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Mid-Island - mes & Levittown Times

35¢

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Friday, December 11, 1992

Thanksgiving Dinner



Central General Hospital and the Plainview-Old Bethpage Lions Club teamed up to make this Thanksgiving a memorable one for more than thirty local families. The Hospital donated turkeys with all the trimmings to area families in need and the Lions Club helped distribute the dinners. Pictured from left to right are: Vic Raymond, Chairman of the Holiday Program for the Lions Club and Robert J. Bornstein, Administrator of Central General Hospital. Bornstein said the Hospital will work with the Bethpage Rotary Club over the Christmas holiday to provide turkey dinners for needy families.

14 Covenants For R.E. Office

The Oyster Bay Town Board has granted a request for a change of zone from "D" residential to "R-O" residence office district in Hicksville.

The applicants, Joseph Donovan and Matthew Donovan, were seeking the change of zone in order to operate a real estate office on property located at the southeast corner of Newbridge Road and Second Avenue. Pursuant to a public hearing held on April 23, 1991, the Town Board has granted the application subject to 14 restrictive covenants.

The Town Board stipulated that the occupancy will be limited to no more than two secretarial staff and two professionally licensed individuals at one time. The hours of operation will be restricted to between 9 a.m. and 6:30 p.m. weekdays, 9 a.m. to 6 p.m. Saturdays, and noon to 6 p.m. Sundays, except for emergencies.

With regard to maintenance of the property, the applicants covenanted to maintain the parking area, fencing and landscaping areas in a neat and clean condition and to store all debris and garbage in covered containers. All outdoor lights will be positioned so as not to spill over onto adjacent properties, and they will be extinguished by 10 p.m. No more than one sign displaying the type of professional practice

will be installed, and no variance for the sign will be sought.

Other covenants agreed to by the applicants include no expansion of the building inside or out and no alteration in the size of the one-bedroom apartment.

Additionally, the Town Board stipulated that no building permit or certificate of occupancy will be issued until a site plan has been approved by the Board. The plan must be to scale and show all access and egress; the location, layout and striping of parking areas; the size, type and location of landscaping, planters, fences, lights and signs; and any other information deemed pertinent by the Department of Planning and Development.

Students Visit Hall Of Science

On Thursday, November 12 the fifth and sixth grade classes of St. Ignatius Loyola School visited the N.Y. Hall of Science in Flushing Meadow Park. This museum offered the children the opportunity to actively become involved in conducting many varied science experiments. The students learned about optical illusions, the parts of the eye, uses of lasers and much more. Everyone had a wonderful time while learning many interesting things.

Lightning Strikes Local Home

A fast moving Electrical Storm passed over the Mid Island area on Wednesday, Dec. 2 and in the process, a bolt of lightning struck a home at So. Burns Ave. Hicksville. Neighbors made numerous calls to the Fire Dept. - Time of the alarm was 3:17 p.m.

The fire was confined to the outside of the home and its vinyl siding, and damage was estimated at \$2,500.00. The fire was extinguished in 10 minutes by Hicksville Fire Fighters.

An early morning vehicle fire on Powers St. Hicksville called out Fire Fighters on Dec 3. The car was destroyed and several overhead utility wires were damaged.

During the month of November 1992 Hicksville Fire Fighters responded to: 45 - Fire Calls; 6 - Hazardous Material Spills/Leaks; 57 - Rescue Calls; For a total of 108.

Storage Permit Construction Equip.

A request for a special use permit in Hicksville will be the subject of a Tuesday, January 5, 1993, public hearing of the Oyster Bay Town Board, according to Town Councilman Thomas L. Clark.

"The applicant, South Broadway Hicksville Associates, Inc., is seeking the special use permit to maintain outdoor storage of construction equipment, including cranes and crane parts, in an 'H' industrial (light industry) district," Councilman Clark said. "The property is located at the intersection of the east side of Bloomingdale Road and the west side of Broadway in Hicksville."

The meeting will be held in the hearing room of Town Hall East, Audrey Avenue, Oyster Bay, beginning at 7 p.m. The first hour of the meeting will be devoted to general public comment on any subject. Starting at 8 p.m., the regular Town calendar, including the above mentioned hearing, will be called.

Comm. Council Topic: Illegal Apartments

By Maureen Traxler

Looking to address some of the topics which have garnered much interest by Hicksville residents over recent years, the Hicksville Community Council's December 3 meeting featured a panel discussion on illegal apartments in Hicksville. The panel consisted of representatives of the Town of Oyster Bay, the District Court which handles ordinance violations and the Town of Islip.

Calling Oyster Bay housing ordinance violations "an offense against the dignity of the people of our town," Deputy Town Attorney John Budnick stressed compliance with the law to correct the situation. There appears to be quite a number of "presumed illegal" or "illegal" apartments cropping up across Long Island and local government agencies find themselves treading water as they try to survive the onslaught of complaints.

Leslie Maccarone, representing the Town's Planning Department, estimated the number of open cases of housing ordinance violations in the Town of Oyster Bay at 2400, saying that the town receives approximately 15 to 20 complaints a week. In Hicksville, the number of open cases at present stands at 405.

Mr. Budnick explained that the Town only employs six inspectors to investigate complaints of housing ordinance violations. This workload does not leave time for inspectors to root out violations; all their time is spent investigating complaints. Working through the district court system, the Town attempts to obtain compliance with code provisions - health, safety, fire. Mr. Budnick said the town of Oyster Bay is "super-critical of conditions of filth," and "proceeds on the golden rule," i.e., that people should do unto others, etc. At present, there are only three conditions under which a "legal" apartment can exist: (a) it is a legal mother/daughter, (b) it is eligible under prior existing non-conforming uses, and (c) it is a legal two-family.

Some difficulties face the Town in this current dilemma. Mr. Budnick said that in most cases, the Town has to "get them (the violators)" on technicalities - code violations - to effectuate change in the situation. The town has difficulty in enforcing the term "family" as it is defined in the Town's ordinance. "Clearly there are overcrowding situations on some premises," states Mr. Budnick, "but there is no clear definition of the amount of living space allowable per person."

Some residents present cited "unfairness," in that some violators seem to skirt the law. "Yes, some people get away with it," said Mr. Budnick. Due to limited resources, the Town can only deal with the cases brought to it. District Court deals with approximately 100 cases a day.

One resident suggested the Town initiate "deputy code enforcers," retirees willing to monitor their communities and inform the Town of violators. The two Town Councilman attending the meeting responded. Councilman Tom Clark assailed the backlog in the courts, and quipped, maybe "senior" lawyers could be hired to alleviate the court situation. Councilman Len Symons said the suggestion had merit and should be looked into.

Fifteen-year Town Council veteran and current sitting District Court Justice Kenneth Diamond outlined the evolution of the Oyster Bay ordinance over the past twenty years. In 1970 the ordinance guiding family residence determined a family unit as "any number of persons related by birth, marriage, legal adoption and living on the premises." Later, the ordinance was modified to accommodate senior citizens, reading, "any two persons not related living and working on the premises together as a single non-profit unit both being 62 years or older."

In 1976 there was a landmark Massapequa case involving four unrelated males living (renting) in the same house. The case went to the State Supreme Court which declared the Town of Oyster Bay ordinance unconstitutional on the grounds of "discrimination" on the basis of age (1980). The Appellate Division confirmed the Supreme Court and in 1985 the case went to the highest State court - the Court of Appeals - which upheld that the ordinance was unconstitutional.

An analysis of the Town ordinance showed that the Town was attempting to protect the environment, availability of parking, and over-density of the community. There appeared to be no relationship between what was to be accomplished (the goals of the or-

Continued On Page 12

Staff Members Receive Awards



Mid-Island Hospital this week presented service awards to over 90 employees, who have been with the hospital for five years, all the way up to 35 years. Bethpage residents who were honored with five-year pins include Terry Emerick, Ruth Frisbee; Ten-year recipient is Inayet Syed; Fifteen-year awards went to Barbara Cardone, Frances Sutton; Twenty-year award to Evelyn Corzine; working at Mid-Island for 25 years is Harvey Rose; and for thirty years, Maria Valente. Shown here at the lavish luncheon that preceded the ceremony are (R-L) Evelyn Corzine of Bethpage, with Lola Greenberg, Mary Makosky, and Ernie Civitella - all 20-year award recipients.

Pumpkin Farm Trip

On Tuesday, October 20, kindergarten children from St. Ignatius Loyola School went to F. W. Schmitt Bro. Farm. The students were treated to a wagon ride into the fields.

There, they each selected the most perfect pumpkin they could find. The children viewed farm animals, and enjoyed a beautiful fall day in the sun.



Kindergarten students Kerriann DeRoss, Kelly Schmidt, Ashlee Walner, and Jonathan Castoro look for their pumpkins at the Pumpkin Farm.

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The Last Word In Restaurant Guides

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This newspaper, and the seven other weekly newspapers associated with it, publishes the last word in restaurant guides and a paid listing of many prominent selected restaurants in this area. While many of them have been rated by the great, and near great food connoisseurs, our readers will have the last word through "Reader Ratings."

Through a special 24 hour phone system, readers will be asked to call in their assessment of each restaurant they visit. Consensus ratings (good or bad) will be published as a continuing part of the guide.

In addition they can make suggestions, compliments or criticisms through the open phone line and messages will be sent through to the restaurant management.

(Guide to Good Dining)

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& Levittown Times

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Dutch Learns Many Stories

On Oct. 29, Janice Buckner performed at Dutch Lane Elementary School. Ms. Buckner has put on many different shows for Dutch and each one is very special because she has such a creative way in gaining the children's attention.

In this performance the children were taught that there are many ways to tell a story. It can be done through rhyme, song, puppetry, sign language and also by having the children themselves come up on stage and help her perform.

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Janice Buckner performing

In Service

Navy Petty Officer 3rd Class Larry M. Lipson, son of Jerry P. and Sue A. Lipson of 51 Sleepy Lane, Hicksville, recently participated aboard the destroyer Paul F. Foster, homeported in Long Beach, CA, in exercise Eager Sentry 92-4 while operating in the Persian Gulf.

The exercise stressed basic skills meant to improve readiness and interoperability between the two nations forces. Eager Sentry also helped develop professional and social ties between the two navies. The Kuwaiti sailors were able to work on basic operational excellence of the Americans.

The 1989 graduate of Hicksville High School joined the Navy in August 1989.

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**LEGAL NOTICE
PUBLIC NOTICE
OF CHANGE
OF ZONING**

RESOLVED, That the petition of JOSEPH DONOVAN and MATTHEW DONOVAN, for a Change of Zone from a "D" Residential District to an "R-O" Residential-Office District to permit the operation of a real estate office on premises located at 211 Newbridge Road, Hicksville, Town of Oyster Bay, County of Nassau, and State of New York, is hereby GRANTED. on the premises described as follows: **SCHEDULE "A"** - ALL that certain plot, piece or parcel of land, with the buildings and improvements thereon erected, situate, lying and being in Hicksville, in the Town of Oyster Bay, County of Nassau and State of New York, known and designated as and by part of Lots 146, 147 and 148 on a certain map entitled "Map of Property Belonging to CATHERINE D. CHRIST at Hicksville, Queens Co., L.I." filed in Queens County on July 19, 1897 as File No. 1136, filed Nassau County Clerk's Office as Case No. 1706, more particularly bounded and described as follows: BEGINNING at a point on the northerly side of Second Street where the same is intersected by new Easterly side of Newbridge Road; RUNNING THENCE North 27 degrees 16 minutes 10 seconds West, 13.72 feet along the new Easterly side of Newbridge Road; THENCE North 26 degrees 03 minutes East, 68.00 feet still along the new Easterly side of Newbridge Road; THENCE North 78 degrees 18 minutes East 85.09 feet; THENCE south 3 degrees 00 minutes West 30.00 feet; THENCE South 12 degrees 52 minutes 20 seconds West 74.45 feet to the Northerly side of Second Street; THENCE South 78 degrees 18 minutes West along the Northerly side of Second Street 6.90 feet; THENCE North 80 degrees 43 minutes West along the Northerly side of Second Street 83.08 feet to the corner of the point or place of BEGINNING. SAID premises are known and described as Section 45, Block 77, Lot 173 on the Land and Tax Map of the County of Nassau. The application herein granted is subject to voluntary covenants and restrictions imposed upon the subject premises by JOSEPH DONOVAN and MATTHEW DONOVAN, as set forth in a written instrument to be duly recorded in the Office of the Clerk of Nassau County within one year of this resolution; and may only become effective upon such recording.

**BY ORDER OF THE
TOWN BOARD
OF THE TOWN
OF OYSTER BAY**
Lewis J. Yevoli
SUPERVISOR
Carl L. Marcellino
TOWN CLERK

Dated: Oyster Bay, New York
December 1, 1992
MIT 2639
1x12/1

Vets To Meet In Hicksville



The regular meetings of the Vietnam Veterans of America, Nassau County Chapter #86 will now be held in the VFW Post 3211, 320 South Broadway, Hicksville. Pictured is Connie Steers, Chapter Treasurer and his wife Cherie, a chapter Associate member, at the organization's recent 10th Anniversary Party. "Our roots are here," said Steers. "When we first started ten years ago, the VFW opened its arms to our Chapter and allowed us to meet in their hall. Now we are back and our members are very excited about being here." The Nassau County veterans group meets every 3rd Tuesday starting at 8 p.m. The next meeting will be held on Tuesday, December 15. All are welcome. For further information, call the Chapter at 483-3113.

Fire District Comm. Dates

The Board of Fire Commissioners Regular Meetings are held on the second Tuesdays of each month except in the month of December when they are held on the first Tuesday. Meetings start at 7:30 p.m. in the Board Room at the E. Marie Street Firehouse.

Meetings are also held on most Sundays at 10 a.m. at which time small details are discussed.

The Reorganization Meeting will commence on Tuesday, January 5, 1993, at 7:30 p.m. in the Board Room of the Hicksville Fire District, 20 E. Marie Street, Hicksville.

The Reorganization Meeting of the Hicksville Fire District will continue on Friday, January 8, 1993, at 5 p.m., at which time the ceremonial swearing in of the newly elected commissioner and the Chief and Assistant Chiefs of the Hicksville Fire Department will take place in the aforementioned room of the Hicksville Fire District.

Christmas Tree Sale

Help support the Lee Avenue School 5th Graders' trip to Washington, D.C.

Christmas trees (\$20-\$25), wreaths (\$6), poinsettias (\$5 or \$8) and grave blankets (\$10) will go on sale Saturday, December 12, from 10 a.m. until 3 p.m. The sale, sponsored by the 5th grade teachers and parents, will be held at the Lee Avenue School parking lot.

Future Business Leaders



Michael Chang

The Hicksville FBLA chapter recently hosted and ran the Nassau County FBLA Fall District Meeting at SUNY Farmingdale. It was attended by well over 170 students coming from a variety of schools such as Jericho, Sewanhake, Elmont and H. Frank Carey. Presiding over this conference was Michael Chang, the New York State FBLA Vice President from District 1N. Michael, along with the help of his advisor Mr. Edward Sullivan, planned this conference for months before running it.

At this conference, numerous workshops were planned by Michael Chang and Mr. Sullivan for the benefit and enjoyment of the attendees. The workshops taught leadership, public speaking, fundraising, the college application process, and job interviewing skills. Hicksville students, Joaquin Escuera and Michael Chang, ran the "Dressing for Success" workshop and the "Motivating through Speaking" workshop. Mr. Sullivan presented an exciting workshop on "Winning Competitive Events in FBLA". Chapter members all moderated workshops and presented speakers.

All those who attended the Nassau County FBLA District Meeting enjoyed themselves immensely and said that they learned a lot. FBLA students plan to bring back the knowledge gained at the conference to their respective chapters and high schools to share with other students. Thanks to the hard work and dedication of the Hicksville FBLA chapter members, the conference was a huge success and a hit among all the attendees.

LEGAL NOTICE NOTICE OF SALE

Supreme Court, County of NASSAU, Index #10591/90, UNITED PENN BANK, plaintiff, vs. JEANETTE O'SHEA, et al. Defendants.

Pursuant to Judgment of Foreclosure and Sale dated October 24, 1990, I will sell at public auction on the north front steps of the Nassau County Courthouse, 262 Old Country Road, Mineola, New York, at 9:00 a.m. on December 22, 1992, premises known as 28 Linden Avenue, Bethpage, New York 11714, NASSAU County, located on the N/S of Linden Avenue, 100 feet E/O Lincoln Road, being a parcel 187.15' x 100'.

JOSHUA A. ELKIN, ESQ.
Referee
Stanley Beals, Esq.,
Attorney for Plaintiff
275 Broad Hollow Road
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Jottings From Yesteryear

By Bill Clark

Coming home along Jericho Turnpike, the Holiday decor of trees or wreaths lit on each pole from Mineola through Floral Park reminded me of our Hicksville Town years ago before the Broadway widening, when the Chamber of Commerce had the colorful lights across the road giving the colorful spirit at night.

An Old household hint - when candles drip on cloth or carpet, the drippings can be removed with brown paper bag over the spot and using a hot iron over it.

Do you remember the apartments upstairs in the Professional building when it opened in the late 1920's? The upper

floors were rented to families. Nowadays, it is a medical and dental building. Other than the Post Office pictured, was the one on Herzog Pl. and the present one on West John St.

How did Santa get around to so many places when I was young, without the helicopter, bungees, or motorcycle for speed? Guess he has more children to see nowadays. What does he give the bad ones in their stocking in place of coal? Maybe worn-out batteries or toys without the batteries. Three ways to get something done they say is - do it yourself, hire someone to do it, or forbid your kids to do it.



Post Office - Postcard 1912 - 159 Broadway - Later Rainbow Bar.



#41 Broadway: at left, 1st a post office, then Larry's Dept. C. Stoll, Lawyer. #49: next door was once A&P, then Larry's Scruples.



