

In Three Sections - Forty-Eight Pages  
The Only Newspaper Printed and Published in Hicksville

# Mid-Island Times

## & Levittown Times 35¢

Vol. 51 No. 11

USPS 346-760

Friday, March 12, 1993

### Geography Bee Winner

Can you name a popular map projection named for a 16th century cartographer that makes landmasses at high latitudes look much larger than they are? Ian Rasmussen, eighth grade Middle School student can.

Ian has been named a finalist in the State-level competition of the National Geography Bee. Ian, who was recently named Hicksville Middle School Geo-

graphy Bee winner, took a written test to qualify as a finalist.

He will attend the State level of the competition on April 2, at the Concord Resort Hotel. The State finalist will go on to the National competition in Washington, D.C., which will be hosted by TV personality Alex Trebek of Jeopardy! The competition is sponsored by the National Geographic Society.



Ian Rasmussen, 8th grade Middle School student, receives congratulations from Stephen Aronowitz, Asst. Principal, upon recognition as a State finalist in the National Geography Bee.

### St. Ignatius Bumper Sticker Contest

Earlier this school year all the students of Saint Ignatius Loyola School were invited to design a new bumper sticker with a picture and logo for the school. The winning entry was going to be printed and distributed to all interested families.

Many excellent entries were received making the judging difficult. Matthew Whittaker and Adam Hajnacki tied for first place in the primary grades. They received gift certificates to a toy store. Second place was awarded to Scott Bryan. He received a gift certificate to a book store.

Jesse Lancaster won first place for the upper grades. He was given a gift certificate to a record store. Second place went

to Christina Wainer who received a gift certificate to a book store. Third place went to Linda Loreda. She received gift certificates to a fast food restaurant.

Since there was a tie for first place, it was decided to combine the two winners into one bumper sticker. Patti-Ann Montana redraw the two designs into one. This was then printed. The end result is a beautiful bumper sticker. It reads, "Saint Ignatius Loyola School - 85 Years of Excellence." There is a picture of children holding hands with a globe in the center.

The bumper stickers are available through the school office.



Contest winners (front): Scott Bryan, Matthew Whittaker, Adam Hajnacki. (Back) Patti Montana, Linda Loreda, Christina Wainer, and Jesse Lancaster proudly display the new school bumper sticker.

### This Issue

This issue is complete in three sections. The First section is the complete local coverage of news and photos. The Second section is a special interior section on home furnishing and decor. The Third section is the Discovery edition with something for all members of the family in columns, restaurants and the largest local classified section in any community weekly newspapers in Nassau County.

### Senior Citizen From Mar. 16

Hicksville High School Student government will sponsor a Senior Citizen Prom on Sunday, May 16, from 3 - 7 p.m. The Prom will be held in the Hicksville High School Gymnasium. Refreshments and music will be provided free of charge.

Hicksville residents interested in attending should send their name, address and number of tickets (1 or 2), by April 16 to:

Hicksville H.S.  
c/o Nancy DeSorbo  
Division Ave.  
Hicksville, N.Y. 11801

Seating is limited and will be provided on a first-come, first-served basis. If there are any questions, call 733-6821 weekdays between the hours of 8 a.m. to 2:30 p.m.

### VFW Announces Scholarship Award

The Wm. M. Gouse Jr. VFW Post No. 3211 announces the opening of the 1993 "Albinus A. Hanlon Scholarship Award."

Mr. William P. Bennett, Chairman of the Scholarship Committee, said that to qualify for the \$1,000 scholarship the applicant must comply with the following requirements:

The applicants must attend a duly accredited high school or equivalent, be a member of the graduation class at the time of selection, and be a son, daughter or grandchild of a member in good standing of VFW Post No. 3211 or the Ladies Auxiliary of the Post.

The deadline for receiving applications will be Friday, May 4, midnight, and interviews will be held on Friday, June 4.

Prospective applicants may obtain a copy of the "Guidelines" and application forms by writing to the Wm. M. Gouse, Jr. VFW Post #3211, 320 So. Broadway, Hicksville, New York, 11802, Attn: William P. Bennett, Chairman Scholarship Committee.

## NYS Budget Aired At Comm. Council

By Maureen Trazier

With less than one month before the close of the State's fiscal year, Assemblyman Fred Parola highlighted the "good" and the "bad" of Governor Mario Cuomo's proposed \$60 billion budget due to take effect on April 1. The Assemblyman and Chris Gill, a representative of Senator Michael Tully, were guests at the Hicksville Community Council meeting on March 4.

Assemblyman Parola noted that the state deficit is about \$3.4 billion, down from some \$6 billion two years ago. He remarked that last year, although the State budget was three months delayed, the State met some of its obligations with one-shot, stop-gap measures, including the sale of Attica Prison and Aqueduct Raceway.

The State budget "suffers from programs in place," said Mr. Parola, referring to "revenues that do not adequately cover the spending we are committed to." Resident Cathy Black called for the State to "revamp mandates," so that local governments are not strapped to comply with non-funded requirements.

Noting that the "#1 problem" is the budget is education, Mr. Parola said that this is the first year the Governor presented three budgets for education. Initially calling for \$130 million in education aid cuts, the Governor's third proposal was reduced to \$50 million in cuts. Hicksville is scheduled to lose some \$500 to \$600,000 if the Governor's proposals stand. The Assemblyman ranked education as a high priority, saying "It is about improving our future."

Mr. Parola admitted that the Governor's aid formula works against Long Island Districts. He said that "real power" lies in the State Senate, where Long Island legislator Ralph Marino serves as Majority Leader. The legislators are working on further aid formulas, including a new aid package entitled, "Excessive Cost Supplementation."

Mr. Parola did not seem to endorse wholeheartedly an income-tax-type funding of school budgets. He seemed to feel that real problems could arise, and certain people could devise ways of getting around payments. Exemptions for senior citizens or "homestead" exemptions were more favorable to the Assemblyman.

Noting that New York State gives "every benefit," Mr. Parola said that welfare is "unfortunately on the upswing" in the proposed budget, up some 9 to 11%. He attributed much of the costs to "ongoing programs." "In New York City, 1.1 million people are on welfare," observed Mr. Parola, "almost as many people as live in Nassau County."

Mr. Parola called President Clinton's appointment of his wife, Hillary, to oversee improvements in Health care as a "gutty move." Health care has suffered greatly in the last few years with Blue Cross and other health plans experiencing transformations. Mr. Parola said that there are some plans circulating to develop a senior citizen "catastrophic plan," where seniors would pay in at a reasonable cost, so that they will be covered if their needs arise.

Although there appears to be a revenue surplus of some \$550 to \$770 million, Mr. Parola warned that New York State taxpayers may face the possibility of increases in cigarette taxes and fees before the spending plan is adopted for the coming year.

The Assemblyman reiterated his desire to see the State endorse "initiative referendum," whereby residents, after going the petition route, can place referendums on the ballot for approval. A present, referendums can only be placed on the ballot after approval by two consecutive State Legislatures. The Assemblyman said he favors "inclusive government," giving the people more decisions, rather than less.

Local historian Richard Evers interjected his desire to see the Federal government hold a Constitutional Convention. Mr. Evers contended that citizens seem to have "an attitudinal or moral problem," always wanting "more" from their government. He added that he feels the Constitution to be interpreted "literally," instead of "sensibly." In addition, he suggested that if such an open look at our Constitution were revived, the politicians should "start running for cover."

In Community Council President Mark Herbst's "Around Town" portion of the meeting, Library Director Celeste Watman men-

Continued On Page 12

## Nassau Community College Dean's List

The Dean's list from Nassau Community College for Fall 1992 includes the following local students. Students who earned a perfect 4.0 asterisk are indicated with an asterisk.

### Bethpage

\* Angelique Andrews  
Anastasia Athanasopoulos  
Jennifer Brohman  
Pamela Carlucci  
Theresa Gillespie  
Linda Grady  
Denise Gulotta  
Valerie LaScala  
Dori McManus  
Robert Pearl  
Greg Polenta  
Eric Schmitt  
Christine Scuderi  
\* Regina Spresert  
Franco Urrutia  
Edvin Yavarian

### Hicksville

Donald Anderson  
Thomas Anstey  
Jennifer Conigiero  
Frank DeBello  
Debbie Elento  
Matthew Herbert  
Toni Jean Hoyos  
Jennifer Jerome  
\* Kelly Kinsella  
\* Christine Langone  
Jillian Linnehan  
Jennifer Manna  
Matthew Micklin  
Joseph Mikulus  
James Muller, Jr.  
Michelle Murtha  
Jeanmarie Nargi  
\* John Neeson  
Michael O'Grady  
Michelle Relyea  
Susanna Schaub  
Jane Shelton  
Jean Shelton

### Plainview

\* Donna Bucking  
Lisa Catanzariti  
Francis Cavaliere  
Andres Evidos  
Laura Fishman  
Lisa Frey  
Ronnie Goldberg  
Stephanie Haik  
Oren Katz  
Penny Keller  
Merryl Kihl  
Michael Klein  
Michelle Lobue  
Michael Marciano  
\* Christine Radau  
Thomas Reaney  
Rod Schecter  
\* Barbara Schwartz  
David Smith  
Christina Wanek  
Tara Wigand

### LEGAL NOTICE PUBLIC NOTICE

NOTICE is hereby given, pursuant to law, that a public hearing will be held by the Town Board of the Town of Oyster Bay, Nassau County, New York, on Tuesday, March 23, 1993, at 8 o'clock p.m., prevailing time.

## Jazz Finished Good Season

PAL Basketball Team The Jazz in the Junior Division finished a successful season with 11 wins and four losses. Congratulations to a fine team of young players. Danny Ciccio, Kyle Rybak, Brian Dubecky, Brian Himberger, Patrick Flynn, Eric Mockler, Shaun Lyons, Daniel Gonzalez and Justin Wong. Coaches Al Ciccio and Frank Rybak.

### LEGAL NOTICE

in the Hearing Room, Town Hall, East Building, Audrey Avenue, Oyster Bay, New York, for the purpose of considering a proposed amendment to the Code of the Town of Oyster Bay in the manner set forth herein after: **PROPOSED AMENDMENT:** Petition of HERBIL HOLDING CO. for a Change of Zone from a "D" Residential District to a "F" Business District (Neighborhood Business), of the premises described as: ALL that certain plot, pieces or parcel of land situate, lying and being at Hicksville, Town of Oyster Bay, County of Nassau, State of New York, which is bounded and described as an irregularly shaped parcel located on the easterly side of Newbridge Road (New York State Route 106) located 100.00 feet north of the corner formed by the intersection of the northerly side of Barter Lane and the easterly side of Newbridge Road (New York State Route 106) having a frontage of 85.15 feet on the easterly side of Newbridge Road and a depth varying from 330.92 feet to 357.63 feet. Said premises being described as Section 45, Block 285, Lot 12 and 15 on the Land and Tax Map of Nassau County. The above-mentioned petition and maps which accompany it are on file and may be viewed daily (except Saturday, Sunday and Holiday) between the hours of 9 a.m. and 4:45 p.m., prevailing time, at the Office of the Town Clerk at Oyster Bay and Massapequa. Any person interested in the subject matter of said hearing will be given an opportunity to be heard with reference thereto at the time and place above designated.

**TOWN BOARD OF  
TOWN OF  
OYSTER BAY  
LEWIS J. YEVOLI  
Supervisor  
CARL L. MARCELLINO  
Town Clerk**

Dated: January 19, 1993  
Oyster Bay, New York  
MIT 2681  
\*2/3/93

## Hicksville Bus Tour

This tour will introduce you to the Hicksville community's point of cultural, economic, historical, and political importance. Your guide, Dick Evers, a former Social Studies teacher and the Historian of the Hicksville Gregory Museum, has researched and presented many delightful and informative programs on the history and development of Hicksville. The bus will leave from the museum promptly at 12 noon. For Hicksville Adults. Limited to 42. Reservations are required. For information and reservations contact the museum at 822-7505.

## The Battle Of The Sexes Revisited

Don't forget - Part Three of Dr. Duffy Spencer's seminar, *Make Love, Not War*, will be presented at the Bethpage Public Library on Tuesday, March 23, 7:30 p.m. Learn about the psychological differences between men and women, and why we shouldn't try to change the other person. Men and women can get along, join Dr. Spencer and find out how!

Admission free - all are welcome.

The library is located at 47 Powell Avenue, two blocks west of Exit 8 on the Seaford-Oyster Bay Expressway (Route 135), phone 931-3907.

### LEGAL NOTICE NOTICE OF PUBLIC HEARING

**NOTICE IS HEREBY GIVEN** that the Town Board of the Town of Oyster Bay, Nassau County, New York, will meet at the Town Hall, Audrey Avenue, in Oyster Bay, New York, at 7:00 o'clock P.M., prevailing Time, on March 23, 1993, for the purpose of conducting a public hearing in relation to the increase and improvement of facilities for and on behalf of the Town of Oyster Bay Solid Waste Disposal District, consisting of improvements to the facilities at the Old Bethpage Solid Waste Disposal Complex, including the capping and monitoring of such complex, at a maximum estimated cost of \$3,100,000, at which time and place said Town Board will hear all persons interested in the subject matter thereof. It is proposed to finance such improvements by the issuance of \$3,100,000 serial bonds of said Town, payable in the first instance through assessments levied and collected upon the taxable properties within said Solid Waste Disposal District.

Dated: Oyster Bay, New York  
February 23, 1993

**BY ORDER OF THE  
TOWN BOARD  
OF THE TOWN OF  
OYSTER BAY  
NASSAU COUNTY  
NEW YORK  
By Carl L. Marcellino  
Town Clerk**

MIT 2682  
12/12

## Jottings From Yesteryear



1979 - Small square building on south side of Old Country Road was once McIntosh Garage and moved there a few feet from the corner of Broadway and became Bruchsal & Margas Upholstery 1982.



1968 - Old Country Road and Newbridge Road. Looking east - second bldg. on right was Newbridge Lumber. The small bldg. in upper photo once occupied this corner before McIntosh moved it to Broadway - 1936.

Photos by Bill Clark

### By Bill Clark

A rainy day had me going over old clothes, put away and forgotten. Then I wondered, after seeing a Howard Clothes label in the jacket, where are those former stores like Bond, Crawford, Ripley, Roger Peet, etc., that were up and down Flatbush Avenue (Brooklyna), Jamaica Avenue, and Main Street (Hempstead)? Maybe my jacket will be back in style. It still fits since I lost a few pounds, back to my high school figure except in a different shape. Did I ever mention the Brooklyn Eye & Ear Hospital still owes me ice cream promised when they stole my toenails and adenoids?

I forgot Ollie's Barber Shop,

where I got my hair (when I had it) cut for 25 cents. Now I pay a lot more for cutting a lot less. A friend mentioned 3-wheel bikes. Then I recalled my first neighbor when I was young, Doty, a pretty blonde Dutch-like girl, who had, I believe you called it, a tricycle. It had 2 wheels in back with one centered in front and steered with a rod or lever-like control. I haven't seen one of them in years, nor the pretty girl.

I attended the Chamber of Commerce Expo at the Mall. The various banks, real estate and insurance outfits were looking for my money. But they lost out; I have been looking for mine for years. The Expo had a nice turnout.

### LEGAL NOTICE

Hicksville School District. Deposit is refundable upon return of the copies.

Bids will be received until 1:00 P.M. for the Science Room Reconstruction and until 2:00 P.M. for the Lockers at the aforementioned Purchasing Office at which time and place all bids will be publicly opened.

The Board of Education reserves the right to reject all bids and to award the contract to other than the lowest bidder for any reason deemed in the best interest of the District. Any bid submitted will be binding for One Hundred Twenty (120) days subsequent to the date of bid opening.

### BOARD OF EDUCATION

Town of Oyster Bay  
Nassau County, New York  
Stuart A. Opdahl  
Asst. Supt. for

Business Management  
Dated: March 5, 1993  
MIT 2684  
12/12

## Mid Island Times & Levittown Times

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## East St. Visits Caumsett

On February 3-5, over 40 fifth grade students in Mr. Tomaini's and Dr. Kanawada's classes at The East Street School participated in the 7th annual three-day resident program at Caumsett State Park, Lloyd Harbor. This "Caumsett Experience" is an exciting retreat that combines social studies, science and environmental studies in a hands-on adventure for youngsters.

The glacial moraine, wooded areas, salt water marsh, and fresh water lake provide the perfect setting for learning about Long Island history, and plant and animal life. Several

naturalists led the students through lessons in marine biology, orienteering, tracking, field succession, survival techniques and maple sugaring. The night sky also became a classroom in itself as naturalists pointed out planets and constellations and assisted the students on their own solo walk through wilderness trails.

After this winter trip to Caumsett and the fall tour of Teddy Roosevelt's Sagamore Hill, the students are looking forward to their spring trip to Philadelphia to discover the Franklin Museum of Science and Independence Hall.

## First Place Kick/Dance



The Hicksville High School Starlet Kick/Dance Line received two first-place awards and the "highest overall score of the day" trophy at the New York State Dance Elite Competition in Syracuse.

Schools competed in five events: Kick, Jazz, Pompon, Novelty and Prop. The Starlets entered two events, Kick and Jazz, and received first place in both competitions. The Hicksville students achieved the highest overall score out of more than one-hundred routines (including cheerleading) performed at the competition.

Understandably proud of their students' accomplishments are Coach Nancy Pierce and Assistant Coach Debbie DePompa. Line captains are: Christine Lenai, Amy Reinhardt, Lisa Ellinger, Michele Aversano, Christine Sacco and Allison Dunker. Members of the award winning Starlets are: Melissa Nigro, Shannon Fries, Kim Culver, Terri Ciaroni, Tanya Karazim, Stacey Schroeder, Maryann Mirabelli, Carrie Duncan, Anetta Szumowski, Susan Drab, Sharon Yu, Christine Kolm, Kerl Freidrich, Faith Kuzinski, Tina Monia, Katie Theis, Denise Giacopino, Michele Regan, Barbara Hundertmark, Natasha Andrews, Karen Apostollo, Debbie Coffey, Jasmine Colon, and Erin Paige DeAngelis.



Cathy Johnson, Michele Piscitelli, Jesse Uanino and James O'Donnell are just some of the students in this group that just finished building a one-man wilderness shelter.

## Children's Science Fair

By Deborah Weintraub

On Saturday, March 20, the Hicksville Gregory Museum will be sponsoring its annual Science Fair at the Hicksville Public Library.

Students in Grades 1-8, attending public and private schools, and who are residents of Hicksville and the surrounding area, or are museum members, are eligible to participate. Only the first 100 entries will be accepted.

Projects must be three dimensional in the form of an experiment including purpose, preparation of data, observations and conclusions, in order to meet project specifications.

All students entering will receive a participation certificate. First, second and third place awards will be sponsored by Nat. West Bank of Hicksville, thanks to Ms. Debbie McBride who is the manager.

First place: \$75 bond; second place: \$50 bond, and third place: \$15 cash. Students must be prepared to give a two minute oral presentation to the judges explaining their projects. Some of this year's judges will be Lawrence Weintraub, Mary Eileen McCafferty, Gary Fipping, and Vincent Schifano.

Applications can be obtained from the Hicksville Gregory Museum, the Children's Room at the Public Library or in all schools.

Should you have any further questions, please call the Hicksville Gregory Museum at 822-7605.

## Animal Shelter Residents Healthy

"Oyster Bay's state-of-the-art animal Shelter housed more animals in 1992 than ever before and, as a direct result of excellent care and a health promoting environment, managed to find homes for a high percentage of the animals," said Oyster Bay Town Clerk Carl Marcellino.

Mr. Marcellino added, "Last year, 76% of the stray dogs brought to the Shelter were either adopted, or returned to their owners. That figure represents one of the highest in New York State, and the reasons are not at all mysterious. In Oyster Bay, we do everything humanly possible to ensure that the animals in our shelter are healthy, exercised, well fed and contented."

According to Marcellino, the Animal Shelter, completed in February of 1991, boasts oversized cages which allow each dog freedom of movement, an air filtration system, diffused natural lighting to promote good health, outdoor runs to maintain muscle tone, an infirmary in case of illness and a quarantine area that segregates sick animals from the general population.

"Our goal is to place as many pets as possible in good homes where they will be loved and cared for," Mr. Marcellino said. "We can only do this if the animals are healthy, energetic and happy. Town Animal Shelter residents thrive and adoption rates are increasing as a result."

## Gymnastics Champion



Nassau County Gymnastics Champion Laurie Pease will compete at the New York State Championships in Kingston later this month. Laurie, a Hicksville High School junior, recently won the All-Around title at the Nassau County Gymnastics Competition. At the same competition, Laurie also won the vaulting event. Laurie's coach is Ms. Trish Varriale.

## Mid Island Hosp. Emphysema Club

The Emphysema Club at Mid-Island Hospital in Bethpage is offering free pulmonary function screening to the public at its monthly meetings, which are held the first and third Wednesday of the month at 1:30 p.m. The Club, under the direction of James Beedenbender, Director of Respiratory Services, is open to patients, friends, employees, family... anyone who is concerned about this disease.

The Club meets at the hospital, 4295 Hempstead Tpke., in the solarium on the medicine unit. Access is via the ramp from the rear parking lot. Refreshments are served.

## In Service

Marine Pfc. Russell W. Skinner, son of James and Rose Diaz of Second Auburn Lane, Hicksville, recently completed recruit training and was meritoriously promoted to his present rank.

During the training cycle at Marine Corps Recruit Depot, Parris Island, S.C. recruits are taught the basics of battlefield survival, military daily routine and personal and professional standards.

All recruits participate in an active physical conditioning first aid, rifle marksmanship and close order drill. Teamwork and self-discipline are emphasized throughout the cycle.

The 1993 graduate of W.T. Clark High School of East Meadow, N.Y. joined the Marine Corps in September, 1992.

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Friday, March 12, 1993

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**Michael Cassano, D.P.M.**  
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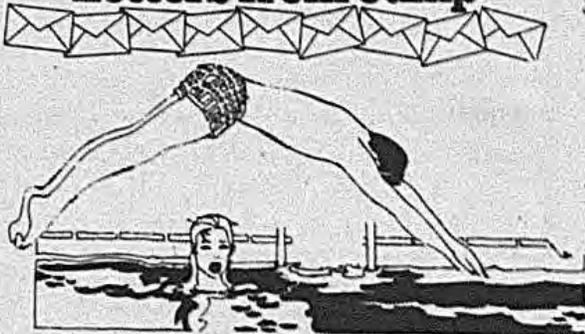
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## Prom Fashion Shines At High Schools

By K. Blicker

The stars twinkled brightly in the chilly evening sky as the arrival of many glamorous young men and women drew oohs and aahs from the crowd. No, it wasn't the premier of the latest Hollywood flick, but instead, the arrival of Hicksville High student models for the March 1st Prom Expo/Fashion Show, a first time event at the School, coordinated by the Hicksville High Band Parents Association.

Visiting parents and offspring flocked to the many display tables set up in the gym, featuring vendors from trendy restaurants and clubs to limo rentals and cruise opportunities. A host of ideas on where to go after the prom, how to get there, what to wear, the latest apparel and hairstyles...all of this information, and more, was available at the Expo, along with valuable merchant coupons. Those attending found many unique and interesting concepts displayed. The fancy limos parked outside lent a festive air to the Expo.

The fashion show kicked off at 8 p.m. Female models had their locks coiffed by Kimera Salon, in the new Waldbaum's Shopping Center, prior to show-time; the styling was sleek and lovely (I personally recommend them!). The girls looked stunning in their beautiful princess bridal gowns while the guys, in S&S Formals tuxedos were dashing and handsome (loved the top hat, Kevin!). Makeup was courtesy of Mary Kaye Cosmetics. Models were: Michele Aversano, Jackie DePalma, Jen Manzo, Kristin Sciafani, Lisa Ferguson, Melissa Meyer, Kim Dames, Sus Drab, and Matt DePalma, Tom Carolan, Kevin Flynn, John Flynn, Mike McEneaney, Mike Marchena, Chris Boukas and Matt Voss. Those of us in the audience were treated to the very newest in prom styles, from head to toe.

Thanks to Dave and Diane Master for working so hard to organize this event, as well as to their committee of band parents for making the special night a rousing success.

### Armchair Travel To Emerald Isle

Calling all armchair travelers! Celebrate Saint Patrick's Day by joining Martin Gavrin at the Bethpage Public Library on Tuesday, March 16, 7:30 p.m., as he takes you to the beautiful Emerald Isle.

Travel through the villages and cities of Ireland, including the fair city of Dublin with its 18th century doors and early morning market in Moore Street. You'll also visit Blarney Castle, with its famous Blarney Stone, which may bless you with the gift of gab! From its emerald green pastures to the spectacular Cliffs of Moher, Ireland is a land of enchantment. The authentic Irish music that accompanies the presentation is sure to set your feet tapping, so don't miss this armchair trip!

Admission free - All welcome.

The library is located at 47 Powell Avenue, two blocks west of Exit #8 on the Seaford-Oyster Bay Expressway (Route #135), phone 931-3907.



Kristin Sciafani and Mike McEneaney prepare to strut their stuff at the Prom Expo & Fashion Show.



A Chorus Line of beauties from Hicksville High (left to right): Kristin Sciafani, Jackie DePalma, Melissa Mayer, Kim Dames, Michele Aversano, Lisa Ferguson, Jen Manzo (missing from photo, Sus Drab). Didn't our models look great?



Resident hunks who participated in the Prom Expo/Fashion Show flex those calf muscles (left to right): Tom Carolan, Mike Marchena, Matt DePalma, Matt Voss, Mike McEneaney, John Flynn, Chris Boukas, and Kevin Flynn.

