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In Three Sections
The Only Newspaper

Mid-Island Times & Levittown Times 25¢

Vol. 46 No. 34

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Friday, August 21, 1987



Islander Ken Morrow, left, congratulates the winners of the 2nd Annual Long Island Manufacturers Hanover Corporate Challenge. From left to right: Pat Peterson, Paula Chakos and CEO Division winner, Dr. Rossio Brown.

Grumman Wins Corporate Race

Pat Peterson of Grumman Aerospace won the second Manufacturers Hanover Long Island Corporate Challenge in Eisenhower Park, August 4, with a 16:27 clocking. Peterson, a top American marathoner for the past several years who resides in Ronkonkoma, defeated second place finisher Don DiDonato (16:40) of Hicksville by 13 seconds.

Grumman also took first place in the women's division when Paula Chakos of Plainview, broke the tape at 20:53. Chakos defeated Debbie Tirrito (21:07) of New City, by 14 seconds.

The Manufacturers Hanover Corporate Challenge is now in its eleventh year. The race, which is run in thirteen American cities and overseas in Dublin, London and Sydney, is 3.5 miles long and for employees of area corporations, business and

financial institutions. The Corporate Challenge Championship will be held on New York's Park Avenue on November 22.

Top Five Men

1. Pat Peterson, Ronkonkoma (Grumman Aerospace) - 16:27
2. Donald DiDonato, Hicksville (Grumman) - 16:40
3. Brian McCloy, Endicott (IBM) - 16:43
4. Terry Sullivan, Shoreham (Brookhaven National) - 17:04
5. Eric Stuedel, Lancaster, Pa. (Hamilton Watch) - 17:13

Top Five Women

1. Paula Chakos, Plainview (Grumman) - 20:53
2. Debbie Tirrito, New City (IBM) - 21:07
3. Sally Anderson, Middletown, RI (IBM) - 22:15
4. Stefanie John, New Canaan, CT (IBM) - 22:58
5. Margaret Bertram, Hicksville (LI Savings Bank) - 23:12

This Issue

This issue includes three sections. The first is the main news with all local news and photos. The second section is our annual Back to School edition, with articles on the many things needed for returning students and parents who are preparing their children for the coming school year. It is one of the 15 special editions, given at no extra cost to subscribers each year. The third section is the regular Discovery Magazine, with columns and features for every member of the family, plus classified ads and dining information.

Man Arrested In Robbery

The 2nd squad reports the details of a robbery that occurred at the Sunoco gas station, 176 Manetto Hill Road, Plainview, at 8 p.m., August 10.

An unknown male white, approached the attendant, Cesar Gomez, 23, while in the office, and announced a robbery. The subject had his hand in his pocket simulating he had a weapon. He took \$30.

The subject fled the scene in a white Chevrolet Monte Carlo, bearing Tennessee license plates.

At 11 a.m. the next day, the same subject pulled into the station to get gas. When the attendant said he recognized the man and held him until police arrived. The suspect is Randall Gamble, 20, unemployed, of East Norwich.

Hicksville School Bd. Sets 90¢ Tax Rate

Special to Mid-Island Times
By Maureen Traxler

At its August 12 meeting, the Hicksville School Board received notice that the actual tax rate increase to residents this year will be substantially lower than expected. School districts across Nassau County are reviewing assessment figures, and the County Board of Supervisors will certify the tax rate later this month.

At the time of the budget re-vote in June, the tax rate increase hovered around \$1.50 per \$100 assessed valuation. Since the time of these early figures, the State has finalized aid commitments to local districts. In addition, the healthy Hicksville business community, with its varied new additions, has helped reduce the tax rate for homeowners. Factoring all the elements lowers the rate increase to 90¢ or \$25.86 per \$100 assessed valuation.

The Board approved the appointment of Patrick Pizzarelli as Supervisor of Physical Education, Health and Athletics, grades K-12, effective August 24. The Board recently combined the position from the K-6 and 7-12 breakdown.

Antonietta Dima was appointed as Staff Community Relations person. Mrs. Dima will succeed Alayne Schoenfeld and will assume her duties on August 17.

Assistant Superintendent for Business William Hall reported to the Board that the General Fund Balance (or surplus) of the 1986-87 budget is \$1,807,956. The Board has appropriated \$1 million to be included as revenue for the 1987-88 budget, with the remaining \$807,956 to be set aside for emergencies or inclusion in the 1988-89 budget. This conforms to State law which allows 2% of the current budget to be held in reserve for emergency use.

Assistant Superintendent Hall stated that the district's choice to self insure its Unemployment Fund has saved considerable money over the past five years. In 1986-87, the district protested 15 claims for an estimated savings of \$35,000, and won 3 or 4 hearings for a \$7,000 savings, totaling \$42,000. The district maintains a contract with Portnoy, Messenger, Pearl & Associates for court purposes at \$1400 per year. If the district did not opt for the self-insured method, the cost could have been \$169,000 in payroll taxes.

Hicksville Congress of Teachers representative Elayne Kabakoff related that several teachers who are slated for singleton classes on a grade level have questioned as to whether these classes will be split. In some classes, the number of students approached the lower thirties by school's end.

Board President Thomas Nagle stated that Superintendent Dr. Catherine Fenton would be making recommendations in that area at the Board's August 26 meeting.

Mr. Nagle mentioned that the Board has received correspondence from Robert Chevrolet requesting to lease or purchase part of the Middle School property. Just recently, the district completed the raising of the portables behind the school building. Mr. Nagle said that the Board will look into all aspects of this matter, and after it has informed the residents of proper use, it will then convey its feelings to the Chevy dealer.

The Board approved the 1987 "Growing Healthy" agreement from Nassau County which enables the district to receive county funds for the purchase of curriculum materials up to \$1,000. The materials must relate to the Growing Healthy Program which is under the direction of the Department of Drug and Alcohol Addiction.

The Board approved the purchase of two textbooks and a workbook for the music department totaling \$2600. The new books are for woodwind, brass and percussion instruments, grades 4-8. The purchase of the new materials is to standardize learning from the student's initial involvement with a band instrument through middle school years.

The trustees unanimously cast their vote to nominate Iris Wolfson to the Board of Directors of the New York State School Board's Association. The members voted to have Mrs. Wolfson complete the unexpired term of Mr. Richard Ornaner and then assume a full term beginning January 1, 1988. Mrs. Wolfson served on the Hicksville School Board from 1973-79 and held the office of President from 1975-77. During her tenure, she initiated and served as the first chairperson of the Educational Goals and Objectives Committee and the Long-Range Planning Committee.

The next regular meeting of the Board will take place on August 26, at 8:15 p.m. in the Conference Room of the Administration Building.

Hicksville F.D. Plans Labor Day Parade/Tourney

Hicksville Fire Department is getting ready for its annual Parade and Tournament scheduled for Labor Day weekend. The events will begin with an Old Fashioned Drill on Saturday, September 5, at 10 a.m. The following day, Sunday, the parade (which incidentally should be the biggest contingent of fire departments in Hicksville's history) begins at 5 p.m. and will end with a fun-filled Block Party at the parade finish line on West Barclay Street. Then, on Monday, September 7, at 10 a.m., the participating companies will hold their motorized tournaments.

Residents are encouraged to hold open these dates and plan to witness a spectacular Labor Day Parade and Tournament, hosted by the Hicksville Fire Department.

Editor's Notebook

My thanks to Sieg Widder and the Kiwanis Club of Hicksville for the invitation to be one of the first women inducted into their club. Unfortunately, the group meets each Wednesday and that is one of the busiest days in our newspaper office. With regrets the invitation was declined only because of inability to attend regularly and be a true "Kiwanian." Continued best wishes to this worthy and dedicated club - we'll continue to do our share in publicizing news and events.

Gardeners, farmers and craftspeople who want to enter the 1987 L.I. Fair competition should get a Premium Book with the entry form right now. The original Sept. 1 deadline has been extended to Sept. 15 for all categories. The Premium Book can be obtained by mail by calling 364-1050 or by picking up the book at: Nassau Hall, 1864 Muttontown Road, Muttontown, or at Old Bethpage Village Restoration, Round Swamp Road, in Old Bethpage. The fair is scheduled during Columbus Day Weekend, October 9 to 12, at the newly reconstructed fairgrounds at the Old Bethpage Village Restoration. Last year approximately 2000 people entered exhibits into competition. V.P.

Local Graduates At Nassau Comm.

One thousand fifty five students have completed degree requirements at Nassau Community College as of August, according to President Sean A. Farrell.

Graduates from this area are listed here.

The highest honor, *summa cum laude*, is awarded to students whose final grade point average ranged between 3.9 and a perfect 4.0. It is indicated by three asterisks.

Magna cum laude is awarded for averages between 3.7 and 3.89. It is indicated by two asterisks.

Cum laude graduates, between 3.5 and 3.69, are identified with one asterisk.

Syosset

Douglas Brown, Murat Cannoyan, Daniel Cronin, **Freedy Ho, Lawrence Juhasz, Guy Lamotta, Margaret Lewis, **Stuart Miller, Phillip Panzenbeck, Chris Pavlatos, Kathleen Purcell, Ronald Trebing, Jr. Clara Witt.

Woodbury

John Woodworth, Chris Dipsola, Lisa Sterling.

Hicksville

Junior Adams, William Brady, Kathleen Brinker, Stacey Mark Cardella, **Gina Critelli, Al Cubisino, Laura DiBenedetto, Tracy Dielonsnyder, Joan

Dowling, Lynette Duncanson, John Fioretti, Gerald Flynn, Fred Freyelsen, Margaret Gahan, Donna Grigg, Jose Guzman, Susan Haran, **Elizabeth Hartney, Teri Hogan, Kimberly Huttie, Kimberly Irvine, Andrew Judge, Maureen Keyes, Michael Lagnese, John McDonnell, Harold McLaughlin, Michael McLaughlin, Maryanne Muller, James Murray, Chris Pasquerale, **June Pedicini, Andrea Pitta, Carolyn Reul, Douglas Rugen, Craig Schein, Darren Schrubba, Steven Schwartz, Pamela Sheridan, *Paula Signorelli, Neil Storms, *Laurie Sussman, Jean Swanto, **Christine Werner, Marie Zirkel.

Plainville

Peter Boullianne, Myra Bregman, Susan Bressler, Holly Clougher, Nancy Cotter, Barbara Ersch, Heidi Friedman, Rosemarie Grieco, **Robert Grill, Steven Kochner, Richard Lackner, Leslie Lapinsky, Marc Miller, David Newman, Karen Stein, Adam Title, Joel Warshauer.

Bethpage

Peter Aki, Maria Cerreta, Risa Conway, Patrick Fitzgerald, Todd Hausman, Patricia Kelly, Charles Maini, Sean O'Brien, Christine Pentecost, Joyce Pinero, Chris Reynolds, Burton Rigby, David Sherlock, Susan Taboaki, Steven Walakovits, Andrew Zuniga.



HERE'S an interesting tidbit from the Dept. of Motor Vehicles. They're going to set up an issuing office at the State Fair in Syracuse from Aug. 28 to Sept. 7. People used to waiting on long MVB lines just can't wait to do the same on their vacation we bet.....IF YOU are a widow or widower a free ten-week group counseling program will be held at Winthrop-University Hospital in Mineola beginning on Thursday, Oct. 1 from 10:30 a.m. to 12 noon. Preregistration is required. Call 663-2341 for info.....ANOTHER group discussion planned by the same hospital is specifically geared to people who have had heart attacks, open heart surgery, or who are at high cardiac risk. Spouses are encouraged to attend these group sessions also. Classes begin Sept. 21 and sitting scale fee is charged. Anyone interested can find out more by calling Mrs. Gold at 663-2341.....AN INSURANCE hoax aimed at veterans has surfaced again according to the Nassau County Veterans' Service Agency. The scam promises dividends of several hundred dollars from the VA whether or not insurance is still carried. About 15,000 applications are being received each week from vets seeking such a dividend. There is none and never has been. It is a hoax that started way back in 1960.....TOWN of Oyster Bay's Bluefish tournament is set for Sunday, Sept. 13. Reel in the big one and first prize of \$2000 is yours. Call the Parks Dept. at 795-1000 if you're interested.....ANIMAL lovers will be happy to hear that they can talk to pets from the Animal Farm in Manorville at Bide-A-Wee Home on August 29. Free continuous pony rides for the younger set too from 11 a.m. to 4 p.m.....ON THE SAME subject, on Sept. 27 the Westbury Kennel Association's 65th Annual All-Breed and Obedience Show takes place at C.W. Post. A doggie "Miss America" and "Rhodes Scholar" will be chosen for conformation and obedience.....SENIOR Citizens wishing to obtain a Leisure Pass can do so when the Nassau Co. Seniorsmobile visits Levittown Hall on Sept. 11 or Syosset-Woodbury Park on Sept. 23. In addition employment counseling and other services will be available from 10 to 3. Free taxi service that day, is provided. Call 931-1111.....WOMEN veterans will be saluted at a special presentation on Sept. 12 in Hicksville. The program is sponsored by the Vietnam Veterans and info is available by calling 935-6858.....THE POLICE REPORT is published as a public service to alert residents of crime in the area and as an aid in the Neighborhood Watch program. Anyone seeing suspicious activity should phone 911: BURGLARS broke into the Schacter residence, 82 Birchwood Park Drive, Jericho on Aug. 11. Jewelry was reported stolen.....A TV was taken from the Matrullo residence, 50 Sally Lane, Plainview on Aug. 13.....BURGLARS entered the Kowalczuk residence, 12 18th St., Hicksville on Aug. 13. Jewelry and cash were stolen.....JEWELRY was stolen from the Rose residence 18 Lenore St., Syosset on Aug. 14.....AN ATTEMPTED burglary was reported at the Goldsmith residence, 42 Georgia Drive, Syosset on Aug. 14.....JEWELRY was stolen from the Johnson residence, 9 Garden Circle, Syosset on Aug. 14.....BURGLARS entered the Elder residence, 56 Winthrop Rd., Plainview on Aug. 14. Jewelry was reported stolen.....AT THE Ladogna residence, 6 Gardenia Lane, Hicksville and at the Krant residence, 53 Jerome Ave., Hicksville, jewelry was stolen in breakins on Aug. 14 and 15.....AN '87 Ford Taurus was stolen from the Mobil station at 600 Old Country Rd. on Aug. 11.....AND cigarettes were stolen at the Getty station, 333 Jericho Tpke., Syosset after a break-in on Aug. 12.....BEER was reported stolen from the Gem Deli, 528 S. Broadway, Hicksville on Aug. 10. Entry was through a rear door.....A SIDE window was pried open on a house at 70 Schoolhouse Rd., Old Bethpage on Aug. 9. A radio and a tool box were stolen.....JEWELRY, a camera, a radio and VCR were stolen from a residence at 1 Michael Drive, Old Bethpage on Aug. 13. A rear window was broken to gain entry.....BURGLARS broke into a residence at 5 Robert St., Old Bethpage on Aug. 13 and stole jewelry, a camera and \$60.....A CASSETTE and radio were stolen from a residence at 1 Reiter Ave., Hicksville on Aug. 12. The mode of entry is unknown.....BURGLARS attempted to get into a residence at 122 Blueberry Lane, Hicksville on Aug. 15 through the front window but there was no entry.....BURGLARS entered a side window of a house at 34 Spruce Ave., Bethpage between Aug. 14 and 17. The loss is unknown.....\$900 and jewelry were stolen from a house at 4 Capri Gate, Plainview on Aug. 14. Entry was through an open rear window.....That's all the news for now...G.T.

LEGAL NOTICE

Lecann Realty Partnership III, 378 South Oyster Bay Road, Hicksville, New York. Substance of Certificate of Limited Partnership filed in Nassau County Clerk's Office May 27, 1987. Business: To acquire and operate as offices the premises and property located at 378 South Oyster Bay Road, Hicksville, New York. General Partners: Leo J. Benjamin, 204 Martin Drive, Syosset, New York 11791. Limited Partners: Anna G. Benjamin, 204 Martin Drive, Syosset, New York 11791. Contributions and Share of Profits: Anna G. Benjamin,

LEGAL NOTICE

204 Margin Drive, Syosset, New York 11791 - \$100. No additional contributions are to be made by existing limited partners. Additional limited partners may be admitted with the approval of the general partner and existing limited partners. Profits and distribution of operating income and proceeds of sale shall be allocated 65% to the Limited Partners and 35% to the General Partner. A limited partner may assign his interest to a substitute only upon the consent of the general partner. MIT 2019 6x7/24,31;8/7,14,21,28

OLD WESTBURY GARDENS

Presents

—PICNIC POPS— CONCERT



Wednesday,
August 26, 7-9
The Country Jubilee
(raindate Aug. 27)

* Gates open 6 pm, Concert 7-9 pm
Come Early and Stroll Through The Gardens

Bring Your Picnic Supper and Blankets

\$4.00 Non-members	\$1.00 Children
\$1.00 Members	\$2.50 Senior Citizens

Old Westbury Road, Bet. L.I. Expressway Service Rd., East and Jericho Turnpike - 333-0048

Saturday, "OLD WESTBURY GARDENS: An Inspiration to Artists" Opening Day of Painting and Photography Exhibit
September 12, 10-5

Mid Island Times & Levittown Times

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College Note

James Simon, 89 Cambridge Drive, Hicksville, is listed on the Spring 1987 Dean's List of the School of General Studies and Professional Education, State University of New York at Binghamton. Simon, who is majoring in computer science, qualified for the Dean's List by maintaining a grade point average of 3.5 or better during the semester.

Letters

To the Editor:

It was with great sadness that we learned of the passing of Charles Fetta. Charlie was very active in Hicksville School District matters in the early and mid-70s. He was very interested in education and also in the community's support and was a very strong advocate for the taxpayers of the school district. He was a great organizer and leader and formed his own organization called LIFE. He supported many prominent members of this community who served on the school board; namely Councilman Tom Clark, Bill Bruno, Ed Bello, Harry Kershen, the late Frank Zindulka, and George Pappas, just to name a few. He had high principles and standards in his espousment of our school district and the board's commitment to the welfare of our taxpayers, and was an example of the principle of conservatism for those that he helped elect to the Hicksville Board of Education by providing the foundation and the groundwork of the beliefs that we have today.

We will miss you, Charles Fetta, and we express our condolences to his wife Betty, and his family. Charlie's contribution to Hicksville will be his monument of achievement and the memory that we have of him. We offer our condolences and prayers to him and his family.

Bill Bennett
Hicksville

LEGAL NOTICE

The Board of Education of Hicksville Union Free School District of the Town of Oyster Bay, Nassau County, New York (in accordance with Section 103 of Article 5-A of the General Municipal Law) hereby invites the submission of sealed bids on

OIL BURNER REPLACEMENT CONTRACT "S" 1987/88-27

RE-BID LIBRARY SUPPLIES AND EQUIPMENT 1987/88-28

for use in the Schools of the District. Bids will be received until 2:00 P.M. on the 9th day of September, 1987, in the Purchasing Office at the Administration Building on Division Avenue at 6th Street, Hicksville, New York, at which time and place all bids will be publicly opened.

Specifications and bid form may be obtained at the Purchasing Office, Administration Building, Division Avenue at 6th Street, Hicksville, New York.

The Board of Education reserves the right to reject all bids and to award the contract to other than the lowest bidder for any reason deemed in the best interest of the District. Any bid submitted will be binding for ninety (90) days subsequent to the date of bid opening.

BOARD OF EDUCATION HICKSVILLE UNION FREE SCHOOL DISTRICT Town of Oyster Bay Nassau County, N.Y.

Marie Egan
Purchasing Agent

Dated: August 17, 1987

MIT2023
1x8/21

Local Helps Team Win Volleyball Title

Scott Morck of Hicksville was a member of the winning team at the 9th Annual Michelob Light-Jones Beach Volleyball Tournament Final, Saturday, August 1. The 192 team competition had been narrowed to four teams over the course of the three weekends. Two teams, the Finnegans and the Road Warriors II, played a consolation round to decide who would fill the Third Place slot. The Finnegans won two games in the three game match to become the Third Place Winners.

The battle for First Place was just that, a battle. The Flying Tigers and Saril volleyed their way through a necessary three games which left, Scott Morck's team, the Flying Tigers, as the tournament champs for the third year in a row.

Long Island State Park Regional Director John G. Sheridan commented, "all four finalist teams are to be congratulated on their progression through the tournament as well as for the high level of competition which they provided."

St. Paul's Offers Sunday School

St. Paul Lutheran Church in Bethpage is pleased to announce the beginning of our Sunday School year on Sunday, Sept. 13. All children from 3 years old to 8th grade are welcome to join us.

The basis of our curriculum is the belief that telling the story of Jesus Christ is the central mission of the church. The teaching ministry of St. Paul's supports this mission both by nurturing the children in their faith and by helping them realize the call to be witnesses of this story in their daily living. The story of God's love grows in the children and is lived out through their relationships with others.

Our courses of study this fall are centered around the theme, "Chosen By God." The children will be taught the creation of the human family, the personal relationship between God and His followers, and the ongoing nature of God's everlasting love and forgiveness through times of trial and sin.

We're eager to teach the children. Won't you join us? Classes begin on September 13 from 9:15-10:15 a.m.

St. Paul Lutheran Church is located at 449 Stewart Avenue (just south of the railroad station) in Bethpage. The Sunday worship service, as well as Summer Sunday School for children (which operates on a walk-in basis), continue to begin at 9 a.m. weekly through Sept. 6, after which we return to our 10:30 a.m. schedule. We at St. Paul's invite you to join us in worshipping and praising the Lord. For more information, please contact the church office at 931-8262.

Meeting Changed For Bd. Of Ed.

The Hicksville Board of Education will meet at 9 p.m. instead of 8:15 p.m. on August 26 in the Conference Room of the Administration Building on Division Avenue.

In Memoriam

Josephine Marie Appio

Josephine Marie Appio of Plainville died August 18. She is survived by her husband Anthony, son Richard and daughters Elizabeth, Christine and Janet Palazzotto, as well as brothers Lawrence Casamas and Frank Casamassima; sisters Rose Maraisco, Leona Hanes, Mary Mulder and Ida Doyle. Also survived by three grandchildren. Funeral arrangements under the direction of Wagner Funeral Home, Hicksville with interment at Calverton National Cemetery.

Charles D. Collins

Charles D. Collins of Hicksville died on August 17. He was a retired Captain, New York City Fire Department. He leaves his wife Genevieve, and children: Mary Higgins, Charles and Daniel Collins, and Elizabeth Molloy. Also survived by sisters Helen, Ruth, Agnes, Ethel, Dorothy; brothers Joseph and Edward; sixteen grandchildren and five great grandchildren. Funeral arrangements by the Thomas F. Dalton Funeral Home, Hicksville. A Mass of Christian Burial was said at Our Lady of Mercy R.C. Church with interment at Holy Rood Cemetery Westbury.

Antoniette Calogari

Services were held August 13 for Antoniette Calogari of Hicksville. She died August 10.

She is survived by children Frances Pauciroli, Louis, Mary, John and Peter. Also by seven grandchildren and eight great grandchildren.

Leroy J. O'Toole, Jr.

Memorial services were held for Leroy J. O'Toole Jr. August 14. The former resident of Hicksville, died August 12.

He is survived by children, Catherine, Leroy III and Timothy. He is also survived by a grandson, Christopher.

Robert Alais

Memorial services were held August 19 for Robert Alais. He died August 16. The Hicksville resident is survived by his mother Mary Uravitch and sister Marianne Van Cise and brother Robert.

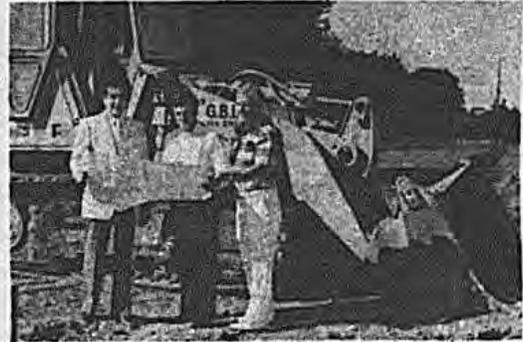
College Notes

Sheryl Rosenblum, 7 Calvert Drive, Syosset, is listed on the Spring 1987 Dean's List of the School of General Studies and Professional Education, State University of New York at Binghamton.

Rosenblum, who is majoring in computer science, qualified for the Dean's List by maintaining a grade point average of 3.5 or better during the semester.

Mindy Ellen Kazin and Charles Joseph McGuckin both of Syosset, received degrees from The University of Delaware last semester. Kazin completed her masters of education, while McGuckin finished a civil engineering degree.

Paul Andrew Nealon of Hicksville, received a masters of science degree from The University of Delaware last semester.



Oyster Bay Town Councilmen Thomas L. Clark, right, and Angela A. Dellgatti, center, and John Undari of the Town's Engineering Division look over plans for a passive park under construction at the Hicksville triangle between Old Country and Plainville Roads. The park, which will include a playground, benches and parking area, is scheduled for completion by early fall.



Nassau County Executive Thomas S. Galotta congratulated award recipients at the Long Island Junior Soccer League Scholarship awards luncheon which was recently held at Clio Restaurant in Plainville. Joining the County Executive are award recipients Jonathan David of Plainville; Robert Hochstetler of Plainville and Gregory Toth of Old Bethpage.

Comm Church Sunday Sermon

"The Trinity - Toy for the Theologians?" was the theme of the sermon offered by Pastor Jean Butler, Associate Pastor at the Community Church of Syosset, on Sunday, August 16. Pastor Butler asked if the Trinity is just a toy for the theologians, or does it touch our daily lives? She asserted that it is important to our daily lives in many ways, and elaborated on three of these ways as she found them in our Church tradition, in the Bible and in a contemporary poem by Phyllis McGinley entitled "In Praise of Diversity". Pastor Butler stated that "We exist because we are loved - loved by the Creator through the Son and in the Spirit".

The Sacrament of Holy Baptism was celebrated with the baptism of John Michael Garcia, son of Juan and Patricia (Geiser) Garcia. Next Sunday, August 23, Worship Service at 9:30 a.m. will be led by Pastor Butler on the topic, "Only If You Risk". Please join the congregation for the service and the Coffee Hour under the trees. The Community Church is located at 36 Church St., Syosset. For additional information, please call 921-2240.

Young Judaea Begins New Year

Young Judaea, the national Zionist youth movement sponsored by Hadassah will be starting their new year the week of Sept. 7, with clubs in all areas for children grades 3-6, 7-8 and 9-12. For more information, please call the Young Judaea office Monday - Thursday 9-5, Friday 9-1 at 433-4960.



Barrie A. Delmert of Hicksville recently celebrated 25 years of service with Grumman Corporation. Delmert is a mail clerk for the Administrative Services Department in the Corporate Services Division.

GET RESULTS! Place an ad in our Classifieds for reasonable rates and prompt results. Call 931-0012 • 294-8900 or 746-0240 for more information....

College Notes

Richard Sherman of Hicksville made the Dean's list last semester at Dowling College. He maintained a G.P.A. better than 3.5 for at least 12 credit hours.

YOUR SOCIAL SECURITY

Appeal immediately if you think you're eligible

By William M. Acosta

Q: I have just received notice that I am not entitled to Social Security benefits. I feel that I should be entitled. What can I do? — H.N.L.

A: A person who does not agree with a decision on his or her claim for Social Security benefits or Supplemental Security Income payments has a right to appeal the decision.

However, the appeal must be made within certain time limits. Information about appealing a decision can be obtained by contacting your local Social Security office.

Q: Since I don't need a Social Security number for my dependent child until next year, can't I wait until then? — F.L.M.

A: It is recommended that tax-

payers with dependent children needing Social Security numbers apply now to avoid the rush anticipated during next year's tax filing season. It now takes about three or four weeks to obtain a Social Security number. Waiting until next year may increase to several weeks or longer.

Q: My husband and I have group health insurance through his employer. (He is employed by a large corporation.) I have received disability benefits for two years and was recently notified of my entitlement to Medicare. Will Medicare become the primary payer? — P.O.D.

A: No. Medicare is the secondary payer for disabled Medicare beneficiaries under age 65 who have health insurance coverage

under a large group health plan by reason of their employment or the employment of a family member. This provision became effective Jan. 1, 1987. Contact your local Social Security office for additional information.

Q: My husband died in 1976. At that time I received Social Security checks for the children until they reached age 18. I am now 55 years old, have not remarried and have no children at home; but I am working.

Am I entitled to any benefits? If

so, at what age and are there any earnings restrictions? — R.A.S.

A: You will be eligible for widow's benefits at age 60. Widow's benefits range from 71.5 percent of your deceased husband's benefit amount if they begin at age 60, to 100 percent if they begin at 65.

Because Social Security checks are intended to replace, in part, those lost earnings, monthly payments generally are reduced if earnings go above a certain level. Contact your local Social Security office for additional information.

Our Children



TV-addicted children need more supervision

By Willard Abraham, Ph.D.

Q: I am concerned about our children's eyesight because of their TV watching. They are young (3 and 5 years old), but if their current habit continues I am afraid their eyes will suffer.

They both get up very early, and head for the TV set. When we get up and make breakfast they have already been at it for an hour or two. Then, except for the time they are in preschool or school, it is a continuous involvement until they go to bed at night.

My husband says it is a relief to have them occupied like that, but even though I agree with him, I wonder about the danger to their eyes.

If you share my concern, what suggestions do you have for correcting the situation?

A: The dangers may be as extensive as you suspect. You might want to talk about this issue with your pediatrician or family physician.

However, among other approaches you could consider are these:

- Schedules. If you don't set up time limitations for their activities when they are this young, how do you think you will be able to get across your ideas for them when they are older, like in their teens?

- Broadening their experiences. You may be losing extremely valuable learning time, for these years are among their most important from a developmental point of view. Reading to them, use of puzzles and games, and conversations are just a few of the activities in which you could try to involve them, both with you and on their own.

- Your other responsibilities. I'm sure it has occurred to you that those early-morning hours in your home are wasted and even less than useless. You might think about either enticing the children into other more productive activities until you get up or manage to monitor their behavior more

closely during that time. It isn't unique for parents to rearrange their mornings when children come into the family.

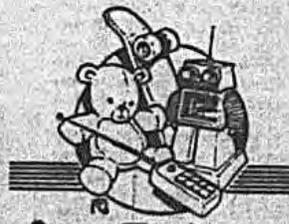
I guess the bottom line is that being a parent isn't easy because of the added responsibilities it brings, but the payoffs are often rich in satisfactions and happiness. Fortunately, but not necessarily all of the time, most parents feel that way.

Q: Does small handwriting necessarily mean that a child is a homosexual? That is the opinion my husband expresses whenever he sees how our son writes.

Our boy is 10 years old, and has always taken pride in writing clearly and somewhat precisely. In fact, my husband, who is an accountant, writes the same way.

I wonder whether this attitude toward our son's handwriting is based on a totally unrelated fact. My husband always has felt that even though he makes a good living from his accounting skills it is not an enjoyable occupation for him, and he doesn't want our boy to go into it.

Could I be on the right track?
A: You might be, especially if your son shows no homosexual tendencies. The friends he has and the activities he likes rather than how he writes are better indicators of whether he is developing in homosexual directions.



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National Elks Hold Convention

The 123rd session of the Grand Lodge of the Benevolent and Protective Order of Elks of the United States of America was held July 5 to 9 at the Georgia World Congress Center in Atlanta.

Thousands of Elks and their families from the 2280 Lodges and 1 million and one-half members from every state including Alaska and Hawaii filled the downtown hotels in Atlanta.

During the sessions reports were made on the progress of the various programs conducted by the Elks in the 1986-87 Elk year which concludes in July. These programs included each state's major project (which in N.Y. is Cerebral Palsy Home Care), the Elks National Foundation which

subsidizes these programs, our Drug Awareness, Americanism Youth Projects, Veterans and community endeavors.

A report was made that our scholarship program, also supported by the Elks National Foundation, ranks second only to the U.S. Government in donations. The Elks' pledge that "so long as there is a veteran in any hospital, the Elks will never forget them" was reaffirmed, as well as our commitment to our Drug Awareness program, which is aimed at 4th to 8th grades, prevention not treatment. Installed as Grand Exalted Ruler of all the Elks was Ted Callicott from Paris, Tennessee. Stepping down as Grand Exalted Ruler was Hon. Peter T. Affatato, a Past Exalted Ruler from Hicksville Lodge 1931.

Peter and his wife, Irene, spent the entire year visiting Lodges in every state, from the Canal Zone to Alaska. Their efforts were lauded by the many dignitaries of the order who were present. The

present Exalted Ruler of Hicksville Lodge, Daniel Seip, and his wife Theresa, and Past Exalted Rulers of Hicksville Lodge Sam Agrillo and Murray Appel and their wives also represented

Hicksville at the convention.

The enthusiasm of those attending attested to the continuance of the Elks dedication to their various benevolent programs.



Exalted Ruler Daniel Seip from Hicksville Lodge congratulates Bryan Thoemke from Silverdale, Wash., and Jill Blotch from Gibbon, Neb., the winners of the Getty Powell Award for best-scoring boy and girl overall. Both of these winners came from the 10-11 year age group.



Outgoing Grand Exalted of the Benevolent and Protective Order of Elks, Hon. Peter T. Affatato, a Past Exalted Ruler of Hicksville Lodge, and his wife, Irene, are congratulated by Dr. Leonard Bristol, also a Past Grand Exalted Ruler, for their dedicated services and the exemplary image they have projected during their visits throughout the country during the past Elk year.

CMF Sports Event Raises \$1 Million

The Children's Medical Fund Men's Division Golf and Pro-Am Tennis Outing raised over \$1 million for Schneider Children's Hospital of Long Island Jewish Medical Center. The event was held recently at the Glen Oaks Club, Old Westbury. Edward Blumenfeld of Roslyn Estates was guest of honor and received the Bernard L. Martin Memorial Award for his many years of CMF service and support.

Joining CMF on the fairway were Super Bowl star Phil McCoukey of the N.Y. Giants and Bobby Nystrom of the N.Y. Islanders. On the Tennis courts

were former champions of Wimbledon, the U.S. and French Open and the French and Australian Grand Slam tournaments--including Elliot Teltscher, Vitas Gerulaitis, Gene Mayer, Tom and Tim Gullikson and Sherwood Stewart.

Golf chairmen of the event were Robert Greenberg and Steven Howard of Great Neck and Lowell Kwist of Muttontown. Tennis chairmen were Alex Levy of Great Neck and Michael Rosenbloom of Melville. David Glaser of Great Neck headed the journal campaign, and Jay Oppenheim of Port Washington was sweepstakes chairman.

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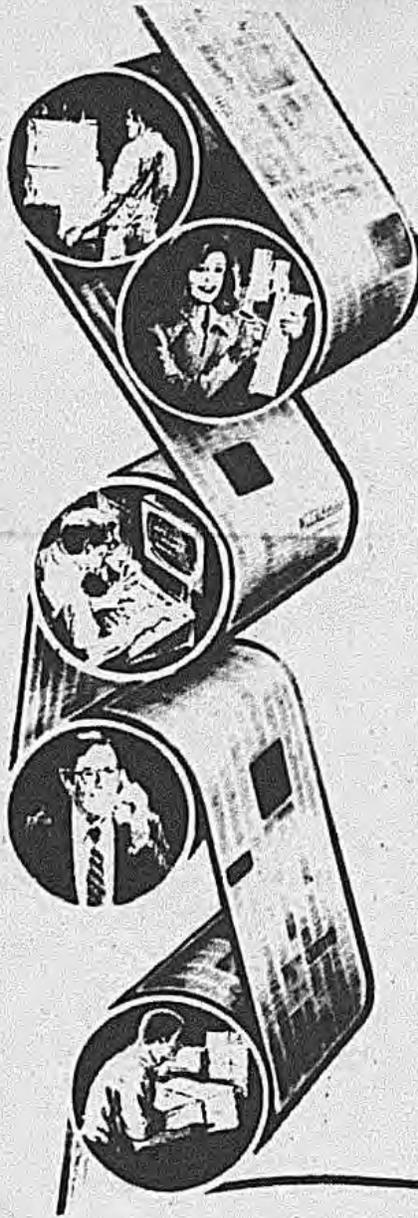
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**LEGAL NOTICE
AMENDMENTS TO THE
CODE OF ORDINANCES
(MOTOR VEHICLES
AND TRAFFIC)**

BE IT ORDAINED, by the Town Board of the Town of Oyster Bay, County of Nassau, State of New York, that the Code of Ordinances of the Town of Oyster Bay, New York, adopted October 5, 1971, as amended, be and the same is amended, as follows:

That the following locations be ADDED to SECTION 17-25 of the said Code establishing thereunder the following intersection as STOP intersections and stop signs shall be erected at appropriate places facing traffic on the stop street. All traffic on a stop street approaching a through street from either direction, unless otherwise designated, shall come to a full stop before entering the through street.

