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Conservatives Meet



Mid-Island Conservatives keep in close contact with town of Oyster Bay officials: at their April meeting, the Mid-Island Conservatives heard updates on local political and civic matters from both Councilman Tom Clark and Receiver of Taxes John O'Leary, as well as a Town Hall update from Danny Donovan. Pictured here is Councilman Tom Clark with Mid-Island Conservatives President Ralph Groves.

Peter Rabbit Visits



Peter Rabbit visited Old Country Road School and had everyone hopping. Everyone in Ms. Musynake's and Ms. Cottrell's classes, that is. After learning the best techniques from Peter, the students continued to hop to raise money for the Muscular Dystrophy Association. After learning they raised \$719, the students relaxed and enjoyed a snack of juice, carrots and popcorn.

Fork Lane Family Skate



Marc Chiusano, Jill Levy, Gina Simonelli, Kristina Noce and Aly Hupfer roll along at the school's Annual Family Skate Night.

Have Your Car Washed

Hicksville High School Student Government is sponsoring a car wash on Sat., May 22. All proceeds will go to the Cytosinosis Foundation. The car wash will take place in front of Hicksville High School from 10 a.m. to 3 p.m. The cost for cars is \$3, and vans and trucks are \$4.

Author's Celebration

The students in JoAnn DiFranco's twelfth grade English classes at Bethpage High School, shared children's books that they had written and illustrated with the third grade students in Victoria Nesnick's class at Central Boulevard Elementary School in Bethpage. What followed was months of communication between the students that involved the third graders critiquing the work of the older students. The six-month long project, which was initiated with the writing of the children's books, to the third graders writing letters and doing drawings about the books, culminated in an Author's Celebration party hosted by Mrs. Nesnick's class. The high school students, brought photographs of themselves with letters written to their third grade friends. Parents of the students in Mrs. Nesnick's class provided the celebration refreshments.

Writer's Club To Meet

The Writer's Club will meet on Saturday, May 22, from 2-4 p.m., at the Hicksville Public Library, 169 Jerusalem Avenue.

Dorothy P. Freda, fellow writer, and editor/publisher of the small press, *The Pink Chameleon*, will coordinate the meeting.

Come and join this informal, free gathering of writers, both seasoned and aspiring (you need not be published). Bring your work and present it for constructive criticism, or simply come and listen and offer feedback. Learn or improve your writer's art through feedback. Many of our members, past and present, have gone from aspiring writers to prolific published authors. Learn about new markets and manuscript availability. Also, Mrs. Freda is presently considering submissions from subscribers to Issue No. 8 of *The Pink Chameleon*.

Three Bd. Contests, Budget Vote May 19

Hicksville voters will go to the polls on Wednesday, May 19 to vote on a school budget for the next year, an appropriation for the Gregory Museum and three School Board members.

The School Budget approved by the School Board totals \$50,763,454, an increase of \$367,356, but it will bring a decrease in school taxes next year for the average homeowner. The decrease will be about \$1 per \$100 of assessed valuation for the homeowner. A small increase in assessed valuation in the district will bring about the estimated decrease in taxation. In addition to the School Budget, an appropriation of \$45,000 for the Gregory Museum will be on the ballot as Proposition Two.

In addition to the budget propositions races for three School Board seats are contested. The seat now held by Richard Pfander is being sought by Gary Lewis. The seat now being held by Arlene Rudin who is not a contender is being contested by Nancy Callari and Mary Carton. Carole Wolf is running for her position against Raymond Manzo.

Voting is at each of the schools in the District with polls open from 10 a.m. until 10 p.m.

National Library Read Aloud Week

The Fork Lane School celebrated National Library Week and the Great New York ReadAloud with a variety of exciting events. The week began with a school-wide pep rally celebrating books, literacy and libraries. It was followed with read-alouds by "district stars" Mr. Mugavero, Mrs. Pace, Mrs. Calder, Dr. Kremin, Mr. Staton, Mrs. Bernstein and Fork Lane alumni. Mrs. Scott's third grade class dramatized the book *The Great Kapok Tree*, by Lynne Cherry, to delighted audience of parents, students and teachers.

Wed. was designated "A Poem in Your Pocket Day," and each child kept a poem in their pocket and read it aloud upon request. The week culminated with a banquet of books as each class prepared food that related to a book they read. Among the foods served were pasta from *Strega Nonna* pasta pot, chocolate from *Willie Wonka's Chocolate Factory*, salad and crudite from the three *Billy Goats Gruff's Meadow*, delicacies from *Little Red Riding Hood's* basket, and frecklejuice. All agreed it was a delicious ending to an eventful week.

Eagle Scout



Nassau County Executive Thomas S. Gulotta, second from right, congratulated Eagle Scout Francis J. LaBarbera, third from right, a Bethpage resident, on behalf of his Court of Honor from Troop #170. The ceremony was held at the St. Edward's School.

Looking on were: Jack Keernan; Frank and Marie LaBarbera, Grandparents; Thomas and Anne LaBarbera, Parents; Mike Nicoll, Scoutmaster.

Letters

To the Editor:

On May 19 this district will be voting on a school budget and three seats on the school board. As there is no one controversial issue facing this district and the budget submitted is a no increase budget, it is likely that many eligible voters will feel that their vote is not important and they will not take the time to vote.

Voter apathy was responsible for the Hicksville School Board of years past - a board which was responsible for a huge tax increase and was so partisan that it was unable to act on the vital issues that faced this school district. In the last two elections, the voters of Hicksville have eliminated that stagnation and have building a school board that, for the most part, has been responsive to the needs and concerns of our parents, students and taxpayers. This year's election gives us the opportunity to replace the last vestiges of that old school board with trustees who will continue the recent progress that has been made and will meet the challenges ahead effectively.

Richard Pfaender, Nancy Callari and Raymond Manzo are all homeowners, taxpayers and parents of public school students. They are outstanding, involved, civic-minded members of the Hicksville community who, most importantly, have all volunteered many hours of their valuable time to serve the Hicksville School District. Their involvement has given each of them an intimate knowledge of school board function and the issues facing this district. They have proven, through their service to this community, that they can work effectively for the benefit of all the citizens of Hicksville.

Don't let apathy undermine the progress our school board has made - Vote on May 19. Give Hicksville an "A" in education by voting for the candidates on Row A - Richard Pfaender, Nancy Callari and Raymond Manzo for excellent education in Hicksville.

Carol Koegl

To the Editor:

I am extremely pleased to endorse Richard Pfaender, Nancy Callari and Raymond Manzo for the positions of Hicksville Board of Education Trustees in the upcoming May 19 election.

During his tenure on the Board of Education, Richard Pfaender has exhibited the ability, honesty and integrity to solve our districts problems fairly. Decisions were never rushed; they were thought out carefully and sometimes agonized over.

Raymond Manzo first came

Letters

to my attention several years ago during public sessions of school board meetings. Ray has shown concern for the students and taxpayers of Hicksville, and as President of the Southwest Civic Association continually looks for ways to foster positive change in Hicksville.

I have personally known Nancy Callari for nine years. Nancy's service to the Hicksville Community is well documented. As a member of the Old Country Road PTA Executive Board she has chaired many committees and initiated a multitude of exciting new programs, all the while laboring for improvements of established programs for our students, faculty and parents. Nancy has also served as Treasurer of the PTA, PTA president, and is currently serving as President of Council (Council is the compilation of all the PTA units in our district). Nancy's service to the Hicksville Community is well documented; she has served on the Budget Advisory Committee, the East Street Utilization Committee and the Task Force for Harmony and Pride among many, many others. Nancy can usually be found at a school district or community meeting on any given night, sometimes attending as many as four meetings in one evening!

I believe these three candidates possess the ability, integrity, honesty and fairness to address the needs and concerns of every child, parent and taxpayer in this district, and I strongly urge that you join me in support of them.

Diana (D'Antuono) DePalma

To the Editor:

Mrs. Carole Wolf, candidate for reelection to the Hicksville Board of Education, deserves to hold her seat and to continue to serve our children and community for many reasons. Mrs. Wolf is a keen, educated business woman, an intelligent voice for educational progress, and she is consistently a trustee of principle and common sense.

She has served several terms with commitment and ability, fought hard to avoid closing any schools, if at all possible, and she is not afraid to hang in there with a board which reflects one school political powerhouse only.

Mrs. Wolf is a parent, long-time resident, and with her team-mates, Mrs. Mary Carton and Mr. Gary Lewis, offers Hicksville voters a last chance to avoid a Board of Education completely dominated by a community political machine.

Kathy Kelly

Letters

To The Editor

The voting body of the Hicksville Council of PTAS supports the 1993-94 Hicksville School Budget and urges all residents to vote yes on Propositions 1 and 2 on May 19.

This budget offers taxpayers a savings by cutting the tax rate and provides children with a well-rounded quality education. No programs have been cut and educational improvements are

Letters

included in the budget. Modernization and renovation of the high school science labs, libraries better stocked, new mathematics texts for all elementary students, new mathematics and social studies texts for middle school and high school courses, full time social worker for high school and middle school, full time librarians in all schools, upgrading district

Letters

audio visual equipment and more.

Capital improvements have been scheduled which will safeguard our investment in our school buildings.

Put our money on our kids. It's a sound investment. Our future depends on them... and their hopes and dreams.

Don't forget to vote Yes on May 19. Thank You.

Hicksville Council of PTAS

Central Park Hist. Society News

By Ann Albertson

The April 21 meeting of the society was both interesting and informative, it was our 2nd Annual Trivia Night. Our members shared their memories of Central Park and Bethpage. For example: We learned about the local smithy, Mr. George Baldwin, who had his Black Smith Shoppe on the corner of Stewart Ave. and Baldwin Place. We reminisced about the smells and tastes of the Cider Mill which stood south of the railroad tracks east of Stewart Ave. The pickle works north of the railroad tracks east of Broadway. The polo field which was on the Grumman property of today. We discussed the many streets in Bethpage which were named for our local heroes; Caffrey, Carriere, Robert Damm, Hasset-Dunn, Butehorn and citizens Ludwig, Seitz, Romscho, Thorne and I am sure I have left some out. Bethpage is a community to be proud of and the people, the merchants, schools and churches that make Bethpage the unique community it is.

The May 19 meeting we will be preparing for Memorial Day. The Central Park Historical Society is busy building a replica of the Beau Sejour which will be displayed in the Memorial Day Parade. At the May meeting we will relive the grand and glorious days of the Beau Sejour and the many people who worked and dined at this world famous restaurant.

The June 16 meeting we will shift our interest to gardening. To help keep Bethpage green and beautiful will be our own Frank Camerlengo of Emil's Nursery to answer your gardening questions. We all know, when we purchase a \$5 item from Frank we are sure to get \$25 of free advice. Come share your concerns and interest on landscaping your property.

Come and join the many interesting and interested people of the Central Park Historical Society. We meet in the Bethpage Public Library

In Service

Army Reserve Spec. Dean J. Lopardo has completed a U.S. Army primary leadership course here.

Students received training in supervisory skills, leadership principles, and small unit training techniques essential to a first-line supervisor in a technical or administrative environment.

Lopardo, a construction equipment mechanic, is the son of Lynn Yerks of Bridle Lane, Hicksville.

He graduated from Hicksville Senior High School in 1981.

Jottings From Yesteryear

By Bill Clark

A beautiful Mother's Day. I enjoyed it like others for many years, seeing the large azaleas on Park Avenue, along with other areas, and the huge cherry blossom trees. Even the lilacs reminded me, and I guess many of us, when the young picked bunches of lilacs and violets for Mother and sometimes I set up a little stand at the roadside to sell them at 25 cents a bunch for lilacs and 10 cents for the violets. At the end of the day we would feel rich, when the weekend city drivers would stop. Do you recall when the Northern State Parkway would be lined with blossoming dog-

woods and laurels in the Spring. A nice drive until the city border.

Riding in a friend's 1948 Buick the other day, made me think and remember the cars and times, speed limits and country sideviews. How many remember "Stop N Shop" grocery store on S. Broadway next to St. Stephen's Church, recently a pool store? Also Big Ben, recently a business concepts store on W. Marie St. They gave out lucky numbers for free tickets for the Valencia Theatre in Jamaica. Next door to Big Ben was the Eiseman Buick Showroom with garage in the rear, now a Religious Store.



1970's Keller Farm Homestead. After fire - the farm long gone years ago for homes.



1993 - same area of Keller Farm House, from Newbridge Rd. Photos by Bill Clark

Students Solo



Students to Perform Solo: Dutch Lane students Leah Strugatz, Michael Funk and Allan Fong are all smiles as they prepare for the New York State School Music Association's Annual Solo Festival. The students performed for an independent judge who evaluated their skills and abilities, and offered constructive comments. The festival was held at Holy Trinity High School. Ms. Andrea Frisch is their string music teacher.

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Contest Winners



Yellow Book representative Debbie Johnson presents frisbees and gift certificates from local merchants to the winners in the Yellow Book map contest from Kramer Lane School, Plainview. The publishers of the local directory offer free maps and a map reading contest to all Nassau and Suffolk County School Districts as a creative fool for community education.

Opening Day



Nassau County Executive Thomas S. Gulotta, fifth from left, attended the Opening Day Ceremony of the Hicksville Baseball Association which was recently held. Joining the County Executive were: Greg Simonelli, Coach; Assemblyman Frederick Parola; Town Clerk Carl Marcelino; Councilman Lenny Symons; Jim Pino; Supervisor Lewis Yevoli; Councilwoman Ann Ocker; Receiver of Taxes Jack O'Leary; Councilman Tom Clark; Jerry Mana, Coach; Robert Fund; Brian Donlon.

Hicksville Council Of PTAs
Voting Body
Supports the 1993/94
HICKSVILLE SCHOOL BUDGET

Please, Vote **YES** On May 19th
For

Proposition 1- 1993-94 Budget
Proposition 2- Gregory Museum Support

Remember: *In order for Proposition 2 to be implemented, Proposition 1 must pass.*

Vote At Your Local Election District
(10 a.m. - 10 p.m.)

Hicksville Council of PTA's Membership:
Burns Avenue PTA, Dutch Lane PTA, East Street PTA, Fork Lane PTA, Lee Avenue PTA, Old Country Road PTA, Woodland PTA, Hicksville High School PTSA, Hicksville Middle School PTSA, SEPTA
(Paid For By Hicksville Council of PTAs)

LEWIS · CARTON · WOLF
COMMON GOALS
COMMON SENSE



GARY LEWIS

Gary is a life long resident of Hicksville, and a member of the Hicksville Athletic Booster Club, as well as past treasurer and active member of the Lions Club. He has served 10 years as manager/coach in the St. Ignatius CYO, and 9 years as president. In 1992, in recognition of his services to CYO, St. Ignatius created the "Gary R. Lewis Service Award" for dedication and devotion to children, and he was its first recipient.

Gary Lewis was instrumental in working with the Kiwanis to establish the yearly "Make A Wish" foundation Baseball Tournament. Hicksville needs Gary Lewis!



MARY CARTON

Mary has been a resident of Hicksville for 40 years. She is a Past PTA President of the Lee Avenue Elementary School. She also served as President for the St. Ignatius Rosary Society. Mary Carton served on the Board of Directors for the Hicksville Republican Club. She is currently a member of the Hicksville School Board Budget Advisory Committee, and has been so for the last three years. Mary has more insight into school district issues than some of the Board members.



CAROLE R. WOLF

Carole has lived in Hicksville for 26 years. This is her 6th year on the School Board, having served as President, Secretary and district Treasurer. She is a member of the Nassau School Board Association President's Council 91-93, and was awarded the "Certificate of Recognition" for her dedicated service to school children by the National School Board Association. She has also received the "Certificate of Achievement" by the New York State School Board Association. Mrs. Wolf is a trustee in NIRA, serving as Director of Player Personnel and Director of Tournaments. Carole Wolf is also a Past President of the Hicksville Community Council. We cannot afford to lose Carole Wolf.

For
HICKSVILLE BOARD OF EDUCATION
VOTE ROW B ON MAY 19TH

Hicksville Baseball 1993 Season Opens

For the first time in more than seven years, Hicksville Baseball Assoc. season began its 41st year with the sun shining. It was a perfect day for a parade led by the Hicksville Fire Department and more than 700 players, managers and coaches following behind to Abe Levitt Complex for opening ceremonies. Hicksville Middle School Band played as the players marched into the complex. It is always exciting to see these children with smiling faces anxiously waiting to play ball. Chairperson of HBA, Jim Pino introduced our distinguished guest as they each expressed their good wishes for the children this season. Nassau County Supervisor, Tom Gulotta honored us with his presence which has become a tradition on opening day. Town of Oyster Bay Supervisor, Lewis Yevoli made his good wishes known to us and also caught the first pitch of the season. Merry Senn a longtime girls softball player with HBA, sang the Star Spangled Banner and did so beautifully. A special presentation was presented by Gil Lenio, Admin. of Little League for Long Island to the boys of the 1993 Boys Major Williamsport team who won their way to Albany for the New York State Championship. A Gold Plaque hangs in our shed for viewing. Then it was time to play ball. With the sun shining like a million dollars, our season officially opened and the fields filled up with players.

We are now a few weeks into the season and all is well. Here are some highlights of the past few weeks of games.

Girls Major Div.

The first game for the year for team #1, sponsored by Hamlet against team 2, sponsored by Goldman Bros. was played on April 20, on Ballpark Field. The girls were nervous giving up 18 runs in the first inning. Hamlets pitcher Jenny Zollo settled down and did not give up another run. Chiara Scheidert came in to pitch in the 4th inning, giving up no runs. The hits were provided by Barbie Brochart, Michele Digirolomo, Jenny and Rosie Zollo and Nicole Grazone. Great work in the field by Katie Wigand, Barbie Brochart, Rosie Zollo, Annette Gonzalez, Lisa Diaz, Kerri Ann Herbert, Gina Grippi. Keep up the good work girls.

After the first game of the season for team #4 sponsored by OSC Security, was rained out they rescheduled and played on Friday, April 23, under cold and windy conditions. Angela Manzo pitched the first three innings and allowed only 1 run on 1 hit by Gina Simonelli. A nine run third inning, where everyone contributed, gave team #4 a lead that was too big for team #3, sponsored by Old Colony Deli, to overcome. The final score was 14-8.

Game two was played on a sunny Saturday. Team #4 was ready to play team #1, sponsored by West Village Green Carvel. After being down 2 runs in the first inning, team #4 came back and scored 4 runs in the second to take the lead that they never relinquished.

Angela Manzo and Kristen Zelders both pitched 3 innings. Excellent offense, especially by Theresa Lampert who is batting 1,000 and great defense kept

the game moving and exciting. The home run by Katie Wigand of team #1 was the best hit of the game. The final score was 11-5.

Girls Sr. Div.

Team #3, sponsored by Galileo Galilei Lodge 2253, came out swinging with their bats and played excellent defensive ball. Amber Volpe pitched a real strong game and was helped by some great plays by Marissa Toich at third and Katie Tower as catcher, who threw out base runners attempting to steal. Some big hits were made by Abbey Toich, Genevieve Rickmeyer, Stephanie Grippi, Dana Patrowicz and Kelly McCarthy. All in all it was a terrific game. The final score was 18-2.

On May 8, Galileo Lodge 2253's girls softball team came up against team #2 sponsored by Aquacade Swimming Pools team. The weather was beautiful and so was the playing by team #3 in their 9 a.m. game. Both Abbey Toich as starting pitcher and Genevieve Rickmeyer as relief, pitched a terrific game. Some great short stop plays by Amber Volpe. Hitting at its best by Danielle Degoski who went 3/5, Beth Karrmann was 3/4 with a walk, good job, Katie Tower went 4/5. Good game, girls with a final score of 22-17.

Boys Instructional Division

County Sports! team #8 Pirates and Posh Pillows team #2 Mets played their first game and got their first taste of the thrill of playing baseball. The game ended in a tie, after 6 hit filled innings by both teams. Some great catches were made by Dustin Hildebrandt, Ryan Worrell and Chris Kuscsik. Leading our hitting attack was Michael Dimaris, Robert Funk, Kevin Mucuska, James Robison and Joe Dantuano. Also in the game were Greg Wargo, Brian Donlan, Thomas Gandolfo and George Koutsoumbelis, playing well and helping to cheer on the Pirates in their initial HBA game.

Boys Farm Div.

This was the first game of the year for the Mets (team #9), sponsored by the Lions Club against the Yankees (team #8), whose sponsor is Parkway Farms. Although we didn't win, the team gave the fans some reasons to cheer. The pitching of Ricky Smith, Danny Brymer and Matt Doyle was fantastic. Doug Pinelli had a great play in short right field and then threw the runner out at first to end a rally. Chris Cockren fielded a ground ball off first base and flipped to the pitcher Danny Brymer covering 1st base for the out. This play looked like a major league play - way to go guys! Our offense was helped by the hitting of Jesse Roestenberg, Danny Brymer and Darin Dolezal. Darin was also great behind the plate, catching for the first time. The Mets show a lot of promise and will give us some exciting games this year. Final score was Yankees 13 - Mets 5.

Manager Jim Cockren and his team played next against the tough Royals (team #7) sponsored by Two Brothers Pizza. This time they managed to come out on top due to some great hitting. Danny Brymer started off a big rally with a

home run. He also had a single and pitched 3 solid innings. Keith Hoffer had the big hit of the night with a 3 run home run. Chris Cockren had a double and single with 2 RBI's. Matt Doyle, Matt Economou, Darin Dolezal, Thomas Bell, Jesse Roestenberg all had hits too. Thomas Bell and Ricky Smith finished up pitching and both did a great job. Anthony Minervini, Doug Pinelli and Mike Doerflein played great defense and helped keep the Royals from scoring more runs. Great game Mets!

We're into May already and the Lions Club Mets played another close game against a talented Rangers team #5, sponsored by United States Life. This game did not give the Lions Club Mets a victory, the team played a great game. We had great defense with Anthony Minervini and Thomas Bell, in the infield. Chris Cockren pitched for the first time, giving up no runs. Ricky Smith also pitched well. The big hitters were Darin Dolezal, Matt Doyle and Matt Economou with 2 hits each. Ryan White and Chris Cockren also had hits. The team continues to improve with each game and we look forward to more exciting games coming up this season.

Parkway Farms Yankees played the Pirates, sponsored by Tower Deli. This was their 3rd win of the season by a score of 11-9. Peter Noce led off with a home run, while Joseph Ahearn and Eric Dikeman had two hits each.

These Yankees are really hot winning again by 9-5 against the Royals (Two Brothers Pizza). Scott Mutch hit a grand slam to erase a 5-2 lead from the Royals. Mike Mutch pitched 3 scoreless innings and James Connelly had a key hit in the victory. Greg Krayeski made two key defensive plays.

Scott Mutch came to the mound again and pitched 3 scoreless innings and added two hits helping the Yankees lead against the Mets (Lions Club). Joseph Difendale homered and Kevin Fitzpatrick added two doubles. Final score was Parkway Farms Yankees 13 - Lions Club Mets 5.

Boys Major Div.

On April 24, the Yankees (team #2) sponsored by Dalton Funeral Homes met the Comets (team #3) sponsored by Pudgies Famous Chicken at Major Field in what turned out to be a real pitchers duel. Dave Ruderfer went the distance for the Yankees allowing 4 runs and striking out 7 batters in a fine effort. Comet pitchers Joey Caruso and Sean Lyons shut out the Yankees with 0 runs and 9 strikeouts. Eric Vosper doubled and stole a base, Doug Ruderfer stroked a single for the Yankees. Comets came out on top 4-0.

Yankee team #2 played the Red Sox on 4/27 in another exciting game. Doug Ruderfer and Lenny DeStefano taking the mound for the Yanks this day with 3 K's each. Base hits were contributed by Voley Martin - double, triple, 2 RBI's and a run scored. Justin Roestenberg - double, triple and 1 RBI. Lenny DeStefano - single and a stolen base, Eric Vosper - double, single and 1 RBI, Lou Pinto - double and scored a run, Doug Ruderfer - singled and scored.

The final score had the Yankees on the short end of a 9-4 ballgame that was closer than the numbers indicate. The Yankees continued their enthusiastic play throughout and showed good effort and great sportsmanship. That's what it's all about!

Boys Sr. Div.

The Royals of the Senior Division, sponsored by Solomon Insurance, gave up a win to Discount Wine & Liquors Orange Team on 4/24, by a score 8-3. Two doubles slammed by the Royals Tim Moffett, as well as a double play by Joey Demarest and singles by Matt Pinelli, Troy Cabrera-Giffin and Brian Tower, were not enough to stop Dave Mercado's Orange Team. Kudos to Tom Wilson and Brian Tower for their important fielding plays. Keep your chins up Royals, you've got the right stuff!

