

In Two Sections - For...

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Opening Day Ceremonies



Oyster Bay Town Councilwoman Ann R. Ocker (center), Councilman Leonard B. Symons (second from right) and Town Clerk Carl L. Marcellino (second from left) recently joined with players and coaches from the Plainview Little League for the organization's opening day ceremonies. On hand for the occasion (L-R) were Executive Vice President Art Bluteten, Michael DiBenedito, President Steve Neltart, David Gittleston, Major Vice President Fred DiBenedito and Roy Brown.

New Eagle Scout



Nassau County Executive Thomas S. Gulotta, (third from right), congratulated Eagle Scout John F. Lampasona, (center), a Plainview resident, on behalf of his Court of Honor from Troop #604. The ceremony was held at the Masonic Temple in Farmingdale.

Also present were: Assemblyman Frederick Parola; Lougene and John Lampasona, parents; Gene Talbot, Scoutmaster; Supervisor Lewis Yevoli.

New Playground Equipment



Oyster Bay Town Councilman Leonard Kunzig (right) and the Commissioner of the Town of Oyster Bay Parks Department Edward Kennedy (left) inspect some new playground equipment installed at Bethpage Community Park. Councilman Kunzig's son Brian took the hands-on approach before giving his seal of approval.

Yevoli Seeks Hiring Probe

Oyster Bay Town Supervisor Lewis J. Yevoli has asked the New York State Civil Service Commission to probe the town's hiring policies following the controversial employment of a former Nassau County employee who was hired by "political leapfrogging" over other potential applicants. The investigation comes in the wake of hiring of Josephine Jablonsky, wife of Nassau County Sheriff Joseph Jablonsky, by the town immediately after she left a job with Nassau County.

Yevoli said, "I don't know Mrs. Jablonsky and there is nothing personal in my decision, but I believe the entire situation must be thoroughly scrutinized because it goes to the heart of a long standing system in Oyster Bay where individuals with close ties to the Republican Party are given preferential treatment over qualified people who do not have the political clout. There certainly is something inherently wrong when a \$43,800 a year position is created for a political leader's wife and the entire Civil Service system is bypassed to accommodate the appointment."

Questions regarding the methods used to hire Mrs. Jablonsky arose at April 7th's Town Board meeting when a Massapequa woman who lost her Nassau County job last January applied for a position with the Town on two occasions, only to be told the Town was not hiring.

She then learned that Josephine Jablonsky, the wife of Nassau County Sheriff Joseph Jablonsky, who is the Hicksville Republican Leader, was scheduled to be laid off by the County and was immediately hired by the Town. In defending Mrs. Jablonsky's hiring, Councilman Douglas Hynes said Jablonsky's wife was first on the Civil Service list and it had nothing to do with politics. However, a review of the Civil Service list revealed Mrs. Jablonsky was not on the list and that individuals who were on the list were bypassed.

Pro Wrestling

The Hicksville-Jericho Rotary Club will be hosting Professional Wrestling at Hicksville High School on Friday night, May 1, at 8 p.m.

Feature match will be Nickoli Volkoff vs. the Brooklyn Brawler. For tickets call 800-525-0437.

Three From Hicksville Dept. Given Medals

Three members of the Hicksville Fire Dept. were awarded Gold Medals of Valor by the Nassau County Fire Commission during its annual awards ceremony last week. The three are Chief Anthony Wigdzinski, Chief Pat Scanlon and 2nd Lt. Steven Douchette.

Arriving at the Fox Place alarm prior to the arrival of Fire Department engine and truck units, Chief Pat Scanlon, along with Chief Wigdzinski, made his way past the fire and up to the second floor. It was Scanlon who entered the smoke and heat filled rear bedroom in search of victims. Upon discovering a disoriented woman, he moved her to the doorway and passed her off to Lt.

Doucette and Chief Wigdzinski. Chief Scanlon then made his way back into the room and despite increasing heat and zero visibility was able to locate a male victim by listening for his cries for help. Having located the man he began to drag him back toward the doorway where he met Lt. Doucette. He passed the victim out the door and made his way back past the fire to safety.

Chief Scanlon's acts of bravery without protection of a charged line in the face of a growing fire below the floor on which he was operating certainly contributed directly to the survival of two human beings. For this he was awarded the Gold Medal of Valor.

A Closer Look At Calcium

The Hicksville Public Library welcomes Dr. Robert W. Borzone on Monday, May 4 at 1:30 p.m. as he presents a program on "Calcium and Osteoporosis."

This program will take a close look at calcium and what forms are usable by the body. Understanding and managing

osteoporosis using a wholistic approach will also be a topic in this very unique program.

Admission is free and all residents are invited to attend. Further information can be obtained by calling the Hicksville Public Library at 931-1417.

Bethpage F.D. Med Unit Honored

In the middle of a snowstorm on January 11, Bethpage Fire Department Unit 906 was responding to a call for cardiac arrest. While stopped at the Broadway railroad gates members noticed some type of fire on the tracks. The officer notified the dispatcher and went to investigate only to discover that the fire was the burning half of a car that had been struck by a train. The other half was resting within inches of the active third rail.

Two dead bodies were lying

perly footing, and the possibility of contact with the 700 volt third rail, the crew of 906 carefully extricated the injured girl.

For this very heroic rescue under impossible conditions the crew of Unit 906 (Carol Kron, Paul Giblin, James Cossaro, Don Yannotti and Keith Gollot) was awarded Emergency Medical Service Unit Citation.

in the snow and a 9 year old girl was found unconscious trapped in the unburned half of the car. Despite the darkness, the blinding wind driven snow, very slip-

The Swing Syndicate To Perform

Greater New York's only female swing quartet, "The Swing Syndicate," will be performing at the Hicksville Public Library on Thursday, May 14, at 7:30 p.m.

A regular feature with Mike Carubia's "Great South Dixieland Jazz Band," the group draws on the tradition of the great vocal groups of the Big

Band era while also incorporating more jazz-oriented arrangements of more contemporary groups.

This promises to be a very enjoyable evening. Admission is free and open to the public. Seating is limited, however, and will be on a first come, first seated basis.

To the Editor:

After fifteen years of political activity, I thought I had seen it all. I've seen character assassination. I've seen gutter politics. I've seen the "big lie" used in ways that would make Stalin and Goebbels smile. But the onslaught of Orwellian disinformation coming from the East Street/Martillo-Redin election campaign published in your April 10 and April 17 issues really takes the prize.

I will start with the letter from Richard Howe, which appeared in your April 10 issue. I am very confused by Mr. Howe's letter. First he complains that the Board was unable to agree on which school to close. Then he states that he had hoped that the Board would get back to issues of education. Then he raises an issue that has absolutely nothing to do with education.

I am even more confused by the fact that he was unaware of litigation in which Mr. Pfaender is involved. I would think he would have very good sources of information on this topic. His stepson is Kevin Asher, who lost to Mr. Pfaender in last year's election. His stepdaughter is Darlene Skaee, a leader of the East Street School Coalition, one of the most outspoken advocates of keeping East Street School open, a driving force in Jim Martillo's reelection campaign and author of one of the pieces of mail printed in your April 17 issue.

Yes, Mr. Pfaender is a parent of one of the 47 children suing the district because of the actions of Robert Izzo. When Izzo pleaded guilty in the criminal case that preceded the pending civil case, he admitted to sexually abusing these kindergarten children, over and over for months. I am repulsed by the fact that I am compelled to appease the prurient interests of those who like to read about these things. But people like the authors of these letters leave me no choice.

Mr. Howe lists a tirade of ridiculous questions in his letter attacking Mr. Pfaender's integrity. In response, I repeat what I said at the PTA Candidate's forum last year, when Mr. Asher tried to raise this issue: Integrity is where it's at, and Rich Pfaender has it!

Perhaps a few facts will help Mr. Howe. Mr. Pfaender recuses himself from any discussion of the lawsuit. He receives none of the correspondence from the district's counsel regarding the lawsuit. None of the other Board members discuss the lawsuit with him. I would have thought that Mr. Martillo would have told Mrs. Skaee that, so she would have that type of information when she "helped" her stepfather compose his letter. I should add that under discovery procedures, such as interrogatories and depositions, most relevant

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information is exchanged by the parties.

Mr. Howe's theory that "all Board decisions can have an impact on the lawsuit," which theory was also espoused by Mr. Asher during last year's campaign, deserves further analysis and discussion. Does the decision on how much of a salary increase we offer to our employee units impact the lawsuit? Does our choice of English text books impact the lawsuit? Does which brand of new lawn mower we purchase impact the lawsuit?

In his vapid attempt to discredit Mr. Pfaender, Mr. Howe actually insults all members of the Board, the administration and our counsel. Does he think us all so unprofessional and incompetent that we cannot segregate one matter from another? As an elected official and representative of the people of this community, it is my duty, and the duty of my five fellow Trustees, to see to it that these plaintiffs do not get one dollar more than that to which they can absolutely prove they are entitled. Our responsibility is to the people. I, for one, will use all my training and ability to make sure our counsel does the best job they can to protect the interests of all the people.

I should add that Mr. Pfaender openly spoke of the pendency of the lawsuit during the campaign. He received 66% of the vote in his electoral victory over Mr. Asher. Clearly the people trust in his integrity and that of the rest of the Board and their ability to handle this matter appropriately.

It is imperative that the people know the context in which the lawsuit arose, at the March 25 Board meeting. Mr. Pfaender raised the question that since Mr. Martillo had never attended any other convention or weekend-long seminar during his tenure on the board, was it appropriate for him to attend his first one in Orlando, Florida? Mr. Martillo's embarrassed retort was that if he did not make issue of Mr. Pfaender's lawsuit, Mr. Pfaender should have no objection to Mr. Martillo going to the Orlando convention.

I now turn to Darlene Skaee's letter, printed in your April 17 issue. It amazes me that her friend and ally, Mrs. Bernardo, should falsely attack Mrs. Lafferty, Mr. Pfaender and I for spreading falsehoods, when I have trouble finding anything accurate in Mrs. Skaee's letter, other than the spelling of our names.

To begin with, Mrs. Skaee gets an "F" in local history. The Concerned Citizens of Hicksville was founded in 1984, under the name "Coalition for a Moment of Silence," under the leadership of Mike Melody, Carole Wolf and Charles Cun-

ningham. It later used the names Hicksville Coalition, Coalition of Concerned Citizens and finally, the Concerned Citizens of Hicksville. Its leadership over the years passed to Larry Moor, Tom McGovern, Bob Kiernan and, as of this month, to Joe Visconti. In fact, the CCH has predecessor groups that go back to 1970's under the leadership of very fine people like Charles Feta, Mary Caron, Bill Bennett, Tom Clark and Tom and MaryLou Sullivan. Mrs. Skaee's statement that the CCH is new is nothing but a vicious lie. As for domination of the CCH by parents of litigants in the Izzo-related litigation, only six of ninety members are parents of the litigants. Mrs. Skaee's statement that the CCH is dominated by parents of Izzo-related litigants is also a vicious lie.

What disturbs me most about Mrs. Skaee's comments about the identity of litigants, is how she knows who they are. Other than the litigants themselves, the only people who know their names are the superintendent, the six board members and our counsel, by virtue of our receipt of certain pleadings. Did Mrs. Skaee get inside information from her favorite Board Member?

I will discuss the school closing issue raised in Mrs. Skaee's and Mr. Donald Kloenne's letter together, since the charges are somewhat repetitive. I was not surprised to find out that Mr. Kloenne is a friend of the Asher family.

With regard to the reports for which Mrs. Lafferty, Mr. Pfaender and I allegedly asked, once again Mrs. Skaee and Mr. Kloenne are unaware of the facts. I voted against hiring Bishop and Evans. The three of us voted against having them name the school to be closed. Bishop and Evans did not want to name the school. They told us that, more than once. But Mr. Martillo and his Board majority did not want to do this the right way. They abdicated their responsibilities to outsiders. As always occurs when duly elected officials abdicate their sworn duty, anarchy won the day.

As for the redistricting report we ordered, the most important part was the compilation of information regarding the address and grade of each elementary school student in Hicksville. Once we received the data on where the children live, there is no magic to drawing lines. The expertise we obtained from Applied Data was the gathering and assimilation of data. As for the engineering report, it was long overdue, and necessary for many things other than school closings.

Mrs. Skaee is correct that no school closed because of personal agendas. But the agendas belonged to Martillo & Company, not us. Mrs. Lafferty and I were the only two Board members to vote "aye" on two different schools. We voted "no" only on Lee Avenue because it was, and will always be the wrong school to close. We tried to close two schools. But since the ones we named did not fit into Mr. Martillo's personal plans, he made sure nothing happened. In fact, had Mr. Martillo not engineered the rescinding of the vote on the closing of East Street last year; this

would all be over. Except for the engineer's report, no report would have been purchased, no additional funds would have been spent and the district could have gotten on with the business of education. That did not fit the private agendas of Martillo, Skaee and Bernardo. They all live down the street from East Street School. The bottom line is that this district must go through this never-ending Purgatory, because these three do not wish to be inconvenienced.

I am well aware of the existence of the Briggs Street Fire Station. I live around the corner. I am also aware of the Strong Street Station and the Levittown Parkway Station. I am also aware of the fine job all our volunteer fire fighters do. I am convinced that all the schools can be protected by the Hicksville Fire Department. Does Mr. Kloenne think that some fire stations are better than others? I am tired of East Street's weekly questioning of the abilities and integrity of the Hicksville Fire Department. Mrs. Lafferty, Mr. Pfaender and I, as well as everyone else in Hicksville, were satisfied by the statements of one of their Chiefs that every school can be adequately protected. I call upon the East Street Coalition/Martillo-Redin election people to stop putting the Fire Department down.

There are constant comparisons being made between the Middle School and East Street. If a portion of the Middle School is as old as East Street why do we not want to close the Middle School? Let's do some simple arithmetic. How many elementary schools do we have? Seven. How many Middle Schools do we have? One. If we close East Street, how many elementary schools do we have? Six. If we close the Middle School, how many Middle Schools do we have? Zero. Since we need a Middle School how can we consider closing it. If there are problems brought on by age, we are compelled to repair them, at our sole cost. If we close and lease East Street, we can have a partner in those costs in our tenant, as we have in our tenant in Willet Avenue.

No, Mr. Kloenne, our faction of the Board does not squander money. That was done by Martillo & Company before we got on the Board, when they gave away the store in the last teachers' contract, after which the budget jumped 20%. Maybe if they had not done that, we would be in better financial shape and would not have to close more schools to protect our educational programs.

Mr. Kloenne charges that Mrs. Lafferty, Mr. Pfaender and I are protecting the southwest corner of the community (Dutch, Fork and Old Country), because that is where our base of support is. I suggest that he check last year's election results. We carried every school last year, including East, by two to one margins. In fact, the school in which I got the single largest number of votes was East Street. If we are protecting the southwest corner, why did Mrs. Lafferty and I vote close Dutch Lane?

Mr. Kloenne asks "What did we ever do to deserve this Board?" I have asked the same question since the day Mr. Martillo was elected.

Mrs. Dorrie Bernardo, president of the East Street PTA, still does not grasp the very basic theory of relativity. There is safe, safer and safest. There is good physical condition, better physical condition and best physical condition. East Street is different from the other schools. It is more than twenty-five years older. It has three floors. It has a smaller piece of property. We cannot make East the same, unless we rip the third floor off the building, brick in the staircases and remodel the halls and classrooms. East is safe. It is in good condition, considering its age. But if it is not in the same condition as the others, which it appears not to be, why not send the children to a safer school.

Mrs. Bernardo is only partially right about my redistricting maps. What she did not tell you is that I also have my own version of redistricting for closing Old Country, Lee, Dutch and Fork. As I stated above, once a person has the data and knows the community, anyone can draw lines. Why did I draw new lines? Because while I have lived in Hicksville for thirty years and have come to know this community as well as anyone, Applied Data fed information into a computer. The duty to decide elementary school boundaries rests with the elected representatives of the people, not with a computer. Besides, if Mrs. Bernardo objects to Board members drawing their own maps, why has she never questioned Mrs. Arlene Rudin's now famous "kitchen map"?

In conclusion, if I held Mrs. Skaee's and Mrs. Bernardo's narrow, parochial, self-serving views, I would be as afraid of the election of Dave Staton and Voley Martin as Mrs. Skaee says they are. When Messrs. Staton and Martin are elected, East Street will lose its guardian and its special "untouchable" status. It, along with every school will be looked at fairly and objectively. Then the Board will make an expeditious, judicious and objective decision. The school closing issue at last will be put to rest.

One last question. When is Jim Martillo going to stop hiding behind other people and come out and say these things himself. Everyone knows the sponsor and source of all this venom and poison. We also know its purpose - the reelection of Jim Martillo, the election of his new partner, Carol Redin, and the continued unnatural protection of East Street over all other schools. Come out of the shadows Mr. Martillo, into the light where we can all see you. If you have something to say, say it yourself. If you want to fight us, do it yourself.

Very truly yours,

James M. Black II

Editor's Note: Readers are cautioned that letters to the editor cannot be fully checked for factual detail because of time restrictions. Readers are further cautioned that printing of any letters to the editor in this newspaper does not constitute endorsement of ideas given in those letters. Some letters are edited for interperate tone. Writers are asked to use more logic, facts and ideas and less emotion in composing letters.

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To the Editor:

The Concerned Citizens of Hicksville have made it public through this paper that they are endorsing two candidates (Martin and Stanton) for the school board election. It is safe to assume when any group supports candidates (in any election) these candidates share the same views and goals as the people who endorse them. Logically speaking these candidates would feel compelled to represent members of the CCH (if they are elected) after the CCH spends time and money to support them.

What are the goals of the CCH? What school(s) would they have closed? If they succeed to get their candidates elected, there will be five members of the Concerned Citizens of Hicksville on the Board of Education. I would like to know their views on these and other issues.

Would the President of the CCH, Mr. Joseph Visconti, please tell this community how we can become members of the CCH? I am sure there are other Hicksville people who are also concerned about our town and would like to join. It would be advantageous for me and others to be that well represented on the school board! Would Mr. Visconti put the address where we can send our applications in the next paper? Where does the CCH hold their meetings and at what time? Is there a membership fee?

Sincerely,
Pat Spielman

To The Editor:

This letter is in response to Darlene Skae's letter that appeared in your issue of April 17.

Being somewhat politically naive, I suppose certain attacks during a campaign are to be expected. But when someone claims to be able to read my mind, a response is warranted.

Only someone who does not know me very well would believe that protecting my school and my neighborhood is my motivation for running for the School Board. My service to the Hicksville community is well documented. As a civic president, I have made decisions which have been unpopular with some people, but I made them because they helped more people than they hurt. This is how I will approach the school closing process and every other school-related issue.

My concern for Hicksville was underlined recently by some of Mrs. Skae's own neighbors. When Cablevision's 254-foot high antenna tower was proposed for New South Road, I received calls from Mr. Carl Singer and Mrs. Dorrie Bennardo, both of whom live on East Street, asking me if I would join with them in opposing the tower's construction.

Upon arriving at Town Hall, Mr. Singer (whom I had never met before), handed me petitions with over 1,200 signatures on them and asked me if I would address the Zoning Board on the residents' behalf. I agreed to do so even though I don't live anywhere near the area where the tower would be built, nor do some of the others who also spoke against it. Two who spoke in opposition were Ellie Draycott and Richard Pfaender, both members of that

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"special interest group," the Concerned Citizens of Hicksville. Mrs. Bennardo did not attend.

If my motives are in question, perhaps Mrs. Skae would like to speculate on why I've been a civic president for three years, why I served on the Hicksville Community Council, the Willet Avenue Leasing Committee, the Hicksville Parks Task Force, the Citizens Committee on Elementary Consolidation, and the Hicksville Committee to Honor Billy Joel. When one makes a commitment to foster positive change in his community, he continually looks for more ways to do so. As a parent, taxpayer, and civic leader, I have a stake in what happens here. What better way to bring about positive change at this crucial time than to use my business background and leadership ability as a school board trustee?

It saddens me that utter desperation over the impending school closing process has driven an intelligent woman like Mrs. Skae to make such statements. My conscience is clear. I am seeking the trustee position for the right reasons and if elected will continue my commitment to making decisions for the right reasons. Ask yourself, Darlene: can all the candidates make this statement?

Sincerely,
Dave Staton

P.S. Mrs. Skae's letter also contains other inaccuracies. The Concerned Citizens of Hicksville was not founded to further personal lawsuits against the Hicksville School District. I feel quite sure she is aware of this, but is intentionally distorting the facts. The members involved in the suit represent a small percentage of the entire membership.

Also, Mrs. Skae conveniently uses "true representation of all of Hicksville" as a reason to not vote for two candidates from the same school. In fact, there is not true representation of Hicksville on the board now and never has been so I would ask that this grasping-at-straws argument be dismissed.

And as far as Mrs. Skae blaming Mrs. Lafferty, Mr. Pfaender, and Mr. Black for a school not closing, those three individuals took their respective positions in order to prevent a decision from being made for the wrong reasons. She should also keep in mind that the Lee Avenue and OCR recommendations were rejected by four board members who do not represent either school. The East Street and Dutch Lane recommendations, however, had three votes and two votes, respectively, but were both opposed by the two board members who represent those schools. Let's be careful where blame is placed.

To The Editor:

This is in reply to Mr. Kloenne's letter of April 17. Normally, I don't answer letters published because I feel people are entitled to their opinions, however, when the facts are distorted I believe people need to know the truth. First of all I know of no vendetta against East Street School. If there is a vendetta it's our community

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versus the economic conditions of our times. We must make wise choices for the future of our community as well as our children.

Black, Lafferty and Pfaender, as board members have a right to address their concerns and be heard. Unfortunately, as most people in the community are not aware, they are not permitted to discuss East Street openly or objectively without people hurling remarks, innuendoes or having board discussions hampered by unethical behavior of other board members. For example, during the last discussion of East (shortly after it began) Mr. Martillo suggested they take a vote as "Mr. Collins just told me he would vote to close East," meaning they would have four votes and we could call it a night. Mr. Collins did not vote to close East and when questioned he said "I didn't hear what Mr. Martillo said" and then he said "that wasn't the deal," whatever that meant? The community never had the opportunity to hear the pros and cons of closing East. It is my judgment that a reasonable person would not suggest this as a vendetta against East, it would appear more like collusion with East.

I also think you misinterpret the meaning of safety with regard to East Street. I believe all the reports on our schools indicate that our schools are safe. However, there is safe, safer and safest. I truly believe the board was trying to point out that most people in a one story building would prefer not to have their children move to an older three story building, when and if necessary they could jump out of a one story building window. I know where East Street is and I know where the fire department is, but let's get the facts straight, East Street, is NOT the closest school to a fire department. There are at least two more schools just as close if not closer on Levittown

Parkway. I continually hear and read that East Street is the closest school to the fire department and cannot help but wonder if those that say it, consider the rest of Hicksville part of their community? While it's not relevant whether the school is close to the fire department or not, it's an important eye opener to whatever else may not be a fact and tends to mislead people.

Our Middle School is not an issue at this time and therefore cannot be confused with the criteria for closing an elementary school. Whether we like it or not "age" is a factor and should be limited to the elementary schools in question, not other schools or people for that matter.

Mr. Kloenne, since your children graduated long ago, its obvious and understandably so, that you have not kept current on all the board issues and someone is misleading you as you would have realized that Black, Lafferty and Pfaender did NOT pit and divide the community as you stated, that was done prior to their election. While I understand your concern for your taxes and if you don't care which school is closed I don't understand why you felt compelled to write a public letter. I, too, have one and only one concern, and that is to get on

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with addressing education, however, I realize we cannot move forward until this school closing issue is resolved. I also am not concerned with which school is closed, but I am concerned that the school closing issue be handled honestly, fairly and with the communities best interest in mind. Black, Lafferty and Pfaender are only three board members and only three votes; four are needed. I guess nobody has informed you that there are seven board members, but I want you to be aware that at least three out of the remaining four don't contribute much anyway. Black, Lafferty and Pfaender are honestly trying to head in the right direction. I think before we criticize any board member, particularly ones that have not had a problem with integrity, that we should be aware of all the facts. Constructive criticism enables people to move forward with an open mind, while malicious gossip and slander builds walls and closes minds.

However, I do agree with your statement "people get the kind of government they deserve" and there are many in this community that are working toward that end. It is my sincere hope that you will check your facts and join us, by attending the forums and judging for yourself.

Claudia McCready

To The Editor:

We had read with dismay, Darlene Skae's letter in the last issue of the Mid-Island Times, it was misguided and bitter towards those parents that suffered a great personal tragedy the sexual molestation of their children.

Rather than retreat within themselves, these brave families took an active part in the life of our School District, and participated in many School District and Board related committees and meetings.

Mrs. Skae, the Concerned Citizens of Hicksville (CCH) was formerly known as the "Hicksville Coalition For A Moment of Silence" formed in 1984, by the undersigned, with the help and support of a cross section of our community.

Its aim was to restore a district policy, that the School Board at that time rescinded, a policy that allowed our classroom students to have a brief moment of prayer, at the beginning of the classroom day. Later modified to a "Brief Moment of Silence." (Mrs. Rudin our current board member, voted at that time to remove that policy).

The Hicksville community welded together and voted to restore our policy, and formed the "Coalition" with Michael Melody as its President, and the mantle has passed on to, Mr. Larry Moor, Tom McGovern, Bob Kiernan, and now to Joe Visconti, under the current name of "Concerned Citizens of Hicksville." It was not formed as you stated Mrs. Skae, by members that "have lawsuits against the district." A charge that is unfounded and unthinkable, and shows a complete lack of warmth and compassion on your part towards those parents

that had to endure a hurt of such magnitude.

Mrs. Skae, please do not be apprehensive about the Concerned Citizens of Hicksville endorsing candidates to the School Board - the membership is made up of a cross section of our community, and they democratically voted on our slate to run this May 20th. Your apprehension should be directed towards those running for re-election, Mr. James Martillo and Mr. Bill Collins. By their actions and by their records, we shall judge them.

Even before they were elected, some three years ago, Mr. Martillo and Mr. Collins filed false financial statements concerning their campaign funds, did not know where the funds came from and blamed it on a deceased member of this community.

Both Mr. Martillo and Mr. Collins ran to save the senior citizens, and hard pressed homeowners, tax dollars. And in their first year in office, negotiated against themselves as trustees, and gave the teachers bargaining unit a double digit salary increase for each contract year totaling 30.2%.

There's more, Mr. Martillo's wife brought court action against her husband and the board, (not to close the East Street School), and Mr. Martillo then changed his vote to keep the school open, thus causing the problems the community faces today in school closings.

Mrs. Skae - Martillo and Collins ran with phantom support in 1989, to this day, the community does not know who worked behind the scenes, in supplying the funds and means in running a campaign for the school board. Are they the same people running the Martillo campaign today? Mrs. Arlene Rudin has actively supported Mr. Martillo and Mr. Collins, in the past, perhaps she would know, who their secret agents are?