BETHPAGE Through Street: Eleventh Street; Stop Street: Meade Ave., east & westbound. Through Street: Meade Avenue; Stop Street: Eighth St., north & southbound. Through Street: Meade Avenue; Stop Street: N. First St., southbound. Through Street: Meade Avenue; Stop Street: N. Second St., southbound. Through Street: Meade Avenue; Stop Street: N. Third St., southbound. Through Street: Meade Avenue; Stop Street: N. Fifth St., southbound. Through Street: Meade Avenue; Stop Street: N. Sixth St., southbound. Through Street: Meade Avenue; Stop Street: Tenth St., north & southbound. Through Street: Meade Avenue; Stop Street: Twelfth St., southbound. Through Street: Railroad Avenue; Stop Street: Eleventh Street, southbound. Through Street: Railroad Avenue; Stop Street: Meade Avenue, westbound. Through Street: Railroad Avenue; Stop Street: Tenth Street, southbound.

EAST NORWICH: Through Street: Highwood Road; Stop Street: Segar Tom's Lane, north and southbound.

HICKSVILLE: Through Street: CHH Drive; Stop Street: Alling Street, westbound. Through Street: CHH Drive; Stop Street: Summit Street, westbound. Through Street: Mid-Island Plaza; Stop Street: Kiwanis Place, northbound. Through Street: Mid-Island Plaza; Stop Street: Sackett Street, northbound. Through Street: Lenox Avenue; Stop Street: Ferns Place, northbound. Through Street: Ferns Place; Stop Street: Willoughby Ave., east & west. Through Street: Ferns Place; Stop Street: Thomson Ave., east & westbound.

MASSAPEQUA: Through Street: Algonquin Avenue; Stop Street: Nassau Road, east & westbound. Through Street: E. Shore Drive; Stop Street: Nassau Road, eastbound. Through Street: Nassau Road; Stop Street: Hollywood Ave., southbound. Through Street: Nassau Road; Stop Street: Roy Avenue, southbound. Through Street: Nassau Road; Stop Street: Shinnecock Ave., north & south. Through Street: Nassau Road; Stop Street: Springdale Ave., southbound.

LEGAL NOTICE

Through Street: Unqua Circle; Stop Street: Nassau Rd., east & westbound. Through Street: Unqua Circle; Stop Street: Unqua Road, southbound. Through Street: W. Shore Drive; Stop Street: Nassau Road, westbound. Through Street: Amherst Drive; Stop Street: Harriet Place, northbound. Through Street: Mid-lawn Drive; Stop Street: Harriet Pl., north & southbound. Through Street: N. Syracuse Ave.; Stop Street: Harriet Place, southbound.

That the following locations be DELETED from SECTION 17-25 of the said Code:

BETHPAGE: Through Street: Meade Avenue; Stop Street: Railroad Ave., north & south.

HICKSVILLE: Through Street: Willoughby Ave.; Stop Street: Ferns Pl., north & southbound.

That the following locations be ADDED to SECTION 17-152 of the said Code establishing NO STOPPING ZONES, which shall be appropriately designated by posted signs: **HICKSVILLE - HOLMAN BOULEVARD** - west side - starting at the south curb line of West John Street, south for a distance of 92 feet; east side - starting at the south curb line of West John Street, south for a distance of 68 feet. **JERUSALEM AVENUE** - west side - starting at the south curb line of West John Street, south the north curb line of West Barclay Street; west side - starting at the south curb line of West Barclay Street, south the north curb line of Nelson Avenue; east side - starting at the southwest curb line of North Broadway, south to the northwest curb line of Jerusalem Avenue (east spur); east side - starting at the north curb line of Herzog Place, north to the southwest curb line of North Broadway; **JERUSALEM AVENUE** (east spur) - west side - starting at the east curb line of Jerusalem Avenue, northeast to the southwest curb line of North Broadway. **SYOSSET - MARKET DRIVE** - south side - starting from the east curb line of South Oyster Bay, east for a distance of 26 feet; north side - starting from the west curb line of Comet Road, west for a distance of 26 feet. **CANTIAGUE ROCK ROAD** - east side - starting at the south curb line of Jericho Turnpike, south to the north curb line of Saratoga Drive; east side - starting at the south curb line of Saratoga Drive, south to the north curb line of Fams Court; east side - starting at the south curb line of Fams Court, south to the north curb line of Neubrech Court; east side - starting at the south curb line of Neubrech Court, south to the southern end of the Northern State Parkway Overpass; west side - starting at the south curb line of Brush Hollow Road, south to the southern end of the Northern State Parkway overpass. (**JERICHO**).

That the following locations be DELETED from SECTION 17-152 of the said Code: **NO STOPPING ZONES. HICKSVILLE - JERUSALEM AVENUE** - east side - starting at the north curb line of the exit of the Town of Oyster Bay Parking Field #17, south to the north curb line of Herzog Place; west side - starting at the north curb line of the entrance to Town of Oyster Bay Parking Field #18, south to the north curb line of Newbridge Road. **JERICHO - CANTIAGUE ROCK ROAD** - west side - from the north side of Northern State Parkway overpass, north for a distance of 1120 feet; east side - from the north curb line of Northern State Parkway overpass, north for a distance of 1160 feet.

That the following location be ADDED to SECTION 17-165 of the said Code establishing NO PARKING ZONES, which shall be appropriately designated by posted signs: **HICKSVILLE - JULIAN STREET** - north side - starting at the west curb line of Bruce Avenue, west for a distance of 100 feet.

That the following locations be ADDED to SECTION 17-166 of the said Code establishing NO PARKING DURING CERTAIN DAYS OR HOURS, which shall be appropriately designated by posted signs: **MASSAPEQUA - SEACREST PLACE** - no parking 10 P.M. to 6 A.M. - north side - starting at the west curb line of Alhambra Road, west for a distance of 180 feet; south side - starting at the west curb line of Alhambra Road, west for a distance of 200 feet. **MASSAPEQUA - EDEN AVENUE** - NO PARKING 6 p.m. to 6 a.m. - east side - starting at the north/east curb line of Glen Road, east and then north following the curvature of the roadway, to the south curb line of Short Lane; west side - starting at the north/east curb line of Glen Road, east and then north following the curvature of the roadway, for a distance of 145 feet. **GLEN ROAD** - east/north side - starting at a point located 126 feet northwest of the north curb line of Merrick Road, north and then west following the curvature of the roadway, to the east curb line of Eden Avenue; north side - starting at the west curb line of Eden Avenue, north and then west following the curvature of the roadway, to the east curb line of Grover Avenue West; west/south side - starting at a point located 125 feet northwest of the north curb line of Merrick Road, north and then west following the curvature of the roadway, for a distance of 282 feet. **SHORT LANE** - south side - starting at the east curb line of Eden Avenue, east for a distance of 100 feet.

That the following locations be DELETED from SECTION 17-175 of the said Code: **NO STANDING ZONES. JERICHO - CANTIAGUE ROCK ROAD** - east side - starting at the south curb line of Jericho Turnpike, south for a distance of 300 feet.

That the following locations be DELETED from SECTION 17-175 of the said Code: **NO STANDING ZONES. JERICHO - CANTIAGUE ROCK ROAD** - east side - starting at the south curb line of Jericho Turnpike, south for a distance of 300 feet.

That the following locations be ADDED to SECTION 17-215 of the said Code establishing thereunder the following streets, when appropriately signposted, are hereby closed to the operation of trucks having a GROSS WEIGHT OF MORE THAN FOUR (4) TONS EXCEPT LOCAL DELIVERY:

Local Students Win Physics Awards



Dr. Thomas Burke of N.Y.I.T. hands Frank Reynolds of Syosset High School, his Physics Award.

Top winners of the third annual Physics Challenge Exam - established to identify outstanding high school physics students in Nassau and Suffolk Counties - were honored at an awards ceremony held at New York Institute of Technology.

Conceived and sponsored by the Long Island Physics Teachers Association (LIPTA), the tests were written and administered by the Department of Physics at New York Institute of Technology. High school students in both counties who were enrolled in Regents Level, or Advanced Placement Levels B and C physics

courses were eligible; some 250 students from 31 high schools participated and winners were chosen by NYIT physics faculty.

David Rich and Erik Cohen both of Plainview-Old Bethpage High School, received \$100 U.S. Savings Bonds and Certificates of Excellence in Regents Level. Fred Reynolds of Syosset High School, also received the Bond and Certificate in Advanced Placement Level C.

Alan Pollack of Plainview-Old Bethpage High School and Christina Chan of Syosset High School, both received Certificates of Excellence.

LEGAL NOTICE

LEGAL NOTICE

Road, north to the easterly curb line of Eden Avenue; northerly side - starting at the westerly curb line of Eden Avenue, west to the east curb line of Grover Avenue; west side - starting at a point 125 feet north of the north curb line of Merrick Road, north and following the curvature of the road for a distance of 282 feet. **SHORT LANE** - easterly side - starting at the easterly curb line of Eden Avenue, easterly for a distance of 100 feet.

That the following location be DELETED from SECTION 17-168 of the said Code: **HICKSVILLE - WILLIAM STREET** - west side - FOUR HOUR PARKING 8 a.m. to 4 p.m. EXCEPT SATURDAY, SUNDAY AND HOLIDAYS - starting at a point 50 feet north of the north curb line of West John Street, north for a distance of 310 feet.

That the following location be DELETED from SECTION 17-175 of the said Code: **NO STANDING ZONES. JERICHO - CANTIAGUE ROCK ROAD** - east side - starting at the south curb line of Jericho Turnpike, south for a distance of 300 feet.

That the following locations be ADDED to SECTION 17-215 of the said Code establishing thereunder the following streets, when appropriately signposted, are hereby closed to the operation of trucks having a GROSS WEIGHT OF MORE THAN FOUR (4) TONS EXCEPT LOCAL DELIVERY:

HICKSVILLE - FRANKLIN AVENUE - between Bay Avenue and Bethpage Road. **GROVE STREET** - between Bay Avenue and Bethpage Road. **PROSPECT STREET** - between Bay Avenue and Bethpage Road. **LENOX AVENUE** - between Bay Avenue and North Broadway. **WILLOUGHBY AVENUE** - between Bay Avenue and North Broadway.

BY ORDER OF THE TOWN BOARD OF THE TOWN OF OYSTER BAY
ANN R. OCKER, TOWN CLERK

Joseph Colby, Supervisor
Dated: Oyster Bay, New York August 11, 1987
STATE OF NEW YORK,
COUNTY OF NASSAU, ss.:
TOWN OF OYSTER BAY
I, ANN R. OCKER Town

Clerk of the Town of Oyster Bay, and custodian of the Records of said Town, DO HEREBY CERTIFY that I have compared the annexed with the original Notice of Amendments to the Code of Ordinances of the Town of Oyster Bay (Motor Vehicles and Traffic) adopted by the Town Board on August 11, 1987, filed in the Town Clerk's Office and that the same is a true transcript thereof, and of the whole of such original.

In Testimony Whereof, I have hereunto signed my name and affixed the seal of said Town this 12th day of August, 1987

Ann R. Ocker
Town Clerk

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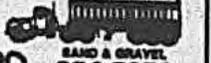
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Page: E1,PVFN Friday, August 21, 1997

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RENAULT

Local Team Joins Soccer Tourney

The Hicksville Shamrocks, members of the Hicksville American Soccer Club will be among the twenty four soccer teams from Canada, Virginia, Maryland, New Jersey, Pennsylvania, New York and Connecticut who will travel to Westport on Labor Day weekend, September 5 and 6, to participate in the First Annual Michael Kowall Soccer Tournament. The Shamrocks placed first in the Commack, Long Island Memorial Weekend Tournament, placed first in the Hicksville Indoor Tournament and placed second in the Island Trees Indoor Tournament.

The tournament will be a very special experience for the participating 1974 boys' soccer teams, their families and friends. The boys will play five games within their divisions over the two day weekend, which will include not only quality soccer, but also fulfilled activities. There will be four winning teams, one per division, as well as a special team award for sportsmanship. The two day event will culminate with memorable closing ceremonies.

This event has been established as a living memorial to support the Michael Kowall Scholarship Fund, which is named for the

thirteen year old who was lost in a tragic soccer accident in November. The scholarship, which will be administered by the Staples High School Tuition Grants Committee, will be awarded to "an individual whose dedication and leadership in both scholarship and sport have enriched our lives." Direct contributions to the scholarship fund may be made payable to the Michael Kowall Fund and should be sent to David Harrison, Treasurer, 83 Hillandale Road, Westport, Connecticut 06880.

The tournament is being presented by Ed Mitchell, Inc. Contributing sponsors include Space Age Printing, Reebok and the Sheraton Stamford Hotel and Tower, the host hotel.

The very special feeling of this tournament has touched the hearts of everyone who hears about it. The Niagra Pioneer Soccer League wrote, "We were touched to see a very special young man remembered in such a way to benefit another youngster." Jerry Channell, a referee/linesman from Easton, Ct. read about the tournament in "Soccer America" and volunteered his time to work at the tournament.

Anyone who wishes any further

information should contact Marianne Harrison, 83 Hillandale Road, Westport or Nancy Farmer, 12 Manitou Court, Westport, CT. 06880. They are the Co-Chairmen, who have said, "We can think of no better way to keep Michael with us than to gather fine players from near and far to play the game he loved so much. Michael's leadership and his dedication to the team and friends made him a very special young man. Those qualities of leadership and dedication provide the focus for both the tournament and the scholarship it will support."

Woman Robbed Of Jewelry

A robbery was reported by a victim. It occurred in the vicinity of Fourth Street, Hicksville, on August 15. The victim stated that she was approached from behind by a man who stuck an unknown object into her back and demanded her jewelry. The victim gave the subject her jewelry which consisted of a three-carat diamond and gold ring valued at \$9,500, a gold bracelet, and a gold Omega watch. The robber then fled the scene on foot after telling the victim to count to 100. Eighth Squad detectives are currently investigating.

Mid-Is. Y Holds Shofar Lesson

On September 13-14, the National Committee for Furtherance of Jewish Education of Nassau County will be sponsoring an innovative Hands-On Experience in the making of the traditional Shofar (rams horn) blown on Rosh Hashanah.

This exciting learning experience for the entire family will take place at the Mid Island Y, 45 Manetto Hill Rd. Plainview, N.Y. The program is free of charge, will also include the "Apple & Honey Dip", "Learn to Blow Your Own Horn" and Holiday Crafts. The show begins at 2 p.m.

For exact timetable of the live Shofar Making Demonstrations, more information and reservations for schools & groups, please call Rabbi Perl at 935-3636.

Atlantic City Bus Trip

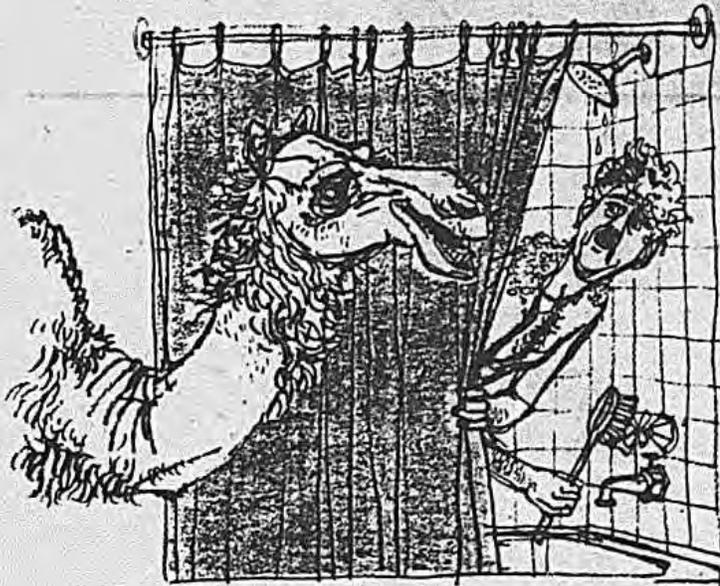
A "Nite Owl Special" in Atlantic City at Trump's Castle on Friday, August 28th, is being sponsored by the Plainview/Hicksville Unit of the American Cancer Society.

The Express Bus leaves from Rex Place in the rear of Morton Village Shopping Center at 5:45 p.m. on Friday.

To reserve your place, please send \$19 for the Friday trip, tax deductible check (in accordance with IRS regulation) to American Cancer Society, 5 Acorn Lane, Plainview. Send self-addressed, stamped envelope to receive tickets by return mail.

Receive \$12 in coin, \$5 in food, plus \$5 deferred coupon on Friday.

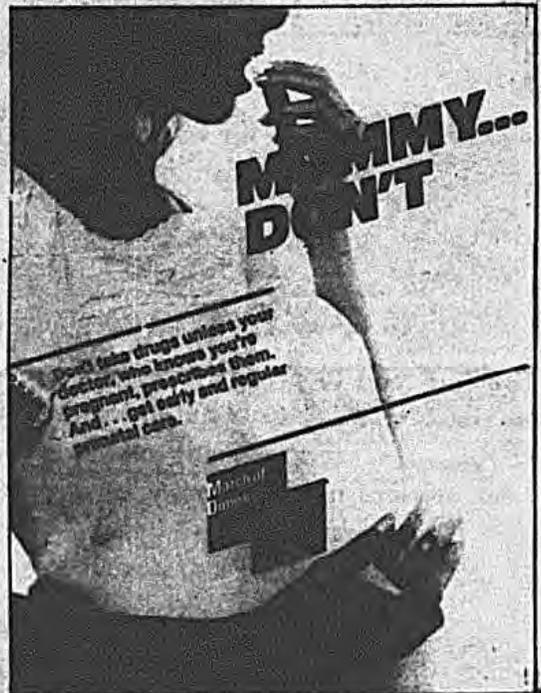
Buses will be loaded in same order as checks are received. For further information, call 433-4204 or 681-0966.



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**LEGAL NOTICE
BRIDGEHAMPTON
REALTY CO.**

Notice is hereby given that the persons herelina named have formed a limited partnership for the transaction of business in the State of New York and elsewhere, and have filed a Certificate in the Clerk's Office of the County of Nassau, which the substance is as follows:

1. The name of the limited partnership is **BRIDGEHAMPTON REALTY CO.**

2. The character of the business is a general business and the buying, selling, developing and resale of real property.

3. The location of the principal place of business is 17 Hollywood Drive, Plainview N.Y. 11803.

4. The name and place of residence of each member is as follows: **SELMALEE KAUFMAN**, 17 Hollywood Drive, Plainview, N.Y., who is the general partner; **JEROME KAUFMAN**, 157 Hidden Ridge Drive, Plainview, N.Y. 11803; **SUSAN DANDENEAU**, 27 Edison Street, Plainview, N.Y. 11803; **JOHN MARSHALL**, 109 Harbourview, Massapequa, N.Y. 11803.

5. The term for which the partnership is to exist is from the 1st day of July, 1987 to the 31st day of December, 1990 inclusive.

6. The amount of cash contributed by each limited partner is \$33,333.33.

7. No other property is contributed, and no additional contributions are agreed to be made by any limited partner.

8. The time when the contribution of each limited partner is to be returned is upon dissolution of the partnership.

9. The compensation of each limited partner is the return on capital investment that the limited partnership earns.

10. No right is given a limited partner to substitute an assignee as contributor in his or her place, nor may the limited partners admit additional limited partners. No right to priority is given any limited partner over the others as to contribution or as to compensation by way of income. In case of the death of a general partner, a new general partner may be appointed to continue the partnership to the end of the term.

11. The Certificate referred to above has been sworn to by all the general and limited partners.

Dated: Plainview, New York July 15, 1987

BN 3008
6x8/21,28,9/4,11,18,25

GRANDPARENTS - Send in your grandchildren's photos and enter our "World's Most Beautiful Grandchildren" contest. See the Notice column in the Classified Section for more information or call 931-4912.

**RoadRunnersClub
Invites Partners**

The Plainview-Old Bethpage Road Runners Club cordially invites all local runners to join in its weekly distance training runs, held every Sunday morning, starting at 8 a.m. at Syosset High School.

Fifty or more runners, of all ages and abilities, both men and women, generally congregate at Syosset High School on Sunday mornings to participate in carefully measured runs of from anywhere from eight miles on up. With the fall marathon season approaching, there are groups that will be doing the longer runs necessary to prepare for the marathon distance. Experienced runners are on hand to give advice to newcomers.

Whatever your pace and distance, you're likely to find friendly company to run with on Sunday mornings at Syosset. For more information, call POBRRC President Mike Polansky at 433-0919, or just show up at Syosset High School, on South Woods Road (about 1/2 mile north of Jericho Turnpike) in Syosset.

**Local Named
Bank Manager**

Plainview resident Dorothy A. Losquadro has been hired as Branch Manager for Central Federal Savings' branch in Island Park. Prior to joining Central Federal Savings, Ms. Losquadro was an Operations Supervisor for Lincoln Savings Bank.

Speaking of her new position, Ms. Losquadro said: "I am proud to have the opportunity to contribute my services to Central Federal Savings and will strive to make the Island Park branch the very best of our branches."

Ms. Losquadro is a member of the National Association of Mutual Savings Bank. She is a graduate of Hofstra University, which awarded her a Bachelor of Business Administration degree in Finance and Business Administration.

**Assault Arrest
In Bethpage**

The Eighth Squad reports the details of an assault that occurred outside the 7-11 Store, Seitz Drive, Hempstead Turnpike, Bethpage, at 12:50 a.m. on August 14.

Oscar Wahl, 17, of Bethpage, was outside when Anthony Chiarello, 17, of 90 Rushfield Lane, Valley Stream, allegedly assaulted him with a baseball bat.

Wahl had been operated on recently and the assault by the baseball reopened where the operation occurred. Wahl suffered a laceration to his right side. He was taken to Mid Island Hospital, Bethpage.

Chiarello was arraigned in 1st District Court, Mineola.



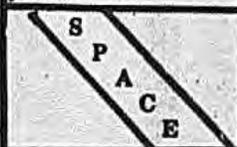
New York Telephone switched services foreman Jim Martellaro, of 19 Emmaus Avenue, Bethpage, holds still for special thanks from his supervisor, area operations manager Esco Getty. When Getty began to chide on a piece of tuna at lunch recently in Garden City, Martellaro quickly applied the Heimlich Maneuver, a highly successful method for dislodging foreign objects from the windpipe or throat. It worked, as photo shows. "Jim saved my life, even though most of the time he feels like killing me," Getty quipped. Martellaro, who has worked with Getty for almost six years, said, "We disagree all the time, but we have a very healthy working relationship."



Nassau County Executive Thomas S. Galotta proclaimed "Rotary Day" in the County of Nassau at a Reception which was recently held. This Reception was held in recognition of the outstanding contributions that the Rotary Clubs have provided for the community. Joining the County Executive is Peter A. Galante who is the President of the Bethpage Rotary Club.

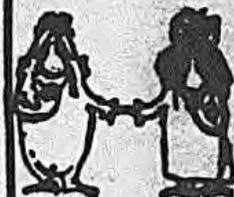
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**LEGAL NOTICE
CERTIFICATE OF
LIMITED PARTNERSHIP
HAMPTON INVESTORS I**

This Certificate of Limited Partnership is filed for Hampton Investors I, a New York Limited Partnership created to own real estate and structure real estate investments, with its principal place of business c/o its General Partner, Hobar Management, Inc., 350 Jericho Turnpike, Jericho, New York 11753. The Limited Partners are those individuals whose names, addresses and capital contributions, are indicated on the attached schedules. The General Partner has contributed the sum of \$100.00. Term of Partnership is until April 30, 2017.

Schedule of Limited Partners

Class A Limited Partners	
Name and Address	Capital Contribution
Allan Greenberg, 52 Amy Drive, Sayville, New York 11782	\$25,000.
Harriet Kolber, 110 Soundview Drive, Port Washington, New York 11050	\$40,000.
Harriet Kolber, as custodian for Eric Kolber, a minor, 110 Soundview Drive, Port Washington, New York 11050	\$5,000.
Harriet Kolber, as custodian for Jeffrey Kolber, a minor, 110 Soundview Drive, Port Washington, New York 11050	\$5,000.
Arthur Lanoff, 186 Grandview Boulevard, Yonkers, New York 10710	\$50,000.
Bernard Rosen, 17 Arrowood Lane, Huntington Station, New York 11746	\$25,000.
Mark Rudes, 30 Maiden Lane, Jericho, New York 11753	\$50,000.
Leonard Schwartz, 143 Shrub-hollow Road, Roslyn, New York 11576	\$25,000.
Miriam Zimmer, 94 Windsor Gate Drive, North Hills, New York 11040	\$25,000.

Class A Limited Partners
A sum equal to 50% of the amount that would be payable if Class A Limited Partners were to receive a share of profits based upon the ratio of the original capital of such class of Limited Partners to total original Limited Partners capital.

Class B Limited Partners
A sum equal to 100% of the amount that would be payable if Class B Limited Partners were to receive a share of profits based upon the ratio of the original capital of such class of Limited Partners to total original Limited Partners capital.

Class C Limited Partners
All remaining proceeds, except such amount necessary to distribute to the General Partner.

No future contributions required of limited partners, except a call upon Class C Limited Partners. Withdrawn Limited Partners will be repaid in cash. Taxable income, loss and profits, after repayment of Limited Partner's capital contribution, (which will be counted as \$205,000 for Class C Limited Partners regardless of actual amount) and payment of a

LEGAL NOTICE

development fee of \$12,500 per house constructed to be paid to General Partner or his affiliates, will be allocated as follows:

General Partner
1% of income, loss, profits.
Additional Limited Partners to be admitted by consent of the General Partner and 2/3 of Limited Partners. No transfer of Limited Partner's interest without prior consent of General Partners, and 2/3 of Limited Partners. Assignee will assume all obligations and be entitled to all benefits of assignor from date of assignment. Limited Partners may remove the General Partner and substitute a new General Partner by 3/4 vote only in the event of fraud or breach of fiduciary duty. In the event of death, insanity, bankruptcy of General Partners, partnership shall terminate unless vote of 3/4 of Limited Partners selects successor General Partner.

Samuel Zimmer, M.D., 44 Colgate Drive, Woodbury, New York 11797 \$25,000.
Total \$275,000

Class B Limited Partners
Names and Addresses Capital Contribution
David Blank, 35 Ardell Road, Brookville, New York 10708, \$50,000.
Richard Stapen, M.D., 56 Orchard Drive, Woodbury, New York 11797, \$50,000.
MBR Realty Group, Ltd., c/o Financial Directions, 192 3rd Avenue, Westwood, New Jersey 07675, \$50,000.
Total \$150,000

Class C Limited Partners
Names and Addresses Capital Contribution
Frances Douglas, 55 Buttonwood Drive, Dix Hills, New York 11746, \$100.00*
Barry L. Kolber, 20 The Mews, Syosset, New York, \$100.00*
Total \$200.00
*A call may be made upon Class C Limited Partners to require them to increase their contribution up to a maximum of \$102,500 each.
JNJ 7797
6x/17,24,31;8/7,14,21

LEGAL NOTICE

WOODLANDS DEVELOPMENT ASSOCIATES, c/o Hobar Group, Inc., 350 Jericho Turnpike, Jericho, NY. Substance of Certificate of Limited Partnership filed in Nassau County Clerk's Office July 10, 1987. Business: Purchase, own and improve certain real property. General Partners: Howard J. Douglas, 55 Buttonwood Dr., Dix Hills, NY; Barry Kolber, 20 The Mews, Syosset, NY; Matthew Schlowitz, Peacock Path, Quogue, NY. Class B Limited Partner, Contribution & Share of Profits: Woodlands Investors Corporation, c/o Hobar Group, Inc., 350 Jericho Turnpike, Jericho, NY, \$50., 40%. Term: Until Dec. 31, 2030 unless sooner terminated. Additional contributions required. Class B limited partner has no right to substitute an assignee in its place. Additional limited partners to be admitted. No priority among limited partners. Upon the withdrawal, liquidation, dissolution, retirement or resignation of a general partner, remaining general partners may elect within 90 days to continue the business. No limited partner may demand and receive property other than cash in

LEGAL NOTICE

ATHEM FOND ASSOCIATES
C/o Athem Fond Inc., 100 Jericho Quadrangle, Suite 208, Jericho, NY. Substance of Certificate of Limited Partnership filed in Nassau County Clerk's Office June 25, 1987. Business: Own, develop and sell real property as the sponsor a homeowners' association. General Partner: Athem Fond Inc., 100 Jericho Quadrangle, Suite 208, Jericho, NY. General Partner shall contribute purchase contract for the Partnership's property. Initial Limited Partner (ILP) and capital contribution: E. David Hohl, 175 W. 93rd Street, NY, NY, \$10. Term: June 24, 1987 to December 31, 1992 unless sooner terminated. Additional Limited Partners to be admitted and shall make contributions which shall total \$2,400,000. The ILP shall withdraw from the Partnership upon the admission of additional Limited Partners and the return to the ILP of his contribution. Contributions of Limited Partners shall be made all in cash. Upon Partnership's liquidation and termination, General Partner must pay deficit in its capital account. Share of Partnership Profits and Losses: 75% to General Partner and 25% to Limited Partners in proportion to contributions. Share of Partnership cash available for distribution: 1% to General Partner and 99% to Limited Partners until Limited Partners have received an amount equal to the return of their capital contributions and thereafter, 75% to General Partner and 25% to Limited Partners in proportion to their contributions; provided, however, Limited Partners are entitled to receive such greater distribution as may be necessary to pay Limited Partners a 12% cumulative, preferred noncompounded annual return on the undistributed portion of their capital contributions. Sale or assignment of limited partnership interest permissible with consent of General Partner. Upon dissolution, resignation, withdrawal, removal for cause, assignment for benefit of creditors or bankruptcy of the General Partner, Partnership terminated and dissolved unless successor General Partner approved by majority in interest of Limited Partners. No Partner may demand property other than cash in return for his contribution. Management of Partnership to be carried on by General Partner.
JNJ 7799
6x/17,24,31;8/7,14,21

LEGAL NOTICE

CERTIFICATE OF LIMITED PARTNERSHIP SOUTHAMPTON INVESTORS LTD.
This Certificate of Limited Partnership is filed for Southampton Investors Ltd., a New York Limited Partnership created to own real estate and structure real estate investments, with its principal place of business c/o its Corporate General Partner, Hobar Group, Inc., 350 Jericho Turnpike, Jericho, New York 11753. The other General Partner is J.R.M.B. Properties, Inc., 400 South Oyster Bay Road, Hicksville, New York 11801. Limited Partners are Hampton Investors I, a New York Limited Partnership

LEGAL NOTICE

with an office c/o its General Partner, Hobar Management, Inc. 350 Jericho Turnpike, New York 11753, and J.R.M.B. Properties, Inc., a New York corporation with its principal office at 400 South Oyster Bay Road, Hicksville, New York 11801. Term of Partnership is until April 30, 2017. Partners' contributions are:
Hobar Group, Inc. \$ 50.00
J.R.M.B. Properties \$ 50.00
Inc. (as a General Partner)
Hampton Invest. I \$630,000.00
J.R.M.B. Prop. \$315,000.00
Inc. (as a Limited Partner)
Total \$945,100.00

Withdrawn Limited Partners will be repaid in cash. Taxable income and loss will be allocated 66% to Hampton Investors I, 33% to J.R.M.B. Properties, Inc., (as a Limited Partner) and 1% to the General Partners (allocated 1/2 to Hobar Group, Inc., and 1/2 to J.R.M.B. Properties, Inc.) Profit after repayment of Limited Partner's capital contribution and payment to contractor, will be allocated in the same proportion. Additional Limited Partners to be admitted by consent of the General Partner and 2/3 of Limited Partners. No transfer of Limited Partner's interest without prior consent of General Partners, and 2/3 of Limited Partners. Assignee will assume all obligations and be entitled to all benefits of assignor from date of assignment. Limited Partners may remove the General Partner and substitute a new General Partner by 3/4 vote only in the event of fraud or breach of fiduciary duty. In the event of death, insanity, bankruptcy of General Partners, partnership will terminate unless vote of 3/4 of Limited Partners selects successor General Partner.
JNJ 7798

LEGAL NOTICE

CERTIFICATE OF LIMITED PARTNERSHIP
WE, the undersigned, for the purpose of forming a Limited Partnership pursuant to the Partnership Law of the State of New York, do hereby certify as follows:
1. The name of the Partnership is **EXECUTIVE PLAZA ASSOCIATES #1**.
2. The character of the Partnership business to be carried on is to engage in the business of owning, operating, leasing and managing real estate.
3. The location of the principal place of business of the Partnership is 99 Jedediah Turnpike, Suite 203, Jericho, New York 11753.
4. The name and place of residence of each General Partner is as follows:
Roy W. Guttman
6 Kikland Drive
Greenlawn, N.Y. 11740
5. The name and place of residence of the Original Limited Partner is as follows:
Mary Cocha
13 Book Lane
Levittown, N.Y. 11756
6. The term for which the Partnership is to exist is from July 15, 1987 to December 31, 2017, unless sooner terminated pursuant to the terms of the Agreement of Limited Partnership, which provides for termination of the Partnership upon sale of all real property owned by the Partnership or if owners of a majority in interest of the Limited Partners shall vote to

LEGAL NOTICE

terminate the partnership.
7. The capital contribution of the General Partner to the Partnership is One Thousand (\$1,000) Dollars and the capital contribution of the above-named Original Limited Partner is Two Hundred Fifty (\$250) Dollars. Upon the addition of new Limited Partners, the Original Limited Partner shall be required to make a capital contribution of Sixteen Thousand Nine Hundred (\$16,900).

8. No additional contributions shall be required of the Limited Partners.

9. To the extent the cash flow of the Partnership's business is not required for the working capital or operational needs of the Partnership's business, Eight (8%) percent of such cash flow shall be applied to repay the contribution of each Limited Partner on a prorata basis in proportion to each Partner's share of the total capital contributions. The next Eight Four Thousand Five Hundred (\$84,500) Dollars of cash flow shall be paid to the Limited Partners and the balance of cash flow shall be divided Forty (40%) percent to the Limited Partners and Sixty (60%) percent to the General Partner; such payments to be made on an annual basis, if possible.

10. The share of profits or other compensation by way of income which each Limited Partner shall receive by reason of his or her contribution shall be in proportion to his or her contribution to the total capital contributions of the Limited Partners to the Partnership.

11. A Limited Partner shall have the right to assign his or her interest as a Limited Partner in the Partnership, provided the General Partner consents in writing to such assignment and the assignee consents in writing to be bound by the terms of the Partnership Agreement.

12. The General Partner shall have the right to admit additional Limited Partners.

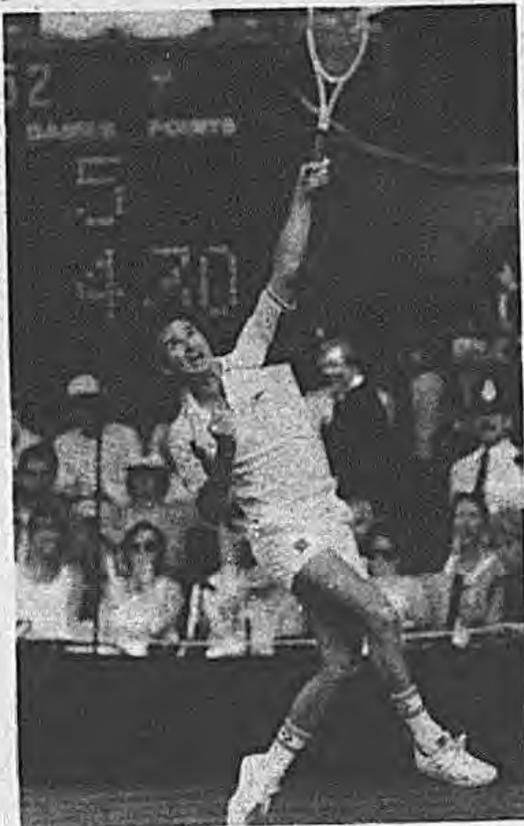
13. There is no right of priority as to the contributions or as to disposition of profits or compensation among the Limited Partners.

