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Friday, July 2, 1993

Anniversary Parade



Oyster Bay Town Supervisor Lewis J. Yevoll (center), Councilman Thomas L. Clark (second from right), Councilwoman Ann R. Ocker (third from left) and Nassau County Executive Thomas S. Gulotta (second from left) recently attended the annual Southern New York Firemen's Association Parade. This year's parade was conducted in Hicksville and hosted by the Hicksville Fire Department, which was also commemorating its 100th Anniversary. On hand from the Hicksville Fire Dept. were Parade Co-Chairman and Ex-Chief Anthony Wigdinski (third from left) and Second Assistant Chief Karl Schweitzer.

Hicksville Fire Department 100th Anniversary News

A Note To Readers:

The Hicksville Volunteer Fire Department is asking for community assistance from those who were in attendance at our week-long events and Parade.

The Department had been concentrating on ensuring a smooth operating celebration and turnout for the parade, they didn't make provisions to Video Tapes or Photograph the events and is asking those who did to give us a call or make us additional copies of your Video or Photos so we may have the memories that seem to pass us by very quickly. The department will make provisions to have the copies made or we can work on other arrangements by calling Assistant Chief Karl Schweitzer on 933-9461.

Please leave a message and someone from the Anniversary Committee will contact you shortly thereafter.

Thanking you again,

Karl Schweitzer
Assistant Chief

Design Your Own Brass At Bethpage Library

Create your own stationery, gift and note cards using brass stencils and acrylic paints! Peggy Lang will show you how at the Bethpage Public Library - choose a session: Wednesday, August 4, 7:30 p.m., or Wednesday, August 18, 1 p.m. There is a small materials fee of \$5, payable at the Reference Desk upon sign-up, to cover the cost of the stencil (yours to keep) and the

painting supplies.

Samples will be on display at the Reference Desk. This is an interesting and rewarding craft, don't delay as space is limited.

The library is located at 47 Powell Avenue, two blocks west of Exit 8 on the Seaford-Oyster Bay Expressway (Route 135), phone 931-3907.

Bethpage Student Honored

Dr. MacLeod, principal of Bethpage High School, was proud to announce that Erik Kauhaus, one of our graduating seniors, has been honored once again at Nassau Technological Center as Student of the Month. He was honored because of his outstanding abilities in the Carpentry II program, especially in the areas of production, attitude, study and safety.

The program at Nassau Tech is a vocational half-day program that allows students to continue their academic studies at Bethpage High School for the remaining half of the day.

Erik is planning to continue his studies in carpentry at SUNY Alfred.

Friday Night Movies

As part of the Bethpage Library's ongoing Friday Night At The Movies program "Enchanted April" will be presented on July 9, at 8 p.m.

This lyrical comedy of manners is the story of four restless Englishwomen who find romance, hope and liberation during an idyllic holiday spent in an Italian castle on the shores of the Mediterranean.

All are welcome and the admission is free.

The Library is located at 47 Powell Avenue, two blocks west of Exit 8 on the Seaford-Oyster Bay Expressway (Route 135), phone 931-3907.

Youth Council Garage Sale

The Hicksville Youth Council will be conducting its Third Annual Garage Sale on July 31. The hours of the sale will be 9 AM to 5 PM. The Youth Council is located at 175 West Old Country Road.

As we have done in the past we will be asking people in the community to donate the treasures that they no longer have any use for to us. We will be accepting these donations from July 28 on. If you have any questions please feel free to call us at 823-KIDS. All proceeds raised from this Garage Sale will be used to offset cuts that we have received in funding.

Board Closes Year; Honor Wolfe Rudin

By Maureen Trasler

As an annual event, the Hicksville Board of Education honors district retirees and 25-year employees at its June meeting. It is also at this time that the Board welcomes its newly-elected trustees and says farewell to those who will be leaving.

Noting that Carole Wolfe has served as a representative on the Federal Relations Network, State Legislative Network and lobbied for more state aid, Board President Helen Lafferty thanked Mrs. Wolfe for her six years of service. Mrs. Lafferty added that Mrs. Wolfe has served as President, Treasurer, Secretary and Committee Chairperson for policy, curriculum, facilities and finance. Mrs. Wolfe acknowledged that during her tenure, the board had been through "a lot of turmoil and a lot of agony." She added that she was proud that she helped bring Superintendent Mugavero to the district.

Praising Arlene Rudin for her six years of service, Trustee Voley Martin said that Mrs. Rudin had provided him with "sound advice" and had always given him "reason to think." Mrs. Rudin replied with a wish to new trustees... "the hope that they achieve the delicate balance needed to serve our entire community."

Moving ahead on a new venture, Superintendent Mugavero recommended to the board that an after school child care program be scheduled at Old Country Road School in the fall. He reported that enrollment for the district-sponsored program to be administered by SCOPE fell short of its desired goal. The majority of the 34 enrollees came from OCR. Mr. Mugavero further recommended that the district provide transportation to Old Country Road School for those enrollees attending the other five district elementary schools. He concluded that he hopes the program can be expanded in the future to be housed at each elementary school. The board unanimously voted to accept the Superintendent's recommendation.

The program will operate in the school library. Mrs. Lafferty noted that the room "fulfills the basic requirements," containing a VCR, tables, an open carpeted area, easy access to the gym, play area and parent entrance.

Mrs. Lafferty reminded the trustees that at a previous meeting the board was addressed by a representative of Holy Family School, which is also contemplating the initiation of a child care program in the fall. It was requested that the school district provide transportation to in-district students who wished to attend a Holy Family program. Mr. Mugavero reiterated his earlier concern for the district's liability, and said that his current recommendation deals with "public-to-public school service."

District Counsel Gregory Guercio commented on the timeliness of the request being submitted prior to the April 1 deadline for transportation requests as required by State law. If the request is deemed legitimate, then the district would have to provide transportation to Holy Family or any other school within the district's boundaries. Mr. Guercio also noted that if requests from parents are received subsequent to the April 1 date, the district can waive the deadline if there is the existence of a rationale.

Trustee comments included Mrs. Lafferty's concern that this "taxi-like service" could be a costly proposition. Dave Staton questioned the district's responsibility, to which Mr. Guercio responded that if the district acts responsibly, responsibility ends at dropoff. Mr. Staton was also concerned with the fact that the district may not know the person welcoming the students each day at Holy Family. To this, Mr. Guercio replied that if the choice of this person is out of the district's control, then it is not liable.

Trustee Richard Pfaender said that granting transportation may "open a can of worms," and suggested that the district may wish to provide only a pilot program at Old Country Road School this year for those students attending school there. Jim Black disagreed, and Mrs. Wolfe said that the district should provide such a program "equally and freely to all students."

A motion to rescind the original motion failed. Mrs. Lafferty then summarized that the vote would stand, and if a problem arises, the board will then address it.

At several recent meetings, the board tabled discussion of the attendance lines drawn at the time of the vote to close East Street School this fall. In this light, Trustee Rich Pfaender motioned to

Continued On Page 4

Letters

To The Editor:

On behalf of the Chiefs, Officers, Members and Centennial Committee, we would like to thank all the residents of Hicksville who assisted us in celebrating 100 years of fire protection to our town of Hicksville.

The committee had planned, and organized this event for over 3 1/2 years and it was all over in just five short days leaving behind a memory we hope all of you will cherish for years to come. The list of our thank you's can go on and on, and to forget any organization or individual would not be right, so we wish to convey our sincere thanks to all of the residents and businesses of Hicksville for ensuring that this celebration was to be a success from the very beginning.

The Food Coalition, made up of Hicksville Business groups, fraternal organizations, local religious and civic groups, led by Marc Ramierz, a special thank you, for making this a TRUE Hicksville affair. The residents in the area of the Festivities for five days of understanding the congestion and noise, as well as the residents of the Woodbury Road parade route for their patience, and hospitality given to the visiting 71 Fire Depts. from all over the New York State.

The Hicksville Fire Dept. membership has given unselfishly, their devoted time, dedication, and commitment to all of Hicksville for 100 years and once again thanks all of the residents for assisting in the celebration in 1993.

Sincerely yours,
 The Executive Officers of the Centennial Committee
 Karl Schweitzer, Asst. Chief
 Anthony Wigdzinski, Ex Chief
 William Schuckmann, Ex Chief/Comm. Lia.
 Gary Fippinger, Ex Captain
 Lieutenant Elizabeth Flahavan

College Note

Nicole D. Guillou of Syosset was among 103 Furman University students who earned membership in the Phi Eta Sigma freshman honor society at the end of the school's academic year.

Phi Eta Sigma was founded in 1923 to encourage and reward high scholastic attainment among freshmen or other first-year students in institutions of higher learning. To be eligible for membership in Furman's chapter, students must post a 3.5 or better grade-point average during at least one term of their first year at the university or a 3.5 cumulative average at the end of two or three terms.

Mias Guillou is a graduate of Syosset High School where she was a member of the National Honor Society. She is a rising junior at Furman and a dean's list student.

Mias Guillou is the daughter of Robert A. and Ruth C. Guillou of 5 Harmony Court in Syosset.

Joseph Barry Council Annual Awards Night

Photos by Dick Evers & Edward Kelly, PG Knight

Hicksville's Fire Dept. was honored in its Centennial Year for "outstanding service to the community" at the recent well-attended Awards Night of the Joseph Barry Council of the Knights of Columbus. Receiving the Knights' Annual Community Service Award from Grand Knight Joseph Leo was Chief Patrick Scanlon of the Fire Dept.

Among other Joseph Barry Council awards, scholarships and special moments of recognition were four scholarships to Hicksville primary and secondary school graduates and prizes to the winners of the Knights of Columbus "Free Throw" basketball competition. Present to thank the Hicksville Knights for the Council's generous distribution of its annual charitable and benevolent fund drive monies were leaders of various Nassau and local social and child welfare agencies. In 1992-93, the Barry Council provided over \$3700 aid to good causes.

The evening's honors and festivities were the closing event of Grand Knight Joseph Leo's year. Mr. Leo had the pleasure of turning over his gavel to a successor Grand Knight, Anthony Previte, a widely admired Hicksville civic leader. Previte, in his inimitable fashion, saluted his predecessor for "an outstanding and successful year of leadership."



At the Annual Awards Night of the Joseph Barry Council Knights of Columbus is Grand Knight elect, Anthony Previte. No stranger to leadership roles, Mr. Previte is a devoted, inspired civic leader.



The presentation of the Joseph Barry Council, Knight of Columbus' Community Service Award to the Hicksville Fire Dept., fittingly in the F.D.'s Centennial year. L-R: Ex-Capt. Robert Hammond, Sr.; Ex-chief and Ex-fire Commissioner Medard Ofenlock; Chief Pat Scanlon; Grand Knight Joe Leo; Ex-Capt. Gary Fippinger; Charles Stefano, Capt. of Fire Police, and Brian Kohn, Ex-Capt.



Past Grand Knight Steven Stiehle (1991-92) receiving the Past Grand Knight's Award from Grand Knight Joseph Leo.



Father Peter Liu enjoying the thanks of Grand Knight Joe Leo and a scroll for his long service as Chaplain to the Joseph Barry Council.

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"Knight of the Year" Jack Kilgallon is honored for his many and valuable services to the Barry Council by Grand Knight Joe Leo.



Standing proudly with her parents, Mr. and Mrs. John Quinn, is Meghan Quinn, winner of a high school scholarship.



Winner of a scholarship to high school is Melissa Zoleta, right, with mother, Mrs. Rosario Zoleta.



Alison Dunker, daughter of Mr. and Mrs. Brian Dunker, right, won a Joseph Barry Council college scholarship. Grand Knight Joseph Leo, left, and Scholarship Chairman, Past Grand Knight Jack Mulholland, center, making the award.



Edward Russo is proud holder of a Barry Council college scholarship. Grand Knight Joe Leo, left, and Edward's parents, Mr. and Mrs. Edward Russo, share the happy moment.



Expressing their thanks were leaders of recipient community agencies who share in the Joseph Barry Council annual charitable and benevolent fund grants. Mrs. Effie Krogmann Urschel, Director of the Hickville INN Program, expresses her social service group's thanks to Rev. Father Peter Liu, K of C Chaplain; Grand Knight elect Anthony Previte, and past Grand Knight Arthur Schrieber.



St. Ignatius Loyola Pastor, Fr. Edward Tarrant, indulges in a bit of whimsy as he expresses his thanks for financial support for church programs from the Joseph Barry Council Knights of Columbus. Appreciating Father's humor are PGK Arthur Schrieber, seated, and Grand Knight Joe Leo.



Hicksville Fire Dept. Chief Patrick Scanlon, receives the Barry Council's 1993 Community Service Award from Grand Knight, Joseph Leo.

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Local Traffic



Town Councilman Leonard B. Symons (second from left) received a warm welcome from Old Bethpage residents at the intersection of West Park Drive and South Park Drive. Symons, upon hearing from concerned residents and studying the local traffic patterns, helped clear the way for a new stop sign at the corner. Among the happy residents on hand for the occasion, L-R: were Ann Cardello, Linda Ferrante, Jacqueline Ferrante, Nina Horhstein and Blake Panou.

VFW Post 3211

News Notes

By PPC Carmine A. Somma
"Celebration In
Oyster Bay"

On Monday, July 5, Oyster Bay Post 8033 will sponsor the annual July 4th Parade and Service at Townsend Park. The day's activities will kick off at 10:45 a.m. with a parade which will form at the Church Street municipal parking lot #4.

With Color Guards from various organizations, the parade will wind its way down East Main Street, across South Street and on to Audry Avenue, reaching its destination at Townsend Park.

Starting at 11 a.m. residents will be treated to a program including musical selections by the Oyster Bay Community Band. There will also be members of the Army National Guard located at AASF No. 1 in Ronkonkoma. Following the observance parade Units will reform and march back to the Church Street parking field.

"Las Vegas Night" at The VFW Hall

Saturday, July 10, is the next Las Vegas Night at the VFW Hall at 320 S. Broadway, Hicksville. The games start at 7:30 p.m. to midnight.

Games are Black Jack, Roulette, Joker Seven, Big Six and Beat the Dealers.

The next scheduled Las Vegas Night will take place on August 14.

For more information call the VFW at 931-7843.

Games are scheduled from January to November, always on the second Saturday of each month.

In Service

Navy Seaman Recruit Joseph G. Villella, son of Joseph G. Villella, Sr. of Froelich Farm Road, Hicksville recently completed basic training at Recruit Training Command, Great Lakes, Ill.

During the cycle, recruits are taught general military subjects designed to prepare them

for further academic and on-the-job training in one of the Navy's 85 occupational fields.

Studies include seamanship, close-order drill, naval history and first aid.

He is a 1992 graduate of Riverside Christian Academy of River Ridge, La.

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\$6.00 each for adults
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Gates open at 5:00 p.m. for picnicking

Music starts at 7:00 p.m.

For information call: (516) 333-0048

Our dunes had a rough winter . . .

The fierce coastal storms that battered Long Island's shoreline last winter seriously eroded the dunes at Tobay Beach.

In the months since then, the Town, with the help of dedicated citizen volunteers, has undertaken projects aimed at stabilizing and revegetating our fragile dune system.

Walking on the dunes, however, will reverse these efforts and cause further damage.

Enjoy the sun, sand and surf at Tobay Beach this summer. But, please keep off the dunes.

Remember, they've had a rough winter!



Supervisor
Lewis J. Yevoll

Councilman H. T. Hogan, Jr.
Councilman Douglas J. Hynes
Councilman Leonard B. Symons

Councilman Thomas L. Clark
Councilwoman Ann R. Ocker
Councilman Leonard Kunzig

Town Clerk
Carl L. Marcellino

Receiver of Taxes
John J. O'Leary

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School Board

allow parents of students entering 5th grade in 1993-94 (those children in Lee Ave. and Old Country Road Schools redistricted as a result of the closing) to be given the option to have their children remain with their current classmates and graduate with their friends. He called for the Superintendent to issue a request form specifying a cutoff date. It is also to be made clear to parents that the district will not supply transportation for those students choosing the option and that siblings are not eligible for the option. Those incoming 5th graders redistricted from East to Woodland School would also be given the option to remain with their classmates at Lee Ave. School.

There was some question as to whether this would jeopardize the elimination of singleton classes, one of the major objectives in the decision to close a school. But the board split 4 to 3 to pass Mr. Pfander's motion.

Trustee Jim Black motioned to reestablish the boundaries for those students in the number streets between Jerusalem Ave. and Broadway above 4th St. in order to allow them to continue to go to Lee Ave. School. This motion passed by a vote of 6 to 1.

In line with the trustees hesitance to tamper with the remainder of the redistricting lines before a ruling is given by the Commissioner of Education in response to a challenge, the board voted 6 to 1 to leave all other sections as mapped by the redistricting lines.

The Superintendent's monthly report to the board covered a wide variety of topics. At a previous meeting Mr. Mugavero had been asked to look into increasing the number of daily work hours for bus monitors to four, in order to attract applicants for this position. The Superintendent reported that this could add some additional \$35,000 which had not been budgeted for the 1993-94 school year.

Recognizing the need to maintain bus monitors, Mr. Mugavero said that he would recommend in July a guaranteed two hour minimum for monitors. "we can only do what is economically feasible," said the Superintendent.

In the personnel area, Mr. Mugavero announced that Mrs. Geraldine Silver, Principal of Old Country Road School, will be transferred to Lee Ave. School, Mr. Don Guadagnoli, Principal, would be transferred to Old Country Road School. Mr. Mugavero added that the district would like to place Mrs. Kathy Catania, former Principal of Lee Ave. School, in a district position if at all possible. A representative of the Lee Ave. parents praised Mrs. Catania for her work at Lee Ave., emphasizing the love and genuine caring she showed to students and parents alike.

Mr. Mugavero also announced the appointment of Evelyn Acosta as Chairperson of Secondary Guidance. He remarked that Ms. Acosta comes to the district from the New York City Schools and had a multi-lingual background.

Mr. Mugavero stated that 900 students have registered for the district's summer recreation program. "We owe our students nothing less than the best that we can afford," said the Supt. He added that the district will be employing some 60 high school and college youngsters this summer to work in the schools making repairs and renovations.

In other matters:

* The board approved an employee contract with the Council of Principals, Assist. Principals, Supervisors and Dept. Chairs (July 2, 1991 through June 30, 1994). The contract calls for a zero percent increase in the first year, a 2-percent increase in the second and a 4-percent increase in the final year. Effective July 1, 1993 all other members except the Middle School and High School Principals shall work an additional four days per year. Members are eligible for the flexible benefit plan.

* The board approved a contract with the Secretarial Assoc. (July 1, 1992 through June 30, 1994). The contract grants a 3.5% increase plus increments for each of the two years. Longevity stipend will be increased to \$200 for steps 12, 16 and 20. All future negotiation will take place after the work day. Members are eligible for the flexible benefit plan.

* The board's counsel explained that through the flexible benefit plan an employee can set aside certain sums of money paid by them for specified benefits at pre-tax dollars, rather than net tax dollars. It is necessary to set up a trust for these funds. The trust would be administered by Pomco, who will administer the Flex Plan. Mr. Mugavero added that the accounting firm of Peat Marwick is drafting an agreement for the trust and it will appear on the July agenda.

* The board rejected a waiving of the three-reading requirement for policy voting in regard to Regulations for Student Eligibility (sports). Assist. Supt. Dursio agreed to place the policy on the Sept. Committee agenda.

* Also in the policy area, Mr. Mugavero suggested the revision of "Smoking on School Premises by Staff Members" to reflect a desired smoke-free environment. The board agreed to a rewriting after discussion with employees.

* Mr. Mugavero objected to the wording in the policy 9251 (Tenure of Teachers). He suggested that the wording should reflect "excellence" in performance. The board agreed to table the policy and regulations in order to reassess the wording.

In accordance with law, the board will hold its reorganization meeting on Tues., July 6, at 8 p.m. in the Board Room of the Administration Building.

Lamb K Of C "Awards Night"

The Joseph F. Lamb Council No. 5723 Knights of Columbus, Plainview/Hicksville, held their annual "Council Awards Night," on Thursday evening, June 17, in the school basement of Our Lady of Mercy in Hicksville. A large crowd of brother Knights, their wives, families and friends, were on hand to witness the presentation of the various awards given to the members of the Joe Lamb Council for special achievements for the Council, during the Columbian year of July 1992 through June 1993.

First on the program was the awarding of "Certificates of Merit" to 12 members of the Council, who had been selected throughout the year as "Knight of the Month." Later a number of special "Quintennial Certificates" of Appreciation were also given out to various members of the Council. These certificates from the Supreme Knights of Columbus, were given "in recognition of the spirit of discovery and outstanding achievements honoring Christopher Columbus and the 500th Anniversary of his voyage to the new world."

A special plaque was then presented to brother Knight Elie Saydah and his wife Frances who were selected as the Joe Lamb "Catholic Family of the Year." Elie and his family have lived in Plainview for 35 years. Elie has been very active in the Council for many years. He is the Director of Council Activities and is co-chairman of the blood bank.

The Joe Lamb "Knight of the Year" was awarded to brother Knight Alfred J. Eusini. Alfred, one of our newer members, has been very active in the various activities of the Council. He is also very active in Our Lady of Mercy Parish. He is a resident of Hicksville.

A special plaque from the Nassau/Suffolk Chapter was presented to brother Knight Michael Abbriano, for his outstanding efforts as Editor of the Joe Lamb monthly publication "The Knight."

PFN, FDD Grand Knight Peter Volpe and Deputy Grand Knight Hank Schettini, presented all of the awards. Each member honored was given a very brief talk by the Grand Knight, praising his efforts. We of the Joe Lamb Council, are very happy to have so many dedicated members in the Council.

Food and beverages were served to all in attendance. The food was prepared by PGK John Lombardi and his assistants. It was certainly an outstanding night for all who attended.

GRANDPARENTS - Send in your grandchildren's photos and enter our "World's Most Beautiful Grandchildren" contest. Just send a photo and a brief description of the child (or children) along with your name and address to: Litmor Publications, Beautiful Grandchildren Contest, 81 East Barclay St., Hicksville, N.Y. 11601. We'll do the rest!



Brother Knight Elie Saydah (Holding grandson baby George Ryan), with his wife Frances, 2nd from right, is shown after receiving plaque as "Catholic Family of the Year" of Joe Lamb Council. PFN, FDD, Grand Knight Peter Volpe (at extreme right) presented the plaque. Also shown in photo are from left to right: Joseph Widdicombe (son-in-law), George Calvo and his wife Donna (Parents of baby George). In background (but hidden) is Michelle (wife of Joseph). Note - Donna and Michelle are proud daughters of the Saydah family. photo by Frank Jopp



Shown above are 10 of the 12 brother Knights awarded certificates as individual "Knight of the Month" for Columbian Year 1992-93. Two of the awardees were not present. These certificates are awarded for outstanding efforts to the Council and were presented by Grand Knight Peter Volpe and DGK Hank Schettini. photo by Winnie Rapsarda



PFN, FDD, Grand Knight Peter Volpe, right, is shown in photo above presenting plaque to brother Knight Elie Saydah and his wife Frances as Joe Lamb K of C "Catholic Family of the Year." photo by Frank Jopp

GOP Womanpower



Nassau County Federation of Republican Women (N.C.F.R.W.) President Annette Ferrara, center, of Hicksville greets distinguished guest speakers, retired Family Court Judge Hon. Pauline Balkin, 4th from left, and Lalp Town Clerk Hon. Joan B. Johnson, 4th from right, at a "Womanpower" seminar held recently at the Woodbury Country Club. Also present were, L-R: Lousette Turner of Uniondale, Betty Clougher, Eileen Macchia and Ann Baker of Massapequa Park, Cynthia Rosicki, Esq. of Garden City and Menetta Modica of Bethpage.