Mrs. Skae, perhaps you should ask some questions about this phantom group, that have been secretly backing school board candidates since the Cardella election. This should be our focus, Mrs. Skae, not the hurt parents.

Sincerely,
Bill Bennett

To The Editor:

It has come to my attention from within the community and from reading your paper, that there are indeed many problems brewing on and about the Hicksville School Board.

Nowhere, and from no major journalistic source, was I, and other residents of Hicksville, apprised of the quantity and extent of the Multi-million dollar lawsuits pending against the School District, by some residents, including a current School Board Trustee, as well as the President and Vice-President of the organization referred to as "The Concerned Citizens of Hicksville."

Of course, their right to sue, and have their day in court, is not the issue - it is their privilege and right, and as to the suffering that was endured by particular families, my most heartfelt sympathy, but I do not believe this to be in the best interest of the individuals, the Or-

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PROFESSIONAL GUIDE

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Dr. Duffy Spencer Presents "The Vision"

Do you know what you really want in life? Many people don't...because they believe they don't deserve to even ask that question.

Success in life is about doing a balancing act between getting what you want and helping others get what they want. In order to achieve this, Dr. Duffy Spencer has designed a workshop entitled "The Vision: What Do I Really Want and How Can I Get It?" She will present this workshop on Tues-

day, April 28, 7:30 p.m., at the Bethpage Public Library.

Join Dr. Spencer and learn how to dust off your dreams and create a vision of your ideal life—the first step in beginning to achieve it!

Admission Free - All Welcome!

The library is located at 47 Powell Avenue, two blocks west of Exit 8 on the Seaford-Oyster Bay Expressway (Route 135), phone 931-3907.

Author Dr. Rauch Visits Lee Avenue

Dr. Sidney Rauch, Professor Emeritus of Hofstra University, visited the third grade students at the Lee Avenue School on April 9. He has written some children's books about space which the third graders have

read. He will speak to the children about being an author. The children are studying space as part of their third grade social studies curriculum. Dr. Rauch also spoke to the teachers about Whole Language.

Hicksville Student's Dance Performed

Brockport, N.Y. A dance choreographed by Debbie DePompa, a 1988 graduate of Hicksville High School, was performed in "dANsYM-BOLsPEAK," an evening of new dance works choreographed by students at SUNY College at Brockport's Dance Program. The concert was presented in the Hartwell Dance Theater, April 3 and 4.

According to Jacqueline Davis, chair of the SUNY Brockport Department of Dance, a spring dance concert of graduate and undergraduate choreography is an annual tradition at the College. "This concert provides us with an opportunity to showcase the best work of our students, in both

choreography and performance," she explained.

Entitled "The Force of Time," DePompa's modern dance piece was performed by DePompa and six other dancers to music composed and performed by Marc Cohn. She also designed the costumes worn in the performance. In addition, DePompa danced in "The Eye is the Soul," another student's piece performed in the concert.

A senior majoring in health science and minoring in dance at SUNY Brockport, DePompa is a member of Dance Club and DANSCORE, the College's touring dance ensemble.

DePompa is the daughter of Irene and Joe DePompa of East End Avenue, Hicksville.

Cancer Care Annual Luncheon

The Cancer Care Annual Luncheon and Fashion Show will take place on Saturday, May 2 at the New Hyde Park Inn. Dolores Meglio of Flô's

Fashion Boutique will present the spring/summer fashions. Donation: \$18. For more information call 488-4131.

1992 Xerox Award To Lauren Moran

Lauren Moran, a junior at Bethpage High School, will receive the Xerox Award in the Humanities/Social Sciences, presented by Xerox Corporation.

Xerox Award winners are selected on the basis of scholarship in the humanities or social sciences, leadership, and community services.

Lauren will receive her Xerox Award during a presentation on May 27. She also will be eligible to apply for a special Xerox

Scholar program at the University of Rochester in Rochester, N.Y.

The Xerox Award in the Humanities/Social Sciences is designed to recognize and reward the academic achievements of outstanding students and to emphasize the importance of a broad educational background in preparing students for future careers.

The awards program recognized students at high schools in all 50 states.

LEGAL NOTICE

NOTICE OF SALE SUPREME COURT

**NASSAU COUNTY
CITIBANK, N.A., Plaintiff,
against ORIGINAL 3
GUYS AUTO SALES,
REPAIRS, BODY & COL-
LISION WORKS, INC., et
al., Defendants.**

Pursuant to a judgment of foreclosure and sale entered on September 17, 1991, I, the undersigned Referee will sell at public auction at the North Front Steps of the Nassau County Courthouse, 262 Old Country Road, Mineola, New York on May 8, 1992 at 9:15 A.M. premises lying and being in the at Syosset, Town of Oyster Bay, county of Nassau and State of New York, briefly described as: Beginning at the corner formed by the intersection of the northerly side of Maple Place with the easterly side of Oak Drive, Syosset, NY. Approximate amount of lien \$81,685.91 plus interest, costs, and statutory allowance. Premises (commercial) will be sold subject to provisions of filed judgment, Index No. 15054/90. Dated: April 10, 1991
Frank E. Yanelli, Esq.

Referee:
EDWARD HARRIS
HELLER, Esq.,
Attorney for Plaintiff
521 Fifth Avenue
New York, NY 10175
Syo 80724/10,17,24,MM1

Give Blood At Bethpage Jewish Center

On Tuesday, April 28, the Jewish Center of Bethpage will host a blood drive from 4 p.m. to 9:15 p.m. The drive will be held at the center, which is located at 600 Broadway in Bethpage.

Anyone between the ages of 17 and 75, who is in good health and weighs at least 110 pounds, is encouraged to donate at the blood drive. There is no substitute for blood. The human body is the only producer of this precious fluid, and the volunteer donor is the only replacement source for patients in need.

The donation process itself is safe and easy. Each donor receives a mini-health exam before donating, including blood pressure, pulse, temperature and iron count. The donation itself takes only about five minutes, and the entire process, from registration to refreshments, takes approximately one hour.

All donors must bring identification, and should have eaten before donating.

Blood donations are critical for patients in need. People who have suffered from accidents, heart attacks, cancer, and many other diseases and ailments rely on blood donors to give the gift of life. There is no substitute for blood, so without donors, there would be no hope for these patients.

For more information about the drive or to make an appointment, please call Lee Cohen during the day at 938-7909.

Jottings From Yesteryear

By Bill Clark

When I got my Sunday go to meeting suit out that I bought, well a few years ago, I thought, where are the one time popular stores? Howard, Crawford and Roperpeet clothes? Along with the hat stores that were in every town, Adam hats selling fedoras, Stetson hats & accessories. Just when I learned to spell them, they were gone. Loeser's, Namm's, Franklin Shops, Arnold Constable's for large department stores. Reid, Horton, and Hydrox ice creams, Eds-l and Kaiser cars are just a few. Yes, there was Sheffield Farm, and Staryk's milk. Groceries from Roulston, Daniel Reeves, James Butler and Hohack. I guess one of these will jar your memory about some incident or person. But then blue jeans were obtained at Army and Navy and work clothes stores and when they showed signs of wear, it was from work.

In a few weeks the violets and lilacs will be in bloom. Years ago we would pick them on weekends and sell them by the roadside as city drivers out for their Sunday ride in the country would stop. I hear the birds chirping. Guess I will go out and give them their Easter Sunday feeding. When young it meant checking the chickens water, mash and chicken feed. The Plymouth rocks, Rhode Island reds and leghorns would be waiting or laying eggs. We would watch the big white rooster chasing my little brother until he could get out of the chicken yard.

I guess you heard of the policeman pulling over the elderly driver to tell him his wife fell out three miles back. The driver was so relieved he thought he had gone deaf. Someone said something about getting instructions on how to read the enclosed instructions.



Braun House with Ice House between the houses. Next to house on left later would be Bohack Grocery and Socony Gas Station



1976 shows four new stores replace Braun House. Brick Ice House still standing. This corner now Amoco Station
Photo by Bill Clark

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Councilman Thomas L. Clark (right) joins with Nassau County Executive Thomas S. Gulotta (third from left) and New York State Assemblyman Fred Parola (second from left) in presenting a citation to Medard Ofenloch (third from right) of Hicksville Fire Department's Protection Hook and Ladder Co. 1 in recognition of his fifty years of service to the fire department. Also on hand for the occasion were Joe Treccani of the I.V.P. Fire Association and Mrs. Medard Ofenloch.

LEGAL NOTICE
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Advertisement For Bids:
Sealed proposals will be received by the Board of Education of the Hicksville Union Free School District For Bids: Window Replacement 1991/92:38 - Opening 2:00 P.M.
Roof Replacement/Built-up 1991/92:39 - Opening 2:30 P.M.

AT
Window: Burns, Dutch Fork, Old Country Road, Middle School, Senior High
Roof: East, Fork, Lee, Old Country Road

Bids may be mailed or delivered either before the hour and date of the opening to the Director of Facilities & Operations of the Hicksville Union Free School District, Administration Building, Division Avenue and 6th Street, Hicksville, New York 11801, or at the hour and date of the opening at the place designated therefor, on Tuesday, May 12, 1992 at which time and place said bids will be publicly opened and read.

Bidding Documents may be examined at the Business Office or the office of Knappe And Johnson, Architects, 600 Old Country Road, Garden City, New York, and copies thereof may be obtained from the District Clerk or the Architect's office, upon payment of Twenty-Five Dollars (\$25.00) for each set, in the form of a check made out to the Board Of Education, Hicksville School District. Deposit is refundable upon return of the documents.

Bids must be accompanied by a certified check or bid bond executed by the bidder and a surety company authorized to do business in the State of New York and acceptable to the Owner in an amount not less than five percent (5%) of the amount bid.

The Board of Education reserves the right to reject any and all bids, to waive any informality in bids, and/or to accept the bid which seems most favorable

LEGAL NOTICE

to the interests of the School District.

Bids must be submitted to include the furnishing of a performance and payment bond, in the amount of 100% of the accepted bid, or cash security in the total amount of the Contract, guaranteeing the completion of the work in accordance with the plans and specifications and the payment of all obligations arising therefrom, or the Contractor may choose to forego all progress payments and agree to await payment until the work is completed and accepted by the Owner, in which case no bonds will be required.

All bids will be held firm by the Board of Education for ninety (90) days after the formal opening thereof.

BY ORDER OF
The Board Of Education
Hicksville Union Free School District
Hicksville, New York
Alice Wider,
District Clerk

Dated: 4/22/92
MIT 2573
1X 4/24

Seniorobics At The
Hicksville Library

The Hicksville Public Library is once again offering "Seniorobics" with Ellen Coven. This exercise program is designed specifically for the needs of men and women over 55.

Two classes are scheduled, one in May and the other in June, and registration for both classes will be held on May 4 at 10 a.m. The first class will take place on May 7, 14, 21 and 28, from 2:30 to 3:30 p.m. and the second class will take place on June 4, 11, 18 and 25, from 2:30 to 3:30 p.m.

"Seniorobics" incorporates lively music to increase flexibility, strength and cardiovascular endurance. Registrants must have had a physical examination within the last six months. Participants must wear sneakers and are advised to wear loose clothing.

Admission is free. Further information may be obtained by calling the Hicksville Public Library at 921-1417

H.S. Art Club
"Renovates" School

This year some students at Bethpage High School have taken the initiative to do some "renovations" at the high school. These students are members of the Art Club, a group which has recently formed. Under the direction of Mrs. Linda Candela, the Art Department Chairperson, they have undertaken numerous projects. In addition to the traditional fund-raising, as well as involvement with Homecoming activities, they have worked in close conjunction with Student Council, often making the signs to advertise Student Council functions.

The major project they have been involved with is the new mural in the high school's main cafeteria. The Student Civic Association, as part of their "School Beautification" program, suggested a sprucing up of the school's larger cafeteria. The cafeteria had previously been decorated with pictures of various fruit and rainbows. But, with time, the paint had faded, and the designs needed to be redone and redesigned.

The Art Club took over the responsibility of designing the new mural for the wall, and painting the design. They held a school-wide contest where people could submit possible designs for the cafeteria mural. After receiving numerous entries, a "modern" design was selected as the most creative. Kevin Hart's city skyline won.

By the end of January, the old murals had been painted over, and the designated wall primed for the new. Kevin and Mrs. Candela painted the design on the wall, which included a city skyline, an outline of a bridge, and a caricature of a teenager. The vibrantly colored mural, which spans the cafeteria's entire main wall, is a welcome change.

With the high cost of supplies for such a project, the Art Club was fortunate enough to have the paints donated to them by a local business. The paints were donated by Steve Olsen of Orange Front, a store located in Bethpage. Their generosity enabled a quick completion of the mural. This alliance between school and local business proved to be very successful. Kevin's skyline, although dramatically different from the previous design, has been well received by students and faculty.

Writers' Club
To Meet

The Writers' Club will meet on Saturday, April 25, from 2 to 4 p.m., at the Hicksville Public Library, 169 Jerusalem Avenue, Hicksville.

Dorothy P. Freda, writer, and editor and publisher of the small press *The Pink Chameleon*, will coordinate the meeting.

Come and join this informal, free, gathering of writers, both seasoned and aspiring. Bring your work and present it for constructive advice, or simply come and listen and offer feedback.

Soccer Commitment



Oyster Bay Town Councilman Leonard B. Symons, front row, second from left, presents a citation to Gary Epstein of the Plainview-Old Bethpage Soccer Club in recognition of his ongoing commitment to the organization. Also on hand for the occasion, front row, left to right, were Past American Legion Commander Bob Reynolds, Cella O. Eckert of the Memorial Day Committee, American Legion Commander Jerry McColskey, rear row, left to right, VFW Commander Al Gollisano, Ray Paris of the Plainview Fire Department, Past VFW Commander Joseph Varrone, Knights of Columbus Past Grand Knight John Lombardi and the Inspector of the Nassau County Auxiliary Police Sheldon Kleinfeld.

Opening Day



Oyster Bay Town Councilman Thomas L. Clark, second from right, Councilman Leonard B. Symons, fifth from right, Councilwoman Ann R. Ocker, third from left, Town Clerk Carl L. Marcellino, third from right, Nassau County Executive Thomas S. Gulotta, fourth from left, and New York State Assemblyman Fred Parola, second from left, join with administrators and players from the Hicksville Baseball Association for their annual opening day ceremonies. On hand for the occasion, left to right, were Chairperson Jane Senn, players Andrea Lampert, Danny Gilmor and Coach Michael Lampert.

Defensive Driving Course At Library

The National Traffic Safety Institute's six-hour Defensive Driving course will be held at the Hicksville Public Library on Tuesday, May 19, and Thursday, May 21, from 6 to 9 p.m. and again on Tuesday, June 16, and Thursday, June 28, from 6 to 9 p.m. Residents can register for either course.

Registration for the two courses will be held from May 5 to May 8. Registration is \$39 per person and checks should be

made out to the Driver Safety Program.

Students must attend both sessions of either course to complete it successfully. By completing the course, drivers may be able to save 10% on their auto insurance for three full years and remove four points from their driving record.

Further information can be obtained by calling the Hicksville Public Library at 931-1417.

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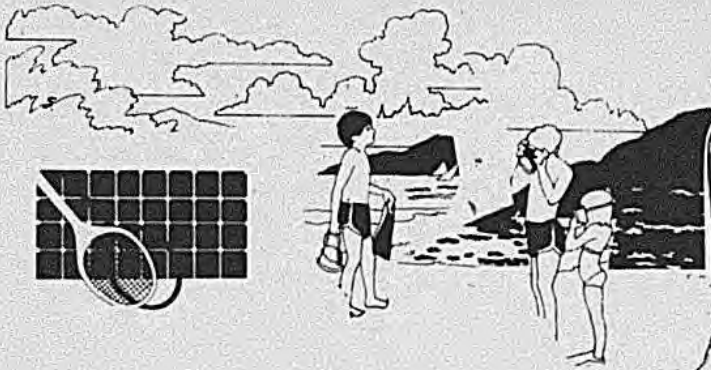
This newspaper, and the seven other weekly newspapers associated with it, publishes the last word in restaurant guides and a paid listing of many prominent selected restaurants in this area. While many of them have been rated by the great, and near great food connoisseurs, our readers will have the last word through "Reader Ratings."

Through a special 24 hour phone system, readers will be asked to call in their assessment of each restaurant they visit. Consensus ratings (good or bad) will be published as a continuing part of the guide.

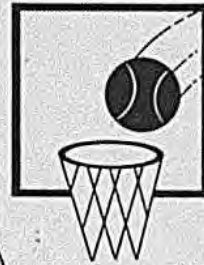
In addition they can make suggestions, compliments or criticisms through the open phone line and messages will be sent through to the restaurant management.

(Guide to Good Dining)

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For children ages 4 - 11

June 29 - August 7, 1992

A healthful, balanced day.
Sports, Crafts, Music, Swimming, and More.

Information: (516) 742-3434

THE WALDORF SCHOOL OF GARDEN CITY
CAMBRIDGE AVE., GARDEN CITY, NY 11530

Sports & Recreation Camp Directory



APPLICATIONS AVAILABLE FOR AEROSPACE CAMP

Applications are now available for a unique Aerospace Camp for boys and girls entering grades 5, 6 or 7 to be held at the Cradle of Aviation Museum in Garden City during the Summer.

The Camp has been very popular with the youngsters and suggested that parents sign their children up early. The Cradle of Aviation Museum, now in its formative stages, will eventually be the second largest air/space museum in the country.

The following activities will be available to youngsters who enroll in the four-day sessions:

- *Air and spacecraft simulations, including hands-on use of a Lunar Lander Simulator and airliner cock-pit simulator.
- *Anatomy of life support systems, including a chance to wear an authentic space suit.
- *Model rocket building and launching.
- *Planetarium sky show.
- *Hands-on instruction with selected aircraft from the Museum's collection.



THE AEROSPACE CAMP AT THE CRADLE OF AVIATION MUSEUM will introduce youngsters to the "anatomy" of life support systems including the chance to wear an authentic spacesuit.

material and equipment and a lunch beverage. Students must provide their own lunch.

The Cradle of Aviation, a facility of the Nassau County Department of Recreation and Parks, is located at Mitchel Field on Charles Lindbergh Boulevard in Garden City, adjacent to Nassau Community College.

For an application or further information, call*222-1191.

Each camp session will be held from Monday through Thursday, 10 a.m. to 2 p.m., and begin on the following dates: July 6, 13, 20, 27; August 3 and 10. The tuition is \$135 per session and covers counselor supervision, training

Kids 3-12 Have A Great Summer

3 or 5 Day Sessions
4, 6 or 8 week programs

Special Hours for Working Parents 7:30 a.m. 6 p.m.
Door to Door Transportation

•2 Heated Pools•Complete Swim Program
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At Molloy College, Rockville Center
A Unique Camp for motivated kids aged 5-14,
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Weekly Half Day Sessions
Available At Molloy Throughout
The Summer

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For more information
and a brochure call: **(516) 739-1100**

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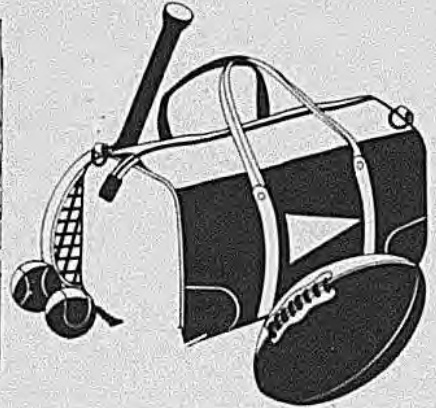
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or 992-5523**

Sports & Recreation Camp Directory

"Letters from Camp"



Special Sports and Recreation Camp Directory. Appearing in
Mid Island Times, Syosset Advance, Bethpage Newsgram,
Jericho News Journal, New Hyde Park Herald Courier,
Williston Times/Mineola Edition, Garden City News &
The Great Neck News



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For

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TEEN PROGRAM: 13-15 Year Olds

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(GRADES 7-12)
- JULY 6-10 & JULY 13-17
9 a.m. - 3 p.m.
(GRADES 2-6)

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LONG ISLAND'S MOST COMPLETE TENNIS CAMP!!

Peter Marmureanu, director

Peter Marmureanu, Director, Cove Tennis Center, pictured here with Chris Evert and Martina Navratilova. Peter coached both the Federation Cup and Wighman Cup Teams for the United States.

Peter Marmureanu, a world class tennis player, has designed a most comprehensive summer camp program for every level of play. In addition to the finest teaching professionals, Cove Tennis Center has the finest facilities anywhere on Long Island.

We offer 6 Indoor and 25 outdoor courts, both hard and clay. Door to Door transportation and lunch included.

So let us share our skills with your children. Sessions begin June 22, 1991.

For information call Peter Marmureanu at Cove Tennis Center 759-0505.

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SO DON'T DELAY!

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Where it's all happening

759-0505

Cove Tennis Center
60 Sea Cliff Avenue Glen Cove, N.Y.

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Miniature Golf, Roller Skating, Bowling, Archery,
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September '92

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We are open Monday - Saturday

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Garden City Campus
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July 6-10.....Day & Residential
Boys Select
12-17 years

July 20-24.....Co-ed Day Session
7-16 years

July 27-31.....Co-ed Day Session

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Head Coach Adelphi University Mens
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GIRLS' SOCCER One 2-week session	McKILLOP & HALL BASKETBALL Special 1-week program	BOYS' BASKETBALL Three 2-week sessions
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GIRLS' GYMNASTICS One 2-week session One 1-week session	RECREATION Four 2-week sessions Red Cross Swim Instruction	COMPETITIVE SWIMMING One 1-week session
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GIFT Three 2-week sessions	THE SHOOTERS SCHOOL Special 2-week Basketball Program	PROGRAM PLUS Extended Day Program
CHEERLEADING One 2-week session	"HERE'S TO ME" One 2-week session	COMPUTER SCHOOL Three 2-week sessions Beginners and Intermediate
RUNNING SCHOOL One 1-week session	WRESTLING One 1-week session	

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IN SUMMER PROGRAMS

Run For ASPIRE



Oyster Bay Town Councilman Douglas J. Hynes, second from left, Councilwoman Ann R. Ocker, third from right, and Councilman Leonard B. Symons, second from right, present trophies to the winners of the Plainview-Old Bethpage Road Runner's Club's "Run For ASPIRE," a special fundraiser that provides prosthetic devices, intensive physical therapy and rehabilitation for young amputees. Councilmen Hynes and Symons competed in the event. On hand for the occasion, left to right, were CBS television weatherman Mr. "G", first place male winner Marco Russo, first place female winner Allisa Henning and Road Runner's Club President Michael Polansky.

Middle School Career Day

The eighth grade students at the Hicksville Middle School attended Career Day '92 on April 8, through the administrative organization of Marie Marshall, Middle School Assistant Principal, and Richard Greenfield, Supervisor of Vocational and Occupational Education. The Home and Careers Department under the leadership of Sharon Golden, and Guidance staff members, working with Department Chair Barbara Horsley, worked to design an experience which allowed the students the opportunity to sample a range of professions.

Seventeen volunteers were on hand to speak to the youngsters regarding their occupations, from an Airline Pilot to School Administrator. The students enjoyed the presentations, asking thoughtful questions regarding their own career decisions.

High School Sponsors Benefit Car Wash

Hicksville High School students are preparing for a benefit car wash to be held on Saturday, May 30, from 10 a.m. until 3 p.m. in front of the high school. Proceeds from this event will be donated to the Cystinosis Foundation in the name of a Hicksville student. Cars will be washed for only \$3. The rain date will be May 31.

Tanglewood Singers Perform Op to Pop

The Tanglewood Singers are bringing their robust, colorful voices to the Hicksville Public Library on Friday, May 1 at 8:15 p.m. for an enchanting evening of song.

Herb Pordum, Joy Hilborn, Norma Siran and Gene Golluscio are the Tanglewood Singers. Individually, they each are strong theatrical personalities with voices of considerable power and thrust. Together, they form a unique blend of voices performing selections from well known musicals, operas and operettas.

This is an event music lovers should not miss. Admission is free and open to the public on a first come first seated basis.

Further information may be obtained by calling the Hicksville Public Library at 931-1417.

What Your Pension Options Are

Do you know what your pension options are, which option is best for you, or if you are able to borrow from your retirement plan? Answers to these very important questions can be found at the Hicksville Public Library on May 6 at 8 p.m.

Arlene Wisniewski will be presenting a "Pension Options" program to answer those serious questions and others as well regarding pensions.

YOU CAN BE A RESTAURANT CRITIC - If you visit any of the restaurants selected for inclusion in this section - call 931-0027 at any hour and tell your ideas. We want you, the reader, to be our critic. Your message then can be printed in this space.

The Good Doctor Pays A Visit

The Other Vic Theatre Company once again brings its talent to the Hicksville Public Library for a night of unforgettable entertainment as they present "The Good Doctor," by Neil Simon, on Friday, May 8 at 8 p.m.

Neil Simon has taken several vintage Chekhovian tales and translated them into mini-masterpieces where the humor is irresistible and the portraits are affectionate.

Audience members will witness as a crafty seducer goes to work on a wedded woman merely to find she has been in command from their introduction and a man as he negotiates his business which is to offer to drown himself for three rubles as all are tied together by a narrator sympathetic with the audience.

Admission to the performance is free and is on a first come, first seated basis. The content of the play may not be suitable for children.

