

In Two Sections - Forty-Eight Pages

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Local Issues



Representatives from Oyster Bay Town Clerk Carl L. Marcellino's office recently discussed local issues with members of the Central Civic Association of Bethpage. On hand for the occasion L-R: were Clerk Representative Lori DiMonda, Deputy Town Clerk Herbert A. Strelcher, Maria Osicki, Gerald Donlon and Civic Association President Michael Steingler.

Founder's Day Honors

Fork Lane's Founder's Day Honorees were Vera Faulkner, Hillary Speiber and Joanne Scott. A lovely dinner was held

at the Marriot in Uniondale, where PTA Units honored teachers and parents for a job well done. Corgrats to all!



Left to right: Vera Faulkner, Hillary Sperber and Joanne Scott.

Yevoli Against Higher LILCO Rates

Oyster Bay Town Supervisor, Lewis J. Yevoli, has criticized in the strongest terms, the Long Island Lighting Company's latest request from the State Public Service Commission for yet another increase in their rates. The Supervisor termed LILCO's request for a \$36.9 million electric rate surcharge starting in June as "The latest rip-off on Nassau and Suffolk customers who are already reeling from the highest/utility rates in America."

In a statement delivered at the PSC public hearing in Mineola on April 15, Mr. Yevoli termed LILCO's everyday operations as "Stacked in favor of the shareholders at the expense of the ratepayers who often have to leave Long Island because of the rate abuses of this utility. "We are losing the rate war with LILCO and no public official should stand by and just let it happen."

Supervisor Yevoli pointed out

that government is hit especially hard by continual rate increases which puts a heavy burden on Town and County budgets. "I am calling on State Officials to not only reject at once the June surcharge proposal, but I am also demanding that the Public Service Commission reduce the current rates by \$57 million which would be a reduction of over 2.5%," Yevoli added.

Yevoli also hit the policies that have raised LILCO Chairman William Catacascino's annual salary by another 8% to \$534,000 annually. "This is sheer greed and it comes at a time when many of our taxpayers are unemployed or are working two jobs to make ends meet. LILCO's rates are unconscionable and the PSC must start to defend the ratepayers interests and not those of LILCO's overpaid executives," Yevoli concluded.

Lightning Damage To Local Home

A thunder & lightning storm in the Hicksville area on April 1 caused some unexpected damage when lightning struck a home at 87 Tiptop Lane. The bolt struck the home at 11:30 p.m. and shook the neighborhood. The resulting fire caused considerable damage. Fire units were on the scene in minutes, but the occupants including a small child escaped. They suffered minor injuries and they were treated and released at a local hospital.

It must have been a slow News Day because "That News Van Again" (Channel 7) showed up the next morning with N.J. Burket interviewing the neighbors, occupants and Hicksville Chief, Pat Scanlon.

On April 2, Hicksville Fire Fighters were called upon to assist Westbury vamps when fire ripped through an auto parts store on State St. in New Cassel. Two engine companies and 15 firefighters responded with Chief Scanlon. The alarm was reported at 11:38 p.m. Units from Carlo Place and Jericho also worked at the scene with Westbury.

Traffic on East Old Country Rd., Hicksville ground to a halt on April 8 when a plug fell out of a diesel truck crankcase spilling several gallons of oil on the roadway which was quickly spread by passing vehicles. County police closed down the roadway creating a traffic jam in Hicksville. Hicksville fire units and the HAZ MAT unit responded and spread absorbent on the spill.

English Second Language

Free English lessons are offered to adults, 16 and older, including those who took the course previously.

Registration will be on Wednesday, May 5, at 9:30 AM and must be in person. Class size is limited.

The class dates are May 11, 12, 18, 19, 25, 28, June 1, 2, 8, 9, 15, 16. With the help of an experienced teacher, students will learn easy English words and sentences. They will practice talking and listening to others, and begin to write, read, and "think" in English.

Further information may be obtained by calling the Hicksville Public Library Public Relations department at 931-1417.



Lightning damage to upper story of Tie Top Lane home.

Craft Donations Urgently Needed

Little Stephanie Nathanson, a 6 year old Hicksville resident, will undergo open heart surgery shortly. A fund raiser, to help defray the expense, will be held at the VFW Hall on Broadway in Hicksville from 10 am to 5 pm. Craft donations are desperately needed. Please call Donna 822-7907 or Margaret 678-1291 to donate crafts for this event. Stephanie is counting on you!

The district is seeking individuals who have achieved not only professional success but have made meaningful contributions to their community or society as a whole. Individuals wishing to nominate a candidate should provide the candidate's name, address, telephone number, year the candidate graduated or attended, the candidate's business, profession or organizations, honors or achievements and please explain what characteristic or achievement makes your candidate special. In addition, individuals should include their own name, address and telephone number.

All nominations should be sent by May 5 to: Hicksville Public Schools, Administration Building, Division Avenue, Hicksville, NY 11801, Attention: Maureen Bright.

Nominations For Hall Of Fame

The Hicksville Public School District is accepting nominations for the Hicksville High School Hall of Fame. The Hall of Fame was established in 1985 to confer recognition on those graduates who have achieved distinction in their chosen profession or community; individuals who will serve as role models for the graduates of the Class of 1993 to emulate.

Hicksville Bd. Budget Hearing

The Hicksville Public School District Board of Education will hold the district's Annual Budget Hearing on Tuesday, April 27, at 8 p.m. in the High School Little Theatre.

The Board will hear comments from the community regarding the Proposed Budget for the 1993-94 school year. Residents are encouraged to attend and participate.

A copy of the proposed budget is available at the office of each of the schools and at the Administration Building, Division Avenue, Hicksville.

Letters

To The Editor,

I would like at this time to publicly announce my candidacy in the upcoming, Hicksville School Board Elections, which will be held on May 19, 1993.

For those of you who are not familiar with me, may I introduce myself to you, my name is Gary R. Lewis. I have lived in the Hicksville Community for the past 40 years, attended Lee Avenue School, Hicksville Jr. High and graduated from Hicksville High, Class of 1972. Presently married and living in the Lee Avenue area raising two children, my son a 9th grade student who attends Hicksville High and my daughter a kindergartner attending Lee Avenue School. I have been employed with the same company for the past 21 years and currently attending Nassau Community College to further my education.

The Hicksville Community has meant a great deal to me being a lifelong resident. When my son was in kindergarten, he started to play ball for the St. Ignatius Catholic Youth Organization (CYO), I became his coach. The following year, I was nominated and elected to serve as President of St. Ignatius CYO and still hold office going into my ninth year. The CYO has become a part of my life, it has been very rewarding to work with the youth of Hicksville. Five years ago I was instrumental in having St. Ignatius CYO participate in the "Hicksville Charity Tournament" to benefit the, Make A

Wish Foundation and which for the past year has been sponsored by the Kiwanis Club. I am a member of the Hicksville Athletic Booster Club and give of my free time whenever needed. Since 1985, I have been a member of the Lions Club and I have served as treasurer.

Being a graduate of Hicksville and raising my family in the school system I am very much interested in the educational programs and at the same time interested and pleased with our past budget and the outlook of our present. I commend our Superintendent, Mr. Sal Mugavero on his hard work in keeping our children's educational programs intact and our budget down for our Senior Citizens. I see a bright and exciting future for our students as well as our Senior Citizens and would like to take an active roll to ensure the current financial stability for the citizens of Hicksville while increasing the educational opportunities for our future generations to come.

Sincerely,
Gary R. Lewis

Writers Club

The Writers' Club will meet on Saturday, April 24, from 2 - 4 p.m., at the Hicksville Public Library, 169 Jerusalem Ave.

Dorothy P. Freda, fellow writer, and editor/publisher of the small press, The Pink Chameleon, will coordinate the meeting.

Come and join this informal, free gathering of writers, both seasoned and aspiring. Bring your work and present it for constructive criticism, or simply come and listen, and offer feedback.

Contest Winner



Earlier this school year, the V.F.W. Post 3211 sponsored an essay contest entitled "The Voice of Democracy." This year's theme was "My Voice in America's Future." Alana Amplo, a sixth grade student at St. Ignatius Loyola School, won third prize in her age category. Alana and her family attended the Awards Ceremony on Fri., Feb. 19. Assemblyman Fred Parola was on hand to present the awards. Alana's prizes included a letter from County Executive Thomas Gulotta, a medal, a certificate, and cash. In photo Alana Amplo, receives her awards from Assemblyman Fred Parola while V.F.W. representatives watch.

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Three Hicksville Students Named Winners

Three Hicksville students, Alexander Ganz, Timothy Silver, and Michael Dattoma, were selected as Nassau County winners in the annual PTA Reflections Program. The students were asked to interpret the theme "Imagine That" through one of four art categories: Literature, music, photography and visual arts. Students are judged in four divisions: Primary, intermediate, junior high and senior high school. Entries are judged on creative ability and interpretation of the theme.

Alexander Ganz, a second grader of Old Country Road School, was named winner in the primary level. Timothy Ganz, Fork Lane fifth grader, won in the intermediate level, and Michael Dattoma, High School Senior, won in the high school level. The three students submitted entries in the visual arts category. Their work was recently exhibited at the Nassau County Reflections reception. The three entries have been submitted to the State level of the competition in Albany.



Alexander Ganz proudly displays his Reflections Award. He is pictured with Geraldine Silver, Old Country Road Principal, and Mary Beth Becker, PTA President.



Michael Dattoma (center), Reflections Program winner, is flanked by fellow high school students and participants in the contest. L-R: Mark Haddad, Elaine Chow, Laura Mango, Karen Romanelli, and Katherine Mulholland.



Old Country Road students, all participants in the Reflections Program, proudly display ribbons and plaques they received for their entries. Pictured are: Front row: Elizabeth Walpole, Kevin Keyer, Hana Kabashi, Irmak Ayverdi, Alexander Ganz (Nassau Finalist), Thomas Lupski. Second row: Brian Ferrara, Kevin Burgoyne, Saurve Charterjee, Kimberly Robeson, Thomas Vogler, Kristen Sturtevant, Mathew Kupr, Thomas Sheedy. Top Row: Sean Schipper, Lisa Varghese, Lauren Russell, Sandra Almeida, Keith Feldman, Robert Kruper, Kirk Greapal.

Wine Tour Tickets Available

Tickets are still available for the Hicksville Public Library's Long Island Wineries and Stony Brook bus trip. The cost is \$34 per person and the trip date is Tuesday, June 8.

Ride in a luxury motor coach bus to the North Fork. First, enjoy a stroll through the St. James General Store. Then enjoy a walking tour of Historic Stony Brook. Perhaps there's some time to browse through the quaint shops before you enjoy lunch at the well known, highly rated, Country House Restaurant. After lunch your guides will narrate as you drive out to the wine country of Long Island. There on the North Fork, you will taste and tour in two of Long Island's finest wineries.

The bus will depart at 9 A.M. and will return at 6 P.M. The trip is non-refundable unless there is someone able to take your place.

LEGAL NOTICE ADJOURNED SALE NOTICE

SUPREME COURT OF THE STATE OF NEW YORK COUNTY OF NASSAU CHEMICAL BANK, Pltff. vs. HENRY SKORUPSKI, et al., Defs. Index 015458/92. Pursuant to Judgment of Foreclosure and Sale dated JANUARY 20, 1993, I will sell at public auction on the north front steps of the Nassau County Courthouse, 262 Old Country Road, Mineola, N.Y. on MAY 4, 1993 at 9:30 a.m. Premises known as 18 Albatross Road, Levittown, New York; All that certain plot, piece or parcel of land, with the buildings and improvements thereon erected, situate, lying and being at Levittown, near Hicksville, Town of Hempstead, County of Nassau and State of New York, known and designated on a certain map entitled "Section H-H and J-J, Sub-division Map of Property known as Levittown, owned by County Community Corp. located at Levittown, Town of Hempstead, Nassau County, N.Y., June, 1949, survey and maps by C.A. Monroe, P.E. and L.S. 9357" and filed in the office of the Clerk of the County of Nassau of July 6, 1949 as Map No. 4736 as and by the lot 6 in block 244. Amount due per judgment \$79,709.64 plus costs and allowances, all with interest and expenses.

Sold subject to terms and conditions of filed judgment and terms of sale.

MICHAEL LEAVY, ESQ.
Referee
PETER T. ROACH, Atty.
for Pltff.

901 Stewart Avenue
Garden City, N.Y.

THE ABOVE SALE WAS
ORIGINALLY SCHEDULED FOR April 6, 1993 at 9:30 a.m. and is being adjourned to May 4, 1993 at 9:30 a.m. at the same place.

Michael Leavy,
Referee

MIT 2701
1X 423

'Living Doll' At Nursing Home



With her witty banter and social commentary, "Sydelle" chats with Freida Konig, a longtime Hicksville resident, at the Central Island Nursing Home. With a "hand" from puppeteer Paul Weinstein, Sydelle is a frequent visitor to the facility in Plainview, where she and the ladies talk about everything from hair styles, and the latest fashions, to favorite TV programs. Rumor has it that on occasion, she has been known to flirt with some of the gentlemen residents. The Central Island staff love Sydelle because she brings out the best in the residents.

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Rave Reviews For My Fair Lady



The Rain in Spain Stays Mainly on the Plain, proclaim Steven Gansrow, Lauren Giacopino and Domenick Freda during performance of My Fair Lady!

By Joe Kilduff

On Thurs. March 18, nearly 800 Hickville residents attended the Hickville Repertory Company's presentation of the comic musical My Fair Lady. The audience, compiled mainly of Senior Citizens, was treated to a brilliant display of acting and chorale ability by Hickville High School students such as Steven Gansrow, Domenick Freda, and Lauren Giacopino.

"Kudos!" cried Senior Citizens Mr. and Mrs. Samuel Bergholtz, residents of Hickville for 41 years. "The presentation is very professional, and the acting ability of the students is superlative; especially the two main leads (Freda and Giacopino)" proclaimed Mrs. Bergholtz. Her husband, Samuel, was in total compliance: "In comparison to the various shows we have seen at other local high schools the past few years, this show in particular is far superior." The couple spoke truthfully, for Freda's and Giacopino's performances were, in short, riveting. Freda's voice bellowed throughout the auditorium in performances such as "The Rain in Spain" and "I've Grown Accustomed to Her Face." Giacopino performed with such grace and passion that would have caused Audrey Hepburn to stop and admire.

The Bergholtz's went further to say how much they appreciated the free admission granted to the Senior Citizens of the Hickville community. "We have been citizens of Hickville for roughly 40 years, and it is pleasant to see the com-

munity give us something such as this."

In addition to the Senior Citizens, there were other Hickville citizens who enjoyed the production such as Hickville PTA member Diana DePalma. Regarding the play, she proclaimed "It was a wonderful performance, the acting was superlative as was the orchestra." DePalma went further to say "Hickville has gotten a bad reputation through the press recently, but people don't realize that a few bad apples doesn't make an entire barrel. When an event such as this (the production) comes along, it helps to add to the good reputation that Hickville so deserves."

Town Meeting On April 29

Oyster Bay Town Supervisor Lewis J. Yevoli has the welcome mat out for all taxpayers in the Hickville area to meet with him at the Hickville Public Library on Thursday, April 29, at 7:30 p.m. The meeting is one of a series of spring meetings Yevoli has scheduled to update and inform our residents concerning both Town and County issues.

"I started this concept a year ago and we are now in the third series of meetings open to the public and the reception has been very positive," Yevoli stated. "I have found that people have been waiting a long time to have government become more convenient and it's for that reason that I am holding this latest series to talk one-on-one with our residents."

Where We Have Been, What We Are Doing, Where We Are Going—an Overview of the Past Two Years. The following is a summary of the Hickville School Budget Prepared in behalf of the School Board.

Over the past three years, the Hickville Public School District has received cuts in State funding totaling more than eight million dollars. In spite of these tremendous losses, last year the district produced a budget that decreased the tax rate and, most importantly, did this without hurting the instructional program or the children.

In preparing the budget for the 1993-94 school year, the Board of Education, Superintendent, Administration and citizens have been working toward their goal to continue the stabilization of the tax rate. The proposed budget, while fiscally prudent, not only preserves the integrity of the educational programs, but enhances them as well.

"While most districts have been forced to reduce services or programs, Hickville has not only survived, but we have improved our educational programs," commented Helen Laferty, Board president. She went on to say, "This remarkable accomplishment is the result of prudent school board policy and the strong leadership of Salvatore Mugavero, Superintendent of Schools." Under the direction of Mr. Mugavero, a new district budget process was developed. This process enabled the district to protect the instructional program. Through creative cost-conscious budgeting and exacting educational leadership, Mr. Mugavero has been responsible for accomplishing the following instructional initiatives: a comprehensive health curriculum, including AIDS education and special programs for increased AIDS awareness; renovation and modernization of the high school science labs to enhance the science program; an academic resource room program for science and mathematics at the high school; a new district elementary math program; revised elementary reading and writing programs, including the establishment of summer reading lists; a revitalized foreign language program; a comprehensive sixth grade middle school instructional program which includes new learning opportunities in the areas of communications, music, art and computer technology; an expanded Advanced Placement course of study program; updated elementary libraries to support the academic program; and the expansion of a comprehensive early intervention program for pre Kindergarteners with special needs.

The district has implemented many changes under the direction of the Superintendent, that have honored the School Board's commitment to provide the highest quality of education for the children of the district, always keeping in mind the taxpayers' ability to pay. Some of the changes that have impacted the instructional program are: a

Hickville Public Schools Budget:

reorganization of the supervisory staff that has resulted in K-12 continuity of subject areas; an improved supervisory and evaluation process, including extra-curricular staff; a greater emphasis on teacher absenteeism resulting in a decrease in absences; a supervision and evaluation plan for substitute teachers, resulting in the elimination of all unsatisfactory performing substitutes; establishment of a verification of residency and new registration process for students, eliminating over one hundred students who did not legally reside in the district; expansion of the high school intern program and establishment of the school/business partnership with LILCO on an ongoing basis; establishment of new guidance standards for counselor/student sessions; and actively conducted Superintendent Disciplinary Hearings in order to establish an atmosphere conducive to learning at the high school.

The Board of Education and Superintendent have protected not only the quality of education for our children, but the investment of the taxpayers in the district. Business office procedures have been revised; transportation procedures with new efficiencies have been established at a great savings; the district plants and equipment have been modernized; both the interior and exterior condition of the school buildings have been upgraded; new bidding practices instituted; the purchase of district vehicles to better serve the Special Education population has produced a savings; stricter budget controls have been implemented; and overtime in the facilities department has been greatly restricted.

The proposed budget for 1993-94 includes many educational highlights that maintain the district's commitment to ex-

celle in education. The proposed budget is, however, responsive to the financial pressures which affect every area of the community and will stabilize the tax rate. A full discussion of the 1993-94 Proposed Budget will take place on Tuesday, April 27, at 8:00 P.M. in the Senior High School.

Bike Trip To N. France

Armchair travelers take note! Join Melvin Brenner as he takes you on a solo bike trip through Normandy and Brittany on Wednesday, April 28, 1993, 7:30 p.m. at the Bethpage Public Library.

Mont-St-Michel will leave an indelible impression on you with its unique setting and architecture, and its historic Romanesque Abbey. Then, you'll travel through the quaint, sleepy little villages, and get acquainted with the real people of France. They've shared a bottle of wine and conversation with Mr. Brenner, and he is eager to share his stories with you.

This two-wheeling adventure will warm your heart, and make you eager to meet the faces of France. Don't miss this latest in our series of armchair travel.

Admission free - All welcome

The library is located at 47 Powell Avenue, two blocks west of Exit 8 on the Seaford-Oyster Bay Expressway (Route 135), phone 931-3907.

GRANDPARENTS - Send in your grandchildren's photos and enter our "World's Most Beautiful Grandchildren" contest. Just send a photo and a brief description of the child (or children) along with your name and address to: Litmor Publications, Beautiful Grandchildren Contest, 81 East Barclay St., Hickville, N.Y. 11801. We'll do the rest!

Hickville Resident Helps HKSB



This year marks the 100th Anniversary of the founding of the Industrial Home for the Blind, now known as Helen Keller Services for the Blind (HKSB). Since its founding, HKSB has grown to become one of the nation's oldest private rehabilitation organizations providing a wide array of training and services for people of all ages who are blind and visually impaired. A year long celebration of the centennial kicked off recently with a Centennial Tea Dance for seniors who are blind, held at HKSB's Senior Center in Hempstead. Hickville resident Betty Williams, 4th left, a member of the HKSB Seniors Center, is pictured here with Rena Iacona, Commissioner of the Nassau County Department of Senior Citizen Affairs, 3rd left, and other members and volunteers as they enjoy the festivities.



Winthrop-University Hospital honors its volunteers during National Volunteer Week--April 18th to 24th--and every day of the year.



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THE PEOPLE OF
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TO:
Marjorie Adel Fischer
Roy Waltz
Jack Black and any other
and all unknown persons
whose names or parts of
whose names and whose
place or places of residence
are unknown and cannot
after diligent inquiry be as-
certained, distributees,
heirs-at-law and next-of-kin
of said Ruth A. Laffler,
deceased, and if any of the
said above distributees
named specifically or as a
class be dead, their legal
representatives, their hus-
bands or wives, if any, dis-
tributees and successors in
interest whose names and/or
places of residence and post
office addresses are un-
known and cannot after
diligent inquiry be as-
certained.

GREETINGS:
WHEREAS, Paul A. Wal-
lace who is domiciled at 24
Elizabeth Street, Chappa-
qua, New York and Chemical
Bank whose principal office
is located at 170 Park
Avenue, New York, New
York have lately applied to
the Surrogate's Court of our
County of Nassau, to have a
certain instrument in writ-
ing bearing date the 11th
day of June, 1991 relating to
both real and personal
property duly proved as the
Last Will and Testament of
Ruth A. Laffler, deceased
who was at the time of her
death domiciled at 351
Chapel Road, Manhasset in
said County of Nassau.

THEREFORE, you and
each of you, are cited to show
cause before the Surrogate's
Court of our County of Nas-
sau, at the Surrogate's
Court, Nassau County Court
House, at Mineola in the
County of Nassau, on the
13th day of May, 1993 at
9:30 A.M. of that day why
the said Will and Testament
of Ruth A. Laffler should not
be admitted to probate as a
Will of real and personal
property.

IN TESTIMONY
WHEREOF, We have
caused the seal of the Sur-
rogate's Court of our said
County of Nassau to be
hereunto affixed.

L.S.
WITNESS,
HON. C. RAYMOND RA-
DIGAN, Judge of the Sur-
rogate's Court of our said
County of Nassau, at the
Surrogate's Office, at
Mineola, in the said County,
the 10th day of March 1973.

Albert W. Petraglia
Clerk of the
Surrogate's Court

This citation is served
upon you as required by
law. You are not obliged
to appear in person. If
you fail to appear, it will
be assumed that you con-
sent to the proceedings,
unless you file written
certified objection there-
to. You have a right to
have an attorney-at-law

LEGAL NOTICE

appear for you.
Paul A. Wallace, Esq.
19 North Moger Avenue
Mount Kisco, NY 10549
MIT 2693
4X 4/2, 9, 16, 23

**LEGAL NOTICE
THE PEOPLE OF
THE STATE OF
NEW YORK
BY THE GRACE
OF GOD FREE
AND INDEPENDENT**

TO:
Marjorie Adel Fischer
Roy Waltz
Jack Black and any other
and all unknown persons
whose names or parts of
whose names and whose
place or places of residents
are unknown and cannot
after diligent inquiry be as-
certained, distributees,
heirs-at-law and next-of-kin
of said Ruth A. Laffler, de-
ceased, if any of the said
above distributees named
specifically or as a class be
dead, their legal repre-
sentatives, their husbands or
wives, if any, distributees
and successors in interest
whose names and/or places
of residence and post office
addresses are unknown and
cannot after diligent inquiry
be ascertained.

GREETINGS: WHERE-
AS, Paul A. Wallace who is
domiciled at 24 Elizabeth
Street, Chappaqua, New
York and Chemical Bank
whose principal office is lo-
cated at 270 Park Avenue,
New York, New York have
lately applied to the Sur-
rogate's Court of our County
of Nassau, to have a certain
instrument in writing bear-
ing date the 11th day of
June, 1991 relating to both
real and personal property
duly proved as the Last Will
and Testament of Ruth A.
Laffler, deceased who was at
the time of her death
domiciled at 351 Chapel
Road, Manhasset in said
County of Nassau.

THEREFORE, you and
each of you, are cited to show
cause before the Surrogate's
court of our County of Nas-
sau, at the Surrogate's
Court, Nassau County Court
House, at Mineola in the
County of Nassau, on the
13th day of May, 1993 at
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the said Will and Testament
of Ruth A. Laffler should not
be admitted to probate as a
Will of real and personal
property.

IN TESTIMONY WHERE-
OF, we have caused the seal
of the Surrogate's Court of
our said County of Nassau to
be hereunto affixed.

L.S.
WITNESS,
Hon. C. Raymond

Radigan, Judge of the Sur-
rogate's Court of our said
County of Nassau, at the
Surrogate's Office at
Mineola, in the said County,
the 10th day of March 1973.