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PROGRAM

- Prologue Music
- Processional, "Pomp and Circumstance" Edgar Elger
- "The Star Spangled Banner" Francis Scott Key
- Introduction: Principal Mr. Richard G. Hogan
- Valedictorian Linda Thomas
- Salutatorian Adam Firester
- Class President John Flynn
- President, Board of Education Mrs. Helen M. Lafferty
- Superintendent of Schools Mr. Salvatore Mugavero
- Presentation of Graduates Mrs. Nancy DeSorbo
- Recessional

Musical selections performed by Daniel Kristoff

CLASS OF 1993

- | | | | |
|----------------------------|---------------------------------|-------------------------------|-------------------------------|
| Joseph Frank Adams | Kerrie Ann Corrigan | George Phillip Fuchs | Scott Michael Liptak |
| • Monica Alexandris | Gabriella Costa | Wendy J. Fusco | Daniel Thomas Longo |
| • Donna Angela Ambrosio | • Angela Marie Cuccaro | Benjamin Fyfe | Michael E. Longo |
| • Matthew Joseph Anello | Nancy J. Cunningham | Salvatore Gambino | • Steven Love |
| • Carl George Antaki | • Shannon Ruth D'Amico | Susan Elizabeth Gaylord | • Shannon Theresa Luyster |
| Michael P. Anthony | Chris Gregg Dabrowski | Rebecca Geannikis | Robert Bruce Lynch |
| Jacqueline Marie Antonacci | • Filiz Dalplaz | Patrick Constantine Gerakaris | Robert James MacKay |
| • Heather Lynn Apostolidis | • Jason William Dammes | Eric Michael Germuth | David Thomas Macedonio |
| • Jolene Marie Apostolidis | Joshua Steven Danforth | Frank Gerwer, Jr. | Brian Thomas Magee |
| Brian Nicholas Apostolo | Michael Joseph Dattoma | • Lauren Michelle Giacopino | Carole Magee |
| Michele Aversano | Jennifer Lynn Dayney | Sachin H. Giani | Vanessa Mahnken |
| Darren Ronald Aydinian | Christopher DeBernardo | James William Gilmor | Victoria Ann Maletta |
| Spiros Baltas | Rosario John DeMarco | Chris F. Gioia | Abbie Joyce Mandell |
| Sarah Ann Barnard | • Jacqueline Antoinette DePalma | Matthew Roy Gold | Jennifer A. Manduca |
| Robert John Beck | Nichole Helen DeRenzis | Richard Goldthwaite | • Laura Marie Mango |
| Stephanie Maria Bells | • Lori Ann DeRiso | • Priscilla Gonzalez | • Christine Marie Manolakes |
| Joseph Carl Belluomo | • Joshua Michael Diamond | Linda Anne Gorney | John Mansueto |
| Jaime A. Beltran | Mario C. DiCerbo | • Adam Michael Grecco | Michael Craig Marchena |
| Christopher Benes | Amy DiConza | Angelo Grei | Joy Lynn Marchese |
| Jose Benitez | Susan Margaret Doucette | Adam Michael Grippi | John Marcin |
| Paula Maria Bermudez | • Nancy J. Dougherty | Victoria Anne Gunnigle | • Timothy Marino |
| Jonathan F. Blaser | Christine Michele Doyle | • Mark Andrw Haddad | Raymond Nicholas Marshall |
| • Eric Laurence Blicker | Christopher Thomas Doyle | Danielle Joy Hagan | • Narda Mastroliero |
| Sharon Elise Bode | • Alison Marie Dunker | • Maureen Ann Hamel | • Erin Margaret Matlack |
| Mark J. Brendel | Arthur Sean Dunne | Tracy Marie Harkin | Tanya Lee Maurer |
| • Jennifer M. Brennan | Eric Dunsing | Brian Richard Hart | Michael Christopher McEaney |
| Michael James Brennan | Erik Dzlegelowski | Miranda Hatzlangelou | Frank Michael McGeough |
| Michael Joseph Brindisi | Johanna Easley | • Eileen S. Hayes | Kelly James McKenna |
| Diane Buffolino | Lisa Marie Ellinger | Pamela Hebert | James Thomas McLaughlin |
| Christopher J. Buran | Meghan Colleen Enright | Jorge Hernandez | Pamala Ann McNeil |
| • Kerry Lynn Burns | Sonia Veronica Enriquez | • Michael Charles Heyer | • Kenneth Patrick McNicholas |
| Dena Marie Burrafato | Jenifer Victoria Escaler | Glenn M. Hirtzel | • Patricia Ann Marie Mercurio |
| • Daniel Byrnes | • Renee Marisa Fabrizio | Diana Evelyn Hoffmann | Ellen Michalos |
| Joanne Margaret Cadovius | Michael John Famiglietti | Amy Marie Hojnowski | Kevin Robert Michell |
| Javier Calle | Justin Fan | • Dawn Elizabeth Hoosack | David Wal Mo |
| Moises Alexander Canales | Lisa Kristen Farella | • Catherine A. Hora | Joseph Modifica |
| • Guy John Carloni | Brian Robert Fayda | Tasha Renee Hudson | Dawn Marie Molecky |
| • Thomas Patrick Carolan | • Elizabeth Jeanne Fichtner | Christina Marie Hutzler | Joseph Montalto |
| Teddy Carter | Gregory Figlia | • Jennifer Marie Imperato | Ilaria Montanari |
| Michael Anthony Centrone | Susan Patricia Fippinger | Carl Ingrassellino | Emery Moran |
| Sheebu V. Chacko | • Adam Ben Firester | Freshta Janfeshan | Kevin Thomas Moriarty |
| • James Joseph Chambers | John Joseph Fitzpatrick | Laura Jan Jennings | • Daniel Gregory Moy |
| Andrew A. Chi | John Joseph Flynn | Manfredy Antonio Jerez | Jacqueline Michele Moy |
| • Elaine Chow | Kevin Edward Flynn | Diana Jim | • Elizabeth P.L. Mueller |
| Denise Coffey | • Domenick Joseph Freda | Lisa R. John-Baptiste | Christopher Murphy |
| Angelina Collazo | | Maura Kathleen Johnston | Michael Christopher Murphy |
| • Karen Elizabeth Conboy | | Robert V. Jonason | Thomas Murtha |
| • Jennifer Anne Corrado | | Robert Michael Jordan | Amanda Michele Muscat |
| | | Thomas James Kaletcher | Jennifer Ann Nagle |
| | | Lisa Kalogridis | • George Nasser |
| | | Lazaros Karalazarides | Damone Jemal Newton |
| | | Hareesh Kavully | Nicholas Nigro |
| | | Beata Maria Keczmer | Stephen Anthony Ocuto |
| | | • Thomas Joseph Keelins | Joackim Ohlsson |
| | | • Christopher William Kemmlen | Yvonne Oleksiej |
| | | Abey Keneth | Thomas Michael Ormond |
| | | So Young Kim | Hector M. Pagan, Jr. |
| | | • Kathryn Rita Knauer | Lori Ann Pagano |
| | | Brian Michael Knippenberg | Jacob Palathinkal |
| | | Jan Knopp | Dawn Christine Palazzola |
| | | Steve Kourkoumellis | Pinky Pandhi |
| | | Dawn Marie Krisanda | John Papaglannis |
| | | Peter Kromidas | Andrew George Pappas |
| | | Jacquelyn Suzanne LaPointe | Sajesh Parathath |
| | | Anthony Lane | • Ronnie Park |
| | | Dawn Laronga | Chad Edward Passaro |
| | | Angela Laurino | Anthony Joseph Pettottiere |
| | | Christine Elizabeth Lay | Steven Pena |
| | | • Michelle Staci Leavitt | Fara Anne Pendergast |
| | | Christine Lenzi | Jennifer Ann Penge |
| | | Michael Leoce | Steven Perloff |
| | | Matthew Peter Lewis | Diana Lynn Perretto |
| | | Daniel Thomas Lien | Melissa Christine Perry |
| | | Ricardo Llevano | • Robert Thomas Peters |
| | | • Anthony Vincent Limoli | Canh Pham |

SCHOOL CLASS OF 1993

- Michael Vincent Piccolomini
- Danielle Pipitone
- Angelo N. Pollicastro
- Christopher John Pores
- Kyriakos V. Pothos
- Jennifer Lynne Pouch
- Rahul Puri
- Mary Rafic
- Salina Sofia Rairie
- Allison Lindsay Rappaport
- Lubna Rashid
- Timothy Daniel Regan
- Brian W. Reilly
- Amy L. Reinhardt
- Kerri Elizabeth Reinhardt
- Jennifer Marie Rella
- Elizabeth Ann Reynolds
- Ayaz Rizaz
- Karl Daniel Rice
- Edward Paul Rivoire
- Joseph Anthony Rizzo
- Craig Peter Robey
- Karen Gisel Romanelli

- Brian Arthur Rooney
- Wayne Anthony Rothschild
- Thomas James Rottino
- Edward Eugene Russo
- Janice Russo
- Matthew Russo
- Terrance Ryan
- Christine Marie Sacco
- Marc Peter Sacco
- Sandra Anne Sacrestano
- George L. Sandoval
- Christopher Santanello
- Theresa Josephine Scarbo
- Victoria L. Schembri
- Joshua Aaron Schlanger
- Carly M. Schultz
- Kara Lisa Schwartz
- Peter Richard Schwarz
- Kristin Denise Sciafani
- Loula Philipp Sell
- Andrew Owen Sham
- Michael S. Sheets
- Alex R. Shusta

- John Robert Simonello
- Andrew Peter Simoneschl
- Denise B. Smith
- Donald D. Smith
- Lisa Smith
- Deepak Derek Sohl
- Mark Patrick Sollman
- Sumeet Sondhi
- Danielle Kristen Stampfl
- Christopher Eric Stanisci
- Christie Marie Stanton
- Melissa Ann Steinlitz
- Karen Stettner
- James Sun
- Allison Szul
- Gaetano Tantillo
- Robert Michael Taylor
- Tina Tenentes
- Dana Angela Thiel
- Christopher Thireos
- Linda Thomas
- Adam N. Tisdale
- James Vincent Tomasello II
- Tora Torgersen
- National Merit Scholarship Winner
- National Honor Society Members

- Jared Matthew Trapasso
- Chetan Trikha
- Anie Uckardes
- Jeanne Marie Urban
- Lisa Vaccaro
- Tracey Lynn VanKasten
- Mia Ricci Del Rosario
- Victoriano
- Robert Nicholas Viglione
- John Vincent Villani
- Matthew Timothy Voss
- Melanie Frances Vought
- Kristi Lynn Wagner
- Sheryl Marie Wagner
- Richard R. Walker
- William John Ward
- Alan Watson
- Scott Joseph Wilhelm
- Judy Woo
- Richard James Woodworth
- Neveen Yacoub
- Jonathan Edward Yee
- Victor Mengong Yee
- Vincent Yee
- Robert T. Zarzycki
- Christian Zuzic

SCHOLARSHIPS

- Alfred University's Merit Scholarship.....Gomerrick Freida
- American Legion Auxiliary
Charles Wagner Unit # 421.....James Gilmer
- American Legion Charles Wagner Post # 421.....John Simonello
- Band Parents' Association.....Jacqueline DePalma
John Flynn
- The Bana' Spiritual Assembly of Oyster Bay Township.....Tasha Hudson
- Susan Brill Memorial Scholarship.....Andrew Sham
Anie Uckardes
- The Best of Long Island Flag Contest.....Mark Haddad
Laura Mango
- Burns Avenue PTA Scholarship.....Elizabeth Muebler
Rahul Puri
- Burns Avenue School
Dorothy Stain Memorial Scholarship.....Jennifer Corrado
- Burns Avenue PTA Special Achievement Scholarship.....Denise Colley
- Civil Service Employees Association, Inc.
Jardicho School District Unit Scholarship.....Scott Liptak
- Concerned Citizens of Hicksville Inc.
Community Service Scholarship.....Richard Walker
- Cooper Union Scholarship.....Adam Fleeter
- Dutch Lane PTA Scholarship.....Joy Marchese
Richard Walker
- East Street PTA Scholarship.....Brian Hart
Ronnie Park
- Henry G. & Florence E. Elsbarnn
Memorial Scholarship.....Lauren Giacopino
- Fork Lane PTA Scholarship.....Elaine Chow
- Garden Club of Plainview/Hicksville Scholarship.....Mark Haddad
- Samuel A. Goldberg Foreign Language
Memorial Scholarship.....Linda Thomas
- Grainpoint Savings Bank, Good Citizenship Award.....Amy DiConza
Eileen Hayes
Amanda Muscol
- Justice Frank A. Gulletta Memorial Scholarship.....Matthew Anello
- Justice Frank A. Gulletta Memorial Scholarship,
at Nassau Technical Center.....Jennifer Dayney
- Hicksville Athletic Booster Club Scholarships
Best Female Athlete.....Dawn Hoosack
Best Male Athlete.....Richard Walker
- Hicksville Athletic Booster Club
Henry Madness Memorial Scholarship.....Andrew Sham
- Hicksville Chamber of Commerce Scholarship.....Richard Walker
- Hicksville Congress of Teachers
Elliot Pelton Memorial Scholarship.....Karen Stettner
- Hicksville Council of Administrators, Supervisors,
and Chairpersons Scholarship.....Nancy Dougherty

- Hicksville Council of PTA Units
Bernard H. Braun Memorial Scholarship.....Ellen Michalos
- Hicksville Council of PTA Units - Homecoming.....Jolene Apostolida
Shannon D'Amico
Linda Gorney
Danielle Hagan
Erin Mattack
Allison Rappaport,
Danielle Stampfl
Chetan Trikha
- Hicksville Council of PTA Units
Lee Del Hughes Memorial Scholarship.....Karl Rice
Christopher Thireos
- Hicksville High School Alumni Association
Mabel R. Farley Scholarship.....Susan Figginger
- Hicksville High School Alumni Association Future Teachers
Scholarship in Memory of Leon J. Galoway.....Jacqueline DePalma
- Hicksville High School Alumni Association Music Award in
Memory of Harriet Spink.....Christopher Karmelien
- Hicksville High School Alumni Association Art Award in
Honor of Donald Holmes.....Kathryn Krause
- Hicksville High School Alumni Association
Females Athlete Scholar Award.....Angela Cuccaro
- Hicksville High School Alumni Association
Male Athlete Scholar Award.....Thomas Carolan
- Hicksville High School Alumni Association
Special Achievement Award.....Chad Passaro
- Hicksville High School Alumni Association
Health Related Services Award in Memory of Ruth Daly.....Dawn Hoosack
- Hicksville High School PTSA Scholarships.....Michelle Averano
Domenick Freida
Catherine Hora
Messa Johnston
Thomas Keevina
Narda Mastropiero
Pinky Pandhi
Edward Russo
Louis Bell
Linda Thomas
- Hicksville High School PTSA
John F. Pittrell Memorial Scholarship.....Allison Dunker
- Hicksville Middle School PTSA Scholarship.....Susan Gaylord
- Hicksville Scholarship Fund.....Judy Woo
- Holly Masonic Lodge
Bernard La Padula Memorial Scholarship.....Mark Haddad
Michael Heyer
Matthew Russo
- Jewish War Veterans Nassau/Suffolk District Council
Ladies Auxiliary Nurse's Scholarship.....Jennifer Nagle
- Jewish War Veterans of the U.S. of America, Inc.
Glad-Levit Post # 655 Award.....Thomas Carolan
- Kwanza Club of Hicksville Past and Present
Hicksville Kwanza Club Scholarship.....Beata Keczmer

- Kwanza Club of Hicksville Scholarship
in Honor of Frank Chumsky.....Jason Dammes
Thomas Keevina
- Kwanza Club of Hicksville Scholarship
in Honor of Dr. Charles J. Masek.....Judy Woo
- Knights of Columbus
Joseph Barry Council # 2520.....Allison Dunker
Edward Russo
- Lee Avenue PTA Scholarship.....Angelina Colabro
- Lee Avenue PTA Jack Maleer Scholarship.....Peter Schwarz
- Robert Harold Levy Memorial Scholarship.....Tracey VanKasten
- Lions' Club of Hicksville
Clifford A. Freilag Memorial Scholarship.....Joseph Rizzo
- Irwin Goldman Memorial Scholarship.....Michael Marchena
- Ken de Jongh Memorial Scholarship.....Lisa John-Baptiste
- John Macco Memorial Recognition Award
Friends of the Macco Family.....Anthony Limot
- Irvin Munowitz Memorial Scholarship.....Jennifer Panga
- Nassau County 4-H Leaders' Federation.....Elizabeth Fishner
- Nassau Educators Federal Credit Union
Francis A. De Mita Scholarship.....Piscolla Gonzalez
- National Westminster Bancorp Inc.
Outstanding Young Achiever Award.....Kerry Burns
- NEEDA - New England Dairy-Des-Bakery Association, Inc.
Annual Scholarship Awards Program.....Mark Haddad
- Old Country Road PTA Scholarship.....John Flynn
- Old Country Road PTA Scholarship
Catherine Dillon Academic Achievement Scholarship.....Elizabeth Fishner
- Christopher J. Robinson Memorial Scholarship
William Robinson Sponsors.....Ronnie Park
- Sons of Italy Scholarship
Galileo Galilei Lodge # 2253.....Narda Mastropiero
- Special Education PTA Annual Grant.....Arthur Dunne
Kelly McKenna
Adam Tadala
- Jerry and Emily Spiegel Family
Foundation Inc. Scholarship.....John Flynn
- Jenice Robin Strow Memorial Scholarship.....Mia Ricci Victoriano
- The United States Military Academy 4-Year Admission.....Ronnie Park
- V.F.W. William M. Gouse, Jr. Scholarship
Post # 3211.....Steven Love
- Gloria and Bernard Vinson Endowed Scholarship
in Memory of Theodore W. Pustell at Hofstra.....Richard Woodworth
- West Scholarship from West Publishing Company.....Jennifer Corrado
- Medicine Wicksel Scholarship.....Adam Fleeter
- Willst Avenue PTA
John P. Asher Memorial Scholarship.....Kristin Sciafani
- Woodland Avenue Memorial Scholarship.....Renee Fabrizio
Brian Rooney

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Friendship Seniors Installation



Town Councilwoman Ann R. Ocker (fourth from left), Councilman Leonard Kunzig (fourth from right) and Town Clerk Carl L. Marcellino (third from left) recently attended the annual installation luncheon of the Bethpage Friendship Senior Club. On hand for the occasion, L-R were Pres., Elizabeth Cardillo, Vice Pres., Carmela Macari, Recording Secty., Theresa Amoroso, Corresponding Secty., Ann Macarone and Treas., Fannie Miele.

Golden Age Installs Officers



Town Councilwoman Ann R. Ocker (third from left), Councilman Leonard Kunzig (second from left) and Town Clerk Carl L. Marcellino (center) recently attended the annual installation luncheon of the Bethpage Golden Age Club. On hand for the occasion, L-R were Pres. Barbara Morris, Vice Pres., Edith Portera, Recording Secty., and Corresponding Secty., Gladys Schober and Jenny Colin standing in for Treas., Barbara Scully.

Soccer Awards



Town Councilman Leonard Kunzig (back row center) recently joined with Bethpage PAL Little League Soccer Co-Presidents Alan Koch and Russell Colicino as they presented awards to the young participants. Receiving trophies; front row, L-R: were Mathew Colicino, Bryan Koch, John Gee, Jeff Gee, Brian Kunzig and Christopher Colicino.

Teacher Award To Student

The Hicksville Congress of Teachers presented their Elliot Paisner Memorial Scholarship to Karen Stettner at the Senior Award Ceremony held at the Hicksville High School.

This \$500 Scholarship, presented to encourage young people to enter the teaching profession, was established in memory of Elliot Paisner, a Hicksville High School chemistry teacher and Senior class advisor, who was very dedicated to his profession, his students and his colleagues as a member of the Executive Board of the HCT.

Karen, a graduate of Lee

Avenue School, will be attending Nassau Community College this fall. She was involved in the High School Internship Program, working with a Third Grade class in one of the district's elementary schools.

An enthusiastic, hard worker, Karen has earned 12 credits in conjunction with Adelphi University in college level Spanish courses. An overall "B" student at Hicksville High School, Karen aspires to teach in elementary schools.

The teachers of the HCT congratulate Karen and wish her the best in pursuit of her dreams.

College Notes

Eric J. Dorf of 29 Mitchell Avenue, Plainview, has earned Dean's List status at Quinnipiac College for academic excellence during the spring 1993 semester. He is a physical therapy major.

Kevin Maresca of 15 Country Court, Hicksville, graduated May 23 from Providence College. He received a B.A. degree in chemistry.

Kelth J. Boos of 1 Key Lane, Hicksville, graduated recently from Springfield College.

Pierre S. Girgis, son of Mr. and Mrs. Samir A. Girgis of Plainview, earned Dean's List honors at Emory College for his excellent academic record during the spring 1993 term.

LEGAL NOTICE

NOTICE TO BIDDERS

SEALED BIDS will be received by the Board of Fire Commissioners of the HICKSVILLE FIRE DISTRICT, 20 East Marie Street, Hicksville, NY 11801 until 3:30 p.m. prevailing time, July 21, 1993 for the following:

Hicksville Fire District Municipal Fire Alarm System and the General Electrical Maintenance of District Facilities. This contract is to be in effect from August 1, 1993 through January 31, 1994 with the Fire District maintaining an option to renew the contract for the period of February 1, 1994 through July 31, 1994.

Specifications, proposal forms, and proposed contracts may be obtained at the office of the dispatcher, Hicksville Fire House, 20 E. Marie Street, Hicksville, New York. Certificates of non-collusion must accompany each bid, and the bidder must submit his bid on the proposal form supplied. The Hicksville Fire District, as purchaser, reserves the right to award all or any part of said bid, also to reject all or any part of said bid. Bids failing to comply with the proposal format will be rejected. The Board reserves the right to waive any and all formalities.

A Bid Bond or certified check in the amount of two thousand five hundred (\$2,500.00) dollars shall accompany each bid. The bid bond or certified check shall be returned after the Board of Fire Commissioners awards the contract.

BOARD OF FIRE COMMISSIONERS
HICKSVILLE
FIRE DISTRICT
20 E. Marie St.
Hicksville, NY 11801

Dated: June 29, 1993
Attest: John Knight
District Secretary
MIT 2723
1X 7/2

Jottings From Yesteryear

By Bill Clark

As the sole came loose, from my shoe, due to getting it wet, reminded me of Eleanor, my wife, who during WW-II due to rationing of leather and a luggage delay cut cardboard inner soles for her shoes until her ration book &/or suitcase caught up with her in California. It was the same week Pres. Roosevelt died. Now-a-days my soles don't wear out, the uppers fall off.

This Fourth of July reminds me of when a five inch fire

cracker under a can didn't go off until 20 minutes later. Had I not listened to my father I would have removed the can to relite the fuse and possibly had a serious injury. Take care and enjoy your weekend, and also keep your speed down and enjoy your trip. Watching a neighbor change and repair his flat tire last night, I recalled years ago if not repaired the tire might end up from a tree as a tire swing and the inner tube with patches would be headed for the beach and a swim.



1930's - Ed. Ryan's Gas Station, corner of Broadway and E. John Street. In photo, Michael, and his dad. Building at right was Mroczkowski's Store. Gas Station formerly was Treharne's.



Same corner now The Bank Of New York, originally L.I. National.

Photo by Bill Clark

Hero's Citation



Oyster Bay Town officials took time before a recent Town Board meeting to commend Syosset resident Christian Pieper (sixth from right), who, while working for the Long Island Railroad, risked his life to thwart two crimes in progress at the Hickville Railroad Station. Pieper, a volunteer firefighter with the Syosset Fire Dept., prevented an auto theft and mugging on Feb. 19. On hand for the occasion, L-R were Councilman Leonard B. Symons, Town Clerk Carl L. Marcellino, Pieper's future Mother-in-Law, Mary Jane Swienocki, Mother, Mary, Fiances, Mary Van Reynolds, Father, August, Councilman Douglas J. Hynes, Supervisor Lewis J. Yevöli, Councilman Tom Hogan, Councilman Thomas L. Clark and Town Councilwoman Ann R. Ocker.



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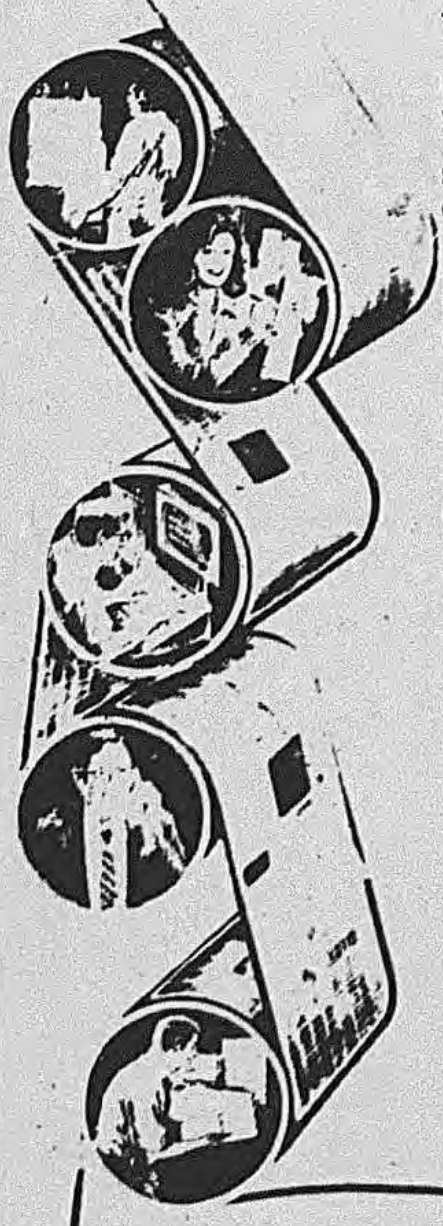
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Joseph Barry Council Annual Awards

Continued From Page 2



Ex-Fire Dept. Chief, and Past Fire Commissioner Medard Ofenlock, right, 50-year F.D. veteran and his fellow officers and their ladies socializing at the Knights of Columbus Awards Night.



When good fellows get together, L-R: Deputy Grand Knight Neil McInnis, Dick Evers, Fred Bode and Jim Gallagher.



Enjoying the ceremonies, good company are Sister Kathleen Murphy, Director, St. Ignatius Loyola Human Resources Program; Mrs. Jean and Jack Mulholland, PGK, Hank Braemer, and John Harty.



Knights' fellowship exemplified: Bruce Schweinfest; Past Grand Knight Vince Murphy; Grand Knight-Elect Tony Previte; Phil Baumgartner, and Joe Barrafato.



A fine body of men: Vincent Maletta, Hans and son, Phil Baumgartner, Joe Leo (GK) Tony Previte, new Grand Knight, and Deputy G.K. Neil McInnis.



More good company! R-L: Past Grand Knight Don Pesonen, Past Grand Knight Joe and Mrs. Frances Kenyon, Past Grand Knight Jim & Mrs. O'Neill, and Friends.



Standing, Left: Grand Knight Joe Leo, chats with fellow knights Jim Logan, standing, Mr. and Mrs. Joe Celio, seated, and friends.



Vince Murphy and Steven Stiehle, Past Grand Knights, and Mrs. Stiehle, and a college scholarship winner, Allison Dunker, father, Brian, and friends enjoying the K of C Awards Night.



Left, Melissa Zoleta, Joseph of Barry Council high school scholarship winner. Center, her mother, and friends oblige cameraman Dick Evers.



Retiring Grand Knight Joe Leo, Left, about to congratulate Grand Knight-elect Anthony Previte.

The Editor's Notebook

FIREMAN GIVES POOL WARNINGS

As the warm weather arrives, many area residents will be using pools on their own property or in the yards of friends and relatives. Kevin Mulrooney, a volunteer firefighter from East Williston, has provided the following information:

According to the National Swimming Pool Safety Committee (NSPSC), there were 300 deaths in the US last year in swimming pools for people under five years old. Children should be supervised at all times when near pools. Fences should secure pool areas with self latching highly placed locks. All water should be drained from the pool cover corners regularly. And remember, most inflatable devices WILL NOT, repeat NOT, keep children afloat. And most of all, no one is drown proof.

Those who maintain their pools should keep in mind that there are many different brand names of pool stabilizers, but the important thing to remember is that they are incompatible with each other. Most are not flammable, but will react violently with foreign matter such as grease, oil, or dirt, which will lead to the production of heat, and eventually, fire.

Store all pool chemicals in cool, dry areas spaced far enough away from each other so a spill will not mix chemicals together. When adding chemicals to the pool use a clean dry plastic scoop - but do not dip the scoop into the water. Pour the chemical into the pool. A wet scoop placed into the water will react with the chemical. Keep the scoop dry and clean. Chemicals must always be handled by an adult.

