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The Only Newspaper Printed and Published in Hicksville

Mid-Island Times

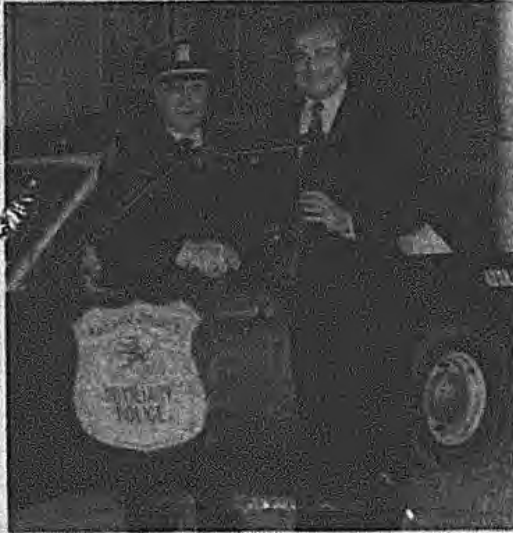
& Levittown Times 35¢

Vol. 51 No. 10

USPS 346-760

Friday, March 5, 1993

Gulotta Salutes Capt. Cuomo



Nassau County Executive Thomas S. Gulotta, right, congratulates Capt. Samuel Cuomo, a Plainview resident, who is Deputy Chief of the Unit #317 of the Nassau County Auxiliary Police.

Auxiliary Police officers act as the eyes and ears of the Nassau County Police and assist in traffic and crowd control operations and emergencies such as the recent Winter coastal storm. For information on how to join, contact the Auxiliary Police at 673-7520.

Pioneer Pancake Party



The students at Burns Avenue School flipped - pancakes that is - at their recent Pioneer Day. The event, the culmination of the Westward Movement Unit, was celebrated by the students in Mrs. Fasetsky's fifth grade class. The students dressed as pioneers, made place mats, listened to tall tales and used the Oregon Trail computer activity. A hearty breakfast of muffins, pancakes, eggs, bacon and sausages was made and enjoyed by the students.

District Openings for Sub Nurses

The Hicksville Public School District is seeking individuals who are interested in substituting as school nurses. Applicants must be registered nurses, who possess a current New York State license. Nurses will be paid the highly competitive rate of \$70 per day. Interested persons should send a letter of application to:

Dr. Daniel Kremin
Asst. Supt. for Personnel
Hicksville Public School District
Division Avenue
Hicksville, N.Y. 11801

For further information, contact Joan Koloaki, Personnel Office, telephone 733-6612.

Burns Avenue Elementary Celebrates 40th

On March 27, the Burns Avenue PTA is hosting a party to commemorate the 40th Anniversary of the school. The celebration will take place at The Knights of Columbus, 45 Heitz Place, Hicksville, from 8 p.m. to 12 a.m.

The PTA is hoping that all alumni and friends will attend this bash. The price is only \$18 per person which includes a hot buffet, a DJ for your dancing pleasure. A cash bar will be available.

Come join us for a night of fun and memories.

For more information please call Mary Price at 935-5816 or Maureen Ford at 938-5269.

Hicksville Schools Save Energy

The Hicksville Public School District has saved more than \$40,000 as the result of participating in an energy-efficient lighting program. The district received the rebate for energy-efficient lighting upgrades made under the Long Island Lighting Company/New York Power Authority Schools HELP Program. Hicksville is among 19 Long Island schools receiving rebates. The new energy efficient lighting has not only saved tax dollars, but has provided bright and attractive illumination in schools in the district. This is one example of the many ways that the Hicksville Board of Education and administration work to obtain the most value for your tax dollars while maintaining standards of excellence in education.

Recreation, Child Care, Topics Of Supt. Report

By Maureen Traxler

In his monthly report to the Hicksville Board of Education, Schools Superintendent Sal Mugavero spoke about two proposals he will be recommending for the 1993-94 budget. The first is a restructuring of the summer recreation program. The new proposal includes a five-week, full day, recreation program at four elementary schools, with afternoon sessions devoted to trips and special events. The middle school will conduct a morning sports and recreation program, and the senior high will feature an evening program.

Mr. Mugavero stated that the district will use grant money from the Town of Oyster Bay to offset this low-cost program. He further added that the program is expected to create some jobs for college students.

The summer recreation program will be "something new and different and something I think will help children," said the Superintendent.

At the Board's meeting on February 24, Mr. Mugavero said that in the upcoming budget he will also recommend full time librarians to be on staff in all Hicksville schools.

The Superintendent announced that on Wednesday, April 21, Len Kramer, Associate Director of SCOPE, will give a presentation to residents at 8:15 p.m. in the High School Little Theater. SCOPE is the private organization which is scheduled to operate a before and after school child care program in the elementary buildings. This organization is licensed by the New York State Department of Social Services and is chartered by the New York State Board of Regents. The effort to secure a safe and caring program for the district was a joint project of the Board and the school administration.

SCOPE representatives will begin taking registrations for the fall on that evening. SCOPE offers their service at \$7 a day for the afternoon session, \$1 less thereafter for each sibling, and a flat \$5 fee for all family members at their morning sessions. Registration is taken on a monthly basis. A minimum number of students must register in order for the program to operate at any given location.

Concerned that Hicksville is targeted to lose some \$500 - \$600,000 in the proposed State budget, Mr. Mugavero said, "It is only through everyone's help that we can hope to derail the Governor's proposals." Mr. Mugavero stated that the loss of every \$100,000 adds eight cents to the tax rate. Extrapolating this calculation, the Superintendent determined that "the loss of this State aid could add 40 cents to the tax rate before we even get started."

Reviewing the Board's and Superintendent's goals for the 1992-93 school year, Mr. Mugavero said, "in every area, we have accomplished our tasks on a continuing basis." He cited such goals as the move of all 6th graders to the middle school, programs for the improvement of inter-personal relationships district-wide and improvement of elementary reading, writing and skills enhancement.

The Board received a report by Trustee Voley Martin on the second meeting of the Harmony and Community Pride Task Force. Mr. Martin reported that several presentations were made, including:

Middle School Principal Marie Marshall gave an overview of the middle school situation. She stated that the middle school is a controlled environment with much teacher/student participation. Incidents involving improper use of markers and stickers and students wearing jackets have been addressed. She said that casual violence occurs in the form of shoving and pushing and that administration has found quick dispersal of students after school as the best course of action. Assistant Principal Stephen Aronowitz added that the school could use a buddy system for new students and increased parent involvement.

Elementary Principal Geraldine Silver stated that there appears to be no racial problem within the elementary schools, and she highlighted the elementary "World of Difference" program

Continued On Page 16

Letters

This letter is printed by request.

Dear Board Members:

As residents of Hicksville, the membership of the Hicksville Southwest Civic Association Inc., are opposed to either the renewal or issuance of a new Special Use Permit to the Twin County Recycling Corporation currently doing business at 445 West John Street.

We believe that the impact of this company doing business over the past ten years in our community has had an adverse effect on all of Hicksville. Please note that the complaints listed below are coming from an area of Hicksville located south of Old Country Road and extending to the southerly town line.

Twin County seems to lack concern about the safety of LIRR commuters. Some of their stockpiles, towering high above the railroad tracks, are located very close to the tracks. They appear unconcerned with the possibility of littering the tracks with dangerous debris should one of these piles spill over onto the tracks.

Letters

5:30 a.m. and 7 a.m., only to view the cloud of smoke coming from the plant.

Due to the heavy soot and dust emitted from the plant, residents in our civic area (located one mile south) cannot hang clothes out to dry when the wind is blowing from the north.

In conclusion, we consider Twin County undesirable residents or neighbors of Hicksville. We believe that our local businesses should be good neighbors, and Twin County has proven to be just the opposite, constantly demonstrating disinterest and disregard to the entire community.

Jenny Anderson
Hicksville Southwest
Civic Association

Hadassah Plans Annual Bazaar

Tikvah Hadassah's annual Bazaar will be held at Cong. Shareit Zedeck, New South Rd., near Old Country Road, Hicksville, on Saturday, March 20, from 7-10 p.m., and on Sunday, March 21, 10 a.m.-5 p.m.

All new merchandise will be on sale: fabrics & trimmings, children's clothing, sportswear, artificial flowers & baskets, arts & crafts, toys.

A snack bar and white elephants will also be featured.

Fire Safety Notice From H.F.D.

Hicksville Fire Officials wish to bring to the attention of local residents two items which contributed to serious fire damage. A Recurring Problem is the use of wood uninsulated oil burner enclosures on the Levit style oil burners. A recent fire in an oil burner spread rapidly due to the fact the metal cover or enclosure was replaced by a wooden cover. The fire burnt away the cover and destroyed the entire kitchen. If wood has to be used, all combustible surfaces should be covered with fire rated material including all joints and seams.

Many Homes in the area have converted the attached garage into living space BUT the outside garage door was left in place. Recently firefighters were attempting to enter a dwelling via the garage door only to find a wall behind the door. Time was lost gaining access to the fire area. This practice may also be in violation of Town Building Codes and any injuries resulting from this change could result in problems for the home owner.

Program Cancelled

The Hicksville Public Library's program "Strategies to Build Assets and How to Keep Them" that was advertised in the March/April library newsletter for Monday, March 8, at 8 p.m., has been cancelled by Diversified Financial Management Group. The library's program on Money Management that is scheduled for the same day at 7:30 p.m. will still be presented.

Miniature Golf Re-Opening

The Oyster Bay Town Board has authorized the 1993 re-opening of the Miniature Golf Courses located in Bethpage, Syosset-Woodbury and Marjorie R. Post community parks, according to Town Councilman Douglas J. Hynes.

"The miniature golf courses will be open every day from June 19 through September 6 from noon until 10 p.m.," said Councilman Hynes. "The fee is nominal at \$1 per 18-hole round and remains unchanged from last year. For those interested in group rental of any of the courses on Saturdays or Sundays from 9:30 a.m. to 11:30 a.m., the per hour rate is \$30.

Councilman Hynes added that converting the winter ice skating rinks into miniature golf courses in the summer has provided residents with another activity that families can enjoy.

Two House Fires In Hicksville

A fire in a house on Reiter Ave, Hicksville caused moderate damage to one room. It is believed to have started in an electrical fixture on a fish tank. All occupants escaped but a valuable exotic bird died in the fire. The alarm was reported on Feb. 24 at 4 p.m.

Early morning on Feb. 24 an automobile fire in the truck tunnel caused excessive smoke damage to portions of the Broadway Mall. The car was destroyed and smoke from the fire rose up into the Mall. Early reports indicated clothing in some stores were damaged by the heavy black smoke. Fire units were on the scene for hours attempting to exhaust the smoke. Time of the alarm was 4:50 a.m.

Later on Feb. 24 a house fire on Glow La., Hicksville severely damaged the homes 1st & 2nd floor. No occupants were home. The neighbors spotted the smoke and called fire fighters. Firefighters managed to save a dog that was in the house. Time of the alarm was 2:34 p.m. †

LEGAL NOTICE THE PEOPLE OF THE STATE OF NEW YORK BY THE GRACE OF GOD FREE AND INDEPENDENT TO ATTORNEY GENERAL

STATE OF NEW YORK and any and all of the persons cited upon this proceeding as heirs-at-law and next-of-kin of said MARTIN JACKLE, deceased, are unknown, and cannot, after diligent inquiry, be ascertained; and, that if said persons or any of them be dead, that the names or parts of the names, and place or places of residence, of any and all unknown persons who are the respective executors, administrators, heirs-at-law, next-of-kin, distributees, legatees, devisees, husbands or wives, or successors in interest of said deceased persons are unknown, and cannot, after diligent inquiry be ascertained and that personal service of the Citation cannot, with due diligence, be made upon them within the State.

GREETINGS:

WHEREAS, ROBERT W. SHEBAR, ESQ., who is domiciled at 3296 Waterbury Drive, Wantagh, Nassau County, New York, has lately applied to the Surrogate's Court of our County of Nassau, to have a certain instrument in writing bearing date the 30th day of August, 1985, relating to both real and personal property duly proved as the Last Will and Testament of MARTIN JACKLE, deceased, who was at the time of his death domiciled at 17 Holly Avenue, Farmingdale, New York, in said County of Nassau,

THEREFORE, you, and each of you, are cited to show cause before the Surrogate's Court of our County of Nassau, at the Surrogate's Court, Nassau County Court House, at Mineola in the

LEGAL NOTICE

County of Nassau, on the 7th day of April, 1993, at 9:30 A.M. of that day why the said Will and Testament of MARTIN JACKLE should not be admitted to probate as a Will of real and personal property.

IN TESTIMONY WHEREOF,

We have caused the seal of the Surrogate's court of our said County of Nassau to be hereunto affixed.

WITNESS, HON. C. RAYMOND RADIGAN, Judge of the Surrogate's Court of our said County of Nassau, at the Surrogate's Office at Mineola, in the said County, the 9th day of Feb., 1993.

Albert W. Petraglia
Clerk of the Surrogate's Court

This citation is served upon you as required by law. You are not obliged to appear in person. If you fail to appear, it will be assumed that you consent to the proceedings, unless you file written verified objections thereto. You have a right to have an attorney-at-law appear for you.

A TRUE COPY OF THE WILL MUST BE ATTACHED TO THIS CITATION.

Robert W. Shebar
Attorney for Petitioner
Office & P.O. Address
Counselor At Law
3296 Waterbury Drive
Wantagh, N.Y. 11793
MIT 2667
4x2/19, 26; 3/5, 12

LEGAL NOTICE

NOTICE TO BIDDERS

Notice is hereby given that SEALED PROPOSAL FOR LAWN MOWING AND MAINTENANCE will be received by the Board of Commissioners of the HICKSVILLE WATER DISTRICT at the office of the Board, 4 Dean Street, Hicksville, New York until 4:00 P.M. Prevailing Time on Thursday, March 18, 1993, bids will be publicly opened and read aloud at 7:00 P.M.

Instructions for Bidders, Proposal, Plans, Specifications and Contract Forms may be obtained at the office of the Hicksville Water District, 4 Dean Street, Hicksville, New York, 11802.

Each proposal must be accompanied by a Certified Check or Bid Bond in the amount of five percent (5%) of the bid amount payable to the Hicksville Water District as assurance that the bid is made in good faith.

The Board reserves the right to reject any and all bids, waive any informalities and to accept such bid which, in its opinion, is in the best interest of the Hicksville Water District.

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Hicksville Water District of the Towns of Oyster Bay and Hempstead

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March 3, 1993
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Eight talented students from Fork Lane School were selected for the All-County Music Festival, sponsored by the Nassau Music Educator's Association. Selected students are: Chorus - Christina Costa, Timothy Silver, Joanna DeFelice, Michele Lieu and Julia McGowan; Band - Michael Saczesniak; Orchestra - Lindsey Krecko and Eugenia Alves. Ricardo Garcia, Laurie Haddock and Hilary Sperber are their proud music teachers.

Meet The Mayors



Mrs. Ruth Silverman's fifth grade class at Burns Avenue School recently presented a program called "Meet the Mayors." Each child in the class had been designated an Honorary Mayor by their teacher. The students did extensive research on their city, wrote a report, and made two posters, one telling about their city and another to be used to encourage tourism and travel to their city. On Friday, February 12, each "Mayor" talked about his/her own city to an audience composed of classmates and parents. Following the presentation, the mayors, their families and classmates were invited to a luncheon.

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**Good
News
for
1993!**



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PAGE THREE Friday, March 6, 1993



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 TOM OWENS

LEGAL NOTICE

NOTICE OF ADOPTION OF RESOLUTION
NOTICE IS HEREBY GIVEN that the Town Board of the Town of Oyster Bay, Nassau County, New York, at a meeting held on February 23, 1993, duly adopted the resolution published herewith subject to a permissive referendum.
 Dated: Oyster Bay, New York February 23, 1993
CARL L. MARCELLINO
 Town Clerk
RESOLUTION NO. 142, 1993
BOND RESOLUTION DATED FEBRUARY 23, 1993.
A RESOLUTION AUTHORIZING THE ISSUANCE OF \$1,750,000 SERIAL BONDS OF THE

LEGAL NOTICE

TOWN OF OYSTER BAY, NASSAU COUNTY, NEW YORK, TO PAY THE COST OF THE ORIGINAL IMPROVEMENT AND EMBELLISHMENT OF VARIOUS TOWN-WIDE PARK AND RECREATIONAL FACILITIES LOCATED THROUGHOUT AND IN AND FOR SAID TOWN.
WHEREAS, all conditions precedent to the financing of the capital project hereinafter described, including compliance with the provisions of the State Environmental Quality Review Act, have been performed; and
WHEREAS, it is now desired to authorize the financing of such capital project; **NOW, THEREFORE, BE IT**

LEGAL NOTICE

RESOLVED, by the Town Board of the Town of Oyster Bay, Nassau County, New York, as follows:
SECTION 1. For the class of objects or purposes of paying the cost of the original improvement and embellishment of various Town-wide park and recreational facilities located throughout and in and for the Town of Oyster Bay, Nassau County, New York, there are hereby authorized to be issued \$1,750,000 serial bonds of said town pursuant to the provisions of the Local Finance Law.
SECTION 2. It is hereby determined that the maximum estimated cost of such class of objects or purposes is \$1,750,000, and that the plan for the financing hereof is a follows by the issuance of the \$1,750,000 serial bonds of said Town authorized to be issued pursuant to this bond resolution.
SECTION 3. It is hereby further determined that the period of probable usefulness of the aforesaid class of objects or purposes is fifteen years, pursuant to subdivision 19(c) of paragraph a of Section 11.00 of the Local Finance Law. It is hereby further determined that the maximum maturity of the serial bonds herein authorized will exceed five years.
SECTION 4. Subject to the provisions of the Local Finance Law, the power to authorize the issuance of and to sell bond anticipation notes in anticipation of the issuance and sale of the serial bonds herein authorized, including renewals of such notes, is hereby

LEGAL NOTICE

delegated to the Supervisor, the chief fiscal officer. Such notes shall be of such terms, form and contents, and shall be sold in such manner, as may be prescribed by said Supervisor, consistent with the provisions of the Local Finance Law.
SECTION 5. The faith and credit of said Town of Oyster Bay, Nassau County, New York, are hereby irrevocably pledged to the payment of the principal of and interest on such obligations as the same respectively become due and payable. An annual appropriation shall be made in each year sufficient to pay the principal of and interest on such obligations becoming due and payable in such year.
SECTION 6. Such bonds shall be in fully registered form and shall be signed in the name of the Town of Oyster Bay, Nassau County, New York, by the manual or facsimile signature of the Supervisor and a facsimile of its corporate seal shall be imprinted thereon and attested by the manual or facsimile signature of the Town Clerk.
SECTION 7. The power and duties of advertising such bonds for sale, conducting the sale and awarding the bonds, are hereby delegated to the Supervisor, who shall advertise such bonds for sale, conduct the sale, and award the bonds in such manner as he shall deem best for the interests of the Town; provided, however, that in the exercise of these delegated powers, he shall comply fully with the provisions of the Local Finance Law and any order or rule of the State Comptroller applicable to the sale of municipal bonds. The receipt of the Supervisor shall be a full acquittance to the purchaser of such bonds, who shall not be obliged to see to the application of the purchase money.
SECTION 8. All other matters, except as provided herein relating to such bonds, including prescribing whether manual or facsimile signatures shall appear on said bonds, prescribing the method for the recording of ownership of said bonds, appointing the fiscal agent or agents for said bonds, providing for the printing and delivery of said bonds (and if said bonds are to be executed in the name of the Town by the facsimile signature of its Supervisor, providing for the manual countersignature of a fiscal agent or of a designated official of the Town), the date, denominations, maturities and interest payment dates, place or places of payment, and also including the consolidation with other issues, shall be determined by the Supervisor. It is hereby determined that it is the financial advantage of the Town not to impose and collect from registered owners of such serial bonds any charges for mailing, shipping and insuring bonds transferred or exchanged by the fiscal agent, and, accordingly, pursuant to paragraph

LEGAL NOTICE

c of Section 70.00 of the Local Finance Law, no such charges shall be so collected by the fiscal agent. Such bonds shall contain substantially the recital of validity clause provided for in Section 52.00 of the Local Finance Law and shall otherwise be in such form and contain such recitals in addition to those required by Section 52.00 of the Local Finance Law, as the Supervisor shall determine.
SECTION 9. The validity of such bonds and bond anticipation notes may be contested only if:
 1) Such obligations are authorized for an object or purpose for which said Town is not authorized to expend money, or
 2) The provisions of law which should be complied with at the date of publication of this resolution are not substantially complied with, and an action, suit or proceeding contesting such validity is commenced within twenty days after the date of such publication, or
 3) Such obligations are authorized in violation of the provisions of the Constitution.
SECTION 10. This resolution shall constitute a statement of official intent for purposes of Treasury Regulations Section 1.103 - 18(f). Other than as specified in this resolution, no monies are, or are reasonably expected to be, reserved, allocated on a long-term basis, or otherwise set aside with respect to the permanent funding of the object or purpose described herein.
SECTION 11. Upon this resolution taking effect, the same shall be published in full in *Massapequa Post*, *Mid Island Times*, *Bethpage Tribune*, and *Oyster Bay Guardian* the official newspapers, together with a notice of the Town Clerk in substantially the form provided in Section 61.00 of the Local Finance Law.
SECTION 12. This resolution is adopted subject to permissive referendum.
 MIT 2674
 IX 3/5

A B.J.'S WHOLESALE CLUB AND A UA MULTI-SCREEN CINEMA AT THE SITE OF THE WESTBURY DRIVE-IN MAKE SENSE ...

FOR TWO AND A HALF HOURS I KNOW WHERE MY KIDS ARE

THE MOVIE STAFF REALLY KEEP AN EYE ON THINGS!

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 FOR INFORMATION: BRAD O'HEARN 516-794-9511

Perspectives in Health

CONSERVING ENERGY WHEN YOU HAVE LUNG DISEASE

Another free community health education program by the Nurse Specialist Group.

- Grace Trimmer, RN, Clinical Nurse Coordinator, will discuss how Winthrop's Pulmonary Rehabilitation program, now in its fifth year, benefits people with lung disease.
- Georgine Baum, PT, Assistant Director of Physical Therapy, will discuss practical tips to help people with shortness of breath perform their daily activities, i.e., comb hair, climb stairs, and swing golf club.
- Graduates of Winthrop's Pulmonary Rehabilitation Program will demonstrate techniques that help them live an active life.

DATE:	Tuesday, March 16th
TIME:	6:30 p.m. - Registration and Refreshments provided by Rhône-Poulenc Rorer Pharmaceuticals 7 to 9 p.m. - Program
PLACE:	Winthrop Conference Center 101 Mineola Boulevard

Admission is free, but seating is limited.
 Call 663-2234 to reserve your place.



Winthrop-University Hospital
 259 First Street, Mineola, New York 11501
 A major teaching affiliate of SUNY Stony Brook School of Medicine

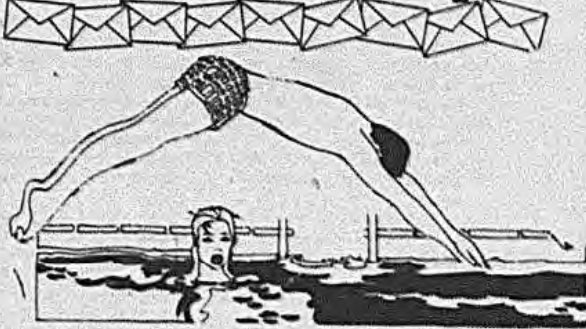
Friends Present Musical Sunday

"The Lady Sings Sinatra" with Phyllis Ford and her trio will be presented at the Bethpage Library on Sunday, March 7 at 2 p.m. The Friends of the BPL invite you to enjoy this wonderful afternoon with these talented performers. Frank Sinatra once wrote to Sammy Cahn and thanked him for putting such wonderful words into his mouth. Most of the songs on this program contain those award-winning words.
 Don't miss a wonderful afternoon of warm, nostalgic music with the very talented Phyllis Ford and her trio. All welcome, admission free.
 The library is located at 47 Powell Avenue, two blocks west of Exit 8, on the Seafood-Oyster Bay Expressway, (Route 135), telephone 931-3907.

Sports & Recreation Camp Directory

Special Sports and Recreation Camp Directory. Appearing in Mid Island Times, Bayside Advance, Bethpage Newgram, Jericho New Journal, New Hyde Park Herald Courier, Williston Times/Minocla Edition, Garden City News

"Letters from Camp"



Rich Martin's

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WE'RE #1. Held on the Magnificent Campus of Hofstra University, Hempstead, L.I., NY.

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June 27 - Aug. 21.

Major League Stars, College Coaches, AC dorm, batting cages, indoor olympic pool & more.
Sleepover or day camp program.

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THE FINEST
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IN AMERICA



Kids 3-12 Have A Great Summer

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Door to Door Transportation

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• Baseball • Soccer • Basketball • Gymnastics
• Bowling • Volley Ball • Aerobics
• Music • Drama • Arts & Crafts
• Computers • Game Room • Carnivals
• Olympics • Special Events • C.I.T. Program

938-1137
9 West Ave.,
Hicksville

TRAVEL PROGRAM
GRADES 6-8

Fully Qualified Staff of Teachers and Counselors

HOFSTRA UNIVERSITY SUMMER PROGRAMS

SPECIALTY DAY CAMPS

July 6 - August 13 2, 4 or 8 weeks Ages 3 - 14
Hofstra University offers a unique summer program where students "major" in an academic, athletic or creative area for half-a-day, and participate in recreational activities (swim, sports, special events) for the remainder of the day. This year's majors are:

AQUATICS • ATHLETIC DEVELOPMENT (for novice athletes)
BASKETBALL • COMPUTERS • CREATIVE WRITING
THEATER ARTS • SCIENCE • FINE ARTS • MATH READING ASSISTANCE CAMP
VARSITY ATHLETICS (BASEBALL EMPHASIZED) • CUB CAMP (A self-contained program for campers of kindergarten age)
SENIOR SCIENCE ACADEMY

July 6 - August 13 2, 4 or 8 weeks Ages 13 - 17
Budding scientists spend the entire day in science studies, utilizing college-level laboratories. The curriculum is synthesized from university-level courses in Biology, Chemistry, Engineering, and Computer Studies. (Brochure will list topics in detail).

All of the above programs are set on Hofstra's beautiful 238-acre campus, utilizing all of Hofstra's facilities in combination with its distinguished faculty and honor students. Tuition includes transportation and lunch.

ADVENTURE CAMP August 15 - August 27 8 weeks Ages 7 - 14
Two adventurous weeks at Frost Valley Environmental Center, Claryville, NY. Adjustment made easy; campers supervised by the familiar day camp staff, surrounded by their day camp friends.

Call for information and brochure
Hofstra University College for Continuing Education (516) 463-5018

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A QUALITY
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Ages 3 to 8
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9:15 - 4:00
Mid Day Session
11:00 - 3:00



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CAMPER"

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Lunch Included

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MAGNIFICENT 15 ACRE
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OUTSTANDING SUMMER
PROGRAM
Boys and Girls - July and
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A superb staff of mature experienced teachers.

ACTIVITIES, ACTIVITIES, ACTIVITIES
Soccer, Baseball, Football, Basketball, Tennis,
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Go-Carts, Horseback and Pony Riding, Music,
Dance, Dramatics.

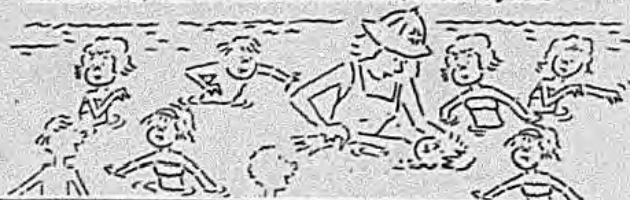
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Exclusive Optional Choice Program
For Boys and Girls Ages 11-15

Choose to specialize in one or more of these activities:
Sailing, Tennis, Golf, Horseback Riding, Computers, Sports
Clinics (Baseball, Basketball, Soccer)

Sports & Recreation Camp Directory

Special Sports and Recreation Camp Directory. Appearing in Mid Island Times, Syosset Advance, Bethpage Newgram, Jericho New Journal, New Hyde Park Herald Courier, Williston Times/Mineola Edition, Garden City News



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Summer '93

Basketball • Lacrosse • Wrestling • Track

BOYS Entering 8th, 7th, 8th & 9th Grades
September '93

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Where Tennis is an Adventure!

Since 1972, the Woodbury Racquet Club has made junior tennis training an exciting successful learning experience.

- Boys and Girls 5-18
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Mini-week available ages 3-5
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The Art of Summer on Long Island.

If you are between the ages of 8-18, you can study music, art, drama, or dance with New York's leading professionals. Major in one art, minor in another. Swim for an hour daily. And attend concerts by celebrated artists.

Usdan is a non-profit day center with 77 studios and theaters on a magnificent 250-acre woodland campus in Huntington, Long Island. Tuition for eight incredible weeks is only \$1150-\$1400 plus transportation and registration fees. Our fleet of express busses serve every town in Nassau and Suffolk counties. This can be your summer of a lifetime!

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Usdan Center for the Creative and Performing Arts
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- Certified Teachers are directly in charge of the children
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**LEGAL NOTICE
NOTICE OF
HICKSVILLE
PUBLIC LIBRARY
ELECTION AND VOTE
ON APPROPRIATION
OF FUNDS
HICKSVILLE
UNION FREE
SCHOOL DISTRICT
HICKSVILLE,
NEW YORK**

NOTICE IS HEREBY GIVEN that pursuant to the resolution of the Board of Trustees of the Hicksville Public Library of Hicksville Union Free School District, Hicksville, New York, adopted July 6, 1992, the Annual District Election of the qualified voters of this School District for the Hicksville Public Library Election and Vote will be held on April 21, 1993, between the hours of 10:00 A.M. (E.S.T.) and 9:00 P.M. (E.S.T.) for the seven Election Districts, at the Hicksville Public Library, for the purpose of voting upon the appropriations of necessary funds to meet the expenditures of the Hicksville Public Library for the year 1993-94 and to elect one (1) member of the Board of Trustees to fill the following vacancy.