Bill Griffith's Royals all come together on Friday, April 30, for a win against the Pirates, sponsored by Meenan Oil. Along string of singles in both the second and the fifth innings provided most of the scoring runs. Tom Wilson and Tim Moffett each let go with strong doubles and there was some nice pitching effort shared by Tom Wilson, Greg Parmiter and Matt Pinelli. A final score and victory for the Royals was 15-12...O.K. Royals!

Boys Major Div.

- Red Sox
 Manager: Jim Larkin
 #26 - Edward Adolphus
 #20 - Robert Becker
 #27 - John Larkin
 #06 - David Rudin
 #23 - Michael Theis
 #05 - Michael Trongrone
 #17 - Amar Agha
 #20 - Ryan Coyle
 #25 - Andrew Hamlin
 #24 - Bret Langlois
 #17 - Robert LiCalsi
 #33 - Bryan Sanandrea
 #11 - Bryan Walsh
 #22 - James Williams
 vs.
 Comets
 Manager: Joe Caruso
 # 1 - Louis Bivona
 # 7 - Joe Caruso
 # 9 - John Doyle
 #12 - Shaunak Dwivedi
 #11 - Shaun Glover
 #12 - Carl Johnson
 #13 - Shaun Lyons
 #13 - Eric Mockler
 #14 - Mike Murphy
 #14 - Joseph Mianulli
 # 2 - Matthew Pasucci
 #15 - Mike Savarese
 # 8 - Anthony Soco
 # 1 - Chris Sullivan

Game of the Week Sponsors: Goldman Brothers, Pudgies Famous Chicken, VFW Post 3211, Dalton Funeral Home, Malvese, Ridgewood Savings, Bagel Boss and Hicksville Kiwanis.

Hicksville Clinches Double Header

On Saturday, May 1, the Hicksville Athletics came up against a tough Kings Park team for a double header.

The first game both teams battled right down to the last inning. Kevin Soper was called into pitch and did a fine job only giving up 4 walks and keeping some hard hitting batters in check. The infield was strong with some nice plays by Tommy Kessler at short, Matt McLoughlin at 2nd and Brian Boyle at 1st. The outfield was great with several impressive catches by George Niesuchouski. The batting was strong with George Niesuchouski going 1-1, Josh Strugatz 1-1, Keith Engelhardt 2-3 with 2 RBI's, Kyle Rybak 2-3, and Peter Martin with a hard-hit triple, driving in a RBI.

Hicksville prevailed 8-7.

The second game Tommy Kessler came into pitch and pitch he did striking out 8 and only allowing 1 walk. The infield was adept with some impressive plays by Josh Strugatz at 3rd, Chris Swier at 2nd and Adam Geslak at 1st. George Niesuchouski was strong in right field making some exciting plays.

The bats came alive with Keith Engelhardt going 3-3 with an RBI, Nick Schmidt 2-2 with 2 RBI's, Matt McLoughlin 2-3, Topmmy Kessler 1-2 with an RBI, Chris Swier 1-2 with 2 RBI's and Josh Strugatz with 2 RBI's.

Final score Hicksville 12, Kings Park 2.

Saturday, May 8, the A's found themselves pitted against an excellent Brentwood team for what turned out to be a very exciting game. Tommy Kessler did a superb job as pitcher striking out 8, only allowing 4 hits and giving up no walks. Keith Engelhardt was commanding as catcher.

The entire team rallied to keep this hard hitting team in check. The outfield was impressive with several nice plays by Matt McLoughlin, Chris Swier, George Niesuchouski, and Craig Delia.

The infield was fine tuned with some nice plays by Brian Boyle at 1st and Adam Geslak at 3rd. Josh Strugatz at 2nd shut Brentwood down with a game saving play in the last inning with bases loaded.

Batting was strong with Tommy Kessler going 2-3 with a double, Adam Geslak 2-2 with a double, Peter Martin, Kevin Soper and Chris Swier with a RBI each.

Hicksville won 3-2.

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UCP Bingo On May 12

UCP Bethpage Auxiliary will hold Supermarket Bingo on May 12 at 7:30 p.m. at K. of C. Hall on Central Avenue. Pre-paid seats are \$4.
 There is limited seating. Call Lore, 935-1604, or Lillian & Anne, 661-8466.

NOTICE OF FORMATION OF LIMITED PARTNERSHIP

Pursuant to article 8 of the Partnership Laws of the State of New York
Peternick Realty Company, L.P.

Notice is hereby given that the persons herein named have formed a limited partnership for the transaction of business in Plainview, New York and elsewhere and have filed a certificate in the Clerk's office of Nassau County of which the substance is as follows:

The name of the limited partnership is **Peternick Realty Company, L.P.**

The character of the business is real estate holdings.

The location of the principal place of business is 497 South Oyster Bay Road, Plainview, County of Nassau, New York 11803.

The name and place of residence of each member is as follows: **Peternick Inc.**, which is a general partner, 497 South Oyster Bay Road, Plainview, New York 11803, **Nicholas J. Damadeo**, who is a limited partner, 14 Loft Road, Smithtown, NY 11787, and **Peter F. Heaney**, who is a limited partner, 93 Wolver Hollow Road, Upper Brookville, NY.

The term for which the partnership is to exist is from the 6th day of April, 1993 until terminated by a notice in writing from one partner to the others or by the death or incompetency of a partner.

The amount of cash contributed by each limited partner is \$33,000. No other property is contributed, and no additional contributions are agreed to be made by the limited partners.

The contributions of the limited partners are to be returned upon dissolution of the partnership.

Each limited partner shall receive annually a 49% share of the profits.

No partner has a right to substitute an assignee as contributor in his place, nor may the general partner have admit additional limited partners.

The certificate referred to above has been acknowledged by the general and limited partners.

Dated:
 April 6, 1993
PETERNICK, INC.
 By
NICHOLAS J. DAMADEO,
SCTY.
NICHOLAS J. DAMADEO
PETER F. HEANEY
 BETH 3168
 4X 5/7, 14, 21, 28

LEGAL NOTICE NOTICE OF THE ANNUAL SCHOOL DISTRICT MEETING OF BETHPAGE UNION FREE SCHOOL DISTRICT NASSAU COUNTY NEW YORK JUNE 8, 9, 1993

NOTICE is hereby given that the Annual Meeting of the inhabitants of Bethpage Union Free School District, County of Nassau, State of New York, qualified to vote at School Meetings in said District, will be held in the auditorium of the Bethpage Senior High School, Cherry Avenue and Stewart Avenue, Bethpage, New York, in said District on June 8, 1993 at 8:00 p.m. (D.S.T.) for the purpose of discussion and furnishing information only on the necessary funds to meet the estimated expenditures of the School District and appropriations for the Public Library during the ensuing year; and for the discussion and/or transaction of such other business as is authorized by the Education Law.

PLEASE TAKE FURTHER NOTICE that at the conclusion of the meeting on June 8, 1993, the same will be recessed until 12:00 o'clock noon, June 9, 1993 at the Auditorium, Bethpage Senior High School, for the purpose of voting between the hours of 12 noon to 10:00 p.m. (D.S.T.) on the following separate matters:

1. The estimated expenditures (school budget) for the ensuing school year (1993/94) and authorizing the levy and collection of necessary taxes therefor; (Proposition 1)

2. The public Library appropriations for the ensuing school year and authorizing the levy and collection of necessary taxes therefor; (Proposition 2)

3. Any other questions or propositions as to matters or expenditures or authority to levy taxes that may be presented for a vote under the Education Law.

PLEASE TAKE FURTHER NOTICE that at the said vote and election to be conducted on June 9, 1993, two (2) members are to be elected to the Board of Education as follows:

ONE (1) member is to be elected for a full three (3) year term to fill the vacancy created by the expiration of the term of **ANTHONY D. COTTON**, which term expires June 30, 1993.

ONE (1) member is to be elected for a full three (3) year term to fill the vacancy created by the expiration of the term of **RICHARD FESANTE**, which term expires June 30, 1993.

PLEASE TAKE FURTHER NOTICE THAT ONE (1) Trustee is to be elected to the Board of Trustees of the Bethpage Public Library at said vote and elections to be conducted on June 9, 1993 for a full term of five (5) years commencing July 1, 1993.

PLEASE TAKE FURTHER NOTICE that all nominating petitions of candidates for the office of mem-

LEGAL NOTICE

ber of the Board of Education and candidates for the office of member of the Board of Trustees of Bethpage Public Library, shall be filed with the Clerk of the DISTRICT not later than May 10, 1993, between the hours of 9:00 a.m. and 5:00 p.m. (D.S.T.). A separate petition, duly signed by at least 37 qualified voters of the district, said number constituting 2% of the total number of voters who voted at the Annual Meeting of June 10, 1992 stating the residence of each signer, shall be required to nominate a candidate to each separate office. Petitions for school board members shall describe the specific vacancy on the Board of Education for which the candidate is nominated; said description shall include at least the length of the term of office and the name of the last incumbent, if any. Library Board Trustee petitions shall state the name and residence of the candidate and the date upon which the term begins, but shall not recite either the name of any last incumbent or any length of office.

PLEASE TAKE FURTHER NOTICE that the order in which the names of candidates shall appear on the voting machine for each separate office shall be determined by a drawing by lot to be held on May 11, 1993, at 2:00 p.m. in the office of the District Clerk at the Administration Building, Cherry and Stewart Avenues, Bethpage, New York. Unless a candidate appears personally, or by a person holding a signed written proxy, at the office of the District Clerk at the appointed time and date, the District Clerk shall draw a lot for such absent and unrepresented candidates.

PLEASE TAKE FURTHER NOTICE that each person entitled to vote must register. Registration dates and hours are as follows;

SATURDAY, May 29, 1993 between the hours of 1:00 p.m. and 5:00 p.m. (D.S.T.)

WEDNESDAY, June 2, 1993 between the hours of 3:00 p.m. and 8:00 p.m. (D.S.T.)

Said registration will be held at the Bethpage Senior High School Auditorium, Cherry and Stewart Avenues, Bethpage, New York.

All persons who shall have previously registered for, and shall have voted at, any Annual or Special Meeting or any Election held or conducted during the four (4) calendar years prior to the year for which such register is being prepared, will not be required to register to vote at the Annual Meeting Vote and Elections to be held in said District on June 9, 1993, or any adjourned date thereof.

NOTE: Any person who was not registered with the School District Board of Registration and did not vote at any Annual or Special School District Meeting

LEGAL NOTICE

within the past four (4) calendar years based on such registration with the School District Board of Registration, but who nevertheless voted at any Annual or Special School District Meeting or Election within such four (4) year period based solely on registration with the Nassau County Board of Elections as is permitted by law, such persons will not appear as a registered voter on the School District's register of voters eligible to vote at the Annual Meeting and Election on June 9, 1993. Such person shall not be eligible to vote on June 9, 1993 unless (s)he (1) registers with the School District Board of Registration on May 29, 1993 or on June 2, 1993 at the time(s) and place stated above, or (2) (s)he registered at the annual Meeting and Election on June 10, 1992 or (3) (s)he is registered with the Nassau County Board of Elections as stated below.

Any qualified voter of the District who is in doubt as to whether (s)he is registered to vote at the June 9, 1993 Annual Meeting Vote and Election should contact the District Clerk of the Bethpage Union Free School District.

All persons who registered at the Annual Meeting and Election held on June 10, 1992, will not be required to re-register for the purpose of voting on June 9, 1993.

Persons whose names appear as eligible voters as of June 9, 1993 on the Voter Registration Books issued and maintained by the Nassau County Board of Elections, shall be eligible to vote at the Annual School District Meeting Vote and Elections to be conducted on June 9, 1993. (Exception to the School District Registration requirement.)

The Board of Registration will meet during the election held in the District on June 9, 1993, at the place where the Annual Meeting and Election is held for the purpose of preparing a register for meetings and elections held subsequent to such Annual Meeting or Elections.

PLEASE TAKE FURTHER NOTICE that the register will be open for inspection by a qualified voter of the School District from June 3, 1993 up to and including the day of the election, June 9, 1993, Sunday excepted, between the hours of 8:30 a.m. and 4:30 p.m., with the exception of Saturday, June 5, 1993 when the hours will be from 10:00 a.m. to 1:00 p.m.

PLEASE TAKE FURTHER NOTICE that a copy of the statement of the amount of money which will be required for the ensuing school year 1993/94 for school purposes (budget) and a statement of any expenditure and estimated tax levy for the ensuing year that may be required to fund the school budget and library appropriation which may be separately presented at the above stated Annual Meeting shall be prepared and made available to any qualified voter at the office of

Diabetes Specialist

At Library

There are seven million Americans who have diabetes and are not aware of it! If not properly controlled, this disease can cause blindness, heart disease and kidney failure.

To find out if you may be at risk, join Doreen Small, our May Notable Neighbor, on Thursday, May 27, 7:30 p.m. at the Bethpage Public Library. Ms. Small is a Clinical Nurse Specialist in the field of Diabetes, and the Coordinator of Diabetes Education at Long Island Jewish Medical Center.

You are in danger of developing diabetes if you are over forty, overweight, or have a family history of the disease. Can it be prevented? There are warning signals, so come and learn how to recognize them. If you are already under care for diabetes, Ms. Small will give you suggestions for managing your diet, medication and exercise, with the ultimate goal of leading a normal life.

Admission is free and all are welcome.

The Library is located at 47 Powell Avenue, two blocks west of Exit 8 on the Seaford-Oyster Bay Expressway (Route 135), phone 931-3907.

Last Performance Of School Year

The Hicksville Repertory Company of Hicksville High school will present Comedy Tonight. This collection of short pieces has been specially selected to provide an evening of laughter.

Performed in the round, the production boasts 24 students. Featured among them are Dom Freda, Jennifer Corrado, Dana D'Amelio, Steven Ganarow, Justin Farrell, Jennifer Manzo and Maura Johnston. Directed by Judith Pasetliner, the show will be presented Fri., and Sat., May 14 and 15, at 8 p.m. with a free performance for Senior Citizens on Thurs., May 13, at 7 p.m.

Tickets are \$5 and may be purchased at the door. For information, call 733-6533.

LEGAL NOTICE

the District Clerk, Administration Building, Cherry and Stewart Avenues, Bethpage, New York, and the offices of the principals of all the schools in the District therein during the period of seven (7) days immediately preceding the Annual Meeting between the hours of 9:00 a.m. and 4:00 p.m. (D.S.T.) Saturdays, Sundays and Holidays excepted.

PLEASE TAKE FURTHER NOTICE that the vote on all propositions and the election of candidates at the aforesaid Annual Meeting Vote and Elections, on June 9, 1993, will be conducted by ballot on voting machines.

BY ORDER OF
 THE BOARD OF
 EDUCATION
 BETHPAGE
 UNION FREE
 SCHOOL DISTRICT
 Administration
 Building
 Cherry and
 Stewart Avenues
 Bethpage,
 New York 11714

BETH 3167
 4X 4/23, 5/14, 28, 6/4

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Special Sports and Recreation Camp Directory. Appearing in Mid Island Times, Syosset Advance, Bethpage Newgram, Jericho New Journal, New Hyde Park Herald Courier, Williston Times/Mineola Edition, Garden City News



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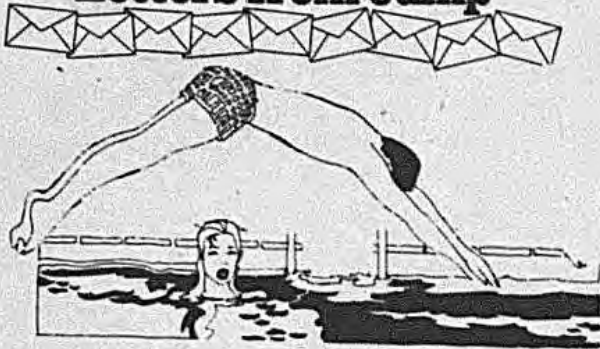
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--	---

Second Place In Physics



Left to right, Peter Nawrocki, Drew Weirahousky, Mark Young, Edward O'Shea, Hokwon Lim, Mr. Gregory Guido.

On Friday, March 26, a team that included Bethpage resident Peter Nawrocki and four of his fellow students from St. Dominic High School in Oyster Bay earned second place honors in the Twelfth Annual Long Island Physics Olympics. The competition was held on the campus of the State University of New York at Stony Brook and involved teams from high schools across Long Island from both Nassau and Suffolk Counties.

Coached by physics teacher Mr. Gregory Guido and led by returning senior Mark Young, the team captured an individual first place trophy in the Mystery Event. Their challenge, unknown until the mo-

ment of competition, was to calculate most accurately the mass of an unknown object hovering on an air track by using their knowledge of the conservation of momentum in collisions.

GRANDPARENTS - Send in your grandchildren's photos and enter our "World's Most Beautiful Grandchildren" contest. Just send a photo and a brief description of the child (or children) along with your name and address to: Litmor Publications, Beautiful Grandchildren Contest, 61 East Barclay St., Hicksville, N.Y. 11801. We'll do the rest!

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**LEGAL NOTICE
NOTICE OF
FORMATION OF
LIMITED
PARTNERSHIP**

Pursuant to article 8 of the Partnership Laws of the State of New York **Peternick Realty Company, L.P.**

Notice is hereby given that the persons herein named have formed a limited partnership for the transaction of business in Plainview, New York and elsewhere and have filed a certificate in the Clerk's office of Nassau County of which the substance is as follows:

The name of the limited partnership is **Peternick Realty Company, L.P.**

The character of the business is real estate holdings.

The location of the principal place of business is 497 South Oyster Bay Road, Plainview, County of Nassau, New York 11803.

The name and place of residence of each member is as follows: **Peternick Inc.**, which is a general partner, 497 South Oyster Bay Road, Plainview, New York 11803, **Nicholas J. Damadeo**, who is a limited partner, 14 Loft Road, Smithtown, NY 11787, and **Peter F. Heaney**, who is a limited partner, 93 Wolver Hollow Road, Upper Brookville, NY.

The term for which the partnership is to exist is from the 6th day of April, 1993 until terminated by a notice in writing from one partner to the others or by the death or incompetency of a partner.

The amount of cash contributed by each limited partner is \$33,000. No other property is contributed, and no additional contributions are agreed to be made by the limited partners.

The contributions of the limited partners are to be returned upon dissolution of the partnership.

Each limited partner shall receive annually a 49% share of the profits.

No partner has a right to substitute an assignee as contributor in his place, nor may the general partner have admit additional limited partners.

The certificate referred to above has been acknowledged by the general and limited partners.

Dated:
April 6, 1993
PETERNICK, INC.

By:
NICHOLAS J. DAMADEO,
SCTY.

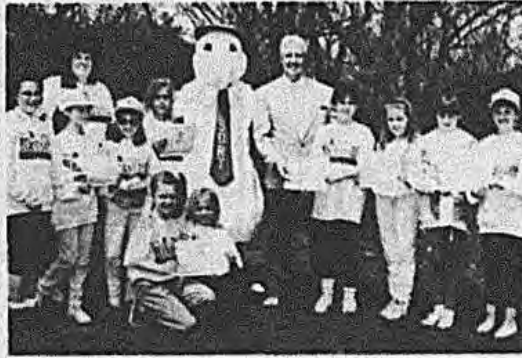
NICHOLAS J. DAMADEO
PETER F. HEANEY
MIT 2704

6X 5/7, 14, 21, 28, 6/4, 11

BETH 3168

6X 5/7, 14, 21, 28, 6/4, 11

Environmental Awards



Oyster Bay Town Councilman **Thomas L. Clark** recently joined with **TOBY**, the Recycling Ranger, in presenting certificates of environmental achievement to the members of the Hicksville Association of Girl Scouts. The certificates recognized the girls' participation in recent Arbor Day Tree Planting at Tobay Beach and an Earth Day ceremony at Cantiague Park in Hicksville. The Girl Scouts are under the direction of leader, **Mary Ellen Carr**.

Savings Bond Program



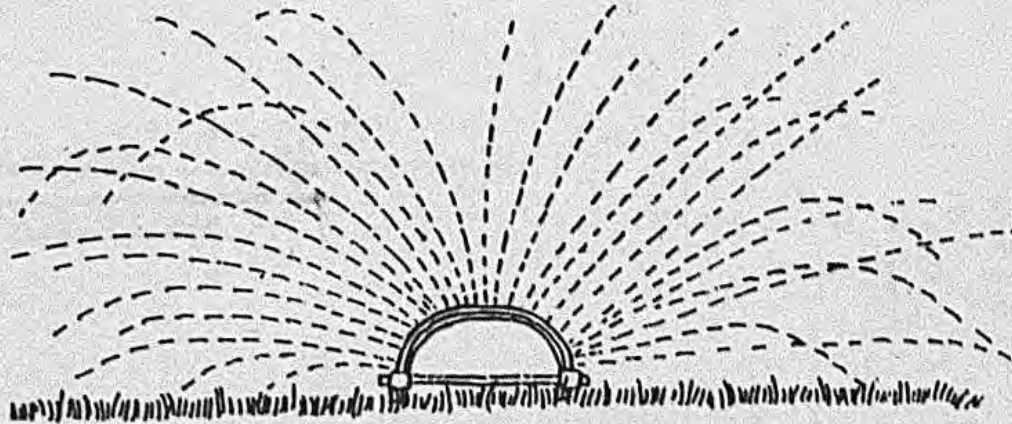
Nassau County Executive **Thomas S. Gulotta**, right, commended **Carolyn C. Cobb**, a Hicksville resident, on behalf of her participation in the Nassau County Employees' Savings Bond Program. **Carolyn**, an employee at the Probation Department, is a Bond Coordinator. Looking on was **Greg Gangemi**.

Library Bus Trip To Theatre

The grandest, most extravagant, most exquisite show to play Broadway in years is coming to the Westchester Broadway Theatre! "Grand Hotel, The Musical" chronicles

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EXP. 11/30/93

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Healthy Hearts

Students at Dutch Lane jumped rope to demonstrate the effectiveness of the activity as a cardiovascular exercise. Their participation will however, keep many hearts healthy as the proceeds of the event were donated to the American Heart Association. The association uses the

proceeds for research, education and community programs. The event was coordinated by physical education and community programs. The event was coordinated by physical education teachers Phyllis Rubin and Lee Anne Abbriano. Over \$2,500 was raised by the energetic students.



Taking a break during Dutch Jump-A-Thon are fourth graders Tori Schack, Samra Khenzri, Alyssa Provenzano, Nicole Dillard, Eileen Perchinski, Michelle Lovastick.



Jump-A-Thon coordinators Phyllis Rubin and Lee Anne Abbriano are all smiles upon hearing that the Dutch students raised over \$2,500 for the American Heart Association.



Jump-A-Thon participants keep the beat as they listen to the music and raise money for the American Heart Association.

A BJ's WHOLESALE CLUB AND A UA MULTI-SCREEN CINEMA AT THE SITE OF THE WESTBURY DRIVE-IN MAKE SENSE...

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LEGAL NOTICE SUPREME COURT COUNTY OF NASSAU EUROPEAN AMERICAN BANK Plaintiff against ALBINA J. REED et al Defendant(s)

Pursuant to a judgment of foreclosure and sale entered herein and dated October 1, 1992. I, the undersigned Referee will sell at public auction on the north front steps of the Nassau County Courthouse, 262 Old Country Road, Mineola, N.Y. on the 17th day of June, 1993, at 9:00 AM premises BEGINNING at a point on the northerly side of 11th Street (Nevada Street), distant 100 feet easterly from the corner formed by the intersection of the northerly side of 11th Street with the easterly side of Myers Avenue, being a plot 100 feet by 50 feet by 100 feet by 50 feet, said premises known as 210 Nevada Street, Town of Oyster Bay, Hicksville, New York.

Approximate amount of lien \$51,697.23 plus interest and costs. Premises will be sold subject to provisions of filed judgment.
Index Number 4619/91.
Dated: May 13, 1993.
Milton J. Beech, Referee.
Fink Weinberger P.C. Attorney(s) for Plaintiff, 11 Martine Avenue, White Plains, NY 10606.
MIT7707
4x5/14,21,28;6/4

F.D. Haz-mat Unit Supports Spray Bill

A Bill, requiring prior notification to neighbors before commercial pesticide sprayers can spray, is being sponsored by local officials in Albany. The Bill is titled "The Prior Neighbor Notification Bill." It is the result of numerous complaints of pesticide companies spraying without telling neighbors. The overspray travels very easy and lands on people, animals, children's toys left outside, etc.