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HAPPY BIRTHDAY

- April 1**
Sandy J. Jones
Christopher Rapuzzi
John Maguire
- April 2**
Nicole Lovisek
Matthew R. Juvet
Lisa Russo
- April 3**
Philip Catern
Colleen Chase
Ken Klein
Mario Maisonet
Florence Shaw
Frances Thomas Wahlen
Bob Wintner
- April 4**
Kathleen Doyle
Norman Duffy
Lauren B. Kurtzke
Lisa Menzies
Jeff White
- April 5**
Jessica Agosto
Cynthia Gaylor
David Hadsack
Brent Harrison
Bill Levins
Judi Adler Platt
Sue Powell
Pat Shortt
- April 6**
Rudy Kasimakis
Esther Palladino
Darren Sadowski
- April 7**
Maria Krobath
Nicole Peterson
Andy Schaeffler
- April 8**
Sharon Edwards
James Sanderson

Birthday And Anniversary Club

- April 9**
Michael DePalma
Charles Milone
John F. Rooney
Keagan Shaw
Kimberly Spiegel
Cathy S. Johnson (Wahlen)
- April 10**
Timothy Breuer
Ralph D'Avino
Nancy Hogan
- April 11**
Terry Hess
Roberta Obermeyer
Michael Schnipper
- April 12**
Mike Cerullo
Dawne Curran
Nick D'Antuono
Susan Sullivan Gottridge
Erin Karl
- April 13**
Lou Neumann, Jr.
Gene Olafsen
Leonard Zielinski
- April 14**
Joanne Burd
Patricia Ciecura
Annmarie Hawkins
Jim Tringali
- April 15**
Anthony Cordero
Thomas Snadecky
Eric Trongone
Michael Anderson
Herb Goerke
Thomas Morillo
Phillip Seeger
- April 16**
Sue Cucci
Rebecca Crown
Diana D'Avino
Danny McGovern
Tom Scannapieco
- April 17**
Erin Matlock
Jimmy Neumann
Ronald Platt
- April 18**
Stacey D'Amelia
Jennie Morillo
John Pietzak
John J. Sheppard
- April 19**
Claire Cerullo
Earl R. Clark, Jr.
Dorothy Conte
Andrew George Syrett
Chick Jabour
Andrew Syrett
- April 20**
Russell Matlock
Jennifer Mulligan
Jennifer Snadecky
- April 21**
Keith Carsten
Blanche Edwards
Jason Pellicano
Ryan Thomas
- April 22**
Colleen Heller
Leonard Zielinski
- April 23**
Michael Burwasser
Doreen Greggo
Peter Mazzocchi
Rosemary Ozienius



HAPPY ANNIVERSARY

- April 3**
Robert & Janet Connolly
Mary & Charles Goederer
- April 4**
Bill & Clara Bennett
James & Patricia Healy
Ruth & Bill Robeson
- April 5**
Alan & Carol Steinmark
- April 6**
Barbara & Channing Baker
- April 7**
Glenn & Judy Cisek
Joyce & John Swidzinski
- April 9**
Alicemary & Earl Clark
John & Gloria Latini
- April 10**
William & Susan Sanderson
- April 11**
Michael & Theresa Tisdell
- April 12**
Dennis & Ellen Mulligan
Mike & Jane Murray
- April 13**
Michael & Ann Trongone, Sr.
- April 14**
Mary Ellen & Richard Hudson
- April 15**
Lou & Donna Neumann
- April 16**
Mr. & Mrs. Frank Jopp
Patti & Tom Sergi
- April 17**
George & Alice Banes
John & Blanche Edwards
- April 18**
Donald & Catherine Buckley
Terri & Fred Hess
- April 20**
Pete & Lois Scally
- April 22**
Gene & Joanne Pietzak

- April 23**
Bernard & Gertrude Paul
- April 24**
Helen & Joe Behan
Joseph & Patricia Ciecura
- April 25**
Wendy & Phil Girmis
Mary & Patrick Gully, Sr.
Lorraine & Bill Koch
- April 26**
Mr. & Mrs. Keith Shaw
- April 28**
Donald & Alicia Anglin
Richard & Dorothy Heideman
Pat & Vinny Lafaro
Helen & Tom Scannapieco
Mr. & Mrs. John Vassar
- April 29**
Chris & Ray Auer
Tom & Corinne Clark
Don & Jeanne Houser
Danny & Betty Rodgers

To Owners of Good Restaurants:

This Is Your Chance To Join "Reader Ratings"

The Last Word In Restaurant Guides

Where Our Readers Have The Last Word



This newspaper, and the seven other weekly newspapers associated with it, publishes the last word in restaurant guides and a paid listing of many prominent selected restaurants in this area. While many of them have been rated by the great, and near great food connoisseurs, our readers will have the last word through "Reader Ratings."

Through a special 24 hour phone system, readers will be asked to call in their assessment of each restaurant they visit. Consensus ratings (good or bad) will be published as a continuing part of the guide.

In addition they can make suggestions, compliments or criticisms through the open phone line and messages will be sent through to the restaurant management.

(Guide to Good Dining)

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Letters

Continued From Page 3

gization, the School District, and most of all the Community. I'm also distressed at the fact that certain members of this organization, including one school board member, have exhibited behaviors that are highly impalpable, immature, unprofessional and even disrespectful. There's also rantings about partisan politics, and partisan affiliations of other candidates, many times infusing offensive and vulgar language.

Ladies and gentlemen, let's be that - There is no room for party politics when it applies to quality education for all our children, and when there is the implication that prevents or ridicules diverse opinions, then there is no Democracy. Freedom to differ in beliefs and express opinions is what makes America the greatest nation in the world.

We would hope that in the future this school board member, and all others who were engaged in this matter, think first. Appropriate conduct is paramount and common decency demands this, especially from members of the School Board.

Let's solve our existing problems, not seek or create other and new problems. The welfare of many is at stake!

Respectfully yours,
Frank Goban

To the Editor:

This letter is in response to Ms. Darlene Skaee's letter appearing in your April 17 issue. Ms. Skaee suggests that the Concerned Citizens of Hicksville (CCH) was founded merely to form a bond among other parents involved in personal lawsuits against the school district. However, had Ms. Skaee taken the time to gather the facts, she would have found out that the CCH was founded many years ago to address the silent prayer issue.

Through recent years, the CCH membership has expanded. Presently it has approximately 75 members. The membership consists of residents from every area of Hicksville. Some are young parents, others are grandparents and some haven't any children at all.

In addition to being affiliated with the CCH, many members volunteer their time to other worthwhile organizations such as: PTA, VFW, Elks, K. of C., Hicksville FD, HFD Ladies Auxiliary, CYO, Hicksville Youth Council, Hicksville Community Council, PTA Council, Senior Citizens Clubs, HBA, CCD, Gregory Museum, Hicksville Library Board, Hicksville School Board, and virtually every civic association in Hicksville. Each of the CCH members contribute many long hours through these various organizations to improve the quality of life in our community.

Personally, I resent Ms. Skaee's accusations that members of the CCH joined the organization to involve themselves in a lawsuit. I am a member of the CCH, and I consider myself one of the "lucky ones." My sons were not involved in anyway with Mr. Izzo. I do, however, feel that the parents of these sexually abused children have every right in the

world to sue for financial assistance. It's their responsibility to act on behalf of their children to get them the medical attention they all need and deserve. It's easy for us to forget the horror and pain that these children had to endure, but try and put yourself their shoes. They certainly did not ask to be part of this nightmare! No one would want their children involved in such a tragedy just so they could sue our school district.

These parents must fight, on a daily basis, the aftereffects of this incident. They are trying desperately to bring their children through this horrible experience. Every time the community tries to put this tragedy behind us, someone like you, without considering the children of their families, writes a ridiculous letter, such as yours. Rehashing this tragedy makes it necessary for the children to deal with this horror all over again.

Ms. Skaee, I wonder if you would volunteer to finance the children's therapy and rehabilitation of their mental health, out of your pocket. If so, I'm sure the parents who pay these bills presently would be happy to reconsider their lawsuits against the district.

The purpose of having insurance in our schools is to protect us against serious accidents in which children are hurt and to pay the related medical bills incurred. These children did not deserve the abuse they received at the hands of Mr. Izzo, but at the very least, as victims of this serious crime, they deserve our support now.

I am not aware of the current status of this lawsuit because contrary to Ms. Skaee's assumptions, it has never been addressed with members of the CCH.

When Mr. Pfaender ran for the school board, he stated on numerous occasions that he would remove himself from any discussions regarding this lawsuit when it was addressed by the Board. I believed him when I voted for him as I believe him now.

I also believe that Mr. Martin and Mr. Staton are both honest, hard working and fair individuals. I believe they can represent this community and do a fine job on the school board.

I hope that the residents of our community take the time to meet with all the candidates, listen to their viewpoints as well as express their own. Closing a school in Hicksville is not the only issue facing our school district. We need to elect trustees who can be trusted and can offer new and innovative ideas to our problem solving, listen to each of the candidates, consider their background and past experiences and think about what each one of them can bring to the board, then vote your conscience on May 20. Stop writing letters that serve no purpose but to add salt to open wounds.

Sincerely,
Robert John Becker, Sr.

To The Editor:

A recent letter to the editor raised questions regarding the formation and composition of the Concerned Citizens of Hicksville, Inc (CCH) organization. The author linked CCH's genesis to the Robert Izzo sex abuse case and the resultant

litigation.

Clearly the author is presenting a fictionalized account of the CCH's origin and objectives. In actuality, CCH was formed approximately ten years ago in response to the moment of silence in our schools issue. Today, CCH is an eclectic group of individuals, drawn from every school attendance area within Hicksville. We are united by a common purpose - to ensure the best quality education and learning environment for our children at a reasonable cost to taxpayers.

The author accuses CCH of being a special interest group. On this point she is correct. Our special interest is the community of Hicksville. While we are primarily involved in educational matters, we also participate in civic and charitable events. In the past two years, CCH has taken an active role in fundraisers that have benefitted the Cystenosis Foundation, the Hicksville Youth Council and individual residents of our community. In addition, CCH members have been instrumental in thwarting state educational spending cuts, the Cablevision tower and the lease renewal of a local asphalt company accused of polluting our environment.

In her letter, the author attacks three Board of Education trustees - Mr. Pfaender, Mr. Black and Mrs. Lafferty - for failing to resolve the school reorganization issue this year. Isn't our Board of Education comprised of seven members? Why are only the three junior members castigated? Why are the senior board members, who have wrestled with this issue longer without resolution, absolved by the author?

The author's implication that CCH is dominated by avaricious litigants in the Robert Izzo case is not only unfounded but callous. In fact, of the approximately 70-80 CCH members only 6 or 7 are party to the litigation. More importantly, however, why does the author feel compelled to introduce the Robert Izzo sex abuse litigation into this election? What is the nexus? Clearly this is a subterfuge designed to divert attention away from the real campaign issues and/or discredit the CCH candidates - neither of whom are litigants. Is this really necessary? Haven't these young victims and their families been abused enough? Must they be constantly forced to relive their nightmare by individuals hoping to exploit this issue for political gain?

Now about the campaign. The rancor and malice engendered by the lingering school closing issue have deeply divided this community. Clearly this issue must be addressed and brought to closure as expeditiously as possible. It is imperative that we elect candidates that are willing to subordinate personal political agendas to resolve this most vexing issue, equitably and objectively. Once resolved they must possess the strength of character to tackle the equally daunting task of dismantling the barriers that divide us and promote the healing process that will unite us. These candidates must be willing to work in a spirit of compromise and cooperation with other board members and the Superintendent to address the myriad other concerns of this school

These goals can only be achieved by individuals who are honest, caring and fair. I am proud to endorse two such candidates - David Staton and Volcy Martin. I believe they possess the integrity and candor to successfully lead our school community through this critical period. Together they can help us restore TRUST in our trustees and put UNITY back into our community.

Ed Hebron

To the Editor:

There seems to be an effort on the part of Mr. Martillo's supporters to set up a smoke-screen surrounding his activities the past year and a half by attempting to put the blame for the school closing turmoil on Mr. Black, Mr. Pfaender and Mrs. Lafferty. Mr. Martillo's supporters must think that the people of Hicksville are incredibly stupid or totally unaware of what has gone on in recent school board meetings.

No one in Hicksville has forgotten how Mr. Martillo resided the vote to close East Street School. He went on to make the successful motion to close Willet Avenue School to further protect East Street's position. Since that time, at every meeting, Mr. Martillo's blatant protection of East Street School seems to be his only purpose on our school board. Indeed, he has not addressed any educational items at school board meetings this year and has little to say about any other issue or building closing until East Street is mentioned.

We have also not forgotten that at a recent school board meeting, Mr. Martillo and Mr. Collins manipulated the board's voting procedure, so that the issue of East Street closing could not even be discussed! Such behavior is an outrage and the reason this board has been unable to come to a decision on school closings that is equitable and educationally sound.

The time has come to remove Mr. Martillo and Mr. Collins from the school board and replace them with candidates who will work for the good of all Hicksville residents and who will make the education of our children their first priority.

Sincerely,
Carol Koegel

Lacrosse Game For Car Victim

On May 8 Lacrosse friends will honor Van Androutopoulos, who was killed in a car accident this past August.

Through the "Make A Wish Foundation" (a foundation which uses its funds to grant a wish to a terminally ill child). The game will be held at Hicksville High School on Friday, May 8, at 5:30 p.m. The Bethpage PAL Team will play the Hicksville PAL Team. This will be followed by the Hicksville High School's regularly scheduled varsity game against Long Beach at 7:30 p.m.

There will be a dedication ceremony at 7 p.m. Anyone who cannot attend but would like to make a donation in honor of Van, may make checks payable to the "Make A Wish Foundation." Mail donations to: Larry Kramer, 24 Evelyn Drive, Bethpage, N.Y. 11714 or Al Ciaccio, 1 Joseph Lane, Hicksville, N.Y. 11801.

Letters

To the Editor:

I'd like to respond to a letter written by Ms. Darlene Skae appearing in the April 17 issue.

It is hard, Mrs. Skae, to believe that you are a mother and an active PTA member of the East Street School. How could you use children's pain and suffering as a political point to discredit the integrity of Mr. Staton and Mr. Martin?

Dave Staton is an active member of the Hicksville community and President of the Duffy Park Civic Association, and has worked hard and made strides for the entire Hicksville community, not just the Duffy Park area. Dave Staton was involved in fighting the proposed Cablevision tower which was being erected in the East Street School area. He was at Town Hall; were you involved Mrs. Skae? No, you weren't!

You also question the integrity of Mr. Voley Martin, a man who has and continues to serve his and your country for 25 years in the United States Reserves and is currently a Major. I guess you are questioning the government's integrity as well. He gave seven months of his life, stationed in Saudi Arabia, Kuwait, Desert Storm. Have you ever heard of Desert Storm, Ms. Skae?

Have you ever heard Mr. Staton and Mr. Martin speak at a forum or have you ever spoken to either of them personally? How can you make these assumptions? They have not yet had an opportunity to speak at any forums nor have they met with you!

Sincerely,
Mrs. Karen Haggerty

To the Editor:

I would like to address a response to the letters written by Ms. Darlene Skae and Mr. Donald Kloenne, which appeared in the April 17 edition of this newspaper. I cannot understand how both of these individuals can be so narrow-minded and slanderous with their viewpoints.

First, to address Ms. Skae's remarks. Most civic groups are formed by individuals who have common concerns on community issues, and strive for the betterment of the entire community. For your information, just because an individual is affiliated with any particular group, it does not take away that individual's right to bring a lawsuit against another individual, or even the Board of Education.

I am outraged at your insidious viewpoints and the underhanded allegations you express about the two individuals who head the Concerned Citizens of Hicksville. I am confident that if you would take the initiative to research the situation and obtain more background data on what actually transpired, you would come to your senses and publicly apologize to both of these individuals (as well as all of the other parents and children involved).

Part of the responsibility of being a parent is to protect and ensure the well-being of your children and if that function requires instituting a lawsuit to effectively correct an illegal and violent situation, than so be it! I do not understand how the fact

of being a taxpayer should allow you to question the rights of these two individuals.

I will openly admit that if the situation would have happened to my children that I would have filed a similar lawsuit, even if I was "seated" as the President of the Board of Education. I do not know if you have any children, but if you do, I'm sure you could relate to the situation and (after you know all of the facts) you would be next in line to file a similar lawsuit.

It is extremely unfortunate to these individuals and also to the children of this community, that you had to resurrect this issue. For your information, the Teacher's Aides and even Mrs. Martillo herself filed lawsuits against the school board while her husband was serving on it. I feel that these individuals all have legal rights and who are you or I to question them?

I would also like to inform you that the current Board of Education has four (4) members serving on it who were nominated by the CCH. Yes, that's right. Mrs. Carole Wolf was nominated and supported by the CCH during her last campaign for her current seat. This situation contradicts your biased opinion against Mrs. Lafferty, Mr. Pfander and Mr. Black, and even though Mrs. Wolf had CCH support, she feels free to express her own viewpoints on the issues.

How dare you question the integrity of Mr. David Staton or Mr. Voley Martin (the other candidate from the CCH). What makes you such a credible source, and what gives you the right? These two dedicated individuals are willing to devote their time to solve our community's educational issues, and we should be thankful to have persons of their caliber willing to make that commitment. I hope you intend to be present at the various candidates' forums to listen to these two individuals and would reconsider your comments.

It is true, Mrs. Lafferty, Mr. Pfander, and Mr. Black did vote not to close any schools during the 1992 school year, even though they ran on a platform to close schools. However, this should be viewed as a credit to them, since they were responding to the entire community which voiced an overall tone of no school closings. Part of a trustee's responsibility is to be cognizant of the community's involvement. I believe that these three (3) individuals exhibited "sound mature judgment" in casting their vote. If you were in attendance at that eventful board meeting, perhaps you would concur.

Now I would like to respond to Mr. Kloenne's allegations. I believe that your perspective of fire safety is twisted and misguided. The issue of fire safety does not only involve the response time required for fire vehicles to reach the incident scene, but it also involves the safety aspects in the design and construction of a structure; and its inherent ability to effectively prevent a fire from occurring in the first place. Even Smokey

the bear understands the importance of preventing fires!

As for your concerns of the transportation issues during austerity situations, let's face it,

all students are going to suffer during austerity no matter which school we close.

For your information, Mrs. Lafferty, Mr. Pfander and Mr. Black do not live in the Old Country Road, Dutch Lane and Fork Lane sections; and they are offering their unbiased opinions based on sound, rational judgment. It is unfortunate that you do not acknowledge their efforts or offer any other constructive solutions to our community problems.

I disagree with your statements on "unchecked power, and personal aggrandizement." I feel that the entire board is suffering from a frustration on the "cohesiveness" which is required to address the school closing issues. It is important to note that the board's frustrations do not lie solely in the composition of its members, since the community is providing tremendous pressure and voicing their concerns on this issue.

I find it interesting that you can so "nonchalantly" criticize the performance of Mrs. Lafferty, Mr. Pfander and Mr. Black with a pen from your rocking chair, instead of taking the time to offer constructive resolutions to the current problems. Your letter has created additional and unnecessary undertones towards dividing this community even further, instead of assisting in its mending.

Thomas E. Lupaki
Parent and Taxpayer

To the Editor:

I would like to respond to a letter written by Darlene Skae which was published in the April 16 edition of your paper.

Mrs. Skae states that the Concerned Citizens formed as a result of a lawsuit against the district. This is totally untrue. The Concerned Citizens was formed in the early 80's by people wishing to endorse honest candidates with integrity to run for the School Board. She also states that candidates we endorse owe their allegiance to us. That is also untrue. None of our candidates, past or present have ever made any promises to the Concerned Citizens or any of our members other than to the fair and honest. They are independent thinkers who owe their allegiance to their own consciences.

Another point brought up by Mrs. Skae is that we are representative of only a few school attendance areas. This is also untrue. We have members from all areas of town, young parents, people with no children, and senior citizens. Unlike the East Street Coalition which she is a part of, we do represent all of Hicksville, not just one school whose sole purpose is to keep their school open.

As for her point of our two candidates both being from Old Country Road school area, that is true, but she assumes that they are as closed minded about their school as Mr. Martillo (whom she supports) is about East Street. You shouldn't assume anything. They have both stated that they would have no problem closing Old Country Road if they were convinced that that was the school that would close and it was in the best interest of everyone.

As for no schools being closed this year, she blames that on

Mrs. Lafferty, Mr. Black and Mr. Pfander, when it was Mr. Martillo who made the motion not to close any schools this year, and the board agreed that they could not agree.

And for my last point I would like to direct this to Mrs. Skae. You bring up the point that the President and Vice-President of the Concerned Citizens both have lawsuits against the district. First of all, I would like to know how you know this for sure. Unless you went to the trouble of going to the courts and finding out who is involved in this lawsuit how would you know. No one has ever stated publicly who has a lawsuit and who does not. And to trivialize what happened to these children as a mere "lawsuit" is unconscionable. These children were tortured, raped, sodomized and scared to death, some for as many as three years, and you have the unmitigated gall to trivialize it. You Mrs. Skae should be ashamed of yourself, both as a parent of young children and as a human being who I would hope has feelings. These children will

need counseling possibly for the rest of their lives, and who is supposed to pay for it. Do you know that counseling costs between \$90-\$120 per hour? You make it sound like the parents are money-hungry. Any settlement will be set aside in trust for the child, to be used only for counseling purposes, until the child is 21. The parents will not get a cent, not one cent. Leave these children alone. Their tragedy has no place in school board elections.

Gary Kani

To the Editor:

Letters have appeared recently, by Martillo supporters, that claim that the CCH is a special interest group supporting school board candidates for some special purpose. A look at who the CCH is and why they support the candidacies of Dave Staton and Voley Martin, as opposed to Mr. Martillo and his supporters, gives a clear picture of the truth.

Mr. Martillo's supporters are a group of East Street residents, occasionally known as the East Street Coalition, who come together at school board election time to support East Street candidates or whenever the closing of their school is threatened. The CCH - Concerned Citizens of Hicksville - is a group that is active year round and works for the betterment of the entire Hicksville community. While one of the CCH's big concerns has been the quality of our school board, the CCH has also in the last year sponsored a fundraiser for the Cystinosis Foundation, which benefits a family in Hicksville affected by this rare disease, assisted the Hicksville Youth Council in its fundraising activities and was part of the successful effort to prevent the Cablevision Tower from being dumped on Hicksville.

If the CCH is a special interest group, then its special interest is improving the quality of life for all the residents of Hicksville. The CCH has members who come from every area of Hicksville and who are active members of virtually every school, civic, fraternal and political organization in this community. Because of this

diversity, we don't always agree on all the issues and particularly those involved in school closings. That is why it is especially important that the CCH support candidates they believe will serve the interests of all Hicksville residents with honesty and integrity and not sit on the board to protect one school or a small group's interests.

Dave Staton and Voley Martin believe in the community of Hicksville. They believe that every child in Hicksville deserves the best education this district can provide and that no group or school should put its interests above those of others.

We believe that Mr. Staton and Mr. Martin have proven by their qualifications and reputations that they have the ability, honesty and integrity required to solve this district's problems by addressing the needs and concerns of every child, parent and taxpayer in this district, and that is why the CCH supports their candidacies.

Sincerely
Jan Matthiessen

To the Editor:

I would like to take this opportunity to thank all of you who supported me when I was seeking re-election to the Hicksville Public Library Board of Trustees. For those of you who voted for me, I want to thank you for your vote of confidence and pledge that I will continue in my efforts to make the Hicksville Public Library a viable place in our community for all the people of Hicksville - young and old; children, students, homebound, handicapped, and those of us who use it for information and relaxation.

I would also like to thank the voters for their support of the budget, as this too is a vote of confidence in both the new Director, Celeste Wetman, and the entire library Board of Trustees.

Sincerely,
Clara T. Bennett
Hicksville

Fifth Annual Mineral Sale

The Hicksville Gregory Museum's Fifth Annual Mineral Sale and Open House will take place on Saturday, May 2, and Sunday, May 3. The museum and grounds will be open from 10 to 5 on Saturday and from noon to 5 on Sunday. The mineral sale will include excess material from the museum's collection, including specimens for both the beginning and advanced collector, rough material for tumbling and polishing, and gemstone jewelry.

Other highlights of the two day festival will be a rock swap for children ages 5-14, a lost mine, a dig for dinosaurs, and geology videotapes.

On the two days of the sale, the museum will be open free to the public. For further information please contact the museum located at Heitz Place, Hicksville, or call 822-7505.

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LEGAL NOTICE

NOTICE OF THE ANNUAL SCHOOL DISTRICT MEETING OF BETHPAGE UNION FREE SCHOOL DISTRICT NASSAU COUNTY, NEW YORK (JUNE 9, 10, 1992)

NOTICE is hereby given that the Annual Meeting of the inhabitants of Bethpage Union Free School District, County of Nassau, State of New York, qualified to vote at School Meetings in said District, will be held in the auditorium of the Bethpage Senior High School, Cherry Avenue and Stewart Avenue, Bethpage, New York in said District on June 9, 1992 at 8:00 p.m. (D.S.T.) for the purpose of discussion and furnishing information only on the necessary funds to meet the estimated expenditures of the School District and appropriations for the Public Library during the ensuing year; and for the discussion and/or transaction of such other business as is authorized by the Education Law.

PLEASE TAKE FURTHER NOTICE that at the conclusion of the Meeting on June 9, 1992, the same will be recessed until 12:00 o'clock noon, June 10, 1992 at the Auditorium, Bethpage Senior High School, for the purpose of voting between the hours of 12 noon to 10:00 p.m. (D.S.T.) on the following separate matters:

1. The estimated expenditures (school budget) for the ensuing school year (1992/93) and authorizing the levy and collection of necessary taxes therefor; (Proposition 1)
2. The Public Library appropriations for the ensuing school year and authorizing the levy and collection of necessary taxes therefor; (Proposition 2)
3. Any other questions or propositions as to matters or expenditures that may be presented for a vote under the Education Law.

PLEASE TAKE FURTHER NOTICE that at the said vote and election to be conducted on June 10, 1992, three (3) members are to be elected to the Board of

Education as follows: *

ONE (1) member is to be elected for a full three (3) year term to fill the vacancy created by the expiration of the term of **BARRY J. ALBANO**, which term expires June 30, 1992.

ONE (1) member is to be elected for a full three (3) year term to fill the vacancy created by the expiration of the term of **SALVATORE MIRANDO** which term expires June 30, 1992.

ONE (1) member is to be elected for a full three (3) year term to fill the vacancy created by the expiration of the term of **KATHLEEN PICINIC**, which term expires June 30, 1992.

LEGAL NOTICE

PLEASE TAKE FURTHER NOTICE THAT ONE (1) Trustee is to be elected to the Board of Trustees of the Bethpage Public Library at said vote and elections to be conducted on June 10, 1992 for a full term of five (5) years commencing July 1, 1992.

PLEASE TAKE FURTHER NOTICE that all nominating petitions of candidates for the office of member of the Board of Education and candidates for the office of member of the Board of Trustees of Bethpage Public Library, shall be filed with the Clerk of the DISTRICT not later than May 11, 1992, between the hours of 9:00 a.m. and 5:00 p.m. (D.S.T.). A separate petition, duly signed by at least thirty-two (32) qualified voters of the district, said number constituting 2% of the total number of voters who voted at the Annual Meeting of June 12, 1991; stating the residence of each signer, shall be required to nominate a candidate to each separate office. Petitions for school board members shall describe the specific vacancy on the Board of Education for which the candidate is nominated; said description shall include at least the length of the term of office and the name of the last incumbent, if any. Library Board Trustee petitions shall state the name and residence of the candidate and the date upon which the term begins, but shall not recite either the name of any last incumbent or any length of office.

PLEASE TAKE FURTHER NOTICE that the order in which the names of candidates shall appear on the voting machine for each separate office shall be determined by a drawing by lot to be held on May 12, 1992, at 2:00 p.m. at the office of the District Clerk at the Administration Building, Cherry and Stewart Avenues, Bethpage, New York. Unless a candidate appears personally, or by a person holding a signed written proxy, at the office of the District Clerk at the appointed time and date, the District Clerk shall draw a lot for such absent and unrepresented candidate.

PLEASE TAKE FURTHER NOTICE that each person entitled to vote must register. Registration dates and hours are as follows:

SATURDAY, May 30, 1992 between the hours of 1:00 p.m. and 5:00 p.m. (D.S.T.)

