

In Three Sections - Fifty Two Pages

The Only Newspaper Printed and Published in Hicksville

# Mid-Island Times

## & Levittown Times

35¢

Vol. 49 No. 15

USPS 346-760

Friday, April 12, 1991

### Drug Abuse Citation



Oyster Bay Town Councilman Leonard B. Symons, left, presents a citation to Plainview resident Lou Imbrota, President of SAFE (Substance Abuse Free Environment) Parent Network, in recognition of his organization's efforts to combat drug abuse. The SAFE Parent Network was founded by concerned parents in the Plainview-Old Bethpage school district to address the problems and issues of drug and alcohol abuse. SAFE operates in conjunction with the Board of Education, school administration and the FTA. Looking on is school board member Ginger Lieberman, also a resident of Plainview.

## Hicksville Celebrates Gulf GIs Homecoming

Special to the Mid-Island Times  
By Maureen Traxler

Not only spring, but American Pride was busting out all over last Sunday at the parade and rally organized by the Mid-Island Support Group to welcome home local GIs. Six men and two women were among the early returnees, and it was clearly their day to shine.

Special tribute was paid to the two Long Island servicemen who lost their lives in the conflict. First Sergeant Joseph Murphy and Chief Warrant Officer Kerry Heins. Woodland Avenue Elementary School Principal Manus Clancy, uncle of Kerry Heins, and Mrs. Dorothy Murphy, wife of Joseph Murphy, spoke on behalf of the families who attended the afternoon ceremonies.

The military 21-gun salute was fired, followed by the Marine guard's folding of the flag and two musical selections, "Amazing Grace" played on the bagpipes and "Taps" played by Elizabeth Jurgensen and Chris Kemmlein of Hicksville High School. Flying overhead was the lone Army helicopter.

The parade began at the VFW Hall on South Broadway, the site of the Support Group's weekly meetings and under whose auspices the group developed, and marched up Broadway to the Memorial Fountain and Kennedy Park. Residents all along the route waved flags and sported red, white and blue; yellow ribbons adorned every pole and tree, and wellwishers clapped and cheered for each parade contingent. Fire Department equipment held a huge American flag suspended over Broadway at the Memorial Fountain and as the parade marched beneath, the firemen blasted their horns.

Guest speaker Marine Lt. Col. Frederick Peterson saw the day's events as an expression of "Unity - unity across Hicksville, unity across Long Island and unity across the country." He called U.S. servicemen and women "Sons and Daughters of Freedom," and said, "They are our history. They are what keeps us free." The Lt. Col. said that the GIs of Operation Desert Storm "have given us a new life and new unity which few of us have ever known."

"This is a tribute to the American people who have earned the continued privilege of freedom. May God bless the United States of America," concluded Lt. Col. Peterson.

Town Councilman Tom Clark expressed pride in being a part of the Hicksville community. Nassau County Executive Thomas Galotta, upon noting that over 1,000 Nassau County sons and daughters were present in the Persian Gulf, said, "We can look upon this nation, the United States of America, as the greatest country in the world." And Assemblyman Fred Parola called the day's festivities "A celebration of Freedom."

Then came the moments the gathering of people had waited for - a

Continued On Page 3

### Memorial Parade Meeting Apr. 17

By Richard Evers

The next meeting of the Hicksville Memorial Day Parade and Services Committee will take place at the American Legion Clubhouse at 36 West Village Green, Newbridge Road, at 7:30, Wednesday, April 17. Organizations intending to participate may also call Past Commander John Rizos at 433-7429, evenings.

The 1991 Memorial Parade in Hicksville is being sponsored as customary by the Combined Hicksville War Veterans Posts. The Charles Wagner Post 421 of the American Legion under the leadership of Past Commander John Rizos is chairing the event.

Forming at 8:30 a.m. and moving out sharply at 9 a.m. from the parking lot of the Sears Store, North Broadway and Nevada St., the parade will proceed south on Broadway, with a brief halt at the John F. Kennedy Memorial for the placing of a wreath to the memory of the Hicksville War Dead. The line of march will continue south to Old Country Road, west to Jerusalem Avenue, and south past the reviewing stand to the Veterans Memorial Mall at the Middle School grounds, where traditional memorial services will be conducted.

### This Issue

This issue is complete in three sections.

The first section contains all of the local news and photos for the week.

The second part is a special Springtime Issue with related editorial content and local advertising. This edition is just one of special sections included at no extra cost to subscribers.

The third section is *Discovery Magazine* which contains something for the entire family - columns, restaurants, features. *Discovery* is a regular feature magazine of this newspaper.

### Library Film

As part of our Friday Night Film Series, the Bethpage Public Library will be presenting the feature film "Glory" on April 12 at 8 p.m. The two hour color film stars Matthew Broderick and Denzel Washington and is rated R.

Admission is free, and all are welcome.

### Hicksville Library Budget Voting April 17

The library budget will be presented on April 17. The proposed budget of \$1,996,794.00 was designed to reflect public concern with taxes, according to a library spokesman. The increase of \$31,004.27, less than 2% over the budget of 1990-91, was made possible by the determination of the Library Trustees to reduce expenditures whenever possible. The tax rate of \$1.55 per \$100 of assessed valuation, translates to about \$1.50 a week for a typical house assessed at \$5,000. Approval of this budget means the library will be able to maintain its outstanding book collections, provide for new and improved circulation procedures and additional services for the visually handicapped.

Registration for the Hicksville Public Library Budget Vote is Wednesday, April 10, 3 to 8 p.m., at the library.

Voting on the Hicksville Public Library budget is Wednesday, April 17, from 10 a.m. to 9 p.m., at the library.

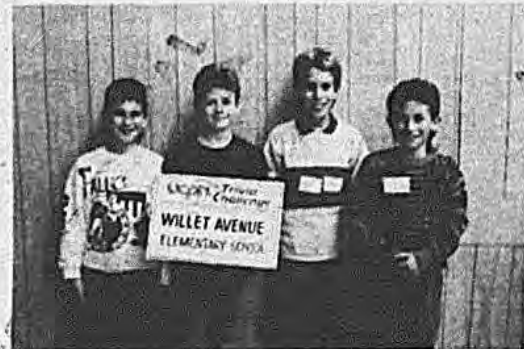
One seat is open on the Board of Trustees for a 5 year term, July 1, 1991 to June 30, 1996. This seat is now held by Mrs. Josephine Buckner who is a candidate for re-election.

You are eligible to vote if you are a citizen of the United States, have lived in the district 30 days, are 18 years of age or older. If you have voted in any election in the last 4 years, you do not have to register for the library budget vote.

Library Director Kenneth Barnes notes that the library has completed its circulation control system and that the entire library holdings have been put in a data base.

In addition to the budget, residents will also vote for Library Trustee. Incumbent Mrs. Josephine Buckner is running unopposed for another five-year term.

### Students Compete In Contest



Pictured are Michael Verde, Andrew Costello, Daniel Voss and Anthony DiFilippo, from Willet Avenue School, who participated in the elementary division of the final Trivia Challenge '91 playoffs, an educational competition sponsored by the United Cerebral Palsy Association of Nassau County, Inc.

Over 2,000 students from schools across the county vied in the three divisional competition. Sixty-seven teams competed in the playoffs, which were held at Nassau County Police Headquarters in Mineola, February 11-13.

"The competition provided students with an exciting educational challenge while heightening their sensitivity to the feelings of disabled individuals," said Sandra Salat, coordinator and organizer of the event at Willet Ave. School.

To reach the finals, the team demonstrated an ability to answer questions on a wide variety of subjects from art and literature to sports, entertainment, geography, science and history.

In six years of trivia competition, students have raised more than \$235,000 for the United Cerebral Palsy Association of Nassau County, Inc., a non-profit agency which provides comprehensive services to over 1,000 children and adults with disabilities.

## Letters

**From Desert Storm, Soldier Writes About Good Old Hicksville**  
On March 23, SSG Joseph Artale wrote the following to Dorothy Rettberg Brown:

"Thank you for sending me 'Good Old Hicksville' Parts I, II, III.

Well, let me tell you, I thought I enjoyed Part IV but after reading Parts I, II, III, I can't begin to express my gratification to you for sending them to me.

I especially enjoyed Parts I and II which as you know deal with Hicksville and your family's involvement in the town.

In reading the books, I was able to capture a feeling as to the character of Hicksville when it was still a rural community.

I also enjoyed Part III and its descriptions of Hicksville during WWII. I particularly enjoyed the letters that described particular WWII battles and the soldiers' feelings.

Well, again let me thank you for your wonderful books.

Thank you.

God Bless You."

(sgd.): SSG Joseph Artale

To The Editor:

Re: Adding A Black Ribbon To Our Yellow Ribbons.

Now that the Gulf War is over, it is time for America to show their appreciation to the Vietnam Veteran who over 20 years ago, we deserted and treated shamefully. There is no way to make up for the past but we can start today to acknowledge them as heroes.

As we honor and celebrate the homecoming of the Gulf soldiers, please remember the Vietnam Veteran who never received this showing of love. We can honor them now by supporting a cause that they have been fighting for - The release of their brother's - the POWs/MIAs we left behind. There are over 2,282 men who are not accounted for or were left imprisoned in Vietnam, Laos, and Cambodia. We want them home now. While we are all in the patriotic mood, now is the time for us to demand the truth and show our support for the POWs/MIAs. Don't take down your yellow ribbons and flags, instead leave them up till the POWs/MIAs are home or accounted for. To show your support of this issue, add a black ribbon to your yellow ribbon and display it proudly. The black ribbon represents the men who have not come home from the Vietnam War. Contact your representatives and inform them that you want the truth about the POWs/MIAs. Maybe by helping the Vietnam Veteran bring home their fellow brothers we can make up for the injustice we have caused them over the past 20 years.

Sincerely,  
Rose Flanagan

## Mid Island Times & Levittown Times

Published every Friday at Litmor Publishing Corp.  
Second Class Postage Paid at

Hicksville, NY 11801

Telephone 931-0012 - USPS 346-760

81 E. Barclay St., Hicksville, NY 11801

Postmaster: Send Address Change to

Mid Island & Levittown Times, 81 E. Barclay St.,

Hicksville, NY 11801

Robert Morgan Publisher • Yearly Subscription \$7.50

**To the Local Business Owner From the Hicksville Chamber of Commerce**

Dear Business Person:

Most businesses are at a crossroads today. The downturn of the economy, the dramatic changes in politics relative to the Middle East, the Soviet Union and its former Satellite Countries provide on one hand an unprecedented opportunity, but also an unstable business climate. All this filtered down to our business community as the complete collapse of the established business practices.

There are mixed signals in the marketplace today. Some say there are still tough times ahead; others expect that recovery is at hand. Whichever indicators you may believe in, there is a simple truth in the business world: Survival in hard times requires the energy, enthusiasm and flexibility to face the challenge just like the first day in your business. Recreate the strength and the magic of that special day. Remember it and practice it! Business exposure is part of this spirit and our organization provides the opportunity. Join and take part in the **Fourth Annual Business Exposition** at the superbly reconstructed Broadway Mall on **Saturday, May 18.**

If you believe that the economy still has tough times ahead, then your reason to participate is simply added exposure as an important element of success. If you see the upswing around the corner, then be part of it and join us!

For information how to exhibit, call Expo '91 chairman Marc Ramirez at 433-8383. Hope to welcome you there.

With personal regards from the Hicksville Chamber of Commerce.

Ivan E. Czipott, President

## LEGAL NOTICE

### NOTICE TO BIDDERS

The Board of Education of Hicksville Union Free School District of the Town of Oyster Bay, Nassau County, New York, in accordance with Section 103 of Article 5-A of the General Municipal Law, hereby invites the submission of sealed bids on **Science Supplies & Equipment 1990/91:22** for use in the Schools of the District. Bids will be received until 2:00 p.m. on the 2nd day of May, 1991, in the Purchasing Office at the Administration Building on Division Avenue at 6th Street, Hicksville, New York, at which time and place all bids will be publicly opened.

Specifications and bid form may be obtained at the Purchasing Office, Administration Building on Division Avenue at 6th Street, Hicksville, New York, at which time and place all bids will be publicly opened.

## LEGAL NOTICE

ville, New York, at which time and place all bids will be publicly opened.

Specifications and bid form may be obtained at the Purchasing Office, Administration Building, Division Avenue at 6th Street, Hicksville, New York.

The Board of Education reserves the right to reject all bids and to award the contract to other than the lowest bidder for any reason deemed in the best interest of the District. Any bid submitted will be binding for ninety (90) days subsequent to the date of bid opening.

### BOARD OF EDUCATION HICKSVILLE U.F.S.D.

### TOWN OF OYSTER BAY - NASSAU COUNTY, N. Y.

Marie Egan, Purchasing Agt.  
Dated April 9, 1991

MIT 2459

IX 4/12

## GOP Committee Monthly Meeting

The Town of Oyster Bay Republican Committee will host the monthly meeting of the Federation of Republican Women at the Villa Victor, 7150 Jericho Turnpike, Syosset.

The Honorable Angelo A. Delligatti, Supervisor of the Town of Oyster Bay will be the guest speaker. There will also be a special program for women - "Seasons and Scavens and The Artistry of You", presented by Candy Seibert. It promises to be an exciting evening, so bring a friend or friends and enjoy a great evening out as all are welcomed.

Refreshments, a super surprise dessert, prizes and ample parking are available, and best of all - No Admission Fee. For further information call 935-0984.

## Welcome Home Program At Last Sunday's Parade

Vincent Ferrara, Commander VFW Post 3211 - Pledge of Allegiance  
Robert Unger/John Kupillas, Commanche Raiders - Star Spangled Banner

Rev. Theodore Grant - Opening Prayer  
Commanche Raiders - God Bless America  
Vincent Ferrara, VFW Post 3211 - Introduction  
Joyce Jurgensen - Mid-Island Support Group, Operation Desert Storm  
Thomas Gullotta, County Executive  
Angelo Delligatti, Supv. Town of Oyster Bay  
America The Beautiful, Commanche Raiders  
Lt. Col. Frederick Peterson - Introduction

**Memorial Service**  
Family of 1st Sgt. Joseph Murphy  
Family of Kerry Hein  
Echo Taps, 21 Gun Salute, Amazing Grace, Missing Pilot Formation  
Robert Unger - Proud to be an American

**Introduction of Returned Service People**  
Lisa Nicole - Wind Beneath My Wings, Commanche Raiders medley  
Reading of Names - EJM, Background Music  
All Sing - EJM, Voices That Care  
Connie Steers  
Closing Remarks - Lt. Col. Frederick Peterson  
Lisa Nicole - One Moment In Time  
Closing Prayer - Rabbi Pomerantz

## Spring Library Programs

Families that read aloud, read a lot - current research indicates and reports show that children who have been read to in childhood excel in school. Therefore, starting January 31, the Bethpage Public Library will launch a brand new "Read-Aloud Club" called "Families as Reading Partners."

Hurry on over and sign up your youngster for our fun Read-Aloud Club for ages 3½ to 8. And the whole family can join into the fabulous read-aloud game - parents, grandparents, brothers, sisters, aunts, uncles - and more!

All you have to do is agree to read at least 20 library books to

your youngsters and submit a written list of books (including child's name, address, phone number, age, and titles and authors of books) to the Children's Room staff by May 1.

There will be a Gala Read-Aloud Party and Certificate Celebration on May 11, at 2 p.m. for all participating young people featuring a glittering Fun with Foil Show and Workshop for this age group by star performer, storyteller, and craftsman Jack Lerner. Youngsters will listen to nonstop tales as a rainbow-hued parade of foil creatures is created.

Merry hands-on fun - lots of enchantment for all! District No. 21 only. Call 931-3907.

## YOUR LIBRARY NEEDS YOUR SUPPORT

Take this opportunity to approve the Library's program by voting YES on April 17, 1991.

Some outstanding features of your Library....

- \*Hicksville Local History collection.
- \*One of the largest book collections in Nassau County.
- \*Personal computers and Fax machine.
- \*More than 500 magazine subscriptions.
- \*Outstanding Career and College catalog section.
- \*CD's, VCR's & Phonograph records.
- \*Personal reference service 66 hours a week.
- \*A tax increase of only 3¢ per \$100.00 assessment (1.5%)!!!

**VOTE**  
**"YES"**

for the

**Hicksville Public Library**  
**BUDGET**

**April 17, 1991**

**10 a.m. to 9 p.m.**

Sponsored by the FRIENDS OF THE HICKSVILLE PUBLIC LIBRARY  
Join us in our campaign to support this outstanding Library.



## Hicksville Celebrates Gulf GI's Homecoming

Continued From Page 1

chance to hear from the servicemen and women who just came back from the Gulf.

•Lt. Col. Ronald Bergmann (Sayville) said he was "proud to be a part of such a wonderful operation."

•Senior Master Sergeant Joseph Illardi (Hicksville) remarked "the real heroes are you, the people who kept us going day to day."

•Pfc. Charles Knapp (Hicksville) thanked everyone for a warm welcome home.

•Specialist Paul Jurgensen was happy to be home. He was deployed to the Mid-East in early August and had just returned April 6.

•Lance Corp. Michael McCarthy (Hicksville) asked residents "to keep the flags up until they all come home, including the POWs and MIAs."

•Staff Sergeant Theresa Anderson (East Norwich) thanked all for showing up at the parade. "It's great to be back home," she said.

•Captain Evelyn Chessie (Huntington Station), who was in the Gulf from October to March serving as a nurse, thanked her family for all their support.

•Captain Nicholas Lomangino (Great Neck), an Army doctor serving in the same unit as Theresa Anderson, thanked God for the opportunity to serve. He said he had a lot to be thankful for and was happy to be able to give something back.

The evergreen tree in the park, bedecked with yellow ribbons, stood as a reminder of Hicksville's vigilance, and American flags surrounded the fountain like sentinels guarding the freedom of the moment.

At the end of the rally, in accordance with a Presidential Proclamation for April 7, organizers and supporters rang bells in honor of the men and women of Operation Desert Storm.

Support Group Initiator Joyce Jurgensen, mother of Paul, urged residents not to take down their yellow ribbons yet. "We want the last ones to come home the same as the first ones did," she said, "keep up your pride and support until they all come home."

Mrs. Jurgensen and others associated with the parade and rally effort remarked about the great outpouring of help from businessmen, organizations, private citizens and youngsters - all offering from the goodness of their hearts, supplies, labor, entertainment, limousine service, financial support and their talents.

"This whole event was brought about by people helping people," added Mrs. Jurgensen, "I am proud to be an American. I am proud to be here."



Pictured with Tony Balkan of the American Legion are the returning servicemen and women, left to right: Spec. Paul Jurgensen, Pfc. Charles Knapp, Lance Cpl. Michael McCarthy, Lt. Col. Ronald Bergmann, Balkan, Capt. Evelyn Chessie, Sr. Master Sgt. Joseph Illardi, Capt. Nicholas Lomangino and Staff Sgt. Theresa Anderson.



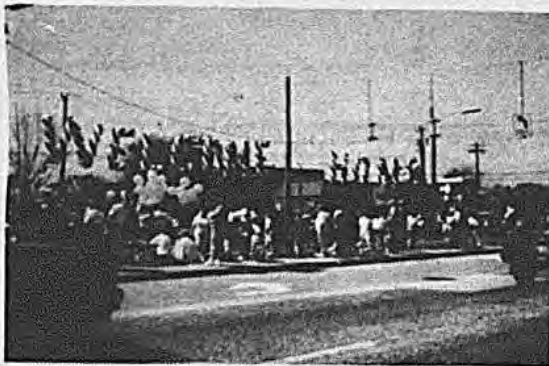
Lt. Col. Peterson presents American flag in memory of Warrant Officer Kerry Helms to Dr. and Mrs. Manus Clancy.



The EJM Disco Entertainers rallied up parade goers before the ceremonies. Balloon displays donated by Balloon Construction.



During the ceremony each returning soldier spoke. Far right is VFW Commander Vincent Ferraro (with mic).



And they were welcomed home, indeed!

## Plastics To Net Dollars For Town

The Town of Oyster Bay will earn top dollar for its post consumer plastics under a newly awarded contract, according to Town Supervisor Angelo A. Delligatti.

"Now that our plastics recycling program has been expanded Townwide, we needed a contractor who could handle the large amount of plastics the Town collects," Supervisor Delligatti stated. "Trimax of Long Island, which is located in Ronkonkoma, came in with a two-year bid, which will net the Town \$85 a ton in the first year and \$90 a ton in the second year."

The Town of Oyster Bay launched its pilot plastics recycling program in 1990 among 18,000 households already separating newspapers, bottles and cans through the SORT program. Since the program was implemented Townwide in February, making it one of the largest - if not the largest - curbside, source separated, post consumer plastics collections programs in the country, an average of 17 tons of plastics have been collected each week.

"We are very pleased with this new contract as the Town will be getting top dollar for post consumer plastics on Long Island," Supervisor Delligatti commented. "It further cements the Town's position as a national recycling leader."

## Gymnastic Champ



Tammy Marshall

Tammy Marshall competed at the 1991 Northeast Collegiate Gymnastic Regional Championships on April 6 and placed 2nd in the all-around with a total of 38.80 (Vault-9.80 Bars-9.475-Beam-9.75-Floor Exercise - 9.775). This all-around score plus her average for the season qualified her to the NCAA Gymnastic National Championships seeded second in the individuals to be held at the University of Alabama on April 19 and 20. She is a former Hicksville High School graduate, attending and competing for the University of Massachusetts/Amherst. She also received the academic All-American Atlantic 10 Conference Award.

### LEGAL NOTICE

Notice is hereby given that an Order signed by the Supreme Court, Nassau County, dated April 5, 1991, Index #7039, a copy of which may be examined at the Clerk's Office, Mineola, N. Y., grants us the right effective May 17, 1991 to assume the names of Alan E. Dixon and Joy Anne P. Dixon. Our present names, address, date and place of birth are as follows: Alan E. Dick, Joy Anne P. Dick, 5 Carman Road, Old Brookville, P. O. Greenvale, N.Y. 11548. Born 8/11/36 and 8/1/39. MIT 2458 IX 4/12



**1st Gala Wine Tasting of Long Island Wines**  
Presented By  
**Nassau-East Kiwanis Club**  
**Saturday, April 27 4:00 PM - 6:00 PM**

*Come meet the people who are making the wines that are winning awards worldwide. Representatives of the wineries will be on hand to pour and explain the wines you will be tasting. There will also be food served to complement the different variety of wines that will be served. This will be a great learning experience for anyone who wants to learn how to taste wine and also enjoy some of Long Island's best wines presented at the start of a new and hopefully an outstanding growing season. Listed are some of the wineries that will be present.*

Pugliese Vineyards  
Bidwell Vineyards  
Palmer Vineyards  
Jamesport Vineyards  
Pindar Vineyards

Being held at: St. Bede's Episcopal Church  
Berry Hill Road, Syosset, N.Y.  
Admission: Advance \$10.00, at the door \$12.00

## Jeanette Balardi Student Of Month

The Bethpage Elks Lodge honored Jeanette Balardi recently as their 'Student of the Month.' Known as Miss Reliable, Jeanette is always available to help others. She has maintained a strong academic program throughout the years with an emphasis on Languages and Biology and has

been involved in a variety of school activities from Vice-President of the Honor Society to membership in SADD and the Outdoors Club. She baked Ziti for the Italian Feast, decorated for the Valentine's Dance and introduced a bill in the Student Senate for students to have the right to

appeal I.S.S.

But it is her activities with the Senior Citizens that have made her stand out this year. Chairperson of the Student Civic Association for Senior Citizens, she has organized a Senior-Senior Prom on April 12, where all the Senior Citizens of the Bethpage

area are invited to an evening of dancing and dessert. She has developed printed invitations, contacted the D.J. and arranged for the decorations of the gymnasium. At Christmas time she brought a group of students to the Central Island Nursing Home to entertain the shut-ins with games and a party. In the fall and spring she invites students to help with the yard clean-ups for other seniors.

In addition to being secretary of the Political Activities Club, she has played Varsity Volleyball and Badminton and previously was on the swimming team. Her dreams are to become a Physical therapist or an English teacher and she hopes to pursue them at SUNY Stony Brook or SUNY Buffalo. With her father and her grandfather being so involved in teaching Biology, it's no wonder that her interests lie in education. On the other hand, she thanks her mother for stimulating her interests in becoming involved with all kinds of people. A great teacher is ahead!



Jeanette Balardi

### Career Counseling

Free, confidential career counseling is available at the Hicksville Public Library. If you want to update your resume or wish to re-enter the job market or if you are thinking about a career change, the Career Counselor can help. Call 931-1417 for an appointment.

### Volunteers Needed

Cornell Cooperative Extension of Nassau County is recruiting volunteers to be trained to teach home water conservation methods to community groups. Training will be conducted in June (day/evening) at our Plainview office. In the fall, volunteers will be expected to teach a 45 minutes home water conservation program to at least five Nassau community groups. If you would like to be a water volunteer, call Cornell Cooperative Extension at 454-0900 and speak to Elaine Gallo.

### In Service

Pvt. Michael A. Seaman has completed the electronic warfare signal intelligence Morse interceptor course at Fort Devens, Ayer, Mass.

