

In Two Sections - Forty Pages

The Only Newspaper Printed and Published in Hicksville

Mid-Island Times

& Levittown Times

35¢

Vol. 51 No. 19

USPS 346-760

Friday, May 7, 1993

Students Compete In Trivia Contest



L-R: Jay Bhatt, Brian Thomson, Rekha Roddy & Chris Turk.

Jay Bhatt, Brian Thomson, Rekha Roddy & Chris Turk represented Bethpage High School in the final Trivia Challenge 1993 playoffs, an educational competition sponsored by the United Cerebral Palsy Association of Nassau County, Inc.

Sixty-six student teams from elementary, junior and senior high schools across the county vied in the three divisional competition, which was held in the Karp Siegel Recreation Center in the Lindner Pavilion at UCP of Nassau Feb. 8-10.

"The competition provided students with an exciting educational challenge while heightening their sensitivity to the feelings of people with disabilities," said Ed Cryer, School Coordinator for the event.

To win the preliminary competition within their own schools, the team correctly answered the most questions on a wide variety of subjects from art and literature to sports, entertainment, geography, science and history, qualifying them for the county championships.

In eight years of trivia competition, students have raised more than \$350,000 for the United Cerebral Palsy Association of Nassau County, a non-profit agency which provides comprehensive services to over 1,300 children and adults with disabilities.

For further information about the agency or Trivia Challenge call UCP of Nassau at 378-2000, ext. 225.

Scholarship Deadline

The Wm. M. Gouse, Jr. VFW Post No. 3211 announces the deadline of Friday, May 14, for the acceptance applications for the "Albinus A. Hanlon \$1,000 scholarship."

To apply the applicant must attend a duly accredited high school or equivalent, be a member of the graduation class at the time of selection, and be a son, daughter or grandchild of a member of good standing of the VFW Post No. 3211, or the Ladies Auxiliary of the post.

Interviews will be held on Friday, June 4, and our VFW judges are Sieg Widder, Carole Wolf, Joe Jablonsky and Marc Herbst.

Prospective applicants may obtain a copy of the "Guidelines" and application forms by contacting Bill Bennett, Chairman, of the VFW Scholarship Committee, at 718-649-9600 during the day, or 681-3183 in the evening.

The VFW Post No. 32aa also has a \$500 Scholarship to be presented to a Hicksville High School senior that displays good citizenship and community services. The Guidance Department of the High School will make a selection shortly.

May Exhibits At Hicksville Library

Great diversity is a hallmark of the May exhibits at the Hicksville Public Library.

The annual exhibit of Independent Art Society members' works will be on display in the library's Community Room. The entries will be judged by Charles E. Fillizola, who will present awards and will then critique the works at the regular open monthly meeting of the society at 7:30 p.m. on Mon., May 3.

The lobby display case will hold the wood carvings of Hicksville resident Joe Leo. A variety of lifelike-to-the-smallest-feather painted wooden birds, including the nuthatch, gadwall, mallard and many more songbirds and ducks will be on view. The artistry of the carvings belies the fact that Mr. Leo first took instruction and launched his work in this field upon his retirement in 1990.

The annual American Legion Memorial Exhibit honoring members of the Hicksville community who have died in the service of our country will be on view in the fiction room cabinet.

The exhibit was put together by Richard Evers, Post 421 Americanism Officer.

Board Adopts Budget; OKs Teachers/Supt. Contracts

By Maureen Traxler

After months of preparation, involving teachers, students, administrators, a citizens advisory committee and trustees, the Hicksville School District's 1993-94 spending plan was approved by the Board of Education at its April 28 meeting. Although the proposed budget, totaling \$50,763,454, is up \$367,356 from the current year's budget, it is expected to translate into a \$1 decrease per \$100 assessed valuation for Class 1 taxpayers (the homeowner). The \$50,763,454 figure includes a \$45,000 appropriation to the Gregory Museum for educational services. The appropriation will appear as Proposition 2 on the May 19 ballot.

Projections provided by the school administration call for an estimated Class 1 tax rate next year of \$31.254, down from \$32.252 in 1992-93. The business office emphasized constant contact with the Town of Oyster Bay and the County Board of Assessment in order to keep its finger on the current property assessment. The slight expected rise in assessed valuation paves the way for a tax decrease. (The final 1993-94 tax rate is set in August, based on the then current assessed valuation, fund balance and available state aid.)

School Board President Helen Lafferty attributed the progressive budget plan to "prudent school board policies, a budget process instituted by Supt. Mugavero and implemented by Asst. Supt. Stuart Opdahl, and involvement of the entire community." She added that the spending plan "strengthens and improves education programs, but holds the line for taxpayers."

The five trustees present voted unanimously to approve the budget and Proposition 2 (The Gregory Museum). Trustees Jim Black and Richard Pfander were out of town on business.

The final proposal "didn't come without effort," remarked Schools Supt. Mugavero. He reminded residents that the district has seen a decrease in State aid over the last three years totaling \$8 million. He added that the administration is mindful that 60% of the community's residents are senior citizens. Two particular efforts of the past year combined to save the district \$2.3 million. They were the administrative reorganization and the elimination of 100 students who were illegally attending the high school.

The Supt. stressed that the administration has brought the budget into a true cost accounting system and has set in motion a "plan" which builds a foundation for the following year's budget process. Mr. Opdahl added that administration has been "conservative" in determining the revenue side of the budget. By safeguarding the fund balance, a cushion is provided to reduce the next year's budget.

According to the Supt., the new budget proposal does not cut or eliminate any programs. He added that the budget includes funds for full time librarians at the elementary schools, a full time coordinator of guidance for the secondary school, a full time social worker at the high school and the institution of a career update of its library through State grant funding.

Other educational highlights included in the proposed budget are:

- Updating of Technology Dept. in the middle school and high school.
- New mathematics texts for all elementary students.
- New mathematics and social studies texts for middle school and high school courses.
- Renovation of the high school team and physical education locker rooms.
- Upgrading of district audio-visual equipment.
- Special programs for increased AIDS awareness with a view toward preparing youngsters for life experiences.

Proposition 2 (The Gregory Museum) represents a \$5,000 increase in the district's appropriation for the museum. The implementation of the proposition is contingent on the approval of the budget (Proposition 1).

Expounding on the services provided to the school district and

Continued On Page 16

Assessment Challenges Until May 18

Oyster Bay Town Receiver of Taxes John J. O'Leary would like to remind residents that they may file formal challenges to their tentative assessments with the Nassau County Board of Assessors until May 18.

"In order to assist taxpayers who wish to challenge their assessments during the May 3 through May 18 grievance period," said O'Leary, "the Nassau County Department of Assessment has established special satellite offices in each of the County's three towns. For properties in the Town of Oyster Bay, taxpayers can inspect the tentative Nassau County Assessment rolls and file assessment challenges at Cantiague Park, Skating Rink Lobby, West John Street, Hicksville. This office will be open until May 18, from 9 a.m. through 4:30 p.m., Monday through Friday. It will also be open Wednesday evening, May 12 from 7 - 10 p.m. and Tuesday

evening, May 18, from 7 - 9 p.m."

Taxpayers should include with their written grievance forms any documentation such as an appraisal or list of comparable properties to support their assessment challenges. Additional information about the grievance procedure may be obtained by calling the Nassau County Department of Assessment's residential field division at 571-2311.

National Conductor Works With Band

Dr. Peter L. Boonshaft will be conducting the Hicksville High School Band in rehearsals, during the week of May 10, prior to their performance and education in Florida at the end of May.

A nationally known conductor and clinician, Dr. Boonshaft is Director of Bands and Acting Music Chairman at Hofstra University.

Letters

To The Editor:

The Midland Civic Association and indeed all of Hicksville lost someone special with the passing of Ellie Draycott. Ellie was a former president of our Civic and always the most active member of the Executive Board. She was responsible for reactivating our dormant Civic Association in 1984, when our community felt threatened by a proposal to locate a White Castle Restaurant on Bethpage Road. She helped us win that battle and others. Ellie even helped other civic associations when their communities needed to organize support for their causes. She helped to form the Coalition of Civics and recently served as its President.

Ellie Draycott did much more than donate her personal time and energy for Hicksville. She inspired others to do so as well. The civics she supported have blossomed with volunteers looking to pursue and enhance all that is good in Hicksville. By her example, she showed us that if we care and act together much can be done to improve the quality of our neighborhoods. She helped us to realize that if we spoke to our elected officials as an organization, they would indeed listen and often act on our behalf.

Let Ellie's life be an example for all of us. She taught us that pulling the levers in the voting booth is truly the least we can do for our own communities and clearly not enough. Our elected officials need to hear what their constituents want and don't want. When sought out by a civic association, politicians are indeed very reachable. Don't just complain and grumble when you see our neighborhood's needs are not addressed. As a tribute to Ellie Draycott, who volunteered so much for us, bring your complaints, better yet, bring your ideas to your community civic association. Thank you Ellie.

Tom Pfeifer
Rec. Secretary
Midland Civic Assn.

To The Editor:

I would like to announce my candidacy for a seat on the Hicksville Board of Education.

I have been a resident of Hicksville for twenty years. My oldest daughter is a junior in the High School; the other a seventh grader in the Middle School. I hold a BS degree from New York Institute of Technology, with concentrations in Business and Management. My business experience has included Electrical Engineering, Computer Systems Management, Personnel Management and Budgeting. I am currently

an independent computer software consultant, specializing in business computer automation.

Running for the School Board is simply an extension of my increased interest and involvement in the Hicksville community. My recent contributions have included HBA softball manager and coach, soccer coach, member of the Budget Advisory Committee, and current President of the Hicksville Southwest Civic Association (HSWCA). As Civic President, I have supported the unification of Hicksville by endorsing the concerns of other Hicksville civics. For example, HSWCA has recently assisted the Duffy Park civic with their battle against the Twin County permit renewal, and the West Village Green civic with their efforts against commercial development in the Barter Lane area. One of my goals as a member of the Board of Education will be to continue support of this effort of community unification.

Our children need motivation to not only learn how to read and write, but to also develop a sense of self pride and commitment towards their community. Every student needs to belong and feel wanted, especially among their peers. Educationally, I believe this can be accomplished by providing (as well as encouraging) every student with the opportunity to belong to at least one extracurricular educational club or activity.

We can achieve all of this and more by passing the school budget on May 19, and voting Row A (Richard Pfeander, Nancy Callari and Raymond Manzo). Help us lead Hicksville in its thrust forward by concentrating on improving curriculum at all educational levels, while maintaining a consistently low tax rate that all of our citizens can afford.

Raymond Manzo

To The Editor:

Taxes are a burden. They eat at your savings, into pensions, into the money that comes into the house.

I was President of the Board in the Spring of 1991 when we began interviewing for a new Superintendent of Schools. I knew that we needed a strong leader with a keen business sense. The Assistant Superintendent for Business had projected the budget for 1993-94 at \$63 million, a 26% increase. We searched for someone who could control the budget, trim Administration, strengthen our curriculum and expand our programs. We found Sal Mugavero.

I was still President of the

Board in May, 1992 when a budget was presented which decreased the tax rate by \$1.37. This year as Chairman of the Finance Committee I am proud to announce another tax decrease of \$1.

This year's budget is \$50.7 million. It is lower than the austerity budget of 1991-92.

How did this become possible? By putting the right people in the job. Stuart Udahl, Assistant Superintendent for Business has been instrumental in establishing a "cost accounting budget." Ask your "Board Watchers," Mr. Kelly and Mr. Van Berckelaer about his accomplishments.

Sal and Stu have become partners in this project, and together with Bob Durso and Dr. Dan Kremin they developed the curriculum and selected the people that make the Hicksville Schools work more efficiently.

I take full responsibility for voting for each of these men. I also voted for a two year extension of Sal Mugavero's contract on April 28th because he has expanded our educational programs, our community programs and dramatically decreased the budget!

I helped achieve a new teacher's contract which adds 5% more worktime to each teacher's day. It represents a 10.9% salary increase, including increment, over three years. This is the lowest teacher settlement on Long Island over the last several years.

I do not always agree with everything that Mr. Mugavero suggests. For example, I did not vote for the closing of the Lee Avenue School. However, I know he appreciates the value of a dollar and holds our district employees accountable. He expects excellence!

Will Hicksville be as effective if these men are forced out? I think not!

My two running mates Gary Lewis, President of St. Ignace CYO for the past nine years and a lifelong Hicksville resident, and Mary Carton a retired real estate broker and member of the Citizen's Budget Advisory Committee, and I pledge to support the men who have given us lower taxes and higher quality education.

On May 19 I am asking for your vote for the "B" Team, Lewis, Carton and Wolf. Vote across the bottom. Vote Row

"B." Be concerned for lower taxes! Be concerned for quality education!

Carole Wolf

To the Editor:

Rarely has the Hicksville community been given the opportunity to elect the type of quality leadership that is represented in three people seeking seats on our Board of Education this year.

Candidates Rich Pfeander, Nancy Callari, and Ray Manzo represent the honesty and devotion to children and community that will make them outstanding additions to the board. Individually and collectively, these three possess a range of experiences, ideas, and chemistry which cannot be matched. It has been our privilege to know and work along side each of them in numerous school and civic activities. All are long-time Hicksville residents, homeowners, and taxpayers. All three currently have children in our public schools and all have dedicated themselves to the betterment of our community.

It is our pleasure to endorse Rich Pfeander, Nancy Callari, and Ray Manzo for the Hicksville Board of Education. On May 19, please cast your vote for leadership and trust and for tireless dedication to children and community. Please vote Row A.

Dave and Laura Staton

To The Editor:

For many years, we have actively attended Hicksville School Board meetings. During this time, we have observed School Board members in all sorts of situations. Carole Wolf has exemplified what a School Board Trustee should be.

Her list of accomplishments and accolades is too long to enumerate. Suffice to say that she has not only been an honest, effective, and hard-working Board member, but she has also given freely of her time and talents to many other civic and religious organizations, many of them child oriented.

Honesty, industry and integrity are vital to a good Board member, and Carole has all of these attributes. More than that is necessary, however, to be an effective Trustee. Carole is one of those rare people who combine a real understanding of the educational process and

what is needed to make it effective, and someone possessed of a keen business acumen. She has been a most effective member of our Budget Committee, bringing her years of business experience into play. Her first commitment, however, is to the children of Hicksville.

All age groups in Hicksville have profited by her membership on the Board. They will continue to profit if she is returned for another term.

We urge you to vote for both the Budget, which will cost \$1 per hundred less than last year and for Carole Wolf, who works for us for free (you can't beat that combination!).

William & Carolyn Kelly

To The Editor:

I have been asked if I would publicly endorse specific School Board candidates. As President of the Board of Education, I don't think it would be appropriate for me to do so.

Instead, I'd like to give my opinion as to some of the characteristics I think voters should look for in the candidates of their choice.

Board members should not have an "us against them" mentality. A divided Board is an ineffective Board. In my opinion, "power" politics for control of the Board is detrimental to the children and to the taxpayers. Board members should weigh the merits of each issue and vote accordingly as individuals. Personal agendas and favoring specific student activities to the exclusion of others, undermines and divides the community.

Taxpayers should inquire as to the candidates' qualifications and their ability to contribute to the work of the Board and the education and well being of the children.

It is vital that Board members be united in their support of the Superintendent of Schools. Without Board support, the Superintendent is rendered powerless to do his job with resulting chaos.

I urge all taxpayers to attend the candidate public forums, civic association and club meetings where candidates will be speaking and to ask questions.

The PTA Council Forum is on May 5th, 8:30 p.m. at the High School and the Community Council Forum on May 6, 8:30 p.m. at the Hicksville Library.

I urge you to attend and to ask questions. Be an informed voter and vote on May 19.

Helen M. Lafferty

To The Editor:

This letter announces my candidacy for the position of Trustee of the Hicksville Board of Education. I am seeking election to the seat currently held by Mrs. Arlene Rudin. Mrs. Rudin is not seeking reelection.

Boards of Education exist for the purpose of insuring that children are provided a quality education that is within the ability of the community's taxpayers to pay. It is my experience in these two areas which I believe makes me qualified to serve Hicksville in this capacity.

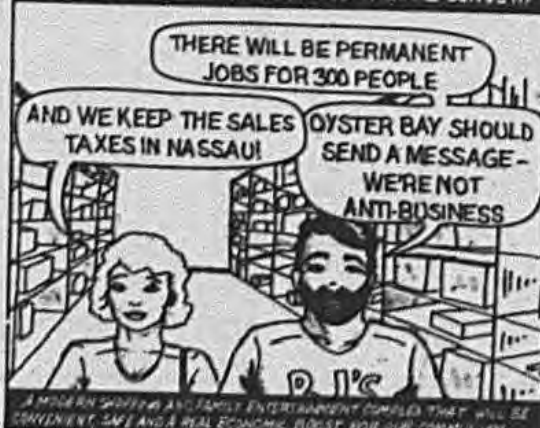
I am currently the President of the Hicksville Council of Parent-Teacher Associations (PTA's). The Council is an umbrella group made up of representative of each of our schools' PTA's. I enjoy a good

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Mid Island Times & Levittown Times

Published every Friday at Litmore Publishing Corp.
Second Class Postage Paid at
Hicksville, NY 11801
Telephone 931-0012 - USPS 346-760
81 E. Barclay St., Hicksville, NY 11801
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Board Approves Budget Of \$30 Million

Before turning to the agenda of the April 27 meeting, Board President Anthony D. Cotton informed those present that at a Special Meeting held on April 22 the 1993-94 budget was adopted in the amount of \$30,880,650. This budget will be presented to the community at the Annual Meeting on June 8, with voting to take place on June 9.

The Board approved a list of substitute teachers for the remainder of the school year and approved two tuition contracts for special educational services. In addition, a health services contract with the Hicksville Union Free School District was approved in the total amount of \$35,838.18 for 126 Bethpage students receiving educational services at schools located within the Hicksville School District.

A properly filed petition was presented to the Board of Education by the appropriate number of qualified voters requiring the Board of Education to present same to the voters in accordance with existing District policy. Therefore, Proposition Number 3 will appear on the ballot at the annual Meeting. The petitioners, through this proposition, seek the approval of the voters to reduce the qualifying distance requirements for transportation for third, fourth and fifth grade students from the current minimum of three-quarters of a mile to one-half mile. Voter approval of this proposition would increase the 1993-94 school budget by \$67,000 (about 9.5 cents on the Class I tax rate/9.5 cents on the unified tax rate).

Mr. Nydick made the following announcements:

- Teacher Deborah Deasy has been awarded a \$750 New York State PTA Teacher Fellowship for graduate study. Only 12 teachers in New York State were chosen for this honor.
- Sophomore Drew Damnick has won recognition as one of the top 50 Mathletes in Nassau County. Drew has also been named to the Nassau County All-Star Mathlete Team, which will participate in two prestigious meets, one at the State level and one which is National in scope.
- Teacher Chrystle Corson has been awarded a fellowship by the National Endowment for the Humanities to participate in the 1993 Summer Seminars for School Teachers program.
- The High School Drama Group presented "Mary Sunshine" on April 30, at each of the elementary schools.
- Central Blvd. School was featured on WGBB's "Kids in Charge" Program for the week of April 12-16. The students, faculty, PTA and school principal participated in the radio program.
- Twenty-eight seventh grade students from JFK Middle School participated in the 1993 Talent Search conducted by the Center for the Advancement of Academically Talented Youths at John Hopkins University. These students took the College Board SAT. Six students received certificates of distinction, and two students were invited to the CTY Awards Ceremony for their outstanding performance.
- Student Michelle Jerson has received honorable mention in the New York State Imagination Celebration Competition. Michelle was one of only 6 high school students recognized for outstanding creative ability.
- The JFK Middle School Science Olympiad team represented our region in the State finals. The team finished 5th overall, with Andrea Bermen and Jeremy Smith earning a gold medal in the Egg Drop competition, and Jeremy Smith earning a gold medal in the Metric Estimation competition.
- Rekha Reddy, a junior at Bethpage High School, will receive the Xerox Award in Humanities/Social Science. This award will also allow Rekha to apply for a special Xerox Scholar Program at the University of Rochester.

Mr. Nydick also indicated that the pool area has been inspected on numerous occasions and was found to be absolutely clean. The heat is appropriate, and there is no chlorine problem. The area will be monitored closely.

Mrs. Timos gave an update on the summer program. There was not sufficient time or information for the group to put a program in place for this summer. Therefore, SCOPE will be hired to run the program this summer, and an open house will be held on May 14.

There were some questions regarding the District's decision not to allow literature regarding the Graffiti Program to be distributed in the schools. The Board indicated that since this was a program aimed at adults, not at the children of the District, it would not be appropriate for the schools to distribute literature from an outside organization via the students.

Mrs. Menzer asked about the evaluation of the Writing to Read Program. This report has just been received, and will probably be discussed at the work session to be held on May 18.

Mr. Grunewald raised several questions regarding handicapped parking and access at the Middle School and the High School. Mr. Cotton thanked Mr. Grunewald for bringing the matter to the Board's attention and stated that it would be looked into.

Mrs. Nosowitz informed the Board that during a Varsity track meet, there were people walking around the track at the time of the meet. This creates a distracting and possibly dangerous situation, and the Board will look into the problem.

The next Monthly Meeting will be held on May 25 at 8 p.m. in the Little Theater.

In Service

Army Reserve Spec. Dean J. Lopardo of Hicksville has completed a U.S. Army primary leadership course at Indian town.

Students received training in supervisory skills, leadership principles, and small unit training techniques essential to a

first-line supervisor in a technical or administrative environment.

Lopardo, a construction equipment mechanic, is the son of Lynn Yerks of Bridle Lane, Hicksville.

He graduated from Hicksville Senior High School in 1981.

Summer Seniorobics, Dancercise

Ellen Coven, Dance Fitness Instructor will be conducting two 8-week programs of Summer Seniorobics at the Bethpage Library on Thursday mornings starting June 10, at 9:45 a.m. to 10:30 a.m. and 10:45 a.m. to 11:30 a.m. - take your choice. She will also hold an 8-week Summer Dancercise class at the library on Wednesdays from 5:30 to 6:30 p.m. starting June 2. The cost is \$25 for each 8-week program. Grab your sweats and sneakers and tune up for the summer! Registration for Bethpage School District #21 residents will start Monday, May 3. All others may register from May 10, as space permits.

The Library is located at 47 Powell Avenue, two blocks west of Exit 8 on the Seaford-Oyster Bay Expressway (route 135), phone 931-3907.

LEGAL NOTICE NOTICE OF FORMATION OF LIMITED PARTNERSHIP

Pursuant to article 8 of the Partnership Laws of the State of New York, Peternick Realty Company, L.P.

Notice is hereby given that the persons herein named have formed a limited partnership for the transaction of business in Plainview, New York and elsewhere and have filed a certificate in the Clerk's office of Nassau County of which the substance is as follows:

The name of the limited partnership is Peternick Realty Company, L.P.

The character of the business is real estate holdings.

The location of the principal place of business is 497 South Oyster Bay Road, Plainview, County of Nassau, New York 11803.

LEGAL NOTICE

The name and place of residence of each member is as follows: Peternick Inc., which is a general partner, 497 South Oyster Bay Road, Plainview, New York 11803, Nicholas J. Damadeo, who is a limited partner, 14 Left Road, Smithtown, NY 11787, and Peter F. Heaney, who is a limited partner, 93 Wolver Hollow Road, Upper Brookville, NY.

The term for which the partnership is to exist is from the 6th day of April, 1993 until terminated by a notice in writing from one partner to the others or by the death or incompetency of a partner.

The amount of cash contributed by each limited partner is \$33,000. No other property is contributed, and no additional contributions are agreed to be made by the limited partners.

The contributions of the limited partners are to be returned upon dissolution of the partnership.

Each limited partner shall receive annually a 49% share of the profits.