The Bill if passed would require commercial tree sprayers only to notify any neighbor 24 hours prior to the spray application within 100 feet of the site. The Nassau-Suffolk Neighborhood Network urges residents to call their elected state officials to lobby for passage of the Bill.

The Hicksville F.D. Haz-Mat Unit has been called out on pesticide spills and just last year was involved with a case concerning the illegal dumping by a commercial firm, of pesticides. Hicksville Fire Chief Patrick Scanlon and haz-Mat Coordinator Owen Magee both caution homeowners not to be misled by claims that the spray is harmless. If they, the sprayers, are wearing masks you know it's not completely harmless.

The Coordinator urges residents to be aware of illegal dumping of chemicals in the storm drains or the possible illegal use of fire hydrants. If you see it - call 911 or the local fire department, working for a safe environment is everyone's responsibility.

PAGE THIRTEEN Friday, May 14, 1993 MID-ISLAND TIMES

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Burke A. Cunha, MD
Professor of Medicine



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GOLD HONOR ROLL

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ACHTZIGER, Susan
ANTZOULES, Nicole
BOURLIS, Nikki
DITORO, Elizabeth
FERMINELLA, Jennifer
HO, Julie
IMBESI, Dana
LABELSON, Adam
MEADE, Karin
O'CONNELL, Jason
SMALL, Candace
WASTLYHYN, Christina

ALEXANDER, David
BALDUCCI, Donna
COLLELUORI, Brian
DONAHUE, Kerry
GRANIERI, Anna
HOFFMAN, Joseph
LIVINO, Patricia
LISON, Dana
MORRIS, Holly Ann
ROTHBERG, Ronald
STUART, Regina
WAXMAN, David

ALEXANDER, Sunil
BANK, Brian
DELENA, Joseph
DUSCHSKY, Deborah
HECKER, Christopher
HORAN, Stephanie
KRAUSE, Melanie
MARCUS, Robert
NOVELLI, Laura
RUSSELL, Thomas
SULLIVAN, Suzanne
WEINGART, Seth

GRADE 10

BECK, Glen
BRACE, Deirdre
CHOI, Susan
FRANCO, Allyson
HEIMBAUER, Stephanie
LUCCIONI, Andrea
ORAGE, Charles
SALZ, Fern
SHARMA, Suraj
TANG, Julie
WITZER, Lisa

BERLIN, Daniel
BRILMAN, Kelly
CINTAGO, Stacey
GORNAN, Troy
JERSON, Michelle
KENIG, Keith
PALAZZO, Marie
SAMPICK, Andrew
SIU, Kin Lung
VASUDEV, Praveen
ZITO, Annemarie

BOS, Michele
CARBO, Gregory
CUDNEY, James
GRODDY, Christine
KIN, Jonathan
RIALE, Michael
REURDUNSKI, David
SOVINO, Diane
SANTAG, Michael
WEINSTEIN, Nindy

GRADE 11

ACHTZIGER, Elizabeth
BERNARD, Tina
BOYLE, Heather
CHRISTENSON, Chad
DAVINGNANI, Meena
ERSACHER, Peter
JAEGER, Andrea
KLEINMAN, Carrie
OLEITZ, Justin
SHIH, Annabelle
THORSON, Brian
VIVOLO, Assunta
YLE, Emily
ZAMPRI, Heather

BELESIS, Vicki
BHATT, Jaydeep
CARLEY, Catherine
CIARONCI, Melissa
DELLAVALLE, Alfredo
GERRISH, George
JONES, Jennifer
MCNAMARA, Marianne
OGINAR, Filip
SILVER, Yoshana
TURK, Christopher
VOSSINAG, Stephen
YING, Jonathan
ZANVILLE, Laurie

BERKOWITZ, Todd
BLAIR, Diana
CHOI, Suzanne
DANKLO, Michael
DEVIVO, Joseph
IANNACONE, Jonathan
KENNEY, Sandra
MINCHELLA, Diana
REDDY, Rekha
SULJIC, Tomislav
VEVGAU, Catherine
WIERZICKI, Jennifer
TOPP, Edith
ZEITLIN, Stevye

GRADE 12

ALBANO, Kim
BERNSTEIN, Susan
CHATOFF, David
COOPER, Melissa
DIVER, Tanya
GARNAN, Gregory
HART, Kevin
MANTILLA, Isabel
RELMAN, Robert
MORAHNE, Alexander
FRIDER, Michele
PUCCIO, Laura
SCHIEBEL, Carol
STAVIN, Annee

BALENT, Melissa
BHANSINGA, Jennifer
CHOI, Erin
DELENA, Robin
FINKELESTEIN, Nancy
GERGONAKOS, Kallie
HERZOG, Matthew
MARCUS, David
MONEGAN, Laura
MORRONE, Daniel
PROCCIDA, Frank
ROMANO, Michele
SHARMA, Dolly
WATSON, Eric

BASSI, Marc
CAGNA, Denise Anne
COCCI, Jennifer
DIVER, Fiona
GAGLIARDO, Jennifer
GUSLAUSSON, Kristjon
LANDERS, Lori Ann
MCENANEY, Jason
MORAN, Lauren
O'NEILL, Sherry
PROFITTA, Melissa
SAFKA, Linda
SHELLMAN, Amy
WEINSTEIN, Holly

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Bethpage High School

GRADE 9

ARCHAMBEAU, Anthony
CISCO, Melissa Joan
GREENBERG, Laine
HERZOG, Suzanne
HANE, Ivy
MANTILLA, Marcela
NASO, Lauren
FANAGOS, Kostas
RUSSO, Daniele
SCHWABE, Kathryn
WRIGHT, James

BRIDMAN, David
GRACIO, Dominic
HARRISON, Kevin
JAEGER, Robert
KOSLOVSKY, Terry Lee
MCGRATH, Michael
NEGLIA, Vincent
HAMIREZ, Jessica
SANGIRARDI, Michael
STEFANOWICZ, Michael

CARAPPELLUCCI, Caren
FELLER, Darren
HAUGEN, Andrew
HELLY, David
LYONS, Christopher
MUSILLI, Marie
NOSOWITZ, Evan
ROLSTON, Cathleen
SCHAEFFER, Jennifer
STROCCIA, Salvatore

GRADE 10

CLARKE, Christopher
DIBELLA, Christopher
GERSTENLUTH, Suzann
HART, Katie
LOGERFO, Michael
MOREA, Michael
ONG, Deanna
SEVERIN, Sean

COHEN, David
DIERLAN, Kimberly
DINTY, Tracy Ann
IMBESI, Vincent
MEYER, Thomas
MULQUEEN, Cheryl
POLI, Jessica
VENTURINI, John

CSORNAK, Michael
DIZDAR, Peter
HAGA, Brenda
KARAKAYA, Harvan
RITCHIELL, Sinead
MURPHY, Stacy
RAGO, Kimberly
VONTHADEN, Christine

GRADE 11

BAFUNDO, Danielle
CORDNER, Andrew
DION, Christina
GRETA, Francesca
KOEHN, Kevin
MCINERNEY, Denise
MUSGRAVE, Karan
ROMANO, Stephen
SIDI, Monica
TESTA, Jarrod

BARBIERI, Denise
CUNNINGHAM, Kevin
FIORE, Ryan
GRECO, Danielle M.
KOSAK, Keith
RIALE, Matthew
FRIZZI, Carl
RUGGIA, Eleanor
SOLLIDAY, Shannon
TSIKIS, Dimitrios

BROWN, Jacqueline
CUOMO, Charlene
FRANZKE, Stephen
GREENBERG, Robert
LOKATZ, Lisa
MURPHY, Courtney
RASMUSSEN, Laureen
SHIN, Yvette
STRASSEL, Elizabeth
VLASPOPOULOS, Dennis

GRADE 12

AU, Geoffrey
CLARK, Daniel
GARDNER, Joseph
KAUHAUS, Erik
MATULEWICH, Christine
ONDRATO, Tara
SINONE, Joseph
TSIOFELI, Dimitra

AUGUSTA, Jennifer
DITORO, Bernadetta
HANCE, Tracey
LEIN, Jason
HEISEN, Julie
FRANKE, Brian
STAMATOPPOULOS, Panagiota

CISCO, Maryhelen
DIZDAR, Jennifer
HARCHAK, Michele
MARKETOS, Regina
NICOLETTI, Dawn
SHUMSKY, Robyn
TESORIERO, Susan

Church Dedicates Carillon

The memory of Wallin (Wally) W. Karlsen was honored with the dedication of a Carillon at 11 a.m. worship service Sunday, May 2, at Redeemer Lutheran Church, Hicksville, led by Rev. Nancy L. Ruckert.

The Schulmerich "Campanile" digital auto-bell instrument is an exclusive development of Schulmerich Carillons, Inc. of Sellersville, Pa. This Carillon provides true bell tones which can ring automatically to announce services or play predetermined Carillon tunes at programmed times each day.

Family and friends donated the Carillon to the Congregation of Redeemer Lutheran Church as a memorial to Wally Karlsen's past service and contributions. He was revered and loved by all, a long-time member of the Congregation, member of the Church Choir and Church Council and he served as Treasurer of the Congregation.

The Carillon will be a valued addition and serve as a constant reminder of what was; the many lives touched by Wally, and what can and will be. Current and future programs at Redeemer Lutheran Church will also be enhanced to achieve its mission.



Present for the dedication of the Carillon were, from left to right, Rev. Nancy Ruckert, Pastor; John Carlson, Janeth Mueller and Ellen Bruwer, President of the Church Council. Pastor Emeritus of Redeemer, Rev. Dr. Theodore Grant and his wife Nancy were also present for the service.

F.D. Installation



Oyster Bay Town Supervisor Lewis J. Yevoli (second from left), Councilman Leonard B. Symons (left) and Judge Ken Diamond (right) recently joined with members of the Jericho Fire Department for their annual Installation Dinner. Here, Supervisor Yevoli greets Jericho Fire Department Chief Robert Hally.

LEGAL NOTICE NOTICE OF SALE SUPREME COURT NASSAU COUNTY

NEW YORK MORTGAGE SERVICING CORPORATION, Plaintiff vs. WERNER HENRY BUSCH, et al. Defts. Index #18211/90. Pursuant to judgment of foreclosure and sale dated Feb. 11, 1991, I will sell at public auction at the north front steps of the Nassau County Courthouse, 262 Old Country Rd., Mineola, NY. Said property located on the southerly side of North Dr., 205.55 ft. from the easterly side of North Dr. as the same curves, 50 ft. wide, which is formed by the center line of Brewster Pl. prolonged easterly measured along the

LEGAL NOTICE
easterly and southerly side of North Dr., RUNNING THENCE SE along the southerly side of South Dr. 60 ft.; THENCE SW 125.44 ft.; THENCE SW 32.01 ft.; THENCE NW 43 ft.; THENCE NE 100 ft. to the southerly side of South Dr., to the point or place of beginning. Sold subject to terms and conditions of filed judgment and terms of sale.

JOHN SPELLMAN,
Referee
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4X 5/14, 21, 28, 6/4

Scholarship Applications

Applications for the "Albinus A. Hanlon Scholarship" are now available for your son, daughter, or grandchild to apply.

The Scholarship award totals \$1,000 (\$250 for four years). Applicants must attend a duly accredited high school, or equivalent, and a member of the

graduating class at the time of selection.

Applications are available to all members in good standing of VFW Post 3211 or the Ladies Auxiliary.

Application forms will be made available at the Post or you may write or call the Chair-

man of the Scholarship Committee, Bill Bennett, 5 Petal Lane, Hicksville, in the evening at 681-3183, day number 718-649-9600.

The deadline for receipt of applications is Friday, May 14, (12 midnight).

HBA Opening Day



Instructional players marching into Abe Levitt Complex



Distinguished Guests: Lewis Yevoll, Thomas Golotta Tom Clark, Ann Ocker, Carl Marcellino... all on hand for the first pitch of the season.

Woodwell Named Supplier Of Month

The recipient of the Long Island Water Conference's Supplier of the Month Award has always realized the importance of precision, whether he was directing cannon fire or running a water district.

Richard E. Woodwell, Superintendent of the Hicksville Water District, received the award for the month of May at a recent meeting of the Water Conference, where he was honored for his 43 years of fine work in the public water supply industry.

"Woody's qualities, including dependability and dedication, make him an asset to our industry," said Conference Chairman John Tame. "He is a prime example of what a water supplier should be."

Mr. Woodwell began his career with Hicksville Water District as a laborer in 1949. He was promoted to foreman in 1956, and continued to move up the ranks, becoming supervisor in 1975 and superintendent in 1983.

As superintendent, he oversees all plant operations, such as maintenance, repair and water treatment. He ensures that everyone on the staff is doing his part to guarantee a safe and clean water supply for the 15,646 homes and commercial buildings that are served by Hicksville Water District.

While he was stationed with the Army's 43rd Division in Germany from 1951 to 1953, Mr. Woodwell, then Sergeant Woodwell, directed the fire of heavy guns, a job that requires coolness under pressure and fast thinking.

These traits come in handy at the water district, which has a storage capacity of 7.5 million gallons and a pumping capacity of 34 million gallons per day.

A member of the Long Island Water Conference for more

than 20 years, Mr. Woodwell also belongs to the Hicksville Veterans of Foreign Wars. He received his Grade 1 Plant Operators designation in 1978 from the New York State Department of Health.

Mr. Woodwell and his wife, Judith, have lived in Syosset for 21 years. They have a son, Justin.

In his spare time, Mr. Woodwell enjoys collecting stamps and building model ships.

Hogan Will Not Be Renominated

In a meeting held today, the Town of Oyster Bay Republican Executive Committee voted to recommend to the full town committee that Oyster Bay Councilman Howard T. Hogan not be nominated for reelection at the Oyster Bay Republican designating convention which will be held later this month.

The Executive Committee cited questions over Councilman Hogan's "residency and the potential conflict of interest and appearance of impropriety stemming from Councilman Hogan's private land development business within the Town of Oyster Bay" as the factors that went into their unanimous decision to recommend that Hogan not be renominated.

"Clearly, Tom Hogan's candidacy would bring a number of liabilities to the 1993 Republican ticket here in Oyster Bay," Town Chairman James E. Picken said. "The Democrats are eagerly awaiting a chance to exploit the issue of Councilman Hogan's admitted residence in Cold Spring Harbor in Suffolk county, and the continuing ethical questions concerning his (Hogan's) involvement as a private developer doing business within the township."

Seventh Grader Honored For Writing

Ian Serotkin, a seventh grader in Linda Donovan's English class at Jericho Middle School, was selected as one of the top winners in a statewide creative writing contest. Competing against hundreds of others from across New York State, Ian received an Honorable Mention in the 1992-93 Imagination Celebration writing contest sponsored by the Kennedy Center and the New York State Museum.

His writing will be included in a publication that features the best 15 selections submitted by New York students. The booklet will be published in early June.

According to Diane Cooney, head of the English program at the Middle School, "We're proud of both Ian and Ms. Donovan. One of the primary goals of the Creative Writing Opportunity is to offer motivation for both teachers and students."

"It gives me great satisfaction to be honored by such a group of respected professionals," he said. "I have a spot picked out on my wall for the plaque."

The Long Island Water Conference, established in 1951, consists of water supply professionals dedicated to providing and maintaining an adequate and safe water supply system. Conference members include the island's major purveyors of public drinking water; consulting engineers; attorneys; manufacturers and contractors related to water supply; and officials of governmental regulatory agencies.

VFW Community Service Awards

The Micksville VFW Post 3211 was proud to present two Community Service Awards at their last regular meeting. The two recipients were:

Carmela Vitiello for her outstanding work throughout the years on the VFW Voice of Democracy Program.

Leonard B. Austin, P.C. for his many contributions on behalf of veteran groups.

Mrs. Vitiello is Past President of the VFW Post 3211 Auxiliary and Past President of Nassau County VFW Auxiliary.

She is currently Chaplain of VFW District #1. Carmela is a tireless worker and is involved in many other VFW activities.

Mr. Austin, an attorney at law who has an office at Mitchell Field has been extremely helpful in representing veterans groups in many ways.

VFW Post 3211 Commander Dennis Ladislav, thanked both recipients for their contributions to our community, and they both received a standing ovation from the VFW membership.



Leonard B. Austin thanked the V.F.W. Commander and the members for the honor they had bestowed on him.



Mrs. Judy Austin, Leonard B. Austin, V.F.W. Commander Dennis Ladislav presenting the plaque to Mr. Austin.

SLEEP: TOO MUCH OR TOO LITTLE?

A free community education program about common sleep problems, presented by the Winthrop-University Hospital Sleep Disorders Center.

◆ Dr. Steven Feinsilver, Director of the Sleep Disorders Center, will present an overview of sleep related disorders, including their effects on daytime functioning and treatment options.

◆ Gila Hertz, PhD, Psychologist and Associate Director, will discuss difficulties in initiating and maintaining sleep, sleep problems in children, and some tips on how to achieve a good night's sleep.

◆ Claude Albertario, Technical Director of the Sleep Laboratory, will demonstrate sleep related devices and equipment to treat breathing disorders.

DATE: TUESDAY, MAY 25

TIME: 6:30 PM - REGISTRATION & REFRESHMENTS
7 - 9 PM - PROGRAM

PLACE: WINTHROP CONFERENCE CENTER
101 MINEOLA BOULEVARD
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today. For more information or to apply by phone, call 1-800-724-1021 (8:00 am - 8:00 pm Mon.-Fri.; 9:30 am - 1:30 pm Sat.).

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	Closing Costs	None	None	Yes	None

† No Closing Cost Option

Chart information as of 4/22/93.

Apply By Phone. Call 1-800-724-1021.

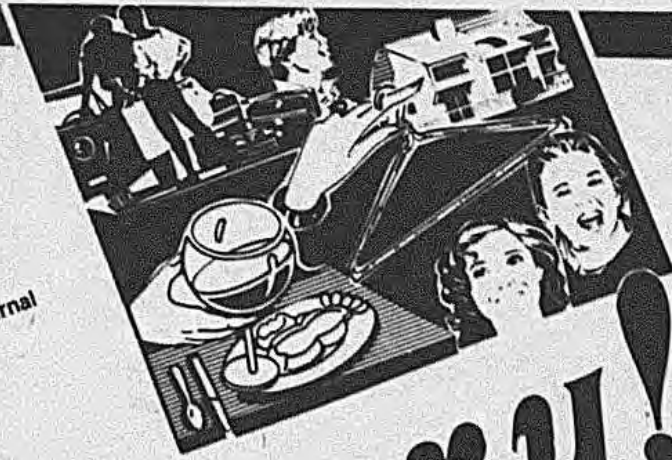
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*The APR may vary monthly and will be 1.50% above Prime, but the APR will not exceed 15.90%. Prime equals the highest rate identified by The Wall Street Journal as the Prime rate in its table entitled "Money Rates" as of the monthly determination date in the agreement. (As of March 15, 1993, APR based on Prime +1.50% was 7.50%; this rate may vary.) For lines greater than \$100,000, certain fees must be paid to third parties. These fees generally total between \$611 (for a \$101,000 line) and \$3,706 (for a \$250,000 line). Interest is tax deductible subject to certain limitations. Consult your tax advisor for details. The East New York Savings Bank is acting as a mortgage broker arranging credit with Manufacturers and Traders Trust Company, its affiliate bank, which will provide the credit. Offer available to new applicants only.



Part Two of the Mid Island Times
Syosset Advance, Williston Times,
New Hyde Park Herald Courier,
Bethpage Newsgram, Jericho News Journal
and The Garden City News



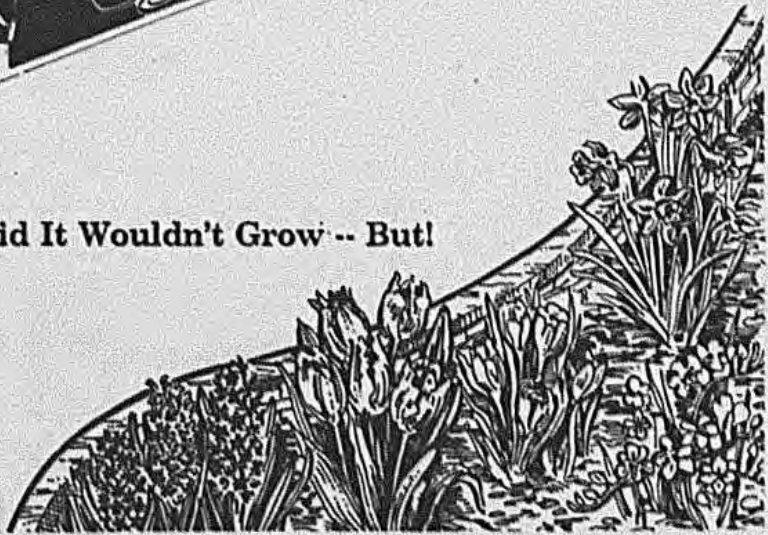
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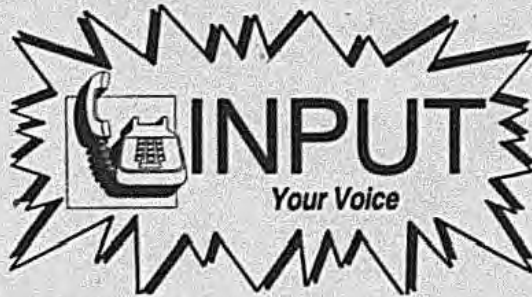


Friday, May 14, 1993

They Said It Wouldn't Grow -- But!

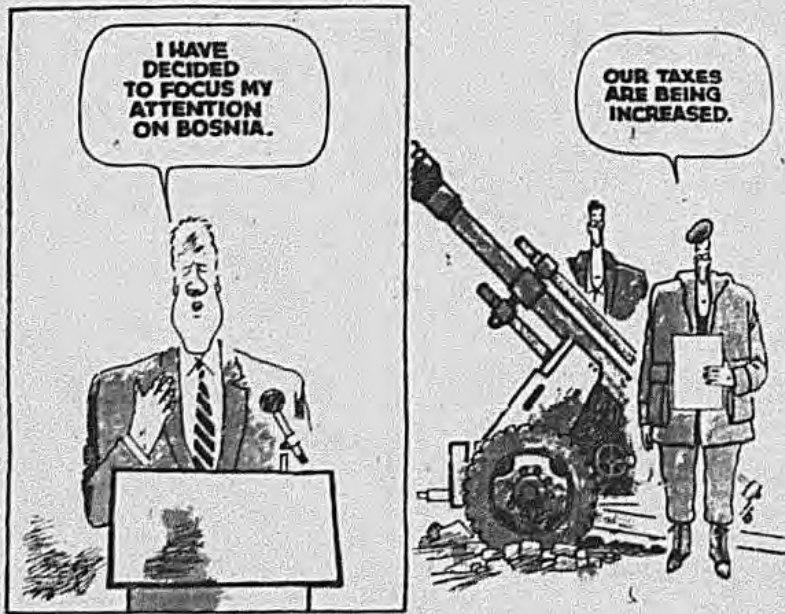


SEE PAGE 3



THE QUESTION OF THE WEEK

Do you think we should send forces to Bosnia?



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5. Publishers reserve the right to edit, modify or omit any and all material.

