

In Three Sections - Sixty Pages

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Friday, August 24, 1990

Happy Birthday



With a birthday cake and gift in hand and singing "Happy Birthday to you", the nurses of Mid-Island Hospital wished a Happy 90th Birthday to patient William Jackson. Shown above are the staff members and Bill Jackson celebrating his ninetieth birthday in the 223-bed acute care Bethpage hospital.

'I Do, I Do'



Oyster Bay Town Councilwoman Ann R. Ocker, center, joins Stephen F. Jurgens and Barbara Kirby who recently performed at Bethpage Community Park in the Plaza Theatrical Productions presentation of "I Do, I Do." This performance was one in the Town's "Music Under the Stars" concert series which is sponsored by the Town's Dept. of Community and Youth Services, Cultural and Performing Arts Division.

14 Restrictions For Limo Service

Fourteen restrictive covenants have been placed by the Oyster Bay Town Board on a special use permit granted in Hicksville, according to Town Councilman Douglas J. Hynes.

"The applicant, Champion Holding Company was seeking a special use permit for permission to continue the use of the existing building for a limousine service business in an 'H' Industrial District," Hynes said. The property is located on the south side of West John Street, also known by the street address of 331 West John Street in Hicksville.

"In granting the application, the Town Board stipulated that no auto repair shall be conducted on the subject premises, that no

exterior alterations will be made to expand the present size, that all outdoor lighting be contained within the subject premises and that exterior audio communication systems shall not be utilized or maintained on the premises," Hynes explained.

Hynes noted that no building permit or certificate of occupancy will be issued until a site plan has been submitted to, and approved by the Town Board. The plan must show location of ingress and egress; location, layout and stripping of all parking areas, drainage, location of dumpsters, location of all lighting and signs, landscaping and any other details deemed pertinent by the Dept. of Planning and Development.

This Issue

This Issue is complete in three sections. The First section contains all of the news and photos of the local area. The Second section is a "Back To School Edition" with specially prepared features on the opening of schools and colleges and subjects that will appeal to students and parents. The Third section is the regular Discovery Magazine section which includes features for every member of the family and the largest local classified section in the area.

Telephone Drive Helps Emigres

About 200 volunteers raised some \$130,000 on Long Island during the three-day "Phone-A-Thon" for Operation Exodus, the UJA-Federation drive for funds to resettle Soviet emigres in Israel.

During the telephone drive, August 7, 8, and 9, more than 1,000 volunteers in centers in Manhattan, Westchester, and Long Island raised a total of \$630,000.

The Long Island volunteers who worked at phone banks in the UJA-Federation Syosset office, ranged from 16 years old to 90. Steve Steing was Long Island chairman for the telephone drive. Bruce Berger of Manhattan was the New York area chairman. Peter W. May of Manhattan heads the overall UJA-Federation Operation Exodus campaign.

The UJA-Federation goal for Operation Exodus is \$100 million. The national goal is \$420 million. Operation Exodus funds will be used for housing and social services for up to a million Soviet Jews who are expected to emigrate to Israel in the next three years. Israel will provide the balance of the estimated \$3.6 billion in absorption costs.

Unregis. Soccer Players Needed

If you haven't registered your youngster for the Intramural Program of the Hicksville Soccer Club (this includes PeeWees, Bantams and Squirts ONLY), there will be a One Time Only Registration! This will take place at the Hicksville Public Library, downstairs, Friday, Sept. 7, from 7-9 p.m. Remember, this is one time only and applies exclusively to unregistered "Intramural" players. Fee is \$70 per child for one year.

School Dist. Revote On School Budget

By Maureen Traxler

This Wednesday, August 29, Hicksville residents will be called upon to vote for a public school budget for the coming year. This revote follows an overwhelming defeat of the first proposal offered in May.

After several months of painstaking scrutiny, the Board of Education, with its two new members seated in July, has sliced one-and-a-half million dollars and reduced the budget to \$51,584,000. This budget reflects no cuts in existing programs and no reduction in teaching staff. The cuts were largely brought about by a reduction in the district's contribution to the State Teachers Retirement System for 1989-90, a reduction in the amount of surplus money to be carried in the budget, and the availability of the "actuals" or end-of-year figures for 1989-90 which precipitated the lowering of certain line items for the coming year.

The new budget is a 12.6% increase over last year's budget and carries an estimated tax rate increase of \$3.45 per \$100 assessed valuation. This would raise the composite tax rate of \$27.48 to \$30.93 for 1990-91.

Assessment is the dollar amount which the County Dept. of Assessors determines for each individual home and property. A homeowner's home and property may have a real estate market value of between \$150,000 and \$170,000, yet the total assessment might be approximately \$4,000. In the case of a tax rate increase of \$3.45 per \$100 assessed valuation, the home assessed at \$4,000 would see an additional cost of \$138 per year, or \$11.50 per month.

In the event that the Hicksville district is forced to continue on an austerity budget, under which state mandates and guidelines must be explicitly followed and many "extras" such as bus transportation and extracurricular and senior citizen activities will be dropped, the same homeowner's estimated tax rate increase will be \$3.16 per \$100. This increase will boost taxes by \$126.40 annually, approximately \$11.60 less than the proposed \$51.5 million proposal.

The Nassau County Department of Assessment has set the total assessed valuation of the Hicksville district at \$128,663,128. This figure is \$2.9 million higher than 1989-90. The school district must raise funds to cover its expense side of the budget from property owners, and the increased assessed valuation means that the total amount to be raised will be divided amongst a larger pie, therefore lowering the estimated increase to each property owner.

The County Board of Supervisors is expected to set the tax rate for the Hicksville district by mid September. The Board is expected to request that the Supervisors continue to give an additional 5% reduction to homeowners, as permitted by law.

The budget revote will take place on Wednesday, from 10 a.m. to 10 p.m., at all the regular polling places. Absentee ballots must be returned to the school district by 5 p.m., on the day of the vote.

Hearing Scheduled On Tree Species

A Tuesday, Sept. 11, Public Hearing has been scheduled by the Oyster Bay Town Board to consider amending the Town's list of acceptable street tree species, it was announced recently by Town Councilman Thomas L. Clark.

"Through its own experience with planting trees, more than 1,000 during the last two planting seasons, and based on recommendations from the Nassau County Cooperative Extension and other horticultural agencies, the Highway Division has compiled a list of tree species that would be best suited to the

Town's needs," Clark explained. "All of the species require minimal maintenance, are easily obtainable on Long Island and have root systems that will not buckle sidewalks and roadways."

The tree species on the list include Green Ash, Thornless Honey Locust, Little Leaf Linden, Tilia Tomentosa, Japanese Zelkova, Bradford Pear, Hedge Maple, American Hornbeam, Turkish Filbert, Sawtooth Oak and Northern Red Oak.

Clark noted that the meeting is scheduled for 10 a.m., in the hearing room of Town Hall East, Audrey Avenue, Oyster Bay.

LEGAL NOTICE NOTICE TO BIDDERS

The Board of Education of Hicksville Union Free School District of the Town of Oyster Bay, Nassau County, New York, in accordance with Section 103 of Article 5-A of the General Municipal Law, hereby invites the submission of sealed bids on:

BID - BID OPENING DATE Playground Equipment 1990/91:12

September 13, 1990
Health Supplies & Equipment
1990/91:13

September 11, 1990
for use in the Schools of the District. Bids will be received until 2 p.m. on the date specified, in the Purchasing Office at the Administration Bldg. on Division Avenue at 6th Street, Hicksville, New York, at which time and place all bids will be publicly

LEGAL NOTICE

opened.
Specifications and bid form may be obtained at the Purchasing Office, Administration Bldg., Division Ave., at 6th Street, Hicksville, New York. The Board of Education reserves the right to reject all bids and to award the contract to other than the lowest bidder for any reason deemed in the best interest of the District. Any bid submitted will be binding for ninety (90) days subsequent to the date of bid opening.

**BOARD OF EDUCATION
HICKSVILLE UNION FREE
SCHOOL DISTRICT
TOWN OF OYSTER BAY
NASSAU COUNTY
NEW YORK**
Marie Egan
Purchasing Agent

Dated: Aug. 24, 1990
MIT 2376
1X/24

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This Week's Feature from Horan-Duffy Realty Residential/Commercial

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HORSE FARM

Brookville: 7½ acres of superb land, this horse farm offers several barns, a total of 32 stalls, grass paddocks, schooling area, much more. Over one of the barns there is an apartment with 3 bedrooms, living area, bath, kitchen, great deck overlooks property. For further details and private showing call us soon. Offered at \$1,525,000

Syosset North: Ranch, brick and cedar, living room, eat-in-kitchen, 3 bedrooms, full basement, large property, 1mm. occupancy. Offered at \$225,000

Oyster Bay: Sagamore area, Colonial of your dreams, just unpack and relax. Formal living room, and dining room, new kitchen, family room with fireplace, 4 bedrooms, 2½ baths, attached garage. \$329,000

Mill Neck: A Village of choice properties surrounds this stately Colonial, from the elegance and comfort of today's living. This home features, formal living room and dining room, five bedrooms, three and half bathrooms, full finished basement and plenty of room for mom. A wooded and private 95 X 100 lot. Just a short walk to beach. \$465,000

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Letters to the Editor

Dear Neighbors:

Bill Bennett, Carol Wolf and I have spent many hours this summer pouring over the school budget looking at ways to present a reduced budget to the community. We came to the process with differing views, but an overall concern for the community, the taxpayers and the educational needs of our children. The budget which you will be voting on August 29 is an outgrowth of that work plus the work of other board members. It reflects a \$1.5 million reduction from the budget submitted in May. It also reflects a reduction in the tax rate from the May proposal of \$5.38 to \$3.45. Additionally, the new budget includes a new line item which permits the district to hold 2% of the budgeted amount in a reserve account for emergencies. This amount, and more, has traditionally been in the budget placed in various codes. We did not add back money for this account but rather took it from the areas where it had already been placed and moved it to this new code. We felt, and the entire board agreed, that it should be visible to the community.

Many of you may say that this budget is still too high. Surely, we would have liked to have brought it in even lower. However, the reality is that to truly reduce the budget there are other areas that must be addressed and they require time. Let me assure you they are on my agenda for this year as well as the agendas of many of the other board members.

I am urging you to support this budget because, austerity will still mean \$3.12 to every homeowner. Approving the budget will cost \$3.45. However, that difference of 33 cents is critical to all of us. It will keep Hicksville marketable. Realtors will tell you that it is more difficult to sell houses when a district is on austerity. If we have a budget all the senior citizen activities can continue, the extra curricular activities for our kids can continue, the community use of the schools can continue, transportation can continue. CAN WE AFFORD TO LET 33 CENTS STAND IN OUR WAY!

For Hicksville's sake I urge you to vote "YES" on Wednesday, August 29. The whole town is counting on YOU!

Arlene Rudin
Trustee

To the Editor:

The Old Country Road PTA Executive Board supports the 1990-91 school budget. The revised budget of \$51,584,000 represents a reduction of \$1.5 million from the budget of May 23. We commend the Board of Education on their hard work in reducing the budget of May 23. For the good of our children and the Hicksville community, we urge you to vote YES on Wednesday, August 29.

Sincerely,
Old Country Road PTA
Executive Board

To The Editor:

Hicksville High School PTSA is supporting the Budget due for a

revote on Wednesday, August 29. This \$1.5 million dollar reduction is the proposed 1990-91 budget reduces the total amount to \$51,584,000 and represents an estimated additional \$3.45 per \$100 of assessed value. This is a significant decrease from the \$5.38 increase presented at the first budget vote.

Voter registration preceding this date will be held on Wednesday, August 22, from 3 p.m. to 8 p.m. also at your regular polling place.

This budget allows the district to continue its present transportation services and leaves all educational programs, student activities, interscholastic athletics and senior citizens programs intact.

Please support this budget and vote on Wednesday, August 22. Thank you

Hicksville High School PTSA

A Letter to the Hicksville Community:

The Hicksville Council of PTAs is in favor of supporting the resubmitted school budget. The new budget reduced by \$1.5 million, will result in a significant decrease from \$5.38 to \$3.45 per \$100 of assessed value. This new reduced budget will provide further funding for transportation, educational programs, sports programs, after-school activities and senior citizen adult-education programs.

Please support the school budget by voting on Wednesday, August 29, from 10 a.m. - 10 p.m. at your regular polling place. Registration to vote will be held on Wednesday, August 22 from 3 p.m. - 8 p.m. at the same polling place. An absentee ballot can be obtained at the Administration Building on Division Avenue at the District Clerk's office on the second floor.

Please vote for the budget on August 29, so that our schools can get on with the work at hand, that of educating our children.

The Hicksville Council of PTAs

To The Editor:

On August 29, residents will be asked to vote on a \$51,584,000 budget which would carry a tax rate increase of \$3.45 per hundred bringing the total proposed tax rate to \$30.93 per hundred of assessed valuation - an increase of 12.6%. Although the proposed budget has been reduced by 1.5 million, it is still almost 5 million more than last year.

Carole Wolf and Arlene Rudin have worked hard to try to reduce the budget but the reduction consists of shifting monies around in the various codes and cutting the reserve fund to a questionably low amount. There were no actual cuts in expenditures. It is still a budget of 51½ million dollars for approximately 4,200 students.

Once again the Board has failed to address the basic problem of too many schools and too many highly paid teachers for too few students. The proposed budget represents no change as far as the number of schools, number of teachers, administrative staff and education and recreational programs. In addition, due to the oil crisis, we know we will be paying much higher costs for heating and lighting half empty schools.

The proposed budget does not offer any relief for the already overburdened taxpayers.

Helen M. Lafferty

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rates and information.

Hicksville Charity Tournament

Community Unity Happening, August 25, at 12 noon. The children from Hicksville Baseball Association (HBA), Hicksville Police Athletic League (PAL) and St. Ignatius Catholic Youth Organization (CYO) will be participating in a baseball/softball tournament to benefit the Make A Wish Foundation. The games will take place at the Abe Levitt Complex, Stewart Avenue and Levittown Parkway.

Many dignitaries and "honored" guests will be on hand for the opening ceremonies. This day promises to be enjoyable for the entire family.

The children who participate in the tournament will be raising donations for the Make A Wish Foundation. At this time we are seeking anyone or any business in the Hicksville area, who would like to make a donation to the Make A Wish Foundation, to please fill out the form below and mail your donation. We would gladly announce your name in the local papers and during the opening ceremonies as being a contributor.

We hear about so many negative things happening around us today, let's all get together and do something positive.

Hicksville Charity Tournament/Make A Wish Foundation

Name:.....

Address:.....

Donation Amount:.....

Please make all checks payable to: "Make A Wish Foundation"

Mail all donations to: Mr. Albert Ciacchio, 1 Joseph Lane, Hicksville, N.Y. 11801

Thank You...for helping make a child's wish come true.

New Playground Almost Complete

Variety Pre-Schooler's Workshop (VPSW), located in the former Locust Grove School, is nearing completion of its playground reconstruction. Work began in March with the removal of the 10,000 gallon oil tank from the playground area in the rear of the building. Throughout the inclement weather during the spring, work crews resurfaced and reconfigured the area according to the design of award-winning landscape architect, James Lotto. The design includes areas for motor play, climbing, bike-riding, water play, swings and discovery play. There are three general areas - each appropriate for different age groups and their particular needs. The playground park improves the neighborhood. It provides a therapeutic play environment designed to meet the needs of the children at VPSW, who have learning, language or behavioral problems, as they develop physically, emotionally and socially.

Workmen are now completing the installation of brightly colored, durable play structures. The Super Scapes feature spiral slides, crawling tunnels, bubble panels, chain ladders and swings. All the structures are set in sandy areas to provide the safest environment possible. The entire cost of this extensive project is being provided by private and corporate donations, VPSW parent fundraising activities and the support of the VPSW Board of Trustees.

Variety Pre-Schooler's Workshop is approaching its 25th anniversary of working with children with special needs and their families. This private, non-profit agency offers families with handicapped children an array of services. The school at VPSW serves children under the age of seven. There are more than 200 children presently enrolled in toddler, nursery and kindergarten classes.

The early Childhood Direction Center of Nassau County, located at VPSW, provides parents and professionals with information and referrals to community resources for children up to age five with physical or developmental disabilities. VPSW also administers the Nassau Regional Planning Group - a configuration of parents and professionals working to assess services and needs in this county for children under the age of three who are handicapped or at risk of a disability. Through its Training Institute, VPSW provides professional development programs for educators, therapists and health care specialists who work with children and families.

Variety Pre-Schooler's Workshop, a beneficiary of United Way of Long Island and Variety - The Children Charity of New York, is planning a gala grand opening of the playground park on Thursday, September 27 at 10 a.m. The entire Syosset community is invited to attend. VPSW wants to share this playground park with the community and the children of Syosset in a spirit of cooperation and neighborliness.

14 Restrictions On Office Bldg.

Fourteen restrictive covenants have been placed by the Oyster Bay Town Board on a special use permit granted to construct an office building in Hicksville, according to Town Councilman Thomas L. Clark.

"The applicant, Enterprise Joint Venture, was seeking a special use permit to construct a four-story office building in an 'H' industrial district, Clark stated. In granting the special use permit pursuant to a public hearing on January 23, the Town Board placed 14 restrictive covenants on the property, which is located on the south side of Duffy Avenue approximately 475 feet east of the intersection of Henrietta Street in Hicksville."

The Town Board stipulated that the proposed building shall not exceed an interior size of 27,000 square feet, that there shall be no outside storage of material, trailers, equipment or waste of

any kind at any time, except waste, debris, garbage and refuse may be stored in closed containers, fenced in on three sides and shall be disposed of in accordance with applicable statutes, rules and ordinances. Furthermore, all garbage pickups shall use a common driveway and there shall be no garbage pick-up between the hours of 8 p.m. and 8 a.m.

The Town also placed restrictive covenants with regard to water conservation. Parking at the site will be permitted in designated areas only, and no more than 40% of the designated parking spaces can be reserved spaces.

Clark noted that no building permit or certificate of occupancy will be issued until a site plan has been submitted to, and approved by, the Town Board. The plan must show location of ingress and egress; location, layout and striping of all parking areas;

drainage; location of dumpsters, location of all lighting and signs; landscaping and any other details deemed pertinent by the Department of Planning and Development.

In Service

Navy Petty Officer 3rd Class Neal J. Quinn, son of Neal J. and Rosa Quinn of 4041 Jean Avenue, Bethpage, recently returned from deployment to the Western Pacific and Indian Oceans while serving aboard the aircraft carrier USS Carl Vinson, homeported in Alameda, Calif.

During the six-month deployment, Quinn participated in various military exercises including Exercise Tam Spirit '90. He also visited several foreign ports in the Republic of the Philippines, Japan, Singapore, Australia, and Hong Kong.

A 1984 graduate of Bethpage High School, he joined the Navy in September 1984.

NOTICE

HAVE YOU A HIDDEN TALENT that has yet to be discovered in print?

We are looking for articles, not exceeding 3,000 words or less than 1,500 words, on local topics, opinions, ideas, nice places to visit on Long Island, and even fiction. In our magazine section, we will try to "Discover" one new feature length article and write per week. Each writer will be reimbursed a stipend of \$25.00.

If you want to be published and be part of an issue of Discovery, you may submit your article to: Litmor Publications, 81 East Barclay Street, Hicksville, N.Y. 11801.



We're Making
Life Healthier
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Everyone knows that early detection of disease saves lives...but it is important for you to seek diagnostic help where the techniques are advanced and sophisticated.

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inflammatory bowel diseases, and ulcers can now be diagnosed very early on when cures are more certain.

Double-contrast diagnostic techniques are generally available only at major medical centers. Now they are available near your home at North Shore University Hospital at Glen Cove.

This is just one of the steps we are taking to make your hospital outstanding.

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UNIVERSITY
HOSPITAL
AT
GLEN COVE**



LEGAL NOTICE
NOTICE OF SPECIAL DISTRICT ELECTION
HICKSVILLE UNION FREE SCHOOL DISTRICT
HICKSVILLE, NEW YORK
NOTICE IS HEREBY
GIVEN that pursuant to the resolution of the Board of Education of Hicksville Union Free School District, Hicksville, N.Y., adopted August 8, 1990, the Special District Election of the qualified voters of this School District will be held on Wednesday, August 29, 1990, between the hours of 10 AM and 10 PM (DST) in the seven Election Districts stated below, for the purpose of voting upon the following proposition:

PROPOSITION NO 1

Shall the Budget approved by the Board of Education pursuant to Section 1716, be approved, and a tax on the taxable property of the District in the amount of such Budget, less State and Federal Aid and revenues from other sources, be levied?

NOTICE IS FURTHER
GIVEN that Personal Registration and Election Districts have been established in the School District, that no person shall be entitled to vote at the Special District Election whose name does not appear on the register of the School District, unless such person is registered under the provisions of Section 5-612 of the Election Law and that those qualified to register and vote shall do so in the School Election District in which they reside.

NOTICE IS FURTHER
GIVEN that the Board of Registration shall meet in the seven (7) Election Districts described below on August 22, 1990 from 3 PM to 8 PM (DST).

Any person shall be entitled to have his name placed upon such register provided that at such meeting of the Board of Registration he proves to the satisfaction of such Board of Registration to be then or thereafter entitled to vote at the school meeting or election for which such register is prepared. Said register will be filled in the Office of the Clerk of the District on August 22, 1990, and will be open for inspection by any qualified voter of the District from 9 AM to 3 PM on any weekday from August 23, 1990 up to and including August 29, 1990. Residents who voted at an Annual or Special Meeting of the District within four years from the date of the current Special Meeting or who registered within that time need not register to be eligible to vote at the Special Meeting. Residents, otherwise qualified to vote who are registered under the provision of Section 5-612 of the Election Law need not register to be eligible to vote at the Meeting.

NOTICE IS FURTHER
GIVEN that during the voting hours on August 29, 1990, the Board of Registration will meet in the various election districts to receive registration for the ensuing year.

NOTICE IS FURTHER
GIVEN that applications for absentee ballots may be applied for at the office of the Clerk of the District. A list of all persons to whom absentee ballots are issued will be

LEGAL NOTICE
available in the office of the Clerk on August 22 through August 29, 1990. Such list will also be posted at the polling places at the election.

SCHOOL ELECTION DISTRICTS

The boundaries of the school election districts, as adopted by resolution of the Board of Education and the place in each election district for registration and voting shall be as follows:

Election District No. 1
Burns Ave. School

On the East: Broadway, from the District's North Line, to the intersection of Jerusalem Avenue and Broadway, continuing South along Jerusalem Avenue to the intersection of Jerusalem Avenue and the Long Island Railroad.

On the South: The Long Island Railroad, from Jerusalem Avenue to the District's West line.

On the West: The District's West line from the Long Island Railroad to the District's North line.

On the North: The District's North line from the District's West line to Broadway.

Election District No. 2
East Street School

On the East and North: Miller Road as projected to the District's North Line, South along said Miller Road to Ronald Avenue, then East along Ronald Avenue to Woodbury Road, then Northeast along Woodbury Road to Ardsley Gate, then Southeast through Ardsley Gate to Dartmouth Drive, then South and South through Dartmouth Drive to its intersection with Haverford Road then East to the intersection of Haverford Road and Berkshire Road, then East along Berkshire Road to its intersection with Columbia Road, then East along Columbia Road to the District's East line, then South along the District's East line to the Long Island Railroad.

On the South and Southwest: Along the Long Island Railroad, from the District's East line southerly point, to the intersection of the Long Island Railroad and Jerusalem Avenue.

On the West: Broadway from Jerusalem Avenue to the District's North line.

On the North: The District's North line from Broadway to Miller Road, as projected to said line.

Election District No. 3
Woodland Avenue School

On the North, Northeast and East: Along the District's North line, from Miller Road, as projected to the District's North line, to the District's East line.

On the East: South along the District's East line, West to Berkshire Road, then West along Berkshire Road into Haverford Road, and continuing West to Haverford Road to Dartmouth Drive then North and Northeast along Dartmouth Drive to Ardsley Gate; then Northwest through Ardsley Gate to Woodbury Road, then Southwest along Woodbury Road to Ronald Avenue, then West along Ronald Avenue to Miller Road, then North along Miller Road

and continuing thereon as it is projected, to the District's

LEGAL NOTICE

North line.
Election District No. 4
Leo Avenue School
On the East-Northeast: The Long Island Railroad, from its intersection with Old Country Road, to the Southerly point of the District's East line.

On the South: the District's South line, from the Long Island Railroad, southwesterly into Michigan Drive, then South along said District line to the Hempstead Township line, then Northwesterly along the District's South line to Jerusalem Avenue.

On the West and North: Along Jerusalem Avenue, from the District's South line, to Salem Gate, then West along Salem Gate to Salem Road, then North to Harkins Lane, then Northwest along Harkins Lane to Division Avenue, then North along Division Avenue to Glenbrook Road, then Northwest along Glenbrook Road to Newbridge Road, then Northwest along Newbridge Road to Old Country Road, then East along Old Country Road to the Long Island Railroad.

Election District No. 5
Fork Lane School

On the East: Jerusalem Avenue from Salem Gate, to the District's South line.

On the North: Salem Gate, West from Jerusalem Avenue, to Salem Road, then North along Salem Road to Harkins Lane, then Northwest along Harkins Lane to Division Avenue, then Northwesterly along Division Avenue to Glenbrook Road then West along Glenbrook Road to Newbridge Road.

On the West: Newbridge Road, from Glenbrook Road on the North, to the District's South line.

On the South: The District's South Line, from Newbridge Road, on the West, to Jerusalem Avenue on the East.

Election District No. 6
Dutch Lane School

On the East: Newbridge Road, from Elmira Street, to the District's South Line.

On the South: The District's South line, from Newbridge Road, on the East, to the District's West line.

On the West: The District's West line, from the District's South line to Arrow Lane, as said Lane is projected West to the District's West Line.

On the North: From Arrow Lane, as projected to the District's West line, East and along said Arrow Lane, to Levittown Parkway, then South along Blueberry Lane to Elmira Street, then East along Elmira Street to Newbridge Road.

Election District No. 7
Old Country Road School

On the North and Northeast: The Long Island Railroad from the District's West line to the intersection of the Railroad with Old Country Road.

On the South and East: Old Country Road from its intersection with the Long Island Railroad, Westerly to Newbridge Road, then Southwest along Newbridge Road to Elmira Street to Blueberry Lane, then North along Blueberry Lane to Beech Lane, then West along Beech Lane to Levittown Parkway, then North along Levittown Parkway to Arrow Lane, then West along Arrow Lane, and as

LEGAL NOTICE

projected to the District's West line.

BY ORDER OF THE
BOARD OF EDUCATION
Hicksville Union Free
School District
Hicksville, Town of
Oyster Bay, N.Y.
Janet Ullrich
District Clerk

MIT2375
1x8/17,24

You Have To
Ask For Water

Hicksville Water District has distributed thousands of "Yours for the Asking" table cards to restaurants, catering halls and diners within the District.

The table cards state that water will be served only when requested by customers.

The front of the table cards reads "We're cooperating with the Hicksville Water District Water Conservation Program by serving water only when requested. So, if you want a glass just ask and we'll gladly serve all the water you want."

The back of the table card reads: "By serving water only on request, we not only save the glass of water, we save the water needed to wash that glass and the water needed to make ice to chill that glass, so you see, it all adds up."

Save Some Water Everyday - All Year Round.

Board of Commissioners
Hicksville Water District

St. Ignatius
Resumes Bingo

St. Ignatius Loyola School will resume its weekly Bingo game on Saturday, Sept. 1, at 7:30 p.m., in the School Auditorium located on Nicholas Street and Broadway, in Hicksville. Strips and tear-backs are available and there is ample parking. For directions call 931-3161.

'Triple A'
Bond Rating

Oyster Bay Town Supervisor Angelo A. Delligatti has announced the sale of \$15,600,000 of long-term bonds at a net interest rate of 6.865% to Prudential-Bache Securities, Inc.

"Since the Town qualified for FGIC insurance coverage, the bonds will be rated AAA by both Moody's Investors Service and Standard and Poor's Corporation," Delligatti said.

The Bond Sale comprises consolidation of fifteen previously authorized bond issues for various Capital Improvement Projects, with a total value of \$15,600,000. Details of the sale were handled by Fiscal Advisors & Marketing, Inc. of Hicksville.

In Service

Staff Sgt. Lawana G. Lavery has been decorated with the Air Force Commendation Medal at Hill Air Force Base, Utah.

The Air Force Commendation Medal is awarded to those individuals who demonstrate outstanding achievement or meritorious service in the performance of their duties on behalf of the Air Force.

Lavery, an air traffic control

Central Nassau
Elects New Pres.



John J. Barrett is the newly elected President of the Board of Directors of Central Nassau Guidance and Counseling Services, Inc.

Mr. Barrett, Vice President of Corporate Banking at Norstar Bank, expressed eagerness for his new position.

"I look forward to working with the County, the Board and the dedicated staff of Central Nassau to continue to provide the excellent professional services which have been the tradition at Central Nassau."

CNGCS consists of a mental health clinic, a substance abuse counseling program and two community residences.

With their main offices located at 246-8 Old Country Road in Hicksville, they serve residents throughout Nassau County.

The Agency is open days, evenings and Saturdays. For more information call 822-6111 for the mental health program; 822-4060 for the substance abuse program; or 681-2320 for the community residence program.

Who Am I?

The Hicksville Public Library Children's Room will present a tiny tot discovery program for children 1 1/2 - 2 1/2 years old and a parent or caregiver.

This is a special 3-part program to be completed in three consecutive weeks. Each of the sessions will include a craft, movement activities and songs. To strengthen skills, some activities will be practiced each week.

There will be two sessions, you may register for one. The dates are Fridays, September 28, October 5 and 12; or Mondays, November 12, 19 and 26. They will all be at 10:30 - 11:30. Registration starts Monday, September 17, and a current library card is required as proof of Hicksville residency. Child's birth certificate required. The child must be at least 18 months by September 28.

operator, is the daughter of Clara E. Olsen of 3992 River Lodge Road, Escatawpa, Miss., and Glenwood M. Nelson of Hurley, Miss.

Her husband, Air Force Staff Sgt. Robert M. Lavery Jr., is the son of Anne M. Lavery of 5 Gables, Hicksville.

She is a 1982 graduate of Calhoun High School, Ga.

PROFESSIONAL

GUIDE

Advertising on this page is only open to NYS licensed professionals.

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PAGE FIVE Friday, August 24, 1990

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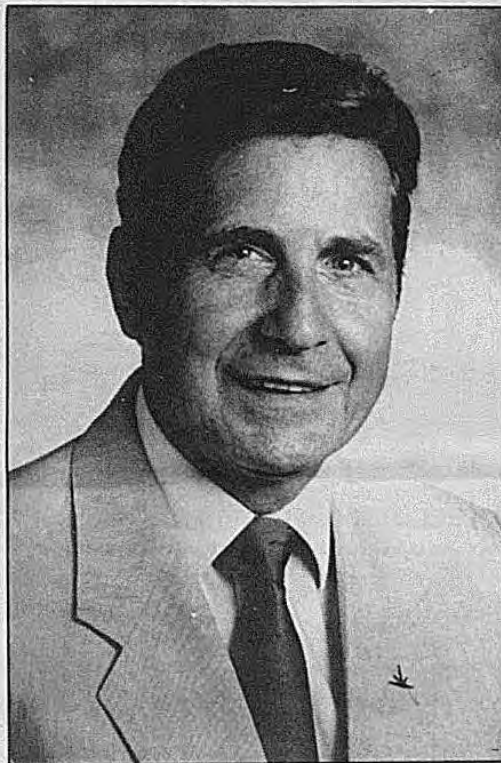
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Fourth Annual Charity Tournament

The Hicksville Charity Tournament proudly announces the following children who will be participating in the "Fourth Annual Charity Tournament" for the "Make A Wish Foundation." The tournament will be held on August 25 at 12 noon at the Abe Levitt Complex, Stewart Avenue and Levittown Parkway. This

year, Mr. Al Ciccio will be presenting the Hicksville Community Hero Award, to Mr. Steven McDonald and his family, Patty and Connor and also to one of our own, Mr. Paul Jurgensen who fought in the Panama invasion. His mother will be accepting his award, as Paul is now in Saudi Arabia. The day promises to be enjoyable for the entire family.

Tournament Teams 1990
St. Ignatius Catholic Youth Organization
Baseball Team, Managers: Bob Patterson and Mike Famiglietti
Teamates: Thomas Patterson, Jimmy Famiglietti, Gary Lewis, Jason Andrews, Chris Kelly, Danny Meegan, John Haley, Joe Jacovina, Mark Cavaco, Rod Carolan, Brian Rigert, Joe Croce

and Mike Coen.

Softball Team, Managers: Nancy Galdo and Donna Martillo
Teamates: Maura Gardner, Kristy Haley, Jamie Martillo, Kristin Baricevac, Christine Gorney, Suzanne Herzog, Mindy LeCren, Lauren Snadecky, Carolyn Galdo, Kathryn Kelly, Meghan Wood, and Colleen O'Donnell.

Hicksville Baseball Association
Baseball Team, Managers: Tony DeJoseph, Jerry Weber, and Tony DeAngelis.

Teamates: Paul Weber, Anthony DeJoseph, Kevin Wrede, Joey Flynn, Anthony DeStefano, Michael Moylan, Andy Eterfine-oso, Scott Granai, J.R. McCotter, Shaun Isler and Thomas DeAngelis.

Softball Team, Managers: Jane Senn and Mike Moylan
Teamates: Lisa Anderson, Abbey Toich, Tina Mazzara,

Danielle Caruso, Colleen Jamison, Kelly Moylan, Sabrina Palmieri, Merry Senn, Shannon O'Keefe, Athena Scheidet, Kathleen Tower, Nicole Franchino, and Karen Kessler. Bentrewicz, Pete Whitman and Ed Lynch.