S/ Albert W. Petraglia
Clerk of the
Surrogate's Court

This citation is served
upon you as required by
law. You are not obliged

LEGAL NOTICE

to appear in person. If
you fail to appear, it will
be assumed that you con-
sent to the proceedings,
unless you file written
verified objection there-
to. You have a right to
have an attorney-at-law
appear for you.
Paul A. Wallace, Esq.
19 North Moger Avenue
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**NOTICE OF SALE
SUPREME COURT:
NASSAU COUNTY
THE GREEN POINT
SAVINGS BANK,
Pltf. vs.
J O H A N N A M A Y
GRAYSON
et al, Defts.
Index #17322/91**

Pursuant to judgment of
foreclosure and sale entered
July 3, 1992, I will sell at
public auction at the North
front steps of the Nassau
County Courthouse, 262 Old
Country Road, Mineola, N.Y.
on May 19, 1993 at 8:30 a.m.,
prem. 1/4 27 Barry Drive,
Westbury, N.Y. Said prop-
erty located on the Nor-
theasterly side of Barry
Drive, 459.37 ft. Southerly
and Southeasterly as
measured along the Easterly
and Northeasterly side of
Barry Drive from the ex-
treme Southerly end of the
arc connecting the Southerly
side of Hunters Lane with
the Easterly side of Barry
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70 ft. Approx. amount of
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NOTICE OF SALE
SUPREME COURT:
NASSAU COUNTY
THE GREEN POINT
SAVINGS BANK
Pltf. vs.
MARC LERNER
et al, Defts.
Index #32179/91**

Pursuant to judgment of
foreclosure and sale entered
Oct. 17, 1992, I will sell at
public auction on the north
front steps of the Nassau
County Courthouse, 262 Old
Country Rd., Mineola, N.Y.
on May 19, 1993 at 9:00 a.m.
prem. 1/4 102 Cedar Dr.
West, Plainview, N.Y. Said
property located on the
southerly side of Cedar Dr.,
240 ft. easterly from the
corner formed by the in-
tersection of the southerly
side of Cedar Dr. and the easterly
side of Oak Dr., being a plot
140 ft. x 80 ft. Approx. amt.
of judgment is \$79,355.14
plus costs and interest. Sold
subject to terms and condi-
tions of filed judgment and
terms of sale.
EDWARD J. KILEY,
Referee

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explained why she fled, and
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employers. Through the charac-
ter of Rosa, the students
developed an understanding of

the difficulties immigrants face
in learning a new culture and
new language. During a discus-
sion following the performance,
the students shared their ethnic
heritage. The performance by
Sister Alice Fairchild of
CARECEN, an organization de-
signed to provide assistance to
Central American Refugees, is
part of an ongoing program to
develop a deeper understanding
of and appreciation for the
many different cultures in our
community and country.



Sr. Alice Fairchild, alias Rosa Gomez, answers questions regarding her presentation of an immigration experience.



Fifth grade students at Old Country Road School present bed linens, blankets and towels they collected for new immigrants, to Sister Alice Fairchild of CARECEN.

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The Great Neck News

Friday, April 23, 1993



ELEGANTLY APPOINTED — Offering lots of options, coordinating separates are a favorite with working women. Shown here: Blazer, skirt and blouse by Pendleton.

WARDROBE REVISION

By Nanette Wiser

"I base my fashion taste on what doesn't itch," said Gilda Radner.

How many of us believe that clothes should suit our life and not run it? And what better time to practice what we feel comfortable wearing — rather than what *Vogue* dictates we swathe ourselves in — than in the first few months of the new year?

This doesn't mean we advocate wearing pajamas to a restaurant or ripped jeans to work. Manners maven Letitia Baldrige constantly reminds us that clothes show our respect for ourselves and colleagues. So the ugly, decrepit and decaying outfits in our closet should be saved for a rainy day at home — literally.

No one has the budget to purchase a new wardrobe for the spring, so updating your clothes during the next few months requires both ingenuity and aplomb. Be creative; paw through the fashion magazines for ideas and then do it yourself. Look for bargains in the post-holiday sales and you'll find a bonanza of clothes you can set aside for next season or wear into warmer weather.

Comb the antique stores and garage sales for nifty accessories. If that jacket bores you, buy new buttons or cover the old ones with some splashy material. Drape a silky scarf around a cotton turtleneck, or add an antique pin to a drab lapel.

A real woman's guide to getting dressed

What about night life?

"If a woman wants more excitement in her life, she can wear it," said fashion designer Margaretha Ley.

Buy lingerie or an underslip with a lacy bodice to wear under that stunning fuchsia wool jacket. The hint of lace goes a long way toward dressing up a denim jacket and jeans as well. A bit of colored lace, straight from the sewing-notions department, also perks up a jacket pocket.

Don't forget the magic of hats and gloves. A little black dress looks even more spectacular with an antique hat and veil or some bright-colored gloves nipped at the wrist with a black rhinestone button. Shoes can be dressed up and strutted out with some jeweled shoe adornments that can be purchased in most shoe departments.

Perhaps the most pervasive influence for this season and next is the cowboy look. Jeans and chambray shirts are just part of it. Go for the cheap and buy button covers in the shape of cowboy boots. A good leather belt with a silver buckle, the pointiest cowboy boots and denim everything are worth adding to your wardrobe from the sale racks.

Stripes are good for any season, with black and white or navy and white the primary choice. Trim it with nautical jewelry or red shoes and bag to accent a sporty look.

Polka dots, on the other hand, just don't sail into this spring's season with equal aplomb.

Cream on cream is easy to achieve with a small budget and big ideas. Classic and clean, it requires a lovely silk blouse, a good leather belt in black, brown or gold braid, flat shoes, patterned understated socks and a classic wool skirt or pleated pants, circa the '50s. Add a sporty silk scarf with a cream-on-cream diamond pattern, and you're ready to fly.

White and black look good on the cows mooing from the Ben and Jerry, ice cream cartons, so why not you? Joking aside, this classic combination gives flexibility and stretch to your wardrobe, and they travel easily. A white blouse, black skirt and black-and-white striped or herringbone jacket are your basics. Strip in a black turtleneck, white-and-black silk scoop-neck-collar blouse, a white-and-black silk scarf or a black beaded tank top for evening under the jacket. It's a go-everywhere combination.

Look for fashion heroes to inspire you, but be realistic. You might like Madonna's bustier or Julia Roberts' layered waif look, but on you, it just won't work. MTV rapper fashion might inspire you to dance all night, but in the light of day, it looks silly.

Look instead to the late Audrey Hepburn's timeless styles. Murphy

Brown's eclectically classy work fashions, Bill Cosby's magnificent sweater collection and anything they wear on "Designing Women."

Don't, under any circumstances, just after Marge Simpson's strapless housedress, Peg Bundy's spandex collection or "Cheers" barfly Norm's uninspired attire.

Glamour Dos and Don'ts

By Alison Ashton

Every woman who's ever flipped through an issue of *Glamour* is familiar with the magazine's famous "Do" and "Don't" feature. It's a page of photos devoted to real-life fashion hits and misses.

You've probably looked at pictures of unfortunate fashion victims roaming city streets with a headful of curlers or a too-long slip peeking under a hemline and thought, "Thank God, that's not me."

But it could be. Just because *Glamour's* intrepid photographers haven't caught you surreptitiously adjusting your pantyhose or trying to slip out of the back of a taxi in a too-short miniskirt, doesn't mean you haven't been guilty of a few fashion faux pas in your time.

You might even recognize your-

Continued On Page 15



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Designer fashion is fun, flirty



RUNWAY REPORT — Many designers addressed the hemline issue by showing longer skirts with thigh-high slits. Shown here: Gray wool skirt by Michael Kors.

By Alison Ashton

"They have to be happy," Bill Blass told *W* of this spring's clothes.

Copley News Service-syndicated gossip columnist William Norwich agrees — everything he sees on the social circuit screams "young, young, young."

Everyone, it seems, just wants to have fun. For women, ball gowns are as luxe as ever, but they're short and festive.

And for any night out on the town, "the little black dress is still here," says Norwich. Designers may have tried to declare a ban on black last year, but it's still *The Uniform*.

"Of course, a little bit of jewelry certainly will jazz it up," Norwich notes.

(Men, says Norwich, want their evening uniform to loosen up; they're leaving their ties at home in favor of Italian-cut suits with blue-denim shirts for not-so-dressy evenings.)

So what will the best-dressed wear this season? Most of us may only look at designer clothes in the pages of a fashion magazine, but there are people who actually stock their closets with *haute couture*.

The designs of Chanel, Marc Jacobs, Todd Oldham, Randolph Duke, Oscar de la Renta, Bill Blass and Arnold Scaasi ("he's getting richer while we're talking," Norwich noted) are among those whose clothes make it from the fashion runway to the gala event.

Gianni Versace and Giorgio Armani are especially popular with movie stars, and look for young society matrons, like Blaine Trump, to experiment successfully with the fashions of new designers, especially Anna Sui. Liza Minnelli and Sandra Bernhard are big fans of Isaac Mizrahi.

Norwich also loves the way Lee Radziwiel, Jody Foster and *Vogue* Editor Anna Wintour turn themselves out. And unlike the famous Mr. Blackwell, Norwich thinks Cher should be loved "for her latest tattoo."

But will the designers keep up with all this demand for young and fun this spring? That depends on which runways you watch.

Maybe things are better on the Continent because fashion looks pretty sedate at home — except for Marc Jacobs for Perry Ellis, who sent his models do-si-do-ing down the runway in flirty cowgirl prairie skirts and short gingham jackets.

American designer clothing may not be overly innovative this year, but it probably reflects what people actually want to wear. Virtually all the New York designers favor a body-skimming, but not tight, silhouette that looks flattering on a lot of people.

After years of presenting shocking fashion statements, runways were quiet in London, as well. In his first couture collection for Norman Hartnell, Marc Bohan favored suits. Jean Muir wanted her clothes to be charming in shades of blue. Paris, on the other hand, is abloom with color.

Here are some other sartorial leitmotifs from New York to Milan of the season:

- **Color code.** American designers favored a subdued palette of black, navy, cream, rose and shades of beige. For Easter-egg shades of pink, yellow and lavender, look to Yves Saint Laurent and Claude Montana. Christian Lacroix, Emanuel Ungaro and Hubert Givency offer even brighter shades of yellow, hot pink and green in cheerful patterns.

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Special Fashion Pages DENIM DELIRIUM

Blue jeans' popularity not fading

By Debra Lee Baldwin

As the '80s wound down, fashion mavens predicted the demise of denim.

Baby boomers, they observed, were getting too old for a fabric that symbolized youthful rebellion and that looked best on the pencil-slim. So-called "designer jeans," from Gloria Vanderbilt, Calvin Klein and others were dismissed as a fad.

Denim, however, surprised everyone.

The fabric is more popular today than ever — and now is available in an array of colors, textures and styles that would have astounded Levi Strauss.

DENIM TRENDS

Nothing feels so comfy, so right, as well-worn jeans.

No wonder denim has been dunked in acid, stonewashed with-in an inch of its life, even aimed at with buckshot. Owners of new pairs of jeans have been known to attack them with bleach, sandpaper and 20 consecutive washings.

Purveyors of used jeans, not surprisingly, do a thriving business. Besides, you can't beat the prices at thrift shops, garage sales, swap meets and vintage clothing stores.

But expect to pay top dollar for used jeans formerly worn by (authentic) cowboys; these can be found in cutting-edge stores such

as Fred Segal in Los Angeles. Each pair has a registration number so the jeans can be traced to the original owner.

Vintage jeans from the '40s and '50s also are chic — and considered collectible.

The big news in denim, though, is color. Last year's hot pinks, royal purples and taxi-cab yellows have been joined by more muted tones of teal, cream and pastel.

And the Levi Strauss company recently introduced a line of denims made from naturally colored (not dyed) cotton. "Levi's Naturals" are made from reddish-brown cotton that creates a softer cloth when woven; as it becomes worn, it darkens in color. In the works are green, brown and mauve natural-colored cottons.

PANTING AFTER FASHION

Whereas chains (a la MTV) were the hot accessories last year, this year a touch of the Wild West is best.

The runways were dominated by full skirts, fringe, cowboy boots and ten-gallon hats (decorated with everything from sequins to marabou feathers).

Last season Karl Lagerfeld created classic Chanel jackets from denim and Donna Karan paired denim overalls with a sequined tank body suit; this season Louis Dell'Ollo combines jeans and leather vests in matching sherbet shades.

THE NEW YORK TIMES, SUNDAY, MARCH 28, 1993

Caffe Angelica

The Reviews Are In! **THE SHOW IS A HIT!!**

Rousing Sendoff From an Open Kitchen

DINING OUT

Caffe Angelica Very Good

2370 Jericho Turnpike, one block west of Herricks Road, Garden City Park, 739-0505.
Atmosphere: Sparkling Italian cafe.

Service: Youthful, caring, exceptional.

Recommended dishes: All desserts, grilled vegetables, polenta, portobello mushrooms, all salads, eggplant pizza, duck-stuffed ravioli, half moons filled with eggplant, lobster-filled pasta pouches, angel-hair with smoked chicken, agnolotti, salmon, veal chop.

Price range: Lunch entrees, \$4.95 to \$11.95. Dinner: Appetizers, \$4.95 to \$7.95; pizzas, \$5.95 to \$7.25; pastas, \$8.95 to \$13.95; entrees, \$11.95 to \$18.95.

Credit cards: All major cards.

Hours: 11:30 A.M. to 10 P.M. Mondays through Thursdays, 11:30 A.M. to 11 P.M. Fridays and Saturdays and 2 to 10 P.M. on Sundays.

Reservations: None accepted.

Wheelchair accessibility: Restrooms downstairs.

Handicap Restrooms located on Main Level

Ratings: Poor
Satisfactory
Good
Very Good
Excellent
Extraordinary

Ratings are based on the reviewer's reaction to food and price in relation to comparable establishments.

By JOANNE STARKEY

IF the thought of yet another casual pasta restaurant engenders nothing but yawns, head for Caffe Angelica. The newcomer in Garden City Park is everything the others want to be. It has sparkling good looks, snappy service and sensational food. It would be even better if customers could be assured of reservations. At present none is accepted.

Passers-by on Jericho Turnpike catch only glimpses of this stunner through its walls of tiny-paned French doors. Inside are terra-cotta tile floors, polished granite tables, comfortable cafe chairs and interesting wall scones.

The room's focal point is the shining open kitchen starring a brick pizza oven. Despite all the hard surfaces, the noise level is surprisingly civilized.

Another surprise is the efficient engaging service staff. They are not laid-back young people just going through the motions. They care and deliver.

Keeping an eagle eye on the staff, the activity in the kitchen and the needs of the customers are the owners. They greet and bid farewell to customers, even helping them with their coats. More important they are alert throughout the meal.

A tentative wave by a diner contemplating a change in his order instantly brought an owner to his elbow. A splash of tomato sauce on a silk blouse sent another principal scurrying for seltzer and a clean napkin.

All the attentive service would be for naught if the food were a letdown. Fortunately it is the prime reason to visit Caffe Angelica. From the yummy homemade focaccia, sturdy peasant Italian bread and heads of roasted garlic at the outset of the meal to the luscious homemade desserts at its end there are few disappointments.

Sometime on a visit diners who love dessert should stroll over to the open kitchen and check out

the glass display case of delicious sweets. Doing a star turn that night might be the devilishly rich chocolate tureen, the caramelized pear tart in a pool of crème anglaise, chocolate zabaglione covered with fresh berries or the warm compote of raspberries and strawberries surrounded by puff pastry and set atop a blueberry sauce.

The start of the meal is equally rousing. Toppings were the platter of grilled vegetables and the lovely portobello mushroom perched on a bed of baby lettuce dotted with goat cheese. A heftier

starter was the soothing wild-mushroom polenta under a glaze of melted smoked mozzarella. Two minor league players were the overly thick bruschetta and the chewy grilled calamari.

Salads are superb. Split one of those paragons of freshness as an opener. A half-salad at Caffe Angelica is larger than a whole elsewhere.

The thin-crust individual pizzas were also compelling. Bringing smiles was a seductive pie featuring grilled eggplant, smoked mozzarella and a sun-dried tomato purée.

Yet, pastas are the stars of the menu. Tying for first place were whole-wheat ravioli stuffed with smoked duck in a creamy roasted-mushroom-and-duck sauce and half-moon pasta pockets filled with eggplant and bathed in a chunky tomato sauce spiked with Gorgonzola cheese.

Also notable were pasta pouches loaded with lobster in a cognac, sherry and cream sauce, angel-hair pasta tossed with house-smoked chicken, sun-dried tomatoes, garlic and scallions and feather-light agnolotti bursting with spinach and cheese. Meat and fish entrees produced contenders, as well. Pan-seared salmon in a sea of basil purée with a garnish of black caviar was perfect. An evening special, a tender grilled veal chop teamed with a potato-scalloped pancake and a wedge of lush Gorgonzola custard, was its equal.

Vegetable accompaniments are as varied and exciting as the meats. Witness the veal scallop in a smoked-bacon-and-pearl-onion sauce that arrives with braised radicchio and polenta or the sautéed chicken breast presented over fanned eggplant slices and topped with roasted red peppers.

The wine list holds up its end. There are 10 wines by the glass priced from \$3.25 and 42 bottles that cost as little as \$13. Included is a bargain Barolo, Fratelli Oddero, 1988, for \$26. It is dark, rich and deep in flavor. A light white, sauvignon blanc, Frogs Leap at \$19, is an austere aromatic wine that is ideal with seafood and light starters.

2370 Jericho Tpke, Garden City Park, 516-739-0505

By Sharon Williams

There are plenty of good sartorial reasons to slip out into the night this spring and summer.

Simply put, evening wear for the coming warm-weather months is as hot as the season itself.

Whether you'll be dining at dusk, dancing until dawn, socializing under the stars or simply strolling in the cool of the evening, chances are good you'll have little problem finding something to wear.

Some examples? You'll find fashions that are polar opposites of the quintessential black cocktail dress in terms of color ... yet are every bit as effective.

Dresses that look as though they just galloped off the set of a glamorous Hollywood western. Outfits that are bare-as-you-dare, yet tasteful. Pantsuits that are just as sexy as a silthery dress.

You'll also find that many of these outfits rise to a variety of different occasions — eliminating the need to acquire a new dress for every event as once was the case when one lead an active evening life.

Ready to get dressed? Read on for a description of fashions to look forward to.

GO WEST

The mystique and romance of the wild frontier is riding its way into the 1990s as designers turn out glamorous, Western-inspired clothing for evening.

Whether it's a quiet, yet elegant evening at home on the range or a foot-stomping night on the town, you can choose from a variety of cowgirl-inspired looks that the "Big Valley" Barkley women would die for.

Oftentimes the look begins with a sweeping skirt cut from rich fabric such as tulle with lots of puffs and ruffles.

From there, you can add sexy bustier tops — perhaps done up in sheer lace or gingham; dressy little western-style jackets trimmed with velvet or fringe; and the right Western accessories — among them cowboy boots and hats, tooled leather belts and rugged silver jewelry.

Another option: Sexy, off-the-shoulder square-dance dresses

made of gingham or calico that sweep the floor as you swing your partner.

DEB AGAIN

Didn't have a coming-out party when you were a teen? This season, you'll get another chance.

Because the cool, sophisticated, yet simple silhouettes of the quintessential debutante dress are hot for the most formal of events during spring and summer, you can be a deb for an evening even if you're all grown up.

The classic deb gown is strapless and sleek with an A-line silhouette.

Following this timeless theme, this year's takes are freshened up with new colors — one of the hottest and most elegant being white, and a choice of lengths that either drop to the floor for black-tie or rise several inches above the knee for dinner or cocktails.

In some cases, the dress is accompanied by an elegant jacket to slip on when the summer breeze gets too brisk. Essential accessories include long, elegant earrings and elbow-length gloves.

PANTS ATTACK

Marlene Dietrich and Katharine Hepburn were definitely onto something, designers of the 1990s have decided. Thus, the pantsuit has once again strutted its way into the spotlight as one of the freshest, most elegant looks for evening.

In fact, so plentiful are the offerings that it seems there's a pantsuit for every evening imaginable.



NIGHT MOVES

— Short, practical and festive

Vogue patterns No. 2811

Examples include military-style suits complete with high necks, brass buttons and double-breasted styling, pantsuits built around breezy palazzo styles, pantsuits sporting clean lines and simple silhouettes and even versions of the quintessential tuxedo.

In many cases, what is worn underneath is more important than the pantsuit itself. Options range from ultra-sheer blouses to nothing at all.

WHITE NIGHTS

Move over, blushing brides.

For spring and summer evenings, white is the hottest color going, and designers have created versions to delight the women who won't be walking down the aisle in addition to the ones that will.

Fashionable little white numbers for the upcoming season include the simple slip and strapless cocktail dresses, floor-sweeping '40s-inspired gowns and skirt/jacket combinations that could easily make the transition from work into evening.

Oftentimes, these white-hot numbers are accented with a sea of sequins and beads or the season's newest embellishments — crystal and glass.



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 The Grand Rapids Press

WORKING MAN

Suits for zip and glamour

Special Fashion Pages

By Mike Dale

Remember how Dad used to dress for success, sometimes mistakenly mixing his suit pants and jackets?

Designers call it doing the "split." And guess what? For work and casual chic fashion this spring and summer, the split is it.

The artful split first surfaced in European fashion shows last summer. But the tail no longer wags the dog.

Retailers are stocked this season with the "split" option in tailored (and sportswear) collections.

Fashion pundits say it's a sophisticated look of monochromatic hues — a great concept that makes a tonal statement.

The split also allows the 1990s man more flexibility. Men can buy different hues at different times in different sizes.

The best mixing colors are pastels, grays and browns. But splitting is not recommended with pin-stripe suits.

If being part of the monochromatic set sounds scary, consider Gary Grant in "North by Northwest": the steel-gray suit, the blue-gray tie and the gray hair.

DRESSING DOWN

In many work fashion circles, the traditional Brooks Brothers and pinstripe suit look reigns supreme this season.

But an interesting trend, which began last spring, is developing — dressing down is now the way to

move up the corporate ladder.

The sharp line between what men wear on the weekend and what they wear to the office has blurred.

In fact, according to a recent national survey, almost four in 10 American companies have set aside a day during the week for employees to dress down.

More than half of the companies surveyed said they approve of casual or "less formal" clothes for executives.

THE QUIET SUIT

Softly constructed suits and sportcoats have become the norm. Silhouettes shape up this season. Dimensions are slightly less oversized than in the past. Lines are softened at the waistline.

The elegance of the double-breasted suit, seen in six button one-to-button versions, endures as haute couture in America's boardrooms.

More relaxed workplaces can accommodate softly constructed business dress and mix-and-match separates.

Casual chambray shirts, for example, may dress down an otherwise starchy suit.

Patterns sport a cosmopolitan styling. The best new spring business suits — resplendent in mini-checks, fancy twills, windowpanes and subtle plaids — become perfect for work or play.



WORKING MAN — Men are going to work in more casual clothes, such as this checked sport coat and vibrant tie. Shown here: Sport coat and trousers by Bernhard Altman.

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EUROPEAN SCENE

By Sharon Achats

Get ready to shop, because this season's European ready-to-wear fashion is stuff that you'll actually want to wear. Supple and sensual, the European scene has replaced the stiffer cuts and cloths of previous years with fabrics that drape and shapes that are sexy.

Practically everything is soft and relaxed — even classic jackets and suits are gently nipped in at the waist and cut wider at the hip, and trouser legs are so full they appear to be skirts or flare out at the hemline in an updated bell-bottom look.

The use of sheer fabrics, cutouts and crops expose the body's curves in a homage to '60s styles — styles often updated in sheer fabrics used to construct both the mini and maxi skirts of that period, as well as full trousers.

On a more traditional note, black still is important for day and evening, but it, too, is softened when used as a base for paler, muted tones of blush, sand and ivory.

Here's a designer-by-designer look — including European and Japanese masters — at some of what will be seen in ready-to-wear shops this spring and summer.

GUCCI

Beautifully finished jackets, nipped at the waist, serve to anchor less constructed pieces worn underneath in a celebration of the transition from stiff to soft.

Gucci's more traditional skirt and pant shapes skim the hips and flare slightly past the knee, and scarf-print sarongs and wrap skirts elongate the silhouette. Bare shoulders, arms and waists balance longer length swingy skirts.

KARL LAGERFELD

Knit pieces bare the midriff over long skinny skirts, and a lightly fitted jacket tops a lower body silhouette of a transparent miniskirt layered over equally transparent pants.

Also key to this collection is a thin black jersey dress, cut quite full, that barely veils the body. The dress is long, but its translucence makes length irrelevant.

YOHJI YAMAMOTO

Draped dresses, primarily black, loosely hug the body and often bare the shoulders. The black clothing so important to past collections has been lightened and brightened with red and green jackets and yellow dresses. The coats have scalloped edges or Chinese mandarin collars, and they, too, avoid stiffness.

CHRISTIAN LACROIX

Lacroix covers his basically simple shapes with a signature mix of brilliant colors and kinetic patterns. The patterns sprout everywhere, sometimes with different designs on the top and the bottom of a single garment.

Some highlights include: African prints paired with macramé tops; blocks of different colors put together in a patchwork effect; gentle florals combined with plaids and stripes in a single suit.

ISSEY MIYAKE

Simple of line and design, this collection gets its power not from prints a la Lacroix, but from the fabric. Miyake uses custom-designed high-tech fabrics in unusual textures and colors — combining sheer and opaque sections, for example, smooth and puffy surfaces.

Softly sensual styles from Europe's designers

DOMENICO DOLCE
and STEFANO GABBANA

This designing duo has made sense of the hippie-look revival. Their line celebrates styles that typified that time — like Mondrian-inspired prints, tailored jackets or long vests with stovepipe pants and minidresses. They have updated the very long dresses reminiscent of the period by pairing them with tights.

SONIA RYKIEL

Rykiel's clothes echo '60s style as well, including the use of vests, bare midriffs and bell-bottom trousers. Bare midriffs are revealed by cropped sweaters as well as separate bras. And her bra-and-boleto is a contemporary version of the twin-sweater set.