The office of Anthony Previte, which term expires on June 30, 1993 for a new term commencing July 1, 1993 and expiring on June 30, 1998.

PROPOSITION NO. 1

Shall the Library Budget for the school year 1993-94 adopted by the Library Board be approved and a tax be levied on the taxable property of the District in the amount of such Budget, less sums received in the form of State and Federal Aid and from any other sources, all pursuant to the pertinent provisions of the Education Law?

NOTICE IS FURTHER GIVEN that nominating petitions for the office of member of the Board of Trustees of the Library must be filed with the Clerk of the School District no later than thirty (30) days before the Annual Meeting, said date being Monday, March 22, 1993, between the hours of 9:00 A.M. and 5:00 P.M. Separate petitions shall be required to nominate a candidate. Each petition shall be directed to the Clerk of the School District, shall be signed by at least 25 qualified voters of the District (the same being at least 25 qualified voters of the District or two percent (2%) of the number of voters who voted in the previous library election, whichever is greater), shall state the residence of each signer, the name and residence of the candidate and the specific vacancy on the Board for which the candidate is nominated, which description shall include at least the length of term of office and the name of the last incumbent, if any. Forms of petitions for Board of Library Trustees may be obtained from the Clerk of the School District and at the Hicksville Public Library.

NOTICE IS FURTHER

LEGAL NOTICE

GIVEN that Personal Registration and Election Districts have been established in the School District, that no person shall be entitled to vote at the Annual District Election whose name does not appear on the register of the School District, unless such person is registered under the provisions of Section 5-612 of the Election Law and that those qualified to register and vote shall do so in the School Election District in which they reside.

NOTICE IS FURTHER GIVEN that copies of the estimated expenses for the Library for the year 1993-94 may be obtained by any taxpayer in the District at each school house in the District daily except Saturday and Sunday on and after April 14, 1993, between 9:00 A.M. and 4:00 P.M. and that any other propositions to be voted upon are available for inspection by any taxpayer in the District at the Library daily except Saturday and Sunday on and after Wednesday, April 14, 1993, between 9:00 A.M. and 4:00 P.M.

NOTICE IS FURTHER GIVEN that the Board of Registration shall meet in the HICKSVILLE PUBLIC LIBRARY for the seven (7) Election Districts described below on Wednesday, April 14, 1993, from 1:00 P.M. until 9:00 P.M. (E.S.T.)

Any person shall be entitled to have his name placed upon such register provided that at such meeting of the Board of Registration he proves to the satisfaction of such Board of Registration to be then or thereafter entitled to vote at the school meeting or election for which such register is prepared. Said register will be filed in the office of the District Clerk on April 14, 1993, and will be open for inspection by any qualified voter of the District from 9:00 A.M. to 4:00 P.M. on any weekday from April 14, 1993 up to and including April 21, 1993; and between 9:00 A.M. and 12 Noon on Saturday, April 17, 1993. Residents who voted at an Annual Meeting of the District within four years prior to the date of the current Annual Meeting or who registered within that time need not register or be eligible to vote at the Annual Meeting. Residents otherwise qualified to vote who are registered under the provision of Section 5-612 of the Election Law need not register to be eligible to vote at the Meeting.

NOTICE IS FURTHER GIVEN that during the voting hours on April 21, 1993, the Board of Registration will meet in the various election districts to receive registration for the ensuing year.

NOTICE IS FURTHER GIVEN THAT applications for absentee ballots may be applied for at the office of the Clerk of the District. A list of all persons to whom absentee ballots are issued will be

LEGAL NOTICE

available in the office of the Clerk on April 14, 1993 through April 21, 1993. Such list will also be posted at all polling places at the election of members of the Board of Trustees.

**HICKSVILLE
PUBLIC SCHOOLS
ELECTION DISTRICTS**

The boundaries of the school election districts, as adopted by resolution of the Board of Education are as follows:

**ELECTION
DISTRICT NO. 1
BURNS AVENUE
SCHOOL**

On the East: Broadway, from the District's North Line, to the intersection Jerusalem Avenue and Broadway, continuing South along Jerusalem Avenue to the intersection of Jerusalem Avenue and the Long Island Railroad.

On the South: The Long Island Railroad, from Jerusalem Avenue to the District's West Line.

On the West: The District's West Line from the Long Island Railroad to the District's North Line.

On the North: The District's North Line from District's West Line to Broadway.

**ELECTION
DISTRICT NO. 2
EAST STREET SCHOOL**

On the East and North: Miller Road as projected to the District's North Line, South along said Miller Road to Ronald Avenue, then East along Ronald Avenue to Woodbury Road, then Northeast along Woodbury Road to Ardsley Gate, then Southeast through Ardsley Gate to Dartmouth Drive, then Southwest and South through Dartmouth Drive to its intersection with Haverford Road, then east to the intersection of Haverford Road and Berkshire Road, then East along Berkshire Road to its intersection with Columbia Road, then East along Columbia Road to the District's East Line, then South along the District's East Line to the Long Island Railroad.

On the South and Southwest: Along the Long Island Railroad, from the District's East Line southerly point, to the intersection of the Long Island Railroad and Jerusalem Avenue.

On the West: Broadway from Jerusalem Avenue to the District's North Line.

On the North: The District's North Line from Broadway to Miller Road, as projected to said line.

**ELECTION
DISTRICT NO. 3
WOODLAND AVENUE
SCHOOL**

On the North, Northeast and East along the District's North Line, from Miller Road, as projected to the District's North Line, to the District's East Line.

On the East: South along the District's East Line, from the District's North Line, to Columbia Road.

On the South and West: Columbia Road, from the District's East Line, West to

LEGAL NOTICE

Berkshire Road, then West along Berkshire Road into Haverford Road, and continuing West on Haverford Road to Dartmouth Drive then North and Northeast along Dartmouth Drive to Ardsley Gate; then Northwest through Ardsley Gate to Woodbury Road, then Southwest along Woodbury Road to Ronald Avenue, the West along Ronald Avenue to Miller Road, then North along Miller Road and continuing thereon as it is projected, to the District's North Line.

**ELECTION
DISTRICT NO. 4
LEE AVENUE SCHOOL**

On the East-Northeast: The Long Island Railroad, from its intersection with Old Country Road, to the Southerly point of the District's East Line.

On the South: The District's South Line, from the Long Island Railroad, Southwesterly into Michigan Drive, then South along said District Line to the Hempstead Township Line, then Northwesterly along the District's South Line to Jerusalem Avenue.

On the West and North: Along Jerusalem Avenue, from the District's South Line, to Salem Gate, then West along Salem Gate to Salem Road, then North to Harkin Lane, then Northwest along Harkin Lane to Division, then North along Division Avenue to Glenbrook Road, then Northwest along Glenbrook Road to Newbridge Road, then Northwest along Newbridge Road to Old Country Road, then East along Old Country Road to the Long Island Railroad.

**ELECTION
DISTRICT NO. 5
FORK LANE SCHOOL**

On the East: Jerusalem Avenue from Salem Gate, to the District's South Line.

On the North: Salem Gate, West from Jerusalem Avenue, to Salem Road, then North along Salem Road to Harkin Lane, then Northwest along Harkin Lane to Division Avenue, then Northwesterly along Division Avenue to Glenbrook Road then West along Glenbrook Road to Newbridge Road.

On the West: Newbridge Road, from Glenbrook Road on the North, to the District's South Line.

On the South: The District's South Line, from Newbridge Road, on the West, to Jerusalem Avenue on the East.

**ELECTION
DISTRICT NO. 6
DUTCH LANE SCHOOL**

On the East: Newbridge Road, from Elmira Street, to the District's South Line.

On the South: The District's South Line, from Newbridge Road, on the East, to the District's West Line.

On the West: The District's West Line, from the District's South Line to Arrow Lane, as said Lane is projected West to the District's West Line.

On the North: From Arrow

LEGAL NOTICE

Lane, as projected to the District's West Line, East and along said Arrow Lane, to Levittown Parkway, then South along Levittown Parkway to Beech Lane, then East Long Beech Lane to Blueberry Lane, then South along Blueberry Lane to Elmira Street, then East along Elmira Street to Newbridge Road.

**ELECTION
DISTRICT NO. 7
OLD COUNTRY
ROAD SCHOOL**

On the North and Northeast: The Long Island Railroad from the District's West Line to the intersection of the Railroad with Old Country Road.

On the South and East: Old Country Road from its intersection with the Long Island Railroad, Westerly to Newbridge Road, then Southwest along Newbridge Road to Elmira Street, then West along Elmira Street to Blueberry Lane, then North along Blueberry Lane to Beech Lane, then West along Beech Lane to Levittown Parkway, then North along Levittown Parkway to Arrow Lane, then West along Arrow Lane, and as projected to the District's West Line.

**BY ORDER OF
THE BOARD
OF TRUSTEES**

Hicksville
Public Library
Hicksville,
Town of
Oyster Bay, N.Y.
Alice L. Wilder
District Clerk

MIT 2677
CX 3/5, 19, 26, 42

LEGAL NOTICE

BONDAM REALTY ASSOCIATES, L.P. has been formed as a domestic limited partnership (L.P.) and states the following:

1. The name of the L.P. is Bondam Realty Associates, L.P.
 2. The date of filing of the Certificate of L.P. with the Secretary of State (S/S) of the State of New York is January 25, 1993.
 3. The county in which the office is to be located is Nassau County.
 4. The S/S of the State of New York is designated as the agent of the L.P. upon whom process against the L.P. may be served. The P.O. address to which the S/S of the State of New York shall mail a copy of any process against the L.P. served upon him is c/o Fein & Fein, 500 North Broadway, Jericho, New York, 11763.
 5. The name and address of the sole general partner is available from the S/S of the State of New York.
 6. The latest date upon which the L.P. is to dissolve is December 31, 2088.
 7. The purpose of the L.P. is to own, manage and develop real estate in the State of New York.
- JER 8394
6x2/19, 26; 3/5, 12, 19, 26

"V.O.D. Awards Night Ceremony"

At P.P.C. Carmine A. Somma An overflow crowd attended the 46th Annual Voice of Democracy Program held at the Wm. M. Gouse Jr., V.F.W. Post No 3211 Fri., Feb. 19. Sr. Vice Comdr. Larry Colipietro chairman and his co-chairman P.P.C. Connie Steers and Past Ladies Auxiliary President Carmela Vitiello present the awards.

The contest winners are: 1st Place winner: Suzanne Conning, Holy Trinity H.S.; certificates was awarded to her from P.P.C. Connie Steers. 2nd Place winner was: Yasine Gourdain, a certificate was awarded to her by President of Ladies Auxiliary Esther Palladino. Also from Holy Trinity H.S. the 3rd Place winner was: Elizabeth Hickey. She received the award from the Comdr. Dennis Ladlaw. Third Place winner Michael Chang from Hicksville H.S. received his award from Past President of the Ladies Auxiliary Carmela Vitiello.

Elementary School certificates awards went to: First Place winner, Edward Pettei. 2nd Place winner: Jamine Jerome; Third Place winner, Alana Ample from St. Ignatius

Loyola. The outstanding Essays went to Amanda Highfield from Hicksville Middle School, Keith Engelhardt from Hicksville Middle School, Ricky Abalay from Hicksville Middle School.

Honored guests were Thomas Clark, Town Councilman, Herbert Krum of Masonic War Veterans and Mrs. Joan Bouhofer a Hickville resident and Hon. Thomas Gulotta, County Executive. Hon. Lewis Yevoli, Town Supervisor, Hon. Fred J. Parola, State Assembly. All the parents and friends of the students and the members of the William M. Gouse Jr. V.F.W. Post and its Auxiliary. To our Judges who did such a terrific job on reading and listening to over 240 tapes and over 200 6th grade essays, we wish to say thank you. The post said, "On behalf of our Comdr. Dennis Ladlaw the V.O.D. Committee Larry Colipietro chairman Connie Steers and Carmela Vitiello both were co-chairman we thank our participating students, their teachers, principals, parents, and all those that made the evening of Feb. 19 a tremendous success.

Photos taken by Pierre Gasque



Left to right: Commander Dennis Ladshaw, First Place winner Suzanne Conning of Holy Trinity High School and Auxiliary President Esther Palladino.



Left to right: State Assemblyman Fred J. Parola, Second Place winner Jeanine Jerome of Hicksville Middle School and Past Auxiliary President Carmela Vitiello.



Left to right: Mrs. Highfield, Outstanding Essayist Amanda Highfield of Hicksville Middle School and Comdr. Dennis Ladshaw.



Winners, chairmen and co-chairmen, officers of the post, honorary guests and ladies of the auxiliary.

LEGAL NOTICE NOTICE TO BIDDERS

The Board of Education of Hicksville Union Free School District of the Town of Oyster Bay, Nassau County, New York, in accordance with Section 103 at Article 5-A of the General Municipal Law, hereby invites the submission of sealed bids on Health & Training Supplies/Equipment 1993/94.03, Gym & Stage Floor Repair & Refinishing 1993/94.04 for use in the Schools of the District. Bids will be received until 2:00 P.M. on the 16th day of March, 1993, in the Purchasing Office at the Administration Building on Division Avenue at 6th Street, Hicksville, New York, at which time and place all bids will be publicly opened. Specifications and bid

form may be obtained at the Purchasing Office, Administration Building, Division Avenue at 6th Street, Hicksville, New York. The Board of Education reserves the right to reject all bids and to award the contract to other than the lowest bidder for any reason deemed in the best interest of the District. Any bid submitted will be binding for One Hundred Twenty (120) days subsequent to the date of bid opening.

**BOARD OF
EDUCATION
HICKSVILLE
UNION FREE
SCHOOL DISTRICT**
Town of
Oyster Bay,
Nassau County
New York
Stuart A. Ogdahl

LEGAL NOTICE

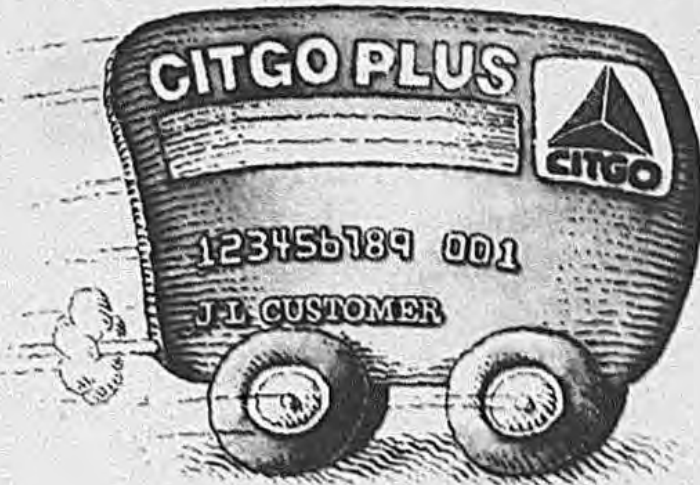
Asst. Supt. for
Business Management
Dated
February 24, 1993
MIT 2878

Parenting

The Hicksville Public Schools will sponsor an evening to help parents understand adolescent behavior. The meeting will focus on how parents can prevent adolescent drug and alcohol abuse. School and community resources will also be presented.

The evening will feature Dr. John Imhof, a specialist in substance abuse prevention from North Shore University Hospital. The meeting will be held on March 16 at 8 p.m., in Cafeteria A of the Middle School. Members of the community are invited to attend.

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- Jericho News Journal

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**LEGAL NOTICE
NOTICE OF
ADOPTION
OF RESOLUTION**

NOTICE IS HEREBY GIVEN that the Town Board of the Town of Oyster Bay, Nassau County, New York, at a meeting held on February 23, 1993, duly adopted the resolution published herewith subject to a permissive referendum. Dated: Oyster Bay, New York
February 23, 1993

**CARL L. MARCELLINO
Town Clerk
RESOLUTION NO. 140-
1993**

**BOND RESOLUTION
DATED FEBRUARY 23,
1993.**

A RESOLUTION AUTHORIZING THE ISSUANCE OF \$10,150,000 SERIAL BONDS OF THE TOWN OF OYSTER BAY, NASSAU COUNTY, NEW YORK, TO PAY PART OF THE COST OF THE RESURFACING AND RECONSTRUCTION OF VARIOUS ROADS LOCATED THROUGHOUT AND IN AND FOR SAID TOWN.

WHEREAS, all conditions precedent to the financing of the capital project hereinafter described, including compliance with the provisions of the State Environmental Quality Review Act, have been performed; and

WHEREAS, it is now desired to authorize the financing of such capital project; **NOW, THEREFORE, BE IT**

RESOLVED, by the Town Board of the Town of Oyster Bay, Nassau County, New York, as follows:

Section 1. For the class of objects or purposes of paying part of the cost of the resurfacing and reconstruction of various roads, located throughout and in and for the Town of Oyster Bay, Nassau County, New York, there are hereby authorized to be issued \$10,150,000 serial bonds of said Town pursuant to the provisions of the Local Finance Law.

Section 2. It is hereby determined that the maximum estimated cost of the aforesaid class of objects or purposes is \$10,500,000, and the plan for the financing thereof is as follows:

a) By the expenditure of \$350,000 moneys received by said Town pursuant to the Consolidated Local Street and Highway Improvement Program, which moneys are hereby appropriated therefor; and

b) By the issuance of the \$10,150,000 serial bonds of said Town authorized to be issued pursuant to this resolution.

Section 3. It is hereby determined that the period of probable usefulness of the aforesaid class of objects or purposes is fifteen years, pursuant to subdivision 30(c) of paragraph a of Section 11.00 of the Local Finance Law. It is hereby further determined that the maximum maturity of the serial bonds here in authorized will

LEGAL NOTICE

exceed five years.
Section 4. Subject to the provisions of the Local Finance Law, the power to authorize the issuance of and to sell bond anticipation notes in anticipation of the issuance and sale of the serial bonds herein authorized, including renewals of such notes, is hereby delegated to the Supervisor, the chief fiscal officer. Such notes shall be of such terms, form and contents, and shall be sold in such manner, as may be prescribed by said Supervisor, consistent with the provisions of the Local Finance Law.

Section 5. The faith and credit of said Town of Oyster Bay, Nassau County, New York, are hereby irrevocably pledged to the payment of the principal of and interest on such obligations as the same respectively become due and payable. An annual appropriation shall be made in each year sufficient to pay the principal of and interest on such obligations becoming due and payable in such year.

Section 6. Such bonds shall be in fully registered form and shall be signed in the name of the Town of Oyster Bay, Nassau County, New York, by the manual or facsimile signature of the Supervisor and a facsimile of its corporate seal shall be imprinted thereon and attested by the manual or facsimile signature of the Town Clerk.

Section 7. The powers and duties of advertising such bonds for sale, conducting the sale and awarding the bonds, are hereby delegated to the Supervisor, who shall advertise such bonds for sale, conduct the sale, and award the bonds in such manner as he shall deem best for the interests of the Town; provided, however, that in the exercise of these delegated powers, he shall comply fully with the provisions of the Local Finance Law and any order or rule of the State Comptroller applicable to the sale of municipal bonds. The receipt of the Supervisor shall be a full acquittance to the purchaser of such bonds, who shall not be obliged to see to the application of the purchase money.

Section 8. All other matters, except as provided herein relating to such bonds, including prescribing whether manual or facsimile signatures shall appear on said bonds, prescribing the method for the recording of ownership of said bonds, appointing the fiscal agent or agents for said bonds, providing for the printing and delivery of said bonds (and if said bonds are to be executed in the name of the Town by the facsimile signature of its Supervisor, providing for the manual countersignature of a fiscal agent or of a designated official of the Town), the date, denominations, maturities and interest payment dates, place or places of payment, and also including the consolidation with other issues,

LEGAL NOTICE

shall be determined by the Supervisor. It is hereby determined that it is to the financial advantage of the Town not to impose and collect from registered owners of such serial bonds any charges for mailing, shipping and insuring bonds transferred or exchanged by the fiscal agent, and, accordingly, pursuant to paragraph c of Section 70.00 of the Local Finance Law, no such charges shall be so collected by the fiscal agent. Such bonds shall contain substantially the recital of validity clause provided for in section 52.00 of the Local Finance Law and shall otherwise be in such form and contain such recitals in addition to those required by section 52.00 of the Local Finance Law, as the Supervisor shall determine.

Section 9. The validity of such bonds and bond anticipation notes may be contested only if:

1) Such obligations are authorized for an object or purpose for which said Town is not authorized to expend money; or

2) The provisions of law which should be complied with at the date of publication of this resolution are not substantially complied with, and an action suit or proceeding contesting such validity is commenced within twenty days after the date of such publication; or

3) Such obligations are authorized in violation of the provisions of the Constitution.

Section 10. This resolution shall constitute a statement of official intent for purposes of Treasury Regulations Section 1.103-18(f). Other than as specified in this resolution, no monies are, or are reasonably expected to be, reserved, allocated on a long-term basis, or otherwise set aside with respect to the permanent funding of the object or purpose described herein.

Section 11. Upon this resolution taking effect, the same shall be published in full Massapequa Observer, Bethpage Newgram, Hicksville Illustrated News, and Gold Coast Gazette, the official newspapers, together with a notice of the Town Clerk in substantially the form provided in Section 81.00 of the Local Finance Law.

Section 12. This resolution is adopted subject to permissive referendum.
Beth 3165
1x3/6

G.S. Craft Fair

The Girl Scouts of Central Park Association (Plainview, Old Bethpage, and Bethpage) will hold its annual Recruitment and Crafts Fair on March 27 at the Good Shepard Lutheran School, Central Park Road, Plainview from 10 a.m. to 3 p.m.

Jottings From Yesteryear

By Bill Clark

How sometimes an article or item, leads you to a project you intended to make in a spare moment. My project was a NASSAU brick made in Old Bethpage brickyard. I planned to coat or wrap it in cloth to be used as a door stop souvenir. It reminded me of Mr. Stewart, who used Nassau bricks for the Garden City Hotel and other buildings. Then I found a 1918 Brooklyn Eagle newspaper telling of Alexander Turney Stewart 1803-1878, owned a store in New York City, later to become the building for John Wanamaker Store at 10th & Broadway. So you see a little brick involved a man busy in New York City, Garden City and Old Bethpage. Now I will have to find what is good for

giving the brick a good protective coating.

The children were talking about "Barney" the current dinosaur. I recalled reading an item that "Gertie" the Dinosaur 1909 was one of the first animated films, by Winsor McCoy. I read about Gertie but no I did not see it.

In the 1930's an Industrial Fair was held each year at the large building on E. Barclay St. that had the Odd Fellows emblem on the building. Now the building has been remodelled. During the Fair, booths had all the business and organizations filling the building. This weekend the Broadway Mall will hold their Expo. This will be bigger by far than the days of old.



Press Wireless, transmitted a beam worldwide. Buildings & towers were located on Cantiaque Road and W. John St. until the late 1940's on 117 acres. The area now is Cantiaque Park.



1993 - Approx. same area looking north from W. John Street. Photos by Bill Clark

**NOTICE OF SALE
SUPREME COURT
NASSAU COUNTY
HOME SAVINGS OF
AMERICA
FEB, formerly known as
HOME SAVINGS OF
AMERICA, F.A.,
Pltf. vs.
MILTON W. HERNAN-
DEZ
et al Defts.
Index #10094/92**

Pursuant to judgment of foreclosure and sale dated Oct. 5, 1992, I will sell at public auction on the North front steps of the Nassau County Courthouse, 262 Old Country Rd., Mineola, NY on Mar. 25, 1993 at 9:00 a.m. prem. k/a 32 West Cherry St., Hicksville, NY. Said property located on the northerly side of West Cherry St., 315.66 ft. westerly from the corner formed by the intersection of the northerly side of West Cherry St. with the westerly side of Broadway, being a plot 60 ft. x 100 ft. Sold subject to terms and conditions of filed judgment and terms of sale.

LEGAL NOTICE

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MIT2682
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**Seniors 55,
Over Exercise**

Once again Ellen Coven, Dance Fitness Instructor, will be leading Seniorobics, an exercise program designed for the over 55 age group, at the Bethpage Public Library. Ms. Coven has developed this class under the guidance of cardiologists, exercise physiologists and arthritis specialists. It incorporates routines to improve flexibility, increase strength and enhance cardiovascular efficiency - all to the beat of lively music.

Two seven-week sessions have been scheduled. Both will begin on Monday, March 15. Session 1 will be held from 9:45 a.m. to 10:30 a.m., and Session 2 will be held from 10:45 a.m. to 11:30 a.m.

**LEGAL NOTICE
NOTICE OF
BUDGET HEARING**

A public Budget Hearing will be held by the Board of Trustees of Hicksville Public Library, Town of Oyster Bay, County of Nassau, State of New York, on Wednesday, March 31, 1993, commencing at 8:00 PM, in the Community Room of the Hicksville Public Library, 169 Jerusalem Avenue, Hicksville, New York for the purpose of discussing expenditures contained in a proposed budget for the school year 1993-94.

**ALICE L. WIDER,
DISTRICT CLERK**
Hicksville
Union Free
School District
Division Avenue,
Administration
Building
Hicksville,
New York 11801-4800
MIT 2679
4x 3/5, 12, 19, 26

**LEGAL NOTICE
NOTICE OF SALE
SUPREME COURT OF
THE STATE OF NEW
YORK, COUNTY OF NAS-
SAU CHEMICAL BANK,
Plff. v. HENRY
SKORUPSKI, et al., debts.
Index #015458/92**

Pursuant to Judgment of Foreclosure and Sale dated JANUARY 20, 1993, I will sell at public auction on the north front steps of the Nassau County Courthouse, 262 Old Country Road, Mineola, N.Y. on APRIL 6, 1993 at 9:30 a.m. Premises known as 16 Albatross Road, Levittown, New York; all that certain plot, piece or parcel of land, with the buildings and improvements thereon erected, situate, lying and being at Levittown, near Hicksville, Town of Hempstead, County of Nassau and State of New York, known and designated on a certain map entitled "Section H-H and J-J, Subdivision Map of Property known as Levittown, owned by County Community Corp. located at Levittown, Town of Hempstead, Nassau County, N.Y., June, 1949, survey and maps by C.A. Monroe, P.E. and L.S. 9357" and filed in the office of the Clerk of the County of Nassau on July 6, 1949 as Map No. 4726 as and by the lot 6 in block 244.

Amount due per judgment \$79,709.64 plus costs and allowances, all with interest and expenses.

Sold subject to terms and conditions of filed judgment and terms of sale.

MICHAEL LEAVY ESQ.

Referee
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Founders Day Dinner Honors Nancy DeSorbo

Story by Dick Evers
Gregory Museum Historian

A very large attendance at the Long Island Marriot, Uniondale were present this past Thursday evening for the Hicksville 40th Annual P.T.A. Founders Day Dinner. The principal guest of honor for the event was Mrs. Nancy DeSorbo, Director of Student Activities at the Hicksville High School; 20-year member of the Business Education Department, and an educator who has served community youth with distinction and joy.

Toastmaster for the dinner was Frank Brown, retired long-time Chairman of the High School Business Department. Dinner Chairpersons were Joanne Toich and Jan Mullee and Peggy Theis served as editors of the 1993 Founders Day Dinner Journal. On the dias for the dinner in a beautifully illuminated room with excellent sound amplification were Nancy Callari, President of the Hicksville Council of PTAs, Michael and Nancy DeSorbo, and Superintendent of Schools Salvatore Mugavero.

Two recipients of the PTA Honorary Life Memberships, Mrs. Pat Love and Mrs. Patricia Rooney whose long service with PTA units and Council leadership has been outstanding. Thirty-five educators and PTA members from various schools and SEPTA were unit honored guests for this 40th Founders Day Dinner.



Enjoying the Hicksville Council of PTAs 40th Founders Day Dinner are: guest of honor Mrs. Nancy DeSorbo (standing); her husband Michael; Mrs. Nancy Callari, Council President, and Joanne Toich, Dinner Cochairperson.



Mixing with her legion of friends is Founders Day Dinner honoree, Mrs. Nancy DeSorbo (left), Garry Schwartz of the High School Faculty, and Mrs. Pat Love of the High School PTA who received a PTA honorary Life Membership.



At the Marriot, as the cocktail hour gets rolling, two long-time friends, Mrs. Arlene Didier, Executive Secretary, Hicksville High and Mrs. Anne Evers.



The sporting set and lookin' good L-R: Bernard Meyer, Bob Kenny, Director of Hicksville School Athletics, and Wayne "Buddy" Bryan, veteran coach.



Hicksville schools' memorable marching band director, Henry Gates, now Director of the N.Y.U. College band, stands with former student, Hillary Sperber, music mentor in today's local schools; Mrs. Gates and Beth Atkinson, High School PTA unit honoree.



Frank Brown, toastmaster for dinner (Left) is in good company: Richard Hogan, High School Principal; Mike Sinatra, former H.S. Guidance Chairman, and Ray McDonough, Dean of Students.



School Superintendent Salvatore Mugavero making his rounds stops to chat with Mrs. Celest Watman, Director of the Hicksville Public Library, and William Bennett, former long-time school board member.



A genial trio obliges camera man, historian Dick Evers of the Hicksville Gregory Museum: Mrs. Anne Evers, Mrs. Carole Wolf, School Trustee, and Arnie Sparr, well-remembered former Curriculum Materials Director.



The Woodland Ave. School funsters L-R: Alice Boyle, Exec. Secretary; Marilyn Goldstein; Betty Stouges, retired teacher; Linda Bragini; Principal Manus Clancy, and Pat Rooney who was honored with a PTA Honorary Life Membership.



Leaders of one of Nassau's top public libraries, Mrs. Clara Bennett, Past Library Board President, and Marc Herbst, President of the Hicksville Public Library Board and President of the Hicksville Community Council.



