

In Three Sections - Forty-Four Pages

The Only Newspaper Printed and Published in Hicksville

# Mid-Island Times

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Friday, September 18, 1992

## Buckled Up For School Bus Safety



Joanne Buruca is all smiles as Old Country Road School Principal Geraldine Silver Assists her with her school bus seat belt. Prior to the opening of school, Joanne, along with Kindergarten students throughout the Hicksville School District, participated in a Transportation Orientation Program. The Kindergarten students and their parents were invited to their school to meet with their principal and district transportation representative to view and discuss a bus safety video. The program was culminated by a ride on the "big yellow school bus."

## Grumman Opens New Plant

Grumman Corporation officially opened its manufacturing center in Bethpage for superconducting dipole magnets Sept. 14. The dipole magnets will be used in a particle accelerator at the U.S. Department of Energy's Brookhaven National Laboratory in Upton, N.Y.

Under a \$42.7 million contract with Brookhaven, Grumman Electronics Systems Division will build 373 superconducting dipole magnets in the Bethpage building where C-2A cargo aircraft had been built for the U.S. Navy in the 1980s. Approximately 80 engineers and production personnel are working on the dipole magnet manufacturing program at Grumman. The magnets will be an integral part of the Relativistic Heavy Ion Collider (RHIC), a particle accelerator now under construction at Brookhaven.

When RHIC is completed in 1997, it will be the world's foremost facility for nuclear physics research. The magnets will guide the subatomic particles, which will travel at nearly the speed of light, as they circulate in opposite directions around two intersecting rings within a tunnel 2.5 miles in circumference. The results of the collisions will give researchers data on the nature of matter and an understanding of the first moments of creation.

## Gregory Museum Macrame Workshop

Learn some basics of macrame, the art of knot tying. If you are able to tie a shoe lace, you can do it! Take home a hanging planter. Class is limited to 12.

Ages 10 and up - 1:30-3 p.m.  
Reservation information: The Hicksville Gregory Museum, Heitz Place and Bay Avenue, Hicksville, New York 11801. Tel: 822-7505. All workshops: Members \$6, Non-members \$8.

Reservations are required for all workshops. Space is limited. Payment must be received within 5 days of reservation in order to guarantee placement. Reservations are confirmed upon receipt of payment. No refunds for cancellation three days before workshop. The museum staff has stated, "We are very sorry that we must insist upon advance payment before reservations are firm. We have been in the unfortunate position of having supplies purchased for workshops with a full registration and an anxious waiting list, then on the day of the workshop unpaid registrants do not show. Thus we have disappointed our waiting list and have lost income to the Museum."

## This Issue

This issue is complete in three sections. Section One contains all of the local news and photos.

Section Two is a special Fall Car Care Issue with special features on caring for your car in the Fall and Winter.

The third section is Discovery, a complete magazine section with something in it for the whole family and local classified advertising comprising the largest local classified section in the area.

## High School Equivalency

The Hicksville Public School District High School Equivalency Program is open to all residents.

Residents who are 17 or older, have been out of school at least one year and whose high school class has already graduated, are eligible for this program.

Please call the Hicksville Continuing Education Office, Monday-Thursday, 6-9 p.m., at 733-6671.

## Historical Society & L.I. Italian Heritage

The epic voyage of Christopher Columbus to the Americas in October 1492 will be saluted at the Hicksville Historical Society's first meeting of the new program year, Tuesday evening, September 22, at 6 p.m. Professor Salvatore laGumina will be guest speaker, presenting his popular program, "From Steerage to Suburbs: Long Island Italian-Americans."

This stimulating program is being offered by the historical society with the cooperation and a grant from the New York Council for the Humanities. The program will take place in the Kenneth Barnes Community Room of the Hicksville Public Library. The Hicksville Historical Society meets at the Library on the fourth Tuesday of the month, every other month: September, November, January, March and May. Society President Mrs. Valerie Pakaluk and the Board of Trustees extend a warm invitation to all members and the general public to join in this September 22 honor to the "Admiral of the Ocean Sea" and America's Italian-Americans.

## Local Issues Discussed At Council Opener

By Maureen Traxler

The Hicksville Community Council's first meeting of the 1992-93 season featured a "town meeting" style agenda where Town Councilman Tom Clark and residents discussed a wide variety of local issues. Many of the residents in the audience on September 10 were there to talk about one specific topic: the State's proposal for a group home on Ketchams Road.

The Councilman confirmed that the Town of Oyster Bay had received notification of the State's proposed purchase of the home at One Ketchams Road for use as a group home facility for handicapped adults. Under the State's regulations in such cases, the Town has 40 days to either accept the proposal, prove "saturation" of this type facility or offer alternative sites. Mr. Clark said that the Town would schedule an open meeting with local residents at the Woodland School.

Hicksville currently has four group home sites. Two are operated by the Central Nassau Guidance and Counseling Services, a local agency. The Long Island Epilepsy Foundation has operated a facility on Violet Street for 14 years, and another home is located on Country Court. The Suffolk Development Center would operate the facility on Ketcham Road which would house 4 or 5 residents under 24-hour supervision.

Councilman Clark pointed out that there have been no cases won in Nassau County where a local government attempted to prove "saturation." Residents of Hicksville have learned that by offering alternative sites, the State sometimes approves the alternate for a second community residence facility. The Councilman noted that the State's mandate to "deinstitutionalize" led to the creation of group homes, but that the State's policy of aggressively seeking sites for community residences is "slowing down."

In his experience with group home facilities in the Town of Oyster Bay, the Councilman said that he has not seen residents having problems with either operating agencies or the men and women living at the homes. A spokesperson for the Northwest Civic Association, noting that there is a home in their area, said that some relatively minor problems occurred, but the agency representative quickly rectified the situation.

Several residents expressed an apprehension about living near a community residence and a fear that this would reduce the marketability of their homes. Mr. Clark said that it has not been proven that local real estate values depreciate in the vicinity of group homes. He asked residents to "look at it logically," and urged them to look at the four existing homes in Hicksville before they form their opinion. The Councilman said that the town will be working closely with the residents in the area of the proposed site in the coming weeks.

Councilman Clark touched on several other currently active items of interest to Hicksville residents. In most instances, he encouraged residents to inform him if they had any input. He told residents that the Town is looking into contracting with the Town of Hempstead to incinerate Oyster Bay's garbage. Since the Hempstead facility does not accept garden waste, Oyster Bay would have to adjust its pickups to eliminate such waste in the regular stream. He said this may lead Oyster Bay into a whole new approach to composting.

Another area the Town is exploring is the possibility of a "Golden Age" district, or privately-owned housing for senior citizens. The purpose of the proposal is to keep older people here in Hicksville by providing affordable housing. The proposal would allow development of sites at least one acre in size with senior citizen housing, no more than two

Continued On Page 12

Letters

To The Editor:

Letters, especially when written to and printed by you reflect the goals, hopes, doubts, conclusions, recommendations, and especially the frustrations of the writers. Not since the proposal by the Town of Oyster Bay to construct a Community Park in Hicksville a few years ago has any other single action by elected officials created a like-type rift in our community and generated as many letters to you as has the desire by the Hicksville Board of Education to close an elementary school.

Oh, how I've prayed such a closing would not occur because it would not markedly enhance education or save enough money to justify downsizing a source of community pride, placing the safety of our children at greater risk, crowding our schools, and leaving residents spitting at the sour taste in their mouth. Every letter to you - no matter by whom written: W. K. Norton-Taylor, Peggy Theis, Dorrie Bannardo, Eileen Vogler, Donna Martillo, James Black, Darlene Skæe, David Staton, Arlene Rudin (to name a few and this list is not all inclusive) - Makes sense and reflects the emotion of this issue. Furthermore, the anguish of those writers is shared by many others who have not written.

Most all letters printed have been in opposition to a particular school closing. So I certainly don't know and believe likewise that school board members certainly don't really know the majority view of the district's residents towards a school closing. Election of a person to the school board indicates he is the person residents want to represent them on the board. However, it cannot be said his/her stand on a school closing was a litmus test for election, and certainly cannot be called a "mandate" from the residents to close a school. Remember? there was a "stated desire" from the residents of Hicksville for a Community Park until the proposal was defeated in a special referendum by a ten to one margin. I believe most residents feel as I do (and I have no children in school and am bitterly anti-tax) that we should keep the school system intact even at the cost of a "few dollars more." Yes, there are many who would want a school closed as long as it is in someone else's backyard.

Therefore I strongly urge the board to defer the September 23rd vote and consider during

next year's budget vote a straight-forward public referendum on the question: Should the Hicksville Board of Education close an elementary school? If the proposition garners more no votes than yes, the issue is moot and will be dropped from the agenda. If however, the yes votes outnumber the no votes, then the school with the greatest percentage of yes votes of its total vote is the one to be closed - with no exceptions.

Sincerely yours,  
Frank H. Willard

To the Editor:

Once again I find it necessary to voice my concerns for the children of East Street School. After attending the latest board of education workshop concerning school consolidation, it is apparent that there are only two members of the current board concerned with the safety of our children.

Each board member at this meeting gave their suggestions for a school(s) to close and redistricting simulations to go along with that closed building. The board expressed concerns for the safety of the Duffy Park children (not to be relocated to Burns); the Willet Avenue attendance area (should not be forced to redistrict again or cross Broadway to go to Burns) and several members of the board questioned each other's redistricting maps wanting to make certain there was a contiguous attendance zone for the relocation of students.

In the case of East Street children, safety didn't seem to be as important as the size of East Street's fields. With the closing of East Street, it was o.k. to send (in every redistrict scenario) over 200 children not only across Broadway, but Old Country Road too. Not to mention sending the New South Road area children across ground level railroad tracks to get to Lee. East Street is the only school, when closed, that forces that many children across two major roads.

If you ever drove middle school or high school children to school in the morning from the northeast end of town through the OCR/Broadway intersection, (by the way - the most heavily traveled intersection in all of Nassau County) you know what the traffic is like for an individual car or school bus. Just imagine 200 more children needing to be transported to

Letters

Lee adding to rush hour traffic.

Mr. Pfaender was not worried about a "contiguous" attendance zone for East Street children; he suggested that a large portion of East Street children "skip" over the Woodland attendance area and go to Burns Avenue School! When I asked Mr. Martin if he was worried about 200 small children going across town to Lee Avenue School as he suggested, he stated, "That's what they make buses for." I hope he can

Sincerely yours,  
Frank H. Willard

Letters

guarantee all East Street's children receive a bus (even if we go on austerity).

I am concerned with the safety of the children in Hicksville. It should be the board's number one criteria when evaluating any school for closure. As East Street PTA President, I feel justified speaking out on behalf of the East Street children since there seem to be only two on our board watching out for them. Our children should not have to

Letters

pay for past redistricting mistakes. If East Street does close, the board must be urged by parents to put majority of East Street's children in Woodland Avenue School where they belong. Then all the board has to worry about is what to do with the East Street building. That should keep them busy!

Sincerely,  
Dorrie Bannardo, President  
East Street PTA

PLASTICS RECYCLING in the Town of Oyster Bay



In Oyster Bay, recycling is a way of a life... and an investment in the future. Recycling rigid plastics impacts our Town as well as our earth. When we prepare rigid plastics for curbside S.O.R.T. collection, we're making a difference. We're salvaging instead of destroying... investing in tomorrow instead of borrowing against it. We're making a local effort with resounding global significance. Join other Town of Oyster Bay residents in recycling rigid plastics, newsprint, glass bottles and cans. On a Town-wide basis, we're good at recycling. Let's get even better! For more information, call the S.O.R.T. recycling hotline, 921-3850, Tuesday through Friday, 7am-4pm.



A local effort with global significance.



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 Councilman H.T. Hogan, Jr.  
 Councilman Thomas L. Clark  
 Councilman Douglas J. Hynes  
 Councilwoman Ann R. Ocker  
 Councilman Leonard B. Symons  
 Councilman Leonard Kunzlg  
 Town Clerk  
 Carl L. Marcellino  
 Receiver of Taxes  
 Gary F. Musiello



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## Jottings From Yesteryear

By Bill Clark

Riding my bicycle tonite, I realized a safety device used years ago was not being used by me. That was the pants leg clip to keep flapping pants legs from being caught in the chain sprocket. Pants legs and sneakers laces, when caught can give quite a fall and injury. We also used the hand signal for turning and stopping same as car drivers except now days we have lite directionals.

Having gone to the movies while on my vacation trip we found only 7 people in the theatre. Unlike early days before TV, and with movies with Warner Oland in Charlie

Chan roles etc. I hear Fay Ray's birthday was this week. I believe 85. Guess King Kong didn't hurt her. I have seen so many old re-runs that I now get my dreams in re-runs. I heard some one took his car to a nudist colony. Both man and car were striped.

Being a nice day today and after some yard work and garage sales, I sat to relax and suddenly found myself seeing how many words I could get from the word overboard I got to 16 words then fell asleep in the back yard. Years ago people spent leisure time doing the word game using their choice word they liked.



Upper Photo

Dave Steinert residence on south east corner of Cherry Street and Maple (Now Nelson). The property went to Old Country Road.

Lower Photo

Same corner showing Methodist Church Property  
Photo by Bill Clark



## Free Passes For Senior Citizens

Free passes are available for Senior Citizens to the fist performance of all intra-school, hosted and sponsored cultural and athletic events.

Residents of the district, age 60 and over, may pick up their passes at the Administration building, Office of Community Relations, Division Avenue, Hicksville. Proof of age is required.

Residents who are at least 62 years of age will be entitled to free tuition in the Adult Education Program.

## In Service

Navy Seaman Recruit Kevin J. Meehan, a 1988 graduate of Bethpage High School of Bethpage, is currently aboard the dock landing ship USS Ashland, homeported in Little Creek, VA, and is part of the U.S. Navy's hurricane relief effort in South Florida.

In what some are calling "Operation Help From the Sea," a Navy Task Force delivered much needed food and supplies.

The ship is able to make its own fresh water and power, has its own communications, and carries skilled sailors ready to help.

Kevin joined the Navy in April 1991.

## LEGAL NOTICE

### NOTICE OF SALE

**SUPREME COURT: NASSAU COUNTY. THE FIRST NATIONAL BANK OF LONG ISLAND, Plt. vs. FRANK V. JONES, et al Defts. Index #18145/91.** Pursuant to judgment of foreclosure and sale dated July 23, 1992, I will sell at public auction at the north front steps of the Nassau County Courthouse, 262 Old Country Rd., Mineola, NY on Oct. 8, 1992 at 9:30 a.m. prem. k/a 10 Dale Ct., Hicksville, NY. Also known as and by Lot #8 in Block 571 on a certain map entitled "Map of Hicksville Homes Section 3, situated near Bethpage, Town of Oyster Bay, Nassau County, NY, owner of Belmont Homes Inc., 179-26 80th Rd., Jamaica, NY, William H. Parry Inc., land surveyor, 1/16/53" and filed in the Office of the Clerk of the County of Nassau on 7/10/53 under file #5850. Sold subject to terms and conditions of filed judgment and terms of sale.

**EDWARD J. MCGOWAN,**  
Referee  
**BERMINGHAM & MINTZ,**  
Attys. for Plt.,  
34 Audrey Ave.,  
Oyster Bay, NY

MIT 2606  
4X 9/11, 18, 25, 10/1

## Middle School Orientation



Middle School Principal Gerald Klein distributes schedules to 6th Grade Students at Orientation Program.

What do you do if you missed the math homework assignment? Where is the band room, cafeteria or gymnasium? How can you get on the Honor Roll this Fall? Will you be able to find your friends when the last bell sounds on your first day at the Middle School?

Administrators at the Hicksville Middle School, Keenly aware that a move to a new school can often be a stressful experience, hold Orientation Programs for incoming sixth and seventh grade students. On September 2, Principal Gerald Klein, with a team of administrators and guidance counselors, addressed a wide range of topics in an effort to prepare students for a pleasant and productive first day of their Middle School career.

Daily routines, procedures and school rules were reviewed. Helpful hints on how to use lockers, read schedules and keep track of assignments were shared. Administrators placed particular emphasis on the importance of developing a daily plan towards achieving academic success. The use of the Middle School Blue Book Calendar, distributed to each child, was highly recommended.

Faces were tense as students reviewed their individual programs. Expressions eased, however, as students were able to decipher them. By the end of the program, students were smiling and joking as they toured the school. No doubt, they appeared ready and anxious to settle in at their new school.

# THIS IS HOW A DESPERATE DRUG ADDICT SEES YOUR CHILD.

1 VIAL OF CRACK COCAINE

3 PACKETS OF HEROIN

1 BAG OF MARIJUANA

A QUARTER GRAM OF COCAINE

He doesn't see the energetic young mind that's underneath the cassette recorder. He doesn't see the much-loved kid on-the-block that's inside the leather jacket. All he sees is the cassette recorder and the jacket, and how to get the money for his next fix.

But the drug addict's real blindness is that he'll never see the heartbreak he will cause when he leaves your child lying on the street.

You must fight back. You can make a difference. Start now by calling 1-800-WE-PREVENT and we'll send you information on successful ways to join with others to protect your children from crime in your neighborhood.

Fight back against drug-related crimes. Call 1-800-WE-PREVENT.



## All Smiles Over Hot Lunch Program



Dutch Lane students Elissa Provenzano and Courtney Schandel offer an enthusiastic response to the Hicksville Public Schools new hot lunch program. The students made healthy choices as they selected a nutritious lunch for their first day of school.

## Mothers Group At Church Of Christ

Did you know...? There's a mothers group - newly formed - at the Church of Christ of Hicksville. If you're a mother with young children (6 weeks up to 3 1/2) and want to get together with other mothers just to talk, share experiences, and let your children play with other children about the same age, come meet with us.

The group meets Tuesdays from 10:30 to 12. The Church is located on Route 107, at 105 Broadway in Hicksville. For additional information and directions, call Kerren at (718) 428-7678 or the church at 935-3855.

## Town To Sell Surplus Vehicles

Eleven four-door passenger cars, five station wagons and two "Broncos" are being offered for sale in "as is" condition by the Town of Oyster Bay, according to Town Councilman Leonard Kunzig.

"The 18 vehicles offered for sale include five Dodge four-door sedans, four Renault four-door sedans, two Chevrolet four-door sedans, four Plymouth station wagons and three Ford "Broncos," Councilman Kunzig said. "All vehicles will be available for inspection on Thursday and Friday, September 24 and 25, between the hours of 9 a.m. and 2 p.m. at the Department of Public Works, 150 Miller Place, Syosset. Anyone interested in on-site inspection should contact Frank Malillo at 921-7347, ext. 5532, to arrange for an appointment."

The application for Bid No. SE 055-92 is available now. It can be obtained in person, by phone (922-5800 ext. 2215) Town Hall West, Audrey Avenue, Oyster Bay, N.Y. 11771. Postage in the amount of \$1.46 for return mail is required.

Councilman Kunzig noted that completed forms must be returned in a sealed envelope to the Purchasing Division no later than 11 a.m. on Monday, September 28. Bids will be opened at that time in the Town Hall East Hearing Room, Audrey Avenue, Oyster Bay.

All vehicles will be sold to the highest bidder and must be removed within ten (10) days of notification of award.

### LEGAL NOTICE

Notice of Application for Authority for FLI ISLANDERS, L.P., a foreign limited partnership (LP). Cert. of LP filed with Secy. of State of State of New York 5/11/1992. LP organized under the laws of Delaware on 3/4/1992. Office location is in Nassau County. Secy. of State of NY is designated agent of the LP upon whom process against it may be served. Secy. of State shall mail a copy of any process against the LP served upon him/her as agent to: c/o First Long Island Investors, Inc., 2 Jericho Plaza, Jericho, NY 11753. Office of address of LP in jurisdiction of its organization is: 32 Lockerman Square, Suite L-100, Dover, Kent Co., Delaware 19901. Name and business or residence address of each general partner is available from Secy. of State of NY. Copy of Cert. of LP is on file with Secy. of State of Delaware, Division of Corporations, John G. Townsend Bldg., Dover, DE 19903. Business purpose: invest in NY Islanders Hockey Club, L.P.

JER6371  
6X8/14,21,28,9/4,11,18

## Candidates Forum

Sunday, October 11, at 12 noon there will be a public Forum with Candidates for the State Assembly at the Midway Jewish Center, 330 South Oyster Bay Road, Syosset, 11791.

## Bethpage Adult Education

Late registration for Bethpage Adult Education during the week of September 21, 7-9 pm at Bethpage High School Lobby. For information call 733-3757.

### LEGAL NOTICE

**SUPREME COURT: NASSAU COUNTY. HOME SAVINGS OF AMERICA, F.A., Plt. vs. STEVEN J. HUNT, et al Defts. Index #16117/90.**

Pursuant to judgment of foreclosure and sale dated Feb. 5, 1992, I will sell at public auction on the north front steps of the Nassau County Courthouse, 262 Old Country Rd., Mineola, NY.

Oct. 5, 1992 at 10:00 a.m. prem. k/a 56 Melanie Lane, Syosset, NY A/K/A Lot No. 25 in Block No. 135 on a certain map entitled, "Map of Woodland Manor, Section No. 3, situated at Syosset, Town of Oyster Bay, Nassau County, N.Y., surveyed by Teas & Steinbrenner, Surveyors, 125 Church St., Malverne, N.Y., and Rt. 111, Hauppauge, N.Y., May 16, 1955," and filed in the Office of the Clerk of the County of Nassau on Oct. 24, 1955 as Map No. 6544. Sold subject to terms and conditions of filed judgment and terms of sale.

**SONDRA INA HARRIS, Referee. GOLDEN, WEXLER & SARNESE Attys. for Plt., 377 Oak St., Garden City, N.Y. SYO8612 4x9/4,11,18,25**

### LEGAL NOTICE Publication Notice

Name of Partnership: Cablevision of New York City - Phase IV L.P. The notice of Certificate of Limited Partnership was filed with the New York Secretary of State on July 8, 1992. Office location: Nassau County. The Secretary of State of New York is designated as the registered agent upon whom process against it may be served. The Secretary of State may mail copy of any process against the Partnership to Cablevision Systems New York City Corporation, One Media Crossways, Woodbury, N.Y. 11797. The name/residence of the General Partner is available from the Secretary of State. The latest date upon which the Limited Partnership is to dissolve is 12/31/2075. Purpose of the Limited Partnership: Construction/Finance etc. of cable television systems and related activities. SA8107  
6x8/14,21,28,9/4,11,13

# THIS IS HOW A DESPERATE DRUG ADDICT SEES YOUR CHILD

1 VIAL OF CRACK COCAINE

3 PACKETS OF HEROIN

1 BAG OF MARIJUANA

A QUARTER GRAM OF COCAINE

He doesn't see the energetic, young mind that's underneath the cassette recorder. He doesn't see the much-loved kid-on-the-block that's inside the leather jacket. All he sees is the cassette recorder and the jacket, and how to get the money for his next fix.

But the drug addict's real blindness is that he'll never see the heartbreak he will cause when he leaves your child lying on the street.

You must fight back. You can make a difference. Start now by calling 1-800-WE PREVENT, and we'll send you information on successful ways to join with others to protect your children from crime in your neighborhood.

Fight back against drug-related crimes. Call 1-800-WE PREVENT.



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**Photos, Story, by Dick Evers**

Hicksville's distinguished American Legion leader, Richard Hochbreuckner, was honored with a Junior Past-Commander's Dinner/Dance this past Friday evening. The honoree has served twice as commander of the Charles Wagner Post 421, was a very successful commander of Nassau County's American Legion Department (State) of New York. The lively testimonial was held at the Knights of Columbus Hall with a buffet supper, and fine dance music by Joe Ratto. Commander John Rizos was master of ceremonies for the affair.



On hand to honor Post 421 Junior Past-Commander Richard Hochbreuckner (2nd left) are Commander John Rizos; State Assemblyman Fred Parola, and Republican candidate for the Nassau Family Court, Leslie Koenig.



Some of the many Legionnaires and Auxiliary members of the Charles Wagner Post on hand to honor Past-Commander Dick Hochbreuckner.



Among the tables of guests at the Legion gala was that of the Past-Grand Knights and their ladies of the Joseph Barry Knights of Columbus.

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A congenial group: Leslie Koenig and Assemblyman Parola; V.F.W. Post 3211 leaders and Town Councilman and Mrs. Tom Clark (right).



Partying and saluting one of their most popular leaders are these Post 421 folks.



Nassau County American Legion Commander Joseph Murtha and his lady.



Mr. and Mrs. John Kerrian of Post 421.



On a familiar dance floor are Past-Grand Knight and Mrs. Fran Kenyon of the Joseph Barry Council, Knights of Columbus.

ost 421 Legion



Hank and Mrs. Dorothy Braemer pause for the cameraman.



Legionsaire Fred and Mrs. Irene Hoehing greet the cameraman.



Past-Commander Louis and Mrs. Connie Braun are still, for a second.



Cliff Deering (right) Sgt.-at-Arms, escorting guests of honor Nassau Past-Commander James Middleton and his guest, Earleen.



Past Commander Lou Braun escorting Past Nassau County Commander Anthony and Mrs. Kathy Paternostro.



Post membership officer, George and Mrs. Dorothy Bloch lookin' good.



Charlie and Mrs. Coyle of the Legion enjoying the music of Joe Ratto.



Another fine affair for Commander John and Mrs. Joan Rizo of Post 421.



Honoree Dick Hochbreuckner (right) and family sharing his deserved tribute: L-R: wife, Cynthia, son-in-law Robert and daughters, Jane and Susan.



In the processional event are Violet Viaglia, Past-President, N.Y. State American Legion Auxillary and her husband, Tony.

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**SATURDAY, SEPT. 19—BELMONT'S CIRCUS:** Join our ringmaster for an exciting day under the tent, with tightrope walkers, jugglers, fire-eaters, clown shows, face-painters, pony rides, and a petting zoo!