HERMES

While basically classic, Hermes hits some contemporary notes. Bare skin plays up: skirts and dresses are long and full but often slit up the side; shirts are done up in transparencies of lace; daring cutaway waistcoats bare the midriff and back with halternecks or

cross-over straps.

Another highlight: a sensuously supple wraparound suede shirt.

HANAÉ MORI

Mori focuses on another strong theme of the season: African prints, including abstract motifs of beige on a navy background, zebra markings and blue skies peeping through jungle foliage. Another strength is her attractive line of white cotton separates decorated with fan-shaped cutouts.

VALENTINO

This design line is dedicated to the African theme as well, emphasizing the brown, tan and sienna colors Valentino loves. His cuts are gracefully classic: calf-length full skirts with small waistlines; pleated trousers with fullness developing toward the hem.

YVES SAINT LAURENT

While most designers are traveling to Africa this season, Yves-Saint Laurent is headed for China — bright colors, slit trousers and daring bustiers. Lots of violet and red silk, gold trimming and tassels.

Glamour Dos and Don'ts

Continued From Page 9

self in the pages of "Glamour Dos & Don'ts Hall of Fame: Fifty Years of Good Fun and Bad Taste" (Willard), a compendium of photos gathered by Glamour fashion features editor Joanne Mattera.

As Mattera notes, sometimes the magazine's editors' judgment was off. For example, the editors of the May 1968 issue felt that jeans and loafers were OK on campus but too casual for the city.

But as the photos reveal, overly trendy fashion statements never work, whereas classic interpretations stand the test of time.

ALWAYS A DO

Dos are perennial classics emphasizing good cut and proportion. In fact, Glamour has its own Do Hall of Fame. Inductees include Candice Bergen, Diane Sawyer, Katharine Hepburn, k.d. lang, Faye Wattleton, Jacqueline Onassis, Liz Claiborne, Michelle Pfeiffer, Diana Ross and Joan Rivers. Glamour also likes the casual chic of Annette Bening, de-

signer Donna Karan's personal fashion flair and Lauren Hutton's understated elegance.

But, as the book shows, even regular folk on a limited budget can be the essence of do.

• Do think about proportions. For example, a long coat over a short skirt looks sleek anytime.

• Fuse-free clothes and hair are always a do.

• Do try man-tailored clothes for a polished look. Just make sure they're cut to the right proportions.

• Don't wear huge hair or a contrived 'do. Sleek, classic hair looks good no matter what year it is — and you won't cringe when you look at those old photos.

• Don't forget the underwear. Bra straps that slip, slips that peek (or forgetting to wear a slip) and pantyhoes with weird prints are always don'ts.

Glamour even turned its don'ts on men. Some familiar male don'ts include too-short or too-long ties, boxer shorts peeking out of shorts and forgetting to wear a belt.



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**LEGAL NOTICE
NOTICE OF THE
ANNUAL SCHOOL
DISTRICT MEETING
OF BETHPAGE
UNION FREE
SCHOOL DISTRICT
NASSAU COUNTY
NEW YORK
JUNE 8, 9, 1993**

NOTICE is hereby given that the Annual Meeting of the inhabitants of Bethpage Union Free School District, County of Nassau, State of New York, qualified to vote at School Meetings in said District, will be held in the auditorium of the Bethpage Senior High School, Cherry Avenue and Stewart Avenue, Bethpage, New York, in said District on June 8, 1993 at 8:00 p.m. (D.S.T.) for the purpose of discussion and furnishing information only on the necessary funds to meet the estimated expenditures of the School District and appropriations for the Public Library during the ensuing year; and for the discussion and/or transaction of such other business as is authorized by the Education Law.

PLEASE TAKE FURTHER NOTICE that at the conclusion of the meeting on June 8, 1993, the same will be recessed until 12:00 o'clock noon, June 9, 1993 at the Auditorium, Bethpage Senior High School, for the purpose of voting between the hours of 12 noon to 10:00 p.m. (D.S.T.) on the following separate matters:

1. The estimated expenditures (school budget) for the ensuing school year (1993/94) and authorizing the levy and collection of necessary taxes therefor; (Proposition 1)

2. The public Library appropriations for the ensuing school year and authorizing the levy and collection of necessary taxes therefor; (Proposition 2)

3. Any other questions or propositions as to matters or expenditures or authority to levy taxes that may be presented for a vote under the Education Law.

PLEASE TAKE FURTHER NOTICE that at the said vote and election to be conducted on June 9, 1993, two (2) members are to be elected to the Board of Education as follows:

ONE (1) member is to be elected for a full three (3) year term to fill the vacancy created by the expiration of the term of ANTHONY D. COTTON, which term expires June 30, 1993.

ONE (1) member is to be elected for a full three (3) year term to fill the vacancy created by the expiration of the term of RICHARD FESTANTE, which term expires June 30, 1993.

PLEASE TAKE FURTHER NOTICE THAT ONE (1) Trustee is to be elected to the Board of Trustees of the Bethpage Public Library at said vote and elections to be conducted on June 9, 1993 for a full term of five (5) years commencing July 1, 1993.

PLEASE TAKE FURTHER NOTICE that all nominating petitions of candidates for the office of mem-

LEGAL NOTICE

ber of the Board of Education and candidates for the office of member of the Board of Trustees of Bethpage Public Library, shall be filed with the Clerk of the DISTRICT not later than May 10, 1993, between the hours of 9:00 a.m. and 5:00 p.m. (D.S.T.). A separate petition, duly signed by at least 37 qualified voters of the district, said number constituting 2% of the total number of voters who voted at the Annual Meeting of June 10, 1992 stating the residence of each signer, shall be required to nominate a candidate to each separate office. Petitions for school board members shall describe the specific vacancy on the Board of Education for which the candidate is nominated; said description shall include at least the length of the term of office and the name of the last incumbent, if any. Library Board Trustee petitions shall state the name and residence of the candidate and the date upon which the term begins, but shall not recite either the name of any last incumbent or any length of office.

PLEASE TAKE FURTHER NOTICE that the order in which the names of candidates shall appear on the voting machine for each separate office shall be determined by a drawing by lot to be held on May 11, 1993, at 2:00 p.m. in the office of the District Clerk at the Administration Building, Cherry and Stewart Avenues, Bethpage, New York. Unless a candidate appears personally, or by a person holding a signed written proxy, at the office of the District Clerk at the appointed time and date, the District Clerk shall draw a lot for such absent and unrepresented candidates.

PLEASE TAKE FURTHER NOTICE that each person entitled to vote must register. Registration dates and hours are as follows:

SATURDAY, May 29, 1993 between the hours of 1:00 p.m. and 5:00 p.m. (D.S.T.)

WEDNESDAY, June 2, 1993 between the hours of 3:00 p.m. and 8:00 p.m. (D.S.T.)

Said registration will be held at the Bethpage Senior High School Auditorium, Cherry and Stewart Avenues, Bethpage, New York.

All persons who shall have previously registered for, and shall have voted at, any Annual or Special Meeting or any Election held or conducted during the four (4) calendar years prior to the year for which such register is being prepared, will not be required to register to vote at the Annual Meeting Vote and Elections to be held in said District on June 9, 1993, or any adjourned date thereof.

NOTE: Any person who was not registered with the School District Board of Registration and did not vote at any Annual or Special School District Meeting

LEGAL NOTICE

within the past four (4) calendar years based on such registration with the School District Board of Registration, but who nevertheless voted at any Annual or Special School District Meeting or Election within such four (4) year period based solely on registration with the Nassau County Board of Elections as is permitted by law, such persons will not appear as a registered voter on the School District's register of voters eligible to vote at the Annual Meeting and Election on June 9, 1993. Such person shall not be eligible to vote on June 9, 1993 unless (s)he (1) registers with the School District Board of Registration on May 29, 1993 or on June 2, 1993 at the time(s) and place stated above, or (2) (a) he registered at the annual Meeting and Election on June 10, 1992 or (3) (a) he is registered with the Nassau County Board of Elections as stated below.

Any qualified voter of the District who is in doubt as to whether (s)he is registered to vote at the June 9, 1993 Annual Meeting Vote and Election should contact the District Clerk of the Bethpage Union Free School District.

All persons who registered at the Annual Meeting and Election held on June 10, 1992, will not be required to re-register for the purpose of voting on June 9, 1993.

Persons whose names appear as eligible voters as of June 9, 1993 on the Voter Registration Books issued and maintained by the Nassau County Board of Elections, shall be eligible to vote at the Annual School District Meeting Vote and Elections to be conducted on June 9, 1993. (Exception to the School District Registration requirement.)

The Board of Registration will meet during the election held in the District on June 9, 1993, at the place where the Annual Meeting and Election is held for the purpose of preparing a register for meetings and elections held subsequent to such Annual Meeting or Elections.

PLEASE TAKE FURTHER NOTICE that the register will be open for inspection by a qualified voter of the School District from June 3, 1993 up to and including the day of the election, June 9, 1993, Sunday excepted, between the hours of 8:30 a.m. and 4:30 p.m., with the exception of Saturday, June 5, 1993 when the hours will be from 10:00 a.m. to 1:00 p.m.

PLEASE TAKE FURTHER NOTICE that a copy of the statement of the amount of money which will be required for the ensuing school year 1993/94 for school purposes (budget) and a statement of any expenditure and estimated tax levy for the ensuing year that may be required to fund the school budget and library appropriation which may be separately presented at the above stated Annual Meeting shall be prepared and

LEGAL NOTICE

made available to any qualified voter at the office of the District Clerk, Administration Building, Cherry and Stewart Avenues, Bethpage, New York, and the offices of the principals of all the schools in the District therein during the period of seven (7) days immediately preceding the Annual Meeting between the hours of 9:00 a.m. and 4:00 p.m. (D.S.T.) Saturdays, Sundays and Holidays excepted.

PLEASE TAKE FURTHER NOTICE that the vote on all propositions and the election of candidates at the aforesaid Annual Meeting Vote and Elections, on

LEGAL NOTICE

June 9, 1993, will be conducted by ballot on voting machines.

BY ORDER OF
THE BOARD OF
EDUCATION
BETHPAGE
UNION FREE
SCHOOL DISTRICT
Administration
Building
Cherry and
Stewart Avenues
Bethpage,
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Second Annual Color Night Competition

On Thurs. April 1, the PTSA sponsored their Second Annual Color Night competition. Students, parents and faculty competed in various events such as volleyball, scooter races, three-legged race and obstacle course. The Orange team was coached by Mr. Ed Moeller and the

Black team was coached by Miss Vicki Vrona. The evening provided hilarity and camaraderie for everyone in attendance. A total of \$625 was raised for scholarship money to benefit Hicksville High School students.



High School students take a moment to relax at the Second Annual Color Night Competition.

Students Dissect Lungs, Hearts



Sixth graders Bridget Donohue, Alana Amplo, John Gooch, Linda Loreda, and Patti Ann Montana examine an animal heart.

On Friday, March 12 the fifth and sixth graders at St. Ignace Loyola had a fun filled learning experience. Both groups are participating in the New York State Growing Healthy Program. As part of the program the children dissect animal lungs and hearts.

The children have studied for many months so they knew about the structure and function of these organs. They had a

chance on Friday to see and touch these organs as they dissected them. They had a wonderful time while they reinforced their knowledge.

As the program continues the students will learn about the diseases of these organs and the ways to prevent these diseases and keep their bodies healthy. The students were directed and supervised in this project by sixth grade teacher Mrs. Ahr, and fifth grade teacher, Miss Brueckner.

Sports & Recreation Camp Directory

Special Sports and Recreation Camp Directory. Appearing in Mid Island Times, Syosset Advance, Bethpage Newgram, Jericho New Journal, New Hyde Park Herald Courier, Williston Times/Mineola Edition, Garden City News



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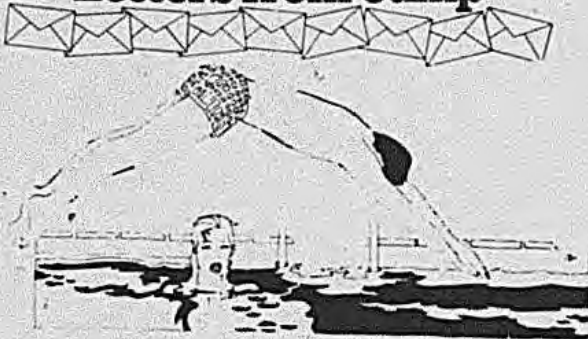
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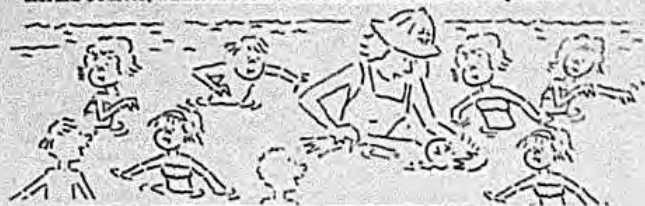
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New Pastor At St. Paul's

The members of St. Paul Lutheran Church in Bethpage are pleased to announce the arrival of their new Pastor, The Reverend James W. Berry. Pastor Berry and his wife, the former Beth Yurkasaitis of Trumbull, Conn. and their one-year old son, Jimmy, come to us from Hazel Park Lutheran Church, Hazel Park, Mich. where he served as Pastor since 1990. Pastor Berry will be installed in a special service at St. Paul, on Sunday, May 16, at 4 PM.

Pastor Berry was born in Milwaukee, Wis. where he received his Bachelor of Arts Degree from the University of Wisconsin in 1978. He worked as a radio announcer and talk show host for radio stations WTMJ and WATI in Milwaukee and WNAB in Bridgeport, Conn. He attended Concordia Theological Seminary where he received a Master of Divinity Degree and was ordained into the Ministry of the Lutheran Church Missouri Synod in March 1990.

St. Paul has been without a full-time Pastor since January 1992 and is grateful for the dedicated service of the Reverend Herbert Kern and his assistance during this vacancy. Thanks also go to a number of other ministers and teachers who served during this period.

The people of St. Paul Lutheran Church invite you and your loved ones to join us in welcoming the Berrys to the neighborhood. You can meet

Pastor Berry and hear him preach at St. Paul's Sunday morning worship at 10:30 AM

and Sunday beginning May 2. The church is located at 449 Stewart Avenue, Bethpage, NY.



Pastor James Berry and his wife Beth.

T.A.D.A. Active At High School



Pictured are T.A.D.A. students, front row (l-r) Allison Kolocki, Jean Marie Ksevina, MaryBeth Kessler, Kelly Klein, and Jean Marie Dunne; back row (l-r) Thomas Doherty, Jean Sullivan, Tom Galati, Keith Clancy, and Ali Ismail.

Teens Against Drug Abuse (T.A.D.A.), an organization of Hicksville High School students who feel that their peers need to be more aware of the dangers of drugs, has been active this year spreading its message.

The students have been involved in a variety of activities; passing out informative materials, selling "Just Say No!" buttons, planning ac-

tivities for the Great American Smoke-Out Day, and planning at the end of the year to join forces with S.A.D.D. to underscore the dangers of drug abuse and driving during prom time. The organization also adopted a family through Newsday at the holidays. The students raised money for the family who had been struggling due to the effects of drug abuse.

Students Perform Musical Review

The Hicksville Middle School Drama Club proudly presents Broadway Encore, a musical review of Broadway, on Thurs., April 29, Fri., April 30 and Sat., May 1, at 7:30 p.m. in the school's auditorium.


The cast of over seventy students will perform twenty-three musical numbers from the award-winning shows Fiddler on the Roof, Annie, Guys and Dolls, The Wizard of Oz,

and Bye Bye Birdie. There will be many surprises that will both delight and entertain the audience. At times the audience even becomes part of the show.

Tickets for the Fri. and Sat. performances are \$5 each and may be purchased at the door. The Thurs. performance is free to Senior Citizens and to elementary-age children through grade 5, and are limited to two tickets per paying adult.

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Jottings From Yesteryear

By Bill Clark

Remember Mom's list of things for you to get at the grocery store? I don't see oxtail, mock turtle and that big word mulligatawny soups and now I can spell them. Those days the girls would look for the wooden orange crates to make a dressing table by putting material around them, and the fellows would save the wooden cheese boxes and put a knob on them to store tools and parts. While at the fruit and vegetables stores like DeMonaco, Pignataro, or Buonagura you would get carrot tops and loose lettuce leaves for your rabbits. Beet tops when fresh, and tender when cooked, tasted better than spinach.

Years ago if the lights went out you used kerosene lamps

and candles. The other night at a local restaurant, for supper with my nephew, the storm or something put that area's lights out. The employees put a candle on each table. I told my nephew that was my luck - dining by candlelight and it had to be with him. LILCO was working in the area in minutes.

I was talking to a friend about Roulistons Grocery Store at Park Avenue and Woodbury Road, where you got butter from a tub and crackers were loose in various boxes sold by the pound. I'd ask for some of these, those and them. Many never reached home, if I was carrying them.

With warmer weather coming, enjoy your flowers in your garden.



Duffy Avenue west from Newbridge Road (now Nelson Avenue). Kasten residence at left and Beauty School next to Gulf Station in 60's.



Same area 1978. Parking lot replaced Kasten - Pool Co. was Gulf area and large building original Kantor House. T.O.B. Parking Garage now on Newbridge Road; Hanover Bank had not expanded yet. Hoffman-Lang house still on corner. Photos by Bill Clark

Hicksville F.D. In May 8 Parade

The Hicksville Fire Department and the Comanche Raider's Band will march in a gigantic parade in Floral Park on Saturday, May 8, to commemorate the 100th Anniversary of the Floral Park Fire Department. Step off will be at 11 a.m. at Willis Avenue and Jericho Turnpike. One hundred marching units from five states, including bands, floats, antique cars and fire trucks, clowns and more will be seen. The reviewing stand will be located at the Floral Park Village Hall near the Long Island Railroad Station.

Spectators are invited to enjoy the Old-Fashioned Intra-Department Drill and Block Party with entertainment and refreshments the night before the parade on Friday evening at 7 p.m. in the vicinity of the Village Hall.

Other free anniversary events will take place earlier in

the week. On Monday, May 3 at 7:30 p.m., the Fire Department will play the Police Department in an exciting softball game at the Floral Park Recreation Center, Ballfield No. 1 (rain-date - Tuesday, May 4). On Wednesday, May 5, at 7:30 p.m., the 40 member, U.S. Army Band of New York City (26th Army) will entertain with patriotic music in Memorial Park (rain - OLV School Hall), Tulip Avenue.

The Floral Park U.S. Post Office will acknowledge the anniversary with a special stamp cancellation on May 1.

DO YOU HAVE A SERVICE to advertise? Our Service Directory is sure to bring results. Call 931-0013, 294-8900 or 746-0240 for rates and information.

District Announces Summer Recreation

An all new Summer Recreation Program will be available to all students who are residents of the Hicksville Public School District. Three new and exciting programs have been designed to accommodate children of all ages. Each of the programs will be held weekdays beginning July 5 and ending August 6, 1993. All activities are tailored to the abilities and interests of all age levels. Supervision is provided by professional personnel, assisted by high school and college-age counselors. All personnel are screened for employment in this program in accordance with the hiring practices of the district.

An elementary program will be held at four sites; Burns Avenue, Lee Avenue, Old Country Road and Woodland Schools. The program for children entering grades 1-5 in Sept. of 1993 will be a full-day program; the hours are 9:30 a.m. until 3:30 p.m. Morning activities will include arts and crafts, indoor and outdoor games, such as kickball, recreational trips and activities are planned for each afternoon, including trips to a town pool, or beach weekly. There is no additional cost to parents for any trip; transportation to and from trips is included at no cost as well. Special events such as rodeo, olympics, circus and field days are planned for afternoons. A non-refundable registration fee of \$20 must be paid at registration. The cost for the program, which is \$180 for the five-week session, must be paid in full by June 1, 1993.

A morning sports and recreation program is available to Middle School students entering grades 6-8 in Sept. of 1993. The program will be held from 9:30 a.m. - 12 noon, Mon. thru Fri., July 5-Aug. 6. This program is free; however, students must register. Designed to provide youngsters with an opportunity to make new friends in a fun, secure and supervised environment, the program also offers boys and girls an opportunity to explore the camaraderie and interaction of team sports in a less competitive and challenging atmosphere. Students may choose from a wide variety of indoor and outdoor recreational activities, including aerobics, gymnastics, table tennis, floor hockey, badminton, basketball, volleyball, tennis, soccer, softball, lacrosse, flag football and fitness and conditioning weight training activities.

A High School open recreation program will be held evenings from 6:30 p.m.-9 p.m., Mon. thru Fri., from July 5-Aug. 6 for students entering grades 9-12 in Sept. of 1993. This free program provides young people with an opportunity to meet and interact with friends. Students may use the gymnasium, athletic fields and courts, and the weight room to pursue interests in activities such as softball, handball, soccer, lacrosse, tennis, jogging, basketball, volleyball, badminton, gymnastics, aerobics, table

tennis and floor hockey. Registration for this free program is required.

Registration for all three programs is by mail. Forms for registration and information regarding the program will be sent to all residents in the April publication of the district newsletter, the "Bulletin Board." Forms will also be sent home with each of the children attending district schools. Additional forms may be obtained in each of the schools and the Administration Building. All registration forms must be returned by May 3. Individuals interested in further information regarding the program should contact Mr. Robert Kenney, Director of Physical Education and Athletics, at 733-6585.

GRANDPARENTS - Send in your grandchildren's photos and enter our "World's Most Beautiful Grandchildren" contest. Just send a photo and a brief description of the child (or children) along with your name and address to: Litmor Publications, Beautiful Grandchildren Contest, 81 East Barclay St., Hicksville, N.Y. 11801. We'll do the rest!

Lamb K. Of C. Activities

A group of brother Knights from the Joseph F. Lamb Council No. 5723 Knights of Columbus, Plainview/Hicksville, will attend the Seventh Annual Pilgrimage to the Shrine of Our Lady of the Island, in Eastport, on Sunday, May 16.

The group will be led by P.F.N., F.D.D., Grand Knight Peter Volpe. This most rewarding day will start with the Rosary at 10:30 a.m. at the Rosary Walk, and a Mass will follow at 11:45 a.m. at the Shrine of the Blessed Virgin Mary. This promises to be a beautiful day.

On April 25, on a Sunday, the Joe Lamb Council will serve breakfast at Our Lady of Mercy Blood Drive, which will be held in the school cafeteria from 8:30 a.m. to 1:45 p.m. All donors will be served a hearty breakfast by a team of brother Knights led by Chairman P.G.K. John Lombardi.

On another note: the Joe Lamb "Knight of the Month" for April is Salvatore Termini. Sal has always supported the Council in its various endeavors. Our congrats to him!

On a sad note: Our deepest sympathy to our Chancellor, Pat Anello, on the recent loss of his father, Pat, Sr. "May he rest in peace."

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**LEGAL NOTICE
NOTICE OF
(ANNUAL)
DISTRICT
ELECTION
HICKSVILLE
UNION FREE
SCHOOL DISTRICT**

**HICKSVILLE, NEW YORK
NOTICE IS HEREBY**
GIVEN that pursuant to the resolution of the Board of Education of Hicksville Union Free School District, Hicksville, New York adopted February 24, 1993, the Annual District Election of the qualified voters of this School District will be held on May 19, 1993, between the hours of 10:00 A.M. (D.S.T.) and 10:00 P.M. (D.S.T.) in the seven Election Districts, stated below for the purpose of voting upon the following proposition(s).

PROPOSITION NO. 1

Shall the Budget approved by the Board of Education pursuant to Section 1716, be approved, and a tax on the taxable property of the District in the amount of such Budget, less State and Federal aid and revenues from other sources be levied?

NOTICE IS FURTHER GIVEN that nomination petitions for the office of member of the Board of Education must be filed with the Clerk of the School District no later than thirty (30) days before the Annual Meeting, said date being Monday, April 19, 1993, between the hours of 9:00 A.M. and 5:00 P.M. A separate petition shall be required to nominate a candidate to each separate office. Each petition shall be directed to the Clerk of the School District, shall be signed by at least 85 qualified voters of the District (the same being two percent (2%) of the number of voters who voted in the previous Annual Meeting) shall state the residence of each signer, the name and residence of the candidate, and describe the specific vacancy for which the candidate is nominated, which description shall include at least the length of terms of the office and name of the last incumbent. Forms of petitions for School Board Members may be obtained from the Clerk of the School District.

The following vacancies are to be filled on the Board of Education:

3 year term ending June 30th, 1996

Last Incumbent: Richard H. Pfander

3 year term ending June 30th, 1996

Last Incumbent: Arlene J. Rudin

3 year term ending June 30th, 1996

Last Incumbent: Carole R. Wolf

NOTICE IS FURTHER GIVEN that Personal Registration and Election Districts have been established in the School District, that no person shall be entitled to vote at the Annual District Election whose name does not appear on the register of the School District, unless such person is registered under the provisions of Section 5-612 of the Election Law and that those qualified to register and vote shall do so in the School Election District in which they reside.

NOTICE IS FURTHER

LEGAL NOTICE

GIVEN that copies of the statement of estimated expenses for the school year 1993-94 may be obtained by any taxpayer in the District at each school house in the District daily except Saturday and Sunday on and after May 12, 1993, between 9:00 A.M. and 4:00 P.M. and that any other propositions to be voted upon are available for inspection by any taxpayer in the District at each school house in the District daily except Saturday and Sunday on and after Wednesday, May 12, 1993, between 9:00 A.M. and 4:00 P.M.

NOTICE IS FURTHER GIVEN that a public hearing shall be held on April 27, 1993, at the Senior High School for the purpose of discussion of the expenditure of funds and the budgeting thereof.

