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In Two
The Only News

Mid-Island Times

& Levittown Times

35¢

Vol. 50 No. 51

USPS 346-760

Friday, December 18, 1992

Lions Visit Nursing Home



As they have done for the past five years, the Hicksville Lions "roared" into Central Island Nursing Home in Plainview this week for the holidays, bringing with them the local Boy Scouts, jingle bells, and the essence of community goodwill. From Troop 293 is Glen Hincley, 15, a sophomore at Hicksville High School, greeting Central Island Nursing Home resident John Lipani.

Dutch's Children To Children Bake Sale



Pictured by the baked goods are students, Deana LaRosa, Thomas Connelly, Brian Pelter, Sarah Iaveno, Samantha Connelly and PTA Moms Mrs. Anderson and Mrs. Fleischman.

On Nov. 4, 5, & 6 a bake sale was held at Dutch Lane School to help raise funds to contribute as a gift to one of our Dutch Lane families who recently suffered the loss of their home and

all their belongings in a fire. The parents of Dutch baked up some pretty delicious treats. The children, staff, and parents were proud that they were able to help out.

Arthritis Support Group At Library

The monthly Wednesday morning Arthritis Support Group meetings will continue to be held at the Hicksville Public Library. Meetings have been scheduled for January 6, February 10, March 10 and April 7, at 10:30 a.m. at the library.

These groups - for people of all ages who have arthritis, are

sponsored by the Long Island Chapter of the Arthritis Foundation, and are led by Susan Charney, CSW. Ms. Charney is an experienced facilitator who suffers from arthritis herself.

The goals of the group are to encourage open communication of feelings and concerns, to help one another overcome feelings of isolation and to learn new and better ways of coping.

Tree, Phone Book Recycling Prog.

Aiming to generate a seasonal boost in recycling levels, Oyster Bay Town Councilman Douglas J. Hynes has announced that the Town will again conduct special post-holiday collections of discarded Christmas trees and outdated telephone books from households in the S.O.R.T. program.

"Since its inception in 1988, our curbside Christmas tree recycling program has grown more successful each year," said Councilman Hynes. "Last year, we added old phone books to the tree collections and the results were excellent. Over 30 tons of old telephone books were picked up curbside and recycled by NYNEX and more than 10,000 discarded Christmas trees were used to stabilize the dune line at Tobay Beach. We expect to collect and recycle even more phone books and Christmas trees this year."

"The curbside collection of phone books and trees won't be taking place until January, so we are asking residents to set their old telephone books aside until then," Councilman Hynes said. "Because of their weight, phone books are an important component in our ever increasing recycling program. Every ton removed from our solid waste stream saves tax dollars as well as the environment."

According to Councilman Hynes, the Christmas tree/telephone book collection dates are as follows:
If your S.O.R.T. Your Special Holiday collection will be:

Tues.	Sat. Jan. 9
Wed.	Mon. Jan. 11
Thurs.	Sun. Jan 10
Fri.	Mon. Jan. 4

"Residents who miss the curbside pickup dates, may drop their trees and phone books off at Roosevelt Park, Syosset-Woodbury park, Burns Park and Bethpage Park until January 11," Councilman Hynes said. "The trees brought to those sites will be delivered to Tobay Beach for 'planting' on January 16."

Councilman Hynes added that all Town of Oyster Bay residents are invited to attend the fifth annual Christmas tree dune restoration project at Tobay Beach, Saturday January 16, 10 a.m. For further information about either the collection program or the Tobay Beach project, please call the Environmental Control Division at 921-7347 ext. 5626.

Vamps Aid Storm Damaged Bayville

The 100 year storm or "No Name Storm" that struck the Long Island Metropolitan area on Friday, December 11, left in its wake, destroyed homes and hundreds of homeless or displaced persons. As usual the South Shore took a hard hit and the term waterfront property applied to many more than usual. Floods devastated many areas. Nassau County Firefighters closed ranks and with its mutual aid system provided shelter, evacuation and rescue services in addition to fires, medical calls, downed wires and trees.

In Hicksville, Firefighters responded to 27 calls for assistance in a 12 hour period. Most of the calls were for wires burning. On one call they tried to assist LILCO in securing a transmission line pole which fell over at Old Country Road and the railroad trestle, but ground conditions prevented the departments tower ladder from getting close. Later a crane was called in and the pole was secured. This incident caused Old Country Road to be closed for several hours.

Bayville Assistance

If things were busy in Hicksville - they were catastrophic in Bayville - a community of 9,000. The Long Island Sound overran the East End of the community and merged with Oyster Bay. People were trapped and roads were impassable. In Oyster Bay, Robert Dwyer, Roosevelt Beach Supervisor for TOB and also a Hicksville Firefighter and Fire Commissioner heard of the serious situation in Bayville and gathered up available employees and proceeded to Bayville to assist. They used a town rubbish truck specially equipped with oversize tires for beach work, rigged up a passenger area in the back, using plywood and with the help of marine officers in wet suits drove into the flooded areas and rescued 80 or more stranded residents.

In a lull, Dwyer noticed how hard pressed Bayville Firefighters were and noting that close Fire Departments were busy in their own North Shore communities, made arrangements for the now idle Hicksville Firefighters to respond to assist Bayville. Hicksville sent a personnel evacuation bus, 2 engines, a utility truck and a communications van along with 30 firefighters. They worked through the night evacuating stranded residents and pets.

The communications van remained on the scene until Sunday night when they were relieved by the Nassau Fire Service Communications Unit. The Locust Valley F.D. committed all of its equipment and resources to assist Bayville. Other fire departments who assisted at various times were Oyster Bay Fire Co. #1, Oyster Bay Atlantic Steamer Co., Westbury, Sea Cliff, Glen Cove, Glenwood, Plainview, Bethpage, Roslyn.

As dawn broke on Monday, other Nassau units were being called in to give Bayville vamps a break, many whose homes were under water. Salvage operations were to continue this week as utility crews and insurance agents poured into Bayville to assist. It was apparent that Bayville will never be the same again.

Tree Planting At Woodland



Culminating their Earth Summit/Ecology Project, Woodland students formally dedicated two Japanese dogwood trees. In May of 1992, students Louis Jim and Michael Conk in Mr. Gus Brogle's 4-1 class proposed that their class present the trees to Woodland. The class planted the trees as a reminder of their concern for their planet and to help the environment. The trees were dedicated with two plaques; one to the school and the other to the parents of 4-1 for their support of this project. Pictured are the students from the 1991-92 4-1 class with Dr. Manus Clancy, school principal, and Gus Brogle, teacher.

College Notes

Among the student teachers is Sibhon Campbell, Hicksville, Mackin Elementary.

Dr. Thomas Scappaticci, associate professor and chairperson of education at King's College, recently announced that 22 education majors at the college are currently student teaching for 14 weeks this fall semester at several elementary and high schools throughout the area.

LEGAL NOTICE

Notice of Application for Authority of FAKLER FAMILY PARTNERS I, LTD., a foreign limited partnership (LP). Appl. for Auth. filed with Secy. of State of State of New York on 9/18/1992. LP organized under the laws of Colorado on 2/20/1992. NY office location: Nassau County, Secy. of State of NY is designated agent of the LP upon whom process against it may be served. Secy. of State shall mail a copy of any process against the LP served upon him/her to: Francine Fakler, 22 Hofstra Court, Plainview, NY 11803 (the registered agent of the LP). Office address of LP in jurisdiction of its organization is 5105 DTC Parkway, Suite 450, Englewood, CO, 80111. Name and address of general partner(s) available from Secy. of State of NY. Copy of Cert. of LP is on file with Secy. of State of Colorado, Denver, CO. Purpose: to hold & invest in real and personal property.
Beth 3159
11/27;12/4,11,18,25(1992);
1/1

Syosset Resident LILCO Counsel

Robert J. Grey of Syosset recently joined the Long Island Lighting Company as General Counsel of LILCO's Legal Department. He is responsible for all legal operations.

Before joining LILCO he was a senior utility partner at the law firm of Preston Thorgrimson Shidler Gates and Ellis of Seattle, Washington.

Prior to 1982, Mr. Grey served as Staff Counsel with the New York State Public Service Commission and as Attorney with the U.S. Environmental Protection Agency.

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Published every Friday at Litmore Publishing Corp.
Second Class Postage Paid at
Hicksville, NY 11801

Telephone 931-0012 - USPS 346-760
81 E. Barclay St., Hicksville, NY 11801
Postmaster: Send Address Change to
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Robert Morgan Publisher • Yearly Subscription \$8.50

Open House At Nursery School

The Hicksville Nursery School is holding an Open House for fall registration on Thursday, January 21, from 10-11:30 a.m. for parents of 2, 2½, 3 and 4 year olds in the school classrooms at W. Cherry Street and Nelson Avenue.

The Hicksville Nursery School is a non-profit, non-sectarian cooperative located in the back of the United Methodist Church. Founded in 1967, it has offered twenty one years of quality education to hundreds of pre-school children as well as serving as field training center for students from SUNY Farmingdale, Nassau Community College and Adelphi University.

The school seeks to offer the young child an environment in which he can grow emotionally, socially, intellectually and physically under the careful supervision of a fully trained staff. The program provides varied activities with an abundance of materials and opportunities for free creative expression under the guidance of skilled, N.Y. State Early Childhood certified teachers. Art, media, wood-working, music and rhythmic movement, language arts, storytelling, dramatics, puzzles, doll corner, books and manipulative toys are all part of the daily program. A huge indoor playground permits daily large muscle activity even in the worst weather. A mid-session snack of milk or juice and crackers or fruits and vegetables is provided. Field trips are included to broaden the child's understanding of the world he lives in.

All parents who wish to, can share in the administration of the school. Monthly business meetings give parents the opportunity to make decisions on administrative needs. There are lectures, films and "rap groups" to help parents learn more about parenting. Fundraising projects are most often social events helping young families meet other adults who are at the same stage in life.

We invite all parents of pre-school children to join us for a chance to play and learn together in our spacious well-equipped rooms. For further information call 681-8246.

DO YOU HAVE A SERVICE to advertise? Our Service Directory is sure to bring results. Call 931-0012, 294-8900 or 746-0240 for rates and information.

Winter Events By Youth Council

The winter chill may be upon us but we can still have fun in the frosty air. The Hicksville Youth Council is sponsoring a variety of trips for the month of December, and is busy planning events and activities for the rest of the year.

For more information call us at 822-KIDS, or stop by the Youth Council at 175 Old Country Road to pick up your permission slips. Ask for Karen or Mike. Planned events are:
1. Dec. 18 - Ice Skating at EAB Plaza, cost \$6, transportation included.
2. Dec. 29 - New York City, tour of NBC Studios, walk Rockefeller Center to see the Christmas Tree, cost \$14, transportation included.
3. Dec. 30 - Holiday Party at the

Hicksville Elk's Lodge on East Barclay Street. Please pick up tickets at the Hicksville Youth Council before Dec. 23. Music will be provided by Heart to Heart Entertainment.
4. Jan. 18 - Ski Trip To Scotch Valley, cost \$49, transportation included.

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LEGAL NOTICE

agent of the LP upon whom process against it may be served. Secy. of State shall mail a copy of any process against the LP served upon him/her to: Francine Fakler, 22 Hofstra Court, Plainview, NY 11803 (the registered agent of the LP). Office address of LP in jurisdiction of its organization is 5105 DTC Parkway, Suite 450, Englewood, CO, 80111. Name and address of general partner(s) available from Secy. of State of NY. Copy of Cert. of LP is on file with Secy. of State of Colorado, Denver, CO. Purpose: to hold & invest in real and personal property.

RN 3160

*11/27; 12/4, 11, 18, 25; 1/1



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When crack moved into a row house on a quiet block of Stanton Park, folks decided to serve an eviction notice.

They met with police to find out what they could do to keep drugs out of their neighborhood.

The cops told them to keep an eye out—to let police know whenever something suspicious happened. They began to notice faces. They wrote down license

numbers of strange cars. They noted the times of odd behavior.

They worked with each other. They worked with the police. Armed with field glasses, note pads and telephones, folks kept track of the neighborhood.

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A message from the Crime Prevention Coalition, the U.S. Department of Justice and the Advertising Council. © 1992 National Crime Prevention Council

Celebrating Thanksgiving At Dutch

November 25 was an important day for some of the students at Dutch Lane. They had practiced long and hard to learn all about Thanksgiving and how it all came about.

The Kindergarten students from Mrs. Napolitano's class all memorized the parts about Squanto, the Indian friends of the pilgrims. They put on their play for their families after they had a pancake breakfast and

some of their home made applesauce.

In the 1st grade Mrs. Saul and Mr. Donohues class made their own costumes to be Indians and pilgrims and everyone gathered together to have a full course turkey dinner prepared by some class moms. After eating they put on a play, which was all about the history of Thanksgiving Day.



First graders, Daniel Powell, Jason Chin and Thomas Luberto get ready to eat their turkey dinner.



Kindergarten students, Laura Degennaro, Dana Probst and Deborah Allinger say their parts about the pilgrims and Indians.

Youth Council Board Meeting

The Hicksville Youth Council will hold its monthly Board Meeting on Monday, January 4, 1993 at 7:30 p.m. at the Youth Council, 175 West Old Country Road, Hicksville, New York. Everyone welcome!

Library December Children's Programs

The Nutcracker Prince:
Film Classic for the Whole Family;
Mon., Dec. 28 at 2 p.m.
Color - 75 mins.

All the drama, beauty, merriment and illusion of the enchanting E.T.A. Hoffman story, richly captured in an all-new, full-length animated film. Children of all ages and parents. Register from Dec. 1.

The Frog Prince:
Puppet Show Treat:
With Gingerbread Puppets
Tues., Dec. 29 at 2 p.m.

The well-loved classic by the Brothers Grimm in a glittering show with large colorful puppets that bring the famous story to vibrant life - with music, gorgeous settings, and special holiday magic. Grades K-7. Register from Dec. 1.

Jolly Jazzbo the Magic Clown:
Wed., Dec. 30 at 2 p.m.

Outstanding comedy magic show with lots of laughs and audience participation galore. Grades K-6. Register from Dec. 1.

All programs are open to youngsters who reside in District No. 21 only. For further information, please call 931-3907.

National Grand Opera Talk



Frank La Comba displays a brochure of The National Grand Opera at the Hicksville Kiwanis Club. He is flanked by Kiwanians Celest Watman who invited him to speak, and by Patricia Le Compte (r), President of the Hicksville Kiwanis Club.

Frank La Comba, well known to many as the owner of Franklin Furs, was the guest speaker at the December 2, luncheon meeting of the Hicksville Kiwanis Club. His topic was not furs, but the National Grand Opera. La Comba is the Director of the National Grand Opera that performs at the Tilles Center on the C. W. Post College Campus.

He completely enjoyed by all in the audience. There are three performances per year, he continued; this year's performances being Cavalleria Rusticana and Pagliacci on Dec. 5; the Merry Widow, March 13, 1993, and Turnalot, May 22.

At the conclusion of his presentation, La Comba supplied brochures giving more detailed information.

LEGAL NOTICE

Tor J. Worsoe, CAI Auctioneer as Agent sells January 6, 1993, 2 PM, at 5700 Merrick Rd., Massapequa, NY, 1969 4DSD Volvo 144105668; 1976 4DSD Volvo 26455E1023388, Re: Robert J. Hanna. MIT 2638 2x12/11, 18

JOY TO THE WORLD THE LORD IS COME

Join Us For Midnight Mass On Christmas Eve!

Carole Singing At 10:30 p.m.
Church Service At 11:00 p.m.
Thurs. Dec. 24, 1992



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921-0755

CLASSICS



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News From Hicksville Library

Defensive Driving

Registration for two National Traffic Safety Institute six-hour defensive driving courses begins on Tuesday, January 5, at the Hicksville Public Library. The courses will be held on Wednesday, January 13, and Thursday, January 14, and again on Wednesday, January 27, and Thursday, January 28, from 6 to 9 p.m. all nights.

Drivers who complete the course may save 10% on their car insurance and remove four points from their driving records. A \$35 check made out to the Driver Safety Program is required for registration.

Estate and Elder Law Planning

Wills, trusts, power of attorney, health care proxies and related documents will be discussed by attorney Larry Haber at the Hicksville Public Library on Wednesday, January 13, at 2 p.m.

Computer Classes

Registration for computer classes taught by Anthony

DeLouise will be held on Wednesday, January 6, at 6 p.m., at the Hicksville Public Library. A fee of \$20 per person will be charged. No early or telephone registrations will be accepted.

Classes are limited to adult residents of the Hicksville school district (Hicksville Library card to be shown at registration), and to 12 students per class. Only one registration per person will be allowed, and registration will be closed when classes are filled.

The schedule is as follows:

Monday/Wednesday Word Perfect Classes: Session One: Jan. 11, 13, 20, 25, 27. Feb. 1, 7, 30 p.m. Session Two: Feb. 3, 8, 10, 17, 22, 24, 7:30 p.m.

Tuesday Word Perfect Class: Jan. 12, 19, 26, Feb. 2, 9, 16, 7:30 p.m.

Thursday Word Perfect Class: Jan. 14, 21, 28. Feb. 4, 11, 18, 7:30 p.m.

Friday Word Perfect Class: Jan. 8, 15, 22, 29. Feb. 5, 19, 7:30 p.m.

Saturday Word Perfect Class: Jan. 9, 16, 23, 30. Feb. 6, 20, 12 p.m.

Hicksville Baseball Assoc. Opens Early Registration For 1993

This is your last chance to register early and be guaranteed the current fee of \$58 for 1st child and \$70 for 2 or more children per family.

The registration fee for 13, 14 or 15 year old Babe Ruth Travel Team is \$75. There is a separate \$20 uniform deposit for each child. Please make your check payable to HBA and date it July 1, 1993. This check will be returned when your uniform is returned to HBA at the end of the season.