**SATURDAY, SEPT. 26—WESTERN HOE-DOWN:** Grab your partners and away we go with country music, real-life cowboys, face-painters, pony rides, and a petting zoo! Don't miss your chance to shoot Black Bart and become marshall of this here town!

**SATURDAY, OCT. 3—OKTOBERFEST:** Enjoy an enchanting afternoon in Belmont's Black Forest with Oompah parades, German folk dancers, face-painters, pony rides, and a petting zoo!

Cross Island Parkway to exit 26D. Gates open: 10:45 AM. Post time: 1:00 PM (Sept. 19—Post time: 1:30 AM)

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# PROFESSIONAL GUIDE

Advertising on this page is only open to NYS licensed professionals

Friday, September 18, 1992

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## Sixth Annual Charity Tournament

The Sixth Annual Hicksville Charity Tournament, sponsored by Kiwanis Foundation of Hicksville, Inc., for the benefit of "Make-A-Wish Foundation" of Metro New York will be held September 19 at 1 p.m. (rain Date: September 20). It will be held at the Abe Levitt Complex, Stewart Avenue & Levittown Parkway, Hicksville, (in the rear of the Dutch Lane School).

The Tournament will be played by 13 year old boys and girls to help fulfill the dreams of other kids.

Refreshments and souvenirs will be sold.

If you cannot attend please send your donation to: Kiwanis Foundation of Hicksville, Inc., P.O. Box 772, Hicksville, NY 11802.

## Defensive Driving Course Offered

The National Safety Council is offering a Defensive Driving Course which will provide motor vehicle insurance discounts each year for three (3) years for those who participate, and can automatically deduct four (4) points from your driver record for violations incurred in the last 18 months.

This classroom-type course will be conducted by a council-certified instructor on Saturday, September 26, from 8:30 a.m. to 3 p.m. at St. Paul Lutheran Church, 449 Stewart Avenue, Bethpage, N.Y. The cost to participate is \$42 per person. All interested should call the Church Office at 931-8262 to register. St. Paul's is located just south of the railroad station.

## Concerned Citizens Meet Sept 22

The Concerned Citizens of Hicksville (CCH) will conduct its monthly meeting on September 22, at 8 p.m., at the Hicksville Public Library.

## Youth Council Resource Directory

The Hicksville Youth Council is in the process of compiling a Hicksville Resource Directory for teenagers in the Hicksville area.

The purpose of the Directory is to help youth and their families access resources found in their own community. The Directory will list a variety of programs such as scholarships, recreational, social, health, counseling, tutorial, etc., that are available in the Hicksville area.

Currently, Pat Schussler, A.C.S.W., is working on this project. She will be contacting many Hicksville organizations to gather information for the Directory. She can be reached at the Youth Council at 822-KIDS.

## Week-Long Mission Planned

Our Lady of Mercy Parish will celebrate its 40th Anniversary during the 1992-93 year. In preparation for this event, a series of parish activities has been planned. The first of these activities, according to Monsignor James E. Boesel, Pastor, is a week-long mission for parish renewal to be offered by the Montfort Fathers, beginning Monday, September 28, and continuing through Friday, October 2.

Two services will be conducted daily: one at 9 a.m. consisting of a homily to be preached at Mass by one of the missionary fathers; and a second at 8 p.m., consisting of reflections on Scripture, followed by solemn Benediction. There will be a special theme for each day beginning with "God's overwhelming love" followed by "Christ's plan for our happiness is that we belong to one another." On Wednesday, the theme will be "We cannot belong to Christ unless we belong to each other." Thursday's theme, "God's forgiveness" will feature a reconciliation service celebrated by all the missionaries. The closing night on Friday, October 2, will be a celebration of the Eucharist followed by a reception in the school auditorium for all participants.

Monsignor Boesel commented that the mission offers all parishioners and friends a wonderful way to explore and renew their faith, as well as an opportunity to demonstrate a spirit and deep commitment to God, to Our Lady of Mercy, and to all members of the parish family. The Pastor extended an invitation to members of the parish and to friends of Our Lady of Mercy Church to attend this spiritually uplifting event.

## Writers Club To Meet

The Writers' Club will resume its meetings, beginning with Saturday, September 26, from 2 to 4 p.m., at the Hicksville Library, 169 Jerusalem Avenue, Hicksville.

Dorothy P. Freda, writer and editor and publisher of the small press *The Pink Chameleon*, will coordinate the meeting.

Come and join this informal, free, gathering of writers, both seasoned and aspiring. Bring your work and present it for constructive advice or simply come and listen and offer feedback.

Please note that Mrs. Freda is now considering work for inclusion in Issue No. 8 of *The Pink Chameleon*, a yearly off-the-desk publication of original short stories, poetry, articles and art.

## Writers Club To Meet

.....  
**GRANDPARENTS** - Send in your grandchildren's photos and enter our "World's Most Beautiful Grandchildren" contest. Just send a photo and a brief description of the child (or children) along with your name and address to: Litmer Publications, Beautiful Grandchildren Contest, 81 East Barclay St., Hicksville, N.Y. 11801. We'll do the rest!

## Welcome To Hicksville High School



Ninth grade students share food, fun and friendship at a luncheon at the Hicksville High School on September 2. The luncheon, held on the new high school patio, was the culmination of the 9th Grade Orientation Program. The program, designed to acquaint students with expectations, procedures, facilities, and to ease anxieties, was conducted by the school administration with the assistance of the guidance counselors and upperclassmen.

## In Service

**Navy Seaman Recruit**  
 Nicolas P. Mallozzi, son of Bruno and Monika Mallozzi of Crestline Ave., Bethpage, recently completed basic training at Recruit Training Command, Great Lakes, IL.

During the cycle, recruits are taught general military subjects designed to prepare them for further academic and on-the-job training in one of the Navy's 85 occupational fields.

Studies include seamanship, close-order drill, naval history and first aid.

The 1991 graduate of Bethpage High School joined the Navy in May 1992.

## Named To Music Assn. Board

Hilary Sperber, Instrumental Music Teacher at Dutch lang and Fork Lane Elementary Schools in the Hicksville School District, will serve as Immediate Past President of the Nassau Music Educators Association for the 1992-93 school year. Miss Sperber has served on the NMEA Executive Board in various capacities since 1981 and most recently was President of the organization in 1991-92. Miss Sperber is also an active member of Music Educators National Conference (MENC) and the New York State School Music Association (NYSSMA), throughout the year she is a clarinetist with the American Concert Band and the Nassau Pops Symphony Orchestra.

Nassau Music Educators Association, comprised of over eight hundred music teachers, is a non-profit professional organization designed to improve and enhance Music Education in the public and private schools of Nassau County. Throughout the year, our many dedicated teachers volunteer their services to create educational workshops and conferences to further develop music programs at all levels. In January, NMEA will hold its annual All-County Music Festival at the CW Post Tilles Center featuring selected students at the elementary, middle, and senior high level performing in either band, orchestra, chorus, or jazz ensemble under some of the nation's most prominent conductors. NMEA is the county division of the New York State School Music Association (NYSSMA).

## Fall Events For Youths

Schools open but that does not mean that the fun times of summer are over! The Hicksville Youth Council is sponsoring a variety of trips for October and is busy planning activities for the whole year. For more information or permission slips, stop by the council at 175 West Old Country Road, or call Karen at 822-KIDS!

October 2: Witness the live taping of NBC's new series *Here and Now* with Malcolm Jamal Warner. Cost \$5.

October 10: Horseback riding at Sweet Hills Academy. Cost \$15.

October 16: World Wrestling Federation at Nassau Coliseum featuring Macho Man. Cost \$20.

October 30: Pre-season Knicks vs. 76'ers at Nassau Coliseum. Cost \$22.

All trip prices include transportation.

## Publication Notice

**Name of Partnership:**  
 Cablevision of New York City - Phase IV L.P. The notice of Certificate of Limited Partnership was filed with the New York Secretary of State on July 8, 1992. Office location: Nassau County. The Secretary of State of New York is designated as the registered agent upon whom process against it may be served. The Secretary of State may mail copy of any process against the Partnership to Cablevision Systems New York City Corporation, One Media Crossways, Woodbury, N.Y. 11797. The name/residence of the General Partner is available from the Secretary of State. The latest date upon which the Limited Partnership is to dissolve is 12/31/2075. Purpose of the Limited Partnership: Construction/Finance etc. of cable television systems and related activities.

SAB107  
 6x8/14,21,28,9/4,11,13

.....  
**GRANDPARENTS** - Send in your grandchildren's photos and enter our "World's Most Beautiful Grandchildren" contest. Just send a photo and a brief description of the child (or children) along with your name and address to: Litmer Publications, Beautiful Grandchildren Contest, 81 East Barclay St., Hicksville, N.Y. 11801. We'll do the rest!

## Hicksville Labor Day Drill Results

- Event: 3 Man Ladder Department:**
1. Hempstead Yellow Hornets.
  2. N. Bellmore Rinky Dinks
  3. Hicksville Hicks
  4. S. Hempstead Rascals
  5. Elmont Bangtails
- Event: "B" Ladder**
1. Hempstead Yellow Hornets
  2. S. Hempstead Rascals
  3. New Hyde Park Termites
  4. Carle Place Frogs
  5. Oyster Bay Teddy's Boys/ Great Neck Alerts
- Event: "C" Ladder**
1. Hempstead Flukes
  2. N. Bellmore Rinky Dinks
  3. Hicksville Hicks
  4. New Hyde Park Termites
  5. Elmont Bangtails
- Event: "C" Hose**
1. Oyster Bay Teddy's Boys
  2. Hempstead Flukes
  3. Hicksville Hicks
  4. Great Neck Alerts
  5. Oyster Bay Rough Riders
- Event: "B" Hose**
1. Hempstead Flukes
  2. New Hyde Park Termites
  3. Oyster Bay Rough Riders
  4. Hempstead Yellow Hornets
  5. S. Hempstead Rascals
- Event: Motor Pump**
1. Oyster Bay Teddy's Boys
  2. Hempstead Yellow Hornets
  3. S. Hempstead Rascals
  4. Roslyn Highlanders
  5. Oyster Bay Rough Riders
- Event: Efficiency**
1. Hempstead Yellow Hornets
  2. Glenwood Greenhorns
  3. Carle Place Frogs
  4. Pt. Wash. Roadrunners
  5. N. Bellmore Rinky Dinks
- Event: Buckets**
1. New Hyde Park Termites
  2. Oyster Bay Teddy's Boys
  3. Carle Place Frogs
  4. Hempstead Flukes
  5. W. Hempstead Westerners
- Event: Total Points**
1. Hempstead Yellow Hornets 21
  2. Hempstead Flukes 16
  3. Oyster Bay Teddy's Boys 14½
  4. New Hyde Park Termites 13½

5. S. Hempstead Rascals 10½
- Labor Day Invite**
- Parade Prizes Awarded at Hicksville on Sept 6.**
- Best appearing Fire Dept. 15-30**
- 1st: Deer Park
  - 2nd: Lakeview
  - 3rd: Hewlett
- Best Appearing Fire Dept. 31-60**
- 1st: North Merrick
  - 2nd: East Rockaway
  - 3rd: Bellmore
- Best Appearing Fire Dept. 61-Over**
- 1st: Freeport
  - 2nd: Rockville Centre
  - 3rd: Oceanside
- Best appearing Fire Dept. Musical**
- 1st: Freeport
  - 2nd: Oceanside
- Best Appearing Commercial Musical**
- 1st: East Rockaway
  - 2nd: North Merrick
  - 3rd: Bethpage
- Best Appearing Junior Fire Dept.**
- 1st: Bellmore
  - 2nd: East Rockaway
  - 3rd: Bellmore
- Best Appearing Ladies Auxiliary**
- 1st: East Meadow
  - 2nd: North Bellmore
  - 3rd: Bellmore
- Best Appearing Drill Team**
- 1st: West Hempstead
  - 2nd: Merrick
- Best Overall (Nassau)**
- Freeport
- |                        |            |
|------------------------|------------|
| Men in Line            | 1836       |
| Ladies in Line         | 40         |
| Apparatus in Line      | 274        |
| People in Bands        | 690        |
| Marshalls in Line      | 11         |
| Official Cars in Line  | 11         |
| Misc. People in Line   | 179        |
| Police Vehicles        | 1          |
| Policemen              | 7          |
| Juniors in Line        | 136        |
| Total People in Parade | 2899       |
| Parade started         | 5 P.M.     |
| Last Unit Finished     | 7:50 P.M.  |
| Officials Finished at  | 10:15 P.M. |

## AP Scholars At Bethpage H.S.

Twelve graduates at Bethpage High School have been named AP Scholars by the College Board in recognition of their exceptional achievement on the college-level. Advanced Placement (AP) Examinations. Only about 11 percent of the 388,000 students who took AP Examinations in May performed at a sufficiently high level to merit such recognition. Sixty-nine individual students in Bethpage took a total of 105 Advanced Placement Tests last year and 89% of them earned grades of 3 or above.

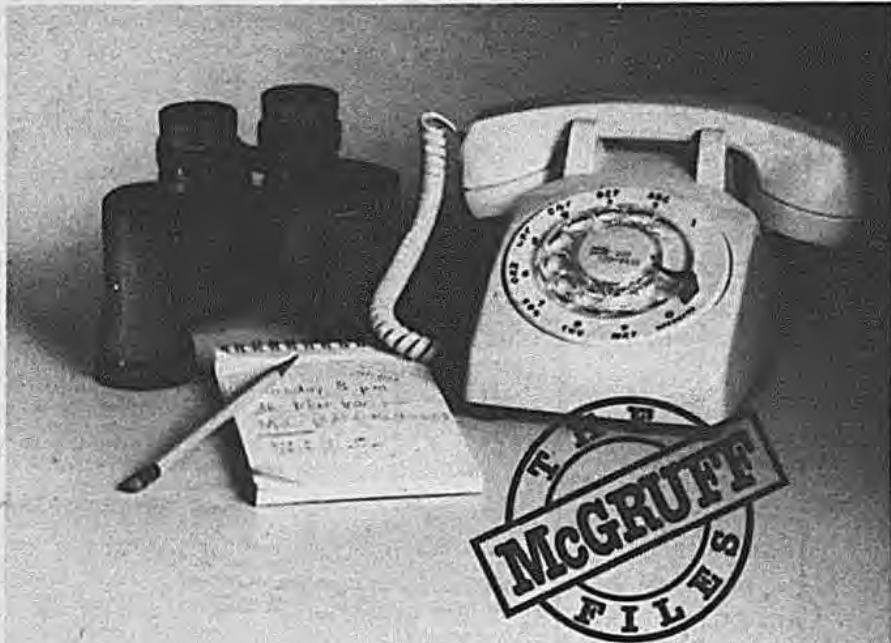
The college Board gives spe-

cial recognition to these 12. Seven students qualified for the AP Scholar with Honor Award by earning grades of 3 or above on four or more AP Examinations, with an average exam grade of at least 3.25. These students are Stacy Aronowitz, Alexandra Grinshpun, Todd Heseckel, Jacob Lee, Philip Ryan, Lloyd Shin and Adam Sinclair.

Five students qualified for the AP Scholar Award by completing three or more AP Examinations with grades of 3 or higher. The AP Scholars are Sheryl Kamholz, Gregory Menig, Pamila Pahuja, Sandra

Rolston and Jennifer Samnick.

AP Examinations, which students take in May after completing challenging college-level courses, are graded on a 5-point scale (5 is the highest). Most of the nation's colleges and universities award credit and/or placement for grades of 3 or higher, and more than 1,300 institutions award a year of credit to students with a sufficient number of qualifying grades. There are 29 AP Examinations in 16 disciplines, each consisting of multiple-choice and free-response (essay or problem-solving) questions.



## Everything you need to close down a crackhouse.

You aren't helpless when crime invades your neighborhood. You're fully capable of helping police and they're ready to show you how.

### The case of The Stanton Park Stand-off.

When crack moved into a row house on a quiet block of Stanton Park, folks decided to serve an eviction notice.

They met with police to find out what they could do to keep drugs out of their neighborhood.

The cops told them to keep an eye out—to let police know whenever something suspicious happened. They began to notice faces. They wrote down license

numbers of strange cars. They noted the times of odd behavior.

They worked with each other. They worked with the police. Armed with field glasses, note pads and telephones, folks kept track of the neighborhood.

Within one month, enough evidence had been gathered. Police moved in. Crack moved out.

Citizen participation beat crime in D.C. It can do the same for you. For more success stories, write: **The McGruff Files, 1 Prevention Way, Washington, D.C. 20539-0001.**

Police become even more responsive when their people are their partners. Together we can help...



TAKE A BITE OUT OF CRIME

A message from the Crime Prevention Coalition, the U.S. Department of Justice and the Advertising Council. © 1992 National Crime Prevention Council.

## Making Their World More Attractive



Hicksville High School National Art Honor Society students spent this summer painting two colorful and exciting murals for the High School Cafeteria. In addition, the student artists volunteered their time and talents to create a series of banners and flags to be enjoyed by fellow high school students. Pictured with one of their creations are (L-R) Mark Haddad, Karen Romanelli, Laura Mango, Elaine Chow, and Priscilla Gonzalez.

## In Service

Marine Pfc. Markos R. Dimitrakopoulos, son of Chrysi Dimitrakopoulos of Lawnview Ave., Hicksville, recently completed recruit training and was promoted to his present rank.

During the training cycle at Marine Corps Recruit Depot, Parris Island, SC, recruits are taught the basics of battlefield survival, introduced to typical military daily routine and per-

sonal and professional standards.

All recruits participate in an active physical conditioning program and gain proficiency in a variety of military skills including first aid, rifle marksmanship and close-order drill. Teamwork and self-discipline are emphasized throughout the cycle.

Markos is a 1991 graduate of Hicksville Senior High School.

Letters

The following letter is being re-printed because of typographical omissions in some issues last week's Mid Island Times.

To The Editor:

I couldn't help but laugh at the four letters that appeared in your September 4th issue. The mud slinging could go on forever so I am, at this time, going to state the facts.

Fact 1: This Board of Education has in its possession a consultant report that was compiled by a team of professionals gathering pertinent data so that the decision of which school to close would be more fair and objective. The choice of Lee Avenue was defeated so now is the time to move on to the alternate, Old Country Road. But Mr. Black so conveniently tabled the vote or discussion on Old Country Road last year. Why? He has stated numerous times that if OCR were to close, the people would want it sold. Well, Mr. Black isn't that what you were elected for? To serve the wants and needs of the people of Hicksville? Or do you have your own little wants and needs?

Fact 2: When the new Board Members campaigned they stated that they would assess all buildings. What happened? Woodland, Burns Avenue, and Lee Avenue were automatically eliminated as schools for possible closure. Why? Well, we know why Lee Avenue was eliminated as stated above. So why did this Board automatically eliminate Woodland and Burns Avenue from being considered for closure?

sible closure. Why? Well, we know why Lee Avenue was eliminated as stated above. So why did this Board automatically eliminate Woodland and Burns Avenue from being considered for closure?

Fact 3: The Board produced a list of criteria in order to help them select a school for closure. How closely are they going to adhere to their own criteria? It'll be very interesting to see which criteria they pick and choose that they will adhere to. Will they ignore all other criteria that they have been addressing at numerous public meetings or will they choose the only one criterion that fits East St. (it sits on 4 acres of property).

Fact 4: Mr. Staton has stated in public that East St. isn't as conducive for learning. Is that anything like being a little bit pregnant? If East St. isn't as conducive for learning as all the other buildings, then how is it possible that East St. has approximately 1/2 of the children inducted into the National Honor Society last year in the Middle School. Or the other statement that Mr. Staton would have everyone believe that East St. isn't as safe. There is that word again "as." How ironic that Mr. Staton "uses" safety as a crutch to close East St., when in fact, on the list compiled by the Board, safety was only mentioned once by

Letters

another Board Member. Besides, safety doesn't only mean fire safety, it also means when children cross dangerous roads like Old Country Road. Mr. Staton, in the East St. area three years ago we had two children on two separate incidents hit by cars on their way to the Middle School crossing Old Country Road. Thank God they were lucky enough not to be killed. But you can't say the same about those poor-children years ago who were crossing that same road coming from Old Country Road School. Those innocent children were hit by a car in which one was killed and the other seriously injured. When are you all going to wake up. This is a definite reality here in Hicksville. Instead of addressing their own agendas I suggest addressing our children. And because of this reason I can't put my faith in these elected officials. But I will put my faith in someone who does care. God. I pray that God will watch over our children, because this School Board certainly will not.

Fact 5: This Board of Education is going to ignore all the data from Bishop and Evans and do their own thing. They are going to leave the north eastern part of Hicksville with only one school, and that'll be off limits to East St. children. So where will they send us? I can't wait to find out.

Mr. Staton and Mr. Black try

to attack my husband even when I am the person voicing an opinion. It's amusing, because when my husband was on the Board he supposedly spoke for me, and now that he's off the Board I speak for him. You guys better get your acts together. In due time you'll get the opportunity to address my husband. So be patient and now just concentrate on me.

I have two comments regarding the responses to my original letter that appeared in the August 28th issue of The Mid Island Times. First, like the truth, Mr. Black, I will not go away. Because no matter how much you think I'm a royal pain now, I just want to reassure you I'm here to stay.

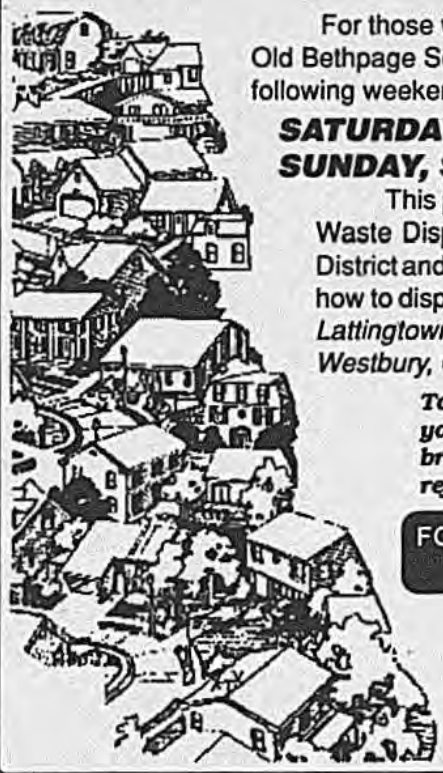
Always,  
Donna Martillo  
P.S. Mr. Black If you were in your seat more often you would have seen me in the 3rd row on August 19. Let's just chalk it up to another Black blunder.

GRANDPARENTS - Send in your grandchildren's photos and enter our "World's Most Beautiful Grandchildren" contest. Just send a photo and a brief description of the child (or children) along with your name and address to: Litmor Publications, Beautiful Grandchildren Contest, 81 East Barclay St., Hicksville, N.Y. 11801. We'll do the rest!

Concert With Celebrations Brass

The talented musicians of Celebrations Brass are performing in a concert at the Jericho Public Library on Sunday, September 20, at 2 p.m. Members of this group are specialists on presentation practices of early music and a portion of the program will be devoted to performance on authentic 17th and 18th century instruments. Background will be provided on the musical instruments and the selections played. The concert is made possible with public funds from the New York State Council on the Arts Decentralization Program administered by the L.I. Arts Council at Freeport, Inc. Seating will be on a first-come, first-served basis.

LEGAL NOTICE  
Domestic L.P. - Notice of Publication - Name of Paph: PW & V Partners, L.P. Notice of Cert. of L.P. filed New York Sec. of State 8/25/92. Office loc: Nassau Cty. Sec. of State designated as agt. upon whom process against it may be served. Sec. of State may mail a copy of any process against Paph. to MTW & G, Ltd., 1970 New Highway, Farmingdale, NY 11735. Name/address of G.P. available from Sec. of State. Latest date upon which L.P. is to dissolve is 12/31/2042. Purpose of L.P.: To engage in the retail sale of ceramic tiles and related products.  
BETH 3151  
6 X 9/18,25, 10/2, 9, 16,23



# Town of Oyster Bay's Annual HOMEOWNERS FALL CLEAN-UP WEEKENDS

For those who can't wait for garbage collection day to get rid of unwanted rubbish, the Old Bethpage Solid Waste Disposal Complex will be open from 8:30 a.m. to 4 p.m. on the following weekends:

**SATURDAY, SEPTEMBER 26TH and SUNDAY, SEPTEMBER 27TH** and **SATURDAY, OCTOBER 3RD and SUNDAY, OCTOBER 4TH**

This program is open to Town of Oyster Bay residents residing within the Solid Waste Disposal District. Residents of the Glen Head-Glenwood Landing Garbage District and the following villages should contact their village officials for information on how to dispose of fall clean-up debris: Bayville, Brookville, Centre Island, Cove Neck, Lattintown, Upper Brookville, Matinecock, Mill Neck, Muttontown, Old Brookville, Old Westbury, Oyster Bay Cove, and Sea Cliff.

*Town residents are encouraged to include used tires, large metal items, yard waste and clean broken concrete in the unwanted debris they bring. These items will be recycled rather than disposed of as regular refuse. No hazardous waste will be accepted (Proof of residency is required.)*

**FOR FURTHER INFORMATION CALL THE TOWN'S ENVIRONMENTAL CONTROL DIVISION AT 921-7347, EXT. 5577**

- Lewis J. Yevoli  
Town Supervisor
- Councilman H. T. Hogan, Jr.
- Councilman Douglas J. Hynes
- Councilman Leonard B. Symons
- Town Clerk  
Carl L. Marcellino
- Councilman Thomas L. Clark
- Councilwoman Ann R. Ocker
- Councilman Leonard Kunzig
- Receiver of Taxes  
Gary F. Musiello

## School District Confidentiality

The community should be aware that it is the policy of the Hicksville Public School District not to release the names and addresses of its students to any outside groups. This policy is designed to protect our students and their parents from possible exploitation by vendors and organizations.

