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Friday, August 15, 1986



Oyster Bay Towns Councilman Kenneth S. Diamond, right, and Angelo A. Delligatti were on hand to present awards to participants in the finals of the Tobay Games, held at Theodore Roosevelt Park in Oyster Bay. Accepting their medals are, left to right, Douglas Levit of Syosset, Danny Costan of Oyster Bay, Kim Tate of Massapequa and Kim Glover of Hicksville. The Games were sponsored by the Town's Bicentennial Historical Commission, represented here by chairman Miss Dorothy H. McGee, in cooperation with the Department of Parks.



Oyster Bay Towns Clerk Ann E. Ocker chats with Yonah Piedagnel, left, and Michelle Hallaux, both of Hicksville, as they get ready to compete in the swimming competition of the TOBAY Games for GAP (Group Activities Program for the Handicapped). The special games for GAP members were sponsored by the Town's Bicentennial Historical Commission and the Department of Community Services. In addition to the swimming events, there were also field events. The games were held at Syosset-Woodbury Community Park.

Midland Civics Hold Bd. Meeting

By Gert Paul

On July 29, the Midland Civic Association, under the leadership of President Larry Weinstein, met in executive session at the Hicksville Public Library. Plans were discussed for the coming year with beautification of Hicksville and a campaign to register as many voters as possible for the coming election, deemed the most urgent issues.

Our organization continues to be strong with many members re-joining. Our wonderful vice president and civic chairman Ellie Draycott has been very busy getting things done for our community. She was effective in getting a sewer on Bethpage Road cleaned. It has been spewing out noxious odors. A defective hydrant was also repaired and Ellie asked the water district to check all the hydrants in our civic area. Ellie also announced the "Lights Against Crime" program of August 12 and a carnival led by the Fire Department from August 26 to Labor Day in the former "Mid-Island Plaza", near Korvettes.

A letter writing campaign concerning environmental conservation was recommended. Also, a donation to the Korean and Vietnam War Memorial was made by our Association.

It was announced that a committee for Hicksville beautification has been formed and several businesses have been asked to "clean up their act".

We look forward to an exciting and rewarding year of work for our betterment.

Local Student AHRC Winner

Kimberly Smith who lives in Hicksville and is a student at BOCES Carle Place, has been selected as a county-wide winner in the 1986 high school art/poster contest sponsored by the Nassau Association for the Help of Retarded Children. Kimberly's entry was designated second place in the competition which was open to all high school and junior high school students in Nassau and included as its themes: "The Retarded Make Good Neighbors", "Teach Me So I Can Do It Myself", and "A World That Works For Everyone".

Two Hicksville Sites Among Contaminated

Two Hicksville sites were among five confirmed by the Board of Health as contaminated.

An investigation of contaminated aquifer segments in Nassau County has been completed. The report recommends further investigation of the five sites studied to more specifically define the extent and sources of contamination and to develop remedial measures. These sites are located in New Cassel, Garden City Park, West Hicksville, North Hicksville and New Hyde Park.

Since 1975 when synthetic organic chemicals were discovered in water supply wells within an industrial complex in the County, the Nassau County Department of Health has undertaken an extensive program to determine the extent of groundwater contamination, to identify and abate the sources of organic chemicals in the aquifer system underlying the County, and to control the sources of these chemicals.

Initially, the management approaches employed by the Health Department involved sampling and restricting the use of public water supply wells to protect public health, and surveying industrial and commercial establishments to identify and abate sources of organic chemicals.

Based on these programs, 15 public water supply wells are currently restricted because levels of organic contaminants exceed State guidelines for drinking water, and wastewater discharges from 40 establishments are controlled by permits. In addition, 200 facilities which store and dispose of organic chemical products and wastes are regulated.

The current groundwater management thrust is to further define the extent of existing contamination, identify the sources, and motivate clean-up of the contaminated water.

The study just completed was performed jointly by the Department together with the consulting engineering firm of Dvirka and Bartilucci and was funded through a contract with the N.Y.S. Department of Health.

