-like new. Moving to apartment, must sell. Also G.E. washer, one year old. Runs perfectly. 741-8090 evenings. ha2

IBM COMPATIBLE COMPUTER. Perfect for college student. Great condition. 11½" mono-chrome screen, floppy disk drive, 20 megabyte hard drive with Word Perfect 5.1 & Mystal multi-font printer. Asking \$550. Call Jennifer 326-1503. gca3

MOVING: MUST SELL Air Rider Exercise Bike, Ethan Allen bedroom furniture, Castro Convertible love seats, Beatrix Potter figurine, Royal Doulton, Bunnykins and Wedgewood Peter Rabbit Mugs, Typewriter, bed frame w/box spring, Crewel pictures, Misses clothes, jewelry, Tupperware, etc. (516) 741-6616. W-A-4

GREY CONTEMPORARY BEDROOM set platform bed, mirrored armoire, art deco 1920's bar (lighted). Must sell. Please leave message. 742-4301. ha3

CEDAR CHEST, LARGE mirror, two rockers, sewing machine, generator, radiator enclosures, Caruso records. Call 488-6261. ha3

1920'S FURNITURE Dressers, Floor Lamps, Captains trunk Singer Sewing Machine & Cabinet, Mission book case & mirror. Call 481-7255. ha3

EXCELLENT COMMUNITY SILVERPLATE 9 eight piece settings plus 20 extra pieces, \$100 firm. Silver Tray, 20" teapot, sugar, creamer, all heavy plated \$40. Field glasses, 7x35, case \$25. Garrard record player. 3 speed \$10. Ladies new \$25-\$50 handbags, dress shoes size 9, 9½-10. Ladies fall, winter coats, attractive, clean, med. tall, very reasonable. Call 747-4774. gca3

MOVING. INSTRUMENTS FOR SALE. Martin Indiana Tenor Sax, 2 Conn Alto Saxes (GM model), Gretsch N.Y. Guitar (F hole), Cabart Oboe, Jean Baptiste French Wooden Clarinet. Call 742-2952. gca3

For Sale

BOY'S 26" MOUNTAIN BIKE, excellent condition, \$80. Girl's 26" Mountain Bike, good condition \$70. Boy's Dyno GT dirt bike, good condition. \$50. 746-5340. gca2

ETHAN ALLEN DARK ANTIQUE PINE WOOD, 2 dressers, desk with hutch & corner desk. \$700. 486-7726. W-S1

BEIGE AND WHITE STRIPED convertible sofa - \$200. Wood roll-up desk - \$250. Both in good condition. 352-0147. wa2

BENINGTON PINE FURNITURE sofa, 2 rocking chairs & ottomans. \$850. 742-7706. gca4

MOVING 88 INCH BAKER Chippendale sofa, mint condition. Ask \$1,500. 2 Kindel Pembroke tables, also mint, ask. \$1,750 each. 741-5477. gca4

1920'S FURNITURE. TWO dressers, two floor lamps, captain's trunk, Singer Sewing Machine & Cabinet, Mission bookcase and mirror. Call 481-7255. ha4

ANTIQUE PROFESSIONAL SHUFFLEBOARD. A-1 condition w/equipment and formica top. Great for business and/or home entertaining. Firm \$1300. 747-8176. gca4

GUN CABINET CUSTOM made, leaded glass with lock. Custom made storage bench attached. Made by German craftsman. \$250. 775-3138. gca4

BLACK PRO SESSION electric guitar. Mint condition w/black leather case. Asking \$150 or best offer. 352-8355. gca4

CARRIER AIR CONDITIONER 5000 BTUs \$100. G.E. window fan \$30. New Murry 10-speed bike & basket \$80. 747-4655. ha4

DOG LARGE VARI KENNEL. Brand new (paid \$120), \$50. Conrad made in Denmark twin bed with desk, shelves & drawers built under, mattress & ladder included \$65. Gensel's pecan oval coffee table with glass top. Excellent condition \$75. Call 746-0914 after 5 p.m. gca4

SLEEPER SOFA. 1 yr. old, peach & cream stripe. Very good condition. Pd. \$700, asking \$450. 741-3936. wa3

GIRL'S SOLID OAK CANOPY Beds, dressers, nightstand, sofa bed, love seat, ping pong table. Antique desk, solid wood conference room chairs, sewing machine. Boys' blue and red twin headboards. Excellent condition. Call 294-3329. gca2

MOVING - TRADITIONAL DR SET WITH 2 Captain's chairs. Mint condition. \$700. Call after 12 p.m. 746-5523. wa2

For Sale

WASHER/DRYER, STACK up, front load, White Westinghouse. \$350. Executive desk \$150, mirror \$100, dinette set \$100, bunk bed with mattress \$100, Turturi rowing machine \$75, "old" bassinette \$25, air conditioner 6500 BTU \$100, bar cabinet \$50. Prices neg. 742-8447. gca2

BEDROOM SET, QUEEN Headboard, 2 night stands, long double dresser, 2 mirrors. Kenmore microwave, kitchen table & 4 chairs. Entertainment Center. 326-9775. gca3

CONTEMP. DINING ROOM SET, Buffet & Server with black slate tops, lighted breakfast, oval pedestal table, leaf and pads, 6 cane-backchairs, mauve cushions. 742-5862. Leave message. gca2

MOVING SALE - IVORY sofa \$300. stereo & speakers \$300. mountain bike \$70. Assorted wicker items (4) \$250. 741-4518. gca2

BABY GRAND PIANO Walnut finish. Excellent condition. \$4,000 neg. Must sell. 626-6836. gca3

Car For Sale

1990 MAZDA MIATA - Power windows, A/C, air bag, cruise control, passive alarm, tape deck, CD, 70,000 miles. \$8,900 neg. 323-2735 days and weekends. 565-5671 evea. gca2