No partner has a right to substitute an assignee as contributor in his place, nor may the general partner have admit additional limited partners.

The certificate referred to above has been acknowledged by the general and limited partners.

Dated:

April 6, 1993

PETERNICK, INC.
By:
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In The School Library

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The East Woods School admits students of any race, color, national and ethnic origin to all the rights, privileges, programs and activities generally accorded or made available to students at the school. It does not discriminate on the basis of race, color, national and ethnic origin in administration of its educational policies, admissions policies, scholarship and loan programs, and athletic and other school-administered programs.

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LEGAL NOTICE RESOLUTION NO. 66-1993

WHEREAS, The County Government Law of Nassau County (Chapter 879 of the Laws of 1936 as amended) and the Nassau County Administrative Code (Chapter 272 of the Law of 1939 and amendments thereto) provide that the assessment roll of the County of Nassau be completed on or before the first day of May in each year, and on the completion thereof the Board of Assessors shall forthwith cause to be published and posted a resolution of notice that the roll has been completed, and designating of notice that the roll has been completed, and designating the places where several portions or copies of the same have been placed on file and where they may be examined

by any person during business hours every business day and at least one evening each week until the third Tuesday of May of each year; that on that day, to wit, the third Tuesday of May, the Board of Assessors will meet at the time and the places provided in said resolution and notice, at which any person aggrieved by the assessment may appear and be heard in relation thereto; and

WHEREAS, the Real Property Tax Law (Chapter 957 Laws of 1970) requires that the Board of assessment Review shall hear and determine complaints in relation to assessments and shall meet to hear complaints on the third Tuesday of May; that on that day, to wit, the third Tuesday of May, the

Board of Assessment Review will meet at the time and at the places provided in said resolution and notice, at which any person aggrieved by the assessment may appear and be heard in relation thereto; and WHEREAS, the assessment roll for the year 1993 upon which taxes will be levied for the year 1994 for the Town of Hempstead, the Town of North Hempstead, and the Town of Oyster Bay, the City of Long Beach and the City of Glen Cove, has been prepared by the Board of Assessors of Nassau County and has been completed. Now, therefore, be it

RESOLVED, that the assessment roll of the County of Nassau, State of New York, for the year 1993 upon

which taxes will be levied in the three towns and two cities within the County of Nassau for the year 1994 has been and is completed; and that a hearing of grievances as to complaints on said assessment roll shall include and be deemed a hearing of grievances in relation to the school district assessment roll, and it is further

RESOLVED, that this resolution and the following notice be published in the official newspaper of the County of Nassau, to wit: the **Newday**.

ASSESSOR'S NOTICE
THE COUNTY BOARD OF ASSESSORS OF THE COUNTY OF NASSAU HEREBY GIVE NOTICE that they have completed the assessment roll for the year 1993 upon which taxes will be levied for the year 1994 for the

Town of Hempstead
North Hempstead
Oyster Bay
and the Cities of
Long Beach
Glen Cove

as well as assessment rolls for the year 1993-94 upon which School District taxes will be levied in the three Towns of Hempstead (including that portion of the City of Long Beach School District within the City of Long Beach), North Hempstead and Oyster Bay in compliance with the provisions of the County Government Law of Nassau County (Chapter 879 of the Laws of 1936 as amended) and the Nassau County Administrative Code (Chapter 272 of the Laws 1939 and amendments thereto) and that a portion (copy) thereof will be placed in the following offices on May 1st, 1993.

As to those properties situated with the Town of Hempstead:

Office Of
Board Of Assessors
Fourth Floor
Nassau County
Office Building
240 Old Country Road
Mineola, New York

As to those properties situated with the Town of North Hempstead:

Town Hall,
North Hempstead
220 Plandome Road
Manhasset, New York
As to those properties situated within the Town of Oyster Bay:

Cantiague Park
Skating Rink Lobby
West John Street
Hicksville, New York
As to those properties situated with the City of Long Beach:

City Hall,
City of Long Beach
West Park Avenue
Long Beach, New York
As to the properties situated with the City of Glen Cove:

City Hall,
City of Glen Cove
Bridge Street
Glen Cove, New York
where said assessment rolls may be seen and examined

by any person during the business hours of every business day between the hours of 9:00 a.m. and 4:45 p.m., except Saturdays and on the evening of May 5th and May 12, 1993, between the hours of 7 o'clock p.m. and 10 o'clock p.m. and also on the third Tuesday of May; to wit: May 18th between the hours of 7 o'clock p.m. and 9 o'clock p.m. On the third Tuesday of May, 1993 between the hours of 9:00 a.m. and 9:00 p.m., to wit: May 18th, 1993, a member of the Board of Assessment Review, together with a member of the Board of Assessors or a Deputy Assessor designated by the Chairman, is to sit at the following places:

As to those properties situated within the Town of Hempstead:

Office of the
Board of Assessors
Fourth Floor
Nassau County
Office Building
240 Old Country Road
Mineola, New York

As to those properties situated with the Town of North Hempstead:

Town Hall,
Town of
North Hempstead
220 Plandome Road
Manhasset, New York
As to those properties situated within the Town of Oyster Bay:

Cantiague Park
Skating Rink Lobby
West John Street
Hicksville, New York
As to those properties situated within the City of Long Beach:

City Hall,
City of Long Beach
West Park Avenue
Long Beach, New York
As to those properties situated within the City of Glen Cove:

City Hall,
City of Glen Cove
Bridge Street
Glen Cove, New York
to review the assessments and to hear and examine all complaints in relation to such assessments, at which time and place any person aggrieved by the assessment may appear and be heard in relation thereto. Notice is also hereby given that the hearing of grievances in relation to the assessment rolls herein before mentioned shall include and be deemed a hearing of grievance in relation to the School District Assessment Roll.

The above assessment rolls are to be considered tentative. The assessment rolls will become final as of August 1st 1993.

Dated,
this 30th day
of April, 1993

John R. Buzzerio
Charles R. Artale
Malachy R. McGarry
Abe Seldin
Chairman,
Board of Assessors

BP 9011
1x 5/7

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He doesn't see the energetic young mind that's underneath the cassette recorder. He doesn't see the much-loved kid on the block that's inside the leather jacket. All he sees is the cassette recorder and the jacket, and how to get the money for his next fix.

But the drug addict's real blindness is that he'll never see the heartbreak he will cause when he leaves your child lying on the street.

You must fight back. You can make a difference. Start now by calling 1-800-WE PREVENT and we'll send you information on successful ways to join with others to protect your children from crime in your neighborhood.

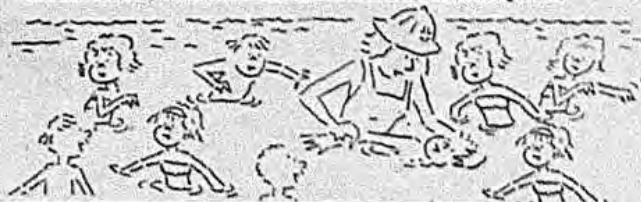
Fight back against drug-related crimes. Call 1-800-WE PREVENT.

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Sports & Recreation Camp Directory

Special Sports and Recreation Camp Directory. Appearing in Mid Island Times, Syosset Advance, Bethpage Newgram, Jericho New Journal, New Hyde Park Herald Courier, Williston Times/Mineola Edition, Garden City News



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Special Sports and Recreation Camp Directory. Appearing in Mid Island Times, Syosset Advance, Bethpage Newswatch, Jericho New Journal, New Hyde Park Herald Courier, Williston Times/Mineola Edition, Garden City News



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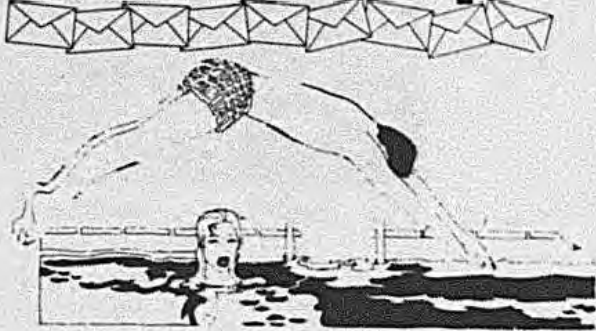
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"Letters from Camp"



Rich Martin's

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FLEXIBLE SCHEDULE
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Last 4 years were sold to capacity

Boys
9-17



Girls
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- 7 Great Weekly Sessions in July & August
- 1 Hour from G.W. Bridge

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Defensive Driving Course

A two-part course will be offered at the Bethpage Library on Wednesday, June 23 and Wednesday, June 30 from 7 p.m. to 10 p.m. Here's your opportunity to save on your insurance costs, deduct violation points and learn safety driving techniques. **College students home for the summer take note.** This course is open to all ages but enrollment is limited to Bethpage School District residents until June 5, and then open to everyone as space allows. Space is limited so don't delay. Call 931-3907 for further information or come into the library to sign up.

The cost is \$38 per person payable upon registration at the Reference Desk of the Library. The check should be made out to Defensive Driving Program, Inc. There will be no refunds.

The Library is located at 47 Powell Avenue, two blocks west of Exit 8 on the Seaford-Oyster Bay Expressway (route 135), phone 931-3907.

To Meet Parents

Hicksville Public Schools Superintendent Salvatore Mugavero will hold the third and last in a series of meetings with parents on May 17, from 8 - 10 p.m. in the Board Room at the Administration Building. Mr. Mugavero welcomes parents of students to come to discuss educational and non-specific student issues.

Special Sports and Recreation Camp Directory. Appearing in Mid Island Times, Syosset Advance, Bethpage Newsgram, Jericho News Journal, New Hyde Park Herald Courier, Williston Times Mineola Edition, Garden City News & Great Neck News

St. Ignatius CYO News

Travel Teams Open With "Wins" 5th Grade Travel St. Ignatius 6 St. Raymond 1

The St. Ignatius Fifth Grade Traveling Team, opened the season on April 24, with a hard fought 6-1 victory over St. Raymond. John Kiernan pitched 4 innings, striking out five to earn the victory. Gus Mitsopoulos pitched the last 3 innings to pick up the save. Gus also made 2 tremendous diving catches in the field. Turning both into inning double plays. Matt Snadecky led the attack going 2 for 2 including a 2 run homer. Sean Naughton and Ryan Hayes each had RBI singles. Ryan Walker was outstanding behind the plate, throwing out 2 runners and making a diving catch.

8th Grade Travel: St. Ignatius 9 St. Williams 8

Great beginning for the 8th Grade Travel Team with a 9 to 8 victory over St. Williams of Seaford. Best defensive play of game was a double play ball which was hit on ground to pitcher, Kenny McCullough then thrown to Mike Stine at short stop and then over to first base Kevin Krueger. The offensive gave a great performance in base stealing thanks to Kenny McCullough and Kenny Binick. Kenny Binick stole home to give the victory to St. Ignatius.

By Bill Clark

Have you ever looked closely at old family snapshots only to see someone peeking out the door or window behind those being photographed? Maybe it was you or your sister or brother when you were young, making faces. The other day someone gave me their gripe of some of those with 150-decibel boom boxes in \$600 cars with 30 IQ points at the wheel.

I was surprised this week to find the shoe repair store on Broadway, next to the little white church, having a new sign and the interior painted and new lighting fixtures, also a new shoe repairman. The shoe repair has been there for most of our lives, with John Provanzano (hope I spelled it right) and Frank Russo. Only a couple of months ago I took Frank Russo's picture while working at his machine and spoke to him regarding the building. He was very nice and now has retired.

Remember the RR gate men with their little booth and coal bins alongside for the little winter stove. They would hand-crank the full width gates for both East & West bound trains and listening to the impatient motorists' horns blow to raise the gates as the train passed, but did not see the oncoming train coming in the opposite direction. Woodbury Road, Bay Avenue and East Barclay Street crossing due to its width had a flagman on duty.

Have a nice Mother's Day.

Jottings From Yesteryear



1967 - Newbridge Rd. (106) looking northeast toward 2nd St. - greenhouse and trees.



1993 - Same, less trees and florist house and greenhouse. Photos by Bill Clark

Sports & Recreation Camp Directory



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Rich Roulston - Director

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- All Ages
- FREE Hockey Jersey
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Ages 6-10 Session Times 12:15-4:15 **\$175⁰⁰** per week

Ages 11-17 Session Times 2:45-7:15 **\$200⁰⁰** per week

PRESENT THIS AD & RECEIVE \$10.00 CREDIT IN OUR PRO SHOP FOR ALL HOCKEY SCHOOL PARTICIPANTS

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33 Hillside Ave., New Hyde Park

"Ice Hockey Instructions Is Our Specialty Year Round"

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Complete Your Summer Driver Education Before Summer Gets Started

For Application & Information Call 873-0938



SUMMER PROGRAM

Kids 3-12 Have A Great Summer

3 or 5 Day Sessions
4, 6 or 8 week programs
Special Hours for Working Parents 7:30 a.m. 6 p.m.
Door to Door Transportation

- 2 Heated Pools • Complete Swim Program
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- Bowling • Volley Ball • Aerobics
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When enrolled in our basic reading or math program, your child will improve at least one full grade equivalent score after the first 36 hours of instruction, or we will continue up to 12 additional hours of instruction - free.

Measurement will be based on a nationally recognized achievement test for improvement in either reading (comprehension or vocabulary) or math (computation or application).



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On April 2, Janice Buckner came to Woodland School in Hicksville. The children enjoyed her lively stories set to music. Many children volunteered to help her out on stage. Pictured left to right are: Amy Yu, Nicole Rebhans, Brenden May, Eric Dikeman, Jenna Nolan, Timothy Kulier, Thomas Tyson, Robert Hordern and Janice Buckner performing with her guitar.

Library Trip To Westchester

The grandest, most extravagant, most exquisite show to play Broadway in years is coming to the Westchester Broadway Theatre! "Grand Hotel," the musical, chronicles the lives of six people brought together for a brief time in an elegant hotel in Berlin in 1928 - each with their own personal crisis of love, business, ambition, greed, living and dying.

The Bethpage Public Library invites you to join them for an afternoon matinee and luncheon on Thursday, July 22.

You will depart the library at 10 a.m. on a luxury motorcoach and head for the theatre, where you will see the show and enjoy a fine luncheon right on the

premises. The price, all inclusive, is \$51.50, payable at the Reference Desk upon registration. Sign-up begins for Bethpage School District #21 residents on Monday, May 3; out of district residents may begin signing up on Monday, May 10.

Don't miss the opportunity to see a dazzling musical, winner of five Tony Awards on Broadway, which recreates the original choreography of Tommy Tune.

The Library is located at 47 Powell Avenue, 2 blocks west of Exit 8 on the Seaford-Oyster Bay Expressway, (route 135), phone 931-3907.

Osicki Named EAB Veep

EAB has announced the promotion of John J. Osicki to the position of Vice President in its Investment Securities division.

A graduate of Pace University with a B.A. in Finance, Mr. Osicki joined EAB in 1980 as a municipal bond salesperson. In 1985, he was named manager of the bank's municipal bond sales office in Roosevelt Field. He was named an Assistant Vice President in 1986.

Mr. Osicki is active in a variety of community activities in the Bethpage area. He resides in Bethpage with his wife Maria and three sons.



John Osicki

Bethpage's Student Of The Month



Frank Procida

Frank Procida, a senior in Bethpage High School, is a young man who strives for success in one or two areas of life at a time and works hard to achieve his best. He is not merely someone who just touches bases in 15 different activities. He strives to reach the highest before moving on.

A fine athlete, Frank has been outstanding in three sports over the years - wrestling, golf and cross-country track. His favorite activity has been the Physical Fitness team, and he has participated for four years. Last year, the Bethpage team went to the National Competition in California and earned a seventh place ranking in the United States. Frank, himself, earned the highest score on the team.

A strong student and a member of the National Honor Society, Student Council and Student Civic Association, Frank began to focus on the field of Government and Politics this year beginning with a summer program in Washington called the National Young Leaders Conference. This stimulated his interest in student activities, and he joined the Student Council so that he could participate in more events, such as the Volleyball Tournament, the Three-on-Three Basketball Games and the Fall Homecoming.

Frank's eye is focused on Bucknell or The University of

Midland Civics To Meet

Midland Civic Association will hold a general meeting on Monday, May 17, at 7:30 p.m., at Woodland School on Ketcham Road.

If you are concerned about quality education, taxes and the status of school buildings, meet the candidates running for the three seats open on the Hicksville School Board Councilman Douglas Hynes will speak on the Adopt-A-Road Program. Refreshments will be served.

Sing Along Dance Along

Children's Sing-A-Long, Dance-A-Long will take place at Hicksville Cooperative Nursery School, Old Country Road & Nelson Ave., Hicksville. Mon., May 10 11 a.m. & 12:45 p.m. Tues., May 11 11 a.m.

A \$3 donation per child. For information call 681-8246.

Michigan where he hopes to major in Government and Politics leading toward a career in Law. As he looks back on his years at Bethpage High School, he appreciates the advantages of having grown up in a small school where he has been able to be involved with many different activities. He will make a fine lawyer.

LEGAL NOTICE NOTICE OF FORMATION OF LIMITED PARTNERSHIP

Pursuant to article 8 of the Partnership Laws of the State of New York, Peterneck Realty Company, L.P.

Notice is hereby given that the persons herein named have formed a limited partnership for the transaction of business in Plainview, New York and elsewhere and have filed a certificate in the Clerk's office of Nassau County of which the substance is as follows:

The name of the limited partnership is Peterneck Realty Company, L.P.

The character of the business is real estate holdings.

The location of the principal place of business is 497 South Oyster Bay Road, Plainview, County of Nassau, New York 11803.

The name and place of residence of each member is as follows: Peterneck Inc., which is a general partner, 497 South Oyster Bay Road, Plainview, New York 11803, Nicholas J. Damadeo, who is a limited partner, 14 Loft Road, Smithtown, NY 11787, and Peter F. Heaney, who is a limited partner, 93 Wolver Hollow Road, Upper Brookville, NY.

The term for which the partnership is to exist is from the 6th day of April, 1993 until terminated by a notice in writing from one partner to the others or by the death or incompetency of a partner.

The amount of cash contributed by each limited partner is \$33,000. No other property is contributed, and no additional contributions are agreed to be made by the limited partners.

The contributions of the limited partners are to be returned upon dissolution of the partnership.

Each limited partner shall receive annually a 49% share of the profits.

No partner has a right to substitute an assignee as contributor in his place, nor may the general partner have admit additional limited partners.

The certificate referred to above has been acknowledged by the general and limited partners.

Dated:
April 6, 1993

PETERNECK, INC.
By:
NICHOLAS J. DAMADEO,
SCTY.
NICHOLAS J. DAMADEO
PETER F. HEANEY
BETH 3168
4X 5/7, 14, 21, 28

NOTICE OF SALE

SUPREME COURT
NASSAU COUNTY
THE GREENPOINT
SAVINGS BANK,
Pltf. vs.
JOHANNAMAY
GRAYSON
et al, Defs.
Index #17322/91

Pursuant to judgment of foreclosure and sale entered July 3, 1992, I will sell at public auction at the North front steps of the Nassau County Courthouse, 262 Old Country Road, Mineola, N.Y. on May 19, 1993 at 8:30 a.m., prem. 1/a 27 Barry Drive, Westbury, N.Y. Said property located on the Northeastly side of Barry Drive, 459.37 ft. Southerly and Southeastly as measured along the Easterly and Northeastly side of Barry Drive from the extreme Southerly end of the arc connecting the Southerly side of Hunters Lane with the Easterly side of Barry Drive, being a plot 100 ft. x 70 ft. Approx. amount of judgment \$200,200.50 plus costs and interests. Sold subject to terms and conditions of filed judgment and terms of sale.

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LEGAL NOTICE
NOTICE OF SALE
SUPREME COURT
NASSAU COUNTY
THE GREENPOINT
SAVINGS BANK
Pltf. vs.
MARC LERNER
et al, Defs.
Index #32179/91

Pursuant to judgment of foreclosure and sale entered Oct. 17, 1992, I will sell at public auction on the north front steps of the Nassau County Courthouse, 262 Old Country Rd., Mineola, N.Y. on May 19, 1993 at 9:00 a.m., prem. 1/a 102 Cedar Dr. West, Plainview, N.Y. Said property located on the southerly side of Cedar Dr., 240 ft. easterly from the corner formed by the intersection of the southerly side of Cedar Dr. and the easterly side of Oak Dr., being a plot 140 ft. x 80 ft. Approx. amt. of judgment is \$79,355.14 plus costs and interest. Sold subject to terms and conditions of filed judgment and terms of sale.

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Best Secretary Award



Laura Baden, a secretary in Coach Real Estate's Relocation and Corporate Services Department, is presented with flowers on "Secretary's Day" for being selected a winner in Magic 94.3 FM's "Best Secretary Contest." Secretaries were nominated by their bosses, who sent letters to the radio station explaining why they were the best. Nominated by her department director Marie Montchal, Laura was one of 15 Long Island secretaries selected. The flowers were delivered in person by Program Director Jack Kratoville, left, and morning announcer John Williams.

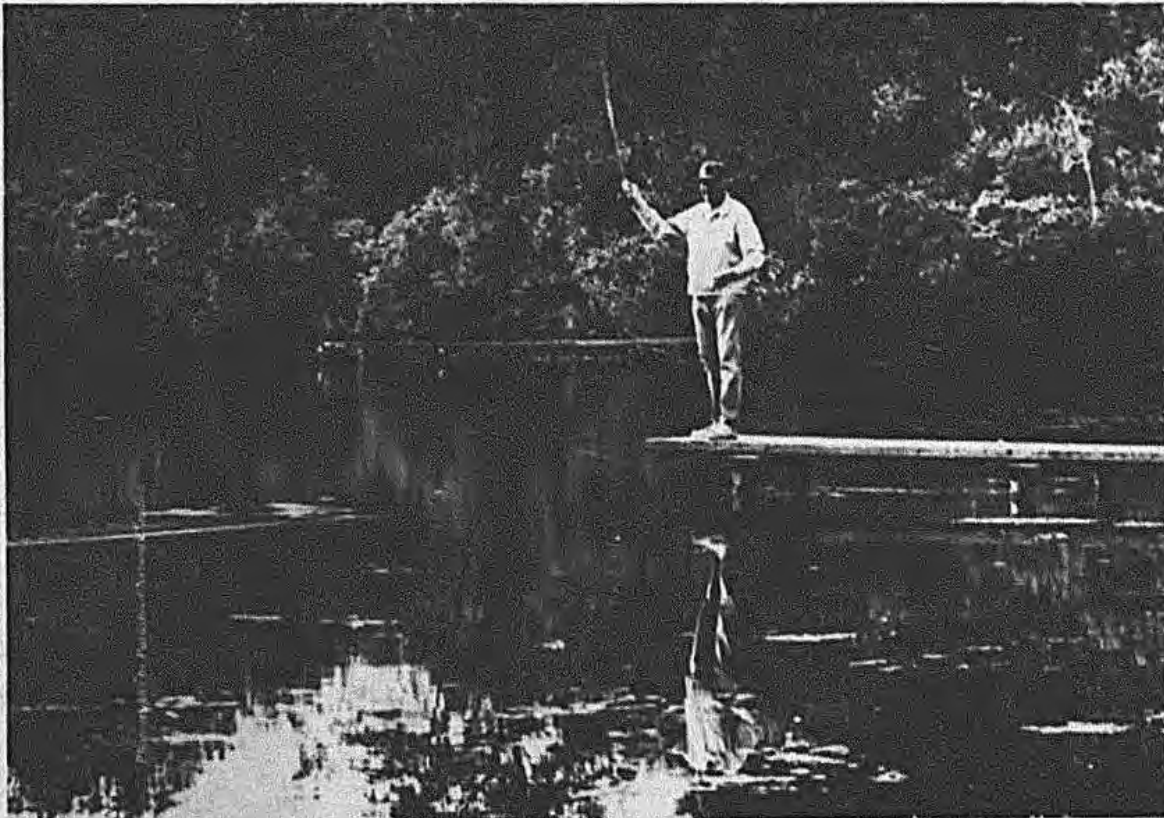
Cooperative Learning In Bethpage

The Bethpage Public Schools has continued its commitment to the concept of cooperative learning in the classroom with a workshop for teachers entitled, "Moving Beyond Memorization: Higher Order Thinking Skills in a Cooperative Learning Setting." Teachers who participated in the workshop have been previously trained in cooperative learning strategies, and utilize cooperative learning concepts with their classes.