Photos by D. DePalma

### Budding Young Scientists



The students in Mrs. Tillwitz's fifth grade class at Dutch Lane School have been working on a unit entitled "Powders and Crystals." Here students wear goggles to protect their eyes from the vinegar and iodine used in the experiments.

## American Legion To Honor World War I Centenarian



Mrs. Violet Wohl, Hicksville centenarian and honoree of the Hicksville American Legion Post 421, is pictured as a nurse (right) with Army Nurse Corps comrades, at a hospital at Savany, France, during World War I service.

This year's Awards and Ceremonies Night of the Hicksville American Legion Post 421 will honor the services of a lady resident whose life span encompassed all of U.S. history from the closing of the Western Frontier to the space age explorations. Mrs. Violet Wohl, who is enjoying her 100th year, will receive an Honorary Life Membership from the Charles Wagner Post Legionnaires on March 19 in ceremonies honoring her services with the U.S. Army Nurse Corps, in the First World War.

Mrs. Wohl, who has lived many years in Hicksville, resides with her son and daughter-in-law, retired Nassau Police Officer Mr. Wesley and Mrs. Wohl. The still vital

and genial centenarian was born in Nova Scotia and enlisted from Portland, Maine for services with the Army Nurse Corps, in 1918. She served as a nurse in various posts in France, with the American Expeditionary Force, and was still actively practicing her nursing profession as late as 1970's at the Nassau County Medical Center.

Commander John Rizos and members of Hicksville's American Legion are delighted to be able to honor a survivor of the American Expeditionary Force which fought so gallantly in that long-ago war "to make the world safe for democracy." Violet Wohl is very likely Hicksville's surviving veteran of World War I.

### Winning Flag For Long Island



Designer of L.I. Flag, Laura Mango, is pictured with her art teacher, Beth Atkinson, and 2nd place flag design contest winner, Mark Haddad.

Hicksville High School Senior Laura Mango has been named winner of the Long Island Flag Contest sponsored by Roosevelt Field and the Long Island Art Teachers Association.

The students in Mrs. Beth Atkinson's High School art class entered the competition. Laura received first place for her design and has been awarded a \$2,000 scholarship. Her classmate, Mark Haddad,

won second place and will receive a \$250 cash award.

Laura's flag design will be manufactured into the official flag of Long Island. The flags will be distributed to all Long Island government offices. Laura and Mark will be honored at a special ribbon-cutting ceremony at Roosevelt Field on April 23, and again at a parade at Roosevelt Field on April 25.

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## Purim Carnival At Temple Beth Torah

By Wendy Marx

On Sunday, March 7, Temple Beth Torah hosted its annual Purim Carnival. Purim is a Jewish holiday which celebrates the downfall of evil Haman at the hands of Queen Ester and her cousin, Mordecai, many years ago.

"This year's carnival is better than ever, the premier children's event of the year," said Men's Club President Manny Sykrot, who organized the festivities. New and exciting game booths were set up by children in the Hebrew School which included Bowl for Haman, made by Lisa Teig and Madelin Dorman, Find Ester, made by Jennifer Goodman, Lisa Marx, Beth Austin, and Melanie Lippman, and Hang Haman, made by Michael Marks and Chad Periman.

"This is awesome!" enthused Adam Suzan while playing the Feeling Tower of Shushan game, run by Brad Toline, Jeffrey Goldstein, Jeffrey Berliner, and Eric Shiffrin. Sabria Farhat agreed that "Purim is fun and I'm having a great time!" as she bet on Haman's Wheel of Luck booth, run by Joshua Gelfand.

Clever innovations to the whole Purim Carnival atmosphere insured its success. Ticket salesman Al Suzan and David Rosenthal offered a free poster to anyone who purchased five dollars worth of tickets at a time. Len Austin and Howie Lieberstein became waiters by personally serving pizza bagels to all who wanted a fast "noah." Mrk Lippman and Shaun Wilbert sold the tastiest hamantashen and splendid array of pastries ever! A wide assortment of prizes were made available to all the children at the tables manned by Mike Cohen.

The children were encouraged to wear costumes. There was a costume contest run by Cantor Fliegelman. All participants were awarded prizes, the big winner being Alex Goldblatt, the mechanical robot, Paul Marx, the evil Haman, Adam Suzan, as King Ashverous, Avia Reem, as a French maid, and a tie for beautiful Queen Ester to Mariassa Markowitz and Lisa Kahn.

It was a marvelous day for all and an enthusiastic Rabbi Michael Katz summed it up by saying "how Purim is the time when Jews are encouraged to

let go, have fun and act a little crazy! It's thrilling to see so many children and new families share in this event.



Cantor Fliegelman, Manny Sykrot and the children of Temple Beth Torah at the Purim Carnival.

## Swimmer Places 2nd



Bill Harvey, High School Junior, placed second in both the 200 and 500 yard Free-Style events at the Nassau County Swimming Competition. Bill will go on to compete at the State Championships on March 12 and 13. Bill's swimming coach is Ms. Sheri Epstein. Bill Harvey is pictured with High School Principal Richard Hogan.

### LEGAL NOTICE THE PEOPLE OF THE STATE OF NEW YORK BY THE GRACE OF GOD FREE AND INDEPENDENT

TO ATTORNEY  
GENERAL  
STATE OF NEW YORK  
and any and all of the persons cited upon this proceeding as heirs-at-law and next-of-kin of said MARTIN JACKLE, deceased, are unknown, and cannot, after diligent inquiry, be ascertained; and, that if said persons or any of them be dead, that the names or parts of the names, and place or places of residence, of any and all unknown persons who are the respective executors, administrators, heirs-at-law, next-of-kin, distributees, legatees, devisees, husbands or wives, or successors in interest of said deceased persons are unknown, and cannot, after diligent inquiry be ascer-

taind and that personal service of the Citation cannot, with due diligence, be made upon them within the State.

GREETINGS:  
WHEREAS, ROBERT W. SHEBAR, ESQ., who is domiciled at 3296 Waterbury Drive, Wantagh, Nassau County, New York, has lately applied to the Surrogate's Court of our County of Nassau, to have a certain instrument in writing bearing date the 30th day of August, 1985, relating to both real and personal property duly proved as the Last Will and Testament of MARTIN JACKLE, deceased, who was at the time of his death domiciled at 17 Holly Avenue, Farmingdale, New York, in said County of Nassau,

THEREFORE, you, and each of you, are cited to show cause before the Surrogate's Court of our County of Nassau, at the Surrogate's Court, Nassau County Court House, at Mineola in the County of Nassau, on the 7th day of April, 1993, at 9:30 A.M. of that day why the said Will and Testament of MARTIN JACKLE should not be admitted to probate as a Will of real and personal property.

IN TESTIMONY WHEREOF, We have caused the seal of the Surrogate's court of our said County of Nassau to be hereunto affixed.

WITNESS, HON. C. RAYMOND RADIGAN, Judge of the Surrogate's Court of our said County of Nassau, at the Surrogate's Office at Mineola, in the said County, the 9th day of Feb., 1993.

Albert W. Petraglia  
Clerk of the  
Surrogate's Court  
This citation is served

upon you as required by law. You are not obliged to appear in person. If you fail to appear, it will be assumed that you consent to the proceedings, unless you file written verified objections thereto. You have a right to have an attorney-at-law appear for you.

### A TRUE COPY OF THE WILL MUST BE AT- TACHED TO THIS CITATION.

Robert W. Shebar  
Attorney for Petitioner  
Office & P.O. Address  
Counselor At Law  
3296 Waterbury Drive  
Wantagh, N.Y. 11793  
MIT 2667  
4x2/19, 26; 3/5, 12

### NOTICE OF SALE SUPREME COURT NASSAU COUNTY HOME SAVINGS OF AMERICA

FSB, formerly known as  
HOME SAVINGS OF  
AMERICA, F.A.,  
Pltf. vs.  
MILTON W. HERNAN-  
DEZ  
et al Defts.  
Index #10094/92

Pursuant to judgment of foreclosure and sale dated Oct. 5, 1992, I will sell at public auction on the North front steps of the Nassau County Courthouse, 262 Old Country Rd., Mineola, NY on Mar. 25, 1993 at 9:00 a.m. prem. k/a 32 West Cherry St., Hicksville, NY. Said property located on the northerly side of West Cherry St., 315.66 ft. westerly from the corner formed by the intersection of the northerly side of West Cherry St. with the westerly side of Broadway, being a plot 50 ft. x 100 ft. Sold subject to terms and conditions of filed judgment and terms of sale.

JOHN W. SIMON  
Referee  
GOLDEN, WEXLER &  
BARNES  
Attys. for Pltf.,  
377 Oak St.,  
Garden City, NY.  
MIT2662  
4x2/19,26;3/5,12

### LEGAL NOTICE NOTICE OF BUDGET HEARING

A public Budget Hearing will be held by the Board of Trustees of Hicksville Public Library, Town of Oyster Bay, County of Nassau, State of New York, on Wednesday, March 31, 1993, commencing at 8:00 PM, in the Community Room of the Hicksville Public Library, 169 Jerusalem Avenue, Hicksville, New York for the purpose of discussing expenditures contained in a proposed budget for the school year 1993-94.

ALICE L. WIDER,  
DISTRICT CLERK  
Hicksville  
Union Free  
School District  
Division Avenue,  
Administration  
Building  
Hicksville,  
New York 11801-4300  
MIT 2679  
4X 3/5, 12, 19, 26

### LEGAL NOTICE NOTICE OF SALE SUPREME COURT OF THE STATE OF NEW YORK, COUNTY OF NAS- SAU CHEMICAL BANK, Pltf. v. HENRY SKORUPSKI, et al, Defts. Index #015458/92

Pursuant to Judgment of Foreclosure and Sale dated JANUARY 20, 1993, I will sell at public auction on the north front steps of the Nassau County Courthouse, 262 Old Country Road, Mineola, N.Y. on APRIL 6, 1993 at 9:30 a.m. Premises known as 16 Albatross Road, Levittown, New York; all that certain plot, piece or parcel of land, with the buildings and improvements thereon erected, situate, lying and being at Levittown, near Hicksville, Town of Hempstead, County of Nassau and State of New York, known and designated on a certain map entitled "Section H-H and J-J, Subdivision Map of Property known as Levittown, owned by County Community Corp. located at Levittown, Town of Hempstead, Nassau County, N.Y., June, 1949, survey and maps by C.A. Monroe, P.E. and L.S. 9357" and filed in the office of the Clerk of the County of Nassau on July 6, 1949 as Map No. 4726 as and by the lot 6 in block 244.

Amount due per judgment \$79,709.64 plus costs and allowances, all with interest and expenses.

Sold subject to terms and conditions of filed judgment and terms of sale.

MICHAEL LEAVY ESQ.  
Referee  
PETER T. ROACH,  
Atty. for Pltf.  
901 Stewart Avenue  
Garden City, N.Y.  
MIT 2675  
4x 3/5, 12, 19, 26

### LEGAL NOTICE NOTICE OF SALE SUPREME COURT NASSAU COUNTY HOME SAVINGS OF AMERICA, FSB

formerly known as  
HOME SAVINGS OF  
AMERICA, F.A.  
Pltf. vs.

ROGER KAY  
et al Defts.  
Index #6996/92

Pursuant to judgment of foreclosure and sale dated Sept. 25, 1992, I will sell at public auction on the north front steps of the Nassau County Courthouse, 262 Old Country Rd., Mineola, NY on Mar. 25, 1993 at 9:30 a.m. prem. k/a 122 Swan Lane, Levittown, NY. Said property located on the easterly side of Swan Lane, 806.39 ft. northerly from the corner formed by the intersection of the said easterly side of Swan Lane with the northerly side of Water Lane North, being a plot 80 ft. x 100 ft. Sold subject to terms and conditions of filed judgment and terms of sale.

EDWIN T. MULHERN,  
Referee  
GOLDEN, WEXLER &  
BARNES  
Attys. for Pltf.,  
377 Oak St.,  
Garden City, N.Y.  
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# More PTA Founders Day Photos



Also enjoying the Hicksville PTA Founders Day Dinner at the Marriott are L-R: School Board President Helen Lafferty; School Trustee Volney A. and Mrs. Martin and High School Principal Richard Hogan.



At the Founders Day Dinner recipients of PTA Honorary Life Memberships are: Mrs. Pat Love (Left), and Mrs. Pat Rooney at microphone, are seen with PTA Council President Nancy Callari and Frank Brown, Master of Ceremonies.



Lee Ave. school staff as the party winds up: Seated L-R: Eileen Puerta, Barbara Feuerstein, and Barbara Stampel. Standing are: Charles Arnone, Peggy Ryan, and retired East Street School teacher, Muriel Feuerstein.

Photos by Dick Evers

## News From VFW Post 3211

By PPC Carmine Somma  
Las Vegas Night At  
The VFW Hall

The next Las Vegas Night at the VFW Hall located at 320 So. Broadway, Hicksville, will be March 13. Games start at 7:30 p.m. to 12 midnight.

The games include Black Jack, Roulette, Joker Seven, Big Six and Beat The Dealer. There will not be a Las Vegas Night in April. The next scheduled Las Vegas Night will take place on May 8.

For more information or directions call the VFW Hall at 931-7843. In 1993 scheduled Las Vegas Nights are from

January to November on the second Saturday of each month. Hicksville Annual Memorial Day Parade & Service

The Gier-Levitt of the Jewish War Veterans will host the Annual Memorial Day Parade and Service. For more information call Commander Herbert Gresser at 349-7985. All Veterans Groups, Boy Scouts, Girl Scouts, and Fraternal Organizations can participate in the Memorial Day Parade. Call the Jewish War Veterans for more information. Memorial Day will take place on Monday, May 31.

## Library Photo Exhibit Attracts Many Viewers

An unusually large and comprehensive exhibit of photographs at the Public Library recalls and highlights the history of Hicksville's Gregory Museum. Some 70 topical photo arrangements bring to life the museum, as it celebrates its 30th year of service to Hicksville and Long Island's culture, education and history.

There are hundreds of large and small pictures, in many of which visitors may be able to recall their own part in the creation and development of the museum. From its years in the Cottage Boulevard home of founders, Gardiner and Anne Gregory, through the epic feat of volunteerism which preserved and converted the historic Hicksville courthouse to a home for the relocated museum,

in 1973, and on to the important school-museum collaboration for education which has characterized Gregory Museum programs these last 12 years.

## Middle School Valentine's Day Dance

On February 5, John F. Kennedy Middle School held a Valentine's Day dance to benefit the Make-A-Wish Foundation of New York under the supervision of Mrs. Surelle Hesharger, Advisor of the National Junior Honor Society. The Junior Honor Society organized many activities for this fundraiser. In addition to dancing to music by Chris, there were five game booths, including a face painting booth, a computer dating booth, a marriage booth, a fortune teller booth,

## Student Winners In Vocational Competition

Dr. Antonette MacLeod, the principal of Bethpage High School, is proud to announce that three students were winners of a student skills competition at the Levittown Vocational/Educational program. The competition was intended to build students' self-confidence, self-esteem and display their talents in specific areas.

Kevin Chappell achieved first place in Auto Mechanics II. David Fisherman achieved first place in Landscaping Design. Irene Benetos achieved second place in the Job Interview program.

Kevin Chappell and David Fisherman will now represent the Levittown program at a regional competition of the Vocational Industrial Clubs of America on March 19 and a state competition on April 28-30. The state competition will be held at the Concord Hotel.

The Vocational/Educational program is a half-day program focusing on skills that are appropriate for developing student interests in specific areas that are practical upon graduation. The other half day is spent in Bethpage High School completing the academic and physical education requirements that are required for a Bethpage diploma. All three students are seniors and are looking forward to their graduation on June 27.

## K. Registration

Kindergarten registration will be held during the month of March at the Administration Building, Division Avenue at 6th Street, for children who will be five years of age on or before December 1, 1993.

Children who will attend the following schools in September may be registered from 9 a.m. until 3:30 p.m. during the weeks listed below (it is not necessary to bring the child):

Burns Avenue & Dutch Lane - Week of March 1st  
East Street & Fork Lane - Week of March 8th  
Lee Avenue & Old Country Road - Week of March 15th  
Woodland Avenue - Week of March 22nd

In order to register their child, parents must bring the child's original Birth or Baptismal Certificate, proof of residency, and a Certificate of Immunization signed/stamped by their physician.

Registration forms have been mailed to the parents of eligible children listed on the district census. If you have not received registration forms by mail, or if you have questions, please contact Barbara Samide, Registrar, at telephone 733-6653.

and a picture booth. There was an abundance of entertainment, food, music and great fun.

Over 250 students were in attendance, and the dance was a complete success. Our school raised almost \$3,000 which will be donated to the Make-A-Wish Foundation at the National Junior Honor Society Induction Ceremony to be held at John F. Kennedy Middle School on March 18. A special thanks goes to the JFK PTA who helped organize the delivery and donation of food for our dance.

## Before, After Child Care

Registration for the Hicksville Public Schools Before-and-After-School Child Care Program will be held on Wednesday, April 21, at 8 p.m., in the Little Theatre of Hicksville High School.

The District plans to offer the program in conjunction with SCOPE, in each of the elementary schools for children grades K-5, from 7-9 a.m. and 3:30-6 p.m., Monday through Friday. There will be a non-refundable registration fee of \$25. The cost of the morning program is \$5 per day. The cost of the afternoon program for five days is \$7 per day for the first child, and \$6 per day for the second child in the same family. Children who participate in the program for fewer days each week will be charged \$3 per day. There is a three-day minimum requirement for participation in the program.

This program is designed to be affordable to parents, and self-supporting for the school district, with no cost to the taxpayers. The program is offered through SCOPE, the Suffolk County Organization for the Promotion of Education. SCOPE is a non-profit, private, voluntary organization permanently chartered by the New York State Board of Regents to provide services to school districts. For further information or questions, individuals may contact Mr. Len Kramer, Associate Director, SCOPE, 360-0800, or Mrs. Judy Pace, Coordinator of Elementary Education, Hicksville Public Schools, 733-6580.

## Children Under 6 Free Immunization

Hicksville Public School children six years old and under will be eligible to receive free immunizations through a grant from the Nassau County Medical Center.

Parents of children six years and under should contact Nassau County Medical Center, telephone 542-2177, Monday through Friday, 9 a.m. to 5 p.m., to make an appointment.

This valuable service will help protect your child from serious diseases: Diphtheria, Tetanus, Pertussis, Polio, Measles, Mumps and Rubella. Children are required, by law, to be vaccinated or they will be unable to attend school.

## LEGAL NOTICE NOTICE TO BIDDERS

The Board of Education of Hicksville Union Free School District of the Town of Oyster Bay, Nassau County, New York, in accordance with Section 103 of Article 8-A of the General Municipal Law, hereby invites the submission of sealed bids on:

**SHOWERS - SENIOR HIGH SCHOOL RECONSTRUCTION 1993/94/09 CHILLERS (AIR CONDITIONING) ADMINISTRATION BLDG. 1993/94/10**

for use in the Schools of the District. Bids will be received until 2:00 P.M. on the 2nd day of April, 1993, in the Purchasing Office at the Administration Building on Division Avenue at 6th Street, Hicksville, New York.

## LEGAL NOTICE

at which time and place all bids will be publicly opened.

Specifications and bid form may be obtained at the Purchasing Office, Administration Building, Division Avenue at 6th Street, Hicksville, New York.

The Board of Education reserves the right to reject all bids and to award the contract to other than the lowest bidder for any reason deemed in the best interest on the District. Any bid submitted will be binding for One Hundred Twenty (120) days subsequent to the date of bid opening.

**BOARD OF EDUCATION HICKSVILLE UNION FREE SCHOOL DISTRICT**  
Town of Oyster Bay  
Nassau County, New York  
Stuart A. Opdahl  
Asst. Supt. for

Business Management

Dated: March 5, 1993

MIT 2683

1x3/12

## Youth Council Goes To Shea

Start off the Spring season with a ball game. Join the Hicksville Youth Council as it goes to Shea Stadium on Saturday, April 3, for the Mayor's challenge. When else can you see your two favorite teams, the Mets and the Yankees, play against each other. The cost of \$9 includes admission and transportation. For more information, call Karen or Mike at 822-KIDS or stop in at 176 West Old Country Road and talk to us!!

## LEGAL NOTICE

**SUPREME COURT - COUNTY OF NASSAU FEDERAL HOME LOAN MORTGAGE CORPORATION**

Plaintiff against  
**MICHAEL LEONE et al Defendant(s)**

Pursuant to a judgment of foreclosure and us entered herein and dated April 27, 1992, I, the undersigned Referee will sell at public auction on the north front steps of the Nassau County Courthouse, 263 Old Country Road, Mineola, NY on the 24th day of March, 1993, at 9:30 AM premises Beginning at a point on the easterly side of Evers Street distant 50.85 feet southerly from the southerly end of a curve having a radius of 20 feet which curve connects the easterly side of Evers Street and the southerly side of Chance Street and from point of beginning Being a plot 105.78 feet by 67.60 feet by 90.76 feet by 67 feet, said premises known as 18 Evers Street, Town of Oyster Bay, Hicksville, New York.

Approximate amount of lien \$177,677.02 plus interest and costs. Premises will be sold subject to provisions of filed judgment.

Index Number 29933/91

Dated: February 18, 1993

Robert S. Breitbart,

Referee

Shapiro & Kreisman Attor-

ney(s)

for Plaintiff

225 Broadhollow Road

Melville, NY 11747

MIT2684

4x2/19.26;3/5.12

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For a safe, sound mortgage that offers a real sense of security, ask for an application kit at our Plainview office at South Oyster Bay & Woodbury Roads. Or call (516) 913-4300 or the toll-free number below.

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## NYS Budget Aired At Comm. Council

Continued From Page 1

tioned that the Library is planning a renovation program and would gratefully accept any suggestions from its patrons. A library budget hearing will take place in the community room on Wed., March 31. All residents are welcome to attend.

Mr. Herbet thanked the religious community for "reaching out to us and being at every meeting." He also thanked those youngsters from the High School and scouting groups who helped the Council open its meetings this year.

The next meeting of the Community Council will be held on Thurs., April 1, at 8 p.m. in the Library Community Room.

## Students Respond To Debt Campaign

By Jacqueline Burdl

Principal

St. Ignatius Loyola School

The integral purpose of the ministry to Catholic education is to support families in encouraging children to actively participate in Church. Enhancement of faith, inculcating Catholic practices through prayer, the sacraments, and value-oriented lifestyle, as well as the recognition of the obligations children have as members of the parish family, are essential to Catholic school curriculum. Hence, it seemed appropriate in October of 1992, when our Parish Finance Advisory Committee launched our Debt Reduction Campaign, to call our school children into this very real means of exercising stewardship to their parish.

All of our students were called upon by the faculty to sacrifice pennies, nickels, snack money, small portions of their allowances, or any other funds that they, within the context of their means, could afford

toward the student body pledge to the church of \$150. The response of the children, with the guidance of their parents and teachers, was overwhelming. Several of our middle level students undertook the making of jewelry to sell at our craft fair in November. The monies generated from their efforts were applied to the school-wide pledge.

As a result of our committing to the campaign, our students presented their offerings of two months to Fr. Tarrant on December 23 in the amount of \$268.37. Several children, since that date, have added to that amount.

I am grateful to our parents, our teachers, and especially our school children for their response to a call of need in our parish. We trust that this is but the onset or only part of our children's role as stewards to their parish as they grow to become more active in the parish family.



Jennifer Mais and Daniel Tergesen present the check from the school children for the Debt Reduction Campaign to Fr. Tarrant.

## Seniormobile At Bethpage Lib.

Seniors take note! The Seniormobile, a self-contained traveling office from the Nassau County Department of Senior Affairs will be at the Library on Thursday, March 25, from 10 a.m. to 3 p.m.

Information, referral and consultation services are available to seniors and their families in the areas of health, social security, tax relief, housing and employment. Information is also available with regard to volunteer opportunities, recreation, consumer utility information, legal consultations and hypertension screenings.

No appointment necessary and there is no charge, all are welcome.

The library is located at 47 Powell Avenue, two blocks west of Exit 8 on the Seaford-Oyster Bay Expressway (Route 136), phone 831-3907.

## Dream Auction At H.H.S.

Hickville High School Music Dept. is sponsoring a Dream Auction to help raise funds for a performance tour to Orlando, Florida and Walt Disney World in May.

The auction will be held in the auditorium of the Hickville High School on Sat., March 27 at 1 p.m. A viewing of all merchandise will be held from 12 to 1 p.m.

Goods and services donated by local merchants will be auctioned. Clothing, toys, flowers, lessons, landscaping, auto services, lunches, dinners, hair care services and products are some of the many donations already received. Knicks, Ranger tickets, Islander, Giants, and Mets memorabilia will also be auctioned off. Admission is FREE. Any questions contact Rose Burralfato 831-5420.

Part Two of the Mid Island Times  
Syosset Advance, Williston Times,  
New Hyde Park Herald Courier,  
Bethpage Newsgram, Jericho News Journal  
and The Garden City News



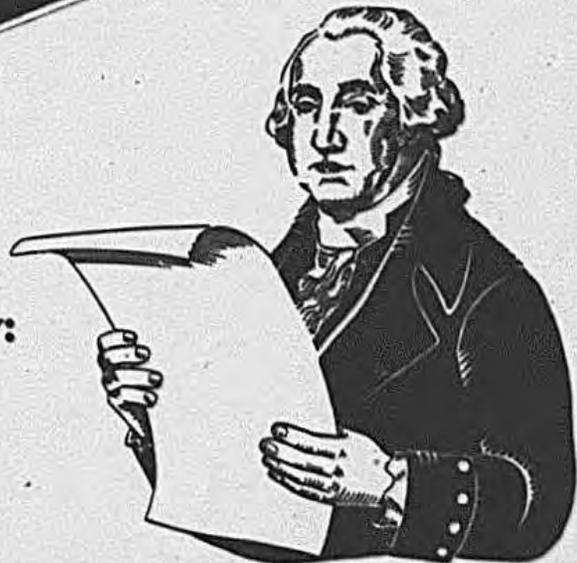
# Discovery! Magazine

The newspaper edition that helps  
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through input and special  
family features.

