

In
The Only N
sville
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& Levittown Times 35¢

Friday, August 9, 1991

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Under Stars Singer



Oyster Bay Town Councilman Leonard Kunzig, left, greets singer Earl Lewis before one of the Town's "Music Under the Stars" concerts at Bethpage Community Park. The performance featured Earl Lewis and The Channels and the Johnny Farina Band. "Music Under the Stars" is coordinated by the Town's department of Community and Youth Services, Cultural and Performing Arts (CAPA) division.

India Day



Nassau County Executive Thomas S. Gulotta, [center], proclaimed August 18 as "India Day" in the County of Nassau. Joining the County Executive were members of the India Association; Usha Chopra, a Baldwin resident; Avtar Singh Josen, a Manhasset resident; Dr. Parveen Chopra, a Baldwin Harbor resident; Dr. Pravin Pandhi, a Hicksville resident; Dr. Vidya Pandhi, a Hicksville resident; Dr. Ram Moorthy, Elmhurst resident.

Fertilizing Workshop

On Monday, August 12, from 7:30 p.m. to 9 p.m., the Bethpage Public Library will present a workshop with Ronald Enners on fertilizing, nutrients, PH, mowing and watering. He will discuss products and methods as well as

pesticides - the good, the bad and the ugly.

The library is located at 47 Powell Avenue, Tel.: 931-3907, two blocks west of Exit #8 on the Seaford-Oyster Bay Expressway, Route #135.

Pioneers Donate Stove To INN

Members of the Sagamore Life Member Club, Paumanok Chapter, of the Telephone Pioneers of America recently donated a new stove to the Hicksville Interfaith Nutritional Network Center (the INN), located at the Redeemer Lutheran Church, 17 New South Road in Hicksville. The stove replaced an old unit which was in need of a great deal of repair.

The Sagamore Pioneers donated the stove in fond memory of Arnold J. Dames, a deceased member of their Club. Arnold was a Plainview resident and a parishioner of the Redeemer Lutheran Church. He was also a very active supporter and volunteer at the Hicksville Inn.

The Paumanok Telephone Pioneers have been very active in donating equipment, food, clothing, and in volunteering hours to numerous facilities, throughout Nassau and Suffolk Counties, that aid homeless and needy individuals.

Children's House Names President



Robert Parry

Bethpage resident Robert Parry has been elected president of the Board of Directors of Children's House, Inc. a not-for-profit child care agency founded over 100 years ago. Mr. Parry who is Superintendent of East Rockaway Public Schools has been a member of the Board of Directors for 4 years and a member of the Board's Executive Committee for two years.

Children's House provides shelter and guidance to Long Island's homeless, neglected or abused young people. Additionally, a group home for emotionally handicapped boys, and a program that works with parents of emotionally handicapped youngsters living at home, are offered by the agency. Last year they cared for 758 Long Island youngsters.

Five Yr. Contract To Lease Willet School

By Maureen Traizer

Following criteria drawn up this spring by the Willet Avenue School lease review committee, comprised of community members, the Hicksville Board of Education unanimously approved, at its August 1 meeting, a five-year leasing agreement with the North Shore University Hospital Pre-School Program.

In an expression of confidence in the agreement signed with Dr. Barbara C. Wilson, Director of the Hospital's Center for Neuropsychological Services, Board President Carole Wolf characterized her expectations for the relationship between the parties as "long, pleasant and beneficial."

"We will be very good neighbors," Dr. Wilson assured the board. North Shore's pre-school and infant development program, to be housed in the Willet Avenue school building, is designed for infants and children through age five. The annual rental fee paid to the Hicksville district is \$213,639, plus additional costs for maintenance and custodial services. These services will be performed by school district employees, and the costs will be passed on to North Shore. The closing date of the lease is July 31, 1996.

According to the lease, the Willet Avenue gate is to remain closed, and all access and parking by tenants' vehicles and school buses is confined to Andrews Road. The district reserves the right to use playground and parking facilities when the program is in session, if such use does not interfere with the program or when written permission is received from the director.

Trustee James Black voiced some concern that if the State aid situation does not turn around, the tenant may not be able to pay. Dr. Wilson explained that the State had "illegally" frozen tuition rates, but that North Shore is fighting this move. Board Secretary Arlene Rudin confirmed that if by some occurrence North Shore is unable to honor the contract, the lease provides "sufficient time to find a new tenant."

The board unanimously approved the extension of its food service contract with Ideal Management for the 1991-92 school year at the metropolitan regional cost-of-living index with no increase to student menu prices. At the board's July 2 meeting, Ideal's contract bid was rejected, because it included price increases on the ala carte menu.

After much uncertainty during the closing months of the 1990-91 "austerity" school year regarding the propriety of athletic fee payments, the board approved the recommendation made by newly-appointed Superintendent Sal Mugavero to pay Section VIII Athletic Fees and Assessments for 1990-91 in the amount not to exceed \$9,165. Superintendent Mugavero assured the board and residents that these fees were payable under austerity and that unless these fees are paid, Hicksville students would not be permitted to participate in the program in the coming school year.

The new superintendent's presence was very visible throughout the evening meeting, and by his statements, he persevered to assuage fears and distrust in the community. Mr. Mugavero repeatedly asked residents to bear with him since August 1 was his "first day on the job," as he attempted to answer their questions.

"I only play straight," Mr. Mugavero stated. He reiterated his aim to

"I only play straight," Mr. Mugavero stated. He reiterated his aim to "Deliver excellent education to the children of Hicksville" and his concern for "the taxpayers of Hicksville and their ability to pay." He requested that residents "give us time to come up with the kinds of reviews" necessary to satisfy inquiries and to produce efficiencies.

President Carole Wolf pointed out that monthly public board meetings will now begin at 8 p.m., as suggested by the Superintendent. These meetings will not be preceded by executive sessions in order to foster prompt starting time. The superintendent also suggested that all votes be taken by a show of hands, unless otherwise requested by a trustee.

Other matters included:

- Partial award of out-of-district bus transportation routes, amounting to \$115,995. Eight routes will be rebid and recommendations on these routes are expected at the board's next meeting. Assistant Superintendent William Hall said he anticipated "no problems" for

Continued On Page 16

**FALL SCHOOL DIRECTORY
IN THIS ISSUE**

Hild-Paternoster Wedding



Mr. & Mrs. Michael Paternoster

Kelley Ann Hild, daughter of Mr. & Mrs. Joseph Hild, 25 year residents of Hicksville, was married at the Brookville Reform Church on June 22 to Brian Michael Paternoster of Floral Park.

Kelley is a 1985 Hicksville graduate, who recently received her Masters Degree from Adelphi

University, in Educating the Deaf.

Kelley was attended by her sister Kathy. Bridesmaids were: Laura DiBenedetto, Donna Greiher, and Diane Flinter.

The happy couple honeymooned in Tortola, B.V.I., and are now residing in their home in Floral Park.

Walking For Wellness



A recent ribbon cutting ceremony marks the official dedication of a mile long walking trail at LILCO's Hicksville Operations Center in Hicksville. The Company's Corporate Wellness Program encourages healthier living through diet and exercise. The trail allows employees to benefit from exercise before or after work, or at lunchtime. Pictured at the start of the trail, left to right, are: Lynn Odierna, LILCO Employment Office Clerk; Regina Rall, LILCO Medical Secretary; Tony Earley, LILCO President; Felecia D'Zamko, Exercise Physiologist; and William Catacolnos, LILCO Chairman and Chief Executive Officer.

VFW Scholarship Award Presented

The Wm. M. Gouse, Jr. VFW Post #3211 had an extremely successful year in their Scholarship Program. Chairman Bill Bennett, Chairman of The VFW Scholarship Committee presented Jessica A. Hand with a \$1,000 Albinus A. Hanlon Scholarship Award, at ceremonies held at the Post, that was attended by family, relatives and friends of the scholarship winners.

Jessica is the proud granddaughter of Raymond Hand a member of the VFW Post. Jessica had graduated from Farmingdale H. S. with a Regents Diploma,

and will be attending Adelphi Nursing School in September.

The Judges for the VFW Scholarship Committee were Mr. Sig Widder, Carole Wolf and Joe Jablonsky.

The First and Second Alternate winners were: Traci Lynn Martin, granddaughter of Ed Martin of our Post, and Alice M. Probst, daughter of Carl Probst of our Post.

Our VFW Scholarship winner in the Hicksville High School was: Lisa Entel, a graduate of Hicksville High, and was awarded with a \$500 check for community service.

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Watercolors At Mid Island

Mid-Island Hospital is hosting a watercolor exhibit for the month of August by artist Barbara Segal of Wantagh. Thanks to the Town of Oyster Bay Dept. of Community and Youth Services, Cultural and Performing Arts Divisions for coordinating this exhibit.

Barbara Segal has studied and learned the skill of creating watercolor art with the following teachers: John Rogers; Ken Fumio Keno; Christopher Schink; Angela D'leo and Marion Brown. She has shown her work in many juried art exhibitions: Suburban Art League; Independent Art Society; South Shore Art League; and the Arts Council at Freeport. Barbara has received an Award of Excellence from the Suburban Art League, June 1990; was elected in 1988 and still holds the position today of President of the Wantagh Community Arts Program and was invited to participate among the Town of Oyster Bay Rotational Art Exhibits.

Even though most of Barbara Segal's paintings are traditional realism, abstract shapes can be found in her landscapes, seascapes, florals and still life. A scene develops as she continues to paint without her having any pre-conceived ideas. This is the most exciting and challenging way for her to paint because she never knows what the result will be until she is well into the painting. Sometimes, she will study an unfinished painting for weeks before she makes a decision on how to finish it successfully. Barbara Segal's paintings are an extension of herself and how she feels about the world she lives in.

Barbara's exhibit will be on display throughout the month of August in the main lobby of Mid-Island Hospital. The acute care facility is located on Hempstead Turnpike, just west of the Seaford Oyster Bay Expressway in Bethpage. Call the hospital's Dept. of Public Relations at 520-2487 for further information.

Croquet At Restoration



Croquet, 1860's style, will be one of many 19th Century Lawn Games to be played at Old Bethpage Village Restoration on the weekend of August 17 and 18, from 1 to 4 p.m.

INN Receives New Stove



Ken MacGregor, Sagamore Life Member Club President, presenting a \$2,000 check for a stove to the Rev. Dr. John H. Krahn at the Hicksville INN.



(Mrs. Arnold) Adalalde Dames, Ken MacGregor, Rev. Dr. John Krahn and Bill Kelly during dedication of the new stove at the Hicksville INN.

Elected Gov. Toastmaster Int.

Richard Maemone, a resident of Woodbury, has been elected as Toastmasters International's governor for District 46, an area that includes Southeastern New York and Northeastern New Jersey.

Maemone, owner of Think... Learn... Grow Communication Consultants, has been named Area Governor of the Year and Division Governor of the Year. He has been a Toastmaster for more than eight years.

Maemone is one of the top officials responsible for the success of the 7,000 Toastmasters clubs around the world.

Gulotta Greets EAC



Nassau County Executive Thomas S. Gulotta, right, presented a Certificate of Merit to EAC (Energy, Action and Care) worker Ruth E. Jayson, a Syosset resident, center, in recognition of her completion of the Respite Training Program of the Department of Senior Citizen Affairs. Looking on was Wendy Oleesen, Project Director, EAC Senior Respite Program.

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Exhibit Marks 100th Anniversary



An exhibit of old and contemporary photos marking the 100th Anniversary of the present St. Ignatius Loyola Church building on Broadway, Hicksville is attracting many visitors during the month of August, at the Hicksville Public Library. Richard Evers, historian of the Library Local History collection, has drawn on the public library and Gregory Museum collections, the St. Ignatius archives, and the fine collection of Bill Clark for his exhibit. A handsome watercolor of the church by Hicksville resident, Caroline Goldsmith, is the exhibit's focal point.

50th Wedding Anniversary



Hicksville's Baptist Church was filled to over-flowing this past Sunday with friends, relatives and fellow-parishioners, gathered to honor the 50th Wedding Anniversary of Lillian Mae Von Essen Ahlsen and Hans Bernard Ahlsen, former long-time Hicksville residents.



The Golden Anniversary celebration of the wedding of Lillian Mae and Hans Ahlsen had moved into the Hicksville Baptist Church when this photo was taken. Pastor Kevin Rawlins and his church council were pleased to assist the long-time residents' daughters, Mrs. Beverly Eckblad and Mrs. Susan Letizia, in arranging the occasion. Former church pastor, Allan Swalm, invoked God's blessings on the Ahlsens and their friends and congregation.



Making delightful music for the Hans and Lillian Ahlsen 50th wedding anniversary, Sunday past, was this family string quartet at the Hicksville Baptist Church party. L-R: grand-daughter Deborah Letizia; her father, Wayne; grand-daughter Lied Eckblad, and grand-daughter Angela Letizia. Looking on are the Ahlsen's daughter, Beverly Eckblad, and Tom Battice, retired Hicksville Music teacher, who helped train the young ladies.

[Photos by Dick Evers who taught Susan Ahlsen Letizia at the Old Junior High and was on hand, as guest, to enjoy the celebrants' singing of the grand old Lutheran, Methodist and Baptist hymns.

LEGAL NOTICE NOTICE OF SALE

SUPREME COURT: NASSAU COUNTY. THE GREEN POINT SAVINGS BANK, Ptf. vs. YOUNG H. CHUNG, et al, Defs. Index #19199/90.

Pursuant to judgment of foreclosure and sale dated June 17, 1991 I will sell at public auction on the north front steps of the Nassau County Courthouse 262 Old Country Rd., Mineola, N. Y. on August 22, 1991 at 10:00 a.m. prem. k/a 29 Beatrice Ave., Syosset, N. Y. Said property located on the southerly side of Beatrice Ave. and west of the corner formed by the intersection of the southerly side of Beatrice Ave. and the westerly side of Humphrey Dr., being a plot 100 ft. x 75 ft. Approx. amt. of judgment is \$229,898.55 plus costs and interest. Sold subject to the terms and conditions of filed judgment and terms of sale.

Monroe Flak, Referee
Callen & Dykman
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EMT Graduate



Nassau County Executive Thomas S. Galetta, left, attended graduation ceremonies for newly certified and recently recertified Emergency Medical Technicians, held recently at the Nassau County Medical Center.

Joining the County Executive were Richard J. McCarthy, center, of Bethpage, an Advanced Emergency Medical Technician; and Henry Pieloch, Administrator, Fire/Police EMS Academy.



Birthday And Anniversary Club

HAPPY BIRTHDAY

- | | | |
|--|--|---|
| August 1
Terry Bowler | August 8
Helen Girnis
Michael P. Collins
Katherine Stickevers
Anthony Schiralli, Jr.
Stephan Salvo | August 14
Larry Morillo
Matthew Filazzola
Wendy Marshall
Jim Locke |
| August 2
Judy M. Cisek
Dorothy Heideman
Lou Neumann, Sr.
Michele Lane
Sarah Knudsen
Kristi Walker | August 9
Linda Shaw
Linda Polito
Ethel Coyle | August 15
Geraldine Gianelli
Stephan Olafsen |
| August 3
Debbie Rapuano
Clinton Brown | August 10
John Harnett
Grace Knudsen
Phil Roth
Kevin Sheedy
Joe Geiger
Ken Knudsen
Andy Fayda | August 16
Jenny Anderson
Frank Lobmeier |
| August 4
Danielle Stampf
Chip Clark | August 11
Chiara Scheidet
Chris Camarda
Barbara Andersen
Matthew Thomas
Charles Goederer
Michael Minichello | August 17
Danielle Riccardi
Loretta Koutensky |
| August 5
Justin Breitfeller
Jamie Durkin
Kimberly Robeson
Rob Willson
Joe Parisi | August 12
Frances Palmeri
Clara Mazzocchi
Ary Salatto
Kay Sheedy
Frank Willard
Michael Lopez | August 18
Matthew Germain
Kathy Hild
Michael Kraemer |
| August 6
Doris Sanderson
Donald Buckley
Rick Rossi
Billy Dout
Joe Brogna | August 13
Ron Willson
Gustave T. Juhlin
Shannon Jones | August 19
Frank Riccardi
Vincent Polito |
| August 7
Matthew Sanderson
Christine M. Cisek
Mary Mills
Lauren Giacomino | | August 20
L. Winifred Chayka
Kathleen Gully |



HAPPY ANNIVERSARY

- | | |
|--|---|
| August 1
Walter and Gladys Gaylor | August 14
Mr. and Mrs. Mark Garbus
Kathy and Buzz Doyle |
| August 3
Mary Rita and Bill Heberer | August 15
Bruce and Sharon Edwards
Laura and Michael Cerlini |
| August 5
Ann and Richard Evers | August 16
Theresa and John Moehring |
| August 6
Kurt and Joanne Breitfeller | August 18
Mr. and Mrs. Vincent Polito
Ray and Jennie Marillo
George and Angela Karman |
| August 8
Debbie and Frank Rapuano | August 19
Warren and Cathy Breuer |
| August 11
George J. and Ruth Morris | August 23
Bob and Sue Klein |

- | |
|---|
| Jenn Peters
Kim Peters
Rose Izzo
Christopher Giacomino
August 24
Derek Carl Stebel
Michael Trongone, III
Raymond Bennett
Judi Nijboer
August 25
Gerard Doherty
Andrew Goerke
Jessie Doyle
Debra Grundel
August 26
A. J. Agosto
August 27
Leroy Edwards
Phillip Schlosser
August 28
Arthur DiGiovanni
Patricia Healy
Trudi Mauch
Roz Kurkowski
August 29
Austin Sheppard
Pam Durkin
Dustin Sheppard
August 30
Gary R. Lewis I
Irmgard Tuechler
Thomas McGovern
Jenique Nijboer
Theresa Brannan
August 31
Linda Swidzinski
Maureen Brannan
Frances Banks
Ruth Meade
Austin J. Sheppard |
|---|



- | |
|---|
| August 25
Lou and Ann Neumann
Mr. and Mrs. John Greggo |
| August 27
Mr. and Mrs. Wm. C. Peters |
| August 31
Jane and Anthony Schiralli, Jr.
Mr. and Mrs. Leonard Duntine |

4 Aces, Juggler Bethpage Park

A double bill performance by The Four Aces and juggler Will Shaw will highlight the final week of "Music Under the Stars" programs for Bethpage Community Park District residents, according to Town Councilman Douglas J. Hynes.

The program will be held at the community park on Thursday, August 15, beginning at 8:15 p.m. In the event of rain, the performance will take place in the auditorium of Bethpage High School, Cherry and Stewart avenues.

"Mention The Four Aces and songs like 'Tell Me Why,' 'Stranger in Paradise,' 'Three Men in a Fountain' and 'Love is a Many Splendored Thing' come to mind," Councilman Hynes said. "The group has performed in nightclubs and concert halls from New York to California and, while the group knows audiences love their old standards, they have added many contemporary songs to their repertoire that are bound to become new standards."

Sharing the stage with The Four Aces will be juggler Will Shaw. Holder of A Bistro Award for Excellence in Dabaret as well as the 1985 Street Entertainer of the Year Award, Shaw's special skills include juggling, unicycling, clowning, rope walking and balloon sculpture, all done with his trademark deadpan humor.

Councilman Hynes noted that the "Music Under the Stars" series is being sponsored by the Cultural and Performing Arts (CAPA) Division of the Town's Department of community and Youth Services.

"World of Strange Powers" by Arthur C. Clark is the title of a series of video cassettes at the Hicksville Public Library. Fascinating subjects are available, you may have wondered about them yourself. Here are just a few titles: Walking on Fire, Telepathy, Divining Rods, Stonehenge

& Premonitions. Two video cassettes may be borrowed for two days at a charge of \$1 each.

The Library has an excellent collection of cassettes. Stop in and check them over.

News From Hicksville Library

Career Counseling

Free, confidential career counseling is available at the Hicksville Public Library. If you want to update your resume or wish to re-enter the job market or if you are thinking about a career change, the Career Counselor can help. Call 931-1417 for an appointment.

How Can We Help You

Our Senior Connection Program continues at the Hicksville Public

Library. Every Monday afternoon at 1:30 p.m. a trained Senior Connections volunteer is available to all our patrons, but is especially trained to assist older adults and their families by linking them to needed resources within the community. Our volunteers answer your medicare and medicaid questions, direct you to needed resources and follow up on information and referrals. Help is as close as your library.

Paddy Noonan Band



Oyster Bay Town Councilman Leonard Kunzig, third from right, Town Councilman Leonard B. Symons, right, and Town Clerk Carl L. Marcellino, second from left, pose with members of "The Paddy Noonan Band" before one of the Town's "Music Under the Stars" concerts at Syosset-Woodbury Community Park. Members of the famous music group who performed were Jack Ryan, left, and Paddy Noonan, second from right. "Music Under the Stars" is coordinated by the Town's department of Community and Youth Services, Cultural and Performing Arts (CAPA) division. This performance was co-sponsored by Cablevision. The Town presented a certificate of commendation to Marybeth Cristle of Cablevision in recognition of her organization's support of the concert.

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LEGAL NOTICE SUPREME COURT COUNTY OF NASSAU

Gilbank, N.A., Plaintiff
against Edward A. Dolman, et al, Defendant (s).

Pursuant to a judgment of foreclosure and sale entered herein and dated May 3, 1991, the undersigned Referee will sell at public auction on the north front steps of the Nassau County Courthouse, 262 Old Country Road, Mineola, N.Y., on the 22nd day of August, 1991, at 10:00 a.m., premises, beginning at a point on the easterly side of Loretta Drive, 825.69 feet westerly, south-westerly, and southerly from the extreme westerly end of the arc connecting the westerly side of Patricia Lane with the southerly side of Loretta Drive, being a plot 100 feet by 66 feet, said premises known as 31 Loretta Drive, Town of Oyster Bay, Syosset, New York.

Approximate amount of lien \$33,745.58, plus interest and costs. Premises will be sold subject to provisions of filed judgment. Index Number 19700/89.