Post Office, N. Broadway, opposite Thorman Ave.
Photo by H. Kelly

LEGAL NOTICE NOTICE TO TAXPAYERS' Re: 1993 GENERAL TAX

The undersigned Receiver of Taxes for the Town of Oyster Bay, County of Nassau, State of New York, hereby gives notice that he has received the General Tax Roll and Warrant attached thereto, and that he will be in attendance to receive taxes at: TOWN HALL, Audrey Avenue, Oyster Bay, New York, 11771, on January 1, 1993 and each weekday thereafter from 9 AM to 4:45 PM (Saturdays, Sundays and Holidays excepted). For: State Armory; Court expenses; County (Regular); College Portion of County; Town-General Purposes; Town Highway-Repairs & Improvement of Highway; Town of Oyster Bay Building & Zoning Departments; Memorial Day Assistance; Nassau County Police; Nassau County Sewer Taxes; Special District Taxes.

PENALTIES: The following scale of penalties is hereby prescribed for neglect to pay Armory & Court Expenses, County, Town and Highway and Special District taxes after they become due and payable. If the first half is not paid on or before February 10, 1993 penalty will be added at the rate of one per cent per month from January 1, 1993 calculated to the end of the month during which payment is made. Penalty on the second half will be added after August 10, 1993 at the rate of one per cent per month from July 1, 1993 calculated to the end of the month during which payment is made.

DISCOUNTS: If the full year's tax is paid on or before February 10, 1993 discount will be allowed on the second half of tax at the rate of one per centum of the second half. No discount allowed on payments made after February 10, 1993.

Taxes are payable by Cash, Certified Checks or Post Office Money Orders. Uncertified checks will be accepted subject to collection only. No cash payments will be accepted at either Town Hall Annex (Hicksville) nor Massapequa.

When sending for tax bills, please state the School District location, Section, Block and Lot numbers in accordance with the Nassau County Tax Map. After November 30th, 1993 the 1993 tax roll will be turned over to the County Treasurer, Mineola, N.Y. and all payments after that date should be made at the Office of the County Treasurer.

Dated:
Oyster Bay, N.Y. 11771
GARY F. MUSIELLO
TIMES 2637
IX 12/11

Sharing Recipes



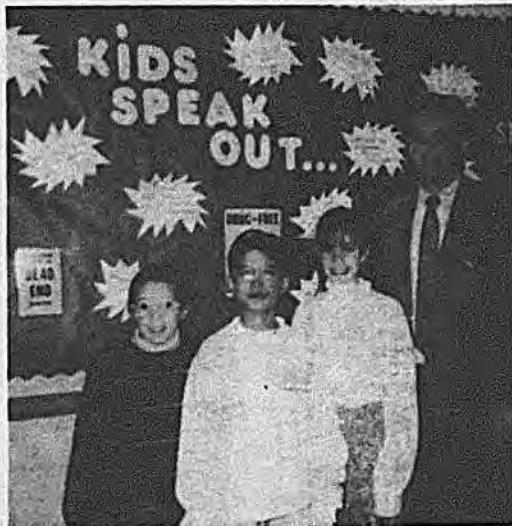
"Mmmm Good!" comment East Street students Melissa Cruz, George King, Kevin Castro and Roberto Rivera as they sample peanut butter treats. The youngsters, from Miss Mary Guanti's ESL class, recently created and shared peanut butter recipes. Recipe cards, written by the students, are on display in their classroom.

Students Adopt A Manatee



Third graders in Mrs. JoAnn Scott's class recently adopted a West Indian Manatee. The students raised the money for the manatee by doing an "environmentally helpful" job at home for which they received fifty cents. The entire class became members of the "Save the Manatee Club." Students Jeffrey Terrill, Danielle Gustitus, Alissa Hupfer and Thomas D'Amelia proudly display their adoption certificate, a photo of "Philip" and information about manatees.

Students Elect Student Council



Students held their own month-long campaign and November 2, Election to elect officers for their Student Council. Pictured with Burns Avenue Principal Mike Dunn are the new officers: April DeStefano, President, Jeffrey Antone, Vice-President, and Adrianna Alfano, Secretary.

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MEADE, Karin
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BANK, Brian
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FELLER, Darren
HO, Julie
IMBESI, Dena
MASO, Lauren
RUSSELL, Thomas
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ANTZOULIDES, Nicole
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NOVELLI, Laura
SMALL, Candace
WAXMAN, David
FEKMINELLA, Jennifer

GRADE 10

BECK, Glen
BRACE, Deirdre
CHOI, Susan
FRANCO, Allyson
KIM, Jonathan
MIALE, Michael
ONG, Deanna
SALZ, Fern
SIU, Kin Lung
WEINSTEIN, Mindy
GORMAN, Troy
BERLIN, Daniel
BRENNAN, Kelly
CINTADO, Stacey
HEIMBAUER, Stephanie
LUCCIONI, Andrea
MOREA, Michael
PALAZZO, Marie
SAMNICK, Andrew
STEELE, Matthew
WITZER, Lisa
BOS, Michele
CARBO, Gregory
CUDNEY, James
JERSON, Michelle
MENIG, Keith
OMAGE, Charles
RADO, Kimberly
SHARMA, Suraj
TANG, Julie
ZITO, Annemarie

GRADE 11

ACHTZIGER, Elizabeth
BOYLE, Heather
DANGELO, Michael
DEVIVO, Joseph
GERRISH, George
HAUBERG, Melissa
KENNEY, Sandra
MCNAMARA, Marianne
OBLETZ, Justin
REDDY, Rekha
TURK, Christopher
VIDUSIN, Dorian
YEE, Emily
ZAMBRI, Heather
BELESIS, Vicki
CARLEY, Catherine
DANSINGHANI, Heena
EMBACHER, Peter
GOLDMAN, Paul
IANNAcone, Jonathan
KLEIMAN, Carrie
MINCHELLA, Diana
OGINAR, Filip
RUGGIA, Eleanor
VENNERA, Gina
VIVUOLO, Asunta
YING, Jonathan
ZAHVILLE, Laurie

BHATT, Jaydeep
CORDNER, Andrew
DELLAVALLE, Alfredo
GARFINE, Donna
HARRISON, Keith
JAEGER, Andrea
MARTINS, Christopher
MOSS, Jeffrey
PATTERSON, Andrew
SULJIC, Tomislav
VEVGAS, Catherine
WIERZBICKI, Jennifer
YOPP, Edith
LERMAN, Tracy

GRADE 12

ALBANO, Kim
BARTH, Caryn
CAGNA, Denise Anne
COCCHE, Jennifer
DIVER, Fiona
FURMAN, Matthew
HART, Kevin
MCENHEY, Jason
MORAN, Lauren
FRANGE, Brian
PROCIDA, Frank
ROMANO, Michele
SHARMA, Dolly
VACCARINO, Anthony
ZAMBRI, Iain
AU, Geoffrey
BASSI, Marc
CHATOFF, David
DELENA, Robin
DIVER, Tanya
GARMAN, Gregory
LOUIE, Michael
HELMAN, Robert
PATEL, Robert Kalazad
PRENSKY, Rhonda
PROFITI, Melista
SAPKA, Linda
SHARROCKS, James
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EHRLICH, Matthew
HANCE, Tracey
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FELLICANO, Jason
PRIDER, Michele
PUCCIO, Laura
SCHIEBEL, Carol
SHELLMAN, Amy
WEINSTEIN, Holly

GRADE 9

ALEXANDER, David
BROHMAN, David
CONNOR, Karen
GRAHIERI, Anna
ISERNIA, Ann Marie
MANTILLA, Marcela
MORRIS, Holly Ann
NOSOWITZ, Evan
PARNESS, Adam
SANGIRARDI, Michael
THOMAS, Jobbin
ARCHAMBEAU, Anthony
CARAPELLUCCI, Caren
DELENA, Joseph
HARRISON, Kevin
KRAUSE, Melanie
MARCUS, Robert
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PANAGOS, Kostas
RAMIREZ, Melinda
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DORAZIO, Dominic
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GRADE 10

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BREEDING, Corilea
CSORNAK, Michael
GERSTENBLUTH, Suzann
HART, Katie
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SEVERIN, Sean
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CUTDNE, Jason
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HACKER, Jennifer
KOSAK, Keith
MCINERNEY, Denise
NEU, Douglas
QUIJANO, Jennifer
SCHWARTZ, Howard
SILVER, Yoshana
STRAZZERI, Joseph
VOSSINAS, Stephen
BAFUNDO, Danielle
CHRISTENSON, Chad
DESIMONE, Carrie
GRECO, Danielle M.
HOFFMAN, Toniann
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FRIZZI, Carl
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SHIN, Yvette
SOLLIDAY, Shannon
TESTA, Jarred
WEIGOLD, Cara

GRADE 12

ALEMAGHIDES, Brian
CLARK, Daniel
DIZDAR, Jennifer
FOX, Kevin
GARDENER, Joseph
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LANDERS, Lori Ann
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MOLLER, Adam
NELSON, Julie
RAPPAPORT, Debra
SELHORN, Kristina
STAUVIN, Aimee

AUGUSTA, Jennifer
COPPETTO, Joseph
FILASKI, Scott
GABEL, Jamie
GERONTAKOS, Kallie
HERLIHY, Kerri
LANGIOTTI, Steven
MCGLYNN, James Andrew
MORRONE, Alexander
NICOLETTI, Dawn
REIRY, Jacqueline
SHUMSKY, Robyn
WRIGHT, Eric
CAGNA, David Anthony
COYER, Jessica
FINNELSTEIN, Nancy
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Winter Arrives - Fire Dept. Activity Increases

Winter is here, and as usual Fire Department activity increases in Hicksville as it does all over the country.

On Friday Dec. 4, a fire, which started in a closet at #7 Crescent St. Hicksville destroyed one bedroom and seriously damaged another on the second floor. A lone occupant escaped unharmed. An electrical fault was blamed for the fire. 7 Units responded under Chief Scanlon.

Early Sunday Dec 6 5:18 a.m. a battery powered smoke detector alerted residents at a Harkin La. home to a fire in the basement ceiling beams, under a fire place. Apparently loose mortar allowed hot ashes to fall through and over several hours the fire smoldered. The fire was

quickly extinguished by Fire Fighters under Chief Scanlon.

Again, late Sunday Dec. 6 at 11:24 p.m. numerous calls were received by the Hicksville Fire Dispatcher plus an alarm box for a fire involving the long standing Carvel ice cream store at 447 South Broadway Hicksville 75 Hicksville Fire Fighters and 9 Units responded under Chief Scanlon. The fire started in the rear and spread through out the roof and ceiling areas. The fire was under control in 30 minutes but Fire-fighters remained on scene for over 2 hours searching for hidden pockets of fire. The Nassau Fire Marshall and Arson Squad

are investigating.

On Dec. 7 at 5:17 a.m. Fire Fighters were back again at Carvel for 2 hours when another fire broke out in the front of the building. That fire is being investigated also.

LEGAL NOTICE

Tor J. Worsoe, CAI Auctioneer as Agent sells January 6, 1993, 2 PM, at 5700 Merrick Rd., Massapequa, NY, 1969 4DSD Volvo 144105668; 1976 4DSD Volvo 28465E1023388, Re: Robert J. Hanna.
MIT 2638
2x12/11, 18

Free Jazz Concert At H.S.

On Tuesday, December 22, at 8 p.m., a professional jazz Concert will take place in the Auditorium of Hicksville High School.

Sponsored by Tri-M (Music Honor Society), the Concert features the George Bouchard Quartet (with Steve Davis, Charles Blenzig, Todd Coolman and Bouchard). Admission is free and refreshments will be sold. Looking forward to seeing you at the Concert!

Fire Department Open House - 1992

Hicksville Fire Fighters hosted their Annual Holiday open house assisted by Santa as usual.

Residents (several thousand) got to see Fire Safety Demonstrations, to pick up pamphlets on Home Fire Safety, practice home escape drills with the Fire Academy Fire Safety Trailer and see Santa

It was an extremely cold day but it did not appear to dampen the holiday spirit. The event was organized by Asst. Chief Phil Lanasa and Fire Fighter Dave Daley and the Public Education Committee.

LEGAL NOTICE

Notice of Application for Authority of FAKLER FAMILY PARTNERS II, LTD., a foreign limited partnership (LP). Appl. for Auth. filed with Secy. of State of New York on 8/28/1992, LP organized under the laws of Colorado on 2/20/1992. NY office location: Nassau County. Secy. of State of NY, is designated agent of the LP upon whom process against it may be served. Secy. of State shall mail a copy of any process against the LP served upon him/her to: Francine Fakler, 22 Hofstra Court, Plainview, NY 11803 (the registered agent of the LP). Office address of LP in jurisdiction of its organization is 510 ETC Parkway, Suite 100, Englewood, CO, 80111. Name and address of general partner(s) available from Secy. of State of NY. Copy of Cert. of LP is on file with Secy. of State of Colorado, Denver, CO. Purpose: to hold & invest in real and personal property.

BN 3160
6x11/27; 12/4, 11, 18, 25, 1/1

LEGAL NOTICE

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BETH 3101
6x11/27, 12/4, 11, 18, 25, 1/1
(1993)

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Idle Teenagers
The Elderly Alone
Broken Streetlights
Broken Windows

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McGruff House program as well. But
you can't do it all
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Sheriff's Department.
For more information
on how to get more
actively involved,
write to me, McGruff

PO Box 362
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And help me
Take a bite out of crime

Help Hurricane Victims For The Holidays

The Hicksville Public Schools children have "adopted" the Avocado Elementary School in Homestead, Florida.

The students at the Avocado School are victims of Hurricane Andrew. Many families are still living with friends or relatives or in "tent city." Although quantities of food and clothing have arrived from all over the country, very few stores have reopened in the area. This has made family, home and school life trying. For these children the holidays will be particularly difficult.

Attempting to bring some holiday cheer to their peers in Homestead, the Hicksville school children have been collecting holiday gifts items and decorations. They hope to continue this practice for holidays throughout the year.

Please help make this effort a success. If you, your business or organization can provide assistance with shipping these items to Florida or donate any gift bows or bags it would greatly be appreciated. Please contact: Maureen Bright 733-6589 or Carol Dahir 733-6650.

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P205/70R14 W/W	\$87.36

SIZE	PRICE
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FIND US FAST IN THE NYNEX YELLOW PAGES

St. Ignatius Loyola Brownie Troop 3356 Win Second Place

St. Ignatius Loyola second grade girls recently participated in a scarecrow contest sponsored by Dobbs and Eder held at the Planting Fields Arboretum in Oyster Bay, New York.

The Troop chose a LIRR businessman costume with train ticket and brief case. The Brownie Scouts won a gift certificate and a mini pumpkin.

School Book Fair St. Ignatius

The Saint Ignatius Loyola Book Fair held during the week of November 2 was quite a success. All the children had the opportunity to buy books from the hundreds of available selections. Thanks to the hard work of Mrs. Thoma, the school librarian, and her parents as



First graders Christina Castillo, Michael Kelly, and Lauren Ventimiglia browse through books at the Book Fair.

Students Learn About Drug Abuse

On Tuesday, November 17, Mr. Harry Meyers from Nassau County Department of Community and Youth Services spoke to the 4, 5, and 6 grade students of Saint Ignatius Loyola on the topic of alcohol use. He discussed the dangers of alcohol abuse with the classes too. The children then watched a film entitled, "Lot of Kids Like Us." The film depicted a child's

life in the household of an alcoholic parent. The film showed several techniques for dealing with this problem.

After the film Mr. Meyers answered the children's questions about alcohol and other drugs.

Thanks to Mr. Meyers' presentation, the children are now more aware of the dangers of drug use.

Halloween Celebration

The children in Mrs. Napolitano's kindergarten class were able to dress-up for their Halloween Celebration. The students each got their own

fruit sections to cut-up and then combine in one big bowl to have as their snack. They really enjoyed being able to make something to share with everyone.



Mrs. Napolitano and Mrs. LaRosa help dish out the fruit salad at snack time.



The class was so proud to put on a Halloween play for all their parents and guest. Performing are: Megan Cook, Laura Degennaro, Joey Doyle, Katelyn Eric, Sarah Faup, Debora Alinger, Christopher Gleason, Joseph LaRosa, Michael Magee, Meagan Monahan, Daniel O'Connor, Eleni Pallouras, Dana Probst, Jackie Rothbard, Megan Schack.

LEGAL NOTICE

Notice of Application for Authority of **FAKLER FAMILY PARTNERS I, LTD.**, a foreign limited partnership (LP). Appl. for Auth. filed with Secy. of State of New York on 9/18/1992. LP organized under the laws of Colorado on 2/20/1992. NY office location: Nassau County, Secy. of State of NY is designated agent of the LP upon whom process against it may be served. Secy. of State shall mail a copy of any process against the LP served upon him/her to: Francine Fakler, 22 Hofstra Court, Plainview, NY 11803 (the registered agent of the LP). Office address of LP in jurisdiction of its organization is 5105 DTC Parkway, Suite 450, Englewood, CO, 80111. Name and address of general partner(s) available from Secy. of State of NY. Copy of Cert. of LP is on file with Secy. of State of Colorado, Denver, CO. Purpose: to hold & invest in real and personal property.

Beth 3159
11/27/12/4,11,18,25(1992);
1/1

LEGAL NOTICE**NOTICE TO BIDDERS**

SEALED BIDS will be received by the Board of Fire Commissioners of the HICKSVILLE FIRE DISTRICT, 20 East Marie Street, Hicksville, New York, until 4:00 p.m. prevailing time, December 21, 1992, for the following:

Two hundred seventy five (275) Hicksville Fire Department Uniform Dress Badges as specified in the bid document. Each bid is to be accompanied by a bid bond or certified check for 5% of the total bid price.

The Board of Fire Commissioners reserves the right to reject any and all bids.

Complete specifications for the above items may be obtained at the office of the Dispatcher, Hicksville Fire House, 20 East Marie Street, Hicksville, New York.

BOARD OF FIRE COMMISSIONERS HICKSVILLE FIRE DISTRICT

Dated: December 8, 1992
Attest: John Knight,
District Secretary
MIT2640
1x12/11

Book Discussion At Library

"A Life on the Road" by Charles Kuralt has been chosen for the December 9, meeting of the book discussion group at the Hicksville Public Library. Leading the discussion will be Helen Wellman. All who have read the book are welcome.

