

In Two Sections - Forty-Four Pages

The Only Newspaper Printed and Published In Hicksville

# Mid-Island Times

## & Levittown Times

35¢

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Friday, May 11, 1990

### 'Best In Show' By 8th Grader



Mrs. Henny Shore, Middle School Art Teacher, is very pleased to announce that Neha Patel, an 8th grade student won "Best In Show" prize, Junior Division, at the Young People's Art Show held April 23-27, at the Hicksville Public Library. Neha, who is in Mrs. Shore's Studio in Art Class, competed against students from other districts including Lynbrook and Massapequa. Neha's award winning work, entitled "Country Kitchen" can be viewed with other art work at the annual Art Show at the Middle School, Monday and Tuesday evening, May 14 and 15, from 7 to 9 p.m.

### Church Seminar On 'New Age'

The Church of Christ of Hicksville will be presenting a seminar on the New Age Movement, examining its growing threat to God's church universal. Peter Muth, a member of the Hicksville Church of Christ, along with a few guest speakers, will be exploring and uncovering the New Age Movement, revealing it for what it really is, that being a Satan-controlled, modern day mass revival of occult-based

philosophies and practices.

The seminar is in two parts, beginning on Tuesday evening and ending on Wednesday evening May 15 and 16, from 7:30 to 9 p.m. The seminar is free of charge, and will be held at The Church of Christ, located at 105 Broadway, in Hicksville.

We urge you all to attend and discover Satan's clever deception in this Movement, for this is too important to miss!

### Second Scholarship Dinner Held

The Hicksville High School Alumni Association successfully sponsored the Second Annual Scholars' Dinner, held at the Hicksville Elks Club on May 2, as the Hicksville PTA Council presented the awards to the top twenty percent of the graduating class. Special medals were also given to Valedictorian Ellen Young and Salutatorian Michelle Eger.

The students were honored individually and in groups according to the elementary school from which they graduated or from the Middle School or High School if they moved into the district at a later date. Principals and PTA Presidents from each school

presented the award to the students along with PTA Council President Terry Moehring and Alumni Association President Conrad Weyer. In turn, each group of students honored a deserving teacher from each school. Students and teachers reminisced about the past years, particularly those teachers from the elementary schools who have not taught these students in many years, but who had clearly left a wonderful impression in the lives of the students.

Entertainment was provided by 10th-grade student Taylor Ferranti on the piano, followed by the Madrigal Singers under the direction of Darren Lougee.

### Art Awards In Library

Four young Hicksville artists won awards at the "Young People's Art Show" which was held at the Hicksville Public Library during National Library Week.

The Art Show is sponsored by the Town of Oyster Bay, the Independent Art Society and the Friends of the Hicksville Public Library.

The Junior Division (7th-8th & 9th grades) had 41 pieces of art entered by Town of Oyster Bay residents. Six awards were given and of the six, three were won by Hicksville students:

Neha Patel - Friends of the Library "Best in Show" award for her entry "Country Kitchen."

Brian Zelders - Chroma Paint Inc. "Best in Show" award for his entry "Lonely Winter Tree."

John Rasmussen - "Honorable Mention" for his entry "Home Sweet Home."

There were 38 entries in the Senior Division (10th-11th & 12th grades) and six awards given.

Scott Davan of Hicksville won an "Honorable Mention" for his entry, a computer graphic "Mountains."

### New Fire Station Opens Next Month

The Board of Fire Commissioners and Hicksville Fire Department Chief Anthony Wigdinski have announced the new fire station - Station #4 - will open Saturday, May 12. The long awaited opening will add faster fire department services to the vast southwestern portion of Hicksville.

Ladder Co. #1, Hose Co. #4, and Engine Co. #7 have been assigned to the new station. At this time about 40 members will be available to respond to apparatus at the new station. Several other members who live elsewhere are relocating their homes or buying their first home in that area.

For many months low bid contractors have held up progress and some work is still in progress. But the station is in good enough condition to operate on its own. More on this opening in a later edition.

### Council Reviews Budget, Postal Facilities

By Maureen Traxler

Acknowledging that there are serious traffic problems at the Hicksville postal facility, General Manager/Postmaster of the Long Island Division Jeff Martin noted that the Postal Service is working on ways to alleviate the difficulty. Mr. Martin was joined by Schools Superintendent Catherine Fenton as guest speakers at the May 3 meeting of the Hicksville Community Council.

Scanning the services provided by the Hicksville Post Office, Mr. Martin noted that the office is a 24-hour operation with 8 a.m. to 5 p.m. window service daily, 8 to 4 on Saturdays and limited service at the booth in the lobby until 11 p.m. weekdays. There is also a passport service, and a mobile postal unit in the back of the facility, off Barclay Street. A FAX machine has been installed in the lobby and express mail service includes on-demand pickup, with selected overnight delivery for a \$4 charge or your money back. Mr. Martin clarifies, however, that the department is not equipped to go to every city overnight.

Hicksville is a part of the Long Island Division headquartered in Melville. This facility covers most of Nassau County and all of Suffolk County and processes about 4 million pieces of mail daily.

Mr. Martin, a 29-year veteran of the Post Office, says that the postal service focus is on becoming more efficient, providing better service and keeping rates down. With an increase of 60% in volume in the last ten years, the postal service operates on a break-even basis, "with a tiny fraction on the plus side," said Mr. Martin. "Eighty-three percent of costs are labor," he added. Although the department certainly does not want to lose business, rates will be increased in February 1991 to 30 cents for first class mail.

The department's goal is to have all mail sorting automated by 1995. To speed up this service, the department will require that addresses be type written in block form in black ink with a white background; all punctuation should be eliminated; city names should be written out, and the two-letter state abbreviations used. The last line containing city, state and zip code should be one inch above the bottom of the envelope. The postal service is asking all businesses to conform to these standards at the present time. Mr. Martin boasts that the department is ten times more efficient on automation, and he continues, "We are making that investment, but it takes time."

The Postal Service enjoys notable contributions to Long Island: \$285,000 is donated to charitable organizations, the department initiates holiday food drives and toys for children. Contributions are made to the Long Island economy through purchases from local businesses - Electricity, new construction, gas, renovations and repairs -- and the postal service pays close to \$2 million in property taxes.

There are 10,000 postal employees on Long Island. Mr. Martin credits the carriers as being "the watchful eye for handicapped or elderly and the one who notices a build up of mail. One carrier even assisted a family out of a burning house."

Questioned about the quality of the adhesive on the back of stamps Mr. Martin concurred that the department does receive complaints in that regard from time to time, but the problems have been spotty.

One tip - mail early in the day to insure an even flow in mail processing for best service results.

Superintendent of Schools Dr. Catherine Fenton gave a brief overview of the \$53,000,000 budget which comes up for a vote before the public on May 23. She said that the State still threatens a \$2 million shortfall in aid to the Hicksville District, "which would probably increase the \$5.38 estimated tax rate increase."

Dr. Fenton said that only \$1,952,777 or 3.7% of the budget is under the control of the School Board. In the event of a budget defeat and the initiation of an austerity budget, Dr. Fenton reminded residents that all contractual services (salaries) must be paid. Elimination of community services and some instructional services and supplies would be necessary, as well as additional transportation services which go beyond the State mandated limit of about 2 miles from home.

The Community Council concluded its program with a school board candidates forum. Council President Joe DePompa passed out a chart which compiled the candidates' answers to a questionnaire drawn up

Continued On Page 3



## Letters to the Editor

Dear Residents:

This letter is to announce my candidacy for election to the Hicksville Board of Education. During the campaign I intend to focus on the issues that are facing our community. I believe the inflated expenditure budget, school closings, school-community relations, Board/Administration relations, the maintenance of educational programs and the academic performance of Hicksville students are those critical issues.

I have been an educator for the past 26 years, with a Bachelors degree in Accounting from Hofstra University and a Masters in Counselor Education from St. John's. Having lived in Hicksville for the past 23 years, I have watched two of my children graduate from Hicksville High School and I also have a daughter in the 4th grade at Willet Avenue.

I served from 1975-1984 as a Trustee on the Hicksville School Board, and would like to utilize my experience and knowledge which is sorely missing on the current Board.

Current board leaders should deliver what they promise. They haven't and must be replaced. Under Cardella, Miltenberg, MacBride and Wolf the tax rate has skyrocketed and the cost of educating our children is way up! They haven't done their homework and kept in touch with the community needs on the school closing issue.

The Miltenberg and Wolf board actions and cover-up on the bus driver, Izzo, child abuse case is currently in litigation and may cost Hicksville taxpayers \$50 million. The asbestos issue has not disappeared or gone away as they had hoped.

Employee contract negotiations during the past two years have resulted in excessive settlements and the Superintendent of schools had her contract extended for another three years long before it expired. All of these with no community input.

I'm further concerned with the decline in standardized test results that are used to measure the excellence of our schools.

Board members Cardella, Miltenberg, MacBride and Wolf have not gotten the job done and a change on the Board of Education is necessary.

I am running on the team with Arlene Rudin and Steve Pendergast to help return Hicksville's pride in education.

John P. Ayres

To the Editor:

I attended the meeting Wednesday night, April 25, at the Hicksville Middle School concerning a group home for retarded children in Hicksville.

We certainly have not progressed very much in our attitude towards the retarded. They were referred to as "garbage," "noisy," "should be placed in institutions," etc.

I was appalled. One lady screamed out that their parents should take them home!

My sister was retarded. She lived at home for 20 years until my parents could no longer care for her. She was institutionalized at Letchworth Village in Rockland County. My parents lived with the guilt of doing this, for the remainder of their lives, even though they faithfully visited her weekly and brought her home for vacations. Advanced in age themselves, they thought they would place her nearer to Queens and she was transferred to the Suffolk State School and died there in 1971 at the age of 40.

Her placement at Suffolk State was similar to Willowbrook, S.I., the horrors of which resulted in the law which deinstitutionalized the retarded. My parents greatest fear and anguish in life, was what would happen to their daughter Lillian after they died. She predeceased them, but it would have been comforting for them to know she would be in a loving, caring, homelike atmosphere, rather than the "cottage" she died at. My parents wrote to Assemblyman Martin Ginsberg during her stay at Suffolk. He visited there and the "Newsday" article stated that he cried at what he saw.

How fitting that a news feature last Wednesday was entitled "The Ghost of Willowbrook." My sister flourished when she was at home and deteriorated when institutionalized.

The young man who spoke at the meeting in favor of the group home, who lives on the block of the proposed home, stated that he would want his children to be more understanding and compassionate toward other human beings. He is to be commended. Shouldn't we all be like the children that he wants to raise?

Irmgard L. Tuechler

To the Editor:

Now that "Budget time" is here, I expect to get two or three calls from Teachers telling me why I should vote in favor and the dire results if the Budget does not pass...Austerity. Inasmuch as the teachers have received the largest increase of any group on the Island, if not the State, I will

suggest that they avoid "Austerity" by giving back some of their benefits plus some of the increase. Every Union negotiating with private business has had to "give back" some of their benefits and settled for 6.5% or less in salary increases. Why not have our teachers explain to the student who will lose out on an Austerity Budget why they weren't able to get the funds. It would be very interesting.

It is also very strange to see how quickly the school Board did not follow up on who financed the newest members' campaigns. Could be another instance of one hand washing another.

Ever notice how many homes are up for sale in Hicksville? Bet you they aren't teachers' homes. I wonder if they realize that their taxes will also go up. I forgot, they will have a nice pay increase to cover it.

Have to sign off so that I can catch up on all the "double talk" campaign pledges.

Almost forgot - Baldwin has 4475 students - Budget \$47,298,420.

Hicksville has 4365 students - Budget \$53,084,000

Baldwin's change - about 5%  
Hicksville's change - over 20%.

A. Allan Goldstein

To The Editor:

If you care about the safety of our children, or about ways to cut wasteful spending by the Hicksville School District, please read this entire letter.

The candidates on the "A" line of the ballot will advance the interests of the teachers' union. The candidates on the "B" line of the ballot need help to control school administrators. I am on the "C" line and will fight to protect the children and the taxpayers!

I am an attorney who regularly represents many L.I. School Districts, a licensed teacher, active in the local Little League and Soccer Club. I deserve your vote on May 23. I am independent and qualified. I have, in appellate court, successfully argued expansion of law on behalf of union construction workers, but object to the teachers' union running a slate of candidates so the union can negotiate future raises with itself. Stop the "A" line. You do not have to vote a straight line across.

I was not afraid to challenge the Superintendent when she initially refused to confirm with Albany that teachers have valid licenses before putting them in classrooms. I was the first and only candidate to call for more County paid school crossing guards before closing schools, to safeguard children crossing additional, major streets. I will seek to force the administrators to closely monitor the bus companies.

I want to replace nurse/teachers with registered nurses at savings of \$320,000 unless the union provides concessions. I am qualified to develop a strategy to compel insurance companies, not taxpayers, to pay potential child abuse judgments and will seek to direct the Superintendent to cut administrative costs by 5-10%.

I recognize your legitimate community concerns about how closed school buildings and property might be used. Elimination of one class grades and fairer, more equal class sizes will result if one or two schools are

closed. Choose fairly. Pick schools in the worst physical condition close to other schools. Don't sell; lease, subject to community acceptance of tenants.

Promote education by investing in science labs, books, computers, and by selecting the best teachers as retirements occur. Address the needs of all students, at every level of achievement, at all grades.

Vote 3C on May 23. Elect the children's candidate willing to cut wasteful spending.

Charles Strugatz

To The Editor:

I attended the candidate forum sponsored by the Hicksville Council of PTAs on April 30, and I must report that I was impressed by the well-thought and direct answers of some of the candidates to the questions from the audience. In particular, I submit that Mr. John Ayres and Mrs. Arlene Rudin projected an honest and realistic picture of the ills that have befallen upon us during the current school year and the measures to be taken to remedy the situation and re-instill a sense of accountability and responsiveness in the new board. I therefore wish to urge all voters to seriously consider these two candidates with a proven track record to be brought back as school trustees.

Insofar as the school budget concerned it must be voted down unless the present board is willing to listen to the hues and cries of the taxpayers and reduce the proposed budget drastically before it is presented to the public in its final form. If the current board does not regain a sense of reason during the next few weeks and act accordingly, reduce the proposed budget, then it will be the unfortunate task of the new board to bring the budget down to a more acceptable level and submit it to a second vote before the start of the new school year.

I ask the good people of Hicksville that this time around we not be too naive and misinformed to end up with a board that lacks competence and character. The consequences are just too costly. Now is the time to make sure that we elect a board responsive to the wishes of those who foot the bills. There is no doubt in my mind that each and every school trustee now in office must be unseated in due time. Three of them this year, and the rest of the flock soon.

Sincerely,  
Jean Diradourian

For the past 18 years I have worked for children in the Hicksville community. Many of you know me through my involvement in PTA and the School Board. Four years ago when I gave up my seat on the Board I believed that I would be moving to be closer to my job. I discovered that it is very difficult to move away from "home."

I'm asking for your help in returning to the school board because I believe that the board has lost sight of their job and the needs of our community. This is clearly seen by the bad press the district has received for the past 18 months. There has been bad press about the superintendent's contract, the Izzo case, the teacher's contract, school board campaign financing, the Fried-

man case, the closing of schools and finally the budget crisis. Like every community member my confidence in the school board has diminished with each new mismanaged crisis.

I believe that I can bring to the board much needed practical and creative problem solving. In addition I believe this can be done without additional costs. For example, the administration has been unable to solve the problem of getting bus monitors to ride our buses for one hour each day. Although the Izzo case still looms over our head, the district just stopped looking. It is my opinion they should consider using staff already in place. Specifically, they could assign the hall monitors who work three hours a day providing security to our schools to work two hours in the schools and one hour on the bus.

Creating good schools requires a partnership between community members, school staff, and the school board. Can anyone blame our community for feeling violated by a 20.3% budget hike? Our community wants good schools. They want to be involved in the decision making. This is evident by the fact that many community members have been attending budget meetings for the past four months voicing concerns about the budget hike. The board has been unresponsive to these concerns. If a partnership is to exist the school board must take seriously the concerns of community members. When a community works together on solutions, consensus that doesn't pit one group against another can be reached.

I have worked with all the current Board members and hope that I can bring the healing that is sorely needed to our divided school community. I am running with John Ayres and Steve Pendergast. We are running as a team because we share similar ideas and have similar aspirations for our town.

I ask for your support and pledge to you the respect that you as a community deserve - for your children and for your pocketbook. Please take advantage of your constitutional right. Vote on May 23.

Sincerely,  
Arlene Rudin

To All Community Groups:

We of the A Team believe in full disclosure of all campaign financing. To further that effort we are requesting that any group who wishes to support our candidacy must notify us for permission, and after having received it, must provide us with any costs that they incurred on our behalf.

We urge all other candidates running for the Hicksville School Board to do the same.

Sincerely,  
John Ayres  
Arlene Rudin  
Steve Pendergast

To the Editor:

I am writing in response to Mr. Bennett's letter that appeared in last week's edition of your paper.

In my opinion Mr. Bennett's letter is not only unjust to Mrs. Rudin, Mr. Ayres and Mr. Pendergast, but also to the B Team, which, it would appear, he was attempting to endorse.

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## Environmental Concerns

Hicksville students are very concerned about the environment, and many classes throughout the district took part in Earth Day, April 22, and Arbor Day, April 27, projects.



The Volunteer Club from the Senior High School were honored at the Board of Education meeting on April 25, after raising enough money to plant a tree in the student courtyard at the high school. Five members of the club's planning committee - Samantha Smith, Ray Rojas, Lorraine Fan, Christina Moy and Colleen Bartley - and advisor Barbara Walling, second from right, are congratulated by Board of Education President Mark J. Cardella, far right, as members of the board and administrators look on.

## Council Reviews Budget, Postal Facilities

Continued From Page 1

by the Council. In addition to background and community service, the chart included the following key points:

- \*The keynote of your campaign is?
  - Ayres - More community involvement
  - Wolf - High School of excellence
  - Rudin - Creative problem solving
  - Schwartz - Board leadership; make budget cuts
  - Strugatz - Qualified and independent
  - Pendergast - Better Hicksville through education/communication
  - Miltnerberg - Fiscal responsibility; improved education programs
- \*Are you supported by an organization/group?
  - Ayres, Rudin, Strugatz and Pendergast - NO
  - Wolf, Schwartz and Miltnerberg - Concerned Citizens of Hicksville
- \*Which issue is most important to you?
  - Ayres - A tight budget and quality education
  - Wolf - Lack of leadership on current board
  - Rudin - Encourage students to reach potential
  - Schwartz - Poor board/community relations
  - Strugatz - Children's safety, quality of education
  - Pendergast - Unified school district; community relations
  - Miltnerberg - Uniform education in elementary schools
- \*Will you vote for the budget and will you campaign for your budget position?
  - Ayres, Schwartz, Pendergast and Miltnerberg answered yes.
  - Wolf - Will not vote for the budget, but will campaign for her own budget position.

Both Rudin and Strugatz answered that they will vote for the budget. They will not campaign for their own budget position, contending that voting on the budget is each individual's decision.

The Community Council will not hold its June meeting, since the library community room will be closed for renovations. The Council will meet again in the fall.

## Lutheran Services 'Planning Future'

Lutheran Family and Community Services, a non-profit social service agency, is presenting "Planning Your Future," a complete program on the retirement planning process. The workshop will be offered on Saturday, June 2, from 9 a.m. to 3 p.m. at Trinity Lutheran Church, 40 W. Nicolai Street, Hicksville.

Designed for people who are employed and still quite some years away from retirement, the program will cover all aspects of this increasingly important issue, from the psychological through financial planning. Experienced financial and retirement consultants Joseph Bartolf and George Hall will lead participants through the "challenge of the future" with insight into dynamic fitness, attitude and role adjustments, legal affairs, will preparation, estates, housing and lifestyles, time management and financial security. The cost of this intensive program is \$10 per person, \$15 for couples.

To register, or for further information, call Gail Freund, Coordinator, Nassau Center of Lutheran Family and Community Services at 483-3240.

## Hearing On Special Permit

A request for a special use permit in Hicksville will be the subject of a public hearing by the Oyster Bay Town Board on Tuesday, July 10, according to Town Councilman Douglas J. Hynes.

"The applicants, Hicksville-Long Island Fitness Center, Ltd., are seeking a special use permit, in an "H" Industrial District to convert 5,000 square feet of an existing building for the operation of a weight training and exercise center," Hynes stated. "The property is located on the east side of Bloomingdale Road, south of Broadway in Hicksville."

The meeting is scheduled for 10 a.m., in the Hearing Room of Town Hall East, Audrey Avenue, Oyster Bay.

## Athletic Admin. Given Honors

Robert Kenney, Director of Physical Education, Health and District Activities, has been selected as the Chapter Award Winner of the New York State Athletic Administrators Association.

This is a great honor because the recipients are chosen by their peers. Criteria for the award includes categories such as: contributions to interscholastic

athletics; special honors and achievements in teaching, coaching and administration; community service; and dedication to the New York State Athletic Administrators Association.

Mr. Kenney was honored at the recent Eastman Kodak Awards Dinner, at the Niagara Falls Convention Center, Niagara Falls. He received a beautiful plaque as recognition of his selection and accomplishments.

## Principal Panelist

The Nassau County Science Supervisors Association recently thanked Marie Marshall, Asst. Principal at the Hicksville Middle School, for her contribution as a panelist on their workshop held in February. The Post Observation Conference specifically addressed a major concern of educators, that of the lack of available resources to improve classroom instruction. Mrs. Marshall was acknowledged for her commitment to the advancement of science education

## Hicksvillians Have You Had Enough?

- 20.3% increase in tax rate,
- 13% increase in the budget,
- 1 Administrator for every eleven teachers.

## Support the "A" Team for the Hicksville School Board

AYRES - RUDIN - PENDERGAST  
1A 3A 5A

We believe in:

- Controlled and moderate contract settlements
- Close Community liason to discuss the closing of schools
- Consideration of use of closed schools for senior citizen housing or a community center
- Restoring communities' confidence in the school board by fostering good board/community relations.

Paid for by Ayres, Rudin, Pendergast

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## Latin Students Score Well

Latin is alive and doing well in the Hicksville Middle School. Eleven students in Mrs. Rayzak's Latin classes scored higher than the national average of the National Latin Exam sponsored by the American Classical League. Winning Outstanding Special Certificates and ribbons were Helen Woo, Jennifer Murphy, William Harvey, Glen Hincley, Mary Brzozowski and Jennifer Peters.

Winning Special Certificates were Christopher Connolly, Meena Patel, Craig Butler, Jamie Durkin and Eric Chung. Congratulations to all!

## Bus Trip Has Openings

There are still some openings for the Friends of the Bethpage Public Library bus trip to Trump Castle in Atlantic City on Sunday, June 3. The cost of transportation for members of the Friends of the Bethpage Public Library is \$16 and for non-members the cost is \$20. Each participant will receive \$15 in coin (to do with what you will) plus a \$5 deferred voucher to be used toward the cost of another trip to Atlantic City. Seating on the bus will be on a first-come basis. Bus will leave the library promptly at 9 a.m. The Bethpage Public Library, 47 Powell Ave. (phone 931-3907), 2 blocks west of exit 8 (Powell Ave.) on the Seaford-Oyster Bay Expressway (Rte. 135).

## College Notes

Brian Goerke was elected to Beta Gamma Sigma at a dinner in Leonard's in Great Neck on April 18. It is the highest academic honor that a business student can achieve. It is equivalent to Phi Beta Kappa for Liberal Arts students. Brian is a junior at St. John's University and to be eligible for membership he had to rank in the upper 5 percent of his class. Norma and Herb attended the induction and dinner and were so very proud of their son.

### LEGAL NOTICE NOTICE OF SALE

SUPREME COURT: SUFFOLK COUNTY. OLYMPIC EQUITY CORP., Plt. vs. MARY G. NOVELLANO, et al. Defts. Index #12422/89. Pursuant to judgment of foreclosure and sale dated Apr. 2, 1990, I will sell at public auction on the north front steps of the Nassau County Courthouse 262 Old Country Rd. Mineola, N.Y. on June 8, 1990 at 10:00 a.m., prem. k/a 15 Mayfair Lane, Hicksville, N.Y. Said property located on the easterly side of Mayfair Lane, 71.14 ft. northerly from the extreme northerly end of the arc connecting the northerly side of Nicholas St. with the westerly side of Mayfair Lane, being a plot 59 ft. x 100 ft. x 62.23 ft. x 100 ft. Sold subject to terms and conditions of filed judgment and terms of sale.

Eli H. Mellan, Referee  
Richard Chertock,  
Atty. for Plaintiff  
3019 Merrick Rd.  
Wantagh, N.Y.

MIT2353  
4x5/11,18,25;6/1

## Right Around Home

By Maureen Traxler

The buzz-words were Italian, community and fun. The event was the Hicksville Kiwanis Third Annual Spaghetti Dinner, April 20. The Kiwanis served up salad, spaghetti and meatballs, garlic bread and all the trimmings while past members and local residents chatted, renewed friendships and swapped stories.

Honorary Dinner Chairperson Carol Silva, Channel 12 News Anchor, was on hand to smooze with the diners and recall the days she grew up in the area and attended Holy Trinity High School. Dinner Chairperson Marc Herbst (Library Board Trustee) deemed this year's dinner the largest yet with a turnout of some 300 people.

Of course, one of the most important committees was the kitchen crew headed by Charles Montana (Montana Agency), Maitre d' John Fitzpatrick (Wagner Funeral Home) and Dr. Kelth Pastuch (Chiropractor). Tickets were handled by Patty LaCompt (Antuns), Raffle by Phyllis Caggiano (Boos Florist), and the soda and dessert tables by Ed Draycott who also secured the beautiful placemats and Ed Kamber (Minute Man Press). Marc Ramirez (Mr. Electric) installed the dinner sign outside the Holy Trinity Church hall and the event's "Jack-of-all-trades" was Tony Citrolo (Broadway Carvel). This year's Kiwanis President is Dr. Joe Lupo (Chiropractor).

Town Council members Leonard Symons, Tom Clark and Ann Ocker joined the festivities, as did local notables including Nassau County Sheriff Joe Jablonsky, school board trustees and candidates for the May 23 election, business and civic leaders, Congressman Norman Lent, Judge Goodman and families, families, families.

Such an enjoyable evening made the fundraising "easy to swallow." The Kiwanis recycle the proceeds of their efforts back to the Hicksville community through its scholarships, support of local youth activities such as the Youth Council and sports leagues, funding for the Soup Kitchen, Salvation Army and various other local organizations.

Sixty-eight Hicksville High School seniors received accolades from parents, teachers and community members at the High School Alumni Association/Council of PTAs annual Scholar's Dinner on May 2. The students represent the top 20% of the 1990 graduating class, and in addition to their academia, are well-rounded youngsters who have been involved in a multitude of activities in our public school system.

As is becoming tradition at the scholars dinner, the youngsters gathered with classmates who hailed from each school building and chose one teacher in that building who had special meaning to them. The youngsters spoke of their former teachers, recalled anecdotes which even the teachers may not have remembered and thanked them for helping mold their character.

