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In Three Sections - Sixty Four Pages

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Times

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Vol. 45 No. 34

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Friday, August 22, 1986

PCA Installs Regional Officers



Professional Consultant's Association Officers and the firms they represent. Top, left to right: Stuart M. Steinberg, Legal Counsel, Attorney at Law; Robert E. McGuinness, Co-Chairman Ethies, 76 Associates Hicksville; Neil S. Gullmette, Vice President, Salesmasters Port Jefferson; David Jaffee, President, Learning Communication Consultants Inc.; Evert A. Greenberg, Treasurer, Ever Green Music & Entertainment. Front, left to right: Mariane O'Neill, Corresponding Secretary, Newspaper Advertising Consultant; Ellen L. Fiteison, Membership, Info Syncetics; Michael Trivolis, Co-Chairman Ethies, Certified Industrial; Sandor Strohmayer, Secretary, Computer Consulting.

The Professional Consultant's Association regional chapter of the American Association of Professional Consultants, recently installed their officers at the Maine Maid in Hicksville.

The Professional Consultants Association is comprised of professionals in multi diversified disciplines serving the Tri state area with integrity. Through their expertise in their relative fields, they are able to assist their clients in the development and growth of business, as well as the dynamic assistance in saving clients time and money, with a maximization of profits and a minimization of costs.

The Association provides the consultant with a complete backup organization with high

ethical standards to assist in developing a practice while striving to stay abreast of your clients' needs of today. They have established varied means to aid in your goals including continuing education, seminars, workshops, newsletters, peer fellowship within your field and related fields in addition to others, a referral network of qualified experts helping the consultant and his clients. They are presently conducting a membership drive for top notch consultants.

The Professional Consultants Association invites all prospective members to call 822-4660. Or if you are in need of a qualified consultant in any field call 822-4660.

Group Counseling Being Offered

Central Nassau Guidance and Counseling/Community Program of Hicksville, announces the beginning of a Group consisting of males and females between twenty and thirty years old.

The Group will deal with substance abuse problems and relationship problems, among other topics.

If you or someone you know can benefit from this Group, please call 822-4060 for further information.

American Legion Changes Flag

Effective August 16 the burial flag of Peter J. Seniuk, US Navy, WW II, is flying on the Kennedy Memorial Flag Pole, according to

This Issue

This issue is complete in three sections. The main news section includes all of the local news stories and photos. The Special Annual Back to School Supplement contains many editorial ideas for the upcoming school scene along with advertising messages you will find useful.

The third section is the Discovery Magazine which includes stories that will be of interest to every member of the family, along with the largest local classified section on Long Island.

MS New Activities Group Meeting

The Nassau County Chapter of the National Multiple Sclerosis Society has created a new Activities Group. Meetings will take place at the Parkway Community Church on Stewart Avenue in Hicksville. The next meeting is scheduled for August 25 and will be held from 12:30-3 p.m. This will be a planning session for Fall trips, lectures and other events. The purpose of this new Activities Group is to encourage MS Society Members to meet with other members and enjoy the artistic, cultural and entertaining benefits on Long Island that might not be readily available to them. Future meetings are scheduled for September 8 and 22. All will be held at the Parkway Community Church at 12:30-3 p.m. unless a Field Trip is planned. For more information please call the MS office at 579-9120.

Sanitation Sched. For Labor Day

The Town of Oyster Bay sanitation collection schedule will be modified in observance of the Monday, September 1, Labor Day holiday, according to Town Councilman Howard T. Hogan.

"Residents who normally have collection on Monday will receive a special pickup on Tuesday, September 2," Hogan stated. "Tuesday collections will be made on Wednesday, September 3."

Hogan noted that all Town offices will be closed on Labor Day, but all park and beach facilities will be open. He added that there are no special restrictions on hours of operation for businesses.

Town Board Schedules Local Issues Tuesday

A full schedule of hearings affecting the Hicksville-Plainview area are slated for the Town of Oyster Bay Regular Meeting on August 26 starting at 10 a.m. A number of resolutions pertaining to the local area are:

A resolution directing Town Clerk to advertise notice of hearing on petition of Colonial Auto Body, Inc., & Arthur Moss, for special use permit for the purpose of maintaining & conducting an Auto Body Shop at Hicksville, N.E.C of intersection of Burns Avenue and Charles-Keats Place.

A resolution directing Town Clerk to advertise notice of hearing on petition of Seymour Friedman, Barry Myers and Barry Elgort, for change of zone from Res. D to R-O residence-office district to enable premises to be used as a Dental Office specializing in the practice of Endodontics at Plainview, N.E/C Manor Street and Old Country Road.

A resolution directing Town Clerk to advertise notice of hearing to consider proposed amendments to Code of Ordinances of the Town of Oyster Bay-Amend Chapter 17-Motor Vehicle & Traffic Rules & Regulations in various hamlets within said town.

A resolution directing Town Clerk to advertise notice of hearing to consider proposed amendments to Code of Ordinances of the Town of Oyster Bay-Amend Appendix A-Building Zone Ordinance Section 1-Definitions of Family.

A resolution directing Town Clerk to re-advertise notice of hearing on petition of McDonalds Corporation & Paumanock Development Corporation, for special use permit to erect a restaurant with a drive-thru window in an Ind. H District at Hicksville E.S. Broadway-Route 107, S. of Louis-Firs Street.

Gregory Museum Receives A Grant

The Hicksville Gregory Museum has announced that its Historical Committee is the recipient of a State Natural Heritage Trust Award of \$13,000. The funds were obtained for the Museum through the efforts of Senator Ralph Marino and Assemblyman Frederick Parola whose support of the Gregory Museum and its public services has been consistent. The Historical Committee of the Museum, comprising Chairman-Historian Richard Evers; artist-newsletter editor Val Conover; Edward Bady photographer, Dr. Charles Rockwell, in-service course instructor, and Rosemary Barrow, teacher-librarian, has been very active this last decade in encouraging the public's and school's growing interest in the study and appreciation of Long Island historical activity.

The new award will sustain existing in-service courses and photographic projects, will assist the Museum in modernizing its historical exhibit area, and provide funds for the enrichment of outreach and in-house programs through the development of video-tape programs.

Atlantic City Trip Planned

A day in Atlantic City at Tropicana on Wednesday, August 20, is being sponsored by the Plainview/Hicksville Unit of the American Cancer Society.

The Express Bus leaves Morton Village Shopping Center (Rex Place location) at 9:30 a.m. Park on local street.

To reserve your place, please send \$19 tax-deductible check, (in accordance with IRS regulation)

to American Cancer Society, 5 Acorn Lane, Plainview, NY 11803. Send self-addressed, stamped envelope to receive tickets by return mail.

Receive \$10 in coins, plus \$3 in food. Buses will be loaded in same order as checks are received.

For further information, call 433-4204 or 681-0986.

College Notes

The following students from Hicksville, Plainview, and Old Bethpage have been named to the Dean's List at State University of N.Y. at Albany for the Spring semester.

Cynthia Cleary, Scott Altschul, Kenneth Denton, Debra Dubritz, Cheryl Elchel, Marc Goldberg, Scott Hildner, Lisa Kallinsky, Maryann Gianchino, Shari Aronow, Lisa Dubritz, Christopher Ferraro, Jay Goldstein, Lisa Isaacson, David Katz, Patrick Levy, Bradley Baummoel, Bradley Eckstein, Ellen Friedman, Debra Grill, Russell Jay, Stefanie Krakauer, Suzanne Lautz, Richard Mandel, Jill Narimowitz, Edward Ripple, Jane Rosenfeld, Suzanne Schoenfeld, Jill Splegel, Lori Switko, Eileen Whitman, Nell Friedman, Lara Pilla, Ira Lustbader, Mary McCarthy, Marsha Price, David Robins, Karen Rosenow, Suzanne Shulman, David Stadel, Pam Tucker, Alicia Castelle, Michele Gottlieb, Michael Ringel, Cheryl Mallenbaum, Tammy Mishkin, Vicki Rabinowitz, Scott Rosenblatt, Karen Schneiderman, Andrew Skliris, Marc Strauss, Robert Weiner, Anthony Fabiano, George Gucker, Linda Sauberg, Jodi Tashman

LEGAL NOTICE

NOTICE OF SALE

**SUPREME COURT:
NASSAU COUNTY:
RELIANCE FED'L SAVINGS
BANK v. a RELIANCE
FED'L SAVINGS & LOAN
ASSOC OF NEW YORK.
Plt. vs. JOHN JOSEPH**

DIMECELL et al., Defts. Index #85-3280 Pursuant to judgment of foreclosure and sale dated Feb. 20, 1986, I will sell at public auction at the Court House, 100 Supreme Court Dr., Mineola, N.Y. on Sept. 18, 1986 at 9:00 a.m., premises, k/a 39 Bridle Lane, Hicksville, N.Y. Said property located on the northerly side of Bridle Lane, 650 ft. northerly, northwesterly and westerly as measured along the easterly, northeasterly and northerly side of Bridle Lane, from the corner formed by the intersection of the northerly side of Blueberry Lane with the easterly side of Bridle Lane, being a plot 125 ft. x 130.68 ft. x 120.51 ft. x 190.38 ft. Sold subject to terms and conditions of filed judgment and terms of sale CODY K MCCONE Referee BERKMAN, HENOCHE, KADIN & PEDDY Atty. for Plt. 585 Stewart Ave., Garden City, N.Y. MIT-1939 4x8-22, 29, 9-5, 12

Letters

Reprinted By Request

Dear Fellow Senior Citizens:
Why stay home bemoaning your lonesomeness? You can find pleasure in socializing with others like yourself at the Senior Citizen Program at the Hicksville Jewish Center.

As a newcomer to Hicksville, I wanted to join a Senior Citizen group here, but found that there are not enough members to keep this branch going.

All Seniors of any faith or background are welcome in this wonderful group that is so wisely sponsored by the Hicksville Board of Education.

Since moving to Hicksville, I have been so happy to find that this is a town of extremely kind and friendly people. We Seniors need each other, and Hicksville wants us to be happy.

How about it? The next meeting is on Tuesday, August 26, at 11 a.m. Mary Sciacca is the Director, and her phone number is 796-3951.

Please come! We can talk about what we feel is in our best interests, and really make our current years Golden Ones!!!

The time has come, the walrus said,

To talk of many things—
Of shoes, and ships, and sealing wax—

And cabbages and kings—
And if the sea is boiling hot—

And whether pigs have wings—
Do you remember the above poem we learned in school? Well, our time has also come now!

Again, I urge please come to our meeting.

Very sincerely,
Kate Ornstein

100th Birthday Celebration Aug. 23

A Liturgy of Thanksgiving will be held at 11 a.m. on August 23 at the Dominican Convent, Sparkill, New York, in honor of Sister M. Petronella Lynch, who is celebrating her 100th birthday.

Born in County Cork, Ireland, Sister Petronella entered the Dominican order in 1913 and was the first principal of Holy Family Grammar School, Hicksville, where she served from 1959 to 1965.

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Doreen Small, R.N., M.A. of Bethpage was recently named the "Citizen of the Year" by the Lions Club International, Nassau County District 20K2. In addition, The New York Diabetes Association presented her with a certificate of appreciation for her work in the field of Diabetes Patient Education.

A diabetes nurse specialist on the staff of Long Island Jewish Medical Center, Ms. Small brought the subject of diabetes awareness to the Lions Clubs, and she is following through with active participation in screening and awareness programs.

Ms. Small is president of the Metropolitan New York Association of Diabetes Educators. She serves on the Education Committee and Board of Directors of the Long Island Chapter of the New York Diabetes Association through which she is presently arranging to develop a protocol for public screening for diabetics.

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Carol Rubenstrunk, a senior at Bethpage High School, was chosen from among 18 contestants to be Miss Bethpage 1986. Carol was selected by the panel for her beauty, poise and charm. The formal presentation of Miss Bethpage will take place at the Bethpage 50th Anniversary, Saturday, September 13, at the Bethpage Community Park. Prior to the crowning, Carol will ride in the parade that will take her along Stewart Avenue. The parade will begin at 10 a.m.

Pictured, left to right: Olga Sidiropoulos, Plainedge High School senior, 1st runner-up, Carol and Carmela Marrone, Bethpage High School senior, 2nd runner-up.

Tennis Duo L.I. Champs

Tom Vrana and Karie Cox of Bethpage defeated Russ Imbrinda and Carla Kramer 6-7 (3-7), 6-4, 7-6 (7-3) to win the Ford Sports Tennis Championships on Sunday, August 17, at the Syosset Tennis Academy.