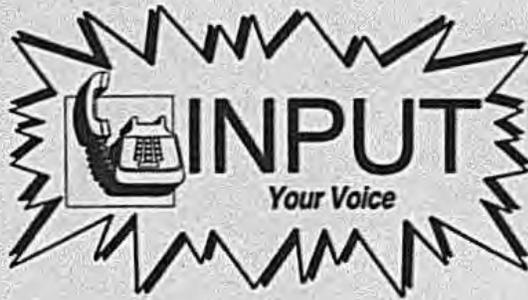


Friday, March 12, 1993

**The Man You Never Knew:  
George Washington**



SEE PAGE 3



## THE QUESTION OF THE WEEK

Do you think the standard of health care will decrease if the government begins a National Health Care Plan?



## No Sympathy Given To Terrorists

Most callers to Input cannot see any way to condone terrorism in answer to this question: "Does a political cause ever justify terrorism?" Here are some of the answers:

### NO JUSTIFICATION

Terrorism cannot be justified. It is generally against unarmed men women and children. Bombs are not selective. Do we change our government officials with terrorism or balloting? I prefer a lobby to a gun or bomb. Israel is a good example. They do not give in to terrorists. They continue to lead normal lives and vote for the ones they believe will best serve their interests. This is one reason they deport terrorists. They remove those who are terrorists from their midst but accept those who have been voted in legally. If in doubt think of the 35 children and chaperones held captive in an elevator in the recent terrorist act.

### FIRST-HAND VIEW

I think that the bombing at the World Trade Center made a number of people think about terrorism from a first hand view. For years we have been hearing about terrorist, Arabs, Irish and many years ago even those who were disillusioned about Israel ever being born, talked or performed terrorism. From afar many Americans viewed terrorism as a spectator and tried to take sides. The longest and most worthless terrorism is that of the IRA. These people have much to complain about and they have not been getting anywhere through normal channels but they are not getting far with terrorism either. The fact is that terrorism is a two edged sword that makes people aware of the problems but as in the World Trade Center bombings make people fearful of the bombers. A difficult choice for governments is to never give in to terrorism but it is the only way. Problems have to be negotiated after violence so why not start from that point instead of terrorism.

### UNSTABLE ARABS

I cannot see how anyone would think that the random bombing of people not connected with something would be a just way of getting world attention. I think the World Trade Center bombing only put emphasis on how unstable many of the Arab leaders are and it bolstered the cause of Israel which they were against. How could we trust leadership to people who would have so little use for human life?

### FAST AFFECT

The fast action of the FBI did much to show the terrorists that we will not give in to these acts and that we will clamp down on the errorists. There are so many ways to bring attention to problems without taking innocent lives in today's society that it seems foolish to even contemplate using terrorism for any cause whether just or not.

### NO CONCERN FOR LIFE

To place bombs in a public building shows no concern at all for human life. I cannot see how doing this would get sympathy for any cause. It would be hard to understand the logic of people who think that way. We did right in starting an immediate investigation. There should be no sympathy for terrorists.

### ISRAEL HAS SOME PROBLEMS

Up until this bombing happened in the World Trade Center few people seemed to understand what Israel is facing every day. Innocent people are being murdered even at a time that conferences are going on to try to resolve as many of the West Bank problems as possible. This was the reason Israel exiled the people who were causing the trouble. They were not about to work things out in a civilized way. They were planning terror in Israel. We would do the same thing in the U.S. if foreigners were planning to use terrorism on our citizens. Now we know how it feels.

### SIMPLY 'NO'

The "Question" is simply put and just as simply answered. The answer is "No" - no Political Cause ever justified terrorism. In essence, what we're talking about is those situations where one of a duet having an altercation reaches a point where his desire to win defies any sense of logic with the only answer a resort to brutality of such a nature that a recourse to logic would be unthinkable and impossible. Unfortunately in such a situation - as often happens - the ensuing result can only lead to a situation of complete imbalance which in turn wrecks an unfair penalty on the so-called victors. We have seen so many examples of the very obvious results of terrorism that it is difficult to believe that supporters of a terrorist policy actually believe that they can survive over the long haul.

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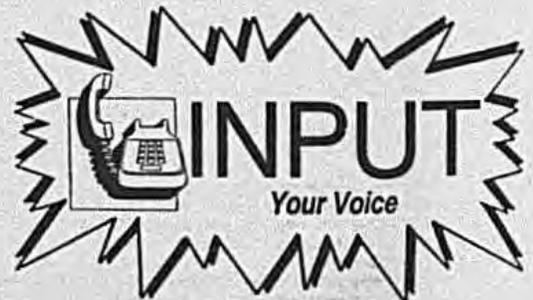
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# Discovery!

## The Man You Never Knew: George Washington

By Harry Schreiner

Born in 1732 to a wealthy Virginia family, George Washington was brought up as a gentleman who would never soil his clothes, dress in the latest finery, know all the quadrilles and other dances and eat gourmet foods.

Twenty-three years after his birth, Washington sat starving on a dying horse, dressed in a filthy and tattered army uniform in battle as an aide to General Edward Braddock, fighting the first skirmishes of what would become the French and Indian War. As he directed the troops, four bullets tore through his old army coat, almost ending his career then and there.

Washington always believed in causes to help people and he took part in them wholeheartedly, living a rugged day-to-day life except when he was able to return home to Mount Vernon. Those times he managed the land he inherited, and served in the Virginia House of Burgesses. On one trip home he married a widow, Martha Dandridge Custis and attempted to turn a deaf ear to those who continually sought his services for a myriad of reasons.

Surprising little is known of George Washington's early years, except for his interest in the military, farming, and as previously mentioned, the fact that he seemed to always exude an aura of intelligence and often those years older asked him his opinions on a variety of subjects. George, who was possessed of what a friend said was "horse sense" seldom hesitated to help them think their problems out.

His biographer, Mason Weems, claims that the cherry tree tale is undoubtedly apocryphal, brought out to illustrate the man's basic honesty and good upbringing.

As a youngster, George took much pleasure in sitting near a brook or pond and fishing, or walking the trails as he hunted small game. At home he did a little reading, for books were his education mostly, and he read tomes on governments, foreign nations, biographies and even some fiction.

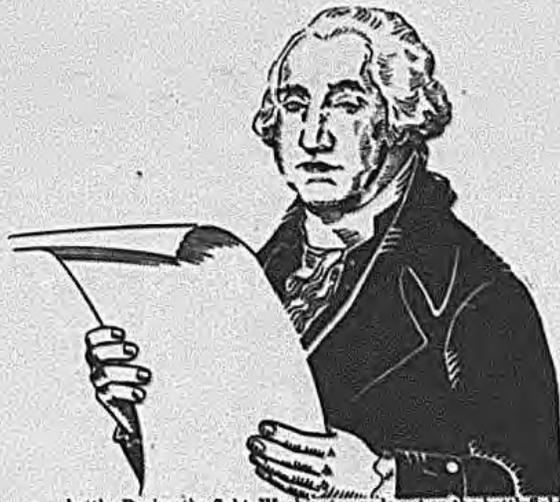
When George was older, people often remarked that judging by his knowledge of many topics and his intelligent approach to subjects, he must have had a wonderful education. The fact is that he left school at the age of 15! Washington retained what he read and he also listened to those with more education as to how they used words and concerning the things they had learned. He sifted out the wheat from the chaff and as a consequence, when he spoke to people, they listened.

His half-brother journeyed to the West Indies in 1751 and asked George to accompany him. Lawrence, George's guardian, had been ill and had consumption at the time. Lawrence died the following year, making his ward residuary heir of Mount Vernon.

In October, 1753, during the last French and Indian War, George was chosen by Governor Dinwiddie as a special agent to warn the French away from their new outposts on the Ohio River in Western Pennsylvania. This time in his life became a sort of training ground school and toughening-up time for the young man to prepare for the oncoming war years. George made the bitter cold winter journey fraught with hardship and danger to his new outpost. Shortly after his return, he was rewarded by being appointed Lieutenant-Colonel of a Virginia regiment.

Seven months later, George really faced his baptism of fire when he set out for the Ohio and on May 28th, defeated a force consisting of French and Indians at Great Meadows (now Fayette County), Pennsylvania. However, a few months later, his force had to capitulate at Fort Necessity in the same vicinity after a fierce battle.

Then George rose to the rank of Colonel in General Edward Braddock's staff. The general made no secret of his admiration for the young man who was possessed of such a strong fighting spirit and even though he had recently met defeat, was nevertheless determined not to lose to the enemy again. He based his defeat on the troops he had under his command, stating that they were guilty of "dastardly behavior," in not obeying, and some deserting in



battle. During the fight, Washington rode out on the battlefield on his horse, urging them on with threats and complimenting the soldiers who stood their ground as he made himself a target for bullets and arrows.

It was determined that his unselfish and heroic actions saved him from certain annihilation, bringing home the remnants of his Virginians in "fair order."

In August, after he returned, Washington was commissioned commander of the Virginia forces.

For the next two years, he led 700 men in defense of Virginia's 350-mile border, a job made extremely difficult by the constant insubordination and irregular service of his soldiers, and by habitual bickering over official precedence.

In the winter of 1757, history tells us that Washington's "health broke down," and at year's end, he resigned his commission, as the war in Virginia drew to a close. After a year at Mount Vernon, he wed Martha Dandridge, widow of Daniel Parke Custis.

For the next year, he worked hard on the plantation and invested money in it. After all, his marriage had brought George an increase of \$100,000 in his property.

Washington's diaries indicate much physical and mental work around Mount Vernon, his careful mathematics show how carefully he handled the property. In "George Washington - A Brief Biography" by William MacDonald, L.L.D., Ph.D. published by The Mount Vernon Ladies' Association in 1973, the author says, "In the case of Lincoln, he (Washington), was educated into greatness by the increasing weight of his responsibilities and the manner in which he met them."

For over a decade, George enjoyed the life he had rightfully inherited, a squire with a beautiful wife and a wonderful manor home. However, he reverted often to his youth when he went quietly down to the water's edge to do some fishing by himself.

His diaries during those years show his thinking was not just confined to Mount Vernon. In his writings he maintained he did not think well of slavery and it has been noted that he treated his slaves in a fair, never harsh manner, and always attempted to keep families close together and never to separate them.

Washington still maintained an interest in things governmental and military, and in fact was present when Patrick Henry introduced his famous resolution against the Stamp Act.

As the breach widened between the mother country and the colonies, Washington kept close watch on events, opposing openly the petitions to the King, protesting taxation and controls and rejecting them.

On August 5, 1774, the Virginia Convention appointed George as a delegate to the First Continental Congress which immediately moved him into national prominence. It was during those times he stated that neither the colonies nor England would ever give in, and that he knew the struggle over taxation would continue and he believed that the issue was a war cloud hovering overhead.

"More blood will be spilled on this occasion," he stated in his writings, "if the ministry are determined to push matters to extremity..."

Washington's associates had recognized his military abilities and they were ready to ask his help should an organized resistance be imminent. Meanwhile, he began to urge that there would be training of the troops, and volunteered to help in breaking in volunteers.

He was preparing for war, yet dreading it and not ready to push for total independence, in fact he steered clear of aiding with any party of independence until it would be determined that there was no other course to follow. Some historians say he was ready to fight his mother country because of the warlike stance he seemed to be taking, however, this was not true, according to his writings and statements then, Washington was actually praying for peace as he trained men for war!

In March of 1775, he was appointed a delegate from Virginia to the Second Continental Congress where he served on committees to raise money, collect ammunition, formulate plans to fortify New York, and write bylaws for a new army. It was a conclusion shared by many Virginians that in the event of a conflict, Washington would assume the role of Virginia's Commander-in-Chief which was furthered by the fact that in the Second Congress he was the only member who generally appeared in uniform.

The two most powerful colonies were Massachusetts and Virginia. The war began in Massachusetts, troops moving swiftly to

# DINING GUIDE

## READER RATINGS

# DINING GUIDE

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Q What do you do with the wrapper on a lump of sugar when you are dining out in a restaurant? Do you put it on the tablecloth, in the saucer of your cup, or in the ash tray? A.M.

A. This is one of those things for which there is no real rule. You just use common sense. I would say put it on the tablecloth, for if you put it in the ash tray it may start a fire, and if you put it in your saucer it may cause the cup to tip over when you put it back in the saucer.

Q Whenever I go to a restaurant with my husband, the waiter usually brings us to our table, then pulls out just one chair. Why does he do this?

A. The waiter is picking out what he considers to be a choice seat, either because it faces the room, or has a view, or is out of the stream of traffic. The woman takes this seat, unless for some reason she expresses her preference for another.

YOU CAN BE A RESTAURANT CRITIC - If you visit any of the restaurants selected for inclusion in this section - call WE 1-0027 at any hour and tell your ideas. We want you, the reader to be our critic. Your message then can be printed in this space.



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Where Our Readers Have The Last Word



This newspaper, and the seven other weekly newspapers associated with it, publishes the last word in restaurant guides and a paid listing of many prominent selected restaurants in this area. While many of them have been rated by the great, and near great food connoisseurs, our readers will have the last word through "Reader Ratings."

Through a special 24 hour phone system, readers will be asked to call in their assessment of each restaurant they visit. Consensus ratings (good or bad) will be published as a continuing part of the guide.

In addition they can make suggestions, compliments or criticisms through the open phone line and messages will be sent through to the restaurant management.

**(Guide to Good Dining)**



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# DINING GUIDE

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## READER RATINGS

Q. I often eat with friends at a local restaurant known for its beautiful decor and excellent food. However, for some reason the waiters and waitresses seem to wear grim expressions on their faces. They are not actually rude, but their manner is somewhat curt. Would it be a good idea to say something to the owner?

A. I don't know how the owner will take your comments, but you would actually be doing him or her a favor. It would cost nothing to have the employees a little more gracious and it would most likely increase the restaurant's business. Food and decor are important, but so is pleasant service.

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# DINING GUIDE

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2. Season with salt and pepper.
3. Brown chicken, skin side down, over medium-high heat in 1 tablespoon oil until skin is very crispy, about 2 minutes.
4. Place pan in 400 F oven for 5 minutes, or until chicken is done.



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## The Man You Never Knew: George Washington

*Continued From Page 3 A*  
 the Boston area, but strategists realized that if the resistance was to be effective, it had to have full support of southern colonies. Then, they turned to the colonial from Virginia who was busily serving on all the military committees of Congress, the same man whose experience in the Braddock campaign was so well known, George Washington, who they appointed unanimously as Commander-in-Chief of the Armed Forces of the Colonies.  
 Washington refused the proffered salary, but not the title, however, he made it clear that he believed their choice was not a good one because he was not skilled enough to accept the command, only taking it because of the unanimity of the call.  
 According to his private papers and letters to others, he didn't believe until his dying day that he really had been equal to such a task, but he maintained that he did the best he could. It was a difficult job, criticism, poverty and outspoken criticism of those who insisted the war start immediately, threatening his command. Everyone had an opinion, but George wasn't discouraged, he doggedly followed the original framework set down by Congress and his own strategies.  
 After he had put a little polish on his raw troops, he marched them to Boston, successfully driving the British soldiers out of that territory in March of 1776. It was evident that the Commander-in-Chief was beginning to make a name for himself along with gaining the respect and admiration of his troops.  
 Washington's retreat through New Jersey and how he turned his army and suddenly and unexpectedly struck out at pursuing armies at Trenton and Princeton, New Jersey, gave new hope to the Colonies. Then his men took Morristown, establishing their main force there, and blocking the enemy, to make the way to Philadelphia impassable.  
 The hopeless army was hopeful at the strength and determination he displayed at the Brandywine and Germantown, Pennsylvania, and especially in Valley Forge where his poorly clad men trudged wearily through the deepening snows and frigid winds in the winter of 1777-1778. It was evident to all that the General and his ragtag army was a force to be reckoned with as they refused to admit defeat, pressing on. They admired Washington because he

Continued On Page 21A

## READER RATINGS



Q. When one approaches a receiving line and is asked to give a name, does one say, "Mrs. Jones" or "Mrs. John Jones" or "Mr. Jones" or "John Jones"?  
 T.F.  
 A. You just say, "Mrs. Jones" or "Mr. Jones" or more usual now, "John Jones". If you are a very special Jones, the person who introduces you finally to the guest of honor sometimes has the opportunity to define you as it were. The receiving line should never be held up for lengthy conversations, however.

Q. It seems every time I go to a certain restaurant with my wife, we're given very poor seats. Either we're put in a draft near the door or else we're seated next to the noisy kitchen. It is too bad because we like the restaurant otherwise. It has a nice cozy atmosphere and the food and service are good. What should we do?  
 A. One simple solution to your problem would be to request a better situated table when you are making reservations. You might also speak to the owner or headwaiter. If he sees you are frequent customers he will wish to please you.

# DINING GUIDE

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This newspaper, and the seven other weekly newspapers associated with it, publishes the last word in restaurant guides and a paid listing of many prominent selected restaurants in this area. While many of them have been rated by the great, and near great food connoisseurs, our readers will have the last word through "Reader Ratings."

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**(Guide to Good Dining)**

## READER RATINGS



**Q.** I have heard it said that white wine is best with chicken. However, one of the best restaurants I know frequently serves chicken in a sauce made with red wine. I would appreciate your comment.

**A.** You are quite correct! The French, who may well be the best cooks in the world, prepare their famous coq au vin dish with red burgandy wine. Incidentally, when chicken is served this way, it is preferable to order red wine rather than white to accompany the entree.

**Q.** When eating out, I am often tempted to enjoy my pie or pudding served with whipped cream. Tell me, how many calories do I actually save when I skip this all too delicious extra?  
**A.** Whipped cream has 28 calories per tablespoon, so I would guess that the number of calories in the topping adds up to 150 or 200.

**Q.** Our host last night had made reservations for a table for six at four top restaurants. When we had all gathered in his apartment for cocktails, he asked where we most preferred to go, and when that was decided, off we went to the chosen restaurant. He did not call the others, and I felt uncomfortable about that.

**A.** You are so right. By not canceling the reservation in the other three restaurants, he may well have caused them to lose money that evening on a table for six people. Consideration and logic call for canceling any reservation that will not be used, because restaurants are in business to make money, not lose it.

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**CRITICISMS OF RESTAURANTS** are sent directly to restaurants concerned in the form of a memo. Restaurants that consistently give bad service or food are dropped from these pages.



## After Work Gourmet



Sharon Achatz

### Indoor picnic cures winter dining doldrums

One sure cure for winter's dining doldrums is eating in. That's right, in — as long as you do it on the floor.

Plan an indoor picnic for dinner-time and you have the appeal of dual delights — a picnic in winter and dining in a different mode. Simply spread out a blanket on the family room floor, bring out the paper plates and you're set.

With a bit of extra effort, you can add the luxuries of packing the meal in a basket to be carried from kitchen to den. And with the addition of a good bottle of wine, some flowers and perhaps some candles, the picnic mode becomes romantic rather than familial.

This strategy can make even the most mundane dishes delicious, so an indoor picnic is a perfect diversion for those dinners when you have no choice but to pick up fast-food or stop by the deli.

If you stop by the deli, go beyond the standard sandwich to consider the shop's other options. Pick up a whole chicken and a side of slaw or slices of quiche and a fresh-fruit salad or cream cheese and bagels.

Picnicking also works wonders when there's nothing to fix at home except hot dogs or macaroni and cheese.

There also are a bit more involved — yet still quick-to-prepare — recipes perfect for picnicking that take no more than 10 minutes of kitchen prep work.

Heat thin-sliced roast beef from the deli in bottled barbecue sauce, then serve up on hot dog rolls as miniature sub sandwiches that make for less mess than their larger counterparts.

Pick up a pound of precooked lobster meat, a cucumber and a carrot, and you have the essentials for Lobster Salad Sandwiches.

Enliven leftover chicken by using it in Fruity Chicken Salad, a combination of chicken chunks, oranges, grapes and celery.

Deviled Ham Reubens are a pantry delight — canned meat, canned sauerkraut — just stop by the market on your way home for sliced Swiss and some rye bread.

No matter what's on the blanket, it's easy to round out the meal with cut-up veggies purchased from the market's salad bar or produce section — the perfect finger food ready to be dipped into a container of onion, ranch or blue cheese dip.

#### LOBSTER SALAD SANDWICHES

- 1 cup cooked lobster, coarsely chopped
  - 1/4 cup thinly sliced cucumber
  - 1/4 cup plain yogurt
  - 3 tablespoons grated carrot
  - 1 teaspoon parsley flakes
  - 1 teaspoon Dijon mustard
  - 1 teaspoon lemon juice
  - 1/4 teaspoon dried tarragon
  - 2 pumpernickel rolls
- Yields 2 servings.  
 Preparation time: 10 minutes.

In small bowl, mix lobster, cucumber and yogurt. Stir in 1 tablespoon carrot, parsley, mustard, lemon juice and tarragon.

Cut rolls in half and spoon salad onto rolls. Sprinkle with remaining carrot and serve.

#### FRUITY CHICKEN SALAD

- 1/2 cup mayonnaise
- 1/4 cup lemon juice
- 1 teaspoon salt
- 1/4 teaspoon ground nutmeg
- 3 cups cubed cooked chicken
- 1 (11-ounce) can mandarin orange segments, drained
- 1 cup seedless grape halves
- 2 celery stalks, chopped
- 1/2 cup slivered almonds

Yields 4 servings.  
 Preparation time: 10 minutes.  
 In large bowl, combine mayonnaise, lemon juice, salt and nutmeg. Add remaining ingredients; mix well and serve.

#### DEVILED HAM REUBENS

- 8 slices rye bread
- Thousand Island dressing to taste
- 2 (4 1/2-ounce) cans deviled ham
- 1 (8-ounce) can sauerkraut, drained
- 1 (6-ounce) package sliced Swiss cheese
- Margarine for grilling

Yields 4 servings.  
 Preparation time: 10 minutes.  
 Spread each bread slice with Thousand Island dressing to taste. Spread deviled ham on 4 bread slices and top with sauerkraut and cheese slices; top with remaining bread slices to form sandwiches.

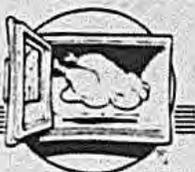
Lightly coat both sides of sandwiches with margarine and grill until cheese is melted and bread lightly browned, about 2 minutes per side.

#### QUICK TIP

Vegetables can be steamed easily by placing in a resealable plastic bag left open a bit for steam to escape. Just add a little water and microwave for 2 to 3 minutes or until tender.

Sharon Achatz is a free-lance writer.





Desiree Vivea

If you like bacon, your microwave offers the easiest way yet to cook this popular breakfast meat.

Here's how to quickly cook four strips of bacon. Place a double thickness of paper toweling on a microwave-safe plate or paper plate. Arrange bacon slices in a single layer on towel-lined plate, then cover with another paper towel. Microwave at HIGH (100 percent power) setting 2 and a half to four minutes, or until bacon is crisp, rotating plate once, if necessary.

Always cover dish with paper towels to absorb grease as bacon cooks and prevent messy splatters inside oven. And there's no cleanup of greasy dishes if you use paper towels and a paper plate.

If you wish to save bacon drippings, use a microwave-safe bacon rack (again, cover with paper towels to avoid splatters). Fat will drain away into a reservoir so you can easily pour it off into a container. Bacon racks clean up easily with hot soapy water.

Even easier to cook is the specially packaged bacon now on the market. Sealed inside a rectangular package, bacon microwaves quickly; grease is contained and drippings absorbed into bottom of container. All you do is pop the package into your oven, microwave for specified time and enjoy your bacon. Simply discard packaging when you're done.

Because of shrinkage, a pound of bacon will cook down to about 4 ounces with regular cooking — but there's less shrinkage with microwaving, so you get more bacon.

There's another good reason for microwaving bacon. Nitrates used to cure bacon have been found to convert into nitrosamines (compounds known to cause cancer) at conventional high cooking temperatures.

However, tests of microwaved bacon reveal no formation of this cancer-causing compound. Besides being faster and cleaner, microwaving may be the healthiest way to cook bacon!

To microwave-defrost a pound of frozen bacon, simply place the unopened package in oven and microwave at LOW/DEFROST (30 percent power) setting two to four minutes. Turn package over and microwave at same setting one to four minutes longer or just until strips can be separated.

Bacon may be most popular with eggs in the morning, but it's not just for breakfast. Use bacon in appetizers, sandwiches or to garnish baked potatoes, salads, etc.

It also adds a delicious flavor to soups like Savory Split Pea Soup With Bacon. This traditional favorite simmers slowly at your microwave's LOW/DEFROST setting; just stir occasionally, then serve with dark bread for a hearty supper.

## SAVORY SPLIT PEA SOUP WITH BACON

1/4 pound bacon

6 cups hot water  
1 (1-pound) package split dried peas  
1 large onion, chopped  
3 stalks celery, chopped  
2 medium carrots, chopped  
1/4 teaspoon ground thyme  
1/4 teaspoon pepper  
1/4 teaspoon salt  
1 bay leaf  
Yields 4 to 6 servings.