Alumni Association President Conrad Weyer, Schools Superintendent Catherine Fenton and High School Principal Richard Hogan presented special medals to Class of 1990 Valedictorian Ellen Young, and Salutatorian Michelle Eger. PTA Council President Terry Moehrlinger and the building PTA presidents presented engraved brass "apple" paperweights and certificates to the seniors.

The community is proud to acknowledge the accomplishments of: From Burns Avenue School: Michael Boord, Michael Carr, Jennifer Diamond, Kim Franchino, Steven Gavlik, Patrick Grecco, Augustine Hansen, Santosh John, Jennifer Kropac, Joyce McPhillips, Courtney Rivers, Sallyann Scotto, Dayatra Shands. From Dutch Lane School: Patricia Freyksen, James Hundertmark, Carolyn Weber, Thomas Wittig, Alison Zuzzolo, Andrea Zuzzolo. From East Street: Michelle DiFiore, Amy Groves, Chris Mousiadis. From Fork Lane: Patricia Gerry, Nicole Marie Hanna, Geoffrey Martin. From Lee Avenue: Anthony Ambrosio, Benjamin Carsley, Timothy Cleary, Sandra DiBenedetto, Eileen Doherty, Neil Dubon, Michelle Eger, Cheryl Hogan, Lucinda Manolakes, John Meyer, Penelope Passaro, Raquel Sarino, Brian Spinner, Jennifer Wernon. Old Country Road: Rana Lee Araneta, Andrea Sharetta, Rebecca Smith, Marilyn Wood, Darlene Yost, Ellen Young. Willet Avenue: John Fitzgerald, Rose Guiliano, Jean-Paul Paraskevas, Shipra Patel, William Taylor, Christine Zandides, Andrea Zarou. Woodland Avenue: Karen Bentrewicz, Melissa Biagini, Jennifer Clancy, Neil Esposito, Andrew Love, Stephen Mongiello, Alexandra Pangas, Dina Steinmark, Edward Strocko. Middle School: Jennifer Gangi, Terri Glynn, Tony Ng, Chan Park, Yolanda Pino, Nancy Roux, Deanna Runo.

The Special Teachers honored were: Mrs. Jeannette Wade (Burns), Mrs. Madeline Wicksel (Dutch), Robert Hilsky (East), Mrs. Carol Irwin (Fork), Mrs. Susan Pfizenmayer (Lee), Ms. Christine Townsend (Old Country Road), Nicholas Monfredo (Willet), Mrs. Marion Starnes (Woodland), Dr. Gary Schwartz (Middle School) and Gerald Shanley (High School).

The big band sounds of Glen Miller, Count Basie and Tommy Dorsey are being recreated by the Hicksville Community Swing Band. The group was organized some 5 years ago, under the auspices of the school district's Continuing Education Department, by Joe Brennan, a 40 year Hicksville resident. Mr. Brennan fills his retirement years with his all-time favorite hobby - music.

Joe started out as a saxophone player. In the Navy during World War II, he expanded into writing music. Throughout his working years, he always found time to dabble with musical arranging or orchestrating. Today, in addition to being the "spirit" of the community band, he also plays sax for the Long Island Mimmers Band.

Joe Brennan describes the atmosphere at rehearsals as relaxed, a sort of learning experience. "The members help each other as much as possible," says Joe, who rearranges music by tailoring the key to accommodate his musicians.

The Community Band members come from Hicksville and surrounding communities and many of them play for other groups as

well. At present, the band consists of 5 saxophones in the reed section, 1 trombone and 3 trumpets in the brass section and 4 people in the rhythm section playing piano, bass guitar and drum. Joe says he feels that the optimal number of musicians for the group would be 14 or 15. He is looking especially to attract baritone sax or trombone players, preferably with an ability to read music.

Band members rehearse on Monday evenings at 7:30 p.m. throughout the school year in the high school music room behind the auditorium. The group has performed from time to time for the high school and would like to schedule outside engagements. Recently, the band entertained senior citizens at a Woodbury adult home. The musicians truly enjoy the reaction of people: "Playing for people really inspires them," adds Mr. Brennan.

Send contributions to: Litmor Publications, 81 E. Barclay Street, Hicksville, N.Y. 11801.



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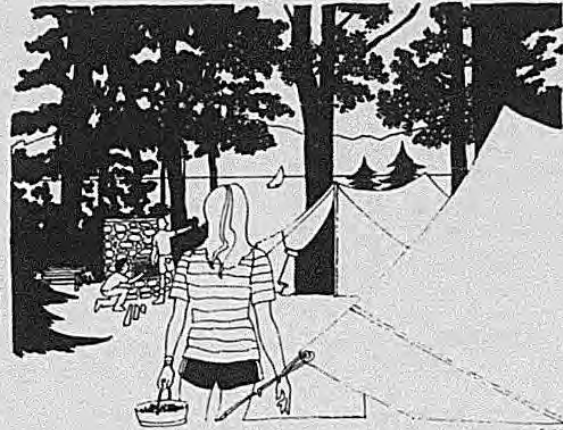




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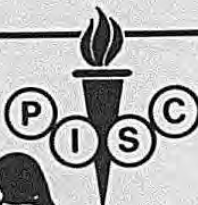
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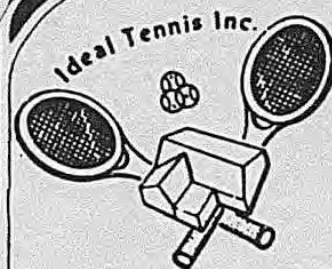
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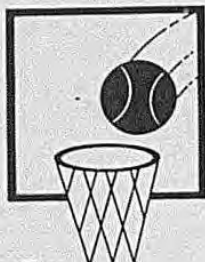
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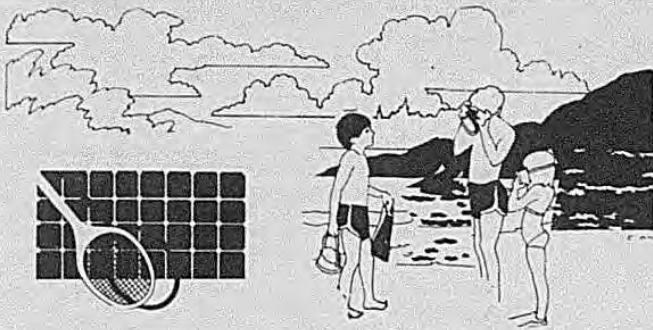
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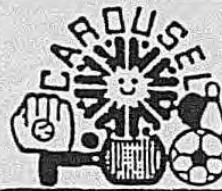
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Hicksville Firefighters have been kept very busy lately starting with a fire at the Days Inn Motel on South Oyster Bay Rd. The fire on April 28 at 7:17 a.m. caused moderate damage to one room on the second floor. Firefighters quickly confined and extinguished the fire in one room. There were no injuries.

April 29, a car fire on Blueberry Lane was kept from spreading to the house it was next to. The fire destroyed the car and slightly damaged another car next to it. That alarm was reported at 5:20 p.m.

On May 1 at 11:15 a.m. a construction crew dug up a LILCO 4" underground natural gas main. Swift actions by Nassau County Police under 2nd Pct. Sgt. Mathews evacuating nearby buildings and blocking off Broadway both north and south, prevented a potential problem. Hicksville Firefighters set up equipment and monitored the area via the Haz-Mat Squads gas detectors. LILCO crews were on the scene quickly and shut off the gas at 11:36 a.m. Town Inspector Giardina and Asst. Chief Karl Schweitzer halted all work at the construction site for one hour to give the fumes time to dissipate.

**Numerous malicious false alarms sounded by escaped mental patient -**

A mental patient who walks off hospital grounds undetected has been responsible for a rash of false alarms including one phone call reporting a house fire. Chief Wigdzinski reported 3 false alarms on May 1. The patient was arrested that night, escaped and again on May 3, sounded 2 false alarms and was caught by firefighters.

On May 5, at 11:32 p.m., one false alarm was sounded and minutes later a telephone alarm for a house fire on east-something

was reported forcing fire units to respond to East St., East Avenue and East End Avenue. No fires were found at those locations. Shortly after, the male called firefighters and told them he did it. Shortly thereafter, as Chiefs left to scan the local area he was spotted and arrested. The problem was put in the hands of Nassau County Fire Marshals as Police reported they were powerless to keep him off the streets. Fire Marshals are working to keep the patient off the streets.

On May 5 at 12:40 a.m. a

speeding car failed to make a bend on Spindle Road, left the road, drove through two front yards, overturned, struck two parked cars in the driveway at #2 Spindle Rd., and came to rest against a house. The driver escaped. Firefighters figured he will show up later and say someone stole his car. There was no fire and no injuries reported.

April 1990 Hicksville Fire Report  
Total Fire Calls - 39  
Total Rescue Calls - 46  
Hazardous Materials Runs - 2  
Total All Calls - 85

## TOB Permit Hearing Draws Res. Concerns

By Michele Coyle

Environmental concerns were the major objection by Hicksville residents at Tuesday's Town of Oyster Bay hearing of the petition for special use permit for the outside storage and repair of vehicles and construction of a two story industrial building at West John Street and Kuhl Avenue.

Approximately 50 residents attended the hearing of Peter Dejana, who purchased the vacant land from Nassau County over two years ago. Dejana Industries, which is presently located in Port Washington, provides equipment and operators to municipalities and companies, including Pan American and American Airlines, IBM, Sands Point and Stewart Manor. The services include snow removal, street cleaning, etc.

According to Robert Aitken, attorney for the petitioner, Mr. Dejana seeks the special use permit to store the vehicles and repair them. He noted that only minor repairs which did not require running the vehicles (ie. changing a tire or headlight) would be performed outside. He also said that due to the nature of the business, the equipment would, for the most part, be at locations where they were leased.

Councilman Thomas Clark asked why the petitioner wanted to relocate to the Town of Oyster Bay when it appeared that much of his clientele were located in the Port Washington area.

Mr. Aitken responded that Hicksville was more centrally located and could provide an opportunity for expansion.

With regard to the facility itself, a 1600 square foot indoor repair building would be provided. Mr. Aitken said light repair bays in the 80 foot by 200 foot structure would have doors on either side to allow vehicles to be parked head-to-head. Only vehicles requiring repair would be stored indoors.

Mr. Aitken stated that 75 vehicles would be stored on the property in addition to cars driven by the 13 clerical and 12 shop employees. He said it was unlikely that customer traffic would be negligible because business was conducted by bids or phone calls.

Answering questions regarding warm up time for diesel powered vehicles, Mr. Dejana replied that units were preheated electrically.

Several residents expressed their dissatisfaction about the project. Mary Anne Ferrado, representing the Northwest Civic Association said that while she could appreciate Mr. Dejana's right to develop his property, it was zoned Industrial when it used to be farmland.

She also voiced concern over the potential dangers of storing fuel tanks in the vicinity of a recharge basin. "If something happened, it would go into the water supply. We can't be too careful because an aquifer runs along there."

Mrs. Ferrado also noted that there was no water availability on the site and that no petition had been filed with the Hicksville Water District as of yet.

She also said that the petition would affect the air quality and noise level of the air. "People in the area are entitled to their air, their peace and quiet and their yards."

Mr. Cutrone, who estimated to live 100 feet from the property, offered a solution. He suggested the County repurchase the property and return it to parkland.

Councilman Clark said that he would investigate that possibility.

Helen Lafferty of Indiana Street voiced concern for pedestrians who walk to Cantiague Park. She said only the northside of W. John Street had a contiguous sidewalk and that with an estimated 15 pieces of equipment going in and out daily, a hazard would be created.

Another resident offered into evidence pictures taken at the petitioner's present location. Mr. Sherry alleged that sandblasting and painting was being done there. He asked the board to look into rezoning the area as parkland.

Rhona Daniels of Kuhl Avenue noted that three schools were located in the vicinity of the property (Burns Ave., Old Country Rd. and the Cantiague School).

She felt that the petitioner's suggestion of not storing trucks on the side closest to residences was worse because it would move the odor closer to the pool and tennis courts in Cantiague Park.

She also objected to the use of a public address system and the two story building. "They will be overlooking us," she said. Most of the residences in the area are Ranch homes.

The petitioner asked for additional time to submit a new site plan. The board reserved its decision on the application for a future date.

Real estate appraiser and broker Bert Nelson said that the parcel of land was located in an area that was zoned predominantly Business or Industrial. He did, however, note that anything other than residential zoning would have a negative impact on residences. Mr. Nelson added that the applicants petition would be less onerous than permitted uses in that area.

Councilman Douglas Hynes highlighted permitted, somewhat restrictive and prohibited uses in the zone and asked what measures would be taken to ensure that noxious or offensive odors would not be emitted in to the air.

Mr. Nelson responded that two sided bays and a fencing buffer would alleviate some odors, but that a different site plan may be needed to answer it better.

Councilman Leonard Symons asked if there was a run off into the adjacent sump.

Mr. Nelson replied that the Building Department would require self containing wells on the property.

Mr. Dejana also offered responses to board questions. He answered that the top soil that was removed two years ago from the property was for grading the property and that adequate top soil was left for landscaping.

He said that the vehicles would be cleaned indoors with acceptable detergents and that at his current facility the interior of garbage trucks are cleaned everyday while the exterior is cleaned every other day. He said he expected his garbage truck fleet to be a four trucks in June.

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A question and answer period will follow.

**Date:** Tuesday, May 15  
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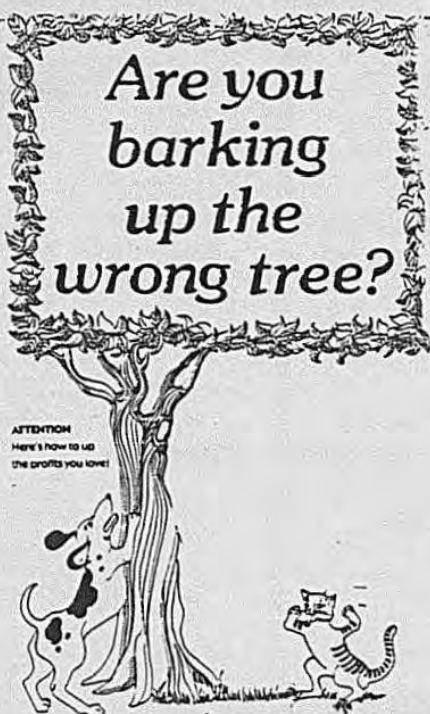
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## Memorial Day Poppy Queen



Alyssa Provenzano: 1990

### VFW Post 3211 Poppy Queen.

The V.F.W. Poppy Queen Committee, selected Alyssa Provenzano, of 45 Bamboo Lane, Hicksville, as the 1990 Memorial Day Poppy Queen. Alyssa is the daughter of Mark and Christine Provenzano, and granddaughter of V.F.W. and Auxiliary members Ed and Joan Chwalisz.

Alyssa is 7 years of age and attends 1st grade at St. Raphael's School in East Meadow. Her teacher there is Mrs. O'Connor.

Alyssa will be riding in an open car in the Memorial Day Parade. Even though this is a V.F.W. Program, Alyssa will be representing all Veteran Groups.

The V.F.W. Poppy Queen program was started in 1986 and Alyssa will be our 5th Poppy Queen. Each one has been a credit to our Post, Post 3211 is justly proud of each Poppy Queen as are the parents and grandparents.

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## VFW Supports Pearl Harbor Museum

American Legion Pearl Harbor Memorial Post 1941 Commander Frank F. Belsito, addressed the Hicksville V.F.W. Post 3211 at their regular Monday meeting.

Commander Belsito explained all the details about the coming project. It is in construction now and will be completed by and dedicated December 7, 1991. There were many issues discussed in referenced to the Museum.

It will be the only Memorial in the Continental United States commemorating the attack on Pearl Harbor, on Sunday, December 7, 1941 - the onset of American involvement in World War II.

The purpose of the Memorial and Museum is threefold:

- 1) To remember those gallant Americans who gave their lives for their country on that day.
- 2) To establish and preserve a permanent record of eye-witness accounts of the event.

3) To provide a place for all people, especially children to be educated about the meaning and consequences of war.

The larger purpose of the Memorial and Museum will be to provide educational materials about all of America's wars from the American Revolution to Vietnam. A huge debt is owed to past and present servicemen and servicewomen in all branches of the Armed Forces. Future generations will be taught to keep alive the memory of those who served and to insure that a Pearl Harbor never happens again.

Commander Belsito received a standing ovation at the end of his address, and the Hicksville V.F.W. made a substantial donation to the Pearl Harbor Memorial Museum.

The Pearl Harbor Memorial and Museum is being built in the Percy Raynor Park, Town of Brookhaven, Suffolk County.



Frank F. Belsito Commander American Legion Post 1941.



Left to right: Marty Stallone VFW and American Legion Member with Post 1941 American Legion Commander Frank F. Belsito.



Left to right: VFW Past Commander Mike Montleone and Pearl Harbor survivor, VFW 3211 Commander Anthony Ferrara, American Legion Pearl Harbor Memorial Post 1941 Commander Frank F. Belsito. (Photos by Vincent Edwards)

## Catholic Daughters Membership Available

Court Queen of Angels #869, Catholic Daughters of America is an organization of women of all ages who are interested in charitable and social activities. They meet the second Thursday of each month in the new St. Ignatius School Cafeteria. Their Grand Regent is Joan Cunningham.

One of their charitable programs is spending Wednesday afternoons and Thursday evenings at the Central Island Nursing Home in Plainview where they play bingo with the residents of this facility. The members, under the leadership of June Garger, make different types of crafts at their meetings and these are used as bingo prizes. The members also donate gifts which Santa Claus distributes to the patients at their Christmas Party. The nursing home project is under the supervision of Kay Governale.

Another project which has been very successful is their selling of member, Dorothy Rettberg Brown's books on "Good Old Hicksville." This has resulted to date of their contributing \$500 to the St. Ignatius Human Resources Program for the needy people of Hicksville.

They also participate in all the programs run by the National and State Courts. The State Convention was held in New York City recently and many of the women made daily trips to the City to take part in it.

Any woman interested in joining Court Queen of Angels can do so by calling the Grand Regent at 433-1932.

### LEGAL NOTICE PUBLIC NOTICE

**PLEASE TAKE NOTICE** that, pursuant to law, a public hearing will be held in the Hearing Room, Town Hall, East Building, Audrey Avenue, Oyster Bay, New York, on the 22nd day of May, 1990, at 10 o'clock a.m., prevailing time, or as soon thereafter as practicable on a proposal to consider amending a former Town Board resolution pursuant to the Code of Ordinances of the Town of Oyster Bay, New York, as follows: by **DELETING - HICKSVILLE - MUNICIPAL PARKING FIELD H-9 - TWENTY-FIVE CENTS (\$25) - FOUR HOURS - UNRESTRICTED AND ADDING - HICKSVILLE - MUNICIPAL PARKING FIELD H-9 - FIFTY CENTS (\$50) - TWELVE (12) HOURS - T.O.B. PERMIT REQUIRED.** All interested persons shall have an opportunity to be heard upon the said amendments at the time and place aforesaid. The ordinance and proposed amendments are on file in the Office of the Town Clerk and may be examined during regular business hours by any and all interested persons at Oyster Bay and Massapequa.

### TOWN BOARD OF THE TOWN OF OYSTER BAY

Angelo A. Delligatti,  
Supervisor  
Carl L. Marcellino  
Town Clerk

Dated: February 27, 1990  
Oyster Bay, New York  
MIT2352  
1x5/11

## HBA News Update

### HBA News Update Boys Instructional Div.

After three games, manager Lou LiCalsi's Boys Instructional Red Sox are off to an exciting season. Returning 7-year olds, Michael Ghisone, Frank Danko and Andrew LiCalsi are hitting with power while Douglas Von Bergen has played outstanding infield. First time players Thomas D'Amelia and Jimmy Zito are hitting and fielding very well; Michael Trials, Peter Nace, Adam Scoria, and Benjamin Bergen were excited after each had his first Little League base hit. Justin Wang and Michael Rini bring their second year experience to the team. The boys are having lots of fun as they "jell" into a team while learning baseball fundamentals...

### Boys Farms

It was quite a day on April 26, when Chris Swier led the hitting attack with a Grand Slam Homerun as the Mets beat the Pirates in a high scoring 16-10 game. Brian Boyle, Jake Danzi and Tommy Kessler all had two hits and each had a triple. John Doyle and Dave Rudenfer had key hits to drive in runs. Josh Bergen made an outstanding fielding play, throwing a runner out at second base which helped to stop a Pirate rally. Everyone played hard and gave 100%...

The Mets were on a roll. On April 28, the Mets played The Saints and played to a 13-4 victory. Paul Trosko broke out of his hitting slump and got two hits

and scored two RBI's. Tommy Kessler led the team hitting with two homeruns. Dave Rudenfer hit his first homerun of the season and pitched in his first game. Chris Swier also made his pitching debut and helped his team with two singles and a double. Brian Boyle also pitched two strong innings and had two base hits. Jake Danzi had a double and Doug Rudenfer had a single...

On May 3, the Rangers met the Saints, and the Rangers came out on top with a 6-3 win. Howard Sham went two for two with a homerun and two RBI's. The pitching was strong and the defence was good. Michael Fahrenbach scored three times and showed good defence as catcher. Anthonycacaccio and Kurt Spiegel showed much improvement in their fielding. Mike Bloomquist continued his power hitting with a two RBI triple. The Rangers are learning what the word team means...

### Boys Majors

The Red Sox won their first game of the year. The Red Sox hitting came from Joe Iocco with a home run and 2 RBI's. Peter Chiz had the game winning RBI. The fielding stars of the day were Sean Sullivan at 2B, Chris DeStefano at 3B, Robby Rogers, catcher. Michael Tramata pitched a strong game for the Pirates. The game was tied after 6 innings then Scott Levy led off the 7th with a single and scored on Peter Chiz's hit. Chris Kerney was the winning pitcher...



**WITH SCHOOL** budget time here we get many letters to the editor. We of course like to get them but when the crunch of space hits us, we have to limit the letters to ones that are sent exclusively to the editor of this newspaper rather than circulated in various other ways. The letters column is after all a forum for readers and should be a way of bringing material that might not be available in any other form.....**THE SENIOR** Day Care Center located at 36 Church St. Syosset is paying tribute to the volunteers who work there ranging from teenagers to over 60's. If you are interested in volunteering or need service call 921-2730 for information.....**ST MARTIN** of Tours Bethpage will hold its annual Bazaar, May 25 to June 3, at the church grounds Central Ave., Bethpage. The church will also run legal Las Vegas games.....**THE 25th Anniversary** of the Roman Eagle statue at Hicksville RR station will take place on May 15. Many people may know the eagle, who are not from Hicksville, because it was at Penn Station in N.Y. until 1963 when the station was demolished.....**THE NASSAU** County Police will have open house Monday, May 14 through May 20 from 10 a.m. to 3 p.m. Monday to Saturday and 9 a.m. to 5 p.m., on Sunday. Guided tours and exhibits will be shown. It's free and no appointment is needed. Headquarters is located at 1490 Franklin Ave., Mineola.....That's all the news for now.....**G.T.**

## Arbor Day At Burns Avenue



### Mrs. Fluck & Mrs. Warren's First Grade

On April 27, the first graders at Burns Avenue School celebrated Arbor Day, and Earth Day by planting two trees. The trees were purchased by the children who earned money by doing chores around their homes. During the tree planting ceremony, the children stated their hopes for the future. They will

watch their trees and hopes blossom and grow throughout their years at Burns Avenue School. At the conclusion of the ceremony, the children and their guests were invited to share tree-shaped cookies. This proved to be a most rewarding experience last year and will hopefully have as much meaning for the present first graders.



## Letters to the Editor

Continued From Page 2

Mr. Bennett's letter is a 650 word slam dunk letter about 3 community members that are willing to give of themselves and their families for a better Hicksville.

Read the letter again and notice there is not one good word about Mr. Schwartz, Mrs. Wolf, Mrs. Miltenberg or Mr. Strugatz, who feel they also can bring something to the Hicksville community.

Mr. Bennett has continued to accuse board members and union leadership of wrongful doing. To clarify this point: As president of the Hicksville Teacher Aides Union (CSEA), I have openly endorsed Mrs. Miltenberg, Mr. MacBride, Mr. Cardella, Mrs. Rooney, Mr. Collins and Mr. Martillo. The teacher aides contract expired 2 years ago. As of this writing we do not have a contract in place. So Much for Unions Buying Candidates.

Unions have the right to endorse candidates. Special interest groups within the community have the right to endorse candidates. And, yes, Mr. Bennett has a right to endorse candidates. However, ultimately it is up to you, the people of Hicksville, to make the final decision as to whom you will vote for. No one stands in the voting booth with you.

In reading Mr. Bennett's letter, it has become clear to me that herein lies the problem in Hicksville, "Negativism." Pitting person against person against person and group against group. To what gain? Certainly not to benefit the children of our community.

In closing, I would suggest that

the people of this community take the time to talk to all of the candidates.

Vote for the candidate of "your" choice on May 23.

Sincerely,  
Linda L. Hild, President  
Hicksville Teacher Aides Assoc.  
Homeowner and Taxpayer

To The Editor:

I sat in the School Board audience this year and watched:

- As the Board President and Vice-President were absent during several meetings due to "business reasons."

- As Mr. MacBride stated that he could no longer afford to live in Hicksville (although he never owned a home in Hicksville nor did he pay school taxes).

- As the current Board President made the cover of Newsday Part II as the youngest President in Nassau County, while the Board floundered with lack of leadership and a Board member was threatened with physical violence.

- As a discussion to close three schools brought angry parents out.

- As taxpayers presented petitions against school closings and I reminded the Board about the Re-organization Committee's recommendation not to close schools.

- As a \$9,000,000 budget increase was proposed. Again at the microphone, I suggested a more conservative approach to the removal of non-friable asbestos because of the lack of state aid and constant changes to state law.

It is difficult to fight from an auditorium seat. After my loss in May 1989, I promised that I would not go away. Unlike my opponent,

I did not disappear. And on May 23, I'm coming back.

Vote the 'B' Team!  
Carole Wolf, 1 (B)

### LEGAL NOTICE PUBLIC NOTICE

**PLEASE TAKE NOTICE** that, pursuant to law, a public hearing will be held in the Hearing Room, Town Hall, East Building, Audrey Avenue, Oyster Bay, New York, on the 22nd day of May 1990, at 10 o'clock a.m., prevailing time, or as soon thereafter as practicable, to consider amending Division 1 "Restriction and Regulation of Traffic" of Article V, "Traffic Regulations Pursuant to Section 1660-A of the Vehicle and Traffic Law" of Chapter 17, "Motor Vehicles and Traffic" of the Code of Ordinances of the Town of Oyster Bay, New York, as amended by adding thereto a new Section 17-258.5 "True Value Shopping Center; Traffic Control." If enacted, this section would place the True Value Shopping Center located on Haypath Road, Old Bethpage, New York, under the jurisdiction of the Town of Oyster Bay with regard to traffic and parking regulations. Said regulations would then be enforced by the Nassau County Police Department. Furthermore, an offense against this section would be punishable pursuant to Section 17-247, which provides the maximum fine of Twenty-Five Dollars (\$25.00). All persons interested shall have an opportunity to be heard upon said proposed amendment at the time and place aforesaid. The ordinance and proposed amendment are on file and may be viewed daily (except

Saturday, Sunday or holidays) between the hours of 9:00 a.m. and 4:45 p.m., prevailing time, at the Office of the Town Clerk at Oyster Bay and Massapequa by any or all interested persons.