Most Callers Say 100 Days Not Enough

Input callers generally were not enthusiastic about President Clinton's accomplishments in the first 100 days, but many said that it was not time enough to evaluate his work in answer to this question: "Do you think assessing the President on his first 100 days in office gives a true image?" Here are some of the answers: **MORE TIME**

We have to give the President a little more time. But whether it is Democrats or Republicans I have never seen any dramatic change in this country. The Democrats have their donkey and that's how they think. The Republicans have their elephant and they think they are big and powerful. But it's possible sometime we might get a President like Roosevelt who can make changes. **K.K. SAME OLD CLINTON**

The first one hundred days are merely a continuation of Clinton's lifelong patterns of deception, distortion and dishonor. What is new. **R.K. RIDICULOUS PRACTICE**

Assessing a President after 100 days in office is a ridiculous practice, especially when a party is regaining control after 12 years of absence in the White House. People speak of the first 100 days of President FDR, they do not know that Roosevelt had months to prepare and Congress worked and went along with him willingly. A President should be given about one year before assessment. Even then it is difficult to judge. As an example look at George Bush. After the Persian Gulf war he was basking in the highest approval rating of any President. He left office after four years with very low approval rating. Politics is a tricky game and one minute you are loved and the next are hated. **D.H. 100 DAYS ENOUGH**

I think 100 days gives a good assessment of the President and we surely need help now. **J.C. HIGH EXPECTATIONS**

The reason President Clinton is sliding in the ratings is because he raised expectations beyond what was possible. Unfortunately he was not an honest campaigner. He knew that he had not real plans for making the economics of the country better and he used rhetoric to beat down Bush. When you are out of power it is easy to criticize. When you are in power you have to be realistic. Clinton and his followers were never realistic. In addition they had ideas of taking the country far to the left when they knew the majority of voters were not asking for that approach. If Clinton had come out for all of the things he and Hillary really believe in, he would have gone the way of McGovern. Instead he fooled the voters and now they are showing signs of being discontent. **N.F. 100 NOT ENOUGH**

I think the 100 days idea of assessing a President is unreal. With luck he might have struck a home run in his first 100 days. But that is not really the way the ills of the country can be cured. We need some long term programs and they will take time to bear fruit. Let's not judge Clinton yet. **V.S. WANTED CHANGE**

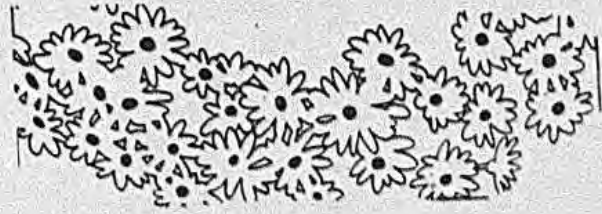
I suspect that most people, including myself, voted for Bill Clinton looking for a change after 12 years of Reagan and Bush. Considering all the change that is obviously needed, it's going to take a lot more than 100 days to make any impact on the needs of our country. With all the foreign distractions that keep coming up, I would say that it will take at least 2 years before we can assess our President's true image. And, if after 4 years in office he does not fulfill our expectations, then like George Bush, he undoubtedly will be voted out of office. **C.K. GIVE HIM A CHANCE**

The answer is "NO" - the first 100 days as President of the United States cannot give a true image of his performance in that brief period of time. Clearly, foreign potentates who had been wrestling with their very serious problems for quite a long period of time with little success had seriously expected Clinton to provide immediate answers to many of their internal and external frustrations. In all fairness, it was all that our new President could do to bow out of his previous responsibilities gracefully while simultaneously acquainting himself with the cast of domestic and foreign characters he had to face in the ensuing three years in office. And plainly, in my opinion, having at the same time to accommodate the pent-up aspirations and talents of his beloved wife, Hillary Rodham Clinton. I'm a Republican, but think it is only fair to give our newly elected President a fair opportunity to get his feet on the ground. **P.G.S.**

 PAST ISSUES

KORESH PROBLEM

Few of us were on the spot in Waco, Texas to have observed events first hand as they developed at the Koresh compound. In general we know what we read and what we saw on TV. Yes, this horror was precipitated by the acts of David Koresh and there are those people who say he and his followers got what they deserved. If you look back prior to the first assault on the compound you will understand this problem could have been handled in a more intelligent manner. Why was it necessary to twice attack the compound? Surely the Koresh followers were surrounded and could not leave. Why not sit tight and wait them out? Rene has admitted mistakes and Clinton finally accepted responsibility, but he knows that acceptance means nothing. Just a way to bury the matter. Remember Reagan accepted responsibility for the bombing of the Marine barracks? So what. So to save the children, we burned them. A general who is not a general ordered a frontal assault after a 15 minute conversation with a President who is not a commander. We have witnessed a horrible abuse of government power. **E.J.H.**



They Said It Wouldn't Grow -- But!

By Daniel L. Lionel

When we moved into our new home 37 years ago our landscaping featured, mud, wild radishes, tufts of crab grass and more mud. Our house was built on a former potato farm and outside of a few desultory evergreens around the front of the house provided by the builder our fairly large backyard appeared ready to revert to its former status.

Fortunately a food friend was the garden editor of the New York Herald Tribune. Every Sunday he presented a landscape design as part of his page. He offered to use our plot for his subject in an upcoming issue. Accordingly I gave him the map of our plot and subsequently the landscape plan appeared. It was complete with details of each type shrub and tree to be planted and where it was to be placed. My wife and I were so delighted with it that we turned it over to a local contractor with instructions to follow it to the letter.

As soon as Spring rolled around the plan was implemented and we were on our way to having a dream of a backyard. Our 8 year old son, however, had his own ideas.

One day he brought back from the nearby woods, and there were plenty of undeveloped areas around Syosset in those days, a maple tree sapling. It was about five feet high and one could encircle the trunk with one's fingers. He proceeded to plant his tree in the middle of the yard which our architect friend had purposely left as an open area for esthetic reasons. We did not notice the tree until late in the day and in answer to our surprised question, "Where did that come from?" our son proudly told us he had come upon the tree while frog hunting in the woods and thought it would be just the thing for the vacant area in the middle of our backyard.

Naturally we didn't want to hurt his feelings although the presence of a maple tree in the spot he planted it negated the concept of our landscape plan. Each morning, our son went out with a pitcher and watered his tree. He even found a bag of fertilizer in the garage and scattered some around the trunk.

When we expressed our misgivings about the tree to our neighbor whose gardening expertise stemmed from occasional visits to Central Park near his former apartment he assured us, "Don't worry," he said, "it'll never grow." Sure enough, the green leaves on the tiny tree soon shriveled up and dropped off. It only remained to dig it up and discard it.

With plenty of other things to do in our new home we didn't get around to uprooting the sapling for some weeks when we suddenly noticed that tiny green leaves had sprouted all over the tree! By the following Spring the tree grew over a foot and had a beautiful shape. At that point we decided to transplant it to a spot close to our patio where it still stands. Now its trunk is too thick to enable one's arms to encircle it and it towers thirty feet above our house.

In the sunny days of summer as we bask in its shade and in the fall when it puts all the other trees to shame with its almost vulgar display of color we are grateful for the persistence of our young son who didn't know his tree was supposed to die

About the Author

Dan. Lionel lives in Syosset. He has been on the staff of several metropolitan newspapers and is nationally known for his writing on phases of newspapering. This is his seventh contribution to Discovery.



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READER RATINGS



Q. While visiting France last year my friend and I ate in an elegant restaurant. We noticed that forks and spoons were facing downward on the tablecloth. Do you know why this was done?

A. This is an old French custom which is gradually giving way to the English and American way of facing forks and spoons upward.

Q. Recently I came across a menu expression that was new to me. Can you explain what "A la burgulgnonne" means?

A. Translated from the French it would mean "in the Burgundy style" and it refers to any dish served with small onions, spices, bacon, mushrooms and, of course, Burgundy wine.

Q. I often eat with friends at a local restaurant known for its beautiful decor and excellent food. However, for some reason the waiters and waitresses seem to wear grim expressions on their faces. They are not actually rude, but their manner is somewhat curt. Would it be a good idea to say something to the owner?

A. I don't know how the owner will take your comments, but you would actually be doing him or her a favor. It would cost nothing to have the employees a little more gracious and it would most likely increase the restaurant's business. Food and decor are important, but so is pleasant service.

DINING GUIDE

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DINING GUIDE

READER RATINGS



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PAGE 5A Friday, May 14, 1993 READER RATINGS

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4. Roll in dry, crushed sesame seeds mixed with 1 teaspoon salt.
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READER RATINGS

DINING GUIDE

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Q. When dining out I often like to begin my meal with a delicious shrimp cocktail. But the shrimp are usually quite large - too big to swallow in one bite. What is the proper way to eat them?

A. Impale the shrimp with your seafood fork and dip in the cocktail sauce. Take a manageable bite. Consume the remaining piece, dipping again into the sauce if desired.

In eating a shrimp cocktail it is never correct to cut the shrimp with a knife.

Q. Whenever I eat lunch with a certain friend, I notice that he takes a few mouthfuls of food then swallows and touches his lips with his napkin before sipping his beverage. Is he correct?

A. Yes, your friend is obeying the law of etiquette which says that a person does not drink liquids until his mouth is empty and his lips are clean. The purpose of this rule is to keep the rim of one's glass or cup free from unsightly food stains.

N.Y. Times Rave Review - May 3, 1992
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 • KITCHEN OPEN TILL 1 AM

By Carol Cutler

Remember old Prune Face? He was a character in the "Dick Tracy" comic strip, a sourpuss or a sunbather who overdid it. Well, those clichés are out and prunes are in.

The fruit's homely image is being superseded by our concern with fat in our diet. Prunes are notoriously nutritious. Three ounces contain 239 calories, about 7 grams of fiber, 745 milligrams of potassium and a lot of iron and beta carotene. The impressive level of fiber accounts for its reputation as a natural laxative.

Cooks have been experimenting with substituting prune puree for fat in baking. Especially successful have been fruit breads, puddings and cookies.

These substitutions are based on prune puree that you can make right in your own kitchen. Simply combine 4 ounces (½ cup) pitted prunes and 3 tablespoons water in the container of a food processor. Pulse on and off until the prunes are finely chopped. Yields ¼ cup.

These baked goods are just fine, but they are hardly the sort of dessert you serve when there is company for dinner. How about a Cold Prune Soufflé? Now there is a finale that commands attention. Whether a soufflé is served at the beginning of a meal or the end, guests know that they are being very well treated.

COLD PRUNE SOUFFLÉ WITH HOT SAUCE

- 2 tablespoons gelatin
- 1 tablespoon white liqueur (Cointreau, kirsch, framboise, etc.)
- 2 teaspoons plus 2 tablespoons water
- 1 pound prune paste (lekvar)
- 6 egg whites

Hot Sauce:
¼ pound prune paste
¼ cup water

2 tablespoons white liqueur (same as in soufflé)
Yields 8 servings.

Soften gelatin with white liqueur and 2 teaspoons of water. Meanwhile, slowly heat prune paste with 2 tablespoons of water so that it is boiling when you finish beating egg whites. While paste is heating, it will begin to liquefy. Once it is really hot, add softened gelatin.

Meanwhile, beat egg whites until very firm — about 5 or 6 minutes of strong beating. Keep an eye on hot prune paste; you must be able to pour it. If it looks too thick, add a bit more water.

Once paste is boiling, pour it slowly over egg whites while continuing to beat. Lacking a standing electric mixer, it is best to have someone help at this point to pour jelly while you continue beating whites. Heat of jelly will poach egg whites a bit, giving them a better flavor and glossier appearance. Once all jelly has been incorporated into whites, continue beating for 1 more minute.

Place moistened round of wax paper in bottom of 2-quart charlotte mold or soufflé dish. Pour soufflé mixture into mold, then tap mold firmly to settle soufflé well into container. Smooth top of soufflé and place in refrigerator for at least 2 hours.

At serving time loosen soufflé from the sides of mold by sliding a knife all around.

In small pot, heat prune paste for sauce with water and liqueur. Bring to boiling point, then pour a little over top of soufflé and pass rest in a sauce boat.

EXCURSIONS



JUNE 1-30, 1993

AMERICAN RIVERS MONTH

... A month to focus attention on these flowing beauties ...



Perfect pasta dishes for stressed chefs

By Sharon Achata

Pasta is practically the perfect food for stressed chefs. It cooks quickly with little kitchen mess, is versatile and inexpensive. Since dried pasta stores well on the shelf, it's always at hand for making last-minute meals.

Crucial to the success of such high-speed cuisine, however, is pairing the pasta with a sauce that's just as convenient.

Here are some favorite pantry pasta sauces — toppings made almost entirely from refrigerator staples, such as milk, and ingredients easy to keep on the pantry's shelves or in the freezer.

A can of tomato puree added to a can of sliced mushrooms becomes the sauce for Simple Spaghetti. To create Broccoli and Tomato Fettuccine, a can of stewed tomatoes is seasoned, simmered and then paired with frozen broccoli that has been sautéed in bottled salad dressing.

Pasta Florentine blends together milk, margarine and frozen chopped spinach to create a creamy pasta topper. Tuna Lemon Pasta relies on fresh lemon juice and olive oil to dress canned tuna, canned chopped olives and small pasta shells.

SIMPLE SPAGHETTINI

- 1 (16-ounce) can tomato puree
- 1 (4-ounce) can sliced mushrooms, drained
- 1 teaspoon dried oregano
- 1 teaspoon dried basil
- 1 teaspoon minced garlic
- ½ cup grated Parmesan cheese
- 12 ounces spaghetti
- Yields 4 servings.

Preparation time: 15 minutes.

In saucepan, combine tomato puree, mushrooms, oregano, basil, garlic and Parmesan; cover and simmer over medium heat, stirring occasionally.

Meanwhile, cook spaghetti according to package directions until *al dente*; drain.

To serve, spoon sauce over spaghetti.

BROCCOLI AND TOMATO FETTUCCINE

- 8 ounces fettuccine
- 1 (16-ounce) can stewed tomatoes
- 1 teaspoon dried basil
- 1 teaspoon dried oregano
- 2 cups frozen broccoli florets, thawed
- ¼ cup Italian dressing
- Yields 4 servings.

Preparation time: 15 minutes.

Cook fettuccine according to package directions.

Meanwhile, in small saucepan, break up tomatoes with back of large spoon. Add basil and oregano, cook over low heat 5 minutes. In large skillet over medium-high heat, stir-fry broccoli in Italian dressing for 2 minutes.

When fettuccine is *al dente*, drain. Place equally divided portions of pasta on individual dinner plates; top with equal portions of tomatoes and then broccoli.

PASTA FLORENTINE

- 8 ounces linguine
- ¼ cup milk
- ¼ cup chicken broth
- 1 (10-ounce) package frozen chopped spinach, thawed
- 1 teaspoon minced dried onion
- 1 teaspoon minced garlic
- 2 tablespoons margarine
- ¼ cup grated Parmesan cheese
- Yields 4 servings.

Preparation time: 15 minutes.

Cook linguine according to package directions.

Meanwhile, place milk, broth, spinach, onion and garlic in blender; blend until smooth, about 5 minutes.

In saucepan, cook together spinach mixture and margarine over low heat 5 minutes, stirring occasionally. Add Parmesan, stirring 1 minute or until slightly thickened.

When linguine is *al dente*, drain and place in serving dish. Pour spinach mixture over linguine, stir gently to mix.

TUNA-LEMON PASTA

- 12 ounces little pasta shells
- 1 (4-ounce) can chopped olives
- 3 tablespoons chopped pecans or sunflower kernels
- ¼ teaspoon minced garlic
- 1 tablespoon parsley flakes
- 1 teaspoon dried basil
- 2 (6¼-ounce) cans tuna, drained
- Juice of one lemon
- 6 tablespoons olive oil
- Yields 4 servings.

Preparation time: 15 minutes.

Cook pasta according to package directions.

Meanwhile, in large serving bowl, combine olives, nuts, garlic, parsley, basil and tuna. Mix gently, breaking up tuna slightly.

When pasta is *al dente*, drain and add to serving bowl. Pour on lemon juice and olive oil; mix well.

Sharon Achata is a free-lance writer.

DINING GUIDE

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KITCHEN KIDS



Homespun desserts

By Rena Coyle

Homespun desserts ought to be warm, flavorful and eaten with a spoon. Enjoyed while your family is relaxing, these desserts give a satisfying touch to the end of the day.

The Pear Clafoutis is one of my favorite desserts. It is quick and simple to make. Your children, including your youngest, will find every step one they can easily master. Because of the easy steps to preparing the clafoutis, as well as its quick baking time, it can be made at the last minute. The ingredients are very basic and ones that are probably already in your cupboard. Though this recipe calls for pears, apples, any kind of berry, banana or plums also can be successfully substituted.

A bowl of warm Rice Pudding will put a smile on any kid's face. Preparing the pudding is just a simple combination of a few easy steps. The hard part of making this recipe is waiting. Baked puddings are cooked in a low-temperature oven, taking the pudding about one and a half hours to set.

When making this recipe with your youngsters, do it either in midmorning or midafternoon. Once it is in the oven, the kids can head right back into their normal play or activities. They'll forget about the pudding, and then all of a sudden, it is ready. They get to enjoy this recipe twice, once making it and once again when eating it.

PEAR CLAFOUTIS

1 teaspoon butter
 6 pears, peeled and cut into large chunks OR 1 large can pear halves, drained

6 eggs
 ¼ cup sugar
 ¼ cup flour
 ¼ teaspoon ground cloves
 ½ cup pear nectar
 ½ cup milk
 Ice cream (optional)

Yields 8 servings.
 Preparation time: 30 minutes.
 Baking time: 25 minutes.

Utensils: 10-inch glass baking pan, mixing bowl, measuring cups and spoon, electric mixer, paper towel, oven mitts.

Preheat oven to 400 F. Rub butter evenly around bottom and sides of baking pan. Set aside.

Scatter pears around bottom of pan.

Combine eggs and sugar in mixing bowl. Beat with electric mixer until it is light and frothy. Add flour and cloves, blend smooth. Add pear nectar and milk and blend.

Scrape batter into baking pan, covering all pears. Put your oven mitts on and carefully place baking pan in oven. Bake for 25 minutes.

Once baked, turn off oven. With mitts on, carefully remove

baking pan and cool before serving.

Spoon into serving bowls with a scoop of ice cream.

WARM RICE PUDDING

½ cup white rice
 3 cups milk
 ¼ teaspoon vanilla
 ¼ teaspoon ground cinnamon
 ¼ cup sugar

Yields 6 servings.

Preparation time: 15 minutes.

Baking time: 1½ hours.

Utensils: 2 large saucepans, measuring cups and spoons, kitchen spoon, strainer, 1-quart baking pan, foil, oven mitts.

Rinse rice under cool water. Put it in saucepan and cover with water. Bring it to boil over medium-high heat and let it cook for 5 minutes. Turn off heat and set aside.

In the meantime, bring milk, vanilla and cinnamon to a simmer over medium-low heat. Turn off heat and set on cool burner. Add sugar, stir and then set aside.

Preheat oven to 325 F.

Drain rice in strainer, over sink. Add it to milk mixture. Pour it into baking pan and cover with sheet of aluminum foil. Put on oven mitts and carefully place pan in oven to bake for 1½ hours.

When baked, turn off oven and, with mitts on, carefully remove pan from oven. Serve pudding either warm or cold.

Rena Coyle is a mother and professional chef. Her cookbooks include: "My First Cookbook," "Baby, Let's Eat" and "My First Baking Book," published by Workman.

DISCOVERY

What the heck is a half-life?

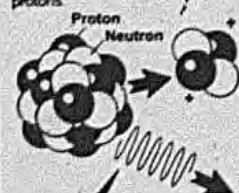
During radioactive decay, energy is given off at a certain rate. A half-life is the time it takes for half of the atoms in a given sample to decay.

Radioactivity

Some elements have unstable nuclei that "decay." This decay permanently changes the element, often into a different element.

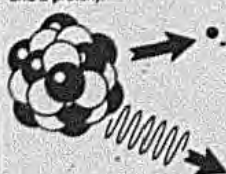
Alpha decay

An alpha particle is a helium nucleus — two neutrons and two protons.



Beta decay

A beta particle is an electron originating from a neutron (which is made of an electron and a proton).



Gamma decay

Release of high-energy gamma rays is usually present. Radiation disrupts large, living molecules such as DNA, causing illness or death.

Half-life



Element	Half-life	Element	Half-life
Polonium-218	0.16 seconds	Carbon-14	5,730 years
Bismuth-212	60.5 minutes	Plutonium-239	24,390 years
Sodium-24	15 hours	Uranium-235	710 million years
Phosphorus-32	14.3 days	Uranium-238	4.5 billion years

SOURCE: Physical Science, Prentice Hall

KITCHEN KIDS





Desiree Vivea

India is famous for its fiery, hot curries, but they didn't always blaze so brightly. It wasn't until the discovery of the New World opened trade routes with the West that hot peppers (native to the Americas) made their way into Indian cuisine. The rest is culinary history.

Because curry powder usually comes in a small bottle or tin, like other herbs and spices, many people mistakenly assume that it's like other seasonings: the dried leaf or seed or bark of a single plant. But actually, curry powder is a blend of spices and may contain as many as 20 different ingredients.

Three that provide the distinctive "base" flavor are coriander, cumin and fenugreek, while turmeric gives curry its golden mustard-yellow color.

Aside from these basics, there may be considerable variation.

Depending on the blend, other ingredients may include allspice, bay leaves, cardamom, cassia, cayenne pepper, celery seed, cinnamon, cloves, fennel, ginger, white or black pepper, dill, mace, mustard, nutmeg and/or onion powder.

Indian cooks blend their own curry powder daily for freshness, crushing different ingredients together with a mortar and pestle. A different combination of herbs and spices will be used to flavor seafood from that which will season, for instance, an egg or vegetable dish.

If there's an Indian market near you, and you're an adventurous type, you might try sampling their house curry blends. Start by asking for milder versions, since some can be extremely fiery.

If you find you can take the heat and want a hotter flavor, you can always spice things up by adding cayenne and/or black pepper. Or try adding crushed dried red-pepper flakes (the kind some people like to sprinkle over Italian food.)

Appropriate condiments to curry dishes include plain yogurt (which provides a mild counterpoint to spicy, hot curries), chopped cucumber, tomatoes, shredded coconut, raisins, peanuts and sweet chutney.

There are lots of interesting ways to use curry powder in your kitchen. Try it in appetizers, salad dressings, casseroles, dips, egg, cheese and poultry dishes.

Plain vegetables can be boring, but not when served with a dollop of piquant Curried Cheese Sauce. This is also delicious over open-faced sandwiches.

Hungry crowd for the morning meal? Inexpensive Curried Egg and Rice Scramble will feed a bunch for brunch. Chicken Soup Bombay makes an exotic lunch or light supper when served with crusty bread or hot cooked rice on the side.

CHUTNEY

1 cup raisins
1/2 cup lemon juice

1 medium apple, cored and peeled
1 clove garlic, peeled
3 teaspoons granulated sugar
2 teaspoons chopped fresh ginger
1/4 teaspoon salt
Yields 4 servings.
Preparation time: 4 minutes.
Cooking time: 2 minutes.
Oven setting: HIGH (100 percent power)

Combine raisins and lemon juice in 2-cup glass measure. Cover with plastic wrap and microwave 1 minute. Stir and microwave 1 minute longer. Set aside.

In blender, combine apple, garlic, sugar, ginger and salt. Add raisin mixture and blend until smooth. Serve immediately or chill until serving time.

CURRIED EGG AND RICE SCRAMBLE

1 cup water
2 teaspoons butter OR margarine
1/4 teaspoon salt
1 cup uncooked instant rice
1/2 cup chopped onion
1/2 cup chopped green pepper
1/4 teaspoon butter OR margarine
1 1/2 teaspoons curry powder
8 eggs
1/2 cup milk
1/4 teaspoon salt
1/4 teaspoon pepper
1/2 cup shredded Monterey Jack cheese

1 large, ripe tomato, chopped
2 tablespoons chopped cilantro
Yields 6 servings.
Preparation time: 10 to 15 minutes.

Cooking time: 11 to 13 minutes.
Oven setting: HIGH (100 percent power).

Combine water, 2 teaspoons butter or margarine, salt and rice in 1-quart microwave-safe casserole. Cover and microwave 4 to 7 minutes, or until water is absorbed and rice tender. Fluff with fork and set aside.

In 2-quart microwave-safe casserole, combine onion, green pepper and 1/4 teaspoon butter or margarine. Cover and microwave 3 to 5 minutes, or until vegetables are just tender. Add curry powder; stir. Microwave 1 minute longer.

In large mixing bowl, beat together eggs, milk, salt and pepper. Fold in cooked rice. Add this mixture to curry-vegetable mixture; sprinkle with shredded cheese and toss.

Cover and microwave 3 to 5 minutes, stirring every 2 minutes, until firm but moist. Garnish with chopped tomato and cilantro.

MICRO-TIP OF WEEK

Add a pinch of curry powder to butter or margarine when microwave-sauteing vegetables or meats. It's a quick and easy way to add appetizing color and interesting flavor.

FOR TEENS

By Willard Abraham,
Ph.D.

'Women's work'

Dr. Abraham: Is it so terrible that I don't mind sewing buttons on clothing my family wears and patch up tears once in a while, too? I even kind of like doing that. But my dad is always after me to cut it out because, as he says, "That's women's work." Maybe it is, but what's the big deal?

What gets him going is that I'm a husky 15-year-old guy, not a sissy at all. I do lots of guy things, such as playing football and basketball, and I like the girls, so you'd think he would lay off me. But something gets into him about the sewing.

Can you figure it out for me? — Puzled

Puzled: It isn't unusual for some men who grew up in a different time to still believe that a woman's place is in the home, and a man should go out and earn the family living.