Dr. John J. Dowling, Health Commissioner of Nassau County, stated that he will refer the findings to the N.Y.S. Department of Environmental Conservation for their consideration in designating the areas studied as Superfund sites. Varying degrees of synthetic organic chemical groundwater contamination have been found in these areas, in which industries have used synthetic organic chemicals. Data from 59 newly installed monitoring wells and 37 existing wells were used to identify the contamination and possible sources.

The most extensive contamination was found in New Cassel in the industrial area south of the L.I. Railroad and north of Old Country Road. At the present time this contamination does not impact existing public water supply wells, but there is a potential future threat.

In Garden City Park, the contamination is not as widespread but there is potential for further contamination. In West Hicksville no water supply wells are affected, but there is potential for wells in the Bowling Green Water District to be affected.

In New Hyde Park, additional information is needed to determine the extent of contamination and identify sources. Two public supply wells in that area which are contaminated are currently being treated before distribution. A limited degree of contamination was detected in North Hicksville where the two wells affected are already being treated for removal of volatile organic compounds.

There are ten areas of significant groundwater contamination in the County—five of which were addressed in the recent study. Three of the remaining five—Roosevelt Field, Mitchell Field and Hicksville-Bethpage—are in the process of investigation and/or remediation. Glen Cove and Lake Success areas remain to be studied.

The 420 public water supply wells in operation in the County today are not directly affected by the new information. All water supply wells are routinely monitored and meet all existing standards and guidelines for water quality.

Continued On Page 16



Island-wide Runner Magazine's "Lobster Relay" on Sunday, August 3, is one of the most unusual events of the year - but Sue Polansky and Jim McDougall of the Plainview - Old Bethpage Road Runners Club refused to play by the rules. The Lobster Relay calls for each runner to run for 9/10 of a mile carrying a live lobster, and then to pass the lobster off to his or her teammate, who runs an additional 9/10 of a mile to the finish line. Each team's lobster then becomes its dinner. Sue and Jim wanted to run, but they didn't want to do so at the expense of a poor, helpless lobster - so they ran the event with a zucchini instead of a lobster! Jim and Sue finished in 21st place out of 53 teams. (No report as to whether or not they ate the zucchini.) Sue and Jim proudly display their zucchini.

Letters

To the Editor:
On behalf of all of the members of the Hicksville Kiwanis Club, I wish to thank you for the excellent article prepared for the **MID Island Times** of August 8, by your very capable Valerie Pakaluk, about our organization.

I was so impressed with that two-page spread that I plan to recommend to our Board of Directors that it be made required reading for all of our new members as part of their indoctrination in Kiwanis.

We look forward to reading about our fellow Service Clubs, namely the Lions and Rotary in future editions. We all exist to serve our community and appreciate your telling our neighbors in Hicksville about our backgrounds and activities.

With best wishes for your continued success, most sincerely,

Sieg Widder
Kiwanis Publicity and
Public Relations Committee

In Service

Pvt. 1st Class **Thomas E. McKenna**, son of Margaret C. and Thomas V. McKenna of 3 Prince Street, Hicksville, has graduated from the 58-day Ranger Course at the Infantry School, Fort Benning, Georgia.

Ranger training is held at Fort Benning, in the mountains of northern Georgia, the desert at Fort Bliss, Texas, and in the Florida swamps. The course is designed to develop confident and capable small-unit leaders.

The course is stress oriented to develop the ability to lead and command under heavy mental, emotional and physical pressures. The emphasis is on practical, realistic and strenuous field exercises using the Infantry rifle squad and platoon organization as a vehicle toward these goals.

Additionally, emphasis is placed on developing military skills in the planning and conduct of ground, airborne and waterborne patrolling operations.

News From Wm. Gouse VFW Post 3211

P.P.C. Carmine A. Somma

This is the time of year when our newly elected Commander Bill Schuck is making plans with his officers and Ladies Auxiliary for the coming year. 1986-87 officers are Sr. Vice Commander Bob Izzo, Jr. Vice Commander Vincent Ferrara, Chaplain Anthony Ferrara, Post Advocate George Walden, Post Surgeon, Joe Adessio, Quartermaster William Frohnofer, three year trustee Max Bergsohn, two year trustee Anthony Chepak, one year trustee Mike Cialdell.