All registrations received by December 31, 1992, will be eligible to be placed in a

drawing for a Free Registration.

Mail your check and form to:

Rosemarie Rodriguez
Treasurer
4 Elmira St.
Hicksville, N.Y. 11801
Hicksville Baseball Association

The Winning Way... Serving the youth of Hicksville for 41 years wishes to extend to all of its members a Happy Holiday Season and a Healthy New Year!

Chairperson: Jim Pino
Boys Pres.: Jerry Manna
Girls Pres.: Greg Simonelli

AGES: (As of July 31, 1993) for each Division.

	BOYS	GIRLS
INSTRUCTIONAL	6,7	6,7
FAJMS	8,9	--
MINORS	10,11	8,9,10
MAJORS	11,12	11,12
SENIORS	13,14,15	13,14,15
BADE RUTH (By Tryouts)	13,14,15	

QUESTIONS: Please call: Carol Baglieri, Player Rep., 681-6144

Open Registration Dates: (All held at Hicksville Library)

Thursday, February 11 - 6PM to 7:30 PM Saturday February 6 - 2PM to 4PM
Thursday, February 18 - 6PM to 7:30 PM Saturday February 13 - 11AM to 2PM

I, the parent/guardian of the child(ren) listed below, hereby give my approval to his/her participation in any and all Hicksville Baseball Association activities during the 1993 season. I assume all risks and hazards incidental to such participation of my child(ren), including transportation to and from activities, and do hereby waive, release, absolve, indemnify and agree to hold harmless HBA, its organizers, officers, managers, participants and persons for any claim arising out of any injury to my child(ren) in all HBA activities, except to the extent and in the amount covered by accident or liability insurance. I agree to return, upon request, the uniform and other equipment issued by HBA, in as good a condition as when received, except for normal wear and tear.

SIGNATURE _____ PHONE _____
ADDRESS _____ TOWN _____ ZIP _____

The following members of my family are playing baseball/softball:

NAME	AGE AS OF BIRTH	HBA PLAYER PLAYED UNIFORM
LAST	FIRST	7/31/93 DATE SEX IN 1992 OTHER DEPOSIT

Family Registration Fee \$ _____
Total Fee \$ _____

Hicksville Baseball Association is a volunteer organization and must depend on volunteers to run a 1993 season. Please help us by giving a minimum of three hours of your time during the season. Your comments and suggestions are greatly appreciated. I can help by: (Please insert name of volunteer.) (Minimum age for umpiring is 14.)

MANAGING LEAGUE _____ UMPIRING _____
COACHING LEAGUE _____ SHIRT DUTY _____
TEAM MOTIVATOR LEAGUE _____

Kiwanis Helps Out For Thanksgiving

The Hicksville Kiwanis Club, in an effort to improve the Thanksgiving holiday for some of the less fortunate individuals in Hicksville, was instrumental in delivering hot cooked meals and turkey baskets to deserving families. In all, 44 turkeys were distributed to local residents, including 21 turkey baskets to families of children in the Hicksville school district (3 families in each of 7 elementary schools). Names of needy families were gathered from the local churches and school districts.

Turkey baskets distributed contained a turkey, a supermarket gift certificate, and canned and dry foods. The baskets were prepared by Phyllis Coggiano (Boos Flowers by Phyllis). She was assisted by the Hicksville High School Key Club, under direction of its president, Sonia Enriquez. The Key Club collected the canned and dry foods for the baskets which were delivered through schools, churches, and directly to houses.

The program was chaired by Kiwanian, Mary Ann Esposito, Phyllis Coggiano, Marc Ramirez, Charlie Montana, Jr., Roco Reda, Michael Matranga, John Fitzpatrick, and other Kiwanians assisted.

The cooked hot meals were delivered to homebound elderly families unable to prepare their own meals. The Central Nassau Guidance Center delivered the hot meals directly to the homes. Kiwanian Donna Jean Schroeder of the Central Nassau Guidance Center was the person who coordinated the activities of the two organizations.

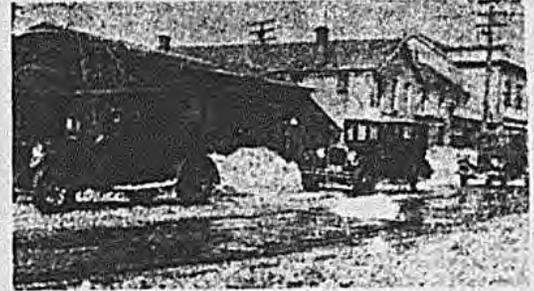
As a result of all of the above efforts, a nicer Thanksgiving was had by many more Hicksville residents.

Jottings From Yesteryear

By Bill Clark

After our weekend storm, this area with some exceptions fared far better than other areas. Even the snow was minor. I remember my folks sending me out as a young kid to dig to the chicken coop to give the chickens warm mash and water. I tunneled to the coop without digging the path full height, returning so fast the folks couldn't believe I did the shoveling. Then they redug the path so adults could walk. I was glad our large White Rock rooster didn't feel up to chasing me out like he hated my brother, Bob.

I've got to get a haircut this week, that wind kept blowing my hair what ever is left into my eyes. Did they ever make snow chains for bikes? The birds snuggled in the dense shrubs are singing. I guess for me to unfreeze their food and water. A bore is a man who, when you ask him how he is, tells you. Do you remember doing or seeing fishing for coins thru the sidewalk gratings with a string and chewing gum to pull a coin back up? I guess they feel they are not worth the effort. Have a nice Chanukah and a Merry Christmas.



Herzog Place Taxi stands of McIntosh - Miller and Hughes in the mid 1920's - Picture was loaned by Mrs. Wm. McIntosh Note cars and snow piles.



Same corner 1984 looking East from Jerusalem Ave. again snow but changed building.

In Service

Airman Frank P. Rizzo has graduated from Air Force basic training here.

During the six weeks of training the airman studied Air Force mission, organization and customs and received special training in human relations.

In addition, airman who complete basic training earned credits toward an associate degree through the Community College of the Air Force.

He is the son of Frank B. Rizzo of Jeffries Road, Levittown.

The airman is a 1989 graduate of Holy Trinity High School, Hicksville.

Navy Petty Officer 2nd Class Richard R. Wascher, a 1983 graduate of Hicksville High School, Hicksville, recently returned aboard the ballistic missile submarine USS Stone-

wall Jackson, homeported in Charleston, S.C. from a strategic deterrent patrol. The patrol was the 77th for the James Madison class Fleet Ballistic Missile Submarine which was commissioned in 1964.

Wascher also participated in exercises designed to enhance the readiness of the ship and its crew.

By Order of
Honorable
Howard L. Levitt, JSC
Index Number
92-031815
Dated:
December 9, 1992
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In the Maine Maid Restaurant, festooned with decorations for Christmas, Hicksville Public Library staff members were celebrating this past Thursday. Library Director Celeste Watman, Library Trustees Marc Herbst, Ruth Aaron and Anthony Previte joined staff members in marking the retirement of Library Executive Secretary Rosemarie Curley and Young Adult Reference Librarian Paula Gazess.



Guest of honor, Rosemarie Curley, and her husband, Donald, at her Maine Maid retirement dinner. The honoree served Hicksville's Public Library for 25 years.



Presenting Mrs. Paula Gazess with an Oyster Bay Town Board Citation for many year of superior service as reference librarian is Hicksville Library Board President, Marc Herbst. Henry Gazess shares his lady's retirement salute.



Lovely ladies, Mrs. Fran Zounek and Mrs. Marge Chatterton.



Hicksville Public Library Director, Mrs. Celeste Watman (right) shares a moment of reunion with retired library friends, Mrs. Albina Brigandl (left) and Mrs. Shirley Szabo.



Library Trustee Anthony Previte (right), Local History Archivist Dick Evers, and Victor Caputo, Director of Public Relations (left) in typical comraderie.



Old friends reunited joyfully: Mrs. Ruth Aaron, Hicksville Library Trustee, Mrs. Josephine Bean, wife of the late memorable Board President, Elery Bean.



Joyce Grant and Marie Toth of the book circulation desk staff.



The Main Maid Restaurant is a sparkling holiday vision for Hicksville Library celebrants.

Staff Party For Library Retirees



Congenial co-workers, Public Library's Judy Koenig (seated) and Mary Dougherty.



Agnes McHoul stops to chat with Mary Daugherty and Susanne Walker, Director, Wantagh Library.



Hold the dessert a sec, girls! Mary Guastella and Pat Neville oblige lensman Dick Evers.



Gals who answer those difficult questions, reference librarians, Mrs. Susan Swords and Diane Fitzpatrick.



Long-service colleagues are typical of Hicksville Public Library staffers: Mesdames Judy Koenig, retiree Loretta McInerney and Grace Gillen.



Mr. Anthony and Mrs. Debbie DeLous are well-recognized for their computer instruction and reference services to Hicksville's Public.



On hand to salute the Public Library retirees are Mrs. Janice Weisman and Mrs. Myra Heyzman.



A bevy of charmers: Mrs. Pat Neville periodical room librarian; Mrs. Mildred Dackow and Mrs. Helen Noto.



Library Director, Mrs. Celeste Watman, greets staff guests at Maine Maid retiree's party.



Celebrants: Mesdames Kathy DeRenzi, Virginia Dunne and Kay Sarli.



Processing new books keeps these Indies busy: Mrs. Joan Spegele, Mrs. Susanne Walsh, and Mrs. Kathy Mangemella.



Jubilant guest of honor, library retiree Rosemarie Curley (center) gets a grand send-off from Susanne Walker and Mary Dougherty.



Guest of honor, retiring reference librarian, Paula Gazess, and her husband Henry.

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V.F.W. Remembers Pearl Harbor

By P.P.C. Carmine Somma
On Monday, December 7 it was a cold day to commemorate of "December 7, 1941. "A Day That Lives In Infamy" At Teddy Roosevelt Marine Basin East Pier. The Host Post was Oyster Bay Memorial Post 8033 and the Pearl Harbor Survivors Association Inc. Chapter 135. Though the attendance may be small this dedicated veterans Organization, no matter what the weather is, our Men and Women in the Armed Forces will not be forgotten. God bless Them.

The statistics of the attack by the Japanese on Pearl Harbor are: The United States lost 21 ships, sunk or damaged, 328 aircraft, lost or damaged, 2,403 military personnel killed and 1,178 wounded.

Maybe the Japanese can eliminate "Pearl Harbor" from their school books but it will never be forgotten in the U.S.A. To all those 12,000 remaining veterans out there who survived this ordeal we must remain vigilant. Keep America alert and "Remember Pearl Harbor."

John Haughey of Hicksville died at Hickham Field, Hawaii, that day. This December 7th Pearl Harbor Memorial Day marks the 51st Anniversary of America's entry into World War II. President Roosevelt described Japan's bombing of Pearl Harbor on Sunday, December 7, 1941 "A day that will Live in Infamy." To commemorate this date in history, many of us who served in World War II, Korea, Vietnam, Lebanon, Grenada, Panama, Persian Gulf are keeping this tradition alive.

From the Town of Oyster Bay Supervisor Lewis Yevoli, was the guest speaker with all the councilmen from T.O.B. Dennis Dune, Director of Nassau County Veterans Administration pinch hit for Nassau County's Thomas Gulotta.

The Veterans Organizations participating in the services were the Wm. M. Gouse, Jr. Post 3211, V.F.W., Levittown, V.F.W. Post 9395, Syosset V.F.W. 6394, officers of the Nassau County Council V.F.W., Disabled American Veterans, Marine Corp. League, Vietnam Veterans of America, Jewish War Veterans, American Legion from Hicksville, Bayville, Oyster Bay Prisoner of War Association.

On December 8 at the V.F.W. we had a different kind of Christmas Party for our comrades from Northport veterans Hospital. They had complete turkey dinners and Santa gave out presents to all the guys from Northport Veterans Hospital.

The Post had its Annual Christmas Party on December 12, for members, their wives, lady friends, the Ladies Auxiliary and their spouses or male companions.

Hicksville V.F.W. Post 3211 held its annual Children's Christmas Party on December 13 at the V.F.W. Hall in Hicksville. The officers, members, and the Ladies Auxiliary did an outstanding job. They had toys, soda, ice cream, and cookies for all the children. Santa arrived at 2 o'clock and was given a grand welcome by the children. Comdr. Dennis Ladislav said

that this is the one Post function that he and members enjoy the most. Just watching the happy expressions on the children's faces is the reward. While waiting for Santa to arrive the Children sang Christmas songs and were entertained by everybody. The Post thanks Santa and all those who worked so hard to make this party the success that it was.

Congratulations to William (Spike) Frohnoefer who received a V.F.W. ring from the comrades of the post for his 27 years of dedicated service as the Post Quartermaster.

Every third Tuesday of each month the Vietnam Veterans of America, Chapter 82, will hold

their meeting at V.F.W. Hall at 320 So. B'way. Our Chaplain, Frank Rienzie reports a speedy recovery to Comrades and their families who have been hospitalized during the post month, Carl Ullman. Sincere condolences go to the families of James Flood and Louis Marone, on the loss of his father, and Mike Brown on the loss of his father in Florida.

Happy Birthday to Arthur Hirsch, Frank Rienzie, and Freida Ferrara. Congratulations on the 51st Wedding Anniversaries of Jean and Charles Gentile and Rose and Mario Masci.

Our next Las Vegas Night will be held on January 9, 1993 from 7:30 p.m. to 12 Midnight.



Santa makes a visit at V.F.W. Hall for Post children's Christmas Party.



Plainview-Old Bethpage Marching Band at Pearl Harbor Ceremony at Oyster Bay, Dec. 7.



Post 3211 Color Guard, Oyster Bay.



On right is Ladies Auxiliary President Esther Palladino, and on left is Comdr. Dennis Ladislav, V.F.W. Post 3211.



At right, Comdr. Dennis Ladislav presents a VFW ring to William Frohnoefer for 27 years of dedicated service as the Post Quartermaster. In photo is Mrs. Edith Frohnoefer. At left is Post Adjutant, Jude McFeely.

**LEGAL NOTICE
PUBLIC NOTICE OF
CHANGE IN ZONING
RESOLVED**, that the petition of WE'RE ASSOCIATES COMPANY, for a Change of zone to a "G" Business District (General Business) to construct and maintain an office building at Jericho, Town of Oyster Bay, County of Nassau and State of New York, is hereby **GRANTED**, on the premises described as follows: **SCHEDULE "A"** All that certain plot, piece or parcel of land, with the buildings and improvements thereon erected, situate, lying and being in Jericho, Town of Oyster Bay, County and State of New York, bounded and described as follows: **BEGINNING** at the southeasterly corner of the property herein described, said point being North 65 degrees 49 minutes 48 seconds East, a distance of 50.18 feet along the northerly side of the North Service Road of Long Island Expressway/Jericho Turnpike/West Bound (New York State Route 25), from the intersection of the division line of property formerly of the Young Men's Christian Association of Nassau and Suffolk Counties Inc., on the West and property formerly of Meadow Brook Club on the East with the northerly side of said North Service Road of Long Island Expressway/Jericho Turnpike; said point also being 4,663 feet more or less measured westerly along the northerly side of Jericho turnpike and said North Service Road of Long Island Expressway from the westerly side of New York State Route 107 (Massapequa-Glen Cove

Road); **RUNNING** THENCE from said point of beginning South 65 degrees 49 minutes 48 seconds West along the northerly side of said North Service Road of Long Island Expressway, a distance of 634.90 feet; **THENCE** North 25 degrees 57 minutes 32 seconds West along land or formerly of Bencal Associates and others, a distance of 524.75 feet; **THENCE** North 50 degrees 28 minutes 16 seconds East, a distance of 615.96 feet; **THENCE** South 28 degrees 57 minutes 42 seconds East, along land of We're Associates Company, a distance of 691.79 feet, to the northerly side of said North Service Road of Long Island Expressway, the point or place of **BEGINNING**, containing 8.6279 acres, **SAID** premises are known and described as Section 17, Block 11, Lot 33 and 45 on the Land and Tax Map of the County of Nassau. The application herein granted is subject to voluntary covenants and restrictions imposed upon the subject premises by WE'RE ASSOCIATES COMPANY, as set forth in a written instrument to be duly recorded in the Office of the Clerk of Nassau County, within one year of this resolution; and may only become effective upon such recording.

**BY ORDER OF
THE TOWN BOARD
OF THE TOWN OF
OYSTER BAY**
Carl L. Marcellino,
Town Clerk
Lewis J. Yevoli,
Supervisor

Dated:
Oyster Bay, New York
December 1, 1992
Jer 8639

Insurance Women's Week



Nassau County Executive Thomas S. Gulotta proclaimed the week of October 20 through October 25 as "New York Insurance Women's Week" in the County of Nassau. Accepting the Proclamation was Eileen Thomas, a Hicksville resident, who is President of the Insurance Women of Long Island.

Selling Your Home Help

Suggestions for selling your home in today's market will be presented by real estate expert Jim Burke at the Hicksville Public Library on Thursday, January 21, at 2 p.m. Establishing a market plan, setting the price, presenting your home, avoiding problems with potential buyers and deciding whether you need a broker are on the agenda.

Weathering The Storm

The best way to weather the next severe storm to hit Long Island will be discussed at the Hicksville Public Library on Tuesday, January 12, at 7:30 p.m. A LILCO representative will discuss measures to take in preparation and restoring your power, among other topics.

Crazy Rhythm Band At Library

Cynthia Sayer and Her Crazy Rhythm Band will perform at the Hicksville Public Library on Sunday, January 24, at 2 p.m. Nationally acclaimed as a leading jazz banjoist, Ms. Sayer is also known for her vocal and multi-instrumental talents.

This free concert is part of the Distinguished Artists Series of the Town of Oyster Bay Department of Cultural and Performing Arts, and is sponsored by CAPA and the Hicksville Public Library.