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Hicksville Fire Football Winds Up Season

On November 15, the Hicksville Fire Football team wound up their season with a tremendous effort against a hard hitting Bellmore team.

The Bellmore Braves, a playoff team from a different conference, came to Hicksville heavily favored to win this crossover game.

Hicksville's team was outstanding the first half with some beautifully executed plays by Keith Engelhardt, quarterback. Kevin Soper, halfback, with a reception went for 45 yards. Danny Ciaccio, fullback and Nicky Schmidt, wide receiver, both carried the ball for touchdowns. Paulo Fumagalli, halfback and Nicky Schmidt each succeeded in get-

ting the extra points. Defense was relentless with an outstanding job done by Josh Bergen, defensive end, Justin Rosenberg, guard, Adam Smith, centerback, Jared Stanton, defensive end and several sacks by Jason Basso, middle linebacker and Adam Geslak, linebacker. Kevin Soper and Adam Geslak each recovered fumbles. By the end of the first half Hicksville was leading 14-0.

The second half Bellmore came back with vengeance. Hicksville fought gallantly but by the last play of the game Bellmore managed to tie the score.

This game certainly gave

credibility to the Hicksville Fire Football team.

Al Ciaccio, head coach for Hicksville, is very impressed with his 1st time players this season, he is confident that they all have a long successful career ahead of them.

The veteran players set a great example for the others and showed superior leadership.

Al has planned an Award Night for the football team and cheerleaders, which will be held at East Street School on January 20, at 7 p.m. Gary Marangi, former NFL Quarterback for the Buffalo Bills will be the guest speaker.

Normally 4 players, 2 offense, 2 defense, would be chosen from the team as MVP's but this year first year the entire team will be inducted into the Hicksville Fire Football Hall of Fame, it's through their hard work, dedication and perseverance that they have paved the way for Fire Football in Hicksville.

Finally we would like to thank all those who have made this season possible. See you next fall!

GET RESULTS! Place an ad in our Classifieds for reasonable rates and prompt results. Call 931-0012 • 294-8900 or 746-0240 for more information....

ARE YOU OVERLOOKING LONG ISLAND'S WILDEST NIGHTLIFE?

Photo by Diane Sarti

The black-crowned night heron (*Nycticorax nycticorax*) is a mostly nocturnal native Long Islander who is highly discriminating. You won't find him at just any watering hole. And for dinner the fish had better be fresh, the ambience unhurried.

You might say the black-crowned night heron is a hard bird to please. But The Nature Conservancy has been working hard for 40 years to provide the night heron and hundreds of other animals and plants the finest accommodations available on Long Island.

We've saved 30,000 acres of ecologically significant land on Long Island alone, from the last 19-acre remnant of the Hempstead Plains to our 2,000-acre Mashomack Sanctuary on Shelter Island. Nationwide, we've preserved nearly 6 million acres of forest, prairie, desert, island, and mountain. And our international program is fighting to save the world's rapidly vanishing rain forest.

You can help The Nature

Conservancy do its vitally important work. For \$25, far less than you'd spend in an evening at one of Long Island's hottest night spots, you can become a member of the Long Island Chapter. You will receive the *Long Island Chapter Newsletter* and *The*

Nature Conservancy Magazine to keep you informed of Conservancy activities. As a member of the Long Island Chapter, you can participate in hikes and education programs led by experienced naturalists, and you are welcome to volunteer to take part in Chapter operations.

If you're concerned about Long Island—not just about its native flora and fauna but also about the

water we drink, the air we breathe, and the quality of life here—we urge you to give us a hand. Just call (516)367-3225. You can help protect your environment. And you can have a wild time!

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Isn't it time you joined The Nature Conservancy?

Retail Usage Permit Granted

The Oyster Bay Town Board has placed twelve restrictive covenants on a special use permit granted in Hicksville.

The applicants, Arthur Sanders and Allan S. Putterman, trustees, f/b/o Jerry Spiegel, owner, sought the special use permit to allow retail use in an 'H' light industrial district. The property is located on the east side of Bethpage Road, north of Midland Road, also known as 49 Bethpage Road, Hicksville. Pursuant to a public hearing held on Tuesday, August 4, 1992, the Board approved the application subject to twelve restrictive covenants.

The applicant covenanted that their hours of operation would be limited to between 9

a.m. and 9 p.m. Monday through Saturday and 10 a.m. to 6 p.m. on Sundays and Holidays. In addition, no banners or advertising signs will be displayed on the building's exterior, water conservation measures will be taken and parking will be permitted only in designated spaces.

With regard to maintenance of the property, the applicants agreed that the parking lot and surrounding area will be continually maintained as to be litter and graffiti free. Also, suitable landscaping will be maintained and garbage shall be stored in an appropriate container enclosed on three sides and screened from view.

No building permit and/or certificate of occupancy will be

issued to the applicant until a "site plan" has been approved by Town Board resolution within one year of the Special Use Permit. The "site plan" shall be drawn to scale and presented in a form acceptable to the Department of Planning and Development and shall include location of ingress and egress, location, layout and striping of all parking areas, drainage plan, location of dumpsters, location and size and style of signs, location of exterior lighting, variety and size of landscaping, location and footprint of all buildings and any other information or details deemed pertinent by the Department of Planning and Development.

Greeting Civic Club



Nassau County Executive Thomas S. Gulotta, right, attended the 30th Annual Man of the Year Award Dinner Dance of the Nassau Civic Club, held at the Crest Hollow Country Club.

Joining the County Executive were Honoree, Murray Portnoy and his wife Harriett who are Plainview residents.

Comm. Council Topic: Illegal Apartments

Continued From Page 1

dinance) and what was on-going on the premises. Neither did the Town's ordinance address the number of related persons living on the premises.

In 1986 the Town amended its ordinance modeled on language expressed by the Supreme Court in a Belle Terre, Suffolk County, case by defining "family" as including a number of persons not exceeding two not related to constitute a family. Judge Diamond expressed a likelihood that if challenged, this would also be overturned. A 1979 Brookhaven case limited the number of "unrelated persons" to four. The Court left any definition "open," but alluded to certain perceptions of consistency and limitation for related persons.

Judge Diamond explained that being found guilty of an ordinance violation is a misdemeanor carrying a jail sentence of up to six months. Fines may be imposed, but the district court justices are limited in this regard by the State law. A 1985 amendment, allows additional summonses to be given to violators weekly. If violators do not comply, a judge can sentence them to jail.

Judge Diamond said that the Town of Oyster Bay must show probable cause in order to obtain a search warrant, but because of health and safety reasons, the Court is usually willing to grant such a warrant.

Highlighting the entire discussion of illegal apartments and the demand for housing, particularly by the young, was the presentation by Tom Iales, Commissioner of Planning for the Town of Islip. The Town of Islip, with the consensus of its residents, recently revamped its housing ordinance to include "accessory apartments."

Islip was designed on a suburban plan consisting of housing to accommodate families fleeing city life. Between 1950 and 1970 Islip grew by 200,000 people, occupying single-family detached homes. By the 1980's, the traditional family became the minority household type. The non-traditional households grew - single moms, empty nesters, childless couples. There appeared to be a mismatch of housing stock and housing needs, along with the growing problems of ordinance enforcement, parking availability, and 2-3 and 4-family homes.

To address the problem the Town placed a nonbinding referendum on the ballot in 1984. Sixty percent of the voters asked to have a law to regulate these households. The Town embarked on an aggressive public agenda to elicit a more defined response from its citizens.

An ordinance for approval by the Town Board, which was eventually treated as a special exception by the Board of Appeals, required (a) owner occupancy, (b) code compliance, building, fire safety, etc., (c) lot size 7500 square feet, (d) property width 75-feet, (e) one bedroom per apartment, one apartment per lot, (f) limited building expansion. Property maintenance is necessary, or the Town will clean up and charge the owners. An annual maximum fee of \$550 is charged to reimburse taxing districts for local services.

The ordinance was approved by the town Board in July and became effective on September 1. The Town of Islip has received 12 applications to date.

A response in the Town of Islip, as well as in the Town of Oyster Bay, to "legal" apartments seems to be that citizens shy away from possible "reassessment" and ensuing higher taxes which may result. Islip's plan is designed to avoid reassessment by placing an annual fee which will be readily known at the time of application.

Focusing on Hicksville's situation, Community Council representative Ellie Draycott urged the Town of Oyster Bay to set up an advisory committee to review the problem. She pointed out that violators are not paying their fair share of taxes, and that their only plus is that they are somewhat contributing to the economy.

Hicksville historian Richard Evers urged that the town must "start to provide housing," particularly for the young people, maybe in the form of legal two-families. Councilman Symons said that two-family applications are being taken, although residents must remember that they must provide four off-street parking spaces and a fire exit. The Town is working on a multiple dwelling zone for senior citizens.

By a show of hands of those residents present, the majority were in favor of an ordinance modeled on the Town of Islip, which would give some regulation to multiple-dwelling apartments in Hicksville.

Saturday and Sunday, December 12 & 13, Come to Aqueduct and Help the Homeless.

There are two ways to help:

Buy NYRA premium merchandise
ONLY \$2 PER ITEM*

100% of all merchandise sales
will be contributed to City Harvest
to help deliver food to homeless
shelters and soup kitchens.

Bring packaged food to the track by 3PM
and get FREE Grandstand Admission**

Come to the Big "A" with either two
cans or two boxes of nonperishable
packaged food items and get into the
Grandstand FREE on that day.

Here are some of the NYRA merchandise items offered for sale, only \$2 per item, in both Clubhouse and Grandstand locations (retail value of merchandise over \$220,000):

MERCHANDISE	QUANTITY	RETAIL VALUE	SALE PRICE
Saratoga Baseball Caps	8,800	\$10.95	\$2
Breeders' Cup Preview Day Umbrellas	660	\$12.95	\$2
Big "A" Snowbird T-Shirts	325	\$9.95	\$2
Aqueduct Digital Stopwatches	3,200	\$4.95	\$2
Early Times Baseball Caps	432	\$8.95	\$2
Wood Memorial Baseball Caps	3,600	\$8.95	\$2
Belmont Park Beach Towels	42	\$9.95	\$2
NYRA Mile Briefcases	30	\$30.00	\$2
Equine Design Scarves	100	\$12.95	\$2
Saratoga Stakes Glasses (set of 4)	720	\$12.00	\$2
Saratoga T-Shirts (Med. only)	144	\$8.95	\$2
Handicapping Horse Racing Game	1,993	\$12.95	\$2
Travers Lapel Pins	495	\$5.00	\$2
Saratoga Buttons	791	\$3.95	\$2
Saratoga Squeeze Bottles	400	\$5.95	\$2
25 Years Of Travers Video	630	\$29.95	\$2

Your food donations and merchandise purchases will all go to help the homeless in making sure they won't go hungry this winter.

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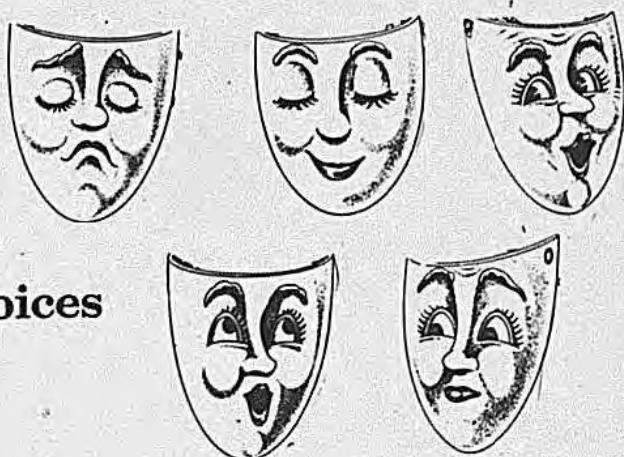
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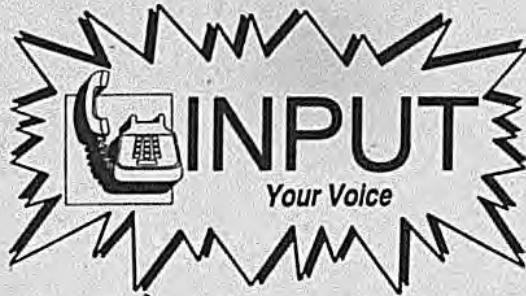


Friday, December 11, 1992



The Bane of Choices

SEE PAGE 3



THE QUESTION OF THE WEEK

Do you think U.S. troops should be in Somalia?



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Iran Contra Not Taken Seriously

Most callers to Input believe that the Iran Contra scandal was not worth the time nor money spent on it in answer to this question: "Do you think the Iran Contra scandal has been resolved and was it worth \$40 million to taxpayers for the probe?" Here are some of the answers:

A WASTE

From the beginning I thought that we had a lot of Monday morning quarterbacking in the Iran Contra scandal. If the caper had run off smoothly and if we had gotten our hostages back from Iran and had achieved peace while helping the Contras everyone would have been satisfied, as it turned out some international traders got their hands on some of the money and the rest of the problems were not solved. I think it was a poor idea but yet some of the political people pushing the investigation were doing it only for the political benefits and the \$40 or 50 million was a waste of money. H.F.

BAD SCANDAL

Of course there were some things about the Iran Contra scandal that were bad. Ollie North took too much on his own and should not have been allowed to do what he wanted. I think he is a patriot, though, but we still cannot have anyone, even patriots, deciding what is best for the country. He broke the rules of Congress and also got involved with some sleazy characters who made money for themselves. I think it was over-done in politics though, and had little bearing or support from the average citizen. G.F.

POLITICAL ACTIVISM

The Democrats were so desperate to regain the White House that they would do anything to win. The Iran Contra scandal was a poorly thought out plan and it was close to being a crime, but I do not think that most involved in it thought they were doing anything other than trying to find a short cut in the middle east and South American problems. They went too far on their own. The investigation in its final stages was a waste of money and smelled of political activism. H.B.

IT'S OVER

I do not think that the \$40 million spent to investigate the Iran contra scandals was wasted. If you take that tack you would have to say the investigating any crime and not finding enough evidence for a conviction is a waste. The trouble is that we would then not investigate many crimes and things would be much worse. We had to investigate and perhaps should have done a better job of it. But at this juncture it would be filed away. K.D.

HARD TO FOLLOW

Most people did not follow the Iran Contra mess after Ollie North was tried. The reason being is that it was a very complicated thing and many could not follow what had happened. I believe we should have investigated but I do not think that most of the government officials did anything that was criminal if you take motive into consideration. Most thought they would do the best for the country. The money did not go to government officials but they had no right to direct foreign policy as they did. D.B.

NOTHING NEW

If we go on with investigating closely every failed foreign policy I believe that the new administration will have it difficult and some of those overbearing things will come home to roost on the Democratic party. Almost every administration did much on its own in foreign policy and there were few investigations. It is at times hard to consult Congress in the middle of things and this is the problem. C.N.

ONE OF MANY SCANDALS

To be perfectly honest, the Iran Contra scandal was so complicated in the years '89, '90 and '91 that I lost interest in it as the participants and skullduggery were revealed. Despite the fact that the men involved obviously benefitted, there seemed to be a thread of national interest involved perhaps deserving of some special gain which diluted the logic of the accusations and defenses being offered. It was just too much to flatly accept the charges and defenses made by important and trusted public servants such as Major General Richard Secord, Lt. Col. Oliver North, Admiral John Poindexter, Albert Hakim and, of course President Ronald Reagan. still, these men obviously had weighted the importance of their decisions and actions with due respect to the consequences to the nation they had sworn to protect as well as to themselves personally. When one thinks of the many financial scandals which constantly surface in political circles throughout the year and mostly out of taxpayers' pockets, how is one to make an honest and sensible evaluation? Impossible! P.G.S.



Discovery!

The Bane of Choices

By Olivia Cadley

All she wanted was a box of straws. I was one of the lunch-hour line at the delicatessen, patiently waiting my turn.

"I won't be a minute," she said considerately. "I just want a box of straws."

Here was a calm, polite lady with a simple request.

"What kind do you want?" asked the solicitous clerk. "Do you want paper or plastic?"

"I think plastic, if you please."

"What color? We have red, yellow, blue or white and also striped."

"Perhaps striped would be nice for a change."

"What color stripes? We have red, blue, yellow and a brand new addition called seafoam green."

"Red, I think."

"Would you like the straight kind or the one with the loop in the middle?"

"I think straight. The loop one might not be as sanitary."

"Now, if on the other hand, you want them for children, we have Mickey Mouse, Snerd, Superman and Batman. There is also the kind that has a scoop at the end for taking out cherries or the like."

The waiting line grew longer with impatient but amused customers. And then it happened. This gentle soul with the simple request whirled around on her heels and hurried out, crazily muttering, "I don't believe it! I don't believe it! All I wanted was a box of straws. A straw is a straw, is a straw. No more!"

As I drove home I couldn't help reminiscing about the time when a straw was a straw, a simple convenient device for siphoning liquid from glass to mouth. Perhaps reminiscing is just a sign of elderly complacency, but I couldn't help wondering about the stress entailed in decision making these days. It brings to mind a piece of wit I once heard about a man who went to a psychiatrist suffering from a nervous breakdown. After some initial probing from the doctor, the man blurted out, "I know what's the matter. It's my job."

"Just what is your job that causes you so much anxiety?"

"I'm an apple sorter. I have to separate the ripe from the unripe and the large from the small. It's the decisions, decisions, decisions that are driving me crazy."

Time was when you needed a loaf of bread, you hied down to the corner store and chose from white, rye or whole wheat, and a cereal was either a hot or cold variety, oat meal, wheaten, cream of wheat or cornflakes or wheaten.

Do you remember when food shopping was safe and didn't precipitate a panic attack for fear you were buying too much cholesterol or not enough fiber, or whether tomatoes grown from seeds exposed to radiation from outer space were safe to eat? Or whether some oddball tampered with the packaging necessitating seals as hard to open as a bank vault? And now I read that the labels on food are not informative enough. Besides indicating calories, protein, carbohydrates and fat per serving, new proposed labels will also indicate the amount of saturated and unsaturated fat, calories from fat, sodium and potassium and, oh, don't forget the Recommended Daily Allowance and the "percentage of key ingredients." Prepare to spend your day at the supermarket and be sure to bring your glasses, or, better still, a magnifying glass.