Newly elected Ladies Auxiliary Officers are: President Esther Palladino, Sr. Vice President Rita Aug. Jr. Vice President Theresa Tisdell, Chaplain Anita Stallone, Secretary Joan Chwalisz, Treasurer Carmella Vitiello, Conductress Lee Pietruszewicz, Guard Mae Barsikowski.

On July 12, the Wm. M. Gouse Jr. Post V.F.W. ran a Las Vegas Nite and donated half of their net proceeds to the Hicksville Monument Fund for all residents who served during Korea and Vietnam.

On July 28, at our last meeting, the chairman of our Games of Chance William Frohnofer, presented a check to the Chairman of the War Monument Fund, P.P.C. Conrad Steers in the amount of \$1500. If you want to help, you can make a donation to the Hicksville Veterans Monument Fund, P.O. Box 412, Hicksville, NY 11802. For further information call Conrad Steers at 822-5938.

In the past our Las Vegas Nite has donated to the Statue of Liberty, to Long Island National Cemetery to modify and relocate the Carillon, to the Special Olympics for the handicapped, to St. Ignatius Girls Cader Corps, now called the New Image Drum & Bugle Corps.

Attention, all World War II, Korean and Vietnam veterans, we have a committee at the post to fill our military request forms for

your war medals which you are entitled to. Chairmen are Ed Kleniewski, Mike Tisdell, Tony Chepak. If you are looking for a full or part time job, give our Employment Chairman, Tony Chepak a call at 931-2181 or call the V.F.W. Hall at 931-7843.

The Annual Town of Oyster Bay Fourth of July Program sponsored by the Town's Bicentennial and Historical Commission was held at Townsend Park in Oyster Bay and Comrades from our Post who attended were Howard Bergeron, Frank Molinari, Ed Kondracke, Joe Normandy, Mike Znack and Carmine Somma. Color Guards and participants were the Amvets Post 44 Hicksville, American Legion Post 4 and its Auxiliary from Oyster Bay (American Legion Post 421 Hicksville), Post 1285 from Bayville (J.W.V. Comdr. Nassau-Suffolk Dist. Council Irwin Purisch), Marine Corps League from Glen Cove and Port Washington, M.W.V. Post 46 Hicksville Pearl Harbor Survivors Association, L.I. Chapter No. 125, V.F.W. Post 3211, Plainview Post 5942, Syosset Post 6394, Oyster Bay and its Ladies Auxiliary Post 8033, East Norwich F.D., B.S.A. Troop #from Oyster Bay, Cub Scout Pack no. 253, Bay Community Girl Scout Troop No. 68, The Friends of Raynham Hall Inc., Welfare Lodge No. 695 L.O.O.F., Mystic Circle of Rebekah Lodge No. 260, L.O.O.F. Italian American Citizens Club, Knights of Columbus, and its Auxiliary Council No. 1206.

On September 8, Commander Bill Schuck will present a plaque to all political leaders who work for veterans rights.

Our Chaplain Anthony Ferrara reported on Comrades and sisters and their families who have been hospitalized during the month. Tony Chepak's wife was in a car accident and he broke his hand playing ball. All are doing fine. Bob Izzo's father is doing fine after a heart operation. Bill Schuck's mother was in the hospital and doing fine. Mike Montelione's granddaughter was in the hospital. Jack Spitzer was operated on for a hernia at Northport Hospital. Joe Gumo of the Dept. of N.Y. Adjutant Gen. is sick. Joe Adessio is going to Northport Hospital for a heart operation. Our sincerest condolences to the family of Comrade Joseph Manec and Comrade Charles Hodosky.