14. In the event of the death, retirement, incompetency or permanent disability of the General Partner, a majority in interest of the Limited Partners shall have the right to designate a successor General Partner or General Partners and to continue the business of the Partnership under the same name in conjunction with the newly designated General Partner or General Partners.

15. In the event of the termination or dissolution of the Partnership, a Limited Partner's interest in the Partnership may be returned to him or her in cash or other property at the value at which such property is then held by the Partnership in its books.

IN WITNESS WHEREOF, we have hereunto signed this Certificate this 20th day of July, 1987.

Roy W. Guttman
General Partner
Mary Cocha,
Original Limited Partner



Five time U.S. Open Champion Jimmy Connors.

Connors Joins Local Tennis Event

Five-time U.S. Open champion Jimmy Connors will warm up for this year's U.S. Open by playing in the Norstar Bank Hamlet Challenge Cup presented by Chrysler-Plymouth from August 25-30 in Jericho. Connors joins defending U.S. Open champion Ivan Lendl and this year's Wimbledon winner Pat Cash at the 16-man, \$150,000 event that is played on the same hardcourt surface, Deco Turf II, with the same ball and under similar lighting conditions as are featured at the USTA/National Tennis Center.

Connors was the last American in the draw of this year's Wimbledon Championships reaching the semi-finals of the tournament. He holds a record 105 career tournament titles including eight grand slam events. Connors has been ranked among the top ten players in the world since joining the men's tennis circuit in 1972 and has won over \$7-million in career prize money.

Jimmy Arias, a native of Buffalo who currently resides in Jericho, and Paul Annacone, a lifelong resident of Bridgehampton, have also entered the event.

Arias was a semi-finalist at the 1983 U.S. Open. He has won five career tournament titles and was a member of the victorious 1984 U.S. World Team Cup squad. His highest ranking was Number 5 in 1984. A runner-up at one event and a semi-finalist at another event this year, Arias is currently ranked Number 31.

Annacone eliminated John McEnroe from last year's U.S. Open in the first-round. His highest ranking was Number 12 in 1986, after he reached the

quarter-finals of six tournaments, won two tournament titles in 1985 and reached the quarter-finals of Wimbledon in 1984. He has reached the quarter-finals of three events this year and is currently ranked Number 48 in the world.

Others include North Carolina native Tim Wilkison, he was a quarterfinalist at last year's U.S. Open and the last American representative in the Grand Slam event. He has won six career tournament titles. Wilkison underwent arthroscopic surgery on his knee right after last year's Open. He is currently ranked Number 34 in the world after reaching the final of one event and the quarterfinals of another tournament this year.

David Pate, a native of Los Angeles who resides in Las Vegas, has won one career tournament title. He was a finalist at two events this year playing one of his best tournaments on a hardcourt surface in Tokyo. He upset Ivan Lendl, Johan Kriek and Scott Davis before losing to Stefan Edberg in the final. He is currently ranked Number 19.

Matches will be held August 25 and 26 at 6:30 p.m., August 27 and 28 at noon and 6:30 p.m., August 29 at 1 p.m., and August 30 at 4 p.m. Loge and grandstand seats priced between \$10 - \$25 are available by calling Ticket Master at 888-9000, (212) 307-7171, (914) 965-2700, (201) 507-8900 or (800) 682-8080 (Connecticut and New Jersey only), or the tournament office at (516) 932-1212.

Proceeds from the tournament will benefit North Shore University Hospital's Child Life fund, a treatment program that focuses on all aspects of a child's hospital stay.

Locals Assist In Quilt Convention

The little girl who has enchanted quilt lovers for generations has finally stepped into the 80s! No longer does she stand in only one direction, her face hidden by her bonnet. No longer does she appear exclusively in pale pastels holding a single blossom. She has become bold and can now be seen in her new mode - 82 Sues prancing across six quilts at the Long Island Quilters' Society 12th Annual Convention and Exhibit on Saturday, August 22 and Sunday, August 23, at Adelphi University, Garden City.

Indeed, Sunbonnet Sue has stuck a feather in her bonnet. She swings an executive briefcase. She carries a big radio and a sign proclaiming "Quilting forever; housework whenever." One Sue shakes a hula skirt and another forgot herself totally, doffed her skirt and is seen playing volleyball as a slight breeze raises the brim of her hat to reveal her FACE! One quilt of twelve blocks is a Calendar Quilt, one Sue representing each month.

The six Sunbonnet Sue quilts were created under the direction of Virginia Bennetter and Mildred Bayuk, both of Garden City, who also assembled the quilts, which will be raffled off among the cooperating participants on Sunday afternoon.

Members from this area who participated in this project are Elizabeth Speiser, Ruth Geery and Stella Nadel of Syosset.

In addition to the Sunbonnet Sue quilts, more than 100 quilts created by Long Island quilt-makers will be on exhibit, as well as quilts made by nationally known quilt artists. There is also a children's corner containing child related items and a display of antique sewing aids. There will be lectures on Saturday, and Sunday and a fashion show of quilted clothing and accessories on Saturday afternoon.

The convention will be open to the public Saturday, August 22 10 a.m. to 6 p.m. and Sunday, August 23 from 10 a.m. to 4 p.m. General admission is \$4, senior citizens and students \$3. A cafeteria is on the premises for snacks and meals. Parking is free.

Half the price of a postage stamp. That is all this newspaper cost you per week delivered to you by mail.



Sunbonnet Sue Quilt made by members of Long Island Quilters' Society to be shown at their Convention, August 22-23.

Church Camp Celebrates Anniv.

Special tee shirts were distributed to 87 youngsters in celebration of the camp's tenth year of operation. Held at the Community Church of Syosset, the Red Balloon program is a half day camp experience for children ages 3 through 8. In session from 9:30 to noon during the month of July, the camp accepts children from Syosset and all adjacent communities.

"This was a banner year for us," commented director Rev. Jean Butler, "since we are celebrating our tenth anniversary and the largest enrollment in our history."

The 1987 staff of professional

teachers included Barbara Bolton, Diane Warren, Patricia Lowry, Diane D'Aguzzo, Lorraine Place and Marcia Choate. Serving as teen counselors were Lise Dickson, Jeffrey Schwartz, Kate Berry, Laura Hendrickson, Karen DeLillo and Greg Swartz.

In addition to Red Balloon Camp, Community Church hosts the ecumenical Vacation Church School held during the first week in August and operates a Nursery School for 3 and 4 year olds from September through June. For information about any of these programs please contact the Rev. Jean Butler at 921-2240.



Youngsters from camp join in celebration.

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Quoted rates are for self-liquidating, "full income verification" loans with a minimum down payment of 25% of appraised value on 1- to 4-family homes. The annual percentage rates include origination and placement fees. The Bank sets the interest rates on loans at the time of commitment (for a 90-day period), not at the time of application. The rates contained in this advertisement may change while an application is being processed, and may not be available at the time of commitment. Repayment terms for 10-year (15-year and 30-year) fixed rate loans at the stated rates would be 120 (180 and 360) monthly payments of \$12.94 (\$10.75 and \$9.15) per \$1,000 borrowed. Adjustable rate shown is a below-market introductory annual rate for the first year only. The annual percentage rate is based on the current value of "The Green Point's" Index Interest Rate (currently 11.00%) which is subject to change. The annual rate will not change more than 2% per year (up or down) and, over the life of the loan, will not vary (increase or decrease) more than 3% from the Index Interest Rate in effect at the time the loan is closed.

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ACCOUNT	EFFECTIVE ANNUAL YIELD	CURRENT ANNUAL RATE
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13-MONTH TIME DEPOSIT <small>Minimum Deposit: \$2,500</small>	7.85%	7.56%
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Interest is compounded daily and credited quarterly. For Time Deposits, both principal and interest must remain on deposit a full year to realize the effective yield indicated. However, the seven-month annual rate is subject to change at renewal. A substantial penalty is required in the event premature withdrawal from a Time Deposit is permitted by the bank. For Money Market accounts, interest is compounded daily and credited monthly.

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Syosset Advance, Williston Times,
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The Garden City News
and Great Neck News



Discovery!

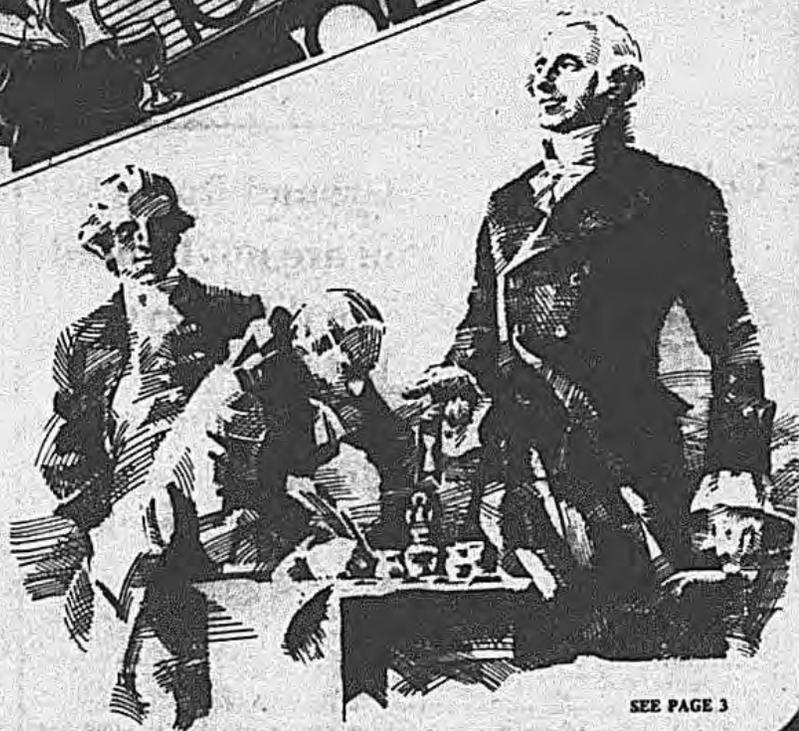
Magazine

The newspaper edition that helps
discover new writers, new ideas
through input and special
family features.

Friday, August 21, 1987



**The Constitution -
Could It Be
Adopted Today?**



SEE PAGE 3



THE QUESTION OF THE WEEK

Would you vote for a Presidential candidate who advocated a tax hike in order to stabilize the U.S. economy?



Most Input Callers Favor School Ban On Smoking

Most callers to Input favor schools banning students from smoking in answer to this question: "Should school districts ban smoking by students?" Here are some of the answers:

NO SMOKING

In answer to the question, I definitely believe that schools should not allow smoking by students. As a matter of fact, it is only in the last 20 years that schools have allowed students to smoke on school property. This change was in a wave of liberalism that set in giving students the same rights as other older citizens. It, of course, made sense in that respect because we do believe that in many matters citizens should have the right to ruin their health if they want to do so. But on an educational basis, giving smoking privileges puts a stamp of approval on smoking and that makes it wrong for an educational institution. J.E.

STOP TEACHERS

If teachers are banned from smoking, then it would be all right to stop students from smoking. But if it is against the civil rights of teachers to stop them from smoking, then it should also be against the rights of students. L.F.

BAD PROBLEM

Smoking in schools creates a bad problem. Rooms are filled with smoke which has to be inhaled by non-smokers. It gives an approval of the schools to smoking in a certain area when there should be no approval because it is unhealthy. They should ban smoking. K.R.

TIMID LEADERS

There is no good reason to continue to allow smoking in schools. Many public office buildings have successfully banned smoking and it is time for education to do some educating rather than following. In fact, if we would educate the students to the horrors of smoking, then there would be very little outcry because they have banned smoking. The trouble is that too many people who set the policy for schools are worried about criticism even when it is not justified. B.M.

ALL WILL GAIN

Yes, school districts should ban smoking by students because we all stand to gain. As far as I'm concerned, there would be a Domino reaction. In other words, there would definitely be a decline in absenteeism and if our students are healthier, our country would be stronger. Perhaps the students should be shown films of people who are dying of lung cancer and that might hit home. A.A.

OTHER ANSWERS

Although I do not oppose the idea that school districts forbid smoking by students, I do not think that is the only answer. Whether or not young people decide to smoke or to stop also depends on other factors. They may have parents, teachers, other role models or friends who may or may not smoke, for example. If the ban is placed for students, it should also be placed for teachers and other adult school employees. Smoking is an unhealthy habit to acquire at any age. C.P.

ABANDON SUBSIDIES

In recent years "do-gooders" in specific, and society in general, have been building a significant stance against smoking. To the contrary, it is my impression that young people have been resisting the trend perhaps more to declare their independence than anything else. School administrators, as well as parents, have been trying to establish a behavior formula to reduce the practice without great success, eventually having arrived at limiting permission for students to smoke on school property to designated areas. Obviously, this hasn't worked and youngsters, particularly young ladies, are continuing to smoke in increasing numbers. Needless to say, if society is convinced that "Smoking is dangerous to your health," there should be no permissiveness at all and school districts should ban the practice completely. However, in my view, our adult society should not speak out of both sides of its collective mouth and if smoking is indeed a dangerous thing, we should abandon subsidies to the tobacco growers. Congress rants about the budget but appears to be completely ignorant of the financial waste to support the tobacco industry which is really the root of the problem and not school limitations. P.G.S.

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Discovery!

The Constitution - Could It Be Adopted Today?



By Jerome J. Niosi, Ph.D.

"The Constitution is the most wonderful work ever struck off at a given time by the brain and purpose of man," declared William Gladstone, prime minister of Great Britain. Yet, given the temper of modern times, one wonders whether the Constitution could be adopted if submitted for ratification today.

Local officials powerful in state politics would condemn the work of the Founding Fathers because the delegates to the Philadelphia Convention had been instructed to meet for the "sole and express purpose of revising the Articles of Confederation." Their mission accomplished, the revisions would then be submitted to the state governments where each had an absolute veto. Instead, the delegates went beyond their instructions. They wrote a new constitution. Their methods were certainly illegal or, at best, extra-legal. Later, Martin Van Buren, President of the United States, would put it bluntly--"It was an heroic and lawless act."

The media, likewise, would have a field day. Their denunciation would border on the hysterical at the injunction of secrecy imposed on the proceedings at the Convention. Sentries were posted at the State House doors. Members could not copy the daily journal without permission. Washington, the presiding officer, admonished the membership: "I must entreat gentlemen to be more careful lest our transactions get into the newspapers and disturb the public repose by premature speculation."

The media would thunder about the "people's right to know." Pundits would intone dirges of conspiracy, weave stories based on hearsay, "leaks," intuition and fabrication to show that the liberties of the people were being sacrificed by secret machinations of the delegates.

Civil libertarians would fulminate against the constitutional guarantees given to slavery. They would be alarmed at the lack of a bill of rights to protect the people from an overweening central government. They would have paroxysms of fear that the executive power would be vested in a President elected, not by the people, but by a College of Electors.

Among minorities, blacks would be enraged that five of them would count as three white men for purposes of representation and taxation. Feminists would look in vain for anything resembling equality with men. And political purists would rail against the notion that tiny Delaware would be given the same vote in the Senate as the mighty New York, Pennsylvania, or Virginia. In fact, George Read, signer of the Declaration, had suggested abolishing state boundaries to reconstitute them as 13 states of approximately equal size. Roger Sherman's compromise was more practical. Give the states equal representation in the Senate and have proportional representation in the House of Representatives.

In these days of the "imperial presidency," who could accept the concept that the executive power be vested in a President of the United States? "He is an elected king," thundered Patrick Henry. And he conjured up the spectacle of the President sauntering forth at the head of his army to "make one bold push for the American throne."

The objections to the Constitution were as profound then as they would be today. The gathering of comparatively young men - the youngest was Charles Pinckney, 29; the oldest, Benjamin Franklin, 81 - had an average age of 43. They began to assemble on May 14, 1787, and by May 25, had a quorum of seven states. They finished their work on September 17. Some of the delegates had left when the Articles were discarded and work on a new constitution was begun. Others left when some pet project was not considered. Others would refuse to sign the completed document and returned home to lobby against it during the local debates on its ratification.

The Constitution of the United States is a brief document dividing broad powers between the central and state governments, with those of the central government separated among three branches of government. In short, it is a framework of government which seeks to implement the philosophic principles enunciated in the Declaration of Independence.

The government envisaged by the Constitution is representative, not "democratic" - a term of opprobrium in 1787. Although the "federal" is applied to it today, it is a national government. This was not lost on Samuel Adams. "I stumble at the threshold," he said. "I meet with a "National" government instead of a Federal Union of sovereign states." Patrick Henry added, "Who authorizes gentlemen to speak the language of "We, the people," instead of "We, the States?"

Indeed, although the pro-constitutionalists appropriated the term "federal" to allay suspicions of the central government, state sovereignty was to prevail in many areas of the country until the Civil War ended at Appomattox. "National" sovereignty was further enhanced when the Supreme Court ruled in 1869 that the Constitution had created an indissoluble union - the United States, never the romantic, whimsical notion of these United States.

Nowhere was the political genius of the American people more evident than in the debates in each of the states over the ratification of the new Constitution. Under the Articles, each state had a veto. Since all states were not present at Philadelphia, it was determined that ratification would require only nine states, the new government going into effect for those nine. The others taking no action, or rejecting the Constitution, would be considered foreign nations. Because of the evident opposition, it was further determined that special conventions in each state would consider and act on the proposed constitution. It was in these conventions that the most searching examination of the Constitution was made.

In the meantime, Delaware became the first state to adopt the new government; North Carolina, the first to reject it. Rhode Island, who sent no delegates to the Convention, remained outside the consideration. The important debates centered on Virginia and New York.

Te Patrick Henry, Washington wrote, "I wish the Constitution...had been made more perfect. But I sincerely believe it is the best that could be obtained at this time...it appears to me that the political concerns of this country are in a manner suspended by a threshold...and if nothing had been agreed on by the Convention, anarchy would soon have ensued." It was the immense stature of George Washington which overcame the opposition of Patrick Henry, the most popular man in that state.

In New York, Alexander Hamilton, one of the most brilliant men in the colonies; James Madison, the "Father of the Constitution;" and John Jay, who was to become the first Chief Justice of the United States, began to write a series of 85 articles expounding in profound analysis, the nature of the document. Signed with a pseudonym, "Publius," the essays were to become known as the "Federalist," the finest exposition of the Constitution ever written and still consulted by scholars. By sheer force of logic, the Anti-Federalists were over and by a margin of three votes, New York approved the Constitution.

But New Hampshire had already become the ninth state to ratify. Nevertheless, without New York, the United States would have been cut in two. It was essential that New York join the Union. It did and the survival of the Constitution was assured.

Why has the Constitution survived for two centuries? Other constitutions have been more "democratic." Many are more detailed. One South American jurist in exile from his own country had this explanation: "There are two views of a national constitution. One is that which prevails in the United States. It is a constitution that people live by. The other is the constitution which serves as an ideal to which people aspire. This latter view tends to encourage conventions to write more philosophically with its citizens reacting more emotionally." In writing the American Constitution, John Dickinson uttered the significant ingredient for its success: "Experience must be our only guide. Reason may mislead us."

Despite Gladstone's panegyric, the Constitution was surely not the work of four months. The Constitution was the result of some two centuries of colonial experience. The colonial immigrant came to the new continent with "charter rights" listing duties and responsibilities. They referred constantly to "rights of Englishmen," to the Bill of Rights. They were familiar with the Mayflower Compact whereby freemen agreed to abide by the will of the majority in the government of Massachusetts; with the Fundamental Order in Connecticut; with the Albany Plan of Union. And above all, colonists were familiar with the Magna Carta.

Moreover, with England busy elsewhere in the world building an empire, the colonials were left to themselves developing means whereby they assumed the responsibility for their own welfare. When finally the British sought to integrate the American colonies into a more efficient imperial organization, the Americans had "grown up" and were capable of taking care of themselves and resisted. They preferred a commonwealth status within the British Empire. When this would not be considered, they preferred independence. When the Articles proved unworkable, they wrote a new Constitution.

ABOUT THE AUTHOR

Dr. Jerome J. Niosi is a New Hyde Park resident and former Superintendent of Schools in Hicksville. In his retirement years, he has made many contributions to Discovery.

DINING GUIDE


Barbara Rader 9/6/82
Cathy Urbach Pannysaver 9/28/84
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 Private Party Room Available
 MAJOR CREDIT CARDS ACCEPTED
 200 Garden City Plaza, Garden City
 at Roosevelt Field
 (Opposite Macy's & Bloomingdale's)
248-9790
 Gift Certificates Available

READER RATINGS



Q. Today most restaurants serve sugar in paper wrappers. Frequently jelly and butter are also pre-packaged. What is the proper way to dispose of these wrappers?
 A. Sugar papers may be put in an unused ashtray. Butter and jelly wrappers may be left in the bread and butter plate.

Q. When a restaurant serves coffee or tea in a mug, where is the spoon left after it is used? I just can't bring myself to put a dirty spoon on the table!
 A. If the restaurant objected to having a dirty spoon on the place mat or table, it would not serve beverages in a mug. But please don't ever attempt to drink your coffee or tea with the spoon left in the mug as I saw someone do recently! Not only is that the height of bad manners, it could also cause an eye injury.

YOU CAN BE A RESTAURANT CRITIC - If you visit any of the restaurants selected for inclusion in this section - call 931-0027 at any hour and tell your ideas. We want you, the reader, to be our critic. Your message then can be printed in this space.

DINING GUIDE


 44 Willis Ave.,
 Mineola
 248-1280
 (1 block n/e Old Country Rd.)
2 Dinners for \$16.95
 Choice of Prime Ribs
 OR
 Baked Stuffed Shrimp
 Sunday thru Thursday
 (Starts at 3:30 p.m.)
Fri. & Sat. Prime Rib Dinner \$9.95
Daily Fresh Seafood Specials
 All dinners include: Salad, Potato, Veg. & Rolls
Dancing Nightly from 10 p.m.
 Sat. Brunch \$5.95
 Kids Complete
 Dinner \$4.95
 Catering All Occasions
 Open Sundays
 For Dinner


Lee's tea garden
 82 Hillside Ave.
 Williston Park
CANTONESE, SZECHUAN
 TAKE OUT Phone 747-4040
 Lunches 11:30-3:30 p.m.
 Dinner til 9 p.m.
 Complete 3.95
 tastefully prepared
 * Fri. & Sat. till 10


The Kitchen
 * Restaurant *
RELAX
 Join Us For
 Lunch or Dinner
 566 MIDDLE NECK ROAD
 GREAT NECK, N.Y. 11023
 (516) 482-8010

 Three Stars Newday
 Summer Hours
 Lunch & Dinner
 Monday - Saturday

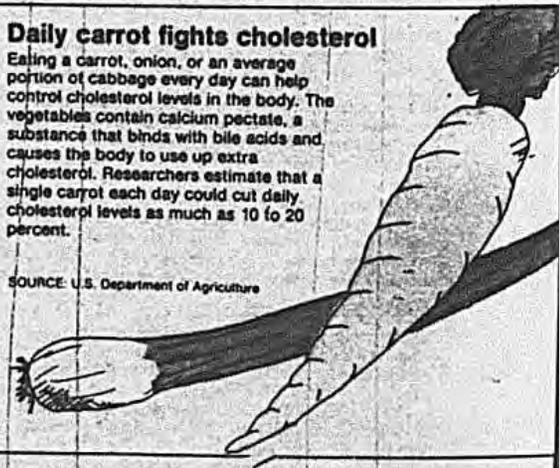

Emmett's
 144 Glen Cove Rd., Carle Place
741-0626
 CHILDREN'S MENU AVAILABLE
 HOURS OPEN 7 DAYS A WEEK
 MON.-FRI. NOON TO 11:00
 SAT. & SUN. 4:00 TO 12:00
WEEKEND SPECIAL
ALL THE SHRIMP YOU CAN EAT FOR \$12.95
 Includes Glass Of Wine
 Featuring American Continental Cuisine
 And Fresh Seafood
 All Major Credit Cards Excepted
 144 Glen Cove Rd., Carle Place

HEALTH WATCH

Daily carrot fights cholesterol

Eating a carrot, onion, or an average portion of cabbage every day can help control cholesterol levels in the body. The vegetables contain calcium pectate, a substance that binds with bile acids and causes the body to use up extra cholesterol. Researchers estimate that a single carrot each day could cut daily cholesterol levels as much as 10 to 20 percent.

SOURCE: U.S. Department of Agriculture



Coral House
RESTAURANT & CATERERS
OVERLOOKING SCENIC MILBURN LAKE



for Dining

SUNDAY BRUNCH COCKTAILS
LUNCHEONS DINNERS

FOR YOUR DANCING & LISTENING PLEASURE WE
FEATURE THE MUSIC OF AL LYLES WEDNESDAY
THROUGH SUNDAY INCLUDING
SUNDAY BRUNCH.

BEAUTIFUL LAKESIDE SETTING

for your Wedding

SPECIAL LOW RATES FOR
MAY AND AUGUST
JANUARY, FEBRUARY, & MARCH

- MODERATE PRICING • PERSONALIZED ATTENTION
- LAKESIDE CEREMONIES • ENCLOSED OUTDOOR DECK
- SPECIAL BRIDAL AND COCKTAIL ROOMS
- SPECIALIZED AFTERNOON RATES
- BRUNCH AND BUFFET PACKAGES

for Catering

CATERING
FOR ALL OCCASIONS

WEDDINGS • ANNIVERSARIES • BAT & BAR MITZVAHS
FASHION SHOWS • BRIDAL SHOWERS
BUSINESS MEETINGS • LUNCHEONS & DINNERS
BRUNCHES & BUFFETS

MILBURN AVE. BALDWIN, N.Y. (914) 352-2200

READER RATINGS



CUT ABOVE OTHERS
We have been to many Japanese restaurants. There seem to be more and more these days. However, the Umali on Merrick Road in Merrick is far above all of the others so far as we can see.
They, for one thing, do not give tiny portions that are the going fare at many Japanese restaurants. The decor is excellent and relaxing like a trip to Japan and if you order Sukiyaki it will be prepared at your table as ours was. The taste, plus the aroma make it one big event. The Umali Restaurant is a cut above all other Japanese restaurants. G.R.

Stella Ristorante

Gourmet Italian Specialties
created with the finest
Veals • Seafoods • Beef
Homemade Pastas
and
Our famous sumptuous desserts
An unforgettable dining experience!
Buono Appetite
152 Jericho Turnpike Floral Park
516-775-2202
A Family Tradition since 1960

Lello Ristorante

"A Fine Balance
of Northern and
Southern
Italian Specialties...
Polished and
Sophisticated."
NY Times
Mimi Sheraton
Private Room For Parties
65 East 54th St.,
N.Y.C.
212-751-1555

Rated ** by Newsday
4-12-87 Peter M. Glanoff.
Daily News 2-20-87 -
Restaurant of the Week

Ischia Ristorante

OPEN 7 DAYS FOR
LUNCH & DINNER
Featuring
Superb Italian Cuisine

LUNCH 12-3, Mon.-Fri.
DINNER 5-10:30, Mon.-Fri.
5-11, Fri. & Sat.
2-10 Sun.

931-2570
275 Old Country Rd. Hicksville
between Wantagh Pkwy & Route 106

Galleria

- EARLY BIRD SPECIAL
- FRIDAY & SATURDAY 4 P.M.-6 P.M.
- COMPLETE DINNER SPECIALS
- SUNDAY DINNER 2 P.M.-9 P.M.
- HAPPY HOUR FROM 4-6 P.M.
- DAILY LUNCHEON SPECIALS
- PRIVATE PARTIES AND CATERING
- SPECIAL CHILDREN'S MENU

**Kids Eat Free
On Sunday**
Children 12 & Under
limit 1 child's entree per adult entree

Expires 9/30/87

All Pasta Made Fresh at the
International Gourmet Gallery, 270 Nassau Blvd., 486-3417
All Wines Specially Selected at
International Wine Gallery, 270 Nassau Blvd., 486-3383

GALLERIA RESTAURANT
9 Nassau Boulevard, Garden City South
(516) 485-4848
(midway between Stewart Avenue and Hempstead Turnpike)

Mahoney's Since 1948
Hillside Restaurant

STEAK • CHOPS • SEAFOOD A SPECIALTY!
Lunch & Dinner Specials Daily
Catering Available
Open 7 days • Sunday to 9 p.m.
We Honor Major Credit Cards

294-6404
28 Hillside Avenue
Williston Park

RESTAURANT GUIDE

KENNY'S CAFE

Catering For Small Groups

Something well worth travelling to!

Open 7 days for brunch lunch dinner

Special Brunch Saturday & Sunday

729 South Oyster Bay Rd. Bethpage 433-3338
(East 43 of L.E. 1 block south of Old Country Rd)

READER RATINGS

Willy Ruech's **NEW HYDE PARK INN**

OPEN DAILY FOR LUNCHEON & DINNER FL 4-7797

Banquet Facilities • We do not accept Credit Cards

Alternate QUEENS NUMBER 718-343-7380

214 Jericho Tpke. & South 3rd St., New Hyde Park Closed Tuesdays

18 Years of Fine Italian Cuisine

Critically Acclaimed
*** Cathy Urbach
Sheldon Landroehr of Who's Who in American Restaurants

Iannone's Restaurant

We Have Devoted the Last 18 Years to Serving the Most Unique and Flavorful Veal, Chicken & Fish

Try Our Specialties:
Veal Termina
Chicken Cuomo
Shrimp Syracusa

382 W. JOHN ST. HICKSVILLE 931-8858

Private Room Available For Parties
All Major Credit Cards

Open 7 Days for Dinner
Lunch - Mon. thru Fri.
Service & Quality At Its Highest

DELIGHTFUL SURPRISE

We decided not to judge a book by its cover and had dinner in Hampton Cafe, 43 Great Neck Road. It was highly recommended by friends, therefore we entered in spite of the fact that it appears like a dark bar from the outside.

What a delightful surprise it was to discover this small, unassuming restaurant in the back with its superb food as well as excellent and friendly service. In addition, the price is right.

A.H.

YOU CAN BE A RESTAURANT CRITIC

If you visit any of the restaurants selected for inclusion in this section call 931-8877 at any hour and tell your ideas. We want YOU, the reader, to be our critic. Your message then can be printed in this space.

"Worth A Trip From Anywhere"

Wiegels Place

Wiggle On Down To Wiegels"

A Unique Tavern-Restaurant Offering Continental Dishes PLUS American Favorites

Enjoy Our Daily Blackboard Specials Luncheon & Dinner. Served Monday through Saturday Sunday Family Dinner 4 to 9 PM

You'll ♥ Our Bar Party-4 to 7 PM Daily

100 Herricks Road, Mineola
Reservations 746-3713

St. James

742-3040 Major Credit Cards

190 Second St., Mineola (1 blk N. of LIRR)

SUMMER FISH FRY

EVERY WED. NIGHT

Fried Seafood Combination Platter.....	9.95
A Generous Selection of Jumbo Shrimp, Bay Scallops, Fried Clams and Filet of Sole	
Fried Maryland Soft Shell Crabs	8.95
Lightly Breaded and Fried - a Seasonal Favorite	
Tiny Tender Bay Scallops...Sweet & Juicy.....	7.95
Jumbo Fried Gulf Shrimp.....	8.95
Golden Fried Clams..... Breaded Clam Strips Deep Fried	6.95
Fried Filet of Sole ... Breaded and Golden Deep Fried.....	6.95

Above served with a choice of cup of soup or a garden salad with fries and rings

Regular Menu Also Available

Ice Cold Coors, Budweiser, Miller Lite and Bass Ale on Draught.

Bring this ad for a complimentary round of drinks for you and your party.

Wednesday from 5-11 p.m.

RESTAURANT LOUNGE

hemmingway's

Specialty BAR-B-QUE'd Chicken & Ribs also serving a variety of seafood entrees as well as Italian Cuisine

ITALIAN SMORGASBORG

TUES. & THURS. All You Can Eat 9.95
MON. All The Chicken & Ribs 10.95
WED. Cajun Nite-Blackened Steak 10.95
FRI. Seafood Specialties SAT. Prime Rib 11.95

LIVE MUSIC & DANCING

Wed., Fri. & Sat. Nite 9PM to 2AM
Contemporary Top 40's & Oldies

DINNER 5PM to 11PM MON. thru Sat.
10.95 Mon. thru Fri. & Sat. after 11PM

28 Jericho Tpke., New Hyde Park, N.Y. 516-354-7728

JERICHO, N.Y.

Maine Maid Inn

Luncheon • Cocktails • Dinner

American Traditional Cuisine Circa 1780

935-6400
East of Routes 106-107
On Jericho Tpke.

Facilities For Executive Meetings & Private Parties

Recommended by:
Florence Fabricant
N.Y. Times
Walter Kaner
Daily News

Northern Italian
Cuisine
with Roman Specialties



La Cisterna

La Cisterna is the sister restaurant of the famous "La Cisterna" in Rome, Italy. We create the same atmosphere and fine cuisine for you in Mineola.

- Special Nature Veal
- Fresh Fish
- Lobster
- Chicken Specialty
- Homemade Pasta
- Fettucine Matriciana

Your Host
Angelo

109 Mineola Blvd., Mineola
(516) 746-9474 • (516) 248-2112

MAJOR CREDIT CARDS ACCEPTED

READER RATINGS



DELIGHTFUL EXPERIENCE
Friday night our party of three dined at Emilia's Restaurant on Westbury Avenue in Carle Place. What a delightful experience! We were warmly greeted by Mr. Ivan and his wife Emilia and we found the encounter as warm and friendly as if we were dining at a friend's home in Italy.

Mr. Ivan selected the antipasto for us and it included freshly roasted peppers, artichoke hearts, mozzarella, thinly sliced eggplant like my mother use to make, tomatoes and olives. My choice was zuppa de pesce in a light tomato sauce that was absolutely divine. It included fish, mussels, scallops, clams and calamari. I heartily recommend this dish. My friends had linguine with a delicate sauce and an abundance of seafood, it was called linguine Pescatore. The panini and breadsticks went down smoothly with dinner. The desserts were outstanding, fruit tart, milky chocolate mousse, cheesecake. We topped off our excellent dinner with cafe espresso.

Do try Emilia's, it is intimate and cozy. **E.H.**

GRANDPARENTS - Send in your grandchildren's photos and enter our "World's Most Beautiful Grandchildren" contest. See the Notice column in the Classified Section for more information or call 931-0012.

DINING GUIDE

Gemelli Restaurant

Northern Italian 6 Course Gourmet Dining From

\$895*

Includes:

- Hearty Soup
- Garden Salad
- Entree Specialties with vegetables
- Choice Of Pasta
- Homemade Desserts
- Coffee, Tea Or Brewed Decaf.

*Available Sunday thru Friday from 4:30 - 9:30 p.m. Saturdays till 6:30 p.m. OFFER NOT VALID ON HOLIDAYS

CATERING

2934 Hempstead Turnpike, Levittown
(1/2 Mile E. Wantagh Pkwy.)
(In Citibank Shopping Center)

Reservations 579-4566 Closed Mon

FREE Wine with mention of ad

Mineola's One & Only

Piccola Parma Restaurant

Northern Italian Cuisine

NEWSDAY
Silvia Carter's Choice Restaurant
To Go Back To In '87



Cozy Atmosphere
Friendly Service

Serving Lunch & Dinner
Open 6 Days A Week
CLOSED MONDAYS
Call For Hours Serving!

Blackboard Specials
THE BEST
PASTA IN TOWN!
WITH THE FINEST
FOOD AROUND!

