

In Two Sections - Forty Pages

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& Levittown Times

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Friday, September 6, 1991

Three Eagle Scouts



Hicksville's oldest Boy Scout group, Troop 64, honored 3 new Eagle Scouts at an Impressive Court of Honor, last Thursday, at the Public Library Community Room. Left to right are: Scout Master Jack Russell, Robert Allen, Joseph F. Piccolomini, Jr.; Theodore T. Urban III, and Richard Evers who presented the new Eagles with Good Citizenship Awards on behalf of the Charles Wagner Post 421 of the American Legion.

Photo by Dick Evers

Back From South America Library Talk



Berklee College of music faculty member and Hicksville native Mick Lewander has returned from a tour of South America with a traveling production of the Broadway musical "Ain't Misbehavin'." Lewander, a percussionist, performed in such Latin American cities as Buenos Aires, Argentina and Mexico City, Mexico.

Lewander is an active club, studio, TV and radio performer in addition to his work in musical theater. Productions in which he has been an orchestra member include "Nunsense," "Little Shop of Horrors," "La Cage Aux Folles," and "Kiss Me Kate." Also a jazz player, he has studied with such legends of the genre as Max Roach, Alan Dawson and Joe Morello.

Hicksville Library Wins By One

Hicksville Library 9
Farmingdale Library 8

It was the top of the 6th inning the score was tied. We must play another inning, everyone was tense when Hicksville batted in

the winning run.

Hoots and howls rang through the field. It was a good game and Hicksville won. Wednesday evening August 27, was a great night for Hicksville Public Library.

Babysitting Course Offered

The Hicksville Youth Council in cooperation with the Hicksville Public Library will be sponsoring a Red Cross Babysitting Course on Tuesday October 15, 22 and 29 from 3:45-5:15 p.m. in the Community Room at the Library.

Children ages 12 and up are welcome to attend. They will receive Red Cross certification upon completion of all three sessions. Registration begins now at the Library or at the Youth Council, 175 W. Old Country Rd. For more information call Cheryl at 822-KIDS.

Library Talk On Nutrition

On Thursday, September 19 at 7:30 p.m., Dr. Mark Casiere will be at the Bethpage Public Library to talk about nutrition, diet and vitamins, a major concern to all of us young and old. Don't miss this opportunity to learn about the latest medical findings and have your questions answered. Be informed and safeguard your family's health.

The library is located at 47 Powell Avenue, (phone: 931-3907), two blocks west of Exit #8 of the Seaford-Oyster Bay Expressway (Route #135).

Historical Society Meets Sept. 11

The Central Park Historical Society will hold its opening meeting on September 11 at 8:00 p.m. in the auditorium of the Bethpage Public Library. Recycling is a timely topic in our 20th century world. But, did you know that it existed in the past history of our country as well? "The Art of the Make-do Recycling in the 18th and 19th Centuries" is the fascinating program to be presented by engineer Roland Cortelyou, an expert in early tools and crafts. Mr. Cortelyou discovered that our ancestors were adept at using materials and repairing things that today we would overlook or throw away. He has been collecting and photographing these "make-dos" for almost thirty years. Don't miss this special glimpse into a little-known part of our history.

The library is located at 47 Powell Avenue, (phone: 931-3907), two blocks west of Exit #8 on the Seaford-Oyster Bay Expressway (Route #135).

Assessments Rise \$1.89 In Hicksville Schl. Dist.

By Milmsey Kazenoff

The Hicksville Board of Education accepted the tax levy, an overall rate of \$31.49, for the 1991-92 school year at its August 28 meeting. The rate reflects an increase of \$1.89 over the previous year.

Trustee James Black commented that the increase was small considering the cuts in state aid that occurred this year.

According to assistant superintendent for business, William H. Hall, the Nassau County assessment rolls for 1991 showed an increase of \$217,492, with the largest increase in the Class IV, commercial, industrial and vacant land, group.

In other business, superintendent Salvatore Mugavero informed the board of his plans for Teacher Orientation Day. He said that he expected to meet the entire staff and introduce himself and other new staff members.

Mr. Mugavero also noted that new material would be incorporated into the science curriculum this year in grades four through six.

In addition, he said he planned to minimize distractions in the classroom such as parties, sales, fairs, etc. and thus have more instructional time in the classroom.

He also recommended that a school physician be present at all football and soccer games. "There need be no shortcuts on health and safety at these sports events."

The superintendent announced that an orientation bus program for kindergarten children was planned. It is aimed at helping children get used to riding on the school bus. The program also emphasizes safety. Bus monitors will be assigned these busses and people have already been interviewed for these positions. All that remains to be done is the fingerprinting of applicants to see if they are fully qualified.

Mr. Mugavero also commended the people who put programs together so that Hicksville receives grant/fund monies. This year an additional \$264,000 was achieved, bringing the total to over \$1 million.

In other business, the board received a letter from the Commissioner of Education regarding the closing of the Willet Avenue School. In it the commissioner stated that the board of education act on its extensive information. "The board is the most qualified to judge the necessity of closing a school and it is the school board's responsibility to make such decisions."

Among the many actions taken by the board during the meeting was the acceptance of retirement of Mr. William H. Hall. The board thanked him for his many years of service. Mr. Hall intends to retire in January.

The board also accepted the retirement of Mr. John Miller, high school guidance counselor.

Mr. Donato Guadagnoli was appointed acting principal of the East Street School, replacing Mr. Steven Furrey, who resigned.

In other actions, Peat-Marwick was awarded the accounting contract to audit the 1991-92 school year. Other prestigious firms also bid for the contract, but Peat-Marwick had the most to offer the district.

It was announced that middle school teacher James Bell is one of 10 finalists for the State Education Department's "Teacher of the Year" award. Mr. Mugavero commented, "even if he does not make it to the top three finalists, Jim Bell is a winner in our district."

The board expressed deep sympathy for the family of 16 year old Van Androustopoulos, who died in a tragic car accident on August 26. The teenager would have entered the twelfth grade at the high school this year. Another Hicksville High School student, 16 year old Spiros Baltos, was also involved in the accident. He was last reported in critical condition. Mr. Baltos was to enter the eleventh grade this fall.

The next meeting of the Hicksville Board of Education is scheduled for September 25 at 8 p.m. The location will be announced.

Bethpage Library Victorian Workshop

On Monday, October 7 at 1:00 p.m., Donna Murray will conduct a workshop at the Bethpage Public Library, creating a charming, fragrant-scented Victorian potpourri parasol. Materials fee of \$6 to be paid at time of

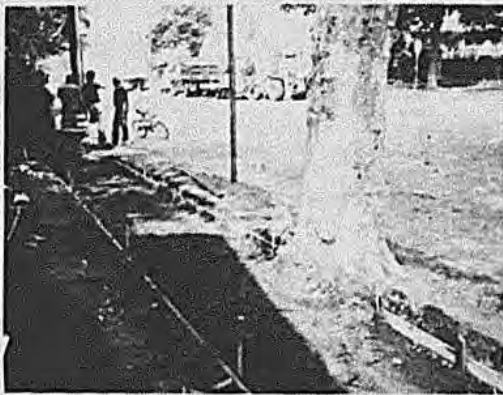
registration. Call 931-3907 for further information, or come to the Reference Desk. The library is located at 47 Powell Avenue, two blocks west of Exit #8 on the Seaford-Oyster Bay Expressway (Route #135).

1000 Hour Service



Bayville resident Georgina Wilson, left, and Vera Carty, East Norwich, are pictured at the North Shore University Hospital at Glen Cove Auxiliary luncheon at the Sewanhaka Yacht Club. They received awards for 1000 hours of hospital service.

Sidewalk Restoration



A fine example of sidewalk restoration. Two fine sycamore trees at South Elm St. and Plainview Rd. are preserved through the careful concrete preparation work of the Reliable Paving Co. of East Meadow. John Kelly's sidewalk was broken up by tree roots but concern for the environment was provided for by the contractor's care near the lovely trees' roots.

Photo by Dick Evers

To Owners of Good Restaurants:
This Is Your Chance To Join
"Reader Ratings"
The Last Word In Restaurant Guides



Where Our Readers
Have The Last Word



This newspaper, and the seven other weekly newspapers associated with it, publishes the last word in restaurant guides and a paid listing of many prominent selected restaurants in this area. While many of them have been rated by the great, and near great food connoisseurs, our readers will have the last word through "Reader Ratings."

Through a special 24 hour phone system, readers will be asked to call in their assessment of each restaurant they visit. Consensus ratings (good or bad) will be published as a continuing part of the guide.

In addition they can make suggestions, compliments or criticisms through the open phone line and messages will be sent through to the restaurant management.

(Guide to Good Dining)

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Staff Completes Training Prog.

Central General Hospital Administrator Robert J. Bornstein announced today that members of the pediatric medical staff and twenty two delivery room and newborn nursery nurses completed an extensive perinatal continuing education program. Thirteen additional post-partum nurses are expected to complete the course shortly. The perinatal continuing education course, which was developed by the University of Virginia at Charlottesville and sponsored locally by Long Island Jewish Medical Center/Schneider Childrens Hospital, provides intensive theoretical and clinical coursework. The program concentrated on all areas related to caring for newborn emergencies, ranging from resuscitation of the infant to stabilization of the premature or sick baby using the latest equipment and techniques. Completion of the complex course insures that the pediatric and nursing staff are prepared to handle any neonatal emergency and continue the care of the newborn through the safe discharge of both mother and baby.

Bornstein said, "We are proud that we can provide such technologically advanced care for infants and mothers utilizing highly trained professional staff. Although childbirth is a time of great joy, parents need to feel secure in the knowledge that the staff is equipped to handle any unexpected event."

Bornstein also noted that care of both sick and healthy newborns and mothers takes place within a family centered and supportive atmosphere. Maternal and child health staff regularly participate in continuing education programs designed to insure that safe, comfortable maternity care is always available.

Bridge Club At Comm. Center

Starting Sept. 23 Monday evening 8 p.m. Syosset Bridge Club, will meet at Syosset Woodbury Community Center on Jericho 1pk. Syosset.

We welcome new bridge players who would like to meet other singles and couples, as well as improve their bridge game.
ACBL & ABTA certified Bill

Alter will give a brief lesson and direct the game.

Com-Tek equipment will be arranged for the hearing impaired players, a first in the U.S.

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Elmhurst Dairy



At the Staff Orientation Day Program in the Hicksville H.S. auditorium, Tuesday, after a motivational address, are Dr. James Fillbrandt, noted California educator, left, and Mrs. Jean Kawicki, Director of the Hicksville Gregory Museum, a guest of honor.

Photos by Dick Evers



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Have The Last Word



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In addition they can make suggestions, compliments or criticisms through the open phone line and messages will be sent through to the restaurant management.

(Guide to Good Dining)

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ARE YOU OVERLOOKING LONG ISLAND'S WILDEST NIGHTLIFE?



Photo by Don Siaz

The black-crowned night heron (*Nycticorax nycticorax*) is a mostly nocturnal native Long Islander who is highly discriminating. You won't find him at just any watering hole. And for dinner the fish had better be fresh, the ambience unhurried.

You might say the black-crowned night heron is a hard bird to please. But The Nature Conservancy has been working hard for 38 years to provide the night heron and hundreds of other animals and plants the finest accommodations available on Long Island.

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If you're concerned about Long Island—not just about its native flora and fauna but also about the

water we drink, the air we breathe, and the quality of life here—we urge you to give us a hand. Just call (516)367-3225. You can help protect your environment. And you can have a wild time!

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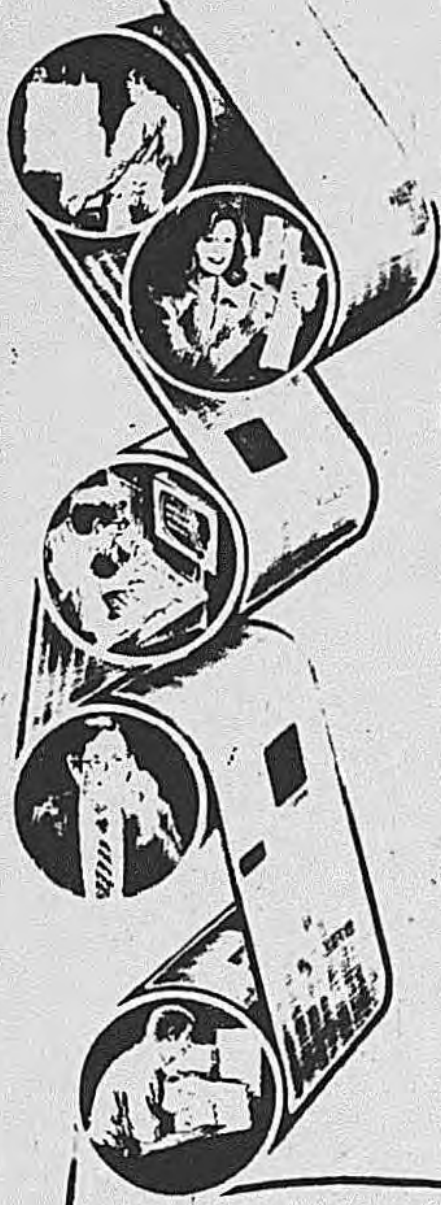
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SUPREME COURT: NASSAU COUNTY. THE GREEN POINT SAVINGS BANK, Plf. vs. JOSEPH J. MANFRO, ET ANO* Defs. Index #23503/90. Pursuant to judgement of foreclosure and sale dated June 14, 1991, I will sell at public auction on the north front steps of the Nassau County Courthouse, 262 Old Country Rd., Mineola, N. Y. on September 17, 1991 at 12:30 p.m. prem. k/a 19 Miller Blvd., Syosset, N.Y. Said property located on the north-erly side of Miller Blvd. 535.78

LEGAL NOTICE

It northerly, northeasterly and easterly as measured along the westerly, northwesterly and northerly sides of Miller Blvd. from the extreme north-erly end of the arc connecting the westerly side of Miller Blvd. with the northerly side of Ira Road, being a plot 125 ft. x 70 ft. Approx. amt. of judg-ment is \$127,918.62 plus costs and interest. **EDWARD ROBINSON, III, Referee. CULLEN & DYKMAN, Attys. for Plif., 233 7 St., Garden City, N.Y. SA 8011 3X 8/23, 30; 9/6, 13**

In Service

Navy Midshipman Michael J. Roth, son of Alan and Alice M. Roth of Autumn Lane, Hicksville, was one of many U.S. Navy Midshipmen who recently partic-ipated in a summer training cruise aboard the aircraft carrier USS Forrestal, homeported in Mayport, Florida.

The annual cruise augments classroom studies and gives prospective Naval officers a preview of their futures.

During Roth's training cruise, he worked in a number of shipboard jobs, gaining valuable hands-on experience.

The 1988 graduate of Hicksville High School joined the Navy in July 1988.

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Birthday And Anniversary Club

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Michael P. Collins
Katherine Stickevers
Anthony Schiralli, Jr.
Stephan Salvo

August 9
Linda Shaw
Linda Polito
Ethel Coyle

August 10
John Harnett
Grace Knudsen
Phil Roth
Kevin Sheedy
Joe Geiger
Ken Knudsen
Andy Fayda

August 11
Chiara Scheidet
Chris Camarda
Barbara Andersen
Matthew Thomas
Charles Goederer
Michael Minichello

August 12
Frances Palmeri
Clara Mazzocchi
Arty Salatto
Kay Sheedy
Frank Willard
Michael Lopez

August 13
Ron Willson
Gustave T. Jublin
Shannon Jones

August 14
Larry Morillo
Matthew Filazzola
Wendy Marshall
Jim Locke

August 15
Geraldine Gianelli
Stephan Olafsen

August 16
Jenny Anderson
Frank Lobmeier

August 17
Danielle Riccardi
Loretta Koutensky

August 18
Matthew Germain
Kathy Hild
Michael Kraemer

August 19
Frank Riccardi
Vincent Polito

August 20
L. Winifred Chayka
Kathleen Gully

August 21
Buzz Doyle
Al Squillante
Larissa Budinich
Eileen Waxman
Elizabeth Jopp

August 22
Rita Salera
Skip Jones

August 23
Christopher Chase
Jonathan Grundel
Barbara Stampfl
Steven Pitonza

August 24
Derek Carl Siebel
Michael Tringone, III
Raymond Bennett
Judi Nijboer

August 25
Gerard Doherty
Andrew Goerke
Jessie Doyle
Debra Grundel

August 26
A. J. Agosto

August 27
Leroy Edwards
Phillip Schlosser

August 28
Arthur DiGiovanni
Patricia Healy
Trudi Mauch
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August 29
Austin Sheppard
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Dustin Sheppard

August 30
Gary R. Lewis I
Irmgard Fuechler
Thomas McGovern
Jenique Nijboer
Theresa Brannan

August 31
Linda Swidzinski
Maureen Brannan
Frances Banks
Ruth Meade
Austin J. Sheppard

**Jenn Peters
Kim Peters
Rose Izzo
Christopher Giacopino**

HAPPY ANNIVERSARY

August 14
Mr. and Mrs. Mark Garbus
Kathy and Buzz Doyle

August 15
Bruce and Sharon Edwards
Laura and Michael Cerlini

August 16
Theresa and John Mochringer

August 18
Mr. and Mrs. Vincent Polito
Ray and Jennie Marillo
George and Angela Karman

August 19
Warren and Cathy Breuer

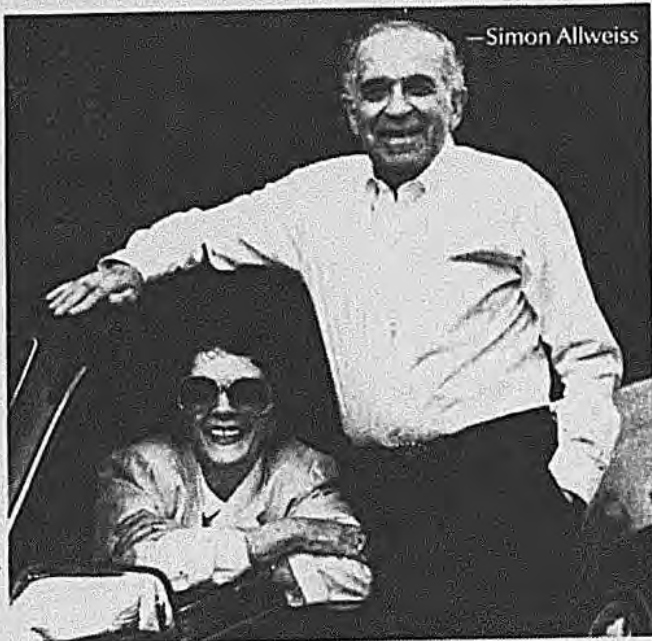
August 23
Bob and Sue Klein

August 25
Lou and Ann Neumann
Mr. and Mrs. John Greggo

August 27
Mr. and Mrs. Wm. C. Peters

August 31
Jane and Anthony Schiralli, Jr.
Mr. and Mrs. Leonard Dutine

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Editor's Notebook

Billions of dollars have been spent by public and private entities over the past 15 years to clean up dioxins in the environment. Companies have closed, lives have been shattered and even the entire town of Times Beach, Mo., was shut down on the basis of the federal Environmental Protection Agency's determination in the 1970s that dioxin was one of the most virulent of industrial carcinogens. But what if that judgment was wrong and all of that effort unnecessary?

That's the question EPA Administrator William K. Reilly plans to confront in a yearlong reconsideration of the dangers posed by dioxin. The stakes for the EPA, for industry, the public and the environment are large. But Reilly's action is the only responsible course to take.

In recent years, a widening group of scientists, armed with new data and far more advanced systems of risk assessment than were available 20 years ago, have come to the conclusion that exposure to dioxin under most circumstances is no more dangerous than spending a week at the beach.

Other scientists and some environmental groups insist those findings are misleading: a few argue that the efforts at revision are part of a conspiracy by big industrial interests to escape the future costs of cleaning up their operations.

But these concerns that the dioxin danger has been exaggerated aren't just being voiced by corporate laboratories and their hired consultants. Dr. Vernon N. Houk, the federal scientist who first called for the evacuation of Times Beach, now says that action was "an overreaction."

According to Houk, who currently heads the environmental health program of the Centers for Disease Control, the Times Beach decision "was based on the scientific information we had at the time. It turns out we were in error."

The World Health Organization has reached a similar conclusion in rejecting the U.S. assessment of dioxin's dangers. Instead, it has adopted a new standard for acceptable dioxin exposure that is 1,600 times higher than the one set by the EPA.

For the EPA, the risks of undertaking this new inquiry are particularly high. That's because the same methods of analysis that are now being challenged on dioxin also were used to set a whole range of other clean air and water requirements that are still being applied across the country. As a result, the credibility of much of the EPA's existing enforcement program could be thrown into doubt if the study concludes that dioxin isn't that big a threat.

With that much at stake, Reilly showed a lot of courage in agreeing to meet this question head-on. But in an important sense, that's what the EPA's mission is all about — to apply the most advanced scientific methods to questions of public health and environmental safety, without curtailing its objectivity or its commitment to inquiry for the sake of private interests or environmental orthodoxy.

If Reilly had tried to duck the issue, that would have done far more damage to the EPA's credibility over the long term.

Reprinted from The Sacramento, Calif., Bee.



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**LEGAL NOTICE
PUBLIC NOTICE**

NOTICE is hereby given, pursuant to law, that a public hearing will be held by the Town Board of the Town of Oyster Bay, Nassau County, New York, on Tuesday, September 17, 1991, at 10 o'clock a.m., prevailing time in the Hearing Room, Town Hall, East Building, Audrey Avenue, Oyster Bay, New York, for the purpose of considering an application for a Special Use Permit and a Change of Zone pursuant to the Building Zone Ordinance of the Town of Oyster Bay as follows: **PROPOSED SPECIAL USE PERMIT:** Petition of SHELL OIL COMPANY, Lessee, and JOSAM ASSOCIATES, Fee Owner, for permission to demolish the existing gasoline service station and construct a service station and retail food mart, and for a Change of Zone from a "F" Business District (Neighborhood Business) to a "G" Business District (General Business) on the following described premises: **ALL** that certain plot, piece of parcel of land situate, lying and being in Hicksville, Town of Oyster Bay, County of Nassau and State of New York, which is bounded and described as follows: An irregularly shaped parcel located on the southwest corner of South Oyster Bay Road and Woodbury Road, having a frontage of 160.00 feet on Woodbury Road and a frontage of 120.00 feet on South Oyster Bay Road. Said parcel being further identified as Section 12, Block 329, Lot 20, on the Land and Tax Map of Nassau County. The abovementioned petition and map which accompanies it are on file and may be viewed daily (except Saturday, Sunday or Holidays) between the hours of 9 a.m. and 4:45 p.m., prevailing time, at the Office of the Town Clerk at Oyster Bay and Massapequa. Any person interested in the subject matter of the said hearing will be given an opportunity to be heard with reference thereto at the time and place above designated.