**TOWN BOARD OF TOWN OF OYSTER BAY**  
Angelo A. Delligatti  
Supervisor  
Carl L. Marcellino  
Town Clerk

Dated: February 27, 1990  
Oyster Bay, New York  
BN3068  
1x5/11

## College Notes

Jules Garbus, son of Mr. and Mrs. Mark Garbus of Hicksville, will graduate from Brandeis University in June. Mr. and Mrs. Garbus live on Hope Lane in Hicksville.

## Library Bd.

### Meeting May 16

The Hicksville Public Library Board of Trustees will meet Wednesday, May 16, at 8 p.m., in the Local History Room of the Library.



HICKSVILLE AMERICANS  
SOCIETY 1119  
P. O. Box 112  
HICKSVILLE, NY 11802

PLEASE PRINT NAME

CHILD'S LAST NAME FIRST NAME SEX BIRTH DATE PHONE NUMBER

ADDRESS TOWN ZIP TELETYPE/TELEFAX

SIZE (CIRCLE TWO) SHIRT S M L S M L INDIAN/ALASKA/BLACK/OTHER

MOTHER'S NAME (ADDRESS IF DIFFERENT) FATHER'S NAME (ADDRESS IF DIFFERENT)

REGISTRATION DATES AND PLACES

Cafeteria "A" Middle School  
Thurs. May 24 7:00 to 10:00 pm  
Thurs. May 10th 7:00 to 10:00 pm

Hicksville Library Meeting Room

Sat. May 12th 2 pm to 5 pm

Sat. May 19th 10 am to 1 pm

Fork Lane School All-Purpose Room

Fri. June 1st 7 pm to 10 pm

RAFFLE TICKETS ARE PREPAID BY EACH FAMILY. ALL PLAYERS MUST REGISTER BY 6/1/90. AFTER 6/1/90, A \$10.00 LATE CHARGE WILL BE ASSESSED FOR RETURNING MEMBERS. NOTE TO PARENTS: SPECIAL REQUESTS ARE AT THE DISCRETION OF THE COMMITTEES.

VOLUNTEERS ARE NEEDED. WE ARE ALL VOLUNTEERS!! PLEASE CHECK ONE OF THE FOLLOWING:

Coach, Assistant Coach, Fund Raising, Registration, Transportation, Snapper, Writing, Committee Work

PARENTS' AGREEMENT WITH THE HICKSVILLE AMERICANS SOCIETY 1119

1- Fees are paid at the time of registration. If registrant later wishes to withdraw, a \$10 charge will be deducted from the original fee paid. Only complete raffle fees are refundable.

2- It is the parents' responsibility to determine the physical fitness of the child. Please consult with a physician. List here any unusual conditions.

3- Registration fees include accidental medical insurance. This is in excess of family coverage.

4- The parent/guardian of the above named child, hereby gives permission for my child's participation in the Hicksville American Soccer Club's activities during the season of 1990. I acknowledge my responsibility and agree to hold harmless the Hicksville American Soccer Club, its officers, directors, supervisors, and participants, for any claims arising out of injury to my child, except to the extent that such claims are covered by my insurance.

SIGNATURE PARENT/GUARDIAN DATE

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 Syosset Advance, Williston Times,  
 New Hyde Park Herald Courier,  
 Bethpage Newsgram, Jericho News Journal,  
 The Garden City News  
 and Great Neck News



# Discovery! Magazine

The newspaper edition that helps  
 discover new writers, new ideas  
 through input and special  
 family features.



Friday, May 11, 1990



**We Lived A Memory**

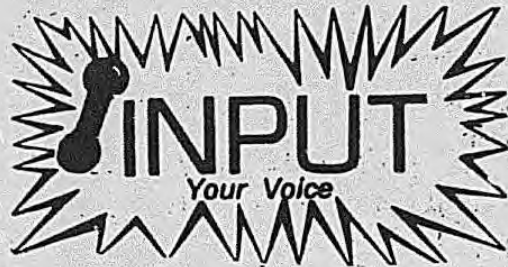
SEE PAGE 3

## Callers Favor Public Viewing Ed. Material

Most callers to Input believe that materials used in education should be made public in answer to this question: "Should the public be able to view all educational materials used in school and college courses?" Here are some of the answers:

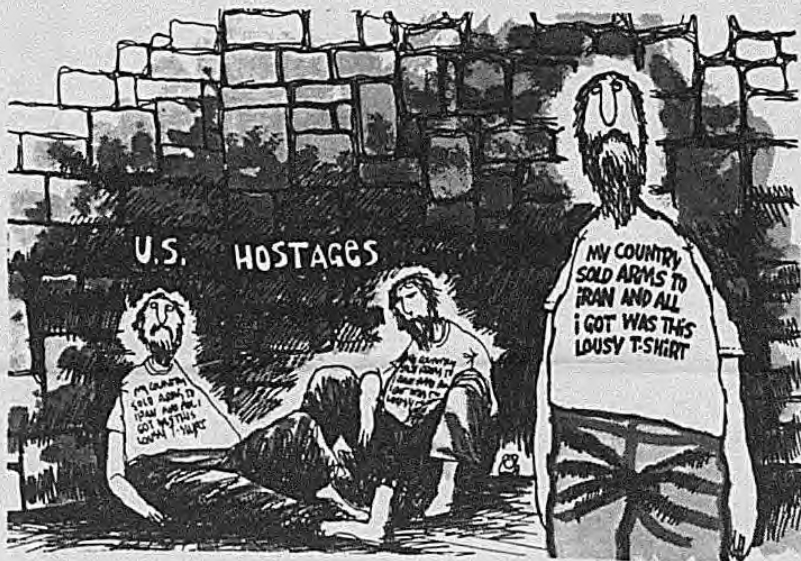
### SEE SOME CHANGE

It is the responsibility of teachers to teach effectively and of students



## THE QUESTION OF THE WEEK

Do you think we should put pressure on Israel to free Arabs in exchange for American hostages?



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3. Limit your opinion to five minutes (make notes before calling)
4. Leave your name and telephone, or simply use a pen name (your message can be anonymous)
5. Publishers reserve the right to edit, modify or omit any and all material.

to learn well. Parents can help indirectly by showing an interest in what their children are learning and encouraging them. I do not think the public at large needs to view all educational material in school courses. It should be the parents' decision if they wish to get involved. As for college courses, college students are capable of choosing what to study themselves. If a course is inappropriate they need not take it. The tasks of teaching and learning are difficult ones but worthwhile because the importance of education cannot be underestimated. C.P.

### SEE IT ALL

Without a doubt parents and members of the public should be allowed to review what is being taught in public institutions. And as a matter of fact, the public and groups of the public do regularly review textbooks to see if they are biased or have many of the prejudices that are in our civilization. So on the one hand you cannot say to the public "Come in, look over these things" for one purpose but stay away if you find things objectionable for another purpose. The public has the right to see it all. Institutions have no right to withhold materials. Teachers and professors are not infallible. Many people in the public are as well educated and often better educated than our teachers, so why fear that the public cannot comprehend? L.T.

### OUT OF CONTEXT

The real problem in the materials that were sought for review in the courses at Nassau Community College is that the items would be taken out of context and made to seem obscene when they were there for teaching purposes. The faculty overreacts to that, though, because they could defend the teaching tools if they wanted to do so. H.G.

### COURT RIGHT

I see no reason that parents should be barred from looking over material in any course in any institution. The court was right in granting that right in the recent lawsuit at Nassau Community College. We ask the parents to be involved and then bar them when they might give an opinion contrary to the one sought. L.G.

### TROUBLE MAKERS

As usual, a group of people set on causing trouble decided to pull apart a good course at Nassau Community College and the courts had to go along with the freedom. Unfortunately I believe that the use of the material in the course will be blown out of proportion and we will take a step backward in education. But I guess there is a freedom to destroy as well as build. N.F.

### EVERYONE'S BUSINESS

The reaction to a request to see course material at Nassau Community College seems all out of proportion. The material should have been made available without a court test. What goes on in our schools is the business of all taxpayers. M.H.

### GUARDIAN RESPONSIBILITY

I believe that parents or those who pay the tuition for students should have the legal right to be able to review all educational materials used in school and college courses. However, certain restrictions should be imposed which would enable school officials to question the need for such materials. Obviously, almost all of such documentation is given directly to the students for home study and should be available to the student's parents or guardians if they are inquisitive enough. While printed material may be requested, obviously it can be overdone but the fact remains that the ultimate responsibility rests with the legal guardian should there be any question about the fundamental use of such material and I guess that today that would extend to electronic educational aides. One thing which concerns me in this regard is the attitude of the instructor in the interpretation of printed or illustrated material. I have been given descriptions of teacher attitudes which may run counter to the intent or spirit of the printed word and, in this respect, it seems to me some provision should be made which would give the concerned parent or guardian the right and access to a reasonable hearing of the situation to allay any fears about misleading attitudes. Certainly, there should be an opportunity to check out any situation which might give cause for concern as to facts or intent. P.G.S.

### OTHER CALLS

On the twentieth anniversary of Kent State I think it is important for all of us to remind ourselves of the reactions to two tragic events separated by two decades. At Kent State you had a semi professional army met by an overwhelming force of students throwing rocks. The lethal response is being bemoaned and rightly so. In Palestine the professional army has killed for similar rock throwing over 400 children. No memorial exists for these children. No plaque is being put up in Washington and yet the tragedy goes on and because of a news blackout in the Middle East it is not even covered. I think the tragedy of Kent State is that we do not learn with an inability to assign them to other people. B.A.

### LEAVE TO PROFESSIONALS

When my children were in grade and secondary school, we had parent-teacher meetings. There were also certain days set aside when parents could sit in on classes. I know that I participated whenever it was offered. Our Board of Education also sent a newsletter to all households outlining new courses. I assume that the current furor is raised because of the sexual nature of the film now being shown at Nassau Community College. Any student who has studied biology or physiology is very well aware of the nature of physical acts required for birth, be it animal or mankind. By the time our children are of college age, they have the ability to choose the courses they will pursue, in accordance with required guidelines. The film is not mandated, but optional. Our college students are no longer little children, but are presumed to be adults. As adults, they should be permitted to choose, and not be swayed by the inhibitions of their parents. We pay very high taxes and tuition for the very best educational instruction available. Decisions on curriculum should be left to those qualified by profession, and not left to the whim of the public. P.W.



# Discovery!



## We Lived A Memory

By Eileen Waldron

The wheels of the Concorde hit the runway amid the scream of the engines. The giant bird circled and came to a halt. The memory had begun.

The phone call from Portugal came in early spring. "Eileen, here's the plan, your big brother is planning a reunion in September. I'm coming to the States to see my two sons and their families. I would like to stay on Long Island so that I can see you and our kid brother, Dan. What do you think?"

"Frank, that would be terrific, my five children, Dan's four and your two, would make quite a gathering," I answered excitedly. "Don't worry, I'll have it catered. We number about thirty six, my home will be fine. Todd lives in Hawaii and Mark in California, do you think it can be coordinated?"

"Yes, it can be worked out. Do me a favor, get hotel rates, send brochures, I want to reserve early!"

Letters followed for the next few months and then the excitement quieted down. "Mom, you haven't heard from Portugal in six weeks, it won't happen, forget it," my children remarked. We had not seen the boys in twenty years, guess we have all aged. My thoughts drifted back to the fourteen and fifteen year old boys I knew in 1968.

Plans were finalized in June, the work began at home. New awnings were ordered in case we might sit outside. Patio furniture was updated, windows repainted. We replaced shrubs and pruned weekly. Curtains were rehung, fall cleaning pushed ahead and made easier, thanks to air conditioning.

September had arrived, the reunion was in sight! The house was spotless, cake and caterer ordered, my spirits dancing! I dug into an old carton and rescued photographs of the family and made a bulletin board in the basement. My mother and father looked swell in 1968! I purchased potted mums and placed them outside. Fresh flowers adorned the dining room table, silver shone on the lace cloth. Everything looked too perfect too disturb.

It was a Tuesday when I heard my brother's voice, "See you in the morning for coffee, love you." Couldn't sleep that night, I arose early and set the kitchen table. The bell rang at ten-thirty. Ten people, including my brother Dan, crowded into the small kitchen. The boys were men, couldn't have picked them out in a crowd...until...I looked into their eyes. Eyes don't lie, it was all there...they were family! Gifts were exchanged, polite talk at first, then relaxed conversation. Twenty years fell away.

Frank asked for fifteen minutes of our time, he stood up and spoke in a serious tone. "Our father, and your grandfather, always taught us to stand tall in life," he began. "When you are knocked to your knees and the floor is staring up at you, get up and fight," was his motto. "We have that strength in our family, some of us have had a tough time, but we met the challenge, we stood up and won!"

He talked more about our Irish heritage, our talents, our gifts. Ten people sat in that room, a four year old grandchild listened to grandpa, as if she knew him well! I ran for a tissue. Something happened to all of

us, feelings of love and caring emerged. This first visit set the theme for the entire week.

We met for dinner the next few evenings. One night in particular, my brother turned to his granddaughter, "Maddie, would you like to dance?", he asked. I watched as he put her small hands in his, circled the dance floor, a bit of youth returned, a smile graced his lips!

Friday at five was the big event. The day was rainy and windy, no one noticed. The plants were brought inside, patio furniture put in the finished basement. No one would see the new awnings, the manicured yard, the painted windows! It didn't matter. I couldn't wait for the eleven cousins to meet after twenty years!

The large basement accommodated all. Thirty six people sat at tables, stood in circles, exchanged parts of their lives with one another. Some talked of struggle, pain, but frequently the conversation was interrupted by laughter. Cecile B. DeMille could not have staged a better scene! The buffet was upstairs in the dining room. A large cake welcomed all to the family reunion. Amid the picture taking, coffee and cake, the group moved to the living room. My brother, Frank spoke. "Ladies and gentlemen, my Hawaiian daughter-in-law would like to sing for you."

Myrna stood up and took her husband's hand and spoke. "I would like to dedicate my song to the family. For so many years, Todd felt he had no family, but after this week, and especially tonight, I know he now does." She sang "Make Believe," as I have never heard it sung before. Through the words of the song, she told us how she loved her new-found family!

It was time for goodbyes, not a dry eye could be found. We were strangers no more, lost touch for awhile, but we are determined not to repeat that mistake. The next day, the giant birds left the runway at Kennedy with their precious cargo. Our hearts went with them.

Days passed before my family emerged from the aura of the visit. My daughter, Kathy said, "Mom, you entertain often but last Friday can never be surpassed. Did it ever occur to you that God uses you to unite family?" What a beautiful remark I thought, but I'm only a small part of this story. One fact is clear...all of us...contributed to this memory! The photos may fade, paper cups will be discarded, flowers will die, awnings will tear, paint will peel...but...the feelings of love and sharing will span the miles as long as we all shall live!

### ABOUT THE AUTHOR

Eileen Waldron lives in Garden City. The story is based on fact. It is her second contribution to *Discovery*.

# RESTAURANT GUIDE

**the Cornerstone** (516) 741-6095

288 Jericho Turnpike Mineola, N.Y.

Open 7 Days a Week for Lunch & Dinner  
Wide Variety of Sandwiches & Burgers

**Dining Room Available for Catering**  
• Showers • Christenings • Graduations  
• Birthdays or any Special Occasion

**Mother's Day Complete Dinner Special \$13.95**  
Served from 2 p.m. - 10 p.m.  
Choice of  
• Stuffed Lobster Tail & Steak  
• Shrimp & Lobster Tail  
• Steak & Shrimp  
Soup or Salad & Dessert served with Vegetable & Potato  
Regular Menu Available

**Daily Blackboard Specials**  
The Very Best of Steaks, Seafood & Pastas  
3 TV's to Enjoy Your Favorite Teams in Our Spacious Bar

## READER RATINGS



Our party of three dined at a delightful restaurant on Westbury Avenue in Carle Place, Saturday night. The host and hostess, Emilia (for whom the restaurant is named) and her husband, Ivan, greeted us warmly, and we were seated at the same table we occupied the last time we were there. Imagine, a host remembering!

The cuisine is Northern Italian. Just writing about the superb dinner has me salivating. The specialties of the day were Veal Chop stuffed with prosciutto and fontina cheese, sauteed with artichokes and mushrooms, and the other specialty was Agnolotti stuffed with lobster meat and served with a white clam sauce. We had their Antipasto which included fresh asparagus, fresh mozzarella, salami, soprasatta, roasted peppers and thinly sliced eggplant. Chablis wine, and crisp rolls added to this magnificent dinner. Desserts were their famous Hazelnut cake and fresh strawberries with whipped cream.

Not only was the dinner great, the service was perfect and unobtrusive. The restaurant is intimate, the ambience most attractive. Pamper yourself and try this delightful Restaurant! E.H.

**Caribbean Cafe**  
A TASTE OF PARADISE

**Authentic Caribbean Cuisine in a Tropical Garden Setting**

Lunch • Dinner • Saturday Sunday Brunch

1/2 Price Lunch and Dinner Specials EVERY Monday and Tuesday

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Ample Parking on Premises

Mother's Day May 13 Mom's Dine for 50% OFF

**Willy Rueck's NEW HYDE PARK INN**

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FL 4-7797

Banquet Facilities • We do not accept Credit Cards  
Alternate QUEENS NUMBER 718-343-7380  
Call

214 Jericho Tpke. & South 3rd St., New Hyde Park Closed Tuesdays

**Barringer's** RESERVE NOW FOR MOTHER'S DAY

Complete Dinner \$15.95  
Appetizer, Entree, Dessert, Coffee or Tea

**MOTHER'S DAY BRUNCH** served till 2:00 p.m.

248-1280 44 Willis Ave., Mineola  
(1 block n/o Old Country Road)

**BoMont's CAFE**

**Mother's Day SPECIAL MAY 13**

**SERVING COMPLETE BRUNCH**  
Complimentary Screwdriver, Bloody Mary, Mimosa 12:00-3:00

**\$8.95 to \$10.95**  
**DINNER STARTING AT 3:00**  
**\$10.95 to \$15.95**

Reservations For Dinner Being Accepted Now  
516-746-1450

Free Gift For Mom With Brunch or Dinner

71 Hillside Ave. Williston Park, N.Y. 11596

Q. When dining out with a group of ten or twelve people is it necessary to wait until everyone at the table is served before starting to eat?

A. No, at a large table such as you describe it is usual to begin eating when three or four people have been served. It would be thoughtful for the host or hostess, if there is any, to urge guests to begin eating so their food will not get cold.

Q. If an uncut loaf of bread is served to a couple in a restaurant, who should cut and serve it?

A. It would be gracious for the man to cut several slices from the bread for his woman companion, and himself. Then he would offer the bread to her before taking his own portion

**YOU CAN BE A RESTAURANT CRITIC** - If you visit any of the restaurants selected for inclusion in this section - call 931-0027 at any hour and tell your ideas. We want you, the reader, to be our critic. Your message then can be printed in this space.

**BACK BY POPULAR DEMAND!**  
1 1/2 lb. Maine Lobster Dinner \$11.95  
Steamed or Broiled  
Served Tues. thru Sun. 4:30-10 p.m.

**Mr Tilly's**  
(An Eating & Drinking Establishment)

Enjoy that Perfect Mixture of Fine & Casual Dining at its Best

Always ■ Entertainment on the Weekends  
■ Featuring Quality Steaks & Seafood  
■ American, Continental Cuisine with a Little Cajun

Your Hosts: Bill & Brian Bullard  
Reservations Requested  
271-11 Union Tpke., New Hyde Park, N.Y.  
718-343-8565

Early Bird Dinner Special Tues. thru Sun. 4:30 - 7 p.m. \$7.95

**To Owners of Good Restaurants:**  
This Is Your Chance To Join "Reader Ratings"

**The Last Word In Restaurant Guides**

Where Our Readers Have The Last Word

This newspaper, and the seven other weekly newspapers associated with it, publishes the last word in restaurant guides and a paid listing of many prominent selected restaurants in this area. While many of them have been rated by the great, and near great food connoisseurs, our readers will have the last word through "Reader Ratings."

Through a special 24 hour phone system, readers will be able to call, in their assessment of each restaurant they visit. Consensus ratings (good or bad) will be published as a continuing part of the guide.

In addition they can make suggestions, compliments or criticisms through the open phone line and messages will be sent through to the restaurant management.



# DINING GUIDE

## READER RATINGS



### Leonardo's

GALLERY RESTAURANT

*special complete dinners served Monday thru Thursday*

*choice of appetizer*

- fried zucchini
- mussels possillipo
- cold anti pasto
- melon & proscuitto
- baked clams
- soup de jour
- or
- pasta of the day and
- house salad, choice of dressing

*choice of entree*

- scrod livornese
- sole & shrimp oreganata
- veal scaloppina rosemaria
- filet of veal piccata
- filet mignon forestier
- chicken saltimbocca

*choice of dessert*

- Italian rum cake • parfait
- lemon sherbert • cheesecake
- chocolate fudge cake • melon
- coffee, tea, decaf

Reserve now for Mothers Day Sun. May 13  
Reservations start at 2

complete 18<sup>95</sup>

Menu Changes Weekly

Specializing in luncheon & dinner parties from 10 to 75 people  
In addition to our Complete A la Carte Menu  
Start Your Dinner With Our Complimentary Cold Vegetables and Dip

2024 Hillside Avenue  
New Hyde Park, N.Y. 11040

(516) 498-5100  
(West of Marcus Ave.)

Closed Sundays  
For Private Parties

Last week, my friend and I dined at Surfside Restaurant, on Hillside Avenue in New Hyde Park. We had been there once before and enjoyed it, as the seafood was truly great. Our choices were Trout, and Filet of Sole with Crabmeat stuffing. Dinner came with a baked potato and a great salad. White Chablis wine, then coffee completed this really fine dinner. If you enjoy fresh seafood, well prepared, I strongly recommend this restaurant. Surfside is not only attractive, with large windows on all sides, attentive service and ample parking, but we also found it offers a restful ambience. M.S.

### EARLY AMERICAN

One of our favorite restaurants over the years has been Maine Maid Inn on Jericho Turnpike in Jericho. The Colonial Building, built in 1789 filled with authentic Early American antiques, the cozy fireplace, the Tiffany lamps, all make for a delightful ambience in which to have a leisurely, relaxing dinner with the best possible food.

We dined there Wednesday night starting with a cup of excellent soup. One dinner consisted of the special of the day. Lobster tail with shrimp and clams in a delectable sauce, served with a choice of baked potato or linguine. My choice was the Bass almondeine served with fresh peas, carrots and corn. A mixed salad with a choice of dressing, and Cafe espresso made for a memorable dinner.

Every time we dine there we say it couldn't be better, and would you believe it! E.H.

### TWO EVENTS

To celebrate two special events—one a birthday and the other an anniversary—our party of four decided to go to La Cisterna, an Italian restaurant serving Northern Italian cuisine, on Mineola Blvd., Mineola. This happens to be one of our favorite restaurants and we want to share our delightful evening with your readers.

For antipasto we all shared the following: Fettucini Alfredo, Homemade Minestrone Soup, and Mussels in a Marinara Sauce, as well as an assorted Antipasto. It was all so delicious and whetted our appetites for the entrees.

The specialty of the house that night was shrimp wrapped in prosciutto served with a delicate mushroom sauce, and a rolled chicken cutlet stuffed with spinach and mushrooms. Another dinner was the veal piccata. All the dinners were served with fresh vegetables. Fabulous desserts served with cafe espresso with Sambucca. Add to this a leisurely atmosphere, excellent service and a genial ambience made for a meal fit for the gods.

I heartily recommend this outstanding restaurant. U.K.

# DINING GUIDE

### Surfside Restaurant

Host  
Mark Lipman, Under NEW Management

Specializing in Seafood and Continental Food

## MOTHER'S DAY

Sunday, May 13th

**Dinner 12 Noon to Closing**  
Now Accepting Reservations

**Mother's Day Champagne Toast**

Private Rooms Available 10 - 200 people

with this Ad Closed Mondays Ample Parking

328-0090

2056 Hillside Avenue, New Hyde Park

### Petite Corner

RESTAURANT

"A gem of a restaurant... an adventure... Petite Corner is a find" N.Y. Times rating... "Very Good"

Sunday, March 27, 1988

Private Luncheon Parties

Make your reservations now for Mother's Day

Reservations Suggested  
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328 Hempstead Turnpike  
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Live Entertainment every Fri. & Sat. 8 to 11 p.m.

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Map showing location: (107) Hicksville Rd., (108) Hempstead Rd., (109) Mineola Blvd., (110) Bethpage, N.Y.

### Massaro's

MINEOLA, N.Y.

Italian Restaurant & Pizzeria

## COMPLETE DINNER FOR TWO SPECIAL \$16.95

INCLUDES  
Soup or Salad, Bread & Butter, Entree & Coffee or Tea, and Dessert

ENTREE CHOICES:

- Chicken Parmigiana
- Chicken Francese
- Veal Parmigiana
- Linguine w/ White Clam Sauce
- Shrimp Scampi
- Eggplant Rollatine
- Lasagna
- Cheese Ravioli
- Pizza Pie for Two, Choice of 3 Toppings

Good only 5-9:00 p.m., Monday thru Saturday

747-2129

106 MINEOLA BLVD.  
One Block North of Mineola RR Station

WE DELIVER

Ask About Our Fine Catering

### To Owners of Good Restaurants:

This Is Your Chance To Join "Reader Ratings"

The Last Word In Restaurant Guides

Where Our Readers Have The Last Word

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In addition they can make suggestions, compliments or criticisms through the open phone line and messages will be sent through to the restaurant management.

**(Guide to Good Dining)**



# DINING GUIDE

## READER RATINGS



**Historic Granada**  
RESTAURANT  
Portuguese & Spanish Cuisine

The Home of Paellas, Mariscadas  
Chicken Villaroy & Salsa Verde

**Open 7 Days A Week**  
Lunch from \$4.50 - 12.95  
Dinner from \$7.95 - \$15.95

Try Our World Famous Potatoes  
NOBODY KNOWS ABOUT  
SEAFOOD BETTER THAN THE  
PORTUGUESE

Catering Available

149 MINEOLA BLVD. MINEOLA  
747-7599

### GUSTATORY DELIGHT

La Cisterna Italian Ristorante on Mineola Boulevard in Mineola has long been one of our favorite restaurants. Last Thursday night we dined there and experienced a gustatory delight with a very special entree, shrimp in a lobster sauce with homemade pasta. As usual the attentive service, the warm welcome by the host Angelo, the friendly ambience all made for a most enjoyable dinner. I heartily recommend this restaurant and am sure your readers will to.

E.H.

