

# Mid-Island Times

## & Levittown Times

35¢

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Friday, September 27, 1991

### Citation At Irish Feis



Oyster Bay Town Supervisor Angelo A. Delligatti (left) presents a citation at the Long Ireland Festival and 19th Annual Feis, to Jack Ryan, District Director of the Ancient Order of Hibernians, for the Sixth N.Y. District. The citation was given in recognition of Ryan's ongoing commitment to the furtherance of Irish culture and causes.

### Bethpage Day On Saturday

The Central Park historical Society is sponsoring the Second Annual Bethpage Day, Saturday, October 5; rain date, October 12. There will be a parade starting at 10 a.m. at Stewart Ave. and Central Ave., east to Broadway, proceeding on to Benkert St. to Stewart Ave., continuing on Stewart Ave. to the Bethpage Community Park on Stewart Ave. At the Bethpage Community

Park more than thirty community organizations will sponsor booths where food and mementos will be sold. There will be games, entertainment, exhibits, and raffles (grand prize a camcorder donated by Grumman Corp.), and many other prizes donated by local merchants.

Join and support your friends, neighbors and community for a fun day!

### Fall Programs At Beth Library

**COLUMBUS DAY SPECIAL!** Spectacular Magic with Yo-Yo the Clown - Monday, October 14 at 2 p.m.

Ride our rollicking roller coaster of fabulous and funny magic. With live disappearing doves, trick wands, ropes, cards, rabbits in unexpected places! A glittering kaleidoscope of magical delights with large illusions, lots of laughs, and audience participation. School-age children. Register from September 17.

In the Walt Disney film tradition - "Cheetah" (color, 84 minutes) Saturday, Oc-

tober 19 at 2 p.m.

Out of Africa, comes this high-tension adventure of two youngsters who adopt an orphaned cheetah cub and then must retreat it for life in the wild. Breathtaking landscapes, exotic wildlife, hair-raising excitement. An unforgettable new thriller for the whole family. All ages and parents too. Register from September 24.

All programs are open to youngsters who reside in District No. 21 only. Please bring your library card as your ticket of admission. For further information, please call 931-3907.

### Elementary School Enrichment Prog.

The Hicksville Public School district is once again continuing to offer the Elementary Enrichment Program open to all students in grades 4 through 6. Youngsters are invited to enroll in activities that may lead to the development of future study.

Courses offered for the fall are as follows: Computer Lab 1, Computer Lab 11, Guitar Lab 1, Guitar Lab 11, Fun In The Kitchen, Piano Lab 1, Piano Lab 11, Aerobics, Foreign Language 1 - Spanish, Foreign Language 11 - Spanish, and Arts & Crafts.

This program is offered after elementary school hours in the Middle School or in the Lee Avenue School as indicated on the registration form. There is a \$15 fee per course. Registration will take place at the administration building on Wednesday, October 2 from 9 a.m. to 11:30 a.m. Checks are to be made payable to Hicksville Public Schools. Priority will be given to registration by mail, and must be postmarked by October 1, 1991.

Fourth, fifth and sixth grade parents and students who are interested, and have not received a letter from the District Activities Director pertaining to this program, may contact the director at 933-6585.

### Meet The Author At Library

Cynthia Blair, Author of "Close to Home" will be at the Hicksville Public Library's Book Discussion on October 9, at 1 p.m. The public is invited to attend.

Cynthia Blair grew up in Long Island and now lives here with her architect husband and son. She has had more than thirty novels published.

Books are available at the circulation desk of the library. Everyone is welcome to join the group.

### CD's Available

Compact Discs are available at the Hicksville Public Library. There is a wide selection of discs. Something to fit all tastes: show music, opera, motion picture soundtracks, jazz or rock. You may borrow 5 discs for one week at a time.

## Hicksville Organizes Against Graffiti

By Mary Ann Ferrado

"Visual Pollution" was the term used by one community representative to describe the extensive graffiti damages done to an alarming number of public and privately owned buildings throughout the Hicksville community over the past several years. A coalition of more than a dozen representatives from the Hicksville community met at the

public library on September 4, to discuss the problem. In attendance were representatives from various Hicksville civic associations, police precincts, commercial property interests, the Town of Oyster Bay and the Hicksville School District. The purpose of the meeting was to consider the various options available and formulate a plan to rid the community of the graffiti blight that has plagued Hicksville.

The meeting began with an assessment of the impact of graffiti on the entire community. Representatives from various civic associations expressed their outrage with the spray painting of stop signs, mailboxes, school buildings and recreational facilities in local neighborhoods. In addition to the anger stated over the conditions in some neighborhoods, several representatives expressed concern over the long run effects of graffiti on property values. Commercial property owners concurred with the concern of members of local civic associations and reported that costs of cleaning up were extensive and ultimately absorbed by the community in the form of higher prices for goods and services as well as higher rents for apartments and commercial property.

The Second Police Precinct and the Eighth Police Precinct were represented at the meeting as were the Hicksville Schools, civic associations and business community. Both precincts reported working closely with the representatives of various community groups in their efforts to apprehend those responsible for the graffiti problem. According to police, two Hicksville young men were arrested and prosecuted for the spray painting of a local shopping center during the summer months. However, in spite of successful arrests in both precincts, the police officers expressed frustration in their efforts to deal with the problem. They cited an example of young

persons having been apprehended while in the act of defacing buildings and then finding a property owner who was unwilling to press a complaint.

In attempting to understand the nature of the graffiti problem the group heard testimony from Captain Dooley who described the recent arrest of a eighteen year old from outside the Hicksville community who blanketed buildings throughout the area with his graffiti tag. According to the police, upon arrest the man's only concern was to inquire when the media would arrive with cameras to take his picture. A representative from the Hicksville schools, related much of the graffiti to the existence of gangs operating in the Mid-Island area from Levittown to Syosset and from East Meadow to Plainview. The gangs are an example of negative peer group pressure and have membership in schools throughout the area. Gang members are almost exclusively males between 12 and 18 years of age. The members of such gangs are usually from the lowest achievement levels of the school population and in most schools represent less than one half of one percent of the school population. Members are almost always students who refuse to join with other students in positive school activities. The gangs consider the walls of buildings their "turf" and vie for control of their turf by spray painting their "tags" as a sign of ownership. Such gangs regularly invade each other's turf and are characterized by involvement in substance abuse and, on occasion, acts of violence against fellow students.

At the conclusion of the meeting, a steering committee was organized to consult with communities experiencing similar problems and plan a course of action, to deal with the problem.

### Voter Reg. By Mail

The Hicksville Public Library has voter "Application for Registration and Enrollment by Mail" forms. You may pick-up an application at the Circulation desk of the Library. A completed application for this year's November 5 election must be received the 30th day before the election date. Your completed form is mailed to the Board of Elections in Mineola. All eligibility rules and instructions are included on the application form.

## College Notes

Junior Tight end **Jim Fitzmaurice** has made the 1991 Western Connecticut State University varsity football team according to Head Coach Ken Brasington.

Fitzmaurice, a Bethpage native is coming off an outstanding sophomore campaign. In 1990 he caught seven passes for a total of 50 yards and the only WCSU touchdown via the airways.

The Colonials are currently 0-1 with a 16-8 season-opening loss to Upsala.

Three Hicksville residents are members of the freshman class at the State University of New York, at Plattsburgh. They are: **Kristen Rachel Dalby**, of Fork Lane; **Catherine Ann Florillo**, of Cornell Avenue; **Jacqueline Huang**, of Tudor Road.

## In Service

Air Force Airman 1st Class **Charles Knapp Jr.**, a security specialist, has arrived for duty at Kunsan Air Base, South Korea.

He is the son of Elizabeth and Charles Knapp of Boxwood Lane, Hicksville.

The airman is a 1988 graduate of Hicksville High School.

Navy Ensign **Steven T. Olive**, son of Joseph A. and Mary C. Olive of 45 Haverford Road, Hicksville, recently completed the Officer Indoctrination School at the Naval Education and Training Center, Newport, R.I.

During the course, students are prepared for duty in the Naval staff field corresponding to their civilian profession.

The first five weeks of studies include naval history and traditions, personnel administration, military law, close-order drill and other general military subjects.

During the final week, studies concentrate on the application of civilian professions within the Navy.

Also a 1991 graduate of Boston University, Steven joined the Navy Reserves in December 1990.

### VOLUNTEERS NEEDED FOR FREE CHOLESTEROL PROGRAMS

Long Island Jewish Medical Center, Manhasset is seeking volunteers with or without a heart attack. If you are between 18-75 and have had a heart attack within 19 months, you may be eligible. Participants are seen by a physician and receive complete physical exams, blood tests and electrocardiograms.

Additional studies for volunteers who have moderate and high cholesterol or triglycerides without heart attack.

Free cholesterol and triglycerides testing for all who apply.

INFO. Call 516-627-0350/627-9015

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## Senior Day

### Care Party

The Board of Directors and Friends of the Senior Day Care Center, serving Syosset, Jericho, Plainview and Woodbury, is sponsoring a Theatre party "The Seven Year Itch" on Sunday, October 20, at the Broadhollow Theatre, 229 Rt. 110, Framingdale, New York. Showtime is 7 p. m.

Donation is \$20 per person. Make check payable to Senior Day Care Center, and mail to Senior Day Care Center, 36 Church Street, Syosset, N.Y. 11791.

## Two Sessions

### On Origami

Rachel Katz will be back at the Hicksville Public Library's Children's Room and she will present a special program on "The Magic of Origami and More," next Saturday, October 5. There will be two sessions: 10:15 a.m. to 11 a.m., for preschoolers and a parent; 11:15 a.m. to 12:15 p.m. for children in kindergarten through Grade 6.

Registration is now going on and a \$1 materials fee is requested. A current barcoded Hicksville library card is required.

## Music Students In Statewide Band

Six students from the Hicksville Senior High School have been selected to participate in the New York State School Music Associations All State Band, Orchestra, and Chorus. Each group will be performing at the State convention to be held in November. Selection to each group is keenly competitive and only those students meeting the very highest statewide standards of excellence are chosen. Representing Hicksville are the following students: John Christ (Symphonic Band), Sheera Horvath (String Orchestra), Guy Carloni (Band Alternate), Chris Kemmlin (Band Alternate), Ron Castillo (Orchestra Alternate), and Taylor Ferranti (Chorus Alternate).

## Looking Back At Hicksville



New Bridge Avenue,  
Hicksville, L.I.

Newbridge Rd.  
Old Postcard "New Bridge Ave." Looking south just before Duffy Ave. at right - at left Marie St. just past white fence and trees. Windows of Kasten's General Store can just be seen between trees approximately 1915.

Photo Shows Kasten's Store, now parking lot and Newbridge now Nelson Ave.  
(Photo by Bill Clark)



## Opening Day Festivities



Oyster Bay Town Supervisor Angelo Delligati (sixth from left) along with Town Councilwoman Ann Ocker (fifth from left) and Town Clerk Carl Marcellano gathers with members and friends of the Plainview-Old Bethpage Soccer Club for their opening day festivities. Also on hand is Ernie Schwartz, the league's Executive Vice President.



## Celebrate Columbus Day Planned

The Hicksville Public Library invites the public to "Celebrate Columbus Day at the Library."

On Friday, October 11, at 8 p.m., Dr. Salvatore J. LaGumina, author of "From Steerage to Suburb: Long Island Italians," and History Professor at Nassau Community College, will be at the Library to speak about the suburban social history of the development of Italian American neighborhoods in Inwood, Glen Cove, Port Washington, Westbury,

Patchogue, Bellport and Copiague. Italian Americans are the largest single nationality group on Long Island representing 25 percent of the population of Nassau and Suffolk.

In celebration of Columbus Day, Hicksville resident, Mary Guastella is graciously sharing her collection of exquisite Italian needlework. These hand embroidered linens will be exhibited in the Fiction Room showcase for the month of October. A must see for all who are interested in fine needlework.

### LEGAL NOTICE

The Board of Education of the Hicksville Union Free School District has received the Annual Financial Report of all school district funds for the period July 1, 1990 through and including June 30, 1991 consisting of:

#### GENERAL FUND

##### Revenues -

Real Property Taxes	\$38,091,046
From State Sources	\$8,992,547
Other Local Sources	\$1,831,212
<b>Total Revenues</b>	<b>\$48,914,805</b>

##### Expenditures -

General Support	\$6,711,306
Instruction	\$28,655,028
Transportation	\$1,625,358
Community Services	\$38,375
Employee Benefits	\$9,134,681
Debt Service	\$500,226
Interfund Transfers	\$1,370,000
<b>Total Expenditures</b>	<b>\$48,035,074</b>

#### SPECIAL AID FUND

##### Revenues -

From State Sources	\$397,278
From Federal Sources	\$336,074
<b>Total Revenues</b>	<b>\$733,352</b>

##### Expenditures -

Interfund Transfer	\$1,245
In-Service Training	\$9,758
Instruction	\$444,120
Special Education Children	\$639,491
Social Work Service	\$24,601
<b>Total Expenditures</b>	<b>\$1,129,215</b>

#### SCHOOL FOOD SERVICES

##### Revenues -

Cafeteria Sales	\$291,546
Investments	\$2,645
From Federal Sources	\$22,741
<b>Total Revenues</b>	<b>\$316,932</b>

##### Expenditures -

Supplies	\$6,031
Equipment	\$175
Contractual	\$310,257
Equipment Repair	\$2,302
<b>Total Expenditures</b>	<b>\$318,765</b>

#### CAPITAL FUNDS

##### Revenues -

Admission Revenues	\$791,103
Interfund Transfers	\$1,292,000
<b>Total Revenues</b>	<b>\$2,083,103</b>

##### Expenditures -

Admission Management	\$1,157,409
General Construction	\$245,628
<b>Total Expenditures</b>	<b>\$1,403,037</b>

#### RISK RETENTION

##### Revenues -

Use of Money & Property	\$112,450
Interfund Transfer	\$65,000
<b>Total Revenues</b>	<b>\$177,450</b>

##### Expenditures -

Salaries	\$48,900
Property Loss	\$7,733
Workers' Compensation	\$107,516
Unemployment Insurance	\$44,530
Disability Insurance	\$11,732
<b>Total Expenditures</b>	<b>\$220,411</b>

#### TRUST & AGENCY

Non-Expendable Revenues	\$1,749
Non-Expendable Expenditures	\$0
Expendable Revenues	\$5,109
Expendable Expenditures	\$5,805

## VFW Plans Contest

The Commander of Wm. Gouse, Jr. VFW Post #3211, Vincent Ferrara, and the Ladies Auxiliary President, Joan Chwalisz, is pleased to announce that the 1991-1992 Voice of Democracy Contest, in all the local school, is underway and they are alerting students about the contest, that is now in the hands of their principals, and class room teachers.

The theme this year is "Meeting America's Challenge." The contest is open to all 10th, 11th & 12th grade students, at Hicksville High and Holy Trinity High Schools.

The students are to prepare a "script," and transfer it on a cassette tape, minimum 3 minutes maximum 5 minutes, and be judged on their interpretation of the theme "Meeting America's Challenge." The deadline is Friday, November 1; class room teachers will provide all the details.

Bill Bennett, has been appointed Chairman of the VFW Voice of Democracy Program, and the judges this year are Mr. James Black, a member of our Hicksville Community Council, and Mr. Donald Skupinsky, a fifth grade teacher, at Lee Avenue School.

Awards will be given to all winners, and participants. VFW urges all students to participate.

Bill Bennett  
Chairman Voice  
of Democracy  
VFW Post #3211  
Call 681-3183 for  
more details.

## Supervisor Visits Headquarters



Town of Oyster Bay Supervisor Angelo A. Delligatti, right, and Councilman Leonard Kunzig display a "RETURN COUNCILMAN KUNZIG" poster at the grand opening of the Kunzig Election Headquarters last Sunday. The headquarters is located on Broadway and Central Avenue in Bethpage, next to the Dell Barn. Several hundred people turned out in support of Lenny and the Delligatti Team which also includes: Councilman Thomas L. Clark, Councilwoman Ann R. Ocker, Town Clerk Carl L. Marcellino and Receiver of Taxes Gary F. Musiello.

## Day Chapter Meets October 2

The Svosset Day Chapter of Homemakers Council will hold a business meeting on Wednesday, October 2, at 10 a.m. in the Community Fellowship Hall, 36 Church Street, Svosset. Following this meeting the

planned Speaker will be: Chaplain Sherwood E. Chapman of Nassau County Medical Center, who will speak on his Ministry and Community Needs.

All are welcome to attend. Refreshments will be served.

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# LEGAL NOTICE

## NOTICE OF SALE SUPREME COURT NASSAU COUNTY

The Green Point Savings Bank, Ptd., vs. Young H. Chung, Defts. Index #24236/90.

Pursuant to judgment of foreclosure and sale dated Aug. 13, 1991, I will sell at public auction on the north front steps of the Nassau County Courthouse, 262 Old Country Rd., Mineola, N.Y., on October 10, 1991, at 9 a.m., prem. k/a N.W. Corner of Caren Ct. & Split Rock Rd., Syosset, NY, a/k/a Lot No. 11 as shown on a certain map entitled, "Map of Split Rock Estates, Town of Oyster Bay, Nassau County, NY," and filed in the Office of the Clerk of the County of Nassau on June 21, 1985, Case No. 9123. Approx. amt. of judgment is \$206,925.99 plus costs and interest. Sold subject to terms and conditions of filed judgment and terms of sale.

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## Hospital Offers Three Seminars

Syosset Community Hospital is offering three free seminars. Registration is necessary as space is limited. Please call the Community Relations Department at 496-6527 to register for any of the following seminars:

7:30-9:30 p.m. - Tuesday, October 8 - Dental Implants: Are They For You? - You can permanently replace your dentures or missing teeth through this revolutionary dental technique, and change your eating habits. An expert will tell you how.

7:30-9:30 p.m. - Wednesday, November 13 - Living With Your Adolescent - A lively and informative discussion on what to expect when raising your child in the '90's. A question and answer period will follow the lecture.

7:30-9:30 p.m. - Wednesday, December 11 - Eating Disorders: Fact Versus Fiction - This workshop offers sound nutritional information that can make the difference and help you avoid medical complications in weight management.

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# ARE YOU OVERLOOKING LONG ISLAND'S WILDEST NIGHTLIFE?



Photo by David Suss

The black-crowned night heron (*Nycticorax nycticorax*) is a mostly nocturnal native Long Islander who is highly discriminating. You won't find him at just any watering hole. And for dinner the fish had better be fresh, the ambience unhurried.

You might say the black-crowned night heron is a hard bird to please. But The Nature Conservancy has been working hard for 38 years to provide the night heron and hundreds of other animals and plants the finest accommodations available on Long Island.

We've saved 18,000 acres of ecologically significant land on Long Island alone, from the last 19-acre remnant of the Hempstead Plains to our 2,000-acre Mashomack Sanctuary on Shelter Island. Nationwide, we've preserved nearly 4 million acres of forest, prairie, desert, island, and mountain. And our international program is fighting to save the world's rapidly vanishing rain forest. You can help The Nature

Conservancy do its vitally important work. For \$15, not much more than the cover charge for one of Long Island's hottest night spots, you can become a member of the Long Island Chapter. You will receive the *Long Island Chapter Newsletter* and

*The Nature Conservancy Magazine* to keep you informed of Conservancy activities. As a member of the Long Island Chapter, you can participate in hikes and education programs led by experienced naturalists, and you are welcome to volunteer to take part in Chapter operations.

If you're concerned about Long Island—not just about its native flora and fauna but also about the

water we drink, the air we breathe, and the quality of life here—we urge you to give us a hand. Just call (516)367-3225. You can help protect your environment. And you can have a wild time!

Please enroll me as a member of The Nature Conservancy. My \$15.00 check is enclosed.

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_

State \_\_\_\_\_

Zip \_\_\_\_\_

250 Lawrence Hill Rd. • Cold Spring Harbor, NY 11724

Created as a public service by  
Michael Welch Advertising, Inc.

Isn't it time you joined The Nature Conservancy?





## Merideth Makes Myriad Miracles



James Tedeschi started dancing with the Martha Merideth School of Dance only one year ago, and his list of achievements goes on and on...Full scholarship winner with Dance Theatre Eclectic...Acceptance at the Cultural Arts Center at BOCES...Competitive dance auditions at C.W. Post, and his latest...Full Scholarship in the Advanced Classes with the Joffrey Ballet. His lovely partner in this photo is Allison Peters, who trains with Martha, and was accepted to the Joffrey Ballet School, as well. In this photo, they were rehearsing for "Swan Lake," Martha's benefit performance, from June 1991.



Three talented students, from the Martha Merideth School of Dance, auditioned and made it into the Eglovsky's "Nutcracker," to be performed at C.W. Post, in December. You can also catch these three dancers in Dance Theatre Eclectic's "Sleeping Beauty," in June, 1992. Thrilled are: Jericho's Hally Schreiber, Syosset's Marisa Mann and Evi Simons.

