

In Three Sections - Fifty Two Pages  
The Only Newspaper Printed and Published in Hicksville

# Mid-Island Times & Levittown Times

35¢

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Friday, March 20, 1992

## Citation To Chief



Oyster Bay Town Councilman Thomas L. Clark (second from left) joins with Councilwoman Ann R. Ocker and Councilman Leonard Kundig (right) in presenting a citation to outgoing Chief Anthony Wigdzinski at the Hicksville Fire Department's Annual Installation Dinner. The citation recognized Chief Wigdzinski's years of dedication and commitment to the Hicksville Fire Department.

## H.H.S. Internship Program

Hicksville High School interns have been receiving rave reviews from their preceptors during their placements in professional settings. This program has proved to be an invaluable experience for both the students and their mentors.

The High School is in its second year of offering the student internship program through the Guidance Department for students in grade 12. Under the directorship of business education teacher Susan Galland, the program has grown to include two dozen seniors this year.

Students receive 1 credit for their service on a pass/fail basis. They are required to fulfill approximately 1½ to 2 hours daily for their entire senior year. Interns are not paid for their work.

The interns are learning more about themselves and their career choices through this hands-on experience.

"It allows you to get an idea, a sense of whether you want to make this your career or not," said intern Ivia Negron. "Besides," added intern Kristi Cannone, "it is fun being on the other side for a change."

Twenty-two aspiring future teachers have been placed within elementary schools in Hicksville, including five placements at two parochial schools. One business student has been placed in the Barclay Bank in Great Neck. "It has given me

the opportunity to know how to work with children even if I decide to not go into teaching," said Kristin Saeyd regarding her placement.

Participating teachers have expressed their enthusiasm as have parents and children in the elementary grades where interns have been placed. Business participants are equally happy to have our seniors assisting them and learning through this program.

The following students are in the 1991-92 internship program: Kim Blatz, Kristi Cannone, Christine Carriero, Ronald Castillo, Todd Catanzano, Jennifer Eng, Hedy Elbedewi, Taylor Ferranti, Tim Glover, Patricia Horvath, Lillian Keller, Jerry Lippert, Charisse Maisonet, Jennifer Manna, Wendy Marshall, Julie Murphy, Kerry Murray, Dawn Myron, Ivia Negron, Karina Perez, Kelly Regan, Kristin Saeyd, and Amy Verbowski.

Juniors interest in participating in the internship program for the 1992-93 school year should see their guidance counselors and Mrs. Galland.

The district is hoping that additional local business would be willing to take on student interns. Businesses interested in accepting interns for afternoon hours on a non-paying basis should contact Ms. Galland at 933-6500, or the high school guidance department at 933-6666.

## Environment Comm. Meeting

A meeting of the town of Oyster Bay Environmental Quality Review Commission (TEQR) has been scheduled for 9 a.m. on Friday, March 27, in the Environmental Control Division Conference Room, 150 Miller Place, Syosset. The agenda for the meeting will include discussion of pending projects and other general business.

Established in 1977, the TEQR Commission is authorized to study, analyze, investigate and report on all environmental impacts of applications submitted to, or actions contemplated by, the Town Board or other Town agencies.

## HBA Registration Still Open

Parents! If you haven't registered your children it's not too late. You can still mail your registration to us. There are still some openings in some divisions.

The fee is \$58 for one child and \$70 for two or more. A \$20 uniform deposit is required with registration. Make uniform deposit check out dated July 1, 1992. It will be returned to you at the end of the season when uniform is returned.

New players need to show proof of age with a copy of birth certificate in envelope. Checks payable to HBA:

HBA will accept registrations by mail at:  
Rosemarie Rodriguez,  
Treasurer  
Hicksville Baseball Association  
4 Elmire St.  
Hicksville, NY 11801

## Homemakers Meet

The Homemakers Council of Nassau County will hold their monthly meeting on April 2, between 10 a.m. and 2 p.m. at the Community Church on Stewart Avenue in Hicksville.

## Woodbury J.C.

## Family Services

Please join Friday Evening Service on April 3 at the Woodbury Jewish Center. The service is for the entire family, including a children's story time. An Oneg Shabbat will follow, courtesy of Jem-Prestige Caterers. Services will begin at 6:30 p.m.

## State, Town and Judiciary Topics At Community Council

By Maureen Traxler

Translating the political and economic maneuvering taking place at this year's Albany budget debates into possible effects on residents of Hicksville, Assemblymen David Sidikman and Fred Parola outlined a proposed state budget which includes additional cuts in school aid and high spending for social services. The legislators shared the agenda of the March 12 Hicksville Community Council meeting with Town Councilman Tom Clark and Nassau County District Court Judge Ute Wolff Lally.

Assemblyman Fred Parola, seemingly caught between the Governor's draconian cuts and the downward spiraling economy, called for a restoration of money to crucial programs and a reduction of government waste.

"The system is slowly destroying our quality of life," declared Assemblyman Parola. With 30-cents on a dollar going to people in need, one-billion dollars in school aid cuts over the past 15 months, reduction in aid to Nassau County and the Town of Oyster Bay, and welfare accounting for 20% of the available money in the state budget, Mr. Parola summarized areas ripe for reform.

\* Reinstatement of a welfare inspector general and a 30-day residency requirement prior to a person's applying for welfare.

\* Restructuring of the way we fund schools, including lottery reform to restore education aid according to the original, supplemental intent; school consolidation with incentive legislation to help those districts which attempt to combine; an end to under-financed state mandates; and possible shared distribution of taxes from common areas on Long Island, such as Roosevelt Field.

\* Initiative Referendum to allow the people directly to propose and vote on laws.

\* Downsizing of government to eliminate waste, and

\* A tougher stand on criminal rehabilitation requiring prisoners to acquire a high school diploma, where applicable, prior to being released from prison.

Newly elected Assemblyman David Sidikman spoke about the formation of a Suburban Caucus, comprised of legislators from Nassau, Suffolk, Rockland and Westchester, to help put the brakes on additional aid cuts to these areas. The Assemblyman said the caucus, in effect, told the Governor that unless they are heeded, the Governor cannot count on their votes for passage of the budget.

Assemblyman Sidikman asked residents to write to him at the Legislative Office building in Albany, saying that they will "not tolerate a cut in school aid." He vowed to bring those letters to the Speaker of the Assembly to demonstrate the outrage of Long Island residents.

Hicksville Youth Council Executive Director Tom Bruno encouraged the legislators to fight for increased aid for the Council. He stressed the need for continuance of the programs for young people, stating, "It's prevention which works."

Town Councilman Tom Clark, in his overview of local issues, announced that the petition for a 245 foot cable tower on New South Road was denied, due to its disruptive nature to the still-active Grumman air runway. In order to halt a discouraging atmosphere for business and to expedite case loads, the Town has appointed a planning commissioner.

Good news on another safety issue: the state and county have reached an agreement for a new traffic light system to be installed at the intersection of Newbridge Road and Stewart Avenue, at the front of Holy Trinity High School. The light will be the three-phase setup, similar to that currently operating at the memorial fountain.

Councilman Clark told residents that the town is at present negotiating with the Town of Hempstead and Huntington Town to accept Oyster Bay garbage for incineration, now that Oyster Bay has abandoned its proposal to build its own resource recovery facility. Mr. Clark also informed residents that the owners of the mall approached him with an idea to convert the lower floor of the vacant

Continued On Page 12

# 550 Dogs, Cats Innocalated For Rabies

MID ISLAND TIMES Friday, March 20, 1992 PAGE TWO

A total of 350 dogs and 200 cats received free rabies inoculations at the February 29th Rabies Clinic co-hosted by the Town of Oyster Bay and the Nassau County Department of Health at the Town Animal Shelter in Syosset.

"The success of our Rabies Clinic was astounding," Town Councilwoman Ann R. Ocker stated. "Not only did we inoculate 550 pets, but residents also filed for 223 dog licenses in the process."

Councilwoman Ocker said that the Rabies Clinic could not have taken place without the help of volunteer veterinarians, licensed veterinarian technicians and caring residents from various organizations who donated their time and efforts to the clinic.

"Twenty-seven volunteers working tirelessly throughout the day, saw to it that our Rabies Clinic ran smoothly," Councilwoman Ocker stated. "Included in that number are twelve area veterinarians who gave up what is normally a busy day in their own practices to donate their time to this worthwhile cause. Doctors Mark Beckerman, Deirdre Hansen, Frank Caporaso, Howard Schatz, Bridget M. Brooke, Neal J. Saslow, Mike Hutchinson, Andrew S. Hajda, Dennis J. Dougherty, R.W. Freedman, Dennis Dougherty, Jan Fenichel and Douglas Casey made the possibility of the Rabies Clinic a reality when they volunteered their services.

According to Councilwoman Ocker, the Rabies Clinic achieved some major goals. It offered residents the opportunity to have their pets vaccinated free of charge and it increased the general awareness that Nassau County has been designated a rabies county, a fact which the Councilwoman said should be taken seriously by the public.

## Second Half School Taxes

Oyster Bay Town Receiver of Taxes Gary F. Musiello reminded residents this week that the second half of the 1991-92 School Tax Levy is due on April 1, but can be paid without penalty through May 11.

"By law, a taxpayer has a 40-day grace period from the date the tax is due during which payment may be made without penalty," Musiello explained. "After the 40 days, a 1% penalty is added for each month the tax remains unpaid, retroactive to April 1, 1992."

Residents can pay in person at the Tax Office, Oyster Bay Town Hall West, 54 Audrey Avenue, Oyster Bay, or at Town Hall South, 977 Hicksville Road, Massapequa or it can be mailed to the Office of the Receiver of Taxes, 54 Audrey Avenue, Oyster Bay, N.Y. 11771. In addition, Oyster Bay Town Clerk Carl L. Marcellino said that the Town Clerk's Annex, Newbridge Road and Duffy Avenue, Hicksville, will be open to accept payments from 9 a.m. to 4:45 p.m. on May 4, 5, 6, 7, 8 and 11. Payments being made by mail should include the proper stub or stubs.

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## Letters

To the Editor:

"Firing" all the teacher aides as of March 31 came as a shock to some of my friends and neighbors who attended the Hicksville School Board's meeting on February 26. Disturbing also was that the drastic action was scheduled on that date, ahead of elementary school reorganization, and so late in the agenda. It seemed like a deliberate placement. It would provoke long and bitter discussion during the first opportunity for the general public to speak. It would mute and dilute the discussion on the closing of Lee Avenue School. It would so elongate the meeting that most in the audience for school closing would long since have gone home when that matter came to a vote. However, the shrewd placement was thwarted by the board's concurrence with Trustee James Black's timely motion to move those items forward in the agenda. But the subject of this letter is the "firing" itself and not its placement in the agenda.

medical bills. This case is no different than a kitchen helper who peels potatoes and carrots and then wants to be called and paid as a chef, or as a toll collector who wants to wear a gun and be called and paid as a policeman. Therefore, do not judge the new Superintendent or the school board trustees too harshly for the drastic action taken that night.

The letter resulted only from my interpretation of information contained in a letter dated February 18, signed by the President of the Hicksville Teacher Aides and addressed to "Concerned People of the Hicksville Community."

Sincerely,  
Frank H. Willard

## Choosing College Library Program

The Young Adult Department of the Garden City Public Library is presenting "How To Choose The Right College" for students and parents on Sunday, April 5, from 2-4 p.m.

Career and school counselor Marilyn Karsch and family therapist Dr. Martha Malof will examine factors to consider in the college search process. Finding a college that fits your academic goals and way of life, as well as learning what your chances are of getting into specific colleges will be discussed.

Registration is not necessary and seating is on a "first come, first served" basis. Sophomores, juniors, parents and anyone interested in the college search process are invited.

This program is made possible through the generosity of the Friends of the Garden City Public Library and the Garden City Exchange.

## Court Upholds Sand, Gravel Decision

A decision by the Oyster Bay Town Board to deny a special use permit to J.P.M. Properties, Inc. and Oyster Bay Sand & Gravel, Inc. in Hicksville has been upheld by the New York State Supreme Court, according to Oyster Bay Town Councilman Thomas L. Clark.

"An Article 78 brought against the Town of Oyster Bay by J.P.M. Properties, Inc. and Oyster Bay Sand & Gravel, Inc. has been dismissed in all respects," Councilman Clark stated. "The petitioners were seeking to have set aside a decision by the Town Board to deny their request for a special use permit to maintain an existing sand and gravel operation with related public garage, retail and office uses on property located in an 'H' light industrial district on the north side of Duffy Avenue, north of the intersection with Combe Avenue, also known as 292 Duffy Avenue, Hicksville."

"In denying the applicants' request," the Councilman continued, "State Supreme Court Justice Alfred S. Robbins ruled that the respondent Board acted in a rational and reasonable manner after duly considering the facts before it and the evidence presented."

**GRANDPARENTS** - Send in your grandchildren's photos and enter our "World's Most Beautiful Grandchildren" contest. Just send a photo and a brief description of the child (or children) along with your name and address to: Litmor Publications, Beautiful Grandchildren Contest, 81 East Barclay St., Hicksville, N.Y. 11801. We'll do the rest!

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and nelson ave.,  
hicksville

## Hicksville Library News From

### A Closer Look At Calcium

The Hicksville Public Library welcomes Dr. Robert W. Borzone on Monday, May 4, at 1:30 p.m., as he presents a program on "Calcium and Osteoporosis."

The program will take a close look at calcium and what forms are usable by the body. Understanding and managing osteoporosis using a holistic approach will also be topic in this very unique program.

Admission is free and all residents are invited to attend. Further information can be obtained by calling the Hicksville Public Library at 931-1417.

### Seniorobics

The Hicksville Public Library is once again offering "Seniorobics" with Ellen Coven. This exercise program is designed specifically for the needs of men and women over 55.

Two classes are scheduled, one in May and the other in June, and registration for both classes will be held on May 4 at 10 a.m. The first class will take place on May 7, 14, 21 and 28, from 2:30 to 3:30 p.m. and the second class will take place on June 4, 11, 18 and 25, from 2:30 to 3:30 p.m.

"Seniorobics" incorporates lively music to increase flexibility, strength and cardiovascular endurance. Registrants must have had a physical examination with the last six months. Participants must wear sneakers and are advised to wear loose clothing.

Admission is free. Further information may be obtained by calling the Hicksville Public Library at 931-1417.

### Pre and Post Retirement Planning

The Hicksville Public Library welcomes Katherine Agrillo on Tuesday, April 21, at 8 p.m., to discuss "Pre and Post Retirement Planning" with senior citizens.

This comprehensive program will include strategies for financial planning for retirement, how to determine what income you will need and a discussion about types of investments that are suitable for retirement.

Audience members will be given a worksheet to fill out to ascertain their own financial needs in retirement.

### VFW Announces Scholarship

The Wm. M. Gouse Jr. VFW Post No. 3211 announces the opening of the "Albinus A. Hanlon Scholarship Award."

Mr. William P. Bennett, chairman of the Scholarship Committee, stated to qualify for the \$1,000 scholarship the applicant must comply with the following requirements:

The applicants must attend a duly accredited high school or equivalent, be a member of the graduation class at the time of selection, and be a son, daughter or grandchild of a

The program is offered free to the public.

Further information about this informative program can be obtained by calling the Hicksville Public Library at 931-1417.

### Introduction To Japanese Brush Painting

The Hicksville Public Library welcomes Long Island artist and instructor Carole Bergman on Wednesday, April 29, at 8 p.m.

She will introduce residents to the wonderful and beautiful artistry of Japanese Brush Painting (Sumi-e), which will include demonstrations on the fundamental hand positions, basic brush strokes, brush manipulation, pressure and control.

In addition, she will demonstrate the blending of colors on the brush and different flower painting techniques. Many illustrations of calligraphic or printed material incorporating Japanese Brush Painting techniques will be demonstrated.

All residents are encouraged to attend this fascinating introduction into the world of Japanese Brush Painting.

Further information about this unique program can be obtained by calling the Hicksville Public Library at 931-1417.

### Do You Know What Your Pension Options Are?

Do you know what your pension options are, which option is best for you, or if you are able to borrow from your retirement plan? Answers to these very important questions can be found at the Hicksville Public Library on May 6, at 8 p.m.

Arlene Wisniewski will be presenting a "Pension Options" program to answer those serious questions and others as well regarding pensions.

All residents are invited and encouraged to attend. Admission to the program is free.

Further information about "Pension Options" may be obtained by calling the Hicksville Public Library at 931-1417.

member of good standing of the VFW Post No. 3211 or the Ladies Auxiliary of the Post.

The deadline for receiving applications will be Friday, May 8 - Mid-night, and interviews will be held on Friday, June 5.

Prospective applicants may obtain a copy of the "Guidelines" and application forms by writing to the Wm. M. Gouse, Jr. VFW Post No. 3211, 320 South Broadway, Hicksville, New York, 11802, Attn: William P. Bennett, Chairman Scholarship Committee.

The applicants must attend a duly accredited high school or equivalent, be a member of the graduation class at the time of selection, and be a son, daughter or grandchild of a

## College Notes

Robyn Jo Sonntag of Hicksville, New York will be inducted into Hofstra University Theta of New York Chapter of Beta Gamma Sigma, the collegiate national Business Honor Society. The 24 annual Installation Dinner and Ceremony will commence in The Netherlands Dining Room, attended by President James Shuart, the provost, trustees, administrators and School of Business faculty.

## Grad Inducted In Hall Of Fame

Richard Kowalchuk, a 1970 Hicksville High School graduate, was inducted into the National Lacrosse Hall of Fame on February 8 at the Sheraton Towson Hotel, Towson, Maryland.

The Hicksville High School Alumni Association funded the trip for Mr. Kowalchuk's former coach and mentor, Will Meyer, to attend the ceremony. Mr. Meyer, current high school lacrosse coach, was pleased and honored to attend his protege's Hall of Fame induction.

Mr. Kowalchuk had an outstanding athletic career in Hicksville. He was a three year varsity player in three sports. As a senior, he was selected as the all-conference center in football. In wrestling, he was a Nassau County champion and state runner-up at 178 lbs. In lacrosse, he was all-conference and all-county and the team's most valuable player.

He went on to play lacrosse for John Hopkins University where he was selected as a first team all-American midfielder for three years. His strength and scoring ability made him one of the top offensive middies in the country throughout his career. In 1974, he led the Blue Jays to the national Championship over an outstanding Maryland team. He won the Lt. Raymond Enners Memorial Award as the Division I lacrosse player of the year. He was also a member of the South Team in the annual North-South All-Star Game.

Mr. Kowalchuk played for the Mt. Washington Lacrosse Club of Baltimore. He made the U.S.C.L.A. All-Star Team and was one of the outstanding players on a team that won the club championship in 1975, 1976 and 1977.

He was member of the 1974 United States National Team that won the gold in Melbourne, Australia, and he was selected to the 1978 National Team but was unable to compete.

Furthermore, he was also inducted into the Long Island/Metropolitan Lacrosse Hall of Fame in February, 1990. He resides in Midlothian, Virginia, with his wife Charlyce, and their daughter Morgan.

The Hicksville Public School District and Superintendent of Schools, Salvatore Mugavero, have extended their congratulations to Mr. Kowalchuk and his family for this prestigious honor.

## Jottings From Yesteryear

### By Bill Clark

When was the last time you shook a quart of milk to mix the cream? The bottled milk had the darker color cream on top. I know, especially the time I got home in early morning. Not wanting the milk already delivered to freeze, I set it inside the door. A good idea, but it sure didn't help me when asked what time I got home. My folks said it was the first time our milkman left milk inside the house.

That memory goes back to other times when I traveled the LIRR and the trolley to Brooklyn weekends to see my wife-to-be. I left at 1:10 p.m. from Hicksville to get to her home after 3 p.m., so we could have a dinner and theater in New York and

bring her home by 11:30 p.m., and I could catch the last train at 12:07 a.m. at Atlantic Avenue. The 12:20 a.m. would only go to Mineola. Then I would walk or hitchhike home. Miss that, and I would arrive at Mineola about 5 a.m. then stand at Franklin Avenue and Old Country Road. A milkman, many times, would pick me up and we would do his milk route through Carle Place to Hicksville by 6 a.m. Then I would leave again at 1:10 p.m. and repeat the trip. Ah! -- Youth ...Love.

1949 saw the cornerstone of the new Methodist Church, with G.F. Wennege and Rev. Cranston Clayton, on Old Country Road between Nelson and Division Avenue.



Old Country Inn and Buick Sales Building 1968. Inn now Buick Car Parking.



July 1935 same area few yards east of inn after a sudden rain. Elsworth Steinert & canoe enjoying flooded Old Country Road. I was knee deep in center of road before storm drains. Building seen in background was Atlantic Cement on John Street. Steinerts were in Olympics-Realty. This photo got my first job at Center Island News.

Photos by Bill Clark

## LIBRARY BUDGET VOTE

WEDNESDAY, APRIL 8

10:00 AM - 9:00 PM

VOTER REGISTRATION

WEDNESDAY, APRIL 1, 3:00 PM - 9:00 PM

### You're Eligible To Vote If....

- You are a U.S. citizen
- You have lived in the district longer than 30 days
- You are 18 years of age or older

If you have voted in any election in the last 4 years, you do not have to register for the Library Budget Vote.



Hicksville Public Library

169 Jerusalem Avenue • Hicksville, NY 11801-4999

## Roller Race Winners



East St. Elementary School Roller Race Winners, Miss Carly's second grade Girls L-R: 1st Place - Katie Duncan, 2nd Place - Sarah Rahmazia, 3rd Place - Angela Riscica

## Athletic Leaders Host Drug, Alcohol Seminars

Hicksville High School athletic leaders, members of Athletes Helping Athletes, Inc., toured Hicksville's seven elementary schools with a professional athlete to meet with fifth and sixth graders in March. The purpose of this program was to establish the theme of drug and alcohol abuse prevention through motivational addresses by the professional athlete as well as the high school student athletes.

The presentation began with a keynote address by Don McPherson, former All-American quarterback at Syracuse and currently with the Hamilton Tiger-Cats of the Canadian Football League. Tauna Vandeweghe, former member of the U.S. Olympic Volleyball Team. Following the keynote address, the student athletes led a general discussion, explaining how leaders were helped to make the right lifestyle choices and to answer any questions. A second

## Environmental Concerns In The Curriculum

At the Woodland School in Hicksville, Mrs. Ullrich's fourth grade class has been involved in Project: Save The Whales, sponsored by the International Wildlife Coalition (IWC) in Massachusetts. They have been trying to raise enough money to save 21 humpback whales, one per student. Each student chose one whale they wished to adopt.

To raise money, the children have made and sold "pet rocks," Valentine articles, and collected soda cans at the PTA carnival.

In Mrs. Collier's fourth grade class at the Old Country Road School, the students are also involved in a similar project. The whale adoption project has been integrated into a language arts unit on business letter writing. Through their letter writing efforts, students have been working in cooperative groups in order to produce the most convincing and well written letter to the IWC proposing their reasons and concerns for adopting a whale. The students have also been engaged in the collection of soda can deposits in order to raise the money needed to adopt a classroom whale.

These projects have sparked great deal of interest and concern for the youngsters. Many have become involved in independent reading on marine mammals and pollution in our oceans.

## Central General Nutrition Month

March is National Nutrition Month and the Department of Food and Nutritional Services at Central General Hospital would like to invite the community to participate in a special event. On Wednesday March 25 from 11 a.m. to 3 p.m., hospital dietitians and dietary interns will be hosting a nutrition information booth in the Main Lobby. This year the theme is "Nutrition and Cancer Prevention" and nutrition literature and healthy food samples will be offered to the public. Dietitians will be available to answer any questions community residents may have about this topic or any aspect of nutrition.

Jacqueline Smith, M.S. R.D., Director of the Department of Food and Nutritional Services at Central General believes that health care workers should be leaders in following good health and nutritional practices and plans to extend recognition of National Nutrition Month to the employee cafeteria. Smith said, "We are concerned about helping our employees make sound nutritional choices. We will offer at least one main menu item that will be a health conscious choice - low in calories, sodium and fat, or high in fiber. The salad bar will continue to feature plenty of fresh vegetables as well as low calorie dressing." Smith expects the transition from the standard cafeteria menu to the health watchers menu to be complete this spring.

### LEGAL NOTICE Notice To Bidders

The Board of Education of Hicksville Union Free School District of the Town of Oyster Bay, Nassau County, New York, in accordance with Section 103 of Article 5-A of the General Municipal Law, hereby invites the submission of sealed bids on Lighting Fixtures & Electrical Supplies 1991/92/93 for use in the Schools of the District. Bids will be received until 2:00 P.M. on the 6th day of April, 1992, in the Purchasing Office at the Administration Building on Division Avenue at 6th Street, Hicksville, New York, at which time and place all bids will be publicly opened.

Specifications and bid form may be obtained at the Purchasing Office, Administration Building, Division Avenue at 6th Street, Hicksville, New York.

The Board of Education reserves the right to reject all bids and to award the contract to other than the lowest bidder for any reason deemed in the best interest of the District. Any bid submitted will be binding to ninety (90) days subsequent to the date of bid opening.

Board Of Education  
Hicksville Union Free  
School, District  
Town of Oyster Bay,  
Nassau County New York  
Marie Egan,  
Purchasing Agent

Dated: 3/13/92  
MIT 2569  
1X 3/20

program is being scheduled which will focus specifically on drug and alcohol prevention.

The high school student athletes who ran these discussion groups were Mike Longo, Mary Beth Kessler, Danny Longo, and Erin Mitchell at Burns Avenue; Tim Glover, Jennifer Karrmann, Robbie Walker, and Jennifer Sullivan at Dutch Lane; Joe Allen, Christine Kilmartin, Mike DelPercio, Michelle Zafuto, and Henry Stellato at East Street; Eric Basta, Erin Bartley, Eric Blicker, and April Rodriguez at Fork Lane; Tom Carolan, Deborah Drew, Colleen Gardner, Dennis Cantalupo, Laura DeAngelis, and Rod Carolan at Lee Avenue; Brian Harkins, Lisa Latzo, Tom Mullie, Andrew Sham, Dawn Mullie, and Catherine Theis at Old Country Road School; and, Vincent Hoosack, Renee Fabrizio, Kristin Rooney, Brian Rooney, and Dawn Hoosack at Woodland.

## Mystery Dinner On May 15

The Bethpage Public Library invites you to a Mystery Participation Dinner Theater experience. You are invited to help solve the horrible murder of the great screenwriter, Madame Rouge, in The Other Vic Theatre Company's presentation of the original murder-mystery participation production of *Film Fatale*. While this is going on, you will be indulging your appetites in a lavish International Buffet Dinner which includes salad, two or three main dishes (which may include pasta, meat, fish), rolls, vegetables, a non-alcoholic beverage, and superb desserts. Date: Friday, May 15 Time: 7:30 p.m. Place: Marriott's Residence Inn

9 Gerhard Road  
Plainview, N.Y.  
(Provide your own transportation)

Cost: \$35 per person (includes tax), payable when you register at the Reference Desk at the Library. No refunds.

Don't miss out on the fun! For more information call 931-3907.

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931-0012

### LEGAL NOTICE AMENDMENTS TO THE CODE OF THE TOWN OF OYSTER BAY CHAPTER 233 (MOTOR VEHICLES AND TRAFFIC)

BE IT ORDAINED, by the town Board of the Town of Oyster Bay, County of Nassau, State of New York, that the Code of the Town of Oyster Bay, New York, adopted October 5, 1971, and recodified April 22, 1991, as Chapter 233, as amended, be and the same is further amended as follows:

That the following locations be ADDED to SECTION 17-165 of the said Code establishing NO PARKING DURING CERTAIN DAYS OR HOURS: PLAINVIEW - SOUTHWICK COURT NORTH - NO PARKING SCHOOL-DAYS 8 AM to 4 PM - starting at the northeast curb line of Kennedy Drive, northerly to the cul-de-sac, then westerly, following the contour of the cul-de-sac, then southerly to the north curb line of Kennedy Drive. SOUTHWICK COURT SOUTH - starting at the southeast curb line of Kennedy Drive, southerly to the cul-de-sac, then westerly, following the contour of the cul-de-sac, then northerly to the south curb line of Kennedy Drive.

LOCATION - THROUGH STREET/STOP STREET FARMINGDALE - Lawrence Street/Elm Drive, north & south

HICKSVILLE - Bay Avenue/Grove Street, westbound

MASSAPEQUA - Shinnecock Avenue/Bayview Street East, east and westbound

- Highland Street E/Shinnecock Ave., southbound

- Stillwater Avenue/Peconic Drive S., southbound

- East Service Road/N. Virginia Ave., westbound

- (Seaford-Oyster Bay Expressway)

That the following location be DELETED from SECTION 17-165 of the said Code:

SYOSSET - Through Street - Robbins Lane; Stop Street - Marlene Drive, eastbound

That the following location be DELETED from SECTION 17-28 of the said Code:

MASSAPEQUA - Through Street - Peconic Drive S.; Yield Street - E. Shore Drive, southbound

That the following location be ADDED to SECTION 17-35 of the said Code establishing ONE WAY, which shall be appropriately designated by posted signs: HICKSVILLE - GROVE STREET - ONE WAY WESTBOUND - between Bethpage Road and Bay Avenue.

That the following locations be ADDED to SECTION 17-152 of the said Code establishing NO STOPPING ZONES, which shall be appropriately designated by posted signs:

MASSAPEQUA - MASSAPEQUA AVENUE - east side - starting at the south curb line of Merrick Road, south for a distance of 45 feet.

That the following locations be DELETED from

### LEGAL NOTICE

SECTION 17-165 of the said Code: NO PARKING ZONES: MASSAPEQUA - CHICAGO AVENUE - north side - starting at a point 66 feet west of the west curb line of Central Avenue, west for a distance of 30 feet.

That the following locations be ADDED to SECTION 17-165 of the said Code establishing NO PARKING DURING CERTAIN DAYS OR HOURS: PLAINVIEW - SOUTHWICK COURT NORTH - NO PARKING SCHOOL-DAYS 8 AM to 4 PM - starting at the northeast curb line of Kennedy Drive, northerly to the cul-de-sac, then westerly, following the contour of the cul-de-sac, then southerly to the north curb line of Kennedy Drive. SOUTHWICK COURT SOUTH - starting at the southeast curb line of Kennedy Drive, southerly to the cul-de-sac, then westerly, following the contour of the cul-de-sac, then northerly to the south curb line of Kennedy Drive.

That the following location be DELETED from SECTION 17-165 of the said Code: NO PARKING DURING CERTAIN DAYS OR HOURS: MASSAPEQUA - SHORT LANE - NO PARKING 6PM to 6 AM - south side - starting at the east curb line of Eden Avenue, east for a distance of 100 feet.

BY ORDER OF THE TOWN BOARD OF THE TOWN OF OYSTER BAY  
Carl L. Marcellino  
Town Clerk  
Lewis J. Yevoli  
Supervisor

Dated:  
Oyster Bay, New York  
March 10, 1992  
STATE OF NEW YORK  
COUNTY OF NASSAU  
TOWN OF OYSTER BAY  
ss.

I, Carl L. Marcellino, Town Clerk of the Town of Oyster Bay, and custodian of the Records of said Town, DO HEREBY CERTIFY that I have compared the annexed with the original Amendments to the Code of the Town of Oyster Bay, Chapter 233, (Motor Vehicles and Traffic) adopted by the Town Board on March 10, 1992, filed in the Town Clerk's office and that the same is a true transcript thereof, and of the whole of such original.

In Testimony Whereof, I have hereunto signed my name and affixed the seal of said Town this 11th day of March, 1992.

Carl L. Marcellino  
Town Clerk

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## Dutch Lane School Art Competitions

Hicksville students attending the Dutch Lane School have been involved in various art competitions and exhibits recently.

Dutch Lane art teacher Carol Loshigian has been beaming over the success of her students.

Recently, second grade student Christopher Crook made headlines when he was awarded second place Nationally in the National Fire Safety Poster Contest, the K-2 category.

Additional competitions include the Juried Art Show at the Cultural Education Center in Albany. Four students have entered and must be selected by the end of April in order to exhibit. These students are Caroline Corrigan (kindergarten), clown collage; Robyn Goldman (second grade), bird print; Eric Trongone (third grade), landscape collage; and, Eric Mockler (fifth grade), 3-D paper collage. The exhibit will be on display at the Empire State Plaza, Albany, from May 23 through July 5, 1992. Good luck Hicksville!

Exhibits include the New York State Art Teachers' Association Legislative Student Art Exhibition in Albany this month (March 21-27) featuring the work of two Dutch Lane students; Lindsey Powers (third grade), a landscape collage entitled "Cactus Garden," and Matthew McDonald (second grade), a styrofoam block print entitled "Blue Jay."

The annual Long Island Art Teacher's Association Elementary art Exhibit includes the work of three Dutch Lane students: Jonathan Seliger (kindergarten), clown; Matthew Doyle (second grade), toucan; and Jeremy Grand (fifth grade), 3-D geometric design with opposite colors. The display will run through March 25 at the Nassau County Museum of Fine Art Annex in Roslyn.

Earlier this year, three students had their work exhibited in the New York State Art Teacher's Association/School Boards Association Exhibition. Featured artwork included Nicholas Iovenno, textured paper landscape collage; Jones Tasi, textured paper collage, wood-pecker; and Robert Holland, calligraphic print, sailboat.

The Hicksville Public School Fine Arts Department has proudly produced many gifted

artists. Artwork is always on display in the upstairs lobby of the Administration Building, open Monday through Friday, 8 a.m.-4 p.m. Please stop by and see the creative efforts of our youngsters! Displays are changed monthly. You won't be disappointed!

## Flower Arranging By Helen Braccia

Create a beautiful, fresh arrangement of flowers to welcome Spring! Helen Braccia will demonstrate the basic mechanics of flower arranging on Thursday, April 2, 7:30 p.m. at the Bethpage Public Library.

Ms. Braccia will also discuss color, texture and the use of containers. There is an \$8 fee for materials, payable at the reference desk at the time of registration. Participants are asked to bring pruners, newspaper and a shoe box.

Sign up for Bethpage School District #21 residents begins on Monday, March 2, and is limited to 17. Sign up for non-residents, if space is available, will begin on Monday, March 23.