For their come from behind victory, the couple receives an all-expense paid trip to the East Regional event in Hilton Head, South Carolina on September 11-14, a trophy, and a Le Coq Sportif tennis outfit. The runners-up received a special trophy.

"Tom and Karie rose to the top of an extremely strong field," said Tournament Director John Almosino. "Five of the 24 teams

were champions of local satellite events."

If the Long Island couple finishes in the top four at the East Regional, they will then advance to the Ford Tennis Festival in Istapa, Mexico in October. Tournament Co-Chairmen Hana Mandlikova and Hall-of-Famer Tony Trabert will perform tennis clinics at the regional events and the finals. John McEnroe will attend the finals.

"We are extremely excited," said Vrana and Cox. "We didn't think we could do it since we have only played together once before. But then again, we always seem to do things the hard way."

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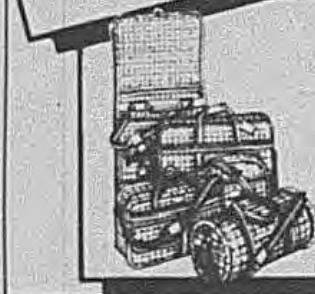
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Show at left, William Froehnhofer, Quartermaster Post 3211 V.F.W. presenting Connie Steers, Chairman of the Hicksville Veterans Monument Fund check for \$1500. (Photo by Vincent Edwards)



Anthony Previte, presents a \$100 check to Connie Steers, Chairman of the Hicksville Veterans Monument Fund. Shown at left, William Schuck, Jr. Commander of Post 3211 VFW. (Photo by Vincent Edwards)

Monument Donations Continue

The Hicksville Veterans Monument Fund is progressing at an even pace. Thanks to people like Dick Evers, the service organizations and The Mid Island Times, the monuments will be a reality on November 11. The Hicksville Community has been very generous.

But, we have a way to go to honor our Korean and Vietnam Veterans. I know you are proud of our men and women who served our great country, but now let's

have a lasting remembrance for what they did, by protecting our nation, they preserved our freedom and ideals.

If you would like to donate you can send it to the Hicksville Veterans Monument Fund, P.O. Box 412, Hicksville, N.Y. 11802. For further information you can call Chairman Conrad Steers at 822-5938.

Let us honor our brave men and women of the armed forces.

LEGAL NOTICE SUPREME COURT COUNTY OF NASSAU

The Green Point Savings Bank Plaintiff against Get Jung Moy et al Defendants(s): Pursuant to a judgment of foreclosure and sale entered herein and dated April 23, 1986, I, the undersigned Referee will see at public auction on the north front steps of the Nassau County Court House, 262 Old Country Road, Mineola, N.Y. on the 16th day of September, 1986, at 9:30 a.m. premises lying and being at Hicksville, Town of Oyster Bay, on the east side of Liberty Ave., 132.88 feet north of Edward Ave., being a plot 70 feet by 100 feet, and known as 11 Liberty Ave., Hicksville, N.Y.

Approximate amount of lien \$42,337.81 plus interest and costs. Premises will be sold subject to provisions of said judgment. Index Number 22057/83

Dated August 15, 1986

William G. Kerwick, Referee
Cullen & Dykman, Attorney(s)
for Plaintiff, 186 Montague
Street, Brooklyn, NY 11201
MIT 1938
428-15,22,29,9-5

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Hicksville Chamber Begins New Year

With its new President, Marcos Ramirez presiding, the Executive Board of the Hicksville Chamber of Commerce held its first meeting of the new fiscal year at the Historical Room of the Hicksville Public Library on Tuesday, August 19. Thirteen members were present, including several new committee chairmen.

Mr. Ramirez appointed the following chairpeople to head the various working committees of the Chamber for 1986/87:

Membership, Harry Smith (Lou Cesta Assisting); **Programme**, Joseph Gentile (Henry Brengel Assisting); **Flag Program**, Larry McCaffrey and Paul Martin; **Community Improvement**, Constance Clarke (Father Dominic Ciannella Ass't); **Holiday Decorations**, William Ramsey and Constance Clarke; **Special Fund Raising**, Judith Lombardi; **Publicity**, Effie Krogmann (Sheila Noeth assisting); **Parliamentary Procedure**, William Ramsey and Constance Clarke; **Nominating Committee**, Effie C. Krogmann; **Installation Dinner Dance**, Constance Clarke and August Cassella

The Board approved the suggestion to initiate the office of a chaplain for the Chamber of Commerce, and this is under consideration as to who would undertake these duties. Ivan Caputo, the newly elected Vice President has been asked to make a study of ways in which the Chamber of Commerce can help the business community and the area in general, so that this viable organization can consolidate their efforts to bring about improvements that are sorely needed in Hicksville.

The current programs being

addressed immediately are plans for Holiday Lighting in the downtown area (the first since 1963); and the placement of waste receptacles to eliminate litter in the streets. More news on this at a later date. In the meantime, the American Flags continue to fly on our main thoroughfare for every holiday. While all the service organizations cooperate in this effort, it is under the direction of the Hicksville Chamber of Commerce.

The first meeting of the season for the Chamber is actually the annual Installation Dinner Dance, which will be held at Anton's on September 16. Tickets are available through any member of the Chamber. The regular meetings commencing in October, are held on the third Tuesday of every month at 12:30 in the Quaker Room of Milleridge Inn in Jericho. All are invited and welcome.

MAY WE HAVE
THE NEXT DENTS?



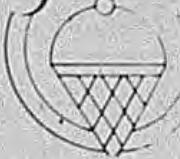
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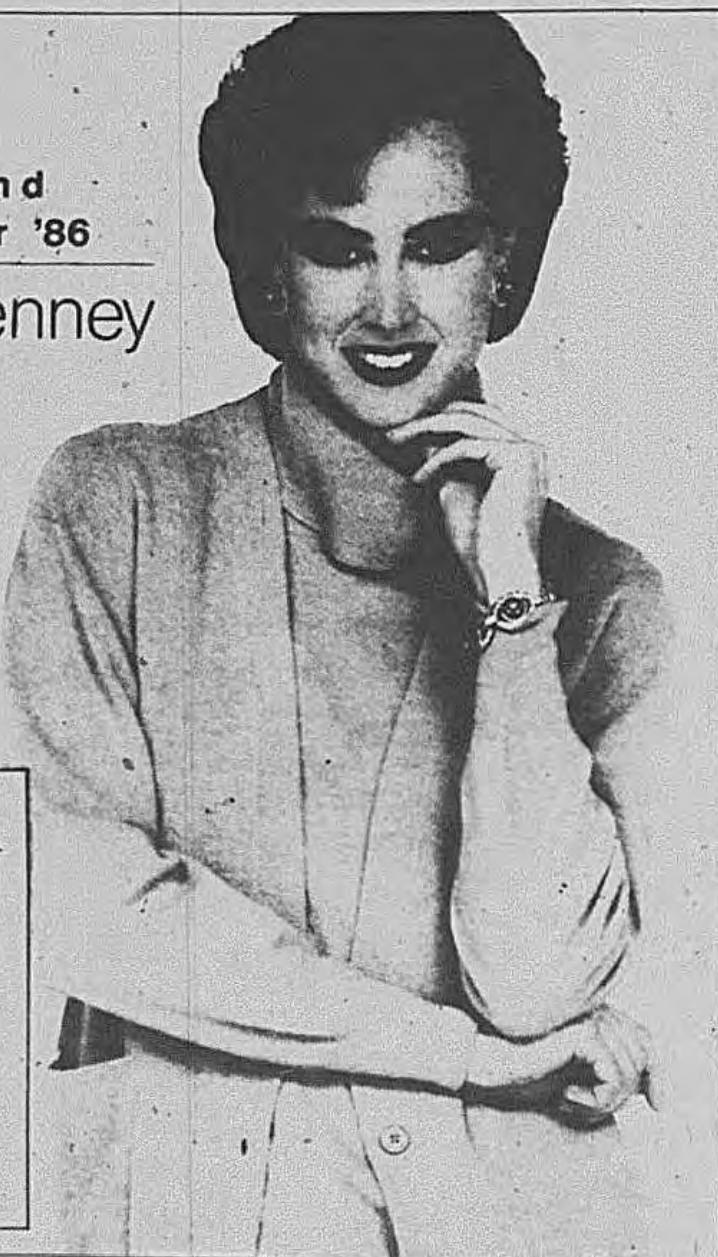
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Editor's Notebook

This week's issue contains the last of a three-part series on local service organizations in Hicksville. Chartered in 1951, the Rotary Club is the youngest of the three but the parent organization, Rotary International, deserves the honor of being the oldest service group worldwide.

Working on this series was very enlightening. So many community projects are simply taken for granted and those deserving of praise go unnoticed. Hicksville residents should be glad that these three groups continue to actively work for a better community.

Going over all the material that was saved throughout the years, one thing became quite clear. Photos and events were never clearly defined. There are many valuable photos in each of the clubs' files but, unfortunately, not identified. Just a word to current publicity chairmen from all groups-take the time to record names and dates. A few years down the road you'll be glad you spent a few minutes to record information for those to come.

Next week's edition will be the last before school begins. We look forward to receiving all the news about school openings and coming events.

V.P.



THE NEW FEDERAL INCOME tax changes may actually lower the sales tax in Nassau County. The reason is that by the new tax laws, the sales tax will not be deductible but real estate taxes on homes will be. Presently Nassau County gets \$400 million from sales tax and only \$120 million from real estate. Last year the county pulled in a surplus from the high sales tax... County Executive Purcell is playing a hesitating game on whether he will resign or not. But most toing he will pull off in February too late for the job to be on the ballot but just right for Thomas Gulotta to be appointed to the vacancy... THE TOWN is about ready to pass a law that you will have to separate garbage. That is, cans and paper cannot be put into the garbage. This is to try to keep recycle items out of being shipped to landfills and training for a recycling plant when it is built... THE CRIME REPORT is published each week to alert residents of where crime is taking place in the area and as an aid in the Neighborhood Watch program. Anyone seeing suspicious activity should phone 911. Assorted jewelry and cash were stolen from the Weiss residence 106 Georgia Drive, Syosset between Aug. 11 and 12. Burglars removed a screen from a rear window to gain entry... BURGLARS pried a rear window of the Egan residence 22 Tacoma Lane, Syosset on Aug. 13. They entered and stole silverware, a silver bowl, suit cases and a cassette radio... GLASS in a rear window of the Hartmann residence 171 Southwoods Cir., Syosset was broken by burglars between Aug. 10 and 14. They entered and stole a Crossman pellet gun and a crystal candle holder... BURGLARS removed a rear window of the Credidio residence 340 Woodbury Rd., Woodbury on Aug. 15. No loss was reported from the house... ASSORTED JEWELRY and cash was stolen from the White residence 149 Dartmouth Drive, Hicksville on Aug. 15. Burglars removed a rear window to gain entry... A REAR window of the Schwab residence 1 Ketcham Ave., Hicksville was pried open on Aug. 15. Burglars stole currency... BURGLARS broke into the Burkhardt residence 324 Woodbury Rd., Hicksville on Aug. 15. They removed a rear window to gain entry but no loss was listed... BURGLARS came through a front window of a business at 16 Midland Ave., Hicksville between Aug. 15 and 16. They stole drafting tools... BURGLARS broke into the Althus residence 12 Acre Lane, Hicksville on Aug. 13. They broke a rear window but no loss was reported... \$415 in bills and coins and 60 cartons of cigarettes were stolen from the Central Ave. Deli 514 Central Ave., Bethpage between Aug. 10 and 11... A SIDE window at the Laterza home 95 Maple Ave., Bethpage was pried open between Aug. 12 and 14. Burglars stole \$600 in cash and assorted jewelry... A REAR window of the Carey residence 4085 Avoca Ave., Bethpage was pried open on Aug. 15. \$40 was reported stolen... BURGLARS broke into the Mitsopoulos home 14 Albert St., Hicksville on Aug. 14. A rear window was pried to gain entry. \$800 in cash, assorted jewelry and a VCR were stolen. That's all the news for now.

G.T.

EMS Week At Cent. General

During the week of September 21-27, Central General Hospital will celebrate twenty-five years of Emergency Services (EMS) to the more than 12 communities surrounding the health care facility.

