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The Only Newspaper Printed and Published in Hicksville

# Mid-Island Times & Levittown Times 35¢

Vol. 47 No. 100

USPS 346-760

Friday, November 23, 1996

## Youth Council Holiday Flea Market

The Hicksville Youth Council will be hosting a Holiday Flea Market, on Saturday, December 15, at the Levittown Hall, on Levittown Parkway in Hicksville between the hours of 10 a.m. to 5 p.m. The vendors will be selling only new merchandise as well as craft items. Some of the articles to be sold will include, sweaters, jewelry, hair accessories, infant and adult tie dyed T shirts, comics, baseball cards, toys, unisex sweats, cosmetics, sun-catchers, stained glass ornaments, umbrellas, radios, dolls, clowns, silk flowers, poinsettias, wreaths, scarfs, stuffed animals, wallets, sports clothes, and much more. There will be fifty four vendors to choose from so come out and shop till you drop.

All proceeds raised by the Flea Market will be used to subsidize programming. So please come out and patronize this event.

If you need any additional information, or directions please call the youth council at 822-KIDS. Your support will be greatly appreciated.

## Holiday Dance

Hicksville Baseball Association wishes to announce their 1st Holiday Dance on Friday, December 7, from 9 p.m. - 2 a.m. at Levittown Hall, Levittown Parkway, Hicksville. Cost is \$30 per couple, \$15 per single.

Come bring your friends, relatives or neighbors. Get a table together and have a great night. Tables seat 10 people. Don't miss this fun filled night with people from your Hicksville Community.

Any information needed concerning tickets please contact Cathy Doyle at 931-5508

## Library Concert Friday Night

The Tanglewood Singers will appear in concert at the Hicksville public Library on Friday evening, December 7 at 8:15 p.m.

It will be a program all will enjoy. Some of the selections that will be presented are: Quartet from Rigoletto, There Once Was A Man (Pajama Game) and I Remember It Well (Gigi).

The Hicksville Public Library and the Town of Oyster Bay, Cultural and Performing Arts Division are co-sponsoring this Music Program.

## East St. Parents Rally Against Closing

By Maureen Traxler

Protesting the closing of their school, over 200 parents, students, teachers, neighbors and senior citizens walked the 1.5 miles from the East Street school to Lee Avenue school last Saturday afternoon.

The drizzle turned to rain, but did not dampen the spirits of the marchers, who chanted "Save our School." Moms pushed baby carriages and dads and students held signs reflecting their sentiments: "We want answers, not 'uh,'" and "Stop this headline before it happens...Three Children Killed By Speeding Car on Way to School."

Signs called for motorists to "honk" if they don't want to see East Street closed. A number of horns rang out, particularly at the large intersection of Broadway and Old Country Road. It was later pointed out by a group leader that a fender-bender occurred as the marchers, with a police escort, crossed the major roadway.

The protest, which was formed by the parents, was orderly and followed the safest route to the Lee Avenue Building: south on East Street to Plainview Road, west on Plainview to Park Avenue, south on Park to Old Country Road, west on Old Country to Broadway, south on Broadway to Fourth Street, west on Fourth to Fifth Avenue, south on Fifth to Seventh Street, east onto the Lee Avenue property.

"There are just too many major roadways for our children to cross," said one parent. Under the school district's plan to reassign attendance zones, the majority of pupils at East Street are scheduled to attend Lee Avenue School.

"This district has some classes with up to 30 pupils and others with just 17. That's not a quality education," continued a rally leader.

Some parents object to having their children removed from their neighborhood school. They stressed that going to a building two miles away does not stand up to the neighborhood school concept. Many of the East Street students would be eligible for bus transportation to Lee Avenue under district guidelines, but under austerity measures, elementary students must be two miles away before they receive transportation.

The tradition of East Street goes a long way back. Several residents mentioned that they or their parents were once students there.

"We're a close knit community," voiced one parent. "We have block captains and they called around and got the information out."

A few residents from other sections of town were on hand for support. The school district has slated East Street and Willet Avenue schools for closing at the end of this school year.



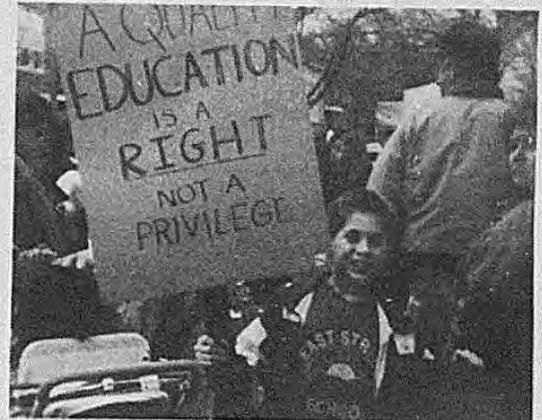
Rally participants gather at East Street school.



Parents show support for retention of their neighborhood school.



Crossing Broadway and Old Country Road is difficult at any time of the day. Parents fear that elementary youngsters would have to cross this major intersection if they are relocated to the Lee Avenue building.



Matthew, an East Street fourth grader, joins the walkers.

## Letters to the Editor

To the Editor:

Believe the people who want to limit the terms in office for our legislators have not approached the problem with enough thought.

We have a system that is almost perfect. Over 200 years of proof. The problem is not how many years in office. The problem is the lack of responsibility on the part of the eligible voters. People just have to vote not talk and complain. One of the best examples is the change in age regulations so that the youth of this country could express themselves in the voting booth. They have not assumed the responsibility.

I would hate to see someone like Congressman Lent or assemblyman Parola, or Senator Marino not being allowed to run for office because of a time limit. Congressman Lent, for example, used his many committee positions to keep Grumman alive. A newcomer would be at the bottom of the pile in being able to not only assert himself but how to go about it. This goes for Parola and Marino and many others. I do not believe a President should be permitted to serve more than two terms because they use their position to get a "team" into power. Just look at how President Bush used his position to travel around the country raising money and politicking while he was needed in Washington for Budget problems, Mid-East Problems, Drugs, etc. Too much power.

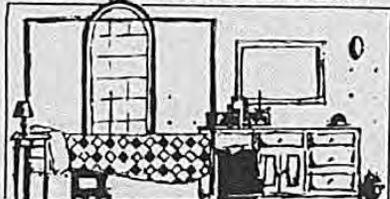
The answer is simple. We can always vote out our legislators or vote them in. A less than 40% turnout is a disgrace and does not solve our problems. I would like to see every eligible non-voter pay a tax of \$25, for not fulfilling their obligation. Use this money locally to support education or whatever the community VOTES for. My wife and I cast absentee ballots before vacationing in Israel. We have never missed an opportunity to vote.

Sincerely,  
H. Allan Goldstein

To the Editor:

At this time I would like to address the Hicksville community.

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The Mission Statement of the Willet Ave School avows: "To encourage educational excellence while creating a warm, enthusiastic, and caring environment; To instill pride in one's self and in one's community; To maintain a safe and orderly atmosphere; To foster effective communication between staff and parents."

As PTA president of Willet Ave I have been empowered to uphold this mission. To achieve this task, it is necessary to answer recent accusations.

The Willet Ave PTA has been accused of "making a deal" with the Board of Education. No member of the Board of Education has ever at anytime contacted myself or any officer of the PTA to offer us "a deal" with regard to school closings.

At a PTA President's Meeting on November 6, Mrs. Martillo announced that Mr. Delligatti informed her that the Willet Ave PTA was happy to have their school closed. On November 6, Mrs. Martillo was enlightened that the Willet Ave PTA was having a General Meeting on Tuesday, November 13 to establish a position on the school closings. No statement or position was issued by the Willet Ave PTA prior to Tuesday, November 13. However, Mrs. Martillo knowing the Willet Ave PTA had not taken a position, elected to send inaccurate information to be included in the November 15, issue of the Hicksville Illustrated News.

On November 13, 1990 the general membership of the Willet Ave PTA met and affirmed their faith and dedication to their children, teachers, principal and the community of Hicksville. The Willet Ave PTA is alive and well! Our school's mascot is a turtle, and certainly a parallel can be drawn between our actions and the fable of the "Tortoise and the Hare". We may have started slowly, but with dedication, perseverance, and veracity we will complete our "race".

The Willet Ave PTA does not support the closing of our school! We do not applaud the Board's decision to close two schools in our neighborhood. We believe it

is an educationally unsound decision to uproot an entire school population in one section of our community.

The New York State PTA Handbook states the following as one of its objectives "...To develop between educators and the general public such united efforts as will secure for all children and youth the highest advantages in physical, mental, social, and spiritual education."

As a PTA president, I am pleading for an end to what appears to be insurmountable insanity; an end to the accusations, impulsive behavior, and inaccurate information. The time has come to restore Hicksville to credibility, for PTA to unite and concentrate on achieving its objectives by demanding from the Board of Education "the excellence in education" which they claim to provide.

Sincerely,  
Donna M. Conk  
President  
Willet Ave PTA

To the Editor:

If, in fact, you did check with Mrs. Miltenberg as you claim you did in your earlier letter of November 8th, you would have challenged my statement in front of everyone in the auditorium that evening.

The fact that you did not get up at that time can only mean that you did not check with Mrs. Miltenberg before that Board meeting, but after.

By the way, concerning Mrs. Miltenberg, and her alleged phone callers, please be advised that we, too, have heard about the phantom phone callers who conveniently call, leave their message and disappear into the night.

We only hope that in the future, Mrs. Miltenberg will cease to use these phantom phone callers as the basis for statements made in the community. Since they are without name, they should be treated as if they are without truth.

You have a funny way of holding "the teaching profession in very high regard...." and.... "having great respect for teachers in general." If, in fact, you do, then why do you write letters to me that I never receive but only read in the newspapers, and why do you read these letters into the minutes of the School Board meeting, except for the reasons I have ascribed to you in the past?

I do not attack anyone who brings forth information but I will defend against the venomous attacks that have been perpetrated upon our fine teaching staff.

Very truly yours,  
Bob Zaleski,  
President

Hicksville Congress of Teachers

To the Editor:

I just want to commend the Hicksville Board of Education. For the first time in almost two years that I have been attending these meetings I left feeling proud of the Board and of Dr. Fenton.

I am a mother in the Willet Avenue school area, one of the schools that is due to close. In my travels I came across East Streets' petition. In it they say "This Vote Was A Blatant Display Of Favoritism Toward Willet Avenue Parents And The Same Consideration Should Be Given To East St. Children." The only favor I know of is that it was proposed that the Willet children be moved intact, which to my understanding is the same proposal East Street was given.

In response to East Street's petition, it was A Blatant Lie. I don't believe that manufacturing incorrect information is the proper way to motivate our Community.

It's time to be a responsible parent. Stop the fighting and name calling, put this energy into helping your children. As a parent you are the main key in making this move a healthy and positive move for your children.

Sincerely,  
Lorraine Delaney

To the Editor:

It is an honor for me to serve my neighbors, the residents of the 14th Assembly District in the legislature.

I wish to thank all of the residents in our area who voted on election day and especially those who expressed their confidence in me by voting for my re-election. The vote in our area was very decent and I am delighted that you contradicted the "experts" who said the numbers would be low this year.

I recognize how frustrating our process of government has become for the vast majority of our residents. I share that frustration in Albany where the "politics as usual" continues to dominate decision-making and the change in priorities for which I have battled fails to be enacted.

I interpret my re-election as an affirmation of support for the programs for which I have worked to bring a new direction in Albany. I pledge to continue my efforts to eliminate excessive state spending and oppressive taxation; reform school aid funding and reduce our outrageous property taxes; work to enact tough anti-crime laws and enhance our environmental quality through recycling and conservation.

Please know that my door is always open and I look forward to your input, suggestions and criticism. Feel free to call me anytime at my district office (731-3434) or at home (785-4712).

Again, thank you for your confidence. I will do all in my power to justify the responsibility that you have once again placed in me.

Thank you.  
Sincerely,  
Frederick E. Parola  
Member of Assembly

**Letter Printed by Request**  
Dear Members of the Board:  
Once again the good people of Hicksville must take issue with a Board of Education that insists on quick and dramatic solutions. That has been accomplished was to create a tormenting struggle marked by ignorance and confusion. After years of community involvement in what was known as the "Reorganization Committee", the Board has seen fit to rely on the sole judgement of Dr. Fenton whose energies are much more needed to elevate this school system from the quagmire of mediocrity. While the "Fenton Plan" is laden with flaws and may even have some advantages, the community as a whole must be wondering how this plan was devised, wherein two schools would be closed and a complete time table drawn up, in what amounts to a month. When pressed for an answer the Board apparently seems to feel it necessary to allow innuendos and misconceptions to abound, as opposed to telling all of us when this entire plan without community involvement, was developed. It is a distressing commentary that the mothers, fathers, and children of Hicksville have diminishing expectations about what the Board of Education is capable of accomplishing in its quest for "Academic Excellence".

Sincerely,  
Stephen P. Conk

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## Central General Toys For Tots



Central General Hospital in Plainview has started the Annual "Toys For Tots" campaign. Laura Siegel of Central General and Ron Anders recently attended the U.S. Marine Corps Reserve "Toyland Ball" and donated 60 toys to Sergeant Gary Lee, left. The toys were donated by Central General employees and will be given to needy children during the holiday season. If residents would like to participate in the worthwhile program, you can drop off a new, unwrapped toy at Central General between the hours of 9 a.m. and 8 p.m. For additional information you should call Laura Siegel at 681-8900 Ext. 2417.

### LEGAL NOTICE FOR FIRE DIST. ELECTION ANNUAL ELECTION OF HICKSVILLE FIRE DISTRICT DECEMBER 11, 1990

**PLEASE TAKE NOTICE** that the annual election of the Hicksville Fire District will take place on December 11, 1990 between the hours of 6 p.m. and 9 p.m. E.S.T. at the Hicksville Fire House located at 20 East Marie Street, Hicksville for the purpose of electing one Commissioner for a 5-year term, commencing on January 1, 1990 and ending on December 31, 1995. All duly registered residents of the Hicksville Fire District shall be eligible to vote.

Candidates for District Office shall file their names with the Secretary of the Fire District, John Knight, at 20 E. Marie Street, Hicksville no later than December 2, 1990.

Attest: John Knight  
Fire District Secretary  
Hicksville Fire District

Dated: November 6, 1990  
MIT 2406  
IX 11/23

### NOTICE OF CHANGE OF NAME

Notice is hereby given that an Order entered by the Supreme Court, Nassau County, on November 15, 1990, bearing Index #24339/90, a copy of which may be examined at the Office of the Clerk, located at Mineola, N.Y., grants me the right, effective on December 22, 1990, to assume the name of Vincent Thomas Vaccaro.

### LEGAL NOTICE

My present address is 5 Mozart Lane, Bethpage, N.Y. The date of my birth is February 20, 1961; my present name is Vincent Thomas DeFrancisco.

BN 3094  
IX11/23

## Christmas, Hanukah Around The World

Come to the Children's Room at the Hicksville Public Library and join Dayle Friedman as she presents characters from around the world, illustrating in costume and song how they celebrate their holidays. This concert is designed for children and their families and seating is first come, first served. The day to remember is Thursday, December 27, at 2 p.m.

## Developing Psychic Gifts

On Thursday, December 6 at 8 p.m. the Hicksville Public Library will present the program, "Developing Your Psychic Gifts." All are welcome to attend. Deanna Davino, a professional psychic, teacher and lecturer will discuss the various psychic gifts available to us. She will help you to develop your psychic abilities and talents. Part of this process will be individual readings.

## Traffic Survey In Plainview

Oyster Bay Town Councilman Leonard B. Symons has requested that a traffic survey be initiated by the Nassau County Department of Public Works in order to consider the installation of a traffic signal with a left turn phase at the intersection of Washington Avenue and Kennedy Drive in Plainview.

"The intersection is the approach to John F. Kennedy High School, which will serve the entire Plainview-Old Bethpage school community after its merge with Plainview-Old Bethpage High School next September," Councilman Symons said. "I believe this signal is warranted in order to ensure the safety of pedestrians, motorists and students who are bussed to the school."

## High School Students Help Homeless

Pictured below are students and teachers of the Bethpage High School Alternative School who are working on a series of projects to help the homeless. From left to right are Jennifer Florez, Tammy O'Grady, Jim Fuller, Karen Sosa and Terrence Clark.



Bethpage High School's Alternative School (BASC) has become involved with helping the homeless. Recently the BASC program ran a successful clothing drive for the homeless and students are currently sponsoring a food drive in conjunction with

the school's Student Council. The BASC students have also volunteered time to help the local Coalition for the Homeless located in Farmingdale. Future projects are to raise funds for a local soup kitchen and to continue the association with the Coalition.

CALL 433-1845

WEDNESDAY SPECIAL  
\$6.00 LARGE PIE  
Delivered or Picked Up  
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• GREEK SPECIALTIES  
• HOT/COLD DISHES • HEROES

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### PIZZA



Cheese	7.75
Sausage	9.25
Pepperoni	9.25
Pepper	9.25
Meat Ball	9.25
Anchovies	9.25
Fresh Garlic	9.25
Onions	9.25
Mushrooms	9.25
Olives	9.25
Extra Cheese	9.25
Gyro or Bacon	9.25

	Neapolitan	Extra Each	Each Item	Sicilian
Cheese	7.75	1.50	1.00	8.75
Sausage	9.25	1.50	1.00	10.75
Pepperoni	9.25	1.50	1.00	10.25
Pepper	9.25	1.50	1.00	10.25
Meat Ball	9.25	1.50	1.00	10.25
Anchovies	9.25	1.50	1.00	10.25
Fresh Garlic	9.25	1.50	1.00	10.25
Onions	9.25	1.50	1.00	10.25
Mushrooms	9.25	1.50	1.00	10.25
Olives	9.25	1.50	1.00	10.25
Extra Cheese	9.25	1.50	1.00	10.25
Gyro or Bacon	9.25	1.50	1.00	10.25

CHEESE PIE ONLY - \$6.00

ALL Slices..... 1.20

Add'l item on slice..... .50

### MIKE'S SPECIAL

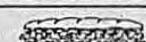
Sausage • Mushroom • Anchovies  
Peppers • Pepperoni • Onions • Garlic  
Meat Ball • Extra Cheese • Olives  
Sicilian - \$15.00 Neapolitan - \$14.50

(Made To Order)  
Stuffed Pizza - \$15.00 White Pizza - \$10.00  
Broccoli or Spinach Pizza - \$10.00  
Vegetable Pizza - \$12.00

### HOT HERO SANDWICHES

Sausage & Peppers	4.00
Sausage	3.50
Meat Ball	3.50
Peppers & Eggs	3.50
Pepperoni & Eggs	3.50
Sausage & Eggs	3.50
Mushroom & Eggs	3.50
Potato & Eggs	3.50
Meat Ball & Sausage	4.00

CALZONE - (Regular) - \$3.50; (Family Size) - \$6.00; Extra Item - .50  
FRENCH FRIES - (Regular) - \$1.50; (Large) - \$2.00



50¢ EXTRA WITH  
CHEESE OR EXTRA ITEM

NEW - NEW  
BEEF PATTIES - 2 for \$4.00  
3 for \$5.00

Veal & Peppers	5.25
Ham or Bacon & Eggs	3.50
Philadelphia Steak w/onions	3.50
Philadelphia Steak Double Meat	4.75
Veal Cutlet	4.75
Eggplant	3.50
Shrimp	5.25
Chicken Cutlet	4.25
Pizza Hero	2.25

SAUSAGE ROLL - \$3.75  
RICE BALLS - \$2.25

### ITALIAN DISHES • PASTA

Spaghetti with Tomato Sauce	3.75
Spaghetti with Meat Ball	5.00
Spaghetti with Sausage	5.00
Spaghetti with Meat Sauce	5.00
Veal Cutlet Parmigiana w/spaghetti	7.25
Eggplant Parmigiana w/spaghetti	6.00
Ziti with Tomato Sauce	3.75
Spaghetti with Clam Sauce	5.50
Chicken Cutlet Parmigiana w/spaghetti	6.75
Veal & Peppers	6.00
Homemade Rice Balls	2.25
4 Pieces Fried Chicken	4.00
4 Pieces Fried Chicken w/ff or Salad	5.25

NEW - NEW  
Individual Pizza

PLAIN - \$3.00  
each extra item - 50¢



Homemade Lasagna	5.00
Homemade Manicotti	5.00
Homemade Ravioli	5.00
Baked Ziti	5.00
Veal Cutlet Parmigiana	6.25
Eggplant Parmigiana	5.00
Shrimp Parmigiana	6.75
Shrimp Parmigiana w/spaghetti	7.75
Spaghetti with Mushrooms	5.00
Chicken Cutlet Parmigiana	5.75
Stuffed Shells	5.00
Tuna Salad	5.00
Chef's Salad	5.00

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Special ... \$4.50	
Ham, Swiss,	
American, Salami,	
Provolone,	
Tuna & Onion,	
Turkey,	
(All Heroes served with lettuce & tomato)	
Special ... \$3.75	Your Choice of two heroes

### Appetizers

Greek Salad	Small - 4.00	Large - 6.00
Antipasto Salad	Small - 4.00	Large - 6.00
Tossed Salad	Small - 3.00	Large - 4.00
Mozzarella Sticks	6 for 3.50	12 for 6.00
Garlic or Buttered Bread		1.50
Buffalo Wings		6 for 2.50
Garlic Knots		6 for 1.00
Baked Clams		3 for 2.50
Zeppoli		6 for 1.00

### Greek Specialties

Gyro w/Pita	3.75
Gyro Plate	6.50
Souvlaki w/Pita	3.75
Souvlaki Plate	6.50
Spinach Pie	1.00
Greek Pizza	2.50
Greek Pizza w/Gyro	3.25
Gyro Roll	3.75
Chicken Roll	3.75

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## Campaign Volunteers



Harry B. Thompson Middle School social studies students in Ms. Nienstedt's eighth grade honors classes became involved in the electoral process by serving as volunteer workers in the campaigns of the 13th Assembly District candidates, Republican Jeffrey Cohen and Democrat Lewis J. Yevoll. Pictured with Assemblyman Yevoll at his headquarters are: Back row: left to right, Heather Brausa, Joel Rosenberg, Assemblyman Lewis J. Yevoll, Sam Hechtman, Jeremy Bergman, Michael Bergman. Front row: left to right, Rebecca Ross, Michael Kim, Danny Michaels, Kristy Kileen, Joanne Fixman.



**Do you feel as safe in your neighborhood as you do in your own home?**

Fred McGillicuddy does. One reason is because his neighbors organized a Neighborhood Watch and a volunteer escort service for Fred and other senior citizens. For more information on what you can do to help make your neighborhood safer for everybody, write to me, McGruff the Crime Dog, P.O. Box 362, Washington, D.C. 20044. And help me... Take a bite out of crime.



### SPECIAL ANNOUNCEMENT

The Syosset Soccer Club has been able to obtain tickets to the N.Y. Islander game vs. the Soviet Union team on Saturday, December 8, at 7:35 p.m. at the Nassau Coliseum. Bring your friends, teammates and friends to a fun-filled evening. For ticket information call Glen Wolther at 935-5493 - night, or 997-9740 - day. The order deadline is Wednesday, November 28.

