

NY 11E01

Mid-Island Times & Levittown Times

35¢

Vol. 49 No. 10

USPS 346-760

Friday, March 8, 1991

Merit Scholarship Finalist



Hicksville High School's number one ranked student in her class, Carrie Ann Sabato, has been named a Finalist in the 1991 Competition for Merit Scholarships. Carrie Ann has received a Certificate of Merit, along with approximately 14,000 finalists nationwide, and is now being considered for a Merit Scholarship. Carrie Ann is Vice President of the National Honor Society and is also a member of the Spanish Honor Society and the Volunteer Club. She has been in the chorale for four years and she plays the piano. Carrie Ann hopes to attend the State University of New York (SUNY) at Binghamton; her alternative choices are SUNY at Geneseo and Cornell University. With many academic desires, her college major plans are undecided.

Feb. Student Of The Month

Hicksville High School 12th grade student Christopher Munson has been chosen by the school and the Hicksville Elks Lodge as Student of the Month for February.

Among the academic leaders of his class, Christopher also is a member of many clubs and activities. He is currently on the School Improvement Committee, the Youth Advisory Committee, a Student Government Representative, a member of the National Honor Society and Spanish Honor Society, on the Prom Committee, in the Orchestra and Festival Chorus, and a member of Athletes Against Substance Abuse.

Additionally, he has interview-

ed Assemblyman Fred Parola on Channel 10, attended the American Legion's Boys' State, has been a member of Students Against Drunk Driving (SADD) and Teens Against Drug Abuse (TADA), the National Junior Honor Society, has been a Class President and Class Secretary, and has performed in two school musicals.

Currently Chris is a member of the Varsity Football (unsung hero award), Basketball and LaCrosse teams. He has also twice been captain of the Baseball team (Howard Finnegan Award & Golden Glove Award), and played on the Intramural Hockey team.

Chris has a list of community services also to his credit.



Ms. Mary Sue Carr, H.H.S. Asst. Principal, congratulates Christopher Munson on being chosen February Student of the Month.

This Issue

This issue is complete in three sections.

The first section contains all of the local news and photos for the week.

The second part is the Family Finances Issue prepared for your consideration with important editorial content and local advertising. This edition is just one of 15 special sections included at no extra cost to subscribers.

The third section is Discovery Magazine which contains something for the entire family - columns, restaurants, antiques and children's features. Discovery is a regular feature magazine of this newspaper.

Hall of Fame Nom. Due Mar. 28

If you know of a Hicksville High School graduate who has achieved great success and/or has set an example as an exemplary citizen, please write to us! Your candidate may be eligible for Hicksville's very exclusive Hall of Fame. Nominations will be accepted only until March 28 in the Community Relations Office, Hicksville Public Schools, Administration Building, Division Ave. All nominations must include a copy of a biographical sketch and a resume. A committee of current Hicksville High School students will then choose the 1991 Hall of Fame inductees, who will be honored on Graduation Day. Your candidate must be submitted by March 28 in order to be considered.

Zoning Change Request In Hicksville

A request for a change of zone in Hicksville in order to operate a law office, will be the subject of a public hearing by the Oyster Bay Town Board on Tuesday, April 23, it was announced this week by Town Councilman Leonard B. Symons.

"The applicants, Joseph Donovan and Matthew Donovan, are seeking a change of zone from 'D' residential to 'R-O' residence office district," Councilman Symons stated. "The property is located at the southeast corner of Newbridge Road near Second Street."

The meeting will be held in the hearing room of Town Hall east, Audrey Avenue, Oyster Bay, beginning at 10 a.m.

School Trustees Split On Budget Surplus

By Maureen Traxler

At the February 26 meeting of the Hicksville School Board, the difficult question of funds in Code 9080 "Planned Balance" was addressed, although no action was achieved. A recommendation was made by Superintendent Catherine Fenton for a reduction in the existing 1990-91 budget of \$1 million, the amount in Code 9080. By so doing, the code would be eliminated and the Unreserved Fund Equity would be increased by a like amount.

Trustee William Bennett forcefully opposed the move as tampering with the present budget figure. Mr. Bennett has always been a staunch supporter of retaining a substantial surplus in the budget. It is that surplus, he said, which "lowers the tax rate year to year."

Board President Carole Wolf countered, "We want to protect the reserve." Mrs. Wolf called the transfer of funds an "accounting entry." The accounting procedure had been suggested to the district by its auditor, Bob Abrams.

A "Planned Balance," authorized in Section 2021 of the State Law, empowers the voters of a Union Free School District to approve raising taxes in one year to pay for the expenses of the first 120 days of the next year. Mrs. Wolf analyzed the confusion between "planned balance" and "reserve" as a misinterpretation of the Board's intent in budget discussions last July and the use of "incorrect terminology" which led to the naming of Code 9080 as "Planned Balance." She added that when the Board members referred to the "reserve" money in the budget as a "line item," they were referring to the identification of that reserve, not an expenditure item.

The propriety of establishing a planned balance came into question when resident Ray Manzo wrote to State Education Commissioner Thomas Sobol asking if it is allowable to tax residents for a planned balance while the district is on austerity. Mrs. Wolf states that the money in question was actually acquired as part of the applied surplus from the 1989-90 budget.

Dr. Fenton interjected that it was her understanding that by approving the agenda item that evening, the Board would be making a commitment to apply the funds in Code 9080 to the 1991-92 budget to offset taxes. Vice President Arlene Rudin responded to the Superintendent's view by expressing a reluctance to earmark those funds, at this time, specifically to offset taxes next year.

The general fund balance, or surplus remaining in any given budget on June 30, may be applied in the coming budget year as unappropriated reserve or used as a lump sum to reduce the tax rate for residents. Assistant Superintendent William Hall offered that as of January 31, 1991, the general fund balance figure is \$1,247,119, which includes the \$1 million in question.

"The general fund, as we know it, is in a desperate state," declared Mr. Bennett. Those funds, as seen by Mr. Bennett, should remain in place to serve as a "cushion," protecting the district from unforeseen expenses.

Mr. Bennett suggested that the district should increase revenues in the 1991-92 school year by cutting classes, closing another school or other drastic actions. Mr. Bennett saw the situation as a two-fold problem: "The dilemma is on the revenue side (in 1991-92)," he said, and added, "Too much was taken out last year," when the austerity budget was formulated.

The creation of Code 9080 took place last summer during the Board's deliberations on the budget for 1990-91. The district had, over the years, built in a surplus.

Traditionally, school districts were permitted to retain 2% of the general fund balance as surplus. However, under new regulations, the state increased the allowable surplus to 5% for the 1989-90 and 1990-91 budget year.

The Board voted to place 2% of the austerity budget figure, \$49,872,182, in a reserve. It was identified as Code 9080.

No action was taken on this issue on February 26, because the four Board members present split their votes as follows: Mrs. Wolf, Mrs. Rudin and Mr. Martillo voted "aye" and Mr. Bennett voted "nay."

Upon voicing his "no" vote, Mr. Bennett added that the Board should "seriously look at closing another school." He suggested to Mrs. Wolf that "the Citizens Budget Advisory Committee should look at closing another school, particularly East Street School," which Mr.

Continued On Page 12

Letters to the Editor

'A Lost Parrot'

To the Editor:

Have you seen a bright green parrot? Our pet, Lulu, flew from our yard, 35 Fox Court, on the afternoon of March 1. He is mostly green with multicolored flight and tail feathers. He has been seen on Belle Court, Elwood Ave., and Mill Road.

Lulu has been our family pet for about seven years. He is not a big talker, but he often said "Hello."

He would fly on to Glen's shoulder when Glen came home from college.

He ate a large variety of foods, but his favorite was French fries and popcorn. He also likes bread, cheese, grapes, carrots, cranberries, seeds, lettuce, peanuts, and many cooked foods such as chicken and peas.

If you see a bright green bird, please call us at 938-0506. He is about the same size as a seagull.

There is a reward for anyone who helps us to find Lulu. Thank you.

Karin Frey

Printed by Request:

Dear Dutch Lane PTA,

Nancy Burke, Faculty & Friends:

I want to thank all of you for making Founder's Day a truly special evening. I am truly honored to know and work with such a wonderful group of friends and very special children. Your kind thoughts and words and the beautiful plaque are memories I will treasure forever.

Maria Matz
Dutch Lane School

To the Editor:

This is the time of year when once again we hear from School Board Members, PTA, teachers and concerned citizens, etc. It is well that this becomes available for public scrutiny. There is a huge amount of money involved.

However, I attended a "United Way" luncheon as a Coordinating Fund Raiser because I am the fund raiser for our company. I learned something I had never heard about before. It jolted all of us. Incidentally, we pay our way to attend.

Would you believe that out of 130 school districts in Nassau and Suffolk Counties only seven schools have a campaign. There are approximately 30,000 teachers in these 130 schools who could and should become contributors.

They are one of the closest contacts to become aware of family problems, physical and mental problems of pupils. This includes all of the supervisory personnel. United Way does not judge anyone by the dollar amount of contributions. If each

of the above gave just \$1 a week it would mean \$52 per person for a year. Do you realize the good that United Way could achieve with this money. They support so many essential services it would require pages to list.

I wasn't smart enough to think this all out. It came from a man being honored with the "United Caring" Award, what a reception he received. He is connected with the LaGuardia Community College and his name is Herman Washington.

A. Allan Goldstein
Hicksville, N.Y.

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Published every Friday at Litmor Publishing Corp.

Second Class Postage Paid at

Hicksville, NY 11801

Telephone 931-0012 - USPS 346-760

81 E. Barclay St., Hicksville, NY 11801

Postmaster: Send Address Change to

Mid Island & Levittown Times, 81 E. Barclay St.,

Hicksville, NY 11801

Robert Morgan Publisher • Yearly Subscription \$7.50

Letter From Desert Storm

Printed by request:

Dorothy Rettinger Brown has received her first letter from one of the thirteen servicemen from Desert Storm to whom she sent Good Old Hicksville, Part IV. The letter reads as follows:

"Let me start off by first taking the opportunity to thank you for your thoughtfulness. I found the book to be very informative and enlightening.

"Living in Hicksville only 18 years, I enjoyed being able to look back in time and have some insight as to what Hicksville was like back then.

"Your book is titled, "Good Old Hicksville, Part IV. Is there a Part I, II, III, and if there is, how can I get my hands on them? I noticed your address is now Huntington. How long have you been out of Hicksville?

"On behalf of all of those serving in the Persian Gulf, I want to thank you for your support. Thank you."

God Bless You,

(sgd.) SSG Joseph Artale"

Joseph has been sent Books I, II and III, and a call was put through to his wife who informed me that he is in Saudi Arabia. He is glad the war is over and the bombing has stopped.

Classroom

Champions

Tandy Technology Scholars, a program to recognize academic excellence, especially in the areas of mathematics, science and computer science, announced awards totalling \$350,000. This is the second year that the program has made awards to teachers and graduating seniors at American High Schools.

The following received Certificate Awards:

Outstanding Math/Science/Computer Science Student School Nominee: Peter Tang, Bethpage High School

Top 2% Academic Nominees: From Bethpage High School: Lauren Arcuri, Tanya Korostyshevsky, Christopher Moran, Craig Tellalian.

LEGAL NOTICE

NOTICE OF CHANGE OF NAME

Notice is hereby given that an order entered by the Supreme Court Nassau County on February 26, 1991, bearing Index #3907/91, a copy of which may be examined at the Office of the Clerk, located at Mineola, N.Y., grants us the right, effective on April 8, 1991 to assume the names of SCOTT THEODORE MIKUEN and MONICA JAYE MIKUEN. Our present address is 42 Twin Lawns Ave., Hicksville, N.Y.; the dates of our birth are December 25, 1961 and January 24, 1962, respectively. Our present names are SCOTT THEODORE MIKUENSKI and MONICA JAYE MIKUENSKI, respectively.

MIT 2447

IX 3/8

Winner's Walk From Fork Lane

Fork Lane students in grades 1 through 6 participated in their 2nd annual "Winner's Walk" for USODA (The United States Organization for Disabled Athletes).

The children of Fork Lane collected over \$4,000.



First Prize winner Adam Davidson



Fork Lane's 2nd Commemorative Plaque



Water Bottle and Waist Pocket winners.



Water Bottle and Waist Pocket Winners.



Certificate Winners



Certificate Winners

Beth. Library Workshops

Workshop Series For Parents

On three upcoming Wednesday evenings, the Bethpage Public Library will present a "Workshop Series for Parents" with David Stein, psychotherapist, who has said, "Parenting is undoubtedly the most challenging role a person can undertake, but in addition to love, we also need knowledge of the skills and techniques to deal with difficult decision-making." His evening series will offer perspectives on many aspects of child rearing as follows:

March 13 - 8 p.m.

Parent-Child Love, Child-Parent Love; Developing Self Esteem; Eating and Oral Gratification.

March 27 - 8 p.m.

Guilt and Anger.

April 3 - 8 p.m.

Reward, Discipline, and Punishment; Learning Problems; Television.

David Stein, A.C.S.W., has been a psychotherapist in private practice for the past twelve years. He also conducts family therapy at several early childhood centers in Queens. Each session will include group discussion and is open to parents, grandparents, expectant mothers, and caregivers, too. Register for all sessions now at the Bethpage Public Library. The program is open to all residents of District No. 21.

Families As Reading Partners

Families that read aloud, read a lot - current research indicates and reports show that children who have been read to in childhood excel in school. Therefore, the Bethpage Public Library launched a brand new "Read-Aloud Club" called "Families As Reading Partners."

Hurry on over and sign up your youngster for our fun Read-Aloud Club for ages 3½ to 8. And the whole family can join into the fabulous read-aloud game - parents, grandparents, brothers, sisters, aunts, uncles - and more!

All you have to do is agree to read at least 20 library books to your youngsters and submit a written list of books (including child's name, address, phone number, age, and titles and authors of books) to the Children's Room staff by May 1. There will be a Gala Read-Aloud Party and Certificate Celebration on May 11, at 2 p.m., for all participating young people featuring a glittering "Fun with Foil Show and Workshop" for this age group by star performer, storyteller, and craftsman Jack Lerner. Youngsters will listen to non-stop tales as a rainbow-hued parade of foil creatures is created. Merry hands-on fun - lots of enchantment for all! District No. 21 only. Call 931-3907.

Mother Goose Time

For 18-30 month-olds

Tuesday, March 5, the Bethpage Public Library will launch a March special - a Mother Goose Time for 18-30 month-olds and their parents. The program will consist of mini-classes offering brief picture board stories, finger plays, songs, puppet fun, and circle games and will highlight a variety of materials that parents can use with this age group.

Mother Goose Time will be held at 10:30 a.m. on March 5, 12, 19, and 26. The program is open

to residents of District No. 21, and registration is now being taken in the Children's Room of the Bethpage Public Library.

Travel Brochure Contest

The Bethpage Public Library has invited young people in Grades 1-6 to take imaginary journeys to their favorite places and create original travel brochures in honor of National Library Week (April 14-20). Winners on each grade level will get prize magazine subscriptions from a selected list.

Youngsters are asked to charge out Bethpage Public Library materials of their choice to use in designing their travel brochures. Young people can submit as many brochures as they wish. Brochures are due on April 4, and winning submissions will be displayed in the Children's Room during National Library Week. Open to youngsters residing in District No. 21. Fliers with full details are now available in the Children's Room.

Special March Fun

Fun With Photography By Naomi Taub, photographer and world traveler - Saturday, March 9, 2-3:30 p.m.

All about photography - learn about famous photographers, how the camera works and how to take better pictures. With two exciting slide shows, a photo contest, prizes, handouts, and a puzzle. Bring along your best photo to enter in the contest. Prize gift certificates have been donated by the Plainview Photo Shop, Plainview, and Negri's Camera Shop, Farmingdale. Grades 3-6. Register from February 12.

"Spectacular Magic" by Magic Man Tom Dillon - Saturday, March 16, 2 p.m.

A rollicking roller-coaster of fabulous magic - with lots of live disappearing animals; trick wands, cards, ropes; rabbits in unexpected places, magic balloons, carpets and more! A colorful cascade of magical delights with large illusions, lots of laughs, and audience participation too. School-age children. Register from February 14.

Hands on Animals by Joan Hughes of Science on Demand - Saturday, March 23.

All about live animals! How do they live, eat, survive, and adapt to the wild? Why wild animal babies do not make good pets. What does "extinct" really mean? Learn about many types of animals, handle them, and have fun petting the pets. Grades K-1 at 1:30 p.m.; Grades 2-5 at 2:35 p.m. Register from February 22.

All programs are open to youngsters who reside in District No. 21 only. Please bring your library card as your ticket of admission.

Seder Open To Community

North Shore Synagogue will continue its yearly tradition of sharing their Passover Seder with the community. This year, the seder will be held on the first night of Passover, Friday, March 29, at 7 p.m. Each family, couple or single participant will be able to share the beauty and joy of this festive occasion by bringing an assigned food to share. Shabbat services will immediately follow.

Please call North Shore Synagogue at 921-2282 for more information.

H.H.S. Presents

Musical

The Hicksville High School Drama Dept. is now in rehearsal for this year's musical production "How To Succeed in Business Without Really Trying." The play, about an ambitious young man who rises to the top of a major corporation, features such songs as "A Secretary is Not a Toy" and "Paris Original." His rise is guided by a book entitled "How to Succeed in Business Without Really Trying."

The cast will be led by John Butt, Lauren Giacopino, Daniel Bianco, Barbara Willson, Sean Burns, and Nancy Hogan. There will be 45 students on stage in addition to the students working backstage and the ones performing in the musical pit.

This delightful show by Frank Loesser, which won a Pulitzer Prize when it opened on Broadway, will be directed by Judith Paseltiner. The show will be performed at Hicksville High School on March 22 and 23 at 8 p.m. All seats are reserved and the cost is \$6. Tickets are available at Hicksville High School.

Bethpage Library Flower Show Bus

On Thursday, March 14, the Friends of the Bethpage Public Library has a rare treat for you. A luxurious motorcoach has been booked to transport you to the spectacular Philadelphia Flower Show. Don't miss this opportunity to enter a true horticultural wonderland. You'll have the opportunity to treat yourself to a delicious lunch at one of the many varied dining choices available at the Exhibition Hall. The bus will leave the library at 9 a.m. The cost is \$38 for members of the Friends of the Bethpage Public Library, and \$40 for non-members. Book early - don't be disappointed. The library, located at 47 Powell Ave. (phone: 931-3907), is two blocks west of Exit 8 (Powell Ave.) on the Seaford-Oyster Bay Expressway (Route 135).

Volunteers Needed

Volunteers, both men and women, are needed by Central Nassau Guidance and Counseling Services, Inc. in Hicksville, to perform clerical skills, develop and staff a thrift shop, supervise fund raising events, babysit for children of clients at the agency, utilize handyman skills and work on our newsletter.

The volunteers will help the agency to provide mental health and substance abuse services to residents of Hicksville and the surrounding communities. If you have three hours per week which you are willing to volunteer, for a worthwhile cause, please call Barbara Bartell, CSW, 822-4060.

RESTAURANT OWNERS

Have you seen the Reader Ratings Section in Discovery Magazine? For one low price you can advertise your restaurant in eight weekly newspapers. Don't miss out, call for information today!

931-0012

New Flag For Legion



George Yochmann, left, Executive leader of the Theodore Roosevelt Republican Club of Bethpage, presents a United States flag to Ernest Warnken, right, Commander of the Archie McCord American Legion Post #86, at last month's Republican Club meeting. The flag flew over our nation's Capitol and was obtained by Mr. Yochmann from Congressman Norman Lent. "We appreciate George's efforts in securing this flag for us," said Commander Warnken. "He has been and continues to be a true friend and I know George will be present when we raise this flag over our post home."

At the next regular meeting of the Bethpage Club, newly appointed Town of Oyster Bay Councilman Lenny Kunzig, will be the guest of honor. "I hope everyone will come to the Club this Monday and meet their new Councilman," said Yochmann. "Lenny is a Bethpage resident and we are very proud to have a representative on the Town Board from our area."

The meeting will take place this Monday, March 11, in the American Legion Hall, LIRR parking lot, starting at 8 p.m.

Sixth Graders Enjoy Caumsett Outing



East Street sixth graders recently participated in a three-day resident program at Caumsett State Park where they had an opportunity to explore the 1600 acres of this undeveloped, unspoiled land. The program included activities in orienteering, nocturnal awareness, seabore ecology, maple sugaring, and survival skills. Photo shows Jeremiah Singer leading the group to solve orienteering problem.

Ellis Island Bus Trip

The Hicksville Public Library is having a bus trip to Ellis Island and South Street Seaport on Sunday, April 14. The bus leaves from the Library (2nd Street and Jerusalem Ave.) at 8 a.m. and leaves the city approximately at 4 p.m.

The cost per person is \$26 for the ticket to Ellis Island, which

includes bus and guided tour of the island. In the afternoon, have lunch and browse around the shops or visit the museum on your own. Don't miss this wonderful, fascinating trip.

All welcome, reservations may be made at the Circulation Desk of the Library. Cash only please.

'Com. Helpers To The Rescue'

While working on a Career Unit, Mrs. Scott and Miss Ryan's 2nd grade classes put on a live

presentation at Fork Lane School. Parents were invited to attend the performance entitled "Community Helpers To The Rescue."



Pictured are Ernest Perez, Elizabeth Walsh, speaking about careers.

OCR Stars Of The Month

The Old Country Road School had initiated a Stars-of-the-Month Program as an incentive for children to excel in all areas of education. These superstars are not necessarily students who excel academically, but who set good examples for the school.

Each month teachers nominate the students they believe deserve this recognition. The children's names and their photographs are then displayed on a bulletin board in the lobby along with their own star.



The Stars-of-the-Month for January, pictured here with OCR Principal Mrs. Silver, are: Luke Haran, Shannon Connolly, Meagan Revegno, Vickie Maser, Herbert Zamona, Ashley Lee, Nicole Giannocora, Sean Schnipper, Nicole DeGennaro, Mario Del Rio, Andrea Schmidt, Nayibullah Motahedy, Mary Kate Drab, Mary Ellen Leyser, Andrew Liclasi, Kristie LaMirande, Kath Shurley, Regina Hwang, John Santos, Christine Marby, Lily DeRosso, Donald Chen, Vito Pagano, Rain Haran, Diana Mahnke, Daniel Ferdous, Luis Martinez, Vanessa White, Courtney Fitzpatrick, Betsy Vargese, James Rathe, Bryan Walker, and Danielle Darge. Missing from photo: Emil Banga, Denise Lupski, James Cuneen, Kevin Fitzpatrick, Voley Martin, Jessica Stelge.

Women Growing, Changing Course

"Women Growing and Changing" is a course that will be held at the Syosset High School, Wednesday, March 20 and 27, 7:30-9:30 p.m., led by Laurie Hollman, A.C.S.W., Psychotherapist. Identify, assertive behavior and building self-esteem will be explored. The Instructor is a psychotherapist of adults, children, and adolescents in Cold Spring Harbor. For more information, and adolescents in Cold Spring Harbor. For more information, Mrs. Hollman can be reached at 692-7113. For registration, call Syosset Continuing Education at 921-5500 or 921-5655.

Students Continue To Support Troops

The Student Council at the Middle School sent Valentine cards and packages to Hicksville members serving in the Persian Gulf War. The students in turn received a letter from Hicksville resident SSG Joseph Artale thanking them for their thoughtfulness. "Everyone here, in the Persian Gulf, really appreciates the support shown by young people like yourselves, all over America," the letter reads. "I hope, because of our efforts, that you and your families will be able to continue to live in peace and prosperity."

College Notes

Representing Rider College at the East Coast Conference Championships, Kristin Mund scored in both her individual events and as a member of the college relays.

Kristin won silver medals in both the 100 and 200 butterfly, setting a new record in the 100 and breaking her own record in the 200 with a 2.07.5. She also scored in the 200 IM, placing fourth with a new team record. The 400 medley relay on which she swam the fly placed second, breaking its own school record.

and she was the anchoring swimmer on both the 200 and 800 free relays which placed third, also with record breaking times. The Rider College Swim Team placed third in the championship.