Should a fire erupt clear the area and avoid the toxic fumes. Call the Fire Department at once and tell the dispatcher in a clear manner exactly where and what is on fire. This is very important. We must know the extent of the hazardous material which we will encounter. This will also allow us to contact a Fire Department with a special Hazardous Material Team or the Nassau County Fire Marshal's Office.

If your skin comes in contact with the chemical, flush skin with water. Be careful not to infect other skin areas with the polluted run off. Also, flush the eyes if they come into contact with a chemical; remembering to protect the uninfected eye. The run off must flow away from the "good" eye. Remove all victims to fresh air.

Have fun, but be informed and cautious!
Mary J. Morgan

College Notes

Steven Michael Gabbay of 170 Forest Drive, Jericho, graduated May 30 from Lehigh University with a B.S. degree in accounting.

Melanie Mara Stern of Hamlet East 30 Club Drive South, Jericho, graduated May 30 from Lehigh University. She earned a B.S. degree in accounting.

LEGAL NOTICE

NOTICE TO BIDDER

Please take notice that SEALED BID PROPOSALS will be received and must be stamped at the DIVISION OF PURCHASE AND SUPPLY, Department of General Services, Town of Oyster Bay, at its office located on the fourth floor, Town Hall, West Building, 74 Audrey Avenue, Oyster Bay, New York, not later than 11:00 A.M. (prevailing time) on JULY 12, 1993 following which time bids will be publicly opened and read at the Town Hall East Building Hearing Room, 54 Audrey Avenue, and the contract awarded as soon thereafter as practicable for: UPGRADING OF LIGHTING AT TOWN HALL WEST A S SPECIFIED IN BID PROPOSAL PW 036-93.

Detailed specifications and proposal sheets may be obtained at the office of DIVISION OF PURCHASE & SUPPLY, located on the fourth floor, Town Hall, West Building, 74 Audrey Avenue, Oyster Bay, New York on and after JUNE 28, 1993 from 9:00 A.M. to 4:45 P.M. Monday through Friday. POSTAGE FOR MAILING IS REQUIRED.

LEWIS J. YEVOLI,
TOWN SUPERVISOR
CARL L. MARCELLINO,
TOWN CLERK
PHILIP FASULLO,
SUPERINTENDENT OF
PURCHASING
AND SUPPLY

Dated:
June 22, 1993
Syo 8698
IX 7/2

NOTICE
HAVE YOU A HIDDEN TALENT that has yet to be discovered in print?

We are looking for articles, not exceeding 3,000 words or less than 1,500 words, on local topics, opinions, ideas, nice places to visit on Long Island, and even fiction. In our magazine section, we will try to "Discover" one new feature length article and writer per week. Each writer will be reimbursed a stipend of \$25.00.

If you want to be published and be part of an issue of Discovery, you may submit your article to Lilmor Publications, 81 East Barclay Street, Hicksville, N.Y. 11801.

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Maureen Bright, Administrative Assistant to Superintendent Salvatore Muguvera swore in the officers: Michael Kaczmaraki, President; Lenore Minietta, 1st Vice Pres.; Marge Cycon, 2nd Vice Pres.; Anna

D'Andria, Treasurer; Sam Cuomo, Asst. Treas.; Emma Torzilli, Recording Secy.; Dorothy Jurgens, Corres. Secy.; and Tony Minetta, Sgt. at Arms, along with a number of members of their Board of Directors, who are all hard working volunteers who help their Director, Myra Giansante. A good time was had by all as they enjoyed a delicious meal and danced to the music of John LaRosa.

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Graduation exercises for the eighth graders at St. Ignatius Loyola School were held on Sunday evening, June 6. Father Edward Tarrant the Pastor, was the main celebrant and the homilist at the Mass. The guest speaker at the exercises was Thomas Catalano, Junior, an attorney. Mr. Catalano is a 1964 graduate of St. Ignatius.

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The graduates were prepared for their special day by their eighth grade teacher, Mrs. Weigel.



Sitting: Lee D'Esposito, Betty Anton, Annie Corley, Vicki Tanno, Phil Ranno and Mary Minetta. Standing: Tony Minetta, Connie Falcano, Fernanda Oligario, Emma and Charles Torzilli.



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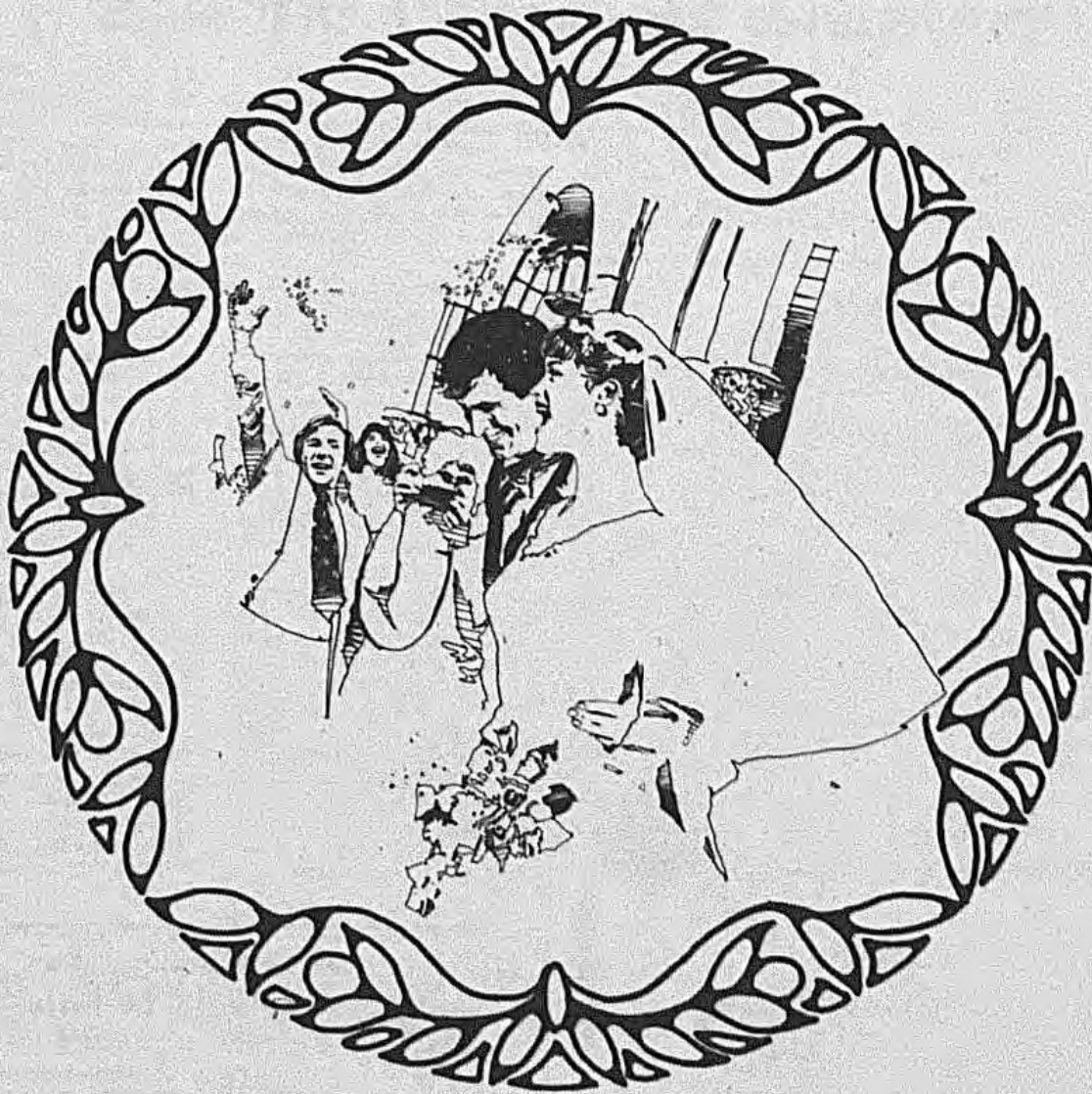
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The Summer 1993

Long Island Catholic Bride & Groom

Marriage
preparation studied

— page 3

Program schedules
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— page 4

Communication is
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— page 10

Special procedures
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— page 11

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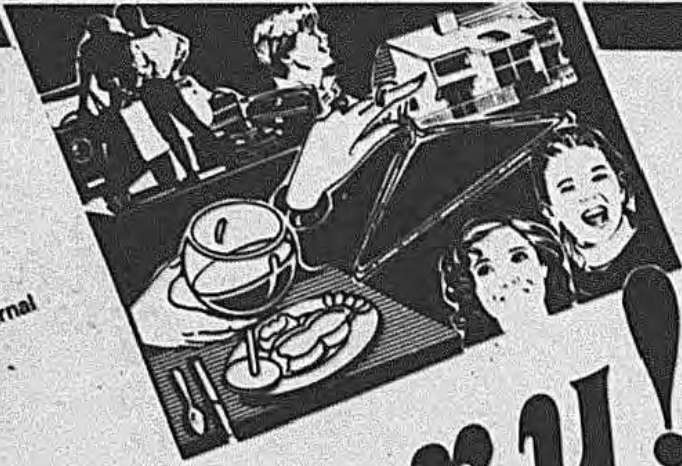
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and The Garden City News



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The newspaper edition that helps
discover new writers, new ideas
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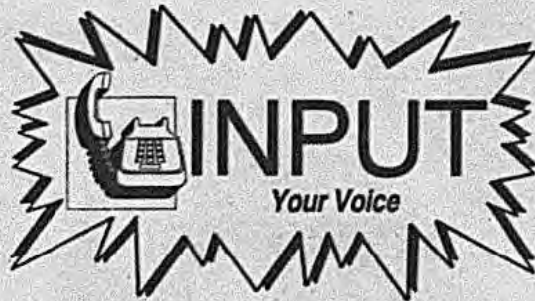


Friday, July 16, 1993

The Fifth Of July

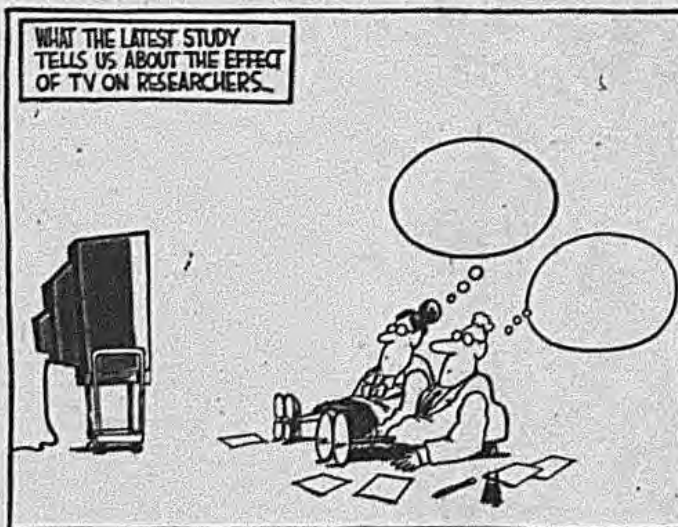


SEE PAGE 3



THE QUESTION OF THE WEEK

Do you think excessive violence on TV is responsible for more violence in our society?



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Most Input Callers Want Stricter Immigration

Most callers to Input believe that there should be sharp controls over immigration in response to this question: "Should we close immigration to countries that allow terrorists to publicly state intentions to harm the U.S.?" Here are some of the answers:

DON'T LIMIT IMMIGRATION

This is the most inhumane suggestion contrary to our Statue of Liberty and our own Constitution. This attitude was expressed by FDR when he turned back a shipload of refugees to die in death camps. We would have refused the Irish refugees. We would have refused Germans now because of the new Nazi terrorists. The innocent would pay the price for the criminals. It will lead to less international travel and more ignorance. Keep out the terrorists but not the innocent. This suggestion would benefit the terrorists by keeping the innocent trapped.

A.G.

CLOSE IMMIGRATION

We should close immigration from countries that harbor terrorists. This applies most particularly to the Moslem countries where the terrorist threat is greatest. Moslems represent a distinct danger to American democracy. We should learn from the Lebanese experience where democracy collapsed once the Moslems became a majority. The U.S. must place restrictions on Moslem immigration and have strict surveillance on the fundamentalists. Attempts to distinguish between fundamentalists and other Moslems is futile. The Moslem religion in its pure form is incompatible with democracy. It rejects any distinction between government and religion. State and church are one, this is the slogan. "No law, no constitution only the laws of God and the Koran."

A.B.

PROTECT OURSELVES

Countries that openly proclaim and embrace terrorists should not be allowed to send people to the U.S. This should not apply to those genuinely seeking refuge in this country and can prove it. We must tighten all immigration and those who are part of groups that seek to use terrorist methods whether here or in other countries should not be allowed here. We have to protect our own country first.

L.G.

TERRORISTS OUT

By all means we should stop allowing people into the country who believe in terror. The lesson came home to us first hand in the bombing of the World Trade Center. When we hear of these things in other countries it does not make a full impression on us. We sometimes think of the cause as being important as is the case with North Irish terrorism, but we forget about the innocent who are blown up just because they are in the wrong place at the wrong time. No matter if the cause is Irish, Moslem or anything else, we must do everything possible to control terrorism. In addition this country should not be engaging in terrorism by bombing civilians in countries where we do not like the leaders.

K.B.

TIGHTEN ENTRY

Our methods of allowing people into this country has to be tightened severely. The fact is that our loose system is easier on the fakes who find their way here for some ulterior motive than for those who are seeking entrance to find a better life. And by being so easily fooled we are narrowing the number of legitimate people who can get in by filling the country with people who are going to harm us.

F.D.

BELIEVE IN DEMOCRACY

Yes. We should keep the Arab Moslem fundamentalists out of here. Their idea of justice is to wreak havoc on our cities. We want people here who believe in democracy.

N.D.

MUCH TOO LIBERAL

Needless to say, in my opinion the question really answers itself. Anyone publicly stating his or her intention is to harm the U.S. should have his or her head examined, expressing at the same time the intention to enter our country with this clearly in mind. Needless to say, this applies equally to any terrorists already residing in our country. I will never understand how those involved in the Twin Tower affair were not apprehended earlier. They were apparently well known as dangerous immigrants but with no evident or timely effort on our part to apprehend them prior to any damage on their part. Perhaps one might say that we would be going too far in punishing the entire country by teaching such a lesson to a few miscreants but it has already been very clear as to the amount of irrevocable damage which can be done by such individuals. In my opinion, we are much too liberal in not establishing adequate controls to offset the possibility of such threats to our proud nation.

P.G.S.





The Fifth Of July

By Domenick J. Freda

The Fourth of July always leaves me somewhat drained; after six or seven hours of watching things blow up, everything else seems anti-climatic. One can imagine what it's like to wake up the day after, feeling emaciated, hoarse and burnt, like the charred remains of a once brilliant firework. Rainy fifths of July have more appeal to me than the hot, muggy, sunny ones, not for any symbolic cleansing of the sky, rather because they cool temperatures and make me feel as if somebody else feels let down as well.

I remember the excitement, when I hadn't seen many years or many things incinerated, of the simple stuff that private combustible celebrations consisted of: bottle rockets, whistlers, sparklers, poppers and snappers. I'm sure the Grucci family didn't fret of losing any business to a bunch of kids riding around the school yards with a handful of rockets and dad's lighter, but I would not be surprised if their dynasty did not have a similar beginning. The big kid on the block, always out to impress somebody, would bring a few of the bigger, more colorful rockets, the kind that explode in three colors, and would expertly set them in the ground under the amazed glances of a bunch of eleven-year-olds. We'd bunch in as tight as possible to watch him light the fuse and get a better feel of the excitement and the danger, trying to feel older and braver, as if our proximity meant we were allowed to play with the more dangerous fireworks. A little crackle and sparkle and the big kid spun on his heels and ran, prompting us to scatter, nervously giggling and shouting. The jet airplane "woosh" of the rocket signaled the fleeing to turn around, just in time to notice the rocket's final ascending moments before it burst into an amazing floral design in the early morning sky.

The big kid would then start acting "grown-up" and analytically state that it was not dark enough to see anything and that he had to save the rest of his projectiles for the forthcoming evening. I would rush to get a glimpse of the dull-colored paper-mache wrapper of the remaining rockets before the older kid left, scanning the foreign letters and symbols for the words "Big Bomb" or "Red Rocket" so that I could remember them to impress my friends with my pyrotechnic expertise that night. The big kid rode off on his ten-speed bicycle and we kids would launch a few more bottle rockets, imagining that the tiny bursts were actually grandiose multi-colored spectacles even better than what we had just seen. When we ran out of rockets or just got too hot and tired of standing in the summer sun, we'd walk back to our bikes, past even smaller kids with sparklers in hand, who had watched us with awe and now stood dumbfounded. Kicking the burnt out firecracker tanks and helicopters from last night's early celebration, we'd run through the school yard and sprint race back to our milk-crate-tied-on-for-newspaper-route bikes to see who could get home first.

The Fourth of July and the backyard barbecue have become synonymous in American culture; for me, the Fourth of July meant a barbecue with my relatives - especially older cousins and uncles who loved to set off the fireworks. Of course this also meant over-

protective parents who never let me watch my cousins light the most dangerous, loud and exciting firecrackers across the street from my aunt's house. (Counting five fingers on each hand, I don't mind not remembering how an M-80 firecracker looks while exploding at close range.) Beyond all the glitter of small bombs bursting in air, my cousins and their friends had all the "Big Bombs" and rockets of all shapes and sizes, the togetherness of family and the celebration of the nation that allowed my family to be happy and prosperous shone brighter than any rocket I ever remembered. We celebrate as a nation with a special day, we celebrate as a municipality with a parade, but only when we were able to celebrate as a family did I realize the significance of this day to contemporary patriots: the freedom from poverty, from oppression, from fear, all make the birth of this country worth lighting all these firecrackers. The ability to share such an occasion ensures that there will always be families having cookouts commemorating their American citizenship.

To most people, the fifth of July usually means using up fireworks that no one remembered to light or cleaning up the backyard or the street where happy faces lit with the brilliance of the sky left paper plates smeared with barbecue sauce. Years ago, when there was no barbecue and I was too young to have friends with bottle rockets, I would walk the streets and the school yards trying to find some unlit shell amongst the debris. I never found anything except the connection between the streaks in the heavens and what took off from the ground, almost the same feeling as being backstage after a Broadway show.

Now I'm the big kid, although I still don't have any rockets, but I can light my friends rockets without fear of blowing up (the knowledge, yes; the fear, no). The adults like to fire off mortar shells, the big, flowering fireworks, and I still try to get a glimpse of the wrapping. Fortunately, no one has to tell me to take cover when these things go off, I have seen what happens when something goes wrong.

The only problem with growing older with the Fourth is that the family barbecues stop eventually because the cousins grow up, the uncles grow tired, and some grow so old that they have passed on. Most of my bottle rocket friends have moved away or gone to work, although I do sometimes hear them firing bottle rockets from their cars as they race down my block.

I guess I do not appreciate the fifth because I think about what might have been, not the memories that made the day special in my past. Perhaps one day I will light my young son's sparkler and hopefully he will understand what the whole tradition means to Americans and families.

About The Author

Domenick Freda has just graduated from Hicksville High School where he was an athlete and honor student. He will be entering the Freshman Class at Alfred University in September. This is his third contribution to Discovery.

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HOME ENTERTAINING

Celebrating corn and its byproducts

By Carol Cutler

With spring asparagus and peas on the wane and snap beans in the stores, thoughts begin turning to local tomatoes and corn. The seasonal calendar still holds true for most fruits and vegetables, but now there is one big exception, and a most pleasurable one: corn.

No longer does the whole country have to wait until July and August to sink eager teeth into the milky kernels. There has been a revolution in the breeding of corn, and now "supersweet" corn is yours to enjoy for many extra months of the year.

This good news comes from a great expert, Betty Fussell, author of "The Story of Corn" (Knopf). The subtitle of the book is "The Myths and History, the Culture and Agriculture, the Art and Science of America's Quintessential Crop."

The years of research that went into the broad sweep conveyed by that subtitle were warmly rewarded when "The Story of Corn" received the Jane Grigson Award for Scholarship at the recent honor ceremony of the International Association of Culinary Professionals in New Orleans. This was the first time such an award was made as a tribute to the late Grigson, the influential and astute English food writer.

Fussell cautions that supersweet corn should not be treated as ordinary corn. These stalks have been bred for sweetness; some contain

as much as 25 percent sugar. The expert believes that supersweet is best eaten raw, like an apple.

If you must cook it, no more than 30 seconds in the boiling water, please. She wants you to warm it up just enough to melt the butter. The old three-minute cooking rule was devised 20 years ago when corn was an ear of a whole different breed. It would be like comparing a word processor to a manual typewriter.

In addition to being extra sweet, the geneticists have also bred the corn to convert its sugar into starch at a much slower rate. This explains why Florida corn can travel north and taste as sweet in Michigan as it does in Miami. You also have your choice of color — yellow, white or a colorful combination of the two.

So come July and August, what will the local product give you that Florida can't? The answer is a creamier texture, but the flavor will be about the same. Fussell states that there is no single best corn. As with anything produced by nature, it's a matter of a combination of factors: soil, care, water and, of course, genetics.

What is fascinating about "The Story of Corn" is that it makes you stop and think about aspects of our daily lives that we have long taken for granted.



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W.L. A. For the cocktail hour you might have on hand dry or sweet sherry, or dry or sweet vermouth, or any of the popular "aperitifs." Many choose a glass of dry white wine at the cocktail hour (either chilled or "on the rocks"). For the first course, or to drink with any fish, salad, chicken, veal or fruit, a chilled white wine is nice (such as Chablis, Soave, Riesling, Chenin Blanc, Pinot Chardonnay).

For the meat or game course (for the salad with cheese), serve a Burgundy, Bordeaux, Chianti, Cabernet Sauvignon or Zinfandel at a cool room temperature (from 60 to 70 degrees).

Rose wines should be chilled like white wines. A rose is best served with a light dish and is more popular in hot weather than in cold.



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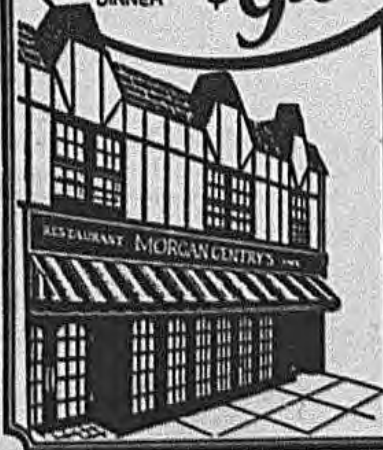
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N.Y. Times Rave Review - May 3, 1992

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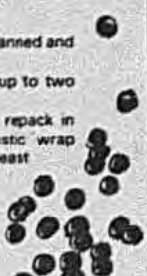
KITCHEN HINTS

Beautiful blueberries.

Enjoy blueberries any time of the year.

1. Purchase fresh blueberries in July and August. Canned and frozen blueberries are available year-round.
2. Store fresh blueberries in the refrigerator for up to two weeks; wash just before serving.
3. To freeze fresh berries, dry them thoroughly, repack in cardboard container and wrap tightly with plastic wrap covering any air holes. Frozen berries will keep at least a year, do not defrost before use in baked goods.

Source: "Cooking A to Z" (California Culinary Academy)



KITCHEN KIDS



Grilling on the barbecue is one of the simple pleasures of summer. The cooking method is one where children can be involved, even though they aren't the ones actually doing the grilling. It does require an adult assistant, but the preparation can be completely done by your child.

Your children's age and dexterity determines how much help they need in preparing these dinners. Starting about the age of 9, they can handle many of the steps in the

recipes alone. It is the preparation and marination that gives the recipes distinctive tastes, thus allowing your children to set the tone of dinner.

The Chicken Sticks are a delicious combination of chicken, mild sausage and vegetables. The ingredients are cut, then skewered by your kids and left to marinate and absorb the flavors. Served with corn, rice or a simple salad, this is a refreshing change from a standard barbecued chicken.

CHICKEN STICKS

- 4 whole chicken breasts, boneless and skinless
- 1 pound medium Italian sausage
- 2 medium zucchini
- 1 large red bell pepper
- 12 large mushrooms
- Marinade:
 - ¼ cup white grape juice
 - ½ cup lemon juice
 - ¼ cup olive oil
 - 10 sprigs of mint
 - 2 green onions
 - ½ teaspoon salt
 - ¼ teaspoon black pepper
- Yields 4 servings.
- Preparation time: 30 minutes.
- Marinating time: 2 hours.
- Grilling time: 15 minutes.
- Utensils: pie pan, 8 bamboo skewers, mixing bowl, cutting board, knife, measuring cups and spoons, mixing spoon, glass baking pan.

Fill pie pan with 1 inch of water and soak skewers while preparing chicken, sausage and vegetables.

Cut each chicken breast into 2-inch pieces and set them aside. Wash and dry cutting board. Cut sausage into 1-inch pieces, set aside. Secure zucchini on board and trim off stem. Cut zucchini into ¼-inch slices and set aside. Cut second zucchini in same manner.

Secure pepper on board and cut in half through stem. Scrape out seeds and pull off stem. Lay pepper halves, shiny side down, on cutting board and cut into strips at least 1¼ inches wide. Cut 1¼ inches down each strip, making a square. Set pepper squares aside.

Pull stems off mushrooms and set them aside.

Skewer chicken, sausage and vegetables alternately onto bamboo sticks. Set aside while preparing marinade.

Combine grape juice, lemon juice and olive oil in mixing bowl. Pull mint leaves off stems and put them on cutting board. Chop into small pieces and add to bowl. Trim root end off green onions. Cut them into thin slices and add to bowl. Whisk in salt and pepper, then pour marinade into the glass baking pan. Add skewers to marinade, turning them several times to coat. Refrigerate for 2 hours.

Thirty minutes before dinner, have an adult prepare coals. When ready, place skewers on grill and cook for 7 minutes before turning. Continue cooking for another 7 minutes. Remove and serve hot.