Preparation time: 15 to 20 minutes.

Cooking time: 1 hour and 50 minutes to 2 hours and 4 minutes.

Oven setting: HIGH (100 percent power); LOW/DEFROST (30 percent power).

Dice bacon and place in 4-quart microwave-safe casserole. Microwave at HIGH setting 6 to 9 minutes, stirring every 3 minutes until bacon is partially cooked. Drain off excess fat and discard.

Stir in all other ingredients. Microwave at HIGH setting 10 to 15 minutes; stir. Reduce setting to LOW/DEFROST and continue for 90 to 95 minutes longer, stirring occasionally. Remove bay leaf.

Turn hot soup into blender container and process until smooth, adjusting seasonings and adding more water if soup is too thick. Return soup to casserole, cover, and microwave 3 to 5 minutes longer at HIGH setting. Serve hot.

## MICROWAVE RUMAKI WANNA-BE'S

12 slices bacon  
24 water chestnuts, prunes or pimento-stuffed green olives (or combination of the three)  
2 dozen wooden toothpicks  
2 tablespoons light brown sugar  
Yields 24 appetizers.

Preparation time: 5 to 10 minutes.

Cooking time: 14 to 18 minutes (plus 4 minutes standing time).

Oven setting: HIGH (100 percent power).

Cut each strip of bacon in half crosswise. Wrap each bacon strip around one of the 2 dozen water chestnuts, prunes or pimento-stuffed olives (or combination of 3). Secure each with wooden toothpick.

Arrange half of appetizers on paper towel-lined paper plate; sprinkle evenly with 1 tablespoon brown sugar. Cover with paper towel and microwave at HIGH (100 percent power) setting 6 minutes. Turn over and rearrange; microwave 1 to 3 minutes longer, or until bacon is cooked. Let stand 2 minutes. Repeat with remaining appetizers.



By Willard Abraham, Ph.D.

## Helps out

Dr. Abraham: I think I'm a pretty typical guy in most ways (15 years old), but I'm different from some other guys I know in one special way.

My mother got me involved in our house cleaning and other chores when I was about 10 years old, and I've done them ever since. They include washing windows, cleaning carpets, dusting shelves and furniture, cleaning pots and pans, and even sewing buttons and rips and repairing worn-out clothes.

The funny part is that I don't mind doing all that. In fact, I kind of like getting into all of them, and seeing good results. Even my dad doesn't mind my doing them, maybe because he won't get sagged by my mom into his doing them.

The only bad part is my girlfriend. She says it is sissyfied, and I should stand up for my rights. I told her that I not only don't mind, but I actually enjoy a lot of it. Besides, some buddies of mine do house stuff, too, and they and other friends never find fault with what I do.

I may have to drop this girl. Sometimes I don't like her that much anyway. What is your opinion about all this? — House Cleaner

House Cleaner: Keeping a home clean and orderly is no longer only the woman's role, now in millions of homes. And the girl who gets you eventually will be lucky. You'll make a fine husband in what you do and seem to enjoy, and hopefully in other areas, too.

Dr. Abraham: My grandpa died of lung cancer, and my parents and I lived through the terrible years he had before he died. He was always a heavy smoker and continued right up to the end.

I thought it was only men who had lung cancer. But now because I'm a girl and read an article about it also being a serious problem for women, that opens up a whole new worry for me.

I don't smoke and wouldn't touch a cigarette even if all my friends smoked around me. Some do, and that's their dumbness.

The article I read said that more women than ever are dying of lung cancer, even more than from breast cancer. That really scares me.

So what should I do? Your advice will be so important to me. — Worried

Worried: Because I read an article not long ago like the one you referred to, I wonder whether you read all of it. It stressed smoking as the culprit.

Since you don't smoke, and feel that you never will, lung cancer is probably not a severe threat to you.

To receive even more assurance, you might consider talking this matter over with your family doctor or pediatrician.

Dr. Abraham: I really like this boy, and he likes me, too. The prob-

lem is my old boyfriend won't leave me alone. He says he is going to beat the new one up. I keep telling him that I'd like to just be friends, but he won't listen.

Help me. I'm 13 years old. — Feel Helpless

Feel Helpless: Since he won't listen to you, it is important that you involve someone else to whom he will listen. You might consider one of your parents, your school guidance counselor or someone that your parents or the counselor suggests that you talk to about this problem.

If none of them works out well in this situation, another approach might be through the parents of either the former or new boyfriend.

And then, if you haven't been able to solve the problem, write again and let's discuss it some more.

Dr. Abraham: I am a mature 17-year-old girl in my senior year in high school. My boyfriend and I are in some classes together, and have been accepted into the same college for next fall. We are both straight A students, and look forward to going to college so much.

Something has come up that I didn't expect. We plan to drive there together to check student room arrangements, the books we will need and other details. We will drive there and back the same day. I think the room factor may be the main issue with my parents.

We do not plan to room in the same dormitory, but of course, being friends we will see each other often. We have agreed that we won't get involved in ways which my parents wouldn't approve of, and I think we can hold to that decision.

Our travel plan and the room subject have come up several times at home. No big deal has been made over them, but I get small hints that my parents are concerned. Maybe it's because I'm an only child. But they don't have any reason to be worried.

I'd appreciate whatever thoughts you have. Thank you — College Bound

College Bound: This may be a good time to get into a conversation with your parents in some detail on these two issues. You might also consider having your boyfriend involved in it so that they get the feeling that there is nothing or little to worry about.

You sound like two responsible young people, so this practical approach may be a useful way to go. And you didn't indicate that your parents are unreasonable, which is important.

Good luck, and have a happy, productive college experience.

## Cooking Corner



## Turn down heat in the kitchen

By Gloria Schwartz

With spring and summer on the way and temperatures rising, chances are you won't want to heat up the kitchen to prepare dinner. Roasts, casseroles and other long-simmering meals are out.

But there is a way to prepare satisfying meals without the hassle of heat. And it doesn't involve going out for dinner every night.

Plan meals that require minimal cooking; uncooked pasta sauces can be perfect warm-weather food. Home-grown tomatoes enhance any recipe that calls for tomatoes. Pasta cooks quickly, so the main course can be completed in a matter of minutes.

Many uncooked sauces can be prepared ahead, then brought to room temperature while you are cooking the pasta and setting the table. Try preparing a fresh tomato cheese sauce hours ahead — in the cool of the day — then serve it over cooked pasta.

Vegetables, canned tuna and cheese don't need cooking and provide protein, vitamins and minerals. You can add small chunks of mozzarella or brie cheese to the tomato sauce. The sauce should be made in the morning.

Pesto is an uncooked sauce for pasta that uses various herbs as the main ingredient. Because basil is not always available, a recipe follows using parsley, which is readily available all year. If you can find fresh basil, it can be used instead of the parsley — in the same proportion.

If you need something fast to serve to company with drinks, try an artichoke dip. Use bread sticks or fresh vegetables with it.

With a little sprucing up, leftovers can serve as the basis for an easy meal. A piquant green sauce is very tasty, especially over leftover fish. It adds a lot of zest and interest to fish that isn't usually very tasty the second time around.

Summer soups can be a refreshing way to keep the oven off completely. Try gazpacho, a Spanish soup. It incorporates fresh tomatoes.

Corn chowder is easy to whip up in a blender or food processor. It is very low in fat and high in calcium, with the addition of extra dry milk.

Caterer Carol Fraase prepares a baked vegetable dish that can be served as a side dish, over pasta, or as an appetizer.

"This is a beautiful-looking dish and is good either hot or cold, or at room temperature," says Fraase. "It takes only 14 minutes of cooking time, so even though the oven is on, it is for only a short time, and (the vegetables) cook beautifully and make a pretty plate."

You can use any vegetables for Fraase's baked vegetable recipe, and you can make as little or as much as you need.

### FRAASE'S BAKED VEGETABLES

Broccoli  
Green onions  
Mushrooms  
Sweet red peppers  
Zucchini  
Cauliflower  
Salt and pepper to taste  
Red pepper flakes to taste  
Olive oil

Yield depends on amount of vegetables used.

Line cookie sheet with foil. Wash vegetables, then cut into pieces. Sprinkle with salt and pepper. Sprinkle with red pepper flakes. Pour some olive oil over everything. Toss to coat.

Bake in 500 F oven for 14 minutes. Serve over pasta or as a vegetable dish. Serve, hot, cold or at room temperature.

\*\*\*

This linguine recipe is adapted from *Gourmet* magazine.

### LINGUINE WITH OLIVE, ANCHOVY AND TUNA SAUCE

6 anchovy fillets, drained  
1 (3¼-ounce) can tuna packed in oil, drained and flaked  
¼ cup minced Kalamata or other brine-cured olives  
3 garlic cloves, minced fine (or less to taste)  
¼ cup minced fresh parsley leaves  
2 tablespoons fresh lemon juice  
Pepper and salt to taste  
¼ cup olive oil  
1 pound linguine  
Yields 4 to 6 servings.

Chop anchovy fillets fine but not so fine as to be paste. Put in large bowl, then add tuna, olives, minced garlic, parsley, lemon juice, pepper and salt to taste and olive oil. Stir to mix.

Cook linguine until it is *al dente* (a little firm to the tooth, not so

overcooked it has no resistance). Drain well, then add to other ingredients and mix until pasta is coated with sauce. Serve pasta at room temperature.

### ARTICHOKE AND PARMESAN DIP

1 small garlic clove  
Pinch of salt  
8-ounce can of artichoke hearts, drained  
¼ cup freshly grated Parmesan cheese  
¼ cup mayonnaise  
2 tablespoons plain yogurt  
1 teaspoon fresh lemon juice  
¼ scallion, chopped  
Tabasco to taste  
Salt and pepper to taste  
Yields 1½ cups.

Mash garlic with bit of salt until pastelle. In food processor, using steel blade, puree artichoke hearts, Parmesan, mayonnaise, yogurt, garlic paste, lemon juice, scallion, Tabasco, and salt and pepper. Mix until smooth.

Serve with bread sticks or vegetables.

### PARSLEY PESTO

1½ cups firmly packed fresh parsley, stems removed  
¼ cup pine nuts, lightly toasted  
1 garlic clove, quartered  
¼ teaspoon salt  
¼ cup Parmesan cheese  
¼ cup olive oil  
Yields 4 servings.

In food processor, combine parsley, pine nuts, garlic and salt. Cover and blend until finely chopped and well combined, stopping processor several times to scrape sides.

Add cheese and blend until well combined. Add olive oil a little at a time, blending well.

Serve over hot pasta.

### SALSA VERDE (Piquant Green Sauce)

2½ tablespoons finely chopped parsley  
2 tablespoons finely chopped capers, drained  
6 flat anchovy fillets, mashed  
OR 1 tablespoon anchovy paste  
¼ teaspoon very finely chopped garlic  
¼ teaspoon strong Dijon or German mustard  
1 tablespoon fresh lemon juice  
¼ cup olive oil  
Salt, if necessary  
Yields 6 to 8 servings.

Put parsley, capers, mashed anchovy fillets, garlic and mustard in bowl and stir, mixing thoroughly. Stir in lemon juice. Add olive oil, beating it vigorously into other ingredients. Taste for salt and for piquancy. Add more lemon juice if you want it tarter but very small amounts at a time.

Serve over leftover fish or freshly made fish.

This sauce can be refrigerated for up to a week. Stir well before using again.

### GAZPACHO

1 small onion, cut into pieces  
¼ medium green pepper, cut into pieces  
¼ small cucumber, peeled and quartered  
4 (1-inch) pieces celery

1 medium tomato, cut into pieces  
1 tablespoon olive oil  
1 tablespoon wine vinegar  
Dash of black pepper  
Dash of hot pepper sauce (Tabasco)  
2 cups tomato juice  
Salt to taste  
Croutons and/or cucumber slices for garnish  
Yields 4 servings.

Using food processor, process onion, green pepper, cucumber and celery until finely chopped. Then add tomato pieces, oil, vinegar, black pepper and Tabasco and chop for 30 seconds, until well combined. Pour mixture into a pitcher. Add tomato juice and mix well.

Taste for spices, such as salt. Cover and chill prior to serving. Garnish with croutons and/or cucumber slices.

### FRESH SUMMER TOMATO SAUCE

2 large, ripe tomatoes  
4 tablespoons olive oil (can use less)  
¼ cup chopped fresh basil leaves  
¼ cup chopped scallions (green onions)  
1 tablespoon chopped fresh oregano leaves  
2 garlic cloves, minced  
¼ teaspoon salt  
Freshly ground pepper, to taste  
Freshly grated Parmesan cheese, for garnish  
Yields 2 cups.

Bring saucan of water to boil and blanch tomatoes in the water for 30 seconds. Then plunge tomatoes into cold water (to stop cooking). Drain tomatoes and peel them. Remove cores and cut tomatoes in half. Remove as many seeds as possible, and drain off juices. Dice tomato pulp.

Combine diced tomatoes and 1 tablespoon of olive oil in mixing bowl. Add all remaining ingredients, except Parmesan, and toss to blend.

If not using the same day, cover and refrigerate. Bring to room temperature before tossing with pasta. To serve, add remaining 3 tablespoons olive oil and toss with hot pasta. Sprinkle with grated Parmesan.

### CORN CHOWDER

1 cup canned corn, drained  
¼ cup skim milk  
¼ cup skim milk powder  
¼ cup chopped onion  
Fresh pepper to taste  
Pinch of fresh nutmeg  
1 tablespoon pimento (optional)  
Pinch of salt (optional)  
Yields 4 servings.

Blend together ¼ cup corn with all of other ingredients except pimento in blender or food processor, until smooth. Add it to saucan, then add the other ¼ cup corn. Add 1 tablespoon pimento for color. Gently heat it until hot.

Recipe has no salt because corn may be salty enough. Add pinch of salt if you want.

Gloria Schwartz is a free-lance food writer.

By C.Z. Guest

**The seed:** An amazing curiosity that holds the secrets of life. Of course, some aspects of the seed and its means of survival still remain a mystery. Learning more about the seed can help you improve your own germination success.

When you look at a seed, for instance, you are looking at the seed coat, a distinct "fingerprint" for the plant species. Many garden seeds can be identified by their size, shape and seed coat. Variations of the seed coat may include some that are hard and thick, while others are papery and thin.

Like those of us who wear coats for protection against harsh weather, seed coats perform the very same task: protection against entry of parasites or mechanical injury and, in some cases, protection against unfavorable high or low temperatures.

Inside the seed coat is the embryo, an immature plant with all the parts of the adult plant. A close peek shows leaves and a root, not the "true leaves"; the root may be a mere speck, but it is the beginning of a plant.

Germination is a finishing process. Watching that tiny seedling emerge from a dry, wrinkled seed, observing its growth and transformation, is seeing the mystery of life unfold.

It starts with "digestion" since a growing embryo uses only water-soluble food. The first sign of germination is the absorption of water, and lots of it! This activates an enzyme — the seed is alive and growing. Soon, the embryo becomes too large for the seed coat;

it bursts open and the growing plant emerges, first with the top of the root.

That young root is first for a good reason. Not only will the seed be held in place securely, but also the embryo cannot absorb water and materials from surrounding soil before there is a stem.

I've talked about the seed and how it comes to life, but before it germinates, it is either in a state of quiescence or dormancy. They both refer to a living seed suspended for a period of time in a sheltered place, waiting for the proper time for the conditions to be right to come forth, grow and change.

Quiescence is caused by external conditions, such as lack of oxygen or moisture, whereas dormancy is caused by internal conditions. It protects the life of the seed from a possibly adverse environment.

The causes of seed dormancy are varied, complex and still being studied by scientists and seed professionals. When you buy seeds from reliable seed companies, they are prepared for germination or specific instructions are provided.

The garden seed, the mysterious package of life. Once that tiny particle of life becomes activated and a growing plant emerges, the excitement has only just begun, the time of your life!

C.Z. Guest is a gardening authority whose work appears in *House and Garden* and author of numerous books and videos, including "5 Seasons of Gardening" (Little, Brown and Co.)



## Our Children

By Willard Abraham

### Many single-parent families are happy

**Q.** Is the generalization about children of single parents having more emotional problems than other children as erroneous as most other generalizations? This has just become a concern of mine because I'm about to become a single parent.

So far, my two children, both preteen-agers, have been wonderful to live with and talk to (most of the time anyway), and I'd like to preserve the traits that make them such a joy as long as I can. I couldn't stay married to do so; that was impossible under the circumstances, which I won't pile on you. But I'll do my very best as a single parent.

Now about that generalization — is it true that single parents' children have more emotional problems than children in regular families?

**A.** As the old song said, "It ain't necessarily so."

Emotional problems can develop in any family, whether intact or not. Which brings up another much quoted thought, "If it isn't broken, don't fix it."

That idea pertains to the relationship you apparently have with your children. Continuing on the road that has brought them and you to the understanding you seem to have looks like a healthy way to continue.

Open communication and mutual respect for ideas, privacy and different opinions are among many approaches that can work out well between one parent (or two) and the children.

That's a short answer to a big issue about which much has been written. However, the bottom line is that neither single nor dual parenthood is a guarantee of problems developing or being avoided. We all may be vulnerable to them at some point in our parenting careers.

**Q.** I have a feeling that our family isn't as close as I would like it to be. My husband doesn't agree with me. His idea is just to let things alone.

Once in a while he says something like this: "Since we don't fight or scream at each other, what more do you want?"

He is right about our not fighting or screaming, but it's the "what

more" that I want to do something about before our children's precious years are gone forever.

Have you come across any material or even just one book that can help me and that might soften up my husband so that he understands what I mean? He just doesn't seem to get my point.

Our children are 5, 7 and 9 years old, and their childhood seems to be slipping by so fast.

**A.** I've heard from many parents who feel as you do, wondering if there isn't more to be developed in family relationships.

Fortunately, a recent book may be especially helpful in meeting your needs. It is titled "Family Traditions" and is written by Elizabeth Berg (Reader's Digest). Its subtitle hints at its broad coverage: "Celebrations for Holidays and Everyday."

That use of the word "everyday" leads into a fascinating array of family possibilities that go far beyond the usual listing of holidays.

Here are four sections this book provides, with a few examples of the numerous topics discussed under them:

- "Every Day is Special" ("The Family Conference," "No Reason Celebrations")
- "Seasonal Celebrations" ("Spring: Saluting Life," "Fall: Neighbors")
- "Family Holidays" (11 of them are stressed)
- "Your Big Days" ("Birthdays," "Milestones," "Family Reunions")

Berg provides unusual easy-to-use family activities, like "nobody's birthday birthday party," "camping out overnight (in the living room)," "read aloud, in turn, in front of a roaring fire" and many others.

The book's closing statement says this: "Life is for nothing if not for celebrating. And if celebrating is shouting our joy from the rooftops, traditions are the houses we stand on to do it. It is never too early — or too late — to start having both firmly in our lives."

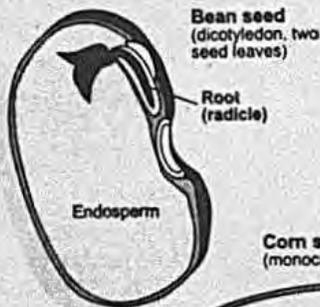
I hope that you, your husband and the children enjoy at least some of the many family possibilities this publication suggests.

### Seed mysteries

- Seed coats offer protection from harsh temperatures and parasites.
- The embryo is the immature plant, complete with all the parts for the adult plant.
- Germination starts with "digestion," when the embryo uses only water-soluble food.
- Quiescence is a period of dormancy, when seed growth is suspended until the proper conditions to continue growth occur.

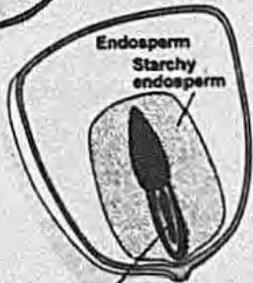
#### Seed types

A seed consists of an embryo plant and some, or no, stored food for it (endosperm). Most seeds fall into three seed types:



Bean seed (dicotyledon, two seed leaves)  
Root (radicle)

Corn seed (monocotyledon)



Conifer seed (no endosperm)  
Multiple cotyledons

Root apex

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# Fitness Forum

By Cheryl Clark

Steven Heymsfield has many patients like the 300-pound teen-age girl he treated earlier this month. "She insisted she only ate 1,000 calories a day," the Columbia University researcher recalled. "She couldn't understand why she was overweight and blamed her metabolism."

Heymsfield performed a test using isotope-laced water that measured the carbon dioxide levels she expelled, an indicator of how much energy she was expending. That told how many calories were really consumed over two weeks.

"The result showed she was really eating 3,000 calories a day," he said.

Heymsfield and his colleagues published their study of this phenomenon in a recent issue of *New England Journal of Medicine*, concluding that some severely overweight patients ate more than twice and exercised half as much as they perceived.

Heymsfield and Dr. Orville Koltzman, a University of California San Diego obesity and diabetes expert who has seen similar behavior in his patients, are quick to say their patients truly believe what they report and that they are not consciously trying to deceive.

The problem is that for some poorly understood reason, their food intake was not registering in their consciousness, a phenomenon referred to as the eye-to-mouth or mind-to-body gap.

"What we are saying is that obesity is a psychological problem, with genetic, nutritional and many other complex components, not just a metabolic one," Heymsfield said.

The researchers emphasized that all people — even the very thin — underestimate what they eat. It's just that overweight people underestimate more.

"When we showed them what we found, they insisted that our test had to be wrong, because they couldn't be eating that much," Heymsfield said.

## WATERSHED YEAR

The Columbia study ended a "watershed year" of progress toward understanding obesity, a condition that was recognized as a disease only in 1985, said Dr. George Blackburn.

Blackburn, a nutritional biochemist at the New England Deaconess Hospital in Boston, said the condition has suffered lack of attention because of prejudice from primary-care physicians who believed it to be the result of gluttony and sloth.

But that is now changing. While obesity is caused by an imbalance between calorie intake and energy expended, researchers are beginning to document genetic factors, hormonal components and irregularities in brain signals that regulate hunger and satiation. Also being identified are "thrifty" chemicals that make the body use sugar efficiently and first as an

energy source so that fat intake is more likely to be stored.

"There's a whole new thrust of neuroscience — what constitutes satiety and what constitutes hunger. And we're in the very primitive stages of trying to figure it out," said Dr. Xavier Pi-Sunyer, an endocrinologist at St. Luke's Roosevelt Hospital at Columbia University in New York.

"What is going on with the regulatory mechanism that tells someone who is thin to stop eating and someone who is heavy to not stop? We don't know," he said.

The problem of American obesity has become critical. Federal health officials estimate that one-fourth to one-third of American adults are overweight and 34 million are obese, costing an estimated \$165 billion a year in health care expenses and loss of productivity.

Obesity is known to affect health, quality of life and longevity. It is linked to diabetes, coronary heart disease, high blood pressure, gallbladder problems, gout, some types of cancer, psychological problems, arthritis and discrimination in housing and employment.

Individuals are considered overweight when they are 25 percent above optimal body weight. This is clinically determined through the use of a body mass index, or BMI, formula of weight and height. The BMIs associated with lowest mortality are between 20 and 25, with 27 to 30 considered overweight and over 30, obese.

## CONGRESS GETS SERIOUS

The high cost of obesity is beginning to stimulate Congress to take obesity more seriously. Hearings sponsored by Rep. Ron Wyden, D-Ore., last year resulted in another \$12 million for five obesity specialty centers.

A National Institutes of Health technology conference on obesity last year spelled out major areas of study, including increasing interest in ways to treat the condition with prescription drugs.

Dr. Eric Ravussin, an NIH researcher based in Phoenix, believes that some obesity is actually the result of evolutionary survival of the fittest. Ravussin has spent years studying Arizona's Pima Indians, which he said have the highest prevalence of overweight in the world, with 75 percent of them obese.

As a survival advantage in periods of famine and disease, he believes, the Pima have evolved the ability to store more fat and metabolize food more slowly than other people, perhaps inheriting a "thrifty gene."

Whatever factors are at work may have been useful long ago, when populations generally had low-fat diets and engaged in heavy manual labor, he said. But times are different today.

# THE HEALTHY GOURMET



By Kit Saedaker

## MARMALADE CHICKEN

- 4 chicken breasts skinned, bone-in
- 1/4 cup unbleached white flour
- 2 teaspoons olive oil
- 1/4 cup chicken stock
- 1/2 teaspoon dried marjoram
- 1/2 teaspoon grated lemon zest
- 2 tablespoons sherry
- 1 teaspoon soy sauce
- 1/4 cup orange marmalade
- 1 orange

Yields 4 to 6 servings.  
Each serving has about 180 calories, 4 grams fat, 60 milligrams cholesterol and 100 milligrams sodium.

Put flour and chicken in bag and shake to dust chicken with flour. Heat oil in skillet and brown chicken. Place chicken in single layer in casserole that can come to table.

Combine stock, marjoram, lemon zest, sherry and soy. Pour over chicken and brush with marmalade. Peel orange removing all of the white pith.

Pull orange segments away from each other and catch juice in casserole dish as you do. Arrange orange segments over chicken. Bake in oven preheated to 375 F for 30 to 40 minutes and serve with some of chicken juices over each piece.

## Pinch salt

- Freshly ground pepper
- 2 whole skinned and boned chicken breasts cut into cubes
- 4 teaspoons corn oil
- 1 onion, cut in half and sliced
- 2 fresh tomatoes chopped or 1 (14-ounce) can drained
- 1 cup apple cider
- 1 tablespoon chopped fresh basil or 1 teaspoon dried
- 1 teaspoon grated orange peel (no white pith)

Yields 4 to 6 servings.  
Each serving has about 200 calories, 4 grams fat, 60 milligrams cholesterol and 330 milligrams sodium.