In Service

Navy Seaman Recruit Kyle T. Reynolds, son of Gary W. Reynolds of Hicksville recently reported for duty aboard the aircraft carrier USS John F. Kennedy, homeported in Norfolk, Va.

Dutch Lane Honorees

Maria Matz and her husband Joe have lived in Hicksville for 17 years with their three children, Erik, a Senior at the High School, Chris, a ninth grader at the High School, and Joey, an eighth grader at the Middle School. She has been an employee in the Hicksville School District for seven years and is currently the Secretary at the Dutch Lane School.

Maria has also served on the Old Country Road PTA for 11 years in various capacities including Corresponding Secretary, Ice Cream Committee, Kid's Corner, and Sixth Grade Committee.

Together with her family, she has been very involved with the Hicksville American Soccer Club since all of her sons have been playing soccer for many years, as well as playing for the Hicksville Middle School and Senior High School.



Peggy Parsekian and her husband Richard have lived in Hicksville for 15 years. She has three daughters: Tara, Kristy and Alyse.

A former Home and Careers Teacher, Peggy became active in PTA in 1985 when her children started school. She served as Recording Secretary for two years, and as a Class Mother. Additionally, she has worked on many committees. This is the third year she has co-chaired the Ways and Means Committee.

According to Peggy, her experiences as an active PTA member have been rewarding and enjoyable for her.



Denise Yannone has been a Special Education Teacher in Hicksville for 17 years. She is a product of the Hicksville School System, having attended both the Junior and Senior High Schools. Denise was graduated from Hofstra University with a Bachelor's degree in Psychology and Elementary Education, and a Master's degree in Special Education.

Prior to teaching in Hicksville, Denise taught nursery school for two years while attending college. She was fortunate enough to complete a Hofstra scholarship-internship program with Mrs. Alene Cohen in the pilot resource room program at Woodland Avenue School. The following year, Denise opened the resource room at Dutch Lane School. After developing the Dutch Lane's Resource Room Program for five years, she asked to be transferred to the intermediate special education class where she has been for 12 years.

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Library Bd. Meeting Change

The Hicksville Public Library Board of Trustees Meeting has been changed from Wednesday, March 20, to Wednesday, March 13, at 8 p.m. All are welcome to attend.

Youth Council

The Hicksville Youth Council will hold its monthly Board Meeting on Tuesday, March 12, at 7:30 p.m. at the Youth Council, 175 West Old Country Road, Hicksville, N.Y. Everyone welcome!

PROFESSIONAL GUIDE 931-0012

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10TH GRADE	PRINCIPAL'S LIST 2ND QUARTER	
9TH GRADE	RICHARD WOODWORTH 11TH GRADE	
9TH GRADE	COLLEEN BARTLEY JOHN BUTT HARRY CHANG JOHN CHRIST RAYJOND DE ANGELIS LESLIE DIAMOND JENNIFER ENG JAMES L. FITZSIMMONS SUSAN FLEM RUSSELL FREY TIMOTHY GLOVER LORIE ANN HASSETT MATTHEW HERBERT ANTHONY INTINTOLI JENNIFER JEROME SOO YOUNG KIM DANIELLE KNIGHT CHRISTIE LASPINA JENNIFER MAMMA WENDY MARSHALL RALPH MONTERA DAWN MULLEE KATHLEEN MURRAY RAJIVE HAIR SHOBIN OOMMEN COURTNEY REYNOLDS KATHLEEN ROMBACH MICHAEL SPERANZA RACHEL TANCK CHRISTINE THEIS TONBIRA ZAMAN	
10TH GRADE	HONOR ROLL 2ND QUARTER	
10TH GRADE	HEATHER APOSTOLIDIS ROBERT BECK STEPHANIE BELIS ERIC BLICKER SHARON BODE MARK BRENDL MICHAEL BRENNAN DENA BURRATFO DANIEL BYRNES SHANNON D'AMICO JASON DAMMES LORI DE RISO MARIO DIAZ ZELAYA AMY DICONZA NANCY DOUGHERTY JUSTIN FAN SUSAN FIPPINGER GEORGE FUCHS WENDY FUSCO LAUREN GIACOPINO MATTHEW GOLD PRISCILLA GONZALEZ EILEEN HAYES GLENN HIRTZEL DAWN HOOSACK	

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MEENU SACHAR DAVID SACRESTANO VIVIAN SANTIAGO MICHAEL SCHNEIDER SATPREET SINGH THOMAS SPINA JENNIFER TOPKA JILL VAN KASTEN KERRI ZEZULINSKI	HICKSVILLE HIGH SCHOOL	
PRINCIPAL'S LIST 2ND QUARTER		
12TH GRADE	JENNIFER ALEXANDER DONNA ANZALONE DOREEN ARCURI JENNIFER BEINER NAVIN BELANI ANDREW BELIS ROBERT COOGAN DAVID CUCCARO DENISE DE BENEDICTIS JASON ELORRIAGA JESSICA FANDACONE DEBORAH FRANKSON BRIAN GARNETS CYNTHIA GAYLOR HEATHER HAYES STACY HEYER KATHLEEN HIGGINS NANCY HOGAN TARA HOOPER SUSAN HUME KRISTINA KANAWADA CORRADO MASTROPIERRO ERIC MICHEALS	
12TH GRADE	RICHARD MIRRA CHRISTOPHER MUNSON MICHELLE MURTHA JENNIFER NEGRIN RICHARD NOFI ANTHONY OLIVA JASON PAULSEN NICOLE PEDONE DENISE PILOT MARYANN PILUTIK TANYA PINEDA NICOLE RIZOPoulos JARRET ROTH CARRIE ANN SABATO DORA SANTOLI CHRISTY SELL AFSHEEN SHAH JOAN SMITH SANJAY TEWARI DEBRA TIRADO KALPA UDESHI THEODORE URBAN	

Transp. Req.
Due Mar. 28

All requests for transportation of students attending private and parochial schools in 1991/92, must submit an application for transportation by March 28. For further information, call 933-6518.

H.M.S. Jump Rope For Heart

Hicksville Middle School students held their annual "Jump Rope For Heart" on Valentine's Day, Feb. 14. The rope-jumping students accepted pledges to raise money for the American Heart Association. This year the students raised \$2059.00. The high money raisers were Vincent Hoosack and Kelly Geraghty.

ESL Children Celeb. Chin. New Year

The Chinese New Year was recently celebrated in Anne LaBarbera's, Lee Avenue ESL (English as a Second Language) Kindergarten class. Hsiang Chao Squire brought delicious homemade food for the Kindergarten teachers, Mrs. Grayson and Mrs. Ellis, Mrs. LaBarbera, and the children to sample and enjoy. Mrs. Squire also explained the special holiday customs and presented everyone with a bag of treats.

NOTICE
HAVE YOU A HIDDEN TALENT that has yet to be discovered in print?

We are looking for articles, not exceeding 3,000 words or less than 1,500 words, on local topics, opinions, ideas, nice places to visit on Long Island, and even fiction. In our magazine section, we will try to "Discover" one new feature length article and writer per week. Each writer will be reimbursed a stipend of \$25.00.

If you want to be published and be part of an issue of Discovery, you may submit your article to: Litmor Publications, 81 East Barclay Street, Hicksville, N.Y. 11801.

LEGAL NOTICE
SYOSSET CENTRAL SCHOOL DISTRICT
TOWN OF OYSTER BAY
COUNTY OF NASSAU
PUBLIC HEARING
LIBRARY BUDGET

April 9, 1991 - 8:30 p.m.

NOTICE is hereby given that the Board of Trustees of the Syosset Public Library will hold a public hearing for the purpose of discussion of the expenditure of funds and the budgeting thereof, in the Community Room of the Syosset Public Library, located at 225 South Oyster Bay Road, Syosset, New York, on Tuesday, April 9, 1991, at 8:30 p.m. By order of the Board of Education, Syosset Central School District, Syosset, New York.

February 12, 1991

Lorraine Trachman
District Clerk

SA 7958
4X2/22; 3/8, 22; 4/5

Valentine's Day Sr. Citizens Luncheon

Hunger is hurting more families on Long Island than ever. In response to this crucial need and in recognition of Social Work Month, Central General Hospital in Plainview is sponsoring a food drive. Food will be collected from contributions by hospital employees and the community. The food collected will be distributed by Long Island Cares, the Long Island Council of Churches and Our Lady of Mercy in Plainview. All of these organizations have food pantries which serve individuals in need and supply local food kitchens. Needed are packaged and canned foods, baby food, and non-perishable vegetables and meats, as well as staples such as paper towels, mayonnaise, and shampoo.

Robert Bornstein, Adm. of Central General Hospital asks residents to please bring donations to the lobby of Central General between 8 a.m. and 8 p.m. during the entire month of March.

Leadership Competition Awards

Hicksville Senior High School had seven winners in the Nassau County Future Business Leaders of America County Leadership Competition at SUNY Farmingdale held February 1.

The winners were: 1st Place, Business Mathematics, Michael Chang; 2nd Place, Introduction to Business, Michael Chang; 2nd Place, Computer Concept, Michael Chang; 1st Place, Office Procedures, Hedy Elbedewi; 3rd Place, Introduction to Occupations, Hedy Elbedewi; 2nd Place, Office Procedures, Sandeep Chaitani; and 2nd Place, Business Ownership & Marketing, Denise DeBenedictis. Twelve members of the Hicksville FBLA competed in the competition.

Five members of the Hicksville Chapter of the Future Business Leaders of America and their advisor, Ed Sullivan, will be attending the FBLA State Leadership Conference in Rochester, from April 8 through April 10. They will attend workshops and compete against almost 2,000 teenagers from all over the state in various business related competitions.

Hicksville's FBLA also sponsored a Type-A-Thon to benefit the American Red Cross. The chapter members raised \$168.70. A check has been mailed in that amount to the Nassau County Chapter of the American Red Cross.



Hicksville's FBLA Award Winners: Standing, FBLA Advisor Ed Sullivan, Sandeep Chaitani, Michael Chang, and Principal Richard Hogan. Seated, Hedy Elbedewi and Denise DeBenedictis.

Central General Food Drive



Oyster Bay Town Clerk Carl L. Marcelline, center, joins with Oyster Bay's Senior Citizens at the Town's Annual Valentine's Day Senior Citizen Luncheon at the Milleridge Cottage in Jericho. Sharing in the event, left to right, were Ann Pobone of Hicksville, Marie Holley of Syosset, Linnie Sherison of Oyster Bay and Miriam Flowers of Bayville.

Lions Annual 5K Run

On Sunday, April 14, the Hicksville Lions will hold its annual 5K Run at Holy Trinity High School, 98 Cherry Lane, on Newbridge Rd. (Rte. 106) in Hicksville, beginning at 9 a.m.

With a professionally timed, well-organized run along the flats of Hicksville, the Lions provide a fun and competitive race with a

reputation for high quality prizes. Professional sports footwear and equipment are donated by Goldman Brothers of Hicksville. Goldman's is a major sponsor of the race, along with Natwest Bank USA, Westbury Federal Savings and Montana Agency of Hicksville, a circle agent of Continental Insurance Company.

With major sponsors, the Hicksville Lions is able to donate all proceeds from the race to various charities supported by the club.

Please pre-register by March 31. Pre-registration is \$11. Registration on the day of the race is \$13. Call George Montana with any questions at 938-3600.

ENTRY FORM - LIONS 5-K RUN - APRIL 14, 1991

LAST NAME	FIRST NAME	M.I.
MAILING ADDRESS	STREET	APT. NO. AREA CODE HOME PHONE
CITY	STATE ZIP	
TEAM, CLUB OR SCHOOL	DATE OF BIRTH	AGE AS OF
	MO DAY YR	SEX: MALE FEMALE SIZE

PLEASE COMPLETE THE ENTRY FORM, READ THE FOLLOWING STATEMENT AND SIGN BELOW.

In consideration of your accepting this entry, I the undersigned, intending to be legally bound, hereby, for myself, my heirs, executors and administrators, and my assigns, do hereby and do declare, I may have against the Hicksville Lions Club, Inc., Team of Oyster Bay, Hicksville High School, District of Rockville Centre, Nassau County Police, Hicksville Fire Department and District 1, Nassau County, New York, and their representatives, successors, and assigns, for any and all injuries suffered by me in said event, I hereby verify and verify that I am physically fit and have sufficiently trained for the competition of this event and my physical condition has been verified by a licensed Medical Doctor. Further, I hereby grant full permission to any and all foregoing to use any photographs, video-tapes, motion pictures, recordings, or any other record of this event for any purpose whatever.

SIGNATURE _____ DATE _____
(If under age 18, signature of parent or legal guardian)

Please make your check or money order (no cash please) payable to "HICKSVILLE LIONS CLUB JOURNEY" and mail.

Community Forum Scheduled

Assemblyman Fred Parola, R-C, Wantagh, announced the schedule for his annual 14th Assembly District community forums, held to discuss the state budget and fiscal crisis, together with his priorities to restructure and reform New York state government.

Parola joined with members of the Hicksville Community Council at the first of two forums on Thurs., March 7, at the Hicksville Public Library, 169 Jerusalem Ave. Assemblymen Daniel Frisa and Lew Yevoli also attended.

The second forum, in conjunction with Wantagh-Seafood Homeowners, will be held Thursday, March 14 at 7:30 p.m., at the Wantagh Public Library, 3285 Park Ave.

"As budget negotiations continue in Albany, the Legislature is faced with the responsibility of mitigating the damage caused by the governor's \$6 billion budget deficit," Parola said. "At the same time, we must continue to protect priorities, such as education, crime and environmental concerns."

Parola will discuss details of legislation he is sponsoring along with state Senator Kenneth LaValle, to shift the burden of school aid support from the property tax to a broader base of sales and other taxes.

In addition, Assemblyman Parola is urging all local residents concerned about the budget, education, environment, crime or local development issues to attend either of the scheduled forums and share their views.

"Our system of government works best when our citizens take advantage of the opportunity to be heard on the issues that deeply affect our lives," Parola said. "Each year these community discussions provide all of us with a forum for direct participation in decisions on state policy and I look forward to talking with many of our neighbors there."

For further information, please call Assemblyman Parola's district office at 731-3434.

Reading And Sharing Bethpage Forum

stories to Dr. Cohn.



Proudly displaying their certificates, many of the students in Mrs. Levine's first grade class at the Central Boulevard School, Bethpage, are pleased to announce that they have read at least five books during their recent vacation. Dr. Cohn, Dir. of Reading and Related Services, read the class a "big" book entitled "Henny Penny" and gave it to them as a gift. In return, the students read several of their original

Family Math Day



Family Math Day a conference for parents and children was held on March 2, at Shelter Rock Elementary School, Shelter Rock Road, Manhasset. Several Students from Dutch Lane School and schools from all over Nassau County attended.

The workshops were broken down into age groups and choices were given at registration.

One of Dutch Lane families who attended were Cathy and Buzz Doyle and two of their children, Matthew who is six and is in Mrs. Saul's 1st grade and John, who is 10, and is in Ms. Staah's 4th grade. It was a super math experience!

Kunzig Induction At Town Board

The Oyster Bay Town Board will host induction ceremonies for recently appointed Town Councilman Leonard Kunzig on Tuesday, March 12, at 2 p.m. Councilman Kunzig will fill the unexpired term of John Venditto, who was appointed as Oyster Bay Town Attorney in January.

Town Supervisor Angelo A. D'Elia will administer the oath of office to Councilman Kunzig. A reception will follow the official ceremonies.

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Through a special 24 hour phone system, readers will be asked to call in their assessment of each restaurant they visit. Consensus ratings (good or bad) will be published as a continuing part of the guide.

In addition they can make suggestions, compliments or criticisms through the open phone line and messages will be sent through to the restaurant management.

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Hicksville VFW Dinner Dance

The Hicksville V.F.W. Post 3211 held their 56th Annual Anniversary Dinner Dance, Saturday evening, February 23. It was a huge success. A capacity crowd danced the night away to the music of Andy Marino and his group. An exquisite buffet was enjoyed by all. Also plenty of liquid refreshments. A rousing cheer was given to the chairman and his co-chairman for a job well done. Also there was a plaque awarded to Mrs. John Distler for community service.

Photos By Vincent Edwards



Left to right presenting Community Service Plaque to Mrs. John Distler - Cmdr. Vincent Ferrara, Mrs. John Distler, Jr. Vice Cmdr. Aldo Vitello.



Left to right enjoying the party - Lee Edwards, Josephine Selvaggi, Frieda Ferrara, Tony Ferrara.



Dinner Dance Co-Chairman and Jr. Vice Cmdr. Aldo Vitello and wife Carmella.



Dinner Dance Chairman and Sr. Vice Cmdr. Vincent W. Edwards and wife Lee.



Dinner Dance Co-Chairman and PPC Joseph Normandy and wife Louise.



Commander Vincent Ferrara and wife Frances.

OCR Students Perform

Edward Chu from Old Country Road, and John Park from Lee Avenue, participated in the New York State School Music Association's "Music In Our Schools Month" project in Albany. The two students were selected by virtue of their Long Island String Festival Association audition. A combined orchestra from Nassau and Suffolk Counties rehearsed together prior to their performance in the State Capitol recently.

GRANDPARENTS - Send in your grandchildren's photos and enter our "World's Most Beautiful Grandchildren" contest. Just send a photo and a brief description of the child (or children) along with your name and address to: Litmor Publications, Beautiful Grandchildren Contest, 81 East Barclay St., Hicksville, N.Y. 11801. We'll do the rest!

Birthday And Anniversary Club

HAPPY BIRTHDAY

March 1 Margaret Bossert
Wm. M. Heberer, Jr.
Margaret Fitzgerald
March 2 Tom Coffey
March 3 William Sanderson
Domenick Joseph Freda
Rita Schlosser
March 4 Betty Manson
Roy Schaub
Kristin Werlinitsch
John Heberer
March 5 Christopher Germain
Evalyn Schlauch
Mary Mruz
James Mills
Richard Hudson
March 6 Robert Sanderson
Genevieve Clark
March 7 Alice Durkin
T.J. Sicari
March 8 Dorothy Gallahue
Arthur Wallander
David Goldstein
James Bergholtz
March 9 Kelly O'Connell
Cliff Locke
Ellen Voorhees
Henry Kurkowski
March 10 Jennifer Przybyszewski
Danny Sterling
March 11 Andrea Schlauch
March 12 Theodore Greve
Patricia Wahien
John T. Moehring
Chris D'Amico
March 14 Cornelius J. McCormack

March 15 Barbara DiGiovanni
Christine Freyeisen
Gregory Giacopino
Gus Poulos
Joan Poulos
Daniel Ford
March 16 Cathy Duffy Filazzola
Bobby Becker
Nancy Hammond
Andrew Attivissimo
March 17 Dennis Mulligan, Sr.
Robert Tschampion
Patricia Sheedy
Thomas Sheedy, Jr.
Vincent G. Smith
Alfred Sterling
Selda Salz
Thomas Watus
March 18 Lorraine Willard
Jeanne Anderson
Paul Haffner
March 19 Adam Uhlich
Janet Bergholtz
Patricia Moffett
Josephine Jachniewicz
March 20 Thomas Palmeise
Glenn R. Wohl
Michele Malle
March 21 Brian Liba
Alana Glatt
John Swidzinski
March 22 Domenick Freda
Helen Tschampion
Coralee Smith
Anthony Chepak
Tom Sergi

HAPPY ANNIVERSARY

March 4 Robert and Doris Sanderson
March 10 Thomas and Frances McGovern
March 11 Martin and Leatrice Burwasser
March 17 Helen and Rob Tschampion

March 20 Larry and Mary Morillo
Vincent and Lieselotte Smith
March 21 Arlene and Ken Rudin
March 22 Marie and Ken Lewis
Jessie and Chris Doyle
March 24 Steven and Donna Swidler



March 23 John Jabour
Rev. D.K. Ciannella
Harry Woods
Nancy Giacopelli
Christopher Rogers
Chris DeStefano
March 24 Andrew Heinbockel
March 25 Patrick Baird
Norma Goerke
Ira Rudin
March 26 Bonnie Camarda
Louis Dettloff
Susan Sanderson
Kathleen Arena
Eric Behan Heinbockel
James G. Moehring
March 27 Nancy Crown
Ariene Marshall
March 28 Valerie Goldstein
March 29 Carol Edwards
Gerald Sheedy
Anthony Eric Geslak
Christine Lichtman
Tom Sullivan
Cara Lagattuta
March 30 Dana Lagattuta
Richard Evers
Jennifer Voorhees
March 31 Joanne DiGiovanni
Eamarie Willson
Celia Cerlini

March 26 James and Eleanor Germain
March 27 Vincent and Stacy Smith
March 28 Alex and Doug Clark
March 29 Rick and Theresa Edwards
March 30 Frank and Maureen Seier
Cathy and Thomas Filazzola
March 31 Tom and Sara Tyson
Patricia and Ronald Cox

K Of C Appreciation Night

Nativity Awards Night

On Thursday evening, February 21, the Joseph F. Lamb Council No. 5723 Knights of Columbus, Plainview/Hicksville, held a special social meeting to award "certificates of appreciation" to invited owners of houses that were selected during the Christmas season for their outstanding exterior Christmas displays which featured the Nativity scene.

A committee, led by P.G.K., P.F.N., F.D.D. Robert Corrado and P.G.K. John Lombardi, selected sixteen houses, and their owners were all invited to the meeting, which was held in the school basement of Our Lady of Mercy in Hicksville. At the social meeting, Lamb Grand Knight Josef Ort, made a speech thanking the many families who attended for their wonderful displays and presented each family with a "certificate of appreciation" from the Joe Lamb Council. Food and refreshments were served to all and a spirit of friendship and good fellowship prevailed.

Owners of 16 houses that were selected for their Nativity displays are as follows:

Plainview:

Mr. & Mrs. Wm. LaCerenga, Mr. & Mrs. Paul LoPresti, Mr. & Mrs. Herron, Mr. & Mrs. Tellalian, Mr. & Mrs. Herb Stalzer, Chief Dennis Greene (for the Plainview Fire Dept. display), Mr. & Mrs. Twohig, Mr. & Mrs. Henry Schettini (Hank is the Financial Secretary for the Lamb Council), Mr. & Mrs. Eugene Vecchio, and Mr. & Mrs. Pat Anello (a brother knight).

Hicksville:

Mr. & Mrs. Steve Pendergast, Mr. & Mrs. Joe Myron, Mr. & Mrs. Clifford Catanzano, Mr. & Mrs. Frank Spinella, Mr. & Mrs. Michael O'Connell, and Mrs. & Mrs. Herb Goenke.

'Free Throw' Basketball'

Also at this social meeting "certificates of appreciation" were awarded to the winners in the District Competition of the "Free Throw" Basketball Competition. The winners are as follows:

Age 10 Group

Boys

Brian Anello

Girls

Susanne Kelly

Age 11 Group

Boys

Michael Logan

Girls

Laurie Blair

Age 12 Group

Boys

Brian Jingoleski

Girls

Maureen Jingoleski

Age 13 Group

Boys

Michael Keilly

Girls

No entries

Age 14 Group

Boys

Dan Marciano

Girls

No entries

The Joe Lamb Chairman for the "Free Throw" Basketball Competition was Pat Anello, who was warmly thanked by G.K. Ort for his efforts.

On A Different Note

The Lamb "Knight of the Month" for February is Hank Schettini and the March "Knight of the Month" is Roe Catalano. Our congrats to both!