Robert Bornstein, Hospital Administrator said, "we're particularly pleased at the growth and state-of-the-art development that our Emergency Service Department has achieved since its beginnings in 1961, when it was located in only one small room. Today, it is a full 24 hour a day department which includes ambulatory care services.

During the September celebration, the public will have an opportunity to meet the medical team of 49 physicians and nurses

specifically trained in Emergency Services procedures.

Nurses Specially Trained

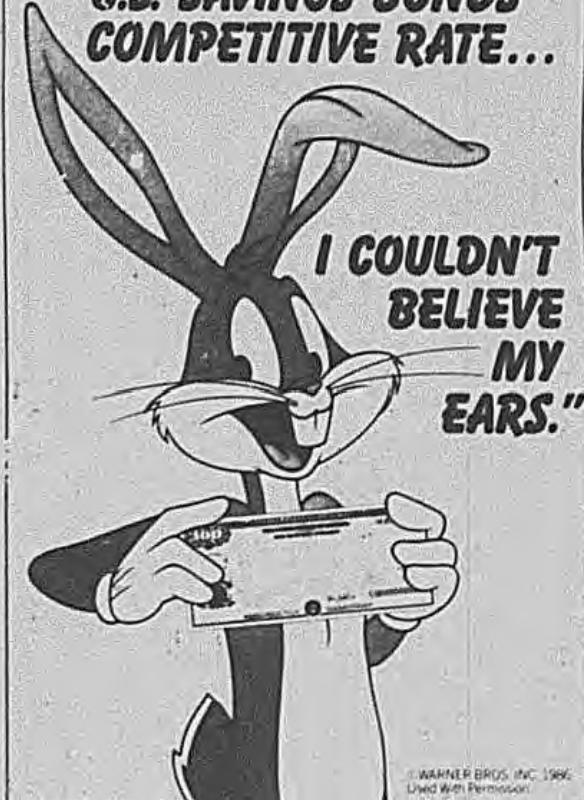
The Emergency Nursing Staff are specially trained in Emergency Care. Many of the nurses are Nationally Certified and attend frequent re-training programs in areas such as rapid assessment of injury and critical care procedures.

Following Emergency Care, patients are referred to the physician of their choice for followup care. Central General's staff of Physician Specialists are always available to render care as needed.

The Emergency Medicine Personnel at Central General Hospital are dedicated to providing the best possible care to the community.

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EAT YOURSELF SLIM

By Shirley Bright Boddy



Avoid those calorie-dense goodies

If you think that overweight people always eat too much food, you could be wrong. Actually, the problem is more apt to be excessive calories rather than excessive quantities. What's the difference? Some foods are loaded with calories even if only small quantities are taken, while other foods can be eaten in quite large amounts yet the calories consumed may be low.

To help you better understand

calories, let's look at how foods differ in calorie counts. Fat of all kinds including oils contain 9 calories per gram, but carbohydrate and protein contain only 4 calories per gram. Alcohol of all kinds contains 7 calories per gram.

Now, it's easy to see that if you eat foods that are high in fat, or you drink a lot of alcohol, you're going to get a lot of calories even if you don't take large quantities. Such foods are now called "calorie

dense" instead of the older term, "high calorie," but it means the same thing.

What foods are laden with all these extra calories? Fatty soups, butter, margarine, cream, ice cream, sour cream, rich sauces and salad dressings, sausages, hot dogs, and all highly marbled meat. If you are overweight, these are the foods that will load you with calories even in small quantities. These are also foods that are low in fiber, which provides bulk that gives a feeling of fullness. Most people who routinely choose these foods don't get enough fiber.

What about sugar, isn't it high in calories, too? Sugar alone has only 4 calories per gram, but it has a bad reputation because it's almost always combined with high fat in such foods as pies, ice creams, pastries, cakes and some candies.

If you want to cut down your intake of calorie-dense foods, you can make some easy substitutions

that can cut your total calories by as much as half or even more. You can learn to "decalorize" your diet. Here are some tips:

Use low-fat or skim milk dairy products instead of whole milk kinds. Remove all visible fat from meats. Buy lean cuts such as flank or round steak. Discard the skin of chicken before cooking.

Use low-calorie salad dressings, hot chocolate mixes, gelatins, canned fruits and milk shake mixes. Use diet instead of regular pop. Use sugar substitutes.

Buy water-packed tuna instead of oil packed. Use vegetable oil sprays instead of cooking with butter, oil or margarine. Remove the outside of all deep fat fried foods, before eating, if they are served to you. Buy low-calorie puddings, diet frozen desserts or angel food cakes.

Snack on raw vegetables, low-fat yogurt, pop corn, fruit, low-fat cheeses, graham crackers, or vanilla wafers instead of nuts, sunflower seeds, potato chips, corn chips, chocolate bars, ice cream, pies, doughnuts, cakes and chocolate chip cookies.

How many calories will you save if you substitute the low-calorie foods for the calorie-laden kinds? You could skip off as much as 1500 calories a day, or even more. Consider just how loaded with calories some of these foods are: sunflower seeds, one half cup — 400 calories; 15 potato or corn chips — 227 calories; one-sixth of a pie — 320 to 420 calories; one medium slice of cake — 300 to 400 calories.

When you get on the scale, you'll be happy if you've made smart choices.



Single Parents Sept. Meetings

The Mid-Island Single Parent Group has scheduled the following meeting dates and topics for the month of September, according to Oyster Bay Councilman Angelo A. Dellingatti.

Wednesday, September 3, "How To Let Go Of Someone You Still Love (But Doesn't Love Back)." Wednesday, September 10, "Romantic Fantasies." Wednesday, September 17, "American Men, What Do They Want?" Wednesday, September 24, "Coping With Peer Pressure."

The meetings will be held at the Hicksville Senior Citizen Housing Community Room, 355 Newbridge Road, beginning at 7:30 p.m. They are open to separated, divorced and widowed parents.

The Single Parent Program operates under the auspices of the Town's Drug Abuse Control Agency, a division of the Department of Community Services. For information call DACA at 795-5943, ext. 719.

* Estimated

^{a/b}/At beginning of school year

b/In thousands



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In Service

Marine Sgt. Terence M. Barry, son of Michael T. Barry of 370 Stewart Avenue, Bethpage, has completed the Basic Electrician's Course.

A 1979 graduate of S.H. Calhoun High School, Merrick, he joined the Marine Corps in December, 1985.

Cadet Ahron R. Hakimi, son of Jonas R. and Francine M. Hakimi of 11 Bradford Road, Plainview, received practical work in military leadership at the U.S. Army ROTC advanced camp, Fort Bragg, N.C.

The six week camp, attended by cadets normally between their third and fourth year of college, includes instruction in communications, management and survival training.

Successful completion of the advanced camp and graduation from college results in a commission as a second lieutenant in either the U.S. Army, Army Reserve or National Guard for the cadet.

Hakimi is a ROTC cadet and a student at Polytechnic Institute of New York, Farmingdale.

Marine Lance Cpl. Darlene A. Sarino, whose husband Rodolfo, is the son of Alfred and Estelita Sarino of 15 Bowline Street, Hicksville, recently reported for duty at Marine Corps Base, Camp Lejeune, North Carolina.

She joined the Marine Corps in January, 1986.

Cadet Ann M. Schiavetta, daughter of Daniel and Delphine Schiavetta of 48 Linden Ave., Bethpage, received practical work in military leadership at the U.S. Army ROTC advanced camp, Fort Bragg, N.C.

The six-week camp, attended by cadets normally between their third and fourth year of college, includes instruction in communications, management and survival training.

Successful completion of the advanced camp and graduation from college results in a commission as a second lieutenant in either the U.S. Army, Army Reserve or National Guard for the cadet.

Spec. 4 Michael J. Manson, son of Robert E. and Elizabeth R. Manson of 41 Dean St., Hicksville participated in the opening ceremonies, the Americana concert, and the sports salute to the Statue of Liberty during the Liberty Weekend celebration in New York City.

The soldier is a member of the 3rd U.S. Infantry Division "Old Guard," Fort Myer, Va.

Manson is an infantryman.

Patrick W. Morris, son of Vincent P. and Olga M. Morris of 30 Link Lane, Hicksville, has been promoted in the U.S. Air Force to the rank of senior airman.

Morris is an administration specialist with the 552nd Equipment Maintenance Squadron at Tinker Air Force Base, Okla.

C.W. Post Names Head Coach



Tony Razziano

Tony Razziano, 49, has been named Head Women's Basketball Coach at the C.W. Post Campus of Long Island University. Razziano succeeds Ted O'Berg who left the program after serving as Head Coach for the past three years.

Razziano returns to coaching a women's collegiate team after serving as Stu Klein's assistant with the Nassau Community College men's squad for the past five seasons. In each year Nassau Community College chalked up winning campaigns. During Razziano's tenure, Nassau compiled a 90-54 mark including an 18-9 mark last season. In each of the five seasons, Nassau reached the Region XV playoffs, and participated in the regional semi-finals in 1984.

During the 1980-81 season, Razziano coached Nassau's women's team, guiding the Lions to an 18-8 overall mark and a 12-2

regional record. The team was seeded second in the Region XV Playoffs.

"I am looking forward to continuing the tradition of athletic excellence at C.W. Post," said Razziano. "The C.W. Post Campus is the right place to accomplish a winning program."

"We are delighted to have Tony join our department," said Pat Lamb-Kennedy, Assistant Director of Athletics. "He brings maturity, experience, and tremendous enthusiasm to the position." Lamb-Kennedy chaired a selection panel for the position which included administrators and student athletes.

Razziano inherits a team which returns four starters and seven-letter winners from the 1985-86 squad which finished 16-13 and placed second to NCAA Division II National Tournament participant Pace University in the Empire Conference regular season standings and post-season tournament.

Razziano and his wife Margot have two grown sons Tony and Russell. The couple reside in Bethpage.

College Notes

The following students from Bethpage have been named to the Dean's List at State University Albany for the Spring semester.

Clare Mertz, Brett Stone, Richard Penkoski, Thomas Ryan, Gary Weisberg

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Summer Students Tour Hicksville

Sightseeing in Hicksville absorbed students of the School District's Summer Education Program under teacher Philip Bova, this past week. The secondary Special Education class enjoyed a guided bus tour of the community's places of interest and importance, conducted by Gregory Museum Historian Richard Evers.

Among the sites visited or observed from the bus were: the Hicksville Fire House, where the students inspected at first hand and learned about the many pieces of fire-fighting apparatus; the "Golden Doors" at Trinity Lutheran Church, the magnificent bronze reproduction of Renaissance artist Ghiberti's Florentine "Gates of Righteousness"; the Roman Eagle from the former Pennsylvania Station, obtained by the Hicksville High School Latin Club, during the station's razing, and now standing at the Hicksville R.R. Station; the large regional Hicksville Post Office; Cantiague Park; the Historic Cantiague Rock and the site of the Robert Williams Indian Land Purchase; the asphalt reconstruction plant off Duffy Avenue; a stop at the Duffy Homestead horse paddock, and a final drive through the Plainlawn Cemetery, where the graves of Hicksville notables were observed.

Accompanying the group for this annual educational excursion provided as a Gregory Museum school service and enjoying the sights with the youngsters, were Dr. Kenneth Grill, school psychologist and teacher-aide, Anna Christie.



Bethpage Man Joins Eng. Firm

James F. Angyal of Shelley Drive, Bethpage has joined H2M/Holzmacher, McLendon and Murrell, P.C. of Melville as a scientist in the civil engineering group.

Mr. Angyal graduated from SUNY/Oneonta in December 1985 with a Bachelor of Science degree in Water Resources. He is the son of John and Ethel Angyal of Bethpage.

H2M is a multi-disciplined consulting firm specializing in civil, structural and environmental engineering and environmental science.

College Notes

The following students from Syosset and Jericho have been named to the Dean's List at State University Albany for the Spring semester.

Michael Blumenthal, Grace Flood, Jean Kruse, Mindy Miner, Miriam Silver, Mitchell Gerber, Adam Kendall, Teresa Murray, Susan Sommer, Steven Barnett, Sue Eisenberg, Lois Giarracco, Scott Kuczmarski, Christine Nosek, Mitchell Blecker, Scott Gottlieb, Debra Leffe, Joel Rothman, Howard Stein, Elisabeth Baslin, Carole Elie, Jonathan Gosset, Julia Massell, Glenn Riegler, Karen Cole, Lynne Howlite, Belinda Mason, Lynda Sachs, David Weissman



At the Fire House, last week, for an inspection of the splendid equipment and quarters of the Hicksville Volunteer Fire Department are these students from the Hicksville Schools Summer Education Program. Their visit was part of a sightseeing tour of the community in the company of teacher Phil Bova, right, Dr. Kenneth Grill, and Mrs. Anna Christie, teacher's aide, second from left. Dick Evers, Gregory Museum Historian, led the sightseeing tour of Hicksville landmarks.