This workshop gave the teachers an opportunity to share specific techniques that they have found to be effective with their classes, and to explore new strategies.

Teachers who participated in the workshop are: Frances Arcuri, Lois Baisley, Barbara Cohen, Deborah Deasy, Surelle Heiberger, Dolores McAuliffe, Rosemary McKinley, Maura Olson, Irene Peterson, Maddy Schlesinger, Bill Scott, Doris Shinnars, Janet Valadez.

This is the fourth year that Dr. William Zangwill of John Hopkins University has worked with the Bethpage Public Schools in the area of cooperative learning. The program is coordinated for the school district by Dr. Regina Cohn, Director of Reading and Related Services.



Former Grumman CEO John Bierwirth Is Still Taking Care of Business on Long Island

For 16 years, Jack Bierwirth ran the Grumman Corporation, Long Island's largest employer and a major economic force. In his "retirement" Jack is busier than ever, although every now and then he finds time to fish. He is deeply involved in a cause that is just as important as maintaining Long Island's economic well-being: restoring and preserving our unique environment.

Today Jack is Chairman of the Board of Trustees of the Long Island Chapter of The Nature Conservancy. For 40 years, The Nature Conservancy has been in the business of saving land all over the world — more than 6 million acres in the United States alone. And on Long Island we've protected more than 30,000 acres, including the 19-acre remnant of the Hempstead Plains.

We Long Islanders can still fish for trout; we can still walk in the woods, lie on the beaches, swim in the bays. But make no mistake, the quality of life here is under threat. We urge you to

make it your business to help preserve Long Island's magnificent natural heritage by becoming a member of The Nature Conservancy. For further information, call (516) 367-3225, or write to us at our Long Island Headquarters, 250 Lawrence Hill Road, Cold Spring Harbor, NY 11724.

Please enroll me as a member of The Nature Conservancy. My \$25.00 check is enclosed.

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Gregory Museum 30th Anniversary Dinner Is The Tops

Photos, Story By
Dick Evers
and Edward Bady

Revelry, reunion and reminiscence were the order of the evening for the 30th Birthday Party of Hicksville's Gregory Museum, at the Knights of Columbus Hall, last week. The milestone anniversary brought together the museum founders, Dr. Gardiner and Mrs. Anne Gregory, many long-time museum trustees, workers, and a fine cross-section of the Hicksville community, whom the museum has served

so well.

Honored by the Museum Board of Trustees for distinctive service were: Mrs. Val Conover, museum artist, newsletter editor; Richard Evers, past museum president, director and historian, and Assemblyman Frederick E. Parola, museum champion at the State capital. Mrs. Catherine Black chaired the memorable event whose camaraderie was enhanced by a fine buffet supper, an open bar, and music for dancers which topped off the aura of community pride and fond recollection.



Old friends reunited. Dorothy Horton McGee, Oyster Bay Town Historian, greets Dr. Gardiner and Mrs. Anne Gregory, museum founders and collaborators in memorable Bicentennial events.



Honored by the museum for outstanding service were this beaming trio: Richard "Dick" Evers, Mrs. Val Conover, and Assemblyman Fred Parola.



Gregory Museum Board President John Kean (left) receiving a museum gift of \$1,000 from Museum president Emeritus Gardiner Gregory, now a Maine retiree.



Anthony Previte, Knights of Columbus Council deputy Grand Knight, Library Trustee, is with Mrs. Celeste Watman, Hicksville Library Director, and Mrs. Pat Manchester, library senior clerk.



Expressing appreciation for long support of the Gregory Museum-Hicksville School Alliance for Education is Gardiner Gregory to veteran School Board Trustee, Carole Wolf.



Prominent members, museum family: Larry and Debra Weintraub, volunteers; trustees Claire Walters and Rosemary Barrow, treasurer.



Long-time Gregory Museum leaders, honoree Val and Hugh Conover, trustee, museum past-president.



Civic leader/old friend, Tony Previte, joins Anne and Richard Evers.



Julia Clarke, museum trustee (left) with school/library friends of the Museum: (foreground) Ray and Tina Inocco; Mrs. Pat Manchester (hidden); Mrs. Celeste Watman, Library Director; Salvatore Mugavero, Supt. of Schools, and Stuart Opdahl, Asst. Superintendent.



Mrs. Catherine Black, Museum Trustee and 30th Anniversary Dinner Chair with Assemblyman Frederick E. Parola who was honored for many services to the museum and the Hicksville community.



Folks from the Hicksville Republican Club saluting the Gregory Museum included its president, Mr. Andy and Mrs. Carol Di Marzo, Mr. and Mrs. Bernie and Martha Masseria, and Mrs. Mary Ann Dealy, who lives in the original Cottage Boulevard home of the Museum.



Assemblyman Parola joins Mr. and Mrs. James Black, School Board Trustee and friends.



Museum admirers, staff: the Paul Rousseaus; volunteer Ethel Surprice and Director Joan Kaweck; Mr. and Mrs. Gordon Jones, Director, Planting Fields Arboretum; Edward Kaweck and Chyrl Newell.



Obliging photographer Dick Evers is amiable Fred Parola with Mr. and Mrs. Charles Walters daughter Patricia and friends, Joe and Dorothy Colandonato and Maura Vass.



Bill and Caroline Kelly of the Hicksville Historical Society in good company, Mrs. Mary Frances Reilly and Mrs. Elizabeth Pearce, Museum teacher-guides of note.



A Hicksville Community Council quartet: past-president Joe and Irene DePompa and John and Hazel Ptacek.



Flo Ruhe, past-president, Post 421 American Legion Auxillary and Artie Jacobesen.



Caroline and Bill Kelly show their quick-step.



Edward and Grace Bady, the distinguished photography team.



Museum Board President John Kean and his lady saying "auvoir."

Continued On Page 15

Gregory Museum 30th Anniversary Dinner Is The Tops

Continued From Page 14



Assemblyman Fred Parola stops to greet Bran and Barbara Vevante, the Aquacade Pool folks, and friends, Marie C. Cox and Larry C. Brewer.



Hicksville Community Council Leaders, Edward Draycott and Gertrude Paul, with Dr. Bernie Paul, D.D.S.



Museum founders, Dr. Gardner and Mrs. Ann Gregory, and their proud family.



Philip Galli and Gail L. Hofer, Museum Trustees, a happy duo.



American Legion table folks: Peggy and Ernie Tiberg; Anita and Joe Fischer and Neil McInnis.



Museum Curator, Don, and Amy Curran (right) and Larry and Debbie Weintraub, museum volunteers.



Miss Dorothy Horton McGee, TOBAY Historian and a Striking Friend.

Letters

Continued From Page 2

relationship with our Superintendent of Schools, Mr. Salvatore Mugavero, as well as with the Board of Education. My dedication to youngsters is well known. I can think of no better way to continue this dedication than to take an active role on the Board in helping to further educational goals and initiatives for Hicksville's kids.

For the past 2 years, I have served on the Budget Lay Committee, working with school administration in formulating the school budget that is presented to the community for approval. The knowledge I have gained by doing this will serve me well as a Board member entrusted to deliver a responsible budget.

On the personal side, my husband Jim and I are longtime residents of Hicksville. We are homeowners and taxpayers and have two children attending Hicksville public schools. We are active in numerous community and school-based organizations, many of which involve our children.

On behalf of my running mates, Mr. Richard Pfander and Mr. Raymond Manzo, I encourage you to attend the upcoming candidates forums. Get to know us by asking questions and learning our qualifications. We look forward to seeing you.

Nancy A. Callari

To The Editor:

This letter is written to announce my candidacy for a Seat on the Hicksville Board of Education.

I have been a resident of Hicksville for the past 40 years. For the past three years I have worked on The Budget Advisory Committee. Again, this year we will have a "no-increase" budget, which will result in a "school tax decrease." I am fully aware of the needs of the Senior Citizen, many of who live on a fixed income.

As a retired Real Estate Broker, I have the time to devote to the School Board. My goals will be: maintain academic excellence in our schools, common sense decisions, that will result in Hicksville being an affordable place to live in and own a home.

The Parochial School Parent, and the needs of their children should be considered, as too are taxpayers.

Our children in the Hicksville Schools, should be able to continue to learn in an atmosphere of Academic Excellence. We should all work together to maintain this goal, with a sense of fiscal responsibility.

Last, but not least, students, parents, taxpayers, should give our school administrators and teachers the respect their profession calls for.

I would appreciate your vote of confidence on May 19.

Mary E. Carton

To The Editor:

On Wednesday evening, I announced my retirement from the Hicksville School Board. It's the completion of my second term. When I left the Board in 1986, I was saddened by the fact that many of my hopes and dreams for our district were not realized. The district had no latch key program. The ninth

graders hadn't moved to the High School. The sixth graders hadn't moved to the Middle School. We had an educational program that catered to the gifted and learning disabled, but ignored the average child. We had a runaway budget. School closings weren't addressed, even though we had expended considerable funds researching the need, and knew it was urgent for the taxpayers.

I returned to the Board in 1990 determined that this time things would be different. The elections that year produced a split ticket. Carole Wolf and Joanne Miltenberg were elected on their ticket. I was elected on the opposition ticket. Dr. Fenton invited Mrs. Wolf and I to dinner to bring us up to speed on district issues. Mrs. Wolf and I came to that meeting with concerns. We had a long, unpleasant history. However, at the conclusion of that dinner, as we drove home, we discussed our determination to work together on those issues that we shared a common interest in. The budget had been defeated that year and we agreed our first order of business would be to try and develop a budget. We worked together all summer long. As we worked we discovered that we had more in common than we realized. Friendship, trust and respect grew.

During the past three years, with Mrs. Wolf's help and leadership, all of the things that I dreamed about in 1986 were finally accomplished. And that was just the tip of the iceberg!

My proudest accomplishment is the addition of Sal Mugavero as Superintendent. Our district has grown and flourished. Educational programs have increased. A hot lunch program has been added. A summer recreation program will exist for all our children. Curriculum, textbooks, guidance handbooks have all been enhanced or produced. New programs have begun at every level. Senior citizen's proms and luncheons have been instituted. Relief for taxpayers has been achieved. Last year the tax rate decreased \$1.37. This year for the second year in a row Hicksville will have a tax rate decrease!

As I leave the Board this time I know that Hicksville is in good hands. The success of any district is a direct result of the efforts of the Superintendent, his/her cabinet and the Board. When these groups support each other and work together good things happen in a community. On Wednesday night Helen Lafferty, Voley Martin, Dave Stalon, Carole Wolf and I voted to extend the Superintendent's contract. My vote was a vote for continued educational excellence.

On May 19, you will have the opportunity to elect three Trustees. Your choices will have a direct impact on the direction this district takes. When you go to the polls on May 19, I urge you to support three people who have pledged to support the Superintendent and to work to make Hicksville a "community" again. These people have devoted their lives to our community. Gary Lewis has served for the past nine years as President of St. Ignatius CYO. He was instrumental in work-

ing with the Kiwanis to establish the yearly Make-A-Wish Foundation Baseball Tournament. He is also a member of the Lion's Club. Mary Carton has been a Board watcher as long as I have and has always been involved in School District issues. She has served on the Citizen's Budget Advisory Committee for the past three years. She is Past President of the Lee Avenue PTA. She taught religion at Holy Family Parish. Carole Wolf is completing her sixth year on the School Board having served as President, Secretary and District Treasurer. She is a trustee in HBA serving as Director of Player Personnel and Director of Tournaments. She is a US Figure Skating Judge. She is Past President of the Hicksville Community Council.

When you enter the voting booth on May 19, support Row "B", Lewis, Carton and Wolf. They have Common Sense and Common Goals. Vote across the bottom Row B, so Hicksville can rise to the top!

Arlene Rudin
Trustee

To The Editor:

I have lived in Hicksville since 1952. I follow what is going on in Hicksville. Let's talk School Board.

I support the three candidates as nominated by the Concerned Citizens of Hicksville. Namely incumbent Rich Pfander, then Nancy Callari and Ray Manzo.

I know these people personally. They are the best. They are the best for Hicksville. Thank goodness for people like this.

I urge all senior citizens to vote for these three people. They will do a job for all of us in Hicksville. As seniors we have an opportunity to show the people of Hicksville what gray power is all about.

Bill Bennett said it "What an Opportunity."

May 19, Vote Row "A". Pfander - 1A; Callari - 3A; Manzo - 5A. Do It!

Joseph Van Berckelaer

LEGAL NOTICE

Notice is hereby given that an Order entered by the Supreme Court, Nassau County, on the 28 day of April, 1993, bearing the Index Number 11620-93, a copy of which may be examined at the Office of the Clerk, located at 240 Old Country Road, Mineola, New York grants me the right to assume the name of MICHELLE CHRISTINE MULLER.

My present address is 158 - 3rd Street, Hicksville, N.Y. 11801, the date of my birth is May 10, 1973, the place of my birth is Queens, New York, the present name is MICHELLE CHRISTINE COLON. MIT2705 1x57

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**LEGAL NOTICE
NOTICE OF THE
ANNUAL SCHOOL
DISTRICT MEETING
OF BETHPAGE
UNION FREE
SCHOOL DISTRICT
NASSAU COUNTY
NEW YORK
JUNE 8, 1993**

NOTICE is hereby given that the Annual Meeting of the inhabitants of Bethpage Union Free School District, County of Nassau, State of New York, qualified to vote at School Meetings in said District, will be held in the auditorium of the Bethpage Senior High School, Cherry Avenue and Stewart Avenue, Bethpage, New York, in said District on June 8, 1993 at 8:00 p.m. (D.S.T.) for the purpose of discussion and furnishing information only on the necessary funds to meet the estimated expenditures of the School District and appropriations for the Public Library during the ensuing year; and for the discussion and/or transaction of such other business as is authorized by the Education Law.

PLEASE TAKE FURTHER NOTICE that at the conclusion of the meeting on June 8, 1993, the same will be recessed until 12:00 o'clock noon, June 9, 1993 at the Auditorium, Bethpage Senior High School, for the purpose of voting between the hours of 12 noon to 10:00 p.m. (D.S.T.) on the following separate matters:

1. The estimated expenditures (school budget) for the ensuing school year (1993/94) and authorizing the levy and collection of necessary taxes therefor; (Proposition 1)

2. The public library appropriations for the ensuing school year and authorizing the levy and collection of necessary taxes therefor; (Proposition 2)

3. Any other questions or propositions as to matters or expenditures or authority to levy taxes that may be presented for a vote under the Education Law.

PLEASE TAKE FURTHER NOTICE that at the said vote and election to be conducted on June 9, 1993, two (2) members are to be elected to the Board of Education as follows:

ONE (1) member is to be elected for a full three (3) year term to fill the vacancy created by the expiration of the term of ANTHONY D. COTTON, which term expires June 30, 1993.

ONE (1) member is to be elected for a full three (3) year term to fill the vacancy created by the expiration of the term of RICHARD FES-TANTE, which term expires June 30, 1993.

PLEASE TAKE FURTHER NOTICE THAT ONE (1) Trustee is to be elected to the Board of Trustees of the Bethpage Public Library at said vote and elections to be conducted on June 9, 1993 for a full term of five (5) years commencing July 1, 1993.

PLEASE TAKE FURTHER NOTICE that all nominating petitions of candidates for the office of mem-

ber of the Board of Education and candidates for the office of member of the Board of Trustees of Bethpage Public Library, shall be filed with the Clerk of the DISTRICT not later than May 10, 1993, between the hours of 9:00 a.m. and 5:00 p.m. (D.S.T.). A separate petition, duly signed by at least 37 qualified voters of the district, said number constituting 2% of the total number of voters who voted at the Annual Meeting of June 10, 1992 stating the residence of each signer, shall be required to nominate a candidate to each separate office. Petitions for school board members shall describe the specific vacancy on the Board of Education for which the candidate is nominated; said description shall include at least the length of the term of office and the name of the last incumbent, if any. Library Board Trustee petitions shall state the name and residence of the candidate and the date upon which the term begins, but shall not recite either the name of any last incumbent or any length of office.

PLEASE TAKE FURTHER NOTICE that the order in which the names of candidates shall appear on the voting machine for each separate office shall be determined by a drawing by lot to be held on May 11, 1993, at 2:00 p.m. in the office of the District Clerk at the Administration Building, Cherry and Stewart Avenues, Bethpage, New York. Unless a candidate appears personally, or by a person holding a signed written proxy, at the office of the District Clerk at the appointed time and date, the District Clerk shall draw a lot for such absent and unrepresented candidate.

PLEASE TAKE FURTHER NOTICE that each person entitled to vote must register. Registration dates and hours are as follows:

SATURDAY, May 29, 1993 between the hours of 1:00 p.m. and 5:00 p.m. (D.S.T.)

WEDNESDAY, June 2, 1993 between the hours of 3:00 p.m. and 8:00 p.m. (D.S.T.)

Said registration will be held at the Bethpage Senior High School Auditorium, Cherry and Stewart Avenues, Bethpage, New York.

All persons who shall have previously registered for, and shall have voted at, any Annual or Special Meeting or any Election held or conducted during the four (4) calendar years prior to the year for which such register is being prepared, will not be required to register to vote at the Annual Meeting Vote and Elections to be held in said District on June 9, 1993, or any adjourned date thereof.

NOTE: Any person who was not registered with the School District Board of Registration and did not vote at any Annual or Special School District Meeting

LEGAL NOTICE

within the past four (4) calendar years based on such registration with the School District Board of Registration, but who nevertheless voted at any Annual or Special School District Meeting or Election within such four (4) year period based solely on registration with the Nassau County Board of Elections as is permitted by law, such persons will not appear as a registered voter on the School District's register of voters eligible to vote at the Annual Meeting and Election on June 9, 1993. Such person shall not be eligible to vote on June 9, 1993 unless (s)he (1) registers with the School District Board of Registration on May 29, 1993 or on June 2, 1993 at the time(s) and place stated above, or (2) (s)he is registered at the annual Meeting and Election on June 10, 1992 or (3) (s)he is registered with the Nassau County Board of Elections as stated below.

Any qualified voter of the District who is in doubt as to whether (s)he is registered to vote at the June 9, 1993 Annual Meeting Vote and Election should contact the District Clerk of the Bethpage Union Free School District.

All persons who registered at the Annual Meeting and Election held on June 10, 1992, will not be required to re-register for the purpose of voting on June 9, 1993.

Persons whose names appear as eligible voters as of June 9, 1993 on the Voter Registration Books issued and maintained by the Nassau County Board of Elections, shall be eligible to vote at the Annual School District Meeting Vote and Elections to be conducted on June 9, 1993. (Exception to the School District Registration requirement.)

The Board of Registration will meet during the election held in the District on June 9, 1993, at the place where the Annual Meeting and Election is held for the purpose of preparing a register for meetings and elections held subsequent to such Annual Meeting or Elections.

PLEASE TAKE FURTHER NOTICE that the register will be open for inspection by a qualified voter of the School District from June 3, 1993 up to and including the day of the election, June 9, 1993, Sunday excepted, between the hours of 8:30 a.m. and 4:30 p.m., with the exception of Saturday, June 5, 1993 when the hours will be from 10:00 a.m. to 1:00 p.m.

PLEASE TAKE FURTHER NOTICE that a copy of the statement of the amount of money which will be required for the ensuing school year 1993/94 for school purposes (budget) and a statement of any expenditure and estimated tax levy for the ensuing year that may be required to fund the school budget and library appropriation which may be separately presented at the above stated Annual Meeting shall be prepared and

LEGAL NOTICE

made available to any qualified voter at the office of the District Clerk, Administration Building, Cherry and Stewart Avenues, Bethpage, New York, and the offices of the principals of all the schools in the District therein during the period of seven (7) days immediately preceding the Annual Meeting between the hours of 9:00 a.m. and 4:00 p.m. (D.S.T.) Saturdays, Sundays and Holidays excepted.

PLEASE TAKE FURTHER NOTICE that the vote on all propositions and the election of candidates at the aforesaid Annual Meeting Vote and Elections, on June 9, 1993, will be conducted by ballot on voting machines.

**BY ORDER OF
THE BOARD OF
EDUCATION
BETHPAGE
UNION FREE
SCHOOL DISTRICT
Administration
Building
Cherry and
Stewart Avenues
Bethpage,
New York 11714**

BETH 3167
4X 4/23, 5/14, 23, 6/4

Board Adopts Budget; OKs Teachers/Supt. Contracts

Continued From Page 1

Hicksville community, Gregory Museum treasurer Rosemary Barrow noted that the museum had been receiving \$40,000 through a service contract the school district for some eight years. She added that the museum operates on a very limited budget and that the museum board would be grateful for the approval of an increase. The additional funds would add approximately one-third of a penny to the tax rate. In a separate proposition last year, the Gregory Museum received substantial support from the community.

The trustees unanimously approved the Memorandum of Agreement with the Hicksville Congress of Teachers, closing negotiations with the union whose members have been working without a contract for ten months. The new three-year contract saw a zero-percent salary increase in year 1 (1992-93), with the payment of mandated salary increments as outlined by the "step" schedule. In both year 2 (1993-94) and year 3 (1994-95) the teachers will receive a 2.5% increase plus increments.

The following items highlight the negotiations: lengthening of teacher's school day by 15 minutes, opening of all school libraries to students from the first day of school to the last, and the restriction of future negotiations to non-school time. The agreement includes a longevity clause, effective July 1, 1992, whereby employees who have completed 20 years of in-district service shall receive a longevity "flexible benefit plan." Under the "flex" plan, employees may elect to have a deduction from their salary, before taxes, which they can specifically earmark for certain medical dental or other services during the year. The Board approved the designation of POMCO as the administrative company for this plan.

In other business, the Board:

* Approved the extension of the Supt's contract through June 30, 1996, with his salary for the 1994-95 and 1995-96 years to be established through negotiations with the Board.

* Tabled a motion regarding redistricting of attendance lines. Mrs. Lafferty motioned to halt any further redistricting until a decision on the petition filed by a resident is received from State Education Commissioner Thomas Sobol. Barring a firm decision from the Commissioner, having only five board members present, and not wishing to change lines and change lines again, the trustees felt that in fairness to children, staff and parents, the motion would be tabled. Noting that the Commissioner has denied oral arguments, the Supt. added that he personally feels confident that "the Commissioner will immediately move for a decision."

* Authorized the district to apply for a Moody's rating in connection with the issuance of Tax Anticipation Notes for 1993-94. Last year the district received a MIG-1 rating from Moody's, its highest rating.

* Approval of a district tag sale to be held on June 19 for the purpose of disposition of excess district furniture, audio-visual equipment and other surplus items.

The next regular meeting of the Board will be held on the evening of the Annual Budget Vote and Election of Trustees, Wed., May 19, in the Senior High School auditorium.

Portfolio Assessment Program Recognized

The Portfolio Assessment Program for Grade One, developed by the Bethpage Public Schools, has been recognized by the New York State Education Department as an exemplary program. The State Education Department Bureau of Instruction and Policy Development, Testing and Evaluation, is disseminating copies of the document to schools throughout New York State that are seeking examples of portfolio assessment programs.