Shown in photo above are the winners of the district competition in the "Free Throw" Basketball K of C competition. All of the winners were presented with "Certificates of Appreciation" by Josef Ort, Grand Knight of Joe Lamb Council No. 5723 Knights of Columbus, shown at extreme left in background. Also shown in background, 2nd from left, is Pat Anello, who was Lamb Chairman for the "Free Throw" event.
(Photo by Frank Jopp)



At Joe Lamb K of C "Appreciation" Nite - winner of the 10 year old group (girls), in the "Free Throw" K of C Basketball competition, at the district level was Susanne Kelly. Grand Knight Josef Ort, left, presented a "Certificate of Appreciation" to her for her winning efforts. Brother Knight Pat Anello, right, was the Lamb Council Chairman for the "Free Throw" competition.
(Photo by Frank Jopp)



Frank and Antoinette Spinella of Hicksville are shown, in center, receiving a "Certificate of Appreciation" from Grand Knight of Joe Lamb Council, Josef Ort, at extreme right, for the Nativity Christmas House display that they had erected in front of their house during the Christmas season. PGK John Lombardi is shown, at extreme left. The occasion was "Appreciation" Nite at the Joseph F. Lamb Council No. 5723 K of C meeting on February 21.
(Photo by Frank Jopp)



At Joe Lamb K of C Christmas Nativity Displays Appreciation Nite - Shown in photo above are families of houses, selected in Hicksville and Plainview, which featured the Nativity Displays during the past Christmas season. Each family was presented with a "Certificate of Appreciation" from the Joe Lamb Council No. 5723 K of C, by G.K. Josef Ort, shown at extreme left in the 2nd row. The occasion was at a social meeting held on Thursday evening, February 21.
(Photo by Frank Jopp)

Community Forum



Senator Kemp Hannon, right, who will be holding a Community Forum at Bethpage Public Library, 47 Powell Avenue, Bethpage, Thursday, March 14, at 7 p.m. - 9 p.m. discusses the upcoming event with Ms. Toby Hyman, Library Director.

"The Community Forum provides an opportunity for the people to express their concerns and suggestions to their elected representative(s) and to personally discuss the possible outcomes on the community of actions taken in Albany. Whether your major interest is the state of the economy, the budget, spending slashes, education, environment, health, transportation, taxes, crime, all of the above, or something else entirely, this is your chance to tell me about it directly," explains Bethpage's State Senator.

"I have found that Forums like this foster a productive exchange of ideas that allows me to identify legislative priorities that reflect local needs and worries. That is why I regard this as a most important part of the legislative process," Hannon concluded.

Please reserve Thursday, March 14, at 7 p.m. to join us at Bethpage Public Library, 47 Powell Ave., Bethpage. Your input is vital and greatly appreciated. For further information or to arrange to present your views on any issue either as an individual or as a representative of a community group, please contact Senator Kemp Hannon's District Office at 550 Stewart Ave., Garden City, telephone number 222-0068. Also welcome are those who prefer to simply listen, or who want to provide moral support for the speakers.

'Annie' At Holy Family



The Seventh and Eighth graders of Holy Family School are busy preparing for this year's performance of "Annie." The students have learned it's not "Easy Street." However, they "Are Fully Dressed With A Smile," and looking forward to "Tomorrow." The performance dates are: Thursday - March 7, at 8 p.m.; Saturday - March 9, at 8 p.m.; Sunday - March 10, at 3 p.m. All performances are at Holy Family School Auditorium. Tickets are \$5. Come and enjoy a delightful musical.

LEGAL NOTICE
AMENDMENTS TO THE
CODE OF
ORDINANCES OF THE
TOWN OF OYSTER BAY
ANIMALS PROTECTION
AND CONTROL
CHAPTER 4

BE IT ORDAINED, by the Town Board of the Town of Oyster Bay, County of Nassau, State of New York, that Chapter 4 Animals and Fowl, is hereby amended as follows:

DELETE: Chapter 4. Animals and Fowl. In its entirety.

ADD: Chapter 4. Animal Protection and Control. As follows:

Sec. 4-1. Director of animal shelter to be animal control officer; assistants; powers and duties.

For the purpose of enforcing this article, the director of the animal shelter shall be the animal control officer, and the assistant directors of the animal shelter shall be assistant animal control officers. The director and the assistant directors shall have such powers and duties as are prescribed for dog wardens by state law.

Sec. 4-2. Dog Leash Requirements.

No person who owning or otherwise having possession, custody, dominion or control of any dog shall allow such dog, whether licensed or not, off the premises of such person without being restrained by an adequate leash and under the immediate and full control of the owner or person in charge thereof.

Sec. 4-3. Seizure of unleashed dogs.

The animal control officer, any assistant animal control officer or any peace officer shall seize any dog not restrained by a leash and under the immediate and full control of the owner or person in charge thereof and found off the owner's premises.

Sec. 4-4. Redemption or sale of impounded dogs; fees; forfeiture of title.

(a) The owner, or his agent, of a seized unlicensed dog may redeem the dog within seven (7) days of the seizure by producing a license for the dog and upon payment of a fee of twenty dollars (\$20.00).

(b) The owner, or his agent, of a dog seized not wearing a current license tag but licensed prior to seizure may redeem the dog within seven (7) days of the seizure by producing the current license for the dog and upon payment of a fee of ten dollars (\$10.00).

(c) The owner, or his agent, of a dog seized wearing a current license tag may redeem the dog within twelve (12) days of the seizure by producing a license for the dog and upon the payment of a fee of five dollars (\$5.00).

(d) If the impounded dog is not redeemed as provided by subsection (a), (b) or (c) of this section, the owner shall forfeit all title to the dog, and the dog shall be sold or destroyed by the animal control officer or his assistants.

(e) In the case of a sale of a dog pursuant to subsection (d), the purchaser shall pay a sum of two dollars (\$2.00), obtain and pay for license for the dog, and give assurance on a form furnished by the

LEGAL NOTICE
 town that said dog shall not be resold, given, donated or otherwise transferred for purposes of any laboratory or other experimentation.

In the case of a sale for a cat, the purchaser should pay the sum of two dollars (\$2.00) and give assurances on a form furnished by the town that said cat shall not be resold, given, donated or otherwise transferred for purposes of any laboratory or other experimentation.

(f) In the case of the destruction of dogs and cats, euthanasia services shall be provided for the payment of a fee of fifteen dollars (\$15.00) per animal.

(g) For the purposes of this ordinance, a "tag" shall be defined as a current and valid license tag issued by the New York State Department of Agriculture and Markets.

Sec. 4-5. Dog nuisances.

(a) It shall be unlawful for any dog to create a nuisance by defecating on public property or private property, other than the property owned or leased by the person owning, possessing, harboring, or having control over such dog.

(b) Any person owning, possessing, harboring, or having control over such dog shall be in violation of this section, unless the feces are immediately removed in a suitable container and sanitary disposed of.

Sec. 4-6. Unattended animals in motor vehicles.

(a) No person owning or otherwise having possession, charge, custody, dominion or control of an animal shall place or confine such animal or allow it to be placed or confined or to remain in an unattended motor vehicle without sufficient ventilation or under other conditions or for such a period of time as may endanger the health or well-being of such animal due to heat, lack of water or such other circumstances as may reasonably be expected to cause suffering, disability or death.

(b) No person owning or otherwise having possession, dominion or control over a motor vehicle shall place or confine an animal or permit an animal to be placed or confined or to remain in an unattended motor vehicle without sufficient ventilation or under other conditions or for such a period of time as may endanger the health or well-being of such animal due to heat, lack of water or other circumstances as may reasonably be expected to cause suffering, disability or death.

(c) Nothing in this chapter shall be construed so as to prohibit the transportation of horses, cattle, sheep, poultry or other agricultural livestock in trailers or other vehicles designed and constructed for such purpose.

Sec. 4-7. Animals in Town parks and beaches.

No person owning or otherwise having possession, charge, custody, dominion or control of an animal shall place or allow such animal to be placed on a beach, park or other facility operated by the Town of Oyster Bay unless such animal is a qualified

LEGAL NOTICE
 seeing eye dog as regulated by applicable laws and regulations.

The animal control officer, or any assistant animal control officer or any peace officer shall seize any animal left unattended at a beach, park or other facility operated by the Town of Oyster Bay.

Sec. 4-8. Unlicensed dogs.

No person shall own or otherwise have possession, charge, custody, dominion or control of a dog unless said dog is properly licensed and properly tagged in accordance with The New York State Dept. of Agriculture and Markets rules and regulations.

Sec. 4-9. Town Board may promulgate rules and regulations.

The Town Board may from time to time, by resolution, adopt rules and regulations under this article.

Sec. 4-10. Penalty for violation of article.

In addition to any other remedy for an offense against this article, for each offense committed against this article, or any provision or section thereof, the person committing such offense shall be guilty of a violation punishable by a minimum fine of twenty-five dollars (\$25.00) for the first offense; a minimum fine of fifty dollars (\$50.00) for the second offense within three years of a previous conviction; and a minimum fine of seventy-five (\$75.00) for a third offense within five years of two previous convictions.

BY ORDER OF THE
TOWN BOARD OF THE
TOWN OF OYSTER BAY
 Carl L. Marcellino
 Town Clerk
 Angelo A. Delligatti,
 Supervisor

Dated: Oyster Bay, New York
 February 26, 1991

STATE OF NEW YORK
COUNTY OF NASSAU, ss.

TOWN OF OYSTER BAY

I, Carl L. Marcellino, Town Clerk of the Town of Oyster Bay, and custodian of the Records of said Town, DO HEREBY CERTIFY that I have compared the annexed with the original Amendments to the Code of Ordinances of the Town of Oyster Bay adopted by the Town Board of the Town of Oyster Bay on February 26, 1991 (Amend Chapter 4, "ANIMAL PROTECTION AND CONTROL"), filed in the Town Clerk's Office and that the same is a true transcript thereof, and of the whole of such original.

In Testimony Whereof, I have hereunto signed my name and affixed the seal of said Town this 27th day of February, 1991

Carl L. Marcellino

Town Clerk

BN3101

IX3/8

SELLING YOUR HOUSE?
 We can offer you top exposure in the Display Classified Section of Discovery. One low, low price will put your house on the market in over 22 communities! Deadline is Monday of every week for Friday publication. Call immediately.
 931-0012

OCR Honor Roll

As an outgrowth of the district's MAC Committee team, with representatives from school faculty, staff and parents, several Hicksville elementary schools have initiated an Honor Roll. Students on their school's Honor Roll have attained outstanding

performance in the areas of academic achievement, effort, behavior, homework, study habits, as well as above average competency in special subject areas. Students from grades 4 through 6 are chosen.



Old Country Road School recently congratulated their Honor Roll recipients with an award certificate. OCR students who received this award are as follows: (Grade 4) Patricia Behr, Kurt Koegl, Nicole Stergiopoulos, Jessica VonBargen, Eric Vosper, Andrew Hamlin, Elias Lie, Raul Khale, Mary Ellen Leyser, Damien Dong, Peter Phak; (Grade 5) Jennifer Aull, Jennifer DeLape, Donna Lyons, Dennis Petras, Melissa Russell, Tara Resciniti, Michael Schnipper, Geraldine Petras, Harpreet Masuta, Amie Ghielone, Lee Fernando; (Grade 6) Corinne Callari, Edward Chu, Luis Fernando, Brian Soper, Jacqueline Flynn, Lori Sayer. Missing from photo: Joel Sharley, Kevin Koslosky and Elias Lie.

LEGAL NOTICE

PUBLIC NOTICE OF
CHANGE OF ZONING

RESOLVED, that the Petition of JERRY SPIEGEL, for a Change of Zone from a "D" Residence District to an "F" Business District (Neighborhood Business District) to allow construction of an office building at Hicksville, County of Nassau and State of New York, is hereby GRANTED, and the Building Zone Map of the Town of Oyster Bay, Nassau County, New York, as amended and revised be and the same is hereby amended and changed accordingly, on the premises described as follows: ALL that certain piece or parcel of land situate, lying and being at Hicksville, Town of Oyster Bay, County of Nassau, State of New York, being bounded and described as follows: BEGINNING at the corner formed by the intersection of the westerly side of Strong Street with the northerly side of West John Street; RUNNING THENCE from this point of beginning westerly along the northerly side of West John Street south 78 degrees 09 minutes 00 seconds west, 366.18 feet; THENCE northerly North 00 degrees 00 minutes 30 seconds East, 170.90 feet; THENCE easterly north 78 degrees 12 minutes 00 seconds east, 129.38 feet; THENCE easterly north 78 degrees 12 minutes 00 seconds east, 129.38 feet; THENCE southerly south 10 degrees 09 minutes 30 seconds east 18.52 feet; THENCE easterly north 78 degrees 09 minutes 00 seconds east, 200.88 feet to the westerly side of Strong Street; THENCE southerly along the westerly side of Strong Street south 12 degrees 22 minutes 15 seconds east, 148.63 feet to the northerly side of West John Street and

the point or place of BEGINNING. SAID premises are further identified as Section 11, Block D, Lots 1240, 1270, 1272 and 1302 on the Land and Tax Map of the County of Nassau. The Change of Zone herein granted is subject to voluntary covenants and restrictions imposed upon the subject premises by JERRY SPIEGEL, as set forth in a written instrument to be duly recorded in the Office of the Clerk of Nassau County; and this resolution shall become effective upon such recording.

BY ORDER OF THE
TOWN BOARD OF THE
TOWN OF OYSTER BAY
 Angelo A. Delligatti,
 Supervisor
 Carl L. Marcellino
 Town Clerk

Dated: February 25, 1991
 Oyster Bay, N.Y.

STATE OF NEW YORK,
COUNTY OF NASSAU, ss.

TOWN OF OYSTER BAY

I, Carl L. Marcellino, Town Clerk of the Town of Oyster Bay, and custodian of the Records of said Town, DO HEREBY CERTIFY that I have compared the annexed with the original Public Notice of Change of Zone adopted by the Town Board on February 26, 1991 relative to JERRY SPIEGEL, Change of Zone at Hicksville, N.Y. Section 11, Block D, Lots 1240, 1270, 1272 & 1302 filed in the Town Clerk's Office and that the same is a true transcript thereof, and of the whole of such original.

In Testimony Whereof, I have hereunto signed by name and affixed the seal of said Town this 27th day of February 1991.

Carl L. Marcellino
 Town Clerk

mt 2446
 IX 3/8

Valentine's Day Sr. Citizens Luncheon



Oyster Bay Town Supervisor Angelo A. Delligatti, center, Town Councilman Leonard B. Symons, second from right, and Town Clerk Carl L. Marcellino, second from left, join with Oyster Bay's senior citizens at the Town's Annual Valentine's Day Senior Citizen luncheon at the Milleridge Cottage in Jericho. Sharing in the event, left to right, were Terri DeSimone, Sally Savage, Marie Ruggerio and Nancy Curcio of Bethpage.

School Trustees Split

Continued From Page 1

Bennett suggested could bring \$1.6 million into the district. In light of the Governor's mid-year cutbacks and dimming prospects of sustaining revenues from the state for the coming year, Asst. Superintendent Hall has placed an immediate freeze on all expenditures, with the exception of those items specifically approved by himself or the Superintendent. Mrs. Wolf added that the district has so far survived State cuts and avoided the elimination of any programs or teachers because, "We had a reserve."

The Board will be continuing discussions of the proposed 1991-92 budget in public sessions in the coming weeks.

LEGAL NOTICE PUBLIC NOTICE

NOTICE IS HEREBY

GIVEN, pursuant to law, that a public hearing will be held by the Town Board of the Town of Oyster Bay, Nassau County, New York, on Tuesday, March 12, 1991, at 10 a.m., prevailing time in the Hearing Room, Town Hall, East Building, Audrey Avenue, Oyster Bay, New York, for the purpose of considering an application for a Change of Zone and a Special Use Permit pursuant to the Building Zone Ordinance of the Town of Oyster Bay as follows: PROPOSED CHANGE OF ZONE: Petition of BROADWAY-MARVIN, INC., Owner and ELRAC, INC., D/B/A ENTERPRISE RENT-A-CAR, Lessee for a Change of Zone from "E" Residence District to "G" Business (General Business) District on the following described premises: All that certain plot, piece or parcel of land situate, lying and being at Hicksville, Town of Oyster Bay, County of Nassau and State of New York, which is bounded and described as follows: A rectangular shaped parcel located approximately 80 feet from the north east corner of Broadway and Marvin Avenue having a frontage of 80 feet on the north side of Marvin Avenue and a depth of 100 feet. Said parcel being further identified as Section 46, Block 194 Lots 6, 7, 8 and 9 on the Land and Tax Map of Nassau County. PROPOSED SPECIAL USE PERMIT: Petition of BROADWAY-MARVIN, INC., Owner and ELRAC, INC., D/B/A ENTERPRISE RENT-A-CAR, Lessee for special use permit for parcels in an proposed to be in a "G" Business (General Business) District to maintain an existing office for car leasing and rental on the following described premises: ALL that certain plot, piece or parcel of land situate, lying and being in Hicksville, Town of Oyster Bay, County of Nassau and State of New York, which is bounded and described as follows: An irregularly shaped parcel of property being located on the north east corner of Broadway and Marvin Avenue, having a frontage of approximately 127 feet on Broadway and approximately 157 feet on Marvin Avenue. Said parcel being further identified as Section 46, Block 194, Lots 426, 427, 6, 7, 8 and 9 on the Land and Tax Map of Nassau County. The abovementioned petition and map which accompanies it are on file and may be viewed daily (except Saturday, Sunday or Holidays) between the hours of 9 a.m. and 4:45 p.m., prevailing time, at the Office of the Town Clerk at Oyster Bay and Massapequa. Any person interested in the subject matter of the said hearing will be given an opportunity to be heard with reference thereto at the time and place above designated.

TOWN BOARD OF

TOWN OF OYSTER BAY

Angelo A. Delligatti,
Supervisor

Carl L. Marcellino
Town Clerk

Beney Funeral Home, Inc. 921-2888

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If you are interested in signing up for the course, please contact:
Dr. Veronica Wicks, (516) 796-4800 or
stop by Levittown Health Center, Monday-Friday, 10AM-5PM



NEW YORK
CHIROPRACTIC
COLLEGE

Part Two of the Mid Island Times,
Syosset Advance, Williston Times,
New Hyde Park Herald Courier,
Bethpage Newsgram, Jericho News Journal,
The Garden City News
and Great Neck News

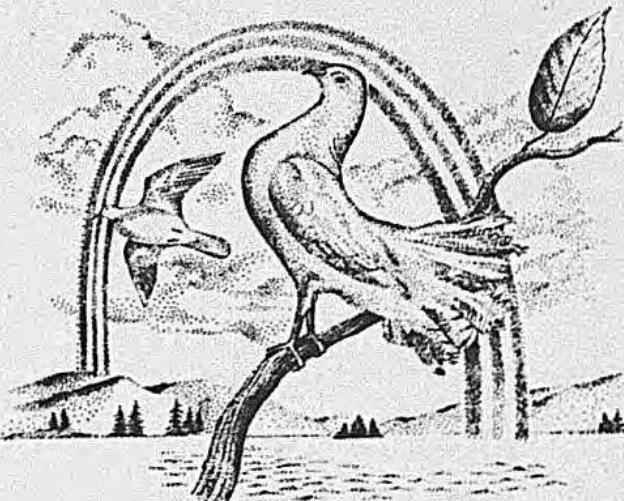
Discovery!

Magazine

The newspaper edition that helps
discover new writers, new ideas
through input and special
family features.

Friday, March 8, 1991

**'If I Should Die
Before I Wake'**



SEE PAGE 3



THE QUESTION OF THE WEEK

Should we help rebuild Iraq if a new leader takes over?



"Okay, troops! Let's all celebrate 'DEATH TO AMERICA DAY'!!!"

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4. Leave your name and telephone, or simply use a pen name (your message can be anonymous)
5. Publishers reserve the right to edit, modify or omit any and all material.

Callers Want Justice For Saddam Hussein

Most callers to Input believe that Saddam Hussein should have to be brought to justice in answer to this question: "Do you think that Saddam Hussein should have to face war crime charges?" Here are some of the answers:

SHOULD BE ACCOUNTABLE

Saddam Hussein definitely should be held accountable for the torture and inhumane handling of prisoners and for the civilian hostages he had tortured. He has never abided by the Geneva convention. He paraded our prisoners before TV cameras after forcing them to be beaten and interrogated. If we continue to allow some countries to get away with these things then no one will have to abide by the rules. He should be given a trial. H.G.

IMPORT EMBARGO

I do not see that it will be worthwhile to bring Saddam Hussein to court. He will be assassinated in the civil wars that are bound to take place. The entire population has had it with Hussein. The big trouble is that some other dictator will arise and begin rebuilding what is left of the army to fight again. I believe we should work on some way of holding imports to the country to needed food and medicine and to stop all other things from going there. K.H.

GET HIM OUT

There is no doubt that Saddam Hussein has ruled over an army that has inflicted atrocities on many including civilians in Kuwait. The problem is in getting him out of Iraq. He may flee and get asylum in Algeria but we should let countries taking him know that they are violating the rights of the rest of the world. In many ways it perhaps is too bad that we did not go all the way to Baghdad and drag him out. His army was thoroughly overrated by the false accounts and predictions we got on TV and he could not have held the U.S. off in a real drive. B.G.

HE'S FINISHED

It does no good to get Saddam Hussein. He is finished now. It is even possible that the Israelis will kidnap him. But the real problem is that some other military figure who wants to be a top person will take over and lead Iraq in some other pursuit that will again threaten the world. We can only hope that the rest of the Arab nations have learned a lesson by this war and will not be ready to help upset the world again. M.F.

CAN'T PROVE

It would be difficult to actually tie Saddam Hussein to most of the war crimes we have heard of from Kuwait because it could not be proved that Hussein had ordered the troops to act as they did. He will simply say that he did not order these things. The only place that he can be found guilty is for the treatment of our prisoners who he brought on TV. In those cases he cannot say that he was not involved. He went public and he can be accused and convicted. J.F.

HIS OWN PEOPLE

With so many things that have to be done I think that we should simply leave the fate of Saddam Hussein to his own people. He has failed them and wrecked his country. Iraq was not in need of this war. It could produce oil and it could have used much of the money it used for a war machine to help the people. I do not think that they will put up with Saddam much longer. J.S.

PUBLIC PLATFORM

Bringing Saddam Hussein to trial would be a public platform he would use to distract and fool the world. He might turn out to be a martyr. Just letting him alone and isolating him will be plenty of punishment. He will never be able to fool the people again after the total destruction that he has brought. Y.R.

WORLD INJUSTICE

Yes. I believe Saddam Hussein should have to face war crimes. To let this man remain free would be an injustice to the entire world. He is not only a murderer of innocent people, he also tortured them and gave great pain mentally and physically. If he can't be caught and tried for this inhumane treatment I hope someone blows his head off. M.C.K.

SHOULD FACE CHARGES

In response to a previous "Question" of February 15, I stated "As to what we should do after we win, I go along with President Bush in that Hussein should be removed from office and, in my opinion, probably should be tried in the World Court, the judicial organ of the United Nations." At that time, the "war" was still in progress and it was already amply manifest that Hussein was guilty of crimes which could not possibly be justified under any circumstances. Since the end of hostilities, he blatantly tries to continue to justify the righteousness of his decisions and actions and even his own countrymen are declaring their disfavor with his ridiculous posture. He is clearly a war criminal responsible for the countless atrocities against friend and foe alike all of which are self-evident. Obviously, his righteous declarations to the world have no bearing in fact and the rumors surfacing today of his decision to seek personal refuge in Algeria bear witness to a tacit admission of personal responsibility and guilt. If he were permitted to remain in office, the peoples of the world could never forgive themselves. There is no question but that Saddam Hussein should face war crime charges! P.G.S.

OTHER ISSUES

Is anyone controlling the price of cereals and bread in the supermarket. Every time you buy something it is up in price. I am a senior citizen and something should be done. I am tired of coupons. Why don't they just reduce the prices of items? They are a big nuisance. All my friends agree. I am ready to burn all coupons. Please try to get this resolved. S.K.

Discovery!

'If I Should Die Before I Wake'

By Myrtle D. Johnson

Now I lay me down to sleep
 I pray the Lord my soul to keep
 If I should die before I wake
 I pray the Lord my soul to take.

I said this prayer at every bedtime since the age of three, often kneeling beside my mother and repeating each phrase after her. It was as much a necessary ritual before bedtime as the saying of grace before dinner. This bedtime prayer was my mother's strictest rule and I obeyed without question. I knew from whispered conversations that my mother had been devastated by the sudden deaths of her firstborn daughter at Easter dinner and of my father in December of the same year - two months before my own birth. My earliest memories were pained with the aura of death, but the concept was vague and ill-defined. The idea that I might "die before I wake" worried me, but my mother seemed to gain spiritual strength from these prayers and I repeated the words to comfort her.