WEDNESDAY, June 3, 1992 between the hours of 3:00 p.m. and 8:00 p.m. (D.S.T.)

Said registration will be held at the Bethpage Senior High School Auditorium, Cherry and Stewart Avenues, Bethpage, New York.

All persons who shall have been previously registered for, and shall have voted at,

LEGAL NOTICE

any Annual or Special Meeting or any Election held or conducted during the four (4) calendar years prior to the year for which such register is being prepared, will not be required to register for the Annual Meeting Vote and Elections to be held in said District on June 10, 1992, or any adjourned date thereof.

All persons who registered at the Annual Meeting and Election held on June 12, 1991, will not be required to re-register for the purpose of voting on June 10, 1992.

Persons whose names appear as eligible voters as of June 10, 1992 on the Voter Registration Books issued and maintained by the Nassau County Board of Elections, shall be eligible to vote at the Annual School District Meeting Vote and Elections to be conducted on June 10, 1992. (Exception to School District Registration requirement.)

The Board of Registration will meet during the election held in the District on June 10, 1992, at the place where the Annual Meeting and Election is held for the purpose of preparing a register for meetings and elections held subsequent to such Annual Meetings or Elections.

PLEASE TAKE FURTHER NOTICE that the register will be open for inspection by any qualified voter of the School District from June 4, 1992 up to and including the day of the election, June 10, 1992, Sunday excepted, between the hours of 8:30 a.m. and 4:30 p.m., with the exception of Saturday, June 6, 1992 when the hours will be from 10:00 a.m. to 1:00 p.m.

PLEASE TAKE FURTHER NOTICE that a copy of the proposed budget for the ensuing school year 1992/93 may be obtained by any qualified voter at the office of the District Clerk, Administration Building, Cherry and Stewart Avenues, Bethpage, New York, and the offices of the principals of all the schools in the District therein, during the period of seven (7) days immediately preceding the Annual Meeting between the hours of 9:00 a.m. and 4:00 p.m. (D.S.T.), Saturdays, Sundays and Holidays excepted.

PLEASE TAKE FURTHER NOTICE that the vote on all propositions and the election of candidates at the aforesaid Annual Meeting Vote and Elections, on June 10, 1992, will be conducted by ballot on voting machines.

BY ORDER OF THE BOARD OF EDUCATION, BETHPAGE UNION FREE SCHOOL DISTRICT
Heidi Sanchez, District Clerk

Bethpage, New York
BETH 3132
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tions designed to test their strength, balance, body and eye coordination, along with general overall body conditioning. The course is geared so that each child achieves some success by working and performing at his or her own skill level.

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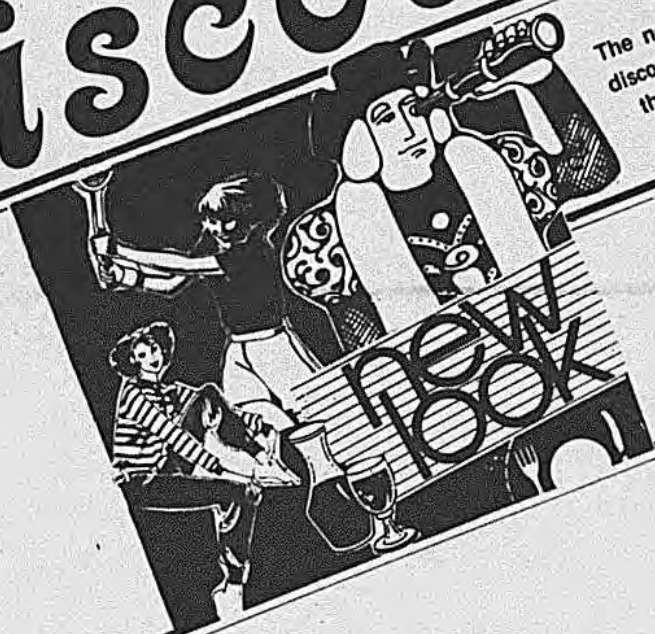
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Syosset Advance, Williston Times,
New Hyde Park Herald Courier,
Bethpage Newsgram, Jericho News Journal,
The Garden City News
and Great Neck News



Discovery! Magazine

The newspaper edition that helps
discover new writers, new ideas
through input and special
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Friday, April 24, 1992



The Catalog Quiz

SEE PAGE 3



THE QUESTION OF THE WEEK

Do you think Mr. Ross Perot would have any chance of winning the election?



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Input Callers Say TV Is Vote Influence

Most callers to Input believe that TV coverage of the primaries has influenced the outcome of the elections in answer to this question: Do you think TV coverage of the Primaries has influenced the election results? Here are some of the answers:

GOV. CLINTON HURT

Not only has TV coverage influenced the outcome of the Primaries but the continuing hacking away by newspaper columnists and headline writers has hurt Gov. Clinton. I think they have been subjectively unfair and have gone after his personal life where it would have nothing to do with the issues. TV has been an influence, but a bad influence. The people on TV simply echo what has been printed in the press. **K.G.**

BIG BARK

All coverage has some affect on voters. I think it was out of bounds the way the Democratic candidates were kicked around. The odd thing really is that with all of the blackening of Clinton, a sizable number of voters still think he is the person to lead the largest party in the election. So perhaps TV has a bigger bark than bite. **L.B.**

BAD CANDIDATES

I don't think that the press coverage has been all that bad considering that the candidates themselves have had many things that were pretty bad. Clinton has been double talking under questions, but after all what is a campaign for if not to get things out in the open? TV is only doing what it is supposed to do. **M.F.**

DEMOCRATS HIT HARDEST

While TV has an influence on campaigns it seems to be from whatever side you are on that it is doing good or bad. For instance most people have accepted the idea that most of the press including, the TV news personalities, are liberal, yet with Clinton and Gary Mart the press ripped into them with a ferociousness that one would think would be reserved for the Republicans. Since the Nixon debacle I think the Democrats have been hardest hit. **K.F.**

PRIMARIES USELESS

I think that TV coverage has made the Primaries useless. The entire campaign is simply a TV event and there is no way for the ordinary voter to get information except from what is fed through the TV channels and newspapers. TV has a peculiar way of selecting and feeding the viewers whatever the management of the stations want to give and from one station to another the same news is given over and over with different type of high pressure acting. The Primary is a failure under TV direction. **G.M.**

MORE ENLIGHTENED VOTERS

It is perhaps easier to blame TV than to know how in the Primaries they could have given anything other than what they did. The candidates themselves often set the stage for doubt among voters and when the news sources pushed to find out the truth it had to be given to the voters. I think we have more enlightened voters now. **C.S.**

RELENTLESS PROBING

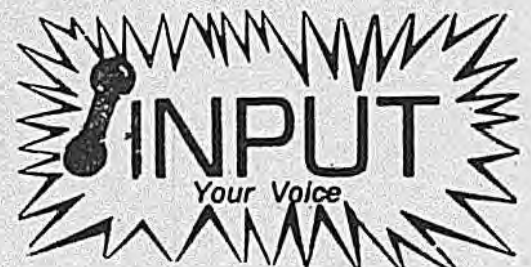
If TV keeps on with its relentless probing into the private lives of candidates we won't have many really good contenders, perhaps it has already happened because the field was big but it was mediocre. **J.A.**

PEROT NEXT

No question about it · in my opinion TV coverage of the Primaries definitely influenced the election results! And that leaves a few more situations to come where TV will undoubtedly

play a critical role next November. Before that, however, I believe it will play a vital part in the candidacy of Ross Perot whose millions has already attracted influential volunteers to assist him in his campaign.

Frankly, I have personal reservations about the use of power in the hands of a candidate of such unlimited wealth. And unfortunately, I fully believe that it is the wealth itself which inspires many of those who intend to support Perot. He himself was quoted in the New York Times with the following alleged statement "It's hard for me to believe, it's sort of like locusts across a wheat field at this point," Mr. Perot said in a telephone interview today, sticking to his habitual contention that he is merely reacting to a groundswell. Needless to say, TV coverage would play an important role should he become an independent candidate as the foregoing comments would seem to prophesy. **P.G.S.**



Discovery!



The Catalog Quiz

By Marjorie Wolfe

Want to buy a three-strand, faux pearl First Lady necklace with Tiffany-style clasp for \$19? Or, how about a Zsa Zsa solitaire ring with a two-carat cubic zirconia costing \$39.95? Both were available from an Ohio mail-order catalog.

Erma Bombeck was right! The catalogue's got my tongue.

How much do you know about catalogs? Let's see.

1. Who issued the first mail-order catalogue - one sheet of paper measuring 12x8 inches listing 163 dry good items, most selling at \$1 each?

2. Which catalog is not only one of the country's most successful but also one of southern Maine's biggest tourist attractions?

3. Which catalog offers a Zonker yo-yo (\$8.95), a Boopie camouflage bikini (\$45), and fake White House credentials (25 for a set of five)?

- A) Hammacher Schlemmer
- B) Neiman-Marcus
- C) The Great Doonesbury Sellout

4. This catalog supplies dormitory essentials for the college-bound student: collapsible stacking storage crates, laundry bags, divided to hold colored and white clothes, etc. All that's missing is a copy of Deborkowaki's Laundry Law: "If you come out of the laundromat with an even number of socks, you have somebody else's laundry." Which catalog is it?

- A) Living in a Glove Compartment... and enjoying it, Inc.
- B) The Complete Collegiate, Inc.
- C) The Roommate Encounter

5. In what best-selling book by garrison Keillor does the author describe *The Grace & Truth Catalog* - items with scripture emblazoned on them. Ex. a wastebasket inscribed "Touch not the unclean thing."

- A) Fashions, fantasies, romance and fun come alive via
- B) The Undergear catalog
- C) Fredericks of Hollywood

6. Fashions, fantasies, romance and fun come alive via

- A) The Undergear catalog
- B) Fredericks of Hollywood
- C) Under Statement 4-U

7. There is nothing in this catalog that doesn't bespeak a belief in hard work, the simple virtues, and value for money. Published since 1946, it offers Instant Shoe Shine Disks, Bag Balm, Wilbur Buds, and red Radio Flyer wagons. What's its name?

- A) Endangered Species
- B) Lillian Vernon
- C) The Vermont Country Store's Voice of the Mountains

8. A mint-filled acrylic nosh box, a "Shayna Punim" coffee mug, and a sweatshirt inscribed with "Stop Kvetching and Start Stretching" is available from

- A) Thirtysomething
- B) The Source for everything Jewish
- C) Wireless - Holiday 1991

9. Where can you purchase Gulf War playing cards, a Quayle watch (which keeps track of the hours 'til the Veep can hang up his shingle in Indiana), Rainforest Soap, and a Bart Quayle "Underachiever" shirt?

- A) Russian Dressing/The Daily Planet
- B) Honeybee
- C) Harry and David

10. Where can you purchase china from sunken ships, ancient coins, and "The Babe" - six baseballs autographed by Babe Ruth?

- A) Booty, Spoils & Plunder (J. Peterman Co.)
- B) Gumps

C) Tweeds

11. In 1990 Nebraska's Governor, Kay Orr, served as an unpaid model in a mail-order catalog; she was promoting the company's attache bag. Subsequently the Democratic opponent, Ben Nelson, complained that the publicity from the ad constitutes an undeclared contribution to her re-election campaign. Name the catalog in which she appeared.

- A) Spiegel
- B) Lands' End

C) The Left Hand

12. Who said, "Veni, Vidi, Visa" (We came, we saw, we went shopping)?

- A) Jan Barrett
- B) Imelda Marcos
- C) Erma Bombeck

13. What catalog did Franklin D. Roosevelt once suggest should be air-dropped all over the Soviet Union as a testament to capitalism's rewards?

- A) Tupperware
- B) Sears
- C) The Sharper Image

14. Which catalog offers Cajun Andouille (ahn-doo-i), Upside Down Cajun Pickles and Chow-Chow, and a recipe for Lo-Calorie Oklahoma Honey Chicken?

- A) Bite Sighs
- B) K-PAUL'S Louisiana Mail Order
- C) culinary Institute of America (CIA) Catalog

15. What items are available from Penal Marketing associates (PMA), a make-believe Mail Order Business for Inmates? (Source: Spy Magazine, Dec. 91)

A) Item No. 5 - The Good Time Calculator Keeps accurate track of inmate's remaining serve, with state-of-the-art formulas to calculate time off for good behavior and next parole hearing alarm feature. LCD display shows inmate's complete prison record for fast reference at parole hearings.

B) Frozen TV/Cell dinner: Lobster Zsa Zsa and Lobster Leona. (Pair of shellfish served bound together by tiny handcuffs)

C) Book, "The Penal Insurance Guide," BOMC selection indicates that prison guards in N.Y. get insurance that pays them a half-year's wage (or about \$14,000 in 1989) if they're held hostage by inmates for more than 12 hours. More facts!

KEY:

- 1. Montgomery Ward
- 2. L. L. Bean
- 3. C
- 4. B
- 5. Lake Wobegon Days (Viking)
- 6. B
- 7. C
- 8. B
- 9. A
- 10. A
- 11. B
- 12. A
- 13. B
- 14. B
- 15. A

ABOUT THE AUTHOR

Marjorie Wolfe is a business teacher in Plainview, and a freelance writer.

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READER RATINGS



Q. The term "smorgasbord" has been around a long time and everyone knows it means buffet. But I would like to know the derivation of this word.

A. Smorgasbord comes from the Swedish and it can be translated simply as "sandwich table".

Q. If an uncut loaf of bread is served to a couple in a restaurant, who should cut and serve it?

A. It would be gracious for the man to cut several slices from the bread for his woman companion and himself. Then he would offer the bread to her before taking his own portion.

Q. When dining out with a group of ten or twelve people is it necessary to wait until everyone at the table is served before starting to eat?

A. No, at a large table such as you describe it is usual to begin eating when three or four people have been served. It would be thoughtful for the host or hostess, if there is any, to urge guests to begin eating so their food will not get cold.

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DINING GUIDE



Vegetarian View

By Margaret Wine-Peterson

As Americans have become more conscientious about heart health, they have reduced or eliminated red meat from their diets. Consequently, many rely on cheese as a meat replacement.

Cheese has its virtues. Concentrated from milk — 1 cup of whole milk typically yields 1 ounce of cheese — cheese supplies high-quality protein, riboflavin and vitamin A.

Just 1 ounce of many cheeses contributes about a quarter of the U.S. Recommended Dietary Allowance for calcium.

These vital nutrients come at a high price, however. Compared to red meats, many cheeses contain as much or even more fat, as much cholesterol, and much more sodium.

Fat supplies 70 percent to 80 percent of the calories in a typical hard natural cheese such as Swiss or Colby. Surprisingly, 3 ounces of Cheddar cheese contains more undesirable saturated fat than an equal amount of beef tallow.

So, think of cheese as you would meat for a heart-healthy diet. Both can be used in small amounts in a diet that is mostly vegetables, dried beans and peas, grains, fruits and other low-fat, carbohydrate-rich foods.

Read the label. Some products might not be significantly lower in fat and cholesterol yet proclaim they are reduced in both. The term "light" can be misleading, like "part-skim" or "lower-fat" cheeses. "light" products might have less fat than other similar items but are still high in total fat.

Instead of using the high-fat varieties as your "staple" cheeses, switch to moderate-fat items that have a maximum of 6 grams of fat per ounce.

Examples are part-skim mozzarella, whole-milk ricotta, feta (rinse in water and drain well to remove excess salt), creamed cottage cheese, and some specialty low-fat cheeses. Here fat provides about 60 percent of the calories, very high for a truly "lean" diet.

Those with elevated blood fats should stick to the cheeses that contain no more than 3 grams of fat per ounce. These include low-fat or dry curd cottage cheese, part-skim ricotta, and some processed cheeses. One national brand of reduced-calorie Gruyere cheese, conveniently wrapped in individual-portion wedges, is among these choices.

Consider imitation cheeses. Many of these are made with skim milk and unsaturated vegetable oils such as soybean or corn oils. These items still have a lot of total fat and are not low-calorie but are much less saturated and cholesterol-laden than their regular counterparts.

Beware the "no-cholesterol" label. The product might contain coconut, palm or palm kernel oils, which are more saturated than butterfat and potentially more damaging to blood vessels than dietary cholesterol itself.

Grate or thinly slice your cheese to make it go farther.

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Continued On PAGE 8A

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READER RATINGS



Q. Will you please describe the correct procedure for introducing one couple to another (1) when the couples are approximately the same age (2) when one couple is older or more distinguished in station than the other? M.J.

A. When the couples are about the same age it doesn't matter whose names are mentioned first. When one couple is older or more distinguished - or perhaps guests in your town - you introduce the younger couple.

Q. When dining out I have often seen women wearing their coats to the table, then depositing them on the back of their chairs. However, I have never seen a man do the same thing with his overcoat. Is there really a difference in etiquette for men and women in regard to checking coats?

A. Yes, a man always checks his coat in a restaurant. But a woman has the option of checking her coat or bringing it to the table.

Q. Why in some restaurants do I have to wait so long before the waitress gives me the check?

A. Well the answer to your question is hard to define. It might be simply because the restaurant is so busy that the waitress hasn't time to add up the check. But at some of the better restaurants you will never get a check unless you ask for it. In these establishments they feel that the guests should decide how long they wish to talk or occupy the space after eating and only on rare occasions will they bring a check that has not been solicited and then with apologies.

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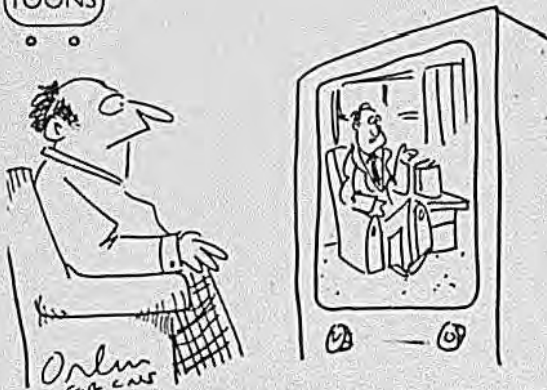


Each week Litmor Newspapers presents a select dining guide called Reader Ratings to its readers. The guide presents the messages of outstanding restaurants in this area and it also is a forum for readers to tell other readers about why they like certain restaurants.

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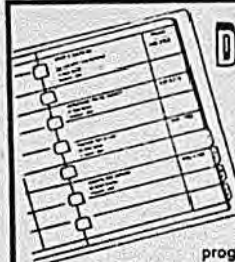
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READER RATINGS



Q. When ladies already seated at a luncheon table are introduced to each other, do they shake hands, seated, when they may conveniently do so?

T.G. A. No, they bow. In this country, there is very little shaking hands between women, although the hostess always shakes hands with her guests, male and female, and anyone acting the role of hostess, say a teacher at the school, a woman representative of a firm being visited by outsiders - would rise and shake hands with the visitors, women as well as men.

Q. There was a receiving line, with the hostess first in the line, and our representative next to her. As the guests entered I noticed that there was some confusion as to who should be greeted first - the hostess or the representative next to her. What is the rule when the host holds such a prominent position?

A. The rule is always the same. One greets first the person first in line, who is the hostess or the acting hostess, always shaking hands. Occasionally there is a line made up only of men, and in this case the first man encountered is the one one greets first. As a matter of fact, very often the most important guest, for whom the reception is given, is placed in the middle of the line.

Q. Is it proper to eat the little "extras" served with cocktails, such as olives or maraschino cherries, or should they be left in the glass?

A. It is perfectly all right to enjoy them along with the cocktail. If they are served on a toothpick that is what you can use to remove them. If not, finish your cocktail and then (as unobtrusively as possible) eat them with your fingers.

Q. Can you tell me the proper way to eat French fries? At a restaurant recently I saw a young man spear them with his fork and nibble them in mid-air. I found this appalling!

A. The best way to eat French fries is to cut them with the side of a fork into bite-size pieces. You are right-food should never be eaten while dangled in the air.



YOU CAN BE A RESTAURANT CRITIC - If you visit any of the restaurants selected for inclusion in this section - call WE 1-6027 at any hour and tell your ideas. We want you, the reader, to be our critic. Your message then can be printed in this space.

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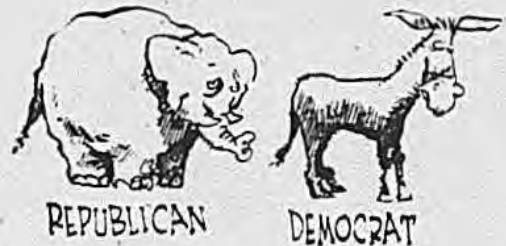
Each week Litmor Newspapers presents a select dining guide called Reader Ratings to its readers. The guide presents the messages of outstanding restaurants in this area and it also is a forum for readers to tell other readers about why they like certain restaurants.

Reader Ratings, although it is read by up to 100,000 readers is an inexpensive way to meet the public and have the public meet you. Throughout many years, Reader Ratings has helped build loyal followings for some of the best restaurants in the area.

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THE CROWLEY CHRONICLE



INCUMBENT

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DINING GUIDE

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Vegetarian View

Continued From PAGE 5A

fat cheeses in cooking for cheese flavor with less fat.

Cream cheese derives 90 percent of its calories from fat. Use the flavorful but less-fatty Neufchatel as a substitute. Or, try one of the processed "light" cream cheese products that might have even less fat than Neufchatel. (Read the label.)

Rely on farmer's cheese, low-fat cottage cheese or part-skim ricotta to replace cream cheese in spreads, dips or dressings. Some prefer part-skim ricotta as a bagel spread, but cottage cheese has less fat than ricotta and half the calories.

Check portions used in a recipe. It takes very little of a well-aged or strongly flavored cheese such as Parmesan for the cheese taste.

Q. Because of our jobs my husband and I are on different schedules several nights a week. I would prefer to eat out on those evenings rather than to take the time and effort to prepare a meal just for myself. However, I don't really feel comfortable dining alone. I find most restaurants don't really welcome the person who is not in a group.

A. First of all, there is no reason for you to feel uncomfortable. In today's hectic world there is nothing unusual about people eating alone in restaurants! In any case, the person who dines out has the right to expect the same courteous treatment whether he or she is alone or in the company of others. The smart restaurant owner knows the importance of good will. He values all his customers' patronage and makes them feel equally welcome.

DINING GUIDE

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Desiree Vives

Just in case you were in danger of forgetting about Mother's Day, here's a gentle reminder: Not one of us would be here if it weren't for our mothers — so don't forget to honor Mom on her special day — the second Sunday in May.

The founder of Mother's Day was a Philadelphian named Anna Jarvis. Wishing for a way to honor the memory of her own mother, she worked for years, traveling thousands of miles and giving speeches in favor of legalizing a holiday for all American mothers.

Jarvis' dream was finally realized when President Woodrow Wilson ordered a public observance of Mother's Day in 1914.

The official custom of honoring American moms began on May 9 of that year, when President Wilson asked the American public to display a United States flag on the second Sunday of every May as a "public expression of love and reverence for the mothers of our country."

Today's American mother, perhaps more than ever, deserves our love and reverence.

Most modern moms have work responsibilities outside as well as inside the home. Studies show that even when women work full time in a paid job, they still come home to perform most of the housework and child care.

If this is true of women with partners, it's even more true of single moms. Now, more than ever, it's true to say that a "woman's work is never done."

So why not make Mother's Day a special day for the mom in your house? Let the rest of the family do the chores so she can put her feet up and relax a bit. Hey, why not bring her a sandwich and a beer while she watches her favorite TV show? What a concept!

Better yet, make her a special but easy-to-cook microwaved dinner. Mother's Day Chicken Kiev makes a savory, special-occasion entree she's sure to appreciate. Accompany with a side dish of Magnificent Mushrooms, add a tossed salad and a loaf of crusty bread, and top off your Mother's Day extravaganza with Chocolate Pots de Creme. Mom never had it so good!

P.S.: don't forget to say, "I love you, Mom."

Recipes in this column are tested in 625- to 700-watt microwave ovens.

MICRO-TIP OF THE WEEK:

When heating foods in your microwave, even when the recipe calls for the dish to be uncovered, place a paper towel lightly over the dish to avoid splattering. This will save you (and Mom) time when it comes to washing the inside of your microwave oven.

MOTHER'S DAY CHICKEN KIEV

1½ pounds skinless, boneless chicken breasts (4 to 6 pieces)

4 to 6 tablespoons frozen and sliced butter
 ½ cup fine dry bread crumbs
 ½ cup grated Parmesan cheese
 1 tablespoon fresh chopped parsley
 1 teaspoon paprika
 ¼ teaspoon garlic salt
 1 egg
 3 tablespoons flour
 ¼ teaspoon pepper

Yields 4 to 6 servings.
 Preparation time: 10 to 15 minutes.

Cooking time: 12 to 17 minutes (plus 10 minutes standing time)
 Oven setting: MEDIUM HIGH (70 percent power).

Pound chicken breasts until ¼ inch thick, using mallet or meat tenderizing tool. Place 1 slice of frozen butter on each pounded chicken breast, then roll up lengthwise, tucking ends under. Set aside.

In small bowl mix together bread crumbs, cheese, parsley, paprika and garlic salt. Beat egg in separate small bowl.

Combine flour and pepper on a plate; stir with fork to mix. Dredge chicken breast rolls in flour and pepper mixture. Dip into beaten egg, then roll in bread crumb mixture.

Arrange chicken breast rolls in 10-inch flat microwave-safe casserole dish and cover loosely with plastic wrap.

Microwave 12 to 17 minutes, or until chicken is no longer pink, rotating dish ¼ turn every 5 minutes. Let stand, covered, for 10 minutes before serving.

CHOCOLATE POTS DE CREME

6 ounces semisweet chocolate pieces
 ½ cup heavy cream
 2 tablespoons sugar
 2 egg yolks
 1 teaspoon vanilla extract
 ¼ teaspoon ground cinnamon
 Whipped cream, to top

Yields 4 servings.
 Preparation time: 5 minutes.
 Cooking time: 2½ minutes.
 Oven setting: MEDIUM (50 percent power).

In medium-size microwave-safe mixing bowl, combine chocolate pieces, cream and sugar; microwave 2½ to 4 minutes, stirring every minute, until chocolate is smooth.

Beat egg yolks in medium-size mixing bowl; add hot chocolate mixture and beat until smooth. Stir in vanilla and cinnamon.

Pour mixture into 6-ounce custard cups or small dessert dishes. Let cool to room temperature, then chill until serving time. Just before serving, top each with a spoonful of whipped cream.

By Willard Abraham, Ph.D.

Dr. Abraham: My dad is a generous person, and here is a good example. He put my name along with his on some stock certificates that he bought. I'm a 16-year-old guy, and I thought that being a part owner of them was great.

Then it occurred to me that if they are a gift, why not make it a real one by having my name alone on them. I'd sure like that much better.

Doesn't that make sense to you? — Stock Owner

Stock Owner: Stock ownership is commonly handled as your dad did when an adult and a younger person are involved. Perhaps it may even be required.