Victor Caputo, Director of Public Relations, Hicksville Public Library, and Mrs. Dolores Ulrich, teacher and Woodland Ave. School PTA unit honoree are gracious subjects for the lensman.

Continued On Page 15

1993 Season Hicksville Baseball Assoc

Hicksville Baseball Association will be holding registration again for those who missed the last registration due to inclement weather. HBA will be at Hicksville Public Library (2nd St. and Jerusalem Ave.) on Saturday, March 6, from 10 a.m. to 12 noon.

The fee is \$75 per player and \$85 per family. A \$20 uniform deposit written to HBA, dated July 1, 1993, is required at registration and will be refunded at the end of season when uniforms are returned.

Babe Ruth Traveling Teams can register at that time also. The fee is \$75; if you wish to play in-house and traveling team there is only one fee for both.

If you haven't already registered, now is the time to join the league which has been serving Hicksville's youth for 41 years. Each year it grows in size; last season more than 700 children played in the league, which welcomes new members as well as old members. The teams will be picked soon, so get your registration in on March 6, so a place can be guaranteed to play baseball or softball this year.

The league needs volunteers to help, as they are a volunteer organization relying on community members to manage, coach, umpire or just be a team mom. Every parent that helps just makes the league's season run smoother and gives you an active part in your child's Little League career.

Anyone who is 14 years or older and wishes to earn extra money, consider umpiring for HBA. There is a training clinic in March and you'll receive books to learn rules of game. Call the umpire-in-chief, Joe Caruso, at 937-6253, if you are interested.

Registration tables will be set up in the community room at Hicksville Public Library. There will also be tables set up to take your orders for jackets, if you missed out last year. They are black satin, quilt-lined, with orange trim and a HBA Logo on the back. Your name can be embroidered on the front. The success of last year's sale prompted the league to bring them back again this year. For those chilly April-May games, HBA also decided to make hooded sweatshirts available. Samples to see and try on are there for you at registration.

Everyone who comes will be given a schedule of this year's events which include a clinic, the annual dance, a family picnic you won't want to miss, and much more. The league's meetings at the Library every month are open to all members who wish to attend, and are listed on the schedule also. Any questions, fee free to call Carol Baglieri (681-6144), Jerry Manna (681-1095), Greg Simonelli (735-6594).

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Founders Day Dinner Honors Nancy DeSorbo

Continued From Page 14



David Staton, Trustee of the Hicksville Board of Education and his lovely lady.



Among the merry Middle School guests are L-R: recently retired, long-service Assistant Principal Joseph and Mrs. Giambolvo; Mrs. Marie Marshall, newly appointed Middle School Principal, a veteran, distinguished Hicksville School teacher and administrator.



School Superintendent Salvatore Mugavero and his dinner companion on the dais Mrs. Jan Mullee who cochaired the Founders Day Dinner.



Ladies of many talents enjoying the fete; Maureen Traxler, PTA leader, journalist for the Mid-Island Times, and historical society officer, and Anne Evers, local historian and Gregory Museum volunteer.



A tower of social studies education at the Hicksville Middle School, Gordon Mackay, and his mother genially greet cameraman Dick Evers.



A congenial quartet: (seated) Clara Bennett, Trustee, Hicksville Public Library; and Hild, Hickville Teachers Assistant leader. Standing are: Cathy Black, Trustee of the Hicksville Gregory Museum, and her husband, James Black, Trustee of the Hicksville Board of Education.



Sterling gentlemen, teachers of the Middle School: Henry "Hank" Cooney, Hal Buck and Henry Euler. They exemplify the veteran, outstanding teachers serving in the village's historic Jerusalem Ave. school building.

Second Half School Taxes Due

Town of Oyster Bay residents are reminded that Second Half 1993 School Taxes are due April 1, and payable without penalty, through May 10.

By law, a taxpayer has 40 days from the date the tax is due, during which payment may be made without penalty. After the 40 day grace period, a one percent penalty is added for each month the tax remains unpaid, retroactive to the due date of April 1.

Residents can pay their taxes in person at the Tax Office, Oyster Bay Town Hall West, 64

Audrey Avenue, Oyster Bay, and at Town Hall South, 977 Hicksville Road, Massapequa. Taxes can also be mailed to the Office of the Receiver of Taxes, 54 Audrey Avenue, Oyster Bay, New York, 11791. The Town Clerk's Annex at Newbridge Road and Duffy Avenue in Hicksville will also be open to accept tax payments, by check only, from 9 a.m. to 4:45 p.m., on May 3, 4, 5, 6, 7, 8 and 10. Payments made by mail must be postmarked no later than May 10, to avoid penalties.

LEGAL NOTICE

LEGAL NOTICE STATE OF NEW YORK COUNTY OF NASSAU TOWN OF OYSTER BAY

I Carl Marcellino Town Clerk of the Town of Oyster Bay, and custodian of the Records of said Town, DO HEREBY CERTIFY that I have compared the annexed with the original PUBLIC NOTICE OF CHANGE OF ZONING adopted by the Town Board on February 23, 1993 - SAMUEL ARBITAL & BERNICE ARBITAL/ SALVATORE PRESTI & MARC SUGARMAN d/b/a BAYSEP ASSOCIATES, Change of Zone, Hicksville, N.Y. filed in the Town Clerk's Office and that the same is a true transcript thereof, and of the whole of such original.

In Testimony Whereof, I have hereunto signed my name and affixed the seal of said Town this 25th day of February 1993.
Carl L. Marcellino
Town Clerk

PUBLIC NOTICE OF

CHANGE OF ZONING RESOLVED. That the petition of SAMUEL ARBITAL and BERNICE ARBITAL, Contract Vendees, and SALVATORE J. PRESTI and MARC SUGARMAN d/b/a BAYSEP ASSOCIATES, Fee Owners, for a Change of Zone from a "D" Residence District to an "R-O" Residence-Office District, to operate an optometrist's office at Hicksville, Town of Oyster Bay, County of Nassau and State of New York, is hereby GRANTED, on the premises described as follows: SCHEDULE "A" ALL that certain plot, piece or parcel of land, situate, lying and being at Hicksville, Town of Oyster Bay, County of Nassau and State of New York, bounded and described as follows: BEGINNING at a

point on the westerly side of South Oyster Bay Road, distant 463.68 feet as measured northerly along the westerly side of South Oyster Bay Road from the northerly end of a 10.34 foot radius curve formed at the intersection of the westerly side of South Oyster Bay Road the northerly side of Garden Street; THENCE north 83 degrees 42 minutes 40 seconds west a distance of 125.18 feet; THENCE north 6 degrees 17 minutes 20 seconds east a distance of 75.00 feet; THENCE south 83 degrees 42 minutes 40 seconds east a distance of 125.45 feet to the westerly side of South Oyster Bay road; THENCE south 6 degrees 29 minutes 20 seconds west a distance of 75.00 feet along the westerly side of South Oyster Bay Road to the point or place of BEGINNING. SAID premises are known and described as Section 12, Block 295, Lot 71 on the Land and Tax Map of the County of Nassau. The application herein granted is subject to voluntary covenants and restrictions imposed upon the subject premises by SAMUEL ARBITAL and BERNICE ARBITAL, contract Vendees, and SALVATORE J. PRESTI and J. MARC SUGARMAN d/b/a BAYSEP ASSOCIATES, Fee Owners, as set forth in a written instrument to be duly recorded in the Office of the Clerk of Nassau County within one year of this resolution; and may only become effective upon such recording.

BY ORDER OF THE
TOWN BOARD OF
THE TOWN OF
OYSTER BAY
Lewis J. Yevoli,
Supervisor
Carl L. Marcellino,
Town Clerk

Dated: February 23, 1993
Oyster Bay, N.Y.
MIT2678
1x3/5

Recreation, Child Care, Topics Of Supt. Report

Continued From Page 1

aimed at understanding multi-cultures. Mr. Martin reported that the Chamber of Commerce representative said that the business community is concerned with graffiti, especially as it relates to insurance and their premises. He reported that vandalism does not seem to be a problem. The business community is generally hesitant to react to graffiti problems for fear of retribution, but they are willing to offer a reward toward the arrest and conviction of those involved.

The Hicksville Community Council representative not only voiced concern over the growing graffiti problem, but also the consumption of alcoholic beverages by youngsters around town.

At the committee's meeting on March 3, it is scheduled to formulate recommendations to be presented to the Board.

During the Board's committee reports, Trustee Martin said that the facilities committee had discussed a modified gymnastic program and the elimination of roller skating on the elementary level for safety reasons. Asst. Supt. Stuart Opdahl reported that several accidents have occurred, and therefore, administration is requesting a change in gymnastic equipment and a substitute activity for roller skating.

In response to a letter received from the Woodland School PTA regarding substitute school nurses, Supt. Mugavero acknowledged that the district has been having some difficulty hiring such substitutes. Mr. Mugavero reported that the district has increased the per diem salary and advertised in Newday and local papers. He announced that the district will readvertise and that permission has been obtained to place articles for substitute nurse positions in the PTA newsletters.

In a similar vein, Trustee Dave Staton expressed concern over treatment of a child in an emergency situation. He suggested that the district contact the County for an explanation of what can and cannot be done by the district staff.

Mr. Mugavero stated that the district's health practice includes working through the County in these situations. He added that the district contacts the Hicksville Fire Department in emergencies for two reasons: their response time is better than 911 and the district then has a choice of where to take the child.

In the district's continuing effort to cut expenses, the Board approved the removing of "semi-public" phones (pay phones) at East Street, Lee Avenue and Willet Avenue Schools and the Administration Building at the end of the fiscal year in June. Asst. Supt. Opdahl reported that there is little or no activity on these phones and the district is required to pay for the upkeep. On an ordinary active public phone, the district receives a commission on the use of the phone.

The district is negotiating for the extension of transportation contracts for mini buses operating routes for the private/parochial schools and the handicapped. The district is insisting on no greater than a 1% increase. The bus companies and their status is as follows: Jaco and Veterans will receive no increase; Tomfor will receive a 1% increase; Wee Transport is negotiating a conditional 1% increase; and the district will rebid for routes operated by Educational Bus and Kay Corp.

The Board's meeting dates for the next month include Wednesday, March 10, committee meetings followed by a work session; and Wednesday, March 24, 8 p.m., regular meeting in the Little Theater of the Senior High School.

LEGAL NOTICE

AMENDMENTS TO THE CODE OF THE TOWN OF OYSTER BAY CHAPTER 233, MOTOR VEHICLES

BE IT ORDAINED, by the Town Board of the Town of Oyster Bay, County of Nassau, State of New York, that "Motor Vehicles and Traffic" of the Code of the Town of Oyster Bay, New York, Chapter 233, as amended, be and the same is further amended, as follows:

That the following locations be ADDED to SECTION 17-25 of the said Code establishing thereunder the following intersections as STOP intersections and stop signs shall be erected at appropriate places facing traffic on the stop street. All traffic on a stop street approaching a through street from either direction, unless otherwise designated, shall come to a full stop before entering the through street.

MASSAPEQUA THROUGH STREET STOP STREET

LEGAL NOTICE

N. SYRACUSE AVE., THORNE AVE., eastbound; PARKSIDE DRIVE, PITTSBURGH AVE., eastbound; BERKELEY AVENUE, MASSAPEQUA AVE., north & south; ST. MARKS PLACE, WEST END AVE., north & south; RONA COURT, AMHERST DRIVE, east & west; N. ALASKA STREET, N. DELAWARE AVE., westbound; N. CENTRAL DRIVE, N. DELAWARE AVE., eastbound;

HICKSVILLE STRONG STREET, JAMES STREET, east & west

PLAINVIEW W. PARK DRIVE, S. PARK DRIVE, east & west

SYLVIA LANE WARREN PLACE, eastbound

SYLVIA LANE BROOK PATH, eastbound; NETTO LANE

LEGAL NOTICE

BEAUMONT DR., north & south; BEAUMONT DRIVE, ROBIN LANE, eastbound

That the following locations be ADDED TO SECTION 17-183 of the said Code establishing NO STOPPING ZONES, which shall be appropriately designated by posted signs: FARMINGDALE - LAMBERT AVENUE - south side - starting at the east curb line of Merritts Road, east for a distance of 40 feet; north side - starting at the east curb line of Merritts Road, east for a distance of 40 feet.

HICKSVILLE - BETHPAGE ROAD - west side - starting at a point 208 feet north of the north curb line of Lottie Avenue, north for a distance of 27 feet, WYCKOFF STREET - east side - starting at the south curb line of West John Street, south for a distance of 56 feet; WYCKOFF STREET - east side - starting at the south curb line of West John Street, south for a distance of 56 feet; PLAINVIEW - CHESTNUT DRIVE - east side - starting at the south curb line of Woodbury Road, south for a distance of 60 feet; west side - starting at the south curb line of Woodbury Road, south for a distance of 60 feet.

That the following locations be DELETED from SECTION 17-165 of the said Code: NO PARKING ZONES. HICKSVILLE - BETHPAGE ROAD - east side - starting at a point 208 feet south of the south curb line of Andrews Road, South for a distance of 45 feet.

That the following locations be ADDED TO SECTION 17-168 of the said Code establishing LIMITED PARKING ON CERTAIN DAYS OR HOURS, which shall be appropriately designated by posted signs: GLEN HEAD - GLEN HEAD ROAD - south side - 30 MINUTES PARKING 7 AM TO 7 PM EXCEPT SUNDAYS AND HOLIDAYS - starting at a point 30 feet east of the east curb line of Maple Place, east to Railroad Avenue. HICKSVILLE - WYCKOFF STREET - east side TWO HOUR PARKING 8 AM TO 4 PM SUNDAYS - starting at a point 56 feet south of the south curb line of West John Street, south to a point 60 feet north of the north curb line of West Barclay Street. WEST BARCLAY STREET - north side - TWO HOUR PARKING 8 AM TO 6 PM EXCEPT SUNDAYS - starting at a point 65 feet west of the east curb line of Newbridge Road, west to a point 30 feet east of the east curb line of Wyckoff Street.

That the following location be DELETED from SECTION 17-168 of the said Code: GLEN HEAD - GLEN HEAD ROAD - south side - 90 MINUTE PARKING 7

LEGAL NOTICE

AM to 7 PM EXCEPT SUNDAYS AND HOLIDAYS - starting at a point 30 feet east of the east curb line of Maple Place, east to the Long Island Railroad.

That the following location be DELETED from SECTION 17-329 of the said Code: OYSTER BAY - ANSTICE STREET - CLOSED - SCHOOL STREET FROM 8 AM TO 4 PM SCHOOLDAYS - between Burtis Avenue and Weeks Avenue.

BY ORDER OF THE TOWN BOARD OF THE TOWN OF OYSTER BAY Carl L. Marcellino Town Clerk

Lewis J. Yevoli Supervisor Oyster Bay, New York February 23, 1993

STATE OF NEW YORK, COUNTY OF NASSAU ss: TOWN OF OYSTER BAY I, Carl L. Marcellino Town Clerk of the Town of Oyster Bay, and custodian of the Records of said Town, DO HEREBY CERTIFY that I have compared the annexed with the original Notice of Amendments to the Code of the Town of Oyster Bay (Motor Vehicles and Traffic) adopted by the Town Board on February 23, 1993, filed in the Town Clerk's Office and that the same is a true transcript thereof, and of the whole of such original.

In Testimony Whereof, I have hereunto signed my name and affixed the seal of said town this 24th day of February, 1993.

CARL L. MARCELLINO Town Clerk

MIT 2673 1X 3/5

LEGAL NOTICE NOTICE OF SALE SUPREME COURT COUNTY OF NASSAU/OYSTER BAY, NY CITIBANK N.A., Plaintiff against MARIA STEWART, THE LONG ISLAND SAVINGS BANK, et al, defendants PURSUANT TO JUDGEMENT OF FORECLOSURE AND SALE dated February 3, 1992,

I will sell at public auction on March 10, 1993 at 9:00 A.M. at The North Front Steps of the Nassau County Courthouse, 262 Old Country Road, Mineola, NY, premises in NASSAU County, bounded and described as follows: Section: 46 Block: 171 Lot: 76 BEGINNING at a point on the Northeastly side of Felice Crescent, distant 830.69 feet Northeastly, Easterly and Southeastly, as measured along the Northwestly, Northerly and Northeastly sides of said Felice Crescent, from the Northeastly end of the curve connecting the Northwestly side of Felice Crescent with the Northerly side of Fifth Street; RUNNING THENCE North 72 degrees 23 minutes

LEGAL NOTICE

East, 107.78 feet; RUNNING THENCE South 31 degrees 43 minutes 40 seconds East, 122.44 feet to land now or formerly of School District No. 17, Town of Oyster Bay;

RUNNING THENCE North 85 degrees 11 minutes West along said land, 161.18 feet to the Easterly side of Felice Crescent; RUNNING THENCE Northerly and Northwestly, along the Easterly and Northeastly sides of Felice Crescent, along a curve having a radius of 150 feet a distance of 58.73 feet to the point or place of BEGINNING, FOR CONVEYANCING ONLY.

TOGETHER with all right, title and interest of, in and to any streets and roads abutting the above described premises.

Premises described in Schedule A are known as: Street Address: 40 Felice Crescent, Hicksville, N.Y. Upset price is \$152,000.00.

Permits will be sold subject to provisions of filed judgment; Index # 15537/91. PARISI, SURICO & DEROSE, Attorneys for the plaintiff. 213-44 38th Avenue, Bayside, New York 11361 Under the direction of the referee, DAVID TURBRIDY, ESQ. MIT 2658 4X 2/12, 19, 26, 3/5

LEGAL NOTICE

SUPREME COURT - COUNTY OF NASSAU FEDERAL HOME LOAN MORTGAGE CORPORATION

Plaintiff against MICHAEL LEONE et al Defendant(s)

Pursuant to a judgment of foreclosure and sale entered herein and dated April 27, 1992, I, the undersigned Referee will sell at public auction on the north front steps of the Nassau County Courthouse, 262 Old Country Road, Mineola, NY on the 24th day of March, 1993, at 9:30 AM premises Beginning at a point on the easterly side of Evers Street distant 60.55 feet southerly from the southerly end of a curve having a radius of 20 feet which curve connects the easterly side of Evers Street and the southerly side of Chance Street and from point of beginning: Being a plot 105.78 feet by 57.60 feet by 90.75 feet by 67 feet, said premises known as 18 Evers Street, Town of Oyster Bay, Hicksville, New York.

Approximate amount of lien \$177,677.02 plus interest and costs. Premises will be sold subject to provisions of filed judgment. Index Number 29933/91 Dated: February 18, 1993 Robert S. Breitbart, Referee Shapiro & Kreisman Attorney(s) for Plaintiff 225 Broadhollow Road Melville, NY 11747 MIT2664 4x2/19,26,3/5,12

Part Two of the Mid Island Times
Syosset Advance, Williston Times,
New Hyde Park Herald Courier,
Bethpage Newsgram, Jericho News Journal
and The Garden City News



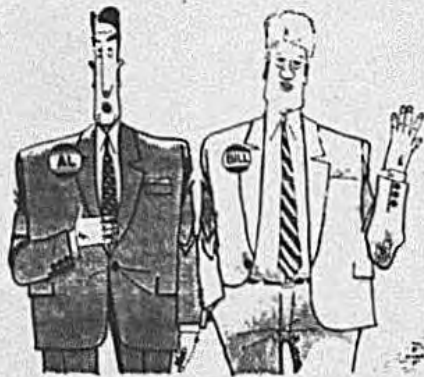
Discovery!

Magazine

The newspaper edition that helps
discover new writers, new ideas
through input and special
family features.

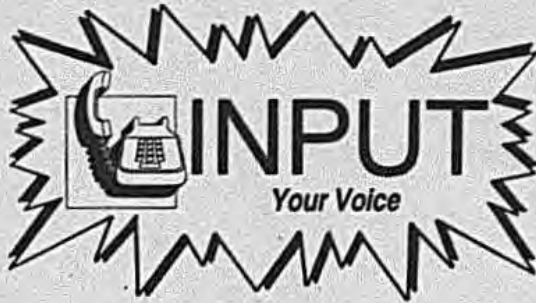


Friday, March 5, 1993



**"Stop The World, I
Want To Get Off"**

SEE PAGE 3



THE QUESTION OF THE WEEK

Does a 'Political Cause' ever justify terrorism?



Callers Want Spending Cuts To Be First

Most callers to Input think spending cuts should be in place before tax increases in answer to this question: Some Congressional leaders have said that they will hold up on President Clinton's tax plans until the spending cuts are in place. Do you think this is necessary? Here are some of the answers:

NOT WITH PRESIDENT

The so-called spending cuts are just like President Bill Clinton himself, transparently fraudulent. **REK**

SPECIAL FUND

Very definitely cuts should come long before the new taxes begin. If they do not come then the money will just be pushed out into all types of new programs. If Congress really wants to be sure that the money from new taxes goes toward reducing the debt then there should be a special fund set up for debt reduction and new taxes should be put into it. **N.D.**

NOT SERIOUS

Most people do not think that Congress nor the President are serious in saying that they are going to reduce the debt. If Clinton were serious he would already be moving towards getting a line by line veto power on the budget to be sure that new expenses are kept down and that we will be able to channel the added money to reducing the deficit. The truth is that the budget reduction is not going to be the major thrust. **L.S.**

CONGRESS WON'T DO IT

Congress should hold the line and take up the budget reductions before it takes up new taxes. But will it do so, not many people think it will. There are so many things that have been promised, including a large extension in health care by the government. It is not possible to balance the budget in 20 years. What will really happen is that the government will print more currency and inflate the value of the dollar. What this really does is reduce the buying power of all the money anyone saves and this will pay off the debt. **B.V.**

SPEAKING TOUR

The American public must be crazy. Here we elect a man who tells us so many things he is going to do and instead of doing most of them he sets off on a speaking tour to convince us that we need more taxes. Only a few months ago he told us he could manage everything by taxing the rich. The people evidently believed Clinton then. They are now believing him again according to the polls. With fools like the bulk of the public, we deserve to be hoodwinked. It doesn't matter whether congress says it will reduce spending or not, the smart betters would have to place the money on Clinton doing the opposite of what he says. **N.S.**

SPENDING GOVERNMENT

Congress should ask for spending cuts first. The American voters should press their representatives to get the cuts and many more through or let them know that we won't be voting for them anymore. The public is too gullible and does not force politicians to take strong stands. The result is that we have a spending government that is running away. **G.C.**

PUBLIC APATHY

Most people believe that their Congress person will do the right thing. And that is why most people view the problems of the government from arms length. They are more interested in sports events on TV than bothering about what Bill Clinton says or does. The result is going to be higher taxes, less jobs and the economy will go down the drain while the American taxpayer watches the game on TV. **M.V.**

MORE TO COME

I will believe that Congress is going to hold the line when I see them doing it. The line by line veto should have been put into effect and that would put the responsibility squarely on the President. But this is not now the case. I think we will get token budget cuts and draconian tax measures with the help of both Hillary and Bill Clinton. **B.F.**

TAX ALONE WON'T SOLVE IT

I find a considerable amount of vacillation on the President's part as to which comes first - increased taxes or spending cuts. As it is, the way that the national debt got completely out of control was in the failure of previous presidents to recognize that the problem was not going to go away by itself simply by ignoring it. Increasing income and other taxes as the primary way to correct the financial imbalance of the nation simply will not work. First things first, should be the formula to success with spending cuts deserving first priority. I believe it is abundantly clear through past experience that when citizens decide that they want government financial support of a pet project, they immediately put the pressure on their Senators or Congressmen with the admonition not to worry about our national debt. I see absolutely no alternative to the formulation of plans to evaluate our national spending program, instituting a carefully thought out schedule to reduce plans presently in place to spend billions of dollars and once that has been done, to give careful consideration to an equally well thought out program of increased taxes. Needless to say, every day we read about citizens losing their jobs as a result of cutbacks and with a seriously declining income base increased taxes alone can do very little to solve our national financial problems. **P.G.S.**

Call 931-0027

24 HOURS

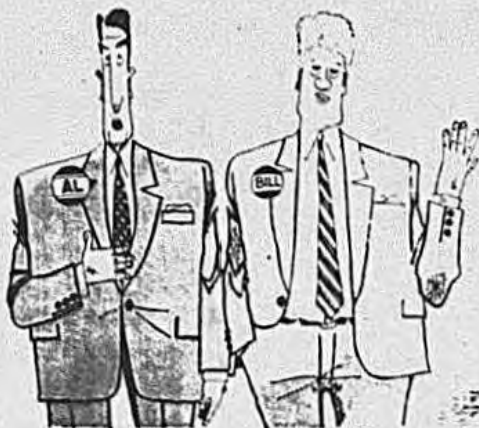
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You are not limited
to the above
but may talk on
any subject of
interest to readers.

• One subject to a caller per week •

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2. Confine your INPUT to one subject.
3. Limit your opinion to five minutes (make notes before calling).
4. Leave your name and telephone number, or simply use a pen name (your message can be anonymous).
5. Publishers reserve the right to edit, modify or omit any and all material.



"Stop The World, I Want To Get Off"

By Mollie Gussow

Dear President Clinton:

When so many promises are made during a campaign, we the people vote for that man to brighten our future. I've voted in, and made a president out of you.

What are we to do now, that all your promises were broken almost immediately. Don't tell us to tighten our belts again.

If our budget has been bad for so many years, why did Congress quietly give themselves increases in salary. Congress must learn to control the taxpayers money.

At the moment you act like you are still campaigning, but with one hand in our pocketbooks. We know what we need, and already found out that you cannot give it to us. How can we trust you again?

Your speech was effective, and you delivered it well, but we will feel the results of it for a long time.

Thunder makes a lot of noise, but it's the lightning that does the work. The American people are well informed and interested in politics, and realize that you, as a leader, does not know that we exist, and feel pain. Telling us bad news in a soft voice doesn't soften the situation that's full of taxes. Why can't Congress learn to control spending. It's the taxpayers money, and it's us that are making the sacrifices.

I think back when the number games started. All monies received was to go for education. Where did it all go to? We never hear a word about it, and the numbers are still being played.

If the monies we are so generous with to European countries are loans, why is it never paid back. It's unfair to the taxpayer. No country would do the same for us.

Mr. President, you say you love people, so don't play around with our feelings. We are human beings with families and we are hurting. You are an excellent salesman, but don't start with promises, and more promises again. I can just imagine what our health program will be like. Quality will be out of the question.

You are preparing jobs for the teenagers for the summer for two months. That's fine, but it's the family earners who must get something to feed their children.

Don't weigh us down with taxes. Why don't you freeze food prices, and freeze rentals. There's no landlord that will let us occupy an apartment if we can't pay our rent. It's out of control.

Every sacrifice you are asking of us, is not for a year or two, it's for always. People are beginning to think it's too much taxes and too much Clinton. It's a bitter pill to swallow. We can't wait 4 or 5 years until your plan takes effect. We are hungry now. Will your plan really work?

Watching television I find I'm not the only one that feels this way.

About Social Security, is another problem. It really has nothing to do with the condition of the economy. We should not be taxed for getting older. We all look forward to live a ripe age and partake in society. Congress should not tamper with the last years of ones life. The senior citizens cannot promise our government that they will leave this world at an earlier age, so our budget will be balanced. The tax on oil now, and our heating bills that will be higher will be a catastrophe for them.

During your elegant speech, we heard nothing about our homeless people. They will remain on the streets.

I am 83 years old, and depend on Social Security. I was never on welfare, or stamps from the government, and hope I will never have to ask for it. I always tried to get along on my check, and live simply. If we are taxed more now, we may well be on the streets too. Give us a break Mr. President, we still want to look ahead for a tomorrow.

What happened to the rainbow with the pot of gold at the end of it?

Middle income people will again suffer the most and the handicapped, who are less fortunate than we are, and can't speak for themselves, what happens to them?

The wealthy people at the top makes all sorts of investments for incomes. Their accountants and lawyers always find loopholes to hide profits. Most everyone wants to help a little. You call it a contribution, but it's really a big sacrifice.

If people who cannot get along on Social Security with these taxes, will land on welfare. Nothing will be gained with this tax.

Ross Perot is back again to voice his opinion. He has nothing to worry about, and will confuse our situation again.

I wonder how Congress will accept the presidents speech. Will they revise it a little, or not pass it?

All ears are waiting for the answer. If it will take 4 or 5 years to take effect, many of us won't be here for the results. Inside politics is pretty deep, and very difficult to understand.

About The Author

Mollie Gussow is a senior citizen from Great Neck. At 83, she looks with realism on many aspects of life. This is her third contribution to Discovery.

DINING GUIDE

La Cisterna

The place to go when you're looking for a special dining experience...

- A classical New York City restaurant with Long Island prices
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- Special desserts made tableside
- A Mineola landmark since 1970



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Your Host
Angelo

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READER RATINGS

Q. Recently my fiance and I ate in an expensive restaurant. The food was excellent and so was the service. However, our table was located quite near the door and we felt a terrible draft anytime someone entered or left the premises. We were both extremely annoyed and will certainly never return to that particular restaurant. What is your opinion?

A. You should have told the maitre d' politely but firmly about the problem. He would certainly have shown you to another table if one was available. Even at this late date, you should consider sending a letter to the restaurant owner. I'm sure he wants to please his customers and will take your complaint very seriously. It would make good business sense for him to eliminate the draft!

DINING GUIDE

Jonathan's

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as the First...

And It Is

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fine dining ...

OPEN MONDAY THROUGH SATURDAY FROM 11:30 AM & SUNDAY FROM NOON.
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PRIVATE ROOM AVAILABLE FOR BANQUETS & PARTIES. FOR MORE INFORMATION

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3000 Jericho Tpke., Garden City Park

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Brunch
12-3pm



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So much more than just a Pub

A Murder is about to happen in our
upstairs dining room



We know the Date: March 6th
We know the Time: 7:30 p.m.
We know the Menu: Choice of

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Chicken Piccata
Stuffed Sole

All Entrees Served with a Salad, Potato and
Vegetable and a side order of Suspicion

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Lunch & Dinner
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per person



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145 TULIP AVENUE, FLORAL PARK

Phone (516) 358-3690

FAX (516) 354-8430

DINING GUIDE

The Lucky Duck Restaurant
9 Nassau Blvd., Garden City South • (516) 485-4848

For "fun" Italian/American dining at its absolute best!!!