My three year old world had, in addition to my mother, a loving grandfather who acted as a substitute father, a domineering grandmother and an older sister. We lived in a rural setting in North Carolina complete with a dog and farm animals.

I was five years old when my grandmother's younger brother Tom died suddenly of pneumonia. My grandmother took me to the funeral parlor with her to see him "laid out." My only contact with Uncle Tom had been at his drug store, as my grandmother had ended their relationship some years ago when she decided that he was living in sin. His once smiling face, which had greeted me at his store with offerings of ice cream sodas or candy, was now strangely pale and expressionless. I had never seen him dressed so formally. The stiff white collar of his shirt seemed to accentuate the folds of loose skin of his neck. When my grandmother leaned over to kiss him, I was struck by the likenesses between the two - the same jet-black hair and thin lips. She studied her brother's face for a long time before she became overcome with grief and collapsed in a chair moaning deep sobs.

When she finally kissed him goodbye and we were on our way home, my grandmother seemed oblivious to my many questions.

"Did he have a home? Did he have a wife? Did he have children?"

My grandmother seemed numb and ignored my queries. She finally patted my head and said that we should pray for Uncle Tom. That night, when I was on my knees at bedtime, I prayed that "the Lord his soul should take," and that he should not go to hell because of his sins.

Two years later the feeling of death became very real to me. The mother of my good friend, Ophelia, died after a short illness when she was still in her thirties. My mother took me to the wake one evening. Although I had often played with Ophelia in her sunny back yard, I disliked the musty smell and look of the front of the house, which was completely covered with ivy. Most of the trees had hanging vines. This gave the house a sinister look at night, and I entered with fear and foreboding.

We went into the sun parlor to view the body of Ophelia's mother. I glimpsed her from a distance. She appeared as attractive as ever with her long auburn hair falling loosely over her shoulders. She was wearing her favorite Dresden China blue dress. The women were crying and bemoaning the cruel tragedy that left Ophelia alone with only her grandmother to care for her. Ophelia bounced into the room with her usual mischievous, perky look.

"Don't worry," she reassured me, "Grandma says that mommy is just asleep."

She took me off to play in her mother's room and decided it would be a good time to act out our favorite game, "getting dressed up like mommy." We donned pearl necklaces, dangling earrings, and glittering rings. For extra dash we put on lipstick and added combs to our hair. We had a great time and felt safe because Ophelia's grandmother had assured her that her mother would be asleep for some time.

After an hour we undid our bejeweled selves, washed our faces and returned to the sun parlor. Upon our return, Ophelia's grandmother noticed that she was still wearing one of her mother's rings and she was summoned to accompany her downstairs. I followed quietly in the shadows to hear why her grandmother appeared so distraught. The warped steps squeaked as I tip-toed behind them into the dark basement. Shafts of moonlight penetrated the ivy covered cellar windows.

"Why are you wearing your mother's engagement ring, Ophelia?" her grandmother demanded to know.

"It's all right," Ophelia assured her, "mommy woke up for a short time and said I could wear it."



Her grandmother made no further comment, but I could hear Ophelia's cries and the slapping sound of a hair brush. With each blow I recoiled as if I myself was experiencing the pain. I scaled the steps two at a time to escape the scene. I began to realize for the first time that this was a sleep from which one was not supposed to awaken.

Death is a difficult concept for a seven year old to accept. I would sit for hours trying to imagine a world in which I did not exist. It was impossible. I tried to proceed in logical steps. First I would eliminate my dog, and then think about what that would be like. Then, in order, my friends, my grandparents, my mother, my sister - and finally myself. But when I asked myself how this felt, I realized that I no longer existed to answer my question. At this point my head began to spin and I pulled myself out of this whirlpool of introspection.

I began having a series of nightmares often accompanied by sleepwalking. After several such episodes, my mother stacked chairs around my bedroom door, but sometimes in a somnolent state I could dislodge one chair and start down a flight of stairs. I never got to the front door before someone would hear me and arouse me to a wakefulness.

I devised an elaborate plan to escape my own death sentence. I reasoned that a person was allowed a certain amount of breath to last a lifetime. I figured that if I saved my breath and didn't talk much that I would live longer. My mutism was accepted as a behavior pattern to be expected of children who were born after their father's death. They were expected to be a little sad and strange, according to southern folklore.

The summer of my eighth year my mother returned with my sister and me to New York City. I entered the third grade at a city school and soon found that my knowledge in all subjects, especially arithmetic was below grade average. My teacher, Miss Haas, was a spinster. She had infinite patience and took special interest in me. She suggested that I remain in school after class for tutorial sessions twice a week. My mother made a special visit to school and told her about my nightmares and my teacher seemed to understand why I was so sad and unhappy. She treated me with exceptional kindness and we discussed the normal fears experienced by children of my age. Our after-school sessions gradually turned into more personal discussions. She longed to relive the early experiences in the development of a child's personality and enjoyed my stories about farm life in the south. She was the first person that I confided in about my fear of death. She described life as having different seasons, and smiled as she recalled some of the joys of the summer time of her life. I began to realize that most of my being was ahead of me.

Gradually I began to talk in class and found a close friend. The morbid thoughts and sleepwalking stopped. I almost hated it when it came time to be promoted to the fourth grade. At our last session Miss Haas gave me an envelope. Inside was a card on which was printed a quotation from Ecclesiastes:

"For everything there is a season,
 and a time for every matter under heaven:
 a time to be born, and a time to die;
 a time to plant, and a time to pluck
 up what is planted;
 a time to weep, and a time to laugh;
 a time to mourn, and a time to dance . . ."

ABOUT THE AUTHOR

The story is true. The author is a physician and a resident of Syosset. This is her second contribution to *Discovery*.

DINING GUIDE

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READER RATINGS



Q. My husband and I feel we have been the victims of — not the hosts of — our houseguests at a lake cabin every weekend for the past five years. We're determined this year to invite only the people we really want and not feel obligated to accommodate the first to ask for an invitation.

A. Is there any way to do this without making enemies? Is it possible to turn down people who invite themselves? Is it possible to get through a summer without being totally exhausted by the responsibilities of entertaining houseguests?

A. You sound as though you could really use a rest from your friends, even before the season is in full swing. Some advice:

• Don't invite anyone whom you don't really crave as guests.

If you are forced to entertain for business or some other reason, invite the guests for lunch on Saturday or Sunday. You can always put up with someone for one meal. Maybe they'll be so miffed at not being invited for the whole weekend, they won't even come to lunch. Then you're really home free.

• Invite those you really want far ahead of the date.

The recipient of your invitation will be flattered and will probably have a free schedule, too.

• Resolve this year to save at least every other weekend for yourselves alone.

Next year you might have houseguests only once every three weekends. This will immeasurably reduce your exhaustion. A summer place should, after all, provide you with some rest and relaxation. To anyone who asks to visit you on one of your "private weekends," just reply that "unfortunately, we're busy that weekend." (They don't have to know that you'll be busy with yourselves that weekend!)

Q. When a couple dines out the woman is frequently placed in a seat against the wall. The man is then seated facing her with his back to the room. In a case like this, is it considered good form for the woman to summon the waiter?

A. Yes, the woman can signal the waiter, if necessary. She can also tell the man when the waiter is approaching so he can turn his head around at the proper moment and speak to him.

A. Have you heard the expression "Maiden Dinner"? My cousin said she will be attending one soon and I did not like to confess my ignorance!

A. This is a rather old fashioned term and it refers to the traditional dinner given by the bride-to-be for her attendants usually a few days before the wedding. The Maiden Dinner is the equivalent of the male Bachelor Dinner.

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READER RATINGS



GOOD PERFORMANCE

What a posh restaurant this Benihana is in Manhasset. It is designed with a beautiful bar and cocktail lounge where you can gather before and after a special meal. We did that last Saturday.

Probably most of your readers have been to Benihana; but if there are still some who have not we want to say that we were pleasantly surprised with its new form of entertainment in eating. You see it is not only the food at Benihana but the performance of the chef who is an expert in the use of a knife. You can watch him prepare the shrimp with a few swats of the blade and a steak and all of the other items the people around you get. This is the performance. Then you are surprised that food prepared so quickly and with such acrobatics is so good to eat. We recommend this restaurant. S.C. and M.T.

FAVORITE RESTAURANT:

Our favorite Italian Restaurant, LaCisterna on Mineola Boulevard in Mineola now has an added attraction, accordions music playing Italian tunes and folk songs Wednesday and Thursday nights from 6 to 10 p.m. It reminded me so much of my trip to Italy.

We thoroughly enjoyed spaghetti carbonara and linguine Siciliana. We crowned our dinner with zabaglione mousse and cafe expresso.

Truly we felt we were in another world and left completely relaxed. The ambiance and service were superb and the warm welcome by Angelo our host made us feel we must repeat this special event soon. H.E.

FINE FISH

Last week we went to an authentic Portuguese Restaurant named Estoril Granada. It is located on Mineola Blvd. in Mineola. The fish dishes there are simply wonderful and so many of them offer sauces that are not found anywhere else.

We had a party of four there on Thursday and all of them said that they want to come back again.

The service and the decor make it a nice place to go. I'm sure that other of your readers would want to try it also. H.W.

YOU CAN BE A RESTAURANT CRITIC - If you visit any of the restaurants selected for inclusion in this section - call 931-0227 at any hour and tell your ideas. We want you, the reader, to be our critic. Your message then can be printed in this space.

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READER RATINGS



Q. At our dinner party, over which my wife and I had labored two months, our famous guest of honor was a no-show, without explanation. We frankly didn't know what to do, and it seemed everyone sat speechless, looking at that forlorn, empty place at the table all night.

A funeral dirge of a dinner... If we ever give one again, which seems doubtful at this point, we'd like to know what we should have done when the reason for giving the party was somewhere else.

A. Again, your sense of humor will save you — and everyone else, too! The first thing to do when a guest doesn't arrive is to try to locate him or her. People do forget or write down the wrong date in their agendas. If you have no luck, take that place away and close ranks around the table (like they did around the campfire in the days of Indian attacks).

Then christen another guest as the "guest of honor" and put him or her on the right of the host or hostess. When, as host, you adopt a "take-charge, nothing-is-going-to-upset-me" attitude, your guests will relax and have a better time than ever.

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Q. As newlyweds, we're giving our first dinner party in a couple of weeks. I'm doing a roast leg of lamb and am frankly terrified that disasters will occur. With my lack and inexperience, the lamb will fly off the platter onto the floor when I bring it in to be carved; the vegetables will be understeamed and hard and the dessert custard will be runny and never harden. I mean, I am catastrophic!

A. Courage! "Disasters" happen all the time to first-time, experienced or even professional cooks. You can cope, first of all, by maintaining a sense of humor, and sometimes by adding artfully, of course, a bit of bluff.

Pick up the lamb off the floor (with your hands encased in oven mitts, naturally) and say something to your guests like this: "That's how I always bring out the flavor in the meat. It's the final touch I always add."

If you've undercooked the vegetables, talk about how you purposely did it to give your guests "all the vitamins and iron they will need for the next month."

As for the runny dessert, spoon it into wineglasses. Put on top of the glop in each glass a strawberry, a sprig of mint or a shaving of chocolate, and give it a new, glamorous name — like "Meryl Streep's Dream Custard." Your dinner will be a great success, I promise you.

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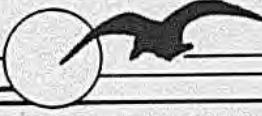
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***Peter Gianotti - Newsday Mar. 11, 1990

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soup of the day - cappellini matriciana
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bucatini matriciana	\$12.50	chicken parmigiana	\$14.50
fettuccini alfredo	\$12.50	chicken rosemaria	\$14.50
rigatoni-meat sauce	\$12.50	chicken saltimbocca	\$14.95
eggplant parmigiana			
	\$13.50	veal milanese or	
flounder fradiavolo	\$14.50	parmigiana	\$15.50
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	coffee - tea - decaf		
	no substitutions please!!!		

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Goat milk provides refreshing change

By Kit Saedaker

Now that we have accepted goat cheese, goat milk is popping up in so many recipes that supermarkets are stocking it. Good thing, too, because it has a sweet, slightly nutty taste, not at all gamy.

Kids sensitive to cow milk have been getting it for years, but just recently adults who have problems with cow milk have switched, too. And switched to goat milk in cooking, as well.

Goat milk can be substituted for cow milk in any recipe (including ice cream) without changing the flavor. As an added plus, goat milk has more calcium, vitamin A, potassium, phosphorus and niacin than cow milk and is lower in cholesterol.

With increased popularity, goat milk now comes evaporated and powdered as well as fresh, thanks to John E. Meyenberg.

Meyenberg, a Swiss, was the first person to condense and preserve milk without using sugar. He brought the process to the United States late in the 19th century and helped found Pet Milk.

Meyenberg's son, John P., began to condense goat milk in the '30s, distributing it through a company called Jackson-Mitchell. Now, with plants in Arkansas and California, Jackson-Mitchell is the goat milk king of the market.

Use goat milk with any of your favorite recipes or try the two especially good ones below.

SHRIMP WITH GOAT MILK

- 1 pound shrimp in shell (about 50 to 60 count)
- 1 cup water
- 1 cup clam juice (canned)
- ½ cup white wine
- 1 carrot, coarsely chopped
- 1 leek, cleaned well, top chopped for sauce, white part cut in small rounds
- 3 tablespoons flour
- 1 or 2 teaspoons anchovy paste
- 1 cup goat milk, fresh, evaporated or reconstituted from powdered goat milk
- 1 tablespoon olive oil
- 1 green pepper, cut in 1-inch dice
- 1 tablespoon green peppercorns soaked in warm water
- 1 cup small black olives, pitted

Yields 6 to 8 servings. Each serving has about 180 calories, 9 grams fat, 66 milligrams cholesterol and 233 milligrams sodium.

Clean and shell shrimp. Put shells with water, clam juice, wine, carrot and green part of leek in saucepan and bring to boil. Simmer, covered, for about 20 minutes. Strain through fine sieve and return to pan. While it cooks, whisk flour, anchovy paste and

goat milk together in small bowl. Stir into strained stock and bring to slow boil. Reduce heat and simmer, stirring, until slightly thickened.

Put olive oil in skillet and add white part of leek and green pepper. Sauté until tender but still crisp. Add shrimp and, over low heat, sauté quickly until just pink, 2 or 3 minutes. Cooking longer toughens shrimp. Add olives and drained peppercorns. Stir in sauce, warm gently and serve over rice.

This dish can be prepared a day ahead. Reheat carefully, just until warm, to avoid overcooking shrimp.

GOAT MILK AND HONEY POUND CAKE

- 3 cups flour
- 1 teaspoon baking soda
- 1½ teaspoons cinnamon
- 1 teaspoon anise seed crushed in blender, coffee bean grinder or mortar and pestle
- ½ teaspoon ground nutmeg
- ½ teaspoon ground cloves
- ½ cup sugar
- 1 cup honey
- 1 cup goat milk, fresh, evaporated or reconstituted from powder
- 1 cup unsalted margarine, softened
- 5 eggs
- ½ cup chopped dates (optional)
- ¼ cup orange juice
- ¼ cup honey
- ¼ cup sliced almonds

Yields 10 to 14 servings. Each serving has about 400 calories, 18 grams fat, 138 milligrams cholesterol and 175 milligrams sodium.

Mix together flour, baking soda, spices and sugar in a bowl. Add honey, goat milk and margarine and blend until batter is thick and smooth. Add eggs, one at a time, beating after each addition. Stir in dates if used.

Pour batter into greased and floured 12-cup Bundt or 10-cup tube pan. Bake in oven preheated to 350 F for about 45 minutes to 1 hour or until cake springs back when lightly touched. Cool in pan for 5 minutes.

Mix together orange juice and honey. Place cake rack on waxed paper and turn cake out on rack. Poke holes in top and sides of hot cake with fork. Then slowly brush honey-orange mixture over top and sides, giving cake time to absorb it. Sprinkle with sliced almonds and let whole thing cool completely on rack. Serve as is or with fresh fruit.

FOR TEENS

By Willard Abraham, Ph.D.

Dr. Abraham: My boyfriend and I were going together for three months. We had little fights once in a while, and then for two months he treated me like a nobody.

Then he broke up with me, and the next morning he came over, gave me a sob story, put his class ring on my finger, and we got back together. He did that three different times.

Then he broke up with me again and said he needed time to himself to find out if he really loved me. He did this a couple of times, usually lasting a week.

I finally got sick of this, and I broke up with him.

Now I'm going with a race car driver. I like him a lot, and I love racing. I know he likes me, too, but when we kiss or do anything romantic, I get scared and stop, and my ex is always on my mind. I love him (my ex) as my best friend, and maybe I have a hint of real love for him.

What I don't understand is why I cannot let him go totally. I don't know if I ever can have a normal relationship without him on my mind. — Confused.

Confused: You seem to have what some people call a "love/hate" relationship with your former boyfriend, perhaps recalling how miserable he made you feel and also the warm memories you have.

You have plenty of evidence that he hasn't been ready for a dependable involvement with you. Although he may now have developed into a more mature person, he will have to prove that to you.

Why not continue spending time with your race car friend and others, holding any possible renewal with your ex in reserve? Giving it more time to cool off may help you decide whether you can (or should) go back to trying to cope with his moods toward you.

Dr. Abraham: I've read your column every evening in our local newspaper for as long as I can remember and have found a lot of your letters and responses very helpful.

The one about the dangers of "white-out" sniffing was especially good. Some boys were horsing around with it right before your article about it was in the paper, and had not realized before the seriousness of sniffing it.

The reason I am writing to you for the first time is in response to Marian of Schenectady, N.Y., who wrote to you. Your response was great, but I'd like to add to Marian that I

had cleft palate and have two scars above my lip and lead a very full productive life.

I graduated from high school with a Regent's Diploma and received a letter from my high school for being on the honor roll my whole senior year.

My hardest time was in junior and senior high with the kids who did not have a handicap. A few were very mean and cruel to me, teasing about my speech and looks.

Some of those kids were highly intelligent, but in the sense of grades only. Any people who have a speech disability and/or facial scars are usually very caring and sensitive, a lot of it due to the fact of being treated differently.

I have nothing to be sorry for, and Marian, I bet your boyfriend never looked down on anyone or makes fun of anyone.

It's a shame that your other friend, and other people in the same circumstances, cannot treat people in the same understanding way.

I'm glad that you are so concerned and care about your boyfriend's feelings, and wish you both the best of everything. — Kathy, Tonawanda, N.Y.

Kathy: Cleft palates and the children who have them are often still misunderstood and abused by other youngsters.

Many people unfortunately believe there is a relationship between their having a cleft palate and their intelligence.

It's just not true. These children's and teens' intelligence run the full length from being very slow to very advanced. They are just like any other group, some slow, some fast and most of them clustering among the so-called average.

Dr. Abraham: I have a problem. I am 13 years old, and a lot of guys think I am 17. I was with a couple of them the other night, and we were just talking. I started kissing this one guy, and I realized I was doing the wrong thing. — No name, Oregon

No name: If it bothers you to think about what happened, perhaps that means it was just too soon or maybe they were too old for you.

Try to identify what it is that made this seem so wrong for you, and put the whole matter on the back burner until it seems more acceptable to you.

Dr. Abraham: I will answer teen questions in his column. Write to him c/o Copley News Service, P.O. Box 190, San Diego, CA 92112-0190.

Q. We're finally adding our dream bath to the house — an extension off the master bedroom that's large enough for a whirlpool bath. I want it to be surrounded by windows and floored in natural quarry tile, but my husband insists (1) that the neighbors are too close, and (2) that quarry tile is too rustic. What do you think? — A.M.

A. I think you should tear out the photo we show here and let your husband see for himself how handsomely you can refute both his arguments — or rather, how handsomely designers Diane Gote, ASID (American Society of Interior Designers) and Sandra Elliot, who's an allied member of the ASID, have devised solutions in the master bath they created for a show house in New Jersey.

They raised the tub to fit in a window bay and hung short, sheer curtains that let in the natural light while keeping neighbors' eyes out. Then they used softly glazed quarry tiles for both the floor and the steps that lead up to the tub.

In keeping with the rustic Southwestern theme, the ceiling is textured, there are plenty of plants and the furniture is woven wicker — the last two can stand up to the moisture inherent in any bath.

While we're in this newsworthy room, there are several other features you might want to consider when you plan your new bath.

The shower is separate — a low wall divides it from the lounging area (don't miss the delightful towel bar — a handmade wooden ladder).

By Rose Bennett Gilbert

- Oriental rugs, laid on the diagonal, add color and softness and underscore the native ambience.

- Other accessories have also been chosen carefully to further the theme: baskets, crockery pots

and personality pieces, such as the chairside "table" and vintage bird cage, which could hold a few feathered companions, just for fun.



SOUTHWESTERN FLAVOR — Quarry tiles and colorful rugs turn a bland space into a masterful bath with a distinctively Southwestern flavor.

Backyard Gardener

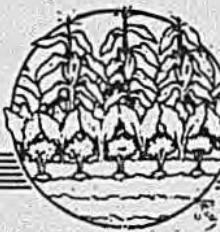
By Patrick Denton

I've been thinking lately with some fondness about a trial I made two summers ago of potted cherry tomatoes, for the advantages of growing a portion of the summer's tomatoes this way are considerable.

Consider, for example, the convenience and visual appeal of growing tomato plants on patios and decks, in window boxes and at sunny windows. Enjoy the beauty of the plants while eating from them, too.

Consider the garden space saved when tomato production, or some of it, is delegated to containers. Containing culture using a purchased planting mix, or a homemade one with a sterilized potting soil base, eliminates the danger of soil-borne diseases that afflict tomatoes. In Europe many tomatoes are commercially produced in grow-bags for this reason.

The portability of basket and potted cherry tomatoes brings another major advantage of season



extension. Because they can be settled early into their summer containers and held in a sheltered place until the weather has warmed, these head-start plants bring us the earliest possible tomatoes.

In the same way the plants can be brought into shelter late in the season for a lengthened harvest of cherry tomatoes. It's worthwhile, too, starting a second, late spring or early summer seeding of dwarf cherry tomatoes, for young plants to bring indoors at summer's end for fresh feasting during the autumn.

Don't overlook cherry tomato plants either as a grand resource for gift giving. Such plants, presented just at the point of ripening their first fruits, make ideal gifts for friends or neighbors who do not have gardens. The smaller growing plants are ideal for shut-in friends and apartment dwellers to grow at a bright window.

The tomatoes themselves are superb gifts. My trial of several

varieties left me awash in cherry tomatoes, and it was a special pleasure to clip away whole branches of the bright fruits and lay them side by side in shallow boxes for giving to a gardenless friend with three young children who shared a voracious appetite for fruit and vegetables.

Halved red and gold cherry tomatoes combined with basil and sweet onion rings or chopped green onion, all drizzled with a favorite dressing and left to marinate for an hour or two, make a beautiful and superbly flavored side dish, or meal with garlic bread or toast.

These little tomatoes are great, too, for garnishes, and for a taste and color lift to lettuce-based salads. And if their numbers become overwhelming, they can be tossed in a pot, cooked soft, and passed through a food mill for use as juice, soup or sauce.

Planters of many different kinds can be enlisted to house cherry tomato plants. Conveniently abbreviated plants can be grown in hanging baskets, window boxes or pots.

One of my favorite placements for container cherry tomatoes is on a two-tiered slatted bench set against a warm and sunny house wall. I can either place individually potted plants along the bench edges, or plant into a long wooden window box type planter placed on each level. Combining gold and red fruiting varieties in such a

group planting brings both an aesthetically pleasing arrangement and a welcome diversity in flavors.

Cherry and patio type tomato varieties come and go, and almost every year there are new ones in the seed catalogs. For gardeners who prefer to buy transplants, they are available in the spring at local garden outlets. Read catalog descriptions and labels carefully, to be sure the variety is suited to growing in pots, and to determine the size of fruit the variety bears.