**TOWN BOARD OF
TOWN OF OYSTER BAY**
Angelo A. Delligatti
Supervisor
Carl L. Marcellino
Town Clerk

Dated: July 9, 1991
Oyster Bay, New York
MIT 2501
1X9/6

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We are looking for articles, not exceeding 3,000 words or less than 1,500 words, on local topics, opinions, ideas, nice places to visit on Long Island, and even fiction. In our magazine section, we will try to "Discover" one new feature length article and writer per week. Each writer will be reimbursed a stipend of \$25.00.

If you want to be published and be part of an issue of Discovery, you may submit your article to: Litmor Publications, 81 East Barclay Street, Hicksville, N.Y. 11601.

Scanning the Bookshelf



Comparing cultures

"Pink Samurai — Love, Marriage & Sex in Contemporary Japan" by Nicholas Bornoff; Pocket Books; 492 pages; \$22.95.

There is an ocean of difference between Japan's and America's cultures. While crime rates soar in the United States, they stay remarkably low in Japan. Bornoff says that the Japanese culture has much to do with this: "Until recently, a mother would not hesitate to check a tantrum in a 4-year-old by proffering her nipple as a pacifier... she knows that the physical closeness she has cultivated has cemented an emotional bond so powerful that it provides her with a deterrent rendering spankings quite unnecessary. 'If you don't behave, I will send you away' presents the dire threat of abandonment. By extension later on, exclusion from the tribe sufficiently discourages anti-social behaviour to keep Japan's crime rate enviably low."

"The Popcorn Report — Faith Popcorn on the Future of Your Company, Your World, Your Life"; Doubleday; 226 pages; \$22.50.

Marketing whiz Popcorn, whose clients include big chippers like American Express and Coca-Cola, peers into the future and sees a lot of changes and trends lying down the road. "For the first time in history, the term 'natural' no longer implies that a product is healthier for you and free from contamination — even naturally grown foods can no longer be considered safe: eggs, fish, meat, even vegetables are all poisoned. The only safe food will be laboratory foods." And: "If at present you're saying 'no' to drugs, you'll soon be saying 'yes' to a different kind of

drugs — 'food ceuticals' that regulate your mind, mood, memory." Ancient herbal treatments will fuse with modern medicine, she says, to create new levels of health and well-being. She also points out that "for the first time ever in the history of mankind, the wilderness is safer than civilization" — no drug problem, no subway murders, no wars in the wilderness.



Scanning the Bookshelf

"Wallflower" by William Bayer;
Villard Books; 309 pages; \$20.
The author of "Switch" spins an-

other intricately plotted crime thriller in his latest novel, which again features New York police Lt. Frank Janek. Restless and bored with mundane cases, Janek has traveled to Venice, where he falls in love with a beautiful and brilliant woman. That idyll is interrupted abruptly when he receives word from New York that his beloved goddaughter has been killed and savagely mutilated in Riverside Park. Returning, Janek finds that she apparently was only one of the victims of a random killer. He also discovers that his goddaughter has been involved in strange rituals and bizarre sex games. This is the setting of "Wallflower," a powerful psychological drama that equals the impact of the best-selling "Switch."

"The Handbook for No-Load Investors — 11th Edition" by Sheldon Jacobs and the editors of The No-Load Fund Investor; Business One Irwin; 512 pages; 8 1/2 by 10 1/2 inches; \$34.95 (Softcover).
No-load means that no commis-

sion is charged on your investment up front. Many mutual equity funds do charge loads, however. That can mean, for instance, that a \$10,000 investment can have as much as 8.5 percent deducted right at the start, or \$850. Survey after survey has indicated that whether a fund is a load or no-load has nothing to do with investment performance. If you decide that no-loads are the way to go — and want the diversification and added safety that a mutual fund will give you in the tricky stock market — then this book is an excellent buy. It explains the ins and outs of no-loads in detail. And some of the funds are rated. For instance, \$10,000 invested in the no-load Lindner Fund in January 1975 would have been worth \$26,467 as of December 1990 (the average diversified equity fund grew to \$10,893 over that period, which included the 1987 stock market crash).

THE PAPERBACKS

Want to make it easier and more entertaining for kids (and adults, too) to learn about genetics, computers and U.S. history? Pick up copies of Larry Gonick's "The Cartoon History of the United States" (HarperPerennial, 392 pages, \$12.95), Gonick's "The Cartoon Guide to the Computer" (HarperPerennial, 248 pages, \$9.95) and Gonick and Mark Wheelis' "The Cartoon Guide to Genetics" (HarperPerennial, 215 pages, \$9.95). Cartoons and witty text make tough subjects more understandable.

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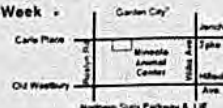
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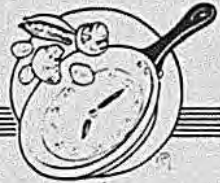
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After Work Gourmet



Grilled fish steaks with flavored butters

By Melanie Barnard and Brooke Dojny

We could probably make a case for stating that virtually all food that can be broiled indoors tastes even better when cooked on a barbecue grill, but there's something about grilled fish that is truly sublime.

First, the natural oiliness of fish steaks such as tuna and swordfish is wonderfully enhanced by the smokiness imparted by a real fire.

Second, the fish looks so appealing with its attractive crisscross of dark grill marks.

When cooking fish on the grill, be sure to get steaks that are cut at least ½-inch thick, as the hot

fire will dry out thinner steaks in a flash. Use only the oily fish varieties which, in addition to tuna and swordfish, include salmon and bluefish, and brush with oil before cooking to help with the browning process and to prevent sticking.

Some people like to fit the steaks into a large, hinged grill basket, which greatly facilitates turning.

Flavored compound butters are the perfect complement to grilled fish steaks. Here, we've paired a pesto butter, using basil and Parmesan cheese, with tuna steaks, and chive-flavored butter with swordfish. But let your imagina-

tion be your guide, and substitute other herbs and flavorings such as grated citrus, chopped capers or olives, marrying them to a given fish.

We like to roll our butter into a log shape so that medallions can be sliced off and set atop the fish to melt prettily over it.

With this grilled fish serve a salad of sliced tomatoes, red onions and watercress, and a rice or pasta side dish. Lemon sherbet and crisp cookies would be lovely for dessert.

TIPS

• Both fish can be cooked in a stove broiler or quickly sauteed in a heavy skillet.



After Work Gourmet

• The compound butters also are delicious melted over steamed vegetables or spread on crackers.

SWORDFISH STEAKS WITH CHIVE BUTTER

Chive butter:

- 6 tablespoons softened butter
- 2 tablespoons minced chives
- 1 tablespoon minced parsley
- ½ teaspoon Dijon mustard
- ¼ teaspoon salt
- ¼ teaspoon black pepper

Fish:

- 1½ pounds swordfish steaks, each ¾ to 1 inch thick
- 1 tablespoon olive oil
- 1 teaspoon lemon juice
- Salt and black pepper

Yields 4 servings.

Preparation and cooking time: 35 minutes, excluding building charcoal fire.

Build medium-hot barbecue fire

or preheat gas grill.

To make chive butter, beat together butter, chives, parsley, mustard, salt and pepper. Form into log, wrap in plastic wrap and refrigerate. (Can be stored in refrigerator for 10 days, or frozen.)

Brush swordfish steaks with oil and lemon juice and sprinkle with salt and pepper. Grill swordfish about 5 inches from heat source for 3 to 4 minutes per side, until just cooked through.

Remove to platter. Cut chive butter into medallions and melt atop fish.

TUNA STEAKS WITH PESTO BUTTER

Pesto butter:

- 6 tablespoons softened butter
- ½ cup fresh basil leaves
- ¼ cup grated Parmesan cheese
- 1 large clove garlic

Fish:

- 4 tuna steaks, each about 6 ounces, and about ½ inch thick
- 1 tablespoon olive oil
- Salt and black pepper

Yields 4 servings.

Preparation and cooking time: 35 minutes, excluding building a charcoal fire.

Build medium-hot barbecue fire or preheat gas grill.

To make pesto butter, place butter, basil, Parmesan and garlic in work bowl of food processor. Process to smooth puree, stopping

to scrape sides once or twice. Form into log, wrap in plastic wrap and refrigerate until ready to use. (Can be stored in refrigerator for about 10 days or frozen.)

Brush tuna steaks with oil and sprinkle with salt and pepper. Grill about 5 inches from heat for about 2 minutes per side. Tuna should be charred on outside and medium-rare on inside. If you prefer your tuna more well done, cook for 1 minute more per side.

Remove to platter. Cut pesto butter into medallions and melt on top of fish.

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and Mrs.
Carl L. Marcellino
and Family

New Cancer Treatment Prog.

A new oncology treatment program based at North Shore University Hospital at Glen Cove has been created to provide comprehensive care for patients with all types of cancer. "Our service will ensure that cancer patients, whether being cared for in the hospital or at home, receive the most advanced treatment available anywhere," said Francis X. Moore, M.D., the hospital's Deputy Chairman of the Department of Medicine, and Chief of the Medical Service, and Chief of the new Oncology/Hematology program. The service is staffed by full-time physicians, who will ensure that a cancer specialist is on call 24-hours-day to answer questions and provide care in case of an emergency.

"We are dedicated to providing residents of Glen Cove and the surrounding communities with the same level of care they would receive at a major cancer treatment center," said James V. Fetten, M.D., a member of the staff. Physicians in the new service will participate in seminars on new advances in cancer treatments held at North Shore University Hospital-Cornell University Medical College in Manhasset. They will also have the opportunity to collaborate on research in progress by physicians at North Shore-Cornell, which houses the largest cancer treatment facility on Long Island. Patients in Glen Cove's new program will have access to the latest treatment protocols available anywhere.

Dr. Moore said the staff of the new service is aware of the importance of retaining the personal aspects that people often find comforting in a community hospital. Dr. Moore, an oncologist/hematologist, has served as the Chief of Medicine at North Shore at Glen Cove since 1989. He has been on the staff of the Community Hospital at Glen Cove (presently North Shore University Hospital at Glen Cove), since he joined as an attending physician in 1953. He holds a teaching appointment at Cornell University

Medical College. The new Chief of Glen Cove's Oncology/Hematology Service has had a variety of special appointments including a term as Executive Director of the L.I. Diabetes Education Foundation. He served as Co-Medical Director of Hospice Care of L.I. and as a member of the Advisory Committee of the Adelphi Oncology Committee. He belongs to a number of professional societies, and has published several papers.

Dr. Moore is board-certified in internal medicine by the American Board of Internal Medicine and in hematology by the Subspecialty Board of Internal Medicine and in hematology by the Subspecialty Board in Hematology. He received his medical degree from New York University, College of Medicine, and is attended McGill University in Montreal, Canada. His internship and residency were done at Bellevue Hospital, in New York.

James Fetten, M.D. joined North Shore University Hospital at Glen Cove's staff in July, 1991, following the completion of his postgraduate medical training. He was a Hematology/Oncology Fellow at Memorial Sloan-Kettering Cancer Center from 1986-1991, and also worked in the field of gene therapy at Sloan-Kettering Institute. He is a graduate of the University of Medicine and Dentistry of New Jersey-New Jersey Medical School. He received his Bachelor of Science Degree from Seton Hall University. Dr. Fetton is certified in Internal Medicine by the American Board of Internal Medicine, and is board-eligible in Medical Oncology and Hematology.

Dr. Fetton is a Clinical Instructor in Medicine at Cornell University Medical College. He has been the recipient of a number of awards, including the National Institute of Health Clinical Investigator Award, the Cancer Research Institute Award, and the Clinical Scholar's Biomedical Research Training Award. He belongs to a number of professional societies.

LEGAL NOTICE

NOTICE OF SALE
SUPREME COURT: NASSAU COUNTY. THE GREEN POINT SAVINGS BANK, Plif. vs. DOMINICK TULMIERO, et ano, DEFTS. Index #05833/91. Pursuant to judgment of foreclosure and sale dated July 18, 1991, I will sell at public auction on the north front steps of the Nassau County Courthouse, 262 Old Country Rd., Mineola, N. Y. on September 26, 1991 at 10:15

LEGAL NOTICE

a.m., prem. k/a-6 Marsak Lane, Syosset, N. Y. Said property located on the northwesterly side of Nathan Court, 144.20 ft. southwesterly when measured along the northwesterly side of Nathan Court from the southwesterly end of a curve having a radius of 10 ft. and a length of 15.38 ft., which curve connects the northwesterly side of Nathan Court and the Southwesterly side of Belmong Circle and

LEGAL NOTICE

from said point of beginning: being a plot 65 ft. x 100 ft. Approx. amt. of judgment is \$185,896.77 plus costs and interest. Sold subject to terms and conditions of filed judgment and terms of sale. ED MC GOWAN, Referee. CULLEN & DYKMAN, Attys. for Plif., 233 7 St., Garden City, N. Y.

SA8013
 4X 8/23, 30; 9/6, 13

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- ANNE BANTLEON, R.N., Nursing Care Coordinator, will moderate the question and answer period.

DATE: Thursday, September 19
TIME: 6:30 pm - Registration and Refreshments
 7 to 9 pm - Program
PLACE: Winthrop Conference Center
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SUPREME COURT: NASSAU COUNTY. THE GREEN POINT SAVINGS BANK, Plif. vs. JOSEPH J. MANFRO et ano, Defts. Index #23503/90. Pursuant to judgment of foreclosure and sale dated June 14, 1991, I will sell at public auction on the north front steps of the Nassau County Courthouse, 262 Old Country Rd., Mineola, NY on Sept. 17, 1991 at 12:30 p.m., prem. k/a 19 Miller Blvd., Syosset, NY. Said property located on the northerly side of Miller Blvd. 535.78 ft. northerly, northeasterly and easterly as measured along the westerly, northwesterly and northerly sides of Miller Blvd. from the extreme northerly end of the arc connecting the westerly side of Miller Blvd. with the northerly side of Ira Road, being a plot 125 ft. x 70 ft. Approx. amt. of judgment is \$127,918.62 plus costs and interest. EDWARD ROBINSON, III, Referee. CULLEN & DYKMAN, Attys. for Plif., 233 7 St., Garden City, NY.

SA8011
 4X8/16,25,30;9/6

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Home entertaining



Have a T-riffic party

By Carol Cutler

On a recent trip to Madrid's fabled museum, the Prado, I was surprised to see T-shirts on sale in the gift shop. Somehow, this casual piece of attire just didn't seem to fit the image of the home of some of the world's greatest paintings by Goya, Velasquez, Cranach and Van der Weyden.

Upon reflection I realized that this is probably the world's single best-selling souvenir.

There are many good reasons for it. The name emblazoned on the shirt makes an immediate statement about how well-traveled you are.

Also, the shirts are relatively inexpensive, comfortable to wear and easy to launder.

And if you want to give someone a gift, correct size is far from critical.

Once home, I looked over my collection of T-shirts and realized that they added up to a rather exotic collection.

Not all are testimony to my travels, but there is this nice friend who has been to the Galapagos Islands, Tahiti and even climbed the mountains of Nepal looking for rhododendron seeds. Honest. That last trip did not result in a T-shirt.

Then the thought — why not have an exotic T-shirt party? No fancy dressing up, which makes perfectly good sense in the summer. There is a single dress code: Wear the most fascinating T-shirt in your wardrobe.

Just imagine the stories that would bubble up.

"That crossing on Le France was the most romantic Atlantic crossing I've ever had."

"A Scandinavian girlfriend who sold the old *Herald Tribune* on the Champs Elysees gave it to me."

(Remember Jean Seberg in the Jean-Paul Belmondo movie "Breathless"? She was a *Trib* vendor in the well-fitting T-shirt uniform.)



Home entertaining

Have some prizes ready for winners in various categories: farthest place, most unusual, funniest, most colorful, most artistic — anything that strikes your fancy.

Judging, however, would be a pretty sticky situation, so do it by secret ballot. And since there will be several prizes, at least, no single person is the big winner of the evening.

The prizes? Well, of course — a

T-shirt with the date of the party. Then years from now, some puzzled person will wonder, "Wow, what a great party that must have been."

And it can be, too.

Add an unusual note to the cocktail hour and serve Cheese Mousse. It takes only minutes to prepare and must be made in advance, making it perfect for casual entertaining. Everyone loves it, and no one can quite figure out what is in it. Now, that could be another game.

CHEESE MOUSSE

1½ cups beef broth
2 tablespoons gelatin
1 garlic clove, sliced
¼ teaspoon curry
Salt and pepper
12 ounces cream cheese

Yields 18 servings as hors d'oeuvres.

Pour 1 cup of broth into small pot, sprinkle on gelatin, and let stand for a few minutes to soften gelatin. Put on heat and bring almost to boil, stirring a few times to dissolve gelatin completely. Remove from fire and cool for a few minutes.

Pour remaining broth in electric blender or food processor, add warm broth, garlic, curry, salt and pepper. Process for ½ minute.

Add about ½ of cream cheese at a time while machine is running. When all cheese is incorporated, give mixture a final burst of high speed.

Pour into 3-cup mold and refrigerate for at least 3 hours, or until mousse is set.

To serve, cut around edges with hot knife, then dip bottom of mold in hot water for a few seconds. Unmold onto plate and decorate with black olive slices or chopped parsley. Pass toast or crackers with mousse.

Make certain there is no gelatin in beef broth, which is usually sold as consommé.

NOTICE

HAVE YOU A HIDDEN TALENT that has yet to be discovered in print?

We are looking for articles, not exceeding 3,000 words or less than 1,500 words, on local topics, opinions, ideas, nice places to visit on Long Island, and even fiction. In our magazine section, we will try to "Discover" one new feature length article and writer per week. Each writer will be reimbursed a stipend of \$25.00.

If you want to be published and be part of an issue of *Discovery*, you may submit your article to: Litmor Publications, 81 East Barclay Street, Hicksville, N.Y. 11701.

Vegetarian View



Summertime survival with tossed salads

By Sharon Achatz

Summertime survival means turning to salads at mealtime. Think green, and you're on your way to simply satisfying and super-fresh fare that doesn't heat up the kitchen.

Tossed salads, however, are the root of many a family controversy. Can't agree on which dressing to use? Or whether radishes or onions should be tossed in with the greens? Or even what sort of lettuce — or other greens — should be used?

And what about the hassle of all the chopping, dicing, tearing and slicing?

For a family that agrees on the basic ingredients, a quick tip for no-hassle salads is to prepare a mix of greenery ahead of time and store it in the refrigerator. Cut up the lettuce and spinach, cabbage and endive in advance and pile it, unwashed, into a plastic bag.

Unwashed, bagged greens keep longer than those that have been washed before refrigerator storage and make short work of salad preparation on busy days. When it's time to dine, take out and wash only as much as you need and return the rest to the refrigerator, then finish up the salad with additional vegetables, such as tomatoes and cucumbers, or beans and dressing.

For quick-as-a-flash preparation, you can even rely on your supermarket's salad bar for the fixings — you'll find labor-saving ready-to-serve ingredients such as sliced onions, broccoli buds and carrots cut into bite-size bits.

If the family can't agree on even the basics and you need to cater to a variety of tastes, take the salad-bar theme to heart in your own home. Instead of preparing a single large bowl of salad, serve instead a suit-yourself selection of ingredients in individual bowls — from individual plastic bags in the refrigerator, if you like.



Vegetarian View

At mealtime, each family member can mix-and-match his way to his own ideal salad. Offer, for example, a selection including romaine lettuce and endives, spinach and sprouts, garbanzo and kidney beans, radishes, onions, bell peppers, tomatoes, sunflower seeds and a variety of cubed cheeses and dressings.

To test a variety of tastes and

get you started on some creative dressing mixes, try these recipes for specialty greens with gusto.

GREEN SALAD WITH MISO-CORIANDER DRESSING

½ head Boston lettuce
¼ head green-leaf lettuce
1 bunch watercress
1 red onion
Dressing:
½ cup lemon juice
5 tablespoons plus 1 teaspoon white miso
2 teaspoons whole-grain mustard
3 tablespoons extra-virgin olive oil
1 bunch fresh coriander
Freshly ground pepper to taste

Yields 4 to 6 servings.

Tear greens into bite-size pieces and place in bowl. Thinly slice onion and add to bowl.

To make dressing, combine lemon juice, miso and mustard in small bowl. Whisk in oil, a few drops at a time, until dressing is emulsified.

Remove thick stems from coriander and chop leaves coarsely. Add to dressing. Season with pepper.

Pour dressing over salad and toss gently. Serve immediately.

From "The Natural Gourmet" by Annemarie Colbin; Ballantine Books

ENDIVE-TOMATO SALAD WITH SESAME DRESSING

5 Belgian endives
½ cup chopped watercress leaves
6 cherry tomatoes, cut into quarters
Dressing:
1 teaspoon sesame seed, toasted
1 teaspoon lemon juice
1 teaspoon vinegar
1 teaspoon water
¼ garlic clove, mashed
Dash salt

Yields 2 servings.

Separate each endive into individual leaves. Line clear 1-quart salad bowl with endive leaves with tips facing rim of bowl, like flower petals. Fill center of bowl with watercress; top watercress with cherry tomatoes arranged in circular pattern.

To prepare dressing, use mortar and pestle to mash sesame seed. In small bowl, combine sesame with lemon juice, vinegar, water, garlic and salt; mix well. Refrigerate for at least 30 minutes.

To serve, stir dressing and pour over salad.

From "Weight-Watchers Quick Start Program Cookbook" by Jean Nidetch; New American Library

Starting school with self-confidence

By Judith Witty

When summer vacation comes, can school be far behind? Soon thousands of youngsters will walk into a big, bright classroom for the first time.