East Street Election '92



During the month before the presidential election in November, the fifth grade students in Mr. Tomain's and Dr. Kanawada's classes at East Street School engaged in a project designed to bring the election of 1992 into their lives and into their school. Divided into groups with a student leader, each group chose one of the six presidential or vice-presidential candidates, conducted research into their backgrounds, their political, economic, and social beliefs and programs, and their foreign policy positions. Each group constructed a bulletin board display in the hallways of the school and exhibited their research.

After the student body had the opportunity to view the displays, the fifth grade students conducted a survey and a "mock election" on all grade levels. President George Bush was re-elected by the students. The award for Best Display was given to Jackie Valencia, Student Leader, Tiffany Teranova, Aylin Odar and Michele Piscitelli. (The students are pictured with their winning display.)

Headache Workshop At Library

The causes and treatment of cluster, migraine and tension headaches will be discussed by Dr. B.J. Fabrikant, a chiropractor, at the Hicksville Public

Library on Monday, January 11, at 7:45 p.m. Participants in the workshop will learn to live headache-free lives without using drugs.

LEGAL NOTICE NOTICE TO BIDDERS

Notice is hereby given that Sealed Proposals for the purchase of One (1) 1993 Ford Vehicle, by the HICKSVILLE WATER DISTRICT, at the office of the DISTRICT at 4 Dean Street, Hicksville, New York, until 4:00 P.M., on Monday, December 28, 1992. Bids will be publicly opened and read aloud at 7:00 P.M.

Each proposal submitted must be accompanied by a certified check or bid bond, payable to the HICKSVILLE WATER DISTRICT, in the sum equivalent to five percent (5%) of the total amount of bid.

Specifications, Information to bidders and Proposal Forms may be obtained at the office of the DISTRICT.

The Board reserves the right to reject any or all bids, waive any informalities, and to accept such bid as, in its opinion, is in the best interest of the HICKSVILLE WATER DISTRICT.

BOARD OF COMMISSIONERS HICKSVILLE WATER DISTRICT
Town of Oyster Bay & Hempstead

Richard A. Huymann, Chairman
Nicholas J. Brigandi, Treasurer
Gilbert E. Cusick, Secretary

Dated: December 10, 1992
MIT 2643
IX 12/18

LEGAL NOTICE SUPREME COURT COUNTY OF NASSAU EUROPEAN AMERICAN BANK

Plaintiff against ALBINA J. REED et al Defendant (s).

Pursuant to a judgment of foreclosure and sale entered herein and dated October 1, 1992. I, the undersigned Referee will sell at public auction on the north front steps of the Nassau County Courthouse, 262 Old Country Road, Mineola, NY on the 20th day of January, 1993 at 9:30 AM premises BEGINNING at a point on the northerly side of 11th Street (Nevada Street), distant 100 feet easterly from the corner formed by the intersection of the northerly side of 11th Street with the easterly side of Myers Avenue, being a plot 100 feet by 50 feet by 100 feet by 50 feet, said premises known as 210 Nevada Street, Town of Oyster Bay, Hicksville, New York.

Approximate amount of lein \$51,697.23 plus interest and costs. Premises will be sold subject to provisions of filed judgment, Index Number 4619/91.

Dated: December 17, 1992.

Milton J. Beech, Referee
Fink Weinberger P.C. Attorney(s) for Plaintiff
11 Martine Avenue White Plains, NY 10606



Birthday And Anniversary Club

HAPPY BIRTHDAY



- December 1
Ellen Riccardi
Michael D'Auria
Michael Trongone
- December 2
Pamela Gealak
John Liba
Lisa Marie Polisenio
J. R. Wigdzinski
- December 3
William G. Koch
Chester Sadowski
Sal Strazzeri
- December 4
Steve Locke
Charles Nass
December 5
Rachel Cohen
Clanna Hauf
Billy Murphy
Stacy Smith
Vincent Smith
- December 6
Chan Baker
David Malle, Jr.
Amelia Matuza
Frank Rapuano
Jim Woods
- December 7
Frank Jopp
December 8
Gene Pietzak
John Rapuano
Thomas Scannapieco
Diane Sullivan
Brian Fayda

- December 9
Elizabeth Collins
Lee Edwards
Stephanie Sanderson
Jeanne Schlosser
December 10
John Doyle
Mary Rita Heberer
Beth Manson
Richard Wilson
- December 11
Robby Baird
Heather Grand
Frank Kurtzke
Christine Longo
Susie Manson
- December 12
Angela Becker
Sam Bergholtz
Bruce Glatt
Mike Squillante
Lucille Thomas
Jennifer Walker
Billy Waters
- December 13
Rochelle Elburn
Jennie Murphy
December 14
Alicia Anglin
Tommy William Curran
Thomas Tyson
- December 15
Walter M. Gaylor, Jr.
Adam Gealak

- December 16
Fred Jablonowski
- December 17
Ryan Madigan
Jerry Weber
- December 18
Bertha Dutine
Joe Palmeri
- December 19
Cathy Breuer
Warren Breuer
- December 20
Melissa Master
Matthew Morillo
Johanna Owen
Arthur Ulhich
- December 21
Gladys Gaylor
Walter W. Gaylor, Jr.
- December 22
Peter Conte
Jean Cunningham
Eileen Hart
Richard Hart
Susan Metakis
- December 23
Michael Edwards
Grace Rodgers
Arlene Rudin

- December 24
Michael Cerlini
Marie Cordero
Donald O'Callaghan
- December 25
Walter Gaylor
Charisae Maisonet
Joanne Pietzak
- December 26
Helen Scannapieco
Kay Winter
- December 27
Lois Kraemer
- December 28
Richard Hammond
Patricia LoFaro
Bertha J. Salerno
- December 29
Marjorie Nass
Allison Rapuzzi
- December 30
Eric Blicker
Craig Freyeisen
Mary Goederer
- December 31
Rita Liba
Michael Rodgers
Valerie Stampfl



- December 10
James & Elsie Murray
- December 20
Edyth & Murray Schaeffer
- December 23
Joanne & Paul Crown
Violet & Louis Dettloff
- December 29
Marie & Anthony Cordero



From This Day Forward

HAPPY ANNIVERSARY

- December 1
Edwin & Lisa DeVeau
Mary & James Mills
Pat & John Short
- December 2
Walter & Marie Matuza

- December 5
Ronald & Judi Platt
- December 7
Mr. & Mrs. Conrad Schlauch
- December 9
Pat & Kevin Anglin
Mr. & Mrs. Edward Fitzgerald

Free Jazz Concert At HHS

On Tuesday, December 22, at 8 p.m., a professional Jazz Concert will take place in the Auditorium of Hicksville High School. Sponsored by the School's Music Honor Society

(Tri-M), the Concert will feature the George Bouchard Quartet, with Steve Davis, Charles Blenzig, Todd Coolman and Bouchard. Admission is free and refreshments will be available. We look forward to seeing you at the Concert.

LEGAL NOTICE

Notice of Application for Authority of **FAKLER FAMILY PARTNERS III, LTD.**, a foreign limited partnership (LP). Appl. for Auth. filed with secy. of State of State of New York on 8/25/1992. LP organized under the laws of Colorado on 2/20/1992. NY office location: Nassau County. Secy. of State of NY is designated agent of the LP upon whom process against it may be served. Secy. of State shall mail a copy of any process against the LP served upon him/her to: Francine Fakler, 22 Hofstra Court, Plainview, NY 11803 (the registered agent of the LP). Office address of LP in jurisdiction of its organization is 5105 DTC Parkway, Suite 450, Englewood, CO, 80111. Name and address of general partner(s) available from Secy. of State of NY. Copy of Cert. of LP is on file with Secy. of State of Colorado, Denver, CO, Purpose: to hold & invest in real and personal property.

BETH 3161
6X 11/27, 12/4, 11, 18, 25, 1/1 (1993)

LEGAL NOTICE

Notice of Application for Authority of **GOTHAM CAPITAL, III, L.P.**, a foreign limited partnership (LP). Appl. for Auth. filed with Secretary of State of State of New York (SSNY) on 11/10/92. LP organized under laws of Delaware on 12/8/1988. NY office location: Nassau County. SSNY is designated agent of the LP upon whom process against it may be served. SSNY shall mail a copy of any process against the LP served upon him/her as agent to Joel M. Greenblatt, (the registered agent of the LP) at 100 Jericho Quadrangle, Suite 212, Jericho, NY 11753. Principal office of LP: 100 Jericho Quadrangle, Suite 212, Jericho, NY 11753. Name and address of each general partner available from SSNY. Copy of Cert. of LP is on file with Delaware Secy. of State, Div. of Corporations, Townsend Bldg., P.O. Box 898, Dover, DE 19903. Character/Purpose of LP: any and all lawful activities.

JER 8388
6X 12/18, 25, 1/1, 8, 15, 22

LEGAL NOTICE

Notice of Application for Authority of **ALFRED PARTNERS, L.P.**, a foreign limited partnership (LP). Appl. for Auth. filed with Secretary of State of State of New York (SSNY) on 1/10/1992. LP organized under laws of Delaware on 1/5/1989. NY office location: Nassau County. SSNY is designated agent of the LP upon whom process against it may be served. SSNY shall mail a copy of any process against the LP served upon him/her as agent to Joel M. Greenblatt, (the registered agent of the LP) at 100 Jericho Quadrangle, Suite 212, Jericho, NY 11753. Principal office of LP: 100 Jericho Quadrangle, Suite 212, Jericho, NY 11753. Name and address of each general partner available from SSNY. Copy of Cert. of LP is on file with Delaware Secy. of State, Div. of Corporations, Townsend Bldg., P.O. Box 898, Dover, DE 19903. Character/Purpose of LP: any and all lawful activities.

JER 8387
6X 12/18, 25, 1/1, 8, 15, 22

Honor Student

Robin Lawrence daughter of Mr. and Mrs. Lawrence of Oyster Bay Cove, has earned honors on the term 1 Honor Roll at the Vincent Smith School in Port Washington.

These Days, It Takes More Than A Wish To Make Your Dreams Come True.

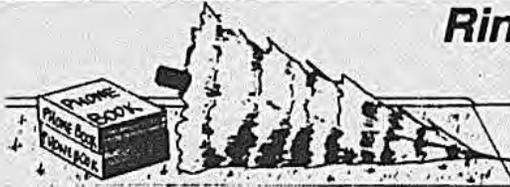


Most of the time, it takes money. That's why U.S. Savings Bonds make a perfect gift. The Bonds you give today will grow in value with each passing year. One day, they could help fund a college education, buy a car, or even purchase a new house. Find out how U.S. Savings Bonds can help make your family's dreams come true. Call 1 800 4 US BOND for more information, or write to Box USTN, U.S. Savings Bonds, Washington, DC 20226.



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Ring In The New By Recycling The Old!



ATTENTION

OYSTER BAY TOWN RESIDENTS

Recycle Your Christmas Trees and Old Phone Books

Recycle discarded fresh Christmas trees and old phone books (*white and yellow pages*) by placing them curbside the night before these special S.O.R.T. collection dates:

Residents who do not receive Town S.O.R.T. collections and would like to recycle their Christmas trees and phone books are invited to bring them to Syosset-Woodbury, John Burns, Theodore Roosevelt, or Bethpage Community Parks on or before Monday, January 11th. For additional information, please call 921-7347, ext. 5656.

If your S.O.R.T. recycling day is:

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Your phone books and trees will be collected:

Saturday, January 9th

Monday, January 11th

Sunday, January 10th

Monday, January 4th

Help Preserve the Dunes at Tobay Beach VOLUNTEER FOR TOBAY TREE "PLANTING"

Community volunteers are needed for the recycled Christmas tree "planting" project at Tobay Beach on Saturday, January 16th at 10 a.m. For information, please call: 921-7347, ext. 5626.



TOWN BOARD

Supervisor **Lewis J. Yevoll**
Councilman **H. T. Hogan, Jr.**
Councilman **Thomas L. Clark**
Councilman **Douglas J. Hynes**
Councilwoman **Ann. R. Ocker**
Councilman **Leonard B. Symons**
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Ace Florist & Gift Shops, Inc.

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FTD® Florists listed are
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516-935-0410

Manker's Quality Flowers, Inc.

120 Merritt Road • Farmingdale

516-249-0171

Boos Flowers By Phyllis, Inc.

38 West Village Green • Hicksville

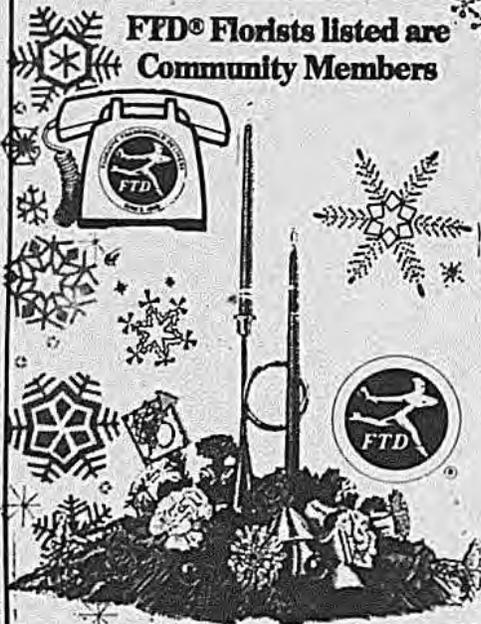
516-735-2244

Purcell's Florist

"Roses \$25.00 per dozen"

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516-931-2830



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Syosset Advance, Williston Times,
New Hyde Park Herald Courier,
Bethpage Newsgram, Jericho News Journal,
The Garden City News
and Great Neck News



Discovery! Magazine

The newspaper edition that helps
discover new writers, new ideas
through input and special
family features.



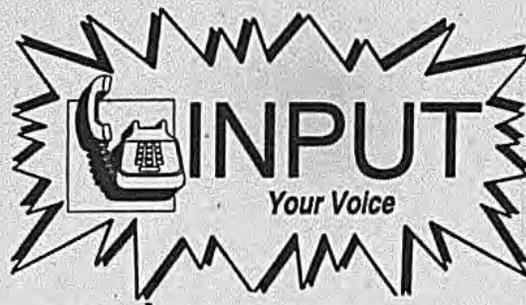
Friday, December 18, 1992

How To Have A Stressless

Chanukah/ Christmas Holiday



SEE PAGE 3



THE QUESTION OF THE WEEK

Since Guardian Angel founder Curtis Sliwa has confessed that he made up many of his feats of bravery do you think the public still respects the Guardian Angels?



CURTIS SLIWA
FOUNDER
GUARDIAN
ANGELS

Many Opinions On Aid To Somalia

Callers to Input had mixed views on sending troops to Somalia in answer to this question: "Do you think U.S. troops should be in Somalia?" Here are some of the answers:

SEND SEEDS

I am offended by the choice of President Bush and the U.N. troops to enforce the distribution of food. I believe that if we could send over workers to teach the Somalians how to farm, and a supply of seeds. Then once they learn to grow their own food they will end the famine. Instead of forcing the food on them which would start an even bigger war. (14 yr. old student) H.M.

NO REWARDS

Sending troops to Somalia to help distribute food will not bring back any rewards, but how can we just sit back and allow war leaders to starve people to death? We received the agreement of the war lords that they would cooperate. We are not going to try to run the country and we have no use for it. We should strictly do our job of giving out the food and stopping starvation. The U.N. should try to resolve the long term problem of getting this country to produce much of its own food and the creation of a stable government that will be helpful to the people. M.B.

HAD TO DO IT

On the surface it appears that we could have just sat here in the U.S. with an abundant amount of food and allowed the Somali war lords to starve the people to death and slavery. But would we really be human beings to simply allow this? I think not. We had to take a chance. We should minimize the chances, but we had to do it. V.G.

OUR OWN POVERTY

I do not believe we should be in Somalia because I see in the newscasts that there is much money there and much money not distributed and that is an internal affair. We have our own poverty here and we don't spread it around here. N.N.

SHOULDN'T BE THERE

No. I think U.S. troops should definitely not be in Somalia. I do not think that we can be the policemen for the world. I think if we want to stop starvation we could do so in this continent where our own interests lie and people are starving daily. We give aid to countries close to Somalia such as Egypt and we could have made some arrangement with them to send a few of their troops in. The way the landing was held, as an invasion was a farce and I think it is a publicity deal and before we get out we will be hated in Somalia as we are in every other country that we have sent troops in. I believe this was a last grasp of President Bush trying to run the world before he goes out of office. C.C.

TROOPS IN WRONG PLACE

Absolutely not. Somalia was paid back to Clinton for Bush's losing the Presidency. Our troops will be caught in the morass with only an ignominious pullout on the horizon. The Somalis are so fractionalized they cannot even take care of themselves. Our troops will eventually use their guns and kill, and some of our troops will be killed. And how long must our military presence be there? Do we feed Somalis forever? We were stupid to go there. We have just put our armed forces in harms way once more without a defined mission like Vietnam and Lebanon. Wait until the body bags are used, Dan Rather is already waiting to show them on TV. We should get out now. F.W.

WILL BE BOGGED DOWN

Our troops should not be in Somalia. Where do we go from there? We will be bogged down for months indefinitely, what do we do about the other countries there? These countries all have the same problems common to African nations. Tribalism, loyalty to the tribe, population explosion, illiteracy, corruption fed by ruthless leaders without any understanding of control of diseases, self improvement or responsibility. We are going to get bogged down and what have we done to help the poor Yugoslavians? C.B.W.