'81 CORVETTE, T-Tops, 18,000 original miles, silver gray/red leather. Mint condition. Alarm. \$15,000. 741-2475. gca2

1983 NISSAN RED Sentra, hatchback, a/t, A/C, 4 new tires. Excellent running condition. Ignition security system. \$1,375 neg. 352-8355. gca1

VOLVO 1984 TURBO Wagon, all options, graphite with tan leather, new Turbo & dealer maintained. \$3,600. 741-6842. gca1

1981 COVETTE, T-TOPS, Mint condition, alarm, 19,000 original miles. \$13,000. neg. 741-2475. W-S1

1985 CHRYSLER LEBARON, black turbo, AC, AT, PB. Good mechanical condition. Good station car. \$1,000. neg. 746-3231. W-S-1

1988 RV Conquest by Gulfstream, 60,000 Miles Fully Equipped. Self Contained \$14,000. Call 9 A.M. - 11 A.M. (516) 826-2190. hs1

1984 VOLKSWAGON, 53,000 miles. Good interior & exterior. Negotiable price. Please call 747-4117. wal

'85 VOLKSWAGEN SIROC-CO, 5 Spd., Red, sunroof, Wolfberg edition, A/C, PW, PB, PS, Benzi, BBS Wheels, dual power mirrors, 79K. Well maintained. Must sell \$3,490. 741-4650. gca4

Car For Sale

1989 DODGE VAN, low miles, original owner. Excellent condition. \$7,500. 775-8875. gca4

'87 PONTIAC BONNAVILLE S.E. Perfect condition. Alloy Wheels. Four speed automatic. Asking \$4,000. (718) 851-6191. gca3

1979 CORVETTE, WHITE with T tops. Good condition. 74,000 miles. \$7,200 neg. 746-2135. wa2

1985 NISSAN SENTRA. Four Doors, automatic transmission. Air Conditioning. AM/FM radio. 38,000 miles. \$3,750. 741-5059. wa2

Motorcycles For Sale

HONDA 78, 550K. Excellent condition. 9,200 miles. \$975. Call 741-0806. gca2

Services

THE CUISINE SCENE Fine catering, glorious food, complete party planning service, menu suggestions for all occasions. Weddings my specialty, including beautiful cakes. Professionally trained staff. Call Susan 742-1956. gca1

SUNSHINE WINDOW CLEANING-Attention Housewives! Windows washed in your home. Quality work. Call Frank 798-2380. gca3

HOUSE WASHING/POWER WASHING Spring Special! Decks Cleaned From \$50 We Clean, Seal & Restore All Exterior Surfaces Aluminum, Vinyl, Cedar Decks, Patios, Fences Expert Brick & Masonry Cleaning White paint run-off stains Removed from Brick! Long Island Restoration Services Insured 741-WASH 741-9274 wO4

DJ's UNLIMITED. Lighting, all types of music. Reasonable rates. Sweet 16, weddings, etc. 354-1721. gca1

NOTICE HAVE YOU A HIDDEN TALENT that has yet to be discovered in print? We are looking for articles, not exceeding 3,000 words or less than 1,500 words, on local topics, opinions, ideas, nice places to visit on Long Island, and even fiction. In our magazine section, we will try to "Discover" one new feature length article and writer per week. Each writer will be reimbursed a stipend of \$25.00.

If you want to be published and be part of an issue of Discovery, you may submit your article to: Litmor Publications, 81 East Barclay Street, Hicksville, N.Y. 11801.

Services

LEAKS & SQUEAKS - Handymen Service. No job too small, old house specialist. General home repairs. 15 year experience. Day and evening hours available. Call Jim 746-3430. **gcS4**

TELEPHONE INSTALLATIONS & REPAIR TV cables & modular jacks installed. Electrical wiring & fixtures. Prompt, reliable and reasonable. Fully insured. Free estimates. Over 30 years telephone experience. Specialists in Residential / Business Systems. Call Al at 481-4665. **gs1**

**JAMES F. MENTZ
CARPENTER-ROOFER**
Small Jobs Reasonable
Skylights Installed
Carpentry-Alterations
Slate Roof Repairs
Roofing-Gutters-Leaders
Kitchens-Attics-Basements
Senior Discount
LIC#401750000 593-2933
gs1

\$ CRAZY \$
If you like money,
music and travel -
Call For
Immediate Interview
(516) 942-8102 **\$**

ASBESTOS REMOVAL
Fully Licensed, Certified,
Insured & Responsible.
Any Size Job
Residential & Commercial
FREE ESTIMATES

Call ABTRON
516-364-4678

**SEALCOATING
DRIVEWAYS /
PARKING LOTS**

UNDER 600
SQUARE FEET \$50
UNDER 900
SQUARE FEET \$90

- NEW DRIVEWAYS BUILT
- SIDEWALKS
- CONCRETE REPAIRS
- POTHOLE REPAIRED
- BACKHOE SERVICE
BY THE DAY OR JOB

SERVING TOWN OF
OYSTER BAY SINCE 1968

Di Bernardo
722-8783

FREE ESTIMATES - I'LL BEAT
ANY WRITTEN ESTIMATE

Services

LADIES, RELAX & ENJOY your next party! Catering & experienced professional services for assisting with preparation, serving & cleaning up before, during and after your party. Bartenders available. Call Kate at 248-1545 or 746-8264. **wfn**

VINCENT NASO, PAINTER and paperhanger. Established since 1956. Serving all Nassau County with pride and honesty. Free estimate 328-0028. **gcOct5**

HANDYMAN: QUALITY HOME repairs. Plumbing, leaky faucets, toilets, tiles & grouting. Shelves, fences repaired, doors shaved, carpentry, sheetrock patching. Ceiling fans & window air conditioners installed. Call Joe, 746-7517. **ws4**