Dated: July 19, 1991

Howard M. Adelsberg
Referee
Deutch & Schneider
Attorney (s) for Plaintiff
3450 Fulton Street
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VFW Awards Scholarship



L-R: VFW Award Scholarship Awards Ceremony. Commander Vincent Ferrara, Carole Wolf, VFW Judge, Chris Jansen, 1990 VFW Scholarship winner, Raymond Hand, grandfather of Jessica Hand, winner of 1991 VFW Scholarship, Traci Lynn Martin with grandfather of Ed Martin, member of VFW Post, Sig Widder, VFW Judge, Bill Bennett, Chairman of the VFW Committee.



L-R: Vincent Ferrara, VFW Post Commander, Chris Jansen, 1990 VFW Post scholarship winner, Jessica Hand, 1991 Scholarship winner, Traci Lynn Martin, Alternate winner, Bill Bennett, Chairman VFW Scholarship Committee.

Communications Chairwoman



Town of Oyster Bay Councilman Leonard Kunzig congratulates Joanne Ingui at last month's Bethpage Republican Club meeting upon her appointment as Chairwoman of the Communications Committee. "Joanne and the members of her committee do a fine job in reaching out to the voters," said Buddy Mazzara, Club President. "This fall, Joanne's committee will be working hard for the Republican candidates and especially to return Councilman Leonard Kunzig for a full 4-year term."

Mid Is. Y

Tours

Special tours and an introduction to the Mid-Island Y Jewish Community Center, 45 Manetto Hill Rd. in Plainview, will be held on Wednesday and Thursday, September 4 and 5, from 7-9 p.m. Tour and join on these nights only and save \$25 off your full service annual membership rate.

The Mid-Island Y, the flagship agency of the United Jewish Ys, offers a variety of services, including programming for every interest age - from infants through senior adults - with a focus on support and friendship. A wide range of activities is available from swimming, health & fitness classes to camping and couples' clubs. Other offerings include Cultural Arts, Adult Education courses, Young Adult & Teen's activities, trips and much more.

The service area of the Mid-Island Y Jewish Community Center includes the Town of Oyster Bay from Oyster Bay to Massapequa (including Jericho, Levittown, East Meadow, North Bellmore, Wantagh and Seaford; plus parts of Western Suffolk from Deer Park North to Huntington. For more information, call Devorah Brooks, Membership Director, at 822-3535.

The Mid-Island Y Jewish Community Center is an agency of UJA-Federation; a member agency of the United Jewish Ys of L.I., the JCCA, the United Way of L.I. and the Health and Welfare Council of Nassau County.

Mark Maslow, son of John and Jill Maslow of Cedar Avenue, has been accepted for fall admission at Rochester (N.Y.) Institute of Technology. Maslow will major in microelectric engineering in RIT's College of Engineering.

A 1991 graduate of Bethpage High School, Maslow is the recipient of the Herman Slavin Memorial Scholarship.

LEGAL NOTICE NOTICE TO BIDDERS

SEALED BIDS will be received by the Board of Fire Commissioners of the Hicksville Fire District, 20 East Marie Street, Hicksville, New York, until 3:00 p.m. prevailing time, September 6, 1991, for the following:

One (1) 1992 Mercury Grand Marquis LS Sedan (or equal). Each bid must be accompanied by bid security in the form of a certified check or bid bond in the amount of 5% of the bid price.

Complete specifications for the above items may be obtained at the office of the Dispatcher, Hicksville Fire House, 20 East Marie Street, Hicksville, New York.

BOARD OF FIRE COMMISSIONERS
HICKSVILLE FIRE DISTRICT
Dated: August 6, 1991

Attest: John Knight,
District Secretary

MIT 2494
IX 8/9

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Miss Metro



Nassau County Executive Thomas S. Gulotta, (R), congratulated Dana Flynn, a Bethpage resident, on behalf of her receipt of the title, "Miss Metro New York National Teen-ager."

Elected To Bd.



Gift of Life, a non profit organization of Rotarians and community supporters celebrated the installation of the new president, Gayle Bernstein at the Swan Club on June 20. The Gift of Life whose mission is to help needy children suffering from congenital heart defects secure a new life through the miracle of open heart surgery has saved the lives of 870 children from 30 countries without any expense to their families. Pictured are L-R: Gayle Bernstein, President, Gift of Life and Thomas Clark, Town Councilman, Town of Oyster Bay.

End of Summer

Club Read-to-Me Party featuring a special Magic Show for this age group by star magician Jean Majjean, who will present spell-binding merry fun for the very young. There will also be a certificate celebration, lollipops, and plenty of chuckles and audience participation. Thursday, August 22, 10:30 a.m. Book lists to be in by August 15.

Fabulous Bethpage Public Library Summer Reading Club Party - with dazzling magician and entertainer extraordinary Bill White, who will perform levitation, and grand illusions. Friday, August 23, at 2:30 p.m. Tons of awards & prizes from Pizza Hut, Plainview Bowl, Batter-Up Miniature Golf, Carvel - and more! Treats and surprises! Delicious refreshments. All book reports must be in by library closing time, 9:00 p.m. on Thursday, August 15.

Special prize treats have been contributed by Pizza Hut, 3743 Hempstead Turnpike, Levittown (coupons only redeemable at this store); fascinating games of miniature golf at Batter Up, 130 Hicksville Rd., Bethpage; and bowling games at Plainview Bowl, 500 Old Bethpage Rd., Plainview. Our "Super Readers" will receive a delicious surprise from Carvel, 552 Stewart Avenue, Bethpage.

LEGAL NOTICE NOTICE OF SALE

Supreme Court, County of Nassau, Index #10591/90, UNITED PENN BANK, Plaintiff, vs. JEANETTE O'SHEA, et al., Defendants. Pursuant to Judgement of Foreclosure and Sale dated October 24, 1990, I will sell at public auction on the north front steps of the Nassau County Courthouse, 262 Old Country Road, Mineola, New York at 9:00 a.m. on September 12, 1991, premises known as 28 Linden Avenue, Bethpage, New York 11714, Nassau County, located on the N/S of Linden Avenue 100 feet E/O Lincoln Road, being a parcel of 187.15' x 100'. Joshua A. Elkin, Esq., Referee. Stanley Beals, Esq., Attorney for Plaintiff, 275 Broad Hollow Road, Melville, New York. BN 3114 4X 8/9, 16, 23, 30

.....
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Fall School Directory



For the convenience of our readership we are presenting our Annual Fall School Directory
The following is a select group of schools on Long Island targeted to various age groups, professional and vocational interests.

1991 School Directory

Buckley Day School
Canterbury
CAPA
Carousel
German American
Hicksville Co-op
Just Wee Two
LaSalle
LI Peretz
Molloy

Montessori
Nassau Lutheran
Red Robin Day School
Roslyn Village
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- ADULT - ED YIDDISH FOLKLORE

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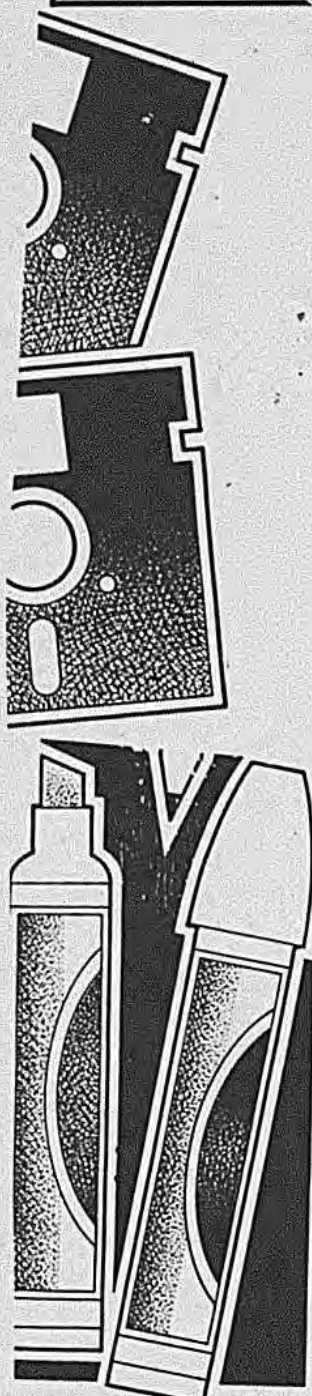
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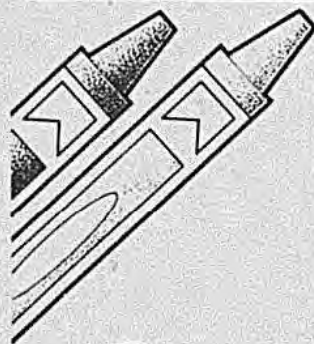
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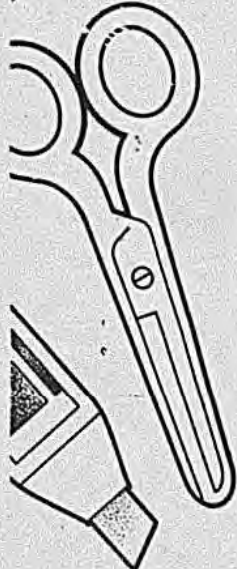
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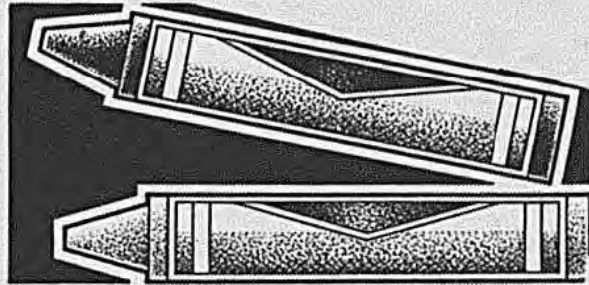
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'Reversal of Fortune' Film

As part of the Friday night film series, the Bethpage Public Library will be presenting "Reversal of Fortune" on August 16. The film will be shown at 8 p.m., is rated R and runs 110 minutes.

The library is located at 47 Powell Avenue, Tel.: 931-3907, two blocks west of Exit #8 on the Seaford-Oyster Bay Expressway, Route #135.

LEGAL NOTICE

PUBLIC NOTICE is hereby given that sealed bids for the purchase and removal of three structures, including the house, garage and shed and all of the furnishings (90) days after the award of the bid, located at 161 Jerusalem Avenue, Hicksville, Nassau County, New York, Section 46, Block 263, Lots 12 and 13, and previously declared by duly authorized resolution of the Board of Trustees, Hicksville Public Library, to be surplus property, will be received by the Board of Trustees of the Hicksville Public Library, Hicksville, New York, Town of Oyster Bay, Nassau County, on Friday, August 23, 1991, at 2 p.m. at the library, 169 Jerusalem Avenue, Hicksville, New York 11801 and then at said time and place publicly opened and read aloud.

The contract for the purchase and removal of the structures will be awarded to the person or persons submitting the highest bid, or the proposals will be rejected within 45 days of the date of the opening proposals, subject, however, to the discretionary right reserved by the Board of Trustees of the Hicksville Public Library to waive any informalities in, reject any or all proposals, accept any bid, or to advertise for new proposals if, in its opinion, the best interest of the library will be promoted. This invitation is an offer to receive proposals for a contract of purchase and sale and not an offer of a contract.

The successful bidder will be required to furnish security of faithful performance in the form of a performance bond.

Each bidder must deposit bid security in an amount not less than five (5%) percent of the base bid, in a form acceptable to the Board of Trustees of the Hicksville Public Library.

No bidder shall withdraw his bid within 45 days after the date of the formal opening thereof.

**BOARD OF TRUSTEES
HICKSVILLE PUBLIC
LIBRARY**

**HICKSVILLE
TOWN OF OYSTER BAY
NASSAU COUNTY
NEW YORK**

Mr. Marc Herbst, President
Dated: July 26, 1991
MIT 2489
4XB/2, 9, 16

Fall Trips By Library

On Wednesday, October 30, a luxury motorcoach will leave the library at 9 a.m. and head for the Ellis Island ferry and a trip into history. Experience the thrill that our forefathers felt as they first gazed up at the inspiring Statue of Liberty in New York Harbor from Ellis Island, the immigration center for the port of New York between the years 1892 to 1954. We will visit the museum on Ellis Island and see the film "Island of Hope - Island of Tears." At the conclusion of our visit to Ellis Island we will reboard the motorcoach for a ride uptown to the well-known "Adam's Apple" restaurant for a sumptuous buffet luncheon. Then a comfortable return trip arriving in Bethpage at approximately 6 p.m. The all-inclusive cost is \$39.

On Wednesday, November 13, you will have the opportunity to take a one-day "vacation" and get a head-start on your holiday shopping! We will leave the library on deluxe motorcoach at 8 a.m. and make our first stop at Liberty Village in historic Flemington, New Jersey. Here you can save up to 70% on famous brand items and designer clothes from around the world. Next, it's on to Peddler's Village in Lahaska, Pennsylvania for a full luncheon at the picturesque Cock-N-Bull restaurant - a fine country inn steeped in the historic tradition and folklore of early Pennsylvania. After lunch you have the fun of discovering yesterday's and today's treasures in shops brimming with wares from local craftspeople. We will return to Bethpage at approximately 8:30 p.m. The cost is \$39 for lunch and transportation.

You may sign up for both trips at the Reference Desk of the library or call 931-3907 for further information. Space is limited, so don't delay!

The library is located at 47 Powell Avenue, two blocks west of Exit #8 on the Seaford-Oyster Bay Expressway, Route #135.

Mid Is. Y Welcomes New Residents

Are you new to the area? The Mid-Island Y Jewish Community Center, 45 Manetto Hill Rd. in Plainview, is welcoming all new residents who have moved into the area in the past six months with a special bonus - tour the "Y" and receive a free 8-day pass! As a special plus, if you join the Mid-Island Y you will have an extra month added to your membership.

The Mid-Island Y Jewish Community Center is a full-service agency offering programs and activities for all ages. To find out more, call Devorah Brooks, Membership Director, at 822-3535.

The Mid-Island Y Jewish Community Center is an agency of UJA-Federation of New York; a member agency of the United Jewish Ys of Long Island, the Jewish Community Center Association, the United Way of Long Island, and the Health and Welfare Council of Nassau County.

Mid-Island Y - "Growing For You & With You"

Bethpage Library Art Trip

On Wednesday, October 9, 1991, the Bethpage Public Library will visit New York City's fabulous Metropolitan Museum of Art via motor coach.

Join us to see "George Seurat," a major retrospective exhibition in honor of the centenary of the artist's death. The impressive showing will include 170 paintings and drawings by the master neopressionist and was jointly organized by the Metropolitan and the Musee D'Orsay in Paris.

On the same day the museum will also feature "Masterpieces of Impressionism and Post-Impressionism: The Annenberg collection." One of the world's most distinguished aggregations of paintings of this era in private hands, The Annenberg includes 55 masterpieces by such artists as Renoir, Monet, Cezanne, Van Gogh, Gauguin, Degas, Picasso and Braque. Assembled by the Honorable and Mrs. Walter H. Annenberg over the last forty years, this superb collection reflects many important trends of French painting from the mid-19th century to the early 20th century. Among numerous highlights are Van Gogh's "La Berceuse" (Woman Rocking a Cradle) and Monet's "Water Lilies."

The deluxe coach will leave the Bethpage Public Library promptly at 9 a.m. to allow ample time for viewing of exhibits. Lunch may be purchased at the museum's restaurant, cafeteria, or brown bagged, if you prefer. The museum's exciting gift shops and book shop will be open. We plan to leave the museum at 4 p.m. and will return to the library at approximately 6 p.m. The \$23 cost includes transportation and museum admission. For further information, call 931-3907.

Proud Grandma



Town of Oyster Bay Councilman Leonard Kunzig joins his grandmother Bertha Kunzig at the summer meeting of the Theodore Roosevelt Republican Club.

Mrs. Kunzig, who will be 85 this October, is the oldest active member of the Bethpage Republican Club. Executive Committeeman George Yochmann said, "I wish I had 5 more like Bertha. She is a great Republican and an asset to our organization."

When asked about her grandson, Mrs. Kunzig beamed, "He's a terrific Councilman. He has already shown the people of Oyster Bay how much he cares by his hard work and dedication. I will be very proud to work this fall to return my grandson to his seat on the Town Board."

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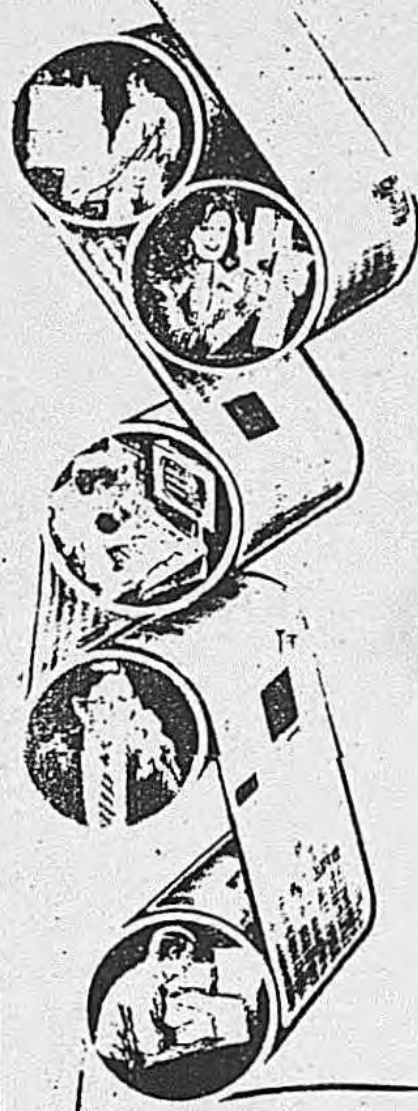
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Five Yr. Contract To Lease Willet School

Continued From Page 1

the beginning of school due to the late awards.

• **Approval of the transfer of the Old Mill Road School and Pasadena/East Broadway School special education bus runs from BOCES to We Transport at a 2% decrease over the 1990-91 contract prices.** These runs had been awarded to BOCES on July 2, but BOCES has advised the district that it cannot provide this transportation.

In light of the fact that some youngsters who will be attending Woodland Avenue School this September may have never taken a school bus and that other youngsters will now be eligible for bus transportation or will be participating in the cooperative bus transportation program, trustee Richard Pfander suggested either a review of policy or parent orientation meetings. Superintendent Mugavero said that such orientation meetings will be held, as well as meetings with drivers and building principals.

- **The approval of the addition of Chase Manhattan Bank as a district "depository" bank.**
- **Acceptance of the resignation of Steven Furrey, 1990-91 principal of Burns Avenue School.** Mr. Furrey has taken a position in another district.

At the July reorganization meeting, the board tabled the appointment of an independent auditor by a 4-3 vote. In response to resident Peggy Gill's request for an update on this matter, Mr. Mugavero said that, with the help of Assistant Superintendent Hall, he intends after review to select an independent auditor "experienced in school accounting" and will bring a recommendation to the August meeting. He insisted that by the delay the district is "not sacrificing anything" and that at this time only routine reviews are being completed on the 1990-91 budget year.

In answer to a resident's inquiry at the last meeting, Director of Instruction Robert Durso supplied June Regents results in a variety of subjects. The following percentages represent students passing (1990 percentages are supplied in parenthesis): English 92% (95% in 1990); Spanish 99% (95%); Sequential Math I 74% (83%); Sequential II 84% (79%); Sequential III 86% (88%); Biology 85% (85%); Earth Science 82% (86%); Physics 84% (93%); U.S. History and Government 95% (88%); Global Studies 85% (77%); and Chemistry 91% (77%). Mr. Durso attributed slight decreases in English and Sequential III to the fact that the district has eliminated the "standard" track and more students are placed in the Regents program.

The next regular meeting of the board will take place on Wednesday, August 28, at 8 p.m. in the Conference Room of the Administration Building.

In Service

Army Reserve Pvt. Dean J. Lopardo has completed basic training at Fort Leonard Wood, Mo.

During the training, students received instruction to drill and ceremonies, weapons, map reading, tactics, military courtesy, military justice, first aid, and Army history and traditions.

Lopardo is the son of Carmine Lopardo and Lynn E. Yerks of Bridle Lane, Hicksville.

LEGAL NOTICE

NOTICE TO BIDDERS

SEALED BIDS will be received by the Board of Fire Commissioners of the Hicksville Fire District, 20 East Marie Street, Hicksville, New York, until 3:15 p.m. prevailing time, September 6, 1991, for the following:

One Life Sight (#F7099) or equal thermal imaging camera using a pyroelectric vidicon.

Complete specifications for the above items may be obtained at the office of the Dispatcher, Hicksville Fire House, 20 East Marie Street, Hicksville, New York.

BOARD OF FIRE COMMISSIONERS, HICKSVILLE FIRE DISTRICT

Dated: August 6, 1991

Attest: John Knight,
District Secretary

MIT 2493
IX 8/9

Board Meets Aug. 12

There will be a regular monthly meeting of the Board of Education on Monday, August 12 at 6:30 p.m. in the Auditorium of South Woods Middle School. It is anticipated the Board will act on a motion to enter into Executive Session for the purpose of discussing personnel and legal matters.

The Public Meeting will resume at approximately 8:30 p.m.

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Admission \$6.00 adults, \$3.50 senior citizens,
\$2.00 members and children.

This year there will be no raindates for Picnic Pops Concerts and we reserve the right to make substitutions should unforeseen situations arise.

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Use the new recycling igloos in Town of Oyster Bay recreation areas.



"When visiting Town parks and beaches, use our new recycling igloos to dispose of rigid plastics, glass bottles, cans and used motor oil. We're working together to save tax dollars and the environment."