**DO YOU HAVE A SERVICE to advertise? Our Service Directory is sure to bring results. Call 931-0012, 294-8900 or 746-0240 for rates and information.**

## Local Issues Discussed At Council Opener

Continued From Page 1

stories high and containing 25 units. There would be 40-foot side yard and 25 to 50-foot rear yard allowance, and at least 51% of the units must have two bedrooms. Mr. Clark mentioned that a hearing is expected in the near future on the West John Street asphalt plant's renewal application for a special use permit. The Town is hoping to offer a 2 or 3-year lease, with a subsequent automatic rezoning for senior citizen housing.

The Town had gone to court with the owners of the Broadway Mall on the proposal for a 10-screen movie theatre. The Mall had proposed housing the theatres in a free-standing building on the rear of the site. Councilman Clark said that the outcome was that the judge effectually told the Town to "grant them" theatre space. The Mall is now proposing a 10-screen, 3,100-seat theatre to be housed in the old Korvette building. They are estimating a 40-

million-dollar renovation and the possibility of relocating the food court near the theatres. Mr. Clark said the Town is still in negotiations with the Mall owners.

One resident complained to the Councilman about a generator operating at the IKEA store. It seems the generator has been running from 9 a.m. to 12 midnight throughout the summer, and it is not only annoying the near-by residents, but it gives off the smell of diesel fuel. Mr. Clark conceded that there have been some problems with IKEA, one in particular involving the maze-type customer flow through the store which does not allow for quick exit. The store is supposedly revamping its interior. Residents questioned a representative on hand from the Hicksville Fire Department and he said the Department felt the original interior format was "a disaster waiting to happen." He noted that the store is monitored by the Nassau County Fire Marshal's Office and that any resident can appeal to the fire marshal to inspect the facility.

Also in the "talk stage" is a proposal with the Long Island Railroad, whereby in exchange for a permit to build another station, the Railroad will build commuter parking on the former Syosset landfill. Mr. Clark said that this proposal may alleviate the commuter parking crunch in downtown Hicksville.

This led Mr. Clark into a discussion of the G1 zoning in the Hicksville center. Since the elevation of the tracks and the imposition of the G1 restrictions by the State, the center of town has, for the most part, remained undeveloped, except for parking lots. The Town would like to aid business development in the area with the possibility of turning over some parking spaces to new business owners for use by their customers. Mr. Clark invited any ideas from residents for improvement of the G1 district.

The Councilman brought with him the proposed plans for the vacant lot adjacent to Holy Trinity High School on Newbridge Road and Barter Lane. The proposal is for a commercial building with 36 parking spaces.

In response to questions, Mr. Clark confirmed that curbside "sandwich signs" placed by businesses are illegal in Oyster Bay. He added that businesses are allowed one large sign on their building and that requests for additional signs must be approved by the zoning board. Business and residential garbage may only be placed at curbside 12 hours prior to pickup, which in most cases, would be the evening before.

Mr. Clark also told the audience that the Town is working with the Post Office to see if improvements can be made to the traffic flow in front of the West John facility. For those residents interested in the BJ's/Cinemax proposal at the site of the Drive-In theatres on Cantigue Rock Road, Mr. Clark added that the Town will be holding a hearing in the near future.

A representative of the Fire Department outlined the department's 100th anniversary activities scheduled to take place from June 10 through 13, 1993. In addition to a parade and drill, the department is planning a huge "block party" at its Marie Street facility. A souvenir journal is planned. Residents are urged to watch the Mid Island Times for further details.

The Community Council's 22nd annual dinner will be held at Antun's on Old Country Road on Thursday, October 1. This year's President's Award will be given to Charles Montana, Jr., and its service award will go to the Hicksville Council of PTAs. The Council's officers for 1992-93 will be installed during the dinner.

# 100,000 REASONS.

This September, at the All New ANNE S. LOUISON PONTIAC, any 1992 Pontiac Stock Comes with a 7 year/100,000 mile Warranty\*\* and a Monthly Payment you can really live with.

**\$99.00 MONTHLY!\* THROUGH OCTOBER 1ST!**

1992 Grand Am

Come to the new Anne S. Louison Pontiac now through October 1st for the best price on the all new for 1992 Grand Am. You'll be driving a Pontiac at a very attractive price -- and you'll be covered for 7 years/100,000 miles. Is there a reason to buy anywhere else?



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**SHOWROOM HOURS: Mon.-Fri.: 9 am - 9 pm  
Saturday: 9 am - 5 pm Sunday: 12 noon - 4:30 pm**

\* Based on 1992 Grand Am Sedan. 4.9% APR GMAC SmartBuy financing, cap cost reduction of \$5,510.25. 47-month \$99.00 payment, and final payment of \$4,749.44. Purchaser has right to turn over vehicle to dealer with 30-day written notice at end of term without final payment with a \$250.00 disposable fee plus excess mileage charge of \$0.15 per mile over 15,000 miles per year. Financing subject to GMAC approval. All incentives, rebates and financing packages applied. Tax, license, title, fees and insurance extra. Must take delivery by 10/1/92. \*\* Power train only.

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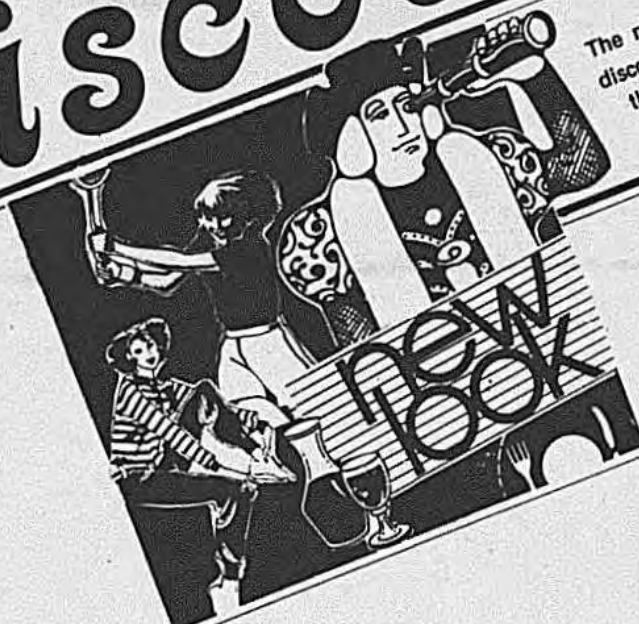
Part Two of the Mid Island Times  
Syosset Advance, Williston Times,  
New Hyde Park Herald Courier,  
Bethpage Newsgram, Jericho News Journal,  
The Garden City News  
and Great Neck News



# Discovery!

Magazine

The newspaper edition that helps  
discover new writers, new ideas  
through Input and special  
family features.

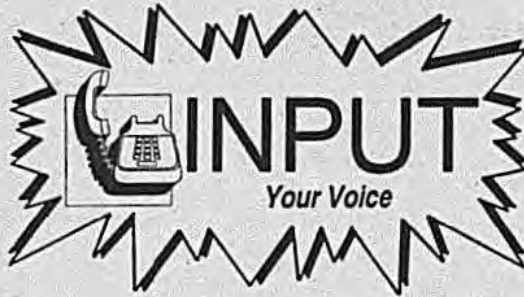


Friday, September 18, 1992



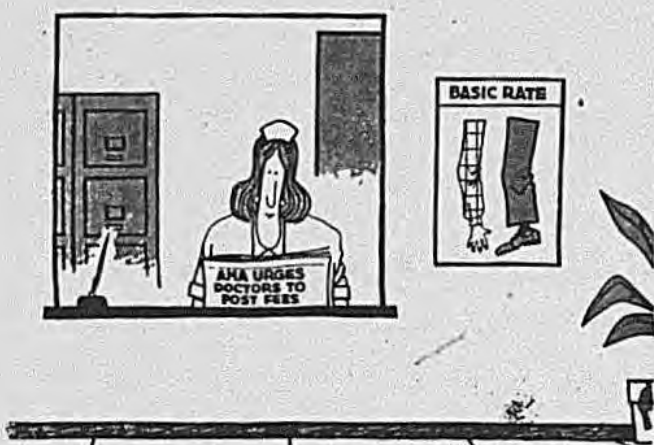
## The Mystery Flight Of Jimmy Angel

SEE PAGE 3



# THE QUESTION OF THE WEEK

Critics of present health insurance recommend regular set fees for many health procedures. Do you think this would be feasible?



# Little Power For Wife Of President

Most callers to Input think that the wife of the President should help but not control matters in answer to this question: "How much power should the wife of the President have in official matters and plans?" Here are some of the answers;

### NO JOB FOR WIFE

In my opinion the wife of the President should not have any formal or official power in official matters and plans. The spouse has the ear of the President to an extent far exceeding other individuals. If the spouse has an official agenda such as being a member of the cabinet or heading some other large department the President could be unduly influenced. While it could be viewed that this is discrimination against a spouse if that spouse is career oriented and capable of assuming official positions that is just one of the sacrifices that go with the job of Chief Executive of this nation. This decision should be made prior to the individual hitting the campaign trail. A.R.

### PUBLIC SHOULD KNOW

It is a very important question to know what role a wife will play in the administration of her husband. Since we already know what role Barbara Bush is playing and assume that she will go along with a similar role if he wins, the ball is in the court of Hilary Clinton. Mrs. Clinton seems to have made known on some occasions that she intends to play an important role in Bill Clinton's administration. There have been rumors that she would be given a cabinet appointment. If this is true, the ideas should be made known by Clinton and this should be part of what people have to vote on in voting for him. Some say that Hilary is very radical and that she will move the administration far to the left. At the present time Clinton is running on a platform which is representing him as a moderate. If we are also electing his wife then we may not be getting exactly what Bill Clinton tells us. N.F.

### SPOUSE SECOND

I think that women's liberationists have their own ideas about what the role of the President's wife should be. But I believe if they think she should be an activist they are wrong. I believe that the husband of Margaret Thatcher stayed out of things so when you put it the other way round, so should a wife. The traditional roles played by most First Ladies have been to complement their husband's work. Even Eleanor Roosevelt seldom, if ever, contradicted Franklin in public. And that is the way it will work best. The elected official should not surrender authority to an unelected person. J.V.

### WIFE CAN HELP

I think that the wife of the President can do much to help the government. She will be able to talk freely and frankly to women and see what their needs may be. The wife of the President could hold a cabinet or other post and do a good job if she has the background and education to handle the job. I think because someone is married to the President is not a good reason to pass them over for a job they could competently handle. N.G.

### PRESIDENT CAN DECIDE

We will elect the President and the President will be able to do anything that the position allows. There is no prohibition to a President listening to his wife or giving her an administrative appointment. I see no problem with this. The President may have a job that he needs someone in who can be trusted. What is then wrong with letting a wife do it. H.C.

### SHOULD HAVE FAITH

This is a hypothetical question. I think it could only be answered when we would see what official position was involved. We elect someone President because the majority has faith in that person. So why can't we allow his official appointments to stand even if the appointee is his wife? B.C.

### GET AT CLINTON

I think the questions that are being fielded about Hilary are a way to get at Bill Clinton, who has fielded campaign questions very well, including how he kept out of the draft while other young men were risking their lives. I would be personally opposed to Mrs. Clinton being given a top level appointment because she would be running things without being elected. J.B.

### CHARM NOT POWER

I don't think that it would be illogical to draw a comparison between the job of the United States President and that of the Chairman of the Board of a large corporation. In that situation, there is generally communication between the Chairman and his wife on a regular basis and obviously there is an interchange between the two on many subjects dealing with matters of greatest interest to each of them - in the case of the husband, his job, and the wife, her domestic responsibilities, and finally on a common ground their family and domestic considerations. In the life of the President and his wife, the same basic elements are involved but with a change in accent with the wife drawing more public attention. However, this deals more with the kind of person she is and not with the power she wields. As far as I am concerned, the President doesn't concede any power to his wife and the extent to which he may accept her advice on matters of any kind is strictly a personal matter. I believe that the wife of the President should be charming, sensible and well educated with the matter of power the full responsibility of our Commander-in-Chief. P.G.S.

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4. Leave your name and telephone, or simply use a pen name (your message can be anonymous)
5. Publishers reserve the right to edit, modify or omit any and all material.

# Discovery!



## The Mystery Flight Of Jimmy Angel

By Dr. Arthur A. Delaney

The 1920s and 30s was, in many respects, the golden age of flight, and America had no shortage of aviation heroes. Immediately to mind come such intrepid flyers as Charles Lindbergh, Richard Byrd, Clarence Chamberlain, Amelia Earhart, "Wrong-Way" Corrigan, and Jimmy Angel. Jimmy who? Yes, Jimmy Angel. His deeds are yet to find their way into our history books, and his name was never a household or headline-grabbing one. There is little in the way of biographical reference, but he did exist and he is still very much of a legend down in Venezuela. I had heard of Jimmy Angel's mystery flight and of his discovery, but there is still much about the man to be learned.

One of our reasons for traveling to Venezuela recently was to visit - explore might be a better word - the jungle area of Canaima. If you have seen the movie *Arachnophobia*, the first twenty minutes will give you an idea of the terrain over which my wife and I trekked. It was filmed on location.

Canaima is a beautiful area of waterfalls, lush virgin forests, and peculiar, flat-topped mountains known locally as tepuis. These are supposed to be the world's oldest mountains, and the landscape is one of the most impressive on earth. It is a hot, often mist-shrouded land in which Indiana Jones would feel right at home.

Half of the oddly-shaped tepuis are yet to be explored, and it has been said that it is the other worldly atmosphere of the Auyan-tepui, the so-called Devil Mountain, that inspired Sir Arthur Conan Doyle to write his evocative tale of *The Lost World*. Surely this part of Venezuela suggests not only the setting for a land of pre-historic monsters - a land which time forgot - but also of L.R. Dennison's *Devil Mountain* and William Henry Hudson's *Green Mansions*. Only a photograph of these sheer-sided, flat-topped mountains which rise cork-like from the jungle floor will convey partly the visual image. They must be seen and experienced; words can stimulate the imagination while failing adequately to describe. It was into this land and immortality Jimmy Angel first flew in 1925, becoming later a national hero in Venezuela.

James Crawford Angel was born in Missouri in 1899 and died in the Panama Canal Zone in 1956 following a plane accident. Into his 57 years was crammed a lifetime of adventure. Early in his youth, Jimmy learned to fly, although plane crashes would become an occupational hazard that would plague him throughout life. At age 17, in World War I, he fought with T.E. Lawrence (as in "Lawrence of Arabia"), flew with the fledgling American air force in France, and was shot down.

Following the war he became an adventurous bush pilot, one of the soldiers of fortune that were common between the World Wars. He learned Spanish and in 1918 settled in Mexico where he flew air mail in and around the petroleum country of Tampico. Later he made his home in Panama and shifted careers from mail to stunt pilot, creating and performing aerial demonstrations throughout most of Latin America. Jimmy's fame spread and he became involved in mercenary activities, some of them legal, which needed the skills of a pilot.

In 1925, so the story goes, Angel was approached by an old prospector named McGraken, who offered him US\$5,000 - not an inconsiderable sum in those days - to fly him into Venezuela's Gran Savana. McGraken gave no explanation, and Angel, a professional in his game, asked no questions. McGraken refused to produce a map, and so the two took off from Ciudad Bolivar with the old man navigating by consulting a compass and peering at landmarks. Course changes were indicated by a wave of McGraken's hand and a point of this thumb.

McGraken's direction led Angel to land his plane through thick mist on a tableland near a small river. The roar of an unseen-waterfall could be heard. McGraken instructed Angel to remain with the plane while he went off into the brush. About five hours later he returned laden with sacks of gold. The two took off and still Angel asked no questions.

The story, while true, has many versions. One has McGraken

making Angel promise never to return to the site without his permission. Another has the old man dying before a second trip could be planned. Angel once stated that several years after making the mystery flight he met McGraken on a train in Peru. The prospector asked Jimmy if he had ever returned to the plateau. As he rambled on almost deranged about rivers of gold and fields of diamonds, Angel made his plans.

Between 1930 and 1935, Jimmy made four aerial expeditions in search of the site where he had landed a decade earlier. It was while searching for the elusive location that Angel found the waterfall in the "Lost World" area between Mount Duida and Mount Roraimo. But in his haste to find the gold, Jimmy paid little attention to it. He didn't know that he had discovered the world's highest waterfall, some 3,200 feet, almost 20 times higher than Niagara and more than twice the height of the Empire State Building. By using his altimeter, Angel measured the falls by comparing readings at the top and near the bottom. The fact that the falls were not discovered until 1935 is a salient example of just how little of the Venezuelan jungle highland is known - even today.

Upon mentioning the find to his friend, the Venezuelan geological engineer Gustavo Heny, his amigo, asked the name of the falls. Since there was no known name, Heny suggested that it be called "El Salto Angel" - Angel Falls. Word of the discovery reached Caracas and then New York. Many years later the American Museum of Natural History sent an expedition to the area; rare birds and new flora and fauna were discovered, and Jimmy's find was confirmed and put on the map.

Angel discovered the falls which bear his name, but not the gold. Two years after the discovery, in 1937, Angel, accompanied by his red-haired wife Marie, the explorer Miguel Delgado, and geologist Heny, again flew to the huge sandstone Auyan-tepui mesa. Jimmy skillfully landed his Flamingo model plane, the "Rio Caroni," but it became quickly mired and sank partly in marshy, quicksand-like soil. Takeoff would be impossible. Jimmy and his party barely survived the landing, but the four struggled back to civilization after an eleven-day overland journey through bushmaster and anaconda infested swamps.

Angel's plane, bearing the identification "NC 9487," remained encrusted for over three decades where it had floundered. In 1970 an expedition of the Venezuelan air force recovered the craft and transported it by helicopter to Ciudad Bolivar where it may be seen today in a park near the airport.

As I have said, there are many renderings of Jimmy Angel's discovery of the world's highest waterfall. This is but one, and it is a composite of several told to the writer. The reader is free to accept any version - or none.

As my wife and I sat next to the short, dirt airstrip awaiting the ancient DC-3 that would fly us out of the jungle and to Caracas, she - ever the teacher of English - suggested that Jimmy Angel's life would make a smashing biography. I was already thinking of film and TV rights and the possibility of signing up Harrison Ford to play the lead. Ironically, I had no idea of what Jimmy Angel looked like. Even the Venezuelan Embassy in Washington couldn't supply a photo. Finally, I found one in the November 1949 *National Geographic Magazine*. It didn't disappoint me. If I were being mugged in a Caracas alley, I would want Jimmy Angel to come to my rescue!

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### ABOUT THE AUTHOR

Dr. Arthur A. Delaney is associated with the Garden City Public Schools. He is a free lance writer who has published some 450 articles in a variety of periodicals, including many in *Discovery*.

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## READER RATINGS



### Wine Talk

By Richard Nalley

Long the Rodney Dangerfield of the wine world, rose has an enduring image problem. Watery jug roses, fizzy, sweet white Zinfandels; and other "blush" wines that resemble Hawaiian Punch have given pink wines a black eye.

But not all roses deserve their tawdry reputation. In addition to France's classic dry roses from Provence, the Rhone Valley and the Loire, stylish new California varieties have plenty to offer, especially for warm-weather get-togethers.

"They're nice and dry, and for the most part, clean and crisp," said David Brown, a wine salesman for Vintage House and a rose fan. "They make terrific aperitif wines, or if you prefer, serve them with a main course."

It's that versatility that has increasing numbers of winemakers, restaurateurs and consumers sipping from rose-colored glasses. Few wines are as charming as a premium rose, which can move from cocktail hour to backyard barbecue with ease. When it's too hot for a heavy, oaky Chardonnay or a beary glass of red, chilled rose fits the bill perfectly.

Roses also offer a taste of the unfamiliar. "They're for somebody who's ready to get off the Cabernet and Chardonnay bandwagon, who wants to try something unique and different," said restaurateur Ed Moore. "They're not your typical red or white wine."

Rose wines, which can range in

color from pale salmon to coppery orange or light cherry red, are made from red grapes. After crushing, the juice briefly is left in contact with the skins for flavor and coloring, then drained off and fermented. Most roses are aged in stainless-steel tanks to preserve their fresh, fruity quality, although a few winemakers age them in oak barrels for rounder, creamier flavors.

Unlike white Zinfandel and most other "blush" wines, most of which are sweet and often slightly carbonated, classic roses are fermented to dryness. The flavors of the grape shine through, giving the wine its characteristic fruity, spicy and flowery notes. Typical flavors and aromas found in rose include strawberry, raspberry, cherry, violets and spice.

Most of the better roses have enough acidity to provide a lively, refreshing impression on the palate. This makes them good matches for a variety of foods. Their alcohol levels, averaging 11 percent to 12 percent, usually are a bit lower than those of Chardonnay, which gives them the feeling of lightness.

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# DINING GUIDE



## Vegetarian View

By Margaret Wing-Peterson  
Cookbooks make good reading. Any number of cooks make a habit of reading them as they would a biography or novel. Cookbooks can be just as informative or relaxing or sleep-inducing, for that matter.

Two cookbooks released recently qualify for armchair reading. "Recipes from an Ecological Kitchen" by Lorna J. Sass (William Morrow and Co.) will enrich your culinary scholarship. "Mrs. Fields Cookie Book" by Debbie Fields (Time-Life Books) provides 100 great recipes from the cookie queen herself.

Sass' book contains 250 vegetarian recipes with in-depth yet readable details on how to cook and serve the ingredients necessary for such a diet. This book is for the dedicated cook who really wants to change his or her eating style, not the casual observer who has a hankering for a different brown rice recipe.

What makes an ecological kitchen? It's more than just recycling soda-pop bottles. Sass describes it as one that doesn't revolve around a meat-centered diet.

Other ecological kitchen principles:

- Focus on whole grains, fruits and vegetables.
  - Buy organic food whenever possible.
  - Favor regional, seasonal produce.
  - Reduce garbage by buying in bulk and opting for minimally packaged goods.
  - Eliminate waste through menu planning and creative recycling of leftovers.
  - Use fuel-efficient cooking equipment like the pressure cooker and the wok.
  - Find non-toxic solutions for kitchen cleaning and pest control.
- Here is one of Sass's recipes for a crunchy salad that's easy to make.

### CELERY SLAW

- 1 medium bunch celery (1 pound), very finely chopped (4 cups)
- 1 large carrot, finely chopped
- ¼ cup dried currants, or raisins
- ¼ cup soy mayonnaise
- 2 tablespoons apple cider vinegar
- 1 teaspoon Dijon mustard
- Sea salt to taste

Yields 4 servings.  
In bowl, combine celery, carrot and currants.

In food processor or with whisk, blend mayonnaise, vinegar and mustard.

Pour dressing over celery mixture and toss until thoroughly blended. Add salt to taste.

Refrigerate for at least 1 hour before serving.

...

The recipes (a few are for such non-cookie desserts as cakes and pies) in "Mrs. Fields Cookie Book" are not those she uses in her far-flung cookie-store business. These

# DINING GUIDE

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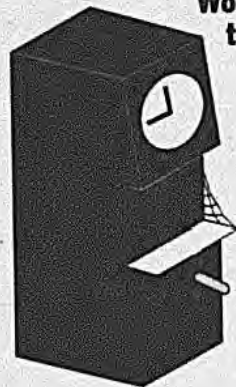
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Continued On PAGE 8A

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## READER RATINGS



Q. We were expecting a couple for a weekend at our farm, and they arrived with their 3-year-old, saying, "Oh, you don't have to make a bed for her. She'll sleep with us. She won't be any trouble."

Well, she was a lot of trouble. She ruined our entire weekend. How do you keep from having this kind of nightmare recur?

A. People should not even ask to bring their children, much less show up with them unannounced — unless they have received an explicit invitation. Parents often think the whole world loves their child as much as they do.

When extending invitations in the future to people with children, say, "This is going to be an 'adults only' weekend. I hope you understand." If they reply they can't get a baby sitter, you should reply with, "Well, I'm sorry, we'll have to make it another time." (Don't worry, they'll get a baby sitter.)

Q. Can we invite people to our daughter's wedding church ceremony and the reception on one invitation card?

A. If the ceremony is held at one place and the reception at an entirely different location, then you should send an invitation to the ceremony and enclose a smaller, separate card, inviting guests to the reception at the other address.

If your daughter's ceremony and the reception are at the same place, such as at a hotel, use one invitation card for both.

# DINING GUIDE

*Home entertaining*

By Carol Cutler



## A honey of a month

Fall slips in Sept. 22. To many this is sweet news because it means the end of limp potato chips. Dry, crisp air has arrived. Others regard fall with the bitter-sweet thought that messy winter is just around the corner.

A word of good cheer to both camps comes from the powers that have declared September as National Honey Month. I'm not certain what it takes to declare a month something special, but September seems like the perfect pick for honey.

In colder weather we reach for sweeter foods because of their higher caloric count, which warms us up nicely. Honey is decidedly sweeter than sugar. In cooking, 1 cup of honey substitutes for 1 1/4 cups of sugar. Liquid is then reduced by a 1/4 cup.

But honey delivers more than just sweetness. It comes in many flavors, depending on where the bees dine. Just for starters, honey can come perfumed with orange blossom, wildflower, clover, alfalfa, buckwheat and even that swamp tree, tupelo. In Europe lavender and rosemary are especially popular. It is said that more than 100 different flavors exist.

There are honey connoisseurs who refuse to use honey that has not aged for at least a year. But those are specialists at the source; our jars don't come with vintages on them.

Some novice cooks think there is something wrong with honey if it crystallizes. Just the opposite. Crystallization proves that the golden liquid has not been processed at all and not pasteurized. This is as pure as you can get. When honey is pasteurized to destroy yeasts that may cause fermentation, its nutrient value is reduced.

However, since honey is not processed, it should not be served to children under 1 year of age. Regard it as any other natural agricultural product that can contain botulism toxins.

Keep honey tightly closed in a dry, room-temperature spot. When those crystals appear, simply plunge the jar into quite warm, not boiling, water until they dissolve.