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DINING GUIDE

WINE TALK

By Richard Nalley

Crisp summer whites

It's the season when vegetables and herbs go into everything, from soups (like gazpacho) to pastas (like pesto) to salads (like tuna fish and chicken) to meatloaf sandwiches. Honest. Try meatloaf, mustard and fresh cucumber on a seeded roll. You can thank me later. And for a wine selection?

The wine I most often reach for with these lighter, herb-y summer dishes is Sauvignon Blanc or Fume Blanc (essentially two names for the same thing), wine that tastes a bit like summer itself. Sauvignon Blanc leaves the refrigerator cold, crisp and with an herbal element of its own that at times can come across as menthollike. Along with drier-style European Rieslings, a well-made Sauvignon Blanc just may be the most versatile white wine for food you can find.

Often blended with Semillon or another fruity grape, Sauvignon Blanc can develop a round, fairly full feel in the mouth without sacrificing that clean, palate-refreshing finish. When treated like a Chardonnay, with oak-barrel fermentations and aging, Sauvignon Blanc can take on various attributes of creaminess and woodiness as well. This is anathema to Sauvignon Blanc purists but delicious to drinkers who cut their teeth on Chardonnay.

Perhaps best of all, you don't have to pay Chardonnay money for a quality Sauvignon Blanc or Fume Blanc, especially an American one. There are many lovely wines in the \$10 and under bracket,

and some gorgeous ones priced between \$10 and \$15. The following are some wines to look for.

The top Sauvignon/Fume Blancs previously reviewed:

(\$7 and under) Estancia 1991 Sauvignon Blanc; Geyser Peak 1991 Sauvignon Blanc; Columbia Crest 1991 Sauvignon Blanc; Robert

Mondavi Woodbridge 1991 Sauvignon Blanc; Mirassou 1991 Sauvignon Blanc; Montevina 1991 Fume Blanc; Calterra 1992 Sauvignon Blanc (Chile).

(\$8-\$11) Barnard-Griffin 1991 Fume Blanc (Washington); Byron 1991 Sauvignon Blanc; Buena Vista 1991 Sauvignon Blanc, Lake County; Ferrari-Carano 1991 Fume Blanc; De Loach 1991 Sauvignon Blanc; De Loach 1991 Fume Blanc; Chateau Ste. Michelle 1991 Sauvignon Blanc (Washington); Fetzer 1991 Sauvignon Blanc "Barrel Select"; Preston 1991 "Cuvee de Fume"; Barton & Guestier (B&G) 1991 "1725" (white) (France); Fortant de France 1991 Sauvignon Blanc (France); Errazuriz 1991 Sauvignon Blanc Reserva (Chile).

(Over \$12) Long Vineyards 1990 Sauvignon Blanc; Robert Mondavi 1991 Fume Blanc Reserve; Dry Creek Vineyard's 1990 Fume Blanc Reserve; Merryvale 1990 Meritage; Murphy-Goode 1991 Reserve Fume Blanc.

Sauvignon/Fume Blancs reviewed this week (all wines \$10 or under unless specified):

At the top of the vintage class of 1991 are the Caymus 1991 Sauvignon Blanc, Napa Valley, at about \$11.50, and the Dry Creek Vineyards 1991 Fume Blanc, Sonoma County, at about \$9. Both are subtle, harmonious wines in which the winemaker has achieved a not-so-simple goal: flavorful, nuanced Sauvignon Blanc in which no one flavor or quality sticks out. The Caymus is a medium-bodied, aromatic blending of fruit and wood. The Dry Creek Vineyards is more fleshed out and juicy, but also subtle, with fine menthol and herb notes and a touch of creaminess.

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Joanne Starkey, N.Y. Times 6-5-91

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Vegetarian View



By Charlyn Fargo

"Let food be thy medicine" — Hippocrates, 431 B.C.

If you believe a glut of books flooding the market, then you'll come to think that: Pasta reduces stress; cool sherbet helps a sore throat; cabbage helps treat ulcers; cranberries speed up wound healing; legumes can reduce the risk of cancer; peanuts can provide a great pick-me-up; and a sweet fruit can satisfy a sugar craving.

So say books like "Superfoods," "Cold Spaghetti at Midnight," and "Foods That Heal," just to name a few.

But before you rush to find out what can cure your aches and pains, be skeptical of "magic" foods, says Sandra Eardley, registered dietitian and assistant professor at Southern Illinois University School of Medicine.

"You've got to take all this with a grain of salt," says Eardley. "No food is a magic bullet. Even milk, as wonderful as it is, isn't something you can live alone on because it's low in iron."

"When you're judging nutrition information, you want to look for information supported by research studies."

A second concern, says Eardley, is that "you can't tell a food where to go — that you're eating carrots to help your eyes."

These books work for people because they associate life experiences with food, says Eardley.

"When you have a cold, you end up eating what Mom used to feed you — no matter what the doctor says," she says.

There is research behind the premise that vitamin A helps fight cancer, but it doesn't mean it's a cure, she adds.

"Variety is still the key."

Most Americans want to believe in natural remedies and "superfoods," says a recent *Natural Remedies* survey of 200 adults by author and researcher of medicinal plants Stephen Fulder.

The telephone survey, conducted by Fulder, author of "Garlic: The Life Blood of Good Health" and "Garlic: Nature's Original Remedy," found 70 percent of respondents believe lemon and honey are an effective remedy for a sore throat. Meanwhile, 32 percent believe garlic may affect cholesterol, and 29 percent believe chamomile tea is an effective remedy for an upset stomach.

Delores Riccio, author of "Superfoods," says her book isn't intended to substitute for good medical care.

"This is simply to keep you healthy, give you lots of energy and help from aging too fast. I come as a writer, not a nutritionist or as a trained chef."

Therein lies the problem, says Eardley: "She's a journalist, not a nutritionist."

The premise of books like Riccio's is that you really are what you eat — that good food builds, repairs and fuels bodies and minds.

When food consumption is controlled, health, energy and moods are controlled.

"There are so many really super foods that prevent or heal illness, lift fatigue, alter mood and enhance alertness and memory, that once you fit them all into your menus, there won't be much room left on your plate for foods that are better left off it anyway," says Riccio.

The latter include a broccoli dish loaded with a heavy cream sauce or a cake in which sugar outweighs flour.

Riccio suggests keeping on hand old-fashioned oatmeal, brown and white rice, garlic, onions, shallots, olive oil, a variety of nuts and root vegetables, Parmesan cheese, tins of imported Italian whole plum tomatoes and fresh, frozen, canned and dried fruits.

She acknowledges that other foods, like zucchini, which didn't make her list of 35 "superfoods," have value.

"But 'superfoods' have multiple advantages," says Riccio.

Among her top 35: apples, bananas, barley, berries, broccoli, cabbage, cantaloupe, carrots, cauliflower, figs, fish, garlic, grapes, greens, legumes, mushrooms, nuts, olive oil, pasta, pineapple, potatoes, rice, tomatoes, turnips, wheat and yogurt.

"These are great foods to be eaten daily as much as possible," says Riccio, who researched the subject for years before she wrote the cookbook, her eighth.

"My mother was into this long before it was fashionable," says Riccio. "She came from a Mediterranean tradition that food, especially good food, is very important."

One of Riccio's favorite foods is pasta. When eaten without protein, Riccio says, it can be a drugless tranquilizer that relieves tension almost as fast as a couple of aspirin relieve a headache. Under stressful conditions, the brain uses up chemicals that stabilize the state of mind.

"With any carbohydrate, such as pasta, the brain begins manufacturing more serotonin, which promotes a calm, cheerful mood that puts one's problems into perspective. If proteins are consumed at the same time, amino acids slow down the process."

When you're feeling at wit's end, try a comforting bowl of vegetable soup thickened with lots of macaroni, and then relax, she recommends.

Maggie Waldron, author of "Cold Spaghetti at Midnight," says for a fever, drink plenty of liquids and take frequent baths and showers to wash toxins from the skin. For motion sickness, chew slices of ginger.

For indigestion, indulge in the friendly bacteria in cultured yogurt and kefir. For a cold sore, eat alkaline foods — lots of salads and steamed vegetables.

For acne, Waldron is convinced that cutting out sugar, which surfaces on the skin and invites bacteria to "come and feast," is the answer.

Waldron is best known for her promotion of potatoes, kiwi, beef and California raisins.

"It all started when I had a congenital bone problem as a kid. I broke a lot of bones. And the only thing my mom could do was fix the right food."

"It started my beliefs that food is the best medicine."

Her book takes a light-hearted, folk-medicine approach, offering cold spaghetti at midnight as a way to comfort, revive and even heal.

She'd feed a cold a Mexican pot pie in a cornmeal crust, use Jim Beard's Black Bananas to treat an upset stomach, or those same bananas covered with rum for a cold.

"The most important thing, really, is variety," says Waldron. "Some people eat the same 15 foods every week. That doesn't provide optimum nutrition. That doesn't work."

So what does?

Each claim must be analyzed, says Bob Reber, University of Illinois nutrition specialist. "It's very difficult for consumers."

"There's a little truth in all of it," says Reber. "Certain groups of vegetables, such as the broccoli family, do show reduced cancer risks. Years ago, the craze was vitamin C and colds."

"Consumers shouldn't place all their faith in something like that. Some people started taking vitamin C, yet still smoked. You have to look at all this in terms of your total lifestyle."

"It all goes back to variety and moderation. If people are out looking for easy answers, there are none."

"There's no quick and easy way to reduce your cancer risk by 50 percent."

Following are a few recipes that might comfort what ails you.

GREEK-STYLE SHRIMP WITH SHELLS

- 1/4 cup olive oil
- 1 large clove garlic, minced
- 4 large fresh ripe tomatoes, peeled and chopped (not seeded) OR 1 (1-pound) can imported Italian tomatoes, chunked, with juice
- 12 Greek olives, pitted
- 1 teaspoon dried oregano
- 1/4 teaspoon (or more) dried red-pepper flakes
- Salt and black pepper to taste
- 1/4 cup dry white wine
- 2 tablespoons minced fresh flat-leaved parsley
- 1/4 pound cooked, shelled large shrimp OR cooked, cubed swordfish
- 1/4 pound medium shell macaroni, cooked according to package directions
- 1/4 cup loosely packed crumbled feta cheese

Yields 4 servings.

Heat oil in large skillet. Sauté garlic but don't brown it.

Add tomatoes, olives and seasoning. Simmer uncovered for 10 minutes. Add wine and simmer 10 minutes more.

Add parsley and shrimp, bring

back to a simmer and remove from heat.

Spoon hot, cooked macaroni into serving dish.

Stir in feta cheese; ladle sauce over top.

From "Superfoods" by Delores Riccio.

BROCCOLI AND ZITA CASSEROLE

- 1/4 cup olive oil
- 1 clove garlic, minced
- 1 1/2 pounds fresh broccoli, cooked
- 2 cups Italian tomato sauce
- 1/4 pound ziti, cooked according to package directions
- 1/4 cup Parmesan cheese
- 1 pound low-fat ricotta cheese
- 1/4 cup seasoned bread crumbs
- 2 tablespoons toasted wheat germ

Yields 6 servings.

Preheat oven to 350 F.

Heat olive oil in skillet; sauté garlic until softened but not brown. Stir broccoli into garlic oil and set it aside.

In large oblong casserole, layer half the tomato sauce, half the ziti, half the Parmesan cheese, all broccoli, all ricotta, remaining ziti, remaining sauce, bread crumbs, wheat germ and remaining Parmesan.

Cover and bake for 35 minutes in preheated 350 F oven (10 minutes longer if dish has been refrigerated before cooking). Uncover during last 15 minutes of cooking. Sauce should be bubbly and top lightly browned.

From "Superfoods" by Delores Riccio.

SWEET POTATO MUFFINS

- 2 cups sifted unbleached all-purpose flour
- 1 tablespoon baking powder
- 1/4 teaspoon salt
- 2 eggs OR 1/4 cup prepared egg substitute
- 1 medium sweet potato, baked and peeled (about 1 cup mashed)
- 1/2 cup sugar
- 1 cup milk
- 1/4 cup vegetable oil
- 2 tablespoons toasted wheat germ
- 1/4 teaspoon cinnamon
- 1/4 teaspoon nutmeg
- 1/4 cup raisins

Yields 12 muffins.

Preheat oven to 400 F. Line 12-cup muffin pan with paper liners. Sift flour, baking powder and salt into large bowl.

In food processor, blend eggs, potato and sugar. (Or by hand, beat eggs and mash potato before blending with sugar.) Add milk, oil, wheat germ and spices; process or beat until smooth.

Four liquid mixture into dry ingredients. Mix just enough to blend. Stir in raisins. Divide batter among muffin cups; fill about 3/4 full. Bake for 20 to 25 minutes.





Desiree Vivea

Summertime means fresh produce

It's summer, and that means fresh produce in abundance: time to revel in fruits like peaches, nectarines, apricots, melons, strawberries, grapes and cherries. Many vegetables are at the peak of their yearly supply now, too, like summer squash, snap beans, bell peppers, okra, corn, lettuce, tomatoes and cucumbers.

Locally grown produce — sold in smaller markets or at roadside stands — is often more flavorful than that grown by large-scale commercial farms. Also, locally grown fruits and vegetables are less subject to chemical treatment. Produce grown for a local market won't be shipped to faraway places, so there's less need for anti-spoilage chemicals. Nevertheless, wash all vegetables and fruits thoroughly in clean water before using.

Frozen veggies are generally about as high in nutrients as many fresh ones, because they're flash-frozen just after harvesting, thus preserving their freshness and quality.

But sometimes freezing can result in loss of texture — so nothing beats fresh for good eating.

Be careful to use fresh produce quickly after purchase for best nutrition. Some vegetables lose flavor, quality and nutrients just days (or even hours) after picking, so shop frequently and use produce as soon as possible.

Microwaving, too, keeps vitamins and nutrients intact. Long boiling leaches out nutrients from vegetables, particularly water-soluble ones like vitamin C. So it's best to cook vegetables quickly, with little or no added water. Many vegetables can be steamed to perfection in a microwave oven, using only the water that clings to them from washing — so you don't drain away vitamins and minerals.

It's easy to microwave whole corn on the cob and whole artichokes. For corn, remove husk and silk, rinse, and wrap in plastic. For artichokes, trim off stem flush with bottom, and use scissors to snip off sharp tips from leaves. Rinse, then wrap in plastic. Microwave three to four minutes per ear of corn, four to seven minutes per artichoke.

Couldn't be easier.

Pattypan and zucchini are my favorite varieties of summer squash. Microwave whole or chop into bite-size pieces (be sure to cut uniformly to ensure even cooking). Like tomatoes, zucchini is so easy to grow that you may find yourself with a surplus. If so, try today's Summer Zucchini Medley.

Use summer tomatoes fresh in salads or sliced on burgers or sandwiches. Or microwave peeled, chopped tomatoes into a pasta sauce or a savory salsa to serve

with chips or tacos.

Fresh tomatoes combine with other summer vegetables (cucumbers and bell peppers) to make the delightful Spanish garden soup, Gazpacho. Chill thoroughly, garnish as desired, and serve with cheese, a loaf of crusty bread and a dry white wine.

Make the most of summer this year by taking advantage of fresh produce. Nutritionists keep reminding us that Americans need to eat more vegetables and fruits, and when these are fresh and delicious, that's no chore. (They're naturally low in calories, too.)

GARDEN FRESH GAZPACHO

- 1/4 cup chopped red sweet onion
- 1/2 cup chopped green bell pepper
- 1 clove garlic, minced
- 1 cup fresh cucumber, peeled and chopped
- 6 cups peeled, chopped fresh tomatoes OR 1 (48-ounce) can chopped tomatoes
- 1/4 cup olive oil
- 3 tablespoons white wine vinegar
- 2 cups tomato juice
- Juice of one lime
- 1/4 teaspoon freshly ground black pepper
- Dash EACH ground cumin, chili powder and oregano (to taste)
- Ice cubes, chopped tomato, cucumber, red onion, fresh parsley or cilantro, sliced black olives, grated Parmesan cheese or crumbled feta cheese and toasted croutons for garnish.

Yields 6 to 8 servings.
Preparation time: 20 to 25 minutes (plus chilling time).
Cooking time: 3 to 4 minutes.
Oven setting: HIGH (100 percent power).

Combine onion, green pepper and garlic in 2-cup microwave-safe measure. Cover with plastic wrap and microwave 3 to 4 minutes, or until vegetables are soft. Turn vegetables into blender container. Add cucumber, tomatoes, olive oil and vinegar. Cover and blend until smooth (process in batches, as necessary).

Pour into large bowl. Stir in tomato juice, lime juice, and seasonings. Cover and chill until ready to serve (2 to 3 hours). To serve, ladle into individual serving bowls and float an ice cube or two in each. Pass garnishes at table.

MICRO-TIP OF WEEK

To peel tomatoes, microwave a deep microwave-safe bowl of water at HIGH (100 percent power) setting until boiling. Drop in tomatoes, one at a time, for a few seconds. Then peel off skin in strips, using a small, sharp paring knife.

By Willard Abraham, Ph.D.

Dr. Abraham: I guess I'm one of those people who sometimes carry a grudge against others when their feelings are hurt. It doesn't happen often to me because I usually let their words roll right off.

My mom helped me when she told me something that went like this: "Sticks and stones may break my bones but names will never hurt me."

The main hurts I get come from other kids who say things related to the color of my skin. I won't repeat them here because they are so mean and nasty.

What do you think I should do about my feelings? I'd appreciate whatever you tell me. — Waiting

Waiting: To be able to forgive someone for insensitive comments is a goal you might want to have in mind. "To err is human, to forgive divine" is a frequently quoted line from the famous 18th century writer, Alexander Pope.

However, when prejudice enters a relationship it may become too difficult to cope with or to ignore. A quiet response suggesting how inappropriate the remark is may be useful, depending on the closeness of your relationship.

If the depth of your feelings and inadequate responses of others lead to unpleasant confrontations, or show a tendency in that direction, it may be time to seek more compatible comrades.

If any of you teen readers have had unfortunate experiences related to prejudice, please tell me how you handled them so I can share them with other teens.

Incidentally, I've tried to trace your mother's "sticks and stones" quotation to its source, using a book that is often useful ("Roget's International Thesaurus"), but couldn't find out where it came from. Are any of you willing to do a little detective work through a library and a skilled librarian or a school English teacher? It could be an enjoyable challenge for you.

Dr. Abraham: I always thought that girls were a lot cleaner about themselves than boys, but it's not true in my family. I'm 18 years old, and my sister is 16.

She is clean in a lot of ways, but not about her mouth. It's the cleanliness (or lack of it) that relates to her teeth.

She has used the same toothbrush morning and night for at least a few years and refuses to get a new one. I gave her one as a birthday present and she threw it at me. And her breath is bad, too. A guy would never kiss her more than once, that's for sure.

Are the toothbrush and bad breath related? I sure wish she'd listen to me. — Big Brother

Big Brother: Have your parents said anything about this matter to her? If not, they probably ought to be brought into the picture. Have you mentioned the kissing issue to your sister? Perhaps you should.

In the September, 1992 issue of *DentalNotes* published by the Academy of General Dentistry it is suggested that toothbrushes be

changed every two months. If you write to them at 211 E. Chicago Avenue, Chicago, IL 60611-2670 (and enclose a stamped, self-addressed business-size envelope) you can ask them for a copy of that issue. It also includes suggestions on toothbrush selection and usage.

Bad breath, by the way, may be due to other problems. You might — very carefully — suggest that she visit a dentist or physician about this matter.

Dr. Abraham: My girlfriend is so smart and fast at everything, but she does one thing that drives me nuts. I guess it's because she thinks faster than her fingers can write. The result is that I can't read her writing. It is just a scribble, maybe like a child would make. When I tell her that it is such a mess she cries and says she can't help it.

"That's the way I write. That's the way I always did," she says.

When I ask her whether others can read her writing, she says, No. Others write for her on her school assignments when she tells them what to write.

Isn't that a pistol? A grown girl who can't write. Gimme a break, willya?

And yet I really like her. She's a doll, and good to me in every way except when she writes. — Impatient

Impatient: If you really like her enough, you might consider these three possibilities: Encourage her to get a tutor who will concentrate on this problem (perhaps a teacher, a bright student who can write legibly or if there is a psychological or coordination problem, a competent professional in those areas); suggest she learn how to type; try to become more patient with her and back off from what may have become nagging on your part.

If your relationship isn't strong enough to handle this situation, you may have to seek other female companionship. I hope not, though.

Dr. Abraham: My boyfriend is real cautious about how he drives, locks door and dresses (balancing colors and stuff like that). That doesn't bother me usually because I'm the kind of person who can misplace or lose keys and dress sort of better-skillet and not give a darn. In fact, I sometimes like how sensible he is because it makes things easier for me.

But if we stay together or even get married some day, will his careful, serious personality become a pain in the neck to me? What do you think? — Tell Me

Tell Me: It may depend on how much you really like each other, how patient you are with each other's characteristics, and how mature you become in your relationship.

It sounds like he is a stable individual whose personality may fit in with yours in a comfortable way.

Cooking Corner



Sauces add polish to any dish

By Laura Daily

"Sauces are the most important part of the meal and the most difficult to produce if you aren't careful," believes Chef Scott Philip of the Snowmass Lodge & Club in Snowmass Village, Colo.

"Anyone can prepare great vegetables or meat, but the sauce is what really distinguishes a dish," he adds.

Philip advocates setting aside one or two days each month to prepare basic stocks. The finished product can be frozen in any volume, from ice-cube size (just pop one out of the tray instead of using bouillon cubes) to larger quantities for stews or as the basis of a more complex sauce.

His only caveat for stock preparation: "Watch that your meats (chicken, veal or beef) attain a rich, caramelized color but don't burn. A black crust will cause the sauce to taste bitter. Celery leaves, carrot skins and onion skins will also cause bitterness."

Philip likes stocks as the basis for sauces, "because if a stock is reduced enough, you get lots of flavor without having to add seasonings, especially salt."

For pasta, chicken or salmon dishes, Philip recommends cream sauces.

"The basics are very simple and you can create a variety of flavors just by adding different ingredients before the final reduction," he says. "Mushrooms, herbs, Parmesan cheeses all work well. You're only limited by your imagination."

To keep creams from burning, Philip says, don't reduce the sauce too far; instead, rely on adding small amounts of a cornstarch-and-water mixture to obtain the correct consistency.

"Bring the sauce to a boil each time after adding the cornstarch so you can judge the sauce's thickness," cautions Philip. "If you just keep adding cornstarch and then bring the sauce to a boil, you'll end up with glue."

Beurre blancs are considered one of the most difficult sauces to make, requiring both concentration and luck. But the results are worth the effort and can make any fish dish really special.

Cream sauces and *beurre blancs* are best prepared just before serving. If you must refrigerate, Philip reminds cooks that cream-style

sauces will only take one reheating, and that should be done with great care to avoid breaking the sauce.

ROSEMARY CREAM

- 2 teaspoons chopped shallots
- 2 teaspoons chopped garlic
- 1 tablespoon olive oil
- 1 cup white wine
- 3 cups heavy cream
- 2 tablespoons chopped rosemary
- 3 tablespoons chopped reconstituted sun-dried tomatoes
- 1 tablespoon cornstarch mixed with a little water

Salt and pepper to taste

Saute shallots and garlic with olive oil in saucepan. Do not brown. Deglaze with white wine and reduce to half. Add cream and bring to a boil. Reduce to simmer for about 5 minutes.

Add rosemary and sun-dried tomatoes. Continue to reduce. Whip in cornstarch and water mixture. Simmer for 3 to 4 minutes longer. Season to taste if needed.

TOMATO BEURRE BLANC

- 2 tablespoons chopped shallots
- 1 teaspoon chopped garlic
- 1 teaspoon olive oil
- ½ cup white wine
- ½ cup orange juice
- 2 lemons, blanched zest and juice

- ¼ cup chopped reconstituted sun-dried tomatoes
- 1 tablespoon chopped basil
- ½ pound whole unsalted butter, cut into small pieces

Salt and pepper to taste

Saute shallots and garlic with olive oil in saucepan. Do not brown. Deglaze with white wine and orange juice. Reduce two-thirds. Add lemon juice and blanched zest. Add sun-dried tomatoes and basil. Then, slowly whip in whole butter, being careful not to break sauce. You also can place reduction into blender and slowly add butter. Strain sauce and season to taste if needed.

HUNTER SAUCE

- 1 tablespoon chopped shallots

- 2 tablespoons chopped garlic
- 2 teaspoons olive oil
- 2 ounces shiitake mushrooms, sliced
- 2 cups veal demi-glace
- 2 roasted shallots, rough chopped
- 2 Roma tomatoes, peeled, seeded and diced
- ¼ teaspoon chopped rosemary
- ¼ teaspoon chopped thyme
- ¼ teaspoon chopped oregano
- Salt and pepper to taste

Saute shallots and garlic with olive oil in saucepan. Add mushrooms and continue to saute. Add veal demi-glace. Bring to a boil, then reduce to a simmer. Add roasted shallots, tomatoes and herbs. Cook for 5 minutes. Season to taste if needed. This sauce works especially well on game or beef.

BROWN CHICKEN STOCK SAUCE

- 2 pounds chicken (meat and bones)
- 3 shallots, peeled
- 4 garlic cloves, peeled
- 1 gallon chicken stock
- 2-3 thyme stems
- 1 bay leaf
- 1 tablespoon black peppercorns

Heat roasting pan. Add small amount of oil and chicken. Place in oven at 400 F and brown bones, stirring about every 10 minutes. Add shallots and garlic when bones begin to brown. Continue cooking until bones and shallots and garlic

are browned but not burned. Strain off fat from pan and deglaze with some of the chicken stock.

Add ingredients from roasting pan to stock pot. Add rest of stock, thyme stems, bay leaf and peppercorns. Bring to a boil, then reduce to a simmer. Continue to cook stock until it is reduced by a third. Strain stock. Leftover stock may be frozen.

Hearty in flavor but low in fat, this stock sauce really adds pizzaz to simple grilled chicken.

Laura Daily is a free-lance travel and food writer.

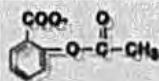


DISCOVERY

Aspirin, an oldie and a goodie

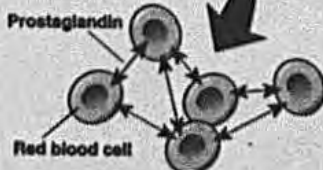
Though introduced in 1899, aspirin remains a useful and surprising drug. A white crystalline compound of acetylsalicylic acid, it is commonly used in tablet form to reduce pain or fever.