#### Junior Girls November 11

**Syosset Strikers 2  
Hicksville Angels 0**  
The Syosset Strikers did it again, defeating the Hicksville Angels 2-0.

Amy Weissberg scored two winning goals; the first three minutes into the game and again in the last quarter. Tara Sollazzo dribbled and drove the ball halfway down the field for a near goal. Kimberly Friedman successfully diverted the ball away from the opposition in the third quarter. Saira Ahmed took swift control, running the ball up the sideline. Great defensive play by Pamela Fisher was exhibited throughout this winning game for the Strikers.

#### November 17

In what was to be the hottest and most crucial game of the season, the Syosset Strikers narrowly defeated the Syosset Creamers 2-1.

At the kickoff both teams faced each other with a flawless record (Strikers 7-0 and the Creamers 5-0-1). Each was "going for the gold."

Five minutes into the game, the "dancin feet" of Amy Weissberg once again had the Strikers off to a great start. Then early in the second half, Lauren Pogrob sent one in past the Striker goalie to tie the score 1-1.

## Syosset Soccer

The game went end to end from there and had each team's parents' holding their breath each time the ball crossed the center line. Then with less than a minute left on the clock, Amy sent a long pass to Kimberly Friedman who effortlessly slipped the ball into the net. The Strikers and their families went wild! This clinched first place.

Excellent defense by Kristen Haunss, Dina Harris, Pamela Fischer and Tara Sollazzo provided an impermeable Striker fort throughout the game.

Saira Ahmed and Heather Whalen showed how they could run their little cleats off playing halfbacks.

Jessica Tremblay and Stacey Esterow played magnificently in goal and were forced to be on the "red alert" at all times. Kimberly Jacobs, Nicole Gary and Melissa Freeman showed the meaning of great teamwork as they looked for and passed the ball to each other throughout the game. It was offense at its best.

Throughout the game the Creamers were relentless. Ronnie Gershowitz playing halfback was one of the most valuable players along with Tracey Aschenbrenner.

Excellent defense by Bracey Horwitz kept the Striker scoring down to a minimum along with good hustling by Midfielder Lisa Hurwitz.

#### Intermediate Boys November 11

**Argentina 5  
Holland 1**

Three goals by Jarrad Lewis led an offensive barrage that powered Argentina to victory. Andraius Silbajoris and James Murtha added scores on marvelous

passing plays. Robbie Kuhn led the defense with a great display of aggressive play.

Adam Saltzman, one of the most improved players on the field, opened the scoring for Holland with some dazzling footwork. Ryan Naples and Matt Ajamien both had great games while Marc Frankel excelled in goal.

Although both teams played shorthanded on this coldest and windiest day of the year, these kids deserve a rousing ovation and thank you for a game well played.

## Hospital Workshop On Aging

"Reversing the Facial Signs of Aging: New Advances in Surgical and Non-surgical Treatments" will be the topic of a community service workshop to be held at Syosset Community Hospital on Thursday, December 6 from 7:30-9 p.m. The guest speaker will be Roger B. Katz, M.D., a specialist in facial plastic surgery who is affiliated with the hospital.

Pre-registration is required for this free workshop as space is limited. To register, or for further information, please call the Community Relations office at 496-6527.

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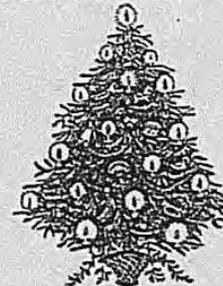
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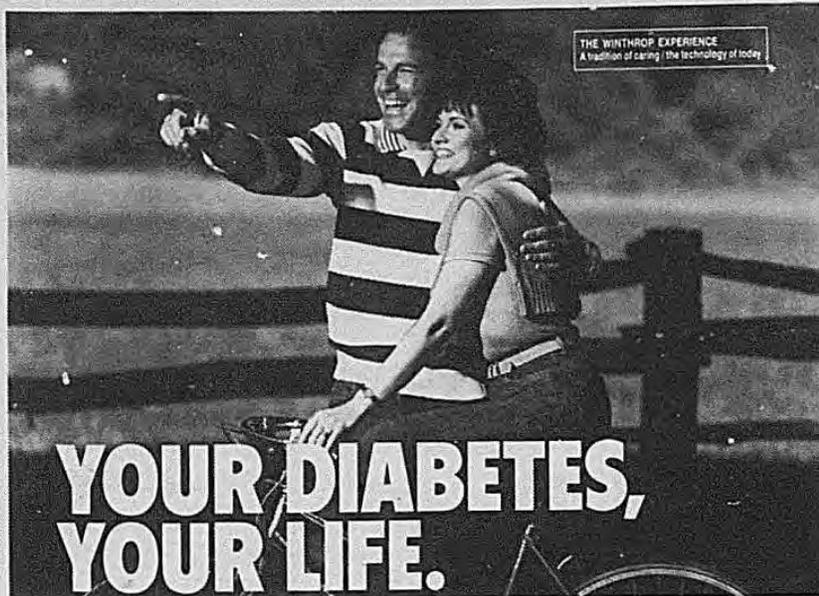
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## Amer. Legion Post Makes Vets Day Visit

Forty men and four women residents of the Plainview Central Island Nursing Home - all war veterans - were remembered on Veteran's Day by a visit and small gifts from the members of the Hicksville American Legion Post 421. Such a large number of veterans among the home's resident population is a startling reminder of the outpouring of American patriotism in World War II and the Korean War.

Arlene Howard, the Charles Wagner Post 421 Rehabilitation Chairlady and Post 421 Auxiliary members and Legionnaires cheered the residents with toilet article kits and flag pins and cake for their coffee.



American Legion Post 421 visiting the servicemen and women now residents at Central Island Nursing Home, Plainview. Left to right, past commander Arlene Howard, past auxiliary president Geraldine Seltz, Legionnaire Veronica Spies, past auxiliary presidents Cynthia Hochbreckner and Flo Ruhl, and Post 421 Rehabilitation Chairman Albert Cinotti.



Post 421 auxiliary past president Geraldine Seltz enjoys the company of a World War I army nurse who served with the famous 42nd, Rainbow Division.

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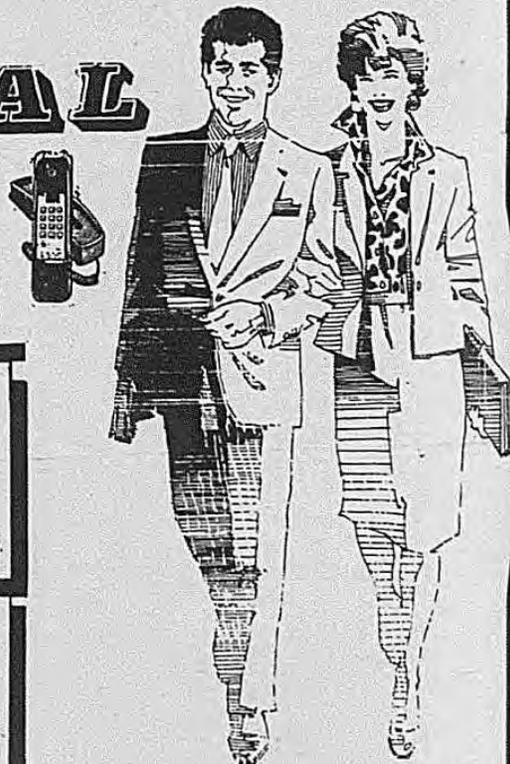
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# ARE YOU OVERLOOKING LONG ISLAND'S WILDEST NIGHTLIFE?



Photos by Don Stas

The black-crowned night heron (*Nycticorax nycticorax*) is a mostly nocturnal native Long Islander who is highly discriminating. You won't find him at just any watering hole. And for dinner the fish had better be fresh, the ambience unhurried.

You might say the black-crowned night heron is a hard bird to please. But The Nature Conservancy has been working hard for 38 years to provide the night heron and hundreds of other animals and plants the finest accommodations available on Long Island.

We've saved 18,000 acres of ecologically significant land on Long Island alone, from the last 19-acre remnant of the Hempstead Plains to our 2,000-acre Mashomack Sanctuary on Shelter Island. Nationwide, we've preserved nearly 4 million acres of forest, prairie, desert, island, and mountain. And our international program is fighting to save the world's rapidly vanishing rain forest. You can help The Nature

Conservancy do its vitally important work. For \$15, not much more than the cover charge for one of Long Island's hottest night spots, you can become a member of the Long Island Chapter. You will receive the *Long Island Chapter Newsletter* and

*The Nature Conservancy Magazine* to keep you informed of Conservancy activities. As a member of the Long Island Chapter, you can participate in hikes and education programs led by experienced naturalists, and you are welcome to volunteer to take part in Chapter operations.

If you're concerned about Long Island—not just about its native flora and fauna but also about the

water we drink, the air we breathe, and the quality of life here—we urge you to give us a hand. Just call (516)367-3225. You can help protect your environment. And you can have a wild time!

Created as a public service by Michael Welch Advertising, Inc.

Please enroll me as a member of The Nature Conservancy. My \$15.00 check is enclosed.

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**LEGAL NOTICE**  
**NOTICE IS HEREBY GIVEN** that the Board of Fire Commissioners of the Jericho Fire District, Jericho, New York, invites sealed bids on the purchase of (15) UHF pocket pagers with home chargers and Nicad batteries.

Bids will be accepted at Fire Headquarters on North Broadway, Jericho, N.Y. until 10 a.m. on December 3, 1990, at which time and place all bids will be publicly opened and read.

Specifications and information may be obtained at Fire Headquarters on North Broadway, Jericho, N.Y., Monday through Friday between the hours of 8 a.m. and 3:30 p.m.

Envelopes must be marked "UHF Pocket Pagers."

The Board reserves the right to reject any and all bids and to accept that bid which is in the best interest of the Fire District.

**Board of Fire Commissioners**  
**James Mansberger, Secretary**  
JNJ 7949

## Eighth Graders Write To Servicemen



Students in Janet Pepe's eighth grade English class had firsthand experience in letterwriting as they contacted members of the armed service stationed in Saudi Arabia during Operation Desertshield. The students were very enthusiastic about this project and spent several days deciding on what they should include with their letters. Items included puzzles, word games, comics, sports info, horoscopes, and pictures drawn by the students themselves. The students are looking forward to the responses from the service members.

In photo Daniela Frasca, Tomoaki Suzuki, Michelle Malkiel, Ray Callahan, Donna Cataldi, Rahul Varma, Arlane Dumey.

## Time To Register For 1991 Baseball Season

It's time to register for the 1991 Hicksville Baseball season. Anyone interested in registering or needs more information can contact Carol Baglieri, Player Representative at 681-6144.

Parents, a great way to get involved with your children is by volunteering to help also. We always need Managers, Coaches, Umpires, Team Mothers etc. It's fun and your children will love

having you involved with them. use this registration form to plan to start off a great 1991 Baseball/Softball season with Hicksville Baseball Association.

### HICKSVILLE BASEBALL ASSOCIATION 1991 REGISTRATION

I, the parent/guardian of the child(ren) listed below, hereby give my approval to his/her participation in any and all Hicksville Baseball Association activities during the 1991 season. I assume all risks and hazards incidental to such participation of my child(ren), including transportation to and from activities, and do hereby waive, release, absolve, indemnify and agree to hold harmless HBA, its Organizers, Officers, Managers, Participants and Persons for any claim arising out of any injury to my child(ren) in all HBA activities, except to the extent and in the amount covered by accident or liability insurance. I agree to return, upon request, the uniform and other equipment issued by HBA, in as good a condition as when received, except for normal wear and tear.

SIGNATURE \_\_\_\_\_ PHONE \_\_\_\_\_  
ADDRESS \_\_\_\_\_ TOWN \_\_\_\_\_ ZIP \_\_\_\_\_

The following members of my family are playing baseball/softball with Hicksville

LAST NAME	FIRST NAME	AGE AS OF 7/31/91	BIRTH DATE	MALE/FEMALE	HBA PLAYER IN 1990	PLAYED OTHER	AGES 8-15 UNIFORM DEPOSIT
_____	_____	_____	_____	_____	_____	_____	\$20.00
_____	_____	_____	_____	_____	_____	_____	\$20.00
_____	_____	_____	_____	_____	_____	_____	\$20.00
_____	_____	_____	_____	_____	_____	_____	\$20.00
_____	_____	_____	_____	_____	_____	_____	\$20.00
FAMILY REGISTRATION FEE							\$ _____
TOTAL FEE							\$ _____

Hicksville Baseball Association is a volunteer organization and must depend on volunteers to run a 1991 season. Please help us by giving a minimum of three hours of your time during the season. Your comments and suggestions are greatly appreciated.

I can help by: (Please insert name of volunteer) (Minimum age for umpiring is 14.)

MANAGING: \_\_\_\_\_ LEAGUE: \_\_\_\_\_ UMPIRING: \_\_\_\_\_  
COACHING: \_\_\_\_\_ LEAGUE: \_\_\_\_\_ SHED DUTY: \_\_\_\_\_  
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## Woodland Ave. Plants Bulbs



Mrs. Ullrich's third graders are busy planting bulbs they brought to class to beautify their school. This is an ongoing Earth Day Project begun last spring which brought much favorable comments from those who saw the plants.

## December Programs For Youth At Library

**Pretty as a Picture - Create a Super Holiday Gift!** Saturday, December 8 at 2 p.m. - Make someone happy - design a colorful snapshot frame, a versatile present for the holidays or any time - for the tree, a desk, a room. Presented by Katherine Agrillo, specialist in Children's Crafts. Grades 1-5. Bring a snapshot 2" by 3", a bottle of white glue, a pencil, some scrap trims. We'll supply the rest. Register from November 15.

**Puppet Show Treat - "Eeyore's Birthday"** by Maggie Puppets. Wednesday, December 26 at 2 p.m. - A delightful romp through the land of Winnie the Pooh and his fantastical friends in the Hundred Acre Wood. With unusual puppets, colorful staging, exciting interludes of audi-

ence participation. Children's puppet theater at its merry best. School-age children. Register from November 19.

**Spectacular Magic With Yo-Yo the Clown.** Thursday, December 27 at 2 p.m. - Come on over and climb aboard our rollicking roller coaster of fabulous magic. See live disappearing doves; trick wands, ropes, cards; rabbits in unexpected places, magic balloons - and more! A glittering kaleidoscope of magical delights with large illusions, loads of laughs and audience participation too. School-age children. Register from November 29.

All programs are open to youngsters who reside in District No. 21. Please bring your library card as your ticket of admission. For further information, please call 931-3907.

### LEGAL NOTICE NOTICE OF PUBLIC HEARING BY THE ZONING BOARD OF APPEALS

Pursuant to the provisions of Article 1, Division 3, Section 67 of the Building Zone Ordinance, Notice is hereby given that the Zoning Board of Appeals will hold a Public Hearing in the Town Hall (East Building) Meeting Room, Audrey Avenue, Oyster Bay, New York, on November 28, 1990, at 7 p.m. to consider the following appeals:  
Appeal No. 90-391 - Jericho -

### LEGAL NOTICE

**Ira H. Somach:** Variance to maintain an existing outdoor stairway to a basement entrance, having less than the required front yard; and to maintain an existing shed, attached to an existing detached garage, having less rear setback than required for an accessory structure. SW corner of Parkside Dr. & Nineteenth St., a/k/a 22 Parkside Dr., Jericho, N.Y. Appeal No. 90-392 - Jericho -  
**Theresa Mannings:** Variance to maintain an existing, rear, raised, concrete patio,

## Student Athletes Leadership Program

The Physical Education Department in conjunction with Athletes Helping Athletes, Inc. has started the Student Athlete Leadership Program at Hicksville High School. Twenty-six high school student athletes were selected and are now being trained on the importance of serving as role models. Our Student Athlete Leaders are also being trained to give presentations to the sixth grade students in our elementary schools. Presentations will be given in Physical Education classes.

The objectives of this program are: to improve the image of athletes on all levels in relation to drug and alcohol use; to encourage the youngsters in a positive manner to participate in athletics; and to identify and pass along to the youngsters the life skills they have gained as athletes and how this has helped them to become better people.

The Student Athlete Leaders also plan to conduct special programs at both the High School and the Middle School. They are currently looking into conducting programs in the following areas: a Sport Forum featuring members of the Islanders or other professional or Olympic athletes; a Women in Sports Forum; and, an "Athletes Against Drunk Driving" assembly; a steroid use workshop. The students also plan on preparing and participating in a 30 second Public Service Announcement featuring a member of the Islanders on behalf of "Athletes Against Drunk Driving" to be used in the school and/or on Cablevision.

The 1990-91 Hicksville High School Student Athletes are: Joe Allen, Eric Basta, Eric Bliker, Dennis Cantalupo, Tom Carolan, Laura DeAngelis, Mike DelPercio, Renee Fabrizio, Tim Glover, Brian Harkins, Dawn Hoosack, MaryBeth Kessler, Christine Kilmatis, Kacey Knauer, Lisa Latzo, Danny Longo, Mike Longo, Dawn Muellec, Lisa Pacifico, April Rodriguez, Brian Rooney, Andrew Sham, Christine Spina, Jennifer Sullivan, Kalpa Udeshi, and Robbie Walker.

### LEGAL NOTICE

together with an outdoor stairway to a basement entrance, having less than the required side yard and aggregate side yards. SW/s/o Dewey St., 187.56 ft. W/o Halsey Ave., a/k/a 112 Dewey St., Jericho, N.Y. Appeal No. 90-393 - Jericho -  
**Birchwood at Jericho Associates:** Variance to erect a free-standing sign, having less than the required front setback, and exceeding the permitted area and height. E/s/o Broadway (N.Y. Rte. 106/107), 1075.39 ft. N/o Village Dr., Jericho, N.Y. November 18, 1990

BY ORDER OF THE  
ZONING BOARD  
OF APPEALS  
TOWN OF  
OYSTER BAY  
OYSTER BAY, NEW YORK

JNJ 7947  
1X11/23

## Four Concerts Slated For Dec.



### The Mosaic Ensemble

Four more "Distinguished Artists" concerts will be conducted in December and offered Free to Town residents, thanks to the Town of Oyster Bay's Department of Community and Youth Services (CAPA), according to Oyster Bay Town Councilman Thomas L. Clark.

Councilman Clark said CAPA will be offering the concerts in conjunction with the Long Island Savings Bank, FSB, who provided a grant toward funding the productions. "There will be plenty of fine music available to residents in December," Clark said. "I hope many people can take advantage of it."

The Mosaic Ensemble, featuring the music of flutist Rheva Kaplan, cellist Lawrence Zoernig and pianist Jonathan Irving, will open December's concert series with a performance at the Locust Valley Library, 170 Buckingham Road on Sunday, December 2, at 3 p.m.

The Tanglewood Singers, under the direction of Norman Siran, will play at the Hicksville Public Library, 169 Jerusalem Avenue, on Friday, December 7, at 8:15 p.m. "The Tanglewood Singers feature soprano Joy Tepedino, mezzo-soprano Norma Siran, Tenor Herbert Pordum,

bass-baritone Gene Golluscio and accompanist Ruth Shuster," Clark said.

On Sunday, December 9, at 3 p.m., the Bethpage Public Library, on 47 Powell Avenue, will fill to the sounds of the Swing Syndicate, a female swing quartet. "The group, which is the only female swing quartet in the New York area, performs songs from the 1930's to the present, but they focus on the 40's and 50's," Clark said. "The quartet consists of Colina Carubia, Robin Hall and Massapequa's own Jean Cooper and Roberta Ciampa."

Last, but certainly not least, the Roslyn String Quartet, under the direction of Sandra Fine, will play at the Syosset Public Library at 225 South Oyster Bay Road, on Friday, December 14. The group features Christopher Lee and Lisa Brooke on violin, Nicholas Armstrong on the viola and Sandra Fine on the cello.

Clark said the musicians scheduled to play in the Town of Oyster Bay this December have captivated audiences of all ages for many years. "We're fortunate to have such outstanding entertainment available Free to Town residents," Clark said. "For more information, contact CAPA at 795-5943."

## Tickets Avail. For Local Arts

"Our Town", the acclaimed play by Thornton Wilder, will be performed by the High School Drama Club on Thursday, November 29, at 7 p.m., and on Friday, November 30, and Saturday, December 1, at 8 p.m. A beautiful and touching play, it "reaches into the past of America and evokes movingly a way of life which is lost in our present turmoil." Directed by Judith Paseltiner, the play features a cast of thirty performers including Lisa Entel, Joseph Feeser, Ralph Montero,

Lorie Hassett, Joseph Williams, Stacy Heyer, Ron Castillo and Susan Gaylord.

The performances will be held in the high school auditorium. In order to cover all production costs, there will be a \$2 fee at the door for the special senior citizen performance on November 29, and a \$6.00 admission charge for the Friday and Saturday performances. Tickets for Friday and Saturday may be purchased in advance or at the door. Contact the drama department at 933-6647 for further information.

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## Lab Collection Station At Hospital

A laboratory collection station, where patients may have blood drawn or leave specimens for a full range of laboratory tests, is now being operated in the community by North Shore University Hospital at Glen Cove. Patients who use the station will find it a convenient alternative to visiting the hospital for routine laboratory work, while still taking advantage of the hospital's sophisticated laboratory facilities. All specimens gathered at the station are transported to the hospital's laboratory where a full spectrum of diagnostic tests can be performed.

Once the specimens are sent to the hospital's laboratory for testing, the process is supervised by Board-Certified pathologists who review every result and provide consultation to referring physicians. There is no extra charge to the patient for their services.

Similarity of test results is another major benefit. "Those patients who have undergone laboratory tests while hospitalized at North Shore at Glen Cove, or who may be at some future point, will want to be sure that all their laboratory work is carried out under uniform conditions," explained Paul E. Kalish, M.D., Chief, Department of Pathology at North Shore University Hospital at Glen Cove. Fluids and specimens drawn at the collection station are tested in the same laboratory and under the same conditions as those taken in the hospital. Because variable test conditions are inherent when laboratory tests are performed at different facilities, results can be skewed.

With the hospital now operating the facility, waiting time for the majority of test results has substantially decreased. North Shore University Hospital at Glen Cove provides three specimen pick-ups from the facility daily, so physicians may be notified of test results on the same day if their patients have visited the collection in the morning.

Staffing at the laboratory collection station has doubled with the hospital's involvement. There are now two phlebotomists and two registrars on-site, eliminating waiting time and lines. No appointments are necessary for most procedures, and patients may walk in at their convenience. A doctor's note, however, is required.

The North Shore University Hospital at Glen Cove Laboratory Collection Station is located at 10 Medical Plaza in Glen Cove. It is open from 8 a.m. - 4:15 p.m. Monday through Friday, and on Saturday from 8 a.m. - 12:15 p.m. For additional information, contact the station at (516) 759-4088 or 759-4089.

### NOTICE

**HAVE YOU A HIDDEN TALENT** that has yet to be discovered in print?

We are looking for articles, not exceeding 3,000 words or less than 1,500 words, on local topics, opinions, ideas, nice places to visit on Long Island, and even fiction.