Students from the Hicksville Schools Summer Education Program are greeted by friendly and curious horses at the Duffy Homestead during their recent Gregory Museum sightseeing tour of Hicksville. The horses are familiar sights in their spacious and clean paddock not far from the heart of this bustling village.



Sightseeing youngsters of Mr. Phil Bova's Hicksville Schools Summer Program stand beneath the N.Y. State Historical marker at the 1745 Cantiague Rock, The Tobay colonial town boundary marker, and the site, also, of the Robert Williams Indian Land Purchase of 1648.

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Our Children



Husband's concerns are founded in fact

By Willard Abraham, Ph.D.

Q. We are expecting our first baby, but haven't yet selected or discussed this matter with a physician.

In this situation (as well as in so many others!) my husband talks like a know-it-all. He has a lot of firm opinions and is never hesitant about sharing them.

Until now he has never paid much attention to what I do, but suddenly he nags me about a balanced diet, stopping my smoking, and no liquor — not even an occasional drink.

I think he is going overboard on this whole subject, and I would really appreciate your help.

A. Although his manner of sharing his ideas may be difficult to take, his suggestions to you appear to be right on target.

Some reading on this subject and checking out your husband's ideas with a physician in whom you have confidence probably should be on your schedule — right away!

Q. My daughter is now 3 years old. I want her to be an independent, competent decision-maker, not in some far-off adult time but as much as she can handle by the time she goes to school.

Public schoolteachers tend to treat their class as one body with 32 heads on it and most parents talk over or at their kids but never include them in decisions until the children reach the point of saying "I damn" to everything.

A. Your emphasis on independence for your daughter touches on one of the major tasks of parenting — cutting that "silver cord."

Developing independence in children should begin in infancy, with activities adapted to their physical and other abilities. To push too early can be as detrimental as to overprotect and take pleasure in having a child continue to be dependent in inappropriate ways.

When a youngster can begin to feed himself or herself, dress, tie shoelaces, ride a bike, cross the street safely, develop his or her own time schedules and priorities, or drive a car, parental guidance should be there but not with the tight grip that some parents try to retain.

Success, earned words of praise, and a willingness to let them try, and even make mistakes, can be helpful. All of that can lead to a child who feels good about what he or she does, gradually can do more and more on his or her own, and finally doesn't require a parent's help.

Reasonable limits to letting go are of course essential, related to

danger or activities beyond the capabilities a youngster may have.

The early years are the most important in developing independent traits. An article of mine called "Independence — Your Child Needs It" is on its way to you. Others can get a copy by sending their request and a stamped, self-addressed envelope to me at P.O. Box 572, Scottsdale, AZ 85252. There is no cost.

One more reaction triggered by your letter — to condemn all public schoolteachers and most parents as insensitive and incapable seems to be too rash. Some of them, perhaps, but don't such criticisms also pertain to some members of all other groups of adults?

Q. I am writing in reference to a letter in your column concerning a child with a cleft palate.

The negative attitude of the relative made me furious! Because a child does not speak clearly is no indication he is mentally slow.

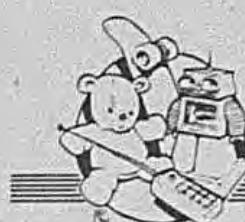
My son was born with a severe cleft lip and palate. His speech was not the nasal speech that often accompanies cleft palate, but he did not speak clearly by the time he reached first grade.

With the help of an understanding school principal, my son was given a reading test and scored so highly that he was moved up to the top reading class. His speech cleared with therapy and the easing of muscles stiffened because of surgery.

Today my son is a handsome young man. This "slow" child was graduated from college with honors and a Phi Beta Kappa key!

A. You tell 'em! Misinformed generalizations about so-called handicapping conditions constantly seem to need careful correcting from those who know better.

Other parents also get upset because their children are viewed so inaccurately. How about sharing your gripes — and knowledge?



Our Children

YOUR SOCIAL SECURITY

Benefits based on average lifetime earnings

Q. I accepted early retirement at age 57 and will receive a yearly company pension. I paid Social Security taxes on the maximum wage amount for 18 years. If I do not pay anything more, can I still expect to obtain the maximum benefit at age 65? — R.B.

A. The maximum amount is payable to an individual at the age of 65 who always earned the maximum wages, thus paying the maximum taxes during their entire working lifetime until they reached the age of 65, not just until age 62.

Although you have chosen to retire early, your working lifetime for Social Security purposes continues to count those years that were available to you for working even though you chose not to. The amount of your check will be based on your lifetime average earnings. Due to your retiring early, this average is lower than if you had waited until age 65 to retire.

Q. My grandmother receives Supplemental Security Income (SSI). However, because of her advanced age she has difficulty doing her household chores. Does SSI provide household help? — T.D.

A. No. But people getting SSI checks may be able to get social services from the state. These services might include housekeeping help, transportation or help with special problems. You can get information about services in your area from your state or local social services or welfare office.

Q. My daughter became a widow about two years ago when

her husband died suddenly from a stroke. Since that time she has been receiving Social Security benefits for herself and her two young children. Lately she has been dating a man and they are very serious. If they marry, what will happen to the Social Security benefits for her and the children? — J.W.

A. If your daughter marries, she will no longer be eligible for mother's benefits. However, the children will still be eligible to receive Social Security benefits on their deceased father's record until they reach age 18, or 19 if they are still in high school.

Q. How old must you be and how long must you have been married before you can receive anything on your deceased husband's account? — A.L.

A. A widow's benefit is payable as early as age 60. However, a disabled widow's benefit is payable as early as age 50. You must have been married at least nine months. The nine-month duration of marriage requirement is waived if the deceased's death was accidental or occurred in the line of duty while on active military duty.

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Hicksville Rotary Club 1951-To The Present

Last Of A Three Part Series

Special To Mid Island Times
By Valerie Pakaluk

Chartered in February, 1951 under the guidance of fifteen community minded men, as the Hicksville Rotary Club, a new charter is being sought this year to include the Jericho area and to rename the club the Hicksville-Jericho Rotary Club.

Current membership totals 36 with an average yearly membership figure over the years being approximately 35-40 members. John Hill, one of the original Charter Members, remains active with the club and has a record of perfect attendance over the past 35 years. The men who were active in forming the Hicksville Rotary Club are:

CHARTER MEMBERS

John Hill
Martin McDonnell
James Goris
Wesley Giese
Al Johns
Louis Smith
Herbert Purick
Raymond Rusch
William Payoski
Charles Barvels
George Dalton
Vito Cappiello
Bert Cova
John DeMonaco
George Rubin

Rotary offers three things— fellowship with the other responsible local businessmen-members, membership in a leading worldwide organization, and the chance to help the community. The Hicksville Rotary Club has been particularly responsible for the following since their inception in 1951:

*For 15 years, the club paid for two-week vacations at a Rotary sponsored camp for between six and 15 underprivileged Hicksville children.

*Since 1959, Rotary has awarded \$800 college scholarships to three high school graduates in need of financial assistance from Hicksville H.S., LuHi and Jericho H.S.

*From 1951 on the club has distributed Christmas baskets to needy Hicksville families. This effort is coordinated with other service clubs, schools and churches.

*The club has sponsored a Little League team for many years and club members often coached a team.

*Vigorously supports the Gift of Life Program, a major humanitarian project to help provide heart surgery for needy children.

*By giving financial support to District and National Rotary Fellowship Awards, the Rotary Club has made possible the Exchange Study opportunity for local youngsters to study abroad and students from other countries to study here.

*The annual Community Christmas Tree was instituted by the Rotary Club. A permanent tree was planted in the triangle on Broadway near the Long Island Railroad, known as Kennedy Memorial Park. Each Christmas Rotary Club members decorate and maintain this Hicksville tradition.

*Helped establish the Hicksville Chamber of Commerce. In 1952 Rotary members have been

officers and directors in the Chamber from its inception.

*During the 20th anniversary of the Rotary Club in 1976, which coincided with the Bicentennial Year, the club raised and lowered American Flags in downtown Hicksville every weekend during the entire year. This flag raising custom remains prevalent during the year in cooperation with other Service Clubs but only on special holidays such as Memorial Day, July 4th, etc.

Basically the object of Rotary is to encourage and foster the ideal of service as a basis of worthy enterprise and, in particular, to encourage and foster:

First: The development of acquaintance as an opportunity for service.

Second: High ethical standards in business and professions; the recognition of the worthiness of all useful occupations, and the dignifying by each Rotarian of his occupation as an opportunity to serve society.

Third: The application of the ideal of service by every Rotarian to his personal, business and community life.

Fourth: The advancement of international understanding, goodwill and peace through a world fellowship of business and professional men united in the ideal of service.

Each Rotarian subscribes to this Four-Way Test:

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOOD WILL and BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?

Built around the mottoes "Service Above Self" and "He Profits Most Who Serves Best" Hicksville Rotary is celebrating their 35th anniversary this year. Interested prospective members can obtain more information about the club by calling current President Dr. Peter Rocco at 931-1177 or Joe DePaola, Public Relations Director, at 433-9896. Weekly meetings are held on Thursday at 12:15 p.m. at the Milleridge Inn.

ROTARY PRESIDENTS

1951-1966

Al Johns	1951-52
James Goris	1952-53
Louis Smith	1953-54
Wesley Giese	1954-55
Raymond Rusch	1955-56
Herbert Purick	1956-57
William Payoski	1957-58
John Hill	1958-59
Samuel Elkind	1959-60
Aaron Rochman	1960-61
Freeman L. Parr	1961-62
John Dobson	1962-63
Peter Amoroso	1963-64
Martin McDonnell	1964-65
Gordon Cottrell	1965-66
Louis Costa	1966-67
Herman Kanfer	1967-68
Hans Kaufmann	1968-69
William Bellmar	1969-70
Irwin Gross	1970-71
Christian Mazur	1971-72
Myron Steinberg	1972-73
Robert Walton	1973-74
William Buchman	1974-75
Joseph J. DePaola	1975-76
Frederick Stanwise	1976-77
Eli Zambaka	1977-78
Edward J. Johnson	1978-79
Winfried Piechutski	1979-80
Joseph Trebitz	1980-81
Paul R. Martin	1981-82
Arthur Pettorino	1982-83
William Howarth	1983-84
Harry Peltz	1984-85
Eli Zambaka	1985-86
Peter Rocco	1986



Past President, 59-60, Samuel Elkind, fourth from left, leads group in song to open meeting. (1960)



Past President, 70-71, Irwin Gross, center, shows off Rotary banners collected from worldwide. (1970)

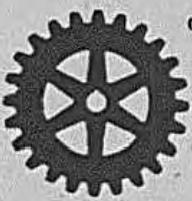


Past President, 75-76, Joseph DePaola addresses club members and International Fellowship of Flying Rotarians (IFFR) at MacArthur Airport (1976).



Packages for Viet Nam combatants from the local area. Committee chairman was Past President, 66-67, Lou Costa shown above, center.

Continued On Page 15



Continued From Page 14

ROTARY CLUB



At the 1967 Installations, left to right: Past President Lou Cesta, William Lauter, Wes Scheck and Robert Wolton, Directors; Irwin Gross, Treasurer; William Bellman, Assistant Secretary; Richard Capobianco, Secretary; Hans Kaufman, Vice President and Herman Kanfer, President.

OF HICKSVILLE, N.Y., INC.



CHRISTMAS TREE

Unidentified Rotarians posed with Santa in front of the annual community Christmas Tree which has become a traditional sight in Hicksville during the holiday season.



Rotary's first ten Presidents were honored in 1960. Left to right: Dr. Samuel Elkind (1959-60); Herbert Purick (1956-57); Aaron Rochman (1960-61); Dr. James Goris (1952-53); Louis Smith (1953-54); Ray Rusch (1955-56); William Pasko (1957-58); and John Hill (1958-59). Not present for the photo session: Al Johns (1951-52) and Wesley Giese (1954-55).



Gathered in front of the 1960 Community Christmas Tree are, left to right, Gordon Cottrell, Earle Jones, Dr. Kenneth Lant, Aaron Rochman, Peter Amoruso, Dr. Samuel Elkind, John Dobson and Joseph A. Regina.