Mix flour, salt and pepper in large bag. Toss in chicken and shake to dust each piece lightly. Heat oil in skillet and add chicken. Don't crowd chicken, but cook until lightly brown. Remove chicken from pot and set aside. Saute onion in same skillet. If necessary, add a little cider or stock to pot. Add tomatoes and apple cider to pot along with chicken. Simmer gently, covered for 30 minutes. Add basil and orange peel and cook 10 more minutes. Serve at once.

## APPLE CIDER CHICKEN

- 1/4 cup white flour

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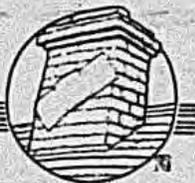
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## Here's How

By Gene Gary



**Q.** We have inherited an older house that is drafty and hard to heat. Friends have recommended insulation for the ceiling and walls as an improvement.

**A.** This is our first experience as homeowners, and we need advice on the feasibility of insulating and what would be the most cost-effective method. Our funds for fixing up this house are limited and, initially, we want to make the improvements that really count.

**A.** There is no question that the more insulation you have, the less heat you will need to produce to keep the house warm. Attic insulation is the most cost-effective method. This is an easy job for do-it-yourselfers, so you can save on installation costs. Most home

centers sell insulation batting, which can be installed between the rafters. Complete installation instructions are provided by manufacturers.

Insulation is rated by an R number, and the higher the number, the better the insulating value. For attics, use insulation rated from R-19 to R-38. The R rating required for a colder climate zone can differ from a milder climate zone. Check with your local gas or electric utility for recommendations in your area.

Adding insulation to existing walls is another matter. This requires the services of a professional contractor, and sometimes it may not be economical because of the lengthy pay-back period — the

number of years it will take you to save on fuel to pay for the insulation.

You would probably be better off installing storm windows and improving the heating system. Sealing leaks where cold air can seep in is one thing you can do that will help. Most homeowners can do the work themselves.

Weatherstripping should be installed on every window and outside door. Interior doors that lead to unheated attics, basements and attached garages also should be weatherstripped. Caulking is another way to seal heat leaks. Use the gun type to seal cracks and open joints around the outside of window and door frames, and in seams and joints in siding and trim.

Use the aerosol-type foam caulking to seal openings around through-the-wall air conditioners and exhaust fans, as well as along the top of foundation walls where there often is a sizable gap between the framing and the masonry. Install foam-rubber gaskets on electrical outlets in outside walls to seal out drafts.

These do-it-yourself materials are widely available at hardware stores and home centers.

**Q.** Is there any way to remove scratches from a glass tabletop? They were evidently caused by daily use and rough objects placed on the surface.

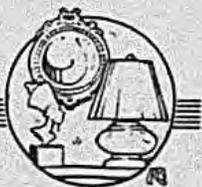
**A.** Sometimes, superficial scratches can be lightened. However, if the scratches are deep enough, nothing will remove them.

Try this polishing compound: Mix 1 ounce iron oxide (available through hobby shops or jewelry supply stores) with 1 ounce glycerin and 1 ounce water. This will make a paste mixture that can be used on glass tabletops, mirrors, windows or whatever.

Put a small amount on a cloth and rub the scratched area, washing it off with clear water from time to time to check your progress.

## Decor Score

By Rose Bennett Gilbert



### Decorating attitude

**Q.** Everyone else thinks I'm weird, but I do not enjoy shopping, period. My friends are into collecting antiques and stuff they find at auctions and junk shops. I like the way all that looks, but I have neither the time nor the inclination to hunt it down. Give me an easy answer. — M.L.

**A.** I have to believe you're no shopper if you don't realize that the world is overflowing with decorating stores that offer good reproduction furniture in any flavor you favor — from classic 18th century traditional to vintage-style wicker.

Look at the furniture in the room we show here. Reproductions all! And all from one source.

The photo also illustrates another "easy answer" to your decorating needs: Instead of choosing a specific period or style, I'd advise you to be as eclectic in your taste as is this room, where a Colonial wing chair and corner cupboard mingle happily with a Victorian wicker sofa and contemporary glass-topped table.

The trick to making such a disparate blend work lies in attitude. Here, the attitude of the room is decidedly young and informal, a kind of anything-goes approach that can embrace a host of personal-favorite furnishings, as well as a

gamut of different patterns and colors.

The bottom line for shop-phobes like you: One stop at one store can finish your furnishing — and do it with flair.

**Q.** Our living room has all white walls, which look fine except they don't show off our growing collection of photographs as well as we'd like. We've talked about painting the room a dark color, but every

museum and gallery we've ever seen has white walls.

**What do you think? — J.E.**

**A.** I think you don't live in a museum or art gallery. If you want your collection to be the center of attention, by all means give it a dark-color background that will make the photos "pop."

If the idea scares you, consider painting just the one wall some rich shade that plays back to your overall color scheme.



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**ENERGETIC CHILD CARE** provider needed for 3 children 4, 2½ & 3 months. 3 days, a wk. 8 a.m.-6 p.m., non-smoker with references. 742-6810 gca1

**EXPERIENCED INFANT CARE** needed in our home beginning mid March. Tues-Fri. 7 a.m.-6 p.m., occasional Saturday night. Must be non-smoker and have own transportation. References required. Call 328-6468. gcm3

#### Help Wanted

**MATURE WOMAN NEEDED** for care of 2 young children in our home. Teacher's schedule. English speaking. Driver's license & excellent references required. call after 4 p.m. 489-5980. gca1

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**HOUSEKEEPER/BABYSITTER** NEEDED for care of 1 child and generalhousehold duties in Westbury/Salisbury, must have driver's license and good references. Please call 334-8165 and leave message. hapr1

**EXPERIENCED INFANT CARE** in my home beginning end of March, Monday-Friday, 8 a.m.-5:30 p.m. English speaking, non-smoker. References required. Call 775-0983. gca1

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**LOVING AND CARING,** experienced nurse's aide seeks position to work with the elderly or sick. Available full time 5 days a week, living out or on weekends. References are available. can be contacted at 538-5072. gca1

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**MATURE, EXPERIENCED WOMAN** seeks job as a companion. Nurse's aide or baby care taker, references available. Call 379-4677. Ask for Rose, night or day. I also will work night or day. gcm2

**EXPERIENCED BABYSITTER** SEEKING full time job, Mon-Fri. Flexible with excellent checkable references. Own transportation. Garden City area plus Uniondale, Hempstead. Call any time. 481-0320. gcm2

**HONEST, RELIABLE HARD** working nurse/companion seeks position with elderly. References available. Call 328-6980. gcm2

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**HOUSEKEEPER - DOMESTIC ENGINEER** - Experienced, reliable, educated American. Detail minded, can not only clean your house, but specializes in organization. Flexible hours, weekdays. Own transportation. Call evenings 334-2336. gcm2

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**RELIABLE WOMAN SEEKS** position as companion for elderly. Also available for babysitting/light housekeeping. Experienced, excellent references. Please call 489-8032. gcm4

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**GARDEN CITY ATTACHED** Colonial Northeast section, Raymond Court. Fully updated 2 BRS, 2 Bths., LR, DR, EIK, Rec. Rm. 1 car. Owner \$215,000. Low tax. 741-3156. **gcM4**

**GARDEN CITY PRIME** Estates. center Hall Dutch Colonial, completely renovated in and out. Traditional and spacious interior with parquet oak floors, large moldings, chair rails and French doors throughout. 19' new oak EIK, maid's room with new full bath on first, 3 large BRS with new full bath on second. All amenities. Low taxes and room to expand. The beauty is within. Neg. \$549,000. 741-7378. **gcA1**

**MASSAPEQUA HIRANCH.** 4 BRS, 2 car garage, bright manicured property with location, location, location. Seen the rest, now see the best. asking \$279K. call for details. Mr. Grasso 775-6035. **gcA1**

**MATTITUCK, SECLUDED GENTLEMAN'S** Horse farm. Thirteen+ acres. Stately brick Colonial featuring 4 BRS, 3 1/2 Bths., country Kit. w/solarium, 2 Fpls, in-ground pool, deck. Ten stall barn w/corral. Low taxes. Ideal for sub-division \$550,000. East Marlon Bay Front. Five room get-away, smashing views, sandy beach, great rental income. \$199,500. Cutchogue Country charmer. 3 BRS, 1 1/2 Bth. home, LR, DR, EIK, in-ground pool, short walk to town and beach. \$165,000. Southampton. Terrific two family. Walk to town from this mint 100 year old home. Private entrances, separate meters, spacious apartments. Detached 2 car garage. Realistically priced - \$179,900. Cutchogue. First offering. Lovely multi-level home in year-round neighborhood. 3 BRS, 2 Bths., in-ground pool, Great Mother/Daughter. \$229,000. Marilyn Lang Realty 734-6472, 734-6690. **gcM2**

**GARDEN CITY MOTT 3 BRS,** New Kit., LR/Fpl., DR, 1 1/2 Bths., den, fin. Bsmt. Principals only. \$369,000. 248-0750. **gcA1**

**Real Estate for Sale**

**CHOICE N.F. WATERFRONT!** 1. Cute 3 BR, 1 1/2 Bth. East Marlon Bayfront Shack. Beautiful views of the Hamptons. Owner anxious. Ask \$199K but make offer! 2. Neat 1930's 5 unit Orient Bayfront rental apartment house. All units 1 BR, 1 Bth. Great summer getaway and income too! \$235K. 3. Adorable 3 BR Southold L.I. Soundfront beach home! Year round enjoyment. Superb sunsets and waterfront! \$279,000. 4. Very Special Mattituck beachfront setting! Neat 3 BR, 2 Bth Cape Cod Ranch w/decks, LR w/Fpl. & EIK set on panoramic lot with super sandy beach! \$319,900. 5. Mint 5 BR, 3 Bths., Laurel Bayfront Mother/Daughter. Lots of room for the whole family! Attached gar. for storage. White, sandy beach! \$389K. 6. Magnificent Mattituck inlet contemporary. Near new 3 BR, 2 1/2 Bths., loaded with special features. On main channel and perfect for all crafts. Dockage for 6 boats up to 60' with 8' draft. One of a kind. \$495,000. 7. Stunning Nassau Point 3 BR, 2 Bth. Ranch. Large master BR Suite, LR w/Cath. Ceiling and Fpl. Heavily treed 1.6 acre site with grandiose views of the bay. Must see. \$675,000. 8. Originally priced at 1.5 M this fabulous 4 + BR, 3 1/2 Bths., L.I. Soundfront Mattituck Col., offers one of the North Fork's finest designs. Every conceivable amenity. Now on sale at \$799,000. Celtic Realty, offering you over 3000 listings in every town, village and hamlet on the North Fork. Celtic Center, Mattituck, 298-8000. **gcM2**

**GARDEN CITY ESTATES.** Mint Colonial, 5 BRS, 2 1/2 Bths., LR/Fpl., FDR, EIK with super Fam. Rm. Possible professional office. New luxurious private Master BR & Bth. suite. CAC, large private back yard, 2 car with lift. New roof, siding, windows. 3 zone heat. Deep plot. Walk RR. Low taxes. Maintenance free. Must see to appreciate. On the prestigious tree lined Nassau Blvd. Best value in town. \$479,000. Owner. 742-1316. **gcA1**

**GARDEN CITY COUNTRY** Life Press area. 3BR, Colonial, 1 1/2 Bths, DR, LR/Fpl, Fam. Rm., oak & ceramic custom Kitchen, skylit breakfast area, partially finished bsmt, patio, alarm, in-ground sprinklers, garage, Principals only. No brokers. Reduced \$339,000. 747-3604. **gcM4**

**HOUSE FOR SALE - HUNTINGTON SD#13,** Mint Cape, LR, Large EIK, 4 BRs, 2 Baths, 60 x 100. Fenced wooded yard. Full basement, low taxes. Asking \$149K. 742-5033. **wapl**

**SOUTHOLD - RANCH,** 3 BR, 2 1/2 baths, LR, dining area, family room, fpl, kitchen, finished basement, 2 car garage, in-ground pool beautifully landscaped for privacy. Prime area near beach and boat launch. \$269,000 negotiable by owner. 765-9247. **gcM3**

**Real Estate for Sale**

**GARDEN CITY ESTATES** 4BR, 2Bth, Immaculate, 2,000 sq. ft. Cape, all ultra modern, Anderson windows & new systems - low energy costs, low taxes, alarm, superior craftsmanship, and much more. Unequaled value, priced to sell. \$335K, Principals only. 873-8654. **gcM4**

**MONTAUK, 2 RM FURNISHED** Co-op. One hundred feet from beach. Electric heat/air conditioned. walk to dining, shopping. Sleeps four. Full kit, cable TV. Must sell. Asking \$38,500. Great rental history. 724-5572. **gcApl**

**GARDEN CITY ESTATES** Section - Comfortable, energy efficient gas heated Split level-home on a quiet street near schools and park. Just a short walk from a choice of two LIRR stations. 3BRs, 2 new Baths, ultra modern EIK. Family Room and Rec Room, 2 Car Garage and large covered Patio. \$399,000. By owner. Principals only. 747-6250. **gcM2**

**GARDEN CITY COLONIAL** 3 BR, 1 1/2 B, LR/fpl, DR, EIK, Fin Basement, Screened Porch, professionally landscaped. Walk to park. Low taxes. Red. \$347,900. Principals only. 741-9262. **gcM2**

**NAPLES, FLORIDA - RESIDENTIAL AREA.** 3BRs, 2Bs Ranch, CAC, Lanai, Sewers, 2 Car Garage, fully landscaped, 75 x 100. Extras, mint condition. \$98,500. Owner (813) 643-2802. Furniture negotiable. **gcM2**

**GARDEN CITY - O-SIZED** Ranch on prestigious Cathedral Avenue needs some work. What appears to be a conservative house, actually extends back onto a secluded 1/2 acre of low-maintenance property. 4 Large Bedrooms, 3 full Baths, LR/fpl, Den, Family Room. A Grandpa's attic and a Grandpa's basement with room to expand, build a pool or pitch a tent! \$400's Neg. Call owner 741-1754. **gcA1**

**GARDEN CITY 4 BR,** 4 1/2 bath Colonial, large EIK, LR/FPL, FDR, library, 1.33 acres, IGP, in-ground sprinklers, 2 car garage. \$649,500. Principals only. 248-4182. **gcM3**

**SOUTHOLD PRIVATE ROAD** leads to 3 BR, 2 Bth. Cape on wooded 1/2 acre; Walk to sparkling L.I. Sound beach. Excellent vacation or year round home. \$215,000. Principals only. 759-1862. **gcA1**

**MINEOLA/WHEATLEY SCHOOLS.** Expanded Cape for sale. Move-in condition. 4 BRS, 2 Bths. carpeted, finished bsmt., detached garg. closets galore. 50x100. Low taxes. Low \$200's No fee. 746-3141. **wM4**

**WESTBURY-WHEATLEY VILLA ESTATES.** Elegant Col. 3 BRS, 2 Bths., LR, w/Fpl., FDR, Huge EIK, on 1/2 acre. 40 minute commute to N.Y.C. on LIRR. \$279,000. Owner 338-4282. **wM4**

**Real Estate for Sale**

**SHELTER ISLAND CONTEMP.** 1 acre plus, 3 BRS, 2 full baths, FPL, wrap around deck, CAC, private deeded beach rights, fully furnished. \$275,000. (516) 485-0377. **gcM4**

**GARDEN CITY LARGE** mint split. Family area, near Hemlock Park, beautiful LR/Cathedral ceiling & FPL, DR, large EIK, 3 BRS, 2 baths, large den/family room, finished basement, 2 car, landscaped 70x100. Owner \$354K neg. Offers considered. 747-6386. **gcM4**

**GARDEN CITY ESTATES** English Colonial w/FDR, LR/Fpl., library, large EIK with deck. Second floor - 4 BRS, 2 Bths., Fin 3rd Fl. with full bath, 2 car garage, Fin. Bsmt., gas heat. High \$300's. 873-0338. **gcM4**

**GARDEN CITY ESTATES** Center Hall Cape, 3 BR, den, 2 baths, LR/fpl, DR, EIK, gas/hot water heat, all appliances. Walk LIRR, all schools. \$360,000. Principals only. 294-0124. **gcA1**

**NORTH FORK MINT** Bayfront Ranch. 108 ft. sandy beach, panoramic view, 4 BRS, 2 1/2 Bths., EIK, Great Rm., Fpl., deck plus 1/2 acre lot. Asking \$525,000. 747-3947. Principals only. **gcM2**

**NASSAU POINT / CUTCHOGUE,** East or West side, First Town Realty has the best listings. West Side: gentle sloping acre to sugar sand beach with boat house compliments this sprawling ranch. Reduced to \$535,000. East Side: Traditional Colonial on high bluff to great beach below with expansive bay views. Reduced to \$460,000. First Town Realty. 765-2288. **gcM2**

**GARDEN CITY, CHERY VALLEY 2BR** Co-Op. 1st floor, new bath, modern. Washer, dryer, A/C, extras. \$125K. Owner. 746-5168, evenings. **wapl**

**NORTH FORK - LUXURY** Ranch, 2,600 sq. ft. of comfortable living space is yours in this charming 7 Rm house on wooded plot in waterfront community with deeded beach & boating slip. 7 beautiful rooms, 3 BRs, 3 tiled Bths, Jacuzzi, 22'x22' den, fully Fin. Party Bsmt, garage. Amenities include Andersen windows, vinyl soffets, skylights, Fpl, wood stove, 5 appliances, 3 zone O.W. heating, 100% insulated, C.A.C. & Vac., security system, much more. New exclusive. Asking \$295,000

**North Fork Waterfront** building plot. Roads, underground utilities all in, all permits. Short walk to deeded private beach & marina. Terms available. Price just slashed \$40,000 to \$89,000 Bookmiller Realty 722-4423. **gcM2**

**GARDEN CITY ENGLISH TUDOR,** Estates Section, Sunken LR/fpl, 6 BRs, 4 full Baths, 2 half Baths, large Family Room/bar, 2 car garage. Principals only. Asking \$775,000. 742-0140. **gcA1**

**Real Estate for Sale**

**SHELTER ISLAND - VACATION** - Retirement 4 year old Ranch. 3BRs, 2 Bths, deeded private beach, CAC, sprinklers, full basement, 2 1/2 car garage, 5/8 acre. Low maintenance, deck and outdoor shower. \$239,500. Owner. 328-1188. gcm4

**GARDEN CITY SOUTH EXCLUSIVES** - Brick & Stone Cape, LR/fpl, FDR, Mod. EIK, 3BRs, 2 Baths, Rec Room, Garden City border. Must sell this week. Reduced thousands \$219,000  
Solid Brick Contemp, 3BRs, 3 1/2 Baths, Mod. EIK, Large Family Room, CAC, Large Property \$295,000  
New Listing Brick Tudor, 3BRs, 1 1/2 Baths, EIK, Great Room. Great Location \$279,000  
Vera Atamian, 354-1994. gcm2

**GREENPORT - 1BR CO-OP**, convenient to everything. \$35,000. 775-6948. wapl

**BAYPORT WATERFRONT RANCH**. 100 foot bulkheaded 2 BRs, 2 full Bths, Sauna, Fpl, alarm. \$350,000. Owner. 472-3253. gcm4

**GARDEN CITY NORTH-EAST** side hall Colonial, 3BRs, 1 1/2 Bths, FDR, Lg. New EIK, new windows, vinyl siding. Convenient location. 40 x 100. Very low taxes. Principals only. 35 Prescott Street. 741-7826. Asking \$269K. gcm3

**GREENPORT - TERRIFIC CIRCA 1900 Victorian**. Historic district, side hall entrance, stained glass, diamond window, wooden stair rail, New Post, original wide molding, pine board floors, parlor bay window, FDR. LR/China closet, pocket doors, high medallion ceilings, 3BRs, 2 Baths, Decks. Restored Barn, 6 skylights, block to Sterling Harbor. \$189,000. Owner. 271-7532 after 1 p.m. wms

**GARDEN CITY MOTT COLONIAL** 3 Lg. BRs, 2 Baths, LR/fpl, DR, Den, oversized property. Low taxes. Move-in condition. No brokers. 294-4624. \$369,000. gcm3

**GARDEN CITY - GRAND Old Colonial**. 5 BR, 4 baths, needs work. Great potential. \$349,000. Owner 747-6420. gcm3

**PORT WASHINGTON 2 BR Apt**. Sunny Southwestern exposure, corner unit, new everything, washer/dryer, attic, garage, walk train, store, water. Exclusive area, beautiful landscaped \$159K must sell 625-1352, days 944-8210. gcm2

**GARDEN CITY COLONIAL NEEDS TLC**. Great potential, 3 BRs, LR, DR, Kitchen, Den, bsmt. 40x100. Low Taxes. Low \$200's. Principals only. 742-5862. gcm2

**DO YOU HAVE A SERVICE to advertise?** Our Service Directory is sure to bring results. Call 931-6012, 294-9900 or 746-6240 for rates and information.

**Real Estate for Sale**

**GARDEN CITY BEAUTIFUL** spacious home, 5 BRs, 3 Bths, screened porch, finished Rec Room, 80 x 100. Walk RR. Asking \$315K. By appointment. Principals only. 775-5974. gcm4

**GREENPORT - IMMACULATE RANCH** Panoramic bay view. 3 BRs, 2 Baths, EIK, DR, LR/fpl, Double Garage. Walk to all Beach rights. Owner, \$189K. Neg. 775-6948. wapl

**EXPANDED RANCH - 4BRs** 4 Baths, Hugo Den, Country Kitchen, Formal Living Room & Dining Room, Huge Bsmt, 1/2 acre of land. Principals only. \$575,000. 5 min. from everything. 747-7328. gcm3

**FRANKLIN SQUARE, NEW Townhouse**. 3BRs, 2 1/2 Bths, move-in condition, skylights, new carpeting and tiles, full basement, CAC. \$170,000, by owner, 488-3287. gcm3

**SOUTHOLD: 1 ACRE LOT**, Waterfront. Beautiful view. Private road with permit & plans. \$195,000  
1 Acre Lot - Walking distance to beach. Owner. 746-8023. \$72,500 wms

**ROCKVILLE CENTRE - 3BRs LR, DR, EIK, Porch, Deck, 50x150, Finished Attic/Bsmt. Low Taxes, 2 Car Garage, Gas Heat. Walk to All. Asking \$279,000. 763-3203. wms**

**SOUTHOLD BAYFRONT CONTEMP** features Great Room/Fpl, Fam. R., Master BR, BR & Bth plus 2 BRs, 1 1/2 Bths, CAC, spectacular views \$595,000. Nassau Point Bayfront, estate home, 4 plus acres with 300' waterfront, grand LR/fpl, FDR, 5 BRs, 5 Bths, deep water mooring, panoramic views \$1,250,000. North Fork Waterfront. Architectural beauty, LR/fpl., Fam. Rm./Fpl., Master BR suite/Jacuzzi plus 2 BRs, 2 Bths, pool, extensive decking, designed for privacy, expansive views \$545,000. Laurel Bayfront Country Home on 2 plus subdividable acres features LR with Stone Fpl., 4 BRs, 2 Bths., enclosed porch, sandy beach. Forever views. \$479,900. Lewis Realty 298-4600, 734-5533, 765-5810. gcm2

**NEW SUFFOLK WATERFRONT**. Recently remodeled 3 BRs with quality throughout. Peaceful views, walk to beach. Low taxes. Reduced to sell \$239,500. New Suffolk Sparkling 2 BR Country home. Expansion possibilities. Perfect year round or vacation. Nicely landscaped. Our exclusive \$159,000. Nassau Point Waterfront. Reduced exclusive. Peaceful, beautiful lagoon, 2 BRs, with guest cottage, shy acre. \$349,900. Southold Waterfront. Exceptional Ranch on inlet to bay, dock IGP, open views \$379,000. Southold Exclusive. Best of both worlds. Views of large lake. Walk to sound beach. Tastefully furnished. 3 BRs, 2 Bths., wrap deck, Great Room, OHW heat \$249,000. Marion King Realty 734-5657. gcm2

**Real Estate for Sale**

**GARDEN CITY - MINT** brick split on prestigious Hampton Road. 7 large rooms, 2 baths, new bath and large den. 1 1/2 attached garage. On 1/4 acre. Professionally landscaped grounds. Very suitable for professional. Broker/Owner. Motivated, asking \$478,990. 599-0707 or 747-3078. wapl

**MASSAPEQUA PARK TOWN** home Condo, 3 BRs, 1 1/2 Bths., large Bsmt. & attic, CAC, deck, pool, tennis, many extras. Maintenance \$200 a month, taxes \$3,800. Principals only. \$157,000. 799-9122. gcm1

**IT'S TRUE GOLF COURSE LOTS** in Palm Beach Gardens, Florida. Bargain prices \$79,000-\$89,000. model home \$379,000. 4/3.5 bath, pool. Buyer will pay 4% of closing costs on model. Illustrated Prop rises Real Estate (407) 626-7400. Call Ruth. Check for details. (407) 622-8697. gcm2

**Co-Op For Sale**

**GARDEN CITY CHERRY Valley**. Mint, second floor, 2 BRs, new kitchen, bath, carpet. Private corner, large garden. Will trade for your Garden City home. \$115,000. 742-5659. gcm4

**GARDEN CITY CHERRY VALLEY Co-Op** - Spacious 1 BR, new EIK, prime location. Walk to RR and stores. Maint. 80% deductible. Principals only. 742-6843. \$83,000. Must sell. gcm3