BRIAN CLINTON MOVERS Licensed & Insured. One piece to a house load. Free estimates, 333-5894. Owner supervised. Carle Place. License #T11154. **gs4**

**"MR. BRASS"
VILLAGE HANDYMAN**
- BRASS FRONT DOOR HANDLES
- KNOCKERS / MAIL SLOTS
- ALL STRIPPED & POLISHED
TO ORIGINAL CONDITION
ALSO - PAINTING - PLUMBING
- CARPENTRY - GUTTERS
- WINDOW WASHING
- ALL GENERAL REPAIRS
ALL WORK GUARANTEED
CALL ROBERT
796-4931

**ROOFING & BASEMENT
WATERPROOFING
GUTTERS/LEADERS/DRY WELLS**
Repaired & Installed
Washing Machine Hookups
Excavations & Grading
Stone Driveways
Rubbish Removal

**SHAMROCK
CONSTRUCTION**
1-800-925-3089

ABBATIELLO LANDSCAPING
Complete Landscaping, Design
And Lawn Maintenance

- SPRING CLEANUPS - NEW CUSTOMERS GET FREE LINE
- FULL CHEMICAL PROGRAMS
- TURF & RESEED
- OTHER LINING
- SOD & SEED LAWNS
- SHRUBS & TREE TRIMMING & PRUNING
- TREE & SHRUB REMOVAL

Nassau County License #H2060360000

876-6534

FREE ESTIMATES
Licensed/Insured

Over
10 Yrs. Exp.

SENIORS
DISCOUNT

SLIPCOVERS
SOFA OR
TWO CHAIRS....\$159
CHAIR
REUPHOLSTERED \$199
- GORGEOUS FABRICS
- HOME SHOPPING
PLASTIC COVERS \$79
FOAM - SENIOR DISCOUNTS
VISA
THRIFT 785-6124

Services

**POWER WASHING
BY
PANZA BROS.**

WE CLEAN EVERYTHING
All Work Performed by Owner

Licensed & Insured
Competitive Prices
FREE Estimates
VISA MC

(516) 225-7535

**BILELLO
PLUMBING & HEATING**

• REPAIRS
- HEAT, GAS & OIL BURNERS
- BATHROOM REMODELING
- CUSTOM MADE VANITIES
- CERAMIC TILE
- MOEN FAUCET DEALER
- LICENSED/BONDED

CALL (516) 796-3145

**HANDYMAN AND
ELECTRICAL WORK
- DONE AT ITS BEST -**

CARPENTRY: FINISHED BASEMENTS
& ATTICS - BATHROOMS - KITCHENS
MASONRY: WALKWAYS - DRIVEWAYS
- BRICKWORK

PLUMBING PAINTING

CONTACT LESLIE
(516) 338-6921

FREE ESTIMATES
BEEPER (516) 522-2574

**MEDINA
DECORATORS, INC.**
CUSTOM WINDOW FASHIONS & MORE

• VERTICAL BLINDS-SHADES
• CUSTOM DRAPES-TOP TREATMENTS
• CARPETING-BEDROOM ENSEMBLES
• SLIPCOVERS-UPHOLSTERY
SHOP IN YOUR OWN HOME

30+ YEARS OF SERVICE
IN NASSAU COUNTY
(516) 481-4886

**TERMINIO
CONTRACTORS**

BRICK - STONE - PATIOS - STUCCO
FIREPLACES - RAILROAD TIES
RETAINING WALLS - CONCRETE
WATERPROOFING - FOUNDATIONS
SIDEWALKS - BELGIAN BLOCKS
BLUESTONE - PAVING
SWIMMING POOL AREAS
ALTERATIONS & ADDITIONS

- ASK FOR ALEX -

(516) 883-3619

FULLY LICENSED & INSURED

CALL THE PROFESSIONAL
BRICK DOCTOR & BUILDER

HE WILL CURE ALL
YOUR HOUSE NEEDS

10% DISCOUNT
ON STOOPS AND MASONRY

CALL PAT

(516) 437-2715

SPRING SPECIAL

CALL THE PROFESSIONAL
BRICK DOCTOR & BUILDER

HE WILL CURE ALL
YOUR HOUSE NEEDS

10% DISCOUNT
ON STOOPS AND MASONRY

CALL PAT

(516) 437-2715

**B&B
DEVELOPERS, INC.**

General Contractors since 1970

Remodeling - Painting - Masonry

Blacktop - Bathrooms - Kitchens

Roofs - Dormers

Windows - Landscaping

Will Beat Any Price

Call for Free Estimate

(516) 364-3838

LICENSED/INSURED

Services**Services**

**HOME
IMPROVEMENTS**

Interior and Exterior
KITCHENS - BATHS - DORMERS
EXTENSIONS - WINDOWS - DOORS
Free Estimates
Reasonable
Reliable
Experienced

D.A. ASSOCIATES
433-7857

Services

**PROMPT
HANDYMAN
SERVICE**
A FATHER
AND SON
COMPANY...

CALL US WITH
CONFIDENCE
SPECIALIZING IN
ALL PHASES OF
ELECTRICAL WORK/PLUMBING

- CARPENTRY
- PAINTING
- WASHER/DRYER
HOOK-UPS
- SENIOR CITIZEN
DISCOUNTS
AVAILABLE
- OWNER
OPERATED

CALL 484-3927

**BUDGET
TREE SERVICE**
COMPLETE TREE CARE

- TREE & SHRUB REMOVALS
- PRUNING
- STUMP GRINDING
- FIREWOOD
- REASONABLE PRICES
- LICENSED & INSURED
- FREE WOOD CHIPS

CALL PAUL
(516) 826-9022

Investments

- Excellent Potential Returns
- Annuites Up To 7%
- & Higher Possible
- Business Health Insurance
- Under \$400/month
- Residential & Commercial
Loans If You've Had
Difficulty Obtaining Them.