Story and Photos by Dale A. Simons

**LEGAL NOTICE**  
SUPREME COURT OF THE  
STATE OF NEW YORK  
COUNTY OF NASSAU  
Index No. 8657/91  
**REFEREE'S NOTICE OF  
SALE IN FORECLOSURE**

**LEGAL NOTICE**  
TRANSAMERICA CREDIT,  
Plaintiff, against WALTER  
HAUBERT, JR., ELLEN  
HAUBERT, JOHN DOE and  
JANE DOE," the last two  
names being fictitious, said

**Family  
Dental  
Care**



**Philip A. Rubin D.D.S.**

8243 Jericho Tpke.  
Woodbury  
(Next to Woodbury Commons)

**692-4644**

### LEGAL NOTICE

parties having an interest in  
the premises,

#### Defendants.

Pursuant to a judgment of  
foreclosure and sale dated  
August 23, 1991 and entered  
in the Office of the Clerk of  
Nassau County on September  
4, 1991, the undersigned  
referee named in said judg-  
ment will sell in one parcel at  
public auction on October 10,  
1991 at the front steps of the  
Nassau County Courthouse,  
located at 262 Old Country  
Road, Mineola, New York at  
9:00 o'clock in the forenoon of  
that day, the premises  
described in said judgment as  
follows:

ALL that certain plot, piece or  
parcel of land, with the  
buildings and improvements  
thereon erected, situate, lying  
and being in the Beginning at  
a point on the northerly side of  
Ryan Street distant 346.54 feet  
westerly from the westerly  
side of Berry Hill Road and  
proceeding thence the follow-

ing eight (8) courses and  
distances:

1. North 89 degrees 15 min.  
00 sec. west a distance of 99.96  
feet along the northerly side of  
Ryan Street;
  2. North 0 degrees 45 min. 00  
sec. east a distance of 130.00  
feet;
  3. South 89 degrees 15 min.  
00 sec. east a distance of 80.00  
feet;
  4. North 0 degrees 45 min.  
00 sec. east a distance of 9.00  
feet;
  5. South 89 degrees 15 min.  
00 sec. east a distance of 35.96  
feet;
  6. south 0 degrees 45 min. 00  
sec. west a distance of 34.00  
feet;
  7. North 89 degrees 15 min.  
00 sec. west a distance of 16.00  
feet;
  8. South 0 degrees 45 min.  
00 sec. west a distance of  
as 16 Ryan Street, Syosset,  
New York, Town of Oyster  
Bay.
- Said premises are to be sold

### LEGAL NOTICE

### LEGAL NOTICE

In one parcel in "as is"  
physical order and condition  
subject to any state of facts an  
accurate survey may show;  
covenants, restrictions, reser-  
vations and easements of  
record, if any; any violations of  
record; any zoning regulations  
or amendments thereto; any  
unpaid taxes, assessments and  
water rates with interest and  
penalties accrued, rights of  
tenants or persons in posses-  
sion of the subject premises;  
any prior mortgages and/or  
leases of record; any equity of  
redemption of the United  
States of America to redeem  
the premises within 120  
days from the date of sale.  
Dated: September 13, 1991

IRWIN M. MILLER, ESQ.,  
Referee

Daniels & Daniels, Esqs.  
Attorneys for Plaintiff  
300 Garden City Plaza  
Garden City, New York 11530  
746-1200

SA 8016  
4X 9/13, 20, 27; 10/4



## Birthday And Anniversary Club

### HAPPY BIRTHDAY

September 1  
Bill Diehl  
September 2  
Jimmy Smith  
Gloria Latini  
Russ Gargano  
September 3  
Peter E. Kimmes  
Alice Warren  
September 4  
Penny Grand  
Barbara Sue Glatt  
Patrick Gully III  
September 5  
Michael Tisdell  
Keri Anne Aver  
Paul Richards, Jr.  
Eugene Pietzak, Sr.  
September 6  
Nicole Anello  
September 7  
Christine Gorney  
Thomas Ofenloch  
B. Medard Ofenloch  
September 8  
Alicemay M. Clark  
Jennifer Stimmer  
John Schiralli  
Adam Crown-Schwartz

September 9  
Andrew Coffey  
Carole Hoosack  
September 10  
Tacin Germain  
Karen Shortt  
Tara Baird  
September 11  
Lauren Kopyta  
September 12  
Patil Sergi  
Elyse Cigi Maisonet  
Sophie Macner  
September 13  
Wm. M. Heberer III  
Mark Hammond  
Dianne Gargano  
Jason Pedone  
Nancy Peters  
September 14  
Julia Watson  
Dawn Thurbuchler  
September 15  
Bob Neumann  
Ellen Behan Heinbockel  
Jillian Noffle Amaraso

September 16  
Suzanne Klein  
Desiree Germain  
Kim Ross  
September 17  
Lisa Kraemer  
Nicole Metakis  
September 18  
Ann Neumann  
Robert Perchinsky  
Matthew McDonald  
Peggy Sicari  
September 19  
Paul Heller  
September 20  
Bruce Edwards  
Louise Rossi  
Marie Seeger  
September 21  
Bill Lovisek  
Arlene V. Wehner  
Scott D'Amico  
September 22  
Peggy Becker  
Walter H. Matuza  
Deborah Ofenloch

September 23  
Timmy Blind  
Rich Winter Sr.  
Patrick Gully, Sr.  
September 24  
Kristin Owen  
September 25  
Melissa Anne Zielinski  
Mary E. Sheppard  
Jonathan Wahlen  
Vincent Lafaro  
Janet Connolly  
Carol Diehl  
September 26  
Emma Maisonet  
Raymond Yonick  
Steven Knudsen  
Timothy Haffner  
Viola Roberts  
September 28  
Billy Lovisek II  
Trudi Mauch  
Barbara Willson  
September 30  
Murray Schaeffer  
Artie Blind  
James Anglin  
Tara Jachniewicz  
David C. Mochringer



### HAPPY ANNIVERSARY

September 8  
Nancy and Mark Hammond  
Jim and Sheridan Johnson  
September 9  
David and Carole Hoosack  
September 10  
Tom and Marylou Riley

September 11  
Joe and Evelyn Parisi  
Ethel and James Coyle  
September 12  
Pam and Jim Tringali  
September 13  
Stella and Ed Conte  
Rosemary and Jim Bennett  
September 14  
Louis and Eileen Colondris  
Edward and Valerie Lopez  
September 15  
Ruth and Andy Schaeffler  
September 16  
Norma and Herb Goerke  
Kathy and Bob Thurbuchler  
Karen and Frank Matlock

September 17  
Cathie and Glenn Wohl  
Margaret and Frank Kern  
Cornelius & Frances McCormack  
September 18  
Rich and Eileen Wahlen  
Raymond and Cecelia Yonick  
September 20  
Col. & Mrs. Bill & Sue Knudsen  
Domenick and Dorothy Freda  
September 22  
Carol and Bill Diehl  
September 24  
Dina and Rich Winter  
September 27  
Jerry and Joan Weber  
September 29  
Phil and Agnes Roth  
September 30  
Connie & Richard Delardi

## Tennis Events Help Hospital



Bob Harjes - USPTA Tennis Pro, of the Woodcrest Club, Syosset, coordinated tennis clinics for "Kids Day" held each year at the Hamlet Cup. The event held on August 22 helped raise substantial funds for the "Child Life Program" of North Shore University Hospital, Manhasset. "Child Life" is a program designed to ease the trauma of hospitalized pediatric and adolescent patients. Pictured are, left to right: Tennis Pro Kent Morgan, Peter Harjes, Steven Meyer, and Tennis Pro Bob Harjes.

## Syosset Man Wins Triathalon



Oyster Bay Town Councilman Leonard Kunzig (right) and Town Receiver of Taxes Gary F. Musiello greet the winner of the Town of Oyster Bay's 4th Annual Triathalon, Syosset resident Matt Winkler. The event consisted of a 1K swim in Oyster Bay harbor, a 16K bike race and a 6K run.

## College Notes

Four local residents are members of the freshman class of the State University of New York at Plattsburgh. They are: Renee Marie Grasso, of Braid Court, Syosset; Darin Haines, of Glen Way, Syosset; Thomas Eric Halecky, of Kathleen Drive North, Syosset; Staci Cara Weinman, of Fairhaven Boulevard, Woodbury.

### LEGAL NOTICE SYOSSET CENTRAL SCHOOL DISTRICT SYOSSET, NEW YORK NOTICE TO BIDDERS

Syosset Central School District, Syosset, New York will receive bids as follows:

October 7, 1991 - 11:00 a.m.  
Out-of-District Non Public Transportation  
October 22, 1991 - 10:00 a.m.  
Cleaning & Reconditioning of Athletic Uniforms & Equipment  
at the District Business Office, South Woods Middle School, Pell Lane, Syosset, New York at which time and place such bids will be publicly opened and read.

Specifications and Bid Forms may be obtained at the District Business Office during normal business hours.

The Board of Education reserves the right in its discretion to reject all or any part of any bid and to readvertise for new bids in accordance with Section 103 of the General Municipal Law.

Daniel E. Bryan  
Asst. Supt. for Business

## Town Salutes Mercy Academy



Oyster Bay Town Receiver of Taxes Gary F. Musiello presents a proclamation to Jill Fakelman, Student Council President of Our Lady of Mercy Academy (center) and Student Council Treasurer Carrie Castles, in recognition of their school's effort on their "Bicentennial of the Bill of Rights" celebration. The event was designed to pay tribute to this important article of American legislation.



## Town of Oyster Bay's Annual HOMEOWNERS FALL CLEAN-UP WEEKEND

For those who can't wait for garbage collection day to get rid of unwanted rubbish, the Old Bethpage Solid Waste Disposal Complex will be open from 9 a.m. to 4 p.m. on the following weekend:

**SATURDAY, SEPTEMBER 28TH and  
SUNDAY, SEPTEMBER 29TH**

This program is open to Town of Oyster Bay residents residing within the Solid Waste Disposal District. Residents of the Glen Head-Glenwood Landing Garbage District and the following villages should contact their village officials for information on how to dispose of fall clean-up debris: Bayville, Brookville, Centre Island, Cove Neck, Lattingtown, Upper Brookville, Matinecock, Mill Neck, Muttontown, Old Brookville, Old Westbury, Oyster Bay Cove, and Sea Cliff.

**Town residents are encouraged to include used tires in the unwanted debris they bring. The tires will be recycled rather than disposed of as regular refuse.**

**FOR FURTHER INFORMATION CALL THE TOWN'S ENVIRONMENTAL  
CONTROL DIVISION AT 921-7347, EXT. 5577**

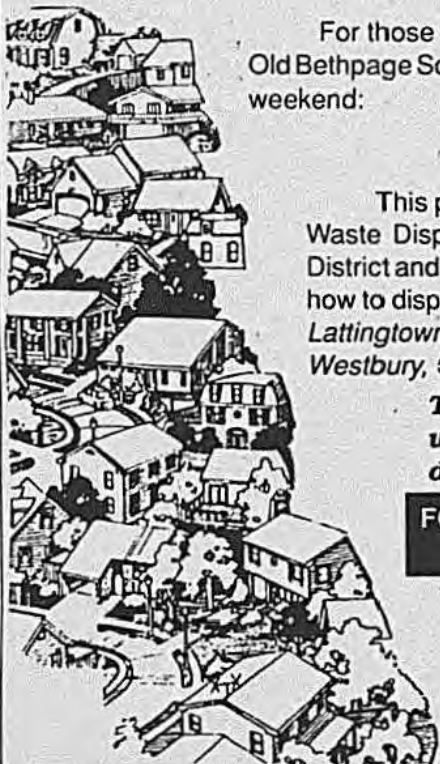
Town Supervisor  
ANGELO A. DELLIGATTI

Councilman H. T. Hogan, Jr.  
Councilman Douglas J. Hynes  
Councilman Leonard B. Symons

Town Clerk  
Carl L. Marcellino

Councilman Thomas L. Clark  
Councilwoman Ann R. Ocker  
Councilman Leonard Kunzig

Receiver of Taxes  
Gary F. Musiello





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(516) 248-8120

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# LEGAL NOTICE

**SUPREME COURT:**  
**SUFFOLK COUNTY Index No.**  
**1277/91**  
**SUPPLEMENTAL SUMMONS**  
**Citibank, N. A., Plaintiff,**  
**against - Anthony Fraccalvieri,**  
**Alpha R. Dowd, if living and if**  
**they be dead, the respective**  
**heirs-at-law, next-of-kin, dis-**  
**tributees, executors, admini-**  
**strators, trustees, devisees,**  
**legatees, assignees, lienors,**  
**creditors and successors in**  
**interest and general all**  
**persons having or claiming**  
**under, by or through said**  
**defendants who may or**  
**deceased, by purchase, inheri-**  
**tance, lien or otherwise any**  
**right, title or interest in and**  
**to the real property described**  
**in the complaint herein. Ray**  
**Barry & Sons, Inc., and "John**  
**Doe No. 1" to "Jane Doe No.**  
**10," inclusive, the last ten**  
**names being fictitious and**  
**unknown to plaintiff, the**  
**persons or parties intended**  
**being the tenants, occupants,**  
**persons or corporations, if**  
**any, having or claiming an**  
**interest in or lien upon the**  
**premises described in the**  
**complaint. Defendants.**

To the above-named Defend-

**ants.**  
**YOU ARE HEREBY**  
**SUMMONED** to answer the  
 complaint in this action and to  
 serve a copy of your answer,  
 or, if the complaint is not  
 served with this summons, to  
 serve a notice of appearance,  
 on the plaintiff's attorneys  
 within twenty (20) days after  
 the service of this summons,  
 exclusive of the day of service  
 for within thirty (30) days after  
 the service is complete if this  
 summons is not personally  
 delivered to you within the  
 State of New York; and in  
 case of your failure to appear  
 or answer, judgment will be  
 taken against you by default  
 for the relief demanded in the  
 complaint.

To: **ALPHA R. DOWD**

The foregoing summons is  
 served upon you by publica-  
 tion pursuant to an order of the  
 Honorable John F. O'Shagh-  
 nessy, a justice of the Supreme  
 Court of the State of New  
 York, dated the 20th day of  
 August, 1991, and filed with  
 the complaint and other  
 papers in the office of the  
 Clerk of the County of Nassau,  
 at New York.

This action is for final  
 judgment of foreclosure and  
 sale of the premises known as  
 and by 330 Annadale Drive,  
 Syosset, New York described  
 as follows:

All that certain plot, piece or  
 parcel of land, with the  
 buildings thereon erected,  
 situate, lying and being in the  
 Incorporated Village of Oyster  
 Bay Cove, Town of Oyster  
 Bay, County of Nassau and  
 State of New York, known and  
 designated as Section 25,  
 Block B, Lot 666.

Dated: New York, N.Y.  
 May, 1991

**ZEICHNER ELLMAN &**  
**KRAUSE**  
 Attorneys for Plaintiff  
 757 Third Avenue  
 New York, N.Y. 10017  
 (212) 223-0400

Syo 8019  
 4X 9/13; 20, 27, 10/4

# In Service

Army Cadet **Michael J. Trotter**  
 has been accepted into the Corps  
 of Cadets, (Class of 95), U.S.  
 Military Academy, West Point.

The acceptance ceremonies  
 culminated six weeks of cadet  
 training, i.e., military customs  
 and courtesies, drills and cere-  
 monies, physical conditioning,  
 tactical exercises, and weapons  
 training. Cadets were introduced  
 to military life with emphasis on  
 leadership, duty, honor and  
 country.

The four year educational  
 institution's curriculum includes  
 engineering, basic and social  
 sciences, and the humanities.

The cadet is the son of Jeffrey  
 W. and Rosemarie P. Trotter of  
 N. Third St., Bethpage.

He is a 1990 graduate of  
 Bethpage High School.

Army Cadet **Nancy L. Hogan**  
 has been accepted into the Corps  
 of Cadets, (Class of 95), U.S.  
 Military Academy, West Point.

The acceptance ceremonies  
 culminated six weeks of cadet  
 training, i.e., military customs  
 and courtesies, drills and cere-  
 monies, physical conditioning,  
 tactical exercises, and weapons  
 training. Cadets were introduced  
 to military life with emphasis on  
 leadership, duty, honor and  
 country.

She is the daughter of Daniel L.  
 and Carol L. Hogan of Mead  
 Ave., Hicksville.

Hogan is a 1991 graduate of  
 Hicksville Senior High School.

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ship between business and government. It provides up to 50% of on-the-job training costs. And you may qualify for tax credits of up to 50% of the first year's salary.

The program is administered by local Private Industry Councils—organizations made up in the majority

by local business leaders who tailor it to meet specific local needs.

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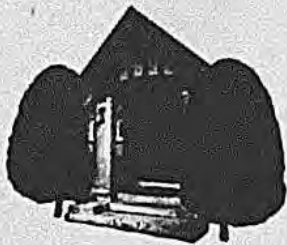


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## Homemakers Meet Oct. 3

The Homemakers Council of Nassau County will hold their monthly meeting on October 3, between 10 a.m. and 2 p.m. at the Community Church on Stewart Avenue in Hicksville.

### LEGAL NOTICE

#### "NOTICE TO TAXPAYERS"

**RE: 1991-1992 School Taxes**  
The undersigned Receiver of Taxes for the Town of Hempstead, County of Nassau, State of New York, hereby gives notice that he has received the School Tax Roll and Warrant attached thereto dated September 23, 1991 and will be in attendance to receive taxes at: 200 North Franklin Street, Hempstead, New York 11550 on Tuesday, October 1, 1991 and each weekday thereafter from 9:00 a.m. to 4:45 p.m. (Saturdays, Sundays and Holidays excepted)

#### Penalties:

The following scale of penalties is hereby prescribed for neglect to pay the School taxes after they become due and payable.

First half due and payable October 1, 1991. If the first half is not paid on or before November 10, 1991, penalty will be added at the rate of one per centum per month from October 1, 1991 calculated to the end of the month during which payment is made.

Second half due and payable April 1, 1992. Penalty on the second half will be added after May 10, 1992 at the rate of one per centum per month from April 1, 1992 calculated to the end of the month during which payment is made.

#### Discount Where Applicable:

If the full year's tax is paid on or before November 10, 1991, discount where applicable will be allowed on the second half of the tax at the rate of one per centum of the second half. No discount allowed on payment made after November 10, 1991.

Taxes are payable by cash, certified checks and money orders. Uncertified checks will be accepted subject to collection only. Third party checks will not be accepted.

When sending for tax bills, please state the School District location, Section, Block and Lot numbers in accordance with the Nassau County Tax Map.

After May 31, 1992, the 1991-1992 School Tax Roll will be turned over to the Nassau County Treasurer and all payments after that date should be made at the office of the Nassau County Treasurer, Nassau County Office Building, 240 Old Country Road, Mineola, New York 11501.

**Robert D. Livingston, Jr.**  
Receiver of Taxes  
Town of Hempstead  
Dated: September 23, 1991

Hempstead, New York 11550  
MIT 2506  
1X 9/27

## In Service

Navy Seaman Recruit Joseph M. Wilgosz, son of Mickey C. Wilgosz of Seth Lane, Hicksville, recently completed training at Recruit Training Command, San Diego.

During the training cycle, recruits are taught general military subjects designed to prepare them for further academic and on-the-job training in one of the Navy's 85 occupational fields.

Studies include seamanship, close-order drill, naval history and first aid.

A 1982 graduate of Bethpage High School, Joseph joined the Navy in May 1991.

### LEGAL NOTICE PUBLIC NOTICE

**PLEASE TAKE NOTICE**, that the Town Board of the Town of Oyster Bay, New York, shall hold a regular meeting to conduct the public business of the government of the Town of Oyster Bay, on Tuesday, the 8th day of October, 1991, at 10 o'clock a.m., prevailing time at the Hearing Room, Town Hall, East Building, Audrey Avenue, Oyster Bay, New York. All interested members of the public are invited to attend. Pursuant to law, a public hearing will be held at the aforesaid time and place, or as soon thereafter as practicable, to consider the following amendment to Chapter 233 "Motor Vehicles and Traffic" of The Code of the Town of Oyster Bay, New York. **STOP SIGNS** shall be **ADDED** or **DELETED** from SECTION 17-25 in the hamlet of Bethpage. **LEFT OR RIGHT TURNS SHALL** or **SHALL NOT BE MADE**, or **MUST TURN AS THE CASE MAY BE**, shall be **ADDED** to SECTION 17-44 in the hamlet of Syosset. **NO STOPPING ZONES** shall be **ADDED** or **DELETED** from SECTION 17-152 in the hamlet of Hicksville. **LIMITED PARKING ZONES ON CERTAIN DAYS OR HOURS** shall be **ADDED** or **DELETED** from SECTION 17-168 in the hamlet of Hicksville.

The above mentioned amendment to Chapter 233 "Motor Vehicles and Traffic" is on file and may be viewed daily (except Saturday, Sunday and Holidays) between the hours of 9 a.m. and 4:45 p.m., prevailing time at the Office of Town Clerk. Any person interested in the subject matter of said hearing will be given an opportunity to be heard with reference thereto at the time and place above designated. **BY ORDER OF THE TOWN BOARD OF THE TOWN OF OYSTER BAY**, Angelo A. Delligatti, Supervisor; Carl L. Marcellino, Town Clerk. Dated: September 17, 1991, Oyster Bay, New York.

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# Discovery!

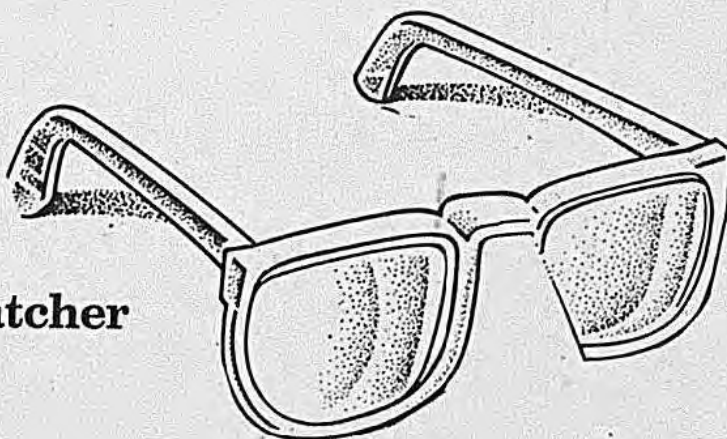
Magazine

The newspaper edition that helps  
discover new writers, new ideas  
through input and special  
family features.



Friday, September 27, 1991

The Block-Watcher



SEE PAGE 3

# Input Callers Divided On Israel Loan Plan

Answers were mixed on loan guarantees to Israel in answer to this question: "Do you think Pres. Bush is justified in holding up loan guarantees to Israel if West Bank settlements continue?" Here are some of the answers:

## WORLD PEACE

Yes. I believe that it is in the interest of world peace to settle the Middle East problems and if Israel is settling in the territories that are under discussion then it would be hard to believe that much could be negotiated. In addition, if we have a role in financing the settlements, then we will be perceived as being in favor of the settlements and there will be little need for negotiations. J.G.

## LIVE UP TO PROMISES

The U.S. should live up to its promises to Israel. During the Gulf war Israel was promised aid if it did not interfere in the way the war was being fought and that was even when Israel was being hit with missiles. It is time for the U.S. and Pres. Bush to live up to promises. K.D.

## CANCEL PLANS

I think that Pres. Bush should cancel the whole proposition because the loan guarantee does cost us money. This is money that

would better be spent right here at home. So let's forget about it and let them shift for themselves and we'll shift for ourselves. We don't need anymore debt than we've got right now. R.S.

## BUSH IS RIGHT

I think Pres. Bush is 100% right. We have to think of the world as a whole, not just with any one favored nation. N.N.

## BLACKMAIL

On one hand Pres. Bush agreed that Ethiopian and Russian Jews should go to Israel. Israel never asked for financial help to accomplish this. No other country ever moved 15,000 refugees in less than 24 hours. Israel is not asking the U.S. to give them 10 million dollars but to guarantee the repayment. Israel has always paid her debts. We just wrote off a \$7 billion loan made to Egypt, a country that refused to fight on Israeli soil. Now after Israel has made concessions to discuss peace with Arab countries, and always has, Pres. Bush keeps stacking the deck in favor of the Arabs before even sitting down at the peace table. Absolutely no pressure on the Arabs only on Israel and the need to house refugees. We fed and helped and housed Kurds and we should have. Never threatened to force Iraq to keep her agreements. Bush is blackmailing Israel in plain language. A.G.

## NO LOANS

If Israel continues its West Bank settlements it should receive no loan guarantees at all at any time. Peace in the mideast is contingent on Israel's discontinuation of its expansion into Arab populated territories. There is no moral or political justification for our support of Israel imperialism. U.S. foreign policy should be based solely on our national interest. Not on ethnic chauvinism of Israel's supporters. Support of Israel against Arab aspirations for a homeland is not in our national interest. One of the casualties of the Gulf war was the myth that Israel was a reliable ally. It is now clear that our relationship with Israel is a liability. It incurs the hatred and enmity of the Arab world and embroils the U.S. in those areas of mid eastern political affairs that are not of our concern. A.B.

## NO LINKAGE FOR LOANS

Our country has been in the forefront of the fight for the free emigration of Soviet Jews for more than twenty years. Our laws state no aid for countries violating human rights. Yet in July of last year, we extended aid guarantees to Iraq even when we knew he had been gassing his own people. When congress balked at aid for Iraq, President Bush sent his emissary to pressure Congress for this loan guarantee, stating there should be "no linkage to a loan guarantee". Congress acquiesced to the President. In August, Iraq invaded Kuwait. They still owe over \$2 billion on this loan. Our country welcomed the first emigres from Russia. With the expectation of probably one million more Jews from Russia in the next five years, we were very happy that Israel desired to accept them. We agreed to loan guarantees of \$10 billion -- not loans, but guarantees that Israel could borrow the money commercially to feed, clothe and house these emigres. Now, the President, bowing to Arab pressures,

has put linkages on the loan guarantees. Who are the hostages? Innocent victims of oppression. I think the President wants to be known as the "Great Peace Advocate," just as ex-President Carter is recognized for the Peace Treaty between Egypt and Israel. But Carter did not ask for guarantees in advance. As a result of his negotiations, peace was settled between Egypt and Israel, with Israel returning every bit of conquered land, including valuable oil fields. Questions to be settled at a Peace Conference should not be unilaterally arranged before a conference. There should be no linkage attached to a loan guarantee (as the President requested and received for Iraq in July) or we will be turning our backs on our very own agreement-- a la every tin-horn dictator. P.W.

## PRESSURE ON ISRAEL

I don't always agree with Pres. Bush but this time he is absolutely right. Let's face it, this is the first time that we've got the main Arab countries ready to sit down with Israel to settle the Palestinian problem, and the bottom line is "land for peace." For quite some time Secretary of State James Baker has been pressuring Israel to seriously consider this solution and for obvious reasons to refrain from establishing further Jewish settlements in the occupied territories. Unfortunately the Shamir government has stubbornly repudiated this approach. Therefore Pres. Bush has had to make the difficult decision to bring pressure on Israel by withholding financial aid until such time that the Israeli government comes to its senses. C.K.