**Q.** Help! What does someone do who enjoys eating out, but is constantly on a diet and has absolutely no will power?

**A.** One solution might be eating in a Chinese restaurant. The food is low in fat, desserts are simple and the usual beverage-green tea, with no cream or sugar has no calories at all!

Another good idea might be choosing a restaurant with a big salad bar—a delicious and nutritious way to take the edge off an over-eager appetite.

**Q.** In a good restaurant that we attended recently an accordion player came around to each table and asked whether we had any requests. My wife made a request and the musician played it. Is this music provided by the restaurant or should I have tipped? **J.B.**

**A.** Generally the musicians are paid by the restaurant to entertain all of the diners. But when you make a special request it is expected that a small tip will accompany the request. In this case \$1 would have been a fair amount.

**Stella Ristorante**

**CELEBRATE MOTHER'S DAY**  
May 13th  
at  
Stella Ristorante

**Make Your Reservations Now!**

152 Jericho Turnpike Floral Park  
516-775-2202  
Family Owned & Operated  
for 29 years

**Executive Restaurant**

PRESENTING **Mother's Day Special**

Starting at 1 P.M.

**Complete Dinner Menu**  
Starting at \$14.95 complete  
Children's Menu \$7.95

Please Reserve Early  
248-2686  
746-8164

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FREE MUNICIPAL PARKING ALL DAY MAJOR CREDIT CARDS

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KOSHER GOURMET  
RESTAURANTS & CATERERS

# DINING GUIDE

"The perfect place for the perfect affair"

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RESTAURANT & CATERERS

NEW BUTTERFLY MOTIF THEMED  
NEW EXPANDED PANORAMIC WATERFRONT VIEW

Ask About Our Catering At Merrick Park Country Club

Beautiful Scenic Lakeside Setting  
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ENTERTAINMENT BY AL LYLES

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JERICHO, N.Y.

**Maine Maid Inn**  
Luncheon • Cocktails • Dinner

American Traditional Cuisine Since 1789

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East of Routes 106-107  
On Jericho Tpke.

Facilities For Executive Meetings & Private Parties

**St. James**  
EVERY TUESDAY NITE  
**Burger Mania**

Enjoy an Ice cold 16 oz. Draft Beer or a glass of Soda Included with any Burger from this menu.  
**\$6.95**

**THE CLASSIC BURGER**  
Sautéed Mushrooms and Onions with melted Mozzarella Cheese

**PHILLY CHEESE BURGER**  
Topped with sautéed Mushrooms, Onions, Green Peppers and melted Cheddar Cheese.

**DANISH BURGER**  
Covered with creamy Bleu Cheese and strips of Bacon.

**CORDON BLEU BURGER**  
A slice of Canadian Bacon covered with melted Swiss Cheese

**NACHO BURGER**  
Sliced Jalapeno Peppers, Onions, Tomatoes, Lettuce, Chili and melted Cheddar Cheese

**CAJUN BURGER**  
Made with a spicy Cajun seasoning, a touch of hot sauce and Monterey Jack Cheese

**ROMAN BURGER**  
Sliced Pepperoni, roasted Red Peppers and melted Mozzarella Cheese

**WISCONSIN BURGER**  
Aged Cheddar Cheese topped with strips of Bacon

**THE CULLY BURGER**  
Twin Hot Dogs, chopped Onion, Chili and melted Cheddar topping

\*All of our 1/2 lb. burgers are made fresh daily and are served with Fries, Rings, a slice of raw Onion, Lettuce, Tomato and Pickle.  
\*Burgers are also available from our regular menu but do not include complimentary beer or soda.

742-3040  
190 Second St., Mineola  
Major Credit Cards (1 blk. N. of LIRR)



# DINING GUIDE

482-1798  
482-1510



**Ristorante Giulia**

Northern Italian Cuisine with a touch of France

\*\*\*Peter Gianotti -  
Newsday Mar. 11, 1990

570 Middle Neck Rd., Great Neck

## READER RATINGS



For gracious dining in all aspects I would heartily recommend La Marmite in Williston Park. The service, under the able guidance of Manuel, is courteous and attentive and the cuisine varied and excellent.

Anyone looking for a place to celebrate a special occasion or just to enjoy a satisfying dining experience would do well to favor this excellent eating establishment.

O.C.

# DINING GUIDE

YOUR PLACE..OR MINE RESTAURANT



PRESENTS A NEW SERVICE

Lunch....  
Dinner... **WE DELIVER**

We Deliver • 248-1646 • We Cater  
280 Hillside Ave., Williston Park

**FULTON STREET EAST** YOUR NEIGHBORHOOD SEAFOOD PUB

\*Fresh Seafood At Its Best

NEW! Health Conscious Menu

Open 7 Nights

We're Not Just Fish

41 Covert Avenue, Floral Park 775-9004

### FAVORITE RESTAURANT

The Executive Restaurant on Mineola Boulevard in Mineola has long been one of my favorite restaurants and I always enjoy their fine, continental cuisine. Last week our party of four dined there, and two of us ordered the Zuppa di Pesce, the French call it Bouillabaisse. I have thoroughly enjoyed this dish both in Spain and in Portugal, however I must admit this was the equal if not better. It is usually ordered for two. This dish with French or Italian bread is food fit for the gods.

If your taste buds are crying for a gustatory delight, try it! I heartily recommend it. The atmosphere is friendly, the service is great. The fish is delivered fresh daily. You will come away with a mental note, that this is a place to re-visit soon again.

L.P.

**Mahoney's Hillside Restaurant** Since 1948

STEAK • CHOPS • SEAFOOD A SPECIALTY!

Lunch & Dinner Specials Daily

Catering Available

Open 7 Days • Sunday to 9 p.m.

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26 Hillside Avenue, Williston Park

We Honor Major Credit Cards

**The Lucky Duck**

For "fun" Italian/American dining at its absolute best!!!

**Gourmet Specialties!**  
Created daily (by our 3 star chef) from the finest veal, seafood, chicken and beef

**Early Bird Special!**  
20% off Mon.-Sat.  
4 to 6 p.m.

**Kids Eat Free!**  
One Kids entree for each adult entree—  
Sun. 2 to 5 p.m.

**Homemade Pasta!**  
Large variety of delicious and unique house specialties.

9 Nassau Boulevard  
Garden City South  
(516) 485-4848

\*Kids under 12

**\*GRAND OPENING SPECIAL\***  
Bring in this ad and receive a  
**FREE DESSERT**  
When you order 1 of our Entrees

Q. There is a great catering place in my neighborhood which features wonderful food at moderate prices. However, dinners are always served "family style". Meat and vegetables are placed in large platters which guests pass around just as if they were eating at home.

There is one problem with this type service, though. I notice that some people take more than their fair share or perhaps take all white meat when turkey is served. What can be done about this?

A. There is really nothing that you can do under the circumstances. Family style dining is a nice idea, but it doesn't work unless all the guests are considerate.

Why not ask the manager to provide conventional service, in which food is placed on plates in the kitchen, for your next affair?

### ATTRACTIVE RESTAURANT

A great restaurant is Surfside on Hillside Avenue in New Hyde Park. You will enjoy the restful decor, and attractive surroundings. Whether you order steak or seafood, you will find it well prepared and attractively served.

I find it refreshing to dine leisurely, in a quiet setting. There is also ample parking and - it is so convenient. How nice to have such a good restaurant practically in our backyard! I think you will concur that this is a place you will want to share with your friends.

E.E.

Barbara Rader 9/6/82  
Cathy Urbach Pennysaver 9/28/84

**MING garden**

Formerly Cheong's Garden of West Hempstead and Chi Ling  
Gourmet of Cedarhurst

**Mother's Day  
Sunday, May 13  
Call for Reservation**

**THE FINEST IN  
MANDARIN, SZECHUAN,  
HUNAN and CANTONESE**

Open 7 Days for Lunch & Dinner  
Business Lunch Served Daily  
Take Out Service  
Private Party Room Available

MAJOR CREDIT CARDS ACCEPTED 200 Garden City Plaza, Garden City  
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RESTAURANT & COCKTAIL LOUNGE

Serving the finest Italian Continental Cuisine, with steaks and chops, to appeal to the varied tastes of Mimmo's valued clientele. Popular late night club with MACK on Keyboard, Wednesday through Saturday, for listening & dancing.

**Luncheon  
Monday through Friday**

**Dinner  
3 p.m. to 1 a.m.  
7 days per week**

Call (516) 997-6255

511 Old Country Road, Westbury (Opposite Fortunoff's)





# DINING GUIDE



Floral Park's Best Kept Secret!  
**HALLIGAN'S**

*MOTHER'S DAY*  
**Brunch Special**

12 noon - 4 p.m.

All Sporting Events  
via Satellite TV

## Menu

- Unlimited Bloody Mary's, Mimosas & Screwdrivers
- Fresh Fruit Assortment
- Fresh Baked Muffins
- Choice of 6 Entrees
- Conclude your Brunch with:

\*An assortment of Hot Danish \*Iced Fruit Sherbert

\*Coffee or Tea **\$10.95** Fixed price p.p.

## Fixed Price Dinner

Choice of Appetizer

Soup or Fresh Garden Salad  
Choice of Entree

- \*Filet Mignon \* Surf & Turf \* Halligan Combo
- \*Chicken Francise \* Stuffed Shrimp
- \*24 oz. Porterhouse Steak for 2,  
Served with Fresh Vegetable & Fresh Baked  
Potato or French Fries & Coffee or Tea

Reservations Appreciated for both Brunch & Dinner.  
145 Tulip Ave., Floral Park (516) 358-3690  
(Private Parties Available)

## READER RATINGS



We have lived in this area for a long time, and The Executive Restaurant continues to be one of our favorites. Whether your choice is steak or seafood, you can be assured it will be top quality, and well prepared.

The cuisine is Continental. In particular their Blackboard Specials are diversified. My favorite at the Executive is their Bouillabaisse. I have had this dish at many fine restaurants, and can truly say for my taste it is the best. Just thinking about it makes me want to make a return visit soon. The welcome we receive when we dine there is warm and friendly. The Pavlovich father and son are a great team, we feel we are visiting old friends when we dine there. You will enjoy the caring service as well as the ample parking across the street. H.P.

# DINING GUIDE

**KATHLEEN'S**  
2235 Jericho Tpke. Garden City Park

*MOTHER'S DAY*  
Serving 1 - 7 PM

Complete Dinner including Relish  
Tray, Soup, Entree, Potato,  
Vegetable, Dessert & Beverage

Featuring

- Stuffed Lobster Tail • Roast L.I. Duckling with
- Prime Rib of Beef Raspberry-Lime Sauce
- Roast Leg of Lamb

CHILDREN'S MENU AVAILABLE

Reservations: 742-7793

VISA

AMEX

**If Your Restaurant is First Rate,  
We have a message for you.**



Each week Litmor Newspapers presents a select dining guide called Reader Ratings to its readers. The guide presents the messages of outstanding restaurants in this area and it also is a forum for readers to tell other readers about why they like certain restaurants.

Reader Ratings, although it is read by up to 100,000 readers is an inexpensive way to meet the public and have the public meet you. Throughout many years, Reader Ratings has helped build loyal followings for some of the best restaurants in the area.

If your restaurant qualifies as a leader in the area we want to talk to you about being included in our guide. The cost is nominal and the results can be great.

**Call 931-0012 for details**

**KRISTAN'S Restaurant**  
A Treat To Your Palate, A Surprise To Your Eyes  
**Casual Dining & Cocktails**  
**Make Reservations for Mother's Day!**  
Catering - Salad Bar  
Live Music from 9 p.m. Every Saturday Night!  
339 Jericho Tpke., Floral Park 437-6525  
**LUNCH, DINNER, & SUNDAY BRUNCH**

**Cesar's Cafe**

Tex-Mex - Southwest

LUNCH

DINNER

PARTIES

HAPPY HOUR

10 Grace Ave.  
Great Neck

Reservations  
(516) 466-1121



# RESTAURANT GUIDE

**La Cisterna**  
celebrates its 20th ANNIVERSARY

**Mother's Day**  
Sunday, May 13

Reserve Now

Private Room available for Private Parties or Business Meetings. Accommodations 25 or more persons.

**Special Mother's Day Menu**

To Celebrate their 20th Anniversary, LA CISTERNA offers 15% DISCOUNT TO SENIOR CITIZENS, Monday, Tuesday and Sunday Only

Your Host  
**Angelo**

109 Mineola Blvd., Mineola  
(516) 746-9474 • (516) 248-2112

MAJOR CREDIT CARDS ACCEPTED

Lunch, Dinner & Late Nite  
Brunch, 12-5  
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**KENNY'S CAFE**  
A Stylish East Side Cafe

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729 Oyster Bay Road  
Bethpage, N.Y. 11714

Open 7 Days

**KEVIN GRANTS**

PUB • RESTAURANT

**Mother's Day, May 13**  
Serving Dinner from 4 P.M.

**Open Lunch - Dinner**  
BRUNCH - Sat. & Sun. 12 Noon to 4 P.M.

— WEEKLY DINNER SPECIALS —

Sun. - Mon.: *Surf & Turf* ..... \$13.95  
Lobster tail and an 8 oz. shell steak

Tuesday: *Roast Night* ..... \$13.95  
Could be any one of the following: turkey, pork, or lamb

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## READER RATINGS



We enjoy dining out and when we find a truly outstanding restaurant we like to share it. Ristorante Giulia is just such a one. It is located at 570 Middle Neck Road in Great Neck; the cuisine is Northern Italian/French.

There is an antipasto display, shortly after you enter, which we could not resist, with roasted red peppers, thinly sliced, grilled eggplant, plus fresh mozzarella cheese, salamis, olives. It was exceptionally good! Crisp rolls and breadsticks, with a glass of white wine started the salivating juices rolling.

Our next two choices were Saltimbocca Fiorentina, which consisted of veal with prosciutto, sage, white wine and spinach, our other choice was Filet Mignon, with a green pepper sauce.

We topped off this fine dinner with cafe espresso.

The attentive service plus the fine food, the welcome atmosphere made for a memorable evening. I heartily endorse Ristorante Giulia. MM

Q. I have noticed that Chinese restaurants do not provide knives when serving meals. Can you tell me the reason for this practice?

A. In the orient food is cut into small pieces before it is cooked.

This has the advantage of reducing cooking time and also minimizing any loss of nutrients. In China it is considered bad manners to cut food at the table.

Q. Recently while dining in a Portuguese restaurant, my friend and I were served a sweet white wine with our dessert. Would you have any idea what the name of this wine would be? It was delicious.

A. You may have been served one of Portugal's sweet white ports. They come from the area of Oporto and I agree with you that they are very good and surprisingly little known by Americans.

Q. When dining out I have often seen women wearing their coats to the table, then depositing them on the back of their chairs. However, I have never seen a man do the same thing with his overcoat. Is there really a difference in etiquette for men and women in regard to checking coats?

A. Yes, a man always checks his coat in a restaurant. But a woman has the option of checking her coat or bringing it to the table.

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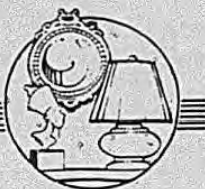
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## Decor Score

By Rose Bennett Gilbert



### People who live in glass houses



**LET IN LIGHT** — A window addition (this one by Solar Additions Inc.) can make any room sunny and bright as all outdoors.

**Q.** This is really a question about remodeling, not decorating, but here goes anyway.

I'm dying to add one of those glass rooms to our house, but we don't have much actual yard space. The view is great, however — we overlook a golf course — and we're eager to take advantage of it.

**Can you give us some advice about glass additions?** — S.J., Livingston, N.J.

**A.** Yes — and since you are into a structural project, I also tapped the expertise of a professional architect.

First, my advice: Study this photo.

What looks like a major glass addition actually is just a very large window that opens up one wall of the sitting room. It's called "Nature's Window," and the manufacturer (Solar Additions Inc. of Greenwich, N.Y.) makes it just for people like you who have yards too small to add on a full-size sun room.

The "window" is 4 feet deep and 13 feet high, and features insulated and tempered glass on top and sides, so it's bright and sunny as all outdoors, literally.

Now for the architect's advice: Michael Callori, A.I.A., of Leonia, N.J., urges caution when you add a glass room to your home.

While glass rooms can do a marvelous job of opening up space to suit today's lifestyle, they also can be hot and humid in summer and drafty in winter. Your best insurance is to deal with a known manufacturer, and invest in fans,

sun screens, tinted glass, and other options that will make your glass room a pleasure all year-round.

Another caveat from Callori: Remember that people who live in glass houses are constantly on view. Orient yours to the side of the house that offers the most privacy.

A final thought: Include landscape lighting, if possible, so the glass doesn't turn into the black hole of Calcutta by night.

**Q.** Is there any way to make Danish modern ('50s vintage) look good now? I bought a house full when we were first married, but now I'm sick to death of it and can't afford to start completely over.

How can I make all that teak and those tapered legs blend into my rooms full of American country furniture, my new love? — S.D., Ohio

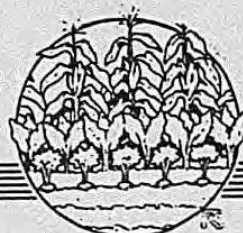
**A.** Take heart, dear S.D., Danish modern — like the South — is rising again!

If yours is well-crafted of beautiful woods — the reason people fell for Scandinavian furniture in the first place — you'll soon find a willing collector for them. ... Or I'll bet my own teak buffet and hutch!

Meanwhile, the simple lines of most pieces will let them blend easily with rustic country-style furniture.

## Backyard Gardener

By Patrick Denton



### The flower of the month

*"The Convall Lilly, or Lilly of the Vally, hath many leaves like the smallest leaves of Water Plantaine, among which riseth up a naked stalke halfe a foot high, garnished with many white floures like little bells, with blunt and turned edges, of a strong savour, yet pleasant enough; which being past, there come small red berries, much like the berries of Asparagus, wherein the seed is contained. The root is small and slender, creeping far abroad in the ground."*

This is how the 17th century herbalist and barber/surgeon John Gerard described lily of the valley in his book "The Herball, or Generall Historie of Plants."

This spring flower, so highly valued for its beauty, fragrance and easy growing habit, is the flower of the month for May. It is a flower well worth celebrating this month, too. In my house and garden, this plant coming into bloom is a big event.

From the carpets of fresh, broad, apple-green foliage and sturdy sprays of spotless white

flowers, I gather bouquets for the office in my house, where I spend most of my time. There, I can fully savor and appreciate at close quarters the elegantly scalloped, nodding bells and their strong, sweet scent.

The proper botanical name for lily of the valley is *Convallaria majalis*, from the Latin *convallis*, meaning a valley, the plant's natural habitat. *Majalis* means May, indicating the time of flowering.

Their natural habitat in valleys indicates where lily of the valley plants will flourish best and flower most profusely. The plants have a preference for a partially shaded site in a moist, humus-rich soil.

Valley floors are regularly gifted with showers of leaves and plant debris, which decompose to continually replenish the organic content of the soil. In gardens, this natural process can be simulated by covering lily of the valley plantings with a layer of compost and/or old manure in early spring.

Lily of the valley is valuable as a low-maintenance ground cover

in shaded areas. But as Gerard notes, the slender roots do creep far abroad in the ground. These plants naturalize so easily, in fact, that they can become invasive. I have one rhododendron caught fast right now in a sweet-scented convallaria hug.

To keep a lily of the valley planting within reasonable bounds, sink barriers around it or keep straying rootstocks dug yearly. When the planting becomes crowded and stops flowering well, lift the plants, replenish the ground and replant the individual pieces (pips) 4 inches apart and 1 inch deep.

An appealing project with lily of the valley is to grow the plants in pots from pips either purchased, or dug from the garden after a few frosts or at least some cold weather has hit the garden. Use only the fattest pips that you can find, as only the big ones will bloom well in containers. Knock some of the soil away from around them, trim the roots, and fit as many as possible into a shallow pot over a layer of peaty soil mix.

The tops of the pips should end up at soil level. Firm the soil mix down lightly, water thoroughly and allow the pot to drain. Then slip the pot into a plastic bag and set it in a cool, bright spot. Leave the bag partially open to allow for some ventilation while still maintaining high levels of humidity around the pips. The plants should bloom in three or four weeks.

As a cut flower for small bouquets, lily of the valley is superb. On the sunny side of my woodland convallaria site a planting of coral bells blooms at the same time. I often combine them in a vase. I like the contrast between the longer, slender and more feathery flower stems with their coral-red flowers and the shorter spikes of nodding white bells. Both these flowers dry nicely for everlasting arrangements as well.

In the language of flowers, lily of the valley signifies the return of happiness. Pretty names that have been given to this flower in the past are Lily Constancy and Our Lady's Tears. An old country name is Mugget, from the French word for the plant — *muguet*.



## Poacher's paradise

If you think poached eggs are tricky to cook right or are messy to prepare, you haven't tried poaching in your microwave yet. You don't need any special equipment — a glass custard cup or microwave-safe casserole works just fine.

Use the freshest eggs possible for poaching, since fresh eggs set into compact rounds, while older eggs tend to spread out.

Bring water and vinegar to boil on HIGH (100 percent power) setting before adding eggs, then reduce power to MEDIUM (50 percent power) while poaching, so eggs simmer gently. Cover during standing time to hold in steam and allow eggs to finish setting. (Vinegar helps eggs to set more quickly.)

Never try to "poach" an egg in the shell — or you'll be sorry you did. As steam builds up inside the shell, it's likely to explode all over the interior of your oven.

To poach one egg, combine ¼ cup hot tap water and ¼ teaspoon vinegar in a glass custard cup. Microwave on HIGH power setting about one minute, or until water is boiling rapidly. Break an egg into a small saucer and slide into boiling water. Cover with plastic wrap and microwave on MEDIUM power setting ¾ to 1½ minutes. Let stand, covered, two to three minutes before serving. Two eggs may be poached in this manner, in separate custard cups; poaching time will be one to two minutes. Poaching eggs in custard cups gives eggs a nice, round shape.

To poach three or four eggs, combine 1 cup hot tap water and ¼ teaspoon vinegar in a 1-quart microwave-safe casserole. Microwave on HIGH setting two to three minutes, or until water boils rapidly. Break eggs, one at a time, onto a small saucer and slide into boiling water. Cover casserole with lid or plastic wrap and microwave on MEDIUM setting 2½ to 3½ minutes, or until whites are almost set. Let stand, covered, two to three minutes before serving, to complete cooking.

When eggs are done, slip into a slotted spoon to drain. If eggs are not set to your liking, return to a custard cup and microwave on MEDIUM setting for a few more seconds.

Reheating poached eggs in the microwave is not recommended, since they tend to overcook and turn rubbery.

If you have poached more eggs than you can use, refrigerate them, submerged in cold water, for up to 24 hours. When ready to use, submerge in hot water for one minute and serve immediately. Or wrap securely in plastic wrap and refrigerate, then chop and serve the next day in a salad, sandwich, or as a garnish.

Poached eggs aren't cooked in butter, so there is no added fat. The texture is delicate and silky,

they're quick and easy to microwave, and you can serve them in a number of delicious ways. Serve over lightly buttered toast points for a fast, simple breakfast, or over hot corned beef hash for an extra-hearty brunch. Try serving atop hot tortillas and garnish with a mild Mexican salsa for Huevos Rancheros.

Following are two poached egg classics that will brighten any breakfast table.

(Recipes in this column are tested in 625- to 700-watt microwave ovens.)

### MICRO-TIP OF THE WEEK

Always slightly undercook eggs when microwaving — standing time will complete cooking.

#### EGGS BENEDICT

- ½ cup butter or margarine
- 2 egg yolks
- 2 tablespoons lemon juice
- ¼ teaspoon each salt and dry mustard
- ¼ teaspoon ground white pepper
- 2 tablespoons half-and-half or light cream
- 4 eggs
- 1 cup hot tap water
- ¼ teaspoon vinegar
- 4 slices ham or Canadian bacon
- 2 English muffins, split and conventionally toasted
- Paprika

Yields 2 or 4 servings.

Preparation time: 15 to 20 minutes.

Cooking time: 8 to 11 minutes. Oven setting: HIGH (100 percent power); MEDIUM (50 percent power).

Place butter or margarine in 1-quart microwave-safe casserole. Microwave on HIGH setting about 1 minute, to melt. Beat in egg yolks, lemon juice, salt, mustard and pepper, mixing well. Microwave 1½ to 2½ minutes on MEDIUM setting, beating every minute, until thickened. Stir in half-and-half. Cover and set aside.

Poach the 4 eggs in 1 cup hot water and ¼ teaspoon vinegar, according to directions above. Set aside. Place ham or Canadian bacon slices on microwave-safe plate and microwave about 1 minute, to heat. Place 1 slice atop each of 4 toasted English muffin halves. Top with poached egg, then spoon Hollandaise sauce over all. Sprinkle with paprika and garnish with parsley sprigs, if desired.



## Thanks, Mom!

Being mothers ourselves, we know about this day. We know that it can be a very special occasion, one on which you are made to feel like a veritable queen for a day, or it can be fraught with pitfalls if expectations exceed reality.

Over the years, we have developed some strategies. Young children really don't know quite what to do, nor do (sometimes) their fathers, so we try to help them out by offering not-too-subtle suggestions.

For example, if we truly have a yen to go out to eat, we say so! And it never hurts to offer some restaurant options if your preference is for something a little swankier than the diner.

On the other hand, if the kids are in the mood to cook and feel like making us dinner on Mother's Day, we might steer them (or their fathers) in the direction of some appropriately easy yet "fancy" recipes.

One choice might be this menu, featuring Herbed and Spiced Veal Patties. Ground veal is a nice alternative to ground beef, and although these delicately seasoned meat patties are as easy to mix up as meat loaf, the result is something quite sophisticated and elegant. The patties are drizzled with a sauce made from the pan juices and are served atop toast triangles for a little extra finesse.

Along with the veal patties, steamed baby carrots tossed with butter and herbs and a simple rice pilaf would be lovely.

And for dessert, try Chocolate Pudding Parfaits. This is a simply wonderful "from scratch" chocolate pudding — no more difficult to make than the boxed variety, and ever so much more delicious.

The pudding is layered in a stemmed glass with whipped cream and topped with a strawberry or a maraschino cherry.

With this kind of cooperation, Mother's Day can be a perfectly delightful occasion for the whole family!

### TIPS

• Don't be afraid to use your hands (clean, of course) to mix up the veal and seasonings. Try to use a light touch so as not to compact the meat too much.

• If you don't have time to make the pudding, you could serve hot-fudge sundaes for dessert. Use good vanilla ice cream, a high-quality chocolate sauce, then top with real whipped cream and a strawberry.

#### HERBED AND SPICED VEAL PATTIES

- 1 pound ground veal
- ¼ cup fresh white bread crumbs
- 1 egg, lightly beaten
- 3 tablespoons minced shallots
- 4 tablespoons chopped pars-

- ley, divided
- ¼ teaspoon dried thyme
- ¼ teaspoon salt
- ¼ teaspoon pepper
- ¼ teaspoon nutmeg
- 1½ tablespoons butter
- ½ cup white wine
- ½ cup chicken stock

4 slices toasted white bread, buttered and cut in half diagonally

Yields 4 servings.