Among the cherry tomatoes there is a broad diversity in plant habit and size from non-stop and straight-up to truly dwarf plants that drape their leafy, scarlet or gold-studded arms neatly over modestly sized pots and baskets. That's the first hurdle facing gardeners new to growing cherry tomatoes — the realization that tiny tomato does not necessarily mean tiny plant.

For the best in close-up, portable convenience and decorative appeal surrounding this venture I prefer to choose the most compact forms possible — Red Robin, for example, and Goldie. Some excellent cherry tomatoes, such as the wonderful Sweet Million, grow on tall vines, but I'll grow these ones on stakes in the garden.

MICROWAVE MAGIC

By Desiree Vivea



Microwave treats named for a goddess

By Desiree Vivea

When you pour your daily bowlful of cornflakes or zap up a quick dish of oatmeal, you probably think you are preparing a fairly pedestrian repast. Actually, you are about to eat a food named after Ceres, goddess of grain.

Ancient Romans held a yearly festival — the *Cerealia* — to honor this divine Olympian and to seek her aid in gathering a bountiful harvest.

Today, the term "cereal" can refer to one of three things: the edible seeds of certain grasses, the grasses themselves, or, especially in this country, to the variety of processed breakfast products that come from them. These are the cereals you will find in artfully designed boxes lining the aisles of any grocery store. Most ready-to-eat breakfast cereals are made from wheat, corn, oats and rice.

The United States is one of the few countries where cold grain is eaten as the morning meal — although cereal is becoming more accepted elsewhere, even in faraway Japan, where a typical breakfast may consist of a bowl of noodles in broth served with fish and vegetables. (I've tried it — and it's surprisingly delicious, even at 7 a.m.)

If you're always in a rush in the morning, or if you're on a diet, you may find breakfast the easiest meal of the day to skip. But don't do it. Some researchers have found that children who eat breakfast show significant improvement in academic functioning. It makes sense that adults should function better on the job, too, after a nourishing morning meal.

A healthy breakfast (of between 300 and 400 calories) should supply about one-quarter of the day's nutrients. Avoid the traditional fried eggs and bacon because of the high fat content of these foods. Instead, choose foods high in carbohydrates (to get you going) and protein (to keep you going throughout the morning).

A good, balanced breakfast might include a bowl of dry or cooked cereal with milk, an orange or banana, and a slice of toasted whole-grain bread with peanut butter for protein. (The Japanese breakfast would also be a good choice!)

Cereals, like oatmeal, that must be cooked are a good source of low-fat complex carbohydrates and they generally go through little processing, so you get the real thing.

Highly processed cereals (especially the ready-to-eat kind with the cute names designed for kids) generally have plenty of added sugar and may have added fat. Check the ingredients label on a box of cereal before you buy, if

you want to avoid these added ingredients.

Don't store opened dry cereals more than three months on the kitchen shelf. Store whole-grain cereals and wheat germ in an airtight container in the refrigerator where they will keep fresh up to six months after opening. Cooked cereal will keep, refrigerated, up to four days.

If the same old bowl of oatmeal every morning is beginning to lose its appeal, try zapping a batch of Your Own Granola — you will get all the goodness of oats, but in a delightfully crunchy form.

Jack's Party Mix and Plantation Crunch Balls offer two options for transforming your basic breakfast cereal into tasty microwaved snacks to enjoy later in the day.

(Recipes in this column are tested in 625- to 700-watt microwave ovens.)

MICRO-TIP OF THE WEEK

"Instant" hot cereals (the kind that come in a packet and to which you add boiling water) are easy to prepare, but expensive. You'll find it's much cheaper to buy the same cereal in bulk and microwave. It's about as fast as "instant," too — a minute or two per serving.

YOUR OWN GRANOLA

2 1/2 cups uncooked oatmeal
1/2 cup coarsely chopped walnuts or pecans, or toasted slivered almonds
1/4 cup wheat germ
1 teaspoon cinnamon
1/2 cup honey
1/4 cup melted butter or margarine
1/2 teaspoon vanilla extract
1/2 cup raisins

Yields about 4 cups.

Preparation time: 10 to 15 minutes.

Cooking time: 7 to 9 minutes.
Oven setting: HIGH (100 percent power).

Combine oatmeal, nuts, wheat germ and cinnamon in large microwave-safe mixing bowl; stir to mix well. Combine honey, butter and vanilla extract in 1-cup glass measure. Microwave about 1 minute, to melt. Stir and drizzle over oatmeal mixture, tossing to coat evenly.

Microwave 6 to 8 minutes, stirring every minute, just until light golden brown.

Fold in raisins and spread onto an ungreased cookie sheet to cool. Store in airtight container and refrigerate.

PLANTATION CRUNCH BALLS

1 pound chocolate almond bark
1 cup miniature marshmallows
3 cups crisp rice cereal
1 cup dry-roasted peanuts

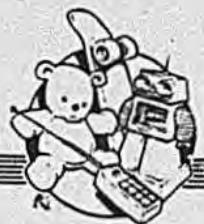
Yields 4 to 6 dozen balls.
Preparation time: 15 minutes.
Cooking time: 3 to 4 minutes.
Oven setting: MEDIUM-HIGH
(70 percent power).

Microwave almond bark in large microwave-safe mixing bowl for 3 to 4 minutes, stirring once, or until it can be stirred smooth.

Stir in remaining ingredients. Shape into 1-inch balls and drop onto waxed paper. Refrigerate 1 to 2 hours until firm.

From "Easy Livin' Microwave Cooking for the Holidays" by Karen Kangas Dwyer; St. Martin's Press, 1989.

Our Children



Points to ponder for 'sandwich generation'

By Willard Abraham, Ph.D.

Dear parents: An earlier letter to me from a woman who felt caught in the middle brought a lot of mail. She wrote about her parents in this way: "We have to repeat things, pick up after them, listen to family stories we've heard before, and laugh at stuff that's far from funny."

She recognized that she and her husband are part of the "sandwich generation," caught between her old parents and her young children.

Even though her parents live in their own house, she added that "being with them is too difficult even the few times a month that they come over," and ended by saying, "We think they're ready to go into a nursing home."

I controlled myself, but I did respond briefly by mentioning the importance of patience, understanding and gratitude toward one's parents. Others weren't quite that gentle. Here are excerpts from some of the letters:

"I had to wait until I could find some flame-proof paper before I wrote regarding that person and her 'senile' parents. Time will take care of her because she is showing her children how to treat older people!"

"My happiest moments these days are when I listen to those my age or older as we compare memories with those who also lived on farms and went to country schools — before electricity in the country, and in the days of buggies and surreys — and sleighs in the winter. My, how the young ones' faces light up as they listen."

"My grandchildren and great-grandchildren, bless them, enjoy whatever I tell them, with eyes glued on me. Tell the 'sandwich

generation' not to cheat their children of some wonderful and irreplaceable memories."

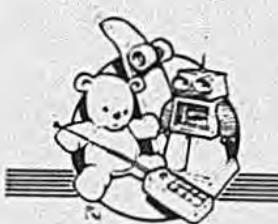
"I know there are people out there like this woman. But wait until the old parents die and watch her hurry to get their money and everything else."

"Has she ever visited a nursing home? I wish she'd try it. Most of them are horrible."

"It seems to me that all the parents want or need is TLC (tender loving care). And their daughter needs help herself, or maybe she's too 'high class' or embarrassed to be good to her parents."

"I feel sorry for people like that because they don't know about love or what they are missing. When they get sick or elderly who is going to take care of them? Probably not their kids because of how parents like this act toward their folks."

That last point is the one most often stated in these letters. The poor model that the original letter writer provided for her own children may come to haunt her someday. That isn't the main reason why she should show love and kindness to her parents, but it might be something for her to think about.



Cooking Corner



Keeping abreast of chicken

By Charlyn Fargo

Chickens are dying these day for busy cooks.

Not that all their parts are needed — quite the contrary. It's the chicken breasts, especially boneless, skinless chicken breasts, that have captured the market.

Skinless, boneless chicken breasts, which first appeared in supermarkets in the early 1980s, now account for 24 percent all chicken sales. That compares to 10 percent in 1980. Whole chickens, by the way, have slipped to 19 percent of sales, compared to 50 percent 10 years ago, says Dot Tringali, director of consumer research for the National Broiler Council.

For cooks, skinless, boneless breasts are almost too good to be true. They're quick, half the calories and a third the cholesterol of chicken with skin, and so versatile you can practically eat them Monday through Friday without, as the saying goes, sprouting wings.

They are the "fastest-growing segment of the chicken industry," says Tringali. "I think they're so popular because they're nutritious, cook so quickly and you can do most anything with them, including substituting them for other meats that aren't so nutritious."

She has watched the chicken market evolve from whole chickens to cut-up chickens, then packaging in parts to the current piecemeal of breasts, nuggets and patties. But the leader is clearly the boneless, skinless breasts.

"A lot of people only buy them and no other cut of chicken," says Tringali.

Some families practically live on chicken breasts because they're healthy, easy to cook and can be prepared in so many different ways. One tasty after-work trick with chicken breasts is to marinade them in Italian dressing and grill them. Other ways are to stir-fry with fresh vegetables, fix them like fried chicken or combine them with artichokes.

Italian flavors work well to spice up the otherwise-bland white meat. Substitute them for veal in Chicken Parmesan by pounding the breasts first and browning them, then adding a good tomato sauce and covering them with mozzarella and Parmesan. Or roll chicken breasts with a slice of prosciutto in Italian Rolled Chicken Breasts.

Like fish, chicken breasts seem to need a marinade or strong seasoning for best results. Use chicken breasts instead of whole chicken in making fried chicken by rubbing Lawry's seasoned salt, salt and pepper over the breasts, then rolling them in flour that has also been seasoned with Lawry's seasoned salt and pepper, double-coating the chicken before frying it traditionally.

A few tips for foolproof chicken breasts:

- Don't cook chicken too long or it will dry out.
- When grilling chicken, keep the grill oiled so the chicken doesn't stick.

- To cut down on cost, buy bone-in breasts and bone yourself. Save the skin and bones to make homemade chicken stock.

- Chicken breasts seem to marry well with Oriental flavors as well as Italian. Ginger, garlic, soy sauce, honey, lemon or lime juice combine for a simple marinade.

A few recipes follow:

HONEY-MUSTARD CHICKEN TERIYAKI

2 tablespoons honey
1 tablespoon prepared Chinese mustard
4 boneless, skinless chicken breast halves
3 scallions, chopped
1 tablespoon minced fresh ginger
1/4 cup dry sherry
3 tablespoons teriyaki sauce

Yields 4 servings.

In a cup, mix honey and mustard; set aside. Cut lengthwise pocket along side of each chicken breast. Fill pockets with scallions and ginger; press to close. Lightly score tops of chicken breasts, if you like.

Place chicken in medium glass casserole. Sprinkle chicken with sherry and teriyaki sauce; turn once to coat. Cover and refrigerate for at least 1 hour or overnight.

Preheat broiler or grill. Place chicken on rack 4 to 6 inches from heat source. Brush with honey mustard. Broil or grill for 8 to 10 minutes or until cooked through, brushing with remaining honey mustard and turning once.

MAPLE CHICKEN
4 boneless, skinless chicken breast halves
Salt and pepper to taste
1 tablespoon chopped onion
1/2 cup orange juice
1 tablespoon orange peel
3 tablespoons maple syrup

Yields 4 servings.

Sauté chicken breasts, which have been salted and peppered, in a little bit of oil. When done, take out and keep warm.

To same pan, add onion, orange juice, orange peel, maple syrup and additional pepper. Boil sauce down until it begins to thicken.

Return chicken breasts to the sauce. Serve breasts and sauce, topped with parsley.

CORNFLAKE CHICKEN
1 stick margarine or butter, melted
1 teaspoon garlic powder
1/2 teaspoon salt
1/4 teaspoon pepper
1/4 teaspoon poultry seasoning
3 pounds chicken breasts
1 cup potato chips
1 cup cornflakes

Yields 6 servings.

Mix butter, garlic powder, salt, pepper and poultry seasoning. Dip breasts in mixture. Crunch chips and cornflakes and mix together, then dip chicken in mixture.

Place in casserole dish. Extra batter can be poured over chicken breasts. Bake at 350 F for 45 minutes or until flakes are golden brown.

ARTICHOKE CHICKEN BREASTS
3 pounds chicken breasts
1 to 1 1/4 teaspoons salt
1/4 teaspoon paprika
1/4 teaspoon pepper
6 tablespoons butter
1 (8-ounce) can whole mushrooms, drained
2 tablespoons flour
1 cup chicken broth
1/4 cup dry sherry
1 (14-ounce) can artichoke hearts, drained

Yields 6 servings.

Season chicken breasts with salt, paprika and pepper. Brown in butter and remove chicken breasts to casserole dish.

In same dish as chicken was browned, sauté mushrooms and blend in flour. Stir in broth and

sherry. Cook until thickened. Add artichokes and pour sauce over breasts. Bake at 350 F oven for 35 to 45 minutes.

ITALIAN ROLLED CHICKEN BREASTS

3 whole chicken breasts
6 slices prosciutto
1/4 cup flour
1/4 cup grated Parmesan
1/2 teaspoon salt
1/4 teaspoon pepper
3 tablespoons olive oil
1 can cream of mushroom soup
1/4 cup dry white wine

Yields 6 servings.

Cut each breast in half. Place between foil or waxed paper and pound until thin. Place 1 slice prosciutto over each breast and roll up. Secure with skewers or toothpicks.

Mix flour, cheese, salt and pepper. Roll each breast in mixture. Heat olive oil and brown rolled breasts.

Place meat in crockery cooker and pour soup and wine over. Cook for 4 hours on low. Sprinkle remaining flour in pot and stir to blend.

CHICKEN HULA
2 whole chicken breasts, split
2 cloves garlic, pressed
Salt
1 (20-ounce) can pineapple slices
1/4 cup honey
2 to 4 tablespoons fresh lime juice
2 tablespoons soy sauce
1 tablespoon cornstarch
Grated peel from 2 limes

Yields 4 servings.

Rub chicken with garlic and sprinkle with salt. Broil or grill chicken until cooked, about 10 minutes. Keep warm.

Drain pineapple juice into large saucepan. Combine with honey, lime juice, soy sauce and cornstarch. Cook, stirring until thickened. Add pineapple slices and heat through. Serve pineapple and sauce with chicken. Sprinkle with lime peel.

Continued On PAGE 17A

KITCHEN HINTS

Scallops are delicious plain Janes

You want to give them glamour.

Here's how to create a pretty face:

1. Use large sea scallops. With a small sharp knife score the top, horizontally, then vertically to a depth of 1/4-inch.
2. Place cut side down in a hot, heavy, non-stick skillet. The cut flesh spreads open into a pretty pattern.
3. Only a few patterned scallops are needed for effect.



After Work Gourmet



Quick winter soups

By Melanie Barnard
and Brooke Dojny

"Is it soup yet?" asks the famous commercial.

It's true that it doesn't take very long to open a can or add water to a packaged soup, but the taste, in most cases, lacks much resemblance to the good homemade variety.

And soup in winter is one of the joys of the season.

We're lucky these days to be able to have the best of both worlds in the soup department. Now that we can get good-quality canned chicken broth (both regular and low-salt) and a wide variety of good canned beans, we can make wonderful soups with that homemade taste without the long-simmering wait of old.

Brunswick Soup is based on an old-fashioned Southern stew made with game, beans, corn and okra. Here we have shortened it up by using canned chicken broth, frozen vegetables, rice and boneless chicken.

This spicy brew takes only about half an hour to make and really tastes as though you had been simmering it for hours.

We love baked beans but find that we can never eat as many as we would like because of their intense starchiness. Baked Bean Soup uses canned white beans (any kind will do) and adds the baked bean flavors of smoky bacon, molasses and tomato to make a savory broth.

Add a hearty salad, a crusty roll or muffin, and a chocolate dessert to either of these, and the winter doldrums will be cured.

TIPS

- The Brunswick Soup takes particularly well to doubling. Use an 8-quart pot and make enough for at least two meals.

- Use a large (30-ounce) can of chicken broth for the Brunswick Soup if you can buy it that way in your market.

- The Baked Bean Soup freezes beautifully.

BRUNSWICK SOUP

2 tablespoons olive oil
1 onion, chopped
12 ounces boneless chicken, cut into 1-inch cubes (see note)
6 cups chicken broth (1 large, 30-ounce can)
1 (16-ounce) can stewed tomatoes
1 cup baby lima beans
1 cup corn kernels
1 cup sliced okra (optional)
1/2 cup raw rice
2 teaspoons dried thyme
2 to 3 teaspoons Worcester sauce, or to taste
1/4 teaspoon Tabasco, or to taste

Yields 4 servings.
Preparation and cooking time: 35 minutes.

In large soup pot, heat oil and sauté onion over medium heat until softened, about 3 minutes. Add chicken, broth, tomatoes, limas, corn, okra, rice and thyme.

Bring to simmer, reduce heat, and cook, partially covered, for about 25 minutes, until rice is tender.

Season with Worcestershire and Tabasco. (Can be made 2 days ahead.)

Note: Leftover chicken would be fine in this soup. Add 2 cups cubed meat during last few minutes of cooking.

BAKED BEAN SOUP

4 ounces bacon, preferably thick-sliced, cut into 1/4-inch pieces
1 teaspoon dried mustard
1 onion, chopped
2 stalks celery, chopped
2 teaspoons chili powder
5 cups cooked white beans, drained (see note)
1 (16-ounce) can tomatoes in juice
4 cups water
3 tablespoons molasses
Black pepper and salt to taste

Yields 4 servings.
Preparation and cooking time: 35 minutes.

In large soup pot, cook bacon over medium heat until crisp and fat is rendered. Stir mustard into bacon and drippings and cook 1 minute. Add onions and celery and sauté until they begin to soften, about 4 minutes. Stir in chili powder and cook, stirring, for 1 minute.

Add beans, tomatoes and liquid, water and molasses. Break up tomatoes with side of spoon. Bring to simmer, reduce heat, and cook, partially covered, for about 15 minutes.

Using back of large spoon, mash some of the beans against side of pot to make a puree that will thicken soup somewhat. Season with black pepper and salt to taste.

Note: The amount of beans in a can varies. You will need 2 or 3 (16-ounce) cans.



HEALTH WATCH

Guide to sports medicine specialties

Athletes benefit from the skills of sports medicine specialists. Here is what the different types of sports medicine specialists do.

Chiropractor
Spinal manipulation and realignment

Osteopath
Physician with manipulative training

Orthopedist
Physician who treats musculoskeletal injuries

Podiatrist
Treats foot and ankle injuries

Sports Nutritionist
Dietary planning for peak performance

Physical Therapist
Restores limb and joint functions

Sports Psychologist
Treats problems from competitive stress

Exercise Physiologist
Prescribes exercise programs

SOURCE: *Healthy Man* magazine



TRAVEL TIPS

Who Is the typical leisure air traveler?

The average leisure air traveler was profiled recently in a survey of 30,000 U.S. households.

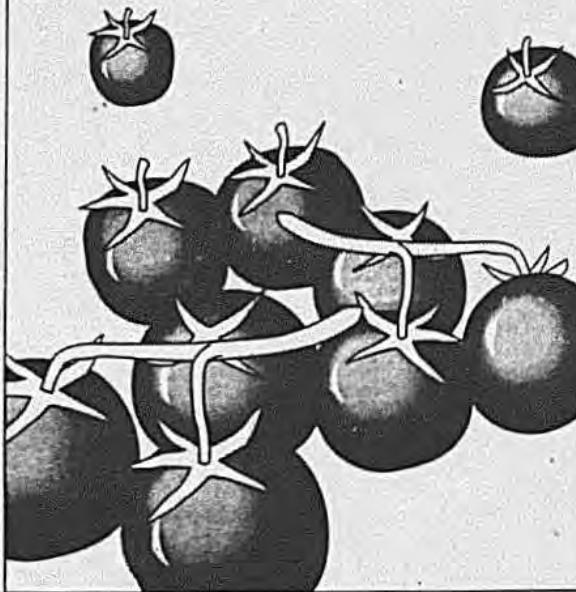


The average leisure air traveler:
Takes 2.5 vacation trips annually.
Each vacation lasts about 4 nights, with the traveler spending about \$60 per night for lodging.
Is 49 years old and married, with children.
Has an annual household income of \$44,500.

GARDEN TIPS

Potted cherry tomatoes

- Grow tomato plants on patios, decks, in window boxes and at sunny windows, enjoying beauty of plants while eating from them.
- Garden space is saved when tomato production is delegated to containers.
- Container culture using planting mix made with sterilized potting soil base eliminates danger of soil-borne diseases that afflict tomatoes.
- Portability has advantage of season extension - can be settled into containers and held in sheltered place until weather warms.



Here's How

By Gene Gary

Q. The exterior of our stucco home is dingy and needs a new, refreshed finish. I have considered painting, but one of my neighbors said it is best not to paint stucco.

Stucco finishing by a commercial firm is more expensive than I am able to afford right now. What is your opinion about painting stucco, and what would you recommend?

A. The alkali-resistant paints on the market today, together with special brushes and rollers for masonry surfaces, have made painting masonry a relatively simple matter.

Some experts do not recommend painting stucco in colder climates where the freeze/thaw cycle can cause damage and peeling. The theory is that the stucco should be able to breathe, and that moisture can get between the paint and the stucco, causing peeling and disintegration of the masonry.

However, if you live in a moder-

ate climate, painting should be a viable option. The purpose of the painting, the condition of the surface and the expected exposure all combine to dictate the selection of the right paint.

Consequently, these factors should be related to your local reputable paint dealer who will help you choose the right paint for your project. There are many quality alkaline-resistant paints, and each has its advantages and disadvantages.

For example, latex paints for use on masonry surfaces can be used with confidence. They come in a wide variety of colors, are water-thinned and can be applied to a damp surface. In fact, the surface should be dampened before applying the first coat.

Oil-based stucco and masonry paints are similar to conventional house paints in many respects. Their flat or low-sheen qualities tend to hide surface irregularities, and these paints produce good re-

sults where concrete and adjacent wood surfaces are to be painted the same color.

As with any painting project, proper preparation is essential to assure satisfactory, durable results.

First, be sure that the surface is clean, cracks, indentations and spalls filled, and the surface otherwise intact (no crumbling or scaling) before painting.

Wash away oil and grease, remove dirt and other materials with a wire brush. If there is any white, saltlike material adhering to the stucco, it is likely efflorescence. This is caused by moisture that dissolves salts in the interior of alkaline materials and carries them to the surface. Efflorescence must be removed before painting (use a solution of muriatic acid, mixed 1 part to 9 parts of water, applied, scrubbed and rinsed with clear water).

Paint will help seal the masonry surface and will help prevent efflorescence in the future.

If you have any moisture problems near the foundation, use a colorless masonry sealer on the lower portion of the building to help prevent problems. This is a wise precautionary measure in almost any case. Then apply an alkali-resistant primer followed by

the finish coats. Two finish coats will be more satisfactory than a one-coat finish.

For best results, always choose a quality paint and use a special masonry brush or roller to make your job easier. You will probably have to repaint every three to seven years, depending on the exposure and climatic conditions your house is subjected to.

If you wish to consider options other than painting, there are firms that will resurface the stucco finish.

Another option would be to use stucco refinishers. One such brand is "Revive" made by Expo Stucco Products. This product can be sprayed over large surfaces, or brushed or rolled in areas where spraying is difficult.

It has the consistency of a very thin paint, but won't work on a surface that has already been painted. A natural, untreated, unpainted wall is required; without it, you won't get a good application.

KITCHEN KIDS



Baked breakfast favorites

By Rena Coyle

When you and your kids get up a little early some morning and you have 20 minutes on your hands, let the youngsters mix up a baked breakfast favorite for the rest of the sleeping family. Coffee cakes and breads, warm from the oven, would be hard for anyone to resist.

Here are two simple recipes that your young children can mix together with you, or the older kids could make on their own.

The first recipe is for a strussel-topped coffee cake spiced with nutmeg and cinnamon for a warm, homey flavor. The top is a crisp and nutty crust, a family favorite that has been passed down through the generations.