Aspirin reduces the production of certain prostaglandins. They are sometimes responsible for inflammation, pain, fever and the stickiness of red blood cells.

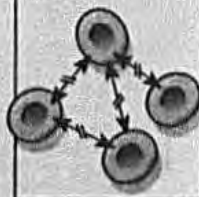


Aspirin molecule (Acetylsalicylate)

1 If there is a tear in a blood vessel, the prostaglandins direct the blood cells to clot together to stop the leak.



2 Since some heart attacks are caused by blood clots, aspirin helps relieve the clot. If taken regularly, aspirin may help prevent heart attacks.



Remember...

- Never give aspirin to children under 12. Reye's syndrome may develop. Give acetaminophen or ibuprofen instead.
- Aspirin, taken for long periods, may cause gastric disruptions.

SOURCES: Grolier's Multimedia Encyclopedia, AMA Encyclopedia of Medicine.

By C.Z. Guest

Weeds are every gardener's nemesis. No matter what you do, there always seems to be one lurking beneath the ground, ready to rear its ugly head between your carefully cultivated plants and flowers.

Weeds thrive where there is ample sunlight and room to grow. Among dense vegetation, like a healthy, well-maintained lawn, for example, weeds have a hard time establishing roots.

However, in flower beds and other more open planting places, weeds set up housekeeping, making them difficult to eliminate.

In the dark ages of lawn and garden care, people simply waited for weeds to appear, then got down on their hands and knees and pulled them out. Then they discovered that weeds couldn't grow beneath light-blocking plastic garbage bags.

However, plastic blocked everything — weeds, air, water — and led to soured soil that damaged plant roots. Now, thanks to a little scientific engineering, gardeners can beat weeds with the use of a landscape cover such as Weed-Block by Easy Gardener.

A strong synthetic fabric with thousands of "microfunnels" molded into it, WeedBlock permits the necessary air and water to penetrate the fabric while simultaneously blocking the sunlight that encourages weeds.

Besides deterring weeds, landscape fabrics also significantly reduce the amount of water lost to

evaporation. With drought becoming an increasing problem in many parts of the country, these fabrics are being used for more than purely-aesthetic purposes — they also conserve water.

APPLYING LANDSCAPE FABRIC

Flexible and able to contour to any surfaces, landscape fabrics are easy to use and give your property a professionally landscaped look.

To prepare your beds, then, simply lay down overlapping strips of the fabric over the bed and secure with fabric pegs. Cut out holes or Xs with scissors or a knife where you wish your plants to grow. Then place plants directly through, into the soil.

Landscape fabric also can be used around existing trees, shrubs or perennial flower beds. To begin, clear away all surrounding weeds or grass, then place strips of fabric over the entire area, making sure it is as close to the plant as possible.

Trim away any excess. Then cover the fabric with an attractive layer of gravel, pebbles or wood nuggets.

For vegetable gardens, where cool soil is an asset, there also is White WeedBlock. Black on the soil side and white on top, these products have two functions: The white side reflects sunlight, warding off harmful insects that prey on the dark undersides of vegetation plants, while the dark side filters sunlight and blocks weed growth.

GARDEN TIPS

Be a weed whacker

- Use a synthetic landscape cover.
- Lay down overlapping strips of cover and secure with pegs.
- Cut holes where plants will grow.
- Cover fabric with a layer of gravel, pebbles or wood chips.



Dandelion

Our Children

By Willard Abraham



Parents fight chore war with kids

Q. Do you think it is unreasonable to ask a 12-year-old girl and her 14-year-old brother to help with household chores? Both of them are delightful children in other ways, but when it comes to helping around the house they cheerfully agree to do it but promptly forget all about it.

Any suggestions you can provide will be appreciated very much.

A. This is a bad news/good news story and a pretty common one. The bad news (about which you really can't do anything) is that this issue should have been started a long time ago. A friend of mine once said that "should have" is the most useless thought in the English language, and you might agree with him.

The good news is that it is never too late to start with our kids. A family meeting where all chores are listed and then divided up and scheduled may be a way to begin. There can be trade-offs among the younger and adult family members if mutually agreed upon.

You might want to soft pedal possible penalty factors if the children don't stick to their commitments, but they could be mentioned without stressing them very much. Limits on TV watching, time on the phone or other activities they enjoy might be considered.

Q. As a parent, I want my children to enjoy reading because I do, but mainly because it can provide so many happy hours for them. My problem is that when I go into a bookstore and look through the many shelves filled with children's books, I'm puzzled, overwhelmed and even sort of turned off.

Where do I start? What do I look for? How do I know what to select from the huge, overflowing shelves of colorful books? They all look so good, but I just don't know what to choose. Our funds are limited, so I can't select a whole pile of them.

Can you help me out? Our children are 5 and 7 years old.

A. I can easily understand the frustration you feel because many times I've felt the way you do when

our own children were younger. However, my task was easier than yours because there weren't as many books to choose from as there now are.

One fortunate element for you is that there are experts to help you out. The best source (and there may be others) are school librarians and children's librarians in public libraries. They generally know children's interests and needs and can use maturity and other information that parents can provide.

Let me tell you about a new book that was beautifully written and illustrated for those in the 2- to 8-year-old range. It is titled "Socrates" (Chronicle Books) written by a clever author named Rascal and with bold, textured oil paintings from Gert Bogaerts. Both live in Belgium, but don't worry, the text is in simple, descriptive, sensitive English. It was created to be read to or with young children.

The story is a sheer delight, introduced by a picture on the cover of a large dog with long ears and soulful eyes circled by huge red-rimmed glasses.

The first page presents the same dog (without glasses) and only four words, "Socrates was an orphan." Then the story speeds up, with page two providing a pace and pattern that will please most young children.

"His parents had been snatched up by the dog-catcher and taken to the pound, leaving Socrates to live alone on the streets. He dreamed of a home other than his cardboard box. And, more than anything else, Socrates dreamed of having a friend."

Sadness, friendship and magic are all rolled together from that point on.

As you know, this is far from the only enjoyable book on those crowded shelves. The search for others might be frustrating but could be pleasant, too, especially if you involve your children in it.

Many recent books will attract your children and you, too, but try not to avoid those that have been appealing for youngsters for generations. A combination of carefully chosen past and present publications may be a wise way to go.

But start with one, and it will lead you to others. Those who work in bookstores generally have a good time sharing books, often whether you buy or not.

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Fitness Forum

By Terry H. Burns

Could pollution cause breast cancer?

CHICAGO — Environmental contaminants, and specifically chlorine-based chemical pollutants, may account for rapidly rising breast cancer rates around the world, a recent study by the Greenpeace organization claims.

The study is among the first to link pollution to the growing problem of breast cancer, a disease that kills more than 500,000 women a year worldwide.

In the United States alone, breast cancer rates climbed 32 percent between 1980 and 1987, with the greatest increases occurring among women over 50.

Some environmental advocates charge that the possible tie between chemical pollution and breast cancer is often ignored.

"Breast cancer is one of the primary causes of premature death among women in the developed world, but there is very little mention of the connection between this disease and polluters," said Joan D'Argo, a campaigner for Greenpeace, an international environmental group.

"The weight of evidence suggests that pollution, particularly from processes that use or produce chlorine, is a major factor in breast cancer," she added.

According to the study, chemicals known as organochlorines may be a major factor in causing breast cancer.

Organochlorines include such highly toxic chemicals as DDT, PCBs, dioxin and thousands of lesser-known chemicals, which accumulate over time in the body and have been proven to cause cancer.

Over time, these chemicals may interfere with or alter the body's ability to regulate estrogen, a hormone widely believed to play a role in breast cancer.

Some doctors claim that cancer researchers have long ignored the role of chemical pollutants in causing breast cancer despite decades of costly research.

"The cancer establishment remains fixated on obsolete 'blame-the-victim' theories of breast cancer causation, to the virtual exclusion of avoidable and unknowing exposures to industrial carcinogens," said Dr. Samuel Epstein of the School of Public Health at the University of Illinois Medical Center in Chicago.

Researchers have "trivialized" the threat of chemical pollution and breast cancer, instead choosing to focus on cancer prevention programs that "reflect myopia and questionable science," he said.

However, an official with the National Cancer Institute discounted Epstein's claim and said

the findings of the Greenpeace study were at best "suspect."

"There are a lot of problems with the data and the way the figures were obtained. I think he (Epstein) has some other agenda here. At this point, they're making some statements and allegations that are far beyond the data that exists now," the NCI official said.

The Greenpeace study also claims that:

- Women living in U.S. counties with waste sites were 8.5 times more likely to have elevated breast cancer rates than women in counties without a waste site.

- Levels of PCBs and DDT were 50 percent to 60 percent higher in the tissues of U.S. women with breast cancer than in women without breast cancer.

- Women working in petroleum, chemical, pharmaceutical and electrical equipment industries had significantly higher rates of breast cancer than other women.

- A study of 347 female chemists found breast cancer rates 63 percent higher than expected.

While breast cancer can be traced to other risk factors, such as heredity, reproductive factors and diet, those elements account for less than half of all cancer cases, said Joe Thornton, director of toxic research with Greenpeace and the author of the study.

"The majority of breast cancer this remains unexplained, (but) environmental pollution is likely to be a significant contribution," Thornton added.

"Ample evidence points to chlorine-based chemicals as significant contributors to this epidemic," he said.

As a result of study, Greenpeace is proposing that the government order the gradual phasing out of chlorine and chlorine-based chemicals.

However, industry officials say such a move would be extremely costly since chlorine is used in a variety of products including paper, plastics and solvents.



After Work Gourmet



By Sharon Achats

Turkey fajitas add spice to summer nights

Looking for a way to spice up summer nights? Here's a fiesta of flavors that'll heat up your taste buds without warming your kitchen: Southwestern Citrus Salad, Spicy Turkey Fajitas and Refrigerated Cappuccino Dessert.

SPICY TURKEY FAJITAS WITH SOUR CREAM SAUCE

1 tablespoon paprika
1/2 teaspoon onion salt
1/2 teaspoon garlic powder
1/2 teaspoon cayenne pepper
1/2 teaspoon fennel seeds
1/2 teaspoon thyme
1/2 teaspoon black pepper
1 pound turkey tenderloins, butterflied
1 lime

8 corn or small flour tortillas
For Sauce:

1 cup sour cream
1/4 cup thinly sliced green onion
1/4 cup finely chopped fresh cilantro
1 (4-ounce) can diced green chilies, drained
1 plum tomato, seeded and diced

1/2 teaspoon black pepper
1/2 teaspoon cayenne pepper
Yields 4 servings.

Preparation time: 45 minutes, including time for marination.

In shallow, flat dish, combine paprika, onion salt, garlic powder, cayenne, fennel seeds, thyme and pepper. Rub mixture over turkey; cover and let sit at room temperature about 30 minutes.

Meanwhile, prepare sour cream sauce. In small bowl, combine all sauce ingredients; cover and refrigerate until ready to use.

Prepare grill. Once coals are ready, grill turkey 5 to 6 minutes, or until no trace of pink remains when turkey is pierced with knife. Turn tenderloin halfway through grilling time.

Remove turkey to serving plate

and squeeze on juice of lime; slice turkey into 1/4-inch slices.

To serve, fill each tortilla with turkey slices and top with sour cream sauce.

SOUTHWESTERN CITRUS SALAD

4 lettuce leaves
3 seedless oranges, peeled and separated into sections
1 red pepper, cut into strips
1 cup jicama, julienned
1/4 cup thinly sliced red onions
1 lime, cut into 4 wedges

For dressing:
1/2 cup vegetable oil
1/4 cup white vinegar
2 tablespoons orange juice
1 teaspoon honey
1/4 teaspoon ground cumin
1/4 teaspoon chili powder
1/4 teaspoon salt

Yields 4 servings.
Place lettuce leaves on four individual salad plates. Arrange orange sections, red pepper, jicama and onions on serving plates, set aside in refrigerator.

To make dressing, mix together all ingredients; refrigerate.

REFRIGERATED CAPPUCCINO DESSERT

2 cups milk
1 tablespoon decaffeinated instant coffee
1 (3-ounce) package chocolate-flavor instant pudding
1 1/2 cups thawed frozen whipped topping

1/4 teaspoon ground cinnamon
Yields 4 to 6 servings.

Preparation time: 8 minutes.
Pour milk and instant coffee into large bowl.

Add pudding mix. Beat with wire whisk 1 to 2 minutes or until well blended. Pour into individual dessert dishes; refrigerate.

Just before serving, mix whipped topping and cinnamon. Spread over pudding.

HEALTH WATCH

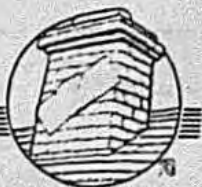
Middle East, Africa have highest birth rates

While average births per woman in Western Europe, Canada and the United States are well below 2.0, African and Middle Eastern women average far higher numbers of pregnancies during their lifetimes.



SOURCES: United Nations Children's Fund (UNICEF); "The State of Health Atlas"

Here's How



By Gene Gary

Q. Our house, which was once in a quiet neighborhood, is located on a street that has become a main thoroughfare for traffic. The noises caused by passing traffic is awful.

Short of moving, do you know of anything we can do to combat this problem? — S.H.

A. Constructing a barrier between the street and your home is the best method of noise control. Most effective would be a concrete block or brick wall that is at least 6 feet high.

If your home is a two-story building, the barrier would have to be that much higher to help protect the second-floor level. Such a wall can deflect nearly 60 percent of the street sounds.

A wooden fence can reduce noise only by about 5 percent. Landscaping is also very helpful for sound absorption. This requires some

long-term patience, however, as the greenery will need time to fill in. Check with your local nursery for recommendations on evergreen trees or shrubs that would be suitable for high hedges.

You also can block noise by sealing up holes with weatherstripping and caulking to assure that windows and doors are sealed tightly so that noise does not leak in through cracks and crevices. Sealing up holes around electrical service entrances, vents and any gaps where sound can sneak in is very helpful.

Install storm windows with heavy glass and good weatherstripping for added protection. Make sure your exterior doors are solid, tight-fitting at the threshold and weatherstripped. A solid door blocks out four times as much noise as a hollow-core door.

For dampers or flaps on bath,

kitchen and laundry vents, install an extra elbow or section of bent flexible duct to create an indirect sound path. Add air conditioning, either window-mounted or a central system. This will allow you to keep windows and doors closed during warm weather and shut out the noise.

Another method of mixing noise is to fight sound with sound. You can purchase a little electronic gadget that is designed to generate an agreeable whir to mask persistent noise. However, masking the annoying noise can be a short-term solution if the masking sound becomes just as irritating as the ones you are trying to cover up.

Q. We are in the process of redecorating and have discovered that the existing wallpaper does not strip off the drywall with ease. We have tested several areas and the drywall panel is damaged when we try to remove the paper assisted by steam and a commercial stripping solution.

Do you know of any way we can remove this paper without damaging the wall board underneath? We want to get rid of wallpaper and paint the interior walls. — A.A.

A. Stripping off old wallpaper can tear the protective paper off

the drywall panel at the same time, resulting in a surface that cannot be repainted. Excessive moisture from steaming to loosen wallpaper also can damage the drywall.

Another problem occurs if the drywall was not sealed before the wallpaper was hung. In this case, the drywall panel will have absorbed the wallpaper glue, and stripping the wallpaper will not only damage the drywall skin, but in many cases leave a glue residue that will prevent paint adhesion.

If the drywall paper hasn't been damaged during the stripping process, the glue can be scraped off. But you have to be very careful. Any damage to the drywall at this stage will mean that your previous tedious efforts to remove the paper will all be for naught.

Your best bet would probably be to have a drywall contractor cover the old wall with new sheets of ½-inch drywall. You will get a smooth wall in perfect condition for painting. The ½-inch panels can be glued in place using joint compound.

Since nails aren't necessary, you won't have to worry about covering indentations or nails popping in the future.

Decor Score



By Rose Bennett Gilbert

the blinds offer light and privacy control with just a twist of Hunter Douglas' "magic wands."

Sight unseen, my advice for awkward room anatomy like yours: Think shades. Your options in types, sizes, colors and materials can help take the, ahem, pane out of window decorating.



Window trouble

Q. I just don't know what to do with the windows in my living room.

They butt right up against the fireplace on one side (there's a bookcase on the other side).

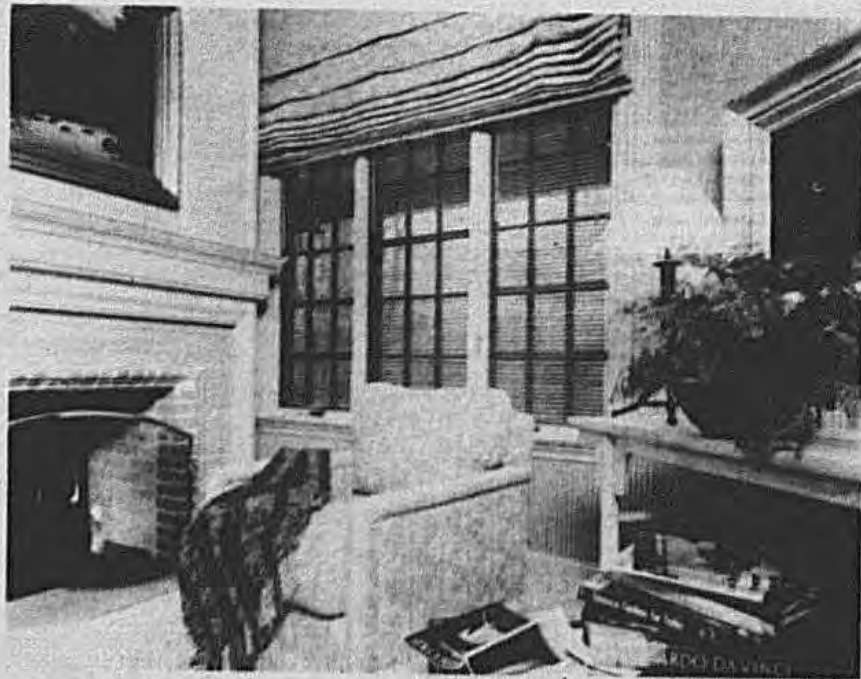
I can't hang draperies or even put up a swag because there's just no space. I know it's hard to give advice without seeing the problem, but would you please try? — T.H.

A. I wouldn't say that "if you've seen one problem window, you've seen them all," but almost every architectural oddity has its parallel under some American rooftop.

I found yours — and a good solution for it — in the photo we show here from the window experts at Hunter Douglas. No surprise, then, that their answer to an awkward corner window includes narrow wood blinds, a trio of them, used under a tailored Roman shade.

Both layers cling close to the windows, so there's no bulk to protrude into the room. And both have a strong architectural feeling that's more appropriate in this tight space than billows of fabric would be.

However, the shade is made to match the room's upholstered pieces, adding a soft touch, while



CORNER CACHE — A window tucked awkwardly into a fireplace corner takes on architectural importance when it's dressed in miniblinds under a tailored Roman shade.



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Help Wanted

FREELANCE REPORTERS NEEDED to cover village, school meetings in Western Nassau area. Writing experience and interest in local affairs nec. Compensation per story. 931-0012. htfn

LEGAL SECRETARY, FULL TIME. Busy law office. Estate work experience necessary. Williston Park. 248-0906. wly3

MEDICAL BOOK STORE - Garden City: PT Clerk-permanent. Applications now being accepted. Saturday a must. 742-4794. W-Jy-Jy-4

KIND, LOVING PERSON to care for toddler. Light housekeeping. Monday, Wednesday, Thursday 8 to 5. Good Salary. Own transportation. Old Bethpage/Plainview area. Call 621-0541 after 6 p.m. W-A-1

LOVING CHILDCARE PROVIDER needed to care for adorable 8 month old girl in my Garden City home. Mon.-Wed., 7:45 a.m. - 6 p.m. P/T hours on Thurs. & Fri. Must have infant care experience. English Speaking, non-smoker, recent references required. Call 877-2137, 7 p.m. - 10 p.m. goJy4

P/T DRIVER to pick up & deliver for Garden City South business 5 days per week. Must have clean license. Retirees welcome. Call from 6 a.m. - 12 noon. 486-3602. goJy3

MATURE EXPERIENCED woman to care for 3 month old twins, 2-3 days a week. Must have infant care experience & own transportation & references. 248-3615. goAg1

DENTAL ASSISTANT, P/T, F/T in West Hempstead. Willing to train. Please call 638-7433. goJy3

Help Wanted

REAL ESTATE SALES Position - Well established Realty office serving the area for 78 years has openings available. Call R. Valentine for details. Valentine Agency. 746-7200. W-S-4

LOCAL BABYSITTER/HOUSEKEEPER needed in my Garden City home beginning Sept. 1, Mon.-Fri., 7 a.m.-5 p.m. with time off while 2 children attend school. Teacher's schedule, non-smoker. Please call 248-4751. goAg1

I AM A CUTE lovable toddler who needs a caregiver, my house in Hicksville. F/T, Mon.-Fri. English Speaking, non-smoker. Must be reliable. Lite housekeeping, references/experience. Call 934-3653 days. Leave message. goJy4

MATURE, EXPERIENCED WOMAN to care for my 3 month old girl, 1 or 2 days a week, occasionally Saturday night. Call Jeanne 742-6614. W-Jy-5

CHILD CARE NEEDED F/T starting Sept. in our Garden City home. Live out, for a 3 year old girl and 1 1/2 year old boy. English speaking, non-smoker, references, driver's license and car a must. Call 437-3872 after 5 p.m. goJy3

SOMEONE TO TAKE care of my 3 year old & newborn on Mondays & Wednesdays beginning September. Must be reliable & loving. Call 248-7820. goAg1

FLORAL/SALES/STOCK. Design learning & spray painting. Work w/silk flowers. Must be artistic, motivated, and good with color. Full time. Must drive. Contact Russ 334-6640. goJy3

Help Wanted

BUSY DERMATOLOGY PRACTICE needs energetic, receptionist/medical asst. Computer knowledge helpful. Need to work at least one evening & Saturday or Sunday. Call 747-2230, Monday thru Friday, 9 to 5:30. W-Jy-3

WAITERS & WAITRESSES WANTED, Williston Park. Must be 21, experienced, non-smoker preferred. All shifts available. Call Bob. 616-294-6404. W-Jy-3

CHILD CARE NEEDED for September. Teachers holidays. Interesting schedule. Own transportation. Please call 741-3084 & leave message. goAg1

FREELANCE REPORTER TO COVER MEETINGS in Hicksville, Syosset area. Exp. helpful. Interest in local affairs needed. Most meetings in eve. Compensation per meeting. 931-0012. htfn

Situation Wanted

IRISH AIDE/COMPANION Available for elderly care, experienced & references. Call (718) 943-6146. goJy5

I AM A MATURE Christian woman looking for work as a companion or to take care of the elderly. I do have experience and also good references available. Please call Annette at (718) 471-7210. goAg1

HOUSECLEANING AVAILABLE. Experienced & References. 3334-5574. goAg1

BABYSITTER/CHILD CARE Retired, licensed, professional nurse will care for your child Monday-Friday. Good references, own car, non-smoker, (718) 276-0653. goAg1

HOUSECLEANER AVAILABLE - RELIABLE, experienced, references, own transportation. Call any time 747-7404. goJy5

HOUSECLEANING JOB WANTED. Experienced & references. \$45 for 5 hours. 292-7313. goJy5

POLISH HOUSECLEANER AVAILABLE. Excellent references. Call 294-0029 or 742-3865. Ask for Lucy. goJy5

CHILD CARE AVAILABLE NYS certified early childhood teacher with Master's degree will care for your child in my Mineola home. Enriched environment. Playmates. Certified program. Excellent extensive references. 747-5350. wjy3

Situation Wanted

PRIVATE SWIMMING LESSONS, Red Cross water safety instructor, lifeguard, CPR, First Aid, basic life support, certified. Call 326-2659 goJy4

POLISH LADY RESPONSIBLE, honest, heavy working with experience, looking for job cleaning homes or taking care of sick, elderly or children. 538-2647 goJy4

COMPANION/HOME HEALTH AIDE, 10 years work experience. Expertise with elder care. N.Y. State certified. Excellent references. Car available. 485-0916 goJy3

NURSE'S AIDE WILL WORK nights, overnight, 11 to 7 or 12 to 8. I have experience in nursing home, hospital & private duty, care. Please call 868-3040. W-Jy-5

I WILL TAKE CARE of people in my home, your parents, wife, husband or whoever. I have experience in nursing home, hospital and private duty, and they will have 24 hours a day care. 868-3040. W-Jy-5

LAX DIVISION I Lacrosse player available for private lacrosse instruction, weekends & evenings. Call 248-7490. goJy5

ENGLISH SPEAKING WOMAN available for housecleaning. Very trustworthy. Reasonable rates. Call Janice (516) 741-6616. Excellent references. W-A-1

CAT WATCHING SERVICE IN my New Hyde Park home. Special care, reasonable rates. Specializes in pedigree breeds, loves animals, dependable. Call Lauren 354-8158 or leave message. (no caging animals) indoor cats only. W-A-1

EXPERIENCED HOME HEALTH aide seeks live-in job caring for the frail elderly. Has Department of Health certificate and written letters of recommendation. Please call 753-2094. goJy4

MINEOLA MOTHER WILL provide TLC to your child P/T/F/T. Non-smoker. Excellent references. 742-7830. W-Jy-3

DEPENDABLE PERSON SEEKING job to take care of elderly, or babysitting. Contact Barbara at (516) 846-5459. Live in or out. goJy3

IRISH GIRL SEEKS position as full time child care Mon.-Fri. Live out, own transportation. Excellent references. Call Maura (718) 479-8653. goJy3

Situation Wanted

GOING ON VACATION? I will walk/care for your animals or house sit. Experience, reliable, trustworthy. 22 year old college student from Garden City "Loves Animals." Excellent rates. Save this ad! Call Shannon 746-4307. goJy3

GRADUATE STUDENT IN Speech/Language pathology seeks position as companion/babysitter to persons with communicative handicap. References. Available evenings and some mornings. (516) 248-2369. goJy3