Call Mr. Pereira
842-8234

**BRIGHTER TOMORROWS
CARPET & UPHOLSTERY
CLEANING SERVICE**

Specializing In Heavily
Soiled Carpeting, Odor
Problems & Water Damage
Restoration.

- LOW & FAIR PRICES
FOR QUALITY WORK
- FREE ESTIMATES
- INSURED & CERTIFIED
Eve Weekends Available

CALL VINNY
(516) 237-9514

TUTOR TIME?

LICENSED/EXPERIENCED
Teacher Provides
Excellent Individualized
Instructional Help
REVIEW FOR FINALS
ADVANCE GRADE LEVELS
THIS SUMMER. Get A Head
Start On September.
K-College
(Math & Reading Specialty)
Call (516) 931-8371

Services

Liberty Tree Service

Removals • Pruning • Spraying
Insured • Licensed
Free Estimates
WILL BEAT ANY
WRITTEN ESTIMATE BY 10%
Firewood Also
516-374-4488
516-669-8780

Services

MI-BOC HOME IMPROVEMENTS

ROOFING & ALL PHASES OF HOME IMPROVEMENTS AND SIDING
ALL STYLES: COUNTRY TO CONTEMPORARY

Roofing/Shingle Special:
59¢ / sq. ft. (most roofs)

FAMILY OWNED AND OPERATED FOR OVER 14 YEARS
LIC. # H3307730000

FULLY INSURED

MEMBER BBB

MEMBER CUSTOM

COMMITMENT GROUP

MEMBER NARI

ORGANIZATION

CALL TOLL-FREE
800-870-9223

NOW FINANCING
AVAILABLE WITH PAYMENTS AS LOW AS \$75 A MONTH



Designs In Architecture
PRIVATE CONTRACTOR
SPECIALIZING IN
TOTAL HOUSE RENOVATION
KITCHENS • BATHROOMS • DORMERS
ADDITIONS • SKYLIGHTS • MASONRY
DECKS • CONSTRUCTION
REMODELING SPECIALISTS
IDEAS • • • REALITY
(516) 488-6022
DON ALVAREZ, OWNER

**DE-VIA BROTHERS
PAVING CONTRACTORS**

Residential Specialists
Commercial/Industrial,
Asphalt & Blacktop
Driveways,
Concrete & Brickwork,
Belgium Block,
Sealing,
Patios & Stoops,
Retaining Walls,
Flagstone,
Parking Fields.
Free Estimates
LIC # H20119XXXX
(516) 333-5991

D&R PAINTING

"Recession Buster"
Why pay outrageous prices for a mediocre paint job?
Exp. Painter seeks work
Interior/Exterior
No job too big or too small
Free Estimates • Day/Night

352-4313

S & J ENTERTAINMENT

• DJs and MC's
with dynamic personalities and
unbeatable prices for
full entertainment
packages

• Available: DJs, MC's, lights &
fog, handouts and dancers
Call Steve (516) 759-3748
or Jeff (516) 932-1519

Perfection Landscaping Inc.

A FULL SERVICE LANDSCAPE CONTRACTOR

LANDSCAPE DESIGN & CONSTRUCTION

- SOIL & SEED LAWNS
- R.R. TIES & RETAINING WALLS
- WATERFALLS & PONDS
- SPRINKLER SYSTEMS
- DECKS & PATIO DESIGN
- ROCK GARDENS
- POOLSCAPES
- FENCES

TREE SERVICE

- SPRAYING • REMOVALS
- PRUNING • STUMP GRINDING
- TRANSPLANTING
- LAND CLEARING

FREE ESTIMATES

(516) 937-1823

N.Y.S. CERTIFIED
PESTICIDE APPLICATOR

Services

ISLAND PAINTING

- ◆ INTERIOR/EXTERIOR
- ◆ FINE PREPARATION ON WINDOWS, DOORS, TRIM
- ◆ ALL PAINTER/HANDYMAN REMOVAL
- ◆ POWERWASHING/STAINING

QUALITY WORK-REFERRALS
FREE ESTIMATES

(516) 538-5008

Professional Services

FINANCIAL CONSULTANT OFFERS investment advice without fee or obligation. To receive financial information on government and insured tax exempt Municipal Bonds, IRA roll overs, Mutual Funds, equities, estate planning, annuities and life insurance, please call Theo Zaferiou, 794-2418

gcS1

Instructions

PIANO LESSONS ONLY \$30 a month, small groups. One hour weekly. Beginners 4 years old and up. Creative and innovative. Excellent results. Garden City studio. Rita Lucy 248-7379.

gcO5

PRIVATE TUTORING AVAILABLE in your home. English/Reading & Writing, too. New York City and State certified teacher. Experienced energetic and patient, with a master's degree in education. Fee negotiable. 248-0945. hs3

PIANO LESSONS, BEGINNERS, intermediate & advanced. All ages, 5 to adult. Learn how to read notes, theory and technique. Call Cindy or Peter. 437-6849.

wo5

OUTSTANDING TUTORING by a Ph.D. in Math, English, Social Studies, Special Exams. All levels. Critical Thinking and Study Skills Taught. Dr. Lisa 733-4390

hN1

Wanted

OLD GUNS, SWORDS, binoculars, old knives, hunting knives and pocket knives. Jewelers lathes. Call 825-0979 or 354-1943.

gcO2

TENNIS ANYONE? Looking for individual to share court, Fall season, for one night a week in Garden City. Call Tony at 742-5068.

haG3

USED CAR WANTED. Young Family seeking to purchase reliable, gently used car/wagon/van. Please call us. 294-1994.