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Oyster Bay Town Clerk Ann R. Ocker, second from right, was on hand to cheer on the Hicksville Baseball Association Girls' Senior Softball Williamsport team as it entered the semi-final game of the tournament. Coaches Bill Herman, left, and Jerry Weber offer some last minute words of advice as Karen Osbach, third from left, Maria Henken, third from right, and Allison Meier proudly hang up the team banner. The team won its semi-final game, only to be beaten in the final match.



Oyster Bay Town Supervisor Joseph Colby signs a proclamation declaring the week of August 17-23 "Youth Week" throughout the Town. Town Councilman John Venditto witnessed the signing along with representatives of local youth councils, left to right, Shirley Lieberman, program coordinator; Jannett Rascoe, social worker for the Bethpage Youth Council; Joe Brasco, a member; Mike DiRocca, a member of the Hicksville Youth Council Board of Directors; Barbara Nelson, executive director of the Hicksville Youth Council; and Ginny Klein, executive director of the Plainview Youth Council.

Help For Drug Problems

Central Nassau Guidance and Counseling Community Program in Hicksville works with people and families who are experiencing difficulty due to drug abuse. Apparently cocaine together with crack use is on the rise and with the shortage of marijuana more people are abusing cocaine. Is someone in your family or a friend using drugs? Is it causing a problem at work, school or in social relationships? If so, call us at 822-4060. We are funded by Nassau County Department of Drug and Alcohol Addiction and are licensed by New York State Division of Substance Abuse Services. We provide counseling on an individual, family or group basis in an outpatient setting.



Oyster Bay Town Councilman Kenneth S. Diamond presents medals and certificates to participants in the field events of the Tobay Games for member of the Group Activities Program (GAP) for the handicapped. Accepting their awards are, left to right, Annette Baule of East Norwich, Walter Marvin of Hicksville and Christopher Bayonet. The games, which were sponsored by the Town's Bicentennial Historical Commission and the Department of Community Services, were held at Syosset-Woodbury Community Park. In addition to the field events, there were also swimming events tailored to the special capabilities of the handicapped.

Hicksville Property Value Up Slightly Over Last Yr

The taxable value of the Hicksville School District increased \$854,174 this year. The increase only amounted to 0.731 percent increase. By state law Nassau County's tax roll is divided into four parts: class one is one, two and three family homes and condominiums of three stories or less; class two is apartments, and residential cooperatives and condominiums of more than three stories; class three is public utility property and class four is essentially commercial and industrial and vacant land.

The County department of assessment concluded a two-year project to reappraise and reassess all commercial and industrial property and multiple dwellings of more than three units. Those new assessed values are included for the first time on the 1986-87 school tax roll.

Previously, Nassau County had relied on 1938/39 construction costs in determining the value of commercial properties. The new method uses market value, replacement cost and the income approach, relying primarily on the income approach. Implementing this new method for commercial properties also resulted in different ratios of assessment to value than had existed in the past.

State law requires that increases in assessed value for properties in class two and class four not due to construction or demolition be phased in over five years. That phase-in begins with the 1986-87 school tax roll. An additional amount which has been added to the assessment rolls this year will be phased into the total taxable value of the District over four years commencing with the 1987-88 school tax roll.