If you haven't already asked him about this practice and his reason for doing it, you might consider talking about it with him. He may want you to become more informed about investments, and this step of his is in that direction.

You're a lucky son.

Dr. Abraham: I love coffee. Let me start with that.

But I still have a question to ask you — is it good or bad for teens?

Somewhere I read that it isn't good for adults, but for little kids it can help cut down the wildness of some of them. Or maybe it was the other way around, OK for grown-ups but bad for little kids.

How about teens and coffee? Are we caught in the middle? That's nothing new for us. — Coffee Lover

Coffee Lover: The conclusions in some reports I've read seem to indicate that coffee can have negative effects on some adults (depending on the quantity consumed) and benefit some young children if used to only a limited extent.

I stress the word "some" because to generalize about the coffee effects on total adult and child populations would not be true about all of them.

To personalize this issue to you would take the opinion of your family physician. He or she will no doubt want to consider your health as well as the quantity you drink and perhaps other factors.

Two other points may be of interest to you. An emphasis on moderation may fit into this picture — and your "caught in the middle" reference does apply to how some teens as well as middle children in families sometimes feel, but not all of them nor all the time, fortunately.

Dr. Abraham: About six months ago I had a fight with my mom. I had gone over to my friend's house the night before, and when I came home the next day with a hickey on my neck, my mother really got upset. As she was yelling at me she called me a slut.

I am a 15-year-old female, and although I have had sex before, I don't think of myself as a slut. It really hurt me when she said that, and now, months later, it still bothers me. Ever since then, I haven't felt the same about my mom. I don't know what I should say to her, but I need to talk about it. How should I approach the subject with her?

I read your column daily and respect your advice. Please help me. — No Slut

No Slut: A label like the one you mentioned in your letter can create problems for the person about whom it is used. As you indicated so clearly, you don't believe you deserve it. Your opinion about yourself is a key point in this situation.

Because you want to talk about this entire matter with your mother, and expressed the need to do so, you have taken the first important step involving that decision. However, before you go ahead, a helpful second step should be considered.

A face-to-face meeting with another adult whom you respect, who is a good listener, and who will take the time to go into this matter with you may provide a practical way to start and continue a conversation with your mom.

A present or former school counselor, your religious leader or an adult relative might be the one with whom you should frankly share your concerns and talk about possible solutions.

I hope you meet very soon with an individual of that type. Then you will no doubt be better prepared with the "what," "when" and "how" of your opening the door to an improved relationship with your mother.

Cooking Corner



Special confections take the cake

By Linda Susan Dudley

"My 3-year-old son loves to go grocery shopping," says the young mother. "because he gets a chance to check out all the decorated cakes. We always have to go to the bakery first."

The fancy cake is an attraction that starts at a young age and stays with us through fanciful teen birthday centerpieces, multitiered wedding confections and retirement party sheet cakes.

Cake-decorating expert Linda Bunn has an explanation for our fond affection for these frosted expressions:

"People like fancy cakes because it's an art form that's not too expensive, can be easily personalized to match someone's personality or hobbies and can be enjoyed by everyone," says Bunn.

Bunn has been decorating cakes and teaching cake decorating since she got hooked on the process 22 years ago.

Lest you think cake decorating is a frivolous bit of froth, be aware that there are local, state and international cake decorating clubs and even — for the real pros — a Cake Decorating Hall of Fame.

Bunn was president for three years of her local cake club. Her students include food professionals in training in her baking class at a local college and dedicated cake bakers in adult ed classes.

There's hardly any type of cake that Bunn hasn't created and decorated, ranging from flat sheet cakes with three-dimensional cartoon characters to beautifully elaborate tiered wedding cakes (including her own, which she says she'd never do again).

And she — like some other cake decorating pros — has proof of cakes past. A half-dozen or more photo albums are filled with color snapshots of decorated cakes and cake show winners. And she even has some plastic foam cake forms — still frosted with intricate decorations — Bunn can bring out of the closet as models.

Here are some of Bunn's time-honored tips.

- Don't bake the cake at the temperature called for in the recipe or on the back of a mix box. Instead, bake the cake at 25 degrees less than the recipe calls for. This means the cake will take about five to 10 minutes longer to bake but should help eliminate or reduce the "hump" that normally appears in the middle of the cake. She cautions: "Everyone's oven is different so you need to practice with your own oven. You may need to lower it a little more or a little less than 25 degrees."

- Always check the cake with a wooden pick in the center for doneness. Don't rely on the visual check to see if it is pulling away from the edge of the pan; it may still be uncooked in the middle.

- Cool the cake for 10 minutes in the pan, then turn it out onto a rack to cool completely.

- Use shortening rather than butter in icing. It blends better and will not give you a "greasy" taste.

- If you buy 2-pound bags of powdered sugar, the sugar doesn't have to be sifted for icing.

What's the difference between the 2-pound plastic bag and the 1-pound box, which does require sifting? I'll let Bunn explain.

"The pastic bags are airtight so moisture can't get in, as it can in the cardboard box packaging," she says. "It's the moisture that makes the powdered sugar lumpy."

Bunn says the 2-pound bags are also available in supermarkets — right near those familiar boxes.

- Bunn says it is important to make sure that oven racks are actually level. Here's how to check: Place a cake pan on the oven rack then pour water into it until the pan is full. If water spills unevenly over one of the sides before pan is full, the oven is not level. She says there are usually adjustable screw-type legs under the range that level the appliance.

"Your cake will never stick in the pan again," Bunn says triumphantly, when speaking about her tried-and-true pan coating.

Bunn shares the coating mix with readers: Mix ½ cup any solid shortening with ¼ cup all-purpose flour. Store mixture at room temperature in covered container. Use it to coat pan instead of usual separate greasing and flouring of the pan so the cake won't stick.

"This will also bake a smooth, professional-looking finish on the cake, and eliminate a lot of the usual crumb problems," Bunn adds.

If the cake cools in the pan, reheat pan over low heat on stove burner and cake will still fall out without sticking.

"This mixture works beautifully under pizza dough or any other kind of breads that you want to give as gifts," Bunn says.

Bunn is candid when she talks about cake recipes. For novices — she frankly suggests using a cake mix.

"When you are learning to decorate cakes, you don't want to end up with a beautifully decorated cake that tastes like card-

board," Bunn says. Unless, of course, you normally bake from scratch and already have a tried and tested recipe you like.

However, take it from an expert. There are ways to make a "box cake" taste more like scratch.

For each cake mix, add one extra egg or (egg white if it is a white cake) and ¼ cup of all-purpose flour.

Adds Bunn: "I do this with all brands of cake mix and find that I usually get a little higher and much firmer cake."

Here is Bunn's favorite icing recipe for decorating cakes. It's the one she gives out in her classes.

Bunn says the meringue powder can be left out of the following recipe, but it helps the icing hold its shape and will make it lighter and fluffier.

Note: This may sound like it makes a large amount of icing, but Bunn assures me that it is just about enough to frost and decorate an 8-inch round cake or a 9x13-inch sheet cake.

BUTTERCREAM-STYLE DECORATOR ICING

1½ cups solid vegetable shortening

¼ teaspoon salt (see note below)

1 teaspoon meringue powder (available in cake decorating or kitchen shops)

2 pounds sifted powdered sugar

1 to 2 teaspoons vanilla or other flavoring

½ cup milk or water (add more liquid as needed for consistency)

Yields frosting for a 9-inch round or 13-inch sheet cake.

Mix solid shortening, salt and meringue powder with electric mixer just to blend. (Turn it on for about 30 seconds then turn it off.) Add powdered sugar, vanilla and liquid and blend by hand until sugar is absorbed into liquid.

With mixer, beat on medium speed for 2 to 5 minutes or until smooth and a little fluffy. (The time will vary depending on the power of mixer. A heavy duty mixer such as a Kitchenaid will take only 2 minutes, a hand mixer will require 4 to 5 minutes. Don't overbeat or you will get a lot of air bubbles. If mixture is too stiff and you can tell mixer is straining to blend, don't be afraid to add more liquid to obtain the right consistency.

Note: You should always add a little salt to this icing to help cut the sweetness.



KITCHEN HINTS

Carrots should be crisp and firm

But they quickly go limp.

Here's how to store them:

1. Being a root vegetable, water travels through the carrot to the leafy tops.
2. To retain the moisture, remove greens, and store carrots in a plastic bag.
3. If held a long time, sprinkle a little water inside the bag.



Garden Talk

By C.Z. Guest

Self-sowing biennial blooms

Q. I bought some beautiful foxgloves at a garden nursery last spring. I planted them in my perennial bed thinking I'd have them year after year. My sister tells me they won't come back. Is this a fact, since I thought foxgloves were perennials?

A. It's true that the vast majority of foxgloves are biennial; they bloom in their second growing season and usually die that winter. However, most biennials, including foxgloves, self-sow profusely in the garden.

Simply leave the flowers to ripen on the plant and you'll have plenty of seeds to fall naturally or to sow yourself in the fall. Other biennials or short-lived perennials that can be handled the same way are Iceland poppy, hollyhock and Queen Anne's lace, to name a few.

Q. I have a very large weeping willow that is about 13 years old and approximately 20 feet away from a pool, which I had built last year. When they dug the hole for the pool, they cut away quite a lot of the roots on that side.

This year, the tree is still growing nicely. Is it possible that the roots on the pool side could contin-

ue to grow even though some of the roots were cut away and eventually crack the concrete and damage the pool?

A. The roots of willows will weave their way into the tiniest crevices where they may obtain moisture, and unless all joints are filled with lead, you may have trouble in a few years.

DAMPING-OFF

Vegetable seedlings are susceptible to a disease known as "damping-off." As gardeners start bedding plants, it becomes a problem early in the season.

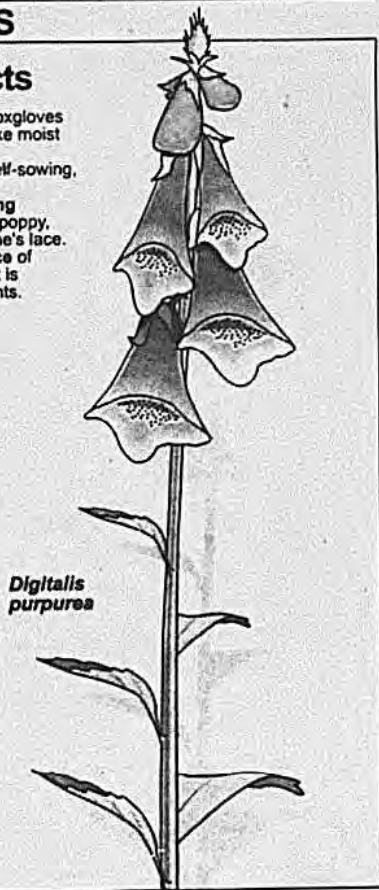
Damping-off is a fungus that affects seeds and seedlings of flowers, vegetables and ornamentals. The greatest damage occurs to seeds and seedling roots during germination either before or after emerging from the soil. Special attention, therefore, must be paid to the growing medium.

Use at all times a sterile, commercial pro-mix soil. Good drainage must be ensured and avoid overwatering! Avoid fertilizing with excessive nitrogen since this promotes succulent tissue that is easily infected.

GARDEN TIPS

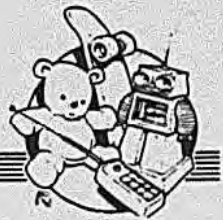
Foxglove facts

- The vast majority of foxgloves are biennial. Foxgloves like moist soil of loam and sand.
- Most foxgloves are self-sowing, requiring little reseeding.
- Other self-perpetuating biennials include Iceland poppy, hollyhock and Queen Anne's lace.
- Foxglove is the source of digitalin, a heart drug, but is poisonous in large amounts.



Our Children

By Willard Abraham, Ph.D.



Tips on being a great grandparent

Q. Are there any programs you know about that can help grandparents do a better job than some of us do with our grandchildren? I know that I need some help so that I don't come on too strong with the sweet little ones we have in my family. I might be doing a lot of things wrong, and I imagine my husband does, too.

I'll bet we're not the only grandparents who feel this way, even though some of them may not admit it.

A. I know and admire the work of one man who has made a strong contribution in this area. His name is Dr. Robert Strom. On the basis of his research, he has offered courses for grandparents all over the world.

Among the major elements in his grandparent offerings is help in keeping up with the times, coping with stress, understanding the way children think and setting reasonable goals for them. Also included are ways to recognize the value of play and to become acquainted with the effects of sex and drugs on grandchildren.

His bottom line stresses the objective of increasing the satisfaction of being a grandparent and decreasing the difficulties and frustrations. His efforts are practical and immediately useful for interested grandparents.

To get some information about his work that perhaps you and others can put into the hands of professional educators in your part of the country for use in courses or lectures, you can write to Strom in care of the College of Education, Arizona State University, Tempe, AZ 85287.

Dear Parents: A very disturbing health figure has come out recently related to young children. Here it is: Only 40 percent of 2-year-olds in our country have been adequately vaccinated against measles and other infectious diseases (including polio, diphtheria and mumps) during a time when such ailments are on the rise. The source is the federal Centers for Disease Control.

If your young child is among the 60 percent who have not been immunized, the obvious crucial step to take is to call your family phy-

sician or pediatrician about this matter. If you don't have a medical specialist like that, obtain a recommendation for one from a relative, friend or other source you can get to quickly.

Two very practical brochures on this subject are available from the American Academy of Pediatrics. Both provide a specific immunization schedule for 2 months to 16 years of age.

To obtain a copy at no cost, address your request to Department C, American Academy of Pediatrics, P.O. Box 927, Elk Grove Village, IL 60009-0927. Add either of these titles on the envelope as part of the address: "Ten Questions and Answers About How to Help Protect Your Child From Getting Deadly Diseases" or "Diphtheria, Tetanus and Pertussis." Please enclose a stamped, self-addressed business-size envelope.



Our Children



Fitness Forum

A new twist for lumbar pain

By Jack Williams

You're shackled to a chair in man's latest antidote for one of the weakest links in the human anatomy — the lumbar spine — and your body already is talking back.

"What's this solitary confinement stuff?" vertebrae, disks and back muscles seem to be saying under an avalanche of industrial-strength straps and pads. "We're isolated. Forced to fend for ourselves. Victims of non-support."

In the MedX lumbar extension machine invented by Arthur Jones — the man whose Nautilus exercise equipment was to weight training what power steering was to the automobile — the back gets no help from the hip or hamstrings.

No thrust from the thighs. No boost from the buttocks. No push from the pelvis.

Your lumbar spine is forced to prove its strength — or lack of it — without recruiting all those other body parts. And at seven different angles, through the full range of motion — the better for diagnosis, evaluation and rehabilitation.

So what if the contraption makes the electric chair look like a La-Z-Boy recliner?

What all this means for back-pain sufferers — an estimated eight out of 10 people at one time or another — is that doses of exercise can be prescribed to correct the chronic weakness that precipitates so much discomfort.

"I hate to use the word 'revolutionary,' because it's sure to make some people angry," said Dr. Vert Mooney, a University of California at San Diego professor of orthopedics who has specialized in back treatments for 28 years. "But to me it's revolutionary because it's greatly changed how I care for people with back problems."

A FASCINATION WITH STRENGTH

A maverick of the first order, Jones lists among his heroes two of the science world's seat-of-the-pants non-conformists: Igor Sikorsky, a Russia-born aeronautical engineer who pioneered the helicopter at the age of 18, and Nikola Tesla, a Yugoslav-American who invented the alternating current motor and redesigned dynamos for Thomas Edison.

"Arthur contacted me for 2½ years because I'm a former president of the National Lumbar Spine Society, and he finally wore me down," said Mooney. "The guy's read all the literature, and I don't think he sleeps more than two or three hours a night.

"Whenever I see him, he's got the same old shirt and pants on, and he drives a clunker of a car. But he's got a marvelous honesty about the world. He has no delusions about himself."

Jones' mystique is reinforced by a 500-acre farm in Ocala, Fla., that accommodates his inventory of airplanes, rattlesnakes, alligators, crocodiles, elephants and rhinos.

Much also has been made of his passion for women a fraction of his age (he has married five times, each time to a woman between the ages of 16 and 20).

Probably somewhere in his late 60s ("I'm 29 and holding," he says), Jones traces his fascination with strength to his early efforts to reinvent his wiry, 5-foot-7-inch body and to create a line of weight-training equipment that "could do what Cybex (one of his competitors) claimed it could."

Although the idea of exercise machines with variable resistance was advanced as early as the turn of the century by a Swedish scientist named Zender, Jones has been acknowledged by the fitness industry as the first to perfect the concept with his introduction of Nautilus in 1970.

THE NAUTILUS KING

Nautilus — so named because of a shell-shaped cam that enabled constant resistance to be applied to the exercising muscle through the entire range of motion — elevated Jones to folk-hero status in the subculture of sweat.

But when he failed to defend his patents — no oversight, considering his disdain and distrust for lawyers — other companies borrowed his ideas.

Now, says Jones, Nautilus is obsolete. His new equipment is more user-friendly, less intimidating, providing a myriad more increments of resistance that people with sub-par strength can appreciate.

"Our typical machines have 240 levels of resistance, more than 10 times what you'll find on a compound weight stack," he says.

Jones sold his Nautilus empire in 1986 to Dallas-based Ward International, freeing him, he says, to devote himself full time to the medical field.

Over the years, he says, "we had 14 separate teams working on prototypes, both here and abroad. Some of the things we tried were utterly insane, which you don't know till after the fact."

Jones isn't too proud to admit

that the Nautilus low-back machine he designed in the late '60s — and which is a fixture in health clubs today — is a failure.

"It was misnamed," he says today. "What it strengthens is the buttocks, hips and hamstrings. I knew it at the time but believed it worked the lower back, too — which it doesn't (according to clinical tests).

"Until you isolate the lower back muscles and prevent the movement of the pelvis, you're not gonna produce any strength gains."

"MedX tests specific muscle weakness, and by and large, that's our only objective method of figuring out what's wrong," said Mooney.



HEALTH WATCH

Preventing osteoporosis starts early

The crippling disease of osteoporosis affects 25 million Americans. The risks can be lessened by changing lifestyles early in one's life, but it's never too late to start.



Lifestyle changes to help prevent osteoporosis

Make sure you get at least 1,000 mg. calcium daily in your diet.

Exercise. Weight-bearing activities such as walking, running and dance help build stronger bones and increase bone mass.

Have regular health checkups to monitor any loss in bone mass.

Get estrogen replacement therapy especially during the first five years following menopause.



SOURCE: First for Women magazine

HELP YOUR HEART RECIPES

American Heart Association

This recipe is intended to be part of an overall healthful eating plan that would not include more than 30 percent of daily calories from fat.

Cinnamon Orange Pancakes

Jump-start your day with a hearty and healthful serving of this breakfast dish.

¾ cup	all-purpose flour	¾ cup	fresh orange juice
2 Tbsp.	wheat germ		Egg substitute
1 cup	whole-wheat flour		equivalent to 1 egg
2 tsp.	baking powder	1 tsp.	grated fresh orange peel
1 Tbsp.	sugar		Vegetable oil spray*
1 tsp.	ground cinnamon		
1 cup	skim milk		

In a mixing bowl, combine all dry ingredients and mix until well-blended. In another bowl, combine all liquid ingredients and orange peel. Stir well. Pour liquid ingredients mixture into dry ingredients and stir only until moistened.

Preheat griddle or skillet for pancakes. Spray lightly with vegetable oil. For each pancake, pour ¼ cup of batter onto griddle or skillet. Turn each pancake when edges are dry and bubbles appear on top. Serve hot.

Makes 6 servings.

* Do not use vegetable oil spray near an open flame or a heat source. Read directions on can before using, and follow directions carefully.

Nutritional Analysis per Serving

171	Calories	1 mg	Cholesterol	0 gm	Saturated Fat
7 gm	Protein	140 mg	Sodium	0 gm	Polysaturated Fat
34 gm	Carbohydrates	1 gm	Total Fat	0 gm	Monounsaturated Fat

This Help Your Heart Recipe is from the American Heart Association Cookbook, 5th Edition. Copyright 1991 by the American Heart Association, Inc. Published by Times Books (a division of Random House, Inc.), New York.



By Kit Saedaker

Lift your spirits with chiffon cake

Chiffon cake is a newcomer to the world of desserts, born sometime in the '50s when vegetable oils first came on the market. Some versatile chef substituted oil for traditional shortening in cake batter, fluffed it with egg whites and produced a new pastry.

Although no one stressed it then, because of the substitution, these cakes have less fat than most and, lifted by beaten egg whites, float off the plate.

They quickly became a weight-watcher's dream. Chiffon cake feels like angel food, but comes in an assortment of flavors, including chocolate. Here, of course, it's cocoa. Best of all, they are spectacular looking.

PINEAPPLE CHIFFON CAKE

- 1½ cups cake flour
- 1 cup sugar
- 2 teaspoons baking powder
- Pinch salt
- ½ cup vegetable oil
- ½ cup frozen pineapple juice concentrate
- 1 teaspoon vanilla extract
- 6 egg whites
- 2 tablespoons confectioners' sugar, free of lumps
- 1 (20-ounce) can unsweetened crushed pineapple, drained
- Glaze:
- 1½ cups confectioners' sugar
- 4 tablespoons frozen pineapple juice concentrate
- 1 teaspoon lemon juice

Yields about 16 servings.

Each has about 215 calories, 7 grams fat, no cholesterol and 95 milligrams sodium.

Put rack in middle of oven and preheat oven to 350 F. Lightly oil inside of 9-inch Bundt or springform tube pan and dust with flour. Sift together flour, sugar, baking powder and salt, if used, into a mixing bowl. Make hole in center and add oil, ½ cup pineapple juice concentrate and vanilla. Don't mix.

In another mixing bowl beat egg whites until they are foamy. Add 2 tablespoons of confectioners' sugar and beat until stiff. Scrape off beaters and put them right in flour/oil mixture. Beat at low speed just until blended.

Fold this mixture into egg whites bit by bit, adding some of crushed pineapple each time. Turn batter into prepared pan and smooth top. Bake for about 40 minutes until cake top feels springy and a toothpick inserted in center comes out clean. Cool cake on a wire rack for 10 minutes. Loosen sides and center of cake with a knife. Invert onto rack, lift off pan and let cake finish cooling.

Glaze: Combine 1½ cups confectioners' sugar, 4 tablespoons pine-

apple juice concentrate and lemon juice in bowl. Beat until smooth. Add more juice or sugar to get right consistency. Spread glaze on top of cake, letting it drip down sides. To serve, cut slices by pulling apart with two forks.

CHOCOLATE CHIFFON CAKE

- ½ cup Dutch cocoa
- 1½ cups cake flour
- 1¼ cups sugar
- 2 teaspoons baking powder
- Pinch salt
- ¼ teaspoon cinnamon
- ½ cup vegetable oil
- ½ cup plus 2 tablespoons warm water
- 2 teaspoons vanilla extract
- 1 large egg yolk
- 5 large egg whites
- Pinch cream of tartar
- 2 tablespoons confectioners' sugar, free of lumps

Yields 16 servings.

Each serving has about 175 calories, 8 grams fat, 13 milligrams cholesterol and 90 milligrams sodium.

Preheat oven to 350 F. Brush 9-inch Bundt or springform tube pan with oil and sift a little cocoa over inside. Tap it around to cover inside. Sift flour, cocoa, sugar, baking powder, salt, if used, and cinnamon into bowl. Make well in middle and add oil, ½ cup plus 2 tablespoons warm water, vanilla and egg yolk. Don't mix.

Put egg whites in another bowl and add cream of tartar. Beat until whites foam. Add 2 tablespoons confectioners' sugar and continue beating until stiff, but not dry. Scrape off beaters and put them in flour/oil mixture. Beat until blended. Fold this into egg whites gradually. Spoon batter into prepared pan and smooth top. Bake for 40 to 45 minutes until top feels springy and a toothpick inserted in middle comes out clean. Top of cake will crack.

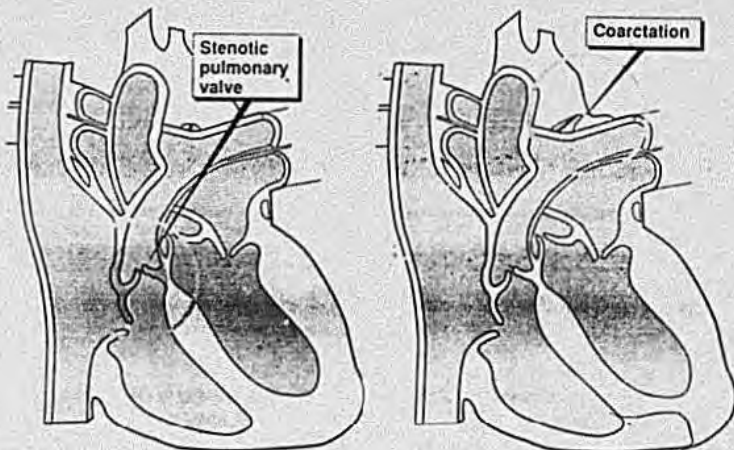
Cool cake on a wire rack for at least 10 minutes. Loosen cake around edges with a knife, invert cake onto a rack and lift off pan. When completely cool, dust lightly with confectioners' sugar. To serve, pull each slice apart with two forks instead of trying to cut it.

HEALTHY GOURMET



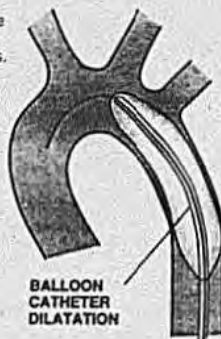
DISCOVERY

DEFECTS TREATED BY CATHETER



Pulmonary stenosis

Normally the pulmonary valve opens to let blood flow from the right ventricle to the lungs. Narrowing of the pulmonary valve (stenosis) causes the right ventricle to pump harder to get blood past the blockage.



BALLOON CATHETER DILATATION

Coarctation of the aorta

In this condition, the aorta is pinched or constricted. This obstructs blood flow from the heart to the rest of the lower body.

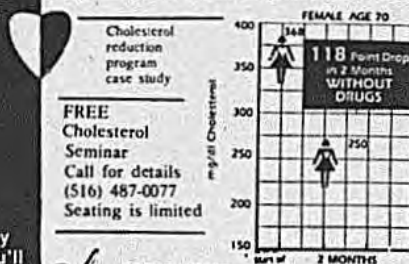
*TREATMENT: Balloon angioplasty can be used to treat many cases of pulmonary stenosis, aortic valve stenosis and coarctation of the aorta. A special catheter containing a balloon is placed in the constricted area. Then the balloon is inflated, stretching the constricted area open.

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Here's How

By Gene Gary.



Q. The Formica top of my kitchen counter has become stained and has some minor scratches. One particularly bad stain is apparently rust. I have tried all kinds of stain removers and nothing has worked. Since a new counter top will cost \$1,500, I hope you can suggest a solution for my problem.