The course included instruction in international Morse code and message recording and forwarding equipment.

He is the son of William H. Seaman of Essex Road, Bethpage.

The private is a 1990 graduate of Bethpage High School.

### LEGAL NOTICE NOTICE OF CHANGE OF NAME

Notice is hereby given that an Order entered by the Supreme Court, Nassau County on March 28, 1991, bearing Index #20698/90, a copy of which may be examined at the Office of the Clerk, located at Mineola, New York, grants me the right, effective on April 29, 1991 to assume the name of Karen Jennifer Thomas. My present address is 27 Colonial Drive., Farmingdale, N. Y.; the date of my birth is June 17, 1961; my present name is Gary Tomaszewski. BN 3102 IX 4/12

### LEGAL NOTICE NOTICE TO BIDDERS

Notice is hereby given that Sealed Proposals for the Demolition of Abandoned Building at Plant No. 1, will be received by the Board of Commissioners of the Hicksville Water District, at the office of the Board, 4 Dean Street, Hicksville, New York until 7:00 p.m., Prevaling Time on Thursday, April 25, 1991, at which time and place they shall be public opened and read for:

Demolition of Abandoned Building at Plant No. 1, Contract No. 1: Asbestos Abatement - Removal of Asbestos-containing materials & Demolition & Site Restoration - work; Contract No. 2: Asbestos Abatement - Air Monitoring

Proposal, Plans and Specifications and contract forms for the proposed work on are on file and publicly exhibited at the office of the Hicksville Water District, 4 Dean Street, Hicksville, New York, on or after April 11, 1991. A deposit of Twenty-five dollars (\$25) is required for each set of documents furnished, which will be refunded to bidders who return plans and specifications within ten (10) days in good condition; other deposits will either be partially or not refunded.

Each proposal must be accompanied by a certified check or bid bond payable to the Hicksville Water District, in a sum equivalent to five percent (5%) of the total amount of the bid, and a commitment by the bidder that, if his bid is accepted, he will enter into a contract that, to perform the work and will execute such further security as may be required by the faithful performance of the contract.

The Board of Commissioners of the Hicksville Water District reserves the right to reject any or all bids, to waive any informalities therein and to accept the bid, which in its opinion, is in the best interests of the Water District.

### BOARD OF COMMISSIONERS, HICKSVILLE WATER DISTRICT

Nicholas J. Brigand, Chrm.  
Richard A. Humann, Secy.  
Gilbert E. Cusack, Treas.

Dated: April 11, 1991  
MIT 2457  
IX 4/12

Half the price of a postage stamp. That is all this newspaper cost you per week delivered to you by mail.

## FOCUS ON: PARENTING YOUR NEW BABY A Community Health Education Program

Becoming a parent means learning new skills, accepting new responsibilities and learning new roles. This five-session course provides information on what you need to know about caring for a new baby, including health and safety issues, infant development/behavior/communication, and how to cope with the challenges of new parenthood. The final two sessions, titled "Parents Who Care: Infant/Child CPR," is a two-part course offering parents and others who care for infants and young children instruction in cardiopulmonary resuscitation, obstructed airway clearance techniques, and emergency first aid.

Monday, April 15, 1991	Ages and Stages
Monday, April 22, 1991	The Healthy Baby
Monday, April 29, 1991	Challenges of New Parenthood
Monday, May 6 and 13, 1991	Parents Who Care: Infant/Child CPR

Time: 9:30 - 11:30 a.m.	Fee: \$15.00 per session
Place: North Shore University Hospital at	(4/15, 4/22 or 4/29)
Glen Cove Family Practice Classroom	\$35.00 CPR Class (5/6 and 5/13)

For information and registration call: (516) 562-3045

Department of Health Education/Community Affairs



**NORTH SHORE  
UNIVERSITY HOSPITAL  
AT GLEN COVE**  
ST. ANDREWS LANE, GLEN COVE, NEW YORK 11542

## EAST WOODS SCHOOL

31 Yellow Cote Road, Oyster Bay N.Y. 11771

You are cordially invited to an

### OPEN HOUSE

presenting East Woods School's  
Educational and Enrichment Programs  
in Nursery through Ninth Grade

Date: **Wednesday, April 17, 1991**

Time: **9-11 A.M.**

In the school library.

Please join us for tours of the school facilities and  
the opportunity to meet faculty, parents  
and students.

For further information call Carol Rogers - 922-4400



# PROFESSIONAL GUIDE 931-0012

## ATTORNEYS

### John J. Sullivan

Attorney at Law  
Wills • Estates • Closings • Corporations  
Business Transactions & Criminal

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### William Morris

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265 Post Avenue  
Westbury, N.Y. 11590 (516) 997-9400

### Benack & Benack

Attorneys and Counselors at Law

Discreet legal representation  
in all matters of concern to you

1205 Franklin Avenue  
Garden City, New York 11530

Richard A. Benack (516) 739-3800  
William B. Benack Fax (516) 248-4208

Do you Have An Immigration or  
VISA Problem?  
We Can Help You

### Harry A. Demell

Attorneys at Law

IMMIGRATION VISA & NATIONALITY LAW

1205 Franklin Avenue By Appl.  
Garden City, N.Y. 11530 (516) 739-2288

### Marshall & Bellard, Esqs.

Attorneys at Law  
Counsel New York State  
Ancient Order of Hibernians  
Personal Injury • Accidents • Wills  
Real Estate • Divorce  
No Consultation Fee

226 Seventh Street (516) 741-8005  
Garden City, N.Y. 11530 William T. Bellard

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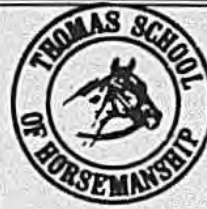
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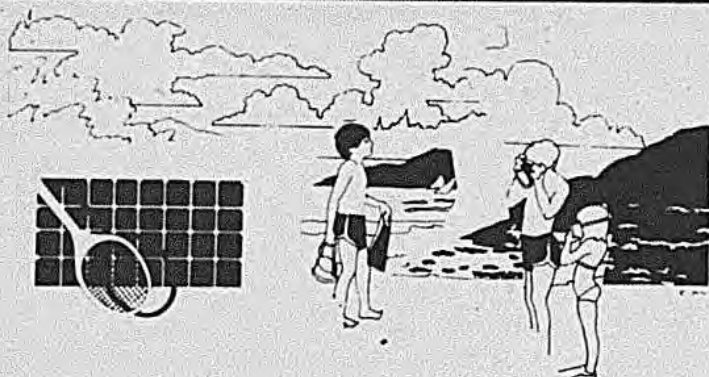


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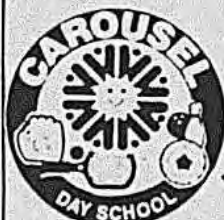
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Peter Marmureanu, Director, Cove Tennis Center pictured here with Chris Evert and Martina Navratilova. Peter coached both the Federation Cup and Wightman Cup teams for the United States.

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# Sports & Recreation Camp Directory

PAGE NINE Friday, April 12, 1991

Special Sports and Recreation Camp Directory. Appearing in Mid Island Times, Syosset Advance, Bethpage Newsgum, Jericho News Journal, New Hyde Park Herald Courier, Williston Times/Mineola Edition, Garden City News & The Great Neck News

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## APPLICATIONS AVAILABLE FOR AEROSPACE CAMP

Applications are now available for a unique Aerospace Camp for boys and girls entering grades 5, 6 or 7 to be held at the Cradle of Aviation Museum in Garden City during the Summer.

The Camp has been very popular with the youngsters and suggested that parents sign their children up early. The Cradle of Aviation Museum, now in its formative stages, will eventually be the second largest air/space museum in the country.

The following activities will be available to youngsters who enroll in the four-day sessions:

- \*Air and spacecraft simulations, including hands-on use of a Lunar Lander Simulator and airliner cock-pit simulator.
- \*Anatomy of life support systems, including a chance to wear an authentic space suit.
- \*Model rocket building and launching.
- \*Planetarium sky show.
- \*Hands-on instruction with selected aircraft from the Museum's collection.

Each camp session will be held from Monday through Thursday, 10 a.m. to 2 p.m. and begin on the following dates: July 8, 15, 22, 29, August 5 and 12. The tuition is \$125 per session and covers counselor supervision, training



**THE AEROSPACE CAMP AT THE CRADLE OF AVIATION MUSEUM** will introduce youngsters to the "anatomy" of life support systems including the chance to wear an authentic spacesuit.

material and equipment and a lunch beverage. Students must provide their own lunch.

The Cradle of Aviation, a facility of the Nassau County Department of Recreation and Parks, is located at Mitchel Field on Charles Lindbergh Boulevard in Garden City, adjacent to Nassau Community College.

For an application or further information, call 222-1191.

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Feel Good About  
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**PROGRAM PLUS**  
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Two 2 week Sessions  
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One 2 week Session  
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#### BASEBALL

Two 2 week Sessions  
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#### GIFT

Three 2 week Sessions  
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Intercultural Activities, Red  
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#### GIRLS' LACROSSE

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#### VOLLEYBALL

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#### BOYS' SOCCER

Two 2 week Sessions  
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Grade 4-9

#### BOYS' BASKETBALL

Three 2 week Sessions  
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#### TENNIS

Four 2 week Sessions  
Boys & Girls Grades 3-12

#### COMPETITIVE SWIMMING

One 1 week Co-ed  
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## Young Authors At Fork Lane

Congratulations to Fork Lane student Lindsey Krecko in Ms. Bergeron's third grade class. Lindsey has been awarded a first place prize in the Nassau Reading Council's Young Author's Contest.

Entries were received from 116 schools in Nassau County and first, second and third place finalists were selected from each grade level. Lindsey and her family have been invited to attend the "Celebration of Young Author's Award Ceremony" at

Hofstra University on April 13. Good Luck Lindsey!

Special congratulations are also in order for classmates Eugenia Alves and Gina Simonelli. They have been awarded Certificates of Recognition for their outstanding writing ability.

Personal narratives submitted by Mrs. Grib's third graders - Annette Gonzalez, Michelle Lieu and Julia McGowan have also been singled out by the Nassau Reading Council for special recognition.



Lindsey Krecko - first place, Grade 3, with Principal Carol Bentsen and reading teacher Mrs. Wagner.



Certificate of Merit - Annette Gonzalez; Michelle Lieu; Julia McGowan; Gina Simonelli (missing from photo); Eugenia Alves and Lindsey Krecko.

## Book Discussion

The Hicksville Public Library Book Discussion group meets the second Wednesday of the month at 1 p.m.

The following books are to be discussed: May 8, 1991 "Daughter of

Time" by Josephine Tey, led by Mildred Krahn.

June 12 "Native Son" by Richard Wright, led by Connie Kingsley.

Books are available at the library. All welcome to attend.

## Minutemen Take Round 2

The Hicksville Minutemen 1977 B travelling soccer team progressed to the 3rd round of the N.Y. State Cup Tournament, in their age group, via a 3-1 victory over Uniondale, at the latter's field on Saturday, April 6, led by a three goal hat trick off the big right foot of striker Richard Werchenski and steady, all around defensive play on the part of the whole team.

The Minutemen controlled the game from start to finish, constantly peppering the Uniondale defense with offensive charges. Their patience and constant digging paid off at the game's 15 minute mark, off a feed from right halfback Jason Brown, who had a great two way game, to Werchenski, who put it in. His 2nd goal came at the game's 28 minute mark, off a feed from right wing, Jorge daSilva, who had a fine game, finishing up at stopper. Werchenski's 3rd goal came at the game's 49 minute mark off another feed from Brown.

The Minutemen defense, anchored by the great play of Greg Walunas, at sweeper and the steady play of Bobby Braun in goal, ably assisted by Kenny D'Introno at right fullback and Tim Dalton at left fullback, as well as Andres Turcios at stopper, kept Uniondale scoreless for the game's first 68 minutes, when they connected on a breakaway. The balance of the players, all of whom had a terrific game, were Brian Rigert at left halfback and right wing, Anthony Noya at center halfback, who really made his presence felt in a big way, Danny dePinho at left wing and left halfback and Bobby Wagner at left wing.

Congratulations to the team, (who now plays either Schenectady or Bellmore, at home, at Triangle Park, April 21, in the 3rd round), for a well played soccer game, as well as to Coach Tony dePinho, Asst. Coach Al Blicher, and sponsor Seaman & Eisenmann. Speedy get well wishes to right wing Tommy Coffey, out with a broken arm, and sweeper Michael Hershkovitz, out with a fractured foot.

## Team Captain



Fred Acee, head lacrosse coach at SUNY Farmingdale, announces that Bobby Kratochvil, son of Robert and Virginia Kratochvil of Hicksville, is one of four captains of the 1991 Rams lacrosse team. (Photo by Gary Moo Young)

## Two Residents Rescued From Fire

Hicksville Firefighters are calling the survival of two residents from being trapped in a second floor bedroom a miracle. An early morning fire on the first floor went undetected for several hours. A backyard neighbor noticed the fire and called Hicksville firefighters. Dispatcher Tim Mooney alerted department members and by looking at maps determined the fire to be on Fox Place. Responding chiefs were notified by Mooney.

Meanwhile the residents became aware of the fire and mother, father, daughter left the house safely. It is not known why but both adults went back in and ended up trapped by heavy smoke in an upstairs bedroom. They then called 911 and told them they were trapped. Fire Communications operator Mike Keane stayed on the line with the trapped couple and got the exact location in the house from them and relayed that to the Hicksville Dispatcher. At that time Hicksville Chiefs Wigdzinski, Scanlon and Schweitzer all arrived at the scene - 3 minutes from first notification at 6:13 a.m.

Chiefs Wigdzinski and Scanlon entered the house and through heavy smoke located the upstairs bedroom. Asst. Chief Schweitzer remained out front and from his command post coordinated the duties of the now arriving firefighters and equipment.

The woman was removed from the room by Chief Wigdzinski and handed over to Lt. Douchette and Lt. O'Brien who removed her to safety. Chief Wigdzinski returned to help Chief Scanlon remove the near unconscious husband from the room and down and out of the house. Both victims were treated at the scene by Hicksville EMS personnel and taken to N. C. Medical Center.

The fire originated in an attached hot house on the rear of the home.

The fire swept up the rear of the house to the roof and attic and also through the dining room window to interior furnishings.

While the husband and wife were trapped a neighbor at 56 Fox Place - John Leo played an equally important role. He was alerted to his neighbor's plight by his wife who heard screams. Leo

got his extension ladder after calling the alarm also, and went to the bedroom window. The house has steel frame, partial opening, crank out casement windows on it which do not allow escape. So he stayed on the ladder offering encouragement to the couple telling them fire engines were on the way and not to panic and to stay low on the floor. He stayed there until the couple were removed by firefighters.

Firefighters discovered that the home was not equipped with smoke detectors which are mandated by N. Y. State Law. Had these been installed early detection would have been possible and averted a near tragic outcome.

Fire Dept. officers said that residents have the advantage of benefiting from this incident by learning the following points:

1. Smoke detectors will detect fire and smoke early on and save lives and property.

2. An escape plan is a must. If you wake up to fire - you need to know in advance how you are going to escape. Once you get out everybody meets in one place - and you never go back inside the burning structure. 99% of those that do, do not come out alive. Let firefighters fight the fire.

3. Windows - Many homes in Hicksville have these very same steel, partial opening windows. Other than a small child, a person is not going to escape through this type of window. Windows must be full egress type windows. Most double hung windows do allow people to climb out.

4. House Numbers Displayed so they can be seen from the street are very important. In many cases where fire or smoke are not visible and fire apparatus have passed the fire or emergency scene and valuable lifesaving time is lost for police and firefighters.

5. Know the local number of your Fire Department. Phone stickers are provided to every resident on a yearly basis. 911 lines are sometimes busy, which would delay the help you need in Hicksville. The Direct Fire-Emergency Phone # is 931-0026. If you need phone stickers or any other fire safety information, do not hesitate to call the Fire Dept. at their information # 933-6444.

## CPR Program

If you are a parent or take care of young children you need to know what to do when a baby stops breathing or when a toddler chokes. Infant & Child CPR teaches the different techniques necessary for infant and child victims.

The Heart Council is an authorized provider of American Red Cross CPR training, which is available in four courses as follows: Adult CPR (4 hours); Infant & Child CPR (7 hours); Community CPR (8 hours); a comprehensive course that teaches CPR for adult, infant and child; Basic Life Support (12 hours) certifies a professional rescuer (a person with more advanced lifesaving skills, who is trained and expected to respond in an emergency); and, CPR Recertifications on all levels (2-4 hours).

Anyone interested in taking one of these courses can telephone the Heart Council office at 932-9360 for dates and registration forms.

## In Service

Navy Seaman Recruit Hugh J. Wahl, a resident of 8 Abbey Lane, Plainview, N.Y. has completed recruit training at Recruit Training Command, San Diego.

During Wahl's eight-week training cycle, he studied general military subjects designed to prepare him for further academic and on-the-job training in one of the Navy's 85 basic fields.

His studies included seamanship, close order drill, Naval history and first aid. Personnel who complete this course of instruction are eligible for three hours of college credit in Physical Education and Hygiene.

A 1987 graduate of Plainview-Old Bethpage High School, he joined the Navy Reserves in November 1990.

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# **LEGAL NOTICE** **HICKSVILLE PUBLIC** **LIBRARY ELECTION** **AND VOTE ON APPRO-** **PRATION OF FUNDS** **HICKSVILLE, U.F.S.D.** **HICKSVILLE, N.Y.**

**NOTICE IS HEREBY** GIVEN that pursuant to the resolution of the Board of Trustees of the Hicksville Public Library of Hicksville U.F.S.D., Hicksville, N.Y. adopted January 16, 1991, the Annual District Election of the qualified voters of this School District for the Hicksville Public Library Election and Vote on appropriation of funds will be held on April 17, 1991 between the hours of 10 a.m. E.S.T. and 9 p.m. E.S.T. for the seven election districts, at the Hicksville Public Library, for the purpose of voting upon the following proposition(s):

## **PROPOSITION NO. 1**

Shall the Library Budget for the school year 1991-92 adopted by the Library Board be approved and a tax be levied on the taxable property of the District in the amount of such budget less sums received in the form of State and Federal Aid and from any other sources, all pursuant to the pertinent provisions of the Education Law?

**NOTICE IS FURTHER GIVEN** that nominating petitions for the office of member of the Board of Trustees of the Library must be filed with the Clerk of the School District no later than thirty (30) days before the Annual Meeting, said date being March 18, 1991 between the hours of 9 a.m. and 5 p.m. Separate petitions shall be required to nominate a candidate. Each petition shall be directed to the Clerk of the School District, shall be signed by at least 25 qualified voters of the District (the same being at least 25 qualified voters of the District or two (2%) of the number of voters who voted in the previous library election, whichever is greater), shall state the residence of each signer, the name and residence of the candidate. Forms of petitions for Library Board Members may be obtained from the Clerk of the School District and at the Hicksville Public Library.

The following vacancies are to be filled on the Board of Library Trustees - Office of Member of Board of Library Trustees - 5 year term ending June 30, 1996.

**NOTICE IS FURTHER GIVEN** that personal registration and Election Districts have been established in the School District, that no person shall be entitled to vote at the annual Meeting whose name does not appear on the register of the School District unless such person is registered under the provision of Section 5-612 of the Election Law and that those qualified to register and vote shall do so in Hicksville Public Library, according to the School Election District in which they reside.

**NOTICE IS FURTHER GIVEN** that copies of the estimated expenses of the Library for the year 1991-92 may be obtained at the Library and each schoolhouse in the District on and after April

## **LEGAL NOTICE**

10, 1991, on any weekday from 9 a.m. to 4 p.m. and that any other propositions to be voted upon are available for inspection by any taxpayer in the District at the Library daily except Saturday and Sunday on and after April 10, 1991 between 9 a.m. and 4 p.m.

**NOTICE IS FURTHER GIVEN** that the Board of Registration shall meet in the **HICKSVILLE PUBLIC LIBRARY** for the seven (7) Election Districts described below on April 10, 1991 from 3 p.m. until 8 p.m. E.S.T.

Any person shall be entitled to have his name placed upon such register provided that at such meeting of the Board of Registration he proves to the satisfaction of such Board of Registration to be then or thereafter entitled to vote at the Library meeting or election for which such register is prepared. Said register will be filed in the office of the Clerk of the District on April 10, 1991, and will be open for inspection by any qualified voter of the District from 9 a.m. to 4 p.m. on any weekday from April 10, 1991 up to and including April 17, 1991. Residents who voted at an Annual or Special Meeting of the District within four years prior to the date of the current Annual Meeting or who who registered within that time need not register to be eligible to vote at the Annual Meeting. Residents otherwise qualified to vote who are registered under the provision of Section 5-612 of the Election Law need not register to be eligible to vote at the Meeting.

**NOTICE IS FURTHER GIVEN** that during the voting hours on April 17, 1991, the Board of Registration will meet in the **HICKSVILLE PUBLIC LIBRARY** to receive registration for the ensuing year.

**NOTICE IS FURTHER GIVEN** THAT applications for absentee ballots may be applied for at the office of the Clerk of the District. A list of all persons to whom absentee ballots are issued will be available in the office of the Clerk on April 10, 1991 through April 17, 1991. Such list will also be posted at all polling places at the election of members of the Board of Trustees.

## **HICKSVILLE PUBLIC** **SCHOOLS** **ELECTION DISTRICTS**

The boundaries of the School Election Districts, as adopted by resolution of the Board of Education are as follows:

### **Election District No. 1**

#### **Barns Avenue School**

On the East: Broadway, from the District's North Line, to the intersection of Jerusalem Avenue and Broadway, continuing South along Jerusalem Avenue to the District's West line.

On the West: The District's West line from the Long Island Railroad to the District's North line.

On the North: The District's North line from the District's West line to Broadway.

### **Election District No. 2**

#### **East Street School**

On the East and North, Miller Road as projected to the

## **LEGAL NOTICE**

District's North line, South along said Miller Road, then East along Ronald Avenue to Woodbury Road, then North-east along Woodbury Road to Ardsley Gate, then Southeast through Ardsley Gate to Dartmouth Drive, then South-west and South through Dartmouth Drive to its intersection with Haverford Road, then East to the intersection of Haverford Road and Berkshire Road, then East along Berkshire Road to its intersection with Columbia Road, then East along Columbia Road to the District's East line, then South along the District's East line to the Long Island Railroad.

On the South and South-west: Along the Long Island Railroad, from the District's East line southerly point, to the intersection of the Long Island Railroad and Jerusalem Avenue.

On the West: Broadway from Jerusalem Avenue to the District's North line.

On the North: The District's North line from Broadway to Miller Road, as projected to said line.

### **Election District No. 3**

#### **Woodland Avenue School**

On the North, Northeast and East: Along the District's North line, from Miller Road, as projected to the District's North line, to the District's East line.

On the East: South along the District's East line, West to Berkshire Road, then West along Berkshire Road into Haverford Road, and continuing West of Haverford Road to Dartmouth Drive then North and Northeast along Dartmouth Drive to Ardsley Gate; then Northwest through Ardsley Gate to Woodbury Road, then Southwest along Woodbury Road to Ronald Avenue, then West along Ronald Avenue to Miller Road, then North along Miller Road and continuing thereon as it is projected, to the District's North line.

### **Election District No. 4**

#### **Lee Avenue School**

On the East-Northeast: The Long Island Railroad, from its intersection with Old Country Road, to the Southerly point of the District's East line.

On the South: The District's South line, from the Long Island Railroad, southwesterly into Michigan Drive, then South along said District line to the Hempstead Township line, then Northwest along the District's South line to Jerusalem Avenue.

On the West and North: Along Jerusalem Avenue, from the District's South line, to Salem Gate, then West along Salem Gate to Salem Road, then North to Harkin Lane, then Northwest along Harkin Lane to Division Avenue, then North along Division Avenue to Glenbrook Road, then Northwest along Glenbrook Road to Newbridge Road, then Northwest along Newbridge Road to Old Country Road, then East along Old Country Road to the Long Island Railroad.

### **Election District No. 5**

#### **Fork Lane School**

On the East: Jerusalem Avenue from Salem Gate, to the District's South line.

## **LEGAL NOTICE**

On the North: Salem Gate, West from Jerusalem Avenue, to Salem Road, then North along Salem Road to Harkin Lane, then Northwest along Harkin Lane to Division Avenue, then Northwest along Division Avenue to Glenbrook Road then West along Glenbrook Road to Newbridge Road.

On the West: Newbridge Road, from Glenbrook Road on the North, to the District's South line.

On the South: The District's South Line, from Newbridge Road, on the West, to Jerusalem Avenue on the East.

### **Election District No. 6**

#### **Dutch Lane School**

On the East: Newbridge Road, from Elmira Street, to the District's South line.

On the South: The District's South line, from Newbridge Road, on the East, to the District's West line.

On the West: The District's West line, from the District's South line to Arrow Lane, as said Lane is projected West to the District's West line.