The line between those two sex roles has blurred considerably in recent years. Men now more frequently help with household chores and large numbers of women have managed to successfully combine outside work with home responsibilities.

No one can guarantee how long it will take until your dad may become more realistic, or whether he really will come around eventually. So try to be patient, and hang on to the hope that he will begin to relax into the almost 21st century.

Dr. Abraham: I hear the words "self-esteem" thrown around a lot, and I usually just let them pass over my head. But when they are used in connection with me personally, that is something else.

They came out of my father's mouth, like about my "lacking self-esteem." When I asked him what he meant, he said I should ask my mother. So I did, but she just said I ought to ask one of my high school teachers.

I haven't done that yet. Maybe I will, but I'm asking you first.

Thanks loads. — Wondering
Wondering: When that term is used it usually refers to self-respect, feeling good about one's self, and perhaps taking pride in one's capabilities. It generally stops short of boasting, vanity or a kind of self-importance (like, "I'm better than you are.")

You might want to discuss this issue with your school counselor. If he or she feels you have some needs related to this matter, a basic question becomes, "What should I do about it?" Your counselor will probably have some suggestions, and might want to bring your parents into the picture.

Your father and mother may benefit by discussing this matter with your counselor, which could lead to a relief for you.

Dr. Abraham: I get more worried all the time about what is going on in our wonderful country. I know for a fact, for example, that some kids in my school carry guns. What would happen if they got excited, upset, or hysterical, and pulled them out and started shooting? Anybody who reads the papers knows it has happened.

I read a little about the Brady bill. Can you give me some details

related to what it is based on?

Please fill me in with whatever you can on this issue. It's so terribly serious. — Gun Worries

Gun Worries: The Brady bill deals with a limited type of gun control, and evolved from the traumatic gunshot injury of James Brady, White House press secretary in the administration of President Reagan, who was the target of an assassination attack.

Brady and his wife, Sarah, started an organization called the Center to Prevent Handgun Violence.

Here are statements from some of the materials they developed; they are offered in response to your specific question.

• Gunshot wounds are the second leading cause of death among high school-age youngsters in the United States.

• A survey of high school students nationwide found that one in 25 carried a gun in 1990. In a similar survey (in 1987), 48 percent of 10th-grade boys and 34 percent of those in eighth grade said they could get a handgun if they wanted one.

• Every day in the United States 12 children ages 19 and under are killed in gun accidents, suicides and homicides. Many more are wounded. Shootings are the third leading cause of accidental deaths among young people.

• An estimated 400,000 boys took guns to school in 1987.

• Firearm murders of youngsters (19 and below) increased 123 percent between 1984 and 1990.

• Gang or drug disputes were the leading cause of school gun violence (18 percent). Long-standing arguments (15 percent), romantic disagreements (12 percent), fights over material possessions (10 percent), and accidents (13 percent) are also common.

• Handguns were the overwhelming choice of firearms (75 percent) for those who committed gun violence in the schools.

• From 1980 through 1989 more than 11,000 people died in the United States as a result of homicides committed by high school-aged youths using firearms, cutting instruments or blunt objects.

In many communities, laws have been passed requiring parental approval for underage persons to carry a gun. That is no doubt far less of a control than if no young person were permitted to carry a gun under any circumstances.

For more information on this subject you can write to the Center to Prevent Handgun Violence, 1225 Eye St. N.W. (Room 1150), Washington, DC 20005.

Among the publications they have available are these: "Working to Save Lives and Reduce Gun Injuries," "You CAN Do Something about Handgun Violence," "Caught in the Crossfire: Report on Gun Violence in Our Nation's Schools," "Children & Handguns," "Child's Play: A Study of 268 Unintentional Handgun Shootings of Children" and "Handgun Facts."

To broaden your knowledge of this tragic and controversial issue you may also want to contact the National Rifle Association (NRA) in your locality regarding publications of theirs that might be available.

Cooking Corner



Pasta perfect

By Orlando Ramirez

It's so simple at first glance. Flour mixed with a little egg — what could be so difficult about making pasta?

Not much if you've got a pair of nimble fingers, strong hands or a food processor and a pasta machine, as well as an hour or more to do all the waiting, stretching and boiling.

And why go through all the fuss when there are all kinds of pasta — fresh and dried — at the local market?

Why? Because nothing beats that first bite into fresh pasta cooked *al dente*. The sensation when the cooked durum yields to the tooth is sublime and can't be duplicated with store-bought noodles.

The other advantage of making your own is that you can vary the kind of pasta you serve family and friends. The recipes presented here range from pastas made with spinach to lemon to sun-dried tomatoes. However, don't let these suggestions limit you. You can even make a black pasta from squid's ink!

The point to flavoring such an essential staple is to provide new texture to what can be a humdrum dish. However, when you flavor a pasta, be sure to consider the sauce.

A basic rule is that the more complicated the pasta, the simpler the sauce.

Also, if you decide to make your own pasta, don't waste your efforts by serving a bottled sauce. A simple sauce of uncooked fresh tomatoes and herbs over the Pasta Gialla beats anything with a Newman or Sinatra label.

For example, serve the Pasta Verde with a classic Ragù Bolognese, basically fresh tomatoes, ground beef, vegetables and spices cooked with wine. The mixture of the red sauce with the green noodles is an eye-pleasing as well as palate-pleasing dish.

Because of the complex flavor of Pasta Di Herbe — basil, chives, parsley and chervil mixed with basic pasta — a simple sauce of butter and Parmesan cheese will make it a tasty side dish.

Another suggestion would be to serve buttered Pasta Di Herbe with a saucy dish like *osso buco* where the flavor of the herbs will mix with the sauce.

Pasta Di Limone almost demands to be partnered with seafood, preferably steamed mussels or a squid and wine concoction. However, it can also be paired with roast chicken or stew.

Think summer when it comes to Pasta Di Pomodoro. A simple dressing made from olive oil, basil and a few shavings of Parmesan

cheese is all this red pasta needs.

When it comes to sauces, there are many to choose from. The basic egg pasta is delicious with a Carbonara sauce.

In this recipe butter, olive oil, minced garlic and pancetta (Italian ham) are simmered in wine. The trick is to combine this with still-steaming pasta, cheese and lightly beaten eggs. The eggs cook right in the bowl.

Two important steps are rolling out and cutting the dough.

A pasta machine makes these steps less of a chore.

Whether using a hand-cranked or automatic model, adjust the setting to the correct thickness, depending on the kind of noodle you want. For spaghetti, you want a very thin dough, while linguini requires a thicker setting. It will require a couple of passes through the machine to get the thickness you want.

Then, using the cutting attachments, adjust to the desired width, such as a wide setting for lasagna, and pass through the machine.

Rolling and cutting by hand requires a good rolling pin and two strong arms.

Be sure to flour the work surface well to keep the dough from sticking and turn the dough, working from the center to get an even thickness.

Remember that the gluten in the dough will make it very elastic, and be sure to keep the working surface dusted with flour.

When ready to cut, fold the floured dough and, with a sharp knife, cut to the desired width.

Given that summer is fast approaching, it wouldn't be a bad idea to plant an herb garden to use for pasta and sauces. Rosemary, oregano, parsley and especially basil would be good plantings.

Nothing beats a good pesto sauce like the Pesto Genovese provided here. Some family recipes call for walnuts instead of pine nuts, but this recipe is the classic.

Pine nuts can be expensive on a per-ounce basis, but they are worth it because only 2 tablespoons are used. The important ingredient is the basil leaves — the fresher the better.

You can prepare the pesto up to a week in advance. Be sure not to incorporate the Parmesan cheese, garlic and butter. To refrigerate, store in an airtight container under a thin film of olive oil.

One idea is to freeze the pesto in an ice-cube tray, then unmold and store in a plastic bag. Each ice cube roughly equals one serving of pasta.

To store leftover fresh pasta consider these alternatives:

- Wrap in plastic wrap and

freeze for later use. It will keep indefinitely.

- Roll it out and cut into shapes for soup.

- Roll out pasta, cut into uniform shapes and dry on racks. Store in an airtight container and use like any other dried pasta.

- Roll, cut and cook leftovers immediately and use in a pasta salad.

These recipes are from The Cole Group's California Culinary Academy Series cookbook, "Italian Cooking at the Academy," available from the publisher, 4415 Sonoma Highway, Santa Rosa, CA 95409, (800) 959-2717, or your local bookseller (\$11.95).

PASTA GIALLA

(Basic Egg Dough)

1 1/4 cups unbleached flour
1 teaspoon coarse salt
1 1/4 eggs (see Note) or 2 medium eggs, lightly beaten
Yields 1 1/4 pounds pasta.

To mix by hand: Put flour and salt in bowl. Stir to blend. Make a well in center and add eggs. With fork or your fingertips, gradually incorporate all the flour to form a mass. Knead lightly to form a smooth ball. Cover with plastic wrap and let rest 20 minutes or overnight before rolling and cutting.

To mix in food processor: Put flour and salt in work bowl of processor fitted with steel blade. Begin processing. With machine running, add eggs through feed tube in a slow, steady stream. Process until mixture begins to come together but has not formed a ball. Stop machine and press a bit of dough between thumb and first finger.

If it holds together, remove dough from bowl and knead by hand to form a smooth ball. If it doesn't hold together, process another 5 seconds, then knead by hand to form a smooth ball. Cover with plastic wrap and let rest 20 minutes or overnight before rolling and cutting.

Note: Break 2 large eggs into a bowl. Whisk with a fork to blend. Measure volume and pour off one-quarter.

•••
Be sure to squeeze as much moisture as possible out of the spinach or the dough will be too wet.

PASTA VERDE

(Spinach Pasta)

1 recipe Pasta Gialla
3/4 pound fresh spinach, leaves and stems, blanched, drained, squeezed dry and finely minced
Yields 1 1/4 pounds pasta.

To mix by hand: Combine flour and salt in bowl as directed for Pasta Gialla. Combine spinach and eggs. Make a well in the flour and add spinach-egg mixture. Continue as directed for Pasta Gialla.

To mix in food processor: Place spinach in work bowl along with flour and salt. Process until blended, then add eggs and continue as directed for Pasta Gialla.

•••
Fresh herbs from your garden or market can turn Pasta Gialla into a fragrant pasta that's delicious with just butter and cheese. Be careful with strong herbs like rose-

mary and oregano; use them in small quantities, rounding out the cup of herbs called for with mild parsley.

PASTA DI HERBE

(Fresh Herb Pasta)

1 recipe Pasta Gialla
1 cup mixed fresh herbs (basil, chives, parsley and chervil, loosely packed)

Yields 1 1/4 pounds pasta.

To mix by hand: Combine flour and salt in bowl as directed for Pasta Gialla. Mince herbs and combine with beaten egg. Make a well in center of flour and add herb-egg mixture. Continue as directed for Pasta Gialla.

To mix in food processor: Place herbs in work bowl along with flour and salt. Process until blended, then add eggs and continue as directed for Pasta Gialla.

•••
Serve this zesty pasta with steamed mussels or seafood sauces. Use only the bright yellow part of the lemon rind; the white part is bitter.

PASTA DI LIMONE

(Lemon Pasta)

1 recipe Pasta Gialla
1 1/4 tablespoons grated lemon rind
1/4 teaspoon lemon juice
Yields 1 1/4 pounds pasta.

To mix by hand: Combine flour and salt as directed for Pasta Gialla. Combine lemon rind and juice with eggs, then make a well in center of flour and add lemon-egg mixture. Continue as directed for Pasta Gialla.

To mix in food processor: Place lemon rind in work bowl along with flour and salt. Process until blended. Combine lemon juice with eggs, then add to flour and continue as directed for Pasta Gialla.

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Garlic warmed in olive oil, shredded basil and Parmesan are all that's needed to turn this pasta into a splendid first course.

PASTA DI POMODORI

(Sun-Dried Tomato Pasta)

1 1/4 cups unbleached flour
1/2 teaspoon coarse salt
2 sun-dried tomatoes, plus 1 teaspoon tomato oil from jar
1 large egg
Yields 1 1/4 pounds pasta.

To mix by hand: Combine flour and salt as directed for Pasta Gialla. Mince tomatoes almost to paste. Combine tomatoes and tomato oil with egg, then make a well in center of flour and add tomato-egg mixture. Continue as directed for Pasta Gialla.

To mix in food processor: Put flour along with flour and salt in work bowl of processor fitted with steel blade. Process 3 seconds to blend. Add tomatoes and process until blended. Combine egg and tomato oil and continue as directed for Pasta Gialla.

•••
Pesto is a summer sauce, to make when basil is abundant and inexpensive. Its pungent aroma is unforgettable, whether it's tossed with hot linguine or stirred into a steaming minestrone. For Genovese sailors long at sea, a fragrant *pasta al pesto* is the traditional welcome home.

Garden Talk

By C.Z. Guest

The exterior of a home gives an immediate impression about the people who live there. And like it or not, the lawn is an important part of that impression.

An attractive, well-maintained one shows that the owners take pride in their property and themselves. Also, a healthy lawn replenishes the atmosphere with oxygen and raises the property's value.

What do you do then if you've bought an older house whose lawn is run-down, purchased a new house with a low-quality yard, or let yours run down?

You might call a landscaper. But if you want to be frugal and save money — and fertilize the natural way — you could do it yourself in one day. It's a cinch! All you need are the proper tools, grass seed and a good organic fertilizer.

PREPARING THE SOIL

The first step in planting a lawn is to prepare the soil. Rent a rototiller to loosen soil to a depth of 2 to 3 inches. To lighten heavy clay soil or sandy soil, mix in peat moss using the rototiller.

Then rake the soil smooth to remove old grass and weeds as well as stones and debris. To achieve good drainage, grade the soil so that it slopes slightly away from the house.

Fertilizing is crucial for nourishing newly planted seeds, which contain only enough nutrients to create their first burst of growth. Additional nourishment is necessary for further plant development.

When selecting a fertilizer, look for one that is rich in nitrogen, phosphorous and potassium.

Before you begin planting, consider how much traffic your lawn gets as well as which type of lawn seed flourishes best in your area.

Kentucky bluegrass or Merion bluegrass are sturdy enough for heavy traffic and hardy enough for the tough climate conditions of the North and Midwest.

Coarse-textured fescues and Zoysia also are able to withstand heavy activity. Fescues work well in dry climates, poor soil conditions and shade; Zoysia grows well in sun or shade.

Elegant bent grass, Bermuda grass and St. Augustine grass grow well in the seasonal environments of the South and West Coast. All require frequent mowing.

SPREADING GRASS SEED

Though amounts vary from mixture to mixture, a general rule of thumb is to use 3 pounds of seed for every 1,000 square feet of lawn.

Use a lawn spreader to distribute the seeds evenly, making sure not to seed any particular area too quickly. Young plants need room to grow leaves and, if they are planted too close together, may fade quickly.

After spreading the seeds, rake them gently with the back of a bamboo rake to lightly cover the soil. Go over once with an empty roller to gently press the seeds into contact with the soil.

It is important not to cover the seeds completely; they must have light to sprout, as well as moisture and warmth.

After you've seeded and rolled the lawn, apply fertilizer. Check the fertilizer bag for recommended amount.

Planting a new lawn

- Use a rototiller to loosen soil to a depth of 2 to 3 inches.
- Rake soil to remove old grass, leaves, stones and debris.
- Use a fertilizer rich in nitrogen, phosphorous and potassium.
- Plant a grass variety suitable to your garden. Kentucky and Merion bluegrasses stand up to heavy traffic; fescues are ideal in dry climates.



Our Children

By Willard Abraham



Safety savvy for smart parents

Q. I am a worrywart about our two children. Maybe not as much as most parents, but they are so precious to us, and I want to keep them healthy and strong. They are two little girls, 2 and 4 years old.

I watch their diet carefully and try to control dangers around the house and yard.

I'll appreciate any advice you can give me on precautions to take.

A. You are obviously off to a good start, but I'll try to add to your list of preventative efforts. Most come from Dr. John G. Hunter in New York City, whose extensive medical experience involves children's safety. Here are some of his suggestions:

- Watching a toddler walk or run is like witnessing potential injuries in action. They have top-heavy little bodies, with their center of gravity higher than those of adults. They don't instinctively protect their heads and faces as adults often do when trying to break a fall with their arms.

- Those who are 18 months to 3 years have to be monitored most closely. Little boys are at greater risk than young girls.

- Reduce home conditions that can invite dangers, including rugs and sharp-edged furniture.

- Adult supervision during bed and bath time activities is important. Slipping in bathtubs and jumping and falling from beds are common causes for cuts, wounds and breaks.

- Medicines, cleaning materials and other household products that can be dangerous to children should be carefully controlled and out of their reach.

- Environmental changes (like wintry home restrictions, outdoor snow and icy conditions and adapting to indoor activities after summer's outdoor involvements) require gradual adjustments and careful adult monitoring. Playground supervision also is necessary.

- If injuries occur, immediate medical evaluation is important. When in doubt, go in the direction of such care.

- Try to remain calm. Overt parental fears could sometimes be as child-frightening as actual pain. If stitches or other medical procedures are required, perhaps mention temporary discomfort but a result of feeling better. Tell the truth, softening it honestly.

A source of related information is available to you if you send a self-addressed, stamped, business-size envelope to Benna Holden, c/o

Kovak-Thomas, 1674 Broadway, New York, NY 10019.

Another sensible contact, of course, could be your own pediatrician or family physician.

I'll be happy to send you a copy of an article I've written on this subject, titled "Accidents, Safety and Young Children" if you enclose a stamped, self-addressed envelope with your request. There is no cost for it.

Included among other aspects of newborn to 4-year-old children and their parents is a weekly television offering presented on cable TV's "Family Channel." It is a combination of two programs, "Healthy Kids" and "American Baby." The health hints provided go into subjects like immunizations, teething, sibling rivalry, rashes and many other parental concerns.

If you have a local cable station, they might be able to tell you the time and day these programs appear.

They have been recommended by the American Academy of Pediatrics.

Q. Our infant has already shown a preference for using his left hand. It is very obvious that it is his favorite hand, and it is also obvious that my husband feels strongly that we should do something about it.

But what? That is what I wish you would help us with.

A. I really thought that this parental concern had long ago gone the way of the extinct dodo bird. That's sad because the prevalent attitude toward lefthandedness seems to have been well accepted for a long time.

It is based on recognizing a child's preference and the fact that it can't totally be changed anyway.

Some parents are worried because they think it may mean lower intelligence and perhaps even lower skills in reading and other academic areas. There are plenty of parental concerns to worry about rather than a make-believe one based on which hand a child should use.

The answer should be pretty simple. Let him use the one that he wants to use.

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By Kit Saedaker

From walking to nutrition, what's new

By Jack Williams

First there were the hand-held weights to make the simple act of walking a real, heavy-duty exercise. Then came the specialized, high-tech shoes to quicken the step by lightening the load and cushioning the road.

And now? If you've joined the estimated 90 million Americans who walk at least twice a week for exercise, more power to you, suggests the fitness industry. It wants to equip you with adjustable lightweight poles to push into the ground as you walk, the better to tone the upper body while you're hoofing and huffing.

Welcome to power-pole walking. According to NordicTrack, whose collapsible Power Poles are about to hit the national marketplace, pushing off on two lightweight poles as you would in cross-country skiing burns up to 40 percent more calories than walking without such devices.

Says Gary Yanker of New York City, whose eight books on walking threaten to turn the simplest of exercises into a science: "Pole walking combines aerobics and body building. It allows you to pump a weight (the pole), place it on the ground and push against resistance.

"When you push through as you walk, you feel it all the way to the buttocks."

The poles also can serve as support for those with injuries and in rehabilitation. And Rollerbladers may find them useful in adding an upper-body dimension to their workout.

"You have to develop a rhythm," says Yanker. "The first 15 minutes feel awkward. But after you master the basics — which we call the handshake pump — you can do the torso twist, arm presses and shift into a longer stride."

The idea of simply walking to achieve a prescribed pulse rate is on its last legs, contends Yanker.

"The new trend is pumping your arms and engaging more muscles as you walk."

the national commitment to fitness in general seems to be going in reverse.

The number of people who participated 100 times or more last year in at least one fitness activity has declined for the second straight year, down 7.5 percent from 1990.

The figures, based on a nationwide study conducted by American Sports Analysis, show that health club memberships have remained stable and that consumers are more apt to spend their calories — and dollars — on step and ski machines these days than on exercise bikes and rowing machines.

Meanwhile, in-line skating jumped 51 percent in popularity last year, and mountain biking advanced 16 percent.

But an aging population continues to gravitate to more joint-friendly activities than jogging. There was an 8 percent decline in the running population last year — the first significant downturn since the jogging boom of the late '70s.

FUEL TESTING

For all their energy-giving advantages, carbohydrates won't necessarily increase your endurance and strength.

In a U.S. Department of Agriculture research study, 18 men in their 20s and 30s were divided into three groups: runners, weight lifters and non-exercisers.

Although the runners and lifters burned considerably more calories than their sedentary counterparts, tests indicated no increase in strength or endurance whether they consumed 62 percent or 42 percent of their calories from carbohydrates.



TRACKING TRENDS

While the exercise-walking movement makes steady strides,

Tofu makes healthy addition

At least once or twice a year I do a little dance for tofu. I know it isn't universally accepted yet, but more and more cooks are at least looking and cooking with it.

It's important not to try to eat tofu as it comes from the carton. This soybean derivative is so bland it doesn't taste like much until processed with other ingredients. Toss tofu in soup, in stir-fries and use it in the recipes below.

As you do, know that tofu, loaded with protein, also has a surprising amount of fat, not saturated fat, but plain fat. Take that into account when you use it.

Below, three examples of dishes that are the better for added tofu.

CREOLE TOFU

1 cup chopped green pepper
1 (8-ounce) can tomato sauce
1/4 teaspoon dried oregano
1/4 teaspoon dried basil
1/4 teaspoon garlic powder
12 ounces firm tofu cut into 1/2-inch cubes, drained well
1 tablespoon grated Parmesan cheese

Yields 4 servings.

Each serving has about 150 calories, 9 grams fat, 1 milligram cholesterol and 380 milligrams sodium.

Combine green pepper, tomato sauce, oregano, basil and garlic powder in large skillet sprayed with non-stick spray. Cover and cook over medium heat until green peppers are tender, about 12 minutes.

Reduce heat to low and stir in tofu. Heat through. Transfer mixture to serving bowl and sprinkle with Parmesan cheese.

TOFU RICE PATTIES

6 ounces tofu, sliced, drained well
2 eggs, beaten
1 tablespoon all-purpose flour
1 teaspoon baking powder
2 tablespoons sugar
2 teaspoons vanilla extract

1/4 teaspoon lemon extract
1/4 teaspoon ground cinnamon
1/4 cup raisins
1 cup cooked brown rice
Sauce:
1 tablespoon cornstarch
1/2 cup water
2 tablespoons low-calorie peach or apricot preserve
1 tablespoon sugar
Yields 4 servings of 3 patties for each serving.

Each serving has about 230 calories, 5 grams fat, 137 milligrams cholesterol and 145 milligrams sodium.

Combine all ingredients except raisins and rice in large bowl. Mash with fork or potato masher until blended. Stir in raisins and rice. Drop mixture onto non-stick skillet or griddle preheated and sprayed with non-stick coating. When edges of patties are dry, turn and brown other side.

For sauce, dissolve cornstarch and water in saucepan. Add rest of sauce ingredients and bring to a boil, stirring constantly. Boil for a minute, stirring.

TOFU CINNAMON PUDDING

6 ounces tofu sliced, drained well
2 eggs
1/2 cup low-fat cottage cheese
1 teaspoon vanilla
1 teaspoon almond extract
1 teaspoon ground cinnamon
1/4 cup sugar
Yields 4 servings.

Each serving has about 160 calories, 5 grams fat, 140 milligrams cholesterol and 190 milligrams sodium.

Preheat oven to 350 F. In blender or food processor combine tofu with rest of ingredients and blend until smooth. Pour mixture into 4x8-inch non-stick loaf pan or one that has been sprayed with non-stick coating. Bake 35 to 40 minutes until set. Cool and then chill. Cut into squares to serve.

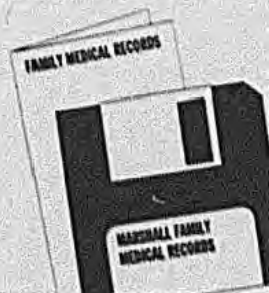
HEALTH WATCH

Make and carry a family medical record card

Be ready for emergency calls with a family medical record card that you can keep in your purse or wallet. While you are at it, make a floppy disk record of family medical records and keep one at home and one at work.