gcAg3

DOLLS WANTED

I collect dolls and other doll memorabilia, new or old. What do you have for sale? Call me at 747-8496.

gcO5

Wanted

ANY TYPE ANTIQUE. Victorian or other furniture wanted. Also cut glass, silver jewelry, paintings, bronzes, dolls, frames, clocks, rugs, linens, trunks, china lamps, books. Will call for any time, any place. Call Kay & Tom, Westbury. 334-4117

gcO5

LOOKING FOR USED Baby jogger in good condition. Call (212) 254-2133.

reS1

Antiques Wanted

ARLENE, BUYING FOR CASH. Blue Willow, Limoge, old linens, toys, etc. 725-4679

W-S1

Lost and Found

LOST: GUND STUFFED LION. Garden City Pool, Friday, July 16. Brown, 11" high, big head, brown eyes, tail, brown triangular nose. 746-3267. Reward

wA3

Lost and Found Pets

LOST CAT ANSWERS to "Onyx." Large, Black & White, 2 collars, blue & white (flea). Mott section, Thurs., July 15. 746-1361. Child heartbroken.

gcAg3

LOST, BROWN & BLACK striped cat with white feet. Answers to "Pumpkin," in the Adelphi area last Saturday. 873-3963. Reward.

gcAg3

Personal

PICK A DAISY, carve a tree, discover a lighthouse, eat pizza and hot fudge sundaes, treasure the moments, and have a Happy 94th Birthday!

ha2

Fair

VENDORS WANTED FOR Crafts Fair to be held at St. Joseph's School, Garden City on Sat., Oct. 23. For further information call 741-3427, 742-8556 or 741-5976.

gaU4

CRAFT VENDORS NEEDED

Fundraiser for cancer patient Brittany Lee, age 3. Data 8/8. For more info call 248-8068 and leave message.

ha3

VENDORS WANTED - FLEA MARKET. St. Margaret's Church, 1000 Washington Ave., Plainview. Sat., Sept. 11. 10 a.m. - 4 p.m. (rain date Sat., Sept. 18). For information call 931-7326.

ha3

GRANDPARENTS - Send in your grandchildren's photos and enter our "World's Most Beautiful Grandchildren" contest. Just send a photo and a brief description of the child (or children) along with your name and address to: Litmor Publications, Beautiful Grandchildren Contest, 81 East Barclay St., Hicksville, N.Y. 11801.

ha3

Garage/Tag Sale

EVERY SAT. & SUN. Through Sept. 30. Something for everyone 9 a.m. - 4 p.m. 28 Winding Road, Hicksville off Jerusalem Ave. Follow signs, Large red letters.

ha3

SAT., AUGUST 21, 9-4 at 73 Wilson St., Garden City. Household, toys, bikes, clothes, etc.

geS1

GARAGE/MOVING SALE, SOUTH PARK, Roslyn Heights, Saturday 8/14, rain date 8/15, 9 to 4. Household items, furniture, toys, something for everyone. Off Willis Ave., one block south of Northern State Pkwy, three blocks east to 11 Appletree Lane.

W-A2

GARDEN CITY, FRIDAY & SATURDAY, 8/20 & 8/21. Lots of goodies for everyone. Tools, workshop equipment, desk, files, household items, sports equipment, plus more. 10 East Drive (N.E. corner of G.C.)

gcAg3

TAG SALE, GARDEN CITY. Selling to the bare walls partial contents gracious home. Matching sofa/love seat, cherry tea cart, bunk beds, antique wicker, girls twin bedroom, wonderful iron bed, ornamental screen, rocker, original paintings, wrought iron by Woodard - dining table/6 chairs, 3 pc. sectional, rocker, chaise, lots of misc. 9 Cedar Place (between Franklin & Hilton) Saturday, August 14, 9:30 - 3 p.m.

gcAg2

GARDEN CITY. Relocating, selling contents of charming home. Eclectic furniture throughout. B.R.S., LR, home office, computer work station, IBM Selectric typewriter, file cabinets, bric-a-brac, china, crystal, small accordion, cradle, entertainment center, unique "oak" bumper pool table, 2 doll houses, ping pong/pool table, freezer, gas grill, Gympack 1500 fitness system, metal shelving, books, records, sheet music, golf clubs, tools, ladders & so much more! Please join us at 7 Lincoln St., Garden City (New Hyde Park Rd. turn at Yale St. - 1 block) Fri. & Sat., August 13 & 14, 9 AM - 2 PM

gcAg2

**NOTICE
HAVE YOU A HIDDEN TALENT** that has yet to be discovered in print?

We are looking for articles, not exceeding 3,000 words or less than 1,500 words, on local topics, opinions, ideas, nice places to visit on Long Island, and even fiction. In our magazine section, we will try for "Discover" one new feature length article and writer per week. Each writer will be reimbursed a stipend of \$25.00.

If you want to be published and be part of an issue of Discovery, you may submit your article to Litmor Publications, 81 East Barclay Street, Hicksville, N.Y. 11801.