Another hint for cooking with honey: Measure your shortening first, then use the same cup or spoon for measuring the honey. The viscous honey slides right off the greased surface. Wiping the measure with a bit of oil achieves the same results.

Honey is becoming so popular that it can now be bought packaged in straws. These batons are ready for sipping neat or dribbling. The family can pick a favor-

ite flavored sweetener for morning cereals.

September offers a good time to have honey-loving friends over for a tasting. Buy several different flavors and serve over ice cream, fruit, or slip into hot tea (or milk for children). For serious honey eaters, just spoon onto small biscuits or crackers.

For still more flavors, infuse a few honeys with flavors that bees don't provide. Friends will agree that this was one honey of an idea.

For flavoring honey, use mild varieties, such as alfalfa or clover. They tend to be lighter in color, too. Use a 1-pound jar and add one of the following enhancements.

In each case, add the flavoring to the honey in a small pot, heat on low for 10 minutes; let stand at least two hours. Strain and pour honey into jar with lid. Be careful not to burn or scorch honey when heating.

• Citrus honey — Add 1 tablespoon grated grapefruit, lemon, lime or orange peel.

• Mint honey — Add 1/4 cup chopped fresh mint.

• Ginger honey — Add 1 tablespoon julienned fresh ginger root.

• Hot honey — This one is for all those who like food with a fiery kick. Add 1 1/2 teaspoons dried hot crushed red pepper. Heat on low for 10 minutes. Let stand one or two hours. Strain and pour into jar with lid.

For further information on honey or honey recipes, call the Honey Hotline at the National Honey Board: (303) 776-2337.

Carol Cutler is the award-winning author of eight cookbooks, including "Catch of the Day."



*Home entertaining*



# RESTAURANT GUIDE

N.Y. Times Rave Review - May 3, 1992

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Q. My wife and I have a large house in the mountains, which we love to share with our skiing friends. Over the past years, they have become increasingly lax about pitching in and helping with the work entailed in keeping the place going — whether it's a question of cleaning their own bathrooms, bringing in firewood, offering to do a marketing errand, helping prepare or clear up after meals or even offering to change the beds when they leave.

My wife and I have become household drudges, with no time for skiing ourselves. Since we're expecting mobs for the spring skiing season, I'd appreciate some advice.

A. All you need is one neat, very well-mannered guest in each house party. Take him or her into your confidence before the weekend and, then, when everyone has finally assembled, that person can say, "I'd like to know what my chores will be for the next few days. How about letting me do all the marketing? Or have you already figured out what each of us is supposed to do to help out?"

You'll find that your guests will receive their assignments cheerfully. As a gentle reminder, you might post everyone's duties on a big bulletin board. You probably are so capable as hosts, your guests have not been realizing how much work goes on behind the scenes. Their lack of help in the past has stemmed surely not from meanness, but from a lack of awareness of how hard you have been working for them. Turn the tables — start them to work for you!

## After Work Gourmet

By Sharon Achats



## Grill up a great fast-food dinner

While grilling is great for socializing with guests and keeping the house cool, on-the-grill cooking is not known for being fast.

Factor together waiting time for the coals to heat up, marinating time for the meat and preparation time for fixing all the accompanying fixin's, and you've generally got a recipe for a late and long-awaited dinner.

With proper planning, piggy-backing prep times and cooking at least one accompaniment on the grill with the meat, however, a great grilled meal can be had in as few as 25 minutes on a gas grill and 50 minutes over coals.

The menu: Spicy Citrus Chicken, Salsa Slaw and Cheddar Bread.

Spicy Citrus Chicken couldn't be simpler — just mix together a marinade of lime juice, orange juice and Tabasco, and zing go the strings of your taste buds.

Salsa Slaw takes the traditional cabbage salad theme and spices it up with Tex-Mex twists — black beans, kernel corn and a mayonnaise dressing made with salsa instead of sugar and vinegar.

Cheddar Bread is perfect for sopping up extra slaw dressing and grills up in foil alongside the chicken.

Here's a game plan for cooking with coals: Start the coals. While they're heating — figure on about 35 minutes for them to reach proper cooking temperature — place the chicken in marinade and prepare the cheese bread recipe. Stir together the slaw, then set the dinner table.

Once the coals are ready, put the foil-wrapped bread and chicken on the grill. Just before the chicken is cooked through, remove bread to a serving platter and stir salsa dressing into the slaw. Then remove the chicken to a serving platter, and dinner is served.

This 50-minute meal can be streamlined even more for the hurry-up chef who has a gas grill, which heats up almost instantly, and who can get some helping hands.

In this game plan, the hurry-up chef marinates the chicken, prepares the cheese bread and then places both on the grill. While a pair of helping hands watches over the grilling, the chef prepares the slaw and sets the table. The result: a great grilled dinner in 25 to 30 minutes.

### SPICY CITRUS CHICKEN

3 tablespoons lime juice  
3 tablespoons orange juice  
3 teaspoons Tabasco  
6 boneless chicken breasts, skin removed

Yields 6 servings.

Preparation time: 25 minutes. Mix together lime juice, orange juice and Tabasco. Place chicken in marinade, let sit 10 minutes to 1 hour prior to grilling.

— Cook chicken over ash-covered coals, turning and brushing with marinade, until browned outside and no longer pink inside; about 5 to 7 minutes per side.

### SALSA SLAW

1 cup frozen whole-kernel corn  
1 red onion  
2 (8-ounce) packages shredded cabbage (about 8 cups, see note)  
1 (16-ounce) can black beans, drained  
¼ cup salsa  
¼ cup mayonnaise

Yields 6 to 8 servings.

Preparation time: 7 minutes.

Cook corn in microwave 2 minutes; set aside to cool. While corn is cooking, shred onion.

In large salad bowl, stir together corn, onion, cabbage and beans.

In small bowl, combine salsa and mayonnaise. Just before serving, toss together cabbage mixture and salsa dressing.

Note: One-half head cabbage shredded equals about 8 cups.

### CHEDDAR BREAD

1 (1-pound) loaf French bread  
2 cups grated Cheddar cheese (about ½ pound)  
¼ cup margarine, softened  
¼ teaspoon coriander

Yields 1 loaf.

Preparation time: 20 minutes.

Cut bread into 1-inch slices without slicing completely through bottom crust.

Combine cheese, margarine and coriander; mix well. Spread margarine mixture over both sides of bread slices. Wrap securely in foil.

Toast on edge of grill, turning occasionally, until bread is heated through and cheese is melted, about 10 to 15 minutes.

### QUICK TIP

Always heat a grill rack and brush it with oil before placing food on it. This reduces sticking and helps produce those distinctive grill marks you see in restaurants.

Sharon Achats is a free-lance writer.



After Work Gourmet

## KITCHEN HINTS

### No-Bean Chili.

If you love the taste of chili but can't handle beans:

1. Use lean ground chuck instead of beans (2 pounds for 6 to 8 servings).
2. The secret ingredient for great chili is 1 tablespoon of unsweetened baking chocolate.
3. Leftover chili keeps in the refrigerator for up to 5 days. Use it to fill an omelet or top a baked potato.
4. Freeze extra chili in individual portions for fast meals later in the week.



# DINING GUIDE



# DINING GUIDE

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## Vegetarian View

Continued From PAGE 5A

are her family recipes, the ones she makes with her daughters and serves to her guests.

Here is Fields' technique for checking the doneness of cookies. It's what she describes in her book as the "touch" method.

When you open the oven door and pull out the baking sheet, touch the cookie lightly. If it sinks, it's obviously underbaked. It's hard as a rock, you've overbaked it. But if the cookie has spring to it and you can move it a bit, the cookie is perfect.

Here's her recipe for a drop cookie.

### LEMON POPPY SEED COOKIES

- 2 cups all-purpose flour
- 1/2 teaspoon baking soda
- 1/4 teaspoon freshly grated lemon zest
- 1 teaspoon ground coriander
- 2 tablespoons poppy seeds
- 3/4 cup salted butter, softened
- 1 cup white sugar
- 2 large egg yolks
- 1 large whole egg
- 1 1/2 teaspoons pure lemon extract

Yields 2 dozen cookies.  
Preheat oven to 300 F. In medium bowl, combine flour, baking soda, lemon zest, coriander and

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poppy seeds. Mix well with wire whisk and set aside.

In large bowl, cream butter and sugar with electric mixer at medium speed until mixture forms a grainy paste. Scrape down sides of bowl, then add yolks, egg and lemon extract. Beat at medium speed until light and fluffy.

Add flour mixture and mix at low speed until just combined. Do not overmix.

Drop by rounded tablespoons onto ungreased cookie sheets, 2 inches apart. Bake for 23-25 minutes until cookies are slightly brown around the edges. Immediately transfer cookies with a spatula to a cool surface.

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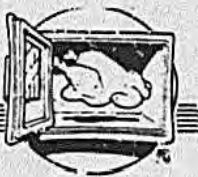
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\* Above Also Served w/ Salad, Homemade Bread Basket and an Alternate Choice of Potato



Desiree Vivea

## Canned fish can do

Health-conscious Americans are wising up and eating their fish. During the 1980s, consumption of fish and seafood rose almost 60 percent. Why? Fish is low in cholesterol and saturated fat. And there's evidence that eating fish on a regular basis may help reduce the risk of heart disease.

In recent years, omega-3 fatty acids found in fish have received lots of positive press. These polyunsaturated fatty acids, present in varying degrees in a variety of fish, may help reduce the risk of heart attacks by lowering levels of triglycerides and cholesterol in the blood — when consumed regularly and at fairly high levels. There's even evidence that omega-3 fish oils may help suppress cancer.

Canned salmon and sardines provide some of the best sources of omega-3 fatty acids. Canned "fancy" albacore tuna, while boasting less than salmon or sardines, is also a good source, offering more than twice the amount of omega-3s found in fresh cod or haddock — and twice as much as in "chunk light" canned tuna.

There are four species of tuna: albacore, yellowfin, bluefin and skipjack. Albacore is the only "solid white meat" tuna; it is found along the Pacific coast from Southern California to mid-Mexico.

The others are packed as "chunk light" tuna. While they are less expensive, the potential health benefits of albacore (look for the "dolphin-safe" label) may make it worth your money.

Be sure to choose the water-pack variety. Oil adds unnecessary calories (in fact, it doubles the number of calories in a can of tuna). And because omega-3 acids are oil-soluble, if you drain off the oil, you drain off a significant portion of heart-helping omega-3s.

American salmon, one of the first foods ever canned, is found in the icy waters of the Pacific Northwest. Today, Norway produces two-thirds of the world's supply, while fish farms in the lochs of Scotland's coast are producing ever more of the flavorful fish.

Most canneries are located near fishing ports so the fresh catch can be canned quickly. Canned salmon typically includes some liquid, skin and bones, all of which are edible and provide additional nutrients. Five species of salmon are canned: Sockeye and Chinook range in color from deep orange to white, and both are a good choice for salads. Coho is good for almost any recipe, while pink salmon and inexpensive chum (keta) salmon are best for sandwiches and casseroles.

Tuna is available in cans ranging from 3½ ounces to 13 ounces,

while salmon comes in 1-pound cans (containing 2 cups), 7½ ounce cans (containing 1 cup), and smaller 3½ ounce cans. (Single-serving, lunch-size pop-top cans of tuna are now available in some markets.)

Canned fish is easy to keep on hand. While tuna salad (mixed with mayonnaise) is still America's favorite way of preparing tuna, remember that canned fish is exceptionally versatile in your microwave — as today's recipes amply demonstrate. Note: Tuna and salmon are interchangeable in today's recipes.

Recipes in this column are tested in 625- to 700-watt microwave ovens.

### MICRO-TIP OF THE WEEK:

For a quick and easy Seafood Cheese Fondue, combine 1 (8-ounce) package cream cheese, 1 (5-ounce) jar process cheese spread, 3 tablespoons milk, and ¼ teaspoon garlic salt in a 1½-quart microwave-safe bowl. Microwave at LOW/DEFROST (30 percent power) setting 3 to 5 minutes, or until cream cheese is soft. Stir well to blend, then fold in 1 (7 ounce) can tuna or salmon, drained and flaked. Microwave at HIGH (100 percent power) setting 1 to 2 minutes longer, to heat through. Stir and serve with cubes of French bread for dipping.

### SIMPLE SALMON PATTIES

2 (7½-ounce) cans salmon, drained  
 ½ to ¾ cup milk  
 2 eggs  
 3 slices white bread, cubed  
 2 tablespoons minced onion  
 1 tablespoon lemon juice  
 ½ teaspoon dried parsley  
 ½ teaspoon dried dill  
 ¼ teaspoon salt  
 ¼ teaspoon pepper  
 ½ cup seasoned dry bread crumbs  
 Lemon wedges for garnish (optional)

Yields 6 patties.

Preparation time: 5 to 10 minutes.

Cooking time: 6 to 9 minutes.

Oven setting: HIGH (100 percent power).

In mixing bowl combine salmon, milk and eggs; mix with fork. Add all remaining ingredients except bread crumbs and lemon wedges, mixing gently to combine. Shape mixture into 6 round, flat patties; dredge each side in bread crumbs.

Arrange patties in 12x8-inch microwave-safe baking dish. Cover with wax paper and microwave 6 to 9 minutes, or until set, rotating dish ¼ turn halfway through cooking time. Garnish with lemon wedges, if desired. Serve hot.

By Willard Abraham, Ph.D.

Dr. Abraham: I have just become 15, but look about 17 or 18. Until this year, I have been nothing to look at. I have a boyfriend of one month, one week, and four days. He is very sensitive.

My best friend's brother, almost 15, has been looking my way. I've been admiring him since I was 9, and I still do.

To top things off, my ex-boyfriend and I made a promise to each other that, if he ever came back, we would get back together. He will get here on the day of my 16th birthday.

I still love my ex, but I don't want to hurt my recent boyfriend. And I also want to get to know my best friend's brother better to see if we can make and have a relationship.

At the same time, I don't want to take the chance of causing trouble between me and my best friend.

What's your opinion and advice on this matter? — Stumped

Stumped: Because of three young men in whom you are interested (the ex-boyfriend, the new boyfriend, and your best friend's brother), it is easy to see why you are "stumped."

Since your ex-boyfriend won't be returning for almost a year, it may be wise not to mention to him the commitment you have for each other right now. Let it float, but also consider keeping the other two relationship possibilities from becoming too solid, too firm.

You seem not to be ready to lose any of them, and there is no reason why you should at this time. However, as time goes on, one of them may start moving ahead in your thoughts, more than the other two. That often happens.

So try to relax and enjoy all three without a firm decision to cut out two of them. When you're ready to do so, you'll know.

Dr. Abraham: My boyfriend is very good, considerate and polite toward me, but once in a while he makes remarks about others who are different in some way. It may be because their skin or religion is different or they are handicapped.

When I tell him that isn't a good attitude to have, he smiles and says he is only kidding, but he doesn't change his behavior.

The people he's talking about don't hear what he says, but I do, and I think it's wrong for anyone to talk or think that way. Besides, indirectly he's talk-

ing about some good friends of mine and even my own family. I have a retarded, lovable young brother, so you can see why I'm especially offended by his remarks.

He respects your opinions, so please share them on this subject. — Katie.

Katie: Even if there were no person in your life like your brother, it is easy to understand why you would be offended. To anyone who is as sensitive as you seem to be, such remarks would be a turn-off.

Lack of consideration of the feelings of others and rudeness toward them (even when it isn't shared directly) is never appropriate behavior. Some of the most severe social problems we face in this country are based on adult (as well as teen) attitudes like the ones your boyfriend has.

Thoughtlessness, ignorance or an older family model may be the reason for such attitudes. Most people can overcome at least part of their prejudices if they become aware of facts related to human differences and the dangers of not accepting them.

I hope your boyfriend also can.

Dr. Abraham: My mother can't understand how I can get away with teasing my father. He likes me to do that, but it sure bothers and worries the heck out of her.

I kid him about a lot of things, and he hands it all back to me, too. Clothing we wear, our haircuts, the movies, food, even political people and parties that we each like are all fair game for ribbing each other.

We laugh a lot over stuff like this, so what's her beef? She says I don't show him enough respect, but he has never mentioned that. Maybe she's just jealous because of the fun we have. — Bud, Reading, Pa.

Bud: Perhaps she is. It isn't pleasant to be left out of family enjoyment.

However, such kidding around can sometimes begin to lose its fun and take on a bitter edge that may bother one or both of the participants.

Parents and children seldom share the warm kind of relationship you and your dad seem to have, so try to preserve it. It's too precious to let it fade away. But let me toss in a little cautionary note, suggesting that you be aware that a comment or two can possibly become offensive and hurt the other person if one isn't careful.

# Cooking Corner



By Robin Silverman-Denker

## Sundown supper for Yom Kippur

By Robin Silverman-Denker

Yom Kippur is a holiday rich in the tradition of fasting and feasting. On the Day of Atonement, the holiest of holy days, we repent our sins with 24 hours of fasting.

After the fast, many families typically serve a simple light menu consisting primarily of dairy foods. However, my version of this break-the-fast dinner is sophisticated in both style and taste.

For those who observe kosher dietary laws, I've noted some variations to substitute ingredients while still achieving the same wonderful flavors.

This menu can be entirely prepared in advance and is almost like having a little appetizer party, but with the addition of the chicken entree, it becomes a four-course meal. It combines some of the traditional ingredients with some nouvelle flavor combinations.

### Yom Kippur menu:

Potato Salmon Crisp with Horseradish Chive Sauce.

Savory Pesto Challah.

Spinach Kugel.

Chicken Veronique and Mandel Bread Dipped in Chocolate.

Each recipe is plentiful with distinctive flavors. The salmon potato crisp appetizer always receives rave reviews. The challah, while traditional on the outside, is full and robust on the inside.

The kugel is both a starch and vegetable in one. The chicken breasts are an unusual but tantalizing marriage of flavors and beautifully presented with green grapes.

As for the dessert, mandel bread has always been a favorite of mine. Any way you slice it (yes, pun intended), I love mandel bread.

I become a baking scientist in my kitchen on rainy days. I try every recipe I see, and invariably I adapt them from there.

Each of my grandmothers has her own recipe and style; one is heavy and sweet, laden with golden raisins, the other is dry and crunchy.

Then there was my mother-in-law's. I must admit, hers is my favorite. Of course, I couldn't leave well enough alone, and I have since adapted hers, too. I added cocoa powder, more almonds and then dipped them in chocolate and garnished them with a whole toasted almond.

It was a very busy rainy day.

...

This is a galette of crispy potatoes, a rendition of a French-style recipe with a Jewish filling of smoked salmon and chives.

### POTATO AND SMOKED SALMON CRISP

- 6 white or yellow potatoes (about 2 pounds)
- 6 tablespoons unsalted butter, melted (or olive oil for those who keep kosher)
- ¼ pound nova (unsalted) lox
- 2 green onions, minced
- ½ teaspoon garlic powder
- Salt and freshly ground pepper to taste

Yields 6 to 8 servings.

It is not necessary to peel potatoes. Slice potatoes very thin or shred (not grate) into julienne strips. Do this just before cooking to prevent them from turning black. Do not rinse in water, as starch is needed to make them adhere to each other.

Preheat oven to 375 F. Using oven-proof pie dish, layer as follows: 2 tablespoons of melted butter, half of potatoes (pressing them down firmly), lox and minced green onions and garlic powder, then 2 tablespoons of melted butter, remaining potatoes and finish with remaining butter, salt and pepper.

Bake for 40 to 45 minutes, or until well browned on both sides. Cut into wedges and serve with creamy horseradish sauce (recipe follows).

Potato crisp can be made in advance and reheated uncovered for 20 minutes at 350 F.

### HORSERADISH CHIVE SAUCE

- ½ cup sour cream or non-dairy substitute
- 1 tablespoon white horseradish
- 1 teaspoon fresh lemon juice
- 2 tablespoons minced chives or green onions
- ½ teaspoon salt

Yields about ½ cup.

Blend all together. Serve with Potato and Smoked Salmon Crisp.

### CHALLAH DOUGH RECIPE

- 1 package active dry yeast
- ¼ cup warm water (110 to 115 F)
- 1 tablespoon sugar
- 1 cup water
- 3 eggs, beaten
- 3 tablespoons canola oil
- 2 teaspoons salt
- ½ teaspoon (pinch) saffron or turmeric
- 4½ cups all-purpose flour

### Glaze:

- 1 egg lightly beaten with 1 tablespoon water
- Sesame or poppy seeds

Yields 1 large loaf.

Dissolve yeast in ¼ cup warm water with sugar. Mix together 1 cup of water, eggs, oil and salt and turmeric or saffron; add to yeast liquid. Add flour. Knead by hand or with dough hook until smooth, about 10 minutes.

Place dough in large oiled bowl, turning once; allow to rise in warm place until double in size, about 1 hour.

Divide dough into 3 equal portions. On well-floured surface, roll out each to rectangle approximately 8 by 12 inches. Gently spread with ¼ of Savory Pesto Filling (recipe follows).

Roll each lengthwise, jelly-roll style. Repeat with remaining 2 pieces of dough. Pinch 3 ends together, then braid, pinch other 3 ends together. Brush with egg wash and sprinkle with seeds. Cover loosely with plastic wrap and let rise 30 minutes more.

Bake in preheated oven at 350 F for 45 to 50 minutes or until golden brown.

...

Fresh parsley and spinach make this an interesting twist to original pesto. For garlic fans, add as much as you like. For a terrific hot dip, combine pesto filling with 1 cup mayonnaise, bake at 375 F for 15 minutes or until hot and bubbly.

### SAVORY PESTO FILLING

- ½ cup lightly packed fresh parsley leaves
- ½ cup lightly packed fresh spinach leaves
- 1 cup lightly packed fresh basil leaves
- ¼ cup grated Parmesan (optional for those who keep kosher)
- ½ cup chopped pine nuts or walnuts
- 2 cloves garlic, minced
- ¼ cup olive oil

Yields approximately 1 cup.

In food processor using metal blade, process parsley, spinach, basil, Parmesan cheese, nuts and garlic until thoroughly combined. With processor running, drizzle in oil and continue processing 5 to 10 seconds longer until well mixed.

...

This tasty combination of noodles, spinach and herbs makes a great variation of the classic kugel. This can be prepared in advance and reheated just before serving. A buffet dish that is great for company as well as family.

### SPINACH KUGEL (DAIRY)

- 4 egg whites
- 4 cups milk
- ½ cup Parmesan cheese
- 1 stick unsalted margarine or butter, melted
- 1 teaspoon garlic powder
- 1 teaspoon Italian seasoning
- 1 teaspoon oregano
- 1 (16-ounce) container ricotta cheese
- 2 (10-ounce) packages frozen chopped spinach, thawed and well drained
- 4 egg yolks
- 1 (12-ounce) bag egg noodles, uncooked

Yields 10 to 12 servings. Preheat oven to 350 F. Grease 9x12-inch oven-proof dish.

Beat egg whites until soft peaks form; set aside.

In large bowl, beat together remaining ingredients, except noodles and egg whites; by hand, mix in uncooked noodles and egg whites. Blend well to combine. Spoon evenly into prepared pan.

Bake 1 hour, or until top is lightly brown and puffed. Let cool slightly before cutting into squares.

...

Chicken aficionados will love this easy-to-prepare dish. Both the chicken and the sauce can be prepared earlier in the day, gently heated through, and just before serving, spoon the sauce over the chicken.

### CHICKEN BREASTS VERONIQUE

- 4 chicken breast halves, boned, skinned, pounded lightly (approximately 6 ounces each)
- ½ cup flour
- 1 teaspoon paprika
- Salt and pepper to taste
- 2 tablespoons unsalted margarine or butter
- 2 tablespoons canola oil
- Sauce:
- ½ cup white wine
- ¼ cup white wine Worcestershire sauce
- 1 teaspoon smooth Dijon mustard
- 1 clove garlic, minced
- 2 cups seedless green grapes

Yields 4 servings.

In large plastic bag, shake chicken breasts with flour and spices, shake off excess; set aside.

In large skillet, heat margarine or butter and oil until hot, add chicken and saute, covered, on each side, about 5 minutes or until golden brown. Remove to platter, cover until ready to serve. (Can be refrigerated at this point if prepared earlier in the day.)

In same skillet, deglaze pan with wine and Worcestershire sauce, scraping bits and mixing well until bubbly. Add mustard, garlic and grapes; cook about 5 minutes until slightly thickened and cooked through. Pour over chicken.

Garnish with fresh parsley if desired.



By C.Z. Guest

Fall is one of the best times to fertilize shrubs and trees, until the ground freezes. Food is still taken up by the roots and transmitted to the plants in early spring, but only use a low-nitrogen fertilizer (for slow growth) at this time.

Deciduous trees can still be planted throughout the month of November.

In areas where only vegetables and annuals have been growing, add a complete fertilizer with organic matter and lime. If possible, it is best to plow or spade this into the earth.

Newly planted evergreens need some winter protection, first by watering and mulching, then by using windbreaks made of polyethylene or burlap. It's not necessary to wrap the shrubs now, but drive in the stakes before the ground freezes. Apply covering in December.

Broad-leaf evergreens, boxwood and other surface-rooted shrubs suffer less winter damage when a heavy mulch is placed around them. Do this before the ground freezes. If planted in exposed areas, use burlap windbreaks to protect them from sun and wind damage.

Hill-up roses with 10 inches to 12 inches of soil over the base of the plant. This is the perfect winter protection for the crown.

Now and throughout the winter, saturate the gypsy moth egg cases with creosote. They can be found

on fences, tree trunks, logs, etc.

Cover strawberry beds with straw or salt hay, and add a heavy mulch to your raspberries.

## NATURE'S THERMOMETER

You can tell the temperature by listening to the crickets. Count the number of chirps in 15 seconds, add 40 to this figure and you will have the current temperature.

## BUGABOO

If you've noticed insect pests have made your lawn their vacation home this summer, it's time to offer these unwelcome visitors a change of residence. Insects that feed on the roots, stems and blades of grass can transform a lush, green landscape into a brown, patchy eyesore.