On the North: From Arrow Lane, as projected to the District's West line, East and along said Arrow Lane, to Levittown Parkway, then South along Levittown Parkway to Beech Lane, then East along Beech Lane to Blueberry Lane, then South along Blueberry Lane to Elmira Street, then East along Elmira Street to Newbridge Road.

### **Election District No. 7**

#### **Old Country Road School**

On the North and Northeast: The Long Island Railroad from the District's West line to the intersection of the Railroad with Old Country Road.

On the South and East: Old Country Road from its intersection with the Long Island Railroad, West to Newbridge Road, then Southwest along Newbridge Road to Elmira Street to Blueberry Lane, then North along Blueberry Lane to Beech Lane, then West along Beech Lane to Levittown Parkway, then North along Levittown Parkway to Arrow Lane, then West along Arrow Lane, and as projected to the District's West line.

**BY ORDER OF THE**  
**BOARD OF TRUSTEES**  
**HICKSVILLE PUBLIC**  
**LIBRARY, HICKSVILLE**  
**TOWN OF OYSTER BAY**  
**N.Y.**

Janet Ulrich, Dist. Clerk  
 MIT 2434  
 4X 3/1, 15, 22, 4/12

### **NOTICE OF SALE**

Index No. 23238-1-89  
**SUPREME COURT: NASSAU**  
**COUNTY**

In the Matter of the Application of STEVEN R. SCHLESINGER, As conservator of the Property of PETRA SCHMITT, a Conservator for leave to sell her interest in certain real property located at the intersection of James Street and Broadway, Hicksville, Town of Oyster Bay, County of Nassau, New York

**PLEASE TAKE NOTICE** that, I, the Conservator of the property of Petra Schmitt will sell at public auction at 300 Garden City Plaza, Suite 516, Garden City, N.Y. on the 22nd

## **LEGAL NOTICE**

day of April, 1991 at 10 a.m., the premises described below:

ALL that certain plot, piece of parcel of land, with the buildings and improvements hereon erected, situate, lying and being at Hicksville, Town of Oyster Bay, County of Nassau, and State of New York bounded and described as follows:

**BEGINNING** at the corner formed by the intersection of the northerly side of James Street and the new westerly side of Broadway;

**RUNNING THENCE** South 76 degrees 05 minutes 30 seconds west along the northerly side of James Street 103.61 feet to the new Northeastly side of Newbridge Road;

**THENCE** North 45 degrees 57 minutes 33 seconds west along the said side of Newbridge Road a distance of 43.38 feet;

**THENCE** along the South-easterly side of Newbridge Road the following 2 courses and distances:

1. North 13 degrees 21 minutes 23 seconds east 52.25 feet;

2. Along the arc of a curve bearing to the right having a radius of 1387.39 feet a length of 123.56 feet;

**THENCE** North 76 degrees 05 minutes 30 seconds East 50.28 feet to the new westerly side of Broadway;

**THENCE** along the new westerly side of Broadway the following 2 courses and distances: 1. Along the arc of a curve bearing to the right having a radius of 2819.79 feet a length of 187.66 feet;

2. South 9 degrees 19 minutes 37 seconds 3.00 feet to the aforementioned corner, the place or point of BEGINNING.

Premises sold subject to: easements, restrictions and agreements of record, if any; any accurate state of facts an accurate survey and/or inspection will show; building and zoning restrictions and ordinance regulations of the municipality, case to Exxon Corporation, and rights of tenants and persons in possession, which lease extends to the year 2003 and contains a right of first refusal. Conservator will make copies of lease available for inspection prior to auction or by appointment (516) 746-8000. Premises will be sold "as is" and "where is." Conservator makes no representations as to permitted uses, quality of improvements, etc. The minimum acceptable bid is \$662,000.00.

Ten (10%) percent cash or certified check will be required upon execution of contract. Sale is subject to approval of Supreme Court. Additional terms and details are available on written request.

Dated: Garden City, New York  
 March 12, 1991  
**STEVEN R. SCHLESINGER**  
 Conservator

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LEON



## Proud Hicksville Welcomes Troops Home

By Richard Evers

Historian Gregory Museum

Broadway was adorned with the national colors and yellow ribbons, a huge Old Glory hung suspended from an arch formed by fire department extension ladder trucks from Levittown and Hicksville, the Memorial Fountain sprayed its geyser against a background of a huge U.S. flag created by large balloons and all southbound Broadway traffic was detoured to clear the way. Sunday, for a "Welcome Home" parade for Long Islanders from the Gulf War, which stretched from the V.F.W. clubhouse north to the John F. Kennedy Memorial.

In the van of an impressive demonstration organized by the Mid-Island Support Group for Operation Desert Shield was a green-clad unit of U.S. Marines, followed by impressive color guards of camouflaged uniform Nassau Vietnam veterans, a crack U.S. Airforce color guard from Westhampton Air Base, and Hicksville's U.S. Navy recruiters and Seabees driving an aircraft carrier fleet.

The star attraction of the parade and the day's Hicksville salute and out-poured affection were the men and women home from the Persian Gulf Campaign, who paraded in field uniforms, acknowledging with broad smiles the crowd's clapping, cheers and salutes.

Veterans of other wars marched to honor their newest comrades: V.F.W. post colors and members from Plainview, East Meadow, Levittown, Bellmore and Oyster Bay, led proudly by Hicksville's William Gouse Post. The flags of Hicksville's Charles Wagner Post 421 of the American Legion streamed past grandly, as they have in so many community high moments over the years. The Jewish War Veterans were represented. And there were Vietnam veterans riding in an army half-track vehicle.

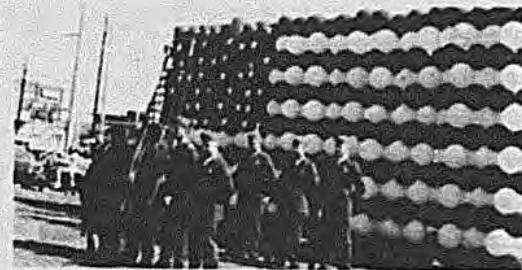
At one point, an Army helicopter added its chopper-blade staccato to the marchers and viewers below.

But the parade had more than old soldiers striding gallantly, as in days of yore. Among the various community organizations parading, some with "supporting our Desert Shield forces" banners and signs, were a large, spirited group of youngsters from the Hicksville Youth Council, the Hicksville Elks Club members, some Boy and Girl Scout units, and lovely lassies from Our Lady of Mercy School twirlers and cheerleaders. Representatives of the Knights of Columbus and the Masonic Lodge of Hicksville were in the procession, along with youths from the Hicksville High School Key Club. Nassau County Sheriff Joseph Jablonski, President of the Hicksville Republican Club, and the Grand Old Party, were in the procession of support for our armed forces. Notable among the political leaders striding in single line were Assemblyman Fred Parola, Town Councilman Tom Clark, and Dennis Dunne, Nassau Director of Veterans' Services.

This Mid-Island Support Group for Operation Desert Shield parade will rank with other memorable expressions of Hicksville's community spirit. It was a marvelous accomplishment by the

VFW's Dennis Ladislaw and his Parade Marshals, Sr. Vice Commander, Vince Edwards, that great photographer, and Post Adjutant George Walden. They moved the parade out, right on time, under sunny skies. Post Commander Vincent Ferrara,

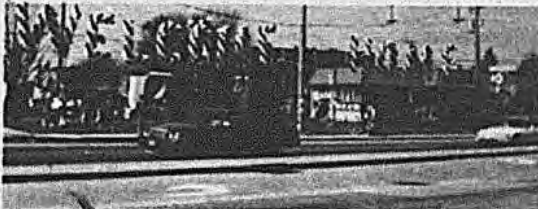
waiting nervously up at the Reviewing Stand, at the John F. Kennedy Park, smiled in relief at 1 o'clock to hear that the parade vanguard, the unit from the 25th Marine Regiment from Garden City, was on Broadway and moving.



The parade vanguard, a unit of the Marines 25th Regiment from Garden City, stand at parade rest in front of the beautiful creation of the Hicksville Balloon Construction Co.



Mr. and Mrs. Parker were among thousands of people out to see the Mid-Island Support Group parade and program.



"Welcome Home" sign: just one of the fabulous balloon and electrical creations decorating the John F. Kennedy Park area by the Balloon Construction Co. and Mr. Electric Company.



U.S. Marine Lt. Colonel Frederick Peterson, a feature speaker, and some of the returned L.I. Persian Gulf War veterans during the Support Program. Also on duty for prayers of Invocation and Benediction were Pastor Theodore Grant, Redeemer Lutheran Church and Rabbi Morton Pomerantz, Chaplain of Vietnam Veterans, Chapter 82, Nassau.



American Legionnaires Ronnie Spies and Dick Evers of Post 421 videotaped the parade and afternoon's celebration for the Gregory Museum and Public Library oral and video community history collections.



Mrs. Frank Pawlowski of North Massapequa at the Mid-Island Support program holding a photo of her son Marine Corporal William C. Johnson, still in the Persian Gulf area.

(Photos by Dick Evers)

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## Library News

The Bethpage Public Library will be presenting Phyllis Ford, songstress, in "From Coward to the Beatles" on Sunday, May 5 at 2 p.m.

The program will be a hands-across-the-sea memory...a variety of songs that give us a nostalgic look at England from the 1920's, including the stage shows of Noel Coward and British musicals, through memories of two world wars and the songs that were sung on both sides of the

Atlantic, to the successes of Brits on Broadway and onto the famous Beatle era with ballads of John Lennon and Paul McCartney. Admission is free, and all are welcome.

♦♦♦♦

A two-part in-depth Landscaping Your Home series will be presented by Forever Perennial at the Bethpage Public Library on May 3 and May 10 from 7:15 to 9:30 p.m. Experience the step-by-step process of landscaping your own particular home site. Learn

how to assess your existing landscape and how to graph your plans, how to pick and place plants by colors, and then how to care for them; how to estimate costs of fencing, walkways and decks. Think Spring! and sign up at the Reference Desk. Admission is free, and all are welcome.

The library is located at 47 Powell Avenue, (phone: 931-3907), two blocks west of Exit #8 on the Seaford-Oyster Bay Expressway, Route # 135.

## AHRC 25th Fashion Show

The Levittown-Hicksville-Wantagh Auxiliary of the Association for the Help of Retarded Children (AHRC) will hold its 25th Annual Fashion Show and Dinner on Wednesday April 24 at The Huntington Town House. Cocktail hour is from 7 to 8 p.m. followed by dinner. Fashions will be by Isle Fashions of East Norwich. Catherine Zurl is chairlady, Terry Goldmann, Sweepstakes, Muriel Haber, Raffles, Nancy Guadagno, Tickets, 433-8529. Drawing is for

"Escape Weekend For Two" at the Marriott Marquis, plus two tickets to a Broadway Show. Tickets are \$32. Proceeds from this affair help provide many services and programs provided by AHRC for Nassau County's mentally retarded.

\*\*\*\*\*  
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## Former Grumman CEO John Bierwirth Is Still Taking Care of Business on Long Island

For 16 years, Jack Bierwirth ran the Grumman Corporation, Long Island's largest employer and a major economic force. In his "retirement" Jack is busier than ever, although every now and then he finds time to fish. He is deeply involved in a cause that is just as important as maintaining Long Island's economic well-being: restoring and preserving our unique environment.

Today Jack is Chairman of the Board of Trustees of the Long Island Chapter of The Nature Conservancy. For 39 years, The Nature Conservancy has been in the business of saving land all over the world — more than 6 million acres in the United States alone. And on Long Island we've protected more than 25,000 acres, including the 19-acre remnant of the Hempstead Plains.

We Long Islanders can still fish for trout; we can still walk in the woods, lie on the beaches, swim in the bays. But make no mistake, the quality of life here is under threat. We urge you to

make it your business to help preserve Long Island's magnificent natural heritage by becoming a member of The Nature Conservancy. For further information, call (516) 367-3225, or write to us at our Long Island Headquarters, 250 Lawrence Hill Road, Cold Spring Harbor, NY 11724.

Please enroll me as a member of The Nature Conservancy. My \$15.00 check is enclosed.

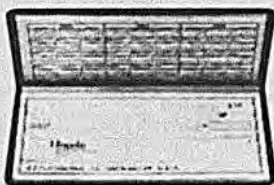
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## Hospital Citation



In recognition of the benefits of eye donations, Mid-Island Hospital, Bethpage was presented with a plaque by the Lions Eye Bank for Long Island. The acute care hospital has agreed to participate with the Eye Bank in their quest to help restore sight to Long Island patients. Mid-Island and the Lions Eye Bank for Long Island has entered into an agreement in order to facilitate the obtainment by particular care and effort of ocular tissue for transplantation, research, and medical education. Present at the plaque presentation were, left to right: Lions International member Ozzie Kosal, Council Chairman, MD. 20 of New York and Bermuda 1989-1990; Mid-Island Head Nurse, Mrs. Ann Noya, R.N.; Robert J. Reed, President of Mid-Island Hospital; Gregory Lubrano, Lions District Governor of N.C. 20K-2; and Lions Deputy District Governor (1987-1988) District 20-K2, Region 4, Max Herszkowitz. The agreement with the Lions Eye Bank is just another way that Mid-Island Hospital cares for the needs of its community.

## Arbor Week Tribute To Veterans

A tribute to veterans and to those who made the supreme sacrifice in the service of their country will be the theme of the Town of Oyster Bay's observance of Arbor Week 1991, April 22 through April 26, according to Town Supervisor Angelo A. Delligatti.

"Throughout Arbor Week," Supervisor Delligatti stated, "trees will be planted at the sites of veterans monuments on Town-maintained property. The trees will serve as living memorials to those who served with distinction both here and abroad as well as to those who gave their last full measure in the service of their country."

The Supervisor noted that in organizing the Arbor Week tribute, research was done on the monuments to try to and locate the individuals or groups responsible for erecting the monuments. Invitations have been sent to as many of the individuals and organizations as could be located, as well as to veterans organizations. He added that residents are also welcome to join in the plantings, each of which will be presided over by a Town official.

Some of the scheduled plantings are as follows:

**Mon., April 22** - John F. Kennedy Memorial Park, Broadway & Jerusalem Ave., Hicksville - 8:30 a.m.

**Mon., April 22** - Plainview-Old Bethpage Community Park, Washington Ave., Plainview - 11 a.m.

**Wed., April 24** - Bethpage Community Park, Stewart & Cherry Avenues, Bethpage - Noon

**Fri., April 26** - Town Hall West, Audrey Avenue, Oyster Bay - 10 a.m.

The Supervisor announced that at the Friday, April 26, ceremony, the Town will be receiving its third "Tree City, USA" award.

"A representative of the N.Y. State Department of Environmental Conservation will be on hand to present the Town with this prestigious award," Supervisor Delligatti stated. "The designation is given each year by the National Arbor Day Foundation to

communities which have developed and implemented aggressive tree preservation and maintenance programs. This national recognition is very gratifying to me, personally, because I have made the care of our community tree resources one of my administration's top priorities.

"Our veterans deserve our greatest respect and admiration," Supervisor Delligatti commented. "It is the Town's hope that planting these trees at veterans monument sites will show them, in some small way, how much we appreciate their service and sacrifice."

For further information about the Arbor Week Tribute to Veterans, please contact Phyllis Barry, Public Information Officer, at 922-5800 ext. 2185.

## Correction

A misprint was made in last week's article regarding the winners in Grades 5 and 6 of the Gregory Museum Science Fair.

The correct winners are:

1st Place - Hillary Weintraub, Willet Ave., "Hydroponic Farming"

2nd Place - Larissa Budinich, Our Lady of Mercy, "The Effect of Acid Rain"

3rd Place - Joanna Welk, Our Lady of Mercy, "Carbon Dioxide"

Honorable Mention - Omar Syed, St. Ignatius, Aby Abraham, Our Lady of Mercy, Debra Sands, Our Lady of Mercy, Stephen Krisel, Our Lady of Mercy.

Participants - Dennis Pettas, Janice Hofer, Neil Foresta, Joseph Herb, Seema Pereira, Sutha Pereira

\*\*\*\*\*  
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Part Two of the Mid Island Times  
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 New Hyde Park Herald Courier,  
 Bethpage Newsgram, Jericho News Journal,  
 The Garden City News  
 and Great Neck News



# Discovery! Magazine

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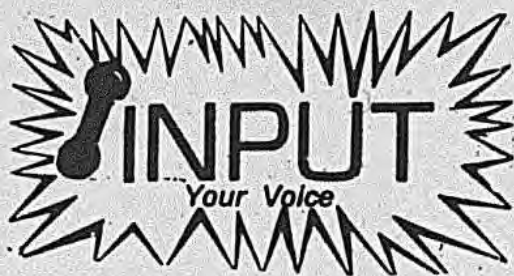


Friday, April 12, 1991

**A Timely Study  
 By The IRS**



SEE PAGE 3



## THE QUESTION OF THE WEEK

Do you think Nancy Reagan's biography will have any lasting effect on history's Assessment of the Reagan years?



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4. Leave your name and telephone, or simply use a pen name (your message can be anonymous)
5. Publishers reserve the right to edit, modify or omit any and all material.

## Input Callers Favor Brady Bill On Weapons

Most callers to Input support the Brady Bill in answer to this question: "Do you support the Brady Bill which calls for a seven day waiting period for hand gun permits?" Here are some of the answers:

### LONG OVERDUE

Yes. A seven day waiting period is not a very long time for someone to have to wait to be checked out to own a lethal weapon. The waiting period makes plenty of sense when you consider how many guns are purchased by people who want to get revenge on someone or who want to commit a crime. Anyone who would object to a seven day waiting period would fear that some reason would be uncovered for not getting the gun. The idea is long overdue. N.H.

### SOMETHING TO HIDE

There definitely should be a seven day waiting period to purchase fire arms. It takes some time to check people out. This time should be used in checking names, addresses and criminal records. The only one who would object to something like that is someone with something to hide. K.H.

### SAVE LIVES

The Brady Bill will probably not stop a great amount of crime because criminals don't often buy guns through legitimate dealers. The undercover or crooked dealers will find ways to get around the law. But I think even with the above in mind the waiting period will at least save a few lives and the bill should be passed. F.V.

### ACTION ON GUN

Once again the gun control crowd is aiming its action on the gun when the real criminals are not going to be stalled by the law. Their whole existence is to violate the law, so why fool people into believing we can pass laws that criminals will follow. It is just another case of massive fooling the people. No one will be safe because we have made new laws. We will be safe by seeing that the police are funded with enough money to put more people on the street. G.S.

### KEEP OUT KOOKS

I think it is a shame that we have waited so long to pass a law requiring the minimum seven day wait. We make people wait a long time before getting a driver's license and the answer is that we at least have kept some kooks off the road. Let's keep some guns away from kooks. L.D.

### STEP FORWARD

A journey of 1000 miles begins with the very first step. The Brady Bill is but the first step in a seemingly endless journey in the proper direction. It won't solve the endless problem of ownership of weapons by criminals, mentally retarded, idiots and fools as well as innocents convinced their control could never be shattered. The bill will not prevent legal buyers from selling guns to any one of their choice. The bill will not stop the sale of rifles, machine guns, hand guns. The bill will not mandate thorough checks on every buyer, still it is a step forward, hopefully. P.E.

### AGAINST NRA

Yes I do support the Brady Bill and considering the crime epidemic throughout our nation it ordinarily would be no problem for Congress to pass this bill except that they are up against the philosophy and lobbying power of the NRA. Unfortunately this very wealthy organization has been able to influence enough of our legislators, that to enact any gun control regulation, no matter how sensible, would eventually lead to laws which would confiscate all arms from hunters and gun sportsmen. While ex-president Reagan who no longer needs the backing of the NRA, has publicly endorsed the Brady Bill, President Bush, a devoted member of the NRA, is still fearful of that organization and refuses to support the bill. C.K.

### INCREASING CRIME

It has been like waiting for the other shoe to drop having lived through those many years of increasing crime with absolutely no corrective reaction from officialdom with respect to the simultaneous increase in hand gun availability. I don't think I can recall a soul who would have disapproved of more effective legislation governing the availability of hand guns. Obviously, the National Rifle Association had done a great job for themselves over the years ever strengthening their position with the politicians in Washington almost to the point where they were absolutely safe from government intervention in their industry. But eventually, no one could ignore the advances being made by the criminal element through the illegal use of firearms - even former President Reagan suddenly backed off from his deeply entrenched position favoring the NRA, a real testimonial to his former aide whose name is most appropriately used in the title of the Bill. Something simply had to be done to stem the tide of illegal usage of hand guns and I believe that our lawmakers have come up with a very clever condition for the Brady Bill which the NRA won't be able to nullify with legal jargon and which should prove to be an excellent starting point toward effective gun control. I certainly do support the Brady Bill with its seven day waiting period for hand gun permits. Hopefully, it might even be the core for more stringent measures. That takes care of the "good guys" - now if we could only think of something to control the supply of guns to the "bad guys"! P.G.S.

### PAST ISSUES

### CIVILIAN REVIEW

I do not believe we need a civilian review board. If we do get a civilian review board each member should have to put in several hours on the after midnight shift patrol car in troubled areas. The Indians have a good expression. "Unless you have walked in the other Indian's moccasins for three days you do not know why he did what he did." I am not a police officer nor is anyone in my family one. I have witnessed police in action and not while giving out tickets. A.G.



# Discovery!

## A Timely Study By The IRS



By Michael Golden

The Internal Revenue Service concluded a couple of years ago a five-year, \$1.9 million study which found that the average taxpayer fills out his Form 1040 in exactly three hours and ten minutes, while spending an additional three hours seven minutes in record keeping and two hours 32 minutes learning about the form. If you're keeping records in order to fill out Schedule F, you've spend a whopping 9 hours and 41 minutes on the task, while Schedule D-1 can be completed in a nifty 13 minutes. All this and more is included for your reading pleasure on page 4 of your 1040 Instruction Booklet. It's nice to know that the IRS was thoughtful enough to include this little diversion with their tax forms, since we all enjoy filling them out about as much as the President loves eating broccoli.

As a follow-up, I've recently concluded my own three-day, \$2.89 study, which reveals that the average taxpayer waits nine weeks, three days, four hours, 23 minutes and 16 seconds to receive his tax refund. The money was spent on telephone calls in the conduct of my survey, and I will let the IRS be forewarned: I am deducting this expenditure on my 1990 return as a business expense (Schedule C, Part II, Line 26: Utilities and Telephone).

Further statistical analysis of my data reveals additional noteworthy information. During his nine plus weeks waiting for a refund, Mr. Average Taxpayer spends four hours seventeen minutes and twelve seconds fretting over whether he remembered to sign his return, 9.7 sleepless nights worrying about getting audited for declaring his new IBM PC as a business expense even though he uses it mainly to play Wheel of Fortune, and 14.9 hours cursing the government for eliminating the sales tax deduction and reducing the amount of interest that can be deducted on loans now that he has bought a brand new Honda hatchback.

So why did it cost the IRS the equivalent of half of Darryl Strawberry's annual salary to complete their study, while mine cost about the same as your basic lunch at McDonad's? Well, I'll admit it: the government study was a bit more thorough and ambitious. The IRS sent 10-page questionnaires to 6,200 individuals and more than 4,000 businesses and tax preparers. We can now rest assured of the accuracy of their contention that the taxpayer who itemizes spends a total of 13 hours and 51 minutes on his return, including licking the stamp and pasting it on the envelope.

The IRS study was conducted as a result of a government regulation that all federal forms have time estimates on them, an implementation of the Paperwork Reduction Act of several years ago. The Paperwork Reduction Act, apparently, is the government's response to the Minimalist movement in art and literature. According to Minimalist theory, less is more. The government evidently takes the flip side of this philosophy: more is less. The more forms there are to fill out, and the more complex the forms are made, the closer we are to fulfilling the requirements of the Paperwork Reduction Act.

But I have complete faith in our government, and I'm sure they will put to good use the data they acquired from their \$1.9 million study. Just to check their figures, though, I'm going to purchase a Rolex watch for \$8,999 (plus tax) to keep accurate time when I prepare my next return. Of course, I plan to deduct this amount on my return (Schedule A, line 25, Miscellaneous Deductions: tax return preparation fee.)

### ABOUT THE AUTHOR

Michael Golden lives in Great Neck and has been a teacher in New York for seventeen years. He is a freelance writer, book critic and sports columnist.

# DINING GUIDE

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## READER RATINGS



Q. While eating in an Indian restaurant I noticed that most of the main dishes were slightly spicy, but the dessert felt cool to the plate. I found the contrast quite delightful and wondered whether it was a coincidence.

A. Probably not. I have no doubt that human beings all over the world appreciate contrast in food just as they do in most other things.

Q. Soon I will be taking some new friends out to dinner for the first time. Would it be wise to select the menu in advance or should I leave the selection up to my guests?

A. I would suggest allowing your friends to choose their own menus. That way you will avoid certain pitfalls such as food dishes or allergies.

But do pick a restaurant where you have recently dined and whose ambience you prefer. That way there will also be no unpleasant surprises as to food or prices.

YOU CAN BE A RESTAURANT CRITIC - If you visit any of the restaurants selected for inclusion in this section - call 931-0027 at any hour and tell your ideas. We want you, the reader, to be our critic. Your message then can be printed in this space.