## What Comes After Turkey?

The turkey has been picked clean! New York's big parade has marched down 7th Avenue. Football games have been won and lost. Holiday gatherings are breaking up and people are returning home. What do folks do next?

We the members and friends of Woodbury's United Methodist Church suggest you worship with us this Sunday, November 25 at 10:55 a.m. That's the next best thing you can do! Our Senior Pastor, Rev. Robert E. Hullstrung has chosen this challenging theme for Sunday's message:

"Now That Thanksgiving Is Over!" Our celebration will feature joyous singing, inspirational anthems and powerful prayer. Especially if you are not regularly attending any church we invite you to be part of our growing congregation. Afterwards, a cup of coffee or tea, something for your sweet tooth and lots of friendly conversation in our Fellowship Hall.

Oh yes! Challenging classes and seminars for children of all ages meet at 9:30 a.m. And, the Junior Choir rehearses at 8:30 a.m.

Next week, we'll tell you about our new group for young adults and singles that gets underway in December!

Woodbury United Methodist Church is located on Woodbury Road three tenths of a mile south of Jericho Turnpike. For more information call us at 692-7179. "God loves you and so do we!"

### RESTAURANT OWNERS

Have you seen the Reader Ratings Section in Discovery Magazine? For one low price you can advertise your restaurant in eight weekly newspapers. Don't miss out, call for information today!

931-0012

## Christmas Music By Choral Society

Sunday, December 2, at 2 p.m. the L.I. Choral Society, will perform Christmas Music at the Hicksville Public Library.

The Long Island Choral Society is the oldest continuously performing musical group on Long Island. This superb ensemble will present a program of Christmas music for all to enjoy.

Come join us for a Sunday afternoon of entertainment.

America's students could have low-cost access to the nation's leading scholars over existing telephone lines. But government restrictions limit their choice.



Imagine—through new technology, a remote classroom in two-way contact with leading educators.

# DOESN'T AMERICA DESERVE A CHOICE?

With the break-up of the Bell System in 1984, the regional Bell companies were forbidden to manufacture telecommunications equipment, provide information services or offer most long distance services.

The break-up and its strict rules were supposed to encourage competition. But in practice, these restrictions have caused costly delays in making new products and services available to you.

Responding to the requests of their customers, the regional Bell companies have conceived a system that would allow students in

classrooms to be in two-way visual and audio contact with the nation's leading educators easily and inexpensively. This new approach would literally squeeze then expand the video image so that it could pass through existing telephone lines. But government restrictions forbid the regional Bell companies from developing key components for this invaluable technology.

Congress can help make these services available by lifting outdated restrictions, but it will only do so if you make yourself heard. Let Congress know that you want the right to choose. And, you want it now.



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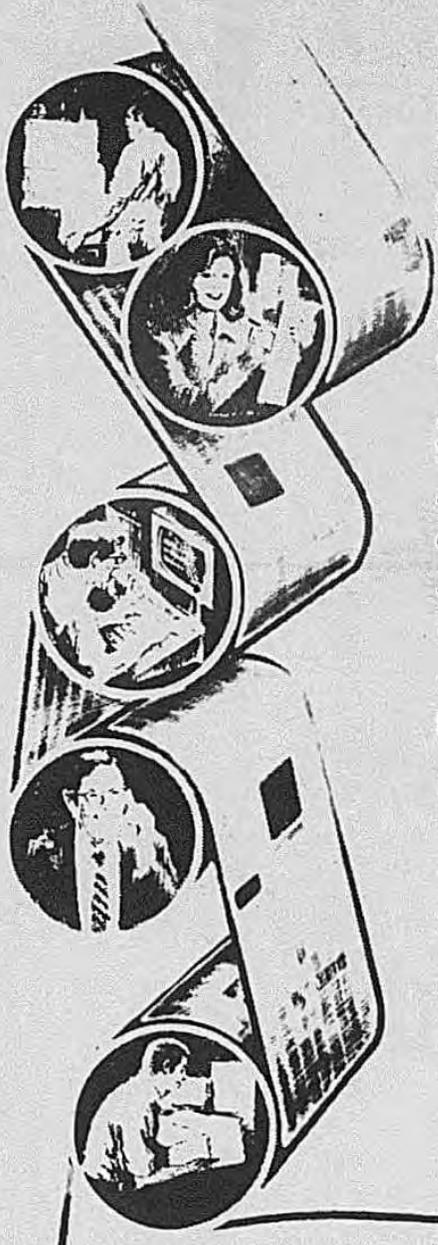
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**LEGAL NOTICE**

**LONG ISLAND THERAPY ASSOCIATES**-Substance of Certificate of Limited Partnership signed and acknowledged by all of the partners and filed in the Office of the Clerk of the County of Nassau on November 8, 1990. The name and principal office of the partnership is Long Island Therapy Associates, 4273 Hempstead Turnpike, Bethpage, New York 11714. Its business is to purchase, own, operate, lease and sell equipment and office space and to administer non-medical and non-technical aspects of a radiation therapy establishment. The term for which the partnership is to exist is from the date of the filing of the Certificate of Limited Partnership in the Office of the Clerk of the County of Nassau until the close of business on December 31, 2040, unless sooner terminated pursuant to the terms of the Partnership Agreement. The name and place of residence of each General Partner is as follows:

Advanced Therapy Resources, Inc.  
201 Moreland Road

Hauppauge, New York 11788

The name, place of residence, cash contribution, and percentage of interest in the partnership of each Limited Partner is as follows:

SONAL, INC.

201 Moreland Road  
Hauppauge, New York 11788

Cash Contributed - \$10

Percentage of Interest - 85%

No Limited Partner has agreed to make additional capital contributions. The value of the contribution of a Limited Partner may be returned to him in whole or in part in the sole discretion of the General Partner. No Limited Partner may substitute an assignee as contributor in his place without the prior written consent of the General Partner, except that such Limited Partner's interest may be transferred without consideration upon death by testamentary instruments or intestate succession. Such assignment is further subject to the assignee agreeing, in writing, to be bound by the terms of the Partnership Agreement. The General Partner may admit additional Limited Partners. No Limited Partner shall have priority over other Limited Partners as to contributions or compensation by way of income. The remaining General Partner or General Partners may continue the business of the partnership upon the death, retirement or insanity of a General Partner. There is no right of any Limited Partner to demand or receive property other than cash for his contribution.

BN 3093  
6x11/16,23,30;12/7,14,21

**GRANDPARENTS** - Send in your grandchildren's photos and enter our "World's Most Beautiful Grandchildren" contest. Just send a photo and a brief description of the child (or children) along with your name and address to: Litmor Publications, Beautiful Grandchildren Contest, 81 East Barclay St., Hicksville, N.Y. 11801. We'll do the rest!

**Honors Given  
Art Instructor**

Hicksville High School Art Instructor Cynthia Appold was chosen as one of twenty-eight outstanding high school art teachers throughout the country to participate in Rhode Island School of Design's ninth annual Honors Seminar for the Advancement of Art Education held July 15-20, 1990.

In selecting candidates for the Honors Seminar, a panel of reviewers culled recommendations from over one hundred school administrators, college faculty, and community representatives nationwide to identify exceptional teachers with leadership skills and a strong commitment to art education.

**Students Of The Month**

Three students from Bethpage High School who are studying at BOCES's Nassau Tech Program on a half-day basis have been honored as Students of the Month.

The students are pursuing occupational education in a variety of areas and intend to make a career in those areas in the future. They were chosen by their classroom teachers for being outstanding in production, attitude, study and safety. Shawn Brickley was selected in his Carpentry II class. Andrew Prange was chosen as an outstanding student in the Building Trades class and Thomas Cannizzaro has been chosen for the second time for outstanding achievement in his Power Plant class.

These students are pursuing a two-year program of study in the

occupational field while continuing their academic studies at Bethpage High School. Upon graduation they will be given a Certificate of Achievement in their field of study and will be put in touch with an employer who will be looking for strong technicians in their specific areas. They will graduate from both the Nassau Tech Center and Bethpage High School.



**NOTICE**  
**HAVE YOU A HIDDEN TALENT** that has yet to be discovered in print?

We are looking for articles, not exceeding 3,000 words or less than 1,500 words, on local topics, opinions, ideas, nice places to visit on Long Island, and even fiction. In our magazine section, we will try to "Discover" one new feature length article and writer per week. Each writer will be reimbursed a stipend of \$25.00.

If you want to be published and be part of an issue of *Discovery*, you may submit your article to: Litmor Publications, 81 East Barclay Street, Hicksville, N.Y. 11801.



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## 'Other Vic' At Bethpage Library

The Other Vic Theatre Company, Long Island's leading professional touring troupe, will be appearing at the Bethpage public library, on Sunday, December 2 at 2 p.m. The Friends of the Bethpage Public Library is sponsoring a performance of "The Rainmaker," a romantic comedy. It has been a dry spell - both out West and for Lizzie. She's indeed a plain girl. Marriage just doesn't seem to be in the stars for her. Nor is there any sign of relief from the drought. Enter a charismatic stranger from nowhere... a "rainmaker." His magic, he promises, will extricate moisture from the clouds and inner beauty from the girl. And rain does come, and so does love.

Tickets go on sale at the library on Monday, November 19. Two tickets per person; \$1 each for Members of the Friends; \$2 each for Non-Members of the Friends. Seating will begin 1/2 hour before performance. Absolutely no admittance after performance begins.

The Bethpage Public Library, at 47 Powell Avenue, (phone: 931-3907), is two blocks west of Exit 8 (Powell Avenue) on the Seaford-Oyster Bay Expressway (Rte. 135).



## Cooking Program At Hicksville Library

On Wednesday, December 5 at 8 p.m. the Hicksville Public Library will present "HO! HO! HO! Healthy Holiday Feasting" cooking program.

Anne Winsch will translate your memories of holidays past to holidays present by updating your favorite recipes. Ms. Winsch, a Cardiac Dietitian, will show you how to reduce fat and how to increase wholesome ingredients. Bring your favorite recipes with you. Calorie cutting ideas and recipe suggestions will be provided. All are welcome to attend.

## Drug Addiction - Mothers and Children

When a woman is a substance abuser the major victims of her abuse may well be her children.

Now, a unique program has been created at North Shore University Hospital at Glen Cove which offers help. The Women's and Children's Program is designed to provide mothers who have a history of drug and alcohol abuse with education, support, and counseling, to enable them to remain drug free, effectively care for their children, and reestablish their lives.

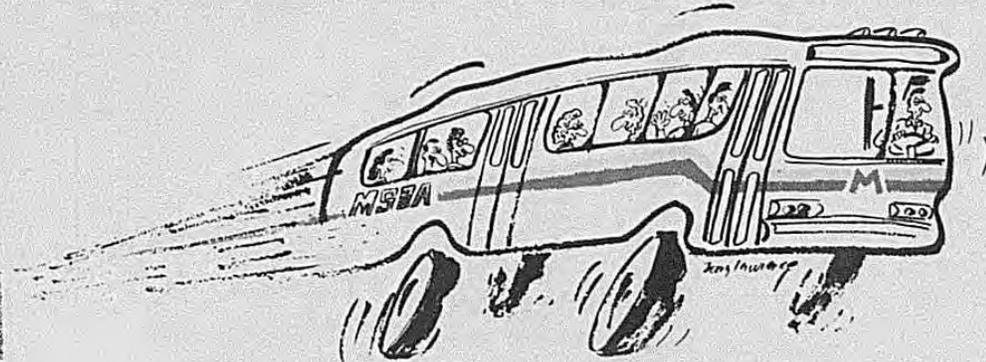
Special attention is paid to the children, many of whom were born drug addicted. Physical, developmental, and psychological evaluations are performed by skilled health professionals who tailor treatment to meet the needs of both mother and child.

We are offering help where there was no help before through this one-of-a-kind, 14-month day-treatment program. This is your hospital, always responsive to the needs of your community and getting better every day.

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The Garden City News  
and Great Neck News



# Discovery!

Magazine

The newspaper edition that helps  
discover new writers, new ideas  
through input and special  
family features.



Friday, November 23, 1990

It's Greeting Time Again

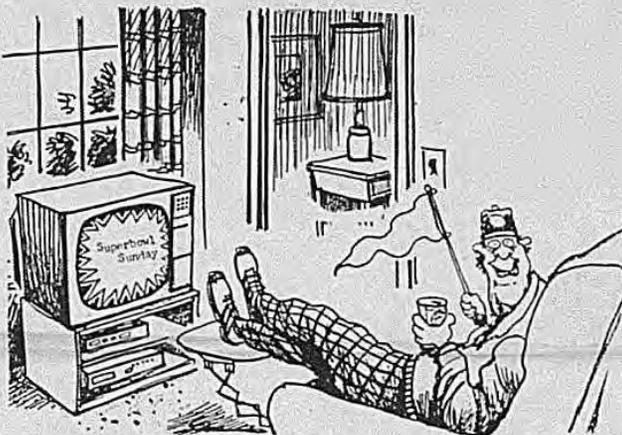


SEE PAGE 3



## THE QUESTION OF THE WEEK

Do you think the Superbowl should be moved out of Arizona because the state turned down making Martin Luther King Day a holiday?



"I only know one guy who likes this more than I do... he owns a marriage counseling business."

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3. Limit your opinion to five minutes (make notes before calling)
4. Leave your name and telephone, or simply use a pen name (your message can be anonymous)
5. Publishers reserve the right to edit, modify or omit any and all material.

## Input Callers Believe Negotiations Necessary

Most callers to Input think that we should exhaust all negotiations before planning to fight Iraq in answer to this question: "Can there be a lasting negotiated settlement with Saddam Hussein that will eliminate bloodshed?" Here are some of the answers:

### CANNOT TELL

It is hard to tell whether a negotiated settlement with Saddam Hussein will be lasting or not, but we should try to negotiate with him more than presently. Our big interest in Kuwait is really the oil. But we can get oil elsewhere. I see no reason to kill people over this issue. Saddam has given many peace feelers. Why can't the United Nations go into a negotiating session and work something out? This is not totally a U.S. problem. If the Arabs want to talk about the entire problems in the Middle East why not do so? The U.S. is not alone in this and we should not be trying to fight everybody's war. N.F.

### NO WINNERS

I believe that every effort should be made to eliminate war in the Middle East. In any war there are no winners only losers. K.F.

### CAN'T NEGOTIATE

It is impossible to negotiate a lasting peace with Saddam. History alone proves it. Look at Lebanon, Syria, etc. We are on the wrong track. Egypt and Syria have already said they would not invade Iraq. Our so-called friend, Jordan, keeps telling us we are wrong and we should force the only true friend and ally, Israel into giving back the West bank. Saudi Arabia has more air force and a huge army but as for our troops we have almost 500,000 of military force there already and we are sending more the day before Thanksgiving. Israel has held off all of the Arab countries without asking for us to help. It only wanted arms. Iraq knows, thanks to our arm chair generals, that we cannot fight a desert war and we don't want to learn from Israel. Iraq knows this. There you have it and Saddam knows all this. He also knows the American people don't see any genuine reason for us being there. He sees another Vietnam for us. He almost had a nuclear bomb and may be very close to making one soon. No sign of weakening on his part and even if he gave in he would come back as soon as he had his own personal bomb against us. A.G.

### WAR FOOLISH

I think that a war is foolish and we are really being foolish in amassing forces in the Persian gulf to the extent we are. Even if we win a war we will have to negotiate. We always do. Why not do this first? The Council of Churches and the Catholic Bishops are asking for this and the mass of American people do not want to go to war to win oil wells. We should only fight when we have to and then we should be sure that we have something big to fight about. M.R.

### FICKLE PUBLIC

I cannot understand why the public is so fickle. We send our boys overseas and then think about it. We did this in VietNam. If we are going to change our mind every few weeks then how can any countries align with us on anything. I think we are there now. The public opinion polls show that we all wanted it this way. Now we will just have to have a showdown if necessary. Backing out now is the wrong time. Ministers and priests should speak up before we send troops. H.S.

### NO BLOODSHED

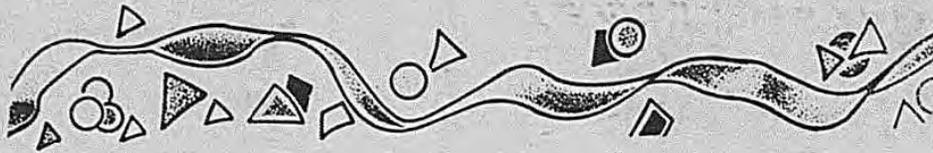
We cannot go to war if the people are not behind us. The public is not behind a full scale war and probably won't ever be for a war in places where the U.S. is not directly attacked. Congress, the President and all of the government leaders are not leaders at all. They just don't know what they are doing. It is time to use the blockade and see what Saddam will give and then bargain. We don't need to back up Israel. They have done all right alone and they are not really directly involved. Let the major powers sit down and work it out. Bloodshed is easy to recommend unless it is your blood. L.G. (an ex vet).

### STRIKE FIRST

I am in favor of going in and striking. We can knock out that fake little dictator quicker than all of the prophets here have said. Iraq never was able to even beat Iran in a long war. We have the force and it is time to use it. J.G.

### DON'T BELIEVE SADAM HUSSEIN

How do we really know what he's saying - speaking as he does - through an interpreter. Quite honestly, I don't really trust Saddam Hussein and the way he took over Kuwait with no advance warning of any kind sets the stage for disbelief of anything he might say in his native language with facts and nuances almost entirely in the hands of his spokesman. As it happens, he is not answerable to anyone but himself so that he is able to play all the tunes by ear without recourse to staff or his people. The entire scenario starting with the annexation of Kuwait is really a playacting job by a master of deceit and the devil with the harm which might befall the citizens of Iraq or the peoples of any other nation involved. While his extinction would solve a lot of problems, the next best thing would be to exile him although we don't seem to have much luck in that direction with Panama and the Philippines rather unsatisfactory examples. I hate to admit it but in my opinion, as long as he is alive, any negotiated settlement with Saddam Hussein wouldn't be worth the paper it is written upon and serve only as a springboard for him to sow more seeds of discontent and intrigue wherever he might choose to do so. We and our friends would be crazy to trust him. A negotiated agreement would serve only to give him more time and actually accomplish nothing more than a postponement of bloodshed and worsening of the entire world economic picture. This latter eventuality is something which U.S.A citizens especially have to carefully weigh in their consideration of war vs. peace. P.G.S.



# Discovery!



## It's Greeting Time Again

By Marjorie Wolfe

Dear Boss:

Thanks so much for your Shoebox greeting card: **It's Thanksgiving! Time for those special moments the whole family can spend together-- Commercial!**

The family meal is a vanishing species. Even when sitting down to a meal, 4 out of 10 families also watch TV, study, work or read. My family is no different; they remind me of the reader in "The Little Shop of Horrors," the one that keeps saying "Feed me! Feed me!"

In the past, my 9-5 work schedule has resulted in a "thawed out" dinner rather than a "thought out" meal. This year, would you have some "rachmones" (compassion) and please:

- Flextime my work hours during the week prior to Thanksgiving
- Allow me to use the office Rico Fax60 machine to "fax" part of my holiday order to Ben's Deli

- Permit me to photocopy portions of the November Book-of-the-Month Club selection, "Feeding Us, the Ex, the Ex's New Mate, the New Mate's Ex, the au pair, and the Kids." Remember, "Real Men don't eat quiche"; they devour turkey and stuffing, Smoked Trout with Dill Sauce, Batavia Spiced Cider, Scalloped Oysters, Crunchy Applesauce Bread, Merry Berry Pie, and Thanksgiving Squash.

- During my 15-minute coffee break, don't eavesdrop when I make a handful of essential telephone calls:

- (800) 535-4555 (the) Meat and Poultry Hotline
- (800) 323-4848 (The) Butterball Turkey Talk-Line
- (800) 336-0363 Sween 'N Low hotline for recipe advice
- 1-(800) 876 SPUD Nat'l Potato Board - Hot Potato Line
- (800) 345-5535 Merry Maids

- Don't be alarmed when you hear via the office grapevine how I intend to "Lose 15-20 pounds this Thanksgiving." Frank Perdue has

suggested that this holiday I cook a Perdue Oven Stuffer Roaster or some Perdue Cornish Game Hens. An Oven Stuffer Roaster weighs around five to eight pounds, thus a net loss of 15-20 lbs.

- Remember that I'm not Clair Huxtable (The Cosby Show), a lawyer and a mother of five. Preparing this holiday meal is like twirling a baton, turning handsprings, eating with chopsticks; it looks easy till you try it!

- Do not attempt to use the desk Rolodex; it's filled with holiday recipe cards. Ex.

**POTATO SALAD** (recipe from R.W. Jackson, "The Diabolical Dictionary Of Modern English")

**Procedure:**

Open the refrigerator and throw away the green pepper, celery, and radishes that spoil potato salad! Take out a few bunches of green onions, the ripe olives, the crumbled Roquefort, the hard-boiled eggs (4 or 5), the salad mustard and the slaw dressing; also the 3 or 4 lbs. of potatoes that you cooked the night before.

Skin the potatoes (not the way you were skinned when you bought them) and dice. Take your time! Dice are extremely difficult to skin. (A little culinary humor!) Chop onions, eggs, and olives, and add to potatoes. Add a couple ounces of Roquefort, a teaspoon of the salad mustard, and a sprinkling of salt and pepper (white pepper, if you are a snob). Inundate with slaw dressing! Mix thoroughly while sipping through 6 oz. of an Orvieto secco and humming "La Donna 'e mobile." Taste potato salad frequently while correcting Herb's (Herb uses green pepper and celery in his). Let steep four hours. Add a dash of paprika (Szeged will do). 'Ehes vagyok!

Have a Happy Thanksgiving, boss. Oh, by the way, it's only 32 days until Christmas!

### ABOUT THE AUTHOR

Marjorie Wolfe is a business teacher in Plainview-Old Bethpage, and a free-lance writer. Her boss is Randy Ross.

# RESTAURANT GUIDE

## DINING GUIDE

### READER RATINGS



If you have questions about etiquette or dining out you may call them in to WE 1-0027 and we will find the answer.

Q. In a restaurant we often frequent, they do everything right except one thing. A waiter always comes over with the special of the day but never tells us the price. Now we do not quibble about a few pennies but often these specials are much higher priced than other regular items. Don't you think the restaurant should tell us the price when making the suggestion?

H.Y. A. We think you are right and we have checked several restaurants and they say that they either have a blackboard, a menu insert or the waiter is told to give the prices. Unfortunately since you only gave the initials we have no way of knowing which restaurant you are referring to or we would contact them. You may show this column to the manager and perhaps he will change his system.

## DINING GUIDE

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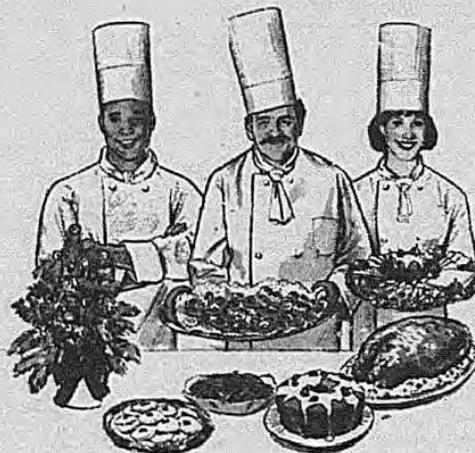
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# DINING GUIDE

## READER RATINGS

# DINING GUIDE

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If you have Questions about etiquette or dining out you may call them in to WE 1-0027 and we will find the answer.