Novenas

PRAYER TO THE BLESSED VIRGIN

(Never known to fail), Oh, most beautiful flower of Mt. Carmel, fruitful vine splendor of Heaven, Blessed Mother of the Son of God. Immaculate Virgin, assist me in my necessity. Oh, Star of the Sea, help me and show me, herein you are my mother, Oh, Holy Mary, Mother of God, Queen of Heaven and Earth! I humbly beseech you from the bottom of my heart to succor me in this necessity. There are none that can withstand your power. Oh, show me herein you are my mother. Oh, Mary conceived without sin, pray for us who have recourse to thee (3X). Holy Spirit, you who solve all problems, light all roads so that I can attain my goal. You who gave me the divine gift to forgive and forget all evil against me and that in all instances in my life you are with me, I want in this short prayer to thank you for all things as you confirm once again that I never want to be separated from you in eternal glory. Thank you for your mercy toward me and mine. The person must say this prayer 3 consecutive days. After 3 days, the request will be granted. This prayer must be published after the favor is granted. J.M.

gAg3

NOVENA TO ST. JUDE
Oh Holy St. Jude, Apostle and Martyr, great in virtue and rich in miracles, near kinsman of Jesus Christ, faithful and intercessor of all who invoke your special patronage in time of need, to you I have recourse from the depths of my heart and humbly beg to whom God has given such great power to come to my assistance. Help me in my present and urgent petition. In return I promise to make your name known and cause you to be invoked St. Jude, pray for us all who invoke your aid. Amen. Say 3 Our Fathers, 3 Hail Marys, 3 Glorias. Say for 9 consecutive days. Publication must be promised. This novena has never been known to fail. Thank you for answering my prayers. P.G. gAg2



NOVENA TO ST. JUDE
Oh Holy St. Jude, Apostle and Martyr, great in virtue and rich in miracles, near kinsman of Jesus Christ, faithful and intercessor of all who invoke your special patronage in time of need, to you I have recourse from the depths of my heart and humbly beg to whom God has given such great power to come to my assistance. Help me in my present and urgent petition. In return I promise to make your name known and cause you to be invoked St. Jude, pray for us all who invoke your aid. Amen. Say 3 Our Fathers, 3 Hail Marys, 3 Glorias. Say for 9 consecutive days. Publication must be promised. This novena has never been known to fail. Thank you for answering my prayers. P.G. gAg2

NOVENA TO ST. JUDE
Oh Holy St. Jude, Apostle and Martyr, great in virtue and rich in miracles, near kinsman of Jesus Christ, faithful and intercessor of all who invoke your special patronage in time of need, to you I have recourse from the depths of my heart and humbly beg to whom God has given such great power to come to my assistance. Help me in my present and urgent petition. In return I promise to make your name known and cause you to be invoked St. Jude, pray for us all who invoke your aid. Amen. Say 3 Our Fathers, 3 Hail Marys, 3 Glorias. Say for 9 consecutive days. Publication must be promised. This novena has never been known to fail. Thank you for answering my prayers. P.G. gAg2

NOVENA TO ST. JUDE
Oh Holy St. Jude, Apostle and Martyr, great in virtue and rich in miracles, near kinsman of Jesus Christ, faithful and intercessor of all who invoke your special patronage in time of need, to you I have recourse from the depths of my heart and humbly beg to whom God has given such great power to come to my assistance. Help me in my present and urgent petition. In return I promise to make your name known and cause you to be invoked St. Jude, pray for us all who invoke your aid. Amen. Say 3 Our Fathers, 3 Hail Marys, 3 Glorias. Say for 9 consecutive days. Publication must be promised. This novena has never been known to fail. Thank you for answering my prayers. P.G. gAg2



DISCOVERY

Martian facts

Several unmanned missions will explore Mars in the next few years. More data need to be gathered before humans ever venture there.



Composition

Mars probably has an iron-rich core, a mantle and a thin crust. There is nearly no magnetic field.

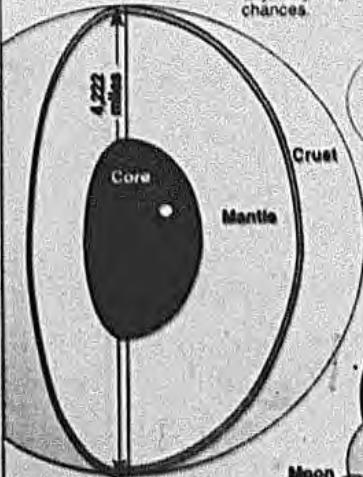
Life?

The Viking lander found no life. Underground water, if any, may help chances.

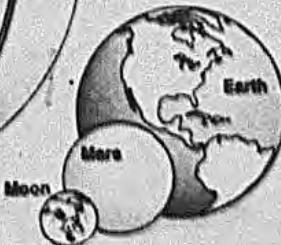
Size, weight...

Mars is tipped on its axis similar to Earth.

24



but is half the size and weighs one-tenth as much. There's frozen water in the poles, but air is extremely thin.



SOURCE: Stars and Planets, Canna Software

Good Reading



No other source of information gives your family more. News, views, entertainment, special features...there's something for everyone.

Subscribe today

Call 931-0012
746-0240
294-8900

Kids Home Newspaper



Games, rhymes, and riddles for children and their parents, too!

By J.R. Rose -

DRAW IT!

DRAW A
NOSE ON
PUP!



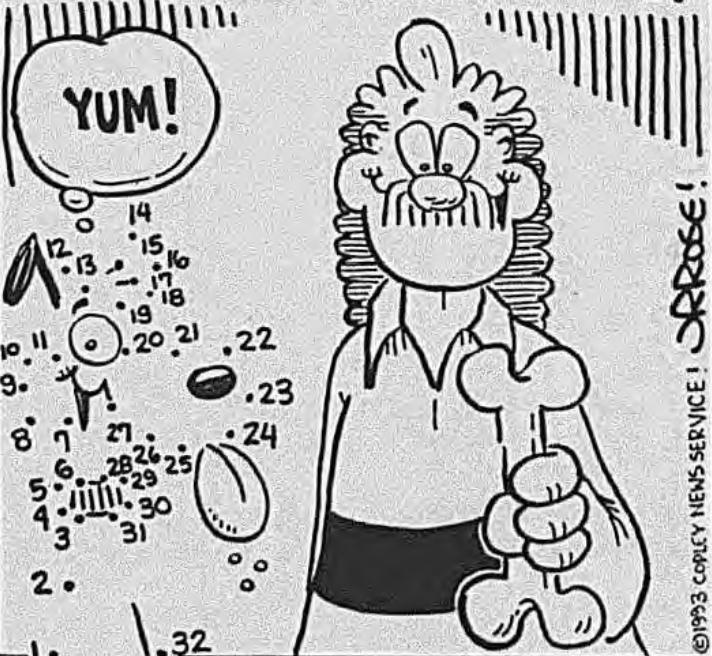
HOLD THIS UP TO A MIRROR
TO DECIPHER WHAT PUP SAID...