# DINING GUIDE

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# DINING GUIDE

## READER RATINGS

# DINING GUIDE

PAGE 5A Friday, April 12, 1991 READER RATINGS

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\$5.95 Lunch Smorgasbord Monday thru Friday  
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For gracious dining in all aspects I would heartily recommend La Marmite in Williston Park. The service, under the able guidance of Manuel, is courteous and attentive and the cuisine varied and excellent.

Anyone looking for a place to celebrate a special occasion or just to enjoy a satisfying dining experience would do well to favor this excellent eating establishment.

O.C.

### GUSTATORY DELIGHT

La Cisterna Italian Ristorante on Mineola Boulevard in Mineola has long been one of our favorite restaurants. Last Thursday night we dined there and experienced a gustatory delight with a very special entree, shrimp in a lobster sauce with homemade pasta. As usual the attentive service, the warm welcome by the host Angelo, the friendly ambience all made for a most enjoyable dinner. I heartily recommend this restaurant and am sure your readers will to.

E.H.

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**CAJUN SEAFOOD GUMBO** A hearty mix of Shrimp, Crabmeat and Smoked Sausage, slowly simmered in a rich seafood stock in the Cajun tradition.  
Cup 2.75 Crock 3.95  
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**CAJUN SANDWICH** 6.25  
Fried Chicken Cutlet made with a spicy Cajun seasoning, a touch of Hot Sauce and Melted Monterey Jack Cheese, served on a Garlic Hero with French Fries and Onion Rings.  
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(All Entrees served with your choice of a Cup of Soup of the Day or a fresh Garden Salad)  
**SPICY JAMBALAYA** 7.95  
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**SHRIMP CREOLE** 10.95  
Shrimp, Onions, Celery and Green Peppers, slowly simmered in a spicy Tomato Sauce, served with Rice and Garlic Bread.  
**CHICKEN CREOLE** 8.95  
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Our hearty Gumbo served on a plate with Rice - in case a crock is not enough for you!  
**SHRIMP LORETTA** 10.95  
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## DINING GUIDE

## READER RATINGS

## DINING GUIDE

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The ambience is lovely. The food is so good it is indescribable. All of Carmine's sauces are made from scratch and are nothing like anything you have ever tasted. The sauteed vegetables are also one of my favorite. Baby carrots almondine, broccoli fried in garlic and oil, and asparagus ala Romano. I know because he gave me the recipe. This is something no one has ever done.

Every time we have been there, the food was fresh, especially the seafood. The service is very good and the entertainment is always top notch.

Please print this, so more people can find this homey, beautiful restaurant in Bethpage. Thank you. P.C.

## STEAK LOBSTER

Barrister's in Mineola is a new clean restaurant that always seems to be a nice place to go. We have been there several times and always found that the Barrister took care of us well. On Thursday we had the surf and turf dinner which gives you just enough steak and a half lobster so that you can enjoy the best of two worlds.

In addition to the main entree they have a nice salad bar at the Barrister which allows you to eat as much of that fare as you wish. And the main course is served with potato and vegetable.

We think that a \$10 price for a meal like we had is one of the best buys on L.I. and it is at a nice restaurant to boot. G.R.

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# RESTAURANT GUIDE

PAGE 7A

Friday, April 12, 1991

READER RATINGS

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## READER RATINGS

### CONSISTENTLY GOOD

The John Peel room in the Island Inn is consistently a good restaurant. We have been there a number of times and have always found the food and decor especially enjoyable.

The menu at the John Peel room includes a complete dinner from appetizer through dessert. We had prime ribs there last Thursday and were particularly happy with the large portion of beef along with the fine ambience of this restaurant, the service was attentive and prompt. As usual we had a good night at the John Peel room.

B.R.

### TOP IN DINNERS

The New Hyde Park Inn is a landmark on Jericho Turnpike in New Hyde Park. Most people have been there many times for one banquet or another. Throughout the years it has served as a top catering hall for many affairs.

As a restaurant it is equally good. We went there last week and found that it has a full menu for dinner and that all of the good things that were at banquets can be had in the restaurant. Because it is a festive type place it is a great one to celebrate a birthday as we did. Tell your readers that the New Hyde Park Inn is tops for dinners. We know. We were there.

Y.R.

Q. Why in some restaurants do I have to sit there so long before the waitress gives me the check?

A. Well, the answer to your question is hard to define. It might be simply because the restaurant is so busy that the waitress hasn't time to add up the check. But, at some of the better restaurants, you will never get a check unless you ask for it. In these establishments, they feel that the guests should decide how long they wish to talk or occupy the space after eating and only on rare occasions will they bring a check that has not been solicited and then with apologies.

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Where Our Readers  
Have The Last Word

This newspaper, and the seven other weekly newspapers associated with it, publishes the last word in restaurant guides and a paid listing of many prominent selected restaurants in this area. While many of them have been rated by the press, and near great food connoisseurs, our readers will have the last word through "Reader Ratings."

Through a special 24 hour phone system, readers will be asked to call in their assessment of each restaurant they visit. Consensus ratings (good or bad) will be published as a continuing part of the guide.

In addition they can make suggestions, compliments or criticisms through the open phone line and messages will be sent through to the restaurant management.

**(Guide to Good Dining)**

# DINING GUIDE



Barbara Rader 9/6/82  
Cathy Urbach Pennysaver 9/28/84

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### GOOD LUNCH

Our party of four met at the Orchid Restaurant for lunch last week and thoroughly enjoyed it. We thought the ambience was delightful and the food was great.

The cuisine is Szechuan, Hunan and Cantonese. One word of warning: If you order a dish that has an asterisk, it means that the sauce is hot--so if you wish something a bit milder, please tell the waiter.

Incidentally, the service was most attentive. We were so impressed with our luncheon that we started thinking about our holiday office party and thought it might be a great choice and we would book early. **M M**

Q. If three or four couples dine out and wish to make reservations, in whose name should the reservations be made?

A. It really does not matter. However, it is best to make reservations in one name only in order to avoid confusion. The same person should be responsible for notifying the restaurant if plans should change and the dinner is delayed or cancelled.

Q. If an uncut loaf of bread is served to a couple in a restaurant, who should cut and serve it?

A. It would be gracious for the man to cut several slices from the bread for his woman companion and himself. Then he would offer the bread to her before taking his own portion.

We have lived in this area for a long time, and The Executive Restaurant continues to be one of our favorites. Whether your choice is steak or seafood, you can be assured it will be top quality, and well prepared.

The cuisine is Continental. In particular their Blackboard Specials are diversified. My favorite at the Executive is their Bouillabaisse. I have had this dish at many fine restaurants, and can truly say for my taste it is the best. Just thinking about it makes me want to make a return visit soon. The welcome we receive when we dine there is warm and friendly. The Pavlovich father and son are a great team, we feel we are visiting old friends when we dine there. You will enjoy the caring service as well as the ample parking across the street. **H.P.**



# DINING GUIDE

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## New cookbook offers heart-wise recipes

By Desiree Vivea

Here are some troubling figures from the American Heart Association:

- Forty-six percent of Americans die of heart disease.
- One American dies from a heart attack every 32 seconds.

Heart disease is the No. 1 killer of Americans. But we can do something about it — we can start getting adequate exercise for one thing. And we can eat a healthy, fat-restricted diet high in whole grains and fresh produce, with a moderate level of low-fat proteins. See your doctor before you start on any new program, of course.

One step on the way to a healthy heart is learning to cook right — so look for cookbooks that feature heart-healthy recipes.

Susan Nicholson's recently published "Save Your Heart With Susan: Six Easy Steps to Cooking Delicious Healthy Meals in a Microwave" can help get you going in the right direction.

The first chapter recounts the story of a near tragedy in Nicholson's family. Susan describes how, late one night, she received a phone call from her father. It was bad news: Her only brother Fritz, 47, had had two massive heart attacks and was undergoing open-heart surgery. Nicholson says she vowed that night to aid her brother's recovery in any way she could. That meant teaching him how to eat right for his heart.

Nicholson, a registered dietitian, had just purchased a small microwave shop. "Overnight," she writes, "I went from never having owned or used a microwave to owning 500 of them." She already knew about good nutrition and now, inspired to help her brother regain his health, she learned to adapt and develop healthy recipes for the microwave.

One thing led to another, and she ended up teaching "Save Your Heart With Susan" classes at her own store, at corporate health programs and on nationwide television.

Aside from nutritional information — which foods are heart-smart, how to read labels, how to adapt recipes, etc. — the book contains tips for choosing the microwave that's right for you, tips on microwave utensils, special microwave techniques, how to keep your microwave clean and in good running order.

The "Menus and Recipes" section offers 21 "theme menu" chapters with titles like "Italian Night," "Summer Grill," "Sunday Night Supper," "No-Time-for-Breakfast Breakfast," "Picnic in the Park" and "A Winter Meal."

Recipes include treats like Crab and Rice Romanoff, Black Bean Soup, Sole With Fresh Tomatoes

and Basil Sauce Over Herb Pasta, Georgia Peach Cheesecake and Not-So-Sinful Brownies.

Nicholson appears frequently on CNN's "On the Menu" and on television station WXIA in Atlanta.

The following recipes are from "Save Your Heart With Susan" by Susan Nicholson, R.D./L.D. (William Morrow & Co.)

Recipes in this column are tested in 625- to 700-watt microwave ovens.

### DINNER IN A DISH

- ¾ cup yellow onion, chopped
- ½ pound ground round (or turkey)
- 1 cup elbow macaroni, uncooked
- 1 (15-ounce) can stewed tomatoes, chopped, with liquid
- 1 (8-ounce) can tomato sauce, no salt added
- 1 cup frozen whole-kernel corn, thawed
- 1 teaspoon packed brown sugar
- 1 teaspoon chili powder
- ¼ teaspoon cumin
- 1 cup water
- Salt to taste
- ½ teaspoon pepper
- 1 tablespoon balsamic vinegar
- ¾ cup low-fat cheddar cheese, shredded

Yields 4 servings.

Preparation time: 15 to 20 minutes.

Cooking time: 21½ to 25½ minutes (plus 10 to 12 minutes standing time).

Oven setting: HIGH (100 percent power).

Place onions in microwave-safe colander, set inside 2-quart microwave-safe dish and cover. Microwave 2 to 3 minutes, or until soft.

Add ground meat. Microwave 2½ to 3½ minutes, or until meat is no longer pink, stirring once. Discard grease and liquid that has collected in bottom of pan. Put meat-onion mixture in bottom container.

Add macaroni, tomatoes with liquid, tomato sauce, corn, brown sugar, chili powder, cumin, water, salt and pepper to meat mixture. Mix well and cover. Microwave 17 to 19 minutes. Stir after half the cooking time. Stir in balsamic vinegar. Let stand, covered, 10 to 12 minutes. Stir before serving, then garnish with cheese.

For 1 serving: 133 calories, 9 grams total fat, 3.1 grams saturated fat, 67 grams carbohydrate, 21 grams protein, 354 milligrams sodium, 33 milligrams cholesterol.

## FOR TEENS

By Willard Abraham, Ph.D.

Dr. Abraham: I can't understand how quickly my girlfriend has changed from being a sweet, wonderful person to one who has a terrible temper. It doesn't happen often, but when it does, it is a real explosion. She never acted like that before.

Now I'm wondering which is the "real her" — nice and quiet, or angry and loud.

Is this normal? What do you think has happened to her? She is 15 years old, and so am I. — Cliff, Dubuque, Iowa

Cliff: There could be many reasons for this partial personality change, including a concern about a real or imagined physical problem, conflicts at home, a school problem or a developmental stage she is going through.

She may not be comfortable having you probe too deeply into these or other possible causes, but if there is a hint of what is bringing

on these occasional displays of temper, in her calmer moments you might cautiously try to suggest an outlet or two for handling them.

Sources to consider could include her parents, school counselor or family physician.

One of the teen burdens that is fairly common is the kind of change you've seen in her. If it is a matter of maturing and time, a wise person's comment of years ago may be consoling: "And this, too, shall pass."

Dr. Abraham: A group of friends we've had in high school has had really good times together, but now it's breaking up. Some hard feelings are beginning to develop.

There are five of us in the group, three boys and two girls. I'm one of the guys, and I'm the one who is getting left out. The other four are now two couples, so there is no room for me. Even those two couples aren't so friendly toward each other as they have been.

This is really pretty sad to me. All of them seem ready to call it quits as a group and break up what we've called "The Fancy Five."

We're all seniors this year and will be going to different colleges next fall, so maybe what is happening isn't so serious after all.

I'd like to have your opinion just the same. — Carl, Davenport, Iowa

Carl: It might have seemed less sad if the breakup took place later on, when you'll be attending different schools. Then you might have kept your

friendships for at least the rest of this school year as well as over the summer without the emerging "hard feelings" you mentioned.

Since it is happening now, possibilities available to you seem to be based on firming up friendships with others during the remaining high school months, looking forward to new ones at college, or both. In any case, I hope the loss you now feel will be temporary.

Dr. Abraham: I just don't like to be kissed, and I don't care who knows it. These two girls in one of my classes are upset because I don't want them to kiss me. They just slobber too much.

I don't want to kiss them, either. I like both of them all right, I guess, but why should I have to kiss them?

I'm 13 years old, and I think I'm normal. I have a boyfriend of mine who is sort of normal, too, but he thinks all this kissing stuff is wonderful.

I wonder whether there is something wrong with me or with him. Which one of us do you think is kind of strange? — Donnie, Fargo, N.D.

Donnie: Perhaps neither one of you is. You two boys obviously have different attitudes toward kissing, but both of you certainly could be "normal."

Attitudes on subjects like this can change as one gets older or depending on who the other person is. Wanting to kiss or be kissed by a specific individual probably will come into your life, but it's a matter of timing.

So, Donnie, this could easily be no issue for you to worry about right now. I hope you will be able to relax with that thought in mind.

Dr. Abraham: My girlfriend sure likes to talk. That mouth moves a lot, and sometimes what she says is interesting. So I enjoy being with her. We are both 14 years old.

She likes to use words related to sex and parts of the body, but that bothers me. I haven't told her that because I really like her and want to keep her as a friend.

What should I do? — Kenny, Waco, Texas

Kenny: You might consider telling her that you like her, her friendship is important to you, and you enjoy most of what she talks about except for that one topic.

If she likes you at all and enjoys being with you, she may try to limit such words when you're around and will hang in there.

# Cooking Corner



## Cioppino chefs have an ocean of options

By Robin Kleven

AVILA BEACH, Calif. — Cioppino, the hearty stew packed with fish and seafood, has a history as colorful as its appearance. And a recent cioppino cook-off here proved that the sea is the limit when it comes to ingredients.

Traditionally based on tomatoes, basil, garlic and assorted fresh fish and shellfish, cioppino dates to the beginning of this century, when it is believed to have been created by Italian and Portuguese fishermen in San Francisco.

"It's a fishermen's stew, just a hearty, tomato-based soup with all the fresh fish you can throw into it," said Jim Gannon, executive chef for Scoma's restaurant in San Francisco, where cioppino has been a menu mainstay for 25 years. "It's an old San Francisco dish."

Cioppino (variously described as a sauce, a soup or a stew) was a simple, rib-sticking way for the fishermen to combine standard Mediterranean ingredients such as tomatoes and olive oil with the catch of the day. Several species of rockfish indigenous to the Bay

Area usually were added to the stew, and fresh Dungeness crab was another popular addition.

Sourdough bread generally was served on the side or mixed right into the bowl for added texture and flavor. Today, crusty sourdough bread still is the bread of choice for sopping up the broth.

The name cioppino is said to derive from an Italian word, *ciuppin*, a variety of fish soup. A more fanciful story says the soup was named for hungry people who solicited the fishermen for a free crab or small fish to toss into their stewpots, demanding, "Chip in! Chip in!"

The traditional rockfish and Dungeness crab may be supplemented or replaced by salmon, halibut, shark or any other firm fish. Lobster and large prawns have become popular additions to cioppino, as have New Zealand mussels, several varieties of clam, squid and octopus.

The only common thread shared by most cioppino recipes is the addition of fresh or canned tomatoes to make a rich, reddish base.

Whatever its origins, cioppino is

an ever-popular dish that can be as simple or elaborate as you wish to make it. For eight chefs at the Cioppino Cook-off here, that meant anything goes.

The cook-off, sponsored by the Olde Port Inn restaurant, featured chefs from eight California restaurants, each given carte blanche to create his own version of this West Coast specialty. Avant-garde ingredients included cilantro, white wine, chipotle chilies, creme fraiche and snow peas.

The first-place winner, from Cafe Vallarta in Santa Barbara, had a definite Mexican accent. Restaurant owners Liliana Parra and Justo Gracia said they drew on their Hispanic backgrounds to create their Cioppino de Mariscos.

"We set out to make it different," Gracia said. "We used a lot of Mexican spices like cumin, oregano, rosemary, cayenne ... and of course, a lot of lime."

The result was an eye-pleasing, green-gold soup that packed plenty of fire power. Octopus, New Zealand mussels, halibut and clams were among the treasures to be plucked from the spicy broth.

The lone San Diego entry, from George's at the Cove in La Jolla, won second place.

"I've never made cioppino before. I couldn't believe I placed!" said Scott Meskan, executive chef at George's.

Meskan said he sampled some of the best cioppinos in San Francisco to gain inspiration, but decided he didn't care for the traditional tomato-based stew. "Every cioppino I've seen has tomatoes," he said. "I decided that I might as well do something completely different."

Meskan's innovative entry fea-

tured enormous prawns, sliced seafood sausages and assorted vegetables in an aromatic broth flavored with tarragon, Pinot Blanc wine and creme fraiche. Snow peas and saffron threads provided a colorful garnish.

While unusual cioppinos took the top two places, a more traditional version was awarded third. The Bayside 240 restaurant in Redondo Beach earned raves for its classic red cioppino made with plum tomatoes, red wine, fresh basil and lots of shellfish.

Cioppino has come a long way from its humble origins, but it still can be a hearty, down-to-earth meal. Using fingers to attack the shellfish is encouraged, and you shouldn't be afraid to ask for a bib.

"It can be a little messy," said chef Jim Gannon, "especially if you're wearing a business suit."

While most people enjoy cioppino only in restaurants, it's fairly simple to prepare at home. Fresh or frozen seafood can be used, and it's no problem to substitute one variety of seafood for another. If you don't care for clams, for example, just add more mussels or toss in a handful of shrimp. Fresh lobster is a great addition.

You can make seafood stock at home with fish carcasses purchased from a fish market. Or purchase frozen fish stock concentrate at the supermarket.

Many chefs recommend adding a splash of wine, using the same wine you plan to serve with the meal to help the food and drink complement each other. Tomato-based cioppino marries well with Pinot Noir or with other spicy red wines such as Zinfandel or Petite Sirah.

Continued On PAGE 21A

## After Work Gourmet



By Melanie Barnard  
and Brooke Dojny

With June the most popular wedding month, it follows that April would be a good time to plan a shower before everything gets too hectic. And we think that an April tea party is a perfect way to celebrate spring, even if you don't have a shower on your agenda!

We are thrilled that tea parties are coming back into style, for we have always thought that this lovely English tradition deserves more attention in America.

Because it is not a full meal but more of an afternoon interlude, a tea party can be extremely simple to prepare — making it a wonderful theme for busy cooks.

Though it takes only a little time, it is fun to fuss a bit with the table, going overboard with a lavishly big bunch of pastel tulips in a crystal vase as a centerpiece, using frilly embroidered linens and shining up the silver teapot and serving trays.

We like to brew real tea (no tea bags) for a party, cut up thin slices of lemon studded with whole cloves and offer little lumps of

sugar along with a tiny pitcher of whole milk.

We plan food that is both festive and rather simple. A prettily decorated cake for a bridal or baby shower, or a tray of fancy bakery cookies, tartlets and petits fours for more general occasions, takes care of the sweets table quite nicely.

That leaves us only to make a couple of dainty little savory tea sandwich options, and the following are two of our favorite, easy recipes for a spring tea party.

Prepared chutney flavors the quickly made compound butter, and its sweetness is a perfect foil for the smokiness of the turkey and the sharp bite of watercress.

Lobster is always special, and a delicate salad is the ideal way to stretch this pricey treat to serve many guests.

In both of these recipes fresh herbs are ideal for they can double as the platter decoration, but dried herbs will also taste good, and the platters can be garnished with non-toxic leaves and flowers.

### TIPS

• Most tea sandwiches can be assembled a couple of hours ahead. Keep them fresh by covering with a very lightly dampened linen towel and then wrap well in plastic and refrigerate.

• Substitute crabmeat for the lobster if you wish.

• Watercress is very perishable. To get an extra few days of freshness, refrigerate the whole bunch with stems submerged in a glass of water — like a bouquet.

### SMOKED TURKEY, WATERCRESS AND CHUTNEY TEA SANDWICHES

- 4 tablespoons softened butter
- 2 tablespoons chopped chutney, such as Major Grey's
- ¾ teaspoon lemon juice
- 8 very thin slices whole-wheat bread
- 4 ounces smoked turkey, sliced moderately thin
- 1 bunch watercress

Yields about 15 tea sandwiches. Preparation time: 30 minutes.

In small bowl, thoroughly mix together butter, chutney and lemon juice. (Can make a day ahead and refrigerate. Return to room temperature before using.)

Trim crusts from bread. Spread each slice with about 2 teaspoons chutney butter, then lay a slice of turkey over half the slices, cutting turkey to fit neatly.

Cover with remaining bread slices, then cut sandwiches in quarters, either on diagonal or in straight line. Insert stem of sprig of watercress inside each sandwich, allowing sprig to stick out decoratively. (Can assemble up to 2 hours ahead. Arrange on a platter, cover with lightly dampened toweling, then wrap in plastic and refrigerate.)

When ready to serve, lavishly garnish platter with additional watercress sprigs.

### TARRAGON-LOBSTER SALAD TEA SANDWICHES

- 1 cup cooked lobster meat, finely chopped (see note)
- ¼ cup finely chopped celery
- ¼ cup mayonnaise
- 1 teaspoon lemon juice
- ¾ teaspoon chopped fresh tarragon or ¼ teaspoon dried
- ¼ teaspoon pepper
- 1 slim French bread baguette (about 8 ounces)
- Fresh tarragon sprigs for garnish (optional)

Yields about 20 open-face tea sandwiches.

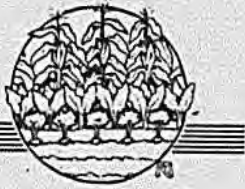
Preparation time: 30 minutes.

In mixing bowl, gently but thoroughly stir together lobster, celery, mayonnaise, lemon juice, tarragon and pepper. (Can be made a day ahead and refrigerated.)

Continued On PAGE 21A



## Backyard Gardener



### What goes into planting mixes

By Patrick Denton

Since many of us will be setting up pots, planters and baskets of flowers, herbs and vegetables this spring, it seems an appropriate time to look at planting mixes, purchased and home-mixed, and what goes into them.

Ready-to-use planting mixes on the market today are based on the original Cornell peat-lite growing blends introduced several decades ago. These are mixtures of sphagnum peat moss together with vermiculite and/or perlite, lime, varying fertilizer components and a wetting agent.

Fertilizer levels will vary according to whether liquid feedings or slow-release fertilizers are to be used by the customer. There are mixes available without nutrients added, for gardeners who prefer total control over fertilizing. The wetting agent allows the mix to absorb water quickly and easily.

It's important always to read planting mix labels carefully, to ensure the purchase of a blend appropriate to the use you have in mind for it. Labels will also indicate how long-lasting the fertilizer charge in a mix is likely to be. Watch for guidelines such as "... contains a nutritional charge which can last up to three plain waterings."

Seeding mixes will contain lower fertilizer levels, to avert the possibility of burning delicate seedling roots. Because the seeds themselves offer an initial storehouse of nutrients, seedlings don't require feeding until they form a set of true leaves characteristic of the plant.

There are several specialty mixes available. Foliage and tropical houseplant mixes will usually contain a base of sphagnum peat moss with additions of perlite for increased aeration and vermiculite for added moisture retention. Mixes for cacti and succulents will have added perlite to provide the rapid drainage and high aeration levels these plants require.

African violet soil will be fast-draining, well-aerated, moisture-retentive blend with a pH adjusted to suit plants preferring a slightly acid soil. Peat moss will predominate, with some perlite and vermiculite added.

Commercial mixes are convenient, sterile, lightweight, and a pleasure to handle. But for general potting and seeding, I still prefer to add some sterilized soil to a peat-based mix to increase its staying power and to lessen the blend's dependence upon follow-up

fertilizing after the initial nutrient charge has dissipated.

It's possible to make a basic planting mix at home and vary it for different purposes. Though not as convenient as using ready-made mixes, this venture is satisfying, and less expensive. Though I use purchased lightweight blends from time to time, for most of my potting and seeding I mix my own basic blend, measuring the ingredients by volume.



## Backyard Gardener

This blend consists of roughly two parts sterilized soil which I purchase, one part sphagnum peat moss, one part vermiculite and one part perlite. To each 2-gallon pailful of the mix add 2 tablespoons each dolomite lime and bone meal.