The second recipe adds fruit to the batter to give its own special flavor. This recipe calls for peaches, but any fruit — fresh, frozen or canned — would also taste as good. Just a note, though, when using fresh fruits — toss them with a touch of sugar for sweetness. If you use frozen fruits, keep them frozen when spreading over the cake, but first toss with sugar and tapioca — frozen fruits will weep as they thaw.

Kids love to bake, and here are some early morning choices to get their day off to the right start.

STRUSSEL CAKE

$\frac{1}{2}$ cup plus 2 tablespoons

butter or margarine
2 cups plus 3 tablespoons flour
2 cups brown sugar
1½ teaspoons cinnamon
1½ teaspoons nutmeg
2 teaspoons baking powder
½ teaspoon baking soda
1 cup sour cream
2 eggs
½ cup chopped pecans

Utensils: 9x13 baking pan, paper towel, 2 large mixing bowls, electric mixer, rubber scraper, small mixing bowl, measuring cups and spoons, oven mitts, cooling rack. Yields 10 servings.

Preparation time: 30 minutes. Baking time: 30 minutes.

Dab paper towel with 2 tablespoons butter and rub evenly over sides and bottom of baking pan. Add 3 tablespoons flour and move pan around so dusting of flour covers buttered pan. Set pan aside. Preheat oven to 350 F.

In mixing bowl combine flour and sugar. Add butter and with electric mixer on low speed, blend until mixture looks crumbly. Measure $\frac{1}{2}$ cup of these crumbs and set in small mixing bowl for topping.

To large mixing bowl add 1 teaspoon cinnamon, 1 teaspoon nutmeg and baking powder.

In remaining large mixing

bowl, combine baking soda with sour cream. Add eggs and blend.

Using electric mixer, begin adding sour cream mixture to flour mixture, stirring batter thoroughly after each addition. Once batter is smooth, pour it into baking pan, scraping bowl clean with rubber scraper.

Add nuts and remaining spices to small mixing bowl and toss together with flour crumbs. Sprinkle over top of cake. Put oven mitts on and put baking pan in oven to bake for 30 minutes.

Turn oven off and, with mitts on, carefully remove baking pan from oven and place on cooling rack.

When cake has cooled for 15 minutes, cut into big squares and serve.

PEACH KUCHEN

1 cup plus 1 tablespoon butter or margarine
3 cups flour
2½ teaspoons baking powder
½ teaspoon baking soda
1 teaspoon nutmeg
1 cup sugar

Utensils: 10x10 baking pan, paper towel, oven mitts, cooling rack, mixing bowl, strainer, can opener, mixer, rubber scraper, measuring cups and spoons.

Yields 10 servings.

Preparation time: 20 minutes.

Baking time: 1 hour.

Dab 1 tablespoon butter with paper towel and rub evenly over sides and bottom of baking pan; set aside. Turn oven on to 350 F.



In mixing bowl combine flour with baking powder, baking soda and nutmeg. Using fork, toss dry ingredients together. Set aside.

In remaining mixing bowl, combine remaining butter and sugar. With electric mixer on medium speed, cream together until smooth and creamy. Add egg and vanilla and mix until blended. It will look a bit soupy, but that is OK.

Add half the flour mixture to butter mixture and with mixer on low speed, blend slowly. Then add half the milk to bowl and blend, again on low speed. Add remaining flour mixture and blend, then finish off by blending in milk.

KITCHEN KIDS



Scoop dough into buttered baking pan and pat into corners of pan.

Place strainer in sink. Open can of peaches and pour peaches into strainer to drain. Spread peaches over top of cake and press slightly into batter.

Put oven mitts on and carefully place pan into oven to bake for 1 hour.

When cake has risen slightly and turned a golden brown, it is ready. Turn oven off and put oven mitts on and carefully remove pan from oven and set on cooling rack. Let cool 10 minutes before serving.

Continued On PAGE 1A



LOCAL READER

CLASSIFIED ADS sure to get results

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DEADLINE
TUESDAY
12 NOON

ONE AD APPEARS IN 8 LOCAL NEWSPAPERS FOR ONLY \$10.75

Garden City News • Call 294-8900

Great Neck News

Mid Island Times • Bethpage Newsgram

Syosset Advance • Jericho News Journal

• Call 931-0012

Williston Times • Mineola Edition

New Hyde Park Herald Courier

• Call 746-0240

NOW after 2 p.m. phone in your ad 24 hours a day to our special after hours ad number. You can phone your ad 24 hours a day and it will appear in the next issue of the paper (up to the 12 noon deadline for week of publication). If you miss the hours of our regular ad takers at any of the above numbers call 746-0240 and give your ad 24 HOURS A DAY.

Help Wanted

LEGAL SECRETARY/PARA-
legal for P/T work in small law office located in West Hempstead. Call 486-7307. Non-smoker please. gcMr2

TELEPHONE SOLICITOR
to work at home. Leads furnished, good compensation, permanent immediate opening. Mr. Morgan, 931-0012.

PERSONS WANTED TO COVER
meetings in Great Neck, Garden City, New Hyde Park, Williston Park, Syosset, and Bethpage for local weekly newspapers on stipend assignment basis. Call 931-0012 for more information.

SECRETARY F/T, SMALL
Garden City consulting firm. Strong typing & editing skills, good phone manner. WP, dictaphone, light bookkeeping. Macintosh experience highly desirable. Non-smoker. 747-1200. gcM2

SMALL CONSULTANT OFFICE
in Mineola. F/T general office duties, filing telephone, good typing skills. Benefits. 248-3000. gem2

HOUSEKEEPER/BABYSITTER
Live out, flexible hours, licensed driver preferred. One child, references required. Call Sat. & Sun. Leave message on machine. 485-4979. gcM3

REAL ESTATE SALES. WELL
established real estate office looking for sales agent. Experience preferred but not necessary. Ask for R. Valentine. Valentine Agency, 746-7200. Wa2

DAY BABYSITTER WANTED
Steady hours, two to three days a week. 3½ and 1 yr. old children. English a Must - own transportation (Manhasset), 627-9280. wM4

Help Wanted

P/T DRIVER TO PICK UP
and deliver for a Garden City South business. 5 days per week. Must have clean license. Retirees preferred. Call before 5 p.m. 486-3602. gcMr3

HOUSEKEEPER / BABYSITTER
live in. Five days for 3½ & 1 year old at home. Own room, bath TV, 627-9280. (Manhasset) References & English a must. wM4

ADVERTISING SALES
Opening for energetic person in Great Neck area. 20 hours or more per week. Some experience helpful. Good earning potential based on salary plus. If you are seriously interested in finding long-term employment, please call 931-0012. htFn

HOUSEKEEPER / BABYSITTER
Live in, 5 days, 1 child 5 years, own room & bath. Driver's license required. References & English speaking. 746-4465. gcMr4

MOTHERS HELPER FOR
summer. Approx. 30 hrs. per week. Must be member of Garden City pool. Available for occasional evening babysitting. 747-6614. hm5

BABYSITTER WANTED FOR 3
young children in my Williston Park home. 3 afternoons, 15 hours per week. Wed. 1:30 - 5, Thurs. and Fri., 11:30 - 5. References please. Call Eileen 759-9584. hm4

ART LAYOUT PERSON
experienced, 20 hours per week. Looking for someone to work permanent part time only. 931-0012. Immediate opening.

START \$6.80 HOUR
your area. No Experience necessary. For information call 1-900-226-9399, ext. 1476, 6 a.m. - 8 p.m. 7 days. \$12.95 phone fee. hhM5

BABYSITTER 2 OR 3 EVENINGS
per week, 5 p.m.-9 p.m. References required. 485-4979. gcMr4

LEGAL SECRETARY/PARA-
legal for P/T work in small law office located in West Hempstead. Needs strong typing skills. Knowledge of Word Perfect a plus. Call 486-7307. Non-smoker please. gcMr2

SECRETARY P/T, 12-5 P.M., Mon.-Fri. Insurance adjuster's office in Garden City. General office duties to include typing & word processing. Call Dot 11-5 p.m. daily 222-0088. gcM2

P/T RECEPTIONIST/SECY
for modern professional office. Great staff, top pay, plus benefits. Will train. Ask for Louise. 775-3915. wM1

Help Wanted

MATURE MOTHER NEEDED
to care for 14 month old girl. References required. 877-1732. gcMa3

REAL ESTATE SALES
Business booming. Full time, experienced preferred. Call 248-1258 eves., 248-6655 days. Dougall Fraser Realty. gem5

DENTAL RECEPTIONIST/
assistant. P/T Fri. 9-5. Will train. Call 746-0445. gem2

BABYSITTER NEEDED TO
care for new born infant in my Garden City home until end of June. Non-smoker & references. English speaking. Mon.-Fri. 746-5573. gem5

P/T TYPING, OFFICE WORK.
Legal experience a plus. 10 a.m. - 2 p.m. daily (but flexible). Located in Garden City. 746-7642. gem3

EXTREMELY BUSY OFFICE
needs experienced Sales Agent. Call Bernice Rossi, Molloy Realty 747-2010 or 294-9112. gcMr5

Situation Wanted

LIVE IN HOUSECLEANER
available. 486-6227. gem3

NURSE'S AIDE/ENGLISH LPN
licensed, seeks to care for elderly or infants. Live out. (718)528-1897 before 4 p.m. (212) 415-1569, after 6 p.m. (516) 248-8563. gcMr4

HOME CARE ATTENDANT/
Companion Live-In or Live-out, 5 days a week, experienced with references. (718) 774-3185. gcMr4

COMPANION TO LIVE IN
drive & light housekeeping. References - 486-6836. gcMr4

GARDEN CITY OFFICE &
House Cleaning Corp. Bonded & insured. Will professionally clean your office or house by experienced people at reasonable rates. Call for free estimate. 248-8690. Leave message. gem5

TWO (2) CERTIFIED NURSES
wish work with sick or elderly. Available full time days & also evenings. 484-4321. Wm5

NURSE'S AIDE EXPERIENCED
& reliable seeks FT work caring for the sick and elderly. 5-6 days weekly. Excellent reference. Call 538-3357. gem4

YOUNG LADY SEEKS LIVE-IN
companion, housekeeping, child care. \$225-\$275. References available. Sandy, 338-6759 w/e 718-774-6469. gem4

HOUSECLEANING: NEAT,
reliable & sweet young lady available to clean your house or babysit (spare time). Good experience & own transportation. Call 775-4467. gem3

LOOKING FOR HOUSECLEAN-
ing job. I am responsible, have references & own transportation. Reasonable rate. 379-7442. gem4

ENGLISH SPEAKING CLEAN-
ing woman. References, own transportation. Wed. available weekly. \$10 per hour. Prefer Garden City, New Hyde Park, Williston Park, Franklin Square & Elmont. Call Jean 568-3127. gem4

MATURE WOMAN SEEKS
position as domestic, experienced & references. 546-4628. gem4

ENGLISH NURSE WILL WORK
as a nurse's aide with the elderly 5-8 hours a day. Experienced. References available. Call 764-9516 from 5-9 p.m. gem4

HOUSECLEANING AVAILABLE
Hard working with good references. Own transportation. Call after 7 p.m. 564-4122. gem5

HOUSEKEEPER AVAILABLE
Live in or out. Experienced & references. Please call & ask for Delmy or Coral 623-4951. gem4

ATTENTION BACHELORS,
bachelorettes, working families. If you can't be in two places at once and your life seems overwhelming, let me come to your rescue. Young Mineola Mom with empty nest syndrome, 25 year resident, available for housecleaning, shopping, errands, gourmet meal preparation. References, flexible hours & duties. Minimum \$35.00. 747-2673. Wm4

LOOKING FOR 2 DAY PER
week general office work. Typing, filing, etc., mature, experienced. Great phone personality. Call Chris 931-1320. hm2

NURSE'S AIDE FULLY EXPERI-
enced in hospital, nursing home and private duty, willing to take a long term case. Work hours 11 p.m. - 7 a.m. \$10 an hour. References. 546-2521. gcMy1

HOUSECLEANER LOOKING
for day work. Experience, English speaking, own transportation, good references. Call 489-9151. Ask for Anna. gem5

HOUSECLEANER AVAILABLE
Good reference, good service, own transportation. Call 997-2035. gem5

Situations Wanted

ELEMENTARY GARDEN CITY tutor available for your child's special needs. Remediation, enrichment, etc. Warm, motivating, experienced teacher available 7 days per week after school & weekends. Excellent references. 326-9529. hm2

DOMESTIC HELP AVAILABLE Part Time. Please call Dulaski 48-7836 any time. gcMr5

HOUSEKEEPER - TEN YEARS experience. Honest, Christian lady. Call Ana anytime. 486-7944. gcm3

HONEST, MATURE WOMAN seeks full/part time position to assist an elderly person. Long term. Live in/out. Call Evelyn 718-525-2795. gcm3

WILL BABYSIT YOUR CHILD IN my New Hyde Park home. Mon. thru Fri. References. Full time. 746-7773. Wm3

MATURE, FRENCH SPEAKING woman seeks housekeeping position. Very reliable. References available. Live in. Call evenings. 485-1929. gcMa3

EF AU PAIR - CHILD CARE affordable. European, live-in child care - 12 months legal program, weekly, average \$165. Call today for our next monthly arrival. 1-800-333-6056. hm5

HOUSECLEANER, HONEST, Reliable, available for daily work. Very thorough and efficient \$50-360 daily. Also Apartment cleaning a specialty at moderate prices. Own transportation. 489-2788. gcMr2

HOUSECLEANER AVAILABLE Experience, references and own transportation. Three days a week. 742-9175. gcMa3*

IRISH GIRL AVAILABLE for housecleaning. Experience and reference. Please call (718) 347-4809. gcMr3

IRISH GIRL - NURSE'S AIDE available to work days or nights. References available. Call (718) 470-6275. gcMr3

MATURE WOMAN SEEKS housecleaning position. Reliable. References available. Call evenings. 485-1929. gcMa3

NURSE'S AIDE AVAILABLE 5 days per week, live out. Experienced. References available. 481-6366.

LOOKING FOR SLEEP IN housekeeping job. Also will take care of children. Trustworthy, experienced. 938-3116. Ask for Rebecca. gem2

P/T RECEPTIONIST / SECY available to work any 3 full days except Thursday, Saturday and Sunday. Personable and dependable. 747-0831. wM4

HOUSECLEANING AVAILABLE Ten years experience. Good reference, with transportation. Call 488-6462 or 564-8416 after 6 p.m. please. gcMr2

Situations Wanted

RESPONSIBLE POLISH housekeeper living in Garden City, seeks day work housecleaning. Available weekdays or weekends. Good references. 248-3788, leave message. gcMa3

SEEKING POSITION AS LIVE-IN Nurse's Aide or live-in housekeeper. 212-299-1753. gcm2

MOTHER'S HELPER - IRISH High School student available June 10 - August 18. Excellent references. Non-driver. Leave message 378-5619. gcMr2

HOUSECLEANER AVAILABLE Experienced. Will work any day. 292-2747. Call any time. gcMr2

RELIABLE, RESPONSIBLE, young woman seeks job as nurse's aide/companion to live out. 546-9331 eves. and weekends. gcMr2

RELIABLE, EXPERIENCED Nurse's Aide seeks position to take care of elderly. Live in or out. Own transportation. 379-6967. gcm2

BABYSITTING - GARDEN CITY mother with older children wanting to babysit occasionally. Preferably daytime. Thank you. 248-5896. gcm2

LOOKING FOR DISHWASHING job in restaurant or office cleaning. 538-9428. Leave message on machine please. gem2

CHILD CARE AVAILABLE

NYS certified early childhood teacher with master's degree will care for your child in my Mineola home. Enriched environment. Playmates. Certified program. Excellent extensive references. 747-5350. wFn

BABYSITTER AVAILABLE Mature woman, any age child in my Mineola home. PT or FT. Call 294-9613. gcm5

HIGH SCHOOL STUDENT available for babysitting or Mother's helper on week days after 3:30 or weekends. 747-7216. gcm5

SUMMER BABYSITTER AVAILABLE. Experienced & transportation. Flexible for the summer. Garden City area. 747-1113. gcm5

CHEVY VAN WITH DRIVER for light trucking. \$15 per hour. 742-0933. gcm5

EXP'D TYPIST AVAILABLE Reports, memos, letters, resumes, legal documents, laser Jet printer, WordPerfect 5.0. Call 294-4559. gcm2

HOUSEKEEPER WITH HOTEL experience available to clean your house. 564-8180. gcm5

ATTENTION VACATIONERS would you like to go away and know that your dog or cat is well taken care of? Mature woman who loves animals will give your pet lots of TLC. Fenced in yard. 562-9113. gcmr5

Situations Wanted

GERMAN AU PAIR, 21 yrs old Available for one year to Garden City family. Start April 1, 1991. Good references. No fee. 248-5663 after 6 p.m. gcMr5

Real Estate For Sale**MINEOLA/GARDEN CITY**

border. Beautiful Brick Colonial. 3 BRs, LR/fpl, FDR, den, new bath, roof & windows, fin. bsmt. with wet bar. Mint condition. \$247,000. Principals. 746-1779. Wm5

RIDGE "LEISURE VILLAGE"

Regency Condo, Immaculate 2 BRs, 2 baths, large LR, FDR, Florida rm., garage, cac, 24 hr. security. Walk to recreation, pool, golf, free bus service. Asking \$127,500. By owner 744-5929. gem3

PRIME REYDON CT.

Southold, N.Y.: Two one-acre lots, deeded and association approved, private beach plus boat slips and community marina, road and power completed, all approvals. Ready to build. Call 437-8520. gcm3

GARDEN CITY ESTATES

Center Hall Colonial. LR/fpl, FDR, new spacious EIK, 4 Brs, 2½ baths, rec. rm., brick & vinyl, maintenance free exterior, 2 car garage, gas heat. Walk to RR, stores. Mint condition. Realistically priced \$329,000. Principals only. Call evenings for appointment. 742-2712. gem3

CAMELBACK, PA. TOWNHOUSE

Best mountain top location. Ski on/ski off. Fully furnished 4 BRs, 4 baths, 2 kits., deck, wood stove, skylight, greatroom. Clubhouse with heated pool, indoor tennis & sauna. \$139,000. Sale/Rent. 747-7019. gcm5

GARDEN CITY - SAVE \$400,000!

Price reduction plus 8.5% mortgage by owner saves \$1,000 per month in mortgage payments! It's less expensive than you think to trade up to this 5 BR Colonial on Oxford Blvd. Owner/Broker 248-2450. gem4

FOR SALE OR SWAP HOUSE

In Berkshires. Colonial 5 BRs, 3 baths, tennis court, 6 acres, near skiing & Swimming. Willing to swap for home on Eastern Long Island. Call owner (212) 291-3755 days. GcMr4

CUTCHOGUE! NASSAU PT.

Bayfront. New England Colonial charm on wooded acre. Breath-taking panoramic view of Peconic Bay. 5 BR, 2 baths, EIK, lg. LR with fpl., den, dining porch, full basement, flagstone patio, 2 car garage. Bulkheaded beachfront. Newly refurbished, move-in condition. \$635,000 by owner. 734-5321. hm3

SUMMER HOME IN

Cutchogue. Prime waterfront, minutes to Peconic Bay waters. Possible owner financing with a large down payment. \$279,000. 584-6318. gcMr5

Real Estate For Sale

PORT WASHINGTON - 5 BRs 4 baths, 2 kitchens, full finished bsmt. Good income. By owner. Principals only. \$330,000 767-2796. gcmr3

GARDEN CITY ESTATES

Brick Center Hall Colonial. 3 BRs, 3 baths, LR/fpl, FDR, den bsmt rec. rm., screened porch, attached 2 car garage. \$400's. Owner 248-8425. gcm5

GARDEN CITY ESTATES

reduced for immediate sale 3 BR Colonial, new EIK, 2 full baths, fin. bsmt. Large LR/fpl, FDR, \$2,600. Asking \$305,000. 248-2009. gcmr3

SEAFORD 3 BR WATERFRONT

Small & charming, new kit & bulkhead. Low, low taxes plus low house & lawn maintenance. Truly a lazy man's special. \$159K. Mr. Grasso 775-6035. gcm2

GARDEN CITY EXPANDED

Ranch on John St. 5 BRs, 3 baths, den, cac, ½ acre. \$575,000. By owner. 741-0451. gcm3

GARDEN CITY & VICINITY:

Buyer's Market! 100x115 on prestigious Stewart Ave., 5 BR slate roof brick Georgian Colonial, 3½ baths, den/library, palatial windows, fpl, covered patio/porch, 2 car attached. Real beauty. \$650,000. Western Section 3 BR Ranch, 2 baths, skylight kit., LR, fpl, full fin. bsmt., 2 car, 80x100, beautifully landscaped plot. Young 3 BR Split, 2½ baths, updated kit. \$339,000. Garden City South 3 BR Brick Split, 2½ baths, central air, fin. bsmt., sprinklers, 2 car. \$295,000. Garden City Park 4 BR Tudor, 2½ baths, EIK, 2 car, walk Merillon RR, \$265,000. Adjoining bldg., plot 60x100 \$120,000. Young own Country Club - 5 BR Slate roof brick CH Colonial, 3 plus two half baths, den, heated pool, two cabanas, 3 car, seven (7) rm. attached suite. Owner finance. \$495,000. Hempstead Cathedral Gardens: On Garden City Line, young breathtaking 4 BR CH Colonial, 2½ baths, super kit, fam. rm./fpl, CAC, 14' x 24' conservatory deck, fish pond, 2 car, walk to Garden City station, available furnished. \$425,000. 4 BR Colonial Tudor - 3½ new baths, new EIK, fpl, den, fin. bsmt., possible mother/daughter. SD #27, \$284,500. Charming 3 BR Center Hall Colonial, EIK, porch, patio, 75x100 landscaped beauty. \$219,000. Why Rent? Can buy with Sonymae 8½% mortgage - Studio, new kit, wall to wall carpet, elevated bldg. Low maintenance \$329. \$47,000. 4 BR Brick turreted slate roof French Tudor, 2½ baths, granite fpl, sunken beamed LR, 70' x 130' property, 2 car. \$220,000. Overlooking Golf Course - 5 BR Colonial, 2½ baths, fpl, 20 x 18 den, new decor. Possible MD. \$199,000. 4 BR Dutch Colonial - 2½ baths, jacuzzi, new windows, fpl, den 90 x 130, walk RR, 2 car garage. \$189,000. 3 BR Quaint Colonial - 2½ baths, EIK, master BR/fpl, LR/fpl, walk all, 2 car garage. \$169,900. Elaine J. Nolan 485-7054 - 292-9749. Wm2

GARDEN CITY MOTT

Center Hall Colonial, 4 BRs, 1½ baths, LR/fpl, DR, new kit., den, plus fam. rm. with cathedral ceiling. Fin. bsmt., 2 car garage, oversized park-like plot. Mint. Principals only. \$475,000. 746-7507. gcm3

GARDEN CITY TUDOR

Gardens. 1 BR Condo, mod. EIK & bath, A/C, walk to all. Low maintenance with heat \$169. By owner \$170's. 742-8342. gcm3

GARDEN CITY ON THE BLVD.