Q. In a good restaurant that we attended recently an accordion player came around to each table and asked whether we had any requests. My wife made a request and the musician played it. Is this music provided by the restaurant or should I have tipped? J.B.

A. Generally the musicians are paid by the restaurant to entertain all of the diners. But when you make a special request it is expected that a small tip will accompany the request. In this case \$1 would have been a fair tip.

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**(Guide to Good Dining)**



# DINING GUIDE

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## READER RATINGS



**BETTER AND BETTER**  
 The Davenport Press is an old landmark in Mineola having been, according to the menu, a bank and a printing establishment. The food at this restaurant continues to improve. Although it was good when it opened, they seem to be hitting their stride now with good service and everything else.

We had fine sirloin steaks at that restaurant last week and the potato (baked) and salad were very good. The price is moderate and all in all we felt it was a good experience. H.R.

**Q. What is the policy of restaurants when a waiter spills something on you?** F.P.

**A.** There is no set policy except that the management usually is very apologetic. Almost all places ask to assume the cost of cleaning your clothing. Others do this and void the check for the entire meal. On small splashes they usually do what they can at once to clean up the spot. Regardless of what else it usually requires the personal apology of the one in charge.

**Q. Many times I find that baked potatoes at restaurants are soggy, even the better restaurants. How come they can't bake a potato right?** C.B.

**A.** They can bake potatoes right but the problem is that when you bake a potato it takes a long time and they usually bake a number of them at once. If you happen to hit at the right time you will get the best but later it will get more soggy. The best tip in ordering the potato is to ask the server whether they are freshly baked or not. If not, better take something else.

# DINING GUIDE

Let's go to:

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**(Guide to Good Dining)**

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# DINING GUIDE

## READER RATINGS

# DINING GUIDE

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### FINE FISH

Last week we went to an authentic Portuguese restaurant named Estoril Granada. It is located on Mineola Blvd. in Mineola. The fish dishes there are simply wonderful and so many of them offer sauces that are not found anywhere else.

We had a party of four there on Thursday and all of them said that they want to come back again.

The service and the decor make it a nice place to go. I'm sure that others of your readers would want to try it also.

H.W.

### VERY PLEASSED

We have visited the Villa Portofino on Mineola Blvd. in Mineola several times and have been very, very pleased. We had stuffed veal which was fantastic, the mixed fish dish was great and the service was very concerned, not to mention the owners. After four or five visits we continue to be pleased and want you to really plug this restaurant because it's the best in Italian food.

C.D.

**YOU CAN BE A RESTAURANT CRITIC**-If you visit any of the restaurants selected for inclusion in this section-call WE 1-0027 at any hour and tell your ideas. We want you, the reader, to be our critic. Your message then can be printed in this space.

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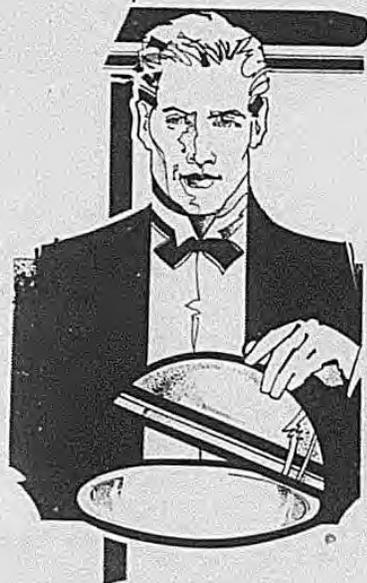
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**(Guide to Good Dining)**

# DINING GUIDE

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\*\*\*Peter Glanotti -  
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## KITCHEN KIDS



### Chinese cooking for teens

By Rena Coyle

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**(Guide to Good Dining)**

When it comes to food that kids like to eat, the safe bets are pizza, Mexican, Italian and, of course, Chinese. What separates making any of these ethnic foods from "regular foods" your kids might make is a special twist, an added spice, a different cooking style.

Trying new recipes always presents a challenge, especially those one step out of the ordinary, but what fun it is to dazzle family and friends. Here are two recipes that your kids will find interesting and challenging to make.

The first recipe is for Wonton Soup. Most kids are introduced to Chinese food by sampling this soup; therefore, it seems a fitting place to begin. Wonton Soup has wonderfully flavorful noodle packages floating in chicken broth.

**WONTON SOUP**

- ½-inch piece of gingerroot, peeled
- 2 green onions
- 2 tablespoons water
- 2 teaspoons cornstarch
- 1 tablespoon soy sauce
- 3 cups ground pork
- 30 wonton wrappers
- 2 quarts (8 cups) chicken broth
- Water for sealing wrappers

Utensils: Cutting board, sharp knife, grater, measuring spoons and cups, 1 small mixing bowl, 1 large mixing bowl, 4-quart saucepan, waxed paper, mixing spoon.

Yields 6 servings.  
 Preparation time: 40 minutes.  
 Cooking time: 15 minutes.  
 Place grater on piece of waxed paper. Using smallest holes of grater, carefully grate gingerroot. Once you cannot hold gingerroot anymore, throw it away. Set grated gingerroot aside.

Put green onions on cutting board. Trim root end away. Hold 1 green onion at a time and slice as thin as possible until you reach the

dark-green part. Repeat same cutting method with second green onion. Set onions aside.

Combine 2 tablespoons water with cornstarch in small mixing bowl. Using your fingers, work 2 together until cornstarch disappears into water. Set aside.

In large mixing bowl, combine ground pork together with half the green onions, all the gingerroot, cornstarch mixture and soy sauce. With mixing spoon, mix until well blended.

Lay 5 wonton skins out on clean work surface. Spoon 1 rounded tablespoon of filling into center of skins. Dab your finger with water and rub it on edges of wonton skins. Fold skins in half, making a triangle. Press edges together firmly, sealing them. Set wontons aside and continue filling rest of the skins.

Pour chicken broth into saucepan. Place it over medium-high heat and bring broth to boil. Reduce heat to medium low. Add wontons. Check temperature so that broth is simmering and let wontons cook 10 minutes.

Turn heat off and add remaining green onion. Serve at once in soup bowls.

**CHINESE STIR-FRY**

- 3 tablespoons soy sauce
- ½ teaspoon cornstarch
- ½ teaspoon sugar
- 2½-inch piece gingerroot, peeled
- 1 green onion
- 1 pound boneless chicken breast
- ½ pound snow peas
- 2 tablespoons vegetable oil
- 4 cups cooked rice

Utensils: 9x11-inch glass baking pan, cutting board, sharp knife, spoon, heavy-bottom frying pan or wok, long-handle spoon, small mixing bowl, slotted spoon.



KITCHEN  
KIDS

Yields 4 servings.  
Preparation time: 55 minutes  
(30 minutes for marinating).  
Cooking time: 10 minutes.

Place soy sauce and cornstarch in small mixing bowl. Using your fingers, mix 2 together until cornstarch disappears into soy sauce. Pour mixture into baking pan.

Add sugar and combine. Place gingerroot on cutting board. Holding it steady, slice gingerroot as thin as possible. Add half to baking pan and set half aside.

Place green onion on cutting board and trim roots away from onion. Then slice onion as thin as possible and add it to baking pan.

Place chicken on cutting board and carefully slice chicken into 1/2-inch pieces. Add chicken to baking pan. Toss until all chicken is coated with marinade. Place baking pan in refrigerator for 30 minutes.

Trim ends off snow peas, pulling connecting string off that runs along side of snow peas. Set aside.

After 30 minutes, place heavy-bottomed frying pan on stove over medium-high heat. Add oil. After 30 seconds add snow peas. With

spoon, toss about for 1 minute. With slotted spoon, remove snow peas and set aside.

Add remaining gingerroot to frying pan and cook 30 seconds. Add chicken pieces and cook 1 to 1 1/2 minutes. Return snow peas and cook 1 more minute. Turn heat off and remove gingerroot pieces. Serve right away over cooked rice.

**Before your children begin cooking, be sure to discuss these safety hints with them.**

- Read the recipe thoroughly with your children, and discuss any steps or directions they may not understand. Decide on the best time for them to cook in the kitchen.

- Place all utensils and ingredients on the counter before starting to cook.

- Always keep oven mitts and pot holders by the side of the stove. Always wear oven mitts when lifting a hot pan off the burner or removing one from the oven.

- Turn pot handles inward toward center of the stove.

- Tie back long hair, wear old clothes and roll up loose sleeves.

- The last step in cooking is cleaning up!

## THE HEALTHY GOURMET

Fish, hush puppies and  
beets — a perfect menu

By Kit Snedaker

I was living in Georgia the first time I ever ate a hush puppy, and it was love at first bite.

We were giving an outdoor barbecue that involved a suckling pig that needed to be basted with a spicy sauce every 15 minutes. There wasn't time to do much else. The neighbors offered to make hush puppies and passed them out their kitchen window to the crowd as fast as they could make them.

To be honest, I liked the hush puppies better than the pig.

None since has tasted so good until recently, when I dug out an old recipe and brought it up to date. Instead of frying those puppies, I baked them and, while I was at it, did an oven-fried fish and some beets.

The menu was a winner. I don't know if it was the hush puppies or the combination, but here it is. Add a green salad for balance and this meal has everything.

## BAKED BEETS

1/2 cup dry cracker crumbs  
3 tablespoons olive oil  
2 tablespoons all-purpose flour  
2/3 cup cold water or liquid from beets  
2 tablespoons brown sugar  
1 1/2 tablespoons horseradish  
2 pounds cooked beets or 2 (1-pound) cans, halved

Yields 6 to 8 servings. Each serving has about 130 calories, no cholesterol, 6 grams fat and 450 milligrams sodium (less if beets are cooked at home).

Put crumbs in bowl and toss with 1 tablespoon of olive oil.

Place rest of olive oil in saucepan, add flour and cook for a minute until flour bubbles and looks like honeycomb. Blend in water from beets or cold water, sugar and horseradish. Cook, stirring for a couple of minutes until mixture begins to thicken. Remove from heat and stir in beets. Spoon this mixture into baking dish that can come to table and sprinkle crumbs with olive oil over top. Bake in oven preheated to 375 F for 45 to 50 minutes or until beets are heated through and top is golden brown. Serve at table.

Pinch of red pepper flakes  
1 egg white beaten until fluffy but not stiff  
2 tablespoons non-fat milk  
2 tablespoons olive oil  
2 tablespoons minced green onions  
1 tablespoon minced fresh parsley

Yields 6 to 8 servings. Each serving has 40 calories, no cholesterol, 1.5 grams fat and 110 milligrams sodium.

Put cornmeal, flour, baking powder, sugar, garlic powder and red pepper flakes in 1 bowl. Put beaten egg white, milk and olive

oil in another and combine. Add this mixture to cornmeal mixture and stir until just blended. Fold in green onions and parsley. Spoon batter, 1 tablespoon at a time, into miniature muffin cups that have been sprayed with non-stick coating. Bake in oven preheated to 425 F for 15 to 20 minutes or until the hush puppies are golden brown. Remove them from pan at once and serve warm with fish.

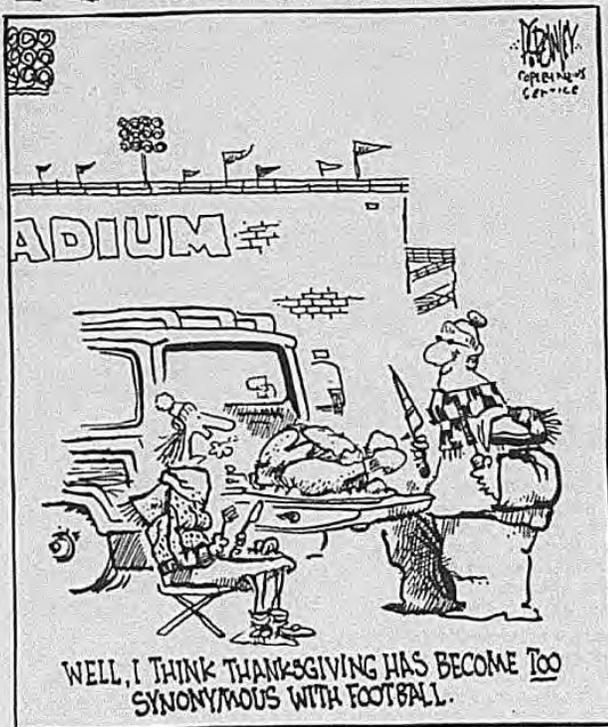
## OVEN-FRIED FISH

1 egg white, lightly beaten  
3 tablespoons fresh lemon juice  
Dash of hot sauce  
10 to 12 unsalted crackers, crushed  
2 tablespoons grated Parmesan cheese  
4 to 6 fish fillets (whitefish — roughy, rock cod, shark)  
1 tablespoon olive oil

Yields 4 to 6 servings. Each serving has about 200 calories, 44 milligrams cholesterol, 7.7 grams fat and 150 milligrams sodium.

Combine egg white, lemon juice and hot sauce in flat dish. Combine crushed crackers and cheese in another flat dish. Dip fillets in egg white mixture and then in crumb mixture. Allow to dry on rack for several minutes. Spray baking dish with non-stick coating and arrange fillets in bottom. Sprinkle tablespoon of olive oil over them and bake 20 to 30 minutes in oven preheated to 400 F. Fish are done when they flake. Serve warm with beets and hush puppies.

## The Crowley Chronicle

HEALTHY  
GOURMET

## HUSH PUPPIES

1/4 cup yellow cornmeal  
1/4 cup all-purpose flour  
1/4 teaspoon baking powder  
1/4 teaspoon granulated sugar  
1/4 teaspoon garlic powder



**Q.** We have a weird situation on the top floor of our old (1927) house. There's a long corridor that originally connected the servants' quarters to the back stairway. Now our children (ages 13, 11 and 8) have taken over the bedrooms, and I don't know what to do with the corridor. It looks like a dark tunnel. There are no windows. What can I do to cheer it up? — T.N., Brookline, Mass.

**A.** You can charm the daylight into your dark "tunnel" with sleight-of-hand and imagination, as designer Karen Stimmel illustrates in the photo we show here. Her long, narrow hallway also occurs at the top of a grand old house where only the help was meant to tread.

*Trompe l'oeil* painting creates a classic balustrade twined with ivy down the length of the hall. Painted against a glossy background, the pretend columns push back the walls, visually at least, and make the space feel larger and more open. Aiding the illusion is the *faux* fan window over the doorway.

And, underfoot, Stimmel has inserted decorative light-colored motifs into a mauve wall-to-wall. Made of Allied Fibers' stain-resistant WorryFree nylon, the delicate colors not only expand the narrow space, they are also equal to the pounding traffic all hallways are in for.

Another beauty of such applied decorations: they amuse the eye and fool the claustrophobic without taking up any actual space where there's none at all to spare.

**Q.** We have black-and-white checkerboard ceramic tiles in our kitchen and breakfast room. I figure I might as well go with it and paint the cabinets black. My husband is horrified. You decide. (I think white cabinets just look ordinary.) — R.B., New Orleans

**A.** I agree with you, but ...

# Decor Score

By Rose Bennett Gilbert

Black-and-white is the most dramatic combination of colors you can impose on any room. Don't lift a spray can until you're sure you really won't mind facing up to it before coffee every morning ... then proceed with these guidelines in mind:

- The most successful black-and-white schemes never waver. They're carried through right: down to painting the table and chairs and choosing accessories.

- Note, however: You need one strong accent color to make the black-white duo really pop. Red is always right. Emerald green can hold its own with such polar opposites and, sometimes, chrome yellow. Most other colors are just too weak to be noticed.

- Silver tones are the best complement to black-and-white. Choose chrome or pewter for cabinet hardware, faucets and other accessories.

**Q.** I have found a wonderful old hand-painted sign from a country store in Illinois, dating back before 1910. The artist or store owner painted on both sides and both sides are different. Can you suggest any way to hang it so we can enjoy both sides. — L.M., Chagrin Falls, Ohio

**A.** The obvious answer would be in a stairwell or a large, open doorway. A more interesting answer can be found in the New York City apartment of American antiques collector, Maggie Cohen, ASID.

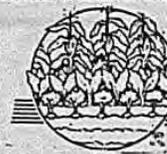
Cohen is also an interior designer who opened her apartment for a recent tour sponsored by the American Society of Interior Designers. She, too, has found a two-

sided sign. Her solution: mount the sign from the ceiling just in front

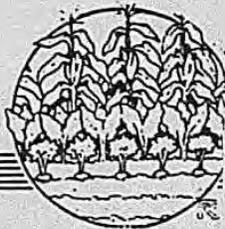
of the fireplace and hang a mirror over the mantel to reflect the other side ... the way museums display their treasures in entirety.



**WALL COVERINGS** — A dramatically deep swag adds Old World elegance to a small guest room dressed in wall-to-wall "Tapestry Floral" designed by Ellen Tracy for United Wallcoverings.



# Backyard Gardener



By Patrick Denton  
LEFTOVER SEEDS

In anticipation of the first seed catalogs to arrive in the mail, I will be pulling out my store of leftover seeds to make a list of them as a hedge against ordering items I don't need.

The system I use is to keep an inventory in a garden diary of seed on hand. This will mean purchasing a coil-spine school notebook to serve as my 1991 "Garden Diary." In it I will set up three small sections for Plans, Orders and Expenditures and Inventory-Guide, leaving most of the notebook for a Record section to hold ongoing records of planting and garden observations.

Because my indoor and outdoor seedlings run from January through August most years, I set my seed inventory up according to the planting month. In this way the seed list serves not only as an inventory check but also as a reminder and a guide to what should be planted each month. As I pur-

chase new seeds, they are added to the inventory and the year is noted on the packet.

Most seeds last at least three years in a viable state in dark, dry conditions with uniformly cool temperatures. Parsnip, onion and leek are poor keepers, which I hold over only for a second planting before purchasing fresh seed.

### JADE PLANT

An ailment that commonly occurs in jade plants at this time of the year is leaf drop. The most usual cause is overwatering.

It's very important to allow the soil to dry almost completely between waterings. During the autumn and winter it's especially easy to water jade plants and houseplants in general, too often.

High temperatures in winter can also cause leaf drop. Provide jade plants with bright light short of hot, direct sun.

### FLAGS AND IRISES

I'm often asked whether there is

any difference between flags and irises.

"Flags" used to be a common name for the old-fashioned blue or faded purple bearded irises, flowers I can remember seeing in just about every garden during my childhood.

Irises include many other types besides the most familiar bearded kinds. And these days the bearded (or German) irises come in a dazzling array of wonderful colors.

The origin of the term "flag" can be found possibly in the nature of the flower petals, which flutter like a flag in the breeze, or in the plant's long association with royalty and royal insignia.

The iris was considered by the ancient Egyptians to be a symbol of power, and it was placed on the brow of the sphinx.

Throughout the centuries the iris has been etched on the scepters of kings and rulers for the faith, wisdom and valor symbolized by the three petals.

The emblematic term for the iris, *fleur-de-lis*, derives from Fleur de Louis, after Louis VII of France who revived the flower's use as the symbol of French royalty.

Dutch and Italian painters often introduced the iris into paintings depicting the life of Christ, to signify his royal descent.

### POTATOES IN STORAGE

Though the potato is not among the most vitamin-rich of vegetables, it does contribute substantial amounts of nutrients to our diets simply because most of us eat potatoes often if not daily.

For this reason it is of considerable importance to store our homegrown potatoes in a way that will ensure optimum nutritional levels. And here there is a problem.

For the most successful long-term storage, potatoes need a place that is dark, well-ventilated and humid, with temperatures around 40 degrees Fahrenheit. The darkness together with the cool temperature inhibits premature sprouting.

The problem? At 40 F, potatoes lose up to half of their vitamin C over several months in storage, while potatoes stored warmer at around 57 F lose only between 0 percent and 20 percent.

What needs to be worked out, then, is a way to store potatoes at temperatures high enough to preserve vitamin C efficiently yet low enough to prevent sprouting.

A solution suggested by Jerry Minnich in his "Gardening for Maximum Nutrition" is to store potatoes over the long term in cool conditions and then to bring them in batches into a warmer room for several weeks before they are used in the kitchen.

By Desiree Vivea



## Crafty new book for microwavers

The holiday season is upon us once again, and if you're shopping around for gift ideas, here is a crafty book for the microwavers on your list. "Zap Crafts" by Nancy Birnes is an eclectic guide to microwaving everything from fancy bath mixtures to fruit leather to papier-mache.

Sections on beauty aids and "spa secrets" include recipes for microwaved face creams, skin-tightening masks, lotions, tanning oil, toothpaste and a natural lemon hair spray.

For what ails you, Birne offers microwaved cough remedies, a fever reducer, an earache cure, Jiffy Insect Repellent and even Swedish Bath for Charley Horse.

For those who like to try their hand at different crafts, "Zap Crafts" shows how to use a microwave to make homemade paper, craft clay, natural dyes, dried flowers and a variety of pot-pourri mixtures. Some fun projects for kids: microwave dough-like modeling compound, finger paints, rock candy crystals, soap crayons and corn-husk dolls.

There are edible treats here, too: microwave-dried bagel chips, stuffing mix, "sun" dried tomatoes, and a variety of spice and sauce mixes. There is also a section full of snacks for kids, including homemade candied popcorn and Caramel Ninja Turtles.

A chapter called "Holidays in a Hurry" provides microwave instructions for fancy decorated Easter eggshells, Christmas wasail, cranberry liqueur and Spicy Pomander Balls.

"Zap Crafts" should give those on your holiday list plenty of new ways to put their microwaves to work. The book offers plenty of ideas for microwaveable gifts, as well, so if you are into making your own gifts, you might want to get a copy for yourself.

Today's "recipes" come from "Zap Crafts" by Nancy Birnes, published by Ten Speed Press, P.O. Box 7123, Berkeley, CA 94707. \$14.95 paperback.

(Recipes in this column are tested in 625- to 700-watt microwave ovens.)



# microwave magic

### MICRO-TIP OF THE WEEK

Here's another tip from Birnes: Microwave ¼ cup each vinegar and water at LOW (30 percent) power for 90 seconds. Let cool. Gently wipe just-washed face with

this mixture to restore the acid balance necessary to protect skin from blemishes. Yields 4 ounces.

...

This is the old school standby, a thick, white paste — nice and sticky — that is totally safe for children to make and use. The glue is ideal for all types of kiddie arts and crafts, especially paper construction and scrapbook projects.

### GOOEY GLUE

2 cups water  
3 tablespoons cornstarch  
4 tablespoons cold water

Yields 19 ounces.

Preparation time: 5 minutes.

Cooking time: 4 to 5 minutes.

Oven setting: HIGH (100 percent power); LOW (30 percent power).