Preparing baskets for the needy, another worthy Rotarian project.

ROTARY IS...

- The Rotary Foundation, which, since 1947, has spent more than U.S. \$60 million on its programs to promote international understanding. It has granted more than 16,000 international education awards and co-sponsored some 350 international projects. It will spend more than U.S. \$100 million on these programs during 1980-81.

- Health, Hunger and Humanity (3-H) Program, a new Rotary Foundation initiative that marshals Rotary manpower and resources to accomplish large-scale humanitarian projects, such as the five-year immunization program currently in progress to eradicate polio among Philippine children.

- World Community Service, Rotary clubs in one country assisting a Rotary club in another country with manpower, funds or equipment for a community project!

- Youth Exchange, an annual program that sends more than 7,000 young people of secondary-school age abroad for a school year or a holiday



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Children Visit Doctor's Office

On July 24, a group of children from the St. Stephen's Summer Fun Group visited the office of Dr. William Reszelbach. The doctor is a Chiropractor located in Jericho. Dr. Bill spent a few moments getting to know the children and spoke to them about keeping their bodies healthy and strong. He introduced Dr. Sharon Lesser who was on hand to assist.

A tour of the office began in the consultation room where Dr. Reszelbach showed the children various tests that he performed during a routine physical examination. He explained how he checks a patient's heart, eyes, lungs etc. Afterwards, he allowed each of the children time to listen for the heartbeat of one of their friends through the stethoscope. The children seemed to really enjoy taking the part of the doctor.

We continued our tour into the therapy suite. Here the doctor demonstrated the various machines which are used for physical therapy. The children were all able to participate in the demonstrations.

Dr. Reszelbach thought that the children would enjoy watching him while he gave a patient an adjustment. Bobby Becker Jr. is a regular patient of the doctors' and he provided the example. The doctor explained that Bobby comes in to see him often for an adjustment so that he stays healthy.

Dr. Reszelbach proceeded to check all of the children's spines so that he could alert their moms if there were any early warning signs. The doctor reported happily that all the spines were growing healthy and strong.

The tour concluded in the waiting room where Dr. Reszelbach thanked all the children for coming. The children were all given some gifts which were chosen specially for them so

that they could remember their visit. Everyone who was in attendance had fun with this learning experience.



Dr. Reszelbach poses with his little visitors. Front row, left to right: Ryan Walker, Barbara Botti, Thomas Orr, Erica Sabatello, Joey England. Second row: Bobby Becker, Jackie Botti, Patrick Walker, Jim Walker, Christopher England.



Dr. Reszelbach demonstrates some of his equipment to his young friends. They were more than happy to try it out.



Young Bobby Becker listens to Jim Walker's heartbeat as Barbara Botti and Patrick Walker watch. Of course, Dr. Reszelbach gave Bobby a helping hand.



Dr. Reszelbach gives the children a lecture as they listen attentively. Front row, left to right: Patrick Walker, Barbara Botti, Jackie Botti and Thomas Orr. Second row: Erica Sabatello, Joey England, Bobby Becker, Ryan Walker and Christopher England.

Part Two of the Mid Island Times
Syosset Advance, Williston Times,
New Hyde Park Herald Courier,
Bethpage Newsgram, Jericho News Journal
and The Garden City News



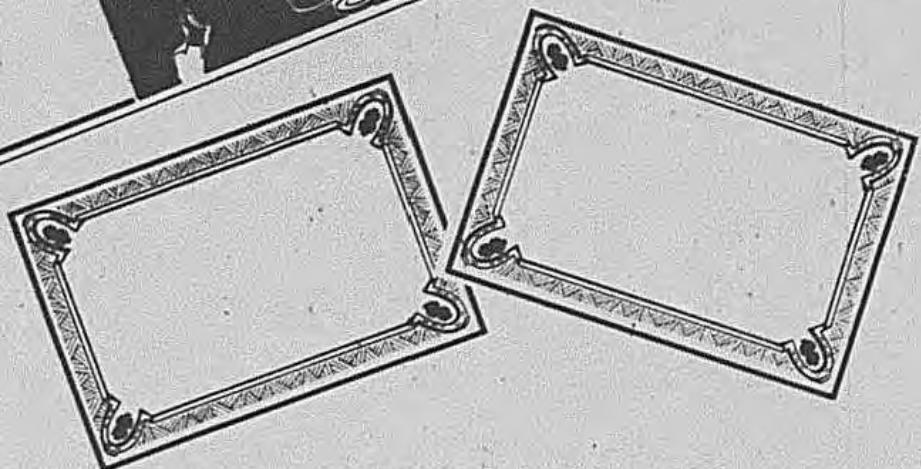
Discovery!

Magazine

The newspaper edition that helps
discover new writers, new ideas
through input and special
family features.



Friday, August 22, 1986



**The Coupon Craze
Is It Worth The Trouble**

SEE PAGE 3



THE QUESTION OF THE WEEK

President Reagan said U.S. subsidized grain sales to Russia were to help farmers here. Do you agree with this idea?



GRAIN SUBSIDIES? WHY IS IT THEY DON'T SUBSIDIZE VODKA MARTINIS ??

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Most Input Callers Think USFL Loss Not Significant

Most input callers do not seem greatly concerned about the possible loss of the USFL in answer to this question: "Do you consider the end of the USFL to be a serious blow to professional football?" Here are some of the answers:

NEVER MADE IT

The USFL has to face the facts--the league just never made it in attendance or loyalty of fans. It was not around long enough to gain a high degree of fan loyalty and then too, who really thought that another professional football league was needed? The idea was thought up by rich backers who did not know what the fans really wanted. The USFL will only be missed slightly. J.E.

PLAYERS FREED

The USFL was tying up good players who now can find needed spots with other teams. Very few people were regarded as out and out fans of the USFL teams and there was no dearth of sports options before they came on the scene. I am sorry to see them go, but it is really not a serious blow at all. M.R.

WRONG AWARD

I was sorry to see the courts mess that one up so badly on the USFL. The jury found that there was a conspiracy against the new league and then went on to recommend an award which didn't really mean anything. The award should have been great enough to make up for the losses the league suffered and then we would not have lost the league. The operation was a success but the patient died. F.E.

BACK IN COURT

I am not sure that the USFL is through. They have not formally dissolved the league but may be just retching to come back fighting in the courts. The USFL could have been a success if they had the TV outlets and that is the problem. The courts found that they were denied equal access and yet, nothing was given above \$5 for this wrong. I think it will end up back in the courts and the decision may be different. K.E.

WRONG WAY

The USFL was conceived strictly to make piles of money without ever thinking of whether the fans wanted it or not. The end result is that the fans did not really support the league and it is trying to milk money out of TV rights. The priorities are in reverse. Build a loyal following of fans and TV will not be able to ignore you. G.R.

HAVE ENOUGH

Frankly, there are enough professional sports around. I think the USFL hit the saturation point and is grasping at straws in blaming TV for not making the league a financial success. They started out by buying players and trying to inflate the entire picture. No fans would have to pay higher and higher prices to see games. We really have enough. K.E.

NOT SERIOUS

I don't think the end of USFL is a serious blow to professional football. I think the beginning of USFL was a serious blow to professional football! It created salary awards that were very unnecessary. Who do you think has to pay for that in the long run? I thought the cartoon was very good and the artist deserves credit for it. B.F.

TELEPHONE PRINCIPLE

Perhaps I should disqualify myself as I am not really a football fan. However, what has just taken place in the courts to knock the USFL out of the running at least for the time being is the result of pretty much the same basic principles as were involved in the telephone company's breakup. As a result, the fact that we are concerned with footballs and not telephones should really make no difference. On that basis, I don't believe that the end of the USFL will prove to be a serious blow to professional football. Certainly there will be a "momentary" disturbance in the overall equilibrium of the game across the country, but Donald Trump for one is not going to accept the changed situation without some kind of fight. Meanwhile, the switch of Herschel Walker to Dallas certainly is going to create quite a lot of interest in the Cowboys with his great strength in the backfield behind Tony Dorsett. And, the same will be true of other switches resulting from the USFL demise. As Mark Twain (or was it Samuel Clemens) said about the report of his death being exaggerated, I haven't given up on the USFL yet although it seems to me that there was a diminishing fan backing in the later period of its development. However, that has nothing to do with my belief that professional football is alive and healthy. P.G.S.

Past Issues

CIGARETTE TAX

In reference to the cigarette tax, the people who called in last week obviously missed the point. The purpose of the increased tax is to recoup all the millions and billions of dollars spent on smoking-related illnesses. Smoking causes lung cancer, emphysema and heart disease. This has cost taxpayers millions of dollars over the years. An increased cigarette tax would be one clear way of getting smokers to pay their share of this tremendous burden on the health of this country. V.G.

DRUG PROBLEM

I want to speak about the drug problem. The solution would be that when police catch the dope pushers, they should give them the death penalty. Governor Rockefeller put the death penalty into use and if Governor Cuomo would follow suit and put these bums away, that would be the solution to it. When you don't have pushers, there would be no one to pick it up at the borders and ship it out across country. J.Z.



Discovery!

The Coupon Craze

Is It Worth The Trouble



By Joan Behan

Several years ago, I cannot even recall the exact date, a gung ho account executive working at some advertising agency, created an idea that he/she thought would attract a consumer oriented market. The motive was to entice the consumers with substantial savings when they presented coupons at the cashier's counter.

Of course manufacturers were elated since it would mean a consistent demand for their products as they offered money saving coupons. It must have begun with a few lures such as flyers included in the Sunday newspapers which are the most read pieces of literature except perhaps for the Bible.

The concept was greeted enthusiastically. It would attract the consumer with a deluge of coupons geared to reduce prices. Mail order houses featured coupon organizers for the convenience of the shopper. Before we knew it, coupons took over where cash paying customers feared to tread.

As the coupon craze continued, whenever most of us picked up the Wednesday or Sunday papers we would search for the coupons, leaving the news and editorial sections on the floor.

Alas, the advertising market realized that they had a gold mine in the sky, since who could resist the temptation of saving 50¢ to \$1.00 on an item, even if it is something we don't use.

As our society became more and more coupon conscious and it became apparent that the public was hooked on clipping and using coupons, many supermarkets, in competition with one another, began to offer double savings coupons to consumers who shopped at their stores.

Now, in addition to food store coupons, there are coupons for dry cleaning your clothes, painting your house, eating at your favorite restaurant, sailing on a cruise ship, flying on an airline and last but not least, cash rebate coupons on major appliances. You purchase an appliance such as a vacuum cleaner, television, blender, etc. and you mail in the rebate coupon with your receipt, and supposedly you receive a rebate check in the mail. The only problem is that this takes several months, and if for some reason you fail to receive your rebate, to whom do you complain?

So far I have not met anyone who has become a millionaire overnight by cashing in coupons. My only fear is that the next step in the coupon craze will be placing them in the collection basket at our houses of worship.

About The Author

Joan Behan is a resident of East Williston and frequently contributes to *Discovery Magazine*.

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Guide to Good Dining

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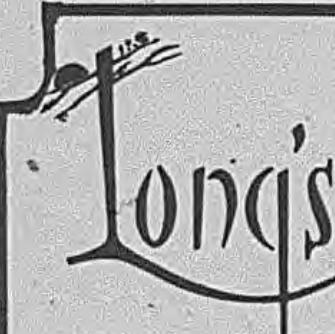
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The Last Word In Restaurant Guides

Where Our Readers
Have The Last Word

This newspaper, and the seven other weekly newspapers associated with it, publishes the last word in restaurant guides - a paid listing of many prominent selected restaurants in this area. While most of them have been rated by the great, and near great, food connoisseurs, our readers will have the last word through "Reader Ratings".

Through a special 24 hour phone system, readers will be asked to call in their assessment of each restaurant they visit. Consensus ratings (good or bad) will be published as a continuing part of the guide.

In addition they can make suggestions, compliments or criticisms through the open phone line and messages will be sent through to the restaurant management.

Guide to Good Dining

READER RATINGS

YOU CAN BE A RESTAURANT CRITIC-If you visit any of the restaurants selected for inclusion in this section-call 931-0027 at any hour and tell your ideas. We want you, the reader, to be our critic. Your message then can be printed in this space.



DINING GUIDE

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Cooking Corner

By Antonia Allegra



Summer's mellow morsels of melon

The blossom end of a melon contains the sweetest flesh. When halving a melon, always cut lengthwise, that is, through the "poles" instead of the "equator," for equal distribution of the sweetest flesh.