Once they have developed a full set of true leaves, seedlings grown in this blend are watered weekly with a very weak (quarter-strength or less) solution of a balanced fertilizer such as 20-20-20. Label rates are usually based on monthly feedings. Whenever you are fertilizing more often than that, it's important to dilute the solution accordingly.

This basic blend is easy to alter according to the needs of different plantings.

For example, to adapt the mix for Christmas and orchid cactus plants, which in nature grow in the fast-draining woody debris of crevices and limb crotches of tropical forest trees, omit the vermiculite and add one part fir bark.

For desert cacti and other moisture-sensitive plants such as zonal geraniums, omit the highly water-retentive vermiculite and add more perlite. This blend could also be used for cuttings.

For bulbs, increase the bone meal to 3 tablespoons. For hanging basket fuchsias and tuberous begonias, and for planter boxes, I add one part mushrooms and other processed manure to beef up the blend for a long season of bloom.

## Our Children



### Parent-school partnerships vital

By Willard Abraham, Ph.D.

**Q.** My wife is so involved in our kids' school that I think she is overdoing it. She is a quiet kind of person, but she goes to every parent meeting and sees the children's teachers at least once a month.

She doesn't have a job, so she has plenty of time for all this, but it seems like too much to me.

**What do you think about it?**

**A.** It's refreshing when I receive letters about parents' active concern and involvement in their youngsters' school programs. Parent-school partnerships are essential in contributing to children's education.

It doesn't sound like your wife is argumentative or confrontational, so her visits may be welcomed. If they aren't, she would probably get a hint to cut back on them.

**Q.** My husband and I have had a lot of discussions about family spacing, like how close in age children should be, and what is best for them and us.

We would like your opinion without sharing ours. If we agreed with each other, we probably wouldn't be asking for yours.

**So should they be close or distant, and how far apart?**

**A.** A good case can be built on either having them close together, perhaps two years or so apart (for their companionship and your getting relief from their early years in a relatively short time), or on a space of four or five years (giving you some "breathing time" between diapering, feeding, and nighttime wakefulness involvements).

The negative factors related to both choices are probably obvious to you: Close together (with the intensity of schedules), farther apart (childhoods in the family over a longer period of time).

Because choices on this issue depend so much on parent personalities, health factors and other family considerations, no outsider can be effective in decisions of this type. They are just too personal.

I hope you understand — and choose the route with which you (and your children) will be most happy.

**Q.** When Danny Thomas died a few months ago that really disturbed me because I admired and enjoyed him so much. Because he was so involved with children's health, I have been thinking a lot about him lately.

The reason is that we have a precious young granddaughter who is very sick, and the reports from her doctor are so discouraging. I won't go into detail about her illness, but it is so serious that our son and daughter-in-law are talking about getting a second medical opinion.

What has just occurred to me is that Danny Thomas raised a lot of money for a children's hospital that deals with serious child health problems.

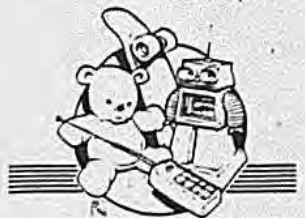
Can you tell me its name and where it is located? Do you know the kinds of illnesses it concentrates on? Thank you for your help. It can be very important to us.

**A.** The name of the institution you are probably thinking of is St. Jude Children's Research Hospital, located at 332 N. Lauderdale, P. O. Box 118, Memphis, TN 38101-0318. Their telephone number is (901) 522-0306.

The research areas they work on include these: acute leukemias, childhood cancers, pediatric AIDS, infectious diseases, bone marrow transplants, blood disorders, hereditary diseases, parent/family case histories.

Whether your granddaughter's problem relates to one of those or some other childhood illness, it may be worthwhile for you to contact this hospital.

But, please, encourage her parents to follow through on that second opinion, obtaining it from a competent medical source.





## Fitness Forum

### Studies aim to crack bone disorder

By Jack Williams

They are hollow, brittle twigs where strong bones used to grow: fractures waiting to happen in the hips, spines and wrists of postmenopausal women.

Until recently, there were gaps in medical science's understanding of how to restore those bones and arrest osteoporosis, a condition that afflicts 40 percent of all women over age 50.

But researchers in San Diego are taking part in long-term nationwide studies that promise to fill in the cracks — the unsolved mysteries of the skeletal system — and revolutionize osteoporosis treatment.

Their weapons: medications that in preliminary studies have been shown to increase bone mass and decrease the rate of fractures.

It's enough to give women such as Cody Orion, a 66-year-old woman with a strong aversion to prescription drugs, a healthy dose of optimism.

Orion, a participant in one of

three San Diego studies addressing osteoporosis, must deal with the discomfort of a small fracture in the lower back and the fear of "popping a rib every time I lean over."

"I'm here because of my incapacity," she said the other day at the San Diego Endocrine and Medical Clinic, where the studies will be conducted under the direction of Dr. Stuart R. Weiss after 80 women between the ages of 45 and 75 are screened and selected.

"I believe in the quality of life," said Orion. "I'm aware of the results of osteoporosis, and I don't want that. I've done my own research on these drugs (the recently developed biphosphonate, MK-217, to be used in the study), and it seems far more benign than estrogen."

Estrogens are female hormones often prescribed for postmenopausal women (20 percent to 25 percent of postmenopausal women

take them, says Weiss). While they can be instrumental in preventing osteoporosis, they also may include side effects such as fluid retention and breast tenderness and may heighten the risk of cancer.

MK-217, the drug Orion will take daily during the study, was developed in Germany in 1984 and tested in Italy. It can be prescribed regularly, rather than cyclically, unlike other drugs in the biphosphonate family.

One of those biphosphonates, etidronate, was shown to enhance bone mass in osteoporotic women by 5 percent over two years in a study conducted at Emory University School of Medicine in Atlanta, according to results published last May in the *New England Journal of Medicine*. Earlier studies in Denmark and San Francisco also underlined the efficacy of the drug.

But etidronate, says Weiss, is to MK-217 "what the Wright brothers were to the Apollo moon mission. MK-217 is five times as potent. You can take it every day (unlike etidronate), and the only side effects are gastric irritation — like some people get from aspirin — in 3 percent to 4 percent of those who take it."

The new drug also addresses bone loss in the hip and wrist. Etidronate, under the brand name Didronel — which is currently on the market — has been found effective only in the spine.

MK-217 and calcitonin are the focal points of the three San Diego studies, which will last from 18 months to three years. They include:

- The use of MK-217 to treat women with documented bone loss from osteoporosis.

- The use of MK-217 to prevent osteoporosis in women entering the postmenopausal phase who are not taking estrogens.

- The use of calcitonin in a nasal spray form for women who have multiple fractures. Previously, calcitonin was administered only by "painful injection," said Weiss. Side effects have included skin rashes and nausea.

"We feel the nasal spray may have more effect on the hip rather than the spine, as well as providing analgesic qualities."

Weiss said the San Diego Endocrine and Medical Clinic is one of 25 centers throughout the nation — and the only one in California — involved in the studies.

The studies are being sponsored by Merck, Sharpe and Dohme of New Jersey and by Sandoz, a Swiss firm.

"Coupled with other modalities — including exercise and calcium supplementation — this is a multifaceted attack that could dramatically reduce the incidence of osteoporosis," said Weiss. "In 15 to 20 years, it could be very uncommon."

Although most patients aren't diagnosed with osteoporosis until they are between the ages of 50 and 70, it has been known to strike women as early as the mid-30s. The younger women are vulnerable because of premature menopause resulting from removal of

the ovaries or abnormal menstrual cycle (which can be caused by anorexia or excessive exercise).

More than half of all women in their 30s and 40s could be suffering from bone damage as a result of undetected disturbances in their menstrual cycles, according to a report last November in the *New England Journal of Medicine*.

Complications, mostly from falls that cause or exacerbate hip fractures, lead to 140,000 deaths annually.

In order to reverse bone loss, it first must be measured. And the best measure of bone mass is considered to be a dual-energy X-ray bone densitometer, a machine Weiss is using to screen all volunteers in his study and monitor their progress.

Called the Lunar DPX, the recently developed machine emits half the amount of radiation over the total body that most chest X-rays deliver to the chest only, according to David Reid, who is in charge of the radiology phase of the studies.

The technology it represents is vital to the research.

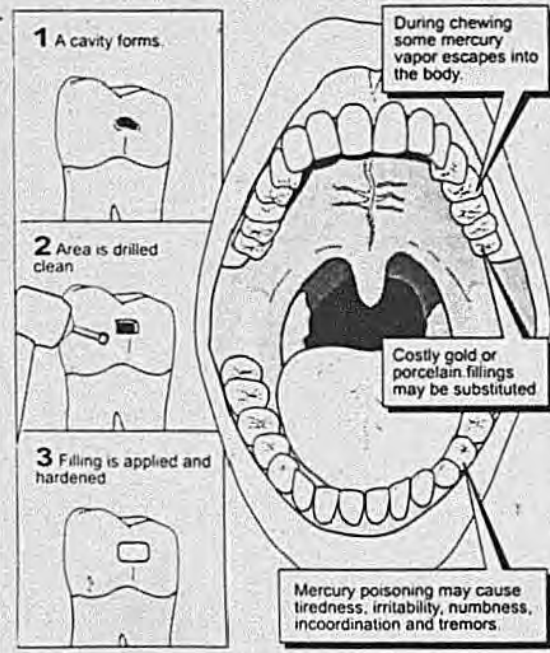
"New knowledge, new medicines and new technologies are coming together just at the right moment," said Weiss.



## DISCOVERY

### Mercury where your mouth is?

Some researchers are concerned that common tooth fillings, which contain about 50 percent mercury, are slowly poisoning some patients. Removal and replacement is the only treatment.



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## THE HEALTHY GOURMET

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## Fake fat yields guilt-free desserts

By Kit Saedaker

Scientists have been working overtime in their labs to manufacture a fake fat so that we can taste butter and cream again without guilt and cholesterol. They looked for a substance that felt buttery-creamy in the mouth, did the things butter does to piecrust or bread and didn't have any cholesterol or calories.

Although no one has found that dream ingredient yet, someone discovered a substance from whey (the liquid left after milk is made into cheese) and egg white that tastes and feels as good as heavy cream without all the fat and cholesterol that cream delivers.

Simplese is what manufacturers call this new product. It can't be heated without coming undone, but it works in an ice cream called Simple Pleasures.

By now this new item is in supermarkets across the country, boasting only 120 calories per 4-ounce serving and less than 1 gram of fat. I find it as satisfying as a luxury ice cream. It comes in chocolate, strawberry, coffee, peach, toffee crunch and rum raisin. Coffee is outstanding.

With numbers and flavor going for it, Simple Pleasures also makes a great base for some interesting desserts that don't break the calories bank.

### EGGLESS NOG

- 1 cup skim milk
- 1 cup egg substitute
- 1 teaspoon vanilla
- 1 pint Simple Pleasures Vanilla

Nutmeg

Yields 6 servings of  $\frac{3}{4}$  cup each. Each serving has about 130 calories, 1 gram fat, 12 milligrams cholesterol and 122 milligrams sodium.

Combine milk, egg substitute, vanilla and Simple Pleasures Vanilla in large blender or food processor. Blend until smooth and serve at once with dash of nutmeg on top.

### RUM RAISIN CAKE

- 1 pint Simple Pleasures Vanilla

- 1 baked angel food cake (13 or 14 ounces)
- 1 pint Simple Pleasures Rum Raisin
- Fresh or frozen and drained raspberries

Yields about 10 servings. Each serving has about 150 calories, 1 gram fat, 12 milligrams cholesterol and 75 milligrams sodium.

Soften Simple Pleasures Vanilla slightly (about 10 minutes at room temperature). Cut thin slice off top of cake and set aside. Carefully remove inside of cake to make cavity. Leave  $\frac{1}{4}$ -inch rim of cake at outside and inside edges and  $\frac{1}{4}$ -inch layer at bottom.

Fill this cavity with Simple Pleasures Rum Raisin, distributing it evenly. Top with cake sliced off top. Frost outside of cake with soft Simple Pleasures Vanilla. Place in freezer until firm. Serve in slices and garnish each slice with raspberries.

### FRUIT CRISPS

- 1 winter pear or Granny Smith apple, peeled, cored and sliced
- 1 tablespoon orange juice
- 2 tablespoons cereal such as rolled oats or puffed wheat, crushed
- 1 gingersnap, crushed to crumbs
- Nutmeg
- 1 or 2 tablespoons Simple Pleasures Vanilla

Yields 1 serving of 270 calories, 2 grams fat, 18 milligrams cholesterol, 115 milligrams sodium.

Arrange fruit slices in microwaveable dish. Sprinkle with orange juice. Cover with plastic wrap, venting one corner. Microwave on high for 2 to 2 $\frac{1}{2}$  minutes. Combine cereal, cookie crumbs and nutmeg. Sprinkle over fruit slices. Top with Simple Pleasures Vanilla.

Alternative: Arrange fruit in baking dish. Sprinkle with orange juice. Combine cereal, cookie crumbs and nutmeg and sprinkle over fruit. Bake in 350 F oven for about 10 to 15 minutes until fruit is tender. Top with Simple Pleasures Vanilla.

## Most adults will experience significant back pain at some time

Although common, most back pain is avoidable.



Eight in 10 adults will experience back pain during their lives.

SOURCE: Woman magazine

## YOUR BODY

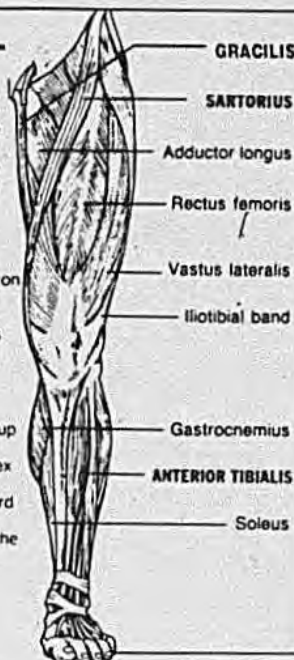
### THE TIBIALIS

**WHAT:** Both the anterior (front) and posterior (back) *tibialis* (tib-bee-AL-iss) muscles are leg muscles, but their main responsibility is to move the feet. They are related to the tibia, or shinbone, which derives its name from the Latin word meaning "tube-like."

**WHERE:** The anterior tibialis lies on the outside of the tibia. The posterior tibialis, the most deeply seated leg muscle, is between the tibia and the other lower leg bone, the fibula.

**FUNCTIONS:** The front tibialis allows you to flex your foot up toward your body, and the back tibialis allows you to flex your foot downward. Both help you turn your feet inward and outward.

The tibialis also helps increase the strength of the ankle joint.



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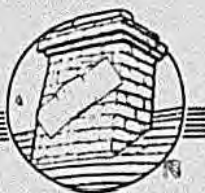
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## Here's How



By Gene Gary

### Existing floor tile may stay

**Q.** Our home is approximately 40 years old. Both the kitchen and family room have asphalt tile floor coverings that were installed when the house was built.

The condition of the flooring is good, but the coloring has faded with time. I find that keeping it looking good with cleaning and waxes is almost impossible.

I would like to have one of the newer vinyl floor coverings installed. Can this be laid directly over the asphalt tile, which is on a concrete slab? I would like to save the expense and mess of removing the existing tile.

**A.** The first recommendations of flooring manufacturers is to remove the existing tile. However, there are exceptions. If the current floor covering is smooth, not textured or embossed, and it is well-bonded, a second floor cover-

ing of felt-backed sheet vinyl can be installed directly over the existing surface in most instances.

The floor must be thoroughly stripped of dirt and wax coatings prior to installation of the new flooring. The bonding of the existing flooring is very important. If it is turning loose in any area or shows signs of deterioration, this will affect the bonding of the new flooring.

Another rule is, never install more than one layer over an existing layer. The same criteria as described above would apply for installing a second layer of flooring over an existing flooring for either wood or concrete structures.

Manufacturers of vinyl floor products would actually prefer that the existing floor covering be removed before installation of the new product. On concrete slabs

this would include reconditioning the surface after removal of the existing tile with a product such as Ardex or Burke TruFlow, which covers residual adhesive and is self leveling for the new flooring installation (this is not a do-it-yourself project.)

When the subflooring is wood, you can install a new underlayment of 1/4-inch plywood over the existing surface and then install the new floor covering. Never install wood over concrete.

In any case, always follow manufacturer recommendations for the specific flooring product. If in doubt, write directly to the flooring manufacturer regarding your particular circumstances and any technical questions you might have.

One word of caution. If your existing flooring is sheet vinyl installed prior to 1984, have it checked for asbestos if you are thinking of removing it. The removal of asbestos requires special handling by experts and is a health hazard if disturbed (if the fibers in the material become air-

borne, which can happen when ripping up an existing floor covering).

**Q.** The concrete walls of my basement leak whenever it rains. Is it possible to correct this problem from the inside with some type of sealer?

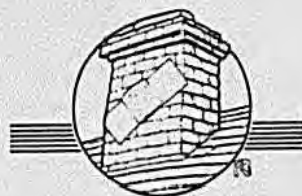
**A.** There are sealers on the mar-

ket that are helpful in combating leaking basement walls.

One such product is Sinak Concrete Sealer, manufactured by the Sinak Corp., 861 6th Ave., Suite 411, San Diego, CA 92101. This product can be applied to the inside walls, and several of our readers have reported that it is very successful.

Another product that gives good results is Thoroseal, available at most home centers and building supply stores.

Both of these products are helpful in stopping leaks. However, they do not treat the source of the problem, which will likely require excavation and the installation of a drainage system around the perimeter of the foundation.



## Decor Score



By Rose Bennett Gilbert

**Q.** My aunt has left us her baby grand piano. No one in the house plays — I hope the children will start lessons in the fall — but, of course, we're glad to have her lovely Baldwin because it brings back such childhood memories.

The trouble is where to put it. It's in the family room right now with the sofa facing it, but the room looks too crowded. — H.S.

**A.** A piano is a major piece of furniture in two respects:

- Its sheer size and dramatic profile command a place of honor in any room.

- A piano is an activity center unto itself. Not only does it demand to be in the center of attention — almost as aggressively as a television set that's playing — but you must also allow ample space around the piano for listeners, leaners and sing-alongers.

The editors of *Home* magazine took a logical approach to arranging a room to accommodate a piano when they planned the family room in this year's New American Home, a show house in Atlanta. The room is not large and it has a fireplace, which naturally serves as the main focal point for the room arrangement.

The editors used the sectional seating arrangement as a "room divider," facing it toward the fireplace so its back is to the section of the room that's dedicated to the

piano. Visually anchored by the sofa table, the arrangement defines the traffic lane and keeps the seating area undisturbed. At the same time, it provides a place of honor for the piano, also a Baldwin.

This is an especially good arrangement in a large room where you really need two activity centers to balance the space, but you can see how it can work in this smaller space, as well.

Another tip worth pointing out: The separate spaces are further demarcated by the floor treatments. The "music room" is left bare, creating a feeling of spaciousness that virtually invites people to gather around the piano, while the "living room" is cozied up with an area rug.

**Q.** My 7-year-old daughter is dying for a room of her own, but our house is so small there's nowhere for her to go, except maybe in the attic. There's a tiny room up there that had been a cedar closet, barely large enough to wedge in her bed. The wall over the place the bed would have to go is slanted, further complicating the problem. What ideas do you have that might make it habitable? — J.C.D.

**A.** Be it ever so tiny, a "room of one's own" is worth the squeeze. Again, we must call on every dec-

orator's best ally: *illusion*.

There is a handful of tricks you can use to stretch the space and make it feel spacious and special. Take advantage of that slanted wall: Cover it in gathered fabric with the ruffle hanging down like a canopy at the top (you could use sheets to match the bed dress).

I'd repeat the same pattern at the windows, but keep the curtains short and sweet — most attic windows are stingy and she'll need all the light she can get.

Next, I'd hang some large and fanciful scenic mural on the side walls. Since they're cedar and you

might not want to cover them, consider a wallpaper mural mounted first on lightweight board and then hung over, not actually on, the cedar siding.

Finally, make the floors white or a light pastel — either wall-to-wall carpet, which has a way of stretching space optically, or wall-to-wall paint, perhaps with a stenciled border or center motif that repeats a design in the wall mural.

It could all turn out so charmingly your little girl may never want to come out of her closet!



**SPACE DIVIDED** — By turning its back to the traffic lane, the sofa divides this family space and gives the piano an area of its own.





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NOW after 2 p.m. phone in your ad 24 hours a day to our special after hours ad number. You can phone your ad 24 hours a day and it will appear in the next issue of the paper (up to the 12 noon deadline for week of publication). If you miss the hours of our regular ad takers at any of the above numbers call 746-0240 and give your ad 24 HOURS A DAY.

### Help Wanted

**BUSY DERMATOLOGY** practice needs energetic medical assistant. Call 747-2230 Mon. thru Fri., 9 to 5:30. wap2

**TELEPHONE SOLICITOR** to work at home. Leads furnished, good compensation, permanent immediate opening. Mr. Morgan, 931-0012.

**PERSONS WANTED TO COVER** meetings in Great Neck, Garden City, New Hyde Park, Williston Park, Syosset, and Bethpage for local weekly newspapers on stipend assignment basis. Call 931-0012 for more information.

**MOTHER'S HELPER** Responsible teenager wanted in my E. Williston home, few days after school & weekend to care for two children, ages 2 & 4. Please call 746-7890. wap2

**COMPETENT SELF STARTING** office systems manager. Must have typing (possibly shorthand) skills, be able to follow systems. Must be reliable, steady no special time off person. Send resume to Litmor Publications, Box K, 81 East Barclay St., Hicksville, N.Y. 11801. htfm

**P/T MATURE DEPENDABLE** babysitter wanted: Must have own transportation. References a must. Flexible hours. 248-5487. ap2

**REAL ESTATE SALES. WELL** established real estate office looking for sales agent. Experience preferred but not necessary. Ask for R. Valentine. Valentine Agency, 746-7200. Wa2

**DAY BABYSITTER WANTED** Steady hours, two to three days a week. 3½ to 1 yr. old children. English a Must - own transportation (Manhasset), 627-9280. ap3

### Help Wanted

**ART LAYOUT PERSON** needed 20 hours per week. Experience helpful but will train someone willing to learn. Must be available Mon. through Wed. 931-0012. Please do not call unless seriously looking to work. htfm

**POSTAL JOBS \$11.41 TO \$14.90** hour. For exam and application information call 1-219-769-6649 ext NY-180 9 a.m. - 9 p.m. 7 days. hm3

**ART LAYOUT PERSON** experienced, 20 hours per week. Looking for someone to work permanent part time only. 931-0012. Immediate opening.

