

# Mid-Island Times

The Only N

Forty Pages

ville

& Levittown Times 35¢

Vol. 50 No. 39

USPS 346-760

Friday, September 25, 1992

## New Candidate Greeted



Town of Hempstead Councilman David Levy, running for Congress in the 4th C.D., is greeted at the NCFRW fashion show held at the Marriot Hotel, Uniondale by NCFRW fashion Chairman, Cynthia Rosicki, Esq., left, of Garden City and NCFRW Town of North Hempstead Chairman, Angela Powers of New Hyde Park.

## Candidate Opens Hdqtrs.



Congressional Candidate Steve Orlins (second from left) with, from left to right, Harold and Carol Meltzer of Plainview, and Supreme Court Judicial candidate Susan Kluewer at the opening of the Orlins for Congress headquarters on Sunday. Orlins is running in the new Third Congressional District, which includes Plainview, Old Bethpage and Hicksville.

## Gulotta Greets Firefighters



Nassau County Executive Thomas S. Gulotta, fifth from left, attended the Annual Labor Day Parade of the Hicksville Fire Department. Looking on were: Councilman Leonard Kunzig; Councilman Tom Clark; Assemblyman Frederick Parola; Charles Distefano, Honorary Grand Marshal; Chief Pat Scanlon; William Schuckmann, Grand Marshal; Supervisor Lewis Yevoli; Councilwoman Ann Ocker; Councilman Lenny Symons.

## Community Council Dinner Oct. 1

Hicksville Community Council's Twenty-second annual dinner is set for Thursday, October 1 at Antun's. Assemblyman, Fred Parola, will install the new Council President, Mr. Marc Herbst, along with his slate of officers.

The Council is honoring the Hicksville Council of PTA's & Mr. Charles I. Montana, Jr., at this annual buffet dinner. As in years past, this dinner is our effort to gather together all people who are concerned with the betterment of Hicksville and to honor those who have contributed to our community throughout the years. Please attend.

## Teens Needed To Volunteer

The Peer Tutoring Program at the Hicksville Youth Council is once again looking for teens to volunteer to tutor their peers. Teens relate better to other teens, and that's what makes this program such a huge success.

All tutors are asked to volunteer at least one hour per week. All tutoring is done at the Youth Council either after school or at night until 9 p.m. In return for volunteering their time, tutors will receive a letter stating that they have performed community service work. This letter looks good on college applications as well as job applications.

For more information, or to get involved, call Cheryl at 822-KIDS. See what a difference you can make!

## Seniorobics At Library

Registration will begin on Tuesday, October 20, at 10 a.m. in the library for this fun-filled exercise program for men and women over age 55 with Ellen coven. Classes will be held on Thursdays, October 29 - November 19, from 2:30 - 3:30 p.m. There is a \$10 fee for the program that is payable at registration. Class size is limited.

Participants must wear sneakers and have had a physical examination within the last six months. A barcoded Hicksville Library card must be shown at registration.

Further information may be obtained by calling the Hicksville Public Library at 931-1417.

## New Grumman Plant Now Open

On Monday, September 14, Grumman officially opened a new manufacturing center in Bethpage for superconducting magnets. The magnets are a vital part of the Brookhaven National Laboratory's heavy ion Collider, a particle accelerator now under construction at Brookhaven. Pictured

above, from left to right, are Grumman Electronics Systems Division President John Harrison, Brookhaven National Lab Director Dr. Nicholas Samios, Grumman Chairman Renzo Caporali and Congressman George Hochbrueckner.

## Restriction On McDonalds

A request for a special use permit to operate a drive-thru window at the McDonald's in Plainview has been approved by the Oyster Bay Town Board subject to 24 restrictive covenants, according to Town Councilman Leonard Kunzig.

The applicants, Kidder/Hunt Management Corporation, McDonald's Corporation, Ralph A. Bergmann and Carol Bergmann, were seeking a special use permit in an 'F' neighborhood business district to construct and operate a fast food restaurant with a drive-thru window at a location on the north side of Old Country Road and Sylvia Lane in Plainview. Councilman Kunzig stated, "Pursuant to a hearing held on November 19, 1991, the Town Board has approved the request subject to 24 restrictive covenants."

The Town Board stipulated that the drive-thru lane must have a minimum width of 10 feet and a minimum stacking capacity of nine cars. A minimum 12-foot aisle must be provided along the drive-thru stack-up lane. No curb cuts will be allowed on Sylvia Lane, and no play area will be installed.

The applicant covenanted to a capacity of 109 seats in the restaurant. The hours of operation will be limited to between 6 a.m. and 11:30 p.m. Sunday through Thursday, and 6 a.m. to 1 a.m. Friday and Saturday. All deliveries must be made during off-peak hours, but not later than 11 p.m. or earlier than 6 a.m.

With regard to waste disposal, no outside storage of equipment, waste, debris or other material is permitted. All waste and garbage must be kept in closed containers fenced in on three sides. A recycling program must be instituted and

maintained at a rate commensurate with Town standards. In addition, the property must be kept free of litter and debris, and trash baskets must be installed and emptied at regular intervals. Landscaping, including trees, bushes, shrubs, grass, crushed stone and planters, must be continually maintained and replaced when necessary.

Other conditions agreed to by the applicants include limiting the ground sign to no more than eight feet in height, installing a six-foot opaque fence along the northerly property line, positioning all exterior lighting so as not to penetrate adjacent properties and installing an efficient filter system to minimize any odors.

Councilman Kunzig noted that no building permit or certificate of occupancy will be issued until a site plan has been submitted to, and approved by, the Town Board. The plan must be to scale and show all access and egress; elevations depicting building style and facing materials; location, layout and striping of all parking areas; style, size and location of fences; style and location of lighting; size and style of signs; location of dumpsters and waste baskets; interior layout of premises and any other information deemed pertinent by the Department of Planning and Development.

## Bethpage Day Oct. 3

The 3rd Annual Bethpage Day will be held October 3 at Bethpage Community Park from 10 a.m. to 5 p.m. Rain Date will be October 10.

Come and join your friends and neighbors for a day of fun and sharing.

## Letters

To The Editor:

Amazing is just one of the adjectives that can be used to describe the metamorphosis of the Hicksville Middle School since June. Dark, dingy, clean but dirty-looking hallways and classrooms, multicolored wall lockers, many trash-filled and needing maintenance, and "old-fashioned" science laboratories in various states of disrepair have been transformed by excellent planning, hard work, and the expenditure of a little money, into well-lighted, cheerful, new-looking, well-maintained, eye-pleasing work, storage and study environments.

As a New York State Civil Service Examination Monitor on alternate Saturdays over the past several years at the Hicksville Middle School it was embarrassing at times as the test candidates viewed and commented on the school's run-

down condition. The embarrassment ended last Saturday, September 12, the first test day this school year. What a change even though the work is still ongoing! New lighting, replacement of "ugly colors" with those complementing each other, repair or replacement of broken wall lockers and equipment, modernization and repair of laboratories, new books, and tastefully arranged and decorated classrooms are just some of the items responsible for the change.

Furthermore the move of the sixth grade to the Middle School must have been well-planned and carried out. As an election inspector during the September 15, State Primaries, I had a first hand opportunity to view school staff efficiency from the arrival of the students in the morning to the last dismissal, and during beginning of the cleaning process and the initiation of the on-going rehabilitation program. The entire operation was carried out with "military precision." And one could sense an attitude of pride among school personnel that

comes from excellent direction, knowledge, and respect for their responsibility.

The Superintendent, Mr. Salvatore Mugavero, should be commended for his outstanding leadership and planning displayed over the past year. And all the members of the school family should be given the highest praise for the hard work needed and done to achieve the described "metamorphosis" and professional pride which will most certainly enhance the education of our children.

Congratulations to all for a job well-done.

Sincerely yours,  
Frank H. Willard

## Town Board Special Meeting

To comply with local law, the Oyster Bay Town Board will hold a special meeting on Monday, October 5, at 8 p.m. to formally accept the preliminary budget and set a date for a public hearing on the budget.

The meeting will be held in the hearing room of Town Hall

## Parkway Church Fall Festival

Parkway Community Church, Stewart Avenue in Hicksville, will hold a giant Fall Festival on Saturday, October 20, from 9 a.m. to 3 p.m.

There's fun for the entire family! Come and sample the home-baked goods and homemade soups! Browse in the Flea Market! Have your car washed! Start your Christmas shopping early with beautiful crafts! The children can exercise their artistic abilities by painting pumpkins!

Mark your calendar for Saturday, October 10 for the Fall Festival at Parkway Community Church, Stewart Avenue, Hicksville! Don't miss it!

For further information, call the Church at 938-1233.

## LEGAL NOTICE

Domestic L.P. - Notice of Publication - Name of Pship: PW & V Partners, L.P. Notice of Cert. of L.P. filed New York Sec. of State 8/25/92. Office loc: Nassau Cty. Sec. of State designated as agt. upon whom process against it may be served. Sec. of State may mail a copy of any process against Pship. to MTW & G, Ltd., 1970 New Highway, Farmingdale, NY 11735. Name/address of G.P. available from Sec. of State. Latest date upon which L.P. is to dissolve is 12/31/2042. Purpose of L.P.: To engage in the retail sale of ceramic tiles and related products. BETH 3151  
6 X 9/18,25, 10/2, 9, 16,23

## LEGAL NOTICE

NOTICE OF SALE  
SUPREME COURT:  
NASSAU COUNTY. THE  
GREEN POINT SAVINGS  
BANK, Plt. vs. JOEL  
DAVID STEINBERG, et al  
Defts. Index #27559/90.  
Pursuant to judgment of  
foreclosure and sale entered  
Aug. 7, 1992, I will sell at  
public auction at the north  
front steps of the Nassau  
County Courthouse, 262 Old  
Country Rd., Mineola, NY on  
Oct. 30, 1992 at 10:00 a.m.  
prem. k/a 1 Farragut Rd.,  
Old Bethpage, NY a/k/a and  
designated by parts of lots 1  
and part of lot 5 in Block 59  
on a certain map entitled,  
"Map of Seton Hills, Section  
No. 1, located at Old Beth-  
page, Nassau County, N.Y.,  
November 4, 1953, Reilly &  
Malm Land Surveyors, 180  
Hempstead Tpke., West  
Hempstead, N.Y." and filed  
in the Nassau County  
Clerk's Office on January 4,  
1955 as Map No. 6329. Ap-  
prox. amt. of judgment is  
\$242,787.56 plus costs and  
interest. Sold subject to  
terms and conditions of filed  
judgment and terms of sale  
and the right of the United  
States of America to redeem  
within 120 days from the  
date of sale as provided by  
law.

ANDREA SCHEAR,  
Referee  
CULLEN & DYKMAN,  
ATTYS. FOR PLTF.  
100 Quentin  
Roosevelt Blvd.  
Garden City, NY

Beth 3152  
4x 9/25, 10/2, 9, 16

## Wolfetones At Trinity H.S.

On Saturday, November 7, at 8 p.m., Holy Trinity Diocesan High School, 98 Cherry Lane, Hicksville, will host some of Ireland's foremost entertainers. Tickets are \$15 in advance, \$18 at the door. For ticket information please call 433-2900. Refreshments before concert and during intermission.

## LEGAL NOTICE

NOTICE OF SALE  
SUPREME COURT  
NASSAU COUNTY  
CITIBANK, N.A.,  
PLAINTIFF, VS. CHUNG  
SUN YU, ET AL DE-  
FENDANTS.  
WINGATE & CULLEN,  
ATTYS FOR PLAINTIFF,  
290 BROAD HOLLOW  
ROAD, MELVILLE, N.Y.  
11747.

Pursuant to judgment of  
foreclosure and sale, entered  
herein and dated June 1,  
1992, I will sell at Public  
Auction to the highest bid-  
der, at the North Front Steps  
of the Nassau County Court-  
house, 262 Old Country  
Road, Mineola, New York, on  
the 22nd day of October,  
1992, at 9 a.m., PREMISES  
in Syosset, New York, and  
Described as Follows:

All that certain plot, piece  
or parcel of land with the  
buildings and improvements  
thereon erected, situate,  
lying and being in Syosset  
Town of Oyster Bay, County  
of Nassau and State of New  
York, bounded and de-  
scribed as follows:  
BEGINNING at a point on  
the new northerly side of  
Hickman Street at the  
southeasterly corner of the  
premises herein described,  
which point is 12 feet north  
when measured on a line  
north 4 degrees 07 minutes  
04 seconds east, from the old  
northerly side of Hickman  
Street, distant 688.95 feet  
west of the corner formed by  
the intersection of the old  
northerly side of Hickman  
Street and the westerly side  
of Berry Hill Road, from said  
point of beginning;

Running thence north 85  
degrees 52 minutes 56  
seconds west 97.67 feet;  
Running thence north 03  
degrees 22 minutes 24  
seconds east 241.10 feet;  
Running thence south 82  
degrees 14 minutes 39  
seconds east, 100.99 feet;  
Running thence south 4  
degrees 07 minutes 04  
seconds west, 234.67 feet, to  
the new northerly side of  
Hickman Street at the point  
or place of BEGINNING.

PREMISES known as  
30 Hickman Street, Syos-  
set, New York, Sold sub-  
ject to all of the terms and  
conditions contained in  
said judgment and terms  
of sale.

UPSET PRICE  
\$280,000.00.

INDEX NO. 15044/91  
BRUCE ADAMS,  
REFEREE

SA 8613  
9/18, 25; 10/2, 9

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## Asset Protection For Seniors

Senior citizens are invited to  
the Hicksville Public Library to  
learn how to avoid spending  
down your assets and savings,  
and how to keep your retire-  
ment income intact. The  
program will take place on  
Tuesday, October 13, at 2 p.m.  
Further information may be  
obtained by calling the Hick-  
sville Public Library at  
931-1417.



## First Husband, Wife Team In Bethpage Fire Dept.

The Bethpage Volunteer Fire Department has its first husband and wife firefighting team.

On July 25, Firefighter Joseph Valenti of Engine Co. 5, married Firefighter Linda Rouse of Engine Co. 7, at St. Martin of Tours Church in Bethpage. Fellow firefighters and their apparatus were on hand to honor the new couple. A lively reception followed at the Imperial Manor.

Due to the bride's relocation to the south side of Bethpage, she responds with her husband to Station 5.

## In Service

Navy Seaman Kyle T. Reynolds, son of Gary W. Reynolds of Princess St., Hicksville, recently reported for duty aboard the aircraft carrier USS John F. Kennedy, homeported in Norfolk, Va.

\*\*\*

Marine Lance Cpl. Michael Murray, son of Eugene G. and Helen G. Murray of Acre Lane, Hicksville, is currently with the 26th Marine Expeditionary Unit from Camp Lejeune, NC, which was involved in search and rescue efforts earlier this month for an Italian G-222 cargo plane with four people aboard that went down in what was formerly known as Yugoslavia while flying United Nations relief missions into Sarajevo.

The incident marked the first time Marines had been sent into the country. The Marines flew their CH-53 Super Stallion helicopters, escorted by AH-1W Cobra helicopter gunships, to the crash site.

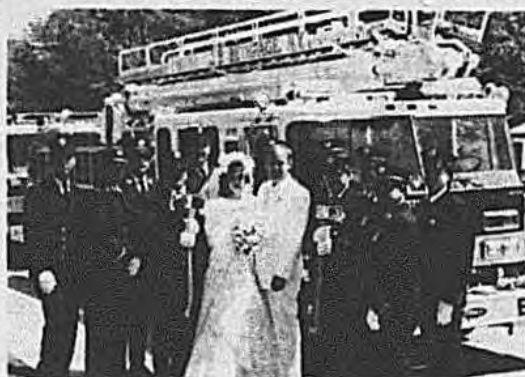
After the two Cobra helicopter gun ships were forced to return to the USS Iwo Jima because of low fuel, the CH-53's used their night vision skills to continue the search. The remaining helicopters drew small arms fire from the ground during the search, but all were able to take evasive action and return to the ship safely.

During debriefing and planning for the next search and rescue mission for the downed aircraft, word was received that a United Nations convoy had found the wreckage and no survivors were reported.

The USS Iwo Jima and its Marines were underway in the Adriatic Sea in support of Operation Provide Promise at the time of the incident.

The 1989 graduate of Hicksville High School joined the Marine Corps in September, 1989.

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In photo: Husband and wife, Officers and members of Companies 5 and 7 with fire apparatus in front of church.

## Program Probes Financial Needs

Find out where your money really goes and learn how you can meet your future financial needs at this exciting program at the library, for ages 25 and older, on Monday, October 19,

at 7:30 p.m.

Further information may be obtained by calling the Hicksville Public Library at 931-1417.

## New Candidate Introduced



At the first meeting of the Theodore Roosevelt Republican Club of Bethpage after the summer break, Assemblyman Fred Parola, right, introduced John Canning, left, candidate for Assemblyman for the 13th Assembly District. Also joining Assemblyman Parola are Club President Buddy Mazzara and Club Recording Secretary Karen Romano.

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<b>SUNDAY, OCTOBER 4th</b>	<b>7:30 AM, 8:45 AM, 10:00 AM</b>
	<b>10:30 AM (Auditorium)</b>
	<b>11:15 AM, 12:30 PM</b>

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<b>through</b>	<b>AT</b>
<b>THURSDAY, OCTOBER 8th</b>	<b>SATURDAY/SUNDAY MASSES</b>

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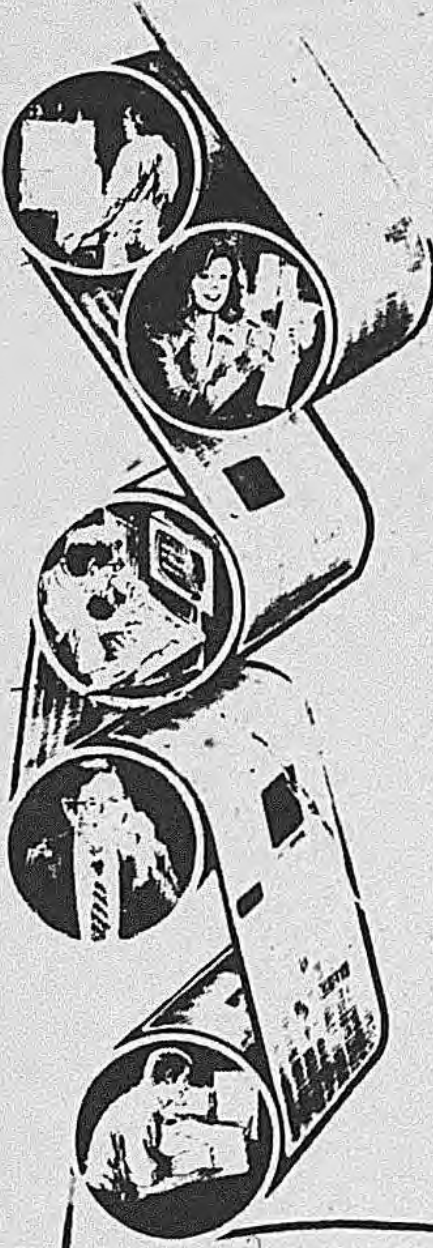
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## Viet Vets 10th Anniversary



The Nassau County Chapter #82 of the Vietnam Veterans of America celebrated its 10th anniversary at a gala party held at Leonard's of Great Neck last weekend. Joining in the festivities are four of the chapter's charter members, left to right: Joe Curutola, Chapter #11, of Hicksville; Matt Rufrano, #5, and Ron Reardon #4, both of Bethpage; and Chris Argento, #9, of Westbury.

## "Yevoli Misleads Public Again"

Oyster Bay Town Councilman Douglas J. Hynes recently blasted Supervisor Yevoli for perpetrating a blatant budget hoax on Town taxpayers.

"Once again, his entire method of operation was aimed at grabbing headlines that would disguise his true bottom line. For example," Hynes said, "Yevoli's budget increases the single most important tax paid by every homeowner in the Town of Oyster Bay, the General Fund Tax. He also increases the Highway Tax and the Part-Town Tax, as well as several special district taxes."

Hynes charged that Yevoli's budget calls for tax increases of almost \$2 million (\$300,988 in the General Fund, \$1,302,784 in the Highway Fund and

\$250,427 in the Part-Town Fund.)

"As he has since he took office in January, Yevoli continues to operate in the dark, making it up as he goes along, ignoring the department heads and ignoring this Town Board. This budget is a sham, released to and for the press a full week before it was sent to the Town Board."

"While pledging the 'largest tax cut in the Town's history,' Yevoli's budget will, in fact, increase taxes for residents in 14 of the Town's 16 villages. Of

course, he didn't release that to the press!"

Hynes noted that Yevoli's press release was accurate in one respect. "These are tough times ..." and in these tough times, this Town Board will not allow Yevoli's tax increases to stand."

## Continuing Ed. Pub. Service Prog.

The Hicksville Public Schools Continuing Education Program is pleased to invite you and your family to two special public service programs. Please mark these dates on your calendar.

On Thursday October 8 and 15, a Fire Prevention Seminar will be held from 7:30-9 p.m. in the Middle School Cafeteria. Come meet Chief Schweitzer of the Hicksville Fire Department and find out how you can prevent a disaster in your home.

On Thursday, November 12, at 7:45 p.m. in the Middle School Cafeteria, residents are invited to Meet the Police Men and Women Who Patrol Your Neighborhood. Join us for an informative question and answer session as law enforcement personnel and community residents discuss issues relating to public safety.

## UFO Talk At Library

Join veteran UFO investigator Bill Knell on October 22, at 7:30 p.m., at the Hicksville Public Library, as he presents cases, evidence, and a history of possible UFOs right in your own backyard.

Bill Knell has over 25 years of experience and he investigates all aspects of UFO sightings.

Further information can be obtained by calling the Hicksville Public Library at 931-1417.



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### The case of The Stanton Park Stand-off.

When crack moved into a row house on a quiet block of Stanton Park, folks decided to serve an eviction notice.

They met with police to find out what they could do to keep drugs out of their neighborhood.

The cops told them to keep an eye out—to let police know whenever something suspicious happened. They began to notice faces. They wrote down license

numbers of strange cars. They noted the times of odd behavior.

They worked with each other. They worked with the police. Armed with field glasses, note pads and telephones, folks kept track of the neighborhood.

Within one month, enough evidence had been gathered. Police moved in. Crack moved out.

Citizen participation beat crime in D.C. It can do the same for you. For more success stories, write: **The McGruff Files,**

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Police become even more responsive when their people are their partners. Together we can help...



A message from the Crime Prevention Coalition to the Department of Justice and the Attorney General. © 1992 National Crime Prevention Council



# ACTION STEPS.

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Special Senior Pages

GRAY. AND GORGEOUS

## Fashion forward ideas for men, women

By Karen Caldwell

You can look lovely (or handsome) at any age.

Today's seniors are vitally alive, and the way they dress matches their lifestyles.

Whether your favorite activity is golf, cycling, swimming, aerobic dance or brisk walking, you need the right clothes. And to help you look terrific on social outings, there are outfits that shed pounds as well as years.

If you're tired of hassling with too-tiny buttons or finicky zippers, there are clothes and dressing aids that will have you zipped up and ready to go in record time.

### ACTIVE WEAR

Women of any age who jog or ride exercise bicycles feel and look great in long-sleeved stretch leotards, leg warmers and jogging shoes.

"Encasing your body in a stretch fabric keeps you trim, taut and terrific, with no jiggles, while you're moving," says a YMCA fitness instructor who teaches a low-impact aerobics class for seniors.

Select a pretty cover-up to go with your exercise wear. Both men and women enjoy the soft comfort of velour. You'll want loose, stretchy pants that are easy to pull on over tights or shorts. Add a comfy matching jacket.

A feminine and practical look for lady golfers is a culotte skirt, knee socks, lace-up shoes and loose, blousy sweater under a wind-resistant jacket.

New swimsuits are craftily fashioned with stretch fabrics that slenderize and give you a sleek physique. You'll find them in department stores and clothing boutiques.

Senior men as well as women are discovering the joys of bicycle riding.