150 East Jericho Tpke., Mineola
248-8110

ALL MAJOR CREDIT CARDS

OSAKA 飯

JAPANESE RESTAURANT, SUSHI BAR

Specialties:
• Tempura
• Teriyaki
• Sushi Bar Open

Lunch Specials - 11:30 a.m. - 3:00 p.m.
Served w/ Rice, Soup & Salad

Dinner Specials
Served w/ Rice, Soup, Salad & Shumai Appetizer

Sun-Thurs 11:30-10:00 p.m. Fri & Sat 11:30-11:00 p.m.

94 HEMPSTEAD TURNPIKE, WEST HEMPSTEAD, (516) 538-3838

Delancey Street

cafe

A UNIQUE RESTAURANT AND GATHERING PLACE
COMPLETE DINNER SPECIALS -
Serving 7 Days a Week
Cocktails • Lunch • Dinner
Saturday & Sunday Brunch

Wednesday Sunday & Monday

SURF & TURF SIRLOIN STEAK
\$10.95 \$8.95

Available for dinner & cocktail parties

133 MINEOLA BLVD., MINEOLA N.Y.
746-1316



Orchid RESTAURANT

蘭苑

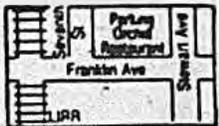
SPECIAL BUSINESS LUNCHEON

START AT \$4.75 MON.-SAT.

Night Life: May 1987
Orchid maintains an exquisitely high level of Chinese cuisine. All the favorites of haute Chinese are available; so are a few preparations you just won't find elsewhere.

"The Orchid may be the Most Beautiful Chinese Restaurant on the Island"
Walter Kaner Aug. 29, 1986

Take-Out Available, 30 ft. Open Air Bar,
Special Dinner Daily,
Private Catering from 10 to 150 Persons



730 Franklin Ave., Garden City, N.Y.
(516) 742-1116 All Major Credit Cards

DINING GUIDE



For
your
dining
enjoyment

Los porches
The Finest Spanish Classic Cuisine.

Look For Our New Dishes

EVERY SUNDAY
CARLOS CASTILLO & HIS GUITAR
Singing Romantic Love Songs

THE GREAT EVE MARGARET
Singing Wednesday Evening

150 Steamboat Road, Great Neck
Call for Directions 482-0190 482-9062
Major Credit Cards Accepted • Ample Free Parking

Celebrating
Our 13th
Anniversary

We are not on the main
highway - but it is worth
your time to discover us!
Open 7 Days for Dinner
Lunch-Monday
thru Friday

We're Special!

Your Place...
or Mine

For...
Lunch
Dinner
Private Parties

Call us...and ask us why?

280 Hillside Ave. Williston Park 248-1891

BoMont's
CAFE

Daily Lunch
&
Dinner
Specials

Mon.-Sat.
Open 11:30

Sunday
3:00 p.m.

516
746-1450

Complete Dinners
Starting at 4:30

Garlic Bread
Fruit Salad or Soup
Garden Salad

Choice of Entree
Potato or Rice
Fresh Vegetable

Coffee or Tea
Dessert of the Day

Only 9.95 to 13.95

Not Valid With Any Other Offer
71 Hillside Ave.
Williston Park, N.Y. 11596

READER RATINGS



ATTRACTIVE RESTAURANT

A great restaurant is Surfside on Hillside Avenue in New Hyde Park. You will enjoy the restful decor, and attractive surroundings. Whether you order steak or seafood, you will find it well prepared and attractively served.

I find it refreshing to dine leisurely, in a quiet setting. There is also ample parking and - it is so convenient. How nice to have such a good restaurant practically in our backyard! I think you will concur that this is a place you will want to share with your friends. E.E.

B.B. nolan's
Italian American Restaurant

Open 7 Days
Major Credit
Cards

1902 Jericho Turnpike
New Hyde Park • 352-8340
Just East of
N.H.P. Road

New Hyde Park's Own
villa san remo
Fine Authentic Italian Cuisine
Ristorante & Pizzeria

Orders to go or eat in
& enjoy our cozy
Family Atmosphere
Dining Room

We Are Now
Serving
Beer & Wine!

Steak, Veal
Chicken, Pasta
Specializing in
Sea Food

(516) 354-6802

Daily Specials
Open 7 Days

1616 Hillside Ave.,
New Hyde Park
Just East of New Hyde Park Road

Four of the Most
Tasteful Places In America

Patrick's Pub
252 NORTHERN BLVD., LITTLE NECK 423-7600
Serving Delectable Food & Drinks • Noon - 3 A.M.
"Folksongs & Ballads Weeknights & at Sunday Brunch"

HARP & MANDOLIN
291-01 NORTHERN BLVD., BAYSIDE 224-4300
CONTINENTAL MENU • OYSTER & CLAM BAR
Special Steaks • Veal & Fresh Fish • Noon - 2 A.M.

Kenny's Cafe & Claddagh Grille
A STYLISH CAFE AND IRISH PUB
729 So. Oyster Bay Rd., Bethpage 516-433-3338/516-931-9013

The Claddagh Gift Shop
252-24 NORTHERN BLVD., LITTLE NECK 224-3500
(next door to Patrick's Pub)
Crystal, China, Jewelry, Sweaters, Books, Art Fashions.
Has to be seen. Nothing like it in New York. Come in & browse

**Chez
Arturo**

Innovative
Northern Italian
Cuisine

Lunch - Tuesday-Friday
Noon-3 p.m.
Dinner - Tuesday-Sunday
From 5 p.m.

Reservations, please call:
496-8090

30 Berry Hill Road
Syosset

DINING GUIDE

READER RATINGS



DINING GUIDE

PAGE 9A Friday, August 21, 1987 READER RATINGS

SPECIALS **CATEREL 80** *Le Petit Jardin* Caterers

SEASON'S GREETINGS!

NO, It's Not Too Early To Plan This Year's Holiday Parties... From Thanksgiving Through New Year's We Still Have Choice Dates Available. Our Reputation for Perfect Parties Is Unparalleled! No Party Is Too Small Or Too Large For Us. For Further Information, Call Dennis Ric (516) 889-4077. And Happy Holidays!

Q. When dining out I have often seen women wearing their coats to the table, then depositing them on the back of their chairs. However, I have never seen a man do the same thing with his overcoat. Is there really a difference in etiquette for men and women in regard to checking coats?

A. Yes, a man always checks his coat in a restaurant. But a woman has the option of checking her coat or bringing it to the table.

Q. There is a great catering place in my neighborhood which features wonderful food at moderate prices. However, dinners are always served "family style". Meat and vegetables are placed in large platters which guests pass around just as if they were eating at home.

There is one problem with this type service, though. I notice that some people take more than their fair share or perhaps take all white meat when turkey is served. What can be done about this?

A. There is really nothing that you can do under the circumstances. Family style dining is a nice idea, but it doesn't work unless all the guests are considerate.

Why not ask the manager to provide conventional service, in which food is placed on plates in the kitchen, for your next affair?

Elegant Dining at moderate prices

Any fish lover will appreciate the Executive Restaurant. Fresh fish arrives daily including succulent lobsters, scallops, filet of sole, scrod, bluefish and shrimp prepared any style! Besides seafood, our many pasta, beef, meat and poultry dishes have won wide acclaim. Everything is, of course, prepared with a continental flair.

EXECUTIVE RESTAURANT

121 Mincola Blvd., Mincola

(516) 248-2686 WE'RE PROUD TO INTRODUCE THE WELL KNOWN ARIE LISHANS ENTERTAINER APPEARING THURS., FRI., & SAT., EYES (516) 746-8164

PERSONALIZED CATERING FOR YOUR LUNCH OR DINNER PARTIES

EARLY BIRD DINNER SPECIALS DAILY BETWEEN 4 PM-4 PM MON. - FRI.

\$6.95 - \$9.95

INCLUDES APPETIZER, SALAD, VEGETABLES OR POTATO AND COFFEE

LUNCH & DINNER CLOSED SUNDAYS MAJOR CREDITS CARDS

Devins

126 Seventh Street, Garden City (1 blk. east of Garden City Hotel)

Introducing! The Old Fashioned Sunday Roast Dinner

Every Sunday a special Roast Dinner will be featured that includes - Consomme • the Roast Special with potato & vegetable and traditional side dishes • cookie plate & coffee service.

Adults - 19.95
Children - 12.95

Served from 4:00 p.m. - 9:00 p.m.

Come & Enjoy your Family Favorites at Devins Serving Lunch, Dinner & Sunday Brunch

Catering

Our elegant dining rooms are available for your social & business functions. Complete catering packages available. Reservations early for the Holidays.

Reservations Recommended - 248-3740

Jackets required for dinner - all major credit cards.

West End

CAFE • BAR • RESTAURANT

187 Glen Cove Road, Carle Place (Just North of Old Country Road) (Clark Tower Place Shopping Center)

Reservations 516 294-5608

A MANHATTAN STYLE CAFE

A UNIQUE CATERING EXPERIENCE FOR YOUR SUNDAY BRUNCH PARTIES

LUNCH • DINNER • LATE NIGHT SNACK

HAPPY HOUR MON. THRU FRI. 4 TO 7 PM OPEN EVERY DAY

Lunches • 7 Fresh Salads • Pasta of the Day • Specials of the Day

Dinner • Seafood Specials • Pasta Specials • Blockboard Specials

La Dora

NORTHERN ITALIAN CUISINE

Giorgio Zavagnin announces the opening of LA DORA of Bethpage, L.I. specializing in Northern Italian Cuisine. Giorgio, whose talents made La Capannina of Northport one of the top 10 restaurants on Long Island (Mike McGrady-Newsday-1983), welcomes you to enjoy lunch, dinner, and the ambiance of LA DORA.

Tues.-Fri. - Lunch
Tues.-Sun. - Dinner

320 CENTRAL AVENUE
BETHPAGE. 931-3660

DINING GUIDE



*A New Restaurant Near Home
Comfortable & Casual
Atmosphere*

LUNCHEON DINNER COCKTAILS

Sun. Dinner only 3-9 p.m.
Mon.-Thurs...Lunch & Dinner 11:30-10 p.m.
Fri....Lunch & Dinner 11:30-11 p.m.
Sat. Open at Noon...Dinner 4:30-11 p.m.

2235 Jericho Tpke.
Garden City Park
Reservations 742-7793

READER RATINGS

FAVORITE RESTAURANT

The Executive Restaurant on Mineola Boulevard in Mineola has long been one of my favorite restaurants and I always enjoy their fine, continental cuisine. Last week our party of four dined there, and two of us ordered the Zuppa diPesce, the French call it Bouillabaisse. I have thoroughly enjoyed this dish both in Spain and in Portugal, however I must admit this was the equal if not better. It is usually ordered for two. This dish with French or Italian bread is food fit for the gods.

-If your taste buds are crying for a gustatory delight, try it! I heartily recommend it. The atmosphere is friendly, the service is great. The fish is delivered fresh daily. You will come away with a mental note, that this is a place to re-visit soon again. L.P.

DINING GUIDE

KING'S GARDEN
Chinese Restaurant

帝苑
Hunan & Cantonese
Mandarin, Szechuan

FINE DINING

SPECIALS
Luncheon **\$3.95** and up
Mon. thru Fri.
Over 30 Different
Main Courses
Complete
Dinner
\$9.95
and up

190 Hempstead Tpk.,
West Hempstead 292-1650

All Major Credit Cards Accepted
Parking in rear Open 7 days a Week

Enjoy Yourself

What could be better than a great meal (at a great price!) shared with that special friend?

The
DINING GUIDE

In the Discovery Section of this Newspaper

An
Experience
in
Good Taste.



DINING GUIDE

In the Discovery Section
of this Newspaper

RIGGLES

OFFERS:
•FILET OF SOLE & SHRIMP SCAMPI YOUR CHOICE
•VEAL & ZUCCHINI FARMIGIANA
•STUFFED SHRIMP & STEAK
SERVED WITH SAUCE PLUS FRIES OR RICE
Sun., Thurs., Fri. & Sat. 6-8 p.m.
8.95

BRUNCH
SAT. & SUN. NOON TO 2:30 p.m.
CHOICE OF:
• Omelette
• French Toast W/ Bacon Or Ham
• Steak & Eggs
• Quiche W/ Mashed Sals
• Steak Frites
PLUS COCKTAIL, COFFEE & ICE CREAM
\$7.95

LUNCH
Monday thru
Sunday
Noon To
2:30 p.m.
3.95
&
up

HAPPY HOUR 4pm-7pm
Mon. thru Fri. \$1.25 Bar Drinks
Hot Buffet

FREE T-SHIRT DRAWING
SINGLES NIGHT
WED. & THURS.
833 OLD COUNTRY RD.
WESTBURY
(OFF STEUBACK ST.)
997-3666



LIVE DANCE MUSIC
50's & 60's Thurs. thru Sat.
No Cover, 25 & Over - Proper Attire

Raffaele's

RESTAURANT & PIZZERIA

IMPROVED
"NEW"

DELICIOUS
FOOD



DON'T
COOK.
..CALL
RAFFAELE'S!

Come In And
Say "HELLO"

to Your
New Neighbors
at RAFFAELE'S

4020 Hempstead Tpke.
Bethpage, N.Y.

PIZZA
CALZONES
HEROS
DINNERS
DESSERTS
& COFFEE

OPEN 7 DAYS
CALL US AT
731-6255

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A PARTY?
...SPECIAL
CATERING
BY PROFESSIONALS

*Pick-Up Window
Available - Specify
Window Pick-Up
When Ordering

Manero's
STEAK HOUSE of SYOSSET
888 JERICHO TURNPIKE, SYOSSET

921-1690

•PRIME RIBS •LOBSTER
•GIANT SHRIMP
and as always....
•GREAT STEAKS & CHOPS

Served in a Chicago Steak House
atmosphere. Come see & taste
the difference!

VISIT OUR MEAT SHOP
OUR BUTCHERS WILL CATER
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BUSINESS LUNCHEON SERVED



By Melanie Barnard
and Brooke DeJoy

Summer surplus

Well, it's that time of year again.

Only a few short months ago, we looked at that innocent little double-leaved squash seedling at the garden nursery and thought that it surely would be lonely, so we bought three or four more to keep it company.

The seasoned ground lamb stuffing for our zucchini and yellow summer squash makes an equally lovely filling for halved and scooped out pattypan squash that have been par-cooked in the same manner as the zucchini, as well as hollowed-out meaty tomatoes. Eggplant also make a terrific stuffing case. Use the smaller Italian or slim Oriental eggplant cut in half lengthwise, cross-cut the flesh and sprinkle with salt. Let stand about 30 minutes to leech out any bitterness, then rinse well and brush cut surfaces lightly with olive oil. Prebake flesh side down, in a pan with about ¼ inch water added at 400 F for 10 to 15 minutes. Scoop out the interior flesh, chopping and adding it to the stuffing if you wish, fill the shells and bake as directed in the recipe.

LAMB AND FETA STUFFED SQUASH

- 2 medium zucchini (about ¼ pound)
- 2 medium yellow summer squash (about ¾ pound)
- 1 pound lean ground lamb
- 2 plum tomatoes, cored and seeds gently squeezed out
- 1 medium onion
- 1 clove garlic
- ½ cup lightly packed parsley sprigs
- 1 tablespoon olive oil
- 1 tablespoon minced fresh rosemary or 1 teaspoon dried
- ¼ teaspoon salt
- ¼ teaspoon pepper
- ¼ cup white wine
- ¼ cup minced parsley
- ½ cup fresh bread crumbs
- Salt and pepper to taste
- 3 ounces feta cheese

Preheat oven to 425 F. Butter or oil 9x12 or similar size shallow baking or gratin dish. Bring large pot of salted water to boil.

Scrub and trim zucchini and summer squash and halve each lengthwise. Parboil in boiling water for 3-5 minutes until nearly tender. Drain and rinse under cold water to stop cooking. Use grapefruit spoon or a small melon baller to scoop out seeds and some of interior pulp of squash halves to make cavities for stuffing. Discard seeds and pulp. (Pulp may be chopped and added to stuffing if you wish.)

Saute lamb in large skillet for about 5 minutes until it loses its pink color. Remove lamb from skillet with slotted spoon. Pour off fat but do not wash skillet.

While lamb is cooking, chop tomatoes, onion, garlic and parsley together in food processor. Heat oil in reserved skillet and saute vegetables for about 2 minutes over medium-low heat. Add rosemary, salt, pepper, wine and meat to skillet and cook, stirring, about 2 minutes. Add bread crumbs and toss to combine.

Place squash halves in prepared baking dish and mound stuffing equally into cavities. Crumble feta cheese and minced parsley atop stuffed squash. Bake 10-12 minutes until cheese is melted and beginning to brown and vegetables and stuffing are hot.

Preparation and cooking time: 35 minutes.

Yield: 4 servings.

CHICKEN PIPERADE

- 4 tablespoons olive oil, divided
- 2 whole chicken breasts, skinned, boned and split (about 1 pound)
- Salt and pepper to taste
- 1 small red bell pepper
- 1 small yellow bell pepper
- 1 small green bell pepper
- 1 medium onion
- 1 clove garlic
- 1 tablespoon minced fresh basil or ¼ teaspoon dried
- 2 teaspoons minced fresh oregano or ½ teaspoon dried
- 2 tablespoons balsamic vinegar

Heat 2 tablespoons of oil in large skillet. Use palm of hand to flatten chicken breasts to even thickness. Salt and pepper both sides of chicken and saute 2-3 minutes per side over medium heat until golden. Remove from skillet.

While chicken is cooking, core peppers and discard ribs and seeds. Thinly slice peppers and onion. Mince garlic.

Add remaining 2 tablespoons oil to skillet and saute peppers and onion for 3-4 minutes until just softened. Add garlic, basil and oregano and saute about 30 seconds. Taste and add salt and pepper.

Return chicken to skillet and pour vinegar over chicken. Bring just to boil, lower heat and simmer, covered, for 4-5 minutes until chicken is just cooked through and vegetables are crisp tender.

Serve chicken with vegetables and juices spooned atop.

Preparation and cooking time: 25 minutes.

Yield: 4 servings.

microwave magic



By Desiree Vivea

Today's recipes feature the water chestnut, a relatively flavorless, but wonderfully crisp addition to many Oriental dishes. The flavor of these recipes wouldn't be affected if you omitted them, but you'd definitely be losing out on some texture.

Technically speaking, the water chestnut isn't a nut at all, but a root vegetable. If you live near a Chinese grocery you can sometimes find them fresh. These will be russet-colored, about the size of a walnut, and covered in mud. Bring them home, wrap in foil or plastic and refrigerate up to a week. Don't rinse off the mud until ready to use (the mud helps keep the bulbs from drying out), then peel and use as desired.

In China, fresh water chestnuts may be boiled in their jackets and eaten plain, or simply served raw. They may also be glazed in rock sugar and candied, or cooked with meat and vegetables, adding their characteristic crunch.

Fresh water chestnuts have a bit more flavor than their canned cousins, since the latter lose some of their sweetness in processing. But the canned variety (imported from Hong Kong, Taiwan and Japan) are much easier to find, keep indefinitely in the pantry, and there's no mud to wash off.

RUMAKI BACON BITES

- 1 (6-ounce) can whole water chestnuts, drained
- 8 ounces fresh chicken livers
- ¼ cup soy sauce
- ¼ teaspoon each garlic powder and ground black pepper
- 12 slices bacon, cut in thirds

Preparation Time: 10 to 15 minutes

Cooking Time: 6 to 9 minutes per dozen (18 to 27 minutes total)

Oven Setting: HIGH (100 percent power)

Slice water chestnuts in thirds. Cut chicken livers in 1-inch pieces. Combine soy sauce, garlic powder and pepper in small dish; dip chicken livers in soy sauce. Place 1 slice water chestnut and 1 piece liver on 1 piece of bacon; roll up bacon and fasten securely with wooden toothpick.

Arrange 12 rumaki on paper towel-lined plate. Cover with another paper towel and microwave 6 to 9 minutes, or until bacon is crisp. Repeat with remaining rumaki. Serve hot.

Makes about 3 dozen appetizers.

CALIFORNIA CHOW MEIN

- 1 cup thin diagonally sliced celery
- ½ cup chopped onion
- 2 tablespoons butter or margarine
- 1 pound lean ground beef
- 1 (10¼-ounce) can condensed cream of mushroom soup

- 1 (12-ounce) can bean sprouts, drained
- 1 (8-ounce) can sliced water chestnuts, drained
- 1 (4-ounce) can mushroom stems and pieces, drained
- 2 tablespoons soy sauce
- Cooked rice or crispy chow mein noodles for 4

Preparation Time: 5 to 10 minutes

Cooking Time: 9 to 14 minutes (plus 5 minutes standing time)

Oven Setting: HIGH (100 percent power)

Combine celery, onion and butter in 1-quart glass casserole. Cover and microwave 2 to 3 minutes, stirring every minute, until vegetables are crisp-tender. Crumble in ground beef. Cover and microwave 4 to 6 minutes, stirring after 3 minutes, until beef is no longer pink.

Stir in soup, bean sprouts, water chestnuts, mushrooms and soy sauce. Microwave, covered, 3 to 5 minutes longer, stirring every 2 minutes, until heated through. Let stand, covered, 5 minutes before serving over rice or crispy Chinese noodles.

Serves 4.

CANTONESE PORK

- 3 tablespoons butter or margarine
- 1¼ pounds pork tenderloin, thinly sliced
- ½ cup chopped green pepper
- ½ cup chopped celery
- ½ cup chopped onion

- 1 (8-ounce) can sliced water chestnuts, drained
- ¼ cup soy sauce
- 3 tablespoons tomato paste
- 2 tablespoons white wine vinegar
- 2 tablespoons cornstarch
- ¼ teaspoon dry mustard
- Hot cooked rice for 6

Preparation Time: 10 to 15 minutes

Cooking Time: 10 to 17 minutes (plus 5 minutes standing time)

Oven Setting: HIGH (100 percent power)

Melt butter in covered browning skillet (do not preheat) about 1 minute. Add pork, green pepper, celery and onion. Cover and microwave 6 to 10 minutes, or until pork is no longer pink, stirring every 3 minutes. Stir in water chestnuts; set aside.

In 1-cup glass measure combine all remaining ingredients except rice, stirring well to blend. Microwave 2 to 4 minutes, or until sauce thickens, beating with fork every 30 seconds. Stir sauce into pork mixture and microwave, uncovered, 1 to 2 minutes to heat through. Let stand, covered, 5 minutes. Serve over hot cooked rice.

Serves 6.

Cooking Corner

By Antonia Allegra



There's more to barbecue than beef

OK, OK. So you really don't care where the beef is. You'd much rather dig into a teriyaki-soaked swordfish steak or a brochette of baby vegetables.

This is the barbecue season for you.

Inspired by new California-style grill restaurants and a dozen new grill cookbooks, the home cook now can consider grilling almost anything that won't fall through the grates.

The natural flavors of fresh vegetables are enhanced by this method of cooking. Skewer several vegetables (zucchini, crookneck squash, scallions and eggplant are among the best choices), drizzle with olive oil and serve with a spicy peanut butter sauce.

Swordfish, mahi mahi, shrimp, grouper and yellowtail are perfect choices for a grilled dinner. Each filet is firm enough to withstand flipping on the grill. Try marinating in a blend of citrus juices and achiote paste, or a mixture of soy sauce and sesame oil. Fish that are grilled plain gain added appeal when served with a rosette of flavored butter.

Large sea scallops can be skewered with artichokes, grilled and served with a tangy salsa. Nam Prik Shrimp get a boost from a Thai marinade of oil, vinegar and chili slivers. Even tofu makes an appearance at the backyard barbecue — marinated in sesame oil and rice vinegar and served with grilled scallions and green chilies.

In the meat department, squabs, quail and guinea hens are tasty alternatives to barbecued steak and chicken. Pork brochettes can be marinated in white wine, garlic, rosemary and grated lemon rind before grilling. Lamb brochettes take on new personality when marinated in red wine, tarragon and fruity olive oil.

NAM PRIK SHRIMP
12 jumbo shrimp
Nam Prik Marinade (see below)

To prepare shrimp: Shell, beginning at "head." Separate shell on underside and work your way down, pulling shell away gently. With paring knife, remove vein visible just under flesh along back. Rinse and pat dry. Marinate in Nam Prik Marinade for ¼ hour.

To skewer: Soak 4 wood skewers in water for 15 minutes or so. Thread 3 shrimp on each skewer, piercing at head and tail.

To grill: On an open grill over red-hot to medium-hot fire, grill shrimp 2 to 3 minutes per side, basting once after first turn. Shrimp is done when just pink and opaque. Each skewer is 1 serving. Serves 4.

NAM PRIK MARINADE

¼ cup rice vinegar or distilled white vinegar
Juice of ½ lemon
¼ cup olive oil
1 green and 1 red hot serrano chili (or any hot or mild chili pepper), seeded and slivered
½ teaspoon dried red pepper flakes
3 slices lemon zest
1 tablespoon nam prik (spicy) red chili paste

Combine all ingredients in bowl. Mix well. Let stand 30 minutes before using.

Marinate shellfish 30 minutes before grilling.
Makes 1 cup.

SKEWERED SCALLOPS, ZUCCHINI AND ARTICHOKE HEARTS WITH SALSA

2½ to 3 dozen sea scallops
4 medium-size zucchini
6 large artichoke hearts, cut into quarters, or 3 small jars of artichoke hearts
¼ cup olive oil
¼ lime

To prepare skewers: Soak 8 wood skewers in water for 15 minutes or so. If using canned artichoke hearts, drain and reserve oil. Wash zucchini, trim ends, and slice zucchini into ½-inch rounds. Alternate zucchini, scallops and artichokes on skewers, ending with approximately 4 scallops, 3 artichoke hearts, and 5 zucchini rounds per skewer (skewer and grill extras too, of course). Brush with oil (you can use artichoke oil if desired) and squeeze a little lime juice over skewers.

To grill: On open grill over medium-hot to red-hot coals, grill skewers, turning carefully to grill all sides evenly for a total of 6 to 8 minutes, or until scallops are opaque.

Serve with salsa. One or 2 skewers make 1 serving. Serves 4.

SALSA

2 large red-ripe or 4 small tomatoes, minced
1 medium-size onion, minced
2 garlic cloves, minced
Juice of 1 whole lime
Mild: half of a long fresh Anaheim or ancho chili, seeded and minced, or 2 canned whole green chilies
Spicy: 1 seeded and minced fresh jalapeno or 2 canned whole jalapenos
6 or 7 cilantro sprigs
Pinch of sugar
Salt and pepper to taste

Combine all ingredients in bowl and mix well. Allow salsa to stand

at room temperature for 1 hour before serving. Salsa can be made up to 10 days in advance. Store in refrigerator in clean glass jar with tight-fitting lid.

Makes 1½ cups.

FOOD & WINE MAGAZINE'S VEAL TONNATO SALAD

2 tablespoons Dijon-style mustard
¼ cup fresh lemon juice
2 tablespoons minced red onion plus 1 small red onion, thinly sliced and separated into rings
2 tablespoons drained capers
1 tablespoon minced fresh parsley
¼ teaspoon salt
1 cup plus 2 tablespoons olive oil, preferably extra-virgin
1 can (3½ ounces) tuna packed in olive oil, drained and finely chopped
6 large veal scallops (about 1½ pounds), pounded ¼ inch thick
¼ teaspoon freshly ground pepper
1½ teaspoons minced fresh thyme or ½ teaspoon dried
1 head of romaine lettuce
1 lemon, thinly sliced
3 hard-cooked eggs, sliced
6 flat anchovy fillets (optional)

In small mixing bowl, combine mustard, lemon juice, minced onion, capers, parsley and ¼ teaspoon of the salt. Gradually whisk in 1 cup of the oil in a steady stream. Stir in tuna and set aside.

Light charcoal. Brush veal scallops on both sides with the remaining 2 tablespoons olive oil. Combine remaining ¼ teaspoon salt, pepper and thyme and sprinkle over both sides of scallops.

Grill veal scallops as close to hot coals as possible until they just lose pink color, 1½ to 2 minutes on each side. If no grill is available, saute veal in heavy skillet over moderately high heat for about 2 minutes on each side.

Place veal scallops in large shallow bowl and add half the tuna dressing, turning veal to coat well. Set remaining dressing aside. (The recipe may be prepared ahead to this point. Let veal cool to room temperature, cover and refrigerate overnight. Let return to room temperature before continuing.)

To serve, place romaine leaves on large serving platter and arrange veal on top. Garnish with onion rings, lemon slices, eggs and anchovies. Pour reserved dressing over veal or serve on side.
Serves 6.

BROCHETTE DE PORC AU ROMARIN (Brochettes of Pork with Rosemary)

2½ pounds lean, boneless pork
1 cup dry white wine
1 tablespoon finely minced garlic
1 tablespoon dried rosemary leaves
2 tablespoons finely chopped parsley
1 teaspoon grated lemon rind
Salt and freshly ground pepper
2 tablespoons olive oil
2 tablespoons white-wine vinegar
Melted butter

Cut pork into 1½-inch cubes and put meat in mixing bowl.

Add wine, garlic, rosemary, parsley, lemon rind, salt and pepper to taste, olive oil and vinegar. Blend well and set aside to marinate for 2 to 4 hours.

Drain meat. Arrange equal portions of meat on each of 6 to 8 skewers.

Preheat charcoal grill.

Place brochettes on grill and cook, turning pieces often, 15 to 20 minutes or until pork is thoroughly cooked but not dry.

Serve with melted butter poured over.

Makes 6 to 8 servings.

Continued From Page 3

As a framework of government, the Constitution provides for government of broad powers, not designed to last unchanged forever. Rather, from time to time, the Constitution has been changed in mechanical aspects through amendments. Through Supreme Court decisions, the Constitution has kept up with changes in society, in keeping with the consensual belief that the law exists for the people, rather than insisting that the people exist for the law.

Nowhere has this notion been demonstrated more clearly than in the struggle over slavery. The South's "peculiar institution" had constitutional protection, something which was social rather than political. The Civil War resulted. Similarly, a social injunction against drinking was written into the Constitution and ultimately had to be repealed. It is precisely because it would be a social reason rather than politically mechanical, that an "abortion amendment" ought not be proposed.

Indeed, Americans will accept inconvenience rather than permit philosophers to write an "ideal" constitution based on untried "principles." Americans believe that the best check against incompetent or mindless lawmakers is still the ballot box in the hands of a literate and alert citizenry.

As we approach the bicentennial of that most remarkable document, we must thank those 55 men, young in age but old in experience, for their pragmatic analysis of the requirements of good government. They made it possible for the nation to expand from 13 to 50 states containing in contiguous and non-contiguous territory some 250,000,000 people enjoying the maximum liberty consistent with good order.

On September 17, 1787, when the Constitution was adopted by "unanimous consent of the states present," Benjamin Rush, signer of the Declaration of Independence, was moved to observe, "Tis done, we have become a nation." Today, if the Constitution were to be submitted to a national debate, the American people, despite the emotional outbursts from many quarters, would once again - in their collective wisdom - accept that "most wonderful work" as the "supreme law of the land."



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Help Wanted

SALES REPRESENTATIVE in Great Neck peninsula area. Should have some selling experience. Self starter who can devote at least 20 hours per week to the job. Hours somewhat flexible. Salary plus commission. Mrs. Pakaluk. 931-0012. htfna4

DRIVERS SCHOOL BUS AND vans for September. Will train. P/T am - pm. Earn up to \$8.50 per hour. Take vacation, holidays, incentive days and life insurance. Call 883-6711.