Don't miss the opportunity to learn how to create a beautiful centerpiece just in time for your Easter or Passover table!

The library is located at 47 Powell Avenue, two blocks west of Exit #8 of the Seaford Oyster Bay Expressway (Route #135), phone 931-3907.

## Writers Club To Meet

The Writers' Club will meet on Saturday, Mar. 21, from 2-4 p.m., in the old Board Room of the Hicksville Public Library, 169 Jerusalem Ave., Hicksville.

Dorothy P. Freda, writer, and editor and publisher of the small press, *The Pink Chameleon*, will coordinate the meeting.

Come and join this informal, free, gathering of writers, both seasoned and aspiring. Bring your work and present it for constructive advice and criticism, or simply come and listen and offer feedback.

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## LEGAL NOTICE SUPREME COURT OF THE STATE OF NEW YORK COUNTY OF NASSAU

The Dime Savings Bank of New York, FSB, Plaintiff, against Milton Lloyd Van Leuvan, Deborah Van Leuvan, Paul Stephen Beeber, if living, and if they be dead, the respective heirs-at-law, next-of-kin, distributees, executors, administrators, trustees, devisees, legatees, assignees, liens, creditors and successors in interest and generally all persons having or claiming under, by or through said defendants who may be deceased, by purchase, inheritance, lien or otherwise any right, title or interest in and to the real property described in the complaint herein and "John Doe," "Richard Roe," "Jane Doe," "Cora Coe," "Dick Moe," and "Ruby Poe," all of whose names are unknown to the plaintiff, the last six names being fictitious, they being intended for tenants or other persons having an interest in the premises whose names are unknown to the plaintiff.

The People of the State of New York, Home Loan and Investment Association, General Electric Capital Corp., Defendants.

### TO THE ABOVE NAMED DEFENDANTS:

YOU ARE HEREBY SUMMONED to answer the complaint in this action and to serve a copy of your answer, or, if the complaint is not served with this summons, to serve a notice of appearance on the plaintiff's attorney within twenty (20) days after the service of this summons, exclusive of the day of service (or within thirty (30) days after the service is complete if this summons is not personally delivered to you within the State of New York, or if the United States of America is a party within the time specified by 28 USC §2410); and in case of your failure to appear or answer judgment will be taken against you by default for the relief demanded in the complaint.

Dated: West Islip,  
New York

November 16, 1991

William M. Cantwell,  
P.C.

Attorney for Plaintiff  
455 Sunrise Highway  
West Islip, New York

11795  
(516) 587-5500

TO THE ABOVE NAMED DEFENDANTS: The foregoing summons is served upon you by publication pursuant to an order of the Hon. Leo F. McGinley, Justice of the Supreme Court of the State of New York, dated February 14, 1992, and filed along with the supporting papers in the Nassau County Clerk's Office. This is an action to foreclose a mortgage.

BEGINNING at the corner formed by the intersection of the westerly side of Flock Lane with the southerly side of Mallard Road, being a plot 70 feet by 100 feet by 68.65 feet by 100 feet. Premise +2, Flock Lane, Levittown, New York.

## Tiny Tot Storytime At Hicks. Library

This program is for children between the ages of 2½ and 3½ years old. Parents are encouraged to attend. Younger siblings are allowed if they are not disruptive.

Registration for the program starts Wednesday, April 8. Proof of birthdate and parent's barcode card are required. Group size is very limited so parents are encouraged to register their children early to be sure of a space.

The program will be held on Thursdays, April 30, May 7, 14 and 21, at either 10:15 a.m. or 11:15 a.m.

## Who Am I Tots Program

A tiny tot discovery program for children 1½ to 2½ and a parent or caregiver will be held in three sessions and residents may register for one.

This is a very special four week program. Each session includes a craft, movement activities and songs. To strengthen skills, some activities will be practiced each week.

Registration starts on Wednesday, April 8. A child's birth certificate or facsimile and parent's barcode Hicksville Library card is required at registration.

This program will be held on Wednesdays, April 29, May 6, 13 and 20 at 10:15 a.m., 11:15 a.m. and at 7 p.m. There is a \$4 materials fee.

## LEGAL NOTICE

William Cantwell,  
P.C.  
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MIT 2565  
4x3/13, 20, 27

## LEGAL NOTICE SUPREME COURT OF THE STATE OF NEW YORK COUNTY OF NASSAU

### NOTICE OF SALE Index No. 90-21645

Marine Midland Bank,  
N.A., Plaintiff, against  
Carl F. Sacco, et al.,  
Defendants.

Pursuant to a judgment of foreclosure and sale entered herein on May 31, 1991, I, the undersigned, the Referee in said judgment named, will sell at public auction at the North Front Steps of the County Court House, 262 Old Country Road, Mineola, New York, County of Nassau, State of New York, on April 13, 1992, at 9:30 a.m., on that day, the premises directed by said judgment to be sold and therein described as follows:

ALL that certain plot, piece or parcel of land, with the buildings and improvements thereon erected, situate, lying and being at Hicksville, not in the Incorporated Village, in the Town of Oyster Bay, County of Nassau and State of New York, known as and by the lots numbered 11 and 12 in Block 13 as shown and designated on a certain map entitled, "Map No. 1 of property belonging to the New York Exchange and Investment Company, at Hicksville, L.I., dated November 30, 1891, by William E. Hawhurst, Surveyor" and filed in the Office of the Clerk of the County of Queens, March 5, 1892, as Map No. 41 and filed in the Office of the Clerk of the County of Nassau as Map No. 21, Case No. 184.

## LEGAL NOTICE

porated Village, in the Town of Oyster Bay, County of Nassau and State of New York, known as and by the lots numbered 11 and 12 in Block 13 as shown and designated on a certain map entitled, "Map No. 1 of property belonging to the New York Exchange and Investment Company, at Hicksville, L.I., dated November 30, 1891, by William E. Hawhurst, Surveyor" and filed in the Office of the Clerk of the County of Queens, March 5, 1892, as Map No. 41 and filed in the Office of the Clerk of the County of Nassau as Map No. 21, Case No. 184.

Said premises are sold subject to any state of facts an accurate survey may show, zoning restrictions and any amendments thereto; covenants, restrictions, agreements, reservations and easements of record; municipal departmental violations, and such other provisions as may be set forth in the complaint and judgment filed in this action. Dated: Syosset, New York March 2, 1992

Marvin Rachlin, Esq.

Referee

Philip Irwin Aaron,

P.C.

Attorney for Plaintiff  
115 Eileen Way  
Syosset, New York  
11791  
(516) 384-4500  
(718) 463-8918

MIT 2864  
4X3/13, 20, 27; 4/3

## In Service

Marine Cpl. James M. Fagan, son of James J. and Kathleen A. Fagan of 4080 Avoca Ave., Bethpage recently received the Good Conduct Medal.

He is currently assigned with the 2nd Battalion, 2nd Marine Division, Camp Lejeune, NC.

The 1987 graduate of Bethpage High School joined the Marine Corps in January 1989.

Marine Pvt. Mark A. Verhagen, son of Margaret M. Verhagen of Beacon Lane, Hicksville recently completed recruit training.

During the training cycle at Marine Corps Recruit Depot, Parris Island, SC, recruits are taught the basics of battlefield survival, introduced to typical military daily routine, and personal and professional standards.

## Used Treasures and Bake Sale

There will be a Used Treasures and Bake Sale on Saturday, March 28, 10 a.m. to 3 p.m., at the United Methodist Church, Old Country Road and Nelson avenue, (Between Jerusalem Ave. and Newbridge Road), Hicksville. There will be gently used jewelry, white elephant items, and baked goods.

## Hicksville Library Budget Vote

The Hicksville Public Library Board of Trustees is encouraging all residents to vote on the library budget on Wednesday, April 8 from 10 a.m. to 9 p.m. at the library. At that time, voters will also be given the opportunity to select an individual to serve as a library trustee as Trustee Clara Bennett's term comes to an end.

The proposed 1992-93 budget of \$1,999,995 is nearly identical to the 1991-92 budget of 1,996,794. The estimated tax rate is \$1.55 per every \$100 of assessed valuation.

The Library Board of Trustees are very aware of the difficult economic times many of our residents are facing and took that into consideration when developing this proposed budget. While other levels of government have slashed programs and drastically increased taxes, the library will dramatically increase services in the upcoming year at a very minimal cost to residents. "This budget provides a multitude of services at a monthly cost less than the price of admission to a movie theatre," said President of the Library Board Marc Herbst.

Within the new budget are many exciting and educational programs for residents of all ages groups. Children's programs will continue to expand in the upcoming year. Community outreach services will also increase, offering residents viable programs to deal with present day issues. A new library parking lot is slated for construction in the Spring to better accommodate patrons.

Voter registration will take place on Wednesday, April 1 from 3 p.m. to 9 p.m. at the library. Residents are eligible to vote if they are citizens of the United States, have lived in the district 30 days and are 18 years of age or older. If you have voted in any election in the last four years, you do not have to register for the library budget vote.

## United Methodist Easter Services

The United Methodist Church of Hicksville, Old Country Road at Nelson avenue in Hicksville will have two services on Easter morning at 8:30 and 10 O'clock. The organ preludes, accompanied by a brass quintet, string bass, and tympani will perform "Psalm XIX" by Marcello, Trumpet Voluntary" by Clarke and Charpentier's "Festival Prelude."

The processional is "Introit and Procession" Enter His Sanctuary Singing" by Hopson. During the service the choirs will sing "Lift High the Cross" by Strader with brass quartet and "The Hallelujah Chorus" (The Messiah) by Johnson. Dr. Prentice E. Withlock is the Minister of Music of the church. Carol choir: "Christ the Lord is Risen" - Haydn Wesley choir: "This is the Day" Sleeth Joyful Noise choir: Festival al-

## Dutch Lane Founders Days Honored Guests

The Council of PTAs held their 39th annual Founders Day Dinner on February 27.

Dutch Lane was proud to have as their honored guests, Margaret Lynn, Mary Masterson, Phyllis Zollo and Adrienne Rosenberg.



Mrs. Margaret Lynn seated with her husband, Kevin, was presented a plaque from PTA co-president Peggy Parsekian. Mrs. Lynn has taught 5th and 6th grade at Dutch Lane for the past four years. Peggy and her husband, Kevin, have lived in Hicksville for 13 years and have a son, Chris, a senior at the Hicksville High School, and Cathy, an eighth grade student at the middle school. Congratulations!



Mary Masterson holding her plaque presented by PTA co-president Peggy Parsekian, sitting alongside her proud mother.

Mary Masterson began her teaching career at Fork Lane, after student teaching under the guidance of Evelyn Grib, a long-time respected Hicksville professional. After teaching first grade for two years, she moved to Dutch Lane where she has taught both second and third grades. She has found her six years of teaching to be very rewarding thanks to enthusiastic students, caring parents and dedicated colleagues. Congratulations!



Holding her plaque of honor is Phyllis Zollo along with her husband, Louis, and PTA co-pres. Peggy Parsekian. Phyllis has been involved with Dutch Lane PTA for many years, selling hot dogs, pizza, served as class mother, 6th grade room rep., co-editor of the Dutch Lane newsletter, and past president of Dutch Lane PTA. Currently, she is the recording secretary for Council which she has been involved in for seven years. Her most memorable experience was participating in the Hicksville Home Coming Fair. Phyllis & Louis have lived in Hicksville for the last nine years. They have two sons in the High School and two daughters at Dutch Lane. Congratulations!



Adrienne Rosenberg, sitting with her father, was proud to receive her plaque from PTA co-pres. Peggy Parsekian. Adrienne has been a Special Ed. teacher at Dutch Lane for 11 years and enjoys being part of the Special Education team at Dutch Lane. She was instrumental along with another Special Education teacher in developing the team teaching approach in Spec. Ed. She finds great joy working with children, especially when she can help them reach their full potential. Congratulations!



Many of Dutch Lane staff members were able to attend the Founders Day Dinner. Seated, left to right, Nancy Burke (principal of Dutch Lane), Marie Matz, Kevin and Peggy Lynn, Mrs. Tilliwitz and husband, Michael. Standing, Carol Losigan, Dr. Ferrin, Mr. Mariano and Mrs. Manzo.



Dutch Lane PTA members, top row, left to right: Jenny Anderson, Mary Ann Grippi, Kathy Magee, Joan Weber, Pat Rothbard, Rose Fleissmann, Joanne Kuefner. Seated, left to right: Debbie Norton-Taylor, Jerry Strugatz, Phyllis and Louis Zollo.



Surrounded by friends and co-workers from Dutch Lane, Adrienne Rosenberg receives a bouquet of roses. Also pictured are: Antonette Fritz, Barbara Granai, Joann Flynn, Kathy Rock, Denise Yanone. Seated: Mr. Rosenberg, Adrienne and a relative.

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Fireplaces • Cement Work

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## Historical Society Offers Study Grant

In an effort to blend history and the spirit of youth, the Hicksville Historical Society announces the initiation of its first Educational Grant for high school students. The contest is open to any student in grade 9 through 12, living in Hicksville or attending a senior high school in Hicksville. The Society's grant will be funded through donations received from local Hicksville churches.

The subject of the 1992 writing project is "Crime Shockers in Hicksville's History." The manuscript must be clearly typed, double spaced, 2,000-2,500 words. It must be studiously researched and well-written; must have citation of sources and, if necessary, footnotes; must involve former Hicksville residents and span the time in Hicksville's history from the early 1800's through what is generally called the end of the old era of Hicksville (the end of World War II, or approximately 1948). Submissions must have historic value and interest and/or entertainment value.

Manuscripts cannot be returned, as they will become permanent entries in local law and placed in the archives of the Hicksville Historical Society. All submissions must be received by the Society no later than May 10, 1992. The Society's mailing address is: Hicksville Historical Society, P.O. Box 443, Hicksville, New York 11802.

Winners will be selected by the Society's Board of Trustees, and three cash prizes will be awarded at the Society's annual meeting (May 26). The first place winner will receive \$250, second place \$150, and third place \$100.

Local historian and Society member, Richard Evers, will be available for guidance in the Local History Room of the Hicksville Public Library weekdays in the late afternoon. Students should call ahead if they wish to use these resources. (Contact Mr. Evers at 931-1417).

We hope to enkindle an interest in local history and to afford youngsters a platform to demonstrate their skill and ingenuity. It is with great pride in this project and a sense of preserving our heritage that we encourage participation by our local students.

## Spring Plant Sale By Band

The Hicksville High School Marching Band Parent Association is sponsoring a Spring Plant Sale. Hyacinths, Tulips, Mums, Azaleas and Lilies will be available for the Easter, Passover holidays. Prices range from \$2.50 to \$6.50 depending on variety and size. If you're interested please call Joe or Rose Burrato at 931-5420 after 5 p.m. and we'll be happy to give you all the details.

Half the price of a postage stamp. That is all this newspaper cost you per week delivered to you by mail.

## LEGAL NOTICE Notice Of Authorization Of Foreign L.P. Ocean Isle Software Limited Partnership

The name of the Limited Partnership is Ocean Isle Software Limited Partnership.

The Certificate of L.P. was filed with the Secretary of State of January 3, 1992.

The L.P. was organized under the laws of Delaware on 8/11/88.

The Office of the L.P. is to be located in Nassau County, at 23 Terrace View Road, Farmingdale, New York 11735.

The Secretary of State of New York has been designated as agent of the L.P. upon whom process against it may be served. The P.O. address to which the Secretary of State shall mail a copy of any process against the L.P. served upon him as its agent is c/o C T Corporation System, 1633 Broadway, New York, NY 10019.

C T Corporation System, 1633 Broadway, New York, NY 10019, has been designated as the registered agent of L.P. upon whom process against it may be served.

The address of the office of the L.P. is required to maintain in Delaware by the laws of such jurisdiction is 1209 Orange Street, Wilmington, Delaware 19801.

The name and business or residence street address of each general partner is available from the Secretary of State.

The name and address of the authorized officer in Delaware, where a copy of the Certificate of Limited Partnership is filed is Secretary of State, John G. Townsend Building, Dover, DE 19901.

The purpose of this business is to develop and market computer software.

BN 3125

6X 2/28, 3/6, 3/13, 3/20, 3/27,

4/1

## LEGAL NOTICE SUPREME COURT Nassau County Central Federal Savings, FSB Pltf. vs. Winepol & Son Building Corp. et al

Deft.s Index # 14965/90

Pursuant to Judgment of Foreclosure and Sale dated Oct. 1, 1991, I will sell at public auction on the north front steps of the Nassau County Courthouse, 262 Old Country Road, Mineola, N.Y. on Mar. 24, 1992 at 10:00 A.M. Premises known as 120 Old Country Road, Hicksville, N.Y. being on the east side of Division Ave. at the extreme, north end of the arc of a curve connecting the east side of Division Ave. with the north side of Old Country Road being a plot 83.18 ft. x 100 ft. x 90.90 ft. x 6.78 ft. x 82.78 ft. x 16.18 ft. as more particularly described in said judgment.

Sold subject to terms and conditions of filed judgment and terms of sale.

Tricia T. Alden Referee.  
Rivkin, Radler, & Kremer,  
Atty's for Pltf.

EAB Plaza, Uniondale, N.Y.

MIT 2561

4 x 2/21, 28, 3/6, 13

## LEGAL NOTICE COURT OF THE STATE OF NEW YORK COUNTY OF NASSAU REFEREE'S NOTICE OF SALE IN

FORECLOSURE  
Index No. 18844/90

Sunrise Federal Savings and Loan Association, Plaintiff(s) vs. Anthony Ottimo, Jr., Louis Ottimo, Syosset Title Supply Ltd., d/b/a Ceramic Studio, John R. Steele Association, Inc., Woodland Pond Condominium, Defendant(s).

PLEASE TAKE NOTICE THAT in pursuance of a judgment of foreclosure and sale duly made and entered in the above entitled foreclosure action dated February 21, 1992, and entered in the office of the County Clerk of Nassau County, I, the undersigned Referee named in said judgment will sell in one parcel at public auction on April 15, 1992, at the north front steps of the Nassau County Court House, Old Country Road, Mineola, New York, County of Nassau, State of New York, at 9:30 o'clock p.m., the premises described in said judgment as follows:

ALL that certain plot, piece or parcel of land, situate, lying and being at Woodbury, Town of Oyster Bay, County of Nassau, State of New York, known and designated as Home #115, together with an undivided .5493 percent interest in the Common Elements of the Declaration of Condominium entitled, "Woodland Pond Condominium," and recorded in the Office of the Clerk of the county of Nassau on the 12th day of December 1979, in Liber 9237 of conveyances at 940, also being shown as home and Unit #115 on map entitled, "Woodland Pond Condominium, Sections I and II," certified by Nelson & Pope, Civil Engineers and Surveyors and filed in the Office of the Clerk of the County of Nassau on the 12th day of December 1979, as filed #CA-50, also being known as Section 13, Block C, Lot 177 Unit 115, on the land and tax map of the County of Nassau, the land on a part of which the building is located is described as follows:

BEGINNING at a point on the easterly side of Pickett's Lane (South Woods Road), distant 347.63 feet southerly from the corner formed by the intersection of the easterly side of Pickett's Lane and the southerly side of Jericho Turnpike;

RUNNING THENCE north 87 degrees 07 minutes 20 seconds east, 523.68 feet;

THENCE north 87 degrees 15 minutes 00 seconds east, 367.08 feet to land now or formerly of Orso, now or formerly of R.E.S.T. Apartments, Inc.;

THENCE along said land, south 18 degrees 49 minutes 34 seconds east, 422.39 feet;

THENCE along the land nor or formerly of Underhill, now or formerly of R.E.S.T. Apartments, Inc., south 18

degrees 38 minutes 44 seconds east, 229.81 feet;

THENCE such 80 degrees 39 minutes 47 seconds west, 967.92 feet;

THENCE north 18 degrees 25 minutes 35 seconds west, 129.85 feet;

THENCE south 88 degrees 03 minutes 03 seconds west, 162.24 feet to the easterly side of Pickett's Lane;

THENCE northerly along the easterly side of Pickett's Lane, the following 2 courses and distances:

(1) North 06 degrees 14 minutes 17 seconds east, 563.10 feet;

(2) North 01 degrees 54 minutes 40 seconds west, 51.37 feet to the point or place of BEGINNING.

Excepting there from so much as has been taken for the widening of Pickett's Lane

Said premises being known as and by 115 Woodlake Drive, Woodbury, N.Y. 11797

SUBJECT to the rights of persons in possession, if any.

SUBJECT to possible rights of the United States Government to redeem.

TOGETHER with all the right, title and interest of the mortgagors, if any, in and to the land lying in the streets and roads in front of and adjoining said premises to the centre line thereof.

TOGETHER with all fixtures and articles of personal property attached to or used in connection with said premises.

Said premises are sold subject to any state of facts an accurate survey may show, to covenants, restrictions and easements, if any, to taxes, assessments, water charges, violations, zoning regulations and ordinances of the city, town or village in which said premises lie.

Dated:  
February 28, 1992  
Donald J. White, Esq.

Referee  
Carman, Callahan & Ingham  
Plaintiff's Attorney  
280 Main Street  
Farmingdale, N.Y.

SYO 8062  
4x13/18, 20, 27; 4/3

LEGAL NOTICE  
SYOSSET CENTRAL  
SCHOOL DISTRICT  
TOWN OF  
OYSTER BAY  
COUNTY OF NASSAU  
PUBLIC HEARING  
LIBRARY BUDGET  
April 14, 1992  
8:30 p.m.

NOTICE is hereby given that the Board of Trustees of the Syosset Public Library will hold a public hearing for the purpose of discussion of the expenditure of funds and the budgeting thereof, in the Community Room of the Syosset Public Library, located at 225 South Oyster Bay Road, Syosset, New York, on Tuesday, April 14, 1992, at 8:30 p.m.

By order of the Board of Education, Syosset Central School District, Syosset, New York.

February 10, 1992  
Lorraine Trachtman  
District Clerk

SAB 508  
4X2/28; 3/13, 27, 4/10

**LEGAL NOTICE**  
**Notice of Hicksville  
 Public Library  
 Election and Vote  
 On Appropriation  
 Of Funds**

Hicksville Union Free

School District

Hicksville, New York

Notice is hereby given that pursuant to the resolution of the Board of Trustees of the Hicksville Public Library of Hicksville Union Free School District, Hicksville, New York, adopted January 15, 1992, the Annual District Election of the qualified voters of this School District for the Hicksville Public Library Election and Vote on appropriation of funds will be held on April 8, 1992, between the hours of 10:00 A.M. (E.S.T.) and 9:00 P.M. (E.S.T.) for the seven Election Districts, at the Hicksville Public Library, for the purpose of voting upon the following proposition(s):

**Proposition No 1**

Shall the Library Budget for the school year 1992-93 adopted by the Library Board be approved and a tax be levied on the taxable property of the District in the amount of such Budget, less sums received in the form of State and Federal Aid and from any other sources, all pursuant to the pertinent provisions of the Education Law?

Notice is further given that nominating petitions for the office of member of the Board of Trustees of the Library must be filed with the Clerk of the School District no later than thirty (30) days before the Annual Meeting, said date being Monday, March 9, 1992, between the hours of 9:00 A.M. and 5:00 P.M. Separate petitions shall be required to nominate a candidate. Each petition shall be directed to the Clerk of the School District, shall be signed by at least 25 qualified voters of the District (the same being at least 25 qualified voters of the District or two percent (2%) of the number of voters who voted in the previous library election, whichever is greater), shall state the residence of each signer, the name and residence of the candidate. Forms of petitions for Board of Library Trustees may be obtained from the Clerk of the School District and at the Hicksville Public Library.

The following vacancies are to be filled on the Board of Library Trustees: 5 year term ending June 30th, 1996

Notice is further given that Personal Registration and Election Districts have been established in the School District, that no person shall be entitled to vote at the Annual District Election whose name does not appear on the register of the School District, unless such person is registered under the provisions of Section 5-612 of the Election Law and that those qualified to register and vote shall do so in the School Election District in which they reside.

Notice is further given that copies of the estimated expenses for the Library for

**LEGAL NOTICE**

the year 1992-93 may be obtained by any taxpayer in the District at each school house in the District daily except Saturday and Sunday on and after April 1, 1992, between 9:00 A.M. and 4:00 P.M. and that any other propositions to be voted upon are available for inspection by any taxpayer in the District at the Library daily except Saturday and Sunday on and after Wednesday, April 1, 1992, between 9:00 A.M. and 4:00 P.M.

Notice is further given that the Board of Registration shall meet in the Hicksville Public Library for the seven (7) Election Districts described below on Wednesday, April 1, 1992, from 3:00 P.M. until 8:00 P.M. (E.S.T.)

Any person shall be entitled to have his name placed upon such register provided that at such meeting of the Board of Registration he proves to the satisfaction of such Board of Registration to be then or thereafter entitled to vote at the school meeting or election for which such register is prepared. Said register will be filed in the office of the District Clerk on April 1, 1992, and will be open for inspection by any qualified voter of the District from 9:00 A.M. to 4:00 P.M. on any weekday from April 1, 1992 up to and including April 8, 1992. Residents who voted at an Annual Meeting of the District within four years prior to the date of the current Annual Meeting or who registered within that time need not register to be eligible to vote at the Annual Meeting. Residents otherwise qualified to vote who are registered under the provision of Section 5-612 of the Election Law need not register to be eligible to vote at the Meeting.

Notice is further given that during the voting hours on April 8, 1992, the Board of Registration will meet in the various election districts to receive registration for the ensuing year.

Notice is further given that applications for absentee ballots may be applied for at the Office of the Clerk of the District. A list of all persons to whom absentee ballots are issued will be available in the office of the Clerk on April 1, 1992 through April 8, 1992. Such list will also be posted at all polling places at the election of members of the Board of Trustees.

**HICKSVILLE PUBLIC  
 SCHOOLS**

**ELECTION DISTRICTS**

The boundaries of the School Election Districts, as adopted by resolution of the Board of Education are as follows:

**Election District No. 1**

**Burns Avenue School**

On the East: Broadway, from the District's North Line, to the intersection of Jerusalem Avenue and Broadway, continuing South along Jerusalem Avenue to the District's West line.

On the West: The District's West line from the Long Island Railroad to the District's North

**LEGAL NOTICE**

line.

On the North: The District's North line from the District's West line to Broadway.

**Election District No. 2**

**East Street School**

On the East and North, Miller Road as projected to the District's North line, South along said Miller Road to Ronald Avenue, then East along Ronald Avenue to Woodbury Road, then Northeast along Woodbury Road to Ardley Gate, then Southeast through Ardley Gate to Dartmouth Drive, then Southwest and South through Dartmouth Drive to its intersection with Haverford Road, then East to the intersection of Haverford Road and Berkshire Road, then East along Berkshire Road to its intersection with Columbia Road, then East along Columbia Road to the District's East line, then South along the District's East line to the Long Island Railroad.

On the South and Southwest: Along the Long Island Railroad, from the District's East line southerly point, to the intersection of the Long Island Railroad and Jerusalem Avenue.

On the West: Broadway from Jerusalem Avenue to the District's North line.

On the North: The District's North line from Broadway to Miller Road, as projected to said line.

**Election District No. 3**

**Woodland Avenue School**

On the North, Northeast and East: Along the District's North line, from Miller Road, as projected to the District's North line, to the District's East line.

On the East: South along the District's East line, West to Berkshire Road, then West along Berkshire Road into Haverford Road, and continuing West of Haverford Road to Dartmouth Drive then North and Northeast along Dartmouth Drive to Ardley Gate; then Northwest through Ardley Gate to Woodbury Road, then Southwest along Woodbury Road to Ronald Avenue, then West along Ronald Avenue to Miller Road, then North along Miller Road and continuing theron as it is projected, to the District's North line.

**Election District No. 4**

**Lee Avenue School**

On the East-Northeast: The Long Island Railroad, from its intersection with Old Country Road, to the Southerly point of the District's East line.

On the South: The District's South line, from the Long Island Railroad, southwesterly into Michigan Drive, then South along said District line to the Hempstead Township line, then Northwest along the District's South line to Jerusalem Avenue.

On the West and North: Along Jerusalem Avenue, from the District's South line, to Salem Gate, then West along Salem Gate to Salem Road, then North to Harkins Lane, then Northwest along Harkins Lane to Division Avenue, then North along Division Avenue to Glenbrook Road, then Northwest along Glenbrook Road to Newbridge Road, then Northwest along Newbridge Road to Old Country Road, then East along

**LEGAL NOTICE**

Old Country Road to the Long Island Railroad.

**Election District No. 5**

**Fox Lane School**

On the East: Jerusalem Avenue from Salem Gate, to the District's South line.

On the North: Salem Gate, West from Jerusalem Avenue, to Salem Road, then North along Salem Road to Harkins Lane, then Northwest along Harkins Lane to Division Avenue, then Northwest along Division Avenue to Glenbrook Road, then West along Glenbrook Road to Newbridge Road.

On the West: Newbridge Road, from Glenbrook Road on the North, to the District's South line.

On the South: The District's South line, from Newbridge Road, on the West, to Jerusalem Avenue on the East.

**Election District No. 6**

**Dutch Lane School**

On the East: Newbridge Road, from Elmira Street, to the District's South line.

On the South: The District's South line, from Newbridge Road, on the East, to the District's West line.

On the West: The District's West line, from the District's South line to Arrow Lane, as said Lane is projected West to the District's West line.

On the North: From Arrow Lane, as projected to the District's West line, East and along said Arrow Lane, to Levittown Parkway, then South along Levittown Parkway to Beech Lane, then East along Beech Lane to Blueberry Lane, then South along Blueberry Lane to Elmira Street, then East along Elmira Street to Newbridge Road.

**Election District No. 7**

**Old Country Road School**

On the North and Northeast: The Long Island Railroad from the District's West line to the intersection of the Railroad with Old Country Road.

On the South and East: Old Country Road from its intersection with the Long Island Railroad, Westerly to Newbridge Road, then Southwest along Newbridge Road to Elmira Street to Blueberry Lane, then North along Blueberry Lane to Beech Lane, then West along Beech Lane to Levittown Parkway, then North along Levittown Parkway to Arrow Lane, then West along Arrow Lane, and as projected to the District's West line.

**By Order Of The**

**Board Of Trustees**

**Hicksville Public Library**

**Hicksville, Town Of**

**Oyster Bay, N.Y.**

**Alice L. Wider**

**District Clerk**

MIT 2561

4X 2/17, 3/3, 16, 23

**GRANDPARENTS** - Send in your grandchildren's photos and enter our "World's Most Beautiful Grandchildren" contest. Just send a photo and a brief description of the child (or children) along with your name and address to: Litmor Publications, Beautiful Grandchildren Contest, 81 East Barclay St., Hicksville, N.Y. 11801. We'll do the rest!

**Vocational Skill**

**Competition**

**Winners**

Hicksville High School students in the vocational education program won in many events at the Vocational Skill Competition of February 26 at the Levittown Memorial Education Center.

Students won in the following areas:

**Auto Mechanics:**

3rd place, Fabrizio Benevides

**Bakery:**

2nd Place, Jennifer Balnis

Carpentry,

2nd Place, Stephen Beines

**Child Care:**

3rd place, Cara Lagattuta

**Computer Repair:**

1st place, Joseph Robison

3rd place, Andrew Pappas

**Cosmetology:**

3rd place, Nicole Jimroglou

**Culinary Arts:**

2nd place, Christopher McCarthy

3rd place, Avegh Vij

**Trade Electricity:**

2nd place, Salvatore Gambino

**Job Interview:**

2nd place, Renee Turchiano

3rd place, Faisal Zafer

**Prepared Speech:**

1st place, Susan Tournour.

**"J.F.K. Eats Right" America Contest**

During the month of March, the students, teachers, and staff at J.F.K. Middle School, Bethpage participated in the "Eat Right America Contest." The challenge of the contest was to carry out the healthy tip announced each day during homeroom. The tips ranged from drinking six to eight glasses of water to baking oatmeal cookies, but all of the tips were designed to be fun and educational. At the end of the month, names of anyone who successfully completes the tips will be entered in a raffle to win a surprise prize. Also, in addition to the contest, a true or false question was announced each day during homeroom. The answer for the question was announced the next day during homeroom, giving students time to discuss it.

The brains behind this activity were Andrea Berman, Jeremy Smith, Michele Zito, Stacy Abrams, and of course, Mrs. James CHE, a Home and Career Skills teacher at the Middle School. The students spent their precious time working with Mrs. James to make this project a success. Colorful banners and signs filled the halls to J.F.K. to advertise the contest. A very creative calendar was hung outside the Home and Career Skills room 117. The purpose of this calendar was to inform all participants in the "eat Right America Contest" what to do each day. We hope the students benefitted from this experience and had fun doing so.

## Editor's Notebook

### A SPRINGTIME WARNING

Nassau County District Attorney Denis Dillon warns Long Island homeowners to be on the alert for a group of door-to-door con-artists selling bogus home improvements and repairs. The start of mild weather and the large number of senior citizens on Long Island have made the area a prime target for a group known as the "Travellers" or "Williamsons." They are known to engage in various scams, including burglaries.

The "Travellers" have been operating throughout the United States for years. Law enforcement officials around the country believe they are a very organized criminal enterprise consisting of con-men who pass leads to each other regarding potential victims. They steal millions of dollars annually from predominantly elderly homeowners.

According to Dillon, "The group almost always does business by means of door-to-door sales. Typically, the "Traveller" tells the homeowner he has been doing work in the neighborhood, has material left over, and if the homeowner decides to have the job done right away he can get it for a reasonable price. However, the too good to be true bargain often ends up being expensive and involves poor workmanship and poor quality materials."

The DA said, "In addition the Travellers carry out home invasions or burglaries, usually with their door-to-door sales operations. The usual procedure is for one or more of "Travellers" to occupy the attention of a homeowner while an accomplice enters the home and burglarizes it."

One example given by Dillon is that of an elderly woman who allowed a man claiming to be from the Water Company into her home. He occupied the woman's attention long enough for an accomplice to break into the side door of the home and steal over \$2,000 in cash and valuables. The homeowner didn't realize what had happened until the men were gone.

The type of work commonly offered by the "Travellers" include house painting, roof coating, driveway sealing and termite work. They are excellent salesmen and are usually very polite and persuasive. They will promise just about anything to make a sale. Sometimes they will use a young child to make the initial contact.