According to *Modern Maturity* magazine, the most crucial element in your gear is the helmet: "Make sure you buy one that has been approved by the American National Standards Institute or the Sness Memorial Foundation."

You'll also need chamois-padded shorts, shock-absorbing riders' gloves, cycling shoes and a shirt that has pockets to hold small snacks, handkerchiefs, lip balm and other items.

For cycling, tennis or other active sports, choose the right shirt. "Jerseys made of Lycra have a 'wicking action' that draws moisture off your body and to cool the outer cloth, keeping you cool. They are also tight-fitting, so they don't billow out," advises *Modern Maturity*.

### EASY DRESSING

Here's a happy r-r-rip-off: Velcro-close shoes. Toddlers and their grandparents were both pleased when these put an end to fussing with laces that never seem to stay tied. Many canvas shoes come with this easy-close fastener; look for them in stores that specialize in athletic shoes.

Elastic is another sensible invention that takes the place of

buttons and zippers, particularly in pants. If you have clothing items with hard-to-grasp zippers, novelty and specialty shops have "Zipper Grippers" that attach to the zipper-pull.

Because panty hose or stockings with garters can be uncomfortable and tricky to wear, "thigh-highs" were invented. These are nylons with a stretch band at the top. Pull them on, like socks; they look good and stay put.

### FASHION WITH FLASH

"I see so many lovely senior ladies who are afraid of color," says Lynn Jackson, a personal wardrobe consultant for a major department store. "When their hair turns pale, so do their clothes. What they don't realize is that color adds an important dose of youth and vitality to whatever they wear."

Jackson isn't suggesting that you run right out and buy a fire-engine-red jumpsuit — but do choose a bright primary color or rich jewel tones to accent a monochromatic outfit.

Wear the clothes that you feel comfortable in, but add a jazzy splash of color with a perky bow tie, scarf or belt.

"Many women have drawers full of scarves they never wear," comments Jackson. "There are a dozen ways to tie a scarf so it transforms a dowdy outfit into one that dazzles. Ask your department store fashion consultant to demonstrate."

If you haven't already done so, treat yourself to a visit to a personal color consultant.

"Having your colors done" means that you know just what shades make you look your best — and which to avoid.

The same royal blue that makes a silver-haired, sapphire-eyed lady look scintillating might not be right on a senior with a peach-and-mauve palette.

### CHANGING TIMES

Remember when the city of Pasadena was famous for its "little old ladies in tennis shoes"? Nowadays lace-up canvas walking shoes are found on the feet of senior men as well as women, nationwide. Shoes are just one aspect of senior fashion that has changed.

"It used to be that we never went out without gloves and a hat. And we certainly never wore pants," says one lady.

Times have changed. Ladies in their 70s now "dress up" for club meetings and church functions in elegant, comfortable pants.

"I always wear a silky or lacy blouse and a pretty jacket — sometimes with pearls or a gold necklace. I feel comfortable, and pants are more in style than ever before."

Search for hidden treasures in your jewelry box. The retro look is back, and '50s-style rhinestone pins are hot fashion accents.

Treat yourself to comfortable, easy-care fabrics. New polyesters mimic silk, yet you can toss them into the washing machine.



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SPECIAL FINANCIAL CONSIDERATIONS FOR SENIORS

## RV destinations

By Steve Hurtado

RV travel is popular with seniors for a good reason. How else can you travel so affordably and enjoy a different destination whenever the mood strikes you?

Once you've made the initial investment in the vehicle (approximately \$40,000), the world is your oyster.

A two-week vacation by RV can cost less than \$800. A two-week vacation by car, following the same route but including the cost of motels, is a hefty \$1,600. If you go by bus, train or air, expect to pay more than \$2,500.

Walt Miller, Copley News Service's syndicated columnist on RV travel, says that low cost isn't the only advantage to RV travel. The other benefits include:

- A quality "hotel" at all times.
- Home cooking whenever you want it.
- No maids or hotel staff to disturb you.
- If the neighbors are noisy, you can always drive away.
- Many RV parks are strategically located in beautiful settings — on beaches, lakefronts, in forests, mountains and deserts.

Your routes are determined only by your whim. Some of the top destinations for RVers include:

- The villages along the eastern shore of Lake Ontario, in New York state. Three picturesque must-sees are the towns of Dexter, Brownsville and Sackets Harbor.
- Mount Rushmore in South Dakota. While you're in the area, also visit Keystone Junction, Black Hills National Forest, Wind Cave National Park, Jewel Cave, Black Hills Caverns and, if you are heading east, Badlands National Park.
- Alaska in the summertime. A huge state, 2½ times the size of Texas, Alaska takes at least three months to tour.
- For first-time visitors, Miller suggests a guided tour or caravan. These usually include reserved campgrounds, a planned itinerary and a wagonmaster to lead the way.
- Quartzsite, Ariz., which has an annual festival. Thousands of RVers converge on the desert town every February for its outdoor market and party.
- Hells Canyon along the Oregon-Idaho border. Campgrounds abound in this area. Miller recommends rafting down the Snake River while you're there.

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## St. Ignatius Begins 85th School Year

St. Ignatius Loyola School reopened on September 9, marking the beginning of its 85th year. A second fourth grade was added this year to accommodate increased enrollment.

The Opening School Mass was celebrated on Friday, September 11, by Father John Vitsas, a former curate at St. Ignatius. Father Vitsas was assisted by Father Edward Tarrant, the pastor of St. Ignatius. Father Tarrant spoke to the children about the importance of a good education. An assembly was also held on Friday to honor some of the students. June Students of the Month from grades 1 to 3 received their certificates. Students in grades 4 to 8 received their certificates for making the Principal's List and First Honors List in June. Safety Patrol officers and members for this school year were given their badges at the assembly.

The administration and faculty would like to welcome our new students and their parents to our school family. We would also like to welcome our new teachers: Miss Kellett - grade 2-2; Miss Soljanich - grade 3-2; Mrs. McGovern - grade 4; and Mrs. Weigel - grade 8. We are all looking forward to a great school year!

## Gregory Museum Macrame Workshop

Learn some basics of macrame, the art of knot tying. If you are able to tie a shoe lace, you can do it! Take home a hanging planter. Class is limited to 12.

Ages 10 and up - 1:30-3 p.m.  
Reservation information: The Hicksville Gregory Museum, Heitz Place and Bay Avenue, Hicksville, New York 11801. Tel: 822-7605. All workshops: Members \$6, Non-members \$8.

Reservations are required for all workshops. Space is limited. Payment must be received within 5 days of reservation in order to guarantee placement. Reservations are confirmed upon receipt of payment. No refunds for cancellation three days before workshop. The museum staff has stated, "We are very sorry that we must insist upon advance payment before reservations are firm. We have been in the unfortunate position of having supplies purchased for workshops with a full registration and an anxious waiting list, then on the day of the workshop unpaid registrants do not show. Thus we have disappointed our waiting list and have lost income to the Museum."

## Tax Exempts Library Topic

At 7 p.m., the Hicksville Public Library presents a program that discusses mutual bonds, the benefits of tax-exempt investing, and three ways of participating in the tax-exempt market.

Further information about this educational program can be obtained by calling the Hicksville Public Library at 931-1417.

## Defensive Driving Course Offered

The National Safety Council is offering a Defensive Driving Course which will provide motor vehicle insurance discounts each year for three (3) years for those who participate, and can automatically deduct four (4) points from your driver record for violations incurred in the last 18 months.

This classroom-type course will be conducted by a council-certified instructor on Saturday, September 26, from 8:30 a.m. to 3 p.m. at St. Paul Lutheran Church, 449 Stewart Avenue, Bethpage, N.Y. The cost to participate is \$42 per person. All interested should call the Church Office at 931-8262 to register. St. Paul's is located just south of the railroad station.

## Horror Film Discussion

Join James Janis on Saturday, October 17, at 2 p.m., for a lively discussion of cinematic terror, its origins, and rise to greatness. This program is designed for young adults, age 8

and older, and take the horror film from its origin in 1896, to the golden age. Young adults can see for themselves how the horror film developed and marked its place in history.

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## Jottings From Yesteryear

By Bill Clark

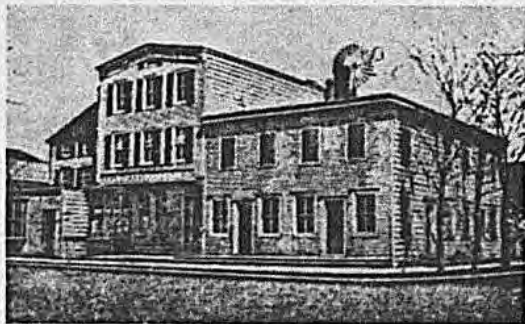
Remember learning to spell the capitol of Turkey? Constantinople - You said it, sang it and finally spelling it correct, then they changed it to Istanbul. It came to mind when I picked up a geography book I have that I used in grammar school, copyrighted 1925. A former student had her name on the book, Olga Sitnik. Also in the book it listed Glen Cove in 1920 had 8664 people. Also Long Island produced approximately 28,000,000 bushels of potatoes.

Replacing a 44 year year old rain gutter, my friend suggested getting a one piece 30 feet, and the two of us carry it home, one at each end. Could

you picture us crossing Broadway and Old Country Road? If we put it oversized on our car turning a corner we might have a Keystone Cop picture of some one being picked up on the end of the gutter as I made a turn. No, we did neither and bought two 15 foot pieces. But it was fun thinking about doing it. This happened a few years ago.

In that old geography book one small map shows Hicksville of the few towns listed.

I watched a man preparing his garage door for repainting using heat. When I was young (so long ago) it was common to see a good painter using a torch to burn off old paint, doing an entire house. It always came out good when painted.



The Henry C. Zeuner and Chas. Gottert Bldgs. at Broadway and E. Marie St. - Later Huettner Store.



Same corner - Now Chateau Drug - formerly Whale - Whalen - Unverhau Drug - Dr. Curtis upstairs and 3 story building once Williams Hardware.

Photos by Bill Clark

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## First Half School Taxes Due

Oyster Bay Town Receiver of Taxes Gary F. Musiello reminded residents this week that the first half of the 1992 School Tax Levy is due on October 1, but can be paid without penalty through November 10.

"By law, a taxpayer has a 40-day grace period from the date the tax is due during which payment may be made without penalty," Musiello explained. "After the 40 days, a 1% penalty is added for each month the tax remains unpaid, retroactive to October 1."

Residents can pay in person at the Tax Office, Oyster Bay Town Hall West, 54 Audrey Avenue, Oyster Bay, or at Town Hall South, 977 Hicksville Road, Massapequa. Or, resi-

dents wishing to do so may mail payments to the Office of the Receiver of Taxes, 54 Audrey Avenue, Oyster Bay, N.Y. 11771.

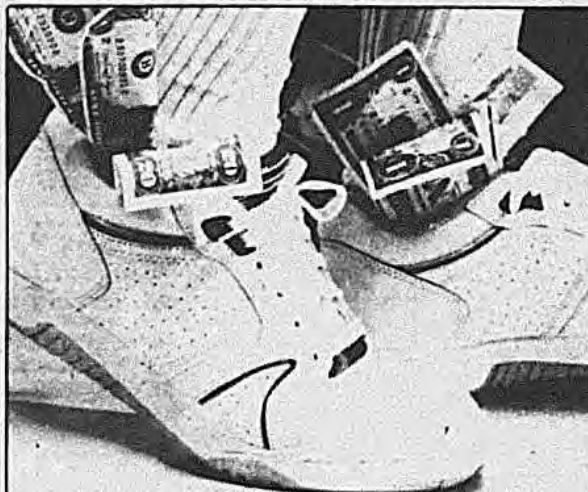
In addition, Oyster Bay Town Clerk Carl L. Marcellino said that the Town Clerk's Annex, Newbridge Road and Duffy Avenue, Hicksville, will be open to accept payments from 9 a.m. to 4:45 p.m. on November 2, 4, 5, 6, 9 and 10.

When paying the tax bill in person, taxpayers are reminded to bring the entire tax bill with their payment. Payments being made by mail for the first half of the year should include the #1 stub. Musiello also cautioned residents not to write on, fold, staple or otherwise deface the

tax stubs as it can cause the computer system to reject payment.

In addition, Mr. Musiello would like to remind residents that discounts are available to those who pay a full year's tax on or before November 10. A discount will be allowed on the second half of the tax at the rate of one percent. No discounts are allowed on payments made after November 10.

When calling the Tax Office for information on property taxes, residents are requested to have the school district, section, block and lot number of the property in question available. This information is listed on the tax bill and on the property deed.



# ACTION STEPS.

*This October, people from all walks of life will hit the streets to help find a cure for diabetes -- the fourth leading cause of death by disease in America. Join them.*

*Sign up for the American Diabetes Association Walktoberfest '92.*

*Or sponsor a walker.*

**Walktoberfest '92. First steps on the road to a cure.**

**Walktoberfest**<sup>SM</sup>

AMERICAN DIABETES ASSOCIATION

LONG ISLAND CHAPTER - 348-0400

## Service Directory

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## 'Vets Meet On POW's'



Paul Masi of Bethpage, introduces Miss Lynn O'Shea, New York State Director, National Alliance of Families (POW/MIA from World War II, Korea, Vietnam, Cambodia and Laos), to several hundred veterans who came to see a new video documentary "Americans Abandoned." The Special meeting was hosted by the Nassau County Chapter #82 of the Vietnam Veterans of America, at the Hicksville VFW Post 3211 and put together by Masi, Chairman of the POW/MIA Committee.

"I truly believe," said Masi, "that everyone here tonight that saw and heard the evidence presented now believes that we left Americans behind in southeast Asia and we have to do all we can to get them home."

### LEGAL NOTICE

#### NOTICE TO TAXPAYERS Re. 1992-93 SCHOOL TAXES

The undersigned Receiver of Taxes for the Town of Oyster Bay, County of Nassau, State of New York, hereby gives notice that he has received the School Tax Roll and Warrant attached

thereto and will be in attendance to receive taxes at: **TOWN HALL**, Audrey Avenue, Oyster Bay, N.Y. 11771, on October 1, 1992, and each weekday thereafter from 9AM to 4:45PM (Saturdays, Sundays and Holidays excepted).

**PENALTIES:** The following scale of penalties is

### LEGAL NOTICE

hereby prescribed for neglect due and payable October 1, 1992. If the first half is not paid on or before November 10, 1992, a penalty will be added at the rate of one per centum per month from October 1, 1992, calculated to the end of the month after May 10, 1992, at the rate of one per centum per month from April 1, 1993, calculated to the end of the month during which payment is made.

**DISCOUNTS:** If the full year's tax is paid on or before November 10, 1992, discount will be allowed on the Second Half of the tax at the rate of one per centum of the Second Half. No discount allowed on payments made after November 10, 1992.

Taxes are payable by Cash, Certified Checks or Post Office Money Orders. Uncertified checks will be accepted subject to collection only. No cash payments will be accepted at either Town Hall Annex (Hicksville nor Massapequa).

When sending for tax bills, please state the School District Location, Section, Block and Lot numbers in accordance with the Nassau County Tax Map, after May 31, 1992, the 1992-1993 School Tax roll will be turned over to the County Treasurer, Mineola, New York, and all payments after that date should be made at the Office of the County Treasurer.

**Gary F. Musiello**  
Receiver of Taxes

Dated:  
September 15, 1992  
Oyster Bay, New York 11771  
MIT 2608  
IX 9/25

## Applications Avail. Fall Art Exhibit

Applications for the 17th Annual Fall Open Juried Art Exhibition are now available, according to Oyster Bay Town Councilman Tom Hogan.

Sponsored jointly by the Town of Oyster Bay Department of Community and Youth Services' Cultural and Performing Arts Division, the Independent Art Society (IAS) and the Hicksville Public Library, the exhibition will be held at the library, 169 Jerusalem Avenue, from Saturday, October 24 to Sunday, November 15. The show, which is open to all artists, will consist of original works in six categories: oil and acrylic, watercolor, pastel, graphics/mixed media, sculpture and photography.

"Entries will be accepted on Saturday, October 24, between 10 a.m. and noon at the library," said Councilman Hogan. "The fee for IAS members will be \$9 for one entry and \$15 for two entries. Non IAS members will be charged \$12 for one entry and \$20 for two entries. Entry fees are non-refundable."

"Works will be selected for entry and judged for awards by Stan Brodsky, professor of art at Long Island University/C.W. Post College; Marion B. Brown, AWS watercolorist and teacher; and J.P. Reckner, an award-winning watercolorist." Councilman Hogan continued, adding that unaccepted work must be picked up on Friday, October 30, between 6 and 9 p.m.

The Councilman noted that there will be cash awards as well as ribbons and a Gold Medallion Grumbacher Award. All awards will be presented at a reception scheduled for Sunday, November 15, from 2 to 4 p.m., at the library. Refreshments will be served.

For further information, contact show chairperson Edna Malenski, 935-0154. Entry blanks are available at the Hicksville Public Library, 931-1417.

## Register Now For Elem. Prog.

The Hicksville Public Schools After-School Elementary Activities Program will begin the week of October 12. Eleven courses will be offered to students in grades 3, 4, and 5 in the areas of computers, Spanish, arts and crafts, cooking, piano, guitar, and aerobics. All classes will be held at the Middle School with the exception of aerobics, which will be held at Lee Avenue School. Parents must provide transportation to and from the program.

Registration, on a first-come, first-served basis, will be by Mail Only. Forms will be sent to parents of children in the school district. All forms must be returned by October 1.

Questions regarding the program should be directed to: Mrs. Judy Pace, Coordinator of Elementary Education, at 733-6580.

### FREE CHOLESTEROL SCREENING

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**STATE SENATOR KEMP HANNON**  
invites you to a

### "HEALTH FAIR"

Saturday, October 3, 1992 - 9:30 a.m. - 12:30 p.m.  
Island Trees Middle School - Wantagh Avenue  
(1/2 mile south of Hempstead Turnpike)

**FREE HEALTH TESTING & INFORMATION**  
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\* Call 222-0068 for further information

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### CPR/FIRST AID DEMONSTRATION



## LEGAL NOTICE

**SUPREME COURT  
COUNTY OF NASSAU  
THE DIME SAVINGS  
BANK OF NEW YORK,  
FSB, Plaintiff against  
JUDITH EICHLER et al  
Defendant(s).**

Pursuant to a judgment of foreclosure and sale entered herein and dated September 11, 1991, I, the undersigned Referee will sell at public auction on the north front steps of the Nassau County Courthouse, 262 Old Country Road, Mineola, N.Y., on the 20th day of October 1992, at 9:15 AM, premises BEGINNING at a point on the easterly side of Radcliffe Court distant 134.74 feet northerly from the extreme northerly end of the arc connecting the easterly side of Radcliffe Court with the northerly side of Princeton Drive, being a plot 41.73 feet by 102.54 feet by 116.95 feet by 73.77 feet by 116.20 feet; Premises known as 6 Radcliffe Court, Town of Oyster Bay, Syosset, New York.

Approximate amount of lien \$504,045.58 plus interest and costs. Premises will be sold subject to provisions of filed judgment, Index Number 19885/89.  
Dated: September 18, 1992

Guy R. Vitacco,  
Referee  
The Dime Savings Bank  
Attorney(s) for  
Plaintiff  
Law Dept., EAB Plaza  
15th Flr.  
Unlondale, NY  
11556

SA 8615  
4x9/18, 25; 10/2, 9

## LEGAL NOTICE

**SUPREME COURT:  
NASSAU COUNTY.  
HOME SAVINGS OF  
AMERICA, F.A., Plt. vs.  
STEVEN J. HUNT, et al  
Defts. Index #16117/90.**

Pursuant to judgment of foreclosure and sale dated Feb. 5, 1992, I will sell at public auction on the north front steps of the Nassau County Courthouse, 262 Old Country Rd., Mineola, NY on Oct. 5, 1992 at 10:00 a.m. prem. k/a 56 Melanie Lane, Syosset, NY A/K/A Lot No. 25 in Block No. 185 on a certain map entitled, "Map of Woodland Manor, Section No. 3, situated at Syosset, Town of Oyster Bay, Nassau County, N.Y., surveyed by Teas & Steinbrenner, Surveyors, 125 Church St., Malverne, N.Y., and Rt. 111, Hauppauge, N.Y., May 16, 1955," and filed in the Office of the Clerk of the County of Nassau on Oct. 24, 1955 as Map No. 6544. Sold subject to terms and conditions of filed judgment and terms of sale.

SONDRA INA HARRIS,  
Referee.  
GOLDEN, WEXLER &  
SARNESE  
Attys. for Plt.,  
377 Oak St.,  
Garden City, N.Y.  
SYO8612  
4x9/4,11,18,25

A change of zone in Hicksville has been granted by the Oyster Bay Town Board subject to thirteen restrictive covenants, according to Town Councilwoman Ann R. Ocker.

"The applicants, David S. Levine, Charles Levine, Sandra Levine and Gertrude Vanglish, were seeking the change of zone

## Modification of Restrictives In Bethpage

The Oyster Bay Town Board has granted Mobil Oil Corporation, Barbara Beany, Stanley Byczek, Raymond J. Polley, Jr., and E. Irene Lord's petition for a modification of restrictive covenants in an "H" industrial district (light industry) in Bethpage, according to Councilman Leonard Kunzig.

"The petitioners requested that covenants prohibiting the modernization of a gasoline service station and construction of a canopy be modified, Councilman Kunzig explained. "The property, which was the subject of a public hearing on June 2, 1992 is located on the easterly side of South Oyster Bay Road and Stewart Avenue."

The modification of prior restrictive covenants was subject to the seventeen voluntary covenants and restrictions imposed upon the premises by the petitioners.

According to Councilman Kunzig, the petitioners covenanted that the public service garage hours will be limited to between 6 a.m. and 8 a.m., Monday through Saturday and that no repair work will be performed on Sunday. The hours of operation for the gasoline filling station will be limited to from 6 a.m. to 11:45 p.m. daily. In addition, no substantial repair work will be performed outdoors and no auto body or transmission repair will be done on the premises.

Councilman Kunzig added that the restrictive covenants also prohibit the sale, rental or storage of vehicles and that no more than two automatic or vending machines may be installed. No convenience store or sale of items unrelated to the garage will be permitted and no vehicle parts or similar articles will be stored in the open. Also, the exterior of the structures and property must be maintained and exterior lighting must not annoy or inconvenience the surrounding area. Additionally, proper landscaping, including at least two Bradford Pear or a similar variety of tree, no less than twelve feet in height and spaced evenly along South Oyster Bay Road, will be planted.

Additional restrictive covenants include the proper disposal of liquid waste as well as the construction of an opaque fence not less than six feet high in the rear yard.

"No building permit and/or certificate of occupancy will be issued unless and until a "site plan" has been approved by

Town Board resolution within one year of this special use permit," Councilman Kunzig added.

## 13 Restrictions On Change Of Zone

from a "D" use of a chiropractic office located at 349 Old Country Road in Hicksville," Councilwoman Ocker explained. "Pursuant to a hearing held on June 2, the Town Board has granted the application subject to thirteen restrictive covenants."

The applicants covenanted to limit the professional use of the occupancy to not more than three non-medical or secretarial persons and not more than one doctor of professionally licensed person. In addition, the hours of operation will be limited to 10 a.m. to 7 p.m. on weekdays, 9 a.m. to 11 p.m. on Saturdays and, with the exception of emergencies, there will be no office

hours on Sunday.

With regard to maintenance of the property, the Town Board stipulated that the premises, including all landscaping, must be maintained in good condition at all times. No outside storage of material, trailers, equipment or waste is permitted. All garbage and refuse must be stored in closed containers fenced in on three sides.

Other conditions agreed to by the applicants include the positioning of all outdoor lighting so it does not spill over onto adjacent properties, the extinguishing of all lighting by 10 p.m. and having all signs comply with Town ordinances.

Councilwoman Ocker noted that no building permit or certificate of occupancy will be issued until a site plan has been submitted to, and approved by, the Town Board. The plan must be to scale and show all access and egress; the location, layout and striping of all parking areas, including landbanked areas; the size, location and composition of all landscaped areas; the location of dumpsters; the size, type and location of all signs and exterior lighting and any other information deemed pertinent by the Department of Planning and Development.