**GARDEN CITY MINT 1 BR** Co-op, second Fl., separate entrance. Walk to RR and stores. Asking \$69,000. Owner. 294-7496. gcm1

**TUDOR CITY - STUDIO** Mint Condition. \$515 Maintenance includes utilities. Immediate occupancy. \$69,900. 483-9118. gcm3

**GARDEN CITY, 2 BR**, second floor. Best location facing 15th Street. A/C, washer/dryer, walk to wall, attic, garage \$106,000. 294-0269. gcm4

**CO-OP & CONDO**  
Atrium Plaza  
1 BR, 1B Duplex, EIK, 1 Gar. Rent/Buy

Birchwood Ct.  
2BR, 2B, Sunny, Maint \$606 \$117,000

Carlisle, 2BR, 2 new Baths & Kit + Gar \$275,000

Cherry Valley  
2BR, 1B, LR, EIK, CAC \$89,000  
2BR, New Bath \$115,000  
1BR, 1Bth, mint condition \$69,500

Harrison House  
2BR, 1B, CAC, Lndry, 1 Gar \$129K

Horton House  
1BR, 1 new B, Walk all \$79,900  
Mulford Place  
LR/fpl, DR, Den, 1BR, 1 Bath, corner \$85,000

Stewart Franklin  
LR/fpl, DR, EIK, 3BR, 2B, Rent or \$225,000  
All new 3BR, 2B, LR/fpl, DR, EIK \$300,000  
Dougall Fraser Realty 248-6655 gcm2

**Co-Op For Sale**

**GARDEN CITY, CHERRY VALLEY 2BR**, freshly painted, Kitchen & Bath updated. Mint condition, \$115,000. Key here. Prudential Taylor Warner, 741-4422. gcm2

**GARDEN CITY/Hempstead**. The Mulford. Must sell, transferred. Large 1 BR, EIK, Oak Floors, High Ceilings. Lots of closets. Walk to LIRR \$39,000. 292-0483. gcm2

**FLORAL PARK, 1 BR GARDEN** Apartment. Lovely location near North Shore Towers. Convenient commute. Modern EIK, new W/W. \$329 maintenance. Safe neighborhood. \$60,000 - no fee. 747-0535 hmar3

**RVC - LARGE SUNNY** Garden Apartment. Pretty, well-maintained grounds, convenient to all. One BR, full bath, modern kitchen, dinette, large LR. Very low maintenance and electric. Owner. \$95,000 negotiable. 536-6399. gcm2

**GARDEN CITY CHERRY Valley Co-Op**, 2 BR, second fl., end unit. Owner relocated \$99,900. (301) 231-5262. Leave message. gcm1

**GARDEN CITY, LARGE 1 BR**, new EIK, spacious LR. Sunny apartment. Asking \$89,000. 354-3238. gcm3

**GARDEN CITY CHERRY Valley**. 1 BR Co-Op, first fl. Walk to LIRR, stores. \$82,000. Principals only. 294-9556. gcm1

**MINEOLA HORTON HOUSE** Co-op: Front apartment, 1 BR, new kitchen, new bath, loads of closet space, air conditioning. Parking available on and off premises. Principals only. \$78,000. 741-5210. gcm4



**GARDEN CITY OPEN HOUSE**, Sat./Sun., March 13 & 14, 1-5 p.m. 2 BR Co-Op, center village, second floor, 223 Seventh St. (Apt. 11) \$116,000. 873-9469. gcm2

**GARDEN CITY, 138 WILLOW ST.**, Sunday, March 14, 1-4 p.m. Solid brick/A. Siding, Col., LR/fpl, 3BR, 1 1/2 B \$299K  
Garden City Vict., West Hempstead, 1-4 p.m., 257 Hamilton Avenue, 4BR, 2B home. Great buy. \$185K  
Wilson Realty, 746-1563. gcm2

**Real Estate For Rent**

**GARDEN CITY SOUTH** - New 1 BR. Apt. LR, EIK, quiet residential area, near all. \$595 includes all. 483-6382. wM4

**GARDEN CITY LOVELY** quiet furnished room. Private entrance, bath. Mature, non-smoker preferred. References 748-0018. gcm1

**Real Estate For Rent**

**GARDEN CITY BORDER** Luxury apartment building. 1 BR Apt. + Den. Large bright rooms, A/C, new Kitchen & Bath. No fee. \$850. 489-3010 days, 483-7449 eves & weekends. gcm2

**COMMERCIAL PROPERTY FOR RENT** - Hicksville/Bethpage located on Route 107. Half acre & office. Ideal for sales or rental business. \$1800/month. 938-5200. hM2

**MINEOLA - NEW APARTMENT** for rent, 1 1/2 BR, LR, EIK, full bath, 2nd floor, right near post office and train. Convenient location. Immediate occupancy. \$695/mo plus one month security. Gas & electric included. 747-7379. hM4

**BELLEROSE 1 BR Apt**, completely renovated, new bathroom, EIK, new appliances, hardwood oak floors. Near RR & stores. Move in cond. \$595. 292-0302. gcm1

**MINEOLA GARDEN PLAZA** Large 1BR, beautifully renovated. Ideal location. Walk to RR, shops, hospital. Court yard view. Must see to appreciate. Owner 741-8854. gcm1

**GARDEN CITY FURNISHED** room for rent, private entrance, non-smoker, share bath, appliances available. Near RR. \$475. 742-7708. gcm4 gcm4

**FRANKLIN SQUARE, 1 BR Apt.**, full bath, EIK, utility room w/washer/dryer, AC. Wall to wall, good closet space. Private entrance, parking. Walk to RR & stores, near park. Nice quiet neighborhood. No children, no pets. 775-1475. Rent \$750. gcm1

**NEW HYDE PARK - 3 1/2** bright, large rooms, 2 family house, private entrance, appliances, heat, hot water, full bath. Quiet, residential area. Walk to RR, buses, stores. Professional, non-smoker. References, lease. 488-4818. gcm1

**APARTMENT FOR RENT** Bellerose - 3 1/2 Rooms. Ideal for newlyweds. Private entrance, 1BR, EIK, LR, large full bath. Heat included. Immaculate move-in condition. \$625/month - Owner. (718) 343-3520. hmar2

**STOREFRONT FOR LEASE** - Mint condition. Available Spring 1993. Willis Avenue between Fordham & Harvard Sts. Perfect for retail store or professional office. 2100 sq. ft. No fee. Contact owner. 746-3141. wM4

**GREAT NECK - NEW FURNISHED** Studio Apt. Walk all, including LIRR. Private entrance, driveway. One business person. No pets. References, security. Immediate. \$650 includes utilities. 829-5258. wapl

**ROOM FOR RENT** in Garden City. Convenient to transportation and shopping. Kitchen privileges available, share bath. Mature, employed person preferred. 747-6589. gcm1

**Real Estate For Rent**

**GARDEN CITY FURNISHED** room, separate entrance, private bath, non-smoker. Mature business person, male preferred. References & security. 741-0535. gcm3

**ROSLYN HEIGHTS, GARDEN** Apartment, 1 BR, LR/DR, full bath, w/w, private entrance, walk to RR, mint condition. \$900 includes heat and parking spot. 746-1415. gM2

**FIRST STREET - 4 ROOM** apartment, private entrance, wall to wall, washer/dryer, thermostat. Mint condition. One person only. \$700 all. 481-2884. No pets. gA1

**GARDEN CITY SOUTH - 2BR** Apartment, LR, Kitchen, 1/2 Basement w/washer-dryer, driveway, share yard, separate entrance. No pets. \$925 plus utilities. Call Debbie, days 822-5200; evenings and weekends call Fred, 334-5461. hmar2

**FLORAL PARK APARTMENT** Beautiful new 1BR basement apt. Great location. Walk to everything. Wall to wall carpeting, EIK, plenty of windows. No panelling or stucco here. Walk in closets. \$585 includes all. 746-6860. gcm3

**FRANKLIN SQUARE - HOUSE** to share. Mature working woman, own Bedroom & bath. Share kitchen. \$475 month. One month security. 488-3287. gcm3

**MINEOLA-WILLISTON PARK** spacious furnished room for rent to responsible person, walk to RR and stores. Immediate occupancy. Call after 7 p.m. 742-4377. hMar3

**W. HEMPSTEAD - PRIME** PRESIDENT'S area, attractively furnished apartment. Bring outdoors inside! Newly renovated. 3 Rm, kitchen, 1 BR, LR with skylights, deck with sliding glass doors, overlooking tall pine trees. White wall to wall, AC, cable. Near Southern State Pkwy., 15 minutes JFK. Owner. \$895 includes all. 516-292-0582. W-M-3

**EXCELLENT STORES & OFFICES** for rent: Mineola - 1100 sq. ft., prime, only \$1,100 a month. 1600 sq. ft., busy location, plus parking, \$1,600 a month. Large professional apt., suitable for Doctor & others, only \$1,200 a month. Jericho Tpke offices from 650 sq. ft. to 2,000 sq. ft., \$600 a month, includes utilities. Also available Westbury, Hempstead and Gården City. Royal Int'l 742-3355. wm2

**GARDEN CITY, COMFORTABLE,** furnished room. Business man preferred. No-smoke, no drink. Interview & ref. plus sec. required. Call 742-2728. gcm3

**GARDEN CITY CONDO.** 1 BR, LR, DR, EIK, Bathroom. Walk to LIRR & shopping. \$1,200 plus gas & electric. Owner. Available March 1 (718) 347-0105. gcm2

**Real Estate For Rent**

**ROOMMATE TO SHARE** NEWLY renovated home in Garden City area with one female. Washer/dryer, back yard in lovely residential area. \$475 a month includes all. Available March 1. 538-3513. gcm2

**MINEOLA - ROOM FOR RENT** private entrance, share bath, nice location, near all. Available Feb. 27, 1993. 248-0596, leave message. W-M-2

**ROSLYN: STUDIO APT.,** Full bath, kitchen. One bedroom, private entrance, parking. Single person. No pets. \$500 plus utilities. Owner: 746-8023 W-M-3

**EAST WILLISTON AREA - Apt.** for rent: 2 to 3 BR's, quiet, convenient. \$1,100 - 378-3739. W-M-3

**FARMINGDALE, NEWLY WED** delight, business persons preferred. Very clean, 3 1/2 rooms, convenient location. Available April 1. \$690 Owner. 249-5794. gcm3

**ROOM FOR RENT - NEW** Hyde Park 5 1/2 Rooms plus Utilities. \$1100 per month. Principals only. No pets. 328-7059. hpr1

**GARDEN CITY LAW** office, private room & work station \$750 per month. 746-3340 gcm2

**HICKSVILLE/LEVITTOWN COZY** 1 BR apt. Kitchen/LR combination. Private bath, private entrance, own thermostat. Safe area. close to LIRR. Looking for mature person. Immed. occup. \$600 a month. No pets. 796-3560. gA1

**FRANKLIN SQUARE - 1BR,** 3 rooms, second floor apt., private entrance in legal 2 family, \$690 plus utilities. Monthly terms. Own thermostat. One block north of Hempstead Tpke. Single or couple preferred. No pets. 489-0515. gA1

**FRANKLIN SQUARE - GARDEN CITY** border, 3 Room Apt., new full bath, new kitchen, hardwood floors. No pets. Suitable couple or single. \$675 all. Available 4/1/93, by owner, 326-9676. gA1

**Vacation Rental**

**MARCO ISLAND** 2 br, 2 Bth., Condo on gulf beaches, tennis, pool. South Seas East Midrise, 271-6479. gA1

**HAMPTON BAYS, SUMMER** Rental, 5 BR, 2 Baths, LR w/fpl, EIK, family room, plenty of parking. Minutes from ocean. Available May 1 through Sept. 12. \$980. Utilities extra. Call 742-9032 or 248-2851 evenings. gcm3

**SOUTHOLD COUNTRY HOME.** 3 BRs, fully equipped, lrg. screened porch. Walk private beach, washer/dryer, cable, immaculate. By season or \$1,300 monthly, May, June, Sept. \$2,000 for July or August. 334-0196 gcm2

**Vacation Rental**

**JUPITER, FLORIDA - Garden** City resident offers 2 BR, 2 bath Townhouse at Jupiter Ocean & Racquet Club. Available April. 2 week minimum. 747-6179. gcm3

**SOUTHAMPTON, 4 BR's, 2 1/2** Baths, pool, walk to Village, near ocean beach. Families only. July/August. \$8000/month. 283-2434. gM4

**EAST MARION BAYFRONT** Paradise 100' sandy pvt. beach. Forever views. Charming country home. 5 BR's, 3 baths, EIK, FDR, LR/fpl, den, huge deck. Available May-Oct. Call 437-3333. gcm3

**SHAWNEE, PA. 7 BR** Inn for rent. Comfortably furnished & fully equipped. Scenic location. Just minutes from Shawnee Mt. Ski Slope. Weekend rentals or longer. Weekend \$700. 248-4963. gcm2

**MT. SNOW/HAYSTACK.** large fully equipped 4 BRs, plus loft, 2 1/2 baths with color TV, VCR, microwave, heated garage. Beautiful views, lots of privacy. Available by the week or weekend. Call 466-6120 gcm4

**MONTAUK WINTER-SPRING** Getaway special. 4 nights \$225 a couple. 2 rm suite, heat, full kit. Sleeps 4. Walks, dining, shopping. Hundred feet to beach. Also for sale. \$38,500. Immaculate. Call 724-5572. gApl

**CATSKILLS - 2 1/2 HOURS** from New York, 5 minutes from Hunter, Windham skiing. 3 BR, 1 1/2 Baths, full kitchen, great view, hot tub. Sleeps six. Family only. \$1200 w/security. 741-1098. gcm3

**Real Estate Wanted**

**MATURE BUSINESS** COUPLE & mother (long-time residents of G.C.) wish to rent home in Garden City or vicinity on or around May 1. Need 2 baths & 2 year lease. References available from present landlord, 437-3368 eves. No realtors, please. gcm2

**SUMMER RENTAL WANTED** - Garden City family looking to rent North Fork summer home. Waterfront or water-views a must. Looking to Rent any combination of monthly, from May 1 - Oct. 15. Will do partials. Great references. Have rented in North Fork for last 8 years. 746-6860. Call eves. gcm3

**FRANKLIN SQUARE FAMI-**LY interested in purchasing home in Garden City, in the \$200's range. Western section preferred. No realtors please. Call Angelo or Angela at 354-8007. W-M-3

**FAMILY OF FIVE** has sold home, seeks one in Garden City, western section up to high \$200's. Principals only. Eves 328-8556. gM4

**Real Estate Wanted**

**PROFESSIONAL COUPLE** SEEKS home in Garden City. \$295K - \$345K. Serious buyers, no home to sell. No Brokers. 326-7469. gcm3

**RESPONSIBLE BUSINESS** WOMAN, immaculate, needs first floor apt., with yard. 1 to 2 Bedrooms. 746-2029 wapl

**BRIGHT 4+ BEDROOMS** 2 1/2 baths. House w/backyard & basement in Great Neck or Lake Success wanted. Young family with no home to sell. To low \$500,000's. (718) 459-3137. hM4

**For Sale**

**MUST SEE! SOLID OAK** Roll Top Desk with matching swivel chair - \$1,200. Four piece ensemble: couch, 2 chairs with matching ottoman - \$800. Call day or night, 741-9719. Leave message. gal

**ITALIAN MARBLE TOPS &** Bases. 36", 42", 48" & 54" diameter. Liquidating entire inventory. Priced to sell. Pt. Washington/Roslyn North area. Seaview Industrial Park 625-1350. gcm2

**TWO SHEEPSKIN SPORTS** Seat Covers, \$100. Bell Motorcycle police helmet, \$40. Used C.B. \$25. 741-6413. wM2

**PIANO - CONSOLE - MAHOGANY,** Whitney Chicago, upholstered bench. Good condition. Asking \$500. Desk - French Provincial, White, Detachable 3 shelf hutch top with light, chair. Very good condition. \$200. 248-9186. gcm2

**5 PIECE BR SET W/KING** size bed & metal headboard. \$425. Beige couch and loveseat, \$450, lamp and sewing machine. Stereo with speakers, FM radio and tape deck \$40. 326-2218. gcm2

**BASSES! BASSES! BASSES!** KEN SMITH, handmade, Serial #143, \$900, Kramer, aluminum neck w/Peavy BW combo amp. \$425. Full Scale Acoustic W/bow. \$300 746-4938. gA1

**RECORDING STUDIO:** Perfect home studio for musicians, enthusiasts - everything you need to make professional sounding records. Open reel decks, mixer, effects, mikes, etc. Call for details. \$5500. 746-4938. gA1

**QUAD CANE** and walker \$50. 741-0441 evenings. gM4

**CHAMBERS GAS STOVE,** yellow, deep wall, complete with all utensils. Good condition. Best offer. Rex Rotary mimimograph complete with cabinet \$50. 747-6382. gM4

**UPRIGHT PIANO, FREEZER,** furniture, ping pong table, Commodore 64 computer & game, workbench, portable bar, other household & personal items, some antiques. Call for appointment. 741-0763 evenings. gM4

**For Sale**

**THOMASVILLE BR PIER** unit with light bridge & mirrors, cherry, one year old. Mint \$1,600. Leather sofa (Chesterfield, mahogany) with brass tacks and 2 matching wing chairs, 1 year old. Mint \$1,600. Must see 294-6537. gcm3

**BAHAMA CRUISE 5 DAYS/4** Nights. Underbooked! Must Sell \$295/Couple. Limited tickets. (407) 767-8100, Ext. 729. Mon.-Sat., 9 a.m.-9 p.m. hmar2

**ETHAN ALLEN GEORGIAN** Court Cherry Entertainment Unit. Ethan Allen Sleeper Sofa, 2 Upholstered Wing Chairs, 248-2398. gcm2

**HI-RISER/SOFA BED.** Excellent condition with navy print cover \$150. Call 739-0913. gcm2

**SOHMER PIANO, FRUIT-**WOOD. Excellent condition. Chair Early American blue floral print. Excellent condition. 481-1922. gcm3

**1929 BALDWIN GRAND** piano. Excellent condition. Asking \$5,000. 747-0248. gcm3

**QUEEN SOFA BED.** Top quality, innerspring mattress, peach, cream, brown. Cost \$1,900; slip cover, rust, peach, sage. Cost \$700. Both mint condition \$650. Antique barber chair c. 1900 \$650. 292-9219. gcm3

**ORIENTAL RUG, BEIGE** background with rose/tan/blue design. 9x12. \$750 or best offer. Pella double insulated sliding doors. 6 1/2'x3' perfect condition \$400 or best offer. Call 294-9594. gA1

**ANTIQUES VICTORIAN RE-**PRODUCTIONS. Mahogany LR group includes medallion backed sofa, gentleman's chair & 3 tables, white marble topped. 873-0530. gA1

**CONVERTIBLE SOFA &** MATCHING love seat. Excellent condition. Cost \$1,000 new. Asking \$285. 742-7495. gcm3

**MOVING - FIREPLACE** SCREEN, walnut drum table, 50 bottle walnut wine rack, Hoover vacuum, Simac pasta maker, men's designer suits & tuxedo, size 38, pants W/32, L/30 & sports jacket, size 38. 742-8281. gA1

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HAVE YOU A HIDDEN TALENT that has yet to be discovered in print?

We are looking for articles, not exceeding 3,000 words or less than 1,500 words, on local topics, opinions, ideas, nice places to visit on Long Island, and even fiction. In our magazine section, we will try to "Discover" one new feature length article and writer per week. Each writer will be reimbursed a stipend of \$25.00.

If you want to be published and be part of an issue of Discovery, you may submit your article to: Litmor Publications, 81 East Barclay Street, Hicksville, N.Y. 11801.

**Car For Sale**

**SOFA - BRAND NEW, NEVER USED.** Must sell. Make an offer. 248-7147. gcA1

**1984 PLYMOUTH RELIANT** (maroon), running condition, new parts, asking \$600 neg. Extra parts included. Must see. Mineola. 248-0596. wms3

**OLDS '79 CUTLASS SUPREME V6**, 61,000 miles, auto, 2 door, A/C, AM/FM. Looks good, runs like a top. Well maintained. Asking \$1,500. Call 437-3333. gcm3

**1987 LINCOLN MARK VII** white w/burgundy leather, 73,000 miles, new tires, brakes, exhaust, battery & more. Always garaged, loaded. Mint condition. \$7,950. 294-4135. gcm3

**COUNTRY DINETTE SET.** Rectangular table. Three ladder back chairs, bench w/back and 2 leaves. Excellent condition. Best reasonable offer. 822-4115. hA1

**1985 NISSAN PULSAR** sunroof, 75,000 miles, excellent condition \$2,800. Call after 7 p.m. 248-5222. gcm4

**1982 CHEVY MALIBU** wagon. Dependable, garaged, 92K. Asking \$1,400 248-1069. gcA1

**1988 HONDA ACCORD LXI**, 4 door, black/tan, 74K. Excellent car. \$6,700 Dave. 747-4232. gcA1

**1982 BUICK PARK AVE.** 8,000 miles, all options, electric sunroof. \$21,000. Garden City resident. Call before 9 p.m. 742-1063. gcA1

**1986 MITSUBISHI GALANT** 4 door, needs work. Best offer. 327-9147. Leave message. gcA1

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**LADIES, RELAX & ENJOY** your next party! Catering & experienced professional services for assisting with preparation, serving & cleaning up before, during and after your party. Bartenders available. Call Kate at 248-1545 or 746-8264. wfn

**HANDYMAN: QUALITY HOME** repairs. Plumbing, leaky faucets, toilets, tiles & grouting. Shelves, fences repaired, doors shaved, carpentry, sheetrock patching. Ceiling fans & window air conditioners installed. Call Joe, 746-7517. wal

**Services**

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**M. J. LANDSCAPING.** Lawn maintenance, bushes trimmed, fall clean ups. Experienced and reliable. call Marcus 747-7988 or Jader 741-8428. gcM2

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**BRIAN CLINTON MOVERS**  
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**PIANO LESSONS, BEGINNERS**, intermediate & advanced. All ages, 5 to adult. Learn how to read notes, theory and technique. Call Cindy or Peter. 437-6849 Ap5

**Wanted**  
**DOLLS WANTED**  
 I collect dolls and other doll memorabilia, new or old. What do you have for sale? Call me at 747-8496 gcAp3

**OLD GUNS, SWORDS, binoculars, old knives, hunting knives and pocket knives.** Call 825-0979 or 354-1943. gcAp4

**2 TENNIS PLAYERS, B level** wanted to join a winter game with 3 other players at Shelter Rock Tennis Club. Starting October 1993 - April 1994. Weekly game on Thursdays from 9 - 10:30. Please call 742-1047. gcAl

**Antiques Wanted**  
**COLONEL JOAN & BOB**, formerly of Colonel Joan's Place in Mineola, antique appraisers and graduate auctioneer. Thirty-six years combined experience gets you the most for your home contents. Call for free estimate. Also brokers for orientalia, paintings and fine art. 775-1795 wM2

**Business Opportunity**  
**SOUTHOLD MOTEL - SEASONAL** Established with repeat following. 15 Units, sound beach. Owners retiring. Call for details 734-7760. gcM2

**NORTH FORK HARDWARE** store. Established, active business. Owner will consider rent with option or hold paper. Call for details. Wine Country Realty 734-7760. gcM3

**Pets for Adoption**  
**FRIENDLY, YOUNG FEMALE** black Retriever mix needs home. Was found tied to a tree on Commercial Ave., Garden City, Monday. gcAl

**Lost and Found Pets**  
**VERY SMALL BLACK DOG.** (Cockapoo) Name - Sparky. REWARD. Last seen South on Rockaway Ave. 741-1995. wM2

**Fair**



**ANTIQUA SHOW SUNDAY**, March 15. Roalyn in George Washington Manor. 1305 Old Northern Blvd. 10 am-5 pm. Admission \$4. \$3.50 with ad. hM2

**VENDORS WANTED - HANDMADE** craft vendors for March 20 Fair at Cathedral House. Call G.C. Nursery 481-7765 or 746-6387. hM2

**ELMONT, N.Y. MODEL Train, Toy & Doll Show.** Miniatures and craft extravaganzas. baseball memorabilia. Sunday, March 28. Free parking. St. Vincent De Paul Auditorium. 2 floors fun and bargains. 1510 De Paul St., 20 a.m.-4 p.m. Buy, sell, trade. Breakfast, Lunch. Admission \$5. Senior Citizens \$3. Early admission (9 a.m.). \$6 per person. Children under 12 free with parents. 200 dealers. Info. call 352-2127 or 486-6658. gcM4

**VENDORS WANTED OUT-DOOR.** Crafts/Flea Market at Garden City Jewish Center on Nassau Blvd. May 2-16. Call Cheryl 481-4631. Leave message. gcM4

**FLEA MARKET, SATURDAY**, March 13, 10 am-3 pm. Our Savior Lutheran Church, Mineola, Jefferson & Willis Avenues. New and used bargains, plants, baked goods, novelties, bric-a-brac, housewares, jewelry. Refreshments available. hM1

**Garage/Tag Sale**  
**MOVING SALE - HOUSEHOLD** items, old costume jewelry, depression glass, 1921 short wave radio, wedding gowns. Saturday and Sunday, March 20 and 21. 10 a.m. to 5 p.m., 156 Broad St., Williston Park off of Willis Ave. wM3

**SAT., MARCH 20, Raindate** Mch 27, 9-4, 13 Chestnut St., Garden City. No toys. 40 years of weed out. Moving. No previews please. gcM3

**NOTICE**  
**HAVE YOU A HIDDEN TALENT** that has yet to be discovered in print?  
 We are looking for articles, not exceeding 3,000 words or less than 1,500 words, on local topics, opinions, ideas, nice places to visit on Long Island, and even fiction. In our magazine section, we will try to "Discover" one new feature length article and writer per week. Each writer will be reimbursed a stipend of \$25.00.  
 If you want to be published and be part of an issue of Discover, you may submit your article to: Litmor Publications, 81 East Barclay Street, Hicksville, N.Y. 11801.