Dillon added, "The family members generally go out in groups to work an entire neighborhood. If you notice such activity in your area, contact the police. If you have any questions regarding a contractor, call the County Consumer Affairs Office. All contractors must be licensed on Long Island."

### March Children's Programs At Library

**March Children's Program At Library**  
**Special Archaeology Day**

Saturday, March 21

"Become a Detective and Rediscover Long Island's Fascinating Past."

Unusual Workshop on Our Ancient Indians by Archaeologist Carol Yaeger, Suffolk County Archaeological Association.

Intriguing slide show, unusual artifacts, stories, fabulous archaeological discovery kit, hands-on crafts.

11 a.m. to 12:15 p.m.

Grades K-2 - with a leather head-band to take home.

1:25 p.m.

Grades 3-6 - will make a Native American pendant.

Co-sponsored by the Central Park Historical Society. Register from February 18.

Folk Tale Contest - Prizes!

Youngsters in Grades 1-6 are invited to write original or adapted folk or fairy tales, based on Bethpage Public Library books. Prizes on each grade level will be magazine subscriptions. Entries are due on June 4. See separate fliers with all details.

Special, Special Workshop for Parents with David Stein, Psychotherapist.

Wednesday evenings at 8 p.m., March 25, April 1 and 8. Register for all sessions from March 4. See separate flier with all details.

And sign up now for:

The Hocus Pocus Magic Winter Reading Club

Families as Reading Partners

All programs are open to youngsters who reside in District No. 21 only. For further information please call 931-3907.

### LEGAL NOTICE

SUPREME COURT  
COUNTY OF SUFFOLK  
TOWN OF BROOKHAVEN  
MARINE MIDLAND BANK,  
N.Y.

Plaintiff against HELMUT A.  
PILZ et al Defendant(s).

Pursuant to a judgment of foreclosure and sale entered herein and dated October 1, 1990, I, the undersigned Referee will sell at public auction at the Brookhaven Town Hall, South Ocean Avenue, Patchogue, NY on the 14th day of April, 1992 at 10:00 AM premises;

BEGINNING at a point on the westerly side of Holbrook Road distant 82.65 feet northerly from the extreme northerly end of an arc of a curve connecting the northerly side of Jacqueline Lane with westerly side of Holbrook Road; Being a plot 88.26 feet by 79.47 feet by 30.50

Premises known as 42 Holbrook Road, Centereach, New York.

Approximate amount of lien \$58,570.11 plus interest and costs. Premises will be sold subject to provisions of filed judgment.

Index Number 08067/90  
Dated: March 12, 1992

Frederick Fagelson,  
Referee  
Certiman Balin Adler & H

Attorney(s) for Plaintiff  
90 Merrick Avenue  
East Meadow, NY 11544

MIT 2556  
4X3/13, 3/20, 3/27, 4/3

GET RESULTS! Place an ad in our Classifieds for reasonable rates and prompt results.  
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### Hicksville Midget Football Prog. Fold...

During November of 1991, 58 responsible parents and the Hicksville P.A.L. attempted to start a midget football/cheerleading program for the youth of Hicksville. There were three following meetings involving the parents, Tom Clark and Kevin Langberg of the T.O.B. The main obstacle was the cost of \$175 to uniform one player. The Town of Oyster Bay's assistance was requested to help offset the cost. It was reported to the T.O.B. that Hicksville was the only town in the T.O.B. that does not have a community park to service our youth. It was felt that by helping us fund our program, that cheerleading and football could help keep our youth in a supervised youth program, sponsored by the P.A.L. In addition, it was noted that the T.O.B. did have the finances to fun our program due to excess funds. During our meeting the T.O.B. said they would help. Then on March 10 the Town declined assistance.

## Birthday And Anniversary Club

### Happy Birthday



March 1  
Margaret Bossert  
Wm. M. Herberer, Jr.  
Margaret Fitzgerald  
March 2  
Tom Coffey  
March 3  
William Sanderson  
Domenick Joseph Fréda  
Rita Schlosser  
March 4  
Betty Manson  
Roy Schaub  
Kristin Werlitsch  
John Heberer  
March 5  
Christopher Germain  
Evelyn Schlauch  
Mary Mirz  
James Mills  
Richard Hudson  
March 6  
Robert Sanderson  
Genevieve Clark  
March 7  
Alice Durken  
T. J. Sicari  
Dolores Pietzak  
Tom Gill  
March 8  
Dorothy Gallahue  
Arthur Wallander  
David Goldstein  
Christine Coluccio  
James Bergholtz

March 9  
Kelly O'Connell  
Cliff Locke  
Ellen Voorhees  
Henry Kurkowski  
March 10  
Jennifer Przybyszewski  
Danny Sterling  
March 11  
Andrea Schlauch  
March 12  
Theodore Greve  
Patricia Wahlen  
John T. Moehring  
Chris D'Amico  
March 13  
Susan Minichello  
Bob Baird  
March 14  
Cornelius J. McCormack  
March 15  
Barbara Di Giovanni  
Christine Freyisen  
Gregory Giacopino  
Gus Poulas  
Daniel Ford  
Brian Zadarski  
March 16  
Cathy Duffy Filazzola  
Bobby Becker  
Nancy Hammond  
Andrew Attivissimo  
March 17  
Dennis Mulligan, Sr.  
Robert Tschapman  
Patricia Sheedy  
Thomas Sheedy, Jr.  
Vincent G. Smith  
Alfred Sterling

March 17  
Ryan Krisel  
Selda Salz  
Thomas Watus  
March 18  
Lorraine Willard  
Jeanne Anderson  
Paul Haffner  
March 19  
Adam Ulrich  
Janet Bergholtz  
Patricia Moffett  
Josephine Jachniewicz  
March 20  
Thomas Palmeise  
Glenn R. Wohl  
Michele Mallo  
March 21  
Brian Liba  
Alana Glatt  
Stephen Weber  
John Swidzinski  
March 22  
Domenick Freda  
Jill Levy  
Helen Tschapman  
Caralee Smith  
Anthony Chepak  
Gina Zadarski  
March 23  
John Jabour  
Rev. D. K. Ciannella  
Harry Woods  
Nancy Giacopelli  
Christopher Rogers  
Chris De Stefano  
Tom Sergi  
March 24  
Andrew Heinbockel  
Neil Esposito

March 25  
Patrick Baird  
Norma Goerke  
Ira Rudin  
March 26  
Bonnie Camarda  
Lou Dettloff  
Susan Sanderson  
Kathleen Arena  
Eric Behan Heinbockel  
James G. Moehring  
Rose Marie Coyle  
March 27  
Nancy Crown  
Arlene Marshall  
March 28  
B. n Sinclair  
Valerie Goldstein  
March 29  
Carol Edwards  
Gerald Sheedy  
Anthony Eric Geslak  
Christine Lichtenau  
Tom Sullivan  
Cara Lagattuta  
March 30  
Dani Lagattuta  
Richard Evers  
Jennifer Voorhees  
March 31  
Tom Riley, Jr.  
Joanne DiGiovanni  
Evamarie Willson  
Celia Cerlini



### Happy Anniversary



March 4  
Robert & Doris Sanderson  
March 10  
Thomas & Frances McGovern  
March 11  
Martin & Leatrice Burwasser  
March 17  
Helen & Rob Tschapman  
Larry & Mary Morillo

March 20  
Vincent & Lottie Smith  
March 21  
Ariene & Ken Rudin  
March 22  
Marie & Ken Lewis  
Jessie & Chris Doyle  
March 24  
Steven & Donna Swidler  
March 26  
James & Eleanor Germain  
March 27  
Vincent & Stacy Smith

March 28  
Alex & Doug Clark  
March 29  
Rick & Theresa Edwards  
March 30  
Frank & Maureen Seier  
Cathy & Thomas Filazzola  
March 31  
Tom & Sara Tyson  
Patricia & Ronald Cox

**LEGAL NOTICE****Public Notice**

Please Take Notice that pursuant to law, a public hearing will be held in the Hearing Room, Town Hall, East Building, Audrey Avenue, Oyster Bay, New York, on the 7th day of April, 1992, at 10 o'clock a.m., prevailing time, or as soon thereafter as practicable, to consider amending Local Law No. 1-1985 to change the definition of Place of Assembly as follows: "Place of Assembly .. any room, place or space which is occupied or arranged to be occupied to accommodate more than fifty (50) persons, with or without the levy of an admission fee for the gathering, collecting or congregating of persons for a common purpose such as, but not limited to, recreational, amusement, social, sports, patriotic, civic, educational, travel and similar purposes, any room, place or space which is occupied or arranged to be occupied to accommodate up to fifty (50) persons, with or without the levy of an admission fee, for the gathering, or collection or congregating of children and/or their parents or guardians for a common purpose such as, but not limited to, gymboree, playroom activities, arts and crafts, parent-child bonding activities, children's parties, and similar purposes; this definition shall include assembly halls, lecture rooms, exhibition halls, museums, auditoriums, instruction rooms, discotheques, dance halls, studios, cabarets, nightclubs, cocktail bars, restaurants, any room or space used for private banquets, feasts, socials, card parties, bingo or weddings, lodges or meeting halls or rooms, skating rinks, gymnasium, public swimming pools, billiard rooms, bowling alleys, archery ranges, halls used for public or private gathering purpose, funeral parlors, private schools, concert halls, theaters or any other buildings, sheds or enclosures, tents, and other similar classifications of this section as determined by the Commissioner of the Department of Planning and Development or his designee. Family gatherings in residential buildings are exempt from this definition;" and to further consider amending the Town of Oyster Bay Code of Ordinances Zoning Chapter 246-239(A) [Art. XX, F Business Districts (Neighborhood Business) Permitted Uses] to the following: "(15) Gymborees, children's playrooms, children's party or arts and crafts centers, parent-child bonding activity centers and similar recreational centers which accommodate more than fifty (50) persons, golf ranges, batting ranges, Kidie amusement centers, animal farms, theaters, drive-in theaters and other similar public recreational uses, when permitted by the Town Board, as a special exception, after a public hearing. Gymborees, children's playrooms, children's party or arts and crafts centers, parent-child bonding activity centers and similar recreational centers which accommodate fifty (50) persons or less." All persons interested shall have an opportunity to be heard upon said proposed amendments at the time and place aforesaid. The Local Law and the proposed amendments to the Local Law, and the ordinances and the proposed amendments thereto, are on file in the Office of the Town Clerk, and may be examined during regular

**LEGAL NOTICE**

or arts and crafts centers, parent-child bonding activity centers and similar recreational center which accommodate fifty (50) persons or less. No game room and no pinball machines, whether or not incident to a principal use, shall be permitted, maintained or operated in an F Business District (Neighborhood Business), except not more than two (2) pinball machines, only in connection with, and customarily incident to, a bar or tavern, when approved by the Zoning Board of Appeals"; and to further consider amending Town of Oyster Bay Code of Ordinances Zoning Chapter 246-250(A) [Art. XXI, G Business Districts (General Business), Permitted Uses] to amend paragraph 20 to the following: "(20) Gymborees, children's playrooms, children's party or arts and crafts centers, parent-child bonding activity centers and similar recreational centers which accommodate more than fifty (50) persons, golf ranges, batting ranges, kiddie amusement centers, animal farms, drive-in theaters and other similar public recreational uses, when permitted by the Town Board, as a special exception, after a public hearing. Gymborees, children's playrooms, children's party or arts and crafts centers, parent-child bonding activity centers and similar recreational centers which accommodate fifty (50) persons or less. Game rooms, when permitted by the Town Board, as special exception, after a public hearing, and two (2) pinball machines or less only if in connection with and customarily incident to a bar, tavern, restaurant, bowling alley or other assembly building permitted under this § 246-250, when approved by the Zoning Board of Appeals"; and to further consider amending Town of Oyster Bay Code of Ordinances Zoning Chapter 246-261(B) [Art. XXII, G-1 Business Districts (Central Business) Permitted Uses] to amend paragraph (6) by adding the following: "(e) Gymborees, children's playrooms, children's party or arts and crafts centers, parent-child bonding activity centers and similar recreational centers which accommodate more than fifty (50) persons when approved by the Town Board as a special exception, after a public hearing. (f) Gymborees, children's playrooms, children's party or arts and crafts centers, parent-child bonding activity centers and similar recreational centers which accommodate fifty (50) persons or less." All persons interested shall have an opportunity to be heard upon said proposed amendments at the time and place aforesaid. The Local Law and the proposed amendments to the Local Law, and the ordinances and the proposed amendments thereto, are on file in the Office of the Town Clerk, and may be examined during regular

## State, Town and Judiciary Topics At Community Council

Continued From Page 1

Korvettes building at the north end into a 2200-seat theater. Mr. Clark said he refused to comment until the owners more fully detailed their plans.

This October will see the 500th anniversary of the voyage of Christopher Columbus to the new world, and Mr. Clark said that several parades are in the works, two of which are scheduled to take place in Hicksville.

In an effort to bring information to residents about the court system, the Council has embarked on a program to present speakers from the judiciary. Judge Wolff Lally outlined the jurisdiction of the District Court, which deals with civil/criminal cases as well as small claims. The Judge noted the high volume in the criminal sector, encompassing misdemeanors, stolen property, weapons possession and various abuses. She stressed the need for plea bargaining, since the various abuses. She stressed the need for plea bargaining, since the case load would be too heavy to handle. The criminal court also issues temporary orders of protection.

Civil court handles cases up to \$15,000 involving such items as landlord/tenant disputes, breach of contract, negligence and tort actions. Trials in this court are conducted before the bench. Small claims court, or "the people's court," is designed for people to bring their cases forth simply; the rules of evidence are relaxed. The monetary limit at small claims is \$2,000.

Prior to the Council meeting, VFW Post 3211 Commander Vincent Ferrara presented a new American flag to be displayed in the library community room. Accepting the flag on behalf was Library Board trustee and VFW member Tony Previte. The old flag, which hung in the library for 30 years, will be folded and remain at the library.

During the presentation of Judge Lally, a discussion ensued about the increased incidences of graffiti in Hicksville. Judge Lally noted that the court sees very few defendants on these charges, and encouraged residents witnessing such action to contact the police department and tell them that they want the offenders arrested. Council President Joe DePompa announced that one of the topics at the April 2 Community Council meeting will be graffiti and that the Council will seek representatives from the police department, local businesses and the school system to address this issue.

The April 2 meeting will also include a presentation of the library budget and board of trustees election in preparation for the April 8 library vote. The Council's meeting will begin at 7:30 p.m. in the Hicksville Public Library community Room.

**LEGAL NOTICE**

business hours by any or all interested persons at Oyster Bay or Massapequa. Town Board of The Town of Oyster Bay, Lewis Yevoll, Supervisor, Carl L. Marcellino, Town Clerk.

Dated:  
March 10, 1992  
Oyster Bay, New York  
BETH 3127  
1X 3/20

### Low Maintenance Gardening

Just in time for spring, Gloria Grabowski, Master Gardener, will conduct a workshop *Low Maintenance Gardening* on Thursday, March 26 at 7:30 p.m. at the Bethpage Public Library. Mrs. Grabowski will discuss how to select and plant grasses, trees, and shrubs, keeping in mind their suitability for the intended area and using as little water as possible. This program is a must for those who love to garden but do not have an unlimited supply of time or water.

The Library is located at 47 Powell Avenue, two blocks west of Exit 8 on the Seaford Oyster Bay Expressway (Route 135), phone 931-3907.

Admission is free - All Welcome!

Half the price of a postage stamp. That is all this newspaper costs you per week delivered to you by mail.

## Teacher Selected for Who's Who

Hicksville High School social studies teacher Jerome Smith has been selected for inclusion in the prestigious second edition of the 1992 *Who's Who Among America's Teachers*. America's best teachers, a select 5%, are chosen just as the best and brightest doctors, lawyers, athletes, business people and other professionals have traditionally been honored.

*Who's Who Among America's Teachers* has now invited Mr. Smith to submit a biographical profile and achievements to be included in a comprehensive entry.

Teachers selected for Who's Who are nominated by former students who have been cited for academic excellence themselves in *Who's Who Among American High School Students* or *The National Dean's List*.

*Who's Who* is a valuable resource for everyone concerned with quality education and is distributed to school boards, administrators, teacher organizations, public officials, libraries and the press.

Hicksville applauds Jerome Smith on his professionalism and dedication to serving the youth of our community and making a difference.

Half the price of a postage stamp. That is all this newspaper costs you per week delivered to you by mail.

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- Euro Disneyland - Paris
- London Theatre
- Swiss Summer Skiing
- French and Italian Rivieras
- Whitewater Raft the Rhine
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But who is speaking to potential new customers in your area about your service? Getting To Know You helps new homeowners find a plumber, carpenter or electrician with a house-warming package filled with needed information about selected community service companies. Join the finest merchants and professionals by subscribing to your local Getting To Know You program, and help your new neighbors get acquainted with you.



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Syosset Advance, Williston Times,  
New Hyde Park Herald Courier,  
Bethpage Newsgram, Jericho News Journal,  
The Garden City News  
and Great Neck News

# Discovery!

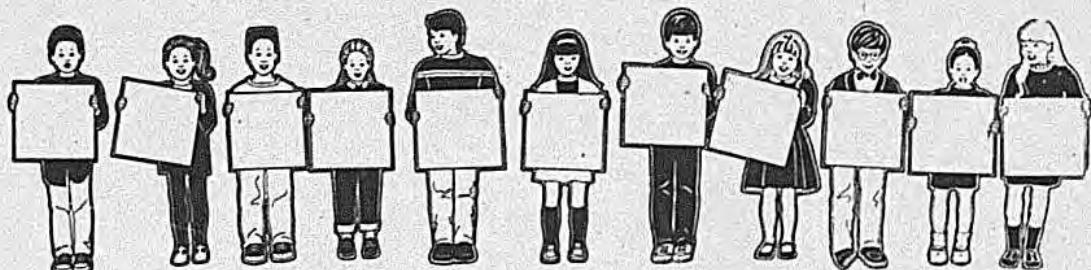
Magazine

The newspaper edition that helps  
discover new writers, new ideas  
through Input and special  
family features.

Friday, March 20, 1992



## "The Waysiders"

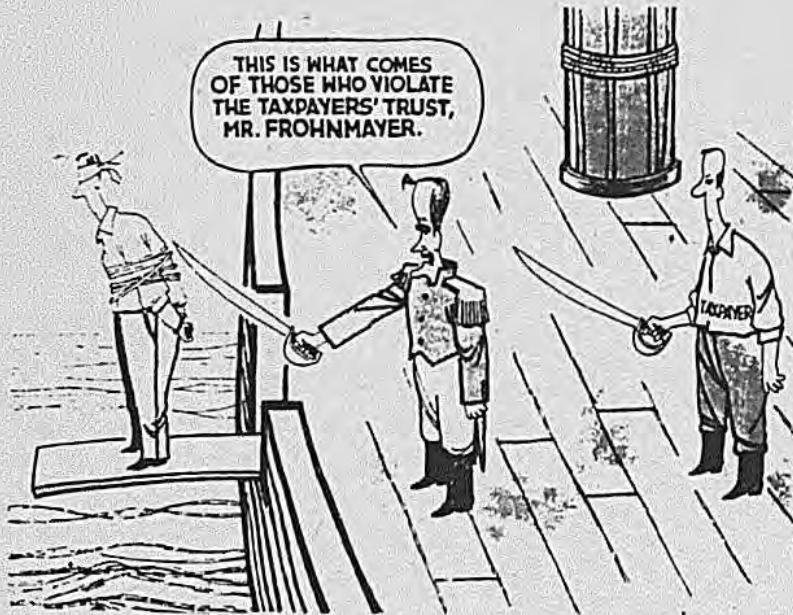


SEE PAGE 3



## THE QUESTION OF THE WEEK

Should there be a penalty against those Congressmen who wrote overdrawn bank checks?



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a Day

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3. Limit your opinion to five minutes (make notes before calling)
4. Leave your name and telephone, or simply use a pen name (your message can be anonymous)
5. Publishers reserve the right to edit, modify or omit any and all material.

## Most Think Clinton Will Be Dem. Cand.

Most callers to Input think that Clinton will be the Democratic choice for President in answer to this question: "Now that Super Tuesday is over, do you think the Democrats have found the candidate to nominate?" Here are some of the answers:

### CLINTON NOMINATION

While I have some reservations about Bill Clinton I think he is the choice of the majority of the Democrats and he should be nominated for President. If that is not done then the entire business of running primaries will turn out to be a sham. K.B.

### G.O.P. HAS IT EASY

It is easy for the Republicans. Buchanan is failing in each Primary and Bush seems to be picking up steam. The Democrats, as usual do not seem to have someone as front runner who could stand the close scrutiny of a Presidential race. True Bush has his small problems in his son being tied to Savings and Loan troubles but he seems to be able to circumvent these things and still maintain a good stance. I think that Super Tuesday has come and gone and no super Democrat has emerged. J.G.

### TOTAL LOSERS

Yes, following every tradition of trying to paddle a cement canoe the finalists are all perfect for the Democratic party. They are all total losers. R.K.

### CUOMO ENTERS

I think that Super Tuesday will be repeated in all of the primaries. There doesn't seem to be any new person other than California Jerry Brown vying for the Democratic nominations and he seems to be striking out. What the primaries are going to do is push the nomination into the convention. At that time we will see what Gov. Cuomo decides to do. Most people think he already has decided to accept the nomination if drafted but that he just does not want to stand up to the rigors of fighting for the nomination. I think the Democratic party will be glad to have him after looking over the list of candidates that have been in the primaries. Until now I think Gov. Clinton will take the primaries and if Cuomo does not show at the last minute he will get it. G.C.

### CLINTON WILL LOSE

The Democrats will nominate Clinton and he will lose to Bush. This is my firm conviction after listening and watching much about the Democratic primaries. For some reason they do not seem to be able to attract any first rate talent. The only way the Democrats can get Clinton in is if we fall into a deep recession and the people revolt. I hope this does not happen because I think that Clinton would be less qualified to help us out of a hole. N.F.

### NO ONE BETTER?

It seems impossible that the Democrats have no one better than the people who are running. But if that is the case then I think that the result of Super Tuesday is that Clinton has beaten Tsongas for the nomination and he will run against Bush. It is anyone's guess how that will turn out. D.S.

### REAL DEMOCRATS

I have been patiently following the primaries and I thought that Jerry Brown would be the difference. Instead he hardly registered in the voting columns. Where are all the real Democrats? We have been seeing these fakes like Clinton and Tsongas. When will a real Democrat for the common person run? C.N.

### STRONG CANDIDATE

I think that Clinton is a good candidate. All of this innuendo about his private life has nothing to do with his ability to be President. I think the fact that he was able to win after those problems makes him a strong candidate. V.G.

### DEMOCRATS NOT FOUND CANDIDATE

Quite frankly, I don't believe there are enough Democrats who have made up their minds so far to venture a guess as to any candidate they may have chosen for nomination. Between fear of challenges based on sexual misconduct, unfortunate isolationist philosophies, bank abuse in the House getting unsavory attention, the influence of organized labor in support of candidates willing to commit themselves in their favor, and finally, the fear of isolationist policies in a shrinking world where reliance upon each other is an obvious necessity - all of these elements make it most difficult to settle on a favored candidate to nominate. Paul Tsongas appears to be wooing the unions but with some difficulty to overcome reservations. On the other hand Edmund Brown seems to be favored by the unions but he's a late starter. With his alleged proclivity for sexual incontinence creating uncertainty as to the future, his preference as a possible "agent of change" is a disquieting situation. To answer the "Question", I can't believe that the Democrats have yet found the candidate to nominate. P.G.S.



# Discovery!

## "The Waysiders"

By Olivia Cadley

It all began when I had Billy in my class many years ago. I didn't know how to help him. Billy was different. He knew it, and his classmates knew it and, saddest of all, I knew it. But it was only in the classroom that he was different. In track, on the baseball field, in the physical fitness program he displayed unusual ability. For this, at least, I was eternally grateful, for otherwise I doubt whether he nor I could have withstood the dreadful sense of frustration we both endured within the four walls of my room; there he was forever the isolate. He was never chosen to compete in a spelling bee, never sought to join a group for special projects but, mercifully, never ridiculed, for his peers had known Billy for five years. They knew he couldn't read aloud, or write to be understood or do a math problem. They accepted him and liked him, but he was never chosen, and Billy understood.

I will never forget him. He sat first row, first seat where I could give him my attention without distracting others. A classroom visitor would see a typical, bright-eyed boy often, alert and well-spoken, seemingly working diligently. Billy had learned not to ask questions and reveal himself. It was only when one observed what he was writing or how he was writing it that it became obvious that he was different and in deep trouble because no one, not even his teacher, knew how to help him.

I kept Billy with me for two years because his mother requested it. He had been happy with me. He knew me. His mother had given up hope for any real academic achievement and was satisfied merely that he was happy and out of trouble. He was fortunate in that he had parents who loved him and understood and accepted him as we all did. So I took him with me to sixth grade and from there he went on to whatever fate the gods had in store in Junior High.

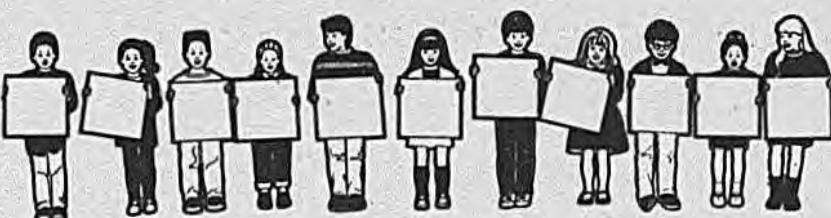
I tried, I really did, but every effort led to a blank wall partly because I think Billy had helped to build that wall himself. I know now that he had given up and just wanted to be left alone while he pretended there was nothing wrong. If he kept busy and asked no questions he was safe. And so, I accepted this, his parents accepted it and the fact that he was "happy" was our solace.

Doggedly, I kept searching for clues. His cumulative record file told me that his IQ was 95. He had had sessions with the psychologist. His scholastic record had been inadequate from the first grade. Billy's mother and I had become friends as we probed into this puzzle that was Billy. He was normal at home, helpful and happy. He had friends. He loved sports. His annual pediatric exam showed no physical abnormalities.

And then one day it happened! It all became miraculously clear! The problem was solved! Billy's mother came to me one afternoon and told me. She had taken him to a leading hospital for neurological testing and his trouble was diagnosed - Dyslexia! So now we knew what the trouble was. Or did we? When Billy's puzzled and concerned parents asked me, "What does it mean?" and I could not really answer them, I decided to probe into the problem and try to discover just what this diagnosis meant and what could be done to help the other Billy's in this world.

Judging from the carefully qualified statements of opinions I have researched concerning the meaning and use of the term "dyslexia" it became obvious that even a group of eminent psychologists, psychiatrists, neurologists and pediatricians find it difficult, if not impossible, to agree on a precise definition of a word that is being used so freely by so many in today's educational literature and in clinical diagnosis. In his book *Good God, My Child Has Dyslexia*, Dr. Sam Dauzat of the Louisiana Polytechnic Institute, emphasizes the confusion inherent in the use of "terms" and especially so when these have indeed not even yet been clarified by the experts. He calls "dyslexia" a generic term applicable to twenty to forty percent of the school population "which tell parents and educators very little... frightening to parents and confusing to teachers." The symptoms are so varied and in such multiplicity that "all too often" "Dyslexia" is used as the scapegoat for all past shortcomings and for any future difficulties.... The term has as many meanings as the disorder has causes."

It would seem that "dyslexia" is a catchall term. It did not appear in dictionaries until the 1960's when educators were beginning to pinpoint the abnormal manifestations that many children were evidencing in school. The phrase used today to describe such children is "learning disabled" which it would seem is a better catchall because it is so general. These disabilities are not medically treatable as they are due to impaired visual or auditory perception and have no relation to the organs of eyes and ears. A child may have 20/20 vision and still not be able to distinguish between patterns because this function takes place in the perceptual center of the brain. These fine distinctions are not discovered until the child is in school and called upon to use the fine distinctions which reading and writing demand, even though gross motor activities



may be normal or above normal. Separate portions of the brain often permit the child to be a good reader but the normal process of integrating the written word into processed information is lacking and denies them information. Learning disabled children just can't process the flood of sensory information which enters the brain. Something within the vast brain circuit is wrong. These deep-brain imperfections are often slight. The youngsters are not retarded and usually have average or better than average intelligence. What separates them (and perhaps two million or more like them) from other children is a very special kind of problem and one that affects each one uniquely in that they cannot learn in the normal way. For a child entering the disciplined and programmed world of the classroom, these learning flaws court disaster.

Learning disabilities were first identified seventy-five years ago in a British medical journal, but they undoubtedly existed long before that time but were never identified. According to the experts, most of those stigmatized with the label, an estimated one out of nineteen babies born today, are only disabled when it comes to learning by conventional methods. Several important discoveries have been made about these youngsters. A child's disability is not linked to intelligence. On the contrary, the brightest youngsters can and often do have a learning disability, and very often display remarkable talent in art, music, design and mechanical aptitude which can more than make up for academic deficiencies. It is said that Albert Einstein, Thomas Edison and Leonardo Da Vinci, three geniuses, were afflicted by this syndrome. I recall a bright student I had in my class years ago who could read the printed word and gather meaning but could not integrate the information into the written form. I devised a system wherein she could give her "book reports" via blackboard drawings and commentary. Her artistic talents were extraordinary and she made her book come alive with her clever illustrations. The class was enthralled and looked forward to her performance each time she illustrated her "book report". Here is a perfect example of a child who could read but could not process the information in the normal way. It is evidence that the term "dyslexia" does not refer to reading per se.

Learning disabilities take many forms and come in varying degrees of severity, from being barely noticeable to severe. Some youngsters have trouble processing what they hear, and others don't. The medical community recognizes these disabilities as a genuine condition, even though it doesn't know what is the cause. (Doctors don't know what causes the common cold and yet they know it exists.)

What causes learning disabilities? No one can say for sure but there are a number of possibilities. There are four or five times as many boys as girls affected with the problem which suggests some kind of genetic component. Also, family histories often support this genetic theory, perhaps an inherited type of nervous system. Another theory and these are all theories, is that birth traumas, oxygen deprivation, prolonged labor or a forceps delivery might contribute. But the exact cause may never be known. There can be no cure until man can unravel the mystery of the human brain and its complexities.

This generation can be grateful that at long last this condition is being recognized and steps taken for special handling of these children. School districts have begun the careful screening of children in the earliest grades so that individual weaknesses may be pinpointed and treated by personnel trained in specialized programs to meet individual needs. If a young child has a normal IQ and is doing poorly in the early grades, modern school districts now administer a battery of tests to try and discover the differences in the cerebral makeup which might account for the difficulties. Remediation can then be undertaken with varying degrees of success, depending on the severity and emotional condition of the child. If possible, individualized instruction is invaluable. A trained tutor can provide the encouragement, understanding and support more easily available in a one-to-one ongoing relationship. Strengths outside of academic achievement and grades, should be emphasized and praised. A child needs a feeling of self-worth for what he or she can do in areas other than those in which he or she is failing. Those whom Dr. Crosby in his book calls "the waysiders" must be returned to a path of achievements of which they are capable.

Looking back over my years I spent in the classroom, I find myself in sympathy with the teacher whom Dr. Crosby quotes in his book: "Looking back over the years I taught, I always remember a handful of children I was never able to reach. I always felt badly about my 'failures' and wondered whatever became of these youngsters. I only wish I had known then what I know now. I might have been able to help them." Thank God we are finally learning, if not the cure as yet, at least the recognition and easement of this puzzling affliction.

### ABOUT THE AUTHOR

Olivia Cadley is a Garden City resident. She is a retired teacher and Reading Specialist.

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## READER RATINGS



### BRUCE AIDELLS' CROSTINI

6 sausages (see note)  
¾ cup tomato, finely  
chopped  
3 tablespoons balsamic or  
raspberry vinegar  
One-third cup olive oil  
2 tablespoons fresh basil,  
finely chopped  
2 anchovy fillets, finely  
chopped (optional)  
Salt  
Pepper  
35-40 rounds of toasted  
baguette

Yields 35 to 40 crostini snacks.  
Pan-fry sausage for 10 minutes  
or until lightly browned.

Combine all other ingredients,  
except baguette, in a bowl and  
spoon some over each baguette  
round. Top with a ¼-inch slice of  
sausage and serve. Makes 35 to 40  
crostini snacks.

Note: Choose chicken and tur-  
key with sun-dried tomatoes,  
whiskey fennel, Italian, or Creole  
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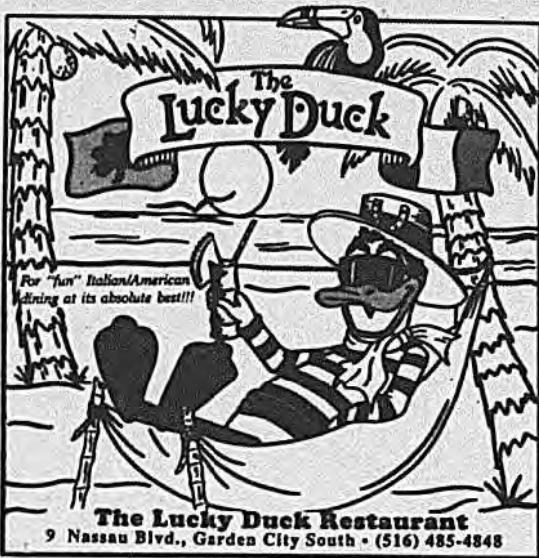
This newspaper, and the seven other weekly newspapers associated with it, publishes the last word in restaurant guides and a paid listing of many prominent selected restaurants in this area. While many of them have been rated by the great, and near great food connoisseurs, our readers will have the last word through "Reader Ratings."

Through a special 24 hour phone system, readers will be asked to call in their assessment of each restaurant they visit. Consensus ratings (good or bad) will be published as a continuing part of the guide.

In addition they can make suggestions, compliments or criticisms through the open phone line and messages will be sent through to the restaurant management.