The program is in its second year of use in Bethpage Public Schools. It was developed during the summer of 1991 by a team of teachers, headed by Elizabeth Williams, Reading Specialist, with the program coordinated by Regina Cohn, Director of Reading and Related Services for the Bethpage Public Schools.

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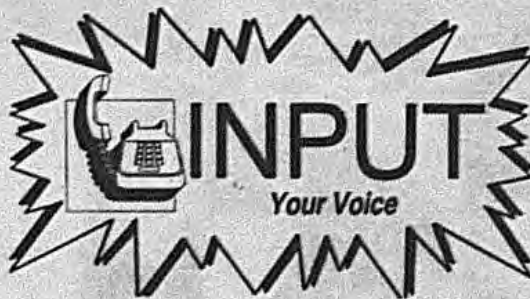


Friday, May 7, 1993



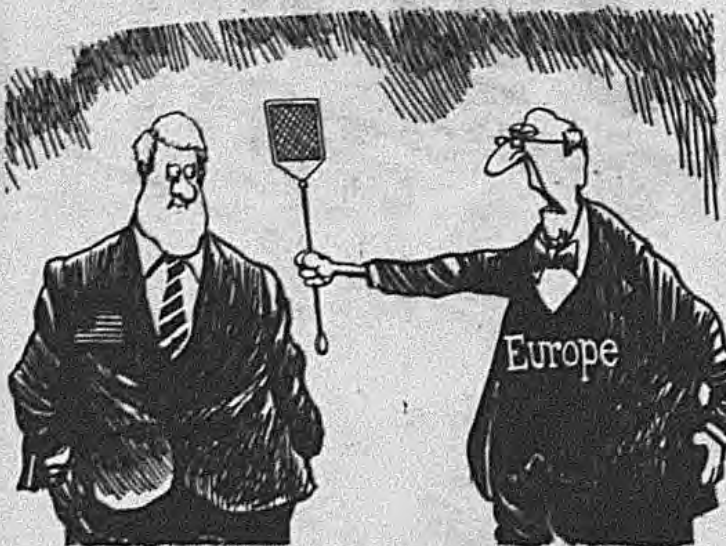
What Kind Of
Mother Are You?

SEE PAGE 3



THE QUESTION OF THE WEEK

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Callers Divided On David Koresh

Callers to Input had a variety of ideas of what to do about David Koresh after the battle was over and in response to this Input question: "Do you think the government took the right approach in dealing with the followers of David Koresh?" Here are some of the answers.

NO CARE FOR CHILDREN

As I watched the tanks attack David Koresh I felt like I was in Russia because the Russian government used to come in with tanks to try to keep them quiet. I guess only a person who is a fanatic can go against the powerful government of the U.S. There was no caring for the children. That was a lie, if they had really cared about the children they would have gone about this a different way. K.S.

SUPPORTS JANET RENO

Providing all methods of negotiation were completely exhausted I support Janet Reno's decision to handle the followers of David Koresh as they were handled. A great spiritual hunger is amongst a lot of people in society and I feel that there is not enough emphasis on encouraging people to go to a house of worship to get a grip on these things and satisfy that need. It might be a good preventative measure for any more of these cults springing up. Perhaps a good balance in the school system would be to teach not only about different religions, but of the dangers of somebody going to extremes like this. Rather than the way things have been where religions have become such a taboo thing in the school. It gives curiosity maybe to some of the people who would be susceptible to a manipulating Hitler-like leader. If I'd have been in the Attorney General's place I'd probably have done the same thing. E.S.

NO RIGHT TO INTERFERE

A free country no. The government has no right to interfere with the cult people, the followers of David Koresh. People should be allowed to join anything they want. It is their life and choice. Too many lives were lost, adults children and even babies because of Attorney General Janet Reno's decision. President Clinton should have considered the facts before telling Janet Reno to do whatever she thinks is best. He is our President, She is not. L.C.

ALL FANATICS

The authorities used typical bureaucratic stupidity in the original assault telegraphing an attack when they could have picked up Koresh at anytime separately and then there would have been no focal point for the rest. However, after the goof they did the best they possibly could. They were up against a bunch of religious fanatics. And like religious fanatics all over the world, nothing can be done. They only know death as a solution to any problem. The Christians in Bosnia, Moslems at the World Trade Center and the Davidians are all of the same ink. They are all fanatics and if they don't kill someone else they will kill themselves. C.C.

GETS RESPECT

The government should not have invaded the cult's grounds of worship. The case from the beginning was mishandled. Attorney General Janet Reno should not be blamed. She took responsibility for her actions, which is a first in government. She deserves our respect. She gained mine and many others. She did what she thought was best. I think though the results were devastating they were expected. D.B.

STANDOFF TOO LONG

The Koresh cult had stockpiled considerable armaments. That indicates to me that it was a terrorist organization using religion as a shield. This was again shown when they killed four federal officers after being called upon to allow an inspection. In my opinion the government was lax to allow a standoff for so long. Some measures had to be taken and whoever ordered them should be commended. D.F.

On Monday morning there are no quarterbacks who call wrong plays. The day after we went into the fortress of David Koresh, everyone knew how it could have been done better. I think, though, if the truth were known many of the people who now criticize the limited knowledge of the storming of the Davidians would have done the same if they had the decision to make. For this reason I agree with what was done on the basis of what knowledge was available before the fight. N.F.

WAIT THEM OUT

While there is no doubt that the government had to do something about the heavily armed and irrational cult leader David Koresh, it is very easy at this point to second guess what should have been done. As a pretty good Monday morning quarterback I would say that first, David Koresh could have been easily captured weeks before the first botched up attempt, because he was seen quite often leaving the compound going into town. Secondly, once the compound was completely surrounded, with power and water shut off, there should have been a rotating team of military people to simply stand guard until life for the cult became unbearable, even if it took years to accomplish. C.K.

NEEDED GUIDANCE

I just don't believe that our representatives used a sense of logic, legal and judicial knowledge and just plain common sense in coming to grips with the Koresh affair. If we as a nation were to give legal latitude to similar material as the facts arose, we would be in real trouble. I'm afraid I can't fault Attorney General Janet Reno - she tried her best to conform to the basic principles she felt were normal for the job she had just accepted - but, in my opinion her superiors should have been able to give her better guidance. From my point of view, I felt that Reno did her best but received little support from her superiors. I fully believe that they were afraid to take a certain position on the problem from a political point of view. I really feel that we should have shown more responsibility in making critical decisions - we just didn't have the guts! P.G.S.

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DINING GUIDE

READER RATINGS



Q. I often eat with friends at a local restaurant known for its beautiful decor and excellent food. However, for some reason the waiters and waitresses seem to wear grim expressions on their faces. They are not actually rude, but their manner is somewhat curt. Would it be a good idea to say something to the owner?

A. I don't know how the owner will take your comments, but you would actually be doing him or her a favor. It would cost nothing to have the employees a little more gracious and it would most likely increase the restaurant's business. Food and decor are important, but so is pleasant service.

DINING GUIDE

PAGE 5A Friday, May 7, 1993 READER RATINGS

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N.Y. Times Rave Review - May 3, 1992

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READER RATINGS



Q. I have heard it said that white wine is best with chicken. However, one of the best restaurants I know frequently serves chicken in a sauce made with red wine. I would appreciate your comment.

A. You are quite correct! The French, who may well be the best cooks in the world, prepare their famous coq au vin dish with red burgandy wine.

Incidentally, when chicken is served this way, it is preferable to order red wine rather than white to accompany the entree.

Q. When eating out, I am often tempted to enjoy my pie or pudding served with whipped cream. Tell me, how many calories do I actually save when I skip this all too delicious extra? A. Whipped cream has 28 calories per tablespoon, so I would guess that the number of calories in the topping adds up to 150 or 200.

Q. Many years ago when I was growing up, roast beef was almost always served with a thick brown gravy. But today, "roast beef au jus" is the usual listing I see on restaurant menus. Can you explain this change?

A. There is a growing belief that the natural flavor of food may be enhanced, but should never be covered up by heavy sauces or gravies. Today, people are more health conscious than they used to be and they often try to avoid foods such as gravies which have a high calorie and cholesterol content.

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Home entertaining

By Carol Cutler

It's hard to believe that way back in 1838 this young and mostly unsophisticated country nurtured snobs. What else could one call the writer of a homemakers' manual that flatly stated:

"Pancakes, sometimes called slap-jacks or flap-jacks, were formerly much used throughout the eastern and middle United States. They were in special demand during the winter, and are in many places, very fashionable still. They are a very inferior kind of food, but are most wholesome when eaten alone and nearly cold, or with a very little milk; whereas they are commonly used hot, and with molasses, or, what is a thousand times worse, covered with melted butter."

Given the busy morning routines in most households, frying pancakes for breakfast is a time luxury few of us can afford.

The dry ingredients can be mixed together the day before. On brunch morning just add the liquid mixture and you are ready. Depending on the equipment you have, several different flavored batters can be prepared and cooked on different griddles.

Few households have the wonderful old soapstone griddles since they have limited use. But any skillet can do the trick, and with today's non-stick pans the cakes flip right out of the pans.

An electric waffle iron is a great instrument. And remember, don't wash the interior surface. The more seasoned it becomes the more easily the waffles slip out from its grasp.

Actually, the Dutch introduced waffles to America. It was their custom to present a new bride with a waffle iron that had her initials carved into it. Remember that Holland is right next door to

Belgium, and Belgian waffles have come to be considered the haute cuisine of these baked breads.

The basic pancake batter can be varied by a number of additions: buttermilk instead of plain milk; adding fruit such as blueberries, chopped apples, or bananas; stirring in dried fruits such as cherries, apricots, prunes, or dates; incorporating spices and grated lemon zest; substituting fruit juice for part of the liquid as in the recipe below.

The array of toppings you put out can be as restrained or as generous as you like. The minimum, of course, is maple syrup and butter, either melted or in pats. In the latter case, make sure they don't travel straight from the refrigerator to the table.

Other, more fanciful toppings can include sliced strawberries or bananas, honey, jams and orange marmalade, apple butter, applesauce and whipped cream for the devil-may-care breakfasters.

The buffet should be rounded out with sliced cold ham, fried bacon and perhaps some sausages. The only other essential requirement is coffee, lots of it.

Any day that starts off with your flapjack fiesta is bound to be a great day.

ORANGE WAFFLES

1 1/4 cups sifted cake flour
1 1/4 teaspoons baking powder

1 tablespoon sugar
Pinch of salt
2 eggs
1 teaspoon vanilla
1/2 cup milk
1/4 cup orange juice
Grated rind of 1 orange
1/4 cup melted butter

Yields about 6 waffles.

After Work Gourmet



Turkey cutlets take on international flavors

By Sharon Achata

While the turkey nearly was named the national bird of the United States, and it generally is regarded as the Thanksgiving bird, in reality, turkey knows no boundaries.

The mild flavor of turkey cutlets — thin slices of turkey breast — is perfectly suited for use in a wide variety of cuisines, from Chinese to Russian to Italian.

You could say turkey cutlets never met a cuisine they didn't like. Serve them up shredded in tacos, sliced on a pizza, simmered in a Creole salsa or breaded as an all-American chicken-fried turkey steak.

This international piece of poultry also transcends the norm by standing in well for a variety of other meats in dishes made classic by veal and beef.

Consider, as examples, fresh interpretations of familiar classics such as Turkey Scaloppine, Turkey Stroganoff and Szechwan Turkey Stir-Fry.

As an extra bonus, cutlets cook up so quickly — whether sliced into stir-fry strips, pounded into scaloppine or even left as thick steaks — that they're perfect for when you're cooking against the clock.

TURKEY SCALOPPINE

1/4 cup flour
1 pound turkey cutlets
3 tablespoons olive oil (divided use)
2 tablespoons chopped onion
1/4 cup red-wine vinegar
1 cup well-drained canned tomatoes
1/4 teaspoon dried tarragon
Yields 4 servings.
Preparation time: 20 minutes.
Preheat oven to 250 F.

Pour flour into shallow dish; dredge cutlets in flour, shaking off excess.

Heat 1 tablespoon oil in large skillet over medium-high heat. Cook cutlets in batches, without crowding pan, about 2 minutes per side or until golden brown. Add additional oil to pan if necessary. Transfer cutlets to platter, cover with foil and keep warm in oven.

Add 2 tablespoons oil to skillet and heat over medium-high heat. Add onion and cook, stirring, about 30 seconds or until softened. Add vinegar and simmer 2 minutes. Add tomatoes and tarragon; bring to boil. Serve sauce immediately over cutlets.

TURKEY STROGANOFF

1/4 pound egg noodles
2 tablespoons margarine (divided use)
1 pound turkey cutlets, cut into thin strips
1 onion, chopped
1 (10 1/2-ounce) can condensed cream of mushroom soup
1/4 cup sour cream

1/4 teaspoon paprika
Yields 4 servings.
Preparation time: 25 minutes.
Cook noodles according to package directions.

Meanwhile, in large skillet over medium-high heat, melt 1 tablespoon margarine. Add half of turkey and half of onion; cook, stirring often, until turkey no longer is pink and onion is tender, about 3 minutes.

Remove from skillet; set aside.

Repeat with remaining margarine, turkey and onion.

In same skillet, combine soup, sour cream and paprika. Return turkey mixture to skillet; reduce heat to low. Cook, stirring occasionally, until heated through, about 5 minutes.

To serve, spoon turkey mixture over warm noodles.

SZECHWAN TURKEY STIR-FRY

1 egg white
3 tablespoons soy sauce (divided use)
1 tablespoon cornstarch
1 pound turkey cutlets, cut into thin strips
4 teaspoons white vinegar
2 teaspoons sugar
1 green bell pepper
1 red bell pepper
1 bunch scallions
4 tablespoons vegetable oil (divided use)
1/4 teaspoon dried ginger
1 teaspoon minced garlic
1/4 teaspoon crushed hot pepper flakes
Yields 4 servings.

Preparation time: 30 minutes.
In medium bowl, beat egg white until foamy. Beat in 1 tablespoon soy sauce; add cornstarch and stir until dissolved. Add turkey strips and toss to coat; let strips marinate 15 minutes at room temperature or up to 4 hours covered in refrigerator.

Meanwhile, in small bowl, combine remaining 2 tablespoons soy sauce and vinegar. Add sugar and stir until dissolved; set aside.

Cut bell peppers into thin strips and coarsely chop scallions; set aside.

Heat 1 tablespoon oil in wok over medium-high heat. Add ginger, garlic and pepper flakes; stir-fry about 30 seconds. Add pepper slices and scallions and stir-fry about 1 minute; transfer vegetables to plate.

Add remaining 3 tablespoons oil to wok and swirl to coat inside of pan; heat until hot but not smoking. Reduce heat to medium and add turkey strips. Cook, stirring often, until cooked through, about 2 to 3 minutes. Add cooked vegetables and soy sauce mixture. Bring to boil, stirring constantly, about 30 seconds.

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READER RATINGS



Q. I am in the habit of dining with my wife at a certain local restaurant which offers wonderful food at reasonable prices. Usually when I see the proprietor on the way out, I compliment him. My wife tells me this is out of line, but I see nothing wrong with expressing my gratitude whenever someone, including a restaurant owner, has done a commendable job. What is your opinion?

A. I'm with you all the way. I feel sure the proprietor appreciates your thoughtfulness and that your kind words would encourage him to continue doing his best.

Q. Once or twice a year the members of my club go to an ultra expensive restaurant where there is a wine steward. If we accept his services, how much should we tip him?

A. It is proper to tip a wine steward ten percent of the bill in round figures.

DINING GUIDE

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Desiree Vivea

More than ever before, health professionals are urging us to use diet to help prevent health problems. Getting the proper nutrients is essential to maintaining good health, but we need to take care to get them in the right way and in the right amount.

Take vitamin A, for instance. This vitamin is essential for healthy skin and teeth and good vision (especially in dim light). Basically, you can get this vitamin in three different ways:

- From plants in the form of beta carotene. (This is transformed by your body into retinol, the form of vitamin A used by the body.)

Some plants high in beta carotene are broccoli, cantaloupe, carrots, dandelion greens, kale, spinach, sweet potatoes and winter squash (acorn, butternut and pumpkin).

Yes, it's true that ingesting too much beta carotene can make one's skin turn yellow, but it won't really hurt you. (Anyway, you'd have to eat an awful lot of carrots!) Beta carotene is practically non-toxic, so there's no real health danger of overdoing it on vegetables.

- From animal foods like milk, meat and eggs. In these foods, beta carotene has already been processed into vitamin A and stored in animal tissues, eggs and milk.

Vitamin A is largely lost when fat is removed from milk, so low-fat milk and milk products are fortified (as required by the Food and Drug Administration) with vitamin A to replace what was lost.

- From vitamin tablets or supplements. Water-soluble vitamins (like C and the B vitamins) stay in the body only a short time. We can take large doses of these vitamins and, since any excess is soon gone, there's no harm done. But vitamin A is an oil-soluble vitamin (like D, E and K); it is stored in your liver and can stay in your body for a long time.

While you won't overdose on beta carotene from vegetables, too much concentrated vitamin A in the form of supplements can be harmful — especially to young ones. Children who have been given large doses of vitamin A supplements can develop swelling and pressure inside the head, dangerous symptoms akin to a brain tumor.

Always check with your doctor before starting your child, or any family member, on dietary supplements. (An overdose of the mineral iron can be fatal!)

At any rate, there's no need at all for vitamin A supplements if you simply make sure to serve regular helpings of delicious natural foods high in beta carotene. Plan menus with lots of orange and yellow fruits and vegetables and leafy greens.

For instance, 1 cup of chopped broccoli provides about 90 percent of the adult daily requirement for vitamin A (as well as a very healthy dose of vitamin C, lots of fiber and other healthful nutrients).

Surprisingly, frozen broccoli may contain about one-third more

beta carotene than fresh. Frozen packages usually contain more florets, which are richer in beta carotene than stalks. When buying fresh broccoli, choose stalks with large heads and plenty of tender buds.

Lactating women need more vitamin A than others, so they should be extra careful to eat a variety of green and orange produce.

Dosens of studies have suggested that vitamin A may help prevent cataracts and cancer and improve the immune system, too. So here are some easy-to-zap and tasty recipes to encourage you to eat those veggies!

BROCCOLI WITH MUSHROOMS AND OYSTER SAUCE

1 (10-ounce) package frozen broccoli, florets only
 ¼ cup sliced mushrooms
 ¼ cup chopped green onions
 1 teaspoon butter or margarine
 ½ cup prepared oyster sauce (available in Asian section of most larger markets)
 Dash pepper
 Yields 4 servings.
 Preparation time: 5 minutes.
 Cooking time: 5 to 7 minutes.
 Oven setting: HIGH (100 percent power).

Combine all ingredients except oyster sauce and pepper in 1½-quart microwave-safe casserole. Stir, cover and microwave 3 minutes. Stir again. Microwave 2 to 4 minutes longer, or until vegetables are tender.

Add oyster sauce and sprinkle lightly with pepper; toss and serve immediately.

SPICED GLAZED CARROTS

1 pound fresh small carrots, scrubbed, trimmed and halved lengthwise
 3 tablespoons water
 2 tablespoons butter OR margarine
 2 tablespoons light-brown sugar, packed
 ¼ teaspoon cinnamon
 ¼ teaspoon cloves
 ¼ teaspoon salt
 Dash nutmeg
 3 tablespoons chopped walnuts
 Yields 4 to 6 servings.
 Preparation time: 10 to 15 minutes.
 Cooking time: 8 to 11½ minutes.
 Oven setting: HIGH (100 percent power).

Place carrots in 1½-quart microwave-safe casserole with water. Cover and microwave 7 to 10 minutes, stirring every 4 minutes, or until carrots are tender-crisp. Let stand, covered, while making glaze.

In small microwave-safe bowl, microwave butter or margarine 30 to 45 seconds, to melt. Stir in all remaining ingredients except nuts. Drain carrots and return to casserole; add butter mixture and toss to coat. Add nuts and toss again.

Microwave 30 seconds to 1 minute longer, to finish glaze.

FOR TEENS

By Willard Abraham, Ph.D.

Dr. Abraham: I never had a boyfriend until this one, and I have really been so happy with him. But now I'm beginning to wonder about him because of a bad habit he recently started. It's the words he began to use.

The best way I can describe them is that they are "dirty," related to sex and bathroom habits.

I've told him how I feel about this, but he says I am too sensitive and that all the guys do it all the time.

Do you think I should try to overlook how he talks? I would have a hard time doing that, but I really do like him otherwise. — Word Worried

Word Worried: You might consider telling him how much you like him, that you don't want to do without him (if that is really true), and your feelings about his offensive language. Ask him to restrain himself when he is with you and not share with you how he talks with his friends.

If he likes you enough, he may make an effort to respect your request.

If he doesn't, you might think about seeking male company that doesn't have this habit of his.

By the way, his response that "all the guys do it" is not accurate. Maybe his friends speak like that, but not every teen boy does.

Dr. Abraham: I go to the dentist regularly and so do my parents. But I've read some scary stuff about mouth infections that really worry me, like cancer and other serious things.

Two of my grandparents died of cancer, so you can see why I'd be worried.

I asked my dentist about this, and all he said was that I should keep on doing what I'm doing and there won't be any problems like this for me.

But I'm a careful kind of guy, so I hope you won't mind my double checking. — Cautious

Cautious: Regular dental visits, no smoking, and alcohol control should help keep a clean dental record for you. You and other teens might be interested in these direct quotes from a professional dental source:

- "Seventy-five percent of oral cancer deaths can be attributed to tobacco and alcohol use. Oral cancer results in more than 8,600 deaths a year."

- "Over 20 million workdays are lost annually in the United States because of oral diseases or the need for dental care."

That and related information appeared in the December 1992 issue of *DentalNotes* published by the Academy of General Dentistry.

It also included what may seem like a lesser concern. It's about the amount of water we waste, a big problem in our country. Leaving the faucet running while brushing your teeth is likely to send more than 5 gallons going down the drain needlessly each time. So think about running the water only when wetting and rinsing your toothbrush. There are, of course, many other ways to save water.

Dr. Abraham: A feeling that I have these days is new to me, and I wish I knew what to do about it. I'm a 14-year-old boy and always thought I was normal, but now I'm not so sure.

I guess what really bothers me is that I want more space around me. My problem even includes a girl I really like, and now I don't want her to touch me, or to touch her. All of a sudden I actually like being in my room at home and not mind being by myself. My dad always gave me a kind of "bear hug" when he came home or left the house, and now I want to turn him off, too.

I'm not odd if you know what I mean, but maybe I'm kind of strange these days.

Please tell me what you think. — Puzzled

Puzzled: The adolescent years are a period when most boys and girls go through different stages. The examples you provided seem to indicate that you may be in the time when many teen changes in attitudes and feelings take place.

How long the concerns you have will last is uncertain, but at your age it can be fairly sure that you won't complete the adolescent cycle for at least a few years.

It might be helpful to discuss how you feel, think, and worry with your parents and your family physician or pediatrician. You may find that worries are quite widespread among teens.

Dr. Abraham: I'm a quiet guy and enjoy being with people like me, so I don't know how I got mixed up with this girl who isn't like me at all. To say it straight, she is a loudmouth and embarrasses me whenever we are out with other kids.

When we are alone she is different, and kind of sweet and loving. She has taught me a lot about many things, and I really do like her then.

But that big mouth of hers is still there and in the back of my mind.

Do you understand what I'm up against? — Uncertain

Uncertain: I think that I can guess why you "got mixed up with" her. Her enjoyable company probably helps balance her habit that upsets you.

So perhaps it is "choice time," either to tell her what bothers you and try to persuade her to tone down or eliminate that loud-mouthed factor, or seek other female companionship of a more quiet nature if she is unwilling or unable to alter her behavior.

Cooking Corner



A rich history of New England cooking

By Jennifer Plantier

Jasper White, one of Boston's most celebrated chefs, believes that people should understand where their food comes from.