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any 1992 Pontiac Stock Comes  
with a 7 year/100,000 mile  
Warranty\*\* and a Monthly Payment  
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**\$99.00  
MONTHLY!\*  
THROUGH  
OCTOBER 1ST!**

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Come to the new Anne S. Louison Pontiac now through October 1st for the best price on the all new for 1992 Grand Am. You'll be driving a Pontiac at a very attractive price -- and you'll be covered for 7 years/100,000 miles. Is there a reason to buy anywhere else?

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Westbury, New York  
**(516) 997-3000**

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**SHOWROOM HOURS: Mon.-Fri.: 9 am - 9 pm  
Saturday: 9 am - 5 pm Sunday: 12 noon - 4:30 pm**

\* Based on 1992 Grand Am Sedan. 4.9% APR GMAC SmartBuy financing. cap cost reduction of \$5,510.25, 47-month \$99.00 payment, and final payment of \$4,749.44. Purchaser has right to turn over vehicle to dealer with 30-day written notice at end of term without final payment with a \$250.00 disposable fee plus excess mileage charge of \$0.15 per mile over 15,000 miles per year. Financing subject to GMAC approval. All incentives, rebates and financing packages applied. Tax, license, title, fees and insurance extra. Must take delivery by 10/1/92. \*\* Power train only.

## Town Adopts Retirement Incentive

A retirement incentive program for employees of the Town of Oyster Bay that will result in long-term savings has been adopted by the Oyster Bay Town Board following a public hearing on September 15, according to Town Councilman Leonard B. Symons.

"The State Legislature passed a bill whereby certain municipal bodies may offer their employees who meet specific age and years of service requirements credit for service time as an incentive to retire," Councilman Symons explained.

"In order to make the incentive program available to Town employees, the Town had to adopt a local law."

The Councilman went on to explain that this incentive program is for employees who are at least 55 years of age with a minimum of 10 years of service. Employees who meet the criteria are eligible to receive one month additional service credit for each year of employment up to a total of 36 months.

By initiating this retirement program, long-term, employees will retire," Councilman Symons stated. "The Town Board will look carefully at each

position left vacant and fill only those considered essential with new employees at lower salaries, thus resulting in long-term savings to the Town in the costs of salaries and benefits."

The Councilman noted that under the guidelines, the Town has 130 employees who meet the criteria for the retirement incentive. He added that the retirement incentive program will be available from October 6 to December 31, 1992, a total of 88 days. Any eligible employee wishing to take advantage of the program must do so during that period.

## PLASTICS RECYCLING in the Town of Oyster Bay



In Oyster Bay, recycling is a way of a life... and an investment in the future. Recycling rigid plastics impacts our Town as well as our earth. When we prepare rigid plastics for curbside S.O.R.T. collection, we're making a difference. We're salvaging instead of destroying... investing in tomorrow instead of borrowing against it. We're making a local effort with resounding global significance. Join other Town of Oyster Bay residents in recycling rigid plastics, newsprint, glass bottles and cans. On a Town-wide basis, we're good at recycling. Let's get even better! For more information, call the S.O.R.T. recycling hotline, 921-3850, Tuesday through Friday, 7am-4pm.



**TOWN BOARD**  
 Supervisor Lewis J. Yevoll  
 Councilman H.T. Hogan, Jr.  
 Councilman Thomas L. Clark  
 Councilman Douglas J. Hynea  
 Councilwoman Ann R. Ocker  
 Councilman Leonard B. Symons  
 Councilman Leonard Kunzig

**Town Clerk**  
 Carl L. Marcellino  
 Receiver of Taxes  
 Gary F. Musiello



Paid for in part by a grant from the New York State Department of Environmental Conservation.



*A local effort with global significance.*

## Mercy League Elects Officials

The Glen Cove Hicksville-Syosset League of Mercy Medical Center is proud to announce new officers for 1992-93. They are:

President - Dorothy Mann,  
 Vice President - Aida Knauer,  
 Recording Secretary - Margaret Philcox, Corresponding Secretaries - Alice Dreher and Kit McCarthy, Financial Secretary - Marge Anglim, and Treasurer - Ruth Beal.

Since 1941, the league has worked tirelessly to raise money for Mercy Medical Center, a non-profit institution in Rockville Center, serving all of Long Island. Through fashion shows, cake sales, flea markets, theater and boat trips, Atlantic City trips, bowling and golf leagues, flower sales and bingo games, it has taken the burden of hospital expenses from the shoulders of the hospital and its patients.

## Mercy Theater Trip Nov. 18

Wednesday, November 18, the Glen Cove Hicksville-Syosset League of Mercy Medical Center is sponsoring a trip to see *Dancing at Lughnasa*. A donation of \$65 includes a first rate theater seat and bus transportation. The bus leaves from behind Sears Automotive in Hicksville at 10:30 a.m. sharp.

Come and lend your support to a worthy charitable cause and see this fantastic show.

For reservations and more information, please call Louise at 935-7321.

## LEGAL NOTICE PUBLIC NOTICE OF CHANGE OF ZONING

RESOLVED, that the petition of DAVID S. LEVINE, CHARLES LEVINE, SANDRA LEVINE and GERTRUDE VANGILSH, for a Change of Zone from a "D" Residential District to an "R-O" Residential-Office District to permit the use of a chiropractic office on premises located at #349 Old Country Road, Hicksville, Town of Oyster Bay, County of Nassau and State of New York, is hereby GRANTED, ON THE PREMISES DESCRIBED AS FOLLOWS: SCHEDULE "A" ALL that certain plot, piece or parcel of land, situate, lying and being at Hicksville Town of Oyster Bay, County of Nassau and State of New York, bounded and described as follows: BEGINNING at a point on the southerly side of Old Country Road at the westerly end of a 10.00 foot radius curve formed at the intersection of the southerly side of Old Country Road and the westerly side of Clarissa Drive; THEN in a southeasterly direction and bearing to the right along the arc of the 10.00 foot radius curve a distance of 15.71 feet

## LEGAL NOTICE

to the westerly side of Clarissa Drive; THENCE South 17 degrees 51 minutes 11 seconds east a distance of 90.00 feet along the westerly side of Clarissa Drive; THENCE South 72 degrees 08 minutes 49 seconds west a distance of 60.00 feet; THENCE North 17 degrees 51 minutes 11 seconds west a distance of 100.00 feet to the southerly side of Old Country Road; THENCE North 72 degrees 08 minutes 49 seconds east a distance of 50.00 feet along the southerly side of Old Country Road to the point or place of BEGINNING. SAID premises are known and described as Section 45, Block 363, Lot 41 on the Land and Tax Map of the County of Nassau. The application herein granted is subject to voluntary covenants and restrictions imposed upon the subject premises by DAVID S. LEVINE, CHARLES LEVINE, SANDRA LEVINE and GERTRUDE VANGILSH, as set forth in a written instrument to be duly recorded in the Office of the Clerk of Nassau County within one year of this resolution; and may only become effective upon such recording.

BY ORDER OF  
 THE TOWN BOARD  
 OF THE TOWN OF  
 OYSTER BAY  
 LEWIS J. YEVOLL  
 SUPERVISOR  
 CARL L. MARCELLINO  
 TOWN CLERK

Dated:  
 September 15, 1992  
 Oyster Bay, New York

STATE OF  
 NEW YORK,  
 COUNTY OF  
 NASSAU

I, Carl L. Marcellino Town Clerk of the Town of Oyster Bay, and custodian of the Records of said Town, DO HEREBY CERTIFY that I have compared the annexed with the original PUBLIC NOTICE OF CHANGE OF ZONING, adopted by the Town Board on September 15, 1992, approving the application of DAVID S. LEVINE, CHARLES LEVINE, SANDRA LEVINE & GERTRUDE VANGILSH, for a Change of Zone from Res. D to R-O Residence-office District at Hicksville, New York.

filed in the Town Clerk's Office and that the same is true transcript thereof, and of the whole of such original.

In Testimony Whereof, I have hereunto signed my name and affixed the seal of said Town this 17th day of September, 1992

Carl L. Marcellino  
 Town Clerk

MIT 2607  
 1X 9/25



Part Two of the Mid Island Times  
Syosset Advance, Williston Times,  
New Hyde Park Herald Courier,  
Bethpage Newsgram, Jericho News Journal,  
The Garden City News  
and Great Neck News

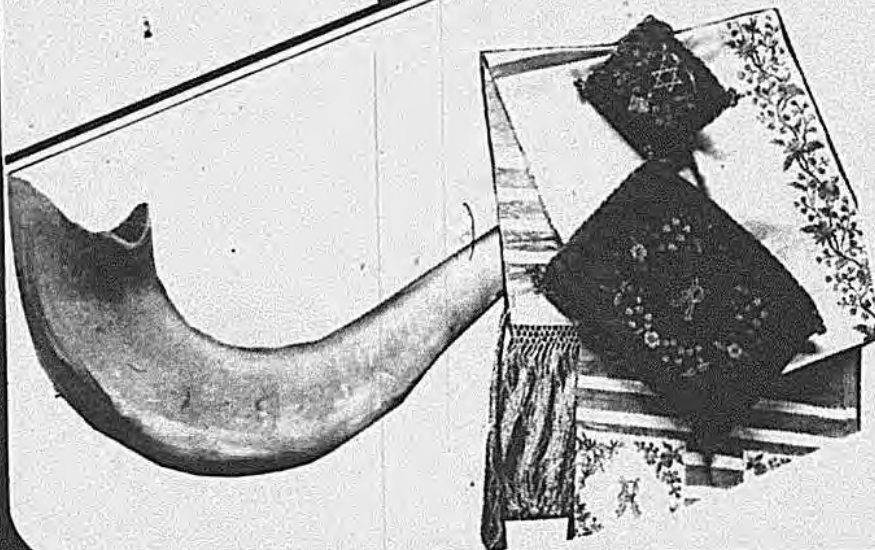


# Discovery! Magazine

The newspaper edition that helps  
discover new writers, new ideas  
through input and special  
family features.

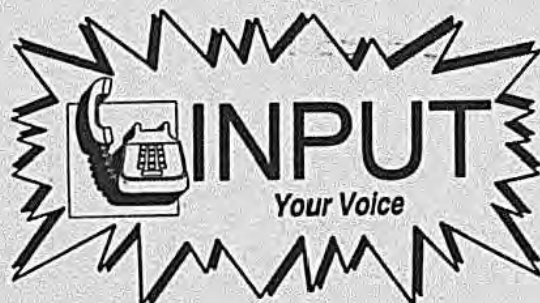


Friday, September 25, 1992



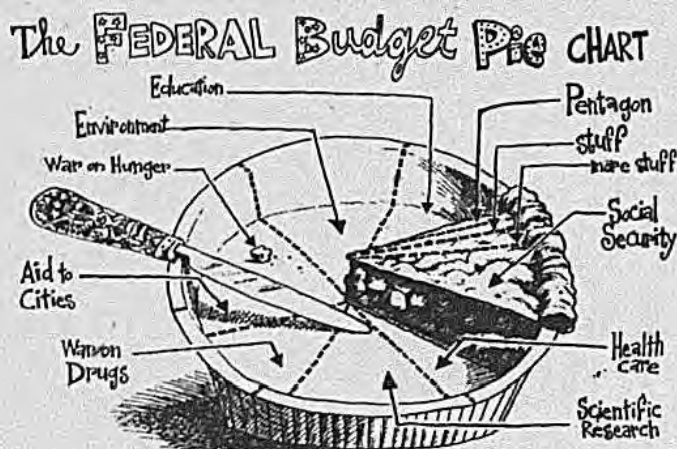
Temple  
"Etiquette"

SEE PAGE 3



## THE QUESTION OF THE WEEK

Do you think that there should be a hold-back of cost of inflation increases in social security until the budget is in better balance?



## Input Callers Give Many Health Views

Most callers to Input believe that fees should be set on many health procedures in response to this question: "Critics of present health insurance recommend set fees for many health procedures. Do you think this would be feasible?" Here are some of the answers: **DOCTOR'S VIEW**

This question is one that has come to me very often because I am a practicing physician. I do not like to hear the long litany of overcharges that people relate. I have always tried to be fair and straight forward with patients. But there are some things that often miss being said. First, sometimes things appear to be simple and they are not. They require a great deal more time and (yes skill) than the patient realizes. I have been practicing for nearly 20 years and I am neither rich nor overly poor but I will say that I work very long and difficult hours to maintain the medium standard that I do have. Many people do not understand that a physician, although a professional, is also in business, not to make big profits but because he has an overhead that is needed to conduct business. Rent, insurance, supplies, a payroll and taxes. All of these and many more items have to go into the fee. In addition the physician generally has to take care of his own pension in one way or another and this must be included in the fee. Very often I hear individuals grumbling about the high fees charged in comparison to a salaried person. But if the average salaried person had to provide his own workplace and pension, his salary per hour would be considerably higher than it is. I have no objection to working out fees for normal procedures but I must say that many things that might be considered normal require special work because of individual circumstances.

All doctors are not rich and most work very hard. G.W.T.  
**COME DOWN TO EARTH**

It will be necessary for the medical profession to come down to earth if there is going to be anything like universal health care. Set fees will have to be charged. Costs per hour will have to be calculated and doctors will have to be content with simply being upper middle class rather than rich people. N.F.

### NOT THAT SIMPLE

It is certainly an oversimplification that doctors would have to post fee schedules. They do have some schedules now but as with any other commodity or service, supply and demand has to enter into it. For instance, if a doctor has built a great reputation, there will always be more people wanting his services than other doctors. That doctor, then, will be in a position of asking higher fees. If we can pay baseball players because of their skill and reputation, we surely will have to pay doctors that way. M.V.

### NEED A CAP

It is absolutely necessary that we have a cap before going into any national health plan which depends on doctors in private practice. If we do not have upper limits, the entire plan will go so high that we will not be able to pay enough taxes to carry it. Right now the health care plans available are regularly raising rates and it is difficult for small companies to keep up with them and many are having to cut back. There are a number of regular things that should be performed at regular rates and that is where a cap will come in. G.F.

### MALPRACTICE

If we could cut down on malpractice suits, the public would be the beneficiary of lower medical fees. It would be up to the government to pass some laws to keep unnecessary court suits and high awards in check. This, along with some holding back on overcharges by doctors, would help the public to afford health care. F.C.  
**SOME SET FEES**

I don't see any reason why regular set fees could not be feasible for many health procedures. I am not saying that one price should be established across the board uniformly imposed upon all the physicians within a wide area but it should not be very difficult for a doctor to post a price list in his or her waiting room for each of the number of services which are customarily provided so that a patient could make his own evaluation before waiting for the bill to be handed to him or her. Not too long ago, I had a minor facial operation performed on a grand-daughter and I was shocked when the bill was handed to me. As it happens, living apart from me she had no insurance coverage and I bore the entire cost. Under existing practices I had no alternative but to pay but had I had recourse to a printed price list for some guidance, I might have been able to evaluate my exposure prior to receipt of the bill and perhaps take some other course of action. I know I may be over-simplifying the problem but it seems to me that if we can establish uniform prices for other complicated products and services, we should be able to find some answer to this problem. Certainly it should ease the health insurance complications. P.G.S.

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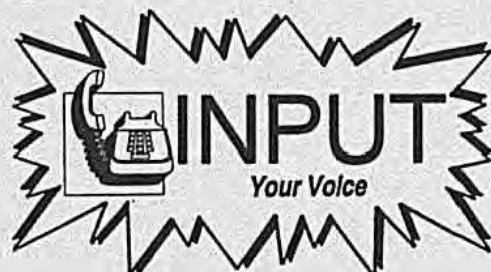
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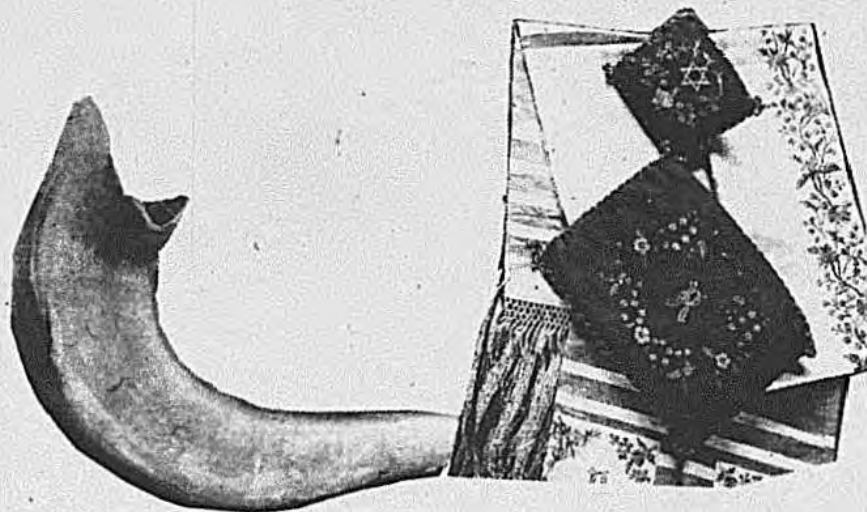
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# Discovery!

3A Friday, September 25, 1992 DISCOVERY



## Temple "Etiquette"

By Marjorie Wolfe

Roosh Hashanah and Yom Kippur will soon be here and thousands of Long Island youngsters will join their parents, siblings, and grandparents at temple/synagogue services.

During the holidays there is usually some "tumel" (confusion, noise, uproar); ushers sometimes admonish the culprits with "Shveig! Shush! Shnell! Please get to your seats."

Show below is a not-so-serious/tongue-in-cheek list of temple etiquette for youngsters.

Although some come to the synagogue to bring their new clothes rather than themselves, youngsters show a lack of respect by wearing casual attire. Ragamuffin blue jeans and a "Mayven University" sweatshirt (with its school motto: "Opinions Above Knowledge") is not considered appropriate dress for the High Holy Days.

Bring your own talit.

Not everyone can enjoy the "Mizrach-vant" - the front row in the synagogue. When seats are assigned on a "first come, first serve" basis, do not use your talis to reserve a seat for latecomers. Prayer shawls are meant to be worn.

Do not request a seat in the smoking section, non-smoking section, or the gossiping section. Take a seat in the praying section.

If your synagogue has a visiting Hazzan (cantor), do make him feel at home. Put on a "haimish ponem" (friendly face).

If reading material is needed by the "kinderlech," here are two suggestions: "Mendy and Golem" - the world's only kosher comic book, or the Alef-bet Pop-up Storybook.

Although you may admire your friend's hand-crocheted Kippah, Bokhara Kippah, or Ninka Turtle yarmulke, refrain from switching or bartering skull caps. This behavior is disruptive... and September is Head Lice Prevention Month!

Most Rabbi's are accustomed to standing before a live audience, but not for cameras as Jackie Mason did in the ABC series, "Chicken Soup." The taping of the Rabbi's sermon is not usually permitted; a written transcript is available - with pleasure - after the holiday.

When the shofar or ram's horn is blown, remember that it is blown to remind our people to think of God and their fellow-men, and to remember to act nobly and do good deeds during the months to come. Listen to the three variations in the call: Tekiah, Shevarim, and Tervah. You'll enjoy the sounds much more if you listen with your eyes shut.

When you feel the need to converse, try "Hashem" - a quiet conversation with yourself.

If-- "Nisht do gedacht!" (It shouldn't happen! God forbid!) an usher has told you "Zol zein shah!" it's time to quietly remove yourself from the sanctuary.

You're not a religious failure if once or twice you converse with your young friends about topics related to Judaism:

- "Chu Chem"
- The first Chinese Jewish Musical
- "Deli-essen"
- The new Glatt Kosher Restaurant
- "Rushdy Salmon"
- Israeli fast food
- "Levite"

One who wears jeans religiously

"Hank Greenberg"

Who attended services at shul during Yom Kippur instead of playing baseball during a tight pennant race.

When the Rabbi, cantor, and synagogue officials form a receiving line in the lobby, offer them a holiday greeting and a handshake. A brief comment on the beautiful service is always appreciated.

When someone says, "L'shanah tovah tikkatevu" (May you be inscribed for a good year), simply respond, "Gam atem" (the same to you).

About The Author

Marjorie Wolfe is a business teacher in Plainview, and a free-lance writer.





# DINING GUIDE



## Vegetarian View

By Margaret Wing-Peterson

An ancient symbol of growth, eggs also represent something else to the modern consumer — heart attack.

Most of us recognize the link between too much cholesterol in the blood and cardiovascular disease. However, many people assume high blood cholesterol simply results from the cholesterol they eat. They lament, "Why is my cholesterol so high? I don't touch eggs!"

Health researchers have found more to high blood cholesterol than packing in the dietary cholesterol.

People respond differently to cholesterol due to individual, genetic-based variations in cholesterol absorption, use and loss. Most bodies (but not all) do adjust to large cholesterol intakes by making less of the substance. The fiber and fat in the diet — not just its cholesterol content — also influence blood cholesterol. And being overweight in general encourages the body to produce more cholesterol.

A diet might be low in cholesterol but high in saturated fat, resulting in increased blood cholesterol. That's because saturated fat in the diet is much more potent in raising blood cholesterol than any cholesterol eaten. Low-cholesterol food choices can help reduce blood cholesterol and the risks for heart disease, but the diet must also be low in saturated fat.

Hence, it's more than just a few cholesterol-rich foods that cause problems. The real culprits are unhealthy food patterns and lifestyle choices, coupled with genes that foster the inability to handle cholesterol well.

Eggs have been blamed undeservedly for the ills of American hearts. The egg is actually nutrient-dense — that is, it provides much nutrition relative to its calories. Indeed, the egg is significant for its protein, riboflavin, vitamin A, phosphorus and vitamin B-12, all for about 75 calories per large egg. Egg protein is unsurpassed in its excellence and is the standard against which other proteins are judged by nutrition scientists.

Egg whites provide nearly all the protein in the egg and are virtually fat- and cholesterol-free, making it the leanest protein source commonly available. Two egg whites contain approximately the same amount of protein as an ounce of cooked lean meat but with fewer calories.

The egg yolk carries the egg's fat and cholesterol. A large egg has the equivalent of a teaspoon of fat, most of which is unsaturated. It has less cholesterol than previously believed, according to recent reanalyses by the U.S. Department of Agriculture. There's about 210 milligrams of cholesterol in an average large egg yolk, nearly a 20 percent drop.

This figure means more eggs within the American Heart Association's recommended 300 milligrams of dietary cholesterol per day. "Moderation" is still the key; the association's prudent diet now

# DINING GUIDE

Friday, September 25, 1992 READER RATING

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## HEALTH WATCH

### Be wise when exposing skin to the sun

Malignant melanoma, the most deadly form of skin cancer, is the most frequently found form of cancer in American women ages 25 to 29. It is second only to breast cancer in women 30 to 34.

Worst areas of the United States for sun damage to skin



SOURCE: Self magazine



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Continued On PAGE 8A

# DINING GUIDE

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## READER RATINGS



Q. At a table with others we don't know at a banquet, what do you do about tips-if anything?

A. At public dinners there is sometimes a small card on each table which reads "Gratuities have been taken care of by the Dinner Committee"—a very good idea. If there is no such card at the table, the waiters, immediately after the service of dessert and coffee and before the speaking begins, come to the host or hostess of each table and place a silver salver before him or her, often with a murmured explanation that something is expected for the table's waiters. Unless all at the table are personally invited guests, the host or hostess makes no attempt to tip for the whole table but after placing a dollar (per service for which he or she feels responsible) on the tray, directs the waiter to the gentlemen at the table, each of whom should leave (at \$10 per plate dinner) a dollar and a half for himself and the same for the lady he, escorts. Women should never be approached for tips if there are gentlemen at the table.

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# DINING GUIDE

*Home entertaining*



By Carol Cutler

## Big summer windup

Many people with country property like to throw one big bash before the leaves begin to fall. City folk jump at the invitation. Here is a chance to enjoy the outdoors without having to worry about all the upkeep.

But it's one thing to invite a lot of people and quite another to attend to all the details that ensure a smooth running get-together. Thoughtfulness is also a hallmark of superior hospitality.