Teamates: Kenny Yee, Gregory Latini, Danny Paul, Justin Fink, Ed Lynch, Charles Carlisle, Eddie Kurz, Steven Fleming, Gregory Larkin, Gary Kiriewsky, Daniel Russo, Joseph Penge and Tommy Coffey.

Softball Team, Managers: Jack Zeller, Steve Pendergast and Rich Nolan

Teamates: Elaine Koenig, Christine Pfeiffer, Laurie Zeller, Kristy Iardi, Debbie Drew, Janine Rovtar, Lindsay Kist, Jennifer Nolan, Jackie Yonick, Karen Apostolo, Lianne Lewis, Aubrey Hill, and Kristin Anstey.

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PAGES

News From Plainview O.B. Library

Alzheimers Support Group

On Tuesdays, September 4 and 18, at 10:30 a.m., the Plainview-Old Bethpage Library will be holding the Alzheimer's Support Group with leader, Catherine Dennis, C.S.W. Ms. Dennis has extensive experience working with Alzheimer's patients and their families. For information call Maria Baluta, Information and Referral, at 938-0084.

Step Into Decorating

On Wednesday, September 5, at 8 p.m., the Plainview-Old Bethpage Library will be offering a program entitled "Step Into Decorating." Learn about the current trends in decorating with Christina Senia, Custom Interior Decorator from TransDesigns. She will also discuss color schemes, pattern blending, wall groups and floor plans. The lecture will address your decorating needs, whether planning accessories or furnishing an entire room. Your questions will be welcomed. Registration is not required.

Writers Group

On Saturday, September 8, at 2 p.m., the Plainview-Old Bethpage Library will be holding a Writers Group Club meeting. Al Manachino and Dorothy Freda, published writers, will lead the workshop.

Book Discussion/Review

On Monday, September 10, at 1 p.m., The Plainview-Old Bethpage Library will be holding a book Discussion/review led by Barbara Krupit. The book to be discussed is entitled "The Joy Luck Club" by Amy Tan.

On Tuesday, September 11, at 8 p.m., The Plainview-Old Bethpage Library will be offering a book discussion/review led by Barbara Krupit. The book to be discussed is entitled "Libra" by Don DeLillo.

Featured Film

On Thursday, September 13 at 3 and 8 p.m., the Plainview-Old Bethpage Library will be showing the feature film entitled "Steel Magnolias" starring Sally Field, Daryl Hannah, Dolly Parton, Julia Roberts, Olympia Dukakis and Shirley MacLaine.

This is an endearing film about the relationship of six women in a small Louisiana town.

The film runs 118 minutes and is rated PG.

The Musinger Players

On Sunday, September 16, at 3 p.m., the Plainview-Old Bethpage Library will be presenting the "The Musinger Players" in a concert of vocal-chamber music by Franz Lachner, Robert Schumann, Franz Schubert and Jeanne Singer. The program directed by Jeanne Singer, pianist and composer, will include art songs, duets and several ensembles for voice, clarinet, cello and piano. The Musinger Players will introduce each composition with lively, informal remarks to help the audience understand and enjoy unfamiliar music.

This concert is in cooperation with the Nassau County Office of Cultural Development.

Dancercise

The Dancercise program incorporates various techniques including yoga, stretch and strengthen, isometrics and Jazz isolations with music to achieve muscle tone, flexibility, improved posture and grace.

The Plainview-Old Bethpage Public Library will be offering "Dancercise Classes" on Mondays, from 6 - 7 p.m., beginning September 17; Instruc-

tor Jeri Sapir; 11 sessions for \$33. Registration is required. Call 938-0077 for further information.

Also: Dancercise Classes on Wednesdays from 6 - 7 p.m., beginning September 26. Instructor Ellen Coven; 11 sessions for \$33. Registration is required. Call 938-0077 for further information.

Also: Dancercise Classes on Fridays, from 9:45 - 10:45 a.m.; beginning September 28; Instructor Ellen Coven; 11 sessions for \$33. Registration is required. Call 938-0077 for further information.

"Let's Take It Slow"

Exercise For Beginners

The "Let's Take It Slow" program incorporates stretching, toning and low impact aerobics.

The Plainview-Old Bethpage Public Library will be offering "Let's Take It Slow" classes on Mondays, from 7 - 8 p.m., beginning September 17, Instructor Jeri Sapir, 11 sessions for \$33. Registration is required. Call 938-0077 for further information.

Learn the ABC's of Babysitting

On Tuesday, September 25, from 4-6:15 p.m., the Plainview-Old Bethpage Library will be offering the course entitled "The ABC's of Babysitting" conducted by Joanne Tanck, RN.

The course will cover safety, child development and infant care. You will need a large doll for practice. Certificates of participation will be awarded.

This course is for young people in grades 6-9. Registration begins September 11 at the Circulation Desk. This class is limited to 30 students.

Art on Long Island

On Wednesday, September 26,

at 8 p.m., The Plainview-Old Bethpage Library will be presenting "Art on Long Island" with Elliott Rabner, noted art lecturer.

For almost 300 years Long Island has been well served by artists, architects, writers and poets. Elliott Rabner will highlight Long Island's artistic heritage in a context of people, places and times.

Board of Trustees Meeting

On Thursday, September 27, at 7:30 p.m., the Plainview-Old Bethpage library will be holding a Board of Trustees Meeting. The

public is invited.

Seniorobics

The "Seniorobics" program incorporates fun and easy exercise to music designed especially for more mature men and women with emphasis on improving flexibility, strength and stamina.

The Plainview-Old Bethpage Public Library will be offering "Seniorobics" classes on Fridays, from 11-11:45 a.m., beginning September 28, Instructor Ellen Coven, 11 sessions for \$33.

The Plainview-Old Bethpage

Public Library will be offering "Seniorobics" classes on Thursdays, from 10-10:45 a.m. and 11-11:45 a.m., beginning September 27, Instructor Ellen Coven, 11 sessions for \$33. Registration is required. Call 938-0077 for further information.

The library is located at 999 Old Country Road in Plainview, opposite the Morton Village Plaza (938-0077).

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HFD Haz-Mat Unit Assists In Syosset

A Chemical Fire, in an oven, at the Metco Facility at 220 Miller Place, Hicksville, required the response of several area Fire Departments and Hazardous Materials Units. At 10:38 a.m., August 20, the Syosset F.D. responded to a fire call at the factory within their jurisdiction. Upon arrival and a quick assessment, Asst. Chief Brouillard of Syosset F.D. requested assistance of the Hicksville F.D. Haz-Mat Unit and the County Fire Marshal's Haz-Mat Unit. In addition to fire units from Hicksville and Jericho.

Plant personnel reported that the Chemical - Aluminum Bronze Polyester Composite Powder had caught fire in an oven that malfunctioned and the resulting fire blew open the oven door. The Chemical could only be extinguished by dry sand. While awaiting sand from the Town of Oyster Bay, arranged by Dep. Comm. Andruzzi, Hicksville Haz-Mat Squad members along with two fire marshal Haz-Mat members, dressed in Chemical Protective Suits. When the sand arrived, they entered and started the task of carrying the 30 trays with the chemical in them to the sand truck. The metal racks were 600 degrees Fahrenheit which required asbestos gloves. The operation started at 12:13 p.m. and the last tray was removed at 1:52 p.m. The length of time involved was due to the fact that only a limited time in the encapsulated suits is allowed so as to prevent injury to the Haz-Mat personnel.

Meanwhile neighborhoods due west of the area were evacuated as a precaution. Several plant workers were transported to Central General for exposure to the smoke. One Fire Marshal brushed against the hot tray and melted his protective suit. He was decontaminated at the scene and taken to the hospital as a precaution. Syosset F.D. had units from Oyster Bay and E. Norwich cover for them. Bethpage supplied one unit to augment Hicksville Units standing by and Jericho F.D. had Carle Place assist them on stand by.

There was minimal fire damage as the automatic sprinkler controlled the fire. Supervising Hicksville Units was Asst. Chief Schweitzer and Capt. W. McKee, along with Haz-Mat Coordinator Owen Magee. All operations were completed at 3 p.m.

NOTICE

HAVE YOU A HIDDEN TALENT that has yet to be discovered in print?

We are looking for articles, not exceeding 3,000 words or less than 1,500 words, on local topics, opinions, ideas, nice places to visit on Long Island, and even fiction. In our magazine section, we will try to "Discover" one new feature length article and writer per week. Each writer will be reimbursed a stipend of \$25.00.

If you want to be published and be part of an issue of Discovery, you may submit your article to: Litmor Publications, 81 East Barclay Street, Hicksville, N.Y. 11801.

Right Around Home

By Maureen Traxler

Our Lady of Mercy in Syosset is very proud indeed. Not many schools sent entries into a national contest and wind up with a whirlwind of awards.

Working with Art Director Mrs. Jody Spadaro, the high school's girls entered the AAA's National School Traffic Safety Poster Contest this spring. Winners were announced by the Automobile Club this summer and the Adademy's shining stars, all juniors last year, are:

Jill Javora, second place; Lee Ann Galasso, third place; Stephanie Bransfield and Jennifer Frank, honorable mention; and Anne Brassill, Megan VanderWag and Colleen Woods, merit citations.

Amidst laughter and camaraderie, the members of the Bethpage VFW Post #4987 and their families gathered at Bethpage Park last Saturday for their annual picnic. On hand were post officers: Bob Archer, Commander; Fred Laterza, Senior Vice President and Chairman of the picnic; Charlie Reidlinger, Junior Vice President; John Lawrence, Chaplain; Howard O'Keefe, Adjutant; and Phil Madeo, Officer of the Day.

The afternoon consisted of races, egg throwing contest, horseshoes, swimming, burgers, sodas, watermelon and much, much more. The best part was friend and family together sharing stories, relaxing under the warm August sun and maybe sowing the seeds for their next event.



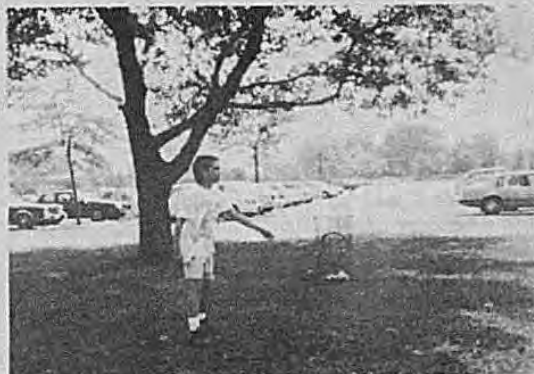
Members of the Bethpage VFW



The ladies left in the final stages of the egg throwing contest.



Winners of the egg throwing contest: John Batt and Jill Imhof.



Brian Toth hopes for a ringer when he played a game of horseshoes with teammate Erik Newman.



Commander Bob Archer mans the grill.

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25 Year Award From Mercy



The 30th Annual Installation Luncheon of the Council of Leagues of Mercy Hospital was recently held to mark the end of a year of fundraising efforts for the benefit of the Rockville Centre Hospital. Nearly 200 members of this auxiliary organization met at the Coral House in Baldwin to welcome the new officers and to honor those who dedicated themselves to support the hospital over the past year. Receiving recognition for 25 years of service as a member of the Glen Cove-Hicksville-Syosset League is Hicksville resident Fran Kenyon. Pictured with Fran is Sister Mary Jean Brady, C.I.J., Past Moderator of Leagues.

Gulotta Greets Elks



Nassau County Executive Thomas S. Gulotta, left, recently greeted members of the New York State Elks Association at a ceremony held at the Lakeside Theatre in Eisenhower Park. At the ceremony, County Executive Gulotta presented members with a Nassau County Community Service Award on behalf of the organizations outstanding charitable service to the community.

The Benevolent and Protective Order of Elks promotes integrity and good citizenship through a fellowship of men and women. It promotes awareness of Drugs for grades three through nine, visits all Veterans confined to a hospital, provides senior citizen programs and raises money for the homes service for Cerebral Palsy. Joining the County Executive was, John Franchina, Exalted Ruler of Lodge #1931 and resident of Plainview.

Lithuanian Festival Set For August 26

Local residents of Lithuanian ancestry, or who wish to learn about the culture of Lithuania, are invited to attend the fifth annual Lithuanian Festival, Sunday, August 26, starting at noon at the American Legion Hall, 121 Third Street, Greenport.

Entertainment will be offered by Joe Thomas's Polka Band and the Lithuanian Folkloric Ensemble, directed by Gintare Bukauskiene.

Directions: Take the last exit (73) of the LIE, "Orient - Greenport." Stay on Route 58. Make a half turn at the traffic circle and continue to Greenport. Legion Hall is not far from the railroad station.

The Festival is sponsored by Council 152, Knights of Lithuania. The donation is \$3 for adults, \$1 for children.

New Amniocentesis Service At N. Shore

Pregnant women who have been advised to undergo amniocentesis can now have the procedure done at North Shore University Hospital at Glen Cove. Solan Chao, M.D., Physician-in-Charge of the Division of Obstetrics, explained that "amniocentesis is a test that provides parents-to-be with important clues about the condition of the fetus." Using the latest technology, it can detect a variety of genetically transmitted conditions as early as the 12th week of pregnancy.

Most physicians advise women 35 years of age and older, and those in certain high-risk categories, to have this safe and accurate procedure. In amniocentesis, a very thin needle is inserted through the abdominal wall, extracting a sample of amniotic fluid - the liquid surrounding the fetus - which is then analyzed. Doctors use ultrasound monitoring to determine then position of the needle, ensuring the safety of the procedure. State-of-the-art equipment newly installed at North Shore-Glen Cove, as well as the expertise of specially trained physicians, provide patients with the most up-to-date procedures possible. Using newly available laboratory equipment, results are available in seven to 11 days.

The new amniocentesis service is run jointly by the Departments of Obstetrics, Radiology, and Pediatrics. An important aspect is the genetic counseling that is provided to all patients using the service.

The new amniocentesis program is just one of the forward steps North Shore University Hospital at Glen Cove is making to better medical care to residents of the region.

'Padded Pumpkin' At Beth Library

Come to the workshop at the Bethpage Public Library, 47 Powell Ave., on Wednesday, Sept. 12, at 1 p.m., and go home with a "Padded Pumpkin" hoop. No sewing is required, but pre-registration is, and registration will be strictly limited. Call 931-3907 to register and receive a list of supplies.

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Two Commissioners Given Reappointments

The reappointments of two tenant commissioners to the Town of Oyster Bay housing Authority were recently approved by the Oyster Bay Town Board, according to Town Councilwoman Ann R. Ocker.

Reappointed were Reba Swernofsky of the Syosset Senior Housing Complex and Antoneta Delucia, a resident of the Plainview Senior Housing Com-

plex on Barnum Avenue. Both will serve two-year terms retroactive to July 2, 1990.

The Housing Authority is an independent agency responsible for planning and maintaining housing for senior citizens and others on a fixed income. The two tenant commissioners are elected by the residents of the 908 units of Town's 10 senior housing complexes.

LEGAL NOTICE

NOTICE IS HEREBY GIVEN that the resolution published herewith has been adopted by the Town of Oyster Bay, Nassau County, New York, on the 10th day of July, 1990, and the validity of the obligations authorized by such resolution may be hereafter contested only if such obligations were authorized for an object or purpose for which said Town is not authorized to expend money, or if the provisions of law which should have been complied with as of the date of publication of this notice were not substantially complied with, and an action, suit or proceeding contesting such validity is commenced within twenty days after the date of publication of this notice, or such obligations were authorized in violation of the provisions of the Constitution. Such resolution was subject to a permissive referendum and the period of time has elapsed for the submission and filing of a petition for a permissive referendum and a valid petition has not been submitted and filed.

Carl L. Marcellino
Town Clerk
Dated: Oyster Bay, New York
August 10, 1990

**RESOLUTION NO. 649
BOND RESOLUTION DATED
JULY 10, 1990
A RESOLUTION AMENDING
RESOLUTION NO. 700-1989,
BOND RESOLUTION DATED
JULY 11, 1989, AUTHORIZING THE ISSUANCE OF \$2,600,000 SERIAL BONDS AND THE APPROPRIATION AND EXPENDITURE OF \$350,000 MONIES OF THE TOWN OF OYSTER BAY, NASSAU COUNTY, NEW YORK, TO PAY THE COST OF THE CONSTRUCTION OF A NEW BUILDING AT THE DPW COMPLEX IN SYOSSET WITH RESPECT TO THE MAXIMUM ESTIMATED COST OF SUCH PROJECT AND THE AMOUNT OF SERIAL BONDS AUTHORIZED THEREFOR.**

WHEREAS, by resolution No. 700-1989, bond resolution dated July 11, 1989, the Town Board of the Town of Oyster Bay, Nassau County, New York, authorized the issuance of \$2,600,000 serial bonds and the appropriation and expenditure of \$350,000 monies of said Town, to pay the cost of the construction of a new building at the DPW Complex in Syosset, for use by the Highway Departments and their subdivisions, including the purchase and installation of original furnishings, equipment and apparatus to be used in connection with such new building and the grading and the improvement of the site thereof; and

WHEREAS, it has now been determined that the maximum estimated cost of such construction is \$3,150,000, an increase of \$200,000, and that an additional \$200,000 serial bonds of said Town will be necessary to pay costs of such construction and it is now desired to amend the afore-described Resolution No. 700-1989 to authorize the issuance of such additional serial bonds and provide for such additional costs;

LEGAL NOTICE

NOW, THEREFORE, BE IT RESOLVED, by the Town Board of the Town of Oyster Bay, New York, Nassau County, New York, as follows:

Section 1. The title and Sections 1 and 2 of Resolution No. 700-1989, bond resolution dated July 11, 1989, more fully described in the preambles hereof, are hereby amended as follows:

**"RESOLUTION NO. 700-1989,
BOND RESOLUTION
DATED JULY 11, 1989.**

A RESOLUTION AUTHORIZING THE ISSUANCE OF \$2,800,000 SERIAL BONDS AND THE APPROPRIATION AND EXPENDITURE OF \$350,000 MONIES OF THE TOWN OF OYSTER BAY, NASSAU COUNTY, NEW YORK, TO PAY THE COST OF THE CONSTRUCTION OF A NEW BUILDING AT THE DPW COMPLEX IN SYOSSET IN AND FOR SAID TOWN.

Section 1. For the specific object or purpose of paying part of the cost of the construction of a new building at the Department of Public Works Complex in Syosset of and for Town of Oyster Bay, Nassau County, New York, for use by the Highway Departments and their subdivisions, including the purchase and installation of original furnishings, equipment and apparatus to be used in connection with such new building and the grading and improvement of the site thereof, there are hereby authorized to be issued \$2,800,000 serial bonds of said Town pursuant to the provisions of the Local Finance Law.

Section 2. The maximum estimated cost of such specific object or purpose is hereby determined to be \$3,150,000, and the plan for the financing thereof is as follows:

a) By the issuance of the \$2,800,000 serial bonds of said Town authorized to be issued pursuant to this bond resolution; and
b) By the expenditure of \$350,000 monies of said Town, which monies are hereby appropriated therefor, which shall constitute the down payment required by Section 107.00 of the Local Finance Law."

Section 2. The validity of such bonds, bond anticipation notes and capital notes may be contested only if:

1) Such obligations are authorized for an object or purpose for which said Town is not authorized to expend money, or

2) The provisions of law which should be complied with at the date of publication of this resolution are not substantially complied with, and an action, suit or proceeding contesting such validity is commenced within twenty days after the date of such publication, or

3) Such obligations are authorized in violation of the provisions of the Constitution.

Section 3. Upon this resolution taking effect, bond resolution dated July 11, 1989, as amended hereby, shall be published in full in Massapequa Observer, Hicksville Illustrated News, Bethpage Newsgram and Locust Valley Leader, together with a notice

LEGAL NOTICE

of the Town Clerk in substantially the form provided in Section 81.00 of the Local Finance Law.

Section 4. This resolution is adopted subject to permissive referendum in accordance with Section 35.00 of the Local Finance Law.

BN3080
1x8/24

'Sundae In Gutter' At Christ Church

Coming Sept. 2, an event so incredible, so stupendous, so breathtaking, that you'll want to be there - just to eat it!!! Mark your calendar! Shine up your spoon! It's - A Sundae In the Gutter - at the Church of Christ of Hicksville.

This delicious day begins at 9:30 a.m., in front of the Church, located at 105 Broadway in Hicksville, between Marie Street and Nicholas Street. Here, everyone from the young to the young-at-heart will construct a sundae in a long gutter-like trough. Afterwards, it's ready the spoons, dish it out, and YUM! The rest is history!!

While your busy "guttering" there will be plenty of fun, frolic, and fellowship for you and for dozens of your friends, family and neighbors. So don't forget to share! Last licks at 10:45!!

To reserve a spot at the gutter, just call the Church of Christ at 935-3855 and say, "I'd like a spot at the gutter," and for how many. It's that easy. And it's that delicious! But remember - the date is September 2, beginning at 9:30 a.m., so act now and don't miss it!!!

YM-YW Special Membership Tours

Special tours and an introduction to the Mid-Island YM & YWHA, 45 Manetto Hill Road in Plainview, will be held on Wednesday and Thursday, Sept. 5 and 6, from 7 - 9 p.m.

The Mid-Island Y, the flagship agency of the United Jewish Ys, offers a variety of services, including programming for every interest age -- from infants through senior adults -- with a focus on support and friendship. A wide range of activities is available from swimming, health & fitness classes to camping and couples' clubs. Other offerings include Cultural Arts, Adult Education courses, Young Adult & Teen's activities, trips and much more.

The service area of the Mid-Island Y Jewish Community Center includes the Town of Oyster Bay from Oyster Bay to Massapequa (including Jericho, Levittown, East Meadow, North Bellmore, Wantagh and Seaford; plus parts of Western Suffolk from Deer Park North to Huntington.

For more information, call Deborah Brooks, Membership Director, at 822-3535.

Half the price of a postage stamp. That is all this newspaper cost you per week delivered to you by mail.

Diagnostic Center Asks Covenant Relief

A request for permission to modify restrictive covenants in a "C" Residential District will be the subject of a Tuesday, Nov. 13, hearing of the Oyster Bay Town Board, according to Town Councilman Leonard B. Symons.

The applicant, Merton Wachtel is seeking permission for the modifications to allow premises to be used as a medical diagnostic center by any medical profession-

al without the necessity of maintaining a residence on the premises," Symons stated. "The property is located at the west side of Broadway, at the intersection with Columbia Drive, also known by the address of 420 Broadway, Hicksville."

The meeting is scheduled for 10 a.m., in the hearing room of Town Hall East, Audrey Avenue, Oyster Bay.

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District Attorney

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**LEGAL NOTICE
NOTICE OF SALE**

Supreme Court Nassau County. The Green Point Savings Bank, Plff. vs. Diane Kessler, Deft. Index #19533/89.

Pursuant to judgment of foreclosure and sale dated June 11, 1990, I will sell at public auction on the north front steps of the Nassau County Courthouse, 262 Old Country Rd., Mineola, N.Y., on Sept. 5, 1990, at 9:15 a.m., prem. k/a 32 Birchwood Park Dr., Syosset, N.Y. Said property located on the northeasterly side of Birchwood Park Dr., 584 ft. southeasterly when measured along the northeasterly side of Birchwood Park Dr. from the corner formed by the intersection of the northeasterly side of Birchwood Park Dr. and the southeasterly side of Morris Dr., being a plot 100 ft. x 72 ft. Approx. amt. of judgment is \$110,220.35 plus costs and interest. Sold subject to terms and conditions of filed judgment and terms of sale.

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In Service

Navy Fireman Recruit Paul J Cannava, son of Louis and Iren Cannava of 69 Felice Crescent Hicksville, recently returned from deployment to the Western Pacific and Indian Oceans while serving aboard the aircraft carrier USS Carl Vinson, homeported in Alameda, Calif.

During the six-month deployment, Cannava participated in various military exercises including Exercise Team Spirit '90. He also visited several foreign ports in the Republic of the Philippines, Japan, Singapore, Australia and Hong Kong.

Exercise Team Spirit '90 was designed to improve the defensive readiness of U.S. and Republic of Korea forces. The exercise involved more than 25 U.S. Navy ships and approximately 23,000 Navy and Marine Corps personnel.

A 1987 graduate of Hicksville High School, he joined the Navy in July 1987.

Cadet Robert J. Kelly received practical work in military leadership at the U.S. Army ROTC advanced camp, Fort Bragg, N.C.

The six-week camp, attended by cadets normally between their third and fourth year of college, includes instruction in communications, management and survival training.

Successful completion of the advanced camp and graduation from college results in a commission as a second lieutenant in either the U.S. Army, Army Reserve or National Guard for the cadet.

The cadet is a student at the University of Scranton, Pa.

Kelly is the son of Robert J. and Mary C. Kelly of 19 Alexander Avenue, Hicksville.

He is a 1987 graduate of Chaminade High School, Mineola.

**LEGAL NOTICE
NOTICE OF
PUBLIC HEARING
BY THE ZONING
BOARD OF APPEALS**

Pursuant to the provisions of Article 1, Division 3, Section 67 of the Building Zone Ordinance, Notice is hereby given that the Zoning Board of

Appeals will hold a Public Hearing in the Town Hall (East Bldg.) Meeting Room, Audrey Avenue, Oyster Bay, New York, on August 30, 1990, at 7 p.m. to consider the following:
Syosset

LEGAL NOTICE
Appeal No. 90-291
Association For Help Of Retarded Children: Variance to erect a wooden ramp and a wooden platform with stairs, having less than the required side yard and aggregate side yards. S/s/o Syosset-Woodbury Rd., 290 ft. W/o

LEGAL NOTICE
Jerome Rd., Syosset, N.Y.
August 20, 1990
BY ORDER OF THE
ZONING BOARD
OF APPEALS
TOWN OF OYSTER BAY
OYSTER BAY, NEW YORK
SA 7694
IX8/24

PAGE FIFTEEN

MID ISLAND TIMES

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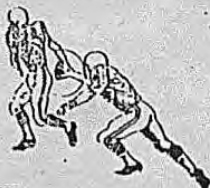
On August 29th your vote on the Hicksville school budget may have the largest affect on your community that you will make all year.

A vote for the school budget is a vote for our community.
A district with a supported school budget transmits a sense of pride in that community.

Selling a home in a district on austerity may be difficult.
The value of a home is worth less in a district of austerity.

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- * No Team or Letter Awards
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- Transportation for competitions, whether scholarly or athletic would be cut.
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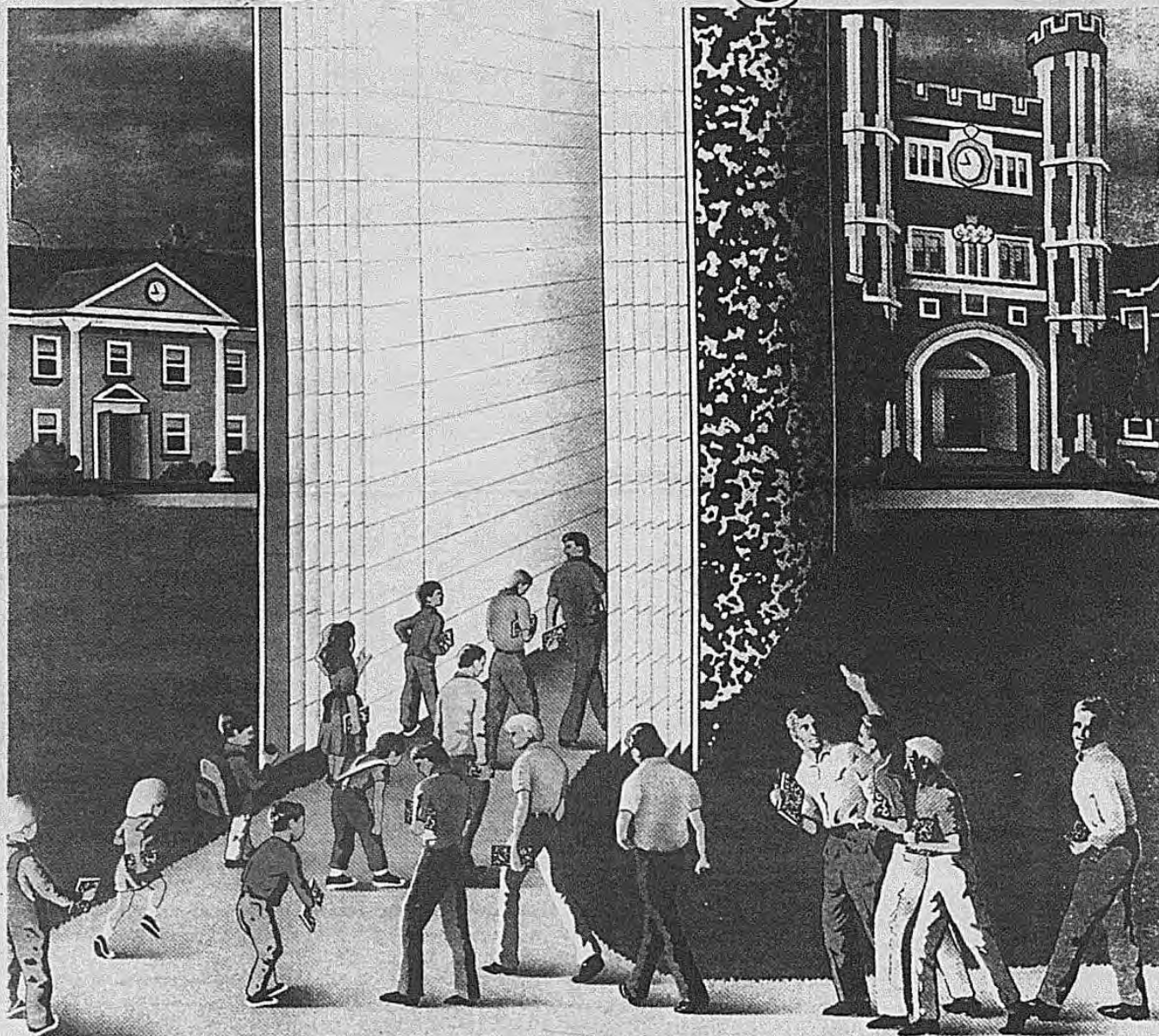
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Back to School & College



Friday, August 24, 1990

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Bethpage Newsgram, Syosset Advance, Jericho News Journal, Garden City News &
The Great Neck News

BACK TO SCHOOL

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By Debra Lee Baldwin

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If you belong to a church or temple, find out about activities for children. Also look into clubs for kids, such as scouts.

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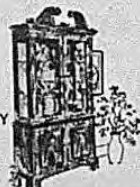
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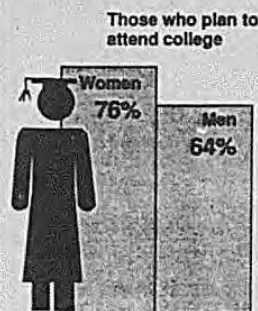
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SCHOOLFACTS

Seventy percent of high school seniors surveyed say they plan to attend college



SOURCE: Seventeen magazine survey of 2,046 students aged 14 to 21

Many students say they would cheat on an exam if they were sure that they wouldn't get caught

Those who plan to attend college

Would not cheat on exam

77%

Would cheat if they could

23%



SOURCE: Seventeen magazine survey of 2,046 students aged 14 to 21

Every year thousands of students across the country suffer with sweaty palms, bite their nails, and cross their fingers as they anticipate "The Big Test." Whether it's the "dreaded" SAT, a graduate school entrance test, or a professional licensing exam, these tests are major hurdles to clear in many people's academic and career paths.

For 52 years, the Stanley H. Kaplan Educational Center, Ltd. (SHKEC) has helped over 1,250,000 students fulfill their potential. Founded in 1938 by the man whose name it bears, the SHKEC is the nation's largest test-preparation organization with 137 permanent centers in the United States, Canada and Puerto Rico. For the convenience of students, courses are also given in over 500 satellite locations, such as schools and community centers.

The SHKEC prepares students for more than thirty national standardized tests, including the SAT (Scholastic Aptitude Test), graduate entrance exams such as

the LSAT, GMAT, MCAT and GRE, and professional licensing exams for medicine, dentistry, nursing, law and accounting. As the organization celebrates its 52nd anniversary in 1990, the original Kaplan philosophy remains its motto: only an improved student can achieve improved test scores. This goal is attained through educationally sound methods, emphasizing the development of reasoning skills and the ability to conceptualize, rather than memorize. Insightful test-taking techniques and ways to reduce students' anxiety are also important components of the Kaplan approach. The courses are designed to accommodate the degree of assistance each student requires. Through classes, individual help sessions, homework and Test-N-Tape labs, students learn study skills, how to analyze and organize materials, how to review subject content with greater understanding, and how to cope with the testing experience in general.

Over the years, the SHKEC has

often been singled out for praise. In a four-year Federal Trade

Commission controlled study of test-coaching course, completed in 1979, the FTD stated that the Kaplan courses were particularly effective in raising test scores. Stanley H. Kaplan was the only proprietary head of a test-preparation organization invited to address a College Board National Forum of 1500 admissions officers.

Unlike other programs, the Kaplan school has taken a special interest in disadvantaged students who often have a difficult path to advanced education. Over 5,000 such students receive scholarships to attend courses each year. Furthermore, in cooperation with local educational institutions, major corporations and government agencies, the SHKEC has developed special programs to help minority students realize their potential. Through test-preparation courses and academic, personal and career guidance, thousands of students have strengthened their skills and self-confidence, and, as a result, gained admission to the top academic programs of their choice. The rapidly multiplying number of accomplished "Phi Beta Kaplans" (alumni of the Center) in all walks of life are living proof of the success of the Kaplan philosophy.