Microwave 2 cups water in glass bowl for 3 minutes or until it reaches vigorous boil. While microwaving, mix cornstarch and cold water in small bowl. Remove boiling water from oven, and pour paste into it, stirring constantly. Microwave gently on LOW power 1 or 2 minutes to thicken.

When liquid is clear and thick, remove from oven and let cool. Pour into plastic squeeze container and label.

### DANDRUFF-CONTROL

#### RINSE

1 cup cider vinegar  
6 aspirins, crushed  
¼ cup witch hazel

Yields 10 ounces.

Preparation time: 5 minutes.

Cooking time: 90 seconds.

Oven setting: MEDIUM (50 percent power).

Combine all ingredients, microwave for 90 seconds, remove to cool, and store in tightly capped jar or bottle.

To use: after shampooing, gently massage rinse into your hair, leave it on for 10 minutes, and then rinse again with warm water.

...

Mix up a batch of this potpourri and place it in the microwave oven to simmer whenever you want to freshen your oven without scrubbing. You also have a nice burst of fragrance the second you open the door.

### MICROWAVE OVEN FRESHENER

¼ cup pine needles  
1 tablespoon whole cloves  
½ cup lemon, orange or tangerine peel  
2 cinnamon sticks  
1 tablespoon allspice

Yields 8 ounces.

Preparation time: 10 minutes.

Cooking time: 1 to 2 minutes.

Oven setting: LOW (30 percent power) to MEDIUM (50 percent power).

Combine all ingredients and

store in glass jar or pretty tin, tightly covered.

How to use: add 1 tablespoon of mix to 2 cups cold water and let mixture simmer in your microwave on LOW to MEDIUM power for 1 to 2 minutes.

Tip: Because this mixture is not edible, be sure to label it and store it away from food.

### HOMEMADE LIQUEUR

2 cups sugar  
1 cup water  
¼ cup anise extract  
1 teaspoon vanilla extract  
3 drops yellow food coloring  
1 fifth vodka

Yields 42 ounces of anisette li-

queur.

Preparation time: 10 to 15 minutes.

Cooking time: 7 minutes.

Oven setting: HIGH (100 percent power); MEDIUM (50 percent power).

Dissolve sugar in water to make syrup by microwaving on HIGH power for 4 minutes. Reduce to MEDIUM power for 3 minutes or until mixture becomes syrupy. Remove and let cool.

Pour sugar-water syrup into sterilized quart-size bottle. Add anise extract, vanilla and food coloring. Stir gently and add vodka.

Cover and let mixture sit for 10 days to 2 weeks before serving.

## Our Children



By Willard Abraham, Ph.D.

Q. Our kids' teachers make a big deal out of teaching them "basic math," and I happen to think it's totally unnecessary. Why use horses and buggies to get somewhere fast when a car is available? Like calculators, for example.

It just seems such a waste of time to me.

How do you feel about this?

A. Even though a calculator may seem like a great shortcut to an answer, it isn't always available. Checking the figures on a receipt and the printout at a supermarket or balancing a bank statement are just a few of the hundreds of basic arithmetic demands piled on most of us.

I'm not talking about handling advanced mathematical concepts or all the work of professional people, like accountants, for which not only calculators but also more complicated and sophisticated equipment may be essential. But for children and the adults they will become, the basics of adding, subtracting, multiplying, dividing, fractions and percentages are too important to ignore in their education.

Q. When my children tell me what they eat for lunch at school I get very upset. It sounds to me that there is an awful lot of fat involved, and not enough of the foods that are more healthful.

At home I try to see that our meals are well-balanced, but if it's true what they tell me, that knocks all my efforts out of kilter.

I'd really like to have your opinion and advice.

A. Perhaps getting your children's statements verified might be a good first step, like by direct contact with the director of the school lunchroom.

Then, if your children's comments are on target or close to it, you might line up a few other parents to join you in suggesting revised menus that are more ac-

ceptable, perhaps even providing some specific recommendations. You will have to consider the cost factor, of course.

Your appeal can take one of several forms: A polite but firm letter with several parents' signatures; a meeting of a small group of parents with the lunchroom director; a meeting with the school principal (but only if the director's meeting doesn't seem to have been fruitful). You and the other parents can decide what might be the most useful and comfortable approach.

Q. My husband teases me because I often plan ahead so far, but I like doing that. Even though he won't admit it, my planning does make his life easier for him.

The subject now on my mind is the fact that our little girl will start school next fall. She hasn't gone to a preschool because I've been a full-time homemaker, and will be at least until she goes to school.

I'm afraid her transition from home to school will be difficult for her. Can you share an idea or two to help make it smoother?

A. Please try to avoid any indication that may give her the thought that it will be a difficult adjustment. Instead, put emphasis on positive factors, such as making new friends and the enjoyment of learning.

It could be helpful to take her there ahead of time so she becomes acquainted with the school's facilities and size, and if possible, meets her teacher and sees the room she will be assigned to.

A booklet called "When Your Child Goes to School" was prepared to accompany a week of "Mr. Rogers' Neighborhood" programs this past August. They were devoted to preparing young children for their first day at school, and so is the booklet.

## Cooking Corner



### Serve it again, Sam — Recast holiday bird in new meals

By Linda Susan Dudley

Food producers make every effort to make leftovers sound appealing. Now they want you to call them "planned overs."

As if it were *all your idea* to have a lot of extra food in the refrigerator after Thanksgiving.

These might be their definitions:

• Leftovers — Anything green in a plastic bowl.

• Planned overs — Economical convenience meals that will let you relax after a busy holiday.

The truth lies somewhere in between. Especially after Thanksgiving, the one day of the year when pigging out is actually sanctioned by an act of Congress.

Sure, you have extra food, but who says that's all bad? It's what you do with it that counts. You can make 254 turkey and cranberry sandwiches or you can get more creative.

And here are an even dozen recipes guaranteed to transform what you have on hand into another meal. The people around your dining table might not even know they're leftovers.

#### TURKEY ENCHILADAS

- 2 cups cooked turkey, cubed
- 2 (10-ounce) cans enchilada sauce
- 1 (4-ounce) can chopped green chilies
- 3 tablespoons onion, chopped (divided use)
- 1 teaspoon dried cilantro
- 12 corn tortillas (6 inches in diameter)
- 1 cup tomato, chopped
- ¼ cup chopped ripe olives
- 1 cup cheddar cheese, shredded

Yields 6 servings, each 349 calories, 12 grams fat, 1,325 milligrams sodium and 56 milligrams cholesterol.

Preheat oven to 350 F. In medium bowl, combine turkey, ½ cup enchilada sauce, chilies, 1 tablespoon chopped onion and cilantro.

Soften tortillas in oven 1 minute. Spoon 2 heaping tablespoons turkey mixture onto each tortilla. Roll up and place in a 2x9x12-inch baking dish. Top tortillas with remaining enchilada sauce, chopped onion, tomato, olives and cheese. Bake for 25 to 30 minutes or until hot and bubbly.

#### CRANBERRY SAUCE TURKEY SALAD

- 2 cups turkey, cooked and cubed
- 1 large red apple, cored and cut into ½-inch pieces
- ¼ cup raisins
- 2 tablespoons walnuts, coarsely chopped

- 1 cup jellied cranberry sauce
- ¼ cup orange juice concentrate
- 2 small heads bibb lettuce, torn into pieces
- 2 kiwifruit, peeled and sliced

Yields 4 servings, each 366 calories, 6 grams fat, 83 milligrams sodium, 54 milligrams cholesterol.

In medium bowl, combine turkey, apple pieces, raisins and walnuts.

In small bowl, mix cranberry sauce and orange juice concentrate; set aside. Arrange lettuce leaves among 4 plates. Top with 1 cup salad mixture and garnish with 4 to 5 kiwifruit slices. Serve cranberry dressing on side.

#### CURRIED TURKEY DINNER

- 1 (10-ounce) package frozen broccoli spears, cooked and drained
- 2 cups cooked turkey, cubed
- 1 (10½-ounce) can reduced-sodium cream of mushroom soup
- ¼ cup reduced-calorie mayonnaise
- 1½ teaspoons lemon juice
- 1 teaspoon curry powder
- 1 cup seasoned croutons

Yields 4 servings, each 321 calories, 16 grams fat, 720 milligrams sodium and 33 milligrams cholesterol.

Preheat oven to 350 F. In 8-inch square baking dish, place broccoli in 1 layer; top with turkey.

In small bowl, combine soup, mayonnaise, lemon juice and curry powder. Pour over turkey and top with croutons. Bake 20 to 25 minutes or until bubbly.

Long and slow cooking is the secret to this flavorful broth, which can be stored in the refrigerator for several days or in the freezer for later use.

#### TURKEY BROTH

Put turkey bones and scraps from turkey carcass in large pot, along with whatever flavoring vegetables you have on hand, including onion, carrot, chopped parsley or celery; cover with water. Simmer mixture at least 3 hours. A pinch of thyme adds good flavor to poultry. Season to taste with salt and pepper, if desired. After cooking, remove bones and strain liquid, discarding all but broth. Refrigerate and discard fat that will rise to top after broth is chilled. Use in recipes calling for turkey broth.

#### HOMEMADE TURKEY SOUP

- 5 cups turkey broth
- 3 stalks celery, cut into 1-inch pieces
- 2 large potatoes, peeled and quartered
- 2 carrots, cut into 1-inch pieces
- 1 onion, peeled and quartered
- 1 cup noodles, uncooked
- 2 cups turkey, cooked and cubed

Yields 8 servings, each 177 calories, 3 grams fat, 335 milligrams sodium and 36 milligrams cholesterol.

In 5-quart saucepan, combine first 5 ingredients. Over high heat, bring to boil. Reduce heat, cover and simmer for 1 hour. Stir in noodles and turkey meat. Simmer until noodles are done and meat is heated through.

The amounts used here depend on the number of servings

#### PASTA TURKEY TOSS

Break vermicelli (the thinnest spaghetti) into ¾- to 4-inch pieces and cook until *al dente*. Drain pasta and toss with commercial Caesar salad dressing. Toss pasta mixture again with coarse-chopped walnuts, sliced green onions, diced red and green bell pepper and cubed turkey. Sprinkle with grated Parmesan cheese. Serve at room temperature.

#### OLD-FASHIONED TURKEY PIE

- 1 cup leftover poultry gravy, thinned slightly, if necessary or 1 (¾-ounce) package gravy mix for turkey and ¼ cup water and ¼ cup milk
- 2 cups diced cooked turkey
- 1 (8-ounce) can diced carrots, drained
- 1 (8-ounce) can green peas, drained, or 1 cup frozen green peas
- 1 (4-ounce) can sliced mushrooms, drained
- 1 cup buttermilk baking mix
- ½ cup milk

Yields 6 servings, each 232 calories, 8 grams fat, 1,039 milligrams sodium and 35 milligrams cholesterol.

In medium saucepan, place left-

over gravy or gravy mix, water and milk, combined. Heat to boiling, stirring frequently. Add turkey, carrots, peas and mushrooms; heat while preparing crust, stirring occasionally. Combine baking mix and milk; knead on floured surface 5 to 10 times. Spoon turkey mixture into 10-inch pie pan or 1½-quart shallow casserole. Roll crust to fit top of casserole; cut slits to allow steam to escape. Arrange crust over filling. Bake at 450 F 15 minutes, or until golden brown.

The following two recipes are calorie-conscious ideas from "Slim Gourmet" cookbook author Barbara Gibbons:

#### ONE-PAN TURKEY CACCIATORE

- 2 cups fat-skimmed turkey broth
- 1 (6-ounce) can tomato paste
- ¼ cup Chianti (or other red wine)
- 3 sweet frying (or 2 bell) peppers, seeded and sliced
- 1 onion, chopped
- ½ teaspoon each dried oregano and basil
- 6 ounces uncooked ruffled noodles
- 2 cups (10 ounces) diced cooked turkey

Yields 4 servings, each 370 calories.

Combine all ingredients, except noodles and turkey, in covered pot. Heat to boiling. Stir in noodles a few at a time. Cover and simmer for 20 minutes, stirring frequently. Uncover and add turkey. Continue to simmer uncovered until most liquid evaporates.



## Cooking Corner

### SMART MONEY

#### Good jobs for the 1990s — without a college degree

These professions are predicted to have growth potential through the 1990s. Night courses and occupational training can help in getting into the professions quickly.



#### Paralegals

Expected new job growth by 31 percent.



#### Computers

Median income: \$17,800 (1988)



#### Graphic art

Median income: \$20,000 (1988)



#### Physical therapy assistants

Expected new job growth by 30 percent.



#### Real estate sales and management

Median income: \$18,000 (1988)

SOURCE: First for Women magazine



## Turkey — the ground meat alternative

By Melanie Barnard  
and Brooke Dojny

For everyone who loves ground beef — let's talk turkey!

A few years ago, if you wanted turkey, you had to buy the whole bird. Since that made about as much sense as buying a cow to get a steak, a few savvy poultry packers began to sell turkey parts — wings, thighs, breasts and even ground turkey.

We have grown to love this ability to portion out our favorite parts of the bird, but have especially become attached to ground turkey as a viable ground meat alternative.

Far lower in fat and calories, ground turkey can be treated in much the same way and as substitutions in many recipes calling for ground meat. There, are, however, a couple of important differences.

Since turkey is very low in fat, it can dry out quickly. Consequently, ground turkey is at its best when moisture is added, either in the form of a sauce or when simmered in a liquid. In addition, it is rather mild in flavor, so additions of assertive seasoning go a long way toward making ground turkey dishes distinctive.

The following two recipes are examples of how we best like to use ground turkey.

Turkey Salisbury Steak is reminiscent of the American "fancier-up" hamburger classic of the '50s. Mixed with fresh bread crumbs, onion, parsley, lots of seasoning, and bound with an egg white, these patties are dusted with flour to assure a crisp, golden sauteed exterior and a juicy, moist interior.

Sauced with a simple, homey pan "gravy," these tasty "burgers" would be nice served with green beans and stewed tomatoes.

New Wave Turkey Chili comes from our book, "Let's Eat In," and is a real family favorite. Garlic, chilies and fresh cilantro add zip and zest to this quick chili and, when served with some or all of the suggested accompaniments, it is sure to become a favorite at your house, too.

The next time you think ground meat, pick up some turkey as a nutritious alternative!

### TURKEY

#### SALISBURY STEAK

- 1 pound ground turkey
- ½ cup fresh white bread crumbs
- ¼ cup chopped parsley
- ¼ cup finely chopped onion
- 1 teaspoon dried thyme
- ½ teaspoon salt
- ½ teaspoon pepper
- 1 egg white
- 3 tablespoons flour, divided
- 1 tablespoon butter

- 1 tablespoon vegetable oil
- ½ cup white wine
- ¾ cup chicken broth

Yields 4 servings.

Preparation and cooking time: 30 minutes.

In large mixing bowl, use your hands to combine turkey, bread crumbs, parsley, onion, thyme, salt, pepper and egg white. Divide mixture into 4 parts and form each into a patty about ½-inch thick.

Spoon 2 tablespoons of flour onto small plate. Dip both sides of patties in flour to lightly coat.

Heat butter and oil in large skillet. Saute patties over medium heat about 4 minutes per side until cooked through. Remove patties to platter.

Pour off all but 1 tablespoon drippings from pan and stir in remaining 1 tablespoon flour. Cook over medium-low heat, stirring constantly for about 1 minute. Stir in wine and broth and cook over medium heat, stirring, for about 3 minutes until lightly thickened and bubbly.

Serve patties with sauce spooned over.

#### NEW WAVE TURKEY CHILI

- 2 tablespoons vegetable oil
- 1½ pounds ground turkey
- 1 cup chopped onion
- 2 cloves garlic, minced
- 1 tablespoon chili powder
- 1 teaspoon dried oregano
- 1 (14- to 16-ounce) can tomatoes, drained
- 1½ cups chicken broth
- 1 (4-ounce) can chopped green chilies
- 1 jalapeno (fresh or canned), chopped
- 3 tablespoons minced cilantro

#### Optional Accompaniments:

- Warm flour or corn tortillas
- Shredded lettuce
- Wedges of lime
- Sour cream
- Cubed avocado
- Salsa

Yields 6 servings.

Preparation and cooking time: 35 minutes.

Heat oil in large saucepan or skillet. Add turkey, onion and garlic, and cook over medium-high heat, stirring frequently to break up meat, until turkey is lightly browned and onion is softened, about 8 minutes.

Stir in chili powder and oregano and cook, stirring, for 1 minute. Add tomatoes, chicken broth, green chilies and jalapeno, breaking up tomatoes with side of spoon. Simmer, uncovered, over low heat for 20 minutes, stirring occasionally. Stir in cilantro. (Can be made up to 3 days ahead.)

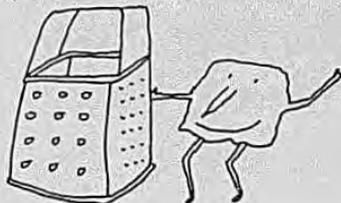
## KITCHEN HINTS

### Melted cheese is used in many recipes

Improper melting can make it tough.

Here's how to melt cheese smoothly:

1. Shred, grate, cube or dice cheese. The extra surfaces melt faster, hence, shorter cooking time.
2. Melt over low to medium heat, or in a double boiler. High heat drives fat from the cheese solids, causing it to toughen.
3. Stir almost continuously to ensure smoothness.



## HEALTH WATCH

### "Watch your step, please."

Sports and falls bring most injured people to emergency rooms.

Major causes of emergency room visits for injuries:

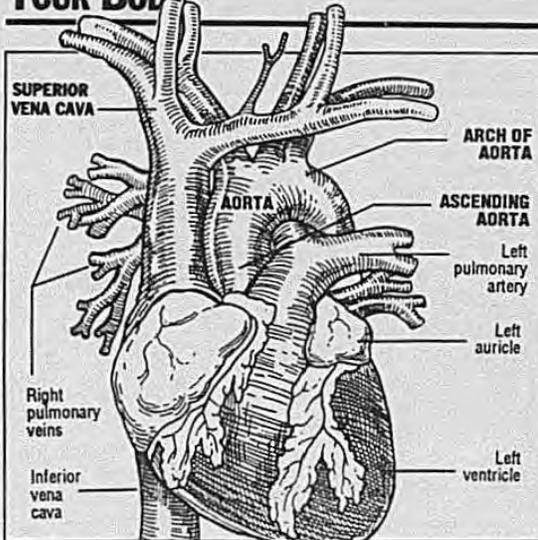
Falls on stairs	819,081
Falls on floor	654,371
Bicycles	525,026
Basketball	460,420
Baseball	327,620
Football	323,112
Knives	313,330
308,246	Collisions with doors

Emergency  
room



SOURCES: Coalition for Consumer Health and Safety; U.S. News & World Report

## YOUR BODY



### SUPERIOR VENA CAVA

**WHAT:** The superior vena cava sounds like a place for bats and giant stalactites, but it's one of the three great vessels of the heart. Superior vena cava (VEE-na KAY-va) is Latin for "big hollow vein." The trunk of this important vein is only about three inches long.

**WHERE:** This vein starts just below the cartilage of the first rib near the sternum, or breastbone, goes through the outer heart muscle called the pericardium, and ends in the

upper portion of the right auricle, which is part of the right atrium, one of the four chambers of the heart.

**FUNCTIONS:** The superior vena cava receives blood going from the entire upper half of the body to the heart. Then the blood is pumped from the right atrium to the right ventricle. From there it travels to the lungs.

In the lungs, carbon dioxide in the blood is released and oxygen takes its place. This process allows oxygenated blood to be sent back through the heart to the rest of the body except the lungs.

# Here's How



By Gene Gary

## Sealer enhances look of flagstone floor

**Q.** We recently purchased a home with a flagstone floor in the entryway. This has a rough texture and I am not sure how it should be cleaned, which it needs badly, or how it should be maintained.

**A.** I have found very little information on flagstone. Can you give me any suggestions?

Any existing sealer should be stripped from the surface. Ammonia diluted with water will strip most sealers. Then scrub the surface with a stiff brush (do not use wire) and a solution of TSP (one part mixed with nine parts of water). Let dry thoroughly.

The best way to treat the cleaned surface is to give it a coat of regular penetrating floor sealer. This should be a sealer of low viscosity and not more than 25 percent solids.

One coat of a sealer should suffice until it appears to be worn away, which should not occur for several months, depending on the

amount of traffic. Then it should be patched without going over the whole floor (unless the area is small).

If the flagstone is a light color, regular floor sealer may give it a slight amber tint. If you don't want that, use a colorless solvent-type terrazzo sealer. It may have to be applied more often as it seldom runs more than 12 percent solids.

A sealer will not only enhance the appearance of your flagstone, it also will make it easier to maintain.

**Q.** I have a large mirror that has some scratches and dark spots. They are not terribly noticeable. Is there any way I can repair them myself?

**A.** If the damage is not too bad, there are some techniques that might work.

First remove the mirror backing. On discolored or tarnished spots on the back of the mirror,

use the abrasive side of a kitchen sponge to scrub off the discoloration. Try to avoid enlarging the affected area.

Patch these spots with a piece of aluminum foil. No adhesives are necessary; the patch will be held in place by the mirror backing. Adhesives or tape can damage the silver backing.

Tiny spots of discoloration can be carefully removed and the bare spots touched up with a silver artist's paint (this is a good method for minor scratches that do not have discoloration).

If the results of these techniques are not satisfactory, your best bet will be to have the mirror professionally resilvered.

**Q.** I live in a high-rise condo building where all the bathrooms have fiberglass tubs and shower stalls.

These are quite difficult to clean and a lot of unit owners complain about them. A lot of us are afraid to use cleaners such as scouring powders.

Can you recommend a safe cleaning agent?

**A.** You are wise to avoid any abrasive cleaners as they scratch and damage the surface of the fiberglass, adding to your problems. You should also be careful with strong solvents.

For regular cleaning, use a mild liquid cleaner such as Spic and Span, 409, or Top Job. Or you can use a non-abrasive cleaner such as

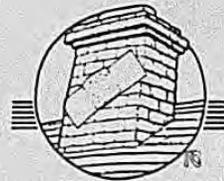
Bon Ami or Soft Scrub.

For stained areas, use these products full strength and let set for 20 minutes to half an hour, then rinse with clear water.

For more stubborn stains, here are some suggestions: Use one of the liquid cleaners made for automatic dishwashers. Apply full strength and let set overnight, rinse with plenty of clear water.

For smudges and spots try a waterless hand cleaner called Mintex, made by Savogran. Rub Mintex on the smudges and work with your fingers, then wipe with a clean, soft rag.

Another cleaner made specifically for fiberglass is Gel-Gloss available at housewares stores and marine supply stores. A boat supply store also is a good place to check for cleaners recommended for fiberglass boats (compounds that can be buffed, etc.). These will do the job on your fiberglass shower just as well as they clean the hull of a boat.



## FOR TEENS

By Willard Abraham, Ph.D.

**Dr. Abraham:** The letter in your column about a recent teen survey really disturbed me. I'm in eighth grade this year. In all the schools I've been to, I have never known any of my friends or my sisters' friends (17 to 20 years old) to have been murdered or to commit suicide, or to be drinkers. Only two of my sisters' friends have become pregnant. They both got married when they found out, and they are just fine now.