A. Stains on plastic laminated surfaces are difficult, if not impossible, to remove at times.

Cleaners with abrasives and chemically harsh cleaners, such as rust removal products and even household bleach, tend to damage the surface and take the patina off. Any time the surface of the laminate is scratched or rubbed away, the chance of liquid or chemical penetrating the surface becomes greater.

There are some commercially

marketed repair kits made especially for repairing scratches and burns in laminate. However, Wilsonart (a major manufacturer of laminates) has informed us that they have tested these products and found them to be merely cosmetic corrections and by no means a repair.

The laminate industry generally does not recommend abrasive cleaning products, even such mild abrasives as Bon Ami, favoring instead such non-abrasive cleaners as Fantastik, Simple Green or Formula 409.

To remove more difficult stains, use baking soda and water with a soft cloth material. Even though baking soda contains tiny abrasives, they are water soluble and water tends to break them down. This step can be used repeatedly until the staining is removed.

If you are unable to remove a stain, and it is confined to one area, you can consider an insert for your laminate counter top, such as a wood chopping block or even a synthetic material which can withstand extreme temperatures for use as a hot plate. Cutting the laminate and installing an insert is a fairly simple procedure and should not be very expensive.

Q. We have a 10-year-old brick-and-aluminum-sided house. A climbing vine attached its "feet" to the siding and, despite our scraping, we have been unable to remove the black dots that remain on the siding. Is there anything we can use to remove the marks without discoloring the light green siding?

A. The dots on the siding are remnants of the suckers that attached to the vines. When first cutting the ivy down, these should be left alone for two or three weeks, until they dry up and turn dark. However, if they are left alone too long, they will rot and oxidize, becoming very hard and nearly impossible to remove.

Try using a stiff brush and strong solution of trisodium phosphate (available at most paint

dealers) mixed with water to remove the residue that remains. Test in an inconspicuous area first to be sure it does not lighten your colored siding.

It may be impossible to completely remove the staining. Your only option may be to paint the siding. Be sure and select a primer and paint recommended for aluminum. One such product is Metal Siding Refinish marketed by Pittsburgh Paints. It's a urethane-modified acrylic paint that produces a harder, more durable film than ordinary house paint. This latex paint dries to a low-luster eggshell sheen, which is much like the finish on new siding.

For other readers considering ivy removal, I recommend that you begin by cutting the plant at the roots and letting the vines dry before removal from the walls. This makes the ivy easier to remove (the suckers release their hold) and lessens the damage that can be done.

Decor Score

By Rose Bennett Gilbert



Q. I'm gathering ideas (and money) to remodel our kitchen. I know what I don't want: an ersatz "country" kitchen with clutter everywhere and dusty dried herbs hanging from the ceiling.

I'd appreciate any tips on how to design a kitchen that looks streamlined and efficient without being cold. We like to spend a lot of time there. — L.L.M.

A. Yours is a very possible dream kitchen, thanks in large part to the wealth of cabinet styles, surfacing materials and appliance designs you have to choose from today.

My advice is to begin your quest by visiting every kitchen you can find — in showrooms, show houses and the pages of the many publications devoted to what's cooking in kitchen ideas for the '90s.

Some general tips to cut down visual clutter:

- Choose flush-door cabinets with hidden hinges and discreet pulls or knobs
- Remember that white is always right for a kitchen (despite the country look's current popularity, studies show that white is still the overall favorite).

• Build everything in: Appliance garages will keep counters clean and uncluttered; special-duty cabinet fixtures also let you stow gear out of sight; lighting should be recessed overhead and tucked under cabinets to illuminate counter tops where you work.

To keep your streamlined kitchen from looking "cold," use color strategically — on splash-backs, in accents and whatever accessories you do allow yourself.

A final thought: Avoid sharp lines and abrupt angles. Soft

curves and rounded shapes — as in the kitchen we show here — will take the hard edge off your contemporary design, quite literally.

The cabinets are reminiscent of '30s Modern, with their rounded edges and open display units, but the counter tops are state-of-the-art Avonite, a man-made surfacing material that comes in a wide

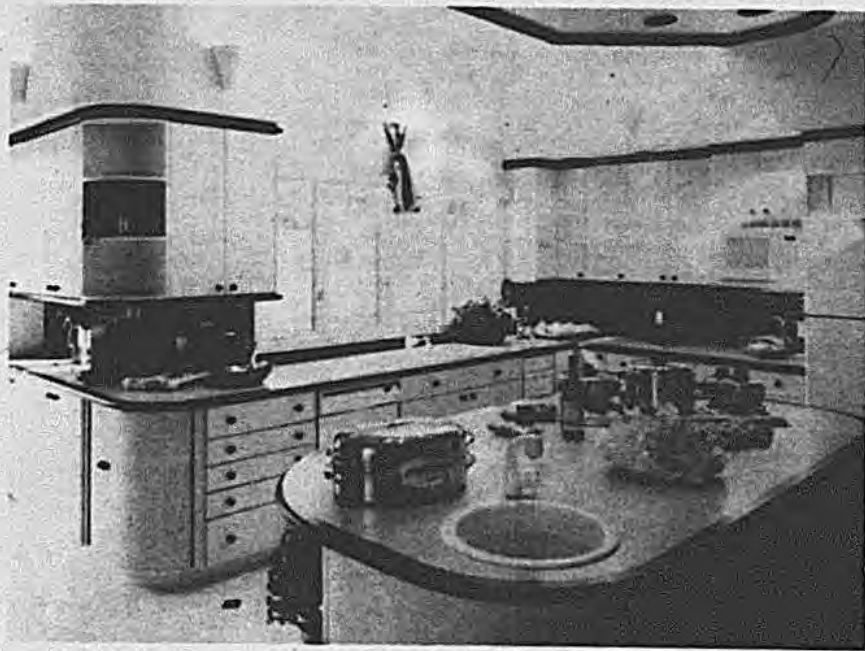
range of colors and can be cut to fit any kitchen you can imagine.

You're in luck because the Flogiston is being manufactured for sale (in leather for about \$1,600) by the Flogiston Corp. in Webster, Texas, near Houston. It even comes in three versions: stationary, rocking and suspended (for floating in time and space?).

Q. There is this incredible chair in the movie "Lawnmower Man." It's the chair — more like a floating lounge — where the main character sits for his computer "travels." Was this chair made

just for the movie? I'd love one for myself. — M.T.

A. That "floating lounge," which looks like a padded leather "W," is the brainchild of Brian Park of Texas, an industrial designer and mechanical engineer who thought it up for himself in 1980. He calls it the "Flogiston" chair, meaning energy flow, because, Park says, the chair approximates the posture the body assumes at zero gravity.



CONTEMPORARY KITCHEN — In a kitchen you could call "soft contemporary," a work island is rounded and edged in two colors of Avonite.



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POLISH WOMAN WISHES to do house cleaning. Experienced. References. Call Barbara at 887-7420. hmay1

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IRISH WOMAN, NURSE'S Aide, 10 years experience, loving care, excellent references, own transportation. Call 939-2467, 937-1208. gcmly1

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EXPERIENCED BABYSITTER looking for F/T or P/T summer job. Will travel, references available. 741-0579. gcmly2

18 YEAR OLD FRENCH college student seeks position as nanny for children. Available July and August. Anxious to practice English. Responsible, experienced, enthusiastic. Please call Mr. Maurice, evenings, (718) 746-3542. gcap4

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YOUNG, MATURE PERSON looking for a job as a home health aide or a companion to elderly person, or a child care person. I can be contacted at 868-3724. Ask for Dellis. Reference available. gcmly1

SLEEP IN OR sleep out housekeeper available. Experienced, references & transportation. Call after 6 p.m. please. 565-2119. gcmly1

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IRISH COMPANION AIDE available to care for sick or elderly. Reference and experience. Live out. Leave message for Maggie, 747-7411. gcm3

NURSE'S AIDE - REASONABLE Rates, wishes work with elderly. Checkable references, prefer area near Williston Park. Will do chores. Have car. 742-9498. wmy3

HOUSECLEANER, EXPERIENCED, excellent references, to clean or iron. Non-smoker, own transportation. Available Monday afternoons and Thursday mornings. \$50. 742-1615. gcm3

RELIABLE & CARING NURSE'S AIDE seeks job to take care of the elderly or sick F/T or P/T, live out. References available. (718) 528-3534. gcm3

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BABYSITTER, NANNY - YOUNG woman looking for live in or live out position. Good with children. Call Monday-Friday. Experienced. Call 536-1713. gcm3

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HOUSECLEANING JOB WANTED. I have good reference & own transportation. Call 485-7762. Best time to call after 6 p.m. gcm1

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Situation Wanted

ATTENTION VACATIONERS - WOULD you like to go away and know that your dog or cat is well taken care of? Mature woman who loves animals will give your pet lots of TLC. Fenced in yard. 352-9113. gcm5

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GARDEN CITY WESTERN Split. 3 BRs, 2 1/2 baths, EIK, FDR, large LR/fpl, den with sliders to patio, bsmt., 2 car garage. Walk to RR. Owner. \$329,000. After 6 p.m. - 488-1922. gcm4

GARDEN CITY WESTERN Colonial. 3/4 BRs, 1 1/2 baths, LR/fpl, FDR, EIK with sliders to deck, rec. rm., low taxes. Principals only. \$279,000. 354-0544. gcm4

GARDEN CITY COUNTRY Life area. Barnes built true Center hall Colonial. Brick/cedar. Mint. 3 BRs, 1 1/2 baths, LR, FDR, cedar & brick fam. rm/fpl, cathedral ceiling, skylights, cedar wrap around deck, new kit, oak floors throughout. Just reduced to \$325,000. Principals only. 873-0936. gcm4

VICTORIAN LANDMARK HOME. Mint cond., centrally located. Large property, 14 rms., 8 BRs, 4 1/2 baths, 4 fpls, 3 floors, carriage house/barn. For sale by owner 741-8123. Asking \$795,000. gcm4

Real Estate for Sale

TIME SHARING. GUERNEY'S Inn. Montauk. First week in June, waterfront, 2 large rms. Reasonable. 742-4396. gcm4

GARDEN CITY ESTATES. Stately CH Colonial north of Stewart Ave. Brick with slate roof. 3 large BRs, 2 full baths, EIK, FDR, large LR/fpl, fam. rm & patio. newly decorated, many extras. Low \$400's. Principals only. 742-4396. gcm1

GARDEN CITY ESTATES. 3 BR Split, 2 1/2 baths, cathedral LR, DR, EIK, den, bsmt., 2 car garage, gas heat, alarm, 60x100. Asking \$365,000 neg. 747-0774. gcm1

GARDEN CITY PRIME Estates oversized plot, near park, schools, RR. Colonial, brick, stone & shingle, slate roof, LR/fpl, FDR, lg. EIK, half bath, patio. 4 lg. BRs, bath on second. Fin. bsmt. with bar & sink. Shown by appointment by owner. Please no brokers. \$389,500. 248-9437. gcm1

EAST WILLISTON. MAGNIFICENT Robbins Hill Colonial on almost 1/2 acre. 3/4 BRs, 2 1/2 baths, large EIK, banquet DR, LR/marble fpl, sunny den, fin. bsmt. Separate playroom. CAC. Low taxes. Loaded with charm. Mint cond. \$549,000. 294-8857. Owner. wmy1

NEW HYDE PARK. Large Colonial, 3 BRs, 1 1/2 baths, garage, 60x100. Nw appliances, EIK, thermal windows. Move-in cond. Walk all. Low taxes. Asking low \$200's. 328-1087. wmy1

POINT LOOKOUT. IMMACULATE Colonial. 4 oversized BRs, spacious LR, banquet DR, wall to wall carpet, lg. EIK, 1 1/2 baths, bright sunporch, 60x100. \$650,000. With adjoining building size lot, 60x100, \$950,000 for package. Principals only. 747-4366. gcm4

EAST MARION PEBBLE Beach Farm. Lot for sale across from private beach. Exclusive private community. \$100,000. Owner/broker 437-8825. gcm4

GARDEN CITY WESTERN Section Colonial, middle of quiet block, 3 BRs, 2 full baths, low taxes. Gas heat. \$259,000. Owner/broker 437-8825. gcm4

HICKSVILLE. LEGAL MOTHER/Daughter. Mint. LR/fpl, FDR, 4 BRs, 3 full baths, 2 EIK, 1 1/2 car garage. Separate entry bsmt apt. Owner. \$185,000. 354-5288. wap4

SOUTHOLD. MINT CONDITION. Winter waterfront. 4/5 BRs, 2 baths, immaculate home on private road on wooded property in exclusive Horton Point/McCabe's beach area. Fin. heated bsmt., many extras. Possible mother/daughter. One block to LI. Sound. \$249,000. Owner. 765-9279. wap4

GARDEN CITY WESTERN Colonial. 4 BRs, 1 full & 2 half baths, LR/fpl, FDR, EIK, bsmt., garage. Principals only. \$279,000. 488-4868. gcm4

Real Estate for Sale

NORTH FORK. MINT Ranch, white, sandy beach, panoramic view, 4 BRs, 2 1/2 baths, LR/fpl, DR, den, EIK, large deck plus buildable lot. Asking \$525,000. Principals only. 747-3947. gcm4

GARDEN CITY. MAGNOLIA Ave. CH Colonial. 4 BRs, 3 1/2 baths, large tree shaded property, LR/fpl, large DR, EIK, playroom & sunporch. All appliances & a/cs, heated 2 car garage. Excellent move in cond. Asking \$395,000. Principals only. 248-4695. gcm3

GARDEN CITY WASHINGTON Ave. Tudor, spacious rms include LR/fpl, DR, den, breakfast rm., mod. kit, pantry, 6 BRs, 4 1/2 baths, large property. Ideal executive home. \$695,000. Owner 747-1917. gcm4

GARDEN CITY WESTERN Section. Charming Colonial on Roosevelt St. 3 BRs, 2 baths, EIK & den. Principals only. \$315,000. 775-7554. gcm2

GARDEN CITY SOUTH. By owner. Custom brick/stone Cape. 4/5 BRs, 2 baths, EIK, DR, large LR/fpl, fin. bsmt. 80x100. Move-in cond. Principals only. \$255K 665-0017. gcm2

WADING RIVER WATERFRONT on LI. Sound. 4,000 square foot Contemp. home, decking with panoramic view, 2 BRs, 2 1/2 baths, jacuzzi, skylights, 4 FPLS, A/C, double garage, amenities galore. \$575,000. (516) 929-6638. gcm3

GREENPORT - TERRIFIC CIRCA 1900 Victorian, historic district. 7 rooms, 2 baths, custom kitchen, original wide moldings, rear deck, restored 2 story barn. Owner \$187,500. (516) 477-1755. gcm3

GARDEN CITY FIRST Showing - Lovely stone & siding Mott Colonial. Wide Center hall, large EIK, 3 BRs, family room, 2 car \$300's. Owner Financing - Large Contemp. 3 BRs, 3 1/2 baths, family room, guest quarters, 2 car - \$400's. Mint Ranch - LR & DR overlooking 1/2 acre of private landscaped property. 4 BRs, 2 1/2 baths, family room, CAC, central vac, 2 car \$600's. Impressive Estates Tudor. Beautiful moldings, 6 BRs, 3 1/2 baths, family room, over 1/2 acre, 2 car. \$800's. Vera Atamian 354-1994. gcm4

MAINE - SANFORD - Southern lakefront Cape, 3 years old. 3 BRs, 2 full baths, laundry room, screened porch, skylights, Anderson windows, winterized & furnished, 120 foot frontage on sandy spring fed lake. Close to shopping. Located only 20 minutes from coastal area of Ogunquit & Kennebunkport \$139,000. Please call (207) 324-4952. gcn2

GREENPORT BEAUTIFUL COLONIAL. 6 yrs. old. Exclusive area. 4 BRs, 2 baths, fpl, deck, garage, bsmt. Walk to private beach. Reduced from \$275,000 to \$209,000 for quick sale. Must see. 731-2241. gcm2

Real Estate for Sale

GARDEN CITY 3 BR Colonial, 1 1/2 baths, LR/FPL, french doors to patio, finished basement with cedar closets & washer/dryer. Two blocks to RR, 1/2 hour to N.Y.C., near 4 medical centers. Principals only. Upper \$200's. 437-0543. gcMy3

NORTHVILLE - FABULOUS NEAR New Contemp on 1 acre plus wooded pond front plot with L.I.S. view. 8 Spacious rooms, 4 BRS, 3 baths, 2 FPLS, double garage, 20x40 IOP, tennis courts; views galore. Asking \$524,000. Book-miller Realty 722-4423. gcAp4

HEMPSTEAD CATHEDRAL GARDENS: Mini-mansion on glorious 1/2 acre. Elegant brick Georgian Colonial, 6 BRs, 3 1/2 classic marble baths, plus jacuzzi, Palladium windows, spacious kit, breakfast rm., leaded/stained glass windows. Two fpls, first floor den, study, solarium/deck, fin. bsmt., with incompleting steam bath. Dramatic in concept & design. Appraised one million one. Assumable \$500,000 mortgage. Owner leaving country. \$775,000. On 3/4 flowing acre. SD-27, magnificent 5 BR, brick Tudor, three plus two one-half baths, cherry cabinet kit., library, Florida rm., fin. bsmt., possible professional suite. All fenced back half, 10 x 15 deck, underground sprinklers. Picture perfect. Must sell. \$550,000. \$600,000 value, 6 BRs, slate roof, Georgian Colonial, 3 1/2 baths, on 1/2 glorious acre. 20x40 in ground pool. Three tiered plaster moldings, plaster friezes. Mahogany panelling, floor to ceiling windows in den. All these embellishments only \$499,000. 4 B R Colonial, 2 baths, new kit., 30x15 fam. rm., 2 skylights, spl. fin. bsmt. \$212,000. Country Club Estates overlooking golf course: 4/5 BRs, Tudor, 3 baths, Cherrywood kit, Florida rm., 1st floor laundry. Mint! Mint! Mint! \$225,000. 4 BR Dutch Colonial, 1 1/2 baths, EIK, spl. fin. bsmt., pool. \$164,000. 3 BR Quaint Colonial, 2 1/2 baths, EIK, Master BR/fpl, LR/fpl, 2 car. walk RR. \$165,000. Retiring to Rome, 3 BR Colonial, 2 1/2 baths, Italian marble floors, DR, LR, spl. All new windows, fin. bsmt., 2 car.. Drastically reduced \$145,000. Elaine J. Nolan 485-7054, 292-9749. wap4

GARDEN CITY - LOOKING for some "Property & Privacy" with your home? The following two homes are nicely placed on property big enough to accommodate a pool, a playground or a putting green: Picnic area #1: 5-6 BR home with large family room built on a well proportioned 1/2 acre. Owners raised 6 children here. Eastern Section. Picnic area #: 4 BR "nature lovers" home overlooks 1/2 acre+ heavily treed country retreat. Owners raised 4 children and hosted many large parties here. Central section. Both homes have been drastically under-priced for a fast sale in the \$400's. Call Anne Hagen, Jaenichen Realty. Days/eves (516) 741-1754. gcAp4

Real Estate for Sale

CUTCHOGUE/NASSAU POINT - Hi Ranch, LR/FPL, Florida room/wood burning stove, 2 baths, 2 plus BRS, garage, 3/4 acre. Owner. \$199,000. 734-7762. gcMy3

SOUTHOLD. WATERVIEW. NEW expandable Contemp Cape. Vinyl sided on 60x140 wooded lot. 2 BRs, EIK. Great rm/fpl, deck, bsmt., garage. Boating & beach rights. \$179,000. Owner 734-6647. gcmy2

GARDEN CITY 1 BR Condo, Tudor Gardens. Mod. EIK & bath, A/C. Walk to all. Low, low maintenance \$160's by owner. 742-8342. gcmy1

REDUCED: LEGAL TWO family. Mineola Park section. 3 BR & 2 BR apts. New kit., spl. fin. bsmt., detached garage. 50x100. Excellent condition. Asking \$230's. Call owner. 746-3141. wap4

GARDEN CITY SOUTH. Mint brick Split, Adelphi area, 90x100 modern EIK, 3 BRs, FDR, 2 1/2 baths, fam. rm., fin. bsmt. plus 2 rm. professional suite with private entrance, possible M/D, skylights, new windows, sprinklers. Best offer over \$270,000. Owner 485-7880. gcmy2

MATTITUCK BEACH RIGHTS included in this 2 for 1 sale. Main house, 2 BRs, 2 baths plus legal 2 BR, 2 bath rental. Priced to sell at \$110,000. Southold - Private beach, marina comes with this 3 BR cottage with extra large garage. It all adds up to a great summer retreat. \$165,000. Cutchogue - Laze on this waterfront deck & moor your boat in front of this neat 2 BR easy care year round treasure in quiet area. \$285,000. Mattituck - Bay beach & boating rights plus room for pool & tennis. All this and an elegant house with Old World details. Large scaled rooms, LR, DR, library, 1/4 BRS, 3 baths & room for more upstairs. \$350,000. Southold - Large Paladium windows accent this dramatic Ranch which feature spacious rooms & soaring ceilings. LR/FPL, DR, EIK, family room/FP. 4 BRS, 3 baths plus separate quarters for guests or live in nanny. Must be seen to be appreciated. \$390,000. Marilyn Lang Realty 734-6472, 734-6690. gcAp4

SOUTHOLD - MINT WATERVIEW Ranch. Large LR/FPL, 3 BRS, steps to deeded beach & boating. Just reduced \$187,000. Nassau Point - Gracious oldie features high ceilings throughout, large LR/FPL, FDR, den, library, great country kitchen with tiled floors, Master BR suite plus 3 BRS, 2 baths, attic with maid's quarters, enclosed porch & out-buildings. All systems updated. \$399,000. Mattituck Bayfront Colonial of unique design. LR/Stone FPL, Dr, EIK, den, 4 BRS, 2 1/2 baths, sandy beach on 2 private wooded acres. Panoramic views \$675,000. Burt Lewis Realty 734-5533, 298-4600, 765-5810. gcAp4

Real Estate for Sale

NEW HYDE PARK - Ex- panded Cape - Mint 1/4 BRS., lg. fam. rm., 3 baths, open floor plan, detached 1 1/2 garage. Central vac, A/Cs, deck, above ground pool, many extras. Walk to RR & bus. Must see. Principals only. \$229K Owner 352-5480. gcMy3

GARDEN CITY - MINT 3 BR Colonial, LR/FPL, DR, family room, large kitchen, breakfast area/skylight, 1 1/2 baths, basement partially finished, patio, in-ground sprinklers, alarm. Walk RR & village shops. Absolutely principals only. \$380,000. Leave message. 747-3604. gcMy3

SOUTHOLD - DISTRESS SALE: Almost new 4 BR, 2 1/2 bath Colonial on 2.4 acres. Perfect for gentleman farmer, kids & horses. reduced to sell \$199,000. Jamesport Bayview - Sparkling new 2 story Contemp with bay views from every room & private sugar sand beach 2 BRS, 2 1/2 baths, screened porch & deck. A terrific value at \$269,900. Southold - Cozy Cape in Family neighborhood. LR/FPL, Dr, 2 BRS & bath down plus 2 large finished rooms upstairs. Wonderful starter home. \$139,500. Greenport Bayfront - Sandy beach & lovely views. very nice 2 BR 2 bath vacation home on shy 1/2 acre. LR/FPL family room with sliders to patio. Enjoy this summer. \$330,000. Peconic Sound Front - Live in this new barn style home on 2.6 wooded acres while you build your dream house on cleared waterfront site (as is & only \$395,000). Southold - Immaculate cedar Ranch on lovely 1/2 acre in private community. 3 BRS, 2 baths, oak floors, garage & full basement. Owner relocating \$154,000. Marion King Real Estate 735-5657 gcAp4

NASSAU PT/CUTCHOGUE Waterfront Place recently built. 4 BRS, large deck overlooking water, boat dock, FPL, 2 car garage, full basement. Total of 9 rooms \$890,000. Pat Gorman REal Estate. BOX 196 Depot Lane RD#2, Cutchogue, N.Y. (516) 734-6106. gcAp4

GARDEN CITY ESTATES - Picture Perfect center Hall colonial. All brick, 4 BRS & 3 1/2 baths, Spacious rooms & highly desirable Whitehall Blvd. location. \$685,000. Principals only. Call owner for appointment. (516) 742-2641. gcMy3

SOUTHOLD. YOUNG 3 level Townhouse Condo. Large LR, DR, mod. kit., 3 1/2 baths, 3 BRs, Master BR has jacuzzi with large walk-in closet & terrace with full view of the Sound. Washer/dryer, CAC & heat for year-round living. Walk to beach, large swimming pool & boat dock with access to bay. \$263,500. Call 486-1868, 248-0753. gcmy2

NEW HYDE PARK, stunning Colonial. 3 BRs, 2 baths, family room with brick fireplace, center isle ceramic kitchen, finished basement. \$229,000. Sedacca Realty. 747-0020 hAp2

Real Estate for Sale

SOUTHOLD WATERFRONT - YEAR round home on secluded Arshamonaque Bay for sale by owner. 3 BR Ranch, 1 1/2 baths, garage & full basement. 100 feet of waterfront \$269,000. Adjoining buildable lot also available. Call 746-0551. gcMy3

GARDEN CITY BEAUTIFUL spacious home, 80x100, 5 BRs, 3 baths, scr. porch, fin. rec. rm., walk RR. Asking \$315K. By a p.p.t. Princ. only. 775-5974. gcmy2

SUMMER VACATION HOMES. Available starting at \$129,900 within walking distance to beach. Call for our free listing. Cutchogue, Sunfilled spacious Cape which overlooks country club golf course. Large LR/fpl, large DR/fpl, kit with skylights, ceramic floor & oak cabinets. Master suite & bath with jacuzzi. 3 addl. BRs plus 2 full baths, full bsmt., large decks, garage. Just reduced to \$395,000. Orient Bayfront. Two for one sale. Charming 3 BR, 2 bath house plus 2 BR guest cottage. Views, dock. \$369,000. Marilyn Lang Realty 734-6472, 734-6690. gcAp3



MINEOLA - GARDEN PLAZA. Madison II. Desirable building, first floor, large 1 BR, new kit & bath. 24 hr. security. Walk to RR. \$103,000. Owner 746-4783. gcmy1

FLORAL PARK. IMMACULATE renovated one BR Co-op. Wall to wall carpet, Euro-style kit/bath. Walk to RR, bus, stores. \$92,000 neg. Low maintenance. Must see. 775-7820. gcml

GARDEN CITY CO-OP 2 BR second floor unit. Center of Village. One block to LIRR and all shopping. Refinished floors, new windows. owner \$129,000. 873-9469, leave message. gcmy1

MINEOLA HORTON HOUSE CO-OP: Front apartment, 1 BR, new kitchen, updated bath, loads of closet space, air conditioning. Parking available on and off premises. Maintenance \$491. Principals only. \$99,000. 741-5210. gcAp4