He doesn't mean that we should know which local restaurant whipped it up. He's talking about a real knowledge of basic ingredients like fresh shellfish, flavorful produce and local dairy products. He also reminds us that cooking itself, and even specific dishes, can have a fascinating cultural history all their own.

His highly acclaimed cookbook, "Jasper White's Cooking From New England" (HarperCollins), has just been released in paperback and awaits the trials of a new wave of cooks with a healthy respect for the cuisine of an old and diverse region.

White conducted a personal study of New England cooking and its rich history. He contends that it is one of the only regions "that did not have to invent its own cuisine. It evolved slowly."

In fact, some dishes, like baked beans and brown breads, are more than 400 years old.

But White adds that it's not all just old Yankee cooking. Every ethnic group has made contributions upon entering the region.

"There are a lot of those new influences in the book," says White. "They have all added a richness to cooking, a diversity, and it has become a part of our cooking."

He cites the Portuguese, many of whom worked in the fishing industry, and most recently Central Americans, like those from El Salvador, as examples of immigrants who have enriched the diversity of cooking, especially in the bigger cities like Boston.

White thinks fresh seafood may be the best that New England has to offer. He claims adamantly that the fish and shellfish caught off George's Bank in the North Atlantic is second to none in the United States. "The variety and quality is amazing here."

Consequently, White, who owns Jasper's restaurant in Boston, is currently working on a new book just on seafood alone. But he admits that "Cooking From New England" was a special endeavor.

"I spent five years writing this; I put my heart into it," he says. "It's what I and my restaurant are all about. I feel it represents cooking in this region at this particular time and place."

With more than 300 traditional and contemporary recipes, "Jasper White's Cooking From New England" not only features his own work but also incorporates recipes from other notable chefs in the area.

STUFFED QUAHOGS

1 baguette (long French bread), cut in 1/4-inch dice (4 cups)
1/4 pound pancetta OR bacon, finely diced
12 quahogs (large clams)
1/2 cup water
1/2 cup olive oil
3 tablespoons chopped garlic
2 medium onions, finely chopped (2 cups)
1/4 teaspoon crushed red pepper
2 eggs
2 tablespoons chopped fresh basil
1 tablespoon chopped fresh oregano
2 tablespoons chopped fresh parsley
1/2 cup grated Parmesan OR Romano cheese
Salt and freshly ground pepper
6 tablespoons unsalted butter, sliced thin
Lemon wedges for serving
Yields 6 servings as an appetizer.

Preheat oven to 300 F. Place bread in preheated oven and toast until completely dry (15 minutes). Set aside.

Render pancetta or bacon in saute pan until it begins to crisp slightly. Drain on paper towels and set aside.

Scrub quahogs well, then steam with 1/2 cup of water in tightly covered pot until they open (about 6 minutes). Strain broth through fine strainer and set aside. Chop clams into small (1/4- to 1/2-inch) pieces and set aside. Clean shells thoroughly by boiling in water.

Heat olive oil in saute pan and add garlic, onions and crushed red pepper; cook until onions are translucent. Allow to cool.

Combine 1 cup of clam broth with eggs in large mixing bowl; mix well. Add onion mixture, chopped clams, pancetta and basil, oregano and parsley; toss well. Add cheese and bread and fold everything together so that it is mixed but not overmixed. Season to taste with salt (very little will be needed) and pepper; do this early in mixing so seasoning gets distributed evenly.

Preheat oven to 400 F. Fill each clam shell with stuffing. Place thin slice of butter on each one. Arrange on sheet pan (rock salt helps keep the clams level, but it is not necessary). Bake in preheated oven for 25 minutes or until golden brown. Serve with lemon wedges.

JUAN'S SAUCE FOR CLAMS

2 tablespoons finely chopped red radish
2 tablespoons finely chopped red onion
2 tablespoons finely chopped fresh cilantro
1 teaspoon finely chopped fresh chilies, or more to taste

Juice of four limes
36 freshly purchased and opened clams, littlenecks or cherry stones

Yields enough for 36 clams.
Combine radish, onion, cilantro and chilies with lime juice. Chill for at least 20 minutes.

Place opened clams on crushed ice. Spoon a little sauce on top of each clam.

OLD-FASHIONED GLAZED ONIONS

6 medium onions, about 5 or 6 ounces each
4 tablespoons unsalted butter
Salt and freshly ground black pepper
6 tablespoons honey
Yields 6 servings as side dish.
Peel onions and cut them in half, across. Trim off bottom so they stand up evenly. Find baking pan or dish that will hold onions comfortably.

Preheat oven to 450 F. Melt 2 tablespoons of butter and lightly brush baking pan. Place onions in pan and brush with remaining melted butter. Season onions lightly with salt and pepper.

Spread about 1/2 teaspoon of honey over each onion half. Dot tops of onions with remaining butter and place in oven. Cook for about 45 minutes until tops are bubbly and onions have spots of black.

BOSTON BROWN BREAD

1 tablespoon unsalted butter for greasing
1 1/2 cups brown-bread flour (You may find it premade in the store. If not, mix it yourself with equal parts wheat and rye flour and cornmeal)
1 teaspoon baking soda
1/2 teaspoon salt
1/2 cup dark molasses
1 cup milk
1/2 cup dried currants or raisins
Yields 1 loaf.
Preheat oven to 325 F.

Generously grease 1-quart pudding mold or 1-pound coffee can. Combine flour, baking soda and salt in mixing bowl. Stir in molasses and milk. Fold in currants.

Fill mold or coffee can with batter. It should come up about 3/4 of the way. Cover top with foil and tie securely with string to make it airtight.

Place in deep baking pan and fill pan with boiling water, to come halfway up the side of the mold.

Place in preheated oven and al-

low to steam for 2 hours, checking water level after 1 hour. Add more boiling water if needed. Check by sticking a skewer into bread; it will come out clean when done. Remove string and foil and allow to cool for 1 hour before unmolding.

VERMONT CHOCOLATE POTATO CAKE

2 medium boiling potatoes
1 1/4 cups sifted cake flour
2 teaspoons baking powder
1 teaspoon salt
1/2 teaspoon ground cloves
1/2 teaspoon ground cinnamon
1/2 teaspoon ground nutmeg
12 tablespoons unsalted butter
2 1/4 cups granulated sugar
3 eggs, separated
1/2 cup milk
2 ounces semisweet chocolate, finely grated
1/2 teaspoon cream of tartar
Confectioners' sugar and/or cocoa powder for dusting
Chocolate sauce or whipped

cream (optional)

Yields 1 10-inch loaf cake.
Scrub potatoes and boil in lightly salted water until done; drain in colander. When cool enough to handle, remove skins and mash potatoes. Set aside 1 cup for this recipe; save the rest for another purpose.

Preheat oven to 350 F. Lightly butter and flour 10-inch tube pan; set aside. Sift flour, baking powder, salt, cloves, cinnamon and nutmeg together; set aside.

Cream butter and sugar, beating until very light and fluffy. Add egg yolks, one at a time, scraping down sides of mixing bowl after each one. Add mashed potatoes and mix thoroughly. Alternately add sifted flour mixture and milk, beginning and ending with flour. Stir in grated chocolate.

Combine cream of tartar with egg whites and beat to firm peaks. Gently fold into cake batter. Pour into prepared cake pan.

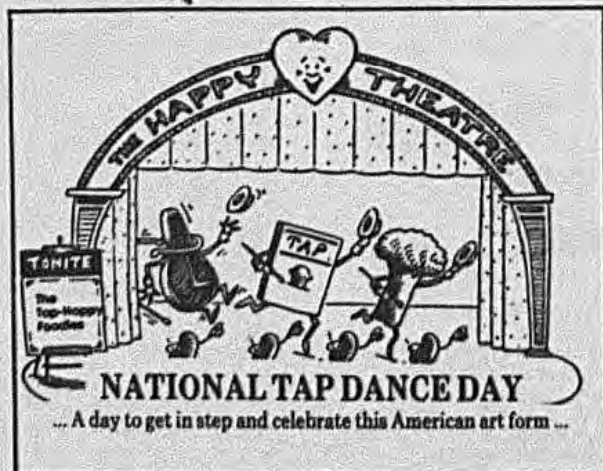
Bake for about 1 hour, or until firm to touch. Test by inserting a skewer; it will come out clean when cake is done.

Cool in the pan or on a wire rack for 10 to 15 minutes, then unmold and place on rack to cool thoroughly. Sprinkle with sifted confectioners' sugar and/or cocoa powder. Serve with chocolate sauce or whipped cream, if desired.

Jennifer Plantier is a columnist and free-lance writer.

EXCURSIONS

MAY 25, 1993



SOURCE: CHASE'S ANNUAL EVENTS

Garden Talk

By C.Z. Guest

GARDEN LABELS FOR ALL

One way to recycle all your empty yogurt containers is to use them for plant markers in the garden. They are virtually indestructible.

After washing them, cut the sides into 1/2-inch-wide strips of the desired length. Use an indelible pen to write the variety and cultural details onto the marker if you want to label a favorite annual or perennial that you grow every year. For short-lived crops or new varieties, I use a regular red marker that washes away so that the plastic strip can be reused.

Q. Last year, my asparagus bed produced a great harvest. However, this year all I'm getting are thin, thin grasslike spears that quickly form ferns. What's going on?

A. Sounds as if you've depleted your asparagus crop reserves by harvesting too many spears last year, thereby causing thin spears to grow this season.

A rule of thumb: For healthy crowns and ferns, stop harvesting spears by June 15. And if the crowns appear weak and the ferns small, stop cutting spears by June 1. This should give the crowns ample time to replenish their reserves for the coming season.

Another possibility causing your problem could be aphid damage. Severe aphid infestations cause spears to grow quickly into ferns by stunting growth one year, and aphids affect the next year a spear production. Signs of aphid damage

are smaller-than-normal ferns with a rosette appearance.

To control this awful nuisance spray weekly with insecticidal soap, available at hardware stores, nurseries and garden centers.

Q. I am partial to spider plants but cannot get them to produce runners. Can you help me?

A. The spider plant is easy to grow. However, for success you must do so correctly. Grow in a light place and take care not to overwater. Simply keep the soil evenly moist. Avoid severely dry soil and acid soil.

Spider plants have thick roots, almost like white radishes, and, therefore, do best moved to a larger size pot when the old one is filled with roots. They also need proper drainage. Try Miracle Gro fertilizer; it will feed your plants through the roots and leaves. Follow container directions precisely for proper dosage.

C.Z. Guest is a gardening author whose work appears in *House and Garden* and author of numerous books and videos, including "5 Seasons of Gardening" (Little, Brown and Co.)

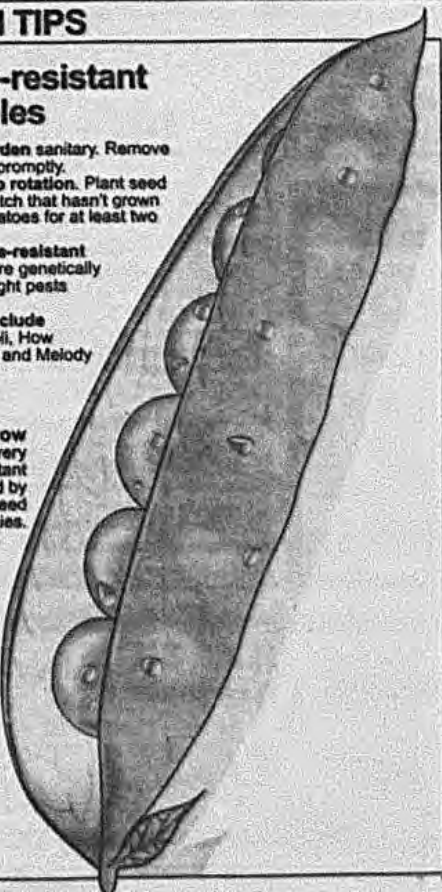
GARDEN TALK

GARDEN TIPS

Disease-resistant vegetables

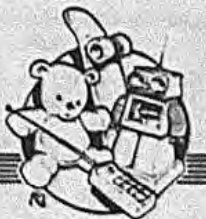
- Keep the garden sanitary. Remove infected leaves promptly.
- Practice crop rotation. Plant seed potatoes in a patch that hasn't grown tomatoes or potatoes for at least two years.
- Plant disease-resistant varieties. They're genetically engineered to fight pests and fungi.
- Top crops include Emperor broccoli, How Sweet It Is corn and Melody spinach.

Green Arrow peas are very disease-resistant and are carried by many seed companies.



Our Children

By Willard Abraham



Award-winning books for children

Q. I am a constant reader, and I want my children also to love books. One of the best sources I have found for youngsters are the annual Newbery and Caldecott awards for the most outstanding children's books of the year.

I've somehow missed reading or hearing about the 1992 winners and hoped you could tell me what they were. You can be sure I'll use this information for my children who are 7, 10 and 12 years old.

A. I'm always glad to tell parents about this award information, which is provided by the American Library Association. Other interested readers may not know of the John Newbery Medal for the most distinguished contribution to American literature for children and the Randolph Caldecott Medal for the most distinguished picture books for children.

Here are the 1992 selections. I wish I had space to tell you about at least some of them, but children's librarians are eager to share such information.

• Newbery awards: "Missing May" by Cynthia Rylant (Orchard Books), "The Dark-Dirty: Southern Tales of the Supernatural" by Patricia C. McKissack (Alfred C. Knopf), "Somewhere in the Darkness" by Walter Dean Myers (Schoastic Hardcover) and "What Hearts" by Bruce Brooks (Harper-Collins).

• Caldecott awards: "Mirette on the High Wire," illustrated by Emily Arnold McCully (Putnam), "Seven Blind Mice" by Ed Young (Philomel Books), "The Stinky Cheese Man & Other Fairly Stupid Tales" illustrated by Lane Smith (Viking) and "Working Cotton" illustrated by Carole Byard (Harcourt Brace Jovanovich).

There is no doubt a lot of enjoyment for your children (and for you, too) in these books that received the two most prestigious

awards for their literary value (Newbery) and illustrations (Caldecott).

Q. I'm writing regarding the letter and response in your column about a father leaving an 8-month-old baby home alone. I can't believe how casual your answer was.

I really think that what this man needs to hear are stories like the one on the news about a 4-year-old and an 18-month-old left home alone who burned to death because they couldn't get out of the apartment. An 8-month-old can't even walk to get out of a burning building!

Even if the extreme of fire doesn't happen, this man should realize that if the Division of Youth and Family Services (or an organization like it) ever found out about his leaving his baby alone, they could take the baby away. Is that what he wants?

I feel that he needs a firm jolt to reality. If he can't be there 100 percent for his child, hire someone responsible who can!

A. Good for you! Although I felt that my response was quite strong, yours is more graphic, and I'm glad to use it in this column.

In my earlier response, I included these statements: "A baby's total safety is about as essential a responsibility as a parent can have... a possible solution might be the employment of a competent baby sitter or housekeeper who can cook and take care of some other household needs but primarily will be there every minute with your baby, providing safety and TLC. That person would have to be on hand unless one of you is at home."

Your letter has probably given that father and other parents of both sexes something extremely serious to think about, act on and, I hope, never forget.

Thank you very much for providing a much-deserved jolt.

KITCHEN HINTS



Rolling cold dough.

Does your recipe call for chilling dough before rolling? Here's how to make it pliable.

1. Place dough on counter.
2. Pound surface of dough several times with rolling pin, making ridges.
3. Place rolling pin in ridges, press and spread dough slightly.
4. Turn dough 90 degrees and pound again. Repeat process until dough is easy to roll.

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Fitness Forum

By Frank Green

Center teaches patients about good nutrition

SPRINGFIELD, Ill. — Do you want to know what percentage of fat-to-lean mass you have? Want to know the best approach to losing weight? How about your maximum oxygen output?

All of those can be measured at the Southern Illinois University's Center for Human Nutrition.

The results can determine just how fit you are, something exercise enthusiasts want to know, and how many calories are used for basic metabolic needs.

But on a much wider scale, the center hopes to be a resource for consumers and the medical community interested in all aspects of nutrition.

Dr. Robert Ferraro took over as head of the center last July from Dr. Oliver Owen, who started the center, then called the Nutrition Technology Institute, in 1990. At the time, it was to focus on food industry research needs.

"We've gone through a transformation," says Ferraro, who did his medical school training in Italy at the University of Padua, just a few minutes from Venice.

The center, now known as the Center for Human Nutrition, focuses on research, teaching, education and clinical services.

Some of the tests are as simple as lying down and relaxing in a darkened room with a space-age plastic bubble over one's head to measure oxygen use and carbon dioxide output.

Figuring in humidity and barometric pressure, a computer, complete with color graphics, makes the detailed calculations of whether fat, protein or carbohydrates are being burned for fuel. For the body-fat analysis, patients must lie down on a conveyor-belt type of machine that moves them slowly through a chamber.

Results from each test are done several times, and similar tests using different machines are done, then the results averaged.

More typical skinfold tests also are taken.

"We have athletes and some diabetics who want to monitor their body composition," says Najwa Samara, exercise physiologist. "But it's also for obese or normal people on a diet who need to know."

Prospective patients can be referred to the center by their doctors or make their own appointments.

Athletes visit periodically as a guide for training, and patients seeking to lose weight use the information to know exactly how many calories they should be eating. Prices for various packages of tests range from \$150 to \$440. Some insurance providers cover the tests; others do not.

In addition to Ferraro, there is an endocrinologist, registered dietitian and a cardiologist on staff.

"If an individual is looking to evaluate his risk for heart disease, this is an excellent place to evaluate," says Ferraro.

Ferraro's interest in nutrition blossomed while in residency training in New Jersey. He had thought about staying in Italy, where he loved the food and the medical history, but he came to America for additional training.

While working with obese people in a New York hospital, he was encouraged to delve into research on obesity and diabetes with the Pima Indians, a group that has the highest incidence of diabetes in the world. The Indians, who live on a reservation near Phoenix, have been studied for the past 20 years. Ferraro did extensive research while working in the Clinical Diabetes and Nutrition Section, National Institutes of Health and the U.S. Department of Health and Human Services.

He's transferring his interest in research to his work at the Springfield center.

SIU medical students will have the chance to take a two-week clinical rotation in the nutrition center.

"We want them to know how to figure how many calories a patient should have," says Ferraro.

While other facilities specialize in cardiac rehabilitation, this center combines various aspects of nutrition into one center.

After all of the testing is complete, Ferraro analyzes a computer printout to make recommendations.

"Part of the problem in obesity is the discrepancy between what the mind perceives and what goes in the mouth," says Ferraro. "Obesity is a very complex disorder."

He's particularly interested in what causes certain people to gain weight.

"When you look back at pre-obese states, you don't know if they had a low basic metabolic rate, or if that is a marker of future problems. I think an area of future research will have to do with energy balance."

Another area of interest is how an individual stores the fat, carbohydrate and protein that are eaten.

Excess carbohydrates are burned as fuel for the body; excess protein is broken down and converted into urea or sent to the liver and treated as sugars. However, if too much fat is eaten, it is simply stored, causing individuals to gain weight.

"Some of us are better fat-burners than others," says Ferraro. "People who are good fat-burners can maintain their weight. Those with low fat-burning capacities are those with a predisposition to gain weight."

THE HEALTHY GOURMET

By Kit Snedaker



Freshen menus with cold soups

Nothing says spring and summer so loudly or quite so well as a cold fruit soup.

Add to that the fact that these soups are easy to make, inexpensive, quick and delicious, and the bottom line is — do it.

The recipes below take advantage of fruit just coming on the market. They are as good at the beginning of a meal as they are at the end for dessert. Besides, they are so low in calories everyone can have seconds. Better double the recipes.

BLACKBERRY SOUP

1 pint fresh or frozen blackberries, rinsed and drained
1/4 cup granulated sugar
2 cups cold water
2 small lemons, thinly sliced
1 stick cinnamon
2 whole cloves
2 cups non-fat yogurt
Berries or mint for garnish
Yields 6 servings.

Each serving has about 130 calories, trace of fat, 2 milligrams cholesterol and 60 milligrams sodium.

In saucepan combine berries, sugar, water, lemons, cinnamon and cloves. Bring to a boil and reduce heat to simmer for 10 minutes. Remove cinnamon and cloves and puree berry mixture in food processor. Strain through sieve and chill. Add yogurt, mixing well. Refrigerate.

When ready to serve, add small dollop of yogurt to each bowl of soup and top with a berry or sprig of mint.

STRAWBERRY SOUP

2 pints fresh strawberries
4 Granny Smith apples
1 cup fresh orange juice
1 cup red wine
1 cup non-fat yogurt
Sugar or syrup to taste, optional

Berries or mint for garnish
Yields 4 servings.

Each serving has about 225 calories, 1 gram fat, 1 milligram cholesterol and 50 milligrams sodium.

Wash, hull and halve berries. Peel and core apples and cut them into dice. Add diced apples to work bowl of food processor and puree. Strain through fine sieve. Puree and strain berries the same way. Pour puree into bowl and stir in orange juice, red wine and yogurt. Add apple puree, mixing thoroughly to combine. Sweeten with sugar or syrup as desired. Chill and garnish with mint leaves or whole berries.

MELON SOUP

3 cups cantaloupe, peeled and chopped
1 cup fresh orange juice
1 tablespoon fresh lime juice
1 1/2 tablespoons honey
1 cup champagne or dry white wine

Fresh mint for garnish
Yields 4 or 5 servings.

Each serving has about 120 calories, trace of fat, no cholesterol and 25 milligrams sodium.

Put half the cantaloupe with the juices and the honey in work bowl of food processor. Puree until smooth. Stir in champagne or wine and rest of melon. Cover and chill for several hours. Serve garnished with fresh mint.

Kit Snedaker is author of "The Great Convertibles." Her food stories have appeared in *Bon Appetit* and *Harper's Bazaar*.

THE HEALTHY GOURMET

HEALTH WATCH

Thousands of children may lose mothers to AIDS

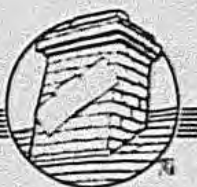
A recent report predicts that the number of U.S. children and teens who will be motherless because of AIDS to increase by more than 400 percent by the end of the decade.

Children who have lost or may lose their mothers to AIDS (estimate)



SOURCES: Journal of the American Medical Association, American Health magazine

Here's How



By Gene Gary

Use caution when cleaning shingles

Q. The shingles on our roof have become discolored with a mildew-like substance appearing on one side. This is on the backside of the house and not too visible from the street, but I am concerned that it will spread to other sections of the roof.

I would like to be able to clean the roof myself. Do you have any suggestions for a do-it-yourselfer who has never tackled a similar problem? I also would like to know how to prevent any recurrence.

A. Excessive moisture, or even too much shading of a rooftop by nearby trees can contribute to this problem.

It is more than a cosmetic prob-

lem, because moss and algae growth on a roof can promote decay in the basic structure. If it is just mildew, regular household bleach will remove the residue.

If the discoloration on your roof is green in appearance, it is likely that this is more than mildew, but rather a fungus growth.

Be sure and use extreme caution when working on a roof. Use solid ladders that are securely anchored and be aware that the area may be very slippery with algae growth, particularly when wet.

A method of removal I have recommended before is to scrub the roof with a stiff bristle brush using a solution of $\frac{1}{2}$ cup trisodium phosphate (available from paint deal-

ers), 1 cup detergent, 1 quart household bleach mixed in 3 quarts water. Allow the solution to soak for approximately five minutes before scrubbing. Rinse with clear water.

A commercial product on the market recommended for this type of problem is Safer's Moss & Algae Killer, which has soaplike ingredients and is sold in easy-to-use spray bottles as a concentrate to be applied with a calibrated hose-end sprayer.

It is sold at some home centers and garden supply stores, or you can write for information to Safer Inc., 189 Wells Ave., Newton MA 02159.