Preparation and cooking time: 25 minutes.

Place veal, bread crumbs, egg, shallots, 3 tablespoons parsley, thyme, salt, pepper and nutmeg in large mixing bowl. Use your hands to combine ingredients lightly, but thoroughly. Form mixture into 8 patties, each about 2½ to 3 inches in diameter and about ¼ inch thick.

Heat butter in large skillet. Sauté patties over medium heat for about 4 minutes per side until golden brown and just cooked through. Remove meat to platter or serving plates.

Pour off all but about 1 tablespoon drippings from skillet and add wine. Cook over medium-low heat, stirring up browned bits clinging to bottom of skillet, for about 2 minutes. Add chicken stock and simmer over medium heat 1 to 2 minutes until lightly thickened. Stir in remaining 1 tablespoon parsley and taste for salt and pepper. Arrange patties on toast.

Serve sauce spooned over meat patties.

#### CHOCOLATE PUDDING PARFAITS

- ¾ cup sugar
- ¼ cup unsweetened cocoa powder
- 2 tablespoons cornstarch
- ¼ teaspoon salt
- 2 cups milk
- 1 teaspoon vanilla
- 1 tablespoon butter
- ¾ cup heavy or whipping cream

For garnish: Whole strawberries, maraschino cherries or shaved semisweet chocolate

Yields 4 servings.

Preparation time: 25 minutes. Cooling time: 45 minutes.

In heavy saucepan, combine sugar, cocoa, cornstarch and salt. Gradually stir in about half the milk, whisking until smooth, then stir in remaining milk.

Cook over medium heat, stirring constantly, until mixture is thickened and comes to boil, about 5 to 8 minutes. Continue to cook for 1 minute after it has reached boil.

Remove from heat and stir in vanilla and butter. Pour into bowl, place sheet of plastic wrap directly on surface of pudding, and refrigerate for about 45 minutes until cool and set.



# Cooking Corner



By Charylne Fargo

## Getting to the heart of the matter

Artichokes, a member of the thistle family, are one of the few vegetables that probably should be sold with an owner's manual.

The uninitiated aren't sure what to trim off, what to eat or how to eat it — or what to leave on the plate after they finish one of the thorny jade-green globes.

The most common ways in which artichokes are consumed are simmered whole in water (with leaves trimmed of the thorns or left intact) and served with melted butter or mayonnaise in which to dip the end of each leaf, or pickled in a marinade and tossed into a leafy salad.

There is a lot that makes this labor-intensive vegetable worth the effort. It supplies vitamins A, B and C and minerals such as potassium, calcium, phosphorus and iron, and is low in sodium and high in fiber. And a medium artichoke has only 60 calories.

But health concerns aside, artichokes — from the meat on the leaves to the soft-centered heart — have a unique and delicious taste.

Serve them as the main dish at lunch or as a side dish or appetizer at dinner.

Since there is no instruction sheet passed out with each bag of supermarket artichokes, here are some basic lessons in the care (theirs) and feeding (yours) of artichokes to relieve any case of culinary anxiety.

### EATING

Artichokes are, for the most part, a finger food. Pull the leaves off, one at a time. Dip the tender, fleshy end into a sauce and draw the end through the front teeth, scraping off the soft, edible inside part.

When the purple-tipped cone of the light leaves is reached, take a spoon and scoop them and the choke or thistle out and discard. The remaining portion is called the heart or artichoke bottom. That's the reason some people eat artichokes in the first place — just to get the heart. At this point, dining tools generally come into play. Cut the heart into segments and eat with a fork.

### STORAGE

Artichokes need high humidity. Sprinkle with a little water and store, sealed in a plastic bag, in coldest part of refrigerator for up to a week. Cooked artichokes should be cooled, covered well and refrigerated.

### PREPARING A WHOLE ARTICHOKE

Cut a lemon in half. As you work with artichoke, rub lemon on all cut surfaces to reduce discoloration.

Cut off stem, level with bottom, so artichoke will stand easily. (Stem is edible and can be peeled and cooked separately, or do as

they do in Italian *trattorias*, serve artichoke with the stem intact; just trim the bottom of it.) Snap off small bottom leaves. Cut off top quarter to a third of artichoke and nip off tops of remaining leaves with kitchen shears.

### COOKING

**To simmer:** Stand artichokes in pan (not aluminum or cast iron) in 2 to 3 inches boiling salted water containing a little lemon juice (for color) and vegetable oil (to make leaves glisten). Cover and simmer 25 to 45 minutes, until base can be pierced easily with a fork. Drain upside down.

**To steam:** Place artichoke upside down on rack or in steamer over boiling water, cover and cook till tender.

**To microwave (700-watt oven):** For one artichoke, place in non-metallic dish with  $\frac{1}{4}$  cup water and 1 teaspoon oil. Cover with plastic wrap pierced with fork to allow steam to escape and cook on HIGH (100 percent power) five to eight minutes, rotating bowl  $\frac{1}{2}$  turn halfway through cooking. Let stand, covered, five minutes.

For four artichokes, double the water and oil and cook 12 to 14 minutes. Let stand five minutes.

If desired, 1 teaspoon of lemon juice can be added for one artichoke or 2 teaspoons of juice for four. When done, petal near center will pull out easily.

### SERVING

Gently spread top leaves and reach in and pull out the cluster of purple-tipped prickly leaves in the center. Underneath is the fuzzy choke. With small pointed spoon, scrape out choke until you reach the smooth heart underneath.

You can leave this task for the guests, but it makes a nicer presentation to do it ahead of time.

Serve artichokes hot with melted butter. Or serve chilled with mayonnaise or vinaigrette.

### PREPARING ARTICHOKE HEARTS

Prepare acidulated water by squeezing  $\frac{1}{4}$  of a lemon into a bowl of cold water. Use other half of lemon to rub cut surfaces as you work.

Snap off all outer leaves, working from the bottom until you get to a cone of leaves that is yellowish white and green at the tips. Cut off leaves, leaving about  $\frac{1}{4}$ -inch at the base.

If artichoke heart bottom will be sitting on a plate, cut off stem. Otherwise, trim bottom of stem and, with a sharp paring knife, pare the fibrous green layer off the stem. Also pare away the fibrous green parts at the base of the artichoke. Place artichoke bottoms in acidulated water as you finish them.

To cook heart: Squeeze  $\frac{1}{4}$  to  $\frac{1}{2}$  of a lemon into a saucepan containing enough boiling salted

water to cover artichokes. Add trimmed artichoke bottoms, reduce heat, cover and simmer till fork-tender, about 15 to 20 minutes. Cool to lukewarm in liquid. Remove prickly center leaves and choke, and store in liquid till ready to use.

**To prepare artichoke slices for sauteing:** Prepare artichoke bottom as above. Cut artichoke in half or quarters and, with a sharp paring knife, carefully remove choke and prickly leaves from each piece. On work board, set each artichoke piece stem end up, and slice thinly from stem to top. Put slices in acidulated water as you work. Dry well before sauteing.

...

Bigger isn't necessarily better when it comes to artichokes. Artichokes come in a variety of sizes — all mature when picked and ready to prepare by boiling, steaming or cooking in the microwave.

Large artichokes (15 to 20 ounces each) are best for stuffing as a main dish, medium-size artichokes (8 to 12 ounces each) for eating whole as an appetizer or snack and baby artichokes (less than 2 inches in diameter) for sauteing, marinating and adding to casseroles and salads.

There is an increasing availability of baby artichokes, largely due to heightened consumer interest in baby vegetables. Almost completely edible, they are best for grilling, deep-frying or preserving in olive oil.

...

Here are some recipes that show the artichoke to good advantage. Not to mention, good eating.

### PASTA WITH ARTICHOKE

1 artichoke  
Lemon juice  
2 to 3 tablespoons olive oil, butter or margarine  
1 cup sliced mushrooms  
2 tablespoons dry white wine  
 $\frac{1}{4}$  cup thinly sliced green onion  
 $\frac{1}{2}$  teaspoon basil, crushed  
Salt to taste  
4 ounces mostaccioli, or other type tubular pasta; cooked, drained and hot  
Grated Parmesan cheese  
Fresh cracked pepper

Yields 2 to 4 servings.

Blend back outer petals of artichoke until they snap off easily near base. Edible portion of petal should remain on artichoke heart. Continue to snap off and discard thick petals until central core of pale green petals is reached.

Cut off top 2 inches of artichoke; discard. Cut off stem; reserve. Trim outer dark green layer from artichoke bottom and stem; rub all surfaces with lemon to prevent discoloration. Quarter artichoke lengthwise. Remove center petals and choke; discard. Rub again with lemon. Cut artichoke and stem into very thin lengthwise slices.

Heat oil in large skillet over medium heat. Add artichoke and mushrooms; cook 2 minutes. Add wine, green onion and basil; simmer, covered, about 5 minutes or until liquid has evaporated and artichokes are tender. Add salt to taste.

Serve over hot pasta. Pass Parmesan cheese and cracked pepper.

### ARTICHOKE CAESAR SALAD

4 cooked artichokes, cut into quarters  
 $\frac{1}{2}$  cup olive oil or salad oil  
 $\frac{1}{4}$  cup lemon juice  
2 cloves garlic, crushed  
1 teaspoon dry mustard  
 $\frac{1}{2}$  teaspoon salt  
 $\frac{1}{4}$  teaspoon pepper  
1 teaspoon anchovy paste  
 $\frac{1}{2}$  cup dairy sour cream  
1 clove garlic, halved  
6 cups torn romaine lettuce  
5 cups torn iceberg lettuce  
1 egg, coddled  
1 cup croutons  
 $\frac{1}{4}$  cup grated Parmesan cheese

Yields 8 servings, approximately 275 calories each.

While artichokes are cooking, prepare marinade by combining oil, lemon juice, crushed garlic, mustard, salt and pepper.

Remove fuzzy centers of artichoke quarters. Arrange artichokes in shallow dish and add marinade; chill several hours. Blend anchovy paste and sour cream; chill. Rub salad bowl with garlic halves. Drain artichokes and reserve marinade; remove garlic.

Arrange 2 artichoke quarters on each salad plate. Lightly toss lettuce in salad bowl with 3 tablespoons reserved marinade; add egg and toss until well coated. Lightly mix in croutons and cheese.

Heap salad between artichoke quarters. Serve sour cream dressing on side as dip for artichokes.

Note: To coddle egg, cover egg with boiling water and let stand 2 to 3 minutes.

### ARTICHOKE WITH CHILI CHEESE DIPPING SAUCE

3 tablespoons chopped green onion  
2 teaspoons oil  
 $\frac{1}{4}$  cup peeled and finely chopped tomato  
 $\frac{1}{4}$  cup diced green chilies  
2 tablespoons dry white wine  
 $\frac{1}{2}$  cup shredded Monterey Jack cheese  
2 teaspoons flour  
2 hot cooked artichokes

Yields 2 to 4 appetizer servings. Recipe can be doubled.

Saute onion in oil until tender. Add tomato and chilies; cook and stir 5 minutes. Add wine; cook and stir 2 minutes. Toss cheese with flour; gradually stir into tomato mixture. Cook and stir until thoroughly heated and cheese is melted.

Remove inner petals and fuzzy choke from artichokes; discard. Remove remaining petals and quarter heart of 1 artichoke. Fill remaining artichoke with cheese mixture.

Arrange petals and sliced artichoke heart around filled artichoke.



Cooking Corner



## Quick mixes

Although I usually have a multi-grain porridge for breakfast, once in awhile an irresistible urge for pancakes or waffles strikes.

On a normal workday morning, this yen could probably not be satisfied were it not for the wonderful homemade mix I sometimes prepare in advance — ready and waiting in the refrigerator to meet my moment of yearning.

I first became aware of the notion of homemade mixes during the mid-'70s, when my cooking bible was "Recipes for a Small Planet" by Ellen Buchman Ewald (Ballantine). So often did I prepare the pancake mix recipe (see below) that the small paperback automatically opened to page 234.

Although I never took the mix on a camping trip as the author suggests, as I stood in my Manhattan kitchen I always enjoyed the thought of preparing these pancakes on a griddle over an open fire. Somehow, these imaginings made the pancakes even more delicious.

I had not thought much about expanding my mix repertoire until the mail brought the latest issue of *PCC Sound Consumer*, a monthly newsletter published by the Puget Consumers' Co-op in Seattle.

My sister Marian forwarded this to me with the note, "The muffin mix recipe is great!"

From the excellent article on muffins by nutrition educator Goldie Caughlan, I was reminded that my yen for homemade healthful muffins could as easily be satisfied as a yen for homemade pancakes.

Caughlan makes the interesting suggestion that muffin tins become stick-free when rubbed lightly with a mixture of equal parts of oil and liquid lecithin (available in health food stores).

"It works great on griddles, waffle irons and bread pans," she says, "but use less than you would of regular oil."

A small batch of this concoction may be mixed in a bottle and stored in the refrigerator to be used as needed.

Here is Caughlan's muffin mix followed by recipes for pancake and porridge mixes. It is best to store them all in the refrigerator in tightly sealed containers until needed.

While all of the ingredients are out on the counter, why not make multiple batches of the mix and store them in individual zip-lock bags or small jars?

## BASIC WHOLE-GRAIN MUFFIN MIX

- 2 cups whole-wheat pastry flour
- ½ cup wheat bran
- 3 rounded teaspoons aluminum-free, double-acting baking powder, such as Rumford
- 6 tablespoons non-fat buttermilk powder or 4 tablespoons soy milk powder

## Optional spices:

- 1 teaspoon ground cinnamon
- ¼ teaspoon each ground nutmeg, allspice and cloves

## Optional additions:

- ¼ to ½ cup raisins or other chopped, dried fruit
- ¼ to ½ cup chopped nuts or seeds

## Liquid additions:

- 1¼ cups water (plus 2 to 4 tablespoons if necessary after mix has rested)
- ¼ cup molasses, honey or fruit concentrate
- 1 egg (optional)

Yields 12 muffins.

Combine ingredients for mix. Refrigerate until needed.

Just before cooking, combine liquids. Gently stir into dry ingredients just until flour is moistened. Do not overmix or muffins will be tough. Let batter sit 5 minutes while you are oiling muffin tins. After 5 minutes, if batter is not slightly runny, stir in a few additional tablespoons of water.

Fill oiled muffin tins to top. Bake in an oven preheated to 400 F until top is moderately browned and muffin springs back to a light touch. Remove muffins from tins and cool on rack.

**Variations:** For Bran Muffin Mix: Change flour and bran proportions to ½ bran, ½ whole wheat. In liquid ingredients, substitute ¼ cup orange juice for part of water.

For Four-Grain Mix: Substitute ½ cup each of whole-wheat flour, barley flour, brown rice flour and cornmeal, plus ¼ cup bran (as listed).

## SMALL PLANET PANCAKE OR WAFFLE MIX

- 4 cups whole-wheat flour
- 1 cup soy flour
- 2 tablespoons non-aluminum baking powder
- 1 teaspoon salt

- ½ cup milk powder or ¾ cup instant milk powder

## Liquid additions:

- 1 egg, lightly beaten
- 1 to 2 tablespoons light vegetable oil
- 2 tablespoons honey or barley malt

Sufficient water to make a thick batter for pancakes or a thin batter for waffles.

Yields about 6½ cups mix; each 1¼ cups mix yields enough batter to make 6 to 8 pancakes or 3 small waffles.

(I usually add ½ cup each of raisins and sunflower seeds to the mix. One or two teaspoons of ground cinnamon and a generous grating of nutmeg also is nice.)

Stir dry ingredients together and store in tightly covered jar or plastic bag until needed.

For each 1¼ cups of mix, stir in egg, oil, honey and sufficient water for either pancake or waffle batter.



## Healthy olive oil

Back in the days when movie magazine articles speculated on whether screen kisses were "real," and butter sat next to the salt shaker at every meal, olive oil was exotic.

I don't even remember tasting olive oil until I was doing my own cooking. Since then healthy food fads, such as oat bran, have blazed up and died down — but olive oil has worked its way to the top of the health-food charts and has stayed there.

As a replacement for such saturated fats as butter or lard, monounsaturated olive oil is a world beater. Some studies indicate that it may even help reduce cholesterol levels (of bad low-density lipoproteins) for those of us who use it regularly.

These days olive oil takes up a whole supermarket shelf. The problem is which one to buy.

Best oils are extra virgin, which means the oil is extracted from olives by cold-pressing (without heat or water), and nothing is added. It has the least amount of acidity.

Superfine virgin is next, then fine (or regular) virgin, and virgin or pure.

The lightest oils, those lightest in color with the least flavor, come from California or France. The heaviest, dark green with full fruity flavor, come from Spain, Portugal or Greece. Italy gives us anything from light to heavy.

I like a heavy, fruity full-flavored olive oil and get a dark Tuscan variety when I can afford it, but you must buy small quantities to taste and decide for yourself.

Buy the best oil (by taste, not price) for salads and less expensive for cooking because heating olive oil changes its flavor. You can, of course, add the oil after a dish is cooked and retain flavor that way.

I use olive oil in place of vegetable oil for cooking and salad dressings. I even drizzle it on bread in place of butter and love it on baked potatoes or vegetables.

For baking, olive oil can replace other oils one to one or use 1 tablespoon of olive oil in place of 1¼ tablespoons of butter or margarine.

Usually I use olive oil for bread baking but didn't think of it for cakes until Pompeian, a well-known brand name, sent me some cake recipes using olive oil. I tried them and love them.

In fact Pompeian has set up an olive oil hot line. If you have questions, call (301) 276-6900 and ask for Jaan or Lois.

## APPLE CAKE

- 4 to 6 apples, peeled and sliced
- 2 teaspoons cinnamon
- 2¼ cups sugar
- 3 cups flour
- 1 tablespoon low-sodium baking powder
- 1 cup light olive oil
- 4 eggs

- ½ cup orange juice
- 2¼ teaspoons vanilla

Yields 12 to 14 servings.

Each serving has about 444 calories, 19 grams fat, 84 milligrams cholesterol and 22 milligrams sodium.

In medium bowl, combine apples with cinnamon and ¼ cup of sugar. Set aside.

In large bowl, combine remaining sugar with flour, baking powder, olive oil, eggs, orange juice and vanilla. Beat until batter is smooth.

Grease 10-inch tube pan or Bundt pan and pour small amount of batter into bottom. Place layer of apple slices on top. Continue layering in this fashion, ending with layer of batter.

Bake at 350 F for 1½ hours or until cake tests done. Cool in pan 30 minutes before turning cake onto rack to cool.

## POUND CAKE

- ¾ cup extra light olive oil
- ½ teaspoon grated orange peel
- ¾ cup sugar
- 1 teaspoon vanilla
- 3 eggs
- 1¼ cups flour
- ½ teaspoon low-sodium baking powder

Yields 14 to 16 servings.

Each serving has about 188 calories, 12 grams fat, 54 milligrams cholesterol and 14 milligrams sodium.

Whisk olive oil and orange peel until frothy; gradually add sugar. Beat until light, approximately 3 minutes at medium speed. Add vanilla, then eggs (one at a time), beating well after each addition. Sift together dry ingredients, stir in.

Grease bottom of 9x5x3-inch loaf pan. Pour batter into pan, and tap pan to release any trapped air bubbles. Bake at 350 F for 40 minutes or until done. Cool in pan. Sift powdered sugar over top of cake.

## CARROT CAKE

- 1 cup extra virgin olive oil
- 1 cup crushed pineapple
- 4 medium carrots, shredded
- 1 cup brown sugar
- 1 cup granulated sugar
- 3 eggs
- 2 teaspoons vanilla
- 2 cups flour
- 2 teaspoons low-sodium baking soda
- 2 teaspoons cinnamon
- 1 cup chopped walnuts
- 1 cup coconut

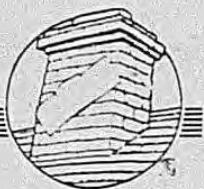
Grease 9x12-inch rectangular pan or 10-inch round pan. In medium mixing bowl, combine olive oil, pineapple, carrots, brown sugar, granulated sugar, eggs and vanilla. Mix well.

Sift together flour and baking soda. Stir dry ingredients into carrot mixture. Add walnuts and coconut. Mix completely and pour batter into prepared pan.

Bake in 375 F oven for 50 minutes.



# Here's How



By Gene Gary

## What do you recommend for stained shingles?

**Q:** We have a 25-year-old home that is part brick and part white asbestos shingles. For the most part, the shingles are in good condition and we have no complaints about their appearance. However, in a few areas, the shingles have become soiled or stained.

**A:** Painting is an alternative, what type of paint and what method of application do you recommend?

In the few places where the shingles are cracked or chipped, how can we replace them? We are fortunate enough to have inherited some extra shingles from the previous owners. — S.K.S.

**A:** Prior to painting, I suggest that you try cleaning the asbestos shingles with a solution of trisodium phosphate mixed 1 cup to 1 gallon of water and 2 cups of household bleach. Scrub the shingles with this solution and a soft bristle brush and rinse with cold water.

Where the shingles are dam-

aged or cracked you must take precautions. Asbestos is hazardous to your health if its fibers become airborne and are inhaled, which can occur if the shingles are broken.

In the case of damaged shingles and their replacement, it is best to consult or hire an asbestos-removal professional for advice.

If the shingles are in good condition they can be painted. After the cleaning process recommended above, apply a primer and coat of latex- or oil-based paint. A second top coat will add to the durability of the new finish.

**Q:** I have a problem commonly known as "water hammer."

Initially, the loud banging only occurred in one bathroom, and then only when the toilet was flushed. However, now the water pipes bang loudly in that bathroom and the second bathroom as well as the kitchen. Often the noise will happen for no apparent

reason, day or night.

I have installed a water "shock absorber" near the washing machine inlet and bled the pipes at the main faucet where the water enters the house, but the problem remains.

**Do you have any suggestions? — R.W.M.**

**A:** Chattering in the line is usually caused by loose pipes, worn faucet washers or other loose parts.

Often problems such as these can be corrected by checking your plumbing system and making sure all piping, joints and valves are secure.

If the water pipes continue to bang when you shut off the faucet, even though you know you already have air chambers installed to prevent this, bleeding the pipes could be a solution. Although you have already tried this, you might try the process again.

Turn off the water, open faucets in the highest and lowest parts of the line and drain out all of the water, letting the faucets drip for a bit.

Sometimes the air in one or two of the air chambers leaks out. Draining all of the water out of the system allows the air to re-enter the air chambers that prevent water hammer.

Another cause could be old faucet fixtures. Replacing an old faucet with a new one can be a solution. Simply replacing the seat washer and repacking the gland of the faucet is usually only a tempo-

rary solution at best.

If replacement of older faucets does not correct the problem, the cause may be due to a restricted flow of the water. This can be brought on by having the supply pipes too small or because of excessive water pressure. If the pressure is very high, a regulating or pressure-reducing valve may be necessary.

If the pipes are too small, replacement is the only remedy. However, if this is a recent problem, it is not reasonable that pipe sizing would be the cause.

It is possible that you may have experienced a difference in water pressure at the supply source, or addition of new appliances has created a problem. If you have properly installed air cushions it is doubtful that your problem is water hammer. However, it may be that your system requires additional units.

Water hammer occurs when the flow of water is suddenly stopped when you turn off the faucet. The water banging against the valve and pipe is the sound you hear. This can be usually be eliminated by installing an air cushion near the source of the problem.

One way around this is to use commercially available hammer eliminators. One such product is made by Genova, available at plumbing and hardware stores. It's installed in the same manner as an air cushion, but it takes up less room. It features an internal rubber bladder that separates the air and water.

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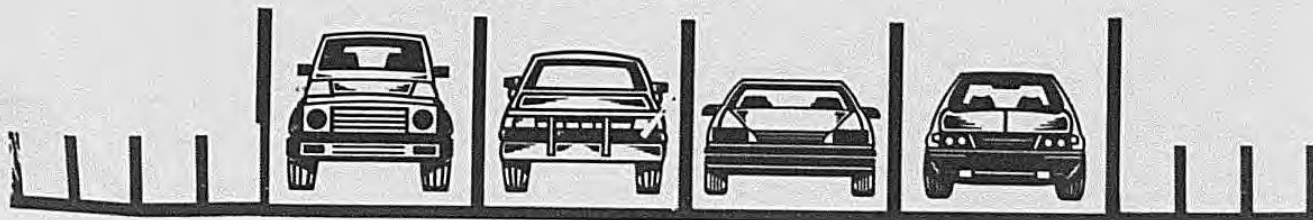
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finance company seeking PT telephone work. Up to 25 hours per week. Flexible schedule. Telephone experience a plus. Call Pat Masone. 742-2300 gcMy2

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2 days, light deliveries, Long Island. Good pay. Call 483-4431. gcmy2

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Cleaning lady looking to clean houses in Williston park and western part of East Williston in the morning. Honest with experience. Call after 6 p.m. 746-3967. hm3

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## Situations Wanted

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position. Live out. Experienced, references. Call 766-5907. If no answer, leave message. gcJnl

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days or nights. Experienced with references 481-6366. Please call after 6 p.m. gcMy4

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Aide - Energetic, live in, mature, experienced lady, English speaking, non-smoker, green card, pleasant and caring, excellent references. Call after 6 p.m. (718) 458-1501. gcMy3

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Mon - Fri. Own transportation, with references. Call Sandra 747-7988. gcJnl

**HOUSEKEEPER AVAILABLE**  
Experienced & references, own transportation. 741-7750. gcJnl

## Real Estate For Sale

**GARDEN CITY: MINT BRICK**  
5 BR Cape. 2 baths, finished bsmt, garage. \$229,990. Mint 5 BR Ranch, 3 baths, Euro-kitchen, central a/c, den, 3 car, on one acre. \$575,000. Rosemary Terry. 483-0061. gcMy2

**CUTCHOGUE BEACH FRONT**  
Nassau Point vicinity. Custom built Ranch on 75 x 190. 2 BRs, large LR, garage. \$295,000. Mattituck - 2 lovely wooded acres minutes to beach, \$129,000. Principals only. 584-6318. gcM2

**SOUTHOLD MINT CONDITION**  
4/5 BRs, 2 baths expanded Ranch on private road on wooded property in exclusive McCabe's Beach area. Fin. heated basement, new appliances, roof, skylights, fans, many extras. Moving & ready to sell. Must see. Asking \$262,500. Owner, 765-9279. gcMy3

## Real Estate For Sale

**Garden City 4 More Exclusive**  
**Exp Ranch** - LR, fpl, DR, den, ultra mod EIK, 4BRs, 3 full bths, CAC, all amenities \$559K.  
**Doll House Cape** - LR, fpl, DR, mod EIK, 4BR, 2 full bth, fin bsmt \$395K.  
**New Listing** - Classic col-heart of estates, LR, fpl, DR, mod EIK, powder rm, 4 BR, 2 full bth \$539K.  
**Magnificent Eng Tudor** - stone & stucco. One of GC's most prestigious addresses. All amenities, CAC \$925K.