AID OPPRESSED

I don't think there is any question about the need for U.S. troops to be in Somalia. Actually, we are there not only because our sympathies lie with the oppressed natives of the country, but also because our membership in and dedication to the United Nations gives us no other option. But, apart from that, as the leading nation of the world the oppressed peoples of other nations look to us to set an example and not just because we cannot ignore the tacit responsibility we have assumed by openly demonstrating our basic national philosophy as a haven from injustice. Clearly, it is not our intention to rectify conditions through military action but obviously our troops are needed as visible evidence of our declaration to aid the oppressed people of Somalia. Quite frankly, I don't see how we could otherwise demonstrate our good intentions toward the downtrodden natives. P.G.S.

Call 931-0027-

**24
HOURS**

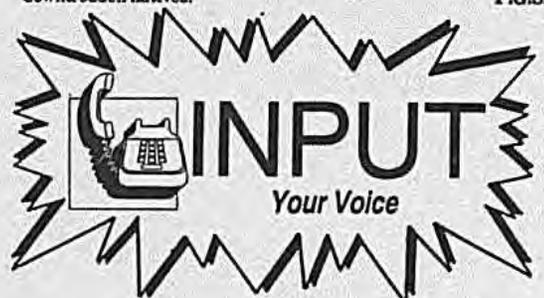
a Day

Ground Rules
You are not limited
to the above
but may talk on
any subject of
interest to readers.

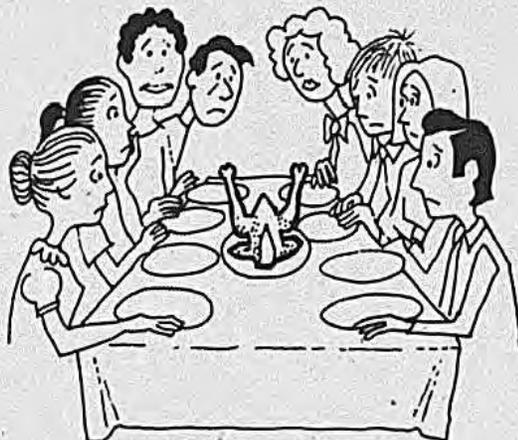
•One subject to a caller per week•

Simply dial 931-0027 - 24 Hours a Day and follow these simple rules:

1. Wait for the beep.
2. Confine your INPUT to one subject.
3. Limit your opinion to five minutes (make notes before calling)
4. Leave your name and telephone, or simply use a pen name (your message can be anonymous)
5. Publishers reserve the right to edit, modify or omit any and all material.



Discovery!



How To Have A Stressless Chanukkah/Christmas Holiday

By Marjorie Wolfe

'Tis the stress season. The Social Readjustment Scale rates the stress level of various life situations. Marriage is the arbitrary mean, rated at 50 points. The only holiday to make the stress scale is Christmas - and it is rated number 12.

Here are some serious - and not-so-serious suggestions on how to have a stressless holiday:

- Develop a jollier-than-thou attitude.
- Do NOT shop 'til you drop. Give your hard-to-please relatives a gift certificate and shop by catalog whenever possible.
- Remember Jan Barrett's saying: "Veni, vidi, Visa" - We came, we saw, we went shopping.
- Remind your relatives that you are NOT Robin Leach, and you cannot fill their champagne wishes and caviar dreams.
- Beware of "Gridlock Alert Days." Remember that the two heaviest days of the year are the Wednesday before Thanksgiving and the Friday before Christmas.
- Not sure what to buy your husband? It's been said that the best gift for a man who has everything is a burglar alarm.
- Use leftover Christmas cards. (This writer has several boxes of a 1987 recycled paper card featuring a drawing of Oliver North wearing a Santa's hat. The caption: "'Tis the season to be Ollie." Inside, the message reads: "Do not shred until after December 25.")
- Do not read the kids David Letterman's least-loved Christmas story: "A Holiday Visit from Salmonella."
- Hang the following sign on the refrigerator:
1 Will if Yule.
- If you are single, write a humorous holiday ad for the "Strictly Personals" section of your favorite magazine:
Ex. Reindeer, Buck, Flying, Red-Nosed --likes Christmas, etc. seeks doe, 30-35, for moonlight sleigh rides and living merrily-ever-after. Box 0000. (N.Y. magazine)
- For advice on preparing the holiday turkey, dial 800-323-4848 - the Butterball Turkey Talk-Line.
- Take the little ones to any department store which posts the following sign:
2 Santas - No Waiting!
- Don't feel guilty about recycling gifts. Nancy Reagan recycled some of her less-than-fabulous Christmas gifts. So did Barbara Bush. Just rewrap the soap-on-a-rope, imported butter cookies and fruit cake and recycle them.
- Keep a Yule log: an itemized account of how far in the hole you are, for toys that are already busted. (Wiley's, B.C.)
- Too busy to write a letter, but too poor to call long distance? Video greetings may be the answer.
- Follow the advice of psychologist, Ruth Formanek: "Don't make

too much of Santa Claus being able to gratify all their (children's) wishes."

- Take a vacation, rather than be alone during the holidays.
- Remember Art Buchwald's pearls of wisdom: "There is no hurt greater than her daughter going to the inlaws on Christmas Day - just as there is no greater wound a son can inflict on his mother than to inform her the family is going to his wife's parents in Minnesota for the holidays."
- Read your Horoscope:
Libra (Sept. 23 - Oct. 22)
Recheck your gift-giving list. Signs indicate a possibility of miscalculation in several areas. Also check your receipts; you could be taken to the cleaners.
- Don't fall for the Madison Avenue sociological jargon: "If you don't buy the right items for your kids to look at, poke, snuggle and stuff into their mouths, you can kiss 90th-percentile IQs, high SAT scores, and Ivy League acceptances goodbye." Remember that the best Christmas/Chanuka gift of all is the presence of a happy family all wrapped up with one another.
- Share and compare; reflect on the nature of previous Christmases:
Christmas, 1935 - FDR sends hopes for peace from Hyde Park.
Christmas, 1965 - President Johnson offers a prayer for peace from his ranch.
Christmas, 1975 - President Ford prays for peace from the White House.
- Beware of "aromatherapy" - a technique that uses scents to heal. It's already used by shopping malls and stores to coax shoppers into buying more.
- Remember that George Perret was right: "The more money you spend on a toy, the more likely the kids will be to play with the box it came in."
- Stay clear of those folksy holiday cards which are preprinted with color photographs of the senders taken in July while standing in front of their new Pontiac Grand Prix GIP, or in Noatak National Preserve, within walking distance of a herd of caribou 300,000 strong. These cards are especially depressing when received by a Long Islander who spent July driving a 1976 Toyota Corolla back and forth to a daughter's "Mommy and Me" program at the "Y".

ABOUT THE AUTHOR

Marjorie Wolfe is a business teacher and free-lance writer. She can be found in the local market searching for a Zsa Zsa solitaire ring with a two-carat cubic zirconia - for under \$39.95.

DINING GUIDE



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READER RATINGS



Q. What are the rules of etiquette for eating cakes or confections?

A. Large pieces of cake should be eaten with a fork, and so should large or small cakes that are sticky or messy. Tiny cakes served in a paper frill may be picked up by the fingers and eaten the same way as chocolates or bonbons.

Q. The term "smorgasbord" has been around a long time and everyone knows it means buffet. But I would like to know the derivation of this word.

A. Smorgasbord comes from the Swedish and it can be translated simply as "sandwich table".



BROAD STREET CAFE

Ralph DeRosa
Anthony Pickart

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ENTREES FROM \$5⁹⁵ TO \$12⁹⁵



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SATURDAY & SUNDAY
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SATURDAY 8:00 TO 11:30 AM
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To Owners of Good Restaurants:

This Is Your Chance To Join
"Reader Ratings"

The Last Word In Restaurant Guides

Where Our Readers Have The Last Word

This newspaper, and the seven other weekly newspapers associated with it, publishes the last word in restaurant guides and a paid listing of many prominent selected restaurants in this area. While many of them have been rated by the great, and near great food connoisseurs, our readers will have the last word through "Reader Ratings."

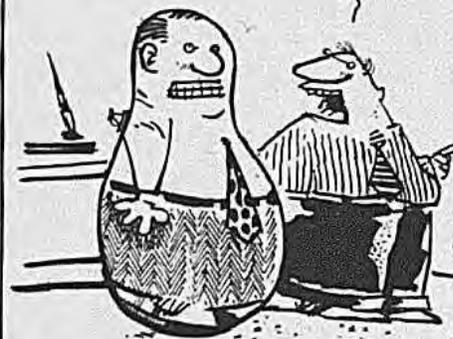
Through a special 24 hour phone system, readers will be asked to call in their assessment of each restaurant they visit. Consensus ratings (good or bad) will be published as a continuing part of the guide.

In addition they can make suggestions, compliments or criticisms through the open phone line and messages will be sent through to the restaurant management.

(Guide to Good Dining)



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DINING GUIDE

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Q. Recently my fiance and I ate in an expensive restaurant. The food was excellent and so was the service. However, our table was located quite near the door and we felt a terrible draft anytime someone entered or left the premises. We were both extremely annoyed and will certainly never return to that particular restaurant. What is your opinion?

A. You should have told the maitre d' politely but firmly about the problem. He would certainly have shown you to another table if one was available. Even at this late date, you should consider sending a letter to the restaurant owner. I'm sure he wants to please his customers and will take your complaint very seriously. It would make good business sense for him to eliminate the draft!



DINING GUIDE

MING garden MING garden

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The Last Word In Restaurant Guides

Where Our Readers Have The Last Word

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(Guide to Good Dining)

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DINING GUIDE

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READER RATINGS

Q. Can you tell me the proper way to eat French fries? At a restaurant recently, I saw a young man spear them with his fork and nibble them in mid-air. I found this appalling!

A. The best way to eat French fries is to cut them with the side of a fork into bite-size pieces. You are right - food should never be eaten while dangled in the air.

CRITICISMS OF RESTAURANTS are sent directly to restaurants concerned in the form of a memo. Restaurants that consistently give bad service or food are dropped from these pages.

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- LIVE BAND OF 4 MUSICIANS
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N.Y. Times Rave Review - May 3, 1992

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Sat. 4-11, Sun. 4-10

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West End West End West End

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Menu

Appetizers · Salad

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Jonathan's Sirloin Steak ·

Seafood Tuscan with Lobster

Fresh Filet of Striped Bass

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Desiree Vivea

You've been out and about all day, and you're chilled to the bone. All you want to do now is curl up with a nice hot drink and relax.

You might think that drinking hot liquids would be just the thing to get rid of that winter chill and warm your body temperature.

Think again. You'd need to drink a whole quart of hot (135 F) liquid — and drink it all at once, too — to raise your body's temperature.

And if your beverage of choice contains alcohol, you'll be likely to lose body heat. This is because alcohol opens up the blood vessels at your skin's surface, letting body heat escape.

Still, even if sipping a steaming mug of cocoa or a hot toddy is no cure for frostbite, a nice warm drink can be psychologically soothing and comforting — and tasty, too.

Following are some ideas for a bevy of hot beverages to warm your winter spirits:

Here's a delightful buttered apple-rum drink you can microwave in minutes. Place $\frac{1}{2}$ cup butter and $\frac{1}{4}$ teaspoon ground nutmeg in an 8-cup microwave-safe jug or measure. Microwave about 1 minute at HIGH (100 percent power) setting to melt butter.

Add 4 cups apple cider, $\frac{1}{2}$ cup packed light brown sugar and 2 1-inch pieces of cinnamon stick. Microwave at HIGH setting 5 to 9 minutes, or until hot but not boiling. Stir in 1 cup dark rum and serve immediately. Yields about 6 servings.

Scandinavians love to serve their wine hot and spicy during the long winter months in this northern clime. (In Sweden, hot mulled wine is known as *glogg*, while the English variation is called wassail.)

To make an easy microwave version of mulled wine, combine the following ingredients in a 2-quart microwave-safe bowl: 4 cups burgundy, $\frac{1}{4}$ cup packed light brown sugar, 1 large orange and 1 large lemon (seeded and sliced thin), 3 1-inch cinnamon sticks, and 3 each whole cloves and allspice.

Microwave at HIGH setting 8 to 10 minutes, or until hot (do not boil). Continue at LOW/DEFROST (30 percent power) setting about 5 minutes longer, before serving, to blend flavors.

Irish Coffee is another cold-weather favorite. To make a single serving in a jiffy, combine $\frac{3}{4}$ cup water and 1 teaspoon instant coffee granules in a microwave-safe mug. Microwave at HIGH setting $1\frac{1}{2}$ to 2 minutes, or until very hot. Add 2 tablespoons Irish whiskey and 1 teaspoon sugar. Stir, then top with a dab of whipped topping or canned whipped cream.

Trouble sleeping? Holidays left your nerves jangled? Here's a soothing drink that's just right for a before-bed snack or to sip when you're curled up with a good book.

Combine $2\frac{1}{2}$ cups milk and $\frac{1}{4}$ cup honey in a 4-cup glass measure. Microwave at MEDIUM-HIGH (70 percent power) setting 2 to 3 minutes. Stir well, add 1 tablespoon chopped fresh mint leaves or $\frac{1}{4}$ teaspoon ground nutmeg, to flavor. Reduce oven setting to LOW/DEFROST (30 percent power) setting and microwave for 2 to 3 minutes longer. Serve immediately.

Try serving hot alcoholic beverages with long cinnamon sticks as swizzle sticks. These add a festive touch, as well as a hint of cinnamon flavor.

Build a cozy fire and try one of today's recipe ideas — then cuddle up with a friend and enjoy one of winter's pleasures.

Recipes in this column are tested in 625- to 700-watt microwave ovens.

HOT SPICED LEMONADE

1 (6-ounce) can frozen lemonade concentrate
 $3\frac{1}{2}$ cups water
 6 whole allspice
 6 whole cloves
 4 (1-inch) sticks cinnamon
 $\frac{1}{4}$ cup brandy
 Yields 6 servings.
 Preparation time: 10 minutes.
 Cooking time: 8 to 11 minutes.
 Oven setting: HIGH (100 percent power).

Place frozen concentrate in 2-quart microwave-safe measure. Microwave about 1 minute, to partially thaw. Add all remaining ingredients except brandy. Microwave 7 to 10 minutes longer or until heated through. Stir in brandy. Strain into mugs and serve immediately.

FIRESIDE PUNCH FOR TWO

Orange slice
 Sugar
 $\frac{1}{2}$ cup dry red wine
 $\frac{1}{4}$ cup granulated sugar
 Juice of 1 orange
 $\frac{1}{2}$ teaspoon grated orange peel
 2 cloves
 2 tablespoons rum
 Yields 2 servings.
 Preparation time: 5 to 10 minutes.

Cooking time: 3 to 5 minutes.
 Oven setting: HIGH (100 percent power); MEDIUM (50 percent power).

Prepare 2 mugs by running an orange slice over lip and dipping into sugar to frost. Set aside.

Combine wine and $\frac{1}{4}$ cup sugar in 4-cup glass measure. Stir to dissolve sugar. Add all remaining ingredients except rum. Microwave at HIGH setting 1 to 2 minutes, then continue at MEDIUM setting 2 to 3 minutes longer. Add rum and serve immediately in prepared mugs.

MICRO-TIP OF THE WEEK

Use a temperature-hold setting, if your microwave is equipped with one, to keep spiked punch and similar beverages warm. Set temperature-hold to 165 F. This will keep hot mulled wine and other beverages at serving temperature (and they won't lose their "kick").

By Willard Abraham, Ph.D.

Dr. Abraham: Can't ideas about sex be less than "total," if you get what I mean? I think so, and I finally convinced this special guy of mine to relax and go along with my ideas. It took a lot of sweet talk on my part, but I think I finally have him forgetting all the pressure he had been putting on me. If he hasn't forgotten it, at least he now isn't talking to me about sex all the time.

I hope he isn't bringing it up to anyone else, but I'm not asking. What I don't know won't hurt me.

Anyway, so far so good. We still have lots of good times together, but without my worrying.

Am I being smart, or do you think I'm naive? I really respect your opinion. — Wondering

Wondering: Smart, yes, but naive only if you fail to be alert to any hints that he may be fooling around with someone else. If you are really sure that he isn't, you may have a situation that many other girls would welcome.

Dr. Abraham: I have a favorite uncle (my mom's brother) who lives near us, and I like to visit him. He always has interesting experiences and stories to tell me because he was in the Army in the Middle East and also in Vietnam.

Some of what he talks about is pretty bloody, and that is what bothers my parents. They have asked him to tone it down, and he said he would, but that sure could take a lot of pep out of what he shares with me.

The bloody stuff doesn't bother me at all. In fact, in addition to being interesting, it also helps me understand how awful war is.

I don't think that's so bad, do you? After all, I'm no little kid. I'm a guy who will be 17 years old soon. — Good Listener

Good Listener: I wonder whether your parents would accept the idea of his eliminating some of the most gory details, sharing only what is and was definitely true and including as many items as he can related to people he admires and admired as well as his own personal military involvements and achievements.

A calm, pleasant conversation that includes all four of you (your folks, him and you) to talk through the "ground rules" that might retain his enthusiasm and your interest as well as respect your parents' concerns may be well worth scheduling.

It might not be possible

for you to learn about the full horrors of war if too many limits are set up, but the goal of receiving insights into war's realism seems to be an important part of this man/boy scenario.

Dear Teens: A number of you have written to me about being radio fans, sometimes enjoying that entertainment source more than television. Now those two media have joined hands, along with Ken Burns, who produced the popular award-winning "Civil War" documentary.

Their creation is a one-hour television film called "Empire of the Air." (You can check with your local public television station to get the exact day and time.)

It is the story of three men who were radio pioneers: Lee de Forest, who invented it; Edwin Howard Armstrong who perfected its broadcasting technology; David Sarnoff, founder of RCA and later NBC. Included will be the history of radio from 1906 to 1955 when television came into national prominence.

As Ken Burns said, this program is "the story of three men whose work completely transformed modern America."