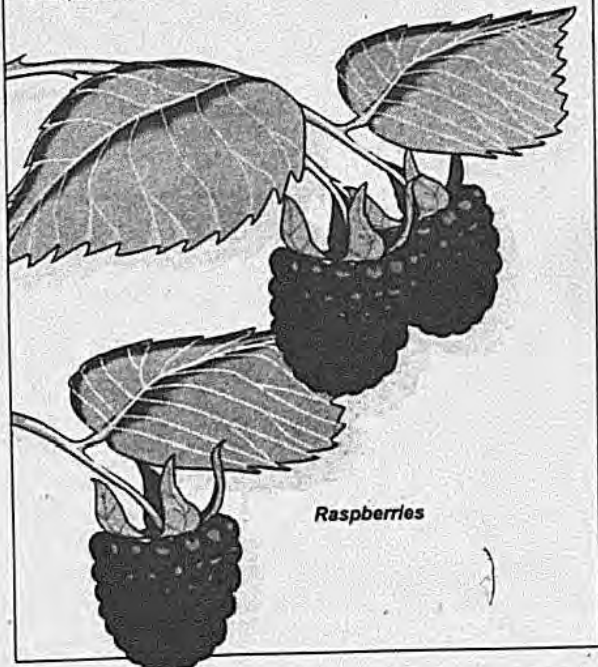
It's possible to eliminate these pesky intruders without waging chemical warfare. Lofts Seed Inc. has recently introduced a new group of grass cultivars enhanced with endophytes, a friendly fungus that provides lawns with natural insect resistance. As the seed germinates, the endophyte grows into the seedling and continues to live in the tissues of the mature grass plant.

So far, grasses with the highest levels of endophyte primarily are perennial ryegrass, but breeders are beginning to introduce endophyte-containing Kentucky bluegrasses and fescues as well.

## GARDEN TIPS

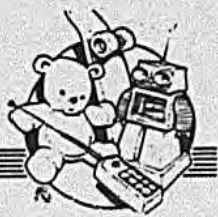
### Shrubs and trees

- In the fall, fertilize shrubs and trees with a low-nitrogen fertilizer.
- Water and mulch newly planted evergreens and protect them from the wind with polyethylene or burlap windbreaks.
- Place a heavy mulch around broadleaf evergreens, boxwood and other surface-rooted shrubs.
- Cover strawberry beds with straw or salt hay; add heavy mulch to raspberries.



## Our Children

By Willard Abraham, Ph.D.



## Picking the perfect preschool

**Q.** This is a first for me — writing to a columnist, I mean.

I need your help, and your practical advice to other parents gives me hope that you can help me, too.

Our only child is 3 years old, and I'm sure she is ready to go to a preschool. We are conscientious parents and want to select the very best school for her.

Where should we begin? We aren't educators and really don't know where to start. What should we look for?

A. Here are three sources that you might consider. Each provides a useful checklist, and all are available at no cost. To obtain any of these items, send a self-addressed, stamped business-size envelope with your request.

• The American Academy of Pediatrics has prepared a large, valuable series of pamphlets and brochures for parents. One is called "Day Care: Finding the Best Child Care for Your Family." Its list of items headed "What Parents Should Ask About" might be very helpful to you.

Send your request to "Day Care: Finding the Best Child Care for Your Family," Department C, American Academy of Pediatrics, 141 N.W. Point Blvd., P.O. Box 927, Elk Grove Village, IL 60009.

• A brochure titled "Getting the Most Out of Day Care" was sponsored by Lysol. It includes a checklist labeled "What Should I Look for in a Day Care Facility?" Another form in this publication asks you to fill in details under this heading: "What Should I Ask My Day Care Provider About My Child?" Behavior and health are its major areas for inquiry.

Send your request to Lysol Day Care Brochure, P.O. Box 5440-N, Westbury, NY 11592-5440.

• Several years ago I prepared a checklist related to this subject. It is titled "You Can Select a Good Preschool." It includes 15 major points on which you might check: general atmosphere, good teachers, programs, equipment and materials, cost, records, parent conferences, child setting, space, safety, cleanliness and health, creativity, readiness for later schooling, social adjustment, attitudes, follow-through and respect.

Send your request to Selecting a Good Preschool, Parent Talk, P.O. Box 572, Scottsdale, AZ 85282.

Although each of these could be helpful to you, if you obtained all three, they would provide almost a blockbuster of information in your effort to secure the best preschool setting for your little girl.

Q. Our two children seem to be so different, but I guess that isn't unusual. Good friends of ours say the same thing about theirs.

One of ours is very verbal, kind of tells us even more than we sometimes care to know. The younger one is somewhat secretive, especially about any problems he has at school. His teacher shares them with us, like difficulties he has with both math and reading.

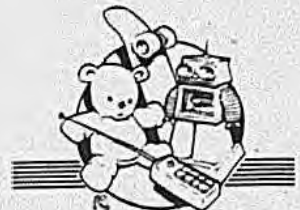
When I ask him about them he won't say anything, acting as if there is no problem.

Is there any way I can get him to be more open? I'd be less worried about him, and I feel I could be more helpful to him. I'm certainly willing to take all the time needed to help him out.

A. You might want to talk to his teacher about the specifics of his academic problems and the ways that you would be able to help your boy with them.

It could be that he is embarrassed, has been teased by peers, or he is trying to avoid pressure. If there has been any pressure in the past that you are aware of, an effort to lessen or eliminate it might gradually get him to realize that you aren't an adversary but are on his side.

Another point to consider is remembering to comment to him about any efforts or activities that he has done well, especially any improvement in his math and reading performance. There is nothing like success to give a person a sense of security.



# Kids Home Newspaper



Games, rhymes, and riddles for children and their parents, too!

By J.R. Rose -

## DRAW IT!

**DRAW A SAXOPHONE FOR HIM TO PLAY!**

IT'S MY MANE INSTRUMENT!

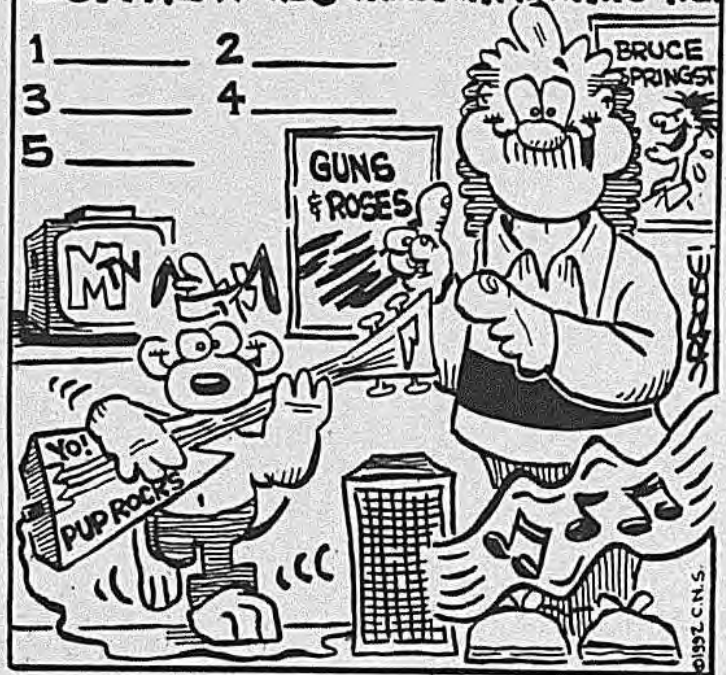


### MUSIC SLANG WORDS

- BONES** - A TROMBONE
- CLAM** - A WRONG NOTE
- GIG** - A JOB
- HARP** - A HARMONICA
- IVORIES** - ANOTHER TERM FOR PIANO
- KICK** - A BASS DRUM
- LICORICE STICK** - A CLARINET
- TUBS** - DRUMS

**PUP STRUMS HIS GUITAR ALL DAY. ROCK IS WHAT HE LIKES TO PLAY. WHILE THIS ROCK STAR STRUMS ALONG. LIST FIVE WORDS THAT RHYME WITH SONG.**

- 1 \_\_\_\_\_
- 2 \_\_\_\_\_
- 3 \_\_\_\_\_
- 4 \_\_\_\_\_
- 5 \_\_\_\_\_



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## THE HEALTHY GOURMET

By Kit Saedaker



## Fitness Forum

By Jack Williams

At a time when weight-loss schemes are losing more credibility than dieters are losing pounds, prescription appetite suppressants may be emerging as a valuable option for the chronically obese.

Recent research indicates that the drugs in certain combinations and dosages can help obese patients lose weight and keep it off without suffering the side effects normally associated with over-the-counter appetite suppressants.

But while this new generation of therapy could mark a new era in weight loss, it's raising as many questions as hopes.

What, for example, are the long-term effects? What might further studies show? Can the drugs be as effective in large populations as they were in a limited number of persons studied?

Dr. Peter Sacks, an internist, looks at the widespread failure of weight-loss programs and sees appetite suppressants as a welcome alternative.

"Going to appetite suppressants for long-term control — because the severely obese simply don't respond to other methods — is where the future lies," he says.

Adding a voice of caution, though, is Dr. Kalman Holdy.

"The approach has merit," he says, "but I wouldn't start prescribing pills for patients based on (such limited evidence). The danger of this being announced as a breakthrough is that so many people will want to take appetite-control medication not for health reasons, but just for cosmetic reasons."

"If given a choice between appetite suppressants and a carefully produced fasting supplement, I would hands down favor the fasting approach."

## A FULL FEELING

The most recent research — a four-year study at the University of Rochester School of Medicine — tracked 121 people who weighed at least 200 pounds and were from 30 percent to 80 percent overweight. Two-thirds of those studied were women. Gener-

ally, anyone more than 30 percent above his or her ideal weight is considered obese.

Patients taking a combination of the drugs fenfluramine and phentermine lost an average of more than 30 pounds after 34 weeks, and maintained the weight loss for as long as 3½ years while taking the drugs.

The unique combination and dosage of the drugs, which suppress appetite by inducing feelings of satiety, have so far been confined to the Rochester study.

But a 55-year-old woman, who asked that her name not be used, says she has lost five pounds a week since taking fenfluramine — one of the drugs in the Rochester study — in conjunction with a 1,200-calorie-a-day diet she began less than a month ago.

"I'm usually a non-medicine taker," she said, "but these pills are working, with no side effects. I gained 30 pounds in three months when I went on estrogen (a female hormone often prescribed for postmenopausal women) and I couldn't exercise because of a bad knee. I was having a hard time losing."

"I've always snacked a lot. Now I don't have the urge."

Dr. Ken Fujioka, a clinical nutritionist, has long believed that such drugs are a possible next-to-last resort (the last being surgery) for those "whose medical problems are solely due to the fact that they're overweight."

Since the Rochester study was reported in the media following publication in the May 1992 issue of *Clinical Pharmacology and Therapeutics*, "I've been deluged with calls," said Fujioka.

Fujioka argues that "if you can't get rid of high cholesterol and high blood pressure with diet and exercise, you prescribe medication."

"Why not do the same with obesity? Being overweight is going to lead to an early death if we don't reverse these people. I've been waiting for a study like this."

I lunched recently with Martha Rose Shulman, a cookbook author I admired enormously. Two of her books, "Mediterranean Light" (Bantam) and "Entertaining Light" (Doubleday) are guideposts to '90s eating. Now she tells me she eats like that and always has. She looks it — petite, composed, flourishing.

We lunched to talk about her new book, "Feasts and Fetes" (Castle), a reissue of "Supper Club Chez Martha Rose: A Cookbook of Parties and Tales From Paris" (MacMillan) originally published in 1988. She actually had a supper club.

"It started when I lived in Texas," she said. "I love to entertain and really wanted to have a restaurant. This seemed a good compromise."

And when she moved to Paris (for one year that has stretched to 11), Martha Rose continued the supper club. Once a month she asks no more than 35 people if they would like to come to the Supper Club and names the fee. The first 35 accept at once and more clamor to come next time.

"I'm doing what I enjoy most, what comes naturally, and loving it," she said.

In addition to "Feast and Fetes," Shulman is doing a set of glossy little gift books called "Little Vegetarian Feasts." "Main Dish Salads" and "Main Dish Soups" (Bantam) are the first two, due out soon. "Tarts and Gratins" and "Grains" will follow. At the same time, she is working on a big book about the cooking of Provence, out in a couple of years.

"I'm good," she says matter-of-factly, "and I know I'm good because that's the way I eat." The way she eats is illustrated by the following soups from my favorite cookbook, "Mediterranean Light."

Salt and freshly ground pepper  
1 squeeze fresh lemon juice  
1 cup spinach leaves, well washed  
1 cup sweet green peas  
1 cup shredded lettuce  
5 cups water  
1 tablespoon finely chopped fresh parsley  
1 tablespoon finely chopped fresh mint

Yields 4 to 6 servings.

Each serving has about 106 calories, 5 grams fat, no cholesterol and 23 milligrams sodium.

Clean leeks by cutting in half lengthwise and running under cold water until all dirt is gone. Pat dry and cut into thick slices. Heat olive oil in heavy-bottomed soup pot over low heat and add leeks. Add a little salt and pepper and a squeeze of lemon.

Cover and cook, stirring often, over low heat for about 20 minutes. Add spinach, peas and lettuce. Stir for a couple of minutes, and add water and more salt to taste. Bring to boil, reduce heat, cover and simmer 5 to 10 minutes until vegetables are thoroughly tender but still bright.

Remove from heat and puree in blender or food processor fitted with metal blade. Return to pot and again season to taste with salt and pepper. Just before serving, stir in chopped herbs. Soup will hold for a day in refrigerator.

## HEALTHY GOURMET



## PUREE LEONTINE

2 pounds leeks, white part only  
2 tablespoons olive oil

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## Here's How



By Gene Gary

**Q.** I would like information on how to clean the wood cabinets in our kitchen. I am unsure if they are made of real wood or a wood imitation from pressed board with a plasticlike coating. The surface had become sticky. Any advice would be appreciated.

**A.** The stickiness is likely due to a grease buildup. Rubbing alcohol will cut through the grease and clean the surface. Persistent stains can be treated with a little baking soda. Let sit awhile, rub gently and rinse with clear water.

Another recommended cleaning procedure for pressed wood cabinets is to use a solution of 1 cup ammonia, one-half cup white vinegar and one-fourth cup baking soda mixed with 1 gallon of water.

Use a sponge dampened in the solution to wash the surface. Be sure to immediately remove excess water to prevent moisture damage. For sticky wooden cabinets, often a furniture cleaner formulated to cut through wax, grease and dirt can be used.

Test by applying the cleaner on a soft cloth and buffing with another clean dry soft cloth after the cleaner has dried. You may have to repeat the process.

Buff the surface until the clean cloth comes away clean after buffing. If the cleaned surface is no longer sticky (running your hand over the surface), you can clean the entire cabinets using the furniture cleaner.

If the wood is still sticky, the

finish may be softening and deteriorating and will have to be refinished.

It is best to test any of these cleaning procedures in an inconspicuous area first to assure that the finish is not being permanently damaged by the process.

**Q.** Is there any safe way to clean a painted wall that is smudged with grease and some dirt marks? The wall is an off-white flat paint. I hesitate to wash this surface with a cleaning agent that might remove the paint. But if I can clean this one wall, it will save me the expense of having the entire room repainted. Please advise.

**A.** There are several steps you can take to clean your painted walls without scrubbing away the paint.

Preparing the right cleaning solution is the first step. Your solution should consist of an all-purpose detergent in water. Select a detergent that is designated on the label for cleaning walls and woodwork. The stronger the solution and the hotter the water, the more

effective the cleaning power.

But proceed with caution — a strong, hot solution might attack some paints. So it's best to start with a mild solution and increase the strength of the detergent if necessary to remove stubborn stains.

Be sure to first spot test in an inconspicuous area. If the paint film shows signs of damage, either dilute the solution or allow it to cool.

Extremely stubborn stains may be removed with paint thinner — but use it with great care. It will soften the paint film and can easily remove paint entirely if application is too zealous.

Apply the detergent solution to the wall with a brush or sponge, rub it enough to loosen the dirt, then wash it off with clean water. Use enough water to rinse, but avoid excessive moisture.

Start washing at the top of the wall and wash down. This way, dirty water will not run down and streak the portion of the wall that has already been washed.

## Decor Score

By Rose Bennett Gilbert



### Art deco butler's pantry

**Q.** I don't know what to do with the butler's pantry that opens off the end of our dining room. We just bought this 1920s-vintage house, but all our furniture — including the dining room — is contemporary. We're painting everything white for starters, but where do we go from there? — H.N.

**A.** I should ask: "Where have you been?"

While it is desirable to establish an overall theme when you're decorating, the trend has been toward *eclecticism*, that is, a harmonious blend of styles. This mix is much more visually interesting than an entire house filled with more of the same.

The line between successful *eclecticism* and "hodgepodge" is thin, but not difficult to maneuver if you keep *attitude* uppermost in mind and provide enough correlating colors.

By attitude, we basically mean do you want your room and its furnishings to be *more formal* or *less formal*?

Strict contemporary — steel, glass, sharp angles and straight edges — can be very formal. So an 18th century American Colonial, with its dark mahogany, polished surfaces, Oriental rugs.

On the other hand, "soft" contemporary, with its rounded, overuffed forms, and 18th century

farmhouse-style furniture, are both essentially informal. You get the idea.

Back to your problem of the contemporary dining room and old-fashioned butler's pantry: New York interior designer Nina Hughes, ASID, offers one answer in the photo we show here.

She has set an art deco mood in the butler's pantry she rethought for a designers' show house in the city. Born in the 1930s, deco is formal and sophisticated, a perfect fit, perhaps, for your situation, and relatively easy to achieve since a pantry is mostly cabinets and serving counters.

Hughes conjures the deco mood instantly by replacing ordinary cabinet doors with sleek cutouts and using the palette of subdued colors that characterized the period.

**Q.** We want to chip in and buy Dad a recliner for Christmas. I've heard that there are now chairs that massage while you sit. Who makes them, and about how much do they cost? — L.M.

**A.** There are a number of mechanized recliners that will give the sitter a massage. They use a vibrating or kneading action in the back, in the seat and in the ottoman.

Among the major manufacturers who offer such action chairs

are top names in the industry: Berkline, Bassett Motion, Stratolounger, Franklin, Panasonic and aptly named Stressaway.

The massage-ability does add a soothing new dimension to sitting, but here's the rub: It also adds to the price. Massage chairs can cost up to \$700 and \$800.

The idea's not new, by the way. Some years back, one manufacturer came out with a recliner that not only administered a vibrating massage, it included a lower-back heat treatment, too.

The "shake 'n' bake," some wag called it.



**PANTRY PANACHE** — Putting an old-fashioned butler's pantry into a sophisticated, art deco mood, New York designer Nina Hughes, ASID, replaced ordinary cabinet doors with sleek cutouts.



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**CHILD CARE GIVER** Needed to care for a 3 months old in our Garden City home Mon.-Fri. full time. Hours flexible. Must have experience & references. Non-smokers only. 775-0542. gcS4

**P/T RECEPTIONIST, BOOK-KEEPER.** Clean Garden City South repair shop seeks well organized person with repair shop knowledge, good phone personality & some typing experience for general office duties. Call between 8 a.m. - 5 p.m., 486-3602. GCs3

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**RELIABLE SITTING** to pick up from kindergarten and babysit from 12 to 5:30, Monday/Friday, M/F, Non-smoker. Call 747-0680. ws4

**SMALL PRIVATE SCHOOL** in Garden City needs happy, efficient, qualified secretary who likes teenagers, for ten month position, PT, 8 a.m. to 1 p.m., 5 days/week. Send resume to Garden City News, Box K, 821 Franklin Ave., Garden City, NY 11530. gcS3

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**BABYSITTER / HOUSEKEEPER** to take care of my 4 & 7 year old girls in my Garden City home. English speaking, driver & references, 8:10 a.m.-5:40 p.m., Mon.-Fri. Call 294-6871 evenings and weekends. gc01

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**DICTAPHONE TYPIST P/T** Full Days. Speed important. Williston Park Law Office. Non-smoker preferred. 741-7575. ws3

**P/T LEGAL SECRETARY** Three full days a week. Two (2) Secretary office. Some stenography, dictaphone, typing. Will train. Salary open. 741-0333. ws3

#### Situation Wanted

**HOUSECLEANER AVAILABLE.** LIVE out, experience & reference. Own transportation. 486-7118. gc02

**EXPERIENCED NURSE'S AIDE** seeks position to care for elderly or sick. Weekdays, living out. Can be contacted at 538-4165 or 638-5072 anytime. References area available. gc02

**MATURE WOMAN SEEKS P/T** child care position in your home. Former teacher, non-smoker. Own transportation. References. Available now. 718-527-7108. gc02

#### Situation Wanted

**CERTIFIED NURSE'S AIDE** will work for sick or elderly. Full or part time. Will work evenings or weekends. Own transportation. References. 484-4321. w01

**SATISFIED GARDEN CITY** Parents moving. Looking to place hardworking, responsible Polish Nanny/housekeeper. Seeking housecleaning and/or child care duties. Part time or full time. Excellent Garden City references. 437-5984. w01

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**CERTIFIED NURSE'S AIDE** with good references and experience seeks job to care for the elderly or disabled. Live in or out, day or night. Please call (718) 327-4614. gc01

**POLISH WOMAN AVAILABLE** for housecleaning. Please call 432-8722. ho1

**TWO POLISH WOMEN** looking for housecleaning, ironing work. Experience & excellent references. Please call after 6 p.m. 759-1227. gc03

**POLISH WOMAN LOOKING** for job cleaning houses, housekeeping 4-8 hours per day in Garden City, Stewart Manor, Franklin Square or nearby vicinity. Experienced, references. Call 327-0259. Leave message. gcSe4

**HOUSECLEANER AVAILABLE** 2 days a week. Good references and own transportation. 294-2601. gcSe4

**IRISH GIRL AVAILABLE** as a companion for elderly. Excellent references. Call Liz anytime. (718) 343-8617. gcse4

**HOUSECLEANING AVAILABLE** Mon.-Fri., mornings and afternoons. Good experience and good reference. 867-0927. gc02

**I AM A CERTIFIED Nurse's** assistant, looking for work as companion to the elderly or sick. Recent references are available. Also can drive. Please call Norma at (718) 868-4232 Monday to Sunday. gc01

**HOUSECLEANING AVAILABLE.** Good references & experience. Also will do ironing. 781-1204. gc01

**CERTIFIED NURSE'S AIDE** or companion. Twelve years experience. Excellent references. Any hours, weekends. Live-in or out. English speaking. 746-0948, 741-5126. waep4

#### Situation Wanted

**HOME HEALTH AIDE WITH** experience will take care of your loved ones. Affordable, reliable. Excellent references. Ask for Rose, 326-2917. gc02

**YOUNG LADY SEEKS** position as companion. Live in or live out. Non-smoker with excellent references. Call (718) 495-5165. gc02

**EXCELLENT HOUSE-CLEANING - POLISH** Lady. Reliable, top references. Weekly or bi-weekly or I will care for elderly person. Available immediately. Live out. Call (516) 328-1678. gcSe3

**I AM A YOUNG** Christian woman looking for work as companion or nurse's aide. I can live in or out. All references are recent and would be available upon request. Please call Amanda at (718) 337-2501 Mon.-Sun. gcSe3

**HOUSECLEANING AVAILABLE** Wednesday only and babysitting after school. Please call (516) 747-5950. gcSe3

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**GARDEN CITY/STEWART** Ave. Spacious, bright apartment with great view. 3 BRs, 2 baths, FDR, LR/fpl, washer/dryer. Available immediately. \$2100 per month. 212-841-7887 days; 516-746-4165 evs. & weekends. gC3

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**GARDEN CITY SOUTH CAPE** style, 3 plus BRs, 1 1/2 baths, LR, DR, Kit, breakfast nook, 1 car garage, Taxes \$3,700. Asking \$239,500. 746-0663. gC53

**EAST WILLISTON GRACIOUS** Robbins Hill Colonial on almost 1/2 acre of magnificent treed property. Old world charm. Move-in cond. Low taxes. A must sell! Priced to sell. \$525K. Owner. 294-8357. w53

**GARDEN CITY CH** Colonial, 4 BRs, 2 baths, sunroom, Walk LIRR. Low taxes. Low \$300's. 741-3483. gC3

**FLORAL PARK VILLAGE** Custom built wide line Cape, 70x100. 4BRs, 2 full baths, LR/Fpl, DR, enclosed patio, beautiful yard, finished basement. Mid \$200's. Owner 354-4521. gC01

**UPSTATE N.Y. (Ulster County)** Town of Shawangunk Legal mother/daughter. Log cabin home with 14 acres, 4 BRs, 3 1/2 baths, LR, kit, dining area. Covered porch. Large deck. Shawangunk Mountain view. Basement, 2 car garage, oil hot water heat. 10 yrs. old. \$289,000. 741-2365. w54

**MATTITUCK WATERFRONT** 2000 sq. ft. of perfection + heated Guest House & dock w/6' at low tide on inlet to L.I. Sound - \$329,500. Southold. 4 BR, 2 1/2 bath Cape in private community w/deep water marina and beautiful bay beach. Seller relocating \$215,000. Southold - Spacious & gracious 5 BR Colonial in private community. This beautiful home has 3 fpls, 2 full baths & 2 half baths. Deck & fin. bsmt. A terrific buy at \$250,000. Cutchogue - Nassau Point. Magnificent 4500 sq. ft. late 1800's country home. Private wooded acre. Most prestigious area. Deeded water rights. Price reduced - \$399,000. Cutchogue exclusive. First offering. Perfect vacation or year-round home. 4 BR, 3 baths, decks, waterviews, walk to beach & marina. Must see. \$269,000. Jamesport - Sparkling new two story contemporary w/private sugar-sand beach. 3 BRs, 2 1/2 baths, screened porch & deck. Motivated. Make offer. Reduced to \$245,000. Please call for our Fall brochure. Marlon King Realty - 734-5667. gC53