## SHOULD HOLD LOANS

I believe that President Bush is perfectly correct in holding up loan guarantees to Israel if West Bank settlements continue. I can't help but feel that Shamir is taking advantage of Israel's long relationship with the U.S.A. as well as the sympathetic alliance and the very strong empathy which exists between our two nations as a result of the flow of Israelis to our country and the repatriation of Americans in Israel. What is being ignored is the manner in which the West Bank settlements came into being with no legal reason for the origin of the expropriations or its continuance. In recent experience much reliance is being placed upon the United Nations' role in the international scheme of things and the increasing dependency which most nations have been placing on U.N. decisions arising from a very deliberate and objective interpretation of fundamental principles. Actually, this this accounts for many of the positions which the President has adopted with respect to recent problems. Certainly, that is definitely accountable for his posture with respect to the United Nations' resolution to go into Iraq and take necessary action to eliminate Saddam Hussein's potential for wanton nuclear and/or chemical destruction. I believe that the Palestine problem cannot be solved by walking away from it and the sooner a realistic approach is adopted the better it will be for the world as a whole. P.G.S.

## THE QUESTION OF THE WEEK

Do you think that gays should be excluded from the military service?



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# Discovery!

## The Block-Watcher

By Eileen Waldron

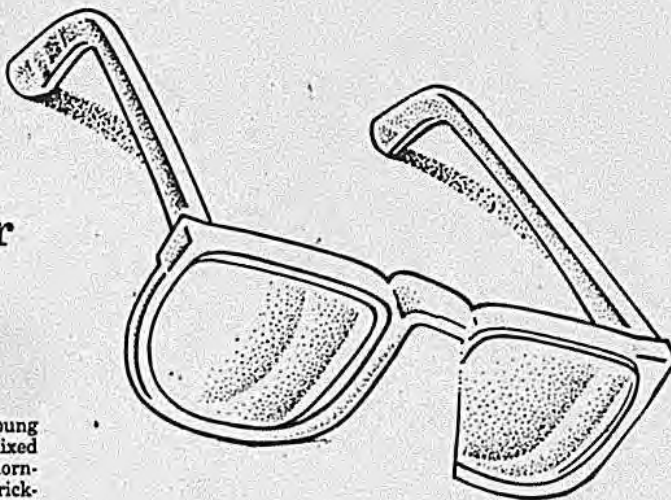
I consider myself a concerned citizen. When I was a young bride I lived in a large house in Queens. Our dog was of a mixed breed who took over night duty in this home. At three in the morning "Joe" would bark at anything that moved. This included crickets, squirrels, lightning bugs and even shooting stars. I would bounce out of bed and if I found nothing my search would continue to the cesspool, the oil burner and the fuse box. If I saw a young couple on the street exchanging a good-night kiss, I would blink the outside lights. If it happened to be one of my daughters I would stand boldly in the doorway. A few times I aborted the theft of a car. Sometimes I would warn the thief and tell him that I had called the police. My neighbors loved me. They could sleep at night knowing I was on duty.

Today in my retirement I live in Garden City on a quiet street. My bedroom overlooks the front lawn and I feel comfortable for I can still patrol the street even though poor "Joe" is no longer with me. I'm called "Mrs. Clean," for I will sweep the curb despite the fact that the sweeper had been on our street the day before. I also rake the lawn after the gardener has left and I run out in nightclothes to collect refuse cans before the truck leaves the street. Sometimes I wait a few moments for I'm afraid in my attire the sanitation men may invite me to "Hop in" with the rest of the garbage!

I have never had an occasion to call either the Police or Fire Depts. in this town. If ever I found it necessary to call it would only be for something I could not handle myself. I would not recommend to anyone for taking the action that I took upon myself on one normal July evening.

I was awakened at 3:30 a.m. by the sound of a car taking off at high speed. My husband was out of town and true to form I bounced out of bed and took my post at the window sill. All cars were in their driveways and everything seemed quiet so I went back to bed. Suddenly my bedroom lit up with light and I jumped to the window once more. I was greeted by the sight of refuse cans on fire at the house directly opposite mine. I ran to the phone to call my neighbor but he did not answer. I did the next best thing. I took matters into my own hands.

"No need to call for help," I thought. "The sound of the fire trucks will awaken my neighbors." I remembered that my hose was on the front lawn but it had no nozzle. Quickly I put on a red housedress over my nightie and ran.....without teeth.....barefooted.....hair in curlers.....and turned on the water. I stretched the hose as far as it would go out into the road. It did not quite make the opposite curb but I remained undaunted. I shook the hose rapidly up and down so that the water would bounce over the flames 10 feet away. Smoke filled the air and my hair and my body took on the aroma of a smoky grandma! The grass was still on fire and the water couldn't reach it. No problem, back into the



house I ran and filled a kettle full of water. Out again I stood over the grass and doused the last flames.

At this point the owner of the flaming refuse called both Police and Fire Depts. Somehow I do not think they viewed me as a hero especially when they asked me my name and age. They looked at me in my bare feet, the funny red dress over the nightie and they took notes. Did they think I lit the fire and then put it out just to get attention? Later on I learned that there were six other similar fires in the immediate area. Now they know I could not have been the culprit for I couldn't travel too far in bare feet and I wouldn't go around town without my teeth!

I told my husband the story when he returned from his business trip. He made me promise to call for help in the future. If I don't he threatens to put my bed on the front lawn so that I will be within earshot of everything. The following week at 10 in the morning I stood in my living room and looked out the picture window. I really was checking to see if the refuse had been picked up. I observed a suspicious person in the same driveway of the refuse fire. Before I could call the Police Dept. my neighbor saw the same person and made the call. The man fled in the meantime and as the

police car stopped in front of my house I recognized the officer from the week before. I gave my description of the suspect and he looked at me strangely. There I stood in the same red dress...hair in curlers.....and I felt I had been demoted from "Block-Watcher" to "Busy-Body." I think it's time to change my image. Tomorrow I'm going to the store to buy a new housedress and a blonde wig!

### ABOUT THE AUTHOR

Eileen Waldron lives in Garden City. This is her third contribution to *Discovery*.

# DINING GUIDE

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## READER RATINGS



Q. When using a credit card is it customary to give a larger tip than if you pay in cash? T.L.

A. Restaurant owners tell us that tips do run higher when people use credit cards, but there is no real basis for this custom. The only explanation seems to be that many people using credit cards are on expense accounts and are more liberal with money being paid by someone else. The figures we hear are that credit card holders almost always pay 20 percent tips while cash customers stick to the 15 percent.

Q. My husband and I eat out frequently and since there are just two of us we are usually placed at a small table. I have no complaint about this arrangement since the restaurant must make the best use of its dining space. However, I do object to having a small table cluttered with innumerable glasses and serving dishes! Can anything be done about this problem?

A. It is perfectly permissible for you to transfer your vegetables from serving dishes onto your dinner plate. Then you may ask the waiter to remove the empty dishes.

# DINING GUIDE

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\*Above Also Served W/ Salad, Homemade Bread Basket and an Alternate Choice of Potato...



# DINING GUIDE

## Wine Talk

By Richard Najlev

A world-class wine from Lebanon? The idea seems strange until you remember the quantities consumed in the Bible, Old Testament and New. Wine is a very ancient grocery item in these parts.

It was with a great sense of pleasure and relief that I spoke recently to the Biblical lands' greatest modern-day winemaker, Serge Hocher of Lebanon's Chateau Musar. A soft-spoken, cosmopolitan man with a gentle manner, Hocher risked his fortune and his life to produce his wine during Lebanon's nearly continuous strife in the 1980s.

With peace coming seemingly at last to this troubled country, it is time to celebrate the stubbornness of people like Hocher who were determined to carry on with their lives and ambitions in the midst of the maelstrom.

Though Hocher has numerous non-wine business interests, and maintains a residence in Paris, he says, "I have given the most in my life to wine," and specifically, to Chateau Musar, the winery his father founded in 1930.

His commitment to Musar and to Lebanon brought out a resolve that Hocher clung to throughout the dark days of the past decade.

As he told me when I reached him in Paris, "The war pushed me to the contrary. We have planted many new vineyards. We have developed our winery. We are now producing much better wines than before, but because they're not yet shown, very few people have tested them."

A better Chateau Musar is quite a promise from a winemaker who has been acclaimed wine man of the year by Britain's prestigious *Decanter* magazine, and who has produced what writer Auberon Waugh called "the classical wines of this century."

Having enjoyed numerous vintages of Chateau Musar myself (as recounted in this space), I second the motion: these are some of the most pleasing and dramatic wines in the world.

Though Chateau Musar produces various reds and whites (including wines from a local chardonnay type, the *baideh*) it is the fragrant, velvety, exotic and astonishingly complex red called simply "Chateau Musar" that makes its reputation.

No wine I have ever tasted evolves so surprisingly — and constantly — in the glass as this blend of cabernet sauvignon, Cinsault and Syrah. Smokey oak, vanilla, cocoa, wild berry, toffee, citrus, earth, tobacco — if you think I'm reaching for these flavors, try describing a 15-year-old Musar yourself after you've tasted a mouthful.

This would be attention-riveting wine if it came from a calm corner of the French wine country. The fact that it comes from Lebanon's Bekaa Valley gives the wine an aura of the heroic.



# DINING GUIDE

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## READER RATINGS

Q. We are not wine drinkers. If we're giving a party, what kind of wines should we stock in order to take care of our wine-drinking friends' pleasure - from cocktail hour through dinner?

W.L. A. For the cocktail hour you might have on hand dry or sweet sherry, or dry or sweet vermouth, or any of the popular "aperitifs". Many choose a glass of dry white wine at the cocktail hour (either chilled or "on the rocks").  
For the first course, or to drink with any fish, salad, chicken, veal or fruit, a chilled white wine is nice (such as Chablis, Soave, Riesling, Chenin Blanc, Pinot Chardonnay).

For the meat or game course (or the salad with cheese), serve a Burgundy, Bordeaux, Chianti, Dabernet Sauvignon or Zinfandel at a cool room temperature (from 60 to 70 degrees).

Rose wines should be chilled, like white wines. A rose is best served with a light dish and is more popular in hot weather than in cold.

For dessert you may serve the same wine you had from the previous course. Or if it's something festive like an anniversary, dessert time is the moment to bring on the champagne (the drier the better!).

Some people enjoy a sweet wine with dessert such as port or a sweet sauternes or sherry, but one seldom sees this custom followed anymore in this country.



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# RESTAURANT GUIDE

## READER RATINGS

PAGE 7A Friday, September 27, 1991 READER RATINGS

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Q. Why in some restaurants do I have to sit there so long before the waitress gives me the check?  
A. Well the answer to your question is hard to define. It might be simply because the restaurant is so busy that the waitress hasn't time to add up the check. But at some of the better restaurants you will never get a check unless you ask for it. In these establishments they feel that the guests should decide how long they wish to talk or occupy the space after eating and only on rare occasions will they bring a check that has not been solicited and then with apologies.

Q. Some restaurants make a big thing over a lobster tank, but I think it is disgusting to have to kill these animals in order to get a meal. Why do they have these tanks?

A. The reason is simply that lobster has to be freshly killed to be eaten. The lobster tank lets the diner see that what he is getting is really fresh lobster. Possibly some squeamish people believe that the lobster tank should be somewhere else but most diners want to see the live ones and if you do not, you should be suspicious. They are killed instantly in boiling water.

# DINING GUIDE

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By Desiree Vivea

## Sweeten back-to-school blues with brownies

Moist, rich chocolate brownies — who can resist them? Unlike crisp cookies that need the dry heat of a conventional oven, bar cookies such as brownies bake perfectly in the moist heat of a microwave.

Brownies are America's favorite bar cookie. Traditional brownies may be chewy or cakelike in texture, frosted or plain. And there are lots of not-so-traditional variations: chocolate-mint brownies, cherry-chocolate brownies, rocky road brownies — with tiny marshmallows, chocolate chips and peanuts — or macaroon brownies, with a touch of shredded coconut.

Play with a basic recipe (like Basic Brownies below), adding a touch of mint extract, or a quarter cup of shredded coconut, or a bit of coffee liqueur to create your own variations.

The rich, chocolaty flavor of brownies generally comes from unsweetened 1-ounce baking squares or unsweetened cocoa, though I have seen recipes that use chocolate syrup.

For extra chocolate flavor, you can always add a handful of chocolate chips or small chunks of dark or white chocolate. In some health-conscious versions, low-fat carob replaces chocolate, and "blond" brownies contain no chocolate at all — these chewy bars get their caramellike chewiness and flavor from simple brown sugar.

Some folks like them plain, but I like my brownies with nuts, and lots of them. They add extra flavor and an agreeable crunchiness to the texture. Walnuts are probably the most popular, but you could also try pecans, almonds, peanuts, cashews, even macadamia nuts.

Brownies are almost as easy to microwave from scratch as from a mix — and always more delicious. Most recipes call for a square 8x8-inch glass baking pan.

To prevent overcooking in corners, smooth small pieces of waxed paper over corners to shield them during first half of cooking time. Or use a round glass pie plate (no shielding necessary), then cut warm brownies into wedges and serve with ice cream as a special dessert.

To microwave, place baking pan on an overturned microwave-safe plate, saucer or pie plate to let microwaves more easily reach underside. This allows the bottom to cook more quickly and evenly.

How to tell when brownies are done? Insert a toothpick near the center. The brownies are done if toothpick comes out clean.

To avoid overcooking, remove brownies from microwave when top still appears moist and standing time will complete cooking (let pan stand on heat-proof sur-

face). Overmicrowaved brownies will harden with standing time.

Brownies freeze well — if, of course, there are any left to freeze! Place double thickness of waxed paper between layers and wrap tightly in plastic wrap before freezing.

Serve brownies anytime, especially for an afternoon snack or an easy dessert. Or sweeten kids' back-to-school blues with a lunch box brownie.

Recipes in this column are tested in 625- to 700-watt microwave ovens.

### MICRO-TIP OF THE WEEK:

Do not grease and flour pan when microwaving brownies, since this will form a separate layer at bottom of pan and may cause brownies to stick.

### BASIC BROWNIES

- 1/4 cup butter or margarine
- 2 ounces unsweetened baking chocolate
- 1 cup light brown sugar, packed
- 3/4 cup all-purpose flour
- 1/2 teaspoon baking powder
- 1/2 teaspoon salt
- 2 eggs
- 1 teaspoon vanilla
- 1 cup chopped walnuts

Yields 25 brownies.

Preparation time: 10 minutes (plus standing time to cool).

Cooking time: 7 to 10 minutes (plus standing time).

Oven setting: MEDIUM (50 percent power); HIGH (100 percent power).

Combine butter and chocolate in 4-cup glass measure. Microwave at MEDIUM setting 2 to 3 minutes, to melt. Stir in sugar, blending well. Let stand until cool.

In medium mixing bowl combine flour, baking powder and salt; toss with fork.

Add eggs and vanilla to cooled chocolate mixture; beat well to combine. Add to flour mixture, stirring well, then fold in chopped walnuts.

Lightly grease 8-inch square microwave-safe baking pan; sprinkle lightly with granulated sugar. Turn mixture into prepared pan, smoothing surface with a spatula. Shield corners with small squares of waxed paper.

Invert a saucer on oven floor; place baking pan atop saucer. Microwave on HIGH setting 5 to 7 minutes, rotating pan 1/4 turn every 2 minutes. Remove waxed paper corners halfway through baking time. When done, brownies should be set but appear moist on surface.

Let stand on heatproof surface until cool, then cut into squares.

## FOR TEENS

By Willard Abraham, Ph.D.

Dr. Abraham: Although this guy I go with never talks about sex with me, he seems to show how much he thinks about it when we go to a movie. We have seen three lately when he fidgets in his seat, takes deep breaths and mumbles. But it only happens when a sexy scene is on the screen.

I like him, but I don't want his movie enjoyment to come into his feelings with me. I'm just not ready for that.

Do you see what I mean? — No Name, Oakland, Calif.

No Name: One helpful idea might be to read movie reviews in advance and select less sexy films to see with him. You might also pick up hints through newspaper ads of movies to avoid.

Even though you are concerned about his transferring his movie attitudes in your direction, you, of course, are in control because you can always bring up a "not ready" response or some other turn-off.

Dr. Abraham: I am 14 years old and have listened to heavy-metal music since I was 8. The talk about groups not leading teens to drugs or devil worshiping is a lie. I listened to heavy metal and read in magazines how they enjoyed getting a good high. I had the feeling I had to do the things they do because they were my idols. I got into drugs and more, and even stayed away from home for a year.

Now I've decided to change my ways, and I don't listen to heavy metal anymore. — A Former Heavy Metal Fan.

Former Fan: The pros and cons on this issue continue in teen letters. Thanks very much for your input, and continued good luck.

Dr. Abraham: Do you remember the faces painted on pumpkins for sale last Halloween? Maybe they weren't at supermarkets all over the country, but they certainly were where I live.

The ones I saw had big blue eyes, a strange nose and a small mouth, real funny-looking.

My boyfriend looks like that, honestly, and every time I see him lately I can't help laughing. He'll say something serious, and it just breaks me up when I look at those eyes and that nose and mouth. It is all just too funny.

That seems to bother him a lot, so I've told him why I'm laughing. It is just his "pumpkin face," that's all. Then he really gets sore.

What should I do? He is really a nice guy. — Amused.

Amused: Can you blame him for being upset? How would you feel if someone laughed at you and then told you it is your "pumpkin face"?

That's all? That's plenty to offend, insult and turn a guy off.

He deserves an apology and an effort on your part to look for and comment on qualities of his that you like and admire. Spend a little time on that effort. It may pay rich dividends.

Dr. Abraham: I've never smoked (except once) and don't intend to. I'm not the kind of guy who will ruin his health over a dumb habit like that. A few friends of mine feel exactly like I do.

We've been wondering how much smoking goes on among other teens. And we have also wondered why they haven't gotten with it to see what it does to their lungs, and have they ever seen anyone suffering from cancer because of it?

I have because someone dear to me in my own family died not long ago, and it was terrible. — Non-smoker, Tyler, Texas.

Non-smoker: I, too, wonder why many teen smokers (and older ones, also) "haven't gotten with it." Large numbers have, of course, and records show that in time their lungs generally are clear of the brown discoloring. Physicians can provide data and other details regarding the dangers involved.

Regarding your specific question of how much teen smoking goes on, a recent publication of the American Medical Association called "America's Adolescents: How Healthy Are They?" provides some scary figures. Here are some of them:

- More than 8.5 million 12- to 17-year-olds (42 percent) have smoked cigarettes.

- Among high school seniors (in 1987), 67 percent have smoked cigarettes, and 11 percent at least 10 cigarettes a day.

- In recent years cigarette smoking has been more common among girls than boys.

- More than 3 million 12- to 17-year-olds (15 percent) have used smokeless tobacco, and 4 percent do currently. Its use is increasing, especially among young teen-age boys.

- About 10 percent of eighth- and 10th-grade boys and 1 percent of the girls in those grades said they now chew tobacco.

So, is the problem still with us? You bet! And are you and your friends wise not to be involved? Ditto!

# Cooking Corner



## Sandwiches easy to tote to stadium

By Linda Susan Dudley

Whenever football fans gather, there will be tailgate parties with family and friends. It's a chance to beat the traffic by arriving as much as three hours before kickoff and having lunch or supper before the game.

Sandwiches are a good choice for tailgating because of their ease of preparation and "holding" ability. If you're not in the mood to prepare them yourself, then order them — especially oversize subs — from a deli or supermarket a day ahead.

For a successful pregame party, you need to be prepared. Besides paper or plastic plates, you'll need plastic knives, forks, spoons and glasses. Big napkins are essential because this is often a stand-up-and-eat affair. Those disposable cleanup cloths will allow you to arrive at kickoff with non-sticky hands as well.

Here are some basics for making sandwiches which allow everyone to enjoy the parking lot party. They are gleaned from "The Sandwich Book" by Judy Gethers (Random House).

Toasted bread should be spread with butter or other spreads as soon as possible to prevent drying and breaking.

Butter, margarine or cream cheese should be at room temperature for easier spreading.

A sandwich can become a complete meal if filled with meat, cheese or other protein foods and vegetables and/or salad greens.

It is best to prepare sandwiches as close to serving time as possible. However, if you must prepare them ahead of time, wrap well and store in a cool spot. Save "wet" ingredients, such as tomato slices or lettuce leaves, for the last minute so moisture doesn't seep into the bread.

Following are recipes for sandwiches ideal for casual tailgate parties. Bowls of olives and dry-roasted nuts can provide snacks during setup. Just add beverages. Don't forget a bottle of sparkling water to cleanse the palate, in addition to any other beverages.

The next three recipes are from "Finger Foods" by Mable Hoffman (Price Stern). The first offering, a three-decker sandwich, is served warm.

### LAYERED TUNA-EGG LOAF

- 1 20-inch French bread baguette
- 4 hard-cooked eggs, chopped
- ¼ cup chopped ripe olives
- 2 tablespoons canned diced green chilies
- ½ cup (2 ounces) shredded cheddar cheese

- 1 (6½-ounce) can tuna, drained and flaked
- ¼ cup mayonnaise
- 2 tablespoons finely chopped green onion
- 2 tablespoons chopped red bell pepper

Yields 8 to 10 servings.

Preheat oven to 375 F. Slice bread lengthwise into 3 equal pieces. In small bowl, combine eggs, olives, chilies and cheese. Spread mixture on cut side of bottom layer of bread. Top with second bread layer.

In second small bowl, combine tuna, mayonnaise, green onion and red pepper. Spread on middle layer of bread. Cover with top of bread. Wrap entire loaf in foil.

Bake in preheated oven 20 minutes or until hot. Remove from oven; cut loaf crosswise into 2- or 2½-inch slices. Serve warm.

### BARBECUED BEEF ON A BUN

- 2 pounds beef stewing pieces or beef chuck roast, cut in cubes
- 1 small onion, peeled and diced
- 1 cup ketchup
- 2 tablespoons brown sugar
- 1 teaspoon dry mustard
- 2 tablespoons Worcestershire sauce
- ½ cup beef stock or bouillon
- ¼ teaspoon salt
- ¼ teaspoon pepper
- 10 Kaiser rolls or onion rolls, split, warmed

Yields 10 servings.

In a 4-quart Dutch oven, combine meat with remaining ingredients except rolls. Cover and simmer over low heat 2½ to 3 hours or until meat is very tender.

Place warm meat mixture in a food processor fitted with metal blade. Process briefly to shred or shred by hand using forks. Spoon about ½ cup meat and sauce onto each roll. Serve hot or warm.

During football season it's not unusual for the stadium parking lot to be dotted with barbecue grills. Everything in this hearty entree is heated or cooked on the barbecue. Let the beans heat on the edge of the grill while the hot dogs cook over more intense coals.

### GRILLED CHILI-DOG BURRITOS

- 1 (8-ounce) can refried beans
- 10 beef or turkey franks
- 10 5-inch corn tortillas
- ¼ cup (3 ounces) shredded Monterey Jack cheese

- 1 cup shredded lettuce
- Fresh Salsa (recipe follows)

Yields 10 servings.

Heat beans in small pan on hot barbecue grill. Cut franks to within ¼ inch of other side. Place on a hot grill 4 to 5 inches from heat. Cook 5 minutes or until hot and sizzling. At last minute, heat tortillas on grill. Turn when hot but still soft and heat other side. Place 1 frank on each tortilla. Top with beans, cheese and shredded lettuce; then with salsa.

### FRESH SALSA

- 1 large tomato, chopped
- 1 California green chili or jalapeno pepper, chopped
- 1 teaspoon chopped cilantro
- 2 green onions, chopped
- ¼ teaspoon salt

Yields 4 servings.

In small bowl, combine tomato, green chili, cilantro, green onions and salt. Stir to blend. Refrigerate until ready to serve.

...

This cheese spread is great on

specialty breads, especially party-size rounds, and it has an added advantage — it can be made several days before game time and stored in the refrigerator.

### CHEDDAR-CHILI SPREAD

- 2 (3-ounce) packages cream cheese, at room temperature
- Two-thirds cup milk
- 1 pound (4 cups) finely shredded cheddar cheese
- ¼ cup finely chopped jalapeno chilies; seeded or (for a milder flavor) canned chopped green chilies
- 2 tablespoons finely chopped pimiento

Yields 3 cups.