Dr. Abraham: An article I read several months ago has been on my mind ever since. It was about what people eat and made me feel I could eat almost anything and not gain weight. That's really terrific for me.

I'm enclosing a copy for you because I think other kids would like to know that all the diet scares are not true.

What a relief this article was to me. — Former Dieter

Former Dieter: Thanks for sending the article to me that appeared in the July 1991 issue of *Working Mother* magazine.

It included "10 big fat lies about dieting," which might encourage its readers to ignore frequently offered advice about food — unless they read the article carefully, which I hope you will now do.

Common-sense warnings were included, like "You still need to look at portion size and calories." You might occasionally consider grilled chicken (but without cheese), fajitas (but without sour cream and guacamole) and desserts "that can sensibly be worked into a good diet," "Moderation and control are needed" and "It's the calories derived from fat ... that pack on extra pounds."

Cooking Corner



Honey is sticky business

By Charles Britton

George S. Kaufman, the great humorist and playwright, once wrote about how he was eating toast and honey when the phone rang. He got a little honey on the receiver, so he used his napkin to wipe off the sticky stuff.

But that left him with honey on the phone and on the napkin. As he told it, the process continued until a thin coating of honey covered everything in the world.

In reality, honey is doing a good job of spreading. Though its prestige as one of mankind's most honored foodstuffs goes back beyond the most ancient texts, its standing has never been higher. *Food Distribution* magazine recently picked honey and honey-based condiments as a hot trend, a fact readily apparent from the honey-mustard sauces found on market shelves and restaurant tables.

Honey has a reputation of being a natural product, a factor that stands it in good stead with the contemporary buyer. After all, bees have been making it for at least 10 million years.

It finds a welcome in venues, such as health-food stores, that wouldn't have plain granulated sugar in the place. Many people are utterly convinced that honey is vastly preferable to sugar. In actuality, there's next to nothing to choose between the two from a health standpoint, and honey is an expensive form of sweetener — \$1.50 per cup for a standard supermarket variety compared to about 20 cents for name-brand sugar.

"We make no nutritional claims," said Megan Hawgood, spokeswoman for the National Honey Board, a producers' trade group.

"Nutritionally, there's no significant difference between regular sugar and honey," confirmed Evelyn Tribble, spokeswoman for the American Dietetic Association.

As a matter of fact, the board's literature comes with a warning: "Honey should not be fed to infants under 1 year of age." The product can carry spores that cause infant botulism, a potentially fatal but fortunately quite rare disease. Honey is not unique in this respect, and, in any case, there's no problem for children beyond the age of 1 and for adults.

Those who turn to honey — and countless millions do every day, as they have for centuries — enjoy its comfort, appeal and its special flavor, or more accurately, flavors. Honey consists, of course,

of nectar, gathered and concentrated by bees, which add a number of enzymes and other components (including hydrogen peroxide, which gives it a certain disinfectant property).

Its taste and color depend on the flowers the bees have been visiting. Generally speaking, the darker the honey, the deeper the flavor. Clover and orange-blossom are two of the most common varieties, but fanciers can experiment with a range of types available at health-food and specialty supermarkets.

Though you can substitute honey for sugar in many dishes, you are probably better off using recipes that particularly call for it. One reason is that honey brings its distinctive flavor, which may or may not go with the dish; sugar, however, is remarkable for its neutrality. In addition, changing to honey may require other adjustments among ingredients.

Those who want to experiment can follow these guidelines:

- Start by substituting honey for up to half of the sugar called for in a recipe. If that seems to work out, you can try more the next time.
- Honey contains some water, so in recipes for baked goods, reduce the liquid by ¼ cup for each cup of honey used and add about ½ teaspoon baking powder.
- Reduce oven temperature by 25 degrees to keep baked goods from becoming too brown.
- Honey has a high fructose content and so tastes sweeter, measure for measure, than regular sugar. It also is highly hygroscopic, a fancy way of saying that it attracts moisture, thus retarding staleness in baked goods.

In working with honey, these hints may come in handy:

- A 12-ounce container of honey equals 1 cup.
- To cause honey to flow readily from a measuring cup, coat the container first with a vegetable cooking spray.

These recipes may cause you to reach for the honey pot:

KOREAN-STYLE HONEY MARINADE

- ½ cup soy sauce
- ½ cup dry white wine
- 2 green onions, chopped
- 1 to 2 tablespoons sesame oil

- 1 tablespoon grated fresh ginger
- 1 clove garlic, minced

Yields about 1½ cups marinade. Combine ingredients, mixing thoroughly. Marinate flank steak, short ribs or chicken pieces at least 1 hour before cooking. Refrigerate while marinating.

Grill or broil the meat or chicken to taste.

HONEY-PECAN STICKY BUNS

- 1 (16-ounce) package hot-roll mix
- 6 tablespoons sugar (divided use)
- 1 cup hot water (120 F to 130 F)
- ½ cup butter or margarine (divided use)
- 1 egg
- ½ cup honey
- ¼ cup packed brown sugar
- 1 to 1½ cups pecan halves
- 1 teaspoon cinnamon

Yields 12 rolls.

From package, combine flour mixture, yeast and 2 tablespoons sugar; mix thoroughly. Add water, 2 tablespoons butter and egg. Stir until dough pulls away from sides of bowl.

Turn onto lightly floured surface; knead about 5 minutes, or until smooth. If needed, sprinkle with additional flour to reduce stickiness. Cover dough; let rest 5 minutes.

Heat honey, 4 tablespoons butter and brown sugar until melted; mix thoroughly. Spoon evenly into 13x9-inch baking pan. Sprinkle with pecans.

Roll dough into 12x10-inch rectangle. Melt remaining 2 tablespoons butter and spread over dough. Combine remaining ¼ cup sugar and cinnamon; sprinkle over dough. Roll up along 12-inch side; pinch seam to seal. Cut into 12 1-inch pieces; place into pan cut side down. Cover; let rise in a warm place about 25 minutes, or until doubled.

Preheat oven to 350 F. Bake 25 to 30 minutes, or until lightly browned. Immediately invert onto serving plate. Allow pan to remain for 2 or 3 minutes; this will allow honey coating to drizzle onto rolls. Remove pan and serve rolls while warm.

Honey was the primary source of concentrated sugar until cane sugar began to displace it in the 15th century. A recipe such as the following has a heritage that goes back to earlier days.

LEBKUCHEN

- 4 eggs
- 1½ cups dark honey
- ½ cup packed brown sugar
- 1 cup chopped walnuts
- ½ cup finely chopped citron
- 2 cups flour
- ½ teaspoon baking powder
- 1 teaspoon cinnamon
- ½ teaspoon powdered ginger
- ¼ teaspoon nutmeg
- ¼ teaspoon ground cloves

Icing (recipe follows)

Yields 40 2-inch squares. Preheat oven to 350 F. Grease 17x11-inch pan.

Beat eggs until frothy. Beat in honey and sugar until well-blended. Add walnuts and citron; mix well. Combine flour, baking powder and spices. Add flour mixture to honey mixture; mix until blended.

Spoon batter evenly into prepared pan. Bake 15 to 20 minutes, or until pick inserted near center comes out clean. Spread with icing while still warm. Cut into 2-inch squares.

ICING

- 2 cups powdered sugar
- 4 to 5 tablespoons brandy or mixture of orange and lemon juice

Yields enough icing for 40 Lebkuchen.

To powdered sugar, gradually add brandy or orange/lemon juice mixture until icing reaches spreadable consistency.

•••

Here's a recipe for one of the day's most popular salad dressings. It's also good as a dip and on cold meat.

HONEY-MUSTARD DRESSING

- 1 or 2 green onions
- ½ cup vegetable oil
- 3 tablespoons cider or red wine vinegar
- 2½ tablespoons Dijon-style mustard
- 1½ tablespoons honey
- Salt, pepper to taste

Yields about ¾ cup.

In food processor, process all ingredients until the onion is finely chopped and everything is well-blended. By hand, chop onion finely and beat together with the other ingredients.



By C.Z. Guest

Winter pests are a problem

Here are some startling facts for you to get acquainted with: In less than three weeks, two fleas can multiply to become 500.

Don't let it happen to you!

Fall is, unfortunately, not necessarily the end to the pest season. Insects begin their preparations to overwinter so they can emerge next spring and start a new family, and they usually do this in your house.

Here are more frightening pest facts:

- Two mice can become 25,000 in a year's time.
- Two fleas in nine months can be 2 trillion.
- An African termite queen can lay as many as 30,000 eggs a day.
- One German cockroach can be responsible for up to 135,000 roaches in a year.

Insects are destructive to property, causing billions of dollars of damage to construction. Therefore, it is imperative to know and recognize infestation signs so these problems can be dealt with before they're out of control, causing costly and serious damage to your house.

Homeowners can take precautions to help protect against infestation.

I recommend the following suggestions to help keep pests at bay.

INDOOR TIPS

Garbage pails should be stored in dry places, not moist dark areas like under the kitchen sink. Empty often and keep clean.

Inspect plants for pests before bringing indoors for the winter.

Transfer dry food to airtight containers; all cupboards should be spic and span!

OUTDOOR TIPS

Store firewood outdoors — away from the side of the house and off the ground. Shake off logs before bringing indoors — only bring in what you need to burn immediately.

Prevent leaves from accumulating in gutters or outside drains.

Trim tree limbs so they don't bend over or touch the house.

WINTER WARNING

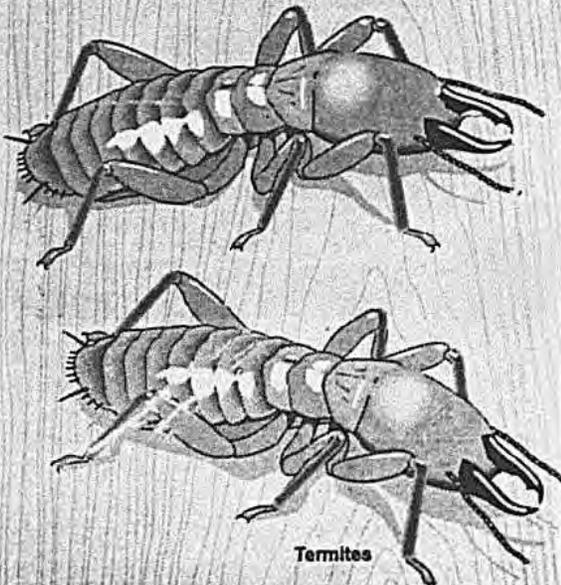
Some sure signs of a long, cold, snowy winter include:

- Squirrels gathering far more than their usual supply of nuts.
- Beavers building extra-large dwellings during the late summer.
- Long and heavier hair on horses and bears by early November.

GARDEN TIPS

Winter pests

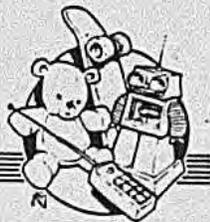
- Store garbage pails in dry places and empty them often.
- Inspect plants for pests before bringing them indoors for the winter.
- Store firewood outdoors, away from the house and off the ground to reduce termite traffic. Shake logs before bringing them indoors.
- Don't allow leaves to accumulate in gutters or outside drains.



Termites

Our Children

By Willard Abraham



More books for Mom and Dad

Dear Parents: "Tell us more!" some of you wrote to me after I briefly reviewed several new books for parents. As the saying goes, "Your wish is ...," so here are a few other interesting recent books for you parents who are trying to keep up with what's new.

Because they differ in content and style, dip in and then consider going to your favorite library or bookstore to look at those which you feel may be helpful in connection with your own family and children.

• **"Parent & Child"** by Lawrence Kutner (Avon). As this book states, "Navigating the rocky road to adulthood," going from security blanket to college, is a parental challenge like no other. With issues like these, how could it be any less: Why a toddler will kick a crying playmate; why a 5-year-old's fear of being kidnapped by pirates is a good sign; how to help a preschooler troubled with repeated nightmares; what to do when a 10-year-old is teased at school, and why teens fall in love so dramatically.

The author helps parents understand their child's behavior, overcome setbacks, frustrations and anxieties, and anticipate them.

How can you go wrong with chapter titles (and practical content) like "The Myth of the Perfect Parent," "Windows Into a Child's Mind," "The Art of Discipline" and "Sibling Rivalry"?

• **"Parenting by Heart"** by Ron Taffel (Addison-Wesley). This book's bottom line is how to connect with your kids. Major obstacles, according to the author, are too much advice, too many pressures and never enough time. I imagine many of you feel that kind of stress.

The author deals with a framework of myths, most of which cause parental concern at some time. I imagine some (maybe all?) myths related to these topics have been on your "can't handle" list once in a while: The overinvolved mother and underinvolved father; the "in-charge" parent; parent-child harmony; child development; sensitivity; angry parent; fair parent and wise parent.

This book is different, funny and provocative. If you think that you

(and most other parents) aren't perfect, it will give you a lift to read it and find out that you aren't alone — far from it.

• **"The Parenting Challenge"** by Arnold Rinscover (Pocket Books). Dealing with some tough years (I can hear you asking, "Aren't they all?"), this book closes in on the 6- to 12-year-old.

Among the major topics the author discusses in a practical, reassuring way are these: Popularity, greed, swearing, sibling rivalry, aggression and learning disabilities. What's "normal" and "abnormal?" How do being "active" and "hyperactive" differ? How can a person handle lying and stealing? And what about divorce, death, and a family breakup?

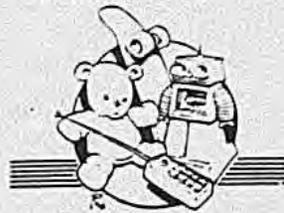
The author doesn't flinch in working with those and other heavy issues of this age group.

• **"The Miracle Year"** by Lanie Carter with Lauren Simon Ostrow (Pocket Books). Maybe you thought I'd never get to what is often the happiest as well as the most stressful time in a parent's life. The miracle of anticipation, birth and early infancy is the loving thread that winds through this publication, written by a woman referred to as a "professional grandmother" with a wealth of experience and practical ideas.

She starts by saying, "Creating a family is indeed the most wondrous miracle on this earth. Remember these words when your pride and joy wakes you up at 3:00 a.m. This baby is your hope for the future."

(I might add my own consoling thought learned a long time ago from a forgotten source, "And this, too, shall pass.")

She ends with this reminder, "Your miracle year is over, but the true rewards of parenthood are just beginning." Those of us who have lived through our children's later years know that's generally true. As they grow up, it's great to recall the happy times that may fade too quickly from our memories.



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By Jack Williams

Prying potatoes off the couch

Anybody who has weighed the benefits of regular exercise against the bonds of sedentary confinement knows, for the life of him, that there's only one option: Just move it.

But getting in gear and keeping a protesting body from sliding into reverse can be as fraught with frustration as sticking to a diet or stamping out a cigarette habit.

Even these fitness-friendly times there are exercise enemies. Or, as San Diego State University psychology professor John Martin says, "true potatoes (are) still lying on the couch."

Turning them into the motivated minority — the 20 percent or so of American adults who exercise vigorously at least three times a week — is one of his goals as originator of an SDSU Extended Studies program called "Just Do It: Behavior Modification for Those Who Hate to Exercise."

Martin, whose marathon running represents another extreme, has studied enough dropouts and hard-body wannabes to conclude that the first step to success for many is "finding a group or another person to exercise with." Face it, we're not all self-starters.

Secondly, there's the matter of "developing a habit of showing up and doing something," says Martin.

Lack of motivation, according to a National Sporting Goods Association survey, is why more than 51 percent of inactive Americans don't exercise. Lack of time is another favorite excuse, but the same survey indicated that those who participate in fitness activities fewer than 25 times a year and those who engage in it more than 150 times a year report virtually no difference in the amount of time at their disposal.

FINDING THE RIGHT MIX

Annette, a desk-bound administrative operations analyst, is typical of those whose commitment is fragile.

She says she just can't do it in the morning ("It must be biological; I'm not a morning person"), which ruled out those 7 a.m. walks with friends in her neighborhood.

Once, when she joined a singles group for a "social" bike ride, "I knew I was in trouble when I pulled into the parking lot, and I saw all these people in helmets and 10- and 12-speed racing bikes, and there I was with a three-speed, with big tires and everything."

Her weight was creeping up along with her age (55). A jolt of Jazzercise seemed too athletic. A Jane Fonda exercise tape wasn't the answer, either.

And walking after work? It was

either too dark to suit her or the myriad domestic obligations were piled too high.

"I was always finding other things to do," she says, "not making exercise a priority."

But there she was in an SDSU exercise lab, a half-mile walk from her office, pumping away for 30 minutes on a computerized exercise bike as part of her twice-weekly regimen with Martin's class of chronic dropouts.

"I found something that I think is good for me," she said. "The 30 minutes go by comfortably with others in the room — it's the company and the encouragement."

"There are a lot of people here like me who aren't real self-motivated and need the structure and the company of others to spur them on."

MAKING A LIFETIME HABIT

Annette and about 21 others are involved in the SDSU project, which has a two-fold purpose: to measure the factors involved in exercise adherence and to develop habits in people like Kohler that will, hopefully, last a lifetime.

One key to adherence, Martin has discovered, is "de-emphasizing improvement and performance."

"If you get it, it's gravy. What people cite as more important is making exercise a habit, enjoying it, finding out it's not half bad."

"After about six weeks, we begin to hear, 'Wow, I'm really improving. I could only do this much when I started.' Or they're feeling trimmer; they've lost some weight."

Sixty-eight-year-old Ina Marx, author of "Fitness for the Unfit" (Carol Publishing Group) suggests yoga as one way to get started.

"It's something that can be included in everybody's lifestyle," she said. "And it needn't take a bunch of time, as few as five minutes a day."

"I promote it as a scientific, total-body workout because you use the body in every direction: backward, forward, sideways. You use almost every muscle of the body."

"Most exercises are geared to partial use of the body. You strain one part by subjecting it to constant stress, and the other part atrophies."