Guide to Good Dining

# DINING GUIDE



## Vegetarian View

By Margaret Wing-Peterson

A meatless diet was once a stigma of the poor — no means for even a scrawny chicken in an occasional pot. Now meatless is mainstream, as Americans more earnestly adopt a wellness-promoting lifestyle.

Forsaking red meat, poultry or seafood yet eating adequately is much easier than previously advised. Nutritionists initially had warned meatless diets would lack usable protein unless the plant-food alternatives were eaten simultaneously at mealtime.

At issue was the need for certain amino acids essential to the body's construction of protein. After protein from food is consumed and broken down into amino acids, the body rearranges the amino acids into new protein for skin, hair and so on.

Without the proper mix and amounts of the required amino acids, protein building won't continue properly. Ample essential amino acids are found in many animal-protein foods such as meat, but plant-based foods provide less to them.

Plant foods also differ in their amino acid levels, and one plant food can fill the amino-acid gap left by another. By this pairing or "complementing" mutually beneficial plant foods, the body can get sufficient amino acids. Thus, in the past, vegetarians were advised to rely on specific quantities of plant foods combinations for a meal.

Thankfully, today's rules have been liberalized due to better understanding of nutrition. A well-nourished individual can eat plant-protein sources at least several hours apart because the body has some ability to save and draw on amino acids as needed.

Generally, vegetarians who eat eggs, milk or cheese need not worry about amino acid deficiencies because their diets include these high-quality animal protein foods. As the diet becomes more restricted, however, individuals must be more concerned about nutrient adequacies.

The strict vegetarian who shuns all animal products must obtain vitamin B12 elsewhere and consume enough plant foods for sufficient protein, calcium, iron and other important minerals and vitamins.

Choosing vegetarian can reduce dietary cholesterol since only animal products naturally contain cholesterol — unless "meatless" becomes a license to load up on cheese, eggs, cream and fat-containing milk and yogurt.

### PASTA WITH EGGPLANT AND TOMATO SAUCE

1 pound eggplant, peeled and diced into ½-inch pieces  
1 teaspoon salt  
2 tablespoons olive oil, divided  
4 cloves garlic, minced (or to taste)  
1 small onion, minced  
3 pounds fresh ripe tomatoes, peeled, seeded and chopped or 2 cans (28 ounces) plus 1 (15-ounce) can low-salt tomatoes,

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Continued On PAGE 8A

# DINING GUIDE

## READER RATINGS



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#### (Guide to Good Dining)

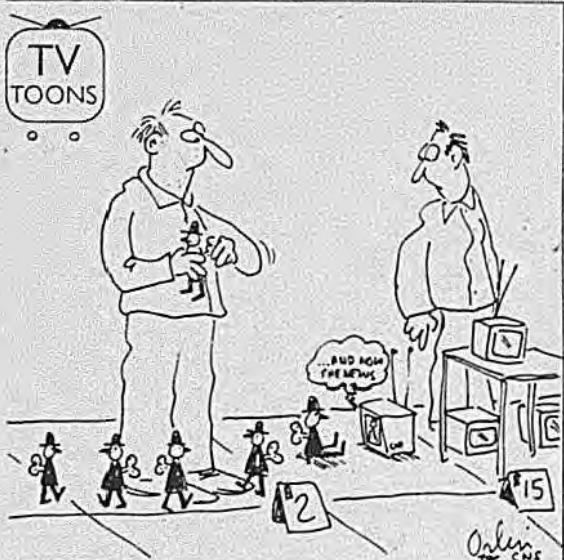
## KITCHEN HINTS

### The family loves pork

You wonder how long to cook it.

#### Here are USDA guidelines:

1. Use a meat thermometer. Cook to internal temperature of 160 F for medium, 170 F for well-done.
2. Studies prove that trichina are killed between 130-140 F, so a large measure of safety is included.
3. The old recommendation of 185 F produces dry, tough pork.



Q. I have heard it said that white wine is best with chicken. However, one of the best restaurants I know frequently serves chicken in a sauce made with red wine. I would appreciate your comment.

A. You are quite correct! The French, who may well be the best cooks in the world, prepare their famous coq au vin dish with red burgundy wine.

Incidentally, when chicken is served this way, it is preferable to order red wine rather than white to accompany the entree.

Q. When eating out, I am often tempted to enjoy my pie or pudding served with whipped cream. Tell me, how many calories do I actually save when I skip this all too delicious extra? A. Whipped cream has 28 calories per tablespoon, so I would guess that the number of calories in the topping adds up to 150 or 200.

Q. I am in the habit of dining with my wife at a certain local restaurant which offers wonderful food at reasonable prices. Usually when I see the proprietor on the way out, I compliment him. My wife tells me this is out of line, but I see nothing wrong with expressing my gratitude whenever someone, including a restaurant owner, has done a commendable job. What is your opinion?

A. I'm with you all the way. I feel sure the proprietor appreciates your thoughtfulness and that your kind words would encourage him to continue doing his best.

Q. Once or twice a year the members of my club go to an ultra expensive restaurant where there is a wine steward. If we accept his services, how much should we tip him?

A. It is proper to tip a wine steward ten percent of the bill in round figures.

Q. Many years ago when I was growing up, roast beef was almost always served with a thick brown gravy. But today, "roast beef au jus" is the usual listing I see on restaurant menus. Can you explain this change?

A. There is a growing belief that the natural flavor of food may be enhanced, but should never be covered up by heavy sauces or gravies. Today, people are more health conscious than they used to be and they often try to avoid foods such as gravies which have a high calorie and cholesterol content.

Q. When dining out with a group of ten or twelve people is it necessary to wait until everyone at the table is served before starting to eat?

A. No, at a large table such as you describe it is usual to begin eating when three or four people have been served. It would be thoughtful for the host or hostess, if there is any, to urge guests to begin eating so their food will not get cold.

# DINING GUIDE

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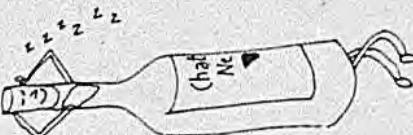
### KITCHEN HINTS

#### Your are beginning to buy wine

But don't know how to store it.

Wines are lazy; here's why:

1. Rest bottles on their sides to keep the corks moist and springy, guaranteeing airtight fit.
2. Oxygen in air hastens white wines turning brown and red wines a deep brick color.
3. Also, heat hastens oxidation. Keep wines in cool place, about 55 degrees F is best.

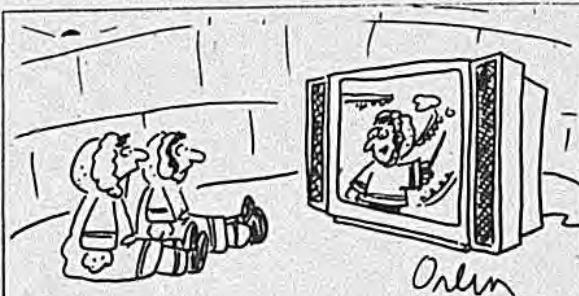


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## Vegetarian View

Continued From PAGE 5A

well-drained and chopped  
(save juices)  
3 tablespoons tomato paste  
Pinch sugar (optional)  
2 to 3 tablespoons chopped  
fresh basil or 2 teaspoons  
dried basil  
2 tablespoons minced fresh  
parsley  
Freshly ground black pepper  
and salt to taste  
1/4 pound pasta, uncooked  
1/4 cup grated Parmesan  
cheese

Yields 5 to 6 servings.  
Per serving: 343 calories, 61  
grams carbohydrate, 12 grams  
protein, 7 grams fat, 18 percent  
calories from fat, 3 milligrams

Sprinkle eggplant with salt;  
allow to drain in colander 30 minutes.  
Rinse; shake dry in kitchen  
towel. Place in a 9x13-inch baking  
dish that has been sprayed with  
non-stick cooking spray; toss with  
1 tablespoon oil. Cover tightly;  
bake 30 to 35 minutes at 450 F or  
until tender.

Meanwhile, prepare tomato  
sauce: Sauté garlic and onion in  
remaining tablespoon of oil over  
low heat until onion just turns  
golden. Add tomatoes, their juices  
and tomato paste. Add sugar if  
sauce tastes too acidic. Simmer  
uncovered over medium heat, stir-  
ring often, for 40 to 55 minutes or  
until thickened.

Stir in eggplant, basil and pars-  
ley; season with pepper and salt.  
Heat through. Prepare pasta ac-  
cording to package directions.  
Drain well, toss with sauce and  
garnish with Parmesan cheese.



# DINING GUIDE

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**MICROWAVE MAGIC**

Desiree Vives

**Lemon-luscious recipes**

There was a song that was popular a couple of decades back: "Lemon tree, very pretty, and the lemon flower is sweet, but the fruit of the poor lemon is impossible to eat." While it's true that eating a raw lemon might make your mouth pucker, adding lemon to a recipe can yield mouth-watering results.

The lemon tree is native to Southeastern Asia, but it has made its way all over the world. Now, lemons are grown commercially in the small countries flanking the Mediterranean Sea and in California — the world's leading producer of this versatile citrus fruit. And while other fruits are seasonal, lemons are abundant all year.

Surprisingly, commercial growers do not start their orchards from lemon seeds, as you might expect. Instead, they graft lemon buds to the seedlings of other types of citrus trees, like orange and grapefruit.

Lemons have a long and fascinating history. Included in shipboard supplies on long sea voyages, they provided vitamin C that helped prevent sailors from developing scurvy.

Lemons even served in the U.S. military in World War II. Pectin, a powdery substance derived from lemon skins and peels, was used by soldiers to stop wounds from bleeding.

Lemons also pulled double duty during wartime when paper cartons were sprayed with their pulp to resist oils. Such cartons were used to hold gasoline safely for months at a time, freeing metal for more important military uses.

In these health-conscious times, lemons provide a nutritious and weight-wise alternative to other flavor enhancers. Instead of drenching your salads in high-calorie dressings, try a sprinkling of fresh herbs, a dash of fresh lemon juice and olive oil. Wedges or thin slices of lemon can provide a flavorful garnish to beverages and many of your favorite dishes, while grated lemon zest adds intense lemon flavor. Use a small hand grater or "zester," scraping only the outer layer of peel and avoiding the white "pith" underneath (this has a bitter flavor).

Lemons might be sour and inedible on their own — but add lemon to recipes like one of these easy-to-prepare microwave dishes, and you've got a lusciously lemony winner.

Recipes in this column are tested in 625- to 700-watt microwave ovens.

**MIDDLE EAST MEATBALLS FOR TWO**

$\frac{1}{2}$  cup canned chicken broth  
 $1\frac{1}{2}$  tablespoons plus 1 teaspoon lemon juice

1½ teaspoons cornstarch  
 $\frac{1}{4}$  teaspoon salt  
1 egg  
 $\frac{1}{4}$  pound lean ground beef  
1 clove garlic, minced  
2 tablespoons minced onion  
1½ teaspoons dried mint leaves, crumbled  
1 tablespoon flour  
 $\frac{1}{2}$  teaspoon pepper  
1 tablespoon chopped fresh parsley  
Hot cooked rice

Yields 2 servings.  
Preparation time: 10 minutes.  
Cooking time: 8 to 10 minutes.  
Oven setting: HIGH (100 percent power).

Combine chicken broth, lemon juice, cornstarch and salt in 1-cup glass measure; stir. Set aside.

Beat egg until frothy in medium-size mixing bowl. Add ground beef, garlic, onion, mint leaves, flour and pepper. Blend well, then shape mixture into a dozen meatballs.

Arrange meatballs in circle around edge of large microwave-safe plate. Cover loosely with wax paper and microwave 5 minutes. Drain off juices. Turn meatballs over and rearrange; cover with wax paper and microwave 1 to 2 minutes longer, or until meat in center is no longer pink. Set aside.

Stir lemon mixture well. Microwave 1½ to 2½ minutes, or until bubbly and thickened, stirring every minute. Add parsley and microwave 30 seconds longer.

Arrange meatballs on serving platter over hot cooked rice. Drizzle lemon sauce over all. Serve immediately.

**CREAMY LEMON SAUCE FOR FISH OR VEGETABLES**  
2 tablespoons butter or margarine  
2 tablespoons flour  
 $\frac{1}{4}$  teaspoon salt  
 $\frac{1}{2}$  cup half-and-half or light cream  
1 egg yolk  
 $\frac{1}{4}$  cup chicken broth  
1 tablespoon lemon juice  
1 teaspoon each dried parsley flakes and dried dill

Yields 1½ cups sauce.  
Preparation time: 10 minutes.  
Cooking time: 2 to 4 minutes.  
Oven setting: HIGH (100 percent power).

Place butter or margarine in 1-quart microwave-safe casserole. Microwave 30 seconds to 1 minute, to melt. Add flour and salt, stirring to blend, then stir in half-and-half. Microwave 30 seconds to 1 minute, just until bubbly; stir.

Beat in egg yolk, then add chicken broth, lemon juice and seasonings; stir. Microwave 1 to 2 minutes, or until heated through and thickened. Serve with fish or vegetables.

**FOR TEENS**By Willard Abraham,  
Ph.D.

**Dr. Abraham:** My boyfriend has started to ride his bicycle to school (he used to walk), and I'm so worried that he might get hurt. It is so dangerous the way some people drive. I really wish he would still walk to school, for two reasons: his safety and because I walked with him and liked it so much.

The bike was a birthday present from his folks, so now there isn't a chance in the world of getting him not to ride. He loves it so much that I sometimes think he would take it to bed with him if he could.

What suggestions can I give him to keep him safe? Any ideas you have would be so valuable, as your ideas always are. — Safety Girl

**Safety Girl:** What a thoughtful person you are. And how lucky he is to have you in his life.

Some practical safety ideas were recently issued by the Governor's Bicycle Task Force in Arizona. Here are some of the major ones:

- All cyclists should use a white helmet. Serious injuries and fatalities usually result from head injuries.

- He should wear light, bright colors, yellow, white and/or neon.

- He is probably too smart for this one — wearing audio headphones while riding. They are a definite no-no. So are excessive speed, swerving into traffic and taking chances.

- He should yield the right-of-way even when it belongs to someone else. This isn't the time or place for a confrontation over whose space it is.

- Starting or stopping the bicycle is when cyclists may sometimes tend to fall. That is when it is especially important to be careful.

- Cyclists must ride close to the right curb except when passing other bikes and vehicles, preparing for a left turn and avoiding obstacles or road hazards.

- After dark a white front light and a red rear reflector are very important.

- He should use the regular motorist hand signals (exception: extending the right arm straight out for right turns is often acceptable).

- He should try to "see through motorists' eyes" by being where they would expect him to be, not in unexpected spots.

Thank you, "Safety Girl," for giving me a chance to share these ideas with you and him, as well as with other bicyclists who may sometimes forget to be careful.

**Dr. Abraham:** I was so glad to read a newspaper article about television food ads related to stuff that isn't good for kids. It's about time, too, because I remember when I was younger (I'm now 15 years old) I sure begged my mother to buy all the junk food, especially cereals, that were in the TV commercials.

For a while she wouldn't listen, but then she couldn't stand it any longer and gave in. I remember her once saying, "All right. You win."

I didn't really win. I lost because I became a food junkie until I learned better about sugar and calories. I know now what is good for me and what isn't, but I wish I'd known earlier.

Oh, well, as they say, better late than never. — Health Girl

**Health Girl:** I, too, read some of those news articles based on efforts of the American Academy of Pediatrics to get television people to stop pushing foods that can lead to overweight and high cholesterol levels in kids.

One pediatrician was quoted as saying, "Television viewing promotes inactivity and food consumption," partly through a heavy dose of food ads. When that food consumption includes foods which are not totally nutritious, the problem becomes greater, especially for kids.

Thanks for your reminder to other teens, Health girl, and perhaps through them to their younger brothers and sisters — and also to their parents.

**Dr. Abraham:** I like to be alone with this girl, just talking, watching television or going to a movie or a sports game. She'd rather be with other kids, sometimes even in large groups.

So we often talk about how different we are, and it ends up with a funny feeling that maybe we should look for another girl or guy to be with.

She is basically so nice and so pretty, and smart, too. She is my first girlfriend. I'm 14 years old, and so is she.

I really want to know what you think about us. — Waiting

**Waiting:** Why not consider a compromise that includes both choices, the twosome settings that are at least somewhat pleasant for her and the larger groups that you can most easily take in stride?

If you give this approach a chance, please let me know how it works out.

# Cooking Corner



## Lamb a French Easter tradition

By Maureen Clancy

In spring, the Frenchman's fancy, which is turned to thoughts of love year-round, also turns to lamb.

"All French people eat lamb for Easter," said Jean-Andre Charial, chef of the famed Oustau de Baumaniere in Les Baux de Provence. "They do this because it became a tradition in the days when lambs only had babies one time each year, in the spring. Now they have babies more often, but the tradition remains."

At Oustau de Baumaniere, which translates as "hotel of the easy-to-climb rocks" (the town of Les Baux is an ancient stronghold, perched on towering, rocky cliffs), baby leg of lamb is the specialty.

As Charial whisked a sauce, he said the meat he uses is from animals 6 to 8 weeks old that come from Les Alpilles, a small mountain range in the area with optimum grazing conditions.

In the dramatic restaurant, a centuries-old manse with stone floors, vaulted ceilings, immense fireplaces and antique furnishings throughout, lamb is featured in several forms.

The best known, and most often ordered, is the leg of baby lamb *en croute*. Wrapped up in puff pastry, brushed with egg wash and baked until golden brown, the lamb is butter-soft, with a delicate yet pronounced flavor. Two sauces, based on reduced stock, are offered on the side.

The Charlotte d'Agneau is another Baumaniere specialty. For this handsome but complex dish, a rich lamb stew is made with tomatoes, onion, garlic and fresh herbs. Then a charlotte mold or souffle dish is lined with baked eggplant slices. The lamb is added to the dish, wrapped completely with the eggplant, baked and served with a vivid sauce of red bell pepper and creme fraiche. Rack of lamb roasted with fresh savory also is served.

Though Oustau lost its cherished third star in the 1990 *Michelin Red Guide*, the restaurant remains a destination for food lovers from throughout the world. Wolfgang Puck chose it as the site of his wedding to Barbara Lazaroff.

Popular feeling is that the demotion was due to the recent change in administration — Charial took over from his 90-year-old grandfather, founder Raymond Thullier.

Though fresh baby lamb is not available in many supermarkets, spring lamb from New Zealand is available in some stores. Cooks

can use a variety of cuts of spring lamb for the following festive recipes.

### SADDLE OR LEG OF LAMB IN CRUST

2 tablespoons sweet butter  
½ teaspoon salt  
¼ teaspoon freshly ground black pepper  
1 boned saddle or leg of lamb  
2 pounds spinach, cleaned and cooked  
½ teaspoon salt  
¼ teaspoon freshly ground black pepper  
2 tablespoons shallots, chopped fine (about 3 to 4 shallots)  
1 clove garlic, crushed and finely chopped  
1 pound puff pastry for crust  
1 egg yolk mixed with 1 tablespoon milk or cream for the wash

Yield 8 servings.

Melt butter in large skillet and when hot, salt and pepper meat and brown on high heat for about 1 minute on each side to sear. Set meat aside to cool.

Heat drippings until they turn dark brown and add spinach with salt and pepper. Stir with fork to separate leaves and add shallots and garlic. Sauté on medium heat for about 1 minute, stirring occasionally. Remove spinach to plate and cool.

Roll out puff pastry into large rectangle about ¼ inch thick.

Set meat in center of dough. Meat, as well as stuffing, should be cool.

Arrange spinach on top and around meat. Brush sides of dough with egg wash and fold 1 side over meat carefully. Bring other side on top so it overlaps slightly.

Trim dough to leave only a bottom flap on each end of meat. Fold flap back on meat to enclose saddle or leg tightly.

Place package, seam side down, on a parchment-lined cookie sheet. Brush again with egg wash and decorate with strips of dough in crisscross pattern. Brush decorations with egg wash and let set in refrigerator for 1 hour before cooking, if possible, or in freezer for 15 to 20 minutes.

Place in a preheated 425 F oven for 30 to 35 minutes for a medium-rare saddle. Remove from oven and let meat rest in warm place for at least 15 minutes before carving.

The carving is a little tricky. Use a long, thin, sharp knife and cut ¼-inch slices to reveal meat

and spinach. Serve with natural juices.

*Adapted from "La Methode" by Jacques Pepin (Pocket Books).*

### BAUMANIERE'S LAMB CHARLOTTE WITH RED PEPPER SAUCE

#### Red Pepper Sauce:

4 red bell peppers (about 1 pound)

2 tablespoons virgin olive oil

Pinch of salt

#### Tomato Sauce:

1 tablespoon virgin olive oil

5 medium tomatoes, peeled, seeded and coarsely

chopped

1 medium onion, finely

chopped

1 clove garlic

Salt and freshly ground black pepper to taste

#### Lamb:

1 ½ pounds boned leg of lamb, fat and tendons removed (ask butcher to do this for you)

2 tablespoons olive oil

Handfuls of mixed fresh herbs, preferably basil, thyme, chervil, oregano and flat-head parsley, minced

¼ clove garlic

2 medium eggplants (about 2 pounds)

3 to 4 tablespoons virgin olive oil

Salt and pepper to taste

Yields 8 servings.

*Red Pepper Sauce:* Cut peppers in half, remove stems and seeds, and cut them into very thin strips.

Heat oil in medium skillet over medium heat. Add peppers and cook, stirring frequently, until tender, about 30 minutes.

Place peppers with pan juices in food processor or blender and puree. Add creme fraiche and puree again. Season with salt.

*Tomato Sauce:* Combine 1 tablespoon oil, tomatoes, onion and garlic in pan. Cook, stirring often, over medium-high heat until reduced to thick sauce, about 20 minutes. Season with salt and pepper.

*Lamb:* Cut lamb into 1-inch cubes. Heat oil in a large skillet over medium-high heat, stir in

herbs, garlic and tomato sauce and cook, stirring frequently, until ingredients are heated through, 5 to 8 minutes. Season with salt and pepper.

Preheat oven to 450 F.

Prepare eggplant: Peel and cut eggplant lengthwise into slices ¼ inch thick. Using pastry brush, coat both sides of eggplant slices with olive oil and place them on oiled baking sheet.

Bake eggplant until bottoms are light brown, 5 to 10 minutes. Turn and bake until light brown on other side, about 5 minutes longer. Check eggplant frequently and remove slices as they brown.

Line 5-cup charlotte mold or souffle dish with eggplant slices: Arrange them in fanlike fashion, allowing slices to overlap and placing narrowest ends in center of mold and wide ends over edge. If there is any leftover eggplant, chop it coarsely and add it to lamb mixture.

Fill mold with lamb mixture and cover lamb with overhanging eggplant. Cover dish securely with aluminum foil. Bake until heated through, about 30 minutes. Remove from oven and let sit for a few minutes.

If serving at room temperature, this can be prepared several hours in advance.

If serving dish warm, gently beat red pepper sauce. Carefully unmold charlotte into center of a large shallow platter. Spoon sauce around charlotte and serve immediately.



## KITCHEN HINTS

### The recipe calls for baking powder

Alas, the can is empty.

Here are easy substitutes:

- For each teaspoon of baking powder, mix together ¼ teaspoon baking soda and ½ teaspoon cream of tartar.
- Or mix together ¼ teaspoon baking soda with ½ cup buttermilk or yogurt.
- Do not prepare the substitutes ahead; mix when needed.



# Garden Talk

By C.Z. Guest

## Tips for the novice gardener

While experience is the best teacher, you can always learn from others. Some tips for those just starting out:

- Start small. The first year or two, plan a small patch, no larger than 12-by-12 feet. Plan to raise a few varieties of flowers and vegetables that you can sow directly into the garden.

It's best to start with favorites. If you don't care too much for carrots, you'll find greater satisfaction in growing peas than carrots! If you enjoy eating peas, plant several rows.

- Know where your water source is located and plan your garden close by. A very common mistake of beginning gardeners is to establish the garden patch too far away from the water source. Who wants to carry buckets of water or drag a hose out to the garden?

- Choose high-yielding and easy-to-grow varieties, such as lettuce, carrots, radishes and summer squash, for your first garden vegetables.

For flowers, consider marigolds, zinnias and alyssum. They are easy to grow from seed and produce reliable, colorful blooms for arrangements all summer long.

- Correct drainage is most important. Even the best soil won't produce if a garden has poor drainage! Raised beds are perfect for waterlogged soil, or you can install drainage tiles under the garden. These route the water away from your productive soil.

- Determine the quality of your soil. Good soil is another important factor in successful gardening. Don't worry if your soil is not of top quality. This is one of the easiest things to change! Garden soil lacking in nutrients can be amended by adding organic fertilizer.

Have a sample of your soil quality-tested by a laboratory. Your local nursery can tell you where to go for such a test and how much it will cost and give you helpful tips on how to make use of the findings.

**C.Z. Guest** is a gardening authority whose work appears in *House and Garden* and author of numerous books and videos, including "Five Seasons of Gardening" (Little, Brown and Co.).

## The beginning gardener

- Plant a small patch no bigger than 12 square feet.
- Locate your garden close to a water source.
- Plant high-yielding crops, such as lettuce, carrots, radishes and summer squash. For flowers, try easy-to-grow marigolds, zinnias and alyssum.
- If your garden has poor drainage, use raised beds or install drainage tiles under the soil.



# Our Children

By Willard Abraham, Ph.D.



## Helping sisters get along

Q. Do all kids in the same family have the kind of love-hate relationships that our two daughters have? They are 11 and 13 years old and seem so normal, except for how they get along. It's almost a kind of manic-depressive attitude toward each other.

We never know which relationship will be on tap when my husband and I get home from work. It is such a relief when they are both happy and not bickering, screaming or crying.

A little analysis from you might help us.

A. When parents worry about their adolescent youngsters, they sometimes forget about that kind of preteen behavior that they have already lived through.

The age of your daughters occasionally is the most difficult period for parents to survive. It can, and frequently does, include characteristics like the ones you've cited.

A consoling thought is in these ancient words: "And this, too, shall pass." It also is a bit comforting to recognize that your daughters can be pleasant and even the best of friends at least part of the time.

A fine book, recently published, could be of interest to you (and also to your youngsters). It is "Between Brothers and Sisters" by Adele Farber and Elaine Mazlish (Avon Books). Its subtitle is "A Celebration of Life's Most Enduring Relationship." The beautiful narrative and rare collection of pictures that it offers have a way of getting through to young people, as well as their parents.

Q. My brother-in-law has a practice with our two young children (they are 3 and 5 years old) that I think may not be wise. Whenever he comes over, he gives them some candy cigarettes. They like them, of course, and they are fond of him, too, but what about the sugar content?

Our family diet is as sugar-free as we can make it, so that candy given to them really worries us. I don't want to offend him, but I wish he would stop giving it to them.

Any ideas you can provide will be so welcome.

A. You might consider suggesting to him that he substitute playing a game with them, reading a favorite book of theirs with them, even watching a television show or videotape with them once in a while or showing affection and closeness in other ways. It may take some phasing out to gradually eliminate the sugar cigarette gift.

A study published in the January issue of *Pediatrics* magazine, the medical journal of the American Academy of Pediatrics, offers another possible reason for discouraging his practice. It could, perhaps, relate to later smoking habits.

Here are three excerpts from the report:

"Researchers found that young children played with candy cigarettes and made references to smoking behavior."

"Candy and bubble-gum cigarettes are packaged to resemble cigarette brands" and "may in fact be one of the first experiences a child has with smoking behavior."

"Our study is additional evidence that elimination of candy cigarette products should be part of efforts to prevent smoking initiation by children."



# Our Children



## Fitness Forum

### As a nutrient, vitamin C is A-1

By Jack Williams

If you were a sailor on an extended voyage in the 15th or 16th century, aboard a ship whose supplies lacked fresh fruit and vegetables, chances are you would see sickness.

Bleeding gums and aching feet and legs were the major symptoms, all of them attributable to the lack of C rations — as in vitamin C — in the sailors' diet.

When limes were brought aboard British vessels, in the absence of other citrus fruits (navel oranges would have been excellent) and vegetables, the symptoms we know as scurvy disappeared.

And the significance of vitamin C was forever implanted on the medical consciousness.

In subsequent years, vitamin C has been linked — either as a therapeutic or preventative factor — to heart disease, cancer, the common cold, cataracts, Alzheimer's disease and various viral and immune disorders.

Lester Packer, Ph.D., a University of California, Berkeley, professor of molecular and cell biology, is well known for his research in disease prevention and antioxidants (substances that inhibit the damage that oxygen can cause to the cells).

"I would call vitamin C one of the body's primary preventative antioxidants," said Packer. "From a dietary standpoint, it may be the most important antioxidant."

"Vitamin C and E, for example, talk to each other. One reinforces the other, but without C aiding the regulation and preservation of E, we would really be in trouble."

"It helps make other antioxidants effective."

Packer, in some of his most recent research, has confirmed what was found among British sailors in the 15th and 16th centuries.

"It turns out," said Packer, "that the sailors doing the heavy exercise were the ones most affected by scurvy. Those who sat in the cabin didn't get it."

"What was true then is true today: If you exercise, you will use up vitamin C (and other nutrients) faster."

It also has been shown, said Packer, that heavy exercise substantially increases the circulation of free oxygen radicals, which can play havoc with the immune system: another argument in favor of increased vitamin C consumption or supplementation.

"Oxygen," said Packer, "is toxic. You need it to live, but you can't live indefinitely in its presence."

ence.

"It's becoming more apparent that every disease involves free radicals. It used to be thought that free radicals might just be something rare. Now we're seeing that chronic diseases involve free radicals and that some are even caused by them, so it's important to have our defenses up."

In the case of free-radical damage induced by exercise, "tissues repair," acknowledged Packer, "but with higher antioxidant levels it appears that they repair better."

It's also apparent, he said, that a well-conditioned person suffers less free-radical damage: "If you're properly trained, the damage you see is minimized, the body's defenses are raised."

But so, it appears, are the body's requirements for vitamin C.

In that vein, Packer and other scientists contend that "there are long-term health benefits to taking levels of vitamin C higher than the minimum daily allowance (Recommended Dietary Allowance) established by the National Research Council."

While the government recommends 60 milligrams of C daily for adults (the equivalent of 4 ounces of orange juice) and 100 mg. for smokers, the best available data suggests that adults and children over 10 years of age may benefit from 250 to 1,000 mg., according to Sheldon Hendler, M.D., Ph.D., author of "The Doctor's Vitamin and Mineral Encyclopedia." (Simon & Schuster)

But two-time Nobel laureate Linus Pauling, who turned 91 this year, takes as much as 18 grams (18,000 milligrams) a day. Eight to 10 grams of ascorbic acid (vitamin C) a day may increase life span up to 24 years, he has said.

Because body tissue becomes saturated with vitamin C when it is consumed in amounts of 100 to 150 mg. per day, megadoses are of little value, according to pediatric researchers J. Roberto Moran, M.D., and Harry L. Greene, M.D., at the Vanderbilt University School of Medicine in Nashville, Tenn.

In fact, such side effects as abdominal cramps, diarrhea and kidney stones have been reported in some megadosing individuals.

The debate on the therapeutic and preventive effects of vitamin C will, nevertheless, go on for a long time.

## YOUR BODY

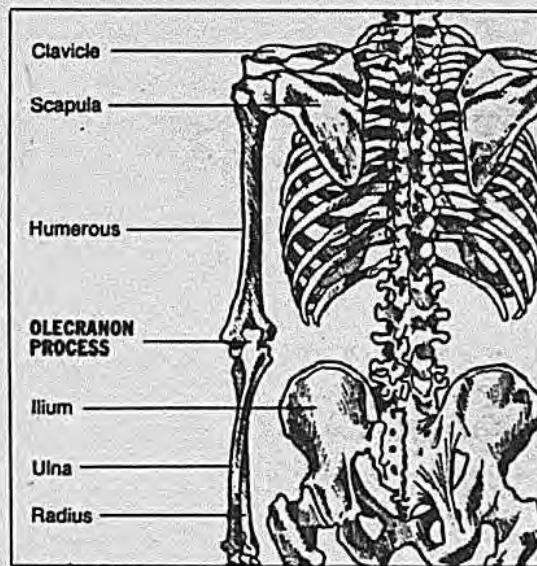


Illustration by Ed Gabel

### THE OLECRANON PROCESS

**WHAT:** The olecranon (oh-LEH-kra-non) process is the Greek name for "elbow." The term "process" means a projection or outgrowth of bone or tissue. The elbow is a joint, where bones meet. Words pertaining to the elbow include *olecranonitis* (inflammation of the elbow joint) and *olecranon* (similar to the elbow).

**WHERE:** The olecranon is a large process of the ulna, a bone of the lower arm. The arm's three bones, the ulna, the radius and the humerus, meet at the elbow. The ulna's head forms the bony prominence of the elbow.

**FUNCTIONS:** The elbow joint allows you to bend, flex and turn your arm. An "elbow jerk" is the involuntary bending of the elbow caused by striking tendons of biceps

or triceps of the upper arm. A doctor may strike the tendon to test a person's arm reflexes.

Tennis elbow is a common complaint among tennis players, but anyone who has overworked his arm muscles after a period of muscular inactivity may acquire it. Pain usually radiates from the elbow to the wrist and the wrist may be weak. Grasping objects often becomes difficult.

Treatment for tennis elbow ranges from keeping the arm still for a period of time (sometimes a sling helps), heat applications or anti-inflammatory drugs to surgery.

There is also a place on the elbow where the ulnar nerve is close to the surface of the skin. If you hit that nerve, you'll feel an odd tingling in your arm often referred to as "hitting your funny bone."



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By Kit Snedaker

## Healthy recipes feature lively lentils

Lentils have been around longer than any other bean. They are so old authorities believe the "potage" for which Esau sold his birthright was actually a dish of lentils.

Today cooks treasure them because lentils cook quickly, adapt to any kind of treatment from salad to chili and are loaded with protein (25 percent). I like them because they have a sweet, nutty flavor not subdued by any amount of chili powder, garlic or cayenne.

Whether you buy green, brown or red lentils, the flavor is the same. In France brown and green are favored; in India red lentils are prized. I like to mix colors.