All of my friends are pretty much happy all the time, smart and definitely ready to face the challenges of life.

I just want to say that teens aren't as bad as most people think. — Jody

**Jody:** I share your sentiments and have often expressed them in this column. Unfortunately all teens haven't been spared the kinds of experiences some surveys have indicated.

As with most groups of people, whether adults, teens or young children, the ones who generally make the news have done or been subjected to something that is on the negative side.

Once in a while we read about the many positive factors, like the ones you expressed.

If you other teen readers will write me what you know about the contributions and happy experiences of specific teen-agers related to their families, schools or communities, I'll include them in future columns as space permits.

Tell me about your own, too. I won't mention your name if you don't want me to. Then it will be like the character in Lloyd C. Douglas' book, "Magnificent Obsession," whose good deeds were known but not his name. If you haven't read the book, look it up. Many of you will enjoy it.

**Dr. Abraham:** I have a very big problem, and I hope you can solve it for me.

I am 13 years old and my boyfriend is 16. The problem is that he always says he loves me, and I know that is very true. But I don't love him. I like him a lot, very much so, in fact.

I feel that love is a very strong word, and I am too young to really feel it. The thing is he says when I get out of school we can get married. This is just too soon and too fast.

So what should I do, tell him the truth or just keep being the way we are? — Confused.

**Confused:** Many times when one is unsure which route to take, the best approach is to stick with the

truth.

You say that you "like him a lot," "very much so," but feel you are "too young" for the kind of commitment he seems to want, and it is "just too soon and too fast."

Your own words seem to tell you what to share with him.

**Dr. Abraham:** I'm really an amateur at this new interest of mine, but it is a fascinating one that I want to dig into.

My four grandparents are still living, and all of them have told me a lot about how it was when they were children in another country. They all came from different countries — Germany, Poland, Austria-Hungary and Switzerland.

I am so lucky to have them tell me so much because I have friends whose grandparents have died, and it is just too late for them to find out about them.

With this help of mine I have started to work on family trees, but there is a lot more digging I want to do.

It would be so good if there were some book that wouldn't be too complicated and that people like me could use (I'm 16 years old). Can you refer me to one? — Freddie

**Freddie:** A new book came to my attention that

might be useful for you. It is titled "The Kids' Book of Genealogy" by Ira Wolfman, and it will be published in the spring of 1991 by Workman Publishing.

It sounds very practical, including how to take oral histories, use different resources and trace family roots.

The book's subtitle is "An Official Ellis Island Guide," and it is being released in connection with the restoration of Ellis Island, which was reopened on Sept. 10 and through which so many millions of people came to this country.

Until this book is released, you might want to use other sources suggested by its author (by writing to him in care of its publisher at 708 Broadway, New York, NY 10003) or your local library.

You're off on a wonderful adventure, Freddie. Good luck to you.

**Dr. Abraham:** I'm 12 years old. My 15-year-old sister has really changed. She doesn't play with me anymore. I understand that she is getting older and has this boyfriend, but she acts real strange.

She always has to look good. She's on the phone all day, and she acts like she's queen of the house. She even puts hair spray on before she goes to bed.

What can I do? — Very Concerned.

**Very Concerned:** I can understand why such behavior seems strange to you. But acting that way isn't so unusual for some 15-year-olds.

I'd like to ask others who are her age to let me know how they feel about this 15-year-old sister's behavior. And if they have younger sisters who are about 12 years old, how do the younger ones react to this family relationship?

**Dr. Abraham:** I really love my boyfriend, but he's always dumping me to go for my friends. Then he breaks up with them and comes back to me, saying he loves me and that he is sorry. I always end up forgiving him.

Is it right for me to forgive him? Or should I find myself someone new? He's done this to me four times already.

What should I do? Please help. — Samantha.

**Samantha:** It sounds like you deserve better.

If he is in your life now and then leaves again, consider telling him you've had it with his bouncing back and forth. If he is now with another girl and wants to come back, use that same line.

A more dependable boyfriend is probably in your future. Look around, Samantha. He may be looking for you right now.



# LOCAL READER

## CLASSIFIED ADS sure to get results

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New Hyde Park Herald Courier  
• Call 746-0240

NOW after 2 p.m. phone in your ad 24 hours a day to our special after hours ad number. You can phone your ad 24 hours a day and it will appear in the next issue of the paper (up to the 12 noon deadline for week of publication). If you miss the hours of our regular ad takers at any of the above numbers call 746-0240 and give your ad 24 HOURS A DAY.

### Help Wanted

**GARDEN CITY TEACHER** needs someone from 7-8 a.m. to supervise two school age children. Please call 248-0171 after 4 p.m. gcN4

**P/T CLERICAL POSITION** Mornings or after school hours. Will teach. 437-2636. gcN3

**STOCK & SALE, HARDWARE** clerk, P/T. Will train retiree. Munder's Hardware, 316 Hillside Ave. 746-1075. wtfm

**BABYSITTER NEEDED** to watch my 3 girls, ages 4, 2 and 8 months in my Garden City home on Thursdays and Fridays; 10 a.m.-3 p.m. References, non-smoker & transportation required. Call after 5 p.m. 742-9386. gcN4

**LARGE INSURANCE AGENCY** Clerical - F/T, filing, advancement, excellent benefits, Mitchell Field area. 745-0800, ext. 307. wn4

**NANNY/HOUSEKEEPER** for eastern LI family. Kind, loving person to care for three children: ages 14, 12 & 7. Live-in, must speak English, driver's license. Weekends off. Send resumes & references to: P.O. Box 474, Laurel, NY 11948 or call 734-6473. gcN4

**F/T REAL ESTATE SALES** person. Great opportunity to join the next #1 firm. Dougall Fraser 248-6655. gcN3

**GAL FRIDAY PART TIME** phones, errands, etc. Garden City law office. \$8/hour. 746-3340. gcN3

**CUSTOMER SERVICE REP** Our rapidly expanding clinical lab is looking for experienced Customer Service Reps. Excellent communication skills and medical background preferred. Full time and part time positions available. Port Washington/Roslyn location. For consideration, please call Janet Cataliotti at 484-9800. wn3

**PT BOOKKEEPER EXPERIENCED** up to general ledger. Hours 10-3 flexible. Ideal for mother with children in school. 437-2636. gcN3

**HOUSEKEEPER/CHILD CARE** needed, live in or out, five days a week. References required. Driver's license preferred. 485-4979. gcD1

**P/T MEDICAL SECRETARY** asst., experienced preferred but not required. Call Monday through Friday, 9 a.m. to 6 p.m. 747-2230. wn4

**LUNCH AIDE NEEDED FOR** Willet Rd. Middle School. Two & one half hours per day. Please call Mr. Gordon 334-8020. wn3

### Situations Wanted

**HOUSECLEANING JOB** wanted 5 days a week 334-4932. gcN4

**HOUSECLEANING JOB** wanted. With references & own transportation. 876-9354. gcD1

**HOUSECLEANING FROM MONDAY - Sat.** Experience & references. Call 292-3074 after 6 p.m. gcD1

**RESPONSIBLE CHILD CARE:** Early childhood/elementary ed. graduate student offering services in Garden City area. Infants & toddlers OK. Excellent references. Flexible days! Available immediately! \$10/hr. Call 742-6805. gcD1

**LOOKING FOR HOUSECLEANING** job: Own transportation. Available weekdays or weekends. Call Gracia at 997-9748 or Melancia at 338-2924. gcD1

**NURSE'S AIDE SPECIALIZING** in home care. Checkable references. For information, call Dorothy, 546-8757. gcJal

**COMPANION; EXPERIENCED** geriatrics; certified; teaching background; mature woman has car; refined appearance. Excel. refs. 201-635-6870. gcD1

**ENGLISH SPEAKING HOUSE-** cleaner available. Many years experience in Garden City homes. Excellent references, very reliable, honest & have own transportation. Please call 873-0913 & leave message. gcD1

**ATTENTION VACATIONERS** would you like to go away and know that your dog or cat is well taken care of? Mature woman who loves animals will give your pet lots of TLC. Fenced in yard. 352-9113. GCD4

**HOUSECLEANING AVAILABLE** Good references, experience, own transportation. Call after 3 p.m., Mon.-Fri. 564-8869. gcD1

**EXPERIENCED CLEANING** lady available Mon., Tues., Wed., morning. Looking for housework, Mineola, Williston Park, Albertson, Seatingtown, Roslyn. Walking distance to bus on Willis Ave. Contact after 6 p.m. 746-3967. wd1

**RELIABLE EXPERIENCED** home health aide available. Full time, live-in/out. Own transportation, excellent references. Call 718-962-1231 F.P. wd1

### Situations Wanted

**HONEST, RELIABLE,** experienced person looking for a job with elderly person. Call Edna 546-5459 after 6 p.m. wd1

**NO JOB TOO SMALL** for Gabriel. Handyman, painter, carpentry, wall paper hanging, etc. 742-1615. gcD1

**HOME ATTENDANT AVAIL-** able for FT work. Experience & own transportation. 718-898-2716. gcD2

**NURSE'S AIDE AVAILABLE** for night duty. Call Patricia after 7 p.m. 718-468-0491. gcD2

**HOUSECLEANER AVAILABLE** Reference, own transportation, honest. Leave message (516) 334-2041. gcN5

**RELIGIOUS & EXPERIENCED** woman in the care of children & elderly offers her services. References available. Will live in or out. Call Josephine Howard 718-498-7427. hd2

**HOUSECLEANING AVAILABLE** by the hour. References & transportation. Call Lucy up until 1 p.m., 481-3856. gcD2

**HOUSECLEANING BY THE** day. References, own transportation. Call Mrs. Kelly between 6 and 8 p.m. 747-6428. gcN5

**SEEKING HOUSECLEANING** position - any day. References and experience. 481-4896. gcN5

**SEEKING A SPONSOR FOR 21** year old girl from the Bahamas who is very fond of children. References include a retired certified nurse's aide. Please call 486-1840 after 7:30 p.m. gcD1

**YOUNG GRANDMOTHER WILL** care for your child in my Garden City home. Available Mon.-Fri., 8 a.m.-6 p.m., P/T or F/T 741-8566. gcD1

**EF AU PAIR - CHILD CARE** affordable, European, live-in child care - 12 months legal program, weekly, average \$165. Call today for our next monthly arrival. 1-800-333-6056. hd1

**I WILL CLEAN YOUR HOME AS** I would my own. Experience & references. 248-6020. gcD2

**LOVING MOTHER, EXPERI-** enced teacher will care for your child in my Williston Park home. 747-2183. wd1

**HOUSECLEANING POSITION** wanted. Experience & references 354-3226 gcN4

### Help Wanted

**SCHOOL ADIES NEEDED** North Side Elementary School, East Williston. Hours 8:30 to 1:15. Must love children. Good salary. Call Mrs. Byrnes. 334-8020 x 250. wn4

**RN'S OR NURSE-TEACHER** substitutes needed for Herricks Public Schools. 5 days per week, \$65 per day for first 20 days, \$72 per day each day thereafter & retroactive. Call or write Dr. Ronald M. Barnes, Asst. Superintendent for Instruction, Herricks Public Schools, Shelter Rock Rd., New Hyde Park 11040. 248-3109. hn4

**LAYOUT ART ASSISTANT** Immediate opening. No experience necessary but willingness to learn. Permanent part time. Must be able to work Tuesday, Wednesday, Thursday evenings. Serious inquiries only. 931-0012.

**LUNCH RELIEF NURSE NEEDED** for Herricks Public Schools, to cover two elementary schools for 5 days per week from 11:45 a.m. to 2 p.m. at \$11.45 per hour. Call or write Dr. Ronald M. Barnes, Asst. Superintendent for Instruction, Herricks Public Schools, Shelter Rock Rd., New Hyde Park 11040. 248-3109. hn4

**ADMINISTRATIVE SECRETARY** F/T. Meeting, planning. Pleasant, low key Mineola office needs caring, responsible, charming, flexible take charge assistant. Good skills, computer, word perfect. Letter & resume including salary requirements to: Harry Hansen, P.O. Box 1597, Mineola, NY 110501. gcN4

**PERSONS WANTED TO COVER** meetings in Great Neck, Garden City, New Hyde Park, Williston Park, Syosset, and Bethpage for local weekly newspapers on stipend assignment basis. Call 931-0012 for more information.

### Help Wanted

**LOVING RESPONSIBLE** babysitter for 5 & 7 year olds in my home. Weekdays, late afternoons and evenings, and Saturday night. Own transportation, call 621-4232. wd2

**PART-TIME DRIVER; GARDEN** City area. Must have clean license. Retirees preferred. 486-3543. gcN4

**LIVE-IN HOUSEKEEPER** babysitter needed to assist professional couple with housework and care of one child. Licensed driver preferred. Excellent salary & working conditions. Please call & leave message. 334-8089. wd1

**DENTAL ASSISTANT NEEDED** for high quality Garden City practice. Four days/week. Experience preferred. Please call 742-2961. gcN3

**TYPIST TO WORK 15-20 HOURS** per week Mon. through Wed. eve from 5 p.m. Should be good typist ready to begin at once. Call 931-0012 for apt.

**TYPIST TO WORK 20 HOURS** per week Mon. through Wed. days. Should be good typist ready to begin at once. 931-0012.

**MATURE RELIABLE &** friendly person to babysit 8 year old and 5 year old for Saturday evenings and occasional week nights. Syosset area. Please call 921-2627. gcN4

**CHILD CARE WANTED** for two girls, ages 4 and 2 1/2, in my Garden City home. Four days a week, Monday, Tuesday and Thursday, 8:30 to 5:30, Wednesday, 7:30 to 5:30. Older daughter attends nursery school Monday, Tuesday and Thursday, 9 to 11:30. Must be energetic, creative and love children. Drivers license and car a plus. Must speak English. Local references necessary, non-smoker. Call day (516) 433-6911. Evenings, (516) 747-4095. hd1

**Situations Wanted**

**HOUSECLEANING**  
experience, references and own transportation. Available Monday to Saturday. 485-3511. gen4

**RELIABLE HONEST**  
woman seeks position as domestic experience and references. 546-4628. gen4

**NURSE'S AIDE WITH**  
qualified hospital experience will take care of your sick or loved ones. Nights preferably. 565-0558. gen5

**LICENSED PRACTICAL NURSE**  
available to care for your loved ones. Experienced with many Garden City references. 796-4034 gen3

**NURSES AIDE WITH REFER-**  
ence, wishes P/T work. Four hours mornings. Have car will do light chores. Call after 6 p.m., also will work weekends. 484-4321. wn5

**ACCOUNTANT/FULL CHARGE**  
bookkeeper. Experienced in all types of accounting and bookkeeping, payroll taxes, AR/AP, personal income taxes and Lotus 123. Need per diem work. Mon., Tues., Sat. Call Tom 352-3345. gen5

**HOUSECLEANING AVAILABLE**  
four days a week. Experienced and references. 481-7355. gen5

**HOUSEKEEPER TO CLEAN**  
your house. References, experienced and own transportation. Call 248-5125. wn4

**LOVING GRANDMA WILL**  
babysit your preschool child in my Williston Park home, full or part time. References available. 747-6726. wn4

**YOUNG LADY SEEKS LIVE-IN**  
job. Mon.-Fri. References available. Housekeeping and babysitting. 718-774-6469 or 718-282-8086. gen4

**MATURE FEMALE SEEKS**  
live-in job doing babysitting/companion. For more information call 718-919-2535 after 5 p.m. gen4

**CLEANING LADY LOOKING**  
to clean house in the morning or in the afternoon every day. Honest, experienced, have references. Please call 485-9530 any time. gen4

**HOUSECLEANING AVAILABLE**  
good references, own transportation. 352-8392. gen4

**NURSE'S ASSISTANT**  
with references. Light cooking and cleaning. Prefer 9-5. 292-3310 or 565-1817. gen5

**MOTHER'S HELPER**  
Responsible 12-year old seeks weekend position as mother's Responsible 12 year old seeks weekend position as mother's helper/babysitter. Experienced with toddlers. Call 741-6705 eves. gen5

**SEEKING COMPANIONSHIP**  
position with elderly - live out. Experience & reference. (718) 468-0141. gen5

**Situations Wanted**

**RELIABLE & LOVING**  
mother will provide child care in my home full time or part time. Nutritious meals, references. 775-7440. gen4

**BABYSITTER: YOUNG**  
Jewish grandma loves children. Responsible, experienced with references. Your home, Monday-Friday. Call evenings, 741-7673. gen4

**NURSE'S AIDE FULLY EXPERI-**  
enced in hospital, nursing home and private duty, willing to take a long term case. Work hours 11 p.m. - 7 a.m. \$10 an hour. References. 546-2521. geJal

**EXPERIENCED HOUSE**  
cleaner comes with references. For free estimates call Pat. 781-6017 after 3 p.m. hn3

**HOUSECLEANING AVAILABLE**  
5 days a week. 2 years experience. Call Helen any time. 876-9725. gen3

**IRISH CERTIFIED NURSE'S**  
aide available to care for sick or elderly days or nights. Call 334-3007 or leave message. gen3

**16 YEAR OLD HIGH SCHOOL**  
Student with background of fine woodworking seeks work on Saturdays as a carpenter's helper. Have working papers & experience in roofing. I'm a really good worker. Just need someone to teach me while I work hard for you. Call Adam (516) 747-4861. gen3

**Real Estate For Sale**

**WEST HEMPSTEAD/GARDEN**  
City, owner selling 4 BR Cape, fin. basement, vinyl siding, replacement windows, oversized garage, low taxes, \$160's. Call for details and appointment. 775-1192 or 481-8942. gen1

**GARDEN CITY PRIME**  
location, 3 BR, 3 bath ranch, walk to village. Williamsburg decor, new EIK, deck with hot tub, 2 car attached, marble flp, wall to wall, 3 room fin. bsmt. with kitchen, mid \$400's. 742-8337. gen1

**SOUTHOLD CONDO. FOUND-**  
ers Village, center of village, 2 BR, 2 bath, LR/flp, dining area, EIK, CAV, full cellar, low monthly maintenance, all amenities. Ask for Madelyn for information. Southold Exclusive 2 story farm house on 1/2 acre. 4 BRs, 1 1/2 baths, LR/dining room, kitchen, separate guest quarters or M/D. 18x36 IGP. Needs some TLC. asking \$189,500. New Suffolk 3 BR, 1 bath, 2 story bungalow, full cellar/pt. fin. Great starter or single. Easy maintenance, won't last at \$129,000. Mattituck A-1 condition 3 BR, 2 1/2 bath ranch. LR/flp, large open kitchen/dining area, new fam. rm. (or 4th BR), full cellar, 1 car garage, well landscaped, suitable for M/D or professional. Value there at \$175,000. Southold - Charming 4 BR, 3 1/2 bath Cape on tastefully landscaped 1/2 acre in very desirable area near village. LR-DR with flp, EIK, full cellar. Just reduced to \$227,000. Madelyn Baker Real Estate 765-2310. gen4

**GARDEN CITY CENTRAL**  
1/2 acre ranch, 4 BRs, 2 1/2 baths, den, modern EIK, gas heat, CAC, alarms, electric eye garage, mint condition. Owner \$600's 248-2243 gen1

**MALVERNE SCHOOL DIST 13**  
5 BRs, 2 1/2 baths, Colonial, 25 years young. Mint condition, inground pool. \$290's. Owner 593-7021. gen4

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Check out the Professional Guide in this newspaper. For a low price of just \$10.50 per week you can get your message across to readers of all eight weekly newspapers we publish. Call today for more details. 931-0012

**Real Estate For Sale**

**GARDEN CITY ESTATES**  
3 BR side hall Colonial. New EIK, 2 full baths, fin. bsmt., large LR & FDR. Taxes \$2600. Asking \$325,000. 248-2009. gen2

**GARDEN CITY SUPERB**  
Adelphi location. All brick and slate centerhall Colonial. 3 BR, 2 1/2 baths, new EIK, den, party rec. room with kitchen and bar, 2 car detached. Low \$400's. 326-8024. gen1

**GARDEN CITY IDEAL STARTER**  
house. 4 BRs, 2 new baths, Cape, all new windows and siding, oversized lot. Sacrifice at \$200's. 742-8337. gen1

**GARDEN CITY ESTATES**  
large center hall colonial, 100' x 150' lot, 4 BRs, 3 baths, 2 flp, spacious LR, FDR, den, patio, circular drive, private yard, walk to all, \$695,000. Principals only. 437-0079 leave message. gen1

**REDUCED \$100,000 - OXFORD**  
Blvd. Spacious Dutch Colonial, 5 BRs, 4 1/2 baths, entrance foyer, LR/flp, fam. rm., office/nursery, FDR, huge mod. EIK, full basement, attached 2 car garage, large brick patio & more. Beautifully landscaped 1/3 acre in Garden City's prime location. Walk to both RR lines & all schools. \$895,000. Seller financing for qualified buyer. By appointment only. Owner/broker 248-2450. gen5

**VILLAGE OF KINGS POINT.**  
Vacant land next to 104 Wildwood. Please call 751-6644. hd1

**SOUTHOLD. LOVINGLY MAINT-**  
ained 2+ BR ranch with private beach & boating rights. EIK, DR, LR, garage, on lovely 1/2 acre. Asking \$145,000. Southold - Circa 1875 deluxe 4 BR, 2 1/2 baths, Colonial with 4 rooms, 1/2 bath professional suite. Steps to town, school & churches. Asking \$249,500. Cutchogue Creekfront with bay access, well built 10 yr. old Ranch, 3 BRs, 2 baths, LR/flp, EIK, FDR, attached 2 car garage, deck & dock. Reduced to \$265,000. Southold - Priced to sell! Immaculate 3 BR, 2 bath Ranch. EIK, DR, LR/flp, full bsmt., attached garage & deck. A must see. \$154,900. Peconic Waterview - Maintenance free home. 3 BRs, 2 baths, Florida Rm., decking & steps to sandy beach. Motivated seller. \$179,500. Marlon R. King Real Estate 734-5657. gen4

**GARDEN CITY CENTRAL**  
1/2 acre ranch, 4 BRs, 2 1/2 baths, den, modern EIK, gas heat, CAC, alarms, electric eye garage, mint condition. Owner \$600's 248-2243 gen1

**MALVERNE SCHOOL DIST 13**  
5 BRs, 2 1/2 baths, Colonial, 25 years young. Mint condition, inground pool. \$290's. Owner 593-7021. gen4

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**Real Estate For Sale**

**GARDEN CITY SPLIT**  
low taxes, convenient location, 3 BRs, 2 Baths, LR, DR, den, EIK, CAC, patio & 2 car. Community pool, extras. \$300's. Serious buyers only. Principals. 741-1686. gen4

**GARDEN CITY VICINITY**  
Luxury townhouse located at the Atrium Plaza just 5 blocks from the Garden City Hotel. 3 BRs, 2 1/2 baths, EIK, DR, LR, fin. bsmt., laundry rm, outdoor patio, garage parking, CAC, security system, appliances. Owner has relocated and is pricing this townhouse for an immediate sale at \$219,000. Call us today at 717-296-2673 to discuss possibilities of financing, rental with purchase option, immediate possession, etc. Owner. gen4