Most 5-year-olds look forward to school. Some are scared silly. At least one little girl hides behind the excuse "What Will Mommy Do When I'm in School?" (Macmillan; 32 pages; \$12.95; preschool).

Dolores Johnson's premise is clever.

"I worry about my mother, 'cause I'm starting school tomorrow," the young narrator begins. Her parents try to convince her that Mom will survive the separation, but she remains doubtful. School will mean cold cereal instead of warm muffins in the morning. It brings to an end the togetherness of reading picture books and watching cartoons.

Mom wipes away the child's tears and assures her that school will be a great new adventure. "There will be so many new things you can even teach me."

The clincher is that Mom will be starting a new job tomorrow when the child leaves for school, with no chance of being bored or lonely.

Johnson's message is stated simply but subtly. Other reluctant kindergarteners will catch on and feel better for the book. Her representational paintings of parents and child are adequate, even expressive, but not nearly as imaginative as her idea. Johnson has brought forth a good book, a needed book, not quite an exceptional book.

Before public school there may well be day care, or "Going to My Nursery School." Susan Kuklin's photo essay follows a lively group of 4-year-olds through a typical day at the First Presbyterian Church Nursery School in New York City (Bradbury Press; 32 pages; \$12.95).

KIDS' HOME LIBRARY



The activities ostensibly are described by one of the pint-size students, Heath. Most days he likes school, and no wonder: This is obviously a well-equipped, well-run classroom. The youngsters are taught to recognize their names spelled out on their lockers and count out three crackers for themselves at snack time.

Also scheduled is a "work" time for clay or finger paints or building blocks; the children can choose. The mess is cleared up by the baby brigade. In a circle, the kids sing songs and share events and opinions. They play outdoors

and weather accidents and arguments. Kuklin's sharply focused color photos are endearingly candid.

Very young children often prefer real photographs to sophisticated paintings in thumbing through picture books. Seeing children just like them in ordinary, or even extraordinary, situations is that much more reassuring. Shrewdly, Kuklin captures many more smiles than tears.

Her final three pages are meant for parents facing the dilemma of "what to look for in a nursery school." Her helpful suggestions include some signposts that may not have occurred to parents.

Although kindergarten is supposed to be a year of socialization, not instruction, some kids arrive already spouting French or the theory of relativity. It doesn't hurt a child's prestige to know a few basics beforehand.

"Fun With Numbers" makes an easy game of learning. Preschoolers spin the pastebord wheel to the correct answers, with more chances of being right than with your usual roulette wheel (G.P. Putnam's Sons; eight doubled pages; \$5.95; to age 6).

Ron and Attie van der Meer keep the concepts simple. Children begin by matching two shoes to the two socks shown on the wheel; three flowers to three pots, etc. When that's mastered, they can add two bananas to two more, and find the final count on their fingers. The last page requires setting hands on a clock for their dinner hour or bedtime.

The objects are bright and clear, like the instructions. It's one piece of cake. The van der Meers have similar little board books out with spinning wheels of shapes and animals that are simpler to solve.

Learning the alphabet can be sheer fun with David Elliott's "An

Alphabet of Rotten Kids" (Philomel; 32 pages; \$14.95; ages 4-6). The little monsters' names alone are distinctive, from Agatha to Xerxes, and are devilish to learn.

Elliott invents the kind of mischief that every law-abiding kid finds laughable. Trouble is, it may give some youngsters ideas. "Oona, with so many o's, stuffed a bean inside her nose." And "perhaps you've heard of Ernestine, who painted her French poodle green."

Parental discretion is advised in buying this book. Only with firm caution from adults reading it aloud is it more entertaining than dangerous.

Oscar de Mejo boldly illustrates the escapades with clean-lined, cartoonlike characters. Some seem like strangely surreal adults, rather than children. His primitive artwork has been included in *The New York Times*' list of "Best-Illustrated Children's Books" twice. Such awards are subjective, of course.

Judith Witty's features have appeared in numerous publications. As a child, reading in apple trees was her favorite pastime.

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**LEGAL NOTICE
PUBLIC NOTICE**

PLEASE TAKE NOTICE, that the Town Board of the Town of Oyster Bay, New York, shall hold a regular meeting to conduct the public business of the government of the Town of Oyster Bay, on Tuesday, the 17th day of September, 1991, at 10 o'clock A.M., prevailing time at the Hearing Room, Town Hall, East Building, Audrey Avenue, Oyster Bay, New York. All interested members of the public are invited to attend. Pursuant to law, a public hearing will be held at the aforesaid time and place, or as soon thereafter as practicable, to consider the following amendment to Chapter 233 "Motor Vehicles and Traffic" of The Code of the Town of Oyster Bay, New York. **STOP SIGNS** shall be **ADDED** or **DELETED** to **SECTION 17-25** in the hamlets of Bethpage, Farmingdale, Glen Head, Massapequa, Plainview and Syosset. **NO STOPPING ZONES** shall be **ADDED** or **DELETED** from **SECTION 17-152** in the hamlets of Bethpage, Farmingdale and Massapequa. **STOPPING PROHIBITED DURING CERTAIN DAYS OR HOURS**, shall be **ADDED** to **SECTION 17-153** in the hamlet of Farmingdale. **NO PARKING ZONES** shall be **ADDED** or **DELETED** from **SECTION 17-165** in the hamlet of Massapequa. **PARKING PROHIBITED ON CERTAIN DAYS OR HOURS**, shall be **ADDED** or **DELETED** from **SECTION 17-166** in the hamlets of Massapequa and Syosset. **LIMITED PARKING ZONES ON CERTAIN DAYS OR HOURS**, shall be **ADDED** or **DELETED** from **SECTION 17-168** in the hamlets of Massapequa and Syosset. **NO TRUCKS OVER FOUR (4) TONS GROSS WEIGHT EXCEPT LOCAL DELIVERY** shall be **ADDED** to **SECTION 17-215** in the hamlet of Syosset.

The above mentioned amendment to Chapter 233 "Motor Vehicles and Traffic" is on file and may be viewed daily (except Saturday, Sunday and Holidays) between the hours of 9 a.m. and 4:45 p.m., prevailing time at the Office of Town Clerk. Any person interested in the subject matter of said hearing will be given an opportunity to be heard with reference thereto at the time and place above designated.

**BY ORDER OF THE
TOWN BOARD OF THE
TOWN OF OYSTER BAY**
Angelo A. Delligatti
Supervisor
Carl L. Marcellino
Town Clerk

Dated August 6, 1991
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NOTICE TO BIDDERS**

The Board of Education of Hicksville Union Free School District of the Town of Oyster Bay, Nassau County, New York, in accordance with Section 103 of Article 5-A of the General Municipal Law, hereby invites the submission of sealed bids on **AV EQUIPMENT 1991/92:24
ATHLETIC SUPPLIES &
EQUIPMENT-FALL/WINTER
SPORTS 1991/92:25** for use in the Schools of the District. Bids will be received until 2 p.m. on the 19th day of September, 1991, in the Purchasing Office at the Administration Building on Division Avenue at 6th Street, Hicksville, New York, at which time and place all bids will be publicly opened.
Specifications and bid form

LEGAL NOTICE

may be obtain at the Purchasing Office, Administration Building, Division Avenue, at 6th Street, Hicksville, New York.

The Board of Education reserves the right to reject all bids and to award the contract to other than the lowest bidder for any reason deemed in the best interest of the District. Any bid submitted will be binding for ninety (90) days subsequent to the date of bid opening.

**BOARD OF EDUCATION
HICKSVILLE UNION FREE
SCHOOL DISTRICT
TOWN OF OYSTER BAY
NASSAU COUNTY
NEW YORK**
Marie Egan
Purchasing Agent

Dated Aug. 27, 1991
MIT 2499

**Cusick Re-election
To Water Dist.**

112 votes were cast for the re-election of Gilbert E. Cusick to serve a three (3) year term as Water Commissioner of the Hicksville Water District, opposed none. Commissioner Gilbert E. Cusick wishes to express his thanks to those who came out to vote.

GRANDPARENTS - Send in your grandchildren's photos and enter our "World's Most Beautiful Grandchildren" contest. Just send a photo and a brief description of the child (or children) along with your name and address to: Litmor Publications, Beautiful Grandchildren Contest, 81 East Barclay St., Hicksville, N.Y. 11801. We'll do the rest!

**Hicksville History
Vol. Three Ready**

Volume III of the Hicksville Economic History series, "A Community Transformed: the Economic Evolution of Hicksville, 1961-1990", may be picked up by set subscribers at the Hicksville Public Library. The books are available from author Richard Evers in the library's Local History Room, Monday to Thursdays, between 2:15 and 5 p.m.

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family features.



Friday, September 6, 1991

The Art Of Wordplay

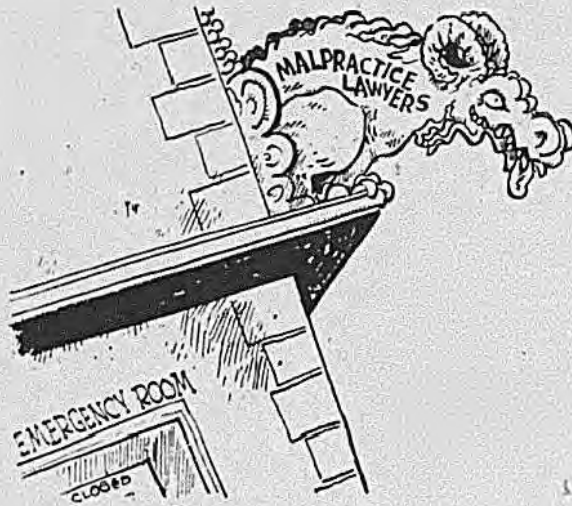


SEE PAGE 3



THE QUESTION OF THE WEEK

Do you think that awards in medical malpractice suits should be paid according to a uniform scale defined by law in order to keep health care insurance costs down?



Mixed Answers On Need For Book 'Final Exit'

Callers to Input have reservations about the book "Final Exit" in answer to this question: "Do you think that a book about how to commit suicide should be sold at bookstores?" Here are some of the answers:

PRIMER FOR MURDER

The book could turn out to be a primer for murder if wrong thinking people should buy it. Not only is it a book on how to commit suicide but it gives ways and means for simple murders. The problem is twofold, though, because we do not generally believe in censoring books. It should be sold to the public but it should not be pushed as something of a how to do it in murder. I think the author and publisher should have had more responsibility and not offered it for general release but through doctors and psychologists so that it would not be misused. J.G.

PERFECTLY LEGAL

This book is unfortunate but perfectly legal. It is unfortunate because it will influence many people to take their own lives and many do not have sufficient reason for committing suicide. I understand that people who are hopelessly ill and cannot find a way to alleviate pain might want to end their life but why can't they get advice from the medical field? K.D.

OLD PROBLEM

This book tackles a problem that has been pushed aside for a long time. In a free society I do not understand why there should be a law against attempting suicide and I cannot see anything wrong with someone who is terminal setting the time and circumstances of death. I do not know if the book should be in bookstores, but then if we do not believe in censorship, it would have to be there. I only hope that adolescents who are merely dependent do not get the book and end their lives needlessly. N.F.

SERVES PURPOSE

I think this book should be sold in bookstores and I think that the public should discuss the subject of ending life with dignity. So many people seem to have to go through long and endless suffering that is only mandated by outdated laws. The book serves a purpose. F.S.

DIFFERENT IDEA

I have a different idea of suicide books. Several years ago I had what was considered a deadly illness and doctors did not give me any hope. I used prayer and set my mind to getting along as best I could. I found that day by day my determination made the suffering less and today, three years later, I am not cured according to the doctors but I have had three years that were not at all as bad as I had thought in my mind when panic first hit me. Perhaps if I had seen this book I would have ended it all and missed seeing my latest grandchild. Whether it should be banned or not I will let up to the other members of the public but I think this book would have done me a disservice. H.G.

EXPLOITING PUBLIC

This book is another example of exploitation of the public. There is always a morbid curiosity about death and there are always those who would inflict death on others. I think "Final Exit" will appeal to these people and not be for the benefit of society. We have handgun laws, why not stop circulating a book that can do just as much damage as a gun? L.S.

DISCOURAGE ITS DISTRIBUTION

I guess that the real question should be whether the book on how to commit suicide should have been written at all. And yet, I bet the author will make a small fortune from its sale. Actually, in recent times we have seen how young people so easily adopt habits and a rationale from the examples they see in the movies, the TV, and written up in the newspapers and periodicals. The drug habit is a case in point as is the case with which young men put the hand-gun to work regardless of the consequences, knives, explosives and arson. So, it must seem quite obvious that young people in particular are easily influenced toward serious consideration of areas of human behavior which to the average person are abhorrent. So, while the author of the suicide book may be offering the book to the public ostensibly from the standpoint of helping individuals to solve their highly sensitive and monumental problems, he is in fact, preying upon these poor unfortunates for his own personal aggrandizement. In this land of free speech there seems to be very little that can be done to prevent the distribution of the suicide book but it seems that much can be done to discourage its distribution. P.G.S.

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Discovery!

The Art Of Wordplay

By Paula Freda

How many of us know how to daydream? The subconscious at play. Most of us, I'm sure, have at some time or other, or daily, been high on reverie - those lovely moments when we forget the present, leave reality and enter a state of semi-consciousness, a place between the clouds and the ends of the universe and beyond.

Here the laws of the physical world have very little to say. Here we become Gods. At will we can build, demolish, enhance, create. We can have that happy ending. We can imagine, without fearing the intrusion of the actual. However, intelligent daydreamers know what they may or may not beam back with them, and how to prevent the physical world from smothering those dreams and creations. Here's where maturity and clear thinking play an indispensable role.

For instance, let's take the subject of sensitivity:

Sensitivity, like gentleness and empathy, is a priceless gem in the treasure chest of emotions. It touches, moves and stimulates. It soothes and comforts and warms like cool wine.

Sensitivity, like gentleness and empathy, is a gem of the same origin and index, but of a different, more subtle, softer color and flavor - precious, integral and necessary.

Another instance, the language of romance - special words that can stir your insides, start a peculiar queasy sensation just below the heart, crescendoing to a sharp tingling sensation at the base of the spine and shooting upward, leaving behind a warm erotic spasm, followed by a delicate sensual euphoria.

Try these, for example:

Invigorating as a breath of sea air,
Intoxicating as an exotic perfume,
Cool, titillating as the scent of roses,
Hot, scorching as the sun over the Sahara.
Untamed, fierce, sweeping as a rampant windstorm.
Honorable, sweet, gracious as a silver-haired dame,
Precious, sweet, vulnerable as a newborn babe,
Significant, necessary as day and night,
Stimulating, enthralling, varied, perpetual,
Exquisitely passionate, slightly erotic,
Utterly emotional, perfectly suitable,
Romantic, exciting, innocent, superb.

The magnetism of the words, for some subtle, soft, pleasurable; for others honey-sweet, savage and sharp.

Here's what Robert Browning wrote:

Only I discern
Infinite passion, and the pain
Of finite hearts that yearn.

(Two in the Campagna - 1855)

On the subject of music-makers, Arthur Wm. Edgar O'Shaughnessy (1844-1881) wrote:

We are the music-makers,
And we are the dreamers of dreams,
Wandering by lone sea breakers,
And sitting by desolate streams;
World-losers and world forsakers,
On whom the pale moon gleams;
Yet we are the movers and shakers
Of the world forever, it seems....

One man with a dream, at pleasure
Shall go forth and conquer a crown;
And three with a new song's meausurg
Can trample an empire down.

(Ode, st. 1 and 2)

On Husbands I found this Anonymous piece:

"First, use care in the selection. Not too young, but tender, with a potential for growth. Choose one that will last a lifetime. Like fine wine, it should improve with age. Do not put in hot water. This removes the sweetness and destroys the natural flavor.

Prepare as follows: Saturate with love and compassion. Add a generous sprinkling of laughter and good humor. Spice with patience.



Wrap well in mantle of charity. Preserve over a good fire and steady devotion. Serve with peaches and cream. The poorest varieties may be improved by this process and kept indefinitely in any climate."

Still another great poet wrote:

Cross that rules the Southern Sky!
Stars that sweep, and turn, and fly,
Hear the Lovers' Litany:
"Love like ours can never die!"

Rudyard Kipling (1886)

The subject of Love has always intrigued me:

Love is flowers, kisses, embraces; touching, listening, caresses. Love is caring, hating, wanting; crying, laughing, dying. Love is joy, sorrow, tomorrow; to give, to take, to borrow. To love is to know, understand, accept; to wonder, puzzle, yet to trust.

Love is sometimes sweet, sometimes sour, sometimes bland. It is fire, water and sand. Love can be logical, or illogical; sane or insane. It is dear and necessary. It is breathing, existing, surviving; it is fraternity, paternity, maternity, eternity.

In truth, love cannot be described, probed, derived; neither can it be ignored, deplored, denied. It is an insignia, an enigma, a dilemma, classified under fantasia, erotica, insomnia. Possibly it can be forded, depleted, destroyed, but always it can be resurrected, intensified, perpetuated. Never will it fail to inspire, conspire, desire. It may turn you into a liar, a buyer, set you on fire; because it is worth having, craving, braving, whether by young people swaying or old folks graying.

Without it life is tepid, insipid, arid. Without it the spirit cannot be freed to breathe, to seed. Without it I am a stick, a brick, an unlit wick. Without it I am a fool, cruel, a witless mule. For love is a priceless jewel, a fiery fuel, a never-ending duel, midst early and late, destiny and fate..

In summary, love is the reaching within one's soul in order to touch another's.

Lastly, let's take Beauty:

There is a beauty of the heart, a gentleness of the spirit, and an innocence of the soul, which far surpasses and exceeds the fairness of the face, the ruggedness of the body, and the intelligence of the mind. And to this beauty, this gentleness, this innocence...the heart calleth.

How many of us know how to daydream? The subconscious at play. Here the laws of the physical world have very little to say. Here we become Gods. At will we can build, demolish, enhance, create. We can have that happy ending.

ABOUT THE AUTHOR

Paula Freda is a Hicksville resident and housewife. She is a freelance writer, publishes a small press, and has in the past coordinated writers' clubs in Hicksville and Plainview-Old Bethpage Libraries. This is her sixth contribution to *Discovery*.

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Wine Talk



By Richard Nalley

California may still be the biggest wine game in town, but it ain't the only one. Washington state has become a serious provider of delicious alternatives.

It says here that Washington will eventually be best-known for its graceful reds like Cabernet Sauvignon and Merlot, but the state also is a prime source for the kind of crisp, leaner-styled white wines that are so versatile at the table.

The best Washington whites show the benefit of cool-climate upbringing in their firmness and by packing in arrays of flavor and aroma without high alcohol levels or excessive richness. A sampler of Washington whites recently tasted also confirmed that their prices tend toward the lean as well, especially given their quality.

In the Chardonnay arena, I've often had good luck with Covey Run, and their 1987 Chardonnay Reserve, Yakima Valley is a sophisticated wine for around \$12 with soft green apple, vanilla and nutmeg flavors combined with a citrusy freshness. It gracefully carries off its hefty 13.5 percent alcohol.

The Salishan 1987 Chardonnay, Washington has come together since I first reported on it last fall. It's a cool climate beauty in a medium lean style, with palate-cleansing acidity and flavors of lemon, butter and smoky oak. It's a remarkable bargain at \$8.

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O.C.

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Q. I am in the habit of dining with my wife at a certain local restaurant which offers wonderful food at reasonable prices. Usually when I see the proprietor on the way out, I compliment him. My wife tells me this is out of line, but I see nothing wrong with expressing my gratitude whenever someone, including a restaurant owner, has done a commendable job. What is your opinion?

A. I'm with you all the way. I feel sure the proprietor appreciates your thoughtfulness and that your kind words would encourage him to continue doing his best.

CRITICISMS OF RESTAURANTS are sent directly to restaurants concerned in the form of a memo. Restaurants that consistently give bad service or food are dropped from these pages.

Barbara Rader 9/6/82
Cathy Urbach Pennysaver 9/28/84

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READER RATINGS



Q. I have heard it said that white wine is best with chicken. However, one of the best restaurants I know frequently serves chicken in a sauce made with red wine. I would appreciate your comment.

A. You are quite correct! The French, who may well be the best cooks in the world, prepare their famous coq au vin dish with red burgandy wine.

Incidentally, when chicken is served this way, it is preferable to order red wine rather than white to accompany the entree.

Q. When eating out, I am often tempted to enjoy my pie or pudding served with whipped cream. Tell me, how many calories do I actually save when I skip this all too delicious extra?
A. Whipped cream has 28 calories per tablespoon, so I would guess that the number of calories in the topping adds up to 150 or 200.



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READER RATINGS



Q. What do you do about someone who is terribly late for a business lunch? We waited the other day for someone for a full 30 minutes, and he was a no-show.

A. Order your lunch within 15 minutes maximum, so as not to inconvenience the guests who arrived on time. No one should have to be kept waiting for someone at lunch. The missing person could be tied up behind a fire truck on a crowded street or stuck in an elevator, or he may have forgotten. That is why you get on with the show without him.

Q. Last night we had fish and the host ordered a burgundy wine for the table. Isn't this use of a red wine in poor taste?

A. If it is in poor taste it would be up to the people consuming it to determine that it was not to their liking. The old fashioned etiquette about red wines being for meat and white for fish were a tradition but no one has to honor a tradition that is not to their particular liking. Get red wine with fish if you like.



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By Desiree Vivea

The avocado, that buttery-textured, delicately flavored, subtropical fruit, is native to Central America. The Aztecs long ago named the fruit "ahuacatl," which eventually evolved into our word "avocado."

California avocados account for about 90 percent of the nation's production, and most of these are of the Hass variety — the kind with the thick, bumpy skin that blackens as the fruit ripens. It must be that variety that gave avocados the nickname "alligator pear."

In fact, like the pear, the avocado is allowed to mature on the tree but is picked while the fruit is still unripe. Many, if not most, of the avocados you'll find in the market are hard and unripe — which means that you must ripen them at home.

MICRO-TIP OF THE WEEK

To soften a slightly underripe avocado (this will not work with a rock-hard one), set atop an upside-down saucer and microwave at HIGH (100 percent power) setting 30 to 60 seconds, turning and rotating every 15 seconds, until avocado is warm. Let cool before peeling. This is not the ideal way to ripen an avocado, but it can sometimes work in a pinch.