Here lentils make "Hamburgers" With a Nut Sauce. They can just as easily be topped with non-fat yogurt, or ketchup, for that matter. For Lentil Chili, they add texture and a discreet flavor that says "this isn't beef chili, but it's great." And for company lunches or to use leftover lentils, I make a Lentil Salad that can be served warm in cold weather or cold in warm weather.

### LENTIL HAMBURGERS

#### WITH NUT SAUCE

- 6 ounces cooked lentils drained
- 1/4 cup bread crumbs
- 1 egg white or 1/4 cup egg substitute
- 1 clove garlic
- Non-stick spray
- 2 teaspoons melted margarine or olive oil
- 1/4 cup chopped onion
- 1 1/2 teaspoons all-purpose flour
- 1/4 cup non-fat milk
- 1/4 cup minced fresh parsley
- 1 ounce finely chopped nuts (walnuts, peanuts, pine nuts)
- Pinch nutmeg

Yields 2 servings.

Each serving has about 320 calories, 12 grams fat, 3 milligrams cholesterol and 480 milligrams sodium.

Put lentils in workbowl of food processor and pulse until chopped, but not pureed. Add bread crumbs, egg white and garlic, and pulse to mix. Remove from bowl and shape into patties.

Spray non-stick skillet with non-stick spray, add patties and cook over medium heat until browned on each side. Remove patties to serving plate and keep warm. Add margarine or olive oil to skillet, turn up heat and add onion. Sauté just until soft. Sprinkle flour over onion and stir for about 1 minute, then gradually add milk, stirring frequently until thickened. Add parsley, nuts and nutmeg and cook until heated through. Serve over lentil patties.

### LENTIL CHILI

- 1 tablespoon olive or vegetable oil

- 1 onion chopped
- 1 carrot, chopped
- 3 cloves garlic, minced
- 1 green pepper cored, seeded and chopped
- 1/2 cup lentils
- 2 teaspoons chili powder
- 1 teaspoon ground cumin
- 1 bay leaf
- Pinch cayenne
- 1 (1-pound) can low-sodium tomatoes, chopped but not drained
- 1/2 cup cooked chickpeas
- 1/2 cup cooked black beans
- 1/2 cup cooked pinto beans
- 1/2 cup rice

Yields 4 to 6 servings.

Each serving has about 400 calories, 5 grams fat, no cholesterol and 50 milligrams sodium.

Put oil in large heavy Dutch oven or saucepan and heat. Add onion, carrot, garlic and green pepper. Cook, covered, until vegetables are soft, about 10 minutes. Add lentils, chili powder, cumin, bay leaf, cayenne and tomatoes. If mixture appears thick, add a little water.

Cover and simmer for 10 minutes and add chickpeas, black beans and pinto beans. Cover and simmer for 30 minutes or until lentils are tender. While chili is cooking, prepare rice according to package directions. Serve chili ladled over rice or put both in serving dishes and let diners serve themselves.

### LENTIL SALAD

- 1 pound lentils
- 1 onion
- 2 cloves
- 2 or 3 garlic cloves, minced
- 1 bay leaf
- 1/4 cup plus 1 teaspoon red wine vinegar
- 1 tablespoon Dijon mustard
- 2 tablespoons olive oil or non-fat yogurt
- 1/4 cup non-fat yogurt (optional)
- Chopped parsley for garnish (2 to 4 tablespoons)

Yields 6 to 8 servings.

Each serving has about 270 calories, 1 gram fat, no cholesterol and 120 milligrams sodium.

Put lentils in large saucepan, cover with water. Add onion cut in half with 1 of cloves stuck in each half, 2 cloves garlic, bay leaf and 1 teaspoon vinegar. Bring to boil, lower heat, cover and simmer for about 30 minutes or until lentils are tender but retain their shape. Most of liquid should be absorbed. If lentils are tender, drain off excess. Add more water if they are not.

Remove onion and bay leaf and keep lentils warm. In small bowl mix 1/4 cup vinegar, mustard and oil or yogurt. Stir into lentils. Top with more non-fat yogurt, if desired, and serve warm or cold.

## HEALTH WATCH

### Alcoholism's toll on the American family

The National Center for Health Statistics estimates about 10.5 million Americans are alcoholics, but about 43 percent of all adults older than age 18 have been exposed to alcoholism in some way.

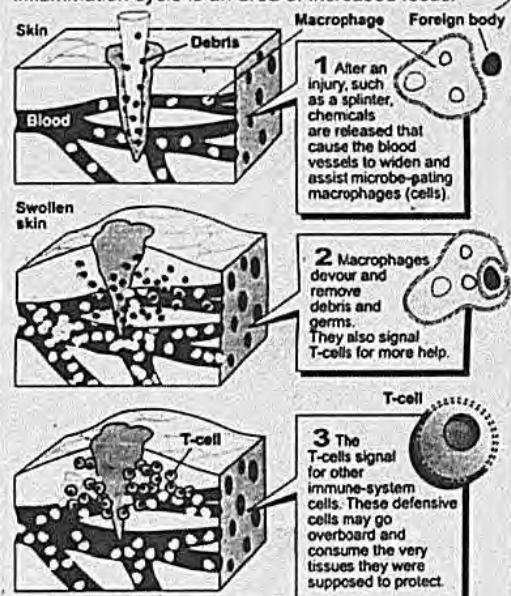
Alcohol exposure among American adults	
<b>18.8%</b>	Have lived with an alcoholic or problem drinker at some time during their childhood.
<b>9.2%</b>	Have been married or have cohabited with an alcoholic or problem drinker.
<b>37.9%</b>	Have a blood relative who is an alcoholic or problem drinker.
<b>42.8%</b>	Have lived with, were related to or married an alcoholic or problem drinker.

SOURCE: National Center for Health Statistics

## DISCOVERY

### Inflammation: bodily defense

After the skin itself, inflammation is the body's defense. If inflammation is inappropriate, as in arthritis, drugs may be necessary. Stopping the inflammation cycle is an area of increased focus.



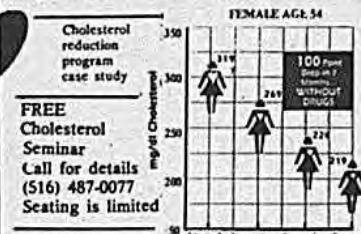
SOURCE: AMA Encyclopedia of Medicine

### Healing the Heart without Drugs

### Lower your cholesterol in just 10 minutes a day without drugs.

Not a diet, not a drug, but a unique, proven effective, medically-supervised program that can lower your cholesterol up to 30%.

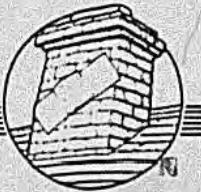
Fast, easy and effective, takes just 10 minutes a day and you can still eat your favorite foods.



**GREAT NECK CARDIOVASCULAR & HYPERTENSION CENTER** 516/487-0077  
835 Northern Blvd. • Great Neck, NY 11021

## Here's How

By Gene Gary.



**Q.** I desperately need help. I would like to know if there is an easier way to put wallpaper on porous drywall in a new home. I know there are special lining papers, but these seem too thick and too soft to my touch. I am not sure that this is what I want to use. Is this the only way you can put paper on porous drywall?

**A.** You should not have to use a liner when hanging wallpaper on drywall. You do, however, need to seal the surface prior to installing wallpaper. Application of a primer-sealer is the normal procedure and will protect the wall from damage should you decide to remove the wallpaper at a later date.

Your local wallpaper dealer should be able to advise you on

selection of a wallpaper primer-sealer suitable for drywall. Professionals often prefer to use oil-based primer-sealers. These products should be allowed to dry for a minimum of eight hours, but 24 hours is ideal.

Lots of do-it-yourselfers prefer acrylic- or latex-based products. These are OK as long as you buy one of good quality. Cleanup is easier and the drying time is only two hours.

Wallpaper liners do have a function in many instances. They provide a neutral beige background that will not show through your wallpaper (particularly suitable if you are dealing with a brightly colored wall surface). They tend to absorb excess moisture should too much paste be applied.

plied during the wallpaper pasting and hanging process. And they provide a surface that assures a better bonding of the wallpaper to the wall, which is necessary in some instances.

In fact, professional wallpaper hangers often call these testing papers and they are used as a trial paper on questionable surfaces to assure that wallpaper will bond to the wall (this is particularly important when dealing with expensive wall coverings).

Liners also are helpful in assuring a smooth surface for the final, exterior covering. However, in your case, the drywall on a new home should be smooth and a suitable surface for wallpaper, with no need for a wallpaper liner.

The United States School of Professional Paper Hanging Inc. offers consumers a packet of information concerning wallpapers and their applications. You can write their office for information: 16 Chaplin Ave., Rutland, VT 05701, or call (802) 773-2455.

**Q.** We have purchased an older home that has had abuse in the past from previous owners. Many

of the walls are marred with gouges and cracks. I want to cover these as much as possible. Is there any covering that will do the job without filling each crack and gouge with new plaster? I would prefer to do the job myself and I do not feel that I am up to a general resurfacing of the walls. Would a textured paint work?

**A.** A textured paint might help. A better solution might be one of the wall coverings available today that are designed to cover surface defects. Many of these coverings can also be painted.

Some products resemble textured fabric. These coverings are applied like vinyl wall covering and will strengthen cracked plaster, cover surface cracks and bridge joints on walls or ceilings.

Check with a large wallpaper dealer in your area for information on this type of covering. This should prove more satisfactory in covering wall defects than any type of paint.

## Decor Score

By Rose Bennett Gilbert



**Q.** I'd like to do something better with my foyer. It's not very big but I can put a narrow table and lamp in there. What would you recommend for the floor (it's marble now) ... for the walls? The foyer opens right into the living room. — A.C.

**A.** Foyers are kind of like appetizers: they should whet your taste for what comes next (in this case, the living room) without overdoing things.

The main ingredient in successful foyer-designing is practicality.

This little anteroom exists as a buffer between the great (dirty, windy, wet and cold) outdoors and your living space. It also is a place to field visitors, to welcome those you're glad to have in your home, and to deal with those who aren't coming any further into your life.

Finally, your foyer serves you and your family, whether you're coming or going.

Keep practicality uppermost when you choose furnishings. You need that table to hold mail and keys. Add a lamp or at least a wall sconce, plus a mirror for final checks on your way out.

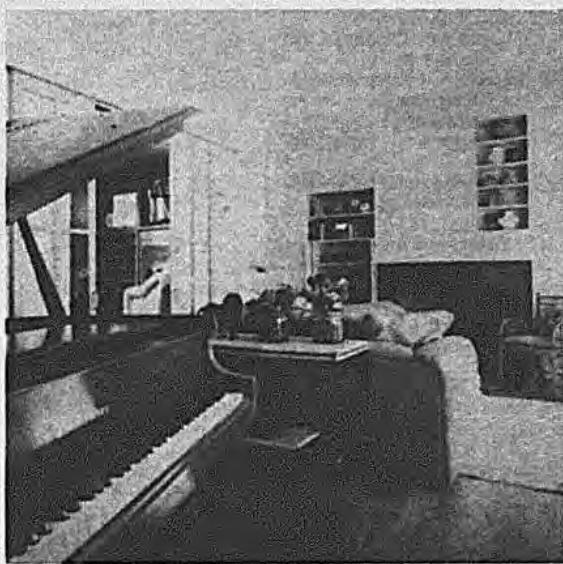
If the foyer is really small, a second mirror on the opposite wall will widen things visually. A chair or narrow bench is another practical addition; so is an umbrella stand, but I probably don't have to tell you that.

Decoratively speaking, the colors and patterns you use in the foyer should relate to what comes next (in this case, the living room).

Cross-referencing wall-covering prints makes the small entryway we show in the photo merge gracefully with the space that follows. Both wear Wall-Tex's "106 Nottingham Place" collection, and

a classic border from the collection helps tie the areas together elegantly.

Finally, your foyer floor: If the marble is still in good shape, keep it. A runner or area rug on top would soften things and reduce both the noise level and the amount of tracked-in dirt. Pretty is still as pretty does, remember.



**SPACE DIVIDED** — By turning its back to the traffic lane, the sofa divides this family space and gives the piano an area of its own.



## LOCAL READER

# CLASSIFIED ADS sure to get results

There Is Nothing Else Like Local Classified Ads From Neighbor to Neighbor

DEADLINE  
TUESDAY  
12 NOON

### ONE AD APPEARS IN 8 LOCAL NEWSPAPERS FOR ONLY \$11.85

Garden City News • Call 294-8900  
Great Neck News  
Mid Island Times • Bethpage Newsgram  
Syosset Advance • Jericho News Journal  
• Call 931-0012  
Williston Times • Mineola Edition  
New Hyde Park Herald Courier  
• Call 746-0240

NOW after 2 p.m. phone-in your ad 24 hours a day to our special after hours ad number. You can phone your ad 24 hours a day and it will appear in the next issue of the paper (up to the 12 noon deadline for week of publication). If you miss the hours of our regular ad takers at any of the above numbers call 746-0240 and give your ad 24 HOURS A DAY.

### Help Wanted

**GIRL/GUY FRIDAY** - 20 hours per week in Hicksville. Self starter, needs office skills. Permanent. Immediate opening. 931-0012

**TYPIST NEEDED FOR** Nights Mon., Tues., Wed. evenings, 5-9 pm hours. Can start immediately. Should be able to type at least 50 w.p.m. Work in Hicksville. 931-0012.

**REAL ESTATE FIRM** seeks experienced sales manager for active Garden City office. Call Ed Keusoy, 747-1300. gcm3

**ACTIVE LOCAL REAL ESTATE** Office has sales position available. Call Robin Valentine for details at the Valentine Agency. 746-7200. wmy4

**BABYSITTER NEEDED** for infant in my Stewart Manor home. Three days: Tuesday, Wednesday, Thursday, 7:30 to 6:30 p.m. 358-2134. wmy4

**AU-PAIR NEEDED FOR** girls ages 1 & 4. Live-in. Most weekends off. E.Moriches, L.I. (near beaches). References required, \$125 per week. 874-2785. wmy3

**DAY BABYSITTER - NANNY** F/T or P/T wanted for 3 year old in our New Hyde Park home. Position can be live-out or live-in. Nanny/housekeeper with private room and bath. Happy, secure family. Must speak English, non-smoker, references required. Please call 294-1994. gcm3

**NEWSPAPER WRITING** Good chance for students, retirees, housewives. Attend local evening meetings, & write articles for local newspapers. Pay is on a per article basis. Some experience helpful, must be reliable. Call 931-0012. wtfn

### Help Wanted

**P/T COLLEGE STUDENT.** Building maintenance/office help for Garden City law firm. Car necessary. Call L. Hoyer, 248-2500. gcm3

**EXPORT SALES OFFICE** requires typist F/T to work in billing department. Hours, 9-5. Call 741-8755 9-6 daily. gcm3

**PART TIME CHIROPRACTIC** receptionist with emphasis on bookkeeping/clerical & insurance billing. Seeking self-motivated individual with good organizational skills. Will train. Experience preferred. Mon., Wed., Fri. 9-2. Woodbury area. 496-7775. hm4

**PART-TIME SECRETARY** wanted. W/P, light phones, filing for small floral Park office. Word Perfect preferred. Flexible schedule. 25 hrs. per week. Call Katherine 358-7563. gcm4

**CHILD CARE / HOUSEKEEPER.** Full time in my Garden City home. Mon.-Fri. for my two children ages 5 & 7. Must have own transportation, speak English, non-smoker & have excellent references. Please call after 5 p.m. 741-5859. gcm4

**MAINTENANCE: NASSAU COUNTY** Child Care Agency seeks capable individual with overall maintenance background. Duties include carpentry, plumbing, painting, grounds-keeping & some electrical work. Competitive salary, liberal benefits. Call 921-0808, ext. 202. hm4

**LEGAL SECRETARY/F/T** General practice. Estate Work. Experience necessary. Williston Park. 248-0906. wmy3

**DENTAL ASST FOR** Great Neck office. Full time. Must take x-rays. 482-2215. rm3

### Help Wanted

**F/T LIVE OUT** babysitter needed for infant in our Garden City home Mon.-Fri., 8-6 p.m. Non-smoker, English speaking References required. 294-4804. gcm4

**ACTIVE & BUSY REAL ESTATE** Office needs licensed sales persons, experienced or not experienced. 20 hrs. per wk. No charge for desk or phone. Elaine J. Nolan. 485-7054 - 292-9749. wmy3

**HOUSEKEEPER WANTED** to clean large one bedroom Garden City apartment twice a month. Reliable, non-smoker with local references needed. Call 877-2137. 9 a.m. to 7 p.m. wapl

**HOUSEKEEPER: LIGHT COOKING**, mature, reliable, caring, with references for warm, lovely, adult family. Own room/bath-fringe benefits. Will sponsor. Knowledge of English. Garden City area. 483-2361. hm2

**SECRETARY, GARDEN CITY** Real Estate firm. Vivaacious person with typing and steno skills. Career position, small firm. Call Joan 747-2900 or resume, H & K, 65 Hilton Ave., Garden City, N.Y. 11530. hm2

**P/T MEDICAL RECEPTIONIST** Immediate opening. Experienced for dermatologist. Knowledge of CPT and ICD codes. Congenial office. Great boss. Garden City area. 483-2361. hm2

**MEDICAL SECRETARY - TRANSCRIPTIONIST:** Immediate. Pathology and dermatologist's office. Typing, light computer. Congenial office. Great boss. 483-2361. hm2

**F/T BABYSITTER NEEDED**, 4-5 days, 30-35 hours, 5 month old boy. Great opportunity. Call needed. 921-7377. ha2

**BABYSITTER NEEDED** FOR infant 4 days a week, 7:45 a.m.-6 p.m. in our Cathedral Gardens home. Must like dog & cat. Non-smoker only. Call 489-1369. gcap2

**PARK ATTENDANT** WANTED for security. Must be at least 21 years of age. Maintenance of recreation building & playground area. April to November. Ideal for retired person interested in outside job. Applications can be picked up at New Hyde Park Village Hall, 1420 Jericho Turnpike from 8:30 a.m. to 4 p.m. 354-0022. wmy3

### Help Wanted

**LADIES BOUTIQUE - PRESTIGIOUS** North Shore clothing store searching for experienced sales person to join our spirited team. Call 921-7377. hm3

**DOCTOR'S OFFICE MINEOLA**, Clerk-typist, P/T, accurate typing skills necessary. Available immediately. Call 248-4488. gca2

**THE DAY CARE COUNCIL OF** Nassau County seeks loving caregivers to earn money at home, caring for children of working parents. We will support with referrals and resources. 538-1362. gcm3

**YOU'RE INVITED TO A Real Estate Seminar:** Hear the economics of Real Estate Sales! Who the industry leaders are! How you can get started! How you can grow in our dynamic industry. You will discover the advantages, opportunities and benefits of becoming successful in selling your way to the top. The Real Estate industry will become the field of the 1990's. Now is the time! You may be the person! Call Today for next available seminar. No cost or obligation, confidentiality maintained. Century 21 Parkville - 294-1900. wjn2

**SEEKING CHILD CARE** for my four and seven year olds from 3:30 p.m., M-F, at my home. Own transportation, non-smoking and references required. Call 747-0680. wap2

**RECREATION ASST FOR SUMMER JOB** - Must be at least 18 years of age. Some experience working with children. July 6 to August 28. Applications can be picked up at New Hyde Park Village Hall, from 8:30 a.m. to 4 p.m., 1420 Jericho Turnpike. 354-0022. wmy3

### Situations Wanted

**GARDEN CITY HOUSE & OFFICE CLEANING CORP.** Bonded and insured, serving all Nassau County. We will sparkle clean your house or office with a team of experienced, honest and reliable persons who will be in and out in no time until your heart is contented. Cleaning process is supervised by owners, who are Garden City residents. We use our own cleaning tools and detergents. Call for a free estimate 248-8690, leave message and we will promptly call you. gcap2

**FULL TIME LOVING CARE** available for your infant or child in my Williston Park home. Mom with many years experience. 747-2183. wmy4

### Situations Wanted

**VERY NICE LADY** seeks position as a baby sitter, house maid or taking care of an elderly person. Live in. (212) 731-1475. gem3

**POLISH WOMAN LOOKING** for job cleaning houses, housekeeping 4-6 hrs. per day in Garden City, Stewart Manor, Franklin Square or nearby vicinity. Call 327-0259. Leave message on tape. gem3

**HOUSECLEANER & BABYSITTER** available Mon.-Fri. Honest person, experienced & has own transportation. 741-5827. Ask for Maria. gem3

**HOUSECLEANER NEEDS 3** days work. Good references. 488-3382. gem3

**HONEST, RELIABLE,** NURSE'S Aide wants to work with elderly or sick person in any area. 718-949-5516. gem3

**LIVE-IN NANNY AVAILABLE**, from June-September. References available. I am mature, responsible & enthusiastic. Salary & hours are flexible and negotiable. Please call Stacey at 629-1436. gcap1

**REFINED, CAPABLE, COMPASSIONATE**, honorable Garden City resident with automobile will provide elderly care & companionship full or part time. Live in or out. Also interviewing for future assignments to meet individual family needs. 741-8191. gcap1

**ATTENTION VACATIONERS** - WOULD you like to go away and know that your dog or cat is well taken care of? Mature woman who loves animals will give your pet lots of TLC. Fenced in yard. 352-9113. gem5

**CHILD CARE AVAILABLE** NYS certified early childhood teacher with master's degree will care for your child in my Mineola Home. Enriched environment, Playmates. Certified program. Excellent extensive references. 747-5350. wap1

**BABYSITTER, GARDEN CITY** mother with older children wanting to babysit occasionally in your home, daytime. 248-5896. gcap2

**WILL BABYSIT YOUR child** in my New Hyde Park home, Monday to Friday. References. 516-746-7773. WM3

**COMPANION TO ELDERLY** or housecleaning. Call Janet 292-6130. gcap1

**Situation Wanted**

**NURSE'S AIDE WITH** experience of hospital rehab & private home wants to work with elderly & sick person. Very kind personality. F/T or P/T. 248-4029. gcap1

**HOUSECLEANING, DAY WORK**, Monday-Thursday. References, experience and transportation. 489-5890. gcap1

**HONEST, RELIABLE PERSON** seeks position as a companion, housekeeper, babysitting or Part time cleaning. Live-in or out. References available. Call Geneva (718) 856-0576. gcap1

**HOUSECLEANING JOB WANTED**. Mon.-Fri. Experienced with good reference. 294-5475. gcap1

**EXPERIENCED, MATURE, Reliable and Honest Nurse's Aide** seeks position taking care of elderly. Non-smoker. Drive. References. 485-6276. wap2

**CHILD CARE AVAILABLE**, Caring, dependable woman. References. 775-2729. wpm3

**POLISH WOMAN LOOKING** for a job. Live-in or live-out in Garden City area or vicinity. Call or leave message. 327-0259. gcm3

**CARING & COMPASSIONATE** young woman seeks work as companion to an elderly person. Willing to cook meals, take shopping or transport to doctors for appointments. 437-1650. gcm3

**TYPING/WORDPROCESSING SERVICE**- resumes, term paper, thesis, envelopes, labels, agreements, etc. Pickup & Deliver. Sandi 565-5013. gcm3

**GARDEN CITY RESIDENT** seeking professional home care nursing. Experienced, 4 hours or more per day. Contact Garden City News, Box #G, 821 Franklin Ave., Garden City, N.Y. 11530. gcm3

**HOUSECLEANER LOOKING FOR** job. Five years experience, reference available. 564-1149. gcm3

**EARNEST & RESPONSIBLE** person to clean your house. For info call 794-6721. Ask for Martyna. gcm3

**I WANT TO DO HOUSE CLEANING** Monday-Friday. Have experience and reference and own transportation. 489-8479. gem3

**RECEPTIONIST/TYPIST SEEKS** position. Experienced in CPA and Real Estate, also sales. 741-3089. gem3

**CERTIFIED NURSING ASSISTANT** with four years experience. Excellent references. Looking to be employed by elderly or disabled person and offer TLC. Part time/full time. 718-217-7766. wpm4

**HOME ATTENDANT, LIVE-IN**. Assist elderly person. 826-6540 or 785-2014. gcm4

**Situation Wanted**

**HOME ATTENDANT, LIVE OUT**. Assist elderly person. 826-6540 or 783-8373. gcm4

**HOUSECLEANING JOB WANTED**. Have references & experience. 223-9767 or 546-5693. Call anytime. gcm4

**LOOKING FOR HOUSE CLEANING JOB**. Experience & reference. 546-6833. gcm4

**HOUSECLEANING POSITION WANTED**. Experience & reference 546-6833. gcm4

**HOUSECLEANER LOOKING FOR JOB**. Have good reference & experience. 483-5171. Call anytime. gcm4

**EXPERIENCED PERSON SEEKS** weekend job to care for elderly person or day work. Call Sal at any time. 692-2793. gcm4

**HOUSECLEANING AVAILABLE** Mon.-Fri., morning and afternoon. Own transportation. Good references. Call 867-0927. gca2

**HOUSECLEANER AVAILABLE** TO clean houses, apartments and offices, with references. Own transportation. Trustworthy. Please call 747-7988. gca2

**HOUSECLEANING JOB WANTED** 6 days a week. Experience & Reference. Call anytime 538-2918. gcap2

**EXPERIENCED BABYSITTER** Needed for every other Saturday evening or when needed with advanced notice. References. 565-2963. gcap2

**LOOKING FOR HOUSECLEANING JOB** 5 days a week. Experience, reference, own transportation. 292-3074. gcap2

**GOOD HOUSECLEANER WITH** Experience. Looking for sleep out position. Available immediately. Call (718) 740-3597. gcap2

**MATURE, RELIABLE HOUSECLEANER**. Experienced and honest with own transportation and references. 867-6963 or 489-7351. gca2

**I AM A YOUNG Christian woman**, looking for work as Nurse's Aide or companion to the elderly. Recent references are available. Please call Amanda anytime after 5 p.m. or leave message. gcap2

**EXPERIENCED CERTIFIED NURSE'S Aide** seeking position to care for elderly or sick patient. Call 223-8847. Own transportation. gca2

**EXPERIENCED CERTIFIED NURSE'S Aide** seeking work to care for elderly or sick person. Own transportation. Call 483-1190. gca2

**CHILD CARE AVAILABLE** in my Albertson home. Loving mother with years of experience, PT or FT. Excellent references. Special discount rate for full time. 747-1507. wap2

**Situation Wanted**

**IRISH NURSE'S AIDE Available** to care for the sick or elderly. Live out. Please call 326-9726. gcap2

**EXPERIENCED POLISH WOMAN** looking for a job cleaning houses. Excellent references. Call 794-6202. gcap2

**Real Estate for Sale**

**GARDEN CITY ESTATES** Large CH Colonial, 100x150, quality home, extended back, oversized rms., 4 BRs, 3 tiled baths, 2 fpls, den, patio, hardwood floors, circular drive. Walk to RR, etc. \$555,000. Principals 248-4963. gcap2

**Real Estate for Sale**

**GARDEN CITY ESTATES** Delightfully charming English Cottage 4 BRS, 2 baths second floor, LR/FPL, den, Formal DR, large EIK, ½ bath & screened porch first floor. Asking \$300's principals (516) 378-3802. gcm3

**QUEENS VILLAGE/N/BELLEROSE** vicinity. Detached legal 2 family dwelling on 40x100, landscaped plot. Move-in condition, 5 rms. first floor, ½ rms. second floor, 3 rms third floor. Fin. bsmt, 2 decks & patio. \$280's. Owner's agent. (718) 776-7474. gcm4

**SOUTHOLD CUSTOM NEW** Mother/Daughter, 4 BR, 3 bath, large den, fpl, EIK, ½ garage, large deck. Near water, beach, school. \$250,000. 765-2703. gcm3

**GARDEN CITY WESTERN** Section. Brick & fieldstone Cape, 4 BRs, 2 full baths, EIK, FDR, LR/fpl, new gas heat, many extras. Move in condition. Asking \$279,000. 326-9294. gcm3

**GARDEN CITY 222** Seventh St. Condo. Beautiful first floor, court yard view, newly renovated 2 BR, 1 bath, EIK, low maintenance. \$189,000. Owner 742-8337. gcm3

**GARDEN CITY CENTRAL** 4 BRs, 2 ½ bath Center hall Colonial, 1/3 acre, den, fin. bsmt, screened porch. Walk to RR, 2 car garage. Principals only. Reduced to \$475,000. 873-9720. gcm3

**GARDEN CITY ESTATES** Cape. 3 BRs, den, (poss. 4th BR) 2 baths, LR/fpl, DR, EIK, rear deck. Maintenance free exterior. Walk LIRR, all schools. \$365,000. Owner. 294-0124. gcm4

**REDUCED: LEGAL TWO** family. Mineola Park section. 3 BR & 2 BR apts. New kit, fpl, fin. bsmt, detached garage. 50x100. Excellent condition. Asking \$230's. Call owner. 746-3141. wpm4

**WILLISTON PARK BLVD.** area. 3 BR. Col. LR, DR, den, large kit, fin. bsmt., 2 car garage. 50x125. Low taxes. \$209,000 at 747-2437. Owner. wpm4

**GARDEN CITY WESTERN** Split. 3 BRs, 2 ½ baths, EIK, FDR, large LR/fpl, den with sliders to patio, bsmt, 2 car garage. Walk to RR. Owner. \$319,000. After 6 p.m. - 488-1922. gcm4

**GARDEN CITY WESTERN** Colonial. 3/4 BRs, 1 ½ baths, LR/fpl, FDR, EIK with sliders to deck, rec. rm., low taxes. Principals only. \$279,000. 354-0544. gcm4

**Real Estate for Sale**

**GARDEN CITY ESTATES** Section. \$115,000 moves you in! This stately Tudor residence with 5 BRs, 3 ½ baths, LR/fpl, FDR, EIK, maid's rm., fin. full bsmt., detached 2 car garage. Near H.S. Move in cond. Assumable fixed 7 ½ % mortgage. No points, no closing costs. A fantastic opportunity for only \$695,000. Owner. Principals. Shown by appt. 747-2746. gcm4

**NORTH CAROLINA** Beach Oceanfront. Owner forced to sell luxury condo on beach. Completely furnished 2 BR, 2 baths, great golf courses near by. No money down. Take over \$81,000 mortgage. (Original price \$95,500). (516) 423-6709. gcm3

**GARDEN CITY COUNTRY** Life area. Barnes built true Center hall Colonial. Brick/cedar. Mint. 3 BRs, 1 ½ baths, LR, FDR, cedar & brick fam. rm/pl, cathedral ceiling, skylights, cedar wrap around deck, new kit, oak floors throughout. Just reduced to \$325,000. Principals only. 873-0936. gcm4

**SOUTHOLD CHARMING CAPE** with waterviews, fpl, sunporch & deck. Excellent condition. Feet from beach & boating. Asking \$198,000. 877-1248. gcm4

**TRIPLE MINT, GARDEN CITY** Estates brick/stucco Tudor. Prime location on prestigious block, elegant oak accented LR/fpl, large FDR, custom state of the art Rutt custom kit with adjoining fam rm/fpl, bright sunroom with enclosed screened porch, large BRs & guest rm., elegant Corian bathrooms, fin. bsmt., computerized high efficiency 4 zone BB heating, maintenance free exterior, professionally landscaped, 2 car garage with electric door, fully alarmed with central station, beautifully decorated & move-in cond. Walk to school & RR. Reduced to \$549,000. Principals only. Reasonable offers accepted. 728-6919 or 248-6356. 105 Kil-dare Rd. gcm4

**GARDEN CITY CAPE**. 4 BRs, 2 full baths, large EIK, fin. bsmt., private backyard. Property 60x100. By owner. \$230,000. Low taxes 747-3667. gcm4

**GARDEN CITY/HEMP** border. St. Paul's Rd. North area. 3 BR stone Cape. Quiet street, 1 ½ baths, LR, DR, fpl, EIK, screened porch, attached 2 car garage. Mint cond. 100x100. \$218,500. Owner. 483-8188. gcm3

**CUTCHOGUE/NASSAU POINT**. Magnificent waterfront estate on 3 ultra private acres. 6 Brs, 3 ½ baths, large LR/fpl, FDR with cathedral ceiling. Huge game room, den, kit with pantry, breakfast rm., laundry rm., 2 car garage, 4 patios & gazebo. Spectacular gardens & grounds with panoramic views of Peconic Bay & dazzling sunsets. Principals only. \$850,000. 427-3623. gcap1

**Real Estate for Sale**

**SOUTHOLD. RETIREMENT** OR first home. Ranch, private beach community. LR/sliding doors to screened porch. 3 BRs, 1½ baths, EIK, den, attached garage. \$185,000. Call 477-2051. gcap1

**SHELTER ISLAND WATERFRONT.** Beach front country charmer, 4 Brs, 3 baths, fpl, pool. Ours alone \$795,000. Foxfire Realty 749-3080 or 749-3288. gcm3

**GARDEN CITY.** 3 BR Colonial, garage, 75x100, landscaped, patio, Willow St. Low taxes \$239K. Principals only. 747-6889 or (508) 896-9217. gcap1

**HYPOLUXO, FLORIDA.** PALM Beach County. Spacious 2 BR, 2 bath Condo, large screened patio, 10 mins. from ocean. Small pet OK \$59,000. 741-1198. After March 25 407-547-2396. gcap1

**WINDHAM, N.Y.** 4 BRs, 2 baths, 2 fpls, appliances, 2 car garage, bsmnt, 2 acres with view of slopes. 5 mins. to lift. \$119,500. Days 201-930-1717. Eva 201-391-4848. gcap1

**SOUTHOLD. BEAUTIFULLY LANDSCAPED** Ranch in prime area, wooded surroundings. 3 BRs, 2½ baths, mod. kit., adjacent fam. rm., double fpl to LR/dining area, CAC, fin. bsmnt., 2 car garage, IGP, carpeted deck, sprinkler system. Walk to resident beach & yacht club. Reduced to \$275,000 by owner. 765-9247. gcap1