DRY CLEANER IMMEDIATE Counter Help. Full or part time. No experience necessary. Good pay. 486-2442. gca3

CHILD CARE PERSON NEEDED in G.C. area to tend lovingly 15-month old in your home. Parent attending Adelphi University. 8:45 - 11:45 a.m. Tues., Wed., Thurs. References, please. 676-7984. gc S2

CARPENTER/CARPENTER'S helper wanted for small residential contracting firm in Garden City. F/T, year-round employment. Opportunity to grow with firm. Tools, transportation and experience necessary. Only those willing to work and take on responsibility need apply. Call Bruce H. Coners Building Contractors at 516-481-5071 evenings gc2

WHEATLEY S.D. MOTHER needed to babysit 2 year old girl approx. 4-5 hours a day. Also, responsible for getting kindergarten off to p.m. session. 741-1210, please leave message. wa2

HOUSEWIVES, RETIREES, Senior Citizens-part time, two days, light shop work in Hicksville newspaper plant. Approximately 16-20 hours per week. Steady work. Call 931-0012 htfna4

Help Wanted

COLLEGE/HONOR STUDENT supervise Jr. High student's homework. Monday thru Thursday, 4 p.m. - 6 p.m., September to June. Call 741-8586 evenings, leave message on tape or 574-7274 days, ask for Janice Blaney. wa3

PART TIME DRIVER with/without vehicle. Good pay, short hours. 2 days, Wed. & Thurs. Permanent. Hicksville area. 931-0012. htfna4

BABYSITTER NEEDED starting Sept. for 2 children, Thursday, Friday, Saturday, 10 a.m. to 4 p.m. (Evening hours also avail). Seeking a mature loving woman, interested in a long term relationship with our family. References and own transportation. 741-5723. ws1

CHILDCARE: CAPABLE caring woman needed part time to care for my 2 daughters 5 year old and 1 1/2 year old, in my home. Call 746-2394 after 7 p.m. wa4

AU PAIR HOUSEKEEPER childcare. Couple seeks loving, energetic, mature, non-smoker live in for 5 year old boy, 2 year old girl. English speaking. Own room, 1 year minimum, recent references required. Call 766-7964 or 889-9779 and leave message. wa4

SMALL OFFICE IN GARDEN CITY: Diversified duties, book-keeping, typing, phone. Will train on computer. Looking for a responsible, hard working person. Salary open. 248-0114. gca4

TEACHER: PRE-SCHOOL part time, 2 & 4 year olds, warmth and enthusiasm necessary. Early childhood experience preferred. New Hyde Park area. 352-6867. gca3

HARDWARE CLERK, STOCK and sales. Munder's Hardware, 316 Hillside Ave., Williston Park. P16-1075. wtfm

Help Wanted

HOUSEKEEPING/CHILDCARE Woman wanted to assist child for school and housecare. East Williston area, references, flexible hours, own transportation. 747-2480. wal

REAL ESTATE SALESPERSON: Full time/part time. Experience preferred. High earning potential. Active, congenial Albertson office. J.K. Realty, 747-1562. wtfm

CHILD CARE: WOMAN needed to pick-up second grade girl at St. Thomas' school, West Hempstead at 2:30 p.m. and keep child at your home until 4 p.m. on school days. 292-0829. gca1

COLLEGE GRADUATES PENN Station area. Expanding consulting firm looking for a young, aggressive person to fill an entry level position. Growth potential. Typing a must. Will train word processing and other duties. Call: Ms Tarsia, ValCon Construction Consultants, (212) 594-0834. gca 4

ENTHUSIASTIC FEMALE needed in Glen Head home to babysit two young boys, 3 yrs. and 4 months and assist with housework. Live in or out. Must drive. Start after 8/30. 671-8491. gca1

DENTAL ASST. GARDEN CITY office, part time, experienced only. Call 747-6979. gca3

WOMAN NEEDED AFTER Labor Day. One day per week, possibly more. To care for 5 year old (beginning kindergarten) and 1 1/2 year old girls in my Garden City home from 8 a.m. until flexible evening hours. Please call daytime 437-6750. gca1

CHILD CARE FOR YOUNG-steps in kindergarten and light housekeeping. 12 to 4 p.m., Tuesdays thru Friday. Call 248-0044 early morning or late evening. gca3

INSURANCE AGENCY SEEKS customer service rep for personal line and claims. Require well organized, fast learner. Experience preferred, others considered. Returnees welcome. Pleasant computerized office. Mineola-Garden City area 747-0407. gca3

AUTO MECHANIC: 10 YEARS experience. Clean modern shop, 5 1/2 days. Salary negotiable, plus benefits. 486-3543. gca3

INSURANCE: EXPERIENCE necessary. Typing, a mature person preferred. Garden City. 437-3277. gca2

EDUCATION MAJOR COLLEGE student needed for after school child care. Special Ed major preferred for mildly learning disabled second grader. Begin Sept. 8. Please leave name and phone: 747-6406. gca3

Help Wanted

SECRETARY: PART TIME Monday and Tues. in Mineola. Excellent office skills and telephone manners. References a must. Salary negotiable. 248-2110 gca3

SECRETARY FOR LAW OFFICE Part time, full time, steno necessary, congenial office in Williston Park. Call 741-1271. wa3

IMMEDIATE FULL TIME driver for pick up and deliveries. 5 days per week. Garden City, South area. Retirees welcome. Call before 5 p.m. 486-3543. gca3

HOUSEKEEPER: ENGLISH speaking, must have car. 20 to 30 hours per week, 5 days. Care for 8 and 12 year old and prepare meals. 354-6465. gca3

BOOKKEEPER WANTED 2 days per week, times flexible. Williston Park. 248-0906. ws1

REAL ESTATE SALES AGENT expanding our Real Estate office serving this area for 72 years has two openings. Call R. Valentine for details and confidential interviews. The Valentine Agency 746-7200. wa2

BABYSITTER TO CARE FOR 18 month old boy. Two full days per week in my Garden City home. Must be warm, caring and have good references. Own transportation. English speaking and non-smoker. 248-8213. gca1

PERSONS WANTED TO COVER meetings in Great Neck, Garden City, New Hyde Park, Williston Park, Syosset and Bethpage for local weekly newspapers on stipend assignment basis. Call Mrs. Pakaluk at 931-0012 for more information. hs4

IMMEDIATE PROFESSIONAL couple, no children needs experienced housekeeper. 5 day work week in large Palisview home, to cook, clean, shop, some sewing. Must have car. Great salary and benefits. 486-2034. gca1

BABYSITTER: 2:15-4:30 P.M. Mon. thru Fri. Care for 2 children, ages 6 & 12. Garden City Eastern section. References required. Starting Sept. 741-2234. gca1

CHEERFUL TIDY & MATURE: Non-smoker needed to care for household. Light housekeeping and cooking, & child care. References required. Driver's license, live-in preferred. Eves. 747-4699. gca2

Help Wanted

TEACHER NEEDS ENGLISH speaking housekeeper for light housekeeping and before/after school care of 6 and 9 year old. 7:30 a.m. to 4:30 p.m. school days starting Sept. 1987, in my New Hyde Park home. Must have own transportation and be reliable. Call 775-6948. ws1

TEACHER NEEDS CHILD CARE in her home for 5 yr. old (Kindergarten) and 2 yr. old. Full time. Mature, reliable, responsible woman. Light housekeeping. Own transportation and references. 747-0851. gca4

CLERICAL POSITION AVAILABLE: P/T or P/T. Small congenial office in Mineola area. Person must type, be good with figures and have a pleasant phone manner. Call days: (516) 877-2266, Evenings & weekends: (718) 428-4666. gca3

CLERK/TYPIST SMALL Garden City office on 7th Street. Returnees welcome. Flexible hours. Write Box "D", Garden City News, 821 Franklin Ave., Garden City, N.Y. 11530. gcS1

GARDEN CITY TEACHER: Looking for a reliable female to do light housekeeping and care for one child after school. Flexible hours, Monday thru Friday. Own transportation and references required. 746-5330. gca 4

CHILD CARE WORKING MOM seeks experienced mature person to care for 5 yr. old boy; 4/5 days per week. 3/4 hrs. per day. G.C. Mott area. Send letter with references to Box # "K", Garden City News, 821 Franklin Ave., Garden City, N.Y. 11530. gca4

RELIABLE LOVING NON-smoker to care for 5 year old boy in my Eastern Garden City home. 4 days a week. 12:30 p.m. to 3:30 p.m. Own transportation, references, start September. Call 248-3824. wa2

CHILDCARE: LOVING Catholic non-smoking woman wanted to care for my children, Mineola home, Monday thru Friday, 7:30 a.m. to 2 p.m., excellent references required, leave message 746-2216. wa2

SECURITY GUARDS: Plainedge School, \$5.87 per hour to start. Retirees, housewives welcomed. Monday to Friday, 7 a.m. to 3 p.m. Other shifts also available. 795-9450. gca 3

Help Wanted

BABY SITTER WANTED
7 a.m. to 9 a.m. Two children, weekdays, starting September. High pay and three bonuses. 248-1742. wa3

RELIABLE WOMAN MONDAY
thru Friday, 8 a.m. to 11 a.m. to assist 2 children for school plus housework. Williston Park area. Call 248-0113. wa3

SLEEP-IN ENGLISH SPEAKING
housekeeper for 2 female adults. Must cook, non smoker only. References required. Only mature serious minded person need apply. Call 485-7054. wa3

RELIABLE WOMAN MONDAY
thru Friday, 8:30 a.m. to 12 noon and 3:30 p.m. to 6 p.m. to care for 3 1/2 year old. Some light housekeeping, non-smoker preferred. Williston Park area. 248-8473 after 8 p.m. wa3

SECURITY OFFICERS, MOTOR
patrol operators and dispatchers needed. Full time, part time positions, all shifts. Car essential, home phone necessary. College students and retirees welcome. 742-9294 between 9 a.m. - 4 p.m. East Gate Security. wa3

SENIOR CITIZENS IDEAL
situation. 2:30 - 5 p.m., 4 or 5 days weekly. Care for 10 yr. old boy. My home in Garden City. No housework. Excellent pay. Flexible. 248-4159 after 6 p.m. gcA3

CHILD CARE - 10 YEAR OLD
boy. My Garden City home. 4-5 days per week. Excellent pay. Can be flexible. 248-4159 after 6 p.m. gcA3

PERSON TO DELIVER
newspapers in Great Neck area. Part time. Call Mrs. Pataluk, 931-0012. gnn4

REAL ESTATE RENTAL AGENT
wanted. Full or part time. Days or Evenings. A golden opportunity for a self motivated person with a need to succeed. No experience necessary. Full training. US1 Laffey 747-7170. hsl

REAL ESTATE SECRETARY
Flexible hours, pleasant conditions. Shorthand not necessary. Please call US1 Laffey 747-7170. hsl

MEDICAL ASSISTANT PART
time, evenings. Mature, experience preferred. Busy pediatric office, Woodbury area. Call between 12 and 2. 921-9002. ha3

MANAGER ASSISTANT
trainee. Hicksville Beauty Supply Company seeks conscientious all around worker. Salary \$200 per week. Call Mrs. Robin, 932-9595. ha3

HANDYMAN FOR SEVERAL
managed properties in Garden City and immediate vicinity. Call Keusey Real Estate, 747-1300. gcA4

REAL ESTATE ESTABLISHED
office seeks competent, motivated licensed sales associate. Call: Ed Keusey 747-1300 gcA4

Help Wanted

TYPIST FULL TIME
Statistical. Typing experience necessary. Garden City location. 227-2500 ext. 204. gcA4

TRAVEL AGENT WANTED
immediate in Garden City office. Experience preferred, but will train bright beginner. Salary commensurate with experience. All benefits. 741-3366, ask for Patti. wa3

Situations Wanted

RELIABLE WILLISTON
resident seeks part time position, 2-3 weeknights and Saturdays. References. Leave message: 248-9774. wa3

POLISH GIRL LOOKING FOR
housekeeping. Excellent work. Please call from 3 to 10 pm. Good references. 538-3774. hsl

DAY WORK EXPERIENCED
references and own transportation. Call 489-5890. gcA3

EXPERIENCED GIRL LOOKING
for live in job in Garden City area. 5 day week as housekeeper/companion or babysitter. Good references. Call Maria, 742-3255 bet 8 a.m. & 6 p.m. gcS1

ATTENTION VACATIONERS
would you like to go away and know that your pet dog or cat is well taken care of? Mature woman who loves animals will give your pet lots of TLC. Fenced in yard. 352-9113. gcS2

HOUSEKEEPER AVAILABLE
Monday-Friday/Sat. Call 538-9168 after 5 p.m. gcA3

CHILD CARE AVAILABLE
for Garden City school child in Eastern section after school in my home. Call mornings or evenings 747-8638. gcS1

HOUSEKEEPER AVAILABLE
4 years experience, references. Monday to Saturday. Mornings only. 538-2685. call after 2 p.m. gcS1

ATTENTION VACATIONERS
would you like to go away and know that your pet dog or cat is well taken care of? Mature woman who loves animals will give your pet lots of TLC. Fenced in yard. 352-9113. gcS5

HIGH SCHOOL GIRL IN NEED
of babysitting, part time. Lives near Garden City Junior High School. 248-6879. gcS1

HOUSEKEEPER AVAILABLE
Monday and Tuesday. Experienced, references, call 741-0453. gcS1

HOUSEKEEPER AVAILABLE
European woman. Five days, anytime. References & own transportation. Call 783-4143. gcS2

LOVING MOTHER AVAILABLE
for babysitting in her Albertson home. Non-smoker, references available. 248-1780 wa2

Situations Wanted

HOUSECLEANER AVAILABLE
Any day or time. With references & experience. Own transportation. 378-7279. gcA2

CERTIFIED NURSE'S AIDE
will work for sick or elderly, 6 to 8 hours per day. Will work evenings and weekends. Own transportation, references. Call 621-8628 or 484-4321. wa3

CERTIFIED NURSE'S AIDE/
nursing student: Highly skilled, very dependable. Excellent verifiable references. Available evenings or site hours. Also available full time on weekends. Own transportation. 674-3084 or 538-9058. gcA3

HOUSECLEANER AVAILABLE
Monday to Friday. Experienced and references available. Call: Maria 565-4061. gcA3

HOUSECLEANER AVAILABLE
Experienced with references. Own transportation. Call anytime, Ramon for further details, 489-0360. gcA3

HOUSECLEANER AVAILABLE
Monday through Friday, \$40. Experience, references, own transportation. Call 484-4922. gcA3

HOUSEWORKER, IRISH GIRL,
Floral Park, Mineola, New Hyde Park, Garden City, Elmont. Mature and efficient. Own transportation, no live-in. Call Terri, 746-2994 between 5 p.m. and 7 p.m. wfn

HOUSECLEANER AVAILABLE
Any time or day. Excellent references. Only Garden City area. Call after 5 p.m. 766-8632. gcA3

BABYSITTER AVAILABLE ANY
day/eve. in August. References. Garden City area only. Call 741-8651. gcA3

HOUSECLEANER AVAILABLE:
Reliable person that you can call to work for you. Experienced, good references and own transportation. Call after 5 p.m. 746-5144. gcA3

HOME ATTENDANT AVAIL-
able for service to an elderly and/or infirmed person. Experienced. references. Call (718) 604-0202 or (718) 922-9490 evenings preferred. wa3

RESPONSIBLE IRISH LADY
seeks housecleaning. Garden City and surrounding area. Call Ann, evs. 488-6387. gcS1

DAY WORKER AVAILABLE
Experienced, responsible, dependable. Available any day. Call (718) 805-2621. gcS1

IRISH GIRL SEEKS LIVE IN
babysitting position. Full time. Experienced with references. Call 747-6454. gcS1

HIGH SCHOOL GIRL IN NEED
of babysitting part time. Lives near Garden City Junior High School. 248-6879. hsl

HOUSECLEANER AVAILABLE:
Mature female, good experience, own transportation, references available. 489-4304 gcA2

Situations Wanted

RELIABLE WOMAN: SEEKS
house cleaning position. Own transportation, good references. Garden City only. 354-2904 gcA2

HOUSECLEANER AVAILABLE:
On Saturdays only. Experience and references available. 294-6686 gcA2

PLANNING A PARTY? ENJOY
yourself while we do the work. From invitations to clean-up, we will make sure your party is a success. Call Tierney, 747-5704 or Molly, 741-5965 evenings. gcS2

HOUSE/PET SITTER YOUNG
professional woman will care for your home and/or pets. Garden City resident. Please call Michele at 248-0857. gcS2

POLISH HOUSE CLEANER
available, own transportation. Prefer Garden City or Williston area. Call after 6 p.m. 328-8103. gcS2

EUROPEAN GIRL LOOKING
for housecleaning in Garden City, mornings, afternoons and Saturdays. Own transportation. Call 334-3126. gcA2

NURSES AIDE LOOKING FOR A
position to take care of elderly. Live in or out. European experience. Congenial person. Call 747-1336. gcS2

Real Estate For Sale

GARDEN CITY VASSAR ST
Split-level, 5 BR, 3 1/2 baths, LR, DR, EIK, family room, den, finished basement, many extras, just reduced. \$390,000. Principals only. 775-0133. gcS2

LEISURE VILLAGE CONDO IN
Ridge. 2 BR, 2 baths, den, LR, DR, central air conditioning, all appliances (almond) garage, skylight, garden view, center hall, 744-1524. gcS2

NORTH FORK, MATITUOK
Waterview, lovely home with 3 BRs, 2 baths, LR, DR, EIK, in exclusive area, must see. Principals only. \$205,000; Call 746-2394 after 7 p.m. or days 565-4640, wa4

NEW HYDE PARK FOUR
BR Cape, 3 baths, 2 kitchens, den with skylight, possible mother/daughter, finished basement, new windows, 50x100 plot, near transit and stores. Owner, principals only. \$200's. Call 352-5269. wa3

'GET-A-WAY' HOME:
Village of Southold, North Fork, East End of L.I. Beach Rights, Rustic Setting. Three bedroom Ranch. Only \$155,000. Principals only. Call: 868-4200. gcA3

EAST WILLISTON SCHOOL
district, Mineola, 3 BR, 1 1/2 bath brick Colonial. Large den, fenced 80x100, large screened patio, mint. \$320's. Principals only. 747-7698. wa3

Real Estate For Sale

GARDEN CITY CENTRAL
Estates slate roofed 8 BR brick Williamsburg Colonial, 5 1/2 baths glorious kitchen, den, plus family room, 2 fpls, all amenities on 2/3 plus acre, \$1,275,000; Historical Apostles 6 BR Colonial, 4 1/2 baths, 3 fpls, library, den, pool, cabana, 100x300, \$995,000; 3-4 BR C/H Ranch, 3 baths, EIK, finished bsmt, 3 car attached, professional suite, 225x250, precious landscaped plot in prestigious area, \$799,500; 6 BR Victorian Colonial, 3 1/2 baths, spacious LR, 3 fpls, library, modern EIK, plus butler's pantry on 150x200 glorious plot, \$795,000; 3 BR Ranch, 2 baths, EIK, C/A, drastically reduced \$665,000; 6 BR Dutch Colonial, 2 1/2 baths, fpl, alarm, sprinkler, 4 zone heat, walk RR, \$569,000; 4 BR brick stucco C/H Colonial, 2 1/2 baths, massive log burning fpl, center island EIK, first floor laundry, heated Florida room, finished bsmt/wet bar, 100x120 plush plot, \$550,000; Western Section 3 BR brick and stone Split, 2 1/2 baths, family room, finished bsmt, patio, 2 car, \$479,000; 4 BR C/H Colonial, 3 baths, Florida room, attached 2 car on 1/3 lush acre, suitable professional, \$425,000; 5 BR Dutch Colonial, 2 baths, 2 fpls, parquet floors, finished bsmt, \$390,000; 4 BR Wildcat Cape, 2 baths, new EIK, formal DR, finished bsmt, cory fpl, redwood patio, \$370,000; 4 BR Dutch Colonial, 1 1/2 baths, EIK, den, lovely 60x125 plot, reduced to \$335,000; Western Section 3 BR Colonial, 1 1/2 baths, finished bsmt, picturesque awning windows, \$349,000; Western Section 3 BR Colonial, 1 1/2 baths, finished bsmt, reduced to \$339,000; 5 BR Colonial, 1 1/2 baths, new EIK, sunroom, 100x100, \$295,000; Beautiful Standle overlooking Stewart Ave. in gracious Stewart House, \$332 mo. maintenance, \$129,500. Elaine Nolan 485-7054 or 292-9749 wa3

GARDEN CITY: PRIME
Estates Section. Center hall, brick/shingle Colonial. LR/fpl, formal DR, modern EIK. Three BRs, 1 1/2 baths, screened terrace, garage. Mint condition. Princ. only. \$400's. 746-0275. gcA4

GARDEN CITY BUILT IN 1912,
this architecturally unique home features: master bedrm. with new jacuzzi bath; 5 family bedrms with 2 1/2 new baths. Tastefully restored it is situated on 1/4 acre in prime location. Numerous amenities throughout including automatic sprinklers, security system and mahogany beams and woodwork. May be seen by appt. \$985,000. Principals only. 742-5597 or 248-1878. gcA1

OUR EXCLUSIVE! YOUR
search has ended with our one BR co-op; with dinette and LR. Convenient to all. \$138,000. As Ask for: Maureen or Piper. Merrill Lynch Realty 484-6767. gcA2

NEWER FOUR BR COLONIAL
100x150 lot, large deck, new EIK, library, 2 1/2 baths, 2 car in-house garage. Immaculate. Immediate occupancy. \$695,000. 734-7330. gcA4

Real Estate For Sale

HEMPSTEAD CATHEDRAL Gardens. Our Exclusive dramatic 5 BR, C/H Colonial, 3 new bidet/baths, family room, 1st floor laundry, C/A, magnificent 100x249 floral gardens, attached 2 car, possible professional suite, \$750,000; Our exclusive on the Garden City line. Prestigious Georgian brick C/H Colonial, Spanish tile roof, 7 BRs, with 5 1/2 baths, detail arched windows, library, wood columns, French door, leaded stained glass window, solarium, 5 zone heat, 2 car, 100x250 landscaped plot, assumable 30 yr. mtge at 7% adjustable capped at 11%, reduced \$695,000; 5 BR Tapestry brick C/H Colonial, 3 1/2 baths, 33' LR, den, 2 fpls, elegant amenities for gracious living, \$530,000; 1 BR Co-Op, new kitchen, large terrace 1st floor, \$477 maint. only \$89,900; Country Club Estates Handyman Special, 4 BR slate roofed impressive brick stucco Tudor, 3 baths, fpl, finished bsmt., 2 car, golf course view, \$279,000; 5 BR slate roof C/H Colonial, 3 1/2 baths, sunken LR and DR, huge family room, 2 fpls, 3 car garage, 7000 sq. ft. of private landscaped plot, \$269,000 3 BR C/H Colonial, 3 baths, large EIK, 23'x13' LR with fpl, den/heated solarium, secluded 65x120 plot overlooking golf course \$259,000; 4 BR Tudor, 2 baths, all new interior, 60x130, walk RR \$195,000; Ingraham Estates 3 BR brick Colonial, 1 1/2 baths, cozy fpl, large DR, finished bsmt, screened breakfast porch, retiring owner \$185,000; 3 BR Colonial, 1 1/2 baths, EIK, needs TLC, walk RR, \$169,000; 4 BR Townhouse, 1 1/2 new baths, new EIK, elegant decor, finished bsmt, C/A, patio, gas barbecue, \$69 maint., low taxes, \$165,000; Investor's delight, 3 BR Colonial, 2 car, low tax, 60x130, \$129,000. Elaine Nolan 485-7054 or 292-9749 wa3

GARDEN CITY MOTT TUDOR brick/stone/stucco/slate. Mod. EIK; 3 bedrooms, 1 1/2 baths. LR with paneled fpl. wall; formal DR; bsmt. finished rec. rm. Walk up attic. Beautiful landscaping. Principals Only. \$424,500. 747-6025. gcA4

HOME OWNERS - SELLING your home??? Call today for Free appraisal. Special consideration for Senior Citizens. Landlord Apartments and Houses needed for qualified tenants. No fee to landlords. Atmas Realty 747-3701 wa3

SOUTHOLD WATERFRONT 100 ft. bulkheaded. Beautiful views. \$895,000. Mattituck Waterfront. 1/2 acre. 3 BR. Boat included. \$295,000. Southold waterfront 4 BR, private beach and dock \$220,000. Laurel-Short walk to private beach, 3 BR, \$175,000. Silver-Radford Realty 298-8556. gcA3

NEW HYDE PARK, LAKEVILLE Estates. Great Neck School District. 3 BR, one huge master BR with 4 walk in closets, 2 baths, large den with professional entrance, EIK, finished basement, principals only, low \$300's. 352-0979. ha4

Real Estate For Sale

SOUTHOLD: PERFECT VACATION Hide-A-Way: 3 BRs, bath, outdoor showers, walk to L.I. Sound beach, wood stove, brick walkways and patio, low taxes, washer, dryer, dishwasher. Principals. \$179,900. Days: 212-719-7140; evenings: 516-741-3847. ws1

SOUTHOLD: CHARMING 2 story. Three bedrooms, 1 1/2 baths, LR/FP, country kitchen, family room, basement in secluded wooded setting. \$315,000. Princ. only. 765-5533 gcO2

GARDEN CITY 6 BEDRM. Brick Colonial. Near courthouses & railroad. 1st floor: LR, DR, lg. EIK, laudry room, 2 BR's, lg. divided bath, 2 bath. 2nd floor: 4 BR's, lg. divided bath, large closets, storage room. Basement: 25 x 30 finished room with 1/2 bath, 3 closets; separate entrance, storage room, furnace rm. Central air, 3 zone heat. Adaptable, 4000 plus sq. ft. By owner 248-6709. \$390,000. gcA4

GARDEN CITY MUST SELL Side hall Colonial, excellent condition. 6 bedrooms, 3 1/2 baths (2 new); LR/fpl; formal DR; extra large new kit/fam. rm. Low taxes. Asking \$569,000. Owner. 747-0365. gcA3

GARDEN CITY GO WEST IF you're looking for a quiet place to live or a good investment. Walk to RR & stores. Move in condition, at your convenience. Please call ATTY. 437-8825. gcA3

GARDEN CITY BEAUTIFUL Mott Colonial. 3 large bedrooms; 1 1/2 baths; new extended kitchen/bedrm; fam. rm; LR/fpl; DR; detached garage. Immediate occupancy. Move in condition. Wyatt Ed., oversized property. Reduced to 390K. Owner, 334-2226. gcA3

GARDEN CITY 6 BEDROOMS 3 full bath expanded Ranch. 1st flr: LR, DR, paneled den; EIK; 3 bedrooms, 1 bath. Second flr: 3 twin sized bedrooms, 2 full baths. Fin. Bsmt. Ideal M/D or professional suite. \$539,000. Principals only. 746-1064. gcA3

JAMESPORT WATERFRONT Center Hall Colonial. 1st flr: DR, Kitchen, bath, 30 ft. Fla. Rm., guest suite with bath, prt. entrance. Second: 4 bedrooms, 2 baths, cedar closet, central vac. 50 x 16 patio and more. Mid \$300's. Principals only. 722-4717. gcA3

GARDEN CITY CO-OP Immaculate 2 BR apt. in Stewart Franklin Bldg. Featuring A/C, hard wood floors, new thermal windows. Asking \$155,000. Principals only. Call day 212-692-7509; evening 516-742-9249 gcA3

LYNBROOK - 4 BEDRMS, 1 1/2 baths, Colonial in School Dist. #20. New EIK, 2 car garage. 90% financing available. \$250,000. Principals only. 248-1878 or 742-5597. gc1

GARDEN CITY ESTATES 4 BRs, den, LR/fpl, EIK, 2 baths, 2 powder rooms, finished basement, Immaculate. Immediate occupancy \$519,000. 734-7330 gcA4

Real Estate For Sale

GREAT NECK - LIST YOUR house with us and start packing! Gutterman Real Estate 591 Middle Neck Road Great Neck, N.Y. 487-1177 ho3

GARDEN CITY PARK HIGH ranch. New Hyde Park School District, 4 BR, 2 baths, maintenance free exterior, 60 x 100, LR, DR, EIK, family room, enclosed patio, low taxes, walk to RR. \$225,000. 741-8576. ha4

GARDEN CITY COLONIAL Plot 60 x 125; 3 bedrooms; 2 baths; lge. kitchen; formal DR; LR; den with fireplace. Low taxes. Asking \$325,000. Principals only. 868-4200. gcA3

GARDEN CITY 10 MORE T-W exclusives: Mott Colonial, 4 BRs, 2 1/2 baths, modern kitchen with 30' adjoining family room, oversized property, 450,000. Charming Mott Tudor, 3 BRs, beautifully detailed fireplace in LR, FDR, new EIK, \$415,000. Easy Living, 3 BR contemporary, convenient northeast, den with fpl, central A/C, 2 car, \$395,000. Brick Colonial centrally located, family room, 3 BRs, 3 1/2 baths, central A/C, 1/2 acre, maint. free, \$545,000. House & Garden young center hall estates Colonial, family room, new EIK, 4 BRs, 2 1/2 baths, \$639,000. Custom Western cape, LR with stone fpl, DR, EIK, sun porch, new windows, priced right \$315,000. Stately English Colonial, 5 BRs, 3 1/2 baths, family size kitchen, 2 heated sun porches, 2 car, deep property, \$495,000. Handsome renoyated 4 BRs, 2 1/2 baths, Tudor, new kitchen and family room, 2 car garage on extra deep plot, \$475,000. Custom built center hall Stewart Ave. Colonial, spacious LR with fpl, DR, modern EIK and family room off kitchen, tremendous MBR, finished rec. room \$495,000. Western Sec. true ranch, 3 BRs, 2 baths, LR with fpl, deep property, \$395,000. Eastern Colonial, 5 BRs, 2 1/2 baths, new family room, 2 car garage, oversized property, \$425,000. Taylor Warner 101 7th St. Est. 1919 516 741-4422

TWO STORY COLONIAL on a pretty Garden City Estates street, features vestibule entry, LR/fpl, family room off formal DR, w/French doors to spacious yard, modern kitchen with European cabinets, pantry, storage closet and breakfast room for informal meals, plus 1/2 bath down, 3 BRs and bath with tub and stall shower upstairs. Cypress paneled recreation room and separate mini-office, workshop, laundry, storage and furnace rooms in bsmt. Attached one car garage. Stratford Elementary at corner, 5 short blocks to RR stat., and nine-iron shot to Garden City Country Club. Low \$400's. 741-2127. gc1

GARDEN CITY: BEAUTIFUL Cherry Valley 2 BR co-op. Wall to wall carpeting, designer BTH, new kitchen, washer/dryer, dishwasher. Many extras. Mint condition. Walk to RR. \$169,990. Princ. only. 742-8569, evs. and weekends. gc s 2

Real Estate For Sale

GARDEN CITY ESTATES section, Center Hall Split Colonial, 3 BR, 2 baths, large EIK, den, garage, oversized plot, taxes \$3200. Asking high \$300's. 248-6876, after 5 p.m. ha3

MINEOLA COMMERCIAL BLDG 3 offices, large reception area, 2 baths, kitchen, garages, storage. owner must sell. Asking \$275,000 J.K. Realty exclusive. 747-1540. wa3

SOUTHOLD: VERY PRIVATE 3 BR, 2 Bths house, across road from L.I. Sound. LR, DR, EIK, wall to wall carpeting; backyard deck; wood burning stove, one car garage. \$255,000. Weekdays, 9-5 (212) 703-7862; evenings and weekends, (516) 671-3922. gc s 1

CHEERY VALLEY CO-OP: ONE bedroom upstairs. \$120,000. Wall to wall carpeting throughout. Move-in condition. Immediate occupancy. 747-2221. gc S1

MINEOLA: HORTON HOUSE - Sunny, one BR, top floor, new appliances, carpeting and verticals; two a/c's; walk in closets. Walk RR and shops. \$121,000. 741-0647, mornings and evs. gc S1

GREAT NECK NORTH SHORE Towers. Scenic view over south shore. 3 full rooms, 1 bath. All new range-microwave, laundry, washer, dryer, refrigerator, dishwasher. 6 closets. Furnished including sectional sofa, twin beds. Car space. Move in now. \$175,000. Freedman Realty 116 Middle Neck Rd. Great Neck 482-9191 ha 3

UPPER BROOKVILLE, IMMEDIATE occupancy. Large, gracious Colonial-ranch. 2+ acres. 6 BR, 5 1/2 baths, C/A, patio, deck, 3 car garage, slate roof, brick, stone and shingle, wooded and parklike grounds for a minimum of maintenance. \$1.25 M Negotiable. For appointment call and leave message. 292-9118. hs4

NEW HYDE PARK OAKS modern living, country setting. Must see. Principals only. \$295,000. 488-6409. hs1

MATTITUCK: SUMMER HIDE away. Walk to beach from this 3 BR, 2 story. LR/wood burning stove, large kitchen, deck. Bunk house with bath. \$159,000. Southold: Decided beach rights, belongs to this 3 BR Ranch. LR/FP, ideal vacation or retirement home. \$164,000. Marilyn Lang Realty 734-6690 or 734-6472 gc a 3

SOUTHOLD: \$225,000 WATERVIEW, 6 rooms, 2 baths, 2 car garage, 90x165. Private community with beach and marina. By owner. 627-2269 gc s 2

SOUTHOLD: \$120,000. WATERVIEW lot, 65x160. Private community, beach and marina. By owner. 627-2269 gc s 2

Real Estate For Sale

SOUTHOLD - CALVES NECK waterfront - 1 + acre. 12 yrs. old, 3 Bedrm, 2 bath Ranch. LR/fpl; DR; EIK; florida Room; laundry room. Oversized 2 car garage. Mint condition. \$375,000. (203) 834-9753 or (516) 742-0025. gcS1

GARDEN CITY MOTT TUDOR showplace. New Rutt kitchen with center island; cathedral ceiling family rm. with skylights galore & floor to ceiling Andersons. New bath first floor. 3 Bedrms, 1 bath up. All nestled in a paradise of flowers. \$415,000. Days, (718) 434-7800; evs & weekends (516) 747-4264. gc s 1

NORTH FORK BUILDING LOT or house. The best place for vacation, retirement or investment. All water sports and more. Buy while its still affordable. Please call Atty., 437-8825 or 765-2945. gc S1

NORTH FORK SOUTHOLD New custom ranch, 3 BRs, 2 baths, 30' great room with vaulted ceiling, skylights, fireplace, large EIK with bay window and skylight. Whirlpool tub, stall shower in master bath, oversize 2 car garage, separate laundry room, 30' deck. Unique split bedroom plan, many extras, on beautifully wooded 1/2 acre in Southold's finest area. \$285,000. Please call owner, 765-3095. gc S1

DELRAY BEACH FLORIDA Last try before realtor. Oceanfront Townhouse, 2-2 1/2 baths, large kitchen, DR, LR, den, pool, recreation hall, Italian tile, 2 car garage, most furniture. Must sell \$145,000; 628-3457 evenings. wa1

GARDEN CITY/HEMPSTEAD: Co-op, 2 BRs, new custom kitchen, oak floors, \$105,000. 486-7704 or 294-2937. gc s 1

BAITING HOLLOW: FULLY furnished condo on the bluffs with an unobstructed view of Long Island Sound. Luxury living adjacent to Country Club. Golf, tennis, clubhouse and spa, pool. \$225,000. Ask for Patti, (516) 929-4500. gc a 3

HAMPTON BAYS CO-OP ON beautiful Tiana Bay. 2 1/2 room suite on four beautifully landscaped acres of land. Pool, gym room, clubhouse, bar-b-ques, private beach. Fishing, boat dock. All year round. Excellent tax deduction. \$45,000. 292-0544; weekends, 728-3892. gcA4

GARDEN CITY ESTATES Must see the interior of this 5 year old home. 4 BR, 4 baths, country oak EIK, den with fireplace, central air, skylights, Anderson Windows, sprinkler system, price negotiable. Owner 873-9666. hs2

GARDEN CITY AND VICINITY 2 BR co-op, \$159,500; Hempstead 1 BR Condo, \$129,500; Floral Park 3 BR Colonial, \$229,900; Call Joan Hazleton 354-6500 - Merrill Lynch Realty. wa3

Real Estate For Sale

WEST HEMPSTEAD CATHEDRAL Gardens 9-rm Tudor. Lots elbow room, 3-4 BR, 2 1/2 baths, finished basement, possible mother/daughter. Low tax, many extras. \$D777, walk RR and bus. Appraised \$271,000, asking \$259,000. Principals only. 485-5490. gs2

SOUTHOLD BAY FRONT sandy beach, 4 BR, LR, DR, EIK, family room/fpl., 2 baths, separate guest cottage, \$750,000. Southold-Bay front sandy beach, LR/stone fpl. 5 BR, 2 1/2 baths, jacuzzi, \$599,000. Mattituck-Bay front sandy beach 4 BR, 2 bath contemporary with guest quarters. \$495,000. Southold-Bay front sandy beach, 3 BR, 2 1/2 baths Cape, Cathedral ceilings, LR/fpl. \$725,000. Marlon King Real Estate, 734-5657. gsA3

GARDEN CITY WEST WALK to everything. Mint ranch on large plot, 3 BR, 2 baths, LR/fpl., DR, EIK, breathtaking family room, 2-car, finished basement and much more. Compare and save. \$395,000. Attorney 437-8825. gsA

GARDEN CITY SPLIT ROOMY 5 BR, den/fpl., EIK, LR, formal DR, baths, mint condition. Principals only. \$335,000. Call after 6 p.m., 248-5635. gs2

SUMMER BUYS AT \$259,000 Floral Park our exclusive, 3 BR Colonial Tudor, 2 baths, totally new inside and out, plus windows, walk RR, transferred owner, \$259,000; West Hempstead 5 BR fabulous Tudor, skylite 2 1/2 baths, new EIK, F/P, TV room to deck. Won't last \$259,000; Williston Park Herricks School Dist. Mint 4 BR brick Cape, 1 1/2 baths, finished basement, den. Must see \$259,000. Elaine Nolan 485-7054 or 292-9749 wa3

MATTITUCK LARGE 4 BR 2 bath Colonial. Commercial zoned, corner plot, close to town, Low \$200's. Call 298-8653. ws2

Real Estate For Rent

STORAGE BASEMENT approximately 1000 square feet. Own entrance. Immediate occupancy. 741-2564, days. ha4

GREAT NECK UNUSUAL 2 BR Apartment. Large private outdoor deck. Elevator building. Indoor garage. 1 block LIRR \$1795. month. Call Monday-Thursday mornings 9-12 noon 212-686-4927 ha3

GARDEN CITY SOUTH 4 BR Cape, EIK, beautiful floors, mint, \$1300 monthly. Franklin Square 2 BR apt. \$700; Hempstead Country Club Estates, furnished 3 BR Colonial, 10 month term \$1350; Lyubrook 1st floor furnished apt. 3 BRs, EIK, walk all. One year lease, \$950 or short term \$1350; 3 BR Duplex, 2 baths, breakfast room, mirrored wall DR, wall to wall, attached garage, fenced garden, pets okay, walk all, \$1250. New Hyde Park widevine Cape, furnished/unfurnished, 3-4 BRs, 2 baths, formal DR, \$1200. Elaine Nolan 485-7054 or 292-9749 wa3

Real Estate For Rent

BUSINESS OFFICE FOR LEASE 104 sq. ft. (13' x 8'). Mint condition, newly painted, new W/W carpeting. Manhasset, walk to RR (30 minutes to Penn Station). \$200. includes all plus reserved parking. Call evenings until 11 p.m. 352-9161. wfn

MINEOLA/GARDEN CITY Garden Plaza, 2 BR, 2 bath deluxe apt. Large rooms, new kit., baths, carpet, appliances, Cable hook-up, A/C wire, intercom, security, laundry, park play area, 5' Roosevelt Field, 5 blocks train. \$1,150. 561-0245 eves. gsA3

OFFICE SPACE 700 SQ. FT. Private entrance and bathroom, off street parking, ground floor. Ideal for small business office. Old Village Great Neck. Days - 487-4511. Eves.-482-1755. ha4

SUNNY BRIGHT AND CHEERFUL room available. Female only. College student or graduate preferred. Near RR and Universities. Call evenings, 741-4865. gs1

FLORAL PARK: 1ST FLOOR Two BRs, modern Eik, LR/FP, dining area, swing porch, yard, garage, basement, washer/dryer, W/W. Near playground, walk to RR. \$900 per month. 294-0753 gs1

BUSINESS/PROFESSIONAL office for lease. 104 sq. ft. (13' x 8'). Mint condition, newly painted, new W/W carpeting. Manhasset, walk to RR (30 minutes to Penn Station). \$200. Includes all plus reserved parking. Call evenings until 11 p.m. 352-9161. wfn