For home cooks who wish to experiment with the flavors of summer melons, we offer these recipes:

MELON WITH HONEY ZABAGLIONE SAUCE

4 egg yolks
4 tablespoons honey
5 tablespoons dry Marsala or Grand Marnier
 $\frac{1}{2}$ cup heavy or whipping cream, well chilled
Fresh ripe melon or combination of berries and melons

In bottom part of double boiler bring to a simmer enough water to barely touch bottom of pan that rests in it. Have ready a large bowl to scrape custard into when done.

Meanwhile, off the heat put egg yolks and 3 tablespoons of honey in the top part of double boiler and whip with wire whisk until pale and creamy. Add Marsala or

Grand Marnier and place this pan over pan with simmering water. Continue whisking mixture until it begins to swell into a custardlike texture, about 7 minutes. Be careful at this point not to overcook or you will end up with scrambled eggs. The mixture is ready when it can form soft mounds.

With a rubber spatula immediately scrape custard into reserved bowl. Cool slightly, then cover and refrigerate until well chilled, about 2 hours.

Meanwhile whip cream with remaining tablespoon of honey until very stiff. (The cream will whip better if you chill your beaters beforehand.) Fold into the chilled zabaglione until blended. May be prepared to this point up to 4

hours in advance and chilled.

Decoratively arrange some fruit (it should be at room temperature) on each serving plate and top with a generous spoonful of sauce. Garnish each serving with a piece of attractive fruit. Serves 6.

Note: If you do not have double boiler, you can make one by fitting a bowl over bottom of pan that contains water.

(From "Vegetarian Pleasures" by Jeanne Lemlin, Knopf, \$13.95.)

GOURMET MAGAZINE'S TWO-MELON SOUP

Gourmet Magazine is the source of this simple yet elegant and delicious summer soup. It is so easy to prepare, you needn't wait for company. For a refreshing breakfast or lunch, serve the soup with a generous dollop of plain low-fat yogurt.

Preparation tip: Start with equal weights of cantaloupe and honeydew. Note that purées need to be chilled for at least 3 hours. You can prepare them a day or two ahead and store them in separate containers in the refrigerator until serving time. Just be sure to stir them well before pouring.

- 1 ripe cantaloupe, seeded and flesh diced
- 2 tablespoons fresh lemon juice
- 1 small honeydew (or $\frac{1}{2}$ large), seeded and flesh diced
- 2 tablespoons fresh lime juice
- 1½ teaspoons minced fresh mint, or to taste
- Mint sprigs for garnish (optional)

In blender, puree cantaloupe with lemon juice until mixture is smooth. Transfer puree to suitable container, and refrigerate, covered, for at least 3 hours.

Rinse out blender, and puree honeydew with lime juice and mint until mixture is smooth. Transfer puree to suitable container, and refrigerate, covered, for at least 3 hours.

At serving time, transfer purées to separate measuring cups or to pitchers with pouring spouts. With 1 cup in each hand, simultaneously pour equal amounts of purées into individual serving bowls. Purées will stay separated, with cantaloupe on one side and honeydew on the other, even when carried to the table and while being eaten. If desired, garnish each dish with a sprig of mint. Serves 6.

MELON WITH YOGURT LIME SAUCE

Sauce:

4 strawberries, hulled
2 tablespoons honey
Juice of 1 lime
1½ cups yogurt (preferably low-fat)
Mint sprigs for garnish

In small bowl mash 4 strawberries with honey and lime juice to form a paste. Stir in yogurt, and cover and chill for at least 2 hours or up to 48 hours before serving.

Arrange berries on melon halves, or simply cut wedges of melon. Serve sauce on side. Garnish with mint sprigs.

CHARENTAIS MELON WITH BEAUMES-DE-VENISE SABAYON

3 egg yolks
2 tablespoons sugar
 $\frac{1}{2}$ cup Beaumes-de-Venise wine
 $\frac{1}{2}$ cup whipping cream
Chilled melons (allow 1 melon for 2 to 4 persons)
A few strawberries or fraises des bois (optional)

Heat water to simmering in bottom of double boiler or in pan on which you can set a copper bowl or stainless steel mixing bowl. Whisk together egg yolks and sugar in bowl or top of double boiler, and whisk in wine. Set this over the simmering water and whisk constantly until it holds a shape for 3 seconds when you drop some from whisk. Remove from heat and chill, either over an ice bath or in refrigerator, whisking occasionally. When cold, whip cream until it just begins to hold a shape and fold into the sabayon. Chill.

Cut melons in half and seed them. Slice them, cut off skins, and arrange nicely on serving platter. Wash, hull and dry strawberries and scatter over melon slices. Slice strawberries if they are large.

Serve very cold with the sabayon on spoon over.

Yields: 1½ cups sabayon.

After Work Gourmet



Hot dogs go with summer

By Paul Bensen

Hot dogs, like beach towels, sunglasses and trashy paperback novels, are an integral part of summertime. Between Memorial Day and Labor Day, Americans consume an astounding 5 billion hot dogs — over 20 apiece. The figure is even more impressive when one considers that babies, vegetarians and health-food enthusiasts are probably not pulling their weight.

The origin of the hot dog is the subject of heated controversy. Both Frankfurt in Germany and Vienna (Wien) in Austria base their claims on nomenclature — frankfurter and wiener, respectively. Citizens of Coburg, Germany, claim that one Johann Georg Lahner of their city invented the hot dog in the 1600s and took some samples to Frankfurt, whose residents unfairly took credit for the new dish.



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Continued On Page 11

Vacation Rental

BERMUDA LOVERS EXCLUSIVE, St. George's Club, New luxurious furnished 2 BR, 2 bath private cottage, sleeps 6. Clubhouse, pool, tennis, private beach club, daily maid service. Golf and all Bermuda's attractions nearby. Daily or weekly. Option to buy. Call Mr. W. Meyer 516-574-0211 gcs3

HUTCHINSON ISLAND "Ideal River Plantation. 2 BRs, 2 baths, condo. Beautiful resort, golf course, 13 tennis courts, 2 restaurants, piano bar, located on golf course between river and ocean. \$9000 from Dec. 1, 1986 to April 1, 1987 or \$2500 per month, % price for off season 432-2306 gcs2

Real Estate Wanted

PERSON WANTED TO SHARE 5 room Levitt house with a weekend Dad. \$380 a month plus utilities includes use of backyard and garage. Available Sept. 1. Non-smoker please. References. Call Alex at 731-1375 and leave message best time to call. ffnhs1

OLDER WOMAN WORKING in Garden City needs apartment in general vicinity by Oct. 1. Call 328-7695 after 5:30 p.m. wal

PROFESSIONAL FAMILY with children in nearby private high schools seeks home with 4-5 BRs, family room in Estate section. Needing work okay. Princ. only. 718-591-6049. gcau4

GARDEN CITY VICINITY Adelphi junior female, non-smoker seeks private room or house to share near University, good neighborhood. 536-6035, please leave message. wa4

Real Estate For Sale

MONTAUK BY OWNER large all cedar contemporary. Ocean view, private tennis, many extras. Owner financing \$425,000. 367-4249 gcs1

HORSEHEADS NY 20 beautiful acres, house, ideal for builders, make an offer in \$20's. Write V. M. Bolland, 1130 Pleasant Street, Horseheads, NY 14845. haus

GARDEN CITY 5 MORE T-W EXCLUSIVES

Mott Colonial: 3 BRs, ult modern EIK, fin. basement, maint. free...\$345,000; Sprawling Ranch 3 BRs, 2 baths, spic, new kit, rec rm w/bath, \$345,000; Brick and stone expanded Ranch, 3 lg. BRs, estates location, magnif. den. \$575,000; Estates Colonial: 5 BRs, 2½ baths, ult. modern EIK, sunporch...\$595,000; Must See magnif. Ranch, profsnl suite, central air, deep property. \$685,000

TAYLOR WARNER
101 7th St. Est. 1919 516-741-4422
haus

WILLISTON PARK SPECIALS Herricks S.D., 3 BR brick and alum. fin. basement with full kitchen, separate entrance, 2 car garage. \$210,000; 4 BR COL formal DR, Mott kitchen, den, 2 car, must see \$210,000; J.K. Realty exclusive, 747-1562 wa4

Real Estate For Sale

GARDEN CITY MOTT SECTION 5 bedrooms, expanded Ranch, 2½ baths, sunken LR, marble fireplace, formal DR finished basement with bar, 2 car garage. Full alarm system. Mint condition. Principals only \$399,000 747-2744 gca4

GARDEN CITY

Location, Location, Location! 4 BR C/H Colonial, 3½ baths, EIK, 100x150 on plush plot. \$595,000; 4 BR Ranch, 3 baths, EIK, 1/2 acre, \$495,000; 4 BR C/H Colonial, 2½ baths, new EIK, Florida room, 3/4 acre, \$470,000; 3 BR Split, 2½ baths, gourmet EIK, spic, den, fin. bsmnt., suitable mother/daughter, \$469,000; Slate roofed brick Turreted Tudor, 4 BRs, 3½ baths, microwave EIK, den, 2 car, meticulously updated, \$449,000; 3 BR C/H Mott Colonial, 1½ baths, EIK, extra spacious, \$415,000; 3 BR slate/stone Mott Colonial, 2½ baths, new EIK, \$410,000; 3 BR 2 year old High Ranch, 2 baths, spacious EIK, den, spic, skylights, master BR suite/ sauna/shower whirlpool, C/A, central vac. \$375,000; 4 BR young Colonial, 2½ baths, breakfast room, den, 1st floor laundry, fin. bsmnt., 2 car, \$335,000; 4 BR Franklin Court Townhouse, 2 baths, low taxes, \$325,000; Western 4 BR Colonial, EIK, fin. bsmnt., walk Stewart Manor RR, low \$300's; St. Anne's 4-5 BR Colonial Cape, 2½ baths, EIK, 10' ceilings, fin. bsmnt., 2 car \$310,000; 4 BR Colonial, 2½ baths, new EIK, den, \$309,000; 3 BR Ranch, 1½ baths, C/A, walk RR, mint, \$299,000; 4 BR Split, 2 baths, taxes \$1700, \$240,000; 2 BR Co-Op, 1½ baths, spic, EIK, oak floor, \$189,000; 1 BR Co-Op, new kitchen/bath, \$446 maintenance, \$135,000; Studio Co-Op, 3rd floor front, \$333 maintenance, \$116,000; Elaine Nolan, 485-7054 wa4

MALVERNE PARK MINT

Colonial, 3 BRs, 1½ baths, maint. free, brick/slate roof, formal DR, LR/Fp, large family rm./FP, auto. garage, underground sprinkler, pvt. yard, bluestone patio set on 70x100 professionally landscaped property. Princ. only \$305,000. Call 596-1061 gca4

GARDEN CITY HOME

Exchange needs homes with only 2-3 BRs to accommodate the many 4.5,6 BR home owners looking for smaller homes. Only 3% commission. Call now. 746-1350. gca4

SOUTHOLD WATERFRONT

3 BRs, 2 baths, ranch. Redecorated in and out, ½ acre on creek to bay. \$215,000. Princ. only. Days (212) 921-8440 Eves (516) 587-0425 gca4

GARDEN CITY WESTERN SECTION. Lovely large family home. Move-in condition. Many extras. Possible mother/daughter. Low taxes, reduced to \$290,000. Princ. only. 354-5998 gcs2

MATTITUCK 2 BR RANCH

LR/fpl, large kitchen and dining area, oil hot water heat, deck, full basement, garage, 1/3 wooded acre, near inlet and sound beaches. \$128,500. 499-3658. gcaus

Real Estate For Sale

GARDEN CITY WESTERN SECTION \$329,000. Spacious brick/alum. 4 BRs, den, 2½ baths, finished bsmnt, LR/fpl, DR, EIK, 2 car garage, sprinkler system. Prime location. 80x100 princ. only 326-1615 gca4

GARDEN CITY ESTATES

3 BRs, brick colonial, 3 baths, formal DR, LR/FP, den partially finished basement. Hardwood floors, slate roof, brick patio. Prime location. \$465,000. Princ. only. 746-6897 gca4

GARDEN CITY ESTATE SECTION

elegant custom built home, expanded ranch. 4 BRs, 2 baths, LR/fpl, DR, EIK, finished basement with bar. Large plot. \$385,000 owner-broker 746-5445 gco1