Things to include on the card:

- Family member's name, birth date, Social Security number, HMO medical record number
- Family physicians' and dentists' names, addresses and telephone numbers
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- Medications being taken
- Broken bones, childhood illnesses, hospitalizations, etc.
- Relatives' telephone numbers.



Here's How

By Gene Gary



Repairing dry rot areas

Q. We have small areas of dry rot on several windowsills and the front doorjamb of our home. Is it possible to correct this problem without replacing the wood?

A. What recommendations do you have concerning treatments for dry rot?

The term "dry rot" is a misnomer because the fungus that gives this crumbly, dry appearance to wood actually requires moisture to survive. Fortunately, today there's a new class of epoxy fillers that can renew rotted wood much like body putty on a rusted fender.

But first you should identify the source of moisture and do some preliminary repairs to keep it out. Check gutters and downspouts to

assure that they are not leaking, and rainwater is directed away from exterior walls and the foundation of your home.

Doors typically fall victim to rot if the sill isn't properly sloped away from the door. The end grain of the door soaks up water and eventually rots.

The first thing to do in such a case is to make sure the doorsill is shedding water. It may need to be repositioned or shimmed to slope away from the house.

Problems occur with windows when the glazing compound and caulk are faulty or the condition of the paint is poor. If the glazing compound is starting to crack, you can knock it out with a chisel.

Loose compound will lift out; if it's cracked but still intact, you can tap the compound lightly with a chisel placed halfway through the bead of the compound.

This will break the compound loose from the window and allow you to knock it out. If removal is stubborn, use a heat gun to soften the compound. But be careful to shield the window from excess heat, which will break the glass. Use a wide putty knife or piece of sheet metal.

To install new glazing compound, roll it into a bead about the size of your little finger, place it in front of the glass and form the bead into a 45-degree angle with a putty knife. If the wood in the window has a few rotten spots, it's not necessary to rip it out and install a new window.

Areas of rot usually can be repaired by using an epoxy filler, providing the area is small enough that a whole member of the window (such as the whole bottom sill) doesn't need replacing.

To repair the dry rot areas, use a two-step repair system.

After clearing away any loose material, the first step is to treat the wood with a liquid epoxy con-

solidant that impregnates and reinforces the wood fibers.

The second step builds up and fills in the decayed area. Once it has dried, it can be cut, planed or sanded to match the area surrounding the repair.

After sanding patches to conform to the shape of the original part, it's time to paint. For best protection, first coat troublesome areas with a good water-repellent preservative. Then prime and paint with a good-quality paint compatible with the existing paint.

Epoxy consolidants and wood fillers are available at home centers and building supply outlets.

Product manufacturers include Allied Resin Corp. (Weymouth Industrial Park, East Weymouth, MA 02189); Minwax Co. (P.O. Box 426, Little Falls, NJ 07424); Abatron Inc. (141 Center Drive, Gilberts, IL 60136); and Dymark Co. (111F Creek Ridge Road, Greensboro, NC 27406).

When working with any chemicals as potent as these resins and hardeners, certain safety measures should be taken. Use eye, skin and respiratory protection. Work in a well-ventilated area. Follow manufacturer's directions to the letter.

Decor Score

By Rose Bennett Gilbert



Middle-of-the-road decorating

Q. Save our relationship! My significant other and I have finally decided to buy a house together after living in an apartment for six years.

The moment we started making decorating decisions, the trouble began! He hates flowers, I love flowers. He likes black and white, I love color, etc. About the only thing we agree on is antiques: Both of us like them, and we've accumulated a few nice pieces.

The fight of the moment is over the dining room. I want to wallpaper; he wants plain paint and no flowers! Although he will consider "something masculine." Advice, please! — C.C.

A. My advice: Stay in the middle of the road and you may find decorating happiness. Most women complain that their "significant other" says little about such decisions except, "Do what makes you happy." And then they might complain!

Perhaps the room we show here will help point the way to a compromise: It offers both flowers — teeny-weeny ones on the wallpaper — and what your friend should agree are "masculine" stripes and checks covering the dramatic window cornices and a free-standing screen.

To satisfy your longings, there are sheer curtains and an understated floral border wrapping the

ceiling and topping the screen (both wall coverings and fabrics are from Wall-Tex). In combination, there should be enough "yin and yang" to foster happiness around the dining table, at least.

Q. Our bedroom is small, but it has a lovely cove ceiling. I keep thinking I should do something that takes advantage of it — it is just painted to match the rest of the ceiling (the walls have a soft-blue damask pattern wallpaper). Any suggestions? — M.R.

A. You're right to accentuate the positive. By emphasizing the cove, you can also "push up" the ceiling and make your bedroom feel loftier and larger. Stripes are a sure-fire way to work such visual magic. Chances are you can find a striped wall covering in the same blue as the damask pattern on your walls.

Start at the molding (if there is one) and run the stripes up the curve of the cove to where it flattens to meet the ceiling. (If there's no molding, add one. It can be bought by the running foot at any lumberyard. Or create the effect of molding with glued-on braid or grosgrain ribbon.)

Q. How do you make round tablecloths? I have a small round table in my living room and would like a wardrobe of covers, but I

can't afford the ones I see in the stores.

A. They don't look hard to sew (but I'm just a beginner). — J.M.H.

If you can sew a reasonably straight line, you can whip up a whole batch of table rounds. The trick is to find fabric wide enough to cut out a full circle (equal to the measurement from the floor across the tabletop and to the floor again, plus hems).

Since most fabric comes too nar-

row, you sew pieces to the sides of a full width (this way the seam won't show across the top of the table).

Then you tie a piece of chalk to a string equal to half your table measurement and hold the string in the center of the fabric square while you draw a circle.

Hem, and voila! Or, for a really big finish, edge the cover all around with fat welting or fringe.



FRESH OUTLOOK — Sheer curtains under boldly striped fabric cornices give new life to a tiny dining space.



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MOTHER'S HELPER WANTED P/T. Hours flexible to help with 2 children. Salary open. Franklin Square area. References. call 354-6201 gcl

THE RANK ORGANISATION needs you to present a vacation program to qualified clients in Garden City/Roosevelt Field. FT/PT. No telephone or cold canvassing. Salary/commission. Will train. Call 248-2450. gcm1

COLLEGE STUDENTS INTERESTED in working for the Garden City School District for the summer please pick up an application at the Administration Bldg., 56 Cathedral Ave., Garden City, Room 5, between 9 & 3. gcm2

FULL TIME SALES person in upscale wallcovering & decorating store in Garden City. Saturdays a must. Call 742-3199. gcm2

HAIRDRESSER WANTED: Mature, experienced. Four days, to take over following. Call and ask for Barbara, Wednesday to Saturday. 248-7980. W-MY-2

PT/FT SECRETARY NEEDED for L.I. School of Music & Art. 516-873-1919. WMy2

PHYSICAL EDUCATION TEACHER needed for summer recreation program directorship for 6, 7 & 8 year olds in New Hyde Park area. Must love kids. Work Monday to Friday, 9 a.m. till noon for seven weeks. Great opportunity. Call for appointment, Monday, Wednesday or Friday, between 4 & 6 p.m. 248-2442. W-My-2

P/T RECEPTIONIST WANTED weekends. Active real estate office. Experience preferred. Light typing, phones and computer. 516-873-2000. W-My-2

Situation Wanted

CHILD CARE AVAILABLE IN my New Hyde Park home. P/T, F/T, Weekends or Overnight. Reasonable rates. \$5 an hour. Excellent references. 354-8158. wmy4

AIDE OR COMPANION - MATURE, reliable, honest. Loves working with elderly. Five days, live in. (718) 397-7130. wmy4

I AM A MATURED & CERTIFIED Companion & Aide. I have lots of love and care to offer your elderly or sick. I am available P/T or F/T. 785-6469. gcm4

POLISH WOMAN LOOKING for housecleaning job. Experienced and good references. Call Ula 481-5576. gcm4

LPN WITH OVER 4 YEARS Experience in home care is available for anybody who needs his services. Monday-Saturday, day and night. If you need such a service, contact Benson Mpama. 481-6151, or 242-0422. gcm2

NEED HELP WITH YOUR birthday, wedding, graduation or shower parties? Very reliable woman will help you serve your guests while you relax at very reasonable rates, then leave your house sparkling clean. Call 292-3913, 565-0959 gcm2

HOUSECLEANING - I HAVE GOOD References available and experience. Honest & own transportation. I do a good job, for small/big house. Please call after 7 p.m. 877-0630. Ask for Cida. gcm4

EXPERIENCED NURSE'S AIDE or companion aide with reference, own transportation. F/T position. 565-9142 or 678-7094. gcm3

SENIOR ASSISTANCE AVAILABLE AM & PM. Own transportation. Excellent and numerous references. Call after 6 p.m. 997-9521. wmy3

WILL BABYSIT YOUR CHILD in my New Hyde Park home. Monday thru Friday. References. 746-7773. wmy2

YOU NEED A BABYSITTER. I'm available any time. Own transportation, good reference with a lot of experience. Please call Anna at 935-4959. gcm3

IRISH WOMAN SEEKS Nurse's Aide/companion position to care for elderly nights or evenings. Excellent references. Good experience. Call Eileen. 362-3121. gcm2

Situation Wanted

ATTENTION VACATIONERS - WOULD YOU like to go away and know that your dog or cat is well taken care of? Mature woman who loves animals will give your pet lots of TLC. Fenced in yard. 352-9113. gcm4

HOUSECLEANING AVAILABLE. Good references, own transportation. Call after 3 p.m. 489-7924. gcm4

RESPONSIBLE, EXPERIENCED Caring mother of 3, loving, well behaved school age boys, will care for your child in my Garden City home F/T. Mon.-Fri. References available. 294-6971. gcm3

HOUSEKEEPER AND CHILD Care, Live out, English speaking, 2 years experience, good reference. Call 489-4503. Leave message. gcm3

HOUSECLEANING, OWN Transportation, experienced, references. Avail. every day. Call 873-9625, Karla. gcm2

HOUSECLEANING AVAILABLE. Have good references & experience & own transportation. 294-5916. gcm2

BABYSITTER, CHILD CARE Mature lady, Monday, Wednesday, Friday, own car, your home, loves children. American, speaks English. Non-smoker. Excellent references. 741-7673. gcl

A CARING TRUSTWORTHY Nursing assistant/Babysitter with 5 years experience and excellent references seeks employment to care for young elderly (718) 849-0711. gcm4

EXPERIENCED HHA SEKS job to take care of elderly or sick. Reference available. Interested persons can call Karen at 868-6851. gcm4

MINEOLA MOTHER WILL GIVE TLC to your child in my Mineola home. Non-smoker, excellent references, PT or FT. 742-7830. wmy3

SINGLE PARENT MOM WITH children college bound, available to babysit AM & PM. Own transportation, excellent & numerous references. Call after 6 p.m. 997-9521. wmy3

HOUSEKEEPER AVAILABLE to clean your house, mornings or afternoons. Good reference. Call Margarita every day after 4 p.m., 486-2047. gcm3

Situation Wanted

SEEKING A POSITION AS Companion/Aide. Live in or out. Contact Theima - 718 527-6937. gcmY4

HONEST, RELIABLE, CERTIFIED home attendant seeks job taking care of elderly. Call 718-657-5768. wmy3

POLISH LADY LOOKING FOR House Cleaning &/or Ironing. Good references and experience. Call 489-8006. gcmY3

EMERALD CLEANERS "Irish cleaning Services" House-Apts: Offices. Now available in your neighborhood. All phases of cleaning. Reasonable rates. Dependability & quality guaranteed. Excellent references. Call Ann (718) 267-1110. gcmY4

RESPONSIBLE, EXPERIENCED HOUSECLEANER available Mon., Wed. & Sat. 474-8575. Call after 6 p.m. gcmY4

HOUSECLEANING POSITION WANTED for any day of the week. 739-2128. Please call after 5:30 p.m. gcmY4

CHILD CARE AVAILABLE NYS certified early childhood teacher with Master's degree will care for your child in my Mineola home. Enriched environment. Playmates. Certified program. Excellent extensive references. 747-5350. wmy3

NURSE'S AIDE - HONEST, responsible, hard-working, experienced. References. any time, day or night. 292-7527. gcmY2

NURSE'S AIDE AVAILABLE full time. Experienced with references. Call 489-9251 or 481-6366. gcmY1

HOUSECLEANING, OFFICE AVAILABLE. Experienced, responsible and good references. Call Vilma 485-3562. gcmY1

HATE DOING ERRANDS? Grocery shopping, dry cleaners, birthday & graduation gifts, clothes etc., or even setting up parties? Let someone else do it for you! 2 college students looking for summer work to supplement daytime jobs. Willing to run errands on weekday evenings and Friday mornings. Call Erin and Beth. 775-6822 & 488-7214. gcmY1

EXPERIENCED, RELIABLE LPN with very good references, seeking position to take care of your elderly or sick, P/T. Will do light housework. Call Jenny 623-7604. gcmY1

BABYSITTER/CHILD CARE Retired, licensed, professional nurse will care for your child Monday-Friday. Good references, own car, non-smoker. (718) 276-0655. gcmY1

DEPENDABLE PERSON SEEKING job to take care of elderly on weekend. Contact Ethel McLaren, 546-5459. Live out. gcmY1

Real Estate for Sale

GREENPORT - STERLING EASTERN Shores, 7-year old Colonial. Excellent condition. 4 BRs, 2 baths, large kitchen, den w/fpl, basement, garage, deck, shed. Walk to private beach. Reduced for quick sale - \$198,000. Owner 731-2241. hMy3

CHARMING 3 BR ENGLISH TUDOR, Garden City. 1 1/2 Bths., new EIK, LR, DR, All new heating, gas burner, new stucco. 60 x 100. Asking \$270,000. Also for rent \$1,800 monthly. 739-6102. gcmY3

GARDEN CITY IMMACULATE Split. Excellent family/park location. Beautiful LR with cathedral ceiling & FPL, DR, large new EIK, 3 BRs, 2 baths, den/family room, finished basement, 2 car, low taxes. Many Extras. Landscaped gardens 70x100. Reduced to \$349K (neg) Owner 747-6386. gcmY3

STEWART MANOR DUPLEX Move in condition. 3BRs, 1 1/2 Bs, LR/Fpl, FDR, EIK, TV room, finished basement, deck. Walk to all. Principals only. Owner. 326-7847. gcmY1

EAST WILLISTON ENGLISH Tudor, 3 BRs, 1 1/2 baths, den, finished basement, in-ground sprinklers, 2 car garage, totally renovated European kitchen, park-like grounds. Mint condition. Asking \$405,000. Days (212) 309-3125, ask for Joe. Eves (516) 248-0139. gcmY1

GARDEN CITY PRIME Estates. center Hall Dutch Colonial, completely renovated in and out. Traditional and spacious interior with parquet oak floors, large moldings, chair rails and French doors throughout. 19' new oak EIK, maid's room with new full bath on first. 3 large BRs with new full bath on second. All amenities. Low taxes and room to expand. The beauty is within. Red. \$498,000. 741-7378. gcmY4

GARDEN CITY CENTRAL Ranch, 4 BRs, 2 1/2 Baths, contemp. FDR, LR/Fpl, sunken den, mod. EIK, CAC, central vac., alarm, 1/2 acre on golf course. Very private yard. High \$500's by owner. 294-7434. gcmY2

MONTAUK, 2 RM FURNISHED Co-op. One hundred feet from beach. Electric heat/air conditioned walk to dining, shopping. Sleeps four. Full kit, cable TV. Must sell. Asking \$38,500. Great rental history. 724-5572. gcmY4

GARDEN CITY, OXFORD BLVD. Colonial 5 BRs, 4 1/2 Bths., LR/Fpl, FDR, Den, Hugh Mod. EIK, Full Bsm't, attach. garage, 1/2 acre. Asking \$795,000. Flexible owner fin. to fit your needs. 248-2450. gcmY1

RIDGE, LEISURE GLEN, Beautiful Greenport Model. 2 BR, 2 Bath. Many extras. \$210,000. 744-0915. gcmY3

Real Estate for Sale

MINEOLA/WHEATLEY SCHOOLS. Expanded Cape for sale. Move-in condition. 4 BRs, 2 Bths. carpeted, finished bsm't, detached garg. closets galore. 50x100. Low taxes. Low \$200's. No fee. 746-3141. wmy3

GARDEN CITY VICTORIAN Colonial. 5 BRs, 4 Bths, near transportation. Partially restored. Potential with TLC. Reduced \$75,000. Now \$279,000. 747-6420. gcmY2

GARDEN CITY 1.3 ACRES with IGP. Built for entertaining. 4 BRs, 4 1/2 baths, center isle EIK, FDR, LR/Fpl, library, screened in porch, 2 car garage. Principals only. \$675K 248-4182. gcmY4

GARDEN CITY COLONIAL, 3BRs, 2 1/2 Bs, LR/Fpl, DR, Large EIK, plastered walls, Den, Fin. bsm't. Garage, Screened Porch. Principals only. Asking \$329K. 747-8719. gcmY2

GARDEN CITY: MINT, brick Split on prestigious Hampton Road. 7 large rooms, 2 baths, new bath & large den. 1 1/2 attached garage. On 1/4 acre. Professionally landscaped grounds. Very suitable for professional. Broker/Owner. Motivated, asking \$478,990. 599-0707 or 747-2078. wmy2

NORTH FORK 2-STORY Dutch Colonial plus auto repair garage on one residential acre in Cutchogue \$218,000. Principals only. 734-6133 9 am to 8 pm. gcmY3

GARDEN CITY ESTATES Mint Colonial 4 BRs, 2 1/2 baths. Magnificent Master BR/bath suite. LR/FPL, FDR, den, EIK, with super 20x20 family room, deep plot. Walk RR. Low taxes. Professional office OK. Detached 2 car with loft. Move in condition. Must see to appreciate. On the prestigious, tree lined Nassau Blvd. Reduced to sell \$439,000 Principals only. 742-1316. gcmY3

GARDEN CITY ESTATES Section Georgetown CH Brick Colonial in prime location. 3 1/2 BRs, 3 Bths, 2 car gar. Must see. By owner \$469,000. 741-3656. GCMY3

GARDEN CITY - BY OWNER Center hall Ranch, 3 BRs, 2 Bths, New EIK, Garage, roof terrace, CAC, inground sprinkler. \$322,000. Call 248-5404. GCMY3

MATTITUCK/WINE COUNTRY Gorgeous 5 year young custom built 5,000 square feet Contemp expansion Ranch. 1 1/2 acres, 5 BRs, 3 1/2 baths, huge LR, DR, EIK, 23 x 30 entertainment room w/wet bar. Open hearth stone Fpl, CAC, full basement, 800 square feet possible apt. 2 car garage, deck, white stone & cedar exterior. Private road leads to beautiful professionally landscaped property. Must be seen. Principals only. \$330,000 Days (516) 298-8398, Eves & Weekends (516) 724-9610. gcmY4

Real Estate for Sale

ESTATES SECTION 2,000 Sq. Ft. move in condition Cape, 4BR, 2 BTH, EIK, LR, AC, all ultra modern & updated, low heating cost, low taxes, many extras make it a warm convenient home. Walk to RR, park & schools, priced for an excellent value \$314,500. Owner/Agent 873-8654 gcmY2

CUTCHOGUE CHARMING YEAR Round Ranch, wooded 1/2 acre on way to Nassau Point bay community. Walk to beach, deeded mooring rights. LR/Fpl, DR, EIK, 2/3 BRs. Owner \$165,000. (718) 454-8134. gcmY3

GARDEN CITY BORDER/WEST Hempstead. Absolutely mint. LR/FPL, DR, EIK, 3 BRs, 2 baths, patio, porch, 40x100. \$179,000. Principals only 483-4922 gcmY3

GARDEN CITY CONTEMP. Bright & spacious 3 BRs, 3 Bths., study/TV RM., & garage on ground level, finished Bsm't, underground sprinkler system etc. Reduced asking price to \$352,000 by owner. 437-7934. gcmY3

SOUTHAMPTON WATERVIEW - RURAL Charm & Privacy. 4BR Contemp, Decks, Pool, Jacuzzi. Walk to Bay. Reduced to \$350,000. 287-2843. gcmY2

SOUTHOLD WATERFRONT HOME 100 feet with deep water dock. Completely modern & newly decorated 3 double BRs, 2 full Bths, Fm. Rm/Fpl, oversized screened deck overlooking in-ground pool. Location! Location! Location! 741-2832. gcmY1

GARDEN CITY SOUTH - Mint Maintenance Free. 3/4 BRs, Office, Den, Fin. Bsm't. with separate entrance. Redone Kitchen with tile floor, LR/Fpl. Walk to RR. Low Taxes. \$255,000. 292-2112. gcmY2

STEWART MANOR, 3 BRs, 2 bath Colonial duplex, LR/Fpl, FDR, EIK, finished basement, new siding \$219,000. By owner 327-0984. gcmY4

ENGLISH TUDOR - GARDEN City Estates. Split layout, LR/Fpl, DR w/built-ins, EIK for 2, 3-4 BRs, 1 1/2 Bths, Fin. Bsm't, 1 car gar. screened porch, nice yard, excellent closets/storage; easy maintenance, 40'x100' plot. Top locations; near schools, trains, stores. Owner anxious for quick sale. Make offer! Asking \$330,000. Principals only. Call now! 747-4572. GCMY3

CHARMING 3 BR ENGLISH TUDOR, Garden City. 1 1/2 Bths, new EIK, LR, DR, All new heating, gas burner, new stucco. 60x100. Asking \$270,000. Also for rent \$1,800 monthly. 325-2273. gcmY2

GARDEN CITY - BY OWNER. Center hall Ranch, 3 BRs, 2 Bths., New EIK, Garage, roof terrace, CAC, inground sprinkler. \$332,000. Call 248-5404. gcmY2

Real Estate for Sale

CATHEDRAL GARDENS BRICK Colonial, 3BRs, 2 1/2 Baths, 70x125 corner property. \$210K. Owner. 538-2082. gcmY3

ESTATES RANCH IMMEDIATE sale. Owner relocating. 4 BRs, 3 New Bths., New Country Kitchen, 2 Car, Sprinklers, Alarms, Price reduced \$425,000. No brokers. Eve & Weekends, 741-5477. gcmY4

NORTH FORK (WATERVIEW TERRACE) Year round or vacation home on oversized wooded plot. Short walk to sandy community bay beach and marina. 3 Big BRs, 2 Baths. All in great condition. Sprinklers, gas heat, garage, large screened porch. Exclusive. Asking \$139,000 Jamesport Waterview Building plot in small above-average community. Short walk to deeded private beach/boating/marina. Roads, utilities in. All permits. Terms available. Price slashed \$40,000 to \$89,000. Bookmill Realty, 722-4423. gcmY2

SOUTHOLD SOUNDFRONT COTTAGE, very low bluff on 1/2 acre, additional 1 room cottage, shed & garage. Superb beach. Asking \$325,000

Southold Exclusive 4 BR Dutch Colonial. EIK, Family Room/Fpl, FDR, LR/Fpl, 2 1/2 Baths, 2 Car Garage, IGP, gorgeous landscaping. Mint condition. Excellent \$349,900 Southold - Imaginative 2 Story, creative landscaping, top of the line kitchen. Walk to beach. Asking \$295,000

Mattituck Waterfront Stylish Home on 1.3 acres. Lovely grounds, quiet boating community on inlet. \$350,000 Peconic Adorable 1 BR Cottage. Mint condition, room for expansion. Short walk to Sound beach. Steal at \$103,000 Jamesport. Finest 4-year-old Contemp. Large LR, skylights, finest materials, office, decks galore. Pool table stays! Asking \$244,000 Marion King Realty, 734-5657 gcmY2

MATTITUCK ARCHITECTURALLY designed, sun filled Contemp., LR/Cathedral Ceiling, Master BR Suite plus 2 BRs and Bath, separate guest suite with bath. Large Family Room, dock, beach, low maintenance. Expansive views \$495,000

Southold, Very Private Ranch Home features LR/Fpl, FDR, EIK, Laundry Room, Master BR and Bath plus 2BRs, 1 1/2 Baths, Large Deck, CAC. Stroll to sandy bay beach \$235,000

Mattituck, Cedar Shake Ranch in great location. LR, DR, Family Room, 3BRs, 1 1/2 Bs, Basement, Garage. \$145,000 Southold Mint Contemp. on private road. LR/Fpl and soaring Cathedral Ceiling. DR, EIK, Master BR & Bath w/Jacuzzi, plus 2 BRs, 1 1/2 Bs & Loft. \$380,000 Lewis Realty, 298-4600, 734-5533, 765-5810. gcmY2