Corner house. Large custom Cape. 4 BRs, den, 3 baths, oak floors, designer kit, LR, DR, fin. bsmt., sprinkler system, beautifully landscaped. Principals only. \$265,000. 352-5062. hm5

GARDEN CITY ESTATES

Elegant, beautifully decorated and renovated Dutch Colonial. Center Hall, 5 Bedrooms, 3½ Baths, Living Room with fireplace with authentic Dutch tiles, formal Dining Room, Sun Room, Finished Basement. Brass light fixtures. Laura Ashley curtains and wallpaper throughout. Hardwood floors, new eat-in kitchen with cherrywood cabinets and top of the line appliances, two car garage. New furnace and water heater. House surrounded by dozens of azaleas. Excellent location, within half mile from Mineola and Hempstead train lines. Tullamore Park. Homestead and Stratford Schools just around the corner. By owner. \$495,000. 742-4271. gcm5

Real Estate For Sale

GARDEN CITY SOUTH 4 BR, 2½ baths, fin. bsmt., easy mother/daughter. Near RR. Owner being transferred. \$215,000. Principals only. Days 212-370-8404, evenings & weekends 516-483-3879. gcmr2

1 BR CONDO OCEAN FRONT

Gold Coast AIA Palm Beach. Newly renovated, leather furniture, near golf course. \$84,000. Also for rent with option to buy. 483-6880 days, 285-7738 eves. gcAp1

GARDEN CITY WESTERN

Section corner Split. 3 BRs, 1½ baths, LR/fpl, DR, Kit, den, bsmt., patio, CAC, 1 car garage. \$325,000 negotiable. 488-4796. gcm5

PARK SECTION MINEOLA

Legal 2 family. 5½ & 4½ rm. apartments. Gas heat, full attic, fin. bsmt. 50 x 100 ft. lot. Low taxes. Mid \$200's. Call 746-3141. hm3

INCOME PROPERTY, NORTH MERRICK Totally mint. 3 BRs, 3 baths, FDR, EIK, fin. bsmt. with bath, 3 room fin. garage, large deck with awning. Call for appointment. \$190,000. 623-6801. gcMr2

GARDEN CITY ESTATES

reduced for immediate sale 3 BR Colonial, new EIK, 2 full baths, fin. bsmt. Large LR/fpl, FDR, taxes \$2,600. Asking \$305,000. 248-2009. gcm3

GARDEN CITY MOTT

Center Hall Colonial, 4 BRs, 1½ baths, LR/fpl, DR, new kit., den, plus fam. rm. with cathedral ceiling. Fin. bsmt., 2 car garage, oversized park-like plot. Mint. Principals only. \$475,000. 746-7507. gcm3

GARDEN CITY TUDOR

Gardens. 1 BR Condo, mod. EIK & bath, A/C, walk to all. Low maintenance with heat \$169. By owner \$170's. 742-8342. gcm3

GARDEN CITY ON THE BLVD.

Corner house. Large custom Cape. 4 BRs, den, 3 baths, oak floors, designer kit, LR, DR, fin. bsmt., sprinkler system, beautifully landscaped. Principals only. \$265,000. 352-5062. hm5

GARDEN CITY ESTATES

Elegant, beautifully decorated and renovated Dutch Colonial. Center Hall, 5 Bedrooms, 3½ Baths, Living Room with fireplace with authentic Dutch tiles, formal Dining Room, Sun Room, Finished Basement. Brass light fixtures. Laura Ashley curtains and wallpaper throughout. Hardwood floors, new eat-in kitchen with cherrywood cabinets and top of the line appliances, two car garage. New furnace and water heater. House surrounded by dozens of azaleas. Excellent location, within half mile from Mineola and Hempstead train lines. Tullamore Park. Homestead and Stratford Schools just around the corner. By owner. \$495,000. 742-4271. gcm5

Real Estate For Sale

GLEN OAKS, RENOVATED 1 BR
Garden Apt. Lovely location near North Shore Towers. Move-in condition. EIK, low maintenance. \$61,500. Owner (no fee). 747-0535
wm3

PENNSYLVANIA, WEST
Poconos. Well constructed (single Ranch 80x150). Residential area. Owner 1-717-636-0717. Principals only. gcm2

GARDEN CITY, 3 BR CAFE, new oak EIK, 2 new baths, steam shower, skylights, LR, DR, Cedar fam. rm., large deck & oversized yard. Fin. bsmt. & laundry rm. Sunny with Country Charm! Call for appointment. \$233,000. 742-2028. gcm2

GARDEN CITY VICINITY
Luxury Townhouse located at the Atrium Plaza just 5 blocks from the Garden City Hotel. 3 BRs, 2½ baths, EIK, DR, LR, fin. bsmt., laundry rm., outdoor patio, garage parking, CAC, security system, appliances. Owner has relocated and is pricing this Townhouse for an immediate sale at \$215,000. Call us today at 717-296-2673 to discuss possibilities of financing, rental with purchase option, immediate possession, etc. Owner. gcMr5

MUST BE SEEN! ALL GAS home. Custom Ranch. 100x160 overlooking Garden City Golf Club. Pristine & private 4 BR, 2½ new baths, modern EIK, LR, FDR, den, bsmt. designed for entertaining. 15 foot wet bar, pool table, grand fpl, oversized 2 car garage. Many extras. By owner \$649,000. 248-9246 during week p.m., on weekends a.m. gcm2

KEUSEY'S EXCLUSIVES
New Exclusive! Plenty of room for the family in this 7 BR, 5½ bath Colonial. LR/fpl, den, breakfast rm/skylight on 100 x 150. Extras galore! \$675,000. New Exclusive! Immaculate 3 BR, 3 bath Split. Central air, skylight in new EIK, fam. rm. with wet bar. New Anderson windows. Lots of privacy for only \$389,000. Estates Center Hall Colonial. Mod. & spacious EIK, 4 BRs, 2½ baths, fpl, rec. rm., 2 car, walk to all. \$345,000. Expansive Living area in this 3 BR, 2½ bath Contemp. Large property. EIK, fam. rm. Asking \$345,000. Put a Little Mott in your life! Center Hall Colonial, LR/fpl, DR, Kit, Florida rm., 2 BRs, 1½ baths. Priced to sell \$295,000 English Colonial 60x145 property needs TLC. 4 BRs, 1½ baths, LR/fpl, full DR, kit, heated sun room & garage, plus low, low taxes. Reduced to \$279,000. Contemp. Colonial on 85 x 130 lot, 3 BRs, 1½ baths, den, 2 car with electric eye. Asks \$265,000. Edwin M. Keusey 747-1300. gcm2

SOUTHOLD - FIRST OFFERING
Waterfront, wooded parcel with spectacular views, outlet to bay. \$200,000. Mattituck - Charming 3 BR, 2 bath Ranch, LR, DR, skylights, cathedral ceiling, deck. \$149,000. Southold - Lovely traditional Cape, 4 BRs, 3½ baths, lg. LR, FDR/fpl, EIK, laundry rm, 2 car garage, slate patio. \$227,000. Marion Lang Realty 734-6690 or 734-6472. gcm2

Real Estate For Sale

BELLEROSE VICINITY
Magnificent side hall Victorian style. 4 BRs on second flr. plus walk up attic, 1½ mod. baths, mod. EIK. We have FDR, TV/music rm., LR/fpl, A/C, EE garage door plus main floor laundry rm. Taxes \$1,100. One of a kind! \$170's. Diligent Realty 718-776-7474. gcm2

EAST WILLISTON STARTER 2 BRs, LR, DR, 1½ baths, new windows, roof, Wheatley SD, low taxes. Move-in condition. Low \$200's. Owner 248-2379. Wm2

SOUTHOLD - VERY NICELY decorated 10 yr old Ranch in quiet area near water. 3 BRs, 2 baths, attached garage & covered brick patio. Move right in! \$165,000. East Marion - Deep waterfront completely refurbished 3 BR, 2 bath Ranch, open kit/dining area, LR/Brick fpl, attached 2 car garage, deck & dock. Asking \$399,000. Southold - Lovingly restored 1860's Colonial set on landscaped acre in private area. 4 BR, 1½ bath, large barn/garage. A rare find. Just reduced to \$235,000. Southold Exclusive - 3 BR Cape in good condition. EIK, 1½ baths, FDR, OHW heat, near village. Excellent buy at \$129,500. Summer Rentals Fall Season New Suffolk - Oldie on beach, 3 BRs, \$7,000. Southold - Steps to private beach, all new 2 BRs \$5,500. Catchogue - Rustic 3 plus BRs, open front porch. Walk to beach. Marion King Real Estate 734-5657. gcm2

GARDEN CITY ESTATES
Reduced \$55,000. Spacious stone/brick, slate roof expanded Ranch. Large property. 3 BRs, 2½ baths, mod. kit., LR/fpl, DR, 2 dens, 2 car. Asking \$349,000. 481-2037.

WHY WAIT SAVE BROKER'S fees. Garden City NE Split. 3 BRs, 2 baths, aluminum siding, CAC, low tax & maintenance. Convenient to shopping & RR. Anxious owner relocating. \$299,000. 746-7281. gcm5

GARDEN CITY WESTERN
Fieldstone/Brick Cape. Move in condition. 4 BRs, 2 full baths, LR/fpl, FDR, EIK, all new bath with skylight, new gas heat. Many extras. Must see at \$309,000. Principals only. 326-9294.

WILLISTON PARK 3/4 BR Colonial. EIK, full DR. Convenient to all. Low taxes. \$200,000. Principals only. 741-1867. Wm4

EAST WILLISTON, BRICK Ranch. LR/fpl, DR, large kit, 4 BRs, 1½ baths, patio, den. 2 car garage, fin. bsmt., 90x100'. \$325,000. Principals. 742-0912. Wm4

Real Estate For Sale

TRANSFERRED OWNER. JUST slashed price \$20,000 on this near new luxury Ranch on landscaped 1 acre offering 1,500 sq. ft. of living space. Spacious LR, FDR, cabinet lined kit., 3 tremendous BRs, 2½ baths, closets galore. Fin. bsmt, skylights & garage. Now only \$175,000. Bookmiller Real Estate 722-4423. gcm2

BUSY CORNER PROPERTY ON main highway. 3 bldgs in town, fully rented, good income property, partly business. Will hold mortgage. By appointment. Call 407-278-6792 collect. gcm2

HICKSVILLE: 4 BR LEVITT Ranch. New Euro kit & bath. 60x100. Taxes \$2600. 2 zone heating & ceiling fans throughout the house. Asking 165K. Principals only. 735-0793. gfn

GARDEN CITY WESTERN
Section. Split, vinyl siding, 3/4 BR, den, fin. bsmt., 3 baths, fpl, new EIK, new furnace, sprinkler system. Close to transportation. Principals only. Low \$300's. 354-7285.

EAST MARION, PRIVATE beach community, tennis courts, next to golf course. 4 BRs, 2½ baths, 3 decks, in-ground pool on ½ plus acre. Asking \$319,000. Owner 477-0928. gcm5

GARDEN CITY/HEMPSTEAD
Mulford Place. Large 1 BR in charming building. Decorator bath, closets galore. Like new. Must be seen. \$79,900 neg. 489-9666. gcm5

GARDEN CITY CHERRY
Valley Co-Op. Second floor, wall to wall carpeting, washer/dryer, renovated kit & bath. Many extras. Court yard location. Priced to sell. 248-6738. gcm4

GARDEN CITY/HEMPSTEAD
border: Cathedral Gardens. Owner relocated. Sunny, large 1BR, new EIK, all appliances, full bath, wall-to-wall carpet, pleated shades, patio. Available immediately. Principals only. \$85,000 or rent with option to buy. \$850 monthly. 718-343-2423. gcm3

LINCOLN ARMS, MINEOLA
Co-Op - Extra large 1 BR, 1 1/2 baths, near RR, courts & hospital. Many extras. Reduced to \$95,000. Days 663-2579, evens. 742-3599. gcm5

MINEOLA - HUGE 1 BR 1½ baths, terrace, 2 a/c's, new appliances, closets galore, top floor. Near to all \$110,000. Owner 747-8919. gcm5

G.C. CHERRY VALLEY CO-OP
1 BR, courtyard location, new kitchen and wall to wall, neutral color. Owner financing available. \$98,000 248-1878. gcm2

Real Estate For Sale

G.C. HAMILTON GARDENS
Gorgeous, oversized 1 BR Co-Op. Quiet corner apartment, totally renovated, new Euro style EIK, separate DR, new bath, refinished hardwood floors, California closets. Extra large rooms, heated garage. Close to all. \$125,000. 747-3607. gcm5

MINEOLA CO-OP GARDEN
Plaza. 2 BRs, 2 baths, fully renovated. 60% tax deductible. Quiet top floor, corner apartment with extras. Walk to LIRR \$135,000. Principals only. 746-5646. gcm5

GARDEN CITY 7th ST. CO-OP
Second floor walk-up. Renovated kit. BR, LR, plus TV rm. New windows & refin. oak floors. 1 car garage. Low \$100's. Owner 248-6512. gcm3

GARDEN CITY CHERRY
Valley Co-Op. Mint condition, 1 BR first floor. New kit & bath, ceiling fan, wall to wall. Walk to stores. LIRR \$95,000. 294-7889. gcm3

GARDEN CITY 2 BR CO-OP
Home setting on park-like grounds, private entrance, foyer on 1st floor. End unit. Many extras. 80% tax deductible. Owner 742-0359. gcm3

GARDEN CITY/HEMPSTEAD
Mulford Place. Large 1 BR in charming building. Decorator bath, closets galore. Like new. Must be seen. \$79,900 neg. 489-9666. gcm5

2 BR GARDEN CITY CO-OP
offers a great life style. Sunny rooms, spacious storage & comfortable living. Close to train & shops. Low maintenance. Reduced to \$149,000 by owner. 294-9318. gcm5

BUYER TRADE - GARDEN CITY
couple looking to buy a home in Garden City. We have a 1 BR Co-Op to sell or trade. Excellent G.C. location, walk to all. Must sell. \$115,000. Maintenance 70% deductible. Work (718)641-4945, home (516)741-8894. gcm5

MINEOLA, HORTON HOUSE
1 BR, a/c, walk-in closet, live in super. Walk LIRR/hospital/courts. Nine months free maintenance! Asking \$99,500. Owner 294-0924 evenings. gcm2

GARDEN CITY/HEMPSTEAD
(Cathedral Gardens) Super 2 BR Co-Op with patio. Drastic price reduction to \$59,900 for quick sale! Amazing value! Call now! 485-1513. gcm4

GARDEN CITY CO-OP - 2 BR
second floor unit. Center of Village. One block to LIRR & all shopping. Refinished floors, new windows. Owner \$149,000. 873-9469, leave message. gcm2

GARDEN CITY'S BEST 1 BR Co-Op. New kit, bath, CAC, etc. New w/w carpet, wash/dryer. Prime for retiree/single/newly. No 1 bedroom is better! Asking \$99,000. Owner 742-3065. gcm2

Real Estate For Sale

GARDEN CITY CHERRY
Village 2 BR with new kit & bath. Walk RR. Motivated seller asking \$124,900. Fennsey Realty 6245. gem2

MINEOLA: HORTON HOUSE
1 BR, large LR, secure building. Convenient to RR, hospital, stores. Must sell. \$89,000. By owner. 747-8711. gem2

GARDEN CITY 3 BR CO-OP ON 7th St. Oversized LR & DR, fpl, Country EIK, 2 full baths, foyer, washer/dryer, a/c, new windows. Walk to RR, shops, schools. Mint condition. Must sell. \$219,000. Call 742-1268. gem4

CHERRY VALLEY CO-OP - 1 BR, new kit with dishwasher, oak floors, park-like grounds. Walk to RR. Maintenance 81% deductible. Asking \$89,000. 294-8066. gem5

IT'S AN Open

OUS

372 Stewart Ave., Garden City - Sunday, March 10, 1-3 p.m. Your own Ponderosa Ranch on spectacular 1/2 acre. 10 rooms, 4 baths, 2 fpls, CAC, Owner relocating. \$575,000. Edwin M. Keusey 747-1300. gcm2

OPEN HOUSE - MARCH 2nd & 3rd. 1 to 4 p.m. Searingtown-Herrick School District. Charming Center hall Cape, excellent condition. Lovely property - location. \$290,000. Principals only. 742-1913. wma4

GARDEN CITY, MARCH 10 & March 17, 2-4 p.m., 177 Rockaway Ave., 4BR, 3 bath Ranch, den, 2 fpls, CAC, 1 1/3 acre. \$495,000. Call 747-6307 or 678-3181. gcm3

Real Estate For Rent

ROSLYN HEIGHTS 2 BR
Apartment. New kit & bath, air conditioned, second floor, heat included. Available immediately \$975. 621-1277. gem4

WILLISTON AREA. 2 BR
Apartment with EIK, DR, LR. Spacious/convenient. \$875. 378-3739 early a.m. or after 8 p.m. gem4

GARDEN CITY: 2 BR, 1 BATH
Townhouse. Small yard, near RR, bsmt. \$1,000/month 212-447-1263. gem2

GARDEN CITY/HEMPSTEAD
Mod. 1 BR apartment, kit & bath, large LR. Near all transportation. \$750/month includes heat. 489-8840. Please call evenings. gem4

GARDEN CITY 2 RM APART-
ment, upstairs, separate entrance, near RR. Clean, share bath, own refrigerator & microwave. \$300 per rm per month. Call 354-5064. gem4

Shop For A New Car
TURN TO THE CLASSIFIEDS, PAGE 18A

Real Estate For Rent

HEMPSTEAD/GARDEN CITY
Border Co-Op Studio Apartment
rent on prestigious Cathedral Avenue. Kitchen, bath, w/w
aircon, in building. Owner \$600.
775-2024. gcm3

RANKIN SQUARE - SUNNY 2
3rd studio, first floor, private entrance. Walk, stores and bus.
mail del. \$18. \$500. a month.
516-542-0122. gcm2

GARDEN CITY - PRIVATE
room for rent. Furnished or unfurnished in private house.
Share bathroom, nice room, carpeted, paneled, mirrored.
Nice family. Ten minutes from Adelphi. Walk to RR & courts.
741-940. gcm3

GARDEN CITY: 3 BR
bath Townhouse. Small yard.
car RR, basement. \$1,000 month
112447-1263. gcm3

LIMONT TOP FLOOR APT
BR, LR, EIK, bath, own entrance. Mature business person. No children or pets. \$660 including utilities. 437-4456.

WEST HEMPSTEAD: 2 BR.
main floor private house. LR, DR, 1 full bath, patio, 3 blocks to RR.
Southern State Pkwy. Available April 1. \$1,000 a month.
38-8720. gcm3

GARDEN CITY ESTATES
Center Hall Colonial, 4 BRs, 3½ baths, FDR, EIK, LR/fpl, mud room, sun porch, open porch, large yard, garage. Available May 1. \$2,150. Principals only. 46-6345. Leave message. gcm3

GARDEN CITY - 36 HAMILTON
Bl. 3½ rm. Co-op for rent or sale. Large LR, BR, EIK, dinette area, bath, includes indoor garage. Walk to RR & shopping. 248-0436. gcm3

GARDEN CITY VICINITY
Luxury townhouse located at the Atrium Plaza just 5 blocks from the Garden City Hotel. 3 BRs, 2½ baths, EIK, DR, LR, fin. bsmt., laundry rm., outdoor patio, garage parking. CAC, security system, appliances. Owner has relocated & is offering this townhouse for rental of \$1500/month plus utilities. Owner will apply one half rental towards purchase price at time of closing. This townhouse is available for immediate possession. Call us today to discuss possibilities of your renting today & owning this luxury townhouse. Owner 717-296-2673. gcm5

SMALL RANCH HOUSE FOR RENT
New Hyde Park. Mint. 2 BRs, 2 car parking, walk to all, nice yard, no pets. \$875 a month, includes all except electricity. Close to transportation & shopping. 354-4453. wmc3

WEST HEMPSTEAD: LARGE
Studio apartment in apartment complex. Secure parking, pool, laundry, full kit, private dressing area. \$600 includes heat. 775-0336. gcm2

GARDEN CITY COLONIAL
4 BRs, 2 full baths, LR, FDR, new EIK, den, garage, fin. bsmt. Walk to LIRR. \$1600. Please call owner 437-8825. gcm2

Real Estate For Rent

APT. FOR RENT: MINEOLA, 3 BRs, LR/fpl, W/W carpeting, fin. bsmt, back yard, walk to RR. \$1100 per month plus utilities. 746-3141. gcm3

MINEOLA MEDICAL CENTER
Medical office available for lease. Walking distance. Winthrop University Hospital. Private consultation room, three (3) examining rooms. 248-6953. wmc2

GARDEN CITY - PRIVATE
room for rent. Furnished or unfurnished in private house. Share bathroom, nice room, carpeted, paneled, mirrored. Nice family. Ten minutes from Adelphi. Walk to RR & courts. 741-940. gcm3

OFFICES FOR RENT
Two Manhasset offices for rent with private, assigned parking spaces, heat & electric included. 2 blocks from LIRR. First floor office \$195; second floor office \$250. Immediate occupancy. Carmel A. Barry - 627-6609. Wtfn

GARDEN CITY ROOM FOR RENT
Nice area. \$85 per week. Female only. Please call evenings 741-4865. gcm2

GARDEN CITY FURNISHED 3 BR, 2 bath Center Hall Colonial. LR, FDR, EIK, den. Available immediately. Asking \$1900 a month. **Magnificent** 6 BR, 4½ baths unfurnished Tudor with sunken LR, banquet DR, den, custom kit & prestigious address. \$3500 a month. **Fennessy Realty** 746-6245. gcm2

APT. FOR RENT 1 BR, LR/fpl, walk RR, utilities & heat included. \$800. Ideal for single. Port Washington. 767-2345. wmc3

WEST HEMPSTEAD CAPE - 4 BRs, 2 full baths, LR, DR, EIK, finished basement, 1½ car garage with patio, lovely oversized yard. \$1,295. Owner 795-2774. gcm4

GARDEN CITY LINE
Cathedral Gardens. Large, airy, furnished room, private bath, private entrance, light cooking, near all transportation. 481-4874. hmc3

GARDEN CITY, LARGE, SUNNY room. Furnished or unfurnished. Private full bath, private entrance. Walk to LIRR & Adelphi University. Non-smoker, security references. 742-6845 or 747-1130. Leave message. gcm5

YOU CAN BE A RESTAURANT CRITIC - If you visit any of the restaurants selected for inclusion in this section - call 931-0027 at any hour and tell your ideas. We want you, the reader, to be our critic. Your message then can be printed in this space.