GARDEN CITY LOVELY 1 BR Co-op. Excellent location. Walk to all. A must see with lots of extras. \$80,000. Days 718-641-4945, evenings 516-741-8894. gcmy1

GARDEN CITY VICINITY "The Mulford." Just reduced, large Co-op features 2 BRs, 2 baths, LR/fpl, sunroom, hardwood floors, closets galore & much more. Owner 565-2963, Asking \$94,000. gcmy2

MINEOLA HORTON HOUSE. Sunny 1 BR, new wall to wall. A/C, lots of closets. Live-in super. Walk to LIRR, hospital, courts. Must sell \$82,500. Owner 294-0924. gcmy2

Real Estate for Sale

GARDEN PLAZA. MUST sell. Large Studio, sleeping alcove, new carpet, A/C, new tiles. Walk to RR, security. \$59,900 or best offer. One year free maintenance. Tax deductible. 294-5063. gcmy1

FLORAL PARK CO-OP. Large 1 BR, new EIK, new bath, large closets. Walk to all. \$84,900. neg. 775-1353. gcmy2

GARDEN CITY HAMILTON Gardens - Drastic price reduction. Oversized 1 BR, mint, quiet corner, refinished hardwood floors, new Euro style EIK, separate DR, new bath, heated garage, walk to all. Originally \$115K. Best offer over \$86K takes it. 747-3607 gcMy3

HUNTINGTON VILLAGE CO-OP. Exceptional 1 BR, first floor apartment, end unit, new kitchen, appliances & paint. Bright & airy, pool. Walk to stores & all shopping. \$95,000. Call 427-0929 gcMy3

SPACIOUS RESIDENTIAL VIEW. First floor, 2 BR Apt in Garden City. 3 exposures, CAC, updated kitchen and bath. Ideal for commuters, retirees or young starters. Great tax break. Reduced to \$99K - 223-7760. gcMy3

GARDEN CITY EXCLUSIVE: 1 Br., 1 bath, 2nd floor. Low maintenance. Asking \$90,000. Call Studwell 746-7077. W-Ap4

GARDEN CITY - BEAUTIFULLY renovated large designer Co-Op. 3 BRS, 2 Baths, large LR/FPL, FDR, EIK, walk in closet, 3 exposures, A/C. Walk up. Quiet, best location, walk RR. Buy/rent/option. Principals. 877-2847. gcmy1

MANHATTAN APT. 34th & Park Ave. Elegant Park Ave. Contemp, luxury building, 24 hr. elevator & concierge, washer/dryer in building. Furnishings optional. Maintenance \$377. Asking \$99,000. Owner 516-728-6104. gcAp4

LYNBROOK - M'AGNIFICENT 1 BR Co-op. Move-in cond., mod. EIK, dishwasher, W/W, low maintenance. Convenient to all. A/C, lots of closets. Must see. \$75,000. Owner. 599-7336. gcAp4

GARDEN CITY CHERRY Valley, 1 BR Co-op. First floor. Walk to LIRR & stores. \$82,000. Principals only. 294-9556. gcmy3

STEWART AVE. BEST Apartment in town. Available for sale or lease. 3 BR, 2 bath, FDR, LR/fpl. Maintenance \$990/mo. 70% tax deductible. Asking \$235,000 or rent \$2,000 per month. weekdays 212-841-7887; eves & weekends 516-746-4165. gcmy3

IF YOU ARE A PROFESSIONAL Check out the Professional Guide in this newspaper. For a low price of just \$11.50 per week you can get your message across to readers of all eight weekly newspapers we publish. Call today for more details. 931-0012

Real Estate For Rent

HONEYMOON COTTAGE. 3 rms., ½ acre, perfect for 1 or 2 working people only. New carpeting, move-in cond. Immediate occupancy. \$625 per month. Cat OK. Call owner. 579-4186. gcmly1

FRANKLIN SQUARE. 1 BR basement apartment with private entrance, new kitchenette, bath \$550 plus security, utilities included. Single non-smoker preferred. No pets. Call after 6 p.m. 488-3419. gcmly1

PSYCHOLOGISTS, SOCIAL WORKERS & related fields of office space. Prime area. Mineola. part time/full time established center. Possible referrals. Reasonable rates. Call C. Bernacchio. 741-5141. gcmly1

GREAT NECK ROOM for rent. House to share, separate bedroom, close to rr, market. Rent \$550 including utilities. 482-5203. Leave message. gcmly1

GARDEN CITY UNFURNISHED room. Share kitchen, laundry, living/dining areas. Near all transportation. Professional or business person. References 437-8001 or 747-6420. gcmly1

FLORAL PARK. 60 Plainfield Ave. Freshly painted 1 BR apt. Large LR, recently renovated kit. Rent stabilized, 1 year lease \$774.30 per month, 2 year lease \$766.09 per month. No fee. Owner 538-0757. gcmly2

ASTORIA. 31-16 BROADWAY. Large 6 rm. Apt. Ideal for 3-5 singles to share. One block to subway; 12 minutes to 59th St. Manhattan. \$1,100 per month. Also 3 rm. apt. ideal for a couple \$750 per month. No fee. Owner. 538-0757. gcmly2

GARDEN CITY SOUTH. Newly decorated, 3 room apartment. A quiet residential area. Close to all transportation & shopping. Private entrance. Non-smoker preferred. '675 includes all. 483-6382. Wmy3

FLORAL PARK CREST. 2 BR upstairs apartment in private home. \$875. Gas & heat included. 746-1776. gcap4

ROSLYN HEIGHTS. PRIVATE home. 2 BRs, LR, EIK, deck, A/C. \$950 including heat. 621-1500. gcap4

WILLISTON PARK. FOR rent large 1 BR apt. Close to all. 2nd floor. May 1 occupancy. \$750 includes heat - 294-8897. wap4

BELLEROSE. 1 BR, LR & kit combo. Full bath, private entrance, newly painted. No pets. Rent \$575 includes all. 626-3292. wap4

PERFECT FOR GRACIOUS entertaining. Spacious Tudor on large plot. Oversized sunken LR/fpl. large DR/fpl. Florida rm., 4½ BRS, 5½ baths, fin. bsmt. Grounds & security system maintained by owner. \$3,500 month 742-5149. gcap4

Real Estate For Rent

WEST HEMPSTEAD - NASAU Blvd. Hi Ranch, 4 rms., 1 BR, walk-in-closet, wall to wall carpet, full bath, own thermostat. Working couple or single. No pets. \$750 includes utilities. 483-0168. gcap4

ALBERTSON. TWO BR. Private home. Large yard, garage, all appliances. Near stores & RR. \$975 a month. Owner. 621-8514. wmy2

GARDEN CITY. CHERRY Valley. 1 BR, first floor, corner unit. Excellent cond., wall to wall carpeting. \$895 per month plus electric 248-1878. gcmly2

GARDEN CITY SPACIOUS 1 BR apartment, elevated building, EIK, parking, walk to all. Our exclusive \$1,150 Edwin M. Keusey 747-1300. gcmly2

STEWART MANOR. A pleasant large room, walk-in closet. Nice quiet home for a woman. Call after 3 p.m. 437-4114. gcmly2

LYNBROOK APARTMENTS. LARGE first floor apartment, 2 BRs, LR, DR, EIK, large bsmt., full use of entire property fenced yard with patio. Newly painted. All hardwood floors, washer & dryer \$1075. Second floor apartment - 1 BR, full bath, LR/DR. Newly painted, hardwood floors \$650. Both apts. include heat & off-street parking priv. Call 775-4256. hmy1

FLORAL PARK APT. Cozy 1 BR apartment with walk-up storage attic. Great location, walk to all. Plenty of windows. Single person only. No pets. Apartment comes with large one car garage. \$625. 775-4256. hmy1

NEWLY RENOVATED 1 BR apt., wall to wall carp., separate entrance. Easy access to all shopping & transportation. Utilities included \$650 monthly 352-2857. gcmly1

GARDEN CITY 3 BR Colonial, 1½ baths, FDR, fin. bsmt., new appliances, remodeled EIK. \$1,400 per month. 2 yr. lease, no fee. June 1 occupancy 293-3758. gcmly1

FRANKLIN SQUARE BASEMENT apartment. 1 BR, EIK, bright large rms. Non-smoker, no pets. \$575 includes all. 488-3079. gcmly1

GARDEN CITY BORDER. Luxury apartment building. 1 BR apartment, large, bright rms., A/C, new kit & bath. No fee \$800. 489-3010 evenings 354-6982. gcmly1

MINEOLA, HORTON HOUSE. 1 BR, secure building. Walk to RR, hospital, shopping & school. \$850 includes heat & gas. 741-7532. gcmly1

CATHEDRAL GARDENS / GARDEN City border. 1 BR apartment on quiet cul-de-sac, first floor, private entrance, wall to wall carpet, near RR, shopping & Adelphi/Hofstra. Non-smoker preferred, utilities incl. \$650 per month. 292-0302, please leave message. gcmly1

Real Estate For Rent

FLORAL PARK APT. for rent. May 15 occupancy, second floor, legal 2 family, BR, kit, LR plus 2nd BR on 3rd floor. \$795 a month including heat. 328-1526. gcmly1

ALBERTSON - 2 BR, first floor house - playroom, washer & dryer, use of yard, EIK, LR, walk to RR. Prime neighborhood. \$1300 includes all. hAp3

SOUTH H O L D W A - TERFRONT On Arshamogue Bay. 3 BR, 1½ bath Ranch, deck, ¼ acre \$1,500 monthly. May, June, September. \$2,000 monthly July &/or August, \$7,000 season. Available yearly. Call 746-0551. gcMy3

FRANKLIN SQUARE - 2 BLOCKS from Turnpike, Large 5 room apt. with new kitchen & bath. LR, DR, EIK, 2 BRS, included; basement with laundry, garage plus off street parking. Loads of closets & storage, large fenced yard. Quiet, safe area, convenient to everything. References required. Principals only \$1,000 per month. 747-5940. gcMy3

ALBERTSON: First floor, six room apartment. Carpeted with utilities. No pets. \$1200. Call owner. 741-6468. wMy3

GARDEN CITY ESTATES SECTION: 3 BRs, split, 2½ baths, 2 car, near Stratford School. \$2150. Apts. Center of Village: Spacious 2 BR. immediate occupancy - \$1470. On Garden City Line / Hempstead. No fee to tenants - 2 BR. 1 bath - \$1000 & \$950. Large Spacious Studio, pool, walk RR. \$650. Elaine J. Nolan 485-7054, 292-9749. wAp4

GARDEN CITY SPLIT: Move in condition. Walk to two RR stations. 3 BRs, 2 baths, 2 car garage, cathedral ceilings, beautiful garden, EIK den, low taxes. Low \$300's. Principals only. 352-5946. Call after 6:00 PM. wMy3

GARDEN CITY FURNISHED room, non-smoker, private entrance, private bath. Professional or business person. Mature male preferred. References. 741-0535. gcMy3

WEST HEMPSTEAD 6 ROOM, floor apartment in a private house. Convenient to all. Suitable business or professional. (516) 486-5729. gcMy3

MINEOLA APARTMENT FOR RENT - Sunny and charming. One bedroom, EIK, LR, BR. Walk to all. Quiet residential street. \$650. Sedacca Realty 747-0020. hAp3

Vacation Rental

SOUTHAMPTON. SPACIOUS MINT Contemp, 2 wooded acres, 3 large BRs, separate master suite, living & dining room, huge Euro kit, 2½ baths, all new appliances, patio, terrace, cable ready. 5 min. walk to private Peconic beach. Season \$9,800 July or Aug. \$3,900 746-4314. gcmly1

Vacation Rental

CATSKILLS, HUNTER MOUNTAIN area, 2½ acres, 3 BRs, 1½ baths full kit, dishwasher/microwave, fpl, colored TV, VCR. Great mountain view, 2 decks, spa. Month of July & Aug. during festivals. \$1,200 mo. 741-1098. gcmly1

POCONOS. 3 BR Ranch in lake community. Swimming, tennis & vacation activities. House spotless, washer/dryer, microwave, 2 decks, fpl. Walk to lake, horseback riding, quality restaurants & shops nearby. \$350 a week. 379-8447. gcmly1

MARCOS ISLAND, FLORIDA. French Village, 2 BR, 2 bath Condo. Steps to Gulf. Week/month. Great rates. Owner. 718-352-5798. wmy1

NASSAU POINT. 4 BR, high on hill, water on all sides, outdoor shower, deep water boat dock. Available Aug. (including Labor Day weekend). Call 746-2151 or 734-7168. gcmly2

SANIBEL ISLAND FLORIDA. Tropical paradise, lush unspoiled setting, southern Florida Gulf coast. Sundial Beach & Tennis Resort, 2,000 foot beach, 5 pools, jacuzzi. 6 soft, 6 all weather tennis courts, golf, fishing, boat/bike rentals, miles of bike/jogging paths, supervised children's activities available, gourmet restaurants at resort & throughout island, superb shopping, world famous shellfish, 35 minutes to International jetport. Complete gulf front, posh resort. One, two and 2 BR plus den condos with full kitchens. Rent daily, weekly, etc. Reasonable. 746-2211, 326-7711. gcyl1

MATTITUCK-ON-BAY. Taste fully furnished, delightful, small Colonial Cottage. Heat, fpl, private bay beach. July-Sept. \$4,500. Quiet couple preferred. 765-1844 days, 477-2642 eves. gcmly3

SANIBEL ISLE, FLA. "Paradise". Lg. 2BR/2 bath Condo in small complex. Tennis, pool, beach access to Gulf. Reasonable weekly, summer rates. 747-7482. wmy2

POCONOS. 3 BR Ranch in lake community. Swimming, tennis & vacation activities. House spotless, washer/dryer, microwave, 2 decks, fpl. Walk to lake, horseback riding, quality restaurants & shops nearby. \$350 a week. 379-8447. gcmly1

MONTAUK SPRING GETAWAY. Special 3 days, \$173 a couple. 2 RM suite, heat, full kit. Sleeps four. Walks, dining, shopping. Hundred feet to beach. Also for sale. \$40,500. Immaculate. Call 724-5572. gcmly2

SHELTER ISLAND MODERN Ranch set on 1 acre with water view. 3 BR, 2 Bath, full kitchen with dishwasher, washer/dryer, fpl, full deck, 100 yards to life guard attended beach. Bright, sunny, breezy. Perfect for family with children. Memorial Day - Labor Day \$8,000. 746-3358. gcap4

Vacation Rental

POCONO COUNTY HOME. 2½ hrs. resort community, 3 lakes, beaches & life guards, tennis courts. Many vacation activities & restaurants in area. Kitchen, LR, 1½ baths, 3 BRs \$350 a week 352-3345. gcmly2

CUTCHOGE 4 BEDROOM. 2½ baths, water view, 20x40 pool, beach, marina, private, season. 734-7369. ha4

HAMPTON BAYS, NEW Co-op overlooking Shinnecock Canal, one block from beach, dockage, boating, swimming, fishing, dishwasher, microwave, washer/dryer, cable & jacuzzi. Call 775-5943 or 723-0312. hAp4

NASSAU POINT/GRACIOUS waterfront Country home with private beach on 2 plus secluded acres. 5 BRs, 3½ baths, LR, DR, well equipped kit, laundry, etc., old fashioned screened porches. Immaculate with many extras. Available June 28 - July 27. 747-0688. gcmly1

BEAUTIFUL SHELTER ISLAND home on 1½ acres. 3 BRs, 2 baths, LR, DR, full kit, huge deck, washer/dryer on creek with docking rights for medium size boat. Walk to beach, golf nearby. No pets, no smokers. Memorial Day - Labor Day. Call 747-1589. gcmly1

GARDINER'S BAY WATERFRONT. Beautiful sunsets on private beach. Contemp, 4 BR, 2 baths, wrap around deck, A/C, all amenities. Season, monthly 626-0204. gcmly1

MONTAUK - 3 BR. RANCH. Walk to ocean, deck. Available June 14 thru July 5, July 12 thru July 19, August 30 thru September 13. \$950 per wk. 516-354-0111. WAp4

HILTON HEAD ISLAND, South Carolina. Fully equipped ocean view villa on beautiful beach with olympic pool, tennis, restaurant, convenience store & more. Ideal for small family. Reasonable weekly rates. 731-3742. gCap4

HAMPTON BAYS NEAR beach and shopping, 2 bedrooms, 1 bath. \$500 weekly, off-season negotiable. (516) 741-5490. hmy3

NOYAC, NORTH HAMPTON Colony Contemp triplex, ¾ BRS, FPL, private beach, marina. Dishwasher, washer/dryer, microwave. \$12,500 season or July \$6,500. 747-6392. gcMy3

SOUTHOLD WATERFRONT Private beach on sound. Modern architectural home, 3 BRS, 3 Baths, all conveniences including jacuzzi. August 1 - Labor Day or July 15-August 15 (212) 861-8227. gcMy3

MT. SNOW/HAYSTACK. Large fully equipped 4 BRS plus loft, 2½ baths with color TV, VCR, microwave. Available by the week or week-end. Beautiful views, lots of privacy. Near golf courses & lakes. Call 466-6120. gcJy2

Vacation Rental

EAST MARION BEAUTIFUL 4 BR Cape on Gardner's Bay. Private, sandy beach. Available July & August (203) 972-0949 gcMy3

PUERTO RICO. ISLA Verde, Beautiful 2 Br Condo ocean front panoramic view. Next to ESJ Hotel. weekly/monthly 809-791-5629 gcMy3

Real Estate Wanted

ONE ROOM OFFICE needed for small business. Garden City vicinity. 248-1746 gcMy3

PROFESSIONAL COUPLE WITH small child seeks Garden City home in Northeast or Western section. Moderately priced, handyman OK. Can close quickly Principals only. Call 718-474-8467. gcap4

1 OR 2 UNFURNISHED rooms with private bath. Western Garden City. Perfect tenant. 741-1217. gcmy1

PROFESSIONAL COUPLE SEEKS house to rent with option or to buy in Western section of Garden City. Low to mid \$200's. Handyman OK 488-7581. gcmy1

STEWART MANOR HOUSE wanted by young professional couple. 3 BRs, 1 1/2 baths, spl. den. Colonials only, not near RR. Good condition. Low to mid \$200's. Principals only. 741-0261. gcmy2

GARDEN CITY RESIDENT looking for 3/4 BRs, 2 baths, den. Close by summer. Low \$300's. Call eves. Leave message. 741-0084. Principals only. gcmy3

FAMILY SEEKING 3 to 5 BR. home in Garden City. Can close anytime. Do not mind if house needs work. \$400's to \$500's range. 483-4462. Leave message. W-Ap4

GARDEN CITY COUPLE looking for 3/4 BR home in Garden City, low to mid \$300's. Principals only. Call 877-0425. gcAp4

RENTAL MARRIED COUPLE with 1 child seeks 1 year lease in Garden City, Stewart Manor or East Williston. 742-3956. gcmy2

DRIVE WAY SPACE WANTED to rent. Space for one car. Must be near corner Old Country Rd. & Roslyn Rd. (Mineola area). Please call 746-2429. gcmy2

RENTAL, MARRIED COUPLE with 1 child seeks 1 year lease in Garden city, Stewart Manor or East Williston. 742-3956 gcMy2

Boats For Sale

LARSON BOAT FOR SALE, 17 Ft. with Trailer. Good condition. Mercury 85HP motor. Ready for water. \$3,000 neg. Call after 6 p.m. 718-626-7304. wmy1

Car For Sale

1983 PLYMOUTH WAGON, fully equipped, terrific station car. Must sell. \$795. 938-9031. hmy2

1987 BRONCO - XLT - 60,000 miles, mostly highway. Showroom condition. Many extras. \$9,700. 741-5399. wmy1

1986 BUICK RIVIERA, T-type, leather interior, alarm, AM/FM cassette, A.C., power windows/locks. Orig. owner. Excellent cond. Fully loaded. 50,000 miles. \$6,495. Call 248-8213. hmy1

1988 HONDA CIVIC Hatchback, 5 speed, 46,000 miles, new tires, new battery, mint cond. Pull-out Alpine stereo with amp. \$5900, neg. 484-6685. wap1

1986 NISSAN PULSAR. Five speed, red, good cond. \$2375. Call 254-0428 after 6 p.m. & weekends. gcap4

1986 SUBARU GL-10 4 wd, turbo, auto, 73K miles, power windows & sun roof, power brakes & lock. A/C, radio cassette. Mint cond. inside & out. Must see. \$3,850. 741-6254. gcap4

'88 CAD SEVILLE. 62,000 miles. Original owner, garaged, loaded, red/red leather interior. \$11,000. 922-2073. gcap4

1986 DODGE 600 ES Convertible. Black, turbo engine. Fully loaded. Needs engine work. \$2,000. Call after 6 p.m. 248-5246. wap4

1990 NISSAN XE, 2 dr. color red. Automatic trans, a/c, am-fm radio. One owner, mint cond., under 10,000 miles. \$8500 neg. 775-3442. wap4

DODGE RAIDER '87 2 Dr., navy blue, 2/4 W.D., automatic, AM/FM tape. New tires, 26 months warranty. Mint. \$7,200 or best offer. Car in Western Nassau. Leave message at 718-343-3004. wap4

'81 TOYOTA STARFLITE Hatchback. A/C, Stereo cassette, 5 speed, 66,000 orig. miles. 35 to 40 miles per gallon. Excellent cond. Asking \$1,150. 488-2328. Call evenings. wap4

1979 FORD GRANADA. Very good cond. Asking \$500. Call evenings. 826-3419. wap4

Car Wanted

WE BUY USED cars, vans & trucks. Junk cars removed. Same day pickup. 739-1821. Please call after 3 p.m. wap4

For Sale

2 PINE BOOKCASES with storage. Best offer 775-5080. Please call after 6 p.m. gcmy1

10 PIECE FRUITWOOD DR round formica table, lamps, end tables, exercise bike, bridge table/chairs, Country French girl's desk, hutch, headboard. Piano, organ, TVs, lawn mower, lawn sweeper. 742-2685. gcmy1

For Sale

VIOLIN. GERMAN MADE in good condition, full size. 747-3886. gcmy2

MUST SELL: 2 small upholstered living rm. chairs. Damask (eggshell). Vitrine table, Thomasville occasional table, Weyman tables, paintings. Reasonable. (718) 352-5798. wmy2

COMPLETE WALNUT BEDROOM set. \$250, excellent cond. Wooden day bed \$75. good cond. Singer sewing machine with cabinet, excellent cond. \$100. Sofa bed \$75. Please call 742-0520. wmy2

OH NO! IT doesn't fit. Beautiful 48" Round oak pedestal table. 24" leaf with a set of table pads. Excellent cond. \$350. 739-0215. wap3

PIANO. KAWAI EBONY Console. Excellent cond. Original owner. Asking \$800. Call 437-2151. gcmy2

LARGE ANTIQUE ROLL Top desk \$1,250. Large Colonial DR set with matching shelf & rolling bar \$650. 6 piece custom crafted king size BR set \$1,000, console TV, portable dishwasher & more. 747-5672. gcmy2

FREE! FREE! FREE! Delmonico freezer chest 48"H x 36"W x 24"D. Operational but needs some repairs. Call 9-30 a.m.-12:00 noon. Mon.-Fri. 938-8693. hap4

FRANCISCAN DESERT ROSE Dinnerware - Twelve 7 piece settings including rim soup, bread & butter plate. Also completer set, gravy boat and six mugs. Excellent condition. Asking \$400. 354-2558. wmy1

MEN'S RACING BICYCLE 1988 Bianchi Trofeo. Mint condition. \$725 new. Best offer. Call 488-8280. gcmy3

ELECTRIC STAIR LIFT Best offer. 248-1746. gcmy3

LIONEL TRAINS PLUS accessories, circa 1950. Good condition. Asking \$275. 741-7826. gcmy3

25 INCH TV \$150, dark, solid oak table (needs refinishing), 2 piece hutch, dark oak, 333-2651. Call mornings from 9-noon, please. gcmy1

MOVING - FURNITURE & More. Bookcases, lamps, pictures, dining room, rugs, bedroom, silk flower arrangements, round formica table, World Book Encyclopedia set, piano, organ, benches, chairs, brass and iron fireplace set, TVs, lawnmower, sweeper, etc. 742-2685. gcmy1

9 FOOT 9 inch by 19 foot 9 inch Kirman rug, blue & rust with beige center \$4,000. Firm, hardly used Queen size mattress set with frame - \$100 - 742-5149. gcap4

ANTIQUE SELLERS (BAKING cabinet), solid oak, refinished. Call 294-8782. \$825. gcap4

For Sale

PATIO SET - WINSTON 60 inch umbrella table, 4 chairs and 1 lounge chair with cushions. 742-0020. gcmy1

BABY CRIB - \$30, mink stole, sofa convertible - \$30, maple dresser with mirror - \$65, women's clothes size 12 (some new). Sharp microwave 1 year old with turn table & miscellaneous. 334-5999. gcmy1

BAHAMA CRUISE - FIVE days/four nights. Corporate rates to public. Limited tickets. \$249 per couple. Dream Vacations Travel Inc. License #ST14189. Call 407-331-7818, ext. 217, Mon.-Sat. 9-9. hmy3

PATIO FURNITURE IN- DOOR/outdoor, winston aluminum frames with textaline cushions, 60" table with umbrella & 4 chairs, 1 chaise lounge, 1 sofa, 2 club chairs and ottoman and 3 end tables. 742-0020. gcmy3

MOVING SALE: LIMOGES China for 12 & small Seth Thomas clock, paper weight collection, file cabinet (legal size). Odd books, cooking books, desk, pictures, new freezer, garden furniture, etc. Better call after 6 p.m. 352-5946. wmy3

DINING ROOM SET - Oval table, six chairs, hutch. Must sell. \$375. 367-9478 wmy3

MANY HOUSEHOLD FUR- NISHINGS for sale. 7 piece oak bedroom set, redwood patio set, glass table dining room set, many more items. 294-9489. gcmy3

DESIGNER'S CONTEMP- ORARY Dining Room suite. Honey lacquer/chrome/glass table with suspended server plus rolling bar and six upholstered chairs. Also, fine quality Berber area rug, excellent condition. 741-3791. gcmy3

CHARMING PAIR OF LOVE seats, camel back with full cushions, custom valances and pillows. All \$1,200. 746-5846. gcmy3

DINING ROOM SET, excellent condition. Pennsylvania House Queen Anne, cherry mahogany, 65 inch china cabinet. Two pedestal table with four ten inch leaves and full table pads. Two armchairs and eight side chairs. \$2500. Call 775-6207 or 437-5854. gcmy3

1982 MOTORCYCLE HONDA CR-480R w/factory assembly manual. New rear tire, chain and sprockets. \$500. Call 488-8280. gcmy

GOLF CLUBS, LADIES Trolley, excellent. Have original receipt, includes light weight bag \$250. Men's left handed, excellent, includes bag \$250 747-6392. gcmy3