Pity the poor pet owners! Whole aisles are devoted to the nutritional needs of cats and dogs and taste preferences. Do they feel a surge of guilt when they opt for the less expensive Friskies instead of tantalizing their pets' taste buds with gourmet Fancy Feast served in crystal bowls?

I read recently that ten years ago the average supermarket carried nine thousand items and today (or rather yesterday - I'm sure it has increased since then) twenty-two thousand items. Each time you opt for one selection, rest assured that next time it will be supplanted by one that is superior.

That perennial favorite, ice cream, has gone the way of divergence, too. It used to be that your choice was among vanilla, strawberry or chocolate, or perhaps that Neopolitan combination of all



three, and now... Do I want vanilla fudge with almonds, strawberry pineapple, peppermint stick, chocolate peppermint stick, mocha delight... ad infinitum!

A trip with my daughter to buy a pair of black pantyhose proved an eye-opener. Since all she wanted was a pair of sheer, black pantyhose, I assumed this was an easy assignment. Not So! Did she want black, barely black, nude black? And did she prefer just sheer or shimmer opaque, sheerest ultra-sheer sandal foot and light-control panty, silken sheer to waist or ultra-sheer light control top? I didn't wait to see which she chose as I left in the same state as my friend at the deli counter. Sheer black pantyhose are sheer black pantyhose, or are they?

Beauty aids these days probably cause more wrinkles than they erase. Just try to buy a shampoo for oily, medium or dry hair. I just learned that there are 41 different types of "mousse" alone. As for nail adornment, Revlon now has 41 shades of pink, 29 shades of coral, 18 shades of red, 17 shades of purple, 24 shades of brown and 25 shades of wine. Let's I disbelieved, I quote a Revlon spokeswoman in the *New York Times*, August 1985.

Perish the thought that you should need some wardrobe items! I remember the time (and it was not that very long ago) when shopping for a coat, suit or dress merely entailed glancing through the sized racks, some even color assembled for convenience, choosing your preference, being escorted to a "dressing room" or deciding in a few minutes that nothing appealed. I was in a huge, new department store the other day. (Or is "department store" an obsolete term?) I stood dumbstruck at the glitter, the vast array of merchandise, the mind-boggling variety of choices. I guess I must really be showing my age, since members of the younger generation to whom I voiced my reaction thought it was fascinating. I must learn more discretion in my outdated comments!

"The old order changeth, yielding place to new...." and I guess that's the way it must be. Yet I can't help but wonder if bigger is always better. I guess there is no turning back, but sometimes I wonder...."

ABOUT THE AUTHOR

Olivia Cadley is a Garden City resident, a retired teacher and Reading Specialist. She is a frequent contributor to Discovery.



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Through a special 24 hour phone system, readers will be asked to call in their assessment of each restaurant they visit. Consensus ratings (good or bad) will be published as a continuing part of the guide.

In addition they can make suggestions, compliments or criticisms through the open phone line and messages will be sent through to the restaurant management.

Guide to Good Dining

READER RATINGS



Q. My husband buries his head in the newspaper at breakfast and doesn't say a word to me throughout. He just reads me the second section. Shouldn't a husband be expected to carry on some conversation with his wife at breakfast?

R.T. A. No one should be expected to carry on a conversation at breakfast. Many people don't really wake up until later in the day. Enjoy that second section. This is not a new rule, by the way; it has always been so.

Q. Is it ever correct to have ones elbows on the table when one is eating? I was brought up to think it is not.

J. A. It is not correct to put one's elbows on the table when one is eating but it is permissible to rest them on the table between courses.

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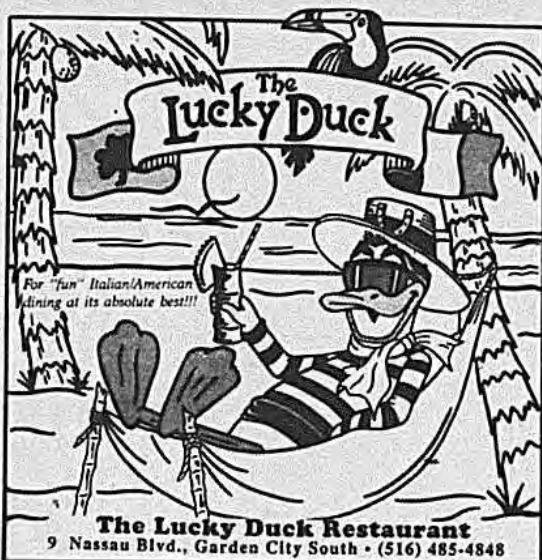


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READER RATINGS

J. On one of more occasions I have called your Reader Ratings to say that I disagreed with someone's assessment of a restaurant, but I never saw the call printed. Aren't you interested in my criticism? — F.H.

A. We certainly do want to hear all sides about restaurants that are featured here. We carefully look over all points of view. When something involves service or food we send the criticism on to the restaurant. If criticisms mount, we spot visit the restaurant and on several occasions we have discontinued a restaurant. But not all complaints mean that the place is bad, it could mean that they had an off day and do better most of the time. We try to distinguish.

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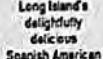
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MICROWAVE MAGIC

Desiree Vives

The most popular spices for winter cooking are strong and sweet: cinnamon, allspice, nutmeg, cloves, ginger and cardamom.

• Cinnamon is the bark of a tropical evergreen tree that is stripped off during the rainy season and rolled into sticks.

The sticks themselves make an attractive and flavorful addition to hot mulled wine and cider. (They also make good swizzle sticks for hot winter rum drinks.)

Ground cinnamon is an essential ingredient in many of our traditional holiday dishes: cranberry sauce, pumpkin pie, plum pudding.

• Allspice is not, as its name seems to suggest, a blend of different spices. A small berry from a tropical tree, it combines the aroma and flavor of cinnamon, cloves and other spices. It's a traditional ingredient in mince pies and plum puddings.

• Nutmeg was at one time so costly that only the wealthy could afford it. Europeans of means carried a nutmeg and a tiny grater in their pockets so they could grate a bit onto their food as they pleased.

Nutmeg has a very powerful flavor, so use sparingly. When decorating desserts with whipped cream, dust lightly with grated nutmeg for a nice finishing touch.

• Cloves are an essential holiday spice. Stick whole cloves into oranges to float in a bowl of hot spiced wine or cider. Or stick a honey- or brown sugar-glazed ham with cloves before microwaving for a deliciously spicy flavor.

Cloves are excellent in combination with cranberries, too.

• Ginger, like nutmeg, was once prohibitively expensive — at one time worth its weight in gold.

Now, we can all enjoy its heady aroma and unique flavor. Gingerbread, in the form of unleavened cakes sweetened with honey and flavored with ginger, were popular in the Mediterranean region 2,000 years before the birth of Christ.

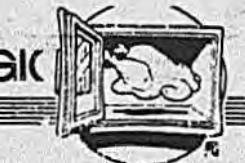
Today, spiced gingerbread houses decorated with frosting and gumdrops are a holiday tradition in many families. In baking, use $\frac{1}{2}$ teaspoon per cup of flour.

• Cardamom, while native to the Indian subcontinent, is a favorite in Scandinavia, where it's widely used by bakers during the holiday season.

More than 1,000 years ago, Vikings discovered this strong, sweet spice during a series of raids and brought it home with them. Northerners have had a taste for cardamom ever since, and it's popular in pastries, coffee breads, cake — even Swedish meatballs.

Add $\frac{1}{2}$ teaspoon ground cardamom to 1 cup honey or granulated sugar and use to sweeten coffee or tea. Or simply add $\frac{1}{4}$ teaspoon ground cardamom to a cup of strong after-dinner coffee, as the Scandinavians do.

When it's cold and gray outside, it's nice to warm your kitchen with the scent of holiday spices. Make a fragrant potpourri by cut-



ting thin strips of colored peel (not the white part) from an orange, a lemon and a lime.

Arrange peel in a single layer on a paper towel. Fill a 1-cup measure with water and set in oven with citrus peels. Microwave at HIGH (100 percent power) setting four to five minutes, or until peels begin to curl and dry. (Discard water.) Remove peels from oven and let air dry for 24 hours.

Combine cured peels in a paper bag with $\frac{1}{4}$ cup each whole cloves and whole allspice, four 2-inch sticks cinnamon (broken up), and five gently crumbled bay leaves; shake bag. Makes about $1\frac{1}{2}$ cups potpourri.

To scent your room, combine 2 tablespoons potpourri mixture and 1 cup hot tap water in a small microwave-safe bowl. Microwave 2 to 3 minutes at HIGH (100 percent power) setting, or until boiling. Remove from oven and enjoy the festive scent. (Mixture may be boiled once or twice more — then discard and replace with fresh potpourri.)

Recipes in this column are tested in 625- to 700-watt microwave ovens.

SPICED YULETIDE SUGAR

1 cup granulated sugar
1 tablespoon grated fresh orange peel
1 teaspoon grated fresh lemon peel
 $\frac{1}{4}$ teaspoon cinnamon
 $\frac{1}{4}$ teaspoon dried ginger
 $\frac{1}{4}$ teaspoon ground nutmeg
Pinch ground cloves

Yields about 9 ounces (a little over 1 cup).

Preparation time: 10 minutes.
Cooking time: 4 to 7 minutes.
Oven setting: MEDIUM (50 percent power).

Combine all ingredients in shallow microwave-safe baking dish and microwave 4 to 7 minutes, stirring every minute, until sugar is quite warm but not beginning to caramelize. Let stand until completely cool.

Turn sugar into blender container; cover and blend at low speed until sugar and citrus peels are ground fine. Place in airtight container and store in dry place. Use within 6 months.

Use Spiced Yuletide Sugar to sweeten coffee or tea, or as a sugar topping on fruits and baked goods. And it's nice to give as a gift in a pretty ribboned jar (be sure to include the recipe).

MICRO-TIP OF THE WEEK

For a delicious dessert, spoon this easy holiday spice sauce over hot apple pie and vanilla ice cream.

Combine $\frac{3}{4}$ cup granulated sugar, $\frac{1}{2}$ cup light corn syrup, 3 tablespoons butter or margarine, $1\frac{1}{2}$ teaspoons cinnamon and $\frac{1}{4}$ teaspoon ground allspice in 2-quart microwave-safe casserole.

Cover and microwave 2 to 5 minutes at HIGH (100 percent power) setting, or until mixture boils, stirring every minute. Yields about 1 cup sauce (serve warm).

FOR TEENS

By Willard Abraham,
Ph.D.

Dr. Abraham: My best boyfriend is a real couch potato, but I love him just the same. He is so good to me, but I sure worry about him because he gets no exercise at all.

What got me to write to you is that I just read in the papers about some research which says that exercise helps get the brain going, too.

He's smart, all right, but I don't want anything to happen to his brain. His slab is bad enough. — Ellie,

Ellie: I, too, read something about that research. It originally appeared in the *Proceedings of the National Academy of Sciences*, which sounds like a good source.

However, it seems to be a limited study using rats, and it says that vigorous exercise helps improve the handling of other types of physical activity. What I read didn't say anything about improving intelligence or other brain activity.

Your friend may benefit from exercise, anyway. If you can get him into even some limited kinds (walking, weights, so many other possibilities), that might be a start toward helping him look and feel better.

Diet, of course, can also become part of this effort.

If you can spend time with him in sharing some of these activities, he may tend to be more likely to get involved. I guess it may depend somewhat on how much he likes being with you and participating in them together.

Dr. Abraham: Not long ago I heard or read somewhere about a group of teens travelling around the country talking to other teens about drug and alcohol abuse.

For the life of me I can't remember anything else about them, except for one thing — that the kids they spoke to thought they were terrific because they really knew what they were talking about. No talking down, no preaching, no junk — just the straight goods.

Does all this sound at least a little familiar to you? I hope so. Do you have any way I can find out more about them? We could sure use their down-to-earth approach with some of the kids I know who are headed for trouble. — Ronnie in West Virginia

Ronnie: What you may be referring to is a group called TKO (standing for Teens Kick Off), small segments of which travel around the United States. One of them performed recently in my part of the

country, so I found out quite a bit about their personalized, hard-hitting presentation.

They put on dramatic performances based on their own experiences with alcohol and drug addiction, getting through to teen audiences because of the terrifying months and years that they have managed to survive.

How to avoid or cope with those experiences is the goal they aim to share.

When four of these young people appeared in Arizona, their enthusiastic reception included strong elements of pain, but also hope. Teens in other parts of the country have probably also benefited from the TKO person-to-person plan.

The presenters didn't spare their teen audiences, which an observer described as resulting in "shocked silence."

One might see why when heavy burdens like these were described: A teen choking his father during a fight over the son's drinking and admitting, "I did really attempt to murder my father"; one of the girl teens talking about her memory of when she was 14 years old, drunk, raped and rejected by her mother; young lives spiraling out of control.

Their statistics were also dramatic: a teen-ager dying in an alcohol-related accident every 28 minutes; more than 3 million teen alcoholics in our country. The addictions related to drugs rounded out their tragic picture.

Such presentations were especially effective because these young recovering addicts were telling their own stories. Many in their audiences of high school students, and also seventh- and eighth-graders, seemed to walk out with a new kind of "Not me" point of view.

To get more details on the Teens Kick Off approach, you might write to Tryshe Dhevney (founder, actor and recovering alcoholic) or Shirley Dossier in care of TKO, 500 7th Ave., San Francisco, CA 94118. And to get the local flavor of what they presented in warning teens of the personal disasters such involvements might lead to, you could write to Karen Disarafino, Facilitator, Chemical Awareness Student Assistance Program, Phoenix Unified High School District, 4502 N. Central Ave., Phoenix, AZ 85012.

FOR TEENS

Cooking Corner



Holiday meals, Italian style

By Monica Perez

All cultures around the world affirm life and usher in the cold, lean days of winter with feasting and holiday celebrations. Adding a new dish from another country to the traditional Christmas dinner enriches ceremony and menu.

Warming heart and hearth, Italy's seasonal favorites can conjure up the flavor of crystalline, snow-covered Venetian canals; bustling, brightly lit piazzas of Milano and village farmhouses in the rich agricultural plains of Palermo.

Franco Galli, food director and maestro of California's award-winning group of Il Fornaio bakeries and restaurants, recommends some of his favorites. They are La Nonna's (grandmother's) Pumpkin Ravioli, the children's favorite dish to help prepare; Panettone, the rich, brioché-style Christmas bread studded with raisins and candied fruit; Capone Ripieno Arrosti; and Il Fornaio roasted potatoes.

La Nonna's Pumpkin Ravioli originates from the south coast of Lago di Garda between Lombardia and Veneto. A very popular meal in Italy, it is served late November through Christmas. Grandchildren join Grandmother at her house to clean the pumpkin for the ravioli filling. The seeds, washed and dried, are used for making gifts of jewelry and toys.

Crushing and munching on amaretti cookies used in the pumpkin ravioli is both tasty and fun.

Grandmother prepares the stuffing, allows it to sit overnight, and the following day, makes the fresh pasta. The raviolis are filled midmorning, cooked and served late in the afternoon or early evening.

Leftovers — placed in a baking dish, topped with butter, sauce and Parmesan cheese and baked — extend the enjoyment of this special holiday treat.

RAVIOLI DI ZUCCA (Pumpkin Ravioli)

Filling:
5 pounds fresh pumpkin pulp
10 ounces Parmesan cheese, grated
 $\frac{1}{4}$ cup amaretti cookies, crushed
2 eggs
1 cup ricotta cheese
Juice of $\frac{1}{2}$ lemon
Strong pinch nutmeg
Salt and pepper
Pasta:
2 pounds purchased fresh pasta sheets (approximately 7 raviolis per serving)

1 beaten egg

Sage Brown Butter Sauce:

$\frac{1}{4}$ cup grated Parmesan

3 tablespoons sweet butter

12 fresh sage leaves

Pinch salt

Yields 4 servings.

Remove seeds and slice pumpkin into 3-inch sections; do not peel.

Place slices in baking dish and bake at 350 F for approximately 35 minutes or until soft. Cool and remove skin; finely mash pumpkin.

Add remaining ingredients and blend with wooden spoon until ingredients are well combined. Filling should be barely moist; if filling contains too much liquid, add additional Parmesan cheese.

Cover and refrigerate while preparing pasta.

Divide each pasta sheet into 2-inch squares, setting aside 2 squares per ravioli. Put 1 tablespoon filling in center of 1 ravioli square; wet edges with beaten egg. Using other ravioli, top and pinch edges firmly to be sure raviolis do not open when cooking.

Proceed with remainder of pasta squares and filling.

Place raviolis in boiling water 2 to 3 minutes. (Do not overcook.) Drain.

Place cooked and drained raviolis on individual plates and top with equal amounts of Parmesan cheese.

In small saucepan, melt butter with sage and salt over high heat until butter begins to brown (do not allow to smoke), approximately 1 to 2 minutes; pour over plated raviolis. Serve immediately.

• • •

Christmas is not Christmas in Italy without Panettone. Large Italian food operations such as Alemania and Motta bake hundreds of thousands of these traditional breads for shipment all over the country — and the world.

In the past, a ritual always attended the cutting of this celebratory loaf. The head of the household would carve three slices from the loaf, and each family member would take a small taste from each slice. The practice promised luck in the future.

Baking a Panettone is like baking a soufflé. It rises gloriously in the oven and then deflates as it cools. Making this handsome fruity Christmas bread — with the dough's four long resting periods — is an all-day labor of love.

Ideally, the loaves are baked in high-sided Panettone molds, but

they are difficult to find on this side of the Atlantic. A 2-pound coffee can or a 2-quart Charlotte mold or soufflé dish will serve as a substitute. This loaf tastes best the day after it is baked, so plan ahead.