NEW HYDE PARK NORTH OF Jericho, near RR, bus. 4 BRs, EIK, DR, 2 full baths, corner lot 50x100, 1 car garage. Principals only \$254,000. Call 328-0525 ws2

GARDEN CITY/W HEMPSTEAD 4 room apt., EIK, 1 BR, LR/DR combination, separate entrance. Single or working couple preferred. \$700 including utilities. Call 481-7301 or 747-7170. gs1

GARDEN CITY ROOM FOR rent in lovely, clean and quiet home. Walk to 7th St., buses and Country Life Press RR stat. (2 stops to Adelphi Univ.). Female, non-smoking student only. Kitchen, washer-dryer privileges. Reasonable rent. 742-3197. gs1

FURNISHED ROOM FEMALE only, non-smoker, working, references and one week security, near RR and buses. 248-9129. ha2

GARDEN CITY 2/3 BEDROOM Colonial in Western Sec. on quiet block. Walk RR and shops. Avail. now. \$1150 per mo. plus utilities. 248-1878 (mon.-Fri.) gsA3

FOR RENT-LARGE SINGLE furnished room near transportation, parkways and stores. Utilities, hot plate, linens furnished. Share bathroom. 2 weeks security and references. Employed gentleman preferred. Call after 5 p.m. 248-7997. ha4

Real Estate For Rent

FRANKLIN SQUARE 2 BR Apartment, DR, LR, EIK, full bath. Private entrance first floor. No children. No smoking. Business couple preferred. Near All. By owner - no fec. \$750. month. Call after 4. 488-4940 ha4

RENTAL APARTMENT, STUDIO Brand new, Floral Park. Utilities included. Private entrance. Full kitchen. \$500. 352-2464. wa4

GARDEN CITY ESTATES: Three room furnished apartment. Private entrance, bath, large BR, study, 2 large closets, A/C. Single person preferred, non-smoker. Parking and utilities included. No pets. Walk to RR. Professional or graduate student preferred. One month security and references required. Immediate occupancy. 248-8224. gs2

HOUSE TO SHARE \$770 PER month includes heat, plus 1/3 utilities. Female professional or graduate student. Non-smoker. Near all transportation. Avail. Aug. 15. Call after 9 p.m. 489-9523. gsA3

GARDEN CITY: STUDIO NOW available. Vintage furniture, carpet, private entrance, private bath. Walk in closet. Parking, great location. Ideal for student or professional. 741-3791. gs4

FLORAL PARK VILLAGE WALK to RR, churches, stores. Two BRs apartment. \$780. per month. 741-0337 or 741-6059. gs4

ROOM AND PRIVATE BATH: Available in lovely Garden City home in exchange for help with light housekeeping, laundry and occasional child care for 2 school aged boys. Call: 248-0044. College students considered. gs4

GARDEN CITY: EASTERN section. 3 room basement apartment. Private entrance, EIK, bath. Convenient to all. Parking space and utilities included. Mature, working person, non-smoker preferred. \$550. per month. (516) 248-0916 after 7 p.m., (718) 738-0726, 9 a.m. to 5 p.m. gs4

PROFESSIONAL LADY 3 ROOM apartment, newly decorated, laundry room, EIK, bathroom, private entrance, Williston Park area, \$600. Includes all. Principals only. 742-7821. wa3

GARDEN CITY 1 BEDROOM apartment. Newly renovated, walk to RR. Convenient location. Call after 5. 781-1288. ha4

GARDEN CITY: LOVELY CLEAN and quiet Garden City home. Walk to 7th St., buses and Country Life Press RR stat. (2 stops to Adelphi Univ.). Female, non-smoking student only. Kitchen/washer-dryer privileges. Reasonable rent. 742-3197. gsA3

GARDEN CITY SPACIOUS 1 BR with private entrance, residential location, walk to trains, stores. \$900 includes all. 466-5210 before 5 p.m. or evenings 223-6359. ws2

Real Estate For Rent

GARDEN CITY EASTERN SEC. 2 large furnished rooms for male, non smoker. Private bath, parking. Avail. immediately, 741-1098 gsA3

GARDEN CITY: 1 BR apartment, furnished, a/c. Close to all. Mature, non-smoker. \$800 per month. 248-0059. gs1

GARDEN CITY IDEAL FOR professional. On main road, side road parking. 4 Bedrms, 2 1/2 baths; EIK, full DR, den, fpl, central air; lawn sprinkler; full bsmt. \$2100. 338-4600. gsA4

WEST HEMPSTEAD APT 1st floor, 2 family, 4 rooms, yard, garage, avail. Sept. 1 \$850 per month. Heat and water included. After 5: 742-5284. gs2

FURNISHED ROOM: AIR conditioning, in lively household for female, non-smoker. No security required; \$280 per month. 741-4032. gsA3

OCEAN FRONT CONDO Pompano Beach, Fla. 2 BR, 2 baths, modern EIK, Day: 718 259-7072, evening: 248-9449, gsA2

Vacation Rental

MYRTLE BEACH, S.C. NEW hotel condo, 3 room suite fully equipped. Ocean Beach, indoor and outdoor pools, health club, golfers paradise, fine dining. Reg. Spec. weekly rate \$375. 7 nights including maid service. 516-935-4614 or 516-226-5332. ha3

THIS FALL TRY OUR HILTON Head Island, S.C.: Ocean view apt. on beautiful swimming beach with large pool, day and night tennis and many amenities. For 30% discount call - 354-2397 or (914)631-3072, collect. gs1

MT. SNOW VERMONT beautiful new, fully equipped townhouse condo, sleeps 8. Golf, tennis, racquetball, fine dining, indoor gym and swimming pool. Renting now for fall foliage and ski season. Special rates for multi-week and/or seasonal rentals. Video tape avail. 741-1824. gs01

ST. THOMAS/DOROTHEA BAY Beautiful studio condo right on sandy beach. Sleeps 4, convenient location on north side of island. Available weekly, or monthly. Call for details. Evenings, 751-0629. gs04

NEW ORLEANS: FRENCH Quarter, Week of 9/25 to 10/2. Two BRs, 2 Bths. \$575 per week. Eves. 248-2247. gs4

MONTAUK HITHER HILLS Contemporary 5 room house. Ocean view. Private beach. Fireplace. Large dock. Sept. 4-11. 668-3917. gsA4

ENJOY THE COOL MOUNTAIN air of Windham, northern Catskills. Mountain cottage, deck overlooking brook, all facilities. Near festivals, restaurants, golf. Sleeps 4 to 6. Call anytime 921-5210. Reserve now for breathtaking fall foliage. ha1

Vacation Rental

HAMPTON BAYS 2 1/2 ROOM suite on Tians Bay. Pool, gym room, bar-b-ques, private beach. Fishing, boat dock. Beautiful surroundings. 292-0544; week-ends. 728-3892. gsA4

2 BR COTTAGE FRIENDS LAKE Lake George area. Row boat, dock, and beach. \$285 per week. 462-1575 or 518-494-4112 ha4

EAST HAMPTON THREE MILE Harbor area. Contemporary 3 bedrm, 2 bath. Large dock, all appliances; a/c; 18 x 36 pool. Available after Aug. 16. \$950 per week. \$700 per week after Labor Day. 742-1063 or 324-3463. gsA4

BERMUDA ENJOY THE Luxury of a private cottage at the St. George's Club. Tennis, Golf, Pools, Beach Club, Members Clubhouse, Daily Maid Service. Call Mr. Meyer. 574-0211. gsA3

Real Estate Wanted

PROFESSIONAL FEMALE Non-smoker seeks suitable servant's quarters as apartment. Desires clean quarters with kitchen or kitchen privileges. \$400 - \$500 range. Call Mary, 746-2135, eves. gs4

YOUNG COUPLE LOOKING for home in East Williston, preferably north side. Direct deal with principals only. Need 4 BRs, family room plus finished basement. Please call 741-4725. hs1

Car For Sale

1970 CHEVY NOVA 2-DOOR New tires, new battery, good running condition. \$350. (516)579-8526. htfnsl

1973 VW SUPER BEETLE orange, sunroof, needs some work. \$300. Call 718 347-1556 or 516 742-0467. wa4

1968 MGB CONVERTIBLE: British racing green, black interior. Garaged, Excellent condition. Collector's potential. Sacrifice. \$4,750, negotiable. Please call 248-0857. gsA3

1979 BUICK RIVIERA, FULL power, a/c, velore interior, am/fm stereo, mint in and out. \$3,600. Call 741-3847. ws1

1979 PONTIAC BONNEVILLE Wagon. Runs good, some new parts, \$500. Call after 6 p.m. 248-2447. ws1

1974 VOLVO 164 E Running condition. AM/FM stereo cassette. \$600. Call 248-1986. gsA4

1974 MERCEDES BENZ 240 D Tobacco brown with tan leather interior. Luxury extras. Good condition; original owner. \$4500. Please call 741-8925. gsA4

1980 VOLKSWAGEN RABBIT Excellent condition, 52,000 miles, sunroof, am/fm, standard, fuel injection. Asking \$2800. Call 354-5361. gs4

1980 CHEVY MONTE CARLO 54,000 miles, p/s, p/b, a/c, am/fm \$2200. 741-8387 gs4

Car For Sale

1980 PONTIAC SUNBIRD Auto. P/S, AM/FM cassette, extra accessories. Mint Condition 516-273-6456. ha4

1969 PONTIAC CATALINA P/S, P/B, A/C, 4 door, 9,000 miles on rebuilt engine. \$1400 negotiable. Call eves. 248-0297. ha4

1980 CHEVY CHEVETTE original owner, 4 door, automatic transmission, am/fm radio, rear window defogger, no A/C, 60K miles. \$1200. Call 352-2628 Monday-Friday, 6-10 p.m. wa4

1984 DATSUN 200 SX CREAM puff, low mileage, clean, extras. Economical, great college car, \$7000 firm. Call daytime, Mike 212 696-4744. gc1

1977 PLYMOUTH VOLARE 4 door. 747-7959. ws1

1977 MERCURY COUGAR station wagon. Full power, am/fm radio, good running condition. Asking \$1,000; Call after 6 p.m. 354-5091. ws1

1966 MUSTANG 6 CYL. 3 SPEED excellent running condition, interior mint, new black vinyl roof, new clutch, new battery. Must sell. \$1400. Call 248-9564. wa1

HONDA ACCORD LX '83 AUTO a/c; p/b; p/s; cassette; louvers; new tires and rims. Asking \$5900. 248-8396. gc52

1978 BUICK LE SABRE Good condition. \$1,150. Call: 742-7560, leave message. gc2

1983 CAMARO BERLINETTA Must Sell! V8 Engine, loaded, all power, A/C, T-Tops, 76K highway miles, runs and looks great. \$5,500. Call 352-0198. wa2

1973 OLDS DELTA 88, 350 V8 P/S, P/B, Automatic transmission, A/C, good body, tight engine, burns no oil. Reasonable. 747-3231. wa2

1976 JAGUAR XJ6-L1 In running condition. Needs some body work. \$900. Call 742-7495 for further details. gc3

CORVETTE 1981 MIRRORER T-Tops; fantastic condition; garaged kept. Driven only by 40's man. Call Ray, 747-2000. gcA3

1977 CHEVY CAMARO P/S, P/B, A/C, AM/FM stereo cassette, new paint. Mint Condition, \$2,700. 938-1035 eves. ha3

1979 BUICK REGAL LIMITED V6, T-top, high mileage, P/S, P/B, P/W, A/C, hitch. Excellent. \$2,095. Call 437-8269. wa3

DODGE DART COLLECTOR'S 1970. Have a running well, custom, 6 cyl, 4 door. Two new tires, rear brakes, radiator, shocks and muffler recently. 82,000 miles, best offer. 483-8521 weekends and evenings. gc4

CAMARO 1977 LOOKS & RUNS terrific. 98,000 miles, \$1,900. 747-0018. gc4

Car For Sale

1978 SUBARU DL WAGON 5 speed; 4 wheel drive; a/c; am/fm; new tires/carb. Good condition, reliable. \$1300 negotiable. 294-9594. gcA3

1978 FORD FAIRMONT A/C 5/R/C, new transmission, 85 K. Excellent condition. \$1,050. 742-8736, evenings. gc3

1984 CHEVY CELEBRITY A/C, P/S, 50 K miles, \$5395. 1985 Plymouth Voyager, A/C, P/S, 32 K miles, \$7350. 516-352-1724. ha4

1979 BUICK CENTURY WAGON: Excellent condition. A/C, P/S, auto., new transmission, new front tires, tuned. \$1,500. cash. Weekdays, after 6 p.m., Saturdays, after 1 p.m. 747-4156 gc1

1981 VOLVO DL BROWN/TAN interior; 58,000 miles. Very good condition. \$5500. Call 248-7917. gc1

MERCURY MARQUIS: 1985 Station Wagon, white/wood trim, full power, 1c, am/fm, 15 K. Mint condition. \$7,800. 294-2984 gc1

1979 BUICK SKYHAWK V6 2 door hatchback. 55K miles, black with saddle interior, a/c, p/s, p/b, am/fm stereo, standard transmission. Excellent condition \$1,750. Call 746-7953. ws1

82 CAMARO BERLINETTA V8 engine, auto, A/C, 42,000 miles, Mom's car, \$6175. Call 433-8771. ha2

OLDSMOBILE 1983 CUTLASS Supreme Brougham, Sable. V6, low mileage, loaded, A/C, P/W, P/S, P/B, Landau roof, velour interior, sire wheels, new tires, garaged, \$6250 eves. 248-3769. gc2

1975 FORD GRANADA 4 DOOR 56,000 miles, needs some body work. \$500. Call 485-5216. ha4

1978 CADILLAC SEVILLE ALL power, leather interior, garaged. \$3500, negotiable. Call evenings 248-3753 or 248-2339. wa2

Boat For Sale

1983 SEA RAY - 34 FT. SEDAN Bridge Cruiser. Excellent condition. Below buc book. Ask for Ray, 747-2000. gcA3

For Sale

LADIES LEFT HANDED GOLF clubs, new. Antique crocheted bedspread, double size. Call 775-2899. gc4

VELVET RUST AND GOLD couch \$175, marble lamp stick table \$50, imported onyx coffee table \$75, all mint condition. 433-8635. hs1

PIANO KRANICH BACH Console off white with bench. Excellent condition. Call 742-5896. wa4

GIANT LAWN VACUUM suitable for parking lots, large lawns, Cost \$600, sell for \$300. Call after 3 p.m. 487-8364. Perfect condition. 487-3864 ha4

For Sale

FORMAL DINING ROOM SET lighted china; LR set, end tables, coffee tables, sectional sofa. Headboard (queen), chests, office desk, stereo and much more. Call evenings, 746-5086. gc3

FREEZER-WESTINGHOUSE 13.1 cu. ft. Nearly new. \$75. Home: 294-0738 evenings. Office: 674-3770 days. gc52

MUST SELL IMMEDIATELY: 66 gal. tropical fish tank. Fully set up. Sacrifice! \$225; 30 gal. fish tank, fully set up, terrific buy, \$125. Mopedas Jawa and Cassio 50. Best offer. Call 741-2890 after 6 p.m. gc3

USED OFFICE FURNITURE: Best offer, must sell fast. Two black metal desks, walnut top, 1 four-drawer and 2 two-drawer, legal-size file cabinets. One two-drawer tub file on wheels, 2 chairs. Assorted file trays and letter baskets. 248-8776. gc3

MOPED 1982 HONDA EXPRESS Automatic 2 speeds, 900 miles, kept in shed 2 years without running. May need minor adjustment, otherwise excellent condition. \$100. Organ Lowrey, 1970's model, percussion, 19 top keys, 24 bottom with bench. Very good condition. Motor needs repair. You carry, \$90. Yashica, sound 8 track movie projector, #P810 with built-in monitor screen. Excellent condition \$150. Two Hewlett Packard #HP-12C program financial calculators, brand new, in original package. \$100 for both. 741-8594 after 6 p.m. gc1

4 NEW ETHAN ALLEN dining room chairs, white fruitwood, Italian Provincial, light blue cushions. 2 arm and 2 side. Originally \$250 each, \$200 for all. 489-2788. gc1

ANTIQUE WICKER COL-lection - 3 piece Art Deco Set, setee and two chairs, \$695. Large davenport, \$425. Matching large library table, \$325. 1910 twin baby carriage, \$345. Misc. pieces. All mint. 485-6053. gc3

BRAND NEW MEN'S FIRENZE 12 speed bike. Asking \$120. 294-9594. gc3

CHANDELIER: BRONZE, 6 lights, asking \$100. Framed prints, lamps, dishes, misc. 334-5999. gc3

MOVING - MUST SELL! Living room and solid oak dinette furniture. All excellent condition. (718)454-2461. gc3

ENHANCE YOUR BAR Antique solid brass national cash register. It works! Sacrifice. Best Offer. 516-364-3119 eves. ha4

SEQUENTIAL 6 TRACK KEY board and Peavey KB100 amp system. Mint condition. Best offer. 516-364-3119 eves. ha4

MUST SELL OUT! BR SET; 6 pieces, modern, maple, double bed, \$200. Rocking chair, oak, \$50. Two arm chairs, upholstered, one needs bottom strengthened, \$50. Sofa, folding, turquoise leatherette, \$75. One manual typewriter. Pictures - oils and watercolors. 741-0186. gc3

For Sale

EXQUISITE CUSTOM MADE: 23 diamond necklace and earrings. 3.5K. Appraised at \$7,500. Selling at \$3,999. Call: 747-1046. gc51

TWO CELERY GREEN VELVET dub chairs, like new, asking \$300. for both. Men's 10 speed bike, excellent condition. Asking \$95. Please call after 5 p.m., 741-3588. gc1

CAPTAIN'S BED: MAPLE with mattress and boxspring, \$100. White, 3 drawer dresser, \$25. Boy's sidewalk bike with training wheels \$25. 747-4269. gc4

DINING ROOM TABLE AND 4 chairs, mahogany, drop leaf, 3 extension leaves, \$300. Magnavox console, stereo/record player/radio, cherry, \$85. black naugahyde convertible love seat (twin bed size), \$100., convertible sofa. Stearns and Foster. (double bed size) \$300., round pedestal table, \$25. 746-1422. gc2

D.P. GYMPAC 2000 WITH FREE standing unit. Never used. Originally \$500. Asking \$200. Home: 294-0738 evenings. Office: 674-3770 days. gc52

WOMEN'S GOLF CLUBS 3 pinseeker woods, numbers 1,3,5 \$80; 3 Graphite woods, numbers 1,3,5, \$110; all like new. Call evenings 741-7936. wa4

MEDITERRANEAN GALLERY sofa, gold velour, wood trim, \$200. Good condition. 741-5931. wa4

XEROX COPY MACHINE fast, reliable, letter-legal size, excellent condition, recently serviced. Great for office use. Able to make between 500-3000 copies/month. Take over payments \$25 month. 735-1673

WOODEN BUNK BEDS (2) with mattresses - 2 years old. \$100. Home: 294-0738 evenings. Office: 674-3770 days. gc52

Services

BARTENDING: COLLEGE students available for summer parties. NY State certified. Eves 516 921-6898 John or 516 625-3254 Matt. hfna4

GUTTERS Cleaned-repaired-replaced Painting windows and trim Replacement windows Sales and installation Handyman Jobs Licensed #21810000 Joe 735-6349 ha3

INTERIOR EXTERIOR PAINTER no job too big or small. Reasonable rates. Call: Eddie after 6 p.m. 747-8671. gc4

HOUSE WASHING: WE CAN make your aluminum, vinyl siding, decks, fences, brick or cement patio's look like new. Call B & W Pressure Cleaning Service 796-9232. hs1

SEAMSTRESS ALL TYPES of sewing and alterations. Expertly done and reasonably priced. Call Mary 294-0071. wfn

Services

SKYLINE IMPROVEMENTS •Carpentry •Roofing •Aluminum Siding Soffit & Trim Treatment Wood Shingles & Shakes All Types of Window & Door Replacements •Sach Cords Replaced •Structural Repairs & Renovations Custom Formion Work Outdoor Wood Decks Expert Work •References Reasonable Prices •Free Estimates •Insurance Estimates Written Call Fred 654-2610 or 931-1155 wa3

LADIES RELAX AND ENJOY YOUR NEXT PARTY! Catering and experienced professional services for assisting with preparation, serving and clean-up before, during and after your party. Bartenders available. Call Kate at 248-1545 or 746-8264. wfn

WALLPAPERING AND PAINTING: Excellent workmanship. Call Phil: 352-7372 gc4

BUILD WITH BRICK Stoops •Fireplaces •Patios •Driveways •And all types of Brick & Stone Work Quality Workmanship at Reasonable Prices Satisfaction Guaranteed No job too small. Waterproofing. Slate roofs repaired. Estimates 538-3813 LIC #H1753940000 gc4

"FRED WILL FIX IT" PAINTING Interior & Exterior Repair Sash Cords & Windows Clean Out Gutters General Handyman •Satisfaction Guaranteed• Call Fred Lee - 794-7405 gc2

CARPENTER: CABINETS, bookshelves, inlaidwork, doors, windows, ceilings, paneling, additions. Excellent finishing work. Radiator covers custom made. Call John, 248-8163, licensed. gc2

ATTN: HOMEOWNERS - Personal service to help you design and remodel your kitchen. Custom mica cabinets, counter-tops and bath vanities. Highest quality materials and construction. Call after 2 p.m., 747-4293. gc3

PAINTING & WALLPAPERING Mr. Hays will take good care of your home. Handy and reliable. Reasonable prices. You can call anytime. 873-9625. gc3

"MAKE IT SHINE" 747-2926 Cars - Vans - Boats Exterior: Wash, Compound and Wax Simonize Interior: Vacuum and Shampoo ws1

LICENSED HAIR DRESSER Concerned service to senior citizens and shut ins. References. 935-5884. ha4

JAMES F. MENTZ CARPENTER - ROOFER Skylights Install.d Carpentry-Alterations Slate Roof Repairs Roofing-Gutters-Leaders Kitchen-Attics-Basements LIC #401750000 593-2933 gc2

Services

HIGHLAND PAINTING & DECORATING
Interior/Exterior
Residential-Commercial
Wallpapering
Wood Refinishing
Benjamin Moore Paints Used
all work guaranteed
References Upon Request
For Free Estimate Call
Frederick T. Coulter
489-7961 gco3

Professional Services

ANNOUNCEMENT
Dr. McQuillan wishes to announce the opening of his Chiropractic office at 700 Hillside Ave. (off Lakeville Rd.), New Hyde Park, N.Y., 11040, 354-4880. wa3

Lost & Found

REWARD: LOST AUG. 1ST
Male altered, black long haired cat with 2 white spots in Garden City-Roosevelt Field area. Needs medication. 486-6816 or 746-2520 gcs2

Pets For Adoption

LOOKING FOR LOVING
home for mature, female neutered Lab Retriever. Well mannered house trained, very friendly. Great with children. Excellent companion for mature person. call after 5 p.m. 746-6329. gca3

Wanted

WE BUY BOOKS ON ART
mysteries, antiques, history, science, old paper backs, many other topics. We do not buy school books. Phone John, 781-0439. ha3

OLD GUNS - SWORDS - BINOCULARS, model engines, bamboo fly rods. Call 825-0979 or 354-1943. hsl

MYSTERY IN YOUR LIFE?
We buy the mystery and detective books you have accumulated. Call: Mystery Bookstore of Long Island, #173A Woodfield Rd., West Hempstead, Monday to Sat. 11 a.m. to 6 p.m. 565-4710. gca3

Instructions

TUTORING AVAILABLE FOR
students entering grades 4-8. Brush up on your Math, English, Science and Social Studies skills to be ready for the upcoming school year. Garden City and surrounding areas. Call 741-1939 for further information. gcs1

RITA LUCY'S GARDEN CITY MUSIC STUDIO
Piano, Violin, Viola
Theory, Harmony
College Preparation
All ages and all levels
The best in music education
30 years in area
248-7379 gcn1

Wanted

WANTED
Old oil paintings, any condition (even torn). Also, old frames, prints, other art work. Also need Oriental rugs (even torn and tattered), old furniture, trunks, sewing machines, linens, antiques of any kind. Old autographs, photographs, books, magazines. Also need old violins, banjo or mandolin. Will pay cash and pickup immediately. Please phone Sandy 574-0216. ha3

DO YOU HAVE OLD COINS?
U.S. or foreign. I will pay a good price. Coin collecting is my hobby. Call me at 223-4236. ha3

LIONEL AMERICAN FLYER
and other old toys (tin wind-ups and toy soldiers, etc.) trains or accessories wanted by Garden City collector. Any condition. Immediate high cash paid 248-4899 gcs4

DOLLS WANTED

I collect dolls and other doll memorabilia new or old. What do you have for sale? Call me at 747-8496. ha2

I just couldn't believe the success of our Garage Sale ad placed in your newspaper! People began to line up at 8:30 - by 3 we had more than emptied our garage and more! I truly had no idea that your ads were as well read. C.G.



NOVENA TO ST. JUDE
Oh Holy St. Jude, Apostle and Martyr, great in virtue and rich in miracles, near kinsman of Jesus Christ, faithful and intercessor of all who invoke your special patronage in time of need, to you I have recourse from the depths of my heart and humbly beg to whom God has given such great power to come to my assistance. Help me in my present and urgent petition. In return I promise to make your name known and cause you to be invoked. St. Jude, pray for us all who invoke your aid. Amen. Say 3 Our Fathers, 3 Hail Marys, 3 Glorias. Say for 9 consecutive days. Publication must be promised. This novena has never been known to fail. Thank you for Answering my prayers. D.R.O. ha3

HOLY SPIRIT YOU WHO SOLVE
all problems, who light all roads, so that I can obtain my goals. You who give me the divine gift to forgive and forget all evils against me and that in all instances of my life you are with me. I want in this short prayer to thank you for all things and to confirm once again that I never want to be separated from you ever in spite of all material illusions. I wish to be with you in eternal glory. Thank you for your mercy towards me and mine. Say for 3 consecutive days after which the favor requested will be granted even if it appears difficult. This prayer must be published immediately. Thank you Holy Spirit. S.J. gca3

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all problems, who light all roads, so that I can obtain my goals. You who give me the divine gift to forgive and forget all evils against me and that in all instances of my life you are with me. I want in this short prayer to thank you for all things and to confirm once again that I never want to be separated from you ever in spite of all material illusions. I wish to be with you in eternal glory. Thank you for your mercy towards me and mine. Say for 3 consecutive days after which the favor requested will be granted even if it appears difficult. This prayer must be published immediately. Thank you Holy Spirit. J.H. ha3

Personal

MIRACULOUS INVOCATION TO
Saint Therese: O glorious Saint Therese, whom Almighty God has raised up to aid and counsel mankind, I implore your Miraculous Intercession. So powerful are you in obtaining every need of body and soul our Holy Mother Church proclaims you a "Prodigy of Miracles...the Greatest Saint of Modern Times". Now I fervently beseech you to answer my petition (mention here) and to carry out your promises of spending Heaven doing good upon earth... of letting fall from Heaven a Shower of Roses. Henceforth, dear Little Flower, I will fulfill your plea "to be made known everywhere" and I will never cease to lead others to Jesus through you. Amen. M.H.

NOVENA TO ST. JUDE
Oh Holy St. Jude, Apostle and Martyr, great in virtue and rich in miracles, near kinsman of Jesus Christ, faithful and intercessor of all who invoke your special patronage in time of need, to you I have recourse from the depths of my heart and humbly beg to whom God has given such great power to come to my assistance. Help me in my present and urgent petition. In return I promise to make your name known and cause you to be invoked. St. Jude, pray for us all who invoke your aid. Amen. Say 3 Our Fathers, 3 Hail Marys, 3 Glorias. Say for 9 consecutive days. Publication must be promised. This novena has never been known to fail. Thank you for answering my prayers. P.V. wa3

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HOLY SPIRIT YOU WHO SOLVE
all problems, who light all roads, so that I can obtain my goals. You who give me the divine gift to forgive and forget all evils against me and that in all instances of my life you are with me. I want in this short prayer to thank you for all things and to confirm once again that I never want to be separated from you ever in spite of all material illusions. I wish to be with you in eternal glory. Thank you for your mercy towards me and mine. Say for 3 consecutive days after which the favor requested will be granted even if it appears difficult. This prayer must be published immediately. Thank you Holy Spirit. P.V. wa3

GARAGE SALES

VENDORS WANTED ARTS AND
Crafts Fair, Williston Park, September 13. Write Williston Park Chamber of Commerce, P.O. Box 207, Williston Park, N.Y. 11596.

NEW HYDE PARK GARAGE
sale, Sat., Aug. 29, 10 a.m. - 5 p.m. (rain date Sun. Aug. 30). Crib, bassinets, infant/childrens clothing, toys, bikes, tools, household items. 534 6th Ave. (south of Jericho off Covert). wa4

Tag Sales by Al & Marie
6237315

We are conducting a sale in immaculate Hicksville home. Complete sell out. Everything must be sold. Friday and Saturday, Aug. 21 & 22, 10 to 4 p.m. Link Taylor master bedroom set. Rock Maple dinette set with china hutch. Miscellaneous furniture, secretary, quilted sofa, 2 twin beds, tables, lamps, crystal, china, collectibles, rattan and molla chairs, water and snow skis, 2 BBQ's. Basement loaded!!! Baby items, mens and ladies clothing. We are air conditioned. 33 Hunter Lane, Hicksville. Direction: Off South Oyster Bay Rd., between Woodbury and Plainview Roads, left on Columbia Road, right on Campus Place, right on Hunter Lane #33. ha3

GARDEN CITY AUG. 21 & 22
over 500 slightly irregular sizes (2T - 14-16). Some adult sizes too. - 14-16). Some adult sizes too. Great for school, play plus winter, 3 for \$5. Furniture, books, records, memorabilia, postcards, old radios. Too much to mention. Free gifts with purchases. What's as hot as the sun and twice as much fun? My garage sale! Gates open at 10 a.m. til 6 p.m. Friday and Saturday, August 21 and 22. 195 Wayford Terrace. Great prices, especially for you. gca3

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GARDEN CITY, FRIDAY AND
Saturday, Aug. 21 & 22; #9 Middleton Road, (corner of Dartmouth). Clothing, household items and assorted other treasures. gcs2

GARDEN CITY, FRIDAY AUG.
21 and Saturday, Aug. 22, 9 a.m. to 4 p.m. Vast selection of books for all ages; LP records, odds and ends. #107 Lefferts Rd., off Old Country Rd. gca3

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settling estate, must sell entire contents of interesting old home. Colonial DR featuring large hutch, antique china, and old bric-a-brac. Old oil paintings and pictures. Brand new LR furniture combined with old mahogany tables, lamps, and accessories, unique carved oak youth bed, assorted furniture, an attic filled with old books, bric-a-brac and many interesting old items, old tools, garden and home. Ping-pong table and much miscellaneous. Please join us at 3 Wilmar Place (off 6th St.) Sat. Aug. 22, 9-2 p.m. gca3

WILLISTON PARK GARAGE
sale, Sat., Sun. Aug. 22, 23, 10 a.m.-4 p.m. 253 Cushing Ave. (between Willis Ave. and Herricks Rd. and north of Hillside Ave.) Furniture, lamps, toys, much more. No previews. wa3

GARDEN CITY 120 LOCUST ST
Friday - Saturday Aug. 21 & 22, 9-2. Couch, lamps, stereo, twin size bed, high riser, fixtures and household items. ha3

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Here's How

By Gene Gary

Drying up a sweating tank

Q: We have an ongoing problem with a house we own in Washington state. So far, no one has been able to provide us with any help.

The water tank to the toilet "sweats," dripping so badly that the floor is always wet. We are on well water and a septic tank. I would imagine it is caused by cold water in a heated room.

Do you know of anything that would correct this problem? — E.C.D.

A: You are correct in your assumption that the sweating is from condensation caused by warm, humid air coming in contact with the cold porcelain surface of the tank. The tank is cold from the well water flowing into it.

One of the most effective methods of eliminating condensation is to raise the temperature of the water before it reaches the flush tank. A specially designed mixing valve is available that can be installed in the cold water line supplying the flush tank. This tempering valve allows you to connect a hot water line to the cool line so that water delivered to the tank will be approximately room temperature. If the surface of the tank

is no colder than the surrounding air, condensation will not form.

Another solution is the installation of a tempering tank. Designed to accomplish the same thing as a tempering valve, a tempering tank is simply a reservoir in the cold water line supplying the flush tank.

Theoretically, water allowed to stand in the tank will be warmed by the surrounding air. However, this won't work if large amounts of water must pass through the tank within a short time. Also, may be able to help restore your vase.

However, if the glass is permanently etched it is doubtful that the stains can be removed.

Q: While out of town for a few days at Halloween time, our pumpkin spoiled on the fireplace hearth. Needless to say, the rotten pumpkin stained the red brick hearth. What might remove the stain from the brick? — L.B.

A: You should be able to clean the brick and restore much of its natural appearance. Cleaning and etching preparations for brick and masonry surfaces are available at large hardware stores and mason-

ry supply dealers; get the kind not containing muriatic acid and follow label directions carefully. Or use fine steel wool and a strong detergent or mechanic's hand soap containing sand, followed by an ample rinsing with clear water to remove all traces of the cleaner.

If the soiling is too deeply penetrated for removal by this method, rub the brick surface with a carborundum block, available at paint and hardware dealers. This will take a lot of elbow grease, but it should expose a fresh, smooth surface of natural brick.

condensation will form on the tempering tank so this type of installation simply changes the location of your problem from the bathroom to the basement.

One of the simplest solutions to a condensation problem involves no plumbing modifications. An electric immersion heating unit with self-contained thermostat will keep the water in the flush tank at a sufficiently high temperature to prevent the formation of condensation. Just hang the unit in the tank and plug into an electric wall outlet.

When replacing old fixtures, give some consideration to installing a dripless tank featuring two walls with an insulating sealed air space between.

Another solution to your wet floors is the installation of a drip tray mounted underneath the tank. This won't stop the condensation, but the tray will catch the moisture and collect it in removable cups or a drain into the bowl of the toilet. The metal or plastic trays can be installed in a matter of minutes.

age 57, and your abilities should only have increased over the years of successful job performance. This knowledge becomes very important in the presentation of a salary increase request to your employer or in any case handled by an equal opportunity agency.

• Know that 18-year-olds in first jobs will, almost predictably, move on to other jobs. Many just try jobs for short times in many fields — yesterday McDonald's, today a shoe store, and tomorrow, perhaps, a gas station. Nothing deflates the ego of a boss more than having a pet idea — even such a favored one as you describe — fall apart. And, the odds are in your favor that it will fall apart.

• Research your community for other, similar stores, where children's orthopedic shoes are sold. Can you make the new, right opportunity for yourself there? Know that the best way to get a new job is to still have one. Know that the easiest way to get a salary increase is to have a competitor interested in hiring you away. Your value to a competitor includes: not having to be trained in the subject field; you have proven on-the-job predictability and success; and you just might bring your "repeat customers" with you. Start this research quietly. Visit the stores yourself to see how they operate, and secure the correct names and mailing addresses of each for your eventual contact. Do all of the steps in this recommendation before doing anything precipitous, such as the outright quitting of your job.

TWEEN 12 & 20

By Robert Wallace, E.A.D.

Dr. Wallace: I'm a 16-year-old guy and I would like to ask a certain girl out but I know my parents will laugh and poke fun at me. I know they will only be kidding but still it will bother me very much. They have done this before.

I love my parents very much but sometimes I wish they would leave me alone. Please help! — Ron

Ron: Talk to your father and explain that the teasing about dating is no longer funny and ask that he please refrain from future jokes at your expense.

This direct parental approach is effective. Sometimes parents cause emotional pain to their children and are not aware of it!

Dr. Wallace: I love heavy metal music and I can't understand why my parents are upset when I listen to it. Older people think that because you listen to heavy metal, you are going to get involved in drugs, sex, booze or even kill someone.

I haven't done any of that stuff and I don't intend to. I attend church regularly and I'm not into satanic worship.