**HEMPSTEAD CATHEDRAL GARDENS:** Mini mansion on glorious ½ acre. Elegant brick Georgian Colonial, 6 BRs, 3½ classic marble baths plus jacuzzi. Palladium windows, delightful kitchen. Ideal breakfast rm. Leaded/stained windows, dramatic in concept & design. Two fpls, first floor den, study. Fin. bsmnt. with incompletely steam bath. Second floor: solarium/deck. Owner leaving country. Unusual offer only, \$775,000. Appraisal was one million one. Assumable mortgaging available. On 3/4 flowing acre. SD 27, magnificent 5 BR, brick Tudor, three plus two one-half baths, cherry cabinet kit., library, Florida rm., fin. bsmnt., possible professional suite. All fenced back house, 10x15 deck, underground sprinklers. Picture perfect. Must sell. \$550,000. Elaine J. Nolan 485-7054. 292-9749. gcm3

**WEST HEMPSTEAD.** NO. of Hempstead Tpk. Fieldstone / alum. Cape. Ideal M/D. 2 Brs on first, full Studio on second with separate entrance, detached 1½ garage, 2 zone gas heat. Large EIK, 1/4 mile Garden City border. Excellent starter home. Owner. \$165,000. 481-7476. gcap1

**NEW HYDE PARK.** Exclusive first showing. Mint 3 BR, 2 bath Colonial, fam. rm with brick fpl, center aisle ceramic kit. All new windows & siding. \$229,000. Seda cca Realty 747-0020. wapl

**Real Estate for Sale**

**NEW HYDE PARK.** Charming mint 4 BR Cape. Possible mother/daughter. Three tiled baths, EIK, 3 private entrances, patio, deck, separate detached 1½ garage. Gas heat. Low maintenance. Excellent condition. Near all. \$239,000. 248-5497. wapl

**CAPE CORAL, FLORIDA.** Waterfront lot, 1/4 acre, direct access to Gulf. Asking \$19,000. Owner-Alex. 746-0440 or 742-5877. wapl

**GARDEN CITY SPACIOUS** Split. 3/4 BRs, 2 baths, cathedral LR, DR, new EIK, den, fin. bsmnt., 2 car, fam. home/location. Low taxes/maintenance. \$385K 747-6386. gcap2

**MINT, 3 BR,** Western ranch. Walk RR, LR/pl/dining rm., mod. EIK/skylight. 3 full baths, fin. bsmnt with office, playroom, entertainment area & BR suite, laundry & CAC. Principals only. \$365,000; taxes \$4,000. 328-8244. gca2

**GARDEN CITY PRIME Estates Section.** Immaculate English Tudor. Large LR/stone fpl, FDR, large kit/fam. rm., 3 BRs, 2½ baths, 4th BR on 3rd floor - huge rm., fin. bsmnt., terrace, gas heat, sprinkler system. Offered by owner at \$470,000. Principals only. 747-3370. gcap2

**MATTITUCK RANCH ON 1 acre.** \$159,000. Luxury 1,700 sq. ft. home offering 7 rms, 3 BRs, 2 baths, fam. rm., Aandersons, fpl, appliances, ceiling fans, skylights, bsmnt., double garage, 26x12 deck. Under priced - Hurry! North Fork L.I.S. 2 acre building plot only \$186,900! Sandy beach, fantastic views - great buy. WE have many sound front, bay front & creek front plots at greatly reduced prices. North Fork. \$225,000 buys this underpriced bayfront Ranch! Includes bulkhead on deep water creek to bay. 7 large rms, Florida rm., 2 baths, fam. rm/fpl, double garage, appliances. Owner must sell. Bookmiller Real Estate 722-4423. gcm3

**CUTCHOGUE. 2 BR, 1½ bath** on beautiful parcel surrounded by large trees. LR, EIK, walk to water. \$159,000. Nassau Point. Astutely designed & refurbished former boarding house features 5 charming BRs, 4 baths, large LR/fpl, DR with greenhouse, library & gourmet kit. Crowned with an old fashioned attic on 1 plus acres. Priced reduced to \$399,000. Mattituck Sound Front with dramatic water views & swimming beach. 5 BRs, 1½ baths, LR/fpl, deck, large 2 car garage. A winner at \$550,000. Marilyn Lang Realty. 734-5472, 734-6890. gcm3

**MONTAUK. 2 RM CO-OP.** One hundred feet from beach. Electric heat/air conditioned. Walk to dining, shopping. Sleeps four. Full kit, cable TV. Must sell. Asking \$40,500. Great rental history. 724-5572. gcap2

**Real Estate for Sale**

**GARDEN CITY ESTATES.** Spacious Oxford Blvd. Colonial. 5 BRs, 4½ baths, LR/fpl, FDR, den, huge mod. EIK, full bsmnt., attached 2 car garage, 1/3 acre. Great value at \$795,000. Very flexible owner financing. 248-2450. gcap2

**GARDEN CITY CONTEMP.** Custom built front to back split. Cathedral LR/fpl. DR, Mod. kit. 4 BRs, 3 baths (guest area with bath) 30' fam. rm./fpl. Fin. bsmnt. 2 car attached garage. 150'x100'. \$435,000. Principals only. 248-9814. wap2

**GARDEN CITY DUTCH** Colonial. 5 BRs, new EIK & attached fam. rm. Imported tile & oak floors throughout. New vinyl siding with canvas awnings. Fin. bsmnt with laundry rm. Second fam. rm. on second floor. All this in mint cond. on beautiful Jefferson St. \$389,000. Principals only. 354-5186. gcap2

**NASSAU POINT / CUTCHOGUE.** Private community with beach & mooring across the street. 3 BR Ranch, 2 baths, large kit, LR/fpl, 2 car attached garage, full attic & basement plus 2 story barn with workshop area & extras. \$260,000. Principals only. 323-3567 & 734-5203. gcap2

**MATTITUCK COUNTRY WATERFRONT** home features large LR/fpl, FDR, EIK, 2 BRs, 1½ baths plus separate legal guest studio, oversized 2 car garage with heat, deep water dock, 6 foot low tide, panoramic views. \$349,000. Southold. Newly listed cedar shake Ranch on nicely landscaped lot with deeded beach rights, 3 BRs, 2 baths, large EIK, bsmnt., garage, sunny side deck. \$145,000. Mattituck Sound Front. Forever views from this secluded Country home. LR/cathedral ceiling, 5 BRs, decks. Reduced \$495,000. Nassau Point Bayfront Contemp features great rm/fpl, & walls of glass. Panoramic views from everywhere. 4 BRs, CAC, sandy beach. \$750,000. Orient Bayfront. Sandy beach, LR/fpl, 3 BRs, 2 baths, spectacular views. Newly listed at \$349,000. Southold. Immaculate Cedar shake Ranch features LR/fpl, cathedral ceiling, fam. rm., Master BR & bath plus 2 BRs & bath, professionally landscaped \$199,000. Southold. Almost new mini Cape. LR/fpl, FDR, EIK, den, Master BR suite down, 3 BRs, 2 baths up, large deck, water rights. \$215,000. Burt Lewis Real Estate 734-5533, 765-5810, 298-4600. gcm3

**NORTH FORK BUYERS'** Guarantee! Aren't you tired of reading all these wordy weekly ads? Save yourself time & a lot of aggravation by simply calling us to discuss your exact & precise needs. We have the North Fork's largest selection of Real Estate listings & can show you more choices than all the others combined. We guarantee to offer you something to smile about, in one visit & without the nonsense! Try us, today! Celic Realty, Mattituck. 298-8000. gcap2

**YOU CAN BE A RESTAURANT CRITIC-**If you visit any of the restaurants selected for inclusion in this section-call WE 1-4227 at any hour and tell your ideas. We want you, the reader, to be our critic. Your message then can be printed in this space.

**Real Estate for Sale**

**GARDEN CITY.** BEST buy in Town! Split level home. Owner relocating. Move-in condition, low taxes, aluminum siding, CAC, 3 BRs, 2 baths, full patio, 60x125. Principals only. \$265,000. 746-7281. gcap2

**G.C. OWNER FINANCING.** Exclusive. Spacious Contemp. Central section, 4 BRs, 3½ baths, fam. rm., CAC, 2 car \$400's. Estates CH Tudor Fabulous space. 5 BRs, 3½ baths, 2 fpls, large fam. rm., sun porch, 2 car, scant 1/4 acre. \$500's. Gracious Boulevard Tudor. 6 BRs, 3½ baths, large EIK, fam. rm., 2 car \$800's. Landl Landl Landl Over 1 acre with pool. Dramatic CH Colonial, 4 Brs, 3½ baths, great EIK, fam. rm. \$800's. Vera Atamian 354-1994. gcm3

**MINEOLA/GARDEN CITY** Condo. Walk RR, CAC, terrace, 1½ baths, LR, 1 BR, washer/dryer, parking included. Asking \$120's. Random Estates 741-9292. gcm3

**CUTCHOGUE EXCLUSIVE.** GREAT starter home. 3 BR Ranch in excellent cond. New OHW heat, expandable attic. Bike to bay beach. New listing \$125,000. Southold Waterview. Picture perfect 3 BR year round vacation home in sought after private beach & boating community. Open floor plan with fieldstone fpl & new OHW heat. A rare find \$199,000. Cutchogue Waterview. Deluxe 4 yr. old Ranch on professionally landscaped 1/2 acre in quiet area. Many amenities include 5 zone sprinkler system. A must see. \$277,500. Southold Exclusive. Mint 4 BR, 2½ bath Cape in private community with deep water marina & beautiful bay beach. Seller relocating. \$239,000. Mattituck. Striking Contemp with open floor plan in private beach community. Country kit, FR, spacious dining area, LR/fpl, 3 BRs, 2½ baths, IGP & so much more. Just listed at \$275,000. Nassau Point Waterfront. Panoramic bay views & magnificent sunsets. Large Ranch on 2 plus lovelly landscaped / wooded acres OHW / CAC. Excellent swimming & boating. Asking \$789,000. Marion King Real Estate. 734-5657. gcm3

**LONG BEACH - 2 BRS, 2 Baths, LR, Kitchen, Eat-in area.** Established building on oceanblock. Apartment faces north, 100 yards to beach. To settle estate. Asking \$93K. Maintenance charge \$600 a month. 593-1129 after 7 p.m. gcm3

**GARDEN CITY 3 BR Co-op on 7th St.** Oversized LR & DR. Fpl, Country EIK, 2 full baths, foyer, A/C, new windows. Walk to RR, shops, schools. Mint condition. Must sell. \$189,000. Call 742-1268. gcap2

**MINEOLA CLINTON ARMS** XX large 1 BR, 1½ Baths, EIK, separate dining/living areas, sunny terrace, top floor, 4 closets, indoor parking. Beautiful building, convenient to all. Must sell. \$99,000. Owner 747-8919. gcm3

**CUTCHOGUE. ONE (1) acre.** Walk to beach & sound. Beautiful view. (\$400,000 homes in area). Reduced over \$10,000. Asking \$72,500. Possible financing. Owner. 746-8023. wap2

**HAMILTON GARDENS.** EXCITING 1 BR Co-op with new custom EIK, plenty of closet space. Available for immediate occupancy. \$100,000. Call now 742-4387. gcap1

**Real Estate for Sale**

**Co-Op s**

**MINEOLA - HORTON** House, 1 BR, large LR, secure building. Convenient to RR, hospital, stores. Must sell. \$79,000. By owner. 747-8711. gcm3

**GARDEN CITY CO-OP** 2 BR second floor unit. Center of Village. One block to LIRR and all shopping. Refinished floors, new windows. owner \$139,900. 873-9469, leave message. gcap1

**STEWART AVENUE - BEST** Apartment in town. 3 BR, 2 bath, FDR, LR/FPL, view of Christmas tree. Maintenance \$990/mo. 70% tax deductible. Asking \$235,000. weekdays, 212-841-7887; evens, weekends 516-746-4165. gcm3

**G.C. HAMILTON GARDENS** Gorgeous, oversized 1 BR Co-op. Renovated, new Euro style EIK, separate DR, new bath, refinished hardwood floors. California closets. Extra large rms, heated garage. Close to all. Reduced to \$99,000. 747-3607. gcm3

**FLORAL PARK CO-OP.** Large 1 BR, new EIK, new bath. Walk to all, large closets. \$84,900 neg. 775-1353. gcap1

**MINEOLA CLINTON ARMS** XX large 1 BR, 1½ Baths, EIK, separate dining/living areas, sunny terrace, top floor, 4 closets, indoor parking. Beautiful building, convenient to all. Must sell. \$99,000. Owner 747-8919. gcm3

**LONG BEACH - 2 BRS, 2 Baths, LR, Kitchen, Eat-in area.** Established building on oceanblock. Apartment faces north, 100 yards to beach. To settle estate. Asking \$93K. Maintenance charge \$600 a month. 593-1129 after 7 p.m. gcm3

**GARDEN CITY 3 BR Co-op on 7th St.** Oversized LR & DR. Fpl, Country EIK, 2 full baths, foyer, A/C, new windows. Walk to RR, shops, schools. Mint condition. Must sell. \$189,000. Call 742-1268. gcap2

**MINEOLA HORTON HOUSE CO-OP:** Front apartment, 1 BR, new kitchen, updated bath, loads of closet space, air conditioning. Parking available on and off premises. Maintenance \$491. Principals only. \$99,000. 741-5210. gcm4

**GARDEN PLAZA MUST** sell. Large Studio, sleeping alcove, new carpet, A/C, new tiles. Walk to RR, security. \$59,900 or best offer 294-5063. Tax deductible. gcm4

**HAMILTON GARDENS.** EXCITING 1 BR Co-op with new custom EIK, plenty of closet space. Available for immediate occupancy. \$100,000. Call now 742-4387. gcap1

**Real Estate for Sale**

**GARDEN CITY LOVELY 1 BR** Co-op. Excellent location. Walk to all. Must see with lots of extras. \$80,000. Days 718-641-4945, evenings 516-741-8894. gcap1

**GARDEN CITY CHERRY VALLEY**. Mini 2nd floor, 2 BRs, new kit, bath/carpet. Private corner, large garden. Maintenance 81% deductible. \$119,000. 742-8659. gcap2

**GARDEN CITY - BEAUTIFULLY** renovated large designer Co-Op. 3 BRs, 2 Baths, large LR/FPL, FDR, EIK, walk in closet, 3 exposures, A/C. Walk up. Quiet, best location, walk RR. Buy/rent/option. Principals. 877-2847. gcap1

**GARDEN CITY CHERRY VALLEY** - 2 BRs, second floor, new EIK, central A/C, walk to RR. \$115,000. 747-8850 or 747-1771. gcap1

**MINEOLA, LARGE 1 BR CO-OP** overlooking courtyard. New kit, new bath with whirlpool tub, custom closets. Low \$100s. Ask for Christine, Rummel R.E. 746-5320. wmc3

**ROCKVILLE CENTRE.** BRIGHT & charming spacious 1 BR, mod. bath & kit. Walk to all. Owner anxious. Call evenings. 763-2652. Asking \$82,500. gcap2

**GARDEN CITY/HEMPSTEAD:** The Mulford. Large one BR, new appliances, hardwood floors. Well maintained. Secure building. Walk LIRR. \$367,000. Call 292-0483. wmc4

**MANHATTAN APT.** 34th & Park Ave. Elegant Park Ave. Contemp, luxury building. 24 hr. elevator & concierge, washer/dryer in building. Furnishings optional. Maintenance \$377. Asking \$100,000. Owner 516-728-6104. gcm4

**LYN BROOK - MAGNIFICENT 1 BR** Co-op. Move-in cond., mod. EIK, dishwasher, W/W, low maintenance. Convenient to all. A/C, lots of closets. Must see. \$75,000. Owner 599-7336. gcm4

**Open HOUSE**

78 MONROE ST. Garden City. Sat. & Sun., March 21 & 22, 2-4 p.m. Completely renovated Colonial in Western section. Lovely LR/fpl, DR, new EIK, den/fpl, 3 BRs, 1½ baths. Offered at \$399,000. Abbott Manor Real Estate 352-7333 or 800-427-8018. gcm3

**Real Estate For Rent**

**WEST HEMPSTEAD.** 2 large rms., full bath, utility kit, private entrance, upstairs, all wood floors, freshly painted, A/C, furnished or unfurnished, utilities included. Widwood section, near all. \$600. 486-2427 or 486-1848. gcap1

**Real Estate For Rent**

**ROOMMATE WANTED TO** share house in Williston Park. Walk to everything. \$450 per month, includes utilities. Call days. 248-5278. wmc3

**GREAT NECK LARGE house** to share. Separate BR, close to RR station, market. 482-5203. Rent \$500 plus utilities. Leave message. hm2

**SUNNY, LARGE ROOM,** big closet, private entrance & bath. Non-smoker. Mineola. 746-4065. gem3

**GARDEN CITY AREA.** Pleasant large rm. in refined home for working woman. Call after 3 p.m. 437-4114. gem3

**WEST HEMPSTEAD.** SUNNY second floor, 1 BR, living room/kit combo. Private entrance, full bath, single preferred. \$650 includes all. 483-3634. gem3

**GARDEN CITY UNFURNISHED** room. Share kitchen, laundry, living/dining areas. Near all transportation. Professional or business person. References 437-8001 or 747-6420. gcap1

**NORTH BELLMORE.** 2 rms., full bath, 1 BR, kit/LR combo. Near all. No pets or children. \$600 all. 785-3374. gcap1

**MINEOLA, BRAND NEW** Studio, first floor. Never used. Rent includes all. \$525. 747-7379. wmc4

**WILLISTON PARK HOUSE** completely renovated. 2 BRs, 1½ baths, LR, DR, EIK, dishwasher. Garage, yard, bsmt. Walk to RR. Ideal location. Couple preferred. No pets. April 1. \$1,350 plus. Owner. 746-8023. wmc4

**MINEOLA, 1 BR.** Apt. for rent. LR, big kit, bathroom, 3rd floor. Newly painted. 747-7379. Rent includes all. \$650. 747-7379. wmc4

**1 BR APARTMENT** in Franklin Square. New kit & bath, private entrance, utilities included. Single, non-smoker preferred, no pets. Call 488-3419 after 6 p.m. gcm4

**FRANKLIN SQUARE.** 1 BR, LR, Kit combo, lower level. All utilities. Working single person preferred. References. No smoking. No pets. \$575 and security. 328-9655. gcm4

**GARDEN CITY MAGNIFICENT** Tudor on shy acre available immediately. 4½ BRs, 6 baths, \$3,000 a month. Call owner. 742-5149. gcm4

**GARDEN CITY - Cherry Valley**, 1 BR, first floor, corner unit. Excellent condition, wall to wall carpeting. Available April 1, \$895 per month plus electric. 248-1878. gcap1

**HONEYMOON COTTAGE - 3** rooms on ½ acre, perfect for 1 or 2 working people only. Cat OK. Immediate occupancy. \$650 per month. Also 3 rm. apt. ideal for a couple \$750 per month. No fee. Owner. 533-0757. gcap2

**Real Estate For Rent**

**MINEOLA OFFICE SPACE.** Willis Ave. 825 ft. (6 rms. plus waiting). 2nd floor. Ideal for law, insurance or school. Parking. Owner 746-8023. wmc4

**ALBERTSON - SPEC-TACULAR** first floor of house, 2 BRs, EIK, LR & Playroom, washer & dryer. Use of yard, furnished or not, includes all utilities and heat. \$1400. Sedacca Realty, 747-0020.

**MINEOLA & VICINITY - 1** BR, EIK, LR, walk to all. \$650. immediate occupancy in 2 BRs first floor, all new \$775; 2 BRs second floor, terrace. \$850. Sedacca Realty, 747-0020.

**WILLISTON PARK LARGE** 5 rm. apartment. 2 BRs, EIK, LR, DR, heat & hot water included. \$1,100. By owner. 294-5809. gcap2

**FLORAL PARK GARDEN** Apt. 2½ rms. Prime area. Modern, newly painted, garage plus parking, storage use of yard. Near all shopping & transportation, LIRR. \$785 month. 354-2926 evenings. gcap2

**GARDEN CITY. STUDIO** with wall to wall carpeting, lots of closets with own private entrance, mosaic tiled bathroom & off street parking available. Very private, quiet mature, non-smoker preferred. References/security, walk to RR, bus, stores \$525. 328-1212. gcap1

**STEWART MANOR APARTMENT.** Large, bright 1 BR bsmt. apartment. No paneling or stucco here! Washer & dryer, walk to two rr stations. Convenient to all. Ample parking. Large closets, extra storage. Full bath, fully carpeted. Private entrance. \$590. 775-4256. Leave message. hal

**FRANKLIN SQUARE.** 2nd floor, 2 BR (5 rms.) with garage, washer/dryer. \$1,000 plus utilities. House for rent: Hempstead Country Club Estates: 3 BRs, charming Colonial, 1½ baths, EIK, LR/fpl, gas heat, fenced yard. Pets OK. \$1300. On Garden City Line - Large spacious studio, elevator bldg. \$675. Elaine J. Nolan 485-7054 - 292-9749. wmc3

**WILLISTON PARK - APT.** for Rent: 2nd floor, separate entrance, legal two family. 1 BR, LR/kitchen, plus finished unheated attic loft area. April 1st occupancy. \$750 a month includes heat. 741-5059. wapl

**WEST HEMPSTEAD - BRAND** New 2½ Room Apartment. Large, sunny rooms, new appliances, wall to wall & A/C. Private entrance. Excellent bachelor apartment. \$650. 481-2884. gcap1

**ASTORIA. 31-16 BROADWAY.** Large 6 rm. Apt. Ideal for 3-5 singles to share. One block to subway; 12 minutes to 59th St., Manhattan. \$1,100 per month. Also 3 rm. apt. ideal for a couple \$750 per month. No fee. Owner. 533-0757. gcap2

**Real Estate For Rent**

**FIRST STREET - 4 ROOM** Apartment, private entrance, wall to wall, GE appliances include washer/dryer. Mint condition. \$700 all 481-2884. gcap1

**GARDEN CITY 3 BR** Co-op on 7th St. Oversized LR & DR, fpl, Country EIK, 2 full baths, foyer, A/C, new windows. Walk to RR, shops, schools. Mint cond. \$1,800 per month with option to buy. 742-1268. gcap2

**FLORAL PARK 60 Plainfield** Ave. Freshly painted 1 BR apt. Large LR, recently renovated kit. Rent stabilized, 1 year lease \$774.30 per month, 2 year lease \$766.09 per month. No fee. Owner 538-0757. gcap2

**Vacation Rental**

**MT. SNOW/HAYSTACK** Large fully equipped 4 BRs plus loft, 2½ baths with color TV, VCR, microwave. Available by the week or weekend. Beautiful views, lots of privacy, heated garage. Call 466-6120. gcap3

**SHELTER ISLAND MODERN** Ranch set on 1 acre with waterview. 3 BR, 2 Bath, full kitchen with dishwasher, washer/dryer, Fpl, full deck, 100 yards to life guard attended beach. Bright, sunny, breezy. Perfect for family with children. Memorial Day - Labor Day \$8,000. 746-3358. gcm4

**SOUTHOLD COUNTRY HOME.** 3BR, fully equipped, large, screened porch. Walk private beach. Washer/dryer, cable, immaculate. \$1300 monthly, May, June Sept. \$1800 for Aug. 334-0196. gcap2

**SANIBEL ISLAND FLORIDA** - Tropical paradise, lush unspoiled setting, southern Florida Gulf coast. Sundial Beach & Tennis Resort, 2,000 foot beach, 5 pools, jacuzzi, 13 soft/tennis courts, golf, fishing, boat/bike rentals, miles of bike/jogging paths, supervised children's activities available, gourmet restaurants at resort and throughout island, superb shopping, world famous shelling, 35 minutes to Ft. Myers jetport. Complete gulffront, posh resort. Just right for various activities or just plain relaxation. One, two and 2 BR plus den condos with full kitchens. Rent daily, weekly, etc. Reasonable. 746-2211, 326-7711. gcap2

**CATSKILLS, HUNTER MOUNTAIN** area. 2½ acres, 3 BRs, 1½ baths, ful kit, dishwasher/microwave, fpl, colored TV, VCR. Great mountain view, 2 decks, spa. Month of July during festivals. \$1,800. 741-1098. gcm4

**EAST MARION BAYFRONT.** Prestigious 5 BR, 3 bath, 100 ft. private beach with spectacular views. Available May, June, July & Sept. Reduced rates off season. Call 437-3333 or 477-1113. gcap1

**SOUTHAMPTON BAYVIEW OAKS.** 3 BRs, 1½ baths, fpl, private beach. \$8,500. Noyac. 3 BRs, 3 full baths, fpl, plus Studio, decks, private beach. All amenities. \$12,500 season. 747-6392. gcm4

**PONCONOS.** 3 BR Ranch in lake community. Swimming, tennis & vacation activities. House spotless, washer/dryer, microwave, 2 decks, fpl. Walk to lake, horseback riding, quality restaurants & shops nearby. \$350 a week. 379-8447. gcm1

**Vacation Rental**

**JUPITER, FLORIDA. GARDEN** City resident offers 2 BR, 2 bath Town House at Jupiter Ocean Racquet Club. Available April. 747-6179. gcm4

**HAMPTON BAYS, NEW** Co-op overlooking Shinnecock Canal, one block from beach, dockage, boating, swimming, fishing, dishwasher, microwave, washer/dryer, cable & jacuzzi. Call 775-5943 or 723-0312. hm4

**PUERTO RICO. ISLA Verde.** Beautiful 2 Br Condo ocean front panoramic view. Next to ESJ Hotel. Weekly/monthly 809-791-5629. gcap1

**POCONOS.** 3 BR Ranch in lake community. Swimming, tennis & vacation activities. House spotless, washer/dryer, microwave, 2 decks, fpl. Walk to lake, horseback riding, quality restaurants & shops nearby. \$350 a week. 379-8447. gcm1

**SOUTHAMPTON BAYVIEW OAKS.** 3 BRs, 1½ baths, fpl, private beach. \$8,500. Noyac. 3 BRs, 3 full baths, fpl, plus Studio, decks, private beach. All amenities. \$12,500 season. 747-6392. gcap1

**CATSKILLS, HUNTER MOUNTAIN** area. 2½ acres, 3 BRs, 1½ baths, ful kit, dishwasher/microwave, fpl, colored TV, VCR. Great mountain view, 2 decks, spa. Month of July during festivals. \$1,800. 741-1098. gcm4

**JUPITER, FLORIDA. GARDEN** City resident offers 2 BR, 2 bath Town House at Jupiter Ocean Racquet Club. Available April. 747-6179. gcm4

**MARCO ISLAND, FLORIDA.** French Village, 2 BR, 2 bath Condo. Steps to Gulf. Week/month. Great rates. Owner. 718-352-5798. wapl

**EAST MARION BAYFRONT.** Prestigious 5 BR, 3 bath, 100 ft. private beach with spectacular views. Available May, June, July & Sept. Reduced rates off season. Call 437-3333 or 477-1113. gcap1

**SOUTHAMPTON BAYVIEW OAKS.** 3 BRs, 1½ baths, fpl, private beach. \$8,500. Noyac. 3 BRs, 3 full baths, fpl, plus Studio, decks, private beach. All amenities. \$12,500 season. 747-6392. gcap1

**POCONOS.** 3 BR Ranch in lake community. Swimming, tennis & vacation activities. House spotless, washer/dryer, microwave, 2 decks, fpl. Walk to lake, horseback riding, quality restaurants & shops nearby. \$350 a week. 379-8447. gcm1

**MARCO ISLAND SOUTH Seas East Midrise.** 2 BRs, 2 bath Condo on gulf beaches, tennis, pool, two elevators. Available after April 1, 1992. 2 7 1 - 6 4 7 9 or (8 1 3) 384-7189. gcap2

**GUERNSEY'S/MONTAUK.** WEEK of May 29 - June 5. Ocean front, sleeps 4, all amenities. 692-7487. gcap2

**Vacation Rental**

**HAMPTON BAYS, NEW** Co-op overlooking Shinnecock Canal, one block from beach, dockage, boating, swimming, fishing, dishwasher, microwave, washer/dryer, cable & jacuzzi. Call 775-5943 or 723-0312. hm4

**PUERTO RICO, ISLA Verde.** Beautiful 2 Br Condo ocean front panoramic view. Next to ESJ Hotel. Weekly/monthly \$89-791-5629. gcap1

**NORTH FORK SUMMER** Rentals: Seasonal/monthly. Enjoy the splendor of soundfront/bayfront properties offering spectacular views & private beach. "The best properties from shore to shore". Call Community Rentals 298-9300. gcap2

**POCONOS, SAW CREEK.** Fully equipped, 3 BRs plus loft, 2 baths, jacuzzi, microwave, color TV. Indoor, outdoor pools & tennis & horseback riding. Family community. Weekly/weekends. 489-7351. gca2

**MONTAUK, SPRING GETAWAY** Special. 3 days, \$150 couple. 2 RM suite, heat, full kit. Sleeps four. Walks, dining, shopping. Hundred feet to beach. Immaculate. Call 724-5572. gcap2

**DAYTONA BEACH CONDO** 2 BR, 2 bath on the ocean. Rent by month year round. Completely furnished. (904) 761-1072. gcap2

**Real Estate Wanted**

**COUPLE WITH 1 child wants to buy Garden City home.** Can move quickly, no house to sell. All cash. Price range \$275,000-\$325,000. Call Patrick after 7 p.m. 741-2646. gcm3

**STEWART MANOR HOUSE** wanted by young professional couple. 3 BRs, 1½ baths, s/p, den. Colonials only, not near RR. Good condition. Low to mid \$200's. Principals only. 741-0261. gcap2

**GARAGE WANTED IN** the vicinity of Williston Park. Single or double for landscaping pickup truck. Will trade landscape service plus cash for garage. 922-1424. wap1

**PROFESSIONAL SEEKS** FIRST or second floor new 1 BR apartment. LR, EIK, full bath, private entrance, spacious. \$600 all 483-5647. gcap2

**Car For Sale**

**1988 HONDA CIVIC** Hatchback, 5 speed, 46,000 miles, new tires, new battery, mint cond. Pull-out Alpine stereo with amp. \$5900, neg. 484-6685. wap1

**PONTIAC 87, TRANS AM.** Eight cylinder, 45,000 miles, T-tops, all options. Red, turbo hood. Alpine stereo, five star rims, new paint, garaged, mint cond. Must see! \$9,000 neg. 775-6971. wap1

**Car For Sale**

**1989 DODGE VAN**, 14 Passenger, fully loaded, carpeted, 9,500 miles. Asking \$12,000. 564-5170 gcm3

**1986 SUBARU GL-10** 4 wd, turbo, auto, 73K miles, power windows & sun roof, power brakes & lock. A/C, radio cassette. Mint cond. inside & out. Must see. \$3,850. 741-6254. gcm4

**1982 NISSAN MAXIMA** Wagon. Rebuilt V6, 47,000 miles, automatic, 4 door, all power, A/C, sunroof. Asking \$1,750. 747-6483. gcap1

**1984 CHEVY CAPRICE** Estate Wagon Good cond. \$3,500. Please call 248-0075. gcap1

**OLDS 88, REGENCY** Brough, 4 Dr., V-6, Mint, every option. Power windows/doors, remote alarm, 46K, garaged. \$6,750. 747-2081. wap2

**1988 RENAULT MEDALION**, dark blue 4 Dr. Good cond., new, loaded JVC radio, removable. 13,000 miles. \$4,000 neg. 718-740-3597 evenings. gcap2

**1986 OLDS CUTLASS** Supreme. 49,000 miles, V8, excellent cond. \$3,800/best offer. 742-0461. gcap2

**SAAB 1988 9000 S**, 51,000 miles. \$8,400. '87 Jeep Pick-Up, 59,000 miles, 4 speed, 4 cyl. \$2,900. 488-6168. gcap2

**76 FORD LTD.** 37,000 miles. Excellent cond., two door, V-8, automatic, AM-FM, A/C. \$1650. 746-7770. wap4

**1986 NISSAN PULSAR**. Five speed, red, good cond. \$2375. Call 254-0428 after 6 p.m. & weekends. gcap4

**1969 FORD MUSTANG** 351 Cleveland engine. Good running cond. No rust. 488-1793. Serious callers only. gcap4

**1980 NISSAN 210** 4 door, 78,000 miles, A/C, AM/FM. Very good cond., automatic trans. \$1,100. 1979 Malibu, 2 door, station car \$650. 746-4680. gcm4

**Car Wanted**

**WE BUY USED CARS**, vans & trucks. Junk cars removed. Same day pick up. 739-1821. wap1

**For Sale**

**BABY GRAND PIANO**, Wurlitzer professional organ, large Colonial sofa with Ethan Allen cherry end tables & coffee table. Make offer. 746-3007. gcm3

**PIANO - KOHLER & CAMPBELL**. Mint condition. Must sell. 248-7147. gcap1

**LIVING ROOM - TWO** Country blue plaid sofas. \$200 each. Matching wing chair, \$125, less than one year-old. Lane contemporary cocktail table, two end tables & twin wall units (originally \$3,000) \$600. All excellent condition. 742-0464. wap2

**For Sale**

**REASONABLE: 3 - 20" BOYS' bikes**, 1 - 20" Girl's bike, 1 - 26" Woman's bike. Call after 5 p.m. 625-1104. wap4

**KITCHEN TABLE, FOUR** chairs, sturdy farm table with four Windsor chairs. 2 yrs. old. Natural color. Asking \$300. 741-3936. wap4

**NINTENDO GAMES, ALMOST** new. \$15 each, less in quantity. Eight titles available. Call after 5 p.m. for details. 741-1052. wap4

**THOMASVILLE DR. SET.** Triple hutch, table has 4 leaves & 6 chairs (2 armchairs). Best offer over \$800. 538-1512. gcap1

**ITALIAN PROVINCIAL** BLUE & green floral sofa in a satin cut velvet fabric with matching club chair. 488-3557. gcm4

**AUTHENTIC HITCHCOCK DR.** set autumn finish. Table 42x54" with two 12" leaves & pads. Buffet base/side board 19x54". Six black & autumn chairs. Excellent cond. \$1,300. Also Childcraft 6 room dollhouse with furniture. \$95. 741-6188 evenings. gcm4

**COMMODORE 128 - 1541** disc drive, 3 joy sticks, lots of games, basic 7.2 color monitor. Call evenings 741-1648. gcm4

**CUSTOM LAURA ASHLEY** sofa, love seat with matching custom curtains \$1,500. 746-4933. gcm4

**THE AVIATION COLLECTION.** A great source of vintage aviation & model aircraft collectibles by appointment. Call 741-3694. gcm4