NOTICE IS FURTHER GIVEN that the Board of Registration shall meet in the seven (7) Election Districts described below on Wednesday, May 5, 1993, from 3:00 P.M. until 8:00 P.M. (D.S.T.)

Any person shall be entitled to have his name placed upon such register provided that at such meeting of the Board of Registration he proves to the satisfaction of such Board of Registration to be then or thereafter entitled to vote at the school meeting or election for which such register is prepared. Said register will be filed in the office of the District Clerk on May 5, 1993, and will be open for inspection by any qualified voter of the District from 9:00 A.M. to 4:00 P.M. on any weekday from May 6, 1993 up to an including May 19, 1993. Residents who voted at an Annual Meeting of the District within four years from the date of the current Annual Meeting or who registered within that time need not register to be eligible to vote at the Annual Meeting. Residents otherwise qualified to vote who are registered under the provision of Section 5-612 of the Election Law need not register to be eligible to vote at the Meeting.

NOTICE IS FURTHER GIVEN that during the voting hours of May 19, 1993, the Board of Registration will meet in the various election districts to receive registration for the ensuing year.

NOTICE IS FURTHER GIVEN THAT applications for absentee ballots may be applied for at the office of the Clerk of the District. A list of all persons to whom absentee ballots are issued will be available in the office of the Clerk on May 11, 1993 through May 19, 1993. Such list will also be posted at all polling places at the election of members of the Board of Education.

SCHOOL ELECTION DISTRICTS

The boundaries of the school election districts, as adopted by resolution of the Board of Education and the place in each election district for registration and voting shall be as follows:

**DISTRICT NO. 1
BURNS AVENUE SCHOOL**

On the East: Broadway, from the District's North Line, to the intersection Jerusalem Avenue and Broadway, continuing South along Jerusalem Avenue to the intersection of Jerusalem Avenue and the Long Island

LEGAL NOTICE

Railroad.
On the South: The Long Island Railroad, from Jerusalem Avenue to the District's West Line.

On the West: The District's West Line from the Long Island Railroad to the District's North Line.

On the North: The District's North Line from the District's West Line to Broadway.

**ELECTION
DISTRICT NO. 2
EAST STREET SCHOOL**

On the East and North: Miller Road as projected to the District's North Line, South along said Miller Road to Ronald Avenue, then East along Ronald Avenue to Woodbury Road, then northeast along Woodbury Road to Ardsley Gate, then Southeast through Ardsley Gate to Dartmouth Drive, then Southwest and South through Dartmouth Drive to its intersection with Haverford Road, then East to the intersection of Haverford Road and Berkshire Road, then East along Berkshire Road to its intersection with Columbia Road, then East along Columbia Road to the District's East Line, then South along the District's East Line to the Long Island Railroad.

On the South and Southwest: Along the Long Island Railroad, from the District's East Line southerly point, to the intersection of the Long Island Railroad and Jerusalem Avenue.

On the West: Broadway from Jerusalem Avenue to the District's North Line.

On the North: The District's North Line from Broadway to Miller Road, as projected to said line.

**ELECTION
DISTRICT NO. 3
WOODLAND AVENUE SCHOOL**

On the North, Northeast and East along the District's North Line, from Miller Road, as projected to the District's North Line, to the District's East Line.

On the East: South along the District's East Line, from the District's North Line, to Columbia Road.

On the South and West: Columbia Road, from the District's East Line, West to Berkshire Road, then West along Berkshire Road into Haverford Road, and continuing West on Haverford Road to Dartmouth Drive then North and Northeast along Dartmouth Drive to Ardsley Gate; then Northwest through Ardsley Gate to Woodbury Road, then Southwest along Woodbury Road to Ronald Avenue, the West along Ronald Avenue to Miller Road, then North along Miller Road and continuing thereon as it is projected, to the District's North Line.

**ELECTION
DISTRICT NO. 4
LEE AVENUE SCHOOL**

On the East-Northeast: The Long Island Railroad, from its intersection with Old Country Road, to the Southerly point of the District's East Line.

On the South: The District's South Line, from the Long Island Railroad, Southwesterly into Michigan Drive, then South along said District Line to the Hempstead Township

LEGAL NOTICE

Line, then Northwesterly along the District's South Line to Jerusalem Avenue.

On the West and North: Along Jerusalem Avenue, from the District's South Line, to Salem Gate, then West along Salem Gate to Salem Lane, then North to Harkin Lane, then Northwest along Harkin Lane to Division, then North along Division Avenue to Glenbrook Road, then Northwest along Glenbrook Road to Newbridge Road, then Northwest along Newbridge Road to Old Country Road, then East along Old Country Road to the Long Island Railroad.

**ELECTION
DISTRICT NO. 5
FORK LANE SCHOOL**

On the East: Jerusalem Avenue from Salem Gate, to the District's South Line.

On the North: Salem Gate, West from Jerusalem Avenue, to Salem Road, then North along Salem Road to Harkin Lane, then Northwest along Harkin Lane to Division Avenue, then Northwesterly along Division Avenue to Glenbrook Road then West along Glenbrook Road to Newbridge Road.

On the West: Newbridge Road, from Glenbrook Road on the North, to the District's South Line.

On the South: The District's South Line, from Newbridge Road, on the West, to Jerusalem Avenue on the East.

**ELECTION
DISTRICT NO. 6
DUTCH LANE SCHOOL**

On the East: Newbridge Road, from Elmira Street, to the District's South Line.

On the South: The District's South Line, from Newbridge Road, on the East, to the District's West Line.

On the West: The District's West Line, from the District's South Line to Arrow Lane, as said Lane is projected West to the District's West Line.

On the North: From Arrow Lane, as projected to the District's West Line, East and along said Arrow Lane, to Levittown Parkway, then South along Levittown Parkway to Beech Lane, then East Long Beech Lane to Blueberry Lane, then South along Blueberry Lane to Elmira Street, then East along Elmira Street to Newbridge Road.

**ELECTION
DISTRICT NO. 7
OLD COUNTRY ROAD SCHOOL**

On the North and Northeast: The Long Island Railroad from the District's West Line to the intersection of the Railroad with Old Country Road.

On the South and East: Old Country Road from its intersection with the Long Island Railroad, West to Newbridge Road, then Southwest along Newbridge Road to Elmira Street, then West along Elmira Street to Blueberry Lane, then North along Blueberry Lane to Beech Lane, then West along Beech Lane to Levittown Parkway, then North along Levittown Parkway to Arrow Lane, then West along Arrow Lane, and as projected to the District's West Line.

**BY ORDER OF
THE BOARD
OF EDUCATION**

LEGAL NOTICE

**HICKSVILLE
UNION FREE
SCHOOL DISTRICT
HICKSVILLE
TOWN OF
OYSTER BAY, N.Y.
Alice L. Wider
District Clerk**

MIT 2691
GX 4/2, 16, 23, 30

**LEGAL NOTICE
NOTICE OF SALE
SUPREME COURT
COUNTY OF NASSAU**

The Long Island Savings Bank of Center-reach, F.S.B., Plaintiff against Robert E. Carroll, et al, Defendant(s).

Pursuant to a judgment of foreclosure and sale entered herein and dated October 23, 1992, I, the undersigned Referee will sell at public auction at the north front steps of the County Court House, 282 Old Country Road, Mineola, County of NASSAU, State of New York, on May 7, 1993 at 9:00 A.M., premises on the westerly side of Division Avenue, 640.11 feet south of Old Farm Road, being a plot 60 feet by 100 feet and known as 221 Division Avenue, Levittown, Town of Hempstead, State of New York. Approximate amount of lien \$118,255.33 plus interest and costs. Premises will be sold subject to provisions of filed judgment, Index Number 23726/91. Dated: March 29, 1993

John DeLeonardis, Esq.
Referee
Zavatsky & Mendelsohn
Attorneys for Plaintiff
P.O. Box 510
33 Queens Street
Syosset, New York
11791-0510

MIT 2685
GX 4/9, 16, 23, 30

**High Tea At
The Waldorf**

Spring is here; time to bloom with the flower buds and open to new experiences. Thursday May 13, the Glen Cove-Hicksville-Syosset League of Mercy Medical Center is sponsoring a trip to the Waldorf Astoria in New York for High Tea, a traditional event including a tour of the luxurious catering, dining and hotel facilities, as well as tea or coffee served with assorted tea sandwiches, scones and french pastries. As an extra added attraction, our first stop will be a tour of the Lladro Collection Society to browse and learn more about the beauty of these delicate Spanish porcelain.

The bus will leave at 9am from behind Sears Automotive in Hicksville. A donation of \$51 covers all.

The Glen Cove-Hicksville-Syosset League of Mercy Medical Center is a non profit organization whose purpose is to make charitable donations to the medical center to offset the growing costs of medical care. Your donation is tax deductible to the extent of the law.

For more information, please call May at 822-3998 or Dorothy at 938-8174.

LEGAL NOTICE

NOTICE IS HEREBY GIVEN that the resolution published herewith has been adopted by the Town Board of the Town of Oyster Bay, Nassau County, New York, on April 13, 1993, and the validity of the obligations authorized by such resolution may be hereafter contested only if such obligations were authorized for an object or purpose for which said Town is not authorized to expend money, or if the provisions of law which should have been complied with as of the date of publication of this notice were not substantially complied with, and an action, suit or proceeding contesting such validity is commenced within twenty days after the date of publication of this notice, or such obligations were authorized in violation of the provisions of the Constitution.

Dated: Oyster Bay, New York
April 13, 1993

CARL L. MARCELLINO
Town Clerk
BOND RESOLUTION DATED APRIL 13, 1993, RESOLUTION NO. 238A - 1993, A RESOLUTION AUTHORIZING THE ISSUANCE OF \$3,100,000 SERIAL BONDS OF THE TOWN OF OYSTER BAY, NASSAU COUNTY, NEW YORK, TO PAY THE COST OF THE INCREASE AND IMPROVEMENT OF THE FACILITIES OF THE TOWN OF OYSTER BAY SOLID WASTE DISPOSAL DISTRICT.

WHEREAS, pursuant to the provisions heretofore duly had and taken in accordance with the provisions of Section 202-b of the Town Law, and more particularly an order dated April 13, 1993, the Town Board of the Town of Oyster Bay, Nassau County, New York, has determined it to be in the public interest to increase and improve the facilities of the Town of Oyster Bay Solid Waste Disposal District at a maximum estimated cost of \$3,100,000; and

WHEREAS, it is now desired to provide funding shall be determined by the Supervisor. It is hereby determined that it is to the financial advantage of the Town not to impose and collect from registered owners of such serial bonds any charges for mailing, shipping and insuring bonds transferred or exchanged by the fiscal agent, and, accordingly, pursuant to paragraph c of Section 70.00 of the Local Finance Law, no such charges shall be so collected by the fiscal agent. Such bonds shall contain substantially the recital of validity clause provided for in section 52.00 of the Local Finance Law and shall otherwise be in such form and contain such recitals in addition to those required by section 52.00 of the Local Finance Law, as the Supervisor shall determine.

Section 9. This resolution shall constitute a statement

LEGAL NOTICE

of official intent for purposes of Treasury Regulations Section 1.103 - 18(f). Other than as specified in this resolution, no monies are, or are reasonably expected to be, reserved, allocated on a long-term basis, or otherwise set aside with respect to the permanent funding of the object or purpose described herein.

Section 10. The validity of such bonds and bond anticipation notes may be contested only if:

- 1) Such obligations are authorized for an object or purpose for which said Town is not authorized to expend money, or
- 2) The provisions of law which should be complied with at the date of publication of this resolution are not substantially complied with, and an action, suit or proceeding contesting such validity is commenced within twenty days after the date of such publication, or
- 3) Such obligations are authorized in violation of the provisions of the Constitution.

Section 11. This resolution, which takes affect immediately, shall be published in full in Massapequa Post, Mid Island Times, Bethpage Tribune, and Oyster Bay Guardian, the official newspapers, together with a notice of the Town Clerk in substantially the form provided in Section for such project; NOW, THEREFORE, BE IT

RESOLVED, by the Town Board of the Town of Oyster Bay, Nassau County, New York, as follows:

Section 1. For the specific object or purpose of paying the cost of the increase and improvement of the facilities at the Town of Oyster Bay Solid Waste Disposal District in and for the Town of Oyster Bay, Nassau County, New York, consisting of improvements to the facilities at the Old Bethpage Solid Waste Disposal Complex, including the capping and monitoring of such Complex, at a maximum estimated cost \$3,100,000, there are hereby authorized to be issued \$3,100,000 serial bonds of said Town pursuant to the provisions of the Local Finance Law.

Section 2. The maximum estimated cost of such specific object or purpose is \$3,100,000, and the plan for the financing thereof is by the issuance of the \$3,100,000 serial bonds of said Town authorized to be issued pursuant to this bond resolution.

Section 3. It is hereby determined that the period of probable usefulness of the aforesaid specific object or purpose is twenty years, pursuant to subdivision 6-a of paragraph a of Section 11.00 of the Local Finance Law. It is hereby further determined that the maximum maturity of the serial bonds herein authorized will exceed five years.

Section 4. Subject to the provisions of the Local Finance Law, the power to authorize the issuance of and

LEGAL NOTICE

to sell bond anticipation notes in anticipation of the issuance and sale of the serial bonds herein authorized, including renewals of such notes, is hereby delegated to the Supervisor, the chief fiscal officer. Such notes shall be of such terms, form and contents, and shall be sold in such manner, as may be prescribed by said Supervisor, consistent with the provisions of the Local Finance Law.

Section 5. The faith and credit of said Town of Oyster Bay, Nassau County, New York, are hereby irrevocably pledged to the payment of the principal of and interest on such obligations as the same respectively become due and payable. An annual appropriation shall be made in each year sufficient to pay the principal of and interest on such obligations becoming due and payable in such year.

Section 6. Such bonds shall be in fully registered form and shall be signed in the name of the Town of Oyster Bay, Nassau County, New York, by the manual or facsimile signature of the Supervisor and a facsimile of its corporate seal shall be printed thereon and attested by the manual or facsimile signature of the Town Clerk.

Section 7. The powers and duties of advertising such bonds for sale, conducting the sale and awarding the bonds, are hereby delegated to the Supervisor, who shall advertise such bonds for sale, conduct the sale, and award the bonds in such manner as he or she shall deem best for the interests of the Town; provided, however, that in the exercise of these delegated powers, he or she shall comply fully with the provisions of the Local Finance Law and any order or rule of the State Comptroller applicable to the sale of municipal bonds. The receipt of the Supervisor shall be a full acquittance to the purchaser of such bonds, who shall not be obliged to see to the application of the purchase money.

Section 8. All other matters, except as provided herein relating to such bonds, including prescribing whether manual or facsimile signatures shall appear on said bonds, prescribing the method for the recording of ownership of said bonds, appointing the fiscal agent or agents for said bonds, providing for the printing and delivery of said bonds (and if said bonds are to be executed in the name of the Town by the facsimile signature of its Supervisor, providing for the manual countersignature of a fiscal agent or of a designated official of the Town), the date, denominations, maturities and interest payment dates, place or places of payment, and also including the consolidation with other issues, shall be determined by the Supervisor. It is hereby determined that it is to the financial advantage of the Town not to impose and collect from registered owners

LEGAL NOTICE

of such serial bonds any charges for mailing, shipping and insuring bonds transferred or exchanged by the fiscal agent, and, accordingly, pursuant to paragraph c of Section 70.00 of the Local Finance Law, no such charges shall be so collected by the fiscal agent. Such bonds shall contain substantially the recital of validity clause provided for in section 52.00 of the Local Finance Law and shall otherwise be in such form and contain such recitals in addition to those required by section 52.00 of the Local Finance Law, as the Supervisor shall determine.

Section 9. This resolution shall constitute a statement of official intent for purposes of Treasury Regulations Section 1.103 - 18(f). Other than as specified in this resolution, no monies are, or are reasonably expected to be, reserved, allocated on a long-term basis, or otherwise set aside with respect to the permanent funding of the object or purpose described herein.

Section 10. The validity of such bonds and bond anticipation notes may be contested only if:

- 1) Such obligations are authorized for an object or purpose for which said Town is not authorized to expend money, or
- 2) The provisions of law which should be complied with at the date of publication of this resolution are not substantially complied with, and an action, suit or proceeding contesting such validity is commenced within twenty days after the date of such publication, or
- 3) Such obligations are authorized in violation of the provisions of the Constitution.

Section 11. This resolution, which takes affect immediately, shall be published in full in Massapequa Post, Mid Island Times, Bethpage Tribune, and Oyster Bay Guardian, the official newspapers, together with a notice of the Town Clerk in substantially the form provided in Section 81.00 of the Local Finance Law.

MIT 2700
1x4/23

NOTICE
HAVE YOU A HIDDEN TALENT that has yet to be discovered in print?

We are looking for articles, not exceeding 3,000 words or less than 1,500 words, on local topics, opinions, ideas, nice places to visit on Long Island, and even fiction. In our magazine section, we will try to "Discover" one new feature length article and writer per week. Each writer will be reimbursed a stipend of \$25.00.

If you want to be published and be part of an issue of Discovery, you may submit your article to Litmor Publications, 81 East Barclay Street, Hicksville, N.Y. 11801.

Gardening Workshop On Perennials

How does your garden grow? Is it a random mixture of flowering plants? Would you like to fill it with colorful perennials that will provide continuous beauty and bloom?

Join Sara Annunziata of Forever Perennial at the Bethpage Public Library on Tuesday, May 4, 7:30 p.m. for a slide presentation and workshop all about these flowering plants. She will discuss the season of bloom, proper sun and soil conditions, and will advise which plants will provide continuous bloom. Ms. Annunziata will also provide helpful suggestions for setting up a perennial garden.

Transform your garden into the showplace of your neighborhood this year, and every year to come!

Admission Free - All Welcome.

The library is located at 47 Powell Avenue, two blocks west of Exit 8 on the Seaford-Oyster Bay Expwy. (Rte. 135), phone 931-3907.

Elder Law Seminar At Library

Calling all seniors! The Bethpage Public Library is pleased to present a seminar on Elder Law on Wed., May 5, 1 p.m. Ethel Landau of the Nassau-Suffolk Law Services Committee will be on hand to discuss the latest laws and practices in areas of interest to senior citizens such as Medicare, Medicaid, and health care proxies. She will also discuss living wills and trusts, and other lifetime planning matters.

Don't miss this opportunity to have all your questions answered by a professional in the field of elder law. Refreshments will be served.

Admission Free - All Welcome.

In Service

Navy Chief Petty Officer Joseph A. Ericson, son of Richard J. and Ruth W. Ericson of Elm St., Hicksville, recently received the Navy Achievement Medal.

Ericson was cited for superior performance of duty while serving with Construction Battalion Unit 420, Naval Station, Mayport, Fla.

The award, presented during formal ceremonies, is official recognition for outstanding accomplishments, achievements and devotion to duty.

Ericson is currently assigned with Headquarters and Headquarters Squadron, Marine Corps Air Station, Iwakuni, Japan.

He joined the Navy in February, 1976. His wife, Anna, is the daughter of Joseph J. and Martha Scarangella, 17 Roberts St., also of Hicksville.

Marine Staff Sgt. Stephen J. Boland, whose wife, Rita, is the daughter of Peter Voce of Virginia Ave., Plainview, recently reported for duty with Marine Corps Recruiting Station, 1st Marine Corps District, Garden City, NY.

In Service

Navy Seaman Recruit Salvatore DeFazio, a 1992 graduate of Hicksville High School, recently deployed aboard the amphibious cargo ship USS El Paso, homeported in Norfolk, VA to the Persian Gulf for six months as part of the USS Wasp Amphibious Ready Group.

The ready group, comprised of four ships and a 2,100-man Marine Expeditionary Unit,

will participate in various exercises while deployed, and be ready to respond on short notice to crises in distant lands, from the sea. The deployment will practice the Navy and Marine Corps' new strategy entitled "...From the Sea" which emphasizes the mobility, flexibility and capability of the Navy and Marine Corps Team.

He joined the Navy in September, 1992.

THE LONG ISLAND ANTIQUES SHOW

benefiting North Shore University Hospital

MAY 1 - 2nd

33 Dealers of Distinction

Boutique • Spring Raffle

Daily 10-6 p.m. - Admission \$7.00



C.W. Post Campus,
Long Island University
Brookville, NY

Tickets and information: (516) 926-8852

Kiwanis Club

Spaghetti

Dinner

On Friday May 7, The Kiwanis Club of Hicksville will be holding its 5th Spaghetti Dinner fund-raiser, between 5:30 and 8 P.M., at Holy Trinity Episcopal Church, Old Country Road and Jerusalem Avenue in Hicksville. The monies raised from this dinner will be used to support local charities in the Hicksville area, such as the Boy Scouts, scholarships for local youths, sports leagues, the Hicksville Youth Council, etc.

Parent Education -

"Family Matters"

On Tuesday, May 11, at 8 PM, Tina Rotstein, CSW of the North Shore Child Guidance Center will conduct a workshop at the Mid-Island Y JCC, (45 Manetto Hill Road, Plainview) on the trials and tribulations of parenthood. Topics to be covered include the expectations we have of ourselves and our children, difficulties handling our disappointments when our children "don't measure up", and how we learn to accept our own limitations as parents.

Admission is free to JCC members and \$3 for non members. Pre-registration required by April 30. Call the Early Childhood Department at 822-3535 for more information.

Gymnastics At Dutch Lane

Dutch Lane School's Pre-School thru grade students participated in a pre-gymnastics unit during March and part of April. During physical education class time, they moved consecutively through eighteen to twenty different stations. A variety of equipment and courses are used for each age level. The course includes climbing ropes, rings, a low-balance beam, a horizontal bar, a climb-

ing stile and fence, a horizontal ladder, a horse, tunnels, floor ladder and various mats. The program is designed to comply with the current standards of teaching developmentally appropriate physical education practices. All children are involved in activities that keep them continuously active but are individualized for each child's skill level.



Derek Dittko enjoys the fun during the Dutch Lane pre-gymnastics unit.



All the way to the top is Thomas Brewer, Dutch Lane physical education student.

YOU ARE CORDIALLY INVITED TO OUR

Spring Festival & Open House

THE
Waldorf School
OF GARDEN CITY

Sunday, May 2, 1993

- 1 to 4 p.m. • Open Classrooms, Tours
- 1:30 pm • Maypole
- 2 pm • High School Music Presentation
- 3 pm • Refreshments

Nursery - Grade 12 • College Preparatory
Challenging Core Curriculum
(516) 742-3434

CAMBRIDGE AVENUE • GARDEN CITY, NEW YORK 11530

1993 Xerox Award To Rekha Reddy

Rekha Reddy, a junior at Bethpage High School, will receive the Xerox Award in the Humanities/Social Sciences, presented by Xerox Corporation.

Xerox Award winners are selected on the basis of scholarship in the humanities or social studies, leadership, and community services.

Rekha will receive her Xerox Award during a presentation on May 26. She also will be eligible to apply for a special Xerox

Scholar Program at the University of Rochester in Rochester, NY.

The Xerox Award in the Humanities/Social Sciences is designed to recognize and reward the academic achievements of outstanding students and to emphasize the importance of a broad educational background in preparing students for future careers.

The awards program recognizes students at high schools in all 50 states.

Part Two of the Mid Island Times
Syosset Advance, Williston Times,
New Hyde Park Herald Courier,
Bethpage Newsgram, Jericho News Journal
and The Garden City News



Discovery! Magazine

The newspaper edition that helps
discover new writers, new ideas
through input and special
family features.

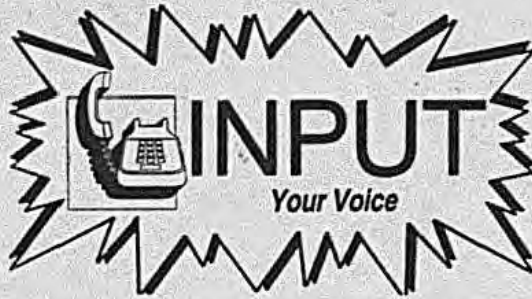


Friday, April 23, 1993

**Spring Gardens Done
The English Way**



SEE PAGE 3



THE QUESTION OF THE WEEK

Do you think a national value added tax (sales tax) would be a good way to finance health care?



Call 931-0027

**24
HOURS**

a Day

Ground Rules:
You are not limited
to the above
but may talk on
any subject of
interest to readers.

• One subject to a caller per week •

Simply dial 931-0027 - 24 Hours a Day and follow these simple rules:

1. Wait for the beep.
2. Confine your INPUT to one subject.
3. Limit your opinion to five minutes (make notes before calling).
4. Leave your name and telephone number, or simply use a pen name (your message can be anonymous).
5. Publishers reserve the right to edit, modify or omit any and all material.

Input Callers Mixed Ideas On Woody Allen

There is not much enthusiasm for Woody Allen following his court case with Mia Farrow, but Input callers are divided in whether they will be influenced in their evaluation of Woody Allen's work in answer to this question: "Do you think the recently unfavorable publicity about Woody Allen will hurt his career?" Here are some of the answers.

NOT GREAT PEOPLE

Woody Allen and Mia Farrow did not come across as great people in the recent court case, but I still think that many of the films made by Woody Allen are great. He will not be the first genius in history who had a tumultuous private life. I tend to separate the two in evaluating Woody Allen's work. J.F.

WONT BE SEEING

Absolutely. The revelations in court of the totally depraved behaviour of Woody Allen should make all of those people who watch his movies and think he is saying things just for humor know that he is seriously perverted and that his ideas are not the type that great films are made of. I won't be seeing any more of his trash. M.F.