Marx is a lithe, limber example of what impeccable posture and range of motion can do to promote eternal youth. But she smoked three packs of cigarettes a day, carried 25 extra pounds and was virtually immobilized by the effects of a fractured spine and pelvis when she discovered yoga 28 years ago.

By Kit Snedaker



Light and lovely baked fish

Fortunately, the tide has turned for fish. Not so many years ago, fish was synonymous with Friday, was reputed (with disdain) to be brain food, and was considered cheap, low-brow eating.

Now, of course, fish is the darling of upscale restaurant menus and applauded as a low-fat, low-calorie source of protein. But best of all, people now know that fish tastes terrific!

Still, many people are hesitant to cook fish at home. For novice home fish cooks, we recommend baking. Not only is it one of the lowest-fat methods of fish cooking, it is one of the simplest, tastiest and most versatile.

There are, in fact, only a couple of rules of thumb here. The most important is timing since overcooking of delicate fish can occur in a couple of minutes. But timing is easy.

Simply measure the ready-to-cook fish dish at its thickest point (that means including the vegetables on top or breading or stuffing or whatever is being done to the fish). Then cook at a moderately high oven heat for 10 minutes per inch of thickness.

Though our recipes call for specific types of fish, you can freely substitute any similarly sized fish fillet or steak for both the cod and the halibut. Both recipes are low in fat and high in flavor.

For each, an accompaniment of plain rice and a steamed green vegetable will round out a simple yet colorful and satisfying meal.

TIPS

- Get to know the fish of your geographical area. It is probably freshest and most economical.
- Get to know a reliable fishmonger. He or she is your best source of advice and fresh fish.

BAKED COD CREOLE

- 3 tablespoons olive oil
- 1½ pounds cod steaks or fillets, about 1 inch thick
- Salt
- Pepper
- 1 medium tomato, seeded and chopped (about ½ cup)
- 1 small green pepper, chopped
- ½ cup chopped scallions
- 1 clove garlic, minced
- 1 teaspoon lemon juice
- ¼ teaspoon red pepper flakes

Yields 4 servings.
Preparation time: 10 minutes.

Baking time: 10 minutes.
Preheat oven to 425 F.

Use 1 tablespoon oil to coat bottom of baking dish large enough to hold fish in single layer. Add fish and sprinkle lightly with salt and pepper.

In small dish, stir together tomato, green pepper, scallions, garlic, lemon juice, pepper flakes and remaining oil. Spoon over fish.

Cover dish lightly with piece of aluminum foil or parchment paper. Bake for about 10 minutes until fish is cooked through.

BAKED HALIBUT PROVENCE

- 2 tablespoons olive oil, divided
- 2 tablespoons minced shallot
- 1½ pounds halibut steaks, about 1 inch thick
- Coarsely ground black pepper
- ¼ cup white wine
- 1 plum tomato, diced
- 2 tablespoons black olives, preferably Nicoise olives, chopped
- 1 teaspoon rinsed and drained capers
- 2 tablespoons chopped parsley

Yields 4 servings.
Preparation time: 10 minutes.
Baking time: 10 minutes.
Preheat oven to 425 F.

Use 1 tablespoon of oil to coat

bottom of baking dish large enough to hold fish in single layer. Scatter shallots over bottom of dish. Lay fish atop shallots, sprinkle generously with pepper, and pour wine over. Scatter tomato, olives, capers and parsley over fish, then drizzle with remaining 1 tablespoon oil.

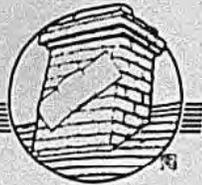
Cover baking dish lightly with piece of foil or parchment paper, then bake 10 to 15 minutes until fish is cooked through.

Kit Snedaker is author of "The Great Convertibles." Her food stories have appeared in *Bon Appetit* and *Harper's Bazaar*.

HEALTHY GOURMET



Here's How



By Gene Gary

Q. We rented our home for a period of time, and upon returning found a heavy buildup of soap scum on the glass shower doors and aluminum frames. I have tried several commercial cleaners, but none have worked. I recall your column had some recommendations on cleaning shower doors and frames. I would appreciate your sending me any suggestions you might have on how to clean these fixtures.

A. This is a common problem, and I am happy to repeat some cleaning suggestions. First go over both glass and the metal frames with dampened baking soda, then scrub with a terry-cloth rag rung out in white vinegar. Let this solution stand on the surface

for a couple of hours.

For particularly stubborn stains go over the surface with a fine stainless steel wool pad soaked with white vinegar. Rinse with clear water and polish with a soft cloth.

Another solution you can try, which is a good metal cleaner, is to mix 1 cup of trisodium phosphate (available at your local paint dealer) and two tablespoons of alum. Add enough water to make a paste and apply to the surface. Scrub with a soft cloth, rinse well and polish. If necessary, use a fine steel wool pad to scrub the surface in a second application.

An easy way to clean the grime from shower door tracks is to fill them with household bleach. Let

set for a few minutes, until the bleach stops foaming and flush out with water. Use a sponge to clean out remaining residue.

An excellent commercial product on the market that will remove normal soap residue and leave both your glass and aluminum frames sparkling is "De-Solve-It," available in housewares stores and supermarkets (manufactured by Orange-Sol Inc., P.O. Box 306, Chandler AZ 85224, or phone (602) 497-8822).

Q. This summer we installed ceramic tile on the floor of a recreation room just off the pool. It looks great and is easy to clean, but much too slippery. We have young kids who run in and out with wet feet, and this is a real hazard. Do you know of any way we can successfully roughen this surface so it won't be so slippery? I need to solve this problem before next summer, even if I have to consider installing indoor-outdoor carpet over the current tile flooring.

A. Your tile can be treated with

a chemical solution that will etch the surface that is slip resistant. The etching is so minute that it will not mar the beauty of your tile.

Usually the procedure requires professional application as the solutions are acid-based products. Two firms offering professional applications are Slip-Guard Systems (P.O. Box 836, Lake City, Florida 32056) and Safe-Stride Non-Slip Treatments (7232 Carved Stone, Columbia, MD 21045).

Another chemical-based solution called Wagoners, is available to the DIYer. The manufacturer states the product penetrates the surface of the tile without changing its texture or color. They claim the product is easy and safe to apply. For information contact Wagoners Floor Safety systems (P.O. Box 2784, Reno, NV 8905).

Decor Score



By Rose Bennett Gilbert

'Winter' personality

Q. Recently, I had my colors "done," and the consultant says that I'm a "winter." If you know the seasonal color theory, you know that means I like deep colors and lots of contrast.

Here's the problem: I also like traditional furniture. Is there any way to decorate my room in winter's palette, using my present furniture? I have European chairs, most painted white. — M.C.

A. Absolutely! I, too, am a "winter," and I, too, thrive on deep blue-based colors and sharp contrasts, such as dark walls framed in slick white woodwork, lots of dark-grounded fabrics and plenty of sparkle and shine: crystal, silver, mirrors and the like. White-painted furniture is perfect, as well.

The room we show here must have been created with a "winter" personality in mind.

At least, interior designer Susan Kroeger has lavished it with the kind of dark-grounded fabrics we "winters" adore — at the windows, on a club chair and underfoot, on the dramatic black-and-floral rug.

The other keynote colors are in icy pastels — the *only* pastels we "winters" can tolerate (you can see the room in color in the Midwest edition of "Showcase of Interior Design," from Vitae Publishing Co.). Even in this black-and-white photograph, how-

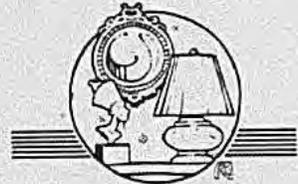
ever, the message comes through that dark "winter" colors and antiques can, indeed, mix handsomely — and excitingly (we "winters" are renowned extroverts).

P.S. Having your colors analyzed is as helpful in decorating as it is in choosing your clothes. There are a number of different systems today, but the process actually dates back to the Bauhaus, when an artist first realized that all people have skin tones that are basically cool (blue) or warm (yellow). So do all colors.

The trick is simply to wear/decorate with colors in the same "temperature" because they're most flattering to your own skin tones.

Certified color and image consultants abound all over the country. Ask a friend who always looks particularly great or check your yellow pages under "Color Consultants."

Rose Bennett Gilbert is the co-author of "Manhattan Style" and associate editor of *Country Decorating Ideas*.



SITTING ROOM SPLENDOR Dark-grounded fabrics provide contemporary punch in a traditional sitting room created by designer Susan Kroeger.



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Mon.-Fri. 2:30-5:30, my Garden City home to care for 2 nine year olds. References a must, car preferred. Days 294-5030, Eves. 292-1818. gcD4

BABYSITTER - SEEK QUALIFIED, Responsible woman with checkable reference to babysit for toddler in my home. Must be reliable & willing to work 10-20 yours per week, Mon.-Fri., 9-5, hours vary. Garden City area. call 437-0609. gcD3

STARTING END OF Jan. '93-Mature, responsible woman infant care F/T, Mon.-Fri. must have own transportation, non-smoker, References required. Call 889-5143. gcD3

CHILD CARE IN East Williston area. Looking for responsible individual to watch 2 small children FT or PT. Must have own transportation & references. Call 248-0139. gcD4

SECRETARY COMMERCIAL FURNITURE & equipment contractor seeking P/T secretary, flexible hours with strong communication & Word processing skills. Must be proficient in Word Perfect 5.1 dictaphone & filing. Duties & responsibilities will grow commensurate with skills. 222-2200. gcD4

RECEPTIONIST - CHIRO- PRACTIC OFFICE PT/FT. Friendly, enthusiastic, people oriented individual with good organizational and communication skills. Clerical, computer and word processing experience required. Woodbury area. 496-7775. hD2

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SECRETARY P/T, Mon-Fri, Flexible Garden City Insurance adjuster's office, typing & telephone work. Word Processing, Word Perfect experience a plus. Send resume to Erhardt Adjustment Co. (Suite 408) 585 Stewart Ave., Garden City, N.Y. 11530. gcD3

BABYSITTER NEEDED FOR 3 1/2 year old, Tuesday and Thursday, 7:15 a.m.-12:30 p.m. & 3 p.m.-6 p.m., Every other Friday, 7:15 a.m.-6 p.m., Must have experience, transportation, references and speak English, non-smoker, 294-1994. gcJ1

TUTOR: STUDY SKILLS & Writing Skills, grade 7, Tues, Wed., Thurs., 4:15-6:15. Certification and references needed. Please leave name and phone number, 747-6406. gcJ1

BABYSITTER / HOUSE KEEPER, FT, PT. Live in/Live out. 3 children in my Garden City home. Must have good references. 739-1610. gcJ1

SECRETARY P/T, flexible. Must know Word Perfect, legal background helpful but not necessary, immediately. Garden City law office. 741-3408. gcJ2

FRIENDLY 4 1/2 YEAR OLD girl needs care by responsible woman in my Garden City home. References, car preferred. Evenings 358-2767. gcJ1

BABYSITTER 1 or 2 days per week starting Jan/93. Please call 741-8291 gcD4

CHILD CARE NEEDED FOR 3 year old boy, Wednesday, 7:30 a.m.-3 p.m., Tuesday, Thursday & Friday, 8 a.m.- 12:30 p.m., Also walk 8 year old to bus in a.m., 1 block. Non-smoker with references. Students welcome. Start end of January '93. 294-4857, days or eves. gcJ1

Help Wanted

CHILD CARE WANTED. Dependable, mature, friendly person to care for 2 girls, 3 1/2 yrs. & 2 mos. Wed., Thurs., Fri., 8:30-5:30 in my home in Garden City South. Non-smoker, own transportation. References required. 565-4028. gcJ2

Situation Wanted

ATTENTION VACATIONERS - WOULD YOU like to go away and know that your dog or cat is well taken care of? Mature woman who loves animals will give your pet lots of TLC. Fenced in yard. 352-9113. gcml

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EXPERIENCED CARE GIVER - GARDEN CITY mom will care for your child in my home. Dependable & caring. Excellent references. 747-2978. gcD3

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HOUSECLEANING - GOOD EXPERIENCE Good references. call 877-0630. Call after 7 p.m. - Cida gcD3

TWO LADIES, EXPERIENCED cleaning home or office, or companion to elderly, or babysitting. Please call after 8 p.m.. 741-8149. wJ2

LADY SEEKING BABYSITTING & housekeeping full time. Live in or out. References. 718-835-1361. wJ2

CHILD CARE AVAILABLE. NYS certified early childhood teacher with master's degree will care for your child in my Mineola home. Enriched environment. Playmates. Certified program. Excellent extensive references. 747-5350. wD4

IRISH WOMAN AVAILABLE TO take care of your sick, bedridden or elderly. Please call 741-8619. wD4

I AM A MATURE, responsible woman looking for work as companion to the elderly or nurse's aide. I am understanding and easy to work with. Please call Gertrude at 718 467-5539 from 7 a.m.-10 p.m. gcD4

Situation Wanted

IRISH LADY AVAILABLE to work afternoons and nights as nurse's aide or companion. Excellent references. Call Bridget after 3 p.m. 488-5332. gcD4

HOUSECLEANING AVAILABLE 6 days a week. References, transportation & experience. 338-4306. gcD4

CHILD CARE, EXPERIENCED Mom will watch your child in her West Hempstead home. Full time, Part time. References available. 481-8790 gcD4

HOME ATTENDANT, CHILD care, domestic. Live in or out. 483-4343 Sue Persaud eves. gcD4

CHRISTIAN WOMAN, LOVING & Kind. Experienced. Well recommended, seeks employment as babysitter or nurse's aide, or companion to elderly person. Willing to do light housework. Live in from Monday to Friday. 718-712-8714. wJ2

LOOKING FOR HOUSECLEANING job. I have good experience and reference. 489-4634 gcJ2

HOUSECLEANING - EXPERIENCED, references available, weekdays & weekends. Call Anna 483-2455. Live in also. gcJ1

MATURE WOMAN, CERTIFIED NURSE'S AIDE, experienced, comp. elderly, sick or housekeeper. Available 4 or 5 hrs., morning. Own transportation and good references. Call 485-9215 any time. Leave message. gcD4

MATURE, RESPONSIBLE WOMAN to do housekeeping and child care. Can work six days a week from 7-6. Call 739-0916. gcD4

LOVING MOTHER WILL Babysit your child or children in my Williston Park home. Will pick up or drop off if need be. Reasonable. Call Patti at 741-2843. wJ1

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EFFICIENT, CARING NURSING assistant with references seeks position to take care of the elderly five days a week, also has own transportation. Call (516) 292-6509 weekdays and weekends. Leave message. gcD4

Situation Wanted

WE ARE YOUNG CHRISTIAN women looking for work as companion to the elderly or nurse's aides. so if you need quality care for your loved ones 5 to 7 days per week, please call Amanda at (718) 337-2501 or Eartha at (718) 723-3918 from 7 a.m. - 10 p.m. because caring for the elderly is our business. All references are available upon request. gcJ2

LIVE IN CARE needed, man in wheelchair needs minimal assistance with personal care. Includes light household duties references required. Call 799-5048. hJ1

HOUSECLEANING POSITION WANTED. Energetic, responsible woman seeks housecleaning position. Seven years experience, references, own transportation. Please call 358-5321. gcJ1

POLISH WOMAN LOOKING for job cleaning houses, housekeeping 4-8 hours per day in Garden City, Stewart Manor, Franklin Square or nearby vicinity. Experienced, references. Call 489-1828. Please call 5:30 p.m.-7:30 p.m. gcJ2

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EXPERIENCED NURSE'S AIDE with drivers license seeks position to care for elderly, live in or live out. 379-5720 or 223-0924. **gcD4**

FEMALE COLLEGE SR. available Dec. 19 - Jan. 10 to babysit, run errands, housework, office work. Call 742-0562. **gcJ1**

NEED A BRIGHT, energetic person to clean your home or office for 2 days? Available Mon. & Wed. Call Marina 486-6982, 5 p.m. to 9 p.m. Reference available upon request. **gcJ2**

EXCELLENT HOUSE CLEANER available with references. Call Odnie at 997-1064. **hj1**

EXPERIENCED NURSE'S AIDE or companion with references and own transportation. P/T evenings starting 6 p.m. 489-7451. **gcJ2**

I WILL CLEAN YOUR House. Please call Shirley at 486-2425. **gcJ2**

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GARDEN CITY PRIME Estates Ranch. 4 BR, 3 full new baths, new country kitchen, fully alarmed, sprinklers. \$450K. No brokers. Days 746-3010. Eves & Weekends 741-5477 **gcJ4**

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COMPLETELY REFURBISHED HOME on one acre, pool, four car garage, FPL, many extras. Pine Ridge Area, Naples, Florida. Priced to sell (603) 778-9106, P.O. Box 954, Exeter, N.H. 03833. **gcJ2**

Real Estate for Sale

WEXFORD, 3 ACRES land. Make me an offer. 775-6904. **gcD3**

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E. WILLISTON - BEAUTIFUL Traditional Colonial, on almost 1/2 acre of magnificent property, located in desirable Robbin Hills area, 3 to 4 BRs, 2 1/2 Baths, LR/fpl, FDR, large EIK, sunny Den, CAC, finished bsmt. Move-in condition. \$740K taxes. Owner anxious. \$499K neg. 294-8357. **wj2**

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Real Estate for Sale

GARDEN CITY BEAUTIFUL spacious home, 5 BRs, 3 baths, screened porch, finished rec room, 80x100. Walk RR. Asking \$316K. By appointment. Principals only. 775-5974 **gcD4**

SO. JAMESPORT 3 BR Ranch. 17x17 fin. den plus 15x15 fin. rm. in bsmt., LR/wood burning stove. In-ground pool, walk to beach, marina close by. In-ground irrigation, landscaped 1/2 acre. \$180,000. 722-4784 **gcD3**

GARDEN CITY VICINITY / Cathedral Gardens - Stunning Tudor totally renovated, 4 BRs, 2 new Baths, new light oak EIK, FDR, huge Fam. Rm., LR/Fpl., all new Andersen windows, hardwood fls., gas HW heat, manicured property, 2 car garage. Owner relocated \$185,000. 481-3502. **gcD3**

GARDEN CITY JUST IN - Fantastic Estates Contemp. 3 BR's, 2 1/2 baths, marble FPL, large LR & DR, modern EIK, family room, over 1/4 acre. \$300's. Gracious Estates Colonial - 5 BR's, 3 1/2 baths, family room, 3 FPL's, 1/4 acre \$400's. Mint Cul-de-sac Ranch - 3 BR's, 2 1/2 baths, family room, 2 FPL's, CAC, 2 car, 1/3 acre. \$600's. Central Section Young Colonial. Shades of yesteryear - beamed ceilings, 4 BR's, 3 1/2 baths, modern EIK with breakfast room, CAC, 2 car, 2/3 acre. \$800's. Vera Atamian 354-1994. **gcD3**

Co-Op For Sale

GARDEN CITY, HAMILTON House, 101 Second Street, Unique 1 BR, Co-Op. New Kitchen, lots of extras. A steal at \$70,000. Seller Financing Available. (Days) (718) 641-4945, (eves.) (516) 741-8894. **gcD3**

1 BR CHERRY VALLEY Co-op, totally renovated, storage space, CAC, full amenities, must see. Will take any reasonable offer. Mid 80's. Owner anxious. 248-5347. **gcJ1**

GARDEN CITY - CHERRY VALLEY. 1 BR, 3 blocks from LIRR. 2nd floor, new kit., new bath \$85,000. Maint. 80% tax deductible. Owner. 746-0355. Open House Sundays 1-4 p.m. **hj1**

NOTICE

HAVE YOU A HIDDEN TALENT that has yet to be discovered in print?