SCHOOL DISTRICT WITHIN THE TOWN OF OYSTER BAY

SCHOOL DISTRICT	1985-86 ASSESSED VALUATION	1986-87 ASSESSED VALUATION	INCREASE OR (DECREASE)	% OF INCREASE OR (DECREASE)	1985-86 TAXABLE VALUATION	1986-87 TAXABLE VALUATION	INCREASE OR (DECREASE)	% OF INCREASE OR (DECREASE)
15 Jericho UFSD (Jt.)								
Class One	\$39,491,465.	\$46,721,400.	7,229,935.	18.307	\$39,491,465.	\$46,721,400.	7,229,935.	18.307
Class Two	9,206,100.	2,914,690.	(6,291,410.)	(68.339)	9,137,180.	2,265,010.	(6,872,170.)	(75.211)
Class Three	3,656,235.	3,735,757.	79,522.	2.174	3,656,235.	3,735,757.	79,522.	2.174
Class Four	26,345,585.	\$38,957,830.	12,612,245.	47.872	26,335,235.	28,050,234.	1,714,999.	6.512
TOTAL	\$78,699,385.	\$92,329,677.	13,630,292.	17.319	\$78,620,115.	\$80,772,401.	2,152,286.	2.737
17 Hicksville UFSD								
Class One	\$62,389,752.	\$62,803,247.	413,495.	0.662	\$62,389,752.	\$62,803,247.	413,495.	0.662
Class Two	890,975.	844,900.	(46,075.)	(5.171)	890,975.	802,836.	(88,139.)	(9.892)
Class Three	12,334,046.	12,254,601.	(79,445.)	(0.644)	12,334,046.	12,254,601.	(79,445.)	(0.644)
Class Four	40,731,810.	52,056,714.	11,324,904.	27.803	40,632,480.	41,236,743.	604,263.	1.487
TOTAL	\$116,346,583.	\$127,959,462.	11,612,879.	9.981	\$116,247,253.	\$117,097,427.	850,174.	0.731
18 Plainedge UFSD								
Class One	\$34,814,940.	\$34,998,849.	183,909.	0.528	\$34,814,940.	\$34,998,849.	183,909.	0.528
Class Two	-----	-----	-----	-----	-----	-----	-----	-----
Class Three	1,889,749.	1,918,051.	28,302.	1.497	1,889,749.	1,918,051.	28,302.	1.497
Class Four	6,454,976.	10,597,140.	4,142,164.	64.170	6,438,926.	7,361,998.	923,072.	14.335
TOTAL	\$43,159,665.	\$47,514,040.	4,354,375.	10.088	\$43,143,615.	\$44,278,898.	1,135,283.	2.634
19 Plainview								
Class One	\$51,515,331.	\$53,038,268.	1,522,937.	2.956	\$51,515,331.	\$53,038,268.	1,522,937.	2.956
Class Two	1,239,675.	-----	(1,239,675.)	(100.000)	1,193,455.	-----	(1,193,455.)	(100.000)
Class Three	3,559,474.	3,678,173.	118,699.	3.334	3,559,474.	3,678,173.	118,699.	3.334
Class Four	22,122,650.	26,922,380.	4,799,730.	21.695	22,030,060.	22,673,612.	583,552.	2.648
TOTAL	\$78,437,130.	\$83,638,821.	5,201,691.	6.631	\$78,298,320.	\$79,330,053.	1,031,733.	1.332

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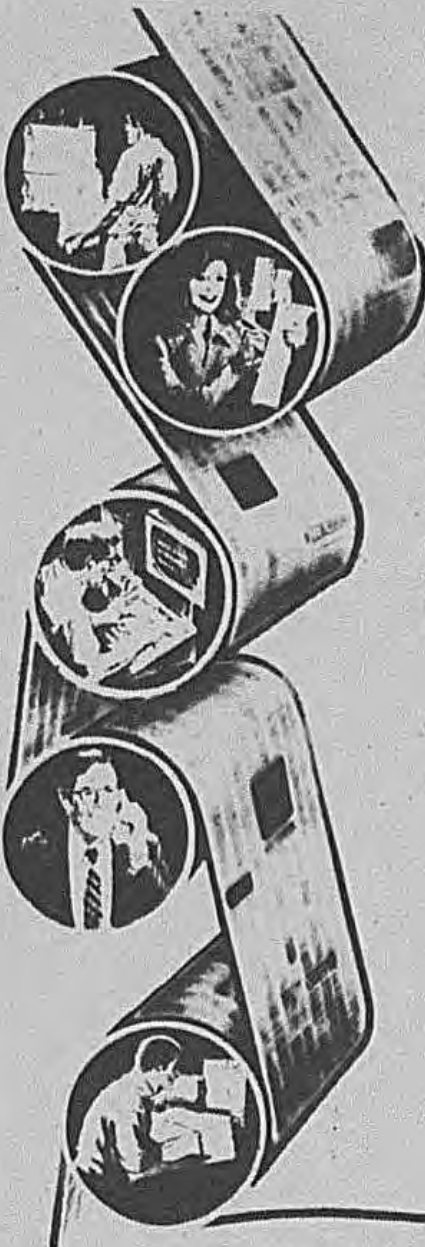
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THE OFFICE CAT