AVOCADO CHICKEN SOUP

2 cups chicken stock (or one 14½ ounce can plus water to make 2 cups)
 ¼ cup minced onion
 Dash cayenne pepper
 1 medium-size ripe avocado
 2 teaspoons fresh lime juice
 1 teaspoon soft butter
 ¼ teaspoon salt
 ½ teaspoon freshly ground black pepper
 Dried dill, to taste

Yields 2 servings.
 Preparation Time: 5 to 10 minutes.

Cooking Time: 8 to 11 minutes.
 Oven Setting: HIGH (100 percent power).

In a 2-quart, microwave-safe casserole combine chicken stock and onion. Sprinkle with a dash of cayenne pepper. Cover and microwave 4 to 6 minutes or until broth boils. Continue microwaving 4 to 5 minutes longer, or until onion is tender. Remove from oven and set aside.

Mash avocado in a small bowl with fork until smooth. Blend in lime juice, butter, salt and pepper. Add to hot chicken broth and stir well with wire whisk to blend.

Ladle into 2 soup bowls and top each with a dash of dried dill weed to taste.

HERBED AVOCADO CHICKEN

2 tablespoons butter or margarine
 ¼ pound thinly sliced fresh mushrooms
 1 clove garlic, minced
 ¼ cup dry white wine
 2 tablespoons chopped fresh parsley
 ½ teaspoon each dry oregano and basil leaves
 ¼ teaspoon freshly ground black pepper

3 whole chicken breasts (about 1 pound each), split, skinned and boned
 ¼ cup heavy cream
 Paprika
 1 large, ripe avocado, peeled, pitted and sliced lengthwise
 1 medium, ripe tomato, cut into 6 wedges

Yields 6 servings.
 Preparation Time: 15 minutes.
 Cooking Time: 11 to 16 minutes.

Oven Setting: HIGH (100 percent power); MEDIUM (50 percent power).

In a 2½ quart microwave-safe casserole combine butter, mushrooms and garlic. Microwave 2 to 3 minutes, stirring halfway through, until mushrooms are limp. Stir in wine, parsley, dried herbs and pepper.

Arrange chicken in casserole, turning to coat with wine mixture. Cover and microwave 4 minutes. Turn and rearrange. Microwave, uncovered, 4 to 7 minutes longer, or until chicken is no longer pink in center and juices run clear.

Remove chicken to serving platter; cover to keep warm. Stir cream into juices in pan and microwave 1 to 2 minutes at MEDIUM setting, to warm. Pour cream sauce over chicken. Sprinkle lightly with paprika and garnish with sliced avocado and tomato. Serve immediately.

BACON AVOCADO CHEESE MELT

4 slices bacon
 2 tablespoons mayonnaise
 4 slices whole-wheat bread, toasted
 6 thin slices avocado
 4 thin slices tomato
 4 thin slices mild cheddar cheese
 ¼ cup alfalfa sprouts

Yields 2 sandwiches.
 Preparation Time: 10 to 15 minutes.

Cooking Time: 3¼ to 5¼ minutes.

Oven Setting: HIGH (100 percent power); MEDIUM (50 percent power).

Separate bacon strips and arrange on a paper towel-lined plate or on a microwave bacon rack. Microwave at HIGH setting 2 to 3¼ minutes, or until bacon is brown.

Spread 1 tablespoon mayonnaise on each of 2 slices of toast. Top each with 2 slices of bacon, several slices of avocado and 2 slices each of tomato and cheese.

Place sandwiches on paper towel-lined plate and microwave at MEDIUM setting 1¼ to 2 minutes, or until cheese melts. Top with alfalfa sprouts, then with remaining slices of toast. Serve immediately.



By Willard Abraham, Ph.D.

Dr. Abraham: Some of the boys at our high school have begun to dress and cut their hair in weird ways that have been attracting a lot of attention. It's only their appearance that has changed, so I don't see anything wrong with that.

Some of my friends think it's just a short step from what they are doing until they start having strange thoughts regarding other races, Nazi ideas and drugs. A few of them have stopped having contacts with these fellows.

One of these guys is a good friend of mine, so I have asked him about that. He said it's a bunch of malarky and what you see is what you get. He insists that it is just that he likes the way he looks.

I think that's pretty strange, because he has half a head with no hair, square glasses and leathery clothes and boots make him look peculiar. But I really have no evidence that he or the others are into the terrible things that some people think they are.

So may I have your opinion, please? — No name.

No name: If he is still a friend of yours and you believe what he says, I don't see any reason to cut off the friendship (if that's what you are considering). I hope he won't go off into any of the directions feared by others or that the school administration doesn't crack down based on unsubstantiated accusations.

We have to be on guard against bigotry based on how a person looks. You're to be commended for not being swept into questionable attitudes based on no solid evidence.

Dr. Abraham: I really love my girlfriend, and she has proved in many ways that she loves me, too. But she does one thing that really ticks me off.

Whenever we're out somewhere, she can't seem to stop eyeing every guy who walks in our direction. It's not just eye connection, but up and down, if you get what I mean.

When I ask her about this, she says it's because they are interesting to look at. I'll admit that she never tries to talk to them or get a date, but her kind of looking sure bothers me.

Maybe I should eye other girls in that way. Do you think that might stop her? — Ted.

Ted: It might, or maybe it would all end up as enjoyable experiences for both of you (or else have you both upset).

But more seriously, if that is really the only thing about her that bothers you,

perhaps you can distract her by conversation or anticipate her eye involvement by pointing out something that may attract her attention in another direction.

If both of you are as sure of your love as you seem to be, having this one irritant in your relationship may really be less important than it now appears to be with you.

I hope her visual infatuation will gradually fade away. It sometimes does when the main guy in a girl's life becomes even more important to her or when his request for a particular behavioral change is more listened to.

Dr. Abraham: Maybe I'm as strange as my mother tells me I am, but I don't think so. I hope you agree with me.

She has many friends and spends a lot of time with them. She and my dad have company two or three times a week, go out to or with others the same number of times and are rarely at home evenings.

I'm the only kid in the family, so I'm here at home alone most of the time. She thinks that I ought to be with my friends more, calls me a "loner," and my dad goes along with her.

I could be with others whenever I want to, and I am sometimes after school or on weekends and more now during the summer. That's enough for me. Between reading, TV, some good hobbies, the friends I'm with once in a while and homework when school is in session, my time is really full.

Is there anything wrong with that? — Eddie

Eddie: I don't think so, but because your mother's personality is obviously different from yours, she apparently does.

She probably knows (but you might remind her) that all people have different needs, and you enjoy your privacy even though she is less in need of hers. You might also want to remind her that you do see friends, but they often have schedules somewhat like yours.

Cooking Corner



By Linda Susan Dudley

GRILLED VEGETABLES

- Olive oil
- Lemon juice or wine vinegar
- Salt and pepper to taste
- Potatoes, small red or new, halved or cut into thick slices
- Onions, red, yellow or white, peeled and halved or quartered but with root portion attached to hold segments together
- Artichokes, boiled for about 10 minutes and drained, then trimmed completely to the hearts
- Belgian endive, root trimmed but attached, halved lengthwise
- Mushrooms, preferably large and thick, trimmed (halved or quartered if very large)
- Asparagus, preferably large stalks, with tough ends trimmed

Mix oil coating by mixing 3 parts oil to 1 part lemon juice or vinegar. Prepare vegetables and brush with coating mix and sprinkle with salt and pepper if desired. (Remember, however, that grilling will probably intensify flavor of vegetable so you may not want salt.)

Place vegetables on grill. Longer-cooking vegetables, such as potatoes, should be put on first and over higher heat. Watch to turn them as they begin to brown and then to put them on cooler area of grill to finish cooking. Sliced potatoes cook faster than whole or halved ones.



Cooking Corner

For onions, the outside cooks first; a little charring can be delicious, especially as this contrasts to the sweet inside.

Artichokes take on a roasted flavor. Large hearts may be cut in half, if desired. Hearts should be grilled over fairly low heat and turned as they turn color.

Cook Belgian endive slowly to a golden brown.

Mushrooms cook quickly and should be brushed frequently with oil coating so they don't dry out.

Grilling asparagus brings out the vegetable's natural sweetness and intensified the green color. Take care not to overcook.

When choosing vegetables, look for an assortment that contrasts

in texture and color. Move vegetables that need longer cooking to cooler place on grill to finish cooking. Brush with oil coating as vegetables cook and at end of cooking time.

SEAFOOD ON THE GRILL

For cooking seafood on the grill, here are some hints from the California Fisheries and Seafood Institute.

- To prevent fish from sticking on barbecue, spray cold grill with non-stick vegetable spray or brush with any salad or cooking oil.

- Always cook fish on preheated grill.

- For tender fish fillets or kabobs, place a sheet of greased foil, cut just large enough to hold a single portion of fish on grill. Use skewer to poke holes in foil, then place fish on foil.

- Before placing fish on grill, have coals cooked down to even, gray ash. This means starting charcoal 30 to 45 minutes before cooking.

- After placing fish on grill, brush it often with marinade of lemon juice-and-oil mixture. Mix melted butter or oil on basis of 2 parts to 1 part lemon juice.

- If fish is less than 1 inch thick, cook about 7 to 8 minutes, turning only once. Thin fillets do not need to be turned at all. If it is 1 to 2 inches thick, allow 10 to 15 minutes. Fish is cooked when flesh changes from translucent to opaque. Take care not to overcook.

...

Serve this marvelous sauce over vanilla ice cream, or cake ... or anything else sinfully delicious. It would even make a tasty sauce to serve with ham. The time for these plump, sweet cherries is short. Generally the season only extends from June to August.

BURGUNDY CHERRY SAUCE

- 2 cups fresh sweet cherries, pitted and halved
- 3 tablespoons orange juice
- 3 tablespoons Burgundy wine

- ¼ cup sugar
- 1 tablespoon grated orange peel
- 1 tablespoon cold water
- 2 teaspoons cornstarch

Combine all ingredients except water and cornstarch. Cover and simmer gently 5 minutes. Combine water and cornstarch; stir into cherry mixture. Cook and stir until thickened and clear.

...

This fruity salsa is perfect over grilled fish, especially swordfish. Apricots are a source of vitamin A, potassium and fiber.

FRESH APRICOT SALSA

- 1 cup diced fresh apricots (3 to 4 apricots)

- ½ cup diced fresh or canned pineapple
- ¼ cup chopped onion
- 1 small avocado, diced (½ cup)
- ¼ cup red bell pepper, seeded and diced
- 1½ tablespoons lime juice
- 1 teaspoon finely chopped cilantro

Yields 4 servings.

In medium bowl, combine apricots with next 4 ingredients. Sprinkle apricot mixture with lime juice and cilantro; toss and chill until ready to serve.

NECTARINE HOT AND CHILLY THAI SALAD

- ½ cup each corn oil and lime juice
- 2 tablespoons each chopped fresh mint leaves, cilantro and pickled jalapeno chili, seeded
- ¼ teaspoon sugar
- 12 ounces coil vermicelli pasta, cooked, rinsed in cold water, drained and cooled
- ½ cup chopped red onion, peeled
- Lettuce leaves
- ¾ pound medium-size shrimp, shelled, cooked and chilled
- 3 fresh nectarines, sliced
- 1 cucumber, peeled and sliced
- Dried, crushed red chili flakes

Yields 4 servings.

Combine in jar first 6 ingredients. Cover with tight-fitting lid

and shake vigorously until well blended; set aside. In medium bowl, combine pasta, onion and half of dressing; toss until well mixed.

To serve: Place pasta on lettuce-lined platter, arrange shrimp, nectarine and cucumber slices on top of pasta; drizzle with remaining dressing and garnish by sprinkling with dried crushed red chili flakes.

...

Peach experts say peeling isn't necessary for peaches. I prefer peeled fruit in a pie, but do it your way. It's easy to peel peaches if the fruit is submerged into boiling water 30 seconds, removed with slotted spoon and immediately plunged into cold water. Skin will slip off easily.

FRESH PEACH PIE

- ½ cup brown sugar (packed)
- ¼ cup flour
- ½ teaspoon cinnamon
- ¼ teaspoon each ground ginger and nutmeg
- 6 fresh peaches, seeded, peeled and sliced
- Unbaked pastry for double-crust, 9-inch pie

Yields 8 servings.

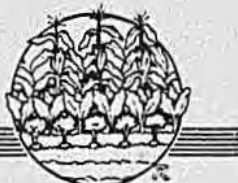
Combine all ingredients except peaches and pastry; mix to blend. Add to peaches, tossing gently. Pour filling into pastry-lined pie plate; cover with top crust, seal edges. Bake in 400 F oven 10 minutes, reduce heat to 375 F and continue baking 45 minutes or until crust is golden and filling bubbly. Cool slightly before cutting.

GARDEN TIPS

Starting new poinsettias



- Use a few shoot tips removed from parent plant as cuttings; recut ends just below a leaf joint, remove lower set of leaves and cut away portion of any remaining large leaves.
- Cuttings can be rooted individually in 4-inch-wide pots or together in large communal pots; once cuttings root and begin putting on new growth, pot individually into 5-inch-wide pots or set 3 to an 8-inch pot.
- As soon as growth begins to elongate, pinch out growing tips regularly until early September for a nice compact, bushy plant.
- Keep poinsettias well watered but never soggy; bright but not hot location, daytime temperature of 70°F with drop to around 65°F at night is ideal.



By Patrick Denton

Timely green and savory thoughts

NEW POINSETTIAS NOW

Many of us will have our Christmas poinsettia plants plumping outdoors now in a lightly shaded spot. For new, young plants to enjoy or to give to friends at Christmas time, use a few shoot tips removed from the parent plant as cuttings. Re-cut the ends just below a leaf joint, remove the lower set of leaves and cut away a portion of any remaining large leaves to reduce transpiration and stress to the cutting as it forms roots.

Poinsettia cuttings can be rooted individually in 4-inch-wide pots or together in larger communal pots, preferably shallow bulb or azalea type pots to reduce the danger of rotting from a large mess of damp soil beneath the cuttings. Once the cuttings root and begin putting on new growth, pot them individually into 5-inch-wide pots or set three in an 8-inch pot.

For rooting the cutting I use a mixture comprised of 1/2 each sterilized soil (which I purchase), peat moss and perlite with about 1 tablespoonful of bonemeal mixed into each 8-inch potful of the mix.

Fill the pot or pots with the mix, pressing it just lightly into the pot to avoid compaction and leaving the soil line a little beneath the rim to facilitate watering. Poke holes in the mix to receive the cuttings, whose ends can be dipped in a rooting hormone first if you have some.

Tap off any excess before placing and firming the cutting into the pot. Water the soil mix well, and set the pot in a lightly shaded place with a moisture-conserving plastic tent held above the foliage until the fresh growth signals that the cuttings have rooted and new plants are under way.

As soon as growth starts to elongate on the new plants, pinch out the growing tips regularly until early September for a nice compact, bushy plant. Keep your poinsettias well watered but never soggy. Ideally suited to poinsettias is a bright but not hot location, ideally around 70 degrees with a drop to around 65 degrees at night.

For plants with colored bracts at Christmas, ensure long (14-hour) nights of uninterrupted darkness — either by placing the plants in a room where no artificial light is ever switched on between dusk and dawn, or by setting a light-tight box over the plants from 5 p.m. to 7 p.m. every day. Once your poinsettia plants are coming into full color early in December, you can discontinue this darkness control procedure.

DILLED BEANS

An old favorite family recipe that I resurrect and use every summer is one for dilled beans, a

treat that is a wonderful salad ingredient, appetizer, and conversation piece at parties. People give the beans dubious looks at first but after the first taste they always rave about them. Here is the recipe.

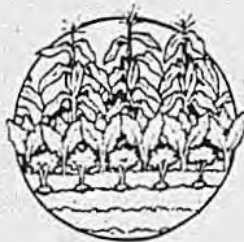
Blanch for 2 minutes fresh young green beans with their tails and a short stem left on. Pack them upright, stems uppermost, in sterilized jars. To each jar add a small red pickling pepper, one clove garlic and one head of dill. Heat a brine made of equal parts water and cider vinegar (I've seen recipes that call for plain white vinegar too), with half a cup pickling salt added to each 5 cups of the vinegar-water blend. Add some extra dill to flavor the brine.

Bring the mixture to a boil, remove the dill, and pour over the beans leaving a 1/2 inch head space. Seal and process for 10 minutes in a canner. Allow the beans at least two weeks to develop their full flavor before sampling.

MINT SAUCE

I can recall thinking, as I tried my father's method for making mint sauce the first time, that this certainly was a mucky-looking mess. And I almost didn't bother bottling the stuff. What a loss that would have been, for the sauce — though it would win no beauty contest — tastes divine spooned over lamb chops or slices of lamb roast.

Here's how to make it: Boil 1 pound sugar with one quart vinegar for 10 minutes. Then slowly add washed and finely chopped mint leaves. Use a "big bunch" of mint. Bottle the mixture. I usually seal a few small jars of the sauce for the winter. The recipe calls for adding hot water to the concentrate to use it, but I use mine straight.



By Willard Abraham, Ph.D.



Adolescent depression and suicide

Dear Parents: I hesitated for just a moment about including some information on a super-serious adolescent topic in this column. That hesitancy quickly passed because any subject that worries some parents is fair game here.

No one can really dispute the fact that a recent brochure of the American Academy of Pediatrics titled "Surviving: Coping with Adolescent Depression and Suicide" is well worth bringing to the attention of at least some of you. If it helps even one parent and troubled young person, it deserves special attention.

The excellent reputation of the academy and the practical content are enough to get it into the hands of concerned parents, although they may be only a limited part of our parent population.

These suicide figures may startle you: In 1955 the rate among adolescents was estimated at four each day, and by 1984 it jumped to 15 per day; adolescent and young adult suicides have tripled in the past 25 years (6,000 in 1984); between 1970 and 1980 this death rate among white males 15 to 19 years old increased 60 percent.

Some people call it a major crisis; others refer to it as an epidemic.

Because it is preventable, I'm sharing this brochure's warning signs with you:

- Noticeable changes in eating or sleeping habits.
- Unexplained or unusually severe violent or rebellious behavior.
- Withdrawal from family and friends.
- Running away.
- Persistent boredom and/or difficulty concentrating.
- Drug and/or alcohol abuse.
- Unexplained decline in the quality of school work.
- Unusual neglect of appearance.

- Radical personality change.
- Psychosomatic complaints
- Preoccupation with themes of death.
- Giving away prized possessions.
- Expressing suicidal thoughts, even jokingly.

The brochure stresses that parents and friends can help a depressed adolescent in the following ways:

- Listen. Don't dismiss the adolescent's problems as trivial. To him or her, they matter a great

deal and are creating unhappy-ners.

• Be honest. If you're worried about him or her, say so. You will not spark thoughts of suicide by asking about it.

• Share your feelings. Let the adolescent know that he or she is not alone. Everyone can feel sad or depressed at times.

• Get help. Find a physician, psychologist, or other qualified professional to tackle the potential suicide problem. Don't wait for it to "go away." Although simple depression can disappear as quickly as it came, it can also escalate to the point that an adolescent thinks of suicide as the only way out.

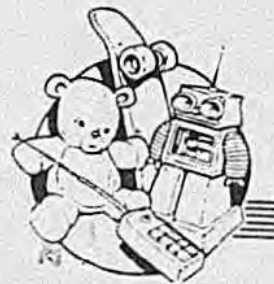
A copy of this brochure can be obtained at no cost by sending a self-addressed, stamped, business-size envelope to "Surviving: Coping with Adolescent Depression and Suicide," Department C, American Academy of Pediatrics, P.O. Box 927, Elk Grove Village, IL 60009-0927.

The academy suggests the following organizations for additional information on suicide prevention:

National Committee for Youth Suicide Prevention, 230 Park Ave., Suite 835, New York, NY 10169.

National Mental Health Association, 1021 Prince St., Arlington, VA 22314.

American Psychiatric Association, 1400 K St., N.W., Washington, DC 20005.





Fitness Forum

A new wrinkle in personal training

By Jack Williams

It doesn't take long to figure out where you stand with Gloria Gonzalez.

Enter her cozy exercise studio in La Jolla, far from the teeming masses who inundate the everything-for-everybody shops in San Diego, and she'll give your posture the once over.

With a video camera.

The better to monitor your stance, your carriage, your gait, your exercise mechanics and your flexibility.

And you thought all you had to do was pick up a few weights, hop on an exercise bike, check your cholesterol and tuck in your gut when you pass by the coed aerobics class.

But for Gonzalez, and a new generation of fitness mavens who would pay as much attention to the total human as to his target heart rate, exercise is up close and personalized. Perhaps even with a screen test, of sorts, as part of the package.

Either in small clusters of people, or one-on-one, the avoid-the-crowd concept of getting the most for your exercise dollar in the least amount of time is muscling its way into the mainstream.

"What it's doing," says Sheryl Marks, executive director of the American Council on Exercise, "is forcing the average fitness center to increase its services and improve in order to compete."

"People want more individualization. They have greater expectations from the person they're working with. It's a trend that's been going on for some time, and it may become the norm."

In any case, it seems to fit the fitness-for-the-'90s vision of Toni Beck, a national consultant to health spas: "People will learn to work out correctly, rather than just flinging themselves around aimlessly."

And: "By exercising with the same person repeatedly — provided you have the right trainer — you get the best feedback for your body and are the most productive."

Ron Zappardino, owner of Top O' the Cove restaurant in La Jolla, could have told you that nearly five years ago. With more money than time to spend on shaping up, he sought one-on-one guidance because "I need the kind of discipline that comes from a personal trainer."

"It makes me work harder, more focused. I tell people what to do all day, 60 to 80 hours a week at the restaurant, and I need someone to tell me what to do when I work out."

So Zappardino, 42, whisks off to Gonzalez's Fitness Image of La Jolla four or five days a week, for

sessions with Gonzalez or one of her six trainers between lunch and dinner shifts.

He has combined the weight training and stretching he does one-on-one with enough swimming, running and biking to complete two triathlons and reduce his 146 pounds to an exemplary 11 percent body fat.

"We took Ron from 20 minutes on a bike, to running a mile and a half, to running to the top of Mount Soledad," says Gonzalez. "He's an athlete now, and we couldn't have said that five years ago."