Combine cream cheese and milk in medium bowl. Beat with electric mixer until smooth. Add cheddar cheese, chilies and pimiento. Stir until well blended. Spoon cheese mixture into bowl. Store in airtight container in refrigerator up to 1 week. Allow to soften at room temperature 15-20 minutes before serving.



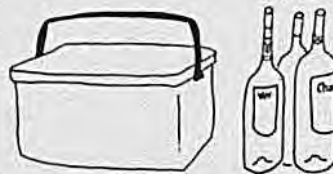
## KITCHEN HINTS

### You need wine for dinner

And you shop after work

Here's how to protect the wine's quality:

1. Buy wine last; it will be shaken less. Also, the wine merchant has kept the bottles at the proper temperature; your car won't.
2. An insulated plastic foam bottle container or chest can help keep the proper temperature.
3. Both very hot or very cold temperatures affect wine adversely. Pamper it on the way home.



## KITCHEN HINTS

### Seasonal strawberries will be dessert

Raspberry sauce makes them special.

The French call it *Fraises Cardinale*:

1. Defrost 10-ounce package frozen raspberries and place in blender or food processor.
2. Add 1 teaspoon orange liqueur and 1 teaspoon lemon juice. Puree. Strain to remove seeds and chill. Makes about 1 cup, enough for 6 servings.
3. Pour half the sauce over berries and gently mix. Pass remaining sauce.





# Backyard Gardener

By Patrick Denton



## Some dandy new types of daffodils

Among the most new and exciting daffodils are the split-cup types, also called orchid-flowered or butterfly daffodils. More home gardeners are discovering and enjoying these fancy and unusual flowers every year.

In this class of daffodil, the trumpet, or cup, is split at least for a portion of its length and lies back like a second row of petals against the original background petals (perianth) of the flower.

Two of the most commonly available split-cup daffodils are Orangery, whose pure orange cups lie against white background petals, and Cassata, a delicate confection in golden yellow against creamy white. Newer among these daffodils is Chanterelle, in deep yellow with a yellow split cup, and Lemon Beauty, a combination of white and soft yellow.

For gardeners who like the heavily ruffled, full-centered look of the double daffodils, one of the more recently introduced varieties is Ice King, a double form of the magnificent large-cupped white Ice Follies. Ice King has a frilled and ruffled crown crowded with numerous segments of yellowish cream and ivory white against a ring of creamy white background petals.

Tahiti is a personal favorite double daffodil, a gorgeous combination of a deep yellow perianth with a center made of small ruffled segments in deep orange blended evenly with more of the yellow.

If the idea of extending the daffodil season into late April and early May appeals to you, look for daffodils marked "late" on the variety description. One favorite late-flowering beauty is Actea, a large, intensely fragrant flower of perfect form with flat, snowy white background petals and a small yellow eye vividly trimmed in scarlet. Another late large-flowered daffodil is Geranium, a multistemmed variety with several fragrant white, orange-cupped flowers on each stem.

There are several charming miniatures that also are useful for extending the daffodil season. I'm very fond of Hawera, which produces several flower spikes each with four to six pendulous lemon-yellow flowers with prettily rounded cups and swept-back petals. Pipit is a real conversation piece. Also multistemmed and cluster-flowered, this little daffodil has a small, frilled cream trumpet and petals that are cream at the base shading to butter yellow toward the edges.

If you're a hyacinth fan, look for some of the newer color additions such as Blue Magic, which yields

broad, solid spikes of purple-blue, white-centered florets, and Violet Pearl, a soft rosy violet.

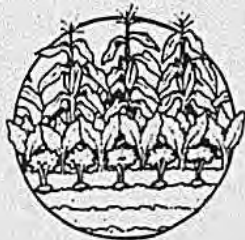
Fritillarias bring to mind the stately crown imperials (*Fritillaria imperialis*), whose stiff, 3-foot-tall stems bear eye-catching clusters of large pendant bells in red, yellow or orange. But this fascinating group of spring flower bulbs also boasts several smaller species with a loose wildflower charm.

*Fritillaria meleagris* is commonly called the snakeshead fritillary, guinea hen flower or checkered lily. These plants produce one or two nodding, bell-like flowers on each wiry 10-inch stem. The blooms are unique for their unusual checkerboard-pattern speckling in subdued hues of purple, gray and white. This fritillaria is very nice for naturalizing in short grassy areas, under trees and shrubs, among perennial flowers and in the rock garden.

A fritillaria that I enjoyed for the first time in my garden last spring is *Fritillaria michaelewskii*, a beautiful little plant from Turkey with pendant bell-shaped blooms in rich, deep plum and flared bells edged in bright yellow.

Also available at some garden outlets will be *Fritillaria persica*, another personal favorite, tall at 32 inches with sweet-scented, deep plum-purple bells hanging along the upper portions of the stems. The fritillarias do best in a well-drained, humusy soil that stays moist and cool.

If you're fond of the very early-blooming starry blue clusters of chionodoxa (glory-of-the-snow), look for a pink form called Pink Giant. And for lengthening the flower bulb season into June, consider some of the individual named varieties of Dutch Iris — Wedgwood in lobelia blue, Angel Wings in white and yellow and Golden Harvest in yellow. Brodiaea Queen Fabiola lengthens the season even further, bringing into July its clusters of rich purple-blue funnel-shape flowers on 18-inch stems.



## Our Children

By Willard Abraham, Ph.D.



## Job loss problems

**Q.** Twice in the past two years my husband has been laid off from his job through no fault of his own. It is because of the times, which have hit our town quite hard.

Right now he is unemployed, but there are a few promising job possibilities he is checking on. (I'm working, so we're certainly not destitute.)

He is a strong person emotionally (physically, too), but he has one problem in coping with this issue. He has a lot of faith in himself and his abilities, but when it comes to our kids he faces a different story.

He is so concerned about what effects his job losses might have on them.

Can you give me some ideas that I can share with him? We both will appreciate that very much.

A. First of all, secrecy within the family about the situation may be the wrong way to go. It could perhaps stimulate your children's imagination and develop unwarranted fears for them.

How much your husband tells them depends on their age and maturity, but open communication based on facts is the safest route to take. Why the job losses

took place, what efforts are being made to land another one, and how long it might take are among the topics to talk about. How your youngsters might help out and perhaps their direct involvement in decisions that may be necessary can strengthen family ties.

Where to cut expenses, reducing the size of allowances even a little bit, and increased sharing of household tasks to give their dad more time are all factors to consider.

Your husband's strength is certainly a plus factor because of the stability it brings to the family. Your obvious support of him is also important in this scenario.

**Q.** I think that a good friend of mine may need some help. So far she hasn't created any harm for her young children as far as I can

tell, but she seems to be getting increasingly impatient and tense with them. So I feel that before she loses control of herself with them, she ought to get some counseling or something like that.

I heard about an organization called "Parents Anonymous" but really don't know much about it. Because this may be one that could be helpful to her, I wonder

whether you can tell me something about it or where I (or she) can get more information.

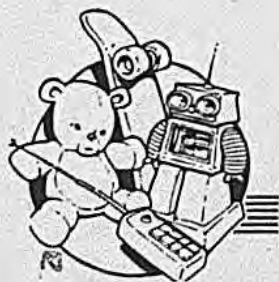
A. "Parents Anonymous" is a treatment and prevention program related to child abuse and neglect. Confidential weekly groups meet where parents can learn good parenting skills and improve their self-image through

sharing with others, and at the same time their children can receive special attention.

The program was established in 1970 and has helped 200,000 families, according to their materials. They are located in 36 states and have 1,500 support groups.

You or your friend can get additional details that will determine whether it can help meet her and her children's needs. Their main telephone number is (213) 410-9732.

Letters may be sent to Dr. Willard Abraham, Our Children, P.O. Box 572, Scottsdale, AZ 85252.





## Fitness Forum

### The agony of lower back pain

By Robert P. Studer

You have a desk job, one of those so-called "easy" ones that keep you sitting all day, typing, computing or maybe just supervising people and shuffling papers around. Did you know that some medical researchers have found that sitting at a desk can be as strenuous on your lumbar spine as operating a jackhammer?

Perhaps that is one reason why lower back pain is so common an ailment. Ninety percent of the population suffers from a serious bout with it at some point in their life. And, according to researchers of the American Academy of Orthopaedic Surgeons, "chronic low-back pain constitutes one of the largest and most expensive medical problems in modern society. Analysts estimate that medical payments and lost productivity each year from this cause amounts to between \$16 billion and \$50 billion."

Yet, they charge, "the least amount of time, money and energy have gone into lower back pain medical research. They also said that while 90 percent of all patients recover from lower back pain episodes in three months or so, regardless of treatment, 85 percent suffer recurrent episodes of pain."

Researchers only recently, says Dr. Pasquale Montesano, University of California at Davis assistant professor of orthopedic surgery, have looked at which anatomical structure appears to be responsible for lower back pain.

"Indications," he said, "point to problems within the disk, the soft tissue between the bony elements of the spine, because the number of pain receptors in other tissues is very small. But pain may be secondary to the creation of fissures inside the disk that upset the body's hydraulic mechanism. When we are young, gelatinous materials inside the disk is about 80 percent water. As we age, it dries out and sometimes cracks, forming these fissures."

Montesano said the biggest contributors to lower back pain are sedentary jobs, substance abuse and cigarette smoking. Truck driving or sitting at a desk all day can generate up to 125 percent more pressure on the disk than standing."

Smoking cigarettes, on the other hand, affects circulation, causing the disk to break down at a much quicker rate than normal.

Even some professionals, in treating lower back pain, may not completely understand the role of the disk in the pain, Montesano said.

"They may prescribe exercises

that prolong recovery," he said. "Exercises such as the Williams lumbar flexion ones, are often prescribed in therapy, although they increase pressure on the spine considerably."

Yet, he added, when people experience lower back pain, they usually rest, which also is counterproductive. Bed rest, he said, causes fibrosis of the tissues and stiff joints. Sometimes, he said, they become so stiff that they don't work anymore.

"The by-word for treating lower back pain is life is motion, motion is life," he said."

As a result of the most comprehensive review of spinal disorder research ever conducted, a study by the Quebec Task Force, which involved 25 scientists from 1983 to 1987, and the review of 6,000 articles on spinal disorders, the researchers found only two things useful to the person with lower back pain. They were patient education and aerobic conditioning. The latter increases blood circulation and nutrition to the disks.

In treating patients with back pain, Montesano said, "we let the acute episode cool down first. We prescribe 24 to 48 hours of rest then tell patients to take it easy for a week. Next, mobility training and flexibility exercises are started. Once the patient reaches this state, endurance training begins."

Montesano suggests the following for good back health: "Get involved in a conditioning program that includes stairmaster, stationary bicycle and swimming. Combine some muscle training to condition the quadriceps, the muscles in front of the thighs. When legs are stronger, they can take over more of the lifting."



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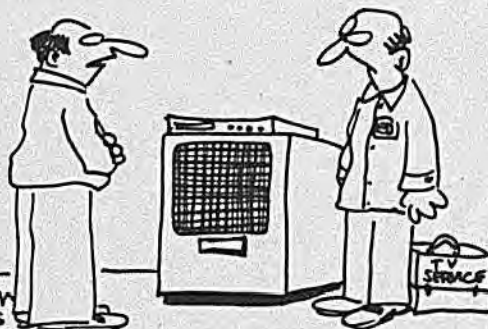
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## THE HEALTHY GOURMET

By Kit Snedaker

### Tasty desserts for lemon lovers

For every chocoholic there is an equally fervent lemon lover. Some go so far as to eat lemons like oranges. I have a granddaughter like that. She discovered lemons as a toddler and pinched them from the saucers of tea cups. Watching her munch on a slice of lemon almost made my eyes water, even though I knew she was getting a great dose of vitamin C.

The addiction stuck. She, like many others is a closet lemonholic. They don't brag about it because lemons aren't "in" the way chocolate seems to be. Lemon people avoid publicity and watch for lemon treats.

Fortunately lemons don't have the saturated fat of chocolate. Lemon desserts are easy on the calorie/fat account and a light, sweet/tart ending for almost any meal.

Here are some of the quickest and best. Start with the custard. Lemon gives it a new twist. Then try old-fashioned Lemon Pudding Cake or sensational Lemon Ice Cream.

#### LEMON CUSTARD

3 egg whites  
2 egg yolks  
Two-thirds cup non-fat milk  
¼ cup freshly squeezed lemon juice  
1 teaspoon grated lemon zest

¾ cup granulated sugar  
¼ cup all-purpose flour

Yields 4 to 6 servings.

Each serving has about 150 calories, 2 grams fat, 70 milligrams cholesterol and 100 milligrams sodium.

Put egg whites in clean, dry bowl and beat (with an electric mixer or by hand) until stiff peaks form. Set aside. In another bowl, add egg yolks and beat lightly. Add milk, lemon juice and lemon zest and mix thoroughly. Add sugar and flour and beat until smooth.

Fold yolk mixture into egg whites. Pour into individual custard cups. Place cups in baking pan with 2-inch rim around it. Pour boiling water into baking pan to depth of about 1 inch.

Bake in an oven preheated to 350 F 20 to 30 minutes or until golden. Serve warm.

#### LEMON PUDDING CAKE

Two-thirds cup low-fat cottage cheese  
2 eggs slightly beaten  
¼ teaspoon ground cinnamon  
1 teaspoon baking powder  
1 teaspoon vanilla  
½ teaspoon lemon extract  
2 tablespoons plus 2 teaspoons sugar  
1¼ ounces bran flakes crushed  
Lemon Sauce:  
1 cup water  
1¼ tablespoons lemon juice  
1 tablespoon plus 1 teaspoon cornstarch  
2 tablespoons sugar

Yields 4 to 6 servings.

Each serving has about 190 calories, 3 grams fat, 140 milligrams cholesterol and 350 milligrams sodium.

Combine cottage cheese, eggs, cinnamon, baking powder and vanilla, lemon extract, 2 tablespoons plus 2 teaspoons sugar in bowl and mix well. Stir in bran flakes.

Spoon this mixture into 4x8-inch loaf pan and smooth top. Bake in an oven preheated to 350 F for 20 to 30 minutes. It will be lightly browned.

While cake is baking combine water, lemon juice, cornstarch and sugar in saucepan. Whisk until cornstarch is dissolved. Cook, stirring over medium flame until mixture comes to boil.

Cook, stirring 1 minute longer. Remove from heat. To serve cut hot cake into squares and pour sauce over each individual serving.

Kit Snedaker is author of "The Great Convertibles." Her food stories have appeared in *Bon Appetit* and *Harper's Bazaar*.

## THE HEALTHY GOURMET

#### Lemon Pudding Cake

■ Calories per serving: 190  
■ Fat per serving: 3 grams  
■ Cholesterol per serving: 140 milligrams  
■ Sodium per serving: 400 milligrams

## THE HEALTHY GOURMET

#### Lemon Custard

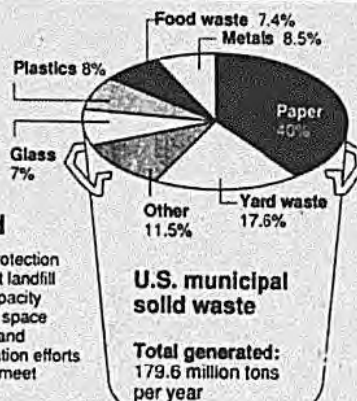
■ Calories per serving: 150  
■ Fat per serving: 2 grams  
■ Cholesterol per serving: 70 milligrams  
■ Sodium per serving: 100 milligrams

## HEALTH WATCH

### Landfills will soon be filled

The Environmental Protection Agency estimates that landfill needs will surpass capacity by 2001. New landfill space will need to be found and recycling and reclamation efforts must be increased to meet demand.

SOURCE: Environmental Protection Agency

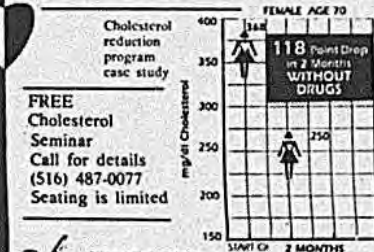


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## Here's How

By Gene Gary



**Q.** The former owner of the home we recently purchased enclosed a porch for an additional room. During the winter this room is extremely cold. I can feel cold air rising through the carpet. Since the room is on a concrete slab there is no way of getting under the flooring to add insulation. Is there any material that I might lay under the carpet to help insulate the room?

**A.** The best way of insulating a concrete slab is to install a layer of rigid board insulation at the ground level underneath the slab prior to the pouring of the concrete. But it's too late for that now.

The installation of a dense, thick 100-percent urethane foam pad

under carpeting will help block some of the cold. The padding should be rated at 8 pounds per yard.

Follow the manufacturer's installation instructions carefully. The pad will be somewhat harder than one of less weight, which has more give. Check with your local carpet dealer regarding padding selections.

**Q.** I am sure mine is a common problem. During a recent party one of my guests left a glass on the top of a buffet, leaving a white ring. How can I remove this unsightly ring from my tabletop?

**A.** Heat, water, ink and acid can leave marks and stains on fine veneer surfaces that show up as

white rings, patches or dark watermarks. Surface marks can often be removed without damaging the finish, but deeper ones may need refinishing.

A simple trick that often works with lighter marks is toothpaste (regular variety, not the gels). Rub lightly over the area with a soft cloth and then polish with lemon oil.

Another suggestion submitted by one of our readers is to use "Silicone Spray Lubricant" to spray the runners. Let set for 30 seconds and put the drawers back in. This suggestion was offered by a professional in the furniture business who claims that one treatment usually corrects the problem and the silicone is not subject to dust collection.

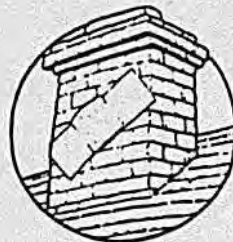
Another method is rubbing the area with sewing machine oil and cigarette ash, or cigarette ash and lemon juice. Rubbing with a mixture of rottenstone (powder used for polishing metals) and light oil is another method of removing minor cigarette burns.

For varnished wood, one of the best methods of removal of white discoloration is to use denatured or rubbing alcohol. Wet a small wad of cotton with the alcohol and

dab the stain until it disappears. Do not use too much alcohol and do not rub or you may disturb the varnish. The water has penetrated the varnish and attacked the shellac undercoat, turning it white under the varnish.

The alcohol also will penetrate the varnish and redissolve the shellac underneath, restoring its original transparency.

If none of these methods work, you will probably have to refinish your table top to remove the staining.



## Decor Score

By Rose Bennett Gilbert



### Lighthearted living room make-over

**Q.** When we did our living room over in 1985, we were in love with antiques and dark colors. Now, we want to lighten things up and make our living room more casual and cheerful. We need it — we're both in real estate — but for the same reason, we can't spend a lot on a complete redo. Give us some inexpensive ideas. — L. de M.

**A.** I can sum the best idea up in a single word: *paint*. Choose a light color in a semigloss and take it right over walls and woodwork to create a fresh look almost instantaneously. Then keep the rest of the colors equally fresh and buoyant: new slipcovers, an inexpensive floor covering like sisal, and a few well-chosen accessories should make the difference between night and day, decoratively speaking.

Designer Nancy Braithwaite has accomplished a lighthearted look in the living room we show here, from *House Beautiful* magazine's House of the '90s in Atlanta.

She has carried the wall's creamy yellow on up to the ceiling and beams, and complemented the sisal rug with a few fun pieces of wicker furniture. Braithwaite also stripped the mantel and an an-

tique table to lighten the overall ambience.

Other notable ideas: the just-for-show standing screen, curtains made to match the upholstery and a minimum of accessories to obviate the cluttered look many of us

have been living with, well, since the 1980s.

**Q.** I want to make swagged cafe curtains for the dining room, but I need guidance. The ones I've seen

are cut straight across the top and hung from fabric straps or ties. How much do I have to allow for a graceful swag between the straps? — T.C.

**A.** Not being much of a seamstress myself, I asked an expert, Raymond J. LeCuyer, ISID, who used swagged cafes in the sitting room he and partner Robert W. Clark, ISID, designed for a show house in New York.

His answer: Allow 14 to 16 inches between straps or ties "for a pretty droop."



**ECLECTIC DESIGN** — Designer Nancy Braithwaite knocks the stuffiness out of this sitting room by melding contemporary upholstery with old-fashioned wicker furniture and sisal carpeting.





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speaking a must. 746-2097. gc01

### Situations Wanted

**CHILD CARE AVAILABLE**  
NYS certified early childhood  
teacher with master's degree will  
care for your child in my Mineola  
home. Enriched environment.  
Playmates. Certified program.  
Excellent extensive references.  
747-5350. wtfn

**BABYSITTER ON CALL**  
(Pediatric nurse). If your regular  
sitter can't make it, her kids are  
sick, she has an appointment, or  
things just aren't working out, let  
me watch your kids as your back  
up babysitter. Call me so we can  
meet before you may need me.  
Reliable, responsible mom with  
references. Please call 489-1621.  
gc03

**EXPERIENCED BABYSITTER/**  
Housekeeper seeks job. Quality  
service. References available.  
Own car. (718) 832-1732. gcsc4

### Situations Wanted

**DEPENDABLE PERSON**  
seeking job to care for elderly.  
Contact Kanalee Williams at  
379-1092 preferably on weekends.  
gc02

**DEPENDABLE PERSON SEEKS**  
job to take care of elderly. Contact  
Marcia Blake at 718 714-4939.  
gc02

**REASONABLE HONEST**  
reliable home repairs. Carpentry,  
painting, interior/exterior, roof-  
ing, replacement windows, storm  
doors, siding. Call 437-7829. gc02

**NURSE'S AIDE AND COMPAN-**  
ion, with certificate and license.  
References. (718) 257-0947 wo2

**CLEANING LADY, ALREADY**  
Working in area, looking for  
housework to fill in some  
mornings, including Saturdays.  
Location, preferably within walk-  
ing distance to Willis Ave.  
References available. Please  
contact after 6:30 p.m. 746-3967.  
ws4

**HOUSEKEEPERS/DAY WORK-**  
ers. Windsor Employment  
Agency, 1 Cutter Mill Rd., Great  
Neck. Mrs. Schuster. Licensed  
owner. 487-2818. hs4

**CHILD CARE AVAILABLE IN**  
Garden City home. Former  
nurse's aide, reliable, responsible  
& experienced. Reasonable rates  
References available. Call 294-  
6393. gc54

**BABYSITTING - GARDEN CITY**  
mother with older children  
wanting to babysit occasionally.  
Preferably daytime. Thank you.  
248-5896. gc03

**DAY WORKER AVAILABLE.**  
Experience, references upon re-  
quest. Own transportation. \$65-  
2119. gcsc4

**HOUSECLEANING AVAILABLE**  
- Experience and own transpor-  
tation. Call 486-5990. gc02

**NURSE'S AID AND**  
Companion with certificated  
license. References. Morning  
hours. 485-1845 or 379-0765. ho3

**IRISH LADY AVAILABLE FOR**  
Babysitting in your home or mine.  
References available. 358-2249.  
ho3

**HOUSECLEANER - GOOD**  
References, good service, own  
transportation. Call 746-1249,  
Monday through Friday, 1 p.m. -  
5 p.m. gc03

**CERTIFIED NURSE'S AIDE**  
with 10 years experience seeks  
position in home for night or day  
shift. Live out. 379-6967. gc03



## Situations Wanted

**ATTENTION VACATIONERS**  
would you like to go away and know that your dog or cat is well taken care of? Mature woman who loves animals will give your pet lots of TLC. Fenced in yard. 352-9113. gc01

**EXPERIENCED, RELIABLE**  
Person looking for a job to care for the elderly. Call Barbara at (718) 712-2908. gcsc4

**RELIABLE IRISH GIRL SEEKS**  
Full time position taking care of elderly person. Also available evenings & weekends. Experienced with references. Call Liz after 6 p.m. (516) 437-4308. gcsc4

**EXPERIENCED, RELIABLE**  
middle-aged lady seeks position as companion to sick or elderly person. Will live in. References. Call Smith at 785-2014. gc03