By Gabby Tabby

WHY DO THEY always close up long stretches of the Expressway and Parkway to do a small job? Often the traffic is backed up for miles in an area where a one foot block of concrete is being installed. The reason is probably because there is no one locally to complain to.....**IT NOW** looks like the state authority will be the one who will make a bid to take over LILCO. To get an idea of the great efficiency that will come about, ratepayers should visit the Motor Vehicle bureau in Westbury. There is a half hour line to get to the Information desk which directs you to a two hour line of where you might have to go to get what you wanted. The efficiency experts running the State bureau have never heard of a directory board listing the numbers of the various departments and services.....**SYOSSET** School District was among the top in increased taxable values because Woodbury property in the district increased by 6.89 percent. It is noteworthy that three school districts which need revenue the most, Hempstead, Roosevelt and West Hempstead had declines meaning even higher school taxes in those districts.....**NEWS** that lands in the Hicksville and Bethpage area have higher degrees of water contaminants is bad news for the area. Among the solutions never put forth is a reservoir system from mountain areas similar to New York City.....**THE POLICE REPORT** is printed each week as a public service to alert residents of where crime is taking place in the area. Anyone seeing suspicious activity should phone 911.....**A BURGLAR** broke into the Masayo residence, 155 Fox Hollow Rd., Woodbury on Aug. 10. The intruder wore a ski mask and assaulted one of the occupants of the house. Police are seeking a tall male, dark shirt and pants who ran out of the house.....**CASH** was stolen from the Kindermann residence 277 Fox Hollow Rd., Woodbury on Aug. 10. A male black with a tall thin build wearing a dark jacket is being sought by police.....**BURGLARS** broke into a house at 130 Pond Dr., Woodbury on Aug. 10. The loss included a figure of a horse, statue crystal bowl, watch and cash.....**BURGLARS** broke glass in a front window of the Berrino residence 15 Winthrop Ave., Syosset on Aug. 11. They entered and stole jewelry.....**A REAR** window of the Newitz residence 75 Syosset Circle was broken by burglars on Aug. 11. They entered and stole assorted jewelry.....**JEWELRY** and a camera were stolen from the Hwang residence 9 Old Oak Ct., Syosset on Aug. 11.....**THERE** was no loss reported at 71 Hillside Lane, Syosset on Aug. 11. Burglars pried a side window to gain entry.....**ASSORTED** jewelry was stolen from a house at 7 Oak Hill Drive, Syosset on Aug. 11.....**BURGLARS** came through a broken wall of the Hair Salon 51 N. Broadway, Hicksville on Aug. 6. They entered the shop but the loss is unknown.....**A RIGHT** side window was used by burglars on Aug. 8 to enter Trident Electric, 61 East Barclay St., Hicksville. A '77 green Mercury Cougar license number 9585 BNE was stolen.....**LANDSCAPING** equipment was stolen from Agway, 411 West John St., Hicksville between Aug. 10 and 11. Burglars broke a wooden door to gain entry.....**BURGLARS** came through the rear door of the Hess station 575 S. Broadway, Hicksville on Aug. 10. They stole \$75 in cash and 178 cartons of cigarettes.....That's all the news for now...G.T.

Local Youth To Join Kibbutz

On Wednesday, September 10, Section II of HaShachar's Year-in-Israel program will leave Kennedy Airport for Tel Aviv. Five Long Island teenagers will be among the 60 participating in this work/study program sponsored by Hadassah. Section I, another group of 60 with 3 Long Islanders will follow on September 17.

Chuck Bund of Hicksville, **Elisa Seigell** and **Alan Goldberg** of Roslyn, **Greg Wolf** of Woodmere and **Beth Grossman of Plainview** will be with the first group. Beth is past maskira (president) of the Long Island region of Young Judaea and follows her older brother Jay both in that position and as a participant in the program.