STILL GOOD

Why should people think that Woody Allen is any better than most Hollywood people. He is following the same life style many do. Some of the things alleged during his trial were without substance and were really part of a "get back at Woody" stance that went too far and many people believed at face value. I don't think Woody should get a prize for his behavior but the man can write, act and direct and his movies are always worth seeing. I shall continue to see them. K.D.

GREAT DIRECTOR

The only thing that bothers me about the court case is that it might make Woody Allen stop producing more wonderful films. I do not think that the writer of any work has to be a saint. If that were the standard then we would have empty library shelves. Woody Allen has come through some private turmoil but that does not stop him from being a great director. B.G.

JUST ALLEGATIONS

It is unfortunate that Woody Allen's life had to be broadcast through the trial with Mia Farrow. Most of us have only heard the bizarre portions of the trial. The parts that bear on allegations of a sexual nature. We do not really know who is telling the truth. From that vantage point then why should we judge Woody Allen as not a fit person to author movies? It makes no sense. K.G.

DIFFERENT WOODY

I think that the public now sees a different Woody Allen. He is not the jovial, subtle star of his own movies but an egocentric and at times pitiful person. I do not intend to see anything more that he is part of. G.S.

SAME AS CLINTON

The public has been shocked so many times that I don't believe that anything in the Woody Allen court case will bother the public. They snap back. Look at President Clinton. He put it all behind him and the public trusted him to become President of the U.S. Woody will also survive. S.N.

HE'S FINISHED

The idol of many had feet of clay. Woody Allen is finished. He cannot make people think he is the nice fellow on the block and acting in his own movies as a spoof hero. We now know he has an ego and perversion that guides his life. No thanks to Woody Allen in the future. L.D.

WHO CARES

No if fornicating, lying and draft dodging did not hurt or hinder the election of Bill Clinton why should sleeping with his girl friend's adopted daughter and other unfavorable publicity hurt Woody Allen? And besides, who cares. F.W.

CONSENSUS DETRIMENTAL

I know so little about Woody Allen and his contemporaries that it's hard to venture an opinion as to whether recent unfavorable opinion will hurt his career. The past headlines which have caught my eye didn't induce me to develop a greater awareness of his family life so I am not one qualified to express an educated opinion. However, in talking with personal associates and friends, I have yet to hear any complimentary views about his behavior or his intimate sex life. The consensus appears to be detrimental and from the little I know personally, I wouldn't want to bet the family fortune on the future of his career. Certainly, the heated exchanges of frequent accusations between Woody Allen's lawyers and Mia Farrow's legal representatives regarding custody of the children with a heavy accent on serious financial considerations does nothing to enhance the future career of anyone involved. P.G.S.



Discovery!

Spring Gardens Done The English Way

By Diane Fucello

Now that spring is upon us, why not try something different and exciting when planning your garden? Tired of the same old flowers year after year? Geraniums and impatiens, begonias and ageratum. Oh, not that there's anything wrong with these popular blooming beauties, it's just that everywhere you look you see the same faces. Pretty boring, huh? If you want to exhibit some imagination, why not do it the English Way?

English gardens have long been among the most enchanting and creative gardens in the world. Two popular types are the formal knot garden and the informal cottage garden. Both provide room for experimenting and fun and each is quietly alluring in its own distinct way.

Knot gardens, which were an Old World favorite, came into fashion during the reign of Henry VIII. From his palace at Hampton Court in England, he could look down onto the elaborate beauty of the interwoven laces of color and see "knots" as enknotted it cannot be expressed." It is believed that the idea for knot gardens came from the copying of patterns used on 16th Century mosaic floors, patterned walls and decorated ceilings. Imagine a magnificent garden reminiscent of fine embroidery, where lords and ladies might have feasted at torchlit banquets among deliciously fragrant herbs, or maids may have spread out their freshly washed linens to absorb the heavenly scent of lavender.

While it would be impossible to have such a garden in one's backyard (without a few acres of land and an entourage of gardeners), it is fairly easy to design and grow a scaled down version of a very pretty and interlacing knot. Although originally designed to be viewed from a tower or terrace, the knot garden can be used as a striking addition to any landscape, large or small.

A knot garden can more simply be described as bands of low-growing herbs, fashioned into a "knot" or any intertwining design, set in a square or rectangular border. The beauty of it is apparent when you use different colored bands of herbs to distinguish an under-and-over effect.

In making a knot garden, it is wise to draw a design out on paper first, then color the plan as desired. The ideal knot garden has a distinct geometric pattern, which can be made as simple or as intricate as you wish, depending on space availability. Stake off your selected plot into a square or rectangle and outline the design of the knot with sand or lime.

Herbs most commonly used in knot gardens do not thrive in very acid soil but require a light, well-grained soil and full sunlight. Ideal herbs for the knot garden would be perennial, compact and able to withstand frequent clipping to maintain the shape of the garden. Of course, distinctly varied color and texture foliage sets off the shape and basic allure of the knot garden. Some commonly used herbs are gray and green santolinas, hyssop, golden variegated sage and dwarf lavender. Silvery artemisia, golden marjoram, dark-green germander and lavender are a few simple herbs which make a colorful garden. For leaf variations try lady's mantle and tricolored sage. Any of these plants go well when mixed with the usual parsley, thyme, basil, etc. as the plants grow, a light clipping every two weeks is necessary to maintain a uniform height. To fill in the spaces between the ribbons of the knot pebbles or bark chips are commonly used and create a kept appearance. For added color, broken bricks (for red), chalk and coal dust (for blue), chalk or lime (for white), or clay and sand (for yellow) could be used in place of bark chips. A variation of the herbal knot garden would be to use beds of grass for the knot with scented flowers filling the spaces in between.

If you are wondering what the herbs will look like if left uncut to bloom, santolina, which looks very similar to pieces of coral, will be covered with yellow button flowers in summer. Shrubby santolina will stay evergreen. Bushy hyssop, with its narrow, dark-green leaves, forms spikes of blue flowers that attract bees and butterflies. Sage, with its strongly aromatic gray-green leaves, will bloom with spiky, purple flowers which also are attractive to bees. Lavender, depending on the variety, blossoms into white, pink, or purple flowers, with foliage ranging from blue-green to almost gray. The hardiest of the species is English lavender. The loveliness of lavender is in the fragrance of its leaves as well as its blossoms, which is understandably why it is used in everything from wreaths and potpourris, to desserts and vinegars. Lady's mantle is a graceful herb with mounds of scalloped leaves. Its clusters of yellow-green flowers bloom freely all summer and add a delightful contrast to the grays and greens of the rest of the garden.

One of the most well loved herbs in any garden is thyme. It comes in many varieties with leaf hues ranging from gray to dark-green. Its small flower spikes bloom in white, pink, or mauve and are generally covered with hungry bees. Lemon thyme has a deli-



cate lemon flavor and variegated thyme sports gold and silver tinted leaves.

Knot gardens may have originated in palatial landscapes, but with a little planning and care, can be uniquely rewarding grown anywhere.

If the idea of a well-disciplined formal knot garden is not your cup of tea, maybe the wild ramblings of a romantic cottage garden is. The English cottage gardens of the nineteenth century were simply one sweeping blur of herbs, flowers and vegetables growing side by side. Although masses of lush foliage and delicate flowers mixing in charming abandon has a sense of unstructured appeal, the cottage garden should be carefully planned to maintain a feeling of order.

The size of the informal cottage garden can range anywhere from a patch of mix-and-match herbs and wildflowers outside your kitchen door, to a backyard full of lazy, meandering paths winding around beds of overgrown blooming color. Whatever size you choose, define the space with stones or wood and place the plants close together, so they will blend into one another when fully grown. The effect will be a mass of lovely rambling colors and textures.

Certain flowers exude a definite air of romance and would beautifully grace any cottage garden. The bleeding heart, named for its resemblance to a heart shedding a drop of blood, is a popular English plant loved for its arched branches from which dangle magenta and white flowers. Foxglove, a favorite among honeybees, got its name from a northern legend. It is said that wicked fairies gave these flowers to foxes to put on their paws in order to prowl quietly around chicken runs. The cornflower, with its glorious shade of blue, was popular in Tudor gardens. The climbing sweet pea, found in nearly every cottage garden, was so loved by the Victorians that in 1901 the English National Sweet Pea Society was formed, and the flower became the symbol of Edwardian England. Carnations, a popular garden favorite for centuries, was also favored in Tudor knot gardens. Their clove-scented flowers were believed to be an aphrodisiac and were at one time used to spice wine given to brides after the wedding ceremony. Carnations range in shade from pale salmon pink to deepest ruby. Snapdragons, which will grow wild even on old stone walls, were used in Tudor times as a charm against witchcraft. Night-scented stock, well loved in cottage gardens, was used by Elizabethans to ease the pains of childbirth. Mint, once thought to be a cure-all, was strewn around cottage floors for the sweet essence it released when trampled upon. Lastly, possibly the most popular cottage garden flower is lavender. Its beauty and fragrance in the garden is understated. Its scent is used in bathing water, perfume, potpourri and sachets. And when stored with linens, lavender will keep closets moth-free. Victorians, never being able to get enough of the aroma, pinned small bags of lavender to the backs of chairs to scent the room.

The beauty of English gardens was not at all restricted to the outdoors. In Elizabethan cottages and castles, aromatic mixtures of dried flowers and leaves were commonly used to sweeten must and foul-smelling air. During a time when waste was disposed of by throwing it out of the nearest open window, scented flowers, shrubs and herbs were used to mask bad odors, and floors were covered with strewn herbs. It wasn't long before leaves and flowers found their way from floor to bowl, and so potpourri was created. Before long, different mixtures were placed in each room of the house, and numerous books were published on the art of making potpourri. The wonderful thing about potpourri is that it's an inexpensive way to enjoy the bounty of your garden by collecting and preserving flowers from spring right on through the end of the summer. The flowers that will make up your potpourri should be gathered while at their peak. The easiest and most inexpensive way to dry flowers is to place them (minus their stems) in a box (for drying several at a time I use a department store sweater gift box) filled with slayer of Borax, right side up. Then pour Borax onto and between the petals of the flowers, being careful not to crush them. Continue covering with Borax until flowers are completely covered. Cover box and store in a dry place for 1 to 2 weeks depending on the size and thickness of the flowers. Flowers are adequately dry when petals are brittle and "papery" feeling. This method preserves the most amount of color. Then put dried flowers in a jar with orris root or other fixative. Choose an essential fragrance oil and add a few drops. Add more fixative, cover jar tightly and store in the dark for 6 weeks, shaking the jar occasionally to blend fragrances. Display scented potpourri in a decorative bowl.

Your garden may be simple or grand, prim and proper or lushly sprawling. It may be a neat pattern of culinary herbs, or a rambling mass of ornamental wildflowers. No matter which way you choose to garden, or for what purpose, you just may find that it is a little more delightful when done the English way.

About The Author
Diane Fucello lives in "Williston Park. This is her first contribution to Discovery.

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READER RATINGS



Q. My wife and I have a large house in the mountains, which we love to share with our skiing friends. Over the past years, they have become increasingly lax about pitching in and helping with the work entailed in keeping the place going — whether it's a question of cleaning their own bathrooms, bringing in firewood, offering to do a marketing errand, helping prepare or clear up after meals or even offering to change the beds when they leave.

My wife and I have become household drudges, with no time for skiing ourselves. Since we're expecting mobs for the spring skiing season, I'd appreciate some advice.

A. All you need is one neat, very well-mannered guest in each house party. Take him or her into your confidence before the weekend and, then, when everyone has finally assembled, that person can say, "I'd like to know what my chores will be for the next few days. How about letting me do all the marketing? Or have you already figured out what each of us is supposed to do to help out?"

You'll find that your guests will receive their assignments cheerfully. As a gentle reminder, you might post everyone's duties on a big bulletin board. You probably are so capable as hosts, your guests have not been realizing how much work goes on behind the scenes. Their lack of help in the past has stemmed surely not from meanness, but from a lack of awareness of how hard you have been working for them. Turn the tables — start them to work for you!



YOU CAN BE A RESTAURANT CRITIC - If you visit any of the restaurants selected for inclusion in this section - call WE 1-8077 at any hour and tell your ideas. We want you, the reader to be our critic. Your message then can be printed in this space.

**DINE
OUT**
This Season

Wine Talk

By Richard Nalley



The arch-aristocrat: Chateau Haut-Brion

The world of wine is proudly traditional, a place where all the scenes depicted on antique woodcuts still apply: the burdened vines, the harvesters with their groaning baskets, the casks stacked in their meticulous rows.

Winemakers have one foot in the deep past, one firmly grounded in the work of the present. Perhaps nowhere else in the world do wine's past and present overlap as at Chateau Haut-Brion, the first great winery of Bordeaux.

You come upon Haut-Brion's vineyards and graceful slate-roofed chateau today in the most unlikely setting, surrounded by a drab southern suburb of the sprawling city of Bordeaux, hemmed in on all sides by prefab houses and high-rise apartments.

Haut-Brion's domaine is a collection of properties — about 200 acres in all — that includes Haut-Brion's neighbor and age-old rival Chateau La Mission Haut-Brion and the white-wine-producing Chateau Laville Haut-Brion.

All these revered properties are gathered today under the ownership of the American Dillon family, whose patriarch, Douglas Dillon, was secretary of the Treasury under John Kennedy.

Serene inside their walls, Haut-Brion and its sister properties go about their business in an aristocratic agricultural oasis. These are vineyards that down through the centuries have been planted to many different grapes by many different hands, yet somehow the almost mystical quality of their sandy, gravelly soil has always shone through.

Down through the 400 years since Chateau Haut-Brion itself became one of the modern world's first "name brand" wines, its admirers have ranged from the 17th-century British diarist Samuel Pepys ("Ho-Bryan ... hath a good and most particular taste that I never met with"), to the empiricist philosopher John Locke ("The wine produced resembles no other"), to Thomas Jefferson, who kept the presidential cellars of the early republic well stocked with the wine. "Haut-Brion," declared Jefferson, "seems to please the American palate more than all the others that I have been able to taste in France."

Of course, the Haut-Brion of Jefferson's day was a different wine, and the American palate of his time had not yet become accustomed to the robust, richly flavored red wines of California. Palates that prefer these wines will probably prefer the chunkier, more powerful wines of La Mission Haut-Brion.

La Mission has developed its own fervent following down through the years and commands nearly the exalted prices of Haut-

Brion. You can expect to pay about \$65 for the 1990 Haut-Brion, for example, \$58 for the 1990 La Mission. Fortunately, the property also produces more affordable alternatives.

What you get in a bottle Chateau Haut-Brion will be almost inexplicably different from the other wines of the estate, particularly from the wines of La Mission. This is inexplicable because Haut-Brion's vineyards border La Mission's and in some cases are actually intermingled.

In general, La Mission's soils are mildly more fertile and planted to more Merlot, but these are subtle differences. Since the Dillons acquired La Mission in 1983, it has been made by the same winemaker, with the same techniques as at Haut-Brion.

Yet Haut-Brion is nearly always a notably less rich, less forceful wine than La Mission. Haut-Brion's appeal is based on subtlety and a kind of complex harmoniousness that is all but impossible to describe.

A typical Haut-Brion will mingle haunting flavors of smoke, roasted coffee, earthy mineral and cooked fruits in a soft but densely textured harmony. The characteristics are present in such stunning younger wines as the 1989, generally regarded as Bordeaux's wine of the vintage in that great year, and in such older wines as the 1929, 1947 and 1949, all of which, tasted within the last year, testify to Haut-Brion's great staying power.

La Mission aside, Chateau Haut-Brion's peers are the four other Bordeaux estates classified under French wine law as "First Growths" or "Premier Crus." Haut-Brion stands out in this group — which also includes Chateaux Lafite-Rothschild, Latour, Margaux and Mouton-Rothschild — for a number of reasons.

It is, among other things, older by at least a century than the others, and it is located nowhere near them. While Haut-Brion is urban and south of the city, the other four first growths preside over the rural landscape of the famous Medoc peninsula that juts northward like a shark's fin above the city of Bordeaux.

If Haut-Brion is the most venerable of this famous group, it is also probably the most avant-garde. Under the hands-on direction of Jean Delmas, a genial bear of a man whose father held the position before him, Haut-Brion is not just holding the future at bay outside its walls, it is meeting it head-on.



DINING GUIDE

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READER RATINGS

Q. Not long ago my husband and I asked some friends to join us at our favorite restaurant, so we made a dinner reservation for 6:30 p.m. However, when we arrived at the restaurant our table was not ready and we had to sit at the bar until after 7 p.m. This was especially stressful since the other gentlemen in our party had a problem in the past with alcohol. Luckily, that night he ordered plain soda. Was I wrong to feel chastized by our experience?

A. Not at all, it was natural for you to feel annoyed. However, you should remember that emergencies can occur in any business. Perhaps several staff members were absent that evening, for example. Today, as most employers can tell you, it's not easy to get good help.

By all means, discuss the matter with the owner, and if you believe that your wait for a table could not have been avoided, continue to patronize the restaurant. No one, after all, is perfect, and even the best place can have an "off night."

DINING GUIDE

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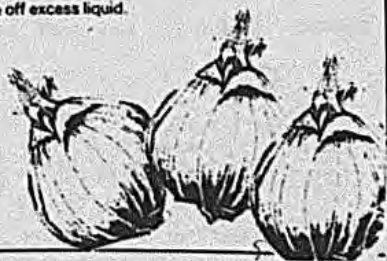
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KITCHEN HINTS

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DINING GUIDE

N.Y. Times Rave Review • May 3, 1992

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READER RATINGS



Q. I thought it was standard fare to get at least two vegetables with an entree but last week at the (name omitted) restaurant we were charged extra for vegetables. Is this right?

A. A number of restaurants have changed to charging extra for vegetables, particularly fresh ones, but the safest way is to look at the menu and ask the waiter. Sometimes there are extra vegetables and they are the ones that are given an added charge. But there are some restaurants that charge for every item individual-ly.

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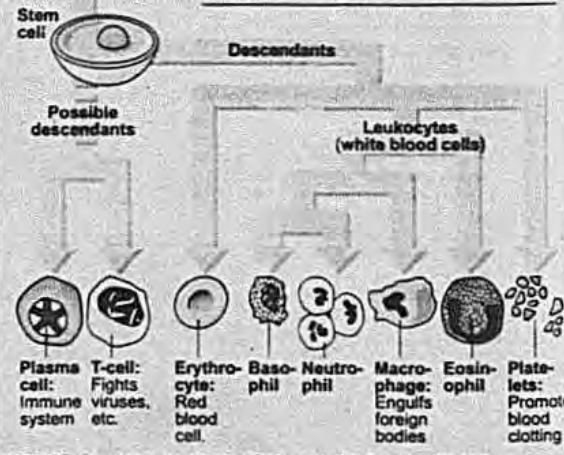
DISCOVERY

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The big three

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- 'Committed' cells**
 - These divide and renew a finite number of times and may again upon injury, organ and gland cells.
- Static or 'end' cells**
 - Highly specialized these cells can no longer renew themselves: muscle and nerve cells.



SOURCE: Complete Home Medical Guide, Scientific American Medicine

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After Work Gourmet



Ham leads to speedy spring eats

By Sharon Achatz

Spring heralds the return of hams aplenty. While available year-round, ham enjoys a traditional resurgence this time of year on menus and in stores in all variations — bone-in or boneless, fully or partially cooked, or canned.

While the hurry-up chef might be tempted to purchase a canned, ready-to-eat ham for convenience, he'd be short-changing himself on flavor and missing out on down-the-road convenience of planned leftovers.

A canned ham whose label reads "no refrigeration required" has been cooked excessively and may not taste as good as hams that require refrigeration.

Nowadays, even most hams requiring refrigeration are already fully cooked, which means that steak or shank, roast or rump, they're easy to prepare — just follow the cooking instructions on the label. If no directions are provided, bring fully cooked ham to an internal temperature of 140 F to serve warm. Heat ham that was not fully cooked during processing to an internal temperature of 163 F before serving.

Hams are available in sizes as small as 1-pound steaks or 1½-pound roasts, or large enough to feed more than a dozen people.

For the hurry-up chef, a best bet is somewhere in between — small enough that it heats relatively quickly for the first main meal but large enough that it provides leftover meat for use in one or two planned leftover meals.

Store it in the refrigerator for four days, or dice leftover ham and keep it in the freezer until you're ready for the next ham meal. Since freezing deteriorates a ham's quality, however, use within two months of freezing.

Diced leftover ham is a hit added to your favorite lentil soup, tossed into an omelet or browned into a hash with diced potatoes.

Other hearty ham recipes include Creamy Ham and Broccoli Noodles, which combines the convenience of ramen noodles and canned soup with fresh vegetables for an irresistible dish.

Ham Salad With Peanut Dressing provides an exotic flair, while Ham With Vegetables is a down-to-earth stir-fry that takes only 12 minutes in the wok.

CREAMY HAM AND BROCCOLI NOODLES

1½ cups broccoli florets
2 (3-ounce) packages pork-flavor ramen noodle soup
½ cup cherry tomatoes

1 (10½-ounce) can cream of mushroom soup
½ soup can milk
1½ cups diced cooked ham
Yields 4 servings.

Preparation time: 15 minutes.

Place broccoli in microwave-safe dish with 1 tablespoon water; cover with plastic wrap. Cook on HIGH 6 to 7 minutes, or until broccoli is tender-crisp.

Meanwhile, in saucepan, cook noodles according to package directions and cut cherry tomatoes into quarters. Set tomatoes aside. When noodles are cooked, drain off most of liquid and return noodles to saucepan.

Stir cream of mushroom soup and milk into noodles. Add ham and broccoli; heat through, stirring often. Stir in tomatoes just before serving.

HAM SALAD WITH PEANUT DRESSING

2 tablespoons vegetable oil
¼ cup peanut butter
3 tablespoons lime juice
1 tablespoon soy sauce
1 teaspoon ground dried ginger
½ teaspoon minced garlic
1 tablespoon sugar
2 cups diced cooked ham
1 cucumber, thinly sliced
½ red onion, thinly sliced
6 cups romaine lettuce, torn
Yields 4 to 6 servings.

Preparation time: 20 minutes.

Combine vegetable oil, peanut butter, lime juice, soy sauce, ginger, garlic and sugar in blender or food processor, blend well. Pour mixture into small saucepan and warm over low heat on stove.

Meanwhile, place ham in microwave-safe dish and cook at MEDIUM for 2 to 4 minutes or until heated through.

Toss together cucumber, onion and lettuce; divide equally among serving plates. Spoon equal portions of diced ham atop each serving and pour hot dressing over all.



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As Southern as the Kentucky Derby

By Carol Cutler

The election of Bill Clinton as president seems to have broadened our recognition of what constitutes the South. For many, The South has long meant "Gone With the Wind," fried chicken, Key lime pie, Paul Prudhomme and, of course, the Kentucky Derby.

Always the first Saturday in May, the Kentucky Derby happily falls on May Day this year. The first of May is cause for celebration in many parts of Europe. It's a workers' holiday, sort of like our Labor Day but a lot more serious. And in France anyone can venture into the woods to gather lilies of the valley and sell them without a license that one day of the year.

But back to celebrating our May Day. An evening party seems a natural. Invite guests for an hour or so before "They're Off." Some good-natured betting can be conducted. Money doesn't have to be involved. Almost everyone loves chocolate, so figure the odds according to the size of a good brand of chocolates. If a long shot comes in, someone is going to have a chocolate bonanza.

The traditional mint julep can be offered, but truth be known, most people prefer their bourbon without the intrusion of sugar and mint. Recipes abound in bartenders' guidebooks with as many variations as there are bartenders. One innovative type even adds a splash of rum.

You'll probably find however that most of your guests will prefer white wine or other tall drinks. Sparkling water is a great favorite these days. This is the perfect place for that bundle of mint. Just crush a sprig and stir into the water.

The race itself lasts only minutes. After that, there will be reviewing of what happened and discussion of which jockey should have done what. And just about then everyone will be ready to eat.

Since you'll want to serve dinner quickly, have it mostly prepared in advance. To assuage appetites, pass small cups of a truly spring-time soup — Asparagus and White Wine Soup. This recipe is from a deeply personal cookbook by Crescent Dragonwagon who hails from — yep — Arkansas.

Crescent and her husband run the Dairy Hollow House, a country inn in Eureka Springs. Their food quickly brought them fame. Made right there, the aromas of hale and hearty regional dishes waft through the inn. More than 200 of these recipes have been put between the covers of "Dairy Hollow House — Soup & Bread" (Workman Publishing).

A good tangy Southern baked

ham makes a perfect main course. It can be baked in the morning and served at room temperature. Any of the breads from the overflowing number in Dragonwagon's book would pair up beautifully with ham. Other tempting Southern possibilities would be a good home-made succotash stew, sweet Vidalia onion salad and let's not forget good old okra. Stew it up in butter with some tomatoes and a few spices.

With blueberries edging back into season, consider an old-fashioned blueberry cobbler. That would be as seasonal as Dragonwagon's asparagus soup. There are few things that herald spring as much as local asparagus. Yes, we've been eating them all winter, but they came from halfway around the world. Taste the difference.

ASPARAGUS AND WHITE WINE SOUP

- 1/2 cup water
- 1/2 cup dry white wine
- 2 dozen asparagus spears, tough ends removed
- 2 tablespoons butter
- 1 tablespoon unbleached all-purpose flour
- 1 cup milk
- 1/2 cup finely grated extra-sharp Cheddar cheese
- Vegetable cooking spray
- Salt to taste
- Freshly ground white pepper to taste
- 1 cup heavy (whipping) cream

Yields 4 servings.

In small pot, bring water and wine to boil. Add asparagus and simmer, covered, just until tender, about 5 minutes. Quickly drain asparagus, reserving both asparagus and liquid, and cool both.