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Volunteer kids

By Sharon Williams

The best job your child ever holds may not pay a dime.

But the experience he or she gets while volunteering will likely prove invaluable. Through community service, children and teens can develop positive feelings about themselves, a sense of belonging and a connection to the world beyond school, friends and family.

Home, religious, civic and youth organizations and schools can provide community service opportunities, and books such as "What Would We Do Without You?" (Betterway Publications) are loaded with ideas. Some possibilities include:

- **Tutoring:** Many students are having a ball tutoring youngsters. While helping their small students with subjects such as math, reading, English and special projects, the young teachers learn patience, how to work with children and to have more respect for full-time teachers.

- **Museum guides:** By taking tickets, directing tours and helping with maintenance tasks, young volunteers serve vital roles in museums large and small around the country. Besides the valuable experience they receive working with the public, these guides become virtual experts on the treasures their museums hold.

- **Nursing home volunteering:** Nursing homes, long-term medical-care facilities and senior citizen housing projects in nearly every community welcome visits by young volunteers. Individuals or groups giving of their time might be asked to coordinate special projects such as card games or sing-alongs, or to perform special presentations.

- **Recycling projects:** Recycling is a top agenda item in most communities, and volunteers can pitch in by helping with pickups, staffing recycling centers or just spreading the word about the importance of recycling.

Treats to make

By Rena Coyle
Copley News Service

Get your kids involved by having them make lunch or prepare snacks a couple of times a week. When they make the lunch, they will be even more likely to eat what is in the bag.

TUNA-STUFFED SEA SHELLS

- 1 (6½-ounce) can water-packed tuna
- 2 tablespoons low-fat plain yogurt
- 2 tablespoons mayonnaise
- ½ teaspoon dried tarragon leaves
- ¼ cup grated cheddar cheese
- 4 jumbo pasta shells, cooked

Yields 4 servings.
Preparation time: 20 minutes.
Place drained tuna in mixing bowl. Add yogurt, mayonnaise, tarragon and cheddar cheese to tuna. Mix well.

Spoon tuna mixture into shells. Grated apple, shredded carrots or zucchini may be added to tuna mixture as well.

SNACKIN' FRUIT AND DIP

- ½ ripe banana
- ¼ cup vanilla yogurt
- 1 tablespoon peanut butter
- 1 tablespoon orange juice
- 1 medium apple or pear

Yields ¼ cup.
Preparation time: 10 minutes.
Peel banana and place in bowl. Mash with back of spoon. Add yogurt and peanut butter. Blend until smooth. Add orange juice and blend. Transfer mixture into small container. Cut apple or pear into slices and dip into banana mixture.

TURKEY POCKETS

- 1 medium carrot
- 2 tablespoons low-fat plain yogurt
- 1 tablespoon mayonnaise
- ¼ teaspoon cumin powder
- 2 (4-inch) pita pockets
- 4 ounces sliced turkey breast
- ½ cup alfalfa sprouts or 4 lettuce leaves

Yields 2 sandwiches.
Preparation time: 10 minutes.
Grate carrot into mixing bowl. Add yogurt, mayonnaise and cumin and blend.

Put turkey into pitas and add carrot mixture. Top with sprouts or lettuce.

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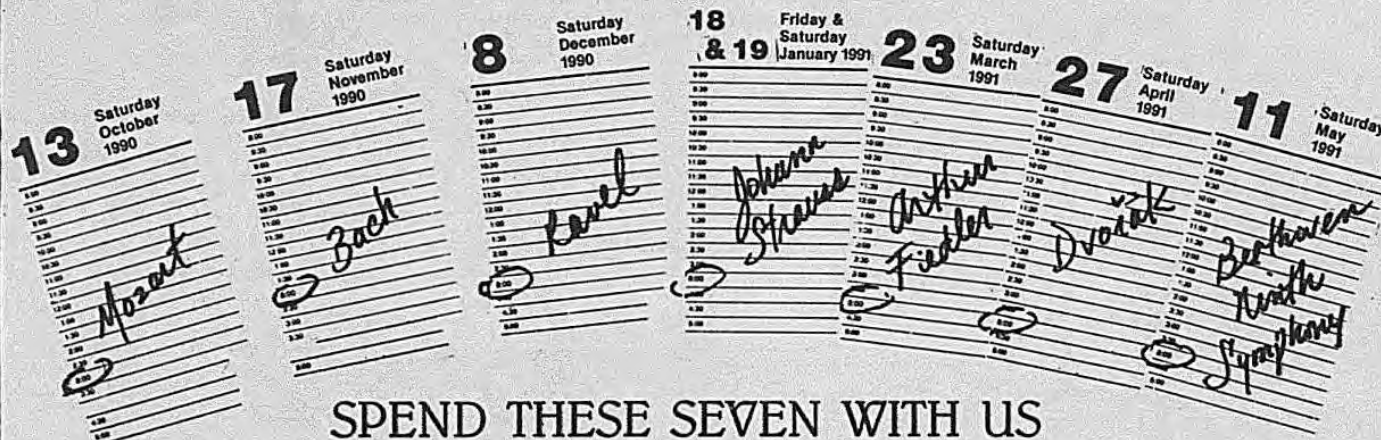


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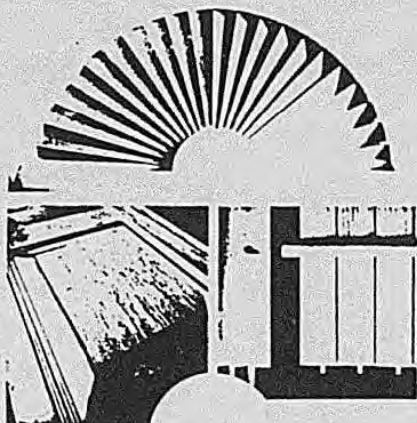
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Controlling TV viewing

By Allison Ashton

Television gets a bad rap when it comes to kids. Parents and educators blame it for turning young minds and bodies to mush. Poorly handled, too much time in front of the tube could do just that.

Television also can be a powerful educational tool, both in the classroom and the home. Educational programs aired on public television and cable channels such as The Discovery Channel are targeted directly at kids.

Many, such as "Sesame Street," encourage younger kids to learn basic skills. Public television's "Reading Rainbow," now in its eighth season, features books narrated by celebrities such as Bill Cosby, Jane Curtin, Madeline Kahn and James Earl Jones, followed by "kid on the street" interviews and book reviews by pint-size reviewers.

Special software and video programs also are coming into the classroom. In an effort to capture the attention of the media-savvy MTV generation, blockbuster moviemaker George Lucas teamed with National Geographic to create "GTV: A Geographic Perspective on American History."

GTV offers 40 self-contained, two-hour video segments using solid historical content, provided by National Geographic, and hip music, audio and video effects from Lucasfilm.

In an effort to keep junior high and high school students in touch with current events, some schools have subscribed to programs such

as Cable News Network or Channel One, a glitzy, teen-hosted newscast to be broadcast to students first thing in the morning.

Other schools continue to bring current events into the classroom the old-fashioned way, though — through newspapers and weekly newsmagazines, which many educators prefer. Students get quizzed on the week's major headlines or, in some high school journalism classes, evaluate the coverage itself.

SCHOOLFACTS

Many teens are unable to read proficiently

Percentage of 13-year-olds who have difficulty reading

Hispanic

65.1%

Black

60.8%

White

36.7%



SOURCES: National Center for Education Statistics; Newsweek magazine

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LEARNING EXCELLENCE Schools are getting back to basics



LEARNING EXCELLENCE — Innovative teaching methods help children learn faster and more efficiently. Shown here: A teacher coaches a pupil through the Writing to Read program, which allows students to learn at their own pace.

By Lisa Castiglione

In the 1960s, the race for space spawned an increase in homework demands as U.S. educators felt that American students were lagging behind Soviet schoolchildren.

Homework took a backseat to concerns over physical and mental health in the '70s and the workload was decreased.

The '80s trend toward conservatism brought fears of whether American children were as culturally literate as their overseas counterparts.

Today, schools are getting back to the basics.

But the one thing that hasn't changed is the battle between parents and children over getting the homework done. Children dread hours of pencil pushing at the kitchen table; parents dislike arguments over the subject and the frustrations they bring.

Child experts are recognizing that parents' participation in their child's education, from understanding homework to communicating with teachers, is important to his success in school.

THE VALUE OF HOMEWORK

Homework is valuable to your child because it teaches decision making, exercises judgment, improves reading skills and encourages self-discipline and responsibility.

The work is most useful to the student when it supplements classroom activity. But it can only help if the student does his homework promptly and the teacher reviews and returns it promptly, according to Melitta Gutright in her book "How to Get the Best Education for Your Child" (Doubleday), from The National PTA Talks to Parents series.

In addition, the best homework assignments consider the individual, honor learning and development styles, connect family and community, teach accuracy, precision and perseverance, teach thinking skills, show context, give feedback other than grades and involve all of the senses.

There are no set limits on the amount of homework teachers are allowed to assign students. In gen-

eral, teachers give assignments based on the age of the child.

Younger students, kindergarten through third grade, are required to do very little. Practicing printing or reading for about 20 minutes each night is the average, Cutright says. Children in the upper grades should expect about two hours of studying each night.

A PARENT'S ROLE

Homework can be valuable to parents, too. Beside the benefits of encouraging self-discipline and responsibility, homework provides an opportunity for parents to keep in touch with their children.

Discussing your child's day in school can give insight into peer pressure, problems and new trends. Cutright suggests parents ask to see assignments after they have been returned in order to talk about problems and praise the child's efforts.

Just reminding your child each night to do her homework is often not enough — for you or her. She may need help in organizing her assignments. But don't fall into the trap that some parents do and end up doing the work yourself in an effort to just get it over with.

Child magazine suggests several success strategies for parents and children at homework time:

- Provide a well-lit study area. A desk or table in a quiet place, supplied with a dictionary, pencils and paper, is conducive to studying.

- Develop a regular study routine. Homework right after school is best for some children, others may need a snack and play time before tackling the books. Whatever the schedule, enforce it.

- Help — if your child asks you.

Your child should be told that homework is ultimately his responsibility.

- Be positive and success-oriented. Compliment your child on her successes and her efforts. Stay away from criticism that is not constructive.

- Reinforce homework with outside activities. Show how math problems or science assignments relate to the outside world.

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What schools don't do

By Sharon Williams

When it comes to touchy, controversial topics, some schools do, and some schools don't.

So, it's up to parents to assess the social, moral and ethical education their children are getting, and improvise if necessary.

Happily, the resources are plentiful. Task forces, community programs, books, videos and seminars, and literature offered through hospitals and public health clinics, can provide the information parents and students need to get the facts straight on the following topics:

- **Sex education:** Studies show that sex education in schools isn't getting the message across, since the rate of teen-age pregnancies is at an all-time high. And, when it comes to sexually transmitted diseases, even some adults are still confused.

Thus, experts say today's discussions on sexual education should go beyond conception and birth to include sexually transmitted diseases, the dangers of unprotected sex and the virtues of abstinence.

- **Drug abuse:** Kids can't say no to drugs if they're uninformed,

many experts contend. To help parents, there now are comprehensive prevention, intervention and treatment guides and programs for preschoolers through teen-agers.

Such resources give parents the information they need to help their children survive the most crucial drug-susceptible years.

- **Prejudice and discrimination:** Children between the ages of 2 and 5 become aware of gender, race, ethnicity and disabilities, and what they learn during the early years will largely influence their attitudes.

Thus, parents must be prepared to deal with their child's curiosity with specific, objective, age-appropriate information, and can strive to see that schools do the same by promoting parent-teacher study groups and workshops designed to help children grow up without prejudice.

Guides such as Louise Derman-Sparks' "Anti-Bias Curriculum: Tools for Empowering Young Children" (National Association for the Education of Young Children, Washington, D.C.) can help prepare both parents and educators for those tough questions ahead.

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Best options in schools, child care

By Sharon Williams

A child's education begins on her first birthday, and from that day forward she will learn much about her world from those around her.

So, naturally, parents want to handpick those who will be her teachers.

Most moms and dads want the best care and instruction their money can buy, but finding the modern-day equivalent of Maria Von Trapp or Ann Sullivan isn't always a matter of laying down top dollar.

In fact, one might say good help is hard to find when factors such as tight budgets, demanding schedules and logistical constraints enter in. The search is already tough enough given the high demand and long waiting lists for the best schools and services.

While no set formula will lead to the perfect person or facility, the many options available offer a crayon-colored rainbow of hope. Approaches to child care and teaching become more creative by the day in hopes of making what is best for babies of all ages achievable for everyone.

Following are a few examples of what is new in care and classrooms:

CARE GIVERS

Baby sitters: The days of the clock-watching, gum-popping teen-ager aren't over yet, but the stereotypical baby sitter has done some growing up. Today's job description often refers to a more mature, better-paid care giver

who does far more than just "watch" the children.

Many working couples now hand a large part of their parental load over to their baby sitter, who today might be asked to read to her young charges, help the older ones with homework, provide transportation to appointments and activities, and perhaps even pitch in with housework and meal preparation before calling it a day.

And, it's not unusual for today's baby sitters to come on the job with training, thanks to first-aid classes, baby-sitting seminars and even videos such as "The Videoguide to Safe Baby-Sitting" (Laclede Communication Services).

The word-of-mouth process of locating baby sitters has changed, too. Although reliable, the neighborhood referral system too often left newcomers out in the cold. Now, you can find prospective sitters through classifieds, job services, community bulletin board postings and baby-sitting services and agencies.

Cooperative baby-sitting: Friends and neighbors are joining forces through cooperative baby-sitting, where stay-at-home moms mind the children during the day in exchange for evening and weekend baby-sitting that is provided by the working mothers.

The peace of mind parents enjoy knowing their little ones are with a trusted neighbor is priceless, yet such situations don't cost anything but the participants' time. And, while formal training

will be present only if there is a teacher in the group, homegrown activities and outings can keep things lively at the day's particular home front.

Nannies: Once reserved only for the rich, nannies have moved into the mainstream now that more moms and dads have careers as well as children.

The high demand for the convenience and experience these live-in helpers bring has brought about the birth of nanny agencies. Such services screen job-seeking nannies, then match them with compatible families.

Bear in mind, however, that Mary Poppins doesn't come cheap. A more economical option lies in college-age students who come to live with families in exchange for child-care responsibilities. Students save the expense of room and board, while parents reap the benefits of around-the-clock help.

Straight from Europe, au pairs are another economical alternative. These young women, who come to live with an American family for a year, swap child care for room, board and a weekly stipend. National placement services such as EurAuPair and Ef AuPair bring au pair and host family together.

INSTRUCTION
IN THE EARLY YEARS

Day-care centers: The days of custodial care are all but over in day care.

From nationally franchised centers to those set up in a care giver's home, high-quality day-

care programs have child-development and educational focuses, and provide comprehensive child services including health care.

In keeping with the times, many centers offer expanded hours that go beyond the 9-to-5 shift, specialized activities targeted to specific age groups, after-school programs for kids who need only a few hours of supervision, trained personnel and generous staff-to-children ratios.

Preschool programs: Play schools, nursery schools, child-development centers, preschools and pre-K programs are more than just child's play these days.

Experts feel children can greatly benefit from such learning opportunities, and educators are already seeking ways to coordinate and integrate early childhood education with the total education process.

Parents seem to agree. An estimated 45 percent of all 3- and 4-year-olds will attend some form of early childhood education, and quality programs are in such high demand that many now have entrance requirements and waiting lists.

Private or public, such programs either offer a leg up on learning through academics and structure, or follow "play is work" developmental principles. Although the myriad programs offered overlap in function, they vary widely in sponsorship and cost. Thus, there is bound to be something for every youngster.

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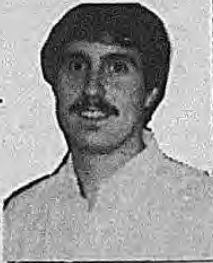
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KIDS' HOME LIBRARY

Books, videos for the smart set

By Alison Ashton
Barbara Bush isn't the only one campaigning for literacy — every parent and teacher knows how tough it can be to get a kid to voluntarily read a book. On his own. Without prompting from Mom and Dad. For — dare we say it? — pleasure.

One of the most satisfying challenges of parenting is to introduce a child to the joys of reading. Books for parents, such as "Choosing Books for Children" by Betsy Hearne (Delacorte Press), offer tips on encouraging children to read, and suggest suitable books for kids from toddlers to teens.

New videos and audiocassettes on the market also can enhance your at-home reading program. Hearne suggests starting right away by reading to newborns. Nursery rhymes are soothing and touch-and-feel books for toddlers are a treat to the senses. When shopping for books, even for very small children, keep in mind that if a book seems boring to you, it likely will bore a child.

"There is no room for cutesy books, dull books or books that talk down," says Hearne. "Children are not inferior. They are small, but they feel, think, listen, and see just as much as adults. Some feel, think, listen and see more."

But what if you read to your child constantly, surround him with gorgeous, tempting volumes and he is still a reluctant reader?

Get tough, says Barbara Holland in *Parents* magazine. Her method employs a little reverse psychology to seduce a child to the wonders of reading.

- Stop telling your children to read.

- Buy some books. Library books, Holland notes, have an "urgency" about them that might intimidate a would-be reader. Once she is converted, however, a library card will be her ticket to literary freedom.

Bookstores are the first place to try. But don't overlook second-hand bookstores or even garage sales to help you stock up. Buy lots of books — choice is important — and spread them around the house.

Children's magazines are another option. *Boys' Life*, *Cricket*, *Highlights for Children*, *Kid City* and *Sports Illustrated for Kids* are just a few.

- Delay bedtime for a few nights. Let the kids stay up and watch television — or do whatever they want.

- Remember bedtime. And make it early enough so the kids balk at going to bed.

- Give in a little. Tell them if they're not sleepy, they can stay up and read for 10 minutes. But only read. And only for 10 minutes. If they are restless and bored before going to sleep, reading will be a welcome antidote.

Leave what your child reads, how often he reads and when he reads up to his discretion. He might read a book several times over before moving on to the next

title. Or he might go through a spell of starting a book only to give up after the first few chapters (how many adults do that, too?). Remember that reading for pleasure is not an assignment.

Following are some new book and video titles to consider on your next trip to the bookstore or library.

TYKE TOMES

Science and nature books introduce children to the world around them. "My First Nature Book" by Angela Wilkes (Knopf) includes special projects for readers to do at home. Kathryn Laskey's "Traces of Life: The Origins of Humankind" (Morrow Junior Books) introduces children to paleoanthropology and the findings of scientists such as Charles Darwin and the Leakeys.

For very young readers, try "My Poke & Look Busy Book" by Nicoletta Costa (Grosset & Dunlap), which features 25 activities, including stencils, jigsaw puzzles and coloring, to teach the basics of counting and ABCs.

To teach kids that the generation gap can be bridged, there is "My Great Grandpa" by Martin Waddell (Putnam). It tells the story of a little girl who learns, "My Great Grandpa is slow. His eyes are weak and his legs don't go. But he knows things that no one else knows, things he tells me when we go out."

Kids who have an interest in theater will enjoy "Never Say Macbeth" by British children's author Shiela Front (Doubleday), in which the young hero is taken on as an apprentice by a famous Shakespearean actor-manager.

Books to read aloud to young children include "Bunny Party" by Lena Anderson (R&S Books); "If I Owned a Candy Factory" by James Walker Stevenson and illustrated by his father, *New Yorker* magazine cartoonist James Stevenson (Greenwillow); "Jessica" by Kevin Henkes (Greenwillow); and "The Twelve Dancing Princesses" by Marianna Mayer (Morrow).

KID VIDS

Carefully selected video and audiocassettes can help recruit a child to reading. Or at least getting off the couch.

Interactive videos are the newest thing for the TV. "101 Things for Kids to Do" (Random House Home Video) is hosted by popular children's entertainer Shari Lewis. "Neat Stuff to Make for Kids" (Young America) offers clear instructions for kids and parents who supervise the crafts projects.

The Read and Sing series from JCI Video Wonders tries to make reading fun for young children. The two-story, half-hour videos include a read-along presentation of such popular stories as "Monster Under My Bed" and "Maxwell Mouse." Also from JCI is "I Can Dance," narrated by ballet teacher Debra Maxwell.

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STYLISH KIDS — High-top sneakers, cotton twill trousers and turtleneck sweaters are just a few of the fashion staples tykes will wear to school. Shown here: Boys' back-to-school clothing by TFW Kids.

By Tershia d'Elgin

Kids funneling into a school yard display a remarkable, if sometimes unnerving, chic. They're a varied lot, each type with its own dress code, hairdos and mannerisms.

Don't try to delude your children into believing that clothes are incidental. Any memory of your own upbringing should remind you that being accepted counts enormously.

From kindergarten through high school, the basic fashion types are six in number. And boundaries between school and play clothes are fading. Chances are your child will treat his or her clothing type as a virtual uniform.

SMALL TYKES

An expensive pair of athletic shoes, preferably Nike Airs, is your child's key to sports stardom.

Cool kids this season will be dipping into ever-more-colorful comfy coordinates, the hippest being screamingly bright Aussie prints with surf/skateboarder overtones. Dinosaurs, bugs and pop-eyed sharks litter the smaller people's prints. Older children's patterns are more abstract or fetish-oriented.

"Iced brights" is the latest color buzzword. Cooler weather brings on printed leggings in an ever-wider array for the chicks. Guys will move into sweats and an assortment of voluminous splashy print pants.

Andirondack coats with drawstrings and other wilderness-derived jackets cover the look.

Boys wear baseball hats, backward. Girls have plucky little hair or bangs and ponytails.

While it makes education seem like a less serious business, wardrobes in this category are by far the most reasonably priced and practical.

ROCKERS

Rockers are shaggy-haired, black-bedecked teen devils. They slink around in tight denim, black T-shirts, colossal belts and clunky iron accessories.

Old tennis shoes complete the look. New clothing for this category

is a special challenge since it must be made to look slept in. For special occasions Rockers wear leather.

MODS

Mods are the exotic underbelly of teen life. Their magenta or blue dyed hair, alabaster skin, extreme makeup (even on the guys) and blackened eyes combine to leave the singular impression that they know something you don't. The good news is they can be completely and happily outfitted at resale shops.

Old rayon and polyester dresses with weird bodices and swooshy skirts for the girls are worn with non-matching tights in rich colors. Boys are in big trousers, retro shirts and suit jackets with rolled-up sleeves. Pointy-toe shoes, preferably festooned, are the most desirable.

PREPS

Every parent's ideal pupil, these kids take pride in their appearance. They like the classics that can be worn for more than one season.

Spawned of L.L. Bean/J. Crew persuasions, Preps wear corduroy trousers or pleated skirts, crisp shirts or relaxed turtlenecks and deep earth-tone sweaters or sweater vests. They're shod in moccasins, penny loafers or very clean canvas tennis.

Ralph Lauren and Laura Ashley provide their benchmark. Polo shirts for the guys, lace collars for the girls.

The Gap is another of their stamping grounds. Look for thick white mock turtlenecks or T's with blazers and jeans — not acid-washed, but always light blue.

When girl preps wear sweats, they're apt to wear them with pearls. Hairdos parallel jock dos, except prep girls wear more headbands. Mousse is used sparingly. Preps smell good.

TRENDIES

These children always manage to be on the cutting edge, most often at tremendous expense. Trendies wear what's in the shop

windows. Their considerable panache dictates what Bops, the last category, will be wearing next season.

Young male vanguards might venture a thin tie, loosely lashed, a Guatemalan belt or a loud sports jacket. You could find a dash of cowboy amongst the dudes, either a belt or boots, maybe a western-inspired shirt, but never all at the same time.

However, trendies are mostly girls. The emphasis is on the torso. Trendy girls will wear skinny tops covered with oversize poets' blouses or huge blazers known as "boyfriend jackets."

More body-conscious than Preps, Trendies partake of the Guess lingerie look with well-worn, though new, jeans. Along the sexy lingerie theme, Madonna's latest Jean Claude Gaultier clad concert will inspire its emulations.

Reggae accessories will help bring off improbable color and fabric combinations. Look for woven bracelets, leather cords with beads, hats, vests and coats embroidered with tribal shapes, and scarves tied Jamaica-style. Lacking reggae paraphernalia, any Third World baubles will do, be they African, South American or Far Eastern.

This look requires layers and layers of loose-flung brights. Colder weather? Add leggings. The new legging fibers for day are known as "evening iridescents." Panné will be considered more chic than plain Lycra or cotton interlock. New cottons are wide-

ribbed.

These stretchables will be seen in the same colors we drooled over in the '60s — lime, orange, lemon, fuchsia. The whole red range, from pink through ruby, will be popular.

Prints continue to explore astrological themes. Stars, moons and planets collide with more motifs than seen this past spring. Polka dots, a carryover from summer, will abound in the darker tones. These patterns are ideally adapted to slickers in cartoonish graphics.

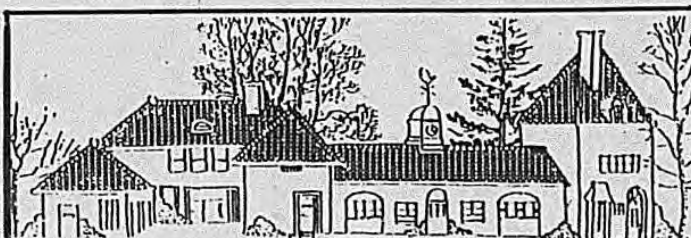
Trendies are not afraid of wild hats, the more pincushionlike the better. The hippest shoes have a Courreges feel with chunky block heels, some sling backs and pointed toes.

Hair is either very short or swifty and asymmetrical. Curly locks are not so space-consuming. But the reggae infusion leaves them unruly with corkscrews dangling before trendy teen eyes.

BOPS

Their look is usually a compendium of the other categories, not always successfully combined. Bops shop discount houses and sale racks. They are quick to acquire whatever the least expensive fad can provide — like Simpsons T-shirts. They accessorize at swap meets.

Why not beat the dollar drain and create your own back-to-school garb. Fabric stores are teeming with comfortable and easy-care fabrics echoing those available in ready to wear.



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CHORE WARS

After-school helpers learn responsibility

By Pamela Redmond Satran

As soon as she was capable of asking, my daughter began wanting to help with chores around the house. "Can I help paint?" she'd beg. "Can I help cook?" Usually, our answer was "no." Whatever we were doing was too difficult, too messy, too dangerous for her to do.

And then one day it hit us: We were idiots. If our child wanted to help, why not let her? Of course, we wouldn't allow her to light the charcoal grill or use the power saw, but certainly there were many things she could do that posed no harm to her and offered real help to us.

Here, a list of things you might want to consider allowing your child to help with. Most of these tasks can be handled by children age 5 or 6; some can be attempted by younger children.

LAUNDRY

If you place a laundry basket in your children's rooms, they can separate their own dirty clothes from those that are still clean. Children also can be adept at sorting clothes for the washer, at taking items out of the dryer and at folding at least their own clothes.

Most kids (like most adults) hate to put clean clothes away; you can aid in that task by organizing your child's drawers so all the T-shirts go in one place, all the jeans in another place, etc.

GROCERY SHOPPING

For a long time, I was in sole charge of my child's eating habits, deciding which foods she would eat for breakfast, lunch and dinner, shopping for and preparing those foods. There was only one problem with this technique: My child often would not eat what I had chosen for her.

My eventual solution: My child decides, helps write the shopping list by telling me which foods she wants and needs and, once in the store, she gathers her own food herself. At home she often prepares her own lunch, her own snacks. Occasionally I have to steer her away from a junk-food-heavy menu, but not as often as you might think.

The worst thing that can happen by allowing your children to do their own grocery shopping? Maybe buying an unripe plum, an overpriced brand of juice. What's best: Because they're in charge, your children will be guaranteed better eaters, with no prodding from you.

CLEANING

In my experience, kids take a perverse interest in cleaning things adults hate to clean. Like what? Like bathtubs. Like cabinets. They seem to especially like to clean things that can be cleaned with a spray bottle and a wad of paper towels.

If your child is too young to be trusted with a cleaning solution, fill a spray bottle with water and turn him loose on a tile surface.

Older children, though, will wash anything from a staircase to a sink competently and with pleasure as long as you don't mind if they use a whole roll of paper towels.

SOCIAL DIRECTING

I know a woman who works as a financial planner, runs a huge house and has three — count 'em, three — children under age 7. How does she do it? Her 4-year-old son, for instance, fills the backyard swimming pool with water, while the 7-year-old helps the toddler into her bathing suit.

And when they have a party, the oldest child not only picks out the invitations, but writes them. Most kids capable of writing and dialing the phone love jobs like this and are certainly able to arrange their own play dates, write their own thank-you notes, even write return addresses and put stamps on your correspondence.

And what are you doing while your child is handling all this work? Catching your breath from all your other jobs, of course.

Top Polish Tennis Players At Woodbury

The spirit of "glasnost" is alive and well on Long Island!

The proof is on display at the Woodbury Racquet & Fitness Club, where as part of a unique agreement — made possible by the democratization of Poland since the collapse of the Communist government there last year — two top young Polish tennis players have received scholarships to participate in the Club's intensive summer training camp.

According to Chuck Russell, the Club's director, the scholarships were offered to the players — Maciej Jozhiak, age 13 and Lukasz Glasser, age 14 — following an agreement to bring the boys to the U.S. between Mera and Warszanianka, two private tennis clubs in Warsaw, and the Polish-American Tennis Association, based in Flushing.

The agreement is the first ever between private tennis clubs in both countries. Prior to the collapse of Poland's Communist government, all Polish athletes had to have government approval in order to accept invitations to play outside the country.

The Woodbury Racquet & Fitness Club now celebrating their 20th anniversary season has a history of involvement with many international players and pros. The Club's friendly atmosphere also attracts over 300 local juniors weekly in their highly acclaimed Fall and Winter tennis programs.

For further information on the exchange program, or regular lesson programs, you may reach Chuck Russell at 367-3100.

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Keeping your child healthy and safe

By Karen Caldwell

A child is a valuable, yet vulnerable, little being.

Parents, teachers, care providers — anyone concerned with the health and safety of children — will want to heed the information and suggestions that follow.

THE TOOTH, PLEASE

Today's kids can join the cavity-free generation. New sealants are a painless, simple way to prevent bacteria from destroying young teeth. By bonding a plastic material to your child's molars, your family dentist will prevent future problems — and expense.

A child who dreads orthodontia might benefit from being reminded that new methods of straightening teeth include clear-plastic braces and removable appliances. Besides, braces are no big deal — even grown-ups are wearing them nowadays.

INTAKE TROUBLE?

In the book "Solving Your Child's Eating Problems" (Fawcett Columbine), authors Jane Hirschmann and Lela Zaphiropoulos discuss their belief that rather than battle children over the foods they eat, it is better to allow them to eat what they choose — within reason — and when they choose.

But what if your kids got off to a bad start and have terrible eating habits? If a child shows symptoms of compulsive overeating, anorexia or bulimia, get help before the problem becomes chronic and possibly life-threatening. A school counselor or physician can refer you to therapists and clinics that treat eating disorders.

NOW EAR THIS

You know the importance of having your child's eyes checked, but did you know that a hearing exam also is essential?

According to ear, nose, and throat doctor Robert Ruben, language development and hearing loss are closely related; you should pay attention to your child's speech, vocabulary and listening skills to determine if there's a potential problem.

Fortunately, thanks to modern technology, doctors can diagnose hearing loss in very young children — even newborns. With proper treatment and/or remedial education, most children quickly make up for lost time.

LEARNING DISABILITIES

If you're told your child may have a learning disability, take heart.

The first step is to pinpoint the problem. This might involve an IQ test, tests that measure the child's strengths and weaknesses, classroom observation and conversations with teachers.

Depending on the nature of the problem, your child may also need medical, neurological and psychological testing.

"A single test or observation is

never sufficient," advises *Parents* magazine.

Whether your child is diagnosed as having dyslexia or simply can't sit still, he or she can access special classes — either at school or at privately operated learning centers.

TOUCHY ISSUES

How do you protect your children against evils such as child abuse and abduction — while maintaining their innocence?

A coloring book, "Little Body Guards Safety Club," distributed to elementary schools by the Northern Bathroom Tissue corporation, has a fun, yet informative approach. It teaches kids to:

- Check in with their folks often and tell them where they are playing.

- Use the buddy system and always walk with a friend.

- Know their full name, address and phone number — and/or wear an I.D. card.

- Lock doors when they're home alone and never tell anyone over the phone that their folks aren't home.

- Know how to dial the telephone operator and the emergency number in their area.

- Ask the right person for help if they're lost in a public place.

- Tell the difference between touching that makes them feel happy and that makes them feel "funny" (and how to "yell and tell").

- Beware of strangers ("stranger" rhymes with "danger," and "stranger + car = danger + far!") — and never accept money, toys or candy from them.

BEFORE YOU PANIC

Emergencies *do* happen, and if you're prepared, you can spare a child needless pain and discomfort.

Keep a complete emergency medical kit in your home (ask your pharmacist, family physician or nurse practitioner how to stock it).

Post the numbers of the local poison control center, as well as police and fire departments, near your phone.

Attend a class in first aid offered by the Red Cross, YMCA or at a community center or college. Or study a book on the subject and keep it handy. If you have infants or toddlers, you might want to order a video endorsed by the American Academy of Pediatrics, "Baby Alive" (Twin Tower Enterprises).

You'll also want to invest in a good general sourcebook that details the symptoms and signals of childhood illness.

AND DON'T FORGET

Little nuisances can spell big disasters when large groups of children get together.

Head lice, for instance, spread rapidly. Teach your children not to share clothes, personal grooming aids, barrettes, hats, helmets, headphones — even sleeping bags. Fortunately, head lice are easy to control, using an over-the-counter pediculate shampoo.