By Carol Cutler

## Daring to dance

Couch potatoes are on their feet and they are dancing. In case you haven't noticed, dancing is back in a big way. And not just do-it-yourself rock 'n' roll gigs, but true dancing.

Ballroom dancing has taken New York by storm. Its famed Roseland Ballroom is more crowded than ever with couples who want to waltz, fox trot, tango and, yes, Charleston. As we all have observed over the years, when something gets hot in New York, it's not long before the rest of us follow suit.

Not many communities have a dancing facility as splendid as Roseland, but dancing doesn't always need it. Kids dance out on the street, we all secretly swirl in our living rooms to strains coming from the radio, and toes tap whenever a catchy tune fills the air.

Today, with so many options available, a dance evening is easy to arrange. And it makes a terrific party. If there is a handy dance hall in town, invite a crowd to come for a light supper before heading out to glide off the calories.

If you have quite a few entertaining obligations, take care of them all on this occasion. Invite guests to a favorite but simple restaurant for a casual meal. It can even be a Dutch treat. Then all return to your home to dance.

When you put your mind to it, you'll be surprised how easily almost any home or apartment can accommodate a dance party.

A downstairs recreation room is perfect. The next best-used space is the living room, but often it is easier to move dining room furniture than heavy sofas. If it's not too cold, consider the garage. All these spaces can easily handle any dance party, as long as swooping Viennese waitresses and the lambada are not on the program.

Since the hosts are not cooking, they can have the rugs rolled back and everything in place for kicking up heels. Some drinks will be needed, however.

Have chilled wine, a fruit punch and beer. A full bar is not necessary since this is after dinner.

Coffee would also be very welcome and, given the hour, make it decaffeinated. Today many, many excellent kinds of decaffeinated coffee are available. The best is to buy the beans and grind them just before brewing the coffee. Few people can detect the non-caffeine difference.

Now, for the music. Radio can sometimes play the solution. More and more stations, especially FM, specialize in a particular kind of music. Cassettes, of course, are an easy and portable answer. But music videos can also provide the rhythms. If carefully selected, this route offers the most exciting and infectious music system. But play the cassette in advance to check off its suitability.

There is still another kind of

dance party possible — one with an instructor. If you all would like to brush up or learn a particular dance, share the cost of having a professional dance teacher come in for an hour, which is all the time you need to learn the basic steps.

After that it's practice, practice, practice.

If the dancers will be twirling at your home, they might appreciate a sweet something to nibble on in between numbers. This festive-looking cake is very tasty, down to the last crumb.

### ALMOND CHERRY CAKE

8 ounces glacé cherries  
2 1/4 cups all-purpose flour  
1 teaspoon salt  
2 teaspoons baking powder  
3/4 cup butter  
6 tablespoons sugar  
1/2 cup oil  
4 ounces ground almonds  
1 teaspoon vanilla  
1 tablespoon kirsch or other fruit liqueur  
Powdered sugar  
Yields 10 servings.

Preheat oven to 350 F. Put cherries in small strainer and rinse under very warm water to remove sugary coating. Dry on paper towel, cut in half and put in small bowl.

Sift together flour, salt and baking powder. Take 2 tablespoons of sifted flour and add to cherries and toss together to coat cherry pieces very well. Set aside.

In deep mixing bowl, cream together butter and sugar, then gradually add oil. Add sifted flour, a little at a time, then ground almonds. Beat well until batter is quite smooth. Add vanilla and kirsch and mix again. Finally, fold cherries and their flour into batter.

Grease 9-inch cake pan, line with wax paper and grease paper. Spoon batter into cake pan and bake for 1 hour. Reduce heat to 325 F and bake for another 45 minutes or until cake springs back when pushed in center. With cherries, almonds and oil in batter, this cake requires long, slow baking.

When cake is finished, remove it from oven and allow to cool in pan for 30 minutes before removing it to cake dish. Sprinkle with powdered sugar.



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## The Man You Never Knew: George Washington

Continued From Page 6 A

was a man who would never ask them to do more than he did.

Those chapters in the war were difficult, especially when the colonies lost one of their best officers, General Benedict Arnold to treason. It was certainly a very serious addition to his burdens because he had heard that other officers were considering the same action, if not for Arnold's reason. They mistakenly believed that the friendship that sprang up between Washington and the French Marquis de La Fayette could endanger our freedoms, adding substance to the gossip that France wanted the colonies. (But this is not a report about intrigues, jealousies, war and death, rather it is the saga of one man, a man who had to share himself and his life with others and with his country.)

Washington finally managed to take a new lease on his own life after his last important campaign at Yorktown when Cornwallis surrendered in October of 1781.

The general finally headed back to Mount Vernon in 1783. By this time, the salting of George Washington had begun, elevating him to a position of being a cross between an elder statesman, war hero and almost mythical personage. He was revered like no one ever has been or ever will be.

He tried in vain to get back to his old life, but the nation just wouldn't allow it. No one wanted to share him with himself.

According to one biographer, when it was time to seek out a leader, the office of president was fashioned just to fit George Washington. No one ever believed for a moment that anyone else was qualified. It was almost a flashback to the days when the people sought out a military leader. They said the same things: "No one else can do it." "There isn't anyone with the knowledge or experience." "He's like a God, he can't do any wrong." And so it went on. The people had decided.

George Washington was elected unanimously, the First President of the United States, by the electors. When his term was over, he was once more elected, this time from 1792 to 1793. When they proposed he run again, he "positively" refused, however, they voted him in once again. But this time, although he did accept, he eventually retired from the presidency.

Once more, he sought out the peace and quiet of his beloved home, but this time he found Mount Vernon suffering from neglect. He worked hard to rebuild and refurbish his plantation and during this time got to know his slaves much better, saying that he wished from his "very soul" that Virginia could be persuaded to abolish slavery. His slaves, however, felt differently and when they were offered freedom, preferred to stay in the "employ" of the Washingtons.

George was getting older, but certainly not forgotten. Much mail continued to arrive at his home, and old and new friends constantly called at the mansion. It is said that once in a while, George took his old fishing pole and sought out the scenic sanctity of familiar places for some quiet angling as he used to do as a boy.

At the age of 87, he proved the falsity of the saying, "Old soldiers never die, they just fade away." He still wrote letters to governmental agencies, was interested in politics and he and Martha entertained guests often. George looked tired, but always had a warm smile and friendly word for visitors.

On December 13th, he fell ill. The next day he died. He was diagnosed as having a serious throat infection and cold aggravated by neglect.

It was recorded that some of the popular "remedies" of the day contributed to his demise. Doctors placed leeches all over his body to suck out the "bad blood" they believed caused his illness. They also had him gargling a combination of molasses, butter and vinegar, which almost suffocated him.

George Washington was never brought up as a pampered son of society. Built like a farmhand, he stood 6'3", weighed approximately 220 pounds, had extremely large hands and muscular arms.

The Father of Our Country was childless, however, many years ago, grammar school teachers in America helped their little pupils to know and admire him in song and story. The following is one of the songs they sang in morning assemblies.

First in war, first in peace, first in the hearts of his countrymen, That is the story of Washington, that is the glory of Washington. His spirit is here. His spirit is here.

He's standing, commanding, above. In word and deed, we will follow the lead of the Father of the land we love.

It was after such a group sing, that a little boy once asked his teacher, "If George Washington was so important, why isn't his picture on five hundred or even thousand dollar bills?"

"Because," the teacher patiently (but we do not know how accurately) answered, "The big number one appears all over the bill, and that's to signify that he as our first president."

I know that story is true. I was that little boy.

### About The Author

A resident of New Hyde Park for 35 years, Harry Schreiner writes for newspapers and magazines across the nation. His material has appeared often in this publication.

# Kids Home Newspaper



Games, rhymes, and riddles for children and their parents, too!

By J.R. Rose -

## DRAW IT!

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**LIST 5 WORDS THAT RHYME WITH ICE!**

1 \_\_\_\_\_

2 \_\_\_\_\_

3 \_\_\_\_\_

4 \_\_\_\_\_

5 \_\_\_\_\_

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3° 7° 9° 10° 15°

4° 8° 13° 18°

5° 0°

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**HOW MANY TIMES CAN YOU FIND THE WORD ICE?**

I	C	E	E	I
C	I	I	C	C
E	E	C	E	E
I	I	E	C	I

**WRITE US!**

IF YOU HAVE ANY FUN GAMES OR JOKES SEND THEM TO : PUP

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**WHY DID JACK FROST GO TO THE DOCTOR?**

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READ THE TOP LINE PLEASE.

E
B Q O P
R X T V U

PUP THANKS KATY JONES OF LOS ANGELES, CA.

# ANTIQUUE OR JUNQUE

By James G. McCollam



## Maple rocker is a worthy heirloom

**Q.** This maple rocker with caned seat belonged to my great-grandfather. It is in excellent condition. I would appreciate your comments as to value and vintage.



**A.** This Victorian rocker with Grecian arms was made about 1865 to 1875. It would probably sell for \$370 to \$390 in good condition.

**Q.** The enclosed mark is on the bottom of an 11-inch cake platter. It is decorated with hand-painted grapes, oranges and pears, with a pineapple in the center.

Can you tell me anything about my gem?



**A.** Your cake plate was made by Donath & Co. in Tiefenfurth, Germany, during the early 1900s. It would probably sell for about \$65 to \$75.

**Q.** I have an old coffee grinder, the size and type used in grocery stores. It is marked "John C. Dell & Son No. 9."

Can you estimate its age and current value?

**A.** Your coffee grinder was made almost 100 years ago. It would probably sell for \$500 to \$600 in good condition.

**Q.** I have an old General Electric Co. television set with a 5-inch screen. It only has five channels, but it still works. It was purchased by my father before World War II. Does it have any value as a collectible?

**A.** Television sets made between 1938 and 1941 are selling for \$3,000 to \$5,000 in good condition.

Sets made between 1946 and 1948 with channels 1 to 13 bring \$1,000 to \$3,000. From 1949 to the present, television sets have channels 2 to 13.

The prices range from virtually nothing to about \$500 for the earliest models in very good condition.

**Q.** I have a porcelain figure of a gypsy woman seated on a wicker stand at a small table with a green-and-black cover, crystal ball and deck of cards on the table. She is 6 1/2 inches high and wears a red dress with a green shawl. On the bottom is "Royal Doulton" and "HN-2159."

Can you provide any information about this heirloom?

**A.** Your Royal Doulton "Fortune Teller" was produced between 1955 and 1967. It would probably sell for \$600 to \$700.

### BOOK REVIEW

Collectors' Information Bureau's "Collectibles Market Guide & Price Index" is updated for 1993 with 25 new feature articles and expanded color photography.

This book covers all of the contemporary collectibles, from dolls to limited-edition plates. All are priced as well as pictured and described. It has an updated price index and lists more than 27,000 secondary markets where you can either buy or sell.

It is distributed by Wallace-Homestead, an imprint of the Chilton Book Co.



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# Points on Pets

By R.G. Elmore, D.V.M.

**Q.** We think that our registered Maltese was bred by a mongrel a couple of days ago. We are very anxious to know if she is pregnant. How soon can our veterinarian diagnose pregnancy in dogs?

**A.** Most veterinarians use abdominal palpation to diagnose pregnancy in dogs. This simply means that the veterinarian feels for the puppies through the abdominal wall from the outside of the dog.

The optimal time for diagnosis by this means is from the 24th to the 32nd day following breeding. The developing embryos are spherical in shape and are easy to distinguish from other abdominal structures at this time.

The temperament and size of the dog and the number of fetuses dictate how easy pregnancy diagnosis by abdominal palpation is in any given dog. A nervous dog often has a tense abdomen, making palpation very difficult. It is often very difficult to palpate the developing embryos in very large dogs. A small litter, for example one or two puppies, is often carried far

forward, underneath the rib cage.

Abdominal enlargement due to pregnancy is not very apparent until approximately the fifth week of pregnancy in most dogs. Large bitches with small litters often do not show any abdominal enlargement. Enlargement of the mammary glands is variable and cannot be relied upon as a means of diagnosis.

Diagnosis of pregnancy in dogs can be made by evaluating an abdominal X-ray after day 50 of pregnancy. The fetal skeletons are ossified by this time.

Many veterinarians are now using ultrasound as a means to diagnose pregnancy. The developing embryos can be seen as early as 16 to 20 days in some dogs. Your veterinarian can tell you when he or she is capable of diagnosing pregnancy in your dog.

## JUNIOR EDITION



### RULES BOYS AND GIRLS

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Mail your entry (just clip our cartoon) to this newspaper at:  
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## Aunt Tilly's Corner

St. Patrick is the patron saint of Ireland. Although he was born in Great Britain he became bishop in Ireland. History has it that he helped make the shamrock a symbol of Ireland. He supposedly used it to explain to the king the idea of the Holy Trinity.

Legend has it that St. Patrick drove all the snakes out of Ireland into the sea. On March 17 St. Patrick died and the Irish people always wear green on that day to remember him.

Do you wear green on St. Patrick's Day? You don't have to be Irish.

Your friend,  
Aunt Tilly

## YOUR SOCIAL SECURITY

### Documenting Social Security payments

By William M. Acosta

**Q.** Is there a document I can use if I ever need proof of what I receive from Social Security? — C.M.

**A.** Yes. Each year, you receive a "Social Security Benefit Statement" (Form 1099). The form tells you how much you received from Social Security during the past year.

You may need this form for your taxes or to use as proof of income.

**Q.** I often hear the term "Medicare assignment." What does it mean? — V.S.

**A.** Medicare assignment is the process through which a doctor or supplier agrees to accept Medicare's payment as payment in full for specific services or health-care items.

The amount does not include co-insurance and deductible amounts that patients are required to pay.

**Q.** My mother, a widow, died in late January. Social Security tells me that I must return her January benefit check even though she was alive through most of the month. Why is this? — F.L.

**A.** Social Security benefits are not prorated. To be entitled to a

Social Security benefit check for a given month, the person must be alive the entire month. No benefit is payable for the month of death.

On the other hand, when people start receiving Social Security, they get a benefit for the first month they're eligible, even if they don't meet all the eligibility factors until late in the month.

**Q.** My son, blinded by an accident, is receiving Supplemental Security Income benefits. He wants to learn Braille in the hope of finding full-time employment.

Will his benefits stop immediately if he takes a job when he completes his Braille studies? — P.A.

**A.** No. The SSI program provides incentives to help blind or disabled people who want to work. These incentives enable blind and disabled people to return to work or to increase their level of work activity without immediate loss of disability benefits.

Your son should contact his local Social Security office, or call Social Security's toll-free number, (800) 772-1213, business days between 7 a.m. and 7 p.m., for more information.

## The World's Most Beautiful Grandchildren



A picture of my grandson Zachary 4½ years old, and his new sister Noelle Kristine born November 23.

The proud grandparents Mr. and Mrs. Michael Contino and the most happy parents are Mr. and Mrs. Michael Perugini of Syosset.

Anna Contino

# HOME INTERIORS



Special Edition Appearing in  
Williston Times/Mineola Edition, New Hyde Park Herald Courier, Mid Island Times,  
Bethpage Newsgram, Syosset Advance, Jericho News Journal, Garden City News &  
The Great Neck News

Friday, March 12, 1993

WARM-WEATHER DECOR

By Tershis d'Elgin

The days lengthen. At the first opportunity, we throw open the windows to breathe something besides forced-air heat. Eureka! Spring is bursting out all over.

Want to bring the outdoors inside in some way other than on your shoes? Start with spring cleaning. Reveal fresh surfaces and chase winter cobwebs out of corners. Scrub winter must out of the season with lemon or herb-scented ammonia.

Get rid of the indoor-outdoor boundary. Open the windows and doors. Let branches drift into rooms. Position whirligigs near a breezeway.

Casually arrange items you associate with the outside under your roof — kites, straw hats, parasols, fishing poles, tennis rackets, decoys, birds' nests, walking sticks, weather vanes.

In configuring your belongings consider *feng shui*. A Taoist philosophy imparted from the Chinese, this is the sacred art of placement or interior arrangement.

Translated literally, *feng shui* means "wind and water" and encourages resonance between the Earth's energy and the body's. *Feng shui*-conscious arrangements give the eye a chance to rest. For example, a dish with a nosegay soothe a stark bathroom. Wind chimes counter an uninterrupted bank of windows.

Put away those cozy throws. Toss crisp, light slipcovers over those nubby dark fabrics that were so comforting in winter. Made of stripes, florals, cotton duck and poly-cotton damask, slipcovers are easily laundered.

Dismantle heavy drapery, leaving cornices or valances in place. Swap light mesh muslin, linen or lace over rods. Fabric or straw window shades are also more summery. If window coverings won't move with the breeze, remove them.

Ruffled chintz pillows and dust ruffles make furniture look like flower beds. It's not an aesthetic everyone can support, but it looks comely and springy in a cottage-style home.

Bring out the cotton tablecloths, the starchier the better.

Roll up dark, rich carpets and store them until autumn. Try sisal or handpainted linoleum "rugs." Hooked area rugs are made from fabric scraps, old neckties or, the latest recycling material, plastic bags. Angling a carpet bares more floor space and adds openness.

You might want to stencil patterns onto bare wooden floors that can be covered with rugs when cooler weather kicks in again. If rooms need a permanent lightening up, try bleaching or "washing" the hardwood with a light stain.

Dispense with the clutter that was so comforting in colder months. Clean lines and minimal accessorizing shift the focus to outdoor panoramas. Furniture made of wrought iron, birch, rattan, Adirondack and wicker lends an indoor-outdoor feel.

Without overdoing it, juxtapose your summery collectibles on furniture, in windowsills and near doorways. Folk art animals, botanical prints, gardening accessories such as homey watering cans,

and seashells are a few ideas.

Bright vases made of glass, ceramic and frosted glass celebrate the season. Antique bird cages filled with finches bring warm-weather noise indoors.

"Put spring in your home with planting," counsels Los Angeles designer Cheryl Brantner. "Start seedlings early and indoors. Marigolds, coreopsis, Johnny-jump-ups, calendula."

Fill containers with an abundance of flowering branches — dogwood, forsythia, quince and cherry. Bunches of pussy willows can linger until they sprout. Prod trays of jonquil and tulip bulbs into blossoms. Mossy pots tucked with miniature roses, lilies or flowering orchids bring earthy aroma to tables and next to chairs. A terra-cotta trough filled with sedge makes a small sill lawn.

Settle your herb garden onto sills. The fragrance will fill the room. Nestle pots in shallow wooden produce crates. Let lilacs and peonies nod over tables.

Leave bowls of strawberries and young apricots or baskets of tubers around here and there. Wherever possible, encourage the garden's creeping greenery to freshen indoors.

Two decorating books that offer spring/summer inspiration are "A Roomful of Flowers" by Paul Bott (Abrams) and "Outside Inside" by Barbara Aria (Thames and Hudson).

Spruce up your home at winter's end

Gensel's Gallery

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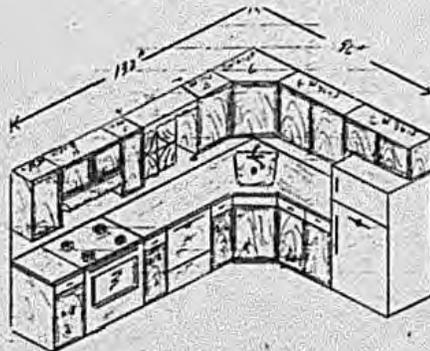
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Cooling tips

By Sharon Williams

The temperature's rising, and your tolerance level is falling. To beat the heat, consider the following.

- Install a fan. From ceiling fans that provide both a breeze and light, to miniature fans that can be clipped to a desk or counter, fans cool and comfort in a variety of shapes and sizes.

- Invest in an air conditioner. Sky-high temperatures may have convinced you that now's the time to invest in a total system. Or perhaps a swamp cooler or portable air conditioner that will lower the thermometer in specific areas will do the trick.

- Block the sun. Put your existing window treatments to work, or invest in new ones that will shield your rooms from the sun's rays during the hottest times of the day. Shades, blinds and drapes that open and shut are effective barriers that please the eye.

- Cool through landscaping. A strategically placed tree here and a land berm there can help bring the temperature down Mother Nature's way. Consult a landscaping professional on ways to change your landscaping for ultimate cool.

Save Energy

To save energy during warm-weather months, use fans instead of air conditioners to cool the house, plant trees on the south and west sides of the house to provide shade, and block sunlight with closed drapes and blinds. (CNS)

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# Kitchens and baths make a splash



**FUNCTIONAL FADS** — Even kitchens with every modern convenience can have plenty of old-fashioned warmth. Here, an old ice box serves as storage space.

The splashy attractions of the '90s home are the most public and private of rooms — the kitchen and the bathroom.

Today's kitchen is not merely a place to cook, chat and chow down, it also has become the principal gathering area for everything from family discussions to cocktail parties. And the bath has become the last truly private refuge, a hideaway where a person can float, dream and unwind.

While the function of these rooms has been modified over time, the design of many has not. Therefore, kitchen and bath remodeling are two increasingly common home improvement projects — and two that provide the best return on investment dollar when it comes time to sell the home.

With kitchen and bath renovation home priorities of the '90s, there is a burgeoning industry of design innovation for these rooms encompassing everything from appliances, components and cabinets to fixtures.

A design element common to both rooms is an openness to the outside, either through the use of skylights or windows. While no privacy is necessary for a kitchen's large windows, a bath's windows generally overlook a secluded garden or private hillside vista.

When remodeling and updating, white is the color for fixtures. While warm and vivid colors are the rage today, people have a tendency to get tired of color. It's more economical to change wallpaper, paint, towels and shower curtains than tubs, refrigerators and countertops.

And now, some specifics on creating today's best baths and choice kitchens:

## BEST BATHS

The master bathroom is joining forces with the master bedroom and closet to become a dressing-rooming-exercise-relaxation suite.

Today's master bath suites have separate showers and oversize tubs, his-and-her vanities, whirlpools and steam rooms, dressing rooms and dual walk-in closets. Some even have exercise areas, reading nooks and fireplaces.

Whirlpools are becoming a mainstay of even middle-class master baths, providing psychological and physical therapy after a hard day's work.

They come in various shapes, sizes and colors, and can be recessed into the floor or built on platforms with decorative tile or furniture-quality aprons.

Side by side or replacing whirlpool tubs in an increasing number of baths are so-called power showers.

For the busiest people, shower time is the only time they can allow for privacy and relaxation. That has triggered a demand for power showers with a variety of functional and luxury options — accessories include everything from multiple shower heads to therapeutic massaging jets of water and steam options.

In this age of the environment, it's important also to consider water-saving and low-water consumption products for the bath, especially if you live in an area where there are water-usage restrictions.

## CHOICE KITCHENS

Sleek, sterile kitchens have shed their antiseptic image to become warmer, more welcoming places, with a style that combines charm and convenience. The best kitchens offer an invitation to sit down and relax, plan the day or help kids with homework.

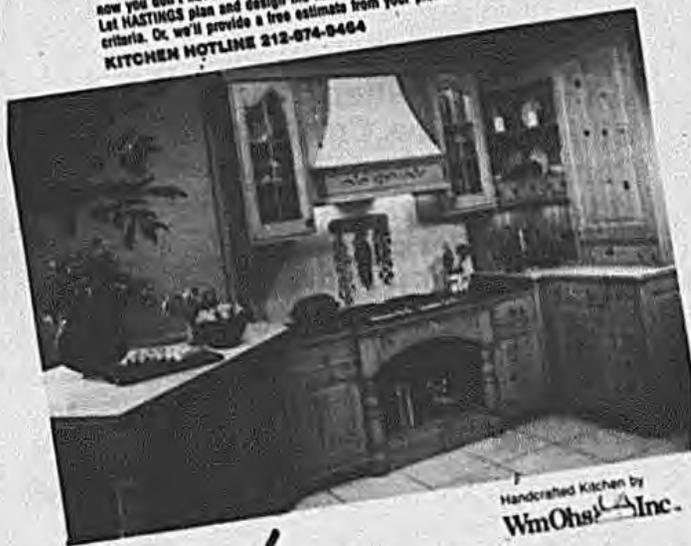
As such, they need to incorporate non-food related areas — such as bay-window daybeds, built-in desks, perhaps a couple of wing chairs in front of a fireplace

— as well as efficient work areas. Built-in storage is a big plus for the best kitchens, everything from wine racks and shelves to display collections to desks and entertainment areas that house TV and stereo equipment.

With the trend toward several family chefs joining together to prepare meals, an increasing number of kitchens also have two food-prep areas with separate sinks and drainage — islands are becoming a mainstay for most folks.

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## Refinishing furniture

By Sharon Williams

You love wood. And you'd never let age get in the way of a relationship with a beautiful, if not youthful, piece of furniture.

Your state of mind fits right in with the times. Furniture recycling and refinishing are among the hottest decorating trends going today because they're smart both economically and environmentally.

Both also offer loads of opportunities in the way of creativity since there are dozens of ways to refurbish and refinish a wooden piece.