We are looking for articles, not exceeding 3,000 words or less than 1,500 words, on local topics, opinions, ideas, nice places to visit on Long Island, and even fiction. In our magazine section, we will try to "Discover" one new feature length article and writer per week. Each writer will be reimbursed a stipend of \$25.00.

If you want to be published and be part of an issue of Discovery, you may submit your article to: Litmor Publications, 81 East Barclay Street, Hicksville, N.Y. 11801.

Co-Op For Sale

GARDEN CITY CHERRY Valley. Mint, second floor, 2 BRs, new kitchen, bath, carpet. Private corner, large garden. Will trade for your Garden City home. \$115,000. 742-8659 **gcD4**

GARDEN CITY CHERRY VALLEY Co-Op - Spacious 1 BR, new EIK, prime location. Walk to RR and stores. Maint. 80% deductible. Principals only. 742-6843. \$85,000 **gcD4**

GARDEN CITY, MINT 1 BR Co-op, second floor, separate entrance, walk RR, stores & courts. Asking \$69,900. Owner 294-7496. **gcD4**

GARDEN CITY/HEMPSTEAD Must sell, transferred. Large 1 BR, EIK, Oak Floors, High Ceilings, Lots of Closets. Walk to LIRR. \$39,000. (516) 292-0483. **gcJ1**

GARDEN CITY - CHERRY VALLEY Co-Op. 1 BR, 1st floor, CAC, great condition and location. \$69,500. Call 742-7642. **hj1**

GARDEN CITY CO-OP, 2 BR, second floor, center of Village. 2 block to LIRR & all shopping. Refinished floors, new windows. \$116,000 Owner 873-9469. **gcJ2**

MINEOLA - EXTRA LARGE JUNIOR 2 BR w/Euro modern kitchen, garage, parking. Low maintenance, walk RR, \$550 custom redecorating bonus. \$91,500. 742-0229. **gcJ1**

MONTAUK. 2 RM FURNISHED Co-op. One hundred feet from beach. Electric heat/air conditioned. Walk to dining, shopping. Sleeps four. Full kit, cable TV. Must sell. Asking \$38,500. Great rental history. 724-5572 **gcD4**

MINEOLA HORTON HOUSE Co-Op: Front apartment, 1 BR, new kitchen, updated bath, loads of closet space, air conditioning. Parking available on and off premises. Principals only. \$89,500. 741-5210. **gcD4**

GARDEN CITY 2 BR, second floor. Best location facing 15th Street. A/C, washer/dryer, wall to wall, attic, garage \$106,000. 294-0269. **gcD4**

MANHATTAN APT. 34th & Park Ave. Elegant Park Ave. Contemp. Luxury building, 24 hour elevator and concierge, washer/dryer in building, custom Queen Murphy bed wall unit. Maintenance \$377. Asking \$99,000. Owner (516) 728-0007. **gcJ2**

MINEOLA. LARGE 1 BR. 28'x12' LR, walk through kitchen, dining area, alcove, wall to wall, 2 A/Cs, parking, low maintenance. Walk LIRR. Owner anxious. \$85,000. 248-4431. **gcD4**

DO YOU HAVE A SERVICE to advertise? Our Service Directory is sure to bring results. Call 931-0012, 794-8900 or 746-0240 for rates and information.

Real Estate For Rent

GARDEN CITY FURNISHED room, separate entrance, private bath, non-smoker. Mature business person, male preferred. References & security. 741-0535. **gcD4**

HEWLETT. 1449 BROADWAY, Jr. 4 room apt. \$875. No fee. 538-0757. **gcD4**

FLORAL PARK 1 BR apt. \$690 per month. 2 BR \$850 per month. No fee. 538-0757. **gcD4**

W. HEMPSTEAD - 2 LARGE Rooms, full bath, utility kitchen, private entrance, upstairs, all wood floors, freshly painted, furnished or unfurnished, utilities included. Wildwood section. Near all. \$600. 486-2427 or 486-1848. **gcJ1**

MINEOLA/WESTBURY/HEMPSTEAD. Beautiful Apts. available now. 2 Studios - \$550 & \$600 a month. 1 BR. - \$575 a month. Large 2 BR. - \$795 a month. Luxurious 1 BR Co-op - \$850 a month. 2 BR. in beautiful area. - \$850 a month. Luxury 2 BR. Co-op - \$950 a month. Royal Int'l. 742-3355. **wD3**

GARDEN CITY / HEMPSTEAD, CATHEDRAL Gardens. Large renovated 2 BR, bright, airy, best in complex. Dishwasher, wall to wall. \$875. By owner. No fee. 565-3159. **gcD4**

FLORAL PARK, 1 BR apt., second floor, outside terrace, garage, newly decorated, near RR, \$790 monthly. Available Dec. 1. No fee. 437-7245. **gcJ1**

2 BR APARTMENT near everything. Free hot water and heat included. 2nd floor Garden City South, \$850/mo. by owner 489-4704. **hj1**

MINEOLA - ONE LARGE ROOM, share bath. Private entrance. Available December 19. 248-0596, leave message. **wj2**

GARDEN CITY FURNISHED room for rent. Private entrance, non-smoker, share bath, kit privileges. Near RR. 742-7706. **gcD3**

NEW HYDE PARK - LARGE FURNISHED Room for Rent - 2nd floor, one block north of Hillside, bus and stores. Quiet house. Large cedarlined closet, wall to wall, hot pot, microwave, refrigerator, share bath. Mature working person. No overnighters. \$300 per month, 1/2 security or \$75.00 a wk, 2 weeks security.

GRANDPARENTS - Send in your grandchildren's photos and enter our "World's Most Beautiful Grandchildren" contest. Just send a photo and a brief description of the child (or children) along with your name and address to: Litmor Publications, Beautiful Grandchildren Contest, 81 East Barclay St., Hicksville, N.Y. 11801. We'll do the rest!

Real Estate For Rent

GARDEN CITY/HEMPSTEAD BORDER Bright, immaculate Co-Op apt. for rent/w/option. 2 BR, large EIK, LR, dinette & full bath. Cathedral Gardens complex \$925 plus LILCO. No fee. Owner 292-7353. g0J1

BETHPAGE - SPACIOUS STUDIO w/fpl - perfect for single person. Ground level, private entrance, parking, EIK, modern appliances, large bathroom, use of yard, near RR and shopping. \$600 includes all. Sorry, no pets, non-smoker. 433-7291. hJ1

LOVELY FURNISHED ROOM in private house, second floor. Suitable for quiet, clean professional, non-smoking male. Share bath. Convenient to all. \$400 monthly. Security & references required. 489-5941. g0J1

BELEROSE 1 BR APT. kitchen, LR, private entrance, near RR, bus & stores, second floor, newly decorated. Non-smoker preferred. \$600 per month. (718) 347-4000, (516) 2929-0302. g0J1

GARDEN CITY PARK, 1 BR apartment, second floor. Walk RR. LR, kitchen, includes all. \$700 a month. No pets. No fee. 294-9776. g0J1

GARDEN CITY SOUTH Bsm. studio, separate entrance, private bath, non-smoker, mature business person, male preferred. References & security \$575 neg. 486-4263. g0D4

MINEOLA. OFFICE SPACE FOR RENT. Upper floor, 321 Willis Ave. Six rooms, (760 sq. ft.) set up for either school, insurance, law etc. Four rooms (625 sq. ft.) set up for dental office. Parking. Owner 746-8023. wD4

WILLISTON PARK FIRST FLOOR OF LEGAL two family house. Separate entrance. LR, FDR, EIK, sun porch, 2 BRS., Bsm. yard and garage. Available immediately. \$1,100 includes heat & hot water. 741-5059. wD4

HEMPSTEAD, GARAGE FOR RENT, suitable for auto storage. \$60 a month. 481-4874. g0J2

STEWART MANOR APT. 2 BR, 1 Bath, DR. Near shopping and school. Available December 1. \$925/mo., two months security. 326-8584. hD2

G.C. COTTAGE AVAILABLE for winter rental. Time flexible. Call for details. 741-3694 g0J2

GRANDPARENTS - Send in your grandchildren's photos and enter our "World's Most Beautiful Grandchildren" contest. Just send a photo and a brief description of the child (or children) along with your name and address to: Litmor Publications, Beautiful Grandchildren Contest, 81 East Barclay St., Hicksville, N.Y. 11801. We'll do the rest!

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MONTAUK WINTER GETAWAY special. 4 nights \$225 a couple. 2 rm suite, heat, full kit. Sleeps 4. Walks, dining, shopping. Hundred feet to beach. Also for sale. \$38,600. Immaculate. Call 724-5572. g0D4

SANIBEL ISLAND, FLORIDA. Tropical paradise Sundial Beach and Tennis Resort. Soft Courts, golf, 5 pools, all sports, 2000' beach, restaurants, shopping. Complete Gulf-front resort. 1, 2 & 3 BR Condos, full kitchens. Rent daily or more. Reasonable (516) 746-2211. g0J1

MYRTLE BEACH, S.C. Winter rental. Ramada Hotel Condo overlooking ocean. 3 Rms. Fully equipped, 2 double beds. Indoor pool, covered parking. \$495 month pays all. 935-4614. hJ1

STRATTON MOUNTAIN, VT. trailside Condo. Spectacular views. Walk to lift. All amenities. Convenient to all facilities incl. pool, sports club, village, shoppes. Available for rental. (516) 742-2818, (718) 258-3434. g0M4

VERMONT SKI RENTAL Enjoy the beauty and serenity of Vermont this winter. Fully equipped home convenient to Bromley, Stratton and Okemo. Discover the picturesque villages of Southern Vermont. Terrific shopping and first class restaurants, all at affordable prices. Call owner for details. 248-1254. hD4

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SKI WINDHAM SLOPESIDE Condo, sleeps 8. Immaculate, sauna, 2 baths, views. Available weekends, weekdays, holidays. 536-2668. g0D3

MT. SNOW/HAYSTACK. large fully equipped 4 BRs, plus loft, 2 1/2 baths with color TV, VCR, microwave, heated garage. Beautiful views, lots of privacy. Available by the week or weekend. Call 466-6120. g0J1

MARCO VILLAGE FLORIDA - French Village Condo - 2 BR, 2 Bths, pool, Tennis, steps to golf, all amenities. Great rates. avail. Dec., Jan., April, May. Owner (718) 352-5798. hD3

PALM BEACH GARDENS 2 BRS, 2 baths, golf villa. P.G.A. Nat'l. with sports membership \$3,500/mo. 2 BR, 2 baths Townhouse w/garage \$3,000/mo. Jupiter/Sea colony. Walk to ocean. \$2,800/mo. Call Ann Cotales at Prudential Florida Realty 1-800-247-4791. g0J1

DO YOU HAVE A SERVICE to advertise? Our Service Directory is sure to bring results. Call 931-0012.

Real Estate Wanted

PROFESSIONAL COUPLE WANTS to rent apartment in Village of Garden City or small house in town. (212) 831-3667. Needed by 1/30/93. g0D4

MATURE PRIVATE NON-SMOKER needs a furnished room, light residence kitchen use, parking, no house pets please. Call Andrew at 689-5111, Mon.-Fri., between 8 a.m.-4:30 p.m. or Call 742-2728 evenings & weekends. g0D4

PROFESSIONAL COUPLE looking to rent a large apartment or small house in Garden City/Mineola area. No fees. Please call or leave a message at 747-5449. g0J1

PROFESSIONAL COUPLE WITH child, looking to rent home or 3 BR Apt. in Williston Park or East Williston area. 747-8914. January 1st occupancy preferred. wJ2

YOUNG COUPLE WITH CHILD wish to buy a home in Garden City. Prefer quiet street. No home to sell, can close quickly. Able to spend \$200's. Please call (718) 225-9210. g0J1

For Sale

LEATHER 3 PIECE SECTIONAL like new, light brown. Leather, 2 easy chairs, new, light tan. DR set, 6 chairs and china closet. Piano Kimbal upright wood. For appointment call (516) 482-8693 leave message. g0D4

ENGLISH COUNTRY SOFA and love seat, large floral print. Matching valances. Asking \$500. 248-2009. wJ2

GOLD CLUBS - RIGHT Hand seven irons, Ram Golden Lady Accubar. Three metal woods, GoldenRam w/bag. \$125 firm. 433-6057. hJ1

MOVING MUST SELL Contemporary dining room set. Table with 2 leaves and pads. China closet, asking \$1,800. 488-7069 A.M. 352-0423 P.M.

LOVELY PASTEL COLORED chaise 75" long by 38" wide. Vary good condition cream, mauve & mint damask fabric. \$350. 741-8704. g0J2

NINTENDO ENTERTAINMENT SYSTEM with 2 controllers, gun for Freedom Force game & 25 additional games. \$150 or best offer. 248-8422. g0J2

S M I T H C O R O N A ELECTRIC TYPEWRITER \$50. Maple rocker \$40. Pair of pine ladder back arm chairs, \$40 each. 42" maple pedestal table \$70. New guitar \$50. 741-6840. g0J2

GREAT DRUMS. TAMA 1213 piece chrome "Imperial Star" Zildjian & Paiste cymbals; hi hats, cowbell, quick-action pedal, heavy duty hardware. stands. Call Ed 248-9186, 747-4035. Asking \$1,250. g0J2

For Sale

FENDER TWIN REVERB AMP \$350 SOLID, PRACTICE AMPS & some effects, good good price. Call 741-1824. g0J2

VICTORIAN DOLL HOUSE. 6 rooms lovingly made, ready for furniture. Asking \$375. 485-3061. g0J2

ARMOIRE: MAGNIFICENT ANTIQUE, walnut, bonnet top, 56" wide, 26" deep, 7 ft. high, double carved doors, movable shelves, 2 drawers. Showpiece for home or business. Sacrifice \$1,200. Also antiques and victorian linens. 483-6119. wD2

48" ROUND OAK Pedestal Table with pads, 24" leaf. Chairs optional. Excellent Condition. \$500 neg. 739-0216. wD4

THOMASVILLE OAK TEMPORARY bedroom set: Triple dresser, armoire, two night tables, Queen size headboard. \$600. 248-2379. wD4

WALNUT DR SET: Hutch, four chairs, table & leaf. Reasonable. 747-1507. wD4

TOSHIBA - 21" COLOR TV with remote. Model CP-2034J. Brand new, won as a prize. \$200. Call 248-5866 after 6 p.m. wJ1

MUST SELL! MOVING! Honey pine dining room set, 54" round table with three leaves. 4 mates and 2 Captains. Large hutch with glass doors. Excellent condition. \$600. 747-7482. wJ1

FINE AFGANISTAN PERSIAN lamb coat, mink collar and cuffs, fashioned by Schiaparelli/Paris, size 8-10, like new \$350. Mink cape/stole, 2 two skin sables, excellent condition. Reasonable priced. 354-8069. g0D4

BEAUTIFUL 6 FOOT Mountain King Christmas tree used once, 1/2 price \$75. Antique potty chair \$50. (516) 488-4536. g0D4

COMPUTER - APPLE IIe - Complete set up includes monitor, printer, mouse, joy stick, 64 K main memory plus expanded 256 RAM dual disk drives, 80 column card, software. Ideal for school, home. \$400. 747-1838. g0D4

MOVING - DR. SOLID WOOD table w/2 leaves & pads, 6 chairs, 2 piece lighted breakfast. Solid wood BR set, man's bureau, ladies dressers, 2 night tables, 2 large Danish walnut end tables, matching coffee table, 2 large Donald Hansen lamps and more. Best offers. 294-8499. g0D4

5 FOOT WALNUT Double pedestal desk. \$150. 741-7667. g0D4

POOL TABLE, 3 piece, slate, balls, sticks, accessories & chandelier. \$750. 746-1609 g0D4

DINETTE SET, light oak with ivory formica top. 4 cushioned wood chairs that swivel. Table with leaf, seats 6. asking \$425. 741-9262. hD3