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- Councilman Douglas J. Hynes
- Councilwoman Ann. R. Ocker
- Councilman Leonard B. Symons
- Councilman Leonard Kunzig

Town Clerk
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Gary F. Musiello



Separate
Soyster Bay's
Recyclables
Today



Locations of recycling igloos

BETHPAGE:

Bethpage Community Park
1 bottle & can / 1 plastics

FARMINGDALE:

Ellsworth Allen Town Park
1 bottle & can / 1 plastics

GLENWOOD LANDING:

Tappen Beach
1 bottle & can / 1 plastics

GLENWOOD LANDING:

Tappen Marina
1 waste motor oil

HICKSVILLE:

L.I.R.R. Station
2 newspaper

MASSAPEQUA:

John J. Burns Town Park
2 bottle & can / 2 plastics

MASSAPEQUA:

Marjorie R. Post Community Park
1 bottle & can / 1 plastics

MASSAPEQUA:

Town Hall South
2 waste motor oil

MASSAPEQUA:

L.I.R.R. Station
2 newspaper

OYSTER BAY:

Theodore Roosevelt Park & Beach
2 bottle & can / 2 plastics

PLAINVIEW:

Plainview-Old Bethpage
Community Park
1 bottle & can / 1 plastics

TOBAY BEACH:

3 bottle & can / 3 plastics

WOODBURY:

Syosset-Woodbury
Community Park
1 bottle & can / 1 plastics

WOODBURY:

Town Golf Course
1 bottle & can / 1 plastics

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The Garden City News
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Friday, August 9, 1991

A Story From The Heart

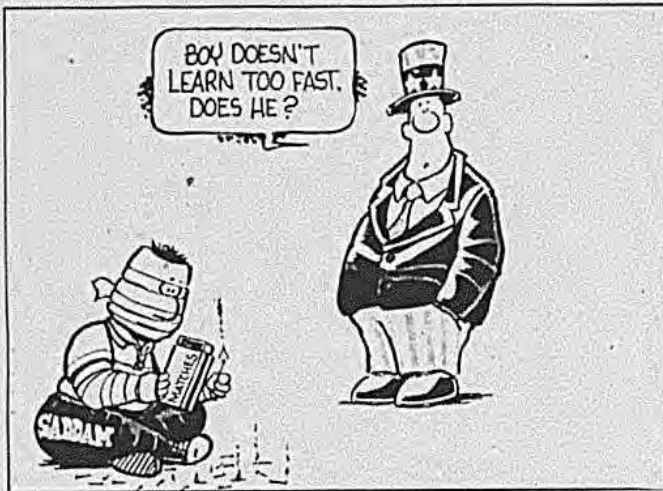


SEE PAGE 3



THE QUESTION OF THE WEEK

Did we make a mistake in not overthrowing Saddam Hussein?



Most Callers Favor Accused Id. Be Held

Most callers to Input believe that laws should be changed on the release of names in sex cases in answer to this question: "Should the name of the accused as well as the victim in sex cases be withheld? Here are some of the answers:

ACCUSED HAS RIGHTS

Yes, the accused has rights. In the Tawana Brawley case the name of a law officer was given by Brawley and he had to suffer from this accusation even though on further investigation it was found that no crime had been committed and he was not at all involved. J.H.

PROTECT EVERYONE

Yes. If we are going to protect the innocent victim then why not protect the innocent accused because the person is innocent until proven guilty. Somehow a double standard has evolved here. When the idea of sensitivity is used it is always used about the victim. This may be because in recent years there has not been an organization to lobby for males, white or black. But we should not have a court system based on lobbying or the power of organizations. Justice should be neutral and it can be neutral by withholding the names of both the victim and accused. K.G.

KENNEDY SMITH KNOWN

It appears in the Kennedy case that the name of the accused is known by everyone. If he is not found guilty there will be many who will still remember the case and not remember its outcome. The accused in this type of case should have his name withheld. N.B.

CAN'T ENFORCE BAN

While there may be much logic in withholding the name of the accused in sex cases it may not be completely possible to do so. For one thing laws not allowing news media to print anything they want are against the First Amendment and it is doubtful that the amendment will be changed. Because the legal process has to be made public to protect people from being subjected to secret trials as in dictatorships, we allow public representation and this is important to keep. The name of the accused should not be released in sex cases until a trial has begun and a verdict is imminent. The only alternative would be to get news organizations to make a pact to keep the names out of the papers but this would be almost unenforceable. H.F.

WRONG PUBLIC VIEW

I have thought about the system and I believe that the accusers name should be released as well as the accused. I think we must try to educate society to view the victim in sex cases the same as someone who has been robbed or the victim of any crime. The real mistake is the way the public views certain crimes not in whether news is given out. H.G.

WITHHOLD NAMES

Actually, this "Question" answers itself. It has reached the point where it is almost impossible to recognize the truth or falsehood of respective statements made by the accused as well as the victim in sex cases. That being so, the law should require any accusation or denial of sexual abuse to be withheld until the case has been resolved in a court of law. As it stands now, the best liar and/or actor has the advantage and yet there must be instances where a criminal attack has actually been made. Under those circumstances, it should be mandatory that specimens be taken immediately by professionals providing real substance to the "allegations" of the "victim" as well as the "perpetrator". The media should be forbidden to include identification of any sort in any relevant news releases with the courts the first and final official sources of public information on the resolution of the case. Needless to say, this would also cut down considerably on processing time as well as corresponding costs. P.G.S.

PAST ISSUE

Court Nominee

Any appointee for the Supreme court should be asked about his or her feelings on any controversial issue, abortion certainly is one. I'm sure Pres. Bush or one of his appointed interviewers asked this very same question plus others of interest to everyone concerned. The Senate committee is obligated to know the candidate as well as the President who must avoid packing the court. They have an obligation to protect the Constitution and therefore get all the facts before seating somebody in such a sensitive and important position. A.G.

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A Story From The Heart



By Mollie Gussow

Everybody has a story to tell and this is mine. I'm dedicating and sharing my feelings about my grandchild Bari-Ellen, who I dearly love, and is retarded.

Bari-Ellen was born normal, and at about 13 months, her development was at a standstill. The many doctors she was taken to could not enlighten the family as to what could have happened, that she regressed and always with a thought she may outgrow it someday.

Today Bari is in her 30's and profoundly retarded, and has always lived at home with the family. I as a grandmother came regularly to help my daughter as there were two other children at home, two wonderful normal boys. Bari needed a lot of attention. She cannot do anything for herself, neither can she speak. We learned her every movement and knew exactly what her needs were. She was so cooperative and always with a smile.

Loving her was very easy. In her own way, with her little smiles and gestures, and lifting an arm to help, when I was dressing her, made me think she wants to help or perhaps knows more than we think she does. I spoke to her all the time. I knew she could not answer, but she knew my voice. She would hold my hand tightly, yet she couldn't hold any item otherwise.

Bari was rarely invited anywhere, and in order for my daughter and son-in-law to go places, without worrying, I would gladly baby-sit. I learned so much from her that no book or school could ever teach me. People who say unkind words to or about the mentally handicapped, because they cannot defend themselves, have a lot to learn and understand.

These children laugh and cry, feel and love as we all do. We hug her freely, as you do your normal children. Being in her company, I felt peace and quiet. There were many words of affection and tenderness in the house, and of course, many sleepless nights, many prayers, and quietly, many, many tears.

Through her I learned patience, and deep love. Through her, I worked hard for all retarded and handicap children, and always will. Through her I realized how many normal people don't appreciate how fortunate they are, to be normal and are always complaining.

We learned not to hear, or see, when people stared or pointed, or whispered, when they saw her. We developed strength we never knew we had. A person with limited intelligence is still a person.

Through her, I learned the value of just holding her or patting her face, that it assured her of herself. Through her, we learned that not every tree has leaves or blossoms a flower, but we still want them in our gardens. Her life will never be an easy one, or ours.

The world outside could never know what a family with a retardate feels. It cannot be explained properly without falling apart. "Crying on the inside" is not a poetic phrase, we have been crying on the inside for many years. We would like to believe that everything will be all right soon, but ours is a journey with solid walls of steel. My grandsons were taught to learn to see the world with understanding eyes and feelings when they grow up.

Bari's father who loved her dearly passed away last year with a broken heart. Bari was at his bedside with the family, and she stared at him for a long time. He held her little hands, kissed them and tears were rolling down his cheeks. He couldn't speak anymore and probably knew he'd never see her again. She held his hands for a long time. A quiet scene, no words spoken, and so much said. He passed away shortly after that scene. If she were able to speak I'm sure this is what she would say:

Dear Daddy
I am retarded and cannot speak,
But I've always felt your love for me each day,
When you smiled to me, and whistled a tune.
It melted my heart away.
I'll always love and remember you,
In my own retarded way.

Bari may never speak, and we will always wonder what she thinks about or how much she can feel deeply. We are forever whispering in her ear, "I love you, I love you." The Association of Retarded Children opened their first hostel home for severely retardates and accepted Bari as one of the clients. There are 8 in her group in a homelike atmosphere, and a carefully selected staff, and an active program for them. They are bused to a special school and bused back to the hostel. She's very happy, and we see her often, and she seems to recognize us, and is full of smiles.

We were forgetting how to smile, and were afraid to start each day, thinking something upsetting will happen and add to our problems.

Bari's brother made a film of Bari, up to the time she left for the hostel. The film was called "Bari, Can You Hear me," expressing his feelings and his brother's feelings about Bari. He won a distinguished, best-writing award, at the film festival, for this documentary film.

The pain remains forever, and life continues, and we learned to partake of the sunshine and the shadows that it casts. We lost many friends because they didn't know how to handle the situation we were in, so after a phone call now and then, they quietly left, not to be around. That too was painful.

Through Bari, we learned that a treasure is not always a friend, but a friend, when you are in need, is always a treasure. All we needed was a comforting word, and that was difficult from some normal people. Everyone in the family was touched by this child, who is filled with sweetness and always smiling. It is so necessary for more people to be educated about retardation, as it could happen to anyone, at any age, for many reasons known and unknown, and to any family. These children and their families were hurt by life, with real human pain, to last forever.

Now at 82 years old, I feel good to know I was able to help, when help was most needed. My daughter and son-in-law gave their youth to her care, practically all of their married life. Bari grew up to be a beautiful young lady, well behaved and cooperative. Everyone at the Hostel loves her. Our work was not in vain. God makes us all differently, but loves us all.



A Welcome Poem At Bari's Birth

You are very young,
And you can't read,
So how could you know
What you will need.
If I were to tell you,
You wouldn't understand,
Because you're a stranger
In a strange new land.
So I'll make my wishes
And pray they come true,
That life's best gifts
Will come to you.
But I want you to know,
That come what may,
Your welcome arrival
Brightened my day.

"Never did I realize that my wonderful wishes I prayed for her in life would turn out so different, but we loved her and cherished her all the years.

ABOUT THE AUTHOR

Mollie Gussow lives in Great Neck. The story is true, by a grandmother who wants people to understand a different side of life. This is her first contribution to Discovery.

DINING GUIDE

KITCHEN KIDS



DINING GUIDE

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By Rena Coyle
By midsummer, roadside stands are filled with homegrown fruits and vegetables. With Mother Nature's natural beauty and simplistic display, this is the one time of the year it is easy to get your children enthusiastic about eating vegetables because summer vegetables look and taste their best, right now. So this is the best time for you to engage your kids with some summer cooking fun.

Squash, corn and ripe tomatoes are the favorite vegetables from the summer harvest. Just like traditional summer cooking, vegetable cooking should stay simple. Here are three easy-to-follow recipes that fall within this simplistic range.

The first recipe is for Grilled Corn. Grilling gives the corn a fresh, nutty flavor. Preparing the ears should always be done by the kids. They can sit on a stoop or stone and husk the outer leaves and silk. Then the ears are rubbed with butter and seasoned, then the tough green leaves are wrapped around the ears. An adult then places the wrapped ears on the grill. They are turned slowly until the corn is completely heated.

This is a recipe for your youngest children to handle. However, they will need some adult patience and guidance.

The other two recipes for Alpen Yellow Squash and Fresh Tomato Salsa are best saved for your older kids. If an adult is around to field questions, then your primary schoolers will love to make either of these on their own. If your kids are completely left to their own, then your preteens will find any of these recipes easy to follow.

Summer cooking with kids is a good way to drum up extra help in the kitchen and have fun while you work.

GRILLED CORN
6 ears corn
1 tablespoon butter, room temperature
Salt and black pepper to taste

Utensils: Newspaper, paper towel, tongs.
Yields 4 servings.
Preparation time: 20 minutes.
Grilling time: 15 minutes.
Lay newspaper out on table. Peel husks back on ears, but keep them attached. Carefully pull off all silk from each ear.
Dab butter with paper towel. Rub it over ears of corn. Sprinkle ears with little salt and pepper.
Pull husks back up over ears, pressing husks against kernels. Set aside until you are ready to grill them.
Have an adult prepare grill. Carefully place corn on grill and cook for 15 minutes, turning several times, using tongs. Once cooked, remove corn with tongs onto platter and serve.

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DINING GUIDE

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Q. What do you think of an otherwise elegant restaurant that serves mustard, ketchup or steak sauce in the original bottles?
A. I think bottles of this kind should stay in the kitchen. It would be far more attractive to serve condiments in small individual dishes.

Q. Not long ago I attended a buffet luncheon at a fine dining spot. Crab legs were served and looked tempting, but I passed them up because I was not really certain how to eat them.

A. Next time be more adventurous! Crab legs are not only delicious, but like most sea foods they are highly nutritious and low in cholesterol and calories.

As far as eating crab legs, there is usually no problem since any good restaurant serving them would provide its patrons with nutcrackers.

YOU CAN BE A RESTAURANT CRITIC - If you visit any of the restaurants selected for inclusion in this section - call 931-0027 at any hour and tell your ideas. We want you, the reader, to be our critic. Your message then can be printed in this space.

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Fitness Forum

Continued From PAGE 12A

meets ANSI (American National Standard Institute) specifications.

Ask to take it outside and determine for yourself how much glare is reduced, suggests Schwab.

And make sure the frame fits comfortably. A University of Massachusetts Medical Center study showed that if the glasses slip down the nose as little as a quarter of an inch, 20 percent more UV rays enter the eye, noted Schwab.

Also, hold the glasses at arm's length and look at a straight line in the distance. Slowly move the lenses across that line. If it sways or bends, the lenses are flawed.

The upshot: enhanced risk of eye fatigue and strain, headache and burned pupils. A quarter of a person's body energy is wasted by looking through a distorted lens, according to the Sunglass Hut Corp., the largest sunglass retailer in the world.

"Cheap sunglasses are more harmful than none at all," argues Dean Bassett, vice president of creative services for Bolle America Inc., a Denver sunglass manufacturer. "The eye is fooled in very dark sunglasses without UV protection, letting in more UV than if you were squinting, which is nature's way of shielding you against UV."

Your lens options generally include tinted, photochromatic (which darkens as the light increases and lightens as the amount of light decreases) and Polaroid.

The Polaroid lens is effective in eliminating the reflected glare that occurs when sunlight bounces off snow, water, sand, highway pavement or an automobile windshield.

In shopping for shades, recognize that labeling for UV and visible light blockage is voluntary, and there are no government standards. But there are ANSI standards, along with the following labels that may aid a consumer in making his choice:

- General purpose: medium to dark tinted lenses for use in any outdoor activity.
- Special purpose: for very bright environments, such as skiing, tropical beaches and mountain climbing.
- Cosmetic: lightly tinted lenses for shopping and other around-town uses. Not for harsh sunlight.



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(Guide to Good Dining)

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Milk.....small .70...large 90
Soda (8 oz.)......50
(Children's Menu is Not Available for Take-Out)

READER RATINGS



A. If I am dining out with a large group and do not feel like a cocktail, am I really obliged to order one so as not to put a damper on the party?
A. Absolutely not - and this applies to all size groups. No one should ever order an alcoholic drink to please others. If you wish, you may order a soft drink or mineral water, but this is purely optional.

Q. I seem to remember that years ago salads always came to the table with the entree. But now they are served in advance of the main course. Why did this change occur?
A. Salads are now customarily served before the entree in order to provide the hungry diner with something to eat while his mail course is being prepared.

With today's emphasis on nutrition, salads are treated with much more respect than they once were. They are regarded not just as accompaniments to meals, but as important courses in their own right.

Q. If three or four couples dine out and wish to make reservations, in whose name should the reservations be made?
A. It really does not matter. However, it is best to make reservations in one name only in order to avoid confusion. The same person should be responsible for notifying the restaurant if plans should change and the dinner is delayed or cancelled.

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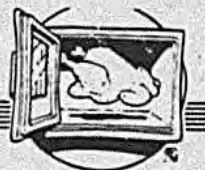


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Coffee, Tea or Sanka 4.25
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Scrambled or Omelette Style
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Coffee, Tea or Sanka 4.25
- Choice of Small Juice FRESH SPINACH and MUSHROOM OMELETTE
Potatoes and Toast
Coffee, Tea or Sanka 3.95
- Choice of Small Juice AMERICAN CHEESE OMELETTE
Potatoes and Toast
Coffee, Tea or Sanka 3.50
- Choice of Small Juice CORNED BEEF HASH and EGGS
Potatoes and Toast
Coffee, Tea or Sanka 3.50
- Choice of Small Juice CHALLAH BREAD FRENCH TOAST with Butter and Syrup
Coffee, Tea or Sanka 3.25
with Bacon, Ham or Sausage 4.20
- Choice of Small Juice STACK OF THREE: GRIDDLE CAKES with Butter and Syrup
Coffee, Tea or Sanka 3.05
with Bacon, Ham or Sausage 4.15

(All Egg Orders served with Home Fries or French Fries & Toast - Onion Roll, Bagel, English Muffin or Roll 25¢ extra) (Lettuce & Tomato or Cottage Cheese instead of Potatoes 30¢ extra) (Second Cup of Sanka 20¢ extra) (Third Cup of Decaffeinated 30¢ extra)



By Desiree Vives

Luscious summer tomatoes

Summertime is the best time of year to shop for fresh, ripe tomatoes. If you grow your own — and many do, because they're so easy — so much the better.

No store-bought tomato can compare to one that's fresh off the vine and still warm from the sun. A light dash of salt or a sprinkling of oil and vinegar is all the garnish it needs.

In the best tomatoes, sugar acidity levels are balanced. Most store-bought tomatoes are picked while still green and shipped to stores to ripen on the shelf. Because development of sugars is arrested with early picking, their flavor isn't always what it could be.

You can get vine-ripened tomatoes in some markets, but you'll pay extra for them. One alternative is to take an afternoon and go for a drive in the country. Roadside stands are frequently an excellent source of great-tasting tomatoes, and other summer produce, at reasonable prices.

Choose smooth, firm and plump-looking tomatoes with good color. If necessary, ripen at room temperature (60 to 75 degrees is optimum) away from direct sunlight. Storing in a closed paper bag hastens ripening. When tomatoes are red-ripe, refrigerate and use within three days.

There are plenty of varieties to choose from, including popular beefsteak, Italian plum tomatoes, cherry tomatoes and those tiny yellow pear-shaped numbers that are a wonderful surprise in a tossed salad.

To make super-tasting microwave appetizers, rinse and pat dry 1 pint of cherry tomatoes. Cut off stem ends and with a small spoon or knife tip, scoop out seeds. In a 1-quart, microwave-safe casserole combine 2 tablespoons butter or margarine, ½ cup chopped onion and 1 clove minced garlic.

Microwave at HIGH (100 percent power) setting 2 to 3 minutes. Stir in 2 (6½ ounces each) cans chopped clams (drained), ½ cup dry bread crumbs, 1 tablespoon minced fresh parsley and ¼ teaspoon dried oregano. Stir well.

Stuff cherry tomato shells with this mixture, then sprinkle with Parmesan cheese and paprika. Microwave at MEDIUM-HIGH (70 percent power) 1 to 2 minutes, or until tomatoes are heated through. Serve immediately. Yields about 2 dozen appetizers.

When microwaved, soluble pectins dissolve and tomato flesh turns soft. The longer you microwave, the softer the fruit — so adjust microwave time to achieve desired texture.

Use a loose covering of wax paper instead of plastic wrap when microwaving tomatoes to help them cook evenly without

going soggy. Cooked tomatoes have less vitamin C than fresh, but retain the same amount of vitamin A.

Recipes in this column are tested in 625- to 700-watt microwave ovens.

CHICKEN-STUFFED TOMATO CUPS FOR TWO

- 1 whole chicken breast (about 1 pound)
- 2 large, ripe tomatoes
- Butter lettuce or spinach, leaves, rinsed and patted dry
- 1 (6 ounce) jar marinated artichoke hearts
- 2 green onions, chopped
- ½ cup chopped celery
- ½ cup shredded Monterey Jack or Muenster cheese
- 3 tablespoons mayonnaise
- ½ teaspoon curry powder
- Dash pepper
- Mango chutney

Yields 2 servings.

Preparation time: 20 to 25 minutes.

Cooking time: 6½ to 8½ minutes (plus 1 minute standing time).

Oven setting: HIGH (100 percent power); MEDIUM (50 percent power).

Remove bones and skin from chicken breast; split in half. Place in 9-inch round glass pie plate and cover with plastic wrap, leaving 1 corner open to vent.

Microwave at HIGH setting 3½ minutes, turning dish one-quarter turn every minute. Let stand, covered, 1 minute. Check: Juices should run clear and meat at center should no longer be pink. Drain off juices and set aside.

Wash tomatoes and pat dry. Remove cores and with sharp knife cut tomatoes into 6 or 8 wedges without cutting all the way through to bottom. Arrange lettuce or spinach leaves on 2 salad plates. Place tomatoes on lettuce, spreading out wedges to form fan-shape cup. Set aside.

Drain artichoke hearts and chop. Combine in 2-quart microwave-safe casserole with onion and celery. Cover and microwave at HIGH setting 2 minutes.

Chop chicken into bite-size pieces and add to casserole. In small bowl stir together cheese, mayonnaise, curry powder and pepper. Add to artichoke-chicken mixture, stirring gently to combine. Cover and microwave at MEDIUM setting 2 to 3 minutes, or until heated through, stirring halfway through cooking time.

Spoon mixture into prepared tomato cups, garnishing each with dab of mango chutney. Serve immediately.

FOR TEENS

By Willard Abraham, Ph.D.

Dr. Abraham: I'm a neat kind of guy, dress clean and never have wild hair or anything like that. So maybe I'm square or whatever the word is that other guys use. It's just that I'm comfortable the way I am.

But there is this girl I kind of like, and she is on the sloppy, careless side. She takes it sort of for granted that it doesn't bother me because I never say anything about her dirty jeans, nails or hair that looks like she hasn't washed it since day one.

It bothers me a lot, though, and something else bothers me even more. She laughs at me because I'm so neat and clean. I guess she wants me to be like her, but I never will be.

She is the only girlfriend I've ever had, and it's sometimes fun being with her. We're both 14 years old. — Wondering

Wondering: If you enjoy being with her enough to hang in there, you might continue seeing her. But if it reaches the point when you feel her sloppiness and criticism of you are too much to take, that'll be the time to end the relationship.