**POLISH WOMAN AVAILABLE**  
to clean your house Wednesday and Thursday. 564-4508. gc03

**HOME HEALTH AIDE**  
- Responsible, reliable with experience will take care of your sick or elderly people. Excellent references. 326-2917. gc02

**DAY WORKER AVAILABLE.**  
References upon request. Experience. Own transportation. 486-1305. gcsc4

**RETIRED N.Y.C. POLICE**  
officer looking to render services for high level executive. (516) 796-2493. gc01

**COMPANION CARE FOR**  
Elderly, babysitter, housekeeper. Good references. Call Angela (718) 529-2166. (718) 659-0851. gc02

**RELIABLE YOUNG WOMAN**  
Looking for work as companion to the elderly or children. Good references are available. Please call Charmaine at (718) 327-3020 anytime. gc02

**MATURE WOMAN**  
- Experienced with car looking for housecleaning job. (516) 486-2839 evenings. gc02

**DEPENDABLE PERSON SEEKS**  
job to take care of elderly. Live in or out. Contact Eulah Anderson at 378-8771. gc02

**LOOKING FOR HOUSECLEANING**  
job. Available Tues & Wed. Call Gloria after 3 p.m. 489-7924. gcsc4

**SEEKING LIVE IN/LIVE OUT**  
Companion job. References available. Reliable, honest, hard working. Please call (718) 363-8267 or (718) 922-1432. gcsc4

**EXPERIENCED, STATE**  
certified Nurse's Aide will take care of your sick or elderly part time 9-1. Good references available. Will do light housekeeping. 481-1953. gcsc4

**CERTIFIED NURSE'S AIDE**  
wishes to work with sick or elderly, 8-12 hours per day. Will work weekends. Will do chores and make meals. References and own transportation. 223-4929. gc02

## Situations Wanted

**LOVING GRANDMOTHER WILL**  
take care of your infant or child in my Williston Park home. Impeccable references and experiences. Please call 747-6726. WO1

**NEW HYDE PARK MOM WILL**  
watch your child in your home or mine. Hillside Grade School District. Call 488-8717. WO1

**CERTIFIED NURSE'S AIDE**  
willing to care for elderly (718) 771-6028. Call anytime. WO1

**NURSE'S AIDE FULLY**  
experienced in hospital, nursing home and private duty. We will work day shift or overnight shift. References. 475-7966. GCN1

**BABYSITTER AVAILABLE**  
Fridays. Mature, experienced, reliable woman, daytime only. 741-8149. Please leave message. gc01

**EXPERIENCED NURSE'S AIDE**  
seeking live out job. Needs to take care of elderly or invalid. If interested call 292-6165. References WO1

**CERTIFIED NURSE'S AIDE**  
wishes work with sick or elderly. 8 to 10 hrs. per day. Will work weekends. Will do chores, make meals. Have car. Local references of ten years. 742-9498 WO1

**HOUSECLEANING AVAILABLE**  
any day, experienced, mature, reliable. 481-4914. gcsc4

**LOVING MOTHER WHO HAS**  
a 33 month old boy will care for your child in your home. Part time. Very reliable, reasonable rate. Please call 437-7829. gc02

**CLEANING SERVICES/CHILD**  
care/care of the elderly. part time or full time. Live out. Honest, good references. 718 776-6163. gc02

**PERSONAL CARE SERVICE**  
By the hour-day. Bright, friendly Irish woman will do grocery shopping, pharmacy etc. Look in on house bound loved ones, cook, general daily duties, walk dogs etc. Please call 565-4132. gc01

**EXPERIENCED & RELIABLE**  
Housekeeper. Own transportation. References. Call from 2-11 p.m. 747-9237 gc01

**HOUSECLEANING JOB**  
wanted. Experience, own transportation, good reference. Available 6 days. Call anytime 292-7658 gc01

**HOUSECLEANER, REFERENCES,**  
own transportation. Experienced. 338-5970. wO4

**NURSE'S AIDE FULLY**  
experienced in hospital, nursing home and private duty. We will work day shift or overnight shift. References. 475-7966. gcN1

**MATURE, EXPERIENCED**  
woman will baby sit in your home day or night. Call after 7 p.m. 741-3384. gcsc4

**HONEST LADY, ENGLISH**  
speaking, looking for companion position. Live in/live out. Well experienced. 718-723-8515. gcsc4

## Situations Wanted

**HONEST, TRUSTWORTHY,**  
reliable English speaking aide will care for elderly or sick or housekeeping. Sleep in. Experienced, references. Call 486-2516. gcsc4

**MATURE, RELIABLE WOMAN**  
Seeking F/T companion position, English speaking. Experience & references. Will do light house-keeping. Call 334-2845. gcsc4

**HOUSEWORKER W/experience**  
available for day work Monday-Friday. References available. Call 489-5890. gc01

**POSITION WANTED**  
- Mature, efficient woman seeks live-in position to care for elderly patient. Linette, 212-792-2148. Call from Thursday through Sunday. References available. gcsc4

**HONEST, DEFENDABLE &**  
Efficient cleaning woman looking for daily work. Hard working & reliable \$50 - 60 per day. Lower rates for apartments. Call 489-2788 (afternoons). gcsc4

**SLEEP-IN HOME HEALTH**  
Aide available to work caring for the elderly. Providing complete 7 day week care. Long term callers only reply to an experienced worker with N.Y.S. certified medical references & driver's license. No temps. Call Carin Seifert, 753-2094. gc01

**CERTIFIED, EXPERIENCED**  
Nurse's Assistant would like weekend work. Preferably in home care. 538-6764. gc01

**LOOKING FOR THREE DAYS**  
work - Tues., Fri., & Sat. 481-7355 gc01

**POLISH WOMAN WITH**  
experience looking for housekeeper position. 424-2480. gc01

**SEEKING TO CARE FOR**  
elderly gentleman or family. Can prepare various dishes and take care of the home. Have a valid driver's license. Call (718) 464-5439. Ask for Winston. gc01

**AFTER SCHOOL CHILD CARE**  
Garden City resident with child in St. Joseph's School will watch your child in my home. 746-5652. gc01

**HOUSECLEANING AVAILABLE**  
Very reliable. Two years experience. References available. 483-4717, leave message. gc01

**HOUSE, APARTMENT, OFFICE**  
Cleaner available. Much experience, own transportation, excellent references. Available day or night. Call 623-2337, anytime. gc01

**HOUSE, APT., OFFICE**  
Cleaning available. Experience, own transportation, references. Day or night. Call 623-3762. gc01

**HONEST LADY, ENGLISH**  
speaking, looking for companion position. Live-in/live out. Well experienced. (718) 723-8515 gc01

**CHILD CARE AVAILABLE!**  
Loving, caring and dependable woman. Full time. References 775-2729. ws4

## Situations Wanted

**MATURE PERSON LOOKING**  
for a job as a nurse's aide or companion to take care of child or elderly person. Can be contacted at 223-7288. Please leave message or ask for Dellis. gc02

**BABYSITTER AVAILABLE**  
Irish lady available for babysitting in my Floral Park home. Please call 358-9204. gc02

**HOUSECLEANER AVAILABLE**  
Monday-Friday. Experience, good references, own transportation. English speaking, call anytime. 775-4467. gc02

**EXPERIENCED, CARING &**  
Reliable New York State certified nursing assistant seeks position to care for sick or elderly. Will work FT or PT, day or night shift. Will live in. Call Marge, 378-8771. gc03

**NURSE'S AIDE WITH**  
experience in hospital rehabilitation and private home care wants to help elderly and sick patients. Very kind personality. Part time. 248-4029. gc03

**CHAUFFEUR/HOUSEMAN/**  
Bartender/Waiter available evenings or weekends. Intelligent Anglo-American with excellent appearance, impeccable references. 294-1994. gc03

**WILL BABYSIT YOUR CHILD IN**  
my New Hyde Park home, Mon. to Fri. References. 746-7773. wo3

**WILL BABYSIT YOUR CHILD IN**  
my Williston Park home, with my 2 1/2 yr. old child. Ft or Pt. References. 742-0384. wo03

## Real Estate For Sale

**\*\*\*\*\***  
**HELGA CROSBY'S BEST BUY**  
Happy Birthday Libra. You're quick in thought and quick in action. Your mental wheels are like those of the little train that could and would. I will help you find a house so that by November 1, November 4 a.m., 6, 15 and 28 your heart's desire can be reached. For singles, newly marrieds or those just in need of a change, I have the perfect house for \$299,500, Western Section. Helga Frankrich-Crosby Broker/Associate 746-0563, after 6 p.m. gcsc4

**STEWART MANOR-GARDEN**  
City School District-Colonial, LR/fpl, FDR, modern kitchen with breakfast nook, 2 new baths, 3 BRs, finished basement, attached 2 car garage, new siding and windows, low taxes. \$309,000 by owner, 352-1392 evenings. gc02

**MATTITUCK WATERFRONT**  
- tree shadowed home. Living, dining area, 2 BR, 2 baths, deck, dock on 1+ acres. \$290,000. Cutchogue - Spacious country Contemporary with winter water-views. 3 BR, 2 1/2 baths, LR/fpl, kitchen, family room, master suite with jacuzzi, deeded beach and boating rights. \$393,000. Cutchogue - Nassau Point waterfront cottage tucked away on treed parcel. 3 BR, 2 baths, LR, fpl, porch, dock. \$349,500. Marilyn Lang Realty 734-6472 - 734-6690. gcsc4

## Real Estate For Sale

**MONTAUK - 2 RM. CO-OP**  
One hundred feet from beach. Electric heat/air conditioned. Walk to dining, shopping. Sleeps four. Full kit., cable TV. Must sell. Asking \$42,500. Great Rental History. 724-5572. hs4

**FLORAL PK. LEGAL 2 FAMILY**  
3 1/2 over 4 1/2. Large plot, 2 car garage, newly painted, walk to all. Owner. 741-4198 or 653-6995. Sacrifice \$219,000. gc02

**REDUCED - REDUCED - PRICE**  
Slashed \$35,000. Garden City Western section corner Split. 3 BRs, 1 1/2 baths, LR/fpl/DR, Kitchen, Den, Basement, Patio, CAC, 1 Car Garage. \$290,000. 488-4796, by appointment. gcsc4

**SOUTHOLD BAYFRONT**  
- Private park community with deeded boat mooring rights, protected harbor within 500 feet. Year round home, 20 mile panoramic views, 3/4 acre, cathedral ceiling. LR/fpl, family room with wood stove, FDR, new EIK, laundry, Master BR with bath & dressing room. 2 additional BRs with bath & jacuzzi, OHW, low taxes, heated guest cottage with bath, outside bath's shower & dressing room, garage. All above in turn-key condition. Immediate occupancy. ASKING \$595,000 neg. Call (516) 765-2963 for details & photo brochure. NO BROKERS. gc01

**GARDEN CITY ESTATES**  
Split level, cathedral LR ceiling, EIK, DR, 3 BRs, 2 1/2 baths, den, basement, 2 car garage, gas heat, alarm, low taxes and much more. By owner. \$389,000. Call 747-0774. gc02

**MOTIVATED SELLER. LEGAL**  
2 family, Mineola Park Section, 4 1/2 over 5 1/2. Closets galore, walk to railroad, shopping, 50 x 100, detached garage, excellent rental income, \$239,990. Call owner, 746-3141 wo2

**GARDEN CITY ESTATES**  
Mint 4 BR Colonial. Whitehall Blvd. New modernized kit with greenhouse & skylight. CAC, 3 fpls, den, Florida rm., fin. bsmt., large plot with totally private backyard, 2 car garage. By owner \$400's. 741-8456. gcsc4

**GARDEN CITY BY OWNER**  
\$799,000 4 1/2 BRs, 5 1/2 baths, magnificent Tudor on 113x262. Detached 2 car garage with 1 BR, 1 1/2 bath coach house. 742-5149. gc01

**GARDEN CITY - NEW**  
throughout, maintenance free Colonial. 3 BR, 2 baths, LR/fpl, DR, family room, new EIK, plus large breakfast area with skylight. Basement partially finished, attached garage with kitchen entrance, full alarm, in-ground sprinkler, newly landscaped, walk to RR and all shops. \$389,000. 747-3604. gc03

**WHAT A BUY! SEE THIS**  
Charming expanded "Barnes" Ranch featuring EIK, 5 BR, LR/fpl, FDR and 3 full baths. Lovingly cared for by original owners. Asking \$329,900. Call Joan H. and Barbara B. Prudential LI Realty 354-6500. gcsc4



**Real Estate For Sale**

**HICKSVILLE: 4 BR LEVITT** Ranch. New Euro kit & bath. 60x100. Taxes \$2600. 2 zone heating & ceiling fans throughout the house. Asking 165K. Principals only. 735-0793. htf

**GARDEN CITY CONTEMP.** spacious rooms, new EIK, family room, 2 full baths, 2 car garage, walk RR. \$310,000. Owner 488-4583. gco2

**SOUTHOLD, NORTH FORK, L.I.** Excellent condition. Walk to private beach, 3 BRs, den, fpl, 1 1/2 baths, deck, park-like yard, outside shower. \$169,000. Weekends 765-5255, week days 621-6518. gcs4

**GARDEN CITY MOTT CENTER** hall Colonial, 4 BRs, 2 baths, LR/fpl, FDR, new kitchen, den plus family room with cathedral ceiling. Finished bsmt, 2 car detached garage, oversized park-like plot, many extras. Mint. Principals only. \$400's. 746-7507. gco2

**GARDEN CITY ESTATES** Custom built brick CH Colonial. LR/fpl, FDR, den, 3 BRs, 3 baths, bsmt, playroom, screened porch, 2 car attached garage. Owner 248-8425. gcs4

**CUTCHOGUE/NASSAU POINT** Magnificent waterfront estate on 3 1/2 private acres. 6 BRs, 3 1/2 baths, lg. LR/fpl, FDR w/cathedral ceiling, huge game room, den, kit with pantry, breakfast room, laundry room, 2 car garage, 4 patios & gazebo. Spectacular gardens and grounds with panoramic view of Peconic Bay and dazzling sunsets. Principals only. \$950,000. 427-3623. gco2

**PHOENIX ARIZONA BILTMORE** Estates, 1 BR condo, 1 1/2 baths, private patio, garden apartment complex, tennis, pool, exclusive shopping walking distance. \$89,900. 742-5149, 602-955-8117 evenings. gco2

**MATTITUCK WATERFRONT** Immaculate country home on secluded wooded acre+. Completely renovated, huge master BR suite, boat dock, \$290,000. Greenport - 130 ft. deep waterfront with docking for large boats, 2BR, 1 1/2 baths, LR, DR, EIK, Florida room. Asking \$350,000.

**New Suffolk** - Waterview new home. Spectacular views, 3BR, 1 1/2 baths, large LR, \$249,000. **Southold** - Exclusive soundfront cottage featuring 2BR, great room, screened porch, magnificent view. Great expansion possibilities. \$299,000.

**Nassau Point** - Bayfront Contemporary with forever views, sandy beach, open floor plan, LR/fpl, 3BR, 2 1/2 baths on private acre. An exclusive area. \$595,000.

**Mattituck** - Bayfront beach house, sandy bay beach, 3BR, 2 baths, LR/fpl, oil hot water heat, glorious views. \$452,500.

**Mattituck** - Bayfront Estate. Traditional cedar-shake home features 5BR, 3 baths, large DR, grand LR/fpl, 10 ft. ceilings throughout. Separate studio, on 3+ acres in estate area. One of a kind property. \$1 million. **Bart Lewis Real Estate** 298-4600, 765-5810, 734-5533 gcs4

**Real Estate For Sale**

**E. WILLISTON STARTER** - Reduced. 2 BR, 1 1/2 baths, LR, DR. Wheatley School District. Move-in condition. Roslyn Rd., north of Hillside Ave. Low taxes. \$209,000. 248-2379. Ws4

**GARDEN CITY ESTATES** Ranch. 4 BRs, 3 baths, EIK, LR/fpl, huge fin. bsmt. Beautiful yard, 2 car garage, 80x110. \$485,000. Mint cond. 742-8868. gco3

**GARDEN CITY-WALK TO RR.** Lg. 3 BR, 2 1/2 baths, LR/fpl, DR, den, fin. Basemt., new gas heat, EIK, 2 car, fenced yard. Many great extras! Low \$300's Owner (212) 473-0526. gco1

**MINEOLA AREA CONDOS/** Co-ops: Horton House 1 & 2 BRs starting at \$79,000. Cathedral Gardens 4 RMs \$79,000. Garden Plaza Gramercy \$66,000. Lexington \$90,000. Madison \$112,000. Clinton Arms 1 1/2 baths, terrace \$110,000. Harrison House 2 BR \$145,000. Others available with **The Valentine Agency** 746-7200. Ws4

**SOUTH JAMESPORT. ALL** round custom built 1,800 sq.ft. Ranch on 1/2 plus acre. Deeded rights for a lovely, white, private, sandy beach on Peconic Bay. Spacious 7 rms. includes 3 BRs, LR/DR, 2 baths, great fam. rm., large Country kit, laundry alcove, all appliances including a/c s. Front portico & beautiful foyer, 11x25 foot screened patio. Oversized garage, beautiful landscaped grounds & much more. Reduced to \$175,000 by owner. 722-4158. GC01

**GARDEN CITY ESTATES** Elegant, beautifully decorated and renovated Dutch Colonial. Center Hall, 5 BRs, 3 1/2 baths, LR w/fpl with authentic Dutch tiles, formal DR, Sun Room, fin. bsmt. Brass light fixtures, Laura Ashley curtains & wallpaper throughout. Hardwood floors, new EIK with cherrywood cabinets & top of the line appliances, two car garage. New furnace & water heater. House surrounded by dozens of azaleas. Excellent location, within half mile from Mineola & Hempstead train lines, Tullamore Park, Homestead & Stratford schools just around the corner. By owner. \$465,000. 742-4271. gco3

**GARDEN CITY PRIME ESTATE** section, split, 3 BRs, 2 baths, LR/fpl, FDR, EIK, paneled playroom & lower basement, oversized 1 car garage, patio, 2 zone gas heat, walk to schools & RR, \$300's. Owner 747-3882. gco2

**DEL RAY BEACH, FLORIDA** Barr Terrace - Furnished 1 BR, 1 1/2 bath Condo, 10th floor, EIK, enclosed porch, undercover parking, intercoastal & ocean views. Many extras \$85,500 by owner. 742-5149. gco2

**SOUTHAMPTON VILLAGE** - Enjoy summer in your own pool with large patio. Play tennis or bike to beach. Four year old, breezy 3 BR, 2 baths, den, loft, cathedral ceiling, skylight, garage, OHW heat, sprinklers, alarm. One-third acre. \$215,000. Call 248-2593 or Coldwell Banker, 283-9600. gco2

**Real Estate For Sale**

**GARDEN CITY ESTATES FULL** Ranch on Whitehall Blvd. 3 BRs, LR, DR, den, 2 baths, gas heat, large plot. Five minute walk to RR. By appointment only. \$385,000. 746-1121. gco1

**GARDEN CITY. 4 BRs, 2** baths, no maintenance, stone/Brick Cape, Western Section. LR/fpl, FDR, EIK, gas, private yard. Move in condition. Walk to RR, church, stores & park. 326-9294. Priced to sell. \$299K. gco1

**EAST WILLISTON EXCLUSIVE** showings: 4 BR Colonial, 2 1/2 baths, LR, FDR, new kitchen w/Jen-Aire range, midblock location. \$335,000. 8 room Split Level, featuring 3 BRs, 2 1/2 baths, den, recreation room and Florida Room. Well located \$330,000. Call the Valentine Agency 746-7200. Ws4

**REPOSSESSED & IRS FORE-** closed homes available at below market value. Fantastic savings. You repair. Also S&L bailout properties. Call 1-805-682-7555 ext. H-6089 for repo list your area. hn2

**NEW SUFFOLK - CUSTOM** built suburban home near beach/boating. Offering fireplace LR, kitchen, dinette, 4 big BRs, 2 baths, closets galore, basement, gas heat, 5 appliances, garage, large garden plot with fruit trees. \$1570 taxes. Exclusive, \$159,900. **Mattituck** - Oversized wide-line, 7 room Ranch. 3BR, (master 20' x 12'), den, 2 bath units, deck, 2 car garage plus shop. One acre landscaped plot. Underpriced, \$149,000.

**Riverhead** - Executive's Colonial center hall home. Prestigious location near courts and hospital. Eight spacious rooms, 5BR, 3 baths, Florida room, fin. bsmt, with bar, fpl, garage, 5 appliances, central A/C, city sewers and water. Out-of-state owner asking \$245,000. **Bookmillers Real Estate**, 722-4423. gcs4

**GARDEN CITY ESTATES** Colonial, 4 BRs, 2 full baths on second floor, 1 BR, full bath on third. Large mod. EIK, deck, LR/marble fpl, FDR, original English wood paneled library, fin. bsmt, laundry. New windows, slate roof, 2 car garage, park-like yard on beautiful street. Walk to RR. \$445,000. Principals only. 746-6893. gco1

**GARDEN CITY DRASTIC** reduction. Won't last. Owner relocating. Northeast Split. Move-in condition. Low taxes, aluminum siding, CAC, 3 BRs, 2 baths, 60x125. \$275,000. Principals only. 746-7281. gcs4

**NEW HYDE PARK. 2/3** BR. Maintenance free Colonial. Two new baths, kit, siding & windows. DR, 18x21 LR, 2 1/2 car garage, sprinkler system, alarm, covered patio, low taxes. Owner. \$199,000. 437-6032. Ws4

**GARDEN CITY ESTATES** Section - Split 3 BR, 2 baths, LR, full DR, EIK, paneled playroom, full bsmt., 2 zone heat, 2 car garage. Walk to RR and schools. By owner. \$310,000. Call for appointment. 747-2633. gco2

**Real Estate For Sale**

**SOUTHOLD EXCLUSIVE** - Space galore in this large 2 story Colonial, circa 1800's, kitchen, large Great room/fpl, DR, lovely entrance foyer plus 12 x 12 artist studio with LR, BR and full bath. Second floor has 3 BR, 1 1/2 baths, wide board floors. House has OHW 3-zone heat. All of this comes with a waterview and access to boat mooring. \$239,500. **Southold** - Walk to Sound beach from this very attractive 4 BR, 2 bath Cape on wooded 1/2 acre. All oak floors, 2 zone OHW heat, deck. A great family home. \$195,000. **Southold** - Custom built ranch surrounded by hundreds of flowering shrubs and trees on 1 acre. This is a magnificent private setting plus a very short walk to beautiful bay beach. Recently reduced. \$235,000. **Mattituck** - Screened by nature. Unique 4 BR tri-level Contemporary includes large master BR suite/bath, family room, LR/wood stove and country kitchen on very private area. Must be seen to be appreciated. \$329,900. **Nassau Point** - Large deluxe Ranch situated on 1.9 acres on beautifully wooded and landscaped grounds. Extremely private setting. Right of way to bay beach, oil hot air/CAC, generator, 2 bath houses attached to large garage. Asking \$369,000. **Marion R. King Real Estate** 734-5657. gcs4

**GARDEN CITY WESTERN** Beautiful Jefferson Street, 3 bedroom Colonial, formal dining room, living room with fireplace, large enclosed porch. Move in condition, 60 x 100, low taxes, reduced to \$315,000. Walk to everything. Principals only. 775-1133. gco3

**GARDEN CITY NORTHEAST** expanded Ranch. Newly landscaped, 5 BRs, 2 1/2 baths, FDR, EIK, gas heat, fin. bsmt. Low \$300's. Principals only. 747-2473. gco1

**POCONOS. THREE BEDROOMS** plus den. A-frame. Fully furnished, lakefront. All appliances including freezer. Sleeps eight. Clubhouse, indoor pool, tennis. \$110,000. 742-4925. Wo1

**DRASTICALLY REDUCED FOR** Quick sale. Garden City 4 BR Cape, 2 full baths, fin. bsmt., property 60' x 100', private backyard, near school and park. Asking \$245,000. Make offer, owner. 747-3667. gco3

**SOUTHOLD - CHARMING 2 BR** Heated cottage. Screened porch, full bsmt, large property, walking distance to private beach and mooring on Peconic Bay. Low taxes. Asking \$122,500. 763-1547 or 765-3408. gco2