One couple that likes to entertain in a big way begins their special brand of welcome by adding personal, hand-written notes to the printed invitation. They also enclose a reply card, and it has a stamp on it. Today that's a 19-cent stamp, and even if you invite 50 people, those stamps add only \$9.50 to the cost of the party. But such a considerate gesture will long be remembered.

Guests who accept the invitation receive a very, very precise map with distances clocked down to tenths of a mile. If you get lost, you can't blame the host and hostess.

Their property has a single-lane drive leading to it from the main road below. A young man is stationed in a car at the foot of the private drive and points to your turn. But he has another job as well. He's on a walkie-talkie to alert a companion at the top of the hill not to let anyone start down the hill. They want no tight squeezes on the road. And, of course, there are several neighborhood lads to help direct parking the cars.

They set two bars - one with hard liquor and another with wines, iced tea, lemonade and soft drinks. There isn't anything you might want to drink that hasn't been thought of, except perhaps a hot grog for a contrary guest.

Tables and chairs are set up under the trees, no sitting on the ground at this picnic. The well-planned menu is prepared by a local caterer and served buffet style.

The few people in the crowd who might have difficulty moving about the slightly hilly terrain are invited to just sit at the table and a prepared plate is brought to them by a waitress. And of course waitresses remove all the dishes as well.

On one occasion a three-piece band played popular songs as well as accompaniment for a sing-along. But with today's cassettes and excellent players, music can be provided by mechanical means as well.

There are any number of other small touches, decorative as well as thoughtful, that make you feel you are being treated in a royal manner.

But the crowning touch was the last one - as you get into your car to leave you notice a sheet of paper on the passenger's side. What could this be? Directions for the trip home so you didn't have to do a reverse on the original one. That was the ultimate touch and one no one forgot.

One very small detail that the host couple could do nothing about - the weather. Ah, they were smiled upon. It thundered and poured the day before, but the sun came out for them. Wouldn't you?

For your own big summertime buffet table, here is an easy, do-ahead recipe that makes good use of the herbs now in the garden.

### MARINATED MUSHROOMS AND ARTICHOKE HEARTS

- 4 ounces frozen artichoke hearts
- 1 pound fresh mushrooms
- ¼ cup olive oil
- ¼ cup cider or wine vinegar
- 1 cup water
- 1 teaspoon basil, chopped
- ¼ teaspoon thyme, chopped
- Juice of ¼ lemon
- 1 teaspoon salt
- ¼ teaspoon pepper
- 1 garlic clove, cut in half
- 2 bay leaves
- 2 tablespoons parsley, chopped

Yields 6 servings as first-course or 10 as side dish.

Cook artichoke hearts until tender. Drain. Rinse mushrooms and slice in half lengthwise.

Put oil, vinegar, water, basil, thyme, lemon juice, salt and pepper into jar and shake vigorously to blend well. Put artichoke hearts and mushrooms in large bowl, pour marinade over them and toss lightly.

Spear garlic pieces on toothpicks and bury into bowl along with bay leaves. Cover bowl and let stand at room temperature for 1 hour, stirring occasionally.

Place in refrigerator until chilled, about 2 hours. Remove garlic pieces and bay leaves and sprinkle with parsley.

Carol Cutler is the award-winning author of eight cookbooks, including "Catch of the Day."



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7A Friday, September 25, 1992 READER RATING

N.Y. Times Rave Review - May 3, 1992

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Q. Whenever I go to a restaurant that has a salad bar I see people taking two plates and some coming up several times. Aren't these people just acting like pigs?  
E.W.

A. They may be acting like pigs but the management ought to be the one to do the complaining if the dinner cost doesn't cover it. We are told by restaurant owners, though, that it even out and that except in restaurants that specifically say the dinner includes "one trip to the salad bar" that they will not appear to notice how many trips are made and it appears that if they are "pigs" to you, the management still views them as customers.

A. If you're giving a party in a restaurant, should you wait your guests in the entrance of the restaurant, or should you go to the table?

A. If the entrance is tiny, there really isn't room for you to congregate all your guests there. It's better in this case to go straight to your table.

However, remember to arrive before your guests do. It's extremely rude for the hosts to arrive after their guests!

Q. Whenever my husband takes me to a restaurant he never says "please" or "thank you" to the waiter. This bothers me because he is always polite with house guests or other members of the family. What do you think?

A. Your husband mistakenly believes that paying for a meal entitles him to be discourteous. Not true! The words "please" and "thank you" are certainly proper to use in speaking to a waiter when a favor is requested or a service is acknowledged.

## After Work Gourmet

By Sharon Achatz



## Dig into dinner with hearty dips

Next time somebody says "let's dig in" at dinner, surprise them and do just that.

Serve up a hearty dip as the main course, and all they'll need do is pick up a cracker or crudit and dig into a dip for a decidedly different dining experience.

The payoff for the hurry-up chef comes not only in culinary variety but also in trimmed time — each dip takes only 10 minutes to prepare.

One of the most famous dishes of the Middle East — and deservedly so — is Hummus. While this pureed garbanzo bean dip generally is paired with pita bread, it also works well with raw vegetables and crackers. The most exotic ingredient called for in the recipe, tahini, is a sesame seed paste generally located in the health or ethnic section of the supermarket.

Canned water chestnuts are a crucial ingredient for crunching up Spinach Dip, a classic combination of frozen chopped spinach, cream cheese and yogurt.

This dip needs to sit for several hours for flavors to develop, so make it a day ahead and let it sit in the refrigerator for a near-instant dinner the following evening. Serve with crackers or crudites — cut-up raw vegetables such as celery, carrots, broccoli and cauliflower — and cherry tomatoes.

To save on chopping time, buy crudites from the grocery's salad bar.

Nothing but tortilla chips will do for dipping with Zippy Nachos. This festive finger food has earned a name for itself as a distinguished snack, but it stands in well as a dinner, too — especially when served with a salsa chockfull of corn and chunks of bell pepper.

The hurry-up chef starts with salsa from a jar, but then jazzes it up with fresh diced vegetables and corn kernels from the freezer.

### HUMMUS

1 (15-ounce) can garbanzo beans  
1 teaspoon minced garlic  
¼ cup tahini  
Dash of Tabasco  
2 to 3 tablespoons lemon juice  
¼ cup water  
1 tablespoon olive oil  
¼ teaspoon paprika

Yields 2 to 3 servings.  
Preparation time: 10 minutes.  
Drain garbanzo beans, rinse in cold water and drain again.

Place beans, garlic, tahini, Tabasco, lemon juice and 2 tablespoons water in blender or food processor; process until mixture is very smooth and thick, about 1 minute. Add another 2 tablespoons water and process until mixture is smooth. Taste and adjust seasonings.

Transfer mixture to serving dish, film top with oil and sprinkle with paprika.

### SPINACH DIP

1 (8-ounce) package cream cheese, softened  
¾ cup plain low-fat yogurt  
1 (8-ounce) can water chestnuts, coarsely chopped  
1 tablespoon chopped chives  
1 tablespoon lemon juice  
1 teaspoon minced garlic  
1 (10-ounce) package frozen chopped spinach, thawed and squeezed dry  
2 cups crudites

Yields 4 servings.

Preparation time: 10 minutes.  
Combine cream cheese, yogurt, water chestnuts, chives, lemon juice and garlic in bowl and mix well.

Add spinach and stir to combine. Cover and refrigerate for at least 4 hours or overnight to develop flavors.

Serve with crudites and crackers, if desired.

### ZIPPY NACHOS

1 (8-ounce) bottle salsa  
1 cup frozen corn kernels, thawed  
¼ bell pepper, diced  
1 (8-ounce) bag tortilla chips  
4 ounces Cheddar cheese, grated  
1 ounce jalapeno pepper cheese, grated

Yields 2 to 3 servings.

Preparation time: 10 minutes.

Preheat broiler.

In small bowl, combine salsa with corn and diced bell pepper; set aside.

Spread tortilla chips on baking sheet. Sprinkle with grated cheeses; broil 2 to 3 minutes, until cheese has melted.

Serve immediately with salsa at side for dipping.

### QUICK TIP

An unfrosted cake stored in an airtight bag or container will keep in the freezer 6 weeks. Next time, bake two. Just pull the cake out of the freezer as you sit down to dinner, and it will be thawed by time to serve dessert. Quick cake toppers: ready-to-spread frosting, sliced fresh fruit, powdered sugar, jam.

Sharon Achatz is a free-lance writer.



## KITCHEN HINTS



### What goes in the fridge?

Do refrigerate:

1. Ripe fruit.
  2. Opened jars of tomato sauce and salsa.
  3. Coffee beans.
- Don't refrigerate:
1. Chocolate.
  2. Potatoes, onions and garlic.
  3. Spices and seasonings.

# DINING GUIDE



## Vegetarian View

Continued From PAGE 5A

includes four egg yolks a week, including those added in cooking or preparing other foods. Here are more tips for using eggs:

- For half the eggs in egg-rich recipes such as quiche or scrambled eggs, substitute two egg whites for one whole egg. Or, simply use two egg whites wherever a whole egg is needed, as in meat loaf, muffins or cookies.

- Commercial egg substitutes, which are colored and flavored egg whites, can be purchased in the grocery frozen sections and used in recipes that call for beaten eggs.

- Eggs are perishable — handle them as you would milk or meat. Be sure to purchase only eggs that have been kept in refrigerated store displays. Like humans, bacteria find eggs to be nutritious, and cold temperatures minimize chances of spoilage. Eggs lose as much freshness in a day at room temperature as in a week under refrigeration.

- Check eggs in the carton before buying to be sure none are cracked. Once home, keep eggs in their carton in the refrigerator to minimize their absorption of ice-box odors and maintain their good quality.

- Cook eggs appropriately to minimize risks for food-borne illness. The whites should be opaque and the yolk firm. Most at risk for

# DINING GUIDE



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Schweinebraten - Roast Loin of Pork with Sauerkraut & Potato Pancakes.....\$10.95

Schmitzel A La Burger Meister - Sautéed Natural Veal with Mushrooms, Onions, Peppers & Tomatoes Served with Potato Pancakes.....\$12.95

Porkeskelts - Pan Grilled (2) Center Cut Pork Chops Sautéed with German Style Sauerkraut and Mashed Potatoes.....\$10.95

\* Above Also Served w/ Salad, Homemade Bread  
Basket and an Alternate Choice of Potato....





## Creative ways with coconut

Coconut flavors so many of our favorite desserts — cookies, candies, pies, cakes, puddings. It is also a major ingredient in the dishes of many cuisines halfway around the world. Coconut many garnish an Indian curry, flavor a Polynesian seafood dish or form the basis of a spicy Thai soup.

Peak season for fresh, whole coconut runs from September through March, so if you love fresh coconut, now's the time to shop.

Look for coconuts that feel heavy for their size and listen for the slosh of liquid inside — the more liquid, the better. Avoid those with no sloshy liquid sound (they're likely to be dried out) and those with moldy or wet "eyes."

An uncracked, whole coconut will stay fresh at room temperature (about 60 F is ideal) for up to two months. Once opened, cover coconut and refrigerate. It will stay fresh about one week. You may also submerge grated fresh coconut in its own liquid and freeze for later use.

The coconut has three small black spots at one end. Spanish and Portuguese explorers found these to resemble the eyes and mouth of a monkey and hence the name "coconut" — Spanish slang for "monkey face."

To open a coconut, pierce two of the "eyes" with a clean nail, ice pick or Phillips-head screwdriver. (Tap with a hammer, if necessary, to pierce.) Drain the coconut's liquid into a cup and refrigerate — this is delicious as a beverage.

To open your coconut easily, place whole, drained coconut in the freezer for about an hour. Then tap sharply with a hammer — it should break cleanly into two pieces. Carefully use a knife to pry flesh from shell.

A medium-size coconut will yield 3 to 4 cups shredded coconut. If you buy packaged, processed coconut, a 4-ounce package of shredded or flaked coconut is equivalent to 1½ cups.

Coconut has a unique and delightful flavor, but, like many especially tasty foods, it should be enjoyed in moderation. In general, animal fats are more saturated and fish and vegetable oils are richer in polyunsaturated fats.

Coconut oil is an exception among vegetable fats — it's even more saturated than dairy cream (palm oil is also highly saturated). So indulge your coconut cravings wisely, especially if you're on a restricted cholesterol diet.

Recipes in this column are tested in 625- to 700-watt microwave ovens.

### MICRO-TIP OF THE WEEK

To toast flaked coconut in your microwave, sprinkle coconut evenly in a 9-inch microwave-safe

pie plate. Microwave at MEDIUM-HIGH (70 percent power) setting 4 to 5 minutes for 1 cup flaked coconut, 3 to 4 minutes for ½ cup, or until coconut begins to turn light brown (coconut will continue to brown for about 1 minute after microwaving). Toss with a fork after each minute. Store in an airtight container.

### COCONUT CHICKEN CURRY

- ½ cup shredded coconut
- 1 cup boiling water
- 1 large onion, thinly sliced
- 1 clove garlic, minced
- 1 tablespoon cornstarch
- 2 teaspoons curry powder
- ¼ teaspoon ground dried ginger
- ¼ teaspoon salt
- ¼ teaspoon pepper
- 1 (3-pound) chicken, cut into serving pieces
- 2 Granny Smith apples, cored and thinly sliced
- 1 (10-ounce) package frozen peas
- ¼ cup raisins
- Hot cooked rice for 4 or 5
- ½ cup salted red-skin peanuts (optional, for garnish)
- ½ cup chopped fresh cilantro (optional, for garnish)

Yields 4 or 5 servings.

Preparation time: 15 to 20 minutes.

Cooking time: 21½ to 27 minutes (plus 5 minutes standing time).

Oven setting: HIGH (100 percent power).

Combine coconut and water in small bowl; let stand 5 minutes. Drain liquid into 2-quart microwave-safe casserole (reserve coconut). Add onion and garlic to liquid. Microwave 1½ to 2 minutes, stirring after 1 minute, until onion is just soft.

Stir in cornstarch, curry powder, ginger, salt and pepper. Add chicken, positioning meatier pieces toward outside of dish. Spoon sauce over chicken, cover and microwave 10 minutes.

Rearrange chicken, then add reserved coconut, apples, frozen peas and raisins. Spoon sauce from bottom of dish over all. Cover and microwave 10 to 15 minutes longer, or until juices run clear and meat near bone is no longer pink.

Reposition chicken once, halfway through cooking time. Let stand, covered, 5 minutes before serving over hot cooked rice. Garnish, if desired, with red skin peanuts and chopped cilantro.



## FOR TEENS

By Willard Abraham, Ph.D.

Dr. Abraham: I really had my eye on this guy because he is so good-looking, and finally I got him to talk to me. But let me tell you, it wasn't worth the effort.

He is just plain stupid, beautiful but an empty bag.

So let me tell girls something through your column: Looks aren't everything. They may not even be anything.

I went from the pretty boy to one my friends tell me is almost ugly. I really don't see that in him, though. He knows how to talk to me, we laugh together, and our times together are great fun.

I'm only 15, but I've already learned what is important in my life. From now on I'll look for what really matters in having a boyfriend. — Bevie.

Bevie: You have a pretty mature attitude. Looking beneath the surface is an important part of growing up. Height and weight, as well as good looks, are seldom the prime factors in a meaningful relationship.

A pleasant appearance certainly isn't a handicap, but it is not often the core of what one derives from a friendship or a deeper relationship.

Dr. Abraham: My sister has a boyfriend to whom she isn't very nice, but he sure seems to like her anyway. He does whatever she wants, and I could cry because I'd like to do good things for him.

That is one problem. Another is that he doesn't seem to know that I'm alive. All he has eyes for is her, even though she doesn't pay much attention to him.

I certainly would if he were my boyfriend.

Do you think there is a chance for me?

He is 17, she is 16, and I am 13. — Noony III.

Noony: There appear to be two big obstacles that you face in this picture: his apparent feelings for her and the age difference between you and him.

However, there is one useful thing you can learn from this situation that can help you with other boys. Because she isn't nice to him, you can learn what not to do in a relationship.

Paying attention, showing interest in a boy's activities, recognizing what he likes, and talking to him in a pleasant way are among the approaches that will help you develop a meaningful friendship when you are ready for one.

Dr. Abraham: My goal in life has always been to be a doctor. Now that I'm a junior in high school, it keeps getting closer and closer. I've planned my high school courses with that thought in mind, and will do the same when I'm in college. I may have less choice in medical school, but that's all right. Just so I get into the best med school that my grades will get me into.

One more thing I can tell you about all this: It hurts my heart to read about little kids who get sick or hurt, and I guess it happens a lot in our great country. So I want to help them.

Does all this make sense to you? Your reactions to other teens who write to you for help are so sensible that I want to hear what you say about my goal. — Mattie.

Mattie: Right on! You're choosing a field that can be so important in the lives of thousands of children. If you think the situation for them is serious in our country, read some of the heart-breaking news and other reports from Third World countries. Pretty horrible.

When our own country's record is matched against children's health conditions in other somewhat comparable countries (such as Canada, England, France, Norway and the Netherlands), we don't look very good.

Here are some areas of greatest concern:

- Our injury rate among those 19 years old and younger is higher than it is in any of those five countries. Such figures relate to motor vehicle accidents, poisonings, fires and firearms, as well as drownings, suicides and homicides.

- Poverty is a major factor in the environment of 37 million children in the United States. Inadequate health insurance, lack of immunization by second birthdays against measles, rubella or mumps, and one in 10 under the age of 4 not seeing a physician within the past year are often related to being poor.

- One in four pregnant women is not insured for maternity care, and the same number don't receive prenatal care during the first three months of pregnancy.

If you think this adds up to a problem with which you can help, Mattie, you're certainly right. Teens like you can make a tremendous difference in the health of our children.

# Cooking Corner



## Feed the gang with sandwiches

By Charles Britton

Granted — the British may have priority when it comes to sandwiches. You remember the story about the Earl of Sandwich, who didn't want to get up from the gambling table and all that.

That was then (specifically the 18th century), and this is now. The sandwich in its myriad forms pops up everywhere anyone can figure out how to wrap bread around a filling.

Forms vary endlessly. The Middle Easterner puts a savory filling inside a pita. The Scandinavian takes a knife and fork to savory ingredients beautifully arranged on a slice of bread, the upper slice having been discarded in the interest of elegance. The French make a toasted ham-and-cheese sandwich called the Croque-Monsieur.

America, though, probably takes the honors for sheer variety and volume of sandwiches. The hamburger, though sorely pressed by pizza, remains practically our national dish, and even Dagwood Bumstead could not list all the changes that we have made on the basic formula of bread-filling-bread.

For this weekend's gathering, the sandwich offers a main course right up our national alley.

For something striking, consider the megasandwich, made of a whole loaf of bread. French or Italian bread often works best for this. The basic recipe is simplicity itself: Slice the loaf longitudinally to make two or more layers, depending on size. Then fill with whatever combination of sandwich makings you prefer. Present the whole loaf to the guests and serve by cutting lengths or wedges, depending on shape.

Instead of winging it, you can follow specific recipes such as the following.

The Hero Sandwich probably originated in the Northeast, perhaps in the '20s. It is so called, the usual story goes, because you have to be a hero to eat it. It also goes by several other names, including "grinder," "submarine," "hoagie" (especially around Philadelphia) and "po' boy" (in the South).

In New Orleans, the Po' Boy has a special formula, rather similar to the French-dip sandwich. It is made from slow-roasted, well-done beef that has crisp edges, and it is absolutely essential to have plenty of rich gravy. Some leftover pot roast might serve as a reasonable substitute.

A long loaf of French bread is cut open and some of the gravy is poured on. Po' Boys are supposed to be sloppy. Top the meat with shredded lettuce, tomatoes and plenty of mayonnaise. These sandwiches are served warm.

A New Orleans specialty — Oyster Loaf — also calls for a loaf of French bread, split open and filled with deep-fried oysters. Breaded fish sticks would be a pale imitation, but the sandwich might be worth eating anyway.

Some people like Oyster Loaf with butter only. Nobody said that New Orleans cooking was light on the calories. Other people prefer it with shredded lettuce, tomatoes and mayonnaise.

Heroes can be of any length. This one presumes a loaf about a foot long, although there's no reason you couldn't make it in a round loaf. There is considerable variation in contents, and these proportions are only a starting point.

### HERO SANDWICH

- 1 loaf Italian bread
- Olive oil
- 1 clove garlic, minced (optional)
- 1 pound mixed Italian cold cuts (hard salami, prosciutto, mortadella, capicola, pepperoni)
- ¼ to ½ pound sliced provolone cheese
- 6 to 8 pepperoncini (Italian-style peppers), drained
- 2 to 3 pieces of roasted sweet peppers (recipe follows)
- A few anchovy fillets (optional)
- Red pepper flakes to taste
- Vinegar

Yields 4 servings.

Cut bread lengthwise. Brush cut sides with oil. Sprinkle on minced garlic.

Arrange cold cuts, cheese, pepperoncini, peppers and anchovy. Sprinkle with red pepper. Drizzle with vinegar and olive oil to taste. Top with upper crust of bread. Cut into lengths to serve.

For roasted peppers: Place sweet peppers under a broiler, turning frequently until skin is blistered and somewhat blackened. Immediately wrap well in damp paper towels; allow to steam in their own heat for about 10 minutes. Under running water, strip off skin. Discard veins, seeds and stems. Cut peppers into lengths.

To serve as an hors d'oeuvre, dress with olive oil, vinegar, salt and pepper. Prepared peppers are available at some Italian markets.

Here is a New Orleans specialty, the Muffuletta. It's so popular there, you can buy it in markets around lunch hour. Basically, it's an excuse to eat Olive Salad, a contribution of the city's large Italian contingent, so we begin with a recipe for that. The salad,

of course, is good on its own, with a crusty loaf of bread.

### NEW ORLEANS OLIVE SALAD

- 3 to 4 cups mixed olives: black, green, Mediterranean-style, with and without pimento — you need a variety
- 4 tablespoons olive oil
- 1 to 2 tablespoons wine vinegar
- ¼ teaspoon dried oregano (or to taste)
- 1 or 2 cloves garlic, chopped
- About ¼ cup chopped parsley

Yields 6 to 8 servings.

Pit olives. The easiest way to do this is to tap them lightly with a small hammer or mallet; you will soon learn the right pressure. Alternatively, rest flat of a large knife on an olive and give it tap with the heel of your hand. In either case, flesh should split away from pit. Chop olives coarsely. Mix with olive oil, vinegar, oregano, garlic and parsley. Allow to marinate, covered and refrigerated, overnight.

For Muffuletta: Split a 10-inch round loaf of Italian bread. Moisten cut surfaces with some liquid from Olive Salad. Authentic article will be drippy. Arrange layer of Italian salami over bottom layer. Heap on Olive Salad — a true New Orleans Muffuletta is generously filled. Top with slices of provolone cheese and prosciutto.

Sprinkle with minced garlic if desired. Add the top layer of bread.

...

The Muffuletta seems a lineal descendant of a Mediterranean favorite called "Pan Bagna" or "Pan Bagnat," depending on whether you find it in Italy or France. The name means something like "bather's bread," and it is closely associated with the beach.

Ingredients can vary widely, though tomato and fish almost always figure in it. If you happen to have the remnants of Ratatouille, the Mediterranean vegetable stew made of tomatoes, onions, eggplant and zucchini, you could use that. The juices from the filling are supposed to seep through the bread.

### PAN BAGNAT

- 1 large round of Italian or French bread
- About ¼ cup fruity olive oil
- 1 medium onion, sliced thin
- 1 or 2 tins of anchovies, with oil
- 1 (9-ounce) can tuna packed in olive oil (available in Italian markets)
- 2 medium tomatoes, sliced (be sure they are ripe)
- Pepper to taste
- ½ cup oil-cured olives, pitted and chopped
- ½ cup green olives, pitted and chopped
- 2 large red bell peppers, roasted and seeded (see Hero Sandwich recipe)

Yields 6 to 8 servings.