In 10-inch skillet, melt butter over medium heat. Add flour and cook, stirring constantly, about half a minute. Add milk, stirring to smooth any lumps. Cook, stirring constantly, until mixture is thick and smooth, 2 to 4 minutes. Don't let it boil. Add cheese and heat until cheese is completely melted. Remove from heat.

Place asparagus on cutting board, cut off pointy tips, and set aside. Put stalks in food processor, add asparagus cooking liquid, and puree. For absolute smoothness, press puree through food mill or fine sieve.

Spray medium-size soup pot with vegetable spray, and in it combine asparagus puree with cheese sauce. Heat through but do not allow it to boil. Season with salt and pepper. Stir in cream and heat through again. Slice asparagus tips 1/2-inch thick and stir them into soup. Serve soup very hot.



Desiree Vivea

Spring has sprung, bringing with it a plethora of green and growing things. Lucky for us so many of them are so delicious to eat.

One of my favorites is green garden peas: sweet, tender and fresh from the pod. Peak season is brief (April through June), so now's the time to enjoy — if you can find them, that is.

Almost all commercially grown peas are either canned or frozen, hardly any (only about 5 percent) make it to market as fresh peas in the pod. So when you find 'em, grab 'em! (Or grow your own if that's a possibility.) Pods should be firm and bright green, and the peas inside should not be loose. Avoid peas that are limp, yellowed or overly speckled.

Don't wash pods before storage, and never shell peas until just before you plan to use them, which should be within two days after purchase. Kids love shelling peas, and it's a job even younger ones handle well, so set them down and let them take care of this chore while you assemble other recipe ingredients. (Just watch that they don't eat too many straight from the pod.)

One pound of pea pods yields about 1 cup of fresh, shelled green peas.

If you love peas like I do, you'll be glad to know they're so good for you. Three-quarters of a cup of peas has about 100 calories (same as a medium apple or potato), less than half a gram of fat and more protein than an egg.

To microwave two cups of fresh shelled peas, place in a covered 1-quart casserole, add a tablespoon of butter or margarine and 2 tablespoons water. Cover tightly and microwave 4 to 7 minutes, stirring gently halfway through cooking time, until peas are tender.

Peas go well with a number of other vegetables: carrots, tiny pearl onions, mushrooms, artichokes. Peas and Celery, a healthful combination, is lightly seasoned with fresh parsley and a touch of mint.

Creamy Tarragon Peas has been a hit every time I've served the dish; tender peas nestle in a rich, creamy sauce with just a hint of tarragon. If you love peas, this is sure to become a favorite.

Spring Rice combines peas, white rice, mushrooms, onions and a dash of curry powder for an extra-flavorful side dish.

You may substitute frozen peas for fresh in any of today's recipes. When using frozen peas straight from the freezer, increase microwave time by one to four minutes.

PEAS AND CELERY

- 2 cups thinly sliced celery
- ½ cup chopped onion
- 2 tablespoons butter or margarine
- 2 cups fresh shelled peas
- 1 tablespoon chopped fresh parsley
- 2 tablespoons water
- ¼ teaspoon salt

¼ teaspoon dried mint leaves
¼ teaspoon pepper
Yields: 6 servings.
Preparation time: 10 minutes.
Cooking time: 9 to 12 minutes.
Oven setting: HIGH (100 percent power).

In 1½-quart microwave-safe casserole, combine celery, onion and butter or margarine. Cover and microwave 5 to 6 minutes, or until vegetables are tender, stirring twice during cooking time.

Stir in peas and all remaining ingredients. Cover and microwave 4 to 6 minutes, stirring halfway through cooking time, until peas are tender.

CREAMY TARRAGON PEAS

2 teaspoons butter or margarine
½ teaspoon cornstarch
½ cup half-and-half
3 cups fresh shelled peas
½ teaspoon granulated sugar
¼ teaspoon salt
¼ teaspoon dried tarragon
Dash white pepper
Yields: 4 to 6 servings.
Preparation time: 10 minutes.
Cooking time: 8½ to 9½ minutes.
Oven setting: HIGH (100 percent power).

Place butter or margarine in 1½-quart microwave-safe casserole. Microwave about 30 seconds, to melt. Blend in cornstarch and half-and-half, then fold in all remaining ingredients.

Cover and microwave 6 to 9 minutes, or until peas are tender and sauce bubbles, stirring gently every 3 minutes.

PEAS FOR TWO

1 leek, trimmed and rinsed
1¼ tablespoons butter or margarine
1 tablespoon water
½ cup fresh peas, shelled
¼ cup minced cooked ham
Ground white pepper to taste
Yields 2 servings.
Cooking time: 2¼ to 3 minutes.
Oven setting: HIGH (100 percent power).

Chop white part of leek. Combine with butter or margarine in 1-quart microwave-safe casserole. Add water. Cover and microwave 1 to 2 minutes, until leek is limp. Add peas and ham; cover and microwave 1¼ to 3 minutes longer. Season lightly with pepper and serve immediately.

MICRO-TIP OF WEEK

Frozen peas are already cooked, so they need only brief heating in your microwave. To microwave a 10-ounce package of frozen peas, place peas in colander and hold under warm tap water to separate. Then place in a 1-quart microwave-safe casserole with 2 teaspoons butter, cover tightly, and microwave 2 to 4 minutes at HIGH (100 percent power) setting until tender and hot. Serve immediately, with salt and pepper to taste.

FOR TEENS

By Willard Abraham,
Ph.D.

Goals set

Dr. Abraham: I'm a 16-year-old guy, and I've already decided what I want to do with my life. I've always known that I wanted to be a teacher because I can't think of anything more worthwhile to do, especially with little kids.

My parents thought that was just fine until they read a newspaper article about men in teaching and how few there are. In the same article they read that there aren't many minority teachers, either.

That's the problem. I'm male, and I'm in a minority (I'm black), so what are the chances I'll be able to get a job?

That didn't worry me before, but it does now. Should it? What do you think? — Teacher Goaled

Teacher Goaled: All children need positive role models, and with your eagerness to provide a service through this important profession, those published figures probably shouldn't bother you.

The odds are on your side in teaching either minority or other children if your grades are good, you select a competent teacher preparation program in college, you continue to retain a reasonably high grade point average, and you establish a close contact with the college counseling and teacher placement offices for guidance and information.

We sometimes tend to take seriously what the statistics indicate and then generalize based on them, without thinking that they may apply to the group studied, but that didn't include me.

It's my competencies that are the most important factor, so please try to hold on to your goal. You are more needed than you may realize.

Dr. Abraham: My boyfriend and I are part of a group with anywhere from eight to 12 kids in it, depending on where and when we are together. We've had a lot of fun most of the time, but lately it hasn't been so good.

It is because all but one other girl and my boyfriend and I are the only ones who don't smoke. The three of us get laughed at, and snide remarks are made about our uppity thinking that we are too good and other stuff like that.

At first we just said, "No, thanks," when they offered and then pressured us, but that didn't stop them. So then we began to ignore their looks at us and their comments, but that didn't stop them, either.

We've put up with a lot and are really fed up. We need your help.

— Non-smoker
Non-smoker: You apparently know that smoking is bad for your health, and perhaps you've tried it and didn't like the taste, either.

If there aren't enough really good reasons to stay as part of that group, call it quits and take that other girl with you. It shouldn't be hard to find more congenial company.

Dear Teens: An unusual contest resulted in a girl (Valerie Gilmore, a senior at Kickapoo High School in Springfield, Mo.) winning a \$10,000 scholarship

for the college of her choice.

"What 10 items would you put in a 1992 time capsule?" was the question asked in the Oxy 10 Scholarship Contest. More than 5,000 teens responded, several won lesser awards, and Valerie's specific 10, with the reasons for selecting them, came out first.

You might stop at this point and jot down some of your own ideas for what should go in a time capsule, and then check yourself against the boy and girl choices and results from teens in your part of the United States.

Here are the top 10, in order, indicating what this study showed is important in general to today's teens in all sections of the country.

- Environmental recycling symbols
- Clothes (teen fashions/sneakers)
- AIDS information, symbols
- CDs/CD players
- Piece of the Berlin Wall
- Desert Storm/Persian Gulf War symbols
- Drug/alcohol abuse symbols
- Computer hardware/software
- Music
- Condoms

Clothes headed the list for male students; environmental factors were the girls' first choice, but those topics were 1 and 2 on both of their lists.

Those 10 selections were the same choices in each part of the country, but because there were some ties, a few included other items for putting into a time capsule.

The largest number of additions were from "South Central" (Bible, symbols from the fall of the U.S.S.R., videotapes, newspaper or magazine, book, either fiction or non-fiction), "Northeast" participants added Nintendo/video games and newspaper or magazine. "North Central" had Nintendo/video games on its list. "West" and "Southeast" stayed with the original 10.

It would be interesting to hear what other choices you'd include in a time capsule and which of those this survey's teens selected you'd leave out. Write in and I'll share your creative ideas, no matter how way out other teens may think they are.

Dr. Abraham: My best friend told me that she can't get pregnant if she thinks about it and doesn't want to. It's all in the mind, she says. I think she is wrong and may be sorry.

I'm sure that pregnancy is physical between two people. "Thinking" and a person's "mind" have nothing to do with it.

She says that I'm naive, and she just goes "la-de-da" out of the room (honestly!) and won't listen to me. I hope she will to you.

Is there any truth in what she says? — Wondering Girl

Wondering Girl: You are right on target, and she may be headed for trouble.

A person's "thinking" and "mind" may affect some individuals' health conditions, but they aren't likely to have a direct effect on one becoming pregnant. Consider checking this matter out with your family physician.

Cooking Corner



Superb light suppers that satisfy

By Jennifer Plantier

Whether dieting to lose extra pounds or just seeking respite from a heavy meal on a warm evening, a delicious dish that is light on fat and calories always fills the bill.

However, frustrated dieters and healthy eaters alike know that the use of the words "delicious" and "light" in the same sentence is — at the very least — suspicious.

Now you can revel in the knowledge that a little effort and attention to detail can reap fantastic culinary rewards.

Vegetables are the centerpiece of healthy cooking. Naturally low in calories and high in nutritional value, they can be molded into meals that are surprisingly flavorful.

Steaming, sauteing and stir-frying are the best cooking methods when it comes to retaining valuable vitamins and minerals and maximizing flavor without adding unnecessary calories. Remember also that raw vegetables boast the highest nutrient counts and are a source of healthy fiber.

Protein, also an essential dietary nutrient, is not exclusive to meat-based dishes. Low-fat, high-energy alternatives include beans, tofu and part-skim cheeses.

Rest assured that "light" does not mean simple or flavorless. Taking the time to experiment with the essentials of low-calorie cooking pays off in the form of gourmet-quality meals you'll be proud to serve and eager to try yourself.

Insist on fresh ingredients — fruit, vegetables and low-fat dairy products — to maximize flavors. Accept that the use of rich creams, fattening oils, lots of salt and other traditional additives is just not necessary. Count on flavored vinegars, fresh herbs and spices, non-fat yogurt, low-fat mayonnaise and other low-calorie foods to make your recipes sing.

Know also that health-conscious chefs saute their vegetables in sherry or wine (rather than oil or butter), which creates a type of "flavor seal" as the food cooks.

Perhaps the most effortless but potentially elegant light suppers are colorful and creative salads. A large salad, served with chilled soup and whole-grain bread or crackers offers up a satisfying meal for dieters or anybody looking for a healthy, high-energy alternative to fatty fast food.

A plain lettuce and tomato version, on the other hand, would leave even the most experimental meat-and-potato eater untempted. Lure them to the light side by tossing in a variety of veggies, fruit, pastas, beans, rice and other healthy foods. Combine different colors, tastes and textures to render a salad heartier and more satisfying.

However, don't sabotage a healthy creation with fattening store-bought salad dressings. Make your own flavorful dressings by pureeing fresh vegetables like tomatoes, celery, bell peppers and onion and mixing them with flavored vinegar and fresh herbs and spices. Replace sour cream, heavy cream or mayonnaise with non-fat yogurt, low-fat mayonnaise or even tofu in creamy dressings.

When it comes to preparing sophisticated, satisfying, low-calorie meals, knowledge is key. The chefs at the California Culinary Academy have a lot to say about what ingredients, recipes and cooking methods result in gourmet dishes that boast "subtleties of taste, texture, and presentation."

Look to "Elegant Low-Calorie Cooking," one of the California Culinary Academy Series, for a wealth of ideas on light cooking and a number of recipes that would make any light supper shine.

The following salads, both with a unique combination of flavors, prove that fat and other unhealthy additives are not prerequisites of good taste.

These recipes are from The Cole Group's California Culinary Academy Series cookbook, "Elegant Low-Calorie Cooking," available from the publisher, 4415 Sonoma Highway, Santa Rosa, CA 95409 (800) 959-2717, or your local bookseller (\$9.95).

•••
A delicate curried dressing anoints this tasty salad, making it appropriate for special occasions. Serve in summer with a chilled soup and crusty bread. The dressing can be made up to four days in advance, refrigerate it in a tightly covered container.

AUDREY'S SPINACH SALAD
8 cups washed and torn spinach leaves
1 small red onion, sliced into thin rings (see note)

1 Red Delicious apple, cored, chopped or sliced and sprinkled with 1 teaspoon lemon juice
2 tablespoons currants
1 teaspoon olive oil
1 clove garlic, minced
2 cups plain, non-fat yogurt
1 tablespoon curry powder
1 tablespoon frozen apple juice concentrate
½ teaspoon ground cardamom
¼ teaspoon cayenne pepper
½ teaspoon grated fresh ginger
Yields 6 servings.
Preparation time: 20 minutes.
Calories per serving: 98.

Place spinach in large salad bowl. Decorate with onion rings, apple and currants.

Place all other ingredients in blender and puree. Pour over spinach salad and serve.

Note: To make red onion taste sweeter, place rings in a bowl of ice water for 25 minutes before using to draw out bitter acids.

•••
If you're a fan of Mexican food, especially the piquant flavor of tacos, you'll love this salad. Chili-seasoned tofu is mixed with typical taco fillings and served over baked corn chips.

TACO SALAD
2 cups crumbled firm tofu
2 teaspoons ground cumin
2 tablespoons chopped cilantro
½ teaspoon chili powder
2 teaspoons herbal salt substitute
¼ teaspoon pepper
2 teaspoons safflower oil
6 corn tortillas
3 cups torn leaf lettuce, such as romaine or green leaf
3 large, ripe tomatoes, cored and coarsely chopped
½ cup minced red onion
½ cup seeded and diced cucumber
¼ cup grated part-skim mozzarella cheese
Yields 6 servings.
Preparation time: 20 minutes.
Cooking time: 20 minutes.
Calories per serving: 217.

Preheat oven to 400 F. In bowl, mix tofu with cumin, cilantro, chili powder, salt substitute and pepper.

In oil in skillet over medium heat, brown tofu mixture lightly for 10 minutes. Let cool.

Using scissors, cut tortillas into wedges; bake until crisp (about 15 minutes) to make corn chips.

Place lettuce in large salad bowl and spoon tofu mixture into the center of leaves.

Arrange tomatoes, onion and cucumber on top, and then sprinkle them with cheese and salsa. Serve slightly chilled with corn chips.

Note: You can also place tofu mixture in heat-proof bowls, top with cheese, and broil until cheese melts just slightly. Then remove from oven and add to remaining ingredients.

•••
A traditional French salad, often served as a small, delicate appetizer, this fresh scallop dish is poached in white wine and then mixed with a light dressing. Serve it chilled on lettuce leaves with a garnish of minced parsley.

COQUILLES SAUCE VERTE
Scallops In Green Sauce
1 pound bay scallops
¾ cup dry white wine
¼ onion, minced
½ cup low-calorie mayonnaise
¼ cup minced parsley, plus parsley for garnish
½ cup chopped spinach leaves
¼ cup minced green onion
¼ teaspoon dill
6 lettuce leaves, for lining plates

Yields 6 servings.
Preparation time: 20 minutes.
Calories per serving: 138.

Place scallops, wine and onion in saucepan and bring to boil, uncovered. Cook 1 minute. Drain scallops and refrigerate immediately to stop cooking process. Discard cooking liquid, or save as fish stock for another recipe.

In blender, puree mayonnaise, parsley, spinach, green onion and dill until smooth.

Toss chilled scallops with pureed green sauce. Chill 10 minutes, then serve on lettuce leaves. Garnish with additional minced parsley, if desired.

•••
This simple salad combines the nutty texture of chickpeas (also known as garbanzo beans and used throughout the Middle East for their exceptional flavor and protein content) with cooked macaroni in a light vinaigrette. Make this salad up to three days in advance — it gets better as it sits.

This salad is an excellent accompaniment to marinated beef kebabs on a dinner menu.

For a quick low-calorie lunch, drain some of the vinaigrette and stuff remaining ingredients with lettuce into pita (pocket) bread.

MIDDLE EASTERN PASTA SALAD WITH CHICKPEAS
1½ cups cooked chickpeas
2 cups cooked macaroni, drained and chilled
¾ cup apple cider vinegar
2 tablespoons olive oil
1 tablespoon safflower oil
½ cup minced parsley
½ cup diced red bell pepper
¼ cup minced fresh dill
Dash cumin
2 tablespoons nutritional yeast
Herbal salt substitute and freshly ground pepper, to taste
Lettuce, for lining plates or for pocket bread sandwich
Yields 6 servings.
Preparation time: 20 minutes.
Chilling time: 2 hours.
Calories per serving: 195.
Combine all ingredients and chill 2 hours, stirring thoroughly each hour. Serve chilled on bed of lettuce.

Jennifer Plantier is a free-lance writer.



Garden Talk

By C.Z. Guest

Getting the strawberry patch established is time well spent and excellent exercise!

Make sure the plants you buy are virus-free. Virus infection is one of the main reasons most strawberry plantings become unproductive after several years. Don't start a new strawberry patch with free plants from friends or neighbors, or with nursery plants at bargain prices unless they're specifically stated to be virus-free.

Choose varieties adapted to your area, types that do well in one area may do poorly in another.

• **Pick-your-own planting.** June-bearing varieties are best. They produce an ample harvest during one month: June in the North, May in the South. Ever-bearing varieties produce a spring crop, then a trickle of strawberries throughout the summer.

• **Where to plant.** For highest yields, plant strawberries in full sun, in areas with very hot summers or little water. Afternoon shade is a good idea. Soil must be well drained; it's best to use raised beds to ensure proper drainage.

• **How to plant.** Early spring is the best planting time in most of the country, though they can be planted in late fall in the Deep South. Soak the roots in buckets of water for a few hours before planting.

Set each plant crown at ground level, instructions with your order will show you just how. Don't fertilize the planting hole (no manure either). Instead, fertilize the

ground around the plants, either right after planting or a few weeks later as the new leaves start to grow. Fertilize again in midsummer.

Strawberries need at least an inch of water weekly during the growing season, maybe more if the days are hot, dry and windy.

Remember, strawberries are shallow-rooted. A mulch of straw or other organic materials will keep the soil moist and cool during the hot summer, allowing superior growth.

Q. Why raise green manures? Why plant cover crops or catch crops?

A. Simple. These cover crops will improve the soil by adding huge amounts of organic material. They'll add valuable nutrients to it, or prevent valuable nutrients from disappearing and prevent soil erosion. Catch crops prevent the leeching away of nutrients, increasing the life of your soil, discouraging weeds and providing ideal conditions for earthworms, nature's greatest workers — all overlap in their contributions.

Cover crops are easy to plant and require virtually no maintenance. Spring, summer and early fall are the times to plant them. Most cover crops will grow right up until hard frost and will then protect your topsoil from wind and water erosion over the winter.

Always sow a cover crop that will thrive in your area. Consult your local nursery for advice.

GARDEN TIPS

Sweet strawberries

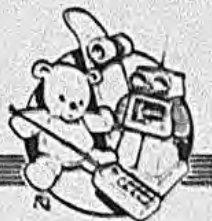
- Don't start a new strawberry patch with plants donated by a friend. Look for "virus-free" plants at the nursery.
- June-bearing plants yield an ample harvest for one month.
- Plant strawberries in full sun; use raised beds for optimum drainage.
- Soak roots in water before planting. Water at least 1 inch per week during the growing season.



Strawberries

Our Children

By Willard Abraham



Type-A moms don't always have high-strung babies

Q. I read something not long ago that worried me, and I've been chewing on it ever since. It described women whom they called "Type A," and that is certainly me to a "T": high-strung, fly off the handle, overly sensitive, competitive and so impatient.

That is bad enough, I guess, but the worry I have is that a child with that kind of mother will have that mother's personality. Because I'm pregnant with our first child, you will easily see where I'm coming from.

So is that true? Am I in for trouble? What should I do about it?

A. Let me try to provide some consolation because the conclusions of the research you are perhaps citing are tentative, the study was based on a limited number of mothers and their children, and perhaps most important of all, generalizing about personal characteristics of either adults or children often overlooks the many who differ from the so-called average.

In other words, a Type-A mother won't necessarily have a Type-A child. Nor will the second child necessarily be in that category because the first one is. Although there may be a tendency for Type A mothers to have Type-A babies, there is no assurance that it will happen.

There are too many genetic and environmental factors that influence a child's personality for a parent like you to conclude that you will have a child with similar characteristics.

If you look around in your family and among your friends, you will probably see what I mean. Ask some of them about parent-child differences as well as similarities, and you may become less concerned.

If you want to get more information on this subject, contact a pediatrician you know and see whether he or she will loan you a copy of the March 1992 issue of *Pediatrics*, which is published by the reputable American Academy of Pediatrics.

Q. We have a special event for a very special couple coming up in my family. Our son is getting married to the most delightful young lady we have ever known. They are both in their early 20s, but they are serious, mature and so much in love. It is a terrific pleasure for all of us, especially since he is our only "child," and she also is in her family.

Both of them are full-time college students and earn enough on their jobs as law clerks to support themselves as they head toward law careers.

We will give them a substantial check to help them get started together. But we also want to give them something small and personal that is as sensitive and sweet as they are. If you have seen a book that you think is appropriate, we would appreciate your telling us about it or anything else that you would like to suggest.

A. What a lucky family you are to have this exciting experience.

A beautiful, brief book that I found out about recently may be a small gift that suits this situation. It is called "I Marry You Because..." and is a small page-after-page

series of statements, some by the author, Peter McWilliams, others with their authors named.

The young couple would no doubt enjoy going through them, as well as sharing the creative woodcuts and engravings on many of the pages.

Here are a few comments of the book's author, all beginning "I Marry You Because": "you are the nicest thing I could do for myself"; "considering you, what else could I do?"; "when something wonderful happens, I can't wait to share it with you."

It is also difficult to select just a few samples of the contributions of others, but here goes anyway:

- "Love is an act of endless forgiveness, a tender look which becomes a habit" (Peter Ustinov).
- "Marriage is to think together" (Robert C. Dodds).
- "Love is a taste of paradise" (Sholom Aleichem).

If you check out this one in your local bookstore or library, also look at another of this author's products that relates to the blissful time you are encountering. It is a book of his poetry titled "Come Love With Me and Be My Life." He also has written several others that you and your young couple may enjoy. They demonstrate the same kind of creativity, although their contents are frequently quite different.

To obtain a catalog of his publications you can write to Prelude Press, 8159 Santa Monica Blvd., Los Angeles, CA 90046.

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Fitness Forum

By Judith Miller

As people take more interest in their own health care, home-testing kits give them the ability to "play doctor."

Kits can be used to screen for hidden diseases such as colorectal cancer, monitor an ongoing health problem such as diabetes, or detect a condition such as pregnancy.

Sales of home-testing kits grew by more than 18 percent from 1991 to 1992, and market researchers project sales will grow by 13.5 percent a year through the end of 1996.

Do-it-yourself testing kits, which can range from \$10 to more than \$50, are available over-the-counter at drugstores, at some supermarkets and by mail order. Most are easy to perform — and getting easier all the time — and give fast results in privacy.

The kits all have been approved as safe and efficient by the Food and Drug Administration. Home-testing kits include instructions, but because questions arise about how to use a kit, experts suggest asking a pharmacist.

Home tests can alert users to a potential health problem and that can lead to early medical treatment. On the other hand, if the test results are normal, and there are no unusual symptoms, home testing can give peace of mind.

Users should be aware that no medical test is 100 percent accurate. Even under the best conditions, a certain percentage of results will be incorrect, registering either a false negative or a false positive. Of particular concern, experts say, are the false negatives — results that suggest you are healthy when you really are not.

"We always explain what false positives and false negatives mean," said Nancy Curry, a pharmacist.

Experts say that, regardless of the results, people should pay attention to their bodies.

"If things don't feel right, see a physician," said Dr. Roland Goertz of the University of Texas Medical School.

In the future, expect to see FDA approval for a test kit that allows people to measure cholesterol in the blood. But don't expect the agency's approval of home tests to diagnose serious diseases such as AIDS, sexually transmitted diseases and cancer, an FDA spokeswoman said.

Here is a rundown of the basic home testing kits and how they work.

PREGNANCY PREDICTORS

Perhaps the most popular do-it-yourself test is for pregnancy, although it is not the largest seller.

Pregnancy test kits are for women who suspect they are pregnant and want to find out early. The woman who has a positive pregnancy home test still should see a doctor for confirmation, experts say, but the test is helpful in helping the woman make any necessary lifestyle changes.

Home pregnancy tests detect a

hormone that is produced by the developing placenta and is secreted in the urine. The test consists of exposing a specially treated dipstick to the urine of a woman who suspects she is pregnant. Many of the newer home pregnancy tests have eliminated the need for a urine collection cup.