**MATTITUCK WATERFRONT** 2000 sq. ft. of perfection + heated Guest House & dock w/6' at low tide on inlet to L.I. Sound - \$329,500. Southold. 4 BR, 2 1/2 bath Cape in private community w/deep water marina and beautiful bay beach. Seller relocating \$215,000. Southold - Spacious & gracious 5 BR Colonial in private community. This beautiful home has 3 fpls, 2 full baths & 2 half baths. Deck & fin. bsmt. A terrific buy at \$250,000. Cutchogue - Nassau Point. Magnificent 4500 sq. ft. late 1800's country home. Private wooded acre. Most prestigious area. Deeded water rights. Price reduced - \$399,000. Cutchogue exclusive. First offering. Perfect vacation or year-round home. 4 BR, 3 baths, decks, waterviews, walk to beach & marina. Must see. \$269,000. Jamesport - Sparkling new two story contemporary w/private sugar-sand beach. 3 BRs, 2 1/2 baths, screened porch & deck. Motivated. Make offer. Reduced to \$245,000. Please call for our Fall brochure. Marlon King Realty - 734-5667. gC53

**MATTITUCK WATERFRONT** 2000 sq. ft. of perfection + heated Guest House & dock w/6' at low tide on inlet to L.I. Sound - \$329,500. Southold. 4 BR, 2 1/2 bath Cape in private community w/deep water marina and beautiful bay beach. Seller relocating \$215,000. Southold - Spacious & gracious 5 BR Colonial in private community. This beautiful home has 3 fpls, 2 full baths & 2 half baths. Deck & fin. bsmt. A terrific buy at \$250,000. Cutchogue - Nassau Point. Magnificent 4500 sq. ft. late 1800's country home. Private wooded acre. Most prestigious area. Deeded water rights. Price reduced - \$399,000. Cutchogue exclusive. First offering. Perfect vacation or year-round home. 4 BR, 3 baths, decks, waterviews, walk to beach & marina. Must see. \$269,000. Jamesport - Sparkling new two story contemporary w/private sugar-sand beach. 3 BRs, 2 1/2 baths, screened porch & deck. Motivated. Make offer. Reduced to \$245,000. Please call for our Fall brochure. Marlon King Realty - 734-5667. gC53

**Real Estate for Sale**

**SO. JAMESPORT 3 BR** Ranch. 17x17 fin. den plus 15x15 fin. rm. in bsmt., LR/wood burning stove. In-ground pool, walk to beach, marina close by. In-ground irrigation, landscaped 1/2 acre. 180,000. 722-4784. gC02

**GARDEN CITY MINT** Mott Tudor, 3 BRs, 1 1/2 baths, FDR, large EIK, LR/fpl, stained glass doors, jalousie porch. Move-in cond. \$360's by owner. 294-8499. gC54

**MATTITUCK COUNTRY RANCH** in bayside community features LR/fpl, DR, EIK, laundry rm., Master BR & bath plus 2 BRs, 1 1/2 baths, bsmt., 2 car garage. Professionally landscaped \$195,000. Cutchogue Waterfront. Mint 2 BR, 2 bath, LR/fpl, country kit., dock, bay views, southern exposure. \$299,000. Southold Cape in secluded setting. LR, DR, EIK, 4 BRs, 2 baths, treed lot, deep water mooring available. Must sell \$175,000. Mattituck immaculate Colonial in private community. Large LR, FDR, EIK, fam. rm/fpl, 4 BRs, 2 1/2 baths, fin. bsmt., boat dock, beautifully landscaped. \$245,000. Lewis Realty Group 734-5533, 765-5810, 298-4600. gC53

**CUTCHOQUE. FIRST OFFERING.** Lovely 3 BR, 2 bath Ranch on quiet street. Walk to town & beach. \$149,000. Southold exclusive. Down a country road to a special hideaway. Dramatic Master suite with sitting rm. & jacuzzi, plus 3 BRs, LR, kit, decks. Walk to sandy beach. \$199,900. Mattituck Waterfront. Some TLC needed for this 4 BR, 2 bath home. LR, Kit/dining area on 1/2 acre. Best views. Asking \$270,000. Greenport. Part antique 2 story. LR, DR, EIK, charmingly different. 3 BRs, 1 1/2 baths, deck to garden, barn/shed plus extra lot for \$210,000. Walk to town. Year round rental - New creek front Ranch in Southold. 3 BR, 2 1/2 baths, great rm., kit, deck, A/C, oil heat, many extras. \$1175. Marilyn Lang Realty 734-6472. gC53

**NORTH FORK. BAYSIDE** Cottage. Just reduced \$25,000 for quick sale! This adorable summer home offers 6 rms (3 BRs), enclosed porch, log burning fpl, appliances. 500 yds. to private, sandy beach. Terms. \$125,000. Mattituck. Big boats welcome at this safe harbor. Oversized 8 rm. Ranch (4 BRs), fpl, bsmt., double garage, floating dock. Asking \$275,000. Must sell. Make an offer. Book-miller Realty 722-4423. gC53

**GARDEN CITY STORY** BOOK Colonial. 3 BRs, new bath, EIK, roof, siding, windows, rec. rm., LR/fpl, FDR. Low taxes. Ask \$315K 741-3878. Open House Sun., Oct 4, 12-2 p.m. Principals. gC02

**PRESTIGIOUS STEWA** HOUSE. Spacious L sh. Studio. New paint, appli. & wall to wall. Desirable of building location. Hes. of Village. Walk to all, parking. \$70,000. 486-3361. gC02

Real Estate For Sale

80. JAMESPORT 3 BR Ranch, 17x17 fin. den plus 15x15 fin. rm. in bsmt., LR/wood burning stove. In-ground pool, walk to beach, marina close by. In-ground irrigation, landscaped 1/4 acre. \$180,000. 722-4784. gc02

LONG BEACH CONDO. Mint 2 BR, 1 1/2 baths, washer/dryer. Walk to RR, beach & stores. Amenities include 24 hr. security, jacuzzi, pool, health spa on premises. No reasonable offers refused. 437-4040. Ask for Jim. 432-3626 evcs. gc02

GARDEN CITY MOTT Colonial Center Hall, leaded glass entry, dentil moldings, bay windows, oak floors, gas heat, wide lot, circular driveway. Owner. Mid \$300's. Leave message. 248-4844. gc02

EAST HAMPTON. 6 BRs, 5 baths, pool, fully furnished \$1,800,000. Aspen, Colorado. 5 BRs, 4 1/2 baths, \$2,300,000. Principals only. Call 212-761-2655. gc03

SOUTHOLD TOWN SOUNDFRONT Ranch on acre with beach & pool. 3 BRs, 2 baths, many extras. Call owner \$425,000. 477-2051 after 6 p.m. gc04

SOUTHOLD EASY LIVING. 3 R, 1 1/2 bath Ranch, nearby deeded beach rights, private community. Owner \$169,500 477-2051. Call after 6 p.m. gc04

PRESTIGIOUS TUDOR HOME in Estate Section of Garden City. 100 x 150, 5 BRs, 3 1/2 baths, FDR, LR, EIK, Breakfast rm., 2 car garage. Must sell! Principals only. Mid \$800's. 548-8457. Leave message. h4

SOUTHOLD WATERFRONT MAGNIFICENT 1.3 landscaped acres. 250 feet waterfront w/dock, in-ground pool w/slide, 60 foot entertainment deck off DR & LR/Fpl. Large kitchen with brick wall barbeque & bay window dining area, laundry room, den, 4 BRs, 3 1/2 baths, finished lower level, Fpl., 4 zone heat, CAC & central vac., 2 car garage, sprinklers, much more. \$495,000 firm. By owner. 765-9296. gc03

GARDEN CITY NEW on market. One of a kind Contemp on Clinch Ave. Large property with 2 car garage. Call for details. \$390K 775-8875. gc04

GARDEN CITY MOTT Colonial. 3 BRs, 3 baths, fin. bsmt., 27 kit, fpl, \$375K neg. Principals only. 741-8664. gc01

WEST HEMPSTEAD HI Ranch in business zone. 6 rm. apartment plus 5 rm. modern office, fin. bsmt. plus storage. Excellent for professional use. Great exposure. Pass by and take a look. 411 Hempstead Ave. \$239,000. Owner 485-7717. gc03

FLORAL PARK VILLAGE Colonial 60 X 100, 2 car garage. Move-in cond. \$297,000. Principals 326-1269, 775-6927. gc03

Real Estate For Sale

MONTAUK 2 RM. Co-op. One hundred feet from beach. Electric heat/air conditioned. Walk to dining, shopping. Sleeps four. Full kit, cable TV. Must sell. Asking \$40,500. Great rental history. 724-5672. gc01

WATERFRONT HOME W/DEEP water dock and view. Huntington. 3 moorings. LR w/fpl, DR, 2 1/2 baths, decks 3 levels. Harborfield School Dist. Call owner for details 261-0652. gc03

GARDEN CITY COLONIAL. Custom made, mint, plastered walls, 3 BRs, 2 1/2 baths, LR/fpl, DR, large EIK, den, fin. bsmt., garage. Walk RR & courthouses. Principals only. Asking \$339K 747-8719. gc04

SHINNECOCK HILLS, SOUTHAMPTON 1900 + square foot Ranch. 3 BRs, 2 baths, many built-ins. 1.4 acres, mature plantings about Shinnecock Hills Golf Club. \$275,000. Call 283-4461 for details. gc03

GARDEN CITY ESTATES. Spacious Oxford Blvd. Colonial. 5 BRs, 4 1/2 baths, LR/fpl, FDR, den, huge mod. EIK, full bsmt., attached 2 car garage, 1/3 acre. Great value at \$795,000. Very flexible owner financing. 248-2450. gc01

NORTH FORK - We have over 3,000 listings in every village, town and hamlet from Calverton to Orient Point! Whether you're interested in a home, farm, building lot, business or waterfront dreamhouse... just call one of our fifteen professional brokers and we'll give you what you want... without a lot of nonsense and for the best price! Our reputation for integrity and fast results is well documented so please contact us today! Celtic Realty, Celtic Center, Mattituck. 298-8000. gc04

SOUTHOLD, OWNER RE-LOCATING. 3 BR, 2 Bath Ranch, vinyl siding, Florida room w/skylights, country kitchen, split design, A/C, oversized detached 2 car garage. Walk to L.I. Sound. Mint condition. Priced to sell. 765-5496. gc03

GARDEN CITY ESTATES. 4 BR, 3 bath Colonial on 60x100 plot. FDR, LR/fpl, library, large EIK with deck. Fin. 3rd floor. Walk to RR. Principals only. No brokers. Owner, neg. All reasonable offers considered. 746-6893. gc01

Co-Op For Sale

GARDEN CITY CHERRY Valley. Mint, second floor, 2 BRs, new kit, bath/carpets. Private corner, large garden. Maintenance 81% deductible. \$115,000. 742-8659 gc03

MINEOLA HORTON HOUSE CO-OP: Front apartment, 1 BR, new kitchen, updated bath, loads of closet space, air conditioning. Parking available on and off premises. maintenance \$491. Principals only. \$89,500. 741-5210. gc04

Co-Op For Sale

ROCKVILLE CENTRE CO-OP. Spacious, airy, pretty 1 BR garden apartment. Great location. Walk to RR. Ceramic floor. Wall-to-wall carpeting. Mod. appliances. Plenty of closets. Very low maintenance (\$381.92). Low electric & parking. Owner asking \$95,000. 536-8939. gc03

GLAMOROUS GRAMERCY PARK. Gorgeous views of New York City. Large 1 BR, new gourmet kit, sun deck, 24-hour doorman. Garden City owner. 742-1617. gc03

MINEOLA HORTON HOUSE. Large 1 BR Co-op. New kit with dishwasher, sunny corner. Must see. Near RR & hospital. \$85K. Evcs. 248-4171. gc04

CHERRY VALLEY APARTMENTS. 1 BR, mod. kit & bath, large LR, central air. Great location. Walk to RR & shopping. \$69,990. 877-1437. h4

GARDEN CITY, HAMILTON House, 101 Second Street. Unique 1 BR Co-op. New Kitchen, lots of extras. A steal at \$70,000 (Days) 718-641-4845. (Eves.) 516-741-8894. gc03

MINEOLA HORTON HOUSE 1 BR, large LR, secure building convenient to RR, hospital, stores. Must sell. \$72,000. By owner. 747-8711. gc01

FLORAL PARK CO-OP large 1 BR renovated EIK, walk to all. Large closet space. Good location. Asking \$70,000. 775-1353. gc03

GARDEN CITY, CHERRY Valley. 2 BR Co-op, first floor. New bathroom, modern, washer/dryer, A.C., extras. \$125,000. Owner. (516) 746-5168 evenings. gc04

GARDEN CITY - STEWART Ave., 3 BR, 2 Bath, FDR, LR/Fpl, washer/dryer. Maintenance \$1,110/mo. 70% tax deductible. Make offer (212) 841-7887 days, (516) 746-4165, evcs. and weekends. gc03

GARDEN CITY / HEMPSTEAD. For rent/sale, or rent w/option to buy. By Owner. Spacious 1 BR, new kitchen & bath, wall to wall padded carpeting throughout. Garage space available. Convenient to all: LIRR, buses, shopping, parkways, JFK, LaGuardia, etc. \$875 per month. Sale price negotiable. (516) 538-1338. gc04

GARDEN CITY 2 BR, top floor, end unit facing 15th St., A/C, wall to wall, attic, garage, washer/dryer, all appliances. \$117,000. 294-0269. gc01

GARDEN CITY CHERRY Valley, first floor, 2 BR, large LR, wall to wall carp., dining area, full kitchen, spacious closets. Walk to RR & stores. Ideal for one or two. asking \$105,000. 248-7640. gc02

GET RESULTS! Place an ad in our Classifieds for reasonable rates and prompt results. Call 931-0012

OPEN HOUSE

MINEOLA - 2 GARDEN Plaza (Birchwood) Apt. 5-F. Sun., Sept. 20, 2-4 p.m. Largest 1 BR in complex. New bath & kit. Call Eileen Kane, Tulp Real Estate 354-0500. gc03

OPEN HOUSE - SUNDAY, SEPT. 20, 2-4 p.m., 254 New Hyde park Rd., Garden City. Owner anxious. Submit all offers. Asking \$299K. Molloy Realty 747-2010. gc03

OPEN HOUSE - GARDEN CITY Co-Op, Sat., Sun., Sept. 19 & 20, 1-5 p.m., 223 Seventh Street Apt 11, 2 BR, second floor, 1 block LIRR/all shopping, center of village. \$119,000. 873-9469. gc03

Real Estate For Rent

GARDEN CITY / HEMPSTEAD - 1BR apartment rent with option. Available Oct. 1. Fully renovated. Owner 338-6640. gc04

GARDEN CITY. ROOM for rent. Private bath with kitchen privileges. Lovely, won't last. \$550 month. Call, leave message & number. Will call back. 741-8533. gc04

FLORAL PARK 5 rooms, 2 BRs, fpl, private entrance, parking. Walk to RR, stores. \$1,025. 378-5612. gc04

POINT LOOKOUT. WINTER rentals, fully furnished, 2 & 3 BR homes. Available Sept. 15. Hardenburgh Real Estate 431-2320, 689-9038. Dotty. gc03

36 HAMILTON PLACE, Garden City, 3 1/2 rm Co-op for rent or sale. Large LR, BR, EIK, dinette area, bath. Includes in-door garage. Walk to RR & shopping. Occupancy Dec. 15. 248-0436. h02

APTS. FOR RENT: Mineola/Westbury. Studios \$500 a month to \$600 a month. Large 1 BR apt in two family house \$725 a month. Beautiful 2 BR apt excellent area \$850 a month. Many more in excellent areas. Royal International 742-3355. w03

FRANKLIN SQUARE 1 BR bsmt apartment. Private entrance \$550 includes all. 481-7934, 489-0275. gc02

WEST HEMPSTEAD. MODERN large brigh 1 BR, new kit & bath. \$775. Mature couple, no pets. Owner 485-7717. gc02

WEST HEMPSTEAD / GARDEN City border. Large furnished rm., private hour. Suitable for non-smoking professional male. Share bath, over-night street parking, convenient to all. Immediate occupancy. \$400 monthly includes heat. One month's security & references. 489-5941. gc02

GARDEN CITY SOUTH. Studio apartment with private entrance, kit/dinette & bath. Immediate occupancy. single person. \$ 5 7 5 n e g. 485-0630. gc02

Real Estate For Rent

GARDEN CITY, WYNDHAM West (3 Condos): 2 BR Penthouse Condo, 2 1/2 baths, jacuzzi, roof garden, pool club, 2 car, 24 hr. concierge. \$3,000. 2 BR Condo, 2 1/2 baths, terrace overlooking pond, one floor, same amenities. \$2,600. 1 BR Duplex, 2 baths, patio. Same amenities. \$1,600. Luxury elevator bldg., spacious 1 BR \$1,185. 7th St. 2 BR \$1,395. House for Rent: 3 BR Split, 2 1/2 baths, EIK, fin. bsmt., central air, 2 car \$2,000 - with professional office \$2,500. Garden City Line/Hempstead: 3 BRs, 2 baths, \$1,500. - 1 BR \$1,100. Hempstead Cathedral Garden: 2 BR in elevator building \$950 - 1 BR Walk all \$815, 1 BR \$750. Elaine J. Nolan 485-7054 - 292-9749. w03

CATHEDRAL GARDENS. GARDEN City Border: 1 BR apt located on quiet cul-de-sac block. Near all transportation, shopping & school. Separate entrance, EIK, fully carpeted. \$600. 486-0625 or 292-0484. w04

GARDEN CITY / HEMPSTEAD. Cathedral Gardens. large renovated 2 BR, bright, airy, best in complex. Dishwasher, wall to wall. By owner. \$950. 565-3159. No fee. gc02

GARDEN CITY / HEMPSTEAD. For sale/rent, or rent w/option to buy. By owner. Spacious 1 BR, new Kitchen & Bath, wall to wall padded carpeting throughout. Garage space available. Convenient to all: LIRR, buses, shopping, parkways, JFK, LaGuardia, etc. \$875 per month. Sale price negotiable. (516) 538-1338. gc04

PROFESSIONAL SPACE AVAILABLE for sub-lease. Ideal for psychotherapist, dentist, or physician. 460 sq. ft. first floor, Garden City Medical Center. Contact Dr. William L. O'Connell. 741-4415. gc03

WEST HEMPSTEAD - 2 LARGE Rooms, full bath, utility kitchen, private entrance, upstairs, all wood floors, freshly painted, A/C, furnished or unfurnished, utilities included. Wildwood section. Near all. \$600. 486-2427 or 486-1848. gc03

ALBERTSON: LARGE FURNISHED Room. Large walk-in closet. Private entry, refrigerator, wall to wall. Share bath. Prime location. Non-smoker. Male preferred. \$85 per week. 741-8588. w01

SEAFORD WATERFRONT DUPLEX. Watch the boats go by. 2 BRs, LR, kit, bath & full deck. \$1,150 per month plus utilities. Mrs. Coffee PI 1-2667. gc02

GARDEN CITY BORDER Luxury Apt. Bldg. Plenty of room in these well laid out rooms. 1BR apt. AC, newly decorated, tree-lined street. Private parking. \$825. No fee. 489-3010 days, 483-7449 evcs. and weekends. gc03

**Real Estate For Rent**

**CAPE - 2 BATHS, 4** Master size Bedrooms, Carle Place School District. Large rooms. Near All. Asking \$1,550. 746-5320. Rummel Real Estate. wS3

**WEST HEMPSTEAD.** LARGE 1 BR apartment. LR, EIK, full bath, lots of closets, second floor, private entrance, non-smoker, no pets. \$750 plus electric. 483-8919. gcO2

**GARDEN CITY FURNISHED** room, separate entrance, private bath, non-smoker. Mature business person - male preferred. References & security. 741-0535. gcO4

**STORE FRONT FOR lease.** Available early 1993. Willis Ave. bet Fordham & Harvard Sts. Office or retail space, 2100 sq. ft. Contact owner 746-3141. wS3

**GARDEN CITY ROOM FOR Rent.** Furnished bedroom, share kitchen and bath. Employed only. \$350/month. 741-3089 evenings. gcSe3

**NEW HYDE PARK CAPE 3 BR,** 1 bath, EIK, LR, \$1100. No pets, plus utilities. Principals only. 328-7059. wS3

**5 1/2 ROOM APT. NEAR** hospital and RR. Immediate occupancy. \$875 per month. Call 626-2762 or 928-7394. wS3

**GARDEN CITY, 1 BR,** bath, kit privileges, non-smoking female only. Close to Country Life Press station. \$450 per month. 333-5626 before 6 p.m.; 248-8531 after 8 p.m. gcO2

**MINEOLA - FURNISHED** RM with bathroom. Non-smoker. No overnight visitors. Private entry. 747-1110. wO1

**GARDEN CITY SOUTH** New furnished basement apartment. One Bedroom, Kitchen, Bath. Separate entrance. No Pets, non-smoker, \$600 mo. includes utilities. Call 469-1150. gcO1

**GARDEN CITY, LOVELY,** quiet, furnished room. Private entrance, bath. Mature, non-smoker preferred, references. 746-0018. gcO1

**FRANKLIN SQUARE, SPA-** CIOUS 3-Room Apartment, second floor, new EIK with new appliances, wall to wall, A/C, full bath. Near all. Heat included, no pets, no children, non-smoker. References, business single or couple. \$750. 352-9097. Please call after 5 p.m. g c o f 1

**Vacation Rental**

**MARCO ISLAND - FLORIDA.** French Village Condo. 2 BR, 2 Bath, Pool, beautifully furnished, steps to Gulf beach. Avail. Sept-April, weekly/monthly. Reasonable rates. (718) 352-5798. hOct2

**POCONOS TOWNHOUSE.** Top of Camelback Mountain. Ski on/off. 3 BR, 2 1/2 Baths. Great Room. Full kitchen. Deck w/three State view. Jan.-Feb. \$5000. 747-7019. gcS3

**Vacation Rental**

**MONTAUK FALL GET-A-**WAY special 4 days \$255 a couple. 2 rm suite, heat, full kit. Sleeps 4. Walks, dining, shopping. Hundred feet to beach. Also for sale \$40,500. Immaculate. Call 724-5572. gcO1

**MT. SNOW, VERMONT** Fall foliage and ski season. Large fully equipped luxury Condo with sauna and hot tub. Sleeps 8, club house on premises with tennis, gym and swimming. Golf and lake nearby. Rental packages available. Call 741-1824. gcO5

**SANIBEL ISLAND, FLORIDA** Tropical paradise. Sundial Beach and Tennis Resort. Soft courts, golf, 5 pools, all sports, 2000' beach, restaurants, shopping. Complete Gulf-front resort. 1, 2, & 3 BR, full kitchen. Rent daily or more. Reasonable. (516) 746-2211. gcO2

**MARCO ISLAND, FLORIDA** - Immaculate 2 bedroom, 2 bath Condo, screened Lanai/pool across from beach. Available Oct. 1 - March 1. (201) 256-4497 after 5. gcSe3

**MT. SNOW/HAYSTACK.** Large fully equipped 4 BRs plus loft, 2 1/2 baths with color TV, VCR, microwave. Available by the week or week-end. Beautiful views, lots of privacy. Near golf courses & lakes. Call 466-6120. gcO2

**MARCO ISLAND 2 BR, 2 bath** Condo on gulf beaches, tennis, pool. South Seas East Midrise. 271-6479. gcO2

**TIME SHARE, 1 or 2 weeks** available at Disney World, Florida or any place in the U.S.A. or Europe. \$900 per week. Call Ann 746-4631. gcO2

**POCONOS, ENJOY 20 mile** Fall foliage views from our mountain top townhouse. 1,750' up Camel Back Mt. 3 BRs, 3 baths, great rm., kit. From \$125 per night. Ski on/off. House available Jan. & Feb. \$5,000. 747-7019. gcO2

**SKI HOUSE, VERMONT.** 10 miles to Mt. Snow or Stratton. Cozy chalet sleeps 6-8. 1 bath. Nov. 15 - April 15. \$4,250 includes all. 294-6784. gcO2

**BROMLY/STRATTON MOUNTAIN.** Large, fully equipped 3 BR, 2 1/2 baths, color TV, VCR, microwave on mountain near all ski/shopping outlet centers. Season rental available. Call: Days 212-546-2966, eves: 516-488-7399. gcO3

**Real Estate Wanted**

**YOUNG COUPLE SEEKS** to purchase 3 BR Colonial, 1 1/2 Baths, EIK, Formal Dining Room. Williston Park area. No Brokers. Call 538-1738 - Leave message. hs4

**QUIET, NEAT, NON-**SMOKER, mature professional male needs furnished room with parking/kitchen. Mon.-Fri., 8-4:30 - 683-5111; eves., weekends, 10-8 - 742-2728, Andrew. gcse4

**Real Estate Wanted**

**GARDEN CITY - HEMPSTEAD - 1 BR** Apartment, rent with option. Available October 1. Fully renovated. Owner, 338-6640. gcse3

**MATURE WOMAN DESIRES** one BR apartment by Oct. 1. Near RR. \$650-\$700. Call 718-836-8955 after 8 p.m. weekdays, any time weekends. hO2

**RENTAL HOUSE WANTED.** Responsible couple with child. 3/4 BRs, den or office/basement. References available. Principals only. 489-7433. gcO1

**PROFESSIONAL SEEKING** ONE or two BR cottage in Williston Park or vicinity. Call 538-8054, leave message. wO2

**YOUNG MARRIED PROFESSIONAL** couple looking for quiet 1 BR apartment/cottage in Nassau/Western Suffolk. No broker. Call 742-3265. gcO2