PANETTONE

(Egg Bread With Raisins and Candied Fruit)

Starter:

2 teaspoons active dry yeast

$\frac{1}{2}$ cup warm water (105 F)

$\frac{1}{2}$ cup unbleached all-purpose flour

First Dough:

2 tablespoons unsalted butter, at room temperature

4 teaspoons sugar

1 egg

The Starter

$\frac{1}{2}$ cup unbleached all-purpose flour

Second Dough:

The First Dough

4 tablespoons unsalted butter, at room temperature

$\frac{1}{4}$ cup sugar

1 whole egg

2 egg yolks

Pinch of salt

2 teaspoons honey

1 teaspoon vanilla extract

Grated zest of 1 orange

Grated zest of 1 lemon

2 tablespoons chopped candied orange rind

2 tablespoons chopped candied lemon rind

$\frac{1}{2}$ cup raisins, soaked in hot water to cover for 30 minutes and well drained

1 to $1\frac{1}{4}$ cups unbleached all-purpose flour

Additional flour for work surface and mold

Olive oil or vegetable oil for bowl

Additional unsalted butter for mold

Yields 1 ($1\frac{1}{4}$ -pound) loaf.

For Starter, in small bowl, stir yeast into water. Add flour and mix vigorously with wooden spoon for 5 minutes to form smooth batter. Top with airtight cover and let rest at room temperature until double, 30 to 60 minutes.

Once Starter is ready, begin to make First Dough. In mixing bowl, combine butter and sugar and beat together with sturdy wooden spoon until light, about 2 minutes. Add egg and beat until incorporated. Stir in risen Starter, which will deflate immediately, and beat until smooth.

Gradually stir flour and mix vigorously for 3 or 4 minutes. At this point, the dough should be somewhat stiff and sticky, but nonetheless smooth and elastic. Once again, top with airtight cover and let rise until doubled, 3 to 5 hours.

Transfer now-risen first dough to large mixing bowl. It will deflate as you transfer. Begin to make Second Dough.

In smaller bowl, combine butter and sugar. Using hand-held mixer set on medium speed, beat mixture until light, about 2 minutes. Add whole egg and egg yolks and beat until thoroughly combined. Add salt, honey, vanilla and citrus zest; beat only until evenly mixed.

Using wooden spoon, beat egg mixture into first dough and continue to beat until smooth. Add

candied citrus rinds and raisins and beat to distribute evenly, about 1 minutes. Stir in 1 cup of flour.

Turn dough out onto lightly floured work surface. Knead dough, gradually adding more flour as necessary to achieve a soft, very smooth, elastic dough. This should take 5 to 7 minutes. Shape dough into a ball.

Rub large bowl with oil and place dough in bowl. Turn ball so that surface is coated with oil. Top bowl with airtight cover and let dough rise at room temperature until tripled, 3 to 5 hours.

Grease bread mold (see recipe introduction) with butter and dust with flour. Cut out a round of parchment paper to fit mold bottom precisely and slip into place.

Punch down dough by loosely folding edges into center and turning it over so top is once again smooth. Do not press all of the air out as you shape it into a loose ball.

Place ball in prepared mold. Using a sharp serrated knife, cut a $\frac{1}{2}$ -inch-deep X in top of loaf, extending it to edges. Cover mold with damp towel (the towel must be damp because dough is very sticky) and let loaf rise at room temperature until double, $2\frac{1}{2}$ to 4 hours.

Preheat oven to 400 F. Cut second X in top of loaf, retracing lines of first X. Bake loaf in preheated oven for 10 minutes. Reduce oven temperature to 350 F and bake about 40 minutes longer, or until cake tester or thin bamboo skewer inserted in center comes out dry.

Remove to wire rack to cool in mold for 30 minutes. Then gently slide loaf out of mold, cool about 45 minutes.

IL FORNAIO

ROASTED POTATOES

15-20 extra-fancy red potatoes
 $\frac{1}{2}$ cup extra-virgin olive oil
4 sprigs rosemary, finely chopped
2 teaspoons sage
6 to 8 whole garlic cloves
Salt and pepper to taste
Yields 4 servings.

Cook whole, unpeeled potatoes in hot, but not boiling, water until tender, approximately 12 minutes (the potatoes will give slightly when touched with knife or fork). Cool to room temperature and cut into quarters.

Brush potato sections with olive oil to evenly coat.

Toss with rosemary, sage, garlic, salt and pepper.

Place potatoes on baking sheet and bake in oven at 400 F until golden brown; do not burn. Serve immediately.



Garden Talk

By C.Z. Guest

Many people spend the late winter preparing for the coming of spring. Part of the annual ritual includes housecleaning, re-evaluating items that have been saved for some possible use in the future and throwing away those that have failed, for so many years, to turn into something useful.

Well, here are some suggestions for recycling some of those items into your garden — before they leave on that hopeless trip to the landfill.

For tying plants onto stakes or trellises, there is nothing on the market that beats ties made from old cotton clothes, nylon stockings and other fabrics.

Nylons also are ideal for storing bulbs, such as garlic, shallots and daffodils, until planting or eating time. Simply fill them up and hang them from a rafter in a cool, dry spot. They will get the air circulation needed to prevent rotting and stay safely out of reach of mice and other pests.

Old car tires have a special place in the garden because their dark color makes them an excellent solar collector. Fill tires with soil and plant with tomatoes, peppers, eggplant, melons and other heat-loving crops for an early-season boost.

Milk cartons made of biodegradable waxed cardboard with their tops cut off, plastic trays used for prepared foods, plastic foam trays or cups and metal cans are all suitable for starting plants in a greenhouse or windowsill.

For growing larger plants, you can use 5-gallon plastic or metal food containers. These larger containers are also ideal for storing and transporting food wastes going to the compost pile and storing finished compost, potting mixes, soil amendments and fertilizers.

Plastic foam packing beads can be used to insulate outdoor containers that hold permanent plantings through the winter months. Place the planted containers into a larger empty container or even a cardboard box and fill the inner space between with packing beads.

Old brick and concrete chunks from torn-up sidewalks or slabs can be used as stepping stones for paths, pavers for patios or blocks for dry or mortared retaining walls, benches, planters and other garden features.

Old car tires can be embedded in soil to stabilize slopes and create planting wells or to build new terraces from areas with slopes too steep to garden. Uses for other recycled construction materials in the garden are limited only by the imagination.

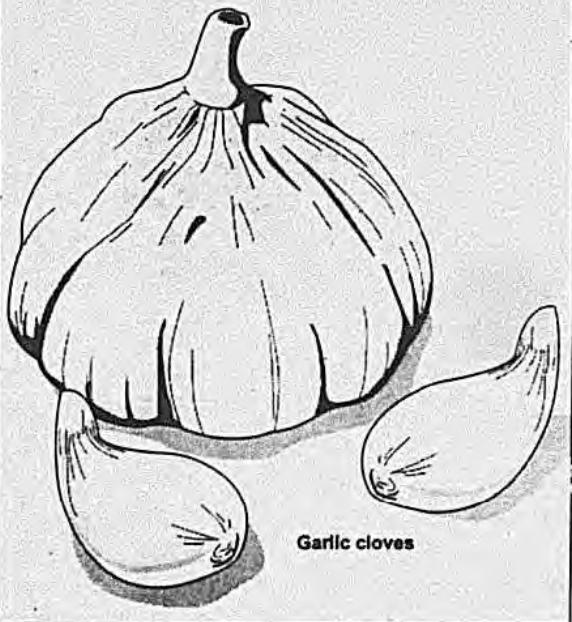
A versatile cold frame can be built to fit any framed piece of glass or plastic. Plastic milk jugs with bottoms cut out make nice cloches for individual tomato, pepper and eggplant seedlings in springtime.

Old bathtub may be sunk into the ground to create small water features or to contain bamboo and other spreading plants.

GARDEN TIPS

Garbage to garden

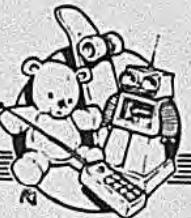
- Use old cotton clothes or nylon stockings to tie plants to stakes or trellises. Nylons are great for hanging garlic, shallots or daffodils until planting or eating time.
- Use milk cartons, plastic foam trays, cups and metal cans to start plants on a windowsill.
- Old car tires can be embedded in soil to stabilize slopes or used as a planter for heat-loving crops.
- Recycle an old playpen as a compost bin.



Garlic cloves

Our Children

By Willard Abraham



Mom-to-be should stop smoking

Q. My wife is driving me out of my mind. Although that's nothing new in this house, her latest stubbornness is the worst because it can affect someone in addition to me.

She is pregnant with our first baby and continues to insist that her smoking won't hurt the baby, either before or it is born. I don't see how that's possible. She won't listen to me and refuses to ask her doctor about it.

I'm so frustrated, and I don't know what to do. I need your help desperately.

A. The best I can do is share with you a direct recent passage from a reputable source, the American Academy of Pediatrics. It was in a release based on an article in their publication, *Pediatrics*.

"Numerous health consequences of children's prenatal and passive exposure to maternal cigarette smoking have been demonstrated, including increased rates of low birth weight, infant mortality, respiratory infections, otitis media (inflammation of the ear), asthma, bronchial reactivity and asthma symptoms among children with asthma, and diminished lung size and impaired pulmonary function; most recently one study has found increased rates of lung cancer later in life for individuals passively exposed to cigarette smoke in the households in which they grew up as children."

If sharing this information with her does no good, consider making an appointment with her physician with this information in hand. I hope she will go with you, but if not, go anyway and seek his support in this threatening situation.

tive about the entire topic, which is exactly how I felt about it when I was her age.

If there is any way that I or her teacher could get her to do better and maybe even like it a little bit, we'd appreciate your suggestions.

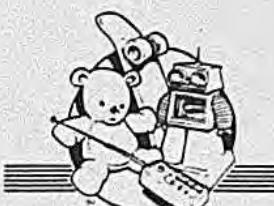
A. All girls are not negative about mathematics. Some like it as much as boys do, and — you may not believe this — some like it more than many boys do.

Parental attitudes toward math and low expectations are sometimes the reasons for the attitude your daughter seems to have.

"Square One TV," a daily program on Public Broadcasting Service stations, aims to help children 8 to 12 years old actually have fun with math. Funded by the Corporation for Public Broadcasting, the Intel Corporation Foundation and others, this program uses math jokes, problems that build on kids' interests and vocabulary and thought processes at their level.

A brochure titled "Yes You Can! (A Parent's Guide to Math Help for Kids)" relates to the "Square One TV" effort.

Your local PBS station can tell you when that program is scheduled and from whom the brochure is available for parents.



Q. Mathematics is a hard subject for our 10-year-old daughter, and I wonder whether that's true for all girls. Her attitude is nega-

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Fitness Forum

By Arthur Salm

Artist sinks teeth into work as dentist

"Let's face it," says Dr. Christine Javier Evans, "when you stick a needle in someone, well, you're sticking a needle in them. It hurts."

Does it ever. Life offers fewer moments of pure regret than those experienced in a dental chair while waiting for the shot and wishing that you'd taken just a little more to heart the 18th lesson in flossing offered by the hygienist as a finale to your last cleaning. And fewer resolutions are firmer than those made when, at long last, you walk out of the dentist's office with numbed lips, wondering whether or not you're making a spectacle of yourself by drooling in public.

It helps a lot, though, if the person wielding the hypo has some genuine feeling for the patient, and compassion is the centerpiece of what Evans calls her "chairside manner."

She is something of a rarity — a female dentist. When she entered the University of Southern California dental school in the 1970s, only about 4 percent of all dentists were women. These days it's more like 14 percent, or about one dentist in seven, but it was still unusual enough for some patients to have bolted when she took over another doctor's practice after he retired a few years ago.

Evans is philosophical, not at all bitter. She says simply, "That's their own personal preference."

Those who left are missing out on participating in something of an artistic experience. Although Evans studied zoology as an undergraduate at Cal State Long Beach, with the intention of going into research in molecular biology, she soon figured out that she wanted to work with people — a species with which lonely researchers interact only during their off hours.

After spending some time as a sidewalk portrait artist, she zeroed in on a profession.

"I wanted to combine my interest in science with my desire to work with people and my ability to work with my hands," she says, adding frankly that she never considered medicine because "I didn't think I had the stamina."

Dentistry filled the cavity? OK, *bill*, even though it can sometimes be frustrating for someone with an artist's disposition.

Evans explains it this way:

"You know how you can be working on a project, or reading a book, and all of a sudden it's 2 a.m.? Well, dentistry isn't like that; you're always being interrupted, either by business in the

office or by having to talk with a patient and explain something to him. You never really get completely lost in your work."

That, and the hazards of the profession: high divorce rate, high suicide rate and high incidence of hemorrhoids — the last problem largely eliminated, she says, by the introduction of sit-down dentistry.

"But I like being a dentist," Evans says. "It fits my lifestyle. I'm in private practice, so I get to do the work I want to do. I delegate a lot of the responsibility in the office (she has an all-female staff), and that way I get to come here and just do my dentistry."

"It keeps me on my toes; I'm always taking classes, learning new techniques. And I'm a mother, too. I work four days a week, and the other three I'm home."

It can get wearing, though, facing an endless stream of people who would, quite literally, rather be almost anywhere else. Just about every day someone flat-out tells her how much he hates going to the dentist.

Evans deals with this attitude by empathizing without reservation.

"Who can blame them?" she says. "It's no fun at all. And don't forget that the mouth is a sensitive and private part of the human body. So you have to be compassionate. At USC we were taught to touch very lightly at first, to try to understand."

When dealing with a terrified patient — something of a redundancy, one might think — Evans makes sure staff members are around to soothe a clammy temple or to massage knotted shoulders.

"People say, 'It's all in your head,' and that's true," Evans says. "But the brain is a very delicate organ."

"In fact, I think that every dentist should be a dental patient at least once a year. And get a shot at least once a year, too."

One has to ask: Does she do that?

Evans laughs. "Not if I can help it."



THE HEALTHY GOURMET

By Kit Snedaker



Delicious pasta is diet fare

Whenever my weight goes above a certain point, I know I have to cut back and I hate it. Who wants to diet? Ideally all of us should be able to eat well and heartily and lose weight at the same time.

Up until now I didn't believe that was possible. Now, however, I've found a way to do it.

Pasta!

I do not mean pasta with a tomato sauce, although if the sauce is fresh, that's fine. What I mean is pasta carrying a sauce of vegetables cooked in stock. I can eat until I'm bursting of this and the scales take a gratifying slide.

By varying the vegetables and adding things like garbanzo beans or low-fat ricotta, I get enormous variety.

Yes, I eat it almost every night and warm up the leftovers for lunch. Then, when my weight is under control — I still eat pasta with vegetables because it's delicious, easy and smart.

Here are some ideas to start you off. Make these a few times and then improvise.

SPAGHETTI WITH PINE NUTS

1 large bunch broccoli broken into florets
2 tablespoons olive oil
2 large garlic cloves minced or crushed
1 tablespoon pine nuts
Pinch of salt
Freshly ground pepper
1/4 pound spaghetti
3 tablespoons chopped parsley
1/4 cup freshly grated Parmesan cheese

Yields 4 to 6 servings.

Each serving has about 275 calories, 5 grams fat, 3 milligrams cholesterol and 100 milligrams sodium.

Steam broccoli for 5 or 10 minutes until bright green and barely tender. Bring a large pot of water to boil. While it's heating, put 1 tablespoon of olive oil in heavy skillet and gently saute garlic and pine nuts until garlic is transparent. Add broccoli and stir together over low heat until broccoli is heated through. Set aside. Season to taste with salt and freshly ground pepper.

When water boils, add other tablespoon of oil and spaghetti. Cook pasta until al dente, drain and toss at once with broccoli mixture, parsley and Parmesan. Serve at once.

PASTA AND SPINACH

1/2 pound fresh spinach
1 1/2 tablespoons olive oil
1 clove garlic, minced
1/2 pound fresh tomatoes, peeled and sliced
Pinch salt
Freshly ground pepper
4 ounces pasta, elbows or wheels
Freshly grated Parmesan cheese for garnish

Yields 2 or 3 servings.

Each serving has about 300 calories, 12 grams fat, trace of cholesterol and 370 milligrams sodium.

Wash spinach and rip off tough stems. Don't dry it. Heat oil in large skillet that has a lid. Add garlic and saute until golden. Put in spinach, cover and cook until just wilted. Add tomatoes and cook until softened. Stir in salt and pepper to taste and keep this sauce warm.

Cook pasta in big pot of boiling water. Drain it and toss with sauce. Grate Parmesan cheese on top as garnish.

SPAGHETTI WITH PEANUT SAUCE

1/2 cup peanut butter
1 tablespoon sesame oil
2 teaspoons cider vinegar
1 tablespoon chopped scallions
1/4 teaspoon cayenne pepper
2 cups cook spaghetti

Yields 4 to 6 servings.

Each serving has about 260 calories, 14 grams fat, trace of cholesterol and 100 milligrams of sodium.

Combine peanut butter, sesame oil, cider vinegar, chopped scallions and cayenne in bowl. Cook spaghetti and stir it into the sauce while it's hot. Serve hot or cold.

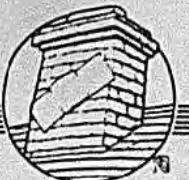
Kit Snedaker is author of "The Great Convertibles." Her food stories have appeared in *Bon Appétit* and *Harper's Bazaar*.

HEALTHY GOURMET



Here's How

By Gene Gary



Q. We recently moved into a home that has a tinted film applied to the windows. A friend informed me that you have to be very careful when cleaning windows with this type of treatment so as not to damage the tinted film.

I checked with several local firms who sell and professionally install this film for their cleaning recommendations. I got different information from each source, so now I am completely confused. Do you know how these windows should be cleaned? — A.L.

A. Most of the newer products used today are scratch resistant and wear longer than products of the past. However, you should still exercise care when washing the

film-coated windows.

I recommend that you use warm water with vinegar and as soft a cloth as possible. The old diapers that you can still purchase in some hardware and home centers for use as rags would be best.

Soak one rag in the solution and go over the glass. Use a second clean, dry diaper to remove the moisture and polish the glass.

Do not use any commercial cleaners, particularly those that contain ammonia. These products can dissolve many of the film coatings sold on the market today. The films also are sensitive to scratching and even the roughness of paper towels can do damage.

Q. I want to apply a lacquer fin-

ish on some cabinets we are having built. I have had conflicting reports on whether or not the lacquer should be thinned prior to application. Could you advise on the best way to apply lacquer for a durable finish? — L.N.