Please tell me why adults are down on heavy metal? Don't they like loud music? — Tina

Tina: It's not so much the loud music that upsets those who frown on heavy metal, it's the very foul and distasteful lyrics that sometimes find their way into the act.

It's true that music doesn't create evil — people do. Let's just say that the majority of heavy metal followers don't sing in the church choir.

Dr. Wallace: I am an adopted 18-year-old girl. I graduated from high school with honors. Presently I am dating a really sweet guy who is 21. We are in love and plan to get married in a year or so. We are both employed and we are saving our extra money to get a down payment on a house.

My adoptive parents don't like this boy because they think his parents are "snobs." One day my mother saw Bill's parents in the supermarket and they wouldn't talk to her. Because of that my folks are telling me that I'll have to wait until I'm 21 before they will let me get married. Can they do that? It could be that I will wait until I'm 21 before I get married but I just don't like to be told what I can't do if my parents are wrong. — Joan

Joan: You can marry anytime after your 18th birthday without parental consent.

Dr. Wallace: Usually I agree with what you say but you couldn't have been more wrong when you said that all R-rated movies are trash.

Granted, many R-rated movies are worthless and made only to make money but some R-rated films are excellent and deal with social issues and current events.

I could list several powerful films that I've seen with R-ratings that made me aware of important social happenings.

Surely you will change your mind and tell me some R-rated movies are good. — Kristi

Kristi: You are correct. I was wrong in my evaluation of R-rated films and I appreciate your letter telling me so. Also, thanks to the hundreds of other readers who also reminded me that my movie rating needed an overhaul.

Dr. Wallace: I have a friend who is not very nice to me sometimes. If she is at my house and another friend stops by to see me, Janet gets mad and leaves. But when she has a friend at her house and I come over to see her, she tells me to go home.

Also, Janet is critical of everything that I do. She always makes fun of my dancing even though we take a dance class together and the teacher told me that I'm very good. Any time I get into a bit of trouble, Janet seems pleased.

Do you think that I should continue to be friends with Janet? — Bev

Bev: Continue your friendship with Janet but spend time cultivating other friends. When you are with Janet, make her aware that at times she is super critical and ask her to please change her ways. The more Janet upsets you, the less time you spend with her.

Dr. Wallace: I'm a 19-year-old girl who made a stupid mistake three months ago and now I need your advice. At the time I allowed my boyfriend to talk me into getting a tattoo.

I got it on my right shoulder (a butterfly with my boyfriend's initials under it) and now I'm sorry I got it.

Barbara: You have two choices. First, you can have the tattoo re-tattooed with a flesh-color tint or you can have removed by medical means. Simply it's sanded off.

Contact your family doctor who will recommend a plastic surgeon who can talk with you. In either case, the result is good but not perfect.



Mainly for Seniors

By Leonard J. Hanses

unaware of these laws and the new protections you have. Contact — even by telephone — the local offices of your representative in Congress and your elected state representative. Ask how to get the most current and valid information on your equal opportunity in employment. There will be a staff member who deals in this subject area, who may provide the information and your best contact at the appropriate government agency. Many times that staff member will volunteer to contact the agency for you, and to have the right person phone you. In this way, data collection comes first — and you need the information as the equal opportunity laws vary from state to state.

• Contact your local Area Agency on Aging to ask for similar information they might have available. Ask, too, if there is available staff or counsel — as part of their service — to review your possible case and situation. If available, have the meeting, but do not yet authorize any follow-through.

• Do some serious "learn up" on yourself as a professional in your field. You evidence this, having started in this job 25 years ago, and your letter states that you have "many repeat customers." You were considered "older" when you were hired by this store, at

How long do you want to work? How long must you work to provide for your later years? What rights do you have to continue working? And, how do you protect your rights if in a position of challenge?

Here is the reader question:

Q: I am in my 25th year working, selling orthopedic shoes for children.

I am 72 and earn \$4.40 per hour plus commission. The store has just hired an 18-year-old girl at \$5.50 per hour plus commission. I get just two weeks paid vacation and have never called in sick.

I have gone to my boss who says that business is slow right now and that in the fall, when school opens, I'll get more. If I don't get at least \$5.50 an hour, I'm considering quitting, but then I cannot collect unemployment.

What do you suggest? — V.C.

A: There appears to be a serious inequity in the case you present — but the last thing we'd recommend is quitting your job. Use that as a last resort only after you have done some of the following:

• There are new laws — at both the federal and state levels — to protect your equal opportunity in employment. Many employers are

Backyard Gardener



By Patrick Denton

Inducing blooms in Christmas cactus

Among fans of the Christmas cactus, I do believe there exists a fair amount of friendly rivalry over who can manage to induce the most abundant bloom in their plants. The competition often involves carefully guarded secrets of this plant's management, sometimes tips passed on from venerable gardening grandparents or great-grandparents, along with the plants themselves, in some cases.

This popular winter-flowering plant is a jungle cactus that grows and flowers naturally in areas of Central and South America at high elevations where night temperatures dip to around 50 degrees Fahrenheit, and sometimes as low as 40 F.

These cool night, forest conditions give us some important clues to the care of our Christmas cactus plants — bright light, high humidity, wet seasons alternating with dry ones, cool night temperatures.

To translate these natural conditions in their native habitat into workable counterparts in our homes, let's take a look at a typical year in the life of a well-cared-for Christmas cactus plant.

Ideally, our Christmas cactus plants will have spent the summer outdoors, in filtered light or light shade in the garden, on a balcony or even a fire escape. Outdoors, the plants benefit from the fresh air and abundant light, and generally plump up and put on new growth.

During the summer they are given enough water to keep their soil lightly moist, and they are also fertilized regularly. An ideal fertilization routine is to add the plant food to their water every two weeks at half strength, alternating between a balanced chemical food like 15-30-15 and a purely organic product liquid fish or seaweed emulsion.



Backyard Gardener

YOU ARE THERE

We the People

insure domestic Tranquility, provide for the common good and our Posterity, *Ward* and establish this *Con*

Draft of proposed Constitution received by delegates. Commerce and Slavery both remain major problems.

Philadelphia, August 13, 1787 (Delayed) - At the beginning of last week delegates to the Federal Convention reassembled in the State House here and were given copies of a quickly printed draft of the proposed Constitution.

Immediately upon receiving the draft, an adjournment was called to enable study and discussion.

When the group reconvened, debate began on two key issues: slavery, and the power of Congress to regulate interstate commerce. It seems the writers felt giving congress this regulatory power would eliminate tariff walls between the states and resolve disputes regarding navigation on common river boundaries. Indeed, the present meeting can be traced back to a disagreement between Virginia and Maryland over navigation on the Potomac.

It is regrettable that most of New York's delegation is not here to express an opinion on the subject. It is well known that New Jersey and New York are arguing about which has authority to control commerce and navigation on the lower Hudson River and the boundary waters of the port they share.

Extensive debate has also arisen on the matter of slavery. A wide range of viewpoints have been expressed on both the economics and morality of this institution. There does not even seem to be agreement on what delegates are discussing. Is the question whether slavery should be allowed to continue? Or is the question whether importation of slaves can continue?

At the end of the week, as the delegates left their meeting room in the State House for their Sunday day of rest, they had not yet come close to an agreement on these things.

In the meantime the heat of summer has returned to this city.
By John Zweibel, Observer



Early in September, it's time to switch their routine in order to stimulate a rest period that they receive in nature following a period of growth. To rest the plants at summer's end, cut out all fertilizing and water less often.

During the rest period, there are three conditions that will be roughly equivalent to the ones that induce flower bud formation in these plants' natural setting: reduced water, cool nights and shortened days. Give just enough water to keep the soil from drying completely and the foliage from shriveling.

The plants can, in fact, be left outdoors in the shelter of a porch, patio or balcony until night temperatures fall to 40 F, the lowest minimum normally experienced by the Christmas cactus in nature. Then it will have to be moved indoors.

Indoors, the short day, dry soil, cool night routine must be continued for the successful formation of flower buds. Ideally, the plants should be placed at a bright window, in a room that goes quite cool at night and doesn't become overheated during the day. Temperatures not exceeding 65 F in the daytime are fine.

It will also have to be a room where no light is switched on between dusk and dawn and during October and November. Alternatively, the plants may be covered with a light-tight box or placed in a dark cupboard from 5 p.m. to 7 a.m.

Under this regime, flower buds should form in December. Then watering can be stepped up and half-strength fertilizing every two weeks as before. Time, too, for enjoying your accomplishment at mimicking Mother Nature.

After your Christmas cactus has finished blooming, it will be ready for another rest period during February and March. Reduce water and stop fertilizing. Resume both with new growth in the spring, put the plant outside again for the summer, and then start the whole jolly routine again.

If you have any orchid cactus plants (epiphyllum), give them the same conditions with cool temperatures, reduced water and full winter light until growth resumes in late winter. They bloom late spring to early summer.

Backyard Gardener

Streamlined solutions for multifunctional needs

Decor Score



By Sharon Owen Haven



As a minimum, you both would surely need storage, a desk, seating and a place to sleep. See how many ways you can figure out how to combine these functions and use a minimum of floor space.

In the room pictured, the desk doubles as a headboard; the bed triples as a sofa and storage area, as well; the built-in cabinets can provide storage for books, clothing, TV, etc., and the countertop can be used as a work or refreshment serving surface.

Recessed ceiling lighting provides abundant light while omitting the need for bulky, space-stealing lamps.

Built-ins will always maximize limited space and unless you are lucky enough to find ready-made furnishings that fit exactly, built-ins do not always cost more and may be worth any extra expense if you intend to live in your home a long time and use the space frequently.

A light color scheme, clean lines and minimal furnishings likewise will contribute to living big in your little space since the most important judgment of its success will be whether it feels spacious and functional.

DOUBLE DUTY — Built-ins and dual-purpose furnishings work well in small spaces that need to serve many current and future needs. Design by Color Design Art.

Q: We have an adult child who will be living and working for an indefinite period out of a small spare room we have. We would like to fix it up as an office/bedroom combination that we can use as den and guest room when he leaves. Do you have any special suggestions? — L.W.

A: This is not new advice but it's still vital in designing small spaces to perform a variety of tasks: Make everything you add to a small space serve as many functions as possible.

Make a list of your son's functional requirements for this room. Then make another list of functions you would like this room to serve when your son leaves.

Decor Score

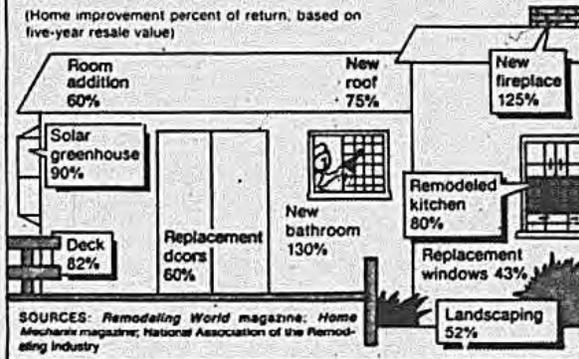


SMART MONEY

Home improvements that pay off

Here are the major home improvements that provide the best return on investment.

(Home improvement percent of return, based on five-year resale value)



SOURCES: Remodeling World magazine; Home Mechanics magazine; National Association of the Remodeling Industry

BENCHWARMER'S SPORTS TRIVIA

Q Famous for his slam dunk and mid-air exploits, this retired Philadelphia 76er was the NBA's most valuable player 3 times (1974-76).



A John Fering, known as "opponent's defender."

Q What 4 events make up the professional tennis Grand Slam?



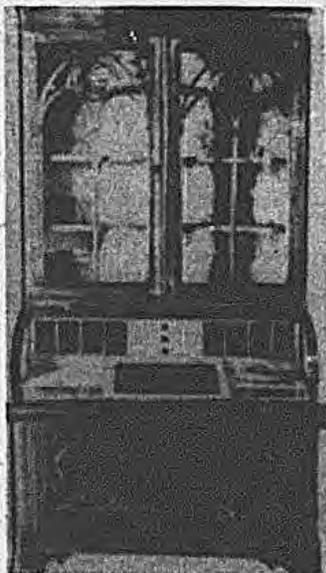
A The Australian and French Open, the U.S. Open, and Wimbledon constitute the game's most difficult challenges.

ANTIQU OR JUNQUE

By James G. McCollam



Your desk is Victorian Gothic Revival



Q: This cylinder-front secretary is solid walnut trimmed with walnut veneer. Please tell me what you can about its age and what it might sell for.

A: This would be classified as Victorian Gothic Revival. It was made in the third quarter of the 19th century. A dealer would probably price this well over \$2,000. That would also be a reasonable figure for insurance purposes.

Q: My Haviland china has the attached mark. The set belonged to my husband's parents and I know nothing about it.

It consists of eight five-piece place settings and seven serving pieces.

What can you tell me about its vintage and value?



A: Since this mark was used in the late 1950s, your Haviland china wouldn't be considered collectible. As a matter of fact, it might still be open stock; I suggest you check with your local department store and ask what the current price would be.

In a forced sale you would be lucky to get more than \$200 for this set.

Q: Could you please explain the difference between an ordinary print and a lithograph?

A: A print is a mechanically produced picture of any kind. Strictly speaking, a lithograph is a print produced by drawing a picture on a flat stone with a wax crayon. When the stone is inked, the wax rejects the ink, a sheet of paper is pressed against the stone and a picture is imposed on the paper.

Usually, lithographs are issued in limited numbers and signed by the artist. The lower margin will have the artist's name and, for example, 30/200, which indicates that this is No. 30 of 200 total prints.

Q: Please tell me something about Bride's Baskets. What exactly are they? Are they very expensive to collect?

A: Bride's Baskets are glass bowls in a metal holder with ball handle. The bowl usually has a ruffled edge. The holders are usually silverplated. They were popular wedding gifts around the turn of the century.

Here are some typical prices:

- Cased glass, pink inside, ivory outside — \$200.
- Cranberry glass, white overlay — \$100.
- Custard glass, red ruffled rim — \$150.
- Opalescent glass — \$125.
- Diamond quilted satin glass — \$650.
- Deep rose satin glass — \$300.
- Cased glass, red inside, white outside — \$225.

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Antique Classic Set For Sept. 4,5,6

The Southampton Antique Classic is a three day outdoor antique market now in its sixth year. It will be held Friday, Saturday and Sunday, September 4, 5 and 6.

The show is held on the grass fairgrounds of the Southampton Elks Lodge on Route 27 in Southampton, the heart of Long Islands prestigious East End.

The Antique Classic is expected to attract one hundred dealers from various states including New York, Connecticut, Maryland, Massachusetts, Pennsylvania, New Jersey and Rhode Island. Antiques on hand represent all categories including furniture, country items, toys, stoneware, linens, jewelry, paintings, quilts, dolls and much more.

Show hours are from 9 a.m. to 8 p.m. Friday and Saturday, 9 a.m. to 5 p.m. on Sunday. Admission to the show is \$2.50, with all children under twelve admitted free. The Antique Classic is held rain or shine. For additional information call DePasquale Enterprises at (516) 736-0995.

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ALSO WANT Old Frames, Prints, Photographs

Autographs, Anything Old Or Antique

Highest Cash Paid

Home Calls

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Sandy:

574-0216



Points on Pets

By R.G. Elmore, D.V.M.

Q: What should we do for our foal immediately following its birth? Is it necessary to have it examined and treated by a veterinarian?

A: We want our foal to have the best chance possible for a healthy life.

The excitement of having a newborn foal should not cause the horse owner to forget to do certain routine procedures soon after the foaling.

The foal and mare usually lie quietly for 15 to 20 minutes following foaling. During this time, blood is still passing from the fetal membranes, or afterbirth, in the mare to the foal through the umbilical cord. It is therefore important not to tear the umbilical cord immediately after birth. The cord usually will rupture spontaneously when the mare first gets up.

Any fetal membranes covering the foal's face should be gently cleaned away so that suffocation does not occur. This should be done quietly so that the mare is not startled.

It usually takes foals 30 to 60 minutes to stand for the first time. The navel, or umbilical cord, of the foal should be dipped in a mild iodine solution as soon after the cord ruptures as possible. This helps decrease the number of germs, particularly bacteria, entering the foal's body, and thus reduces the chance of navel ill.

Many veterinarians recommend that the newborn foal be given a tetanus antitoxin injection soon after birth. Tetanus antitoxin protects the foal against tetanus for only a few weeks. The tetanus antitoxin is not necessary if the mare has been vaccinated with a tetanus booster during the last six weeks of pregnancy. The foal then

gains immunity to tetanus from antibodies obtained through drinking the first milk, or colostrum.

Newborn foals should nurse within the first two to three hours following birth. However, attempts to force a reluctant foal to nurse are usually a waste of time and energy. If the foal is strong enough to stand, it will not starve in two to three hours. Nursing within the first few hours of life is important because it is the means by which the foal gets antibody protection against common equine diseases.

The digestive tract is able to absorb antibodies for only a few hours following birth. The ability to absorb is low by 12 hours and almost negligible by 24 hours following birth. If it seems difficult for the foal to nurse, the mare's mammary glands should be examined for milk.

Many foals develop constipation within a few hours following foaling. Periodic or persistent straining, elevation of the tail and constant and vigorous swishing of the tail are early signs. If not relieved soon, colic develops. Therefore, many advocate giving all newborn foals enemas.

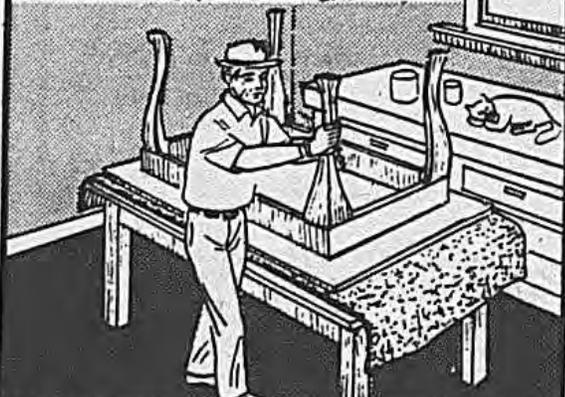
Disinfection of the navel, tetanus immunization, nursing and an enema should be accomplished during the first few hours of the foal's life. If you are not familiar enough with these procedures to do them yourself, you should call a veterinarian to help you. The veterinarian can also examine the mare on the same visit.

Foals should be observed frequently during the first week of life for signs of illness. Prompt treatment is usually effective for most newborn foal ailments.

Putterin' Pete

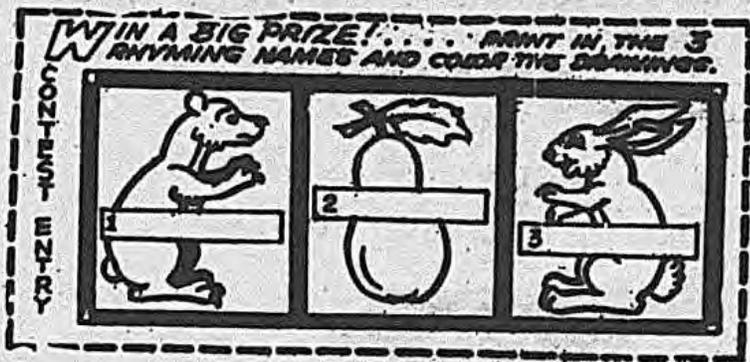
By FRYE

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JUNIOR EDITION



Aunt Tilly's Corner

Last week the little girl next door to me had a birthday party. She is five years old and this September she will enter kindergarten.

Cathy enjoyed the party very much. She received some very attractive presents, including her favorite, a huge teddy bear. She also loved being a hostess to six of her best friends. Most of all, she had a great time sampling the cake and ice cream, and playing party games. Happy Birthday, Cathy!

Love,
Aunt Tilly

P.S. This week's coloring contest winners are Josh Brown and Ann Carney. You'll hear from me soon, both of you!

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This is our precious little granddaughter, Kristen Marie, born March 12. She is beautiful, bright and a very happy little girl. Her proud parents are Scott and Diane (Perico) Brekne of Freeport. (Diane formerly of Garden City). Kristen's proud grandparents are Stanley and Magdalen Brekne of Freeport and Raymond and Dorothy Bedell of Garden City.

We love you, Kristen,
Grandpa and Grandma Bedell
Garden City

Back to SCHOOL AND COLLEGE

Dear Sue,
I got a new
LunchBox, I am
Learning to
read, I won a
Prize at my
school,
OOO LOVE
MIKE

Dear Mike,

The summer was great on the beach
with you. I miss you but being back
at college is great. My research class
is great and the teacher is very nice.
Everyone here is wearing the new
style jeans we saw. I got a pair and
they look great.
I got a new walkman to listen to
my lessons while I exercise. I can
ride my bike and study at the same time
Well, I better go. Get some studying
done. See you soon. I hope.

Love,
Sue

BACK-TO-SCHOOL

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SPECIAL BACK TO SCHOOL EDITION
 With the Times/News Edition, New Hyde Park Herald Courier, Syosset Advertiser,
 Hillside Times, Jericho News Journal, Wallingford News, Garden City News,
 and The Great Neck News



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FALL FASHION PREVIEW

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COLLEGE SURVIVAL TIPS

Being a parent to a freshman

By Debra Cooper

The freshman year at college is a trying transitional period — not only for students, but for their parents, as well.

"In some respects, the transition to college life is harder for the parents, because the older you get, the harder it often is to live with change," said Robert Mannes, the dean for student life at the University of Southern California.

But college freshmen are expecting to change, to "expand their horizons," and so often are very receptive to new ideas and philosophies to which they are exposed.

During the opening weeks of school, however, child and parent alike usually feel uneasy and suffer from "anxiety of the unknown," according to James M. Dennis, vice president for student affairs at USC. The anxiety is resolved differently, however.

"Students are unraveling a little of the unknown each day. Parents, on the other hand, may have to wait days or weeks for a few clues, depending on how reliable their offspring may be in calling or writing," Dennis said.

No matter how little parents may know about their child's activities and no matter how much they want to know, they should resist the urge to visit campus immediately.

"We advise parents to wait about two months before visiting," Dennis said. "It's important for students to experience their sense of independence, to operate freely on their own for a while."

In any case, parents generally will receive a "check-up" telephone call about a month after school has started. "A student may call, out of the blue, and ask about the dog, the car, his old bedroom and other things," Dennis explained. Sometimes, the call indicates homesickness. Generally, however, the student merely

wants to touch base or to assert independence.

Other things parents can expect? Amateur psychoanalysis, probably around the Christmas holidays. "Freshmen go through Psychology 101 or they have lots of philosophical conversations with their new friends," Dennis said. "Then, over the winter break, many feel prepared to psychoanalyze their parents."

Many students also feel ready to question the family's value systems, traditions and beliefs. "Parents should be prepared to have their beliefs and values tested," Dennis said.

"Parents need to know where they stand on things," Mannes

added.

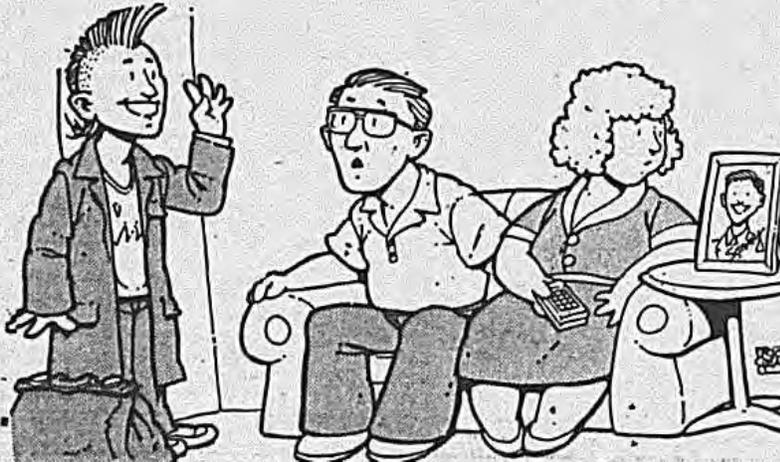
A parent who is outraged by his offspring's new attitudes and views might take solace in Mannes' observation: "Students use parents as a reference point. They want to try out new ideas, but they want to try them out on someone they're confident with."

Parents also may take solace in the fact that many universities offer orientation sessions specifically for parents. While the sessions usually are not titled "How to Be a Parent to a Freshman," that's the gist of the information presented. Most of the suggestions offered during the sessions apply to parents of students living on campus, but many would apply to parents of commuter students, as well.

Especially valid is the suggestion to keep lines of communication open, no matter how strange or uncomfortable topics brought up by the freshman may be to parents.

"Even when you believe a topic is outlandish or think that a form of behavior is bizarre, leave the door open for communication," Dennis said.

Resist the urge, the administrators advised, to say, "That's the dumbest thing I ever heard," when your budding intellectual starts talking about a new religion, political theory or philosophical belief. Bite your tongue if you must, but manage to say something like this: "That's an unusual viewpoint. Want to tell me more about it?"



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Parents, freshmen cope with shock

By Michael Scott-Blair

The heartbroken mother letting go the hands of little Johnny and Suzie as they leave for their first day of kindergarten has become a familiar picture that brings a lump to the national throat.

But what about 13 years later, when Johnny in full beard and Suzie in high heels are fleeing the family coop and heading for their first day of college?

The wrench to family relations is often as great and sometimes greater, but few families are prepared for it, according to counselors and psychologists at the University of California at San Diego who advise parents and new students on life after high school — that first year of college.

"For the first time in their lives, many of your sons and daughters are going to face real academic competition and the results may come as a shock to both of you," Miriam Levens, a campus clinical social worker, warned the parents of a group of incoming freshmen.

"For most of their lives, they have probably been top students, considered bright among their school peers and with a long history of high school A grades behind them.

"But here, they will be just one among a whole host of bright students. You and your child might suddenly be faced with the first C or F grade of your lives, and you had better all be ready to cope with it," she said.

Earlier, seasoned students with two or three years of university experience told the parents to "expect some changes in your sons and daughters when you see them next Thanksgiving or Christmas."

The predictions are part of the "orientation program", in which parents and freshmen are invited to the campus during the summer recess to tour the facilities.

Like students themselves, the parents sat nervously in lounges and study rooms as their youthful guides coaxed them toward a better understanding of what to expect as their children grow into the college experience.

"Remember, it may be a shock to you when your child comes home at Christmas and has changed, but don't jump up and yell, 'Oh, no, what has happened to you?' Sometimes the initial change is a little drastic, but most often students settle back to a reasonable position as they establish their new values," said college senior Julia Whitworth, who

served as a guide for the parents.

"This is a time when your children's views will start to crystallize. A lot of the values you have instilled in them as they have grown up will now start to show," she said.

The parents seemed satisfied.

But, Levens warned the parents, "if your son or daughter suddenly arrives home and says, 'I don't like it there and don't want to stay,' they are not hallucinating."

Across the United States, on average, 50 percent of the students who start on a campus finish at a different campus.

Levens urged the parents to understand the guilt their children might feel if they score low grades or don't want to stay at a university.

"I see many students riddled with guilt because they think their parents have made huge sacrifices to send them to college and now they are not making it or not enjoying it.

"I have seen students become

virtually immobilized by that sense of guilt to the point that they can see no alternative but to drop out altogether," she said.

"It is far better if you parents will sit down with your sons and daughters right at the beginning and make it clear that it is not a capital offense if it does not work out at a particular school. There are dozens of universities," she said.

But university life is not all "doom and gloom," said Levens, who conceded that most of her remarks pointed to the pitfalls of campus life.

"Many of your children have been bored to tears at high school. They have been forced to hide their intelligence just to be accepted by their friends," she told the proud parents who nodded their agreement.

"But in college they will glory in the ocean of intelligence they will find on campus. They will blossom like flowers in the sunshine of intellectual curiosity that abounds. And they will flourish," she said.

SPECIAL BACK TO SCHOOL EDITION

Whitten Thoms/Mitnick Editors, New York Post Herald Center, Street Address, Hill Island Times, Justice News Journal, Bridge News, Garden City News, and The Great Neck News

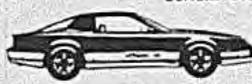
Child's Age	Estimated Total College Cost		Estimated Amounts Needed To Save Monthly From Now Until College Graduation	
	State	Private	State	Private
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6	\$46,440	\$77,400	\$ 99.00	\$165.00
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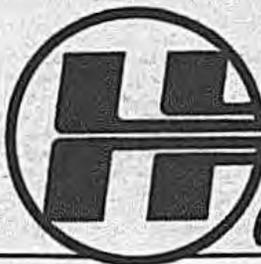
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FEAR OF MATH?

By Joseph Tesken

Do your palms sweat when you face a row of figures and a calculator isn't handy?

Does balancing a bank statement give you a headache?

And when your youngster brings you a fourth-grade math problem, does your mind go blank?

If the answer is yes to any of the above, you may be suffering from "mathphobia" — a fear of mathematics.

You're far from alone, however, said Marilyn Simon, a math teacher, lecturer and author, who is doing her bit to wipe out a widespread dread of math.

"It's estimated that 87 percent of all people have some form of this phobia," she said. "The range is from a mild dislike of math to

actually hating it.

"Mathphobia often becomes a double syndrome. On the one hand, it may be math avoidance — people will do everything to avoid it in their lives. On the other side is math abhorrence, in which they actually are repulsed by math."

Simon, an enthusiastic exponent of the virtues of mathematics, is attacking the problem on two fronts — as a teacher and as a writer.

She conducts seminars to persuade those with a dread of math that their fears are groundless.

As a writer, she co-authored a book with the title "I Can Do Math," an attempt to brush away the mystery associated with the study of mathematics.

It just doesn't add up

"Most people get turned off to math at an early age, and from then on avoid it with a vengeance," said Simon.

"It's such a traumatic experience to some that they have a total recall of when the turnoff occurred in their lives, even if it was 40 years ago," she said.

"I remember one older woman said she can still recall the dress her teacher wore and what she said when she chastised her in front of the class for not knowing the answer to an arithmetic problem."

"The teacher called her stupid and that did it. From then on, she felt she couldn't cope with mathematics."

Simon, who has a master's de-

gree in math from the Illinois Institute of Technology at Chicago, has taught high school, university and adult classes for 16 years.

"On the first night of class, I try to get the students to tell their feelings about math, why they dislike it," she said. "I've heard 20 different reasons. Most of them concern the teacher they had. Usually, if students don't like their teachers, they don't like the subjects."

"A lot of elementary teachers have mathphobia themselves, and this feeling carries over to their students."

"Also, math builds on itself. So when a student misses classes for a few days, he or she may miss one whole concept, making it difficult to catch up. Math is like building blocks."

"There are many other reasons. But I try to address these dislikes so they develop a neutral feeling about math."

So how does Simon preach a positive approach to math?

"After clearing their minds of objections (to math), I try to lay down some simple rules in learning math," she said. "For example, math, unlike English or history, must be read very slowly. Every word means something."

"I try to make each step clear to everyone in class. I break down basic concepts as we go along."

"Each time we do a problem, I ask every student if he or she understands how we did it. Too often in a math class, the teacher will go on to the next section without finding out if all the students understand what was done."

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Decline In State School Enrollment

Total enrollment in the state's elementary and secondary schools—including public and private—will decline about one percent this year, according to estimated figures just released recently by the State Education Department. The decrease, the 17th consecutive decline, is attributable to declining birth rates which set in several years ago, according to John Stigmeier, director of the Department's Information Center on Education. Stigmeier says that Department projections show the decline in enrollment will continue through the end of this decade before starting a gradual increase in the early 1990's.

The Department estimates total elementary and secondary enrollment at 3,075,800 students this fall, down about 30,000 from last September's actual enrollment. This includes an increase of about 13,900 in kindergarten through grade six and a decrease of about 44,000 in grades seven through twelve. Of this year's total, 2,572,000 students will be attending public schools and BOCES, down about 17,000 from last year.

The non-public schools will enroll 503,700 students this fall, representing a 13,300 decrease from last year. This includes a decrease of 4,400 in kindergarten through grade six and decrease of 8,900 in grades seven through twelve.

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Back to school with computers

By Gregg Howard

Many people look upon computers as an aid to adults, whether the equipment is used to manage a small business at home, organize recipes or balance a checkbook.

For children, home computers traditionally are seen as sources of entertainment. Software for a few games often comes with the package when a home computer is purchased.

However, computers are becoming recognized as educational devices for children. In fact, schools without computers are looked on as underprivileged, according to Dortha Atwater, syndicated columnist and author of the Ballantine book series "First Aid For Your IBM PC, Apple IIe and Commodore 64."

It has become necessary in today's high-tech world that children know how to operate computers. But it also is important that parents and teachers "do not become sidetracked into letting children become computer literate while remaining illiterate in the 3 R's," Atwater said.

Enter educational software. Computer companies are making more and more educational software programs available to assist

in teaching traditional subjects like math, reading, spelling and composition. So while operating the computer, the child still is learning the basics.

Software programs are age-specific, ranging from kindergarten to college-age students. And such programs can cost as little as \$25. Atwater said.

Atwater suggests talking with a school principal or teacher before purchasing educational software. They can help direct you to programs that are compatible with what is being taught at school.

In addition, there are several books and magazines that review and evaluate educational software.

When actually shopping for software, make sure to see the program in operation on the same model computer as you own. Atwater said.

- In addition, look for:
- A clear message in the learning material;
 - Logical progressions from one concept to another;
 - Reinforcement messages for good scores;
 - The ability to correct and give the right answers, and
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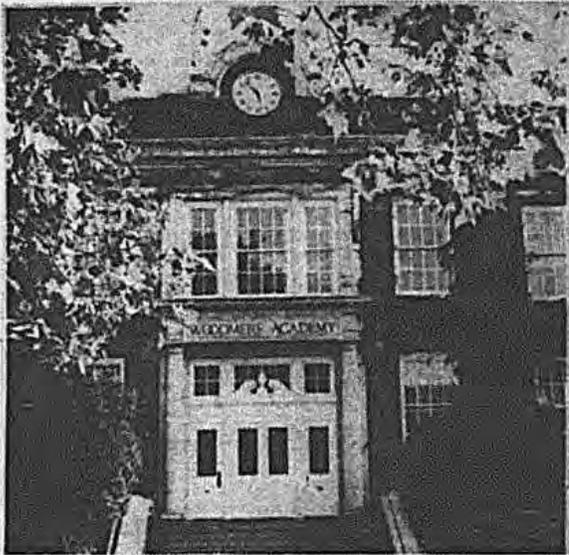
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Hints for selecting a quality preschool

By Monica Perez



Today, one-half of all mothers with children 1 year old or younger are working; 71 percent of them have full-time jobs, according to the Federal Bureau of Labor Statistics. Rather than a select few, it's now the majority of mothers with children under 18 who work, thanks to the high divorce rate, the growing number of single mothers and the need for two paychecks in two-parent homes.

It's no wonder — in the '80s the typical American child will most likely spend at least some of his preschool years under the care of someone outside the family. In 1984, there were 1 million 3-year-olds and 1.7 million 4-year-olds enrolled in nursery schools, nearly two-thirds of them in private facilities.

Education is another factor that's pushing parents toward child care. Many parents want to give their kids a head start. *The New York Times* says prekindergarten programs with heavy educational components for 3- and 4-year-olds are on the climb, especially for disadvantaged kids.

There seem to be two schools of thought when it comes to child care. Some parents want their little ones to be in day-care centers and nursery schools where there is a calm, homelike environment and where the child is given freedom to grow at his own pace and develop social skills. Then, there are those who promote serious intellectual development for the

tots, says *The New York Times*.

Kindergarten, on the other hand, is part of real school, the main institution, in addition to the family, created to help children meet the requirements of society, according to the Department of Human Development and Family Studies at Cornell University.

There are readily identifiable qualities to look out for whether choosing a licensed center, kindergarten or a good baby sitter. Here are some hints, provided by Kinder-Care Learning Centers, a nationwide provider of licensed child-care services:

— A care-giver's appearance should be neat, clean and wholesome. Her appearance sets an example for the children and also lets the parent know that she looks neat because she considers her job to be an important one.

— A care-giver should be reliable in reporting to work and being punctual. She takes pride in her classroom, which should be clean, neat and attractively decorated. Classroom activity should be busy, but not frenetic.