Real Estate for Sale

GARDEN CITY COLONIAL 3 BR, 1 1/2 Bths., LR/Fpl, DR, EIK, Fin. Bsmt., Screened Porch, professionally landscaped. Low taxes. \$345,000. Principals only. 741-9262. gcm2

GARDEN CITY - SPACIOUS 3 BR, 2 1/2 Bths., LR/Fpl, DR, EIK, Den, Fin. Bsmt., 2 car, fenced yard with patio. Walk RR, quiet area. \$299,000 Owner (212) 473-0526. gcm2

MANHASSET CONDO LOCATION, Duke of Gloucester, Williamsburg Town House. First time offered by owner. 2 BR, 2 1/2 Bths., 3 Fpls., private yard. Convenient to all. Walk to RR. \$435,000. 627-1749. gcn1

MATTITUCK WATERFRONT - DEEP water boating in your own back yard. Charming maintenance free Contemporary with 3/4 BRs, 3Bs, LR/dining area, sun room. Outdoor living at its best. \$495,000

Cutchogue - Grand-mom's home on one acre of country life, LR/Fpl, DR, Kit w/pantry, 2BR, Loft, Garage, Out-building. \$179,900

Peconic - Mint condition, antique farmhouse. Large LR, old fashioned country kitchen, 6BRs, 2Bs, 3 zone heat, low taxes \$155,000

Aquebogue - Custom ranch for the upcoming executive. 3BRs, 3Bs, LR, Formal DR, Kit, Sandy beach and boat basin only steps away. \$295,000

Marilyn Lang Realty, 734-6472, 734-6690. gcm2

FLORAL PARK CREST - Legal 2 family 2 BR apartment upstairs w/EIK & large LR. 2 BR apt. on main floor with FDR, Large EIK, family room, finished basement with separate entrance, 2 car garage, 60 x 100. \$229,000 437-7372. Principals only. gcm3

GARDEN CITY ESTATES, Section Updated 4BR, Colonial, 3 Bths., EIK, CAC, low taxes. Reduced to \$399,000. Principals only. 747-2794. gcm4

GARDEN CITY ESTATES, 4BR's, 2 baths, expanded Ranch, DR, LR, large family room/Fpl, modern EIK, finished basement with cedar store room, quiet street. Walk to schools, RR. \$425K Principals only. (516)248-3899. gcm4

GARDEN CITY MINT 3 BR Colonial, 1 1/2 baths, LR/Fpl, DR, family room, EIK partially finished basement, patio, garage, alarm, in-ground sprinklers. Reduced & priced to sell. \$329K firm. Principals only. 747-3604. gcm4

GARDEN CITY COLONIAL Mint 4 BR's, 2 1/2 baths, LR, FDR, den/Fpl, EIK, laundry room plus 4 room suite, professional/Mother/Daughter, 1/2 bath, CAC, sprinklers, 2 car garage. Asking \$469,000. (516)538-1812. gcm4

DO YOU HAVE A SERVICE to advertise? Our Service Directory is sure to bring results. Call 931-0012

Real Estate for Sale

GARDEN CITY ESTATES by owner: Mint condition. 4 BR's, 2 1/2 baths, side hall Colonial on manicured lot with beautiful deck. LR/Fpl, FDR, modern EIK. Finished recreation room in basement. New appliances. Low taxes. Principals only. 741-8550. \$379,000. W-My-4

NORTH FORK, L.I. Prime Gardner's Bayfront Vacation luxury in a 14 acre community. Amenities galore, spacious units starting at \$129K. Susan H a l l o c k , B r o k e r 477-8657. gcm4

EAST WILLISTON C/H COLONIAL, 3BRs, 1 1/2 Bs., LR/Fpl, DR, EIK, Finished Basement, CAC, patio, Fenced rear yard, 100 x 110. Walk to LIRR. Attached 1 1/2 car garage. Owner \$320K. 741-0489. h/1

WILLIAM MCGOLDRICK REALTY Jericho, West Birch, Majestic. You know the area, you know the schools, you know the house. We've got it. \$359,000, negotiable, 825-7193. hmy2

SOUTHOLD/GREENPORT NEW Homes at August Acres. Capes, Colonials, Ranches on wooded 1 acre lot w/private beach rights form \$158,000. Open 10-5 except Tues & Wed. Call for details 477-0500. gcn2

GARDEN CITY ESTATES Tudor - 3BRs, 2 1/2 Bs, Den, Large LR/Fpl, DR, EIK, baseboard heat gas/hot water, 2 car garage, new thermo windows, new driveway. \$329,000. Owner 294-6214. gcm2

FRANKLIN SQUARE, NEW Townhouse, 3BRs, 2 1/2 Bs, move-in condition, skylights, new carpeting and tiles, full basement, CAC. \$170,000, by owner, 488-3287. Neg. gcm2

GARDEN CITY EX-CLUSIVES - Mint Western Ranch 3 BR's, 2 1/2 baths, modern EIK, oversized property \$349,000. Brick & Stone Wideline Cape, 4 BR's, 2 baths, EIK, landscaped property \$379,000. Also for rent \$2,300. Bright, Airy Estates Colonial 4 BR's, 2 1/2 baths, family room, large property, 2 car \$459,000. Estates Contemp 3 BR's, 3 baths, large modern EIK, fabulous family room, 1/2 acre \$500's. Centrally Located CH Tudor, winding staircase, sunken LR/Fpl, full DR, lg. EIK, 4 BR's, 4 1/2 baths, 2/3 acres, 2 car \$800's. Vera Atamian 354-1994. gcm2

ALBERTSON DOWNS-COLONIAL 3 BR, 1.5 baths, den, patio with awning, 80x100 plot, fin. bsmt. with office. Taxes \$4,302. Wheatley/East Williston S.D., Superb. \$259,000 Call Anne Hartigan, Smith & DeGroat, 516-248-1468. W-My-2

MINEOLA - CAPE COD 3 BR, 1 bth., fin. bsmt with separate entrance. Taxes \$2,728. Great starter/retirement. Mint condition. Must be seen \$189,000. Call Anne Hartigan, Smith & DeGroat, 516-248-1468. Wmy2

Real Estate for Sale

EAST WILLISTON WHEATLEY schools, 4 BR's, 2 baths, CH Splanch, FDR, finished basement, California jacuzzi room, immense deck, garage. \$349,500. Keller (516) 747-0535. gcn1

GARDEN CITY ESTATES, Meedbrook Rd. (Bet. Stewart & Stratford Ave.) 3 story CH Tudor, brick, plank & stucco, 60x110 lot. 4 BR's, 3 1/2 baths, full basement, 2 car garage with storage loft. Walk to LIRR, 1 1/2 blocks to Stratford School. Walk Middle School, High School and Adelphi. Main Floor: Entry vestibule, CH, large EIK, large FDR, large LR/Fpl, den off LR, powder room. Second floor: large Master BR with full bath, 2 double BR's with full bath. Third floor: BR, full bath, good closets/storage throughout. Good condition. 742-8447. Owner \$445,000. gcn1

GARDEN CITY NORTHEAST Colonial. Perfect condition 3 BR's, 1 1/2 baths, LR/Fpl, DR, finished basement, EIK. No brokers. \$311,000. 746-4118. gcn1

Co-Op For Sale

GARDEN CITY CHERRY Valley, Mint, second floor, 2 BRs, new kitchen, bath, carpet. Private corner, large garden. Will trade for your Garden City home. \$115,000. 742-8659. gcm3

MINEOLA, KING SIZE, Luxurious 2 1/2 Bms, ultra mod. mirrored wall, A/C, carpeted, 26' LR, Walk-in-closet, newly decorated, dishwasher, elegant lobby. Vacant. Walk to RR, Hospital, Maintenance \$385. Asking \$64,900. Owner financing if qualified. Stan Hirsch Realty. 292-9840 gcm2

MINEOLA HORTON HOUSE Co-Op Front apartment, 1BR, New Kitchen, New Bath, loads of closet space, Air Conditioning. Parking available on and off premises. Principals only. \$78,000. 741-5210. gcn4

GARDEN CITY CHERRY VALLEY Co-op, Spacious 1BR, new EIK, Prime location. Walk to RR and stores. Maint. 80% deductible. Principals only. 742-6843. Mvst sec. Mint Cond. \$82,000 gcm3

CHERRY VALLEY CO-OP First floor, 1 BR, 1 bath. Walk RR, stores. \$88,500. Hubbell & Klapper 747-2900. gcm3

GARDEN CITY 2BR - Second floor and unit facing 15th Street. A/C, washer/dryer, attic, garage. \$109,000. 294-0269. gcm4

GARDEN CITY, CHERRY VALLEY Mint, first floor, 1BR, new kitchen, carpet. Maint. 70% deductible. Best reasonable offer, upper \$80's. Principals only. 488-5718. gcm4

CHERRY VALLEY, 1BR Second floor, court yard. \$57,500. Call 775-5736. gcm4

Co-Op For Sale

EAST 56th STREET CO-OP \$81K, Spacious, bright, alcove studio, 24 hour doorman. CAC. Owner (516) 746-5194. Or Rent. gcm2

MINEOLA - CO-OP Garden Plaza - York Studio Model. Great LR, galley kitchen, sleeping alcove, full bath. Good closet/storage. \$363 maintenance, 65% deductible. 24 hr security. Laundry in building. Walk LIRR \$59,000. Credit check and board interview required. Parking available. Call Anne Hartigan, Smith & DeGroat, 516-248-1468. WMy2

CO-OP & CONDOS ATRIUM PLAZA 1 BR, 1 bath duplex, EIK, 1 gar. Rent/Buy

CARLISLE HOUSE SOLD CHERRY VALLEY 2BR, 1 bath, LR, EIK, CAC \$89,000 2BR, new bath \$115,000 MINEOLA'S HARRISON HOUSE

1 BR, 1 bath, CAC, Indry, 10' ceiling \$129,000 2 BR, 1 bath, CAC, Indry, 1 gar \$129,000 MINEOLA HORTON HOUSE 1 BR, 1 new bath, walk all \$70's MULFORD PLACE LR/Fpl, DR, den, 1 BR, 1 bath corner \$85,000 STEWART FRANKLIN

2 BR, 1 bath, LR/Fpl, DR, EIK, Rent or \$129,000 LR/Fpl, DR, EIK, 3 BR's, 2 baths, Rent or \$225,000 Mint 3 BR, 2 baths, LR/Fpl, DR, EIK \$250,000 STEWART HOUSE LG STUDIO NOTHING CHEAPER \$75,000 Douglal Fraser Real Estate 248-6655 gcm2

GARDEN CITY CO-OP Sunny 2 BR, Second Floor, 1 Block LRR and all shopping, refinished floors. \$116,000. Leave message. 873-9469. gcm3

GARDEN CITY STUART/FRANKLIN building. Old World Charm in this spacious 2BR Co-Op. Top floor, LR/FPL, EIK, A/C. \$139,000. Make offers. 294-5696. gcm4

1 BR CHERRY VALLEY Co-op, totally renovated, storage space, CAC, full amenities, must see. Will take any reasonable offer. Mid \$80's. Owner anxious. 248-5347. gcm3

GARDEN CITY - HEMPSTEAD, The Mulford. Must sell, transferred. Large 1BR, EIK, oak floors, high ceilings. Lots of closets, Walk to LIRR, \$39,000. 292-0483. gcm2

CATHEDRAL GARDENS - HEMPSTEAD, Spacious 1BR Co-Op, southern exposure. Completely renovated. Maintenance 79% deductible, \$52K, neg. 638-9464 gcm2

GARDEN CITY 7th Street, 2 BR apt, large rooms, EIK, bright & sunny, new wall to wall, A/C in each room. Walk to RR & shops \$120,000. Must sell. Owner 294-3244 gcm3

Co-Op For Sale

MINEOLA/GARDEN CITY BORDER - Overized modern large studio, separate kitchen/dishwasher, carpeted, A/C, washer/dryer. Walk to RR & Shopping, Corpus Christie. Low maintenance, parking. \$81,900 Owner 594-1406. gcm3

GARDEN CITY CHERRY VALLEY Co-Op, 1BR, first floor, CAC, great condition in prime location. \$69,500, neg. 742-7642. gcn1

GARDEN CITY CHERRY VALLEY 2BR Co-Op. First floor, new bath, modern, w/d, A/C, Extras. \$125K Owner 740-5163 evenings. gcn1

Co-Op For Rent

MANHATTAN, MID-TOWN APT. 3 1/2 Rooms, 324 E. 50th Bet. 1st & 2nd, Apt. 2B. Pre-war building. \$1200/mo. 747-0018 or 294-3960. gcm3

Real Estate For Rent

STOREFRONT FOR LEASE -Mint condition. Available Spring, 1993. Willis Avenue Between Fordham & Harvard Sta. Perfect for retail store or professional office. 2100 sq. ft. \$1,300 per month. No fee. Contact owner 746-3141. WMy3

GARDEN CITY LOVELY quiet furnished room. Private entrance, bath. Mature, non-smoker preferred. References. 740-0018. gcm4

BELLEROBE 1 BR APT., LR, EIK, W/W carpet, newly painted, full bath, near RR, bus & stores \$600 per month. (718)347-4000, (516) 292-0302. gcm2

WEST HEMPSTEAD -PRIME President's area. Attractively furnished apartment. Bring outdoors inside! Newly renovated 3 room, kitchen, 1 BR, LR w/skylights, deck with sliding glass doors overlooking tall pine trees. White wall to wall, A/C, cable. Near Southern State Pkwy, 15 minutes JFK. Owner \$895 includes all. 292-0582. gcm3

HOUSE FOR RENT! Wheatley Schools/Mineola 4 BRs, 2 baths, LR, DR, carpeted. Closets galore. Huge fin. bsmt/playroom. No fee. \$1350 per month. Call owner. 740-3141. wmy2

ALBERTSON: COMPLETELY RENOVATED 2 BR Cape, 1 1/2 baths, LR, DR, Bsmt, garage & yard. Herricks School District. Near all. Available June 1st. \$1,300. by owner. 747-6962/746-8023 WMy3

ROOMMATE WANTED TO share large 2 BR Apt. in downtown Garden City. Walk to stores, LIRR. Professional woman only. \$625. Call 747-4765 evenings. gcm2

FURNISHED ROOM FOR rent Garden City, nice area. Female student, non-smoker preferred. \$85/week. 741-4865. gcm3

Real Estate For Rent

GARDEN CITY BORDER
Luxury apartment building. 1 BR Apt. + Dea. Large bright rooms, A/C, new Kitchen & Bath. No fee. \$850. 489-3010 days, 483-7449 eves & week-ends. gcm2

FLORAL PARK/BRICK
attached 2 BR, 1 1/2 baths, LR, DR, mod. kit., washer/dryer, garage, yard. No pets. \$1,000. Principals only. 326-2359. gcmY3

EAST MEADOW: 1 BR Apt., small EIK, full bath, brand new. Non-smoker. Female preferred. June 1st occupancy. \$575. 579-8489. Leave message. WMY3

WILLISTON PARK GREAT 3
rooms plus large bath. Free utilities \$725. 742-5403. gcmY2

MINEOLA, TWO SEMI-FURNISHED Rooms. Separate entrance, full bath, parking. One year lease. Quiet home. Professional male preferred. \$475. 294-9285. One month security. wmy4

FRANKLIN SQUARE ROOM
for rent in private house with kitchen privileges. Walk to stores & transportation. Non-smoker, working female or student preferred. \$375 a month. Call after 6 p.m. except Mondays. 355-0610. Avail. immed. gcmY4

FRANKLIN SQUARE STUDIO BR/LR Combo, EIK, Bath. Available as of June 1. Private entrance, non-smoking business person preferred. No pets. Call after 5 p.m. \$500 a month, utilities included. 565-2078. gcmY4

GARDEN CITY PRIME Estates, Center Hall Dutch Colonial, completely renovated in and out. Traditional and spacious interior. New Oak EIK, LR/Fpl, PDR, Sun Porch, Finished Basement, Walk Up Attic, Maid's Room with full Bath on first, 3 large BRs with new full Bath on second. No pets. \$3,500. 741-7378, Owner. gcn1

GARDEN CITY AREA. Large 2 BR, LR, dining area, new EIK, windows, carpets & oak floors. Lndry, facilities, walk all. Available immediately. No fee. \$925 includes heat. Call 565-3991. gcn1

GARDEN CITY-HEMPSTEAD 1 BR Apt. for rent. EIK, LR, full Bth, Dishwasher, garage. Convenient location, walk to all, newly decorated. \$775/mo. 294-6419. gcn1

FLORAL PARK, 1 BR apartment in private house, second floor. LR, kitchen & dinette, garage. Available immediately. \$700 utilities not included. References & security. (516) 877-0812. gcn1

GARDEN CITY NORTHWEST 3BR, 3 bath, EIK, family room, patio, 2 car garage, close to school & RR. Lovely section, local pool privileges. \$2,300 a month. 481-4742. Principals only. gcn1

Real Estate For Rent

WEST HEMPSTEAD-LOVELY Large Furnished Room, nice neighborhood. Conveniently located. Private entrance. Non-smoking. Professional male preferred. A/C. Available June 1, 1993. Ref. and Sec. \$450 monthly, excludes electricity. 489-5941 or leave message. gcmY4

ROCKVILLE CENTRE NORTH - 3/4 Room Apt., LR, 1 1/2 BR, Kitchen and Bath, private home, off street parking. Use of yard. Available July 1. Calls accepted until 10 p.m. 766-8496. gcmY4

GARDEN CITY, SEVENTH ST. 2BR Apartment, large rooms, EIK, bright and sunny, new wall to wall, A/C in each room. Walk to RR and shops. \$1,150. No fee. 294-3244. gcm2

ROCKVILLE CENTRE - 2BR, large LR, large Kitchen, near RR & shopping. \$950. 763-5350. gcmY3

GARDEN CITY BEAUTIFUL 3BR Apt., 2 Bath, LR, DR, EIK. No pets. Two months deposit. Rent with option \$2,300. 877-2847. gcmY4

GARAGE AVAILABLE, WESTERN Garden City. Walk Stewart Manor RR and New Hyde Park RR. \$85 month. Call evenings or leave message. 354-2401. gcmY4

FLORAL PARK APT. Cory 1 BR, second floor apt. Plenty of windows, new floors. Walk up 3rd floor storage attic. Walk to all. Private entrance. Apartment comes with its own 1 car garage w/electric door. Great location. Single, non-smoker only. Available June 15. \$650 includes all. 746-6860. gcn1

LYNBROOK BASEMENT STORAGE. Extra large basement. Ideal for storage, fully insulated, dry as a bone. Plenty of light. Private large outside entrance into 3 big rooms, tall ceilings, closets. \$195 per month. Available now. 746-6860. gcn1

LYNBROOK 1 BR APARTMENT second floor, all hardwood floors, recently painted. Great location, off street parking, private entrance. Single, non-smoker only. Available July 1. \$650 includes all. 746-6860. gcn1

MINEOLA/WESTBURY Apts. Available Now:
Large 1 BR, LR, EIK - \$550 per mo.
2 BR, LR, EIK - \$750 per mo.
3 BR - \$850 per mo.
Royal Int'l 742-3355 W-My-2

TWO ROOM OFFICE Ground floor. Professional bldg. - excellent for Speech Therapist, Psychologist, insurance etc. 99 Hillside Ave., Williston Park. \$500 mo. 742-3644. W-TFN

Vacation Rental

MYRTLE BEACH, 2 BRS, 2Bths Condo near Restaurant Row. 1 1/2 blocks off beach, CAC, CTV, VCR, Washer/dryer, dishwasher, indoor/outdoor pools, 2 balconies. Sleeps 6. Reasonable rates. Call 294-8132. gcm2

SANIBEL ISLAND, FLORIDA. Tropical paradise Sundial Beach and Tennis Resort. Soft courts, golf, 5 pools, all sports, 2000' beach, restaurants, shopping. Complete Gulf-front resort. 1, 2 & 3 BR Condos, full kitchens. Rent daily or more. Special Packages/Low off season rates (516) 746-2211. gcn2

POCONOS 3 BR RANCH in Lake Community. Swimming, tennis & vacation activities. House spotless, washer/dryer, microwave, 2 decks, FPL. Walk to lake, horseback riding, quality restaurants & shops nearby. \$350 a week. 379-8447. gcn2

SOUTHOLD COUNTRY HOME, 3 BRS, fully equipped, lg. screened porch. Walk to Priv. Beach. Washer/Dryer, cable, immaculate. By season or monthly. May, June, Sept. \$1,300 monthly. July or August \$2,000 monthly. 334-0196. gcm2

GREENPORT CONDO - BAY, pool, tennis, boat slip. Bright, cheerful, great views. Upper 2 BRs (queen plus 2 twins) 2 Baths, A/C, Fpl. Piano. Large private deck, newly painted. July 2 - Sept. 2, \$6,600 plus utilities. 477-2642 (res.), 765-1844 (bus.). gcmY3

SHAWNEE, PA. - 9 BR Riverside Inn on ten acres. Beautifully appointed with 80' screened porch. Scenic location. Active vacation area bordering National Park. Household needs supplied. Weekend or longer. Weekend \$800. 248-4963. gcn3

SOUTHOLD WATERFRONT, 3BRs, 1 1/2 Bath Ranch, Deck, 1/4 acre, \$1,500 monthly for May, June and Sept. \$2,000 monthly for July and/or August. \$7,000 a season. Available yearly. Call 746-0551. gcm3

FLORIDA, MARCO ISLAND Condo, 2 BRS, 2 baths, pool, steps to Gulf beach. Available weekly/monthly. Seasonal rates. (718) 352-5798. hmy2

MONTAUK - WALK TO Private beach etc. 3 BR, 2 Bths., deck, well equipped kitchen incl. washer/dryer, dishwasher. June 25-July 30 \$4,200, July 31-Sept. 7 \$4,800. Min. 2 weeks. 668-6032. gcmY4

SOUTH JERSEY SHORE, Sea Isle. 2BR, 2Bth, 1/2 block to beach. Balcony, CAC, Washer/Dryer, Dishwasher. Close to Atlantic City Casinos/Cape May. Monthly or seasonal. Ann 432-2917. gcm1

LOCUST LAKES, POCONOS. New home in family recreation village. 3 BRs + loft, 2 baths, FPL, large screened porch. Close to lakes. \$625 per week. (717) 824-7630. gcm2

Vacation Rental

MONTAUK SPRING Getaway special. 4 nights \$225 a couple. 2 rm. suite, neat, full kit. Sleeps 4. Walks, dining, shopping. Hundred feet to beach. Also for sale. \$38,500. Immaculate. Call 724-8572. gcn1

MATTITUCK LOVELY SMALL Colonial cottage, Fpl, heat, furnished & equipped. Suitable for couple. Private bay beach. July to October \$5,500. Wingate 477-2642. gcm2

MT. SNOW/HAYSTACK. Large fully equipped 4 BRS plus loft, 2 1/2 Bths. with color TV, VCR, microwave. Avail. by the week or week-end. Beautiful views, lots of privacy. Near golf courses & lakes. Call 466-6120. gcn3

Real Estate Wanted

MINEOLA FAMILY LOOKING For North Fork rental. Walk to Peconic Bay. 7/5 to 7/11. \$450. 741-4369. wmy2

MATURE, IMMACULATE couple presently living in Florida desire a furnished summer rental, starting the first week of July, in order to be near their children. 567-4327. gcmY2

PROFESSIONAL COUPLE NOW renting, needs 3-4 BR house in Garden City. Style optional. Prequalified mortgage, up to 400's. No brokers. 564-0475. gcmY4

PROFESSIONAL GARDEN CITY family looking to rent 3BR home. Non-smokers, no pets, immaculate. Excellent references available. June 1 occupancy. Please call 775-1353. gcmY4

APARTMENT OR HOUSE wanted to rent July and/or August. Middle age couple, non-smoker, no children, very neat. Northeast side of Garden City preferred. Days/Evenings 294-7343. gcmY3

GARDEN CITY WANTED to rent, 3/4 BR house for long time Garden City resident. July 1 occupancy. Call days 8-5, 228-3748. gcn1

3 TO 4 BR HOUSE FOR two sisters to rent. Both quiet professionals. Must be in good condition, have washer/dryer hookups, yard and dishwasher. Prefer Mid-July lease. Call 421-4589 eves or leave message. W-Jn-1