READER RATINGS

Q. Recently I called one of the larger catering places to arrange to hold a small luncheon six months from now. I was told that they would never consider anything but cash at hand unless there was a cancellation and that I ought to give at least a year's notice. Is this true all over? B.H. A. Probably a year's reservation at the large catering places is about right but that might not be your only option. You mentioned that it was a luncheon and it may not have needed a great deal of space. For something like that you ought to contact a restaurant that you like and see if they have an off day and whether they could accommodate you with a room. Many restaurants do this and you are better off than having gone to a large caterer. They don't need a year's notice either.

Q. Is it ever correct to have one's elbows on the table when one is eating? I was brought up to think it is not. J. A. It is not correct to put one's elbows on the table when one is eating but it is permissible to rest them on the table between courses.

DINING GUIDE

2335 Jericho Turnpike
(Parkmark Shopping
Cen. Cheap John's)
Garden City Park, N.Y.
(516) 746-8681
FAX: 1-800-464-2443

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READER RATINGS



Q. What are the rules of etiquette for eating cakes or confections?
A. Large pieces of cake should be eaten with a fork, and so should large or small cakes that are sticky or messy. Tiny cakes served in a paper frill may be picked up by the fingers and eaten the same way as chocolates or bonbons.

Q. The term "smorgasbord" has been around a long time and everyone knows it means buffet. But I would like to know the derivation of this word.
A. Smorgasbord comes from the Swedish and it can be translated simply as "sandwich table".

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Home entertaining

By Carol Cutler

Celebrating St. Patrick

We all accept the fact that the shamrock is the traditional emblem of Ireland. But how many of us know why? One might assume it represents the very greenness of the rain-rich country. Or that shamrocks grow in profusion.

The real explanation can be found in a charming new book, "The Festive Food of Ireland" by Darina Allen (Roberts Rinehart). As might be expected, the story goes back to St. Patrick, the patron saint of Ireland who converted the Irish to Christianity.

The good saint understood his flock very well and realized he needed a graphic symbol that could be easily understood. He wisely chose the simple shamrock, illustrating how three separate leaves united by one stem resembled the Trinity.

This original badge of faith became the emblem of Ireland. On no single day of the year do so many lapels display the bright green sprig of St. Patrick's Day, the principal feast day of Ireland.

Its timing couldn't be better. March 17 sits midway through Lent and, in the days of austere fasting, gave a respite from the limitations of the diet.

Sweets that had been given up for Lent could be enjoyed this one festive day, and men looked forward to having a few drops during this drought period.

St. Patrick's Day is but one of the 14 Irish holidays included in Allen's authentic little book. The traditions and origins of each special day are portrayed, plus a few recipes. There are 33 in all.

Allen describes her style of cooking as one that enhances the natural flavors of the best ingredients available from the Irish countryside.

It can be summed up in the title of her popular television series, "Simply Delicious Food for Family and Friends." This is her fifth cookbook, but the first to be published in the United States.

In Ireland, this particular Allen family is also known for Ballymaloe, the first of the Irish country house hotels and a famous cooking school. Myrtle Allen, Darina's mother-in-law, founded Ballymaloe and quickly attracted students from around the world to this picture-perfect East Cork countryside.

St. Patrick's Day falls midweek this year, which means no one wants a celebratory dinner to go on too late. Fortunately, one of Ireland's great dishes, and one closely connected with St. Patrick's Day, fits the bill. That dish, of course, is Corned Beef and Cabbage.

The reason it became so much a part of this holiday, Allen explains, is because the beef killed before the winter would have been salted and could now be eaten after the long Lenten fast.

This is a hearty dish that can be cooked in advance, even the day before, and reheated at dinner-time. There is a recipe for Corned Beef and Cabbage in "The Festive Food of Ireland," but other reliable recipes appear in many standard books.

Here is a recipe from the book that one doesn't often see and one that can also be baked ahead. Offer this Porter Cake, a dense and rich fruitcake made with Ireland's famous dark stout.

This mahogany-colored cake keeps very well. A small piece goes a long way. A rousing way to finish the meal would be to serve

Porter Cake with bracing Irisá coffee.

- PORTER CAKE**
- 8 ounces (2 sticks) butter
 - 8 ounces (1 1/4 cups) brown sugar
 - 1 1/4 cups stout, Guinness or Murphy
 - Grated zest of 1 orange
 - 8 ounces (1 cup) sultanas
 - 8 ounces (1 cup) raisins
 - 1/2 cup chopped mixed candied peel (orange, lemon, and citron)
 - 1 pound (4 cups) all-purpose flour
 - 1/4 teaspoon baking soda
 - 2 teaspoons mixed spice (see note)
 - 4 ounces (1/2 cup) glace cherries
 - 3 eggs
 - Yields 4 to 6 servings.

Preheat oven to 350 F. Melt butter and sugar in saucepan with stout. Add orange zest and all fruit except cherries. Bring to boil and boil for 3 to 4 minutes, stirring frequently. Remove from heat and allow to cool until lukewarm.

Sift flour, soda, and spice into mixing bowl. Add fruit mixture to flour and then add cherries. Whisk eggs and add gradually, mixing well.

Spoon mixture into prepared 9-inch round cake pan and bake in middle of oven for about 1 1/2 hours. If you wish, you may pour 4 tablespoons of stout over cake when it is baked. First prick cake with skewer. Keep cake for a day before cutting. Porter Cake will keep for several weeks in airtight container.

Note: Mixed spice is readily available in England. To achieve proper proportions, grind together 1 tablespoon coriander seeds, 1 crushed (2-inch) cinnamon stick, 1 teaspoon allspice berries and 1 teaspoon whole cloves. Stir in 1 tablespoon freshly grated nutmeg and 2 teaspoons ground ginger. Store in airtight container and keep in dark cool place.

Carol Cutler is the award-winning author of eight cookbooks, including "Catch of the Day."

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READER RATINGS



Q. Because of our jobs, my husband and I are on different schedules several nights a week. I would prefer to eat out on those evenings rather than take the time and effort to prepare a meal just for myself. However, I don't really feel comfortable dining alone. I find most restaurants don't really welcome the person who is not in a group.

A. First of all, there is no reason for you to feel uncomfortable. In today's hectic world there is nothing unusual about people eating alone in restaurants! In any case, the person who dines out has the right to expect the same courteous treatment whether he or she is alone or in the company of others. The smart restaurant owner knows the importance of good will. He values all his customers' patronage and makes them feel equally welcome.

Q. What is the correct way to eat crackers in soup?

A. Small crackers, such as oyster crackers, may be added to the soup and eaten that way. However, large soda crackers should really not be crumbled into the soup. It is better to keep them on the plate and eat them along with the soup.

Q. I have been invited to a formal restaurant dinner later in the year. However, I am also on a strict diet for medical reasons. Do you think I should mention that to my hostess?

A. By all means, tell her. If she selects the menu for her guests she will take your special diet into account. However, my own opinion is that where restaurant dinners are arranged it is better to allow guests to make their own food selections.

Q. What is the proper way of addressing a waiter in a restaurant?

A. My own preference is "Sir", rather than "Waiter" because it shows more courtesy and people do like to be treated with respect. For a waitress I prefer "Miss" to "Waitress" for the same reason.

Q. Many years ago when I was growing up, roast beef was almost always served with a thick brown gravy. But today, "roast beef on jus" is the usual listing I see on restaurant menus. Can you explain this change?

A. There is a growing belief that the natural flavor of food may be enhanced, but should never be covered up by heavy sauces or gravies. Today, people are more health conscious than they used to be and they often try to avoid foods such as gravies which have a high calorie and cholesterol content.

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MARCH 30, 1993

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Through a special 24 hour phone system, readers will be asked to call in their assessment of each restaurant they visit. Consensus ratings (good or bad) will be published as a continuing part of the guide.

In addition they can make suggestions, compliments or criticisms through the open phone line and message will be sent through to the restaurant management.

(Guide to Good Dining)

READER RATINGS



Q. What if you are dining in a restaurant as someone's guest and you are longing for a glass of wine? Is it all right to order it if no one else had one?

A. If your host, for one reason or another, does not order wine for your table, you are better off leaving the subject untouched. It might embarrass the person to realize the wine was forgotten, or perhaps that he couldn't afford to order it.

Q. If you're at a very posh restaurant and you're confronted with a maître d'hotel, captain, wine steward, and waiter, what in heaven's name do you give in tips?

A. A "posh restaurant" requires no less than 20 percent, but it usually ends up being more. If you're in a less expensive restaurant, 15 to 18 percent is the usual tip.

In a very fine restaurant, add 20 percent on to the bill or the credit-card slip, but then divide the 20 percent into a major share for the waiter, and a lesser share for the captain.

For example, a dinner for two might cost \$100 in a luxury spot. Twenty percent of \$100 is \$20, so you would give \$15 to the waiter and \$5 to the captain. If a wine steward served you (a sommelier), you would give him \$3 for your bottle of wine. On your way out, you would give the headwaiter anywhere from one to five dollars, depending on how much attention he gave you. Then the coatroom person would receive another \$1. The man out in front who gets your cab receives another \$1.

A "simple" dinner for two has therefore cost at least \$126.

In a more modest location, the total will be, thankfully, less.

Q. Can you tell me the proper way to eat French fries? At a restaurant recently, I saw a young man spear them with his fork and nibble them in mid-air. I found this appalling!

A. The best way to eat French fries is to cut them with the side of a fork into bite-size pieces. You are right - food should never be eaten while dangled in the air.

CRITICISMS OF RESTAURANTS are sent directly to restaurants concerned in the form of a memo. Restaurants that consistently give bad service or food are dropped from these pages.



After Work Gourmet



Sharon Achatz

Almost like having dessert for dinner

Dessert for dinner? While it's definitely not the norm, most people have fantasized about eating nothing but sweets at supper.

Perhaps that is because — since desserts come at the end of the meal — diners often are just too full to really enjoy dessert as much as they'd like.

While I can't in good conscience urge eating nothing but dessert for dinner, it seems perfectly acceptable occasionally to eat a light meal in order to leave plenty of room for relishing a richly luxurious dessert.

In order to appease the nutrition gods, select as the main course Chunky Vegetable Soup — a 40-minute concoction chock-full of vitamin-rich vegetables such as zucchini, carrots, broccoli and green beans. Served with Mozzarella Toast at the side, this soup provides nutrients from all the food groups.

As for dessert, as long as you're waiting for the soup to cook, now is the time to invest some time in a treat that can bake in the oven while the soup simmers. Two favorites are Pecan Pie or Cherry-n-Pineapple Dump Cake.

While each of these desserts requires a significant amount of baking time, they mix up in only 5 minutes.

To have the entire meal ready in about 50 minutes — with only 20 minutes of that time actually spent working in the kitchen — prepare dessert first, pop it in the oven and then set the soup to simmering.

The Cherry-n-Pineapple Dump Cake will finish baking just as it's time to broil the toast. If you select Pecan Pie instead, simply broil the toast during the last few minutes that the pie bakes — it may take five minutes or so for the cheese to melt instead of just two or three.

CHUNKY VEGETABLE SOUP

- 2 plum tomatoes, diced
- 1 zucchini, cut into rounds and then quartered
- 2 carrots, peeled and cut into rounds and then quartered
- 1 potato, peeled and cubed
- 1 cup green beans
- 1 cup broccoli florets
- 1 teaspoon minced garlic
- 2 teaspoons dried minced onion
- 5 cups chicken broth, divided use
- 1 tablespoon parsley flakes
- Salt to taste
- Pepper to taste

Yields 6 servings.

Preparation time: 40 minutes.

In large sauce pot, combine tomatoes, zucchini, carrots, potato, green beans, broccoli, garlic and onion and 1 cup chicken broth; simmer on medium heat for about 20 minutes or until vegetables are soft.

Add remaining stock, parsley, salt and pepper; increase heat to high and bring mixture to a boil. Cover pot, reduce heat to low and simmer 10 minutes more.

MOZZARELLA TOAST

- 2 loaves French bread, cut lengthwise and halved
- 2 tablespoons olive oil

24 slices mozzarella cheese
1 (14-ounce) jar roasted red peppers, drained and rinsed
Garlic powder to taste
2 teaspoons basil
Yields 8 servings.
Preparation time: 5 minutes.
Heat broiler. Lightly toast bread and drizzle with oil. Lay mozzarella and peppers alternately on bread. Place under broiler 2 to 3 minutes or until cheese melts. Sprinkle with garlic powder and basil. Serve warm.

PECAN PIE

3 eggs, lightly beaten
1 cup corn syrup
1 cup sugar
2 tablespoons margarine, melted
1 teaspoon vanilla
1½ cups pecans
1 unbaked (9-inch) pie shell
Yields 1 pie, about 6 servings.
Preparation time: 55 minutes.
Preheat oven to 350 F.
In large bowl, stir together eggs, corn syrup, sugar, margarine and vanilla. Stir in pecans; pour into pastry shell. Bake 50 minutes or until knife inserted halfway between center and edge comes out clean.

CHERRY-N-PINEAPPLE DUMP CAKE

2 (21-ounce) cans cherry pie filling
2 (20-ounce) cans pineapple chunks, drained
½ cup lemon juice
1 cup margarine
1 (18-ounce) package yellow cake mix
1 cup chopped pecans
Yields 1 cake, about 8 servings.

Preparation (and baking) time: 45 minutes.

Preheat oven to 350 F.

In 9x13-inch baking pan, combine pie filling, pineapple and lemon juice.

In medium bowl, cut margarine into cake mix until crumbly; add pecans. Sprinkle evenly over fruit. Bake 40 minutes or until golden brown.

Serve warm, with ice cream if desired.

QUICK TIP

To reduce time spent sharpening knives, store them in a knife rack rather than in a drawer, where they rub against each other and become dull.

Sharon Achatz is a free-lance writer.





Desiree Vivea

Delicious ways with cottage cheese

The first stage of cheese making is separating the milk or cream into curds and whey. Cottage cheese is simply the curd, from which most of the whey has been removed.

The liquid that sometimes separates from cottage cheese is whey, and it contains a goodly amount of calcium and other nutrients, so it's worth the few seconds it takes to stir it back in.

If you're chugging along on the post-holiday diet train, you'll find cottage cheese an amiable traveling companion. Low-fat cottage cheese can be delicious in a salad or as an ingredient in a low-calorie salad dressing.

It's great garnished with vegetables or fruit salad, blended into dips for fresh crudites, sprinkled with granola and raisins.

Dieters will probably want to avoid creamed cottage cheese, prepared with cream and containing from 4 percent to 5 percent milk fat. A 3½-ounce serving contains about 103 calories. In contrast, the same amount of 2 percent cottage cheese has about 90 calories, with only 72 calories for 1 percent cottage cheese.

These calories give you high protein, low fat and loads of nutrients including calcium, vitamin B12, phosphorus and riboflavin. (Most cottage cheese is salted, but a salt-free version is available for those on a restricted-sodium diet.)

Use cottage cheese instead of sour cream to lower fat and calorie content. To make a low-calorie version of sour cream, blend together 1½ cups of low-fat cottage cheese, 1½ tablespoons lemon juice and 3 tablespoons buttermilk. Blend until creamy and refrigerate until ready to use.

But cottage cheese isn't only for dieters. It's a healthful addition to many popular casseroles, and it microwaves well in combination with other recipe ingredients. Try today's recipes and you'll agree.

THREE-CHEESE SPINACH

½ medium onion, chopped
1 (4-ounce) can mushroom stems and pieces, drained
2 (10-ounce) packages frozen chopped spinach
2 cups low-fat cottage cheese
½ cup grated Parmesan cheese
2 eggs, lightly beaten
Salt and pepper to taste
½ cup grated Swiss cheese
Paprika
Yields 6 to 8 servings.
Preparation time: 10 minutes.
Cooking time: 16 to 24 minutes (plus 3 minutes standing time).
Oven setting: HIGH (100 percent power).

Combine onions and mushrooms in small microwave-safe bowl. Microwave 1 to 3 minutes or until onions are soft.

Place spinach in 1½-quart mi-

crowave-safe casserole. Cover and microwave 6 to 9 minutes, breaking up and rearranging every 3 minutes, until defrosted. Drain well.

Add onion/mushroom mixture to spinach, along with cottage cheese, Parmesan cheese, eggs, salt and pepper. Stir well to blend.

Microwave, uncovered, 8 to 11 minutes, rotating dish if necessary every 3 minutes, until mixture is heated through and set.

Sprinkle grated Swiss cheese over top and dust lightly with paprika. Microwave about 1 minute longer, to melt cheese. Let stand 3 minutes before serving.

CORN CUSTARD PIE

5 eggs
2 cups shredded Monterey Jack cheese
1 cup cream-style cottage cheese
1 cup frozen corn kernels
¼ cup diced green pepper
¼ cup diced pimento
¼ cup all-purpose flour
½ teaspoon baking powder
½ teaspoon paprika
½ teaspoon pepper
Yields 4 to 6 servings.
Preparation time: 10 to 15 minutes.

Cooking time: 11 to 15 minutes (plus 5 minutes standing time).

Oven setting: MEDIUM-HIGH (70 percent power).

Beat eggs in large mixing bowl. Fold in cheeses, corn kernels, green pepper and pimento, then add all remaining ingredients, mixing well.

Pour mixture into 9-inch-glass pie plate. Microwave, uncovered, 11 to 15 minutes, rotating ¼ turn (if necessary) every 3 minutes. When done, toothpick inserted halfway between edge of dish and center will come out clean. (Center may still appear soft.) Let stand on heat-proof surface about 5 minutes before serving, to set.

MICRO-TIP OF WEEK

To make healthy and less-fattening guacamole, combine ¼ cup chopped onion and 1 clove minced garlic in small glass bowl. Add ½ teaspoon olive oil. Microwave about 1 minute at HIGH (100 percent power) setting, to soften onion and garlic. Add flesh of 1 ripe avocado, 1 cup low-fat cottage cheese, ¼-cup chopped fresh cilantro and 1 tablespoon lime juice. Mash well and serve with warm tortillas, tortilla strips or salad.



By Willard Abraham, Ph.D.

Family matters

Dr. Abraham: My boyfriend and I get into all kinds of arguments about how big a family we will have when we get married. Even though we are both 15 years old, this is a serious disagreement with us.

I want to have a big family because it is the happy kind I'm growing up in (with six brothers and sisters). He is an only child and wants to have only one, also because college enrollments and other things are so expensive and may be even more so by then.

I wish you would help us work out this difference of opinions. — Family Size

Family Size: You each have stated one good reason for your point of view. However, another important thought relates to how many years there are until you may have to make your decision.

Your future income, our country's economy and health conditions you both have and many other considerations will help you make a sensible decision when the right time comes.

So perhaps you should concentrate more on the enjoyable factors in your relationship and let the future take care of a matter like this when it may be more appropriate than right now.

Dr. Abraham: My older sister (she is 22 and I am 17) is pregnant and she has a really strange obsession. She won't even go and ask her doctor about it.

She read a newspaper article about SIDS, which she says means Sudden Infant Death Syndrome. She does talk to me about it, like all the time, but she has such a one-track mind with her repeated "what if" statements.

She doesn't really know much about all this, but neither do I. Because you seem to share so much good information through your column, I thought I'd ask you about this.

Can you help me out so that I can help her? If you will, I'll try to get her to read what you say. — Kid Sister

Kid Sister: The causes and prevention of SIDS seem to be relatively unknown, but a recent study does reveal something that may be of interest to your sister.

It reported a link between mothers' smoking and its possible effect on the infant. It could even be a problem if a woman quits smoking until after giving birth. The research draws no conclusions about a possible relationship between passive smoking (smoking by others in the area of an infant) and SIDS.

Although this is a rare problem, the realistic recommendation to quit smoking during and after pregnancy is based on the thought that even one tragedy like this is obviously far too much.

A more complete report on this study appeared in the December 1992 issue of *Pediatrics*, the jour-

nal of the American Academy of Pediatrics, perhaps available in certain libraries and pediatricians' offices.

In addition to this information, I hope you will be able to convince your sister how important it is for her to keep up to date on this subject with her own physician.

Dr. Abraham: If my girlfriend would only comb her hair differently she would be a knockout. She is pretty enough already, I guess, but if people could see her eyes, they would know how beautiful she really is.

I know because I managed to kind of brush her hair aside when I've kissed her, and those deep blue eyes of hers really get my blood moving.

I've got a good thing going, so that is why I never said anything about her hair to her. I just don't want to rock the boat. But it bothers me to see that hair covering her knockout eyes.

Should I just keep quiet, or what? — Not Sure

Not Sure: You might comment to her about the beauty of her eyes without mentioning her hair. Perhaps consider doing that a few times and it may sink into her that she really does have special eyes.

It might get to her that her hair is an impediment and her eyes are worthy of recognition by you, and by others, too. Try not to overdo your compliments because you don't want to carry this matter too far and result in having her alter her hairstyle in another direction that may be less attractive to you.

If she likes you enough, your effort might pay off because pleasing you may be important to her.

Dr. Abraham: I have freckles and I don't think they are funny. It is no joke to me to have my face and neck all covered with them. Kids I know have used all kinds of nicknames for me, such as "Spotty" and "Cutie." Let me tell you, they're really like ugh, if you know what I mean.

The only thing I can do is try to ignore them (which I do), and most of them will back off after a while. With the ones who don't I back off and end the relationship. It is just too hard to keep them as friends.

Is there anything else I should do about this? — No Name

No Name: Your family physician, pediatrician or pharmacist can probably suggest some medication that might cut down the intensity of your freckles and help make them less conspicuous.

How you are handling your present and former friends seems to be a sound approach. There are just too many other important things in life to think about rather than devote so much of your thoughts and energy to this issue.

Cooking Corner



Bread from scratch is a labor of love

By Jan Stephenson

There's nothing better than the smell of fresh-baked bread wafting through your home. Watch your family's reaction the next time you make bread. They'll walk in the door as usual, then suddenly stop, sniffing the air and inhaling that delicious odor deep into their lungs. Then they'll relax, smile and make a dash for the kitchen.

The varieties of bread are endless, but none are as soothing to make, or provide such a fragrant aroma, as made-from-scratch yeast breads.

It's true that these breads take time, often four to five hours in all to allow the dough to rise as well as for the bread to bake. But most of that time the bread requires very little of your attention, other than to put it in the oven.

It does seem rather magical when a lump of dough turns into a loaf of delicious bread. Yeast is the source of the magic. A simple one-celled plant, yeast expands and makes the dough increase in volume. Yeast comes in two basic forms: active dry or compressed cake.

The following recipes all call for active dry yeast, which can be found in the refrigerated section of any grocery store. Bread is brought to life as the yeast is thoroughly distributed by kneading the dough, working it with your hands until it becomes smooth and silky.

If you've ever played with Play-Doh, the rhythm is very similar. Roll out the dough, fold it toward you, then push away with the heels of your hands in a rocking motion. Make a quarter turn and repeat the motion until the dough is ready.

Most yeast breads include the same basic ingredients: some type of flour; a liquid (usually water or milk); sweeteners, such as sugar or molasses, which "feed" the yeast and enhance the flavor; salt, which helps to control the growth of the yeast; fats, such as oil, for tenderness, flavor and to keep dough from sticking to the pan; and, of course, yeast.

Kitchen towels seem to work better than paper towels to cover the dough as it rises.

Be sure to check the temperature of your liquids when making yeast breads. Higher temperatures will kill the yeast and produce a sticky dough, while lower temperatures retard the growth of the

dough.

ENGLISH MUFFIN BREAD

6 cups unsifted all-purpose flour
2 packages active dry yeast
1 tablespoon sugar
2 teaspoons salt
¼ teaspoon baking soda
½ cup water
2 cups milk
Cornmeal
Yields 2 loaves.

Combine 3 cups (half) flour with yeast, sugar, salt and baking soda. Heat water and milk until very warm (around 120 F to 130 F). Add liquids to dry mixture; beat well. Stir in rest of flour to make stiff batter.

Spoon into two 8½x4½-inch pans that have been greased and sprinkled with cornmeal. Cover, let rise in warm place for 45 minutes.

Bake at 400 F for 25 minutes. Remove from pans immediately and cool.

To serve, slice and toast.

It's hard to get all the ingredients together for this black bread, but it's worth the extra effort. Punching down the dough releases large air bubbles, producing a finer texture in the bread.

RUSSIAN BLACK BREAD

3½ to 4 cups all-purpose flour
4 cups rye flour
2 cups whole-bran cereal
2 packages active dry yeast
2 tablespoons instant coffee crystals
2 tablespoons caraway seed
1 tablespoon sugar
1 tablespoon salt
1 teaspoon fennel seed, crushed
2½ cups water
½ cup molasses
¼ cup butter or margarine
1 square (1 ounce) unsweetened chocolate
2 tablespoons vinegar
½ cup cold water
1 tablespoon cornstarch
Yields 2 loaves.

In large mixing bowl, combine 3 cups all-purpose flour, 1 cup rye

flour, whole-bran cereal, yeast, coffee crystals, caraway seed, sugar, salt and fennel seed.

In saucepan, beat 2½ cups water, molasses, butter or margarine, chocolate and vinegar just until warm (115 F to 120 F) and chocolate and butter are almost melted, stirring constantly. Add molasses mixture to flour mixture in mixer bowl. Beat with electric mixer for 30 seconds on low speed, scraping bowl as you mix. Beat 3 additional minutes at high speed.

Stir in remaining 3 cups of rye flour and as much of remaining all-purpose flour as you can mix in with a spoon. Turn mixture out onto lightly floured surface. Knead in enough of the remaining all-purpose flour to make moderately stiff dough that is smooth and elastic (about 6 to 8 minutes total). Dough may be slightly sticky because of rye flour.

Shape into ball. Place in lightly greased bowl; turn once to grease surface. Cover and let rise in warm place until ball has nearly doubled (about 1½ to 1½ hours).

Punch down, then divide mixture in half. Shape each half into ball. Place on greased baking sheets. Flatten slightly with palm of hand to 6- to 7-inch diameter. Cover and let rise until nearly double (about 30 to 45 minutes).

Bake in 375 F oven for 50 to 60 minutes, or until well-browned and bread sounds hollow when tapped. Remove from baking sheets and cool loaves on wire rack.

Meanwhile, combine ½ cup cold water and cornstarch in small saucepan. Cook and stir until thickened and bubbly, cook 1 minute more. Brush over hot bread.

This recipe won the blue ribbon for French bread at the 1989 Illinois State Fair. It uses ice cubes on the oven floor to create steam for a thick crust. To cook baguette loaves, use curved black steel French bread pans, or cook them free-form by placing baguette loaves on a cookie sheet.

FRENCH BREAD

6½ cups flour
2 packages active dry yeast
1 tablespoon sugar
1 tablespoon salt
2½ cups hot water (120 F to 130 F)

Yields 4 loaves.

Mix 2 cups flour, yeast, sugar and salt. Gradually add hot water. Beat mixture for 2 minutes. Add ¼ cup flour. Beat mixture for 2 minutes. Gradually add 4 more cups flour.

Knead dough 8 to 10 minutes. Let dough rise for 1 hour, then punch down. Let dough rest for 10 minutes. Form dough into 4 long baguette loaves. Let rise until doubled. Cut slash in tops.

Preheat oven to 450 F. Set pan on oven floor while preheating. Then toss two ice cubes into pan on oven floor when bread is first placed in oven. Bake for 15 minutes, then reduce heat to 350 F and continue baking 30 additional minutes.

This next bread has a yellow dough, confettied with bits of cheese. The flavor of the cheese intensifies overnight, so if you're lucky enough to have any bread left, save it for dinner the next night. It's rich enough to make a meal with just a bowl of hot soup or a crunchy salad.

The recipe uses the traditional method of first dissolving the yeast in warm water.

FRENCH CHEESE BRAID

1 package dry active yeast
¾ cup warm water (105 F to 115 F)
1 tablespoon sugar
1 teaspoon salt
3 eggs
½ cup margarine or butter, softened
3½ to 4 cups all-purpose flour
6 ounces Swiss or Gruyere cheese, diced (about 1½ cups)
Vegetable oil
1 egg yolk
2 tablespoons water
Yields 4 servings.

Dissolve yeast in warm water in large bowl. Stir in sugar, salt, eggs, margarine or butter and 2 cups flour. Beat until smooth. Stir in enough remaining flour to make dough easy to handle.

Turn onto lightly floured surface and knead until smooth and elastic (about 5 minutes). Place in greased bowl; turn greased side up. Cover and let rise in warm place until doubled, about 1 to 2 hours. (Dough is ready when indentation remains when touched.)

Punch down dough and knead in cheese until well distributed. Divide dough into 3 equal parts. Roll each part into 15-inch-long rope. Place ropes together on lightly greased cookie sheet. Braid ropes gently and loosely; do not stretch. Pinch ends to fasten, tuck under securely.

Brush braid lightly with oil. Let rise until double, 40 to 50 minutes. Heat oven to 375 F. Beat egg yolk and 2 tablespoons water slightly and brush mixture over braid. Place on oven rack below the center of oven. Bake until braid sounds hollow when tapped, 25 to 30 minutes. If bread browns too quickly, cover loosely with aluminum foil.

From "Betty Crocker's International Cookbook" (Prentice Hall).

Jan Stephenson is a free-lance food writer.



By C.Z. Guest

I have found that individuals who grow fruits and vegetables, as well as flower gardens, have also been affected by news reports on the environment.

Among the 34.5 percent of gardeners who compost, more than one-third reported doing so because they were influenced by the media and fellow gardeners.

Recent news reports say that gardeners who are using fewer chemicals are using fewer of these products because of these reports.