**ASSEMBLERS: EXCELLENT** income, easy work assembling products at home. 7-day 24-hr. service. Info 504-646-1700. Dept. P8595 ha2

**HOUSEKEEPER / BABYSITTER** live in. Five days for 3½ & 1 year old at home. Own room, bath TV. 627-9280. (Manhasset) References & English a must. wap3

**TEACHERS WANTED TO** Tutor: Chemistry, Mathematics, or Social Studies. Call (516) 741-3550. ha2

**DAY BABYSITTER WANTED** in our New Hyde Park home for our 2 year old son. 2-4 days weekly, approximately 7:30 a.m. to 5:30 p.m. Own transportation and fluent English. 294-1994. gcAp4

**MEDICAL RECEPTIONIST/** Secretary. Typing, phones, collections. P/T, F/T neg. salary. Experienced/will train. Call between 9 a.m. & 11 a.m., Mon.-Fri. 248-4661. gcAp2

**HOUSECLEANER AVAILABLE** Experience & references. Garden City and surrounding areas. Call 538-1713 all week. gcAp2

### Help Wanted

**HOUSEKEEPER/BABYSITTER** needed for 3 days, Tues., Wed., Thurs. 12 noon - 5 p.m. One child, driver's license preferred. References required. 485-4979. gcmy1

**ADVERTISING SALES** Opening for energetic person in Great Neck area. 20 hours or more per week. Some experience helpful. Good earning potential based on salary plus. If you are seriously interested in finding long-term employment, please call 931-0012. htfm

**TELEMARKETER - P/T** evenings for mortgage company in Garden City. Need persistent, positive individual with good phone manner. Hourly plus incentives. Call 248-8275. gcAp2

**PLAYFUL 3-MONTH OLD** looking for baby sitter. Approximately 8:30 a.m. - 3:30 p.m., Mon.-Fri., Garden City area. English speaking, experience & references required. 565-3991. gcAp3

**MOTHER'S HELPER** responsible teenager, few days after school and weekends to care for two children, ages 2 and 4. Please call 746-7890. W-AP-2

**P/T CLERICAL - TYPING &** filing. Hours 1 to 5 p.m. Mon. to Fri. Mitchell Field area. Call 745-0800 x 307. wap2

**ESTABLISHED REAL ESTATE** office seeking qualified sales person. Call for interview. Studwell 746-7077. wap2

**THE DAY CARE COUNCIL OF** Nassau County seeks loving care givers wanting to earn money at home, caring for children of working parents. We will support with referrals & resources. 538-1362. wap2

**\$40,000/YR. READ BOOKS &** TV scripts. Fill out simple "like/don't like" form. Easy! Fun, relaxing at home, beach, vacations. Guaranteed paycheck. Free 24 hr. recording 801-379-2925 ext. NY49HE8. hmy1

### Situation Wanted

**COMPANION, COOK, LOCAL** driving and practical nursing by middle age widow, former resident of village of Garden City. Gentlemen or couple preferred. References. Call 10 a.m. - 1 p.m. or 6-9 p.m. 747-5414. gcAp2

**NURSE'S AIDE AVAILABLE** 5 days per week, live out. Experienced. References available. 481-6366. gcAp3

### Situations Wanted

**LIVE IN HOUSECLEANER** available. 864-1533. gcAp3

**EXPERIENCED, MATURE** woman seeks position to take care of sick or elderly or children. Reference if needed. Please call Jackie (516) 783-8373. gcAp4

**DO YOU WANT TO HAVE A** clean house? Call housekeeper Haline after 8 p.m. 538-8918. Experience and references. gcAp4

**MATURE, TRUSTWORTHY** lady with 10 years experience seeks work as nurse's aide or companion for elderly. Day or night duty. Willing to live in for elderly gentleman. 485-2702. gcAp4

**RESPON. HOUSECLEANER** with experience. References Call Jose or Maria anytime at 546-6827. gcAp4

**HOUSECLEANER FOR HOMES** & offices. Experience, own transportation. 486-7944. gcMy1

**CLEANING LADY LOOKING TO** clean house in the morning or afternoon every day. Honest, experienced, have references. Please call 485-9530 in the afternoon. gcMy1

**HOUSECLEANER, HONEST,** reliable, available for day work. Good references. Call (718) 753-9194. gcMy1

**LET US CLEAN YOUR HOUSE** from top to bottom. Reasonable rates. Call Erin 674-0892 & Gina 676-6843. gcAp3

**CLEANING LADY WORKING IN** area, looking for housework for Tuesday morning. Mineola, Williston Park, Albertson, Searlington & Roslyn. Walking distance to Willis Ave. Contact after 6 p.m. - 746-3967. wap3

**EUROPEAN YOUNG WOMAN** is looking for housecleaning. Reliable & very good work. Own transportation. Please call 781-2875. gcAp3

**IRISH GIRLS AVAILABLE** to care for sick & elderly, day or night. Call Helen (718) 962-2830. gcAp2

**HOUSECLEANER AVAILABLE** Morning and afternoon. Own transportation. Experience. 354-7751. gcAp2

**HOME TYPIST AND BOOK-** keeping Services. Experienced, mature & reliable. 486-4451, 486-0257. gcAp2

### Situations Wanted

**WILL BABYSIT YOUR CHILD IN** my New Hyde Park home. Mon. thru Fri. References. Full time. 746-7773. wap2

**HOUSECLEANER/BABY-** sitter available Mon.-Sat. Dependable, reliable service. Own transportation. Reasonable fee. Reference available upon request. Call 379-1055. gcAp3

**HOUSECLEANING AVAILABLE** Experience & references. Garden City & surrounding areas. Call 538-1713 all week. gcAp3

**EXPERIENCED STATE** certified Nurse's Aide will take care of your sick or elderly. Part time days; good references available. 481-1953. gcAp3

**P/T SECRETARY/RECEPTION-** ist available to work 9 a.m. to 2 p.m., Mon. to Fri. Reliable & good worker. References. 565-4132. Wmy1

**MOTHER'S HELPER: IRISH** high school student, live-in. June 10-Aug. 18. Non-driver. Excellent references. Leave message, 378-5619. gcmy1

**BABYSITTING - GARDEN CITY** mother with older children wanting to babysit occasionally. Preferably daytime. Thank you. 248-5896. gcmy1

**EXPERIENCED HOUSEKEEP-** er is looking for day work. Good recommendations. Please call 223-4438. (Rosario) gcmy1

**TWO GARDEN CITY RESPONS-** ible brothers, 11 & 12 willing & able to make money by doing yard work, watching younger children, assisting senior citizens, pet sitting etc. Will work independently or together. Call Ryan & Peter 248-5896. gcmy1

**MOTHER'S HELPER-SUMMER** Live-in Europeans, 18-25, available to care for your children and help with light housekeeping, driving, cooking, etc. Carefully screened. Fees average \$140 a week for a minimum of ten week season. Call Sue at 1-800-727-2437, ext. 6146 or write AIFS, IFC Program, 102 Greenwich Ave., Greenwich, CT 06830. gcAp4

**SUMMER EMPLOYMENT -** College Girl, sophomore, available mid May to late August. Prefers Garden City area. Varied work experience. Resume on request. 741-5466. gcAp4

**RESPONSIBLE, RELIABLE** lady seeks housecleaning job. Reasonable rates. 379-7442. gcAp4



## Situations Wanted

**BRIGHT, HARDWORKING** young lady seeking temporary employment. I can clean out your basement, babysit your child, run your errands or anything in between. Please call Donna, 358-0246. gcAp4

**ELEMENTARY ED. GRADUATE** looking for p/t nanny position in summer. Live in or out. Preferably weekends with weekdays flexible. References available. Call Trisha: 301-532-9059. gcAp4

**NURSE'S AIDE FULLY EXPERIENCED** in hospital, nursing home and private duty, willing to take a long term case. Work hours 11 p.m. - 7 a.m. \$10 an hour. References. 546-2521. gcMyl

**P/T RECEPTIONIST / SECY** available to work any 3 full days except Thursday, Saturday and Sunday. Personable and dependable. 747-0831. wap3

**CHILD CARE AVAILABLE** NYS certified early childhood teacher with master's degree will care for your child in my Mineola home. Enriched environment. Playmates. Certified program. Excellent extensive references. 747-5350. wap4

**HOUSECLEANER AVAILABLE** Monday through Saturday, between 9 a.m. and 2 p.m. For information call 741-0453, ask for Sylvia. gcAp4

**ATTENTION VACATIONERS** would you like to go away and know that your dog or cat is well taken care of? Mature woman who loves animals will give your pet lots of TLC. Fenced in yard. 352-9113. gcjn3

**MY SITTER SEEKS TEMPORARY** child care position. April through mid June. 2 years experience. Kathy 746-5194. gcAp2

**NURSE'S AIDE OR COM-panion** with experience, reference, own transportation. Day or night. 666-0844 or 968-0838. gcAp4

**DAY WORKER AVAILABLE** housecleaning. References, speak English and own transportation. Call anytime. 565-2119. gcAp4

**HOUSECLEANER AVAILABLE** Experience, references and own transportation. Call anytime 876-9751. gcMyl

**HOUSEKEEPER AVAILABLE** on Saturdays to clean, iron, or babysit. Contact Melrose at 365-2628, 7 a.m. - 6 p.m. Monday-Friday, or (718)352-5966 on Sat. and Sun. References available. gcMyl

**HOUSECLEANING/TYPING** Experienced in both. Available Monday to Friday. Own transportation. References. Call 546-5735 after 3 p.m. gcMyl

**HOUSECLEANING, 4 YRS. EXPERIENCE** cleaning houses. References available. Available any day of the week. 483-4717. gcMyl

## Situations Wanted

**BABYSITTING. LOVING** grandparents will take care of your child or children with loving care. Very reasonable. At our home. 294-9613. gcMyl

**CHILDCARE/NANNIES:** Large group of already screened college aged summer nannies now available for family interviews. Applications in hand. Start dates as early as mid-May. The Nanny Connection. 914-248-6184. gcAp2

**N.Y. STATE CERTIFIED** Nurse's Aide seeks employment. Most recently with new borns & elderly. Live out. Call after 6 p.m. 746-5822. Also available for child care. Speaks English & French, has references. Salary neg. gcMyl

**HOUSEKEEPER/BABYSITTER/** Elderly care. Live in or live out; available shopping, cooking, all your needs. A true professional. Reliable & trustworthy. References. 285-6716. gcMyl

**RELIABLE EXPERIENCED** lady seeking nurse's aide position or child care. Live in or out. Excellent references. 538-3357. wmyl

**QUALIFIED CHILD CARE** available to your child in my Williston Park home. Full or part time. References available. 747-6726. wmyl

**WILLISTON PARK MOTHER** available to babysit in my home. Fenced in yard, playground, flexible hours O.K. References. 742-3854. wmyl

**CERTIFIED NURSE'S AIDE** with experience available Fri. & Sun. Will also babysit. Non-smoker. References. Call after 8 p.m. 485-6276. wmyl

**CERTIFIED NURSE'S AIDE** wishes work with sick or elderly. Five days a week, 8 to 4 or 9 to 5. Will do chores. Have car. Checkable references. 484-4321. wmyl

## Real Estate For Sale

**SAG HARBOR-N. HAMPTON** Colony. Charming custom built home overlooking ponds. Walk to beach club and marina. LR/FPL, DR, large kitchen, 4 BRs, 3 1/2 baths. Asking \$375,000. 725-1234. gcAp4

**SEAFOOD WATERFRONT** Starter/retirement/summer home. Totally maintenance free & low taxes. Low \$100's. Mr. Grasso, 775-6035. gcAp4

**SANFORD, MAINE: 2 YEAR** old lakefront Cape. 3 BR, 2 baths, screened porch, skylights, laundry room, 120 ft. on spring fed lake. Located only 20 minutes from coastal resorts of Ogunquit and Kennebunkport. \$139,000. Call owner in Maryland: 301-638-2702. gcAp4

**GARDEN CITY ESTATES** 5 BR Oxford Boulevard Colonial. Price reduction plus owner financing allows mortgage payments of only \$3,000 per month! Owner/Broker 248-2450. gcAp4

## Real Estate For Sale

**GARDEN CITY WESTERN** Fieldstone/brick Cape. 4 BRs, LR/fpl, renovated EIK, FDR, 2 full baths, move-in condition. Many new extras, low taxes. Must see at \$309,000 neg. 326-9294. gcAp3

**3 ACRE WOODED LOT** Picturesque and private, in Southold Township in Laurel. Excellent Mattituck school-system. One mile from bay and one mile from Sound, \$148,000. For details: 298-5041; 298-5065. gcAp4

**CUTCHOGUE/NASSAU POINT** Distress Sale. Spectacular waterfront home. Reduced from \$825K to \$595K. Call owner for details. Days: 692-4404; weekends: 298-5660. gcAp2

**GARDEN CITY TUDOR** Gardens. 1 BR Condo, mod. EIK & bath, A/C, walk to all. Low maintenance with heat \$169. By owner \$170's. 742-8342. gcAp3

**GARDEN CITY DUTCH** Colonial. 3 BRs, 2 new baths, new EIK, large den. Walk RR & downtown. Extras. Principals only. \$359,000. 742-4438. gcMyl

**SOUTHOLD. SECLUDED 3 BR** home on bay. 1.2 acre lot, beautiful views. \$310,000. Madelyn Baker Real Estate 765-2310. gcAp2

**GARDEN CITY ALL NEW 2 BR** Condo. Ideal location. Low maintenance & taxes. \$199,000. Principals. 742-8337. gcMyl

**CUTCHOGUE, 100 FT. CREEK** front. Quality 3 BR, 2 bath Ranch, EIK, LR/fpl, DR, OHW. Motivated seller. \$265,000. Nassau Point. Secluded 1.5 acre, beautiful Dutch Colonial. 3 BRs, 2 baths, LR/fpl \$369,000. Krupski Real Estate 734-5000. gcMyl

**ESTATES COLONIAL NORTH** of Stewart Ave. 4 BRs, 3 baths, LR/fpl, EIK, FDR, den, fin. bsmt., CAC, replacement windows, new vinyl siding, gas heat, 2 car garage. \$415,000. Principals only. 747-2794. gcAp4

**SHELTER ISLAND, HAY** Beach. Buildable lot 1.1 acre, walking distance to Gardiner's Bay Country Club & private association beach \$125,000. Principals only. 747-2794. gcAp4

**GARDEN CITY. BEAUTIFUL 3** story brick CH Colonial. 4 BRs, 3 1/2 baths, LR/fpl, side sun room, DR, new designer kit., den, fin. bsmt., 2 car detached garage. 200 ft. deep park-like plot. Walk to village. Must see. Principals only. \$695,000. 742-7873. gcAp4

**SOUTHOLD. NEW 3000 SQ. FT.,** all brick custom center hall Ranch. Seven rms., three BRs, LR, FDR. Fam. rm. with brick/stone flpl, 23' x 16' kit., cathedral ceilings. Two-zone central A/C. Central Vac. system. 34' x 14' cedar deck, two car garage, full bsmt. One acre plot. Near all beaches. Many extras. By owner \$335,000. 765-2203, 747-1895. wap4

## Real Estate For Sale

**MATTITUCK. LUXURIOUS** privacy is yours in this fabulous custom built suburban dwelling snuggled on 1.5 beautifully wooded acre near L.I. Sound. Offering 4,000 sq. ft. of living space. Drop LR, stone flpl, FDR, cabinet lined kit, large dinette, 5 BRs, den, 3 1/2 baths, jacuzzi, all amenities. CAC, space for Studio apartment, deck, bsmt, double garage. Reduced \$270,000 to \$425,000. Bookmiller Real Estate 722-4423. gcAp2

**GARDEN CITY & VICINITY:** Interest rates down, bargains galore! 100x115 on prestigious Stewart Ave. 5 BR slate roof brick Georgian Colonial, 3 1/2 baths, den/library, palatial windows, flpl, covered patio/porch, 2 car attached. Real beauty. \$650,000. Central Estates: 2/3 rolling acres, 3 BR Center Hall Ranch. 3 baths, country kit., den, cathedral ceiling, library, central air, fin. bsmt., with au-pair suite. \$595,000. Western Section: 3 BR Ranch, 2 baths, skylight kit., LR, flpl, full fin. bsmt., 2 car, 80x100 beautifully landscaped plot. \$350,000. Young 3 BR Split, 2 1/2 baths, updated kit. \$339,000. Two BR Mott Colonial, slate roof, 1 1/2 baths, Florida rm., flpl. \$295,000. Five BR Cape, EIK, dual flpl, skylight, fin. bsmt. \$289,000. 3 BR Colonial, EIK, sunroom, den, flpl, 2 car \$240,000. Garden City South: 3 BR Brick Split, 2 1/2 baths, central air, fin. bsmt., sprinklers, 2 car. \$295,000. Hempstead Cathedral Gardens: Your own Country Club. 5 BR slate roof brick CH Colonial, 3 plus two half baths, den, heated pool, two cabanas, 3 car, seven rm., attached suite. Owner finance. \$475,000. Charming 3 BR Center Hall Colonial, EIK, porch, patio, 75x100, landscaped beauty. \$219,000. Two BR Townhouse. 2 1/2 baths, central air, security. \$154,000 maintenance. \$163,000. Why rent? Can buy with Sonoma 8 1/2% mortgage, studio, new kit., wall to wall carpet. Low maintenance \$329. Elevated building. \$47,000. Country Club Estates: 4 BR Brick turreted slate roof French Tudor, 2 1/2 baths, granite flpl, sunk beamed LR, 70x130 property, 2 car. \$220,000. 3 BR Quaint Colonial, 2 1/2 baths, EIK, master BR/fpl, walk all, 2 car garage. \$180,000. 4 BR Dutch Colonial. 1 1/2 baths, huge EIK, fin. bsmt., new roof, walk all. \$179,000. Elaine J. Nolan 485-7054, 292-9749. wap2

**GARDEN CITY EXPANDED** Ranch on John St. 5 BRs, 3 baths, den, cac, landscaped 1/4 acre. \$575,000. By owner. 741-0451. gcAp3

**GARDEN CITY ESTATES** Brick Center Hall Colonial. 3 BR, 3 baths, LR/fpl, FDR, den bsmt rec. rm, screened porch, attached 2 car garage. \$400's. Owner 248-8425. gcAp4

**WILLISTON PARK/MINEOLA** Blvd. Lots of space. Fourteen (14) rms mint brick professional home. Eight (8) rm. Center Hall Colonial. 4 BR, 3 1/2 baths with six (6) rm. wing. Legal for professional use or ideal for large family. Two (2) car attached garage & CAC. \$439,000. Owner. 873-8741. wmyl

## Real Estate For Sale

**W. HAMPTON BEACH/** Remsenburg. Waterfront Bayviews are enjoyed in 3 BR, 2 bath home. Open living with flpl, wrap around deck, bulk heading & protected dock. Low taxes. Reduced to \$299,000. Owner wants offers. Call 325-8202 or 621-8940 for appointment. gcAp2

**GARDEN CITY MOTT** Center Hall Colonial, 4 BRs, 1 1/2 baths, LR/fpl, DR, new kit., den, plus fam. rm. with cathedral ceiling. Fin. bsmt., 2 car garage, oversized park-like plot. Mint. Principals only. \$475,000. 746-7507. gcAp2

**CUTCHOGUE/NASSAU POINT** vicinity. Prime waterfront summer home, minutes to Peconic Bay waters. New carpeting, some antique furnishings included. Possible owner financing. \$279,000. Also Mattituck acreage available. \$119,000. 584-9126. gcAp4

**CUTCHOGUE/NASSAU POINT** Magnificent waterfront estate on 3 ultra private acres. 6 BRs, 3 1/2 baths, lg. LR/fpl, FDR w/cathedral ceiling. Huge game room, den, kit with pantry, breakfast rm., laundry rm., 2 car garage, 4 patios & gazebo. Spectacular gardens & grounds with panoramic view of Peconic Bay & dazzling sunsets. Principals only. \$950,000. 427-3623. gcAp3

**WILLISTON PARK. FIRST** showing. Herricks Schools. \$184,900. Four (4) BR Cape Cod. Fin. bsmt, oversized garage, oversized plot. Needs TLC. Convenient to all shopping & transportation. Keller Exclusives. 747-0535. wap4

**WILLISTON PARK 3/4 BR** Colonial. FDR, LR, EIK, near all. Herricks S.D. Low taxes. Maintenance free. \$200K. Owner 248-8649. gcAp3

**PARK SECTION MINEOLA** Legal 2 family. 5 1/2 & 4 1/2 rm. apartments. Gas heat, full attic, fin. bsmt. 50 x 100 ft. lot. Low taxes. Reduced \$230's. Call 746-3141. wap2

**BELLEROSE VICINITY** Magnificent side hall Victorian style. 4 BRs on second flr. plus walk up attic, 1 1/2 mod. baths, mod. EIK. We have FDR, TV/music rm., LR/fpl, A/C, EE garage door plus main floor laundry rm. Taxes \$1,100. One of a kind! \$170's. Diligent Realty 718-776-7474. gcAp2

**GARDEN CITY FIRST SHOWING.** Estates Split level. Maintenance free exterior, 3 BRs, 2 baths, new EIK, new windows, beautiful deck with awning. Asking \$389,000. Principals only. 742-4249. gcAp2

**GARDEN CITY, MEADOW ST.** Charming, mint 3 BR, 1-1/2 bath Colonial. LR, FDR, updated EIK, attic, basement, landscaped, fenced in yard, open porch, new roof. Semi attached. Taxes \$1,650. Principals \$168,000. 741-2780. gcAp2



## Real Estate For Sale

**GARDEN CITY ON THE BLVD.**  
Corner house. Large custom Cape. 4 BRs, den, 3 baths, oak floors, designer kit, LR, DR, fin. bsmt., sprinkler system, beautifully landscaped. Principals only. \$265,000. 352-5062 or 751-7113. hap4

**GARDEN CITY: 4 BR RANCH**  
Mother/daughter of professional offices. Country Kit., 2 fpls, all amenities. \$595,000. Principals only. 747-7328. gcap2

**EAST WILLISTON. BRICK**  
Ranch. LR/fpl, DR, large kit, 4 BRs, 1 1/2 baths, patio, den, 2 car garage, fin. bsmt., 90x100. \$299,000 Principals. 742-0912. wap4

**MONTAUK - 2 RM CO-OP**  
One hundred feet from beach. Electric heat/air conditioned. Walk to dining, shopping. Sleeps four. Full kit, cable TV. Must sell. Asking \$39,500. Great Rental History. 724-5572 hm2

**SAG HARBOR/NORTH HAVEN**  
Waterfront, 4 BR, modern contemporary, immaculate. Owner days 496-8866. Weekends 725-2807 or 938-3304. \$389,000 hm2

**SOUTHOLD BY OWNER**  
4/5 BRs, 2 baths, expanded Ranch. Mint condition. New appliances, new roof. Skylights and ceiling fans in 40x13 Great room. Generator, finished basement. 1 block to L.I. Sound beach. Must see. Priced to sell. Call for details. 765-9279. gcap2

**GARDEN CITY ESTATES**  
Elegant, beautifully decorated and renovated Dutch Colonial. Center Hall, 5 Bedrooms, 3 1/2 Baths, Living Room with fireplace with authentic Dutch tiles, formal Dining Room, Sun Room, Finished Basement. Brass light fixtures, Laura Ashley curtains and wallpaper throughout. Hardwood floors, new eat-in-kitchen with cherrywood cabinets and top of the line appliances, two car garage. New furnace and water heater. House surrounded by dozens of azaleas. Excellent location, within half mile from Mineola and Hempstead train lines. Tullamore Park. Home-stead and Stratford Schools just around the corner. By owner. \$495,000. 742-4271. gcap4

**GARDEN CITY SOUTH**  
Legal 2 fam. 2 BRs each apartment, fin. bsmt. with bath, new separate gas heating units. Good investment for \$255,000. Exclusive Schimkus Realty 485-1822. gcap2

**GARDEN CITY: 4 BR RANCH**  
Mother/daughter of professional offices. Country Kit., 2 fpls, all amenities. \$595,000. Principals only. 747-7328. gcap2

**CATSKILLS, DELAWARE CNTY**  
5.1 wooded open acres. Private road, electric, spring/stream, views, deeded pond & park rights, hunting, skiing. 5 minutes to Stamford pool, hospital, tennis, golf, shopping. Owner 9-5 212-385-4028. After 7 p.m. 516-775-2087. Some weekends 607-652-2693. Asking \$17,500. gcmly4

## Real Estate For Sale

**HELGA CROSBY'S BEST BUY!**  
Announcing the birth of Princess Ashley, the daughter of teachers. Now these teachers were really with it in their economics course they taught their classes all about our village. In fact, do you know that Garden City is studied in econ classes all over the world? "Baby Ashley" is now grown up and heeding her parents words, she decided to look for a house in Garden City. What do I show a reigning beauty? "Gold-dust" for one. 3 BR Colonial, privacy, antique elegance \$400's. "Westminster" a new Tudor, loaded, baronial land \$1.5 million & "Cotswold", 3 BR, center hall Colonial for our young highness at \$229,000. Come & choose for your royal needs. Call Helga Frankrich Crosby at Studwell 746-7077 or after 6 p.m. 746-0563. gcap2

**GARDEN CITY ESTATES**  
First showing. Unique side set center hall Colonial. New extra large gourmet kit. LR/fpl, large DR, sun porch. 5 BRs, 2 1/2 baths. Fin. bsmt., deck, excellent location, excellent condition. \$495,000. Principals only. Owner. 747-1838. wap3

**MORE KEUSEY'S EXCLUSIVES**  
At lot for less. 5 BRs, 2 baths, 70x125. Best buy at \$240,000. It's all in your point of view - 5 BRs, 2 full baths, fam. rm. with fpl, mod. EIK, rec. rm. & much more \$289,000. Estates Area Contemp. Move right in & enjoy this 3 BR, 3 bath home. Fam. rm. & rec. rm, bright new kit & new windows. Asks \$389,000. Just listed. Western Tudor, mint, through center hall, large LR & FDR, EIK, 6 BRs, 2 1/2 baths, rec. rm. \$450,000. Prime Ave. location 1/2 plus acre, 4 large BRs, den, CAC, mod. EIK. Offered at \$535,000. On the Boulevard. Stately Colonial. LR/fpl, FDR, den, mod. kit with breakfast rm plus 2 rm office & 1/2 bath on first, Master BR suite & 4 BRs, 3 baths on second. Third floor 2 BRs & 1 bath. Walk to RR & stores. \$675,000. Edwin M. Keusey. 747-1300. gcap2

**SOUTHOLD EXCLUSIVE**  
Expandable 2 BR home on lovely 1/2 acre, attached garage, bsmt, OHW heat & low taxes. Private beach & boating community. Reduced to \$130,000. Southold. New listing. 2 story, 6 BR, 2 bath home (4 new BRs need spackle & paint). Good location near beach & town. Yours for \$195,000. Southold Exclusive. 3 BR Cape in good condition on generous 1/2 acre. EIK, FDR, LR, OHW heat. Good starter home \$129,500. Southold Sound Front. Light & bright, all new 3 BR vacation home. Skylights, deck, low bluff. \$265,000. Nassau Point Exclusive Waterfront. Updated 3 BR, 2 bath home. New kit, skylights, decks, spacious LR/fpl, open views. Deep water boating on 1 plus wooded acre. Won't last! \$360,000. Marion Kling Realty 734-5657. gcap2

**GARDEN CITY VICINITY**  
The Atrium. 1 BR Condo, CAC, washer/dryer, large yard, free indoor parking. Maintenance \$115. Owner anxious \$107,000. 538-8380. gcmly1