**WATERFRONT SOUTHOLD**  
Builder's close-out. 3 prime waterfront lots, panoramic views, all permits ready to go. All reasonable offers will be considered. For details call 724-6220. gen5

**GARDEN CITY SOUTH**  
Spectacular Brick Ranch customized 3 BR 1 1/2 baths, flp, night club fin. bsmt. \$259,000 by owner. 489-5640. gen4

**UNIQUE CONTEMPORARY**  
Drastically reduced, near new home on wooded 3/4 acre with super privacy, near deeded beach. 7 spacious rms, Cathedral ceilings, loft, deck. \$235,000. See ASAP. Bookmiller 722-4423. gen4

**GARDEN CITY: 4 BR RANCH**  
Mother/daughter of professional offices. Country Kitchen, 2 flps, all amenities. \$650,000. Principals only. 747-7328. gen5

**GARDEN CITY EASTERN**  
section, 4 BRs, 3 full baths, EIK, LR/flp, DR, den, fin. bsmt. with flp and wet bar, 2 skylights, new windows, new 3 zone heating, alarm system, sprinklers, fenced, near parks and school. Low taxes. Asking \$300's. 248-5244. gen1

**GARDEN CITY HEMPSTEAD**  
Mulford Place, large 1 BR in charming building. Decorator bath, closets galore, like new. Must be seen. \$79,900 neg. 489-9666. gen1

**SOUTHOLD - CALIFORNIA**  
Ranch, landscaped for privacy, wooded surroundings for summer on year round living, swim in heated in-ground pool or walk to resident beach. LR, DR, fam. rm., double fireplace, country kit., appliances, 3 BRs, 2 1/2 baths, 2 car garage, c/a/c, fin. bsmt. Principals only. \$298,000 negotiable. 765-9247. gen2

**GARDEN CITY FIRST SHOW-**  
ing. Charming Dutch Colonial. Mint condition. LR/flp, FDR, EIK, sun porch, 3 + BR, 1 1/2 baths, low taxes, principals only. \$295,000. 294-8799. gen5

**GARDEN CITY PRIME**  
village location. 2 BR condo, completely renovated, new kit., new marble bath. \$189,000. Also available for rent \$1550. 326-8024 gen1

**Real Estate For Sale**

**SOUTHOLD CHARMING 2 BR**  
1 bath Cottage, LR/flp, EIK, screened porch, full cellar, pleasant yard, near village and bay beach. Great starter, second home or retired couple. Asking \$135,000. Call for information. 765-3936. gen3

**MATTITUCK - YEAR ROUND 2**  
BR Cottage, with deck & 2 car garage. Separate building lot included. Walk to private deeded bay beach. \$115,000, also for rent. Jim Gray Realty - 1-800-287-GRAY. wd2

**ALBERTSON HERRICKS**  
School District. 4 BR, den, 3 baths, EIK, finished basement, aluminum siding. Owner asking \$320,000. 621-3723. hn5

**EAST WILLISTON STARTER**  
2 BR, LR, DR, 1 1/2 baths, new windows, roof, Wheatley SD, low taxes. Move-in condition. Low \$200's. Owner 248-2379. wd2

**GARDEN CITY ESTATES**  
Brick Center Hall Colonial. 3 BR, 3 baths, LR/flp, FDR, den bsmt rec. rm., screened porch, attached 2 car garage. \$400's. Owner 248-8425. gen4

**MUTTONTOWN: LAVISHLY**  
redone, everything new, outstanding 4 BR Colonial on 2 former estate acres. Den/flp, 20'x45' great room/stone flp, in ground pool, cabana. Must be seen. \$849,000, 921-7675. gen3

**KEUSEY'S EXCLUSIVES**  
Doll House - great starter, completely renovated, full of charm, new EIK & den, 3 BRs, 1 bath, low taxes. Owner relocating. Won't last. Make offer. Only \$229,000. Contemporary colonial on 85' x 130' lot. 3 BRs, 1 1/2 baths, den, 2 car with electric eye. Asks \$279,000. English Colonial 60' x 145' property. Needs TLC, 4 BRs, 1 1/2 baths, LR/flp, FDR, kit., heated sun room & garage plus low, low taxes. Reduced to \$289,000. To settle estate - western ranch, CAC, LR/flp, FDR, EIK, 3 BRs, 2 baths, rec. rm., extras. \$264,900. Expansive living area in this 3 BR, 2 1/2 bath Contemporary. Large property, EIK, fam. rm. Asking \$345,000. Move right in to this spacious & garcious lovingly cared for western Colonial. 4 BRs, 2 1/2 baths, EIK, large garden rm., FDR, LR/flp, rec. rm., convenient to all. Offered at \$379,000. Rambling 5 BR, center hall expanded ranch, den & rec. rm., 4 baths, CAC, half acre on prestigious street, walk village and all. Only \$575,000. Property, property, property - Central section, expanded ranch on 120' x 200', 4 BR, 3 baths, den, new EIK, CAC, yours for \$599,000. Estates Colonial that has it all - Center hall, ultra mod. EIK, fam. rm., 6 BRs, 3 1/2 baths, deck, large deep property, high \$600's. Why rent? Affordable 1 BR Co-op, heart of village. Private entrance & garage too. Walk all, only \$69,000. Put a Little Mott into your life - CH Colonial, LR/flp, DR, kit., Florida rm., 2 BRs, 1 1/2 baths. Priced to sell. \$325,000. Edwin M. Keusey 747-1300. gen4

## Real Estate For Sale

**NEW SUFFOLK BAYFRONT**  
Wonderful 3 BR, 2 1/2 bath home. LR/fpl, DR, den, porch, super sandy beach. A rare find. Realistically priced at \$499,000. Southold - Handyman special. Lots of attention needed for this 5 BR farmhouse. Barns, sheds, 4+ acres. \$280,000. **Matttuck Waterfront - Charmer** - Casual elegance in this 2 story home. LR/fpl, Kit, dining area, 3 BRs, 2 baths, decks, bulkheaded. Ideal for boating. Asking \$375,000. **Marilyn Lang Realty** 734-6690, 734-6472. gcn4

**BATING HOLLOW - LUXURY**  
Ranch of superior design & construction. This attractive home offers 7 well planned rooms, large LR, FDR, functional kit., den, fam. rm., 3 BRs, 2 1/2 baths, all appliances, 2 fpls, basement, double garage, rear yard privacy. \$199,000. Worth More! **Bookmiller** 722-4423. gcn4

**GARDEN CITY VICINITY**  
The atrium - 1 BR Condo, CAC, Washer/Dryer, large yard, free indoor parking. Maintenance \$110. Steal at \$107,000. 538-8380. gcd1

**GARDEN CITY & VICINITY:**  
Holiday Bargain. Have a chimney for Santa to slide down! **Western Section:** 3 BR Ranch, 2 baths, skylite kit., LR/fpl, full fin. bsmt., 2 car attached. 80 x 100 beautifully landscaped plot. \$395,000. **Young 3 BR Split**, 2 1/2 baths, updated kit., fin. bsmt., den, covered patio. \$339,000. 60 x 126 - 4 BR Colonial, 2 baths, EIK, first floor BR suite. \$299,000. 85 x 130 2 BR Colonial, EIK, attached 2 car. \$269,000. **Western Section:** 3 BR Colonial, 1 1/2 baths, 22 ft. living room with fpl, EIK. \$258,000. **County Club Estates:** Relocation special, company pays commission. 1/3 acre, plus 24 x 44 pool, 3 BR Slate roof Colonial, 2 1/2 baths, den, fpl, breakfast rm., 2 car, walk all. \$250,000. (**For Tudor Lovers**) 4 BR turreted slate roof French Tudor, 2 1/2 baths, granite fpl., sunken LR, great wood details. Walk all. 2 car. \$259,500. 4 BR **English Tudor**, two plus two half baths, new EIK, den, fpl, Florida rm., skylights, new roof, all new windows, transferring owner. \$229,000. **Handyman's Special:** 3 BR Colonial, 2 baths, fpl, 2 car, walk all. \$139,000. **Elaine J. Nolan** 485-7054 or 292-9749. gcn4

**GARDEN CITY MOTT**  
Center Hall Colonial, 4 BRs, 1 1/2 baths, LR/fpl, DR, new kit., den, plus fam. rm. with cathedral ceiling. Fin. bsmt., 2 car garage, oversized park-like plot. Mint. Principals only. \$475,000. 746-7507. gcn4

**GARDEN CITY SOUTH**  
beautiful bargain contemporary, 7 rooms plus finished basement with bath, family room/fpl, modern EIK, 2 car. Maintenance free. Low \$300's. **Edwin M. Keusey** 747-1300. gcn3

**GARDEN CITY ESTATES**  
Section - Side hall Col., 4 BR, LR/fpl, 3 1/2 baths, EIK, FDR, den & sun room, fin. bsmt. Walk to train \$480,000. Principals only. 422-4575. gcd2

## Real Estate For Sale

**MUST BE SEEN**  
all gas home, custom ranch, 100'x160' overlooking Garden City Golf Club. Pristine and private 4 BR, 2 1/2 new baths, modern EIK, LR, FDR, den, basement designed for entertaining. 15' wet bar, pool table, grand fireplace, oversized 2 car garage, many extras. By owner (in the \$600's). 248-9246. gcn4

**WATERVIEW BEAUTY**  
modern Cape Cod near beach boating. Six well planned rooms, 4 BRs (room for 1 more) 2 1/2 baths, utility room, FPL, basement, garage. Just reduced \$28,000 to \$187,000. See ASAP. **Bookmiller Real Estate** 722-4423. gcn3

**SOUTHOLD BAYFRONT ACRE**  
Beautiful property with fabulous views of Shelter Island. All permits. Owner financing. Asking \$369,000. **Nassau Point** (3) excellent building lots. All permits. Owner financing. Make offers. **Dempsey Associates** 734-6058. gcn3

**GARDEN CITY MOTT**  
Colonial - All new throughout. 3 BRs, 1 1/2 baths, large EIK, family room/FPL, LR/FPL, DR, 2 car garage \$395,000 (516) 746-5654 eves & weekends (212) 903-8862 days. gcn3

**GARDEN CITY, N.E.**  
"Desperate - Own 2 homes" - Move in condition, Split level, 3BR, 2bath, cent. a/c, Alum. siding, patio, den. Best buy in town - \$299,000 (516)746-7281. gcn5

**GARDEN CITY/HEMPSTEAD/**  
Condo. Best buy. Atrium - Plaza - 200 Hilton private entrance, 2 BR, Galby kitchen, dining area, sunken LR, 1 bath, all appliances, includes washer/dryer, C/A/C, fully carpeted, indoor private parking. Owner 354-6502. gcn3

**GARDEN CITY ESTATES**  
Tudor. Must be seen. First floor-LR/fpl, large FDR, 3 other rooms. Second floor- 4 BRs, 2 baths. Third floor- 2 BRs & bath. Double lot \$595,000. 248-7397. gcn5

**GARDEN CITY WEST**  
spacious Colonial, 3 BRs, 2 1/2 baths, LR/fpl, FDR, spectacular kitchen/family room, bus service all schools, offers welcomed by owner. 488-5875. gcn3

**POCONOS TOWN OF**  
Mountainhome. 30 minutes to Delaware Water Gap. Lovely 2 BR, maintenance free year round home. 10'X16' enclosed porch, prime residential area, near schools, stores and all recreation. \$380 taxes. Ideal starter or retirement home. \$65,000 negotiable. Have pictures. Call 354-5201. gcn4

**GARDEN CITY PRIME**  
Estates Section Split, 3 BRs, 2 baths, LR/fpl, FDR, EIK, paneled playroom & lower basement. Oversized 1 car garage, patio, 2 zone gas heat. Walk to schools & RR's. Low \$400's. Owner 747-3882. gcn4

## Real Estate For Sale

**GARDEN CITY NORTHEAST**  
Split - 3 BRs, 2 baths, new EIK, deck, LR/fpl, oversized property. Near shopping \$340,000. 741-7429. gcn5

**MINEOLA - PARK SECTION:**  
Legal two family, 4 over 5, fpl, carpeted, fin. bsmt., full attic, detached garage. 50' by 100'. Low taxes, good rental income. \$269,990. Principals. 746-3141. gcd1

**OYSTER BAY - 1/2 ACRE 4 BR**  
Colonial. Great location, privacy, patio & yard. Bright, spacious rms. Must sell. Low \$300's. Mr. Grasso. 775-6035. gcn4

**GARDEN CITY ESTATES 4**  
BR Colonial (North of Stewart Ave.) Brick with new vinyl siding, new windows & roof, CAC, gas heat, updated kit - baths, fin. bsmt., 2 car garage. Taxes \$4,500. Asking \$435,000. Principals only. 747-2794. gcn4



**GARDEN CITY - NO MONEY**  
Down 2 BR Co-Op, many extras. Central Loc/Sp. End unit 1st fl. Modern kitchen w/appl. Lease/optin to buy at \$1,200/month with rent applied to purchase price. Move in before winter and get 80% tax break! Call owner 742-0359. gcn3

**GARDEN CITY/HEMPSTEAD**  
Mulford Place. Large 1 BR in charming building. Decorator bath, closets galore. Like new. Must be seen. \$79,900 neg. 489-9666. gcd2

**GARDEN CITY - NO MONEY**  
down 2 BR Co-Op, end unit 1st floor. Exc. loc. extras. Lease + option at \$1,200/mo. May apply to purchase. Ready for the holidays & get 80% tax break! 742-0359. gcd2

**GARDEN CITY - CHERRY**  
Valley Co-op: 2 BR, new kit, bath, washer, dryer, dishwasher. Second floor, a/c, wall-wall. Mint condition \$132,000. 741-4248. gcn4

**GARDEN CITY AREA:**  
Cathedral Gardens, second floor Studio Co-op. Living/Bedroom combo, kitchenette, full bath, garage & laundry available, extras. By owner. Asking \$45,000 481-5383. gcd1

**MINEOLA GARDEN PLAZA**  
studio \$80's. **West Hempstead/ Garden Apts.**, 2 BR, 2 full bath co-op. Sacrifice \$79,900. **Bamberly Realty Services** 742-0933. gcn3

**SELLING YOUR HOUSE?**  
We can offer you top exposure in the Display Classified Section of Discovery. One low, low price will put your house on the market in over 22 communities! Deadline is Monday of every week for Friday publication. Call immediately. 931-0012

## Real Estate For Sale

**BEAUTIFUL 1 BR CHERRY**  
Valley. New kitchen, newly renovated bath, best offer. Asking \$88,000. Owner, agent, first showing. 294-5121. gcn4

**MINEOLA CO-OP GARDEN**  
Plaza, 2 BR, 2 baths, fully renovated. 60% tax deductible, clean apt with extras. Walk to LIRR. \$139,000. Principals only. 746-5646. gcn4

**MINEOLA: HORTON HOUSE**  
1 BR, large LR, secure building. Convenient to RR, hospital, stores. Must sell. \$89,000. By owner, 747-8711. gcn3

**MINEOLA, HORTON HOUSE**  
1 BR, new bath, a/c, walk-in closet, low maintenance, live-in super. Walk to RR, courts, hospital. Owner \$99,000. 294-0924. gcd1

**GARDEN CITY CO-OP - 2 BR**  
second floor unit. Center of Village. One block to LIRR & all shopping. Refinished floors, new windows. Owner \$149,000. 873-9469, leave message. gcn3

**GARDEN CITY CHERRY**  
Valley Co-op: Mint condition, 1 BR, first floor, new kit & bath, ceiling fan, wall to wall, walk to stores, LIRR, \$98,000. 294-7889. gcn5

**WEST HEMPSTEAD - GARDEN**  
Apt. 3 1/2 rms., walk LIRR/shopping. No pets. \$740 month. Super. 292-9402. gcn4

**HOUSE FOR RENT IN GARDEN**  
City South. A spectacular, customized Ranch. 3 BRs, 1 1/2 baths, fpl, completely fin. bsmt. \$1500 by owner. 489-5640. gcd2

**GARDEN CITY & VICINITY:**  
Spacious 1 BR, 4 closets, new windows. \$1,000. **Cathedral Gardens**, Hempstead, spacious 2 BRs, LR/fpl, DR. \$839. 2 BRs \$777, 1 BR \$600, Studio W/W \$625. **Lynbrook**, 3 BRs, \$1150. **Rockville Centre**, 2 BRs \$900. **W. Hempstead**, 2 BRs, 2 baths, all new, walk RR \$850. **Elaine J. Nolan** 485-7054 or 292-9749. gcn4

**MINEOLA - 2 BR, 2 BATH**  
corner apartment. Oak floors throughout, 6 closets (2 walk-in). 2 parking spaces. \$98,000. Immediate occupancy. 80% deductible. 328-7068 or 747-7430. gcn4

**GARDEN CITY 4 BEDROOM**  
2 bath, den, Estate section, immediate occupancy, asking \$2000. 248-6655. **Dougall Fraser** gcn3

**GRANDPARENTS** - Send in your grandchildren's photos and enter our "World's Most Beautiful Grandchildren" contest. Just send a photo and a brief description of the child (or children) along with your name and address to: Litmor Publications, Beautiful Grandchildren Contest, 81 East Barclay St., Hicksville, N.Y. 11801. We'll do the rest! By the way if you want your photo returned, just write your name and address on the back of the picture and we'll even do that too!

## Real Estate For Rent

**PALM BEACH GARDENS**  
Williston Park resident offers furnished condo for rent. Mint. 1 BR, 1 bath, screened porch, heated pool. Yearly \$450 a month plus utilities or 3 months season, January-April, rent neg. 742-9707 wd1

**NEW POCONOS SKI HOUSE**  
central to all slopes. Sleeps 10. Available by the week or weekends. Save realtor commission. Contact owner directly 546-6587. gcd1

**PROFESSIONAL OFFICE** - fully furnished rm. for rent. Prime Jericho Tpke. location. Reasonable rate, utilities included. Month to month lease. Perfect for CPA, ESQ., etc. Call 248-6922 or 742-2008. gcd3

**GARAGE MINEOLA**  
walk RR, hospital and bus. \$75 a month. 248-6655. gcd1

**ROOM FOR RENT: W. HEMP.**  
lovely, cheerful room in excellent area for non-smoking, quiet student or working female. Share bath, kitchen privileges. \$59 per week. 292-0582. gcn3

**GARDEN CITY/SUNNY 2 BR**  
Apt. with fpl, hardwood floors overlooking Stewart Ave. Excellent condition, \$1,050 plus utilities. Days (212) 713-3490 Eyes. (203) 655-9587. gcd1

**ROOMMATE - WANTED**  
Garden City Apt. to share. Spacious & luxurious 2 BR. Prefer female, near RR. Rent \$600. Call Lisa 742-2991. gcn5

**GARDEN CITY - HEMPSTEAD**  
2 BR Cathedral Gardens, renovated EIK, new windows. Walk to all. Available immediately. Rent \$900. Option to buy. Call 627-1019. gcn5

**NO. LYNBROOK COLONIAL - 4**  
BRs, 2 baths, breakfast rm., mirrored wall, DR, gas heat, 75 x 150 fenced yard, garage, walk RR. \$1250 mo. **Elaine J. Nolan** 485-7054 or 292-9749. wn3

**MANHASSET BUSINESS OR**  
professional office available for immediate occupancy. First floor 90 sq. ft. \$300 includes utilities & on premises reserved parking. 1 1/2 short blocks to Manhasset LIRR. Phone 627-6609. WN2

**MINEOLA AREA - LARGE 5 RM**  
Apt. 2 BRs, 1 bath, EIK, LR. Walk to RR & all. References. Immediate occupancy. 626-2762 or 928-7394. \$895 per month. WN5

**FRANKLIN SQUARE - NORTH**  
of Hempstead Tpke. 2 RM Studio Apt. with bath. Very clean. Separate entrance. Near transportation. \$550 per month. 354-9272. gcn5

**GARDEN CITY STEWART**  
Franklin building - Spacious 2 BR Co-op. LR/fpl, EIK, a/c. Walk to LIRR & stores. \$1,100 a month. Owner. 294-5696. gcn5

**MORE REAL ESTATE FOR SALE ADS CAN BE FOUND ON PAGE 18A**

**Real Estate For Rent**

**BELLEROSE VICINITY: 4 ROOM** apt. second floor, in private 2 family house. Young business couple preferred. References. \$650. Principals only. 718-776-7475. gc2

**GARDEN CITY 222 SEVENTH** St. 2 BR condo, completely renovated, new kit., new marble bath, wall to wall. \$1,550 per month. 742-8337. gc3

**TWO BRIGHT SUNNY** furnished rooms. Complete IR, complete BR, private bath, no sharing. Walk to LIRR & bus. Non-smoker, business person preferred. Call 742-0520. wNS

**VALLEY STREAM LEGAL 2** private, park-like setting, 6 rooms, 3 BRs, nice large rooms, lovely block, close to RR, airport, shopping, parkway. \$995 includes heat. Execustate Realty 564-8100. gc3

**GARDEN CITY SOUTH HOUSE** rent, diamond condition, 7 rooms, 4 BRs, new kit., burglar alarm, washer/dryer, gas heat, fin. bsmt., deck. Near all. \$1475. Execustate Realty 564-8100. gc3

**GARDEN CITY & VICINITY** spacious 1 BR, 4 closets, new windows. \$1100. Cathedral Gardens, Hempstead, spacious 2 BRs, LR/fpl, DR, \$849. 2 BR, \$777; 1 BR \$600. Studio W/W \$625. Lynbrook, 3 BRs, \$1150. Rockville Centre, 2 BRs \$900. W. Hempstead, 2 BRs, 2 baths, all new, walk RR. \$850. Elaine J. Nolan 485-7054 or 292-9749. wN3

**GARDEN CITY VICINITY** Luxury townhouse located at the Atrium Plaza just 5 blocks from the Garden City Hotel. 3 BRs, 2 1/2 baths, EIK, DR, LR, fin. bsmt., laundry rm., outdoor patio, garage parking, CAC, security system, appliances. Owner has relocated — is offering this townhouse for rental of \$1,600/month plus utilities. Owner will apply one half rental towards purchase price at time of closing. This townhouse is available for immediate possession. Call us today to discuss possibilities of your renting today & owning this luxury townhouse. Owner 717-296-2673. gcN4

**GARDEN CITY: LARGE SUNNY** room, furnished or unfurnished, private full bath, private entrance, walk to LIRR & Adelphi University. Non-smoker. Security references. 747-1130, leave message. gcD11

**GARDEN CITY ROOM TO** share - Kitchen, laundry, LR & Dining areas. Near RR. Professional business person preferred. References. 747-6420. gcN4

**FLORAL PARK FIRST FLOOR** 4 rooms, newly painted, driveway walk to all. \$825 including heat & hot water. 741-4198. gcN3

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**Real Estate For Rent**

**GARDEN CITY 1 BEDROOM** walk RR. \$850. 2 BR apt., new kit., bath. \$1200. 3 BR Colonial, 1 1/2 baths, \$1400. Large 2 BR duplex, \$1500. 3 BR Tudor, new kit. & bath, \$1650. Furnished 3 BR. \$2000. 4 BR on golf course, \$2500. Hubbell & Klapper 747-2900. hn3