**GARDEN CITY BRICK SPLIT** 3 BR, 2 1/2 baths, CAC, family room, \$399,000. **Gracious Colonial** in Estates, 5 BR, 3 baths, modern EIK, deck, \$445,000. **NE Exclusive** expanded Ranch, priced to sell, \$300's. **Studwell Ventures, Ltd.** 746-7077. gcs4

**ALBERTSON/ROSLYN HTS.** Adult Condo - 1 BR, living/dining area, 1 1/2 baths, 4 closets, own laundry & storage rm. Indoor parking, terrace, walk to all. 6 yrs. old. Asking \$179,000. Owner. 747-4221. gco3

**Real Estate For Sale**

**SOUTHOLD WATERFRONT** light, bright and open contemporary with skylights, 2 decks, 3 BR, 2 1/2 baths, 2 fpls, dock, expansive bay views and private sandy beach. Newly listed and priced to sell. \$425,000. **Cutchogue Nassau Point** Waterfront first offering - a park-like setting with 150' of sandy bay beach on exclusive west side of Nassau Point highlights this elegantly appointed 4 BR, 4 bath cape with study, fpl, and 2 car garage. Water views are everywhere, so don't overlook the cabana with shower and electric on the beach below. \$960,000. **First Towne Realty** 765-2288 - 734-6687. gcs4

**GARDEN CITY ESTATES** - 5 BRs, 4 1/2 baths Oxford Boulevard Colonial on 1/2 acre. Price reduction plus flexible owner financing. Monthly payments as low as \$3,000. Owner/broker 248-2450. gco3



**CHERRY VALLEY 1 BR MINT** condition, new kit. & bath, wall to wall, ceiling fan, walk to LIRR & stores. Maintenance 81% deductible. Owner anxious. \$79,000. 294-7889. gco2

**MINEOLA GARDEN PLAZA** Spacious 1 BR Co-op, top (5th floor), 24 hr. security/parking/garage. Walk to LIRR/shopping/hospital/courts. Wall to wall, 2 A/C's, reasonable maintenance. Move-in condition. \$97,000. 741-8342. gcs4

**EXCLUSIVE HAMILTON** Gardens in Garden City. Very large 1BR co-op, EIK, DR, LR, fully renovated. Absolutely charming. Asking \$115,000. Call Patrick, days 212-819-1833; evs. after 7 p.m. - 516-741-2646. gco1

**GARDEN CITY 3 BR CO-OP** on 7th St. Oversized LR & DR, fpl, Country EIK, 2 full baths, foyer, A/C, new windows. Walk to RR, shops, schools, Mint condition. Must sell \$219,000. Call 742-1268. gco1

**GREAT NECK. GRACIOUS.** 2 1/2 rm. Co-Op, EIK, beautiful hardwood floors, delightful garden view. Mint condition. Close to LIRR, shopping. Low maintenance. \$89,500. Owner 487-0228. Ws4

**GARDEN CITY/CHERRY** Valley Co-op. 2 BR, 2nd fl. end unit. Owner relocated. Asking \$118,000. 703-527-1397. leave message. Wo1

**GARDEN CITY-LOVELY** 1 BR Co-Op. Excellent location. Walk to all. A must see with lots of extras. \$100,000 Days (718) 641-4945, evs. 741-8894. gco1

**GARDEN CITY. HEART OF** Village. LR/fpl & built-in book cases, FDR, EIK, 2 BRs. \$145,000. 741-9659. gcs4



## Real Estate For Sale

**GARDEN CITY CO-OP 2 BR**  
second floor unit. Center of Village. One block to LIRR and all shopping. Refinished floors, new windows. Owner \$143,000. 873-9469, leave message. gco2

**MINEOLA, MINT CONDITION.**  
Large 1 BR, 1 bath, ultra modern kitchen. Walk to RR, courts and hospital. Great buy. Owner has other home. Available immediately. Principals only 747-4045. \$80's. ho2

**GARDEN PLAZA - MUST SELL**  
Large Studio, sleeping alcove, new carpet, A/C, new tile. Walk to RR. Security. \$69,000 or best offer. 294-5063. gco2

**GARDEN CITY CHERRY**  
Valley 1 BR redecorated, first floor, quiet, court yard facing 15th St. Walk to LIRR. Immediate occupancy. \$78,000. Call owner 746-7162. gcs4

**GARDEN CITY/HEMPSTEAD**  
The Mulford. Large 1 BR Co-op close to LIRR. lots of closets, oak floors. Great building. By owner. Fair price \$67,000. 292-0483. gcs4

**MINEOLA CO-OP. EXTRA**  
large 1 BR, 1 1/2 baths, top floor, EIK, terrace, indoor parking. Walk LIRR, courts, hospital. Beautiful building. Must be seen. \$101,000. Owner 747-8919. gcs4

**FLORAL PARK FLOWER VIEW**  
Gardens. Newly renovated 1BR Co-Op. Mint Condition. Walk to RR, bus and stores. Asking \$92,000. Low maintenance. Call 775-7820. ho3

**GLAMOROUS GRAMACY PARK**  
Gorgeous views of New York City. Large 1 BR, new gourmet kitchen. 24 hour doorman. Garden City owner. 516-742-1617. hs4

**BRIGHT AND AIRY, 1 BR**  
Condo, mint condition. Old world charm. Accessible to all. Asking \$183,000. Also 1 BR co-ops \$98,000 and up. Studwell Ventures, 132 Franklin Ave. GC. 746-7077. hs4

**GARDEN CITY, HAMILTON**  
Gardens. Co-op, 3 1/2 rooms, large living room, dining room, eat in kitchen, bath, oak floors. Walk to railroad and shopping. Mint condition. Priced to sell. Low \$100's. 248-0436. wo3

**G.C. HAMILTON GARDENS**  
Gorgeous, oversized 1 BR Co-op. Renovated, new Euro style EIK, separate DR, new bath, ref. hardwood floors. California closets. Extra large rms., heated garage. Close to all. Reduced to \$115,000. 747-3607. gco3

**GARDEN CITY/HEMPSTEAD**  
(Cathedral Gardens) Large 1 BR co-op with outdoor patio. Newly renovated, maintenance 80% tax deductible. \$63,900 or rent with option to buy. Call owner at 485-8079. gco3

## Real Estate For Rent

**HONEYMOON COTTAGE 3**  
Rooms on 1/2 acre, perfect for 1 or 2 working people only. Cat O.K. Immediate occupancy. \$675 per month. Call owner 579-4186. rcs4

## Real Estate For Rent

**GARDEN CITY SHARE LARGE**  
Colonial home. Kitchen, laundry room, living & dining areas. Near transportation. Non-smoker, professional or business person. Female preferred. References. 437-8001 or 747-6420. gco1

**GARDEN CITY. BEAUTIFUL**  
Furnished room, share bath, kitchen, washer/dryer, storage. Utilities included. Walk to RR. Mature female, non-smoker only. \$500 per month. Call eves. 741-8566. gco1

**ELMONT SECOND FLOOR**  
Apartment-1 BR, LR, EIK, bath. lots of closet space, own entrance, quiet area, near shops. No children or pets. \$625 incl. utilities. 437-0820, 352-6913. gco1

**GARDEN CITY FURNISHED**  
bed room/share kitchen/bath \$85/week. Employed only. Agent 741-3089 eves. gco2

**FRANKLIN SQ. BORDER**  
Spacious 3 BR Colonial. 2 baths, 6 closets, wall to wall carpet, A/C, appliances, full bsm., plus patio. Near all. Excellent condition. Street parking. Working, mature adults only, no pets. \$1250. 437-1595, leave message. gcs4

**MINEOLA. LARGE FURNISHED**  
room for rent. Queen size bed, A/C, share bath, non-smoking female only. Call anytime. 746-2138. Wp1

**GARDEN CITY/HEMPSTEAD**  
(Cathedral Gardens). Large 1 BR with outdoor patio, new appliances, wall to wall, freshly painted. Rent with option to buy preferable. Call owner at 485-8079. gco2

**W. HEMPSTEAD ATTRACTIVE**  
large room in garden apt. with private bath, small fridge, laundry facilities, pool, close to shops and trains. Suitable for mature male. Avail. Nov. 1, \$450/month. References and security. 538-3013. gco2

**FRANKLIN SQ. 1 YEAR NEW**  
bsmt. apt. Bright and airy, large 3 rooms, closets galore, private entrance, oversized shower, own thermostat, all utilities included. No pets, no children. \$700. Must see. Evenings after 6 p.m., all day Sat. and Sun. 437-0894. gco2

**APTS AVAILABLE NOW!!!**  
Mineola, Westbury, Garden City, Hempstead and other north shore communities. Two studios - \$575 & \$665. Three beautiful 1 BR - \$675, \$700 & \$750. Two BR \$850. Three BR - \$1100. Private house \$1350. Royal Int'l Realty 742-3355 795-7707. ws3

**FLORAL PARK NEAT 2 RM APT**  
excellent residential area, close to all transportation and shopping. \$530/month. 354-2926. gco2

**GARDEN CITY/HEMPSTEAD**  
(Cathedral Gardens), large 1 BR with outdoor patio, new appliances, wall to wall, freshly painted, rent with option to buy preferable. Call owner at 485-8079. gco2

**GARDEN CITY FURNISHED**  
bedroom/share kit/bath \$85 week. Employed only. Agent 741-3089 eves. gco1

## Real Estate For Rent

**FRANKLIN SQUARE, 4 ROOM**  
Apartment, separate entrance, washer and dryer, utilities, on-site parking \$900. West Hempstead, 1st floor 4 room apartment, separate entrance, utilities \$900. 538-7048. ho3

**GARAGE FOR RENT**  
Mineola Park section. Perfect for storage. \$75 per month. Available Sept. 1. Call 746-3141. ws4

**GARDEN CITY HEMPSTEAD**  
Mulford Place, large 1 BR in quiet building. Apt. recently remodeled high ceilings, closets galore, new bath, close to GCRR. \$795. Rent with option available. 489-9666. gco2

**HOUSE TO SHARE: LARGE**  
Garden City house to share with other young professionals. Steps to LIRR, convenient to all. Full use of house, washer/dryer, ample parking, cable. Young single professional preferred. \$375. All. 775-4256. ho3

**HEWLETT - 1445 BROADWAY**  
Apartments with FPL, EIK, frost free frig. Walk RR - 3 rooms \$750. 5 room duplex with deck \$995. No fee 538-0757. gcs3

**GREAT NECK CONDO - LARGE**  
900 sq. ft. 2 BR in modern, recently renovated elevator building. Half block from RR, near all. Also available for sale. Evenings, 487-8317. gco3

**GARDEN CITY & VICINITY:**  
Luxurious 1 BR 15 x 21 LR, new kitchen, skylite bath, occupancy October 1, walk all. \$1250. Hempstead Cathedral Gardens: 2 BR, fpl/LR, walk all. Oct. 15 occupancy, rent controlled. \$839. Three 1 BR spacious garden apts. Walk all, wall to wall, immediate occupancy, \$825, \$815 & \$795. One BR with solarium in Co-op, immediate occupancy. Can have option to buy. \$875. Lynbrook - Four room apt. sunny & spacious. Closets galore. Walk all. Pets O.K., carpeted, parking, immediate occupancy. \$925. Elaine J. Nolan 485-7054 - 292-9749. ws4

**GARDEN CITY - LARGE**  
Cheerful furnished room in beautiful home. Ample closets, private bath, garage space for one car. Suitable relocated professional or executive. Excellent references required. 248-4974. gco3

**ALBERTSON - FURNISHED**  
Room - Large, sunny, carpeted. Refrigerator, private entry, share bath. Walk to all transportation & shopping. Non-smoking, working male preferred. \$80.00 a week. 741-8588. wo3

**APARTMENT FOR RENT -**  
Garden City South, 3 1/2 large rooms, professional, single person preferred. Non-smoker. Utilities included, \$550. Days, 328-7899; eves, 489-5980. gco3

**FRANKLIN SQUARE - ULTRA**  
Modern, bright, sunny large 1 BR EIK, L-shape LR/DR, full bath, wall-to-wall carpet, separate entrance, separate thermostat. Utilities included. No smoking, no pets, no children. \$700. 481-7794. gco3

## Real Estate For Rent

**FLORAL PARK, SMALL 1 BR,**  
Walk to LIRR, bus and stores. Bright and airy, plenty of storage. Own personal garage included. \$625 includes heat. Suitable for one person only. 775-4256. ho3

**GARDEN CITY FURNISHED**  
Room for Rent. Beautiful area. References. Non-smoker. \$85 a week. gco3

**NEW YORK CITY - THE**  
Brevard - E. 54th St. - Sunny 1 BR, high floor, walk-in closet. Carpeted BR, luxury, doorman building. \$1490/month. Rent with option to buy. 212-888-0218. gco3

**HAMILTON GARDENS,**  
Garden City, 3 1/2 rooms, large living room, dining room, eat in kitchen, dining area, bath. Indoor garage. Mint condition. Call after 5 p.m. 248-0436. wo3

## Real Estate Wanted

**LOOKING FOR MOTHER/**  
daughter home. Williston Park, Albertson, New Hyde Park vicinity. 747-8145. Ws4

**ANXIOUS CLIENTS WAITING**  
to purchase/rent in Garden City. Please call the Dougherty Agency 746-0522/741-3008. gcs4

**RELIABLE WORKING MOTHER**  
of 3 year old seeking 1 BR apt. for rent. No real estate need call. 718 338-2207. wo2

**GARDEN CITY MAN LOOKING**  
to rent garage for antique car during the winter. 294-0489. gco3

**GARDEN CITY RESIDENT,**  
Employed lady, seeks furnished room in Garden City. Kitchen privileges, walking distance to Seventh St. stores and buses (40, 35 or 15 bus line). 222-7432. gco3

## Roommate Wanted

**TO SHARE BEAUTIFUL APT. IN**  
Mineola. Mature female preferred. Walk to all, parking, no pets, non-smoking. Available immediately. Call 248-1931 after 3 p.m. or leave message. wo3

## Vacation Rental

**POCONOS - CAMEL BACK, PA.**  
Mountain top town house with 20 mile views. Fall foliage, tennis, pool. Ski season: ski on, ski off, 100% snowmaking and night skiing. Sleeps 8. Monthly, weekly or weekends. 747-7019. gcs4

**MONTAUK - FALL GETAWAY**  
Special. 3 days \$172 couple. 2 RM suite, heat, full kit. Sleeps four. Walks, dining, shopping. Hundred feet to beach. Immaculate. Call 724-5572. hs4

**RENT OR SALE. HAMPTON**  
Bays Contemp. 3 BRs, 1 1/2 baths, in-ground, lighted, fenced pool with 17x29 cedar deck, skylights, front deck, back covered patio & lots/glass on cul de sac. 2 miles to beach. Perfect 3 couples or family with young adults. Monthly rentals. For sale by owner. \$185,000. 579-4186. gcs4

## Vacation Rental

**NAPLES, FLORIDA CONDO, ON**  
Kings Lake, 2 BR, 2 Baths, new. Pool, club house, tennis, 3 month minimum rental. \$1800/mo. Owner 628-3309. hs3

**FLORIDA RENTAL - POMPANO**  
Beach: 2 BR, 2 bath Condo on Intracoastal. Three blocks to Ocean. Available until Easter, 1992 or three month minimum. 248-6570. hol

**BERMUDA-CHRISTMAS OR**  
New Year's week at luxurious St. Georges Club timeshare resort. Fully furnished 2 BR cottage with kitchen and maid service. Sleeps 6. Tennis, golf, pools, clubhouse and more. Only \$1400/week. Option to buy. 248-2450. gco2

**NORTH PALM BEACH FLA.**  
condo, available Jan., Feb. & Mar. 1 BR, 1 bath, large screened terrace. Outstanding views of Intercoastal Waterway (Lake Worth and Singer Island). Beautiful pool overlooking Lake Worth. Photos available. Asking \$900 a month, including utilities. Call evenings after 6, 484-2660. wo2

**MT. SNOW, VERMONT.**  
Rental reservations, Town Houses, Condominiums, Chalets. Seasonal, weekend, or week. Call now 1-800-445-7368, 802-464-7172. Open 9-5 seven days. gcs4

**MT. SNOW/HAYSTACK**  
Large fully equipped 4 BRs plus loft, 2 1/2 baths w/color TV, VCR, microwave. Weekly/monthly. Beautiful views, privacy. Near golf, tennis & lakes. 466-6120. gcn2

**SANIBEL ISLAND, FLORIDA -**  
Tropical paradise, lush unspoiled setting, southern Florida Gulf coast. Sundial Beach & Tennis Resort, 2,000 foot beach, 5 pools, jacuzzi, 13 soft/hard tennis courts, golf, fishing, boat/bike rentals, miles of bike/jogging paths, supervised children's activities available, gourmet restaurants at resort and throughout island, superb shopping, world famous shelling, 35 minutes to Ft. Myers jetport. Complete gulf front, posh resort. Just right for various activities or just plain relaxation. One, two and 2 BR plus den condos with full kitchens. Rent daily, weekly, etc. Reasonable. (516) 746-2211, (516) 326-7711. gcd1

**STRATTON MT. RESORT**  
Beautiful Trailside Condo. Convenient walk to all facilities including sports center, mountain village, etc. Short/long term rental or sale. 718-338-9691, evenings; 718-258-3434, weekdays. gco3

**POCONOS - IMMACULATE 3 BR**  
Ranch with wood burner in private community. Minutes to Jack Frost, Big Boulder and Camel Back Mountain. Many fine restaurants and shops. Fall and winter reservations. Reasonable. Season, monthly, weekly or weekend. Please call evenings, 379-8447. gco3

**FALL FOLIAGE NEAR**  
Manchester, VT or Ski Bromley. Sleeps 8 on private 14 acres. Great for families. Available any season, week or weekend. Call 294-8782. gco3



## Vacation Rental

**ST. MAARTEN GET-AWAY:** World-Class Pelican Resort inside price Dec 7 before crowds 1 bedroom apt. Patio overlooking sea. All amenities, pools, gambling, beach, sleeps 4. Eves 487-9245. ho3

## Car For Sale

**1980 CADILLAC COUPE DE VILLE.** Good for transportation. New tires, muffler & starter. Body work needed. Well maintained, runs very well. Best offer 883-9568 leave message. gc01

**1990 MERCURY TOPAZ - 4** door sedan, tan, automatic, 19,000 miles, Original owner. \$8100. Eves: 741-6972. gc03

**ORIGINAL OWNER - 1986** Cutlass Supreme, 2 door 307, light blue, 41,000 miles. Asking \$4300. 741-3156. gc03

**SEIZED CARS, TRUCKS,** boats, 4 wheelers, motorhomes, by FBI, IRS, DEA. Available your area now. Call 1-805-682-7555 ext. C-5817. hn2

**1988 GRAND CARAVAN, LE,** V6, all power, A/M, F/M cassette, fully loaded, bumper to bumper, Chrysler warranty \$11,500. 488-6628. gc01

**1977 DATSUN - 810 (Z280).** Good running condition. Valuable parts. 938-0945. ho1

**1987 JETTA GL - 4 DOOR,** low mileage, excellent condition. For immediate sale, must see. Original owner, all power, sun roof, a/c Accepting offers 9-5. 742-5577; after 7 p.m. 877-0133. gc03

**MAZDA RX 7 SE 1988** white/blue interior, 28,000 miles. Original owner, excellent condition. Automatic, sun roof, stereo, \$8,950. Days (718) 748-1900, eves (516) 742-3376. gc01

**TWO CLASSIC CARS: 1964** Lincoln Continental. In storage for 12 years. \$3,000 recently spent mechanically. Excellent condition. \$5,000. Also, 1968 Cadillac Fleetwood, always maintained. \$2,500. Both original owners. Estate Sale. 759-4444 gc01

**'88 FORD T BIRD LX, V8,** loaded, white with grey leather. Premium sound, moon roof, 3 years ext. warranty plus more. 41,000 miles. \$9,900. Call 248-3048. gsc4

**1986 SAAB, 4 CYLINDER,** loaded, immaculate condition, 52,000 miles. 1978 FORD FIESTA stick shift, very good condition. Asking \$600. 873-8908. gc02

**OLDS '87 DELTA 88, ROYAL/** Navy Blue, 4 door, AT, A/C, power windows, power door locks, 51,000 miles. Excellent condition. \$5,800. 621-4465. gc02

**1988 TOYOTA VAN - DARK** Gray with light gray interior. Dual controlled a/c and heat, automatic, power everything. Seats 7. Excellent condition. \$13,000. Call 873-0928. gsc4

## Car For Sale

**1977 BUICK REGAL 4 DOOR** sedan. Automatic, p/s, p/b, a/c, reliable vehicle. Best offer. 294-7759 after 5 p.m., 718 830-5584 between 8 a.m.-11 a.m. gc02

**'86 CHEVETTE, 4 DOOR,** at, ps, a/c, AM/FM, 63K. Mint condition. \$2500 neg. 741-6254. gc01

## Car Wanted

**HONDA ACCORD MID 1980's &** up or larger Civic Sedan or Wagon. Reasonably priced, low mileage, one owner, garaged preferred. Please call 579-4186. gc01

## Wanted

**OLD GUNS, SWORDS,** Binoculars, old knives, bamboo fly rods. Call 825-0979 or 354-1943. ho2

**MARINE OUTBOARD ENGINE** and Marine battery. 50HP or less in good running condition and reasonably priced. 742-8037. gc01

## DOLLS WANTED

I collect dolls and other doll memorabilia, new or old. What do you have for sale? Call me at 747-8496. ho2

**PHONOGRAPH (RECORD** Player) in good condition to play 33, 45 & 78 records. Back issues of Rail Road magazine, from the 30's and 40's. 328-7895. ho2

## Services

**PAINTING - INTERIOR &** Exterior - Reasonable & reliable. Free estimates. Best paints used. Call Jimmy Mac (516) 248-7314. GCN3

**JAMES F. MENTZ**  
**CARPENTER-ROOFER**  
Small Jobs Reasonable  
Skiylights Installed  
Carpentry-Alterations  
Slate Roof Repairs  
Roofing-Gutters-Leaders  
Kitchens-Attics-Basements  
JC #401750000 593-2933  
gc02

**VINCENT NASO PAINTER &** Paperhanger. Serving Garden City for 25 yrs. Neat, clean & finest work. Free estimates. Call any time. All work guaranteed 100%. 328-0028. gcn5

**HANDYMAN. QUALITY HOME** repairs: plumbing, leaky faucets, toilets, tiles and grouting. Shelves, fences. Doors shaved, carpentry, sheetrock patching. Ceiling fans & window air conditioners installed. Call Joe 746-7517. wd3

**RESTAURANT OWNERS**  
Have you seen the Reader Ratings Section in Discovery Magazine? For one low price you can advertise your restaurant in eight weekly newspapers. Don't miss out, call for information today!  
931-0012

## Services

**BUILD WITH BRICK**  
Stoops\*Fireplaces\*Patios  
•Driveways\*And all types of  
Brick & Stone Work  
Quality Workmanship at  
Reasonable Prices  
Satisfaction Guaranteed  
No Job Too Small\*Waterproofing  
Slate Roofs Repaired  
Estimates 538-3813  
LIC#H1735940000 gcn4

**FULL SPECIAL, EXTERIOR** and interior house painter. Fine quality work. Benjamin Moore Paint. Good references. Free estimates. Gutters and leaders cleaned, repaired or installed. Dependable. Call anytime. 883-35555. hs4

**CARPENTRY- ALL PHASES:** attics, basements, kitchen, bathroom, extensions, etc. Quality work only. Licensed and insured. References available. Free estimates. Call Mike anytime. 352-5783 gcD2

**CARPENTRY & PAINTING BY** Mario. Work done at your convenience. License #HO41801-0000. Call 538-2273 gcD2

**UNIQUE CLEANING SERVICES**  
Professional housecleaning done at reasonable prices. Complete overall home cleaning. Interior-exterior windows, chandeliers, polishing, woodwork cleaning and more. Ask about our elderly service special. All work, satisfaction guaranteed. References available. Free estimates. Call Chris at 248-2391 WS4