GARDEN CITY ESTATES

Stucco, 60x100, LR/FP, DR, sunroom, eat-in-kitchen, 3 BRs, finished basement, screened porch, unfinished 3rd floor walk-up, gas heat, low taxes, mint condition. Walk RR & stores, quiet street. Borders golf course. \$369,000. Princ. only 248-9035 gca2

CONDO CAMPSITE SUSSEX

New Jersey, Tall Timber. Private lake, pools, lounge, recreation director for children. Near Great Gorge, skiing, amusement park, zoo, etc. For quick sale \$5,000. Call days 747-7866 or 747-3293 wa4

LAUREL WATERFRONT

panoramic view of Peconic Bay. Private deep sandy beach. Two grt porches, bright airy LR and DR, 3 BRs, main house, 1 BR guest cottage, large kitchen with view, 2 full baths, 2 car garage, beautifully landscaped. \$595,000. 298-9640 gca1

SAW CREEK POCONOS

mint condition, fully furnished decorated 5 year old year round contemporary in pvt. resort community, featuring gate house and security patrols, ski slope, slide, indoor and outdoor pools, tennis, lake, trout fishing, horse back riding, game room, etc. Golf nearby. Sleeps 8, A/C, 2 BRs, + loft, 2 baths, jacuzzi, living area with spic, dining area with skylight, kitchen, breakfast bar, garbage disposal, dishwasher, etc. Large Florida room with cathedral ceiling, washer/dryer, deck 1/3 wooded acre, view, low taxes. Principals only. \$130,000. 742-3332 gca1

ONE BR. CO-OP

Second floor apt., Cherry Valley apt. Many extras. \$116,000. Call 747-0006 gca2

GARDEN CITY PRIME Estates

Colonial, ultra modern EIK, LR/fpl, oversized DR, family room, den and powder room on 1st floor. 3 BRs, luxury bath with whirlpool on 2nd floor. New gas heat, underground sprinklers, low taxes, princ. only. \$425,000. 747-8139 gca5

NASSAU POINT CUTCHOGUE

3 BRs, 2½ baths, laundry room, kitchen, DR, LR/fpl, family room, oil fired warm air, a/c, screen porch and deck, patio, garaging for 3 cars. Good privacy on 1.3 acres. 734-5104 eves. gca5

Real Estate For Sale

GARDEN CITY SOUTH 5 BR brick Split, 3½ baths, EIK, C/A, 2 car \$315,000; Hempstead Cathedral Gardens, our fixtures on the Garden City Line. Magnificent 6 BR C/B Victorian Colonial, 5½ baths, gourmet kitchen, walnut paneled library, screened porches, deck, 2 car, specimen trees on plush acre, \$695,000; 5 BR slate roofed Southern Colonial, 3½ baths, huge DR, oak cabinetry EIK, den/wet bar, all amenities, great entertainment house. \$575,000; 4 BR brick/stone C/H Colonial, 2½ baths, den, inground pool, ½ acre, \$375,000; 4 BR Victorian, 1½ baths, den, 1st floor laundry, parquet/lattice windows, 100x150, wall all, \$350,000; 5 BR C/H Colonial, 2½ baths, super kitchen breakfast room, 2 fpls, den, Florida room, 1 acre landscaped plot overlooking country club estates. "Charming Oldie", \$315,000; 12 years young, 4 BR High Ranch, EIK, C/A, 2 car, in-law apartment with separate entrance, sacrifice garage, \$249,000; 3 BR Quaint Colonial, 1½ baths, EIK, den, 2 car, inground pool, walk RR, \$225,000; 3 BR Custom Colonial-Cape, 2 baths, suitable to jacuzzi, brick walled fpl, in LR, 80x100, walk all, low \$200's; Estate Sale. 3-4 BR Dutch Colonial, 2 baths, fpl, 12x20 sunporch, possible professional or 2 family, 100x150 landscaped plot, \$179,000; 4 BR Colonial, 2½ baths, EIK, 50x167, sliding glass doors from den to garden overlooking golf course. \$172,000; 3 BR Colonial, 1½ baths, with marbled floor dressing room, Italian marbled floor DR, unusually charming. Must sell \$165,000; 2 BR Condo, 2½ baths, on the Garden City Line, garage, \$75, maintenance, \$182,000; 2 BR Condo, 1½ baths, 2 balconies, platform bed, all new w/w, C/A, garage, low maintenance. \$179,000; 4 BR Townhouse, 2½ baths, gourmet kitchen, \$57, maintenance, C/A, \$160,000; 3 BR Colonial, 2 baths, EIK, den, 2 car, 80x120, \$155,000; Ingraham Estates, 4 BR brick Tudor, 2 baths, EIK, finished basement, \$150,000; Starter House, 3 BR Colonial, 1½ baths, 2 car, \$129,900; Elaine Nolan 485-7054 wa4

OPEN HOUSE SATURDAY

Aug. 23, 11 a.m.-2 p.m. at 194 Cathedral Ave., Hempstead. Impressive 1920's Georgian Colonial, bordering Garden City. LR/FP, formal DR, den, large kitchen and breakfast room, 3 BRs, 2½ baths. Just reduced, \$299,000. Inquiries to Nikki Stamatou, Merrill Lynch Realty, 354-6500, ask for Joan Hazleton. gca4

GARDEN CITY ESTATES

3 BRs, 2½ baths, Split, new EIK, cathedral ceiling, LR, large family room, DR, fin. bsmnt., 2 car all garage, vinyl siding, 80x100, low taxes, mint condition. Principals only. \$439,000. 294-8194. gca2

GARDEN CITY SIDE HALL

Colonial, move in condition, newly decorated. 3 BRs, 1½ baths, LR/DR, eat-in-kitchen, family room. Low taxes. Owner \$239,500. 746-0551 gca1

GARDEN CITY 3 BRs, 2 FULL

baths, LR, DR, EIK, family room, 2 car garage, basement, 80x100, sprinkler system, excellent condition, principals only \$350,000. 747-2061 gca5

Don't Miss Our

DISPLAY CLASSIFIED ADS
in this issue!

Real Estate For Sale

SOUTHOLD WATER RIGHTS

Enjoy year round living on the North Fork in this 3 BR, 2 bath Ranch, located in private community, complete with bay beach rights. EIK, DR, fam. rm/fpl. Excellent value at \$169,500. Southold waterfront, 3 BR, Ranch with wraparound deck, swimming pool, separate living area. Ideal M/D. Must see. Reduced to \$198,000. Southold waterfront gem! The ultimate in year round or summer living. Magnificent views with boating and swimming at your doorstep. \$285,000. Peconic waterfront, immaculate 4 BR, 2 bath Cape with beautiful bay views. LR/fpl, heated porch. \$375,000. Marion King Real Estate, 734-5657. gca4

GREENPORT EXCEPTIONAL

waterview of Greenport Harbor and Shelter Island. Almost waterfront without waterfront taxes. Well maintained, maintenance free; 3-4 BRs, 1½ baths, 2 story Colonial in good neighborhood, LR/fpl, DR, EIK, encl. porch, many extras. Move in today. One of a kind buy at \$225,000. Southold Exclusive! Deeded beach rights to Peconic Bay, 13 year old well maintained Ranch. 3 BRs, 2 baths, modern kitchen with dining area. Full cellar/partly finished. Desirable private community. Seen by appointment. Priced to move fast at \$175,000. Baker Real Estate, 765-2310. gca4

FRANKLIN SQUARE

This lovely maintenance free brick English Tudor features authentic styling. 3 BRs, large LR/fpl, formal DR, fin. bsmnt., new roof and heating system plus much more. Just reduced to \$199,900. Merrill Lynch Realty, 354-6500, ask for Joan Hazleton. gca4

DON'T BUY UNTIL YOU SEE the best of today's market! Garden City, one BR, garden co-op, central air, mod. kit., \$109,900. Two BR, Garden City co-op, mid \$130's. Mineola studio, mint with loads of extras. Asking \$92,500. For further information about available mortgage financing and other properties call Merrill Lynch Realty, 354-6599 ask for Joan Hazleton. gca4

GARDEN CITY ESTATE SECT.

Adelphi area. Dutch Colonial, LR/fpl, DR, EIK, fin. bsmnt., 4 BRs, second floor/below taxes, walk in RR. Principals only. \$410,000. 741-3759. gca2

GARDEN CITY EASTERN SECT.

split, 3 BRs, 2½ baths, LR/fpl, DR, EIK, den, bsmnt., psl, 2 car alarm, \$330,000. By owner 822-2877. gca2

EAST MARION WATERFRONT

Gardiner's Bay, 2 BRs, cond. end unit, ground level, wind, wh. galore. Teak deck, private beach, marina, pool, tennis, golf, maintenance, \$79 per month. \$225,000. By owner. 488-5875 or 477-0740. jca2

Real Estate For Sale

WEST HEMPSTEAD 5 BR brick cedar Ranch, 2 baths, all amenities, 2 car, suitable professional or mother daughter, owner finance, low \$300's. **Cathedral Gardens**, 4 BR Tudor, 2 baths, EIK, den, 2 car, deck, 20x30 in, 60X17' phr, \$285,000, 4 BR Colonial Cape, 2 baths, formal DR, den, sliding doors to garden, fin bsmt, \$279,000, 4 BR stone nestled C/H Dutch Colonial, 3 baths, finished basement, 60X150, 2 car, \$269,000, 3 BR spacious Tudor, 2 1/2 baths, fin bsmt, 2 car, den, screened porch, walk all, \$259,000, 3 BR Ranch, huge family room, C.A., 2 car, \$210,000, 4 BR Colonial, 2 1/2 baths, EIK, fin bsmt, for Mom, all new interior, \$190,000, **Elaine Nolan** 485-7054 wa4

PECONIC NEW CONTEMPORARY ranch, sound view and pond view. Walk to beach. Wooded acre, 2 car garage, a/c, all appliances, full basement. First class all the way. Possible owner's financing \$259,000. Price only \$255,1165. gcs4

GARDEN CITY WESTERN SEC. Custom built spacious expandable Cape Colonial, 2 1/2 BRs, recreation room or 3rd BR, 1 1/2 baths, formal DR, sun porch, huge oversized property. New appliances, low taxes. Walk RR, stores, schools, tennis, \$285,000, 352-7747. gcs1

GARDEN CITY CHARMING Tudor, 4 BRs, 2 1/2 baths, fp, EIK, walk RR, \$310,000, 228-1340 exts. gcs1

GARDEN CITY NORTHEAST section, newly decorated split, 3 large BRs, 2 1/2 baths, mud kit, with separate dinette, DR, LR, laundry room, mud room, fam room, den, fin bsmt with bar. New siding, roof and furnace. Many extras. Low taxes. Price only \$289,900, 248-3920. gcaus

GARDEN CITY ESTATES SEC. 3 BR Colonial, formal DR, LR, fp, new EIK, 2 car garage, low taxes, park like setting, \$295,000. Principals only, 741-6385. gcaus

MINEOLA CO-OP HORTON House, excellent starter, large cool studio, maintenance \$256 per month. By owner, \$83,900. Call 44-6863. wa5

FLORIDA PROPERTY for sale on prestigious Sewall's Point, St. Petersburg, 100' x 200'. Fruit trees and palms. Near river and ocean, boating, fishing, \$19,000. (914) 277-3788. gcaus4

WEST GILGO BEACH (Oak Beach) 4 BRs, 2 baths, 2 decks, across from ocean, walk to bay and boating. One hour to NYC, \$285,000. Call owner, 783-4642. gcaus5

Real Estate For Rent

HOUSES MINEOLA 3 BR formal DR, EIK, 1 1/2 baths, porch, new w/m, new appliances, \$1,250. **New Hyde Park**, spacious rooms, 4 BRs, 2 baths, immaculate, large yard, 2 car, \$1,300. Apt: Brand new 4 1/2 baths, \$800 plus all. J.K. Realty, 47-1562. wa4

Real Estate For Rent

HOUSES GARDEN CITY 4 1/2 BR Colonial, 2 1/2 baths, den, screened porch, 2 car, \$2000. Rockville Centre, 2 1/2 BR Colonial, EIK, screened porch, built-ins \$1,300, negotiable; **West Hempstead**, 4 BR Ranch, 3 baths, C.A., 2 fpls, breakfast room, finished basement, 2 car on beautiful acre, fully furnished, short term winter rental \$1350; **3 BR High Ranch**, 2 baths, mint condition, walk all, immediate occupancy, \$1350; **Elaine Nolan** 485-7054 wa4