OVULATION TESTS

Another home test, although sold separately, goes hand in hand with the pregnancy test kit. An ovulation self-test enables women to track their periods of maximum fertility. It, too, relies on a treated dipstick detecting the presence of a specific hormone excreted in urine during ovulation.

COLON CANCER

Fecal occult (hidden) blood tests are used to detect colon cancer. Home testing involves exposing a stool sample to peroxide and a chemical that is sensitive to blood. Early tests required some handling of the sample, but new, easier-to-use tests require only dropping a treated pad into the toilet water containing the stool. A color change in the pad signals hidden blood.

Another type of fecal blood test uses a specially treated toilet paper.

FOR DIABETICS

Blood glucose monitoring, the largest and fastest-growing test in the home diagnostic field, is a boon to those with diabetes.

One type of test kit includes a portable, battery-operated meter, similar to those used in doctors' offices. That type also contains an instrument, called a lancet, for the user to prick his or her finger and the chemically treated test strips on which to drip a small amount of blood. The lancet and strips also are sold without the meter.

The paper strip containing the drop of blood is inserted into the electronic meter, which reads the amount of glucose (sugar) in the blood and displays the number in a digital readout. The measurement helps users decide whether to make adjustments in their diets, exercise or medication.

Perhaps the best-known urinary home-test kit is the diabetes screening test. The test indicates whether someone has non-insulin-dependent (type 2) diabetes by detecting small white blood cells in urine, which may indicate an infection is present.

PLAQUE DETECTOR

A lesser-known self-test kit is for finding dental plaque, a major cause of tooth decay and gum disease.

MORE TESTS

While home-testing kits are popular, no one should overlook some basic screening tests:

The ultimate home screening tests require no purchase of a kit or equipment: a monthly breast self-exam for women and a monthly testicular self-exam for men.

THE HEALTHY GOURMET



By Kit Suedaker

I am one of those folks who have to eat breakfast. No matter what happens to meals for the rest of the day, breakfast is my first priority.

BAKED FRENCH TOAST

½ cup non-fat milk
¼ cup apple juice
2 large eggs
2 egg whites
1 teaspoon ground cinnamon
1 teaspoon vanilla extract
8 half-slices (about ½ inch thick) Italian or sourdough bread
1 teaspoon melted unsalted butter

Applesauce:

1 tablespoon margarine, unsalted
3 cups peeled apple chunks
2 teaspoons sugar
¼ cup apple juice
Pinch cinnamon
Yields 4 servings.

Each serving has about 260 calories, 8 grams fat, 119 milligrams cholesterol, 240 milligrams sodium.

Whisk milk, apple juice, eggs, egg whites, cinnamon and vanilla together until well-blended. Arrange bread on jelly-roll pan and pour egg mixture evenly over slices. Let stand, turning bread from time to time until all liquid is absorbed, about half an hour.

Preheat oven to 350 F. Brush

melted butter over cookie sheet and place bread slices on it in one layer. Bake until bottom of each slice is brown and then turn and bake until other side is brown and bread puffs up — about 10 minutes on one side, 15 on the other.

For applesauce, heat 1 tablespoon of margarine in non-stick skillet until it foams. Add apples and sprinkle them with sugar. Cook, stirring, over medium heat until apples start to brown. Add apple juice and cook, covered, stirring occasionally, until apples are tender, about 20 minutes. Sprinkle with cinnamon.

Serve French toast with applesauce on top or on the side.

ries, 6 grams fat, no cholesterol and 5 milligrams sodium.

Preheat oven to 325 F. Combine oats and almonds. In saucepan combine honey, molasses, water, vegetable oil and cinnamon. Heat, stirring until heated through — about 1 minute. Pour over oat mixture and stir.

Spread granola on cookie sheet and bake until toasted, stirring every 10 minutes. Takes about 30 minutes.

Remove from oven and stir in raisins, dates or figs and prunes. Cool completely and store in airtight tin.

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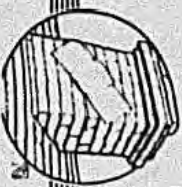
Here's How

By Gene Gary

Q Can you tell me something about the wood that is called pecky cypress? I like the look of the wood and am considering using it in a family room. However, I understand the texture is caused by a fungus and I am concerned that this might spread to the rest of the wood, or even to some of the other wood in our home.

Can you tell me anything about this?

A You are correct in that pecky cypress is the name applied to wood cut from cypress trees that have been infested with a fungus. This fungus enters the living trees through broken branches, and works its way through the heartwood of the branches into the main trunk of the tree.



It leaves pockets in the wood that are filled with a brown powder. This powder seems to have an antiseptic action that halts the progress of the fungus. The fungus growth process is stopped here and when the wood is cut and milled, the fungus is no longer active.

In fact, pecky cypress has a strong resistance to decay — which is why when it was less expensive and more readily available, it often was used for outdoor fences and exteriors.

Q We have acrylic plastic panes on our storm windows that are dull and cloudy looking. I have tried several different types of glass cleaners that have been successful in removing this dingy look. Do

you have any suggestions?

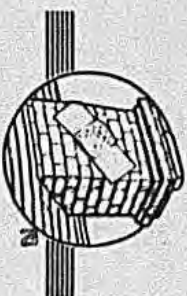
A Try applying a furniture polish such as Pledge with a dry, soft, clean lint-free cloth. Often this will restore the clarity of plastic and leave the surface sparkling clean.

Q A leaking roof left water stains in the drywall on both my ceiling and wall. I've tried covering the stains with paint, but they eventually reappear. Do you have any recommendations for solving this problem?

A If the drywall and wood underneath are both sound, you can paint the stains with a white shellac (such as BIN Primer-Sealer made by William Zimner Co., 39 Belmont Drive, Somerset, NJ 08873).

Kiltz (a stain-blocker made by Masterchem Industries Inc., P.O. Box 368, Barnhart, MO 63012) also would be effective in covering the water stains. Follow this with a coat of alkyd primer-sealer. The stains should not reappear.

However, if the drywall is unsound, that is, if it flakes or crumbles when prodded with an ice pick, you should remove the dam-

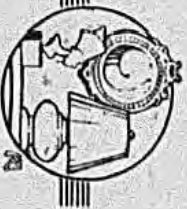


aged sections and check the wood underneath for signs of dry rot (brown or red stains, spongy surface, wood that is cracked or crumbling). Repair this kind of damage before replanking the drywall.

Be sure that the source of moisture, i.e., the leaking roof, is repaired prior to fixing the wall. Your walls and ceiling cannot be permanently fixed until the moisture problem is corrected.

Decor Score

By Rose Bennett Gilbert



Options available for problem windows

Q I have a real problem in my daughter's little bedroom that used to be a sleeping porch. I think because it has an entire wall of windows that wrap partway around the corner.

Can you suggest some way to put curtains on these windows so she has some privacy without losing the daylight? It's a very small room, and it gets cold with all these windows. —CS.

A My first advice about about problem windows is to make an extensive tour of your nearest window and shade store. If you're out of touch with happenings on the hardware scene, you'll be surprised at all the options available today — so many, it's sure to say, "Where there's a will (to dress any window), there's a way."

And I'm not talking custom-mades, either, since most curtain rods can be adjusted to fit any size window.

Besides curtains, you might consider shades, both the old-fashioned roller kind that come in new-fashioned colors and shapes, and cellular pleated shades like the ones in the photo we show here.

Shades also can be mounted bottom-up so they pull up from the sill, ensuring privacy on the bottom half of the window while leaving the top open to admit light. In this corner room, two sizes of

cellular shades (made by Comfortex for Joanna) team up under a gathered fabric valance that serves to soften and "feminize" the window treatment.

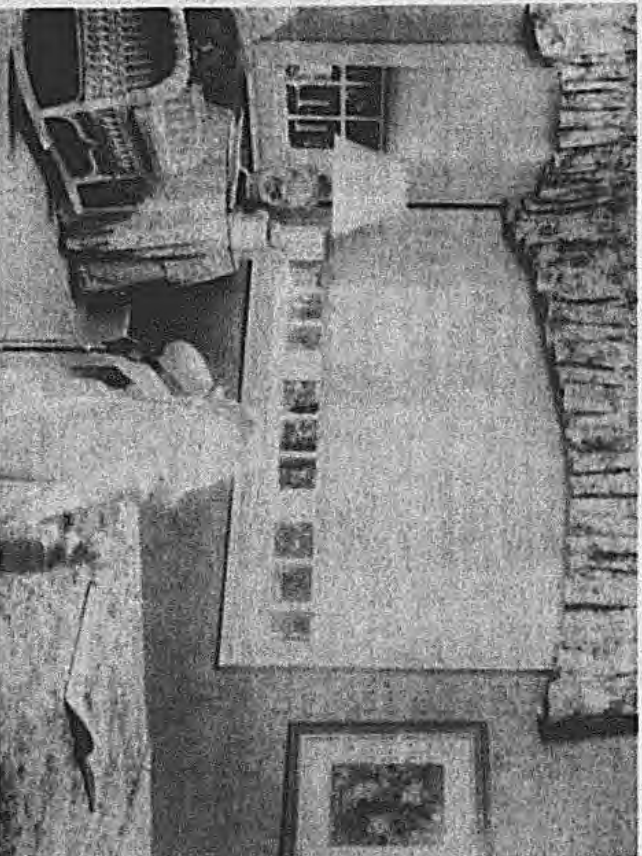
Two important plus factors: The shades' double pleats not only allow diffused light to filter through, they all but block the breezes in winter, and sun's heat in summer (the company cites tests showing they're nearly 70 percent more energy efficient than standard single-layer cellular shades).

Q The tubate you step into the hallway of our house, you can see halfway up the stairs and into both

the living room and dining room. My question: Do I have to use the same colors and patterns in all these areas? If so, where do I make the break going up the stairs? —L.T.

A Areas that are seen at a glance don't have to be treated exactly alike, but the colors and patterns you choose should be visually related. An easy way to handle this is to start with a fabric/wall covering pattern you love and play off its coloration.

For example, you could use its background color for the walls in the hallway, put the pattern itself



PROBLEM CORNER — Pleated shades under a double-arched valance solve a problem window arrangement in a corner bedroom.



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IRISH WOMAN AVAILABLE to take care of your sick, bedridden or elderly. Please call 741-8619. wmy1

EXPERIENCED BABYSITTER seeking full time job, Monday-Friday. Flexible with excellent checkable references. Own transportation. Garden City area • Uniondale, Hempstead. Call any time. 481-0320. gcA4

MATURE WOMAN LOOKING for ironing job. For information call Ma. Jones at (718) 659-3853. gcA4

LOVING AND CARING, experienced nurse's aide seeks position to work with the elderly, sick or young children. Available full time 5 days a week, living out or on weekends. References are available. can be contacted at 538-5072. gcM1

SEEKING HOUSECLEANING POSITION. Willing to work 6 days a week. Own transportation. Speaks English. Reliable. 538-3027. gcm1

CERTIFIED NURSE'S AIDE seeking full time position. Experienced, references, own transportation. 565-1416. gcm1

EXPERIENCED AIDE AVAILABLE to work part time from 8:30 a.m. - 1:30 p.m., 5 days a week. Call at night (718) 468-5632 from 6:30 - 10:30 p.m. gcA5

WOMAN LOOKING FOR housecleaning job. Experience and transportation. Good references. 564-8315. gcA5

EXPERIENCED HOUSECLEANER for offices at night available, or babysitter weeknights only. Call 868-4790. gcA4

EXPERIENCED DAY CLEANER, own transportation. 944-6519. gcA4

HOUSECLEANER, GOOD REFERENCES, experience, own transportation. Call 333-6571. gcA4

Real Estate for Sale

GARDEN CITY BEAUTIFUL spacious home, 5 BRs, 3 Bths, screened porch, finished Rec Room, 80 x 100. Walk RR. Asking \$315K. By appointment. Principals only. 775-5974. gca4

ENGLISH TUDOR - GARDEN CITY Estates. Split layout, LR/Fpl, DR w/built-ins, EIK for 2, 3-4 BRS, 1 1/2 Bths. Fin. Bsmt., 1 car gar. screened porch, nice yard, excellent closets/storage; easy maintenance. 40'x100' plot. Top locations; near schools, trains, stores. Owner anxious for quick sale. Make offer! Asking \$330,000. Principals only. Call now! 747-4572. gca4

GARDEN CITY COLONIAL 3 BR, 1 1/2 Bths. LR/Fpl, DR, EIK, Fin. Bsmt., Screened Porch, professionally landscaped. Low taxes. \$345,000. Principals only. 741-9262. gcm2

GARDEN CITY - SPACIOUS 3 BR, 2 1/2 Bths. LR/Fpl, DR, EIK, Den, Fin. Bsmt., 2 car, fenced yard with patio. Walk RR, quiet area. \$299,000 Owner (212) 473-0525. gcm2

GARDEN CITY ATTACHED Colonial Northeast section, Raymond Court. Fully updated 2 BRS, 2 Bths, LR, DR, EIK, Rec. Rm. 1 car. Owner \$210,000. Low tax. 741-3158. gca4

FOR A FAIR Market Analysis of your Garden City house call Jane Cuff Reynolds, Prudential Taylor Warner. Call 741-4422 or Beep 560-0661. gca5

FRANKLIN SQUARE, NEW Townhouse. 3BRs, 2 1/2 Bs, move-in condition, skylights, new carpeting and tiles, full basement, CAC. \$170,000, by owner. 483-3287. Neg. gcm2

Co-Op For Sale

GARDEN CITY CHERRY Valley. Mint, second floor, 2 BRS, new kitchen, bath, carpet. Private corner, large garden. Will trade for your Garden City home. \$115,000. 742-8659. gca4

GARDEN CITY CHERRY Valley Co-Op, 2 BR, second fl., end unit. Owner relocated \$99,900. (501) 231-5262. Leave message. gca5

PORT WASHINGTON - GORGEOUS 6 sun-filled room corner apartment. "Reduced \$11,000." everything new. washer/dryer, full attic, garage. Walk RR, water, town. Estates area, beautifully landscaped, southwestern exposure. \$159K. 944-8210. gca4

CHARMING 3 BR ENGLISH Tudor, Garden City. 1 1/2 Bths, new EIK, LR, DR, All new heating, gas burner, new stucco. 60'x100. Asking \$270,000. Also for rent \$1,800 monthly. 325-2273. gcm2

GARDEN CITY - BY OWNER Center hall Ranch, 3 BRS, 2 Bths., New EIK, Garage, roof terrace, CAC, in-ground sprinkler. \$322,000. Call 248-5404. gcm2

Co-Op For Sale

GARDEN CITY MINT 1BR. Co-Op, second floor, separate entrance, walk to RR and stores. Asking \$65,900. Owner. 294-7496. gca5

CO-OP & CONDO ATRIUM PLAZA 1BR, 1 bath Duplex, EIK, 1 gar Rent/Buy **CARLISIE HOUSE** 2BR, 2 new baths & kit & gar \$275,000.

CHERRY VALLEY 2BR, 1 bath, LR, EIK, CAC \$89,000. **2 BR, New Bath,** \$115,000. **MINEOLA'S HARRISON** HOUSE 1 BR, 1 bath, CAC, Indry, 10' ceiling \$129,000. **2 BR, 1 bath, CAC, Indry, 1 gar** \$129,000

MULFORD PLACE LR/FPL, DR, den, 1 BR, 1 bath, corner \$85,000.

STEWART FRANKLIN 2 BR, 1 bath, LR/FPL, Dr, EIK Rent or \$129,000. LR/FPL, DR, EIK, 3 BR, 2 bath Rent or \$225,000.

MINT 3 BR, 2 bath, LR/FPL, DR, EIK \$250,000. **STEWART HOUSE LG Studio** in Top Building \$79,900. **Douglas Fraser Real Estate** 248-6655 gca4

GARDEN CITY, CHERRY VALLEY 2BR Co-Op, 1st floor, new bath, modern. Washer, dryer, A/C, extras. \$125K. Owner. 746-5168, evenings. wap5

GARDEN CITY/MINEOLA Border, 120 Horton Hwy. Prime 1 BR Apts. in wall maintained, attractive centrally but residentially located, financially secure, Co-Op. Buy as is, partially fixed up or totally renovated - Your choice, asking from \$64,900. Kent Management. 1-800-366-6394. gca4

GARDEN CITY CHERRY VALLEY Co-Op. Spacious 1 BR, new EIK, Prime location. Walk to RR and stores. Maint. 80% deductible. Principals only. 742-6843. \$83,000. Must sell. gca4

1 BR CHERRY VALLEY Co-Op, totally renovated, storage space, CAC, full amenities, must see. Will take any reasonable offer. Mid \$80's. Owner anxious. 248-5347. gca4

MINEOLA. GARDEN PLAZA. Large 2 BR, beautifully renovated. Ideal location. Walk to RR, shops hospital. Only \$115,000. 294-1330. gcm1

MINEOLA HORTON HOUSE Co-Op: Front apartment, 1BR, New Kitchen, New Bath, loads of closet space, Air Conditioning. Parking available on and off premises. Principals only. \$78,000. 741-5210. gcm4

GARDEN CITY, 2 BR, second floor. Best location facing 15th Street. A/C, washer/dryer, walk to wall, attic, garage \$106,000. 294-0269. gca4

EAST 56th STREET CO-OP \$81K. Spacious, bright, alcove studio, 24 hour doorman. CAC. Owner (516) 746-5194. Or Rent. gcm2

Co-Op For Sale

GARDEN CITY - HEMP-STEAD. The Mulford. Must sell, transferred. Large 1BR, EIK, oak floors, high ceilings. Lots of closets. Walk to LIRR. \$39,000. 292-0483. gcm2

CATHEDRAL GARDENS -HEMPSTEAD. Spacious 1BR Co-Op, southern exposure. Completely renovated. Maintenance 79% deductible, \$52K, neg. 538-9464 gcm2

MINEOLA, KING SIZE, Luxurious 2 1/2 Rms., ultra mod. mirrored wall, A/C, carpeted, 26' LR, Walk-in-closet, newly decorated, dishwasher, Elegant lobby. Vacant. Walk to RR. Hospital. Maintenance \$385. Asking \$84,900. Owner financing if qualified. Stan Hirsch Realty. 292-9840 gcm2

Co-Op For Rent

WEST HEMPSTEAD -LARGE Studio Co-Op, separate kitchen, dressing room, and sleeping area. AC, pool, security, walk to LIRR & shops. \$650/mo. 420-4252. gcap3

OPEN HOUSE

GARDEN CITY ESTATES. Section at 111 Sackville Rd. Updated 4 BR Colonial, 3 Bths., EIK, CAC, low taxes. Reduced to \$399,000. Principals only. 747-2794. Sun., April 25, 1-4 p.m. gca4

GARDEN CITY, 154 Kensington Road, April 18, 1-3 p.m. Heart of Estates, 21 years Classic CH Colonial, 4 BR, 2.5 Bths., gas heat, C/A. Fam. Rm/Fpl, \$525K. Exclusive Ultra Expanded Ranch. 5 BRS, 4 1/2 Marble Bths., A dream come true. Lg. glass Solarium/Jacuzzi, spa, gas heat C/A. Fabulous garden, 2 car. By appointment, \$500's. Wilson Realty. 746-1563. gca3

GARDEN CITY SAT., April 24, 1-3, 95 Brook St. 6 BR, 4 1/2 bth Col. Below market \$489K Sun., April 25, 1-3 P.M. 92 Stewart, Brick Ranch, 3BR, 2 bth Estate Sale \$359K Newly Listed Brick Col Price right \$349K Newly Listed Tudor 4BR, 3 bth A Dream \$895K Wilson Real Estate 746-1563. gca4

GARDEN CITY PRIME ESTATES, Sunday, April 25, 2-4 p.m., 78 Kensington Rd. Reduced \$539K Completely renovated CH Colonial 3/4 BRS, 2 new baths, new EIK, all amenities. A Must See. Traditional and spacious interior with parquet oak floors, chair rails, French doors & high ceilings throughout. Low taxes. Walk to LIRR. Must sell 741-7378. gca4

GARDEN CITY CO-OP, April 24 & 25, 1-5 P.M. 223 Seventh St. (Apt. 1 D) Sunny 2BR, second floor, 1 block LIRR/all shopping. \$116,000. 873-9469 gca4

GET RESULTS! Place an ad in our Classifieds for reasonable rates and prompt results.

Real Estate For Rent

FRANKLIN SQUARE 3 ROOM apartment, \$650 a month includes utilities. No pets. Single person only. 354-1458. gca5

GARDEN CITY BRIGHT, sunny room with full private bath, furnished or unfurnished, private entrance, parking. Two blocks from RR, bus & stores. Female, non-smoker. Call after 4:30 p.m., or weekends. 354-8360. gca5

GARDEN CITY PRIME Location, house for rent. Sunny 3 BR's, 2 bths, modern EIK, large LR/Fpl, den, A/C, washer/dryer, large backyard. Near RR. \$1,800 a month. (212) 206-1317. gca5

CATHEDRAL GARDENS/GARDEN CITY BORDER, 1 BR Apt. on quiet cul-de-sac, first floor, private entrance, w/w carpet, near RR, shopping & Adelphi/Hofstra. Non-smoker preferred. Single person. Utilities included \$650 per month 292-0302. Please leave message. gca4

SOUTHOLD WATER-FRONT, 3 BR's, 1 1/2 bath Ranch, deck, 3/4 acre, \$1,500 monthly for May, June and Sept. \$2,000 monthly for July and/or August. \$7,000 a season. Available yearly. Call 746-0531. gca5

GARDEN CITY SOUTH -Adelphi Vicinity, 3 1/2 room apartment - \$700, utilities included. Top floor. Business single male or female preferred. Call Mrs. Marino. 486-1851. gca4

WEST HEMPSTEAD -LARGE Furnished Room w/wc, large closet, Refrig/micro, A/C. Near Adelphi University. Non-smoker. Convenient to shops/trans. Overnight street parking. \$450 monthly includes heat. Sec/Ref. 489-5941. gca4

FIRST STREET VICINITY 4 Room Apartment. All new: stove, refrigerator, washer/dryer, wall to wall. Mint condition, private entrance, thermostat. One person only. No pets. \$650 all. 481-2884. gcm2

GARDEN CITY, SEVENTH ST. 2BR Apartment, large rooms, EIK, bright and sunny, new wall to wall, A/C in each room. Walk to RR and shops. \$1,150. No fee. 294-3244. gcm2

BELLEROSE 1 BR APT., LR, EIK, W/W carpet, newly painted, full bath, near RR, bus & stores \$600 per month. (718) 347-4000, (516) 292-0302. gcm2

HOUSE FOR RENT: Wheatley Schools/Mineola. 4 BRS., 2 baths, LR, DR, carpeted. Closets galore. Huge fin. bsmt/playroom. No Fee. \$1250 per month. Call owner, 746-3141. wmy2

WESTBURY: Large 3 1/2 room apt. Convenient to all. Available May 1st. Rent. \$650. Includes utilities. Call 626-2762. wmy2

Real Estate For Rent

STUDIO APARTMENT Fireplace, Bethpage. Single person, non-smoker. Bright and airy, ground level, private entrance, use of yard, parking. New appliances, EIK, Bath. \$600/month hmy2

GARDEN CITY FUR-NISHED room for rent, private entrance, non-smoker, share bath, appliances available. Near RR. \$475. 742-7706. gcm4

GARDEN CITY LOVELY quiet furnished room. Private entrance, bath. Mature, non-smoker preferred. References 748-0018. gca5

BELLEROSE 1 BR Apt. completely renovated, new bathroom, EIK, new appliances, hardwood oak floors. Near RR & stores. Move in cond. \$595. 292-0302. gca4

STOREFRONT FOR LEASE - Mint condition. Available Spring 1993. Willis Avenue between Fordham & Harvard Sts. Perfect for retail store or professional office. 2100 sq. ft. No fee. Contact owner 746-3141. wap4

MINEOLA. TWO LARGE ROOMS for rent with closet. Share bath. Private entrance. Nice area. Near all transportation. Available April 1. Call 248-0596. Leave message. wA4

FRANKLIN SQUARE - 3 1/2 room basement apt., new carpeting, private entrance, new stove, freshly painted, cable. \$575 includes utilities. Working person with no pets or children. Available immediately. 483-0869. gca5

GARDEN CITY-HEMP-STEAD 1 BR Apartment for rent. EIK, LR, full bath, dishwasher, garage. Convenient location, walk to all, newly decorated. \$750/mo. 564-9687. gca5

BETHPAGE APARTMENT -1 BR, Kitchen/LR combo, large bath, private entrance, bright & airy. Utilities included. 931-6090. hA4

SHARE HOUSE IN Garden City area. Female wanted to share 6 room house with one other. Washer/dryer, back yard in lovely residential area. \$475 a month includes all. Avail. April 538-3513. gca4

WEST HEMPSTEAD LARGE furnished room, w/wc, large closet, Refrig/Micro, A/C. Near Adelphi University. Non-smoker. Convenient to shops/trans. Overnight street parking. \$400 mo. Includes heat. Sec/Ref. 489-5941 home, 783-2512 work. gca4

LYNBROOK APT/HOUSE. Large 2 BR Apt. EIK, Lg. LR, DR, Full Bath, New Windows, all hardwood floors, Fresh paint. Includes Lg. fenced in yard & Lg. Bsmt. storage with laundry facility (new washer/dryer) Great location, off street parking. Available June 1. \$1,095 plus utilit. 748-6860. gcm1

For Sale

EXPECTANT / N2 V MOTHER'S delight. Half priced baby items. Playpen - \$35, Graco crank swing - \$10, Century infant car seat - \$30, Jolly Jumper - \$10, Sassy Seat - \$10, and more. Prices firm. Call 741-0121, leave message. wnp4