If you do split, try not to feel sad about it. There are plenty of girls who'd be happy to have a boy like you around, one who has your orderly and cleanliness standards.

Dr. Abraham: I'm a 16-year-old girl and have a 10-year-old kid sister. She and I get along pretty well most of the time.

Although she has never brought up to me anything related to sex, I think she may be ready for some correct information. I know that I was at her age.

But my parents never told me anything then. They waited until I asked some questions, and then when they seemed to feel sure that I wanted to know some stuff, they began telling me.

I don't have an older sister like my kid sister does. Because she is lucky to have me, and I'm of course closer to her age than my folks are, I feel it's my responsibility to get her started on the right track with some basic stuff about sex.

I told my parents that, but they disagree. It's up to them to handle it, they both said. But I think I can do a better job, even though they really were pretty good with me on this subject.

Please tell me what you think I should do. — Qualified

Qualified: You sound as though you could handle this matter very well.

However, since your parents apparently look care of this issue with you, and you stated no complaints about it, it looks like you should leave it in their hands.

Many parents aren't as willing as yours are, so it seems that you and your sister are more fortunate than some other kids are.

Once your parents step into this picture with your sister, you might consider telling her that you're not getting involved because your parents were so helpful to you and probably also will be to her.

Dr. Abraham: I'm an 18-year-old girl who is so sorry that she ignored her parents' advice and had an affair with a boy she thought she loved. That part of my story is a real burden to me because now I know I really am in love, but with someone else.

He and I have talked about sex and decided it isn't for us until we get married. That will probably be in two or three years.

But what should I do about my past? Tell him or try to keep it a secret? It may be hard to do because, after all, one other person obviously knows about it. I don't expect him to meet my present love, or to tell him, but who knows? It could happen. And in the meantime it's on my conscience.

What do you think I should do? — Worried

Worried: Which way you go will probably depend on which route is most comfortable for you. Not covering up the truth is generally the best way, perhaps stressing what you "thought" was real love then and contrasting it with what you now "know" it is.

Any step a person takes which is felt to have been a mistake should seldom be a lifelong guilt trip. Although the type may differ among all of us, who hasn't made more than one along the way?

FOR TEENS

Cooking Corner



Southwest cooking has native appeal

By Noel Osment

Lois Frank set forth into Southwest Indian territory in search of food lore and found fellowship and family as well.

Frank, 30, began winning awards for food photography while still a student at Brooks Institute of Photography in Santa Barbara, Calif.

Urged by a mentor to look within herself and follow her dreams to find photographic subjects, she discovered a deep feeling for American Indian life. Dreaming of simple acts of grinding corn, farming and making breads, she decided to learn more about that life and write about it.

That was in 1985. During the next five years, she spent months visiting with Hopis and Navajos and residents of Rio Grande Valley pueblos. She traveled the forests and mountains of the Apaches and the scrublands of the Papagos of Arizona.

She watched the women grind corn and toss dough for fry bread. She learned about the miraculous dry-farming techniques of the Hopis. She harvested wild plants and hunted for game and prairie dogs.

And she learned how to cook American Indian foods. The result is "Native American Cooking," (Clarkson Potter Publishers).

The photography is artistic; the food presentations are stunning. But the recipes are, in most cases, authentic, unadorned examples of American Indian cooking, Frank said.

Sleek gray plates may not be the dinnerware of choice in a modest Hopi dwelling, but the piki bread on them in a Frank photo is made by a centuries-old method.

The plates rest on a gray stone similar to the heated flat stones Hopi women use to cook the wafer-thin breads. (Frank recommends an iron skillet for those with no access to flat stones and outdoor fires.)

"The recipes I took have belonged to the people for centuries and still belong to them," said Frank, who lives and works in Los Angeles. "All I did was find a way to be a messenger, an interpreter."

She holds similar reverence for the beliefs of the people. During her years of research, while watching grandmothers cook at outdoor fires and sharing family meals and community feasts, Frank learned much of rituals, symbols and traditions of tribal life.

And while she shares the recipes, there are traditions and secrets of Indian life she may never share, she said.

"Those things are private, theirs, but food is universal," she

said. "Every group of people, everywhere, is proud of its culinary background. And very few people have ever really looked at the Native Americans' contributions to our cuisine."

She believes she was accepted in so many homes precisely because of this — because she went looking for food, not beliefs.

"If you are sincere, and your heart is in the right place, people will trust you," she said. "What people saw was me, by myself in my car, with a camera, a pad, a pen, a measuring cup and a spoon."

She did have an introduction on the Hopi reservation, but for the other reservations, she had no contacts.

"I wrote letters to the officials of the councils, explaining exactly what I wanted and asking their permission," Frank said. "I think they were pleased that someone would even ask their permission."

Most groups welcomed her. The Santa Domingo and San Felipe pueblos in New Mexico — both very conservative pueblos known to treasure their privacy — declined.

"But I went before a meeting of the council of Santa Domingo, and they were pleased I had the courtesy to ask," she said.

Frank found that, except for chilies used extensively in Rio Grande Valley pueblos that were strongly influenced by the Spanish, the flavorings of American Indian foods are subtle and unusual.

"The use of corn is the main thread that runs through the pueblos and reservations all through the Southwest," she said. "And much of the flavoring is subtle and used to bring out the wonderful natural flavors of corn."

"Next to water, corn is the essence of life."

She said recipes such as the "cornsicles" with shrimp and oregano, which look like tamales-on-a-stick, use the very gentle flavors of oregano to emphasize the natural sweetness of the corn.

An important seasoning in Southwest cooking is, not surprisingly, sage. It is used in breads as well as in meat dishes.

Although she has kept the recipes as authentic as possible, Frank said she adapted some of them to the modern kitchen with the help of John Sedlar, chef and owner of St. Estephe restaurant in Manhattan Beach, Calif.

In addition, Frank includes suggested substitutes for some ingredients.

Mutton is the meat of choice on the Navajo reservation. Frank has substituted lamb, which is more tender and more available.

Other favorite foods include

pumpkins and squashes, squash blossoms, tomatoes, cactus pads, dried beans, pine nuts and such wild delicacies as dandelion greens, acorns and young sprouts of tumbleweed.

The book features recipes for wild fowl and game, including quail (and quail eggs) and rabbit. There also is fish — river trout from the northern Rio Grande, where American Indians catch the fish by letting it swim into a noose.

The cookbook includes a list of mail-order sources for many ingredients, but Frank says most of the ingredients can be found in local supermarkets.

One dish common to almost all areas of the Southwest — with regional variations — is a bread pudding.

"Each place said it had originated there," Frank said.

The cooking processes generally are simple because food often is cooked under what might seem like primitive conditions.

Some, though, require great patience to duplicate. An example is piki bread, which consists of tissue-thin layers of dough cooked on a heated stone.

"I would suggest piki bread for only special occasions," Frank said. "But most of the recipes are easy and hearty. Big stews, for instance. One is just dried garbanzos with meat and water. Another is a simple but hearty pozole stew with chilies and pork."

Although pozole, a dried hominy, is available in stores, Frank includes a recipe for making it from corn.

"Of course, I think it's better," she said.

Chores like this don't daunt her. "Cooking is the most therapeutic thing I can think of. I love to get into something where I have to use my hands and mush around in it."

Frank's love of food and cooking goes back to her teen-age years in Westhampton, Long Island. She worked part time on a farm and in a health food store and embraced vegetarianism.

"My mother told me I would have to learn to cook so I could nourish myself if I was going to be a vegetarian," Frank said.

She now eats some meat. "You can't be around people and not eat the food they cook. That would be inexcusable," she said.

And the people who helped her have become like family to her, she said.

"I came from a broken home, and I never had such a feeling of family before. Family is everything to them. They will travel 12 hours to attend family events."

Her grandfather was a Kiowa Indian, and although she never knew him, she said her heritage may have influenced her feeling of kinship for American Indians.

She plans to delve into farming and eating more in her second book based in the Southwest.

"The second book will complete what I had hoped the first book would do — explain a way of life that is built around the four seasons and how food ties into these seasons," she said.

"I want to show what happens in spring, when planting begins, and in the summer when there are the first harvest and then the real

harvest in fall. And to talk about winter, a time of stories, when the family sits around and eats.

"It will be about the calendar and the ceremonies."

Frank thinks we have all lost touch with the earth in our insistence on having what we want to eat when we want it, with no regard for the seasons or the weather.

For example, because of the drought in the Southwest, tumbleweed shoots are hard to come by this year, Frank said.

"But it's a great year for cactus."

Here are recipes from "Native American Cooking." The first recipe is prepared with the small, brown acorns of the Emery oaks that are indigenous to the Chiricahua Mountains in the southeastern part of Arizona.

The cookbook includes the original recipe ingredients, such as wild onions and acorns, along with widely available substitutes.

The second recipe, for pan-fried trout, is from the Picuris Pueblo in northern New Mexico.

ACORN-PINON SOUP WITH WILD FLOWERS

- 1 tablespoon unsalted butter
- 1 cup pinons (pine nuts)
- 4 tablespoons shelled acorns or unsalted pistachio nuts
- 6 tablespoons chopped wild onions or leeks
- 9 cups chicken stock or rabbit stock (can use homemade or canned chicken stock)
- ¼ teaspoon salt
- ¼ teaspoon black pepper
- 1½ quarts half-and-half
- Snipped wild onions or chives, mint sprigs, and wild edible flowers for garnish

Yields 6 servings.

Melt butter in large saucepan over medium heat. Saute pine nuts, acorns or pistachio nuts and onions or leeks for 4 minutes, until onions are translucent and nuts are golden brown.

Add stock, salt and pepper. Bring to boil, then reduce heat to medium. Cook until mixture is reduced by half, about 20 minutes.

Add half-and-half, and reduce mixture again by half, to 6 cups.

Remove from heat. Blend in blender or food processor until mixture is smooth. Push through fine sieve. Discard contents of sieve.

Garnish with mint, wild onions and edible flowers.





By Patrick Denton

The pleasure of poppies

*But pleasures are like poppies
spread,
You seize the flower, its bloom
is shed.*

These lines from Robert Burns' "Tam o' Shanter" come to mind as I look out the window above my office desk to the garden's front perennial bed, still scarlet with self-sown field poppies.

It's time now to pull and compost the plants so that the flowering perennials can capture the limelight for the rest of the summer. But the poppies will return, faithful early summer companions every year to the more tenderly nurtured flowers in the garden.

In 19th- and early 20th-century England, the poppy was traditionally celebrated as the flower of the month for August. The field poppy, a hardy annual and a wild form of the Shirley poppy (*Papaver rhoeas*), represents but a small segment of this family of easily grown, colorful annual and perennial flowers.

The field poppy is a familiar wild flower, growing 1 to 3 feet tall with brilliant scarlet flowers bearing a black patch at the base of the petal. A similar annual poppy of more controlled size at 12 to 18 inches is the Ladybird Poppy (*Papaver commutatum*). This variety also bears shiny crimson single blooms with a black blotch and is sometimes listed under the name Flanders Poppy.

The Shirley poppies we grow in our gardens today are descendants of a wild red field poppy with white-edged petals that the Rev. W. Wilks found growing beside his vicarage garden in Shirley, a small English village, in 1880. Wilks marked the plant, collected its seeds and began the long process of selection that ended in *Papaver rhoeas*, the Shirley poppy, which retains the airy grace of the wild form while adding silky flower petals in a wide color range, from crimson and orange-scarlet through tints of rose and salmon pink to smoky blues and grays.

A variety that features the soft dusty color tones among Shirley poppies is Mother of Pearl, or Fairy Wings, which blooms in pastel shades of gray, blue-gray, dusty pink, peach, lilac, and speckled and picotee bicolors. Most commonly available is a blend of semidouble and double-flowered Shirley poppies with a bicolored and solid color range that includes pink, scarlet, white, salmon and rose.

Another annual poppy is the peony-flowered poppy, a statuesque and ancient plant with

broad, smooth, gray-green leaves and large single or fully packed double flowers in pink, white, mauve, scarlet and maroon. These, like the field poppy, volunteer freely in my garden every year, providing both aristocratic flowers and delicious seeds to gather for use in baking.

The largest and most spectacular flowers among the poppies are the perennial Oriental poppies, whose bold clumps of luxurious foliage and great double or single flowers create an atmosphere of exotic splendor in the garden. The frilled petals, like silk crepe, usually have a black blotch, and varieties are available in a lovely range of both bright and pastel shades.

Oriental poppies are easy to grow, and the flamboyance of their flower display more than makes up for their brevity in early summer. The plants do go through a disreputable period following the bloom when the foliage dies back. A useful camouflage for the disarray is perennial baby's breath strategically located alongside Oriental poppy plants.

The Iceland poppy, a perennial commonly grown as an annual or biennial, is one I value for its bright green fernlike foliage and the ethereal quality of its cup-shaped, lightly fragrant flowers. The petals bear a lovely satiny sheen and the range of colors is lively.

Thompson & Morgan's "Oregon Rainbows" is one of the finest Iceland poppy blends I've grown. Its strong, thick stems bear single and semidouble flowers in delicate shades of apricot, pink, lavender, cream and lemon.

I sow Iceland poppies in peat pots in March for transplanting in the spring, and they flower the same year. The seed should not be covered by the seeding mix. Annual poppies can be sown outdoors as early as possible in the spring. They all self-sow freely for continuing colorful visits in the garden from year to year.



Our Children

By Willard Abraham, Ph.D.



Two books for parents

Q. Because I know that the space in your column is limited, my request will be brief. It is based on the fact that many parents who want to be involved with their children and their schools know that it takes time, energy and dedication.

I'm willing to use a big part of my life to help my young child achieve to the heights that her potential can take her.

I've started to use many resources, including publications, other library materials, teachers and friends. Now I want to take one more step — to get your recommendation of one book — just one — in which a parent can find practical guidance to help his or her youngster reach important goals and utilize the potential treasured within.

Because I admire your commonsense approach to parent-child-school relationships, I'll eagerly await your suggestion.

A. I hope you won't be upset if I provide two suggestions that I feel are outstanding — one brand-new, the other dating back many years. If either or both are new to you, I think you'll understand and be glad that I'm telling you about them. I could include many other fine books, but I've restrained myself. It wasn't easy.

The new one is titled "Awakening Your Child's Natural Genius: Enhancing Curiosity, Creativity and Learning Ability" by Dr. Thomas Armstrong (St. Martins). Although it is primarily for parents of 3- to 12-year-olds, infants and adolescents can benefit if their parents select and utilize some of the 300-plus suggestions and activities it provides.

The other is a gem written by Rachel Carson called "The Sense of Wonder" (Harper-Row). It was based on an earlier magazine article of hers called "Help Your Child to Wonder." The book was published in 1956, but it is as refreshing, sensitive and beautiful as if it were released today or even tomorrow.

If Carson's name sounds familiar, it should. She also wrote the much-admired books, "The Sea Around Us" (NAL) and "Silent Spring" (Houghton Mifflin).

Dr. Armstrong's book stresses what almost any parent can do to help a child use his or her true gifts and develop an "inborn drive to learn and create." His coverage is extensive, readable and practical. It includes a parent's role in academic areas like math and history, as well as music, art, drawing and other creative pursuits, the contributions of computers

and television, the importance of play (including a free, unstructured approach) and carefully selected toys.

His work reminded me of another respected educator, Dr. Paul Witty, who said that these are "the days that make us wise."

The author's attitude is expressed early in the book when he writes that "children are programmed by nature to absorb knowledge easily and joyfully when surrounded by a positive learning climate. The problem is that tremendous forces stand in the way of a child's natural learning ability. These barriers include competition, testing, grades, stress, shame, boredom, dull textbooks, bland teachers, student labeling and educational tracking."

Removing such roadblocks is one of his goals.

Shari Lewis' foreword to the book includes this thought-provoking statement: "Youngsters who had the highest SAT scores all regularly had dinner with their parents." It fits well into Dr. Armstrong's point of view.

Is his effort controversial, stimulating and different from other parent-child publications? Yes, it is, and that's why it may trigger serious thinking and action among concerned parents.

Rachel Carson's delightful book is equally provocative, as these brief excerpts indicate:

"If a child is to keep alive his inborn sense of wonder... he needs the companionship of at least one adult who can share it, rediscovering with him the joy, excitement, and mystery of the world we live in."

"A child's world is fresh and new and beautiful, full of wonder and excitement. It is our misfortune that for most of us that clear-eyed vision, that true instinct for what is beautiful and awe-inspiring, is dimmed and even lost before we reach adulthood."

Thumb through both books at a nearby library or bookstore. Each is a rare treat.

Letters may be sent to Dr. Willard Abraham, Our Children, P.O. Box 572, Scottsdale, AZ 85252.





Fitness Forum

Do sunglasses shield UV rays?

By Jack Williams

There's nothing like the sinister sun to put a pair of unprotected eyes on the blink.

Especially in the era of the diminishing ozone and the enhanced threat of ultraviolet radiation.

Now that most of us have seen the light and recognized that sunglasses are more than a fashion accessory or a way to make a spectacle of ourselves, it all comes down to making the right choice among optic options that range from less than \$3 to more than \$300.

To start with, suggests Gary Schwab, O.D., you don't have to pay more than \$30 or so for glasses with top-quality, impact-resistant lenses.

But because ultraviolet rays have a cumulative effect, the closer to 100 percent protection the better. This rules out acrylic lenses, which, unlike other plastics such as the industry benchmark CR 39, are unable to provide anywhere near optimal protection.

"If there's no label indicating the degree of UV protection, don't buy them," advises Schwab. "The Sunglass Association of America agreed with the Food and Drug Administration to put labels on the glasses, but there hasn't been total compliance."

UV-A and UV-B are two types of ultraviolet radiation, both of which can seriously damage the eye's retina. UV-B is responsible for tanning and sunburn and can lead to snow blindness, possibly cataracts and impairment of the cornea and lens of the eye.

Unless you're exposed to prolonged harsh sunlight or engaged in outdoor sports or activities, you can get an "adequate" pair of shades in a drugstore or department store for less than \$10, suggests the UC-Berkeley Wellness Letter.

Once you go beyond \$30 or so, says Schwab, you may be paying for brand identification and incidentals as much as technology: upgraded frames and interchangeable ear stems, perhaps, but often only fashionable lens coatings and shapes that may have little to do with UV protection.

And, although those orange, purple, silver, midnight blue and bronze lenses are provocative, you're probably better off, says Schwab, with a gray or dark green lens.

The latter colors provide optimal color perception and are more scratch-resistant than the flashier mirrored lenses, although some manufacturers may coat the mirrored lenses with scratch-resistant substances, such as quartz.

Mirrored lenses, it should be noted, also may offer added pro-

tection against glare, providing a marketable combination of function and fashion.

Recognize, too, that color perception is governed only by the side of the lens exposed to your eyes; the outside coating that everybody else sees can be different from the inside and have no effect on color perception.

Brown and amber lenses are commonly thought to improve contrast on hazy or smoggy days, although scientific confirmation is lacking. Dark or medium blue can seriously impair some people's ability to distinguish the colors of traffic signals, according to the American Optometric Association.

And rose-colored or red lenses tend to block out all colors except the one you're looking through.

The important thing, everyone seems to agree, is to wear sunglasses year-round. Even on overcast days, background glare can irritate the eye, says Schwab. And the Skin Cancer Foundation reports that on a gloomy day, 80 percent of the sun's damaging radiation comes through.

Moreover, researchers at Johns Hopkins University have found that people who don't shield their eyes from the sun are three times more likely to develop cataracts than those who do.

Another consideration: Wearing sunglasses in daytime brightness makes it easier for the eyes to adapt to nighttime darkness, says the AOA.

Yet as few as 20 years ago sunglasses were widely considered nothing more than a novelty or fashion statement, and generations of Americans grew up thinking squinting was as natural as smiling or winking.

"Today," says Schwab, "people are more aware that the sun causes skin cancer, premature wrinkling and damage to the lens of the eye. We want children to get used to sunglasses at a young age. A lot of people who don't wear sunglasses get little growths on the white of the eye, which seem to be caused by the sun and wind."

Dr. Gary Hall, a Phoenix ophthalmologist who has developed a line of sunglasses for children ages 5 to 15, points out that "under the age of 10, the human lens allows 75 percent of light to pass through the retina, while it only allows 25 percent through when we get older."

Once you've found a model you like, don't assume the lens is impeccable just because it may bear a sticker proclaiming 90 percent to 100 percent UV protection, or

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- Fat per serving: 12 grams
- Cholesterol per serving: 80 milligrams
- Sodium per serving: 450 milligrams

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New Apple Pancake

- Calories per serving: 230
- Fat per serving: 5 grams
- Cholesterol per serving: 139 milligrams
- Sodium per serving: 120 milligrams

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By Kit Saedaker

Breakfast used to be simple. Bacon and eggs, toast and coffee. Maybe cereal. That was before cholesterol. Now it's cereal or what?

It's hard to make a big Sunday breakfast from oatmeal, but think of the sodium and fat in such alternatives as codfish cakes or almost anything else that moves breakfast from ho-hum to ho-ho. Not nice. Not '90s.

Never mind. Gala breakfasts are still not only possible, they're positively divine. Below are some examples — New Eggs Benedict, New Apple Pancake and some corn muffins that use up leftover kernels from corn on the cob and are the better for it.

NEW EGGS BENEDICT

4 slices reduced-sodium ham (or turkey, which reduces sodium by 200 milligrams)

- 1 cup low-sodium chicken broth
- 3 tablespoons unsalted margarine
- 2 tablespoons flour
- 1 tablespoon lemon juice
- 1 large egg
- 4 egg whites
- 2 tablespoons non-fat milk
- 2 English muffins, split
- 2 tablespoons minced parsley (optional)

Yields 4 servings. Each serving has about 230 calories, 12 grams fat, 80 milligrams cholesterol and 450 milligrams sodium (250 if turkey is used in place of ham).

Preheat oven to 350 F. Place ham slices (or turkey) covered with foil in oven and heat for 10 minutes.

In saucepan heat chicken broth to simmer. In another saucepan melt 2 tablespoons of margarine, add flour and cook, stirring until flour looks like honeycomb, about 2 minutes.

Pour chicken broth in all at once, whisking as you do, and add lemon juice. Simmer, stirring until thickened.