However, if you are concerned about preventing continued growth, you may want to treat your roof with one of the stronger chemicals available. This would be particularly important if your roof stays shaded and is damp much of the year.

Copper sulfate, also called bluestone or blue vitriol, is a chemical you can use to get rid of moss with a minimum chance of harming grass or garden plants nearby. Sold at feed stores and some nurseries, it is available in both powdered and crystal form. The pow-

der is the easier to dissolve in water; mix 1 pound of it in 20 gallons of water and spray over the mossy area.

Copper sulfate may seem to be staining your siding with the runoff from the roof. However, it is easily rinsed off with clear water.

These same cleaning methods can be used to remove moss and algae from decks, patios, walls, fences, walkways and exterior walls, as well as roofs.

Q. We recently moved into a house that has vinyl gutters and downspouts that we would like to paint so we can harmonize the color with the new paint we put on the house.

One of our neighbors advised us against it, saying that the paint would not adhere well to the vinyl. Is this true?

A. Vinyl gutters can be successfully painted if you use a suitable paint and primer. A top-quality acrylic latex exterior paint should give you lasting durability. Check with your local paint dealer for recommendations.

Some manufacturers recommend wiping down the surface with denatured alcohol prior to priming (use caution — the fumes are toxic).

Decor Score



By Rose Bennett Gilbert

Quick-and-easy decorating ideas

Q. The summer place we're renting at the lake is so dreary we asked the owner's permission to do a little fix-up work (I couldn't bear the thought of spending three months there the way it was).

Since we don't want to spend (a) a lot of time working, and (b) much money, I'm writing to see if you have any quick-and-easy decorating ideas. — S.W.

A. Yes, and they can be summed up in one word: color, color, color. Well, maybe one other word: imagination.

Paint obviously is the quickest and cheapest way to freshen up any room, if the walls are in good condition. If not, you may not want to get involved with all the prep work required to do a decent paint job — in which case I'd suggest color that comes in rolls: wall coverings.

If you choose a wall covering that has a textured and patterned surface, it will work visual magic to camouflage walls that have a less-than-flawless complexion. And if you choose a pre-pasted product, it will go up in a flash.

Another hint: Pick a pattern with a smallish repeat. Not only will it be easier to match when you hang it, there will be less waste.

The photo we show here is a charming case in point. Wall coverings are the main ingredient interior designer Margot Gunther, ASID, has used to metamorphose a summer cottage in the chic little village of East Hampton

These are from the aptly named "Cottage" collection by Sunworthy Wallcoverings, which also offers the coordinating fabrics that have been whipped up into slipcovers, pillows and a tablecloth (following easy-sew patterns from McCall's).

You're no seamstress? Turn sheets into "slipcovers" simply by draping them over sofa and chairs, tucking at strategic points and belting with wide grosgrain ribbon or decorative braid.

More quick tricks to consider:

- Gunther has built a paneled screen, using cheap doors bought at a lumber store and covered in more pre-pasted wallpaper.

- She has hung inexpensive flower prints (they could be cut from an old calendar), framed all alike for more impact.

- To freshen things underfoot, she uses that wonderful — and cheap — old summertime standby, a sisal rug.

By the time you add flowers, your own linens and accessories, your little summer place should go from "dreary" to "cheery" without straining either your back or budget.

Q. Our guest room is so tiny, there's barely space enough for a double bed, much less bedside tables.

Where will I put lamps so our

guests can read in bed? The dresser is against the other wall, but it's pretty far away. — A.M.

A. If the bed has a headboard, you could mount a pair of swing-arm lamps on the wall. If not, put a narrow bookcase behind the bed like a headboard and stand a lamp on top.

Your guests will also appreciate having a place to stash their glasses, alarm clock and whatever they're reading.



COTTAGE UPDATE — Easy-sew slipcovers, pre-pasted wallcoverings and a screen you assemble yourself bring the sunshine into a summer cottage.



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Situation Wanted

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HOUSECLEANING AVAILABLE. Good references, own transportation. Call after 3 p.m. 489-7924. gcm4

IRISH WOMAN AVAILABLE to take care of your sick, bedridden or elderly. Please call 741-8019. wmy1

RESPONSIBLE, EXPERIENCED Caring mother of 3, loving, well behaved school age boys, will care for your child in my Garden City home F/T. Mon-Fri. References available. 294-6971. gcm3

HOUSEKEEPER AND CHILD Care. Live out, English speaking, 2 years experience, good reference. Call 489-4503. Leave message. gcm3

LOVING AND CARING, experienced nurse's aide seeks position to work with the elderly, sick or young children. Available full time 6 days a week, living out or on weekends. References are available. Can be contacted at 538-5072. gcm1

SEEKING HOUSECLEANING POSITION. Willing to work 6 days a week. Own transportation. Speaks English. Reliable. 538-3027. gcm1

CERTIFIED NURSE'S AIDE seeking full time position. Experienced, references, own transportation. 565-1410. gcm1

EXPERIENCED NHA SEEKS job to take care of elderly or sick. Reference available. Interested persons can call Karen at 888-6851. gcm4

MINEOLA MOTHER WILL GIVE TLC to your child in my Mineola home. Non-smoker, excellent references, P/T or F/T. 742-7830. wmy3

SINGLE PARENT MOM WITH children college bound, available to babysit AM & PM. Own transportation, excellent & numerous references. Call after 6 p.m. 997-9521. wmy3

HOUSEKEEPER AVAILABLE to clean your house, mornings or afternoons. Good reference. Call Margarita every day after 4 p.m., 480-2047. gcm3

Situation Wanted

SEEKING A POSITION AS Companion/Aide. Live in or out. Contact Theima - 718 527-6937. gcmY4

HONEST, RELIABLE, CERTIFIED home attendant seeks job taking care of elderly. Call 718-657-5768. wmy3

POLISH LADY LOOKING FOR House Cleaning &/or Ironing. Good references and experience. Call 489-8006. gcmY3

EMERALD CLEANERS "Irish cleaning Services" House: Apts: Offices. Now available in your neighborhood. All phases of cleaning. Reasonable rates. Dependability & quality guaranteed. Excellent references. Call Ann (718) 267-1110. gcmY4

RESPONSIBLE, EXPERIENCED HOUSECLEANER available Mon., Wed., & Sat. 474-8875. Call after 6 p.m. gcmY4

HOUSECLEANING POSITION WANTED for any day of the week. 739-2128. Please call after 5:30 p.m. gcmY4

CHILD CARE AVAILABLE NYS certified early childhood teacher with Master's degree will care for your child in my Mineola home. Enriched environment. Playmates. Certified program. Excellent extensive references. 747-5350. wmy3

Real Estate for Sale

BELLEROS VILLAGE QUIET Country setting in small village. Mint, mint condition. Lovely 27 year old Colonial with new kitchen. Listed at \$239,000 & worth every penny! Call Barbara Brylski, lic. sales agent, The Prudential L.I. Realty 354-8500, ext. 242. gcmY1

GARDEN CITY 1.3 ACRES with IGP. Built for entertaining. 4 BR's, 4 1/2 baths, center isle EIK, FDR, LR/Fpl, library, screened in porch, 2 car garage. Principals only. \$675K 248-4182. gcmY4

GARDEN CITY IMMACULATE Split. Excellent family/park location. Beautiful LR with cathedral ceiling & FPL, DR, large new EIK, 3 BR's, 2 baths, den/family room, finished basement, 2 car, low taxes. Many Extras. Landscaped gardens 70x100. Reduced to \$349K (neg) Owner 747-6386. gcmY3

GREENPORT - STERLING EASTERN Shores. 7-year old Colonial. Excellent condition. 4 BR's, 2 baths, large kitchen, den w/fpl, basement, garage, deck, shed. Walk to private beach. Reduced for quick sale - \$198,000. Owner 731-2241. hmy3

CHARMING 3 BR ENGLISH TUDOR, Garden City. 1 1/2 Bths, new EIK, LR, DR, All new heating, gas burner, new stucco. 60 x 100. Asking \$270,000. Also for rent \$1,800 monthly. 325-2273. GCMY3

Real Estate for Sale

CUTCHOGUE WATERFRONT EXCLUSIVE. Adorable 2 BR, 1 bath year round cottage with LR/Stone fireplace, family room area, basement and garage set on spectacular Stillwater Ave. creekfront site. Fully bulkheaded ideal for boating and swimming! \$199,000.

Jamesport Bayfront Exclusive - Meticulous 3 BR, 1 1/2 bath Cape with one of the North Fork's finest beaches! LR/fireplace, family room, kitchenette, basement and oversized two plus car garage. Superb value! \$439,900. Celtic Realty, Mattituck. Offering you over 3000 listings from Calverton to Orient Point! 298-8000. gcmY1

SKI WINDHAM, N.Y. ON the mountain. No more parking lot hassles. Steps to lift. 3BR's, 1 1/2 Ba Condo, fully furnished, Fpl in LR. Sleeps 10-12 comfortably. By owner \$110,000. 747-3729. gcm1

STEWART MANOR DUPLEX Move in condition. 3BR's, 1 1/2 Ba, LR/Fpl, FDR, EIK, TV room, finished basement, deck. Walk to all. Principals only. Owner. 326-7847. gcm1

ENGLISH TUDOR, 3 BR's, 1 1/2 baths, den, finished basement, in-ground sprinklers, 2 car garage, totally renovated European kitchen, park-like grounds. Mint condition. Asking \$405,000. Days (212) 309-3125 ask for Joe. Eves (516) 248-0139. gcmY4

GARDEN CITY PRIME Estates. center Hall Dutch Colonial, completely renovated in and out. Traditional and spacious interior with parquet oak floors, large moldings, chair rails and French doors throughout. 19' new oak EIK, maid's room with new full bath on first, 3 large BR's with new full bath on second. All amenities. Low taxes and room to expand. The beauty is within. Red. \$515,000. 741-7378. gcmY4

GARDEN CITY CENTRAL Ranch. 4 BR's, 2 1/2 Bths, contemp. FDR, LR/Fpl, sunken den, mod. EIK, CAC, central vac., alarm, 1/2 acre on golf course. Very private yard. High \$500's by owner. 294-7434. gcm2

MONTAUK, 2 RM FURNISHED Co-op. One hundred feet from beach. Electric heat/air conditioned. walk to dining, shopping. Sleeps four. Full kit, cable TV. Must sell. Asking \$38,500. Great rental history. 724-5572. gcmY4

GARDEN CITY, OXFORD BLVD. Colonial 5 BR's, 4 1/2 Bths, LR/Fpl, FDR, Den, Hugh Mod. EIK, Full Bmt., attch. garage, 1/2 acre. Asking \$795,000. Flexible owner fin. to fit your needs. 248-2450. gcm1

GARDEN CITY WESTERN Colonial updated. 3 BR's, LR, EIK, FDR, new windows/doors, garage, fenced in yard. Taxes \$2,300. Owner asking \$219,000. 354-1923. gcm1

Real Estate for Sale

MINEOLA/WHEATLEY SCHOOLS. Expanded Cape for sale. Move-in condition. 4 BR's, 2 Bths, carpeted, finished bmt., detached garg. closets galore. 50x100. Low taxes. Low \$200's. No fee. 746-3141. wmy3

GARDEN CITY VICTORIAN Colonial. 5 BR's, 4 Bths, near transportation. Partially restored. Potential with TLC. Reduced \$75,000. Now \$279,000. 747-6420. gcm2

SOUTHOLD WATERFRONT WITH bay views. New traditional 2 story features LR/fpl, DR/fpl, EIK, den, Master BR & bath plus 2 BR's, 2 1/2 baths, dock, 3 feet low tide, large deck. \$585,000. Mattituck Mint Cedar shake Ranch features renovated EIK, LR, DR, family room/fpl, 3 BR's, 2 baths, deck, 2 plus car garage, landscaped 1/2 acre. \$179,900. Mattituck Bayfront 2 story. Great room/fpl, 5 BR's, 3 1/2 baths, spectacular views. \$395,000. Southold Waterfront with sailboat water. LR/fpl, DR, family room, 4 BR's, 2 baths. \$390,000. Mattituck Custom Ranch home on 4 acres features 3 BR's, 2 baths, LR/fpl, DR, IGP, barn great for horses or mini farm. \$233,000. Lewis Realty 298-4600, 765-5810, 734-5533. gcmY1

NORTH FORK 2-STORY Dutch Colonial plus auto repair garage on one residential acre in Cutchogue \$218,000. Principals only. 734-6133 9 am to 6 pm. gcmY3

GARDEN CITY ESTATES Mint Colonial 4 BR's, 2 1/2 baths. Magnificent Master BR/bath suite. LR/FPL, FDR, den, EIK, with super 20x20 family room, deep plot. Walk RR. Low taxes. Professional office OK. Detached 2 car with loft. Move in condition. Must see to appreciate. On the prestigious, tree lined Nassau Blvd. Reduced to sell \$439,000 Principals only. 742-1316. gcmY3

GARDEN CITY ESTATES Section Georgetown CH Brick Colonial in prime location. 2 1/2 BR's, 3 Bths, 2 car gar. Must see. By owner \$469,000. 741-3656. GCMY3

GARDEN CITY - BY OWNER Center hall Ranch, 3 BR's, 2 Bths, New EIK, Garage, roof terrace, CAC, inground sprinkler. \$322,000. Call 248-5404. GCMY3

MATTITUCK/WINE COUNTRY Gorgeous 5 year young custom built 5,000 square foot Contemp expansion Ranch. 1 1/2 acres, 5 BR's, 3 1/2 baths, huge LR, DR, EIK, 23 x 30 entertainment room w/wet bar. Open hearth stone Fpl, CAC, full basement, 800 square feet possible apt. 2 car garage, deck, white stone & cedar exterior. Private road leads to beautiful professionally landscaped property. Must be seen. Principals only. \$330,000 Days (516) 298-8386, Eves & Weekends (516) 724-9610. gcmY4

Real Estate for Sale

ESTATES SECTION 2,000 Sq. Ft. move in condition Cape, 4BR, 2 BTH, EIK, LR, AC, all ultra modern & updated, low heating cost, low taxes, many extras make it a warm convenient home. Walk to RR, park & schools, priced for an excellent value \$314,500. Owner/Agent 873-8654 gcm2

GARDEN CITY: MINT, brick Split on prestigious Hampton Road. 7 large rooms, 2 baths, new bath & large den. 1 1/2 attached garage. On 1/4 acre. Professionally landscaped grounds. Very suitable for professional. Broker/Owner. Motivated, asking \$478,990. 599-0707 or 747-2078. wmy2

SOUTHOLD: ONE ACRE LOT, waterfront, beautiful view. Private road with permit and plans. \$195,000. One Acre Lot, walking distance to beach. Owner \$72,500. 746-8023. wM1

GARDEN CITY COLONIAL, 3BR's, 2 1/2 Ba, LR/Fpl, DR, Large EIK, plastered walls, Den, Fin. bmt., Garage, Screened Porch. Principals only. Asking \$329K. 747-8719. gcm2

GARDEN CITY EXCLUSIVES - Mint Western Ranch. 3 BR's, 2 1/2 baths, EIK, deep property \$349,000. Brick/Stone Cape, 4 BR's, 2 baths, EIK, great property \$379,000. Just Reduced! Motivated owners! Must Sell! Central Section Contemp, 3 BR's, 3 1/2 baths, family room, over 1 1/4 acre, CAC, 2 car \$415,000. Centrally Located Mint Ranch, 4 BR's, 2 1/2 baths, family room, ultra modern EIK, 2 car, CAC, central vac, 1/2 acre. \$500's. Preferred Location CH Brick Colonial, 4 BR's, 4 1/2 baths, family room, 2 car, over 1 acre, inground pool. \$600's. Vera Atamian 354-1994. gcmY1

PT. LOOKOUT NEW exclusives, Prestigious Investment Properties 45 minutes to New York City. Mint Beach House, 1 Car Garage, \$223K 40' On Reynolds Channel w/bldgs. \$298K Quality Cedar/Stone Contemp. \$339K Spacious 4 BR Home, 2 Lg. lots. \$339K Rare Mineola Ave., 4BR Home. \$375K Stately Home, 2 Car Gar., 3 lots. \$425K Villa, Furn., pool, many amenities. \$575K Hug Real Estate 431-8000 gcmY1

SOUTHAMPTON WATERVIEW - RURAL Charm & Privacy. 4BR Contemp., Decks, Pool, Jacuzzi. Walk to Bay. Reduced to \$350,000. 287-2843. gcm2

SOUTHOLD WATERFRONT HOME 100 feet with deep water dock. Completely modern & newly decorated 3 double BR's, 2 full Bths, Fin. Rm/Fpl, oversized screened deck overlooking inground pool. Location! Location! Location! 741-2832. gcmY1

Real Estate for Sale

CATHEDRAL GARDENS BRICK Colonial. 3BR's, 2 1/2 Baths, 70x125 corner property. \$210K. Owner. 538-2082. gcmY3

GARDEN CITY SOUTH - Mint Maintenance Free, 3/4 BR's, Office, Den, Fin. Bmt. with separate entrance. Redone Kitchen with tile floor, LR/Fpl. Walk to RR. Low Taxes. \$255,000. 292-2112. gcm2

ESTATES RANCH IMMEDIATE sale. Owner relocating. 4 BR's, 3 New Bths., New Country Kitchen, 2 Car. Sprinklers, Alarms. Price reduced \$425,000. No brokers. Days, 746-3010; Eve & Weekends, 741-5477. gcmY4

CUTCHOGUE CHARMING YEAR Round Ranch, wooded 1/2 acre on way to Nassau Point bay community. Walk to beach, deeded mooring rights. LR/fpl, DR, EIK, 2/3 BR's. Owner \$165,000. (718) 454-8134. gcmY3

RIDGE, LEISURE GLEN, Beautiful Greenport Model 2 BR, 2 Bath. Many extras. \$210,000. 744-0915. gcmY3

GARDEN CITY PARK-MAINTENANCE FREE Colonial. 3 BR. 1 1/2 baths, Anderson windows, new gas heat, deck, New Hyde Park Schools, \$179,990. Call Brenda at Patricia Rummel R.E. 746-5320. WAp5

GARDEN CITY BORDER/WEST Hempstead. Absolutely mint. LR/FPL, DR, EIK, 3 BR's, 2 baths, patio, porch, 40x100. \$179,000. Principals only 483-4922. gcmY3

GARDEN CITY CONTEMP. Bright & spacious 3 BR's, 3 Bths, study/TV RM., & garage on ground level, finished Bmt., underground sprinkler system etc. Reduced asking price to \$352,000 by owner. 437-7934. gcm3

STEWART MANOR, 3 BR's, 2 bath Colonial duplex, LR/Fpl, FDR, EIK, finished basement, new siding \$219,000. By owner 327-0964. gcmY4

ENGLISH TUDOR - GARDEN City Estates. Split layout, LR/Fpl, DR w/built-ins, EIK for 2, 3-4 BR's, 1 1/2 Bths, Fin. Bmt., 1 car gar. screened porch, nice yard, excellent closets/storage; easy maintenance, 40x100 plot. Top locations; near schools, trains, stores. Owner anxious for quick sale. Make offer! Asking \$330,000. Principals only. Call now! 747-4572. GCMY3

CHARMING 3 BR ENGLISH TUDOR, Garden City. 1 1/2 Bths, new EIK, LR, DR, All new heating, gas burner, new stucco. 60x100. Asking \$270,000. Also for rent \$1,800 monthly. 325-2273. gcmY2

GARDEN CITY - BY OWNER. Center hall Ranch, 3 BR's, 2 Bths., New EIK, Garage, roof terrace, CAC, inground sprinkler. \$322,000. Call 246-5404. gcmY2

Real Estate for Sale

GARDEN CITY COLONIAL 3
BR, 1 1/2 Bths., LR/Fpl, DR, EIK,
Fin. Bamt., Screened Porch,
professionally landscaped. Low
taxes. \$345,000. Principals
only. 741-9262. gcm2

GARDEN CITY - SPACIOUS
3 BR, 2 1/2 Bths., LR/Fpl, DR,
EIK, Den, Fin. Bamt., 2 car,
RR, quiet area. \$299,000 Owner
(212) 473-0628. gcm2

CUTCHOGUE - NASSAU
POINT Bayfront expanded
Cape. Spectacular sunsets from
this 6 BR, 3 bath home. Sandy
beach top location. Exclusive -
\$595,000. Cutchogue - Nassau
Point Waterfront. Cozy &
charming retreat on boating
water with glorious open views.
3 BR, 1 1/2 baths. Our exclusive
\$310,000. Cutchogue - This 3
BR Ranch has it all! New custom
EIK, formal DR, LR w/fpl,
finished basement, OHW/CAC,
heated in-ground pool, hot tubs
and much more. Asking
\$295,000. Mattituck - Water-
view. Walk to Sound Beach
from completely re-built 3 BR,
2 1/2 bath home. Lovely views of
Long Island Sound. An unusual
offering. \$205,000. Southold -
Lagoon front. Plenty of room
for family & friends. 6 BRs, 3 1/2
baths, LR w/fpl, family room
and large deck. Lovely views.
Outstanding value. \$315,000.
Greenport - Lovely water-
views and deeded right-of-way
to sandy bay beach. Wonderful
year-round vacation home. 3
BR, LR w/fpl & low taxes. An
unusual find. \$169,000.
Marion King Realty
734-5657. gcm1

FLORAL PARK CREST -
Legal 2 family 2 BR apartment
upstairs w/EIK & large LR, 2
BR apt. on main floor with
FDR, Large EIK, family room,
finished basement with
separate entrance, 2 car garage,
60 x 100. \$229,000 437-7372.
Principals only. gcm3

GARDEN CITY ESTATES,
Section Updated 4 BR, Colonial,
3 Bths., EIK, CAC, low taxes.
Reduced to \$399,000. Principals
only. 747-2794. gcm4

GARDEN CITY ESTATES,
4BR's, 2 baths, expanded
Ranch. DR, LR, large family
room/Fpl, modern EIK, finished
basement with cedar store
room, quiet street. Walk to
schools, RR. \$425K Principals
only. (516) 248-3699. gcm4

GARDEN CITY MINT 3 BR
Colonial, 1 1/2 baths, LR/Fpl, DR,
family room, EIK partially
finished basement, patio,
garage, alarm, in-ground
sprinklers. Reduced & priced to
sell. \$329K firm. Principals
only. 747-3604. gcm4

GARDEN CITY COLONIAL
Mint 4 BR's, 2 1/2 baths, LR,
FDR, den/Fpl, EIK, laundry
room plus 4 room suite, profes-
sional/Mother/Daughter, 1/2
bath, CAC, sprinklers, 2 car
garage. Asking \$469,000.
(516) 538-1812. gcm4

DO YOU HAVE A SERVICE
to advertise? Our Service
Directory is sure to bring
results. Call 931-0012

Real Estate for Sale

GARDEN CITY ESTATES by
owner. Mint condition. 4 BR's,
2 1/2 baths, side hall Colonial on
manicured lot with beautiful
deck. LR/Fpl, FDR, modern
EIK. Finished recreation room
in basement. New appliances.
Low taxes. Principals only. 741-
6550. \$379,000. W-MY-4

NORTH FORK, L.I. Prime
Gardner's Bayfront Vacation
luxury in a 14 acre community.
Amenities galore, spacious
units starting at \$129K. Susan
Haddock, Broker
477-8657. gcm4

JAMESPORT (WATERVIEW
TERRACE) year round vaca-
tion home on oversized plot.
Short walk to sandy Com-
munity Bay Beach & Marina. 3
large BR's, 2 baths all in great
condition. Sprinklers, gas heat,
garage, large screened porch.
Exclusive. Asking \$139,000.
Laurel Bayfront Beauty at
low price of \$365,000. Offering 5
room expandable Ranch in good
condition. 2 BR's, 1 1/2 baths plus
rustic guest house with bath
and fpl. heated, fantastic beach
and views. Bookmiller Real
Estate 722-4423. gcm1