WHICH TWO DOGGIE-BONES
ARE THE SAME?



I MAY LOOK LIKE I'M ALONE
WITH THIS GREAT BIG DOGGIE-BONE!
JOIN THE DOTS AND YOU WILL SEE
WHO IS STANDING HERE WITH ME!



WRITE US!

IF YOU HAVE ANY FUN
GAMES OR JOKES SEND
THEM TO : PUP

81 EAST BARCLAY STREET
HICKSVILLE, NEW YORK 11801

WHAT DO YOU CALL A DOG
IN A BATHTUB?



ANTIQUE OR JUNQUE

By Anne McCollam

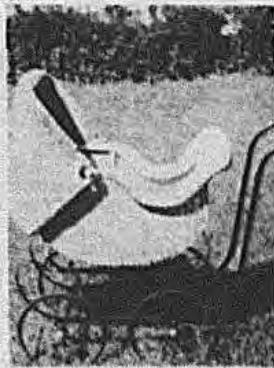


Wicker carriage a find

Q. Enclosed is a picture of a wicker baby carriage that I am interested in selling. It was bought in 1918 and has a small plate in the bottom that reads "Heywood Wakefield."

It is lined and in excellent condition.

I would appreciate any information you can provide as to its value.



A. Heywood Brothers and Wakefield Co. incorporated in 1897, and in 1921 shortened the name by deleting the word Brothers.

Your wicker baby carriage would probably sell in the \$225 to \$235 range.

Q. Enclosed is the mark on the bottom of my teapot. It is a cream color, decorated with yellow roses, and is in excellent condition.

Any information you can give me on the manufacturer and its worth would be greatly appreciated.

**K.T.&K.
CHINA**

A. Knowles, Taylor & Knowles Co., East Liverpool, Ohio, made your teapot in the early 1900s. The company was established in 1853 by Isaac Knowles. It merged with American Ceramic in 1928. Your teapot could be worth \$55 to \$65.

Q. I have a Monopoly game that my grandmother found stored in her attic. It has the paper money, six wooden players in different colors and shapes and even the instruction sheet. The name "Parker" is at the bottom of the Go square.

What can you tell me about the age and value, if any, of my game?

A. If your game has the standard board, black apron parts box, no patent number, the 1933 Charles Darrow copyright near the Jail space, and a 1935 instruction sheet, it could be a 1935 first edition.

The value of your Monopoly game would be about \$100 to \$150.

Q. At an auction recently, I bought a box of four vases. They are all similar in style and design, and are a light-pastel color. Two are marked "McCoy, Made in USA" and two are marked "USA."

When a dealer sat next to me she asked me what I had to pay for them, and if any were McCoy. I told her two were marked "McCoy," and I got all four for \$6. She said it was a real bargain.

Since I bought the vases, I've noticed McCoy planters at the flea markets. What can you tell me about the marks and the McCoy company?

I'd like to know if I did get a bargain.

A. The Nelson McCoy Sanitary & Stoneware Co. was founded in Roseville, Ohio, in 1910. They first produced stoneware kitchen utensils, then in 1928 they began making art ware.

The two with the "McCoy USA" mark were made in the 1940s. The other two I can't positively identify. Your vases were a bargain and are probably in the \$15 to \$35 range. If you're interested in researching McCoy Pottery, your local library should have more information.

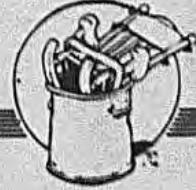
Q. I have a 7-inch light-green plate. The mark on the back of the plate is a shield with a ship inside it, and the words "Grindley, England" below; also the words "Almond Petal."

Can you tell me the approximate age and value of this plate?

A. Your plate was made by W.H. Grindley & Co. Ltd., Tunstall, Staffordshire, England. The company was established in 1880 and exists today.

This mark was used on earthenware and ironstone from 1954 to 1960. "Almond Petal" refers to the pattern.

This plate would probably be worth \$15 to \$20.



WANTED:

High Prices for
•Cut & Art Glass •Costume Jewelry •Precious Jewels
•Dolls •Furniture •Post Cards •Porcelains •Silver
•Bronzes •Hummers •One Item or Complete Contents

WE MAKE HOUSE CALLS

ANTIQUES QUEST

East of Grand Avenue - 87 Merrick Road Baldwin 623-8251 alt. call 588-8547 Muriel Forrester Lorraine Chip

ORIENTALS

TOP PRICES PAID
FOR USED ORIENTALS.
WE BUY ANY SIZE,
IN ANY CONDITION,
ANYWHERE

Or take as trade for new items.

Cleaning and repairing by experts

M.KAZEMI

IMPORTER OF EXQUISITE CHINESE BISCUITS
CALL 294-6520
890 FRANKLIN AVENUE / GARDEN CITY

UNIQUE & LOVELY

- English Sterling Antique & New
- Limoges, Rosenthal, Baccarat
- Fine Monogrammed Linens for Bed & Bath
- Gift Items Antique & New
- Original European Paintings

MY SECRET

By Appointment Only 873-6122

Come to Sell

Stay to Buy

Garden City Exchange

Benefit of G.C. Public Library

Antiques & Collectibles

55 Hilton Ave., Garden City

10-4 Weekdays

10-1 Saturdays

746-9694

China & Glassware REPAIRING

CRYSTAL GRINDING & MENDING

GLASSWARE VASES ETC.