Beat together egg, egg whites and non-fat milk in small bowl. Melt last tablespoon of margarine in large skillet, add egg/milk mixture and cook, stirring constantly until eggs are consistency you like.

Toast muffins and place slice of ham or turkey on each. Put ¼ of eggs on top of ham or turkey and spoon sauce over all. Sprinkle with chopped parsley and serve at once.

NEW APPLE PANCAKE

- 1 large egg
- 1 egg white
- 6 tablespoons white flour
- 6 tablespoons non-fat milk
- ½ large apple, Pippin, Granny Smith or other green variety
- 2 teaspoons lemon juice
- 2 tablespoons dark brown sugar
- 2 pinches cinnamon
- Maple syrup

Yields 2 to 4 servings. Each serving has about 230 calories, 5 grams fat, 139 milligrams cholesterol and 120 milligrams sodium.

Preheat oven to 425 F. Spray large pie pan with non-stick coating and set in oven to heat.

Beat egg and egg white slightly. Whisk in flour and milk, but don't overbeat. Batter will be lumpy.

Peel and core ½ apple, slice and place in small bowl. Add lemon juice, brown sugar and cinnamon and toss.

Four batter into hot pie pan and arrange apple slices on top of batter in attractive circle. Place in upper third of oven and bake for 15 to 20 minutes until it puffs and turns golden brown.

Serve at once. Maple syrup topping is optional.

NEW CORN MUFFINS

- 1¼ cups all-purpose flour
- ¼ cup yellow cornmeal
- 1 tablespoon baking powder
- 1 tablespoon maple syrup
- 1¼ cups non-fat yogurt
- 1 egg
- 2 egg whites
- 2 tablespoons corn oil
- ¼ cup fresh corn kernels

Yields 12 muffins. Each has about 132 calories, 3 grams fat, 18 milligrams cholesterol and 110 milligrams sodium.

Preheat oven to 400 F. Line muffin pan with paper baking cups or spray with non-stick coating.

Combine flour, cornmeal and baking powder in large bowl.

In another bowl whisk together maple syrup, yogurt, egg, egg whites and oil. Add corn kernels and stir to mix.

Now add all this liquid to flour combination at once. Stir just to moisten. Leave some lumps if you want tender muffins.

Spoon batter into muffin pan and bake 20 to 25 minutes or until golden brown. Remove muffins from pan and cool on wire rack.

HEALTH WATCH

Water is as important as food for life

More than half of the body is water — 40 to 50 quarts if it were bottled. Daily water loss through perspiration, urine and breath must be replaced. Loss of 15 to 20 percent of water can be fatal.

Ways water helps the body:

- Quenches thirst.
- Aids digestion.
- Cools body during exercise.
- Flushes out wastes.
- Carries nutrients to cells.
- Reduces risk of kidney stones.
- Lubricates joints.



- Promotes good skin tone.
- Dilutes alcohol.
- Relieves headaches.
- Decreases premenstrual bloating.
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SOURCE: American Dietetic Association

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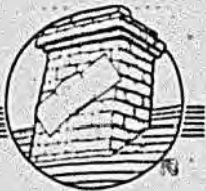
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Here's How

By Gene Gary



Q. We just bought a lovely home with hardwood floors. However, there are stains on both the living room and dining room floors, probably from pets. I have heard that it is next to impossible to remove these stains without getting deep into the wood. Any advice?

A. If a major area of the floor is affected, your best bet would be the refinishing of the entire floor by a professional. However, if you want to try spot treatments use the following steps:

Clean the dark spots and surrounding area with No. 00 steel wool and a good floor cleaner or mineral spirits. Follow this by thoroughly washing spotted area with household white vinegar. Allow it to remain three or four minutes.

If the spot remains, sand with fine sandpaper, feathering out 3 to 4 inches into the surrounding area.

If staining still remains, apply oxalic acid solution (1 ounce oxalic acid to 1 quart water). Be sure to use great care when working with acids. Wear rubber gloves,

old clothes, prevent any splashing (pour acid into water not water into acid).

Let the acid solution stand one hour on stained areas, then rinse with clear water. A second treatment may be helpful if spot refuses to yield.

Oxalic acid is a bleaching agent. Whenever it is used, the treated floor area will probably have to be stained and refinished to match the original color.

If second application of oxalic acid fails, sand area with No. 00 sandpaper and apply matching finish, feathering out into surrounding floor area. Let dry. Buff lightly with No. 00 steel wool. Apply second coat of finish, let dry and wax.

If staining is still visible, the only remaining remedy is to replace the affected flooring.

Q. Our aluminum screening has become spotty with a chalky white staining. I have tried several cleaning products without success. Do you have any recommenda-

tions on how to remove this staining and what type of treatment we can apply to prevent it?

A. First, try one of the soap-filled steel wool pads, preferably one containing a rust-arrester. If this fails, use stainless steel wool (size 00) and a solvent type liquid floor wax, dipping the wool pad into the wax and applying to the aluminum.

As a third recommendation, wet the stainless steel wool pad with an etching solution, made of one part etching chemical cleaner to three parts water. Cover the wet pad with powdered pumice or some other heavy duty abrasive.

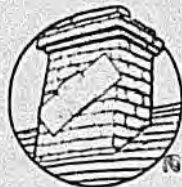
In scouring aluminum, always rub with the "grain." That is, back and forth. Never crosswise or in a circular motion. Apply to an area small enough to be completely covered and kept wet for three to five minutes. Follow with a thorough rinsing before the cleaner dries on the surface.

Another cleaner for aluminum is Arm and Hammer Oven Cleaner used with fine steel wool. There are also commercial aluminum cleaners on the market. Check with your local housewares or hardware store.

Once the aluminum has been cleaned, protect the surface by waxing with an automobile wax or even glass wax. Wax periodically to assure protection.

One of our reader writes:
"I noticed the advice in your column concerning the opening of the bathroom door while showering to prevent excessive steaming and condensation.

I have one word of caution. We purchased a home with "blown" ceilings... it looks like snowflakes. We left the door open while taking a shower for a year or so before the ceiling started to sag and come loose exactly where the steam came out of the bathroom. We had to have that section done over and, of course, it never has blended with the rest of the room.



Decor Score

By Rose Bennett Gilbert



Q. I'm thinking of enclosing the second-floor porch off the master bedroom and turning it into a bath or sitting area. Can you give me any ideas? We both love Victorian and have a lot of it throughout the rest of the house. — C.D.

A. One of the fun things about the Victorian style is its inherent sense of whimsy — at least, seen through our eyes. While some of the Victorians were no doubt stuffy and proper to the breaking point — you can see it in the stiff, upright furniture they favored for the front parlor — there also were many things that fascinate us today.

Adventurous, the Victorians traveled the world and brought home exotica to show off in their sitting rooms. Social, they invented customs, rules and dining room utensils that put a fine point, indeed, on the art of living. Curious, the 19th century was the heyday of inventions, including gimmicks and gizmos that amounted to parlor games. And sensual, they adored rich textures, luxurious colors and pattern heaped on pattern.

Which brings me, finally, to the point: The Victorians also invented the bath. So proud was the home that had one, we're told visitors often were invited in to admire the plumbing and other fixtures.

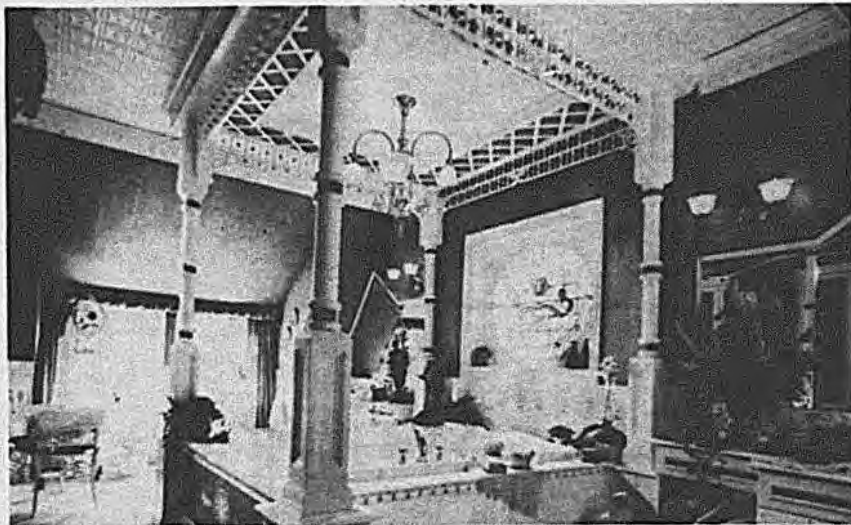
The 19th-century bath was decorated as lavishly as any room, with upholstered chairs, rugs, elaborate lighting fixtures and splendid materials, such as marble, crystal and gold.

It would be very in keeping with the Victorian spirit, therefore, if you decide to have both a new bath and sitting area on your remodeled porch.

Designer Diane Boyer, ASID, shows how it can be done in her lavish Victorian bath pictured here. It, too, is in space once devoted to an unheated summer porch, which, she says, inspired

her use of the columns and gingerbread in the canopy surrounding the American Standard bathtub. Other luxurious touches for you to consider:

- The upholstered walls (an especially good idea where climate control matters).
- Wall-to-wall carpeting, run up the step to the tub.
- A large cabinet (unseen in the photo) to hold a TV for viewing during a luxurious bath.
- Typical Victorian elements, such as the pressed-tin ceiling, stained-glass window, light fixtures and patterned area rugs.



VICTORIAN SPLENDOR — Designer Diane Boyer uses exterior millwork to turn a bathroom into a luxurious spa.



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wa5

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getic, loving woman to care for
infant in my RVC home. School
days/live out. Light housekeep-
ing, non-smoker, English speak-
ing, references required. 766-
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olds in my New Hyde Park home.
Full time position, good salary,
references required. Call after 7
p.m. 437-8694. gcag3

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Must be neat & clean. References
a must. Experienced only apply
248-3045. Painter's helper also
wanted, part time. wfn

MATURE BABYSITTER
Housekeeper needed to watch 2
school age boys. Live in/out.
Must speak English & have
references. Call after 6 p.m. only
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Full Time housekeeper/child
caregiver for children 9 & 6 yrs.
old, Mon.-Fri. in my Mineola
home starting Sept. thru school
year. Own transportation. Call
747-4192, leave message. wa4

GAL FRIDAY. EFFICIENT,
energetic. Physician's office,
assist billing, handle records,
correspondence, Apple 2C.
Hours, salary neg. Non-smoker.
References. 747-7925. gcag3

TEACHER SEEKS CHILD CARE
& light housekeeping. Respon-
sible, loving, out-going, 3 chil-
dren, Mon.-Fri. in my Franklin
Square home. Non-smoker. Ex-
perienced, references. Begin
Aug. 26. 437-2693. gcag4

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P/T or F/T. Live in or live out. 3
small children, my Garden City
home. References. Call 739-1610.
gcag4

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PIANIST REQUIRED TO PLAY
one day a week commencing in
Sept. Hours 4-7:30 p.m. Must
sight read. Excellent pay. Please
call 248-1864. gcag5

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tion information call 219-769-6649
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ha4

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woman needed to care for
children in my Mineola home.
8am-2pm, 2 to 3 days a week.
Begin Sept., Refs. 889-7946
wa2

RELIABLE & RESPONSIBLE
Child Care for children nine and
six years old. Mon. thru Fri., 3
p.m. to 6 p.m., in my East
Williston home. Starting Sept.
thru school year. Flexibility
desirable for non-school sessions.
Own transportation. Call & leave
message, 742-0556. wa3

BABYSITTER WANTED
Sundays 8 a.m. - 4 p.m. for two
children, ages 3 & 5. Long term
position. Call 746-3141. gcag4

SMALL EARTH SCIENCE
museum seeks a part-time person
to help conduct school-group
tours. Interest in, or knowledge of
geology helpful. 822-7505. ha2

DENTAL ASSISTANT WANTED
to join our friendly orthodontic
staff. New modern office, bene-
fits. No experience necessary. We
will train right person. 746-3204.
wa2

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Person wanted to take care of my
3 & 5 year old children in my
West Hempstead home. P/T
afternoon and evening hours.
Excellent salary, references
required. 481-9772. gcAg3

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woman needed for my 2 children,
ages 6 & 8 in my home 3
afternoons per week. Flex. hrs.,
own transportation. Call 621-
4232. wa3

Help Wanted

BABY SITTER/HOUSEKEEPER
Permanent live-in or out. Monday
-Thursday. Driver's license pre-
ferred. References required.
485-4979. gcAg3

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please. Call 741-6000 for ap-
pointment. Ask for Lance. gcag5

P/T DRIVER TO PICK UP &
deliver for a Garden City South
business 5 days per week. Must
have clean license. Retirees
welcome. Call before 5 p.m.
486-3602. gcag2

Situations Wanted

HOUSECLEANING, EXPERI-
enced, own car. References.
338-5970. wa2

HOUSEKEEPER AVAILABLE IN
Your Garden City home. Refer-
ences 739-1610. gcag4

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excellent references & ex-
perience. Own transportation. Call
Masha (516) 741-6234. gcag4

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homemaker. References avail-
able. Call Hortense at 379-4677.
gcAg4

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can clean your house or take care
of elderly person. Experienced.
references. Call 489-6776 Ask for
Anette or Ted. gcAg4

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perience looking for live in
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942-5390. gcag4

AFTER SCHOOL CHILD CARE
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loving Mom in my Garden City
home. Available also during
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ences. Please call 873-1636.
gcag5

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for a job in Garden City/Mineola
area. Mailing & filing skills
available. Willing to learn new
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sume & references upon request.
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anytime. gcag3

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offer a proposal to residents of
Tudor Gardens. If you are special
and take pride in your condo, I
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able rates. All my work is superb.
Call evenings or before 8 a.m.
Thank you, 489-8218. gcAg4

IRISH GIRL AVAILABLE FOR
childcare position. Will also
consider taking care of the sick or
elderly. Experience and refer-
ences available. Please call
Maureen (718) 347-7103 Live out.
gcAg4

IRISH CERTIFIED NURSE'S
Aide available to care for the sick
or elderly. Checkable reference
available. Live out. Please call
Ann 437-5320. gcAg4

RELIABLE, MATURE WOMAN
wishes to babysit or assist elderly
person. Experienced/references.
489-9198. gcAg4

NANCY CABRERA IS AVAIL-
able for housecleaning daily or
sleep out. Has references. 481-
7570. Call after 2 p.m. gcag5

HOUSECLEANER, HOUSE-
keeper looking for job. Experi-
ence, references & own transpor-
tation. Call 868-4790 or leave
message. gcag5

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care of elderly. Experience.
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Call V. Wright, 564-0447. gcS2

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DEPENDABLE PERSON SEEKING job to take care of elderly person. Contact Fay Dawkins at 378-0462. gca2

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RESPONSIBLE, RELIABLE Nurse's Aide with experience will take care of sick, elderly people. Excellent references. 326-2917. gca5

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HOUSEKEEPER AVAILABLE Honest, hard worker looking for daily housecleaning position. Experience & references. Call any time 483-5815 or 489-7166. Susann. gca5

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ENERGETIC HOUSECLEANING woman with excellent personality seeking day work. Prefer Garden City area but will work in other vicinities. English speaking, non-smoker, own transportation. Reasonable rates. References on request. Call 489-8218 evenings. gcs3

NURSE'S AIDE AVAILABLE day or night. Twenty years experience. \$10/hour. Good references, own transportation. Please call 718-476-0379, anytime. hAg3

EXPERIENCED PERSON FOR babysitting or night housework or aid elderly person. 538-1320. gca3

HOUSECLEANING MONDAY through Thursday. References available. Own transportation. 564-4508. Call anytime. gca3

Situations Wanted

LOOKING FOR HOUSECLEAN- ing job. Sleep out. 3 yrs. experience. 358-9656. gca3

HOUSECLEANING AVAILABLE Hard working with good references, own transportation. Call after 7 p.m. 564-4122. gca3

HOUSECLEANER AVAILABLE Mon.-Fri. Own transportation. Good reference. Excellent worker. Call evenings. 483-3886. gca3

I'M LOOKING FOR HOUSE- keeping/Babysitting job. Experience & references. 293-8424 or 997-4221. gca5

HOUSECLEANING FOR Monday and Saturday. Experience and references. Call 292-3074 after 6 p.m. gca3

TEACHER & MOTHER WILL babysit in your home or mine. References available. Call after 1 pm 486-2826. wag3

HOUSECLEANING AVAILABLE 2 yrs. experience. Garden City, Mineola area preferred. Call any time. 481-1448. gca2

LOVING MOM WILL CARE FOR your child in your own home F/T or P/T. Reasonable rates. Please call 437-7829. gca3

HOUSECLEANING JOB wanted. Experience & references 718-658-5960 after 6 p.m. gca2

LOVING MOM WITH 3 1/2 YEAR old boy and newborn girl would love to watch your children. Full or part time. Your home or mine. Reliable, references available. Please call 489-1621. gca3

EXPERIENCED CLEANING person available. References, own transportation. Available Monday-Friday 489-6936. gca3

GARDEN CITY NURSE will babysit children or care for elderly parents locally. P/T, 58 an hour. Call 352-0608. gca3

FEMALE COLLEGE STUDENT 20, available Aug. 1-23 to babysit, run errands, clean, office work, waitress. Own transportation. 742-0562. gca3

HOUSECLEANING JOB wanted. Good references and experience. Call after 6 p.m. and ask for Angela. 538-6399. gca3

GOOD HOUSECLEANER WITH experience and own transportation looking to work days. Call after 5 p.m. and ask for Gloria. 485-6108. gca3

COMPANION FOR ELDERLY. Live out. Experienced, reliable. 718-327-1550. wa5

POLISH WOMAN LOOKING for job as housekeeper in Garden City. 565-1751. Ask for Agnes. gca5

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Real Estate For Sale

HELGA CROSBY'S BEST BUY! If you remember the risqué words "It's raining it's snowing, your petticoat's showing", and you're still living in the same place, boy do you need a change! Weight-Watchers recommends dieting. Age-Watchers recommends a move. I promise a younger outlook or I'll buy you a Yogurt. Listen to your heart and your echo says Move-In Mini-Care Mint. Price \$315,000 offers Den Eat-in Kitchen, Living room with fireplace, Dining room, two Bedrooms, two Bathrooms and tremendous deck. Party time!! Helga Frankwich Crosby - Studwell Ventures 746-7077 after 6 p.m. 746-0563. gca2

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GARDEN CITY ESTATES Elegant, beautifully decorated and renovated Dutch Colonial. Center Hall, 5 BRS, 3 1/2 baths, LR w/fpl with authentic Dutch tiles, formal DR, Sun Room, fin. bsmt. Brass light fixtures, Laura Ashley curtains & wallpaper throughout. Hardwood floors, new EIK with cherrywood cabinets & top of the line appliances, two car garage. New furnace & water heater. House surrounded by dozens of azaleas. Excellent location, within half mile from Mineola & Hempstead train lines. Tullamore Park, Homestead & Stratford schools just around the corner. By owner. \$465,000. 742-4271. gca4

Real Estate For Sale

EAST WILLISTON COLONIAL. 18 yrs. young. 4 BRS, 2 1/2 baths; large country kit, den/fpl, CAC, sprinkler & alarm system. \$400K firm. Owner. 747-8145. wa2

MINEOLA/PARK AREA - Spacious expanded wide-line Cape includes new oak kitchen/FDR/Family room, 2 baths (new), 4 BRS, all superb condition. \$219,000. Vern Rock Realty (516) 354-5888. gca2

GARDEN CITY ESTATES Ranch. 4 BRS, 3 baths, EIK, LR/fpl, huge fin. bsmt. Beautiful yard, 2 car garage, 80x110. \$485,000. Mint cond. 742-8868. gca2

GARDEN CITY 5 BR EXPANDED Ranch. Fam. style kit 12 x 22, 2 1/2 baths, FDR, fin. bsmt., gas heat \$329,000. Principals only 747-2473. gca3

GARDEN CITY ESTATES - English Colonial. 4/5 BRS, 3 full baths, large modern EIK/deck, LR/marble FPL, FDR, original English wood paneled library. Moldings, brass sconces. Finished basement/laundry. New windows & oak floors throughout. Slate roof, 2 car garage, park-like yard on beautiful street. Walk to RR. \$475,000 principals only. 746-6893. gca5

SOUTHOLD. 1 PLUS WOODED Acre. Walk to bay beach, deeded marina rights, underground utilities. Cobblestone lined street. Terms. \$125,000. 765-1594. gca3

MINEOLA - LEGAL TWO family. 2 BR & 3 BR apt. Fireplace, new kit., closets galore, 50 x 100, detached garage. Close to RR & hospital. 746-3141. \$239,000. wa2

SOUTHOLD BAYFRONT - Private park community with deeded boat mooring rights, protected harbor within 500 feet. Year round home, 20 mile panoramic views, 1/2 acre, cathedral ceiling, LR/FPL, family room with wood stove, FDR, new EIK, laundry, Master BR with bath & dressing room. 2 additional BRS with bath & jacuzzi, OHW, low taxes, heated guest cottage with bath, outside bather's shower & dressing room, garage. All above in turn-key condition. Immediate occupancy. ASKING \$595,000 neg. Call (516) 765-2963 for details & photo brochure. NO BROKERS. gca2

HILLSIDE AVE., NEW HYDE Park - 4 BR Brick house, attached garage, patio, LR/FPL, DR, EIK, 1 bath, full basement. Excellent professional location. Principals only \$229,000. 747-6759 evenings gca5

GREAT NECK. FOR SALE BY owner. 31,000 sq. ft. office space with ample parking. Call Martha 829-6505, ext. 251. ha2

MONTAUK - 2 RM CO-OP One hundred feet from beach. Electric heat/air conditioned. Walk to dining, shopping. Sleeps four. Full kit., cable TV. Must sell. Asking \$42,500. Great Rental History. 724-5572. ha4

Real Estate For Sale

GARDEN CITY ESTATES Old World Tudor on beautiful Whitehall Blvd. Gracious center hall, grand foyer, sunken LLR with stone fpl, 6 BRS, 4 1/2 baths. Principals only. Call 741-6675 for appointment. \$950,000. gca3

GARDEN CITY SIDE HALL Colonial. 4 BRS, DR, LR/fpl, EIK, gas heat. Mint. Move right in. Owner. \$279,000. 488-4868. gca2

EAST WILLISTON COLONIAL 18 yrs. young. Large Master BR w separate dressing area plus 3 large BRS, 2 1/2 baths, Ceramic tile large country kit w Bay Window, LR formal DR, den/fpl, private yard w covered Patio, attached garage, CAC sprinkler & alarm system \$400K. Onwer 747-8145. wa2

REDUCED - REDUCED - PRICE Slashed \$35,000. Garden City Western section corner Split. 3 BRS, 1 1/2 baths, LR/Fpl/DR, Kitchen, Den, Basement, Patio, CAC, 1 Car Garage. \$290,000. 488-4796, by appointment. gca3

GARDEN CITY ESTATES 4 BR CH Brick Colonial. Large Country kit with breakfast rm., beamed fam. rm., LR/fpl, FDR, maid's rm., huge fence in backyard. One block to RR. \$459,000. 248-7292. gca3

NASSAU POINT OPEN HOUSE Sat., Aug. 3, 12-4 Nassau Point Rd., Cutchogue - Follow the signs. Only steps to sandy, bay beach from this spacious CH Cape Cod, LR/fpl, large EIK, DR, three very large BRS, 2 baths, CAC. Waterviews & private dock. Exclusively ours. \$425,000. Nassau Point Exclusive - Hand-some, private 4 BR Contemp. Airy sun room overlooks super deck and secluded pool, LR/FPL, large kitchen, CAC, garage. Great at \$439,000.