**ELMONT BASEMENT APT** 1 BR, LR, full bath, efficiency kit., plenty of closet space. Private entrance, \$550 a month included utilities. Mature business person, no children, no pets. 437-4456. gcD1

**GARDEN CITY VILLAGE: 2 BR,** first floor apartment. Immaculate. All appliances, washer/dryer, park like setting. Convenient to everything. Walk to LIRR. \$1200 with option to buy. 741-4088. gcD2

**BELLEROSE NORTH 5 ROOM** apt. LR, FDR, EIK, 2 BR, bath. Nice quiet neighborhood. Use of yard and garage. Child ok. Must see. \$950 plus utilities. 486-1868 days. 248-0753 evens. gcN4

**FRANKLIN SQUARE** new listing, LR, kitchen, 2 BR, second floor. Private entrance. Immediate occupancy. \$750 per month. By owner. 775-0087. gcN4

**GARDEN CITY/HEMPSTEAD** Cathedral Gardens. 1 BR & studio, fully renovated. 1 month security. Option to buy. \$775 per month & \$625 per month. 437-1581. gcN4

**FLORAL PARK - 4 ROOMS, 2** BRs, modern box rooms, completely decorated. Exclusive residential area includes garage & parking for second car. Big storage area, use of yard, near LIRR, buses, shopping. No fees \$990 per month. (516) 354-2926. gcN3

**CORNER STORE FOR RENT** 1500 sq. ft. 310 Hillside Ave., Williston Park. Owner 746-1075. wtfN

**LEVITOWN FURNISHED** studio, LR/BR combo, Murphy kit., private entrance, private bath, close to parkways. Perfect for quiet non-smoking, working person. \$475/month. Utilities included. No pets. 579-4186. Gentleman preferred. gcD1

**GARDEN CITY FURNISHED** studio available. Private entrance private bath, parking, convenient to all. Refrigerator but no kitchen. 741-3791. gcN4

**WEST HEMPSTEAD: PRIVATE** entrance through English garden to lovely studio. Full tiled bath, walk to all. Ideal for mature single. \$535. Days 212 483-0824 Mr. Albert. Evens 538-0225. gcN3

**CATHEDRAL GARDENS: RENT** with purchase option for qualified buyers. Established co-op complex. Studio, 1 BR & 2 BR apts from \$650. One third of rent applied to purchase. Located on picturesque Cathedral Ave. Call 486-1942. gcN3

**YOU CAN BE A RESTAURANT CRITIC - If you visit any of the restaurants selected for inclusion in this section - call 931-0027**

**Real Estate Wanted**

**SINGLE MOTHER WITH 2 YR** old needs small apartment. \$500. Call 741-3465. Leave message. gcN5

**WANTED - TWO FAMILY** house in Mineola or Williston Park area. Call 248-2221. wNS

**GARDEN CITY RESIDENT** employed lady seeks furnished rm in Garden City. Kitchen privileges. Walking distance #40 bus line & 7th St. stores. Call 222-7432. gcN5

**GARDEN CITY FAMILY LOOK-** ing to rent with option to purchase, 4 BR home in the Estates Section only. Will pay up to \$2800. No pets. 326-7864. gcN4

**MUST BUY HOUSE** sold home, looking in Garden City only to buy larger one. Would like 4 BR, 2 baths, EIK, principals only. Call 358-2749. gcD1

**GARDEN CITY RESIDENT** looking for 3/4 BR house to rent with purchase option. Principals only. 212 559-6338 days. gcN3

**Vacation Rental**

**CAMELBACK, PA. TOWN-** house: Three state views from 1,750 ft. Fall foliage, ski on, ski off. 100% snow making & night skiing. Sleeps 8 with private baths, wood stove, loft, skylights, pool, tennis. Reasonable rent Two hours from Garden City. 747-7019. gcD2

**POCONOS: MINUTES FROM** skiing Jack Frost, Big Boulder and Camel Back. Fully equipped 3 BR house with woodburner. Private community with chalet & own ski lift, ice skating, sledding & snow mobiling, weather permitting. Clean & comfortable. Rent reasonable. Monthly, weekly or weekends. 868-4467. gcN5

**NEW POCONOS SKI HOUSE** Central to all slopes. Sleeps 10. Available by the week or weekends. Save realtor commission. Contact owner directly. 546-6587. gcD2

**FLORIDA CONDO. TO RENT** Christmas week. Ocean beach, Dec. 22-29. Call for details 741-1098. gcD2

**STRATTON MIN., VT: CONDO,** ski in, ski out, 2 BR, 2 baths, LR with pull out bed, fully equipped, two years old. Available beginning Jan. 3, 1991. 248-0392. gcD1

**MONTAUK FALL SPECIAL** 1166 - 3 nights, 2 room suite, heat/AC, full kitchen, cable TV, walk to beach and town, daily maid service, sleeps four, (\$193), immaculate. 2 days midweek, \$125. Sullivan 724-5572. hn5

**CONDO-STRATTON, VT.** Trail side, gorgeous views, fully equipped with all conveniences. Sports center, village shops, worship, walk to all. Flexible rental. Will also consider purchase offers. Days 718-258-3434 or evens. 718-338-9691. hn5

**Vacation Rental**

**SOUTHOLD WEEKENDS** Waterfront. Fully equipped 3 BR. LR/fpl, fam rm/wood burning stove. Enjoy quiet, cozy get-away weekend. Better than Bed & Breakfast. Great for 3 couples. 741-2832. gcN5

**CANCUN, MEXICO: LUXURY** beachfront Caribbean Condo for families or up to 3 couples. Maid a/c, pools. Near snorkeling, fishing, tennis, golf and Mayan ruins. All seasons. 203-767-2266. gcN3

**NAPLES FLORIDA GOLF** on the golf course, no greens fees, tennis, swimming, brand new 3 BR, 2 bath, has everything. \$2800 per month. 324-5697. gcN4

**SANIBEL ISLAND, FLORIDA** Lush tropical setting, virtually unspoiled, southern Florida Gulf coast. **Sundial Beach & Tennis Resort** selected by Better Homes & Gardens as one of the top resorts in the USA. 2000 ft. beach, 5 pools, jacuzzi, 13 soft/hard court tennis, golf, boat/bike rentals, supervised children's activities available, award winning chef & gourmet restaurants, superb shopping, world famous shelling, only 35 min. to Ft. Myers airport. Complete resort right on the Gulf. Recent multimillion dollar beautification program. One or two BR Condos with full kitchens. Rent daily, weekly, etc. Reasonable. (516) 746-2211, (516) 326-7711. gcM1

**For Sale**

**NEW INT'L ROYAL DANISH** sterling, 5 piece service for 12. 482-8641 or 482-5294. wd1

**TOP OF THE LINE** Frigidaire electric washer, large capacity, mint condition, brand new Whirlpool large capacity electric dryer. Barely used Univega racing bike. Prices neg. 248-7123. gcD1

**COMPUTER - TSR-80. COLOR** with printer, paper, tape drive, manuals & accessories. Hardly used. \$500 neg. 742-8362. Call after 4 p.m. wd2

**COMPUTER - APPLE II +** Epson printer. All mint condition. Monitor, floppy drive, numerics key pad, tv interface, software, 22 games. All manuals, great Christmas gift, \$375. Antique wicker collection, bassinette, \$175; 2 chairs, \$65 & \$165, porch rocker, \$110; desk, \$175, 1920's wicker stroller & twin carriage, \$110 & \$195, plus Victorian chair, platform rocker, corner chair & fainting couch. All wicker in mint condition. Days leave message or evenings. 485-6053. gcD2

**TAPPAN DOUBLE OVEN GAS** stove \$75. Hot Point portable dishwasher, 21 1/2"x24 1/2"x36" \$75. Mink jacket, fashionable styling \$100, size 10/12. Prices negotiable. 486-7307. gcD2

**WASHER DRYER \$150** lamps, dresser/mirror, sweaters, cube refrigerator, books and miscellaneous. 334-5999. gcD2

**For Sale**

**WOODBURNING FIREPLACE** stove, Twin Glow, 2 sided fireplace. Polished brass fronting, both sides. Variable speed blower. Outside intake. 30' chimney. Everything necessary for do it yourself installation. Never used, over \$2500 invested, asking \$2000. negotiable. 248-5619. wn5

**KEROSENE HEATER BRAND** new, never used. \$45. Man's 26 inch, 3 speed bicycle, excellent condition \$50. Hand mower \$10. Portable Singer sewing machine \$25. Sears portable electric typewriter \$25. Other miscellaneous items. 328-7895. hn5

**OAK REFRACTORY TABLE** Pine School master desk. Excellent condition. 747-1774. gcD2

**DINING ROOM TABLE** 4 side, 2 arm chairs, Queen Anne mahogany, made in England. Two extra leaves. Excellent condition, \$2800. 599-7444. gcN5

**18 CU FT UPRIGHT FREEZER** adjustable shelves, \$150. Kitchen set, 4 bucket chairs on coasters, octagonal bevelled glass top on black mica pedestal base, \$195. 18 inch new, never used dishwasher, regularly \$325, now \$195. Gandy Big GG 14x8 contemporary pro pool table, 1 year old with accessories, black with chrome, \$1500. Ping style golf clubs, best offer, 742-6826. gcN5

**STEREO ITEMS: DENON** TU-800 AM/FM tuner, purchased new Feb. '89. Hardly used \$290. NEC AV-350E Amplifier plus NEC PLA-710 PRO-Logic Amplifier purchased new March '90. Pair for \$590. All items in perfect condition, include cartons and manuals. Call 747-2015. gcN5

**SLINGERLAND DRUM SET.** Must sell \$110. 742-1760. hd2

**ORGAN - BALDWIN HOME** Electronic with bench. Cherry wood, French Provincial. 25 pedals, 2 keyboards. Very good condition. \$750. 741-0098. gcD1

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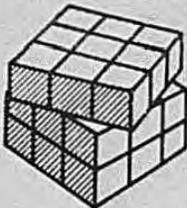
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## Mainly for Seniors

By Leonard J. Hansen

Most medical experts today recommend that mature women continue to drink milk, particularly for its calcium benefits, to reduce the incidence of osteoporosis (bone thinning).

Adult women should consume about 800 milligrams of calcium per day, "an amount that can be achieved by drinking 2 cups of milk and eating an otherwise balanced diet," says Dr. Stephen Glore, assistant professor of clinical dietetics at the University of Oklahoma Health Sciences Center in Oklahoma City.

Each cup of milk contains about 300 milligrams of calcium. Other good sources of calcium include broccoli, spinach, okra, ice cream and cheeses.

The fat content of whole milk has been cited as the reason many mature adults have cut back on the beverage over the past 20 years.

"But low-fat and non-fat milk deliver the calcium without the same fat level," states Glore. "Whole milk has 8.2 grams of fat and 150 calories per cup; 2 percent milk has 4.7 grams of fat and 121 calories; 1 percent milk at 2.6 grams of fat and 102 calories; and skim milk has 0.4 grams of fat and only 86 calories."

Protein-fortified milk is an unnecessary expense, says the specialist.

"Americans already get plenty of protein in their diets, so they don't need to spend that extra money for more. A cup of skim milk has 8.4 grams of protein, while protein-fortified milk has about 9.7 grams — not much of a difference.

"Milk's primary nutrients of calcium, protein and riboflavin are important for maintaining skin tone, muscle tone, nerve function and internal chemical reactions," said Glore. "Additionally, lactose-free milk is available in many areas of the country for those who suffer from lactose intolerance."

### TAKE A WALK INDOORS

When the weather is winter, cold or wet, what is the best way to take a 20-minute walk every day in order to maintain aerobic fitness as a mature adult?

Consider a mechanical treadmill, recommends *Men's Health* magazine in its December 1990 issue. A treadmill machine in the home may be used at any time of the day and in any weather.

Price range for a quality machine may range upward from \$1,300 but Rob Jacobs, owner of the Walking Center in Beverly Hills, Calif., recommends the machine as worthwhile for the maintenance of health.

"Purchase a unit with at least a 1.5 horsepower DC motor. DC motors are quieter, offer a wider range of speeds, and offer more precise speed control than AC motors.

"Push-button controls on the panel are preferable to turn-knobs or slide levers. Control panels

with LED (light emitting diode) readouts are easier to read than those with LCD (liquid crystal display).

"Get a unit with a large track belt, at least 16 inches wide and 50 inches long and a maximum speed of at least 8 miles per hour."

Other hints by the expert — "Do some light stretching before using the treadmill, then warm up at a speed of no more than 3 miles per hour for two to five minutes. Get off and do some more intense stretching.

"After stretching, get back on and slowly work up to the desired speed. Don't hang onto the handrails, but swing your arms naturally, as when walking or running."

*Men's Health* recommends the treadmill for indoor use for both men and women when weather or other conditions do not allow the mature adult to do a brisk 20-minute walk at least three times each week.

### TRAVELING WITH MEDICATIONS

Mature adults take 80 percent of pleasure travel in the United States, spending more, traveling longer distances and staying away more days each time, according to research by the U.S. Travel Data Center.

A separate survey, by the Council on Family Health, studied travelers of all ages and the medications they take to maintain health.

Mature adults actually do better in maintaining their medication schedules than younger people, said council spokesman Michelle E. Peterson in an interview.

"That was a surprise result of the national survey we conducted. We found a continuing importance in communicating to all age groups, though, about their medications and why they should be prepared with them at all times during travel."

"Staying on schedule with your medicines is extremely important, especially when treating chronic conditions, such as diabetes or hypertension," says Dr. Arthur Hull Hayes Jr., council chairman. "People should talk to their physicians and pharmacists ahead of time, so they know what to do when crossing time zones or if their medication runs out."

The Council on Family Health recommends that mature adult travelers:

- Keep medications on your person at all times; never pack them away in your luggage.
- Bring enough medicine to last your entire trip and have a list of your prescriptions for use in an emergency need.
- Carry a day's supply with you once you've reached your destination and are out and about.
- Have your insurance identification card and information on hand.
- Purchase a language book that includes medical phrases.
- If traveling overseas when an emergency arises, contact a U.S. Embassy or Consulate.

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Oh Holy St. Jude, Apostle and Martyr, great in virtue and rich in miracles, near kinsman of Jesus Christ, faithful and intercessor of all who invoke your special patronage in time of need, to you I have recourse from the depths of my heart and humbly beg to whom God has given such great power to come to my assistance. Help me in my present and urgent petition. In return I promise to make your name known and cause you to be invoked St. Jude, pray for us all who invoke your aid. Amen. Say 3 Our Fathers, 3 Hail Marys, 3 Glorias. Say for 9 consecutive days. Publication must be promised. This novena has never been known to fail. Thank you for answering my prayers. J.S. gen4

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# ANTIQU OR

# JUNQUE

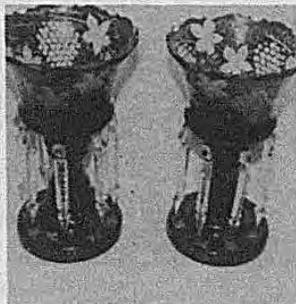
By James G. McCollam



## Soup tureen was made in Stoke, England

**Q.** What can you tell me about my antique soup tureen with cover and under plate?

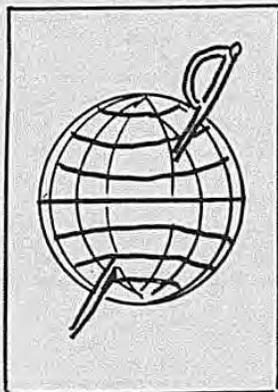
It is marked with wreath and crown with "Copeland" inside the wreath.



**A.** The mark you describe was used by W.T. Copeland & Co. Ltd. in Stoke, England, in the late 19th century. It would probably sell for \$245 to \$265 in an antique shop.

**Q.** The attached mark is on the bottom of a teapot that holds about 2 pints. It is decorated with a horse and buggy. There are red bands around the upper and lower part.

Can you tell me anything about the vintage, value and origin?



**A.** This mark was used by the Edwin Bennett Pottery Co. in Baltimore, around the turn of the century. It would probably sell for about \$35 to \$45.

**Q.** The initials "C.T." under an eagle is the mark on a vase decorated with a garden scene that includes a beautiful girl with two cherubs. It is 9 inches tall and has two handles.

Can you tell me anything about its vintage and value? Do you

know who made it?

**A.** The mark indicates that it was made by the Carl Tielsch company in Altwaaser, Germany, during the late 19th century. It would probably sell for about \$165 to \$185.

**Q.** I have an eight-piece washstand set consisting of pitcher and bowl, soap dish, toothbrush holder, small pitcher, shaving mug, etc. It is marked "K.T. & K. Co." with an eagle.

Can you identify the maker? What is the value?

**A.** Your set was made by Knowles, Taylor & Knowles in East Liverpool, Ohio, about 1900. It would probably sell for \$265 to \$285 in good condition.

rmc

**Q.** I have an armchair made of genuine steer horns; the seat is covered with cowhide. Can you tell me when it was made and what I can sell it for?

**A.** Chairs like this as well as tables, stools and hat racks were made in Denver, between 1880 and 1900.

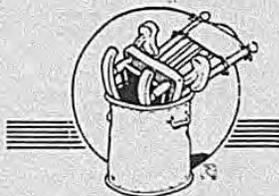
Dealers are currently selling these chairs for \$500 to \$600. Unless you sell to a collector, you may have to settle for \$300 to \$400. Dealers are in business to make a profit.

### BOOK REVIEW

"The Beer Stein Book" by Gary Kirsner and Jim Gruhl, Glentiques Ltd., P.O. Box 8807, Coral Springs, FL 33075, \$39.95, plus \$2 postage, or at your local bookstore.

Here you will find 2,400 choice steins; each one is priced and illustrated. It updates "The Stein Book" published in 1985.

Send your questions about antiques with picture(s), a detailed description, a stamped, self-addressed envelope and \$1 per item to James G. McCollam,



# ANTIQU OR JUNQUE

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# Points on Pets

By R.G. Elmore, D.V.M.

## Demodectic mange

**Q.** Our 6-month-old Chihuahua puppy has a small reddish patch without hair near the corner of her lips. The patch does not seem to bother the dog. Is it possible that the patch is mange?

**A.** Without actually examining your dog it is impossible to state what is causing the patch that you are concerned about. However, it is possible that the patch is mange. Therefore, you should have your dog examined by a veterinarian.

Demodectic or red mange is a skin disease of young dogs that resembles superficial abrasions. Puppies acquire the demodex mite from their mother's skin during nursing. Older dogs with the disease usually have been infected since an early age.

Demodectic mange is more common in short-haired breeds, especially dachshunds, beagles, boxers, English bulldogs, Boston terriers, basset hounds, Doberman pinschers and Chihuahuas. Of the long-haired breeds, shelties, collies and German shepherds are the most susceptible. The disease is common in poodles.

There are two types of demodectic mange — localized and generalized.

With localized demodectic mange there are usually one to five patches of mild redness and

partial hair loss. There is usually no noticeable scratching and the areas are covered with fine, silvery scales. The face and forelegs are the most common sites affected. Many of these cases heal without treatment.

Generalized demodectic mange is likely to become secondarily infected with bacteria. Discharges containing pus develop and after several months develop into crusty patches on much of the body. Hypersensitivity to either the mites or the secondary bacteria causes the patches to itch.

Diagnosis of demodectic mange is usually made by examining skin scrapings and finding the demodectic mites. The mites reside in the hair follicles.

Treatment often is spread over several weeks. Early diagnosis and prompt treatment are very important.

Generalized demodectic mange is one of the most severe skin diseases in dogs. If not treated promptly it can result in death.

Generalized demodectic mange usually begins as a localized case. As time passes the localized case worsens and numerous affected areas appear on the head, legs and body. Each patch gradually enlarges and some will eventually join each other.

Important in overcoming this important disease.

## JUNIOR EDITION

**WIN A BIG PRIZE!**  
**ADD ALL THE SINGLE NUMBERS ON THE RHINOCEROS AND COLOR THIS CONTEST ENTRY.**

**WRITE THE TOTAL HERE**

## Aunt Tilly's Corner

### RULES BOYS AND GIRLS

Here is your chance to win One Dollar. (\$1.00) - to spend or to save.

Here's all you have to do:

1. Contest is open to children 4 to 12 years of age.
2. Entries must be received by Friday, November 30, 1990
3. Paint, watercolors and crayons must be used on the above.
4. Decision of the judges will be final.

Mail your entry (just clip our cartoon) to this newspaper at:  
 105 Hillside Avenue  
 Williston Park, N.Y. 11596

By the time you read this many of you will have been home from school for several days, or have brothers and sisters who are home from school. I bet some of you are already starting to feel bored with being at home. Here's something you can do for fun if you have nothing to do on the long holiday weekend. Pretend you are a pilgrim boy or girl. What would you wear? Where would you live? Would you have your own horse to go to school? Write down a little story pretending you are a pilgrim, and explaining what you like to do.

Your friend  
 Aunt Tilly

P.S. This week's coloring contest winners are Alex DeMille and Jonny Edelstein.

## YOUR SOCIAL SECURITY

# Medicare is a federal health insurance program

By William M. Acosta

**Q.** Is the Medicare program administered by Social Security or some other government agency? — M.B.

**A.** The Medicare program is a federal health insurance program for people 65 or older and certain disabled people. It is administered by the Health Care Financing Administration of the U.S. Department of Health and Human Services.

Social Security Administration offices across the country take applications for Medicare and provide general information about the program.

**Q.** Is it true that different factors are considered when deciding a disabled worker's claim than are considered for a disabled widow's claim? — N.D.

**A.** If you are a widow or widower, a decision as to whether you are disabled will be based solely on medical evidence.

Medical evidence from your physician or other sources should show how severe your condition is and to what extent it prevents you from working. Factors such as age, education and work experience cannot be considered as they are with disabled workers.

**Q.** I receive food from a private non-profit organization. Does the Supplemental Security Income

program count this as income? — X.C.

**A.** Food, clothing, shelter, and home energy assistance provided in kind by a private non-profit organization, if the assistance is based on need as certified by the state, is not counted as income.

Call Social Security regarding other items that also are excluded from income.

**Q.** Several months ago I became the Social Security representative payee for my father who is unable to handle his own financial affairs. I am also his court-appointed legal guardian.

**Do I have to account for his funds to Social Security? — L.R.**

**A.** Yes, you should keep records showing how much in benefits you received and how the money was used. You must periodically complete a Representative Payee Report form, which will usually be mailed to you.

You must complete the form even if you are a legal guardian; the accounting to the court is not sufficient.

## YOUR SOCIAL SECURITY

## The World's Most Beautiful Grandchildren



On the left, Jonathan, 5 months, son of Julia and Richard Hegler. On the right, Danielle, 4 years old, and Eric, 7 months, children of Laura and Michael Hegler. We are blessed with beautiful grandchildren who have brought so much happiness to our lives. Proud grandparents are Lillian and Richard Hegler of Garden City, N.Y.