— A good care-giver knows that children learn by doing. She should teach them with enthusiasm and urge them to explore new avenues of learning. When discipline is necessary, it is carried out with consistency and patience. Every child she cares for should be treated with respect and should be accepted at his or her own level of development.

SPECIAL BACK TO SCHOOL EDITION

William Times/Missoula Edition, New Hyde Park Herald Courier, Sunnyside Advance, Mid Island Times, Jericho News Journal, Bethpage Newsgram, Garden City News, and The Great Neck News

Teen beauty on a budget

By Karen Caldwell

Summer vacation has ended, and you're faced with walking those school hallways again. But the face that you show doesn't have to be a dreary one.

Granted, it takes some makeup work to always look your best, and busy school lifestyles don't leave much time for pampering yourself. So students need to develop a quick and easy beauty routine to fit between classes, football games, parties and dates.

According to Ralph Porto, president of Hazel Bishop Cosmetics, the first step to this routine "is deciding what you want makeup to do for you. Then experiment until it works." As teens begin experimenting, remember it's not difficult to develop a beauty routine on a budget because all cosmetics aren't expensive.

Porto recommends the following beauty checklist for teens:

Check to Check. Use blusher on the cheekbones to flatter your natural skin coloring, not to create a mask. Powder blushes are easiest to work with to get a natural look. They also are best for oily and combination skin types because they eliminate shiny areas on the forehead, nose and chin. Be sure to always check your cheeks in natu-

ral light after applying blusher to make sure it blends well and looks natural.

Eye Talk. Eye contact is an important form of communication, so learning to make your eyes talk for you will enhance the way you express yourself. A powder eyeshadow is easier to work with than a creamy one, and a sponge-tip applicator is best for blending colors when learning to contour and highlight your eyes.

A contour color should be used to cover the lid area. Then, fill in the area under your eyebrows with a lighter color to highlight. Powder shadows also last longer than cream shadows and do not crease or flake off.

Luscious Lashes. Once your eye shadow is in place, apply a no-smear, waterproof mascara to upper and lower lashes for a wide-eyed look. Always apply two light coats of mascara rather than one heavy coat to avoid a messy, overdone look. Be sure to allow the first application to dry completely before applying the second coat.

Lip Service. To make sure your smile sends the right message, be certain your lips look their best. Because lips do not have oil-producing glands to prevent drying and chapping, you should make a



conscious effort to keep them protected in all types of weather and also in dry indoor heat. A clear lipstick with vitamin E offers extra protection and provides an outdoorsy, fresh look. Clear lipstick also highlights your natural lip color.

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What skills needed for jobs in the '90s

By Michael Scott-Blair
Just how much education will it take to get a job in the 1990s?

Leaders of high-technology industries and many educators are convinced that a large pool of skilled workers will be needed for the job market of the future, and that only those with good technical skills will be able to escape menial jobs.

"Many of today's skills considered to be of a higher level are the potential basic skills of tomorrow," the Education Commission of the States said in a survey report.

But Dr. Henry M. Levin, director of Stanford University's education research institute, offered a serious challenge to that popular wisdom.

He said the public is being misled into believing there will be a huge job market for technicians in the next decade when, in fact, most available jobs will be menial.

High-tech leaders point to hefty percentage increases in the number of computer programmers, mechanics and operators that will be needed in the next decade.

But "the percentages are misleading," said Levin. If there are 10 people in a job now and 20 will be needed by 1990, it may well be a 100 percent increase, but it still is only 10 jobs.

In real numbers, the vast majority of future jobs will call for

only a high school education, and not much high school at that, according to Levin's research.

Levin challenged another popular belief by predicting that people will be able to survive in an increasingly technical world with less, rather than more, technical skills.

The common assumption is that as technology increases, more technical skills will be needed to survive. But in fact, Levin said, while there is a need for increased personal technical skills when an innovation is introduced, this quickly gives way to a decreasing need for skills as the new process takes over more and more human operations.

Levin used the development of the automobile and the camera to illustrate the point.

Fifty years ago, a person had to have some mechanical skills to drive a car. But today, virtually no technical skill is needed. Likewise, in photography, expanding technology has made it possible for most unskilled people to take quality pictures.

Diane Egley, a cognitive psychologist at Hewlett-Packard, a major computer research and production company, agreed with Levin, stressing that the next major goal of the computer industry is to make it possible for people with little or no technical skill to use the machine.

SPECIAL BACK TO SCHOOLS EDITION
Williams Times/Mineola Edition, News of York Herald Courier, Syracuse Advertiser, Middletown Press, Jamaica News Journal, Buffalo News, Oswego News, Garden City News, and The Great Neck News

Young traditionalists

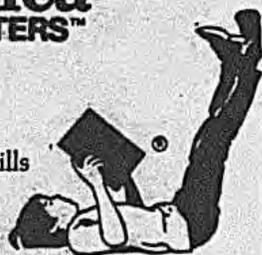


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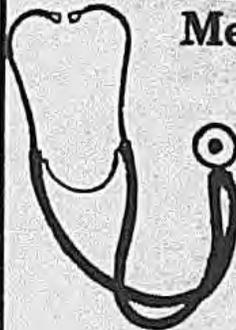
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HEAD OF THE CLASS Gifted children — fact and fiction

By Willard Abraham
Ph.D.



SPECIAL BACK TO SCHOOL EDITION
William Tinsley/Alameda Edition, New Light and Herald Courier, Grand Avenue,
Mid Island Times, Jucifer News Journal, Bridgeport News-Gazette, Garden City News,
and The Great Neck News

"Although most of us are very subjective about our own and other youngsters, we want the best for them — all the good things related to health and happiness, success in school and with their friends and a childhood that prepares them for an adult life more.

But these parental desires can pose special problems and questions for gifted children, their parents and friends.

Following are some statements that touch on areas of misunderstanding or poor information about gifted children.

"I know my daughter is gifted but I've accepted the fact that she is kind of strange. All gifted children are peculiar, have difficulty in getting along with others and always have some kind of health problem."

Gifted children, as a group, are above average in most characteristics including health, social skills, physical, emotional and intellectual development. Of course, we might know an individual bright youngster who is hard to get along with and has a miserable personality, but such tendencies are the exception rather than the rule.

"I don't want my kid to be gifted. Everyone knows they mature early and then fall apart later on with emotional and health problems."

Wrong. Gifted children usually retain their giftedness into and through adulthood.

"It's undemocratic to single out gifted children in any way. This creates a snobbish elite."

Picture this for a moment — a bright child in a classroom where practically all of the others lag far behind or in a class where the rest of the children are at the same performing level. In which setting will the fast one tend to be more "elitist" or "snobbish"? Think about it.

"Why do the parents of the fast

ones pressure so much? Don't they know they create problems for their kids by not being satisfied if they perform at the proper grade level for their age?"

A bright "10-year-old in fifth grade doing fifth-grade work "adequately" may become frustrated and even evolve into a later school dropout. On the other hand, challenging a gifted child to perform up to his or her considerable ability may result in that child's happiness and excellent self-image — and a spin-off for all of us may be

a contribution toward a solution for poverty, war, cancer or other afflictions about which we worry.

"Academically accelerating a child by skipping grades will cause irrevocable damage. The child will be expected to act and perform like children who are one to two years older, and this can stunt a child's social growth and make him more susceptible to peer pressure."

I agree with you that damage can be done by accelerating a child, but not if many factors are carefully considered. I believe that in some cases irrevocable damage can be done by holding a child back.

Before any consideration is given to academically accelerating a child, he must be well above average intellectually, physically and socially. The advancement should take place only after a full study of the individual child and upon general agreement of all persons involved, including parents, teachers and other school personnel.

If a child meeting this criteria is held back, unless in the hands of skillful teachers and parents, he may face an educational frustration that can lead to dropping out of school and to a questionable view of his abilities.

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Start school year with clean bill of health

By Karen Caldwell



A visit to the doctor or dentist might not rank on a child's top 10 list of things to do in preparing for the first day of school. Yet, it might be the most practical place to start.

Just as children need to be well-dressed and armed with fresh school supplies, they also need a clean bill of health to start the new year.

Vision: The beginning of each school year is a logical time to check for potential vision problems, according to Charles W. McQuarrie, a Santa Ana, Calif., optometrist, since many studies link vision problems with the kind of work that prevails in the classroom.

"Grade three is a particularly vulnerable time," McQuarrie said. "It is the point where many children shift from learning to read to reading to learn. Book and reading assignments become longer, the type is smaller and, consequently, the visual demands placed on a child become increasingly severe."

The vision problems that interfere with learning are subtle, he said. These problems can limit the ability to take in and understand what is being seen or read.

Vision problems that affect a child's performance at school may lie dormant during the summer and even part way into the school year. Some telltale signs include:

- Headaches after reading;
- Rereads or skipping words or lines unknowingly;
- Squinting when doing or looking up from near-vision work;
- Covering one eye when reading;
- Holding a book very closely (only 7 or 8 inches away); and
- Constant poor posture when working close.

Children do not "outgrow" vision difficulties, McQuarrie said. The problems just get worse. Prevention requires action when one or more signs appear.

Correcting an eye problem oftentimes means glasses, and the thought can bring tears to a child's eyes. Yet, they don't have to settle for the heavy, dark, unbecoming

frames of yesterday.

Eye wear has come out of the medical closet and transformed into a fashion statement that combines form with function, according to Benson Optical, a nationwide retailer. It is a statement that redefines the art of head-toe accessorizing, one that celebrities like Michael Jackson and Elton John have long incorporated into their public personas. Even models on the glossy pages of *Seventeen* often sport fashionable frames.

Instead of viewing glasses as a necessary evil, parents can help their child by paying attention to the new designs in children's eye wear and listening to what their child's preferences are. Youngsters are more likely to consider glasses when the frames are colorful, creative and flattering.

Contacts may be an option for some. Today's lenses are more comfortable, easier to handle, more durable and simpler to care for. Also, the advent of extended wear lenses, approved for up to 30 days of continuous wear, is another alternative in vision correction for children, according to Dwight Akerman, an optometrist with American Hydron, a contact lens manufacturer.

Contact lenses might be the best option if a child is involved in sports since they allow the full natural field of vision. The question of how young is too young is an individual matter since each child's visual needs and maturity level are different and must be considered by both the doctor and the parents, Akerman said.

Hearing: Good vision goes hand in hand with good hearing skills. Although many children get their hearing checked regularly once they enter school, it might be wise to take the kindergartener or first grader to an audiologist before the first day of class.

SPECIAL BACK TO SCHOOL EDITION
Williston Times/Hillsdale Edition, New Hyde Park Herald Courier, Syosset Advance, Mid Island Times, Jericho News Journal, Bethpage Newsgram, Garden City News, and The Great Neck News



The look of yesterday



A trio of pretty young ladies re-creates the nostalgic mood of school days past in romantic chambray and denim dresses. These one and two-piece styles have soft gathered skirts and bits of lace trim. An eyelet-edged petticoat and lace patterned stockings complete the look.

Helpful tips for homework

By Eric Jade

Back to school means back to homework and a more organized way of life after a carefree summer of fun. The transition is not always easy for a child to make, and he may need encouragement to develop good study habits.

One way to help him get down to business is to set up a homework center, according to a spokeswoman for American Greetings. The center should be as private and quiet as possible, perhaps even in the child's room. Other areas to consider are a quiet corner of a family room or even under-utilized space in a dining room.

The student will need a desk or other work surface and a comfortable chair that supports the back. He also will need storage for work materials and sufficient lighting for reading and writing.

While you are providing the basics, don't overlook some fun. Let the child's interests determine accessories such as a treasured seashell collection to spark happy memories of the past summer, framed photographs of family pets or a calendar highlighting special birthdays and holidays.

A few touches can be both fun and practical, such as paperweights or mugs to hold pencils and pens. These come in a variety of fun designs that range, based on a child's age and interests, from Care Bear cartoon characters to Monopoly game

graphics.

A child also should be encouraged to practice good vision habits, since these will contribute to overall success in school. According to the American Optometric Association, desk lighting should be no more than three times brighter than the light in the rest of the room. A 100-watt bulb usually is adequate for the desk lamp.

The association also suggests that parents encourage children to hold books at a 10- to 20-degree angle approximately 12 to 16 inches from the face. If a child's work requires long periods of concentration, suggest that he look up and away every so often to refresh the eyes and reduce eye strain and fatigue.

It is a good idea to have a youngster's vision examined by an optometrist before he is 3 years old and again before entering school. Thereafter, annual optometric examinations are recommended.

In addition to setting up a homework center and laying out guidelines about when work is to be done, try to encourage a child to discuss his schoolwork. Suggest that he keep careful track of all assignments and be sure that he has all necessary materials before beginning each homework project. If special reference books are called for, buy them, or schedule trips to the public library.

With a little planning and encouragement, parents can play active, helpful roles in starting a child off on a happy and productive school year.

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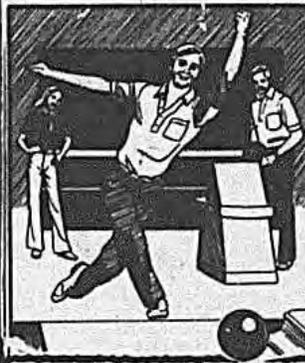
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DECISIONS

Private vs. public schools

By Willard Abraham, Ph.D.

Are private schools better than public schools?

That is a complex question with the answer depending on which private and public schools are being compared, what the child's needs are and what teacher the child will have in the various settings. The most significant factor of all may be the latter — the specific teacher to whom a youngster is assigned.

In some communities the only real difference may be class size. However, the quality of the teacher and the teacher-child relationship have to be considered even when class size is noted. Many of us have had magnificent teachers in huge classes and incompetent ones in small groups, and vice versa.

Public education supporters often criticize private schools by claiming that private school teachers and curricula are inferior because they are not necessarily certified by state governments.

Private school supporters, particularly for parochial schools, respond to this by saying that their schools are arms of their churches, and that state control of teacher certification and curricula violates religious freedom.

Since both private and public schools have the goal of ensuring

quality education for children, conscientious parents have quite a job in determining which type of education is best for their children.

Parents can shop around to select a school for their children by comparing the programs of various schools. They should use every available source, including school visits, other parents, other children and their own, to help them arrive at the best decision.

One obvious factor that cannot be overlooked is cost. A private school education is often up in the thousands.

Even after the decision is made and enrollment has taken place, there is a need for constant vigilance, a continuation of contacts with the school and an effort to secure the best teacher (for a specific child) each year. That effort doesn't mean switching a youngster from one school to another, a practice usually to be used sparingly, but looking ahead within the same setting.

No educational program will be perfect. However, it's refreshing to find an increasing number of parents whose concern leads to active involvement in their children's education.

EDUCATION STATISTICS ESTIMATES FALL, 1987

	1982-84	1984-85	1985-86	1986-87	1987-88*
Full enrollment (total)	3,228,450	3,178,916	3,137,487	3,105,974	3,075,800
Public school districts	2,828,874	2,808,568	2,844,370	2,847,292	2,850,100
K-4	1,291,503	1,298,368	1,311,782	1,320,432	1,348,800
7-12	1,548,371	1,510,200	1,532,588	1,526,860	1,501,300
Boards of Cooperative Educational Services (BOCES) (total)	21,187	21,071	21,083	21,844	22,000
K-4	8,584	8,218	8,129	8,281	8,500
7-12	11,573	12,085	11,964	12,253	12,500
Nonpublic (total)	584,408	547,857	532,124	517,028	503,700
K-4	321,781	314,411	308,084	302,389	298,000
7-12	262,648	233,446	224,040	214,639	205,700
Public school professional staff (total)	198,637	188,775	202,378	207,879	208,800
School district (total)	188,787	181,848	198,077	200,067	201,000
Classroom teachers	163,870	166,849	189,818	178,354	171,000
Other professional staff	24,917	28,000	28,260	28,713	30,000
BOCES (total)	8,870	7,128	7,299	7,512	7,800
Classroom teachers	8,274	6,444	6,641	6,767	6,800
Other professional staff	1,596	1,682	1,658	1,745	1,800
Number of school districts [†]	734	731	731	728	724
Number of BOCES	43	43	43	43	41
High school graduates (total)	208,901	187,589	182,693	184,100*	187,100
Public (total)	174,782	168,752	162,165	163,300*	166,800
Nonpublic	31,139	30,843	30,428	30,800*	31,200
Expenditures [‡] (public schools)					
General, Special Aid, and Debt Service Funds	\$19,414,781	\$18,229,359	\$14,464,605	\$18,650,409*	\$18,791,000
Approved operating expenditures	\$ 9,853,708	\$10,713,846	\$11,718,719	\$12,671,228*	\$13,844,546
State Funds					
Amount [‡]	\$4,878,859	\$5,468,139	\$8,201,542	\$6,642,947*	\$7,328,730
Percent of total expenditures	39.2	41.4	41.5	42.9*	43.9
Expenditures per enrolled pupil					
General, Special Aid, and Debt Service Funds	\$4,702	\$5,089	\$5,504	\$6,038*	\$6,548
Approved operating expenditures	\$3,771	\$4,108	\$4,535	\$4,987*	\$5,311
State Funds	\$1,847	\$2,101	\$2,322	\$2,547*	\$2,873
Postsecondary degree-credit enrollment (total)	969,178	984,273	977,862	974,178	964,800
Full-time (total)	642,591	627,134	622,871	614,828	606,800
Public	348,050	338,701	329,588	324,037	317,000
Independent	270,218	268,043	270,928	269,853	269,000
Proprietary	23,322	23,390	22,345	21,228	21,800
Part-time (total)	306,584	357,139	355,011	359,251	358,000
Public	212,589	213,943	216,485	223,878	221,000
Independent	127,390	138,396	131,793	138,484	136,000
Proprietary	6,595	6,798	6,723	6,815	6,800

* Estimated

† At beginning of school year

‡ In thousands



(Revised 8/5/87)

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DOLLARS FOR SCHOLARS Finding financing for college costs

By Eric Jude



Twelve million students purchase billions of dollars of higher education every year. But unlike the mass availability of financing for other "big" purchases such as houses and cars, financing for college expenditures often is limited.

Whether a student is interested in grants, loans or work-study programs, demand far exceeds the amount available, according to Bob Leider, a Washington, D.C.-based author of student aid guides.

In an ideal world, the limited resources available would be parceled out to those who need them most. But in the real world, they are more likely to go to those who understand how the aid system works, Leider said.

Following is a list of dos and don'ts that may lead cash-strapped parents and students to pots of gold concealed in the student-aid maze, according to Leider.

— Move rapidly in selecting a college and filling for financial aid. Many of the funds are dished out on a first-come, first-served basis. Wait until spring, and the money will be gone.

— Pick colleges where the applicant will fit into the upper 25

percent of the profile of the incoming freshman class. The more desirable a student is to the school, the more likely the school will help the student with money.

— Pair applications. Don't apply to just one college, apply to two — or more. If you win acceptance to all of them, you can play one school against the other in bargaining for aid. "Schools hate like the dickens to lose an applicant to a direct competitor," Leider said.

— Apply accurately. Mistakes on a financial aid application form will cause it to be bounced. By the time you have corrected the mistakes and returned the form, the money may be gone.

— Make sure that comparable information items on the financial aid application and the income tax forms are the same. Otherwise, the forms may have to be refilled.

— Don't rely on old student aid guides. "Student aid is like the income tax. It changes every year, as the result of congressional authorizations and appropriations," Leider said.

For a set of three paperback booklets by Leider that form a do-it-yourself financial aid kit, send \$7.00, postpaid, to: Octameron Press, P.O. Box 3437, Alexandria, VA 22302.

Children's studies, from computers to desks

By Dean Carroll

Experts say it's easier for a child to do homework if he has a well-lit, distraction-free work area equipped with basic reference materials like a dictionary.

But finding this work area can prove to be challenging to parents trying to accommodate their child's tastes with due respect to the space in their home and the family budget.

The first step is to find the spot most appropriate. If at all possible, the space should be in the child's room, according to syndicated home decorating columnist Sharon Owen Haven. There, he has privacy and isolation from the regular household distractions. The space also should be as far away from the bed as possible.

The space needn't be large, but the smaller the area, the more creative and efficient parents will have to be about utilizing the space.

The space should be visually appealing, a place where the child feels at home, Haven says. This can be accomplished by letting the child have a hand in the decorating — allowing him to add personal treasures like pictures, photos, awards and souvenirs — along with the necessities.

If there is absolutely no extra room in the bedroom, parents might consider converting a quiet corner of a family room or under-

utilized space in a dining room. Again, it's a good idea to let the child take part in the planning.

Good lighting is the next factor to consider. If possible, locate the desk near windows for natural light and ventilation, Haven says, and supplement with task lighting. Try lighting under bookshelves or directly over the desk surface.

The American Optometric Association says desk lighting should be no more than three times brighter than the light in the rest of the room. A 100-watt bulb usually is adequate.

The style of the desk is largely up to the preferences of parents and student. But Haven says it should provide easy-access storage for all materials that the student uses — books, typewriter, computer and supplies. It's most important to provide plenty of open-desk surface so the student can "spread out" instead of juggling books and papers.

Students won't study very long if they're confined to an uncomfortable chair. The chair should provide back support so the student can sit straight up with both feet on the floor, Haven says. Chairs that support this position have been shown to increase mental alertness and reduce fatigue.

Parents should consider their child's furniture situation and how well it will grow with them when



they purchase the first nursery set. Some pieces can take a child from preschool to high school graduation.

For instance, an infant's dressing chest can later be converted into a useful desk by placing a hutch on top and a stool underneath. The hutch will accommodate a growing child's souvenirs, books and all the essentials to help with studies and hobbies.

With a little planning, the area can be an inviting place where a child willingly spends his study hours.

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Choosing the right educational program

High school graduates who want to pursue careers as technically trained workers first must consider carefully their choice of a technical education program.

Among the points to check are whether the institute being considered offers programs adapted to the specific technical fields in mind, whether it is state-of-the-art in that field and what its success has been in placing graduates in jobs.

There is no doubt opportunity is there, said Philip A. Clement, president of DeVry Inc., one of the largest proprietary postsecondary education systems in North America. Clement cited U.S. Bureau of Labor statistics that predicted that the number of computer and electronic specialist jobs would increase by 70 percent between 1982

and 1995.

But, he added, "choosing the school is a crucial first step in preparing for a technical career."

"We believe that attention to certain guidelines will help students get a healthy return on the time, effort and money they invest in their educations," Clement said.

Following are DeVry's guidelines for picking a technical school:

Does the institute offer the programs you want?

In a highly specialized job market, employers look for graduates with a particular set of academic experiences and practical skills. Make sure there's a good fit between the programs a technical institute offers and the job you will be seeking when you graduate.

Is the institute accredited?

Accreditation is official recognition that an institute's programs and facilities have been reviewed by impartial authorities and meet high academic and professional standards. Ask for the names of the agencies that accredit the institute or program you are interested in.

What kind of reputation does the institute have?

What employers think of an institute and its graduates can have a lot to do with your success in getting a job. Ask the institute for a list of companies that regularly hire its graduates.

How often are the programs revised?

Due to rapid technological change, educational programs can become outdated in a relatively

short time. Does the school review and update its curricula on a regular basis? Find out if input from industry is sought during the review process.

How good are the laboratory facilities?

An employer expects new hires to be familiar with the most current equipment in use. Make sure the institute's laboratory equipment and facilities are up-to-date.

Is the faculty well qualified?

Experience in business and industry are important when it comes to teaching technical subjects. Ask if the institute encourages faculty to take sabbaticals and to join professional organizations. Do faculty members take on outside consulting work?

Are financial assistance programs available?

Many students require financial aid. Ask if the institute offers help in applying for grant and loan programs and if scholarships are available. Find out if the school will help you find part-time employment.

Does the institute help students find jobs?

Many institutes maintain a full-service placement office to help students begin planning careers long before graduation. Find out if the placement staff will help you prepare a resume and polish your interviewing skills. Ask if the school maintains a computerized listing of current job openings. If it will arrange job interviews and if placement services are available to alumni.

How can I get more information?

Ask the institute to send its catalog and brochures on academic areas that interest you. Visit the school to get a closer look; sit in on a class; talk with admissions counselors, and ask students and graduates what they think of the institute.

School-lunch tips

Here are some hints for saving time in preparing school lunch boxes:

- Make sandwiches ahead of time and freeze for up to two weeks. Good fillings for freezing: cold cuts, peanut butter (but not jelly), meat loaf, tuna, beef, turkey and chicken.

- Mayonnaise can be frozen only if it takes up no more than one-third of the volume of the sandwich.

- Spread butter or margarine all the way to the crusts before adding filling to ward off soggy-ness in the bread.

- Pack the lunch box straight from the freezer; sandwiches will thaw before lunchtime.

- Pack non-perishables, such as cookies, chips and fruit, the night before.

- For great mini-shakers, cut straws, fill with salt or pepper and twist the ends.

- Put ketchup and mustard in pill containers with snap-on lids.

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Much more than back-to-school exam

By John M. Tudor Jr., M.D.

When most people think of getting ready for school, they think of buying school clothes and standing in long lines at bookstores. But health and medical concerns also should be considered when preparing your children for school.

Periodic health examinations are recommended at specific intervals depending on a child's age. Immunizations should be complete and current. And children should know about their health, restrictions and medications, for example, as well as first aid.

The most important thing a parent can give to a child is a good attitude toward personal health. The periodic exam is not something to fear or with which to threaten a child. It is an opportunity to identify beginning health problems and to take steps to improve each child's health.

Most doctors will expect to see every child patient at least once every two years during the school ages. These visits will involve checking on growth and development, advising on some expected problems and preventive actions for that age and a general review of health. It also may include a physical examination and limited laboratory tests.

You and your child should use these visits to ask questions about medical or health issues.

Family physicians are board-

certified specialists trained in six areas of medicine, including psychiatry and neurology, pediatrics, obstetrics and gynecology, internal medicine, surgery and community medicine. They are able to treat about 90 percent of the complaints they encounter.

Because of their broad training, these physicians can provide medical care for people over a wide range of ages — the whole family. So a child could see the same doctor year after year, providing the opportunity for the child to develop a confidential trust in someone that he can talk to about problems.

A relationship with a family physician is the first step toward good preventive medicine for the whole family. Also important are the right kinds of feelings about immunizations, diet, exercise and other preventive actions.

Immunization against epidemic diseases including diphtheria, tetanus, polio, measles, mumps and rubella (or German measles) usually will have been completed before the first grade. The diphtheria-tetanus immunization requires a booster about every 10 years. Many states now require all

of these to be up to date at the time of required examinations or before graduation, but it simply makes sense to protect your child by keeping immunizations current.

Regents Action Plan Requires New Exams

The Regents Action Plan to strengthen elementary and secondary education has meant some profound changes in school subjects to be studied.

Students who will enter grade nine in 1988 and 1989 must complete a unit of study (equivalent of 180 minutes per week for a school year) in a foreign language sometime between kindergarten and the end of grade nine. That requirement will be upped to two units for students who enter grade nine in 1990 and thereafter.

This year, in addition to the traditional subjects of English, social studies, mathematics, science, health, art, music, and physical education, in the span of grades seven and eight students must take one unit of technology education and three-quarters of a unit of home and career skills. These replace the former industrial arts and homemaking courses and are geared to life in the last years of this century and into the 21st. In addition, students must have studied library and information skills for the equivalent of one period weekly in both grade seven and grade eight.

High school graduates of 1989 will have to complete four units of social studies instead of three, in addition to four units of English, two units of science, two units of

mathematics, one unit of art and/or music, one-half unit of health education, and the equivalent of two units of physical education. Students seeking a Regents diploma will have the added requirement of three units in a foreign language. These requirements are in addition to the requirement that students have one or more concentrations in particular subject areas.

For many years, elementary school students have been required to take state tests in mathematics, reading, and writing, with remediation provided to those failing to meet a specific cut-off score. In addition, as of the past school year, sixth graders took a state test in social studies to evaluate how well their schools taught that subject. Beginning in May 1989, they will also take a state program evaluation test in science.

At the high school level, beginning with the graduates of 1990, students will have to pass a Regents competency test in American history and government. As of the graduating class of 1991, students will have to pass a Regents competency test in science. Graduates of 1992 will also have to pass a Regents competency test in global studies. These tests are in addition to Regents competency tests in reading, writing, and mathematics.

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CHILDREN
**Developing
 basic writing
 skills**

By Janet Gordon



If Fred and Wilma Flintstone went shopping for back-to-school supplies for Pebbles, they probably would load up their shopping cart with stone writing tablets and those first tools of writing — flints.

Today, buying homework provisions poses less "weighty" problems. However, with technology developing more sophisticated writing utensils each year, it may be difficult to decide what utensil to buy for what writing purpose. Following is a shopping list of new utensils and some old favorites:

— **Erasable Ball Point.** Early erasable pens tended to skip and smear. Now, the inks have been adjusted and points have been changed for more reliable performance. A real boon to students, these pens can eliminate the tiresome chore of copying and recopying homework.

When children know they will face tedious recopying tasks, they often will limit what they write, according to researchers at Scripto, a manufacturer of writing utensils. The erasable pen, which eliminates mistakes as easily as an eraser on a pencil, goes a long way toward solving this problem.

— **Ceramic Ball Roller Pens.** An enhancement of traditional ball point pens, these pens provide for more generous ink flow and consistent skip-free writing than most of the earlier plastic roller pens available.

The roller pens most likely are popular because they have the flow and look of a porous point while retaining the ability to make carbons like a ball point, according to Scripto researchers.

— **Markers.** They are bold, expressive and distinctive with a broad range of colors. They come in handy for special assignments. The disadvantage is that they take up a lot of space in writing.

— **Pencils.** Everyone is familiar with the yellow wooden pencil. It's economical and sharpens to a nice point; however, it continually needs to be sharpened, so it keeps

getting shorter and shorter.

Mechanical pencils never need sharpening and so don't become short and difficult to write with. Some models twist to extend the pencil lead. Others, called clutch-action mechanical pencils, extend the lead when clicked like a pen.

In the past, mechanical pencil leads had to be loaded one at a time, but now some pencils have loading mechanisms that contain several leads in a single cassette refill tube.

Aside from providing efficient and easy-to-write-with pens and pencils, how can you encourage your child to write?

During the first school years, writing skills may be enhanced by seemingly unrelated activities. Toys with small parts help to provide growth of eye-to-hand coordination. Painting is beneficial for control of the sweeping motions to shape letters. Needle-and-thread or weaving activities build dexterity and a sense of competence. Activities like these increase the young learner's attention span and willingness to cope with frustration, an attitude as necessary as any learning tool.

Long before children write independently, they are gifted storytellers. Having them write some of their fancy tales, perhaps even as they speak, is one of the best ways to develop flow of oral expression that later can be translated into smooth writing.

Just as learning to read is not simply sounding out words, learning to write involves more than drawing letters. Children must learn to shape their ideas through words and sentences. Talking an idea through can help them organize their thoughts before they tackle that awesomely blank piece of paper.

Children also should be encouraged to write for a variety of non-school purposes. A box of notepaper and a new pen may inspire letters to Grandma. A private diary invites the free flow of ink.

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SPECIAL BACK TO SCHOOL EDITION
 William Thayer/Photo by Peter J. Frick for the New York Times; Bill Blinn/Photo by Peter J. Frick for the New York Times; and The Great North News

Safe checking scooters, bikes and kids' traffic IQ

By Gregg Howard

Ask an adult what his prized possession is, and there's a good chance he'll point to his shiny new sports coupe or revamped '50s convertible.

Ditto for kids ... most are pretty proud of the "wheels" that get them to and from school every day. But the wheels they're dealing with are a bit smaller and less expensive than the adult counterparts.

Even though they're too young to drive, kids have a variety of options when it comes to transportation. Aside from taking the bus or car pooling, many modes once reserved for recreation are now taken seriously by students who want to get to school on time and in style.

Skateboards have moved off the boardwalks and onto the streets. Some kids practice for hours to perfect the agile moves skateboarding demands.

Other kids take great pride in their bikes, whether they be sporty 10-speeds or rugged freestyle models. The annual figures on new bikes sold in the United States are staggering, 10 to 12 million at last count, according to Steff Daimler Puch, Inc., a bicycle manufacturer based in Malone, N.Y.

Colorful scooters and mopeds

dot the parking lots of high schools and junior highs across the country. The "under age 21" bracket of buyers now accounts for just about half of scooter sales for Honda, according to Neil Leventhal, national advertising manager of the American Honda Motorcycle Sales Division. Depending on the state, 14-year-olds can ride a scooter with a license, and many states allow teenagers to own mopeds.

Even tennis shoes are a status symbol for fitness-conscious youths who walk or run to school.

When kids take on the job of getting themselves to school and back, they also take on the responsibility of taking necessary safety precautions to protect themselves and those around them.

Unfortunately, accidents can occur along the way. The Insurance Information Institute estimates about 27,000 children were involved in accidents going to and from school last year. The National Safety Council says 800 children were injured last year while riding their bikes.

Experts say child safety must be reinforced both at home and in the classroom. Even a concept as seemingly simple as the proper way to cross a busy street should be carefully explained to a child.



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brown-bag blues

If the prospect of gearing up to daily school lunches has you yearning for summer, take heart.

Packing varied and healthful totable lunches is mainly a matter of imagination (80 percent) and preparation (20 percent).

Throwing together a colorful array of neatly boxed and bagged goodies may be quick and easy, but all too frequently there's as much nutrition in the package as in the product.

It's time to get back to the basics.

Nutritionally that means packing lunches that combine a variety of fresh, natural foods.

Practically it means not waiting to the last minute to come up with menu ideas. Spend some time thinking about the nutritious foods your child already enjoys and build on them. (Don't be discouraged if a dozen possibilities don't immediately spring to mind, they'll come. No child exists exclusively on bologna, potato chips and snack cakes.)

Make a list and use it as a guide for both shopping and packing.

Most lunches begin with two hunks of bread and something stuck between them. Peanut butter, egg salad, tuna, chicken salad, cheese and ham salad are all traditional. Vary them with slices of leftover ham, fish, meat loaf and chicken.

When putting your sandwiches together, try some variations on the standard theme. How about substituting bananas for the jelly on the peanut butter sandwich, or raisins, lettuce or alfalfa sprouts?

Team up bacon with mayonnaise, sliced avocado, shredded lettuce and sunflower seeds, or match turkey with avocado dip, Monterey Jack cheese and alfalfa sprouts.

When regular sandwiches begin to pall, serve your child's favorite filling in pita bread, or try something different like a blend of cream cheese and crumbled pineap-

ple, diced bananas or peaches between two slices of banana or other quick breads.

Crackers and peanut butter or cheese offer another good variation on the sandwich theme, as do graham crackers spread with fruit-flavored cream cheese.

As an alternative to sandwiches, put together chunks of meat, cheese and fresh fruits on disposable kabobs; fill a wide-mouthed thermos with hot soup, stew, chili or macaroni and cheese; stuff peanut butter between two apple slices, or spread it on celery sticks. You also can use cheese spread, cottage or cream cheese.

For the child who exists solely on nibbling, buy or make your own trail mix out of dried fruits, sunflower seeds, cereal and nuts.

Raisins and sunflower seeds also make excellent accompaniments to a more traditional lunch, as do whole, sliced or diced fresh fruit, dried fruits, carrot and celery sticks, sliced zucchini, cherry tomatoes, olives, pickles, cucumbers, jicama, boiled or deviled eggs, string cheese, snack crackers, beef jerky, snack-size canned peaches or fruit cocktail and nuts.

Send milk or fruit juice in a thermos or pack liquid-proof beverage containers with frozen juice. In cold weather fill the thermos with spiced apple juice, hot chocolate or bouillon.

Vacuum bottles are ideal for keeping foods at the right temperatures. And you can pack ice bags or packaged commercial gel coolants with lunches. You may find that a lunch box is better than a bag since it offers some insulation.

As a general health rule, if food should be kept hot, keep it hot; if it should be kept cold, keep it cold, reports the U.S. Agriculture Department.

The use of mayonnaise is good in helping slow the growth of bacteria in sandwiches and salads. Despite past worries, mayonnaise does not spoil if unrefrigerated. The worst that happens is its flavor will deteriorate.



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