The greatest concentration of gardeners changing their behavior was in the Eastern part of the nation; they are simply using fewer chemicals to help the environment.

The safety of the environment also caused many gardeners to completely eliminate chemicals from their growing practices. Among those gardeners surveyed, 52.2 percent of those who completely eliminated chemical use said they did so because they knew it was detrimental to the environment.

Hopefully, more and more people are becoming aware of the serious dangers posed by chemicals in our everyday lifestyle. It's nice to see that their instinctive response is to eliminate those hazards in their lawns and gardens.

One area where there has been little change over the past several years is among those individuals who are conserving water. The survey finds, for example, that only 14.6 percent of those questioned started conserving water in 1990, and an almost identical amount

(14.1 percent) started in 1989. An important consideration to think about. Start now!

FLOWER TIPS

Plan before planting. The success of growing plants depends on several factors. Some of the most important factors to consider are site, soil preparation, plant selection and, of course, maintenance.

Preparing the soil correctly for growing flowers is the key.

Both annuals and perennials will thrive in a well-drained soil improved with generous amounts of organic matter. For most garden flowers, a slightly acid soil (pH 6.0-6.5) is best for good plant growth.

Before selecting your plants, evaluate the site and determine how many hours of sun the site receives.

- Is the area prone to wind?
- Are there any interfering tree roots?
- Is the area in dense shade?

Defining the growing conditions at the site is important in choosing plant material that will do well there.

Try to choose flowers that thrive with a minimum of maintenance, such as watering, spraying for insects, weeding and fertilizing.

Some of my favorite perennials that perform marvelously well in a sunny spot with little care are coreopsis, rudbeckia, sedum "Autumn Joy" and Russian sage, to name a few.

Our Children

By Willard Abraham



Smart books with funny titles

Dear Parents: Occasionally, I get around to sharing with you a rich, literary "meal." It consists, as this current column does, of recent parental aids in print, ones that may help meet different needs that you might have.

The theme for most of the following is "Unusual Titles," so dip into whichever of these appeals to you.

• "I'll Never Do to My Kids What My Parents Did to Me (A Guide to Conscious Parenting)" by Thomas Paris and Eileen Paris (Lowell House).

The authors are therapists, specializing in marriage, family and child counseling. Although this book's nine easy-to-read brief chapters deal with a broad range of parental concerns, a special emphasis is on the importance of raising happy children in so-called broken homes.

It is "for all parents who want to have warmer and deeper relationships with their children — no matter how good or how difficult those relationships may be now."

• "Are Mothers Always Awake? Parenting in Perspective" by Allene Goldman (Point Blank Publishing).

An obvious, sometimes overlooked statement opens this short book: "Our children are the single most significant contribution we make to the world."

Subheads throughout this publication indicate how practical (and sometimes controversial) it aims to be: myths like "Children Strengthen a Marriage," "When You Have a Child You Are Grown Up" and "There Is a Right Way to Raise Children," as well as misconceptions like "Children Are Bad on Purpose" and "Give Them an Inch . . . and They Take a Mile."

• "Three in a Bed" by Deborah Jackson (Avon Books), with this subtitle: "The Healthy Joys & Remarkable Benefits of Sharing Your Bed with Your Baby."

Whether this practice is viewed positively, or with suspicion, or as eccentric, the book's title may tease some of you to read past its cover. According to the author, arguments for such co-sleeping are backed by evidence from many areas, including medicine, anthro-

pology, psychology and common sense.

Some of the chapter headings, and the content that follows, could intrigue you into reading further: "Will It Be All Right in the Night?," "The Midnight Feast" and "Not in Front of the Children."

• "If You Can't Pronounce It — Don't Eat It" by Janet Tubbs (Creative Concepts for Children).

Diet, health and sound judgment come together in this unusual little book, with its parental advice, recipes and quotations on every other page. Its practical approach joins the battle for a healthy family lifestyle, nutritious meals and child participation.

Here are a few of its quotes: "Some of the best-tasting snacks are the best for you, and fun for the children to help prepare and eat," "... a child with high self-esteem will have less difficulty refusing what may be harmful, whether it is food, drugs, sex, alcohol or crime," "frequently the chubby baby becomes the overweight youth and eventually, the obese adult."

• "Boy or Girl?" by Shelly Lavigne (Dell Publishing).

This is an enjoyable small book prepared for parents-to-be and filled with "old wives" tales (some very amusing) and fascinating gender-guessing games. The author's creative ideas and sense of humor permeate the "50 Fun Ways to Find Out" what the baby's sex will be.

Are these far-fetched ideas? You be the judge and, as an anticipating couple, have fun and laughs during the months of looking ahead.

Lastly, but not with an unusual title, is another book for future parents called "Nurturing the Unborn Child" by Thomas Verry and Pamela Weintraub (Dell Publishing). It stresses "A Nine-Month Program for Soothing, Stimulating, and Communicating with Your Baby."

Divided into trimesters, it includes 47 exercises, the baby's continuing development, a resource guide and references.

The value of these books depends, of course, on whether they are appropriate for your needs and fit in with the attitudes and opinions you bring to them.

GARDEN TIPS



Oxeye daisy

Choosing flowers

- Plant flowers in well-drained soil improved with organic matter.
- Most flowers thrive in slightly acidic soil.
- Evaluate the planting site for wind, sun exposure and interfering tree roots.
- Select flowers that will thrive with a minimum of maintenance.

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Fitness Forum

By Harlene Ellis

Few things raise a parent's temperature like a feverish child, pediatricians agree. When their kids suffer with fever, many parents also suffer — with "fever phobia."

Fever ignites the body's immune system and it's the natural response to infection. Rarely is it harmful. However, because parents often have misconceptions about fever and its effects, many people experience undue anxiety about it, several experts agree.

Dr. Barton Schmitt, a pediatrician with the University of Colorado Medical Center in Denver, coined the phrase "fever phobia" in the early 1980s after studying parents at a hospital-based pediatric clinic.

Schmitt and others define fever as a rectal temperature above 100.4 degrees or an oral reading of more than 99.5 degrees.

The study found, for example, that 62 percent of the parents believed fever could cause permanent harm, with the most common concern being brain damage, while 52 percent believed that rare complications, such as brain damage, convulsions, death and coma, could occur with fevers of 104 degrees or less.

And 56 percent said they would administer fever-reducers, such as Tylenol, for temperatures between 98.6 and 100 — possible normal readings.

Subsequent studies have found that many parents harbor exaggerated fears about fever.

Schmitt, author of the guidebook "Your Child's Health" (Bantam Books), says little has changed since his study.

"People still think fever is devastating."

Until the mid-19th century, physicians considered fever a healthy and desirable response to infection. But a French physiologist reportedly helped change this view. He demonstrated that animals died when their body temperatures were raised about 9 degrees above normal. The advent of aspirin, a fever-reducer, also purportedly reversed public perception.

In recent years, however, scientific experiments in both animals and humans suggest that fever is a helpful, not harmful, mechanism. Thus, the fears that Schmitt and others noted are unfounded.

"Children really don't die from fever itself," says Dr. Randy Kienstra, chairman of the pediatrics department at Southern Illinois University School of Medicine.

He explains that serious underlying illnesses, such as meningitis or encephalitis, may cause brain damage or death, but fever alone is not the culprit.

Febrile seizures lasting longer than 60 minutes can cause severe brain damage, Schmitt says. But episodes of this length occur only in 1 percent or 2 percent of all children who suffer febrile seizures. Most febrile seizures, although they can be frightening to watch, are harmless and occur in

only 4 percent of all children with high fevers.

Fever causes no permanent harm until it reaches about 106 or 107 degrees, Schmitt says. But the brain's "thermostat" generally prevents fevers from raising this high.

"Human error," however, can drive a fever into the danger range and cause heatstroke. Parents, therefore, should avoid overheating sick children. Don't overbundle them in clothing or blankets, for example.

Jon Jessen, an emergency room physician, estimates children with fevers account for 15 percent to 20 percent of emergency visits at the hospital. He says the number "probably is higher than it should be."

Jessen and others say a parent should observe the other symptoms their children are experiencing when evaluating an illness.

"How much fever a kid has does not reflect the severity of the illness," he says.

Dr. Mary Dobbins, a pediatrician, agrees.

"I've had kids with fevers of almost 105 running around the office," she says.

Warning signs to look for include delirium, pain, persistent vomiting, stiff neck, inconsolable crying, difficulty breathing or urinating and extreme lethargy or irritability.

Fever rises quickly in infants. If a child is 2 months old or younger — although some physicians say 4 months or younger — and registers a fever either with or without accompanying symptoms, parents should call their physician immediately.

For fevers below 102 degrees, physicians recommend dressing children in light clothing and encouraging them to drink cool fluids.

Parents should expect the temperature to increase in the evening.

If the temperature rises above 102, children 2 months or older also can be given acetaminophen products, such as Tylenol or Anacin-3, to relieve pain and discomfort. Because fever helps ward off infection, many physicians recommend medicating children only if they are uncomfortable.

"Treatment should not be a conditioned, 'Pavlov's dog' reflex," said Kienstra.

Feelings are mixed about the benefits of sponge baths. Schmitt recommends sponging only in emergencies such as heatstroke, delirium, febrile seizure, or when fever rises above 106 degrees. Never sponge without first administering acetaminophen, he advises.

In other instances, sponge only if the child feels uncomfortable. The fever is above 104 degrees and fails to respond to the acetaminophen after 30 minutes. Use lukewarm water (slightly cooler in emergencies) and do not add rubbing alcohol. It can cause a coma if inhaled, Schmitt says.

THE HEALTHY GOURMET



By Kit Soedaker

Surprising sandwiches for the '90s

Sandwiches can carry a surprising number of calories. Peanut butter and jelly, for instance, is off the charts. Cheese sandwiches that come with butter and regular cheese are even worse.

Still we don't want to leave them out of our lives. Thing to do is make them over into '90s eating.

NEW GRILLED CHEESE SANDWICH

- 1 whole-wheat pita
 - 1 ounce sliced low-fat cheese (mozzarella, Jarlsberg, Monterey Jack)
 - 3 slices tomato
 - 1/4 cup shredded lettuce
 - 4 slices dill pickle (optional)
 - 3 thin slices of bell pepper
- Yields 1 sandwich.

Has 206 calories, 7 grams fat, 19 milligrams cholesterol and 500 milligrams sodium.

Cut strip from one side of pita and open it to make pocket.

Put one slice of cheese in next to bread. Add tomatoes, pickle and pepper rings. Then top with remaining slice of cheese. Heat skillet so hot drop of water skitters on

surface. Spray with non-stick spray. Add sandwich, cover and toast for 5 minutes on each side. Garnish with lettuce and serve.

APPLE BUTTER/PEANUT SANDWICH

- 1 tablespoon peanut butter
 - 1 tablespoon light cream cheese
 - 1 tablespoon raisins, chopped
 - 2 slices whole-wheat bread
 - 1 1/4 teaspoons apple butter
- Yields 1 sandwich.

Has about 250 calories, 12 grams fat, 7 milligrams cholesterol and 350 milligrams sodium.

Mix peanut butter, cream cheese and raisins in bowl. Spread peanut butter mixture on one slice of bread, top with apple butter and add remaining slice. Serve.

HEALTHY GOURMET



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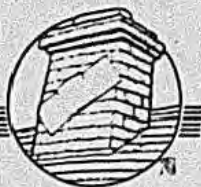
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Here's How



By Gene Gary

Q. My mother owns a house in an affluent residential section. She has offered to share this with our family in a single residence, with part of the living area converted to a private apartment for her. This will require major remodeling, possibly to the extent of reconstruction.

Who do we consult to get this project started and be sure everything is handled in a timely, legal fashion?

A. Your first step is to thoroughly think through the project as to how you plan to use the area and what are the important factors for your family activities. A remodeler can transform your ideas into reality by using his or her professional expertise and knowledge,

but only based on how much information you supply in the beginning.

Having a clear idea of what you want and need before any plans are drawn or work begins will help avoid costly changes and assure the success of your project.

Since the scope of your project is major, you will need to consult with a design/build contractor or an architect to develop precise plans. A design/build firm combines architectural capability and construction know-how under one roof.

In contrast, an architectural firm is hired to draw plans that are then implemented by a contractor.

The homeowner has the option of hiring a contractor himself or

using the architect's recommendation. Many consumers find it convenient to work with a design/build contractor because they only have to deal with one company.

On the other hand, an architectural firm can often develop more design alternatives. Whichever you choose, it will be important to keep the lines of communication open during construction when many unexpected things can come up. Good communication between homeowner, architect and contractor is important to make decisions that balance aesthetics, function, construction quality and budget restraints.

Working with a professional to design the project will be easier if the major steps in the design process are simplified.

The first step is programming and consultation where you will need to fully discuss ideas, budgets, schedules and fees with the designer. During design development, preliminary sketches are created and final design decisions are made.

The next step is the development

of blueprints or working drawings. These are construction plans drawn to scale and used to build the project. At this stage, you will probably have to submit the plans for approval.

As a general rule, a building permit is required whenever structural work is involved. Choosing an architect or design/construction firm will require some thorough investigation on your part. Referrals for both architects and remodeling contractors can be obtained by contacting your local Building Industry Association.

Be sure that you acquaint yourself with the work done by any professional you consider. Inspect some of their projects of a similar nature and get a list of clients who will provide references.

Use this checklist when hiring a contractor:

- Ask if the contractor is licensed and insured. Request a copy of the certificate of insurance or the name of the carrier to verify workers' compensation, property damage and personal liability insurance. Call the Better Business Bureau to check for any existing complaints.

Decor Score



By Rose Bennett Gilbert

Shortened swags blend 2 windows into 1

Q. I am baffled by the windows in our sitting room. There are two of them, side by side, and they're almost ceiling high, and narrow. Our furniture is mostly antiques, and I'd like to use something formal in curtains, such as swags and jabots.

Should I use one wide swag across both windows? What about the wall between them? — P.T.

A. One wide swag would do the trick, especially if you frame it with long jabots or curtain panels on the two outside ends.

You also could borrow the solution in the photo we show here, where professional window designers from Rosemark Designs (in Arlington, Ill.) use shortened swags in the center of a wall to blend two tall windows into one. They didn't worry about showing the wall between the windows, and you needn't, either.

Q. I don't eat meat and I'm careful that the products I buy for my family be as pure and ecologically friendly as I can. Now I have worries about the rug we're thinking about buying for our living room.

It's made by hand in India, where, I've heard, children are

sent into bonded labor to weave rugs. If that's true, why aren't there laws prohibiting the import of rugs made by child slaves? — D.J.

A. By the time you read this, there may be. A bill has been introduced into the Senate (by Sen. Tom Harkin of Iowa) that would stop importation of any item produced by children under the age of 15 from any country.

But that may not be such good news, believe it or not, for the children who live in the grinding poverty of a country such as India.

The law there allows children over 14 to work in family units, much as farm children do in any

country, including ours. Other children may be hired out to work with a family of weavers, as Leslie Stroh, the publisher of *Rug News* magazine, points out in a recent issue.

She assures that bonded labor in the rug-weaving district "is neither systemic, nor pervasive, nor necessary ... but it can exist."

A number of rug importers in the United States addressed the problem in the same issue of the magazine, which will make their comments available to you if you write to *Rug News* at Museum Books Inc., 34 W. 37th St., New York, NY 10018.



WONDER WINDOWS — Shortened swags in the center blend two tall windows into one handsome background for a small traditional library.



LOCAL READER

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• Call 931-0012
Williston Times • Mineola Edition
New Hyde Park Herald Courier
• Call 746-0240

NOW after 2 p.m. phone-in your ad 24 hours a day to our special after hours ad number. You can phone your ad 24 hours a day and it will appear in the next issue of the paper (up to the 12 noon deadline for week of publication). If you miss the hours of our regular ad takers at any of the above numbers call 746-0240 and give your ad 24 HOURS A DAY.

Help Wanted

LOCAL COLLEGE STUDENT needed for babysitting / mother's helper position for young children. Week days, 3-7 p.m., some week-ends. Steady summer hours possible. Competitive\$. References required. call evens. after 7 p.m. 741-3835. gcm4

BOOKKEEPER, FUNERAL HOME. Account Mate Computer & Word Perfect, Mon-Fri 9-6. Health benefits, non-smoker. Call for interview. 746-0585. gcm1

LEGAL SECRETARY: GARDEN CITY (Franklin Ave.) law office; F/T, occasional O/T. Knowledge of WP 6.1 helpful. Position may involve some bookkeeping. Salary commensurate with skills and experience. Edward A. McCoyd P.C. 877-7000 gcm1

RECEPTIONIST WANTED FOR busy Albertson office. Good interoffice personnel skills. No typing. Mon. thru Fri., 3 to 9:30. Call 746-3141. wM1

SALES - MAJOR NINETY Year Old Company opens new division, seeking leaders interested in ground floor opportunity. For more information call 746-0493. hm1

COMPANION-HOUSEKEEPER WANTED. Mature, warm, responsible woman for older adult. References, car or driver's license a plus. Call after 4 p.m. 593-6690. gcm3

EXPERIENCED INFANT CARE needed in our home beginning mid March. Tues-Fri. 7 a.m.-6 p.m., occasional Saturday night. Must be non-smoker and have own transportation. References required. Call 328-6468. gcm3

Help Wanted

SECRETARY COMMERCIAL Furniture & equipment contractor seeking P/T secretary, flexible hours with strong communication and word processing skills. Must be proficient in Word Perfect 6.1 dictaphone and filing. Duties & responsibilities will grow commensurate with skills. 222-2200 gcm1

DENTAL ASSISTANT/RECEPTIONIST, P/T, afternoons. Will train. 294-0376. gcm1

LIVE IN IN MY Garden City home, 3 small children, references. Call 739-1610. gcm4

P/T CLERICAL, Light phones & office work 2 p.m. - 5 p.m. Monday - Thursday, 9 a.m. - 5 p.m. Friday. 794-9511 Julie. gcm1

EXCITING OPPORTUNITY AS Instructor at private educational center offering individualized instruction in reading & math. Higher level math needed immediately. Requires teaching credential. Send resume to Fran Kreigel c/o Sylvan Learning Center, 65 Hilton Ave., Garden City, N.Y. 11530. gcm1

BABY SITTER NEEDED to care for an infant in my Garden City home on week days. Non-smoker, English speaking, own transportation. References. 877-2340. gcm3

LEGAL SECRETARY P/T Garden City. Salary open. 746-3340. gcm1

DENTAL ASSISTANT - P/T, experienced, 18 hours. Franklin Square area, Monday afternoons, Thursday & Saturday mornings, all day Friday. 437-0604. gcm1

Help Wanted

EXPERIENCED CHILD CARE Provider needed for 2 boys, ages 2 1/2 & 5 1/2. Mon., Wed., & Fri. 8 a.m. - 6 p.m. Own car, references. (516)741-7090. gcm3

CHILD CARE / HOUSEKEEPER Live in or out, 8 days M-F. to care for 2 yr old & 7 yr old, supervise homework, keep house in Garden City. Must be loving, cheerful, gentle. Non-smoker. Recent references required. 747-6454. gcm3

Situation Wanted

EXPERIENCED IRISH LADY available as nurse's aide or companion for elderly. Kind and considerate. Recent references. Call Ann 437-5320. W-M-1

IRISH COUPLE, HUSBAND & WIFE TEAM, available as companion to elderly. Experienced. Local references. 746-2732. wM4

CHILD CARE AVAILABLE. N.Y.S. certified early childhood teacher with master's degree will care for your child in my Mineola home. Enriched environment. Playmates. Certified program. Excellent extended references. 747-5350. wM4

HOUSECLEANING MON-FRI. Have very good reference, own transportation, experience. Call evenings 486-2604. gcm4

GABRIEL THE MIRACLE Worker - Painting, wallpapering, carpentry, decks, basement renovation, all types of handiwork. No job too big or too small. Prices are almost a miracle. 742-1615. gcm4

HOUSECLEANING AVAILABLE Mon-Sat. Good references, own transportation. Call evenings. 292-3074. gcm4

MATURE, EXPERIENCED WOMAN seeks job as a companion. Nurse's aide or baby care taker, references available. Call 379-4677. Ask for Rose, night or day. I also will work night or day. gcm2

EXPERIENCED BABYSITTER SEEKING full time job, Mon-Fri. Flexible with excellent checkable references. Own transportation. Garden City area plus Uniondale, Hempstead. Call any time. 481-0320. gcm2

HONEST, RELIABLE HARD working nurse/companion seeks position with elderly. References available. Call 328-6980. gcm2

Situation Wanted

HOUSEKEEPER - DOMESTIC ENGINEER - Experienced, reliable, educated American. Detail minded, can not only clean your house, but specializes in organization. Flexible hours, weekdays. Own transportation. Call evenings 334-2336. gcm2

PAYROLL/PERSONNEL/ACCOUNTS Clerk, A.A.S. degree, experienced, computer literate, bookkeeper desires full time position. Call 489-2420. gM2

EXPERIENCED DAY CARE PROVIDER will take care of your infant or child in my home. Mon. to Fri. FT or P/T. Non-smoker. Excellent references. Call 873-7720. wM2

2 NURSES AIDES, FULLY experienced in hospital, home or nursing home. Private duty. One available 11 p.m. to 7 a.m., other available 9 a.m. to 5 p.m. Call Anne at 868-3040, or Kathy at 798-0652. hm2

BABYSITTER, CHILD CARE mature lady, excellent references available Monday, Wednesday, Friday. Own car, your home, loves children, American, speaks English, non-smoker. 741-7673. gcm4

RELIABLE WOMAN SEEKS position as companion for elderly. Also available for babysitting/light housekeeping. Experienced, excellent references. Please call 489-8032. gcm4

NURSE'S AIDE / COMPANION. Irish girl available nights & weekends only. Own transportation. Experience & references. Call Collette. (718) 746-5431. Leave message. gcm4

HOUSECLEANER AVAILABLE. EXPERIENCED, reliable, responsible. Call Sylvia after 5 p.m. 794-5910. gcm4

OFFICE SERVICES SPECIALIST - Bookkeeping, Word Processing, Insurance Reimbursements - all types of paperwork. Your office or mine. Per diem. Computer or manual. 922-9079, or leave message 922-9396. hA4

EUROPEAN MATURE WOMAN looking for babysitting. Will care for elderly or loved one. Call 783-4143. gcm1

OFFER DAY TO DAY housecleaner and also office maintenance. Full references and experience. Flexible hours, please call Elizabeth 486-3411. gcm1

Situation Wanted

ATTENTION VACATIONERS - WOULD You like to go away and know that your dog or cat is well taken care of? Mature woman who loves animals will give your pet lots of TLC. Fenced in yard. 352-9113. gcm1

BABYSITTER, GARDEN CITY mother with older children wanting to babysit occasionally in your home, daytime. 248-5896. gcm4

CALL MARCUS THE best handyman. Asbestos removal, painting, cleanups, cement work, housekeeper, chauffeur, travel interpreter, Portuguese and Spanish. Free Estimates. Work guaranteed. Lawn Services 747-7988. gcm1

HOUSECLEANING AVAILABLE, experienced. 484-3800 Ext. 441 gcm1

YOUNG POLISH WOMAN looking for cleaning job. Trustworthy - Please call (516) 746-7929 between 9 a.m. - 2 p.m., on weekdays and anytime on weekends. W-F-4

COMPANION AIDE. WITH Experience, will care for elderly. Live out. Work any hours. Call Christina 797-1657. hfeb3

HOUSECLEANER AVAILABLE, IRON, laundry, good references. Call Irma 671-9624. Leave message. gcm3

HOME HEALTH AIDE with experience will take care of your loved ones. Affordable, reliable. Excellent references. Ask for Pearl (718) 327-6810. gcm2

GARDEN CITY HOUSE & OFFICE CLEANING CORP

Bonded and Insured
Serving All Nassau County

We will sparkle-clean your house or office with a team of experienced, honest and reliable persons who will be in and out in no time until your heart is content. Cleaning process is supervised by owners, who are Garden City residents. We use our own cleaning tools & detergents. Call for a free estimate

248-8690

Leave message and we will promptly call you

Situation Wanted

HOUSECLEANING WITH GOOD experience and references available. Honest, own transportation. Please call 877-0630. Ask for Cida after 7 p.m. gcm1

HOUSECLEANING \$10 AN HOUR with experience & references. Own car & driver's license. Dependable. Call 873-0704. Ask for Costa. gcm1

HOUSECLEANING JOB WANTED, available every day. 333-5732, please call afternoons or evenings. gcm1

MATURE IRISH MALE available as companion or to give T.L.C. in your home. References if needed, call Tom 775-0624. gcm1

GENERAL OFFICE WORK Prefer Garden City/Mincola area. Flexible schedule, no benefits needed. Very organized and dependable. 741-3156 gcm1

POLISH WOMAN LOOKING for housekeeping job, experienced, good references and own transportation. 538-6738. gcm1

EXPERIENCED IRISH LADY available as nurse's aide/companion/housekeeper. Kind and considerate. Days or nights. Recent references available. Call Anne 437-5320. gcm1

IRISH AMERICAN CERTIFIED Nurse's Aide. 13 years experience. Excellent references. Will work at least 8 hours, days, nights or weekends. Morning phone 746-4745. After 12-746-0948. wM3

HOUSECLEANER AVAILABLE. Eight years experience and excellent references. Own transportation. Call 742-8666, leave message. gcm1

IRISH LADY, CERTIFIED nurse's aide seeking position to take care of the sick or elderly. 6 yrs. experience. Prefer daytime hours. 334-3007. gcm2

HOUSECLEANING \$10 an hour with experience & references, own car & driver's license, dependable. Call Karla 873-9625. gcm2

HOUSEKEEPING AVAILABLE, WEEKDAYS, experience, references. Own transportation. Call 221-0940. gcm3

MINEOLA MOTHER HOME with 1 year old, will give lots of TLC to your child. Non-smoker. PT/FT. 742-3402. W-M3

HOUSECLEANER AVAILABLE. Garden City references. Own transportation, reliable. Call after 6 p.m. 775-4126. gcm1

CUSTODIAL CARE - IF YOU can't take care of your loved ones and don't want to put them in a nursing home, we can take care of them for you. fully experienced in Alzheimer's and senility. 24 hour care in home environment. Call 868-3040, even. hm2

Situation Wanted

HOUSECLEANER AVAILABLE. Will clean houses, offices, & apartments. Will also do laundry. Please call Rose (718) 297-8520. wM2

IRISH WOMAN AVAILABLE To take care of your sick, bedridden or elderly. Please call 741-8619. wM2

LADY SEEKING BABYSITTING & HOUSEKEEPING, full time. Live in or out. References. (718) 835-1361. wM2

EXPERIENCED WOMAN to care for elderly person full time or part time. Call Sally 692-2793. gcm2

NURSING ASSISTANT SEEMS job as companion to the elderly. Own car, excellent references. (717) 325-9673. gcm2

HOUSECLEANING JOB WANTED for 3 days. Experienced with good references. 486-5394. gcm3

IF YOU WANT someone young, nice and responsible to take care of your children or an elderly person in Garden City area just call Magda 292-2055. gcm3

EXPERIENCED, DEPENDABLE NURSE'S Aide looking for part time job. Call Winsome at (616) 867-1535. gcm3

MATURE WOMAN, HONEST available for ironing, laundry, cleaning. References. Speaks Spanish only. Salary negotiable. Call 485-9215. gcm3

HOUSE CLEANER, BABY SITTER available. Live out. Experience, references & own transportation. 294-5334. gcm3

MATURE WOMAN SEEKS job as companion for elderly. Also babysitting, lt. housekeeping, experienced, excellent references. Please call 489-8032. gcm3

Real Estate for Sale

GARDEN CITY SOUTH, Adelphi area. Mint brick Split, 90x100', Modern EIK, 3 BR, FDR, 2 1/2 Baths, Fam. RM., finished bsmt., plus 2 room professional suite with private entrance. Possible Mother/Daughter. Skylights, new windows, sprinklers. Best offer over \$259,000. Owner 485-7880. gcm2

GARDEN CITY CONTEMP. bright 3/3 Split. Spacious LR, DR & Kitchen. Study/TV room & garage on ground level, Fin. Bsmt., Very private yard 80x100 property. Asking \$ 3 5 9 , 0 0 0 . O w n e r 437-7934. gcm4

SOUTHOLD WATERFRONT HOME 100 feet with deep water dock. Completely modern & newly decorated 3 double BRs, 2 full Bths., Fam. Rm./Fpl., oversized screened deck overlooking in-ground pool. Location! Location! Location! 741-2832. gcm4

Real Estate for Sale

NORTH FORK - LUXURY Ranch, 2,600 sq. Ft. of comfortable living space is yours in this charming 7 Rm. house on wooded plot in waterfront community with deeded beach & boating slip. 7 beautiful rooms, 3 BRs, 3 tiled Bths., Jacuzzi, 22x22' den, fully Fin. Party Bsmt., garage. Amenities include Andersen windows, vinyl soffets, skylights, Fpl., Wood stove, 5 appliances, 3 zone O.W. heating, 100% insulated, C.A.C. & Vac., security system, much more. New exclusive. asking \$295,000. Bookmiller Realty 722-4423. gcm1

GARDEN CITY ATTACHED Colonial Northeast section, Raymond Court. Fully updated 2 BRs, 2 Bths., LR, DR, EIK, Rec. Rm. 1 car. Owner \$215,000. Low tax. 741-3156. gcm4

GARDEN CITY EXCLUSIVES. WESTERN RANCH. 3 BRs, 2 1/2 Bths., Mod. EIK, Large property \$300's. Western Solid Brick Ranch. 3 BRs, Fam. Rm., 1/2 acre, 2 car \$300's. Central Section Contemp 3 BRs, 3 1/2 Bths., Fam. Rm., oversized property, CAC, 2 car \$400's. Fantastic Ranch 4 BRs, 2 1/2 Bths., Fam. Rm., CAC, Central Vac, ultra Mod. EIK, 2 car, 1/2 acre, overlooking golf course. \$500's. *** Garden City South. Mint Brick Cape, LR/Fpl., DR, 3 BRs, 2 Bths., Mod. EIK, Rec. Rm. \$239,000. Solid Brick Contemp. 3 BRs, 3 1/2 Bths., large Fam. Rm., Super Mod. EIK, large property. \$295,000. Vera Atamian 354-1994 gcm1