TALE OF THE TAPE

Before undergoing his physiological metamorphosis, Zappardino underwent a fitness assessment and videotaped posture analysis to target areas of greatest weakness.

"Having a client look at themselves on tape makes all the difference," says Gonzalez, "as opposed to telling them what they look like. Bringing back posture is a sign of youth — it makes you feel younger again."

Says Zappardino: "You can see on the video analysis if one shoulder is higher than the other, where you need to make a change."

"I've found that making changes in the way you get out of bed, reach and stride can make you stronger."

One-on-one training — which a decade ago was largely confined to the Chers, Harrison Fords and Raquel Welch of the world in the privacy of their own home gyms — has filtered down to all manner of domestic and health-club settings.

But the minihealth clubs offered by Gonzalez and Renaissance make personalized training a priority in an area awash with sprawling, popularly priced, impersonal gyms and hard-core bodybuilding havens.

Nick Holslag Jr., owner of Renaissance, and his staff of six certified trainers either go to the client's home or work with him or her in their gyms. Fees range from \$30 to \$68 per hour for their 62 clients, about 70 percent of whom have joined larger clubs without one-on-one training in the past.

YOU CAN GO IT ALONE

Average clients, says Holslag, retains Renaissance's services for two years, after which they may be equipped with enough knowledge and motivation to continue on their own.

"They'll pay a little more when they come here, but they'll use it," says Holslag. "There seems to be more interest in personal trainers because more people are unsure of what they're doing out there."

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By Kit Snedaker

low-fat chicken

BRANDIED CHICKEN PATE

- 1 eggplant (about 1 1/4 pounds)
- 1 tablespoon olive oil
- 1/4 cup chopped shallots
- 1 clove garlic, chopped
- 1 tablespoon all-purpose flour
- 1 pound ground chicken
- 2 teaspoons chopped fresh thyme or 1/2 teaspoon dried
- 1 teaspoon ground allspice
- 1 teaspoon freshly ground pepper
- 1/4 cup low-sodium chicken broth
- 3 tablespoons cognac or brandy
- 1 teaspoon unflavored gelatin
- Crackers or round of French bread

Yields about 4 cups. Each tablespoonful has 18 calories, 1 gram fat, 6 milligrams cholesterol and 10 milligrams sodium.

Preheat broiler. Pierce eggplant once or twice and broil it 4 inches from heat, turning until charred all over, about 15 minutes. Let stand until cool enough to handle, then peel and reserve eggplant.

In large non-stick skillet, heat oil over medium heat. Add shallots and garlic and cook, stirring, until softened, about 3 minutes. Stir in flour and cook 1 or 2 minutes.

Add chicken and cook, breaking up any lumps with back of spoon, until no longer pink, about 5 minutes. Stir in thyme, allspice and pepper. Add chicken broth and cook until liquid is absorbed, about 5 minutes.

Place eggplant in bowl of food processor and puree. Add chicken mixture and puree until smooth. Blend in cognac. Spoon into 1-quart serving dish. In small bowl, sprinkle gelatin over 1/4 cup cold water. Let stand 2 to 3 minutes until softened.

Place over simmering water and stir occasionally until dissolved. Pour dissolved gelatin over pate and refrigerate until cold and set, several hours or overnight. Serve with crackers.

Cobb salad was created in the original Brown Derby restaurant in Los Angeles. It was a signature dish celebrities loved. Here low-fat turkey ham substitutes for bacon and hard-cooked egg whites for egg yolks.

COBB SALAD

- 1 pound boneless, skinless chicken breast halves
- 2 tablespoons white wine vinegar
- 2 teaspoons vegetable oil
- 2 ounces blue cheese, crumbled (about 1/2 cup)
- 1/2 teaspoon freshly ground pepper
- 8 cups shredded romaine or iceberg lettuce

- 4 hard-cooked egg whites, diced
- 1/2 firm ripe avocado, peeled, pitted and cut into thin strips
- 1 pound fresh, ripe tomatoes, cut into 1/2-inch dice (about 2 cups)
- 8 radishes, trimmed and thinly sliced
- 2 ounces low-fat turkey ham, cut into thin strips
- 1/2 cup diced red onion

Yields 4 servings. Each has about 335 calories, 14 grams fat, 81 milligrams cholesterol and 200 milligrams sodium.

Place chicken in large skillet. Add water to cover and heat to simmer. Reduce heat to low and poach, uncovered, until chicken is white throughout, 7 to 8 minutes. Remove chicken, cover loosely and let stand until cool enough to handle. Cut chicken into 1-inch pieces.

In small bowl, whisk together wine vinegar, oil, blue cheese and pepper. Place lettuce in large bowl. Arrange chicken, egg whites, avocado, tomatoes, radishes, turkey ham and onion on top. Just before serving, drizzle dressing over salad and toss.

...

Jerk means coated in a marinade of Jamaican herbs, spices and chilies, then barbecued.

JAMAICAN JERK CHICKEN WINGS

- 1/2 cup pineapple preserves
- 1/4 cup unsweetened pineapple juice
- 1 tablespoon distilled white vinegar
- 1 tablespoon dark brown sugar
- 2 scallions, minced
- 2 garlic cloves, minced
- 2 hot green chilies, seeded and minced
- 1/2 teaspoon ground allspice
- 1/2 teaspoon ground ginger
- 1/2 teaspoon dried thyme leaves
- 1/2 teaspoon freshly ground pepper
- 1/2 teaspoon cayenne pepper
- 16 chicken wingettes (about 2 1/2 pounds) or 8 chicken wings separated, wing tips discarded

Yields 4 servings. Each has about 415 calories, 21 grams fat, 90 milligrams cholesterol and 167 milligrams sodium.

In medium bowl, combine all ingredients except chicken wings. Stir to blend. Add wings and toss to coat completely. Refrigerate, covered, 1 hour.

Preheat oven to 400 F. Place wings in flameproof baking pan in single layer and bake, basting with pan drippings every 10 minutes, until browned, 30 to 35 minutes.

Heat broiler. Transfer pan to broiler and broil 4 inches from heat until wings are glazed, about 2 minutes. Serve at once.

HEALTH WATCH

Leading types of surgical operations

These are the 10 most-common inpatient surgical procedures (excluding forceps deliveries, episiotomies and other procedures related to vaginal births).



Surgeries	(in thousands per year)
Blopsy	1,378
Cesarean section	953
Cardiac catheterization	866
Hysterectomy	656
Spinal surgery (such as spinal taps and repairs of broken vertebrae)	588
Treating skin abnormalities (such as draining cysts, surgery on skin lesions)	588
Joint replacement	556
Gallbladder removal	538
Removing fallopian tubes and/or ovaries	490
Surgically resetting broken bones	481

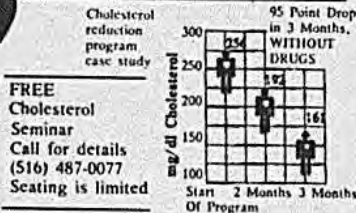
SOURCE: National Center for Health Statistics
National Hospital Discharge Survey, 1987

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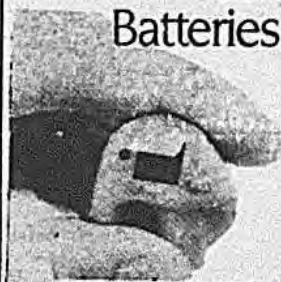
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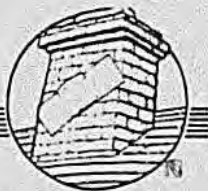
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Here's How



By Gene Gary

Latex more durable than paint

Q. The aluminum siding on our home is a dingy gray, which I would like to change. Cleaning is not the answer because the grayish appearance is part of the original color. I would like something brighter, such as a light green or blue-green. Is it possible to paint this siding? If so, what type of paint would you recommend?

A. Several companies make products for painting metal surfaces. One such product is a Metal Siding Refinish marketed by Pittsburgh Paints. It comes in a wide variety of colors.

This latex paint dries to a low-luster eggshell sheen, which is much like the finish on new siding. It's a urethane-modified acrylic paint that produces a harder, more durable film than ordinary house paint. If you need more information, Pittsburgh Paints has a toll-free number for their paint information desk, (800) 441-9695.

Q. My question concerns the successful painting of a sidewalk at my home. After three failures,

with three different products, I am interested in what you would recommend. Since the area to be painted is small, cost is no object.

All three paints, after a short time, lifted and peeled from the carefully cleaned surface. When I lived in Texas, I had very good results with a two-part epoxy paint. However, I have been unable to find it in California. Do you know of any paint dealership here where two-part epoxy can be purchased?

A. When painting concrete, surface preparation is extremely important. The surface should be free of all peeling and deteriorating paint, dirt, grease, oil, laitance and efflorescence.

Paint should be removed with a commercial paint remover; dirt is removed with water and a brush; grease and oil clean off with trisodium phosphate (TSP) and a thorough rinse; laitance (a fine powder-like material sometimes found on hardened concrete) must be removed with steel brushes or acid etching; and efflorescence re-

quires washing with a 5 percent to 10 percent solution of muriatic acid.

Concrete that has an exceptionally smooth surface (such as that cast in forms) makes adhesion of coatings difficult. Such surfaces should be pressure washed, etched with a strong solution of muriatic acid (probably the easiest way to rough up concrete for the do-it-yourselfer), or ground with silicon carbide stones to provide a slightly roughed surface.

After any cleaning procedure, be sure that the surface is thoroughly flushed with clean water and allowed to dry completely prior to painting. Concrete paint for exterior surfaces should be the

breathing type that permits water vapor to travel through the surface, preventing both blistering of paint and spalling of masonry (in climates where freezing or entrapped moisture causes this problem).

Types of paint available for concrete have bases such as portland cement, oil, latex, rubber and epoxy resin. Some of the best durability is in the portland cement-based paints used predominately as waterproofing cement paints and often applied to a dampened surface. Some brand names to look for include Thoroseal, Glidden, Bondex, Akona and Xypex.

All products are not available in all states due to newer environmental regulations. A paint dealer that carries a long product line for

both commercial and residential buyers is your best bet for advice.

Two-part epoxy paints are usually readily available from marine supply outlets.

Where the freeze-thaw cycle is not a problem the two-part epoxy paints may wear well. However, they do not have the breathing capability that is required in colder climates.

In any event, paint application on a walkway such as you describe will tend to wear away and will probably require repainting every two to three years.

Q. Your statement made in a recent column regarding the use of trisodium phosphate is in error. Since phosphates were removed from general laundry use many years ago, this product is no longer available.

There is such a product masquerading as trisodium phosphate with big TSP letters on the box. It calls itself TSP cleaner. The fine print on the back states "TSP is similar in action to trisodium phosphate." However, the formula contains no phosphates or pollutants. And it sure doesn't do the job.

A. This is just one of many products no longer available in some sections of the country where new environmental protection laws have banned the use of toxic and controversial substances.

Decor Score

By Rose Bennett Gilbert



New living space

Q. There's space over our three-car garage that we'd like to make over into an apartment for our son, who's attending a community college. Any budget-wise tips would be appreciated. — G.L.

A. In these tight economic times, lots of homeowners are looking for new living space on the old homestead. So you've asked a good question at the right time.

In fact, when the editors of *Home* magazine built a brand-new idea house in Atlanta recently, they kept it small, compact and very realistic for the times.

In the photo we show here, there are a number of charming answers to your quest. Actually created over a garage, this is the main room of a space-wise apartment that would be as kind to your budget as to your son.

With its sloping ceilings, birch paneling and dormered windows, the room looks spacious and cozy at the same time. Best, it offers the amenities of a full-fledged apartment: The leather sofa converts to a bed, the twig furniture is casual and inexpensive, and the carpet is made from squares (they could be samples from the rug store) taped together in an interesting, asymmetrical pattern.

Note how the standing screen and dramatic wall sculptures —

boards hand-carved into fish store signs — add vertical lines that help balance the inherently short walls in the room.

Out of the picture to the left is a provincial-style pine table that doubles as a desk or dining table. The kitchen could be tucked into a sliver of space behind folding doors, and the bath behind a partition to save more on building costs.

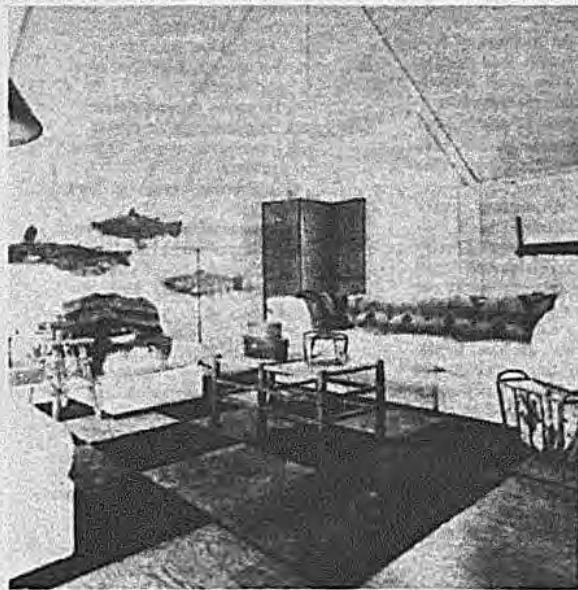
Q. I want to buy a new dining room set, but it's made of mahogany and I understand a lot of mahogany comes from the rain forests in Brazil. Is there any way I can be sure I'm not helping destroy the forests? — Concerned in California

A. Many people are eager to "buy green" these days, a fact that hasn't been lost on the furniture industry.

The Rainforest Alliance, a conservation group in New York, has launched a "Smart Wood" program that certifies that the furniture earning such a designation does not come from wood harvested in the rain forests.

Instead, mahogany (and teak) that wears the "Smart Wood" label was raised on plantations in Indonesia. Cedar furniture so designated was probably cut in com-

munity-managed natural forests in Honduras, according to *Furniture Today*, the furniture industry newspaper.



APARTMENT CHIC — Asymmetrically shaped checkered rug and twig furniture impart personality to apartment space carved out over a garage.



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TYPIST, IMMEDIATE. PERMANENT Part time. Mon.-Tues.-Wed. 9-5. Call 931-0012. htfn

MONDAY, WEDNESDAY & Friday. 9 to 1 p.m. Front desk receptionist. Local chiropractic office. Must be outgoing and good with people. Will train. 794-9483. ws1

HARDWARE CLERK - Munder's Hardware, 316 Hillside Ave., Williston Park. (516) 746-1075. ws2

DENTAL ASSISTANT - P/T FOR Friendly, modern dental speciality practice in Williston Park. No evenings. 516-741-6410. ws1

EXCELLENT FT/PT Opportunity. Royal Int'l Realty needs ambitious men or women for real estate department. Top dollar/plus training available. 742-3355 days - 795-7707 evenings. ws4

WARM, RESPONSIBLE Person wanted to take care of my 3 & 5 year old children in my West Hempstead home. P/T afternoon and evening hours. Excellent salary, references required. 485-9070 gsc4

PAPER HANGER WANTED. Must be neat & clean. References a must. Experienced only apply 248-3045. Painter's helper also wanted, part time. wfn

LEADING GARDEN CITY REAL Estate office seeks professional sales person or broker for full time associate to earn large commissions. Please call Hubbell & Klapper 747-2900. Ask for Ray. ha1

MOMS - TURN YOUR KNOWLEDGE & experience into a money making career. Flex hours. Discovery toys. 485-2994. gc53

P/T SECRETARY/WORD Processor. 739-0111. gcs1

Help Wanted

COMPETENT SELF STARTING clerical part time with good typing (possibly shorthand) skills able to follow system. Must be reliable, steady no special time off person, able to assume responsibility. Pay commensurate with ability. Send resume to Litmor Publications, Box L, 81 East Barclay St., Hicksville, N.Y. 11801. htfn

REAL ESTATE SALES. WELL established real estate office looking for sales agent. Experience preferred but not necessary. Ask for R. Valentine. Valentine Agency, 746-7200. wo2

BABYSITTER WANTED MON., Wed., Fri., 2:30 - 3:30 for my 7 & 9 year old children. Perfect for High School or College student. Please call 248-2018. gsc3

DISCOVER INDEPENDENCE And a great job. F/T and P/T teller positions available. P/T safe deposit position available at the following location: Williston Park. Call the branch manager to arrange for an interview, 741-7500. Independence Savings Bank. An EOE M/F/H/V. ws1

MIDDLE SCHOOL TUTOR FOR 6th Grade math & study skills Tues., Wed., Thurs., 4-5 p.m. Certification & references. Leave name & number: 747-6406. gsc3

BABYSITTER NEEDED 1 afternoon per week. 2:30 - 6:00 p.m. for 3 small children in my Garden City home. Other very flexible hours possible. Good children, good pay. 248-9147. gsc4

MATURE, RELIABLE AND responsible person needed to care for four month old baby & do light housekeeping in our home. Full time, Mon. to Fri., starting in mid Sept. Must be non-smoker & have own transportation. References required. Please call 294-3778. gsc4

Help Wanted

DEPENDABLE, NURTURING Person needed to care for infant in my Garden City home. FT/live out. Non-smoker. Must speak English. Please call 294-0585. gsc4

RESPONSIBLE CHILD CARE IN my Garden City home. Mon.-Thurs. 2:30-6 p.m. Supervise 10 year old & prepare dinner. Non-smoker, own transportation, good salary. References required. 248-0755 gsc52

MEDICAL RECEPTIONIST. Internist's office. Syosset. Mon. thru Fri. No weekends. Experience in medical forms preferred. Call 931-7644. hsl

COLLEGE STUDENT WANTED to care for my 3 and 5 year old children in exchange for room. P/T afternoon and evening hours. References required. 481-9772. gsc4

LOVING, RESPONSIBLE woman needed for my 2 children, ages 6 & 8 in my home 3 afternoons per week. Flex. hrs., own transportation. Call 621-4232. ws2

HIGH SCHOOL TEACHERS wanted to tutor: biology, chemistry, earth science, mathematics, social studies, AP history. Call 741-3550. ws1

CHILD CARE MON. &/or FRI. 10-6, 1 child in my home. References required. 485-4979 gsc52

INSURANCE, FULL TIME personal lines customer service representative, 3 yrs. experience. Excellent benefits. Call 745-0800 ext. 307 ws1

NIGHT NURSE SEEKING loving Garden City resident to baby sit for 2 year old son 2 or 3 mornings a week. Flexible days. 328-0683. gsc52

REAL ESTATE SALES. Active Garden City office seeks motivated self starter. Experience preferred. Call Ed Keusey Real Estate, 745 Franklin Ave., Garden City, 747-1300. gc04

RELIABLE & RESPONSIBLE child care for my 3 school age children & one toddler in my Garden City home. Mon. 8:30-3:30 & Thurs. 8:30-6:30. Some flexibility. Own transportation, non-smoker. References. 739-1802. gcs1

GAL FRIDAY. PHONES, errands, filing, etc. Car necessary. Garden City law firm. \$8/hour. 746-3340. gcs1

Help Wanted

TEACHER NEEDS BABYSIT- TER Wednesdays & Fridays approx. 1:30 to 5 p.m. in my Herricks home (or yours if close by). Will consider a mom, grandma or high school/college student (addl. hours possible if desired). Please call 741-5419. ws1

CHILD CARE AVAILABLE NYS certified early childhood teacher with master's degree will care for your child in my Mineola home. Enriched environment. Playmates. Certified program. Excellent extensive references. 747-5350. wfn

POSITION WANTED Mature, efficient woman seeks live-in position to care for elderly patient. Linette, 212-792-2148. Call from Thursday through Sunday. References available. gcs4

CHILD CARE AVAILABLE: Loving, caring and dependable woman. Full time. References 775-2729. ws4

HONEST, DEPENDABLE & Efficient cleaning woman looking for daily work. Hard working & reliable \$50 - 60 per day. Lower rates for apartments. Call 489-2788 (afternoons). gsc4

EXPERIENCED BABYSITTER/ Housekeeper seeks job. Quality service. References available. Own car. (718) 832-1732. gsc4

MATURE, RELIABLE WOMAN Seeking F/T companion position, English speaking. Experience & references. Will do light house-keeping. Call 334-2845. gsc4

DAY WORKER AVAILABLE. Experience, references upon request. Own transportation. 565-2119. gsc4

POLISH WOMAN LOOKING For Housekeeping job. Own transportation, experienced. 565-1751. gsc3

BABYSITTER ON CALL (Pediatric nurse). If your regular sitter can't make it, her kids are sick, she has an appointment, or things just aren't working out, let me watch your kids as your back up babysitter. Call me so we can meet before you may need me. Reliable, responsible mom with references. Please call 489-1621. gsc3

I AM LOOKING FOR A HOUSE- keeping job, Mon. - Sat., experienced & references. Call (718) 651-0705 after 6 p.m. or weekends. gsc3

Situations Wanted

SLEEP IN/SLEEP OUT COM- panion job wanted. Experience & references. (718) 479-9147. gsc52

NURSE'S AIDE AND COMPAN- ion, with certificate and license. References. (718) 257-0947 ws2

BABYSITTING - GARDEN CITY mother with older children wanting to babysit occasionally. Preferably daytime. Thank you. 248-5896. gcs3

EF AU PAIR. CHILD CARE affordable, European, live-in child care - 12 months legal program. Weekly average \$165. Call today for our next monthly arrival. 1-800-333-6056. hs3

CERTIFIED NURSE'S AIDE With reference and diploma needs to take care of an elderly or handicapped person. If interested please call 538-4905. gsc3

I AM A WARM, GENTLE, Loving, caring woman who is seeking a position in housekeeping, child care and cooking. References available upon request. (718) 774-7875. gsc3

PROFESSIONAL COMPANION, Housekeeper, childcare. Qualified, honest, with recommendations. Please call 718-262-8457. hs3

SPAN'S CARPENTRY CO. IS looking for private contracts to do work as a carpenter in schools or hospitals. Licensed & bonded. Call V. Wright, 564-0447. gcs2

CHILD CARE AVAILABLE IN Garden City home. Former nurse's aide, reliable, responsible & experienced. Reasonable rates. References available. Call 294-6393. gcs4

CLEANING LADY, ALREADY Working in area, looking for housework to fill in some mornings, including Saturdays. Location, preferably within walking distance to Willis Ave. References available. Please contact after 6:30 p.m. 746-3967. ws4