**THE CUISINE SCENE**  
Fine catering, glorious food, complete party planning service, menu suggestions for all occasions. Weddings, my specialty including beautiful cakes. Professionally trained staff. Call Susan 742-1956. gcD2

**LADIES, RELAX & ENJOY** your next party! Catering & experienced professional services for assisting with preparation serving & cleaning up before, during and after your party. Bartenders available. Call Kate at 248-1545 or 746-8264. wtnr

**LITE MOVING & STORAGE**  
Very reasonable. Call day or night. Long & short term storage. Local/long distance. Will beat any price. Free estimates. \$10 off with this ad. 599-0996. gcn1

**BRIAN CLINTON MOVERS**  
Licensed & insured. One piece to a house load. Free estimates. 333-5894. Owner supervised. Carle Place. License #F11154. gcn2

## For Sale

**DARK, PINE HUTCH AND** table. 333-2651. gc01

**ATTORNEY'S DESK, SOLID** mahogany, circa 1920, leather desk chair, BR/DR furniture, file cabinets, Studio upright piano (44 inches high), wooden venetian blinds (various sizes), stereo speakers. 741-3513. gc01

## For Sale

**BABY GRAND, FRUITWOOD** 4'x7", storage bench, French Provincial. Perfect condition. Days 718-392-7744. Eve. and weekends 212-249-9046. ho4

**BABY ITEMS FOR SALE -** White Crib, Brown Crib, Fisher Price travel-tender, Sassy seats and coral. 746-5652 gc01

**ANTIQUE SATIN PINCH** pleat drapes, lined, 81" long each panel, 75" wide at the top, 13 feet 3" at bottom. \$50. 741-0819. gcs4

**CONTEMPORARY LR SET.** Queen Sealy mattress set. Contemp Thomasville BR set, dinette table with 4 ice cream chairs. All new furniture in great condition. Call 354-8960. gc01

**7 PC MEDITERRANEAN** bedroom furniture set, also Ethan Allen solid maple triple dresser with large framed mirror. Gold velvet swivel chair, all in mint condition. 437-4203. gc02

**TWO FRENCH PROVINCIAL BR** sets: One is antique white, double bed, headboard, triple dresser, two end tables, armoire, mirror & desk \$800. The other is white girl's set, two twin beds, headboards & footboards, double dresser, mirror, one end table, armoire & desk \$500. Excellent condition. Wrought iron porch set - love seat, two chairs with pillows & round cocktail table. \$350. Whirlpool 5000 BTU casement size A/C used one year. \$150. 742-7873. gc01

**QUEEN SIZE WATERBED,** pad & set of sheets. LR couch & 2 chairs, assorted pieces. Make offer 248-2685. gcs3

**QUEENSIZE SLEEPER SOFA.** Good condition. Asking \$350. 352-5981. gc02

**BRUNSWICK POOL TABLE,** Full size. Two full size beds: one is iron and brass, the other spindle mission oak. Antique oak kitchen cabinet, glass doors on top. Best offer. 747-0736. gc02

**ONE DINING TABLE WITH** antique metal base, glass top 6' x 3' \$150. One unique art-deco black dresser with oval mirror \$200. Two wooden spanish style stereo cabinets \$120 each. Must see to appreciate, excellent condition. Call 487-8519. ho2

**4 USED UNIROYAL TIRES** 31x10-15R (14,000 miles) on aluminum stock rims off Chevy K-5 Blazer. \$300. Call after 6 p.m. Erik 742-2871. wo2

**EXCELSIOR ACCORDIAN &** amplifier for sale. Reasonably priced. 747-1685. gc02

**GIRLS LEA BEDROOM SET.** 4 Poster bed, desk, dresser, 2 hutches. 248-4903. \$230. ho2

**PLAYER PIANO - UPRIGHT** great condition. Pump or electric. Mandolin attachment. Fun! \$950. 248-7292. gc03

**RALEIGH 10 SPEED BICYCLE** \$75. Leather sofa bed. 437-9127. gc03

**BEAUTIFUL HOT TUB FOR** Sale. Best offer. Call 482-5203. hs4

## For Sale

**PIANO - UNUSUAL HARDMAN-** Peck mahogany spinet. Needs TLC. Complete DR set, Huffman Boyle (Koons), good condition. Six wrought iron garden chairs, very good condition. Maple platform rocker, like new. 437-8083. gc02

**DINETTE TABLE - GLASS TOP,** brass bottom, four chairs. Like new. 6' long x 3'4" wide, \$1300 or best offer. Call 741-6150 gc02

**ETHAN ALLEN SERVER;** Mahogany dresser & mirror, chest on chest, two night stands; leather top desk with chair; 2 piece oak wall unit with bar, fruit wood love seat; microwave & more. 741-1189. gcs4

**SOFA BED PLUS LOVE SEAT -** Tan flame stitch, herculon. Good condition. Asking \$300. 248-3048. gsc4

**SEARS KENMORE ELECTRIC** Dryer. Excellent condition, large capacity, heavy duty. Call 873-0934. \$165. gc02

**SELLING COLLECTIONS OF** records, sheet music, cameras & photography, magazines, stamp books, evening rows & hats (ladies & men's.) Call after 7 p.m. 747-4068. WS4

**MOVING. MUST SELL ALMOND** Formica china closet. Brand new. Was \$1800, sacrifice \$900. 565-1138. gcs4

**KEYSTONE PROJECTOR &** screen. \$125. Remington typewriter \$95; bottle rack \$20; Kerosene Barn Lanterns \$50 each, Spindle back rocker \$85; Mirror 5'x3' \$95. 488-6261. wo3

**WATER SKIS WITH SEAT** made by Abercrombie & Fitch. Secretary desk with typing attachments, leather swivel desk chair, copy machine (needs work). 326-1954. gcs4

**LR COUCH, 2 FIRESIDE** chairs. Very good condition. Call 742-2176. gcs4

**SELLING OLD TREASURES:** Two (2) Disney Cels and a collection of Oriental pieces. 747-4068 after 7 p.m. wo3

**HOSPITAL BED, ELECTRICAL** Adjustable with rails, mattress & popcorn pad. Never used. \$850. 485-7054. 292-9749. wo3

**SACRIFICE - WALNUT** Computer desk, four months old. \$125. Whirlpool gas clothes dryer, one year old, large capacity, \$125. 248-9151. gc03

**NEW QUEEN SIZE COVERLET** with bolsters, red and white print. \$90. Also new cotton bedspread, queen size, light beige background with red stitching and fringe. \$25. 437-0482. gc03

**MASTER BR SET - FRENCH** Provincial, triple dresser with mirrors, end tables, armoire, headboard and frame. Excellent condition. Leave message. 742-4789. gc03

**BAKER'S RACK FOR SALE.** Wrought iron and brass. Large enough for entertainment center. \$1500. Call after 6 p.m. 294-4804. gc03



## For Sale

**DESIGNER FABRICS &**  
Sheepskin Coats: Fabrics 1-10 yds. includes brocaded silks, handloomed wools, cottons. 3 beige sheep coats 10/12 all possible prices. Eves. 487-4245.

**MOVING, MUST SELL**  
Elegant Queen Anne DR table and chairs. Cherry mahogany with all pads and two leaves. Excellent condition. \$750. Collectible Chambers deep well love, mint condition. \$500. 1920 restored rattan three piece set. \$225. Antique wicker collection, includes: bassinet, child's rocker, Heywood Wakefield recliner, nursing rocker, Lloyd's Loom twin carriage, baby stroller, desk, lamp and tables. All the above wicker in mint condition. Evenings. 485-6053. gco3

**TWO ENGLISH BICYCLES:**  
Man's \$25. Lady's \$50. Seven day O.G. antique clock \$200. 742-4823. wo3

**3 DOOR ADMIRAL REFRIG-**  
erator, kitchen cabinets with sink, glass top chrome table with 4 chairs, 60" walnut executive desk, dressers, mirrors, arm chair, tables, many other items. After 6 p.m. 483-4652. gcs4

## Boat For Sale

**MFG 73 - 15 FOOT FIBERGLASS**  
BOW-Rider tri-hull. New reclining seats & marine carpeting. Trailer included. 50 HP engine not running \$700. 742-8037. gco1

**PEARSON 28 CRUISER**  
all glass, twin FWC Chryslers. \$10,000. 746-8679. gco1

## Moped For Sale

**HONDA EXPRESS 2,600 MILES**  
Original owner. Many extras including car carrier. \$350. 741-8826. Please leave message. gco1

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**COMPUTER PROGRAMMER &**  
instructor with many years of successful experience will provide private training in DOS, Word Perfect, Lotus & dBASE. Your success is my goal. Evening/weekend appointments available \$20/hr. Call 358-7007. wo1

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School teacher available to tutor your child afternoons, evenings and weekends. My house or yours. 564-0760. gcs4

**PIANO AND GUITAR LESSONS**  
All levels, all ages. Twenty years experience. N.Y.S.S.M.A., L.I.M.T.A. member. Call 354-1721. gcs4

**PIANO LESSONS - ENJOY**  
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## Instructions

**LATIN TUTOR. ALL LEVELS.**  
N.Y. State certified. Experienced. Call James McFeeley 433-4219 after 4 p.m. gco1

**DRUMMERS: JIM MOLA IS**  
accepting serious students of all levels for private instruction. All styles with emphasis on technique. 15 years experience, former university instructor, major performance experience. 212-549-495 hn3

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your own voice in Poetry, Prose, Plays. 10 week workshop starts in the Fall. Weds. 7:30 p.m. to 9:30 p.m. led by Margaret Stetler & MaryAnne Weinstein. Call 437-0529 to reserve space in workshop. hs4

**MUSIC STUDIO. RITA &**  
Janet Lucy - Piano, violin, viola. Emphasis on theory & harmony. Every student excels. Four years old & up. All levels. Thirty years in Garden City. Video tape of student recital available. 248-7379. gco1

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your scores with personal instruction and preparation in your own home. Certified career high school English teacher with years of SAT experience. 423-1967 day or evening. hfn

## Pets For Adoption

**SMALL TERRIER MIX/MALE.**  
Needs good home. Good with children, housebroken, neutered. 742-8128. gcs3

**SEVEN YEARS YOUNG,**  
energetic, playful, chocolate Labrador seeks loving and caring family. 437-4343 gco3

## Fair

**NORWEGIAN BAZAAR**  
Saturday, October 19, 3-9 p.m., sponsored by Roald Lodge, Sons of Norway. Handmade and Norwegian items; baked goods, snack bar. American Legion Hall, 734 Woodfield Rd., West Hempstead. gco3

## Yard Sale

**WILLISTON PARK - MULTI-**  
Family Yard Sale - 192 Collins Ave., (off Center St.) Saturday, September 28, 9 a.m. to 3 p.m. ws4

**MULTI-FAMILY YARD SALE:**  
Sat. October 12 (Raindate Oct. 19). 9:30 - 4 p.m. Brian Street, New Hyde Park. Tools, bowling balls, electronic equipment, lawn Nativity Figures, bric-a-brac. wo2

## Garage/Tag Sale

**MOVING SALE - ENTIRE**  
Contents of immaculate home. 26 Euston Road, Garden City (south of Stewart Ave. west of Nassau Blvd.). Pristine furniture, cut, pressed, art, cranberry glass; Limoges Staffordshire (old), Flo Blue china, hanging angle lamp, bracket, oil lamps, old linens, antique clocks, collectibles. Friday, Saturday, October 4, 5, 9 a.m. - 5 p.m. gco1

## Garage/Tag Sale

**THOMASVILLE DINING SET,**  
LR, Workbench furniture, microwave, portable dishwasher, Craftmatic beds & more. Friday-Sunday (9/13-9/15) (212) 982-5856 gco1

**GARDEN CITY MULTI FAMILY**  
linens, giftware, housewares, quality large size ladies/mens clothing, baby items, Nordic track ski machine and DP treadmill, rowing machine, Singer sewing machine, queen size brass head and foot board, new Toro snow blower, small appliances, all top quality. A sale not to be missed. 60 Transverse Road, off Washington, near courthouses. Sat., Oct. 5, 10 a.m. - 5 p.m. gco1

**SATURDAY OCTOBER 5**  
Garage Sale at one of Garden City's loveliest homes. Antiques, new gas range and hood, old pine hutch and love seat, lawn mower, patio furniture, twins' baby items, toys, books, lots of kitchen and household furnishings. 64 Second St., 9 a.m. - 3 p.m. No Previews. Rain or shine. gco1

**MOVING - COMING SEPT. 28**  
10 a.m. - 2 p.m., half garage, half home sale of accumulated belongings. Furniture and miscellaneous. 124 Whitehall Blvd., Garden City. gcs4

**SAT., OCT. 5, 9 to 5.**  
Rain or shine. 8 Birchwood Park Drive, Syosset, T.V., appliances, huge assortment of children's toys and clothes. Stroller, swing, etc. Household items, some new. Something for everyone. hol

**HERRICKS SEPTA FUND**  
raiser, giant garage sale. Sat. & Sun., Sept. 28 & 29, 10 a.m. - 4 p.m. New and gently used merchandise at sale prices. 53 Camden Pl., New Hyde Park. Off Hillside Ave., just south of Herricks Road. ws4

**TAG SALE - GREAT SALE OF**  
Accumulated treasures. Saturday, September 28, 9 a.m. - 4 p.m. Something for everyone. 114 Kildare Road, Garden City. gcs4

**SATURDAY, OCTOBER 5, 9**  
A.M. - 4 P.M., 119 Locust St., Garden City. Multitude of trinkets and treasures from our attic. Plus old BR set, violins, 1920's pedestal sink and tub, tables, refrigerator, etc. No previews. Raindate, Saturday, Oct. 12. gco1

**MULTI-FAMILY - SATURDAY,**  
October 5, 10 a.m. - 3 p.m. 17 Roxbury Rd., Garden City. Furniture, household items, toys, baby items and much more. gco1

**MULTI-FAMILY GARAGE SALE**  
Oct. 5/6, 10 a.m. - 4 p.m. Rain date 13/14 Oct. 114 Meldon Ave., East of Willis, South of I.U. Willets. Priced to sell. Mint condition, clothing, furniture, drafting table, toys, crafts, household items, Xmas tree. Something for everyone. wo1

**MULTI-FAMILY GARAGE SALE**  
Saturday, September 28, 161 Meadbrook Rd., Garden City, 10 a.m. - 3 p.m. Large variety of household items, glassware, baby items, carriage, stroller, toys, clothes, bric-a-brac and more. gcs4

## Garage/Tag Sale

**MULTI FAMILY, SUNDAY,**  
Sept. 29, 10 to 5. 22 Ridge Rock Rd., East Norwich. Rain date Oct. 6. hs4

**SATURDAY, SEPTEMBER 28th,**  
9 A.M. to 3 P.M. Garage Sale. Household items, toys, games, clothing. Something for everyone. 511 South 14th St., New Hyde Park. One block west of New Hyde Park Road. ws4

**FRIDAY & SATURDAY,**  
October 4 & 5, 10 a.m. - 3 p.m. Household items, baskets, Royal Daulton china, some furniture, new clothing, new sewing notions, zippers and threads galore. Baby items - crib, double stroller, car seats, toys and clothes. Great prices. 105 Fourth Street, Garden City. gco1

**SAT., OCT. 5, 10-3,**  
Collectibles, furniture, rugs, hardcover books, loads of odds and ends. Rain or shine. No Early Birds, 35 Kilburn Rd., Garden City. gco1



**NOVENA TO ST. JUDE**  
Oh Holy St. Jude, Apostle and Martyr, great in virtue and rich in miracles, near kinsman of Jesus Christ, faithful and intercessor of all who invoke your special patronage in time of need, to you I have recourse from the depths of my heart and humbly beg to whom God has given such great power to come to my assistance. Help me in my present and urgent petition. In return I promise to make your name known and cause you to be invoked St. Jude, pray for us all who invoke your aid. Amen. Say 3 Our Fathers, 3 Hail Marys, 3 Glorias. Say for 9 consecutive days. Publication must be promised. This novena has never been known to fail. Thank you for answering my prayers. R.F. hs4

## Help Wanted

**NOVENA TO ST. JUDE**  
Oh Holy St. Jude, Apostle and Martyr, great in virtue and rich in miracles, near kinsman of Jesus Christ, faithful and intercessor of all who invoke your special patronage in time of need, to you I have recourse from the depths of my heart and humbly beg to whom God has given such great power to come to my assistance. Help me in my present and urgent petition. In return I promise to make your name known and cause you to be invoked St. Jude, pray for us all who invoke your aid. Amen. Say 3 Our Fathers, 3 Hail Marys, 3 Glorias. Say for 9 consecutive days. Publication must be promised. This novena has never been known to fail. Thank you for answering my prayers. ADS gcs4

**HOLY SPIRIT YOU WHO SOLVE**  
all problems, who light all roads, so that I can obtain my goals. You who give me the divine gift to forgive and forget all evils against me and that in all instances of my life you are with me. I want in this short prayer to thank you for all things and to confirm once again that I never want to be separated from you ever in spite of all material illusions. I wish to be with you in eternal glory. Thank you for your mercy towards me and mine. Say for 3 consecutive days after which the favor requested will be granted even if it appears difficult. This prayer must be published immediately. Thank you Holy Spirit. ARC gcs4

## Services

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\*\*\*\*\*  
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little tikes.

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THE LITTLE TIKES COMPANY is a rapidly growing, high quality manufacturer of children's toys and juvenile furniture. Through a commitment to quality products, consumer service and a "do it right" philosophy, we have become the third largest preschool toy company in the U.S.

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We offer a competitive base salary and sales incentive program, and a comprehensive benefits package including health and dental insurance. For immediate consideration please send resume to the address below. We ask that you do not call; we will respond to qualified candidates promptly.

Recruiter, Human Resources  
**THE LITTLE TIKES COMPANY**  
2180 Barlow Road, Hudson, OH 44236

As always, THE LITTLE TIKES COMPANY is an Affirmative Action/Equal Opportunity Employer



# Kids Home Newspaper

Games, rhymes, and riddles for children and their parents, too!

By J.R. Rose

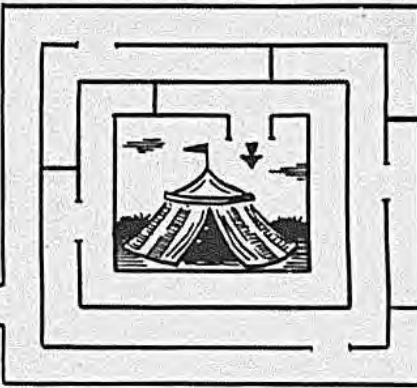


## DRAW IT!

DRAW A  
TIGHTROPE  
FOR HIM  
TO WALK  
ACROSS!

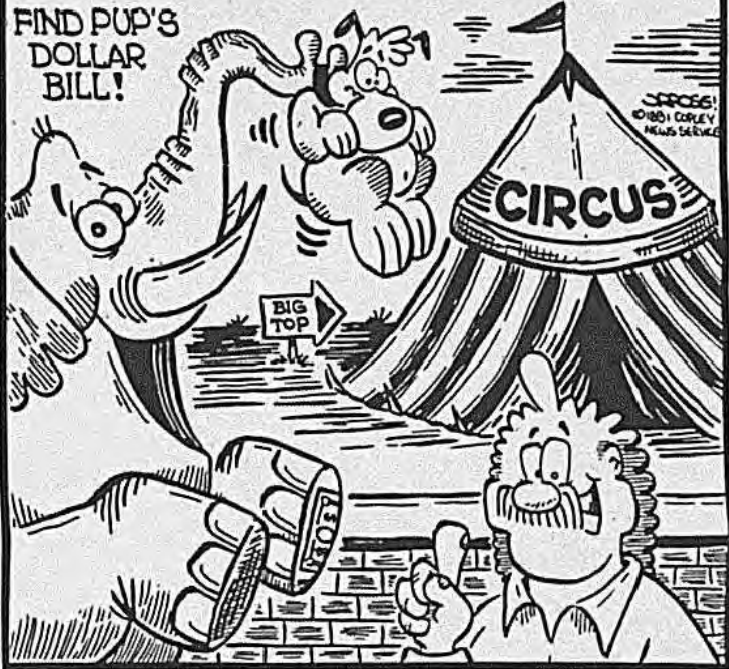


PLEASE  
HELP  
THIS  
CLOWN  
FIND  
THE  
BIGTOP!

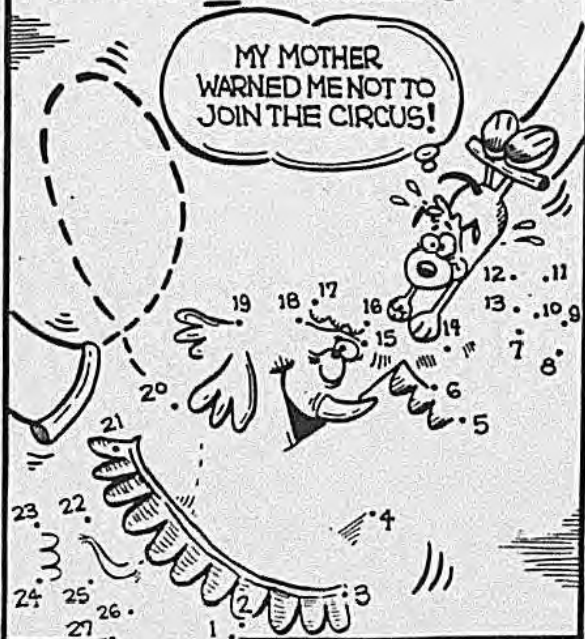


THIS ELEPHANT MUST WEIGH A TON,  
BUT HE IS HAVING SO MUCH FUN!  
PLEASE HELP US FIND OUR MONEY SO,  
INSIDE THE CIRCUS WE CAN GO!

FIND PUP'S  
DOLLAR  
BILL!



CONNECT THE DOTS TO SEE WHY  
PUP IS SO WORRIED!



WRITE US!

IF YOU HAVE ANY FUN  
GAMES OR JOKES SEND  
THEM TO : PUP

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HICKSVILLE, NEW YORK 11801

IF DRACULA GOT A JOB AT THE  
CIRCUS WHAT WOULD IT BE?



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# ANTIQUE OR

By James G. McColam

# JUNQUE



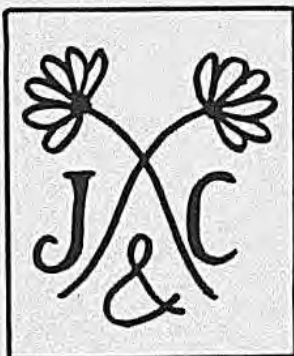
## Heirloom Victorian rocker

**Q.** Please provide your comments about this slipper chair; it has been in our family for years. I inherited it from my aunt.



**A.** Your Victorian rocker was made in the third quarter of the 19th century; it would probably sell in the \$500 to \$600 range.

**Q.** The attached mark is on the bottoms of a teapot, sugar and creamer. I believe they are porcelain; they are decorated with rural scenes. I wonder if you can identify the maker and estimate their age and value.



**A.** This mark was used by Jaeger & Co. in Marktredwitz, Germany. Your tea set was made between 1900 and 1910; it would probably sell for about \$125 to \$135 for the set.

### ART GLASS

This isn't very easy to define except in the very general way that Harold Newman does in his "Illustrated Dictionary of Glass" (Thames Hudson). He simply states that art glass is "ornamental rather than utilitarian."

We will take a look at a few of the many types of art glass in

order to seek a basic understanding of what qualifies.

Aurene Glass is a gold or blue iridescent glass developed by Frederick Carder at the Steuben Glass Works. It is usually marked either "Aurene" or "Steuben."

Bohemian Glass is either ornately overlaid or deeply engraved and has been made in Czechoslovakia or Austria for more than 400 years.

Cameo Glass is two or more layers of different colors with some layers cut away to form a picture or a design. Thomas Webb & Son in England is still producing some exceptionally fine pieces.

Burmese Glass is opaque, shading from greenish yellow upward to light rose at the top with either a dull or glossy surface. It was developed by Mount Washington Glass Co. and patented in 1885.

Loetz Glass is another gold iridescent glass similar to Aurene. It was developed in Austria by Johann Loetz or (or Lotz). After 1900 the company made black-and-white glass.