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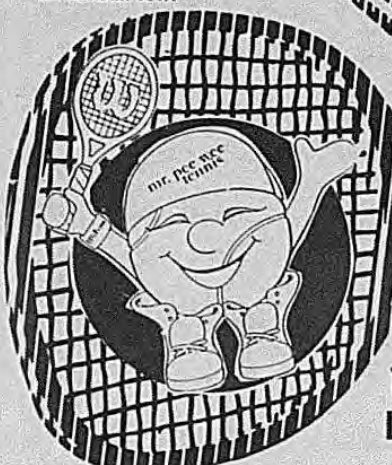
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ATHLETIC ACHIEVERS Sports and fitness for small fry



ATHLETIC ACHIEVERS — Encouraging children to be physically active sets a pattern for lifelong exercise.

By Alison Ashton

Your child's physical development is as important as his mental development. In fact, many educators believe there is a crucial link between physical activity and scholastic achievement. Moreover, children with better motor skills gain more social acceptance from their peers.

A recent University of Quebec Department of Health Sciences study, reported in *American Health* magazine, demonstrates the dramatic difference physical activity can make in a child's academic development.

One group of schoolchildren participated in one 40-minute physical education program a week; another group devoted an hour a day to physical education. The group that had P.E. every day rated better academically — despite the time it took from their studies.

The problem, reports *American Health*, is that when school budgets are slashed, physical education programs are among the first to go. That puts the onus on parents to make sure their children stay active through individual or team sports in the community and at home.

FITNESS FACTOR

Ideally, your child's physical activities will lay the groundwork for lifelong exercise habits. And parents who are active themselves set a good example for their children.

Encourage your child's natural urge to move around. Let his interest be the guide. If he wants to join you for a jog around the neighborhood, encourage him, but don't be disappointed if his attention wanes quickly. Young children, especially, thrive on variety.

Also consider what skills an activity will develop. Soccer and karate develop coordination. So do hockey and tennis. Swimming is good for flexibility.

Another important by-product of children's sports is what they do for a child's self-image.

"There is no more effective way of developing a child's self-image than by the early and frequent ex-

posure ... to athletic movement and eventually to sports," says Eric Margenau, Ph.D., in "Sports Without Pressure" (Gardner Press Inc.).

The beauty of positive early exposure to sports, says Margenau is that it can help a child through awkward periods of development. In addition to improving overall physical development, it teaches kids to interact with their peers, how to cooperate and the value of teamwork.

COACHING KUDOS

The competitive spirit is a good thing — if it's handled right. Most educators say a child shouldn't participate in competitive sports until she is 8; others recommend waiting until 10 or 11.

Team sports, such as softball, hockey, basketball and soccer require a child to interact with team members. This is good for kids who are outgoing or for a child who needs the security a team provides.

Kids who prefer individual sports, such as tennis, golf, running or swimming, also can compete on school or community teams and will still derive social benefits.

Because children physically develop at vastly different rates, look for coaches and teams that stress effort over innate ability. Good coaching can make all the difference for a little late bloomer.

Since many parents end up coaching Little League, Pop Warner and junior soccer teams, books such as "A Parent's Guide to Coaching Baseball" or "A Parent's Guide to Coaching Soccer," both by John P. McCarthy Jr. (Betterway Publications), offer sport-specific as well as general coaching tips.

And look for coaches who share McCarthy's philosophy:

"Kids talk about winning, but they care more about how they feel about themselves," says McCarthy. "Don't put pressure on them to win. It's not important; their feelings are what's important."



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AFTERNOON EXTRAS Hobbies, jobs and other pluses

By Sharon Williams

School is out, but that mid-afternoon bell is more like an alarm clock than a 5 p.m. whistle for schoolchildren of the '90s.

Sure, classes are over. But for many, the day is just beginning.

Hundreds of choices line the pathway from homeroom to bedroom each day.

And, while these after-school activities often have little to do with the three R's, experts say they provide an education in their own right. Through them, a child can become well-rounded, gain new friends, be exposed to new things and develop self-esteem.

Wondering what activities are right for your child? Even if you have always dreamed of parenting a violin prodigy, experts suggest parents steer their children toward activities related to their budding interests.

By finding out what they like to do in school, what they like to do when they are out, what they would like to become better at and what they would like to learn that they don't already know, parents can get a clearer picture of what their children want.

Moms and dads can then edit the "wish-lists" in terms of the family budget and schedule to come up with the most feasible possibilities.

So what's going on after school? Following is a rundown of some of the most popular pastimes and pursuits:

AFTER-SCHOOL PROGRAMS

A good after-school program is much more than just something that fills the hours when a child is free, but his parents are not.

Whether it's housed in a school, church or even a private home, an after-school program can offer a variety of activities such as art and dance classes, crafts, sports activities and games that are guaranteed to keep kids occupied, happy and even productive.

When searching for such a program, experts suggest parents look for teachers who love to work with their child's particular age group. The setting isn't nearly as important as the structure: An after-school program should not be a continuation of school nor a scheduleless situation, but rather, a place for a child to pursue something new and different.

OLDER FRIENDS

Children can spend time with an elderly best friend through a variety of programs that benefit both the older and younger generations.

For latchkey children, special phone services in many areas connect them with senior citizens who can fill the all-alone hours with stories, instructions and sound words of advice.

Another option lies in Foster Grandparenting programs offered in many communities. Kids keep company with an elderly companion after school a day or two a week, perhaps spending time at a zoo, playground, museum or bak-

ing chocolate chip cookies in a cozy kitchen.

PET PURSUITS

No, the afternoon hasn't gone to the dogs just because your youngster has spent the last two hours fawning over Fido or the fish.

Besides becoming instant best friends that give unconditional love, pets help children become sensitive to the needs of others and introduce them to a daily routine of responsibility.

After school, kids can be involved in feeding, brushing, cleaning and even training their furry, feathered or finned friends. They'll learn something with every lick and splash.

CLUB COMPANIONS

Your little student can learn everything from how to tie a square knot to how to raise a baby pig under the watchful eye of a competent, experienced leader through service clubs and organizations such as Girl and Boy Scouts, 4-H and big Brothers/Big Sisters.

No matter what the activity or subject for the day, the big benefit of such clubs is that they emphasize structured activities based on group cooperation rather than competition — a rarity for youngsters who are constantly encouraged to make the grade.

BACKYARD ADVENTURE

A magical world filled with fitness and fun lies in your own backyard when it's furnished with play equipment.

Good play equipment allows your child to practice gross motor skills such as climbing and jumping, not to mention the workout his imagination will get dreaming up games and pretend situations. With sturdy, safe swing set/climbing gym combos, recess can go on all afternoon.

LESSON PLUS

The course listing of after-school lessons available for children could rival that of a major university: tap, acting, ballet, computer, acrobatics, art, languages, gymnastics, karate, jazz, swimming, guitar, piano, photography, cooking, etiquette, tennis and golf, just to name a few.

So go ahead. Let them shuffle, stroke or swing the afternoon away. Sure, you might find you have prodigious talent on your hands. But experts say that the opportunity you're giving your child is reason enough for enrollment; she'll learn about her world and her own abilities by dabbling in a number of different areas.

Lessons in dancing, singing and instruments are especially valuable because children tend to love music from infancy. Musical activities can provide them with important experiences that help develop physical coordination, timing, memory, visual, aural and language skills and personal and social awareness.

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KID CUISINE

Breakfast, lunch, snacks for kids

By Linda Susan Dudley and Alison Ashton

All parents, especially working parents, sing the lament of getting their kids to eat the right foods. How do you turn a child away from temptation when time is short?

It has never been more important to police your child's eating habits. The truth is, kids are heavier and less fit than they were a generation ago.

For starters, before you dismiss breakfast, lunch or snacks as not all that important — that children can make up for bad food at some other meal — consider these statistics on children released by Health Management Resources:

The incidence of obesity among 6- to 11-year-olds has increased a whopping 54 percent since 1960. Another recent study shows that as many as 40 percent of children in the 5- to 8-year-old range are obese. This compares to an increase in obesity for adults of 15 percent since 1960.

Following a healthy diet yourself will set a good example for kids. It also helps to involve them in shopping for and preparing foods.

BREAKFAST BLUES

According to psychologist Keith Connors of George Washington University Medical School, kids really are less alert when they skip breakfast.

Yet, seeing that youngsters have a nutritious start to the day is not an easy task, especially for working parents.

One key coping strategy: Prepare as much as possible the night before. Set the breakfast table and get a head start on lunch making.

If everyone has time to sit down to breakfast as a family, great. Otherwise, take a tip from the fast food places all kids and teens adore and offer mobile breakfast foods, such as hard-boiled eggs,

fruit, scrambled eggs in pita bread or bran muffins.

Fruit chunks in a plastic bag and a mini-carton of yogurt also can provide go-power for the day, whether eaten at the table or on the run.

For breakfast drinks, start with orange juice but offer variety with pineapple, pink grapefruit and exotic fruit-drink blends.

Also think creatively to tempt a child's palate first thing in the morning. Non-traditional a.m. foods, such as pizza or soup, also jump start a sleepy kid.

LUNCH-BOX LORE

How do you keep Jenny from trading all her healthy carrot sticks for a couple of potato chips? Or Bobby from swapping his applesauce for a cookie?

When it comes to lunches, ask your children what they want. This doesn't mean filling a brown bag with candy and cookies as if every day were Halloween. But while your concept of a healthful lunch may appeal to another

adult, it may not be appetizing to your child. It is possible to reach a happy medium.

Here's how two lunches compare:

Higher fat lunch box: Bologna sandwich with mayonnaise, 410 calories; 1-ounce bag of potato chips, 150; 3-ounce package of cookies, 375; whole milk, 160. Total: 1,095 calories.

Lower fat lunch box: Bologna sandwich with mustard, 325 calories; 3 cups air-popped popcorn, 75; 5 ounces of grapes, 100; non-fat milk, 80. Total: 580 calories.

Other ideas include substituting unsweetened banana chips for corn or potato chips, or mix banana chips, raisins, popcorn and a few pretzel sticks in a plastic bag.

Hide vegetables by adding finely chopped or grated celery, carrots or green pepper to tuna or chicken salad. Stuff celery sticks with peanut butter or low-fat cream cheese.

Use different breads, such as pita pockets, bagels, English muffins, rice cakes or rye.

Consider sandwich alternatives, such as a thermos filled with pasta salad, baked beans, hot soup or chili.

Remember that many children prefer fruit that is cut up to a whole piece. Also avoid packing huge lunches for small children. Too much food can be intimidating for them, so start with half a sandwich and some fruit.

Don't forget that what contains the lunch is as important as the lunch itself. Sending a junior high schooler his lunch in a Dick Tracy lunch box would be a devastating lunchroom faux pas. Older kids usually prefer an understated brown paper sack or low-key Tupperware containers to the loud lunch boxes little kids love.

But there is a cache in cartoon-motif lunch boxes for younger kids, and most parents end up buying a new one every year. Top motifs this year are Dick Tracy and Teenage Mutant Ninja Turtles.

SNACK TIME

Even if they have eaten an energizing breakfast and a tasty, nutritious lunch, most kids need something to tide them over until dinnertime. Again, parents need to provide nutritious alternatives to junk food treats.

Snacks rich in carbohydrates and fiber provide a perfect energy-boost in the afternoon. Try popcorn, low-fat oatmeal cookies, peanut butter on rice cakes, frozen fruit bars or muffins. Other alternatives include frozen yogurt, sherbet or ice milk instead of ice cream.

Older kids can prepare something more substantial, such as a microwaved potato topped with low-fat cottage cheese or a health shake made with low-fat yogurt, skim milk and fresh fruit.

Kids' rooms, study aids, yard toys

By Debra Lee Baldwin

Children are small sponges; they absorb information from whatever they come in contact with.

That's why it's so important for parents, teachers and care-givers to provide kids with the best possible toys and study aids.

New products designed for children are not only innovative and stimulating, they encourage learning in a way that's painless — and fun.

SCHOOL SUPPLIES

Help your child look forward to starting school by providing can't-wait-to-use school supplies.

Gone are the days of yellow pencils and plain pencil cases. Today's writing implements glow in the dark, sparkle in the sunlight and are striped and starred in neon colors.

Erasers, too, come in a multitude of shapes — from sweet (little lambs) to shocking (slime creatures).

Even crayons have been updated. Colors that have been discontinued include maize, raw umber, violet blue and orange yellow; new ones are more vibrant (dandelion, wild strawberry, vivid tangerine, teal blue and more).

On lunch boxes, backpacks and notebook covers, Superman and Batman are OK, but Dick Tracy (plus all the movie's characters) and Teenage Mutant Ninja Turtles are hot as can be. Barbie is a perennial favorite, as is anything Disney.

For older kids, a trip to the office supply store is in order. Your preteen or high schooler will enter a kind of trance as he or she moves from shelf to shelf, looking for just the right felt-tip pen (among hundreds), the perfect personal organizer and the right color (and shape) of paper clips. Be patient — it's for a good cause.

New on the tech track are watches that incorporate calculators (from Casio), electronic language translators (Seiko Instruments) and electronic sketch pads (Sony).

BACK AT THE RANCH

What kids play with at home is an important part of their learning process. The following will give you ideas and encourage your kids to uncouch themselves.

A multitude of toys for tiny tots stimulate looking, listening, touching, grasping and responding. These include mobiles, busy boxes, cuddly toys and rattles. Once baby can sit up, provide stacking toys and shape sorters.

Toys that are low to the ground, such as pint-size shopping carts and ride-ons, help toddlers develop motor coordination. Challenge eye-hand coordination with toys that require handle-turning and knob-twisting.

Preschoolers enjoy make-believe play. Provide dress-up items, mini household or school props and puppets. Dolls inspire nurtur-

ing skills and fantasy play. Introduce simple jigsaw puzzles, story tapes, building sets and play instruments.

New from Ohio Art is the Dynamike; it's a microphone that turns kids into pretend performers.

During their early school years, your children will enjoy artistic toys, more advanced building sets and science projects. Electronic toys can be intriguing, but make sure they're not too advanced.

If you plan to put play equipment (a swing set and jungle gym) in your back yard, consider adding a sturdy plastic slide. Your kids will not only slither down it, they'll turn it upside down, balance on it, hide in it and use it for a fort.

Important sporting goods to include are jump ropes, bicycles and skates.

Young teens are into Nintendo — and the hand-held Game Boy version. Look in toy and video stores for rentable cartridges; there's also a monthly Nintendo magazine.

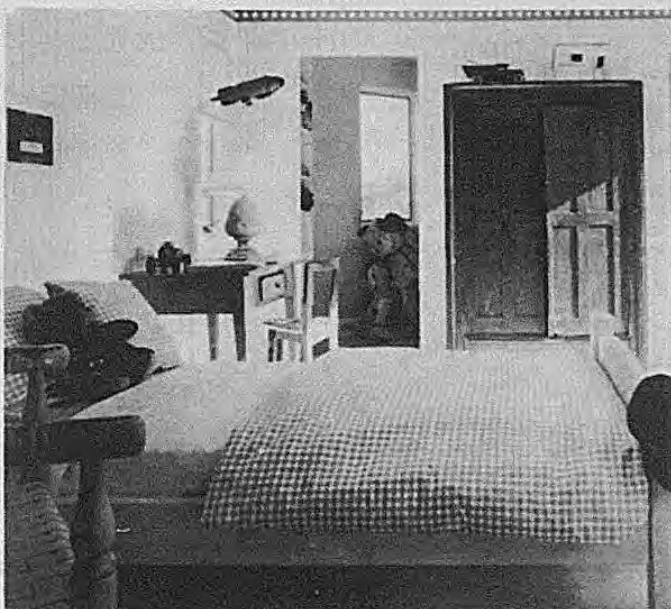
Kids of any age love crafts. Use holidays, birthdays and other events as sources of inspiration for handmade gifts and cards.

Most games aid in the development of children's ability to concentrate and solve problems; among the best are chess, Monopoly and the Japanese game of strategy, Go. This last is simple to learn, but complex enough to be a challenge to players of all ages and skill levels.

KID'S TURF

How do you change a child's room from chaos to a quiet haven of study and creative energy? Organization is key.

There should be plenty of places to store items, hang clothes, tuck stuff away — plus open shelves for ongoing and completed projects. Include a magnetized bulletin board, a hat rack to hold backpacks and jackets, drawers that



slide under the bed and a desk/study area.

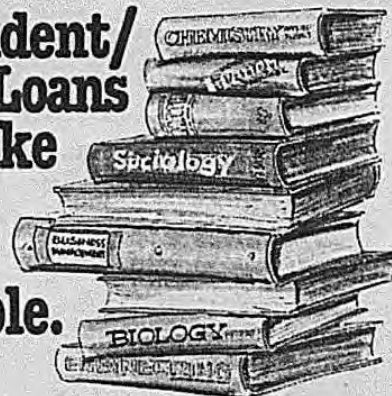
Flooring should be smooth but not cold and hard. Low-pile industrial carpeting is ideal — preferably in a dark neutral color or blend.

If your kids have secretly longed to draw on the walls, give them Colorforms removable stick-on vinyl figures. Another company, Decorate-It, uses the same principle as Post-it notes for story-related characters and props.

You might want to consult an interior designer who specializes in kids' rooms. He or she will determine your child's special interests and color preferences — and design a room that will "grow" with your child.

Consult the staff at a department store or home-furnishings center for advice on modular shelf/drawer systems and info on what items are most desirable for kids a few years older than your own.

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SCHOOLFACTS

Teachers and principals say that grade K-3 classes have too many students

Student-teacher ratio

Dept. of Education estimates

17.4 to 1

N.A.E.S.P. estimates

25 to 1

Recommended class size

15 to 1

SOURCES:
National
Association
of Elementary
School
Principals;
U.S. Dept.
of Education



PARTY PRIMER

Each year when I play managing hostess for my child's birthday party, I get a clearer idea of what really works for such events and what doesn't. We have had our share of disasters in the past: parties that were too big, too small, too wild, too quiet. This year, though, I think we finally have it down. Almost. Here, some dos and don'ts to consider for your own child's party:

• Do plan carefully for the day's events.

I am not by nature a planner or organizer; I believe most things go more smoothly when they're loosely structured, when there's room for improvisation. However, I have learned the hard way that kids' parties probably are an exception to this rule.

This year, based on past experience, I plotted carefully to be sure every minute of the two-hour party would be filled. The kids arrived at noon and the pizza arrived 15 minutes later. By 1, lunch was over, "Happy Birthday" had been sung, the cake was demolished and presents had been opened. And we still had an hour left.

• Do give the children something to do.

I mean this literally. My bright idea this year was to have a puppet party: The week before the event, I bought 10 pairs of white boys' tube socks, glue, yarn, magic markers, felt, buttons and ribbons.

At 1 p.m., midway through the party, I put the kids to work creating their own puppets. Except for a brief tantrum from the birthday

Dos and don'ts for kids' birthdays

girl, who didn't get the ribbon of her choice, this filled a relatively quiet and happy half-hour, to be followed by a series of puppet shows. Alternate ideas: making masks, constructing books, inventing a group story to be acted out by the children.

PARTY IDEAS

So your kid is crying for a party with more pizzazz? Following are some ideas for creative, memorable children's parties:

• Plan an excursion to a local natural history museum. Call to make reservations and ask if they offer special tours for children.

• Tour the city's historic area. Find out if there are renovated historic houses so kids can see how people lived "way back when."

• Get tickets for a matinee performance, such as the ballet or an afternoon at the ballpark.

• Spend the afternoon at the zoo or aquarium.

• Let a restaurant do the catering. Always call to make reservations and opt for eateries that cater to kids, especially ones that make a hoopla over the birthday boy or girl.

• Take advantage of the season and plan parties with a theme. Try an egg-decorating party for spring birthdays or making treat bags for an October party.

• Take them someplace unexpected, such as a cool, air-conditioned skating rink on a hot summer day.

Whenever planning group excursions for a party, always call to make arrangements ahead of time. Inquire about any group or junior discount rates and find out if the establishment does anything special for the honoree.

• Don't play competitive games.

A few years ago, I came up with what I thought was a great variation on Pin the Tail on the Donkey

— Pin the Jewelry on the Princess. The only problem was that the birthday girl's crown missed the mark on the princess, and the birthday girl burst into tears. I reminded my daughter this year, when she suggested games like Musical Chairs, of how much she hated to lose.

• Do request RSVPs by a specific date on the invitations.

It will ease things considerably if you know a few days ahead of the party exactly how many children will be there so you know how many goodie bags to make, how many hats to buy, how many places to set at the table. If someone hasn't called you to respond, call them.

• Don't let a party run more than two hours.

Two hours is the limit for most children; after that, they get tired and out of control. Be definite on invitations about the ending time of the party; some inconsiderate parents treat a party as a day-care center and show up when they feel like it if you're not specific.

• Don't go crazy trying to make everything perfect.

In the past, I have tended to get ready for my child's party as I would for one of my own, cleaning the house thoroughly, straightening out every corner, making sure each detail was perfect. The fact is, kids don't notice. Furthermore, 10 minutes after the party begins it will look worse than it ever has before. Save your energy and

cleaning supplies for afterward, when all the little darlings have departed, leaving cake crumbs on your rugs and chocolates on your couch, not to return for another year.

SCHOOLFACTS

A growing percentage of schools offer after-school child-care programs

Schools with after-school child-care centers



In 1970:
8%



Today:
22%

What are kids' favorite foods?



1. Pizza
2. Chicken nuggets
3. Hot dogs
4. Cheeseburgers
5. Macaroni and cheese
6. Hamburgers
7. Spaghetti and meatballs
8. Fried chicken
9. Tacos
10. Grilled cheese sandwich

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Ways to earn and learn after school

By Karen Caldwell

If your children get home from school at 3 and bedtime is at 9, they have six hours a day, 30 hours a (five-day) week, 120 hours a month — free. And that doesn't include weekends.

Sure, homework takes up part of that time, so do dinner and feeding the dog. Even so, kids nowadays have a lot of time on their hands. Naturally, you hope they're not spending it watching television or (worse yet) hanging out "somewhere."

Children are like sponges, ready and eager to absorb their environment. They're completely open to new experiences. And it's important to their self-esteem that they feel they're attaining goals and helping others.

Learning opportunities abound if you know where to look, and there are ample openings for part-time jobs. The key is to win your kids' cooperation and enthusiasm. Provide many suggestions, and encourage them to pick the ones that appeal most.

LEARNING AIDS

Problems at school? Watch that your children don't fall behind. Poor reading, math or study skills are handicaps. Deficiencies in these areas affect every subject, causing grades to plummet.

Good news: Your kids are not alone. The problem is so widespread that after-school learning centers have become a national phenomenon. Some emphasize math literacy, others reading and writing skills. All give pointers on how to study.

Private tutors are another option. Check at the employment office of a local college to see if students who major in appropriate subjects are available, or ask your child's teacher for recommendations.

Even if your children don't need help with the basics, you may want to enroll them in after-school language programs, or in those that introduce computers, art or drama.

If there is a science project looming in your child's future, get him or her started on it early, perhaps working on it one afternoon a week. Books such as "The Scientific Kid: Projects, Experiments and Adventures" by Mary Stetten Carson (Harper & Row) can help.

Have your child place a "help needed" notice on the bulletin board of a senior citizen's center. Retired individuals welcome opportunities to help kids who are eager to learn, and they can offer suggestions on everything from untangling long division to building a model steam engine.

Suggest that your child offer to trade services — such as errand running for homework help — with his or her adopted grandparent.

MUSIC MAESTRO

It's an unsettling thought: What if Beethoven had never come in contact with a piano?

Your child could have hidden musical talent. You'll never know

unless you take steps to introduce him or her to the world of music.

And even if your kid is no budding Bach, educators say learning to play an instrument fosters skills that complement those used in school.

"The mental disciplines learned through musical play and study, such as memory, concentration and symbol recognition, are just as exacting and in many ways similar to those underlying reading, mathematics and other areas of study," says Dr. Frank Wilson, a California neurologist.

Even preschoolers can benefit from learning a musical instrument. To find a qualified school or instructor, ask for referrals from friends, local music stores or members of the music department at a nearby college or university.

Teens should be encouraged to participate in their high school band. It's an excellent way to make friends, feel needed, learn self-discipline, take pride in a skill and blow off steam.

MONEY MAKERS

By the age of 12, most kids receive an allowance. Many parents require that children work for the money they receive, deducting for chores not done.

Having children help out around the house is a necessity in homes where both parents work. It teaches responsibility and lets the child know his participation is valued.

"A written list of tasks to be done and the order in which you expect them to be done is often the most efficient technique for setting up household routines," advises *Working Mother* magazine.

Teens in search of part-time jobs should have no problem finding them. There's a shortage of minimum-wage workers willing to fill positions at fast-food restaurants and retail stores.

But don't assume that slinging patties at Hamburger Heaven is an inevitable first job for your teen.

"Why settle for \$3.50 an hour when you can make \$6 to \$10 an hour by using your ingenuity?" ask Noel and Bonnie Drew, authors of "Fast Cash for Kids: 101 Ways to Be a Winner at Earning Your Own Money" (Homeland Publications).

The Drews suggest projects ranging from painting house numbers on curbs to pet grooming.

"Today there is a virtual gold mine of money-making opportunities for kids," says Noel Drew. "The secret is to watch for things people don't have time to do."

VOLUNTEER WORK

Sometimes being a volunteer offers more than working at a part-time job. Kids learn the rewards of helping others who really need them. They get perspective on privileges that they have taken for granted. And they increase their sense of self-worth.

Besides, the experience is likely to impress a college admissions board or prospective employer.

The current nursing shortage has caused a demand for hospital volunteers.

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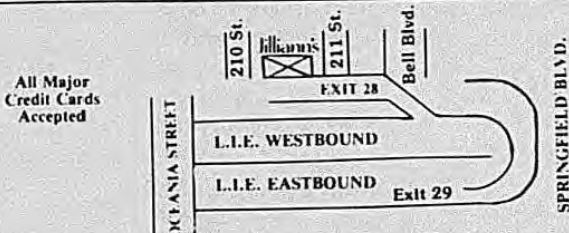
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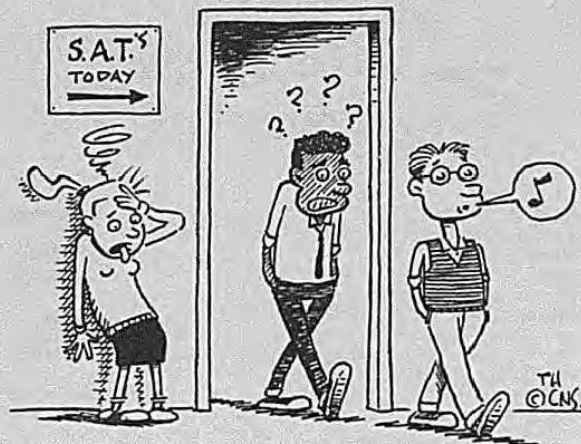
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HIGH SCHOOL COOL Getting the most from your formative four

By Monica Perez

Your teen-ager won't read this. But that doesn't mean he or she will miss out on the following ideas on how to make high school years the absolute best. Because, like so much else, it's up to you.

Think back: Though there were maybe one or two exceptional teachers who made a real impact on your thinking, and while much of what you studied *did* stick, what do you remember most about those four special years?

Dances. Friends and rivals. Huddling over the yearbook: "We'll always be best friends!" Your dress for the prom (if you went — it wasn't too hip back then). This was when you really began to think about the future — college!

Without pushing, this is the time to encourage your teen to jump in: "Get involved," says Laurie Hurl, a high school counselor.

"There are so many things for kids to join, so many opportunities," she says, reeling off "athletics — basketball and volleyball, music, band, singing, musical theater, performing arts."

How do you find out what sort of extracurricular activities your teen's school offers?

"PTA meetings," suggests Hurl. "Work with your child's counselor. Go to parent/teacher meetings. Call the principal's office."

Your school district office may have a communications department that offers brochures and flyers on all the programs offered for each school and between schools. School districts with MAGNET programs give your child the opportunity to commute to another school with a strong science, language, art, theater or other curriculum.

"There are hundreds of MAGNET programs," says Hurl.

Schools also have all kinds of clubs; often, it's within these groups of kids with like interests that lifelong friendships are formed. If your child has a special interest for which there isn't already a club, contact her counselor to see what it might take to form one.

Preparing for college is one of

the functions of high school, and with the scholarships available today, there's no reason why you can't do a little research and target a grant that your teen has a chance at. You may not realize that your daughter, who's a real track star, has a shot at any number of athletic scholarships. Perhaps your son is a math genius; there may be a scholarship out there he could get in a snap.

Contact your teen's counselor and find out about the better-known scholarships. There are books in libraries and bookstores that list thousands of college grants and scholarships that are there for the picking because they're not that well-known.

College prep courses are well worth the time. More than 40 percent of all students entering college this year will drop out before graduation, mainly because so many high school students aren't given the study skills needed to succeed in college. If your school doesn't offer a study skills course, look into private classes.

"The College Success Video," available through College Success Video (P.O. Box 481293, Los Angeles, CA 90048), covers time-management techniques, lecture note-taking, reading and marking textbooks, test preparation and test-taking strategies.

Does a part-time job interfere with your teen's study? Many experts agree that it depends on the number of hours your child is working (less than 30 is recommended). Work has its positive side, too. Certainly there's the money, but employment teaches kids time responsibility, teamwork and other skills they'll carry into future jobs.

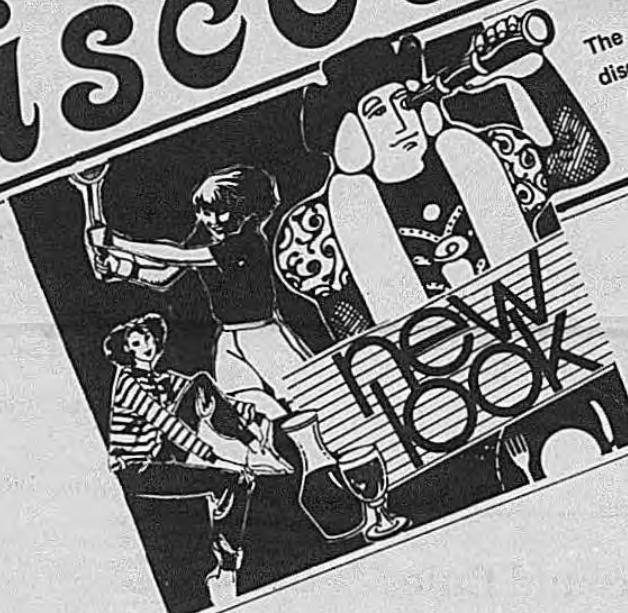
If money isn't an issue, your teen might want to look into an internship. He may be put to work answering phones or collating papers, but if it's with a company in a field in which he's interested, the time will fly by. Even businesses that don't have a formal internship program look favorably on a young person's willingness to work for free.

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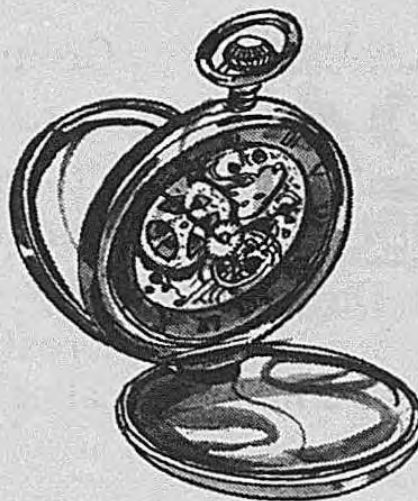
Discovery! Magazine

The newspaper edition that helps
 discover new writers, new ideas
 through Input and special
 family features.



Friday, August 24, 1990

Your Horology Scope



SEE PAGE 3



THE QUESTION OF THE WEEK

Do you think a World War is inevitable in the Middle East?



Most Input Callers Believe We Need Oil Conservation

Most callers to Input think that we should be undertaking some form of oil conservation in answer to this question: "A decade ago the U.S. was committed to cutting down on the use of oil. Is this now an idea whose time has come?" Here are some of the answers:

TOO LATE

Pres. Bush has extended his protective umbrella, that up until now, has been for American millionaires, to also cover the Arab oil sheiks. The given reason of maintaining our American way of making and riding in cars, riding in golf carts and cruising in motor boats as he has been doing for the past couple of weeks. It is my feeling that it is too late to concern ourselves on the use of oil. Cutting down on oil is an idea whose time should have been here 30 years ago, not today. C.C. **START SHOREHAM**

The chickens are now coming home to roost on the oil situation. The facts seem to be piling up that we should not have decided to get rid of the Shoreham Plant and we should not have allowed LILCO to change over to burning coal and oil. We could have done a little more research and made nuclear energy safer and in the long run it may have saved lives in wars. If we are now going to have to lose lives to protect oil then we did not do the safer thing by allowing people to scare our politicians into shutting it down. We can conserve oil again but it is still only temporary. N.H.

BIG OIL INTERESTS

I don't think the big oil interests want us to change. After all that would be cutting down some big fortunes and it would change the face of the nation by changing where the wealth would be. There are many other fuels that could be used other than oil but our money is tied to oil. Let us develop gasohol and get cars that can run on it. It is cleaner and should be cheaper. N.F.

ARABS WILL STOP

While there is a lot of sabre rattling in the Middle East I don't think that the Arabs are foolish enough to let one king ruin it for the rest. Oil would be worthless if the world changed to another means of energy. I think that this will blow over in a year or so and in the meantime other Arab nations are going to supply more oil. They will let the price go up some just to get in on the emergency but they will not let it go so far that we find other suppliers and other means of energy. H.F.

LONG OVERDUE

We are long over due to start cutting down on our high consumption of fuel. We waste so much on unnecessary trips and on frivolous things. We should immediately put in a way to cut down the amount of gas that cars use even if there is no war. Otherwise we are in store for a large round of inflation that could do a great amount of harm to the country. D.F.