GARDEN CITY COUNTRY Life Press area. 3BR, Colonial, 1 1/2 Bths, DR, LR/Fpl, Fam. Rm., oak & ceramic custom Kitchen, skylit breakfast area, partially finished bsmt, patio, alarm, inground sprinklers, garage, Principals only. No brokers. Reduced \$339,000. 747-3604. gcm4

SOUTHOLD OPEN HOUSE 3/7/93, 1-4 p.m., 645 Bayhome Rd., Southold. Waterfront Colonial features LR/Fpl, DR, Fam. Rm., 4 BRs, 2 1/2 Bths, IGP, boat docks \$390,000. Mattituck Charming Older 2 story. LR/Fpl, den, FDR, 4 BRs, enclosed porch. Walk to all \$159,000. Mattituck Custom ranch home on 4 acres features LR/Fpl, 3 BRs, 2 Bths, IGP, Barn \$233,000. Peconic Country Chalet. Great room/FPL, Cathedral ceiling, 3 BRs, 2 Bths., professionally landscaped. Walk to beach \$189,000. Nassau Point Waterfront, mini estate Colonial features large LR/Fpl, FDR, 4 BRs, 2 1/2 Bths., separate deeded lot includes sandy beach. Panoramic views. \$885,000. Lewis Realty 765-5810, 298-4600, 734-5533. gcm1

SOUTHOLD - RANCH, 3 BR, 2 1/2 baths, LR, dining area, family room, fpl, kitchen, finished basement, 2 car garage, in-ground pool beautifully landscaped for privacy. Prime area near beach and boat launch. \$269,000 negotiable by owner. 765-9247. gcm3

Real Estate for Sale

GARDEN CITY ESTATES 4BR, 2Bth, Immaculate, 2,000 sq. ft. Cape, all ultra modern, Anderson windows & new systems - low energy costs, low taxes, alarm, superior craftsmanship, and much more. Unequaled value, priced to sell. \$335K, Principals only. 873-8654. gcm4

MONTAUK, 2 RM FURNISHED Co-op. One hundred feet from beach. Electric heat/air conditioned. walk to dining, shopping. Sleeps four. Full kit, cable TV. Must sell. Asking \$38,500. Great rental history. 724-5572. gcm1

GARDEN CITY ESTATES Section - Comfortable, energy efficient gas heated Split level-home on a quiet street near schools and park. Just a short walk from a choice of two LIRR stations. 3BRs, 2 new Baths, ultra modern EIK. Family Room and Rec Room, 2 Car Garage and large covered Patio. \$389,000. By owner. Principals only. 747-6250. gcm2

GARDEN CITY COLONIAL 3 BR, 1 1/2 B, LR/fpl, DR, EIK, Fin Basement, Screened Porch, professionally landscaped. Walk to park. Low taxes. Red. \$347,900. Principals only. 741-9262. gcm2

NAPLES, FLORIDA - RESIDENTIAL area. 3BRs, 2Bs Ranch, CAC, Lansl, Sewers, 2 Car Garage, fully landscaped, 75 x 100. Extras, mint condition. \$98,500. Owner (813) 643-2802. Furniture negotiable. gcm2

ATTENTION GARDEN CITY Real Estate Agents: Inquire today to find out about the rewards of our "Listing Incentive Program." Add to your income by doing what you are already doing for free at your present office. Please call 739-1703, today. Only if you leave a message with your name, address and phone number will your call be returned. All inquiries held in strictest confidence. gcm1

GARDEN CITY 4 BR, 4 1/2 bath Colonial, large EIK, LR/FPL, FDR, library, 1.33 acres, IGP, inground sprinklers, 2 car garage. \$649,500. Principals only. 248-4182. gcm3

STOREFRONT FOR LEASE - Mint condition. Available Spring, 1993. Willis Ave between Fordham & Harvard Sts. Perfect for retail store or professional office. 2100 sq. ft. No fee. Contact owner. 746-3141. wM4

MINEOLA/WHEATLEY SCHOOLS. Expanded Cape for sale. Move-in condition. 4 BRs, 2 Bths. carpeted, finished bsmt, detached garg. closets galore. 50x100. Low taxes. Low \$200's No fee. 746-3141. wM4

WESTBURY-WHEATLEY VILLA ESTATES. Elegant Col. 3 BRs, 2 Bths., LR, w/Fpl, FDR, Huge EIK, on 1/2 acre. 40 minute commute to N.Y.C. on LIRR. \$279,000. Owner 338-4282. wM4

Real Estate for Sale

SHELTER ISLAND CONTEMP. 1 acre plus, 3 BRs, 2 full baths, FPL, wrap around deck, CAC, private deeded beach rights, fully furnished. \$275,000. (616) 485-0377. gcm4

GARDEN CITY LARGE mint split. Family area, near Hemlock Park, beautiful LR/Cathedral ceiling & FPL, DR, large EIK, 3 BRs, 2 baths, large den/family room, finished basement, 2 car, landscaped 70x100. Owner \$354K neg. Offers considered. 747-6386. gcm4

GARDEN CITY ESTATES English Colonial w/FDR, LR/Fpl., library, large EIK with deck. Second floor - 4 BRs, 2 Bths., Fin. 3rd Fl. with full bath, 2 car garage, Fin. Bsmt., gas heat. High \$300's. 873-0338. gcm4

GARDEN CITY ESTATES Center Hall Cape, 3 BR, den, 2 baths, LR/fpl, DR, EIK, gas/hot water heat, all appliances. Walk LIRR, all schools. \$365,000. Principals only. 294-0124. gcm1

GARDEN CITY ESTATES Mint CH Colonial. Completely renovated in and out. 4 BRs, 2 baths. Old World Charm. Reduced \$549,000. 741-7378. gcm1

NORTH FORK MINT Bayfront Ranch. 108 ft. sandy beach, panoramic view, 4 BRs, 2 1/2 Bths., EIK, Great Rm., Fpl., deck plus 1/2 acre lot. Asking \$525,000. 747-3947. Principals only. gcm2

MATTITUCK - JUST LISTED. 3BR, 2Bth, L-shaped Ranch on 1/2 acre. Beautiful gardens, nicely landscaped \$179,900. Southampton, First offering. Mint Cape. LR, DR, EIK, 3 BRs, 2 Bths., A charming getaway near beach. Low taxes \$135,000. Jamsport - Electrifying 2-story Contemp. with 2+ BR, 3 Bths, 2 Fpls., skating pond, pool, Sound view \$545,000. Peconic - 2 Mint, Antique farmhouse, 6 BRs, 2 Bths., Large LR, hardwood floors \$155,000. Marilyn Lang Realty 734-6472, 734-6690. gcm1

CUTCHOGUE/NASSAU POINT Waterfront. Panoramic bay views & magnificent sunsets, large Ranch on Lovely landscaped, wooded acreage, OHA heat, CAC, excellent swimming & boating. Reduced to \$675,000. Cutchogue. If You crave privacy, consider this 4 BR, 3 1/2 Bths. Contemp. set high on grand scale, yet intimate & warm. CAC, passive solar sunroom, decks off master BR & LR/Fpl., Reduced \$255,000. East Marion Bayfront. 3 BR year round home. Sandy beach, boating rights & expansive views. Reduced to sell & now asking \$349,000. Mattituck Contemporary ranch on beautiful meadow. 3BR, 2 Bths., 20x40 pool MBR/Fpl., \$240,000. Southold Creekfront. Steps to bay beach, large Ranch, 6 BRs, 3 1/2 Bths. LR/Fpl., deck, beautiful views \$315,000. Marion King 734-5657. gcm1

Real Estate For Sale

SHELTER ISLAND - VACATION - Retirement 4 year old Ranch. 3BRs, 2 Bths, deeded private beach, CAC, sprinklers, full basement, 2 1/2 car garage, 5/8 acre. Low maintenance, deck and outdoor shower. \$239,500. Owner. 328-1188. gcm4

GARDEN CITY SOUTH, 3/4 BR Colonial, low maintenance, mint condition, oak moldings, study, office, new roof, \$265,000. Owner 292-2112. gcm1

EXPANDED RANCH - 4BRS 4 Baths, Huge Den, Country Kitchen, Formal Living Room & Dining Room, Huge Bmt, 1/2 acre of land. Principals only. \$575,000. 5 min. from everything. 747-7328. gcm3

GARDEN CITY BEAUTIFUL spacious home, 5 BRs, 3 Bths, screened porch, finished Rec Room, 80 x 100. Walk RR. Asking \$315K. By appointment. Principals only. 775-5974. gcm4

BAYPORT WATERFRONT RANCH. 100 foot bulkheaded 2 BRS, 2 full Bths., Sauna, Fpl., alarm. \$350,000. Owner. 472-3253. gcm4

GARDEN CITY NOR-THEAST side hall Colonial, 3BRs, 1 1/2 Bths, FDR, Lg. New EIK, new windows, vinyl siding. Convenient location. 40 x 100. Very low taxes. Principals only. 35 Prescott Street. 741-7826. Asking \$269K. gcm3

GREENPORT - TERRIFIC CIRCA 1900 Victorian. Historic district, side hall entrance, stained glass, diamond window, wooden stair rail, Newl Post, original wide molding, pine board floors, parlor bay window, FDR. Wall china closet, pocket doors, high medallion ceilings. 3BRs, 2 Baths, Decks. Restored Barn, 6 skylights, block to Sterling Harbor. \$189,000. Owner. 271-7532 after 1 p.m. wms3

GARDEN CITY MOTT COLONIAL 3 Lg. BRs, 2Baths, LR/Fpl, DR, Den, oversized property. Low taxes. Move-in condition. No brokers. 294-4624. \$369,000. gcm3

GARDEN CITY - GRAND Old Colonial 5 BR, 4 baths, needs work. Great potential. \$349,000. Owner 747-6420. gcm3

PORT WASHINGTON 2 BR Apt. Sunny Southwestern exposure, corner unit, new everything, washer/dryer, attic, garage, walk train, store, water. Exclusive area, beautiful landscaped \$159K. must sell 625-1352, days 944-8210. gcm2

GARDEN CITY COLONIAL NEEDS TLC. Great potential, 3 BRS, LR, DR, Kitchen, Den, bmt. 40x100. Low Taxes. Low \$200's. Principals only. 742-5862. gcm2

DO YOU HAVE A SERVICE to advertise? Our Service Directory is sure to bring results. Call 931-9912, 294-5990 or 746-0240 for rates and information.

Real Estate For Sale

MINEOLA/GARDEN CITY Border. Immaculate 3 BR, 2 Bth Colonial w/sunroom, Fam. Rm., EIK, Fin. Bmt. & lovely decor. Only \$219,900. For appointment call Cathy at Prudential Galleria 748-0440. gcm1

RIDGE, 3 BR Colonial, EIK, LR, DR, Large Den, 2 car garage, 2 1/2 baths. \$149,900. owner 929-3497. gcm1

CUTCHOGUE - NASSAU POINT Specials:

1) Excellent Waterfront Value! Adorable 3BR year round cottage. Open floor plan with spacious decks and incomparable water views. Dooortstep swimming and boating! Only \$199,500

2) Directly on the bay, this delightful 3+ BR, 1 1/2 B Cape Cod offers exceptional possibilities! Set on a magnificent plot with beach on one side and boating creek on the other. Be prepared for a very pleasant surprise! Priced right, too! \$375,000

3) Sprawling 5BR, 2 1/2 B Bayfront Ranch with Basement and two car Garage. Spectacular 1+ acre with sandy beach and panoramic water views! Springspecial! \$535,000 Please call for our new 1993 Homes Photo Flier! Celtic Realty, Celtic Center, Mattituck, 298-5000. gcm1

FRANKLIN SQUARE, NEW Townhouse. 3BRs, 2 1/2 Bths, move-in condition, skylights, new carpeting and tiles, full basement, CAC. \$170,000, by owner, 488-3287. gcm3

SOUTHOLD: 1 ACRE LOT, Waterfront. Beautiful view. Private road with permit & plans. \$195,000 1 Acre Lot - Walking distance to beach. Owner. 746-8023. \$72,500 wms3

ROCKVILLE CENTRE - 3BRS LR, DR, EIK, Porch, Deck, 50x150, Finished Attic/Bmt. Low Taxes, 2 Car Garage, Gas Heat. Walk to All. Asking \$279,000. 763-3203. wms3

Co-Op For Sale

GARDEN CITY CHERRY Valley. Mint, second floor, 2 BRS, new kitchen, bath, carpet. Private corner, large garden. Will trade for your Garden City home. \$115,000. 742-8659. gcm4

GARDEN CITY CHERRY VALLEY Co-Op - Spacious 1 BR, new EIK, prime location. Walk to RR and stores. Maint. 80% deductible. Principals only. 742-6843. \$83,000. Must sell. gcm3

GARDEN CITY MINT 2 BR CO-OP, second FL, separate entrance, walk to RR and stores. Asking \$69,900. Owner. 294-7496. gcm4

TUDOR CITY - STUDIO Mint Condition. \$515 Maintenance includes utilities. Immediate occupancy. \$69,900. 483-9116. gcm3

Co-Op For Sale

GARDEN CITY/Hempstead. The Mulford, Must sell, transferred. Large 1 BR, EIK, Oak Floors, High Ceilings. Lots of closets. Walk to LIRR \$39,000. 292-0483. gcm2

GARDEN CITY, 2 BR, second floor. Best location facing 15th Street. A/C, washer/dryer, wall to wall, attic, garage \$106,000. 294-0269. gcm4

RVC - LARGE SUNNY Garden Apartment. Pretty, well-maintained grounds, convenient to all. One BR, full bath, modern kitchen, dinette, large LR. Very low maintenance and electric. Owner. \$95,000 negotiable. 538-6399. gcm2

MINEOLA HORTON HOUSE Co-op: Front apartment, 1 BR, new kitchen, new bath, loads of closet space, air conditioning. Parking available on and off premises. Principals only. \$78,000. 741-5210. gcm4

GARDEN CITY, LARGE 1 BR, new EIK, spacious LR. Sunny apartment. Asking \$89,000. 354-3238. gcm3

GARDEN CITY CHERRY VALLEY. 2 BR CO-OP, first fl. Walk to LIRR, 7 stores. \$82,000. Principals only. 294-9558. gcm4

GARDEN CITY MINEOLA Border, 120 Horton Highway. Newly vacated prime 1 BR Apt. in well maintained, attractive, centrally but residentially located. Financially secure CO-OP. Buy as is, partially fixed up, or totally renovated. Your choice. asking form \$64,900. Kent Management. 1 (800) 366-6394. gcm1

GARDEN CITY, CHERRY Valley CO-OP, 2 BR, second fl., end unit. Owner relocated \$99,900. (302) 231-5262. Leave message. gcm3

ATRIUM PLAZA 1 BR, 1 Bth, duplex, EIK, 1 gar. Rent/Buy
BIRCHWOOD CT. 2 BR, 2 Bth, sunny, Main \$606. \$117,000

CARLISLE 2 BR, 2 New Baths & Kit + Gar. \$275,000
CHERRY VALLEY 2 BR, 1 Bth, LR, EIK, CAC \$89,000
1 BR, 1 Bth., Great Area (Sold) \$57,500
2 BR, New Bath \$115,000
1 BR, 1 Bth, Mint Condition \$69,500

HARRISON HOUSE 2 BR, 1 Bth., CAC, Lndry., 1 Gar. \$140,000
HORTON HOUSE 2 BR, 1 New Bth., Walk all \$79,900

MULFORD PLACE LR/Fp, DR, Den, 1 BR, 1 Bth., Corner \$85,000

STEWART FRANKLIN 2 BR, 1 Bth, LR/fpl, DR Rent/Sale \$149,000
LR/fpl, DR, EIK, 3 BR, 2 Bth Rent or \$225,000
All new 3 BR, 2 Bth., LR/Fpl, DR, EIK \$300,000
Dougall Fraser Realty 248-6655 gcm1

Co-Op For Sale

GARDEN CITY, CHERRY VALLEY 2 BR, freshly painted, Kitchen & Bath updated. Mint condition, \$115,000. Key here. Prudential Taylor Warner, 741-4422. gcm2

GARDEN CITY CO-OP, 2 BR, second floor, center of Village. 1 Block to LIRR & all shopping. Refinished floors, new windows. Owner 873-9469. \$114,000 gcm1

FLORAL PARK, 1 BR GARDEN Apartment. Lovely location near North Shore Towers. Convenient commute. Modern EIK, new W/W. \$329 maintenance. Safe neighborhood. \$60,000 - no fee. 747-0535 hmar3

ATTENTION GARDEN CITY Real Estate Agents: Inquire today to find out about the rewards of our "Listing Incentive Program." Add to your income by doing what you are already doing for free at your present office. Please call 739-1703, today. Only if you leave a message with your name, address and phone number will your call be returned. All inquiries held in strictest confidence. gcm1

Open HOUSE

GARDEN CITY, 92 Stewart ave. Sunday, March 7, 1-4 P.M. Western Brick Ranch, Spacious 3 BRS, 2 Bths., Fam. Rm., 2 Car, large property. \$399,000. Wilson Realty 746-1563 gcm1

Real Estate For Rent

W. HEMPSTEAD - SECOND floor, 2 furnished rooms, bath, separate entrance. Non-smoking, working, single male preferred. Convenient to all. \$400 each includes heat. Security and references. 489-5941. gcm1

MINEOLA/OFFICE SPACE for rent - Willis Avenue, 2nd fl. (1400 Sq. Ft.) Could be divided. Parking. Owner 746-8023. W.M.-1

NEW HYDE PARK - 3 1/2 bright, large rooms, 2 family house, private entrance, appliances, heat, hot water, full bath. Quiet, residential area. Walk to RR, buses, stores. Professional, non-smoker. References, lease. 489-4815. gcm1

GARDEN CITY FURNISHED room for rent, private entrance, non-smoker, share bath, appliances available. Near RR. \$475. 742-7706. gcm4

FRANKLIN SQUARE, 1 BR Apt., full bath, EIK, utility room w/washer/dryer, AC. Walk to wall, good closet space. Private entrance, parking. Walk to RR & stores, near park. Nice quiet neighborhood. No children, no pets. 775-1475. gcm4

Real Estate For Rent

GARDEN CITY BORDER LUXURY apartment building. 1 BR Apt. + Den. Large bright rooms, A/C, new Kitchen & Bath. No fee. \$850. 489-3010 days, 483-7449 evns & week-ends. gcm2

STEWART MANOR APARTMENT, 2 BR, LR, Kitchen, Bath, Garage. \$850/month. 326-8584 or 873-1731. gcm4

COMMERCIAL PROPERTY FOR RENT - Hicksville/Bethpage located on Route 107. Half acre & office. Ideal for sales or rental business. \$1500/month. 938-5200. hms2

MINEOLA - NEW APARTMENT for rent, 1 1/2 BR, LR, EIK, full bath, 2nd floor, right near post office and train. Convenient location. Immediate occupancy. \$695/mo plus one month security. Gas & electric included. 747-7379. hm4

BELLEROSE 1BR Apt., completely renovate, new bathroom, EIK, new appliances, hardwood oak floors. Near RR & Stores. Move in condition. \$595. 292-0484, 292-0302. gcm4

EXCLUSIVE WESTERN RANCH, 3 BRS, 3 Bths., Mod. EIK, CAC, Deep property. \$2,300. Vera Atamian 354-1993. gcm1

GARDEN CITY SOUTH - New 1 BR Apt. LR, EIK, quiet residential area, near all. \$595 includes all. 483-6382. wms4

GARDEN CITY & VICINITY: 4 BR Tudor Col., 2 new baths, EIK. \$2,100. Cathedral Gardens, Hemp. on G.C. Line, 2 BR, Co-OP, CA, Washer, Dryer. \$1,300. Brookville. 4 br. 2 1/2 Bths. Ranch, Pets OK. \$1,600. Cedarhurst. 3 BR, 2 1/2 Bths., Fpl., Den, Fla. Rm., 2 Car. \$2,250. East Rockaway. SD#20, 3 BR, Col. \$1,100. Elmont. 4 BR, Cape, 2 Bths. Gar. \$1,500. Garden City Park. 3 BRS, 1 1/2 Bths. \$1,500. Garden City Park. 3 years young 5 BRS, Col., 3 Bths. Den. \$2,200. Manhasset Townhouse. 5 BRS, Contemp. 3 1/2 Bths., CA, Clubhouse, pool. \$5,450. New Hyde Park. 5 BR, 2 1/2 Bths., Csth. Ceilings, 2 Car, all amenities. \$3,200. Sea Cliff. 2 BR, Ranch \$1,300. W. Hempstead. 4 Room Cottage, Bmt., Washer/Dryer. \$975. 3 BR. Hi-Ranch \$1,100. Elaine J. Nolan, 485-7054, 292-9749. wms1

APARTMENT FOR RENT Bellerose - 3 1/2 Rooms. Ideal for newlyweds. Private entrance, 1BR, EIK, LR, large full bath. Heat included. Immaculate move-in condition. \$625/month - Owner. (718) 343-3520. hmar2

GARDEN CITY LOVELY quiet furnished room. Private entrance, bath. Mature, non-smoker preferred. References 746-0018. gcm1

FLORAL PARK, 2 BR, FURNISHED with solarium, private entrance. Ideal for business couple, near RR and public transportation. \$850 a month. 352-6433. gcm2

Real Estate For Rent

GARDEN CITY FURNISHED room, separate entrance, private bath, non-smoker. Mature business person, male preferred. References & security. 741-0535. gcm3

ROSLYN HEIGHTS, GARDEN Apartment, 1 BR, LR/DR, full bath, w/w, private entrance, walk to RR, mint condition. \$900 includes heat and parking spot. 746-1415. gm2

FIRST STREET - 4 ROOM apartment, private entrance, wall to wall, washer/dryer, thermostat. Mint condition. One person only. \$700 all. 481-2884. gcm1

GARDEN CITY SOUTH - 2BR Apartment, LR, Kitchen, 1/2 Basement w/washer-dryer, driveway, share yard, separate entrance. No pets. \$925 plus utilities. Call Debbie, days 822-5200; evenings and weekends call Fred, 334-5461. hmar2

FLORAL PARK APARTMENT Beautiful new 1BR basement apt. Great location. Walk to everything. Wall to wall carpeting, EIK, plenty of windows. No panelling or stucco here. Walk in closets. \$585 includes all. 746-6860. gcm3

FRANKLIN SQUARE - HOUSE to share. Mature working woman, own Bedroom & bath. Share kitchen. \$475 month. One month security. 488-3287. gcm3

MINEOLA-WILLISTON PARK spacious furnished room for rent to responsible person, walk to RR and stores. Immediate occupancy. Call after 7 p.m. 742-4377. hMar3

W. HEMPSTEAD - PRIME PRESIDENTS area, attractively furnished apartment. Bring outdoors inside! Newly renovated. 3 Rm, kitchen, 1 BR, LR with skylights, deck with sliding glass doors, overlooking tall pine trees. White wall to wall, AC, cable. Near Southern State Pkwy., 15 minutes JFK. Owner. \$895 includes all. 516-292-0582. W-M-3

ROOMMATE TO SHARE Newly renovated home in Garden City area with one female. Washer/dryer, back yard in lovely residential area. \$475 a month includes all. Available March 1. 538-3513. gcm2

BETHPAGE STUDIO PRIVATE entrance, complete renovations. Large room. Kitchenette, new bath, near shopping and RR. \$500 plus utilities. 938-6201. hmar1

GARDEN CITY, COMFORTABLE, furnished room. Business man preferred. No-smoke, no drink. Interview & ref. plus sec. required. Call 742-2728. gcm2

GARDEN CITY CONDO, 1 BR, LR, DR, EIK, Bathroom. Walk to LIRR & shopping. \$1,200 plus gas & electric. Owner. Available March 1 (718) 347-0105. gcm2

Real Estate For Rent

FARMINGDALE AREA - BUSINESS person preferred. Convenient location. Five rooms; 2 BR, LR, EIK, Den, 1 Bath, top floor, separate entrance. \$975. Owner, 293-7555 lv. message. hMar3

MINEOLA - ROOM FOR RENT private entrance, share bath, nice location, near all. Available Feb. 27, 1993. 248-0596, leave message. W-M-2

MINEOLA-WESTBURY-GARDEN CITY SOUTH, Franklin Square and others: Beautiful Apartments available now: Studios \$500 to \$600 a month. 1 BR \$575 a month; Large 1 BR \$775 a month; 2 BR \$850 to \$900 a month; Large 3 BR House, \$1,250 a month. Royal Int'l - 742-3355. wml

ROSLYN: STUDIO APT., Full bath, kitchen. One bedroom, private entrance, parking. Single person. No pets. \$500 plus utilities. Owner: 746-8023. W-M-3

EAST WILLISTON AREA - Apt. for rent: 2 to 3 BR's, quiet, convenient. \$1,100 - 378-3739. W-M-3

FARMINGDALE, NEWLY WED delight, business persons preferred. Very clean, 3 1/2 rooms, convenient location. Available March 1. \$690. Owner. 249-5794. gcm3

ALBERTSON: LARGE AIRY STUDIO Apt., full bath & kitchen, carpeting, private entrance, parking, utilities included. Single person, no pets. By owner - \$575. 747-1895. wf2

ROOM FOR RENT IN Franklin Square. Convenient to transportation and shopping. Kitchen privileges available, share bath. Mature employed person preferred. 352-6726. Please leave message. gcm1

Vacation Rental

GREENPORT BAYFRONT, MAGNIFICENT view. 3 BR's, 2 baths, all amenities. Memorial Day - Labor Day. \$8,000 plus utilities. 765-2700. Heffernan Realty. gcm1

MONTAUK WINTER GETAWAY special. 4 nights \$225 a couple. 2 rm suite, heat, full kit. Sleeps 4. Walks, dining, shopping. Hundred feet to beach. Also for sale. \$38,500. Immaculate. Call 724-5572. gcm1

HAMPTON BAYS, SUMMER Rental, 5 BR, 2 Baths, LR w/fpl, EIK, family room, plenty of parking. Minutes from ocean. Available May 1 through Sept. 12. \$9800. Utilities extra. Call 742-9032 or 248-2851 evenings. gcm3

SOUTHOLD COUNTRY HOME. 3 BRs, fully equipped, lrg. screened porch. Walk private beach, washer/dryer, cable, immaculate. By season or \$1,300 monthly, May, June, Sept. \$2,000 for July or August. 334-0196. gcm2

Vacation Rental

JUPITER, FLORIDA - Garden City resident offers 2 BR, 2 bath Townhouse at Jupiter Ocean & Racquet Club. Available April. 2 week minimum. 747-6179. gcm3

SOUTHAMPTON, 4 BR's, 2 1/2 Baths, pool, walk to Village, near ocean beach. Families only. July/August. \$8000/month. 283-2434. gcm4

EAST MARION BAYFRONT Paradise 100' sandy prt. beach. Forever views. Charming country home. 5 BR's, 3 baths, EIK, FDR, LR/fpl, den, huge deck. Available May-Oct. Call 437-3333. gcm3

SHAWNEE, PA. 7 BR Inn for rent. Comfortably furnished & fully equipped. Scenic location. Just minutes from Shawnee Mt. Ski Slope. Weekend rentals or longer. Weekend \$700. 248-4963. gcm2

MT. SNOW/HAYSTACK. large fully equipped 4 BRs, plus loft, 2 1/2 baths with color TV, VCR, microwave, heated garage. Beautiful views, lots of privacy. Available by the week or weekend. Call 466-6120 gcm4

STRATTON MOUNTAIN, VT. trailside Condo. Spectacular views. Walk to lift. All amenities. Convenient to all facilities incl. pool, sports club, village, shoppes. Available for rental. (516) 742-2818, (718) 258-3434. gcm1

CATSKILLS - 2 1/2 HOURS from New York, 5 minutes from Hunter, Windham skiing. 3 BR, 1 1/2 Baths, full kitchen, great view, hot tub. Sleeps six. Family only. \$1200 w/security. 741-1098. gcm3

Real Estate Wanted

MATURE BUSINESS COUPLE & mother (long-time residents of G.C.) wish to rent home in Garden City or vicinity on or around May 1. Need 2 baths & 2 year lease. References available from present landlord. 437-3368 eves. No realtors, please. gcm2

SUMMER RENTAL WANTED - Garden City family looking to rent North Fork summer home. Waterfront or water-views a must. Looking to Rent any combination of monthly, from May 1 - Oct. 15. Will do partials. Great references. Have rented in North Fork for last 8 years. 746-6860. Call eves. gcm3

FRANKLIN SQUARE FAMILY interested in purchasing home in Garden City, in the \$200's range. Western section preferred. No realtors please. Call Angelo or Angela at 354-8007. W-M-3

LOOKING FOR HOME we can take care of like our own. Clean and neat. Three BR's, 1 or 2 Baths. House, condo, apartment. Call 589-5887 Lv message. gcm1

Real Estate Wanted

PROFESSIONAL COUPLE SEEKS home in Garden City, \$295K - \$345K. Serious buyers, no home to sell. No Brokers. 326-7469. gcm3

FAMILY OF FIVE has sold home, seeks one in Garden City, western section up to high \$200's. Principals only. Eves 326-8556. gcm4

BRIGHT 4+ BEDROOMS 2 1/2 baths. House w/backyard & basement in Great Neck or Lake Success wanted. Young family with no home to sell. To low \$500,000's. (718) 459-3137. hM4

For Sale

NIKON CAMERA N8008S System with multi control back MF-21 with AF28-85mm and AF75-300mm, Nikon lenses. All in boxes with warranty cards. Used once. Cost \$1,850. Must sell \$1,250. 593-0042. gcm1

ITALIAN MARBLE TOPS & Bases. 36", 42", 48" & 54" diameter. Liquidating entire inventory. Priced to sell. Pt. Washington/Roslyn North area. Seaview Industrial Park 625-1350. gcm2

TWO SHEEPSKIN SPORTS Seat Covers, \$100. Bell Motorcycle police helmet, \$40. Used C.B. \$25. 741-6413. wm2

PIANO - CONSOLE - MAHOGANY. Whitney Chicago, upholstered bench. Good condition. Asking \$500. Desk - French Provincial, White, Detachable 3 shelf hutch top with light, chair. Very good condition. \$200. 248-9186. gcm2

5 PIECE BR SET W/KING size bed & metal headboard, \$425. Beige couch and loveseat, \$450, lamp and sewing machine. Stereo with speakers, FM radio and tape deck \$40. 325-2218. gcm2

BASSES! BASSES! BASSES! KEN SMITH, handmade, Serial #143, \$900, Kramer, aluminum neck w/Peavy BW combo amp. \$425. Full Scale Acoustic W/bow. \$300 746-4938. gcm4

RECORDING STUDIO: Perfect home studio for musicians, enthusiasts - everything you need to make professional sounding records. Open reel decks, mixer, effects, mikes, etc. Call for details. \$5500. 746-4938. gcm4

QUAD CANE And walker \$50. 741-0441 evenings. gcm4

CHAMBERS GAS STOVE, yellow, deep well, complete with all utensils. Good condition. Best offer. Rex Rotary mimograph complete with cabinet. \$50. 747-6382. gcm4

UPRIGHT PIANO, FREEZER, furniture, ping pong table, Commodore 64 computer & game, workbench, portable bar, other household & personal items, some antiques. Call for appointment. 741-0763 evenings. gcm4

For Sale

THOMASVILLE BR PIER unit with light bridge & mirrors, cherry, one year old. Mint \$1,600. Leather sofa (Chesterfield, mahogany) with brass tacks and 2 matching wing chairs, 1 year old. Mint \$1,600. Must see 294-6537. gcm3

BAHAMA CRUISE 5 DAYS/4 Nights. Underbooked! Must Sell! \$295/Couple. Limited tickets. (407) 767-8100, Ext. 729. Mon-Sat, 9 a.m.-9 p.m. hmar2

ETHAN ALLEN GEORGIAN Court Cherry Entertainment Unit. Ethan Allen Sleeper Sofa, 2 Upholstered Wing Chair. 248-2398. gcm

ETHAN ALLEN DARK pine coordinating units of chests, hutches, T.V. cabinet, corner desk and chair, eight pieces \$700, plus rocking chair \$95. Excellent condition. 935-7121 hmar1

HL-RISER/SOFA BED. Excellent condition with navy print cover \$150. Call 739-0913. gcm2

SOHMER PIANO, FRUITWOOD. Excellent condition. Chair Early American blue floral print. Excellent condition. 481-1922. gcm3

1929 BALDWIN GRAND piano. Excellent condition. Asking \$5,000. 747-0248. gcm3

QUEEN SOFA BED. Top quality, innerspring mattress, peach, cream, brown. Cost \$1,900; slip cover, rust, peach, sage. Cost \$700. Both mint condition \$750. Antique barber chair c. 1900 \$650. 292-9219. gcm3

LARGE MAHOGANY DESK Approx. 51" x 26". Red leather top. Takes a high polish, suitable for home or office, needs some work. (516) 747-1038. gcm1

CONVERTIBLE SOFA & MATCHING love seat. Excellent condition. Cost \$1,000 new. Asking \$285. 742-7495. gcm3

Car For Sale

VOLVO 1990 740GLE - 16 valves, white with beige leather, sun-roof, every Volvo extra. 28,000 miles, New Volvo just arrived. Must sell \$15,500. Excellent condition. 593-0042. gcm1

NOTICE

HAVE YOU A HIDDEN TALENT that has yet to be discovered in print?