Your romance probably will begin at a junk yard or at a flea market, garage sale, antique store, thrift store, estate sale, auction, junk shop or swap meet. You might even uncover something worthwhile in your neighbor's trash heap.

Once you find it, it's up to you to evaluate just how you'll revamp your new-found treasure. Options include:

- **Refinishing:** Revive a distressed or worn piece of furniture by restoring its original finish or creating a brand-new one through refinishing.

Do-it-yourselfers can find a wide array of strippers, stains and sealants — some that are environmentally friendly, and myriad books and magazine articles on the subject.

If you'd rather take a hands-off

approach, have a professional strip your piece, or let him or her take the entire job start to finish.

- **Paint:** Many of the most fashionable home furnishings are those with painted-on finishes.

A brush, sponge and techniques picked up through craft workshops or instruction booklets can help you create faux effects such as marbling, antiquing or tortoise shell, a stenciled design or a whimsical trompe l'oeil presentation.

With contrasting colors, you turn an ordinary piece into art furniture simply by highlighting interesting features with color, or by applying bold patterns and motifs.

- **Upholstery:** A few yards of cloth can revive a weathered sofa or chair and bring it into your present decorating scheme.

Turn the job over to an upholstery professional or learn do-it-yourself techniques through community education classes and how-to instructions in decorating magazines.

Those handy with the sewing machine can whip up slipcovers that update a worn piece while neatly disguising sins of the past.

### Outdoor Furniture

Rejuvenate aluminum outdoor furniture by polishing it with a coat of car wax. (CNS)

## Home Show Has \$20,000 Sweepstakes

Hopes for an early spring renewal of Long Island consumers' plans for building or sprucing up their homes after a long winter should be jump-started on Thursday, March 11, at the Nassau Coliseum with the opening of the Home Improvement & Energy Expo, a four day event running through Sunday, filling the entire exhibition hall with more than 250 exhibits, demonstrations and seminars geared to appeal to the large audience that attends this bi-annual event.

Exhibitors will present their best and newest 1993 products and services for consumers, hoping to again make the show an exciting one-stop shopping experience for everything

homeowners are seeking for basements to attics and front yards to back patios.

A major addition to the Expo's appeal this year will be the Home Improvement Sweepstakes, with prizes valued at more than \$20,000, donated by participating exhibitors. Drawings will be held every hour during the show at each participating exhibitor's display booth. Some of the prizes include patio and storm doors, irrigation systems, kitchen and bath remodeling services, power tools, alarm systems, pool services, a \$500 U.S. Savings Bond, and many more. Early participants on Thursday and Friday would be eligible for a greater number of drawings and more chances to win.

PAGE 5B Friday, March 12, 1993

## HOMEFACTS

### Compare costs when making a move

Get estimates then compare costs when considering a long-distance move. Hiring a professional mover may make more sense than trying to make the move yourself.

Comparison of costs to relocate a three- to four-room apartment from New York to Florida (approx. 1,200 miles):

Average cost for do-it-yourself move (includes rental of 22-ft. van and pads, plus expense for gasoline and insurance, labor or cartons not included)

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## WONDERFUL WINDOWS

### Trends in letting the light in (or out)

By Debra Lee Baldwin

Windows used to be invisible. They framed views and allowed light and air to enter, but were themselves of little interest.

Today, with no sacrifice of function, windows are making design statements. Window "treatments" (not just coverings) are as important to your home's interior as the chairs you choose.

Used in groupings, windows become important architectural accents.

Builders and architects save clients money by routinely combining manufacturers' standard windows in configurations that look custom.

And large windows needn't be holes in a home's insulation. Glass now comes with protective coatings or is double-paned and insulated with gas.

#### DRAPES, SHADES, SHUTTERS

It's old-fashioned but very "designer" now: windows treated with billowing, puffy, trailing and just plain romantic fabrics.

For example: Soft white panels, perhaps twisted over the top of a window in an abstract valence, cascade to the floor and trail out a foot or so.

You easily can do this yourself. Look for the perfect fabric at a yardage supply store; hem the edges to prevent fraying, then drape over and around a curtain rod.

If you have old-fashioned pull-down shades, the kind that roll up (and snap, if you're not careful!), don't be in a hurry to toss 'em. If you or a friend have artistic inclinations, use the shades as canvas to create a trompe l'oeil "view," just for fun, with brush and paint.

On the other hand, new pleated shades are wonderfully efficient. They roll up smoothly into a half-inch space at the top window sash and come in sunblocking, transparent fabrics. You'll find pleated shades in drapery and shutter stores and at larger hardware dealers.

Other glare-reducing view-savers include polarized miniblinds made of the same durable, tinted clear plastic used for sunglasses.

Simple window treatments — or none at all — are best if the outdoors is an asset. Stylish and versatile, 3- to 4-inch shutters can be adjusted to let in or totally shut out light and view.

To lend the illusion of taller, larger windows, extend shutters past the top of the window to the ceiling — and then keep the viewless shutters closed.

Shutters can be left simple or softened with valences, drapery panels and/or shades.

If your view is uninspiring, you might replace your existing windows with etched or stained glass — or have them covered with stained-glass overlay.

Are security and privacy priorities? Exterior rolling shutters, used extensively throughout Europe, can be adapted to any size window. They roll down — electri-

cally or manually — from a housing that hides them when not in use. The inside of your windows is left uncluttered, which is especially nice in a small room.

#### DESIGN WITH LIGHT

Your model homes and you'll wonder where the walls went. Framed glass is everywhere: rounds and half-circles, stately Palladians. French doors, sharp-angled geometrics.

Often what seems to be one large window with numerous panes and an intriguing shape is a clever mix of smaller windows.

A window mix works best when walls are wide and ceilings soaring. For example, you might start with a standard French door, flank it with casement windows in the same shape and size; then top the door and casements with arched windows.

If the wall is huge and connects with a deck or patio, multiply that same door-window combination until you have a wall of windows and French doors that provide light, ventilation, outdoor access and a pleasing design.

It's like playing with one-dimensional glass building blocks. The creative possibilities are endless.

Andersen Windows publishes a guide that illustrates hundreds of window configurations; other innovative, high-end manufacturers include Marvin, Milgard, Peachtree, Pella, Pozzi and Windowmaster.

Milgard, incidentally, offers a quick, efficient and cost-effective way of replacing existing windows without chipping or gouging stucco walls.

#### MAGIC WITH MUNTINS

Call it Cape Cod: small panes of glass within larger windows.

The architectural term is "muntins," but manufacturers refer to them as "grills" or "grids." The look they create is "divided light."

Windows with grids range in style from traditional to contemporary; they're so popular, says one distributor, they're often what sells the product.

Muntins can be simulated — which reduces costs and maintenance. Grills snap in and out to make cleaning easier, and one large piece of (double-paned, argon-filled) glass can be more energy-efficient than a grid of panes held in place with metal or wood.

To muntin or not? Consider what best suits your home's ambience and architecture: grids add a cozy look, but they'll also partially obstruct a view.

By the way, muntins needn't be uniform. You can order them in intriguing designs — perhaps a grouping of small squares in one corner or rectangles within squares. Think Mondrian.

As for style trends in window configurations, Susan Marvin of Marvin Windows says that vertical and horizontal alignments of rectangular and square windows seem to be gaining on arches, circles and Palladians.

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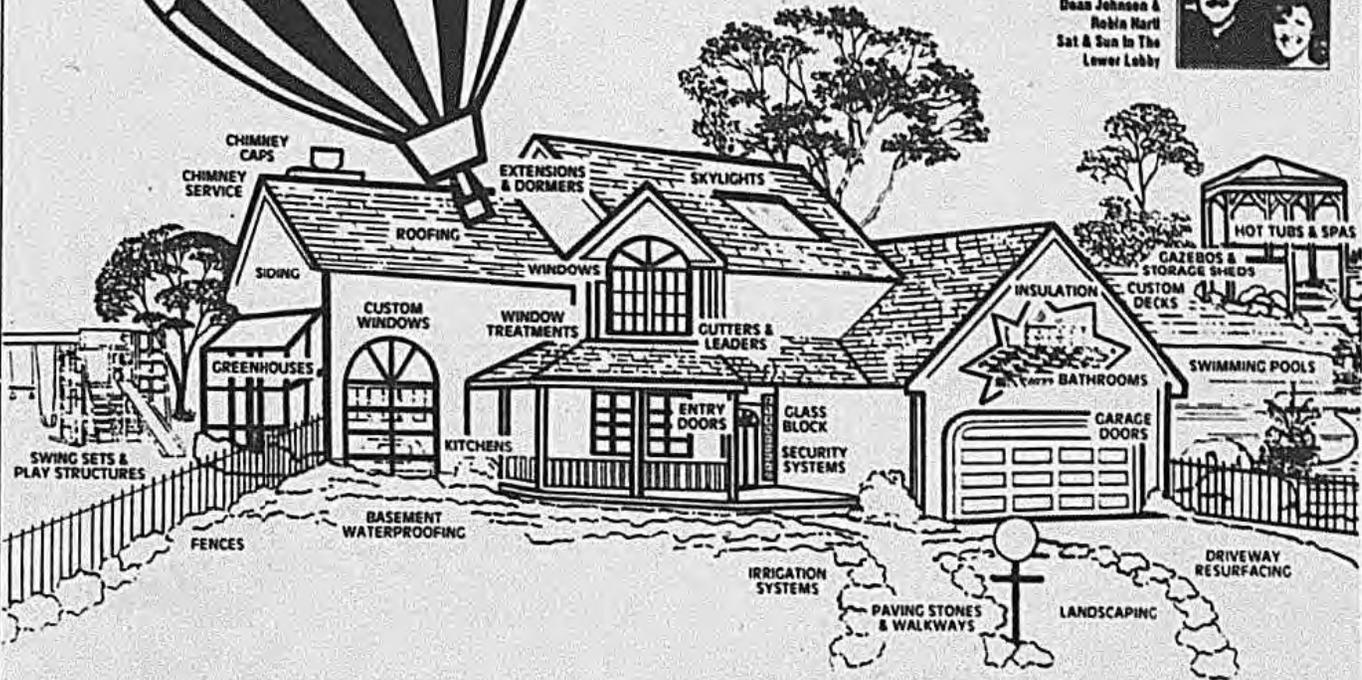
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COMFORTABLE STYLE

Vivid colors warm up furniture



COMFORTABLE STYLE — Current trends favor comfortable furniture with generous proportions. Shown here: "Urban Primitive" by Stanlev Furniture.

By Sharon Achatz

It's often said that a person's home is his castle. More accurate, however, would be the statement that a person's home is his cocoon. Most folks crave warmth, comfort and relaxation in their homes.

not the cold, stark ceremony of a stony castle. While some furnishing trends of the past have tended more toward impractical castle chic, today's strongest trends combine style with comfort — chairs

you sit in, not on; overstuffed sofas; richly textured upholstery that is both durable and stain-resistant.

Aside from furniture, another design trend certain to add warmth to any decor is the liberal use of color.

Cold and stark white-on-white walls and ceilings have been painted over with the new neutral — green — or any of an entire spectrum of warm pastel and vivid shades.

On fabrics or furniture, walls or floors, color makes a room come alive. It also is the greatest unifier in any room scheme.

To select a color scheme, peruse decorating magazines and furniture showrooms and note which arrangements appeal to you. The colors that predominate in those setups are sure to be among your favorites. Or let an upholstery fabric or heirloom quilt spark a room's plan. Take one or more of the paler tints and use them for areas like walls and floors. Pick up a brighter tone from the pattern for large upholstery pieces and window treatments. Save the strongest hues for accents such as pillows and lamps.

Just as you can determine your color preferences by searching through magazines and furniture showrooms, so too can you learn of the styles of furniture you find appealing.

Tour furniture stores and galleries, specialty-design shops and antique stores. Talk with salespeople and browse the displays. You'll get ideas on style and how a room scheme goes together.

When it actually comes time to purchase furnishings, aim for a continuity of style. Although styles need not be the same in a room or house, generally one or two dominate simply because a person's preferences lean toward that design. In any case, only two or three designs per room generally is best.

While comfortable style really knows no boundaries — casual-comfort furniture encompasses elements of nearly all designs — some of the most popular furniture trends are:

- Quaint, cushy romance reminiscent of European country homes — consider, as an example, the English manor charm of a floral print wing chair.

- Contemporary pieces redone with softer lines and nurturing cushions.

- American West collections that incorporate the broken-in leather look and desert earth tones as well as the seaside hues and nautical themes of the Pacific Northwest.

- Styles that reference back to the plush, rounded '30s and '40s looks of comfortable art deco or those influenced by the function-first straightforward appeal of Mission and Prairie furnishings.

- Tactile materials have become more important as well. People want furniture that makes you want to touch it, whether it be soft and sensuous suede or rough and rugged twig, wicker and rattan — topped with oversize cushions, of course, and paired with ot-

tomans to prop up your feet.

With today's complex lifestyles and limited home space, another important trend — regardless of design style — is for furnishings to be versatile. As more rooms in the house pull double-duty, so too do the furnishings in them.

The addition of a sofa bed and decorative screen to a great room used primarily as an entertainment center or home office also allows it to be a guest bedroom. A drop-leaf table used as a work surface or game table in a family room or den can double as a formal dining table when the need arises.

Sofas scaled to fit the end of a bed or luxurious chaise longues make the bedroom a sitting room as well, and artful armchairs can hide away a work space or entertainment center.

When starting to shop for new furniture, plan to buy the best furnishings you can afford. Consumers of the '90s have replaced a disposable philosophy with the mindset of wanting pieces that will endure both structurally and aesthetically — wanting to feel that there is inherent value in the products they buy.

Also, take along a floor plan showing windows, doorways and any special architectural features — as well as the width of doors and hallways so you can be certain the furniture will fit in the home.

Also take along paint chips, swatches of fabrics and carpet samples with which your new purchases must coordinate.

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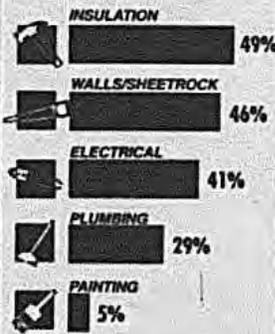
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HOMEFACTS

Popular D-I-Y Remodeling Projects



Source: Owens Corning Fiberglas

Paint Pointer

Prepare a surface for paint by making sure it's solid, clean and dry. Sand dirty or weathered bare wood, and scrape off loose or peeling paint. (CNS)

Stimulating Environments

Why do institutional hospital settings make you want to sleep? A George Washington University study shows that the dull decor of a hospital makes you rest and recuperate. People inevitably perk up when they return home because the environment is so stimulating. (CNS)

# Tools box tips

By Debra Lee Baldwin

Similar to a well-stocked medicine cabinet, a basic tool kit is must-have for every home. You'll be glad you have it when those inevitable repair projects come along. Your basic tool kit should contain:

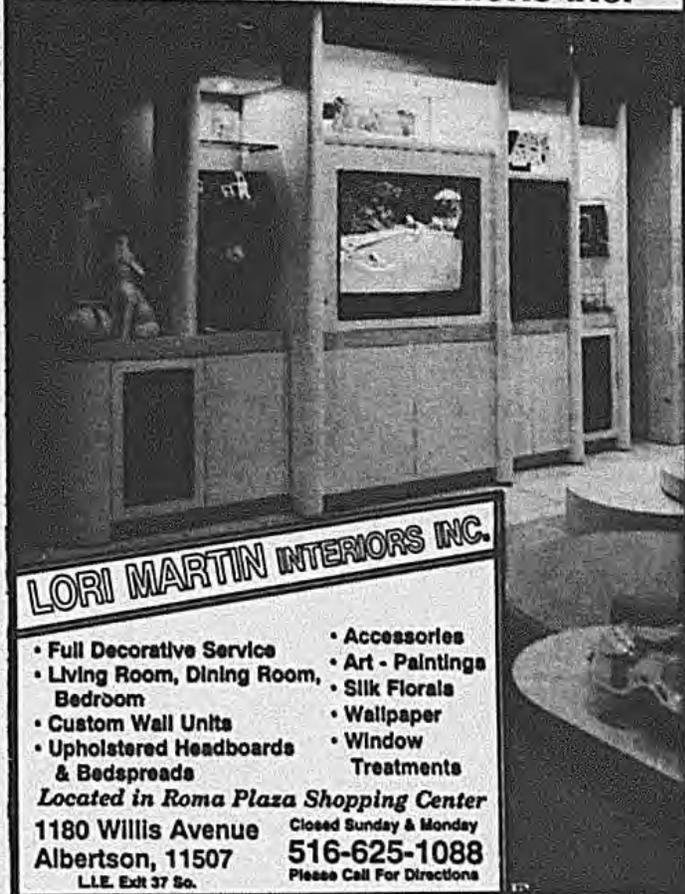
- Hammer, fiberglass or wooden handle, weighing 16 ounces.
- Screwdrivers, several sizes of Phillips head and flat head.
- Slip-joint pliers (10-inch).
- Curved-jaw locking pliers. Commonly known as Vice-Grips, these work like a clamp or small vise.
- Needle-nose pliers with a built-in wire cutter.
- Adjustable wrench, also known as a Crescent wrench.
- Crosscut saw. The basic hand-saw.
- Retractable steel measuring tape.
- Utility knife with a retractable blade.
- Putty knife.
- File for sharpening blades and tools.
- Power drill with a starter collection of bits.
- Plastic goggles for eye protection.
- Plumber's friend or plunger.

- Carpenter's level (18-inch). If you'd like to stock your garage or workshop with tools that go beyond the basics, consider:
  - Pipe wrench (8-inch and 10-inch sizes).
  - Combination square, for building projects.
  - Set of wood chisels, for making cuts in wood and chipping.
  - Cold chisel, for removing bolts and rivets.
  - Small hacksaw, for cutting metal or plastic.
  - Set of hex key wrenches, also known as Allen wrench.
  - Pocket plane, for shaving wood from boards.
  - Sandpaper holder.
  - Staple gun, heavy-duty version.

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ROMPER ROOMS

By Alison Ashton

Expectant parents might envision the ideal nursery as a fantasy place, complete with an antique cradle, lace curtains and Amish quilts.

But whose design needs does a room like that serve? As Mary Gilliatt points out in "Designing Rooms for Children" (Little, Brown), that kind of nursery might be a parent's dream, but it won't do much for the child.

Instead, the ideal nursery is a functional room, a stimulating place where children can sleep, play, sit, read, draw and store all their stuff. Even a room for a newborn can be designed to grow with the tyke.

Gilliatt is a staunch advocate of function rather than making trendy design statements, and she insists that the same basic room that serves a baby can be adapted to suit a teen-ager. Smart new parents look ahead, instead of blowing decorating dollars on a fancy crib, they invest in a sturdy wardrobe and drawers (not baby-size ones, either).

Take, for example, a nursery that includes a sleeping cot, wardrobe with cupboards, bookshelves, a counter with two sets of drawers and a trolley for baby things. For a toddler, the cot is replaced by a bed with a safety rail, and the trolley now holds toys.

Once the child is in school, parents might add bunk beds, and the trolley holds a computer or books; the counter that served as a changing area in babyhood is now

Creating the perfect space for kids

a desk for doing homework. For a teen-ager, the room also can serve as a private sitting room — the inexpensive and easy to change as a child grows, they also can be tackled by the do-it-yourselfer.

The ambitious can use paint to create a variety of motifs, from puffy clouds to a cow jumping bunk beds are replaced by daybeds or futons that convert from sofas to beds; the trolley can hold a television set or stereo equipment.

Along the way, parents can use light fixtures, prints and color schemes using inexpensive paint techniques and throw rugs to create a room that reflects their child's interests and stage in life.

Here are more tips from Gilliatt's book:

- Provide plenty of storage. Kids, like adults, have lots of stuff and they need room to store it. And having enough storage space might even encourage tidy habits.

Be sure there is plenty of drawer space, as well as open shelving that is accessible to the child. Storage can be improvised out of almost anything, including built-in wood shelves, wire and wicker baskets, crates and bookshelves.

Where space is really tight, consider buying a bed with drawers underneath for more storage.

- Look underfoot. Pay particular attention to the floor. Children spend a lot of time playing on the floor, and it's really an extension of their living space.

Choose flooring that's hardy and easy to clean. Options include vinyl-coated tiles, hardwood floors,

rubber-stud flooring, carpet (get one that's stain-resistant), sisal or coir matting.

- Use inexpensive decorating techniques. Gilliatt is a strong advocate of paint and stenciling to add excitement. Not only are they over the moon. Or you could simply hang an ever-changing gallery of posters and prints on a plain painted wall. A large cork bulletin board is the idea place for children to hang their own artwork.

If you have your heart set on wallpaper, be sure to choose one that's washable.

- Shared rooms. Like it or not, many siblings must share a room, and that puts a strain on space and privacy.

Bunk beds are the obvious space-saving choice, but also consider installing loft beds with desk and play space underneath. For children who have to share their sleeping space on an occasional basis — when a friend sleeps over — invest in a trundle bed.

As children get older, they'll want more privacy. Gilliatt suggests turning the master bedroom over to them, where they'll have more space, which makes sense — children tend to spend more time in their rooms than parents. Privacy can be created with anything from folding screens to partition walls to roller blinds hanging from the ceiling.

- Install adequate lighting. The ideal room has a mix of natural, general and task lighting. Try track lighting with a dimmer switch, as well as wall lights. For

task lighting, use lamps or clip-on spotlights.

- Remember safety. Children spend a lot of unsupervised time in their rooms, so it's important to remove any hazards.

Electrical outlets should be child-proofed, and keep free-standing lights and appliances out of reach of the small and curious

HOMEFACTS

Hot Home Improvements

The top five most popular remodeling projects and their average costs:

1. Remodel Kitchen	\$17,592
2. Remodel Bathroom	\$9,449
3. Replace/Add Deck or Patio	\$4,437
4. Add a New Bathroom	\$11,592
5. New Family Room	\$19,902

Source: National Association of Home Builders

Assorted Tips

Here are some tips from "500 Terrific Ideas for Home Maintenance and Repair" (Simon & Schuster): Chalk a screwdriver like you would a pool cue to keep it from slipping; to make narrow hallways appear wider, paint one side a slightly darker shade than the other. (CNS)

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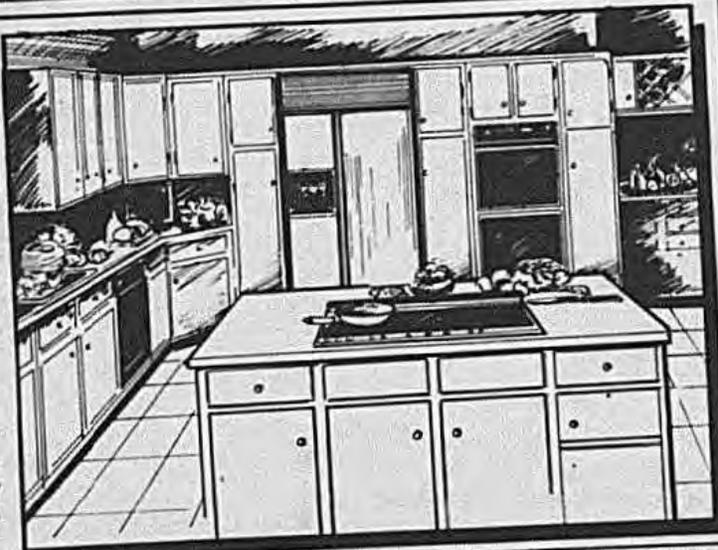
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# ECLECTIC INTERIORS is the new decor

By Sharon Achatz

Most folks love to refurbish their homes — add a chair here, a knickknack there, and they're on their way to making the perfect place.

All too often, however, what people put in place is whatever interior designers are touting as the latest and greatest design trend. From tasseled, ruffled, fringed and flowered, for example, to stark, hard-edged and geometric — and then back again. Out with the old, in with the new every couple of years.

Well, home decor junkies, it's time to sit back and relax.

The '90s bring us a celebration of eclecticism. This decorative style combines design styles from a variety of eras and cultures — and personal treasures old and new — to gradually create through the years a thoughtful mismatch of individualized expression.

A corollary benefit of this decor trend is that it could well be the last great design fad — if folks start decorating with things they love rather than what a designer suggests, that means they'll be decorating with items that don't come with an expiration date. As long as their personality remains constant, their decor will not require major overhaul.

The best such decor brims with self-confidence, mixing shapes, textures and highly individual styles that burst with color — and comfort.

Most people catering to their own designs crave comfort over ceremony — slouchy couches and

ample cushions, sensuous fabrics and cozy furniture silhouettes that practically call out for folks to sit a spell and put their feet up on the table.

Such informality is not, however, to be confused with a lack of quality furnishings for the home. In fact, one of the keys to successful eclectic decor is to have a couple of high-quality anchor pieces around which to build a mix of furnishings and accessories.

Antiques and antique reproductions are classics that never go out of style — no matter what they're mixed and matched with. In combinations aimed at creating a mood rather than authenticity, sophisticated furnishings meld with casual, French mingles with English country manor, Spanish colonial meets Memphis and modern converges with classic.

Eclecticism also offers an artful mix of rich textures: Rough hewn ceiling beams, for example, or simple and stark wooden Colonial chairs are softened with the addition of a Moroccan floor rug.

The sedateness of luxurious oak paneling is toned down with the addition of rattan furniture, which is offset by sensuous sheers at the windows. A green marble fireplace is topped with a warm pine mantel adorned with a collection of rough-surfaced pottery.

Wooden marquetry boxes are paired with brass lamps, a smooth leather sofa base is topped with cozy cotton cushions and throw pillows, shiny smooth dining room tables are topped with wicker baskets and primitive pottery collections.

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