SOUTHOLD BAYFRONT - A
20's Cottage on a beautiful bay
beach. Bring Bob Villa &
\$379,000. Cutchogue, First
Offering. Light & airy 3 BR, 2
bath Contemp. LR, family
room/fpl, deck & water rights
\$220,000. Cutchogue
Country Charm at its best.
Cathedral ceilinged LR/Fpl,
DR, enclosed front porch, 3
BR's, 2 baths. Peaceful location.
\$195,000. Marilyn Lang Realty
734-6472, 734-6890. gcm2

SOUTHOLD TOWN OVER 1
acre of rolling hills leads to wide
expansive bayfront setting,
featuring 11 rooms plus 1/2 as
many baths all of which require
your special touch. Sandy beach
and spectacular views. Call
Abatelli Realty
734-6000. gcm1

GARDEN CITY ESTATES
Tudor - 3BR's, 2 1/2 Bths. Den,
Large LR/Fpl, DR, EIK,
baseboard heat gas/hot water, 2
car garage, new thermo win-
dows, new driveway. \$329,000.
Owner 294-8214. gcm2

FRANKLIN SQUARE, NEW
Townhouse. 3BR's, 2 1/2 Bths, move-
in condition, skylights, new car-
peting and tiles, full basement,
CAC. \$170,000, by owner,
488-3287. Neg. gcm2

Co-Op For Sale

GARDEN CITY CHERRY
Valley. Mint, second floor, 2
BRs, new kitchen, bath, carpet.
Private corner, large garden.
Will trade for your Garden City
home. \$115,000. 742-
8659. gcm3

MINEOLA, KING SIZE.
Luxurious 2 1/2 Bths., ultra mod-
ernized wall, A/C, carpeted,
20' LR. Walk-in-closet, newly
decorated, dishwasher, Elegant
lobby. Vacant. Walk to RR.
Hospital. Maintenance \$385.
Asking \$84,900. Owner financ-
ing if qualified. Stan Hirsch
Realty. 292-9840. gcm2

Co-Op For Sale

GARDEN CITY - HEMP-
STEAD. The Mulford. Must
sell. transferred. Large 1BR.
EIK, oak floors, high ceilings.
Lots of closets. Walk to LIRR.
\$39,000. 292-0483. gcm2

CATHEDRAL GARDENS -
HEMPSTEAD. Spacious 1BR
Co-Op, southern exposure.
Completely renovated. Main-
tenance 79% deductible, \$52K,
neg. \$38-9464. gcm2

MINEOLA HORTON HOUSE
Co-Op: Front apartment, 1BR,
New Kitchen, New Bath, loads
of closet space, Air Condition-
ing. Parking available on and
off premises. Principals only.
\$78,000. 741-5210. gcm4

MINEOLA/GARDEN CITY
BORDER - Oversized modern
large studio, separate
kitchen/dishwasher, carpeted,
A/C, washer/dryer. Walk to RR
& Shopping, Corpus Christie.
Low maintenance, parking.
\$61,900 Owner 594-1406.
gcm3

GARDEN CITY CO-OP
Sunny 2 BR, Second Floor, 1
Block LRR and all shopping,
refinished floors. \$116,000.
Leave message. 873-9469.
gcm3

GARDEN CITY CHERRY
VALLEY Co-op. Spacious 1BR,
new EIK, Prime location. Walk
to RR and stores. Maint. 80%
deductible. Principals only. 742-
6843. Must see. Mint Cond.
\$82,000. gcm3

MINEOLA, GARDEN
PLAZA. Large 2 BR, beautiful-
ly renovated. Ideal location.
Walk to RR, shops hospital.
Only \$115,000. 294-1330. gcm1

1 BR CHERRY VALLEY Co-
op, totally renovated, storage
space, CAC, full amenities,
must see. Will take any
reasonable offer. Mid \$80's.
Owner anxious. 248-
5347. gcm3

GARDEN CITY 7th Street, 2
BR apt, large rooms, EIK,
bright & sunny, new wall to
wall, A/C in each room. Walk to
RR & shops \$120,000. Must
sell. Owner 294-3244. gcm3

CO-OP MINEOLA - GAR-
DEN PLAZA Park Model. 2BR,
2B. Needs TLC. 24 Hour
Security. Laundry in building.
Parking available. Credit check
and Board interview required.
Great space. A steal at \$90,000.
Call Anne Hartigan, Smith &
DeGroat. 248-1468. wmy1

GARDEN CITY 2BR - Second
floor and unit facing 15th
Street. A/C, washer/dryer, attic,
garage. \$109,000. 294-0269.
gcm4

GARDEN CITY, CHERRY
VALLEY Mint, first floor, 1BR,
new kitchen, carpet. Maint.
70% deductible. Best
reasonable offer, upper \$80's.
Principals only. 488-5718.
gcm4

CHERRY VALLEY, 1BR
Second floor, court yard.
\$57,500. Call 775-5736. gcm4

Co-Op For Sale

ATRIUM PLAZA, 1BR, 1Bath,
Duplex, EIK, 1 gar Rent/Buy
Carlike House, 2BR, 2 new
baths & kit + Gar \$275,000
Cherry Valley, 2BR, 1Bath,
LR, EIK, CAC \$59,000
2BR, new bath \$115,000
Mineola's Harrison House,
1BR, 1Bath, CAC, Lndry, 10'
ceiling \$129,000

Mineola "Horton House" 1BR, 1
new bath, Walk all \$70's
Mulford Place, LR/Fpl, DR,
Den, 1BR, 1Bath corner
\$85,000

Stewart Franklin, 2BR,
1Bath, LR/Fpl, DR, EIK, Rent
or \$129,000
LR/Fpl, DR, EIK, 3BR, 2Bath,
rent or \$225,000
Mint 3BR, 2Bath, LR/Fpl, DR,
EIK \$250,000

Stewart House Lg Studio in
top building \$79,900
2BR, 2Bath, common charges
\$850 \$99,000
Dougall Fraser Real Estate
248-6655 gcm1

HEMPSTEAD, WENDELL
TERRACE Co-Op, bank
foreclosure. All new windows,
kitchen, appliances, wall-to-
wall, elevator and security. \$25
sq. ft., 1BR, \$22,900. Call Bar-
bara Brylski, lic. sales agent,
The Prudential L.I. Realty,
354-6500, Ext. 242. gcm1

GARDEN CITY -
STEWART/FRANKLIN build-
ing. Old World Charm in this
spacious 2BR Co-Op. Top floor,
LR/Fpl, EIK, A/C, \$139,000.
Make offers. 294-5696. gcm4

EAST 56th STREET CO-OP
\$81K, Spacious, bright, alcove
studio, 24 hour doorman. CAC.
Owner (516) 748-5194. Or Rent.
gcm2

Co-Op For Rent

CO-OP MINEOLA - GAR-
DEN PLAZA York Studio
Model. Excellent condition.
Sleeping Alcove. Parking avail-
able. Laundry in building.
Credit check and Board inter-
view required. Great for single.
\$760 mo. Lease with option to
buy. Call Anne Hartigan,
Smith & DeGroat. 248-1468.
wmy1

CO-OP MINEOLA - GAR-
DEN PLAZA Absolutely mint,
1BR unfurnished, Madison II
Model. Galley kitchen, dining
area, spacious, new bath. park-
ing available. Laundry in build-
ing. Credit check and Board in-
terview required. Perfect for
professional couple. Lease
\$1,000 mo. June 1st occupancy.
Anne Hartigan, Smith &
DeGroat 248-1468. wmy1

MANHATTAN, MID-TOWN
APT. 3 1/2 Rooms, 324 E. 50th
Bet. 1st & 2nd, Apt. 2B. Pre-
war building. \$1200/mo. 747-
0018 or 294-3960. gcm3

Real Estate For Rent

HOUSE FOR RENT Wheat-
ley Schools/Mineola. 4 BRs, 2
baths, LR, DR, carpeted.
Closets galore. Huge fin.
bamt/playroom. No fee. \$1350
per month. Call owner,
746-3141. wmy2

Real Estate For Rent

STOREFRONT FOR LEASE
-Mint condition. Available
Spring, 1993. Willis Avenue
Between Fordham & Harvard
Sta. Perfect for retail store or
professional office. 2100 sq. ft.
\$1,300 per month. No fee. Con-
tact owner 746-3141. WMY3

GARDEN CITY LOVELY
quiet furnished room. Private
entrance, bath. Mature, non-
smoker preferred. References.
746-0018. gcm4

WEST HEMPSTEAD
-PRIME President's area. At-
tractively furnished apartment.
Bring outdoors inside! Newly
renovated 3 room, kitchen, 1
BR, LR w/skylights, deck with
sliding glass doors overlooking
tall pine trees. White wall to
wall, A/C, cable. Near Southern
State Pkwy. 15 minutes JFK.
Owner \$895 includes all. 292-
0582. gcm3

GARDEN CITY EXCLUSIVE.
Brick & Stone widevine Cape.
LR/PL, full DR, 4 BRs, 2 baths,
EIK, 1 year lease, \$2,300. Vera
Atamian. 354-1994. gcm1

FLORAL PARK/BRICK at-
tached 2 BR, 1 1/2 baths, LR,
DR, mod. kit, washer/dryer,
garage, yard. No pets. \$1,000.
Principals only. 326-2359.
gcm3

EAST MEADOW 1 BR, Apt.
small EIK, full bath, brand
new. Non-smoker. Female
preferred. June 1st occupancy.
\$575. 579-8489. Leave
message. WMY3

ALBERTSON COMPLETE-
LY RENOVATED 2 BR Cape,
1 1/2 baths, LR, DR, Bamt,
garage & yard. Herricks School
District. Near all. Available
June 1st. \$1,300. by owner. 747-
6962/746-8023. WMY3

BELLEROSE 1 BR APT.
LREIK, W/W carpet, newly
painted, full bath, near RR, bus
& stores \$600 per month.
(718) 347-4000, (516) 292-0302.
gcm2

LYNBROOK APT/HOUSE.
Large 2 BR Apt, EIK, Lg. LR,
DR, Full Bath, New Windows,
all hardwood floors, Fresh
paint. Includes Lg. fenced in
yard & Lg. Bamt. storage with
laundry. facility (new
washer/dryer) Great location,
off street parking. Available
June 1. \$1,095 plus utilit.
746-6860. gcm1

FIRST STREET VICINITY 4
Room Apartment. All new
stove, refrigerator,
washer/dryer, wall to wall. Mint
condition, private entrance,
thermostat. One person only.
No pets. \$650 all. 481-2884.
gcm2

ROOMMATE WANTED TO
share large 2 BR Apt. in
downtown Garden City. Walk to
stores, LIRR. Professional
woman only. \$625. Call 747-
4765 evenings. gcm2

FURNISHED ROOM FOR
rent. Garden City, nice area.
Female student, non-smoker
preferred. \$85/week. 741-4865.
gcm3

Real Estate For Rent

GARDEN CITY LARGE, QUIET room for working gentleman. Some partial use of kitchen. Telephone interview. References, security. Near bus. Walk to RR. 742-2726. gcm1

WILLISTON PARK Apt. to rent, 51 Harvard St. 2 BRs, EIK, LR, full bath, gas incl. \$850. Working couple preferred. See Apt. all day Sat. & Sun. Please call (516) 746-4757 or (718) 381-6287. wM1

ROSLYN STUDIO APT. Full Bath, Kit., 1 BD. Private entrance, parking. Single person., no pets. \$500 plus utilities. Owner. 746-8023. wM1

GARDEN CITY CHARMING Contemp. 3 BRs. 1 full, 2 half baths. New EIK, LR, DR, Den, Patio. Walk-in cedar closet, dark room, washer/dryer. Attic & basement storage. A/C. No pets. Owner. \$2,250. 747-4919. gcm1

GARDEN CITY BORDER Luxury apartment building. 1 BR Apt. + Den. Large bright rooms, A/C, new Kitchen & Bath. No fee. \$850. 489-3010 days. 483-7449 eves & week-ends. gcm2

WILLISTON PARK GREAT 3 rooms plus large bath. Free utilities \$725. 742-5403. gcm2

MINEOLA. TWO SEMI-FURNISHED Rooms. Separate entrance, full bath, parking. One year lease. Quiet home. Professional male preferred. \$475. 294-9285. One month security. wmy4

FRANKLIN SQUARE ROOM for rent in private house with kitchen privileges. Walk to stores & transportation. Non-smoker, working female or student preferred. \$375 a month. Call after 6 p.m. except Mondays. 355-0610. Avail. immediately. gcm4

FRANKLIN SQUARE STUDIO BR/LR Combo, EIK, Bath. Available as of June 1. Private entrance, non-smoking business person preferred. No pets. Call after 5 p.m. \$500 a month, utilities included. 565-2078. gcm4

NEW HYDE PARK - BRIGHT, sunny, newly decorated 3 1/2 rooms. Large EIK, LR with skylights, BR full Bath, hardwood floors, new appliances. Private front entrance in attractive 2 family house, quiet residential area. Abundant closets/storage. Walk to all transportation & shopping. Professional, non-smoker, references, lease. 488-4815. gcm4

GARDEN CITY BEAUTIFUL 3BR Apt., 2 Bath, LR, DR, EIK. No pets. Two months deposit. Rent with option \$2,300. 877-2847. gcm4

GARAGE AVAILABLE, WESTERN Garden City. Walk Stewart Manor RR and New Hyde Park RR. \$85/month. Call evenings or leave message. 354-2401. gcm4

Real Estate For Rent

WEST HEMPSTEAD - LOVE-LY Large Furnished Room, nice neighborhood. Conveniently located. Private entrance. Non-smoking. Professional male preferred. A/C. Available June 1, 1993. Ref. and Sec. \$450 monthly, excludes electricity. 489-5941 or leave message. gcm4

ROCKVILLE CENTRE NORTH - 3 1/2 Room Apt., LR, 1 1/2 BR, Kitchen and Bath, private home, off street parking. Use of yard. Available July 1. Calls accepted until 10 p.m. 766-8496. gcm4

GARDEN CITY, SEVENTH ST. 2BR Apartment, large rooms, EIK, bright and sunny, new wall to wall, A/C in each room. Walk to RR and shops. \$1,150. No fee. 294-3244. gcm2

ROCKVILLE CENTRE - 2BR, large LR, large Kitchen, near RR & shopping. \$950. 763-5350. gcm3

Vacation Rental

SHELTER ISLAND MODERN Ranch, 1 acre water-view, 3BRs, 2Bs, full Kitchen with dishwasher, washer/dryer, Fpl, full deck. Walk to attended beach. Bright, sunny, breezy, perfect for family with children. Memorial Day - Labor Day \$8,000. 746-3358. gcm1

SANIBEL ISLAND, FLORIDA. Tropical paradise Sundial Beach and Tennis Resort. Soft courts, golf, 5 pools, all sports, 2000' beach, restaurants, shopping. Complete Gulf-front resort. 1, 2 & 3 BR Condos, full kitchens. Rent daily or more. Special Packages/Low off season rates (516) 746-2211. gcm2

SOUTH JERSEY SHORE, Sea Isle. 2BR, 2Bs, 1/2 block to beach. Balcony, CAC, Washer/Dryer, Dishwasher. Close to Atlantic City Casinos/Cape May. Monthly or seasonal. Ann 432-2917. gcm1

HAMPTON BAYS - NEW CO-OP overlooking Shinnecock Canal. Two blocks beach, dockage, boating, swimming, fishing. Dishwasher, microwave, washer/dryer, cable, VCR, Jacuzzi, two patios. Call 775-6943 or 723-0312. hmy1

ENJOY YOUR SUMMER in Garden City. Lovely 3 BR, 1 1/2 Bths., home on quiet street. Available for July & August. \$3,500 for season. Gardner included. 328-7406 after 4 p.m. gcm1

SOUTHOLD COUNTRY HOME, 3 BRs, fully equipped, lg. screened porch. Walk to Priv. Beach. Washer/Dryer, cable, immaculate. By season or monthly. May, June, Sept. \$1,300 monthly. July or August \$2,000 monthly. 334-0196. gcm2

MATTITUCK LOVELY SMALL Colonial cottage, Fpl, heat, furnished & -equipped. Suitable for couple. Private bay beach. July to October \$5,500. Wingate 477-2642. gcm2

Vacation Rental

SOUTHAMPTON SPACIOUS & MINT contemporary on two private acres. 3 BR w/separate master suite. Huge cathedral LR/DR, 2 1/2 Bths., patio and terrace. Modern Euro kitchen. Alarmed and cable ready. All appliances. Five minute walk to beautiful Peconic Bay beach. August to Labor Day, \$4,300 + security and utilities. Owner 746-4314. gcm1

POCONOS 3 BR RANCH in Lake Community. Swimming, tennis & vacation activities. House spotless, washer/dryer, microwave, 2 decks, FPL. Walk to lake, horseback riding, quality restaurants & shops nearby. \$350 a week. 379-8447. gcm2

MT. SNOW /HAYSTACK. Large fully equipped 4 BRs plus loft, 2 1/2 Bths. with color TV, VCR, microwave. Avail. by the week or week-end. Beautiful views, lots of privacy. Near golf courses & lakes. Call 466-6120. gcm3

LOCUST LAKES, POCONOS. New home in family recreation village. 3 BRs + loft, 2 baths, FPL, large screened porch. Close to lakes \$625. per week. (717)824-7630. gcm2

GREENPORT CONDO - BAY, pool, tennis, boat slip. Bright, cheerful, great views. Upper 2 BRs (queen plus 2 twins) 2 Baths, A/C, Fpl, Piano. Large private deck, newly painted. July 2 - Sept. 2, \$6,600 plus utilities. 477-2642 (res.), 765-1844 (bus.). gcm3

SHAWNEE, PA. - 9 BR Riverside Inn on ten acres. Beautifully appointed with 80' screened porch. Scenic location. Active vacation area bordering National Park. Household needs supplied. Weekend or longer. Weekend \$800. 248-4963. gcm3

SOUTHOLD WATERFRONT, 3BRs, 1 1/2 Bath Ranch, Deck, 1/4 acre, \$1,500 monthly for May, June and Sept. \$2,000 monthly for July and/or August. \$7,000 a season. Available yearly. Call 746-0551. gcm3

FLORIDA, MARCO ISLAND Condo, 2 BRs, 2 baths, pool, steps to Gulf beach. Available weekly/monthly. Seasonal rates. (718)352-5798. hmy2

MONTAUK - WALK TO Private beach etc. 3 BR, 2 Bths., deck, well equipped kitchen incl. washer/dryer, dishwasher. June 25-July 30 \$4,200, July 31-Sept. 7 \$4,800. Min. 2 weeks. 668-6032. gcm4

MYRTLE BEACH, 2 BRs, 2Bths Condo near Restaurant Row. 1 1/2 blocks off beach, CAC, CTV, VCR, Washer/dryer, dishwasher, indoor/outdoor pools, 2 balconies. Sleeps 6. Reasonable rates. Call 294-8132. gcm2

SOUTHAMPTON, 4 ER's, 2 1/2 Baths, pool, walk to Village, near ocean beach. Families only. July/August. \$8000/month. 283-2434. gcm3

Vacation Rental

MONTAUK SPRING Getaway special. 4 nights \$225 a couple. 2 rm. suite, heat, full kit. Sleeps 4. Walks, dining, shopping. Hundred feet to beach. Also for sale. \$38,500. Immaculate. Call 724-5572. gcm1

Real Estate Wanted

MINEOLA FAMILY LOOKING For North Fork rental. Walk to Peconic Bay. 7/5 to 7/11. \$450. 741-4369. wmy2

MATURE, IMMACULATE couple presently living in Florida desire a furnished summer rental, starting the first week of July, in order to be near their children. 567-4327. gcm2

APARTMENT OR HOUSE wanted to rent July and/or August. Middle age couple, non-smoker, no children, very neat. Northeast side of Garden City preferred. Days/Evenings 294-7343. gcm3

PROFESSIONAL COUPLE NOW renting, needs 3-4 BR house in Garden City. Style optional. Prequalified mortgage, up to 400's. No brokers. 564-0475. gcm4

PROFESSIONAL GARDEN CITY family looking to rent 3BR home. Non-smokers, no pets, immaculate. Excellent references available. June 1 occupancy. Please call 775-1353. gcm4

CAN BUY YOUR House now. Young couple with 2 children. Must be prime location (Estates, Mott). Can go to contract immediately. No Real Estate. Can spend low \$300's. Can be handymen's special. 561-3824. gcm1

For Sale

FOUR CHILDREN'S 2-WHEEL Bikes plus one scooter. Prices and condition vary, \$20 to \$50. 741-8094 after 4 pm. gcm1

CASTRO CONVERTIBLE, twin size. Inner spring mattress, perfect condition. Seldom used. New \$600. asking \$250. Call 747-8870. wmy2

MOVING SALE: Like new aluminum outdoor patio set - includes 54" octagonal table with umbrella, lounge and six matching chairs, all with cushions. \$700. Brand new never used - 68" love seat tuft-backed, rolled arms, pinks and wines in off white. \$500. 746-6909 after 4:30. wmy2

BEAUTIFUL BLUE FLORAL Sofa Bed, good quality, like new. \$350. Call 352-7487. wmy2

DINING ROOM, CONTEMP. solid oak, table with leaf, 6 chairs, lighted curio, server, custom table pads. Mint condition. 746-4109. gcm1

HI RISER, CHICCO Double stroller, large carriage, single stroller, rockaroo, tricycle, baby seat, car seat, car booster seat, bed rail & more. Call 873-0925. gcm1

For Sale

GASOLINE POWERED GENERATOR, new electric range, dining room table, Smith Corona electric typewriter, 2 computer tables, kitchen chairs & other items. 741-1098 afternoons or evenings. gcm2

PORTABLE DOG KENNEL W/door, 14' x 24' x 4' high, chain link. Call after 6 p.m. \$200 747-6798. gcm1

OUTDOOR SWING SET and 2 scooters for sale. Good condition. Best offer. Call evenings. 326-8809. gcm1

GARDEN CITY, MOVING. House clearance, washer/dryer, twin maple bed & foot board, king size cherry headboard, king size water bed mattress, old records. No toys. 873-9720. gcm3

MOVING - OVAL TABLE with 4 or 6 chairs, \$250; living room sofa, chair, table with 2 lamps, \$300; 6 Drawer bureau with mirror, \$80; twin bed, \$25; 2 desks, \$20 & \$10; table \$5. Call after 6 p.m., or leave message. 355-0610. gcm3

TWO LOVE SEATS, DARK Grey/Purple. \$150. Refrigerator & 30" electric stove, avocado green, \$150 for both. 486-0199, 488-7330. gcm2

OAK OVAL DINING TABLE with 4 high back armchairs \$450. Oak antique china cabinet, glass doors. \$300. Both in excellent condition. Exercise bicycle \$40. 334-5315. gcm2

1980 ROCKOLA JUKE BOX 80 plays, good condition. \$750 firm. 488-7330. gcm2

FREE POOL PLUS Equipment. You dismantle. 4 years old, 21 foot round. New filter \$300. 536-2668. gcm1

STUNNING ORIGINAL CHRISTIAN DIOR plum-colored, full flowing, full length broadtail fur coat w/fox trim. Cost \$10K. Must be seen. Sacrifice. 546-0828. gcm3

18' ROUND POOL. INCLUDES filter, cover, stairs, plus much more. Best Offer. 939-0451. Please leave message. hsp4

LIVING ROOM COUCH, 3 piece sectional, 6 feet each, mauve print upholstery. As is \$250. 741-3156. gcm1

MAHOGANY DROP LEAF TABLE seats 12, \$150. Maple secretary, \$100. Woodward wrought iron furniture, 8 pieces, \$350. All excellent condition. 747-8719. gcm2