OTHER SOURCES

I think that it is far too soon to believe that we are in an oil emergency. We may be able to do without Iraq by getting more fuel from the other Arab countries and Mexico and South America. We have been too good to the Arab countries for too long. They do not consider us customers anymore even though we buy most of their oil. M.B.

SAVE ENERGY

I think Pres. Reagan stopped oil exploration and incentives too soon. He stopped most of the measures that had gone into effect to reward saving energy and exploring for oil. Pres. Bush should begin by putting into force a new set of incentives and the states ought to enforce an odd, even day for getting gas tanks filled. These methods worked fairly well during the last emergency. K.G.

LET'S USE OUR BRAINS

Actually, there is no great mystery about the danger of our dependence on foreign oil. Even if we had adopted a beefed-up program of oil research and development, long range we would still be at the mercy of worsening supply and development. As the realization of the eventuality would be brought into focus by an enforced embargo on Iraqi oil, we approached the crisis completely unprepared to deal with it. At one time we talked about energy from the sun, the wind and other sources in the embryonic stages. Furthermore, we permitted nuclear power to be attacked politically negating its acceptance as a safe power source to the point where this leading nation is in deep trouble. Nuclear energy is still a safe and clean means of power production as a number of foreign nations have demonstrated. However, it was easier to increase oil imports and perhaps more politically desirable. About seven years ago I wrote to LILCO about Shoreham. Following is an excerpt from their reply: "The fact is that the plant we finally built was not the plant we originally designed and estimated because of hundreds of changes in codes and regulations which caused thousands of changes while construction was in progress." And, there was much more but clearly, politics did enter the picture as it probably has with respect to the entire power picture with its consequent effect on the oil situation. Obviously, alternative solutions to our dependence on oil, especially foreign oil, have got to be found with objectivity and free of political machinations. We've got the brains and the capability. Let's use them! P.G.S.

OTHER ISSUES

I find it especially strange that the bus no longer goes to Mid Island Plaza (now named the Broadway Mall). People who are not rich have to use the bus and it does conserve oil and gas. I think the lack of a bus hit store owners too. Old people who can't get to the mall are also affected. K.F.

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Discovery!

Your Horology Scope



By Don Pace

Have you gone shopping for a watch lately? Or looked at some watch advertisements in some of your tonier magazines? If you want to be a trend setter it seems you can buy a watch for almost the same price it would cost to purchase an inner Outter Hebride.

You can also purchase one for under \$10 which might last you a year if you're lucky and you might even end up with a free tatoo from it - you know, the greenmold kind.

And the places you can buy the more expensive kind just exude exoticism. With names like Bailey, Banks and Biddle; Black, Starr & Frost; Cellini; Van Cleef & Arpels; Chaumet, London Jewelers; Tiffany, Tournau; Cartier; Shreve, Crump & Low; to mention a few. And let's not overlook Macy's, Saks, Fortunoff and Bloomingdale's.

Watches can do an awful lot of things these days. They can record body temperature, take your pulse, act as a thermometer in water or air, include electronic games and calculators. You can own one that can do almost anything except reproduce itself but we understand there's one that can help you predetermine the gender of your potential offspring. So you can go from the biological to the illogical or logical depending on your point of view. Who knows? You might even call the Kid Rolley or Monet or even Gucci. (I can hear it now - Gucci, Gucci Gool)

Some watches are earmarked for divers, drivers, flyers and pile drivers, fisherman, bikers and yachters, swimmers, nurses, mothers, miners, mountain climbers, dude's, dads, doctors and dentists. And do you remember the one about - "It's Dentist Time" [2:30].

One of the big status things these days (especially with teenagers) is taking showers with a watch on. If the watch can't take this type of activity they don't want it. I take it that some of these individuals never take their watch off until the rigors of mortis.

The diving watches and chronometers are fascinating to look at. Although not in competition with the instrument panel of a 747 on a per square inch ratio they hold their own.

Except for your self-generating watches most watches today are quartz - battery operated. They are accurate to the nth degree but missing is the nostalgia of the old tic-toc, tic-toc. I doubt that Edgar Allan Poe could have written "The Pit and The Pendulum" with a quartz - battery operated time piece. But it is interesting to note some of the sophisticated materials that are going into the modern watch such as - Space Age Ceramics, Black Tungsten Carbide, Tritium (a glow-in-the-dark coating) and Tatanium.

The World Book Encyclopedia tells us there are over 60 million watches sold annually in the United States and it's been reported that at the European Watch, Clock and Jewelry Fair held in Basel, Switzerland this year, the Swiss watchmakers alone introduced more than 50,000 different models. I hear watch collectors (and there are many) are freaking out. You can spot them from their bulging eyeballs and Movado-like pupils. Here are some of the highlighted ones according to the June 1990 issue of Jewelers' Circular-Keystone.

Jaeger LeCoultre showed a new Atmos Clock with a perpetual calendar designed to be accurate for 6,000 years. (Leave a note for your progenies' progeny to reset the thing in 7990.)

International Watch Company debuted its automatic Grande Complication wristwatch. It took 50,000 man hours to perfect it in a 7 year time frame. Features include chronograph functions, a perpetual calendar that includes centuries and leap years without needing adjustment, a precise lunar display, a platinum case and an audible dual-gong mechanism for hours, quarter hours and minutes. Fifty of them will go on sale at \$125,000 each. Two will be available in the United States.

Junghans of West Germany presented the first radio controlled digital wristwatch dubbed Mega 1. It's reported to be accurate to a millionth of a second and automatically adapts to changing time zones and daylight savings and standard time thanks to a radio link to the German National Standards Lab. An antenna in the strap and a receiver in the watch can pick up radio time signals anywhere in Europe. (Dick Tracy 2 way wrist radio here we come).

Most of the watches today are analog watches (displaying the time by means of hands pointing to numerals or markers on a dial.) Digital watches show the time by a liquid crystal display triggered by an electric current (the battery vibrating a quartz crystal) in the form of continuing digits on the watch face. Most of these are of solid state construction with no moving parts.

The Timex Ironman Triathlon shows in digital form time and date, has an alarm, count down timer and a stopwatch that can store elapsed times for each of 8 laps.

Seiko's Scuba Master is the world's first computerized diver's watch. It monitors underwater time and depth, tells divers when to surface and stores information from up to 30 dives, including date, month, depth and time information and number of successive dives in one day. The watch operates for three years without battery replacement.

Movado unveiled the "Color of Time" watch by neo-realist painter and sculptor Arman. Hours on the dial of this silver-cased mechanical

watch (mechanical means having a main spring and can be either a wind up or self-winding) are marked by tiny brush strokes and tiny brushes form the hands and link the case and strap.

On top of all this it was recently announced that Seiko and the American Telephone & Electronics Corp. is putting out the world's first paging system that uses the wristwatch as receiver. The watch can record messages anywhere in the world, and hold up to eight in its memory that can be stored for forty-eight hours. It's called The Receptor Message Watch.

Clocks and watches come in all sizes and the compact (which can fit into a navel - If you're omphaloskepsis* minded) to the Big Ben Clock Tower Size. And you probably could have bought the Big Ben Clock Tower when it first arrived for the price you now have to pay for the all diamond watch and bracelet Piaget (and Parliament not included).

Slogans and advertisements for watches can be quite eye-catching. For the Sector Adventure Watch:

2:23 P.M. - Caught between female gorillas and an amorous male. Definitely time to leave.

Slogan for Sector - There's no present like the time.

Advertisement for Breguet Watches (Since 1775):

Marie Antoinette bought six. Napoleon and Wellington consulted theirs at Waterloo. Then, as today, those who shape destiny are quick to pursue that which seems most uncommon ... Breguet, so rarely seen that each is still individually numbered on the dial. Even after 200 years.

The Tudor Watch - The watch that's built to work wherever you play. The rugged Oyster case designed by Rolex.

Baume & Mercier watches - Beyond Perfection.

Movado - The Museum Watch: The purity of design is the trademark.

Ebel - The Architects of Time.

The Chopard 1000 Miglia - A watch to stand the test of time. Official sponsor of the Mille Miglia International Auto Race.

Patek Philippe - A Patek Philippe doesn't just tell the time it tells something about yourself - elegant, distinctive...

The Yema/Paris Collection - With a bold statement to make, they're the watches that promise to make time fly - no matter what your destination.

The Collection consists of:

Analogique I Chronograph with coin-edge goldtone case, day and date.

Analogique II Four Dial Chronograph with tachymeter (not pronounced tacky) and 30 minute timer.

Spationaute III - Four Dial Chronograph.

Transantartica Two Dial Watch with North and South Pole orientations in a titanium/carbon fiber case.

North Pole designed for Dr. Jean-Louis Etienne's North Pole expedition, dial with 24 hour configuration, compass points on bezel and sapphire crystal.

There are many other World Class watches out there that couldn't possibly be mentioned in only one article. To name a few: Breitling, Concord, Corum, Eterna, Tag-Heuer, Hublot, Lassale, Omega, Rado, Audemars Piquet, Vacheron Constantin, Raymond Weil and the list could go on and on and on.

Just remember the words of a wise old sage when you're out in the marketplace - "Seek elegance rather than luxury, and refinement rather than fashion."

Now go out there and watch yourself!

P.S. It occurs to me that I have overlooked a very important contributor to the watch wonders of the world and that's the Swiss manufacturer of Tissot (pronounced "tisoe") watches. This company which at one time supplied watches to the Czar's Regimental Commanders, makes rock watches out of polished granite, mother-of-pearl watches and wooden watches from the finest briars. They are unique, distinctive and certainly conversation pieces. They also make very fine standard watches.

I'll sign off now by saying no matter what language you speak, whatever your race, color or creed - there's a watch out there with your name on it to fit your very distinctive, esoteric, idiosyncratic and eccentric personality. And if you haven't found it yet - give yourself time.

*Meditation while staring fixedly at one's navel. Practiced by Eastern Mystics as an end toward inducing a mystical trance.

ABOUT THE AUTHOR

Don Pace the author of this "timely" article lives in Syosset. It is his fourth contribution to *Discovery*.

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DINING GUIDE

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READER RATINGS



Q. I have been invited to a formal restaurant dinner later in the year. However, I am also on a strict diet for medical reasons. Do you think I should mention that to my hostess?

A. By all means, tell her. If she selects the menu for her guests she will take your special diet into account. However, my own opinion is that where restaurant dinners are arranged it is better to allow guests to make their own food selections.

SUPERB FOOD

I'm calling about a wonderful restaurant the George Washington Manor in Roslyn. My husband and I had occasion to have lunch and dinner there several times recently and I want your readers to know it's fantastic. The food is superb, they serve wonderful American-Continental food. The Sunday Brunch is a real delight. The decor and ambiance can't be beat. I don't often do something like this but I just had to share this with you. Mrs. L.

FINE FOOD

This week we went to the Arbor Inn a week after our anniversary which we wanted to celebrate last week. They gave us great service and great food on Thursday. The decor of the Arbor Inn, the piano at the bar and the fine food is worth going to at any time. In addition to the food the people are very friendly at the Arbor Inn. We recommend it and especially if you are going to celebrate something. J and L.S.

Q. When traveling through Europe I noticed some places serve the salad with the meal, some, like here, before. What is appropriate and why?

A. Every country has its own custom which dictate appropriate behavior. True, some places serve the salad with the main course, but the American style of before is taking hold in some places.



YOU CAN BE A RESTAURANT CRITIC—If you visit any of the restaurants selected for inclusion in this section—call WE 1-9027 at any hour and tell your ideas. We want you, the reader, to be our critic. Your message then can be printed in this space.

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DINING GUIDE

READER RATINGS

DINING GUIDE

PAGE FIVE
Friday, August 24, 1990
READER RATINGS

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LI UTILITY VIPs RAVE OVER KAFE KRISTAN'S

A dozen delightful lady VIPs of a major Long Island utility company are all raving over the "great cuisine" that they enjoyed during a Thursday evening retirement party for one of them at Floral Park's well known Cafe Kristan's. They are also enthused over the prompt and courteous service extended to them while dining in one of the restaurant's private party rooms.

They unanimously applauded their homemade chicken noodle soup and individual entrees of filet of sole stuffed with crab-meat, roast beef au jus, chicken Francaise and veal parmigiana. Their dinners were served with a choice of either a medley of garden fresh string beans, carrots and broccoli or linguine with garlic and oil, fantastically flavored with freshly grated parmesan cheese. They were also offered a choice of one of two of Kristan's famous salads, their tossed salad or their Greek salad.

Their rave reviews extended right through their different desserts of butter pecan ice cream, raspberry sherbet and rice pudding.

My wife and I echoed their sentiments after delightfully dining Saturday evening on one of Kristan's specialties, their \$15.95 1½ pound, fresh Maine lobster dinners which included a choice of either potato or rice or fresh vegetable and serving ourselves at Kristan's superb salad bar. Choice of dressings include bleu cheese, Russian, French, vinaigrette, Green Goddess and a truly unique house dressing. We complimented our delightful dinners with an \$8.95 full liter of superb Silverstone Cellar Chablis.

Our waitress, Wendy Chwacek of Floral Park, was commended by both of us for the excellent service that she provided to us. We were also most genially greeted by Kristan's pleasant proprietary partners Chris Black and Stan Pieri.

Towards the end of our most memorable meal, Kristan's featured Saturday evening star attraction, the popular, most accomplished Jimmy Barr Duo regally entertained one and all. This dynamic duo was, most certainly, Saturday evening's "icing on the cake" for both of us! J. DeG.C.

YOU CAN BE A RESTAURANT CRITIC

If you visit any of the restaurants selected for inclusion in this section call 931-0027 at any hour and tell your ideas. We want YOU, the reader, to be our critic. Your message then can be printed in this space.

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Select your choice of any one of the following items
• BAKED ZITI - Meat Sauce, Cheese • SOLE DUON - Lemon, Wine, Mustard- CHICKEN PARMIGIANA - Sauce, Cheese- CHICKEN SORRENTINO - Ham, Eggplant VEAL PARMIGIANA - Sauce, Cheese - VEAL MARSALA - Mushroom Wine Sauce
Dessert - Italian Rum Cake or Parfait and Coffee
Monday Thru Friday \$10.50 per person Plus Tax & Tip
DINNER PARTIES
Canapes are served when most guests have arrived
Each table is set with our cold vegetables and cold dip
The following menu is at each place setting
Your guests have a choice of any one item
SOLE DUON - Lemon, wine, mustard-SCALOPPINI
LEONARDO Ham, Eggplant-CHICKEN & VEAL COMBINATION
CHICKEN MARSALA - Wine, Mushrooms - VEAL PARMIGIANA - Cheese, Sauce - FILET MIGNON BORDELAISE
All Main Courses served with spaghetti or saled and vegetable
Dessert - Italian rum Cake or Parfait & Coffee
Monday thru Thursday \$17.00 per person, Plus Tax & Tip
Friday (Max. 30) and Sunday (Minimum 50) \$20.00 Plus Tax & Tip
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To Owners of Good Restaurants:
This Is Your Chance To Join
"Reader Ratings"
The Last Word In Restaurant Guides
Where Our Readers Have The Last Word
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In addition they can make suggestions, compliments or criticisms through the open phone line and messages will be sent through to the restaurant management.
(Guide to Good Dining)

DINING GUIDE

READER RATINGS



The Lucky Duck
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20% off Mon. - Sat. 4 to 6 p.m.

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Large variety of delicious and unique house specialties

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Garden City South
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Last week I discovered an unusual restaurant called the West End Cafe. It is at 187 Glen Cove Road in Carle Place. I had lunch there on a Friday afternoon with two friends.

The three of us ordered chicken salad and it came with an unusual dressing, served on the side, so we could take as little or as much as we wanted - a great idea for people watching calories, we all agreed.

The food was very good. It wasn't cheap, but it was fresh and tasty. We also liked the service. The three of us wanted to chat and we weren't the least bit rushed by our waitress.

The West End Cafe is located at the rear of a shopping center, and for that reason, it takes a little looking to find it - but is it well worth the search.

The decor is bright and cheery, on the modern side. I liked it and my friends did too.

I intend to go there some evening with my husband - one of my friends says the seafood is especially good on the dinner menu. M.M.

TOPS IN DINNERS

The New Hyde Park Inn is a landmark on Jericho Turnpike in New Hyde Park. Most people have been there many times for one banquet or another. Throughout the years it has served as a top catering hall for many affairs.

As a restaurant it is equally good. We went there last week and found that it has a full menu for dinner and that all of the good things that were at banquets can be had in the restaurant. Because it is a festive type place, it is a great one to celebrate a birthday as we did. Tell your readers that the New Hyde Park Inn is tops for dinners. We know. We were there. Y.R.

Q. When dining out with a group of ten or twelve people is it necessary to wait until everyone at the table is served before starting to eat?

A. No, at a large table such as you describe it is usual to begin eating when three or four people have been served. It would be thoughtful for the host or hostess, if there is any, to urge guests to begin eating so their food will not get cold.

YOU CAN BE A RESTAURANT CRITIC - If you visit any of the restaurants selected for inclusion in this section - call 931-0027 at any hour and tell your ideas. We want you, the reader, to be our critic. Your message then can be printed in this space.



DINING GUIDE

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 WE WELCOME PRIVATE PARTIES!

READER RATINGS



Q. I have heard it said that white wine is best with chicken. However, one of the best restaurants I know frequently serves chicken in a sauce made with red wine. I would appreciate your comment.
 A. You are quite correct! The French, who may well be the best cooks in the world, prepare their famous coq au vin dish with red burgandy wine. Incidentally, when chicken is served this way, it is preferable to order red wine rather than white to accompany the entree.
 Q. When eating out, I am often tempted to enjoy my pie or pudding served with whipped cream. Tell me, how many calories do I actually save when I skip this all too delicious extra?
 A. Whipped cream has 28 calories per tablespoon, so I would guess that the number of calories in the topping adds up to 150 or 200.

746-1450

71 Hillside Ave.
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 Includes Salad Bar
 & Potato or
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 Casual Dining & Cocktails
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DINING GUIDE

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Any Style Pasta To Order. All Pasta Dinners
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(Fri., Sat., Sun., 5 p.m. - 10 p.m. Specials \$1.00 extra)

ALL ABOVE SPECIALS SERVED WITH cup of soup,
plain salad (\$1.00 extra for Greek Salad), potato,
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READER RATINGS



FINE SETTING

The Maine Maid is the place to go for a restaurant in a fine traditional setting. The Maine Maid is an old Quaker House. In fact, the owner told us that it is a landmark. But the decor is restful and elegant and the service is good. The food consists of well prepared meats and fish. Some of them are prepared right at your table. Tell your readers to try it and they will be glad for the suggestion.

Toby C.

A. If I am dining out with a large group and do not feel like a cocktail, am I really obliged to order one so as not to put a damper on the party?

A. Absolutely not - and this applies to all size groups. No one should ever order an alcoholic drink to please others. If you wish, you may order a soft drink or mineral water, but this is purely optional.

Q. I seem to remember that years ago salads always came to the table with the entree. But now they are served in advance of the main course. Why did this change occur?

A. Salads are now customarily served before the entree in order to provide the hungry diner with something to eat while his mail course is being prepared.

With today's emphasis on nutrition, salads are treated with much more respect than they once were. They are regarded not just as accompaniments to meals, but as important courses in their own right.

Q. If three or four couples dine out and wish to make reservations, in whose name should the reservations be made?

A. It really does not matter. However, it is best to make reservations in one name only in order to avoid confusion. The same person should be responsible for notifying the restaurant if plans should change and the dinner is delayed or cancelled.

Q. If an uncut loaf of bread is served to a couple in a restaurant, who should cut and serve it?

A. It would be gracious for the man to cut several slices from the bread for his woman companion and himself. Then he would offer the bread to her before taking his own portion.

NOTICE

HAVE YOU A HIDDEN TALENT that has yet to be discovered in print?

We are looking for articles, not exceeding 3,000 words or less than 1,500 words, on local topics, opinions, ideas, nice places to visit on Long Island, and even fiction. In our magazine section, we will try to "Discover" one new feature length article and writer per week. Each writer will be reimbursed a stipend of \$25.00.

If you want to be published and be part of an issue of Discovery, you may submit your article to: Litmor Publications, 81 East Barclay Street, Hicksville, N.Y. 11801.

DINING GUIDE

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1 1/8 lb. Lobster Dinner
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(Guide to Good Dining)

RESTAURANT GUIDE

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READER RATINGS



Q. What is the proper way of addressing a waiter in a restaurant?

A. My own preference is "Sir", rather than "Waiter" because it shows more courtesy and people do like to be treated with respect. For a waitress I prefer "Miss" to "Waitress" for the same reason.

Q. When arriving early for a private party in a restaurant, who should do the seating when there is no waiter or captain on hand?

A. The man is expected to seat his woman companion. If he is accompanied by two or more women, he would seat his wife last.

Q. When vegetable are served in individual dishes should they be eaten directly from there side dishes or first transferred to the dinner plate?

A. Either way is correct, but my own preference is to transfer the vegetables with a serving spoon onto the main dish. The waiter can then be asked to remove the serving dishes, thus ridding the table of a great deal of clutter.

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DINING GUIDE

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(Guide to Good Dining)

Decor Score

By Rose Bennett Gilbert



HOME OFFICE — Custom-built cabinets fit a home office neatly into a bedroom corner so it doubles as a dressing area or entertainment center.

Vertical storage space

Q. I work at home a lot, and my office has to share space in the bedroom.

A. I'm thinking about getting a rolltop desk so I can put everything out of sight at night. Besides, the cover would keep the dust off my computer equipment.

But the rolltops I've seen are enormous, even new reproductions. What else can you suggest? — M.C., Harpers Ferry, Md.

A. The pros who manage moving and storage warehouses have a suggestion well worth heeding: "The money is in the ceiling," they say, meaning vertical storage space that too often goes to waste.

In the photo we show, two walls in a bedroom corner have been put to work as a home office. Custom-built cabinets by Mark Parsons of Manhattan Cabinetry make good use of every vertical inch, including built-in lighting over the PC/desk area and shelves that slide away behind doors, dust-free, when the workday is over.

There is also a dresser unit on the left, a tall closed closet, and open shelves for books, show-offs and home entertainment gear.

The whole business is covered in an easy-keep laminate that is colored to blend into the wall so the office virtually disappears after hours.

Custom carpentry is the ideal way to go, since you can have the units tailored to meet your exact needs and fit your precise space.

It's an expensive answer, of course, and may not be a wise investment in a rented apartment. But you could translate the concept successfully, using an assemblage of ready-made storage cabi-

nets.

Check out your foremost kitchen remodeling store — they offer a variety of cabinets that adjust, slide and revolve — in a variety of finishes handsome enough to get them out of KP for a change.

Q. We recently bought a town house that is 12 years old and has expensive foil wallpaper in several of the rooms, dark brownish with a gold tree motif in the dining room. The floor is the same dark brownish/purple tile.

A. My problem is selecting a color for fabric-covered chairs in the dining room and eventually a couch and chairs in the family room, which is separated by only a step.

We have purchased an Oriental wool rug — predominantly mustard color and off-white with some reds. The dining table is cream marble. The carpet in the two-story family room is a light taupe. There is an antique-looking chandelier that my husband says has to go.

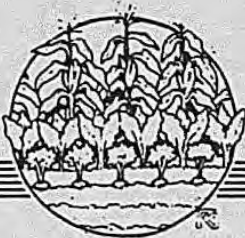
Any suggestions? — R.D., Houston

A. You seem to have decided that the chandelier will go and the foil wall covering will stay.

I can only assume that its "dark brownish/purple" and gold — plus the dark tile floor — blend more pleasantly in person (than it sounds) with the colors in your new Oriental.

If so, take your color cues from the rug: red, off-white and gold (mustard) make a classic trio. Consider a gold damask for your dining chairs (if you like a formal look), or a narrow gold and off-white stripe (less formal).

Backyard Gardener



By Patrick Denton

2 problem-solving books for gardeners

In the spring of this year Rodale Press released "Rodale's Flower Garden Problem Solver" by Jeff and Liz Ball, a companion volume to their 1988 publication, "Rodale's Garden Problem Solver."

Both of these books are invaluable references for the home gardener, not only for quickly identifying and dealing with specific problems but also for establishing preventive practices that lead to generally healthier, trouble-free plantings.

The setup of these two gardening manuals is stunningly simple, ideal for fast and easy reference to problems encountered in a planting and also to the planting's cultural requirements.

Here is how the books work.

Part 1 of each book is the Problem Solver section for individual plants. The flower volume holds sections on annuals, perennials, flowering bulbs and roses while the "Garden Problem Solver" treats vegetables, fruits and herbs.

If, for example, a problem should arise in a planting of zinnia,

as, I would turn to the end of the "Annuals" chapter for the zinnia entry. Here I will find first a description of this annual — its several types with their height range and spread, along with the blossom and foliage type.

Under "Environment" I will find guidelines to the zinnia's hardiness and preference for soil type and light exposure.

Next, there are directions for planting and tips for container culture. "Plant Management" supplies information on the care of the plants once they are established in the garden, such as their appetite for water and fertilizer and their suitability as cut flowers and for drying.

Since plant problems can be traced to three basic sources — some cultural impropriety, an insect pest, or a disease — the problem-solving portion under each entry is sectioned under these headings.

Under "Common Cultural Problems" I will see "Transplant Stress," which outlines the zinnia's

need for either direct seeding or very careful transplanting. Leggy, flopping growth is attributed to zinnias that were either left unpinched or planted in a windy or partially shaded location.

Under "Common Insect Pests" for each entry is a list of insects known to damage the plant and what the symptoms will be — stippled leaves and webbed foliage in the case of spider mites on zinnias for example. For this pest, as for others, simple cultural remedies are suggested first, such as forcefully spray-washing with plain water to knock the mites off the plants.

Mild sprays such as insecticidal soap are suggested as a second measure. Also offered are tips to avoid spreading the problem — not touching healthy plants after examining infested ones, for example.

"Most Common Diseases" describes the visible symptoms of diseases most often found in the plant under discussion. If a few of the stems on my zinnia plants have wilted, I can quickly spot that symptom under the heading "Plants Wilt Suddenly; Stems Rot at Soil Line." The problem is identified as "Root and Stem Rots," and the solutions offered include making sure zinnias are planted in well-drained soil and are not over-

crowded.

I also find advice to avoid overhead watering if possible, and to keep mulches away from the plant bases. The entry advises me to remove and discard infected plant parts and to disinfect tools used in the removal to avoid spreading the disease.

Part 2 of each volume provides an in-depth discussion of major insect pests, diseases, and animal pests. Here is where you would turn for additional information on the control and prevention of a problem you had identified in the Problem Solver section. Preluding these listings is a general guide to pest controls including garden cleanup, traps and mechanical controls, natural sprays and dusts, biological and botanical controls, and beneficial insects and animal insect predators together with hints on encouraging their populations.

Part 3, "Garden Management," concentrates on soil care and composting, seeding and transplanting, watering and fertilizing methods. Here you will find useful guidelines for using organic fertilizers.

Both Problem Solver volumes are hardcover references built for constant use. The vegetable, fruit and herb volume has 550 pages and costs \$21.95. The flower volume, which has 433 pages, carries a price of \$26.95. Look for these two books in local bookstores, or write to Rodale Press Books, 33 E. St., Emmaus, PA 18098.



Coquilles, cockles, scallops — by any name, they are divine

To the French, they are coquilles, to the British, cockles — but most of us know them as scallops.

This is one variety of seafood that doesn't taste at all "fishy" — so even kids and fish-haters find these bite-size, buttery textured gems appealing.

Delicately flavored and tender, two varieties are generally available in this country — bay and sea scallops.

Tiny bay scallops are harvested from shallow waters. They are seasonal (peak availability is in the spring) and more expensive than sea scallops. The shell grows to a maximum of about 4 inches in diameter with the scallop itself about ½-inch across.

The larger sea scallop is dredged from deep waters and can grow a shell as large as 8 inches in diameter, with the edible portion growing to the size of a walnut. These scallops are somewhat less expensive and are available year-round.

The two varieties can be used interchangeably but bay scallops, because they are so small, cook much more quickly — or you may slice or quarter larger scallops, if you wish.

Both varieties are available fresh or frozen, and ready to cook (scallops are shucked at sea, so most of us never see the fan-shaped shell they come in). Fresh scallops should be sweet and mild-smelling, moist and plump.

To appreciate their delicate flavor, you should eat them as soon as possible, preferably no longer than 24 hours after purchasing.

Julia Child recommends refrigerating fresh scallops in a leak-proof plastic bag inside a bowl of ice until the moment of cooking.

Raw or cooked scallops may be stored in the freezer in a well-sealed container for up to three months. Add some stock or other liquid before freezing.

Rinse scallops in a bowl of cool water before cooking to remove sand and drain well. Pat dry with paper towels before cooking.

To steam scallops in your microwave, spread in a single layer in a glass pie plate. No added liquid is necessary — simply cover with a dampened paper towel from which most of the moisture has been squeezed and microwave at MEDIUM-HIGH (70 percent power) setting five to nine minutes per pound, rotating dish and stirring gently halfway through cooking time. Let scallops stand, covered, one minute.

Scallops are done as soon as they lose their translucence. Cut into one scallop to test — inside texture should be flaky. Scallops microwave quickly and will become tough if overcooked — so always cook for the minimum time specified and check frequently.

Allow 1½ pounds (3 cups) bay or sea scallops for six people, or ¼ to ½ pound per serving.

(Recipes in this column are tested in 625- to 700-watt microwave ovens.)

MICRO-TIP OF THE WEEK

Defrost frozen, loose scallops at LOW setting (30 percent power) four to six minutes per pound. Check frequently, removing defrosted portions.

If frozen in a block, allow six to 10 minutes per pound, breaking up and removing defrosted portions frequently. Some ice may remain.

Rinse scallops under cool water. Defrosted scallops should feel cool and soft, and should still be translucent.

ISLAND SCALLOP KABOBS

2 dozen sea scallops (about 2 pounds)

¼ cup plus 2 tablespoons orange juice

¼ cup soy sauce

1 tablespoon honey

½ teaspoon ground ginger

Dash each pepper and onion powder

3 medium zucchini, cut into 1-inch squares

1 large green pepper, cut into 24 squares

1 dozen cherry tomatoes

Yields 6 kabobs; 3 or 6 servings.

Preparation time: 30 minutes (including marinating time).

Cooking time: 7 to 12 minutes (plus 5 minutes standing time).

Oven setting: HIGH (100 percent power).

Rinse scallops in cool water and dry on paper towels. Set aside. Combine orange juice, soy sauce, honey, ginger, pepper and onion powder in 11x7-inch microwave-safe baking dish; stir. Microwave 1 minute. Add scallops, zucchini and green pepper. Toss gently and cover; marinate 15 minutes.

On each of 6 wooden skewers alternate scallops, zucchini, green pepper and cherry tomatoes (tomatoes toward center). Arrange skewers in baking dish with remaining marinade and cover with waxed paper. Microwave 6 to 11 minutes or until vegetables are opaque, rearranging skewers every 4 minutes.

Let stand, covered, 5 minutes before serving.



Light in August

It's summertime. The berries are ripe for the picking, the herbs grow lush in the garden — and the time is just right for a party.

Whether we're having a couple of friends for a spur-of-the-moment supper on the deck or 40 people for a celebration summer buffet, the essential requisite is that the meal be as simple and easy as it is light and lovely.

We have designed just the menu to meet that requirement. The Herbed Cheese-Stuffed Chicken Breasts are a variation on one of our favorite and most useful recipes. We call for boned but not skinned chicken breasts. A well-seasoned mixture of ricotta, herbs and scallions is inserted underneath the skin so that after the breasts are baked and sliced, the beautiful green-flecked stuffing is revealed.

Add two more pluses for this chicken recipe: It can be prepared well in advance, and it is ideal for multiplying and serving to a crowd.

Pair the chicken with a rice or pasta salad, a platter of sliced ripe tomatoes drizzled with red wine vinaigrette and bread sticks.

For dessert, we offer this lovely, light Blackberry Cassis Mousse, which also can be easily increased to feed any number of people.

TIPS

• If making the chicken breasts in quantity, call ahead to the butcher to request that he split and bone them, leaving the skin intact.

• Raspberries may be substituted for the blackberries in the mousse.

• Creme de cassis is a black currant liqueur made in France. If you cannot get it, substitute blackberry brandy in the mousse.

HERBED CHEESE-STUFFED CHICKEN BREASTS

¼ cup ricotta cheese

1 tablespoon minced fresh basil or 1 teaspoon dried

1 tablespoon minced scallions, including some green tops

1 tablespoon minced parsley, preferably Italian flat-leaf

2 tablespoons Parmesan cheese

¼ teaspoon salt

¼ teaspoon black pepper

¼ teaspoon nutmeg

4 chicken breast halves, boneless but with skin intact (about 6 ounces each), excess fat removed

1 tablespoon olive oil

Additional salt and pepper for sprinkling on top of chicken

Yields 4 servings.

Preheat oven to 400 F.

In small bowl, combine cheese, basil, scallions, parsley, Parmesan, salt, pepper and nutmeg, mixing together with wooden spoon until well-combined.

Loosen skin from 1 side of chicken breast and insert about ¼ of filling under skin. Smooth skin around filling and meat, tucking ends under to form rounded dome shape. Place side by side in oiled 8-inch-square baking dish, drizzle with olive oil, and sprinkle with salt and pepper. (May be made ahead to this point and kept, covered, in refrigerator for up to 24 hours).

Place uncovered baking dish in preheated oven and bake 10 minutes. Reduce heat to 350 F, and bake for about 30 minutes, until chicken skin is lightly browned and juices of meat run clear when pierced with sharp knife. Baste once during cooking time with pan juices.

Serve hot or at room temperature. Cut each breast into 3 slices and fan out on plates if desired.