HOUSEKEEPERS/DAY WORK- ers. Windsor Employment Agency, 1 Cutter Mill Rd., Great Neck. Mrs. Schuster. Licensed owner. 487-2818. hs4

HOUSECLEANING AVAILABLE Mon.-Fri. References, own transportation, experience 538-1713. gsc52

EXPERIENCED ENGLISH speaking woman seeks position to take care of elderly or child care &/or babysitting. Full time or part time. Please call 483-5488 any time. gsc52

Situations Wanted

ATTENTION VACATIONERS would you like to go away and know that your dog or cat is well taken care of? Mature woman who loves animals will give your pet lots of TLC. Fenced in yard. 352-9113. gc2

EXPERIENCED, RELIABLE Person looking for a job to care for the elderly. Call Barbara at (718) 712-2908. gcse4

RELIABLE IRISH GIRL SEEKS Full time position taking care of elderly person. Also available evenings & weekends. Experienced with references. Call Liz after 6 p.m. (516) 437-4308. gcse4

ENERGETIC HOUSECLEANING woman with excellent personality seeking day work. Prefer Garden City area but will work in other vicinities. English speaking, non-smoker, own transportation. Reasonable rates. References on request. Call 489-8218 evenings. gc53

HOUSECLEANING. EXPERIENCE & reference. Mon., Tues., & Wed. available 483-6256. Please call after 6 p.m. gcSe2

YOUNG LADY SEEKS Babysitting, housekeeping or companion job. Reference available. Gracie Stephens (718) 385-010 gcSe2

DAY WORKER AVAILABLE. References upon request. Experience. Own transportation. 486-1305. gcse4

CHILD CARE/COMPANION Mature, reliable woman. Experienced, live in or out. References available. (718) 941-7262. ws2

HOUSECLEANING JOB wanted. Experience & references. Good rates. 481-7355. Ask for Sandra or Byron. gcSe1

HOUSECLEANER AVAILABLE mornings or afternoons. Good experience, good references, own transportation. 867-0927 gcSe2

MATURE GARDEN CITY resident will care for child of working mother in your home, vicinity of Hemlock Park. 248-5404. gcSe2

HOUSECLEANER. RESPONSIBLE person, good service, good references, own transportation. Call 1-5 p.m. 746-1249 or 731-3618 any time. gc52

LOOKING FOR HOUSECLEANING job. Available Tues & Wed. Call Gloria after 3 p.m. 489-7924. gcse4

SEEKING LIVE IN/LIVE OUT companion job. References available. Reliable, honest, hard working. Please call (718) 363-267 or (718) 922-1432. gcse4

EXPERIENCED, STATE certified Nurse's Aide will take care of your sick or elderly part time 9-1. Good references available. Will do light housekeeping. 481-1953. gc54

HOUSECLEANING AVAILABLE any day, experienced, mature, reliable. 481-4914. gc54

Situations Wanted

HOUSECLEANER WILL KEEP your house in good condition. Call after 5 p.m. 742-4566. ws1

NURSE'S AIDE LOOKING FOR 4 days work (Monday - Thursday) 564-8520. gcSe1

HOUSECLEANING - GARDEN City resident wants to help her cleaning woman find a cleaning job. She's reliable, a hard worker & trustworthy. Call 741-0337. Ask for Donna. GCSe1

NURSE'S AIDE FULLY experienced in hospital, nursing home and private duty. We will work day shift or overnight shift. References. 475-7966. GCN1

LOOKING FOR WORK 4 nights a week as companion to elderly. Tuesday - Friday. 785-2014, 378-8771. gcSe1

NURSE'S AIDE LOOKING FOR Weekend job or 3 days a week. Please call 379-7521. gcSe1

POLISH LADY LOOKING FOR Housecleaning and/or ironing. Good references and experience. Please call 489-8006. gcSe1

EUROPEAN HOUSEKEEPER available to clean your house. Reliable, experienced and meticulous. Available Mon., Tues., & Wed. Excellent references. Josephine. 437-2084. gcSe1

HOUSEKEEPER/CHILD CARE Available. Experienced, reliable, caring to clean your house or care for children. Reference. Call any time 483-5815. gcSe2

EXPERIENCED LADY WITH excellent references available 2 or 3 days for child care &/or housekeeping. Call (718) 779-8642 after 6 p.m. gcSe2

NURSE'S AIDE LOOKING FOR WEEK-END JOB OR 3 DAYS A week. Please call 379-7521. gcSe1

POLISH LADY LOOKING FOR housecleaning &/or ironing. Good references and experience. Please call 489-8006. gcSe1

EUROPEAN HOUSEKEEPER available to clean your house. Reliable, experienced & meticulous. Available Mon., Tues., & Wed. Excellent references. Josephine 437-2084. gcSe1

HOME ATTENDANT very responsible with some nursing skills, available to care for sick/elderly patient. Hours to discuss, pay neg. Verifiable references. Please call 294-3454 between 9-5. gcSe1

IRISH COMPANION AIDE 14 years experience. Garden City area. 248-0681. gc51

DRIVER AVAILABLE P/T OR F/T for family in Garden City. Excellent personality. European. Call 868-4790. gc51

NURSE'S AIDE N.Y. STATE certification. 14 yrs. geriatric experience desires P/T hours. Mature. 867-0351. gc51

WILL BABYSIT YOUR CHILD in my New Hyde Park home. Call on Fri. References. 746-7773. ws1

Situations Wanted

EXPERIENCED, MATURE Nurse's Aide seeks job taking care of elderly invalid. Live out. Night or day, non-smoker. References. 485-6276. ws1

HOUSECLEANER, REFERENCES, own transportation. Experienced. 338-5970. ws1

NURSE'S AIDE LOOKING FOR 4 days work (Monday - Thursday) 564-8520. gcSe1

HOUSECLEANING JOB wanted. Experience & reference. Good rates. 481-7355. Ask for Sandra or Byron. gcSe1

CERTIFIED NURSE'S AIDE will work for sick or elderly. 6 to 8 hours, per day. Will work evenings or weekends. Own transportation, references. 484-4321. ws1

IRISH GIRL NURSE'S AIDE available to work days or nights. Experience & references available. Call 718-470-6275. gc51

EXPERIENCED IRISH WOMAN available as nurse's aide/companion for elderly. Kind & considerate. Day or night duty. Reasonable rates. Call Mary 354-1938. gc51

NURSE'S AIDE FULLY experienced in hospital, nursing home and private duty. We will work day shift or overnight shift. References. 475-7966. gcN1

LOOKING FOR WORK 4 nights a week as companion to elderly. Tuesday - Friday. 785-2014, 378-8771. gcSe1

HOUSECLEANING - G.C. resident wants to help her cleaning woman find a cleaning job. She's reliable, a hard worker and Trustworthy. Call 741-0337. Ask for Donna. gcSe1

HONEST, TRUSTWORTHY, reliable English speaking aide will care for elderly or sick or housekeeping. Sleep in. Experienced, references. Call 486-2516. gc54

MATURE, EXPERIENCED woman will baby sit in your home day or night. Call after 7 p.m. 741-3384. gc54

HONEST LADY, ENGLISH speaking, looking for companion position. Live in/live out. Well experienced. 718-723-8515. gc54

NOTICE
HAVE YOU A HIDDEN TALENT that has yet to be discovered in print?

We are looking for articles, not exceeding 3,000 words or less than 1,500 words, on local topics, opinions, ideas, nice places to visit on Long Island, and even fiction. In our magazine section, we will try to "Discover" one new feature length article and writer per week. Each writer will be reimbursed a stipend of \$25.00.

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GARDEN CITY. WOODED seclusion! Over 3,000 square feet of living space. A great home for entertaining year round. Oversized rooms. Formal elegance in the large dining room. Libra, ideal for family gatherings. Outdoors: solar heated, inground gunite pool with jacuzzi. Large deck. Excellent condition. By owner. 248-9286 ws2

GARDEN CITY ESTATES Old World Tudor on beautiful Whitehall Blvd. Gracious center hall, grand foyer, sunken LLR with stone flpl, 6 BRs, 4 1/2 baths. Principals only. Call 741-6675 for appointment. \$950,000. gc2

SOUTHOLD. 1 PLUS WOODED Acre. Walk to bay beach, deeded marina rights, underground utilities. Cobblestone lined street. Terms. \$125,000. 765-1594. gc2

ALBERTSON/ROSLYN HTS. Adult Condo - 1 BR, living/dining area, 1 1/2 baths, 4 closets, own laundry & storage rm. Indoor parking, terrace, walk to all. 6 yrs. old. Asking \$179,000. Owner. 747-4221. gc52

GARDEN CITY ESTATES Elegant, beautifully decorated and renovated Dutch Colonial. Center Hall, 5 BRs, 3 1/2 baths, LR w/flpl with authentic Dutch tiles, formal DR, Sun Room, fin. bsmt. Brass light fixtures, Laura Ashley curtains & wallpaper throughout. Hardwood floors, new EIK with cherrywood cabinets & top of the line appliances, two car garage. New furnace & water heater. House surrounded by dozens of azaleas. Excellent location, within half mile from Mineola & Hempstead train lines. Tullamore Park, Homestead & Stratford schools just around the corner. By owner. \$465,000. 742-4271. gc3

GARDEN CITY ESTATES 4 BR CH Brick Colonial. Large Country kit with breakfast rm., beamed fam. rm., LR/flpl, FDR, maid's rm., huge fenced in backyard. One block to RR. \$459,000. 248-7292. gc52

MOTIVATED SELLER. LEGAL 2 family, Mineola Park Section, 4 1/2 over 5 1/2. Closets galore, walk to railroad, shopping, 50 x 100, detached garage, excellent rental income. \$239,990. Call owner, 746-3141 ws2

SOUTHOLD (PECONIC) Charming house nestled in woods. Price to move quickly. Private bay beach, 3 BRs, flpl, inground pool with deck \$175,000. 734-5781, 826-4130, 783-8238. gcSe2

GARDEN CITY ESTATES Tudor - Totally modernized and move in condition, custom Rutt cherry kitchen & family room with Corian wet bar, 4 BRs, modern Corian bathrooms, computerized 4 zone baseboard heat, large finished basement (office, bar, shop, laundry), 2 FPLS, maintenance free exterior, professionally landscaped, 2 car garage, interior decorated to perfection, walk to RR & School. Mid \$600's. Reasonable offers acceptable. Principals only. 728-6919 or 248-6356. gc53

Real Estate For Sale

CUTCHOGUE, REDUCED \$15,000, beautiful 1 acre lot, walk to beach (sound) \$72,500. Owner 746-8023. hs3

FLORAL PARK FLOWER VIEW Gardens, Newly renovated 1 BR Co-op. Mint condition. Walk to RR, bus and stores. Asking \$92,000. Low maintenance. Call after 5 p.m. 775-7820. hs3

SOUTHOLD BAYFRONT - Private park community with deeded boat mooring rights, protected harbor within 500 feet. Year round home, 20 mile panoramic views, 3/4 acre, cathedral ceiling. LR/FPL, family room with wood stove, FDR, new EIK, laundry, Master BR with bath & dressing room. 2 additional BRs with bath & jacuzzi, OHW, low taxes, heated guest cottage with bath, outside bather's shower & dressing room, garage. All above in turn-key condition. Immediate occupancy. ASKING \$595,000 neg. Call (516) 765-2963 for details & photo brochure. NO BROKERS. gc51

REDUCED - REDUCED - PRICE Slashed \$35,000. Garden City Western section corner Split. 3 BRs, 1 1/2 baths, LR/Fpl/DR. Kitchen, Den, Basement, Patio, CAC, 1 Car Garage. \$290,000. 488-4796, by appointment. gcse4

MONTAUK - 2 RM. CO-OP One hundred feet from beach. Electric heat/air conditioned. Walk to dining, shopping. Sleeps four. Full kit., cable TV. Must sell. Asking \$42,500. Great Rental History. 724-5572. hs4

GARDEN CITY ESTATES - 5 bns, 4 1/2 baths Oxford Boulevard Colonial on 1/2 acre. Price reduction plus flexible owner financing. Monthly payments as low as \$3,000. Owner/broker 248-2450. gc52

SOUTHOLD WATERFRONT Reduced \$50,000! Meticulously maintained, expandable Ranch on 1+ manicured acre. Fireplace open to fam. rm. & LR, 3 large BRs, 2 baths, 153 ft. waterfront with dock. Excellent value at \$395,000. Southold. Exciting two story Contemporary. LR/flpl, with Cathedral ceiling, DR, fam. rm., 4BRs, 3 baths plus loft/sitting rm., skylights, deck & attached, 2 car garage. Excellent buy at \$250,000. Cutchogue. Fleets Neck - great home for an active family. Plenty of room & close to private bay beach & boating. 4 BRs, 2 1/2 baths, 2 story in excellent condition on oversized lot. Reduced to \$250,000. Greenport. Bayfront completely remodelled Ranch with 3 BRs, 2 baths, Great rm., wrap-around deck. Lovely views, beach. Bonus! 17 foot boat included. Reduced to \$375,000. Nassau Point. 2 waterfront lots. \$195,000 and \$260,000. Marion R. King Real Estate 734-5657. gc51

GARDEN CITY ESTATES Mint 4 BR Colonial. Whitehall Blvd. New modernized kit with greenhouse & skylight. CAC, 3 fpls, den, Florida rm., fin. bsmt., large plot with totally private backyard, 2 car garage. By owner \$400's. 741-8456. gc54

Real Estate For Sale

HICKSVILLE: 4 BR LEVITT Ranch. New Euro kit & bath. 60x100. Taxes \$2600. 2 zone heating & ceiling fans throughout the house. Asking 165K. Principals only. 735-0793. hfn

GARDEN CITY BRICK/STONE 5 BR expanded Ranch on John St. 3 baths, CAC, den, Anderson windows, 1/2 acre \$550,000. Owner 741-0451. gcs1

GARDEN CITY ESTATES CH Colonial, brick/slate, fully renovated in/out, new appliances, 4 BRS, 2 1/2 baths, EIK, LR/FPL, DR, Den, CAC & sprinklers. Owner Reduced to \$525,000. Call after 6 p.m. 742-0740. gcs2

EAST WILLISTON COLONIAL 18 yrs. young. Large Master BR w separate dressing area plus 3 large BRs, 2 1/2 baths, Ceramic tile large country kit w Bay Window, LR formal DR, den/fpl, private yard w covered Patio, attached garage, CAC sprinkler & alarm system \$400K. Owner 747-8145. ws1

SOUTHOLD, NORTH FORK, L.I. Excellent condition. Walk to private beach, 3 BRs, den, fpl, 1 1/2 baths, deck, park-like yard, outside shower. \$169,000. Weekends 765-5255, week days 621-6518. gcs4

NASSAU POINT BAYFRONT Charming expanded Cape on bulkheaded, landscaped acre. Cozy but plenty of room for friends & family. Huge fam. rm. with barbeque, LR/fpl, bayfront enclosed porch, den, 4 BRs, 2 baths, guest cottage with water view. LR, kit, dining area plus 2 BRS, bath. Asking \$795,000. Top Sall Realty 734-6600. gcs1

GARDEN CITY MINT BRICK & stone Contemp 4 BR, 2 baths, spacious property. Low \$300's. Fabulous Brick & slate center hall Estates Colonial. 4 BRS, 2 1/2 baths, fam. rm., 2 car. Low \$500's. Impressive Center hall Colonial, centrally located, mod. EIK, 6 BRS, 3 1/2 baths, fam. rm., 3 fpls, 1/2 acre. \$800's. Vera Atamlan 354-1994. gcs1

SOUTHOLD BY OWNER Remodeled with new addition. 3 BR, 2 Bath Ranch. Walk to sandy beach. A/C, new appliances, beautiful Florida room. Oversized detached garage. Priced to sell. ow 200K. 765-5496. gcs2

GARDEN CITY ESTATES Custom built brick CH Colonial. LR/fpl, FDR, den, 3 BRS, 3 baths, bsmt, playroom, screened porch, 2 car attached garage. Owner 248-8425. gcs4

GARDEN CITY CENTRAL Section 1 BR Condo. Modern EIK & bath, A/C. Walk to all. Low, low maintenance includes heat. Must sell, by owner. \$169,000. 742-8342 evenings. gcs2

NEW HYDE PARK. 4 BR Cape. Mint condition, possible M/D. 3 private entrances, 3 baths, 3 kitchens, fin. bsmt., gas heat, 1 1/2 garage, extras. Near all. Owner \$249,000. 488-5497. gcs1

Real Estate For Sale

MANHATTAN EAST 80's - Designer Studio in elevator building. Sunny, built-ins, wall to wall carpeting, A/C, lots of storage, separate kitchen, dishwasher. \$70,000 (718) 482-0726. gcs2

GARDEN CITY ESTATES Split level, maintenance free Contemp. featuring cathedral Living Room ceiling, EIK, Dr, den, 3 BRS, 2 1/2 baths, gas heat, 2 car garage, basement. Principals only. \$395,000. Call for appointment. 747-0774. gcs2

GARDEN CITY ESTATES Ranch. 4 BRS, 3 baths, EIK, LR/fpl, huge fin. bsmt. Beautiful yard, 2 car garage, 80x110. \$485,000. Mint cond. 742-8868. gcs3

GARDEN CITY-WALK TO RR. Lg. 3 BR, 2 1/2 baths, LR/FPL, DR, den, fin. Basemt., new gas heat, EIK, 2 car, fenced yard. Many great extras! Low \$300's Owner (212) 473-0526. gcs1

GARDEN CITY SPACIOUS home on large property. 5 BRS, 3 baths, screened porch, finished rec. room. Walk to RR. By appointment. Asking \$315,000. Principals only. 775-5974. gcs3

GARDEN CITY WESTERN Beautiful Jefferson Street, 3 bedroom Colonial, formal dining room, living room with fireplace, large enclosed porch. Move in condition, 60 x 100, low taxes, reduced to \$315,000. Walk to everything. Principals only. 775-1133. ws2

GARDEN CITY DRASTIC reduction. Won't last. Owner relocating. Northeast Split. Move-in condition. Low taxes, aluminum siding, CAC, 3 BRS, 2 baths, 60x125. \$275,000. Principals only. 746-7281. gcs4

GARDEN CITY. MINT CONDITION Split level in the heart of the Estates. Lovely awninged deck, fam. rm., 3 BRS, 2 baths. Walk to station & Stratford school. \$369,000. Owner 742-4249. gcs1

CUTCHOGUE. EX GARDEN City residents selling 3 BR, 3 bath Ranch. Large LR/fpl, FDR, new EIK, CAC, 1 acre. Excellent condition. \$395,000. 734-5779. gcs1

ATTENTION BUILDERS OR investors. Bethpage residential lot 50 x 100. Vacant building parcel needs subdivision. For sale by owner. Call 938-7192. gcs1

222 SEVENTH STREET CONDO Newly renovated throughout. First floor overlooking beautiful court yard. Walk to all. Owner \$189,000. 742-8337. gcs1

GARDEN CITY 4 BR CAPE, 2 full baths, fin. bsmt., property 60 x 100, private backyard, near schools & playground. Owner asking \$260's. 747-3667. hs2

GARDEN CITY BROOK ST. Cape. 4 BRS, 2 baths, LR/fpl, DR, large fam. rm/fpl on 60 x 125. Must see at \$369,000. Owner 742-8337. gcs1

Real Estate For Sale

NASSAU POINT/CUTCHOGUE Bayfront. First offering by owner. Beautiful 2 year Ranch with own beach & cabana plus 4 BRS, 4 1/2 baths, 2 FPLS, family room, LR, DR, master BR & kitchen. All with spectacular views, CAC. Beautifully landscaped. \$885,000. 734-7871. gcs1

FLORAL PARK - LEGAL 2 FAMILY OR M/D. 80 x 100, brick, 3 1/2 over 5.10 foot ceiling in basement, full attic, LR/FPL, zoned professional in residential area. Walk to stores, schools, houses of worship, RR station. Lowered price for quick sale. Needs some work. Asking in \$200's. Owner 352-4922. gcs1

GARDEN CITY CONTEMPORARY living for the growing family. Cathedral ceiling, fam. rm., new kit, 3 BRS, 2 new baths, new vinyl siding, windows. Prime Estates location. \$399,000. Owner 742-8337. gcs1

MOVE RIGHT INTO THIS stone & brick home. Western Section overlooking golf course. LR/fpl, FDR, new designer kit, 3 BRS, 2 baths. Great buy at \$349,000. Owner 593-2613. gcs1

CATHEDRAL GARDENS - Large CH Dutch Colonial on 1/4 acre. LR/FPL, FDR, den, big EIK with tin ceiling. 4/5 BRS, 3 1/2 baths, finished basement, 2 car detached garage. \$235,000. Owner 483-4015. gcs2

GARDEN CITY NORTHEAST Expanded Ranch. 5 large BRs, 2 baths, EIK, for rent \$2400 or for sale \$369,000. Owner 742-8337. gcs1

GARDEN CITY - TOTALLY Renovated, uniquely charming Colonial. 3 BRS, maintenance free, Low taxes. Asking \$339,000. Principals only. Call 741-3878. Open House Saturday, August 24, 10-noon. gcs1

GARDEN CITY PRIME ESTATE section split. 3 BRS, 2 baths. LR/fpl, FDR, EIK, paneled playroom & lower basement, oversized 1 car garage, patio, 2 zone gas heat, walk to schools & RR, \$300's. Owner 747-3882. gcs1

EAST ROCKAWAY, NEAR Lynbrook. Two BRS, EIK, DR, two enclosed porches, LR/fpl. Attic, utility rm., garage. Asking \$160,000. Low taxes. Call weekends 887-2934. ws1

MINEOLA AREA CONDOS/ Co-ops: Horton House 1 & 2 BRS starting at \$79,000. Cathedral Gardens 4 RMs \$79,000. Garden Plaza Gramercy \$66,000, Lexington \$90,000, Madison \$112,000, Clinton Arms 1 1/2 baths, terrace \$110,000, Harrison House 2 BR \$145,000. Others available with The Valentine Agency 746-7200. ws2

NEW HYDE PARK. 2/3 BR. Maintenance free Colonial. Two new baths, kit, siding & windows. DR, 18x21 LR, 2 1/2 car garage, sprinkler system, alarm, covered patio, low taxes. Owner. \$199,000. 437-6032. Ws4