**RATTAN 1930's FIVE** piece set. Sofa, two chairs, ottoman, table. Needs cushions. \$850. Call even. 747-6373. wap4

**GREAT NECK DENTAL OFFICE** for sale. No practice. #2 Ops. \$60K. 482-2988. wap3

**72 INCH QUEEN SIZE** sofa bed, one year old, tan and white, striped back cushions, roll arm. Call 747-6483. \$250. hml

**BAHAMA CRUISE.** FIVE days, four nights, overbooked, corporate rates to public. Limited tickets. \$239 per couple. (407) 331-7818, ext. 434. Mon.-Sat. 9-9. hm2

**MEDITERRANEAN BEDROOM SET** including triple dresser, two night stands, large armoire and twin beds. Good condition. \$600. 352-0292. wap3

**THREE MARBLE TOP** living room tables. Mahogany wood. Two hurricane lamps with shades & two fireside chairs. Call 741-8376. gcap1

**PINE BR SET - TWIN CANOPY**, desk/hutch, triple dresser. Excellent condition. Matching canopy, bedspread & drapes. Asking \$550. 248-6584. after 6 p.m. gcap2

**For Sale**

**FURNITURE FOR SALE:** Three (3) piece wood wall unit (glass doors & bar area), wood water bed, four (4) piece wood Br. set with mirror, plants, toys, etc. 746-1351. wap2

**WHITE BELLINI CRIB** mattress and changing table. Excellent condition. Call 747-6255. wap2

**MAHOGANY BEDROOM SET** with brass bed. \$250. Complete contemporary bedroom set \$250, 1 Daybed - Excellent condition. \$75.00. 742-0520. wap2

**WHITE IRON PORCH** Furniture: couch, chair with new pillows rectangular glass coffee table, small round end table. 294-4771. gcap2

**MOVING, MUST SELL - 84"** red velvet couch, excellent condition \$150, yellow Chambers deep well stove, mint condition/Best Offer. Completely restored 3 piece rattan set \$495. Antique wicker bassinet \$100, antique wicker twin baby carriage & single stroller \$100 each. All mint. 485-6053. gcap2

**LADY KENMORE WASHER - DRYER**, 3 door refrigerator with ice maker and wine rack, glass top table with chrome base and 4 chairs, pictures, many other assorted items. Due to redecorating. 483-4652 gcap2

**MOVING: NEW AIR CONDITIONER**, exercise bike, new snow shovel, ping pong table, Intertherm heaters, new patio umbrella, smallhutch, large collection of records and clothing size 12, ladies golf clubs. Airline ticket to West Palm Beach for March 31. 481-8362. gcap2

**VARIOUS RESTAURANT EQUIPMENT**, less than 2 years old. If interested call 352-0423 or 433-9492. gcap2

**FRENCH COUNTRY DINER** Table, old pine Virginia hutch - beautiful marble & ash wash stand makes gorgeous desk. You don't find these pieces very often. 741-1217. gcap2

**MOVING: UPRIGHT PIANO**, 2 sofa sleepers, new snow shovel, small hutch, exercise bike, Intertherm heaters & more. Also one way airline ticket LG to West Palm Beach for March 31. 481-8362. gcap1

**CLUB CHAIR WITH Ottoman & casters**, yellow/gold. Excellent cond. \$50. Call evenings 741-0441. gcap1

**COMPUTER, PC JR - 128K** training disks and manuals. DOS 2.1 \$175. Call after 5 p.m. 354-2579. hs2

**ETHAN ALLEN TRADITIONAL** dining Room - Medium brown fruitwood. 44" lighted china w/glass shelves. Table 38 x 58 plus 2-18" leaves and pads. Six cane back chairs. Diamond condition. \$1500.00 or best reasonable offer. 354-2558. Weekdays after 3 p.m. Weekends after 10 a.m. wap1

**Wanted**

**DE EARTH POOL FILTER**, fiberglass or stainless steel, 2½ or more horsepower for 16 x 32 in-ground pool. Good condition and reasonable. Also Hoover vacuum. 579-4186. gcap1

**OLD GUNS, SWORDS,** Binoculars, old knives, bamboo fly rods. Call 825-0979 or 354-1943. gcap4

**DOLLS WANTED** I collect dolls and other doll memorabilia, new or old. What do you have for sale? Call me at 747-8496. gcap4

**ANY TYPE ANTIQUE** Victorian or other furniture wanted. Also cut glass, silver jewelry, paintings, bronzes, dolls, frames, clocks, rugs, linens, trunks, china lamps. Will call for any time, any place. Call Kay & Tom. Westbury, 334-4117. gcm2

**OLD MAGAZINES, TEENS - 60's** (No National Geographics). For automotive related ads. Any old car sales literature, books, etc. Morrison 741-1322. gcap2

**Services**

**HANDYMAN: QUALITY** Home Repairs. Plumbing, leaky faucets, toilets, tiles and grouting. Shelves, fences, doors shaved, carpentry, sheetrock patching. Ceiling fans installed, window air conditioners removed. Call Joe, 746-7517. wap4

**FRED WILL FIX IT**. Painting. Interior/exterior, general repairs, fix sash cords, clean out gutters, small jobs. Fred Lee 794-7405. gcm5

**HAIR CUT IN YOUR home.** Specializing in Senior citizens. Also facials available. Reasonable rates. Licensed. 21 years experience. Call Audy at 742-3398. wap2

**TELEPHONE INSTALLATION & REPAIR**: TV cables & modular jacks installed. Electrical wiring and fixtures. Prompt, reliable and reasonable. Fully insured. Free estimates. Over 30 yrs. telephone experience. Residential/Business systems. Call Al Byrnes, 481-4665. gcap2

**THE CUISINE SCENE** Fine catering, glorious food, complete party planning service, menu suggestions for all occasions. Weddings, my specialty including beautiful cakes. Professionally trained staff. Call Susan 742-1956. gjn2

**BRIAN CLINTON MOVERS** Licensed & insured. One piece to a house load. Free estimates. 333-5894. Owner supervised. Carle Place. License #F11154. gcm1

**B.K. LANDSCAPING & Tree Service**. First class work at recession busting rates. Performed by mature, courteous Garden City resident & college grad. Call after 6 p.m. 248-2364. gcm4

**Services**

**BUILD WITH BRICK**  
 Stoops • Fireplaces • Patios  
 • Driveways • And all types of  
 Brick & Stone Work  
 Quality Workmanship at  
 Reasonable Prices  
 Satisfaction Guaranteed  
 No Job Too Small  
 • Waterproofing  
 • Slate Roofs Repaired  
 Estimates 538-3813  
 LIC #H1735940000 gcm4

**LADIES, RELAX & ENJOY**  
 your next party! Catering & experienced professional services for assisting with preparation, serving & cleaning up before, during and after your party. Bartenders available. Call Kate at 248-1545 or 746-8264. wfm

**LITE MOVING & STORAGE**  
 Very reasonable. Call day or night. Long & short term storage. Local/long distance. Will beat any price. Free estimates. \$10 off with this ad. 599-0996. gcp4

**TOM THE HANDYMAN.**  
 Home Repair Specialist. Doors sticking? Broken window glass & cords? Odd jobs, hardware, carpentry, aluminum trim, siding repairs, gutters, rotted wood. All around handyman. 546-5625. gcm4

**WANT TO COMPUTIZE?** We can assist you from selection to training. Free consultation. Call N.Y. Computer Consulting. 625-8437. wfm3

**LEAKS & SQUEAKS** - Handymen Service. No job too small, old house specialist. General home repairs. 15 year experience. Day and evening hours available. Call Jim 868-4984. gca1

**PETER SCHWARZ LANDSCAPING** - Spring & Fall clean up, weekly, maintenance, pruning, shrub planting, new sod lawns, re-seeding, power raking. Serving Garden City since 1965. Call 433-7632. Licensed & insured. gcm3

**RELIABLE LANDSCAPING** - Tired of paying top dollar for overpriced, overglorified landscapers? Want to deal with someone you can talk to? Twelve (12) years experience in Garden City & surrounding areas. Great prices, reliable service. Odd jobs my specialty. Free fertilizer with spring clean-up. Act now for early season discount. 248-4933. gcm3

**JAMES F. MENTZ**  
**CARPENTER-ROOFER**  
 Small Jobs Reasonable  
 Skylights Installed  
 Carpentry-Alterations  
 Slate Roof Repairs  
 Roofing-Gutters-Leaders  
 Kitchens-Attics-Basements  
 LIC #401750000 593-2933  
 gcp2

**HOME IMPROVEMENTS**  
 Cartwright Contracting. Top notch remodeling & repairs for home or business. Extensions, dormers, kitchens, decks, cedar siding, bathrooms, closets & basements. Take advantage of winter discounts. Free consultation & estimates. 741-2313. License # H18B3160000. gem3

**Services**

**GERIATRIC PLACEMENT CONSULTANT** specializing in Geriatrics. I am available to assist individuals and families with planning for nursing homes. Counseling is also available. Please call 488-4443 or leave message. gem3

**Professional Services**

**INCOME TAX PREPARED.** Preparation by 2 former IRS agents with 45 yrs. combined experience. Reasonable rates. Call Anne or Roger M. Gedgard 746-0425. gca2

**Instructions**

**SAT/PSAT TUTORING**  
 Boost your scores with personal instruction and preparation in your own home. Certified career high school English teacher with years of SAT experience. 423-1967 day or evening. hfm

**PIANO LESSONS ONLY \$30** a month. One hour weekly for beginners, small groups, four year olds and up. Creative and individual, all keyboards accepted. Every student excels. Thirty years Garden City. Call for special offer. Rita Lucy, 248-7379. gca1

**PIANO, ACCORDION AND** Guitar lessons - all levels, all ages. 22 years experience N.Y.S.S.M.A. and L.I.M.T.A. member. Call 354-1721. gcap2

**SAT/ACHIEVEMENTS/ENGLISH** tutoring. Expert help with SAT verbal & achievements. Also basic skills & enrichment. Boost your scores with personal instruction & preparation in your own home. Certified career high school English teacher with years of SAT experience. 423-1967 day or evening. hm4

**TUTORING / WORKING PARENTS.** Is your schedule on overload? Don't let the rest of this school year slip away. Let me help. I tutor all grades, all subjects, 1-6. Confidence building & positive approach. Certified, experienced teacher, Garden City resident. Reasonable rates, references. 877-7710. gcm4

**TUTOR-ELEMENTARY REMEDIAL** reading & math by licensed reading specialist in your home. Call after 3 p.m. 488-3079. gca1

**Fair**

**MODEL TRAIN, TOY & Doll Show.** Miniatures & craft extravaganza, baseball memorabilia. Sun., April 5. Free parking. St. Vincent de Paul auditorium. 2 floors fun & bargains. 1510 De Paul St., Elmont, 10 a.m. - 4 p.m. Buy, sell, trade. Breakfast, lunch. Admission \$5, senior citizens \$2. Early admission 9 a.m. \$6 per person, children under 12 free with parent. Raffle door prize, 200 dealers. Operating layout. For information call 352-2127. gcp1

**Fair**

**RR LINES TRAIN SHOW** Mar. 22, 9 a.m. - 1 p.m. VFW 68 Lincoln Rd., Franklin Square. Admission \$3, \$2.50 with ad. Model trains of all types. Available to general public. 775-4801. gem3

**Garage/Tag Sale**

**COME TO WELCOME** Spring yard sale! Sat., March 28; Rain date Sun., March 29, 10-4 at 100 Woodnut Pl., Mineola. gem4

**MOVING SALE** 131 Tanners Pond Rd., Garden City. Fri., March 27, 9-3. Sat., March 28, 9-12. Silver punch set/tray, other silver, 191 pieces of custom cut crystal, Orrefors, depression glass, Nippon, antique linens, 7 pics walnut Mediterranean style BR set. Other furniture, bird cages, clothing, collectibles, garden furniture, reasonable prices. gem4

**Antiques**

**WURLITZER UPRIGHT PIANO,** Antique sofa, antique cocktail table with smoked crystal top, 6 military Steins, 1 naval Stein, Sterling coffee & tea set with tray, Gold & lacquer Dupont lighter, antique English grandfather's clock, antique wall French farmer's clock plus much more. Call for appointment 488-3250. gcap2

**Notice**

**FEMALE BORN** 12/30/55 in Lake Forest, Illinois searching for birth mother, Colleen, born 6/13/36. Write: Barbara W., 436 NE 65th, Portland, Oregon 97213. (503) 254-0469. gcm4

**Special Events**

**GREEK NIGHT**, SUN., March 22. Doors open at 9 p.m. Wings Club, Garden City Grande Cafe, 1100 Stewart Ave., Garden City. Half price admission before 10:00 p.m. with this ad. 222-2121. gcm3



**HOLY SPIRIT YOU WHO SOLVE** all problems, who light all roads, so that I can obtain my goals. You who give me the divine gift to forgive and forget all evils against me and that in all instances of my life you are with me. I want in this short prayer to thank you for all things and to confirm once again that I never want to be separated from you ever in spite of all material illusions. I wish to be with you in eternal glory. Thank you for your mercy towards me and mine. Say for 3 consecutive days after which the favor requested will be granted even if it appears difficult. This prayer must be published immediately. Thank you Holy Spirit. J.C. gem3

# Noyenas

**NOVENA TO ST. JUDE** Oh Holy St. Jude, Apostle and Martyr, great in virtue and rich in miracles, near kinsman of Jesus Christ, faithful and intercessor of all who invoke your special patronage in time of need, to you I have recourse from the depths of my heart and humbly beg to whom God has given such great power to come to my assistance. Help me in my present and urgent petition. In return I promise to make your name known and cause you to be invoked St. Jude, pray for us all who invoke your aid. Amen. Say 3 Our Fathers, 3 Hail Marys, 3 Glorias. Say for 9 consecutive days. Publication must be promised. This novena has never been known to fail. Thank you for answering my prayers. A.D. hm3

**NOVENA TO ST. JUDE** Oh Holy St. Jude, Apostle and Martyr, great in virtue and rich in miracles, near kinsman of Jesus Christ, faithful and intercessor of all who invoke your special patronage in time of need, to you I have recourse from the depths of my heart and humbly beg to whom God has given such great power to come to my assistance. Help me in my present and urgent petition. In return I promise to make your name known and cause you to be invoked St. Jude, pray for us all who invoke your aid. Amen. Say 3 Our Fathers, 3 Hail Marys, 3 Glorias. Say for 9 consecutive days. Publication must be promised. This novena has never been known to fail. Thank you for answering my prayers. P.G. hm3

**NOVENA TO ST. JUDE** Oh Holy St. Jude, Apostle and Martyr, great in virtue and rich in miracles, near kinsman of Jesus Christ, faithful and intercessor of all who invoke your special patronage in time of need, to you I have recourse from the depths of my heart and humbly beg to whom God has given such great power to come to my assistance. Help me in my present and urgent petition. In return I promise to make your name known and cause you to be invoked St. Jude, pray for us all who invoke your aid. Amen. Say 3 Our Fathers, 3 Hail Marys, 3 Glorias. Say for 9 consecutive days. Publication must be promised. This novena has never been known to fail. Thank you for answering my prayers. S.M. hm3

**HOLY SPIRIT YOU WHO SOLVE** all problems, who light all roads, so that I can obtain my goals. You who give me the divine gift to forgive and forget all evils against me and that in all instances of my life you are with me. I want in this short prayer to thank you for all things and to confirm once again that I never want to be separated from you ever in spite of all material illusions. I wish to be with you in eternal glory. Thank you for your mercy towards me and mine. Say for 3 consecutive days after which the favor requested will be granted even if it appears difficult. This prayer must be published immediately. Thank you Holy Spirit. MJH. hm3

**HOLY SPIRIT YOU WHO SOLVE** all problems, who light all roads, so that I can obtain my goals. You who give me the divine gift to forgive and forget all evils against me and that in all instances of my life you are with me. I want in this short prayer to thank you for all things and to confirm once again that I never want to be separated from you ever in spite of all material illusions. I wish to be with you in eternal glory. Thank you for your mercy towards me and mine. Say for 3 consecutive days after which the favor requested will be granted even if it appears difficult. This prayer must be published immediately. Thank you Holy Spirit. ARC. gem3

# Kids Home Newspaper

Games, rhymes, and riddles for children and their parents, too!

By J.R. Rose

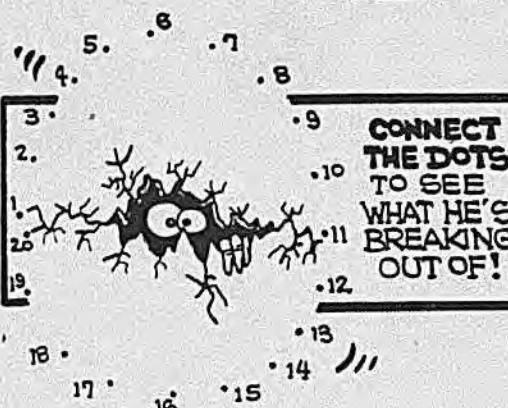


©1981, Friday, March 20, 1982 SOMETHING FOR EVERYONE

## DRAW IT!

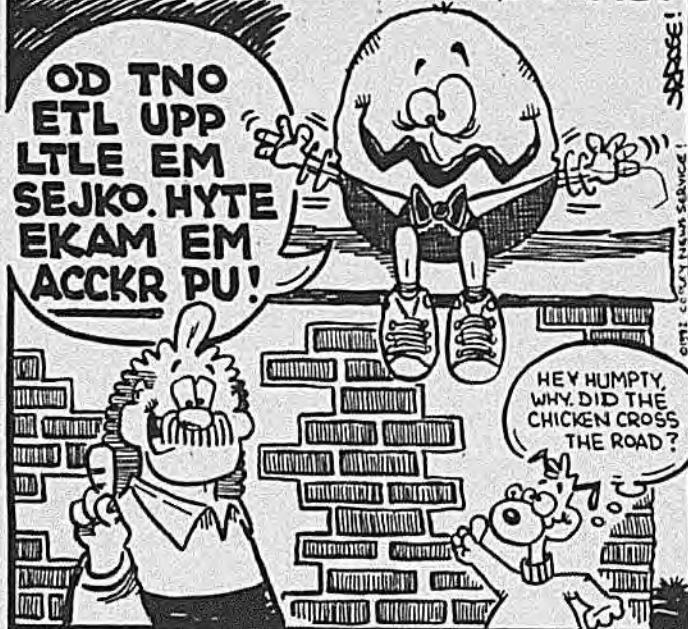
DRAW A FORK  
SO PUP CAN  
EAT HIS EGGS!

BREAKFAST IS THE  
MOST IMPORTANT  
MEAL  
OF THE  
DAY!



THIS HUMPTY DUMPTY'S BIG AND ROUND!  
HE'S SITTING UP ABOVE THE GROUND!  
HE'S ONE BIG EGG AS YOU CAN SEE.  
UNSCRAMBLE WHAT HE SAID TO ME!

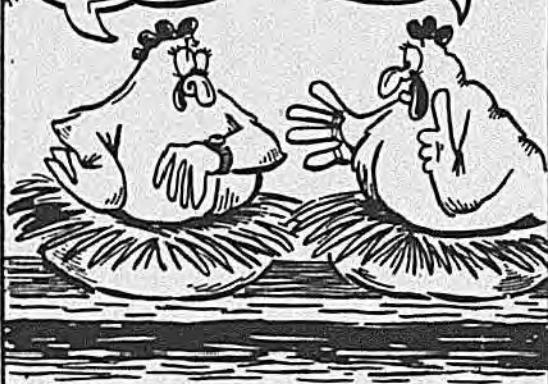
OD TNO  
ETL UPP  
LTLE EM  
SEJKO. HYTE  
EKAM EM  
ACCKR PU!



HOLD THIS UP TO A MIRROR TO SEE  
WHAT THESE HENS ARE SAYING...

WHAT TIME  
DO YOU  
PLAY YOUR  
EGG'S?

TEN  
O'CLOCK!



PUP THANKS ASHLEY PURCHASE OF CAMPBELL RIVER, B.C.

## WRITE US!

IF YOU HAVE ANY FUN  
GAMES OR JOKES SEND  
THEM TO : PUP

81 EAST BARCLAY STREET  
HICKSVILLE, NEW YORK 11801

WHERE DO CHICKENS GO  
ON VACATION?

SANDY  
EGGO!



PUP THANKS JOEY CULIG OF E. PITTSBURGH, PA.

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ACCORDIONS-PIANOS



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COMPLETE AUTOMOTIVE SERVICE  
• 10% SENIOR CITIZEN DISCOUNT  
ON REPAIRS

State &amp; Photo Inspection

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Williston Park, New York 11596 Dennis Dorman

**PIANO  
TUNING AND REPAIR**

- PROFESSIONAL TUNER
- CRAFTSMANSHIP REPAIRS
- ATTENTION TO DETAIL

GENE BENEDETTO  
741-0002

**Garden City House  
& Office Cleaning  
Corporation**



RESIDENTIAL  
COMMERCIAL  
Call for a Free Estimate  
(516) 248-8690  
Owned and Supervised  
by Garden City Residents  
BONDED & INSURED

Garden City House & Office Cleaning Corp. Bonded and Insured - Serving All Nassau County. We will sparkle-clean your house or office with a professional team of experienced, honest and reliable individuals who are trained in getting in and out in no time. The entire cleaning process is supervised by owners, who are Garden City residents. We stock and use all our cleaning equipment and materials. Call for a free estimate 248-8690 - leave message and we will promptly call you - references available.

**SUNRISE GOLF**



- Proline Golf Clubs
- Custom Golf Clubs
- Repairs
- Golf Lessons
- Slacks, Jackets, Shoes
- Complete Line Golf Accessories
- Golf Tapes & Books

Major Credit Cards  
Hours: Mon.-Fri. 9:30 p.m.; Sat. 9-6 p.m.  
2090 Jericho Tpke., New Hyde Park

**EJ'S CLASSIC  
Painting & Wallpaper Co.**

- Paper Removal
- Taping & Plastering
- Sheetrock Repairs
- Sand Painting \*Staining

FREE ESTIMATES  
248-3045

**E.W. BLACKTOP  
& CONCRETE**

Driveways Brickwork Concrete

294-5314

Dependable, Licensed, Reasonable

**PLUMBING - HEATING  
GENERAL CONTRACTOR**

Kitchens, Baths repaired,  
Remodeling, Water Heaters,  
Colls, Baseboards, Free  
Estimates  
Boilers, 2nd Zones. Licensed & Insured

SPINELLI 221-2414

Know Someone Having A Baby?  
**RENT-A-STORK**

Surprise Mom and Baby When They Come Home From The Hospital. Our Colorful 6' Tall Stork With Personalized Hand Painted Plaques Are A Sensation All Over Long Island.

All For Only \$45 per stork. Call: 516-739-2830  
To Rent or Reserve Your Stork. 516-741-0002

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**"TOP SOIL"**

Oyster Bay  
Sand & Gravel

WE DELIVER ON SATURDAYS

Call 822-6161 for

Fill, Concrete Sand, Pool Sand,  
Fine Sand, Bankrun, Gravel,  
Pea Gravel, Bluestone, Red Stone,  
Blend, Portland Cement, Decorative Stone  
Before You Buy Wood Chips  
Come See Our "Wood Rock"

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**WE'RE THE NEW  
GUYS IN TOWN**

The Small Dealer With  
Big-Time Savings

Exclusive Volvo Dealer in Nassau, Right on  
the Queens Border

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"All work performed and materials sold will be of the same, or better, quality than agreed upon in advance with the customer, or advertiser will make any and all adjustments without additional charge to the buyer."

For information about advertising on this page,  
Call 931-0012

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**TONY M. BIFANO**  
PLUMBING & HEATING

Gas Heating Conversions  
Gas & Hot Water Heater Specialists  
• NEW INSTALLATIONS 437-4830  
• REPAIRS FRANKLIN SQUARE  
KITCHENS & BATHROOMS ASK ABOUT OUR  
MODERNIZED GUARANTEE  
SEWERS ELECTRICALLY CLEANED  
• TUBS • TOILETS • DRAINS  
• SHOWERS • BASINS  
775-6204  
EMERGENCY ONLY  
Estimates Without Obligation

**ALLNEAT CLEANING CO.**

Residential &amp; Commercial Cleaning

- House/Apt. • Offices • Windows
- Chandlers • Spring Cleaning
- Much More....

**"YOUR SATISFACTION IS  
OUR TOP PRIORITY."**  
Call 877-2428 For a FREE Estimate  
& Ask About Our Special Discounts

**A & J TAXI**

169 SECOND ST., MINEOLA

LOCAL & AIRPORT SERVICE  
"The Best Price and Service in Town"

COUPON

\$2.00 OFF ANY  
AIRPORT

FINALLY - THERE IS A CHOICE!!

742-3332

**B & B**

**AUTOMOTIVE REPAIR**

Complete Automotive Service  
Foreign & Domestic

Garden City Park

739-3250

Seniors Discount

Mechanics Formerly from Tony's Exxon

REPAIRS



STATE  
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# ANTIQUE OR JUNQUE

By James G. McCollam



## Porcelain bust is Austrian

Q. Enclosed is a picture of a statue that stands about 21 inches tall. I have been told it is more than 100 years old and possibly made in England. It is marked with an "E" in an acorn within a triangle and "Royal Dux — Bohemia."

Please tell me something about its age and value.

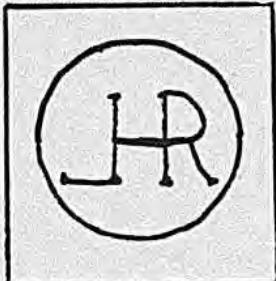


A. This bust was made by the Dux Porcelain Factory in Dux, Austria, between 1900 and 1918.

There is a similar bust listed in *The Antique Trader Price Guide* at \$3,850, but I think that is unrealistically high even if the condition is perfect.

Q. The attached mark is on the back of a cake plate. It measures 11 inches in diameter and is decorated with hand-painted grapes, pears and oranges. It has open handles and gold trim.

Can you provide any information about its origin and value.



A. This was made by the Hutschenreuther Co. in Selb, Germany, during the late 1800s. It would probably sell for \$80 to \$90.

### HUMMEL FIGURINES

During the 1930s and early 1940s, Sister Maria Innocentia Hummel, at the Franciscan convent in Seissen, Germany, achieved recognition for her talent as an artist. She specialized in pastel drawings of small children

at work and play.

From 1935 to the present, the Goebel Co. in Rodental, Germany, has produced hundreds of figurines of small children based on her original art.

All genuine figurines are incised with her signature, "M.I. Hummel." They also bear one of six trademarks that may be used to determine the period in which they were made.

The first mark, a crown over the monogram "WG," indicates that the figure was made between 1935 and 1942. There are five additional marks covering production up to the present.

Naturally, the ones with the first mark are the most valuable.

The most valuable is probably the "Advent Group With Black Child." This is a candleholder consisting of the infant with two white angels and one black. The number is 31, and if one should turn up today, it would be worth more than \$10,000.

In second place would be an almost identical "Silent Night," No. 54, which is worth between \$5,000 and \$10,000.

Fortunately, all Hummels are not so expensive. There are hundreds to choose from for \$100 or less.

Those who have serious interest in Hummels can contact the Goebel Collectors Club, 105 White Plains Road, Tarrytown, NY 10591, or The Hummels Collectors Club, P.O. Box 257, Yardley, PA 19067.

### BOOK REVIEW

"Warman's Antique American Games — 1840-1940" by Lee Dennis (Wallace-Homestead Books, an imprint of The Chilton Book Co.) is a complete price guide and reference to board and box games that beguiled us and our ancestors. There are more than 600 detailed photographs of games, many in color. It is fully indexed with an extensive bibliography.

It is interesting to note that a fine example of the boxed board game, Game of Baseball, made in 1886 by McLoughlin Bros., is worth \$2,500.



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## Points on Pets

By R.G. Elmore, D.V.M.

**Q.** Our registered cocker spaniel was bred by a neighbor's dog about a week ago. We were not home at the time. Our house sitter saw the dogs breeding. We are now wondering if it is too late to do anything about the mating. Can dogs be aborted safely?

**A.** There are several methods to safely terminate unwanted pregnancies in dogs. If you do not want your dog to ever have puppies, spaying probably is the best treatment.

Pregnancy can be terminated safely by spaying until the middle of pregnancy. A normal pregnancy in dogs usually lasts approximately 63 days. Therefore, dogs can safely be aborted by spaying during the first month of pregnancy.

Spaying renders the dog permanently sterile. If you do not want your dog ever to have puppies, spaying probably is the best and

safest method to terminate pregnancy. If you suspect that your dog is pregnant at the time you request that your veterinarian spay her, you should inform him/her of the possibility.

Hormonal-type drugs may also be used to abort unwanted puppies. Estrogens are effective in preventing attachment of the puppies' fetal membranes to the inner lining of the mother's uterus if given within five days following mating. However, the signs of heat may persist for two to three weeks following the treatment.

The use of estrogens has caused infertility in some dogs. Therefore, it should be used very sparingly. Large doses of estrogens may also cause abnormalities in the blood.

It is much better to prevent mating by confining your dog while she is receptive to males than to have to abort her puppies.

### The World's Most Beautiful Grandchildren



Here is our beautiful granddaughter, Mary Catherine Swanton. She is seven months old and our hearts' delight. Mary Catherine is the daughter of Capt. Thomas and Cathy Swanton, and the granddaughter of John and Joan Swanton, and Theresa and Dick Mansfield.

## JUNIOR EDITION

### PENCIL

CARTOONIST'S TIP: IF YOU WANT A CHARACTER TO SING OR YELL LOUDLY DRAW THOSE MOUTHS REALLY LARGE. THEN DRAW EYES AND EYEBROWS TO SHOW HOW THEY FEEL. TRY IT OVER HERE!



### Aunt Tilly's Corner

Tuesday was St. Patrick's Day. Did you wear anything green? I did even though I am not Irish. The spirit is a happy one. It is a day when St. Patrick, the patron saint of Ireland is celebrated. He is said to have driven all the snakes out of Ireland.

Your friend,  
Aunt Tilly

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  4. Decision of the judges will be final.

Mail your entry (just clip our cartoon) to this newspaper at:  
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Williston Park, N.Y. 11596

### YOUR SOCIAL SECURITY

### Reduced Social Security benefits

By William M. Acosta

**Q.** I started to receive Social Security at the age of 62. Will my benefits increase at age 65? — M.F.

**A.** Generally, once you elect to receive a reduced Social Security benefit, it will always be reduced. There are disadvantages and advantages to taking your benefit before your full retirement age.

Each person's situation is different, so make sure you check with Social Security before you decide to retire.

**Q.** I was in the military service from January 1943 until I retired from active duty in 1973. I continued working under Social Security coverage until I turned age 63.

Can I get my full Social Security benefit and my military retirement pay? — J.T.

**A.** You can get both Social Security benefits and military retirement. In general, there is no offset against your Social Security benefit because of your military retirement.

However, if in addition to your military benefit you receive a government pension based on a job in which you didn't pay Social Security taxes (such as civil service pension), your Social Security benefit may be affected.

**Q.** I currently have my checks going directly to the bank. I am

thinking about changing banks. What is the best way to notify Social Security of this change without a delay? — M.B.

**A.** If you change financial institutions, we can change your direct-deposit information over the telephone. Have your new and old account numbers handy when you call us.

The toll-free telephone number is: (800) 772-1213. Be sure to keep your old account open until the new account establishes the direct deposit.

**Q.** I have been receiving Social Security survivor benefits for myself and my 13-year-old daughter. She got involved with drugs and had to be placed in a foster-care situation last month, and I don't know how long she will be in foster care. Can I continue to receive my check? — C.T.

**A.** Your benefits will stop as you no longer have responsibility for the child. When the child returns to your care, we can start sending benefits to you again. Benefits stop when the child turns age 16 or marries.

### YOUR SOCIAL SECURITY

# Home Interiors



Special Edition Appearing In  
Wantagh Times/Mineola Edition, New Hyde Park Herald Courier, Mid Island Times,  
Bethpage Newsgram, Syosset Advance, Jericho News Journal, Garden City News &  
The Great Neck News

Friday, March 20, 1992

## SEASONAL TRENDS

By Sharon Williams

In terms of home decorating for the '90s, one might say the outdoors is in, and the indoors is out.

Interior color schemes are appearing on home exteriors, and colors from nature are coming inside. Leaf motifs cover sofas and overstuffed chairs. Wrought-iron furniture works as well in the bedroom as it does on the patio.

Indoor/outdoor themes are among many trends in color and furniture design surfacing for the coming decade that reflect today's social, political, cultural and economic climates.

Personal preference reigns supreme in today's decorating world, and as a result, some trends are unconventional, while others offer a respectful nod to tradition.

Some even have old, die-hard decorating statutes — such as those relegating certain colors to geographic regions and genders — crumbling like the Berlin Wall.

Following is a look at what's new in both color and furniture design.

## COLOR

When it comes to color in the '90s, Mother Nature truly knows best.

Natural colors, such as clear greens and blues, sand and sea neutrals, rich earth tones, spice tones of sienna and cinnamon and beautiful flower shades are just a few of the many hues haute home owners will be bringing in from the great outdoors.

## What's new in color, furniture design

The general trend is toward a lightening of the color palette, with dark tones used more as accents than as total statements, and midtone colors functioning as darks within prints.

What's behind this back-to-nature look?

"A preference for clear, clean colors, and for lighter tones, definitely is a reaction to the interest in — and focus on — the natural environment and its preservation — certainly one of the key issues of the coming decade," says Diane Piemonte, creative director for a bed and bath ensemble manufacturer.

Another color trend celebrates America's melting pot, embracing the warm hues and accompanying patterns native to immigrants from the Middle and Far East, Central and South America and Africa.

An increasing awareness of other cultures, says Piemonte, results in a willingness to more freely borrow ideas and design concepts from them.

Another influence that's not so close to home: *Home* magazine predicts a red alert, inspired by the 1992 Olympics in Barcelona.

In this uncertain decade, *Home* magazine predicts that many of those redoing the halls and walls will find stability in classic, time-tested color schemes.

Navy and white, for instance, is one traditional combination that's new again. Opulent Old World red is another reassuring hue.