BLACKBERRY CASSIS MOUSSE

2 cups blackberries

¼ cup sugar

2 tablespoons creme de cassis or blackberry brandy

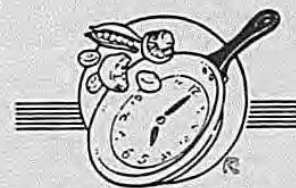
1 teaspoon lemon juice

1 cup heavy cream

Yields 4 servings.

Set aside 4 blackberries for garnish. In food processor, puree remaining blackberries with sugar, cassis or brandy, and lemon juice. Strain into small bowl and push hard on seeds to extract as much puree as possible.

Whip cream to stiff peaks. In each of 4 stemmed goblets or 1 large glass dessert bowl, spoon layer of whipped cream, then layer of blackberry puree. Continue to make layers, ending with whipped cream. With knife, lightly swirl top layers of berries and cream together. Chill at least 30 minutes, or up to 4 hours. Garnish with reserved berries before serving.



Cooking Corner



Pack up basket, it's time for Labor Day fling

By Linda Susan Dudley

Labor Day is a national holiday that has been set aside in this country to honor working people. Officially decreed to fall on the first Monday of September for almost 100 years, it has also traditionally signaled the end of summer.

You won't suddenly feel a nip in the air the next day or walk out to find brightly colored leaves littering the sidewalks. But psychologically you turn the corner into a new season. It means back to school. It means — if you're a fashion traditionalist — bringing the fall wardrobe to the front of the closet. (Which means, of course, from now until Memorial Day, you wouldn't be caught dead in white shoes.)

It seems more often than not, Labor Day is the time for an outdoor fling — a park picnic, a mountain cookout or an ocean-side hot dog roast in a fire pit. Or a gathering around the grill on the backyard patio.

It somehow seems a fitting Labor Day celebration because no one has to slave in the kitchen all day. The game plan is to make something easy or prepare it in advance, and toss a Frisbee or put your feet up during the annual three-day vacation.

Here are some suggestions to help you picnic like the pros.

- Plan picnic menus with basic foods that can be served cold from a cooler or can be held safely without refrigeration.

- Wash can openers, utensils and work surfaces thoroughly with soap and hot water before handling foods.



Cooking Corner

- Never place cooked, ready-to-eat meats, chicken or fish on unwashed platters used for the raw product.

- Always wash fresh fruits and vegetables before eating.

- Foods that are cooling after being cooked should sit only very briefly at room temperature.

- Keep perishables in the refrigerator until you are ready to pack them for the picnic. Don't pack hot and cold foods together.

- Keep cold foods cold. Use a layer of ice on the bottom of the cooler or use small containers of artificial refrigerants.

- Pack fruits loosely on top of the cooler to avoid crushing.

- Keep the cooler in a shady spot. Do not open the cooler unless necessary.

- Keep foods in the cooler or other insulated container until just before serving time.

- Do not leave food out on the picnic table after eating. Return the food to the cooler or other insulated container.

- Finally, take commercial wash-and-dry cloths or a pair of wet washcloths (put liquid hand soap on one) packed in self-closing bags for cleaning hands.

Take a look at these recipes for the season's last fling.

Who said everything at a potluck has to be "homemade" in your home? Or start from "scratch," for that matter. These beans — which come out of a can and are doctored — are delicious. A look at these amounts and you'll see this makes a large quantity of beans. To serve a smaller crowd, cut down the proportions to your taste.

COLD BAKED BEANS

- 2 pounds bacon, cut into dice
- 2 yellow onions, peeled and chopped
- 6 to 8 cans (28-ounces each) B&M Baked Beans
- 5 tablespoons yellow "hot dog" mustard
- Black pepper and garlic powder to taste
- 1 (1-pound) box brown sugar

Fry diced bacon and chopped onion until bacon is crispy and onions are soft. In large bowl, place beans, mustard, pepper, garlic powder and brown sugar. Drain bacon-onion mixture and pour hot bacon-onion mixture over bean mixture and mix thoroughly to melt sugar. Chill; serve cold.

You can take these topping suggestions and then improvise.

FAR OUT PIZZA

- 1 (16-inch diameter) pizza crust made from any standard recipe, rolled out and fitted into pizza pan
- Sprinkle cornmeal onto unbaked pizza crust. Slice Monterey Jack cheese 1/4-inch thick and cover pizza crust with slices of cheese, cut to fit the round shape. (No overlapping cheese slices.)

Peel, seed and chop two large, ripe tomatoes and sprinkle over cheese. Sprinkle with fennel seeds. Peel and slice 1 pound of onions in thin slices and saute in olive oil until translucent. Place over tomatoes and fennel.

Cut 2 whole, roasted and peeled canned green chilies into quarters, yielding a total of 8 strips. Arrange as in spokes of a wheel around pizza. Cut two commercially prepared marinated red bell peppers into eighths, yielding 16 strips. Place on each side of green chili strips as in spokes.

Cut 4 drained, marinated artichoke hearts into halves and place on pizza in decorative manner. Take a handful or so of yellow cherry tomatoes and cut in half and strew on pizza, half cut side up and half cut side down. Cut 8 pitted black olives in half and strew on pizza in decorative manner.

Arrange fresh basil leaves in center of pizza to resemble "flower." As an optional garnish, chop a few fresh basil leaves and strew over pizza. Sprinkle all with pine nuts. Bake for 10 to 12 minutes in preheated 475 F oven. Cut into wedges before serving.

Pizza can be served hot, fresh from the oven, or at room temperature for a picnic.

Here is a recipe for corn bread that forms into layers while cooking.

THREE-LAYER CORN BREAD

- 1 cup cornmeal, coarse ground preferred
- 1/2 cup whole-wheat flour
- 1/2 cup unbleached white flour
- 2 teaspoons baking powder
- 1/2 teaspoon salt
- 1 egg
- 1/4 to 1/2 cup honey (see note)
- 1/4 cup oil
- 3 cups milk or buttermilk (or mix half milk and half buttermilk)

Combine dry ingredients. In separate bowl, combine wet ingredients. Mix 2 mixtures together. It will be quite watery. Pour into greased 9x9-inch pan.

Bake in 350 F preheated oven for 50 minutes or until top springs back when gently touched.

Note: Molasses may be substituted for honey.

This chicken salad "from leftovers," tastes anything but leftover. It's a marvelous main-dish salad for a picnic because there's nothing in it that requires constant refrigeration, and the lime juice helps to preserve it all.

COTIJA CHICKEN SALAD

- 1 (3- to 4-pound) chicken
- 1 rib celery, coarsely chopped
- 1 carrot, coarsely chopped
- 1 small onion, coarsely chopped
- 1 bay leaf
- 1 sprig parsley
- 2 tablespoons olive oil
- Salt and pepper to taste
- 1/2 cup lime juice
- 1 large red onion, thinly sliced
- 1 bunch radishes, sliced
- 2 bunches cilantro
- 3/4 pound (about 3 cups) Cotija cheese (see note)

2 cups fresh Mexican salsa (recipe follows)

Yields 6 servings.

In large pot, place chicken and cover with cold water. Add celery, carrot, onion, bay leaf and parsley. Bring water to boil then reduce to simmer. Simmer, uncovered, for 45 minutes to 1 hour, or until tender. Let chicken cool in broth for 2 hours. Remove chicken from broth and shred. Sprinkle with olive oil, salt and pepper. Toss to mix and refrigerate.

Pick leaves from cilantro. Chop half of cilantro, reserve other for garnish. Crumble Cotija cheese, reserve 1 cup cheese for garnish.

Combine shredded chicken, onions, radishes, chopped cilantro, fresh salsa and Cotija cheese. Toss with lime juice and chill until serving time. Place on lettuce-lined platter or plate and garnish with cilantro leaves and 1 cup Cotija cheese.

Note: Cotija is a Mexican cheese that is available in some supermarkets and in Mexican markets.

FRESH MEXICAN SALSA

- 2 large ripe tomatoes
- 1 medium onion
- 10 sprigs cilantro
- 3 chilies, preferably serranos
- 1/2 teaspoon salt
- 1/2 cup cold water

Yields about 2 cups.

Chop tomato, onion, cilantro and chilies finely. Combine in a bowl with salt and cold water.

A perfect addition to any picnic would be a huge platter of "all the vegetables grown under the sun ..."

MARINATED VEGETABLES DEL SOL

- Marinade for vegetables (except carrots)
- 1/2 cup red or white wine vinegar or herb-flavored vinegar
- Salt and freshly ground pepper to taste
- 1 tablespoon sugar
- 1/2 teaspoon each chopped fresh tarragon, basil, dill and marjoram or oregano (see note)
- 1 shallot, minced, or 2 green onions, minced, using all of the white part and a touch of the green
- 2 tablespoons Dijon-style mustard
- 1/2 cup extra virgin olive oil
- 1 cup vegetable oil

Place all ingredients except oils in blender (or food processor) and mix. With motor running, slowly add oil until all is blended.

Cover tightly; vinaigrette keeps in the refrigerator for a couple of weeks. If desired, dressing can be mixed and refrigerated without herbs, which can be added at time of use to complement the vegetable.

Note: If you don't have fresh tarragon, you could use tarragon-flavored vinegar.

CARROTS AND VINAIGRETTE

- 3 tablespoons white wine vinegar
- Juice of 1 lemon
- 1/2 teaspoon ground cumin
- Salt and freshly ground black or white pepper
- 1 clove garlic, peeled and minced

10 sprigs fresh mint, minced
¼ cup honey
¼ cup extra virgin olive oil
2 pounds carrots

Peel and slice carrots and blanch 2 to 4 minutes. Mix together all other ingredients except olive oil in blender. With motor running slowly add olive oil. Cover tightly and refrigerate vinaigrette up to 1 week.

Toss marinade with carrots, which can be done the day before serving to allow flavors to blend. Serve carrots chilled or at room temperature.

This very versatile salad blends Southwest and Southern flavors.

CACTUS CORN SALAD

6 ears white corn, corn kernels removed from cob
3 large ripe tomatoes
1½ pounds fresh okra (the smaller the better-tasting)
1 white onion, peeled and chopped
4 slices thick-cut bacon

1 (4.2-ounce) can chopped olives
1 jar cactus slices into strips (may be labeled with the Mexican name *nopales*)
Vinaigrette dressing:
6 tablespoons oil
3 tablespoons balsamic vinegar
3 tablespoons grainy country Dijon mustard
1 tablespoon fresh savory, leaves only, no stems (see note)
Salt, cayenne pepper and white pepper

Saute bacon until crisp; remove from pan and set aside. Sauté chopped onion in bacon drippings until soft. Remove both ends of okra and add to pan; cook until soft, which will not take long. Add cactus; heat through. Add corn and cook 2 minutes. Remove pan from heat and add crumbled bacon, olives and vinaigrette dressing. Gently mix to combine. Serve chilled or room temperature.

Home entertaining



A Highland fling into summer

By Carol Cutler

Pity the poor marketing people. No sooner do all their studies tell them that everyone is drinking white wine as an aperitif and, contrary to us, we change our minds.

For a while the chic cocktail switch was to red wine, then the infamous Perrier. But that's no longer true.

Spirits are back. This may be happening in tandem with the keen interest in everything that happened from the 1920s through the '50s, a period when wine hardly counted at all.

Chefs are earnestly experimenting with spirits since, ounce for ounce, they deliver a lot more flavor wallop than wines.

Scotch proves a special favorite. But then there's a culinary track record for it. The finest smoked salmon produced in Scotland has always been cured with, you guessed it, scotch.

When looking for extra snap in a recipe, try a wee bit of scotch. The Scotch Pasta recipe below delectably demonstrates its strength in the kitchen.

Add a dash to salad dressings, a jigger or so in meat loaf gives the dish a pate air, stir into chocolate or butterscotch sauces for a haunting, smoky nuance.

Once you learn how quickly the smoky quality of scotch gives a pedestrian entree some pow, your cooking will never be the same.

But the primary role of all alcohol is sipping. Now that it is sizzling summertime, we tend to want long, cooling drinks. Here again, spirits fill the bill since a little bit can be stretched out a lot with water, soda and in one intriguing case — lemonade.

As with wines and beers, the brand of scotch you select will be a matter of personal preference. There are 2,000 registered brands of Scotch whisky. They are all made in Scotland, but that is the only thing they have in common. Some have a pronounced smoky flavor, others are light and delicate, and there are many gradations in between.

The next time friends are over for a drink, offer them a Long Hot Summer, the one that comes in a glass:

LONG HOT SUMMER

Chunk of cucumber
Small slice of orange
Small slice of lemon
Sprig of mint
2 ounces scotch
½ ounce Campari
Dash of Angostura bitters
Lemonade

Yields 1 Long Hot Summer drink, which makes the other kind seem less oppressive.

Fill long glass with ice and add cucumber, orange, lemon and mint. Pour in scotch, Campari and bitters and fill rest of glass with lemonade.

Because of this crisp mix of flavors, consider this drink next time you are serving a spicy, Oriental or Indian meal. It marries much better than most beers and wines.

Pasta is a big favorite these days and served in many guises. Surprise your friends with this sophisticated version that takes less than 10 minutes to create.

Our Children



Secondhand smoke can kill you

By Willard Abraham, Ph.D.

Q. It looks like I'm the only adult in my house who is worried about secondhand smoke. (The other adults in the house are my wife and both of her parents who live with us.)

All three of them smoke up a storm of cigarettes, and those who inhale their poison are 3, 7, 9, and 38 years old.

I'm worried mainly about our three kids, and the three stubborn ones all say the stuff about secondhand smoke is a bunch of baloney.

Is there any research to support my point of view that they are threatening the lives of our young kids?

A. As recently as May of this year these research findings came through loud and clear:

- Non-smokers (like you and your youngsters) who live with smokers have a 20 percent to 40 percent higher risk of dying of heart disease than other non-smokers.

- Secondhand (passive) smoke causes heart disease.

In 1986 the U.S. surgeon general concluded that passive smoking results in lung cancer in non-smokers. The Environmental Protection Agency reported that passive smoking causes 3,000 cases of lung cancer a year; a respected researcher said it causes 32,000 heart disease deaths each year.

Heart and cancer deaths combined make passive smoking the third leading cause of preventable death (behind smoking and alcohol).

The tobacco industry disputes those conclusions as they relate to the heart disease/passive smoking linkage.

So stay tuned. Other anti-smoking studies and those related to passive smoking dangers will probably continue to be released.

Q. Our 14-year-old daughter has had a hard time with mathematics in school.

Do you think that is because girls in general have this difficulty? Is there anything we can do about it during what remains of this summer?

Thank you for your help.

A. Some girls do have such problems, but some boys do, too.

Summer tutoring might be helpful. If people are working at her school during the hot months, they may be able to recommend someone to assist her. Either a teacher or mature student skilled in math could be an appropriate choice.

You might want to consider

continuing this activity after school opens in the fall.

Dear parents (and other adults): In *Money* magazine's March 1990 issue appeared a very useful article for many parents. Its title is "Teaching Your Kids About Money."

It includes such practical topics as when to start, the first allowance, opening a savings account, including a child in family budget talks, discussing with teen-agers how to pay for college, and encouraging them to get involved in more sophisticated money handling and part-time work.

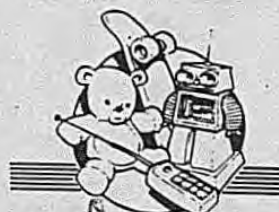
A valuable brief chart is provided for parents of children in various age groups: 3 to 5; 6 to 7; 8 to 10; 11 to 14; 15 to 18.

A subhead of this article quotes experts as saying, "We give our children \$9 billion a year — mostly for bad reasons."

And a perceptive 9-year-old is cited: "We have money to get people to work. People wouldn't work for no reason. And they need to work, or we wouldn't have anything."

You may be among the millions of parents who are concerned about money related to their youngsters. It could perhaps go without saying that a lot of us have plenty of worries about money in other directions, too.

This article can provide some concrete parent-child guidelines on this subject. I hope it's useful to you, and available through your local library.



Our Children

THE HEALTHY GOURMET

Chicken Brochettes

■ Calories per serving: 170
■ Fat per serving: 2 grams
■ Cholesterol per serving: 80 milligrams
■ Sodium per serving: 108 milligrams

Here's How



By Gene Gary

Car-washing brush can clean vinyl siding

Q. Our home has vinyl siding that is now a dingy gray. Since we recently purchased the home, I am not sure what the original siding looked like.

A. Is it possible to paint vinyl siding and achieve a lasting, durable finish? What would you recommend we do to enhance the exterior of our home?

A. It is likely all your siding needs is a good cleaning. Standard maintenance of vinyl siding should include regular hosing down to rid the exterior of grime and dirt.

If dirt and grime have built up, your vinyl siding will need a more thorough cleaning. Use an ordinary, long-handled car-washing brush (available at auto supply stores) and a solution of 1/4 cup powdered laundry detergent and 1/2 cup household cleaner (such as Spic & Span or even trisodium phosphate) mixed with 1 gallon of water.

Scrub with a soft-bristle brush working from the bottom up to

avoid streaking. Rinse with plenty of clear water.

If mildew is a problem in your area, substitute 1 quart of liquid laundry bleach for 1 quart of the water.

The Vinyl Siding Institute offers a pamphlet, "The Cleaning of Vinyl Siding," which gives this recommended procedure, plus advice concerning particularly stubborn staining.

This pamphlet is available free if you send a self-addressed, stamped envelope to the Vinyl Siding Institute, 365 Lexington Ave., New York, NY 10017. Request the pamphlet by name.

If you want a color change, cleaning will not be the answer. Vinyl siding can be painted with any good exterior paint.

Priming will enhance the results and it should be done. Consult your local paint dealer for guidance.

Be careful of selecting dark colors which, when applied to any

material, have a much greater chance of fading. Dark colors also absorb heat.

One disadvantage of painting is that the nearly maintenance-free quality of your vinyl siding will no longer exist. Once the vinyl has been painted it will have to be repainted regularly. The frequency of repainting will depend on climatic conditions as well as the quality of the paint you use.

Q. We have moved into a home previously occupied by a family with children. Besides marks and stains on the walls, there are numerous scratches and dents in the dry wall. Some of these are rather deep and ugly.

A. I am going to repaint the entire interior, but I am not sure how to repair the wallboard damage. Is this a do-it-yourself job, or do I have to contact a professional? If I can't do it myself, where can I find a qualified person?

A. Anyone with basic handyman skills, a little patience and the proper tools should be able to repair the damage you describe. Scratches, dents and even small holes will not require taping.

First, roughen the damaged area with medium-grit sandpaper. Then fill the damaged areas with joint compound or spackling putty made specifically for small jobs (available at paint and hardware supply stores).

Apply the filler using a putty knife with a flexible blade (a finishing knife) about 6 inches wide.

Load about half the width of the blade with filler and then draw the

blade over the depression to deposit the material. Draw the blade across the surface a second time so the tip of the blade wipes away any excess.

Larger dents may require two applications. Be sure that the first layer is completely dry before applying a second layer (24 hours preferably).

After the patch is thoroughly dry, sand the patch flush and remove any frayed paper from the wall board.

For smooth walls you may have to apply a final thin coating of filler using a 10-inch-wide finishing knife to spread the filler over an even broader surface.

When that is dry, sand it smooth and prime. For a smooth finish you may have to lightly sand after the primer before applying a finish coat.

If the damage is at a joint in the drywall, use a self-adhesive, open-weave drywall tape to support the repair.

First remove loose material and moisten the inside of the puncture, then press the tape into position and force a layer of compound through it. Let dry and follow with two or three thin layers of compound until you can sand the repair even with the rest of the wall.

A textured paint will be better at hiding repairs than a regular paint. However, if you are careful in applications and sanding you should be able to achieve a smooth enough repair job.

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Help Wanted

ACCOUNT CLERK FT, GN municipality. Light typing, computer a plus, great benefits, congenial office. Must be Nassau County resident. Please call 482-0019. ha4

EXPERIENCED BABYSITTER for 3 full days in my Garden City home. References required, non-smoker. 294-8288 gcAu4

HICKSVILLE PART TIME no experience necessary. Wednesday and Thursday evenings in newspaper mailing department. Contact Ed at 931-0012 htfn

STOCK & SALE, HARDWARE clerk, P/T. Will train retiree. Munder's Hardware, 316 Hillside Ave. 746-1075. wtfn

CHILD CARE WANTED for two girls, ages 4 and 2 1/2 in my Garden City home four days a week, Monday-Thursday, 8:30-5:30. Older daughter will attend nursery school Mon., Tues. and Thurs. from 9-11:30 a.m. Must be energetic, creative and love children. Driver's license and car a plus. Local references necessary. Non-smoker. Call days: 433-6911; eves: 747-4095. gcAg5

CREATIVE & CARING elementary Ed. tutor needed for 5th grade math & writing process. 2-3 days 3:30 - 4:30 p.m. Please leave name & phone. 747-6406. gcs1

CHILD CARE: MATURE reliable woman to watch my two children in my home 4 to 5 days, 8 to 4 p.m. Car necessary. 718-470-6936 W-Au-5

P/T TELLER POSITION Discover independence and a great job. Full time teller position available at the Independence Savings Bank, Williston Park office. Call Bank Manager to arrange for an interview. 741-7500. wa4

P/T MEDICAL SECRETARY Asst., experienced preferred but not required. Call Mon. thru Fri., 9 a.m. to 6 p.m. 747-2230. wa4

OFFICE MANAGER/LEGAL secretary FT in a small, general practice firm with negligence and litigation experience. Immediate position. 565-4640. gcag4

HOUSEKEEPER 4 DAYS/WK 8 a.m. to 4:30 p.m. General housecleaning, laundry, ironing, own transportation, non-smoker. References. Call 747-1290 or 477-1734. ha4

DELIVERY PERSON & STOCK delivery with experience. Also needed Counter person. Medical Center Pharmacy in Garden City. Call Bill 742-0223. gcag4

Help Wanted

MOTHERS HELPER - HIGH school age or older to watch 2 year old. Flexible hours. Good pay. 294-9208 gcAu5

GARDEN CITY, SCHOOL Crossing Guard, approximately three hours per day in different locations in village. \$9 per hour salary, uniform supplied. Use own vehicle. Contact Lt. Chichester, Garden City Police Dept. 742-9600 gcAg4

BABYSITTER/HOUSEKEEPER live-in, needed to assist professional couple with housework and care of one child. Excellent salary and working conditions. Licensed driver preferred, but not necessary. Please call 334-8089. leave message. hS2

CAPABLE BABYSITTER to care for infant, 1:30 p.m. to 10:30 p.m. Friday, Saturday and Sunday on alternate weekends. Perfect for college student, non-smoker. 747-2412 gcAg4

HOUSEKEEPER WANTED experienced, English speaking only, Garden City area. Live in or out. General housekeeping and cooking. 3 school age children. Flexible hours. References. 747-7415. hS2

LAYOUT ART ASSISTANT Immediate opening. No experience necessary but willingness to learn. Permanent part time. Must be able to work Tuesday, Wednesday, Thursday evenings. Serious inquiries only, 931-0012.

GIRL FRIDAY PT/FT non-smoker, good typing skills, pleasant phone personality, shorthand preferred, for beautiful Great Neck office. Call Doris, 487-6012. ha4

BOOKKEEPER FOR SMALL Mineola law office. Experienced, computer friendly, P/T flexible days or hours. Non-smoker. 741-7776. gcag4

P/T DELI POSITION MINEOLA. Flexible hrs, no nights. Experienced or will train. Leave name & phone number. 746-3912. wa4

SCHOOL SECURITY MONITOR Garden City Middle School, from 9:30 a.m. - 5:30 p.m. on all school days. Responsible for monitoring students' and boys' bathroom, boys' locker-room, cafeteria and corridors. \$9.60 hourly. Call 294-3065 for application. gcAu5

CHILD CARE WANTED for two children, ages 5 and 8 in my E. Williston home, Wednesday and Friday afternoons, 12 noon to 5 p.m. Start early September. College student or mature woman. Call after 7 p.m. 742-0556. W-Au-5

Help Wanted

SECRETARY/ACTIVE REAL Estate office looking for local resident for P/T flexible hours. 20 hrs. a week. Light typing, bookkeeping, steno etc. Bonus for right person. 248-6655. Dougall Fraser. gcs2

PART-TIME HOUSEKEEPER 2:30-6:30, Monday-Friday (some flexibility) Duties include preparing dinner, grocery shopping, housecleaning and driving 10 year old and 13 year old girls to after school activities. Must have own car. Reliable student OK. \$10 hour. Paid vacation. 746-8140 after 7 p.m. gcAg5

P/T SECRETARY/WORD Processor: Albertson engineering firm seeks experienced secretary to work mornings (flexible hrs). Word processing - a must, word perfect A Plus. Excellent salary. Call Mary-Ellen 484-1020. wa4

L.P.N. NEEDED: 5:30 TO 9:30 p.m. Care for disabled patient. References required. 742-0216. Call 9 a.m. - 5 p.m. gcAg5

DRIVERS NEEDED Day, night and weekends. Clean class 4 license needed. Will train, 747-5521. ha4

DISPATCHER - DAYS & weekends. Will train. 747-5521 ha4

PRINT/FILE RM OPERATOR Individual needed to operate copier equipment, maintain files and supervise messenger. Retirees welcome. We offer an excellent benefits package. Please send resume to: Mrs. Jean Marks, The Sear-Brown Group, 2300 Marcus Avenue, Lake Success, N.Y. 11042. (518) 358-7270. EOE. hS1

GREAT NECK OPPORTUNITY for person to learn advertising representation. 20 hrs. per week. Should be able to work on telephone after training. Good chance to learn and earn. Returnees, college students, others interested in good permanent position. Salary +. Call 931-0012 for interview if serious about employment. htfna5

DESPERATELY SEEKING sitter for P/T position. Ideal for college student or mature woman. Must speak English & have local references. Non-smoker. 877-0602. gcs1

RECEPTIONIST WEEKEND Saturday and Sunday. Light clerical, no typing. Pleasant low-key office. Should enjoy working with people. Call 741-3550. wa4

Help Wanted

TELEPHONE SOLICITOR to work at home. Leads furnished, good compensation, permanent immediate opening. Mr. Morgan 931-0012.

BABYSITTER NEEDED FOR bright, enthusiastic 15 month old in our home, Monday through Friday, 8 a.m. to 5:30 p.m. Must have own transportation and references. Please call for interview. 746-2478, please call after 6 p.m. gcAg4

DOUGAL FRASER REALTY 1100 Franklin Ave. Garden City now interviewing for sales help. Experienced/resident preferred. 248-1258 or 248-6655 for confidential interview. gcs1

HOSPITAL JOBS Start \$6.80/hr your area. No experience necessary. For info call (900) 226-9399, Ext. 1476, 6 a.m. - 8 p.m. 7 days. \$12.95 phone fee. hS4

EXCELLENT WAGES FOR Spare time assembly. Easy work at home. Exceptional pay. No experience needed. Call 1-601-388-8242, ext. H1921. Open 24 hours. Including Sunday. ha5

BABYSITTER NEEDED FOR 6 year old three afternoons after school. Tues., Wed., & Fri. 2:15-4:00, references required. Call 248-2398. gcs1

FEMALE LIVE RENT FREE at North Shore Towers in exchange for companionship to retired psychologist/stroke victim. Work at your own present job 3 days a week, work 4 days a week for the doctor. Luxury living: indoor/outdoor pool, golf course, shops, restaurants, etc. Sleeping accommodations: pullout couch, private bathroom, share shower. Beautiful view from 27th floor terrace. Doctor's interest: life after death. Call Mon., Wed., Fri., noon - 6 p.m. Ask for Carol. (718) 428-7346 WS2

Help Wanted

SECRETARY F/T VILLAGE law office. Typing, word processing, experience preferred but will train. Busy litigation firm. Salary commensurate with experience. Benefits available. Call 742-5486. gcAg5

P/T RECEPTIONIST Chiropractic Office, Receptionist, typing, assist doctor. Will train. Call Monday through Friday. 746-4449. waAu4

MATURE WOMAN WANTED with car to take 7 year old to school in morning and pick up and remain until 6 p.m. References required. 746-2434 gcAu5

TUES/WED TYPIST, SOME shorthand exp. to do all around busy publication office work. Should be able to work extra hours if needed. Immediate opening. Call Mr. Morgan 931-0012.

SECRETARY / TYPIST for professional office. Dictation Word Processor knowledge helpful but not necessary. P/T 2 to 3 days a week 9-5. Flexible days. 746-4304. gcag4

CHILD CARE EXPERIENCED woman needed for F/T child care for 11 month old boy in my Garden City home. Non-smoker. English speaking. References required. 747-0921 gcAu5

RESPONSIBLE, RELIABLE person needed for after school supervision of 11 year old. Mon. through Thurs. in my West Hempstead home. Your transportation. References requested. Call evenings 485-2843. gcAu4

LIVE-IN BABYSITTER/HOUSEKEEPER needed to assist professional couple with housework and care of one child. Excellent salary and working conditions. Licensed driver preferred but not necessary. Please call 334-8089 leave message. hs2

Help Wanted

COUNTER PERSON/WAITRESS
waiter. Garden City coffee shop. Pleasant atmosphere. Open 7 a.m. - 5 p.m., Mon.-Sat. Flexible scheduling F/T or P/T. Call Marie 625-3636. gca4

EDUCATION / GARDEN CITY
Garden City Public Schools has the following vacancies in its After-School Child Care Program starting September 5, 2:30-5:30 p.m.
Teacher: \$15/hr; M, T, TH, F (2 yrs. college with 12 credits of child related courses)
Assistant: \$8/hr, 2-4 days/week (high school diploma and 1 yr. related experience)
Call 294-3020. h51

CHILD CARE: RELIABLE,
creative & energetic woman for 3 yr. old & 1 yr. old 3 days per week. 8:30-5:30. References required. Call after 6 p.m. 742-7089. gcs2

FIELD ENGINEER
CAREER OPPORTUNITY - Become part of a dynamic division with over 35 employees servicing business machines in the central Long Island region. Your electro-mechanical abilities and desire to "tinker" and take things apart will open doors to mgmt. A strong technical background and desire to travel locally required. Call 1-800-627-8256, 9 a.m. - 5 p.m., Aglissar Corporation. h51

MOTHER'S HELPER
Albertson, in my home, after school. Two (2) children, 5 days a week. Hours flexible, own transportation. Call after 5 p.m. 625-1104. w51

JAENICHEN - DEGEN REALTY
109 Seventh Street, Garden City, Now interviewing for Sales Help. Experienced resident preferred. For Confidential interview call 248-4540 or 741-2864. Ask for Sandra. gca5

CLEANING PERSON NEEDED 1 full day per week in North Hills. References & transportation a must. 365-8149. gcs2

LOVING, MATURE, ENGLISH
speaking woman needed to help care for 2 young children 3 days per week in North Hills home. 365-8149. gcs2

Situations Wanted

WILLISTON PARK MOTHER
wishes to babysit child after school in my home. References. 742-3854. wAu4

NURSE'S AIDE FULLY EXPERIENCED
in hospital, nursing home and private duty, willing to take a long term case. Work hours 11 p.m. - 7 a.m. \$10 an hour. References. 546-2521. GCS2

MOTHER OF SEVEN YEAR OLD
wishes to care for child after school in my Williston Park home. References. 741-5931. w51

CLEANING WOMAN AVAILABLE. References, own car. 354-0379. gcs1

HOUSEKEEPING PROBLEMS?
We can help. Dependable, reliable service, anytime, day or night. Call 379-1055. gcs1

LADY HOUSECLEANER
available on Mon.-Sat. with experience and references. Call between 3 and 5:15 p.m. 489-2666. gcs2

Situations Wanted

DIVORCED COUPLE SEEKS
experienced babysitter, to watch 7 year old before school (7:30 - 8:30 a.m.) and after school (2:30 - 6 p.m.). Must provide transportation and have references. Call 488-2547 or 746-2434. wAu4

LOVING MOTHER EXPERIENCED
teacher will care for your child in my Williston Park home. 747-2183 W-Au-5

BABYSITTER/HOUSEKEEPER
experience, references, available weekdays. Call anytime during the day. 292-8061 gcau4

EXPERIENCED, ENGLISH
speaking woman with references, seeks child care position or care of elderly person. Sleep in or out. Will also work regular night shifts. Call 483-5488, weekends. gca4

HOUSECLEANING, MONDAY
to Friday. References available. 538-9008, after 4 p.m. Wau4

ATTENTION VACATIONERS
would you like to go away and know that your dog or cat is well taken care of? Mature woman who loves animals will give your pet lots of TLC. Fenced in yard. 352-9113 gcs4

HOUSECLEANER COUPLE
Mature and dependable couple, Mr. and Mrs. Portugal. Excellent references. We want to clean your home or apartment. Please call 747-1586 from 4:30 p.m. to 7:30 p.m. gca4

NURSE'S AIDE OR
companion. Days or nights, experienced, have own transportation, references. 486-6836. gca4

HOUSECLEANING JOB
wanted. Experience, references & own transportation. Mon. thru Sun. Sleep in or out. Call 379-1042 & ask for Daisy. gcs1

HOME HEALTH CARE
I am reliable, experienced (12 yrs) kind & caring. Hospital background. Excellent references available. Area: North Shore to South Shore. Call 681-2283. h51

POLISH WOMAN WITH
experience looking for housekeeper position every day of the week. 424-2480 gcau5

BABYSITTER AVAILABLE
Mature, excellent references, excellent character. My house or yours. Loving. 538-6328. gca4

HONEST, RELIABLE YOUNG
woman seeks position as babysitter and light housekeeping. Live in or out. Monday through Friday. Call 718-493-6157. gca5

POLISH GIRL, RELIABLE
with experience and own transportation, looking for housecleaning position. Call anytime 483-3509. gcs2