A. You can apply lacquer without thinning, but it is very difficult to get a smooth finish and avoid brush marks. It may take more time, but you will probably get better results if you first thin the lacquer and plan on applying two to three coats.

Use lacquer thinner either one-third the quantity of the lacquer or half-and-half. The half-and-half mixture will be the easiest to apply.

Be sure and let each coat dry thoroughly and sand with extra-fine sandpaper between coats. Using a "wet" sandpaper (one that can be soaked with water or oil prior to sanding) will probably give the best results. Use a tack cloth after each sanding to remove any residue. Plan on applying three coats for durability.

After the final coat, you can use pumice powder mixed with a little

water or oil, to rub down the lacquer finish and polish the wood. This will remove some of the shine and give you a smoother finish.

Q. I have read several times in your column the recommendation to use portland cement. Why is this brand recommended over other brands for such things as concrete patios and walkways? Where can I find this brand in my area? — R.D.

A. Portland cement is not a brand name. It refers to the type of cement that is the common, gray cement you see used in both commercial and residential projects of all types. It is manufactured by many different companies.

The word portland came to be associated with cement when it was first made because its gray color resembled the then much-used limestone that came from the Isle of Portland in England.

Decor Score

By Rose Bennett Gilbert



Shutters provide interest in dining room

Q. When my husband was transferred recently, his company asked us to move into the house his predecessor had lived in, at least for the next two years. It's a good deal for us, but this is not the house we'd have chosen for ourselves. It's basically contemporary, and the furniture we'd had in our apartment is very Early American.

For just one example, the dining room has a wall that is entirely windows, floor to ceiling. I'm afraid they'd look silly with the kind of curtains (crisscross Priscilla) I had in our apartment. What do you think? What do you suggest? — C.C.

A. I think you are right: There should be some visual correlation between your furnishings and the prevailing attitude of the house. But that's not to say that you can't live happily with your personal choice of styles despite the architectural givens. As a background for your Early American furniture, you could consider:

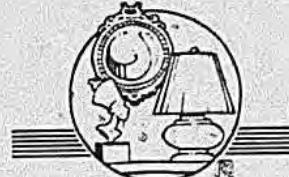
- Wood shutters, which work equally well with traditional and contemporary, as you see in the photo we show here, where Joanna's furniture-quality shutters have been made to fit sleekly in-

side each of the floor-to-ceiling windows.

- Vertical blinds, which you can have laminated with a traditional patterned fabric.

- A wall-to-wall swag over panels of sheer lace. If you need more privacy and light control, mount decorative shades (shaped, laminated or fringed) over each window so the swag hides the roller when they're not in use.

Rose Bennett Gilbert is the co-author of "Manhattan Style" and associate editor of *Country Decorating Ideas*.



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BABYSITTER - SEEK QUALIFIED, Responsible woman with checkable reference to babysit for toddler in my home. Must be reliable & willing to work 10-20 hours per week, Mon.-Fri., 9-5, hours vary. Garden City area. call 437-0609. gd3

STARTING END OF Jan. '93 - Mature, responsible woman infant care F/T, Mon.-Fri. must have own transportation, non-smoker. References required. Call 889-5143. gd3

BABYSITTER FOR 3 & 8 year old boys, Monday, Tuesday and Friday, 2:30-6:30 p.m. G.C./West Hempstead area. Responsible and references. Students welcome. Call 486-7572. gd2

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FRIENDLY 4½ YEAR OLD girl needs care by responsible woman in my Garden City home. References, car preferred. Evenings 358-2767. gd1

CHILD CARE IN East Williston area. Looking for responsible individual to watch 2 small children FT or PT. Must have own transportation & references. Call 248-0139. gd4

BABYSITTER 1 or 2 days per week starting Jan/93. Please call 741-8291. gd4

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BABYSITTER / HOUSE KEEPER, FT, PT. Live in/Live out. 3 children in my Garden City home. Must have good references. 739-1610. gd1

Situation Wanted

EXPERIENCED CERTIFIED WOMAN seeks position as a nurse's aide, HHA or companion. P/T, F/T, live in or out. Clover (718) 927-0029. gd2

ATTENTION VACATIONERS - WOULD you like to go away and know that your dog or cat is well taken care of? Mature woman who loves animals will give your pet lots of TLC. Fenced in yard. 352-9113. gd2

INDEPENDENT HOME HEALTH aide needs live in position caring for the elderly and homebound. Please call 753-2094. gd1

EXPERIENCED CARE GIVER - GARDEN CITY mom will care for your child in my home. Dependable & caring. Excellent references. 747-2978. gd3

HOUSECLEANER AVAILABLE. Experience & reference & own transportation. 1 day a week 742-9175. gd3

EXPERT HOUSECLEANER WITH experience & references. Call 873-0704. Ask for Belkiss. gd3

HOUSECLEANING - GOOD EXPERIENCE Good references. call 877-0630. Call after 7 p.m. - Cida gd3

MINEOLA MOM OF SCHOOL AGE children and 2 year old, will care for your infant or toddler in my home. P/T or F/T. Excellent references. Please call 741-4369. wd2

CHILD CARE AVAILABLE. NYS certified early childhood teacher with master's degree will care for your child in my Mineola home. Enriched environment. Playmates. Certified program. Excellent extensive references. 747-5350. wd4

IRISH WOMAN AVAILABLE TO take care of your sick, bedridden or elderly. Please call 741-8619. wd4

I AM A MATURE, responsible woman looking for work as companion to the elderly or nurse's aide. I am understanding and easy to work with. Please call Gertrude at 718 467-5539 from 7 a.m.-10 p.m. gd4

Situation Wanted

IRISH LADY AVAILABLE to work afternoons and nights as nurse's aide or companion. Excellent references. Call Bridget after 3 p.m. 488-5332. gd4

HOUSECLEANING AVAILABLE Mon.-Fri. mornings - afternoons. Good experience and reference. (516) 565-1153. gd2

HOUSECLEANING AVAILABLE 6 days a week. References, transportation & experience. 338-4306. gd4

CHILD CARE, EXPERIENCED Mom will watch your child in her West Hempstead home. Full time, Part time. References available. 481-8790. gd4

HOME ATTENDANT, CHILD care, domestic. Live in or out. 483-4343 Sue Persaud eve. gd4

G.C. COLLEGE SENIOR, home till after the New Year. Let me be your other pair of hands and help you get ready for the holidays. I'll shop, clean, babysit, wrap presents and help you with your parties so you can enjoy. Call Jen 354-1720. gd2

HOUSECLEANING - EXPERIENCED, references available, weekdays & weekends. Call Anna 483-2455. Live in also. gd1

MATURE WOMAN, CERTIFIED NURSE'S Aide, experienced, comp. elderly, sick or housekeeper. Available 4 or 5 hrs., morning. Own transportation and good references. Call 485-9215 any time. Leave message. gd4

MATURE, RESPONSIBLE WOMAN to do housekeeping and child care. Can work six days a week from 7-6. Call 739-0916. gd4

LOVING MOTHER WILL Babysit your child or children in my Williston Park home. Will pick up or drop off if need be. Reasonable. Call Patti at 741-2843. wd1

GREAT GIFT ANYTIME Get a portrait done for you or family and friends. Reasonable rates. Pastels. Call 739-0916. gd1

EFFICIENT, CARING NURSING assistant with references seeks position to take care of the elderly five days a week, also has own transportation. Call (516) 292-6509 weekdays and weekends. Leave message. gd4

Situation Wanted

CERTIFIED NURSE'S AIDE with experience in geriatric care, will take care of your loved ones. Mon.-Fri., 8 a.m. - 1 p.m. Responsible and reliable. Excellent references. Ask for Rose 326-2917. gd2

LOVING & KIND, responsible person needs a job as a babysitter or companion to elderly. Good references, live in. (718) 826-1254. Call any time. Nicole Douglas. gd2

LIVE IN CARE needed, man in wheelchair needs minimal assistance with personal care. Includes light household duties references required. Call 789-5048. jd1

HOUSECLEANING POSITION WANTED. Energetic, responsible woman seeks housecleaning position. Seven years experience, references, own transportation. Please call 358-5321. jd1

CHRISTIAN LADY WISHES to care for sick or elderly day or night. Non-smoker, light housekeeping, excellent references. Call 483-4743 or 485-9376. gd2

HOUSESIT - TEACHER WILLING to housesit your Garden City home while you are away for short or extended periods of time. Garden City resident. References. Please call 742-6931. gd4

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EXPERIENCED NURSE'S AIDE with drivers license seeks position to care for elderly, live in or live out. 379-5720 or 223-0924. **gcd4**

FEMALE COLLEGE SR. available Dec. 19 - Jan. 10 to babysit, run errands, housework, office work. Call 742-0562. **gj1**

NEEDED A BRIGHT, ENERGETIC PERSON to clean your home or office for 2 days? Available Mon. & Wed. Call Marina 486-6982, 5 p.m. to 9 p.m. Reference available upon request. **gj1**

EXCELLENT HOUSE CLEANER available with references. Call Odnie at 997-1064. **hj1**

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CUTCHOGUE/NASSAU POINT AREA Heated in-ground 20'x40' pool, 2 cabanas, jacuzzi, steam rm., sauna, finished bsmnt., 4 BR, 2 1/2 Baths. LR, EIK, 2 car garage, acre+ landscaped, deck, \$325K. call Bill Kavan 294-0220. **gj3**

SO. JAMESPORT 3 BR Ranch, 17x17 fin. den plus 15x15 fin. rm. in bsmnt., LR/wood burning stove. In-ground pool, walk to beach, marina close by. In-ground irrigation, landscaped 1/2 acre. \$180,000. 722-4784 **gcd3**

MINEOLA/E. WILLISTON Schools. Expanded cape for sale. Move in condition. 4 BRS, 2 Baths, carpeted, finished basement, detached garage, 50 x 100. Low taxes. \$229,990. Call owner 746-3141. **wd2**

G.C. PRIME ESTATES, CH. Dutch Colonial 4 BRS, 2 new full Baths, completely renovated in and out. Charm and workmanship of bygone era. A must see. Magnificent and spacious interior, boasts detailed parquet oak floors, large moldings and French doors throughout. Low Taxes. owner asks \$598 K. 741-7378. **gcd2**

Real Estate for Sale

WEXFORD, 3 ACRES land. Make me an offer. 775-6904. **gcd3**

COMPLETELY REFURBISHED HOME on one acre, pool, four car garage, FPL, many extras. Pine Ridge Area, Naples, Florida. Priced to sell (603) 778-9106, P.O. Box 954, Exeter, N.H. 03833. **gcd2**

SOUTHOLD WATERFRONT MAGNIFICENT 1.3 landscaped acres. 250 feet waterfront w/dock, in-ground pool w/slides, 60 foot entertainment deck off DR & LR/Fpl. Large Kitchen with brick wall barbecue & bay window dining area, laundry room, den, 4 BRs, 3 1/2 baths, finished lower level, Fpl., 4 zone heat, CAC & Central Vac., 2 car garage, sprinklers, much more. \$495,000 firm. By owner. 765-9296. **gcd2**

GARDEN CITY PRIME Estates Ranch. 4 BR, 3 full new baths, new country kitchen, fully alarmed, sprinklers. \$450K. No brokers. Days 746-3020, Eves. & Weekends 741-5477. **gj5**

GARDEN CITY PRIME Estates Ranch. 4 BR, 3 full new baths, new country kitchen, fully alarmed, sprinklers. \$450K. No brokers. Days 746-3010, Eves. & Weekends 741-5477. **gj4**

GARDEN CITY ESTATES 4 BR, 3 baths, English Colonial. FDR, LR/Fpl., library, large kitchen with deck, finished 3rd fl., 2 car garage, fin. bsmnt., gas heat. Principals only. No brokers please. High \$300's Neg. 873-0338. **gj1**

GARDEN CITY SOUTH - Builder's Split level home on 60x100, deadend, bordering golf course, extra large rooms. 3 BRS, 2 1/2 baths. \$375K. Schlimkus Realty 485-1822. **gj2**

EAST WILLISTON - MAGNIFICENT Colonial with old world charm, on almost 1/2 acre treed property. 3/4 BRS, 2 1/2 Baths, LR with marble fireplace, large EIK, banquet DR, sunny den, finished basement, CAC. Low taxes. Move in condition. \$499 K. 294-8357. **wd2**

CUTCHOGUE WATERVIEW Of Peconic Bay. Designers charming 4 Bedrooms, 3 full Baths. Country Kitchen. Lg. Living and Dining area. Upper and Lower decks, landscaped grounds. Move right in. Meticolous. \$269,000. 724-8917 or 248-3770 after 6 p.m. **hd2**

G.C. CH COLONIAL Spacious, immaculate 4 BR home, 2 1/2 baths renovated FPL/kitchen, 100x120. Walk to RR. Low Tax, FDR, LR/Fpl., attached 2 car, new alarm, sprinkler, much more. \$465 K. Principals only. 248-5880. **gcd2**

CATHEDRAL GARDENS - UNIQUE Georgian cottage. 3 BRS, 2 1/2 Baths, 70 x 125 corner property. \$229K. Owner: 538-2082. **gcd2**

Real Estate for Sale

GARDEN CITY BEAUTIFUL spacious home, 5 BRS, 3 baths, screened porch, finished rec. room, 80x100. Walk RR. Asking \$315K. By appointment. Principals only. 775-5974. **gcd4**

BOCA RATON, FLORIDA ocean front. One of Boca's finest buildings, 2 BR, 2 Bath, completely furnished apartment, 24 hour security, garage parking, heated pool. Priced to sell. Contact the Kents. (407) 391-4524. **gcd2**

SOUTHOLD MINT CONDITION Custom Hi Ranch. 4 BRs, 3 Baths, EIK, LR/Fpl., large den & deck. Walk to beach and town. 2 1/2 Car Garage. \$250,000. Owner. 765-2703. **gcd2**

SOUTHOLD - 4 BR EXTRA large LR, DR, den, kitchen, plus 1 1/2 car garage and it all has been remodeled. Private beach & marina comes with this gem. \$215,000. New Suffolk - Beautiful waterviews from this cute 3 BR cottage. Walk to beach & marina. TLC needed to finish it. Priced to sell at \$149,000. Cutchogue - Horse lovers take notice! Corral & barn goes with this 5 BR house. A great place to raise children & animals. Only \$225,000. Marilyn Lang Realty 734-6472, 734-6690. **gj2**

SOUTHOLD BAYFRONT 4 BR, large LR/FPL, DR, decks, top condition, sandy beach. Spectacular views \$395,000. Southold - Walk to sound beach from this excellent 3 BR, 2 bath Ranch with delightful Florida room, deck, new roof, new OHW heat and CAC. Choice buy! \$199,500. Southold - Walk to beautiful bay beach. Attractive 4 BR, 3 bath Colonial Cape. EIK, FDR, LR/FPL, family room, OHW heat. Asking \$240,000. Cutchogue - Nassau Point - Enjoy this private peaceful setting. Unique 3 plus BR carriage house. Perfect for relaxed summer living. Asking \$209,000. Cutchogue - Nassau Point Country Estate sprawling stone Ranch on 2 1/2 rolling, wooded acres. This period home features 3 BR's, 3 1/2 baths, 2 FPL's, OHW heat with CAC. Additional acreage available. A most unique offering. \$399,000. Cutchogue - Waterview from this cozy Cape with 2 BR's & sleeping loft. New Kitchen & great room, rustic setting & steps to private beach. Our exclusive \$169,000. Marion King Realty 734-5657. **gj2**

GARDEN CITY JUST IN - Fantastic Estates Contemp. 3 BRS, 2 1/2 baths, marble FPL, large LR & DR, modern EIK, family room, over 1/4 acre. \$300's. Gracious Estates Colonial - 5 BRS, 3 1/2 baths, family room, 3 FPL's, 1/4 acre \$400's. Mint Cul-de-sac Ranch - 3 BR's, 2 1/2 baths, family room, 2 FPL's, CAC, 2 car, 1/3 acre. \$600's. Central Section Young Colonial. Shades of yesteryear - beamed ceilings, 4 BR's, 3 1/2 baths, modern EIK with breakfast room, CAC, 2 car, 2/3 acre. \$800's. Vera Atamian 354-1994. **gcd2**

GARDEN CITY 2 BR, second floor. Best location facing 15th Street. A/C, washer/dryer, wall to wall, attic, garage \$106,000. 294-0269. **gd4**

MANHATTAN APT. 34th & Park Ave. Elegant Park Ave. Contemp. Luxury building, 24 hour elevator and concierge, washer/dryer in building, custom Queen Murphy bed wall unit. Maintenance \$377. Asking \$99,000. Owner (616) 728-0007. **gd2**

MINEOLA, LARGE 1 BR. 28'x12' LR, walk through kitchen, dining area, alcove, wall to wall, 2 A/Cs, parking. Low maintenance. Walk LIRR. Owner anxious. \$85,000. 248-4431. **gd4**

Real Estate for Sale

SOUTHOLD - LOCATED IN DESIRABLE Bayhaven beach front community. This custom built Cape Cod offers 5 rooms (2 BR's) on first floor & room for 2 additional BR's on second. Full basement, hardwood floors, garage, appliances. Exclusive selling to settle estate. Asking \$145,500. Bookmiller Realty 722-4423. **gd2**

MASSAPEQUA 4 BR HI RANCH 2 car garage. Mint condition, beautifully landscaped. South of Merrick location \$279K. Call for details. Mr. Grasso 775-6035. **gj1**

SOUTHOLD WATERFRONT CUSTOM home features LR, FDR, family room/FPL & Cathedral ceiling. 3 BR's, 2 baths, finished basement, pool, large deck, dock, professionally landscaped. Private sandy beach \$369,000. Peconic Mint Country Chalet. LR with stone FPL & cathedral ceiling. 3 BR's, 2 baths, landscaped for privacy. Walk to beach \$210,000.