DINING ROOM BASSETT Italian Provincial, fruitwood, pecan, mint. Buffet, glass top breakfast table & 4 chairs. \$1,100. Call 775-7463 evenings. gcm4

DIAMOND ENGAGEMENT RING - yellow gold, emerald cut. Total weight with enhancer one karat. Appraised at \$3,900, sell for \$1,800 firm. No dealers. 746-2539. wmy4

For Sale

MUST SELL! MUST SEE! Antique N.Y. Grand Piano. Very good condition. Call, leave message. Antique dealers welcome. 546-0258. wmy4

ELEGANT 5 PIECE Bedroom suite. Ivory, gold trim. 239-1064. Call after 2 p.m. gcmY4

QUEEN SIZE SOFA BED, LOVE SEAT & chair. Modern. Like new condition with plastic covers. \$800. A set of three Chrome & Glass white tables, \$200. Butcher block dinette with 4 chairs, rectangle, \$200. 354-8158. wmy4

Car For Sale

1987 TOYOTA COROLLA. Automatic, A/C. Perfect condition. \$4,500. 741-1096. wml

SUBARU WAGON 88 GL 4-W drive, all power autotrans. Cruise AM-FM stereo cassette. Clean \$5,000 firm. Call 546-0828. hmy4

1984 BUICK LE SABRE Limited, fully loaded. Has many new parts, garage kept. 59,000 miles, asking \$2,850. 488-2328. wmy3

87 HONDA ACCORD, LX - 4 DR. Auto, Alarm A/C, P/W, P/L, P/ant, AM-FM cassette, 46 K. \$5,900. 747-5709 after 6. wmy3

1982 CHEVY C 10 DELIV-ERY Truck. Low mileage, good running condition. \$1,000. Eves. 742-8037. gcm2

1976 MERCEDES 280 SEL. Classic Beauty. Mint Condition. \$3,500. 747-8759, leave message. gcm1

'89 NISSAN 240SX coupe. Fully loaded. Excellent condition. 27K miles. Must sell. Best offer. 352-5369. gcm2

1988 HONDA ACCORD LX 4 Dr. Burgundy/brown, A/C, AM/FM, auto, 66K, new parts. \$5,200. (212)410-9480. wmy2

1984 OLDS CUTLASS SUPREME, 4 door, V8, new muffler/brakes, very dependable, good condition. \$1,500. 741-1513. gcm1

1987 VOLVO 240D. Excellent condition. Call 248-0198. gcm2

1988 LINCOLN MARK VII Bill Blass series. White/blue roadster top. Mint condition, garaged. Immaculate condition. \$10,500. Evenings 248-3769. gmy3

'78 FORD STATION WAGON Suburban, excellent condition. Very dependable, many new parts. New radial tires, etc. \$925. 681-4414. Call any time. hml

1988 OLDSMOBILE Custom Cruiser Station Wagon, 9 passenger, V-8 engine, 63,000 miles, A/C, AM/FM Stereo, power windows & locks. \$3,975. Call 746-3141. wmy2

1989 BUICK CENTURY Automatic, A/C, loaded, 39K. Excellent in & out, garaged. Original owner. Oil change every 3,000 miles. Ask \$6,400. 294-0249. gcmY3

Car For Sale

1986 MUSTANG - LX - RED. Auto, A/C, AM-FM. Cruise. Looks and runs excellent. \$1,950. 746-4680. wmy3

1981 DATSUN 210, 4 DOOR, A/C, 80,000 miles. Excellent running condition. Some body rust. \$600. Evenings 742-8037. gcm2

Car Wanted

SELLING YOUR CAR? Any year, make, model. Cash on the spot. Call 623-6244. hmy3

Services

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Miscellaneous

FREE FIREWOOD.
294-6518. wM1

Bus. Opportunities

YOGURT & SUCH CAFE for sale. Owner moving out of state. Call 433-9492. gcm1

Lost and Found

FOUND - BASEBALL MITT & ball, well broken in. Grand Union's parking lot, Saturday, April 24. Call 742-5149. gcm3

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PIANO LESSONS, BEGINNERS, intermediate & advanced. All ages, 5 to adult. Learn how to read notes, theory and technique. Call Cindy or Peter. 437-6849. wjy5

Wanted

OLD GUNS, SWORDS, binoculars, old knives, hunting knives and pocket knives. Call 825-0979 or 954-1943. gcy3

DINING ROOM FURNITURE wanted by local family. Mahogany double pedestal table & 8 chairs, English style. 767-0747. gcm2

ANY TYPE ANTIQUE. Victorian or other furniture wanted. Also cut glass, silver jewelry, paintings, bronzes, dolls, frames, clocks, rugs, linens, trunks, china lamps, books. Will call for any time, any place. Call Kay & Tom. Westbury, 334-4117. goly5

Garage/Tag Sale

MOVING SALE, LAWN furniture, tools, other furniture, clothing, glassware, china, pedestals, books, bric-a-brac. Saturday, May 8, 9-5, at 6 Princeton St., Garden City. gcm1

GRANDMA'S ATTIC TREASURES & more. Portable pine bar, ping pong table, books, ice skates, white rink roller skates, lamps, household items, wing chair with ottoman, framed pictures, yarn, luggage, bric-a-brac, Christmas items etc. Something for everyone. Sat., May 8, 9-4 at 120 Chestnut St., Garden City. No previews. gcm1

GARDEN CITY GARAGE SALE, Sat., May 15, 10 to 4 pm. Twenty year accumulation; pictures, bric-a-brac, dishes, linens, curtains, baskets, kids' "stuff" good pre-teen girls' clothing, women's large size clothing. 112 Kensington Road, north of Stewart. wM2

TENT • GARAGE SALE, 86 Harvard St., Williston Park. May 7, 8, 9. All must go. 9-3. wM1

Garage/Tag Sale

TAG SALE GARDEN CITY. MUST sell entire contents of interesting old home. Charming secretary, Chippendale & Victorian sofas, antique bric-a-brac, antique clock, Lincoln rocker, estate & costume jewelry. Grandfather curio clock, antique frames, chairs, pictures, oriental rugs, oriental screen, Swiss beds, bunk beds, Country furniture including pot belly stoves, Capital Enterprise #12, coffee mill, chest, hanging store lamp, yarn winder, butter churns, carriage seat bench, crocks, harvest & sewing tables, cuckoo clocks, clarinet, books, encyclopedias, household, garden, electric mower, snow blower, 10 speed bike & much miscellaneous. Please join us at 30 Boylston St. (Clinton Rd., east on Chestnut to cor. of Boylston) Sat., May 8, 9 a.m.-2 p.m. gcmY1

TAG SALE - MULTI Family May 8, 9-3 at 153 Whitehall Blvd., Garden City. Furniture, oriental rugs, books, picture frames, glassware, collectibles, antiques etc. gcmY1

MULTI FAMILY MAY 7, 8 am-6 pm. & May 8, 8 am-2 pm at 171 Pine Street, Garden City. Absolutely no early birds. Antiques, collectibles, household goods & junk. gcm1

COLONEL JOAN GREITZ & BOB MILLER conducting professional tag sales. Call anytime for free evaluation. Also buying "all" antiques, vintage clothing, costume jewelry, prints, etchings, lithos, paintings. Immediate cash! 775-1795. wmy3

DON'S TAG SALES. Settling Estate? Moving? Spring cleaning? call Don today. 481-7255. gcmY4

SAT., MAY 8, 10-4 at 43 Clinton Rd., Garden City (park on Brook St.) Art Deco, lighted bar, grey platform, mirrored bed with armoire, children's toys & Nintendo tapes, dolls, tools & lots more. gcmY1

MOVING SALE. Sat., May 8, 10 a.m.-6 p.m., 2 Atlanta Ave., East Williston (off Roanoke Rd.) Heckman mahogany armoire style entertainment center, Lane brass & glass coffee table, antique oak writing desk, oriental rug, toys, Little Tykes large outdoor gym & much more. gcmY1

SAT. MAY 8, 9:30-6, at 55 Birch St., Floral Park Moving - must sell, restaurant equipment, plumbing, electrical, house furnishing & house bric-a-brac. Rain date May 15. 352-0423. gcmY1

Fair

OUTDOOR ART SHOW Floral Park Art League at Memorial Park (corner of Tulip & Plainfield Ave.) Floral Park. Sat., May 15 and Sun. May 16, 10 a.m. to 4 p.m. Raindate May 22 and 23. gcmY2

Novenas

HOLY SPIRIT YOU WHO SOLVE all problems, who light all roads, so that I can obtain my goals. You who give me the divine gift to forgive and forget all evils against me and that in all instances of my life you are with me. I want in this short prayer to thank you for all things and to confirm once again that I never want to be separated from you ever in spite of all material illusions. I wish to be with you in eternal glory. Thank you for your mercy towards me and mine. Say for 3 consecutive days after which the favor requested will be granted even if it appears difficult. This prayer must be published immediately. 13 Paters, Aves and Glorias. D.B. hMY1

PRAYER TO THE BLESSED VIRGIN (Never known to fail), Oh, most beautiful flower of Mt. Carmel, fruitful vine splendor of Heaven, Blessed Mother of the Son of God. Immaculate Virgin, assist me in my necessity. Oh, Star of the Sea, help me and show me, herein you are my mother, Oh, Holy Mary, Mother of God, Queen of Heaven and Earth! I humbly beseech you from the bottom of my heart to succor me in this necessity. There are none that can withstand your power. Oh, show me herein you are my mother. Oh, Mary conceived without sin, pray for us who have recourse to thee (3X). Holy Spirit, you who solve all problems, light all roads so that I can attain my goal. You who gave me the divine gift to forgive and forget all evil against me and that in all instances in my life you are with me, I want in this short prayer to thank you for all things as you confirm once again that I never want to be separated from you in eternal glory. Thank you for your mercy toward me and mine. The person must say this prayer 3 consecutive days. After 3 days, the request will be granted. This prayer must be published after the favor is granted. D.B. hMY1



Vegetarian View

By Linda Susan Dudley

Healthy and fast breakfast alternatives

Call me a snob if you will.

Call me out of touch with the mainstream.

You can even call me Ishmael, if you really want to. But, please, don't call on me to eat another gristly Vera Cruz Breakfast Burrito, Weight Watcher Cinnamon Streusel Coffee Cake or strip of Morningstar Farms cholesterol-free, artificial-bacon-flavored, textured vegetable protein.

The plan was a simple one: Offer readers a chart of the 20 best convenience breakfast foods in the supermarket.

The reality was another story altogether. After an extensive tasting of more than 40 items, all touted as salvation for on-the-go families, the chart's been scrapped, my trash compactor's had the feast of a lifetime, and my family will never take a bowl of cereal for granted again.

The grocery industry does a formidable job coming up with new breakfast ideas for the eat-and-run generation. In the freezer section are burritos, doughnuts, waffles (some with fruit topping), muffins, sausage biscuits, scrambled-egg platters and pancakes. On the shelves are ready-to-eat oatmeal in a cup, toaster strudels and tarts, granola bars and cookies and instant breakfast drinks.

Most involve some kind of opening and heating, generally in the microwave. Most get more than 25 percent of their calories from fat. Many contain whopping amounts of sodium. Most taste lousy.

It's a mystery to me why people spend upward of \$1.50 per serving to nuke mushy muffins and mealy eggs when the packaged cereal aisle is clogged with terrific cereals. Splash on a little low-fat milk and you have a tasty, filling, low-cal breakfast in less time than it takes to read the instructions on the microwave pancake pack. Ditto, some hot water in a bowl with instant oatmeal.

For those who insist on living dangerously, i.e., eating while driving on the same roads as people applying mascara, brushing teeth, talking on the phone and scalding themselves with sloshed coffee, there's always an apple or a bagel.

I will confess to a love of Kellogg's Oat Bran and Nutri-Grain frozen waffles, which can be toasted to crusty perfection in one minute flat. I'd munch a handful of Betty Crocker IncrediBites (Uny granola cookies) in a pinch. I can see a limited role for the new, ready-to-eat Quaker Oat Cups and Fi-Bar A.M. Morning Snack Bars (such as in college dorms or offices). And my kids are crazy about Eggo Minis.

However, my favorite breakfast treats are simple, fast, generally freshly made and nutritious:

• A toasted English muffin, slathered with crunchy peanut but-

ter or topped with two or three paper-thin slices of Swiss (Emmenthal or Gruyere) cheese. No need to heat; the cheese melts on the hot muffin.

• A bowl of Cheerios, Trixies or Wheaties Honey Nut Gold cereal with a sliced banana and milk.

• A toasted bagel (they freeze well) smeared with whipped cream cheese.

• A Kellogg's Nutri-Grain waffle, plain and simple.

• A bowl of quick grits, sometimes with a sprinkle of Parmesan cheese and freshly ground pepper.

Here are some recipes that put a tasty new twist on traditional breakfast foods.

GREAT GARDEN MUFFINS

1 cup grated unpeeled zucchini, well drained
1 cup grated peeled carrots
1 1/4 cups sugar
1 cup vegetable oil
3 lightly beaten eggs
1 1/4 cups all-purpose flour
1 1/4 cups whole-wheat flour
1 teaspoon salt
1 teaspoon baking soda
1/4 cup chopped nuts, if desired
1 teaspoon grated lemon or orange rind
1/2 teaspoon vanilla
Yields 1 dozen.
Preheat oven to 350 F.

Mix zucchini, carrots, sugar, oil and eggs.

Mix flours, salt and baking soda together. Stir into vegetable mixture.

Blend in nuts, rind and vanilla. Spoon batter into paper baking cups set in muffin tins, or into greased and floured muffin tins. Bake for 30 to 40 minutes.

When baked, remove from tins and cool. Store in covered container in cool place, or package muffins individually for freezing.

Note: This can also be baked as loaves. Divide batter into two greased and floured 8x3x3-inch baking pans. Bake at 350 F for 60 to 70 minutes.

A.M. SANDWICHES

2 English muffins, split and toasted
1 cup refried beans
4 slices tomato
Sliced or shredded Monterey Jack cheese
Yields 2 servings.
Preheat oven to 400 F.
Spread muffin halves with refried beans.

Top each muffin half with slice of tomato and top with cheese.

Place on baking sheet and heat in oven for 8 to 10 minutes, or until cheese is bubbly.

Or, place on microwave plate and cook at HIGH in microwave for 2 minutes.



Kids Home Newspaper

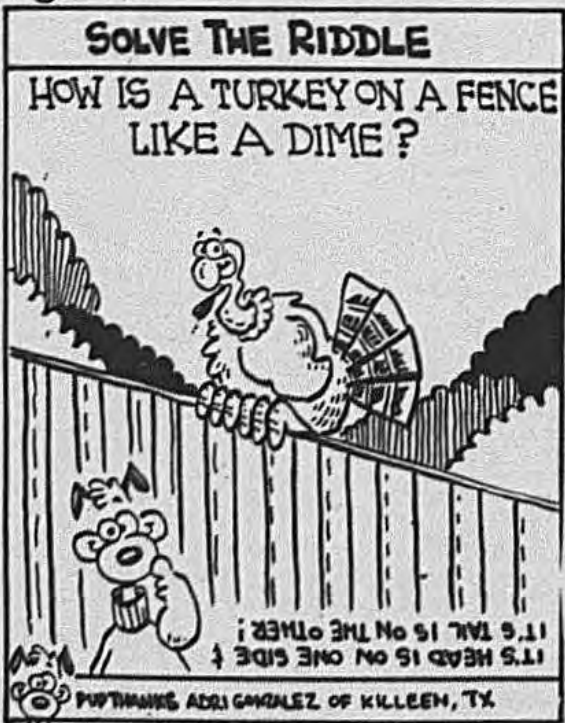


Games, rhymes, and riddles for children and their parents, too!

By J.R. Rose -

DRAW IT!

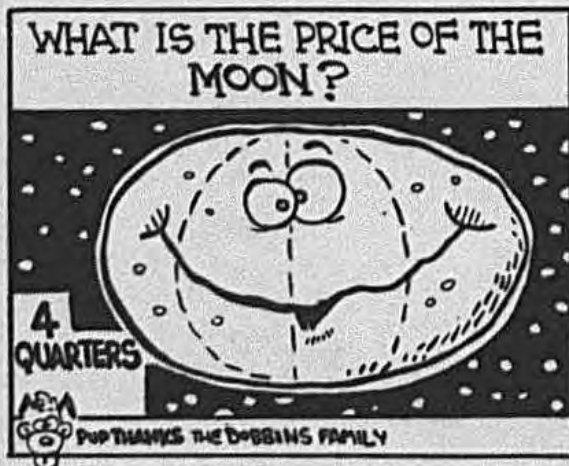
DRAW PUP ON THIS DOLLAR BILL!



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ANTIQUE OR JUNQUE

By James G. McColiam



Tete-a-tete

Q. Enclosed is a picture of my grandmother's love seat. My mother had it refinished.

Who made it, when and what is its value?



A. The correct names for your love seat is tete-a-tete and conversational. It was made in the late 19th century and would probably sell for \$800 to \$900 in good condition.

Q. The attached mark is on the back of my 11-inch-diameter plate. It is decorated with green and purple grapes with foliage.

Who made it, when and where? What is its value?



A. This mark was used by Lippert & Haas in Schlaggenwald, Bavaria, between 1830 and 1846. It would probably sell for about \$125 to \$135.

Q. I have old bone china fish figurines from an English manufacturer by the name of Beswick. Please tell me if there is any value, and what would be a source to market them?

A. Beswick figurines were made circa 1950-70 in Longton, England. The fish figurines sell from \$75 to \$150.

I don't have a list of buyers. You can find more information in "The Beswick Price Guide" by Harvey May, published by Wallace-Homestead.

Q. I have a water pitcher with a highly glazed finish. The handle is a large limb growing out of a trunk. It has raised figures of two men at a table drinking.

There are eight other figures in various poses. On the bottom is "Sarreguemines, France."

We would like to know something about this, plus its value.

A. This pitcher was made by Utzschneider & Co. in Sarreguemines, France, during the early 20th century. It would probably sell in the \$125 to \$135 range.

Q. I am seeking information about the vintage and value of four Royal Doulton figurines. A list is enclosed.

A. "Bridget," HN 2070 — 1951-75 — \$300-\$350.

"The Orange Lady," HN1759 — 1936-75 — \$250-\$300.

"Cup of Tea," HN2322 — 1964-85 — \$125-\$150.

"A Stitch in Time," HN2352 — 1960-80 — \$150-\$175.

Q. Could you please tell me the value of a plate handed down from my grandmother? There is a basket of fruit in the center and around the rim is "Give Us This Day Our Daily Bread."

All I can make out of the printing on the back is "C.T. Wasser Silesia."

A. Your plate was made by C. Tielach in Altwasser, Silesia (Germany). It was made about 1900 and might sell for about \$35 to \$45.

Letters with picture(s) are welcome and may be answered in the column. We cannot reply personally or return pictures. Address your letters to James G. McColiam

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Points on Pets

By R.G. Elmore, D.V.M.

Translating dog years into human years

Q. Our Chihuahua is 12 years old. My neighbor told me that each year of a dog's life is equivalent to seven years of a human's life. That would make my dog 84 years old! Is my neighbor's formula accurate? My dog does not act elderly!

A. The formula equating each year of a dog's life with seven years of a human's life is often used. However, it really does not have any scientific basis. While dogs generally live for approximately one-seventh of the time that their owners live, generally the behavioral and physiological development of the dog does not progress at seven times the rate of humans.

Probably a more accurate formula to equate the length of a dog's life to human life is to equate the first year of the dog's life to the first sixteen years of human life, equate the second year of the dog's life to seven human years, equate the third year of the dog's life to six

years of human life, and equate each subsequent year of the dog's life to five human years. Therefore, your 12-year-old dog's age would be equivalent to 74 years of human life.

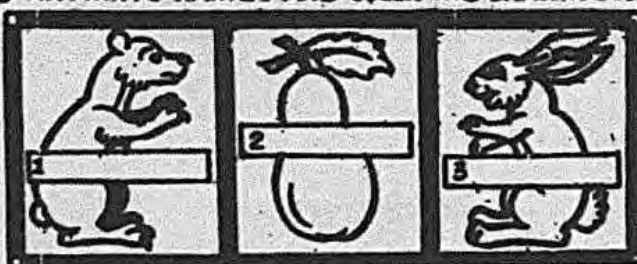
There is a great amount of variation in the rate that different breeds of dogs grow and mature. Usually, small breeds live longer than the larger breeds. It is not uncommon for dogs from the "toy breeds," such as Pomeranians, Chihuahuas, pugs, terriers, etc., to live into their late teens. Many of the members of the larger breeds, such as Mastiffs, Saint Bernards, etc., do not usually reach their teens.

While it is fun to speculate about how old our dogs would be in human years, it probably really does not make any difference. We should be careful to not try to make humans out of our pets.

JUNIOR EDITION

WIN A BIG PRIZE! ... PRINT IN THE 3 RHYMING NAMES AND CODE THE DRAWINGS.

LOZ-ENH-127-CT



RULES

BOYS AND GIRLS

Here is your chance to win One Dollar (\$1.00) - to spend or to save.

Here's all you have to do:

1. Contest is open to children 4 to 12 years of age.
2. Entries must be received by Friday, May 14, 1993

3. Paint, watercolors and crayons must be used on the above.
4. Decisions of the judges will be final.

Mail your entry (just clip our cartoon) to this newspaper at:
105 Hillside Avenue
Williston Park, N.Y. 11596

Aunt Tilly's Corner

Mother's Day is this weekend. Don't be fooled by all the advertisements that encourage you to buy expensive gifts for her. The truth is you need very little or no money at all. All your mother really needs is to know you love her. So why not give her a little of your time and attention. You can do little jobs for her during the day or make your own special card with a note from you.

The best thing to remember is that it wouldn't be Mother's Day without you!

Your friend,
Aunt Tilly

YOUR SOCIAL SECURITY

Call SS to request direct deposit

By William M. Acosta

Q. I have been reading that postal trucks are being robbed on the first of the month throughout the United States. This is starting to worry me as I receive my check at my home address. How long does it take to start receiving my checks through direct deposit? — T.H.

A. It usually takes about two months for a direct-deposit request to be processed, depending upon when during the month you call Social Security. To request direct deposit, call Social Security's toll-free number, (800) 772-1213, any business day between 7 a.m. and 7 p.m.

When you call, the Social Security representative will ask for your Social Security number, your address and the name of your bank, and your account number, so have the information handy.

Q. How does Medicare determine its approved amounts for physician services? — H.W.

A. Medicare's approved amount, also called the reasonable or allowable charge, is usually determined in the following manner:

When a doctor submits a claim, the Medicare carrier compares the amount submitted with the doctor's usual charge for the service and with the amounts other physicians in the community usually charge for the same service.

The lowest of the three becomes the approved amount.

Q. I remarried last month. I know the personnel office where I work will change my name in their records, but will they also send this information to Social Security? — R.M.

A. No. You'll need to contact Social Security and tell them that you've married and that you need to update your Social Security record. You can visit your nearest Social Security office or call the toll-free number, (800) 772-1213, business days between 7 a.m. and 7 p.m., and ask for an "Application for a Social Security Card."

After you've completed the form and submitted original documents that identify both your old and new names — such as your marriage certificate — you should receive a new Social Security card with the same number as your old card but with your new name.

The process should take approximately two weeks and your original documents will be returned to you.

YOUR SOCIAL SECURITY

The World's Most Beautiful Grandchildren



Robert Anderson Neuendorf, born April 23, 1987, and Kyle Edward Neuendorf, born May 2, 1991, to Robert and April Neuendorf of Syosset. The pride and joy of grandsons is overwhelming to Grandma (Nana) Marie Saitta, of Syosset. Wonderful to be close in mind, heart and distance...