With color, the walls have truly

come down regarding rules and regulations about what hue should go where.

As a result, adventurous spirits are playing with a full box of crayons as they decide just how they'll color their world.

One hot trend, according to *Home*, is the use of classic color indoor combinations outside. Not only does imaginative color give home exteriors new life, but it offers a way to create a unified look that extends from indoor to outdoor.

Another lighthearted look begins and ends with yellow. Not just limited to the kitchen anymore, yellow can bring an upbeat, optimistic feeling to virtually any room in the house.

## FURNITURE DESIGN TRENDS

Rough-and-tumble and rugged, yet warm and inviting, the cabin look is blazing a trail through the cities and suburbs.

Key furnishings — ranging from knotty pine and lodgepole to nostalgic wicker and the new Adirondack designs — often are mixed with antiques and arts and crafts pieces for the ultimate in no-frills comfort.

Details such as weathered finishes, aged metal or leather accents and Indian- or cowboy-inspired patterns make these pieces vital to a number of interiors — among them the Western and hacienda ambiances so popular right now.

Once relegated to the patio or the porch, metal, wicker and wood

furnishings with a garden theme now are sprouting up around the house.

Interior designers are turning over a new leaf with the garden look — using it as yet another way to bring the outdoors indoors. Key pieces range from dining sets and beds to entertainment centers and sideboards — oftentimes accented with natural palettes, leaf motifs or other nature-inspired prints.

In terms of the furnishings, there's an especially heavy emphasis on metal. As structurally sound as it is stylized, metal furnishings are twisted into pieces and periods ranging from chairs to beds, and turn-of-the-century to contemporary.

When it comes to contemporary sofas and upholstered chairs, today's designers are taking their cues from the classics, then updating these timeless square shapes and clean lines with smart fabrications and new color choices.

Some of the hottest designs include tight-back sofas reminiscent of the 1940s, overstuffed armchairs and club chairs ala the 1950s, while patterns range from bold checks and stripes to nature- and ethnic-inspired prints.

And keeping in line with the prudent 1990s, slipcovers are making a comeback as instant updaters that are as practical as they are pretty.

Blame it on the baby boom and the decade's focus on the family. Whatever the reason, children's furnishings now are a major priority with furniture designers.



ESTABLISHED 1965

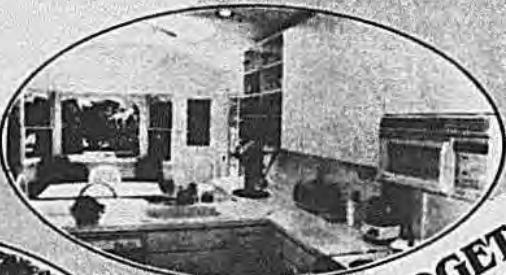
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## FUNCTIONAL FUN

## Kitchens, baths and bedrooms for living



**FUNCTIONAL FUN** — As one of the most-used rooms in the house, the kitchen should be functional and inviting. *Shown here: Flooring with Mexican "Estrella" motif by Armstrong.*

By Sharon Achatz

In today's world of home design, functional rooms are fun.

Granted, every kitchen still has its refrigerator, every bathroom its toilet, every bedroom its bed. But beyond that, all design bets are off.

Smart strategies allow for the functionality of these rooms while reflecting the fantasy and philosophy of the home's residents.

Bathrooms range from suites that incorporate saunas and exercise equipment to sleek period reproductions with all the latest water-saving devices. Kitchens blend high-tech appliances with colorful ceramic collections; bedrooms range from restful repose to vibrant playrooms — for adults and kids alike.

## BEYOND-BASIC BATHS

Used to be, you simply purchased a white pedestal sink, a standard oval tub, a toilet and a mirrored medicine cabinet and called it a bathroom.

All that has changed.

The '90s bathroom has soaked up stylish ideas heretofore relegated to the rest of the house, from far Eastern effects to antiques and artifacts. It also has jazzed-up versions of classic bathroom looks, from glass-and-mirror glamour to miles of tiles.

Regardless of the room's artistic style, there are fixtures and fittings designed for every taste — from lighting fixtures and cabinet facings to floor coverings and tub design.

Consider the design diversity of Spanish marble vs. laminated countertops, wooden vs. mirrored cabinets, glassblock vs. wallpapered walls, mosaic tile vs. white-washed wood flooring, recessed downlights vs. sconces, a claw-foot tub vs. a wooden Japanese soaking bath.

Today's bathroom most often is a mix-and-match of styles, and accent pieces from ornamental mirrors to faucet handles and from hampers to linens pull together any look.

Many other fixtures extend beyond style to meet family needs for comfort, convenience and safety.

For families feeling cramped, space-saving fixtures such as corner tubs, sinks, vanities and showers help add amenities without enlarging the space. For the environmentally conscious, a broadrange of energy- and water-conserving fixtures save resources.

Heated towel bars generate soothing warmth, waterfall spouts make filling oversize tubs a breeze, handheld shower heads enhance the functionality of tubs and benches create comfort in shower stalls.

As for safety, it's a snap to find sturdy grab bars, non-skid fixtures and shatter-proof materials. You can even buy temperature-limiting plumbing fixtures to prevent scalds.

The bigger bath of newer homes is a convenience in its own right, but it also can be conveniently compartmentalized for multiple uses — in fact, it's overflowing with possibilities.

Add a laundry room, desk or dressing area for functionality, a flower garden for pretty-as-you-please decor, exercise equipment and a sauna for blowing off and taking on steam, a stereo, television and whirlpool tub for relaxation.

## BETTER BEDROOMS

Bedrooms no longer are just for sleeping — this sweet retreat into dreamland now has become a full-fledged playroom for adults as well as kids.

## AFFORDABLE INTERIORS

By Alison Ashton

Everyone loves a beautiful interior, but not everyone has the cash to reproduce the looks they see in all those decorating books and magazines.

A lot of homeowners and renters have flea-market budgets on which to build dreams of *House Beautiful* homes. But designers swear up and down that it can be done. And with planning, it can.

The first word of advice, especially if you're working with a limited budget, is to devise an overall plan. Decide where you want to put the bulk of your money. Maybe you want to create the bedroom of your fantasies or update an out-of-date kitchen or simply furnish a first apartment so it doesn't look like Junkyards R Us.

Don't feel that you have to do everything at once. Those wonderful English country homes everyone admires so much took generations to evolve, so give your home a few years to age into something you really love.

Get a sense of what you like by perusing books and magazines. You may not be able to afford high-end fabrics and furniture, but at least you'll learn to use your budget to cultivate the look you like — on whatever scale you can afford.

*Metropolitan Home* magazine has a good feature that's helpful to anyone who is trying to decorate on a budget. It highlights a "Rich and Famous" interior and a more affordable "Up and Coming" counterpart. While the "Up and Coming" alternative is still out of most people's range (not many of us can afford to spend \$31,000 on a living room), it does teach the budget decorator an important lesson: You can have luxe looks for less.

Using antique reproductions, rich textures, well-framed prints and a good eye, you'll find that a great interior doesn't have to cost a king's ransom.

Do whatever you can yourself. Buy books on paint techniques. Take courses at community colleges on how to hang wallpaper. Start with a small project, such as refinishing a table, and work your way up to bigger do-it-yourself decorating risks.

If you sew, you're in luck when it comes to stitching up curtains, slipcovers and throw pillows. If you're all thumbs with a needle and thread, don't fret. Just look for no-sew options at fabric stores such as *McCall's* Home Dec in a Sec patterns for window treatments (they use a hot iron and fusible webbing).

Since people decorating on a shoestring budget can't afford the services of an interior designer, look for ways to get free advice. Many furniture stores and home-improvement emporiums offer free in-house design consultations with purchases, and it helps to cultivate a good relationship with the salespeople at your local hardware store for tips on how to use all the do-it-yourself goodies.

## FUN FURNITURE

Take a tip from smart designers and start with what you already have. Tired old tables are given

## Great decor on a small budget

new life with a coat of paint; a disreputable sofa is rejuvenated by a slipcover.

If you don't have old furniture to recycle, haunt flea markets, consignment shops and garage and estate sales. It's true that someone else's junk could become your treasure.

Whenever purchasing used furniture, examine it carefully. A beat-up looking dresser is salvageable if its construction is solid. However, the most beautiful slipcover in the world won't redeem a delapidated couch that really needs reupholstering.

If you prefer to save your pennies and buy new items, consider ready-to-assemble furniture in the form of bed frames, tables, chairs and armoires.

Although it once got a bad rap, RTA boasts better construction, materials and savings than ever before. And, no, you don't have to be a master craftsman to put the stuff together; the tools you need often are included in the kit. Materials range from solid woods to laminated particle board.

Another way to stretch furniture dollars is to buy unfinished furniture to finish yourself. How about a wooden toy chest for an affordable coffee table?

Another affordable option is to look for plaster columns and objects d'art to incorporate into furniture (you can find these at swap meets and decorating emporiums). Pair a plaster column and a nice piece for glass for an elegant night table.

Budget decorators who are handy and/or brave can try their hand at building their own furniture. For example, try putting together a headboard with plywood (cut to shape at the hardware store), polyester batting, pretty sheets and a staple gun.

The not-so-handy can piece together a huge office table out of sawhorses and a door painted in outrageous colors.

## UNDER COVER

Save a sofa! Rescue a chair! Slipcovers are the decorating highlight of the cost-conscious '90s. Whether you make them yourself or have them made, slipcovers are a nice way to update that good but ugly avocado-green relic from the '70s.

You can splurge on expensive fabrics or put something together out of pretty designer sheets. If you're sewing fitted slipcovers with piping and skirts, line the skirt so it has more body and falls better. You can even give new life to an old chenille bedspread by recreating it into a slipcover for your favorite armchair.

Anyone who is decorating their first home probably relies on folding chairs and director's chairs for cheap seating. Simple slipcovers all them to go from basic to beautiful. You can create them yourself by pinning and tying them in place with decorative cord or look for ready-made versions at home-decorating emporiums, such as Pottery Barn or Crate & Barrel.

Even old tables can go under cover. Tablecloths aren't just for the dining room — try draping an



old nightstand or vanity with sheeting to create a romantic look.

## WALLS, WINDOWS AND FLOORS

Beloved as the cheapest decorating accessory around, paint also can be the most dramatic. Since walls define a room, interesting paint techniques can bring it to life.

Try different techniques, such as spattering, sponging and ragging. Or use contrasting colors to create panels. Painting piping can create a border in place of moulding (although you can buy affordable moulding cut to size to add architectural interest to an otherwise dull room).

If you love the look of wallpaper but can't afford to do a whole room in it, consider papering just one wall and painting the rest of the room in a coordinating color. Or use panels of expensive paper framed by a wallpaper border or moulding.

Window treatments enhance privacy and help give the room personality. You can embellish a

plain shade with a wooden valance created out of plywood covered with sheeting. Or simply let yards of muslin fall from a simple wooden curtain rod. Use grosgrain ribbon to create a fabric swag.

Don't overlook light blankets and bedspreads to use as draperies in addition to sheets.

When you figure your decorating budget, don't overlook what's under foot. Floors can make a statement, but they also can be a money pit. If you can't afford to refinish a beat-up hardwood floor, consider simply painting it (remember to finish it off with a couple of coats of polyurethane).

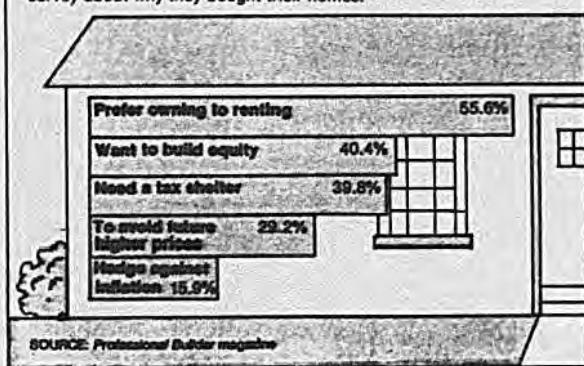
Or simply cover it up altogether. Sisal carpeting is an inexpensive option that also can be painted with acrylics. If you're ambitious, create floorcovering out of canvas decorated with latex paint and finished with polyurethane.

If you have carpeting that looks old, consider having it dyed a darker color to bring it back to life.

## HOMEFACTS

## Why we buy our homes

How American homeowners responded to a *Professional Builder* survey about why they bought their homes.



SOURCE: *Professional Builder* magazine



**HOME ACCESSORIES** — This room shows how well-displayed antiques, collectibles and beloved objets d'art make a room more inviting.

By Mike Dale

Home is where the hearth is — along with the collectibles, lace, candles, mirrors, linens, rugs, art, antiques and photographs.

They can lend an air of coziness

or "make a statement." But where to start refurbishing?

Even if you have plenty of furnishings, think of your home as an empty pallet. All you have are standing walls (unpainted), bare

floors and unfurnished rooms.

Should a hardwood floor be carpeted? Could the carpeting be scrapped altogether? Would a throw rug, room divider and stenciling on the wall make a better statement?

Where should collectibles be displayed? How does one find them? What about original art? How can seemingly innocuous items such as candles and flowers lend ambience to a room?

When it comes to ornamentation questions, personal style plays as big a part as practical, day-to-day considerations.

Helpful ideas can be found in home decorating, art or antique magazines. Flip through the illustrations and articles. Make a list of items that you can do without — like starter furniture, hand-me-downs or gifts no longer being utilized.

#### COLLECTIBLES

Beauty is in the eye of the beholder. And so it goes with collectibles such as figurines, pop culture mementos, silver goods, china, crystal and the like.

A room can recall an era — the 1950s, for example — when chairs looked like potato chips, coffee tables resembled amoebas and sofas twisted like Italian sausages.

Or the contents of a five-and-dime store can be emptied into a room: a Batman and Robin talking alarm clock; plastic fruits; an Empire State building statue and ceramic cacti.

Those with "Americana" on their mind would revel in pewter

pots, wooden tables, colonial chairs, duck figurines, flowery stencil at cornice level and an oriental rug.

For an eye-catching display, group pieces by maker, theme and artist. But don't be afraid to mix different types of items (it's OK to put a figurine next to a plate).

#### FURNITURE

An easy way to spice up rooms? Reupholster couches and sofas. Move furniture around to create a new "flow." Get furniture away from the wall.

Furniture also can be built around the elements that constructed the building. Example: in a passive solar California house, concrete blocks can be assembled into artful tables, benches and chaises.

For the "library" touch, dark woods such as mahogany and brown leathers reflect a studious demeanor. Furniture in game rooms would be fun and frivolous, almost toylike. Apartment dwellers might opt for a simple arrangement of couch, window seat and two coffee tables.

#### ART/ANTIQUES

It's another personal touch — whether you have framed your favorite David Bowie rock poster, a Matisse print or your buddy's watercolor of swans at sunset. Prints, folios, paintings, sculptures and antiques can be employed as the centerpiece of a room or its accoutrement.

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9:45 LOW/HI	9:45 STEP/LOW/HI	9:45 HI/LOW	9:45 STEP	9:45 HI/LOW	10:00 STEP	10:00 STEP
11:15 STEP	11:15 B.S.	11:15 STEP/BEG	11:15 B.S.	11:15 STEP		
1:00 STEP/BEG				1:00 STEP/BEG	4:00-5:00 STEP/BEG	
	4:30-5:30 JR. STEP	4:30-5:30 LOW	4:45-5:30 JR. STEP			
6:00-7:00 STEP	6:00-7:00 LOW	6:00-7:00 INTERVAL TRAINING	6:00-7:00 LOW	6:00-7:00 STEP		
7:15-8:15 STEP/BEG	7:15-8:15 HI	7:15-8:15 STEP/BEG	7:15-8:15 HI			

## INDOOR EXTERIORS

By Debra Lee Baldwin

You needn't go outside to enjoy the sunshine.

Install skylights or add a sun room and you'll bask in bright, beautiful light inside your home.

And if you want to combine the best of indoors and out, you might enhance your yard with an outdoor room or gazebo.

## SKYLIGHTS

The demand for skylights has more than doubled over the past five years — thanks to improvements in materials, design and construction.

New models are weatherproof and airtight; they block glare and handle condensation. Best of all, they open up views of the sky during the day and of the stars at night.

Skylight manufacturers report that many of their recent customers plan to put their homes on the market and are looking for an instant upgrade likely to please potential buyers.

Natural light from skylights also gives more interior design options. It can add drama to rooms, creating changing patterns of light and shadow; plants flourish as though in a greenhouse. And unlike windows, skylights don't take up wall space (a bonus for smaller homes).

If a room addition leaves interior rooms windowless and dark, skylights can help. In any gloomy

## Skylights, sun rooms and gazebos

area, such as a hallway, stairwell, attic room, walk-in closet or entryway, they provide at least three times more light than equivalent-size windows.

Skylights also can reduce home energy costs. They eliminate the need for electric lighting during the day, and, as passive solar collectors, heat the home during winter. Venting models can be opened to release warm air as needed during summer months.

It's possible to save money and install skylights yourself; some manufacturers provide step-by-step installation instructions.

Owners of clear skylights will most likely want to block light and heat during warmer months; options include manual, electric and remote-control blinds, shades and awnings — all designed to work at gravity-defying angles.

## SUN ROOMS

No matter what they're called — sun rooms, greenhouses, solariums or conservatories — new styles no longer look like tacked-on afterthoughts.

Nor do they leak, overheat or fog with condensation.

According to *Home Mechanix* magazine, "Sun room manufacturers have solved these problems and are now offering trouble-free kits with new glazings, caulking, ventilation systems, structural condensation release systems and other innovations."

The numerous styles available

range from traditional Victorian conservatories — complete with ornate finials — to contemporary units with sweeps of curved and angled glass.

To expand your home's living space, install a sun room adjacent to a kitchen, living room, exercise room or bathroom. You might even add a bubbling spa plus humidity-loving potted plants.

Kits are available; many manufacturers also supply videotapes explaining sun room installation. (This is not a job for a do-it-yourselfer, however, unless you have a good understanding of glazing and home construction.)

For sun control, awnings and shades can be built into a sun room's framework. Special films also block the sun's ultraviolet rays and control heat gain; these often are sandwiched between air spaces inside the panels.

As for furnishings, "Bring the colors of your landscape indoors," advises *Sunset* magazine. For example, you might pick the hues of bougainvilleas or roses for upholstered fabrics.

Also, manufacturers of outdoor furniture now offer attractive and sophisticated lines (made of wicker, rattan, wood, wrought iron and aluminum) that work well indoors as well as out.

## GAZEBOS, OUTDOOR ROOMS

A patio, deck, atrium or Hawaiian-style lanai all have the potential to become "outdoor

rooms," depending on furnishings and additions of amenities such as a barbecue, spa or wet bar.

Free-standing glass-enclosed outdoor rooms are ideal retreats for gardeners; use a greenhouse to store gardening equipment and to house exotic blooms.

But perhaps the most airy, inviting and elegant of outdoor living areas is the gazebo.

Also known as tea houses, pergolas, arbors and summer houses, gazebos range from simple roofs supported by four pillars to elaborate structures with polished floors and stained-glass windows.

When selecting a gazebo for your yard, keep your home's architecture in mind; the two should complement each other. A frilly Victorian structure won't look right next to Spanish-style stucco.

You can have a gazebo custom-designed and constructed, but do-it-yourself kits, complete with parts, are available. Another option: Have a gazebo built from professionally drawn plans; one source is *Better Homes and Gardens*.

Make sure the site is level with proper drainage, and is sheltered from strong sunlight. Decide what you'll use the gazebo for; if you plan to entertain, it should be large enough to accommodate guests.

A small gazebo will do for a quiet summer retreat; it need be large enough only for yourself, a close friend, wicker chairs — and perhaps a table.



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## SPRING CLEANING

By Alison Ashton

It's an onerous task that homeowners approach every year with varying degrees of enthusiasm: spring cleaning.

Some relish the opportunity to clear away the rubbish of winter and prepare for spring. Most plead a terminal case of spring fever and put the project off till summer.

If you've resolved to do your spring cleaning in a timely fashion this year, here are some tips on how to get it done as quickly and painlessly as possible.

### GET ORGANIZED

Cleaning pros will tell you that organization is the key to cleaning quickly and efficiently. That means getting all your tools organized and not doing anything that isn't really necessary.

Start by breaking the project down into manageable tasks. For some people that means working room by room, moving from the easiest jobs (neatening the living room) to the worst (tackling the bathroom and kitchen). Others need to work on a smaller scale — just clearing out a cluttered closet is a small victory.

Make sure you have all the cleaning products and tools you'll need before you start. Have plenty of sponges and towels. Anticipate any special items you might need, such as a long-handled squeegee to clean windows.

Then keep the supplies in one place, such as a plastic painter's caddy or in an apron with lots of pockets — you don't want to run back and forth to fetch items you need.

First, clear away any clutter, which will do a lot to improve the room's appearance. Avoid backtracking by carrying a large box or basket from room to room to ferry items where they belong.

If you're tackling a big de-junking project, such as cleaning a closet or clearing out the garage, use three big boxes. One for stuff to throw away, one for items to give away, one for items to clean and keep.

Start at the top and work down. That means dust the tops of cabinets and shelves, letting debris fall to the floor, which you'll clean last of all.

Look for ways to do the job faster. Squeegees make washing windows less of a chore. If you're removing storm windows, don't bother to clean them at all; just wrap them up in blankets, store them, and wait until you put them up in the fall to clean them.

Another tip on cleaning windows: Do the sills first, then the glass. If you do it the other way around, you risk smudging a clean window.

Window coverings also will need cleaning. If drapes are just dusty, try throwing them in the dryer with a damp cloth to collect the dust. Hang them while they're still damp with a clothespin at the bottom if they're pleated.

Whether you're cleaning walls, floors, ceilings or furniture, always use one rag to clean and another to rinse. Have plenty of rags so you don't have to clean with a dirty one.

If you have to vacuum a lot, use an extension cord so you can roam from room to room without having to unplug the vacuum cleaner to drag it to the next room.

Finally, don't overlook important spring-cleaning jobs, such as cleaning the filters on air conditioners with warm water and a mild detergent to make them more efficient and cut down on indoor pollution. If the air condition-

## Earth-friendly ways to clean house

ers will be used a lot during warm-weather months, clean filters once a week and replace them once a month.

### PRODUCT WATCH

Because spring cleaning means using lots of cleaning products, it's smart to pay attention to what you use. A lot — but not all — commercial cleaning products contain very strong, toxic materials that are really overkill when it comes to cleaning the average house.

So when you're shopping for cleaning agents, look for non-toxic, biodegradable products. Ideally, you want the simplest cleaner to do the job. Avoid artificial colors, scents, chlorine, phosphoric and sulfuric acids and look for naturally derived products.

For tips on shopping for planet-friendly cleaning products, books such as "Shopping for a Better Environment" by Laurence Tasaday with Katherine Stevenson (Meadowbrook Press) help.

There are a number of relatively safe cruelty-free (no animal testing or ingredients) available. Try large supermarkets for brands like Murphy's Oil Soap, Planet or Simple Green. If that doesn't work, look in large natural-food stores for even gentler

products.

Or you can mix your own cleaners. A couple of tablespoons of white vinegar in a quart of hot water makes an effective all-purpose cleaner. Baking soda is another option. Try a half-cup of borax and a half-cup of vinegar dissolved in warm water to attack mold and mildew in the bathroom.

If you already have toxic cleaning products sitting under your

kitchen sink, there are two options. Either dispose of them (call your city's waste management department for tips on disposing toxic materials safely) or, better still, simply use them up and replace them with milder products.

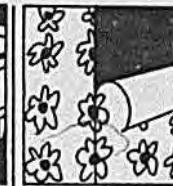
## HOMEFACTS

### Home fix-ups for when you sell

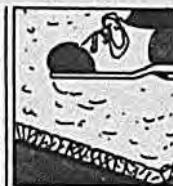
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General cleanup



Redecorating/  
wallpapering



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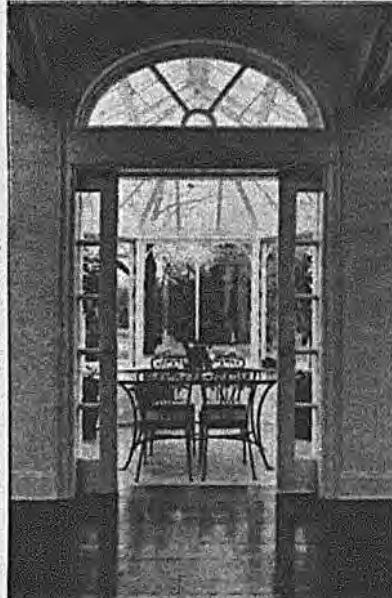
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SOURCE: ERA Real Estate survey

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## SMALL-SPACE DESIGN

By Karen Cooksey

If your house or apartment is less than spacious, you can expand your living area with a little decorative hocus-pocus.

By employing optical illusions, making the best use of the space you have, and eliminating clutter, you can make your tiny nest seem bigger.

## KEEP SMALL ROOMS SIMPLE

"One way to make a small room look bigger is to paint the walls neutral and choose neutral, overstuffed furniture," says Barbara Jacobs, ASID, an interior designer in Saratoga, Calif.

This decorating trick makes the space feel larger than it is because your eye travels easily around the room, moving from wall to sofa to picture.

"But if your glance is broken up with light-dark-light-dark color changes, the room shrinks," adds San Diego design expert Carol Brown, ASID.

## How to accessorize, maximize space

Small rooms only seem tiny when they're cluttered and crowded. By keeping them simple and neat, you add apparent square footage to your living space.

Here are decorating tricks to make tiny rooms grow:

Choose one simple, light color and carry it through from one room to the next.

Keep the windows inconspicuous by using window treatments that blend into the walls, so they don't break up the room.

Upholster several pieces with the same fabric, if possible, rather than making the eye jump around from a tan corduroy couch to a plaid cotton chair to a white linen love seat.

Minimize clutter by choosing two or three large accessories (plants, flower vases, pictures, etc.), rather than lots of smaller ones.

Group several pieces of pottery or other accessories in one area, rather than scattering them throughout the room.

Choose "see-through" furniture — glass-topped tables and wall

units with glass shelves and mirrored backs — that don't seem to take up any space.

Hang mirrors to help make walls disappear.

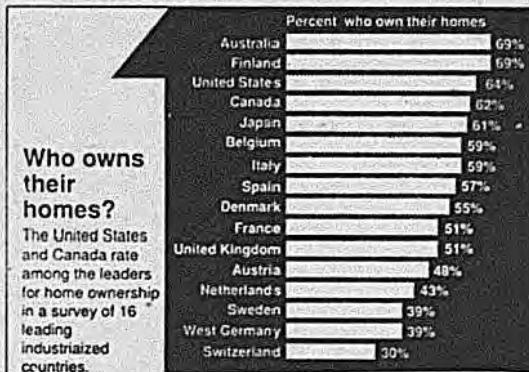
Don't make a small bedroom look even smaller by choosing a bed that's too large. You may have to start out with a double, rather than a queen-size, bed.

Upholster a piece of plywood

with fabric and place it at the head of your bed if you don't have a headboard. It not only gives the room a finished look, but it also helps the eye travel horizontally, making the room seem wider.

Create the illusion of extra width by choosing low, wide bookcases and credenzas rather than tall, narrow pieces that break up the wall.

## HOMEFACTS



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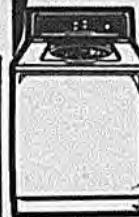
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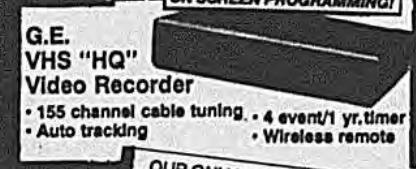
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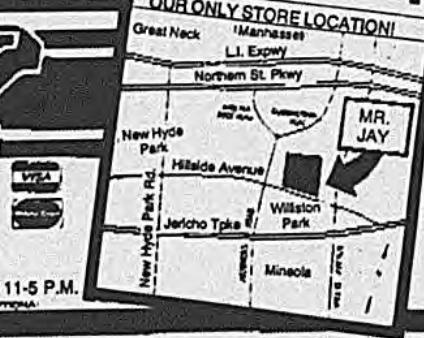
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## HOME IMPROVEMENT PRIMER

## Small-scale projects for big and better

By Sharon Achatz

Small-scale remodeling projects can pay off big in terms of making a house your home.

Adding a fireplace, installing handsome doors and replacing vinyl flooring with ceramic tiles, for example, can create rooms with distinctive atmosphere and character.

Many such projects can be mastered by a do-it-yourselfer with appropriate tools; others require the touch of a master.

While the do-it-yourselfer often enjoys an emotional payback and significant dollar savings, he or she also can create near disasters and costly mistakes that a pro would have been able to avoid. It's

up to each individual to determine how much or little wants you want to do by yourself — one friend recently installed his own carpeting, another refuses to lift a hammer for even the most basic of home repairs, saying "There are people who do that for a living."

Of course, the preponderance of prefab kits has made it almost essential for a homeowner to take hammer in hand and give at least a project or two the do-it-yourselfer try. The kits — for everything from outdoor lighting to shower heads — are available at just about every hardware store or home-and-garden center.

If you opt instead for a project

that requires a contractor — whether carpenter, painter, plumber or electrician — begin by seeking recommendations from friends, neighbors and co-workers.

Check with the Better Business Bureau to make sure there isn't a history of dissatisfied customers, and ask the contractor for references. Then call the references and ask if you can inspect the contractor's work.

Get written estimates from at least three people, making sure the figures are based on the same materials and workmanship.

Once you've decided who to use, insist on a written contract that gives a detailed description of

work to be done, timetables for completion, payment terms and schedules.

Having said that, here are a few favorite projects to consider for yourself or a pro — some for convenience, others to add a touch of class and some just to keep the old homestead in tip-top repair.

## FOR CONVENIENCE

Add a shower to your bathtub, either by replacing old plumbing with new or with a Shower Tower kit from Swan Corp. of St. Louis. Instead of ripping out the wall to install new plumbing, the do-it-yourselfer simply fastens pre-assembled piping to the shower wall, then covers it with a fiberglass shell.

Expand the space in your home without adding on by rearranging a bathroom and installing space-saving fixtures or by creating an under-the-stairs closet.

Or increase the storage capacity of your current clothes closet with a motorized, revolving closet carousel from White Home Products of Atlanta, Ga., that allows for hanging clothes as well as storage baskets.

Move laundry rooms out of the basement or garage to a more centrally convenient location such as the kitchen, family room or master bath.

Re-key a door lock, install a remote-controlled ceiling fan, rewire light switches to work at both the top and bottom of a staircase, install outside lighting with a photo-electric cell that turns on the lights when darkness falls.

## FOR CLASS

Construct a free-standing or masonry fireplace. Newer models circulate heat back into the room and can reduce the amount of wood-smoke pollution particles released from the chimney.

Replace standard glass sliding doors with French doors or — even better — with a French-style slider door by Marvin Windows of Warroad, Minn., that combines the best features of both types of doors.

Add the architectural appeal of a ceiling dome to your entry or living area by building it from scratch or by installing a prefabricated dome.

Update the kitchen with new cabinetry, sinks, range hood and a custom-built island.

Create a luxury bath with the addition of a sauna room, whirlpool tub or a mosaic of colorful tiles on the walls, floors and countertops.

Add a dash of panache with a circular staircase of wood or iron — Iron Shop of Broomall, Pa., offers one with the look of traditional cast iron but made of aluminum.

Replace flat-surface doors with attractive French-style bi-fold doors, apply decorative lead stripping to plain windows, supplant a standard wall with glass blocks.

## NECESSITIES

Improve the insulation of your home. Projects in this vein range from simply caulking and weatherstripping doors and windows to installing shutters and storm doors.

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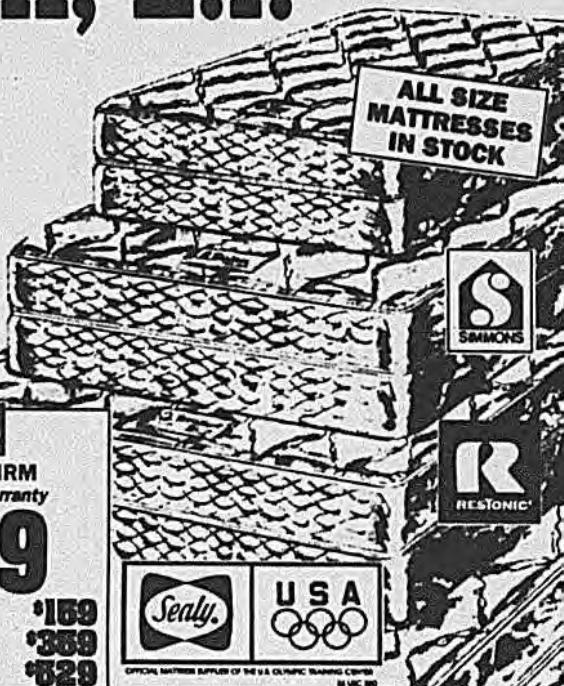
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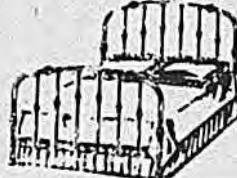


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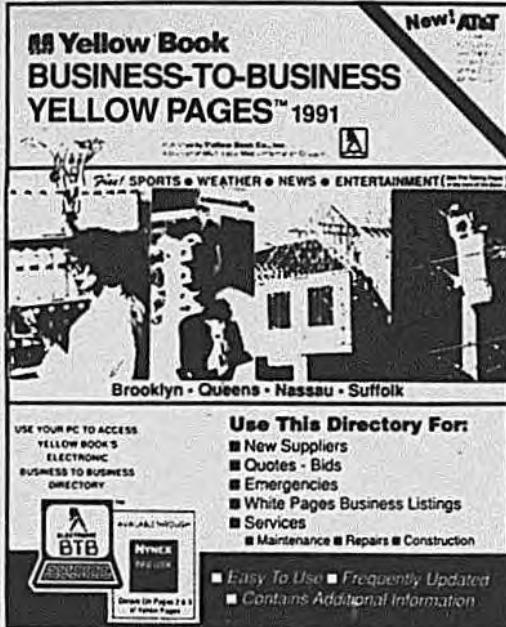
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