**RESPONSIBLE RETIRED COUPLE** wishes to house sit or rent home/small apartment for the month of Feb. and/or March. Reasonable rents only. We are quiet, non-smokers, have no pets. 294-8592. gcO2

**PROFESSIONAL COUPLE** LOOKING for 3 BR Colonial w/fpl, den, FDR. East Williston or Garden City. Principals only. 718-454-0141. gcS3

**Roommate Wanted**

**SINGLE, YOUNG, PROFESSIONAL** female seeking roommate with apartment to share near Winthrop Hospital area. Please leave message (718) 423-3904. gcO1

**For Sale**

**ELECTRONIC STAIR MACHINE** and exercise bike. \$200 takes both. Not sold separately. 873-5310, leave message. gcO2

**ANTIQUE CAMELBACK COUCH,** 86" long, needs reupholstery, \$350, and Early American hi-boy, Queen Anne legs, bonnet top, 3 sided glass antique finish, \$400. 741-0121. gcse3

**SELLING CHILDREN'S NEW &** almost new girl's Rothchild's dress coats, size 2-6, boy's Imp. Blazer and nautical dress coat size 4 & 7, girl's Sylvia White, Sarah Kent dresses size 2 & up. Displayed Monday, Sept. 21, 10-1. Call 746-5606, 248-0787. gcO2

**LOVELY DREXEL KING SIZE** Bed w/mattress and boxspring and matching triple dresser w/mirror. Singer Sewing machine in oak cabinet. Children's double desk and dresser, oak w/formica tops. Twin size bed w/storage headboard. Whirlpool Dazey turbo jet. Many fine buys. 484-0129. wO2

**LOVE SEAT TWIN SIZE** Castro Allison with bed frame. Never used. Cream colored with armed sleeves. Excellent condition \$250. Eves. 741-0711. gcO2

**For Sale**

**PIANO - BABY GRAND 4' x 7'** Fruitwood, storage bench, French Provincial, perfect condition. Call Elaine at (718) 392-7744. Evenings - 212-249-9046. hseP4

**COUCH/CLUB CHAIR (olive)** \$400, coffee table (rect) \$150, 2 lamps \$25 each, 1 hall chandelier \$50, kitchen set (formica) \$100, ping pong table \$50, bookcase \$50, buffet \$300, 2 oriental rugs (9x12) \$100 each, remote control model plane and related equipment \$300. 746-6074. gcSe3

**BRASS BED ANTIQUE** Repro., queen size, solid brass, great condition. \$425. Call 485-4280. gcse4

**ANTIQU HINDU BRONZES** plus 2 stone images of Ganesh. By appointment only. 747-6446. gcse4

**FRENCH PROVINCIAL LOVESEAT,** fruitwood trimmed, brocade beige fabric with small red & gold flowers, 2 matching pillows, \$225; Stuffed table lamps, crystal and antique brass, \$125; floor lamp, antique brass, \$50. 742-1548. gcse4

**MUST SELL BRAND NEW SOFA** Ideal for LR or family room. Great for college. 248-7147. gcse4

**ANTIQU COLLECTORS - 1920's** Oxford Universal stove Model A-20-2TMX mfg. Cribben & Sexton Co., Chicago, New York, and San Francisco. Features Robert Shaw automatic cook oven, 4 burners, 3 drawers, lift up top, green marbelized porcelain top with cream sides & trim. Excellent condition and in working order, operates on regular natural gas. Large 1920 pedestal bathroom sink. Excellent condition, bone color. Location Garden City. For information call (718) 352-4800. Mr. Walter. gcse4

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**SOFA BED, BROWN & beige** plaid, queen size mattress. Good condition. \$60. Sofa - flower beige print. Good condition. \$50. 248-6171. wS4

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**CHERRY ENTERTAINMENT CENTER,** Thomasville. Purchased new 9 months ago for \$1,700. Beautiful piece but must sell. Asking \$1,000. Call 326-6852, leave message. gcO2

**LOVELY CARVED WALNUT** Buffet from the '20s. Asking \$800. Large walnut dining table \$600. 12'x16' Persian rug - \$3,500. Ping pong table and other household. 741-3513. gcse3

**ANTIQU OAK FURNITURE** for sale. 2 Dressers, 1 Glass Door Bookcase, Child's Roll Top Desk. 294-7645. gcO1

**APPLE II COMPLETE SET** UP 64 K main memory plus expanded 256 RAM, dual disk drives, 80 column card, printer, software. Ideal for school, home. Make offer. Call 747-1838. gcO1

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**COUCH/CLUB CHAIR.** Wood frames, cane sides, velvet fabric. Good condition. Must see. call for appointment. 921-1755 between 4 and 6 p.m. gcO1

**DINING ROOM SET** Nathan Hale trestle table, 2 leaves and pad. Six chairs, hutch and corner hutch with lights. Excellent condition. Call after 4 p.m. 746-4566. wO1

**BED ROOM SET.** MAHOGANY, 5 piece; Entertainment Center, oak, 3 pieces; new electric stove (apartment size); electric built-in grill w/custom hood and remote blower, tanning canopy, Mason's pink vista dishes. 489-2582. gcO2

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**WROUGHT IRON & GLASS** Indoor/Outdoor dining room table, extension table and 6 chairs. Needs painting. Any reasonable offer will be considered. Call after 5 p.m. 352-1927. gcO2

**Boat For Sale**

**1985 STARCRAFT ALUMINUM** 16 1/2 feet, 1987 28 HP Evinrude electric start. Low hours. 1989 Caravan trailer. Excellent condition. \$2,400. 294-8239. gcO2

**Car For Sale**

**1987 OLDS CUTLASS** Station wagon. 70,000 miles. Good condition. Perfect station car. \$4,000. 741-3408. gcSe4

**Car For Sale**

'84 TOYOTA SUPRA. White, 5 speed, good cond. 68K miles, many extras. \$2,850. 358-9867 eves. gc01

1987 VOLVO 240 DL Wagon, maroon, 37,250 miles, A/C, auto folding rear trunk seat. \$6,200. Call 746-7441. gc01

1990 FORD STATION WAGON 8,400 miles, like new. Elderly woman original owner. Garden City Car. \$7,950. 746-2183. gcse3

1984 BUICK REGAL LTD cream with blue top, 74,000 miles, very clean, new carburetor, A/C. \$1,800. 294-8239. gcse4

1981 OLDS '98 Regency Coupe. Original owner, super engine, fully loaded, moon roof, no accidents. Must sell. \$500. Worth a lot more, call for details. 742-8689. gc01

'88 TOYOTA TERCEL, blue, automatic, 45K, excellent condition, new tires, A/C, AM/FM stereo \$4,500 neg. (516) 358-7846 after 6 p.m. gcSe3

1984 NISSAN STANZA. Automatic, A/C, AM/FM cassette. New tune up, battery, brakes, exhaust system. \$1,950. Leave name and phone. 747-8406. gcSe3

1984 - LINCOLN CONT. Turbo diesel. Excellent condition. Best offer. 741-0114. wo2

'86 OLDS 98 REGENCY Brougham. Please call only if you want beautiful, reliable, luxury car in excellent physical and mechanical condition at a great price of \$6,500 firm. White/burgundy, 56,000 miles. 745-0707. gc02

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**LOST - REWARD \$** Cocateel Bird. Whittish-yellow w/two orange spots on his face. Name is Rocky. If found call (718) 423-0421 or (718) 423-6244. gcspp3

**WIREHAIR FEMALE FOX** terrier. White & brown. Lost in Muttontown. Wears a red collar ring. If seen, please call 364-7564. Reward!! for returning dog. h54

**LOST - BIG, BLACK** Cat with green eyes on August 31. Please call 747-2310 days, 294-4342 eves. Answers to "Mickey." Garden City Area. gco1

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**Fair**



**VENDORS WANTED FOR Craft's Fair** to be held at St. Joseph's School, Garden City on Saturday, Oct. 24, 10 a.m.-4 p.m. For information and application call 741-7407 or 741-7764. gcO2

**Garage/Tag Sale**

**YARD SALE SAT.** Sept. 12, 10 a.m. - 4 p.m. Kitchen set, appliances, dishes, clothing, jewelry, household, rugs, all kinds of furniture, antiques and so forth. First Presbyterian Church, Main Street (across from Post Office) Mineola, downstairs in auditorium. gc53

**SAT. & SUN.,** Sept. 26 & Sept. 27, noon-5 at 189 Parsons Dr., Hempstead (off Front St.). Gigantic book & record sale. gc54

**TAG SALE/GARAGE SALE** Moving to smaller quarters. Old furniture, sleep sofa, large screen projection TV, black lacquer queen platform bed, rockers, oak sewing cabinet, antique carriage, china closet, desks, hisser, patio set, dolls, toys, household, books, tons of bric-a-brac. Be prepared to dig. No previews. Fri. & Sat., Sept. 18 & 19, 10-4 at 26 Hilton Ave., Garden City. gc53

**TAG SALE - GARDEN CITY** Relocating. Must sell 5 hand-some BR sets, 2 mahogany (twins, doubles), canopy bed, charming sofa, pair of Queen Anne chairs, unique old tables, ornate lamps, large 40" mirror, colored TVs, VCR, speakers, interesting bric-a-brack, 2 desks, electric typewriters, lovely crystal chandeliers, pictures & paintings, nice books, draperies, linens, hammock, patio set, 2 gas barbecues, plants, grandma's baby equipment, dehumidifier, kitchen items and much more. Please join us at 106 Stratford Ave. (off Nassau Blvd. north of Stewart) Fri. & Sat., Sept. 18 & 19, 9 a.m.-2 p.m. gc53

**GARAGE SALE - MOVING** Sale - Sat., Sept. 26, 9-3 p.m.. 36 years accumulation - antiques, Avon, cribs, microwave, dehumidifier, dishes, stereo and lots more. Something for everyone. Everything must go. 47 Russell Rd., Garden City. gc54

**GARAGE SALE - SAT.,** SEPT. 26, 10-3 at 114 Locust St., Garden City. Wicker set, furniture, baby items and much more. Rain date Oct. 10. gc54

**Garage/Tag Sale**

**GARAGE SALE - NEW HYDE PARK** Two Houses, 26 Sperry Court, off of New Hyde Park Rd., between Hillside and Jericho Tpke., 9 to 3, Saturday, Sept. 19. Rain date Sept. 20. wa3



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**MAY THE SACRED** heart of Jesus be adored, glorified, loved and preserved throughout the world now and forever. Sacred Heart of Jesus, pray for us. St. Jude, helper of the hopeless pray for us. Say the prayer 9 times daily; by the 8th day your prayers will be answered. My prayer has been answered. Say it 9 days; it has never failed. Publication must be promised. I have had my request granted. J.S. gc53

**NOVENA TO ST. JUDE**  
Oh Holy St. Jude, Apostle and Martyr, great in virtue and rich in miracles, near kinsman of Jesus Christ, faithful and intercessor of all who invoke your special patronage in time of need, to you I have recourse from the depths of my heart and humbly beg to whom God has given such great power to come to my assistance. Help me in my present and urgent petition. In return I promise to make your name known and cause you to be invoked. St. Jude, Pray for us all - so invoke your aid. Amen. Say 3 Our Fathers, 3 Hail Marys, 3 Glorias. Say for 9 consecutive days. Publication must be promised. This novena has never been known to fail. Thank you for answering my prayers. A.M.L. gc53

**PRAYER TO THE BLESSED VIRGIN** (Never known to fail). Oh, most beautiful flower of Mt. Carmel, fruitful vine splendor of Heaven, Blessed Mother of the Son of God. Immaculate Virgin, assist me in my necessity. Oh, Star of the Sea, help me and show me, herein you are my mother. Oh, Holy Mary, Mother of God, Queen of Heaven and Earth! I humbly beseech you from the bottom of my heart to succor me in this necessity. There are none that can withstand your power. Oh, show me herein you are my mother. Oh, Mary conceived without sin, pray for us who have recourse to thee (3X). Holy Mother, I place this cause in your hands (3X). Holy Spirit, you who solve all problems, light all roads so that I can attain my goal. You who gave me the divine gift to forgive and forget all evil against me and that in all instances in my life you are with me, I want in this short prayer to thank you for all things as you confirm once again that I never want to be separated from you in eternal glory. Thank you for your mercy toward me and mine. The person must say this prayer 3 consecutive days. After 3 days, the request will be granted. This prayer must be published after the favor is granted. JZ. gc53

**NOVENA TO ST. JUDE**  
Oh Holy St. Jude, Apostle and Martyr, great in virtue and rich in miracles, near kinsman of Jesus Christ, faithful and intercessor of all who invoke your special patronage in time of need, to you I have recourse from the depths of my heart and humbly beg to whom God has given such great power to come to my assistance. Help me in my present and urgent petition. In return I promise to make your name known and cause you to be invoked St. Jude, pray for us all who invoke your aid. Amen. Say 3 Our Fathers, 3 Hail Marys, 3 Glorias. Say for 9 consecutive days. Publication must be promised. This novena has never been known to fail. Thank you for answering my prayers. T.D.C. gc53

**PRAYER TO THE BLESSED VIRGIN** (Never known to fail), Oh, most beautiful flower of Mt. Carmel, fruitful vine splendor of Heaven, Blessed Mother of the Son of God. Immaculate Virgin, assist me in my necessity. Oh, Star of the Sea, help me and show me, herein you are my mother, Oh, Holy Mary, Mother of God, Queen of Heaven and Earth! I humbly beseech you from the bottom of my heart to succor me in this necessity. There are none that can withstand your power. Oh, show me herein you are my mother. Oh, Mary conceived without sin, pray for us who have recourse to thee (3X). Holy Spirit, you who solve all problems, light all roads so that I can attain my goal. You who gave me the divine gift to forgive and forget all evil against me and that in all instances in my life you are with me, I want in this short prayer to thank you for all things as you confirm once again that I never want to be separated from you in eternal glory. Thank you for your mercy toward me and mine. The person must say this prayer 3 consecutive days. After 3 days, the request will be granted. This prayer must be published after the favor is granted. J.S. gc53

**MAY THE SACRED HEART OF** Jesus, be adored glorified, loved and preserved throughout the world now and forever. Sacred Heart of Jesus pray for us. St. Jude, worker of miracles pray for us. Helper of the helpless pray for us. Say this prayer 9 times a day. By the 8th day, prayers will be answered. Publication must be promised. J.S. gc53



**MAY THE SACRED** Heart of Jesus be adored, glorified, loved and preserved throughout the world now and forever. Sacred Heart of Jesus, pray for us. St. Jude, worker of miracles, pray for us. St. Jude, helper of the hopeless, pray for us. Say this prayer for nine days, nine times a day. Publication must be promised. P.M. h53

**NOVENA TO ST. JUDE**  
Oh Holy St. Jude, Apostle and Martyr, great in virtue and rich in miracles, near kinsman of Jesus Christ, faithful intercessor of all who invoke your special patronage in time of need, to you I have recourse from the depths of my heart and humbly beg you to whom God has given such great power to come to my assistance. Help me in my present and urgent petition. In return I promise to make your name known and cause you to be invoked St. Jude, pray for us all who invoke your aid. Amen. Say 3 Our Fathers, 3 Hail Marys, 3 Glorias. Say for 9 consecutive days. Publication must be promised. This novena has never been known to fail. Thank you for answering my prayers. M.B. gc53

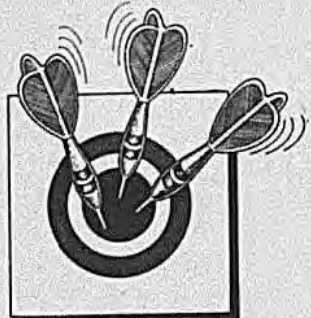
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# ANTIQU OR JUNQUE



By James G. McCollam

## A walnut chair in perfect condition

**Q.** I have just had my great aunt's chair refurbished. I have no idea if she purchased it new or inherited it.

The chair is in beautiful condition. The center back is burl walnut. The top center has a shell pattern as do the legs just below the seat. The frame is walnut.

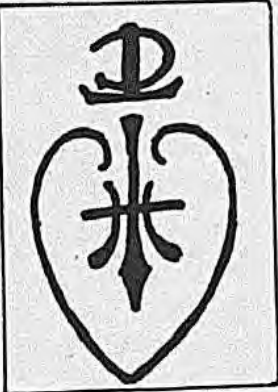
I would like to know how much this chair is worth, when it was made and by whom.



**A.** Your chair is a Queen Anne-style armchair. The maker is unknown. It was made around 1900 and would sell for \$325 to \$335 in good condition.

**Q.** I have a 22-inch oval fish platter with the attached mark on the bottom. The center is decorated with multicolored pike fish swimming in weeds and has a shaped rim.

I would like to know who made this and how much it is worth?



**A.** Your fish platter was made by the Carl Tielsch Co. in Altwasser, Germany. The mark you provided was used about 1900. It would sell for \$175 to \$200.

**Q.** I have two plates that belonged to my grandmother. One of them is marked "J.P. France." The other plate is marked "Germany" and says "Hand Painted."

Will you please tell me whatever you can about these plates and how much they are worth?

**A.** The plate marked "J.P. France" was made by Jean Pouyat in Limoges, France, in the early 1900s. It would probably sell for \$25 to \$35.

The maker of the German plate is unknown. It was made in the early 20th century and would probably sell for \$15 to \$20.

**Q.** I have an Ingersoll Mickey Mouse watch. On the back, it has the number 7842, and there is a small square with the letters "U.S. Time." It still has the original bright-red buckle band, and it still runs.

Can you give me an idea as to the value of the watch?

**A.** This Mickey Mouse wristwatch was made about 1950 by the U.S. Time. It should sell for around \$175 to \$200 in good condition.

**Q.** My father-in-law owns a pocket watch. This watch is an Elgin, number 7367219 and is in a Keystone watchcase.

Can you tell me the approximate value of this watch?

**A.** This Elgin gold-filled pocket watch was made in the late 1890s. It should sell for \$125 to \$135 in good condition.

**BOOK REVIEW**  
"Comic Values Annual — The Comic Books Price Guide" by Alex Malloy, publisher of *Comic Values Monthly* (Wallace-Homestead) lists thousands of comic books, from early Superman com-

ics for several thousand dollars to recent *Action Comics* for as little as \$1.00.

If you have a small collection of old comic books, this price guide will enable you to evaluate each one. It also is a manual to guide the collector in building a choice collection.

McCollam is a member of the Antique Appraisers Association of America.

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## Points on Pets

By R.G. Elmore, D.V.M.

Q. Is there a vaccine for Lyme disease in dogs? We are going to be doing a lot of camping this fall through the United States. What are the signs of Lyme disease in dogs?

A. The signs of Lyme disease in animals are somewhat vague. They include fever, lethargy, lameness, joint swelling and a decrease in appetite. In the United States, 80 percent of cases occur from May through August, with the peak incidence occurring in July. Lyme disease has been reported in nearly all of the states. The disease is most prevalent in areas with high humidity and dense vegetation.

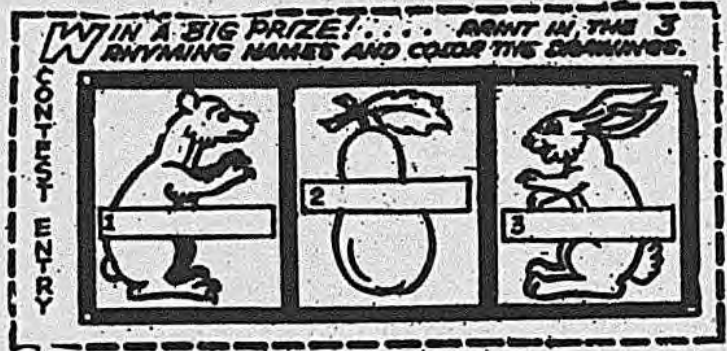
Deer ticks, black-legged ticks and the Western black-legged tick are associated with transmission Lyme disease. It has been estimated that a minimum feeding time of 12 and possibly up to 48 hours is required before the infective spirochetes are passed from the infected tick to the warm-blooded host. Therefore, all pets in areas where ticks abound should be carefully examined daily for ticks.

Adult deer ticks are about the size of a sesame seed. Ticks can be removed by firmly grasping them close to where the mouth parts are entering the skin and pulling slowly.

The national Center for Disease Control recommends that both humans and pets should be examined daily for the presence of ticks. Humans should wear long pants with the bottoms of the legs sealed when entering areas with high populations of wildlife and ticks. Some insecticides can be used on pets to protect them from ticks and other insects.

The United States Department of Agriculture has recently granted Fort Dodge Laboratories unconditional licensure for its canine Lyme disease vaccine. Your veterinarian can give you advice about using this vaccine for your dogs.

## JUNIOR EDITION



## Aunt Tilly's Corner

School has just begun. There are lots of new things for you to learn and remember. One of the most important things is safety rules. Some of you walk to school. Do you always look both ways before crossing a street? Or perhaps you can cross with a traffic officer. Many parents drive their children to school. Do you wear your seat belt? Many buses don't have seat belts. You must remember to stay in your seat until it is time to get out.

Drivers have rules too. But you can help a lot if you are aware and follow the rules that will keep you safe and healthy.

Your friend,  
Aunt Tilly

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Mail your entry (just clip our cartoon) to this newspaper at:  
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## YOUR SOCIAL SECURITY

### Finding insurance to supplement Medicare

By William M. Acosta

Q. I will be eligible for Medicare in a few months. Where can I get information about insurance to supplement my Medicare benefits? G.B.

A. Contact your local Social Security office, state office on aging or state insurance department and ask for a copy of the "Guide to Health Insurance for People With Medicare."

It describes Medicare's benefits and the types of private insurance available to supplement Medicare. If you need help in selecting supplemental insurance, check with your state insurance department. Some departments offer counseling services.

Q. I receive Civil Service Retirement benefits. I have never worked under Social Security coverage. I am not insured for any benefits. Can my Medicare be deducted from my Civil Service pension? K.L.

A. Supplementary Medical Insurance can be deducted from your annuity if:

- You are not entitled to monthly Retirement, Survivor, Disability or Railroad benefits.
- You are not included in a state buy-in agreement.
- You are receiving an annuity under the Civil Service Retirement Act or administered by the U.S. Office of Personnel Manage-

ment.

Q. I filed for Social Security Disability and Supplemental Security Income. If my disability is approved, when will I be able to start receiving my benefits? W.N.

A. If your Social Security Disability claim is approved, your benefits will begin with the sixth month after the date the evidence shows your disability began. This rule applies because Social Security is not intended to cover short-term disabilities.

There is no waiting period for SSI. If your claim for SSI disability is approved and you meet all other requirements, you will be due benefits from the date that you applied. If your condition is so severe that disability can be presumed and you meet the SSI income and resource limits, you may begin to get SSI right away, before the formal disability decision is made.

## YOUR SOCIAL SECURITY

### The World's Most Beautiful Grandchildren



These are my granddaughters who love dancing. Terese, 8; Kathleen, 5 and Carolyn, 7 Fitzgerald. They go to Lee Avenue School and dance at Ella Marie's Dance School.

Ann Schachner  
Hicksville

# FALL/WINTER CAR CARE



Special Edition Appearing in  
Williston Times/Mineola Edition, New Hyde Park Herald Courier, Mid Island Times,  
Bethpage Newsgram, Syosset Advance, Jericho News Journal, Garden City News &  
The Great Neck News

Friday, September 18, 1992

03000

## SAFE DRIVING TIPS

By Brian Alexander

Car buyers have done an about-face. Until several years ago, questions asked during a visit to a dealer were all about performance. The buying public was turbocharged, fuel-injected and multivalve crazy.

Now it's air bags. And anti-lock brakes (ABS). And built-in child seats. In fact, zero-to-60 numbers might be the last thing a car buyer asks about in this age of heightened safety sensibilities.

Car makers have responded by building safer cars. By 1997, every car made in the United States will come with air bags as standard equipment.

Anti-lock brakes have followed a similar path. Soon all cars will have them as standard equipment because of their ability to prevent out-of-control skids.

The move to safety is startling. Air bags are standard equipment on 89 different 1992 model cars. ABS is standard on 80 models. About 120,000 Chrysler minivans have factory-installed child safety seats.

The innovations have been paying off. According to the National Highway Traffic Safety Administration, fatalities in 1991 were 1.9 for every 100 million miles driven, the lowest ever.

So cars today are much safer than just a decade ago, but Detroit has yet to engineer a way to perfect the one piece of equipment that is still the major cause of injuries and death on the nation's

roads — the driver.

Remember, 41,150 people were killed on the roads last year.

Many of them were the result of plain old bad driving, and most were preventable. If a few common-sense tips had been followed, especially among target age groups — small children, teenagers and seniors.

Small children, those under 4 years old and/or less than 40 pounds in weight, should always ride in an approved child safety seat.

But just because it is the law doesn't mean parents always obey. They might if they knew that the seats can cut child fatalities, estimated at more than 700 last year, by up to 70 percent.

Also, many parents do not use the seats properly. Parents should always follow the manufacturer's directions and fully harness the seat in the back seat of the car.

There is a reason why insurance rates for teen-agers are so much more than those for others. Teens wreck lots of cars and kill lots of people, more than any other age group. There's more bad news. While driver's education programs are helpful for teaching teens the basics, studies indicate they do not cut the rate of fatalities and accidents.

That's where parents come in, says the experts. A few easy ground rules can help keep your teen-ager safe.

First, don't let your child drive

a car with more muscle than he or she can handle. High-horsepower cars are an invitation to speed, and when an inexperienced driver speeds, it's just that much easier to lose control in a tight turn or on a slick road.

Second, most teen accidents happen at night. While it may be unpopular, restricting your child's driving hours to daytime or at least into the early evening can pull him or her out of harm's way.

Third, be strict about drinking and driving. Act fast if you suspect your child has had a few beers at a party and driven home. Revoke driving privileges and make it stick.

Fourth, ride with your child once in a while to see how he or she is driving. Tentative and unsure drivers can be as much of a hazard as speedsters. If your child is not confident behind the wheel, maybe a little more training is called for.