Laurel Bayfront 2 story home. LR/Stone FPL, newly renovated country kitchen, 4 BR's, 2 baths plus separate guest studio, sandy beach, forever views. \$385,000. Lewis Realty 298-4600, 765-5810, 734-5533. **gcd2**

Co-Op For Sale

GARDEN CITY, HAMILTON House, 101 Second Street, Unique 1 BR, Co-Op. New Kitchen, lots of extras. A steal at \$70,000. Seller Financing Available. (Days) (718) 641-4945, (eves.) (616) 741-8894. **gd3**

1 BR CHERRY VALLEY Co-op, totally renovated, storage space, CAC, full amenities, must see. Will take any reasonable offer. Mid \$80's. Owner anxious. 248-5347. **gd1**

GARDEN CITY, STEWART AVE. second floor Co-Op, 2 BRs, 2 Baths, Modern Kitchen, wall to wall, washer/dryer, dishwasher. Days 741-3709, Eves. 767-1093. \$199,000. Owner. **gd2**

NORTH SHORE TOWERS Deluxe studio. Magnificent view NYC. New Kitchen, new w/w carpet, all amenities on premises. \$89,900. Principals only. 718-631-1785. **hd1**

GARDEN CITY 2 BR, second floor. Best location facing 15th Street. A/C, washer/dryer, wall to wall, attic, garage \$106,000. 294-0269. **gd4**

MANHATTAN APT. 34th & Park Ave. Elegant Park Ave. Contemp. Luxury building, 24 hour elevator and concierge, washer/dryer in building, custom Queen Murphy bed wall unit. Maintenance \$377. Asking \$99,000. Owner (616) 728-0007. **gd2**

MINEOLA, LARGE 1 BR. 28'x12' LR, walk through kitchen, dining area, alcove, wall to wall, 2 A/Cs, parking. Low maintenance. Walk LIRR. Owner anxious. \$85,000. 248-4431. **gd4**

Co-Op For Sale

GARDEN CITY CHERRY VALLEY. Mint, second floor, 2 BRs, new kitchen, bath, carpet. Private corner, large garden. Will trade for your Garden City home. \$115,000. 742-8659 **gd4**

GARDEN CITY CHERRY VALLEY Co-Op - Spacious 1 BR, new EIK, prime location. Walk to RR and stores. Maint. 80% deductible. Principals only. 742-6843. \$85,000 **gd4**

GARDEN CITY. MINT 1 BR Co-Op, second floor, separate entrance, walk RR, stores & courts. Asking \$69,900. Owner 294-7496. **gd4**

GARDEN CITY/HEMPSTEAD Must sell, transferred. Large 1 BR, EIK, Oak Floors, High Ceilings, Lots of Closets. Walk to LIRR \$39,000. (516) 292-0483. **gd1**

GARDEN CITY - CHERRY VALLEY Co-Op. 1 BR, 1st floor, CAC, great condition and location. \$69,500. Call 742-7842. **hj1**

GARDEN CITY - CHERRY VALLEY 1 BR, 3 blocks from LIRR. 2nd floor, new kit, new bath. \$85,000. Maint. 80% tax deductible. Owner. 746-0355. Open House Sundays 1-4 pm. **hj1**

GARDEN CITY CO-OP. 2 BR, second floor, center of Village. 2 block to LIRR & all shopping. Refinished floors, new windows. \$116,000 Owner 873-9469. **gd2**

MINEOLA - EXTRA LARGE JUNIOR 2 BR w/Euro modern kitchen, garage, parking. Low maintenance, walk RR, \$550 custom redecorating bonus. \$91,500. 742-0229. **gd1**

MONTAUK. 2 RM FURNISHED Co-op. One hundred feet from beach. Electric heat/air conditioned. Walk to dining, shopping. Sleeps four. Full kit, cable TV. Must sell. Asking \$38,500. Great rental history. 724-5572. **gd4**

MINEOLA HORTON HOUSE Co-Op: Front apartment, 1 BR, new kitchen, updated bath, loads of closet space, air conditioning. Parking available on and off premises. Principals only. \$89,500. 741-5210. **gd4**

NOTICE
HAVE YOU A HIDDEN TALENT that has yet to be discovered in print?

We are looking for articles, not exceeding 3,000 words or less than 1,500 words, on local topics, opinions, ideas, nice places to visit on Long Island, and even fiction. In our magazine section, we will try to "Discover" one new feature length article and writer per week. Each writer will be reimbursed a stipend of \$25.00.

If you want to be published and be part of an issue of Discovery, you may submit your article to: Litmor Publications, 81 East Barclay Street, Hicksville, N.Y. 11801.

Real Estate For Rent

STORE FRONT FOR LEASE: Available early 1993, Willis Ave. bet. Fordham & Harvard St. Office or retail space. 2100 sq. ft. Contact owner. 746-3141. wd2

HEWLETT. 1449 BROADWAY, Jr. 4 room apt. \$875. No fee. 538-0757. gd4

FLORAL PARK 1 BR apt. \$690 per month. 2 BR \$850 per month. No fee. 538-0757. gd4

HICKSVILLE: \$450 PER month, One room, private bath, private entrance, parking plus storage. Like owning your own one room cottage. Mr. Grasso - 755-6035. wd2

HILTON AVE. & 7th Street, Garden City. Up to 1,000 sq. feet of office space directly across from station and hotel. R. Polley (516) 747-2900. gd2

GARDEN CITY FURNISHED room for rent. Private entrance, non-smoker, share bath, kit privileges. Near RR. 742-7706. gd3

GARDEN CITY SOUTH Bsmt. studio, separate entrance, private bath, non-smoker, mature business person, male preferred. References & security \$575 neg. 486-4263. gd4

WEST HEMPSTEAD, 1 BR Kit/LR combo, full bath, private entrance, cable, A/C. Mature business woman or young business couple preferred, non-smokers, no pets, references. One month's security. \$600/all. Call owner 481-5128 after 5 p.m. gd2

MINEOLA OFFICE SPACE FOR RENT. Upper floor, 321 Willis Ave. Six rooms, (750 sq. ft.) set up for either school, insurance, law etc. Four rooms (625 sq. ft.) set up for dental office. Parking. Owner 746-8023. wd4

WILLISTON PARK FIRST FLOOR OF LEGAL two family house. Separate entrance. LR, FDR, EIK, sun porch, 2 BRS., Bsmt. yard and garage. Available immediately. \$1,100 includes heat & hot water. 741-5059. wd4

FRANKLIN SQ./G.C. BORDER 3 Room Apartment, full Bath, new Kitchen, New Bath and new windows, hardwood floors. LR & BR. No pets, \$675 includes all. Available 12/1. By owner. 326-9676. gd2

G.C. COTTAGE AVAILABLE for winter rental. Time flexible. Call for details 741-3694. gd2

FLORAL PARK & LYNNBROOK - Two new 1 BR basement apartments. All new everything, both large, fully carpeted, all new appliances, convenient to all, walk-in closets, EIKs, private entrances, very bright, no stucco or paneling here. Singles only, no pets, no smokers. \$590 each. 775-4256. After Nov. 26 call 328-1489. wd2

Real Estate For Rent

GARDEN CITY FURNISHED room, separate entrance, private bath, non-smoker. Mature business person, male preferred. References & security. 741-0535. gd4

STEWART MANOR APT. 2 BR, 1 Bath, DR. Near shopping and school. Available December 1. \$925/mo., two months security. 326-8584. hd2

W. HEMPSTEAD - 2 LARGE Rooms, full bath, utility kitchen, private entrance, upstairs, all wood floors, freshly painted, furnished or unfurnished, utilities included. Wildwood section. Near all, \$600. 486-2427 or 486-1848. gd1

MINEOLA - BRAND NEW basement apartment, park area, LR, BR, EIK. Walk to RR. Female, non-smoker preferred. \$625 includes utilities. Immediate occupancy. 746-2949. gd2

FRANKLIN SQUARE, SECOND floor studio. EIK, LR/BR combo, full bath, wall to wall, separate entrance. Single female preferred, non-smoker, no pets. \$550 all 352-5084. gd2

GARDEN CITY & VICINITY. 5 BR. Tudor, 2 baths, EIK, Fpl. Fin. Bsmt., garage. \$1,750. Garden City South. 4 BR. Cape, 2 baths, EIK. \$1,500. Rockville Centre. 4 BR, Hi-Ranch, 2 baths, den, washer & Dryer. \$1,800. Rockville Centre. 4 BR., Col., EIK. Washer & Dryer. \$1,300. Heart of Garden City. 2 BR, 2 baths, elevated building. \$1,495. 1 BR., Dining Bay, available immediately, elevated building. \$1,185. **Beautiful 1 BR.**, dining bay, sunken LR, 14x15 foyer, same building. Occupancy Jan. 1, 1993. \$1,225. Garden City Park. 2 BR, EIK, first floor. \$1,050. Hempstead Cathedral Gardens. 3 BR, 2 baths. \$1,600, 1 BR available immediately. \$825. 1 BR., Second floor, 2 family. \$750. 1 BR., - \$650. Garden City South. 2 BR, 2nd Floor. \$800, plus electric. Elaine J. Nolan, 485-7054, 292-9749. wd2

FLORAL PARK, 2 BR Furnished with solarium, private entrance. Ideal for business couple, near RR and public transportation. \$850 a month. 352-6433. gd2

LOVELY FURNISHED ROOM in private house, second floor. Suitable for quiet, clean professional, non-smoking male. Share bath. Convenient to all. \$400 monthly. Security & references required. 489-5941. gd1

BELLEROSE 1 BR APT. kitchen, LR, private entrance, near RR, bus & stores, second floor, newly decorated. Non-smoker preferred. \$600 per month. (718) 347-4000, (516) 2929-0302. gd1

GARDEN CITY PARK, 1 BR apartment, second floor. Walk RR. LR, kitchen, includes all. \$700 a month. No pets. No fee. 294-9776. gd1

Real Estate For Rent

GARDEN CITY/HEMPSTEAD BORDER Bright, immaculate Co-Op apt. for rent/with option. 2 BR, large EIK, LR, dinette & full bath. Cathedral Gardens complex \$925 plus LILCO. No fee. Owner 292-7353. gd1

FLORAL PARK, 1 BR apt. second floor, outside terrace, garage, newly decorated, near RR, \$790 monthly. Available Dec. 1. No fee. 437-7245. gd1

HICKSVILLE TWO ROOM Apt. full bath, own thermostat. Ground floor, private entrance, close to everything. Utilities included. Jan. 1. 822-5874. hd2

2 BR APARTMENT near everything. Free hot water and heat included. 2nd floor Garden City South, \$850/mo. by owner 489-4704. hd1

WEST HEMPSTEAD GARDEN Apts. 2½-3½ rooms, \$700-\$750 a month. No pets. Call Super. 292-9402. gd2

NEW HYDE PARK - HERICKS Schools - all brick Ranch. 3 Large BR, 2 Full Baths, DR, EIK, CAC. Ready to move in. Very Clean. One car attached garage. \$305,000. Owner. 248-1175. wj1

GARDEN CITY / HEMPSTEAD, CATHEDRAL Gardens. Large renovated 2 BR, bright, airy, best in complex. Dishwasher, wall to wall. \$875. By owner. No fee. 565-3159. gd4

MINEOLA/WESTBURY/HEMPSTEAD. Beautiful Apts. available now. 2 Studios - \$550 & \$600 a month. 1 BR. - \$575 a month. Large 2 BR. - \$785 a month. Luxurious 1 BR Co-op - \$850 a month. 2 BR. in beautiful area. - \$850 a month. Luxury 2 BR, Co-op - \$950 a month. Royal Int'l. 742-3355. wj2

Vacation Rental

MONTAUK WINTER GETAWAY special. 4 nights \$225 a couple. 2 rm suite, heat, full kit. Sleeps 4. Walks, dining, shopping. Hundred feet to beach. Also for sale. \$38,500. I m m a c u l a t e . C a l l 724-5572. gd4

SANIBEL ISLAND, FLORIDA. Tropical paradise Sundial Beach and Tennis Resort. Soft Courts, golf, 5 pools, all sports, 2000' beach, restaurants, shopping. Complete Gulf-front resort. 1, 2 & 3 BR Condos, full kitchens. Rent daily or more. Reasonable (516) 746-2211. gd1

MYRTLE BEACH, S.C. Winter rental. Ramada Hotel Condo overlooking ocean. 3 Rms. Fully equipped, 2 double beds. Indoor pool, covered parking. \$495 month pays all. 935-4614. hd1

DO YOU HAVE A SERVICE to advertise? Our Service Directory is sure to bring results. Call 931-0012.

Vacation Rental

PALM BEACH GARDENS 2 BRs, 2 baths, golf villa. P.G.A. Nat'l. with sports membership \$3,500/mo. 2 BR, 2 baths Townhouse w/garage \$3,000/mo. Jupiter/Sea colony. Walk to ocean. \$2,800/mo. Call Ann Cotteralls at Prudential Florida Realty 1-800-247-4791. gd1

MT. SNOW/HAYSTACK. large fully equipped 4 BRs, plus loft, 2½ baths with color TV, VCR, microwave, heated garage. Beautiful views, lots of privacy. Available by the week or weekend. Call 466-6120. gd1

MARCO VILLAGE FLORIDA - French Village Condo - 2 b/r, 2 Bths, pool, Tennis, steps to golf, all amenities. Great rates. avail. Dec., Jan., April, May. Owner (718) 352-5798. hd2

STRATTON MOUNTAIN, VT. trailside Condo. Spectacular views. Walk to lift. All amenities. Convenient to all facilities incl. pool, sports club, village, shoppes. Available for rental. (718) 742-2818, (718) 258-3434. gm3

VERMONT SKI RENTAL Enjoy the beauty and serenity of Vermont this winter. Fully equipped home convenient to Bromley, Stratton and Okemo.

Discover the picturesque villages of Southern Vermont. Terrific shopping and first class restaurants, all at affordable prices. Call owner for details. 248-1254. hd4

CARRIBBEAN: A LOVELY vacation on Anguilla in modern private home or garden apartment. Personal welcome; endless beaches; all amenities. By the week; \$600 garden apartment for 2; \$1,200 - \$1,400 for main house. (516) 564-8476 evenings. gd4

SKI WINDHAM SLOPESIDE Condo, sleeps 8. Immaculate, sauna, 2 baths, views. Available weekends, weekdays, holidays. 536-2668. gd3

Real Estate Wanted

PROFESSIONAL COUPLE WANTS to rent apartment in Village of Garden City or small house in town. (212) 831-3667. Needed by 1/30/93. gd4

MATURE PRIVATE NON-SMOKER needs a furnished room, light residence kitchen use, parking, no house pets please. Call Andrew at 683-5111, Mon.-Fri., between 8 a.m.-4:30 p.m. or Call 742-2728 evenings & weekends. gd4

YOUNG COUPLE WITH CHILD wish to buy a home in Garden City. Prefer quiet street. No home to sell, can close quickly. Able to spend \$200's. Please call (718) 225-9210. gd1

PROFESSIONAL COUPLE looking to rent a large apartment or small house in Garden City/Mineola area. No fees. Please call or leave a message at 747-5449. gd1

For Sale

ETHAN ALLEN CHERRY Dining Room table with glass top, 2 leaves and pads \$1,500 n.e.w., asking \$500. 488-1430. gd2

PORTABLE DOG KENNEL w/door, 14' x 24' x 4' high chain link, call after 6 p.m. 747-6798. hd2

CHRISTMAS ANIMATED FIGURES 3 elves, approx. 38" high, 1 yr. old, heads and ma move. \$250 each. Moving, must sell. 437-4074. hd2

STORY & CLARK TRADITIONAL spinet organ includes all options. Built in Leslie Speakers, main echo, auto beat, tilt control, mechanical stops. Call 746-6783. gd2

CHERRY ENTERTAINMENT CENTER Center, Thomasville. Purchased new 9 months ago for \$1,700. Beautiful piece but must sell. Asking \$1,000. Call 326-6852 leave message. gd2

ARMOIRE: MAGNIFICENT ANTIQUE, walnut, bonnet top, 56" wide, 26" deep, 7 ft. high, double carved doors, movable shelves, 2 drawers. Showpiece for home or business. Sacrifice \$1,200. Also antiques and Victorian linens. 483-6119. wd2

BEAUTIFUL ENGLISH ANTIQUE wash stand, marble top with blue and white tile back \$475. Black and green marble pedestal table. Mint. 48 inches in diameter. 437-0839. gd2

RELOCATION SALE - VERY NEGOTIABLE - Baker, Harden, Lane, Bloomies, King Be, love seat, 1920's sofa, cedar chest and more. Mint condition! Low prices! 747-8926. gd2

STAIRMASTER: NEW PRE COR 718e, \$150, retail \$499. 747-8926. gd2

48" ROUND OAK Pedestal Table with pads, 24" leaf. Chairs optional. Excellent Condition. \$500 neg. 739-0215. wd4

THOMASVILLE OAK CONTEMPORARY bedroom set: Triple dresser, armoire, two night tables, Queen size headboard. \$600. 248-2379. wd4

WALNUT DR SET: Hutch, four chairs, table & leaf. Reasonable. 747-1507. wd4

RUST VELLOVE LOVE SEAT, walnut stereo - 6 ft., electric typewriter, electric lawnmower, white dressing table and chair, skis, boots and poles. All \$25 each. 747-5824. g c d 2

INVALID EQUIPMENT: ELECTRIC hospital bed, wheelchair, folding hips, walkers, cane, commode. Asking \$1150 for all. Excellent condition. 484-7235. wd2

LEATHER 3 PIECE SECTIONAL like new, light brown. Leather, 2 easy chairs, new, light tan. DR set, 6 chairs and china closet. Piano Kimball upright wood. For appointment call (516) 482-8693 leave message. gd4

For Sale

PICTURE - FRAMED
MARY Vickers "Talk of the Town," 40% x 52. \$900 or best offer. Day 482-3606 - Joyce, evenings 825-6081. wd2

BOY'S BEDROOM SET 1 large dresser, 1 small dresser, corner desk and chair, 2 shelf unit. Medium wood. Good condition. \$500. Neg. 579-2406. wd2

STROMBERG CARLSON RADIO beautifully carved piece of furniture on legs. Early 1930's, mint condition. 7 4 7 - 3 9 4 7. gcd2