For Sale

CONN THEATRE STYLE electronic organ, 2 manuals, 25 pedals, bench included. Mint condition, great buy. \$1200 neg. 352-8885. g0J1

Car For Sale

1984 BUICK CENTURY - 4 door. One owner. 70,000 miles, white exterior, red interior, all power: \$2800. Call 485-0481. g0D3

TOYOTA CAMRAY DX '90 4 door, automatic transmission, power steering, windows & drive. AM/FM, cassette, 29,000 miles. excellent condition. \$10,250. 741-1293. g0D3

'84 CAMARO Z-28 Black Beauty: T-Tops, well maintained, runs great. Just tuned and winterized. \$4,250. 746-6994. wD3

'89 PLYMOUTH SUNDANCE - 72,000 miles, 2 door, fully loaded. \$3,800. 747-2470. g0D4

'84 MAZDA RX 7 GS - Automatic, low miles, mint. \$4,000 Neg. 248-7710. g0D3

1984 LINCOLN CONTINENTAL - Turbo, Diesel, Mint Best Offer. 741-0114. wJ1

1987 CHEVY CAMARO - Automatic, 61,000 miles, AM/FM stereo cassette, sunroof. Excellent in and out. \$3,875. (516) 486-4095 after 6 p.m., all day Sat & Sunday. g0J1

1986 900 SAAB SPG. Mint condition, all leather, all power. One owner \$6,300. 742-2540. g0J2

1991 TAURUS GL, CRYSTAL Blue mint sedan, 11K miles, take lease, fully loaded, \$12,300. One owner. 741-3156. Leave message. g0J2

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PRAYER TO THE BLESSED
VIRGIN (Never known to fail).
Oh, most beautiful flower of Mt.
Carmel, fruitful vine splendor
of Heaven, Blessed Mother of
the Son of God. Immaculate
Virgin, assist me in my neces-
sity. Oh, Star of the Sea, help
me and show me, herein you are
my mother. Oh, Holy Mary,
Mother of God, Queen of
Heaven and Earth! I humbly
beseech you from the bottom of
my heart to succor me in this
necessity. There are none that
can withstand your power. Oh,
show me herein you are my
mother. Oh, Mary conceived
without sin, pray for us who
have recourse to thee (3X). Holy
Mother, I place this cause in
your hands (3X). Holy Spirit,
you who solve all problems,
light all roads so that I can at-
tain my goal. You who gave me
the divine gift to forgive and for-
get all evil against me and that
in all instances in my life you
are with me, I want in this short
prayer to thank you for all
things as you confirm once
again that I never want to be
separated from you in eternal
glory. Thank you for your mercy
toward me and mine. The per-
son must say this prayer 3 con-
secutive days. After 3 days, the
request will be granted. This
prayer must be published after
the favor is granted. C.F.
hd3

NOVENA TO ST. JUDE
Oh Holy St. Jude, Apostle and
Martyr, great in virtue and rich in
miracles, near kinsman of Jesus
Christ, faithful and intercessor of
all who invoke your special
patronage in time of need, to you
I have recourse from the depths of
my heart and humbly beg to who
God has given such great power
to come to my assistance. Help
me in my present and urgent
petition. In return I promise to
make your name known and cause
you to be invoked St. Jude, pray
for us all who invoke your aid.
Amen. Say 3 Our Fathers, 3 Hail
Mary's, 3 Glorias. Say for 9
consecutive days. Publication
must be promised. This novena
has never been known to fail.
Thank you again for answering
my prayer. M.V.B. wd3



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DINING GUIDE

In the Discovery Section
of this newspaper

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tions, Beautiful Grandchildren
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the rest!



Wrapping up Christmas

By Carol Cutler

I know a woman who bought a particular house because it had a special gift-wrapping room. The former owners must have been prodigious gift givers.

The room was custom-designed with a large table in the center for wrapping. Nearby was another table to hold the finished bejeweled packages.

Just an arm's length away from the wrapping table was a whole wall of different-size compartments. Some were long for rolls of paper, other cubicles were perfect for spools of ribbon or folded paper.

Then there were odd-shape sections to accommodate fanciful oddments that devoted wrappers collect. There was even one super-size section with a large roll of heavy brown paper to finish packages for mailing.

Few of us are so lucky. But a special room does not necessarily guarantee special packages. It's ideas that count. Individuality and surprising touches can turn the simplest little gift into an offering with regal airs.

Yes, you should buy a good supply of glittery holiday paper. It's always a good fallback. But look elsewhere as well. Pull open that drawer with fabric samples you collected when trying to decide what curtains or draperies to put on the windows, or the odd pieces left over from that summer dress you made.

Regard these odd pieces differently now. Consider how easily they can be adapted to boxes or pouches or cylinders. In fact, if the fabric is heavy enough it can become the container. Just place the object (or a collection of small items) in the center, pull up the ends and tie with a perky ribbon.

Bottles or jars also take on pretty airs when covered with cloth. For that jar of homemade jam, place a square of fabric over the lid and tie around the base of the lid or, for a tall bottle, around the neck.

Because fabric wrappings are not perceived as instantly disposable, they carry extra panache. Indeed, they can be recycled again and again without any telltale wrinkles or little tears.

Another unusual source is wall-paper samples. Because of its weight and look of permanence, it conveys more luxury. And don't overlook the leftover pieces of colorful paper used for lining drawers.

Papers with a sticky backing won't do for wrapping, but they certainly can be used to cover the top of a commercial tin box.

Another way to disguise or dress up tin boxes is to cut out striking designs from last year's Christmas cards. If you didn't save any, don't forget to keep some of the more outstanding 1992 examples to use next year. A small piece of double-stick tape is all that you need fix it in place.

Dig into drawers and pull out old artificial flowers and beads and use them for extra dazzle.

Even feathers are not out of place

on Christmas packages. Remember this is a very tinsel-y season.

Peppermint sticks are not only cheery and seasonal, but they deliver the bonus of nibbling enjoyment. Tiny Christmas tree balls and other tree trinkets add an extra sheen when strung onto the ribbon. And since bells are perfect anywhere this time of the year, they belong on gift packages, too, where they are unexpected.

If you are lucky enough to have a few pretty carved wooden boxes, consider giving them up and use them to hold a special gift. You will be giving double pleasure.

As much pleasure as one derives from creating these baubles, a break now and then is advisable. That's when a cup of coffee or tea is much appreciated. This time of year you'll also need an extra punch of energy. This is one delicious way to get it.

These Jiffy Fruit Muffins are very easy to prepare and can be varied every time you make them.

JIFFY FRUIT MUFFINS

- ¾ cup fruit pieces (fresh, canned or frozen)
- ¼ cup vegetable shortening or softened butter
- ½ cup sugar
- 2 tablespoons honey
- 1 cup all-purpose flour
- 1 teaspoon baking soda
- ¼ teaspoon salt
- ¼ cup wheat germ
- 1 egg
- ½ cup light cream
- ¼ teaspoon vanilla

Yields 12 2-inch muffins. Preheat oven to 375 F. If using canned fruit, drain it very well. Frozen fruit should be partially defrosted.

Grease muffin tin or place paper-lined foil cups on baking sheet. Cream shortening or butter with sugar and honey. Sift flour, baking soda and salt into the bowl. Add wheat germ and stir.

Beat together in small bowl egg, cream and vanilla and pour over creamed ingredients. Mix to blend all ingredients, then carefully fold in fruit.

Fill muffin cups two-thirds full and bake for about 15 minutes or until they are puffed and golden brown.



Home entertaining

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By Margaret Wing-Peterson

Survive the holidays: Go low-fat at your party

Nibbles and "nog" are on the agenda for many a pre-New Year gathering. By going low-fat, you can help your guests avoid adding to the onslaught of calories so typical of the holidays.

What about alcohol? The data seem to show moderate portions of alcoholic beverages might enhance blood levels of protective HDL-cholesterol. "Moderate" means one or two drinks a day, and some preliminary findings suggest red wine could be especially helpful.

COOKED EGGNOG

- 1 quart reduced-fat milk (may be non-fat or 1 percent fat or blend of both)
 - 4 eggs, lightly beaten
 - ¼ cup powdered sugar
 - 1 teaspoon vanilla extract
 - ½ teaspoon rum extract (optional)
 - Ground nutmeg (garnish)
- Yields 10 servings, each about ½ cup.

In heavy saucepan, combine milk, eggs and sugar; mix well with wire whisk. Slowly bring to a simmer over low heat; simmer 5 minutes, stirring frequently with whisk. Remove from heat; add vanilla and rum extract. Mix well. Refrigerate until cold. Garnish with nutmeg as desired.

SPICY WASSAIL

- 2 quarts low-calorie cranberry juice
 - 2 cups water
 - 1 can (6 ounces) frozen pineapple or orange juice concentrate, defrosted
 - 1 cinnamon stick
 - 3 whole cloves
- Yields 20 servings, each about ½ cup.

Combine juice, water, juice concentrate, cinnamon and cloves in large pot. Simmer 10 minutes.

From Grossmont Hospital Healthy Gourmet Cooking School, La Mesa, Calif.

STUFFED MUSHROOMS

- 18 large mushrooms, cleaned
- 1 tablespoon olive oil
- ¼ cup minced onion

- 1 clove garlic, minced
- ¼ cup finely chopped walnuts
- 1 large shredded wheat biscuit (or about ½ cup bite-size biscuits), crushed
- 1 tablespoon grated Parmesan cheese
- ½ teaspoon salt-free mixed herb seasoning
- Freshly ground black pepper to taste
- Paprika for garnish
- Yields 6 servings.

Remove stems from mushrooms; set aside caps and finely chop stems. Heat oil in non-stick skillet over medium-high heat. Sauté mushroom stems, onions, garlic and walnuts until onion is tender, 4 to 5 minutes.

Remove from heat. Stir in shredded wheat, cheese, herb seasoning and pepper. Spoon mixture onto mushroom caps, packing firmly. Arrange mushrooms in shallow baking dish. Sprinkle tops lightly with paprika. Bake 20 to 25 minutes at 350 F or until mushrooms are tender.

ROMAN GRILLED GARLIC TOAST WITH ROMA TOMATOES

- 2 cloves garlic, crushed or finely minced
- Scant 3 tablespoons olive oil
- 1 loaf (1 pound) sourdough or plain French bread, sliced in half lengthwise
- 3 ripe Roma (or other) tomatoes, sliced

1 sprig fresh rosemary or 1 teaspoon dried rosemary
Yields 16 servings.

Mix garlic and oil; brush onto bread. Top with tomato slices. Crush rosemary and sprinkle over tomatoes. Broil until toasted golden brown. Cut each half-loaf into 8 slices.

Adapted from "The Fast-Food Diet" by Mary Donkersloot (Simon & Schuster).



KITCHEN HINTS

Using oat flour.

Oat flour makes terrific pancakes, and it's easy to make.

1. Whirl quick-cooking oats in a blender.
2. Use 1 1/3 cups oatmeal flour for each cup of whole-wheat flour.
3. Substitute 3/4 cup oatmeal flour for each cup of white flour.



Kids Home Newspaper



Games, rhymes, and riddles for children and their parents, too!

By J.R. Rose -

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DRAW A GIFT FOR PUP TO GIVE TO YOU!

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HOW MANY GIFTS CAN YOU FIND ?



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STUDY ALL OF THE OBJECTS IN THIS PICTURE VERY CAREFULLY. THEN COVER IT WITH A SHEET OF PAPER AND SEE HOW MANY YOU CAN REMEMBER !



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SCRUB! SCRUB!



PUP THANKS STACY FROCK OF CROWN POINT, IN.

ANTIQU OR JUNQUE



By James G. McCollam

Lamp stand is a valuable heirloom

Q. Enclosed is a picture of a walnut stand that I recently inherited from my grandmother, who lived in southern Georgia and collected most of her antiques in that area. I know nothing about antiques and would be most grateful for any information on this stand style and value.



A. This would be classified as a Victorian lamp stand, made in the late 1800s. It would probably sell for about \$365 to \$385 in good condition.

Q. The enclosed mark is on the bottom of a porcelain figurine of a ballet dancer. She is 8 inches tall and is wearing a typical ballet costume with a net skirt also made of porcelain. Please tell me when this was made and its value.



A. This figurine was made in Germany by the Sandzsell porcelain factory in the mid-20th century. It would probably sell for about \$75 to \$85 in good condition.

Q. I have a 68-piece service for eight Homer Laughlin china marked "Eggshell Georgian." Could you please tell me when this was made and if it has any value?

A. Your Homer Laughlin china was made in East Liverpool, Ohio, in the mid-20th century. Eggshell Georgian is the pattern. The set might sell for \$265 to \$285.

Q. Is my Hummel a fake? My Madonna is 11 1/4 inches tall. The mark on the bottom is the 1960 Vee-Bee mark with "West Germany." Also impressed on the bottom is "H.M. - 58/L." There are two small angels kneeling at her feet. The Madonna has no halo and her head is turned to the left.

A. Not exactly a fake, this was made by the Goebel Co. that makes Hummels. However, H.M. are the initials of another artist that worked for Goebel - it is not a Hummel. Its value would be about \$75 to \$85.

Q. I have a straight razor marked "Manufactured by Wade & Butcher, Sheffield." It is in its original case. Does it have any value as an antique?

A. Your razor was made in Sheffield, England, in the late 1800s. Since every man in America had at least one straight razor in the 19th century, they are not very scarce today. One such as you describe would probably sell between \$15 and \$25.

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Points on Pets

By R.G. Elmore, D.V.M.

Q. Is bloating in dogs serious?
Our large male dog has a voracious appetite and I fear that some day he will overeat and bloat. However, large meals do not seem to bother him and he gets a lot of exercise.

A. Bloat, the common name for gastric dilatation, is simply the swelling in the abdomen when there is an excessive accumulation of food or gas in the stomach. Sometimes, but not always, gastric dilatation is accompanied by or caused by gastric torsion. Gastric torsion is simply the rotation or turning of the stomach on itself.

Gas and fluids accumulate in the stomachs of dogs with gastric dilatation. The stomach cannot empty into the small intestines as it normally does. Therefore, pressure inside the stomach increases very rapidly and causes the dog to be very uncomfortable. Dogs with rapidly developing gastric dilatation usually show signs of intense abdominal pain, excessive salivation, retching and difficulty breathing.

Gastric dilatation occurs most

frequently in male dogs of large breeds. There is no age predilection. Causes for gastric dilatation include injury, stomach cancer, vomiting, giving birth to puppies, pica or eating of unnatural foods such as dirt or grass, overeating and abdominal surgery.

Some authorities believe that diets high in cereal content may be more likely to precipitate gastric dilatation. The condition may also be related to excessive exercise immediately following large meals.

Rapidly developing gastric dilatation is an emergency situation. Most veterinarians usually try to relieve the bloat by passing a stomach tube. If the stomach is torsed, that is turned over on itself, passage of the tube is usually not possible.

Severe cases of gastric torsion usually require surgery to relieve the pressure and to replace the stomach in its proper position.

Gastric dilatation often recurs in dogs. Any dog thought to have bloat should be taken to a veterinarian.

JUNIOR EDITION



Aunt Tilly's Corner

One of the fun things to do at holiday time is to make things from old holiday cards. With a hole puncher, a pair of scissors and a little glitter and glue you can turn their festive colors into gift tags or ornaments. With a little imagination they can become recycled cards! You can cut them into different shapes, punch a hole in the top and slip in a bright colored ribbon tied into a bow. Just use your imagination.

Your friend,
Aunt Tilly

RULES

BOYS AND GIRLS

Here is your chance to win One Dollar. (\$1.00) - to spend or to save.

- Here's all you have to do:
1. Contest is open to children 4 to 12 years of age.
 2. Entries must be received by Friday, December 25, 1992
 3. Paint, watercolors & crayons must be used on the above.
 4. Decision of the judges will be final.

Mail your entry (just clip our cartoon) to this newspaper at:
105 Hillside Avenue
Williston Park, N.Y. 11596

YOUR SOCIAL SECURITY

Receiving military benefits and Social Security

By William M. Acosta

Q. I receive military retirement pay from the Navy. I also am eligible for retirement benefits from Social Security. Will I be offset because I receive military retirement pay? — J.K.

A. You can get both Social Security benefits and military retirement. Generally, there is no offset of Social Security benefits because of your military retirement. You'll get your full Social Security benefit based on your earnings.

However, your Social Security benefit may be reduced if you also receive a government pension based on a job in which you didn't pay Social Security taxes.

Q. I am 75 years old and recently broke my hip. I am receiving skilled home health care. Will this be covered under Medicare? — S.H.

A. Yes. If you need skilled health care in your home for the treatment of an illness or injury, Medicare pays for covered home health services furnished by a participating home health agency.

To qualify, you must be home-bound, need part-time or intermittent skilled nursing care, physical therapy or speech therapy. You also must be under the care of a physician who determines you

need home health care and sets up a home health-care plan for you.

Q. Both my husband and I work and pay Social Security taxes. On which record will my benefits be based? — L.R.

A. You will receive benefits based on your work record if you work long enough under Social Security — usually 10 years — to be entitled to benefits. If your husband's benefit is more than your own Social Security, you will receive an additional amount on your husband's record.

Q. Do I need a lawyer to appeal a decision made by Social Security? — B.G.

A. No, but if you do hire one to represent you, you should be aware that Social Security decides in advance how much money the lawyer can charge you.

YOUR SOCIAL SECURITY

The World's Most Beautiful Grandchildren



Joseph Victor



Edward Patrick



Jillian Stephano

Our Beautiful Grandchildren (Triplets) 11 years of age. Joseph Victor, Edward Patrick and Jillian Stephano. Their parents are Mr. & Mrs. J. Ra, they reside in Franklin Square, NY. The proud grandparents are Mr. & Mrs. E. Parri, Franklin Square, Mr. & Mrs. Joseph P. Ra of Garden City.