Fifth, don't put your child in an unsafe car. Many parents tend to allow children to drive clunkers because "it's just a kid's car." While you needn't run out and buy a new car for your child, you should be sure the automobile your child drives is in perfect working order.

Older people present a different set of problems. They, too, are often the cause of accidents because of diminished sensory abilities, rusty skills or slow reaction times. Sometimes they drive too slowly for road conditions. On the other hand, seniors often depend on their cars for a sense of independence and even their own well-being. This is especially true of rural seniors who need to drive to see friends and relatives and to shop.

Adult children of senior drivers can greatly enhance the safety of their parents. First, as with teenage drivers, it helps to ride with your parents and make a note of any driving difficulties like driving slowly, not signaling for turns or tailgating.

Be sure your parent is still physically able to drive. Sight is crucial. If you have any doubts about your parent's vision, schedule an eye exam, and test for night vision, as well.

Find out if your parents regularly take medications that may hinder their driving ability. Look for combinations of medications that can interact to dull senses.

Use the seat belts. If your car has passive-restraint shoulder belts, be sure also to manually attach the lap belt. Studies indicate not wearing the lap portion of these belts greatly reduces effectiveness.

Have your parent's car regularly inspected. Older folks often cling to cars they have had for many years, and that's fine if everything works properly. If you are shopping for a newer car for a senior parent, be sure the car has some key safety and convenience features like heated windshield defrosters, power steering and brakes, easy-to-read instrument gauges, air bags and ABS.

Also be aware that some states will offer a restricted driver's license to seniors who have some

difficulty driving. These licenses permit driving only during certain hours of the day and within a certain radius of home.

Of course, all drivers should follow the basic rules.

Never drink and drive. About half of all traffic deaths come from accidents in which alcohol or drugs are implicated. That's about 20,000 people who would be alive today had it not been for a drunk or drugged driver. It can't get any plainer than that.

Carry the right equipment. This includes jumper cables, a flashlight, a warning triangle, a flare, a working spare tire, jack and lug wrench, and a first-aid kit. If you suffer a breakdown, get well clear of traffic.

Finally, pay attention. Do not turn to talk to children in the back seat. Do not concentrate on looking for address numbers instead of the road. Keep the big picture of the road in your sights rather than worrying only about the car in front of you. After all, there's no reason why the population of a midsize town has to die every year on roadways.

## CAR FACTS

Most drivers exceed posted speed limits

According to a federal government survey, nine in 10 speed zones have less than 50 percent compliance.



SOURCES: Car and Driver magazine; Federal Highway Administration

### Avoid Overheating

Check the cooling system regularly, replacing bad hoses, frayed belts and worn radiator pressure caps as needed. If you're caught in a traffic jam, put the car in neutral, increase engine idle speed and turn off the air conditioner. If the engine does overheat, pull off the road and turn off the engine. When the engine is cool, add water or coolant while the engine idles. Then drive to the nearest service station. (CNS)

### Lasting Transmission

Make your transmission go the distance by allowing the idle speed to slow to normal after starting the engine. Avoid holding one foot on the brake and the other on the accelerator. Check transmission fluid regularly and, if the fluid has turned brown or smells burned, change the fluid and the filter. (CNS)

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# SEASONAL MAINTENANCE Cool- and warm-weather upkeep advice

By Joel Simon

Winter and summer, every time there's a big change in the weather we've got new chores to do. That goes double for our cars, which run differently in the winter and the summer, suffer with extremes of temperatures and climate, and just generally need a good going over from time to time.

So whether you live in the great white north or in a place that barely notices a difference, the change of the seasons is a good time to open the hood and go through a maintenance checklist. A few minutes spent now can save you dollars; in some winter climates, it can save you a good deal more than that.

## SUMMER CHECKLIST

- **Cooling System.** The cooling system used to be the biggest concern of summer driving. Cars on the side of the road, hoods up and belching steam, were once a common sight.

Improvements in materials and design over the last 20 years have nearly erased that sight from the

highways, but you still need to have your cooling system flushed every year or two, and make sure your coolant is up to snuff. It should be replaced annually to replace depleted additives, and should consist of a 50-50 mixture of antifreeze and water.

- **Oil.** Check your owner's manual for recommended engine oils. Some manufacturers suggest a heavier oil in the summer than in the winter: 10W-30 is probably the most commonly suggested oil.

- **Transmission fluid.** Winter can be very hard on transmissions. Check the transmission fluid level while the engine is running. Pay attention to the color and the smell. If it looks dirty and/or smells bad, have the fluid replaced.

- **Gasoline.** Some gasoline additives used to increase octane are very volatile — they don't like to stay liquid. This isn't much of a problem in the winter, but in warmer weather, they form a gas that can overpressurize your fuel

tank and cause all sorts of problems, especially if your engine has a carburetor.

If your engine acts erratically after you've parked it hot for a while, or if it misbehaves while waiting at traffic lights but runs fine on the highway, you might be experiencing vapor-pressure problems.

The easiest way to get around this is to try another brand of gasoline. Some cars are more susceptible to this than others, and different brands use different additives.

- **Belts.** Your engine's "fan" belts are more likely to squeal in the winter and break in the summer. Look on the belt's inside area for signs of cracking or other wear. Pay special attention to loose belts; it's usually a good idea to replace an old belt that's loose rather than tighten it, since the extra tension often causes old belts to fail.

The new serpentine "accessory drive" belts are more durable and are usually self-adjusting, but still

need to be inspected on the inner, "toothed" surface for cracking and wear.

## WINTER CHECKLIST

Cold weather almost always makes existing problems worse. A driveability problem that is only irritating in the summer can strand you someplace awful in the winter. So maintenance is especially important here.

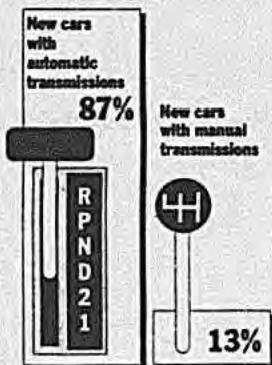
- **Battery.** If you've got a weak battery, the problem will show up in the winter. The only way to troubleshoot the capacity and output of a car's battery is with professional equipment.

If your battery has been around for a long time and you're not sure about it, it might pay to have it checked out. There are some things you can do yourself, though.

Make sure the connections are nice and tight. If there's a wet, gooey coating on top, clean it off with a solution of water and baking soda, and flush with lots of clean water.

## CAR FACTS

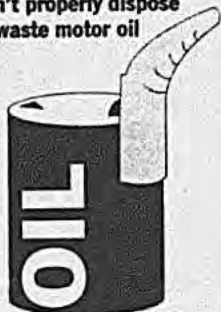
Most car buyers don't want to shift for themselves



SOURCE: Ward's Automotive Reports

## CAR FACTS

Do-it-yourselfers often don't properly dispose of waste motor oil

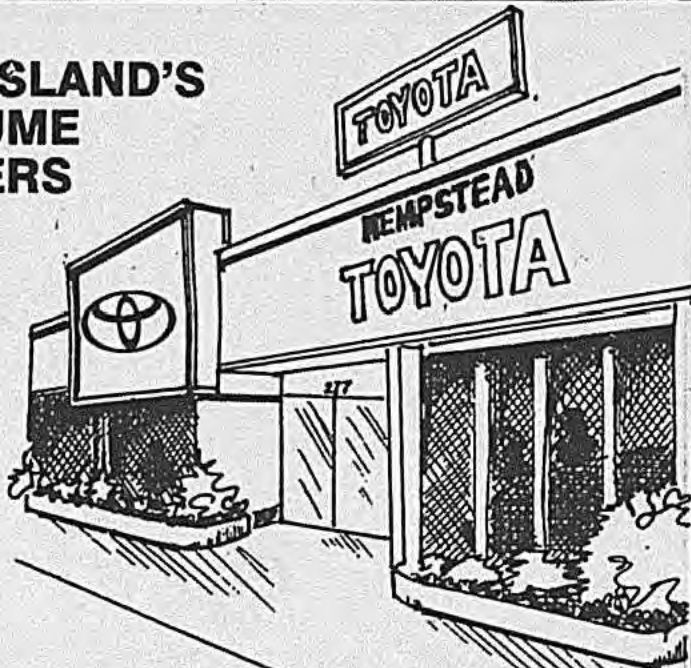


About 250 million gallons of waste motor oil is improperly disposed of each year. Just one quart of oil can foul the taste of 250,000 gallons of drinking water.

SOURCE: Countryside magazine

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CAR FINISHES

How to wash and wax your auto

By Brian Alexander

There is something to be said for Henry Ford's little black Model A's. They all looked the same, they were all painted the same color, and keeping the paint job looking snappy involved nothing more than a quick hosing or a touch-up with any black paint.

Not these days. Things are more complicated.

If you are one of the millions living in the Snow Belt of the United States, your car is battered all winter long with corrosive road salt.

In the West and Southwest, you face unrelenting ultraviolet rays from the sun. If you live anywhere near an industrial region, the rain that falls on your car is a chemical soup of acids.

Car makers have responded by arming autos with better finishes, factory rustproofing and increased use of plastics and vinyls. But no matter how good finish technology becomes, you'll still have to invest a little elbow grease to keep your car looking as good as new as long as you can.

First, wash your car. Sounds easy and it is, but many people simply drive dirty cars. The dirt on those cars is grit often placed there by acid-filled raindrops. Get it off. And if a bird divebombs your hood, get that off, too. Bird droppings are quite capable of removing the top layers of finish.

While washing a car is pretty simple, there are a few tricks that will prevent the washing from doing more harm than good.

Always wash your car when the

exterior surface is cool. Metal, and the finish on it, expands and contracts. Spraying cold water on a hot car forces the finish to contract quickly, thus creating thousands of microcracks.

Rinse the car before you start to wash to remove large grit particles. Use a soft cotton cloth or chamois instead of a sponge to wash the car and use linear strokes, not circles. (Sponges tend to hold grit so that part way through the wash you're holding the equivalent of sandpaper, and circular strokes will often produce circular swirls in the finish.) Use a soap product made for cars. Dishwashing liquid is often too abrasive.

Rinse the car thoroughly after washing it to remove all soap. Also rinse in wheel wells and the car's undercarriage to remove accumulated road grime and chemicals.

Dry the car with a chamois or with soft cotton cloths like terry towels or diapers. Dry in a linear motion.

Waxing or polishing the car can also do as much harm as good if you use the wrong product or techniques. Most new cars have a clear-coat finish that gives the cars a high-gloss appearance. That's good. But abrasive waxes or polishes can turn that clear coat into a haze of scratches. That's bad.

Use only products that are safe for clear coats and non-abrasive. Many new polishes are made of polymers with Teflon added. These provide a durable shine with little abrasiveness, and if you wash your car once per week, their effects may last up to six months.

When waxing or polishing, don't go in for an aerobic workout. The harder you rub, the more you are damaging the finish of a new car. It simply doesn't take that much elbow grease any more. Use soft cloths and change them frequently when you are removing the wax or polish.

Want to make it easy and go to a carwash? Beware. The twirling brushes at many carwashes can remove the car's luster. Some carwashes now advertise "brushless" service. These are better, but be sure the firm does not use recycled water from other cars. You'll just be spraying your car with the gunk that came off other cars.

A little common sense will go a long way in preserving your car's exterior. Park it in the shade, but not under trees. The less sun that hits the finish, the less it will fade.

If it is in the sun, try cracking the windows just a bit to let the interior breathe. Better yet, buy a car cover. It doesn't have to be fancy — a cloth one will do — but it should protect the car from ultraviolet rays from the sun.

Most new cars have at least some vinyl or plastic on the exterior. These can be especially vulnerable to chemical breakdown by light or environmental acids. Door strips, front and rear bumpers, rubber weatherstripping around windows and window trim should all be protected every time you wash.

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## CAR CARE How to lube, etc. your mechanical steed

By Mike Dale

Nothing may be more frustrating than buzzing down the road, minding your business, flipping around the radio dial, when suddenly your car begins coughing, wheezing, sputtering, clanking — heaven only knows.

Then you're stuck on the side of the road wishing your car were as healthy as others whizzing by you, kicking dust in your face.

Maintenance is the key to owning a healthy automobile. Most people assume that cars should be fixed only when they break down. Not true. A car that suddenly refuses to cooperate may have a host of problems that could have been avoided with preventative maintenance.

### OWNER'S MANUAL

Read your owner's manual. You don't need to be a mechanic to understand the basic workings of your car. Look at the various items to be checked on the service interval chart — tune-ups, oil changes, cooling system flushes and the like. Following the items at least as often as the book recommends is worth a pound of cure.

In the good old days gas stations "put a tiger in your tank," handed out trading stamps and made spot checks under the hood. The stamps are gone, you pump your own tiger and spot checks will have to be self-employed.

When filling up, grab a few towels and look under the hood. Check your oil and coolant levels. Jiggle the fan belts for proper tension. Tug on the hoses to make sure they're fastened securely.

### KEEP OIL CHANGED

Mechanics and non-grease monkeys alike both agree: The key to long engine life is frequent oil changes.

Most owner's manuals say to change the oil — and oil filter — every 3,000 miles. Do it at least that often.

Changing oil is a no-brainer for the do-it-yourselfer. If you change your own oil, locate the nearest waste disposal center that accepts used oil. Don't leave it for the garbage man or dump in your alley.

Otherwise, look to lube centers or quick oil change shops. Most can oil and lube the car while you wait. Cost is about \$19.95.

### CLEAN ENGINES

A sick engine is usually a dirty engine. Keeping a clean engine can paint a prettier picture when things start to go wrong.

Your first order of business might be to purchase a can of engine degreaser (\$1.99) from your local hardware store. Follow directions. Then monitor your motor in the months ahead. You will know immediately when gunk from the inside seeps to the outside.

Amateur mechanics — affectionately known as "tinkerers" — often perform their own engine checks of ignition, compression and fuel.

Checking the ignition means disconnecting a spark plug wire,

removing the plug, then reconnecting the wire to the spark plug. With a helper cranking the engine, you should see a thin reddish spark or a fat blue or white one emitting from wire to plug.

Examining compression, a bit more complicated, involves removing all spark plugs and disconnecting the ignition coil-wire before employing a compression gauge to each plug hole. Again a helper floors the gas pedal and cranks the starter for 10 seconds.

### UNDER THE CAR

The undercarriage of an automobile probably gets the least attention. Under the car, pay attention to three areas: The exhaust, the brakes, and the suspension and CV (constant velocity) joints.

The exhaust system should be examined for signs of looseness, like broken hangers that make the exhaust system hang down and rattle. Use an old screwdriver to jab at each pipe, connection and muffler. If it pokes through, then the component should be replaced.

Underneath the hood, inspect manifold mounting flanges for cracks. Make sure nothing is broken or missing. And check connections to components of the emission-control system.

Check the suspension for obvious signs of wear and damage. On a front-wheel drive car, inspect the two rubber boots on each axle shaft. The boots over the CV joints allow the shafts to flex.

If the rubber boot gets worn, the CV joint will sling out grease. Any torn CV boot should be replaced right away. Changing the boots can be done at home and will save money by sparing you the cost of replacing the joints themselves.

### ENVIRONMENTAL AUTOS

The rubber doesn't always meet the road. Something's the in the air. And there's a hole in the ozone. Those phrases describe how careful monitoring of tires, exhaust and air-conditioning systems can make driving more environmental friendly.

Federal and state laws are aggressively matching the degree to which Mother Earth is being tarnished by pollution. Environmental concerns are forcing carmakers to experiment with alternative fuels (methanol, ethanol and compressed natural gas), as well as autos powered by electricity.

California's pollution-control laws require 2 percent of the vehicles an automaker sells in 1998 to be "zero-emission-vehicles." That figure increases to 5 percent in 2001 and 10 percent in 2003.

Meantime, car owners can help out by keeping their autos in tune, which saves fuel and protects the environment. A missing cylinder dumps raw fuel vapor directly into the exhaust. A fuel mixture that's too rich increases nitrous oxide emissions. And automobile air-conditioning systems leaking freon, the prime cooling ingredient, do not make for a happy ozone layer.



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# Stop-and-go essentials start here

# Car warranties

## TIRES AND BRAKES

By Joel Simon

Back during the 1970s CB craze, a frequent parting admonition was to "keep the shiny side up and the rubber side down," a wordy way to say "be careful."

But vigilance isn't the only thing we need to keep ourselves and our families safe on the highway. We also have to be smart about taking care of the car that will take care of us.

For safety's sake, the two most important things a car does are go in the direction it's pointed and stop when and how you ask it to. That's where the brakes and tires come in.

### BRAKES

Twenty-one states in the union currently have mandatory annual vehicle safety inspections. In Pennsylvania, 17 percent of all cars tested fail their brake inspection. In Virginia, a third of them fail.

That suggests that nationwide, a sizable number of us don't pay any attention to our car's brakes until they start affecting our lives. Why?

Two reasons. We can't see them, so we never think about them, and we're afraid it will cost us a lot of money. In fact, early maintenance can save a small fortune on brake repair.

There are three main ways your brakes try to tell you there's trouble:

- A soft, spongy pedal that says there's fluid leaking out.

- A pulsating pedal that says rotors are warped.

- A rasping or squealing noise when you press the pedal that says you waited too long to check the linings.

You need to check your brakes, or have them checked, at least annually. If you're a do-it-yourselfer, you can do that with no more tools than what you'll find in the trunk of your car, except for some good jack stands.

(Note: It is not a good idea to check your brakes while the car is only supported with the jack it comes equipped with. It is made for quick tire replacement only. Don't bet your life on it. Block the rear wheels securely, then support the car with a jack stand before you work on it.)

If you find problems with the brakes, don't put off getting them fixed. Brake work usually calls for special tools, and most people prefer to pay others to do it for them. If you like working on cars, though, it's really no big deal.

### TIRES

Our tires cost many of us a lot more than they need to, and not just the cost of replacement. A couple of years ago, the Department of Energy estimated that over 100,000 barrels of oil were being wasted per day by cars with underinflated tires. Some private estimates say that figure is too low by at least half.

Underinflated tires greatly increase the drag your car's engine has to overcome. If your tires are

inflated to 25 pounds square inch (PSI) instead of the rated 35 PSI, your car is using 3.84 percent more gasoline than it really needs to. It's also burning up tire tread far too fast. But at 25 PSI, most tires look fully inflated.

So it's a very good idea to check your tire pressure periodically, using an inexpensive gauge available in any auto parts store.

The other most common destroyer of tires is poor wheel alignment and worn suspension parts, such as shock absorbers and struts. Considering that new tires cost from \$50 to \$150 each, a little money spent on repair can save a lot of money spent on replacement. Have your alignment checked at least annually; more often if you drive on a lot of rough roads, or if you like to hot rod.

Of course, if you keep your car for a few years, you're certainly going to need new tires. What kind is best? That depends on what you want.

You've got high-performance tires, all-weather tires, all-terrain tires, you name it. There is no particular correlation between price and performance, unless you go to the extreme ends of the spectrum, and brand names may be meaningless: B.F. Goodrich, for example, is owned by Michelin. Sears-brand tires may be made by Michelin, or by Pirelli. But will they look good on your Ferrari?

Don't assume that a "high-performance" tire is what you want. They tend to be designed for road grip, sharp steering response and high-speed driving, at the cost of things you may not know you value until you lose them, like a quiet and comfortable ride.

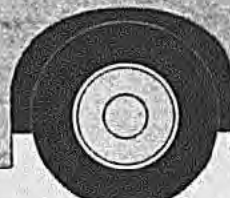
Face it, how fast are you going to go in your car? But you should give it extra thought. Also, they're not usually very good on ice and snow. Of course, to some people, raised white letters are worth the extra fare.

"All-terrain" tires have very aggressive tread patterns that are useful in snow, sand and other loose surfaces, but a real liability on pavement, which is where most sport-utility vehicles spend all their time. They are extremely loud, and their dry-pavement traction is terrible.

"Road" tires are just that: tires built to make your car drive quietly and economically on dry pavement.

### CAR FACTS

Underinflated tires cause cars to waste fuel



Automakers estimate 50 percent to 80 percent of car tires are underinflated, causing waste of 5 percent of auto fuel.

SOURCE: Countryside magazine

By Debra Lee Baldwin  
Copley News Service

A warranty is an auto manufacturer's written guarantee of the integrity of the product and a promise to repair defects that are discovered.

But a warranty doesn't guarantee that a car is perfect, nor does it necessarily cover all repairs.

The protection provided by each manufacturer's warranty differs. Not all warranties cover the same things or last the same periods of time.

And if you don't keep the vehicle properly maintained according to the recommended service schedule, you could render the warranty invalid.

Confused about what's covered and what's not? Here's a brief look at standard warranties for most vehicles:

- **Basic coverage.** Bumper-to-bumper coverage, usually for the first 12 months or 12,000 miles. Provides protection for all parts of a new vehicle, except for tires and battery, which are covered by separate manufacturers.

- **Power train.** Covers the engine, transmission, driveline and axle for a prolonged amount of time. Starts after the basic coverage warranty has expired; is usually transferrable from one owner to another.

- **Safety restraints.** Depending upon manufacturer, safety restraints (seat belts, air bags) are covered between two years/24,000 miles and five years/50,000 miles.

- **Corrosion.** Rust-through protection (from corrosion caused by road salt and weather) for between five and six years and up to 100,000 miles.

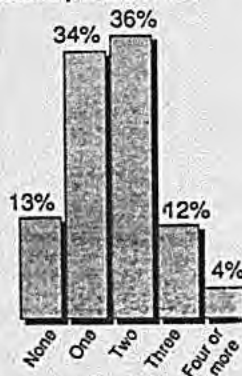
- **Emissions.** New vehicles are protected under two emissions warranties — an emissions defect warranty and an emissions performance warranty.

To make a claim against the warranty, the consumer must return the vehicle to the dealership where it was purchased — unless the car is more than a specified number of miles away, in which case any dealership selling the same make will do.


Most manufacturers will pay towing fees to the nearest dealership for a breakdown due to a warranty-covered item.

### CARFACTS

Number of vehicles owned per household



SOURCE: U.S. Department of Energy, Energy Information Agency



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## LEASE OR BUY

## Finding financing for your dream machine

By Sharon Achatz

The best way to drive a hard bargain when buying a new car is to show up with cash in hand — you're practically guaranteed to get the deal of a lifetime.

Most folks, however, simply don't have those kind of financial resources.

According to the book "How to Save \$9,000 on Your Next Car or Van" by Ronald and Barbara Senbert (Proud American), 95 percent of all car buyers obtain financing from some source — whether bank, car dealership, credit union or finance company.

There are, however, creative ways to find the best financing for your situation — whether you decide to buy or lease your dream machine.

The basic financing goal is to locate a loan that charges a comparatively low annual percentage rate of interest — as long as that interest rate is good for the life of the loan. Some really low APRs — such as 2.5 percent — are teaser rates good for only one year. After that, the APR jumps to extremely high rates or the loan must be paid in full.

A realistically low APR means that monthly payments will be low as well.

Before shopping for a car loan, you need to know what you can afford to pay each month — and the only way to determine that is to sit down and look at your monthly expenses and income.

## TOUGH QUESTIONS

Buy a budget planner from your local bookstore. In it, write down all your income and expenses. Figure out how much spendable income you have left after taxes, mortgage or rent payments and other fixed payments such as food, clothing, phone, utilities and savings.

For any car loan, most lenders are looking for applicants who have no more than 40 percent of gross monthly income going to debt payments, including the car and shelter.

No matter from whom you're considering getting the loan — and whether you're getting a loan to buy or lease — there are a few basic questions to ask for comparison shopping:

- What is the annual percentage rate?
  - What will you lend me on a certain car?
  - How much are monthly payments?
  - Is there a prepayment penalty?
  - What is the total amount to be paid back over the life of the loan?
- No matter where the loan to purchase is taken out, keep its terms of payback as short as possible. While 60 months used to be a popular option, folks now are encouraged to put more money down and keep terms shorter.

Longer loan terms do reduce monthly payments, but you pay more interest in the long run. A shorter loan means higher monthly payments, but lower interest and smaller overall debt.

In order to make the monthly payments of a short-term loan manageable, a consumer may need to decrease the total amount borrowed by increasing his down payment — either by putting off the purchase for several months until he has saved more money for a down payment or by shopping for a car with a manufacturer rebate that can be applied toward the down payment.

## LEASING OPTIONS

Leasing is another way to ensure lower monthly payments, primarily due to the fact that you're financing only the difference between the purchase price of the car and its estimated value at the end of the leasing term.

For example, if you lease a \$15,000 car for 4 years and the leasing company estimates that the car will be worth \$6,000 at the end of the lease, your payments will cover only the \$9,000 difference rather than the \$15,000 — less your down payment — you'd need to finance to make a purchase.

As the example illustrates, another advantage to leasing is that you need not have any money for a down payment.

In general, according to "How to Save \$9,000," you should buy a car if you plan to keep it for more than 5 years, you drive more than 20,000 miles each year or you want to establish a credit rating by paying off a loan.

You should lease if you have no more than \$1,000 for the down payment, you plan to keep the car

less than 4 years, you expect to put no more than 15,000 miles per year on the car and the vehicle has a relatively high residual value.

You can lease from a dealer who sells the make of auto you want or you can choose from almost any make and model by shopping an independent leasing company.

Collect estimates from at least three companies, carefully comparing both the total price and the terms of each lease before you decide.

The most common lease is the closed-end lease. You bring back

the car at the end of the lease term, with only normal wear and tear not exceeding the annual mileage limitation of 15,000 miles per year and that's it — you just walk away from the car.

A second type of lease is the open-end lease. At the end of the lease you can buy the car for an amount specified in your leasing contract. If you do not want to buy the car, the leasing company will sell it — if the car sells for more than the contract price, you may get a refund. If the car sells for less than the original estimate, you pay the difference between the estimated and actual resale price of the car.

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