## Real Estate For Sale

**HICKSVILLE: 4 BR LEVITT**  
Ranch. New Euro kit & bath. 60x100. Taxes \$2600. 2 zone heating & ceiling fans throughout the house. Asking 165K. Principals only. 735-0793. gtfm

**GARDEN CITY EXPANDED**  
Ranch. 3 BRs, 2 baths (1 brand new), den, DR, on 65x125. \$325K Principals only. 742-8390. gcap2

**GC VICINITY - CATHEDRAL**  
Gardens. Center Hall Colonial, 3 BR - 2 baths up, 1 BR - bath down. LR, DR, EIK, den, Florida room, CAC, underground sprinklers. Principals only 489-1786. ha2

**GARDEN CITY WESTERN**  
Section. Split, vinyl siding, 3/4 BR, den, fin. bsmt., 3 baths, fpl, new EIK, new furnace, sprinkler system. Close to transportation. Principals only. Low \$300's. 354-7285. hap4

**GARDEN CITY WESTERN**  
Section corner Split. 3 BRs, 1 1/2 baths, LR/fpl, DR, Kit, den, bsmt., patio, CAC, 1 car garage. \$325,000 negotiable. 488-4796. gcap4

**GARDEN CITY PRICE REDUCED.** Move-in condition. North East Split, 3 BRs, 2 baths, CAC, aluminum siding, low taxes, patio. \$289,000. 746-7281. gcmly1

**GARDEN CITY. SPACIOUS**  
home on large property. 5 BRs, 3 baths, screened porch, fin. rec. rm. Walk to RR. By appointment. Asking \$315,000. 775-5974. gcmly1

**GARDEN CITY LARGE RANCH**  
Western Section - 4 BRs, 3 baths (1 has steam & jacuzzi) very large den & terrace with awning, 2 car garage. Security & sprinkler systems. European kitchen, finished basement on 90 x 125. \$400's. 488-4431. gcap2

**WILLISTON PARK 3/4 BR**  
Colonial. EIK, full DR. Convenient to all. Low taxes. \$200,000. Principals only. 741-1867. wap3

**TUDOR, EAST WILLISTON**  
large LR/stone fpl, large DR, 3 large BRs, completely renovated from top to bottom. New European kit, park-like grounds. Asking \$375,000. Principals only. 248-0139. gcmly1

**WILLISTON PARK: BRICK/**  
stone Colonial, 3 BRs, 1 1/2 baths, deck, fin. bsmt., EIK, DR, Near all. Move-in condition. Low \$200's. Owner. 248-7742. wa3

**GARDEN CITY. ALL BRICK &**  
stone Western section Cape. 3 BRs, 2 baths, beautiful new EIK. Must be seen at \$359,000. Principals only. 326-8024. gcap2

**NASSAU POINT WATERFRONT**  
This rambling Cape has charm galore. Magnificent bay vistas, dock on large lagoon to bay. Large LR/fpl & master BR/fpl & master bath, EIK, laundry, 4 BRs, 3 1/2 baths, DR, secluded. Short walk to private bay beach. \$680,000. Exclusive. Top Sell Realty 734-6600. gcap2

## Real Estate For Sale

**SOUTHOLD. FIRST OFFERING.**  
Wooded waterfront Contemp. 3 BRs, 2 baths, great rm/fpl, low maintenance. Walk to beach. \$275,000. Southold Waterfront. Salt box, deeded beach rights, 3 BRs, 2 baths, LR/fpl, DR, kit, sun porch, decks \$325,000. Catchogue. Some TLC needed for this 3 BR, 2 bath Ranch. LR/fpl, fam. rm., hard wood floors. Lovely 3/4 acre. Walk to beach & boating. \$169,000. Marilyn Lang Realty 734-6690, 734-6472. gcap2

**GARDEN CITY ESTATES**  
Excellent corner location. 3 BR, 4 bath Split level. LR, DR, large kit, completely fin. bsmt, 2 car attached garage. Mint condition. \$495,000. Principals only. 742-4246. Call evenings after 4 p.m. gcmly1



**GARDEN CITY. LUXURIOUS 1**  
BR, 1 bath Co-op. Asking \$115,000. Owner anxious. Studwell Realty. 746-7077. wap2

**GARDEN CITY - IRS BLUES?**  
Enjoy this spring special. 2 BR Co-op. Maintenance free living on park-like grounds with 81% tax break! Custom kit & many extras. Owner 742-0359. gcap3

**GARDEN CITY CHERRY**  
Valley Co-op. 2 BR, CAC, new EIK, updated bath, second floor. Move-in condition, walk to LIRR. \$136,000. 747-8850 or 747-1771. gcap3

**GARDEN CITY CHERRY**  
Valley Co-op. Second floor, wall to wall carpeting, washer/dryer, renovated kit & bath. Many extras. Court yard location. Priced to sell. 248-6738. gcmly1

**SIX MONTHS FREE MAINTENANCE.** Hamilton Gardens. Magnificent, sunny 1 BR, beautiful oak floors, garage. All new. 212-472-3322. gcmly1

**MINEOLA - HUGE 1 BR 1 1/2**  
baths, terrace, 2 a/c's, new appliances, closets galore, top floor. Near to all \$110,000. Owner 747-8919. gcmly1

**MINEOLA - HORTON HOUSE**  
Studio. Low maintenance, wall to wall, large closets, verticals. Walk to RR. By owner. \$75,000. 747-1943. gcmly1

**ONE OF A KIND CO-OP FOR**  
sale by owner. Completely renovated. 2 BRs, two new baths, new kit, new windows, many extras, mint. Move-in condition. Walk to village & RR. Maintenance 80% deductible. \$179,000. Call for details & appointment. 747-6614. wmyl

**G.C. HAMILTON GARDENS**  
Gorgeous, oversized 1 BR Co-Op. Quiet corner apartment, totally renovated, new Euro style EIK, separate DR, new bath, refinished hardwood floors, California closets. Extra large rooms, heated garage. Close to all. \$125,000. 747-3607. gcap4

## Real Estate For Sale

**MINEOLA-GARDEN PLAZA:**  
1 BR Co-op. Immaculate. Mirror-walled closets & wall, 2 AC's, new wall to wall, verticals, walk RR, 24 hr. security. \$118,000. Owner. 742-7884. hap3

**MINEOLA/GARDEN PLAZA**  
Large, sunny 1 BR Co-op. 24 hr. security. Choice location, renovated, 2 a/c's, wall to wall. Must see. Asking \$115,000. Owner. Neg. 248-8233. gcap3

**DISTRESS SALE! GARDEN**  
City renovated Studio. Owner needs cash immediately. Must sell. Any offer over \$39,900 takes it. Low maintenance. Call Patrick 741-2646 after 7 p.m. gcap3

**GARDEN CITY CO-OP - 2 BR**  
second floor unit. Center of Village. One block to LIRR & all shopping. Refinished floors, new windows. Owner \$143,000. 873-9469, leave message. gcmly1

**CHERRY VALLEY CO-OP - 1 BR,**  
new kit with dishwasher, oak floors, park-like grounds. Walk to RR. Maintenance 81% deductible. Asking \$89,000. 294-8066. gcap4

**GARDEN CITY CHERRY**  
Valley Co-Op. Mint condition. 1 BR first floor. New kit & bath, ceiling fan, wall to wall. Walk to stores, LIRR \$95,000. 294-7889. gcap2

**GARDEN CITY'S BEST 1 BR**  
Co-op. New kit, bath, CAC, etc. New w/w carpet, wash/dryer. Prime for retiree/single/newly. No 1 bedroom is better! Asking \$99,000. Owner 742-3065. gcmly1

**GARDEN CITY/HEMPSTEAD**  
border: Cathedral Gardens. Owner relocated. Sunny, large 1BR, new EIK, all appliances, full bath, wall-to-wall carpet, pleated shades, patio. Available immediately. Principals only. \$85,000 or rent with option to buy, \$850 monthly. 718-343-2423. gcap2

**GARDEN CITY - HAMILTON**  
Gardens. Best location. Walk to everything. Large 1 BR apartment, front to back, quiet top floor, heated garage. No money down. \$97,000. Immediate occupancy. 747-2422. gcap3

**MINEOLA CO-OP GARDEN**  
Plaza. 2 BRs, 2 baths, fully renovated. 60% tax deductible. Quiet top floor, corner apartment with extras. Walk to LIRR \$135,000. Principals only. 746-5646. gcap4

**FREEMONT SOUTHWEST**  
Florida like apartment, waterfront on 3 sides, 3 rooms, 25 foot deck, free dockage, fully equipped. 4 years old. Private entrance. No underlying mortgage. Laundry room, storage. Low taxes. 867-4692. gcap2

**GARDEN CITY/CHERRY**  
Valley Co-Op. 2 BR second floor end unit. Owner relocated. 703-527-1397 - leave message. gcmly2

**CHERRY VALLEY 1 BR,**  
first floor, court yard. High tax savings. \$89,000. Leave message. 747-2403. gcap4



## Real Estate For Sale

**MINEOLA. ONE BR, ONE** bath, terrace, garage. One half year free maintenance. Asking \$90,000. One BR, one bath, garage, low maintenance \$87,500. New exclusive. One BR, one bath. Totally renovated. terrific buy. Key here. \$89,000. For details call Chris (broker), 747-4045 or 746-1563. wap2

**VALLEY STREAM NEAR** Gibson. Spacious 2 BR top corner apt. DR, LR, EIK, new windows, plush wall to wall carpeting, appliances, closets galore, many extras. 1 block to railroad & stores. \$115,000. Call owner 791-1555. hap4

**GARDEN CITY/HEMPSTEAD** border: Cathedral Gardens. Owner relocated. Sunny, large 1BR, new EIK, all appliances, full bath, wall-to-wall carpet, pleated shades, patio. Available immediately. Principals only. New price \$81,000, or rent with option to buy. 718-343-2423. gcap2

**CONVENIENT MIDTOWN** location. E 56 St. N.Y.C. 600 sq. ft. sleeping alcove & Studio. 24 hr. luxury doorman building. CAC. 3 large closets. 5 new windows, sunny parquet floors. \$93,000. 746-5194. gcap3

## Open HOUSE

**3 BR, 1 1/2 BATH, WESTERN** Section. Low taxes, near park & RR. \$310K. Sat. & Sun., April 13 & 14, 2-4 p.m. 12 Colvin Drive, Garden City. gcap2

## Real Estate For Rent

**FLORAL PARK EXCELLENT** residential area. 4 sunny rms. 2 BRs, EIK, new bath, fully decorated. Garage plus parking space. Big storage area, use of yard. Near all transportation & shopping. \$975, no fee. 354-2926. gcap3

**FRANKLIN SQUARE BORDER.** Large Colonial house, 3 floors, 3 BRs, 2 baths, wall to wall carpet, a/c, fin. bsmt., patio. Working adults only. No pets. Rent \$1,000. 437-1595. Leave message. gcap3

**FRANKLIN SQUARE 2 BR** apartment, 2nd floor, dining area, large rms. No pets. \$875 a month plus electric. One month's security & references. 354-5250. gcmyl

**NEW HYDE PARK. 4 BR** Cape. Fin. bsmt. Walk to RR & bus. 2 car garage & beautiful lawn. \$1500 per month. Call evenings 775-5481. gcmyl

**GARDEN CITY & VICINITY.** Immediate - Center of village, Spacious 2 BR, six (6) closets, elevated building. \$1500. Hempstead Cathedral Gardens - 1 BR Garden apt. \$795. Lynbrook: Sunny spacious four (4) rm. apt., a/c, completely furnished, walk all. \$950. West Hempstead: 1 BR, swimming pool, reserved parking, walk RR. \$780. Elaine J. Nolan - 485-7054 - 292-9749. wap2

## Real Estate For Rent

**FLORAL PARK VILLAGE** 2 family, first flr. walk to train, stores. 2 BRs, LR/fpl, sun porch, bsmt. & garage. Immediate occupancy. \$1,025 a month. 378-5612, 741-0337. gcap3

**ELMONT TOP FLOOR APT** 1 BR, LR, EIK, bath, own entrance. Mature business person. No children or pets. \$660 including utilities 437-4456. gcAp3

**GARDEN CITY SOUTH** 5 Room Apartment, main floor, a/c, near all. \$850 per month. No pets. 742-0490. gcAp4

**LEVITTOWN COZY, FURNISH-** ed Studio. Private entrance, private bath, own thermostat, wall to wall carpet, wall to wall closet, Murphy kit combo (stove, sink, refrigerator). Quiet, non-smoking working gentleman preferred. No pets. Utilities included. \$525. Owner 579-4186. gcap3

**WILLISTON AREA - SPACIOUS** airy room. Convenient to all. Private entrance. \$400. 378-3739. gcAp2

**OFFICES FOR RENT** Two Manhasset offices for rent with private, assigned parking spaces, heat & electric included. 2 blocks from LIRR. First floor office \$195; second floor office \$250. Immediate occupancy. Carmel A. Barry - 627-6609. Wtfn

**FRANKLIN SQUARE/GARDEN** City South: Large, Clean studio, non-smoker. No pets. Utilities included. \$475. 292-6113. gcAp4

**MASSAPEQUA-UNFURNISHED** Apartment. Immaculate. LR, EIK, large BR, full bath, plenty of storage, private entrance, second floor. Suitable for one. \$650 all. Please call 798-7903. gcAp4

**WEST HEMPSTEAD GARDEN** apartment. 3 rms., walk to LIRR, shopping. Single person preferred. No pets. \$675, Super 292-9402. gcap2

**CATHEDRAL GARDENS: RENT** with purchase option for qualified buyers. Established co-op complex. Studio, 1 BR & 2 BR apartments from \$690. One third of rent applied to purchase. Located on picturesque Cathedral Ave. Call 486-1942. gcMyl

**GARDEN CITY APARTMENT** for rent. 2 huge sized rms., fpl, private entrance, parking. 747-7328. gcap3

**APT. FOR RENT: MINEOLA. 3** BRs, LR/fpl, W/W carpeting, fin. bsmt., back yard, walk to RR. Reduced to \$1000 per month plus utilities. 746-3141. wap4

**GARDEN CITY SOUTH - 1 BR** full bath, kitchen/LR combo, full walk-in closet, very light and sunny. Furnished or unfurnished. One person \$600, professional preferred. Two people \$700. Utilities included. One month security. 486-4647. gcap2

**SELLING YOUR HOUSE?** We can offer you top exposure in the Display Classified Section of Discovery.

## Real Estate For Rent

**NEWLY RENOVATED SUB-** divided office space. 1200 sq. ft., all carpeted. CAC & heating. Nassau/Queens borderline. Call 292-0484, 486-3433. gcap3

**GARDEN CITY. 2 BR GARDEN** apartment. Newly renovated, beautiful, wall to wall carpet, dishwasher, EIK, new appliances. Available immediately. Near all. \$895 includes heat & hot water. Owner 424-5012. gcmyl

**GARDEN CITY SOUTH. 2 RM** apartment near RR/stores. No pets, references. \$550 per month plus security. 747-3577. gcmyl

**GARDEN CITY - PRIVATE** room for rent. Furnished or unfurnished in private house. Share bathroom, nice room, carpeted, paneled, mirrored. Nice family. Ten minutes from Adelphi. Walk to RR & courts. 741-9740. gcMyl

**APARTMENT, SKYLITE** 2 BRs, Kit/DR, bath. Close to shopping, buses & train. Owner 935-0856. hfn

**GARDEN CITY/HEMPSTEAD** Cathedral Gardens. 2 BR, 1 bath apartment. Newly renovated, mod. EIK, LR, DR, extra closet space. \$950/month with option to buy. 483-2374. gcap3

**GARDEN CITY SOUTH** 1 BR, full bath, kit/LR combo, full walk in closet, very light & sunny. Furnished or unfurnished. One professional male preferred. Utilities included. \$625, one month security. 486-4647. gcap3

**GARDEN CITY FURNISHED** room. Working adult male, non-smoker. Share bath, light kit privileges. \$85 a week. 427-2479. gcap3

**OFFICE SPACE FOR RENT** Mineola/Willis Ave. location. 12 x 12 private rm on second flr. Beautiful location. \$250 per month. Call owner. 746-8023. wap2

**ALBERTSON-LARGE STUDIO** Apt. Full kit, full bath, private entrance, parking. Utilities included. \$600. Call after 2:30 p.m. 747-1895. wap4

**BELLEROSSE NORTH, LARGE 5** room apt., entire main floor of detached 2 family house. 2 BR's, LR, FDR, EIK, bath, garage, use of yard. Child OK. \$950 per month plus utilities. 486-1868 or 248-0753. gcAp2

**FRANKLIN SQUARE - 1 BR** EIK, LR, full bath, washer/dryer, very modern, no pets. \$650 includes all. References & Security. After 4 p.m., on weekdays and all day weekends. 354-4207. gcAp2

**GARDEN CITY ROOM FOR** rent. Nice area. \$85 per week. Female only. Please call evenings. 741-4865. gcap3

**GARDEN CITY/HEMPSTEAD** Cathedral Gardens. Renovated 1 BR, wall to wall, 1 a/c, mint condition. No fees. \$750 owner. 485-9586. gcap3

## Real Estate For Rent

**HOUSE FOR RENT:** Entertain with elegance. Four (4) BR, 2 bath, fpl, fam. rm., EIK, FDR, 2 car garage. Carle Place SD. Executive dream house. Sedecia R.E. 747-0020. wap4

**FURNISHED RM IN PRIVATE** home. Separate entrance, near Hofstra. No cooking. Prefer male professional or sales person. Call 489-3400 Ext. 254 weekdays until 4 p.m. 481-5921 eves & weekends. gcap4

## Vacation Rental

**SOUTHOLD BAYFRONT 100 FT.** private beach, 5 BR Contemp, multi-level, decks, views from May 25 - Sept. 25, \$15,000. 765-9298. gcmyl

**SOUTHAMPTON - 3 HOMES** available. Great locations - village, Bay or Sag Harbor waterfront communities. Very clean and desirable. 3 plus BRs, Fpls, decks. \$1,000 - \$1,500 weekly. Also one for sale. 747-6392. gcMyl

**MONTAUK - SPRING GET-** away Special. 3 days \$150 couple, 2 RM suite, heat, full kit. Sleeps four. Walks, dining, shopping. Hundred feet to beach. Immaculate. Call 724-5572. hm2

**SOUTHAMPTON - BEAUTIFUL** young contemporary on 2 wooded acres, 5 minutes walk to private Peconic Bay beach. 3 large BR's with separate Master Suite, modern Euro-kitchen, huge cathedral LR, DR, 2 1/2 baths, patio, alarmed, cable ready, all amenities. Season \$9,800. July or August \$3,900 plus securities and utilities 746-4314. gcAp2

**SUMMER RENTAL HAMPTON** Bays. Beautiful mod. Ranch, fully furnished, excellent condition. 3 BRs, 2 baths, heated pool & jacuzzi, secluded area, water rights. Five minutes from Ocean beaches & marinas. 914-946-9438 hap4

**SANIBEL ISLAND, FLORIDA** Lush tropical setting, virtually unspoiled, southern Florida Gulf coast. **Sundial Beach & Tennis Resort** selected by Better Homes & Gardens as one of the top resorts in the USA. 2000 ft. beach, 5 pools, jacuzzi, 13 soft/hard court tennis, golf, boat/bike rentals, supervised children's activities available, award winning chef & gourmet restaurants, superb shopping, world famous shelling, only 35 min. to Ft. Myers airport. Complete resort right on the Gulf. Recent multimillion dollar beautification program. One or two BR Condos with full kitchens. Rent daily, weekly, etc. Reasonable. (516) 746-2211, (516) 326-7711. gcjn3

**HILTON ISLAND, SOUTH** Carolina. Ocean view apartment on beautiful beach. Large pool, tennis, restaurant, lounge & convenient store on premises. Golf nearby, excellent accommodations at discounted rates. Owner 742-4485. gcap2

## Vacation Rental

**CHARLESTON, S.C. QUIET** island, miles of beaches, front beach homes & villas. Daily & weekly. 1-800-476-0400. gcap4

**CAMELRACK, PA. HOME - 3** state views from 1,750 ft. Best location on mountain. Ski on, ski off. 100% snow making & night skiing, sleeps 8 with private baths. Wood stove, loft, skylight, club house, pool, indoor tennis. Reasonable rent. 747-7019. gcap4

**HAMPTONS/SAG HARBOR** 3 BR, 2 baths, fpl, in-ground pool, 2 decks on hilltop. Private, on 1/2 acre. Memorial Day to Labor Day, asking \$10,000. 746-5573 gcAp4

**HAMPTON BAYS - 3 BRs,** 1 1/2 baths Contemp. Lighted IGP, cedar decks plus 17x27 cedar deck for sun bathing. Skylights, front deck, covered back, patio for barbeque. Close to beach on cul de sac. Adults preferred, no groups, no pets. Call owner & save. Available Memorial Day - Labor Day week. \$12,000. 579-4186 or 728-3172. gcap3

**JAMESPORT. BEAUTIFUL 3 BR** Cottage. 110 ft. from private Peconic Bay beach. 2 porches. Rent weekly in July. Call 742-2569. gcap3

**POCONOS - 3 BR RANCH IN** lake community. Swimming, tennis & vacation activities. House spotless, washer/dryer, microwave, 2 decks, fpl. Walk to lake, horseback riding, quality restaurants & shops nearby. \$350 a week. 379-8447. gcap3

**NASSAU POINT/CUTCHOGUE** 4 BR home overlooking water. Every mod. facility. Deep water boat dock, own beach & hot & cold outdoor shower. Available July only. Call evenings & weekends 746-2151. gcap3

**MT. SNOW/HAYSTACK** Large fully equipped 4 BRs plus loft, 2 1/2 baths w/color TV, VCR, microwave. Weekly/monthly. Beautiful views, privacy. Near golf, tennis & lakes. 466-6120. gcjn3

**GREENPORT ON BAY!** Sterling Cove. Sunny, cheerful 2 BR, 2 bath Condo, sleeps 6. Large deck, piano, all amenities. Pool, beach, courts, boat slip is needed. July - Labor Day \$7,200. 477-2642. gcap3

## Real Estate Wanted

**GARDEN CITY RESIDENT** desires small house, 2/3 bedrooms. Up to \$200,000. 481-2037. gcAp2

**GARDEN CITY FAMILY** desires Estates Colonial, Tudor, Victorian north of Stewart Ave. with at least 4 BRs, 2 1/2 baths & fam. rm., or den to \$375,000. Principals only. Call evenings 354-0544. gcap4

**LIFETIME WILLISTON PARK** resident (Volunteer Fireman) interested in purchasing house in Williston Park-Hericks School District. Principals only. 746-4912. W-Ap-2



**Real Estate Wanted**

**QUALIFIED BUYER SEEKS A 3** BR home, Mineola schools. Principals only. Please call 747-8570 after 5 p.m. or all day Sat. & Sun. wmyl

**GARDEN CITY RESIDENT** employed lady seeks furnished room in Garden City. Kit privileges. Walking distance #40 &/or #15 bus line & 7th St. stores. Call 222-7432. gcmyl

**NEWLY ENGAGED PRO-** fessional couple looking for a starter home in Garden City \$200K. Principals only please. John (718)229-2707. gcAp4

**1 OR 2 CAR GARAGE FOR** antique car. Piccadilly Rd., Baker Hill Rd., Middle Neck Rd. area preferred, but other Great Neck areas considered. 829-4369. ha3

**YOUNG GARDEN CITY FAMILY** looking to rent home in village. May 1 occupancy. Principals only. Please call 358-2128. gcAp3

**GARAGE WANTED: ADELPHI** University Dean wishes to rent garage space in Central or Estates Section of Garden City. Call 877-4341 weekdays. hap4

**GARDEN CITY RESIDENT** looking to buy 1 family house in Garden City South under \$200,000. Prefer dealing with owner direct. 747-7485. gcAp4

**PROFESSIONAL GARDEN CITY** couple plus 2 daughters 18 & 21 seek house rental approximately \$1200 per month. Large rms., move in condition. Please call & leave message. 326-8479. gcAp4

**RESPONSIBLE, PRIVATE, NON-** smoker, single male, F/T office worker, P/T student seeks a clean quiet spacious room with use of kitchen, laundry. Days 683-5111; eves & weekends 794-7139. gcAp4

**Car For Sale**

**88 CAMARO Z28, 5 SPEED** showroom perfect. Too much to list. Best offer over \$8,000 takes it. 248-6683. ha2

**1983 BROWN TOYOTA** Corolla. Runs good, high mileage. Two door, AM/FM stereo. Must see. \$1,100. 746-2905. gcAp3

**TWO CLASSIC CARS: 1964** Lincoln Continental. In storage for 12 years. \$3,000 recently spent mechanically. Excellent condition. \$5,000. Also, 1968 Cadillac Fleetwood, always maintained. \$2,500. Both original owners. Estate Sale. (516)759-4444. gcMy1

**1990 1/2 VOLVO 240 DL WAGON** Loaded, roof rack, 7,000 miles. 5 year warranty. Showroom condition. Must sell due to illness. \$17,500. 326-2426. gcMy1