We are looking for articles, not exceeding 3,000 words or less than 1,500 words, on local topics, opinions, ideas, nice places to visit on Long Island, and even fiction. In our magazine section, we will try to "Discover" one new feature length article and writer per week. Each writer will be reimbursed a stipend of \$25.00.

If you want to be published and be part of an issue of Discovery, you may submit your article to: Litmor Publications, 81 East Barclay Street, Hicksville, N.Y. 11801.

Car For Sale

1984 PLYMOUTH RELIANT (maroon), running condition, new parts, asking \$600 neg. Extra parts included. Must see. Mineola. 248-0596. wml3

OLDS '79 CUTLASS SUPREME V6, 61,000 miles, auto, 2 door, A/C, AM/FM. Looks good, runs like a top. Well maintained. Asking \$1,500. Call 437-3333. gcm3

1987 LINCOLN MARK VII white w/burgundy leather, 73,000 miles, new tires, brakes, exhaust, battery & more. Always garaged, loaded. Mint condition. \$7,950. 294-4135. gcm3

1990 PLYMOUTH VOYAGER S.E., tinted windows, new brakes, tires, shocks, alarm, rust proofing, 42,000 miles. One owner, \$8,950. 741-7177. wml1

1985 NISSAN PULSAR sun-roof, 75,000 miles, excellent condition \$2,800. Call after 7 p.m. 248-5222. gcm4

1983 CHEVY MALIBU wagon. Dependable, garaged, \$92K. Asking \$1,400 248-1069. gcm4

Real Estate For Rent

GARDEN CITY PRESTIGE OFFICES
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Oh Holy St. Jude, Apostle and Martyr, great in virtue and rich in miracles, near kinsman of Jesus Christ, faithful and intercessor of all who invoke your special patronage in time of need, to you I have recourse from the depths of my heart and humbly beg to whom God has given such great power to come to my assistance. Help me in my present and urgent petition. In return I promise to make your name known and cause you to be invoked St. Jude, pray for us all who invoke your aid. Amen. Say 3 Our Fathers, 3 Hail Marys, 3 Glorias. Say for 9 consecutive days. Publication must be promised. This novena has never been known to fail. Thank you for answering my prayers. C.M.E.

wM1



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An Experience in Good Taste

DINING GUIDE

In the Discovery Section of this newspaper

GRANDPARENTS - Send in your grandchildren's photos and enter our "World's Most Beautiful Grandchildren" contest. Just send a photo and a brief description of the child (or children) along with your name and address to: Litmor Publications, Beautiful Grandchildren Contest, 81 East Barclay St., Hicksville, N.Y. 11801. We'll do the rest!

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Vegetarian View

By Margaret Wing-Peterson



Dolores Riccio has fashioned meals for the health-conscious who want good-tasting food, but whose time is limited.

The veteran author's creations can be seen in her latest book, "Superfoods: 300 Recipes for Foods That Heal Body and Mind" (Warner Books).

Arranged in alphabetical order from apples to yogurt, Riccio incorporates a description of the food's healthful properties, such as vitamins and disease-fighting qualities, along with her recipes.

"Pasta is an all-time favorite complex food that, when used correctly, can relieve what may be our No. 1 health problem: stress," writes Riccio, a resident of Warwick, R.I. The mother of two grown children is the author of eight books, including four cookbooks.

She calls nuts a superfood that provide a quick, healthful pick-me-up. "A great meat substitute, nuts are rich in energizing protein."

She labels garlic the "ketchup of the intellectuals" and calls the raw apple "nature's toothbrush."

"It (the apple) is considered the perfect after-lunch dessert, particularly for those who aren't going to have the opportunity to brush their teeth," she writes. "Biting into its firm flesh helps to clean the teeth of sticky foods, like soft breads, that cause plaque buildup."

The cookbook also offers tips on how to shop and how to prepare the foods properly.

Riccio says her philosophy is to make it fresh, make it simple and make it fast.

Additionally, she points out what foods are believed to help ward off stroke, lower cholesterol and fight cancer.

Here is a sampling of what Riccio writes:

- Apricots, peaches and nectarines rank high as cancer-fighting foods, according to the National Cancer Institute.

- The neatly packaged, easy-to-open, low-calorie, unassuming banana is a powerhouse of nutrition, especially notable for its high potassium content.

- Barley, like oat bran, promotes a healthy heart. But, while oat bran has received wide press coverage for its efficacy in lowering cholesterol, hardly any notice has been given to barley. The oversight may be attributed to cooks not being exactly sure what to do with this humble grain.

- Broccoli has at least five important health benefits, including it helps to prevent lung cancer, even among smokers. In addition, broccoli has heart-protecting potassium.

- Cabbage, the food of common folk, and its tiny cousin brussels sprouts, the fare of royalty, are potent cancer fighters.

- Researchers have declared that a cup of beans a day lowers blood pressure and the artery-clogging LDL cholesterol. They also speed food through the digestive system, preventing constipation.

- A good size bowl of oatmeal at breakfast helps to lower the LDL cholesterol and, later on, helps to raise the artery-cleaning HDL cholesterol.

- Potatoes have a hefty potassium content and a respectable

amount of cholesterol-lowering fiber, which makes them a healthy-heart food.

- Full of potassium, tomatoes help to protect against strokes and heart disease.

Following are some of Riccio's recipes for you to try:

"Homemade desserts taste best and can offer some real nutritional value," says Riccio. "Two superfoods in one cookie make the following a guiltless treat."

LUCY'S APRICOT OATMEAL BARS

- 2 cups uncooked oatmeal
- 1 cup sifted, unbleached all-purpose flour
- 1 cup firmly packed dark brown sugar
- 1 teaspoon baking soda
- 1/4 cup (1 stick) unsalted margarine, melted
- 1/2 jar of apricot preserves

Yields 24 bars.

Preheat oven to 370 F. Butter oblong baking pan — 11x7 inches or 12x8 inches.

Mix together oatmeal, flour, sugar and soda until well blended. Pour melted margarine over dry ingredients and mix until moistened throughout. (Mixing with hands works best.)

Layer half oat mixture over bottom of pan. Top with thin layer of apricot preserves. Pat into place remaining oat mixture to form top layer.

Bake on middle shelf for 20 minutes. Cool on wire rack before cutting; don't remove bars from pan until cool enough to hold together. Store bars in covered tin with wax paper between layers.

"Risi e Bisi is 'rice and pea soup' in the Venetian dialect," writes Riccio. "It should be almost thick enough to eat with a fork but thin enough to be served in bowls. You should plan to serve it as soon as it's ready, because the longer the dish stands, the more liquid the rice will absorb."

RISI E BISI

- 2 tablespoons olive oil
 - 1 medium onion, chopped
 - 2 pounds fresh peas, shelled or 2 cups frozen peas, thawed to separate
 - 1 (13-ounce) can vegetable broth
 - 2 cups water
 - 1/2 teaspoon salt
 - 2 tablespoons chopped fresh flat-leaved parsley
 - 6 very thin pieces of lemon zest, no pith
 - 1/2 cup Arborio rice
 - 2 tablespoons grated Parmesan cheese, plus more to pass
- Freshly ground black pepper to taste

Yields 4 servings.

Heat oil in deep, heavy pot and saute onion until it's pale yellow. Add peas and stir-fry for about 1 minute.

Add broth, water, salt, parsley, lemon zest and rice, and bring mixture to boil. Reduce heat to medium-low and simmer soup, stirring occasionally, for 12 to 15 minutes, until rice is *al dente*.

Stir in cheese and pepper. Serve immediately and pass more cheese at table.

Kids Home Newspaper



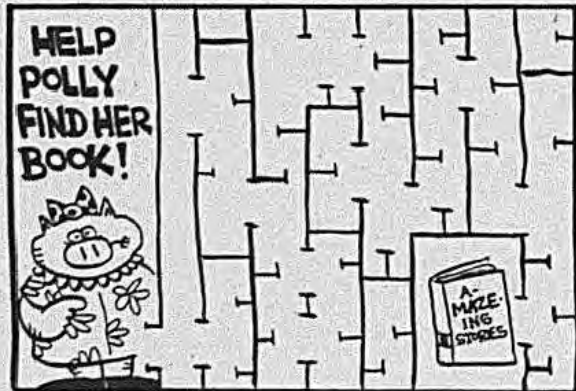
Games, rhymes, and riddles for children and their parents, too!

By J.R. Rose -

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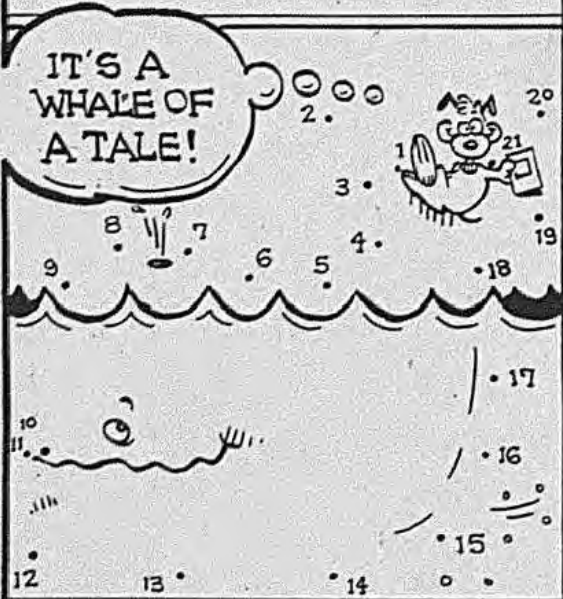
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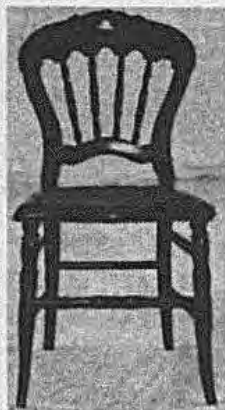
By James G. McCollam



A cane chair

Q. Enclosed is a picture of a walnut cane seat chair. It was my great-grandmother's parlor chair when she got married in 1857.

Please tell me how much it is worth today.



A. I think your great-grandmother bought this for her 25th anniversary (1882). It might sell for \$175 to \$200 in an antique shop in good condition.

Q. The enclosed mark is on the bottom of a hand-painted porcelain teapot. It is pale green with white-and-red floral decoration and gold trim.

I would like to know who made this, when, and its value.



A. This mark was used by the Schlegelmilch brothers in Tillowitz and Suhl, Germany, around the turn of the century. It might sell for as much as \$500 in good condition.

Q. About 10 years ago, I inherited six 10-inch-diameter plates with scenes from Sir Walter Scott's "Ivanhoe." They are marked on the backs, "Ivanhoe — Wedgwood — Etruria, England."

It occurred to me when I saw your column that they may have some value. I would appreciate your comments.

A. Your Ivanhoe plates made by Wedgwood were produced in the early 1900s and would be worth at least \$300 for the set of six.

Q. I have a cup and saucer that I would like some information about. They are white porcelain trimmed with gold and are marked "Royal Bayreuth," with two lions holding shields, one with a "P" and the other with a "T." Underneath is "Priv. 1794 — Bavaria."

A. Your Royal Bayreuth cup and saucer were made in Tettau, Bavaria, during the early 20th century. These would probably sell for \$35 to \$45.

"Priv. 1794" indicates the year the company was established.

The "P" and "T" stand for "Porzellanfabrik Tettau."

Q. I have a porcelain chocolate set consisting of a pot and six cups and saucers. They are white and blue, decorated with daisies. The mark on the bottom is "T&V — Limoges, France — Depose."

Could you tell me who made this set, when, and where? Also, what is the value?

A. The mark you describe was used by Tressemanes & Vogt on porcelain made in Limoges. "Depose" means "Protected" (design).

The set would probably sell for about \$225 to \$235.

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Points on Pets

By R.G. Elmore, D.V.M.

Q. Our veterinarian recently diagnosed megaesophagus in our Irish setter puppy. The dog vomits after almost every meal. Can anything be done for him? We are really attached to the dog.

A. Megaesophagus is one of the most common causes of vomiting in dogs. Megaesophagus simply refers to an enlarged esophagus, the tube from the back of the mouth to the stomach. Usually, the cause of this enlargement is unknown.

Megaesophagus occurs most commonly in recently weaned puppies. Although it can occur in all breeds, it is most often seen in Great Danes, Irish setters and German shepherds. Megaesophagus is seen in both males and females.

The most common clinical sign seen with megaesophagus is vomiting. This is often first noticed after the puppy is weaned and put on solid food. Pneumonia often occurs with megaesophagus. This is the result of regurgitated food and water getting into the trachea and the lungs. Many dogs with megae-

sophagus have periods without any clinical signs of the disease.

Veterinarians vary in their approaches to treating megaesophagus. However, most authorities recommend conservative treatment as opposed to surgery.

Many dogs with megaesophagus can be trained to eat with their forelegs elevated on a step or low table. This allows gravity to aid movement of food through the esophagus. The dog should remain elevated at a 45-degree angle for 10 to 15 minutes following eating.

The consistency of the food can be varied to suit the dog with megaesophagus. Most dogs will regurgitate least often if fed a mixture composed of canned dog food and water. The best consistency will vary among dogs.

The overall prognosis for dogs with megaesophagus is poor. Most dogs with this disease do not survive past 18 months.

JUNIOR EDITION



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 2. Entries must be received by Friday, March 12, 1993

3. Paint, watercolors and crayons must be used on the above.
 4. Decisions of the judges will be final.

Mail your entry (just clip our cartoon) to this newspaper at:
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Aunt Tilly's Corner

As we have entered the Lenten season it is also Mardi Gras time in New Orleans. The people there spend all year in preparation for this event, and folks come from all around just to see it. Elaborate floats are made, costumes are worn with masks and feathers and ladies on the floats dress in regal gowns ornate with jewels and embroidery. Each is hoping to be crowned Queen of the Mardi Gras.

On the floats the attendants throw out beaded necklaces to the spectators. If you visit New Orleans at any time you have only to look up into the trees where the parade took place, some are loaded with beads that had been thrown to the onlookers and were caught by the branches - evidence that the spectacle of Mardi Gras really did take place.

Your friend,
 Aunt Tilly

YOUR SOCIAL SECURITY

Working seniors earn more Social Security

By William M. Acosta

Q. I am 72 years old and have just returned to work. Will these earnings have any affect on my Social Security benefits? — H.G.

A. They could, especially if you are working full time. Your Social Security benefits are computed on your lifetime earnings, and since wages generally are higher now, your recent earnings will probably bring up your benefit amount.

Benefits are recomputed annually to consider recent earnings.

Q. I'm a Supplemental Security Income recipient. I won a contest where the prize was football tickets worth \$100. Do SSI regulations require me to report this? — M.K.

A. Yes. SSI recipients must report receipt of prizes — both cash and merchandise. Your tickets will be counted as unearned in-kind income at their current market value since they can be sold to meet basic needs for food, clothing or shelter.

Q. What does the letter mean that appears after my health insur-

ance claim number on my Medicare card? — L.B.

A. It is a code used by Social Security to indicate the type of benefits you are receiving. There may also be another number after the letter. Your full claim number must always be included on all Medicare claims and correspondence.

Q. Women are living longer than men. What is the percentage of women currently receiving Social Security? — L.K.

A. Sixty percent of all Social Security beneficiaries are women.

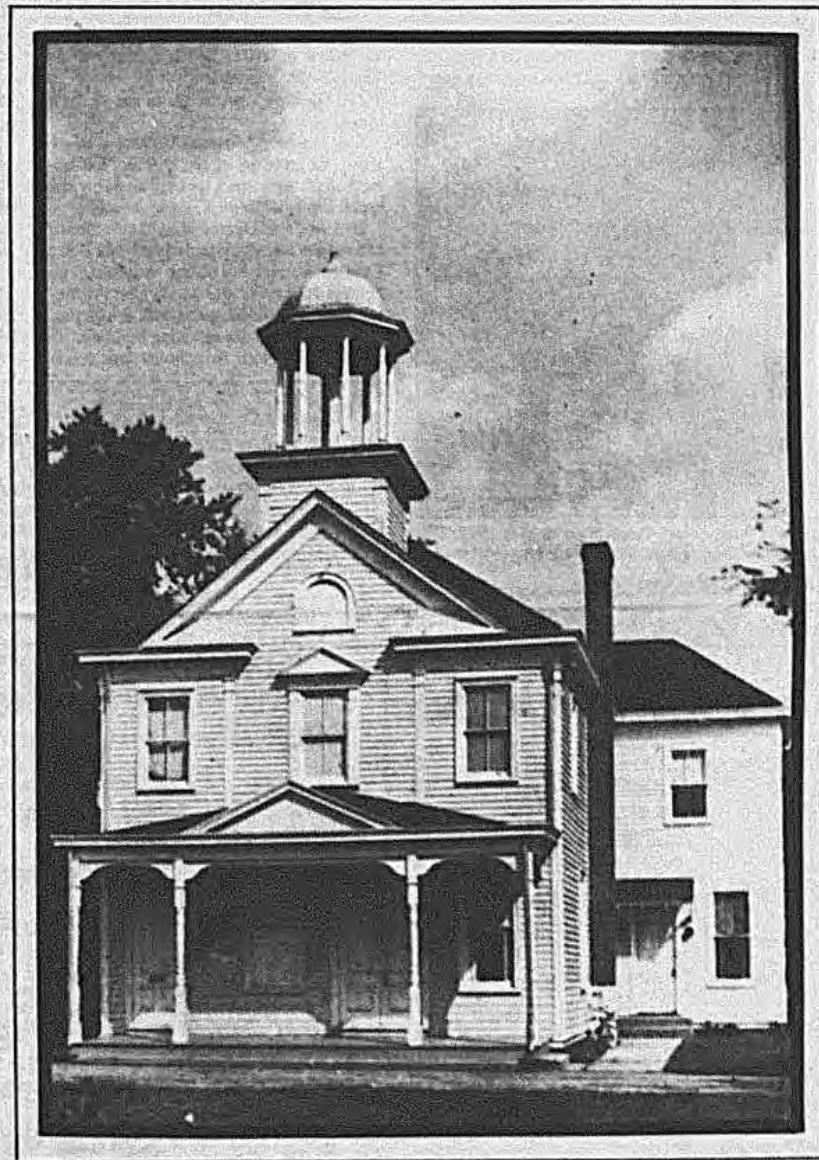
YOUR SOCIAL SECURITY

The World's Most Beautiful Grandchildren



Caitlyn Nicole Paternoster Bove, 3 years old, granddaughter of Marie and Bob Bove of New Hyde Park. Caitlyn Nicole lives with her proud parents Thomas and Christina of Blossburg, Pennsylvania.

The Annual Guide



To Hicksville

A SPECIAL SUPPLEMENT TO LONG ISLAND COMMUNITY NEWSPAPERS

Hicksville Gregory Museum Celebrates 30 Years

Thirty years ago, in a home on Cottage Blvd., the Gregory Museum was founded. Anne and Gardiner Gregory started the museum as a teaching, research, and display institution.

Gardiner Gregory built cabinets that displayed approximately 13,000 mineral specimens, fossils, jewelry, sea shells, Indian artifacts, fluorescent minerals, pictures, butterflies, and moths. Traveling exhibits delighted schools, clubs, libraries, and other organizations on Long Island.

The museum was incorporated on Nov. 18, 1955 by the Board of Regents, the University of the State of New York, as a non-profit educational foundation. The

provisional charter was renewed in Nov. 1969 and made absolute in Sept. 1991, when the official name became the Hicksville Gregory Museum.

The museum's Board of Trustees adopted the Gregory's philosophy: "To create an awareness of and interest in the wonder, the beauty, and the values of nature's gifts to mankind, and to do everything it can to preserve these gifts."

Through the dedication of the Gregorlys and many volunteers, the museum has been a pioneer in the fields of photography, photomicrography, and photomacrography of mineral and insect specimens. Many acclamations have come

from those who have seen and observed its activities.

The Gregorlys had spent much of their vacation time for years traveling and gathering mineral and rock specimens from many parts of North America. They maintained a wild flower preserve in New Hampshire; gathered and mounted a splendid collection of moths and butterflies.

As curriculum materials director for the Hicksville School District, Gardiner Gregory was aware of the need for graphic mineral dimensional specimens for the school science programs. With the urging of fellow teachers and the approval of Donald Abt, superintendent of schools in 1963, Gregory opened his home to class tours.

The Gregory Museum became a much used, integral part of many science classes, and its collection quickly outgrew the space available in the Gregory home.

In 1969 the Oyster Bay Town Board offered the vacant, boarded up Heitz Place Courthouse and Jail to the museum. The historic Hicksville site would give the museum much needed space and would preserve the rapidly deteriorating building.

The Heitz Place Courthouse was erect-

ed in 1895 on land donated by the late Arnold Heitz, on Heitz Pl. and Bay Ave. The building was used as a small claims court by Nassau County until 1968.

The museum's board of directors accepted the town's offer and started renovating the building in May of 1970. For two years, groups of individual volunteers and organizations worked on restoring the building. In June of 1973 the museum was opened at its present site, and has been serving all of Long Island and the metropolitan area as an educational and cultural center. The new location allowed for a collection of artifacts and Hicksville historical documents to be displayed in the part of the building that housed the jail.

Through its years at Heitz Place, the Hicksville Gregory Museum has been the focus of community wide celebrations, including the Mike Caruso Celebration, the 325th Anniversary celebration of Robert Williams Indian Land purchase, and the Town of Oyster Bay Bicentennial Celebration. It has also continued its tradition of serving the needs of the students of the Hicksville School District and other districts from across Long Island.



GREGORY MUSEUM Robert Williams 325th Anniversary Celebration in May 1973. The museum and its historical committee has been a leader in commemorating historical events that have special meaning in Hicksville.

On The Cover:

ON THE COVER is the Hicksville Gregory Museum as it appeared during the 1970s and early 80s. Recent renovations have given the museum a new roof and has restored the once unusable front porch. What has not changed over the years is the quality of programs that the museum offers.

Cover photo by Ed Bady, courtesy of the Hicksville Gregory Museum Collection at the Hicksville Public Library.

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Boos Flowers

One of the reasons so many people keep coming back to Boos Flowers by Phyllis is the friendly smile everyone is greeted with when they enter the 38 West Village Green shop.

The family-owned business, which celebrated its 12th anniversary last year, features flowers for every occasion, including weddings, birthdays and anniversaries.

"You can call at any time and know you will be professionally taken care of," said owner Phyllis.

Phyllis said she chooses to do business in Hicksville because "I like the town and the people in it."

Call the shop at 735-2244 or visit Monday through Saturday 9 a.m. to 5 p.m. and Sunday, 10 a.m. to 3 p.m.

Dalton Funeral Home

"The smallest detail is not forgotten" at Dalton Funeral Home where they have been "three generations of caring." This third generation, family-owned and operated business has been a mainstay in the Hicksville community for 25 years, and in the funeral home business since it was founded in 1924.

The Hicksville branch of the Dalton Funeral Home on Jerusalem Avenue was the second of five branches opened up by the Dalton Family. It is currently managed by Beth Dalton.

Employees of Dalton Funeral Home and members of the Dalton family have been involved in numerous Hicksville commu-

nity groups such as the Chamber of Commerce, the Kiwanis Club, Lions Club and the Elks Club. Beth Dalton is president of the Hicksville Chamber of Commerce.

A recent addition to the services offered at the Dalton Funeral Home is the Pre-arrangement funeral conference. With the backing of the New York State Funeral State Directors Association a new program called Pre Plan is now being offered to families. The program gives families the ability to plan ahead for future needs. It is also an opportunity to put the details

of a funeral together ahead of time and, if desired, place funds aside as well.

The Ecumenical Consultation Center

The Ecumenical Consultation Center is non-profit and non-sectarian and was

continued on page 7A

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An Integral Part Of The Community



HICKSVILLE CHAMBER of Commerce office at 10 West Marie St. has been the home of the Chamber for the last two years. Shown in front is Chamber president Beth Dalton and treasurer John Glantz. Previous locations of the Chamber's office were on Old Country Rd. and in the Mid Island Plaza, now know as the Broadway Mall.

The Hicksville Chamber of Commerce has been an integral part of the community since 1926. Through various business and community related activities, it helps to make Hicksville a better place to live and do business.

The Chamber holds monthly luncheon meetings, where members can gather to informally discuss business, listen to informative presentations, and be advised about meetings, forums, and workshops that are available to businesses in Nassau County. In addition the chamber works closely with other community groups on projects that affect our hamlet.

Through the years, the Chamber has provided poles and flags along Broadway for certain holidays, have formed beautification committees to enhance the community, have worked with the school district in forming internships and on committee work, and has formed special committees to address certain problems that affect Hicksville.

Current projects of the Hicksville Chamber of Commerce include participa-

tion on the Community Pride and Harmony Task Force, the Anti-Graffiti campaign, and the fire department's centennial celebration. The Chamber also offers a scholarship for high school students and has just begun an After-Hours Business Network.

The Chamber is a living, mutually supportive group of people, who each contribute parts of themselves so that by a strong team effort both the members and the community reap benefits.

The members of the Chamber of Commerce identify the problems of Hicksville's businesses, both large and small, and seek solutions through study and research, contact with elected officials, legislation, and informational programs and services.

Membership information can be obtained by writing the Hicksville Chamber of Commerce at 10 West Marie St., Hicksville, NY 11801 or calling 931-1710 between noon and 2 p.m. Monday through Thursday. Membership support is an investment in economic growth, community progress, and business improvement.