SOFA, LOVESEAT, CHAIR. Mint cond., elegant, tufted Tuxedo back, beige satin velvet. Custom plastic slipcovers included \$475. Also antique nautical brass/iron fixture. 739-3907. gcap4

For Sale

ETHAN ALLAN FULL size sofa bed, green tweed, tuxedo style. Hardly used. Worth over \$1,600. Will sell for \$400. 746-4514. gcap4

Wanted

BEST PRICES PAID, immediate cash for pre 1950 mahogany furniture and other collectibles. Please call C.&T. 766-5499. gcmy1

ROCKVILLE CENTRE - GRACIOUS, spacious home to share including storage and yard privileges. All amenities. Single female, no pets. Convenient to station and stores. Principals only. \$600, heat included. 763-2280. gcmy1

CHINA - ROYAL WINTON, James Kent, Crown, Ducal, etc. any piece with all-over pattern. Call (201) 445-1130. gcmy1

OLD GUNS, SWORDS, Binoculars, old knives, bamboo fly rods. Call 825-0979 or 354-1943. gcap4

DOLLS WANTED I collect dolls and other doll memorabilia, new or old. What do you have for sale? Call me at 747-8496. gcap4

ANY TYPE ANTIQUE Victorian or other furniture wanted. Also cut glass, silver jewelry, paintings, bronzes, dolls, frames, clocks, rugs, linens, trunks, china lamps. Will call for any time, any place. Call Kay & Tom Westbury. 334-1117. gcmy2

SOLD BY MISTAKE AT Garden City Exchange, April - Oct. '91, partial set of Haviland Limoges Chateau Dun, donated pieces found in father's house. Later discovered remainder of set in Florida apt. Please call if you bought this china. 742-5149. gcap4

SWAP - WESTBEND TOTAL gym, value \$250 for lightening roller blades, bicycle, garden art, half whiskey barrels, garden bench, garden arch, garden shed or Makita or Delta tools or what have you. 741-2110. gcmy1

Services

BUILD WITH BRICK Stoops • Fireplaces • Patios • Driveways • And all types of Brick & Stone Work Quality Workmanship at Reasonable Prices Satisfaction Guaranteed No Job Too Small • Waterproofing • Slate Roofs Repaired Estimates 538-3813 LIC #H1735940000 gcmy4

JAMES F. MENTZ CARPENTER-ROOFER Small Jobs Reasonable Skylights Installed Carpentry-Alterations Slate Roof Repairs Roofing-Gutters-Leaders Kitchens-Attics-Basements LIC #401760000 593-2933 gcjy2

Services

HANDYMAN: QUALITY HOME repairs. Plumbing, leaky faucets, toilets, tiles & grouting. Shelves, fences repaired, doors shaved, carpentry, sheetrock patching. Ceiling fans & window air conditioners installed. Call Joe, 746-7517. wjn4

PAINTING BY MARIO. Work done by owner. Also sheetrock, taping & spackling. Free estimates. 538-2273. Lic. #Ho4180100P. gcn4

FRED WILL FIX IT. Painting. Interior/exterior, general repairs, fix sash cords, clean out gutters, small jobs. Fred Lee 794-7405. gmy5

TELEPHONE INSTALLATION & repair. TV cables & modular jacks installed. Electrical wiring and fixtures. Prompt, reliable and reasonable. Fully insured. Free estimates. Over 30 yrs. telephone experience. Residential/Business systems. Call Al Byrnes, 481-4665. gcy2

THE CUISINE SCENE
Fine catering, glorious food, complete party planning service, menu suggestions for all occasions. Weddings my specialty, including beautiful cakes. Professionally trained staff. Call Susan 742-1956. gcn2

BRIAN CLINTON MOVERS
Licensed & insured. One piece to a house load. Free estimates, 333-5894. Owner supervised. Carle Place. License #F11154. gmy1

**HOUSE WASHING
POWER WASHING**

Spring Special
Decks Cleaned

From \$50

We Clean Seal and

Res'ore

All Exterior Surfaces

Aluminum, Vinyl, Wood

Cedar, Decks, Patios,

Fences

Expert Brick and

Masonry Cleaning

We Remove White Paint-

Run-off Stains From Brick!

Long Island Restoration

Services

Insured

(516) 741-WASH (516) 741-9274 wj1

LAWN MAINTENANCE & all kinds of gardening, planting trees, trimming shrubs, etc. 486-3626. gcap4

GERIATRIC PLACEMENT CONSULTANT specializing in Geriatrics. I am available to assist individuals & families with planning for nursing homes. Counseling is also available. Please call 488-4443 or leave message. GCAP4

HELPING HANDS. WAITRESSES, waiters, & bartenders available for your party needs. Please call 775-7440. gcap4

DRESSMAKER: DON'T be limited to dresses on store racks. Choose your own style & fit with custom made fashions. Bridesmaids, special occasions & prom dresses at very reasonable rates. Cindy 546-1073. gcap4

Services

TYPING/WORD PROCESSING Service. "You Write It - We Type It." Agreements, resumes, cover letters, term paper, thesis, envelopes, labels, envelopes/stuffed, etc. Pick up & delivery. Sandi 565-5013. gcap4

VACATION HOME PAINTING & decorating. Eastern Long Island 298-8653. gcn4

DRIVER/COMPANION NEEDED. Tues., Wed., Thurs., 11:00 a.m. - 3:00 p.m. \$125. Must have own transportation. Male preferred. 747-5501. gcmY1

LADIES, RELAX & ENJOY your next party! Catering & experienced professional services for assisting with preparation, serving & cleaning up before, during and after your party. Bartenders available. Call Kate at 248-1545 or 746-8264. wfn

LITE MOVING & STORAGE
Very reasonable. Call day or night. Long & short term storage. Local/long distance. Will beat any price. Free estimates. \$10 off with this ad. 599-0996. gcap4

HOME IMPROVEMENTS
Cartwright Contracting. Top notch remodeling & repairs for home or business. Extensions, dormers, kitchens, decks, cedar siding, bathrooms, closets & basements. Reasonable Rates. Free consultation & estimates. 741-2313. Lic. # H18 B3160000. gmy1

PAINTING - EXPERIENCED. Reliable. Reasonable prices. Good work. Call any time. 747-8523. gmy1

HAIRDRESSER WITH LOTS of experience will come to your home even Sundays & evenings. Sets \$8, Cuts \$8, cut & Set or Blow \$15, Perms \$35. Call evenings 741-0441. gcap4

LEAKS & SQUEAKS - Handyman Service. No job too small, old house specialist. General home repairs. 15 year experience. Day and evening hours available. Call Jim 868-4984. gcy1

GUTTERS - CLEANED, REPAIRED & installed. Call Joe 735-6349. gcn3

VINCENT NASO PAINTER & Paperhanger. Serving Garden City for 25 years. Neat, clean and finest work. Free estimates. Call any time. All work guaranteed 100%. 328-0028. gcy1

Instructions

TUTORING - GET HELP in social studies/study skills. Preparations for AP/Regents exams, finals. Former H.S. department chairman with 31 years experience. Call John C. Bartul. 354-6686. wmy2

TUTORING - NEED HELP in Spanish? Prepare now for upcoming regents exam and all levels of Spanish. Certified H.S. Teacher with 29 years experience. Reasonable rates, especially for long term students. Call 741-2767. gmy1

Instructions

MATH TUTOR. EXPERIENCED Math teacher, grades 7-12. Regents prep & SAT prep. Call 561-7828. gcap4

PIANO, ACCORDIAN AND Guitar lessons - all levels, all ages. 22 years experience. N.Y.S.S.M.A. and L.I.M.T.A. member. Call 354-1721. gmy2

PIANO LESSONS ONLY \$30 a month. One hour weekly for beginners, small groups, four year olds and up. Creative and individual, all keyboards accepted. Every student excels. Thirty years Garden City. Call for special offer. Rita Lucy, 248-7379. gcy2

TUTOR-ELEMENTARY REMEDIAL reading & math by licensed reading specialist in your home. Call after 3 p.m. 488-3079. gcal

Notice

WITNESS NEEDED - IF YOU witnessed the auto accident at 1:30 p.m., 4/1/92, at intersection of Stewart Ave. & Rockaway Avenue, Garden City, please call 742-6977. wmy1

Health & Fitness

WALKMATES: WALKING & Nutrition information and products. 1-407-451-2167. hap4

Pets for Adoption

DOBERMANS - ADULTS Available from rescue groups. Responsible pet homes only. 248-1311. gcap4

BLACK LAB SHEPHERD MIX. 18 months. Excellent watchdog. All shots. Needs room to run and play. Moving. 534-0111. Leave message. wap4

Pets For Sale

SPRINGER SPANIEL PUPPIES, Just in time for spring training. WKC registered, 6 weeks old. 747-1774. gmy3

Personal

LIVED OVERSEAS? IF YOU have lived overseas (expat. or foreigner) and would like to join us for morning coffee, cake and a good interesting chat once a month, please drop a card in the mail and I'll call you. Box #H, Garden City News, 821 Franklin Ave., Garden City, N.Y. 11530. gmy3

Garage/Tag Sale

MULTI-FAMILY GARAGE Tag Sale - Everything from antiques and fine china to a snowblower, lawn mower, electric trains, toys, brand new sporting equipment, furniture and bric-a-brac. All priced to sell. Wanna buy a Ford Bronco too? Sat., May 2, 9-5, 157 Brook Street, Garden City (2 blocks east of Clinton Rd.). gmy1

Half the price of a postage stamp. That is all this newspaper cost you per week delivered to you by mail.

Garage/Tag Sale

TAG SALE - QUALITY furniture priced to sell. Chairs, tables, lamps, mirrors, bric-a-brac. Everything in good condition. Sat., April 25, 9:30-2:30. Rain date Sat., May 2, 52 Meadow Street, Garden City. gcap4

TAG SALE - SETTLING Estate. Must sell contents of interesting old home. Handsome Victorian pump organ, antique oak pool table, Le Coultre watch, man's jewelry & watches, Master BR, LR, DR, oil paintings, 2 sofa beds, curio cabinet, 1937 Lionel train set, Lifestyle treadmill, cedar chest, legal bookcase, old bric-a-brac, china, crystal, porcelain, Hummels, Swedish vase, animated lamp, cameras, large old lathe, fishing equipment, sun dial, sewing machine, garden tools & furniture, Christmas items & so much more. Please join us at 70 Spruce St., Roslyn Harbor (Glen Cove Rd., 1/2 mile north of Northern Blvd., west through underpass, left at stop sign, second left Dogwood, right on Spruce), Sat., April 25, 10 a.m.-4 p.m. (instead of 9-2). gcap4

GRANDPARENTS - Send in your grandchildren's photos and enter our "World's Most Beautiful Grandchildren" contest. 931-0012.



NOVENA TO ST. JUDE
Oh Holy St. Jude, Apostle and Martyr, great in virtue and rich in miracles, near kinsman of Jesus Christ, faithful and intercessor of all who invoke your special patronage in time of need, to you I have recourse from the depths of my heart and humbly beg to whom God has given such great power to come to my assistance. Help me in my present and urgent petition. In return I promise to make your name known and cause you to be invoked. St. Jude, pray for us all who invoke your aid. Amen. Say 3 Our Fathers, 3 Hail Marys, 3 Glorias. Say for 9 consecutive days. Publication must be promised. This novena has never been known to fail. Thank you for answering my prayers. J.L. gcap4

HOLY SPIRIT YOU WHO SOLVE all problems, who light all roads, so that I can obtain my goals. You who give me the divine gift to forgive and forget all evils against me and that in all instances of my life you are with me, I want in this short prayer to thank you for all things and to confirm once again that I never want to be separated from you ever in spite of all material illusions, I wish to be with you in eternal glory. Thank you for your mercy towards me and mine. Say for 3 consecutive days after which the favor requested will be granted even if it appears difficult. This prayer must be published immediately. Thank you Holy Spirit. gcap4

A "Letter From Home"

Give your college-bound scholar a subscription to this paper. Every week it brings home a little closer, with all the latest news of friends, neighbors, and local events.

Call 931-0012
746-0240
294-8900
for details.

RESTAURANT OWNERS
Have you seen the Reader Ratings Section in Discovery Magazine? For one low price you can advertise your restaurant in eight weekly newspapers. Don't miss out, call for information today!
931-0012

NOVENA TO ST. JUDE
Oh Holy St. Jude, Apostle and Martyr, great in virtue and rich in miracles, near kinsman of Jesus Christ, faithful and intercessor of all who invoke your special patronage in time of need, to you I have recourse from the depths of my heart and humbly beg to whom God has given such great power to come to my assistance. Help me in my present and urgent petition. In return I promise to make your name known and cause to be invoked. St. Jude, pray for us all who invoke your aid. Amen. Say 3 Our Fathers, 3 Hail Marys, 3 Glorias. Say for 9 consecutive days. Publication must be promised. This novena has never been known to fail. Thank you for answering my prayers. M.V.B. ap4



Kids Home Newspaper



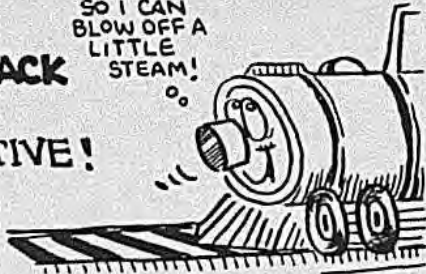
Games, rhymes, and riddles for children and their parents, too!

By J.R. Rose -

DRAW IT!

**DRAW A
SMOKESTACK
ON THIS
LOCOMOTIVE!**

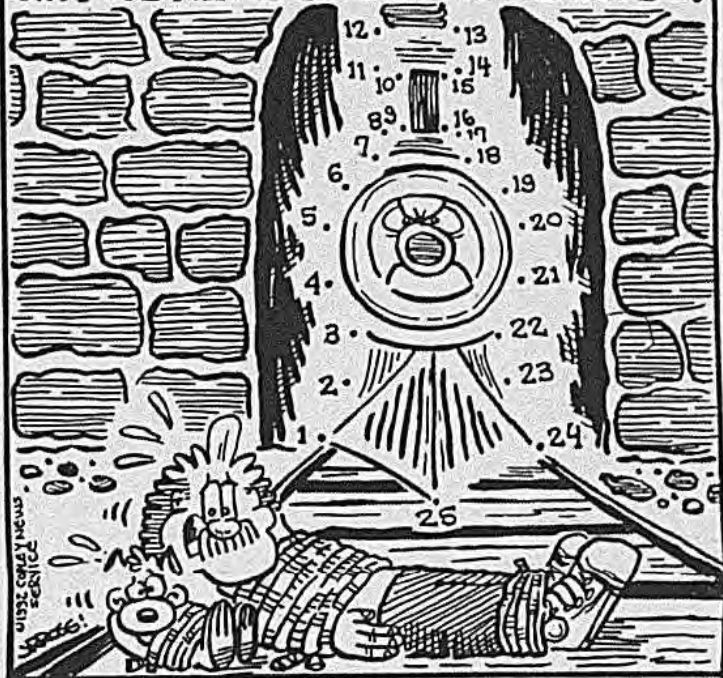
SO I CAN
BLOW OFF A
LITTLE
STEAM!



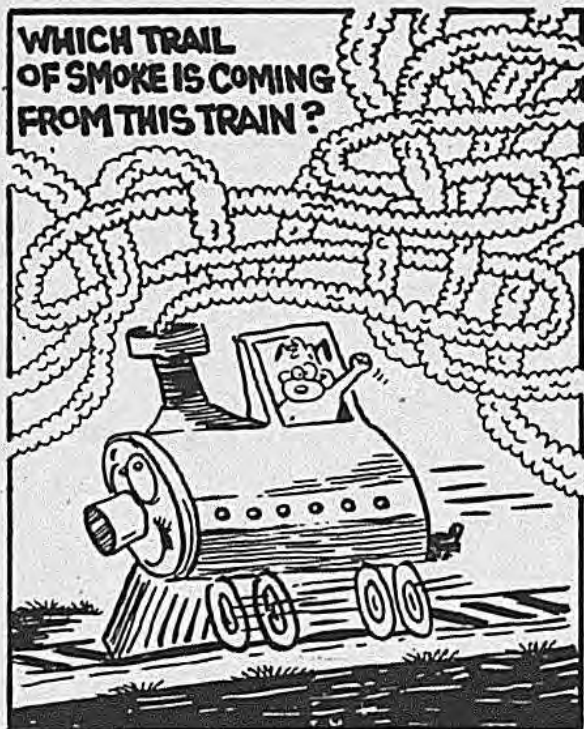
THE LONGEST AND HEAVIEST TRAIN ON RECORD WAS ONE ABOUT 4 MILES IN LENGTH CONSISTING OF 500 COAL CARS. IT WEIGHED 47,250 TONS!



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**WHICH TRAIL
OF SMOKE IS COMING
FROM THIS TRAIN?**



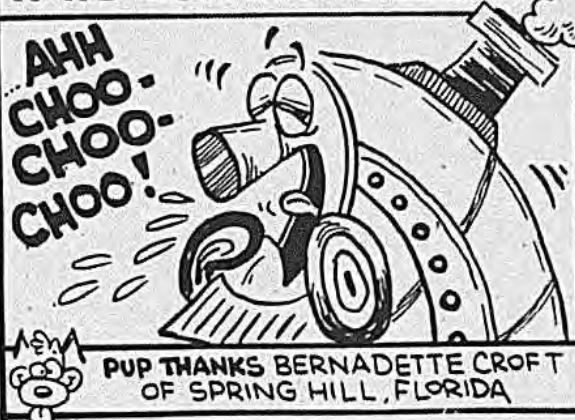
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IF YOU HAVE ANY FUN
GAMES OR JOKES SEND
THEM TO : **PUP**

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HOW DOES A TRAIN SNEEZE?

**AHH
CHOO-
CHOO-
CHOO!**



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"All work performed and materials sold will be of the same, or better, quality than agreed upon in advance with the customer, or advertiser will make any and all adjustments without additional charge to the buyer."

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All For Only \$45 per wk. Call: 516-739-2830
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Garden City House & Office Cleaning Corp. Bonded and insured - Serving All Nassau County. We will sparkle-clean your house or office with a professional team of experienced, honest and reliable individuals who are trained in getting in and out in no time. The entire cleaning process is supervised by owners, who are Garden City residents. We stock and use all our cleaning equipment and materials. Call for a free estimate 248-8690 - leave message and we will promptly call you - references available.

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ANTIQU OR JUNQUE



By James G. McCollam

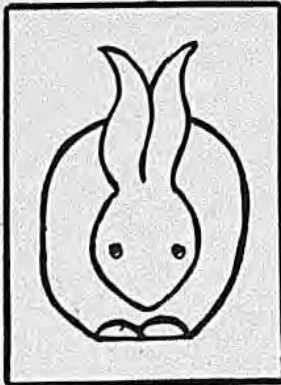
French cloisonne is valuable

Q. This lovely vase belonged to my mother. So far, I have been unable to determine its age or value. It is 8½ inches high. It is cloisonne made of a silver base with shades of green enamel.



A. This appears to be a beautiful example of French cloisonne, probably made in the early 1900s. It might sell in the \$500 to \$600 range.

Q. The enclosed mark is on the bottom of a crackleware vase. It is bulbous with a short, straight neck. It is decorated with pictures of butterflies. Can you tell me anything about its origin and value?



A. Your vase was made by the Dedham Pottery in Massachusetts in the early 1900s. It would probably sell for about \$450 to \$475.

The pottery was established in 1866 and went out of business in 1943.

KUTANI CHINA

A generation after the origin of Imari china in the Hizen province of Japan, some of the potters moved to the Kaga province and built their kilns around the town of Kutani. They produced exquisite porcelain from 1639 to 1694.

After almost a century, there was a revival of Kutani styles and designs. Throughout the 1800s, large quantities of porcelain were produced for export to Europe and America.

The best examples are noted for their brilliant colors in a series of panels on a red patterned background.

Virtually all the Kutani ware encountered today was made in the 19th century. The exception is 20th-century china marked with the name "Kutani." These modern pieces are neither real Kutani nor are they valuable collectibles.

Any identifiable old Kutani (1639-1694) will cost at least \$1,000 while 19th-century Kutani can be acquired for less than \$100 to almost \$1,000.

Examples of 19th-century Kutani are illustrated by a 7-inch bowl in the Thousand Faces pattern listed at \$100 and a box shaped like a bulging bag for more than \$1,000.

A coffeepot obviously from about 1900 listed for \$800. For less than \$200 you can acquire a 10-inch dish decorated with a riverscape or a tea caddy with floral panels. You can buy an 11-piece service-for-four tea set with hand-painted red roses on a cobalt background for about \$300.

Finally, we find a 10-inch double gourd vase with chrysanthemum blooms and lotus scrolls for less than \$300.

BOOK REVIEW

"Country Stores Antiques from Cradles to Caskets" by Douglas Congdon-Martin with Robert Biondi (Schiffer Publishing Ltd.).

Better known as "general stores" by their contemporaries, these hardware, grocery and post offices were the focal point of rural communities.

It is profusely illustrated in full color and thoroughly captures the essence of bygone times.

Ronald L. Manson (516) 328-1556
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Points on Pets

By R.G. Elmore, D.V.M.

Q. Following being hit by a car, our dog died because of a diaphragmatic hernia. Our veterinarian was unable to save our dog. Because we were in a state of shock at the time, we did not ask a lot of questions. What is a diaphragmatic hernia?

A. A diaphragmatic hernia is simply a tear or rupture in the muscle that separates the thoracic cavity from the abdominal cavity. The primary cause of this condition is severe trauma.

The liver, intestines and spleen commonly spill into the thoracic cavity following diaphragmatic herniation. A very large volume of abdominal contents may gradually pass through a relatively small tear in the diaphragm because of the normal negative pressure in the thoracic cavity.

Difficult breathing is the main clinical sign of diaphragmatic her-

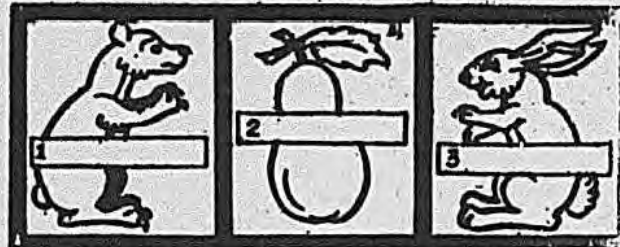
nia in the dog. If the stomach or intestines fall through the hole in the diaphragm, there is a real danger that they will get twisted or blocked. This can lead to rupture of these organs and a severe infection of the thoracic and abdominal cavities.

The diagnosis of diaphragmatic hernia usually is based on the history of trauma, signs and X-rays. Diaphragmatic hernias usually are treated by surgical repair of the tear.



JUNIOR EDITION

WIN A BIG PRIZE!... PRINT IN THE 3 RHYMING NAMES AND COLOR THE DRAWINGS.



Aunt Tilly's Corner

Once I had a pet parakeet. He was given to me by someone special for my birthday. He was a very pretty shade of blue and since he came in the month of February, I called him Pisces. He was very smart for a bird and I played with him and talked to him all the time. Before long he began repeating some of the things I said to him. One of the things he could say was "I love you mommy." Do you have a favorite pet?

Your friend Aunt Tilly

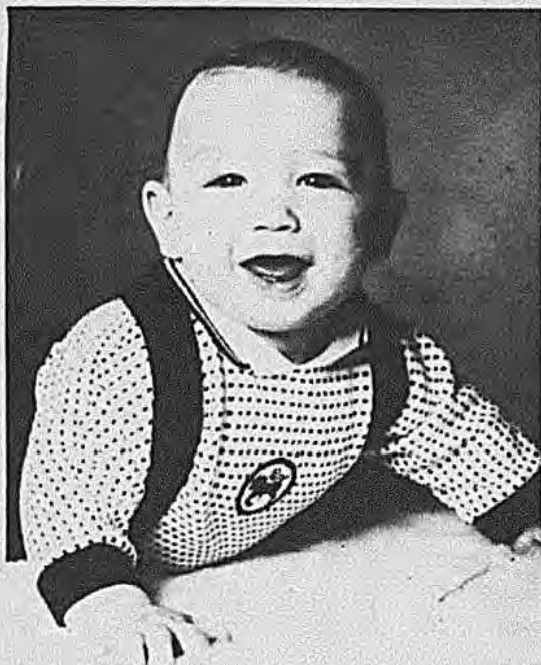
RULES BOYS AND GIRLS

Here is your chance to win One Dollar. (\$1.00) - to spend or to save.

- Here's all you have to do:
1. Contest is open to children 4 to 12 years of age.
 2. Entries must be received by Friday, May 1, 1992
 3. Paint, watercolors and crayons must be used on the above.
 4. Decision of the judges will be final.

Mail your entry (just clip our cartoon) to this newspaper at:
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The World's Most Beautiful Grandchildren



Pictured is Jeffrey George Smith, born on August 31, 1991, weighing 8 lbs., 5 oz.. His proud parents are George and Jennifer Smith of Lindenhurst. The ecstatic grandparents are John and Mary Smith of Williston Park, and Joe and Addie Mina of West Babylon. First grandchild for both grandparents. Proud first great grandchild of Josephine and Dominick Palladino and Mary Racanelli. He is our pride and joy and we all do our best to spoil and love him.

John and Mary Smith
Williston Park

YOUR SOCIAL SECURITY

Social Security pays for medical exam

By William M. Acosta

Q. I am disabled, but I have not seen a doctor for several years. Will this affect the disability decision? — J.N.S.

A. Additional medical information may be needed before the Disability Determination Section can decide your case. If you do not have current medical sources, you may be asked to take a special examination called a "consultative examination."

Social Security will pay for the examination or any other additional medical tests you may need and for certain travel expenses related to the examination or test.

Q. How much tax is deducted from my salary for Social Security in 1992? — B.N.

A. You and your employer pay taxes for Social Security and Medicare. This year, you and your employer each pay 7.65 percent of your gross salary, up to a limit determined by Congress.

In 1992, the limit is \$55,500 for Social Security and \$130,200 for Medicare. The Medicare portion of the tax is 1.45 percent each for employers and employees, and 2.9 percent for self-employed people.

The deduction might be labeled "FICA" on your pay slip. That stands for Federal Insurance Contributions Act, the law that authorized Social Security's payroll tax.

Q. I recently received a Medicare card in the mail. How can I tell if I have Part B of Medicare? — J.R.

A. Medicare has two parts: hospital insurance and medical insurance.

To determine if you have Part B of Medicare, look at the entries on your red, white and blue Medicare card. If you see the words "Medical Insurance" or "Medical (Part B)," you are covered for the "doctors' part" of Medicare.

Q. I will be 62 in a few years. Is my benefit figured using the highest five years of earnings? — J.K.

A. Retirement benefits are calculated on total earnings during a lifetime of work under the Social Security system. Years of high earnings will increase the amount of the benefit, but no group of years counts more than another group.

YOUR SOCIAL SECURITY