Vacation Rental

HILTON ISLAND, SOUTH Carolina. Ocean view apartment in beautiful beach. Large pool, tennis, restaurant, lounge & convenient store on premises. Golf nearby. Excellent accommodations at discounted rates. Owner 42-3488. gem3

SOUTHOLD WATERFRONT
Charming sun & double BRs, 2 baths, hood, etc. 1 am. rm., huge screened in porch overlooking in-ground pool. Deep water boat dock. Newly decorated. Gorgeous view. Immaculate. 741-2832. gcm3

QUOGUE - W.H.B. SALES rentals. Call Jane Berrien at Campbell R.E. Corp. (516) 553-5222. gcMr3

CHARLESTON, S.C. QUIET island, miles of beaches, front beach homes & villas. Daily & weekly. 1-800-476-0400. gcm5

NASSAU POINT - AUGUST rental. Gracious waterfront country home with private beach on 2 plus secluded acres. 5BR's, 3½ baths. LR, DR, well equipped kitchen, laundry etc. Old fashioned screened porches. Immaculate with many extras. 747-0688. gcm5

MT. SNOW/HAYSTACK Large, fully equipped 4 BR's plus loft, 2½ baths w/color TV, VCR, microwave. Available by the week or weekend. Beautiful views, lots of privacy, heated garage. Call 466-6120. gcm4

CLEARWATER BEACH, EAST Hampton. Beach rights, wood burning stove, 3BRs, 1½ baths, hot tub. Cathedral ceilings, 3 tier deck. Long Season. Asking \$9500. 483-6880 days: 285-7738 even. gcm1

JUPITER, FLORIDA
Garden City resident offers 2 BR, 2 bath Townhouse at Jupiter Ocean & Racquet Club. Available March - April. Call 747-6179. gcm5

SOUTHOLD COUNTRY HOME 3 BR, fully equipped, large screened porch, walk private beach. Washer/dryer, cable, immaculate. \$1,200 monthly, May, June, Sept., or weekly \$500 334-0196. gcm5

NASSAU POINT-CUTCHOGUE Spectacular home. High on hill. Every modern facility. Own boat dock, beach & outdoor shower. Waterviews from every room. July and/or August or season. 746-2151 evenings. gcm4

SUNNY PUERTO RICO, OCEAN front modern 2 BR Condo. Walk to El San Juan Hotel. Available weekly or monthly. Call 809-791-5629. gcm2

Find A Bargain IN THE CLASSIFIEDS

Vacation Rental

SANIBEL ISLAND, FLORIDA Lush tropical setting, virtually unspoiled, southern Florida Gulf coast. **Sundial Beach & Tennis Resort** selected by Better Homes & Gardens as one of the top resorts in the USA. 2000 ft. beach, 5 pools, jacuzzi, 13 soft/hard court tennis, golf, boat/bike rentals, supervised children's activities available, award winning chef & gourmet restaurants, superb shopping, world famous shelling, only 35 min. to Ft. Myers airport. Complete resort right on the Gulf. Recent multimillion dollar beautification program. One or two BR Condos with full kitchens. Rent daily, weekly, etc. Reasonable. (516) 746-2211. (516) 326-7711. gcm3

GARDEN CITY RESIDENT registered nurse seeks apartment or house to share. April occupancy. Call 328-7472. gcMr3

Real Estate Wanted

STILL LOOKING TO BUY starter home in Garden City. Getting married June '91. Anxious to buy. Principals only. 75-3142. gcMr3

GARDEN CITY RESIDENT registered nurse seeks apartment or house to share. April occupancy. Call 328-7472. gcMr3

Car For Sale

89 FORD PROBE, 4 CYLINDERS a/c, stereo. Good condition, 3 new tires. Must sell today. \$8,000 or best offer. 741-0988 or 741-2143. gcm3

CHRYSLER 88 LE BARON Convertible Silver/Black fully loaded. Computer dash. 37,000 miles. Paid 770 plan under warranty, passive alarm system. \$9,500. 437-4834. gcMr4

1985 SAAB 900 TURBO S speed, 4 door, grey, 61,000 K. Must see. \$6,200. Call Ron, work 745-0219, home 742-3297. gcm5

1978 PLYMOUTH BOLAIR Slant 6 engine, 48,000 miles. Immaculate. Asking \$1,200. 1979 Ford Fiesta Hatchback, 63,000 miles. Stick shift. Asking \$1,000. Must see 873-8908. gcm4

DODGE '81 OMNI 4 DOOR Hatchback, power steering, AM/FM, automatic, 29,000 miles. Asking \$850. 742-2037. Wm4

1983 DODGE DIPLOMAT P/S, P/B, Cruise Control, A/C, V6, cream puff. Asking \$2000. 921-0531. hm4

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FLEA MARKET SAT., MARCH 9, 10, 10-3 p.m. Our Savior Lutheran Church, Jefferson & Willis Ave., Mineola. New & used bargains, plants, baked goods, novelties, bire-a-brac, housewares, jewelry, refreshments available. hm2

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JERICHO ANTIQUES AND Collectibles Show - Sun., Mar. 10 at The Coillion Caterers, 4400 Jericho Tpk. (next to Main Maid Inn) (LIE 40 East, Northern State 35 North), 40 dealers from several states. 10 a.m. to 5 p.m. Admission \$3.00 (\$2.50 w/ad). Children free. 324-9510. gem2

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HOLY SPIRIT YOU WHO SOLVE all problems, who light all roads, so that I can obtain my goals. You who give me the divine gift to forgive and forget all evils against me and that in all instances of my life you are with me. I want in this short prayer to thank you for all things and to confirm once again that I never want to be separated from you ever in spite of all material illusions. I wish to be with you in eternal glory. Thank you for your mercy towards me and mine. Say for 3 consecutive days after which the favor requested will be granted even if it appears difficult. This prayer must be published immediately. Thank you Holy Spirit. T.B. wm2

NOVENA TO ST. JUDE
Oh Holy St. Jude, Apostle and Martyr, great in virtue and rich in miracles, near kinsman of Jesus Christ, faithful and intercessor of all who invoke your special patronage in time of need, to you I have recourse from the depths of my heart and humbly beg to whom God has given such great power to come to my assistance. Help me in my present and urgent petition. In return I promise to make your name known and cause you to be invoked St. Jude, pray for us all who invoke your aid. Amen. Say 3 Our Fathers, 3 Hail Marys, 3 Glorias. Say for 9 consecutive days. Publication must be promised. This novena has never been known to fail. Thank you for answering my prayers. M.V.B. -wm2

NOVENA TO ST. JUDE
Oh Holy St. Jude, Apostle and Martyr, great in virtue and rich in miracles, near kinsman of Jesus Christ, faithful and intercessor of all who invoke your special patronage in time of need, to you I have recourse from the depths of my heart and humbly beg to whom God has given such great power to come to my assistance. Help me in my present and urgent petition. In return I promise to make your name known and cause you to be invoked St. Jude, pray for us all who invoke your aid. Amen. Say 3 Our Fathers, 3 Hail Marys, 3 Glorias. Say for 9 consecutive days. Publication must be promised. This novena has never been known to fail. thank you for answering my prayers. D.M.F. gem2

Why we celebrate St. Patrick's day

St. Patrick's day is celebrated by people of Irish descent — and by those who enjoy celebrations — all over the world every year on March 17.

St. Patrick was born around 350 A.D. in Britain. He was captured by pagan Irish and stayed a slave for six years.

About thirty years later, he converted most of Ireland

to Christianity.

The symbol of St. Patrick is the shamrock, a delicate green plant that resembles clover except that it has only three round parts on a leaf.

Because it is green, many people wear green on St. Patrick's day.

Imagine if you did a heroic act and people still honored you over sixteen centuries later!

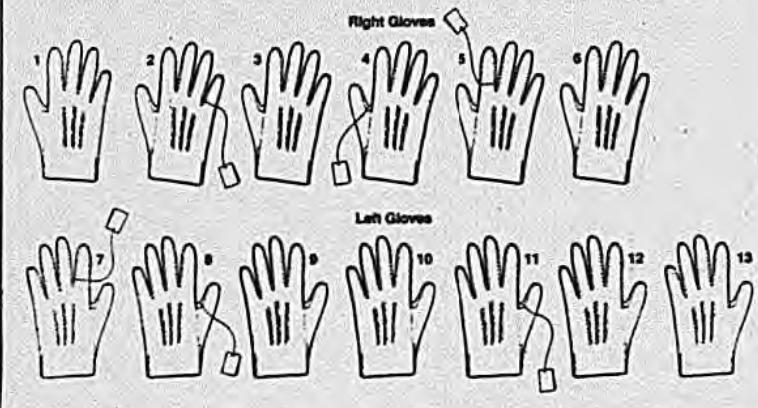
LOGIC PROBLEM**SINGLE-HANDED EFFORT**

By Virginia McCarthy

When Manuela took her turn at sorting and pricing the donated goods for the Westerado Annual Bazaar, she bravely tackled the jumble of mittens and gloves. After establishing an all-leather-glove pile, she laid them out neatly (palms down) in a right-glove row and a left-glove row—as shown in the illustration below. The gloves—some of which retained erratically affixed price tags—were collectively of five uniform materials (calfskin, doeskin, muleskin, pigskin, and sheepskin) and three solid colors (dark brown, light brown, and brown). Manuela soon discovered that, since no right glove and left glove were of both the same color and the same material, she had unearthed not one saleable pair. From the illustration and the clues, can you identify each numbered glove by both material and color?

CLUES

1. There were more brown gloves than there were light brown gloves. (No two brown gloves, it was also noted, were placed directly beside each other.)
2. At least two right gloves (but not the one with the tag on its index finger) were light brown.
3. One of the doeskin gloves, which was not dark brown, was placed directly beside one of the sheepskin gloves.
4. More of the gloves were made of calfskin than of any other material; of the calfskin gloves, none was directly beside a glove with a tagged thumb, and at most one bore a tag.
5. No glove with a tagged index finger was either made of doeskin or placed directly beside a doeskin glove.
6. There was at least one right glove and at least one left glove of every material.
7. At least two pigskin gloves were brown; and no pigskin glove had a tag.
8. More of the gloves were light brown than were dark brown.
9. No doeskin glove was without a tag.

**DID YOU KNOW?**

by AL

EACH YEAR THE SUN CROSSES THE EQUATOR AROUND MARCH 21ST AND SEPTEMBER 21ST. THESE ARE THE EQUINOXES. THE TIMES WHEN DAY AND NIGHT ON EARTH HAVE EQUAL PERIODS OF DAY AND NIGHT WITH SUNRISE AT 6 A.M. AND SUNSET AT 6 P.M.

THE CHUCKWALLAH IS AN AMERICAN LIZARD THAT CAN INFLATE ITS BODY SO THAT WHEN IT HIDES IN A CRACK IN A ROCK AN ENEMY CANNOT PULL IT OUT BECAUSE IT IS THEN LARGER THAN THE GAP THAT IT WENT THROUGH!



ONLY SEVEN ISLANDS IN THE WORLD ARE LARGER THAN BRITAIN!

SOLUTION

There are exactly six browns as just stated (clues 1, 9). Since #3 is not brown, #4 must be brown (or there would be only two brown right gloves)—as must be #5, and #1 or #2. The third brown left glove can only be #7—which is muleskin, so the #4 brown, not muleskin, is sheepskin; and #5 is muleskin. The #11 doeskin, not brown (clue 1) or dark brown (clue 3), is light brown. Since neither #2 (the right doeskin) nor #5 can be light brown, the two right light brown gloves are #1 and #3 (clue 2). The third right brown glove, then, is #2, and #5 can only be dark brown. Since there is a light brown and a brown right calfskin glove, the two left calfskin gloves can only be dark brown. With three gloves each now designated dark brown (#5 and #13) and light brown (#1, #3 and #12), the #10 sheepskin must be light brown (clue 8). In summary:

- #1 Light brown calfskin
- #2 Brown doeskin
- #3 Light brown pigskin
- #4 Brown sheepskin
- #5 Dark brown muleskin
- #6 Brown calfskin
- #7 Brown muleskin
- #8 Dark brown calfskin
- #9 Brown pigskin
- #10 Light brown sheepskin
- #11 Light brown doeskin
- #12 Brown pigskin
- #13 Dark brown calfskin

Cooking Corner

GRILLED CHICKEN BREASTS WITH MANDARIN ORANGE SAUCE

2 whole chicken breasts, skinned, halved and boned
2 tablespoons margarine, melted
1/4 teaspoon cinnamon
Sauce:
4 teaspoons cornstarch
1 tablespoon brown sugar
1/4 teaspoon ginger
1/4 teaspoon cinnamon
1 teaspoon grated orange peel
1 cup orange juice
1 tablespoon lemon juice
1 (11-ounce) can mandarin oranges, drained

Yields 4 servings.

Place chicken breast halves between waxed paper and pound until thin. In small bowl, combine margarine and 1/4 teaspoon cinnamon. Set aside.

In small saucepan, combine cornstarch, brown sugar, ginger, 1/4 teaspoon cinnamon and orange peel. Stir in juices. Bring to boil, stirring constantly. Boil for 1 minute. Remove from heat. Stir in mandarin oranges. Cover and keep warm.

When ready to grill, cook chicken breasts 8 to 10 minutes or until done. Brush with margarine mixture. Serve with mandarin orange sauce.

KITCHEN KIDS



Continued From PAGE 14A

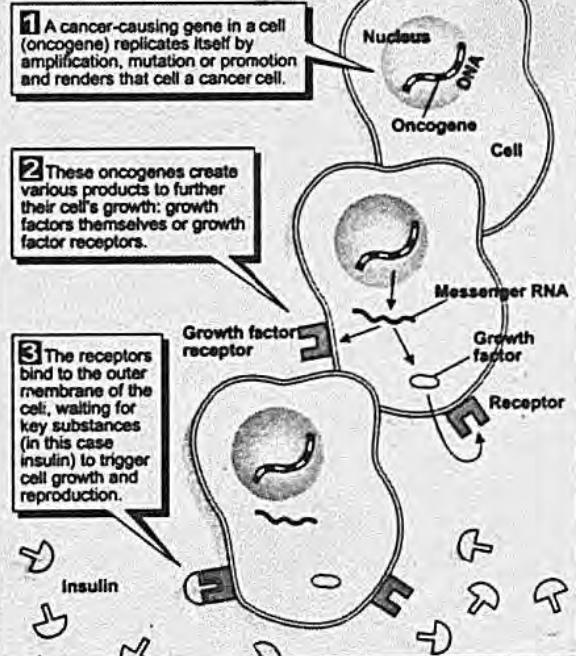
Before your children begin cooking, be sure to discuss these safety hints with them.

- Read the recipe thoroughly with your children, and discuss any steps or directions they may not understand. Decide on the best time for them to cook in the kitchen.
- Place all utensils and ingredients on the counter before starting to cook.
- Always keep oven mitts and pot holders by the side of the stove. Always wear oven mitts when lifting a hot pan off the burner or removing one from the oven.
- Turn pot handles inward toward center of the stove.
- Tie back long hair, wear old clothes and roll up loose sleeves.
- The last step in cooking is cleaning up!

DISCOVERY

The insulin connection

Researchers have found that breast cancer cells have high concentrations of receptors that bind with insulin, fueling the cells' growth. This discovery may help isolate and control growth of breast cancer cells.



Mainly for Seniors

By Leonard J. Hansen

There are ways to make money, save money, and find a better and more active lifestyle in retirement, and Dr. Mark Fagan of Jacksonville State University, Jacksonville, Ala., is traveling the nation teaching people "how" and "why" to make a change.

Fagan, who received his doctorate in social work from the University of Alabama, is consultant to the university's Center for Economic Development and Business Research, specializing in retirement lifestyle and long-term care.

"My research and teaching are unique," states the professor in an interview, "because I do not assume that mature adults will need long-term care. Instead, I look to present ways retirees may both better their lifestyle and avoid or defer any institutionalization."

"I believe that mature adults can and should make changes for the better in their lives. If crime is a problem in a home area, you can move to an area where the crime rate is far lower and reduce your worry about personal safety.

"If the cost of living is escalating where you live, consider an area where the costs are lower.

"If your area is crowded and you want more breathing and living room, you can find that, too. We know from research that worry and frustration take a toll on personal health, and that a financial bind may cause senior citizens to scrimp on food, medication or other necessities for the lives they could be living."

Fagan cites 1989 research by the Gallup Organization, which reported that 60 percent of mature adults are ready or willing to move from their present home area in order to live in a less crowded, smaller town to "make ends meet, or to get in touch with the more important values of living."

"I am concerned that people in the larger, crowded cities fall victim to social isolation," says Fagan. "The fear of crime, the extremes of weather and increasing costs of living may cause seniors to remain in their homes rather than venturing out and meeting other people for socializing and activities, for outdoor exercise such as walking, or developing new interests such as education, volunteering or part-time work."

"Social isolation leads to low self-esteem and emotional depression, leading to earlier and more frequent illness, and a higher predictability for institutionalization. In mature years we should continue our activity and exercise both to provide a healthful and more fulfilling life and to avoid or defer nursing home care for attended or assisted living."

From his writing and lectures Fagan recommends a number of steps or considerations for mature adults regarding their homes and city of residence:

"Do your own list of concerns for your own best of life and living — such as: crime rate and safety, cost of living, cost of housing, health care, proximity of health

facilities, access to recreation facilities and program, population or crowded conditions, distance you must travel to what you want to do actively, tax costs, air quality and more.

"This is your own list of concerns for yourself and what you want in or want to correct in your life. Draw some columns, one for notes on your present home area, and then other columns where you will make notes on what you want to have or gain. The last column is for your decisions on whether you will move to stay in the same area, based on that subject.

"Your complete list will be evidence of your concerns and desires. From this work-sheet you can start your research and base your decisions for change."

"If you own your home and decide to move, you may be able to net a significant amount of cash by selling your existing home and buying in an area where quality homes price far lower. Using your \$125,000 capital gains exclusion under federal tax laws, you may have a good size nest egg to invest, to produce added interest income."

"If the cost of living in your area is high, be aware that there are many states where the cost may be as much a 50 percent lower, such as in some of the Southern states. If you pay less for what you need and want, your money will go much farther."

"Think about and make a list of everything which is putting a strain, tension or limitation on your life."

"I have interviewed hundreds of people around the country who were, literally, worrying themselves to death or into illness. I commend each of them to identify the problem and work positively on how to get rid of it. Many times, a move to a new city, opening new opportunities and with less pressures and limitations, is the first important step."

"As you think about and research other areas of the country, keep your list of things you want to change in front of you."

"Ask questions about everything — from auto and house insurance rates, the per diem (per day) cost of hospitalization, crime rates, utility rates, air quality, senior recreation programs — you want to know. If you're into golf, tennis or fishing, ask about facilities and the pertinent pricing for using them."

"When considering a move, visit the areas of your highest interest, for several to many days at a time. Chat with people; visit stores; go to a church service of your choosing. Explore how you feel about an area and, how you think they react to you as a potential new resident."

"If you want to socialize more, find a place where people are socializing actively. If you want to volunteer regularly, find a place where your volunteering is welcome and personally rewarding to you."

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ANTIQUE OR

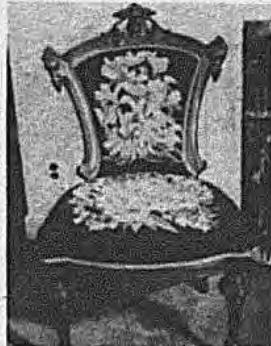
By James G. McCollam

JUNQUE

What style chair did my father will to me?

Q. This antique chair was inherited from my father. We had it refinished and covered with needlepoint several years ago.

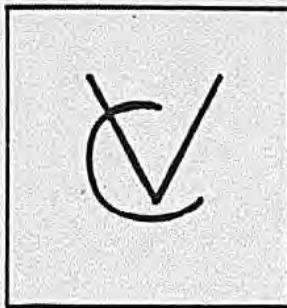
Can you tell me something about its style, when it was made and its current value?



A. This would be classified as Victorian Louis XVI Revival furniture that was prevalent from 1865 to 1880. It would probably sell for \$300 to \$350 in good condition.

Q. The attached mark is on the bottom of a ceramic vase. It is 10 inches tall and decorated with a floral design. It has two handles near the rim.

Please provide information as to maker, vintage, and value.



A. Your vase was made by the Charles Volkmar pottery in Greenpoint, N.Y., about 1880. A dealer would price it at about \$165 to \$185.

Q. Does my old Kodak Bantam Special have any value? This camera takes 828 film which I can't buy anymore. It is beautifully made with a fine lens and a high-speed shutter.

Should I keep it or deep-six it?

A. Your camera was one of the best produced by Eastman in the late 1930s.

It is obsolete as a working camera but a hot item with collectors. They will pay up to \$200 for one in fine condition.



Q. I have a 26-inch-high bronze figure of a shepherd sitting on a rock. He is clothed in a tunic and cloak with a straw hat hanging on his back. He is holding a shepherd's crook in his hand.

It is signed "Contentot."

A. This statue was probably made in France during the late 1800s. It would probably sell in an antique shop for \$800 to \$900.

Q. I would like to know when my candlestick-type telephone was made and what it might sell for today.

It is marked "American Telephone & Telegraph" and has several patent dates ranging from 1913 to 1929. It is finished in black enamel and trimmed with brass.

A. Since the latest patent date is 1920, it was probably made between 1920 and 1925.

In good condition, this would sell for \$65 to \$75.

BOOK REVIEW

"Jigsaw Puzzles, An Illustrated History and Price Guide" by Anne D. Williams, a Wallace-Homestead imprint of Chilton Book Co., Radnor, PA 19088, \$24.95 plus \$2 postage or at your local bookstore.

For over 200 years people have been fascinated by jigsaw puzzles. Probably every home in the country has one tucked away somewhere. It would be interesting to find that the old Centennial Exposition puzzle is worth about \$500.

There are hundreds of old jigsaw puzzles illustrated, described and prices given, together with a history of this fascinating hobby.

Send your questions about antiques with picture(s), a detailed description, a stamped, self-addressed envelope and \$1 per item to James G. McCollam.



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Points on Pets

By R.G. Elmore, D.V.M.

Q. We are considering buying a dachshund. However, we have heard that most dachshunds eventually develop back problems.

A. Is there any way to select one that is less likely to have problems? Do other breeds have problems with back problems?

A. Although dachshunds are most commonly affected, back problems are also quite common in English bulldogs, Pekingese, French bulldogs, pugs, cocker spaniels, basset hounds, beagles, boxers and bull mastiffs. The risk of occurrence of back problems in dachshunds has been estimated to be approximately 10 times greater than for all other breeds combined.

About 20 percent of all dachshunds experience back problems sometime during their lives. The peak period at which problems develop is between 3 and 6 years of age. Selecting a puppy from a family that has not had back problems decreases the chances of your dog having problems.

The most common form of back disease in dogs is intervertebral

disk disease. Between each two vertebrae (bones of the spinal column) is an intervertebral disk, designed to absorb shock and to allow movement of the spinal column.

Each intervertebral disk has an inner soft center and an outer fibrous capsule. With age and degenerative diseases the disks dehydrate and lose elasticity and can, as a result, rupture or protrude into the spinal cord, where they cause pain and loss of function.

The signs of intervertebral disk disease vary with the exact location and degree of rupture of the disk. Ruptures in the neck region result in a stiff neck, pain and sometimes front leg lameness. Disease in the lower back causes rear leg lameness and paralysis. Loss of bladder and rectal control is also often seen.

Diagnosis of disk disease is usually made from X-rays. Treatment varies with the location and severity of the rupture of the disk. Surgery to relieve pressure on the spinal cord is often recommended.

JUNIOR EDITION

CONTEST PICTURE



Aunt Tilly's Corner

RULES BOYS AND GIRLS

Here is your chance to win One Dollar. (\$1.00) - to spend or to save.

Here's all you have to do:
1. Contest is open to children 4 to 12 years of age.

2. Entries must be received by Friday, March 15, 1991.

3. Paint, watercolors and crayons must be used on the above.

4. Decision of the judges will be final.

Mail your entry (just clip our cartoon) to this newspaper at:
105 Hillside Avenue
Williston Park, N.Y. 11596

P.S. This week's coloring contest winners are Kevin McKeon and Stephanie Chambers.

Your friend,
Aunt Tilly

The World's Most Beautiful Grandchildren



This is Thomas Michael Hind, age 6. He is the son of Sheryl Hind of East Islip and the grandchild of Chester and Ellen Nantz of Garden City Park.



My grandchild is now 4½ months old. She has a very nice personality, loves people and even goes to the movies, museums, exercise classes. Her name is Ariella Weintraub. Her mother is a producer on 20/20, Ethyl Bass.

I'm proud to be Ethyl's mother-in-law and grandparent to my grandchild, who I adore.

Mrs. Anna Weintraub
Great Neck

YOUR SOCIAL SECURITY

Inheritance could affect SSI payments

By William M. Acosta

Q. If an individual is receiving Supplemental Security Income and receives several thousand dollars due to the death of someone, will that have any effect on the SSI he or she receives each month? — W.N.

A. Yes. Social Security should be notified immediately. The person would be ineligible for SSI benefits the month the money is received and would remain ineligible until the individual establishes that his or her resources are under the allowable amount, which is \$2,000 for an individual and \$3,000 for a couple in the year 1991.

Additional information can be obtained from the Social Security office.

Q. I know that Social Security beneficiaries recently received an increase in the amount of their benefits. What was the average increase? — R.L.

A. As a result of the 5.4 percent cost-of-living increase, the average monthly benefit payable to a retired worker rose from \$571 to \$602 in 1991.

An elderly couple, with both parties receiving benefits, receive on an average a benefit of \$1,022, up from \$970.

Q. My sister told me that claims for Part B Medicare must now be submitted by the physician or supplier.

What happens if they do not submit claims? — R.G.

A. Local Medicare carriers will monitor physician and supplier compliance with this Medicare claims-filing requirement. Physicians and suppliers who willfully and repeatedly do not submit Part B claims for Medicare beneficiaries may be subject to civil monetary penalties of up to \$2,000 for each violation.

Q. My father plans to apply for Social Security benefits. However, he has a problem. The county in which he was born has advised him that there is no record of his birth and there is no baptismal record.

How can he prove his age? — H.M.

A. Other documents can be submitted if a birth or baptismal record does not exist.

For example, he could submit a school record, census record, military record, employment record or an insurance policy.

He should call the Social Security office. The people there will be glad to assist him.