NIKON EQUIP. (2) 50mm. 1.4, \$75 each; 43-86mm 3.5, \$85; 85-210mm, 4.5, \$110; 35mm 2.8, \$35. (2) Nikomat bodies \$125 each. Other Misc. AT&T 2-line phones, \$35 each. Men's Peugeot 12 speed, Raleigh 10-speed, Ladies Ross 10 speed, Reasonable. IBM/XT 40mb, \$250. Brother daisy wheel printer, \$225. 742-2818. gcA4

TWO LOVE SEATS, DARK Grey/Purple. \$150. Refrigerator & 30" electric stove, avocado green, \$150 for both. 486-0199, 488-7330. gcm2

OAK OVAL DINING TABLE with 4 high back armchairs \$450. Oak antique china cabinet, glass doors. \$300. Both in excellent condition. Exercise bicycle \$40. 334-5315. gcm2

1980 ROCKOLA JUKE BOX 80 plays, good condition. \$750 firm. 488-7330. gcm2

FRENCH STYLE FAUX fireplace with andirons, 2 barrel style, upholstered chairs, silver striped. White formica wardrobe, 6' H x 3' D. Other furnishings. All reasonable. Cathedral Gardens home. 483-9116. gcA5

FREE POOL PLUS Equipment. You dismantle. 4 years old, 21 foot round. New filter \$300. 536-2668. gcm1

For Sale

GORHAM STERLING FLATWARE. 40 pieces, "Camellia" pattern with "S" monogram. Mint condition. \$750. Call 352-9025. gcMy2

Services

HANDYMAN: QUALITY HOME repairs. Plumbing, leaky faucets, toilets, tiles & grouting. Shelves, fences repaired, doors shaved, carpentry, sheetrock patching. Ceiling fans & window air conditioners installed. Call Joe. 746-7517 wjn3

TYPING SERVICE: TEN YEARS Experience, legal typist, with computer, dictaphone, laser printer, available to fill all your typing needs. Call anytime. Pick up and delivery service. 285-3520. wmyl

TELEPHONE INSTALLATION & Repair: TV cables and modular jacks installed. Electrical wiring and fixtures. Prompt, reliable and reasonable. Fully insured. Free estimates. Over 30 years telephone experience. Residential/Specialists in Business Systems. Call Al at 481-4685. gcjn1

Services

THE CUISINE SCENE Fine catering, glorious food, complete party planning service, menu suggestions for all occasions. Weddings my specialty, including beautiful cakes. Professionally trained staff. Call Susan 742-1956. goJn1

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Services

DONALD'S CLEANING SERVICE - Rug shampooing, waxing floors, office cleaning. Complete household cleaning service. Free estimate. Leave message. 623-0398 or 623-9821. gcA5

HANDYMAN TOM HOME Repair Specialist. Doors sticking? Broken window glass & cords? Odd jobs, hardware, carpentry, aluminum trim, siding repairs, gutters, rotted wood. Free estimates. 546-5625. gcA4

CELEBRATE Christenings, Birthdays, First Communion, Confirmations, Graduations, Bridal and Baby Showers or any function with excellent food, superior service and peace of mind. Call Celestial Catering 294-6315. gcjn2

LEAKS & SQUEAKS - Handyman Service. No job too small, old house specialist. General home repairs. 15 year experience. Day and evening hours available. Call Jim 868-4984. gcjn4

PAINTING & CARPENTRY No job too small. Free estimates. Call Bob of Belleore. 718-343-4843. wjn4

Services

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433-7857

Wanted

RESPONSIBLE ADULT SEEKING to rent 1 or 2 car garage in Garden City. Please call 294-7759. gca5

DINING ROOM FURNITURE wanted by local family. Mahogany double pedestal table & 8 chairs, English style. 787-0747. gcm2

Car For Sale

1988 PONTIAC BONNEVILLE 38K - Excellent condition. Blue. 746-6530. W-AP-5

1983 CHEV. VAN, GOOD condition. Must sell. 746-6893. Leave message. gca5

1982 CHEVY C 10 DELIVERY Truck, Low mileage, good running condition. \$1,000. Eves. 742-8037. gcm2

1978 MERCEDES 280 SEL, Classic Beauty. Mint Condition. \$3,500. 747-8759, leave message. gcm1

'89 NISSAN 240SX coupe. Fully loaded. Excellent condition, 27K miles. Must sell. Best offer. 352-6369. gcm2

Real Estate For Rent

GARDEN CITY PRESTIGE OFFICES

Abutting RR station & hotel; up to 3500 sq. ft. & storage; parking; 24-hr. building.

R. POLLEY
(516) 747-2900

Garage/Tag Sale

FRIDAY -4/23 -Raindate Saturday 4/24 8 am - 3pm. 10 Astor Place, Williston Park (behind St. Aidan's Church). Pictures, furniture, bric-a-brac, lamps, no clothing. wap4

MOVING SALE: Garden City, Saturday & Sunday, May 1 & 2, 10 to 4, rain or shine. New & old items, bric-a-brac. 53 Stratford Ave., corner of Tannerspond Road. wap5

TAG SALE, GARDEN CITY.

Must sell entire contents of charming old home. Classic mahogany furniture includes dining table and 5 Chippendale style chairs, drop leaf table, knee hole desks, chest and bookcase, old violins, guitar, French twin BR, antique bric-a-brac, dinette, home personal computer, air conditioners, 5 TVs, linens, books, records, 2 microwaves, leather jacket, stereo, wheelchair, snow blower, garden tools, Sunfish sailboat with trailer, Honda Sedan and so much more. Please join us at 62 Transverse Rd. (off Washington, south of Old Country Rd.), Saturday, April 24, 9 a.m.-2 p.m. gca4

GARDEN CITY, GARAGE SALE Saturday, April 24, 9-4, 72 Meadow St. Randell pottery wheel, French 10 speed racer, bikes, sleds, baskets, pottery, 4 poster twin, much more. Rain-date April 25. gca4

Novenas

NOVENA TO ST. JUDE Oh Holy St. Jude, Apostle and Martyr, great in virtue and rich in miracles, near kinsman of Jesus Christ, faithful and intercessor of all who invoke your special patronage in time of need, to you I have recourse from the depths of my heart and humbly beg to whom God has given such great power to come to my assistance, help me in my present and urgent petition. In return I promise to make your name known and cause you to be invoked St. Jude, Pray for us all who invoke your aid. Amen. Say 3 Our Fathers, 3 Hail Marys, 3 Glorias. Say for 9 consecutive days. Publication must be promised. This novena has never been known to fail. Thank you for answering my prayers. T.P. gca4

NOVENA TO ST. JUDE Oh Holy St. Jude, Apostle and Martyr, great in virtue and rich in miracles, near kinsman of Jesus Christ, faithful and intercessor of all who invoke your special patronage in time of need, to you I have recourse from the depths of my heart and humbly beg to whom God has given such great power to come to my assistance, help me in my present and urgent petition. In return I promise to make your name known and cause you to be invoked St. Jude, Pray for us all who invoke your aid. Amen. Say 3 Our Fathers, 3 Hail Marys, 3 Glorias. Say for 9 consecutive days. Publication must be promised. This novena has never been known to fail. Thank you for answering my prayers. A.M.C. gca4

MAY THE SACRED HEART OF JESUS be adored, glorified, loved and preserved throughout the world now and forever. Sacred Heart of Jesus, pray for us. St. Jude, helper of the hopeless pray for us. Say the prayer 9 times daily; by the 8th day your prayers will be answered. My prayer has been answered. say it 9 days, it has never failed. Publication must be promised. wap4

O HOLY ST. ANTHONY, gentlest of Saints, your love for God and Charity for His creatures, made you worthy, when on earth, to possess miraculous powers. Miracles waited on your word, which you were ever ready to speak for those in trouble or anxiety. Encouraged by this thought, I implore of you to obtain for me (request). The answer to my prayer may require a miracle, even so, you are the loving St. Anthony, whose heart was ever full of human sympathy, whisper my petition into the ears of the sweet Infant Jesus who loved to be folded in your arms and the gratitude of my heart will ever be yours. 13 Paters, Aves and Glorias. Thank you for answering my prayers. T.P. gca4

Garage/Tag Sale

MULTI FAMILY MAY 7, 8 am-6 pm. & May 8, 8 am-2 pm at 171 Pine Street, Garden City. Absolutely no early birds. Antiques, collectibles, household goods & junk. gcm1

MULTI FAMILY YARD sale, Sat., April 24, 9:30 am-2 pm., at 99 Willow Street, Garden City. Rain-date Sat., May 1.

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KITCHEN KIDS



By Rena Coyle

Easy chicken dinners

Chicken is often served more than once a week, and there are as many different ways to prepare it as there are days in the year. When starting beginner cooks on learning to prepare dinners, chicken is a good place to start. When cooked with a sauce, it is hard to find any tactical errors done in the preparation. No matter how many mistakes, these recipes will be a success and ones your child will happily share with the family.

The three recipes, Hungarian Chicken, Chicken Stroganoff and Chicken Nicoise give chicken a twist. Each time, the chicken is pan-fried in a skillet and then simmered in a flavorful sauce. Though these recipes are best served over wide egg noodles, rice is an appropriate substitute.

The first time making any of these recipes, an adult should be present or at least be aware that the child is cooking. Some of the recipes use fresh vegetables, which need to be prepared before the actual cooking begins.

The Hungarian Chicken is a lightly flavored stew that is served over egg noodles. This is the easiest of the three recipes to prepare. Done in one skillet, it requires only 15 to 20 minutes of preparation before being set on the back of the stove to simmer.

The Chicken Stroganoff is a quick version of its cousin, beef Stroganoff. This recipe is easy and again uses only one skillet. The secret to this recipe is the onions. They can't be rushed and need to turn a golden brown, so remind your kids faster is not always better. By cooking the onions over a medium heat instead of high, it gives them a chance to release their natural sugars without burning.

The Chicken Nicoise is a robust combination of fresh tomatoes and herbs. It is a hearty stew studded with black olives and comes from the Provence region in France. The French would use small nicoise olives in this recipe, but depending on your family's personal tastes, the classic American black olive can be substituted.

HUNGARIAN CHICKEN

- 1 large onion
 - 2 tablespoons vegetable oil
 - 1 (3½- to 4-pound) chicken, skinless and cut into eight serving pieces
 - 1 (16-ounce) can crushed tomatoes
 - 1 teaspoon sweet paprika
 - ½ teaspoon salt
 - ½ cup chicken broth or water
 - ¼ cup sour cream
 - 1 tablespoon flour
 - 1 pound wide egg noodles, freshly cooked
 - 2 tablespoons olive oil
 - 3 tablespoons chopped fresh dill
- Yields 4 servings.
Preparation time: 20 minutes.
Cooking time: 40 minutes.

Utensils: cutting board, sharp knife, skillet, measuring cups and spoons, 4-quart casserole with cover, mixing spoon, can opener.

Secure onion on cutting board and cut onion in half. Peel off skin and set halves flat on board. Carefully cut onion into thin slices. Set aside.

Heat oil in skillet over medium-high heat. Add onion and cook for 2 minutes. Lower heat to medium-low. Add chicken and tomato, cook for 10 minutes. Turn chicken at least once.

Add paprika, salt and chicken broth or water. Bring liquid to a boil, then carefully reduce to low, cover and simmer for 20 minutes. Carefully remove lid and let chicken simmer for 10 minutes.

In meantime: Mix sour cream with flour and stir it into casserole. Once blended, turn off heat.

Toss noodles with olive oil. Put them on serving platter and spoon chicken with sauce on top. Sprinkle dill over plate.

CHICKEN STROGANOFF

- 1 large onion
 - 1½ pounds, skinless and boneless chicken breast
 - 1½ tablespoons vegetable oil
 - 2 tablespoons flour
 - 1 cup chicken broth
 - ¼ cup sour cream
 - 1 pound wide egg noodles, freshly cooked
 - 1 teaspoon olive oil
 - 1 teaspoon salt
 - ¼ teaspoon ground pepper
 - ¼ teaspoon crushed tarragon leaves
 - 3 tablespoons chopped fresh parsley
- Yields 4 servings.
Preparation time: 30 minutes.
Cooking time: 30 minutes.

Utensils: cutting board, knife, measuring cups and spoons, skillet, kitchen spoon, small bowl, small spoon, serving platter.

Secure onion on cutting board. Cut it in half. Peel skin off each half and set them, flat side down, on cutting board. Cut onion into thin slices, set aside.

Cut chicken into 1½-inch-wide pieces. Set aside.

Heat oil in skillet over medium-high heat. Add onions and cook for 3 or 4 minutes, until they soften and turn golden brown.

Add chicken to pan and give it a stir, cooking it at least 2 minutes on each side. With adult help, remove chicken from pan.

Add flour to skillet and whisk until it forms thick paste. Begin adding broth, ¼ cup at a time. Bring broth to a boil and whisk until it begins to thicken. Add sour cream and blend. Replace chicken into pan and simmer for 1 minute.

Toss noodles with the olive oil, salt, pepper and tarragon. Put them on the platter and spoon on Chicken Stroganoff. Sprinkle with chopped parsley and serve hot.

Vegetarian View



By Charlyn Fargo

Fruit cobbler is an all-American treat

It could just as easily have been baseball, Chevrolet and fruit cobbler, instead of apple pie. Fruit cobbler are even more American than apple pie. Europeans had apple pie, but they didn't have fruit cobbler.

Cobblers are a deep-dish baked fruit dessert of American origin made with a top crust only. The crust is usually made with biscuit dough rather than pastry, but lest the Civil War begin again, suffice it to say it can be made with either. In some parts of the country where the pastry topping is preferred, a biscuit topping just won't do.

The key to a good cobbler is to pat (or roll) the pastry out as thin as possible, say some cooks. Others say it's the shortening — and lots of it — that accounts for a crisp yet meltingly tender crust. But these days, the trend is to cut back on shortening and fat yet still have dessert.

One home cook uses pie crust for the topping. Compared to a pie, which has two crusts, it cuts down on cholesterol and calories. Another option is to use a cookie cutter to cut rosettes, and other pretty shapes out of the pie crust and place them on top of the fruit rather than a single sheet of pastry. You can use quick-frozen fruit that you can keep on hand any time of the year, or fill your cobbler with fresh raspberries, blueberries and peaches when they're in season.

Try blending 3 cups of fresh blueberries with 1½ cups of red raspberries. Add 4 tablespoons of sugar and a tablespoon of cornstarch. Then place the fruit in a small pan, a couple of tablespoons of flour sprinkled over and the fancy rounds of pastry placed on top.

For those who prefer a biscuit cobbler, the process begins with mixing dry ingredients, then making a well in the center, where the liquid is added. The dough is kneaded until it resembles sticky, lumpy, dumpling dough. Add too much flour and it's tough. Just enough flour is needed to make the dough roll.

QUICK FRUIT COBBLER

- ½ cup water
 - ¼ cup sugar
 - 1 tablespoon cornstarch
 - 4 cups quick-frozen fruit, such as red raspberries or blackberries
 - 2 tablespoons flour
 - Margarine to dot (optional)
- Pie crust recipe, prepared or homemade
- ¼ cup sugar
- Yields 8 servings.

Boil water, sugar and cornstarch for 1 minute. Fold fruit into liquid. Put in 8x8-inch pan. Sprinkle flour on top and dot with mar-

garine, if desired.

Preheat oven to 425 F. Roll out pie crust and, using fancy cookie cutters, cut out various shapes. Place fancy rounds on cookie sheet and bake for 7 minutes. When done, sprinkle with sugar and carefully place over top of fruit.

Bake cobbler for 35 to 45 minutes.

STRAWBERRY COBBLER

- 1½ quarts strawberries, cleaned and hulled
 - ¾ cup sugar
 - 4 tablespoons cornstarch
 - No-roll pie dough:
 - 3 cups flour
 - 2 tablespoons sugar
 - ½ teaspoon salt
 - 1 cup vegetable oil
 - 8 tablespoons milk
- Yields 4 to 6 servings.
Preheat oven to 400 F.

Sprinkle strawberries with sugar and let set at room temperature so juice forms. Mix cornstarch with strawberries and set aside.

To make dough, mix flour, sugar and salt with fork in bowl. In another mixing cup, mix oil and milk. Make well in center of flour mixture and pour in oil and milk mixture. Mix with fork. Put mixture into 9x13-inch pan. With your hands, spread dough into bottom of pan and up sides. If there's too much dough, set it aside for topping.

Pour strawberries on top of dough. For topping, mix half recipe of pie dough above or use any leftover dough. Pat crust on top of countertop or board, cut into strips, lift them off with spatula and place on top of strawberry mixture.

Bake cobbler in oven for 15 minutes, then lower heat and bake at 325 F for another 45 to 50 minutes.

BASIC BISCUIT
FRUIT COBBLER

- 1 cup all-purpose flour, sifted
 - 2 tablespoons sugar
 - 1½ teaspoons baking powder
 - ¼ teaspoon salt
 - ¼ cup margarine
 - ¼ cup milk
 - 1 slightly beaten egg
 - Apple, cherry, peach or rhubarb filling (recipes follow)
 - Light cream or ice cream
- Yields 6 servings.
Preheat oven to 400 F.

For biscuit topper, sift together flour, sugar, baking powder and salt. Cut in butter or margarine until coarse crumbs form. Combine milk and slightly beaten egg. Add all at once to dry ingredients, stirring just to moisten. Set mixture aside.

Pour hot fruit filling into 8½x11½-inch round dish. Immediately spoon on biscuit topper in 6 mounds. Bake for 20 to 25 minutes. Serve warm with light cream or ice cream.

Kids Home Newspaper



Games, rhymes, and riddles for children and their parents, too!

By J.R. Rose -

DRAW IT!

DRAW A GLOVE SO POLLY CAN CATCH THE BALL!



UNSCRAMBLE THIS TO SEE WHY THE BASEBALL PLAYER TOOK A JUMPROPE TO THE GAME ...

**ESUACEB
EH DWNAET
OT ETI HET
AGEM!**



PUP THANKS SARAH HATTER OF MONTVALE, VA.

MY PUP KNOWS HOW TO PLAY BASEBALL. HIS SPECIAL GLOVE CAN GROW SO TALL! YOU REALLY NEED A BASEBALL GLOVE TO PLAY THIS SPORT THAT WE BOTH LOVE!

UNSCRAMBLE THESE OTHER SPORTS WHERE GLOVES ARE NEEDED ...

**GNIXBO
WSON INGIKS
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FLOG**



I CAN CATCH FLIES, TOO!

ROSE! ©1993 ONLY NEWS SERVICE!

SOLVE THE RIDDLE!

A BASEBALL TEAM SCORED SIX RUNS IN ONE INNING, BUT NOT ONE MAN REACHED HOME ... WHY NOT?!



ANSWER: IT WAS A GIRLS TEAM!

PUP THANKS JASON GIBSON OF ROANOKE, VA.

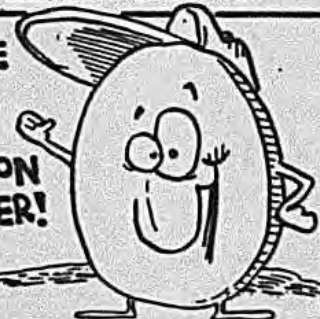
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IF YOU HAVE ANY FUN GAMES OR JOKES SEND THEM TO : PUP

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WHY IS A PANCAKE LIKE A BASEBALL TEAM?

BECAUSE THEY BOTH DEPEND ON THE BATTER!



PUP THANKS KATIE HINTON OF ST. GEORGE, UT.

ANTIQUÉ OR JUNQUE

By James G. McCollam



Sweet service

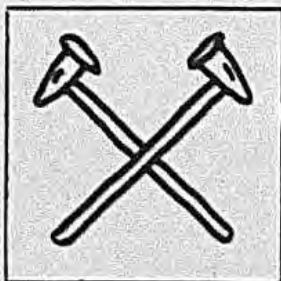
Q. What can you tell me about the vintage and value of this silver pastry serving set. They are marked "Italy."



A. This silver-plated pastry knife and server were made in the early 1900s, and would probably sell for about \$65 to \$75 in good condition.

Q. The attached mark is on the bottom of a hand-painted, hexagon-shape powder jar. It is decorated with blue, red and green floral with gold trim.

Who made this, when and where?



A. This powder jar was made by Fischer & Meig in Pirkenhammer, Austria, between 1875 and 1887.

It would probably sell for about \$75 to \$85.

Q. I am looking for information on the Bing & Grondahl "Nurse" figurine, No. 2372. Apparently, it is no longer in production; contacts with dealers (Copenhagen Collectibles in Denmark) have yielded no information.

I would appreciate any information you can provide.

A. Your figurine was made in the mid-20th century, and is currently selling in the \$225 to \$235 range in good condition.

Q. I have a teapot, sugar bowl and cream pitcher set that is marked "Lefton China — Hand-painted." I bought this set at a garage sale about 20 years ago. It is blue and white and trimmed with gold.

I would like to know if it is worth anything.

A. George Zoltan Lefton started importing china from Europe and Japan in 1940, and is still in business.

Your tea set is not an antique, but it is collectible. It would probably sell for about \$65 to \$75.

Q. My husband left me several books that I would like to dispose of, such as "The Rover Boys Out West," and books by Zane Grey — all with hardcovers and in good condition.

Can you provide the name of a catalog that would list their value?

A. You can find the value of these and other collectible books at your public library. Ask for "American Book Prices Current."

Collectors want *first* or *limited* editions.

Q. I have a Vapo-Cresolene vaporizer. It is a small milk-glass lamp with a pan above the lamp. It was made by the Vapo-Cresolene Co. with headquarters in New York, London and Montreal, Canada.

It is in the original box and in excellent condition. The patents were registered in four countries in the late 1800s. What is its value?

A. This device was used to treat asthma and other pulmonary problems. In the original box, it would probably sell for \$125 to \$135.

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Points on Pets

By R.G. Elmore, D.V.M.

Q. It seems to me that a lot of articles regarding the merits of pet ownership have recently been printed in popular magazines. Many of these articles have given the merits of having pets in nursing homes, hospitals and prisons.

Many of my well-intentioned friends wanted to give me a dog after my wife died. I tried to explain to them that I really did not want the responsibility of caring for a helpless animal. Perhaps someday I will desire to have a pet again.

A. There have been many articles published regarding the merits of pet therapy and the companionship that pets offer the lonely. There are many well-established social programs in which animals are taken to homes for the elderly, hospices, psychiatric institutions and penitentiaries.

Those who believe in pet-assisted therapy state that the responsibility of caring for an animal gives the individual self-esteem and distracts the person from thinking constantly about his or her physical limitations. Some authorities have stated that the posi-

tive state of mind resulting from caring for an animal has a very beneficial healing effect.

There are many examples in which withdrawn individuals have communicated with animals after years of silence. The presence of an animal often provides a communication link with society for withdrawn individuals.

Although pet therapy has helped many people live happier lives, the medical benefits should not be overestimated. Pet therapy will not cure cancer or prevent heart attacks.

Pets should never be forced on anyone. Recently widowed individuals should not be forced to suddenly take on the responsibilities of a new pet because well-meaning friends believe that the companionship would be good. Widows and widowers need time to adjust to new daily routines before assuming the ongoing responsibility of a new animal.

Animals often offer unconditional love, attention and forgiveness. However, pets can also be an overwhelming burden to someone that does not really want a pet.

JUNIOR EDITION



Aunt Tilly's Corner

Birthdays are lots of fun! Everyone enjoys celebrating in many ways. For some they mean parties with balloons, pretty decorations, a birthday cake with candles and a pile of presents wrapped in gay colors and tied with ribbons and bows. Best of all are the friends who help us celebrate. I know someone whose mother invited a magician to his party. He entertained all the boys and girls with many tricks. He even pulled a white dove out of his hat! However you like to celebrate, birthdays leave lots of good memories for years to come and help you know how special you are.

Your friend,
Aunt Tilly

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YOUR SOCIAL SECURITY

Delaying retirement can be beneficial

By William M. Acosta

Q. What are the advantages of delaying my retirement if I decide to continue working full time? — E.L.

A. If you decide to continue working full time beyond your full retirement age, you can increase your Social Security benefit in two ways:

- If you're like most people who delay their retirement, you'll be adding a year of high earnings to your Social Security record. Higher lifetime earnings will result in higher benefits.

- In addition, your benefit will be increased by a certain percentage if you delay retirement. These increases will be added in automatically from the time you reach your full retirement age until you start taking your benefits, or you reach age 70. The percentage varies depending on your date of birth.

Q. I received back pay from Social Security in the amount of \$7,000. I currently receive Supplemental Security Income (SSI). How will this affect my SSI? — S.G.

A. Any retroactive SSI payments or retroactive Social Security benefits paid to a recipient are not counted as resources for six months after they are received. This gives you the time to make purchases or payments on debts that you were unable to make

while waiting for the back payments.

Any retroactive payments left over after this period will count as a resource. The money is not counted as income during this time.

Q. I know that Medicare does not cover long-term care or nursing home care. Where can I get more information on this type of insurance? — B.E.

A. For more information about long-term care insurance, request a copy of "A Shopper's Guide to Long Term Care Insurance," from either your state insurance department or the National Association of Insurance Commissioners, 120 W. 12th St., Suite 1100, Kansas City, MO 64105.

You may also obtain a copy of "Guide to Choosing a Nursing Home" by writing to Medicare Publications, Health Care Financing Administration, 6325 Security Blvd., Baltimore, MD 21207.

YOUR SOCIAL SECURITY

The World's Most Beautiful Grandchildren



Katelyn, the daughter of George and Tricia Woolever, is celebrating her first birthday on April 19. Her mommy and daddy enjoy her, so much. They wish her a wonderful first birthday.

George and Tricia Woolever,
Hicksville