Long Islanders in the second group include Susan Brooks of Glen Cove, Bryant Falk of Smithtown and Miriam Goldberg of Levittown. Bryant and Miriam are the third members of their respective families to spend a year in Israel on this unique program.

These 8 teens will be among a group from all over North America whose headquarters will be Beit Riklis, Mount Scopus, Jerusalem. From there, they will split into groups, spending several months studying at the Jerusalem Institute, on Young Judaea's Kibbutz Keturah or Kibbutz Gesher, time on a moshav and in a development town, as well as free time to tour the country. They may receive up to one year's college credit for the year's course.

For more information about this or other programs sponsored by HaShachar/Young Judaea through Hadassah, call the Long Island Region office at 516-433-4960 or Hadassah House at 212-355-7900.

Editor's Notebook

The second group to be highlighted in the Service Organization Series is the Lions Club of Hicksville. There is a lot of interesting information relating to the good works of this community-minded group to be found by reading the article. Many thanks to current President, Peter J. Kenney, and Clifford Freitag for their help.

School will be starting in just a few weeks. In the upcoming issues we'll be bringing you more information about school openings, etc. This week there is a very important article from the School District regarding sports physicals. Students interested in competing in interscholastic sports should take note of it.

Just a reminder to PTA publicity people: We gladly accept photos and news items and will be more than happy to advise you in this area if you wish. Just call 931-0012. V.P.

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Holy Trinity Festival In Sept.

The Holy Trinity Greek Orthodox Church of Hicksville will hold its annual festival on September 5, 6 and 7. The event will take place on the church grounds located on Field Avenue south of Old Country Road and west of South Oyster Bay Road in Hicksville.

Visit us and enjoy the delicious food and pastries of Greece. Sip its delicious wine. Have fun playing the games. Browse through our boutique, containing jewelry, crafts, records, etc. Most of all share the spirit of being Greek through our music and dance. Performing at the festival will be the Hellenic Dancers of Hicksville. This group is comprised of children from age six to eighteen, all of whom are members of the Holy Trinity community. They have performed on television, at Eisenhower Park, the Nassau Coliseum and the Statue of Liberty. Remember, September 5, 6 and 7. Admission is free. Come dance with us.

Hicksville FD Changes Tel. No.

The Hicksville Fire Department has changed its business non-emergency information number to 933-6444. The "to report a fire or emergency" number 931-0026 will remain the same.

Do not change the sticker which is placed on the telephone in your home or business.

Town Board Approves Permit

Oyster Bay Town Councilman Angelo A. Delligatti announced that the Town Board has granted a special use permit to allow for the sale, leasing and building of luxury vans in Hicksville.

"The applicant, Michael P. LaToche (Create-A-Van), was seeking a special use permit for the sale, lease and daily rental of vans, and the right to design and build luxury vans," Delligatti stated. The property is located at 894 South Broadway in Hicksville.

"In approving the special use permit the Town Board imposed thirteen restrictive covenants," Delligatti said, "including limiting the hours of operation to 7 a.m. to 10 p.m. Monday through Friday and 7 a.m. to 6 p.m. on Saturdays, with no operating hours permitted on Sundays. No banners will be permitted on the property at any time." Additional restrictions state that no mechanical work shall be done on the premises and all painting of vans is to be sent out. There will be no outside storage of materials, equipment and waste and debris, garbage and refuse will be stored in closed containers, fenced in on three (3) sides.

Delligatti noted that no building permits or certificates of occupancy will be issued to the owner until a 'site plan' has been submitted and approved by the Town Board.

The Writer's Club Of Hicksville

The Writer's Club of Hicksville is conducted by a fellow writer, Mrs. Dorothy P. Freda, editor of the small press publication, "The Pink Chamelion."

Mrs. Freda's credits include completing a two year correspondence course with The Newspaper Institute of America (Writers Institute Mamaroneck, N.Y., graduate May 1983) and short stories, poetry, articles and novels published in small presses.