POOL TABLE, 3 piece, slate, balls, sticks, accessories & chandelier. \$750. 746-1609 gcD4

DINETTE SET, light oak with ivory formica top. 4 cushioned wood chairs that swivel. Table with leaf, seats 6. Asking \$425. 741-9262. hd3

FINE AFGHANISTAN PERSIAN lamb coat, mink collar and cuffs, fashioned by Schiaparelli/Paris, size 8-10, like new \$350. Mink cape/stole, 2 two skin sables, excellent condition. Reasonable priced. 354-6069. gcD4

BEAUTIFUL 6 FOOT Mountain King Christmas tree used once, 1/2 price \$75. Antique potty chair \$50. (516) 488-4536. gcD4

COMPUTER - APPLE IIe - Complete set up includes monitor, printer, mouse, joy stick, 64 K main memory plus expanded 256 RAM dual disk drives, 80 column card, software. Ideal for school, home. \$400. 747-1838. gcD4

MOVING - DR. SOLID WOOD table w/2 leaves & pads, 6 chairs, 2 piece lighted breakfront. Solid wood BR set, man's bureau, ladies dressers, 2 night tables, 2 large Danish walnut end tables, matching coffee table, 2 large Donald Hansen lamps and more. Best offers. 294-8499. gcD4

9 PIECE DRUM SET Hi-Hat, stands, Zildjian Cymbals, stool, Tama & Pearl hardware. \$400. Call 437-7990. gcD4

5 FOOT WALNUT Double pedestal desk. \$150. 741-7667. gcd4

CHROME DRUMS - TAMA "Imperial Star" 5 piece basic - three extra toms. Quick-action pedal, cowbell, 4 Zildjian and Paiste cymbals. Heavy-duty hardware and stands. \$1,250. Ed 248-9186, 747-4035. gj1

TOSHIBA - 21" COLOR TV with remote. Model CF-2034J. Brand new, won as a prize. \$200. Call 248-5886 after 6 p.m. wj1

MUST SELL! MOVING: Honey pine dining room set, 64" round table with three leaves. 4 mates and 2 Captains. Large hutch with glass doors. Excellent condition. \$600. 747-7482. wj1

For Sale

CONN THEATRE STYLE electronic organ, 2 manuals, 25 pedals, bench included. Mint condition, great buy. \$1200 neg. 352-8885. gj1

Car For Sale

1984 BUICK CENTURY - 4 door. One owner. 70,000 miles, white exterior, red interior, all power. \$2800. Call 1 485-0481. gcd3

TOYOTA CAMRAY DX '90 4 door, automatic transmission, power steering, windows & drive. AM/FM, cassette, 29,000 miles. excellent condition. \$10,250. 741-1293. gcd3

'84 CAMARO Z-28 Black Beauty. T-Tops, well maintained, runs great. Just tuned and winterized. \$4,250. 746-6994. wD3

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DINING GUIDE
In the Discovery Section of this newspaper

DO YOU HAVE A SERVICE to advertise? Our Service Directory is sure to bring results. Call 931-0012, 294-8900 or 746-0240 for rates and information.

NOTICE

HAVE YOU A HIDDEN TALENT that has yet to be discovered in print?

We are looking for articles, not exceeding 3,000 words or less than 1,500 words, on local topics, opinions, ideas, nice places to visit on Long Island, and even fiction. In our magazine section, we will try to "Discover" one new feature length article and writer per week. Each writer will be reimbursed a stipend of \$25.00.

If you want to be published and be part of an issue of Discovery, you may submit your article to: Litmor Publications, 81 East Barclay Street, Hicksville, N.Y. 11801.

Novenas

HOLY SPIRIT YOU WHO SOLVE all problems, who light all roads, so that I can obtain my goals. You who give me the divine gift to forgive and forget all evils against me and that in all instances of my life you are with me. I want in this short prayer to thank you for all things and to confirm once again that I never want to be separated from you ever in spite of all material illusions. I wish to be with you in eternal glory. Thank you for your mercy towards me and mine. Say for 3 consecutive days after which the favor requested will be granted even if it appears difficult. This prayer must be published immediately. Thank you Holy Spirit, for answering my prayers. GAC
gc2



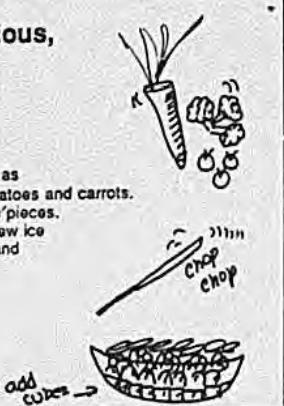
KITCHEN HINTS

Crudites are a delicious, low-fat appetizer.

And you can make them up to 4 hours in advance.

Here are some simple tips:

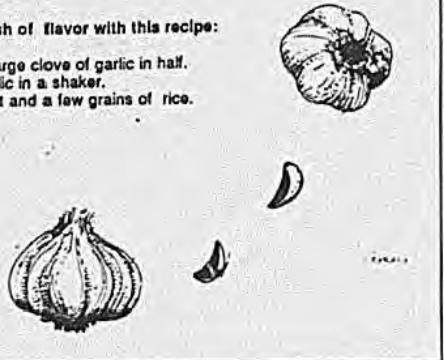
1. Use sturdy vegetables, such as cauliflower, broccoli, cherry tomatoes and carrots.
2. Cut vegetables into bite-size pieces.
3. Place them in a bowl with a few ice cubes, cover with plastic wrap and store in the refrigerator.



Garlic salt.

Add a dash of flavor with this recipe:

1. Cut a large clove of garlic in half.
2. Put garlic in a shaker.
3. Add salt and a few grains of rice.



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Vegetarian View



Tasteful gifts show you care

By Margaret Wing-Peterson

Alas, some traditional holiday food gifts like chocolates and butter cookies hang on well into the new year only with evidence of their calories.

This time, express your good wishes for the holidays — and beyond — with a nutrition-wise offering that won't detract from good health.

Are there nearby farmer's markets or you-pick orchards where grower-sellers offer fresh locally grown produce?

A basket of crunchy apples, juicy pears, sweet citrus, bright winter squashes or aromatic pomegranates makes a handsome present.

With fresh fruits and vegetables, you'll be delivering a bundle that's naturally low-fat.

Your well-stocked supermarket holds special treats, too. Many a curious eater will appreciate exotic fare such as guavas, chayote squash, celeriac, cherimoya, persimmons, Fuji apples, Asian pears or carambola (star fruit).

Unusual varieties of more familiar items, such as small winter squashes or purple potatoes, help expand culinary horizons as well as fiber intake.

An assortment of fresh mushrooms — shiitake, oyster, straw, morelles, chantarelles and the like — lend unique flavor but minimal calories and sodium to many dishes.

Herbs are mainstays of a tasteful, low-fat, low-salt kitchen. Give small pots of basics like chives, basil, thyme, mint, oregano, rosemary, savory or tarragon for growing on a windowsill. Chervil, sorrel, opal basil, lemon basil and lemon thyme can provide an uncommon touch.

Assemble your own healthful gift basket of food partners such as whole-grain crackers, fresh fruit and low-fat cheeses. Or choose for your package an assortment of dried beans and a recipe for a tasty, fiber-rich bean chowder.

Create a spicy-sweet bundle with cinnamon sticks, whole nutmeg plus a grater, real vanilla extract and whole cloves.

Consider a gift of ingredients for low-salt, low-fat ethnic cooking. Your Indian package might carry whole cumin, coriander, cardamom, cinnamon, cayenne, turmeric, fresh ginger and garlic.

Include garlic, fresh ginger, rice vinegar, reduced-salt soy sauce, snowpeas, dried chiles and cilantro for a Chinese mix.

An Italian collection calls for garlic, fresh basil and spinach pasta.

For Southeast Asian, how about lemon grass, chilies, ginger, tamarind, rice-stick noodles, curry vinegar and coriander?

Dry and fresh chilies, chili powders, garlic, oregano, cumin and cilantro might comprise a Mexican basket.

Many of these items can be found in Asian, Indian or Hispanic food stores and some supermarkets.

Attach a note to your package with tips for use or include a recipe that incorporates your gift. The lucky recipient will appreciate your efforts with heart-felt thanks.

DOUBLY HOT HORSERADISH MUSTARD

$\frac{1}{4}$ cup cider vinegar
3 tablespoons white-wine vinegar
2 tablespoons mustard seeds
 $\frac{1}{4}$ cup mustard powder (mild and/or hot)
 $\frac{1}{2}$ teaspoon red pepper flakes
 $\frac{1}{2}$ tablespoons honey
1 tablespoon drained bottled horseradish

Yields about $\frac{3}{4}$ cup.

Place both vinegars, mustard seeds, mustard powder, pepper flakes, honey and horseradish in blender or food processor jar. Process at high speed until mixture is smooth. Transfer to small clean jar and cover tightly; store in refrigerator.

Note: Mixture can be doubled or quadrupled for more mustard.

HERB MIXES

For any one mixture, use equal amounts of the herbs, or, if you like, more of one and less of another to taste. Combine ingredients, store in airtight jars.

For fish: fennel, marjoram, savory, sage, thyme.

For meat: thyme, basil, savory, fennel, lavender.

For poultry: tarragon, rosemary, marjoram, basil, dill.

HONEY MUSTARD

$\frac{1}{4}$ cup coarse-grain Dijon-style mustard
2 tablespoons cider vinegar
2 tablespoons honey (or to taste)
 $\frac{1}{2}$ teaspoons hot pepper sauce (or to taste)

Yields about 1 cup.

In small bowl, whisk together mustard, vinegar, honey and pepper sauce until thoroughly combined. Store in the refrigerator in tightly covered jar.

BASIL-GARLIC VINEGAR

1 clove garlic, peeled and mashed
 $\frac{1}{4}$ cup chopped fresh basil
2 cups white wine vinegar

Yields 2 cups.

Place garlic and basil in jar of blender. In small non-aluminum container, bring 1 cup of vinegar to a boil. Pour hot vinegar over garlic and basil; process ingredients briefly.

Transfer to sterilized wide-mouthed bottle; let mixture cool. Add remaining cup of vinegar to the bottle. Cover bottle tightly; set aside for 2 weeks, shaking it every few days. Strain mixture into a sterilized, decorative bottle; cover tightly.

SHALLOT VINEGAR

$\frac{3}{4}$ cups cider vinegar
6 shallots, peeled
2 sprigs fresh parsley
8 whole peppercorns
1 bay leaf

Yields about $3\frac{1}{2}$ cups.

In medium-size non-aluminum container, bring vinegar to a boil. Let cool somewhat; transfer to sterilized 1-quart bottle with tight-fitting lid. Add shallots, parsley, peppercorns and bay leaf. Cover jar, set aside for 3 weeks at room temperature, shaking it occasionally. Then, transfer to decorative sterilized bottle; cover tightly.

Note: Vinegar may be strained before transferring into the bottle.

All recipes from "Jane Brody's Good Food Gourmet" by Jane E. Brody (W.W. Norton).

Kids Home Newspaper



Games, rhymes, and riddles for children and their parents, too!

By J.R. Rose -

DRAW IT!

DRAW A RED
LOLLIPOP
ON THE END
OF PUP'S
STICK!



UNSCRAMBLE THESE COLORS!

UPRLPE = _____
NWBOR = _____
ERD = _____
EGENR = _____
1NPK = _____

PUP THANKS MONICA WILSON OF CLOVER, SC.

THERE'S A RAINBOW IN THE SKY.
UP ABOVE MY PUP AND ME!
COLOR IT AND YOU WILL SEE
JUST HOW PRETTY IT CAN BE!



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WHAT'S BLACK AND WHITE
AND BLACK AND WHITE AND
BLACK AND WHITE AND GREEN?

3 ZEBRAS
CHEWING
GRASS!

CHOMP!
CHOMP!
CHOMP!

PUP THANKS NICKIE CHAMBERS OF CINCINNATI, OH

WRITE US!

IF YOU HAVE ANY FUN
GAMES OR JOKES SEND
THEM TO :

PUP

81 EAST BARCLAY STREET
HICKSVILLE, NEW YORK 11801

ANTIQUE OR JUNQUE

By James G. McCollam

This chair is not a Belter

Q. Could you let me know if this Victorian chair could possibly be a Belter? It has casters on the front legs but not on the back legs. What is its approximate value?



A. This chair was not made by John Henry Belter; one clue to Belter chairs would be a solid-wood backside of the chair.

Your chair was made in the third quarter of the 19th century and might sell for \$500 to \$600.

Q. This mark is on the bottom of a 9-inch bowl with a scalloped rim. It is decorated with pink roses with green leaves. The border is raised and trimmed in gold.

Can you identify the maker and estimate its value?

**A.P.
FRANCE**

A. This bowl was made by the Albert Pillivuyt & Co. in Paris about 1900. It would probably sell for about \$75 to \$85.

Q. I have several small figurines purchased in the 1940s. They are marked "Made in Occupied Japan." Someone told me that these are rare, but I doubt it. Can you tell me who is right?

A. These were made between 1945 and 1952 when U.S. forces occupied Japan at the end of World War II. They are collectible but not rare, selling in the \$15 to \$25 range.

Q. I discovered this pitcher (5½ inches tall) at a barn sale down the end of a winding road in Mary-

land. Please tell me the age, value and any information about it.

The mark is a crown over a shield and "Tournay — T. & R. Boote — England — Rd. No. 33645."

A. Your pitcher was made in Burslem, England, by T. & R. Boote Ltd. The British Registry number indicates that this pattern was registered in 1885.

It would probably sell for about \$35 to \$45. "Tournay" is the name of the pattern.

Q. I have eight leather-bound books by William Shakespeare published by the Knickerbocker Leather & Novelty Co. in New York. There is no date in the books.

Please let me know the value of these books.

A. Collectors want first or limited editions. There is nothing to indicate that these books are valuable collectibles. You can confirm this at the public library; ask for "American Book Prices Current."

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Baldwin 623-8351 (attl. call 599-8567) Lorraine Chip

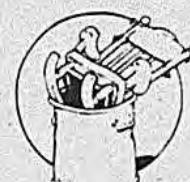
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Home and Attic

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Points on Pets

By R.G. Elmore, D.V.M.

Q. I recently learned that cats are susceptible to the leukemia virus. Is the leukemia virus in cats like the virus that causes leukemia or AIDS in humans? Is there any possibility that humans can get leukemia or AIDS from cats?

A. Leukemia in cats is caused by a virus named feline leukemia virus (FeLV). FeLV is very widespread in the cat population and is one of the leading causes of death in cats in the United States. FeLV is a contagious virus and belongs to the family of viruses called retroviruses.

The discovery of retroviruses in humans and their association with some forms of cancer and with AIDS has caused some concern among cat owners. Recently, another retrovirus known as feline T-lymphotropic lentivirus has been discovered in domestic cats. This virus causes disease in cats similar to AIDS in humans.

There currently is not any scientific evidence that either of these viruses found in cats poses a health threat to humans.

It has been reported that ap-

proximately 50 percent of all free-roaming cats in urban and suburban populations are ultimately infected with FeLV. In rural cat populations and in closely confined single-cat households, the infection rate is reported to be less than 5 percent to 6 percent.

Your veterinarian can run laboratory tests on blood or saliva from your cats to determine if they are infected with FeLV.



The World's Most Beautiful Grandchildren



Christopher Harley Rudkin, our wonderful grandson, was born on April 30, 1992. He is awaiting his first Christmas which will be richer because he will be sharing it with us. Born with a full head of hair, he is ready for his sixth haircut in his first seven months. His parents are Peter and Alison Rudkin. His Grandparents are Bob and Pauline Rudkin and George and Arlyn Rath, all of Garden City. We all feel that we have been greatly blessed to have Christopher in our family.

JUNIOR EDITION

COMPLETE & COLOR THESE CONTEST CLOWNS



Aunt Tilly's Corner

At this time of year many people have decorated their homes inside and outside for the holidays. Some are quiet and meaningful such as candles in a window, yet others are quite extravagant. One needs only an imagination to apply twinkling lights and lots of bright colors to every peak of the house and each branch on a shrub.

I like to take time after dinner in the evening to look at all the lovely displays. Sometimes I catch Santa on a rooftop or his elves busy in someone's garden!

Your friend,
Aunt Tilly

RULES BOYS AND GIRLS

Here is your chance to win One Dollar, (\$1.00) - to spend or to save.

Here's all you have to do:

1. Contest is open to children 4 to 12 years of age.
2. Entries must be received by Friday, December 18, 1992
3. Paint, watercolors and crayons must be used on the above.
4. Decision of the judges will be final.

Mail your entry (just clip our cartoon) to this newspaper at:
105 Hillside Avenue
Williston Park, N.Y. 11596

YOUR SOCIAL SECURITY

Getting information on Medicare

By William M. Acosta

Q. Whom do I call to get more information about Medicare? — A.S.

A. If you want to know how and when to sign up for Medicare, or just want to change an address or replace a lost Medicare card, call the toll-free number, (800) 722-1213. Please have your Social Security number available when you call.

Q. I recently filed for retirement benefits and was told that I am able to receive an additional amount on my husband's account. Is this correct? I thought that you only get the higher of the two. — L.C.

A. When a woman qualifies for her own Social Security benefit, she is always paid that benefit first. If her spouse's benefit is higher, she receives an additional Social Security payment to cover the difference.

Q. I was looking at the calendar and I noticed that Jan. 3, 1993, falls on a Sunday. When will the Social Security checks arrive? — T.H.

A. If Jan. 3 falls on a Saturday, Sunday or legal holiday, you will

receive your check on the last banking day before then. Everyone should receive their checks on Dec. 31.

Q. I receive Social Security disability benefits. Are my benefits taxed if my income is more than \$35,000 a year? I was told that because I receive disability benefits, my Social Security would not be taxed. Was my friend right? — J.K.

A. No. Your benefits are subject to federal income tax if the combined total of your adjusted gross income plus non-taxable interest and one-half of your benefits exceeds a base amount.

That amount is \$25,000 if you file a tax return as an individual, or \$32,000 if you are married and file jointly. If you are married and file separately (unless you lived apart for all of the year), the base amount is zero.

YOUR SOCIAL SECURITY