CHILD CARE AVAILABLE IN
my Albertson home. Loving mother, former nursery school teacher. Excellent references available P/T - F/T. 747-1507. w53

OPPORTUNITY TO SHARE
child care in my Garden City home, safe, park-like setting. Looking for 1 or 2 children to be with my 14 month old. Sept.-June, Mon.-Fri., 8 a.m. - 4:30 p.m. (flexible). Very reasonable. Excellent references. Call evenings 747-6782. gcs2

Situations Wanted

NURSE'S AIDE POSITION
wanted 8 hrs. - 7 a.m. - 3 p.m. or 12 p.m. - 8 a.m. Good references 489-5276. gcs2

NURSING & LIGHT HOUSE-
keeping. Good references. Prefer 8 hrs. day or night. 489-4674. gcs2

MATURE GARDEN CITY
resident will care for child. Non-smoker, references. Wish position in Garden City. 248-5404. gcs2

POLISH LADY IS LOOKING FOR
housekeeping or housecleaning position. For information call 968-5315 or 231-4212 after 5 p.m. gcs2

EXPERIENCED, RELIABLE
certified nurse's aide, with excellent references seeks position as companion to elderly or child care. Will live in or out. Call 623-3241. ws3

Real Estate For Sale

GARDEN CITY TUDOR
Gardens: 1 BR Condo. Modern EIK and bath, a/c, walk all. Low maintenance with heat, \$155. By owner, \$180's, 742-8342. gca4

GARDEN CITY ESTATES
Section - Side hall Colonial - 4 BR, LR/fpl, 3 1/2 baths, EIK, FDR, den & sun rm, fin. bsmt. Walk to train \$480,000. Principals only 422-4575. gcs2

CUTCHOGUE END OF SEASON
special. 3 bedroom farmhouse on 1/2 acre, living room, dining room, EIK, large 2 car garage. Just reduced to \$105,000. Southold Rustic retreat. Cozy 2 bedroom cottage on wooded 3/4 acre. Near beach, winterized, low taxes. End of season buy at \$129,000. h51

SOUTHOLD BY OWNER
3 BR, 2 bath ranch, vinyl siding, skylights, Florida room, country kitchen, carpeted, all appliances, split design, A/c, detached garage, boat slip, walk to L.I. Sound, must see. 765-5496. gca5

GARDEN CITY CENTER HALL
Colonial on 1/4 acre landscaped for privacy. 3 large BRs, 2 1/2 baths, LR/fpl, formal DR, bright sunny EIK, den, rec room with bar, piano, built-in TV. Cement patio, underground sprinklers, automatic garage opener. Low taxes, move-in condition. Convenient Eastern Section. Owner, \$355,000. 741-7929 gcau5

ADELPHI SECTION - BEAUTY
All brick and slate CH Colonial. 3 BRs. 2 1/2 baths, LR/FPL, FDR, new EIK, den, beautiful party rec room, 2 car detached. Priced \$499,000. Leave message 326-8024. gca4

STEWART MANOR - ALL NEW
3 BR, 2 1/2 bath Center hall brick Colonial with den, solarium, deck & much more. Must be seen. 775-4519 or 775-4519 gcau5

NEW HYDE PARK VILLAGE
Custom 3 BR Colonial, walk to RR. Everything new. Many extras. Must see. \$255,000. Owner 488-1318. w51

lazy man's special including lawn. Great starter/retirement/bachelor. New bulkhead. High \$100's. Grasso, 775-6035. gca4

GARDEN CITY COLONIAL
Beautifully decorated 3 BR, 1 1/2 baths, LR, DR, mod. EIK, den/fpl & skylights, brick patio, low taxes. Walk to RR. Principals \$295,000. 742-4430. GCS2

Real Estate For Sale

STEWART MANOR COLONIAL
4 BR, 1 bath, LR/fpl, large DR, EIK, attached garage. 50 x 100. No brokers!!! Price \$245,000. Contact 747-6483. h51

OXFORD BOULEVARD
Spacious Dutch Colonial, 5 BRs, 4 1/2 baths, entrance foyer, LR/fpl, fam. rm., office/nursery, FDR, huge mod. EIK, full bsmt, attached 2-car garage, large brick patio and more. Beautifully landscaped 1/2 acre in Garden City's prime location. Walk to both RR lines and all schools. \$985,000. Seller financing for qualified buyer. By appointment only. Owner/broker 248-2450. gcs1

GARDEN CITY HAMILTON
Gardens. Great looking large 1 BR Co-op with lots of character. High ceilings, archways, updated, EIK, new windows, w.w. carpeting, AC & many extras. Excellent condition. Must see!!! Call Maria or Jeff at 741-2284. h51

GARDEN CITY MINT 3 BR
Ranch. 2 1/2 baths, den, fpl, fin. bsmt., master suite, c/a/c, 2 car. \$375,000. Rosemary Terryn, 483-0061. gca4

SOUTH JAMESPORT 1/4 ACRE,
prime location, small sub-division underground utilities. Walking distance to village, bay beaches, marinas & tennis. \$64,000. Principals only. 722-8096. gcau5

PECONIC COTTAGE
Total seclusion on 4+ wooded sound front acres. 2 adjoining parcels - 1 w/ 3 bedrooms, year-round. Steps to beach. \$650,000. ha4

GARDEN CITY SPLIT - LOW
taxes, convenient location. 3 BRs, 2 baths, LR, DR, den, EIK. CAC, patio & 2 car. Community pool, extras. Serious buyers only. Principals 741-1686. gca5

GARDEN CITY: TRUE RANCH
3 BRs, 3 Baths, 2-car garage. Professionally decorated, beautifully landscaped. New throughout. Must see at \$499,000. Owner 742-8337. gcs1

MANHATTAN: 34th ST. &
Park Ave. Newly renovated kitchen & bath. A/C, 24 hr. elevator & concierge, washer & dryer in building. Furnished optional. \$120,000. 516-747-7948. gca5

N.W. WESTBURY:
Prestigious "Woodedge" Old Westbury vicinity. Stunning, spacious 4 BR farm Ranch. EIK, FDR, LR/fpl, private duplex guest apt. Carle Place S.D. Retired owners motivated. \$234,000. 334-3189. gca5

GARDEN CITY: ALUMINUM
sided Split level. 3 BR, 2 baths, LR, FDR, mod. EIK, den 19 x 33 with fpl, fin. bsmt., sprinkler system. Low taxes. \$325,000. 248-0739. gca4

GARDEN CITY - ESTATES
True Center Hall Colonial. Lg. EIK, mud room, DR, LR with marble fpl, fam. rm, 4 BRs on second, 2 BRs on third, 3 1/2 baths, awning terrace. \$595,000. 747-2995. gcau4

GARDEN CITY - RETIRING.
Dentist offers home with office on 1/2 acre. 9 RM Farm Ranch with 2 car garage, includes waiting rm., exam. rm., office & full bath. Must sell! Asking \$385,000. The Valentine Agency 746-7200. wau5

Real Estate For Sale

GARDEN CITY: 4 BR, 3 1/2
baths, lovely Estates Tudor. Large EIK, center hall floor plan, gracious FDR, LR/fpl, den, full bsmt., move-in clean. Owner, \$495,000. 742-8447. gcs1

GARDEN CITY CUSTOM
Tapestry Brick Split bordering Custer Parks eight majestic acres. 4 BRs, 2 1/2 baths, LR/fpl, redwood deck with barbeque, fin. bsmt. with wet bar. Separate laundry rm & cedar closet, 2 car garage, sprinkler system. Very private, professional landscaping, deep plot. Immaculate. Reduced to \$350,000. Owner. 742-7608 or 324-5697. gcs1

KILLINGTON, VERMONT
- Must sell. Beautiful furnished 1 BR Condo in Sunrise Village. Ski on/ski off. Make offer. (203) 322-5292 or 516-887-1629. gcs1

WILLISTON PARK BLVD. AREA
3 BR Col., LR, DR, den, large EIK, fin. bsmt., 2 car garage - 50 x 125. Low taxes, move in condition. Mid \$200's. 747-2437. w53

GARDEN CITY ESTATES
Colonial 5/6 BRs, 3 baths, huge kitchen. Formal LR, banquet DR, low taxes, low \$500's. Will also consider lease with purchase option. 742-8791. gcs2

WEST HEMPSTEAD - 4 BRs,
2 baths Tudor. Asking \$249,000. Bamberg Real Estate Services 742-0933. gca4

MINEOLA - DRASTICALLY
reduced. Legal two family. 4 over 5, fireplace, carpeted, fin. bsmt, full attic, detached garage. 50' by 100'. Low taxes, good rental income. \$269,990. Principals. 746-3141. wau5

SOUTH JAMESPORT RANCH
situated on 2 lots. Beautiful 3 BR, 1 1/2 baths. Mint condition, furnished, private road & beach. Principals only. 722-8096. gcau5

GARDEN CITY: FOR THE FIRST
time homebuyer, beautiful 4 BR, 2 bath Cape. Quiet street on 60 x 125 plot. Asking \$289,000. Owner 742-8337. gcau5

GARDEN CITY - MAGNIFICENT
2 BR Condo, new marble bath, new EIK. Maintenance & taxes under \$450. Walk to all. \$219,000. Owner 742-8337. gcau5

SOUTHOLD - FOUNDER'S
Village Condo. 2 BR, 2 bath, LR/DR with fpl, EIK, full cellar, CAC, low monthly maintenance. Great location, middle of village. By appointment only. Asking \$172,500. Southold - Great waterfront with new bulk heading. 3 BRs, 2 baths, open LR/DR, mod. kit. with new appliances. Fantastic views. Completely renovated in 1989. Move in now! Just reduced \$30,000 to \$369,000. Cutchogue - 2 story cottage with 3 BRs, 1 bath, LR, DR, EIK, large 2 car garage. All on 1/2 acre. Great starter or weekend home. Needs some TLC. Just reduced to \$105,000. Madelyn Baker Real Estate 765-2310. gca4

GARDEN CITY ESTATES:
Full Ranch on exclusive Whitehall Blvd. 3 BRs, 2 baths, den, gas hot water heat, 5 min. walk RR, large plot. 746-1121. \$425,000.

Real Estate For Sale

GARDEN CITY. BY OWNER
A most beautiful home in one of the finest locations in the Estates Section - and at one of the best bargain prices in town. Extensive four months renovation now completed. Includes NEW King Arthur EIK, NEW formal DR & NEW jalousied Florida rm. Elegant custom built English style brick/slate house with 4/5 BRs, 2 1/2 baths & numerous amenities. Oversized 2 car matching garage. A great bargain at its substantially (30%) reduced price of \$695,000. Also ideal for professional. Shown by appointment only. Weekdays: 228-3828. Evenings & weekends 747-8265. gcs1

SOUTHOLD CONTEMPORARY
New on secluded wooded acre. 1/4 mile to beach. 4 BRs, 2 1/2 baths, large deck, 2 car garage, fpl, FDR, A/C, jacuzzi, full basement, landscaped, sprinkler system, first class all the way. Possible owner financing. Principals only. Let's make a deal. Sacrifice \$299,000. 765-1165. gcs1

GARDEN CITY VICINITY
The atrium - 1 BR Condo, CAC, Washer/Dryer, large yard, free indoor parking. Maintenance \$110. Steal at \$112,000. 538-8380. gcs1

PRIME ESTATES 4 BEDROOMS
3 1/2 baths, center hall Colonial, 2 dens, 2 fpls, porch, deck, extras. Principals \$575,000 and soliciting offers. 248-8538. gcs5

GARDEN CITY ESTATES:
Dutch Centerhall Colonial. LR/fpl, FDR, EIK, den, 5 BRs, 3 baths. Low taxes, large lot, 2% incentive at closing. Walk to RR, close to stores. \$449,000 Owner 248-0963 & (703) 815-1647. gcs1

SOUTHOLD WATERFRONT
home: Private community, choice views, great swimming. 3 BR, open LR/DR, fpl, large screened porch. Principals only. \$282,000. 765-3776. gcs4

GARDEN CITY
5 More T-W Exclusives
Open House Sun 2-4 P.M.
201 Brompton Rd...Estates mint 3 bedroom, 1 1/2 bth Col. Fin. Bsm. Taxes under \$2600 \$269,000
Move in cond. Brk & shingle 5 BR, 3 1/2 split. Rf, terr. 3 zone heat \$445,000
Central Section, Brick 4BR, 2Bth, Col. w/maids, rm & bth, screened pch. 2-car garage. All new windows. \$469,000
Estates Brick 4BR 2 1/2 Bth Co. w/slate roof. Scr porch, oversz prop. \$495,000
Numbered St. True Vict. Wrap around porch, fp in LR, DR, EIK, 3BR sleeping pch, 3 1/2 bths, 2 car. Lo, lo tax. \$495,000
TAYLOR-WARNER
516/741-4422 ha4

PECONIC WATERFRONT
Get-a-way - 2 plus BRs, 1 1/2 baths, Great room/fpl, new kit. Owner will consider terms. \$225,000. Matttuck - Glistening, sandy, bay beach. Beautiful views from this 3 BR, 2 1/2 bath bayfront with guest house. \$595,000. Marilyn Lang Realty 734-6690, 734-6472. gcs4

Real Estate For Sale

GARDEN CITY: 4 BR
expanded Ranch. C/A/C, 3 baths, fpl, EIK, den, 2 car garage, fin. playroom, screened porch. 100 x 150. Principals only. \$529K. 742-1548. gcs5

GARDEN CITY ESTATES:
Large English Cottage. LR, fpl, den, FDR, EIK, 1/2 bath, screened porch. Second: 4 BRs, 2 baths. Low taxes. \$425K. Principals. 742-2804. gcs5

JUST LISTED - NASSAU POINT:
Rare 2 acre parcel directly on Peconic Bay. Architect designed multi level house. 3 BRs, 2 1/2 baths, 2 fpls, cedar beamed ceilings, c/a/c, 3 car garage. Professionally landscaped. New bulkhead, 200 ft. sandy beach. Spectacular waterviews. Principals only, 734-5571. gcs4

GARDEN CITY COZY STARTER
Colonial, LR, FDR, den/fpl, all new EIK, laundry on first floor, 2 full new baths, 3 BRs, large finished rec room, 60x125, \$359,000. No brokers. 678-9046 gcs5

GARDEN CITY WESTERN
Section: 4 BR, 2 bath Cape, 100x100, EIK, Fam. DR, LR/fpl, screened porch, A/C, security system, sprinklers, fin. bsm. Serious inquiries, 352-5781, leave message. Just reduced to \$350,000. gcs2

WESTBURY/SALISBURY -
East Meadow School District. 4 BR, extended & dormered Levitt Ranch, 2 ceramic baths, fpl, large LR/DR, garage, patio, laundry rm. \$160's. 997-8297. gcs1

SOUTHOLD - PECONIC
Indian Neck. Private community, private bay beach, 3BR chalet nestled in woods, deeded mooring and beach rights, in-ground pool. A steal at \$179,000 734-5781; 826-4130. gcs4

CUTCHOGUE BEACH FRONT
Nassau Point vicinity. Summer home on 1/3 acre, 2 BRs, lg. LR, garage. Will hold mortgage at low rate after down payment. No closing costs. Will listen to reasonable offers. \$295,000. 584-6318. gcs2

SOUTH JAMESPORT - GREAT
location, tree lined street. 1,600 sq. ft., quality new Cedar Cape. Private, deeded bay beach rights. 4 BR, 2 bath, gas heat, CAC, central vacuum, new energy efficient furnace & appliances, skylights, sprinkler system, 2 car garage, many extras. Low taxes \$220,000. 722-8999 or 722-3834. gcs4

WATERFRONT - HAMPTON
Bays - breathtaking. Must liquidate. Open bay deep water docking at your door. 247 bulkhead, pool, spa, fireplace. 8 rms., 3 baths plus 1 BR apt. Private road. Sacrifice \$535,000. Owner. 728-3811. ws2

SOUTHOLD - ONE PLUS
wooded acre in exclusive subdivision. Walk to bay beach. Deeded rights in well maintained marina, and underground utilities. All permits. Terms \$125,000 765-1594 gcs2

Real Estate For Sale

WILLISTON PARK: 3/4 BR
Colonial. Good condition. Low taxes. Convenient to all. Principals only. \$210,000. 741-1867. wau5

EAST MARION - PRIVATE
community, private beach, tennis courts, next to golf course. 4 BRs, 2 1/2 baths, 3 decks, 20 x 40 in-ground pool on 1/2 acre plus. Reduced \$30,000 to \$329,000. 477-0928. gcs1

GARDEN CITY BY OWNER
Country Cape Charming. Convenient Eastern section priced to sell. Reduced \$40K. 4 BR, 2 full baths, 7 ft. fpl, golden oak new kitchen, imported wall treatments, A/C, brick walk, large plot. A gardener's delight. Low taxes. Now \$299,000, 747-3457. gcs4

ESTATES 4 BEDROOMS
2 baths, expanded cape. Family room/fpl, finished basement, new kitchen, mint. Asking \$390,000 and soliciting offers. Principals 248-8538. gcs5

GARDEN CITY & VICINITY
Adelphi Section, mint, mint, 4 BR Charming Colonial, new breathtaking EIK, 2 skylight, 2 new elegant baths, den, fpl, enclosed porch. A steal at \$399,000

3 BR CH Brick Colonial, slate
roof, 2 baths, updated EIK, first floor den, deck, porch & patio. Quiet area. Walk RR. \$379,000
Walk St. Anne's 3 BR. CH Brick Georgian, 1 1/2 baths, updated kit., fpl, parquet floors throughout, private landscaped lot. 2 car. \$375,000

Cathedral Garden/Hemp. - 115' x
115' landscaped lot, 5 BR, brick cedar split, 3 baths, 21' DR sky lite kit., den/fpl, fam. rm office. Central Vac. \$339,000
65' by 160' beautiful lot, 3 BR Colonial, 3 baths, central air. First floor den, fpl, above ground pool. \$275,000

Country Club Estates - 4 BR
turreted slate roof French Tudor, 2 1/2 baths, granite fpl, sunken LR, great wood detail. Walk all, 2 car. \$259,500

4 BR Slate roof CH brick Colonial,
3 baths, fpl, cedar closets, fin. bsm., all natural woodwork 60' x 120', 2 car. \$249,000

6 BR. English Tudor, two plus
two half baths, new EIK, den, fpl, Florida rm., skylights, new roof, all new windows, transferring owner. \$229,000
3 BRs Colonial, 1 bath, plus 2 - one half baths, EIK, den fpl, fin. bsm. patio. \$159,900

Elaine J. Nolan 485-7054 or
292-9749. wa4

SOUTHOLD WATERFRONT
Energy efficient 3 BR, 3 baths, Great rm., CAC, deck, Dock, garage, easy bay access. Lovely view. Asking \$299,000. Southold - Walk to private beach & marina from completely remodeled 2 BR home, skylights & deck. Just listed \$159,000. Cutchogue waterfront - deep water 2 BR Cape ready for expansion. LR, DR, EIK, deck & IGP. Wide open views. Asking \$345,000. Laurel - Deeded private bay beach rights come with this 3 BR, 2 bath home. LR, DR, fam. rm., EIK on landscaped 1/2 acre. Reduced to \$195,000. Marion King Realty 734-5657. gcs4

Real Estate For Sale

GARDEN CITY ESTATES
Lovely brick/stone Ranch - slate roof, large property, 2 dens, 3 BRs, 2 1/2 baths, mod. EIK, LR/fpl, DR, detached 2 car garage. Greatly reduced. Asking \$370,000. 481-2037. gcs2

GARDEN CITY - EASTERN
Section - Excellent starter home. 4 BRs, 1 1/2 baths, LR, DR, EIK, den/fpl, screened porch, fin. bsm. Serious principals only. \$269,000. 741-5935. gcs5

G.C. FIRST OFFERING
Center Hall Colonial. New cat-in-Country kitchen, FDR, LR/fpl, sun room, open porch, 2 car garage, 3 BRs, 2 1/2 new baths, new Anderson windows. Walk to RR. Excellent condition. \$290,000. Owner 248-9870. gcs4

SOUTH JAMESPORT - ALL
year-round custom built 1800 sq. ft. Ranch on 1/3 plus acre. Deeded rights for lovely, white, sandy, private beach on Peconic Bay. Spacious 7 rms. includes 3 BRs, LR/DR, 2 baths, great fam. rm., large Country Kit., laundry alcove, all appliances including a/c. Front portico & beautiful foyer 11 x 25 ft. screened patio, oversized garage, beautiful landscaped grounds & much more. Reduce to \$175,000 by owner. 722-4158. gcs4

NORTHFORK - NEW RANCH
Give-A-Way! Builders close out - \$55,000 price reduction is yours if you act fast! Cedar shingled 1,600 square foot luxury 6 Rm Ranch. 3 BR's, 2 baths, 5 new appliances, basement, double garage - \$160,000. Will consider lease with option to buy. **Balting Hollow** - As modern as tomorrow - You'll be amazed at the beauty and charm of this magnificent Contemporary waterfront home sedately set on wooded, elevated 1.4 acres. 7 truly spacious, well planned rooms, 4 BR's, 3 1/2 baths. Amenities include Fpl, all appliances, CAC & vacuum, skylights, 3 1/2 car garage. Just reduced \$100,000 to \$650,000. Bookmiller Real Estate 722-4423 gcs4

GARDEN CITY ESTATES
Elegant, beautifully decorated and renovated Dutch Colonial. Center hall, 5 bedrooms, 3 1/2 baths, living room with fireplace with authentic Dutch tiles, formal dining room, sun room, finished basement. Brass light fixtures, Laura Ashley curtains and wallpaper throughout. Hardwood floors, new cat-in-kitchen with cherrywood cabinets and top of the line appliances, two car garage. New furnace and water heater. House surrounded by dozens of azaleas. Excellent location, within half mile from Mineola and Hempstead train lines. Tullamore Park, Homestead and Stratford Schools just around the corner. By owner, \$495,000. 742-4271 gcs2

NASSAU POINT EXCLUSIVE
Lovely 4 acre estate. 305 ft. on Peconic Bay. 5 BRs, 5 baths, 2 rm Master BR suite, LR, DR, den, guest house, 2 car garage. Beautifully landscaped with a see forever view. Call Bill Kelly at Burt Lewis Real Estate 298-4600 or 734-5533 or 765-5810. gcs4

Real Estate For Sale

SHELTER ISLAND: DRASTICALLY
reduced by owner for quick sale. Unusual opportunity. Nearly new, lovely 7 rm. Ranch. 3 BR, 2 baths, LR, DR, EIK, fam. rm/stone fpl, laundry rm. covered deck, garage, full bsmt, plus many extras including CAC. Excellent area offers peace & privacy. Near beaches & boating. Low maintenance, low taxes. All you've ever wanted. Low \$200's. All serious offers considered. Terms possible. Must see. Call 749-3376. GCS2

GARDEN CITY - MAGNIFICENT
2 BR Condo, new marble bath, new EIK. Maintenance & taxes under \$450. Walk to all. \$199,000. Owner. 326-8024. gcs2

CUTCHOGUE END OF SEASON
special. 3 bedroom farmhouse on 1/2 acre, living room, dining room, EIK, large 2 car garage. Just reduced to \$105,000. Southold Rustic retreat cozy 2 bedroom cottage on wooded 3/4 acre. Near beach, winterized, low taxes. End of season buy at \$129,000. 765-5333 hsl



DECORATOR'S DREAM
Newly furnished, modern apartment. 2 BR, 2 baths with terrace. Low maintenance, 24 hour security. Walk to RR. Must see. 294-9613 gcs4

GARDEN CITY 2 BR CO-OP IN
heart of village. Fine detailing & architectural charm, convenient to train, shops, and Leo's. Low maintenance. Just reduced to \$159,000 by owner. 294-9318. GCS4

GARDEN CITY CHERRY
Valley Co-op: Mint condition, 1 BR, first floor, new kit & bath, ceiling fan, wall to wall, walk to stores, LIRR, \$98,000. 294-7889. gcs1

GARDEN CITY/HEMPSTEAD
Cathedral Gardens. Large 2 BR, DR, patio. Below market. Owner \$75,500 neg. 292-8898. gcs5

MINEOLA, HORTON HOUSE,
large 2 BR Co-Op. One bath, corner apartment on residential street. Walk-in closets, oak floors. Walk RR & all. Anxious owner. \$135,000. 294-5964. wtfm

GARDEN CITY CO-OP 2 BR
lovely second floor unit. Center of Village. One block to LIRR, refinished floors, new windows. Owner, \$149,000. 873-9469, leave message. gcs1

WILL DO "1031" TAX FREE
exchange on my \$289,900 Hideaway Beach golf course lot on MARCO ISLAND, FLORIDA for comparable Garden City Condo. Includes club membership & amenities, viz 24 hr. security, \$3 million clubhouse, 10 Har-True tennis courts, 9 hole executive golf course, racquetball, fully equipped gym, pool, jacuzzi, nature trails, etc. Days: 228-3828; Eves/weekends: 747-8265. gcs1

Real Estate For Sale

GARDEN CITY: CHERRY
Valley - first floor, 1BR, private entrance, new kitchen, dishwasher, oak floors. Walk to RR. Court yard view. Maintenance 80% deductible. Reduced to \$96,000. Must sell. 294-8066.
gcAg4

GARDEN CITY/HEMPSTEAD
Very large, sunny 1 BR totally renovated, new wall to wall carpet, new windows. Priced \$15,000 below sponsor's price. Forced sale. Excellent buy \$60's 621-1836.
gcs2

CONDO GARDEN CITY
border. Townhouse \$229,000. Bamberg Real Estate Services 742-0933.
gcag4

CHERRY VALLEY CO-OP: 1 BR,
second floor. Beautiful courtyard, mint condition, new kit., washer/dryer, wall-to-wall, upgraded electric, extras. 75% tax deductible. \$105,000. 248-6738. gcag5

MINEOLA: HORTON HOUSE
1BR, large LR, secure building. Convenient to RR, hospital, stores. Must sell, \$100,000. By owner, 747-8711.
gac4

GARDEN CITY: CHERRY
Valley Co-op. 2 BR, second floor end unit. CAC, w/w carpet, new kit. appliances including washer/dryer. Walk to all. Ready for occupancy. Owner. \$139,000. 248-6679.
gca4

CHERRY VALLEY CO-OP -
2 BRs, first flr, end unit. Verticals, ceiling fans, wall to wall over oak floors. New EIK. Walk to stores & RR. Maintenance 77% tax deductible \$118,000. 248-8916
gcau5

GARDEN CITY'S BEST 1 BR
Co-Op. New LR/DR, kitchen, bath, foyer, CAC, W/D, W/W baseboards, etc. Best 1st floor courtyard location. Prime for retiree/single/newlywed. Come see at your convenience. Asking \$115K. Principals only 742-3065.
GCS2

SPACIOUS 2 BR, FIRST FLOOR
large end unit, country kit., washer/dishwasher, lots of extras. 80% tax break, sp. terms. Owner 742-0359.
gcs2

ROSLYN STUDIO CO-OP
Totally renovated. New EIK, bath, new windows, security system, private parking, low, low maintenance. Beautiful grounds, very private. Must see. Great buy. \$60's. 625-3522.
gcs2

GARDEN CITY CHERRY
Valley - Sunny 1 BR completely renovated with CAC, parking available. Walk RR & stores. \$115,000. Also available for rent. Sept. occupancy \$850. 775-4519.
gcs1

GARDEN CITY LARGE 1 BR
\$130,000. Garden City/Hempstead - Cathedral Gardens 1 BR \$80's. Mineola/Garden Plaza - Large Studio \$85,000. West Hempstead Garden Apts. 1 BR from \$79,900. 2 BR/2 1/2 bths from \$110,000. Bamberg Real Estate Services 742-0933.
gcag4

Real Estate For Sale

SUNDAY, AUG. 26, 1-3 p.m.,
63 Second St., Garden City. Stately Center hall, brick Colonial. LR/fpl, FDR, charming sun room with Cathedral windows & fpl, large kit., breakfast rm. Master suite plus 3 BRs, 4 1/2 baths, maid's quarters. Beautiful grounds. Asking \$895,000. Allen Munier - Remax Realtors 481-6005.
gcag4

Real Estate For Rent

ELMONT EAST: BASEMENT,
separate entrance, studio, living/bedroom combo, EIK, table. Desire single, non-smoking, mature male, 354-5626.
gcs1

GARDEN CITY/HEMPSTEAD
1BR apartment. Good location, nice building, fully renovated. Wall to wall carpet. By owner, leave message: 565-4117.
gcAg4

FLORAL PARK - LARGE
Studio, full kit (new). Private entrance. Utilities included. \$450 per month. Walk to RR & transportation. 352-2464.
wau5

CORNER STORE FOR RENT
1500 sq. ft. 310 Hillside Ave., Williston Park. Owner 746-1075.
wfn

SYO. PROFESSIONAL OFFICE
Private house. Separate entrance. Air conditioned, carpeted. Eves. 364-1469.
jA4

MINEOLA 3 ROOM APT
Utilities included. Available Sept. 1st. 294-3345 or 294-9725. W-5-1

NO. LYNNBROOK, 4 BR
Colonial, 2 baths, breakfast room, mirrored wall DR, gas heat, 75 x 150, fenced yard, garage, walk RR. \$1350 mo.
Elaine J. Nolan - 485-7054 or 292-9749.
wa4

WILLISTON PARK, 3 ROOM
apartment, neatly decorated. Garage, heat, \$720 mo. Tel. 516-248-0906.
W-5-1

GARDEN CITY AREA: LUXURY
apartment building. Large, bright rooms. 1 BR apt., new kitchen and bath. \$850 no fee. 481-7745 or 489-3010.
gcAg4

FLORAL PARK VILLAGE:
2 br apt. on second floor of a two family house. Kit, DR, LR, sun porch, garage & attic storage. Available Sept. 15. \$940 + utilities. Leave message, 746-6345.
gcag5

GARDEN CITY/MINEOLA
Private house, own bedroom, share bath. Walk to RR & courts. Use of kit, laundry, linens provided. Private street. \$110 per week. 741-9740.
wau5

GARAGE - MINEOLA. WALK
RR, bus & hospital \$75 a month. 248-1258.
gcs1

ALBERTSON/HERRICKS,
four rm. apartment in private home. Private entrance. One BR, LR, DR, bath, kitchen. Suitable for couple or one mature female. Available Sept. 1. \$725 plus half utilities. 741-2365.
ws3

GARDEN CITY OFFICE/OR
desk space in windowed suite on Franklin Ave. Support services available. 248-8275.
gcs2

Real Estate For Rent

WEST HEMPSTEAD: "QUIET
House" - furnished room ideal for mature, professional male or FT male student. Non-smoker. No cooking, no pets. Share bath with other male student. Must be clean & neat. References & security. Call evenings. 489-5941.
gcag5

GARDEN CITY/WEST HEMP-
stead. Sunny 3 room apartment, second floor, walk RR. \$650 includes utilities. Cable available, parking available. 489-5375.
gcAg4

FRANKLIN SQUARE/ELMONT
area. 2BR apartment. Includes refrigerator, a/c, own thermostat. Business couple preferred. 775-5756. If no answer, 352-6892.
gcs2

HOUSE TO SHARE/WESTBURY
Across from golf course. Looking for responsible male or female, private bedroom. Share rest of house and yard with single mom and 10 year old. Fpl, washer, dishwasher, fully furnished, new Futon bed & platform. Available Sept. 1. \$400 month includes all. Security & references 338-4510. Call early mornings or evenings.
gcau5

WEST HEMPSTEAD: 2 BR, 1
bath, EIK, LR, yard, fin. attic with washer/dryer hook-up. Walk to Adelphi, shopping & bus. Owner. \$950 + utilities. 483-1676 or 538-5419 and leave message.
gcag5

ROSLYN HEIGHTS - 2 BR
apartment, new kitchen & bath, a/c, second floor, heat included. Available immediately. \$1,050. 621-1277.
gcs5

GARDEN CITY: SEVENTH ST
office for rent. 625 sq. ft. Lease available. Good parking. 747-0365.
gcAg4

HUGE UNFURNISHED/FURN-
ished room. Wall to wall carpeting, private bath. \$360 includes all. References & security. Female preferred. Walk to Stewart Manor RR/stores/bus. 328-1212.
gcs2

SOUTH FREEPORT - FURNISH-
ed studio Co-op. Dishwasher, A/C & parking. Asking \$700. 223-0922.
gcs2

NORTH SHORE TOWERS
Furnished 1 Bedroom, 1 Bath. September 15 to May 15. Call (212) 755-5000 and leave Message.
gcs2

ELMONT EAST: BASEMENT
Separate entrance, studio, living/bedroom combo. EIK. Desire single, non-smoking, mature male. \$500 all. 354-5626.
gcs1

MINEOLA - LARGE STUDIO
Walk to wall, separate kitchen, walk-in closet, heat, gas and parking included. Call 747-1668.
GCS2

MINEOLA: 3 BR, LARGE KIT,
full bsmt., 2 car garage. Huge yard. Walk to all. \$1200 + utilities. 248-7894.
gcag5

GARDEN CITY BORDER
Spacious Townhouse. Immediate occupancy. Reduced \$1,600 a month. Bamberg Real Estate Services 742-0933.
gcag4

GARDEN CITY 3 BR, 2
baths. New throughout. Large property. Close to park & school. Asking \$2,300. 742-8337.
gcs2

Real Estate Wanted

MINEOLA/GARDEN CITY/
Great Neck. Large 2 1/2 room apt. wanted with own entrance, bath, cooking facilities by professional female. Non-smoker, no pets. Leave message 261-0233.
ha4

LOOKING FOR HOME IN G.C.
Minimum 4 BR's, 2 baths in Central area. Price range low \$500's. Principals only. (212) 309-3125 days.
gcs2