Real Estate For Sale

E. WILLISTON STARTER- Reduced. 2 BR, 1 1/2 baths, LR, DR. Wheatley School District. Move-in condition. Roslyn Rd., north of Hillside Ave. Low taxes. \$209,000. 248-2379. Ws4

GARDEN CITY CAPE Western Section. 4 BRS, 2 full baths, LR/fpl, FDR, EIK, low taxes. Move-in condition. Reduced to \$299,000. 326-9294. gcs1

NORTH FORK. RUSTIC FARM- house, barns on picturesque waterfront. 37 acre farm with privacy plus 350 ft. of beachfront irrigation. Ideal gentleman's estate, investment, development, grapes or horses. Asking \$1.3 million. North Fork. Choice 1 acre building plot. Great permanent water view. Steps to large private sandy beach in small community of better homes. Road, underground utilities in. Excellent terms. \$110,000. Bookmillers Real Estate 722-4423. gcs1



G.C. HAMILTON GARDENS Gorgeous, oversized 1 BR Co-op. Quiet corner apartment totally renovated, new Euro style EIK, separate DR, new bath, refin. hardwood floors, California closets. Extra large rms., heated garage. Close to all. Reduced to \$115,000. 747-3607. gcs2

MINEOLA GARDEN PLAZA - Spacious 1 BR Co-op, to (5th floor) 24 hour security/parking/garage. Walk to LIRR/shopping/Nassau Courts. Wall to wall. 2 A/C's, reasonable maintenance. Move in condition. \$97,000 741-8342 gcs2

CO-OP IN HOLLISWOOD Gardens, 2 BR, 5 rms, quiet courtyard, convenient to N.Y.C./L.I. 2 AC's deluxe kit & bath, financially - secure building. \$87,500. Owner 718-479-0231. ws2

GARDEN CITY CHERRY Valley co-op, 2 BRS, CAC, new EIK, updated bathroom, second floor. Move in condition, walk to LIRR. \$136,000. 747-8850 or 747-1771. gcs1

CHERRY VALLEY 1 BR MINT condition. New kit & bath, wall to wall, ceiling fan. Walk to LIRR & stores. Maintenance 81% deductible. Owner anxious. \$85,000. 294-7889. gcs

GARDEN CITY-BEAUTIFULLY renovated large designer Co-op. 3 BRS, 2 baths, large LR/fpl, FDR, EIK, walk-in-closet, 3 exposures, A/C. Walk up. Quiet, best location. Walk RR. Principals 877-2847. gcs2

BEST 3 BR, 2 BATH in town. FDR, kitchen, LR/FPL, view of Stewart Ave. Christmas tree. Maintenance. \$990. 71% tax deductible. \$265,000. Day (212) 841-7887, evs. and weekends (516) 746-4165. gcs3

Real Estate For Sale

MINEOLA CO-OP LINCOLN Arms. Top floor, 1000 sq. ft., 1 BR, 1 1/2 baths, security building. \$92,000. Days 663-2579, evs 742-3599. gcs3

MINEOLA - HORTON HOUSE 1 BR, large LR, secure building. Convenient to RR, hospital, stores. Must sell. \$79,000. By owner. 747-8711. gcs3

GARDEN CITY 2BR CO-OP ON Seventh Street for sale by owner. Close to all, low maintenance. Must sell. 294-9318. Asking \$137,000. gcs3

GARDEN CITY / HEMPSTEAD Cathedral Gardens - 1 BR Co-op. Assumable mortgage. Low down payment. Priced to sell. Owner 565-4117. gcs3

GARDEN CITY, 2 BR CO-OP New kitchen/bath, wash/dry, dishwasher. A/C. Mint. \$124,000. 741-4248 gcs2

GREAT NECK. GRACIOUS 2 1/2 rm. Co-Op, EIK, beautiful hardwood floors, delightful garden view. Mint condition. Close to LIRR, shopping. Low maintenance. \$89,500. Owner 487-0228. Ws4

GARDEN CITY. HEART OF Village. LR/fpl & built-in book cases, FDR, EIK, 2 BRS. \$145,000. 741-9659. gcs4

GARDEN CITY CHERRY Valley 1 BR redecorated, first floor, quiet, court yard facing 15th St. Walk to LIRR. Immediate occupancy. \$78,000. Call owner 746-7162. gcs4

MINEOLA CO-OP. EXTRA large 1 BR, 1 1/2 baths, top floor, EIK, terrace, indoor parking. Walk LIRR, courts, hospital. Beautiful building. Must be seen. \$101,000. Owner 747-8919. gcs4

GARDEN CITY/HEMPSTEAD The Mulford. Large 1 BR Co-op close to LIRR, lots of closets, oak floors. Great building. By owner. Fair price \$67,000. 292-0483. gcs4

MINEOLA GARDEN PLAZA Spacious 1 BR Co-op, top (5th floor), 24 hr. security/parking/garage. Walk to LIRR/shopping/hospital/courts. Wall to wall, 2 A/C's, reasonable maintenance. Move-in condition. \$97,000. 741-8342. gcs4



4 AVALON RD., GARDEN CITY, Sat. & Sun., Sept. 7 & 8, 11-4. 4 BRS, 2 baths, LR, DR, EIK, fin. bsmt., CAC, large yard \$297,000. 747-1992 or 889-2903. gcs1

GARDEN CITY. 6 SOMERSET Ave. Sun., Sept. 8, 1-3 p.m. or by appointment. 3 BRS, 3 1/2 baths, den or 4th BR, LR/fpl, Cathedral ceiling, FDR, EIK, fin. bsmt. with wet bar, 2 car garage. Move-in condition. Owner 747-9346. gcs1

DO YOU HAVE A SERVICE to advertise? Our Service Directory is sure to bring results. Call 931-0012

Real Estate For Rent

HONEYMOON COTTAGE 3
Rooms on 1/2 acre, perfect for 1 or 2 working people only. Cat O.K. Immediate occupancy. \$675 per month. Call owner 579-4186. gcs4.

WEST HEMPSTEAD/GARDEN
City Border. Nicely furnished room, quiet, residential area, suitable for mature working woman. Must be clean & neat, non-smoker. Share bath with kitchen privileges. Near shops & trains. Parking available. Security & references. \$400 per month includes all utilities. 489-5941. GeSe2

GARDEN CITY / HEMPSTEAD
Cathedral Gardens. 1 BR Apartment for rent, fully renovated. Immediate occupancy. By owner. 565-4117. gcs3.

TWO BEDROOM APT: LR,
dinetto, full bath, skylight, private entrance. Half mile from Southern State Pky. Sunset City area of N. Babylon. \$765 includes water, gas, use of yard. Across from Belmont State Park. 254-0428. hg4

PSYCHOTHERAPISTS & RELATED
professionals - individual office for rent by month or longer lease. Furnished or unfurnished, parking. \$600/mo., 2 Hillside Ave., Williston Park. Call after 6 p.m. 944-7730. ws2

N.E. BELLEROSI,
completely renovated 3 room apartment. Convenient to all. Great location. 9/1 occupancy. Private entrance. Asking \$675. Call (516) 328-8244. gcSe1

LOOKING FOR MALE OR
female roommate to share house in Williston Park. Walk to LIRR. \$450 a month includes utilities. 248-5373. ws1

JERICHO. 3 LARGE KMS.,
private ground floor entrance, Hi Ranch. Convenient, no pets. One month security \$675 includes all. Sept. 1. 433-1302. gcs1

GARAGE FOR RENT
Mineola Park section. Perfect for storage. \$75 per month. Available Sept. 1. Call 746-3141 ws4

NEW HYDE PARK APARTMENT
for rent. Excellent one BR. All new appliances, including sofa bed, kit set, Walk RR, bus, all stores. Utilities included. Private entrance. Available now. \$595. Call 775-2456. ws1

MINEOLA/WESTBURY/
Garden City/New Hyde Park. Beautiful apartments for rent. Studios from \$575. 1 BR apt. from \$650 a month. 2 BR from \$750 a month. Nice & secure buildings. 3 BR. apt Private homes available for rent. Royal Int'l. R.E. Days 742-3355; 795-7707 weekends or evenings. w-s-1

HEMPSTEAD - BASEMENT
Studio Apt. for non-smoking single or couple, no children, own private entrance. Utilities included \$600 a month. Call 565-0881. gcs3

MINEOLA, BRIGHT, SUNNY
Room, private bath, private entrance, non-smoker. 746-4065. gcs2

Real Estate For Rent

WILLISTON PARK, HILLSIDE
Ave., room & bath, private, walk to LIRR. Includes heat. Security required. \$475 a month. Cavallere R.E. 627-8866. ws1

ROOM FOR RENT WEST
Hempstead. Prime President's area. Furnished, cheerful room for quiet, non-smoking female. Share bath, kitchen privileges. \$75 a week. 292-0582. gcs2

ELMONT - 6 ROOM APARTMENT
- 3 BRs, LR, DR, private entrance, wall to wall, a/c, EIK w/dishwasher, parking available. \$1,000 plus utilities. 561-1630 after 6 p.m. gcs3

FRANKLIN SQUARE - NICE
Area, semi furnished, kitchen privileges, female preferred, non-smoker. Available Sept. 1 Please call after 6 p.m. 355-0610. gcs3

FLORAL PARK 159 TULIP AVE.
Above Quality Mart - 4 room apartment also suitable for office. \$800 per month. No fee 538-0757. gcs3

HEWLITT - 1445 BROADWAY
Apartments with FPL, EIK, frost free frig. Walk RR - 3 rooms \$750, 5 room duplex with deck \$995. No fee 538-0757. gcs3

HOUSE TO SHARE: LARGE
Garden City house to share with other young professionals. Steps to LIRR, convenient to all. Full use of house, washer/dryer, ample parking, cable. Young single professional preferred. \$375. All. 775-4256. hs3

CHERRY VALLEY - 2 BR
Ground Floor, CAC, EIK, garage available. Convenient to all. Available Oct. 1. \$1,100 per month. Call 294-0229. gcs3

FRANKLIN SQ. BORDER
Spacious 3 BR Colonial. 2 baths, 6 closets, wall to wall carpet, A/C, appliances, full bsmt., plus patio. Near all. Excellent condition. Street parking. Working, mature adults only, no pets. \$1250. 437-1595, leave message. gcs4

Vacation Rental

POCONOS - CAMEL BACK, PA.
Mountain top town house with 20 mile views. Fall foliage, tennis, pool. Ski season: ski on, ski off, 100% snowmaking and night skiing. Sleeps 8. Monthly, weekly or weekends. 747-7019. gcs4

BOCA/DEERFIELD BEACH,
Florida. Lovely 2 BR, 2 bath condo in intracoastal waterway. Beautiful view, full screened porch, CAC, pool, all conveniences, 1 block to ocean. Walk to all. Available March & April. 294-8327 evenings. gcs3

Vacation Rental

NAPLES, FLORIDA CONDO, ON
Kings Lake. 2 BR, 2 Baths, new. Pool, club house, tennis, 3 month minimum rental. \$1800/mo. Owner 628-3309. hs3

MOUNT SNOW HAYSTACK
Area, clean, comfortable, fully equipped condo, fpl., 2 BRs, loft & 2 baths. Sleeps eight. 2 miles from Mount Snow. Long term rental, Dec. 1 thru April 30. Great deal. 873-9029. ws2

SANIBEL ISLE, FLORIDA
Large 2 BR, 2 bath Condo in small complex. Tennis, pool, beach access to gulf. Reasonable summer and fall weekly rates. 747-7482. ws3

MT. SNOW, VERMONT.
Rental reservations, Town Houses, Condominiums, Chalets. Seasonal, weekend, or week. Call now 1-800-445-7368, 802-464-7172. Open 9-5 seven days. gc54

MARCO ISLAND, FLORIDA.
French village, 2 BR, 2 bath Condo. Pool, steps to gulf. Weekly/monthly, reduced rates now through Dec. Owner 718-352-5798. ws1

MT. SNOW, VT. - BEAUTIFUL
fully equipped Condo, sleeps 8. Large deck with privacy. Golf, tennis, indoor Clubhouse on premises with racquet ball, gym & swimming pool. Short or long term rental for fall foliage and ski season. Call 741-1824. gcSe3

MATTITUCK. CHARMING 2 BR
house. 600 ft. Peconic Bay beach. Seasonally, monthly or weekly. Great area. Quiet, relaxing, 1/2 hr. to Hamptons. Also for sale. Suitable for retirement or starter house. 722-4901. gcs1

MONTAUK - FALL GETAWAY
Special. 3 days \$172 couple. 2 RM suite, heat, full kit. Sleeps four. Walks, dining, shopping. Hundred feet to beach. Immaculate. Call 724-5572. hs4

SANIBEL ISLAND, FLORIDA
Lush tropical setting, virtually unspoiled, southern Florida Gulf coast. **Sundial Beach & Tennis Resort** selected by Better Homes & Gardens as one of the top resorts in the USA. 2000 ft. beach, 5 pools, jacuzzi, 13 soft/hard court tennis, golf, boat/bike rentals, supervised children's activities available, award winning chef & gourmet restaurants, superb shopping, world famous shelling, only 35 min. to Ft. Myers airport. Complete resort right on the Gulf. Recent multimillion dollar beautification program. One or two BR Condos with full kitchens. Rent daily, weekly, etc. Reasonable. (516) 746-2211, (516) 326-7711. gcs2

Vacation Rentals

MT. SNOW/HAYSTACK
Large fully equipped 4 BRs plus loft, 2 1/2 baths w/color TV, VCR, microwave. Weekly/monthly. Beautiful views, privacy. Near golf, tennis & lakes. 466-6120. gcn2

RENT OR SALE. HAMPTON
Bays Contemp. 3 BRs, 1 1/2 baths, in-ground, lighted, fenced pool with 17x29 cedar deck, skylights, front deck, back covered patio & lots/glass on cul de sac. 2 miles to beach. Perfect 3 couples or family with young adults. Monthly rentals. For sale by owner. \$185,000. 579-4186. gcs4

Real Estate Wanted

GARDEN CITY COUPLE
seeking house to rent with option to buy. Estates or Western Sections only. One child, no pets. Call 326-7864. gc53

LOOKING FOR MOTHER/
daughter home. Williston Park, Albertson, New Hyde Park vicinity. 747-8145. Ws4

ANXIOUS CLIENTS WAITING
to purchase/rent in Garden City. Please call the **Dougherty Agency** 746-0522/741-3008. gcs4

Car For Sale

REDUCED 1985 MERCURY
Marquis, 4 Dr., 6 cyl., A/C, power windows & brakes, full front seat. Excellent condition, 78K, reduced to \$2500 negotiable. Call 364-2916. hfn

\$375 - STATION CAR - GREAT
Workhorse. Starts winter/summer, no oil leaks. 1978 Chevy Impala. 746-0563. gcSe3

1987 VW JETTA GL 4 DOOR,
Low mileage. Excellent condition for immediate sale. Must see. Accepting offers. 9-5. 742-5577, after 7 p.m. 877-0133. gcs3

'88 DODGE OMNI - 4 DOOR,
A/T, A/C, ps, pb, AM/FM stereo cassette. One owner, garaged, low mileage, 36K, extended 50K warranty. Excellent condition. Must see \$4,200. 747-8613. gcSe3

86 - MUSTANG - GT (BLACK),
sale or take over lease. 25,000 miles. 5.0 liter V8, five speed, rear spoiler, PS, PB, Power windows, power door locks, cruise control, tilt wheel, tinted windows, AM-FM cassette, alarm system, A/C, mag wheels. Complete guarantee. Call Joe 364-2599. w-s-3

1988 JAGUAR XJ6 SERIES II
30,000 miles. Mint. \$20,000. 741-1365. hs3

'88 FORD T BIRD LX, V8,
loaded, white with grey leather. Premium sound, moon roof, 3 years ext. warranty plus more. 41,000 miles. \$9,900. Call 248-3048. gcs4

1988 TOYOTA VAN - DARK
Gray with light gray interior. Dual controlled a/c and heat, automatic, power everything. Seats 7. Excellent condition. \$13,000. Call 873-0928. gcs4

Car For Sale

78 TOYOTA CELICA, 5
speed, sun roof, AM/FM cassette, very reliable, great station car. Asking \$500. 877-1163. hs2

1986 CAMARO, V8 AUTO-
matic, air conditioning, power steering, power brakes, power windows, AM/FM stereo cassette, new engine, 300 miles, excellent condition. \$4,495. 741-5399 after 5:30. ws2

1979 LINCOLN TOWN CAR
Good running condition. Full power. Serviced regularly. Alarm \$1500, negotiable. Call 747-3251. ws2

'87 JEEP WRANGLER LAREDO
maroon. 42,000 miles, hard top, 6 cylinder, A/C, Benzi box. \$9,000. Call week days (212) 545-6739, week-ends (516) 747-5379. gcSe2

MERCEDES 1982 300 SD.
Maroon/palmino leather, sun roof. One owner, garaged, 79 K miles. Excellent condition. \$12,250. 747-3076. gcSe2

TWO CLASSIC CARS: 1964
Lincoln Continental. In storage for 12 years. \$3,000 recently spent mechanically. Excellent condition. \$5,000. Also, 1968 Cadillac Fleetwood, always maintained. \$2,500. Both original owners. Estate Sale. 759-4444. gcs1

'89 HYUNDAI SONATA MID-
night blue, 4 door, automatic, high power cassette, sun roof, alarm, alloy wheels, 11,000 miles. Great commuter car. Asking \$7,900 (516) 742-7271. gcSe1

1989 JEEP CHEROKEE
Blue with grey int. 27K miles, sun roof, Michelin A.T. tires, garage kept. 5 speed, man. trans., mint cond. \$12,500. 873-9112. gcs1

MERCEDES BENZ '69 280 SE,
4 door sedan, full power, leather interior. Excellent cond. \$5,300. 957-0684. gcs1

'89 NISSAN SENTRA, 2 DR,
4 speed immaculate in & out. Asking \$3,950. 718-347-3705 (Floral Park, Queens). gcs1

Wanted

OLD GUNS, SWORDS,
Binoculars, old knives, bamboo fly rods. Call 825-0979 or 354-1943. hs2

INFANT JOGGING STROLLER.
873-6121. gcs1

ADULT 3 WHEEL BICYCLE
3 speed, hand brake desirable. Call 747-2015. gcs1

DOLLS WANTED
I collect dolls and other doll memorabilia, new or old. What do you have for sale? Call me at 747-8496. hs2

YOU CAN BE A RESTAURANT
CRITIC - If you visit any of the restaurants selected for inclusion in this section - call 931-0027 at any hour and tell your ideas. We want you, the reader, to be our critic. Your message then can be printed in this space.

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JAMES F. MENTZ
CARPENTER-ROOFER
 Small Jobs Reasonable
 Skylights Installed
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 LIC #401750000 593-2933
 gco2

EXPERT WALLPAPER
 Hanger - painter, carpentry. No job too small. Reasonable. Call Sam, 483-9031. gcs1

VINCENT NASO PAINTER & Paperhanger. Serving Garden City for 25 yrs. Neat, clean & finest work. Free estimates. Call any time. All work guaranteed 100%. 328-0028. gcn5

BE THE PERFECT HOSTESS. Let us serve your guests. Two ladies will waitress/bartend your home parties. Reasonable rates. Catering possible. Call (718) 545-5759, (718) 849-7973. gcs1

SWIMMING POOL WINTERIZATION. Why worry about closing your pool on time? Let us take the hassle out of pool closing. We do complete job at reasonable price. Call Roland 352-7789. w-s-3

THE CUISINE SCENE
 Fine catering, glorious food, complete party planning service, menu suggestions for all occasions. Weddings, my specialty including beautiful cakes. Professionally trained staff. Call Susan 742-1956. gcs2

UPHOLSTERY, DRAPERIES, window treatments, vertical & soft pleated shades, upholstery repairs. Call McLeer Interiors, 516-CUSHION. gcs2

PAINTING - INTERIOR & Exterior - Reasonable & reliable. Free estimates. Best paints used. Call Jimmy Mac (516) 248-7314. GcN3

BRIAN CLINTON MOVERS
 Licensed & insured. One piece to a house load. Free estimates. 333-5894. Owner supervised. Carle Place. License #F11154. gcn2

MARIO POLITO'S COMPLETE
 home remodeling. I do everything from ceilings to floors & lots more. All types of carpentry, ceramic tiles, painting, etc. Free estimates. 538-2273. License #HO 418010000. gcs3

GUTTERS CLEANED, REPAIRED, replaced, installed, painting, trim, windows. Other handyman jobs. Call Joe 735-6349. hs2

HANDYMAN. QUALITY HOME
 repairs: plumbing, leaky faucets, toilets, tiles and grouting. Shelves, fences. Doors shaved, carpentry, sheetrock patching. Ceiling fans & window air conditioners installed. Call Joe 746-7517. wS3

LITE MOVING & STORAGE
 Very reasonable. Call day or night. Long & short term storage. Local/long distance. Will beat any price. Free estimates. \$10 off with this ad. 599-0996. gcn1

Services

DO IT YOURSELF! DIVORCES, separation agreements. We will help you. Call any time. (718) 599-4886. gcs2

PRICE RITE PAINTING
 Residential & Commercial. Interior, exterior, restorations. We move all furniture. All work satisfaction guaranteed. Free estimates & fully insured. 887-6076. gcs3

LADIES, RELAX & ENJOY
 your next party! Catering & experienced professional services for assisting with preparation serving & cleaning up before during and after your party. Bartenders available. Call Kate at 248-1545 or 746-8264. wfn

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 Stoops*Fireplaces*Patios
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 LIC#H1735940000 gcn4

For Sale

WATER SKIS WITH SEAT
 made by Abercrombie & Fitch. Secretary desk with typing attachments, leather swivel desk chair, copy machine (needs work). 326-1954. gcs4

LR COUCH, 2 FIRESIDE
 chairs. Very good condition. Call 742-2176. gcs4

SELLING COLLECTIONS OF
 records, sheet music, cameras & photography, magazines, stamp books, evening gowns & hats (ladies & men's.) Call after 7 p.m. 747-4068. Ws4

MOVING. MUST SELL ALMOND
 Formica china closet. Brand new. Was \$1800, sacrifice \$900. 565-1138. gcs4