Cut loaf into 2 halves horizontally. Drizzle cut halves with olive oil. Pan Bagnats typically are well lubricated; if you like, you can use liquid from anchovy and tuna cans.

Add onion, anchovies, tuna and

tomatoes. Sprinkle with pepper. Add olives and peppers. Replace top half of loaf. Wrap well in plastic.

Place a plate on top of sandwich and weight down for about 4 hours, refrigerated. You can use a large item of canned goods to supply the weight. To serve, unwrap and slice.

### MEDITERRANEAN LOAF

- 1 (10-inch) loaf of Italian bread
- ¼ cup butter, melted
- 1 clove garlic, minced
- 2 teaspoons rosemary
- 1 medium eggplant, sliced
- 1 cup ricotta cheese
- ¼ cup grated Parmesan cheese
- 1 cup olives, pitted
- 2 tablespoons chopped fresh basil
- 1 (8-ounce) can pimentos, drained
- ½ pound sliced salami
- ½ pound sliced cheese of your choice

Yields 8 servings.

Slice top off of bread. Remove insides from bread, leaving ¼-inch shell. (The insides can be used to make bread crumbs.) Combine butter, garlic and rosemary; brush onto bread shell.

Place eggplant slices under hot broiler and broil until golden brown on both sides. Allow to cool. Combine ricotta and Parmesan. Separately, combine olives and basil. Chop pimentos.

Spread base and sides of loaf with cheese mixture. Arrange half of eggplant slices over cheese, then half of olive mixture, half of pimento, half of salami and then all of cheese. Repeat with remaining eggplant, olives, pimento and salami. Replace bread top.

Wrap loaf in plastic wrap and place plate with a weight on top. (See Pan Bagnat recipe.) Refrigerate for at least 1 hour. To serve, cut into wedges.

### GIANT DELI SANDWICH

- 1 (1-pound) loaf unsliced round bread or French bread
- 2 tablespoons butter, softened
- 8 ounces Muenster cheese, sliced
- 8 ounces sliced deli meats, such as ham, salami and liver sausage
- 1 large tomato, sliced
- 1 large dill pickle, sliced lengthwise
- Lettuce leaves
- Spicy Dressing:
- ¼ cup mayonnaise
- 1 tablespoon coarse-grain mustard
- 2 teaspoons horseradish
- 1½ tablespoons drained capers

Yields 6 servings.

Cut bread in halves, horizontally. Hollow out halves, leaving thick shells, about ¼-inch thick. Reserve crumbs for another use. Butter cut sides of the bread.

Layer cheese, deli meats, tomato, pickle and lettuce, starting and ending with cheese. Spread spicy dressing between layers. Cut into six wedges and serve immediately, or wrap loaf securely in plastic wrap or aluminum foil, and pack for a picnic.

Spicy Dressing: In small bowl, whisk mayonnaise, mustard and horseradish. Mix in capers. Yields about one-third cup.



# Garden Talk

By C.Z. Guest

A beautiful, eye-catching yard, one that features a lush, green lawn and well-pruned plants and shrubs, is relatively simple to achieve if you start early and work periodically to maintain it.

Start with the lawn. When winter comes to an end and the last frost has melted and cleared, it's time to rid the turf of grass and leaf clippings left over from the previous fall. An old-fashioned raking will do just fine.

Many towns and municipalities now charge for the pickup of lawn waste, as well as for the actual bags in which the materials are placed. Consider purchasing a shredder, it can reduce eight bags of leaves to one, saving you money and lessening the burden on the nation's overflowing landfills.

Once the lawn is cleared, prep it for the coming summer by tilling or using another aerating device to let the turf breathe. Then lay down grass seed as needed in bare spots or thinned areas. Many professional landscapers recommend applying a fertilizer high in nitrogen to provide an added boost to the developing lawn.

Lawns thrive when they receive an inch of water a day. Many cities face drought each season and, therefore, enforce water restrictions, so water wisely. Turn on the sprinklers in the early evening. This allows the soil to absorb the moisture before the sun's warm rays evaporate it the next morning.

Beds can benefit from proper watering, too. A landscape fabric laid atop the soil allows air and water to filter through while phys-

ically blocking the growth of weeds. An inch-thick layer of mulch or wood chips placed over the fabric continues to permit air and water through while making a decorative addition to the landscape and reducing the number of waterings necessary.

Chips can be produced by recycling broken and pruned branches collected during a yard cleanup.

Trees, shrubs, perennials and annuals all benefit greatly from pruning, though this task needs to be done properly and at the appropriate season. The myth that all pruning must happen during the dormant season simply isn't true.

When to prune, how far to cut back and the methods of cutting back vary depending on the season, the plant's condition and its reaction to weather and previous prunings. Contact your local nursery for specific information.

Once you know what to prune and when to prune, one to two basic pruning methods will be utilized.

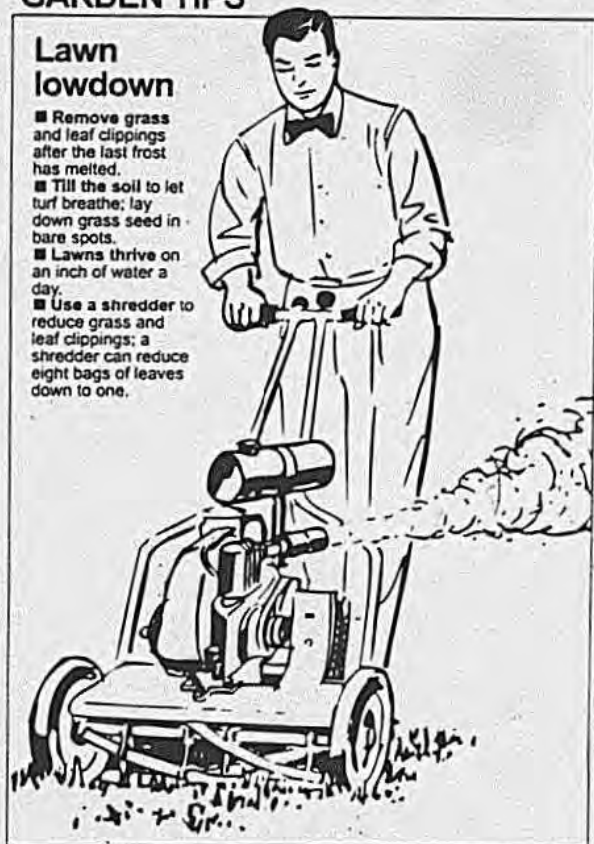
Thinning cuts create space and reduce the effects of pressure caused by rain, snow, sleet and wind. The cut follows the branch to be removed back to its source, with the cut made close enough to leave what appears to be a short stump, called a branch collar. A thinning cut enables the remaining limbs to continue growing naturally.

Heading cuts, rather than following a branch back to a limb, lead back to a bud or buds. Such cutting promotes further bud growth and encourages the remaining buds to thrive in full sun.

## GARDEN TIPS

### Lawn lowdown

- Remove grass and leaf clippings after the last frost has melted.
- Till the soil to let turf breathe; lay down grass seed in bare spots.
- Lawns thrive on an inch of water a day.
- Use a shredder to reduce grass and leaf clippings; a shredder can reduce eight bags of leaves down to one.



# Our Children

By Willard Abraham, Ph.D.



## Nutrition for kids often neglected

Q. Don't you think it's about time for more parents to think about "nutritional" child abuse that they may be causing — the bad diet some kids get at home and at school, too? This kind of abuse isn't talked or written about much.

A. There is a lot parents can do to cut down on the intake of calories through fatty meat, high-caloric milk, rich desserts, candy, soft drinks and much more that their kids consume.

It is a tragedy in many parts of my extended family, really criminal what they are doing to their children.

A. Right on! Of course, you have a good point. Parental neglect of this type may have different causes, like lack of information or their own unlimited desire for rich foods.

I'm glad you also brought up school meals because many parents need to be more involved in their value, limitations or even dangers. Such meals have improved a great deal in numerous school settings but not totally.

Thanks for your input. The views you express are so important.

Q. Our children (ages 9 and 11, a girl and boy) are both extremely creative, but I'm running out of ideas to challenge them. They will have teachers this coming school year whom I've already spoken to about this, and both are eager to help out. They seem capable of assisting in our efforts to capitalize on the kids' capabilities without limiting their academic pursuits.

Television is one media source in which we have located some helpful interests and outlets for our children, but are there any new programs coming up this fall that may appeal to them? I haven't heard of any. Have you?

A. A television series called "Behind the Scenes" may be what you are seeking. It is scheduled to start Sept. 13. Presented by the Public Broadcasting System in 10 half-hour parts, it will stress the visual and performing arts for children. The content will include painting, drawing, sculpture, photography, music, dance and theater.

Hosted by magicians/comedians Penn and Teller and featuring 11 artists, it sounds like a series that will be entertaining and instructive, especially for children like yours, as well as for other youngsters who may have the potential but have not yet demonstrated creative skills.

Each program will focus on one artist and one theme, for example, a blank canvas becoming a painting, a melody becoming a composition, random movements emerging into a dance pattern and a bare stage transformed into the magic of a theatrical production. Children will be encouraged to look more carefully and think more creatively.

"Behind the Scenes" will represent the first major effort to present the arts to children nationally, emphasizing an area that is more and more neglected as school budgets are cut. It is funded by the National Endowment for the Arts, the Corp. for Public Broadcasting, McDonald's Family Restaurants and others.

You can get more information from your local PBS station, or by writing to McDonald's at P.O. Box 11189, Chicago, IL 60611 (attention: Stephanie Skurdy) or Golin/Harris, 500 N. Michigan Ave., Chicago, IL 60611 (attention: Andy Eklund).



# Kids Home Newspaper



Games, rhymes, and riddles for children and their parents, too!

By J.R. Rose -

## DRAW IT!

**DRAW A  
DORSAL FIN  
ON THIS  
SHARK!**



**HOLD THIS PANEL UP TO A MIRROR  
AND DISCOVER WHY THIS GIRL IS  
NOT AFRAID OF THE SHARK...**

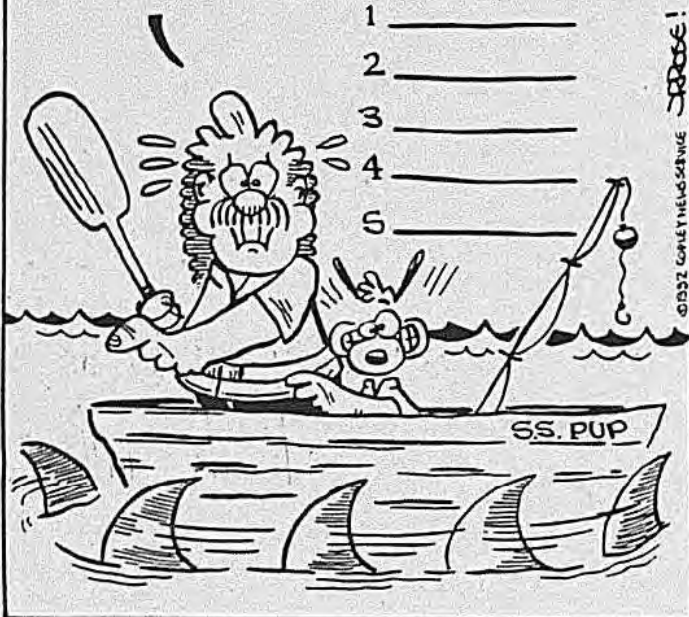
**A  
BECAUSE IT'S  
MAN-EATING  
SHARK!**



PUP THANKS JAWAD AHMAD OF CHARLESTON, WV.

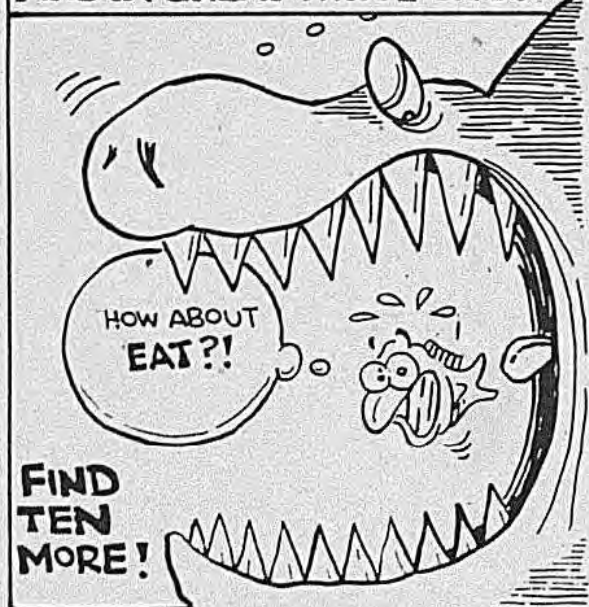
**SHARKS ARE ALL AROUND US NOW.  
AT THE STERN AND AT THE BOW!  
PUP AND I ARE FULL OF FRIGHT.  
LIST 5 WORDS THAT RHYME WITH 'BITE'!**

- 1 \_\_\_\_\_
- 2 \_\_\_\_\_
- 3 \_\_\_\_\_
- 4 \_\_\_\_\_
- 5 \_\_\_\_\_



©1992 COMETHEUSKREWE

**HOW MANY WORDS CAN YOU  
FIND IN GREAT WHITE SHARK?**



**FIND  
TEN  
MORE!**

## WRITE US!

IF YOU HAVE ANY FUN  
GAMES OR JOKES SEND  
THEM TO : **PUP**

81 EAST BARCLAY STREET  
HICKSVILLE, NEW YORK 11801

**WHAT DO SHARKS LOVE TO EAT?**

**PEANUT  
BUTTER  
AND  
JELLYFISH  
SANDWICHES**



PUP THANKS JUSTIN MARKOS OF FRUITLAND, MD.





## Fitness Forum

By Mike Dale

Modern science treats and heals disease through drugs and surgical intervention. It's the Western model of medicine.

But more and more people realize that traditional medicine doesn't always work. Treatments can even have adverse side effects — namely, the misuse of prescription drugs and botched surgeries.

Holistic practitioners call illness or injury a "disease." They believe maladies created by the body can be healed by the body (with help from the mind and spirit, as well).

Anyone can endure weeks of discomfort from strained muscles. But massage therapy is a much more enjoyable remedy than ice and rest.

One may submit to extensive medical treatment or, even, surgery to ease pressure on a nagging sciatic nerve. Or one could get relief by doing maneuvers on a yoga mat.

Following are some of the alternative remedies that are used to relieve common ailments.

• **Acupressure.** Shiatsu, which means "finger pressure" in Japanese, can be thought of as a cross between acupuncture and massage.

Similar to massage, shiatsu stresses deeply relaxing tense or exhausted muscles. By loosening the muscles, blood flow is enhanced.

And like acupuncture, shiatsuists believe that the body contains meridian points of energy that can stimulate health.

If pressure is applied properly, shiatsu can remedy headaches and toothaches, or relieve colds, diarrhea, even bed-wetting.

• **Acupuncture.** Uses needles instead of pressure on the body's 12 meridian lines of force and 360 body points (the ear itself contains 200-plus points).

Stimulating these *chi'i*, say the Chinese traditionalists, cures every imaginable disease, from smoking cessation to drug abuse.

Very slender needles are inserted in numbers varying from two or three to a dozen or more.

Some acupuncturists also pass a very small electrical current into particular needle to provide better stimulation.

• **Biofeedback.** Believe it or not, no one really knows how biofeedback works.

In essence, biofeedback tries to give the conscious mind profound control over bodily functions. Example? Some biofeedback experts claim they can teach chronic migraine sufferers to stop their headaches within a week.

The key: With biofeedback training, you know exactly when and how your body responds to tense situations and what to do about it.

• **Chiropractic.** Chiropractors are the masters of understatement.

To chiropractors, disease is caused by a misalignment of vertebrae in the spinal column,

which stops nerve impulses from flowing freely and healing the body, a natural state, or "innate intelligence."

But skeptics — including the American Medical Association — maintain that there's no proof or clinical evidence showing that if the spinal column is like a newborn's, clear of obstruction, there would be no disease.

There are two types of chiropractors. "Straight" chiropractors stick to adjusting the spine. "Mixers" may use combination therapies, such as Rolfing, acupressure, relaxation techniques and so on.

• **Herbal medicines.** They are Mother Nature's sons (and daughters, of course).

There are two ways to apply herbs. One is through infusion (drinking a tea), the other is through poultice, or ointment.

For tea, simply add about a teaspoon of leaves or flowers per cup of boiling water. Strain and drink.

Ointments require more preparation. Add one part of a strong brew of the herb to about four parts of something like Vaseline or lanolin.

Some of the more popular herbs include garlic (opens up blood vessels and fights bacterial infections), chamomile (cures intestinal maladies), cayenne (reduces fever, internal disinfectant) and peppermint (cures indigestion, upset stomach).

• **Homeopathy.** Homeopathy is a medical specialty — in the alchemy realm — that's based on the principle, "like cures like."

Homeopaths stimulate natural healing by administering herbal chemicals containing diluted measures of diseases.

For example, a homeopath would cure your flu by giving you a bacteria, in minute portions, that stimulates the flu bug.

Inducing the same substance to a healthy person would make him sick.

• **Massage therapy.** The power of human touch, massage, has been shown to increase blood and oxygen supply, break up stress-induced muscle spasms and revitalize muscles.

Plus, it's very intimate and loving to give as well as receive.

• **Music therapy.** In the sixth century B.C., Pythagoras regarded music and diet as the best way to cleanse the soul and body to maintain harmony and health.

Music, it turns out, has been the great elixir for the soul. Music stimulates emotions and relaxes tensions.

In addition, scientists claim that playing an instrument reduces progression of some acute diseases.

A two-year study of 30 asthmatic children, 15 of whom who were given wood instruments to play, revealed that the kids playing instruments had fewer asthma attacks.

## THE HEALTHY GOURMET

By Kit Snedaker



I recently stumbled on a discovery as important as the wheel. Lasagna noodles don't need to be cooked separately.

Honest. Just layer dry noodles with cheese or whatever you're using, cover with sauce, add some mozzarella on top if you're daring, and bake. It comes out just the way it would if you had bothered with cooking and draining the noodles first.

Trust me. I know because whenever I'm hungry and a couple of pounds on the wrong side of the scale I turn to pasta. I don't have a lot of time to spend in the kitchen, but I adore pasta. I can ring a million changes on it. Pasta fills me up and it's low everything I want it to be. Now that I've made this lasagna breakthrough, that delight is also on my quick and easy list.

### EASY LOW-FAT LASAGNA MADE WITH UNCOOKED PASTA

- 1 pound drained no-fat cottage cheese or farmer's cheese
- ½ pound low-fat ricotta
- ½ cup egg substitute or 2 egg whites
- ¼ cup grated Parmesan cheese
- 1 tablespoon chopped fresh chives
- 1 tablespoon minced parsley
- Freshly ground pepper to taste
- ¼ cup red wine
- 1 yellow onion minced (makes about 1 cup)
- 1 ½ pounds mushrooms sliced
- 4 cups spaghetti sauce (recipe follows)
- 1 (10-ounce) package lasagna noodles or 6 1 Primmisimi Instant Lasagna sheets

Yields 8 to 10 servings.

Each serving has about 235 calories, 4 grams fat, 13 milligrams cholesterol and 500 milligrams sodium.

Put cottage or farmer's cheese, ricotta, egg whites and Parmesan in food processor and blend. Add chives, parsley and pepper and pulse just once. You want a blend.

Put wine in saucepan and add onion. Simmer until onion is soft. Add mushrooms and cook until they have lost their liquid and are about half their former size. Drain.

Combine cheese mixture with the mushroom mixture. Spread some of spaghetti sauce on bottom of lasagna pan and layer noodles, cheese/mushrooms, sauce, noodles, cheese/mushrooms, sauce until noodles and cheese/mushroom mix are both are used up.

Pour rest of sauce over noodle layers and bake in oven preheated to 375 F for about an hour, covered. Uncover and cook for 5 minutes longer.

### SPAGHETTI SAUCE

- 3 cloves garlic, minced
- ¼ onion minced
- 1 stalk celery minced
- ½ cup red wine

- ¾ cups tomato puree (28 ounce can)
- 1 ½ cups canned whole peeled tomatoes, coarsely chopped with their juice
- 1 tablespoon dried basil
- 2 teaspoons dried oregano
- ¼ teaspoon dried rosemary
- 1 tablespoon minced fresh parsley
- 1 bay leaf
- 1 carrot peeled
- Pinch of salt

Yields about 5 cups.

Each ½ cup has about 50 calories, no fat, no cholesterol and 400 milligrams sodium.

Put garlic, onion and celery in skillet with a little wine and saute for minute or two. Add rest of wine, cover and simmer for 10 minutes. For extra liquid, use juice from tomatoes.

Add rest of ingredients and continue to simmer at least 30 minutes longer. This tastes even better made the day before it's needed. Remove bay leaf and carrot before serving.

### QUICK ANGEL-HAIR WITH SHELLFISH

- Pot of water for cooking pasta
- 1 teaspoon olive oil
- 2 tablespoons onion, chopped
- 1 teaspoon garlic, minced
- 3 ripe tomatoes peeled, seeded and chopped
- 2 tablespoons tomato paste
- ¼ cup white wine
- 1 cup low-sodium chicken stock
- 1 tablespoon fresh parsley chopped
- 1 tablespoon fresh basil chopped
- 1 pound jumbo crab meat or cooked scallops
- 2 tablespoons chopped scallions
- Freshly ground pepper to taste
- 1 pound angel hair pasta

Yields 4 to 6 servings.

Each serving has about 230 calories, 2 grams fat, no cholesterol and 15 milligrams sodium.

Bring water to boil. Heat oil in non-stick saucepan. Add onion and garlic and saute until onion is translucent. Add tomatoes and tomato paste and cook for 5 minutes.

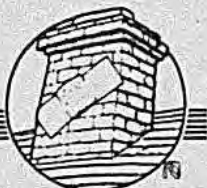
Stir in white wine, chicken stock, parsley, basil and crab meat and simmer for about 10 minutes over low heat. Stir in scallions and add freshly ground pepper. Remove from heat and keep warm.

When water is boiling, add pasta and cook for just 2 or 3 minutes until it's barely done. Drain and add pasta to sauce. Serve at once.

Kit Snedaker is author of "The Great Convertibles." Her food stories have appeared in *Bon Appetit* and *Harper's Bazaar*.

## Here's How

By Gene Gary



**Q.** We have a cinder-block wall that surrounds our property on the side fronting a very busy street. Recently, some vandals selected this wall to spray paint with obscenities. I have had little success in removing these markings with paint thinner. Do you have any suggestions on products that might work?

**A.** The removal of graffiti on masonry can be difficult, particularly cinder block, which is very porous. There are a large number of commercially available products that are suitable for removing both spray paint and felt-tip pen markings.

Their success depends on the chemical composition of the paint used to make the markings. So, if

satisfactory results are not obtained with the first remover applied, make a second or third attempt.

A single product may not remove both spray paint and felt-tip pen stains. These products will vary from state to state, depending on local environmental laws that govern the composition of such products.

Your best bet is to check with a large commercial paint dealer in your area and confer with one of their experts for recommended products. By commercial paint dealer, I am referring to an outlet that services professional painters as well as consumer retail trade.

Because of the porous nature of masonry, especially cinder block,

you may find that satisfactory removal is impossible. If this is the case, consider painting the block wall. Be sure and use a good primer to cover the markings prior to applying final coats.

One very effective product is KILZ, manufactured by Masterchem Industries Inc., P.O. Box 368, Barnhart MO 63012. This product also will cover crayon markings, ink, grease, and fluorescent paints. KILZ is a primer and should be used with a good masonry paint for final finish coats.

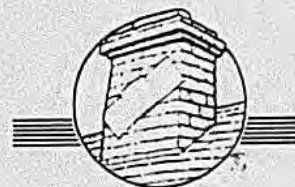
### A reader writes:

"In response to your advice concerning the painting of a fiberglass shower pan with epoxy paint, the refinishing industry has not used epoxies for five years. They have a tendency to turn yellow, and their thinning agent is very toxic. Also, the product gets brittle and peeling is a fairly common problem.