Mattituck - Establish your own individuality in this adorable 2 BR 1 story home. Rear yard is secluded. Short walk to bay beach. \$179,000.

We have many great retirement homes under \$200,000. Call for free listings. Marilyn Lang Realty, 734-6690, 734-6472 gca1

OPEN HOUSE - SAT. AUGUST 10, 12-4 Mill Lane, Peconic. Walk to beach from this all season retreat. This 3 BR, 2 bath Contemp. with water views features Great room/FPL, deck professional landscaping & privacy. \$250,000. New Suffolk Estate Sale - 2 story renovated Oldie 4 BRS, LR, front porch. Walk to bay beach \$139,000. Cutchogue Exclusive - Moor your boat & walk to bay from this cheerful 2 BR, 1 story house. LR/FPL, den, DR, EIK, room for pool surrounded by beautiful, mature plantings. \$195,000. Cutchogue Waterfront - Extraordinary views from this 3 BR, 2 bath Cape Cod. Lovely LR, EIK, new floating dock, deck & ramps. \$439,900. Peconic Sound Front - 9 acres & 300 feet of beach with main house plus 2 beach cottages. \$825,000 Or House & cottages minus 4 acres at \$550,000. Marilyn Lang Realty 734-6690, 734-6472. gca2

Real Estate For Sale

HICKSVILLE: 4 BR LEVITT
Ranch. New Euro kit & bath.
60x100. Taxes \$2600. 2 zone
heating & ceiling fans throughout
the house. Asking 165K. Princi-
pals only. 735-0793. htfn

GARDEN CITY BRICK/STONE
5 BR expanded Ranch on John St.
3 baths, CAC, den, Anderson
windows, 1/2 acre \$550,000.
Owner 741-0451. gcag2

NASSAU POINT/CUTCHOQUE
Private community with beach &
mooring across the street. 3 BR
Ranch, 2 baths, large kit, LR/fpl,
2 car attached garage. Full attic &
bsmt. plus 2 story barn with
workshop area & extras. \$290,000
734-5203. gcag2

GARDEN CITY ESTATES
CH Colonial, brick/slate, fully
renovated in/out, new appli-
cances, 4 BRS, 2 1/2 baths, EIK,
LR/FPL, DR, Den, CAC &
sprinklers. Owner Reduced to
\$525,000. Call after 6 p.m.
742-0740. gcAg3

GARDEN CITY WESTERN
Section 3 BR Colonial. New kit,
FDR, LR/fpl, rec. rm. Mint
condition, nice yard, low taxes.
Reduced to \$315,000. Principals
only. 775-5049. gcag2

BERKSHIRES, COLUMBIA
County - Rt. 82 Ancran, Gallatin,
N.Y., near Taconic State Park and
Catamount ski area. New
England Ranch on hilltop on 7
acres. Beautiful view, 3 BR,
modern kitchen with ceramic
floor, picture window. LR/stone
fireplace, both rooms paneled
with beam ceilings, 5 appliances,
great well with ample water. Full
dry bsmt, oil heat, 2 car insulated
garage, screened breezeway.
Fully furnished. \$165,000. Lease/
purchase option. Surrounding
this home additional 50 acres with
stocked fish pond, great deer and
turkey hunting. Call collect,
407-498-3462. hAg4

SOUTHOLD - 5 YEAR OLD
absolutely mint Contemp home
with many extras in beautiful
neighborhood. Walk to bay
beach. For sale by owner.
\$299,000. 765-2720. gcag4

GARDEN CITY ESTATES -
5 BRS, 4 1/2 baths Oxford Boulevard
Colonial on 1/2 acre. Price reduc-
tion plus flexible owner financing.
Monthly payments as low as
\$3,000. Owner/broker 248-2450.
gcag2

GARDEN CITY ESTATES SECT.
split, 3 BRS, 2 baths, LR, full DR,
EIK, paneled playroom, full
bsmt, 2 zone heat, 2 car garage,
walk to RR & schools. By owner
\$310,000. Call for apt. 747-2633.
gca2

GARDEN CITY ESTATES
brick center hall Colonial, 3 BRS,
3 baths, LR/fpl, FDR, den, bsmt
rec room, screened porch, attach-
ed 2 car garage, \$400's. Owner
248-8425. gcag4

GARDEN CITY ESTATES
Full Ranch on exclusive Whitehall
Blvd. 3 BRS, LR, DR, den, 2
baths, gas heat, large plot, 5 min.
walk to LIRR. By appointment
Only \$380,000, firm. 516-
746-1121 gcag3

Real Estate For Sale

SOUTHOLD CALIFORNIA
Ranch. Prestigious, private
wooded area, 3 BRS, 2 1/2 baths,
Country kit, fam. rm/fpl, CAC,
fin. bsmt., 2 car garage, 20 x 40
heated in-ground pool or walk to
resident beach. Auto watering
system. Listed at \$289,000. Neg.
by owner. 765-9247. gcag3

GARDEN CITY ESTATES
Split level, maintenance free
Contemp. featuring cathedral
Living Room ceiling, EIK, Dr,
den, 3 BRS, 2 1/2 baths, gas heat, 2
car garage, basement. Principals
only. \$395,000. Call for appoint-
ment. 747-0774. gcAg3.

SOUTHOLD BY OWNER
Remodeled with new addition. 3
BR, 2 Bath Ranch. Walk to sandy
beach. A/C, new appliances,
beautiful Florida room. Oversized
detached garage. Priced to sell.
ow 200K. 765-5496. gcAg3

GARDEN CITY-WALK TO RR.
Lg. 3 BR, 2 1/2 baths, LR/FPL, DR,
den, fin. Basement, new gas heat,
EIK, 2 car, fenced yard. Many
great extras! Low \$300's Owner
(212) 473-0526. gcag2

GARDEN CITY SPACIOUS
home on large property. 5 BRS, 3
baths, screened porch, finished
rec. room. Walk to RR. By
appointment. Asking \$315,000,
Principals only. 775-5974. gcAg4

GARDEN CITY WESTERN
Beautiful Jefferson Street, 3
bedroom Colonial, formal dining
room, living room with fireplace,
large enclosed porch. Move in
condition, 60 x 100, low taxes,
reduced to \$315,000. Walk to
everything. Principals only.
775-1133. wA3

SOUTHOLD WATERFRONT -
Prestigious Calves Neck. Im-
maculate 2 story LR/FPL, FDR,
lg. EIK, clean/FPL, Master BR &
bath/FPL, plus 2 BRS & bath,
large screened porch, CAC, guest
quarters. Professionally land-
scaped \$650,000. Nassau Point -
Exclusive Privacy & seclusion - 2
BRS, lg. LR, DR, FPL, separate
studio. Reduced \$179,000. Laurel
- Country cottage, deeded sandy
bay beach LR/FPL, EIK, 2 BRS,
Sleeping loft, large enclosed
porch. Just reduced \$145,000.
Peconic Cape in prime wooded
area. Walk to sandy bay beach &
mooring. Low taxes, 4 BRS, 2
baths, LR/FPL, new OHW heat, 2
car garage with loft. \$179,900.
Nassau Point - Premium bay
front property 5 BRS, 2 1/2 baths,
LR/FPL, DR, family room/FPL,
sun porch with million dollar view
on sandy bay beach \$650,000.
North Fork Bayfront - wooded
acre lots. A rare find on sandy
beach. Starting at \$320,000.
Nassau Point Waterfront - 2 plus
acres, bulk headed with dock &
boat house. Features 2 Master
suites plus 2 guest BRS, LR/FPL,
DR, large Country kitchen. A
Must See. \$550,000. Burt Lewis
Real Estate 765-5810, 298-4600,
734-5533. gcag2

GARDEN CITY VICINITY -
Large 1 BR modern Condo. Move
in cond. Washer/dryer, CAC,
indoor parking, park-like grnds.
Maintenance \$115. Owner pays
first year. Anxious. \$99,000.
538-8380. gcag4

Real Estate For Sale

GARDEN CITY CAPE
Meadow St. Must see. 3 BR, 2
baths, EIK, LR, DR, den, fin.
bsmt., principals only. \$235,000.
742-2782. hag2

BERKSHIRES, COLUMBIA
County, Route 82, Ancran,
Gallatin NY, near Taconic State
Park & Catamount Ski Area. New
England ranch on hilltop on 7
acres. Beautiful views, 3 BRS,
mod. kit with ceramic floor,
picture window, LR/stone fpl,
both rms paneled with beamed
ceilings. 5 appliances. Great Well
with ample water. Full, dry
basement, oil heat, 2 car
insulated garage, screened in
breezeway, fully furnished.
\$165,000 lease purchase option.
Surrounding this home, addition-
al 50 acres with stocked fish pond.
Great deer and turkey hunting.
Call collect 407-498-3462.
hag2

ROCKVILLE CENTRE SCHOOLS
Spacious 2 story, modern brick &
shingle. 4 BRS, 3 1/2 baths, den,
sun deck, LR/FPL, DR, EIK, full
finished basement. 1/4 acre. By
owner \$185,000. 485-5098 gcag4

GARDEN CITY CAPE
3 BR, 2 Bath, LR/FPL, DR, Den,
EIK, 16 x 18 deck, basement, gas
heat, garage. Maintenance free
exterior. \$375,000. Principals
only. 294-0124. gcAg3

GARDEN CITY PRIME ESTATE
section split, 3 BRS, 2 baths,
LR/fpl, FDR, EIK, paneled
playroom & lower basement,
oversized 1 car garage, patio, 2
zone gas heat, walk to schools &
RR, \$300's. Owner 747-3882.
gca2

ESTATES CH COLONIAL.
Showcase Colonial interior. Sur-
prisingly spacious rooms with all
the amenities. LR/FPL, FDR,
ultramod. EIK, sunny den, 4
large BRS, 3 1/2 baths, bsmt.
playroom, alarm, brick patio.
Beautiful perennial garden. Mid
\$400's. Principals only. 248-4881.
gcag2



CATHEDRAL GARDENS. 2 BRS,
LR, DR, large patio. Below
market. Owner anxious. \$72,500
neg. 292-8898. gcag2

N.Y.C. EAST 56th ST. CO-OP.
Large, sunny, alcove Studio,
CAC, 24 hr. doorman, \$89K or
\$1,200 rental. 746-5194. gcag5

GARDEN CITY/CHERRY
Valley - Spacious 4 rooms, 2 BRS,
DR, corner unit/view, second
floor. Move in condition. Walk RR
\$119,000. Spacious 3/4 rooms, all
updated, corner unit/view, wall
to wall, CAC, all superb cond.
Walk RR etc. \$99,000. Vern-Rock
Realty (516) 354-5888. gcag2

MINEOLA CLINTON ARMS -
Huge 1 BR, 1 1/2 baths, top floor,
terrace, indoor parking. Walk
LIRR, courts, hospital. Mint
\$110,000. neg. Owner 747-8919.
gcag5

Real Estate For Sale

G.C. HAMILTON GARDENS
Gorgeous, oversized 1 BR Co-op.
Quiet corner apartment totally
renovated, new Euro style EIK,
separate DR, new bath, refin.
hardwood floors, California
closets. Extra large rms., heated
garage. Close to all. Reduced to
\$115,000. 747-3607. gcag3

MINT 1 BR ALL NEW KITCHEN
& bath. Ceramic tile foyer & kit.
New wall to wall. Move right in
\$99,000. Owner moving South &
must sell second floor Co-op.
Priced to sell fast. \$79,000. Joan
Hazleton, Prudential L.I. Real
Estate. 354-6500. gcag2

FLORAL PARK FLOWER VIEW
Gardens. Newly renovated 1 BR
Co-op. Mint condition. Walk to
RR, bus & stores. Asking
\$92,000. Low maintenance. Call
after 5 p.m. 775-7820. hag3

CHERRY VALLEY 1 BR MINT
condition. New kit & bath, wall to
wall, ceiling fan. Walk to LIRR &
stores. Maintenance 81% deducti-
ble. Owner anxious. \$85,000.
294-7889. gca2

GARDEN CITY CO-OP - 2 BR
second floor unit. Center of
Village. One block to LIRR & all
shopping. Refinished floors, new
windows. Owner \$143,000. 873-
9469, leave message. gcag3

EAST 56TH STREET-MANHAT-
tan. Large, sunny alcove studio,
CAC, 24 hour doorman. Best offer
or \$1200 rental. 746-5194. gcag2

GARDEN CITY CHERRY
Valley 1 BR Co-op, first floor.
Walk to LIRR & stores. \$93,000.
Principals only. 294-9556. gca5

2 BR GARDEN CITY CO-OP
First floor, 3 exposures onto inner
courtyard. One of a kind unit with
custom eat-in-kitchen. Loaded
and available this summer. Super
Tax Break. Also available for 12
month rental w/option. Owner
742-1359. gcAg3

GARDEN CITY / CHERRY
Valley Co-Op. 2 BR, second floor
end unit. Owner relocated.
Asking \$118,000. (703) 527-1397.
Leave message. gcAg3

SOUTHAMPTON CO-OP - LR,
DR, kitchen, 2 BRS, 2 Baths, fully
furnished, newly decorated.
Ski/flight. 1,100 sq. feet of living
space, swimming pool & tennis
courts. Maid service available. 5
minutes to private bay beach, 10
minutes to ocean. By owner,
handed by on site broker. Ask for
Evelyn at 283-7600. \$119,000
gcAg3

GARDEN CITY / HEMPSTEAD
Cathedral Gardens - 1 BR Co-op.
Assumable mortgage. Low down
payment. Priced to sell. Owner
565-4117. gcAg4

GARDEN CITY 3 BR CO-OP ON
7th St. Oversized LR & DR, fpl.
Country EIK, 2 full baths, foyer,
washer/dryer, a/c, new windows.
Walk to RR, shops, schools. Mint
condition. Must sell \$219,000.
Call 742-1268. gcag4

GARDEN CITY - HEART OF
Village - LR/fpl, DR, EIK, 2BRS.
\$145,000, 741-9659. gcAg4

Real Estate For Sale

CO-OP IN HOLLISWOOD
Gardens, 2 BR, 5 rms, quiet
courtyard, convenient to N.Y.C./
L.I. 2 AC's deluxe kit & bath,
financially secure building.
\$90,000. Owner 718-479-0231.
wa3

GARDEN CITY, 2 BR CO-OP
New kitchen/bath, wash/dry,
dishwasher, A/C. Mint.
\$124,000. 741-4248 gcAg3

GARDEN CITY CHERRY
Valley co-op, 2 BRS, CAC, new
EIK, updated bathroom, second
floor. Move in condition, walk to
LIRR. \$136,000. 747-8850 or
747-1771. gcag2

MINEOLA CO-OP LINCOLN
Arms. Top floor, 1000 sq. ft., 1
BR, 1 1/2 baths, security building.
\$92,000. Days 663-2579, eves
742-3599. gcAg4

MINEOLA - HORTON HOUSE
1 BR, large LR, secure building.
Convenient to RR, hospital,
stores. Must sell. \$79,000. By
owner. 747-8711. gcag4

GARDEN CITY 2BR CO-OP ON
Seventh Street for sale by owner.
Close to all, low maintenance.
Must sell. 294-9318. Asking
\$137,000. gcAg4

GARDEN CITY/HEMPSTEAD
Investment. Owner will sell &
lease back this 1 BR Co-op on the
Garden City/Hempstead border.
Unit was recently remodeled, like
new. Enjoy the tax benefits of real
estate ownership with a
guaranteed rental income. Low
maintenance. \$79,900 neg.
489-9666. gcag2

BEST 3 BR, 2 BATH
in town. FDR, kitchen, LR/FPL,
view of Stewart Ave. Christmas
tree. Maintenance. \$990. 71% tax
deductible. \$265,000. Day (212)
841-7887, eves. and weekends
(516) 746-4165. gcAg4

Even HOUSE

GARDEN CITY, 6 SOMERSET
Ave. Sundays, Aug. 11, 18, 25 &
Sept. 6, 1-3 p.m. or by
appointment. 3 BRS, 3 1/2 baths,
den off 4th BR, LR/fpl, cathedral
ceiling, formal DR, EIK, fin.
bsmt, w/wet bar, 2 car garage.
Move-in condition. Owner 747-
9346. gcag5

Real Estate For Rent

HONEYMOON COTTAGE 3
Rooms on 1/2 acre, perfect for 1
or 2 working people only. Cat
O.K. Immediate occupancy. \$675
per month. Call owner 579-4186.
gca5

NEED NON-SMOKING FEMALE
to share quiet upstairs apartment
in Garden City. Separate en-
trance, separate rooms, share
bath. Near RR. Clean & beautiful.
354-5064. gcag3

Half the price of a postage stamp.
That is all this newspaper cost
you per week delivered to you by
mail.

Real Estate For Rent

COMMERCIAL LARGE GARAGE type building. Heated, private driveway, overhead door plus three single adjacent garages - same driveway. Will rent as one unit or divide. Suitable storage or work area. Vic. G.C. Park. 746-1160. **ha2**

GARDEN CITY ROOM FOR RENT Non-smoker, walk to station. Share bath. \$450. 742-7706. **gcag5**

GARDEN CITY FURNISHED Studio room available for rent. Private entrance, private bath, parking. No kitchen. 741-3791. **gcag2**

FLORAL PARK 5 ROOM apartment, second floor. 2 BRs, large LR, DR, EIK, balcony, 1 car garage. Walk to RR & shopping. \$1,000. plus security. 354-6170 after 6 p.m. **gcag2**

GARDEN CITY/HEMPSTEAD Studio apartment for rent on prestigious Cathedral Ave. Full kit, bath, wall to wall, laundry facilities in basement. \$600 owner 354-8579. **gcag3**

REAL ESTATE FOR RENT WILLISTON PARK, HILLSIDE Avenue second floor, room for rent. 1 bath, walk to station. \$400/mo. Owner-Mr. Cavalieri 627-8866. **wag2**

GARDEN CITY SOUTH-NASSAU Blvd. Large 6 rm. apartment, 3 BRs, LR, FDR, EIK, bath, terrace. Walk to LIRR, shopping. Business couple. Adelpi students. \$1,000 mo plus utilities. Call 486-1868 or 248-0753. **gcag2**

FRANKLIN SQUARE - BRAND New basement studio, separate entrance, non-smoker, no pets. Single preferred. \$575 incl. utilities. 437-0051. **gcag5**

HOLLIS HILLS/FEMALE Mature, responsible share spacious, beautiful home. Non-smoker. Near transportation, residential area. \$500 includes utilities. (718) 465-0952. **gcag5**

REAL ESTATE FOR RENT

FRANKLIN SQUARE - 3 1/2 Very large rooms BR, LR, EIK, full bath, private entrance. Good location between Southern State and Hempstead. One block to bus and all conveniences. Quiet, respectable business person. Immediate \$750 plus electricity. 516) 328-9175. **gcag5**

WILLISTON PARK LEGAL 2 family expanded Cape. Upstairs 2 BRs, LR DR combo, kit & bath. Ground floor = 3 large BRs, LR, FDR, EIK, fin. bsmt., 1 1/2 baths, parklike grounds, walk RR. 41 Owner 741-9263, leave message. \$325,000 or rent downstairs \$1150+. **wa5**

APARTMENT/GARAGE FOR RENT - Williston Park, bright, modern 3 large rooms, private entrance, EIK, dishwasher, a/c large storage area. Use of back yard. \$800 plus gas & electric. Garage \$80 mo. 248-8563. **gcag5**

Real Estate For Rent

GARDEN CITY BORDER Luxury apartment building. 1 & 2 BR apartments, new kitchens & appliances, A/C, bright, large rooms \$750 & \$825. No fee. 481-7745 or 489-3010. **gcag2**

GARDEN CITY 2 BR, 2 bath duplex. Huge rooms, new kit, new baths. Mint. Available Sept. 1. \$1650. 747-6614. **wa2**

3 BR COLONIAL HOUSE bordering Franklin Square. 2 baths, wall to wall carpeting, a/c, appliances, full finished basement, patio. Move in condition. 24 hour street parking. \$1250 per month. No pets. Mature adults only. 437-1595 leave message please. **gcag2**

FLORAL PARK APARTMENT 2 BRs, 1 bath, kitchen, dinette, porch, attic for storage, garage. Oct. 1. \$940 plus utilities. Owner. Leave message. 746-6345. **gcag4**

GARDEN CITY / HEMPSTEAD Cathedral Gardens. 1 BR Apartment for rent, fully renovated. Immediate occupancy. By owner. 565-4117. **gcag4**

EAST WILLISTON STUDIO Studio Apartment for rent. Generous, airy space, good storage, convenient location. \$400. 378-3739 early A.M. or after 6 P.M. **gcag4**

GARAGE FOR RENT Mineola Park section. Perfect for storage. \$75 per month. Available Sept. 1. Call 746-3141. **wa5**