**CHEAP! FBI U.S. SEIZED. 84** VW \$50, 87 Mercedes \$200, 85 Mercedes \$100, 65 Mustang \$50. Choose from thousands starting \$25. Free 24 hour recording reveals details 801-379-2929 ext. NY49HJC U.S. Hotline copyright. hmyl

**Car For Sale**

**PORSCHE 944 - 1985 1/2** Champagne with beige leather interior, sun roof, a/c, alarm, Blaupunkt AM/FM cassette. All highway miles 69K. \$9,650. 742-5139. gcmyl

**1986 OLDSMOBILE CUTLASS** Ciera. 2 dr. original owner. Very low mileage. PS, PB, PW, PL, A/C, AM/FM stereo. Metallic grey/grey velour interior. Excellent condition. \$4,000. 747-3604. gcmyl

**1981 LINCOLN MARK VI** Cartier. Good condition, new tires, new brakes, moon roof. \$1,500. 741-1365. gcmyl

**1987 MERCEDES 300 E.** 17,000 miles. Grey in & out. Original owner. Loaded, 2 new tires. \$25,990. 352-5508. gcmyl

**1979 CHEVY MALIBU CLASSIC** 4 dr., exceptionally clean in & out. 50,000 original miles. \$1,250. 746-4680. gcmyl

**1986 FLEETWOOD CADILLAC** 4 door, 8 cylinder, 37,000 miles, black exterior. Fully loaded. Original owner. 746-0680. gcAp3

**1985 BUICK SKYHAWK** Excellent condition. AC/PS/PB/AM-FM. Asking \$2500. 248-6529. wAp3

**1983 DODGE ARIES STATION** wagon. Excellent condition. \$2000. 747-8591. wAp3

**1982 TOYOTA SUPRA, AUTO-** matic, L type. 746-0561. ha3

**'89 CHEVY G-20 CARGO VAN** Extremely clean, 41,000 miles in warranty. \$6,800. Will negotiate. Must sell. 742-0933. gcAp3

**1988 DODGE DAYTONA** Red, automatic, ps, pb, power mirrors, tilt wheel, a/c, rear window louvers. Original owner. \$4300 neg. 742-8281. gcAp3

**1984 DODGE COLT VISTA** 7 passenger mini van wagon. P/S, P/B, A/C, AM/FM stereo, automatic, roof rack. Excellent mechanical condition. \$2,575. 747-7770. gcAp3

**1989 CHEVY CAVALIER** Excellent condition. Manufacturer warranty. A/C, Pb, PS, AM/FM, new tires, 4 door. \$4,950 firm. 747-0537. gcAp4

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**1976 PLYMOUTH FURY** runs & looks good. High mileage. \$200. 437-3891. W-Ap4

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Wendal Baby Grand piano and  
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\$1,350. 1930's heavy wrought  
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American Health Company.  
Electric control. New-excellent  
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Mahogany mink. Retail \$6000.  
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hardly used. \$195. Travel Playpen  
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**COMPUTER/TANDY 1000 TL/2**  
IBM 286 based PC 640K main  
memory 20 meg hard drive. 3 1/4 &  
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mouse, software, games, extras.  
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equipment w/leg machine &  
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**HARDLY USED 10 YR OLD**  
wood burning stove. Asking \$500.  
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**ETHAN ALLEN BUFFET &**  
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Call 747-8948 after 5 p.m. gcAp4

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antiques, new recliner & high  
rider. 51 Primrose Ave., Floral  
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set, Queen size. Set includes  
headboard, armoire, triple dresser,  
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Sectional sofa bed. Excellent  
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Island, miles of beaches, front  
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**PIANO EBONY KAWAI**  
Console. Excellent Condition.  
Original owner. Asking \$1,450.  
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**COMPLETE GIRL'S BEDROOM**  
off white, hand painted  
767-2796 after 7:30 p.m. gcAp

## For Sale

**SOLO FLEX MACHINE**  
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\$850 neg. 997-7494. gcAp4

**ATTENTION MOTHER OF THE**  
bride or groom. Worn "only  
once" designer gowns, dresses  
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Alterations available. 378-4436.  
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with 1541 disc drive, printer,  
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7" baby Grand. Great sound.  
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potential. Central Suffolk loca-  
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Open the door. Have you been  
waiting for your ship to come in?  
Join me in America's hottest  
company where your caring  
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own success happen! Call now to  
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**OLD GUNS, SWORDS,**  
Binoculars, old knives, bamboo  
fly rods. Call 825-0979 or  
354-1943. hAp4

**ANY TYPE ANTIQUE**  
Victorian or other furniture  
wanted. Also cut glass, silver,  
jewelry, paintings, bronzes, dolls,  
frames, clocks, rugs, linens,  
trunks, china, lamps. Will call for  
any time, any place. Call Kay &  
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gcmY1

**OLD BASEBALL CARDS, PRIOR**  
to 1980. I will pay top dollar for  
your old cards. Call 742-5972 &  
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**EXPERIENCED PIANO**  
instructor for all ages, beginning  
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Adult & senior citizens welcome.  
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instruction in your own home.  
Certified career High School  
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SAT experience. 423-1967, day or  
eve. htfn

**MUSICSTUDIO - RITA & JANET**  
Lucy - Piano, Violin, Viola.  
Emphasis on theory and har-  
mony. Every student excels. Four  
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Thirty years in Garden City.  
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tutoring: Microsoft Word, Word  
Perfect 5.0 and 5.1, Lotus 1-2-3,  
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maintenance. Quick results. Call  
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**ACTING/DRAMA COACH:**  
Private coaching by professional  
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blues, fingerpicking, ragtime.  
328-9077. gcAp2

**DRUM LESSONS FOR**  
beginners, intermediate drum-  
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Call after 4:00 p.m. 741-3649.  
wap2

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**EASTER BABBITS. DWARF,**  
beautiful selection. All ages.  
Reasonable. Call 935-0856. hfn

## Lost & Found

**LOST GOLD COIN PENDANT**  
and chain. Friday, March 15,  
possibly Stewart School or  
Seventh Street. Of great senti-  
mental value. Reward. 747-4383.  
gcAp2

**LOST - WEDNESDAY,**  
March 20 - a plain white envelope  
with no writing on it. Cash inside.  
Lost perhaps in vicinity of Bank  
of New York or Garden City some  
place. Reward. 741-2417. gcAp3

## Entertainment

**HAVING A PARTY? LIVE ONE**  
man band or more for less.  
Unique, experienced professional  
musical artist to orchestrate your  
affair. Music from 1940's - 90's.  
All styles. David Heckendorn.  
718-846-5977. gcAp4

## Fairs

**ST. MARY/ST. PAUL SCHOOL**  
29th Antiques Show at 295  
Stewart Ave., Garden City.  
Friday, April 26, 7 - 10 p.m.; Sat.,  
April 27, noon - 9 p.m.; Sunday,  
April 28, noon - 6 p.m. Admission  
\$4. gcAp4

## Garage/Tag Sale

**FAMILY MOVING AFTER 15**  
years. Clothes, baby items,  
furniture, beds, motorcycle, toys,  
glassware, old magazines, books  
and records. Something for  
everyone. April 12 and April 13, 9  
a.m. to 6 p.m. 103 Garden St. (off  
Clinton Rd.) Garden City. WAp2

**GARAGE SALE APRIL 12 & 13**  
9-4, 265 Belmont Ave., West  
Hempstead (Hempstead Tpke to  
Mayfair on to Broadway, corner  
Broadway & Belmont) gcAp2

**FAMILY MOVING AFTER 15**  
years. Clothes, baby items,  
furniture, beds, motorcycle, toys,  
glassware, old magazines, books  
and records. Something for  
everyone. April 13, 10 a.m. to 5  
p.m., 103 Garden St. (off Clinton  
Rd.) Garden City. WAp2

**MOVED FROM A LARGE**  
home to a smaller home. Selling  
many items including blue  
secretary, wing chair, low boy,  
accent chairs, pictures, custom  
border area rug - blue, 12x20,  
plus many other treasures. Sat.,  
Apr. 13, 10-5. 200 Weyford  
Terrace, Garden City. gcAp2

**MOVING, FURNITURE,**  
china, bric-a-brac, tools. 21 yrs.  
accumulation. 104 Weeks Rd., E.  
Williston. Sat., Apr. 27. Rain date  
Sat., May 4. wap3

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**HOLY SPIRIT YOU WHO SOLVE**  
all problems, who light all roads,  
so that I can obtain my goals. You  
who give me the divine gift to  
forgive and forget all evils against  
me and that in all instances of my  
life you are with me. I want in this  
short prayer to thank you for all  
things and to confirm once again  
that I never want to be separated  
from you ever in spite of all  
material illusions. I wish to be  
with you in eternal glory. Thank  
you for your mercy towards me  
and mine. Say for 3 consecutive  
days after which the favor  
requested will be granted even if  
it appears difficult. This prayer  
must be published immediatly.  
Thank you Holy spirit. gcAp2

**NOVENA TO ST. JUDE**  
Oh Holy St. Jude, Apostle and  
Martyr, great in virtue and rich in  
miracles, near kinsman of Jesus  
Christ, faithful and intercessor of  
all who invoke your special  
patronage in time of need, to you  
I have recourse from the depths of  
my heart and humbly beg to  
whom God has given such great  
power to come to my assistance.  
Help me in my present and  
urgent petition. In return I  
promise to make your name  
known and cause you to be  
invoked St. Jude, pray for us  
all who invoke your aid. Amen. Say 3  
Our Fathers, 3 Hail Marys, 3  
Glorias. Publication must be  
promised. This novena has never  
been known to fail. Thank you for  
answering my prayers. gcAp2

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What could be better than a great  
meal (at a great price!) Shared  
with that special friend?

**The**

**DINING GUIDE**

In the Discovery Section of this Newspaper





## Cooking Corner

Continued From PAGE 10A

If you make a white cioppino such as the one prepared by Scott Meskan, serve a white wine. At the cook-off, Meskan matched his elegant cioppino with a superb Pinot Blanc from Chalone for an excellent wine-food match.

Above all, don't forget the sour-dough bread. You'll want to mop up every drop of your cioppino, and the old San Francisco fishermen would approve.

### CIOPPINO WITH SHRIMP AND SEAFOOD SAUSAGE

**Court Bouillon:**  
2 cups dry white wine  
2 cups water  
2 carrots, washed and cut into 1-inch pieces  
1 medium onion, peeled and quartered  
1 rib celery, washed and cut into 1-inch slices  
1 clove garlic  
1 bouquet garni (1 bay leaf, 1 sprig each thyme and parsley)  
1 tablespoon coarse sea salt  
**Broth:**  
¼ cup olive oil  
3 shallots, finely chopped  
1 clove garlic, finely chopped  
4 teaspoons tomato paste  
1 teaspoon fresh thyme, pulverized in spice grinder (or mini chopper)  
1 bay leaf, pulverized in spice grinder  
5 to 6 black peppercorns, crushed  
4 tablespoons unsalted butter cut into small pieces  
2 tablespoons creme fraiche  
1 tablespoon chopped tarragon  
1 tablespoon chopped basil  
1 tablespoon finely chopped chives  
Pinch of thread saffron  
Salt and freshly ground pepper  
**Mussels and vegetables:**  
1 pound mussels, scrubbed clean  
4 small, red-skinned potatoes (about ¾ pound)  
1 medium zucchini  
1 rib celery  
¼ medium eggplant  
1 tomato  
½ to 1 cup olive oil  
12 lightly steamed snow peas for garnish (optional)  
Several saffron threads for garnish (optional)  
4 extra large raw shrimp, peeled and deveined  
4 or 5 seafood sausage (recipe follows)

Yields 4 servings.

**Prepare court bouillon:** In large pot, combine wine and 2 cups water. Add vegetables and seasonings. Bring to boil and simmer over medium heat for 30 minutes. Strain through fine-mesh sieve;

discard solids. Set clear bouillon aside.

**Prepare broth:** Heat oil in large saucepan over low heat. Add shallots and garlic and cook until soft, about 5 minutes. Add tomato paste. Pour in 2 cups of reserved court bouillon. Stir in ground thyme and bay leaf and crushed peppercorns. Bring to boil over high heat. Boil for 10 minutes.

Whisk in pieces of butter, one by one. Stir in creme fraiche. Add fresh herbs and saffron. Season with salt and pepper. Add more creme fraiche if thinner broth is desired. Keep warm.

**Prepare seafood and vegetables:** Place mussels in large non-reactive pot with 1 cup of reserved court bouillon. (Add water, if necessary, to completely cover bottom of pot.) Cook, covered, over medium-high heat until mussels open, about 10 minutes. Remove mussels to bowl with slotted spoon. Keep warm. In same pan, slowly poach shrimp and sausages for about 4 minutes, until shrimp lose translucency. Poach slowly (over low heat) so sausages do not explode. Drain and slice sausages about ½-inch thick.

Strain cooking liquid from mussels and shrimp through fine-mesh sieve lined with a doubled layer of dampened cheesecloth. Add this cooking liquid to reserved creme fraiche broth.

Cut potatoes and zucchini into uniform pieces about size of garlic clove. Cut celery into thin slices. Cut eggplant and tomato (it is not necessary to peel) into ½-inch cubes. Heat olive oil (start with about ¼ cup) and saute each vegetable group separately (potatoes will take longer than others). Cook until tender but still firm (5 to 10 minutes). Season each vegetable group with salt and pepper to taste and drain on paper towels.

**Assemble dish:** Add cooked vegetables (but not snow peas) to reserved broth. Dilute with water to taste, if milder flavor is desired. Bring to simmer over low heat.

Ladle broth into 4 shallow individual soup plates. Arrange mussels and sliced sausages on top. Garnish each bowl with 1 shrimp, 3 snow peas and several threads of saffron, if desired. Serve immediately.



## After Work Gourmet

Continued From PAGE 10A

Cut about 20 slices of bread, each about ¼-inch thick. Spoon about 1 tablespoon lobster salad on each bread slice. If desired, garnish each sandwich with fresh tarragon leaf.

Arrange on a platter and garnish with additional tarragon sprigs, if desired.

## Mainly for Seniors

By Leonard J. Hansen

## National Senior Olympics to stage in Syracuse

One of the fastest-growing sporting events for mature adults, the National Senior Sports Classic, will take to the fields of Syracuse, N.Y., June 28 to July 3, 1991. More than 20,000 participants, family members and friends will convene for the third annual national competition.

More than 13,000 athletes, ranging in age from 55 to 90 and over, have qualified through 75 regional competitions, and approximately 5,500 mature adults will compete in this year's events. Sixteen different sports are included in the National Senior Sports Classic, including softball, basketball, volleyball, track and field, table tennis, swimming, golf, cycling, race-walking, horseshoes and shuffleboard. The "Olympic-style" competition will be held at 10 different locations in the Syracuse area.

National sponsors fund the regional and national games. James Valentino of MetLife, one of the sponsoring firms, said, "fostering the physical, mental and emotional well-being of mature adults is important to all mature adults and, therefore, to Metropolitan Life Insurance Co."

### JOB FAIRS BY DAYS INNS

More than 100 Days Inns in 35 states and the District of Columbia will match employers with senior citizens interested in returning to the work force on May 17 and 18, 1991. Senior Power 1991 is the annual national older worker fair created and coordinated by Days Inns of America and is expected to draw more than 15,000 seniors and 1,200 businesses to one-on-one interviews in the conference facilities of the hotels.

Days Inns will also be interviewing mature adults as employees within its own company, in addition.

"Our company has actively hired older workers since 1985 in response to the national service industry labor shortage in the traditional 18-30-year-old labor pool," said John Snodgrass, president and chief operating officer of Days Inns. "Seniors now comprise 25 percent of the employees in our two national reservations centers, and 5 percent of the corporate headquarters staff. In addition, older workers are employed at many of the 1,200 Days Inns properties across the country as front desk clerks, salespeople, wait-

resses, van drivers, cooks, housekeepers and as general managers.

To learn if a Senior Power 1991 job fair is being held in your area contact a local Days Inn. Or write Shira Miller, Senior Power Coordinator, Days Inns of America, 2751 Buford Highway, Atlanta, GA 30324.

### VA DISABILITY INCREASE

Veterans receiving disability compensation payments will have a 5.4 percent increase in their benefit payments, starting with checks received April 1, 1991. The increase is retroactive to Jan. 7, 1991, so the April remittances will include the additional back payments. Some 2.1 million veterans and their dependents will benefit from the increase, according to VA Secretary Edward J. Derwinski.

The rate adjustment means an increase from \$1,537 to \$1,620 per month for a single veteran with a service-connected disability rated at 100 percent. The new amounts for other disability ratings are \$974 at 90 percent; \$865 at 80 percent; \$748 at 70 percent; \$592 at 60 percent; \$470 at 50 percent; \$330 at 40 percent; \$231 at 30 percent; \$151 at 20 percent; and \$80 at 10 percent.

In addition to disability compensation, the law now provides a 5.4 percent increase in Dependency and Indemnity Compensation (DIC) rates for more than 340,000 surviving parents, spouses and children of military personnel who died in service or of service-connected illnesses or injuries.

### WHEELCHAIR HANDBOOK OFFERED

At some time a mature adult may have to use a wheelchair — temporarily when recovering from surgery or other procedure, or permanently because of a health condition. All wheelchairs are not created the same way, perform identically or have the same applications. The American Association of Retired Persons has published a new product report on wheelchairs, offering the booklet free of charge to mature adults who may have temporary or permanent need of this type of device.

To request a free copy of the new AARP publication, send a postcard or letter to: Wheel Product Report (D14049), 1909 K St., N.W., Washington, DC 20049. Allow six to eight weeks for delivery.

## Mainly for Seniors

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# ANTIQUE OR JUNQUE

By James G. McCollam



## Odds are your 'Strad' is factory-made

**Q.** We are interested in knowing the value of this violin.

It is in very good condition and has a label inside reading "Antonius Stradivarius, Cremonensis, Faciebat Anno 1727."



**A.** According to the experts, all genuine Stradivarius violins have been accounted for.

The truth is that almost all violins bearing these labels are factory-made fakes. At the best, they might be worth \$150 for those of fine musical quality.

Have your violin examined by a professional musician.

**Q.** What does this mark on a Minton jardiniere mean?

Can you tell me when it was made and its value?



**A.** Minton china was made in Stoke, England. "Solar" indicates that uranium was used in the glazing process.

Your jardiniere was made in the early 1900s and would probably sell for about \$100 to \$200 depending on size.

**Q.** My Dresden figurine of a dancing girl has a lacy skirt and is marked with an "N" under a crown.

Can you tell me when this was made and its value?

**A.** Like most things that people refer to as "Dresden," this is not what it appears to be. Not only wasn't it made in Dresden, it isn't a very valuable collectible.

It was made by a porcelain factory in Sandzelli, Germany, during the mid-20th century. It would sell in a retail shop for about \$50.

**Q.** Perhaps you can tell me something about the origin and value of my antique plate. I have been told that it is majolica.

It is 9 inches in diameter and is decorated with a picture of a swan. The mark is "H.B. & Cie."

**A.** Your plate was made in Choisy-Le-Roi, France, by Hautin and Boulanger during the late 1800s. It would probably sell for about \$50 to \$60.

As far as I know, the company is still in business.

**Q.** I have a 68-piece service for 12 china that is at least 100 years old. It is decorated with flowers and the backs are marked "Epiag, Czechoslovakia" under an arm holding a sword.

Can you tell my anything about the value and who made it?

**A.** Your china was made by the Epiag Co. in Loket, Czechoslovakia, between 1918 and 1938. Since Czechoslovakia was founded in 1918, your china can't be more than about 70 years old.

Your 68-piece set would be worth about \$325 to \$335.

### BOOK REVIEW

"Price Guide to Coca-Cola Collectibles" by Deborah Goldstein Hill; published by Wallace-Homestead, an imprint of Chilton Book Co., Radnor, PA 19089; \$15.95 plus \$2.50 postage, or at your local bookstore.

Updated in 1991, this price guide covers almost 1,000 Coca-Cola collectibles. The text is profusely illustrated, many in color.

It will be revelation to some that there are more than 30 Coca-Cola items that are valued above \$1,000 — one as much as \$8,000.

Send your questions about antiques with picture(s), a detailed description, a stamped, self-addressed envelope and \$1 per item to James G. McCollam.

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## Points on Pets

By R.G. Elmore, D.V.M.

**Q.** We have never treated our dogs for heartworms. However, we are now worried that maybe they have been exposed to this disease without our even being aware of the problem.

**What are heartworms? How do dogs become infected with them? Are they found throughout the United States?**

**A.** Heartworm disease is a serious problem for dogs throughout the United States. According to experts from the American Heartworm Society, heartworm disease has now been found in every state and in all but one province of Canada.

Heartworm disease takes its name from a round worm parasite that lives in the chambers on the right side of the heart and adjacent blood vessels of the dog.

Affected dogs often have chronic coughing, tire easily, have periods of difficult breathing and become lethargic. Dogs with untreated heartworm disease often die due to congestive heart failure.

Treatment of heartworm disease can be divided into four phases.

1. Testing to determine if the dog has heartworm microfilariae (immature worms) circulating in its blood vessels throughout the body.

2. Treatment with a drug to kill any adult heartworms.

3. Treatment to kill any microfilariae.

4. Regular preventative medication.

Preventative treatment eliminates immature heartworm larvae in the tissues before they can migrate to the heart and mature into adults.

Heartworms get into the dog's tissue when they are deposited by feeding infected mosquitoes. The mosquito is necessary intermediate host, picking up the immature larvae or microfilariae from the blood of dogs that have adult heartworms.

Larvae go through maturation in the mosquito and then move from the mosquito into a different dog when the mosquito feeds again. Therefore, transmission of heartworms between dogs occurs during the mosquito season.

## JUNIOR EDITION



## Aunt Tilly's Corner

This weekend I traveled up to Boston and visited the Children's Museum while I was there. All of the exhibits there are things that children can touch and learn from. There are science experiments that are made for children like making enormous bubbles and learning about computers. There is also a life size exhibit "Grandma's House" which is three stories tall and has furniture that looks like it was made when your grandparents were young. Up in the attic of "Grandma's House" is even a trunk full of clothes that young visitors can try on!

The Children's Museum is a great place for both grownups and children to enjoy. It is next door to a museum full of computers, which many older children would like.

Your friend,  
Aunt Tilly

P.S. This week's coloring contest winners are Janna Marie Jachlewicz and Travis Rolland.

### RULES

#### BOYS AND GIRLS

Here is your chance to win One Dollar. (\$1.00) - to spend or to save.

Here's all you have to do:

1. Contest is open to children 4 to 12 years of age.
2. Entries must be received by Friday, April 19, 1991
3. Paint, watercolors and crayons must be used on the above.
4. Decision of the judges will be final.

Mail your entry (just clip our cartoon) to this newspaper at:  
105 Hillside Avenue  
Williston Park, N.Y. 11596

## The World's Most Beautiful Grandchildren



"Sugar and Spice and Everything Nice." That's Meghan O'Keefe, she is 14 months old, she is the beautiful daughter of Barb and Gregg O'Keefe of Rembroke, MA. The proud grandparents are Gloria and Frank Thompson of Garden City.

Gloria Thompson  
Garden City



Here is a picture of our first grandchild, Christine Nicole Burd. She is five months old and the daughter of Joanne and Scott Burd of Hicksville. We love her very much. She has brought much happiness into our lives.

Grandma & Grandpa Winter  
Hicksville

## YOUR SOCIAL SECURITY

### Pension check

By William M. Acosta

**Q.** In addition to my Social Security check, I receive a small pension check. Does this bar me from receiving Supplemental Security Income? V.R.

**A.** The amount of income you can have each month and still get SSI depends on where you live. In some states you can have more income than in others. However, no matter where you live, you may be able to get SSI if you don't work and your monthly income is less than \$427 a month. Call your Social Security office for information regarding income and other requirements you must meet.

**Q.** The other day in the doctor's office I noticed a very young man with a Medicare card. I thought that Medicare was just for those of us 65 and older. O.T.

**A.** Disabled people under 65 who have been entitled to Social Security disability benefits for 24 months also are eligible for Medicare. Insured workers and their eligible family members who need kidney dialysis treatment or kidney transplant because of permanent kidney failure also have Medicare protection.

**Q.** My daughter mentioned an assistance program that helps Medicare beneficiaries. Would you please give me information regarding this?

**A.** There is limited financial assistance through Medicaid for low-income elderly Medicare beneficiaries. If your annual income is below the national poverty level and you do not have access to many financial resources, you may qualify for government assistance in paying the Medicare premium. For further information, contact your state or local social service agency and ask about the "Qualified Medicare Beneficiary" benefit.

## YOUR SOCIAL SECURITY

**Q.** I was recently divorced and the court order decreed that I could resume my maiden name. Can I mail in a photocopy of the order along with the application for a new Social Security card? S.P.

**A.** Photocopies cannot be accepted unless they are certified by the issuing agency. Copies, as you know, can be altered all too easily. Only original documents or copies certified by the issuing agency should be submitted. We cannot accept uncertified or notarized photocopies.