BABYSITTER, MOTHER'S HELPER, Garden City. Reliable, creative, responsible high school student available for summer, after school and weekends. Pool pass. Call 746-4708, ask for Katie. goJy3

GARDEN CITY COLLEGE student available to babysit your child. Experienced with references, pool pass, own transportation available Mon.-Thurs. Call 437-0137. Ask for Michelle. goJy3

CERTIFIED TEACHER AVAILABLE to care for your children over the summer. References available. Please call 488-5444. goJy4

15 YEAR OLD MALE, Kellenberg student available to babysit daily or on call. 294-8396. W-Jy-4

FORTY-THREE YEAR OLD Russian male is available for live-in, Fri.-Sun. Handyman/Companion. Extended arrangement preferred. Salary commensurate with services provided. Please call Andrew at 683-5111, Mon-Fri, between 8 AM and 4:30 PM. hJy4

NURSE'S AIDE FOR ELDERLY: I can work PT mornings, PT evenings. I can do night work or weekends. Have car. Will do all chores for patient & will cook. Have good church references, and from other patients. 747-1718 or 484-4321. wJy2

GARDEN CITY MOM available to babysit occasionally, preferably my home. 248-2309. goJy4

ENGLISH NANNY AVAILABLE - Nanny living with family in Garden City through September, available to work days, evenings and weekends. Call Meg Monahan 739-3437. goJy4

IRISH CERTIFIED AIDE seeking position. Own transportation. Experience & references. 742-7828. goAg1

Situation Wanted

LET US HELP YOU Clean your house. We are a meticulous, honest & trustworthy experienced mother & daughter team. Plenty of good references available. Own transportation & bilingual. Please call Elsa 538-5958. gAg1

NEW HYDE PARK SOCIAL WORK student babysitter, Jewish, 30 years old, available. Your home or mine. PT/FT or overnights. Excellent references, and reasonable rates. 20 years experience. Call anytime 354-8158 or leave message. W-A-1

NASSAU/QUEENS RESIDENT, single, Jewish female, 30 years old, looking to clean bachelor's apt. Reasonable rates, excellent references. Will leave your bathroom shining. Call Lauren. 354-8158 or leave message. W-A-1

HOUSECLEANING JOB WANTED. Experience & good references. 483-7445 gJy3

CERTIFIED IRISH NURSE'S Aide available for day work to care for the sick or elderly. Experienced. Call 326-9726. gAg1

ATTENTION VACATIONERS - WOULD YOU like to go away and know that your dog or cat is well taken care of? Mature woman who loves animals will give your pet lots of TLC. Fenced in yard. 352-9113 gAu3

Real Estate for Sale

GARDEN CITY SOUTH, Adepti area. Mint brick split, 90 x 100. Modern EIK, 3 BR, formal DR, 2 1/2 baths, family room, finished basement, plus 2 room professional suite w/private entrance. Skylight, new windows, sprinklers. Best offer over \$259,000. Owner 485-7880 gJy5

GARDEN CITY EXCLUSIVE, Motivated owners. Mint Western Ranch, 3 BRS, 2 1/2 Bths., Mod. EIK. Great for growing fam. Must sell. Low \$300's. New Listing. Move in condition. Estates CH Brick Colonial 4 BRS, 3 1/2 Bths., Mod. EIK, Fam. Rm., Room for su pair, 2 car \$400's. Estates Mint Ranch 4 BRS, 2 1/2 Bths., super Mod. EIK, Fam. Rm., CAC/Central Vac, 2 car, 1/2 acre landscaped property \$500's. Gracious Central Section Tudor, 4 1/2 BRS, 4 1/2 Bths., Lg. EIK, Fam. Rm., Sunken LR, Great detailing, 1/2 acre, 2 car \$800's. Vera Atamian 354-1994. gJy3

GRANDPARENTS - Send in your grandchildren's photos and enter our "World's Most Beautiful Grandchildren" contest. Just send a photo and a brief description of the child (or children) along with your name and address to: Liform Publications, Beautiful Grandchildren Contest, 81 East Barclay St., Hicksville, N.Y. 11801. We'll do the rest!

Real Estate for Sale

GARDEN CITY - SPACIOUS 3 BR., 2 1/2 Bths., LR/Fpl, DR, EIK, Den, Fin. Bsmt., 2 car, fenced yard with patio. Walk RR, quiet area. \$299,000 Owner (212) 473-0526. gAg1

GARDEN CITY ESTATES Section Georgetown CH Brick Colonial in prime location. 3/4 BRS, 3 Bths., 2 Car Gar. Must see. By owner \$469,000. 741-3656 gAg1

JAMESPORT, ROMANTIC BAYFRONT on 1/2 acre with own sandy beach. 1920's 4 BR, 3 Bths., separate garage with bath & shower. Now \$399,000 New Suffolk, 1st Offering, country charmer, 2 BR, 1 Bth., 1 story, LR/Dining area, Porch, EIK, walk to sandy bay beach \$159,000

Mattituck Creekfront Charmer, on almost an acre, New Deck, Great Room, 3 BR, 2 Bths., Decks. A cool hide-away for \$350,000 Aquabogue, 1st Offering, Mint 2 BR mobile home, LR, Kitchen/Dining Area, Central Air, Lovely Community. Asking \$44,000 Cutchogue, Mint Contemporary featuring 3 BR, 2 Bths., Huge Fam. Rm. w/Fpl., & sliders to deck. Superbly landscaped. \$220,000 Marilyn Lang Realty 734-6472, 734-6690 gJy3

GRAND OPENING: Introducing The Country Colonial At Southold Villas. A new family community located in the Villages of Southold within walking distance of shopping, schools, and boating. Choice of lots available. Energy efficient and maintenance free. Features LR, FR, Eat-In Country Kitchen, 1 1/2 Bths., 3 BRs, full Bsmt., Garage. Will customize to suit \$143,990. Come see our Colonial model on Saturdays and Sundays, 11 a.m. to 4 p.m. or call us for private showing. Marilyn Lang Realty 734-6472, 734-6690. gJy3

GARDEN CITY 3 BR Colonial, 2 B, LR, DR, Den, Gas heat. Principals only \$299,000. Owner 741-0535 gJy6

GARDEN CITY MOTT - Prime location, mint CH Colonial. Totally updated new EIK with skylights adjoining new oversized family room with cathedral ceiling, new wood floors, 3 BRs, new 1 1/2 baths, LR/Fpl, FDR, CAC, alarm, sprinkler, new heating system, finished basement, new roof/interior, new windows throughout, deck, large lot, newly landscaped. Principals only \$429,000. 746-5822. gJy3

GARDEN CITY IMMACULATE Contemp Split, brick/aluminum, low maintenance. Move-in-condition. Cath. LR/Fpl, FDR with parquet floors. 3 BRS, 2 full Bths., new lrg. EIK, Den, fin. Bsmt., 2 zone heating, 2 car garage. Many new additional features. beautiful 70x100 landscaped grounds. Low taxes. Convenient to park, RR, Shopping. asking \$349K. Owners, 747-6386. gJy5

Real Estate for Sale

GARDEN CITY CENTRAL section. Appointment only for Sale by owner. 84 Fourth St. 877-7822. Huge LR/Fpl, FDR, EIK, 3 BRs, 3 1/2 baths plus 2 room prof. suite & second floor laundry, fin. basement. North/South professional tennis court on large fenced in plot. gJy3

CUTCHOGUE, CHARMING CAPE COD in unique private community close to swimming, boating & 2 golf courses. 3 BRS, 3 baths, full DR, LR/FPL, new EIK, CAC, 2 car garage. 1 acre, sprinkler system. Excellent condition. Walk to stores, post office, & bank. Have over \$425,000 invested. Yours for \$350,000 without a broker. (516)734-5779. gJy5

GARDEN CITY STALEY Colonial Estates section, large LR/Fpl, FDR, 4 BRs, 1 1/2 baths, EIK, slats roof, second floor porch, finished basement, professionally landscaped. Near Stratford & Park. Reduced. \$399,000. Owner 741-5116. gJy3

FRANKLIN SQUARE, NEW Townhouse, 3 BRs, 2 1/2 Bths., move-in condition, skylights, new carpeting and tiles, full basement, CAC. \$170,000 by owner, 488-3287 Neg. gJy4

ESTATES SECTION IMMACULATE - BR Colonial, Eat-in-kitchen, 3 1/2 baths, 2 FPLS, fin. basement, fam., LR, DR, Walk LIRR and schools, 100 x 100, spkld., sec. sys. Principals Only \$675,000 (516)747-7439 gJy5

SOUTHOLD BY OWNER, remodeled with new addition. 3 BR, 2 bath Ranch. Walk to sandy beach, A/C, new appliances, beautiful Florida room, oversized detached garage. \$179,000. 765-5498. gJy4

GARDEN CITY BORDER Deluxe Townhouse. 2 BR, 2 1/2 baths, EIK, laundry room, garage. Walk to RR. Asking \$150's Owner. (516) 481-7621 gJy5

SOUTHOLD WATERFRONT with bay views. Add your own finishing touches. 2 story traditional features LR/Fpl, DR/Fpl, EIK, Den, Master BR & Bath plus 2 BRS, 1 1/2 Bths., extensive decking, boat dock. \$565,000. Southold Waterview. Maintenance free Ranch LR/Fpl, DR, 3 BRS, 2 Bths., lovely landscaping with unobstructed bay views. \$280,000. North Fork Bayfront. Great Room/Fpl., custom kitchen, 3 BRS, 3 Bths., Lg. Deck, screened porch. Spectacular views. Sandy Beach with cool southerly breezes. \$399,000. Nassau Point Ranch home on tree lot features LR/Fpl, FDR, EIK, 3 BRS, 2 Bths., 2 Car Garage \$214,000. Mattituck Renovated Farmhouse on tree lot. 3 BRS, LR, DR, Rocking Chair Porch. Great landscaping. Newly listed. \$188,000. Lewis Realty 298-4800, 734-5533, 785-5810. gJy3

Real Estate for Sale

GARDEN CITY RANCH, CAC, 3BR, 3B, Deck, Jacuzzi, Finished Basement/Wet Bar, Cedar Closet, Hepa Allergy System, 1/2 Acre. \$385,000. 352-0608. gJy4

JAMESPORT LARGE 7 ROOM Ranch. Private Peconic Bay beach. LR/DR, 3BRs, 2Bs, Country Kitchen, Den, Screened Patio, Garage, all appliances, oil heat. \$169,000. Owner. 722-4158. gJy3

GARDEN CITY CENTRAL, 4 BR Ranch, 2 1/2 Bths., Modern EIK, Lg. Property, Priv. Yard backs golf course, many extras, Mint condition - must see! Motivated seller. \$500's 294-7434. gAg1

MAIN STREET, REMSENBURG. Historic 5 BR, 5 Bths., Separate guest sec. New Furnace, hot Water heater, well, pump and newly painted. Deep secluded, wooded lot. Owner anxious to sell at \$340,000. 325-0562. gC01

SOUTHOLD. BEAUTIFULLY LANDSCAPED Ranch with in-ground pool near beach. 3 BRS., 2 1/2 plus Bths., LR/Dining Area, Fam. Rm./Fpl., Fin. Bsmt., oil/hot water heat just installed. 2 car garage. Must see. \$259,000 neg. By owner 765-9247. gAg1

GARDEN CITY COLONIAL Mint 4 BR's, 2 1/2 baths, LR, FDR, den/Fpl, EIK, laundry room plus 4 room suite, professional/Mother/Daughter, 1/2 bath, CAC, sprinklers, 2 car garage. Asking \$469,000. (516)538-1812. gJy4

GARDEN CITY ESTATES Ranch in a class by itself. Picture window front, brick & stone, 3 BRS, 3 Bths., lg. LR/Fpl, DR, EIK plus Den with bar. Magnificent Fin. Bsmt., w/Fpl, Patio, CAC, 2 Car atch. Garage. For the selective buyer. By owner. Low \$400's. 248-4535. gAg1

GARDEN CITY ESTATES Section. Updated 4 BR, 3 Bths., Colonial EIK, CAC, low taxes. Principals only. Reduced to \$399,000. 747-2794. gAg1

ORIENT, EAST MARION SOUNDFRONT. Spectacular 3 acre parcel with 200' expansive beachfront in estate area. Fabulous views over L. I. Sound and Dam Pond. Building envelope and permits in place. Exclusive \$395,000. Hahn Realty, 120 Front St., Greenport, NY. 11944. gJy3

WALLKILL, N.Y. 10 year old mother/daughter Log home, 2 acres. 3 BRs, 2 1/2 baths, kitchen, Dr, family room. Apt-1 Br, kitchen, bath, LR, sliding door to deck. 2 car garage. Scenic mountain view from large deck. \$239,000. (516) 741-2365 W-Jy-5

GARDEN CITY COLONIAL Tudor, 5 BRs, 3 full, 2 half baths, 2 car attached garage. Newly renovated & landscaped, CAC, 100 x 100. \$500's By owner. 248-2013. gAg1

Real Estate for Sale

GARDEN CITY MINT, brick Split on prestigious Hampton Road. 7 large rooms, 2 baths, new bath & large den. 1 1/2 attached garage. On 1/4 acre. Professionally landscaped grounds. Very suitable for professional. Broker/Owner. Motivated. Asking \$475,000. 516-599-0707 or 516-747-2078. W-Jy-4

GARDEN CITY COLONIAL 3 BRs, 2 1/2 bths, LR/Fpl, DR, large EIK, plastered walls, den, fin. bsmt., garage, screened porch. Walk RR & courthouse. Asking \$325,000. 747-8719. gJy4

SOUTHOLD WATERFRONT GREAT Location. 4 BRS, 2 Bths., creek front. Close to town. \$219,000. Southold. Walk to sound beach. Stately Colonial, 4 BRS, 2 1/2 Bths., EIK, FDR, Fam. Rm., LR/Fpl, oak floors. To settle estate. \$225,000. Southold Deep Water dock & deeded beach rights. Immaculate Contemp Ranch, 3 BRS, 2 Bths., atch. 2 car garage. Rare opportunity \$209,000. Cutchogue, Nassau Point Exclusive, Fieldstone Manor Home on magnificent property. Lg. gracious rooms, granite pool, deeded dock, prestigious area. Total privacy \$750,000. Cutchogue Waterfront. Incredible views & deep water dock. Cozy & comfortable 2 BR, 2 Bths. year round home. Move in condition. Seller relocating. Asking \$249,900. East Marlon Bayfront home in lovely estate area. Secluded New England Cape Cod in excellent condition. 4 BRS, 2 Bths.. Asking \$395,000 furnished. Marlon King Realty 734-5657. gJy3

POCONOS, FOUR SEASON Townhouse on top of Camelback Mountain, 3 state deck view, ski on/off, 4 BRs, 2 kitchens, 4 bathrooms, loft, Fpl, furnished club house with heated pool, indoor/outdoor tennis, 2 hour trip. \$115,000. (516) 747-7019. gJy4

STEWART MANOR NORTH, 4 BRS, LR, FDR, EIK, 2 baths, finished basement, wall to wall, 3 zone heat, storms, new gas unit. Near RR, schools, stores. \$245,000. Owner (516)437-3771 gJy4

GARDEN CITY, OXFORD BLVD. Colonial 5 BRS, 4 1/2 Bths., LR/Fpl, FDR, Den, Hugh Mod. EIK, Full Bsmt., Atch. garage, 1/2 acre. asking \$795,000. Flexible owner Fin. to fit your needs. 248-2450. gAg1

MATTITUCK SAILOR'S DELIGHT. Luxury Colonial on 1/4 acre inlet, front plot (6 ft. low tide) with gorgeous bay views. Two boat moorings, short walk to private community sandy beach. 7 truly lg. rooms, 4 BRS, 3 Bths., Anderson Windows, 8 appliances, double garage. In small bayfront community of better homes. Just reduced to \$389,000. See soon. Book-miller Realty 723-4423. gJy3

DO YOU HAVE A SERVICE to advertise? Our Service Directory is sure to bring results. Call 931-0913.

Co-Op For Sale

MINEOLA HORTON HOUSE
Co-Op: Front apartment, 1BR, New Kitchen, New Bath, loads of closet space, Air Conditioning. Parking available on and off premises. Principals only. \$73,000. 741-5210. gc53

GARDEN CITY CO-OP, 2 BR,
second floor, center of village, 1 block LIRR, refinished floors, new windows. \$116,000. Leave message. Owner 873-9469. goJy5

GARDEN CITY 1 BR Co-Op,
A/C, Lg. LR, dining area, new kitchen, wall to wall. Walk to LIRR, hospital & stores. Drastically reduced. \$85,000 owner 248-7640. goJy5

MINEOLA JR. 2BR CO-OP,
LR, DR, Euro modern kitchen, indoor garage parking. Low maintenance. \$81,000. Owner (516)742-0229 goJy4

GARDEN CITY 2BR - 2nd
floor end unit facing 15th St. A/C, wash/dry, attic, garage. \$109,000. 294-0269. gcag1

LONG BEACH EAST-Sunny
modern corner furnished, newly decorated, carpeted, across from ocean. Maintenance \$274. High write-off. Vacant, ready to move in. \$39,900. 747-5703. Leave message or 431-5592. goJy3

GARDEN CITY CHERRY
VALLEY 1 BR, first floor. Excellent location private entrance. 70% deductible. Principals only. best offer. 488-5718. goJy3

MINEOLA/GARDEN CITY
BORDER, Garden Plaza - large 1 BR Contemp. Style, 24 hour security. Renovated Euro kitchen & bathroom, wall to wall, A/C. Financially stable Co-Op, no flip tax. Walk to courts, hospital, LIRR. 35 minutes to Penn. \$85,000. Owner 746-4078. goJy3

GARDEN CITY CO-OP, 1 BR,
Second Floor, newly renovated, walk to LIRR, \$69,900. Reduced for quick sale. By owner. 248-5347. gcAg1

MINEOLA. 1 BR, 1 Bth., LR,
dining area, Kitchen, lots of closets. Across from Winthrop Hospital. Top floor in secure building. \$75,000. By owner. 873-1236. goJy3

GARDEN CITY CO-OP 2 BR,
2 bath, new kitchen w/dishwasher, washer/dryer, A/C, new wall to wall, ample closets. Walk to all shopping. Owner anxious to sell. \$175,000. Please call 767-1093 or 741-3709. goJy3

E. WILLISTON CONDO -
Wheatley House. Gorgeous 2 Br., 2 Baths, hardwood floors, huge LR/DR, closets galore. Walk RR, shops. \$239,000. Call Lois at Homes America, Smith & DeGroat, 616-248-1468.

W-TFN

GARDEN CITY 2 BR Cherry
Valley Co-Op \$109,000. Principals only, second floor, new carpet. Excellent condition. Call 741-2763. goJy3

Co-Op For Sale

GARDEN CITY CHERRY
Valley. Mint, second floor, 2 BRS, new kitchen, bath, carpet. Private corner, large garden. Will trade for your Garden City home. \$115,000. 742-8659. gcJy3

MINEOLA, GARDEN
PLAZA. Large 2 BR, beautifully renovated. Ideal location. Walk to RR, shops hospital. Only \$115,000. 294-1330 gc51

CO-OP & CONDO
ATRIUM PLAZA
1 BR, 1 bath, duplex, EIK, 1 gar Rent/Buy
2 BIRCHWOOD COURT
TOP OF THE LINE 1 BR, 1 bath \$89,000

CHERRY VALLEY
2 BR, 1 bath, LR, EIK, CAC \$89,000
LR, EIK, 2 BR, 1 bath \$116,000
HAMILTON HOUSE
2 BR, 2 bath, front w/extras \$175,000

MINEOLA'S HARRISON
HOUSE
2 BR, 1 bath, CAC, Indry, 1 gar \$129,000

MINEOLA "HORTON
HOUSE"
1 BR, 1 new bath, walk all \$73,000

MULFORD PLACE
LR/Fpl, DR, den, 1 BR, 1 bath Corner \$85,000
Lg Foyer, 2 BR, 2 bath, EIK, LR, DR \$75,000

STEWART FRANKLIN
2 BR, 1 bath, LR/FPL, DR, EIK, RENT or \$129,000
LR/Fpl, DR, EIK, 3 BR, 2 bath rent or \$225,000
Mint 3 BR, 2 bath, LR/Fpl, DR, EIK \$250,000
SUPER 3 BR, 2 bath, PEN-
THOUSE Rent \$2,100
STEWART HOUSE
P I E D - A - T E R R E
Studio \$75,000
Dougall Fraser Realty 248-6655 goJy3

MINEOLA-GARDEN PLAZA.
Immaculate, large one BR, new kitchen/bath. DR. Walk to RR, hospital, courts, shopping. 24 hour security. Two AC's. Owner. 248-9069. \$89,000. W-A-1

GARDEN CITY CHERRY
VALLEY Co-Op, 1 BR, first floor, CAC, EIK, dining area, large LR \$66,500 nsg. 742-7642. gcAg1

Real Estate For Rent

GARDEN CITY - 4 BR
Colonial, 2 1/2 baths, LR, DR, EIK, garage, A/C, FPL, patio, appliances, tiled basement. Walk to train \$1,900 a month. Owner 627-4112 goJy4

FLORAL PARK VILLAGE.
Deluxe Apts., each with large rooms, EIK, w/wc, A/C, patio, yard, storage. Walk to LIRR & convenient to all. 3 rooms \$850, 5 rooms \$950. Call owner 488-2314. gcAg1

GARDEN CITY BORDER.
large bright rooms in luxury apt. building. Private parking. 2 BR Apt., with Den, Mod. Kitchen & Bath, A/C \$850. No fee. 489-3010 days, 483-7449 eves & weekends. gcAg1

Real Estate For Rent

FRANKLIN SQUARE, 3 1/2
large rooms, BR, LR, dining area, EIK, (between Southern State/Hempstead Tpk.) 1 block bus/all conveniences, second floor, private home. Mature business, non-smoker \$750. electricity. 328-9175 goJy5

GLEN OAKS, UPPER.
Corner, Large LR, BR, New kitchen. Just painted \$750 includes heat, (516)765-2945 or 437-8825 goJy5

ONE (1) LARGE ROOM FOR
RENT. Private entrance. Quiet area. Near all transportation. (share bath) Call 741-4294 W-Jy-3

LYNBROOK, 1 BR APT.,
second floor, private entrance, freshly painted, hardwood floors, off street parking, great location. Single preferred, couple considered. \$650. incl. all. 746-6860, 776-4256. Also very large basement storage. 3 rooms with electricity. \$195 a month. gcJy5

EAST MEADOW - FUR-
NISHED rooms for rent. Share bath, private entrance, no smoking, no pets, professionals only. Quiet neighborhood. 221-0940 goJy5

WEST HEMPSTEAD, BASE-
MENT 1 BR Apt. private entrance, utilities, cable, heat, electric. One price pays all. Walk to LIRR & stores. Call 483-6443 evenings. goJy5

FLORAL PARK, 60 PLAIN-
FIELD Ave (corner King St.) 1 BR apt., frost free refrig. freshly painted. Walk to LIRR & shops. Parking not provided. No fee. For more info call owner, weekdays (212) 962-3900, eves or week-ends (516)538-0757 goJy3

EAST MEADOW 1 Br. Apt.,
small EIK, full bath, brand new. Non-smoker. Female preferred. Immediate occupancy. \$575. 579-8489. Leave message. W-Jy-4

FLORAL PARK 2 BR fur-
nished, second floor, private entrance includes solarium. Vacant July 1. Business couple preferred \$850 not including utilities. Owner (516) 352-6433. goJy3

WEST HEMPSTEAD studio, 1
room, full modern bathroom, carpeting, own thermostat, side entrance. Near RR \$475 incl. utilities & cable. One month security. 489-5938. gcAg1

FLORAL PARK VILLAGE
Deluxe 7 room Apt., A/C, EIK, FDR, 2 BRS, Lg. Study, Fin. Bsmt., 2 Bths., oak floors, patio, yard \$1,350 per month. Call owner (718) 892-1814. gcAg1

FLORAL PARK VILLAGE.
Deluxe 5 room Apt., A/C, EIK, FDR, 2 BRS, Oak Floors, Patio, Yard \$1,050. Call owner (718) 892-1814 gcAg1

GARDEN CITY SOUTH, 2
BRS, Lg. Living area, brand new carpet, fresh paint, full bath, EIK. Near all \$925 mo. 1 month security. Call 776-596-9312. gcAg1

Real Estate For Rent

GARAGE SPACE FOR 1 car.
Great rate, references available. 483-4015 goJy3

ROSLYN HEIGHTS:
BEAUTIFUL 4 BR house for rent. 2 full baths, large LR, DR, Fam. Playroom. Big EIK, Washer, Dryer, Dishwasher. One of a kind. \$2,600 a month. Royal Int'l. 742-3355. wJy2

GARDEN CITY CHERRY
VALLEY Apt. for rent 1 BR, First Floor, CAC, completely refurbished. Parking, Avail. Aug. 1 occupancy. Please call 742-5577 between 9 a.m. and 8 p.m. Mon.-Fri. and weekends. 877-0133. goJy3

CHARMING 3BR ENGLISH
TUDOR, Garden City, 1 1/2 Bths, new EIK, LR, DR. All new heating, gas burner, new stucco. 60x100 \$1,800 monthly. 739-6102 goJy4

WEST HEMPSTEAD, 1 BR
w/LR, small kitchen & bath, lots of storage, second floor, private entrance. Good location. Single female preferred, 1 child OK. No smoking, no pets. Available Sept. 1 \$650 all 292-3901. goJy4

WILLISTON PARK - APT
FOR RENT: 51 Harvard St., 2 BRs, EIK, full bath, gas included. \$900. Working couple only. Call for apt. 746-4757. W-A-1

GREAT NECK APARTMENT
for rent. New furnished studio. Private entrance, driveway included. Walk all including LIRR. One business person, no pets, reference. Security. \$650 including utilities. 829-6256. hJy4

GARDEN CITY /
HEMPSTEAD, OWNER - Sunny 1 BR apartment, new appliances, neutral decor, wall to wall, laundry facilities, security system. Near RR & buses. No fees. \$830 with parking. Leave message (516)665-9687 goJy4