For Sale

1969 ROCKOLA JUKE BOX 80 plays, good condition. \$750 firm. 488-7330. gcm2

DINING ROOM BASSETT Italian Provincial, fruitwood, pecan, mint Buffet, glass top breakfast, table & 4 chairs. \$1,100. Call 775-7463 evenings. gcmY4

DIAMOND ENGAGEMENT RING - yellow gold, emerald cut. Total weight with enhancer one karat. Appraised at \$3,900, sell for \$1,800 firm. No dealers. 746-2639. wjn1

For Sale

GASOLINE POWERED GENERATOR, new electric range, dining room table, Smith Corona electric typewriter, 2 computer tables, kitchen chairs & other items. 741-1098 afternoons or evenings. gcm2

GARDEN CITY, MOVING. House clearance, washer/dryer, twin maple bed & foot board, king size cherry headboard, king size water bed mattress, old records. No toys. 873-9720. gcmY3

MOVING - OVAL TABLE with 4 or 6 chairs, \$250; living room sofa, chair, table with 2 lamps, \$300; 6 Drawer bureau with mirror, \$80; twin bed, \$25; 2 desks, \$20 & \$10; table \$5. Call after 6 p.m., or leave message. 355-0610. gcm3

TWO LOVE SEATS, DARK Grey/Purple. \$150. Refrigerator & 30" electric stove, avocado green, \$150 for both. 488-0199, 488-7330. gcm2

OAK OVAL DINING TABLE with 4 high back armchairs \$450. Oak antique china cabinet, glass doors. \$300. Both in excellent condition. Exercise bicycle \$40. 334-5315. gcm2

STUNNING ORIGINAL CHRISTIAN DIOR plum-colored, full flowing, full length broadtail fur coat w/fox trim. Coat \$10K. Must be seen. Sacrifice. 546-0828. gcmY3

MAHOGANY DROP LEAF TABLE seats 12, \$150. Maple secretary, \$100. Woodward wrought iron furniture, 8 pieces, \$350. All excellent condition. 747-8719. gcm2

PALE PINK SILK SATIN SOFA, Beige silk brocade wing chair, 2 end tables, matched lamps. Call after 2 p.m., 239-1064. gcn1

SEARS CRAFTSMAN LAWNMOWER Tractor, 12 HP, 4-speed, 38" blade, ride-on w/grass catcher, etc. Excellent condition. \$500. Call 922-6160. hj1

BEAUTIFUL BLUE FLORAL Sofa Bed, good quality, like new. \$350. Call 352-7487. wmy2

MOVING SALE: Like new aluminum outdoor patio set - includes 54" octagonal table with umbrella, lounge and six matching chairs, all with cushions. \$700. Brand new never used - 66" love seat tuft-backed, rolled arms, pinks and wines in off white. \$500. 746-8909 after 4:30. wmy2

ORIENTAL HAND-KNOTTED fine silk rug, 4 1/2'x7'. Ivory/Beige design. \$15,500. 763-2630. goJn1

ORGAN HALDWIN ENCORE "Real Rhythm" \$450. Moving 488-2156. gcn1

CASTRO CONVERTIBLE, twin size. Innerspring mattress, perfect condition. Seldom used. New \$600. asking \$250. Call 747-6870. wmy2

For Sale

MUST SELL MUST SEE! Antique N.Y. Grand Piano. Very good condition. Call, leave message. Antique dealers welcome. 546-0258. wMY4

ELEGANT 5 PIECE Bedroom suite. Ivory, gold trim. 239-1064. Call after 2 p.m. gcMY4

QUEEN SIZE SOFA BED. LOVE SEAT & chair. Modern. Like new condition with plastic covers. \$900. A set of three Chrome & Glass white tables, \$200. Butcher block dinette with 4 chairs, rectangle, \$200. 354-8155. wMY4

EIGHT DELUXE, BROWN Executive conference chairs. Originally \$3,600, all eight for \$1,000. Wood 3 drawer table desk with Queen Anne legs, originally \$1,700, \$500. Call for immediate viewing 877-1745. goJnl

COLLECTIBLES: YANKEE FANS - 1941 Team Autographed Baseball - Rizzuto, DiMaggio, Ruffing, Crosetti, et al. Authenticated by professional appraiser. Book value \$650. Best offer over \$500. Box 524, Mineola, N.Y. 11501. goJnl

UNIVERSAL POWER PAK exercise machine, free standing, brand new \$2,100 746-4118. goJnl

Car For Sale

SUBARU WAGON 88 GL 4-W drive, all power autotrans. Cruise AM-FM stereo cassette. Clean \$5,000 firm. Call 546-0828. hMY4

'89 **NISSAN 240SX** coupe. Fully loaded. Excellent condition, 27K miles. Must sell. Best offer. 352-5369. gcM2

1986 HONDA ACCORD LX 4 Dr. Burgundy/brown, A/C, AM/FM, auto, 66K, new parts. \$5,200. (212)410-9480. wmy2

1982 CHEVY C 10 DELIV-ERY Truck. Low mileage, good running condition. \$1,000. Eves. 742-8037. gcM2

1987 VOLVO 240D. Excellent condition. Call 248-0198. gcM2

1988 LINCOLN MARK VII Bill Blass series. White/blue roadster top. Mint condition, garaged. Immaculate condition. \$10,500. Evenings 248-3769. gcmy3

78 FORD STATION WAGON Suburban, excellent condition. Very dependable, many new parts. New radial tires, etc. \$925. 681-4414. Call any time. hml

1986 OLDSMOBILE Custom Cruiser Station Wagon, 9 passenger, V-8 engine, 63,000 miles, A/C, AM/FM Stereo, power windows & locks. \$3,975. Call 746-3141. wmy2

1984 BUICK LE SABRE Limited, fully loaded. Has many new parts, garage kept. 59,000 miles, asking \$2,850. 488-2325. wmy3

Car For Sale

1986 MUSTANG - LX - RED. Auto, A/C, AM-FM, Cruise. Looks and runs excellent. \$1,950. 746-4680. wmy3

1981 DATSUN 210, 4 DOOR, A/C. 80,000 miles. Excellent running condition. Some body rust. \$600. Evenings 742-8037. gcM2

87 HONDA ACCORD, LX - 4 DR. Auto, Alarm A/C, P/W, P/L, P/Ant, AM-FM cassette, 48 K - \$5,900. 747-3709 after 6. wmy3

1985 CHEVY CAPRICE CLASSIC Station Wagon, 3rd seat, CB, 79,000 mi, \$2,800, 741-5468. gcJnl

GREAT GRADUATION GIFT. '87 LeBaron Turbo convertible, black/grey interior. 35,500 miles. New top \$6,100 294-0884. goJnl

1988 VW FOX GL Wagon, 77,000 miles. Good condition. \$3,000. 747-6893. goJnl

1989 FORD TAURUS. 59,000 miles, A/C, PW, PL. Excellent condition. \$6,800. 741-5976. goJnl

Car Wanted

SELLING YOUR CAR? Any year, make, model. Cash on the spot. Call 623-6244. hmay3

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Lost and Found

FOUND - BASEBALL MITT & ball, well broken in. Grand Union's parking lot, Saturday, April 24. Call 742-5149. gmy3

Real Estate For Rent
GARDEN CITY PRESTIGE OFFICES
 Abutting RR station & hotel; up to 3500 sq. ft. & storage; parking; 24-hr. building.
R. POLLEY (516) 747-2900

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Wanted
OLD GUNS, SWORDS, binoculars, old knives, hunting knives and pocket knives. Call 625-0979 or 354-1943. gcy3
SEAMSTRESS TO DO ALTERATIONS on ladies' clothes. Please phone after 4 p.m. (718) 423-8126. gcn1
DINING ROOM FURNITURE wanted by local family. Mahogany double pedestal table & 8 chairs, English style. 767-0747. gcm2

ANY TYPE ANTIQUE, Victorian or other furniture wanted. Also cut glass, silver jewelry, paintings, bronzes, dolls, frames, clocks, rugs, linens, trunks, china lamps, books. Will call for any time, any place. Call Kay & Tom, Westbury, 334-4117. gojy5

Garage/Tag Sale
GARDEN CITY GARAGE SALE, Sat., May 15, 10 to 4 p.m. Twenty year accumulation; pictures, bric-a-brac, dishes, linens, curtains, baskets, kids "stuff" good pre-teen girls' clothing, women's large size clothing. 112 Kensington Road, north of Stewart. wdy2

TAG SALE MULTI-Family, Garden City - Hitchcock table and chairs, furniture, lawn mower, clothing, toys, etc. Saturday, May 22, 9:30-4 p.m., 52 Poplar St. gemy3

Garage/Tag Sale

OUTDOOR REDWOOD FURNITURE, stereo equipment, kitchen accessories, baby items, toys and lots more. Saturday, May 15, 9-3 at 8 Monroe Street, Garden City. gcmv2

GARDEN CITY MOVING SALE, Saturday, May 22, 10-3, at 33 Wyatt Rd. Antiques, collectibles, coffee tables, end tables, dinette set, books, dishes, high chairs, baby items & more. gcmv3

GARDEN CITY, 111 BRIXTON Rd. - Contents of attic, basement and garage. Lamps, Kitchenware, china, appliances, drapes, books, amplifier and speakers, luggage. Friday, May 14, 1-4; Saturday, May 15, 9-4. gcmv2

MAY 21 & 22, 9 A.M.-4 P.M. at 179 Wetherill Rd., Garden City. Crib, piano bench, luggage, bicycles, children's clothing, household toys, Barbie houses, Precious Places, Little Tyke's, kitchen & picnic table, stroller, microwave oven and much more. gcmv3

COLONEL JOAN GREITZ & BOB MILLER conducting professional tag sales. Call anytime for free evaluation. Also buying "all" antiques, vintage clothing, costume jewelry, prints, etchings, litho's, paintings. Immediate cash! 775-1795. wmy3

OPEN HOUSE - ITEMS DISCOUNTED 50% or more. New merchandise. Mary Kay Cosmetics, jewelry, misses clothes and VCR movies. Saturday, May 15, 160 Ferncroft Road, Mineola. (Between Willis Ave & Mineola Blvd.) 741-6616. W-My-2

ALBERTSON-MULTI FAMILY Garage Sale: Sat., May 22, 9 to 5. Something for everyone, Corner Hampton & Lynton Road off I.U. Willets Road. W-My-3

SATURDAY, MAY 15, 10 a.m.-1 p.m. at 105 Rockaway Ave., Garden City. goJnl

HUGE MULTI FAMILY Fri., Sat., May 21 & 22, 10-4 at 8 Warten Pl. (off Washington & Osborne) Toys, 10 speed, 14 K jewelry, clothing, furniture, teak carved inlaid African wall hangings. gcmv3

Fair

OUTDOOR ART SHOW Floral Park Art League at Memorial Park (corner of Tulip & Plainfield Ave.) Floral Park. Sat., May 15 and Sun. May 16, 10 a.m. to 4 p.m. Raindate May 22 and 23. gcmv2

DO YOU HAVE A SERVICE to advertise? Our Service Directory is sure to bring results. Call 931-0012, 294-8900 or 746-0240 for rates and information.

Novenas

PRAYER TO THE BLESSED VIRGIN (Never known to fail). Oh, most beautiful flower of Mt. Carmel, fruitful vine splendor of Heaven, Blessed Mother of the Son of God, Immaculate Virgin, assist me in my necessity. Oh, Star of the Sea, help me and show me, herein you are my mother, Oh, Holy Mary, Mother of God, Queen of Heaven and Earth! I humbly beseech you from the bottom of my heart to succor me in this necessity. There are none that can withstand your power. Oh, show me herein you are my mother. Oh, Mary conceived without sin, pray for us who have recourse to thee (XX). Holy Spirit, you who solve all problems, light all roads so that I can attain my goal. You who gave me the divine gift to forgive and forget all evil against me and that in all instances in my life you are with me, I want in this short prayer to thank you for all things as you confirm once again that I never want to be separated from you in eternal glory. Thank you for your mercy toward me and mine. The person must say this prayer 3 consecutive days. After 3 days, the request will be granted. This prayer must be published after the favor is granted. C.F. hmy2

PRAYER TO THE BLESSED VIRGIN (Never known to fail). Oh, most beautiful flower of Mt. Carmel, fruitful vine splendor of Heaven, Blessed Mother of the Son of God, Immaculate Virgin, assist me in my necessity. Oh, Star of the Sea, help me and show me, herein you are my mother, Oh, Holy Mary, Mother of God, Queen of Heaven and Earth! I humbly beseech you from the bottom of my heart to succor me in this necessity. There are none that can withstand your power. Oh, show me herein you are my mother. Oh, Mary conceived without sin, pray for us who have recourse to thee (XX). Holy Spirit, you who solve all problems, light all roads so that I can attain my goal. You who gave me the divine gift to forgive and forget all evil against me and that in all instances in my life you are with me, I want in this short prayer to thank you for all things as you confirm once again that I never want to be separated from you in eternal glory. Thank you for your mercy toward me and mine. The person must say this prayer 3 consecutive days. After 3 days, the request will be granted. This prayer must be published after the favor is granted. T.D.C. hmy2



Vegetarian View



Smoothies are a cool treat on the go

By Robla Kleven

Smoothies aren't just for vegetarians any more.

Parents value these thick, fruit-based beverages as a way to get kids to eat fruit and dairy products. Kids love smoothies because they taste good and they can slurp them with a straw.

Dieters like smoothies because they provide low-calorie, low-fat nutrition in a glass.

The smoothie is the ideal meal for the health-conscious, on-the-go '90s.

"The great thing about smoothies is that they're fast; you can take them with you," said Betsy Horton, a registered dietitian.

She said the versatile drink can be varied according to your nutritional needs and personal taste.

"Depending on what you put in, it could make a complete breakfast," she said, adding that a breakfast smoothie should be based on yogurt or milk for a boost of protein and calcium.

Dieters will want to use low- or non-fat dairy products, she added. Strict vegetarians can omit the milk or yogurt altogether, using a combination of fruit and fruit juices, perhaps with a spoonful of protein powder.

One essential ingredient is frozen fruit, such as bananas or cantaloupe, to make it smooth and cold and slushy.

Smoothies take just minutes to prepare. The basic recipe entails tossing your preferred combination of ingredients into the blender and pureeing until smooth. Leftovers may be frozen, then re-blended later, perhaps with a bit of liquid added for smoother texture.

While smoothies made with ripe

fruit or berries generally are sweet enough on their own, honey or maple syrup can be used for additional sweetening. Diet-conscious folk may want to use artificial sweeteners instead.

The following recipes offer an easy way to add great flavor and good nutrition to your diet - the smoothie way.

STRAWBERRY-BANANA SMOOTHIE

5 frozen strawberries
1/2 frozen banana, cut up
1 cup milk
Dash honey
Yields 1 large serving.
Combine all ingredients in blender and process until smooth.

TROPICAL SMOOTHIE

1/2 cup pineapple
2 tablespoons chopped coconut, fresh or packaged
1/2 frozen banana, cut up
1/4 cup freshly squeezed orange juice
Yields 1 large serving.
Combine all ingredients in blender and process until smooth.

FRUIT SMOOTHIE

1 cup non-fat or low-fat vanilla yogurt
1 ripe banana
1 cup fresh fruit such as strawberries, peaches, etc. (if using canned fruit, pick the kind packed in pear concentrate instead of heavy syrup)
1/2 cup orange or apple juice
Yields 2 to 3 servings.
Combine all ingredients in blender and whirl until smooth. Add more juice if a thinner smoothie is desired.

KITCHEN HINTS

Buttermilk dressing.

It saves on calories and cholesterol.

1. Use buttermilk in place of salad oil in an oil-and-vinegar dressing.
2. Add salt, pepper and other spices to taste.
3. Toss with salads and coleslaw.



Kids Home Newspaper

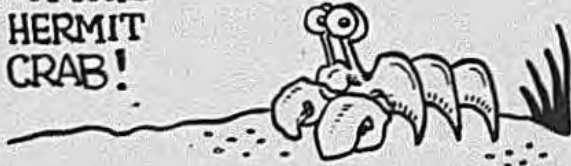


Games, rhymes, and riddles for children and their parents, too!

By J.R. Rose -

DRAW IT!

DRAW A SHELL ON THIS HERMIT CRAB!



HOW MANY WORDS CAN YOU MAKE OUT OF THE LETTERS IN UNDERWATER?

THIS SEAHORSE HAS JOINED PUP AND ME DOWN DEEP INSIDE THE BALMY SEA - AND WHILE WE THREE BEGIN TO GAB PLEASE FIND OUR FRIEND THE HERMIT CRAB!

HELP PUP GET OUT OF THE UNDERWATER CAVE!

WE'RE IS PUP?

PUP THANKS DAVID RODRIGUEZ OF MIAMI, FL.

WRITE US!
IF YOU HAVE ANY FUN GAMES OR JOKES SEND THEM TO : **PUP**
81 EAST BARCLAY STREET
HICKSVILLE, NEW YORK 11801

WHAT IS THE BEST WAY TO CATCH A FISH?

HAVE SOMEONE THROW IT TO YOU!

PUP THANKS AMY JASSAL OF PORT HARDY, B.C.

ANTIQU OR JUNQUE



By James G. McColiam

Louis XV Revival armchair

Q. This Victorian armchair has been in our family for generations. It is solid walnut with green velvet upholstery.

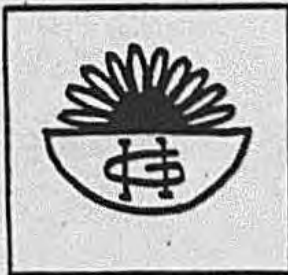
Can you tell me when it was made and its current value?



A. Your chair is an excellent example of Victorian Louis XV Revival furniture. It was made in the third quarter of the 19th century and would probably sell for about \$500 to \$600 in good condition.

Q. The attached mark is on the bottom of a bisque figurine of a little girl dressed in grown-up clothes. She is 10 inches tall and wears a shawl and a plumed hat.

What can you tell me about its origin and value?



A. Your figurine was made by Gebruder Heubach (Heubach Brothers) in Lichte, Germany, during the late 1800s. It would probably sell for about \$400 to \$500.

Q. I have a teapot that belonged to my grandmother and then to my mother. It has a separate insert for tea bags and is marked "McCormick Tea, Baltimore, MD — Made in the U.S.A."

What can you tell me about it?

A. McCormick & Co. marketed tea, spices, etc., and gave teapots as premiums. Yours was probably produced about 1940. It would sell for about \$35 to \$45 in good condition.

McCormick was the first company to use tea bags (1910).

Q. I have an original Currier & Ives print titled "Maiden's Rock — Mississippi River" with the address 152 Nassau St., New York.

I acquired this print in the mid-1940s. I was told that the boats are the Natchez and the Robert E. Lee. What year was it printed and what is its value?

A. This print was issued about 1870 and would sell for \$200 to \$300 if authentic.

Take it to a museum where they can actually examine and possibly authenticate it.

Q. I have a copy of the first issue of *Life* magazine dated Nov. 23, 1936. I would like to know what this item would be valued at by collectors, and how they could be found.

If this inquiry is not within the purview of your column, any suggestion as to where I should look will be very much appreciated.

A. The following is listed as a collector of *Life* magazines published before 1970: Gary Olsen, 505 S. Royal Ave., Front Royal, VA 22630.

Dealers are selling the first issue of *Life* for about \$100 in good condition.

Q. I have a cast-iron Easter lamb cake mold. It was made by Griswold of Erie, Pa. It is in perfect condition.

A local collector offered me \$100 for it. Is that a fair value?

A. It is a fair value, but not a good value. Dealers are selling these for about \$100 to \$125.

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Points on Pets

By R.G. Elmore, D.V.M.

Q. Where do ear mites come from? We are having difficulty treating them in our cat. She runs loose outside most of the time. Is it possible that she is getting them from other animals in the neighborhood?

A. Ear mites are a common cause for ear infections in dogs and cats. Ear mites live in the ear canals of dogs and cats and feed on skin debris. The eight-legged ear mites usually can be seen crawling among the dark, foul smelling debris. Live ear mites appear as moving specks approximately the size of the point of a dressmaker's pin.

Veterinarians usually use a magnified otoscope to examine the ears directly for mites or examine some dark debris with a microscope for the mites. If mites are present, your veterinarian will probably dispense an insecticide or an oily preparation for you to place in the ears.

Ear mites are contagious among pets. Therefore, if mites are diagnosed in one pet, all of the household pets should be examined. Animals with ear mites should be iso-

lated from animals without ear mites.

Q. Is it safe to feed dogs bones from the table? Our 3-year-old boxer loves them and protects them for days. I worry constantly that the dog will choke on one of these bones.

A. Large beef bones generally are safe for dogs. However, if the bone has a hollow center that might hook over the large incisor teeth of the dog, it should not be given to him.

Chicken bones or bones that splinter easily should never be given to dogs. Bones that splinter may injure the dog's mouth as he chews on them or may cause severe internal injuries if swallowed.

Small bones of all kinds that can be swallowed should be avoided. It is not unusual for swallowed bones to get lodged in the esophagus and subsequently choke the dog.

There are many safe artificial chew toys manufactured for dogs. Most dogs naturally love to chew and should be given the opportunity to safely indulge in this activity.

JUNIOR EDITION



Aunt Tilly's Corner

This weekend I planted some annuals in my garden. Annuals are plants that only come up once a year. I like to plant them because they grow quickly and give lots of color to my yard.

I planted marigolds near my vegetables because they are supposed to keep the bugs away. I planted impatiens because they bloom in the shade. Snap dragons always appeal to my children. Their flowers are shaped very much like mouths. If you squeeze them gently in the right spot, their jaws will open and shut. They resemble a dragon snapping. My pansies have interesting little faces that look up at me. Sometimes I think they are trying to tell me something. Balsam is another favorite of mine. At the end of the season they have fat seed pods. If you press them gently they will pop open like a jack in the box and all the seeds will tumble out.

I put some fire feather in the corner to brighten it up. It looks just as its name describes in red, yellow and orange. I can't wait to look outside in the morning to see all the pretty colors.

Your friend,
Aunt Tilly

RULES BOYS AND GIRLS

Here is your chance to win One Dollar (\$.100) - to spend or to save.

Here's all you have to do:
1. Contest is open to children 4 to 12 years of age.
2. Entries must be received by Friday, May 21, 1993

3. Paint, watercolors and crayons must be used on the above.
4. Decisions of the judges will be final.

Mail your entry (just clip our cartoon) to this newspaper at:
105 Hillside Avenue
Williston Park, N.Y. 11596

YOUR SOCIAL SECURITY

Change in household may change SSI rate

By William M. Acosta

Q. My husband is permanently disabled and receiving Supplemental Security Income (SSI).

Recently, our daughter separated from her husband and she and our 3-year-old grandchild came to live with us. Our daughter works and is paying expenses for herself and our grandchild.

Will my husband's SSI payment change? — P.R.

A. It might. Anytime there is a change in your household, such as someone moving in or out, the SSI rate may have to be adjusted.

Call the toll-free number, (800) 772-1213, or visit your local Social Security office and explain your particular situation.

Q. I just called my doctor and was told that she wouldn't accept assignment of a Medicare claim. What does this mean? — H.P.

A. Physicians who don't accept assignment of Medicare claims may charge more (but not more than 115 percent more) than the Medicare-approved amount, and collect full payment directly from you.

Medicare then pays you 80 percent of the approved amount for the covered service, minus any unmet portion of the annual deductible.

You are liable for all permissible charges in excess of Medicare's approved amount.

Q. What will membership in a health maintenance organization (HMO) cost a Medicare beneficiary? — T.J.

A. The total cost of HMO membership will vary by HMO. Depending on the HMO, you may have to pay a premium to the HMO, copayments or coinsurance for certain services, or a deductible.

HMOs may also offer two or more coverage options, one or more with expanded coverage at a higher premium.

For Medicare-covered services, an HMO is prohibited by law from charging a Medicare beneficiary more than an amount specified by Medicare.

Remember that separate from your payment to the HMO, you are always responsible for payment of your Medicare Part B premium.

If you receive a monthly Social Security check, this is the premium that is withheld from your check.

YOUR SOCIAL SECURITY

The World's Most Beautiful Grandchildren



Alexis Leigh Berglund will be one year old on May 13. She is the daughter of Dr. Don Berglund and Celine Berglund of Stamford, Connecticut.

Alexis is very special to her grandparents, Bob and Marilyn Berglund of Syosset. Alexis will have a little brother or sister who will arrive in December '93.

Bob and Marilyn Berglund
Syosset