**Taylor-Warner**  
101 7th St. Est. 1919 516-471-4422 hm2

**GARDEN CITY - BUILD YOUR**  
own dream house! 1/2 acre lot. Prime area. \$495,000. 741-7743. gcJnl

**GARDEN CITY ESTATES**  
Full expansion Ranch, 4 BRs, 2 baths, den, LR/fpl, oil heat, attached garage. 5 minutes to RR. Large plot, \$495,000. Call after 11 a.m. Owner broker 746-5445. gcMy3

**EAST WILLISTON - SECLUDED**  
attractive four bedroom, 2 1/2 bath, den & library. Wheatley schools. Walk to RR & shopping. Reduced to \$360,000. Private. 248-2685. wmy2

**WILLISTON PARK 3/4 BR**  
Colonial. EIK, LR, Full DR, fin. basement. Fenced yard/brick patio. Low taxes. Owner - \$215,000. 741-1867. wjnl

**GARDEN CITY ESTATES**  
Stately brick Colonial. 3 large BRs, 2 1/2 baths, LR, FDR, large eat-in, oak kitchen, 20 x 20 den, 2 fpls., 2 car garage on 1/2 acre. Mint condition. Principals only 742-4396. gcMy4

**NEED MORE HOUSE?**  
Why not trade up. Our 5 BR, 3 bath house has many conveniences. Unusually large corner lot. No exterior maintenance. Delightful 8 minute walk to LIRR. Very private. Lots of extras. We will swap for smaller home. Just hang up your clothes. Let's talk. 741-8838. gcMy3

**GARDEN CITY: LARGE**  
English Cottage. Prime Estates location. LR, fpl, FDR, large EIK, den, screened patio, 4 BR, 2 1/2 baths, garage. Low taxes. \$445,000. Principals, 742-2804. gcMy2

**GARDEN CITY WESTERN SECTION:**  
Corner split, 3 BR, 1 1/2 baths, LR/fpl, DR, kitchen, den, bsmt, patio with awning, one car garage, 2 zone oil heat, central a/c. Owner, \$375,000. 488-4796. gcMy4

**GARDEN CITY PRINCIPALS**  
only. 3 BR Colonial, 1 1/2 baths, large LR/DR with fpl., new EIK with bow window, low taxes, oversized property on lovely street. Walk to RR & park. Just reduced to \$310,000. 437-8560. gcJnl

**GARDEN CITY OPEN HOUSE**  
Charming, beautiful home. Lovely spacious rooms on large property. 5 BRs, 3 baths, screened porch, fin. rec. rm., 215 New Hyde Park Rd. (off Stewart Ave.). Sat. & Sun. 1-4 p.m. or by appointment. Asking \$325,000. Call 775-5974. gcJnl

## Real Estate For Sale

**GARDEN CITY ESTATES**  
Updated gracious Colonial in top location. 4 BR, 3 baths, LR/fpl., FDR, den, gourmet kit. & breakfast area. C/A/C, alarms, sprinklers. Large property. Relocating owners want offer. Substantially reduced to low \$700's. Principals only. Eves & weekends, 746-2678. gcJnl

**SAG HARBOR [NOYAC]**  
Waterfront 1/2 acre exciting view LR, FDR, EIK, den/fpl, 2 BRs, 1 bath, attached, oversized garage, deck. Immaculate. All year home. Principals only. \$450,000. 354-7025. gcM2

**GARDEN CITY TUDOR**  
4 BR, 2 baths, den, deck, large rooms, anxious. \$300's. Principals only. 742-2582. hm2

**GARDEN CITY ESTATE TUDOR**  
LR/fpl, DR, library, EIK, 4 BRs, 3 1/2 baths, finished basement, 2 car garage. Principals only. \$465,000. 294-2641. gcMy2

**GARDEN CITY ESTATES**  
Brick Center Hall Colonial. 3 large BRs, 3 baths, LR/fpl, FDR, den, basement rec. rm., screened porch, attached 2 car garage. Mid \$400's. Owner 248-8425. gcJnl

**GARDEN CITY SOUTH**  
Great starter. 5 BRs, 2 baths, stucco Tudor-doll house. Easy walk to Nassau Blvd. station & stores. LR/fpl, FDR, EIK, \$200's. Ask for Tony Pontolillo. Studwell Realty, Ltd. 746-7077. wmy2

**GARDEN CITY: LARGE**  
English cottage. Prime Estates location. LR, fpl, FDR, large EIK, den, screened patio, 4 BR, 2 1/2 baths, garage. Low taxes. \$445,000. Principals, 742-2804. gcMy2

**GC IN HEART OF ESTATES**  
Mint Centre Hall Colonial. 5 oversized BRs, LR/fpl, DR, 3 1/2 baths, back staircase, den, alarm, sprinkler, brick patio, fin. basement. Asking \$675,000. Principals only. 294-5868 days, 248-7662 evenings. gcMy3

**SOUTHOLD ON BLUFF**  
overlooking L.I. Sound. Paradise view 100 x 240 cottage, 2 BR loft fpl, dishwasher/compactor, gas stove, refrigerator, washer/dryer. Do your own lobstering. \$320,000. Call 765-2421 or 323-2761. gcM2

**IF YOU WANT AN ALTERNATIVE**  
to a Co-op or Condo, try semi detached Colonial. LR, FDR, EIK with new appliances, 3 BRs, 1 1/2 baths, basement, attic, fenced in yard. Walk to RR & churches. Principals. \$218,000. 741-2780. gcM2

**MATTITUCK - GREAT FOR**  
retirement or investment. Charming 2 BR furnished, winterized house. 600 feet to private Peconic Bay beach and park. Great area, ready to move in. Just bring yourself. 722-4901. gcM2

**MUST SELL BELOW COST**  
Gurney's Inn time sharing. Two room suite, ocean view. First week in June. 742-4158. gcMy4



# Real Estate For Sale

**POOR HEALTH FORCES SALE**  
of Garden City, 3 BR, 1 1/2 bath  
Colonial at well below appraised  
value. 85% financing available.  
By owner, \$260,000. 248-9668.  
gcjnl

**CHARMING ESTATES**  
Colonial on beautifully landscaped  
100 x 100 property. 3 BRs, 2  
baths, LR/fpl, DR, EIK, fabulous  
fam. rm. & fin. basement.  
\$450,000. Principals only 746-  
3527. gcjnl

**GARDEN CITY ESTATES**  
Section. Comfortable, extended  
Tudor. LR/fpl, 2 sun rms, large  
DR, second floor, 4 BRs, 3 baths,  
third floor with bath, double lot.  
\$695,000. Must be seen. Owner,  
248-7397. gcm2

**SEAFORD - WATERFRONT**  
New Englander, tranquility,  
calm, excellent bulkhead. Low  
taxes. Great starter/retirement.  
High \$100's. Call Grasso 775-  
6035. gcm2

**GARDEN CITY WESTERN**  
Dutch Colonial - LR/FPL, DR,  
new EIK, 3 BRs, 1 1/2 baths, low  
taxes. Large property, walk to all.  
\$299,000. 742-7210. gcm2

**GARDEN CITY ESTATES:**  
Full Ranch on exclusive Whitehall  
Blvd. 3 BR, 2 baths, den, gas hot  
water heat, 5 min. walk RR, large  
plot. 746-1121. \$425,000. gcm2

**SOUTHOLD EXCLUSIVE**  
Gracious 5 BR Colonial. Elegant  
DR, LR/fpl., enclosed porch plus  
4 rm suite. Ideal for professional,  
M/D or B & B. A rare find  
reduced to \$275,000. Southold -  
Well maintained 3 BR, 2 bath  
Ranch in fine neighborhood.  
LR/fpl., kit/fam. rm., attached  
garage, full basement. Owner  
must sell \$169,000. Southold  
Waterfront - Best buy in town!  
Energy efficient 3 BR, 3 bath,  
Great room, CAC, deck, dock &  
easy bay access. Lovely views.  
\$299,000. Cutchogue - 2 story  
Farm house on 3/4 acre. 3 BRs,  
1 1/2 baths, 4 car garage plus  
greenhouse. Our exclusive. Asking  
\$155,000. Marion King Realty  
734-5657. gcm2

**GARDEN CITY MINT DUTCH**  
Colonial. Estates Section. 4 BR, 3  
baths, LR, DR, den, EIK, sun  
room, finished basement, land-  
scaped, large property. \$500's.  
Owner, 248-5462. gcm2

**GARDEN CITY VICINITY**  
1 BR Garden Condo. Large  
triplex, sunken LR, FDR, CAC,  
washer/dryer, dishwasher, free  
indoor parking. Maintenance  
\$110. Walk to all \$118,000.  
538-8380. gcm3

**BERKSHIRES - ROUTE 82,**  
Gallatin, NY near Taconic State  
Park & Parkway. New England  
ranch on hilltop. Beautiful view. 3  
BRs, kit w/ceramic floors. LR  
w/stone fireplace, both rooms  
paneled & beamed ceilings. 5  
appliances. Great well with ample  
water. Full basement. Oil heat. 2  
car insulated garage. Screened  
breezeway. Fully furnished on 4  
acres with 5 horse barn. \$165,000.  
54 acres surrounding house with  
pond available. Great deer &  
turkey hunting. \$200,000. Call  
collect 407-498-3462, 516-938-  
0211 or 718-539-0173. hm4

# Real Estate For Sale

**G.C./3 BR CO-OP ON SEVENTH**  
St. - Oversized LR & DR, fpl,  
country EIK, 2 full baths, foyer,  
washer/dryer, a/c, new windows,  
walk to RR, shops, schools, mint  
condition. \$269,000. Call 742-  
1268 or 201-449-3048. gcm4

**MT. SINAI - MOTHER/**  
daughter - up: LR, kitchen/DR,  
bath, 1BR/Down: LR, DR, kitchen  
bath, 2 BR. Two garages and  
breezeway. Near L.I. Sound, RR  
and hospitals. 3/4 acre. \$161,000.  
Call eves, 928-5031. gcjnl

**EAST MARION - PRIVATE**  
community, private beach, tennis  
courts, next to golf course, 4 BRs,  
2 1/2 baths, 3 decks, 20 x 40  
in-ground pool on 1/2 acres plus.  
Reduced \$30,000 to \$329,000.  
477-0928. gcm4

**GARDEN CITY ESTATES**  
Classic Tudor, 6 BRs, 4 1/2 baths,  
fin. basement, fireplace, EIK,  
corner plot. Amenities. Asking  
\$599,000. Principals only 746-  
4088. gcjnl

**GARDEN CITY ESTATES**  
Tudor CH Colonial - 4 BRs, 3 1/2  
baths, EIK, FDR, LR/fpl, din.  
fin. bsmt., screened porch, 2 car.  
Walk RR, schools, Adelphi. Call  
742-8447 or leave message.  
\$505,000. gcm4

**SOUTHOLD WATERFRONT**  
Boater's dream. Deep water, new  
bulkhead & dock, directly off the  
bay plus a 3 BR, 2 bath home.  
Newly renovated, all in a private  
community with beach & specta-  
cular views. Owner anxious &  
wants offers at \$399,000. Call  
now. Victorian Realty 477-2730.  
gcm2

**NASSAU POINT WATERFRONT**  
Fabulous 2,600 sq. feet all year  
round home on 1.3 acres.  
Reduced \$130,000 to \$695,000.  
Own. 629-4404 days, 298-5660  
weekends. gcm3

**CUTCHOGUE/BROADWATERS**  
Cove/Association docking rights.  
2 plus BRs, 1 1/2 baths, LR/FPL,  
den, DR, EIK. Good condition.  
Low taxes. \$165,000. 765-1914  
gcm2

**LUXURIOUS NORTH SHORE**  
Acorn Ponds - Duplex condo. 2  
BR, 1 1/2 baths, 2-car garage,  
skylights, indoor/outdoor pool,  
tennis, low monthly maintenance.  
Asking \$255,000. 747-2999 gcjnl

**FRANKLIN SQUARE/SPLIT LVL**  
Superb 3BR Split Level. 1 1/2  
baths, 65 x 165 large, above  
ground oval pool, 16 x 24  
screened deck, alarm, automatic  
sprinklers, many extras. Owner.  
\$295,000. Call 437-1847 gcjnl

**GARDEN CITY ESTATES**  
TV star must sell charming 3 BR,  
2 bath home 80 x 100 with pond.  
Walk to RR. Vacant, move right  
in. Principals only. \$395,000.  
877-0522. gcjnl

**MINEOLA - 160 FERNCREST**  
Rd. Prime area off Mineola Blvd.  
Charming two family or mother/  
daughter. Thirty (30) min. com-  
mute to NYC. Low taxes, AC  
pool, detached garage. \$249,990.  
Principals only - owner - 741-8586  
or 294-3191. Call after 6 p.m.  
wjnl

# Real Estate For Sale

**GARDEN CITY ESTATES**  
Elegant, beautifully decorated  
and renovated Dutch Colonial.  
Center hall, 5 bedrooms, 3 1/2  
baths, living room with fireplace  
with authentic Dutch tiles, formal  
dining room, sun room, finished  
basement. Brass light fixtures,  
Laura Ashley curtains and wall-  
paper throughout. Hardwood  
floors, new eat-in-kitchen with  
cherrywood cabinets and top of  
the line appliances, two car  
garage. New furnace and water  
heater. House surrounded by  
dozens of azaleas. Excellent  
location, within half mile from  
Mineola and Hempstead train  
lines, Tullamore Park, Home-  
stead and Stratford Schools just  
around the corner. By owner,  
\$515,000 742-4271 gcm3

**BERKSHIRES Contemporary**  
all year vacation home in move  
in condition with 4 BRs, sauna, 2 1/2  
baths, screened porch, all  
appliances and many built in  
features. Located on a forested  
acre in a beautiful community  
with swimming, boating, tennis  
and other amenities. Close to  
Tanglewood and ski resorts. 2 1/2  
hours from New York. \$250,000.  
352-1928 gcm3

**GARDEN CITY LINE**  
Gracious expanded Ranch. 4 BRs,  
den, EIK, LR/fpl, CAC, 2 car  
garage. Excellent condition. Only  
\$275,000.

Edwin M. Keusey  
747-1300

gcm4

**CATSKILLS, DELAWARE CNTY**  
5.1 Wooded open acres. Private  
road, electric, spring/stream,  
views, deeded pond and park  
rights, hunting, skiing. 5 min. to  
Stamford pool, hospital, tennis,  
golf, shopping. Owner 9-5 212-  
385-4028. After 7 p.m. 516-775-  
2087. Some weekends 607-652-  
2693. Asking \$19,900. gcjnl

**SOUTHOLD CONTEMPORARY**  
New on secluded wooded acre 1/4  
mile to beach. 4 BRs, 2 1/2 baths,  
large deck, 2 car garage, fpl.,  
formal DR, A/C, jacuzzi, full  
basement, landscaped, sprinkler  
system. First class all the way.  
Possible owner financing. Princip-  
als only. Let's make a deal!  
Sacrifice \$299,000. 765-1165. gcjnl

**WATERFRONT 60 FT.**  
bulkheaded, airy cottage with LR,  
Kit & closed porch, 1 car garage,  
beautiful views \$199,000. South-  
hold spacious & gracious Colonial  
in lovely area, ideal for profes-  
sional family. LR/fpl, DR, EIK,  
fam. rm. with fpl., 4 BRs, 2 1/2  
baths, walking distance to bay  
beach \$310,000. Move right in &  
enjoy bay views from this 3 BR, 2  
bath maint. free contemporary  
chalet with wrap-around deck,  
beach & boating rights in  
excellent, private community  
\$250,000. Jim Gray Realty 765-  
5333. hm2

**GARDEN CITY UNIQUE**  
Historic English Townhouse in  
landmark neighborhood. LR,  
marble fireplace, French doors,  
DR, 3 BRs, 2 1/2 new baths, top  
of the line mod. kit., central AC, gas  
hot water heat, garden, garage.  
Walk to RR, low taxes plus much  
more. \$395,000. Owner, 747-  
6405. gcm4

# Real Estate For Sale

**SOUTHOLD WATERFRONT**  
property, 24 acres. Zoned farm/  
residential, beautiful property.  
Sell entire property or 1/2 interest.  
One partner retiring. Days  
294-0727, evenings 747-0962.  
wmy3

**GARDEN CITY BRICK ENGLISH**  
Tudor with slate roof. 4 1/2 BRs,  
circular staircase, 3 1/2 new baths,  
new gas & water heater, new  
A/C, alarm, sprinkler system,  
formal LR/fpl, large DR, library,  
new gourmet kitchen & breakfast  
area, sunporch. 2 oversized  
garages, basement, rec. rm. with  
bar, pool room, large laundry  
room & storage. Whole house  
completely renovated. \$750,000.  
Principals only. 248-3775. gcm3

**MANHATTAN 75th STREET E.**  
and York. Large L-shaped Studio  
Condo, walk in closet, newly  
renovated kitchen and bath.  
maintenance \$157/mo. \$119,000  
by owner. Jim work (212)418-3380  
home (212) 861-3927 gcm2

**GARDEN CITY NE SPLIT:**  
Buy direct from relocating owner.  
Maintenance free, low taxes, up  
to date Split level home.  
Aluminum sided, c/a/c, 3 BR, 2  
baths, large yard, 125 ft. deep.  
Convenient to all. No Brokers.  
Principals only. \$315,000. 746-  
7281. gcjnl

**SUMMIT, NY 14 MILES TO**  
Deer Run ski area. Unique  
converted school house offers  
LR/fpl, 2 BRs, full loft, bath,  
kitchen, aluminum siding, 1 car  
garage, in-ground pool. Close to  
state land for hunting & snow  
mobiling. Asking \$85,000. Owner  
financing. 742-1738. gcm4

**GARDEN CITY WESTERN**  
Section. Fenimore Avenue 3 BR  
Colonial. LR/fpl, FDR, semi fin.  
basement, new heating system.  
Oversized plot 80x100. Assum-  
able \$150,000 mortgage, taxes  
\$3600. Walk to all \$269,000.  
Owner. 742-4262. gcjnl

**MIDDLE ISLAND CONDO**  
15 mins. to Ronkonkoma RR. Two  
year old, two BR, 1 1/2 baths. Five  
appliances, central air, Deck with  
lake view. Pool, tennis clubhouse.  
Monthly maintenance only \$115.  
Move in June 1. Rent while  
purchasing. Only \$98,000. 924-  
2866. wmy3

**SOUTH JAMESPORT RANCH**  
Private beach, 3 BRs, LR, large  
EIK, fam. rm., 20 x 40 in-ground  
pool, CAC, Central vac, burglar &  
fire alarm, 3 zone heat, sprinkler  
system. 2 car garage. Mainte-  
nance free. Many more ameni-  
ties. Just reduced. Must see. Call  
Mon-Fri., 741-5079, Sat. & Sun.  
722-4287. gcm3

**WILLISTON PARK - PRINCI-**  
pals only. 3 BR Colonial, mint.  
Formal DR, new EIK, all  
appliances, 2 baths, new  
windows, new doors, den/fpl.,  
full basement, detached garage.  
Walk to RR, pool & shopping.  
(Must sell). 741-5691. wmy3

**MINEOLA PARK SECTION**  
Legal two family house for sale.  
Four over five. Walk to RR,  
hospital. Detached garage, fin.  
basement. Principals. \$279,990.  
746-3141 wMy3

# Real Estate For Sale

**GARDEN CITY CENTRAL**  
\$349,000 CH Colonial. Exclusive  
listing. 3 BRs, walk to all. Move  
in condition. Make all appoint-  
ments through Helga Crosby.  
Stadwell Realty  
Days 746-7077 or  
eves. 746-0563 gcjnl

**HOUSE + OFFICE SUITE**  
Albertson Herricks SD. Ig.  
professional office, sep. private  
entrance, or lg. fam. room +  
immaculate 3 BR Split, lg. Florida  
room, mod. EIK, FDR, fireplace,  
walk to schools, stores, transpor-  
tation. Owner asking \$260's.  
248-7956. hm4

**ORIENT - STUNNING SOUND**  
view Contemporary with low bluff  
private beach. Master BR Suite  
with jacuzzi in bath plus 3 BRs, 2  
baths, LR/fpl., DR/fpl., custom  
EIK, den, skylights, decks with  
anoramic water views. \$715,000.  
Marilyn Lang Real Estate 734-  
472, 734-6690. gcm2

**JERICHO - THE HAMLET'S**  
Adventura model, mint condition  
3 BR, 2 1/2 baths, perfect location,  
beautiful decor, deck, marble  
fpl., backing woods. Seller will  
pay closing costs. Ask \$300's, will  
hear all offers. 935-6543. gcm3

**GARDEN CITY: COMMANDER**  
Ave. Cape. Excellent condition. 5  
BRs, 2 1/2 baths, fin. basement.  
Near tennis, Hofstra, RR. Rental  
possible. \$269,000. 747-6392.  
gcm3

**SOUTH JAMESPORT - ALL**  
year-round custom built 1800 sq.  
ft. Ranch on 1/3 plus acre.  
Deeded rights for lovely, white,  
sandy, private beach on Peconic  
Bay. Spacious 7 rms. includes 3  
BRs, LR/DR, 2 baths, great fam.  
rm., large Country Kit., laundry  
alcove, all appliances including  
a/c's. Front portico & beautiful  
foyer 11 x 25 ft. screened patio,  
oversized garage, beautiful land-  
scaped grounds & much more.  
Asking \$185,000 by owner.  
722-4158. gcjnl

**STEWART MANOR - 3 BR**  
Colonial, semi attached, formal  
DR, LR, sun porch, patio. 50 X  
100 lovely property. Low taxes, 1/4  
block to Country Club. Mint  
\$234,000 firm. 328-7497. gcjnl

**PORT ST. LUCIE, FLORIDA**  
("Home of the Mets"). Lots for  
sale by owner. 80 x 125, backed  
by waterway canal, sewers &  
city water. Asking \$14,500. Call  
evenings, 5-9 p.m. 747-0774.  
gcjnl

**MANY LOTS FOR SALE**  
Cutchogue Nassau/Point 2 at  
\$175,000, 1 at \$150,000, 1 at  
\$115,000, all with water rights.  
Cutchogue - 1.43 acres, water  
rights - \$79,900. Peconic - 1/2 acre  
wooded lot near bay beach &  
boating ramp. Asking \$110,000, 2  
acre part wooded with rights to  
L.I. Sound asking \$175,000.  
Southold Waterfront 1 acre bay  
front. Prestigious area. Asking  
\$465,000. 1/2 acre wooded with  
water rights asking \$95,000. 1  
acre lots in new cluster develop-  
ment near L.I. Sound priced  
\$135,000-\$150,000. Madelyn  
Baker Realty 765-2310. gcm2



## Real Estate For Sale

**GARDEN CITY ESTATES:** Excellent area. Was the builder's personal, custom built, brick/slate beauty with detached, matching, oversized, 2 car garage, 10 rooms including 4/5 BR, new, very large kitchen & new large DR, plus 2 1/2 baths. Almost 6000 sq. ft. living area. Price reduced by 24% to \$759,000. Owner, days: 228-3828; evenings & weekends: 747-8265; gcm2

**OXFORD BLVD. - FIRST SHOWING:** Spacious Dutch Colonial, 5 BR, 4 1/2 baths, entrance foyer, LR/fpl., fam. rm., office/nursery, FDR, huge mod. EIK, full bsmt., attached 2 car garage, large brick patio and more. Beautifully landscaped 1/3 acre in Garden City's prime location. Walk to both RR lines & all schools. \$985,000. By appointment only. Owner/broker 248-2450. gcm2

**MANHATTAN: 34th & PARK** Rent/Sale, furnished, newly renovated studio, a/c, safe building, w/d in building. \$1100/month or \$119,500. 609-751-5343; 516-747-7948. gcm4

**GARDEN CITY SPACIOUS** Brick Colonial just reduced to \$549,000. Elegant foyer, LR/fpl, large DR, library, screened porch. 5 BRs, 3 1/2 baths, large property (75x150). Newly landscaped. New gas heat. Garden City Homes Exchange 746-1350 & 248-0079. gcm2

**FLORAL PARK VILLAGE** Separate entrance, first floor, legal 2 family, 2 BRs, EIK, DR, LR/fpl., full bath, Florida room, yard & garage. Walk to RR & stores. Available immediately \$1,000. Call eves. 354-5039. gcm4

**SOUTHOLD - EXCLUSIVE** Charming 3 BR, 2 bath Ranch on 1/2 acre in A1 condition. Move right in! Desirable neighborhood, near village & boat ramp. Extras. By appointment only. Asking \$185,000. Southold - Protected waterfront 1.4 acre with tri-level, 5 yr. old Contemporary. 3 BRs, 2 1/2 baths, Master suite with jacuzzi & skylight. Large open LR/DR area with fpl., mod. kit., fam. rm/wood stove, deck, in-ground pool. Excellent value. Just reduced to \$349,000. Southold. Beautifully landscaped, maintenance free 20 yr. old Ranch near exclusive bay beach. 3 BRs, 2 1/2 baths, open kit/fam. rm. Heated in-ground pool, full cellar (1/2 fin.). Good value for \$298,000. Southold - Very modern 2 story Contemporary on 1 acre with water rights in new sub division. 5 BRs, 2 1/2 baths, LR., fam. rm. with double fpls. Exceptional kit. with separate dining area, FDR, lg. deck, 2 plus attached garage, full cellar. By appointment only. Asking \$399,000. Southold - Exceptionally well maintained 4/5 BR Colonial on 1 acre. Circa 1860. 20 x 40 workshop. Walk to L.I. Sound beach. Well worth seeing at this price. Asking \$250,000. Southold - Walk to everything from this 2 BR, 2 bath Cape in heart of village on lovely lane. LR/fpl, DR, EIK, screened porch, fin. attic, 2 car attached garage. Now reduced to \$195,000. Madelyn Baker Real Estate 765-2310. gcm2

## Real Estate For Sale



**GARDEN CITY CO-OP** 2 BR - washer/dryer, mod. kit., blinds, carpeting. Park like setting. Walk to LIRR, convenient to everything. Must sell. No brokers. 741-4088. gcm2

**GARDEN CITY: CHERRY** Valley Coop. 2 BR, second floor end unit. CAC, w/w carpet, new kit. appliances including washer/dryer. Walk to all. Ready for occupancy. Owner. \$139,000. 248-6679. gcm4

**GARDEN CITY/HEMPSTEAD** Spacious 1 BR with patio. Euro Kitchen, separate dining area, wall to wall. Maintenance 79% deductible. Many extras. High \$70's negotiable. Owner 485-8079. gcm2

**MINEOLA, HORTON HOUSE.** large 2 BR Co-Op. One bath, corner apartment on residential street. Walk-in closets, oak floors. Walk RR & all. Anxious owner. \$135,000. 294-5964. wfm

**GARDEN CITY'S BEST 1 BR** Co-Op. New LR/DR, kitchen, bath, foyer, CAC, W/D, W/W baseboards, etc. Best 1st floor courtyard location. Prime for retiree/single/newlywed. Come see at your convenience. Asking \$115K. Principals only 742-3065. gcm3