STOREFRONT FOR LEASE.
Mint condition. Available immediately. Willis Avenue between Fordham & Harvard Sts. Perfect for retail store or professional office. 2100 sq. ft. \$1,300 per month. No fee. Contact owner. 766-3141 W-Jy-3

GREAT NECK - LARGE
house to share. Separate Br. Close to LIRR, market & shopping. Kitchen & washer/dryer privileges. Professional only \$550/mo. 482-5203, lv. message. goJy4

GARDEN CITY WESTERN
section, 4 BRs, 2 baths, LR/Fpl, DR, EIK, screened porch. Walk to all. Asking \$2,200 a month. Call Kathy or Steve Camp, brokers. 746-5449. Please leave message. gcAg1

FRANKLIN SQUARE BASE-
MENT Studio Apt. for rent. Working gentleman preferred. Non-smoker, no pets. References required. Utilities included & own thermostat. Call 776-4598 after 5 p.m. W-A-1

Real Estate For Rent

WANTED. ROOMATE TO
Share 2 BR apartment, LR, kitchen, full bath \$400 a month includes utilities. Parking available. 873-0245 (home) Leave message. 294-0424 Ext. 6316 (work) goJy4

FARMINGDALE, MUST
SEE. Lovely, clean 3 1/2 rooms. Newly wed delight. Convenient location. \$690. Sept. 1. Owner 249-5794. gcAg1

FARMINGDALE, NEWLY
WED DELIGHT. Lovely, clean 5 rooms, convenient location. \$850. Sept. 1. Owner 694-7379. gcAg1

GARDEN CITY, FURNISH-
ED room for rent, private entrance, non-smoker, share bath, appliances available. Near RR. \$475. 742-7708. gcJy3

THREE ROOM APART-
MENT, private entrance. Mature person preferred. Available July 15. \$650 includes utilities and cable. 638-3053. gcA1

GARDEN CITY SOUTH,
basement apartment, kitchen, dinette, 1BR, private entrance. Mature male preferred \$575 includes all. One month security required. 485-0630 goJy4

GARDEN CITY-LOVELY
quiet furnished room. Private entrance, bath. Mature, non-smoker preferred. References. 746-0018. goJy4

GARDEN CITY SOUTH.
Large room for rent, newly decorated, private entrance, share bath. Clean environment, located between train and bus. \$400/month + security. 538-0083. gcA1

WILLISTON PARK,
MINEOLA - Lower level apt. 3 rooms with full bath, kitchen, partly furnished. Private entrance. Mature working lady preferred, suitable for one. Non-smoker. \$600 a month including utilities. 294-5917. W-A-1

MINEOLA/WESTBURY
APTS FOR RENT:
Beautiful 1 BR in private house - \$750
2 BR Apt. \$850 to \$900
Large 3 BR, LR, DR ** \$1,250
Royal, 742-3355 W-Jy-3

ROOM FOR RENT - WILLIS-
TON PARK. Responsible person, need references. 741-4375. Call after 6 p.m. W-A-1

Vacation Rental

MYRTLE BEACH, 2BRS, 2
Bths Condo near Restaurant Row, 1-1/2 blocks off beach, CAC, CIV, VCR, Washer/dryer, dishwasher, indoor/outdoor pools, 2 balconies. Sleeps 6. Reasonable rates. Call 894-8132 gcJy3

CUTCHOGUE, DELIGHT.
FUL NORTH Fork Retreat, own brick patio, beach, boat dock. Peaceful & idyllic, completely modern, every amenity. Mature couple preferred. July and/or August. Call weekdays after 7 p.m. 734-7168. gcJy3

Vacation Rental

NASSAU POINT RANCH. Bayfront, 100 feet on beach with magnificent view. Watch boating, sailing and glorious sunsets from deck on beach. Large LR/FPL, with wonderful view of bay. Family size DR/FPL, sunporch, 5 BRS, 2 1/2 baths. \$6,000 per month. July and/or August. Owner 746-1681 gJy2

AMAGANSETT WOODS. CHARMING home, 4 BRS., 2 Bths., LR/Fpl., extended deck w/heated pool. \$2,000 weekly. Owner Call 267-6645. gAg1

HAMPTON BAYS, Near ocean & bay. 3 BR, Ranch with attached garage, Lg. LR/Fpl. DR, Kitchen, Sunroom, Lg. Deck, Bsmt. Washer/dryer, dish-washer. Fenced 1/2 acre. \$3,000 monthly. \$1,500 by-weekly. 742-2709 wAg1

MOTEL ON THE BAY, South Jamesport. One of the North Fork's nicest resort motels. Located directly on Peconic Bay. Fully equipped kitchen, private Deck barbecues, all rooms water view. Private sandy beach. 722-3458. gJy4

GREENPORT - E. MARION, Bayfront Beach Cottage Condo, dock, swim area, tennis court, cabana, 5 minutes walk to golf course, 2 weeks - \$1475. Tel. 746-2475. wJy3

MYRTLE BEACH, GRAND Strand area. 1 BR, Oceanfront condo. \$600/week. Daily rates available. Call (516) 462-1575 or (516) 724-8092. hJy4

POCONOS 3 BR RANCH in Lake Community. Swimming, tennis & vacation activities. House spotless, washer/dryer, microwave, 2 decks, FPL. Walk to lake, horseback riding, quality restaurants & shops nearby. \$350 a week. 379-8447 gJy4

BEACH FRONT PECONIC bay between Hampton Bays & Southampton, well furnished 3 BRS, 3 baths Split. August 1 - Labor Day \$4,900 (516) 723-3380. gJy3

MT. SNOW /HAYSTACK. Large fully equipped 4 BRS plus loft, 2 1/2 Bths. with color TV, VCR, microwave. Avail. by the week or week-end. Beautiful views, lots of privacy. Near golf courses & lakes. Call 466-6120 gJy3

GRANDPARENTS - Send in your grandchildren's photos and enter our "World's Most Beautiful Grandchildren" contest. Just send a photo and a brief description of the child (or children) along with your name and address to: Litmor Publications, Beautiful Grandchildren Contest, 61 East Barclay St., Hicksville, N.Y. 11801. We'll do the rest!

DO YOU HAVE A SERVICE to advertise? Our Service Directory is sure to bring results. Call 931-0012.

Real Estate Wanted

GARDEN CITY ESTATES 4 BR house wanted North of Stewart. Colonial or Tudor only. Can go to contract any time. No brokers. Call 667-5403. gAg1

GARDEN CITY HOUSE wanted to rent by long time resident. 3 BRS, 2 Bths., References available. 746-1361. gJy3

GARDEN CITY ESTATES North of Stewart. Tudor only. \$400's. Principals or brokers. (718) 680-3540 gJy4

HOUSE WANTED IN GARDEN City, East Williston or Syosset. 3/4 BRS, Maximum mid \$300's. No brokers please (516) 338-4252 gJy3

COUPLE SERIOUSLY LOOKING to purchase home in Western or Estates sections only. Priced up to \$300,000. (516) 488-1975. Please leave message. gJy5

GARDEN CITY HOUSE wanted in Western or Estates section. 3/4 BRs, sold home, ready to move, up to \$400's. Principals only. 872-2905. gJy5

FAMILY SEEKS HOUSE in Garden City. Any condition. \$300's. Principals only. Week days 4 8 1 - 8 5 0 0. Evenings/weekends 679-1851. gJy5

Real Estate for Sale

CONNECTICUT Small one-family waterfront community; builders closeout. New construction to your specs; property & house maintained for you. Low interest mortgage. Linda Mills, Broker, 203-245-3100.

For Sale

MOVING, MUST SELL. Girl's Ross Bikes, one 26", 3 speed, cost \$150 new, mint. Other, 20" banana seat, unisex, garage kept. Reasonably priced. Call 437-1595. Leave message. gAg1

CLOSEOUT SALE: Mary Kay Cosmetics, 50% discount. Every Monday & Thursday evenings (while supplies last) 6-9 p.m. Starting July 19 & 22. 160 Ferncroft Road, Mineola (off Willis Ave.) 516-741-6616. NOT GARAGE SALE. W-A-1

CONTENTS OF APT. FOR SALE in New Hyde Park, including modern like new sofa, love seat & chair with ottoman. Wurlitzer piano, dining room set, set of glass tables, oriental rug, stereo, color TVs, VCRs & more. Call for appt. 516-364-8158 or leave message. W-A-1

MOVING-LIVING ROOM Sofa, coffee table, end table. Cherry wood. Magnavox stereo cabinet. Humidifier. Large antique bureau w/mirror, amoire. All in excellent condition. 741-3625 gJy3

For Sale

MOVING - FOR SALE. Hand crocheted bedspread 84 x 104, \$100. Martha Washington sewing cabinet, \$50. Teac turntable & tape deck \$125. Mink fur jacket \$50. (516) 742-2952. gJy3

FINE FURNITURE (Located in Mineola). Harden love seat, Baker king headboard, Bloomie's cherry dining table, 1920 sofa, cherry coffee table, cherry stereo cabinet, chairs, breakfast, etc. 747-8926. gA1

SMITH CORONA TYPEWRITER/Processor; many features incl. foreign accents, accu-spell; phrase memory; extra daisy wheel. Cost \$300. Sacrifice \$240. 352-3483. gAg1

ANTIQUES OAK ROUND table, 44" pedestal base, no leaf, 8 camel back chairs, light wood \$700. Oak round table 44" pedestal base, no chairs or leaf, dark wood. \$500. 741-0121. gAg1

FRENCH PROVINCIAL DINING room set, oval table w/3 leaves, 4 chairs, triple size breakfast w/glass shelves, lights, fruitwood. Good condition. \$700 neg. (516) 354-7443. gJy5

TWO (2) FRIEDRICH WALL air conditioners. 6 years old. 9 & 14.2 BTU. Evenings, 742-1358. W-Jy-5

CHERRY ANTIQUE WHITE DR SET, with breakfast & misc. items. Wedding Gown with Headpiece. 741-5908. W-Jy-6

TOROSPEED LAWNMOWER, 21 inch, rear bag mower. Excellent condition. \$100. Call 747-7159. W-Jy-6

SOLID CHERRY DINING ROOM set, \$1,500. Miscellaneous furniture. Best offer. 747-6631. gJy3

SMITH CORONA STAN- DARD Typewriter \$25, Electric hedge trimmer nearly new \$20, Garrard 3 speed record changer in carry case, needs adjustment \$10, new dishes set 20 pcs, unopened carton \$8, ladies handbags, new \$10 each, binoculars in case, good, 7 x 35, \$25. Call 747-4774. gJy3

GARDEN CITY MOVING - "New" White Westinghouse front load washer, stack up dryer, John Stuart executive walnut desk 30" x 66", Herndon English 3 tier trolley server, campaigne bunk beds, cabinet w/hutch, book stack, round dinette set, bar cabinet, Chippendale mirror, pair Stiffel lamps, chandeliers, brass fireplace set, various lamps, various area rugs, A/Cs, Tunturi rower, window shutter panels, upright piano & microwave. 742-8447. gJy4

AIR CONDITIONERS (4) GE Window, 5500, 6450, 7300, 8300 BTU. One Carrier wall 18000 BTU. Very good condition. Purchased central air. Best offer. 334-2226. gAg1

For Sale

MOVING - HABITAT BOYS Pine - blonde bedroom furniture. 2 beds, night table, hutch & dresser \$350. (516) 742-2952. gJy3

SOLID CHERRY CABINETS, over 108 upper/lower custom, raised panel, pewter hardware. 5 blade Casablanca fan computerized/light 2 Andersen 28" x 48" casement windows/screens. 5' Almond cabinet/pewter hardware. All appliances. 248-9822. gJy3

DINING ROOM SET, Colonial w/2 Captain's chairs and 4 side chairs plus pine hutch. \$600. 873-0338. gJy5

SUZUKI OUTBOARD MOTOR, 6 horse power, long shaft with gas tank. Used less than 6 hours. Excellent \$650. 747-2984. gAg1

BEAUTIFUL FIELDSTONE FAUX Fireplace with logs, 63" long, 52" high, \$300; White French curio 72" high, 30" wide, \$300. Dark Oak Curio/China closet, 77" high, 38" wide. \$400. All mint condition. 354-5288. W-Jy-4

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VENDORS WANTED FOR Crafts Fair to be held at St. Joseph's School, Garden City on Sat., Oct. 23. For further information call 741-3427, 742-8556 or 741-5976. gcAu4

LINEN & TOWEL SALE

-Notre Dame Parent's Association will be sponsoring a Gigantic Linen & Towel Sale from July 29th thru August 1st, in the school auditorium located on New Hyde Park Road & Evans St. Doors open at 10 AM. New merchandise at low prices. Please don't miss it! WJy4

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Train, Toy & Doll Show. Miniatures and craft extravaganzas. Baseball memorabilia. Sun., Aug. 8. Free parking. St. Vincent De Paul Auditorium. 2 floors fun and bargains. 1510 De Paul St., 20 a.m.-4 p.m. Buy sell, trade. Breakfast, Lunch. Admission \$5. Sr. Citizens \$3. Early admission (9 a.m.) \$8 per person. Children under 12 free with parents. 200 dealers. Info. call 352-2127 or 486-6658. gcAg1

Garage/Tag Sale

Garage Sale Fri. July 23 & Sat. July 24, from 10-4, 152 Lincoln St. Garden City, 1 block east of New Hyde Park Rd. off Stewart Ave. Clothing, Household items, games, something for everyone hAg1

GARAGE SALE SAT., July 17, 9-2, 99 Somerset Ave., Garden City (off Nassau Blvd.) gJy3

STEWART MANOR, JULY 16-17, 9 a.m.-4 p.m. Household items, luggage, furniture, records, lots more. 60 Salisbury Avenue, off New Hyde Park Road. gJy3

TAG SALE, GARDEN CITY Settling estate. Must sell entire contents of stately old home. Antique furniture, oriental rugs, classic mahogany dining room, big old oak roll top desk, chaise lounge, French and other bedrooms, silver coffee service, interesting old bric-a-brac, pool table, many books, linens and much miscellaneous. Please join us at 160 Whitehall Blvd. (off Stewart Ave. West), Friday and Saturday, July 16 and 17, 9 a.m. - 2 p.m. gJy3

GRANDPARENTS - Send in your grandchildren's photos and enter our "World's Most Beautiful Grandchildren" contest. Just send a photo and a brief description of the child (or children) along with your name and address to: *Litmor Publications, Beautiful Grandchildren Contest, 81 East Barclay St., Hicksville, N.Y. 11801.* We'll do the rest!

Garage/Tag Sale

SATURDAY, JULY 17, 9-4, 144 Wellington Rd. South, Garden City South. 1 sofa, 1 sofa bed, computer desk, bike, skates, toys, clothes, etc. gJy3

TWO FAMILY GARAGE SALE, July 17, 8:30 - 3:00 PM

Absolutely No Previews. 149 Oxford Blvd (East of Nassau Blvd, north of Stewart Ave.) Portable bar, large dog cage, many new items, samples, crafts, tools, books, furniture, antique spinning wheel & clothes mangle, housewares, vertical blinds & valance, baby items. Rain or shine. gJy3

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PRAYER TO THE BLESSED VIRGIN (Never known to fail), Oh, most beautiful flower of Mt. Carmel, fruitful vine splendor of Heaven, Blessed Mother of the Son of God, Immaculate Virgin, assist me in my necessity. Oh, Star of the Sea, help me and show me, herein you are my mother, Oh, Holy Mary, Mother of God, Queen of Heaven and Earth! I humbly beseech you from the bottom of my heart to succor me in this necessity. There are none that can withstand your power. Oh, show me herein you are my mother. Oh, Mary conceived without sin, pray for us who have recourse to thee (3X). Holy Spirit, you who solve all problems, light all roads so that I can attain my goal. You who gave me the Jovine gift to forgive and forget all evil against me and that in all instances in my life you are with me, I want in this short prayer to thank you for all things as you confirm once again that I never want to be separated from you in eternal glory. Thank you for your mercy toward me and mine. The person must say this prayer 3 consecutive days. After 3 days, the request will be granted. This prayer must be published after the favor is granted. M.B. gJy3

GLORIOUS APOSTLE AND MARTYR ST. JUDE, helper of the helpless, the sick, the impossible and worker of miracles, pray for us who beg you for your intercession. Thank You. H.G. hJy2

NOVENA TO ST. JUDE Oh Holy St. Jude, Apostle and Martyr, great in virtue and rich in miracles, near kinsman of Jesus Christ, faithful and intercessor of all who invoke your special patronage in time of need, to you I have recourse from the depths of my heart and humbly beg to whom God has given such great power to come to my assistance. Help me in my present and urgent petition. In return I promise to make your name known and cause you to be invoked St. Jude, pray for us all who invoke your aid. Amen. Say 3 Our Fathers, 3 Hail Marys, 3 Glorias. Say for 9 consecutive days. Publication must be promised. This novena has never been known to fail. Thank you for answering my prayers. V.J.S. WJy3

MAY THE SACRED HEART OF Jesus be adored, glorified, loved and preserved throughout the world, now and forever. Sacred Heart of Jesus pray for us. St. Jude worker of miracles pray for us. St. Jude helper of the hopeless pray for us. Say this prayer 9 times a day for 9 days; by the 8th day your prayers will be answered; it has never been known to fail. Publication must be promised. Thank you St. Jude. H.G. hJy3



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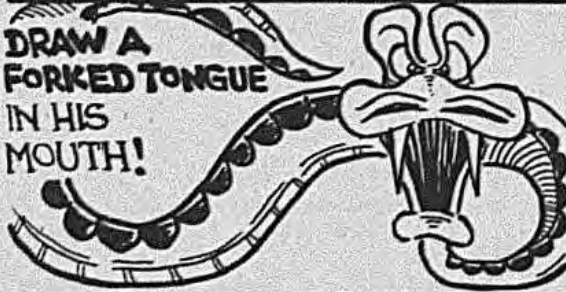


Games, rhymes, and riddles for children and their parents, too!

By J.R. Rose -

DRAW IT!

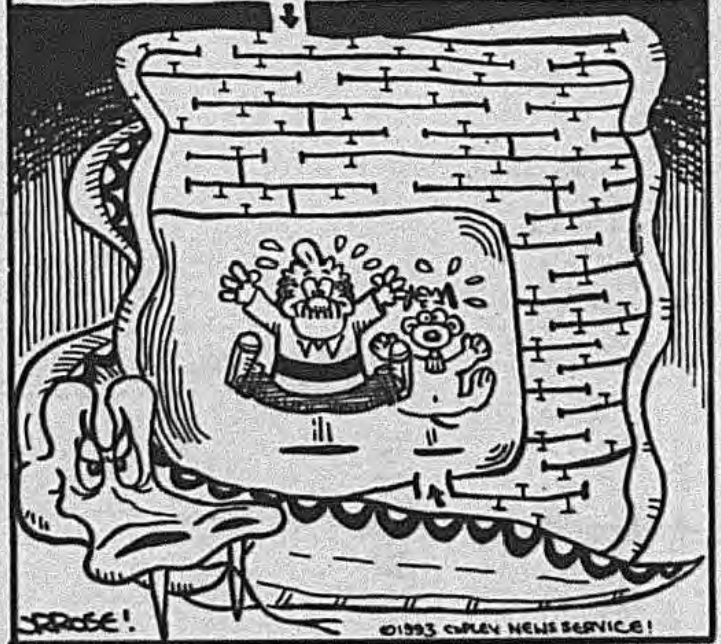
DRAW A FORKED TONGUE IN HIS MOUTH!



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FIND 5 OTHER THINGS THAT
START WITH 'S'!**



WRITE US!

IF YOU HAVE ANY FUN GAMES OR JOKES SEND THEM TO : PUP

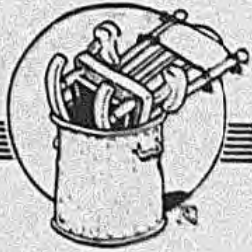
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**WHAT KIND OF SHOES DO
SNAKES WEAR?**



PUP THANKS KEVIN PAXTON OF SILVER LAKE, IN.

ANTIQU OR JUNQUE



By Anne McCollam

Q. My Prosit stein in the enclosed picture belonged to a relative of Italian descent, now deceased. No further details are known about it, except that it has been in my family for many years.

The following markings are on the bottom: "Germany — Geselzlich — Geschutzt." The lid appears to be pewter.

Any information will be appreciated.



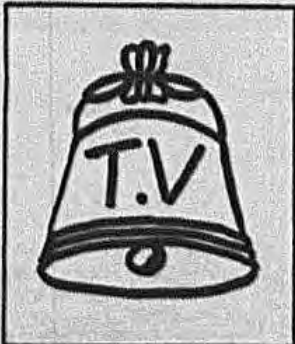
A. Your stein was made in Germany in the early 1900s. Geselzlich and Geschutzt mean the design is protected from being copied by other manufacturers.

The word Prosit means "Here's to you," or "To your health."

This stein would be worth about \$165 to \$185.

Q. The enclosed mark is on the bottom of my porcelain cake plate. It is 11 inches in diameter, has a gold scalloped rim and a gold medallion against a white background.

Could you tell me where it was made, by whom, and its value?



A. Fine porcelain has been made in Limoges, France, for over a century by numerous factories. One of the most frequently found marks is

'Prosit!'

"T&V," which is Tressemanes & Vogt, a New York importer.

Your cake plate was made for Tressemanes & Vogt between 1891 and 1907. It might sell for about \$65 to \$75.

Q. Anything you could tell me about figurines made in occupied Japan would be greatly appreciated. I have collected quite a few over the years, bought mostly at yard sales.

Are they of any value, or worthless? Why are they stamped "Occupied Japan" instead of just "Japan" as most are?

A. From the end of World War II until April 28, 1952, Japan was occupied by U.S. armed forces.

The Japanese pottery industry marked many of their pieces "Occupied Japan" or "Made in Occupied Japan."

In general, prices of figurines range from \$15 to \$65.

Q. I have a powder box and hair receiver. I thought they were celluloid, but on the bottom of both are the words "Ivory — Py Ra Lin."

The powder box is very light weight. The hair receiver is quite heavy, and even though it is ivory in color, it is a much more yellow ivory than the powder box.

Can you give me approximate dates and an evaluation?

A. Sometimes manufacturers will go to great lengths to fool the public. Your powder box and hair receiver were not made of ivory.

They were labeled "Ivory" because of the color. Pyralin is a plastic. These items are plastic and were manufactured in the early 20th century.

Each piece is worth about \$35 to \$45.

Q. I have a small plate 8 inches in diameter.

It is trimmed around the edge in gold, and decorated with small blue and white flowers.

On the back is marked "Sevres" and "Bavaria" and a shield with the word "Thomas" in it.

I am really interested in the history and value.

A. Sevres is the name of the pattern of your plate. It does not refer to the much-sought-after porcelain made in the town of Sevres, France.

Your plate was made by the F. Thomas Porcelain Factory in Marktredwitz, Bavaria, Germany, in the early 20th century.

The value would probably be about \$10 to \$15.

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Points on Pets

By R.G. Elmore, D.V.M.

Q. Our veterinarian recommended that we brush our dog's teeth! I have owned dogs for years and have never brushed any dog's teeth. Is this really necessary? Do dogs have more teeth and gum problems today than several years ago? It seems like veterinarians are pushing dental care more now than ever before.

A. The greater interest in dental care is probably due to a greater awareness of dental problems and to the greater number of older pets today. Because of other advancements in veterinary medicine, pets are living long enough now to develop dental problems.

The diets of our pets have changed considerably over the years. The wild ancestors of dogs and cats avoided plaque buildup by chewing on rough food and bones. Most dogs and cats today do not eat the same rough materials.

Prevention is the best method to be sure your dogs will always have healthy teeth. Each of your dogs' mouths should be examined by a veterinarian at least once per year. Dogs with serious plaque

problems should have their teeth cleaned. This usually requires that the dog be anesthetized.

The teeth of most dogs can be brushed routinely with a toothbrush without much hassle. Your veterinarian can supply you with an appropriate dog toothpaste and brush. Flossing is usually not necessary because most dogs have widely spaced teeth. Your veterinarian can give you specific advice regarding the care of your animals' teeth.



Aunt Tilly's Corner

We have had no let up from the hot weather and humidity in over a week. What are you doing to keep cool? Some people have air conditioners in their homes and cars, but many do not.

The best thing to do is plan quiet activities for the midday when the heat is worst. Stay out of the sun. If you want to go outside, don't forget to put on plenty of sunscreen.

Best of all jump into a pool, drink cool drinks and eat lots of ice cream!

Your Friend,
Aunt Tilly

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Here is your chance to win One Dollar (\$1.00) - to spend or to save.

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1. Contest is open to children 4 to 12 years of age.
2. Entries must be received by Friday, July 23, 1993.

3. Paint, watercolors and crayons must be used on the above.

4. Decisions of the judges will be final.

Mail your entry (just clip our cartoon) to this newspaper at:
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YOUR SOCIAL SECURITY

Am I fully insured for retirement benefits?

By William M. Acosta

Q. A co-worker asked me if I was "fully insured" for Social Security retirement benefits, but I wasn't sure how to answer him. How can I find out if I am fully insured?

A. I am currently 35 years old. — S.T.

A. You are fully insured for Social Security retirement benefits when you have earned credits for a certain amount of work under Social Security.

To attain fully insured status for retirement benefits, 1 credit is required for each year since 1950, up to a maximum of 40 credits.

For individuals retiring in 1991, and later, they will need 40 credits, or 10 years, of work to have fully insured status.

Q. My husband decided to work past the normal retirement age of 65. He has a health insurance plan where he works, and is also enrolled in Medicare.

I recently turned 65 and have enrolled in Medicare as his spouse. It now appears that I will need surgery within the next few months.

Will Medicare help pay for some of my medical expenses while I'm hospitalized, or will I have to rely totally on what his company medical benefits pay? — R.W.

A. If you are covered under the group health plan of your husband's employer, the regulations state that Medicare cannot pay for services covered under the group plan.

The group health plan must pay its benefits first and Medicare may then help pay for services that the group plan does not cover, or which it does not pay in full.

Q. They have just told me that I will be able to get Supplemental Security Income (SSI) checks. What other assistance can I get to help me with my living expenses? — H.R.

A. To help you with your living expenses, you may want to apply for food stamps if you have not already done so.

In addition, if you are not eligible for participation in the Medicare health insurance program, you may want to consider Medicaid.