LOOKING TO BUY SMALL
home in Garden City with 2/3 BRs, 1 1/2 - 2 baths, low taxes. Prefer Western Section. Principals only. \$240,000. Hope to close by Christmas. Write to Garden City News, 821 Franklin Ave., Garden City, N.Y. 11530. Box P.
gcs2

GARDEN CITY 2 BR APT FOR
rent, new throughout. Walk to all. \$1,600. 742-8337.
gcs2

GARDEN CITY - CONVENIENT
to Adelphi. Beautiful, carpeted studio. Private entrance, private bath, closets galore, off street parking. Very private. Short walk to Stewart Manor RR/stores/bus. Immediate. References & security. \$550 includes all. Call 328-1212.
gcs2

TUDOR GARDENS - CHARM-
ing 1 BR Apt elevated building, top floor, front, new kit & bath, A/C, wall to wall carpeting, heat included. \$1,100. One month's security. No fee. Owner/broker. 326-1907.
gcs2

GARDEN CITY - ROOMS TO
share. Kit., laundry rm., LR & DR areas. Near RR, non-smoker. Professional/business, female preferred. 358-5134.
gcs2

Services

HANDYMAN - QUALITY HOME
repairs: plumbing, leaky faucets, toilets, tiles and grouting. Shelves, fences. Doors shaved, carpentry, sheetrock patching, ceiling fans & window A/C installed. Call Joe 746-7517.
ws3

HOME IMPROVEMENTS
Painting, Interior/Exterior. Wallpapering, 18 years in business. Free estimates. 718-358-8031. Ralph.
hO2

LEAKS & SQUEAKS HANDY-
man Service: No job too small. Old house specialist. General home repairs. Fifteen years experience. Day and evening hours available. Call Jim. 868-4984.
gcs5

S.A.T. TUTORING
Have you thought about the Oct. PSAT, Nov. SAT? Get a head start with summer help. 20-year high school English teacher, extensive SAT experience. Personal instruction and in-home convenience bring out your best. Also, basic and advanced English skills. 423-1967 day or evening.
hly4

BRIAN CLINTON MOVERS
Licensed and insured. One piece to a house load. Free estimates. 333-5894. Owner supervised. Carle Place
gcO4

CARPENTER
Any type work such as bookshelves, cabinets, radiator covers, doors, windows, decks, basements. Excellent finished work. 40 years experience. Reference 248-8163.
gcs3

Services

TREE WORK: REMOVALS,
pruning, topping, stump grinding. All work done by owners. Licensed/insured, references. Free estimates. E.T. Lawn & Landscaping 561-9399.
gcs4

BUILD WITH BRICK
Stoops/Fireplaces/Patios
• Driveways • And all types of Brick & Stone Work
Quality Workmanship at Reasonable Prices
Satisfaction Guaranteed
No Job Too Small • Waterproofing
Slate Roofs Repaired
Estimates 538-3813
LIC#H1735940000
gca4

HAVE YOUR HOME CLEANED
the easy way. Insured bonded people available. Affordable rates Call Moppets Cleaning Service 488-6279 or 294-9120 (leave message).
gco4

THE CUISINE SCENE
Fine catering, glorious food, complete party planning service, menu suggestions for all occasions. Professionally trained staff. Call Susan 742-1956.
gcn2

LADIES, RELAX AND ENJOY!
Your next party! Catering and experienced professional services for assisting with preparation, serving and cleanup, before, during and after your party. Bartenders available. Call Kate at 248-1545 or 746-8264.
wfn

JAMES F. MENTZ
CARPENTER-ROOFER
Skylights Installed
Carpentry-Alterations
Slate Roof Repairs
Roofing-Gutters-Leaders
Kitchens-Attics-Basements
LIC #401750000 593-2933
gco2

INTERIOR PAINTING &
Papering: Free estimates, reasonable rates. Day or evening call 488-3829.
gcs2

PAINTING INTERIOR &
exterior, plastering, tiles & grouting. Reasonable. 741-5931. Ask for Bob.
ws3

CUSTOM CUISINE "CATERING
to Your Needs". Gourmet food created to perfection for engagement parties, baptisms, bridal & baby showers, dinners, any occasion. Free set up & delivery. 365-8149.
gcs2

HANDYMAN - PAINTER
Benjamin Moore Paints, pressure washing, carpentry, kitchen cabinets refaced - driveways sealed and more. Free estimates. Small and odd jobs welcomed. Charlie 887-6076.
gcAr5

CARMINE'S PAINTING
Interior/Exterior - paper hanging, plastering, also sheet rock taping. Free estimates. Commercial or residential. Reliable, references. Licensed & insured. Please call 481-5210.
GCS2

CARPENTRY: ALL PHASES OF
carpentry: basements, attics, decks, kitchens, bathrooms. Quality work guaranteed. References available. Licensed & insured. Free estimates. Call Mike anytime, 352-5783.
gcO2

CHRISTOPHER TREE SERVICE
All aspects of tree cutting & pruning. Fully insured. For free estimate call Scott Boggan 868-3456.
gs1

Vacation Rental

CATSKILLS - WHITE LAKE
Fantastic waterfront. Large 3 plus bedrooms, 2 baths, deck, dock, great beach. Mod. ranch and country cabin. Aug. 18 to Sept. 15. Also for sale. 607-569-3402. hA5

MT SNOW/HAYSTACK
4BR 2 1/2 baths, color TV, VCR, microwave. Available by month, week, weekend or season. Near golf courses, lakes, tennis. 3 acres, beautiful views with privacy. 466-6120 gca4

MOUNT SNOW, VT. SUMMER
fall foliage, ski season. Beautiful, fully equipped condo with all the comforts of home, sleeps 8. Hot tub and sauna in condo. Club house with all amenities available on premises. Flexible rental time arrangements available. Call 741-1824. gcs1

SANIBEL ISLAND, FLORIDA
Lush tropical setting, virtually unspoiled, southern Florida Gulf coast. **Sundial Beach & Tennis Resort** selected by Better Homes & Gardens as one of the top resorts in the USA. 2000 ft. beach, 5 pools, jacuzzi, 13 soft/hard court tennis, golf, boat/bike rentals, supervised children's activities available, award winning chef & gourmet restaurants, superb shopping, world famous shelling, only 35 min. to Ft. Myers airport. Complete resort right on the Gulf. Recent multimillion dollar beautification program. One or two BR Condos with full kitchens. Rent daily, weekly, etc. Reasonable 746-2211 or 326-7711. gcn2

HAMPTON BAYS - SEPT. IN
the Hamptons is beautiful. Rent a 3 BR contemporary with skylights, decks, glass and pool. 2 miles from beach for \$500 a week. Sleeps 6 adults. Available from Sept. 14. Very peaceful and quiet. (516) 579-4186 or 728-3172. gcs1

MONTAUK FALL SPECIAL
\$166 - 3 nights - 2 room suite, heat/ac full kitchen cable TV, walk to beach and town, daily maid service, sleeps four (\$193) Immaculate. Other packages available. Sullivan 724-5572 hsl

JUST NOW AVAILABLE
Jamesport - Charming 4BR, 3 bath Peconic Bay front home with den, deck, laundry, etc. Week-month-season. 482-7790 gca5

POCONOS - 3 BR RANCH
in lake community. Swimming, tennis and vacation activities. House spotless, washer/dryer, micro, 2 decks, fpl. Walk to lake, horseback riding, quality restaurants and shops nearby. \$350 a week. 379-8447. gca4

CLEARWATER, FLORIDA
Immaculate one BR one Bath and Florida room. Full kitchen, all appliances. Fully furnished. Ceiling fans. A/C Pool. Ten minutes from gulf. 55 plus. \$400 month. (516) 746-4463 wa3

NAPLES, FLORIDA:
Country Club living. No greens fees, tennis, swimming, brand new 3BR, 2 bath, c/a/c, on golf course. January through March, 1991. \$7800. 742-7608; 324-5697. gca5

Boat For Sale

CLASSIC FULL KEEL SLOOP
REDUCED \$4000! In water. Paceship 26/5 sails including spinnaker. D.F., K.M., V.H.F., C.B. Sleeps 4. Head, Galley, Ocean rated hull. 9.5 I.B. Asking \$5,500. Call 718-343-8704. htn

CHRIS CRAFT 1986
33 foot Commander T350's. Sleeps 6. 6.5 K.W. generator. Full canvas, radar, low hours. Excellent condition. Free winter storage. \$70,000/offer. 765-1594. gcs2

For Sale

WALNUT OVAL DINING TABLE
40 x 41 with leaf and four captain's chairs, \$50. Oval mahogany and wood veneer coffee table, \$30. 538-6081 gca4

PIANO - WURLITZER CONSOLE
Excellent condition. \$700 - 248-6654 after 6 p.m. gca5

21 TORO COMMERCIAL
lawn mower, rear bagger, five horse power, B&S engine, superb condition. Brand new medium size, insulated dog house for small to medium dog, 466-6120. gca4

VANLEIGH MAHOGANY
lighted breakfast. Mahogany Bombe' triple dresser/mirror, night tables, chest. DR-4 chairs, table with 3 leaves, mauve upholstery with balloon valance to match. Side board, chest and desk. 485-1583. gca4

USED OFFICE FURNITURE
desks, chairs, etc - by the piece or in bulk. 248-8275. gca5

CLASSIC FULL KEEL SLOOP
REDUCED \$4000! In water. Paceship 26/5 sails including spinnaker. D.F., K.M., V.H.F., C.B. Sleeps 4. Head, Galley, Ocean rated hull. 9.5 I.B. Asking \$5,500. Call 718-343-8704. htn

NEW BOY'S BIKE
Schwinn Chriss Cross, blue and white, 22 inch. Used four times. 326-1245. gca4

48" ROUND SOLID OAK
table with claw feet and 5 chairs. Excellent condition. 742-4396. gca4

HOSPITAL BED FULLY
automatic with mattress. 485-7054. \$1,050. wa5

TDS ATLAS BENCH WITH LEG
curl attachment. Good condition. Asking \$150. 483-8185. Ask for Scott. gcs2

CONTEMPORARY COUCH,
love seat & chairs - earth tones with oak trim. Excellent condition. \$350 all. Baby items - play pen, portable play pen, walker, swing & pram stroller. Call 873-0925. gcs2

SELLING YOUR HOUSE?
We can offer you top exposure in the Display Classified Section of Discovery. One low, low price will put your house on the market in over 22 communities! Deadline is Monday of every week for Friday publication. Call immediately. 931-0012

For Sale

BABY ITEMS - PEREGO
Olympic Quatro stroller Little Tikes basket ball set, high chair, wagon, bed rail & much, much more. All excellent condition. Please call 489-1621. gcs2

MOBILE HOME - CALVERTON
Adult park - double wide with Florida room, carpet throughout. \$43,990. 746-5652. gcs2

RACING BICYCLE - SCHWINN
Prelude 1989 practically untouched, excellent condition. Unusual paint, jel seat, water bottle & Kryptonite lock attached. \$500 value - yours for \$375. Call 742-7529. gcs2

18 CUBIC FOOT REFRIGERATOR
\$50, 9 cubic foot freezer, \$50, Maytag washer/dryer, \$80. All in working condition. 20" girl's Schwinn bike, \$30, 20" boy's Schwinn bike \$15, 8 foot black sofa, \$30. Call for details. 248-5486. gcs3

SOLID OAK DININGROOM SET
table with wrought iron trim, 6 chairs with leather seats, server and lighted hutch with 2 shelves, custom made pads for all pieces. \$2,000. 741-5965. h52

WHITE WROUGHT IRON
furniture - sofa and 2 arm chairs with cushions. Glass top coffee table. 4 years old. 292-9305. gcs2

TWO WALL UNITS
Scandinavian Teak, one TV Unit with glass door top (78" x 38 1/2"). Shelf unit with glass door top (78" x 27") sold only as a set. \$950 or best offer. 764-9609. wS1

BMX RACING BIKE
red line 600 A, CW racing parts, all chrome mally, frame new. Originally paid \$400 - Asking \$150. 481-9377. gcs1

BABY ITEMS - STROLLER,
Little Tikes basketball set, high chair, wagon, bed rail and much, much more. All excellent condition. Please call 489-1621. gcs1

BABY GRAND PIANO
4 foot 7 fruitwood french provincial perfect condition, bench with storage. Daytime number 718/392-7744, evening and weekends 212/249-9046. h51

1984 SUNBEAM ELECTRIC
lawn mower in good condition, including electric cable. \$100. 747-6798, leave message or call after 6 p.m. gca4

CHERRY BREAKFRONT
Bedroom furniture and miscellaneous items. 747-2995. gca4

GRANDPARENTS - Send in your grandchildren's photos
and enter our "World's Most Beautiful Grandchildren" contest. Just send a photo and a brief description of the child (or children) along with your name and address to: Litmor Publications, Beautiful Grandchildren Contest, 81 East Barclay St., Hicksville, N.Y. 11801. We'll do the rest! By the way if you want your photo returned, just write your name and address on the back of the picture and we'll even do that too!

Wanted

DOLLS WANTED
I collect dolls and other doll memorabilia, new or old. What do you have for sale? Call me at 747-8496. ha2

OLD GUNS, SWORDS,
Binoculars, old knives, bamboo fly rods. Call 825-0979 or 354-1943. ha2

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my home used mahogany dining room set. Must be in good condition. 489-5941. gca5

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1986 CHRYSLER LE BARON
Convertible, black with white roof, maroon interior, power windows, power brakes, a/c, automatic transmission, am/fm stereo cassette. Only 12,700 miles. Mint condition. Must see. \$8000. 742-1857. gca5

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1970 FORD COUNTRY SQUIRE
Wagon: Vinyl top, original owner, garaged. Seven rims/snows, posi-track rear drive. \$600 firm. Runs well. Call after 5 p.m. or Sunday, 746-3757. gca4

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Lost & Found Pets

LOST PARAKEET
Kenwood Area. 248-1883. ha5

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light brown body, black nose/ears/paws. Lost Sat., July 28, New Hyde Park area. (516) 354-6461 or (718) 565-8158. REWARD wAu4

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GARAGE SALE: MULTI-family. Fri., Aug. 24 & Sat., Aug. 25 from 10 a.m. to 3:30 p.m., 78 Hampton Rd. (off Stewart Ave.), Garden City. Oriental rug, Cadillac tires, cookbooks, many more bargains. No previews.

gcag4

GARAGE SALE SAT., AUG 25, 9-4 - 3 Nassau Blvd., Garden City. Furniture, hutch, beds, antiques, desks & miscellaneous items. No previews.

gcag4

128 AVON PLACE (OFF WESTMINSTER) West Hempstead, Sat. Aug. 25, (raindate Aug. 26) 9 a.m. - 4 p.m. Children's items, household goods, furniture, portable dishwasher, double oven and stove hood, collectibles, exercise equipment and designer clothes.

gcS2

HOUSEWARES, FURNITURE, childhood treasures. Friday, Aug. 24 and Sat. Aug. 25, 10 a.m. - 5 p.m. 175 Willow Street, Garden City.

gcAg4

FURNITURE, BASKETS, clothing, antiques. Something for everyone. Friday, Aug. 24 and Sat. Aug. 25, 108 Meadow Street, Garden City. 10 a.m. - 4 p.m.

gcAg4



VENDORS WANTED FOR Craft's Fair to be held at St. Joseph's School, Garden City on Saturday, Oct. 20. For information and application call 746-6760, 248-4881 or 248-2764.

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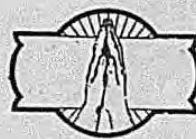
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HOLY SPIRIT YOU WHO SOLVE all problems, who light all roads, so that I can obtain my goals. You who give me the divine gift to forgive and forget all evils against me and that in all instances of my life you are with me. I want in this short prayer to thank you for all things and to confirm once again that I never want to be separated from you ever in spite of all material illusions, I wish to be with you in eternal glory. Thank you for your mercy towards me and mine. Say for 3 consecutive days after which the favor requested will be granted even if it appears difficult. This prayer must be published immediately. Thank you Holy Spirit. M.F. wa4

MAY THE SACRED HEART OF Jesus be adored, glorified, loved and preserved throughout the world now and forever. Sacred Heart of Jesus, pray for us. St. Jude, helper of the hopeless, pray for us. Say this prayer 9 times daily; by the 8th day your prayers will be answered. My prayer has been answered. Say it 9 days. It has never failed. Publication must be promised. K.K. GCAG4

NOVENA TO ST. JUDE
Oh Holy St. Jude, Apostle and Martyr, great in virtue and rich in miracles, near kinsman of Jesus Christ, faithful and intercessor of all who invoke your special patronage in time of need, to you I have recourse from the depths of my heart and humbly beg to whom God has given such great power to come to my assistance. Help me in my present and urgent petition. In return I promise to make your name known and cause you to be invoked St. Jude, pray for us all who invoke your aid. Amen. Say 3 Our Fathers, 3 Hail Marys, 3 Glorias. Say for 9 consecutive days. Publication must be promised. This novena has never been known to fail. Thank you for answering my prayers. K.K. GCAG4



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**The
DINING GUIDE**

In the Discovery Section of this Newspaper

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Father-daughter conflict

By Willard Abraham, Ph.D.

Dr. Abraham: I have a very big problem. I live with my stepmom and dad, and I visit my real mom some weekends.

I'm really interested in black guys. I've had many relationships already. I've also had sex with some of them.

I don't judge them by their color, but my dad does. He will not even take the time for me to tell him how I feel about it.

I want to continue seeing black guys, but what should I do about my dad? — Have to Hide True Feelings

Have to Hide: I agree that this can be a large problem because it involves a basic conflict of attitudes.

I'm afraid you'll have to face the fact that you can't have it both ways. Because your dad's point of view seems to be so strong, there probably isn't much chance of getting him to listen to you.

Unless he softens up in his prejudices or you change your attitude, it will probably remain as a stalemate. Your choice seems to be peace at home or a continuation of your outside relationships.

I wish I could be a "Solomon" and come up with a solution with which both of you could be comfortable.

Have any of you other teens dealt with a situation like this — and "solved" it?

Dr. Abraham: I am a girl almost 12 years old, and my parents think I'm too young to call boys on the telephone. All my friends do.

What age do you think I should have to be before I'm allowed to call boys? — No Name

No Name: Because you apparently feel you now should be permitted to telephone them and your parents believe it is too soon, it may be the right time to talk about a compromise. That could result in deciding on a time somewhere between now and the age that they prefer.

A calm family discussion on this subject may be the way to go. If you try it, I hope it works out well for you, and for your parents, too.

Desperate: A famous writer, Cervantes, once wrote something like this: "Faint heart never won fair lady."

If that is really true, the thought may encourage you to try one or two more times.

Dr. Abraham: I am really irate. I think dress codes are merely another excuse for adults to try to run our lives by making them as dreary as their own. What ever happened to the freedom to express oneself? If I dress differently from others, does that give them any right to condemn me? I think not.

This trend is purely an invasion of privacy. I am me and you are you. Live your life the way you want but leave mine for me to live. — Tari

Tari: That seems to make sense, but there may be others who don't agree with you.

Dr. Abraham: I am a 14-year-old freshman with a problem that many people might not even know exists.

I'm underweight, 15 pounds to be exact. I am often kidded about this. People sometimes ask me how much I weigh.

After a while that all gets on my nerves. I would like you to ask people with this problem to write and tell me how they cope with the teasing.

Also, do you have a suggestion about how to gain weight? — Nameless

Nameless: If you can manage to act as though the teasing doesn't bother you, it may gradually stop. Once they know they can't get under your skin with it, it probably won't be any fun for them. Pretending won't be easy for you, I know, but it may be worth trying.

Because gaining weight is such a personal matter, you might ask your family physician to advise you. Suggestions could be valuable based on his or her knowledge of you and your needs.

Teen readers: Any other ideas on the teasing or weight-gain factors with which you have coped?

Dr. Abraham: I am writing to you about the letter you received from Ed. He and a girl were friends and finally ended up going out more seriously. After a couple of months she broke up with him and will not speak to him now. She just wants to be friends again. It seems strange, being friends without speaking.

I went through a similar experience. All through high school I had this best friend. I told him everything, we had no secrets and were always there for each other. We never fought and always had a good time.

The problem was me.

When we became more than friends, it was difficult for me to talk to him as I once could.

Then I felt I was not being fair to him because I "closed up." I now know why I did. Past boyfriends never cared what I thought, felt or had to say. For some reason that I don't really understand I could not accept being friends with him and also being a couple. So I broke up. I said I just wanted to be friends.

I'm not saying this is exactly what went through the mind of Ed's girlfriend. One difference between our problems is that he is the one who won't talk to me, and she won't talk to Ed.

That was about a year and a half ago. We still don't talk. It hurts and always will because I still love him.

If Ed writes a letter and she does not respond, he should leave it be. If he persists, it may make matters even worse. If he lets her alone she may surprise him. If not, he should try not to dwell on it. It would just make him miserable.

I hope this helps him and isn't too bold. — Janet, no address

Janet: Thank you very much. I, too, hope this is helpful to him.

Dr. Abraham: I am 12 years old, and there is this boy who's 15 who went to my school. I met him over the phone through a friend of mine. When we talked, we told each other what we looked like. The next day we met in the school hall.

After I met him and talked to him a couple of times, I fell in love with him. I wasn't sure that he liked me.

About two months later he was expelled from school, but I kept on thinking about him.

Later on his sister told me that he moved to Michigan. She also said that he liked me a lot. She said he was going to ask me out, but he was afraid of being rejected.

Ever since she said all that I haven't acted the same. I cry myself to sleep every night, and I've been very depressed.

What can I do to help myself? I would really like to know. — Depressed,

Depressed: Can you get his address from his sister? If so, you might consider writing a short note to him to help get a correspondence started.

However, there is something else for you to think about before you take that step.

If he was expelled from school for a reason that worries you, you might want to put off the correspondence.

Mainly for Seniors

By Leonard J. Hansen

Moving for retirement — a new opportunity

MONTGOMERY, Ala. — The welcome mat is out for retirees to move to Alabama, and Gov. Guy Hunt delivered the message to 150 state and community leaders recently in this capital city.

The two-day conference focused on reasons why and how to attract retirees first as tourists and then as residents.

"Alabama is a land of surprises," said Hunt. "We offer quality housing that is readily affordable, four seasons that are never harsh, championship-level fishing, golf and hunting, mountains and foothills, free community college access for senior citizens, and Southern hospitality that makes people feel welcome."

"Our cost of living is among the lowest of the nation, while our quality of life is rated among the best."

Crime rates in Alabama are also among the lowest in the nation, a fact sure to be promoted actively as the state and its communities extend the invitation to retirees, as part of an initiative directed by the governor.

The conference explored the reasons mature Americans may choose to move away from their present — even long-term — home cities to be "down home" in the South.

Reasons for moving, identified by expert presenters, included:

- Traffic, congestion, drugs and increasing crime rates, increasing taxes, and other declining factors in the quality of life elsewhere;
- Cost of living, higher in other parts of the nation, but lower in Alabama;
- Converting a home and property sale into investable cash, being able to buy a home in Alabama for less to much less;
- Environmental concerns, including air, water and noise pollution;
- To fish, hunt and/or play golf within minutes, an opportunity perhaps missing in more urban areas of the nation;
- To escape harsh winters.

Mainly for Seniors

Winn Ibbotson may be cited as an example. Five years ago he retired from a successful sales and management career with the Yellow Pages programs of Reuben H. Donnelly Co., based in Chicago.

"I wanted to fish and play golf, and get away from the rat race," he said in an interview. "I found all of it and more in Lake Guntersville," in the northwestern corner, the mountain foothills of Alabama.

Ibbotson also found an opportunity, one called involvement, as chairman of the residential retirement committee of the Guntersville Chamber of Commerce.

"We've developed programs and activities for retiree residents that are now the model for other communities of the state. These range from potluck suppers to year-round golf outings, dances and entertainments to fishing derbies. I'm more active in the community than I ever was back in Chicago."

Bob Smith retired after a broadcasting career with the U.S. Information Agency to Lake Eufala in southeastern Alabama, to a community of some 7,000 residents, most of whom take their bass fishing on the area's large lakes and rivers as a major priority.

Smith also found opportunity in a part-time career in radio stations and the local newspaper, and as a leader in the community programs and activities for new retiree residents.

"I'm active more than ever, but in the ways I want to be," stated Smith on a land tour of the lake region.

Mark Fagan, D.S.W., a professor of social work at Jacksonville State University in Alabama, is consultant to the governor's program to attract retirees.

"In our research we discovered that we didn't have to build a Disneyland or other major buildings to attract fine retirees. In fact, our down-home hospitality and reality is what many people are seeking for their retirement years. So on that basis, our program extends the invitation to come visit."

For information on visiting or retiring in Alabama, write the Governor's Program on Attracting Retirees, Alabama Department of Economic and Community Affairs, P.O. Box 250347, Montgomery, AL 36125-0347. Telephone number is (205) 284-8788.

For added and valuable information send a self-addressed, stamped business size (No. 10) return envelope with your request for a free copy of Peter Dickinson's eight-page special report, "Sunbelt Edens for the 1980s." He is also the author of the "Retirement Guide to the Sunbelt" and "The Retirement Letter" newsletter. Send your "Sunbelt Edens" request to Peter Dickinson, 44 Wildwood Drive, Prescott, AZ 86301.

If you're considering a move for retirement years, Alabama extends its invitation to "come see us." Other sunbelt states are sure to launch their own campaigns to present their own stories and opportunities for mature adults.

Winn Ibbotson and Bob Smith found what they were looking for and more in Alabama.

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ANTIQUE OR JUNQUE

By James G. McCollam



Porcelain dish was made to hold celery

Q. Enclosed is a picture of a porcelain dish that my grandparents brought from Germany. It is 12½ inches long and 5 inches wide. It is marked with "L. P. F." in a diamond. Any information you can provide will be appreciated.



CELERY DISH
Made by Ilmenau Porcelain Factory
in Thuringia, Germany

A. This celery dish was made by the Ilmenau Porcelain Factory in Thuringia, Germany, during the early 1900s. It probably would sell for about \$35 to \$45.

Q. The enclosed mark is on the back of a portrait plate of a lady in an elaborate costume. The plate has a dark blue border with gold trim.



Can you determine the vintage and identify the maker? I would also like to know its value.

A. This plate was made by the Carl Schumann company in Arzberg, Germany, during the 1880s.

It probably would sell for about \$80 to \$100.

Q. Please provide information about the value and origin of my stoneware water cooler.

It holds about 3 gallons and has a spigot. It is marked "Red Wing Union Stoneware Co."

Can you provide any information about the value and origin?

A. Your water cooler was made in Red Wing, Minn., early in the 20th century.

If it is complete with carrying handle and lid, it should be worth about \$300 to \$325.

Q. We were given a hand-painted porcelain cake plate with pierced handles.

It depicts an ancient sailing ship along a shore with mountains in the background. It is marked "Nippon" with an "M" in a wreath. It is 12 inches in diameter.

A. Porcelain made in Japan made between 1891 and 1921 was marked "Nippon" (the Japanese word for Japan). The "M" stands for Morimura, the company that imported your cake plate.

It probably would sell for about \$100 to \$125.

ANTIQUE OR JUNQUE

Q. What can you tell me about the vintage and value of my mechanical bank?

It is made of sheet metal and is marked "Joe Socko." There are two fighters on top of a box; when you insert a coin their arms swing as if they are boxing.

A. Your bank was made during the 1930s and probably would sell for between \$265 and \$285.

Q. We inherited a porcelain plaque (it has a hole to hang on the wall); it is painted with ladies wearing robes and playing harps. The border is green and gold with tiny flowers. It is marked "Victoria, Carlsbad."

Is this valuable? How old is it?

A. This plaque was made by the Victoria Porzellanfabrik in Carlsbad, Austria, late in the 1800s.

It probably would sell for \$125 to \$135.

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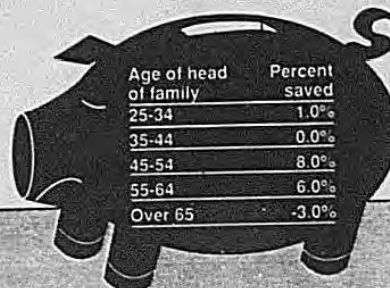
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SMART MONEY

Is your family saving enough?

Americans are notorious for not saving much of their families' disposable incomes, as confirmed by this table.



SOURCES: U.S. News and World Report magazine; The Urban Institute



Points on Pets

By R.G. Elmore, D.V.M.

Bored birds pluck their own feathers

Q. Since my wife took a full-time job we have noticed that our parrot has lost more feathers than normal.

The feathers on the bird's head look normal. However, the feathers on the bird's body are falling out in patches.

Is the bird plucking its own feathers while we are both at work?

A. Abnormal feather loss is one of the most noticeable and annoying problems affecting pet birds. While normally feathered birds are among the most beautiful of all creatures, birds without feathers are among the most ugly of all animals.

The causes of most feather disorders can be classified as behavioral, hormonal or infectious.

In caged birds, behavioral problems are the most common reason for abnormal feather loss. Boredom is usually the reason that most birds pluck their own feathers. When deprived of natural activities such as flying, food gathering and courtship, many birds progress from aggressive grooming activity to feather destruction. This problem is most often seen in psittacine, parrotlike, birds.

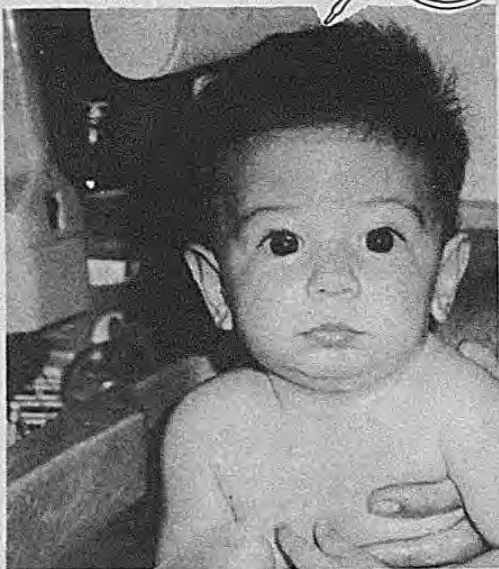
Most birds that are self-destructive due to boredom have normal neck and head feathers. The bird cannot reach these feathers during its periods of self-destruction. However, the feathers of the body are usually riddled.

Offering birds toys such as rawhide strips, mirrors, bells and dangling chains may help overcome the boredom. Sometimes adding a mate to the cage solves the problem.

Any bird with abnormal feather loss should be examined by a veterinarian to determine the exact cause of the problem. There are many veterinarians who specialize in problems and diseases of birds. If your veterinarian is not one of them, he can help you locate one.



The World's Most Beautiful Grandchildren



This is my new grandson, Alexander Thomas Spindelmann, born March 7, 1990. I'm very proud to be his Nana.
Jean Bruno Spindelmann
Garden City

JUNIOR EDITION

WIN A BIG PRIZE!

LIST FIVE THINGS "E" HERE THAT END "E" WITH THE LETTER "E"
ALSO COLOR THIS CONTEST ENTRY.



Aunt Tilly's Corner

Hasn't the weather been hot and sticky during this part of the summer (with the exception of the early part of this week)? There's an expression for this time of year. It's called "the dog days of summer."

Like many expressions, there is a reason for it. I've been told that the phrase came about because dogs seemed to go mad in the heat. Actually, the problem was a disease called rabies. Since most pets are vaccinated for rabies, there are now almost no cases anymore. But now the saying is part of the language.

I'm sure there may be other explanations for "dog days of August" as well. Do you know any sayings that seem funny to you? It's interesting to find out where funny sayings come from.

Your Friend,

Aunt Tilly

P.S. This week's coloring contest winners are Robert McKeon and Glorienne D'Avino.

RULES BOYS AND GIRLS

Here is your chance to win One Dollar (\$1.00) - to spend or to save.

Here's all you have to do:

1. Contest is open to children 4 to 12 years of age.
2. Entries must be received by Friday, August 31, 1990
3. Paint, watercolors and crayons must be used on the above.
4. Decision of the judges will be final.

Mail your entry (just clip out cartoon) to this newspaper at:
105 Hillside Avenue
Williston Park, N.Y. 11596

YOUR SOCIAL SECURITY

By William M. Acosta

Can disabled child get SSI and AFDC?

Q. Is it possible for a disabled child to receive both Supplemental Security Income and Aid to Families with Dependent Children? — W.B.

A. Disabled or blind children may qualify for either SSI or AFDC, but not both.

The one that is best for a person depends on the facts of the case. Your Social Security office can help a person decide which to choose.

Q. I am 41 years old and receive Social Security disability payments.

What happens when I become old enough for retirement benefits? — D.G.

A. Your disability benefits end when your disability ceases or you attain age 65 (whichever comes first).

Upon attainment of age 65, your

disability benefits are automatically converted to retirement benefits.

Q. I have worked and will be entitled to Social Security. However, the amount will be quite small.

Can I also receive benefits on my husband's record? — H.N.

A. Women who have worked are eligible for benefits based on both

their own earnings and on their husband's earnings if their own retired-worker benefit is smaller than the benefit they would receive as a spouse. They receive a full benefit based on their own earnings plus a partial benefit based on their husband's earnings.

The amount of that partial benefit is the difference between their own and the amount to which they are entitled as a wife or widow. They do not receive both benefits in full.

Q. I know there is a deductible for Medicare hospital insurance, but is there a deductible under Medicare medical insurance? — T.L.

A. Yes. The Medicare medical insurance annual deductible is \$75 in 1990.

You need to meet this \$75 deductible only once during the year, and the deductible can be met by any combination of covered expenses.

Your medical insurance will generally pay 80 percent of the approved charges for covered services after you have met the annual medical insurance deductible.

YOUR SOCIAL SECURITY