3 DOOR ADMIRAL REFRIGERATOR, Magic Chef with hood 36", kitchen cabinets with sink, glass top chrome table with 4 chairs, 60" walnut executive desk, dressers, mirrors, arm chair, tables, many other items. After 6 p.m. 483-4652. gcs4

ANTIQUE SATIN PINCH
 pleat drapes, lined, 81" long each panel, 75" wide at the top, 13 feet 3" at bottom. \$50. 741-0819. gcs4

GIRL'S BASSETT WHITE
 Colonial desks. 2 each with bookcase top, chairs included \$275 each set. \$150 each piece. Call evenings & weekends. 746-5119. gcs3

SELLING FURNITURE
 Excellent condition. Assorted LR, DR, Bedroom set, kitchen set, TV, exercycle. 587-3347. w-s-3

LESTEX SPINET PIANO.
 Mahogany, good condition. \$300. Pine hutch, excellent condition, \$150, white bedroom set incl. dresser, mirror, chest of drawers, desk, twin beds, good condition \$300 for all, will divide 742-4749. gcs4

For Sale

DINING ROOM SET 42X66
 table with leaves, pads, 6 chairs, breakfast \$600. Also BR set & fruitwood desk 24X54. 248-3752. gcs2

LIVING ROOM/DEN
 furniture, large early American sofa, loveseat & wing chair. Earth tone colors. Very good condition. Call after 5 p.m. 248-8354. ws2

DINETTE SET-FORMICA TOP
 42 inches with 10 inch extension leaf & 4 chairs. Excellent condition. \$65. 741-0441 Call evening after 7 p.m. gcs2

TWO (2) MODERN COUCHES,
 1 brown sofa chair, exercise bike, two glass & chrome tables, 1 end table, 1 white wood bedroom set (5 pieces) \$100.000 Appt. only. 741-9740. w-s-3

QUEEN SIZE WATERBED,
 pad & set of sheets. LR couch & 2 chairs, assorted pieces. Make offer 248-2685. gcs3

QUEEN ANNE CHERRY
 Writing table \$475, Queen Anne Cherry curio cabinet \$450. Call after 6 p.m. to make appointment 741-2266. gcs3

BEATLES COLLECTION OF 13
 LP Albums in blue box, new \$50. Large collection of Micronaut toys \$50. Hummel 4 inch "Village Boy" \$55. 486-7677. gcs3

FURNITURE FOR SALE
 Henredon armoire/bar, Apartment size grand piano, other smaller items. All in excellent condition. 742-7259. gcs3

HOT WATER HEATER,
 Gameboy - 30 gallon oil fired Ford tank used only 7 months with Beckett burner head, asking \$275. Nintendo Gameboy with Light boy and 7 games. Excellent condition. Asking \$135. 747-1883. gcs3

DINING ROOM TABLE
 2 leaves, custom pads, 2 Captain chairs, 4 straight chairs, new seat covers. Excellent condition. Also TV/stereo cabinet, other items. 352-1152. gcs2

ATTRACTIVE WALNUT BAR
 white formica top with 3 bar stools. \$100 for set. 747-6012. gcs1

SOFA BED, LOVE SEAT & rocker/recliner. Brand new. Must sell \$425 for all. 746-7985. gcs1

COMPUTER FOR SALE. ATARI
 1040 ST. Color monitor, mouse, dust covers, lots of games, software & literature. Best offer. Call Doug 248-4068 after 5:30 p.m. gcs1

TWO ENGLISH BICYCLES \$75
 each, stereo/TV cabinet \$25, leather queen size sofa bed (new). 437-9127. gcs1

For Sale

BR SET/GIRL'S BENNINGTON
 pine, light stain, headboard, foot board, dresser, mirror, desk, chair, night table. Excellent condition. \$650. 746-3629. gcs2

SOFA BED PLUS LOVE SEAT
 - Tan flame stitch, herculon. Good condition. Asking \$300. 248-3048. gcs4

ETHAN ALLEN SERVER;
 Mahogany dresser & mirror, chest on chest, two night stands; leather top desk with chair; 2 piece oak wall unit with bar; fruit wood love seat; microwave & more. 741-1189. gcs4

GARDEN DUMP CART, 2 CU.
 ft., \$30. Gayden 5 H.P. shredder, \$295. 4' wide wall mirror. \$95. Oak rocker, \$85. D.C. lights generator 500 W. \$125. 488-6261. wa4

BEAUTIFUL HOT TUB FOR
 Sale. Best offer. Call 482-5203. hs4

HONEY PINE DINING ROOM
 set, 54" round table with captains chairs. Large hutch with amber glass doors, \$900, negotiable. Five piece Danish walnut BR set, \$400. Forties hand-carved, dark red brocade fabric and petite point matching chair, \$700. Victorian hand-carved gigan, \$700. Call anytime. 747-7482. wS2

Boat For Sale

LARSON 75, 17 FT., FIBER-
 glass, 85 HP, merc. trailer 81. Must sell, asking \$2000. Call 718-626-7304. ws2

Instructions

SAT/PSAT TUTORING. BOOST your scores with personal instruction and preparation in your own home. Certified career high school English teacher with years of SAT experience. 423-1967 day or evening. htn

DRUMMERS: JIM MOLA IS
 accepting serious students of all levels for private instruction. All styles with emphasis on technique. 15 years experience, former university instructor, major performance experience. 212-549-495. hn3

MUSIC STUDIO. RITA & Janet Lucy - Piano, violin, viola. Emphasis on theory & harmony. Every student excels. Four years old & up. All levels. Thirty years in Garden City. Video tape of student recital available. 248-7379. gcs1

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 home. I will turn you into a star!! I have over 20 years of successful teaching experience and studied with renowned performers and teachers. Call (212) 567-1009. hs3

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 your own voice in Poetry, Prose, Plays. 10 week workshop starts in the Fall. Weds., 7:30 p.m. to 9:30 p.m. led by Margaret Sietler & MaryAnne Weinstein. Call 437-0529 to reserve space in workshop. hs4

PIANO KEYBOARD INSTRU-
 ctions. Professional, B.A. music, 10 years experience. Flexible, well rounded curriculum. Great with children from 6-60 plus. Reasonable rates. Call 746-5969. gcs1

Pets For Adoption

SMALL TERRIER MIX/MALE,
 Needs good home. Good with children, housebroken, neutered. 742-8128. gcs3

Business Opportunity

YOGURT & SUCH FRANCHISE
 - Yogurt & Health Foods, 1 year old, new mall Suffolk County, owner, Days 488-7069, evs. 352-0423 or (718) 331-8764. gcs1



Garage/Tag Sale

FRIDAY, SEPT. 6 TO MONDAY,
 Sept. 9, nine to five, multi-family. Household items, appliances, crafts, books, upholstery fabrics, plus more. 175 Banbury Rd., Mineola wS1

NOTICE
HAVE YOU A HIDDEN TALENT that has yet to be discovered in print?

We are looking for articles, not exceeding 3,000 words or less than 1,500 words, on local topics, opinions, ideas, nice places to visit on Long Island, and even fiction. In our magazine section, we will try to "Discover" one new feature length article and writer per week. Each writer will be reimbursed a stipend of \$25.00.

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Garage/Tag Sale

SAT., SEPT. 7, 9-4 AT 191
Rockaway Ave., Garden City.
Something for everyone. gcs1

SATURDAY, SEPTEMBER 7th,
Raindate, September 8th - 9 a.m.
to 4 p.m., 151 Collins Ave.,
Williston Park off Hillside Ave.
House contents: furniture,
antiques, books, picture frames,
garden furniture, records, children's
clothes, bric-a-brac & more
interesting items. Also selling
1964 Chevy Super Sport. ws-1

MOVING SALE: SAT. SEPT.
7th and Sun., Sept. 8th, 10 a.m.
to 4 p.m. Household items,
bedding, toys, furniture, 129
Bedell Ave. Cathedral Gardens,
off of First St., Garden City
between Cathedral and Rock-
away Avenues. w-a-5

FRI. & SAT., SEPT. 13 & 14, 10
a.m. to 4 p.m., 21 Hudson Rd.,
Garden City. East of New Hyde
Park Rd., between New Hyde
Park Rd. and Tanners Pond Rd.
Furniture, appliances, large
freezer, garden equipment, cloth-
ing. Something for everyone. hs2

MULTI FAMILY GARAGE SALE
September 7th - 9 a.m. to 4 p.m.,
39 Collins Ave., Williston Park.
1950 Dodge car, grandma's
bedroom set, crib, high chair,
changing table, toys, kitchen
wear, bric-a-brac, clothes, etc.
Raindate September 14. ws1

SEPTEMBER 13, 14 & 15,
10 a.m. to 4 p.m. 335 W. Nicholas
St., Hicksville (off Duffy Ave.).
Furniture, jewelry, baby furni-
ture, bikes, clothes, freezer &
much more. ws2

11 FRANKLIN STREET,
Williston Park. Sat/Sun. - Sept.
7th/8th. Contents of Grandma's
home. ws1

GARAGE SALE FRIDAY &
Saturday, Sept. 13 & 14, 9-3, 29
Laurel Street, Garden City.
Contents of home, household
items, couches, TV, rug, sporting
goods, dishes, tools, tall ladder,
picture frames, fabric, quilts, bed
spreads, clocks, desks, chests,
bookcases, clothing, much good
stuff. Rain date Sept. 20 & 21.
gese2

GARAGE SALE - HEMPSTEAD
Between Bedell Ave. & St.-Paul
North. Sat., Sept. 7 & Sunday,
Sept. 8, 10-6. Rain date Monday,
Sept. 9. Curtains, furniture,
clothing. Everything to go. gese1

GARAGE SALE - THURSDAY,
Sept. 19. Rain date Sept. 20, 10
a.m. - 4 p.m. 42 Franklin Court
(off Meadow Street). Crystal,
china, silver, household items
plus more. gese2

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Novenas

ST. JUDE NOVENA MAY THE
Heat of Jesus be adored,
glorified, loved and preserved
throughout the world now and
forever. Sacred Heart of Jesus
have mercy on us. St. Jude
worker of miracles pray for us. St.
Jude helper of the hopeless pray
for us. Say this prayer 9 times a
day, 9 days. Has never been
known to fail. Publication must be
promised. Thank you St. Jude.
D.C. ws3

HOLY SPIRIT YOU WHO SOLVE
all problems, who light all roads,
so that I can obtain my goals. You
who give me the divine gift to
forgive and forget all evils against
me and that in all instances of my
life you are with me. I want in this
short prayer to thank you for all
things and to confirm once again
that I never want to be separated
from you ever in spite of all
material illusions. I wish to be
with you in eternal glory. Thank
you for your mercy towards me
and mine. Say for 3 consecutive
days after which the favor
requested will be granted even if
it appears difficult. This prayer
must be published immediately.
Thank you Holy Spirit. R.K. gcs1

ST. JUDE NOVENA MAY THE
Sacred Heart of Jesus be adored,
glorified, loved and preserved
throughout the world now and
forever. Sacred Heart of Jesus
have mercy on us. St. Jude
worker of miracles pray for us. St.
Jude helper of the hopeless pray
for us. Say this prayer 9 times a
day, 9 days. Has never been
known to fail. Publication must be
promised. Thank you St. Jude.
D.C. ws3

HOLY SPIRIT YOU WHO SOLVE
all problems, who light all roads,
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who give me the divine gift to
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life you are with me. I want in this
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with you in eternal glory. Thank
you for your mercy towards me
and mine. Say for 3 consecutive
days after which the favor
requested will be granted even if
it appears difficult. This prayer
must be published immediately.
Thank you Holy Spirit and St.
Jude. C.E. ws2

NOVENA TO ST. JUDE
Oh Holy St. Jude, Apostle and
Martyr, great in virtue and rich in
miracles, near kinsman of Jesus
Christ, faithful and intercessor of
all who invoke your special
patronage in time of need, to you
I have recourse from the depths of
my heart and humbly beg to who
God has given such great power
to come to my assistance. Help
me in my present and urgent
petition. In return I promise to
make your name known and cause
you to be invoked. **St. Jude, pray for us all who invoke your aid. Amen.** Say 3 Our Fathers, 3 Hail Mary's, 3 Glorias. Say for 9 consecutive days. Publication must be promised. This novena has never been known to fail. Thank you Holy Spirit and St. Jude...C.E. ws2

NOVENA TO ST. JUDE
Oh Holy St. Jude, Apostle and
Martyr, great in virtue and rich in
miracles, near kinsman of Jesus
Christ, faithful and intercessor of
all who invoke your special
patronage in time of need, to you
I have recourse from the depths of
my heart and humbly beg to whom
God has given such great power
to come to my assistance. Help
me in my present and urgent
petition. In return I promise to
make your name known and cause
you to be invoked. **St. Jude, pray for us all who invoke your aid. Amen.** Say 3 Our Fathers, 3 Hail Mary's, 3 Glorias. Say for 9 consecutive days. Publication must be promised. This novena has never been known to fail. Thank you for answering my prayers. R.K. gcs1

HOLY SPIRIT YOU WHO SOLVE
all problems, who light all roads,
so that I can obtain my goals. You
who give me the divine gift to
forgive and forget all evils against
me and that in all instances of my
life you are with me. I want in this
short prayer to thank you for all
things and to confirm once again
that I never want to be separated
from you ever in spite of all
material illusions. I wish to be
with you in eternal glory. Thank
you for your mercy towards me
and mine. Say for 3 consecutive
days after which the favor
requested will be granted even if
it appears difficult. This prayer
must be published immediately.
Thank you Holy Spirit. ARC gcs1

HOLY SPIRIT YOU WHO SOLVE
all problems, who light all roads,
so that I can obtain my goals. You
who give me the divine gift to
forgive and forget all evils against
me and that in all instances of my
life you are with me. I want in this
short prayer to thank you for all
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from you ever in spite of all
material illusions. I wish to be
with you in eternal glory. Thank
you for your mercy towards me
and mine. Say for 3 consecutive
days after which the favor
requested will be granted even if
it appears difficult. This prayer
must be published immediately.
Thank you Holy Spirit & St. Jude.
C.M. ws1



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Kids Home Newspaper



Games, rhymes, and riddles for children and their parents, too!

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DRAW IT!

DRAW A BLACK BEARD ON THIS PIRATE!

THIS TREASURE CHEST HAS BEEN DUG UP. THE PIRATE'S MAD, BUT NOT MY PUP! JUST SOLVE THE CODE AND YOU WILL SEE WHY PUP'S AS PLEASED AS HE CAN BE!

REPLACE THE LETTER SHOWN WITH THE LETTER THAT PRECEDES IT IN THE ALPHABET

**UIFSF'T OPUIJQH
CVU CPOFT JO UIJT
USFBTVSF DIFTU!**

SUPPER!

LIST 5 WORDS THAT RHYME WITH PLANK!

1 _____ 2 _____
3 _____ 4 _____
5 _____

HOW ABOUT SANK?!

HELP THIS PIRATE FIND THE TREASURE CHEST!

WHAT IS A PIRATE'S FAVORITE FISH?

SWORDFISH!

WRITE US!

IF YOU HAVE ANY FUN GAMES OR JOKES SEND THEM TO : **PUP**

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Surprise Mom and Baby When They Come Home From The Hospital. Our Colorful 6' Tall Stork With Personalized Hand Painted Plaques Are A Sensation All Over Long Island.
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ARE YOU AN AVID GOLFER OR JUST LEARNING?
We're TURF DESIGN
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ANTIQU OR JUNQUE



By James G. McCollam

Madonna made by Goebel Co.

Q. Enclosed is a picture of a porcelain Madonna and Child. It is 9 inches tall and is marked with a Bee in a Vee and "HM 128." I would like to know its origin and value.



A. This was made by the W. Goebel Co. in Rodental, Germany, during the mid-20th century. It is the same company that makes Hummel figurines, which are all marked "M.I. Hummel."

Your Madonna and Child would sell for \$125 to \$135.

Q. The attached mark is on the bottom of a teapot decorated with a blue floral design on both sides. It holds about 3 pints. Can you tell me anything about its origin and value?



A. The Greenock Pottery operated in Renfrewshire, Scotland, during the late 1800s. They produced transfer-printed earthenware such as yours for several years.

Your teapot would probably sell for \$125 to \$135.

Q. What can you tell me about a slot machine that pays off in gum balls? At the top it says — "1 cent — BALL GUM — 1 cent." As an added bonus it tells your fortune. It may have been legal, but it wasn't much fun.

A. You have a Caille Fortune Ball Gum Vendor. It was produced about 1925. For a non-gambling machine the value is quite high — at least \$1,000.

Q. I have an autographed 8-by-10-inch photo of Elvis Presley that I obtained in the early 1970s.

Could you give me some ideas as to its current value? It is in excellent condition. The signature is genuine; he signed it in my presence.

A. This is a popular item; a picture like this would probably sell for \$800 to \$900.

Q. How much is my Mickey Mouse train set worth? It was made by Lionel and consists of engine, tender and circus car with track?

A. These were made in the 1930s and supposedly saved Lionel from bankruptcy. Sets like this in good condition are selling for \$1,500 to \$1,600.

BOOK REVIEW

"The Price Guide to Wallace Nutting Pictures, 4th Edition" by Michael Ivankovich, Diamond Press, P.O. Box 2458, Doylestown, PA 18901, \$14.95 plus \$2 postage, or at your local bookstore.

This provides the latest retail prices of the rapidly expanding market for Wallace Nutting's hand-colored photographic prints.

It also includes a wealth of information about reproductions and fakes.

Send your questions about antiques with picture(s), a detailed description, a stamped, self-addressed envelope and \$1 per item to James G. McCollam,

McCollam is a member of the Antique Appraisers Association of America.



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Points on Pets

By R.G. Elmore, D.V.M.

Q. Are sleeping pills harmful to pets? My wife leaves her pills on the nightstand, where our dog has access to them. What should I do if the dog ingests the pills?

A. Ingestion of sleeping pills by pets can be very serious, depending on the chemicals in the particular pills and the number of pills consumed. If you believe that your dog has eaten sleeping pills, you should take the dog to a veterinarian immediately. This is a serious emergency situation.

If you cannot take your dog to a veterinarian, you should try to make the dog vomit. There are several ways to do this. One method is to mix equal parts of hydrogen peroxide and water and then administer orally at the rate of 1½ tablespoons for each 10 pounds of body weight. Vomiting should occur within a few minutes.

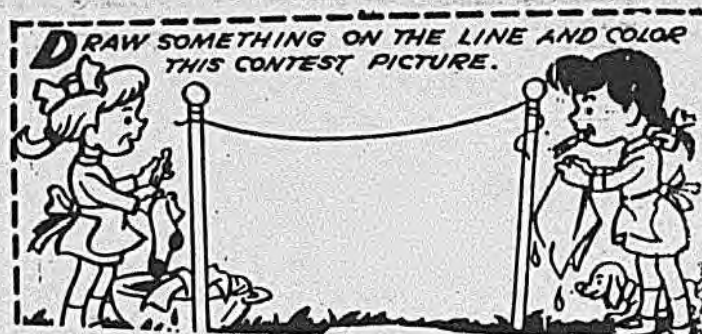
If you do not have any hydrogen peroxide, you can dissolve two

teaspoons of table salt in a cup of warm water. Another method is to dissolve one tablespoon of mustard powder in a cup of warm water.

You should not try to make an unconscious dog vomit. Unconscious dogs should be taken to a veterinarian immediately. Prevention is the best treatment for poisoning by ingestion of sleeping pills.



JUNIOR EDITION



Aunt Tilly's Corner

Back to School went off smoothly according to most of the children I have talked to this week. Yes, some were a little unhappy over getting up and getting ready for the school bus. But much of the hardship in this was relieved by once again seeing old school friends who were missed during the summer and meeting some new ones. So with everything that is not so good comes nice things to think about. In addition there will be many trips and sports this fall, so there is plenty ahead.

Your Friend
Aunt Tilly

This week's coloring contest winner was Bronson M. Cairn.

RULES

BOYS AND GIRLS

Here is your chance to win One Dollar. (\$1.00) - to spend or to save.

Here's all you have to do:

1. Contest is open to children 4 to 12 years of age.
2. Entries must be received by Friday, September 13, 1991
3. Paint, watercolors and crayons must be used on the above.
4. Decision of the judges will be final.

Mail your entry (just clip our cartoon) to this newspaper at:
105 Hillside Avenue
Williston Park, N.Y. 11596

The World's Most Beautiful Grandchildren



This beautiful little girl is Stephanie Marie, born January 24, 1991, to Mary and Joe Rzeczut. She is the tenth grandchild for Evelyn and Michael Lennon of New Hyde Park and the first granddaughter for Victoria and Joseph Rzeczut of Mineola.

YOUR SOCIAL SECURITY

Survivor benefits from children

By William M. Acosta

Q. I know that Social Security pays survivor benefits to a worker's spouse and/or children, but what about a parent? — R.B.

A. A parent may qualify on a deceased worker's record if certain requirements are met. The parent must be age 62 and not be entitled to a retirement benefit equal to or exceeding the amount of the parent's benefit and must not have married after the deceased's death. The parent must have been receiving at least one-half support from the deceased within a particular time frame. Call your Social Security office to discuss the requirements.

Q. I currently receive Survivor benefits for myself and my 15-year-old son. Someone told me that age 16 is the cutoff age. Is that true?

A. Eligible children can get benefits until they turn 18. Benefits can continue to age 19 if the child is a full-time student in elementary or high school. If a child marries, entitlement ends. Your entitlement as a mother ends when your youngest child reaches age 16.

Q. I owe the Internal Revenue Service money. Can they take my Social Security check?

A. Yes. Social Security benefits are subject to levy by the U.S. Government to satisfy unpaid taxes. Generally, Social Security

benefits are not subject to execution, levy, attachment, garnishment or other legal processes. There are two exceptions: levy by the IRS to collect unpaid federal taxes; and garnishment for the purpose of providing child support and/or alimony.

YOUR SOCIAL SECURITY

Q. I am widowed and live alone in my own house. I was thinking of selling this house and buying a one-story house so that I would not have to climb stairs. Would this affect my Supplemental Security Income?

A. A home owned by an individual is excluded as a resource if the home is the individual's principal place of residence. The home replacement exclusion would allow you to sell your home without having the proceeds of the sale count as resources if the proceeds were used within 90 days for the purchase of another excluded home. Contact your local Social Security office for complete details.