**EAST 22nd ST. MANHATTAN** Good size studio with dressing area in luxury doorman building. (Sunroof opens soon) Parquet floors, A/C, mod. kit. Co-op with large reserve fund. Maintenance just \$374. Priced to sell at \$84,000. 212-472-4618, leave message. wfm

**GARDEN CITY: 2 BR CO-OP** Sunny & spacious. New windows, elegantly remodeled kit., new appliances, 2 new baths. Prestigious central location. \$225,000. 294-0585. gcm2

**MANHATTAN LUX. CO-OP 86th** St. 233 East, "Park East". Must sell - 4 year new not convert, mint condition, large sunny alcove Studio, full service, mod. lux., 24 hour doorman building, terrace balcony, roof garden, full kit., all appliances, a/c, parquet floors, marble bath, large closets. 65% T.D. Reduced to \$115,000 & cash rebate. Or rent furn/unfurn. with option to buy. Perfect city apt. or residence. Make offer. Must sell 30 days. Owner 212-996-8187 or 516-334-2226. Leave message. gcm2

**GLEN OAKS - MODERN** attractive one BR Co-Op. First floor apt. Maintenance \$300. Best location. Park-like setting. Reduced to \$69,900. Owner. 747-0535 or 718-347-1526. wmy2

**NEW HYDE PARK SPACIOUS** 1 BR apartment with town house like charm. LR, DR, EIK, wall to wall, a/c. Fully renovated. All new GE appliances, low maintenance & many extras. Asking \$103K. 718-347-2387 after 5 p.m. gcm1

## Real Estate For Sale

**GARDEN CITY CHERRY** Valley Co-Op. Top location - 1 BR, second floor, new kitchen, all new appliances, washer/dryer, CAC \$137,000. Owner Also available furnished. 676-3985. gcm3

**GARDEN CITY/HEMPSTEAD** The Mulford - Spacious 1 BR in charming building. Newly remodelled, high ceilings, closets galore. Low maintenance, like new. \$79,900. 489-9666, owner. gcm3

**CHERRY VALLEY CO-OP** Relocating! Must sell. Beautiful courtyard, mint condition, new kit., washer/dryer, wall to wall, upgraded electric, extras. 75% tax deductible. Best offer over \$105,000. 248-6738. gcm1

**CHERRY VALLEY CO-OP** 2 BR, first floor, end unit, verticals, ceiling fans, wall to wall over oak floors, new EIK, walk to stores, RR. Maintenance 77% tax deductible \$139,000. 248-8916. gcm4

**GARDEN CITY CO-OP** sacrifice \$119,000 Spacious, lovely area. Queen BR, new kitchen and bath. Days (718)343-0909, eves & weekends 261-0945. gcm4

**HAMILTON PLACE CO-OP** Charming 1 BR apt. on preferred first floor on treelined residential street. New kitchen and appliances, new wall to wall carpeting. Walk to stores, RR & churches. \$134,000., 741-5477 or 877-0710. gcm2

**GARDEN CITY 2 BRs SECOND** floor, number 1 location facing 15th St. Three sides, washer/dryer, A/C, wall-to-wall, garage. 294-0269. gcm2

**MINEOLA CO-OP, SPACIOUS** 2 BR, 2 baths, corner, EIK\* 3 A/Cs, W/W, closets galore. Relocating. Must sell. \$110K 248-9747. wmy3

**GARDEN CITY CO-OP** 2 BR, spacious, airy first floor, end unit, loaded with extras; 80% tax break, available now. Call owner, 742-0359. gcm3

**HAMPTON BAYS WATERFRONT** Co-Op apt. 1 BR, LR, kit, fully furnished, a/c, winterized, marina, heated pool, facing bay. Low maintenance. Must sell \$69,990. 565-3143. gcm2

**GARDEN CITY CONDO TUDOR** Gardens - 1 BR, mod. EIK & bath. Walk to RR, low maintenance with heat \$155. By owner \$180's. 742-8342 evenings. gcm3

**HEMPSTEAD/GARDEN CITY** 1 BR Co-Op, LR, kitchen, bath. Maintenance 79% deductible. \$78,500. Contact owner (516) 489-8840. gcm4

**GARDEN CITY/HEMPSTEAD** Cathedral Gardens - 1 BR Co-Op, 3rd floor. Renovated, finished floors, maintenance 85% deductible. \$67,500. Leave message 485-3195. gcm4

**ROSLYN GARDENS: MINT** large 1 BR. Renovated, private entrance, new bath/kitchen/wall-to-wall. Low maintenance. Walk RR/shops. \$110,000. 484-7197. gcm4

## Real Estate For Sale

**GARDEN CITY 2 BR** Co-op in heart of village. Fine detailing and architectural charm. Convenient to train, shops and Leo's. Low maintenance. \$179,000, negotiable. 294-9318. gcm3

**GARDEN CITY CO-OP 2 BR** lovely second floor unit. Center of Village. One block to LIRR, finished floors, new windows. Owner, \$154,000. 873-9469, leave message. gcm3

**GARDEN CITY CHERRY** Valley Co-Op - Mint condition, 1 BR, first floor, new kit & bath, ceiling fans, wall to wall, walk to stores/LIRR. \$110,000. 294-7889. gcm3

**GARDEN CITY CHERRY** Valley - First floor, 1 BR, private entrance, new kit., oak floors, walk to RR, park-like grounds. Great for newlyweds, retiree or single. \$101K. 294-8066. gcm4

**GARDEN CITY YOUNG** Colonial Mint, Prestigious Central Section, numbered st., 4 BD, 2 1/2 baths, mod. EIK, fam. rm w/fpl, laundry on first, walk to all. Serious buyers only. Priced for quick sale. Principals \$519,000. 248-2761. hm4

**GARDEN CITY 2 BR CO-OP** in heart of village. Fine detailing & architectural charm, convenient to train, shops & Leo's. Low maintenance \$179,000 negotiable by owner. 294-9318. gcm4

**EAST SIDE MANHATTAN:** E. 81 between 2nd & 3rd Aves. Sunny, charming 1 BR Co-op in mint condition. Building with courtyard recently renovated. Exposed brick walls. Maintenance \$442. Asking \$112,000. Principals only 516-759-7725. gcm1

## Real Estate For Rent

**INGRAHAM ESTATES** Hempstead - House for rent. 1/2 mile from Hofstra University. Furnished 3 BRs, 2 baths, LR/FPL, EIK, CAC, wall to wall carpeting, garage. Professionally landscaped, large property. 483-1380 gcm2

**GARDEN CITY SOUTH: STUDIO** apartment, private entrance, walk to all, utilities included. \$475 per month. 248-7348. gcm1

**OFFICE FOR RENT** Professional building, ground floor, 3 room Suite. Panelled, carpeted, utilities, \$650 a month, 99 Hillside Ave., Williston Park, 742-3644. wmy2

**FRANKLIN SQUARE** Basement Apartment. Single, mature working person. LR/BR combo, EIK, bath with shower, paneled, clean. References. \$550 utilities included. 437-3405. gcm2

**MINEOLA - STOREFRONT** Glass front, new interior. 2nd Street. Approx. 400 sq. ft. in Downtown Area. Must see. 747-7379. hm4

**CORNER STORE FOR RENT** 1500 sq. ft. 310 Hillside Ave., Williston Park. Owner 746-1075. wfm

## Real Estate For Rent

**TWO SISTERS...TWO HOMES.** My sister & I both have a home for rent in beautiful Garden City. Clean, bright, contemporary - renovated new, & move in. One you can walk to RR. Call 248-8263 after 7 p.m. to find out about both or leave name & number & I will return your call as soon as possible. gcm2

**GARDEN CITY AREA:** 1 BR & 2 BR apts in luxury building. New kit & bath & new appliances. Large airy rooms. \$800 to \$850. No fee. 481-7745 or 489-3010. gcm2

**WILLISTON PARK - FIRST** floor, legal two (2) family, separate entrance, 2/3 BRs, EIK, FDR, living room, garage basement, yard. Available May 1. \$1050 includes heat. 741-5059. wmy2

**GARAGE FOR RENT:** Perfect for storage. Mineola Park section. Available immediately. \$75.00 per month. Call 746-3141. wmy2

**WEST HEMPSTEAD 3 RM** apartment, furnished. Skylights, deck, wall-to-wall. 1 BR, LR, Kit, for quiet business couple. Includes utilities & cable, AC & newly renovated. No children; no pets. Prime President's area. \$895. 292-0582. gcm2

**GARDEN CITY FURNISHED** room in quiet home. Private bath, private entrance, parking. For male, non-smoker. 741-1098. gcm4

**FLORAL PARK VILLAGE** Separate entrance, first floor, legal 2 fam., 2 BRs, EIK, DR, LR/fpl., full bath, Florida room, yard & garage. Walk to RR & stores. Available immediately \$1,000. Call eves. 354-5039. gcm1

**GARDEN CITY CENTRAL** Section - Young custom \$800,000 value house for rent \$2,700 per month. Walk to station & shopping. 5 BRs, 3 baths, CAC, 2 fpls, large LR, fam. rm/bar & kitchen. Formal DR, deck, oversized 2 car garage. Owner 365-6732. gcm3

**FEMALE NEEDED TO SHARE** large 2 BR apartment. Parking, good location. Reasonable. Please call 747-7430 evenings. gcm1

**OFFICE FOR RENT:** Professional building, Williston Park. Two (2) room office, utilities included, \$450 per month. 746-7739. wmy2

**WEST HEMPSTEAD APT.** 3 rooms, furnished. Skylights, deck, wall to wall. 1 BR, LR, kitchen for quiet business couple. Includes utilities and cable. No children; no pets. Prime President's area. \$895. A/C and newly renovated. 292-0582. gcm3

**MORE AD!**

**PLEASE TURN PAGE**





## Real Estate For Rent

**MINEOLA - BEAUTIFUL**  
3 BR House for rent: LR, EIK, 2  
baths. Partially finished basement,  
plus yard. \$1250. 2 BR Apt.  
\$800. Royal R.E. 742-3355 during  
weekdays; 795-7707 weekends  
and evenings. wmy3

**FLORAL PARK CREST AREA**  
Studio Apartment. Private entrance,  
full bath and kitchen. Call  
after 5 p.m. 775-0792. gcm4

**ELMONT BASEMENT APT**  
1 BR, LR, full bathroom,  
efficiency kitchen, plenty of closet  
space, private entrance \$525  
including utilities a month.  
Mature person, no pets. 437-4456  
gcm4

**FLORAL PARK/NEW BUILDING**  
located across from LIRR  
station. Sub lease available on  
2,149 sq. ft. Will consider best  
offer. Many services available in  
building. Call Wes or Barbara for  
more information. Mon. - Fri.  
775-5700. Sat. & Sun. 484-7032.  
gcm2

**GARDEN CITY/HEMPSTEAD**  
Plaza 230 - sub-lease available on  
approximately 500 sq. ft. Will  
consider best offer. Call Wes or  
Barbara for more information.  
Mon. - Fri. 775-5700, Sat. & Sun.  
484-7032. gcm2

**GARDEN CITY STUDIO**  
Private entrance, private bath,  
good location. Perfect for Floridians.  
Rent week or month.  
References. Call 326-1954. hm4

**GARDEN CITY EXECUTIVE**  
office - Franklin Avenue - Free  
parking/central reception area.  
2,500 sq. feet windowed lower  
level, 6 plus rooms, sizable  
conference/library & secretarial/  
filing area. Walk to all \$23 plus  
per square foot. Call Ms. L.  
Hoyer 248-2500. gcm2

**GARDEN CITY - LOVELY**  
quiet, furnished room. Private  
entrance, bath. Mature non-  
smoker preferred. References.  
746-0018. gcm1

**FLORAL PARK VILLAGE**  
Separate entrance, 2nd floor,  
legal 2 family, 2 BRs, EIK, DR,  
LR, full bath, balcony & garage.  
Walk to RR & stores. Available  
June 1 1990. Call eves. 354-5039.  
gcm1

**MINEOLA PARK SECTION**  
Mint Colonial. Large mod. EIK  
with pegged floors. LR, full DR, 3  
BRs, sun porch, garage &  
driveway. Available immediately.  
\$1,450. Vera Ataman Realty  
354-1994. gcm2

**GARDEN CITY NEW APT.**  
1 BR basement apartment. Must  
be seen. Bright & airy, full wall to  
wall carpeting. All new EIK,  
washer/dryer, full bath, large  
closets, additional storage space,  
private entrance. Steps to LIRR,  
close to all, ample parking. Ideal  
1 person. \$600 plus utilities.  
775-4256. gcm2

**PRIVACY, LUXURY AND**  
security: Newly fin. bright basement  
apt. in Floral Park. BR,  
kit/LR combo with plenty of  
closets, private entrance, alarm  
system. Prefer female, non-  
smoker. No pets. \$525 all utilities  
included. Tons: eves. 718-343-  
6166; days 201-414-2731. gcm4

## Vacation Rental

**BRIDGEHAMPTON, BEAUTIFUL**  
home on 1 1/2 acres, 3 BRs, 2  
baths with 20x40 in-ground  
heated pool. Walk to town. Bike  
to bay & ocean. Monthly or  
season. 739-8859. wmy2

**NASSAU POINT - GRACIOUS**  
waterfront home with private  
beach on 2 plus secluded acres. 5  
BRs, 3 1/2 baths, washer/dryer,  
dishwasher. Many extras. available  
Aug. Call 747-0688. gcm2

**SOUTH HAMPTON VILLAGE**  
Town House - 2 BR, 2 Bath,  
Cathedral ceiling, swimming  
pool, tennis. August 1 - Labor  
Day, \$5,500. No pets. Evenings  
(516) 283-8145. gcm2

**OUTER BANKS, N. CAROLINA**  
Free vacation brochure and sales  
information. Gardner Realty,  
800-468-4066. gcm2

**MATTITUCK - CHARMING**  
2 BR house, 600 feet to Peconic  
Bay Beach. Seasonal, monthly or  
weekly. Great area, quiet, relaxing,  
1/2 hour to Hamptons.  
722-4901. gcm2

**SOUTHOLD - JULY RENTAL 100**  
feet on picturesque waterfront  
with deep water dock on Goose  
Bay. Completely modern & newly  
decorated 3 dbl. BRs, 2 full baths,  
fam. rm/fpl., oversized screened  
deck overlooking spacious new  
in-ground pool. Gorgeous view.  
One hour 45 min. from Garden  
City 741-2832. gcm1

**MATTITUCK: BEACH**  
rights. Large LR/fpl., country kit  
opening onto large deck. 4 BRs,  
2 1/2 baths, close to stores. Call  
after 6. 747-1585. wjnl

**NORTHFORK - AQUEBOQUE**  
New large 3 BR house on the  
water with dock & private beach,  
furnished. Memorial Day to Labor  
Day \$14,000. Call 757-7733 week  
days. gcm3

**AMAGANSETT: 2 BR**  
charming. Close to everything.  
Washer/dryer, dishwasher, deck,  
many extras. Seasonal, monthly.  
Evenings after 6 p.m. 212-486-  
7570. gcm2

**SAG HARBOR - NEWLY**  
renovated village charmer. 3/4  
BRs, two baths, all appliances.  
French doors to decks. Great  
location. \$11,000 season or  
monthly. owner. 294-5964. wmy3

**SARANAC, N.Y., 4 BR**  
house on 60 acre lake waterfront,  
between Lake Placid & Tupper  
Lake. Call Joe 212-406-5214 days.  
516-742-3188 evenings. wmy3

**SOUTHAMPTON: SPACIOUS**  
beautiful Contemporary on two  
secluded acres. Three BR, 2 1/2  
baths, separate master suite with  
terrace. Large modern European  
kitchen, hugh cathedral living  
room, formal dining, patio. All  
new appliances, cable ready,  
alarmed. Five minute walk to  
private Peconic Bay Beach.  
Memorial Day-June 30 \$2000.  
July or Aug. \$3900. Labor  
Day-Sept. 30 \$2000. Utilities +  
deposit. Flexible dates - one  
month minimum. Owner. 746-  
4314. gcm1

## Vacation Rental

**DRIVE TO SEMI TROPICAL**  
Hilton Head Island. Fully equipped  
ocean villa with balcony,  
large pool, tennis, much more.  
Ideal for small family or couple.  
742-4485. gcm1

**SO. JERSEY SHORE 4 BR,**  
2 bath Condo, oceanfront, all  
amenities, minutes from A.C.  
casinos, amusements & Cape  
May. Flexible availability in  
Spring. Weekly rates for summer.  
Great for 1-2 families. Call  
746-5652. gcm2

**SANIBEL ISLAND, FLORIDA**  
Lush tropical setting, virtually  
unspoiled, southern Florida Gulf  
coast. Sundial Beach & Tennis  
Resort Selected by Better Homes  
& Gardens as one of the top  
resorts in the USA. 2000 ft.  
beach, 5 pools, jacuzzi, 13  
soft/hard court tennis, golf,  
boat/bike rentals, supervised  
children's activities available,  
award winning chef and gourmet  
restaurants, superb shopping,  
world famous shelling, only 35  
min. to Ft. Myers airport.  
Complete resort right on the Gutt.  
Recent multimillion dollar beauti-  
fication program. One or two BR  
Condos with full kitchens. Rent  
daily, weekly, etc. Reasonable  
746-2211 or 326-7711. gcm2

**HAMPTON BAYS - JULY - 2 BR**  
apt., cable, pool, deck on bay  
facing Shinnecock bridge. Fishing  
dock, boats, public golf course,  
tennis, ocean bathing nearby. No  
groupies or pets. Direct rental, no  
brokers. \$5,000 firm. 516-728-  
1989. gcm3

**EAST MARION/GREENPORT**  
Bayfront Cottage/Condo. Sleeps  
6. Private beach, dock and boat  
slip, tennis court. Also golf  
nearby. Available July and  
August. \$600 a week, \$2000 a  
month. 621-2079. gcm3

**NORTHFORK/SOUTHOLD**  
waterfront. 2 BR & deck, Euro  
kitchen, golf, fish. Available  
weekly, monthly or full season.  
Cozy, clean, secluded setting.  
Private beach. 825-3985 -  
765-1954. gcm4

**POCONO COUNTRY HOME**  
2 1/2 hours - Resort Community - 3  
lakes (beaches & lifeguards)  
tennis courts, LR, kitchen, 1 1/2  
baths, 3BRs. Many vacation  
activities and restaurants in the  
area. \$350 per week. 352-3345.  
gcm1

**MONTAUK - SPRING SPECIAL**  
5166. Three nights, two room  
suite, heat/AC, full kitchen, cable  
TV, walk to beach and town. Daily  
Maid Service. Sleeps 4 (\$193).  
Immaculate! Other packages  
available. Sullivan 724-5572. hm3

**ATLANTIC CITY OCEAN CLUB**  
3rm Condo. Decorator furnished,  
sleeps 5. Modern kitchen fully  
equipped, ocean view, 18th floor,  
bright south exposure. Balcony,  
A/C, W/W, TV, Washer, Dryer.  
All year heated large pool, sauna,  
jacuzzi, full gym, tennis, 24 hr.  
security, concierge service, valet  
parking. Walk to all casinos on  
beach/boardwalk. For sale (ask-  
ing 150K) or rent. Call Mr. Ossi,  
p.m. 516-742-0515; days 516-437-  
5252. wjnl

## Vacation Rental

**MARCO ISLAND, FLORIDA**  
2BR, 2 bath, Condo. All ameni-  
ties, pool, tennis. Terrace with  
gulf view. Walk to Gulf beach.  
Ideal for family or two couples.  
Day 516-365-3300, ext. 246;  
evenings 718-352-5798. wmy4

**SHELTER ISL. - WELL KEPT**  
charming new Colonial/Ranch set  
on 1 acre, 3 BR's, 2 baths,  
laundry room & large fully  
equipped Country kitchen. Sun  
deck and many extras. Walk to  
beach. 2 car garage. Available for  
season or monthly. Call after 6  
p.m. (718) 894-8079 or (718)  
894-4319. gcm4

**REMSENBURG-WHB WATER-**  
front - Bring your boat. 3 BR, 2  
bath Ranch bulk headed with  
dock & bay view from wrap-  
around deck. House backs 300  
acre preserve. Walk to tennis &  
pool club. July \$5,000, August  
\$6,000 or season \$12,500. Option  
to buy \$325,000 (516) 621-8940  
leave message. gcm4

**OCEAN FRONT MONTAUK -**  
Old Montauk Highway on brink of  
beach. Beautifully furnished 2  
BRs, 2 baths, large LR, daily  
maid service. Several weeks  
available during July & Aug.  
\$2,700 per week. 668-3000. gcm2

**EAST MARION/4 BR CAPE**  
Beautiful, on Gardner's Bay.  
Private Beach. All or part of July  
\$4,000 for month. (203) 972-0949.  
gcm1

**PUTMAN LAKE/RANCH**  
house, beautiful, facing lakefront.  
Furnished. For rent or vacation.  
248-9569. gcm1

**PECONIC BAY AT JAMESPORT**  
Family oriented summer cottages  
near beach. Monthly or weekly.  
722-3013. gcm1

**SOUTH JAMESPORT RANCH**  
beautiful 3 BRs, 1 1/2 baths. Mint  
condition. Completely furnished.  
Private road & beach. Available  
June & July only. Call owner  
722-8096. gcm1

**SOUTHAMPTON VILLAGE**  
Colonial 4 BRs, 2 1/2 baths. Near  
ocean. Season \$14,000. Bay View  
Oaks 3 BRs, 1 1/2 baths. On bay.  
Season \$8,000. 747-6392. gcm1

**MONTAUK POINT - 3 BR**  
house, fully furnished, wrap-  
around deck, walk to town beach.  
Available 7/1-7/15 \$2,000. Days  
354-0111, eves. 352-8524. gcm1

**EAST HAMPTON: 3 MILE**  
Harbor Contemporary. 3 BRs,  
large LR, all appliances, a/c,  
wrap-around deck, 18 x 36 pool,  
available June \$800 weekly, July  
& Aug. \$1100 weekly. No pets,  
742-1063 or 324-3463. gcm3

**QUOGUE SUMMER HOME:**  
Private, 3 BR, 2 bath Country  
home; south of Montauk High-  
way; full rental season \$11,500;  
contact 212-270-2735 weekdays or  
516-326-2737 evenings/week-  
ends. gcm2

**SOUTHOLD WATERFRONT**  
Panoramic view, secluded private  
beach, Franklin fireplace, 2 BR, 2  
baths, dishwasher, washer/  
dryer, furnished. \$3500/month;  
\$7000 for season. Principals  
747-0535 or 734-7160. gcm3

## Real Estate Wanted

**FLORAL PARK FAMILY**  
desires home in Estates or  
Western sections, Garden City. 4  
BRs, 2 1/2 baths, LR w/fpl, FDR,  
large EIK, den, 2 car garage. No  
brokers please. 437-0471. gcm2

**GARAGE SPACE NEEDED**  
Immediately to fit approximately  
3 1/2 rooms of furniture for 3-5  
months. 681-4314. gcm3

**GARAGE(S) WANTED FOR**  
storage of antique cars. Detached  
& lockable. Will insure. J.  
Morrison, 741-1322. gcm3

**FLORAL PARK FAMILY**  
desires home in Estates or  
Western sections Garden City. 4  
BRs, 2 1/2 baths, LR w/fpl., F/DR,  
large EIK, den, 2 car garage.  
Price \$400,000. No brokers  
please. 437-0471. hm2

**NEEDED IMMEDIATELY**  
Garage space to fit approx. 3 1/2  
rooms of furniture for 3-5 mos.  
681-4314. gcm2

**FURNISHED APARTMENT**  
/house, Florida, mature couple.  
Jul/Aug - Queens/Nassau Area.  
Please write particulars or call  
M/M John N. Hellemeyer, 850  
N.E. 12 Ave., Hallandale, Florida  
33009, 305-456-1569. gcm3

**WANTED FURNISHED APT/**  
house, Florida, mature couple.  
Jul/Aug - Queens/Nassau area.  
Please write particulars or call  
M/M John N. Hellemeyer, 850  
N.E. 12 Ave., Hallandale, Florida  
33009, 305-456-1569. gcm3

**COUPLE WITH ONE CHILD**  
looking to rent a home with option  
to purchase. Minimum 4 BRs.  
Garden City Estate section only.  
326-7864. gcm1

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**1985 BMW 735i BURGANDY**  
Loaded, mint, 58K, \$17,500. Ask  
for Carl or John. 747-1500. gcm4

**'82 CHRYSLER LE BARON**  
Convertible: a/t, p/s, p/b, a/c,  
am-fm, 54,000 miles, very good  
condition. \$3900. 877-0532. gcm4

**1981 MAZDA G26, 2 DR, AUTO,**  
tilt, AM/FM, a/c, clean \$1,500  
negotiable. 489-7433. gcm3

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**Car For Sale**

**1982 DATSUN 200-SX**, 68,500 original miles, 5 speed, sunroof, metallic gray, mint condition, \$2950 negotiable. Call eves 741-0972. hjn1

**1985 PLYMOUTH RELIANT** 4-Door, 72,000 miles, air conditioning, automatic, new tires, new brakes. Looks good, runs good. \$2,500. 931-6171. hm2

**DATSUN 1981 280 ZX** Blue/silver, cruise control, electric windows, T tops, 5 speed. Mint in & out, low miles. Must see 248-6856. gcmj3

**BMW 1982, 528E: 5 SPEED**, black, mint, sunroof, 63K miles, new clutch, brakes, maintained with records, garaged, alarm, Benz box. \$7900. 437-4132, evenings & weekends. gcmj3

**1987 VW CABRIOLET**: Auto, a/c, am-fm cassette, alarm, extended warranty, 42,000 hwy miles. Mint. \$9495. Evenings 746-2678. gcmj4

**1985 BMW 735i, MAROON**, 59,000 mi. All options incl. Snows plus wheels. Garaged. Original owner. Perfect. \$17,000. 747-1500 days; 746-6280 eves. gcjn1

**1979 VW BUG CONVERTIBLE** Red/black top. Completely restored to mint condition. Best offer over \$10,000. Call Bill 212-239-4409. gcmj4

**1990 JEEP CHEROKEE** Laredo. White with gray interior, 2 dr., A/T, all power. Jensen sound system loaded with extras. Only 1700 miles. \$17,500. 352-1248. wmy2

**'81 OLDS CUTLASS SUPREME** Blue, 6 cylinder, 2 door, power windows, a/c. Must see \$2,600 negotiable. gcjn1

**1979 PONTIAC TRANS AM** Black, t-tops, rebuilt worked engine/transmission. Excellent in and out. New Dunlops, carb, starter, alternator, carpet. \$2500. 957-6977. gcjn1

**For Sale**

**MOVING: FRUITWOOD 8 PC DR** set, 90 inch couch, 2 matching cocktail tables, 3 occasional chairs, decorative bar, miscellaneous wall hangings, all mint condition. 248-7544. gcMy3

**ANTIQUE CLOCK** OG Waterbury \$250, Bench press weights \$50, antique table radio 1930 - \$50. Fireplace screen 37 1/2 x 33 glass panels \$40. 742-4823 gcMy3