In many states, if you are eligible for SSI, you also are eligible for Medicaid. The local medical assistance office can tell you about eligibility for that program.

You also may be eligible to receive social services from your state or county. Contact your local social services department, or public welfare office, for details about that.

Most Beautiful Grandchildren



Jessica Lynn, who was four years old in December, and her brother, 6½ months old William James (Billy) Harrison are the fun-loving children of Mary and Bill Harrison of Franklin Square.

The proud grandmothers are Vera Harrison of Garden City and Peggy Harrison of Valley Stream.



Meet Alexandrea Tringali, born February 28. She is the beautiful granddaughter of Joe and Coralee Smith, and Roy and Gail Tringali of Hicksville. Her happy parents are Pam and Jim Tringali of Patchogue.



The Summer 1993 Long Island Catholic Bride & Groom

Marriage
preparation studied

— page 3

Program schedules
begin on

— page 4

Communication is
key to marriage

— page 10

Special procedures
for teen marriages

— page 11

Special procedures for interfaith marriages

Rockville Centre — When a Catholic plans to marry a non-Catholic, certain special procedures must be followed.

When the couple first contacts the Catholic's parish priest, diocesan guidelines suggest the priest must first, as with any planned marriage, determine that

both parties are free to marry, and inform the couple about requirements for marriage preparation. In the case of a "mixed" marriage, the couple should also be informed that the Catholic party will have to make certain promises in order for the Catholic marriage to take

place.

These promises involve the Catholic's own determination to continue to practice the Catholic faith and to do all in his power to have all the children of the marriage baptized and raised in the Catholic Church. The non-Catholic party does not have to make any such promises but does have to be informed that the Catholic has made them. If the Catholic party is not practicing the Catholic faith, the parish priest must make a pastoral judgment and may want to have more extended conversations with the couple before the marriage preparations go forward.

Once the priest has informed the couple of what's involved and has obtained the promises of the Catholic party, a petition for a dispensation is sent to the diocesan chancellor's office. The petition must be signed by the priest recommending the dispensation and by the Catholic person requesting it. Other dispensations may also be required, depending on the type of wedding the couple desires; they must be requested well in advance — at least several months before the wedding.

The normal form for a Catholic marriage is that it be celebrated in a Catholic church in the presence of a priest or deacon and two official witnesses. This is required for the marriage of two Catholics.

The wedding of a Catholic and a non-Catholic Christian may take place in the

parish church of either party. Only a Catholic priest can officiate at a wedding in a Catholic church, but a non-Catholic minister may be invited to be present and to offer additional prayers or blessings or read from Scripture. With special permission, a Catholic priest may officiate at a marriage celebrated in a non-Catholic church, although from an ecumenical point of view it may be better for the minister of the church to be the officiant. A Catholic priest may be present as an assisting minister and a representative of the Catholic Church at such a wedding.

It is not possible to have two marriage ceremonies, for example, one in a Catholic church and one in a Protestant church. Nor is it allowed to have one ceremony which incorporates two rituals or at which two clergy jointly officiate.

At the marriage of a Catholic and a Jew, the Catholic's parish church is the usual place for the wedding ceremony, according to diocesan statistics. If problems arise because Jewish family members are reluctant to enter a Catholic church or a rabbi won't permit an interfaith wedding in a synagogue, compromises have been worked out such as the use of a non-denominational chapel. Having the marriage ceremony at a catering facility is discouraged and is allowed only as a very last resort.

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Marriage preparation a chance to evangelize

By Pete Sheehan

Rockville Centre — The Sacrament of Matrimony joins two people together, but also offers an opportunity to bring people closer to the Church.

"Many who come to be married in the Church are not active in the Church," Msgr. Daniel Hurley, a member of the Diocesan Senate of Priests and its sacramental practice committee, told The Long Island Catholic.

Marriage preparation presents "a key opportunity for evangelization, for letting people know the Church is there for them," Msgr. Hurley, pastor of St. Raphael's Church, East Meadow, said.

As a result, the Senate of Priests has recommended to Msgr. James Lisante, director of the Diocesan Office of Family Ministry, a refocusing of diocesan marriage preparation toward more small group, parish-based programs.

"We're trying to capitalize on opportunities to reach people," Msgr. Hurley said. "A positive experience of marriage preparation will also be a positive experience of Church."

The recommended shift in focus would occur over five years, according to Father Francis Schneider, diocesan vice-chancellor and a member of the sacramental practice committee.

Msgr. Lisante told TLIC that "we're all in agreement that there is a need to make marriage preparation even better," but expressed caution about the feasibility of the proposed change in focus.

ity of the proposed change in focus.

Criteria

The recommendation followed a study of the different types of marriage preparation done in the diocese, which include large group sessions over three nights, one all-day session, small group in-home sessions, Engaged Encounter weekends and interfaith marriage programs. (See pages 4, 5, 6, 8)

In their study, the committee gathered information by meeting with Deacon Ray Micucci, coordinator of marriage preparation for the family ministry office.

"We also identified four criteria for marriage preparation," Father Schneider said.

One criterion is that "like to like or peer ministry" works best. Father Schneider said, so that programs where married couples meet with individual engaged couples would be preferred to lectures by experts.

Another criterion is that the program be parish-based, to better involve couples in parish life. "even though we found that Engaged Encounter," a non-parish program based on Marriage Encounter, "is a worthwhile experience as well."

Third, "because marriage is a lifelong process," Father Schneider said, marriage preparation should take place over a period of time so it can work as a process.

Also, Church moral teaching "must be clearly and positively presented," Father Schneider said.

"Some of these programs have the ingredients more explicitly than others," Msgr. Hurley said.

For example, Deacon Micucci said, the large gathering, either for three even-

ings or one day, does not allow for the easy development of a process or for much evangelization. "It's very difficult

(Continued on Page 8)

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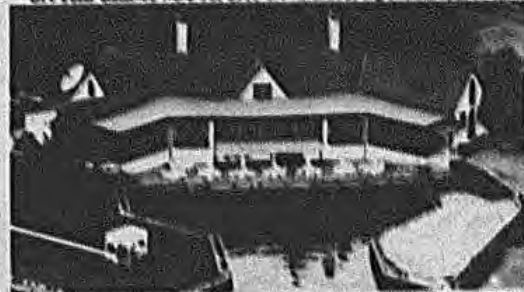
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Information about marriage preparation

1993-1994

Important Registration Information
Registration is by mail only. All couples **MUST BE REGISTERED AND**

CONFIRMED BY THIS OFFICE in order to attend any Pre-Cana or Engaged Encounter weekend. Please have couples register well in advance of their wedding

so they may obtain a date convenient for them. **MOST SESSIONS NEED AT LEAST A SIX MONTH IN ADVANCE REGISTRATION.** There are many types of marriage preparation offered through the diocese. Choose one:

until Sunday afternoon. Meals and boarding are provided. See inside for dates and information.

Interfaith Pre-Cana: dates to be announced

One Day Pre-Cana: See inside for dates and information.

Pre-Cana for the Hearing Impaired: Contact S. Joan Mary Finn at 678-5800 ext. 205.

Pre-Cana for Disabled Persons: Contact S. Sally Ryan 678-5800 ext. 540.

Spanish Pre-Cana: offered as needed. Contact Spanish Apostolate 678-5800 ext. 556.

COST PER COUPLE: Pre-Cana \$85; 1-Day \$150; Engaged Encounter \$250. Checks are payable to PRE-CANA or ENGAGED ENCOUNTER.

MAIL TO: Send stamped self-addressed envelope and registration form with proper amount to Pre-Cana, 50 North Park Ave., Rockville Centre, NY 11570.

REFUNDS: (1) There is a cancellation fee of \$25 once we have processed your form & check prior to a week before your confirmed marriage preparation date.

(2) There will be *no refund of any kind* if you cancel at any time the week before your confirmed marriage preparation date.

REGISTRATION FORM:

GROOM _____ AGE _____
 ADDRESS _____
 TOWN _____ ZIP _____
 PHONE: HOME _____ WORK _____
 WED DATE _____ RELIGION _____
 BRIDE _____ AGE _____
 ADDRESS _____
 TOWN _____ ZIP _____
 PHONE: HOME _____ WORK _____
 RELIGION _____
 Ref. by Fr. _____
 CHOICE #1: _____
 CHOICE #2: _____
 CHOICE #3: _____

Parish in-home Pre-Cana: multiple weekly session. Contact your home parish.

Diocesan Pre-Cana: 1 night a week for 3 weeks. See inside for dates and information.

Engaged Encounter Weekend: A weekend retreat held in a retreat house on Long Island. Friday evening at 8 PM

What different programs are like

What is an engaged encounter?

This is a weekend where an atmosphere is created in which each couple can concentrate exclusively on one another free of tensions, pressures and interruptions of the world. It is a quiet weekend specifically designed to give the couples an opportunity to dialogue honestly and intensively about their prospective lives together... their strengths, weaknesses, goals, desires, ambitions, their attitudes about sex, money, children, family; their role in the Church and society in a face-to-face way.

Through a series of ideas presented by a team of married couples and a priest, the couples are stimulated to dialogue privately with each other on all aspects of married life — always from the viewpoint of their own relationship. Personal reflection and couple dialogue are the main thrust of the weekend, with communal meals and liturgy providing group participation.

The weekend begins at 7:45 p.m., Friday, and ends with Mass on Sunday afternoon about 3:00 p.m.

What is diocesan Pre-Cana?

During this three-session program, teams of married couples and a priest will encourage the engaged couples to explore their mutual strengths and weaknesses, goals, aspirations and attitudes concerning the vocation of marriage including communication, family life, children, sexuality, finances, the Church and society. The couples are invited to become involved in a period of discovery and to communicate privately and as a group their ideas, thoughts and feelings in planning their lives.

1993-1994

Engaged Encounter Weekends
(These dates are subject to change.)

- Sept. 10-12 — Glen Cove
- Sept. 17-19 — Douglaston
- Oct. 8-10 — Glen Cove
- Oct. 22-24 — Glen Cove
- Nov. 12-14 — Glen Cove
- Nov. 19-21 — Douglaston
- 1994
- Jan. 7-9 — Glen Cove

(Continued on Page 8)



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Programs scheduled throughout diocese

1993-1994

THREE-SESSION PRE-CANAS SCHEDULE

(These dates are subject to change.)
Sun. Sept. 12, 19, 26, 1993, 6:00-9:00 p.m., St. Joseph Church basement, 45 Church St., Ronkonkoma.

Sun. Sept. 19, 26 & Oct. 3, 6:30-9:30 p.m., St. Dominic (Lower Church), 96 Anstice St., Oyster Bay.

Fri. Oct. 15, 22, 29, 7:30-10:30 p.m., Holy Spirit, 500 Jericho Turnpike, New Hyde Park.

Sun. Oct. 17, 24, 31, 6:00-9:00 p.m., St. Louis de Montfort, New York Avenue, Sound Beach.

Mon. Oct. 18, 25 & Nov. 1, 7:30-10:30 p.m. SS. Cyril & Methodius Parish Auditorium, 125 Half Hollow Road, Deer Park.

Fri. Nov. 5, 12, 19, 7:30-10:30 p.m., St. Thomas the Apostle Auditorium, 24 Westminster Rd., W. Hempstead.

Tues. Nov. 9, 16, 23, 7:30-10:30 p.m., St. William the Abbot, 2000 Jackson Ave., Seaford.

1994

Wed. Jan. 5, 12, 19, 7:30-10:30 p.m., Our Lady Queen of Martyrs, Prospect & Mill Dam Rds., Centerport

Fri. Jan. 28, Feb. 4 & 11, 7:30-10:30 p.m., Christ the King, Indian Head Road, Commack.

Tues., Feb. 8, 15, 22, 7:30-10:30 p.m., St. Agnes, Msgr. Melton Bldg., 29 Quealy Place, Rockville Centre.

Mon. Feb. 28, Mar. 7 & 14, 7:30-10:30 p.m., Assumption of the Blessed Virgin Mary, 20 Chestnut St., Centereach.

Tues., Mar. 15, 22, 29, 7:30-10:30 p.m., Our Lady of Lourdes, 65 Wright Ave., Malverne

Thurs. Apr. 14, 21, 28, 7:30-10:30 p.m., Sacred Heart, 1921 Old Mill Rd., North Merrick.

Fri., Apr. 15, 22, 29, 7:30-10:30 p.m., Holy Spirit Parish, 500 Jericho Turnpike, New Hyde Park.

Tues. May 3, 10, 17, 7:30-10:30 p.m., St. Raymond School Cafeteria, 263 Atlantic Ave., East Rockaway.

Thurs. June 2, 9, 16, 7:30-10:30 p.m., St. Peter of Alcantara cafeteria, 1327 Pt. Washington Blvd., Port Washington.

Mon. June 6, 13, 20, 7:30-10:30 p.m., St. Patrick - Canning Hall, 280 East Main St., Smithtown.

Tues. June 7, 14, 21, 7:30-10:30 p.m., Our Lady of Peace school cafeteria, 25 Fowler Ave., Lynbrook.

Wed. June 8, 15, 22, 7:30-10:30 p.m., Holy Family, 5 Fordham Ave., Hicksville.

Thurs. July 7, 14, 21, 7:30-10:30 p.m., St. Catherine of Siena, school auditorium, 33 New Hyde Park Road, Franklin Square.

Sun. Aug. 7, 14, 21, 7:00-10:00 p.m., St. Gerard Majella Parish Center, 65 Nadine Lane, Terryville.

Sun. Sept. 11, 18, 25, 6:00-9:00 p.m., St. Joseph, 45 Church St., Ronkonkoma.

Sun. Sept. 18, 25 & Oct. 2, 6:30-9:30 p.m., St. Dominic (lower church), 96 Anstice St., Oyster Bay.

Fri. Oct. 14, 21, 28, 7:30-10:30 p.m., Holy Spirit, 500 Jericho Turnpike, New Hyde Park.

Thurs. Nov. 3, 10, 17, 7:30-10:30

p.m., St. William the Abbot, 2000 Jackson Ave., Seaford.

ONE-DAY PRE-CANAS

(These dates are subject to change.)
(All one day Pre-Canas are on a Saturday from 8:30 a.m.-4:30 p.m.)

September 11, 1993, Our Lady of Lourdes, 255 Carmens Rd., Massapequa Park.

September 18, 1993, St. Louis de Montfort, New York Ave., Sound Beach.

September 25, 1993, Our Lady of Lourdes, 255 Carmens Rd., Massapequa Park.

October 9, 1993, Our Lady of Lour-

des, 255 Carmens Rd., Massapequa Park.

October 16, 1993, St. Aidan, 505 Willis Ave., Williston Park.

October 23, 1993, Our Lady of Lourdes, 255 Carmens Rd., Massapequa Park.

October 23, 1993, St. Elizabeth Ann Seton, 310 Cenacle Road, Lake Ronkonkoma.

November 13, 1993, St. Louis de Montfort, New York Ave., Sound Beach.

1994

January 15, 1994, St. Elizabeth Ann Seton, 310 Cenacle Road, Lake Ronkonkoma.

(Continued on Page 6)

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How to sew that perfect wedding dress

(AP) — You want your own one-of-a-kind gown. Or perhaps the prices of ready-made dresses are daunting. Either way, if you sew you can achieve the bridal dress you want without compromises.

About 40 percent of all wedding fashions are sewn at home or by a dressmaker, the Sewing Fashion Council estimates.

The home sewer can bring her own design fantasies to reality, and she can control costs by selecting her own fabrics and findings. Pattern companies are helping with basic designs meant to be individually varied or embellished for finished gowns that are unique to the wearer.

Simplicity's "Design Your Own Bri-

dal Gown" pattern (7429) is a floor-length dress that can be made with or without a train, has a fitted bodice with three neckline options, three sleeve styles and four waist treatments.

Instructions on how to apply trims such as lace, iridescent sequin braid, motifs and appliques are included, along with tips about fitting.

Three dresses by bridal designer Alicyn Wright are offered as patterns by McCall's.

One is a slender sheath (5758) with a triangular or heart-shaped back cut-out which can be draped with strands of pearls or other decorations. It has a back bow over a detachable train. Another gown (5746) has a funnel collar combined with a sweetheart neckline over a dropped-waist bodice with princess

seaming. The pattern comes with a choice of long, short, or leg-o-mutton sleeves. There is an optional keyhole opening at the back of the bodice and a choice of two skirt lengths. A third design (5804) evokes an antebellum period with a princess-seamed bodice with a dropped waist with ruffles or lace lavished on the sleeves, full skirt, back peplum and bustle.

The patterns include tips about working with bridal lace, trims, appliques and beadwork.

Tips and a timetable for ordering materials and making dresses are included in "Wedding Belles," a booklet from the Sewing Fashion Council. For a copy, send \$1 to Dorf & Stanton Communications, 111 Fifth Ave., New York, NY 10003.



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Marriage preparation program listing


(Continued from Page 5)

- | | |
|--|--|
| Ronkonkoma.
January 22, 1994, Corpus Christi, 155 Garfield Ave., Mineola. | May 28, 1994, St. Joseph, 1346 Broadway, Hewlett. |
| February 12, 1994, St. Louis de Montfort, New York Ave., Sound Beach. | July 16, 1994, Our Lady of Lourdes, 455 Hunter Ave., West Islip. |
| March 5, 1994, Ss. Philip & James, 454 No. Country Road, St. James. | July 30, 1994, Our Lady of Lourdes, 455 Hunter Ave., West Islip. |
| March 26, 1994, St. Joseph, 1346 Broadway, Hewlett. | August 20, 1994, Our Lady of Lourdes, 455 Hunter Ave., West Islip. |
| April 16, 1994, St. Aidan, 505 Willis Ave., Williston Park. | September 17, 1994, Ss. Philip & James, 454 No. Country Road, St. James. |
| April 16, 1994, St. Louis de Montfort, New York Ave., Sound Beach. | October 8, 1994, St. Joseph, 1346 Broadway, Hewlett. |
| April 23, 1994, St. Elizabeth Ann Seton, 310 Cenacle Rd., Lake Ronkonkoma. | October 15, 1994, St. Aidan, 505 Willis Ave., Williston Park. |
| May 14, 1994, Corpus Christi, 155 Garfield Ave., Mineola. | November 19, 1994, Ss. Philip & James, 454 No. Country Road, St. James. |


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Households headed by married couples decline

Washington (AP) — The married couple, living together, remains typical of American households, but that traditional way of organizing lives continues to decline in the '90s.

New government information shows 55 percent of America's households were headed by married couples last year,

down from 56 percent two years earlier.

The traditional American family has been on the skids for more than half a century. In 1940, nine American households in 10 were married-couple families. Last year, slightly more than half fit that description.

"I don't think the words, 'Till death

do us part,' mean the same in 1993 as they did in 1943 or in 1913. Then they meant, 'I'll stand this relationship even if it kills me,'" said Dan Byrne, deputy director of the House of Ruth, a non-profit social service organization that assists women and children.

The Census Bureau, in a report issued Wednesday, said there are 95.7 million households in the United States, 2.3 million more than in 1990.

Single-parent families accounted for nearly a third of that growth. About one household in 10 was headed by a single parent.

One household in four was someone living alone. Altogether, 24 million Americans live by themselves.

Among America's racial and ethnic groups, black households were least likely to be headed by married couples. Fifty-three percent were households headed by single men and women.

Married couples accounted for 82 percent of white households and 79 percent of Asian-Pacific Islander households.

Among Hispanics, 68 percent of households were married couples. Hispanics are an ethnic group and can be of any race.

Some other facts about American households in 1992:

— Average size: 2.62 people, unchanged since 1990, down from 2.76 in 1980 and 3.14 in 1970.

— Most common size: Two people — 30.7 million households.

— Number of seven-person households: 1.3 million, about one in 100.

— Average age of the head of the household: 45 years, eight months.

— Households headed by senior citizens: 20.9 million, 765,000 more than in 1990.

— Households headed by persons under 30: 13.7 million, 875,000 fewer than in 1990.



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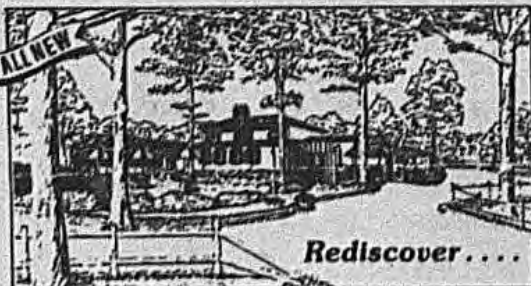
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Chance to evangelize

(Continued from Page 3)

to evangelize in the space of time you have," he said.

The committee has called for an emphasis on more parish-based, small group, peer ministry, such as in-home programs, where married couples meet with a group of engaged couples over several weeks to discuss their experiences of married life.

Concerns about small groups

While agreeing that small group, in-home programs seem attractive, Msgr. Lisante said, he offered caution about the feasibility of such an emphasis.

"Everybody has great ideas about how to improve marriage preparation," Msgr. Lisante said, but the difficulty is "how to bring forth the people to make these ideas work."

Many programs are already "finding it impossible to get new people," Msgr. Lisante said, resulting in burnout for long-time volunteers.

An additional concern with parish-based in-home small groups, Msgr. Lisante said, "is what is going on in these homes."

"I have gotten complaints over the years that some group leaders do not support Church teaching," such as "Humanae Vitae," Pope Paul VI's 1968

encyclical which re-affirmed Church teaching against artificial contraception, Msgr. Lisante said.

Msgr. Lisante said he is able to ensure that speakers in the larger gatherings express support for Church teaching.

When his office trains volunteers for the in-home programs, Msgr. Lisante said, participants are told that they are expected to reflect Church teaching against contraception.

"Each time, there has always been someone who has come forth to say that they could not in conscience support 'Humanae Vitae,'" and they drop out. "I respect their honesty."

Msgr. Lisante's concern includes not only "Humanae Vitae," but also other Church teachings such as those on abortion and divorce.

Father Schneider said that Msgr. Lisante's concerns could be addressed as the consultation continues.

For example, Father Schneider said, some priests have suggested that videos explaining Church teaching could be shown to in-home groups for discussion to ensure orthodox presentation.

In addition, "support systems could be set up" for volunteers, Father Schneider suggested, so they would be less vulnerable to burnout.

Engaged Encounter

(Continued from Page 4)

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Experienced couples call communication key

Oxford, Ohio (AP) — Newlyweds, listen to the voice of experience. Fifty couples who have been married 50 years or longer say the single most important ingredient for a lasting marriage is communication.

"Some of them said they never go to bed mad at each other, but work it out," says Dr. Tim Brubaker, director of Miami University's family and child studies center, who conducted the survey of couples married from 50 to 72 years to find out what made their marriages last.

He points out that only one in five marriages survives death or divorce to reach the 50-year mark.

All couples surveyed rate their marriages as satisfying. They view marriage as a lifelong commitment and think divorce is the last possible solution to problems.

"But they didn't present a picture of a carefree half-century together," says

Dr. Brubaker. "They said you have to work at marriage, and you can't expect everything to go well. Each of them talked about times when they had problems."

Most couples said their child-rearing years were the most difficult and the

retirement years most rewarding. Most said they thought couples should date for at least a year before marrying.

Dr. Brubaker says sharing by the couples included not only consulting with each other on major decisions but doing household chores.

"The people in this study provide good role models for anyone who wants a relationship to last," says Dr. Brubaker. "They're committed. They've established communication patterns that allow each partner to feel his or her viewpoint will be accepted and respected."

Wedding gift customs may differ

(AP) — In many cultures, the wedding is the occasion to garner the couple's first nest egg or to exchange symbolic gifts.

An old Italian custom is to cut up the groom's tie and auction the pieces to the guests.

A Swiss custom along the same lines has the bridesmaids "sell" colored handkerchiefs to the guests, the proceeds going to the bride and groom.

A German tradition is for the guests to break special plates provided for the

purpose. While the groom sweeps up the shards, guests buy dances with the bride.

A Japanese groom gives his bride a kimono to wear on a ceremonial visit to his parents' home on the third day of marriage.

The Jewish groom is expected to give his bride something of value. Usually it's an unadorned gold wedding band.

In the Philippines, the groom's family gives the couple old coins for prosperity.

Scottish grooms give the bride a silver teaspoon engraved with their initials and the wedding date.

The Amish give the couple a wedding quilt in the bridal or double wedding ring pattern.

French couples are given a two-handled cup known as the "coupe de mariage" in which to drink toasts.

Lithuanian parents serve the bride and groom a symbolic meal of wine for joy, bread for work and salt for tears.



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Special care taken in planning marriages involving teen-agers

Rockville Centre — The Diocese of Rockville Centre has a special policy for marriages in which one or both parties is under 19 at the time of the proposed marriage.

In such cases, only a tentative date can be set for the wedding until a special procedure is completed.

Each party is to be interviewed separately by the priest who is helping them arrange the marriage; the parents or guardians of each underage party are also interviewed.

The priest then forwards his summary of the interviews to the diocesan chancellor's office, along with his recommendation as to whether or not the marriage should be delayed, along with his reasons for making the recommendation.

Based on that information, the chancellor's office then makes a decision as to whether or not the marriage should be permitted, the couple referred for further counseling, or the marriage delayed for a time.

The same procedure is to be followed any time a priest feels there is an objective reason to delay a marriage.

Guidelines issued with this policy note that its purpose is not "to delay marriage or thwart the marriage plans of young

people," but rather to help the priest help the couple "weigh with the proper maturity the responsibilities of the Sacrament of Marriage" and to assure that the couple is prepared to celebrate their marriage in an atmosphere of faith.

Bridal Announcement

SCHRATWIESER — MOLINARO

Catherine Ann Schratwieser, daughter of Mr. and Mrs. Thomas Schratwieser of Huntington Station has become engaged to Luigi Molinaro, son of Mrs. Vincenza Molinaro and the late Mr. Pietro Molinaro of Huntington. Miss Schratwieser is a part-time teacher at the South Huntington school district's After School Child Care Program, while also working in the Comptroller's office at the Cold Spring Harbor Laboratory. Mr. Molinaro is an assistant manager with CVS Pharmacy in Baldwin, and has also served as a volunteer firefighter with the Huntington Fire Department since 1987. A January, 1994, wedding is planned at St. Hugh of Lincoln Church in Huntington Station.





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