"A better product to use is an acrylic resin with a urethane polymer synthetic. However, it is not recommended as a do-it-yourself procedure for homeowners. These materials have special properties,

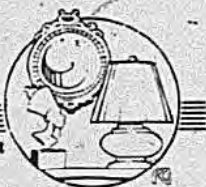
are highly flammable and very toxic. A trained professional is recommended for application of this type of product."

We agree that professionally applied new finishes for both fiberglass and ceramic bathroom fixtures are more durable than those a homeowner can apply (such as epoxy paints). We advise consumers to check a couple of firms in the area for price quotes and a description of the refinishing process. Be sure to ask about their written guarantees prior to commissioning any work.



## Decor Score

By Rose Bennett Gilbert



## Bedroom arrangements

**Q.** Where is it written that all beds have to be up against a wall? My bedroom is small, plus there are four doors, counting the closets, so I barely even have a wall to put it against. But that's what every decorating guide I read tells me to do. I'm hoping you have some other ideas. — L. di M.

**A.** Where is it written, indeed? Not in this column, as you can see from the photograph we've found to illustrate another approach to bedroom arrangements.

The problem faced here by interior designer Peter Antone was not doors, as in your case, but an overriding need for lots of wall space in what is essentially a typically small New York City apartment. That's because this is the bedroom of an avid collector with lots of artworks to hang.

As in your case, the solution lies in getting the bed away from the walls and floating it, islandlike, in the center of the room. Before you adapt the idea, however, be warned of two prerequisites:

• Most living things prefer to sleep with their backs to the wall, or at least sheltered in some way. That's an atavistic survival instinct, and fighting it may ruin your good night's sleep at first. Just thought I'd mention it.

• A floating bed needs an anchor. For practicality's sake, as well as looks, you'll want a small table or chest behind the head of the bed or at the side(s) to hold a reading lamp, books and glasses.

Remember, too, that when the bed is in the center of the room, it automatically becomes the center of attention.

Antone has played that up with a dramatic quilted spread and helping of pillows that let the bed serve as a surrogate sofa by day, where he and/or visitors can sit and enjoy being surrounded by works of art on the walls.



Rose Bennett Gilbert is the co-author of "Manhattan Style" and associate editor of *Country Decorating Ideas*.



**ISLAND SOLUTION** — In a room with no view, designer Peter Antone anchored his island bed in the center of the space, the better to free up the walls for artwork.





# LOCAL READER

## CLASSIFIED ADS sure to get results

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### ONE AD APPEARS IN 8 LOCAL NEWSPAPERS FOR ONLY \$12.85

Garden City News • Call 294-8900  
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Williston Times • Mineola Edition  
New Hyde Park Herald Courier  
• Call 746-0240

NOW after 2 p.m. phone-in your ad 24 hours a day to our special after hours ad number. You can phone your ad 24 hours a day and it will appear in the next issue of the paper (up to the 12 noon deadline for week of publication). If you miss the hours of our regular ad takers at any of the above numbers call 746-0240 and give your ad 24 HOURS A DAY.

#### Help Wanted

**CLERICAL WORK** IN newspaper office in Hicksville three days per week. Permanent part time work. General office experience needed, typing, filing, billing, proofreading. 931-0012. htfm

**DENTAL ASSISTANT/RECEPTIONIST** P/T in private Garden City office. Will train. 294-0375. hvd2

**REPORTERS WANTED** to cover meetings at night for local newspapers. Experience in writing helpful and interest in civic affairs needed. Compensation on assignment basis. Phone 931-0012.

**BABYSITTER / HOUSEKEEPER** to take care of my 4 & 7 year old girls in my Garden City home. English speaking, driver & references. 8:10 a.m.-5:40 p.m., Mon.-Fri. Call 294-6871 evenings and weekends. gc01

**CHILD CARE GIVER** Needed to care for a 3 months old in our Garden City home Mon.-Fri. full time. Hours flexible. Must have experience & references. Non-smokers only. 775-0542. gcS4

**BABYSITTER NEEDED** in my Westbury home. Reliable, cheerful, and energetic woman for care of one child, light housekeeping and driving. Solid references and valid driver's license required. Please call 334-8155 and leave message. ho2

**MATURE INDIVIDUAL.** P. not required for dental receptionist/assistant. Will train. Excellent opportunity for local returnee. Garden City office. Hours: Wed. & Thurs. nights 6-10 p.m., Fri. 9-5, Sat. 8-2. 746-0445. gcS4

#### Help Wanted

**HOUSEHELPER WANTED** 2-3 days a week P/T. Needs own car, do errands and housecleaning. 742-8607. gc02

**RESPONSIBLE BABYSITTER** WANTED for 15 month old. 3 days & 3 nights per week. Own transportation. Experience & references required. 873-9131. gcse4

**RELIABLE SITTER** to pick up from kindergarten and babysit from 12 to 5:30, Monday/Friday, M/F, Non-smoker. Call 747-0680. ws4

**SALES ASSOCIATE FOR** Congenial, active Realty office. For a confidential interview, please call Bernice/Molloy Realty, 747-2010. gcse4

**P/T RECEPTIONIST, BOOK-KEEPER.** Clean Garden City South repair shop seeks well organized person with repair shop knowledge, good phone personality & some typing experience for general office duties. Call between 8 a.m. - 5 p.m., 486-3602. gcS4

**P/T LEGAL SECRETARY** Three full days a week. Two (2) Secretary office. Some steno, dictaphone, typing. Will train. Salary open. 741-0333. Ws4

**DENTAL LAB SEEKS P/T** office assistant, flexible hours. Call Regina 742-8303. gcSe4

**SECRETARY P/T, Mon-Fri,** 12-5 Garden City Insurance adjuster's office, typing & telephone work. Word processing, Word Perfect experience a plus.. Send resume to Erhardt Adjustment Co. (Suite 408) 585 Stewart Ave., Garden City, N.Y. 11530. gcSe4

**GARDEN CITY LAW** office. Gal Friday. P/T. Car required. \$6/hour. 746-3350. gcSe4

#### Help Wanted

**MATURE, RESPONSIBLE NANNY** wanted to care for infant full time Monday-Friday, live out. Non-smoker, experience & references required. 747-3607. gc01

**BABYSITTER NEEDED** FOR 2 children, ages 1 & 4 in our Garden City home. Mon.-Fri., from 3 p.m. - 6 p.m. Non-smoker, references, own transportation. 358-6188. gc03

**MAIL ROOM CLERK.** Full time. Large insurance agency. Mitchell Field area. High School diploma & clean driver's license a must. Excellent benefits. Call 745-0800 x 307. Ask for Miss Cassetta. Ws4

**CHILD CARE** IN my home two weekday mornings per week. Mature woman who intuitively loves children. References. 741-0972. Wc3

**DRIVERS WANTED: MUST** be over 23 yrs. of age with clean license. Retirees welcome. 294-3568. Ws4

**CHIROPRACTIC ASSISTANT** wanted for Mon. Wed. Fri. 3:30-7:30 p.m. and Sat. 9 a.m. - 12 noon. Friendly, outgoing, well organized and chiropractically oriented person desired. Computer experience a plus. Call 739-5703. hSep4

**CHILD CARE NEEDED** in my home. Garden City area. One toddler. Flexible hours. Approx. 15-20 hrs/wk. Begin approx January 1993. Afternoons into evenings. Clean drivers license and references required. 485-4979. hOct3

**SECRETARY/CLERK POSITION** Full/Part time. Busy law office. Opportunity to learn. Williston Park Area. 248-0906. wOct1

**P/T AFTERNOON OFFICE** clerk. Good telephone & typing skills, for service company. Mineola. 742-8562. hSep4

**P/T COMPUTER OPERATOR** - Experienced with IBM PC using Micro soft Word, Windows & Windows manager. 1-2 days a week. Send resume to P.O. Box 7248, Garden City, N.Y. 11530. gcSe4

#### Situation Wanted

**IRISH GIRL AVAILABLE** as a companion for elderly. Excellent references. Call Liz anytime. (718) 343-8617. gcse4

**HOUSECLEANING AVAILABLE.** Good references & experience. Also will do ironing. 781-1204. gc01

#### Situation Wanted

**CERTIFIED NURSE'S AIDE** will work for sick or elderly. Full or part time. Will work evenings or weekends. Own transportation. References. 484-4321. wol

**SATISFIED GARDEN CITY** Parents moving. Looking to place hardworking, responsible Polish Nanny/housekeeper. Seeking housecleaning and/or child care duties. Part time or full time. Excellent Garden City references. 437-5984. wol

**CLEANING GIRL AVAILABLE** for houses, apartments and offices with good references, own transportation. Please call Sandra 747-7988. gc01

**CERTIFIED NURSE'S AIDE** with good references and experience seeks job to care for the elderly or disabled. Live in or out, day or night. Please call (718) 327-4614. gc01

**POLISH WOMAN AVAILABLE** for housecleaning. Please call 432-8722. hol

**TWO POLISH WOMEN** looking for housecleaning, ironing work. Experience & excellent references. Please call after 6 p.m. 759-1227. gc03

**POLISH WOMAN LOOKING** for job cleaning houses, housekeeping 4-8 hours per day in Garden City, Stewart Manor, Franklin Square or nearby vicinity. Experienced, references. Call 327-0259. Leave message. gcSe4

**HOUSECLEANER AVAILABLE** 2 days a week. Good references and own transportation. 294-2601. gcSe4

**HOUSECLEANING AVAILABLE** Mon.-Fri., mornings and afternoons. Good experience and good reference. 867-0927. gc02

**I AM A CERTIFIED Nurse's** assistant, looking for work as companion to the elderly or sick. Recent references are available. Also can drive. Please call Norma at (718) 868-4232 Monday to Sunday. gc01

**CERTIFIED NURSE'S AIDE** or companion. Twelve years experience. Excellent references. Any hours, weekends. Live-in or out. English speaking. 746-0948, 741-5128. wsep4

**MATURE POLISH, RESPONSIBLE** woman will clean your house to perfection. Please call 486-4228. gc02

**GARDEN CITY MOM** will care for your child in my home. Dependable and caring. Excellent references. 747-2978. gcse4

#### Situation Wanted

**HOME HEALTH AIDE WITH** experience will take care of your loved ones. Affordable, reliable. Excellent references. Ask for Rose, 326-2917. gc02

**YOUNG LADY SEEKS** position as companion. Live in or live out. Non-smoker with excellent references. Call (718) 495-5165. gc02

**HOUSECLEANER AVAILABLE. LIVE** out, experience & reference. Own transportation. 486-7118. gc02

**EXPERIENCED NURSE'S AIDE** seeks position to care for elderly or sick. Weekdays, living out. Can be contacted at 538-4165 or 538-5072 anytime. REferences area available. gc02

**MATURE WOMAN SEEKS** F/T child care position in your home. Former teacher, non-smoker. Own transportation. References. Available now. 718-527-7108. gc02

**CERTIFIED NURSE'S AIDE** seeks employment to care for sick elderly or disabled. Live in or out. (718) 847-7273. gc03

**AVAILABLE IMMEDIATELY - PERSONALIZED** New Type Service. Shopper/errand gal, will wait on long lines for you. Also available P/T meticulous household cleaning. Call Monica at 775-3481. gc03

**EXPERIENCED, HONEST, HARD** working woman will clean your home or apartment. Reasonable rates. Mrs. K. 822-3587. gc03

**POLISH CLEANING LADY** available for three days/week. Call after 3 p.m. 741-5145. gcOct3

**STATE CERTIFIED NURSE'S AIDE.** Home or hospital care. References available. No agency fee. 536-1132. gc03

**ATTENTION VACATIONERS - WOULD** You like to go away and know that your dog or cat is well taken care of? Mature woman who loves animals will give your pet lots of TLC. Fenced in yard. 352-9113. gcD2

**PLAY GROUP FOR 2's & 3's** now forming at Parkside Preschool in Mineola. Diapers OK. Loving, bright, clean, stimulating environment. State licensed. N.Y. state certified teachers. Extended day also available. 747-5350. gc03



## Situation Wanted

### GARDEN CITY HOUSE & OFFICE CLEANING CORP



**Bonded and Insured**

*Serving All Nassau County*

We will sparkle-clean your house or office with a team of experienced, honest and reliable persons who will be in and out in no time until your heart is content. Cleaning process is supervised by owners, who are Garden City residents. We use our own cleaning tools & detergents. Call for a free estimate

**248-8690**

Leave message and we will promptly call you

**EXPERIENCED, MATURE, RESPONSIBLE** European woman with references & car looking for child-care, housekeeper position. 794-0981. gcse4

**PERSONALIZED HOME CARE** Service, Nannies, Housekeepers, Childcare, live-in References. Lowest agency fee in tri-state area. Licensed & bonded Call Domestic Touch, Inc. 718-225-9194. hOc4

**VERY NICE WEST INDIAN LADY** seeks to take care of an elderly person or older children. Very easy to get along with. Will live in or out. Please phone 292-2581. gc02

**IRISH LADY SEEKS FT/PT** position as nurse's aide/companion. Five years experience. Excellent references. Driver's license. Call Caroline 718-464-5940. wo2

**MINEOLA MOM WILL CARE** for your child in my home. Experienced and excellent references. 741-4369. wo2

**FRANKLIN SQUARE - RESPONSIBLE** woman would like job housecleaning or companion to elderly. Please call 755-6542. h02

**NURSES AIDE - COM- PANION.** Irish woman, seven years experience. Excellent references. Own transportation. Available Friday, Saturday, Sunday (weekends). Call 939-2467 or 937-1208. gc02

**COMPANION, NURSE'S AIDE,** mature & experienced seeks position. Will do light housekeeping and sleep in. Call Naida (718) 493-6244. gc01

**HOME TYPIST - ATTEN- TION** Small Business! Accurate, neat typist will assist with correspondence, billing, etc. Call 747-2978. gcSe4

**IRISH WOMAN LOOKING** for housekeeping or companion to elderly person. Garden City location. Please call 755-4729. gc03

## Situation Wanted

**IRISH LADY SEEKS** position as home care aide/companion. Available days or nights. 741-8519. wo3

**GARDEN CITY MOM** to care for your baby in my home FT. Non-smoker, no pets. Immediate. 873-8926. gc03

## Real Estate for Sale

**PECONIC YEAR ROUND** Vacation home. Private community, 3 BRs, EIK, beach & boating. \$165,000. Owner 734-4151. gcSe4

**GARDEN CITY BEAUTIFUL** spacious home, 5 BRs, 3 baths, screened porch, finished rec. room, 80x100. Walk RR. Asking \$315K. By appointment. Principals only. 775-5974. gc01

**GARDEN CITY ESTATES** Compact Tudor. Split layout. LR/Fpl, DR w/built-ins, EIK for 2, 3-4 BRs, 1 1/2 baths, fin. basement, 1 car garage, screened porch, nice yard, excellent closets/storage, easy maintenance. 40x100 plot. Top location, near schools and trains. Perfect for couple or family of 4. Owner anxious for quick sale. Make offer! Asking \$330,000's. Principals only. Call now: 747-4572. gc02

**CATHEDRAL GARDENS STUCCO** Tudor - 4 BRs, 2 Baths, FDR, LR/FPL, 2 car garage, steam room/jacuzzi. 100 x 100, built in pool. \$258,000 Principals only. (616) 489-5835. gcSe4

**HUNTINGTON - PRIME NEIGHBORHOOD.** Country French in forest-like 1/4 acre. 1 1/2 miles to beach. Desirable SD #6. Taxes \$5,500. Downstairs - Large LR/FPL, extra lg. sunken FDR, European style kitchen, full bath w/stained glass, den, maid's room, slate entry hall w/stained glass. Upstairs, 3 lg. BRs, full bath plus huge Master Suite with sitting room, walk-in closet, lg. Master bath & private deck plus detached 2 car garage. Sprinkler/security system. Terrace, pond with waterfall. Sacrifice \$319,000. 549-8409. gcSe4

**GARDEN CITY SOUTH.** Mint brick Split, Adelphi area, 90x100. Modern EIK, 3 BRs, FDR, 2 1/2 baths, fam. rm., fin bsmt., plus 2 rm professional suite with private entrance, possible M/D, skylights, new windows, sprinklers. Best offer over \$268,000. Owner 485-7880. gcN2

**CUTCHOGUE/NASSAU POINT AREA** Heated in-ground 20'x40' pool, 2 cabanas, jacuzzi, steam room, sauna, finished bsmt., 4 BR, 2 1/2 baths, LR, EIK, 2 car garage, acre landscaped, deck, \$325K. Call Bill Kavan 294-0220. gc03

**GARDEN CITY MOTT** area. 3 BRs 2 1/2 baths, FDR, LR/fpl, large EIK, large Fam. rm., 2 car garage, patio with awning. Move in. Low \$300's. No brokers please 294-8118 gc03

## Real Estate for Sale

**LAKEFRONT, SUMMER COTTAGE.** Deposit, N.Y. LR/fpl, kit, 2 BRs, 1 bath. Furnished, includes rowboat. Quiet lake. \$38,500 by owner. 746-4680. wse4

**GARDEN CITY CONTEMP.** Custom built front to back split. Cathedral LR/fpl, DR, Mod Kit, 4 BRs, 3 Baths (guest area with bath), 30' Fam. Rm/fpl, fin. bsmt., 2 car attached garage, 150' x 100', \$379,000, 248-9814, 51 Pine St. Taxes \$8,900. Wse4

**GARDEN CITY EXQUISITE** Estates Ranch, 3 BRs, 2 baths, LR/FPL, den, eat in Euro kitchen w/skylight, 100x150, new CAC. Owner \$349,000. 742-4082 after 5 p.m. gcse4

**EAST WILLISTON - COLONIAL Splendor.** 3 BR, Fpl, 2 car garage. Beautiful setting. Reduced, \$299,000. Sedacca Real Estate 747-0020. gcSe4

**GARDEN CITY MINT MOTT** Tudor, 3 BRs, 1 1/2 baths, FDR, large EIK, LR/fpl, stained glass doors, jacuzzi porch. Move-in condition. \$360's by owner. 294-8499. gc01

**PLAINVIEW. PRESTIGE WASHINGTON** Ave. 4 BR. Wide line high Ranch. 3 baths, LR, DR, kit. Circular driveway, 1/2 acre. School Dist. #4. Walk to Damin Park. 15 yrs. old. Professional or possible mother/daughter. \$309,000. 741-2365. wse4

**GARDEN CITY/STEWART** Ave. Spacious, bright apartment with great view. 3 BRs, 2 baths, FDR, LR/fpl, washer/dryer. Available immediately. \$2100 per month. 212-841-7887 days; 516-746-4165 eves. & weekends. gc03

**FLORAL PARK VILLAGE** Cape. 6 rms., 3 baths, fin. bsmt. Mint cond. \$185K firm. Owner. Principals only. 488-2180. gc01

**222 SEVENTH STREET** Condo, 2 BR, 1 bath, newly renovated throughout. \$179,000. Owner 742-8337. gc03

**SOUTHOLD SETTLE ESTATE** - Room to roam in this large 8 room Colonial home offering LR/Fpl, FDR, EIK, family room, 4 big BRs, 2 1/2 baths. All appliances, basement, 2 car garage. Walk to sandy beach. Owner's attorney invites all offers. \$170,000. Bookmiller Realty 722-4423. gcSe4

**ORIENT, 2 ACRE,** wooded, secluded compound. Mother/daughter plus summer cottage. New Victorian farmhouse approx. 4,000 sq. ft. Gourmet kit, 2 fpls, jacuzzi, central vac, central alarm, 4 BRs plus large studio BR & much more. \$360,000. Terms available. 323-2400. gc02

**POCONO. TWO 1 acre** building lots in Canadensis, Pa., near state lands, skiing, lakes, resorts. Perc-tested. Sacrifice. \$15,000 each acre. Will sell together or separately. 739-2401. WO2

## Real Estate for Sale

**GARDEN CITY - SPACIOUS** 3 BR, 2 1/2 baths, LR/Fpl, DR, EIK, Den, finished basement, 2 car, fenced yard with patio. Walk RR, many extras. Low \$300's. Owner (212) 473-0526 Anytime. gc01

**MATTITUCK YEAR ROUND** hide-a-way with IGP, 3 large BRs, wonderful family room. Private community \$215,000. Southold - Spacious Ranch in move in condition. 5 BRs, 2 1/2 baths, family room/Fpl, deck, full basement and 2 zone OHW heat. Plenty of room for family and friends. \$235,000. Southold Federal Farm house. 3 BRs, 2 baths, LR/Fpl, EIK, FDR, den, 2 porches, OHW heat and garage. Garden path setting. Exclusive listing. \$139,500. Southold Waterfront - Lovely 2,700 sq. foot home on bay inlet in private community. Amenities include heated pool with extensive decking and OHA heat with central air. Drastically reduced to \$369,000. Nassau Point Bayfront - Prime location, sandy beach, private wooded acre with 3 BR home. Newly listed \$535,000. Marlon King Realty 734-5657. gcSe4

**GARDEN CITY CH Colonial.** 4 BRs, 2 baths, sunroom. Walk LIRR. Low taxes. Low \$300's. 741-3483. gc03

**FLORAL PARK VILLAGE** Custom built wide line Cape, 70x100. 4BRs, 2 full baths, LR/Fpl, DR, enclosed patio, beautiful yard, finished basement. Mid \$200's. Owner 354-4521. gc01

**UPSTATE N.Y. (Ulster County)** Town of Shawangunk. Legal mother/daughter. Log cabin home with 14 acres, 4 BRs, 3 1/2 baths, LR, kit, dining area. Covered porch. Large deck. Shawangunk Mountain view. Basement, 2 car garage, oil hot water heat. 10 yrs. old. \$289,000. 741-2365. wse4

**SOUTHOLD WATERFRONT** - 2 story features LR/Fpl, DR, family room, solarium, 3 BRs, 2 1/2 baths, deep water boating with 50 foot dock. Most prestigious location. \$595,000. Jamesport Mint Country Ranch designed for privacy. LR, DR, family room/Fpl, EIK, Master BR and Bath, plus 2 BRs and bath, deck, steps to own sandy bay beach. \$209,000. Mattituck Estates setting, charming country home on very private lot features LR/Fpl, DR, Master BR and bath plus 2 BRs and bath, sunroom. Steps to 80 foot deeded beach. \$290,000. East Marion Contemp Chalet in private community. LR/Fpl, cathedral ceiling, 3 BRs, 2 baths, large deck deeded beach and boating. Absolutely mint. Reduced to \$179,900. Lewis Realty Group, 765-5810, 734-5533, 298-4600. gcSe4

**WEST HAMPTON BEACH** custom Condo deluxe. 3-4 BRs, 3 1/2 baths, skylights, whirlpool, custom wallpaper, pool, tennis nearby. Walk to beach. Priced to sell. 757-4347 or 288-0248. gc03

## Real Estate for Sale

**SO. JAMESPORT 3 BR** Ranch. 17x17 fin. den plus 15x15 fin. rm. in bsmt., LR/wood burning stove. In-ground pool, walk to beach, marina close by. In-ground irrigation, landscaped 1/2 acre. 180,000. 722-4784. gc02

**GARDEN CITY MINT** Mott Tudor, 3 BRs, 1 1/2 baths, FDR, large EIK, LR/fpl, stained glass doors, jacuzzi porch. Move-in cond. \$360's by owner. 294-8499. gcSe4