BELLEROSE VILLAGE/ Nassau - 4 rms. Walk LIRR, city/Nassau buses, over office, EIK. Immediate. Suitable for 2. \$700 firm plus utilities. 352-5659. **gcag5**

ROOM FOR RENT WEST Hempstead. Prime President's area. Furnished, cheerful room for quiet, non-smoking female. Share bath, kitchen privileges. \$75 a week. 292-0582. **gcag3**

HILLSIDE AVE./NEW HYDE Park. \$1,350 per month plus utilities. 4 BR brick house, attached garage, patio, LR/Pl, DR, EIK, full bsmt. Also option to buy. Principals only \$229,900. Excellent professional location. 747-6759 after 4 p.m. **gcag3**

BEST OF ORLANDO. BRAND new lakefront luxury furnished 2,334 SF condo, 10 min. to WDW, 4 min to Seaworld, convenient shopping. 3 BRs, 3 baths, large LR, den, sunroom, plus porch. Facing 3 waterfountains, back sitting on huge Spring Lakefront. \$2,400/mo. minimum 3 mos. Long term rental preferred. Owner 466-9604. **hag3**

Real Estate For Rent

WILLISTON PARK. 3 RMS. private building, parking, walk to all, \$700's. Garden City/West Hempstead. Studio & 1 BR, parking included. Near all from \$500. No fee. Owner. 747-1300. **gcag4**

PSYCHOTHERAPISTS & RELATED professionals - individual office for rent by month or longer lease. Furnished or unfurnished, parking. \$600/mo., 2 Hillside Ave., Williston Park. Call after 6 p.m. 944-7730. **wa2**

FLORAL PARK - 4 BRAND NEW rooms. 2 BRs, LR, large EIK, full bath. Walk-in-closet plus large closet, parking available. Walk to all \$1,000 neg. plus utilities. 358-9072. Call 9 a.m. - 11 a.m. or 6 p.m. - 11 p.m. **gcag3**

STEWART MANOR - 3 BRs LR, DR, EIK, Garage. Walk to everything. Available Sept. 1. \$1,350 per month. One month's security. Rental includes heat. 488-1770. **gcag3**

1 BR 1 BATH, TUDOR GRDNs elevator building. \$1,200/mo. Avail. Aug. 15. Day (212) 841-7887, evs. & weekends (516) 746-4165. **gcag4**

GARDEN CITY ROOM FOR rent. Nice area, \$85/week. Female only. Please call evs. 741-4865. **gcag4**

GARDEN CITY. LARGE RM IN quiet area. Prefer mature person to share bath with gentleman. No drink, nor smoke. Telephone interview. Best call after 6 p.m. 742-2728. **gcj4**

WEST HEMPSTEAD APT. 1 BR, LR, EIK, Bath, Private entrance, near all. Ideal for one or two. Child OK. \$600, all. No smoking, no pets. 292-3901, leave message. **hag4**

ELMONT SECOND FLOOR apartment. 1 BR, LR, EIK, bath, own entrance. Mature business person, no children or pets. \$625 including utilities. 437-0820 **gcag2**

TWO BEDROOM APT: LR, dinette, full bath, skylight, private entrance. Half mile from Southern State Pky. Sunset City area of N. Babylon. \$765 includes water, gas, use of yard. Across from Belmont State Park. 254-9428. **hag4**

NEED NON-SMOKING FEMALE to share quiet upstairs apartment in Garden City. Separate entrance separate rms., share bath. Near RR. Clean & beautiful. 354-5064. **gcag3**

CHERRY VALLEY - 2 BR, FIRST floor. GAC, EIK, garage available. Convenient to all. Available Sept. 1. \$1,100 per month. Call 294-0229. **gcag4**

Real Estate For Rent

MINEOLA. 4 RMS. CLEAN, new windows, stove, refrigerator. Near Mineola Blvd., train, hospital. \$850 plus fee. 747-6392. **gcag2**

WILLISTON PARK 3 ROOM apartment with storage, newly renovated, near RR. \$750. 741-6144 or 742-5393. **wa4**

Vacation Rental

RENT OR SALE-HAMPTON Bays Contemp., 3 BRs, 1 1/2 baths, in ground, lighted, fenced pool with 17 x 29 cedar deck, skylights, front deck, back covered patio & lots/glass on cul de sac. 2 miles to beach. Perfect 3 couples or family with young adults. Weekly rentals for August. September is beautiful in the Hamptons. Call for weekly & weekend rates. Also for sale by owner \$185,000. (516) 579-4186. **gcag4**

MONTAUK - FALL GETAWAY Special. 3 days \$172 couple. 2 RM suite, heat, full kit. Sleeps four. Walks, dining, shopping. Hundred feet to beach. Immaculate. Call 724-5572. **ha**

VERO BEACH, E. COAST, Florida: New immaculate furnished 2 BR, 2 baths Condo in lovely parklike setting. Enclosed Florida rm. Lots of closet space. Walk to wall, air condition, paddle fan, olympic size swimming pool, tennis courts, shuffleboard, exercise rm in clubhouse. Full time security in a warm & friendly community. Six months rental from Jan. 1, 1992 to June 1, 1992. \$1200 per mo. Owner. 352-9113. **wa3**

SANIBEL ISLAND, FLORIDA Lush tropical setting, virtually unspoiled, southern Florida Gulf coast. **Sundial Beach & Tennis Resort** selected by Better Homes & Gardens as one of the top resorts in the USA. 2000 ft. beach, 5 pools, jacuzzi, 13 soft/hard court tennis, golf, boat/bike rentals, supervised children's activities available, award winning chef & gourmet restaurants, superb shopping, world famous shelling, only 35 min. to Ft. Myers airport. Complete resort right on the Gulf. Recent multimillion dollar beautification program. One or two BR Condos with full kitchens. Rent daily, weekly, etc. Reasonable. (516) 746-2211, (516) 326-7711. **gcag2**

MT. SNOW, VT. - BEAUTIFUL fully equipped Condo, sleeps 8. Large deck with privacy. Golf, tennis, indoor Clubhouse on premises with racquet ball, gym & swimming pool. Short or long term rental for fall foliage and ski season. Call 741-1824. **gcag3**

SANIBEL ISLE, FLORIDA Large 2 BR, 2 bath Condo in small complex. Tennis, pool, beach access to gulf. Reasonable summer and fall weekly rates. 747-7482. **ws3**

CHARLESTON, S.C. QUIET island, miles of beaches, front beach homes & villas. Daily & weekly. Golf packages available. 1-800-476-0400. **gcag5**

Vacation Rental

VERO BEACH, E. COAST, Florida: New immaculate furnished 2 BR, 2 baths Condo in lovely parklike setting. Enclosed Florida rm. Lots of closet space. Walk to wall, air condition, paddle fan, olympic size swimming pool, tennis courts, shuffleboard, exercise rm in clubhouse. Full time security in a warm & friendly community. Six months rental from Jan. 1, 1992 to June 1, 1992. \$1200 per mo. Owner. 352-9113. **wag3**

POCONOS/SAW CREEK - 3 BRs Ppl, deck, microwave, jacuzzi, pool, tennis, horseback riding. Weekly, monthly, 489-7351. **gcag3**

POCONO COUNTRY HOME 2 1/2 hrs., resort community. Three lakes (beaches & life-guards), tennis courts. Kitchen, LR, 1 1/2 baths, 3 BRs. Many vacation activities & restaurants in area. \$350/wk. 352-3345. **gcag3**

MT. SNOW/HAYSTACK Large fully equipped 4 BRs plus loft, 2 1/2 baths w/color TV, VCR, microwave. Weekly/monthly. Beautiful views, privacy. Near golf, tennis & lakes. 466-6120. **gcag3**

Real Estate Wanted

GENTEEL, PROFESSIONAL lady seeks apartment in house in Garden City to share with same. \$350 to \$375 monthly. Call office at 877-1000 ext. 256. **gcag2**

GARDEN CITY FAMILY looking to buy 4/5 BR house on quiet street with den & larger property. Have already closed on our house. Up to \$700's. 742-8441. **gcag2**

GARDEN CITY COUPLE seeking house to rent with option to buy. Estates or Western Sections only. One child, no pets. Call 326-7864. **gcag3**

SEMI RETIRED GENTLEMAN, 30 year resident of Garden City, seeks private room & bath or small apartment with very affordable rent for use when working P/T on Long Island. Also needs parking. Quiet, neat, non-smoker. Married. Excellent references. 747-4861. **gcag3**

LONGTIME GARDEN CITY Resident with 2 mature children looking to rent 3 BR house in Garden City with option to buy and/or rental only. Move right in. Call 741-1593. **gcag5**

3 BR. WASHER/DRYER hook up preferred. Use of yard \$900 a month. Prefer Garden City, Williston Park, West Hempstead, Franklin Square. 221-3070. Ask for Denise. **gcag4**

WILLISTON PARK RESIDENT of 20 yrs. seeks garage space to rent to store car. Car is used very infrequently. You will not even know car is in garage. Please call Rich 248-8424. **gcag3**

DO YOU HAVE A SERVICE to advertise? Our Service Directory is sure to bring results. Call 931-0012

Find A Bargain
IN THE CLASSIFIEDS



Car For Sale

1988 LINCOLN MARK VII LSC. Immaculate, white/grey leather. Every option including 100K warranty. Local doctor's wife's car. 59K. Best offer over \$11,000. 248-1864. gcag5

1988 VW JETTA CARAT 25K, auto, all power, ext. warr., Benzl. Mint. \$9,500. 516-328-3318 after 6 p.m. Days 212-564-4777. gcag5

1990 HONDA CIVIC HATCHBACK 51, 22,000 miles, a/c, power roof. \$9,500. 248-5278. gcag5

REDUCED 1985 MERCURY Marquis, 4 Dr., 6 cyl., A/C, power windows & brakes, full front seat. Excellent condition, 78K, reduced to \$2500 negotiable. Call 364-2916. htfn

1988 LINCOLN TOWN IS YOURS for \$11,900. Loaded. Like new, 741-6675. gcag5

'86 CHEVETTE, 4 DOOR, at, ps, a/c, AM/FM, 63K. Mint condition. \$2,300 neg. 516-741-6254 or 718-847-2862. gcag5

'83 BUICK SKYLARK 4 DR, A/C, power steering, power locks, cruise control, AM/FM cassette. Well maintained. Good running condition. \$2,500. 58,000 miles. 248-9498. gcag5

1972 BMW BAVARIA four door, automatic, excellent in and out. Maroon and tan. \$1795. 741-8402. hAg4

'82 FORD MUSTANG-2 DOOR hatchback, 60K. Very Good cond., a/c, sun roof, AM/FM cassette, automatic. \$1100. 248-2819. gcag4

1989 CADILLAC COUPE DE Ville, 8 cylinder, leather, highway mileage, loaded, excellent cond., \$18,000. 741-6655, 9-5. wA4.

TWO CLASSIC CARS: 1964 Lincoln Continental. In storage for 12 years. \$3,000 recently spent mechanically. Excellent condition. \$5,000. Also, 1968 Cadillac Fleetwood, always maintained. \$2,500. Both original owners. Estate Sale. 759-4444 gcag2

OLDS 1984 TORONADO. Loaded, 69,000 miles, garaged. Original owner. Superb condition. \$3,975 (516) 764-6371. gcag4

1985 CHRYSLER NEW YORKER Turbo, 63K, clean, excellent condition. Asking \$3200. Call 935-6094. hA4

1959 CORVETTE. EXCELLENT condition. Trophy winner! Must see. Asking \$33,000 or best offer. 919-637-6770. gcag4

1983 GMC FULL SIZE, 4 WHEEL Drive, black/silver, 83,000 miles. Running board, tow package, push bar, air horns, tinted windows. Excellent condition. \$5,800. 285-8430. gcag4

MERCEDES BENZ RARE 1984 SL-5 speed, 2+2 leather rear seats with belts, full MB-AMG spoiler package, 3 part BBS rims and high performance tires, a/c, red/tan leather. 2 tops, 25,000 miles. Third owner. Mint. \$28,000. 746-2586. hAg4

Car For Sale

MUST SELL THIS WEEK!! 1985 Saab 900T, 61K, 5 speed. 4 door, slate blue. Must see \$5,700. 1988 Jeep Cherokee Ltd. 54K, automatic, excellent condition. Full warranty \$13,200. Call Ron. Work 745-0023; home 742-3297. gcag2

1990 FORD BRONCO II 14,500 miles, a/c, power windows, power locks, great condition. \$12,500. 485-8346. hAg4

'87 TOWN & COUNTRY Wagon. 50,000 miles, original owner. Good condition. \$5,000. 352-4454. gcag4

1978 DODGE ASPEN. GOOD running condition. \$450 negotiable. 352-4156. wa2

77 BUICK REGAL, 4 DOOR, V8, AC, reliable vehicle. Recently replaced alternator, battery, brakes, belts, hoses, fuel pump, oil pump, water pump & starter. \$1000. Call 294-7759 after 5 p.m. (718) 830-5584 before 11 am. wa4

'88 VW JETTA, RED, AM/FM cassette, A/C, new exhaust, brakes, tires. Body very good, mechanically excellent. All service records. 134K highway miles. \$2,250. 741-5748 gcag4

STATION WAGON BUICK 1983. Power steering, power windows. Very good cond. \$2,900. Chevrolet Malibu. Gd. Cond. \$350 741-7750. Call afternoons or evens. gcag4

1990 HONDA ACCORD EX Coupe-5 speed, silver/red, loaded, cellular phone, Security Lock. 19,000 miles. \$14,500. 747-8210 gcag4

1983 OLDSMOBILE DELTA '88 Cruise control, a/c, 70,000 miles. Good, safe college car. \$2,800 neg. 742-3248 gcag4

1984 CUTLASS SUPREME - 4 door, original owner. 96K, good body, new transmission. Good station car. \$1,500 742-4749 gcag4

1978 CHEVROLET IMPALA V8 - Tilt wheel, solid transportation, looks and runs great. Just tuned, new battery. \$975. 775-6035 gcag4

1985 LINCOLN TOWN CAR. Excellent condition. 63,000 miles Alarm system. Loaded. Rosewood exterior, burgundy interior. Original owner. \$6850. 747-3533. wa3

'81 BMW 320i SILVER w/blue interior. High mileage, garaged, excellent running condition. \$3200 neg. Call 212-505-9795. Leave message. gcag3

LOADED '86 SUBARU GL-10, 4 wheel drive, turbo wagon. Automatic. Mint condition. 292-1551. gcag2

1982 BERLINETTA CAMARO Burgundy, V-6, a/c, automatic, stereo/cassette, mag wheels, excellent condition. \$2500. 922-8173. gcag4

1988 CELEBRITY, CRUISE, tilt, AC, AM & FM stereo, power windows, power locks, new tires & muffler, 55K, excellent cond., maintenance record available \$5,700. 747-0593. wjy4

Car For Sale

1983 GMC JIMMY FULL size, 4 wheel drive, black/silver, 83,000 miles. Running board, tow package, push bar, air horns, tinted windows. Excellent condition. \$5,800. 285-8430. gcag3

Car Wanted

HONDA ACCORD MID 1980's & up or larger Civic Sedan or Wagon. Reasonably priced, low mileage, one owner, garaged preferred. Please call 579-4186. gcag5

Wanted

LONG ISLAND MOTOR PARK-way porcelain license plate Robert Sisler, 105 Laurel Lane, Port Jefferson, N.Y. 11777. 473-0550. hag3

MEN'S LEFT HANDED GOLF clubs. Please call 746-4820. gcag5

DOLLS WANTED I collect dolls and other doll memorabilia, new or old. What do you have for sale? Call me at 747-8496. hag3

OLD GUNS, SWORDS, Binoculars, old knives, bamboo fly rods. Call 825-0979 or 354-1943. hag3

KEYBOARD PLAYER & guitarist for new band. Some original music & rock demo. Being considered by Warner Bros. Deer Park area. 427-2520. gcag2

LOOKING TO BUY USED SET golf clubs. Men's regular shaft 3-PW; 1, 3, 5 wood putter & bag. Pref. investment cast, perimeter weighted. Mary Lynn 481-7476 or John 718-261-2787. gcag3

ANY TYPE ANTIQUE Victorian or other furniture wanted. Also cut glass, silver, jewelry, paintings, bronzes, dolls, frames, clocks, rugs, linens, trunks, china, lamps. Will call for any time, any place. Call Kay & Tom, Westbury, 334-4117. gcnl

Services

BUILD WITH BRICK Stoops*Fireplaces*Patios *Driveways*And all types of Brick & Stone Work Quality Workmanship at Reasonable Prices Satisfaction Guaranteed No Job Too Small*Waterproofing Slate Roofs Repaired Estimates 538-3813 LIC#H1735940000 gcag5

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Call 931-0012 - 746-0240
or 294-8900
TO PLACE YOUR CLASSIFIED AD



Services

GUTTERS CLEANED, REPAIR- ed, replaced, installed, painting, trim, windows. Other handyman jobs. Call Joe 735-6349. hs2

TELEPHONE INSTALLATION & repair: TV cables & modular jacks installed. Electrical wiring & fixtures. Prompt, reliable & reasonable. Fully insured. Free estimates. Over 30 yrs. telephone experience. Residential/Business systems. Call Al Byrnes. 481-4665. gcag3

LEAKS & SQUEAKS HANDY- man Service. No job too small, old house specialist. General home repairs. 15 years experience. Day & evening hours available. Call Jim 868-4984. gcag5

PRICE RITE PAINTING Residential & Commercial. Interior, exterior, restorations. We move all furniture. All work satisfaction guaranteed. Free estimates & fully insured. 887-6076. gcag3

LITE MOVING & STORAGE Very reasonable. Call day or night. Long & short term storage. Local/long distance. Will beat any price. Free estimates. \$10 off with this ad. 599-0996. gen1

HANDYMAN. QUALITY HOME repairs: plumbing, leaky faucets, toilets, tiles and grouting. Shelves, fences. Doors shaved, carpentry, sheetrock patching. Ceiling fans & window air conditioners installed. Call Joe 746-7517. wS3

JAMES F. MENTZ CARPENTER-ROOFER Small Jobs Reasonable Skylights Installed Carpentry-Alterations Slate Roof Repairs Roofing-Gutters-Leaders Kitchens-Attics-Basements LIC #401750000 593-2931 gcag2

MARIO POLITO'S COMPLETE home remodeling. I do everything from ceilings to floors & lots more. All types of carpentry, ceramic tiles, painting, etc. Free estimates. 538-2273. License #HO 418010000. gcag3

VINCENT NASO PAINTER & paperhanger. Serving Garden City for 25 yrs. Neat, clean & finest work. Free estimates. Call any time. All work guaranteed 100%. 328-0028. gcag3

LADIES, RELAX & ENJOY your next party! Catering & experienced professional services for assisting with preparation serving & cleaning up before, during and after your party. Bartenders available. Call Kate at 248-1545 or 746-8264. wfn

Services

UPHOLSTERY, DRAPERIES, window treatments, vertical & soft pleated shades, upholstery repairs. Call McLeer Interiors, 516-CUSHION. gcS2

BRAIN CLINTON MOVERS. Licensed & insured. One piece to a house load. Free estimates. 333-5894. Owner supervised. Carle Place, license #F11154. gcag3

THE CUISINE SCENE Fine catering, glorious food, complete party planning service, menu suggestions for all occasions. Weddings, my specialty including beautiful cakes. Professionally trained staff. Call Susan 742-1956. gcS2

HELPING HANDS: OUR WAIT- resses, waiters and bartenders are available to help at your party. Please call 775-7440. gcAg2

EXPERIENCED TYPIST/ Secretary seeking work at home assignments. Typing, phones, filing, etc. Reliable and professional. references available. Negotiable rates. Call Linda at 248-5487. Wag 4

NYS LICENSED MASSAGE Therapist wants to help release your everyday stress & tension. Performed in a private, relaxing environment at your home or office. 30 minutes to 1 hour sessions. Fees reasonable. To make your appointment, day & evening hours available call Donna 747-7610 or beeper 542-6713 gcag2

For Sale

DARK PINE DR SET: Table, chairs & hutch. \$750 negotiable. Call 773-3337 evenings & weekends. hAg3

SOLID WOOD (walnut) queen size BR set. Includes headboard, two night tables, triple dresser & mirror. Excellent condition. Originally \$4000; selling for \$500. Call 667-1655. gcag4

SELLING BABY STROLLER, infant car seat, playpen, port-o-crib, port-o-chair, etc. Excellent condition. Please call 437-7829. gcAg3

PLAYER PIANO. MODERN Danish style with old & new piano roll music with a tug on a lever, harsichord music can be played. \$600. 747-4861. gcag3

TELESCOPE CELESTRON 8 inch diameter. Schmidt-Cassagrein with equatorial mount & 2 oculars. \$650. 358-7654. gcag3

MOVING SALE, EXCELLENT condition items. Oak dining room set includes 6 chairs, china base with hutch, server, pads. Table opens to 8 1/2 feet. Living room set: 7 ft. couch, 2 cane sided recliners, coffee & lamp table. 741-5581. wa3

COLLEGE DORM REFRIGERA- tor, like new. \$50. Commodore 64 computer, printer, color monitor, games, programs. Asking \$150 all. 248-9744. wa3

For Sale

MOVING SALE-DINING ROOM
circa 1925, walnut, 10 pieces.
Library table, mahogany, 2
pianos, kitchen bench & table, 4
piece wicker, gate leg table,
trunks & more. 766-8496. gcag2

PIANO FOR SALE. GOOD
condition with bench \$500.
746-2809. gcag2

OPEN DINING ROOM HUTCH
48x72, light pine with drawers &
doors for silverware & dishes,
with dry sink. Mint condition.
Like new. Rolling Ethan Allen tea
cart, Tiffany chandelier. \$1600
value. Take all for \$350. 775-5743
ha2

ANTIQUÉ CARVED OAK
dining room set Tudor style.
Unusual refectory table, 6 chairs,
side board & server. Exquisite.
\$1,250. 747-8613. gcag5

MAHOGANY CRIB, LAMPS
from \$10-\$20. G.E. wall oven plus
kitchen cabinets. Mink Stole,
convertible couch \$50, dresser/
mirror \$75, miscellaneous. 334-
5999. gcag5

HARDMAN/PECK STUDIO
upright piano. Solid mahogany
attorney's desk, leather desk
chair, file cabinets, sisal rugs, 78
rpm records, stereo speakers,
electric keyboard. Salton hot
table 741-3513. gcag5

GIRL'S FRENCH PROVINCIAL
furniture. Off-white 6 drawer
hutch, two 3 drawer dressers,
corner desk. White eyelet
curtains, white wooden shutters,
white eyelet ceiling light. Great
for Williston Park home. 747-
8219. \$400 for everything. wa5

GARDEN CITY HOUSE
contents for sale. DR, BRs,
various odd pieces & bric-a-brac.
Must be sold. 292-1841. gcag2

PIANO WITH BENCH, CON
sole, Hobart M. Cable, walnut,
excellent. \$1700. 3 piece rattan
set. \$175. Call 625-0026. wa3

SURF BOARDS. NEW & USED.
custom made, reasonable. 742-
4396. gcag2

HONEY PINE DINING ROOM
set, 54" round table with captains
chairs. Large hutch with amber
glass doors. \$900. negotiable.
Five piece Danish walnut BR set,
\$400. Forties hand-carved, dark
red brocaded fabric and petite
point matching chair. \$700.
Victorian hat carved organ,
\$700. Call anytime. 747-7482.
w52

BOY'S RED, 2 SPEED, POWER
wheels motorcycle. 2 new bat-
teries. \$60. Boy's/Girl's Ross 20
inch red bicycle with training
wheels. \$40. 742-7763. wa4

BEDROOM SET-DANISH WALNUT
Triele dresser with large
mirror. Man's dresser. Two
night tables and king sized
headboard. Asking \$700. Please
call 746-4352. wa4

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to advertise? Our Service
Directory is sure to bring
results. Call 931-0012
294-8900 or 746-0240 for
rates and information.