**RICOH 3050 COPIER** \$145 or best offer. Also several office desks, chairs and file cabinets. 228-8275. gcM2

**MOTHER OF THE BRIDE** Cocktail length dress, size 14/16, Blue/grey lined chiffon with light trim crystal beading. Sold for \$600. Plus all accessories - all less than half price. 747-8145. gcMy4

**21" TORO COMMERCIAL** grade lawn mower with rear bagger. Five horsepower, B & S engine. Less than one year old. Superb condition. \$500. firm. 466-6120. gcjn1

**For Sale**

**WATER DISTILLERS** wholesale prices. Stainless steel quality product. Purifies and distills tap water easily. For information call 747-4861. gcMy4

**KITCHEN CABINETS** Do you need 'em? We have 'em in good condition at an incredible price. Excellent formica top and sink with new Moen faucet. Must see! Top condition: Must sell soon!! Call (516) 747-0185 between 10 a.m. - 5 p.m. gcMy3

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**ATTENTION MOTHERS OF BRIDES & GROOMS!!** Worn only once, designer dresses! Originally to \$2500, as low as \$150. Also top designer's suits, dresses, sportswear, gently used or never worn. All sizes. Call Tag Fashions for sale hours or personal appointment. 378-4436. gcm2

**CONTEMPORARY SOFA AND** love seat, glass top oak coffee and end tables and lamps. Also Colonial sofa, love seat and rocker with ottoman, matching table and lamp. Formica kitchen table with chairs. All excellent condition. Best Offer. 877-1022. gcMy2

**YAMAHA CONSOLE PIANO** Walnut, 1 1/2 years old. Perfect condition. \$3,000. 741-2548. gcmj4

**COMPUTER COMPAQ** Portable IBM Compatibility 640K, dual disc drive Epson printer, multimate WP w/speller & thesaurus dollars & cents program. PFS file & report \$1,000. 352-8644. gcmj4

**1989 MOTOR SCOOTER** Yamaha "Jog" model. Brand new ridden only 160 miles. Perfect condition. Must see \$600 (516) 596-9328 gcMy4

**TWO CONVERTIBLE SOFAS** 1 full size \$150, 1 love seat size \$125. Mahogany server \$50, matching sofa and swivel rocker set \$100. Dehumidifier used once \$125. Anti-gravity exerciser - best offer. 38 x 70 glass showcase with adjustable glass shelves, glass sliders, extra glass and brackets \$300. 488-3715. gcM2

**GIRLS' BR SET: 5 PCS.** Wedgewood blue, white formica tops. Good condition. Asking \$225. 354-4906. gcjn1

**13 OAK WOOD KITCHEN** cabinets: pecan finish. Excellent conditions with custom drawers. Phone 747-8123. gcMy3

**AIR CONDITIONERS/2** Emerson 7400 BTU, one General Electric Carry Cool. Best Offer. Call 248-7132. gcMy2

**MOTHER OF THE BRIDE** gown: Pale silk apricot with pearls, size 14, perfect condition. Asking \$250. 354-4906. gcjn1

**RATTAN CHAISE LOUNGE** with cushions. Suitable indoors/outdoors, \$50. Fedders dehumidifier, good condition, \$35. Other bargains. Phone 746-1895. gcjn1

**For Sale**

**FLOOR COVERING/COW SKIN** Large and beautiful floor covering 9 ft. 4 in. x 7 ft. 3 in. Must see. Asking \$450 negotiable. gcJn1

**ACCORDIAN USED** with case 747-4861. gcMy4

**FRUITWOOD DINING ROOM** set, table, four (4) chairs, leaf. \$150. 746-3439. wjn1

**Wanted****DOLLS WANTED**

I collect dolls and other doll memorabilia, new or old. What do you have for sale? Call me at 747-8496. hma3

**OLD GUNS, SWORDS,** Binoculars, old knives, bamboo fly rods. Call 825-0979 or 354-1943. hm3

**ANY TYPE ANTIQUE** Victorian or other furniture wanted. Also cut glass, silver, jewelry, paintings, bronzes, dolls, frames, clocks, rugs, linens, trunks, china, lamps. Will call for any time, any place. Call Kay & Tom, Westbury, 334-4117. gcJn2

**DO YOU HAVE OLD COINS???** U.S. or foreign. I will pay a good price. Coin collecting is my hobby. Call me at 223-4236 hmy3

**SWISS LADY, MATURE** would like to rent closet space for seasonal clothing, books etc. If interested, please call collect (212) 772-3552 evenings. gcjn1

**Instructions****RITA LUCY'S GARDEN CITY MUSIC STUDIO**

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**CREATIVE LANDSCAPING** Lawns professionally maintained, weekly maintenance, cleanups, chemical applications for lawns and shrubs, reasonable rates. For free estimate, call 437-2817. gcMy3

**SHEETROCK - WALL PARTITIONS,** basements finished, doors hung, divide office space, ceiling and wall repairs. Insured, references available. Callper Improvements, Inc. 731-5426. gcjn1

**WE WILL DO GENERAL** housecleaning, also floorwaxing. Own transport. Call 742-1333. Leave message on machine. hm2

**Services**

**LAWN SPRINKLER SYSTEMS** Turn ons, installations, maintenance and winterizing. Prompt, efficient, courteous service. Call for free estimates. Garden City Irrigation, 483-4720. gcJn5

**PRESTIGIOUS WOOD FLOORS** Sand, seal, polyurethane, staining and installation available. Dustless machines. Call for free estimates. Harry Showalter 358-0982 or Jim Smollon 328-3647 gcJn1

**JAMES F. MENTZ CARPENTER-ROOFER** Skylights Installed Carpentry-Alterations Slate Roof Repairs Roofing-Gutters-Leaders Kitchens-Attics-Basements LIC #401750000 593-2933 gcJl2

**SCOTT MILLER LANDSCAPING** maintenance. Weekly maintenance, spring-fall clean ups, lawn chemicals, tree & shrub trimming, tree & shrub spraying, shrub planting, thatching, lime seed-fertilizer, sod lawns. 333-7260. gcJn2

**EAST OAKS PAINTING** Benjamin Moore Paints. Int/Ext., Residential/Commercial. Eight years experience. Free estimates. Satisfaction guaranteed. Call Pat Coulter, evenings at 294-8025. gcjy1

**GUTTERS CLEANED REPAIR-** ed, replaced. Painting, trim, windows. Other handyman jobs. Call & ask for Joe. 735-6349. hjn4

**LOCAL HANDYMAN** From roofing to basements, all types of home repair. No job too big or small. Licensed & insured. Reasonable rates. 326-2599. gcmj4

**WINDOW CLEANING: ATT.** housewives - windows washed in your home. Quality work. Residential and commercial. Call Frank, Sunshine Building Maintenance, 798-2380. gcJn4

**LADIES, RELAX AND ENJOY** Your next party! Catering and experienced professional services for assisting with preparation, serving and cleanup, before, during and after your party. Bartenders available. Call Kate at 248-1545 or 746-8264. wtn1

**CARPENTER** Any type work such as bookshelves, cabinets, radiator covers, doors, windows, decks, basements. Excellent finished work. 40 years experience. Reference. 248-8163 gcJn4

**CARMINE'S PAINTING INTERIOR/EXTERIOR** paper hanging, plastering, also sheet rock taping. Free estimates. Commercial or residential. Reliable, references. Licensed & insured. Please call 481-5210. gcm4

**HANDY MAN - RELY ON ME** for needed repairs. Interior/exterior. Tenth year in business. Carpentry/painting/tile/closets/shelves/basement finished/re-modeling. All odd jobs. Frank, 741-5059. wmy4

**Services**

**SENDING KIDS TO COLLEGE** Need extra income. Good at painting, wallpapering & small handyman jobs. Available evenings and weekends. Contact Joe, 212-406-5214 days, 516-742-3188 evenings. wtn

**FALCON TREE SERVICE** Storm damage, pruning, removal, firewood, free wood chips. Chipper for hire, reasonable prices. Licensed & insured. Bob & Paul. 796-1152 gcJl

**LANDSCAPE & GARDEN** Service: Maintenance, planting, sprinkler systems, lawn & tree spraying. Call for free estimate. Reasonable. 483-2492. gcjn3

**E.T. TREE REMOVALS** All types, pruning, topping, stump grinding. License/Insured, references. Free Estimate. 561-9399. gcMy4

**THE CUISINE SCENE** Fine catering, glorious food, complete party planning service, menu suggestions for all occasions. Professionally trained staff. Call Susan 742-1956. gcjn3

**BRIAN CLINTON MOVERS** Licensed and insured. One piece to a house load. Free estimates. 333-5894. Owner supervised. Carle Place gcj4

**HANDYMAN - QUALITY HOME** repairs: plumbing, leaky faucets, toilets, tiles and grouting. Shelves, fences. Doors shaved, carpentry, sheetrock patching, ceiling fans & window A/C installed. Call Joe 746-7517. wjn4

**CARPENTRY ALL PHASES OF** Carpentry done professionally. Quality workmanship guaranteed. Free estimates. Licensed and insured. Call Mike, anytime, 352-5783. gcmj2

**PAINTING & PAPERHANGING** References available. Reasonable prices. Call anytime 747-8523, 742-9175. gcmj4

**HAVE YOUR HOME CLEANED** the easy way. Insured bonded people available. Affordable rates. Call Moppets Cleaning Service 488-6279 or 294-9120 (leave message). gcjy4

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**PUTTING OFF SPRING CLEAN-** ing? Let Joe help: 1. Painting, 2. Wallpapering, 3. Window Cleaning, 4. Odd jobs. Call Joe 212-406-5214 days, 516-742-3188 evenings. wmy4

**CLEANING HOMES & APTS.** Responsible, dependable, references and reliable. We do dusting, vacuuming, scrubbing kitchens and bathrooms. For more information call Elizabeth 536-6148. gcMy2



## NOVENA TO ST. JUDE

Oh Holy St. Jude, Apostle and Martyr, great in virtue and rich in miracles, near kinsman of Jesus Christ, faithful intercessor of all who invoke your special patronage in time of need, to you I have recourse from the depths of my heart and humbly beg you to whom God has given such great power to come to my assistance. Help me in my present and urgent petition. In return I promise to make your name known and cause you to be invoked. St. Jude, pray for us all who invoke your aid. Amen. Say 3 Our Fathers, 3 Hail Marys, 3 Glorias. Say for 9 consecutive days. Publication must be promised. This novena has never been known to fail. Thank you for prayers answered. V.J.S. wmy2

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Oh Holy St. Jude, Apostle and Martyr, great in virtue and rich in miracles, near kinsman of Jesus Christ, faithful intercessor of all who invoke your special patronage in time of need, to you I have recourse from the depths of my heart and humbly beg you to whom God has given such great power to come to my assistance. Help me in my present and urgent petition. In return I promise to make your name known and cause you to be invoked. St. Jude, pray for us all who invoke your aid. Amen. Say 3 Our Fathers, 3 Hail Marys, 3 Glorias. Say for 9 consecutive days. Publication must be promised. This novena has never been known to fail. Thank you for answering my prayers. A.B. hm2

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## HOLY SPIRIT YOU WHO SOLVE

all problems, who light all roads, so that I can obtain my goals. You who give me the divine gift to forgive and forget all evils against me and that in all instances of my life you are with me, I want in this short prayer to thank you for all things and to confirm once again that I never want to be separated from you ever in spite of all material illusions, I wish to be with you in eternal glory. Thank you for your mercy towards me and mine. Say for 3 consecutive days after which the favor requested will be granted even if it appears difficult. This prayer must be published immediately. Thank you Holy Spirit. M.O'D. gcmy2

## NOVENA TO ST. JUDE

Oh Holy St. Jude, Apostle and Martyr, great in virtue and rich in miracles, near kinsman of Jesus Christ, faithful intercessor of all who invoke your special patronage in time of need, to you I have recourse from the depths of my heart and humbly beg you to whom God has given such great power to come to my assistance. Help me in my present and urgent petition. In return I promise to make your name known and cause you to be invoked. St. Jude, pray for us all who invoke your aid. Amen. Say 3 Our Fathers, 3 Hail Marys, 3 Glorias. Say for 9 consecutive days. Publication must be promised. This novena has never been known to fail. Thank you for answering my prayers. J.B. wmy2



## Pets For Sale

**PURE BRED POMERANIAN** for sale. Male, five months old, papers. \$350. 538-3205. gcmy2

## Lost & Found Pets

**FOUND - BLACK & WHITE** puppy near Stratford School on Fri., April 27. For information call 248-4738. gcmy4

## Boat For Sale

**CATALINA 25, 1984 STD. RIG** Honda OB, DS, KM, VHF, furling, HS, Dodger, like new \$14,500 747-2560 gcml

**BAY LINER CABIN CRUISER** 25 1/2 ft. I/O, 225 HP Volvo, low hrs., prof. maintained. VHF, D/F, compass, key tabs, stove, ice box, kitchen sink, head w/sink, fish well, sleeps 4/6. Coast Guard equipped, window curtains, swim platform. Sacrifice. Phone 775-7428. wMy3

**'88 FOUR WINNS 24 FOOT** aft cabin cruiser, full galley, head with shower, shore power, full canvas, VHF, antenna, digital depth finder, extra hatches. Excellent condition. Low hours \$28,000. 775-8726. gcjn1

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## Mainly for Seniors

By Leonard J. Hansen

## Get a good night's sleep — naturally

"All I need is a good night's sleep!"

That statement has spurred a massive drug business in sleep problems, a rich field for medical and psychological practitioners and, for the individual, much worry, stress and concern.

Most mature adults actually need less sleep than in younger years and are doing far less work to be tired for a good night's sleep. Getting the right amount of healthful sleep, though, can be a natural process.

A new study by the National Institutes of Health (NIH) reports that many of the mature adult sleeping problems are treatable, even though many physicians incorrectly write them off as inevitable. Physicians are also urged in the report to look for the individual causes for any sleeplessness rather than just prescribing medication to treat the symptoms.

The NIH report carries a warning against the use of over-the-counter sleep-inducing drugs for long-term treatment, though allowing use of a sleeping pill for insomnia caused by temporary difficulty.

Sleep-inducing drugs were identified as often ineffective, and the report warned that the drugs could also slow a person's heart rate dangerously and exacerbate the cycle of nighttime restlessness and daytime drowsiness.

Twenty percent to 30 percent of the general population experiences nighttime problems with sleep or daytime sleepiness, and most studies show that mature adult sleep problems range from 30 percent to 40 percent.

"Much of it has to do with your normal biological clock," states Dr. Woodrow Weiss, co-director of the Beth Israel Sleep Disorders Center in Boston.

"When you're younger, the clock runs longer than 24 hours. But as we age, the clock gets shorter, perhaps as short as 23 hours. A pattern of waking up in the middle of the night may be a consequence of that biological clock changing."

Insomnia is one of the most frequent sleep complaints among older adults, especially common among retirees who have recently changed their lifestyle from busy to comparatively inactive, according to Dr. Ernest Hartmann, director of the Sleep Disorders Center at Newton-Wellesley Hospital in Newton, Mass.

The problem is "a matter of not doing enough, physically or mentally," states Hartmann. "Many retired people spend a lot of time sitting around watching TV, getting no exercise and doing a bit, sometimes without even realizing it. Naturally, when it's time for bed they're not going to feel sleepy."

"Two assumed solutions — sleeping pills and alcohol — really don't work. Sleeping pills just make people drowsy the next day and alcohol usually wakes them up again when its effects wear off."

Hartmann stresses: "You have to be active in some way in the daytime in order to become tired and fall asleep at night. What to do depends on the individual, but

in my experience, a combination of moderate physical activity, — just walking is all right — with some satisfying mental activity works best."

Sleeplessness may also be caused by anxiety, stress, depression, guilt or remorse. Medications are another often overlooked cause of sleeplessness, states Weiss.

"There are many medications that can have a substantial effect on sleep, such as those for treating lung disease. If you're having difficulty in sleeping ask your physician if any medication you're taking — prescribed or over-the-counter — could be causing the problem."

Ingesting food late at night can potentially disturb your sleep, spoil your figure or worse, according to Dr. Eunsook Koh, professor of clinical dietetics at the University of Oklahoma Health Sciences Center in Oklahoma City.

"Going to bed with a full stomach is never a good idea. When you eat a big meal, the body dumps a large amount of insulin into your system, which helps to store fat. Add that to the inactivity of sleep, and the body will store much more fat than usual, and you are more likely to have sleep-disturbing indigestion."

Other hints from Koh include: "Avoid cold beverages just before sleep. Warm milk and cocoa are soothing to the gastrointestinal tract. A cold drink forces the stomach to work harder and disturbs your system more."

"If you have a snack, select something high in carbohydrates and low in protein. Carbohydrates have a high glycemic index — rice, potatoes, bread, processed breakfast cereals — and fruits containing glucose or sugar help speed the amino acid tryptophan to the brain, where it is converted to serotonin, a sleep-inducing neurotransmitter."

"The process takes about 45 minutes to one hour after the food is eaten. In contrast, proteins inhibit the transfer of tryptophan to the brain, and help maintain alertness."

None of the experts recommended the use of sleeping pills, whether prescribed or over-the-counter as a viable treatment for sleeplessness. Ask your physician and pharmacist to explain to you in detail the side effects from present medications that might cause sleeplessness and, too, about the dangers of prescription and over-the-counter sleeping pills.

The Better Sleep Council offers a cost-free, 20-page booklet, "A To Zzzzz Guide to Better Sleep." Request it by title from the Better Sleep Council; Dept. MM, P.O. Box 13, Washington, DC 20044.

Your physical need for sleep does change in mature years, but the right amount of sleep for health and well-being may be achieved naturally.

## Mainly for Seniors

## GARAGE SALE

**CHILDREN'S MEDICAL FUND** Garage Sale Friday, May 18 at 116 Hilton Ave. (bet. 9th & 10th Sts.) Garden City 9-4. Furniture, typewriters, lamps, appliances, soft goods & books. gcmy3

**CRAFTERS AND SEWERS** delight: baskets, frames, BR set, chairs, lamps, numerous sewing notions, baby items and more. No early admittance. May 18 and 19, 9-3, 105 Fourth Street, Garden City. gcMy3

**OUR FIRST ANNUAL FAMILY** garage sale. May 12, Sat., 9 a.m. - 4 p.m. 98 Claydon Rd., Garden City. Spring clean-up, new & used bric-a-brac, housewares, fixtures, clothes, books. gcmy2

**TAG SALE SAT. MAY 19,** 10-3. 369 Stewart Ave., Garden City. Collectibles, furniture, antiques & appliances. gcmy3

**FOUR (4) DAY CRAFT SALE:** Fri., May 11, Sat., May 12, Fri., May 18, Sat., May 19. 10-4. 352-0917. 110 No. 7th St., New Hyde Park. Near Lakeville Rd. & Jericho Tpke. Country crafts, gift baskets, mother's gifts, dressed teddies, baby bibs. wmy3

**FRIDAY, MAY 18 & SATURDAY** May 19. 157 Hampton Road., Garden City 9-3. Household goods, toys, children's books, furniture. Mint Silvercross baby carriage, play pen, cradle, high chair, baby clothes, bric-a-brac. gcmy3

**MOVING TO APARTMENT** Many items, furniture, dishes, books, king headboard/tables, desks, drum/music stand, rug, clothing, bric-a-brac, piano music/Beethoven, Mozart etc.. Beg./Adv. Sat., May 12, 9-2. 72 Willow St., Garden City. gcmy2

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## The DINING GUIDE

In the Discovery Section of this Newspaper



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LOCAL & AIRPORT SERVICE  
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**AT ALL TIMES**

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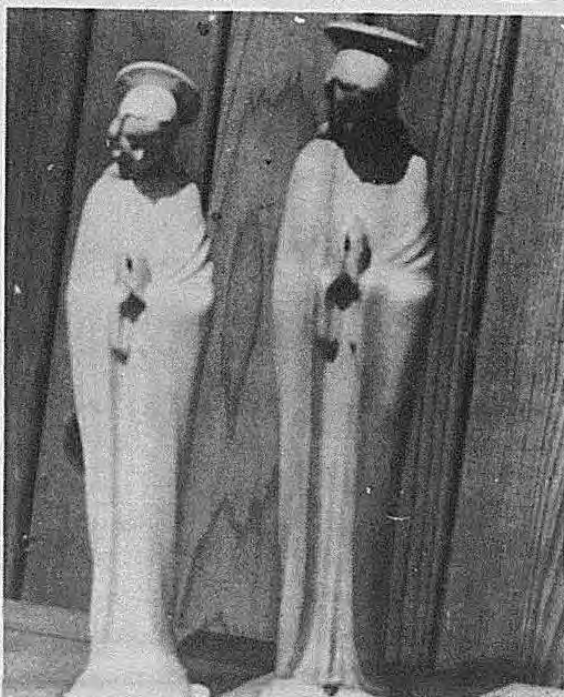
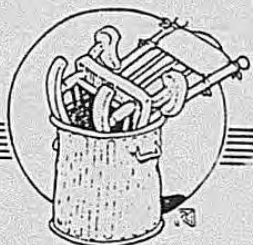
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# ANTIQUE OR JUNQUE



**2 MADONNAS**  
...These Hummel Madonnas were made  
in 5 sizes and several variations

## Madonna is mismarked

**Q.** I have two Hummel "Madonnas." One has the Crown mark, one has the Full Bee mark and is over 1 inch taller. One has the No. 45; the other is marked 84.

Can you explain these variables?

**A.** This Madonna was made in five sizes and several variations. The No. 84 is a mismark.

The Madonna with the Crown mark sells for about \$300; the one with the Full Bee mark is worth about \$125.

**Q.** The 45-piece service for eight porcelain dinnerware that I inherited has this mark on the back.

Can you explain why this is different from the regular KPM mark in the reference books? I would also like to know the vintage and value.



**KPM**

**A.** Your china was made by the Krister Porzellan Manufaktur in Waldenberg, Germany, during the mid-20th century. It probably would sell for \$300 to \$400.

The more desirable KPM (Koenigliche Porzellan Manufaktur) is made in Berlin and is quite valuable.

**Q.** I have a plate made by Buffalo Pottery. It is decorated with a picture of men on horses with hounds and titled "The Fallowfield Hunt — The Start."

Can you tell me its value and when it was made?

**A.** "The Fallowfield Hunt" series was made about 1909. This plate probably would sell for about \$500.

**Q.** Can you tell me anything about my Belleek pitcher?

It is 6 inches high and 7 inches in diameter. It is hand-painted with pansies. The mark on the bottom is an artist's palette with the monogram "C.A.C."

**A.** Your pitcher is American Belleek made by the Ceramic Art Co. in Trenton, N.J., between 1894 and 1906.

It would probably sell for \$200 to \$225.

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## Points on Pets

By R.G. Elmore, D.V.M.

### Doggone scared of water

Q. Our 8-year-old mixed-breed dog apparently does not like to swim. Is this normal?

The dog is not interested in water; when put in deep water, he allows himself to sink without any struggling. Is there any hope that he will ever learn how to swim?

A. Although most dogs apparently enjoy swimming, a small minority either cannot swim or do not enjoy water. These dogs usually behave as you have described your dog — allowing themselves to sink without any struggling.

Swimming is an excellent exercise for dogs that enjoy it. Learning to swim comes naturally for most dogs, who just splash around in a stream or pond, venture into deep water and instinctively swim. Dogs that naturally retrieve will usually go into water to fetch objects thrown by their owners.

Young dogs should not be forced into deep water too rapidly. Young dogs can usually be taught to swim in a shallow lake, stream or seashore with a gently shelving beach. If the dog happily retrieves objects, increase the distance that you throw objects until he is actually swimming. Additional time, patience and effort often are re-

quired to teach non-retriever breeds to swim.

One way to encourage timid dogs to swim is to actually go in the water yourself and call the dog to you. Another method is to take an experienced dog with you. The novice dog usually will follow the experienced dog into the water.

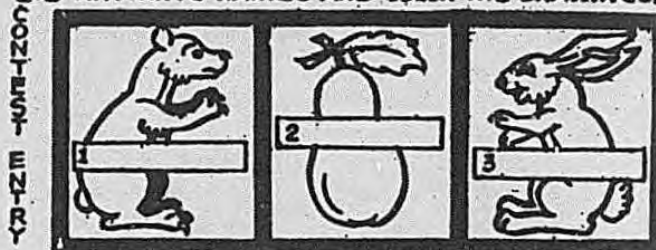
You should never toss the dog into the water or frighten him in any way. Negative experiences are often remembered for a lifetime!

It should also be remembered that dogs can tire quite quickly while swimming. If your dog does not like to swim, try to find other enjoyable activities for him.

## Points on Pets

## JUNIOR EDITION

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Mail your entry (just clip our cartoon) to this newspaper at:  
105 Hillside Avenue  
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## Aunt Tilly's Corner

This Sunday is Mother's Day. It is a day in which we thank our Moms for all the nice things they do for us. Some people make a meal for their mothers; others buy her a present or take her out to eat.

You could make your mother very happy by just writing down a list of each nice thing she does for you and telling her how it makes you feel to have her as a mom.

Your friend,  
Aunt Tilly

## YOUR SOCIAL SECURITY

By William M. Acosta

### Benefits paid if caring for an entitled person

Q: My wife died a year ago. I have been receiving Social Security benefits for our child based on my wife's earnings.

I was recently laid off. Is it possible that I could collect benefits also? — G.H.

A: It is possible. Social Security benefits are payable to a widow or widower of any age if caring for an entitled child (under 16 or disabled) of the deceased worker.

Benefits are payable if your earnings do not exceed the allowable amount, which is \$6,840 in 1990, for someone under age 65. Call Social Security for additional information.

Q: I have been unable to work because of severe injuries I sustained in an auto accident. I am 26 years old and have worked only a few years under Social Security.

How much work do I need for disability benefits? — R.L.

A: The number of years of work credits needed for disability benefits depends on your age when you become disabled.

Young people who become disabled between the ages of 24 to 31 need credit for having worked half the time between age 21 and the time they become disabled.

Q: Does a person have to be a U.S. citizen in order to receive Supplemental Security Income (SSI)? — M.B.

A: Generally, you must be a U.S. citizen living in the United States. If you are an alien admitted for permanent residence or if you were granted special status by the Immigration and Naturalization Service you may also be eligible.

Contact your local Social Security office if you think you might be eligible.

Q: When my father died several years ago, I recall that my mother received a lump sum death payment.

Recently when my mother died, no lump sum was paid to me. Why? — S.M.

A: The lump sum death payment is a one-time payment in the amount of \$225, payable to a surviving spouse.

If there is no surviving spouse, it is payable only to a child or children eligible for or entitled to survivor benefits on the deceased worker's record for the month the worker died.

## YOUR SOCIAL SECURITY

## The World's Most Beautiful Grandchildren



We are pleased to present our handsome "little prince," Edward Joseph Tacchi. Edward, our first grandchild, lives with his parents Bonnie and Edward Tacchi in Garden City South. Proudly presented by both sets of grandparents, Mary and Joseph Spadaro, Ellie and Edward Tacchi, Garden City