**GARDEN CITY & Vicinity:** Central area, 100 x 200 for the large family. 6 BR Split, 4 baths, fpl, covered patio, underground sprinklers, closets galore. Could have pool. \$499,000. 5 BR slate roof, brick center hall Colonial. 2 1/2 baths, new kit, patio. \$495,000. 1/3 acre, 4 BRs, central hall brick/cedar Colonial. 2 1/2 baths, 25' LR, fpl, 2 car. Just reduced. \$439,000. 3 BR Split. 2 1/2 baths, fin. bsmt., 2 car attached. Sunken covered patio. \$329,000. 4 BR Split. 2 1/2 baths, 80 x 125 \$299,000. Hempstead Cathedral Gardens: Appraised at one million. Need \$195,000 cash. Available \$500,000 assumable mortgage at 8 1/2%. Price. \$695,000. 15 rm. brick mansion on 1/2 acre, 3 1/2 marble baths, jacuzzi, Palladium leaded stained glass windows. Spanish tile roof, 2 car garage, in-ground pool permitted. On 1/2 acre, built by Sperry in 1916. 6 BR slate roof Georgian Colonial. 3 1/2 baths, fpl, den, deck, 2 car, 20 x 40 heated pool. Transferred owner. Reduced to \$450,000. 4 BR Dutch Colonial. 2 baths, skylites, fpl, fin. bsmt., 2 car on cul-du-sac. \$195,000. 3 BR Dollhouse Tudor, 1 1/2 baths, new cherrywood kit, low taxes, walk all. \$185,000. Country Club Estates: 4 Br 80 x 100 Colonial. 1 plus 2-one half baths, fpl, \$185,000. 75 x 130' Colonial, 2 1/2 baths, EIK, two fpls, 2 car. \$169,000. 4 BR Colonial. 1 1/2 baths, large EIK, fpl, fin. bsmt. \$159,000. Elaine J. Nolan 485-7054 - 292-9749. wse4

**STORY BOOK COLONIAL.** G.C. 3 BRs, new: Bath, EIK, Roof, Siding, windows, rec. rm. LR/fpl, FDR, low taxes. Ask \$315K 741-3878. Open house Sun., Oct. 4, 12-2 p.m. Principals. gc03

**GARDEN CITY EX- CLUSIVES:** Estates CH brick Colonial. 5 BRs, 4 1/2 baths, large mod. EIK, fam. rm., CAC, central vac, 2 car. Over 1/4 acre. Mint \$500's. Fabulosa Ranch Central section. LR/fpl, DR, mod. EIK, fam. rm., 4 BRs, 2 1/2 baths, CAC, central vac, 2 car, 1/2 acre. Golf course view \$500's. Stewart Manor. Adorable Colonial. 3 BRs, 1 1/2 baths, fam. rm., \$239,000. Vera Atamian 354-1994. gcse4

**PRESTIGIOUS TUDOR** HOME in Estate Section Garden City. 100 x 150, 5 1/2 3 1/2 baths, FDR, LR, 1 breakfast rm., 2 car g Must sell. Owner will co all offers over \$800,000. Principals only. 548-8457. Leave message. gc03



**Real Estate for Sale**

**80. JAMESPORT 3 BR** Ranch, 17x17 fin. den plus 15x15 fin. rm. in bsmt., LR/wood burning stove. In-ground pool, walk to beach, marina close by. In-ground irrigation, landscaped 1/2 acre. \$180,000. 722-4784. gc02

**LONG BEACH CONDO.** Mint 2 BR, 1 1/2 baths, washer/dryer. Walk to RR, beach & stores. Amenities include 24 hr. security, jacuzzi, pool, health spa on premises. No reasonable offers refused. 437-4040. Ask for Jim. 432-3626 evs. gc02

**GARDEN CITY MOTT** Colonial Center Hall, leaded glass entry, dentil moldings, bay windows, oak floors, gas heat, wide lot, circular driveway. Owner. Mid \$300's. Leave message. 248-4844. gc02

**EAST HAMPTON, 6 BRs, 6** baths, pool, fully furnished \$1,800,000. Aspen, Colorado. 6 BRs, 4 1/2 baths, \$2,300,000. Principals only. Call 212-761-2655. gc03

**SOUTHOLD TOWN** SOUNDFRONT Ranch on acre with beach & pool. 3 BRs, 2 baths, many extras. Call owner \$425,000. 477-2051 after 6 p.m. gcse4

**SOUTHOLD EASY LIVING.** 3 R, 1 1/2 bath Ranch, nearby deeded beach rights, private community. Owner \$169,500 477-2051. Call after 6 p.m. gcse4

**GARDEN CITY, 3 BRs, 1 1/2** baths, LR/fpl, DR, garage, fin. bsmt. Walk to RR \$289,000. Principals only. 488-7069, 10-6 or 352-0423 evs. gc03

**SOUTHOLD WATERFRONT** MAGNIFICENT 1.3 landscaped acres. 250 feet waterfront w/dock, in-ground pool w/slides, 60 foot entertainment deck off DR & LR/fpl. Large kitchen with brick wall barbeque & bay window dining area, laundry room, den, 4 BRs, 3 1/2 baths, finished lower level, fpl, 4 zone heat, CAC & central vac., 2 car garage, sprinklers, much more. \$495,000 firm. By owner. 765-9296. gc03

**GARDEN CITY NEW** on market. One of a kind Contemp on Clinch Ave. Large property with 2 car garage. Call for details. \$390K 775-8875. gcse4

**GARDEN CITY MOTT** Colonial. 3 BRs, 3 baths, fin. bsmt., 27' kit, fpl, \$375K neg. Principals only. 741-8664. gc01

**WEST HEMPSTEAD HI** Ranch in business zone. 6 rm. apartment plus 6 rm. modern office, fin. bsmt. plus storage. Excellent for professional use. Great exposure. Pass by and take a look. 411 Hempstead Ave. \$239,000. Owner 485-7717. gc03

**EAST WILLISTON GRACIOUS** Robbins Hill Colonial on almost 1/2 acre of magnificent treed property. Old world charm. Move-in cond. Low taxes. A must see! Priced to sell \$499K. Owner. 294-8357. Wo3

**Real Estate for Sale**

**MONTAUK 2 RM.** Co-op. One hundred feet from beach. Electric heat/air conditioned. Walk to dining, shopping. Sleeps four. Full kit, cable TV. Must sell. Asking \$40,500. Great rental history. 724-5572. gc01

**GARDEN CITY COLONIAL.** Custom made, mint, plastered walls, 3 BRs, 2 1/2 baths, LR/fpl, DR, large EIK, den, fin. bsmt., garage. Walk RR & courthouses. Principals only. Asking \$339K 747-8719. gcse4

**SOUTHOLD FIRST OFFER-** ING. Lovely new community featuring Country Farm Capes starting at \$132,000. Walk to town, boating and school. Exclusive. Southold - Beautiful quality built, 2 story new home, 4 BRs, 2 1/2 baths, den/fpl, wood floors, full basement, quiet street. \$285,000. Mattituck - Waterview lot \$140,000. Mattituck 3 soundfront lots almost an acre each \$275,000. Marilyn Lang Realty 734-6472, 734-6690. gcse4

**GARDEN CITY ESTATES.** Spacious Oxford Blvd. Colonial. 6 BRs, 4 1/2 baths, LR/fpl, FDR, den, huge mod. EIK, full bsmt., attached 2 car garage, 1/3 acre. Great value at \$795,000. Very flexible owner financing. 248-2450. gc01

**NORTH FORK.** We have over 3,000 listings in every village, town and hamlet from Calverton to Orient Point! Whether you're interested in a home, farm, building lot, business or waterfront dreamhouse... just call one of our fifteen professional brokers and we'll give you what you want... without a lot of nonsense and for the best price! Our reputation for integrity and fast results is well documented so please contact us today! Celtic Realty, Celtic Center, Mattituck. 298-8000. gcse4

**PRESTIGIOUS STEWART** HOUSE. Spacious L shaped Studio. New paint, appliances & wall to wall. Desirable front of building location. Heart of Village. Walk to all, parking. \$70,000. 486-3361. gc02

**GARDEN CITY ESTATES.** 4 BR, 3 bath Colonial on 60x100 plot. FDR, LR/fpl, library, large EIK with deck. Fin. 3rd floor. Walk to RR. Principals only. No brokers. Owner, neg. All reasonable offers considered. 746-6893. gc01

**NORTH FORK. BAYSIDE** Cottage. Just reduced \$25,000 for quick sale! This adorable summer home offers 6 rms (3 BRs), enclosed porch, log burning fpl, appliances. 500 yds. to private, sandy beach. Terms. \$125,000. Mattituck. Big boats welcome at this safe harbor. Oversized 8 rm. Ranch (4 BRs), fpl, bsmt., double garage, floating dock. Asking \$275,000. Must sell. Make an offer. Book-miller Realty 722-4423. gcS3

**GARDEN CITY ESTATES** section. Updated 4 BR Colonial, 3 baths, EIK, CAC \$415,000. Principals only. 747-2794. gc02

**Real Estate for Sale**

**E. WILLISTON. 2 BR** Colonial, 1 1/2 baths, large DR, EIK, LR/fpl. Very low taxes. Walk to RR. Price reduced to \$299,000. 741-3938. wo3

**GARDEN CITY SOUTH.** Mint brick split, Adelphi area, 90 x 100. Mod. EIK, 3 BRs, FDR, 2 1/2 baths, fam. rm., fin. bsmt., plus 2 rm. professional suite with private entrance, possible M/D, skylights, new windows, sprinklers. Best offer, over \$265,000. Owner. 485-7880. gc02

**GARDEN CITY MOTT** fieldstone Colonial. 3 BRs, 1 1/2 baths, new windows, new bathrooms, new kit. Absolute mint. Must see. Principals only. \$415,000. 294-4951. gc03

**NORTH FORK WATER-** FRONT. We have a large selection of scenic, serene soundfront beauties. All offering just what the doctor ordered for R & R. Call for details. Looking for that second home? Southold Adorable year round cottage completely redone. 2 BRs, 1 bath, EIK, short walk to sound beach. \$125,000. Wine Country Realty 734-7760. gcse4

**Co-Op For Sale**

**ROCKVILLE CENTRE CO-** OP. Spacious, airy, pretty 1 BR garden apartment. Great location. Walk to RR. Ceramic floor. Wall-to-wall carpeting. Mod. appliances. Plenty of closets. Very low maintenance (\$381.92). Low electric & parking. Owner asking \$95,000. 536-8939. gc03

**MINEOLA HORTON HOUSE** CO-OP: Front apartment, 1 BR, new kitchen, updated bath, loads of closet space, air conditioning. Parking available on and off premises. maintenance \$491. Principals only. \$89,500. 741-5210. gcD4

**MINEOLA HORTON** HOUSE. Large 1 BR Co-op. New kit with dishwasher, sunny corner. Must see. Near RR & hospital. \$85K. Evs. 248-4171. gcse4

**CHERRY VALLEY APART-** MENTS. 1 BR, mod. kit & bath, large LR, central air. Great location. Walk to RR & shopping. \$69,990. 877-1437. hse4

**GARDEN CITY /** HEMPSTEAD. For rent/sale, or rent w/option to buy. By Owner. Spacious 1 BR, new kitchen & bath, wall to wall padded carpeting throughout. Garage space available. Convenient to all: LIRR, buses, shopping, parkways, JFK, LaGuardia, etc. \$875 per month. Sale price negotiable. (616) 538-1338. gcS4

**GARDEN CITY 2 BR,** top floor, end unit facing 15th St., A/C, wall to wall, attic, garage, washer/dryer, all appliances. \$117,000. 294-0269. gc01

**MINEOLA HORTON HOUSE** 1 BR, large LR, secure building convenient to RR, hospital, stores. Must sell. \$72,000. By owner. 747-8711. gc01

**Co-Op For Sale**

**GARDEN CITY CHERRY** Valley, first floor, 1 BR, large LR, wall to wall carp., dining area, full kitchen, spacious closets. Walk to RR & stores. Ideal for one or two. asking \$105,000. 248-7640. gc02

**GARDEN CITY, CHERRY** Valley. 2 BR Co-op, first floor. New bathroom, modern, washer/dryer, A.C., extras. \$125,000. Owner. (516) 746-5168 evenings. gcS4

**GARDEN CITY - STEWART** Ave., 3 BR, 2 Bath, FDR, LR/fpl, washer/dryer. Maintenance \$1,110/mo. 70% tax deductible. Make offer (212) 841-7887 days, (616) 746-4165, evs. and weekends. gc03

**FLORAL PARK LARGE 1 BR** renovated kit & bath. Ideal location. EIK, large closets. Walk to all. Asking \$70,000. 775-1353. gc03

**GARDEN CITY CHERRY** Valley. Mint, second floor, 2 BRs, new kitchen, bath, carpet. Private corner, large garden. Will trade for your Garden City home. 742-8659. gc03

**Real Estate For Rent**

**36 HAMILTON PLACE,** Garden City, 3 1/2 rm Co-op for rent or sale. Large LR, BR, EIK, dinette area, bath. Includes indoor garage. Walk to RR & shopping. Occupancy Dec. 15. 248-0436. h02

**GARDEN CITY. ROOM** for rent. Private bath with kitchen privileges. Lovely, won't last. \$550 month. Call, leave message & number. Will call back. 741-8533. gcse4

**FLORAL PARK 5 rooms.** 2 BRs, fpl, private entrance, parking. Walk to RR, stores. \$1,025. 378-5612. gcse4

**FRANKLIN SQUARE UN-** FURNISHED. Bright, airy basement apartment in private house. 3 large rooms, plenty of closet space, private entrance, oversized shower. Must see. \$700 includes all. Occupancy Oct. 1 437-0894 after 6 p.m. & all day Sat. & Sun. gc03

**FRANKLIN SQUARE 1 BR** bsmt apartment. Private entrance \$550 includes all. 481-7934, 489-0275. gc02

**WEST HEMPSTEAD.** MODERN large bright 1 BR, new kit & bath. \$775. Mature couple, no pets. Owner 485-7717. gc02

**WEST HEMPSTEAD /** GARDEN City border. Large furnished rm., private hours. Suitable for non-smoking professional male. Share bath, over-night street parking, convenient to all. Immediate occupancy. \$400 monthly includes heat. One month's security & references. 489-5941. gc02

**GARDEN CITY SOUTH.** Studio apartment with private entrance, kit/dinette & bath. Immediate occupancy. single person. \$575 neg. 485-0630. gc02

**Real Estate For Rent**

**GARDEN CITY SOUTH -** Large furnished room, walk in closet, private bath, small refrigerator, near all conveniences. call evenings 6-9. Female preferred. 483-2095. gc03

**LYNBROOK - LARGE 1 BR,** CO-OP. Modern EIK, walk to wall, heat included. Parking. Walk to LIRR. Option to buy. \$850 month 599-7336 gc03

**DEER PARK PROFES-** SIONAL, non-smoking female seeks same to share house. 4 BR, pool, spacious yard, laundry, kit, LR, wall to wall carpeting. Cable. 1 1/2 baths. No children, no pets. Overnight street parking. Close to stores. \$600 monthly includes all utilities. 586-9663. gc03

**CATHEDRAL GARDENS.** GARDEN City Border. 1 BR apt located on quiet cul-de-sac block. Near all transportation, shopping & school. Separate entrance, EIK, fully carpeted. \$600. 486-0625 or 292-0484. ws4

**GARDEN CITY /** HEMPSTEAD. Cathedral Gardens. large renovated 2 BR, bright, airy, best in complex. Dishwasher, wall to wall. By owner. \$950. 565-3159, 1 month free. gc03

**GARDEN CITY /** HEMPSTEAD. For sale/rent, or rent w/option to buy. By owner. Spacious 1 BR, new Kitchen & Bath, wall to wall padded carpeting throughout. Garage space available. Convenient to all: LIRR, buses, shopping, parkways, JFK, LaGuardia, etc. \$875 per month. Sale price negotiable. (616) 538-1338. gcS4

**WEST HEMPSTEAD. 1 BR,** kit/LR combo, full bath, private entrance, cable, A/C. Mature woman preferred, non-smoker, no pets, references. One month's security, \$600/all. Call owner 481-5128 after 5 p.m. gc03

**WEST HEMPSTEAD - 2** LARGE Rooms, full bath, utility kitchen, private entrance, upstairs, all wood floors, freshly painted, A/C, furnished or unfurnished, utilities included. Wildwood section. Near all. \$600. 486-2427 or 486-1848. gc03

**ALBERTSON. LARGE FUR-** NISHED Room. Large walk-in closet. Private entry, refrigerator, wall to wall. Share bath. Prime location. Non-smoker. Male preferred. \$85 per week. 741-8588. wol

**SEAFORD WATERFRONT** DUPLEX. Watch the boats go by. 2 BRs, LR, kit, bath & full deck. \$1,150 per month plus utilities. Mrs. Coffee PI 1-2667. gc02

**MATURE, PRIVATE NON-** SMOKER professional needs a quiet, furnished room affording very modest residence, kitchen use and parking, no house pets. Please call Andrew at (516) 683-5111, Mon. - Fri., between 8 a.m. - 4:30 p.m. gc03



### Real Estate For Rent

**WILMINGTON EMPLOYMENT AD.**  
1 BR, 1 Bath, lots of closets, separate entrance, no monthly fee. \$750 plus electricity. J-85. gco2

**GARDEN CITY FURNISHED ROOM.** Separate entrance, private bath, non-smoker. Mature business person - male preferred. References & security. 741-0535. gco4

**BELLEROSE NORTH 6 ROOMS.** 2 BRs, LR, FR, E bath. Safe residential area. Private entrance. \$950 per month plus utilities. Call 481-1878, 248-0753. gco3

**FRANKLIN SQUARE - 3 1/2** very large rooms, private entrance, good location between Southern State-Hempstead Turnpike, one block business/every convenience, private home. Suitable business person, non-smoker. Immediate. \$750 + electricity. 328-9175. gco3

**GREAT NECK HOUSE** to share w/professional. Separate bedroom, kitchen privileges, single male, non-smoker preferred. No pets. \$550/mo. 481-1013. gco3

**FRANKLIN SQUARE - DOGWOOD/Morton Section.** Ranch. 3 BR, 2 baths, finished basement, 1 car garage. Immed. Occupancy \$1400. Sedacca Real Estate 747-0020. gco4

**GARDEN CITY 1 BR, bath, kit privileges, non-smoking female only.** Close to Country Life Plaza. \$450 per month. 747-5757 before 6 p.m., 248-5500 after 6 p.m. gco2

**FRANKLIN SQUARE, SPACIOUS 3-Room Apartment,** second floor, new EIK with new appliances, wall to wall, A/C, full bath. Near all. Heat included. No pets, no children, non-smoker. References, business single or couple. \$750, 352-9097. Please call after 5 p.m. gco1

**MINEOLA - FURNISHED RM** with bathroom. Non-smoker, no overnight visitors. Private entry. 747-1110. wol

**GARDEN CITY SOUTH** New furnished basement apartment. 0 Bedroom. Kitchen, Bath. Separate entrance. No Pets, non-smoker, \$600 mo. includes utilities. Call 489-1150. gco1

**GARDEN CITY, LOVELY,** quiet, furnished room. Private entrance, bath. Mature, non-smoker preferred, references. 745-0018. gco1

**GARDEN CITY SOUTH** basement Studio, private entrance, kitchen, bath, prefer single, non-smoker, no pets. Utilities included. \$565 neg. 486-4263. gco3

**NEW BASEMENT APARTMENT.** LR, BR, Kit, Bath, own entrance. Near RR/shopping. \$600, 822-8927. hco3

**21 SEVENTH STREET** Condo. 2 BR, 1 bath, newly decorated throughout \$1,495 a month. Available Jan. 1, 1993. 742-8337. gco3

### Real Estate For Rent

**GARDEN CITY PARK** apt. for rent. Walk to RR, 2 BRs, Kit, DR, LR, patio. Immediate occupancy. Includes all \$1,050 a month. No fee. 747-1394. gco3

**GARDEN CITY PARK, 1 BR** apt. Walk to RR. All included. \$600 a month; no fee. 747-1394. gco3

**HOUSE FOR RENT** - just with option. Expanded Ranch. 2 BR's, 2 baths, den, EIK, finished rec. room, beautiful condition. \$2,350. Principals. Evenings, 742-8337. gco3

**GARDEN CITY PARK - 3** BRs, 2 full baths, EIK, LR, DR, garage. Walk to all. No pets. Utilities included. \$1,400 month. 877-9036. gco3

**GARDEN CITY PARK - Room** for rent. New, unfurnished. Share kitchen and bath. No pets. Female only. Utilities included. \$380 month. 877-9036. gco3

**GARDEN CITY WESTERN** Contemp. 3 BRs, 3 baths, EIK, large den, convenient to RR & schools. \$2,300 a month. Principals only 481-4742. gco3

**GARDEN CITY EXCLUSIVE.** Mint Ranch, LR/pl, DR, mod. EIK, 3 BRs, 3 baths, CAC \$2,300. Vera Atamian 354-1994. gco4

**MINEOLA: ONE (1) room** for rent, near all. Please call & leave message. 248-0596. wo3

**MINEOLA, WILLIS AVE.** office space. Ideal location, first floor, 1 room - 1500 sq. ft. Parking. Possible take-over dental clients. May be used for anything. Immediate. Call 746-8023. ws4

**GARDEN CITY WYNDHAM.** 2 BR Condo, one floor, pool, club, 2 car, 24 hr. concierge. Occupancy Nov. 15. \$2,600. Same bldg. 1 BR, Nov. 1 occupancy. \$1,170. Luxury elevator bldg., spacious 1 BR \$1235. 7th St. 1 BR \$1350. Garden City Line/Hempstead: 3 BRs, 2 baths, \$1500. 1 BR available Oct. 1 \$825. 2nd floor, 2 family, 3 BR, \$1150 plus electric. Floral Park: 4 BR Hi-ranch, 2 baths, 2 car, mint cond. \$2200. Garden City South: 2 BR second floor \$800 plus electric. Hempstead Cathedral Gardens 2 BR in elevator bldg. \$950. 1 BR wall all \$815. 1 BR \$750. 1 BR \$650. Elaine J. Nolan 485-7054 or 292-9749. ws4

### Vacation Rental

**MONTAUK FALL GET-AWAY** special 4 days \$255 a couple. 2 rm suite, heat, full kit. Sleeps 4. Walks, dining, shopping. Hundred feet to beach. Also for sale \$40,500. Immaculate. Call 724-5572. gco1

**POCONOS, ENJOY 20 mile** Fall foliage views from our mountain top townhouse. 1,750' up Camel Back Mt. 3 BRs, 3 baths, great rm., kit. From \$125 per night. Ski on/off. House available Jan. & Feb. \$5,000. 747-7019. gco2

### Vacation Rental

**SKI HOUSE, VERMONT.** 10 miles to Mt. Snow or Stratton. Cozy chalet sleeps 6-8. 1 bath. Nov. 15 - April 15. \$4,250 includes all. 294-6784. gco2

**BROMLY - STRATTON MOUNTAIN.** Large, fully equipped 3 BR, 2 1/2 baths, color TV/VCR, microwave on mountain near all ski/shopping outlet centers. Season rental available. Call: days 212-546-2966, eves. 516-488-7399. gco4

**MT. SNOW, VERMONT** Fall foliage and ski season. Large fully equipped luxury Condo with sauna and hot tub. Sleeps 8, club house on premises with tennis, gym and swimming. Golf and lake nearby. Rental packages available. Call 741-1824. gco5

**MARCO ISLAND 2 BR, 2 bath** Condo on gulf beaches, tennis, pool. South Seas East Midrise. 271-6479. gco2

**TIME SHARE.** 1 or 2 weeks available at Disney World, Florida or any place in the U.S.A. or Europe. \$900 per week. Call Ann 746-4631. gco2

**MT. SNOW/HAYSTACK.** Large fully equipped 4 BRs plus loft, 2 1/2 baths with color TV, VCR, microwave. Available by the week or week-end. Beautiful views, lots of privacy. Near golf courses & lakes. Call 466-6120. gco2

**POCONOS TOWNHOUSE.** Top of Camelback Mountain. Ski on/off. 3 BR, 2 1/2 Baths. Great Room. Full kitchen. Deck w/three State view. Jan.-Feb. \$5000. 747-7019. gco3

**MARCO ISLAND - FLORIDA.** French Village Condo. 2 BR, 2 Bath, Pool, beautifully furnished, steps to Gulf beach. Avail. Sept-April, weekly/monthly. Reasonable rates. (718) 352-5795. hco2

**SANIBEL ISLAND, FLORIDA** Tropical paradise. Sundial Beach and Tennis Resort. Soft courts, golf, 5 pools, all sports, 2000' beach, restaurants, shopping. Complete Gulf-front resort. 1, 2, & 3 BR, full kitchen. Rent daily or more. Reasonable. (516) 746-2211. gco2