For Sale

VERY BEAUTIFUL EARLY AME-
rican table and four hard rock
maple chairs. Three Windsor,
one captain's chair. Rich grain,
lovely. Asking \$500. 485-0752.
gcAg4

GARDEN DUMP CART, 2 CU.
ft., \$30. Garden 5 H.P. shredder,
\$295. 4' wide wall mirror. \$95.
Oak rocker. \$85. D.C. lights
generator 500 W. \$125. 488-6261.
wa4

REPLACEMENT WINDOWS-
Aluminum, double hung with tilt
feature. Three at 49 1/2 x 31 5/8,
two at 37 1/2 x 23 5/8 and two at
49 1/2 x 27 5/8. Like new.
Reasonable. 775-5281. gcAg4

GOING OFF TO COLLEGE?
Need a love seat? One brown
vinyl, one yellow floral. Good
condition. Cheap. Also, exercise
bike, two 26" bikes and one
"dirt" bike. 248-9286. wag4

Boat For Sale

17 FT. SPORTCRAFT &
Trailer. Evinrude, 50 hp. Needs
some work. \$900. 358-9832. gcag2

SACRIFICE. 1976 BAYLINER
25' cabin cruiser. 10, 280HP
Volvo, low hours, prof. maintained,
well equipped. \$4250. Call
Frank, 775-7428. wa5

CHRIS CRAFT 1986, 33
foot Commander T-350. Sleeps 6.
6.5 KW generator. Full canvas,
radar, low hours. Excellent
condition. \$54,000 or best offer.
765-1594. gcag3

Moped For Sale

PUCH MAXI - LUXE 1 HP.
Excellent condition, original own-
er. Only 2,200 miles. Asking
\$250. 741-5820. gcag4

Lost Pets

LOST DOG-GARDEN CITY
Adult female, on Thursday, July
11, beagle/fox terrier mix, brown
& white, medium size, white on
tail & neck. Has red collar and
answers to "Phoebe". Reward.
354-2401. gcag2

OWNER HEARTBROKEN. LOST
7/8/91. Dark brown & light
grey, copper eyes. 9 mos. old.
Female Persian cat lost in vicinity
of Beach Rd., Great Neck. Please
call 718-347-6876 or 516-482-
2141. Reward or kitten of your
choice. ha2

Instructions

MUSIC STUDIO. RITA &
Janet Lucy - Piano, violin, viola.
Emphasis on theory & harmony.
Every student excels. Four years
old & up. All levels. Thirty years
in Garden City. Video tape of
student recital available. 248-
7379. gc01

CREATIVE WRITING: FINDING
your own voice in Poetry, Prose,
Plays. 10 week workshop starts in
the Fall. Weds., 7:30 p.m. to 9:30
p.m. led by Margaret Stetler &
MaryAnne Weinstein. Call 437-
0529 to reserve space in work-
shop. hag3

Instructions

SAT SCORES NEED A BOOST?
Personal instruction & prepara-
tion in your own home. Certified
career High School English
teacher with years of SAT
experience. Also basic & advanced
English skills 423-1967, day,
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VENDORS WANTED FOR
Craft Fair to be held at St.
Joseph's School, Garden City on
Sat., Oct. 19. For information &
application call 741-7407 or
248-4881. gcAg5

Garage/Tag Sale

FRIDAY, AUG. 2 & SAT., AUG.
3, 9-2 at 142 Brompton Rd.,
Garden City. Moving sale - many
household items, glassware,
china, books, chairs, tables, misc.
furniture. gcag3

GARAGE SALE, SATURDAY,
August 3, 10 a.m. - 5 p.m. Baby
clothes, toys, costume jewelry,
books, household items, glass-
ware, bric-a-brac. Low prices. 32
Indiana Street, Hicksville. hAg1

SAT., AUGUST 10, 9-6 AT 72
Lincoln St., Garden City.
Spectacular items, paintings,
posters, mirrors, cook-ware, wine
glasses, new books & much more.
gcag2

SAT., AUG. 10, 9-3 AT 129
Newmarket Rd., Garden City.
Moving from large home. Books,
records, Christmas decorations,
golf clubs, dinnerware, etc. gcag2

TAG SALE - CONTENTS OF
Home. Furniture, knick-knacks.
No antiques. Friday, August 23 &
Saturday, August 24, 9-3. 39
Clinch Ave., Garden City. gcag4

TAG SALE - CONTENTS OF
HOME in Garden City, 1 Maria
Lane. Sat. and Sun., August 10 &
11. & Aug. 23, 24, 25, 8 a.m. to 3
p.m. wA4



HOLY SPIRIT YOU WHO SOLVE
all problems, who light all roads,
so that I can obtain my goals. You
who give me the divine gift to
forgive and forget all evils against
me and that in all instances of my
life you are with me. I want in this
short prayer to thank you for all
things and to confirm once again
that I never want to be separated
from you ever in spite of all
material illusions. I wish to be
with you in eternal glory. Thank
you for your mercy towards me
and mine. Say for 3 consecutive
days after which the favor
requested will be granted even if
it appears difficult. This prayer
must be published immediately.
Thank you Holy Spirit. A.R.C.
gcag2

Services

MANY MODELS OF IN-LINE ROLLER SKATES

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A U T O

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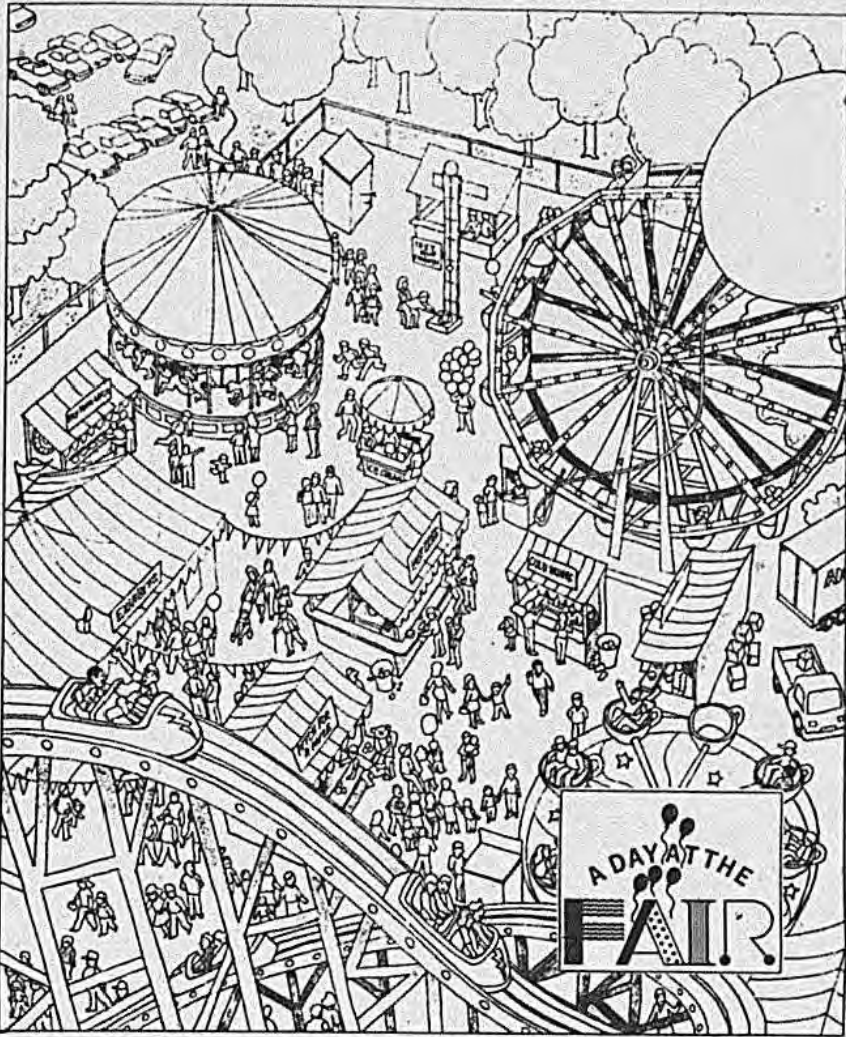
RESULTS

Action is what you want when you run a classified ad and action is what you'll get from us! Our classifieds really work and they bring RESULTS!
If you've got something to sell or lease, have a service to offer or are looking for a job, don't settle for anything less than POSITIVE RESULTS!
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YOU CAN BE A RESTAURANT CRITIC - If you visit any of the restaurants selected for inclusion in this section - call 931-0027 at any hour and tell your ideas. We want you, the reader, to be our critic. Your message then can be printed in this space.

GRANDPARENTS - Send in your grandchildren's photos and enter our "World's Most Beautiful Grandchildren" contest. Just send a photo and a brief description of the child (or children) along with your name and address to: Litmor Publications, Beautiful Grandchildren Contest, 81 East Barclay St., Hicksville, N.Y. 11801. We'll do the rest!

FAIR DAYS COLORING



The true story of the Mutiny on the Bounty

The famous Mutiny on the Bounty was a real event which took place a little over 200 years ago.

Captain William Bligh was the man in charge of the Bounty, a ship with a crew of 44 which set sail for the island of Tahiti in the Pacific Ocean.

Their mission was to collect cuttings of bread-fruit trees from the island, which had only recently been discovered by Captain Cook, and take them to the West Indies. The idea was that these cuttings might take root and help provide food for the slaves on the sugar plantations.

However, life aboard the Bounty was far from easy.

It was a small ship, which meant cramped conditions for the crew, and Bligh was a strict and bad-tempered captain.

The ship reached Tahiti without mishap, and the crew enjoyed their stay there which lasted several months.

Not long after they had set sail again for the West Indies, however, the crew showed their discontent. On April 28, 1789, the captain's second in command, Fletcher Christian, led the mutiny as the crew took control of the ship by force.

Captain Bligh and a few loyal men were put to sea in an open boat without a chart (the naval term for a map) or food.

Even so, Bligh and the other 18 men sailed more than 3,000 miles to another island, so proving the high standard of seamanship in the British navy. Once back in England Bligh reported the mutiny.

Meanwhile, Christian and his men had returned to Tahiti where some settled, while others, including the chief mutineer, sailed on to the Pitcairn islands. Some of their descendants still live there today.

However, those who remained on Tahiti were later captured and returned to England for trial, with three of them being hanged.

Captain Bligh stayed in the navy and rose to the rank of vice admiral.

DID YOU KNOW?

by AL 487

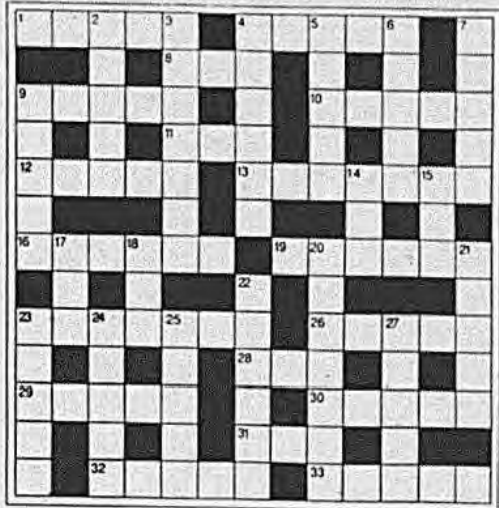
SEQUOYA WAS A CHEROKEE INDIAN OF THE EARLY 18TH CENTURY WHO INVENTED AN ALPHABET IN WHICH THE SYMBOLS REPRESENTED THE SOUNDS OF HIS TRIBE'S LANGUAGE. HE TAUGHT HIS PEOPLE TO READ AND WRITE AND HE WAS HONORED BY THE U.S. GOVERNMENT. THE GIANT SEQUOIA TREES OF CALIFORNIA WERE NAMED AFTER HIM.



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CLUES ACROSS

1. Incorrect (5)
4. Spanish priest (5)
8. Whole (3)
9. Applaud (5)
10. Sugar coating (5)
11. Pouch (3)
12. Frenzy (5)
13. Truthfulness (7)
16. Skillful (6)
19. Bad smell (6)
23. Earthenware (7)
26. Explode (5)
28. Butt (3)
29. Musical instrument (5)
30. Spring (5)
31. Nothing (3)
32. Larceny (5)
33. Vacant (5)

CLUES DOWN

2. Sea (5)
3. Trash (7)
4. Dilemma (6)
5. Condescend (5)
6. Ejects (5)
7. Irate (5)
9. Farcical (5)
14. Female sheep (3)
15. Nervous twitch (3)
17. Zodiac sign (3)
18. Cask (3)
20. Shake (7)
21. Loathed (5)
22. Despot (6)
23. Journal (5)
24. Drink to one's health (5)
25. Run away to marry (5)
27. Seize (5)

DOWN
 1. Wrong 4. Pader 8. All 9. Chert 10. Icing 11. Bag 12. Maria
 13. Honey 16. Cleave 19. Stench 23. Pottery 26. Empty 28. Ram
 29. Piano 30. Bound 31. Nil 32. Thim 33. Empty

SNOLLTOS



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ANTIQU OR JUNQUE

By James G. McCollam



Your Royal Doulton cobbler is valuable

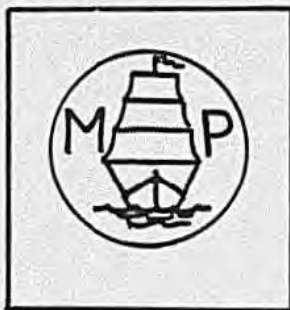
Q. Can you tell me when my Royal Doulton figurine, "The Cobbler" HN-1706, was made and its current value? I am enclosing a picture.



A. This particular version of "The Cobbler" was produced from 1935 to 1961. It is currently selling for \$275 to \$300.

Q. The enclosed mark is on the bottom of a 5 1/4-inch vase. It has a dull finish and is decorated with a stylized band of dogwood flowers on a light blue background.

I would appreciate any information you can provide.



A. This vase was made by Marblehead Pottery in Marblehead, Mass., around the turn of the century. It would probably sell for at least \$500.

BOOK REVIEW

"Millers International Antiques Price Guide" by Judith and Martin Miller (Viking Penguin Co., 375 Hudson St., New York, NY 10014, \$29.95 plus \$2 postage, or at your local bookstore).

This is one of the very few price guides that illustrate every item and provide a detailed description for each. The items covered here are on the upscale side; there are no trivial knickknacks, just serious, worthwhile collectibles.

WATCHES

Everybody knows that Grandpa's old railroad watch is valuable. Or is it?

These are the important things to know: Who made it? Hamilton, Elgin, Waltham, etc. How many jewels does it have — seven, 15, 17, 21, 23 or even more? What kind of case does it have? Silver, gold-filled, 14- or 18-karat solid gold? What is the serial number on the movement? That will tell you in what year it was made.

For example, two Waltham pocket watches were made in 1880. One is a seven-jewel movement in a silver case; its value is less than \$100. The other is a 21-jewel movement in an 18-karat gold case; its value is more than \$2,000.

Until a few years ago, wristwatches were considered contemporary collectibles of little interest to serious collectors. Now we find a 14-karat 15-jewel Waltham listed at \$200. If you are on a budget, the same watch in a gold-filled case is listed at \$90. However, if you want something to go with your BMW, how about a 26-jewel Rolex in an 18-karat gold case for \$8,000?

Now for the watches that really were a good investment. Ingersol made a Mickey Mouse pocket watch back in 1933. If you still have one, it's worth \$800 to \$900. Ingersol also made wristwatches in the same year with a metal band with two Mickeys. Since more of these survived, they are only worth \$400 or \$500.

In addition to Mickey, other cartoon characters had their watches, such as Donald Duck, Popeye, Hopalong Cassidy, Dick Tracy and the rest of your childhood friends. Even Woody Woodpecker's watch is worth \$300.

Send your questions about antiques with picture(s), a detailed description, a stamped, self-addressed envelope and \$1 per item (limit one item per request) to James G. McCollam, P.O. Box 1087, Notre Dame, IN 46556. All questions will be answered but published pictures cannot be returned.

McCollam is a member of the Antique Appraisers Association of America.



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Points on Pets

By R.G. Elmore, D.V.M.

Q. We have a horse that apparently does not sweat. Even after exercising on hot summer afternoons, this horse is dry. Is this a serious condition? Is there anything that we can do to help this horse cool herself?

A. Unfortunately not all horses can sweat. The inability to sweat is called anhidrosis. Anhidrosis is seen frequently in horses during the summer months in the Southern states. It was once believed that only horses moved from a temperate to a hot area would develop anhidrosis. It is now known that horses born and raised in the South are equally susceptible.

The signs commonly seen in horses with anhidrosis include labored, rapid breathing with flared nostrils and slow cooling-down times following exercise. Generally, affected horses do poorly and slowly deteriorate. Hair loss oc-

curs on the face and neck. This results in an increased amount of dandruff. The onset of signs may be gradual or sudden. Cessation of sweating may be complete or partial.

Any horse thought to be anhidrotic should be examined by a veterinarian. A simple, painless skin injection test can be used to confirm the diagnosis. There are no consistently effective treatments for anhidrotic horses.

These horses should be kept comfortable by the use of fans and frequent cool baths. Exercise for these horses should be limited to the coolest parts of the day. Anhidrosis is a serious disease and should be watched for among all the horses on a farm.

CONTEST ENTRY **D**RAW IN OUR HAIR AND COLOR THIS PICTURE.

TRY FOR A BIG PRIZE!

Aunt Tilly's Corner

This week I went to the beach with my family. We enjoyed the sun and the water because it was so hot.

I remember once when I was a child how I once was hit by a big wave which knocked me down. The water rushed over my head and I got very scared. But when the wave ran back down the beach, I was completely out of the water and lying on the sand. What had seemed like a big wave was only a foot or two deep.

Have you ever been knocked over by a wave? Were you scared?

Your friend,
Aunt Tilly

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3. Paint, watercolors and crayons must be used on the above.
4. Decision of the judges will be final.

Mail your entry (just clip our cartoon) to this newspaper at:
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The World's Most Beautiful Grandchildren



Our precious grandchild, Travis George Bird, age 8 weeks. It was a super special day when he entered into the world. We were all so proud especially his parents, George and Ann Bird, who reside in Farmingdale.

He is very special to his Nana and Pop-pop, Ralph and Sena Turner, who also reside in Farmingdale, and his grandpa and grandma, George and Binnie Bird, who reside in Levittown. He's also x-special to his great grandma, Alice Bird, and all his Aunts and Uncles. We thank God for this precious bundle of joy everyday.



Here are Katie & Carolyn McEntee, of New Hampshire, (daughters of Jim & Maryanne), pictured here at the GC Pool. They are the precious grandchildren of Marie and Jim McEntee and nieces of Patty McEntee of Garden City. They are so sweet and funny, and we adore them!

YOUR SOCIAL SECURITY

Mother-in-law needs financial assistance

By William M. Acosta

Q: My mother-in-law receives a very small Social Security check but she can barely manage on this small amount. Isn't there some way she can get assistance? — H.M.

A: Yes. Supplemental Security Income (SSI) is for the blind, disabled or elderly who have little income and few resources. The payments are based on need.

Your mother should contact her local Social Security office. She will need to supply information regarding her bank accounts, income and so forth.

Q: I receive a government pension as a retired Department of Defense worker (I retired April 1985). I will be 62 years old in August 1989. My husband is 67 years old and has been collecting Social Security since age 62. Since I receive a government pension, am I eligible to receive part of his, also? — U.L.

A: The Social Security spouse's benefit is offset by a government pension based on earnings not covered by Social Security. Two-thirds of the pension is offset against your Social Security benefits as a spouse. Since there are several exemptions to this offset provision, contact your local office to determine if it would be applicable in your case.

Q: My uncle is 68 years old and is receiving Social Security retirement benefits. He recently suffered a heart attack and has become disabled. Can he apply for Social Security disability benefits? — E.M.

A: The Social Security disability program provides basic protection against the loss of a family income due to the disability of a worker. Social Security disability benefits are paid to qualified workers under 65 (workers 65 and over may qualify for retirement benefits).

Q: I have been told that there is some kind of special Social Security report that is due by April 15, 1989. Is everyone required to file this report? — J.C.

A: Any beneficiary whose earnings went over the exempt amount is required to file an annual report showing the exact earnings for 1988 and estimated earnings for 1989. In 1988, the exempt amount for beneficiaries under 65 was \$6,120 and for those 65 to 69 the exempt amount was \$8,400. No report is required of those age 70. The amount reported is very important in avoiding overpayments, and penalties can be imposed for failure to file.

Questions on Social Security may be sent to William M. Acosta, Social Security Office, P.O. Box 82727, San Diego, CA 92138.