FINISHED EDGES LIKE ORIGINAL

RE MOVE CHIPS

PORCELAIN CERAMIC RESTORATIONS

ON CUPS DOLLS JOURNALS ETC

LOST PARTS DUPLICATED

INVISIBLE MUSEUM QUALITY RESTORATIONS

IVORY MARBLE ART GLASS CLOISONNE

Syosset Fix-it Shop

Tues. Sat. 9-6 Wed. 9-3

921-7088



Points on Pets

By R.G. Elmore, D.V.M.

Q. Is it safe to take our dog with us shopping in our air-conditioned car during the summer months? Our dog is very calm and really enjoys riding in the car. We are usually in the store for only a few minutes.

A. Closed or semi-closed automobiles can be extremely dangerous during the hot summer months for dogs, cats and children.

Whenever the outside temperature is 85 F or higher, the temperature within a closed car may reach a lethal level within 15 minutes. In dark-colored automobiles, death-causing temperatures may be reached even faster. Puppies, short-nosed dogs, obese dogs and older dogs are more prone to suffer heat stress.

Signs of heat stress include a very high rectal temperature, rapid panting, fast pulse rate, red gums, weakness, anxious or blank expression and eventually collapse and death. The rectal temperature may reach 106 F to 109 F. Vomiting is fairly common during severe heat stress. The normal temperature of dogs and cats rarely exceeds 102.5 F.

Heat stress is an emergency situation. Immediate first aid should be administered. The dog should be immersed in cold water. If it is impossible to immerse the dog, spraying with cold water is the next best thing. Ice should be applied to the head and the inner thighs. The dog should be moved to an air-conditioned room. If the dog can eat or drink, small amounts of crushed ice or cold water should be offered.

Any dog suffering due to heat stress should be examined by a veterinarian. Many dogs suffer relapses following the first signs of improvement. The best treatment of heat stress in pets is prevention. It is a good rule to never leave pets or children unattended in automobiles, especially on hot days.

POINTS ON PETS

CONTEST PICTURE



CHEER UP MATE!
WE ARE NOT
DEAD BROKE.
WE STILL HAVE
TWO BITS!

**TRY FOR A
BIG PRIZE!
COLOR THIS
DRAWING.**

Aunt Tilly's Corner

Last week we had a power outage. That means we had no electricity for about an hour. Fortunately, our dinner was over. However, my son was having a music lesson just then. It wasn't quite dark but his teacher took down the curtains to let in more light. I had to bring my newspaper outside in order to read it. I kept believing that the lights would come right back on because there was no storm.

Finally I began to light some candles and look for flashlights and batteries. As soon as all the candles were lit, the electricity came back. I was a little disappointed because the music lesson was over and the candles looked so pretty.

Your Friend,
Aunt Tilly

RULES BOYS AND GIRLS

Here is your chance to win One Dollar (\$1.00) - to spend or to save.

Here's all you have to do:
1. Contest is open to children 4 to 12 years of age.
2. Entries must be received by Friday, August 20, 1993

3. Paint, watercolors and crayons must be used on the above.
4. Decisions of the judges will be final.

Mail your entry (just clip our cartoon) to this newspaper at:
105 Hillside Avenue
Williston Park, N.Y. 11596

YOUR SOCIAL SECURITY

Disability benefits for AIDS patient

By William M. Acosta

Q. My 30-year-old sister has been diagnosed as having AIDS. Will she be able to get health care under Medicare? — S.K.

A. To receive health benefits under Medicare, a person must be 65 or older, or be severely disabled, and have received Social Security disability benefits for at least 24 months.

If your sister isn't working, or if she's only working very little, she should file for Social Security disability benefits right away. And if her income and assets are low enough, she can apply for Supplemental Security Income (SSI) benefits and Medicaid.

For additional information, contact your nearest Social Security office or call Social Security's toll-free number, (800) 772-1213, business days between 7 a.m. and 7 p.m.

Q. I am 63 years old and I am receiving Social Security retirement benefits. If I decide to work, when does the income count? — L.T.

A. Only wages and self-employment income count toward the Social Security earnings limit. Income you have from savings, investments or insurance will not affect your benefits.

For the earnings limit, income counts when it is earned, not when

it is paid. If you have income that you earned in one year, but the payment was deferred to a following year, it should not be counted as earnings for the year you receive it.

Some examples of deferred income include accumulated sick or vacation pay, bonuses, stock options and other deferred compensation.

Q. My husband and I are applying for Supplemental Security Income (SSI). We were told that our first month's check may be less than the others. Why is this? — P.B.

A. SSI payments are adjusted in the first month to take into account the number of days you're eligible during that month.

For example, if your eligibility begins on the 15th of the month, the first month's payment will be about half the amount of your normal payment.

Q. I had a car accident and broke my jaw and chipped some teeth. Will Medicare pay for the treatment I receive for these injuries? — S.P.

A. Medicare will pay for the setting of your broken jaw but the capping of broken teeth is normally not covered.

Most Beautiful Grandchildren



This is a photo of my grandson, Nicholas Filka Fasano, born Nov. 3, 1992. The parents are Evelyn & Louis Fasano, of Garden City. His Maternal Grandparents are Paul & Wanda Filka of Bridgehampton, NY. His Paternal Grandparents are Helen & Louis Fasano of Garden City South.

Helen Fassano



Mary Thomas and Lottie Gregorius are proud of their seven year old grandson, Ian Thomas. As the photo shows, Ian is active in Karate. He also enjoys collecting comic books. Dad Kevin is the proprietor of K's Automotive on Willis Ave., Mineola.

Mary Thomas &
Lottie Gregorius