**NAPLES, FLORIDA CONDO** on Kings Lake. 2 BR, 2 baths, near pool & tennis. Three months minimum rental. \$1800/month. Owner 628-3309. gco3

**FLORIDA GOLD COAST** winter rental - 2 BRs, 2 baths, tastefully furnished, on intracoastal waterway, 2 blocks from ocean, Pompano Beach. 3 months or longer 248-6570 evenings and weekends. gco3

### Real Estate Wanted

**YOUNG COUPLE SEEKS** to purchase 3 BR Colonial, 1 1/2 Baths, EIK, Formal Dining Room. Williston Park area. No Brokers. Call 538-1738 - Leave message. h4

### Real Estate Wanted

**YOUNG MARRIED PROFESSIONAL** couple looking for quiet 1 BR apartment/cottage in Nassau/Western Suffolk. No broker. Call 742-3265. gco2

**RESPONSIBLE RETIRED COUPLE** wishes to house sit or rent home/small apartment for the month of Feb. and/or March. Reasonable rents only. We are quiet, non-smokers, have no pets. 294-8592. gco2

**RENTAL HOUSE WANTED.** Responsible couple with child. 3/4 BRs, den or office/basement. References available. Principals only. 489-7433. gco1

**PROFESSIONAL SEEKING ONE** or two BR cottage in Williston Park or vicinity. Call 538-8054, leave message. wo2

**MATURE WOMAN DESIRES** one BR apartment by Oct. 1. Near RR. \$650-\$700. Call 718-836-8955 after 8 p.m. weekdays, any time weekends. h02

### Roommate Wanted

**SINGLE, YOUNG, PROFESSIONAL** female seeking roommate with apartment to share near Winthrop Hospital area. Please leave message (718) 423-3904. gco1

### For Sale

**ELECTRONIC STAIR MACHINE** and exercise bike. \$200 takes both. Not sold separately. 873-5310, leave message. gco2

**SELLING CHILDREN'S** NEW & almost new girl's Rothchild's dress coats, size 2-6, boy's Imp. Blazer and nautical dress coat size 4 & 7, girl's Sylvia White, Sarah Kent dresses size 2 & up. Displayed Monday, Sept. 21, 10-1. Call 746-5606, 248-0787. gco2

**LOVE SEAT TWIN SIZE.** Castro Allison with bed frame. Never used. Cream colored with armed sleeves. Excellent condition \$250. Eves. 741-0711. gco2

**LOVELY DREXEL KING SIZE** Bed w/mattress and boxspring and matching triple dresser w/mirror. Singer Sewing machine in oak cabinet. Children's double desk and dresser, oak w/formica tops. Twin size bed w/storage headboard. Whirlpool Dazey turbo jet. Many fine buys. 484-0129. wo2

**MUST SELL BRAND NEW SOFA** Ideal for LR or family room. Great for college. 248-7147. gco4

**ANTIQUE HINDU BRONZES** plus 2 stone images of Ganesh. By appointment only. 747-6446. gco4

**FRENCH PROVINCIAL LOVESEAT,** fruitwood trimmed, brocade beige fabric with small red & gold flowers, 2 matching pillows, \$225; Stiffel table lamps, crystal and antique brass, \$125; floor lamp, antique brass, \$50. 742-1548. gco4

### For Sale

**CHERRY ENTERTAINMENT CENTER,** Thomasville. Purchased new 9 months ago for \$1,700. Beautiful piece but must sell. Asking \$1,000. Call 326-6852, leave message. gco2

**MOVING - MUST SELL:** Adjustable electric twin bed with massage. Like new. Originally \$1200, sell for \$100; Red line BMX Bike - \$25; triple dresser - \$45; 3 padded bar stools - \$30; 20-gallon aquariums (2) with misc. equipment - \$20 all. 538-5372. ws4

**GARDEN LAWN TRACTOR** 12 HP Craftsman. Used approx. 50 hours. Needs tune-up and new battery. (Approx. \$75 in parts and labor needed.) Cost \$1250 new. Asking \$500. 747-7453. gco1

**COUCH/CLUB CHAIR.** Wood frames, cane sides, velvet fabric. Good condition. Must see, call for appointment. 921-1755 between 4 and 6 p.m. gco1

**DINING ROOM SET** Nathan Hale trestle table, 2 leaves and pad. Six chairs, hutch and corner hutch with lights. Excellent condition. Call after 4 p.m. 746-4566. wol

**BEDROOM SET, MAHOGANY,** 5 piece; Entertainment Center, oak, 3 pieces; new electric stove (apartment size); electric built-in grill w/custom hood and remote blower, tanning canopy, Mason's pink vista dishes. 489-2582. gco2

**SHELVING UNITS (8) 7'** lighted & (8) 4' free standing. Retail or home (book) display shelving units. Best offer. 741-3878. gco2

**BROYHILL COUCH, LOVE** Seat & chair, earth tone, plaid. Good condition. Also his and her striped awl rocking chairs. Excellent condition. Redecorating. First reasonable offer takes it. 437-3333. gco2

**WROUGHT IRON & GLASS** Indoor/Outdoor dining room table, extension table and 6 chairs. Needs painting. Any reasonable offer will be considered. Call after 5 p.m. 352-1927. gco2

**BRASS BED ANTIQUE** Repro, queen size, solid brass, great condition. \$425. Call 485-4280. gco4

**ANTIQUE OAK FURNITURE** for sale. 2 Dressers, 1 Glass Door Bookcase, Child's Roll Top Desk. 294-7645. gco1

**ANTIQUE COLLECTORS - 1920's** Oxford Universal stove Model A-20-2TMX mfg. Cribben & Sexton Co., Chicago, New York, and San Francisco. Features Robert Shaw automatic cook oven, 4 burners, 3 drawers, lift up top, green marbled porcelain top with cream sides & trim. Excellent condition and in working order, operates on regular natural gas. Large 1920 pedestal bathroom sink. Excellent condition, bone color. Location Garden City. For information call (718) 352-4800, Mr. Walter. gco4



## For Sale

**PIANO - BABY GRAND 4'x7'**  
Fruitwood, storage bench,  
French Provincial, perfect  
condition. Call Elaine at (718) 392-  
7744. Evenings - 212-249-9046.  
hsep4

**APPLE II COMPLETE SET**  
JP 64 K main memory plus ex-  
panded 256 RAM, dual disk  
drives, 80 column card, printer,  
software. Ideal for school, home.  
Make offer. Call 747-1838. gc01

**KING SIZE PLATFORM** bed  
with mattress, 6 months old.  
Wrought iron/butcher block  
wall unit, VCR & TV. 248-  
1906 gc03

**RESTAURANT FIXTURES,**  
TABLES, dropins, etc. Call  
488-7069 or 433-9492 days. gc03

**W. SLOANE - DINING** room  
set, Italian, Provincial - table  
w/three leaves/pads, 6 chairs,  
breakfront, server. Also French  
Provincial BR set, triple  
dresser, amoire, Queen head-  
board. Estate Sale - many other  
items. Great Neck location. Call  
evenings 212-608-0834. hOct3

**BEAUTIFUL FRUITWOOD**  
LOUIS XV legal desk, 40x70,  
brass decorations. Sacrifice -  
best offer. Three exquisite Louis  
XVI chairs and assorted wooden  
antique furniture. (516) 466-  
2229 or 466-2936. hOct3

**3 PIECE RATTAN SET,**  
electric typewriter, skis &  
boots, set of barbells.  
741-5824. gc03

**SOFA BED, BROWN & beige**  
plaid, queen size mattress.  
Good condition. \$60. Sofa -  
flower beige print. Good con-  
dition. \$50. 248-6171. ws4

## Boat For Sale

**1985 STARCRAFT**  
ALUMINUM 16 1/2 feet, 1987 28  
HP Evinrude electric start. Low  
hours. 1989 Caravan trailer.  
Excellent condition. \$2,400.  
294-8239. gc02

## Car For Sale

**1987 OLDS CUTLASS** Station  
wagon. 70,000 miles. Good con-  
dition. Perfect station car.  
\$4,000. 741-3408. gcSe4

**1984 BUICK REGAL LTD**  
cream with blue top, 74,000  
miles, very clean, new car-  
buretor, A/C. \$1,800. 294-8239.  
gcSe4

**1984 - LINCOLN CONT.**  
Turbo diesel. Excellent condition.  
Best offer. 741-0114. wo2

**'86 OLDS 98 REGENCY**  
Brougham. Please call only if  
you want beautiful, reliable,  
luxury car in excellent physical  
and mechanical condition at a  
great price of \$6,500 firm.  
White/burgundy, 56,000 miles.  
746-0457. gc02

**1990 CORVETTE CONVER-**  
TIBLE, metallic candy apple  
red, white top, black interior,  
auto, 6,000 miles, Delco-Bose,  
truly mint condition, one owner.  
\$27,995. 481-1770 gc03

## Car For Sale

**'82 BUICK REGAL.** Low  
mileage. \$1,200. Call 746-1721  
after 7 p.m. gc03

**CHRYSLER LE BARON** con-  
vertible '89. Must sell due to  
relocation. 33,000 miles. \$8,000.  
292-7405. gc03

**'84 TOYOTA SUPRA.** White, 5  
speed, good cond. 68K miles,  
many extras. \$2,850. 358-9867  
eves. gc01

**1981 OLDS '98 Regency Coupe.**  
Original owner, super engine,  
fully loaded, moon roof, no acci-  
dents. Must sell. \$500. Worth a  
lot more, call for details.  
742-8689. gc01

## Motorcycles For Sale

**1986 HONDA EXPRESS**  
Moped, 2,600 miles, like new.  
Great local transportation.  
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**1982 HONDA CR480.** New  
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747-7486. h02

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your next party! Catering &  
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Gutters cleaned free  
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We Clean, Seal and  
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wo1

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**Serving All  
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experienced, honest and reli-  
able persons who will be in  
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Call for a free estimate  
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## Wanted

### DOLLS WANTED

I collect dolls and other doll memorabilia, new or old. What do you have for sale? Call me at 747-8496. gc04

**OLD GUNS, SWORDS,** binoculars, old knives, bamboo fly rods. Call 825-0979 or 354-1943. gc04

**MAHOGANY BR SET** for personal use eg: Sheraton, Chipendale, Queen headboard. 248-0750. gcSe4

## Lost and Found Pets

**WIREHAIR FEMALE FOX** terrier. White & brown. Lost in Muttontown. Wears a red collar ring. If seen, please call 364-7564. Reward!! for returning dog. hS4

**LOST - REWARD \$** Cocateel Bird. White-yellow w/two orange spots on his face. Name is Rocky. If found call (718) 423-0421 or (718) 423-6244. gcS4

**LOST - BIG, BLACK Cat** with green eyes on August 31. Please call 747-2310 days, 294-4342 eves. Answers to "Mickey." Garden City Area. gc01

## Entertainment

**MAGICAL ENTERTAINMENT** - Make your event one to remember. Live animal production. Balloon animals, plenty of audience participation, a fun time for all. Call Tom Foolery. 742-7422. wS4

**BOBO THE CLOWNETTE** - Magic, face painting, balloons, 3 new age appropriate shows. Bobo & Me (1 & 2 yrs), Kiddie Bobo (3-5 yrs), Boborobics (4-7 yrs). Not an agency. Personalized attention. Knowledge of sign language. 867-2227. gcSe4

## Instructions

**ACTING CLASSES FOR** Children & teens. Professional actor, speech certified teacher. Individualized attention in small groups. Develop your natural dramatic ability & clear, expressive speech. Beginners welcome. 488-4317. gcS4

**PIANO LESSONS, BEGINNERS**, intermediate & advanced. All ages, 5 to adult. Learn how to read notes, theory and technique. Call Cindy or Peter. 437-1782. wO2

**PIANO, ACCORDION AND** Guitar lessons - all levels, all ages. 22 yrs. experience. N.Y.S.S.M.A. and L.I.M.T.A. member. Call 354-1721. gc01

**PIANO LESSONS ONLY \$30** a month, small groups. One hour weekly. Beginners 4 years old and up. Creative and innovative. Excellent results. Garden City studio. Rita Lucy 248-7379 gc02

**FAILING IN SCHOOL?** Need extra help? College student will tutor English and any subject except math & biology. Call 9-5, 548-8457. gc03

## Art Show

**OUTDOOR ART SHOW & Sale.** Floral Park Art League. Oct. 3 & 4, 10 a.m. - 4 p.m. Tulip & Plainfield Aves. Buy directly from artists & save commissions. Rain date Oct. 10 & 11. gc01

## Craft Sale

**COUNTRY CRAFT SALE/small yard sale.** Oct. 4, 10 to 4. Raindate, Oct. 11. wO3

## Fair



**VENDORS WANTED FOR** Craft's Fair to be held at St. Joseph's School, Garden City on Saturday, Oct. 24, 10 a.m.-4 p.m. For information and application call 741-7407 or 741-7764. gcO2

**NORWEGIAN BAZAAR, SATURDAY,** Oct. 17, 2-8 p.m., sponsored by Roald Lodge, Sons of Norway. Handmade and Norwegian items; baked goods, snack bar. American Legion Hall, 734 Woodfield Rd., West Hempstead. gcO3

## Garage/Tag Sale

**SAT. & SUN., Sept. 26 & Sept. 27,** noon-5 at 189 Parsons Dr., Hempstead (off Front St.). Gigantic book & record sale. gcSe4

**GARAGE SALE - MOVING** Sale - Sat., Sept. 26, 9-3 p.m.. 36 years accumulation - antiques, Avon, cribs, microwave, dehumidifier, dishes, stereo and lots more. Something for everyone. Everything must go. 47 Russell Rd., Garden City. gcse4

**GARAGE SALE - SAT., SEPT. 26,** 10-3 at 114 Locust St., Garden City. Wicker set, furniture, baby items and much more. Rain date Oct. 3. gcS4

**MULTI FAMILY YARD Sale.** Fri. & Sat., Sept. 25 & 26, 9-4 at 225 Clinton Rd., Garden City. Pot belly stove, gold, jewelry, bicycles, bicycle rack. gcSe4

**MULTI-FAMILY GARAGE** Sale September 26, 9 a.m.-4 p.m. 58, 66, 70 & 75 Collins Avenue in Williston Park. No previews. hSep4

**GARDEN CITY ESTATES -** Contents of House Sale - Queen/BR, LR, DR, den, girl's BR, tables, lamps. "Just too much to list." So join us on Fri. and Sat., Sept. 25 and 26 at 234 Kensington Rd. (north of Merillon Ave.) 10-4. No previews. gcS4

**GARAGE SALE. MINEOLA.** Two blocks on Bauer Pl., Fri., Oct. 2 & Sat., Oct. 3, 9 a.m. to 4 p.m. (Follow signs to alleyway). Records, cameras, tools, lamps, fishing equipment, furniture & much more. wO1

## Garage/Tag Sale

**SAT., OCT. 3 10 a.m. - 4 p.m.** Multi family garage sale at one location. 114 Sackville Rd., Garden City (west of Nassau Blvd. betw. Stewart & Stratford). Furniture, toys & baby items. Something for everyone. gc01

**LAWN EQUIPMENT, MOTORCYCLE,** books, housewares, glassware, Corvette suspension parts. Something for everyone. Don't miss this one. Fri. & Sat., Sept. 25 & 26, 10 a.m. - 4 p.m. at 71 Wyatt Rd., Garden City. gcse4

**YARD SALE SAT., Sept. 26,** 10 a.m. - 3 p.m. at 93 Clinch Ave., Garden City. No early birds. Something for everyone. gcse4

**SAT. SEPT. 26, 9:30-3:30 - at** 114 Kingsbury Rd., Garden City. Clothes, books, lamps, kerosene heater, much more. gcSe4

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If you want to be published and be part of an issue of Discovery, you may submit your article to: Litmor Publications, 81 East Barclay Street, Hicksville, N.Y. 11801.

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# Novenas

## NOVENA TO ST. JUDE

Oh Holy St. Jude, Apostle and Martyr, great in virtue and rich in miracles, near kinsman of Jesus Christ, faithful and intercessor of all who invoke your special patronage in time of need, to you I have recourse from the depths of my heart and humbly beg to whom God has given such great power to come to my assistance. Help me in my present and urgent petition. In return I promise to make your name known and cause you to be invoked. St. Jude, Pray for us all - *to invoke your aid. Amen.* Say 3 Our Fathers, 3 Hail Marys, 3 Glorias. Say for 9 consecutive days. Publication must be promised. This novena has never been known to fail. Thank you for answering my prayers. M.V.B. ws4



## NOVENA TO ST. JUDE

Oh Holy St. Jude, Apostle and Martyr, great in virtue and rich in miracles, near kinsman of Jesus Christ, faithful and intercessor of all who invoke your special patronage in time of need, to you I have recourse from the depths of my heart and humbly beg to whom God has given such great power to come to my assistance. Help me in my present and urgent petition. In return I promise to make your name known and cause you to be invoked St. Jude, pray for us all *who invoke your aid. Amen.* Say 3 Our Fathers, 3 Hail Marys, 3 Glorias. Say for 9 consecutive days. Publication must be promised. This novena has never been known to fail. Thank you for answering my prayers. T.P. ws4

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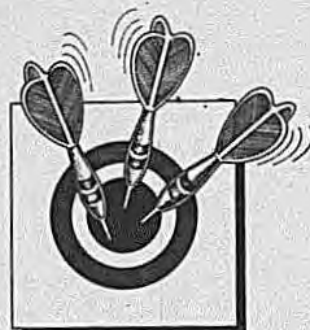
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# ANTIQUE OR JUNQUE

By James G. McColiam



## 'Nippon' plate was made in Japan

Q. Enclosed is a picture of a 10-inch plate with a picture of two Indians. On the back it is marked "Hand Painted — Nippon."

Please tell me when this was made and what it might be worth and how can I sell it?



A. Your plate was made in Japan during the early 1900s and would probably sell for \$225 to \$235.

Nippon is the way the Japanese pronounce Japan.

Q. I hope you can help me identify this porcelain figurine of a man with a mustache. He is 18 inches tall and stands on a gold base. He is playing a stringed instrument and has a brown dog beside him. He is dressed in brown jacket and tight-fitting pants. He is wearing sandals.



A. This mark was used by R. Eckert & Co. in Volkstedt, Germany, around the turn of the century. Your figurine would probably sell for \$265 to \$285 in good condition.

Q. I have an antique White treadle sewing machine. It has six drawers, two of which are hidden and can be opened only by opening the two drawers below and releasing a latch. I have the original instructions and attachments. The patent date is 1913.

Any information and value of this machine would be greatly appreciated.

A. Treadle sewing machines were made by the millions; they are not scarce. At the best, yours might sell for about \$100 in good condition.

Q. I have the complete works of Charles Dickens in 20 volumes published by the Nottingham Society and illustrated by H.K. Browne. Please give me the estimated value of these books.

A. Collectors want first editions — these are reprints of previously published material. The set might sell for \$50 to \$60.

You can confirm this and determine the value of any collectible book at your public library. Ask for "American Book Prices Current."

Q. We have a set of 12 plates that are marked on the back with a crown and the word "England" above and "Coalport" and "A.D. 1750" below. The plates are about 9 inches in diameter, white with cobalt-blue rims. They are trimmed in gold.

We would be most appreciative if you could give us the age and value of these plates.

A. These plates were made in the Coalport factory in England. The mark you provided was used from 1891 to 1920. The set of 12 would probably sell for \$300 to \$350.

Q. I have four original tickets for the 1893 World's Fair. Please advise if these are worth anything as I can't go to Spain; I had hoped

that the fair would be in the United States.

A. If your tickets are in good condition, collectors might pay from \$5 to \$15 each for them. Then you might be able to go to the fair when it comes to Atlanta.

McColiam is a member of the Antique Appraisers Association of America.

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## Points on Pets

By R.G. Elmore, D.V.M.

**Q.** We would like to obtain a puppy for our children. We have never had a puppy before and do not know which breed would be best. We are getting a lot of advice from our friends.

**A.** There are many books available to help us decide which breed would be best for us?

There are many things to consider when buying a puppy. Important characteristics to consider include behavior traits, sex, size, amount of normal activity and grooming requirements. There are no best breeds. However, some breeds of dogs are better suited for particular people and special circumstances.

Researchers at the University of California developed and published behavior profiles for 56 popular dog breeds. "The Perfect Puppy: How to Choose Your Dog by Its Behavior," by B.L. and L.A. Hart (W.H. Freeman & Co.).

The research focused on traits of importance to people wanting dogs as pets. Thirteen traits were studied: excitability, general activity, snapping at children, excessive barking, demand for affection, territorial defense, watchdog

barking, aggression toward other dogs, dominance over owner, obedience training, ease of house-breaking, destructiveness and playfulness.

The California study was based on an interview survey of 48 small-animal veterinarians and 48 dog obedience judges. The respondents were randomly selected from directories and represented both males and females and all parts of the United States. Each authority was asked to rate the seven breeds according to the 13 behavioral traits.

In picking a puppy, you should select a breed that most closely matches the behavior traits you desire. Then further selection can be made on hair length, size, sex, etc. Your veterinarian can help you select the best breed for your family.



## The World's Most Beautiful Grandchildren



This is Marissa Leigh Brady. She was one year old on June 25. She lives with her parents, Mr. and Mrs. Tom Brady, and brother Scott, in Albertson.

Patricia Brecht, New Hyde Park



## JUNIOR EDITION



## Aunt Tilly's Corner

Come September and October the weather changes sometimes over night. Quite often the early mornings can be quite chilly but later on the day becomes much warmer. It is a good idea to dress in the morning in clothes you can take off in the afternoon.

It's fun to see the leaves change color and the fall flowers start to bloom. But it is no fun to catch a cold due to the changeable weather. So be sure to bring a sweater or light jacket with you just in case you need it.

Your friend,  
Aunt Tilly

### RULES

#### BOYS AND GIRLS

Here is your chance to win One Dollar. (\$1.00) - to spend or to save.

Here's all you have to do:

1. Contest is open to children 4 to 12 years of age.
2. Entries must be received by Friday, October 2, 1992
3. Paint, watercolors and crayons must be used on the above.
4. Decision of the judges will be final.

Mail your entry (just clip our cartoon) to this newspaper at:  
105 Hillside Avenue  
Williston Park, N.Y. 11596

## YOUR SOCIAL SECURITY

## Living wills can be changed

By William M. Acosta

**Q.** I recently entered a Medicare health-care facility and they mentioned a statement regarding future medical decisions if I should become incapacitated. What are they talking about? — B.T.

**A.** Usually, you will be asked to sign a written statement about how you want future medical decisions to be made if you become incapacitated. There are two common forms of statements.

• A living will states the kind of medical care you want or don't want if you become unable to make your own decisions.

• A durable power of attorney for health care is a signed, dated and witnessed paper naming another person — such as your husband, wife, son, daughter or close friend — to make medical decisions for you if you become unable to make them for yourself.

In general, you may prepare, change or cancel your decision at any time, in accordance with your state's law. State laws on these provisions vary.

**Q.** I receive Supplemental Security Income payments on behalf of my disabled daughter. Can a trust be set up for her? Does it matter if she is a child or an adult? — B.O.

**A.** Yes. A trust that may not count against the SSI resource limit is one in which:

• The SSI recipient does not have control over how the money is spent.

• A person called a "trustee" manages the trust and decides the best way to spend the money for the recipient's needs.

Money or property in this type of trust for an SSI recipient (or person whose resources are available to an SSI recipient) does not count toward the SSI resource limits of \$2,000 for an individual or \$3,000 for a couple.

**Q.** My daughter receives Social Security benefits on her deceased father's account. She will not graduate at age 18. Will Social Security benefits still continue if she is a full-time student at her local high school? — M.R.

**A.** A child can receive benefits until age 19 if he or she continues to be a full-time elementary or secondary school student. When a student's 19th birthday occurs during a school term, benefits can be continued up to two months to allow completion of the term.

## YOUR SOCIAL SECURITY