APARTMENTS CATHEDRAL Gardens, Hempstead, 1 BR with fp, \$589. **Mineola**, 4 rooms all new, parking extra \$950, 2 BRs, large EIK, walk RR, \$900. **Elaine Nolan** 485-7054 wa4

TENANT TO SHARE OFFICE space approx. 500-600 sq. ft. 2nd floor. Prime location on Franklin Ave. (5th Ave. of L.I.) Garden City, ample free parking. Avail. immediately. For info, 746-7724 hfs1

GARDEN CITY WESTERN SECTION 3 BRs, 2 baths, FP, near RR & shopping. Large pvt. \$1,535, plus utilities. By owner, 742-4262 gcs2

STORE FOR RENT 1170 sq. ft. Hillside Ave., Williston Park 746-1075. wfn

ROOM FOR RENT IN OYSTER BAY AREA Near everything, 922-6237. ha4

HOUSE TO SHARE MINEOLA nice section, private BR, full use of bath, kitchen, LR/DR, TV, VCR, \$350 month. Share utilities, clean, neat, responsible, gentleman preferred, 877-2300 days, David or 742-3131 eves. Jim, gcs1

MIDDLE VILLAGE HOME for 5 to 6 month winter rental beginning November 1. Only couples. Very close to City or any highways. Reasonable. 718-894-8214. hsl

GARDEN CITY SUNNY spacious furnished room, bath, private entrance, convenient parking, walk to all. Ideal for male student or male professional. 741-3791. gcs1

GARDEN CITY QUIET STREET near all transportation, separate entrance, share full bath, no cooking, mature non-smoking male preferred, \$280 per month. Call after 7 p.m. 354-5064. gcaus5

TENANT TO SHARE OFFICE space, approx. 500-600 sq. ft. 2nd floor. Prime location on Franklin Ave. (5th Ave. of L.I.), Garden City. Ample free parking available. Immediate. For info, call 746-7724 hfs1

GARDEN CITY PRESTIGIOUS residence for top executive. Eight oversized rooms, 3 baths, 4 BRs, 4 fpls, architectural details, floor to ceiling windows, alarm, all extras. Next to park like grounds. Decorated, furnished, \$3000 per month. 747-6522 exts. gcaus5

NEW HYDE PARK 4 LG ROOMS new kit, yard, mint, walk RR, \$800 per month plus all. No fee, owner 741-2211. wa5

Real Estate For Rent

GARDEN CITY SOUTH Fall in love with this bright, beautiful apt. featuring master BR with pvt. dressing area, w/w, new carpeting, new kit and bath, 10x20 deck off LR, for pvt. sunning. \$800 per month includes all. No pets. Immediate occupancy. Bring deposit - it is one of a kind! 565-9895. gcaus5

GARDEN CITY TWO SPACIOUS furnished rooms, pvt. bath, parking, immediate occupancy. Male, non-smokers, references and security. 741-1098. gcs1

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Decor Score

Taming the wild side

By Sharon Owen Haven

Q. I love big crazy prints and outrageous colors. I've avoided using them in my home; however, because my husband says they'd give him nightmares. I, on the other hand, think our decor is much too bland and boring.

Got any compromises up your sleeve? — V.R.

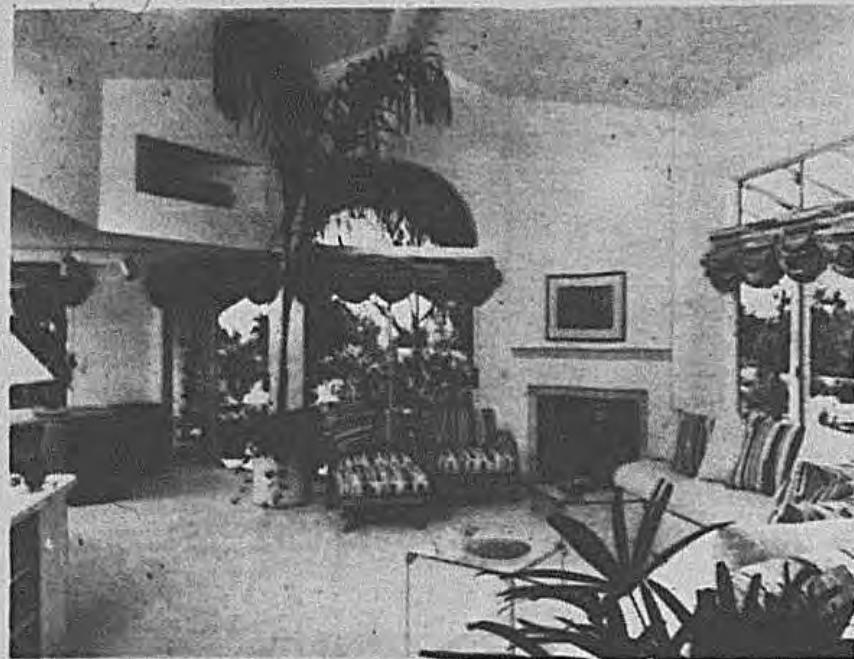
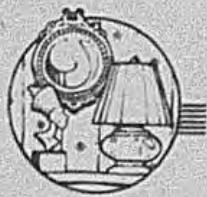
A. Many people shy away from using colors and prints in their homes that appeal to their wilder impulses, though they may wear such colors and patterns. Some amount of caution on this score makes good sense. The investment in your home furnishings is likely to be more expensive and permanent. You can't just hand over a mistake in decor to your younger sister with the same nonchalance as you'd grace her with that dreadful dress you bought on impulse.

On the other hand, no one should be sentenced to live in a boring environment. The key to success is finding a pattern and colors you know you can live with awhile and then exercising your self-discipline to use them sparingly.

The room pictured here sports a very bright pattern in a bold design that would send you screaming out the door if the walls were papered with it. But it has been used in small quantities with great restraint — two chairs, throw pillows and balloon shades. It provides the only pattern and color in the all-white room — even the acrylic coffee tables do a disappearing act.

By knowing when to stop, you can indulge your wilder tastes to spectacular effect (and your husband's comfort). For insurance, it also wouldn't hurt to express your tastes in the less expensive elements of your decor — paint, throw pillows and simple window treatments. That way, if you get sick of the results you can afford to repaint, make new pillow covers and give those ghastly drapes to your sister.

Q. We want to refinish our old oak floors but are afraid of botching the job. There seem to be so many new techniques and products. Where can we get some step-by-step detailed information? — L.H.



STUNNING EFFECT — The brightest print and wildest pattern can contribute to a stunning and original decor when used carefully in an overall design. — Photo by Kim Brun

A. The Oak Flooring Institute publishes an eight-page illustrated manual that covers everything from floor preparation, sanding and fillers to finishing products, staining, bleaching and stenciling. There are step-by-step instructions for all these procedures and specific discussion of the finishing

products available.

Copies of "Hardwood Flooring Finishing/Refinishing Manual" are available for 50 cents each. The institute's "Wood Floor Care Guide" is an additional 25 cents. Send requests to Oak Flooring Institute, 804 Sterick Building, Memphis, TN 38103.

The Perfect Couple

Cartoon by RICK GEARY



ANTIQUE OR JUNQUE



Vase might bring
up to \$60

By James G. McCollam

Q: This hand-painted vase is 13 inches tall. On the bottom it is marked, "Made in Japan." It has been in my family since before World War II.

Can you tell me anything about its age and what it might be worth?



A: Your vase was made between 1921 and 1941. Japan marked all imports "Nippon" until the U.S. government passed a law in 1921 requiring all imports to be marked "Made in Japan (or any other country)." For a short period after World War II, the mark was "Made in Occupied Japan."

This vase would sell for about \$50 to \$60.

BOOK REVIEW "The Price Guide to Wallace Nutting Prints" by Michael Ivankovich, Diamond Press, P.O. Box 167, Maple Glen, PA 19002, \$7.95 postpaid or at your local bookstore.

Since some of these hand-colored photographs are now selling for over \$300 it is important that collectors and dealers have a price guide such as this. For example, interior scenes are more valuable than exterior scenes; pictures with children or animals

command higher prices. This book covers all the factors that will help anyone learn how to select and evaluate Nutting prints.

Q: I have a Haviland covered serving dish with the attached mark on the bottom. It is beautifully hand painted with a floral design. Can you tell me when it was made and its current value?



A: Haviland first used this mark in 1893, but it was usually used with another mark (Haviland & Co., Limoges). These marks were used through the first quarter of the 20th century. It should sell for about \$125 to \$135.

Send your questions about antiques with picture(s), a detailed description, a stamped, self-addressed envelope and \$1 per item to James G. McCollam

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Points on Pets

By R.G. Elmore, D.V.M.

Closed cars pose death threat to pets

Q. I recently read about a dog that died of heatstroke in an automobile at a shopping center. How long can a dog or cat be left in an automobile during the summer months? Our dog really enjoys going with me on errands. Would it be safest to leave her at home?

A. Closed or semi-closed automobiles can be extremely dangerous during the hot summer months for dogs, cats and children. Confining dogs and cats in closed automobiles on hot summer days is unfortunately still a very common practice despite the widely disseminated adverse publicity that they may rapidly become death traps. Whenever the outside temperature is 85 F or greater, the temperature within a closed car may reach a lethal level within 15 minutes. In dark-colored automobiles, death-causing temperatures may be reached even faster. Puppies, short-nosed dogs, obese dogs and old dogs are more prone to suffer heat stress. Signs of heat stress include a very high rectal temperature, rapid panting, fast pulse rate, reddened gums, weakness, an anxious or staring expression and eventually collapse and death. Rectal temperature may reach 106 to 109 F. The normal temperature of the dog rarely exceeds 102.5 F. Vomiting is fairly common during severe heat stress.

Heat stress is an emergency situation. Immediate first aid should be administered. The dog should be immersed in cold water. If it is

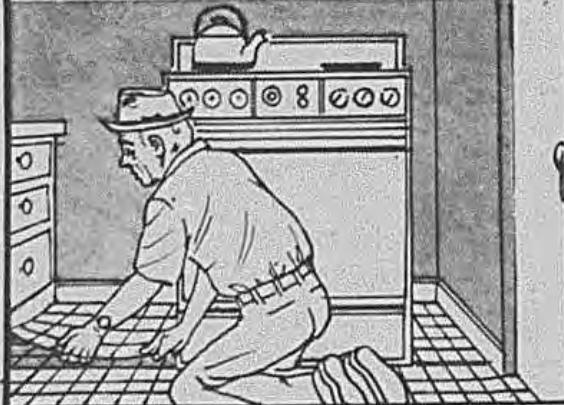
impossible to immerse the dog in cold water, spraying it with cold water is usually helpful. Ice applied to the head and between the thighs is beneficial. The dog should be moved to an air-conditioned room.

If the dog responds to first aid and is able to eat small amounts of ice cubes or drink small amounts of water, these should be offered. However, excessive amounts of oral water may be detrimental. If the rectal temperature has not been lowered to 103 F within 10 to 15 minutes after starting treatment, a cold water enema should be administered. A standard human enema bag can be filled with cold water and ice cubes. The tip should be lubricated and inserted gently into the anus. Hold the bag high until the dog displays discomfort, then allow the water to drain out. Rectal temperatures following cold water enemas are not meaningful.

Any dog suffering from heat stress should be examined by a veterinarian. Many dogs suffer relapses following the first signs of improvement. The best treatment for heat stress in dogs and cats is prevention. Most cases of heat stress in pets is simply due to human negligence. It is a good rule to never leave pets or children unattended in automobiles, especially during the hot summer months.

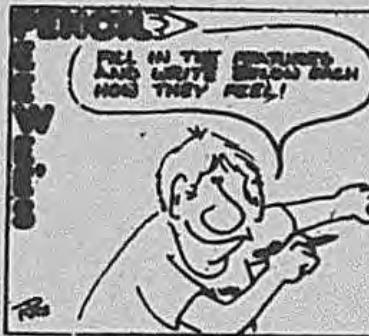
Putterin' Pete

By FRYE



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The World's Most Beautiful Grandchildren



These two handsome grandsons are Derek Carl Stebel, left, and Matthew Robert Juvet. Derek, who will be two years old on August 24, is the son of Janel and Kenneth Stebel of Hicksville. Matthew who is 16 months old, is the son of Tracey and Bobby Juvet of Bethpage. The proud grandparents of both of these young gentlemen are Ed and Joan Martin of Hicksville.