THE THIRD ANNUAL GUIDE TO HICKSVILLE
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<p>JOHN GARGER Editor MIKE MATRANGA Sales JOHN JOSEFAK Art Director TAMMY SAUTER Page Designer</p>	<p style="text-align: right;">135 Liberty Avenue, Mineola, N.Y. 11501 Phone: (516) 747-8282 Fax: (516) 742-6376</p>
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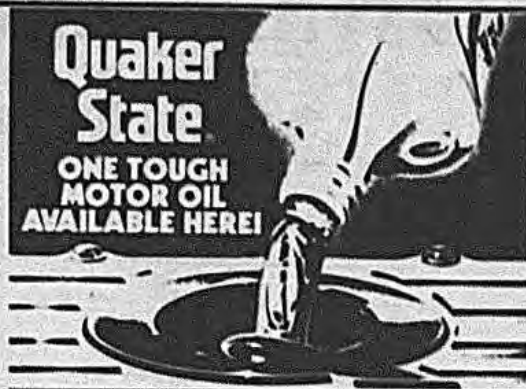
LOTS OF FUN. Last year's Chamber of Commerce Business Expo proved to be both informative and entertaining. Besides the over 50 business and non-profit exhibitors, there were clowns to entertain the children (and adults); Omen, the walking, talking robot; and live music. Business Expo '93 proves to be just as exciting.

Photo Exhibit Kicks Off Celebration

Thirty years have passed since the Gregory Museum, Long Island Earth Science Center, was established in the basement of the home of Hicksville residents Gardiner and Anne Gregory. The museum board of trustees and director Joan Kawecki are hoping to recapture the high excitement of the museum's first thirty years with a series of enjoyable happenings and reminiscences in 1993. A month-long exhibition of photos and museum documents will take place in the Kenneth Barnes Community Room of the Hicksville Public Library starting Saturday, March 6. The museum's collection of large photographs by Gardiner Gregory and Edward Bady will help recall the many significant contributions of the Gregory Museum to the preservation and appreciation of Long Island's natural and historical environment.

The 30th Anniversary Commemorative Dinner will take place on Friday, April 23 at the Knights of Columbus Hall, across from the museum on Heitz Pl. Catherine Black is chairing the event, which expects to draw a large gathering of Hicksvillites. A special feature of the evening will be a handsome 30th Anniversary Journal. Highlighting the night will be the recognition of three people who have contributed significantly to the enduring success of the museum. Assemblyman Frederick Parola, museum artist and longtime volunteer Val Conover, and museum past president and historian Richard Evers will be honored for their contributions to the success of the museum.

For more information about any of the special events, or to order tickets to the dinner call the museum at 822-7505.



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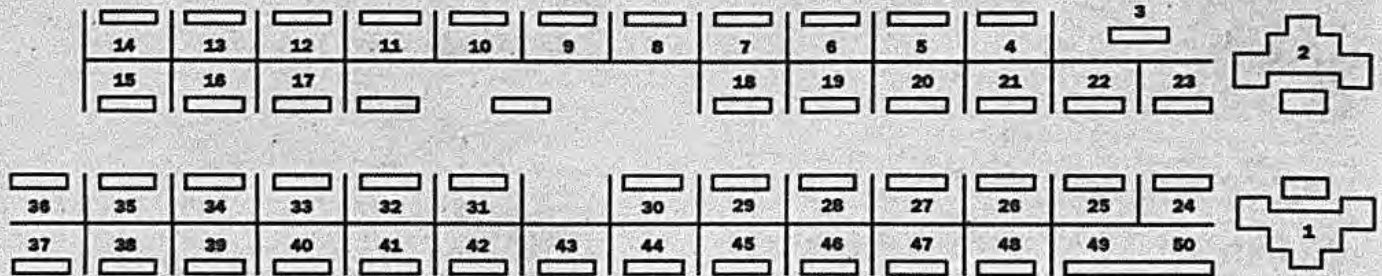
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Hicksville Chamber of Commerce BUSINESS EXPO '93



When: Saturday, March 6
Time: 11 a.m. to 6 p.m.
Place: Broadway Mall
Public Invited
Admission: Free

Alphabetical Listing for Expo with Booth Numbers

- | | | | | | |
|---------|---|------|--|------|--|
| Booth | Exhibitor | 21 - | Chemical Bank | 6 - | Long Island Balloon, Inc. |
| 10 - | American Center for Senior Citizen Services | 5 - | Church of Christ of Hicksville | 19 - | Mail Boxes Etc. |
| 28 - | Bank of New York | 18 - | Coldwell Banker Schlott Realtors | 30 - | Map Man, Inc. |
| 25 - | Ben's Kosher Deli and Restaurant | 35 - | Ecumenical Consultation Services | 6 - | Mary Kay Cosmetics |
| 11 - | Blinds Buy Us, Inc. | 45 - | Electrical Safety Council of Long Island | 33 - | Montana Agency, Inc. |
| 22-23 - | ERA Britman Realty | 48 - | Emigrant Savings bank | 4 - | National Westminster USA |
| 16 - | Chase Manhattan Bank | 26 - | EsKay Business Systems, Inc. | 41 - | New York State Department of Labor |
| | | 27 - | The Family Trees USA Corp. | 7 - | Newsday |
| | | 29 - | Fotomat One Hour | 17 - | Professional Secretaries International |
| | | 20 - | Friends of the Bay | 47 - | RE/MAX Central Real Estate |
| | | 49 - | Dr. Michael F. Garger, DC | 8 - | Respiratory Care Group, Inc. |
| | | 1 - | Hicksville Chamber of Commerce | 34 - | Hicksville-Jericho Rotary |
| | | 50 - | Hicksville Fire Department | 31 - | State Bank of Long Island |
| | | 42 - | Hicksville Gregory Museum | 15 - | Yours, Ours, Mine Community Center |
| | | 24 - | Hicksville Illustrated News | 40 - | Greater New York Savings Bank |
| | | 44 - | Hicksville Post Office | 12 - | Marine Midland Bank |
| | | 43 - | Hicksville Public Library | 36 - | Green Point Savings Bank |
| | | 46 - | Hicksville Water District | 3 - | Quorum International |
| | | 9 - | Hicksville Youth Council | 39 - | Century 21 Jannace |
| | | 32 - | Kiwanis Club of Hicksville | 38 - | Hicksville School District |

Something For Everyone

Business Expo '93 will be filled with informative exhibitors as well as lots of fun and entertaining events. Omen, the walking, talking, singing, dancing robot will be on hand and clowns will be making everyone laugh. There will be live music, a raffle, and many door prizes. The door prizes and the donors will include:

- Fran Antonelli - Old fashioned framed map of Long Island.
- Blinds Buy Us Inc. - One PVC vertical blind for window of your choice.
- ERA Britman Realty - Three day, two night trip for qualified buyer to Florida.
- EsKay Business Systems - One year free fax service (labor only) for any Panasonic or Xerox fax machine.
- The family Trees (USA) Corp. - Springtime floral basket.
- Dr. Michael F. Garger, DC - One hour therapeutic massage.
- Gatsby Hairdresser - Special door prize.
- Greenpoint Savings Bank - Gift certificate.
- Hicksville Fire Department - 12 Black and Decker smoke detectors.
- Mary Kay Cosmetics - Six gift certificates.
- National Westminster Bank - Pentax 35MM Camera.
- Respiratory Care Group, Inc. - Labtron Blood Pressure Unit.
- Broadway Mall - Two \$50 gift certificates to mall shops.
- Kay-Bee Toys and Hobby Shop - Gift certificate.
- Mail Boxes Etc. - Free private mailbox rental for one year.



Past Expos Draw Crowds

LOCAL BUSINESSES were out in full force at last year's Business Expo. Nearly 50 shopowners displayed their merchandise and services for the thousands of people who visited the mall. Businesses were not the only organizations represented, non-profit groups and service clubs also had booths. On hand this year will be the Kiwanis Club, Hicksville Water District, Hicksville Youth Council, Hicksville Public Library, Hicksville Gregory Museum, Professional Secretaries International, Hicksville School District, Hicksville-Jericho Rotary, American Center for Senior Citizens Services, Church of Christ, Ecumenical Consultation Center, Friends of the Bay, Hicksville Fire Department, Post Office, Department of Labor, and the Hicksville Chamber of Commerce.

From Boy's Orphan Home To Major Shopping Mall



Broadway Mall representatives Tom McCarthy and Nancy Gilbert (right) pose with Chamber of Commerce president Beth Dalton at a recent Chamber meeting. The three have worked hard planning for a successful Business Expo.

Shopping Mall

For nearly 60 years, the land that the Broadway Mall now occupies housed St. John's Protectors, an orphan home and farm. The property was deeded by realtor Bernard Earle in 1890 to the Roman Catholic Diocese.

The Protectors housed over 200 orphan boys; the older ones worked on the farm and tended to a herd of 50 cows. Produce raised was shipped, along with milk and other dairy products, to St. John's and St. Joseph's Homes in Brooklyn.

Father Lawrence Fuchs, the long-time pastor of St. Ignatius Loyola Parish, would travel to the home to say masses in the chapel located on the grounds.

Ground was broken on June 15, 1955 for the Mid Island Plaza. The shopping center was built in two stages. The first containing 10 buildings with more than 1,000,000 square feet of rentable space, grouped in the center of a 70 acre tract on the west side of Broadway. The principal tenant was Gertz Department Store, occupying the five-story and basement building on the south side of the complex.

The original plaza had eight chain shoe

stores, eight women's specialty and ready-to-wear shops, three men's stores, nine restaurants, a junior department store, a variety store, two candy shops, and two supermarkets, as well as dozens of competing establishments.

The second stage involved building on 40 acres on the east side of Broadway, with the main occupant being a 48 lane bowling alley.

Four bus companies serviced the original plaza, with routes from all of Nassau County, western Suffolk, and connecting routes to Queens County.

In August 1985, the plaza was sold to Allen and Martin Yudell. The new owner planned a \$15 million renovation project that transformed the plaza into what it is today.

Wide expanses of skylights, pastel colors, and a tile floor gave the mall a much needed face lift. New tenants, a food court, IKEA, and a name change put the mall back into the forefront of shopping complexes.

The Broadway Mall management team continues to make improvements to the complex. A several phase landscaping project was begun last year, and new tenants are continually sought.

continued from page 3A

founded in 1973 as an action of the Mid-Island Ecumenical Council. It was established to fill a gap which existed in mental health services and to service those families in the middle income range who faced a dearth of services. Through the center, psychotherapy services at a moderate fee were available.

For the past 20 years, the center has continued to offer individual, marital and family psychotherapy, as well as groups including Caregivers for the Aging, mothers' support and co-dependency support. Fees are based on a sliding scale and there is no waiting list.

From 1973 to 1989, the center operated out of a house provided by St. Stephen's Lutheran Church. Due to planned expansion by the church and their need to sell the property, the center needed to relocate and St. Ignatius offered an old house on its property. Local businesses, churches and service groups donated building materials, workmen and funds to rebuild the house.

The center is now reaching out to the community again for help with their Scholarship Fund. This fund was set up several years ago to help individuals and families who were in need of psychotherapy services, but could not afford even the minimum fee on our sliding scale. The fund was built on contributions from concerned people in the community, churches and civic groups. Although the center can not provide free service, the Scholarship Fund can supplement whatever the client can pay so that help need not be denied. Just as students may need financial aid to pursue educational goals, so people seeking psychotherapy may need financial help to begin their treatment and get on with their lives.

This fund is now seriously depleted at a time when unemployment and financial insecurity are widespread and many families are in distress. Individuals and groups who wish to contribute to the Ecumenical Consultation Center Scholarship Fund may mail checks directly to the center. Thank you for your help in this matter.

The Ecumenical Consultation Center is located at 147 Broadway and can be reached by calling 935-6179.

Dr. Michael Garger

Dr. Michael Garger has built his practice on high-quality chiropractic techniques for the correction of neck, back and other skeletal problems.

Dr. Garger is committed to his patients' health and well-being. He offers free workshops, newsletters and other media information to educate the community about postural awareness, exercise, nutritional awareness, relaxation techniques and health maintenance.

Dr. Garger's office is located at 66 West Barclay Street in Hicksville and can be reached by calling 939-0031. He accepts most insurance plans.

Hicksville Church Of Christ

The Hicksville Church of Christ was founded in 1950 and has spent the past 43 years ministering to the community. We are a Christ-centered and Bible-based church that shares a common purpose of loving and serving God.

We have two Sunday worship services at 8:30 and 11 a.m. Our worship time begins with a song service led by our talented Minister of Music, Phil Ricciardi. It is a time of celebrating God's love for each of us. Following the singing, our Senior Pastor, Joe Kelley, brings us an inspiring message from God's Word. The service ends with the sharing of the Lord's Supper. Each service has a staffed nursery and separate worship services for children ages 2-3, age 4 to third grade and fourth to sixth grade.

In addition to our worship services, we have Sunday Bible classes for all ages at 9:45 p.m. and mid-week home Bible studies at various times and locations. If you have children, our 1993 Vacation Bible School for ages three to 14 is a wonderful experience for them.

If you want to attend a church that truly loves God, teaches from His Word and desires to serve Him, then the Hicksville Church of Christ is for you. Come out this Sunday and see what we are all about. For more information, call 935-3855.

Krogmann Realty

With years of experience in all 33 phases of real estate on Long Island, Krogmann Realty is poised to serve the needs of Hicksville.

According to owner Effie C. Krogmann, the office is not part of any conglomerate and can offer special, knowledgeable and dignified service.

"I am as interested in the welfare of Hicksville as I am in my business and my clientele," said Krogmann. "My staff and I serve the realty needs of this and surrounding areas in a professional and dignified way born of independence and many years of experience."

Krogmann Realty, which handles industrial, commercial and residential properties, is a member of the Multiple Listing Service.

Krogmann brings much more to her business than a wealth of experience and expertise. She also brings the caring and professionalism that have made her such a success with the Hicksville community.

Visit the office at 88 Broadway or call 939-2800 for more information.

McDaniel Ford

McDaniel Ford was founded by Rick McDaniel in March of 1975. It is the successor to several Ford Dealerships which had failed at this location.

Although there were many lean years during the period from 1975 to the early 1980s at no time has this dealership ever lost money. This we feel is based upon the principles that were set down when the dealership was purchased.

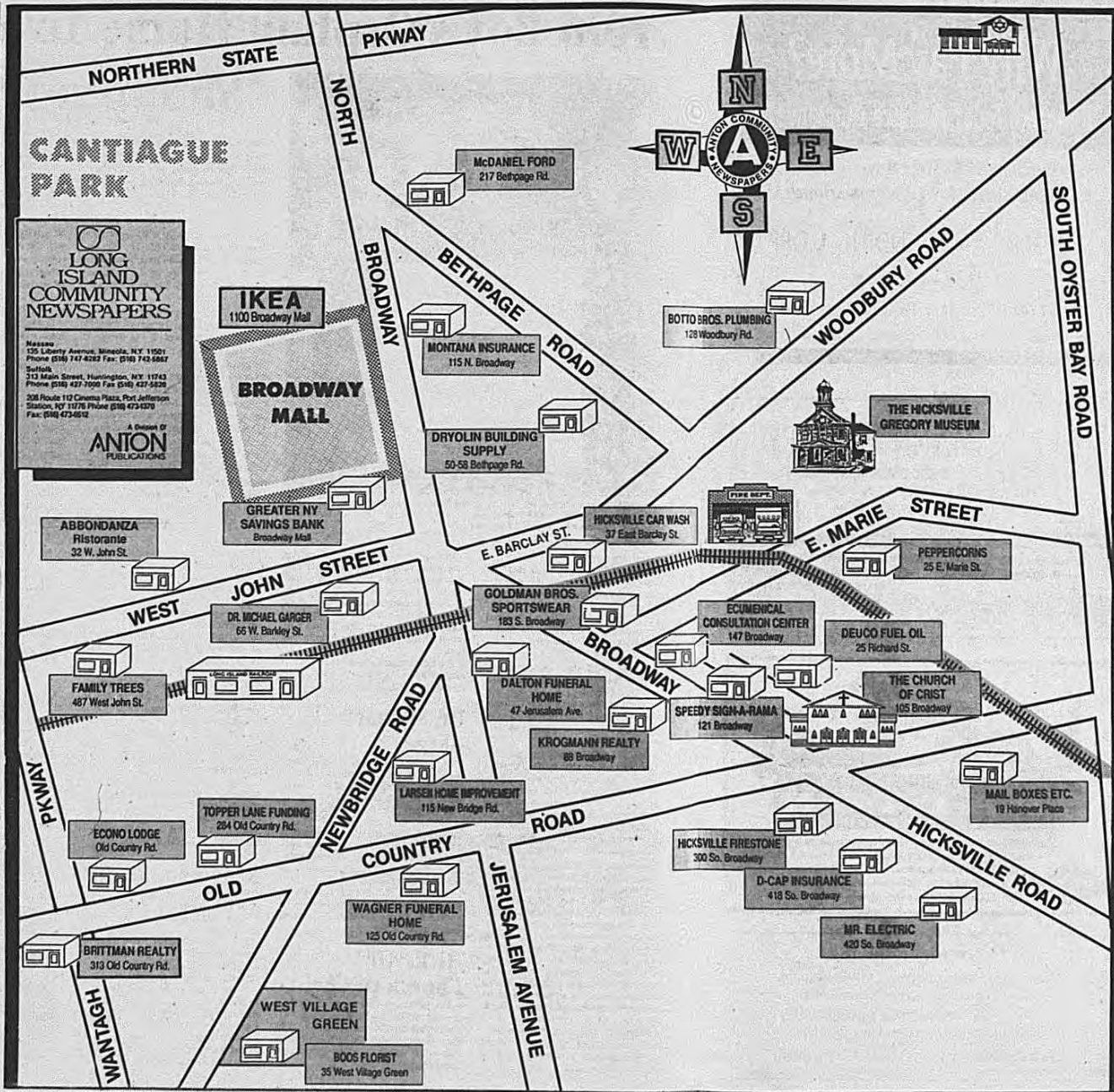
Mr. McDaniel from the beginning insisted that for a dealership to be successful all customers must be treated like you would like to be treated. From this concept we established our motto "The Golden Rule Dealership." This attitude has made us a successful dealership particularly during the last several years and we will continue to be successful as long as we are committed to complete customer satisfaction.

Montana Agency

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continued on page 11A

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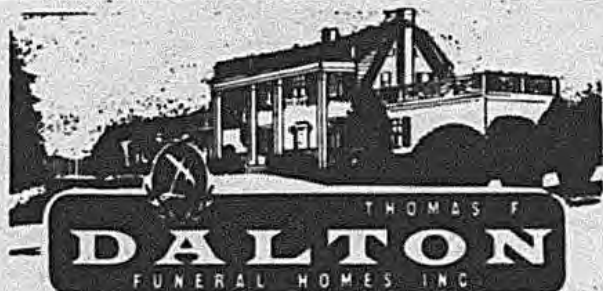
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continued from page 7A

than Hicksville. This is where he grew up. He can vividly remember how Hicksville looked when the community was mainly potato farms. "We went from potato farms to every foot of land being built upon. I used to be able to see Melville from my upstairs window," said Mr. Montana.

Despite the great changes in Hicksville, he never had any intention of leaving. The business, located on North Broadway, is continuing to grow with greater support

from the Hicksville area. And with almost half of the current staff living in Hicksville, it appears that the Montana Agency will remain here for a long time to come. It is already an integral part of the community as a member of the Kiwanis, Rotary and Lions Clubs. The phone number is 938-3600.

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Mr. Ramirez was past president and executive secretary of Nassau Electric League and voted Man of the Year by the league two years in a row. He also served

as president of the Hicksville Chamber of Commerce for three years and received a community service award from the Hicksville Community Council.

In addition, he was chairman of the Town of Oyster Bay Electrical Licensing Board for 15 years, vice president of Hicksville Kiwanis Club, of which he was also named Man of the Year. He is a member of the International Association of Electrical Inspectors and works as an

continued on page 12A

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Calling All Hicksville History Buffs

DO YOU RECOGNIZE any of these adult education teachers from 1950. This photo, taken in the gym of what was then the high school, shows the adult education faculty at the start of the fall term. If you remember the names of any of the people in the photo, call the *Hicksville Illustrated News* at 747-8282 and ask for John.

Photo courtesy of the Hicksville Public Library Local History Collection.

continued from page 3A

advisor to insurance companies.

He is available to conduct programs on electrical safety for local clubs and groups.

"Our main purpose is to educate and promote electrical safety and to make the public aware of the dangers of electricity and using unlicensed electricians," Mr. Ramirez said.

Mr. Electric, which was founded by Mr. Ramirez 26 years ago, is located at 420 South Broadway.

Vernon C. Wagner Funeral Homes

For the past 40 years, the Wagner family has been striving to meet the many needs of the Hicksville community in honoring their dead. Active involvement in various community groups by Vern Wagner and his son, Bill, and their employees has been a high priority activity of the firm. "It has always been important to us to be sure to give back to our community in a way that is worthwhile to everyone," said Bill Wagner, who has been running the funeral homes since his father's retirement in 1982.

Well-kept buildings and a high level of caring service are things that the families of Hicksville have come to expect from the Wagner Funeral Homes. With locations now in both Hicksville and Plain-

view, there is a chapel that can be chosen that is conveniently near to a family's home. The staff is constantly being given training opportunities to take their professional manner to a higher level in the way they serve community families. They work very hard at having their "service speak for itself."

Addressing the growing interest by Hicksville in the area of pre-planning their funerals, the Wagner Funeral Homes have opened a Funeral Pre-Arrangement Center next door to the funeral home in Hicksville. "People don't like going into a funeral home unless they really have to," said Bill Wagner, "it is our aim by having a separate building set up more like someone's home, to have a setting that is more comfortable for the families who are considering getting all their funeral plans done ahead of time." Meeting the needs of the Hicksville community for 39 years and committed to continue to do so, that is the policy of the Vernon C. Wagner Funeral Homes, Inc. Mr. Wagner concluded, "It is a privilege to be accorded the trust of our community in handling the most precious possession they have, a loved one, and we will remain steadfast in doing the best we can for our neighbors and friends who call upon us to help them at those terrible times of loss."

Peppercorn's

Peppercorn's has a very special

Hicksville history behind it. This "pub-style" restaurant was once the old East Marie Street firehouse, which in later years moved to the other side of the street. Peppercorn's owner, Eddie Restivo, renovated the old firehouse's dome-shaped second floor and created a catering hall for 100 people. It has a bar, dance floor and of course the same great food as the restaurant.

Peppercorn's is also known for its gourmet continental specials and its aged (on premises) steaks. Add Peppercorn's friendly staff and the relaxed atmosphere to make a winning combination.

Stop by 25 East Marie Street and taste for yourself.

Mail Boxes Etc.

The opening of the new Mail Boxes Etc. postal center in Hicksville this month is guaranteed to reach a comfort level that will appeal to the needs of today's busy consumers: personal attention, first-rate service, easy access, and a vast array of services.

The new Mail Boxes Etc. facility will be at 19 Hanover Pl., in the Delco Shopping Plaza in Hicksville. Mail Boxes Etc. offers mailbox rentals with MailCheck call-in and package services, fax sending and receiving, metered mail, stamps, office supplies, and photocopying.

The new private postal center will offer area residents and business people the full

range of packaging and shipping, business, and communications services that Mail Boxes Etc. is known for and that have made private postal centers so popular across the country. Mail Boxes Etc. uses a number of well-known carriers in addition to the US Postal Services. All Mail Boxes Etc. are UPS authorized shipping outlets.

New owner Ron Judson, a former member of the Boston Red Sox baseball organization, began his business career with Citicorp and is looking forward to his latest venture. In exploring the franchise opportunity at Mail Boxes Etc., Judson said he was impressed with the company's reputation for strong service and customer support.

Judson plans to continue that legacy as he establishes the newest franchise in Hicksville. Judson says he enjoys the one-on-one relationships with people and is looking to cultivate and build good business relationships with the customer base. The Hicksville postal center will be a family affair. Yvonne Judson, Ron's wife, will serve as owner/manager of the Mail Boxes Etc. facility.

The new center will operate from 9 a.m. to 6 p.m. Monday through Friday, and 10 a.m. to 3 p.m. on Saturday. For more information call 939-2660.

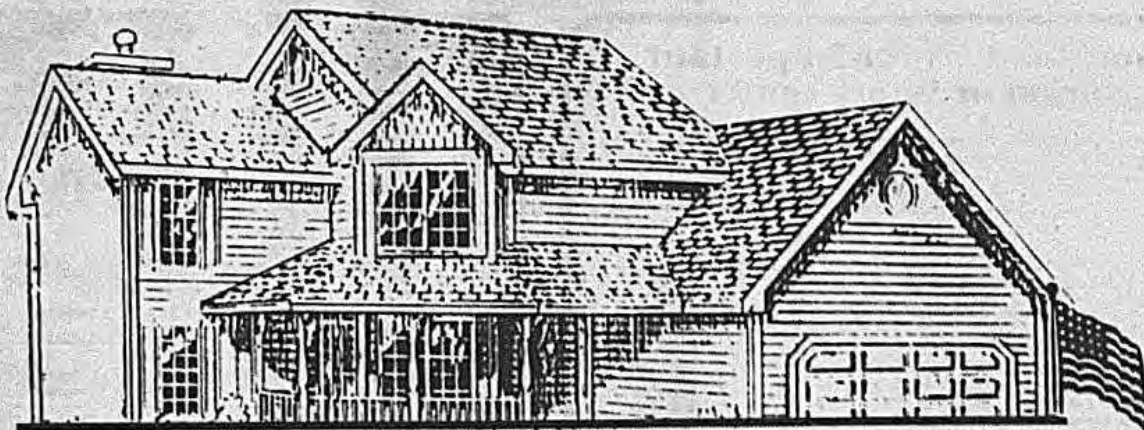
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continued on page 14A

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continued from page 12A

nounce the addition of three new retailers to its regional shopping center.

Two merchants opened in Nov. 1992, Olympia Sports and Candy Candy. Olympia Sports is a full-line sporting goods store which specializes in home fitness equipment. Candy Candy is a full-line bulk candy store which specializes in sugarfree, low-cal and gourmet candy.

Scheduled to open this month is J. Rigings, a traditional specialty store that offers stylish, comfortable basics for the 20-

to 40-year-old man. Easy to wear casual sportswear is complemented by a generous selection of fashionable business apparel for the young executive.

Spring Fashions

Ease into Spring with fabulous fashions from Broadway Mall. All the latest looks from Broadway Mall merchants will be showcased in sensational runway fashion shows. These exciting shows will take place in center court on Friday, March 26

at 7 p.m.; Saturday, March 27 at 1 p.m. and 4 p.m.; and Sunday, March 28 at 2 p.m.

Ease into the "spring of things" with wardrobe updates guaranteed to lift your spirits. The best of the season is waiting for you at Broadway Mall.

Consumers are optimistic about the future, but they will not go back to spending the way they did in the '80s. The "less is more" syndrome is running rampant and will probably be predominant for a long time to come.

DCAP Insurance

Located just across the street from the Department of Motor Vehicles, the newest location of DCAP Insurance combines convenience with high quality customer service.

With 10 locations throughout the metropolitan area and its headquarters in East Meadow, DCAP is the largest brokerage chain in New York.

The Hicksville branch, opened by

continued on page 13A

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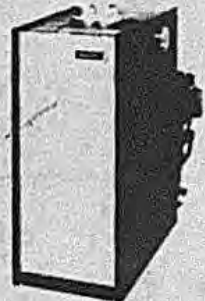
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DCAP provides instant insurance and instant binding. They provide auto coverage for all types of drivers, good or bad, old or young. DCAP's fully automated computer system can provide instant quotes at the lowest prices. Besides being located just seconds from the DMV and open during DMV hours, DCAP offers Sunday appointments.

DCAP will evaluate anyone's insurance to make sure they are getting the correct coverage at the right price.

DCAP Insurance is open 8 a.m. to 6 p.m. on Monday, Tuesday, Wednesday, and Friday; 8 a.m. to 7 p.m. on Thursday; 10 a.m. to 3 p.m. on Saturday; and by appointment on Sunday. Stop by or call the office at 822-4848.

The Family Trees

The Family Trees is a silk flower, plant wholesaler, open to the public at 487 West John St. in Hicksville. The selection is endless, and all orders are custom made. Included in the selection are cherry blossoms, bonsai, cacti, flowering trees, tropical trees, large pot plantings, and small table arrangements.

According to Joan Morace, CEO, the quality of the leaves used in silk flower arrangements has improved drastically over the past four years. Leaves today are so life-like that you have to touch them to tell if they are real or not. That, added to

the fact that Family Trees employs an artistic touch when custom creating orders, means that they can come up with numerous shapes and designs for any type of silk or dried floral plantings that the customer wants.

The Family Trees not only does simple floral design, they also work directly with interior decorators, create hanging baskets or mirror work for home and office, and they make floral arrangements for weddings, including the bouquets, centerpieces, and favors.

Although a large portion of their business is through interior decorators, Family Trees will work with homeowners to come up with an overall plan to decorate any room in the house. All it takes is a swatch of the room's color and a decision on which of the many flower and planting designs you like the most.

Stop by The Family Trees at 487 West John Street or call 935-3714.

Hicksville Brushless Carwash

Hicksville Carwash and Detail Center, located at 37 East Barclay St., is a family owned business that gives personal attention to all of its customers. They have been in the same location for six years and receive many compliments from its regular customers.

Hicksville Carwash strives to satisfy everyone by being the best carwash and detailing service in town. They encourage you to come in and compare their values and end results.

Owned by Larry Sangiovanni, he employs many local residents. "It's the best way to boost the local economy," he said.

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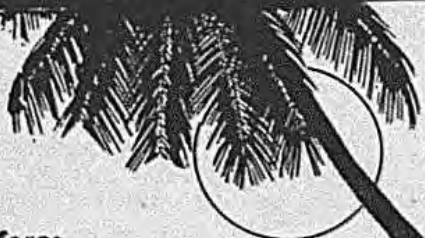
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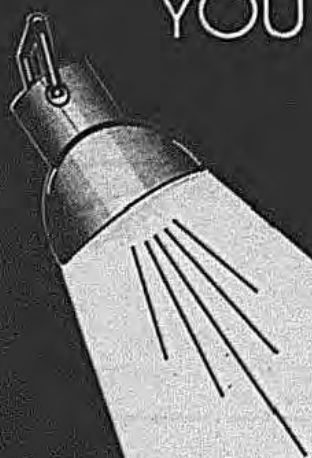
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