Galle Glass was developed in Nancy, France, in the late 1800s by Emile Galle. It was a complicated form of cut Cameo Glass utilizing several layers of cased glass. Fortunately for collectors, almost every piece is signed.

Quezal Glass was developed by Martin Bach and Thomas Johnson, former employees of Louis Comfort Tiffany. They produced an opalescent glass similar to Aurene and Tiffany.

Lalique Glass is one of the most eagerly sought of all art glass. His work is finely sculptured and usually acid etched. Early pieces are signed "R. Lalique." After his death in 1945, the mark is simply "Lalique."

It should be noted that these represent a very small portion of many forms of art glass. It is simply an attempt to delineate the quality workmanship and artistry involved.

Send your questions about antiques with picture(s), a detailed description, a stamped, self-addressed envelope and \$1 per item (limit one item per request) to James G. McColam.

McColam is a member of the Antique Appraisers Association of America.

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## Points on Pets

By R.G. Elmore, D.V.M.

**Q.** Our 8-year-old Labrador has become increasingly lethargic during the last several months. She does not seem as playful as she used to be and has lost interest in a lot of her favorite activities. Is it possible that she has a thyroid problem?

**A.** It is possible that your dog has a thyroid problem called hypothyroidism. Thyroid hormone, thyroxine, is produced in the thyroid glands within the neck. Thyroxine regulates the energy mechanisms and metabolic functions of the body much like the throttle on an engine. If thyroid hormone levels are too low, body functions slow down. This is known as hypothyroidism.

Your veterinarian can perform tests on a blood sample from your dog to determine if hypothyroidism is the problem. Dogs with hypothyroidism can be treated with natural or synthetic thyroid medications. You should have your veterinarian conduct a complete physical examination on your dog.

pothyroidism can be treated with natural or synthetic thyroid medications. You should have your veterinarian conduct a complete physical examination on your dog.



## Aunt Tilly's Corner

This weekend we went camping with some friends. We camped by the side of the Delaware River. It was colder than we expected. Luckily, we all brought extra warm clothing. We built a big fire, and kept it burning all night. Next morning, we went canoeing on the river. It was lots of fun!

Do you ever go canoeing or camping with your family? Write and tell me!

Your Friend,  
Aunt Tilly

P.S. This week's winner is Marc Jablonski

## JUNIOR EDITION

### WIN A BIG PRIZE!

LIST FIVE THINGS "E"  
HERE THAT END WITH THE LETTER "E"  
ALSO COLOR THIS CONTEST ENTRY.



### RULES BOYS AND GIRLS

Here is your chance to win One Dollar. (\$1.00) - to spend or to save.

Here's all you have to do:  
1. Contest is open to children 4 to 12 years of age.

2. Entries must be received by Friday, October 4, 1991

3. Paint, watercolors and crayons must be used on the above.

4. Decision of the judges will be final.

Mail your entry (just clip our cartoon) to this newspaper at:  
105 Hillside Avenue  
Williston Park, N.Y. 11596

## The World's Most Beautiful Grandchildren



Dr. Nicholas C. Pantaleone and his lovely wife Mai with their lovely children, Nicholas, Marris and Mathew. Dr. Nick was born in New Hyde Park, went to Notre Dame, St. John's College, Univ. of Rome and now resides in Alabama. The proud mother and grandmother is Marierose Pantaleone of New Hyde Park.

## YOUR SOCIAL SECURITY

### Medical evidence for disability benefits

By William M. Acosta

**Q.** I plan to file a claim for disability benefits. What medical evidence do I have to furnish? — F.H.

**A.** It is very helpful to know the names, addresses, phone numbers, dates of treatment and types of treatment you received from each doctor, clinic or hospital. We will request your medical records directly. If you happen to have some medical records, bring them with you.

**Q.** I read in the paper that Social Security now can use tax refund offset to recover overpayments from former Social Security beneficiaries. Who are these debtors who owe Social Security? — J.Y.

**A.** Former student/child beneficiaries constitute the largest category (75 percent). Most were overpaid because of excess earnings — theirs or the primary wage earner's — or a student who was not in full-time attendance. Another reason was disability cessation of the primary beneficiary.

**Q.** I understand that as a result of a court decision Social Security will be evaluating disability claims for children in a different way. Please explain. — I.R.

**A.** The new guidelines direct adjudicators to fully consider a child's functional limitations when

evaluating the severity of the child's impairment. All of the child's functions and behaviors will be examined and evaluated, including cognitive, communicative, motor, social and personal skills.

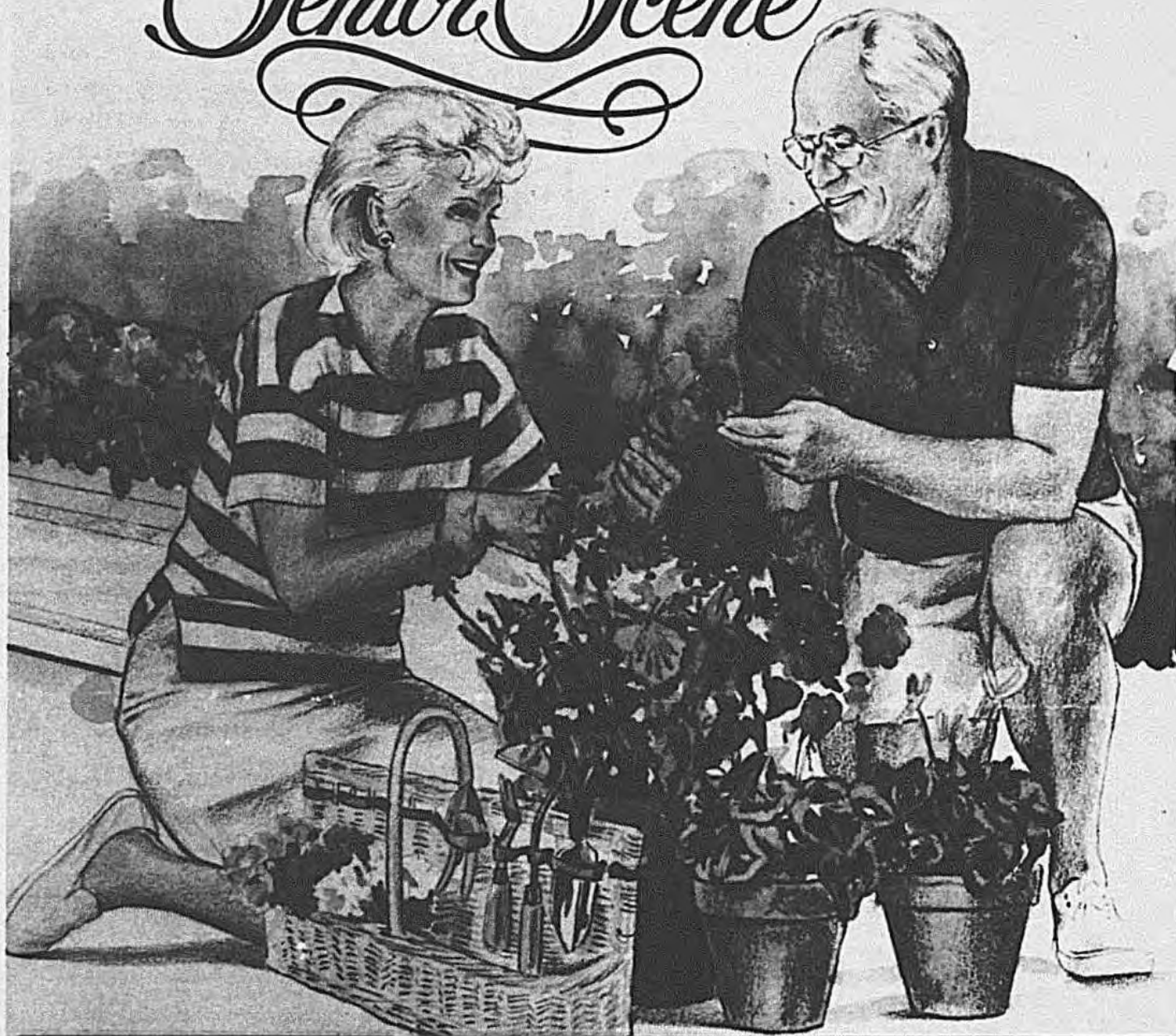
**Q.** I have severe crippling arthritis. Will I be able to get Social Security disability benefits? — A.L.

## YOUR SOCIAL SECURITY

**A.** Disability under Social Security is based on your inability to work. You will be considered disabled if you are unable to do any kind of work for which you are suited, and if your inability to work is expected to last for at least a year or to result in death. You should apply, and a determination will be made. Call Social Security for additional information.



# Senior Scene



Friday, September 27, 1991

Special Edition Appearing in  
Williston Times/Mineola Edition, New Hyde Park Herald Courier, Mid Island Times,  
Bethpage Newgram, Syosset Advance, Jericho News Journal, Garden City News &  
The Great Neck News

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## Great gifts for grandparents

Chances are, Grandma has enough handkerchiefs, bottles of perfume and bath powder to last her several lifetimes. And Granddad doesn't need another tie, set of cuff links or socks.

There are many gifts you can give older people that show your creativity and how much you care. The following items will give you some ideas; you'll find them in department, drug and specialty stores.

### FOR HIM

- Soft, fur-lined leather slippers
- Basket of gourmet goodies: nuts, cheeses, crackers
- Swiss Army knife
- High-style unbreakable sunglasses
- Lightweight canvas backpack
- Container of pure maple syrup
- Digital electronic pedometer
- Halogen flashlight
- Pendleton wool scarf
- Electric shoe polisher kit

### FOR HER

- Decorative scented candles
- Assortment of greeting cards for all occasions

- Roll of postage stamps
- Satin-covered, padded coat hangers
- Mini-microwave oven
- Silk flower arrangement
- Assortment of gift-wrapping paper, bows and ribbons
- Photo album filled with special photos
- Lacy throw pillows for the bed
- Music box
- Hand-held magnifying mirror

### FOR HIM OR HER

- "Talking" bathroom scale
- Phone with extra-large push buttons
- Exercise bicycle
- Cervical pillow
- Smoke alarm
- Variable intensity massager
- Gift certificate for a restaurant dinner
- Video: "Cocoon" or "On Golden Pond"
- Audio cassettes of music or books-on-tape (plus tape player, if needed)
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## How to take charge of your health



By Leonard J. Hansen

Are you involved in the decisions regarding your health? For years, many of us have been brainwashed by the belief, "Doctor knows best," and we just do what the doctor says.

What we know today about health and medicine just might prove that assumption wrong.

One doctor might not know all that needs to be known about a medical problem and how to solve it.

That is why each of us is counseled to seek a second professional opinion before we agree to any surgical procedure.

Most doctors have not been trained in nutritional or holistic concepts in health.

Most have not been trained — except perhaps, for just three hours of one semester of classes — in geriatric medicine.

Most doctors have not been trained in positive health for better living and preventing or deferring possible medical problems.

That doesn't make the doctor bad, but it does mean that we should introduce a new element into any decision that affects our bodies and health: us, each of us as individuals.

Depending on the procedure, one-third to two-thirds of all surgeries are unnecessary. If you set aside the fact that Medicare might pay for most of the cost, then you center on the trauma to your body and the loss of a body part or function that might, indeed, be of continuing, functional use to you.

Perhaps there is a way to correct a problem, other than radical techniques.

Perhaps there is another way to prevent or correct another condition through the use of exercise, a change in diet or lifestyle, rather than dosing up with pills.

For each pill taken to solve one problem, there is an off-balancing somewhere else in the system — and the side effects or conflict with other medications just might create a worse or worsening condition.

The essence of this message is not to say that surgical or pharmaceutical intervention is wrong — but instead, to bring you into the decision process, to put you in charge of your own health. After all, it is your body and your health — today and for the future.

Can you keep your body healthy?  
"Yes!"

The response was emphatic when we interviewed Thomas Curtis Namey, M.D., in New York City recently. Namey is associate professor at the Medical College Ohio, Toledo, and chairman of the board of examiners for certification in sports medicine for the American Academy of Sports Physicians.

"Today's medical practitioner does not know and is not aware of the remarkable ways we can keep the body healthy through exercise and nutrition. But it is something we can and must do."

The doctor, who trains athletes — from weight lifters through runners and endurance bicyclists — advocates personal control in health decisions, including individual research into positive health.

"Keep the body in its best shape through exercise and nutrition and the activity can prevent or deter these problems many assume a part of aging," he said.

Namey uses the techniques actively in working with patients to overcome the effects of arthritis. He does prescribe Piroxicam (Feldene) to reduce inflammation in the joints while also developing exercises — including the use of weights — and diet programs to work with the whole body.

Where do you start?

- Get a copy of "Vitality and Aging," by Drs. James Fries and Lawrence M. Crapo of Stanford University (W.H. Freeman and Co.).

- Talk to your doctor about your health and not just your ailments. You'll soon learn if he or she can advise you on how to stay healthy.

- Seek other counsel — open up your mind to reading about positive health, about exercise, about nutrition. Learn more about your own body and how it functions — starting with books recommended by your librarian.

- On any recommended procedure or prescription intervention, ask, "Why? Ask about side effects, the procedure's limitations, anticipated physical changes or the like."

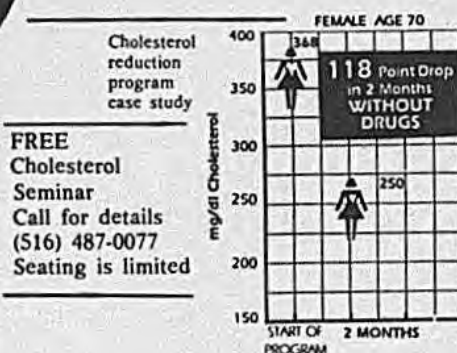
And start thinking "health" rather than "medicine" in dealing with your body. Anticipate what you will be doing six months or one year from now, based on your newfound and newly identified health. Then your program of exercise and nutrition has a positive mission for living.

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## SALTING IT AWAY

# Plan ahead for best years of your life

By Monica Perez

At what age do you see yourself retiring — 55? 65? Maybe 35? Now count up how many years you have until then.

There. You have started your retirement plan.

The next step is to envision what you'll be doing for the remaining years of your life, because whether it's gardening, climbing mountains or watching home videos, you will need money to do it.

*Money* magazine's recent "Americans and Their Money" national survey turned up the fact that having enough money for retirement was the No. 1 financial worry among people 35 to 49.

Don't count on Social Security, or your company's pension plan, for that matter. And Medicare, everyone knows, doesn't pay all the bills.

Fact is, you need a solid plan before you retire, and the earlier you instigate it, the better.

Start by establishing long-term goals, what you want to have and do once you have retired: a cruise every other year, a smaller home or the full care of a retirement community. Consider whether you will want to relax or start a new part-time career (which can greatly impact your Social Security earnings).

Setting up an appointment with an accountant, investment counselor or financial planner may be

your next step. The tax laws obviously have changed all the rules, so your IRA account, for instance, may no longer be the safest harbor for your money.

Before you talk with a planner, however, sit down and figure out specific goals for every 10-year stage of your life. By working with and around these goals, your planner can help you build toward a comfortable retirement.

An example: When you are in your 40s, your children will be college age. Instead of putting money away in an 8 percent savings account for years, your planner might advise you to fund their educations by taking out a home equity loan. Though you are paying interest on it, the tax breaks could work far more to your advantage.

Plus, money that would have sat in an account could be invested elsewhere — real estate, for instance.

Ideally, each retired couple should have \$200,000 to \$300,000 in investments — producing income at 8 percent — and their house paid in full. Investment income is not "working" income and does not cause any reduction in Social Security benefits.

Suppose you plan to work after retiring from your current job? Many retirees turn hobbies into income producers. If that's a goal, realize that it could cut into your Social Security benefits.

In 1990, the deduction changes to \$1 for \$3 earned.

"Visiting a Social Security office can be a tremendous chore — intimidating and confusing," says Tonya J. Nieman of Sixty-Two Retirement Consulting in Southern California. Firms such as hers can help you wade through all the information.

It's a good idea to look into how your company's pension plan is set up, too — it could affect your decision on when to retire, which changes your entire financial picture.

"If you plan to take early retirement, be aware that employers usually trim pensions by 33 percent if you retire at 60, and by 50 percent if you retire at 55," says a *Good Housekeeping* magazine report.

Although it is inherently riskier to retire early because you have to make your retirement savings last longer, leaving your job before age 65 may not cost as much as you think, according to *Money* magazine.

Pension plan formulas typically increase annual benefits more slowly after age 60. Get the necessary pension numbers from your benefits counselor in order to figure out when your pension will stop growing enough to making working longer worthwhile.

For a list of publications about pensions, send a self-addressed, stamped envelope to the Pension Rights Center, 918 16th St., N.W., Department GH, Washington, D.C. 20006.

## SENIORFACTS

■ Chances of a 65-year-old living to age 85

1940:

One in five



1988:

Two in five



2030\*

Three in five



\* projected

■ Secrets to a long marriage

Secrets of lasting marriages as revealed by couples who have been married at least 45 years.

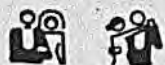
97 percent rarely or never left the house after an argument.

88 percent confide in their mates all or most of the time.

98 percent rarely or never regretted getting married.

87 percent kissed their spouse every day or almost every day.

81 percent said they laugh together one or more times a day.



## TRUSTS AND WILLS

# Plan ahead for your estate distribution

By Monica Perez

Trust or will?

Whichever, don't put it off.

Once you admit that you're mortal, drawing up a will is almost easy.

"If you think that the preparation of a will is a gloomy task, just remember that putting it off indefinitely will not prolong your life," say J. Donald and Sue Larkin in "Enjoying the Riches of Retirement" (Damiel Publishing).

"And if you do not indicate how you want your estate distributed (no matter how large or small it is), the state will do it for you," they add.

To die without a will or trust is to die "intestate." Your state has laws determining the distribution of your real estate and personal property, and they most likely do not parallel your wishes.

By not planning ahead, your heirs stand to lose a sizeable chunk of what has taken you a lifetime to build.

Taxes are just one consideration. Estates valued at \$600,000 and above are taxed by the federal government.

Add up your assets; you may be surprised by what you are worth.

According to a recent article in *The State Journal-Register* in Springfield, Ill., "up to \$1.2 million can be shielded from taxes with proper estate planning, lawyers say."

Another consideration: children. If you've failed to name a guardian for them, that decision is also left up to the state.

The cost of preparing a simple will, one that involves no tax-planning or trust features, can be as low as \$50 to \$200. By making most of your decisions before consulting an attorney, you can keep costs down, since many lawyers charge by the hour.

Start by looking over the retirement, investment- and estate-planning guides in your bookstore; many offer worksheets that can cut hours off the time you spend with a lawyer.

Find an attorney who specializes in wills and trusts; a will is the most often contested legal document, so you'll want it drawn up correctly.

Your local bar association's attorney-referral service can provide you with a list of lawyers who work exclusively in this field.

Be aware, though, that some attorneys treat wills as "loss leaders," and charge little up front in the hopes that you'll name them executor of the estate. When you die and your estate goes into probate — the often-lengthy process of determining a will's validity, appraising the estate and transferring your property to heirs and creditors — the lawyer then racks up huge fees executing your will.

Although the attorney who helps you draw up your will would probably best understand your wishes, unless you know and trust him or her, you might want to consider naming someone else as executor.

Or avoid probate altogether. You have a good reason to.

"Probate is expensive," state Robert A. Experti and Renno L. Peterson in their book, "Loving Trust" (Viking). "The people who get paid under the probate process itself are the executor, the lawyer, the appraiser and the court."

"After the dust has settled the heirs can receive their shares of whatever is left." And it may be months in coming; the average probate takes 16 months.

How do you bypass probate? By

drawing up a trust in place of a will. Don't assume trusts are for the wealthy only; the smaller the estate, the greater the impact of the probate expenses.

Often referred to as a revocable living trust, it has the advantage of providing for your needs in the event that you become incapacitated — you decide who signs your disability checks, for example.

Unlike a will, a living trust is settled without a court proceeding, it is private and assets are not frozen. You can change it without going through a lawyer, and it is more difficult to contest.

Simply, titles to all property — real estate, stocks, bank accounts, jewelry, cars — are placed in a trust while you are alive. Instructions to a trustee of how you want the assets managed and distributed are outlined; you can act as your own trustee.

That's how you avoid probate costs. Avoiding taxes is determined by your particular estate, and how a savvy attorney sets up distribution of it.

A trust generally costs more than a will to draw up, but can save you thousands in the end. Or, perhaps not.

"Because a probate estate is considered a new and separate taxpayer, you could get some beneficial tax savings," say the Larkins. A good financial planner can help you determine whether you should go to the added expense of setting up a trust.

"Ask about whether it would be more advantageous to consider annual small gifts, the irrevocable transfers of life insurance policies or other options that might apply," they advise.

Whichever route you decide on, decide now.







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## SINGLE SENIORS

### Romance comes to those who wait



By Debra Cooper

Liz Carpenter, former press secretary to Lady Bird Johnson, found romance when she was 66 — with a man she had known when she was 20.

Carpenter has her own rules for aging: Never pass up an invitation, entertain a lot and by all means fall in love. At her Texas home, she entertains friends in the hot tub she calls her "golden pond."

"Aging has become very stylish," she says happily. "All the best people are doing it."

If you're single and past 60, a good attitude will help your hopes for happiness.

"It is important to maintain a positive approach that transcends or tempers any problems you have," says Robert N. Butler, M.D., and Myrna L. Lewis, authors of "Love and Sex After 60" (Harper & Row).

"You will find that what you look for in other people — as companions, as friends, as co-workers, or as intimates — are qualities they seek just as eagerly in you. Warmth and sensitivity to other people's feelings are greatly valued."

If you're carrying around emotional baggage from the past, you'll have to deal with it before you're ready to start fresh with someone new.

Browse the "self-help" section of your local bookstore, join appropriate support groups within your community and consider counseling through your church or a family counseling center.

OK. You're warm, sensitive, lively, active, imaginative, responsive (and responsible) and you have a great sense of humor. How are you going to meet people and form rewarding relationships?

Look first for activities that support your interests. "You will feel less tense and pressured if you are doing what you like to do, say Butler and Lewis. "A sense of pleasure and purpose in what you are doing will encourage you to enjoy, learn, give of yourself and make friends."

One of the best ways to meet people is through your work. If you don't have a job, consider getting one — at least part time.

Do volunteer work. Contributing your time to worthwhile causes — social service agencies, hos-

pitals or schools — will provide you with rewarding experiences. It will also bring you into contact with people who share similar concerns.

If you like to be active and out of doors, join a fitness center or health club. Sporting goods stores, recreation centers and YMCAs often sponsor walking, hiking or biking excursions, some specifically for seniors. Look into special-interest clubs that focus on nature study or bird-watching.

Senior centers and community centers offer many activities and services that you might enjoy: parties, music, beauty makeovers, handicrafts, trips, discussion groups and more. Many churches and synagogues also sponsor singles clubs for people in the mid to later years.

If you can't find something that suits your interests, consider organizing it yourself. Any of these areas lend themselves to group enjoyment: music, painting, theater, handicrafts, folk art, cooking, woodworking, carpentry, wine-making and tasting and bridge and other card games.

Lace up your dancing shoes. Ballroom dance is coming back big. Join a class or club, and before you know it you'll be twirling in the arms of someone special. Square dancing is fun and highly social, too. Look for beginners' classes in your area.

Call your travel agent and ask if there are tours you can take with other singles in your age group. Trips and vacations away from home are a great way to enjoy your leisure time while making new acquaintances.

Some package deals include seminars that go into detail about your destination. Look into bus touring, too — it's an inexpensive way to see the United States and Canada.

If you're a single senior and male, you'll have the time of your life on a cruise. "Love boats" generally attract more women than men, and the social scene is lively. Of course, pick ports you've always wanted to visit.

Commercial singles clubs and computer dating services are growing in popularity, especially with the young and middle-aged. But there is no reason older people can't use them as well.

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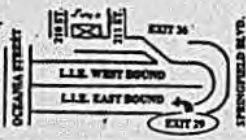
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