Meetings will be held on the fourth Monday of each month, September through June, beginning September 22.

Times: 7 to 9 p.m. at Hicksville Public Library, 169 Jerusalem Avenue, Hicksville.

If you enjoy collecting thoughts, spinning them into words and sentences, then weaving those words and sentences into eloquent tales, poems or essays, the Writers' Club can prove invaluable as a place to read your work, receive constructive criticism from fellow writers and critique their offerings constructively, as well; keep up to date on new markets and new trends in the writing field. For the aspiring, or the novice writer, our club offers a beginning, a place to start; for the published writer, our club can be a testing ground for future sales; for the editor and literary agent, our club can be a place of discovery of new, heretofore unknown talent.

H.H.S. Sports Physicals Planned

Any high school or junior high school students who will be participating in Hicksville Interscholastic Athletic Programs are required, by New York State regulations, to take physical examinations administered by the school district physician.

It is also necessary that the examination take place prior to the first practice session and a nurse must interview the student before clearance is approved.

The School District has set up the following schedule in order to comply with these regulations:

Senior High Participants
Physical Date: Thursday, Aug. 21, 8:30 a.m.

Interview Dates: Thursday, Aug. 21, 1 p.m. (Football only); Monday, Aug. 25, 9 a.m. (all other sports).

Location: Senior High Health Office

Junior High Participants
Physical Date: Wednesday, Aug. 20, 8:30 a.m.

Interview Dates: Wednesday, Aug. 20, 11 a.m. (for students on Varsity and Junior Varsity teams only); Thursday, September 4, 2:30 p.m. (after school)

Location: Junior High Health Office

Be prompt. Failure to report may exclude participation from the program.

Sieg Widder To Be Honored

On Sunday, September 28, the Board of Directors of the Hicksville Youth Council will honor Siegfried Widder for his years of service to the community and its young people. A special volunteer recognition award will also be presented to Jane Schreiber, a Hicksville resident who has served as coordinator of the Park Avenue Watch Group for the past several years. Both awards will be presented at a cocktail reception to be held from 1:30-5:30 at Antun's in Hicksville.

Sieg is well known to many of us through his many years as a member of various civic and community organizations such as Kiwanis, the Chamber of Commerce, Boy Scouts and the Hicksville Community Council. He has also been a long time friend and supporter of the programs of the Youth Council and has recently joined its Board of Directors.

The volunteer recognition award is being given to Jane for her tireless energy as coordinator of the Park Avenue Group of the Hicksville Neighborhood Watch since October, 1982, our oldest watch group. As coordinator, Jane has kept her neighbors and members of the Park Avenue Group motivated as well as active during the period when funding has ended and there was no staff person to assist her. She is truly an outstanding volunteer and very deserving of such an honor.

Please plan to join the Board of Directors and staff of the Hicksville Youth Council in honoring Siegfried and Jane on September 28 from 1:30-5:30 at Antun's. Tickets may be obtained by calling the Youth Council at 822-7688.

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LEGAL NOTICE SUPREME COURT COUNTY OF NASSAU

The Green Point Savings Bank Plaintiff against Get Jung Moy et al Defendant(s). Pursuant to a judgment of foreclosure and sale entered herein and dated April 23, 1986, I, the undersigned Referee will see at public auction on the north front steps of the Nassau County Court House, 262 Old Country Road, Mineola, N.Y. on the 16th day of September, 1986, at 9:30 a.m. premises lying and being at Hicksville, Town of Oyster Bay, on the east side of Liberty Ave., 132.88 feet north of Edward Ave., being a plot 70 feet by 100 feet, and known as 11 Liberty Ave., Hicksville, N.Y.

Approximate amount of lien \$42,337.81 plus interest and costs. Premises will be sold subject to provisions of filed judgment. Index Number 22057/83

Dated August 15, 1986
William G. Kerwick, Referee
Cullen & Dykman, Attorney(s)
for Plaintiff, 186 Montague Street, Brooklyn, NY 11201
MIT 1938

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Dr. Gene Neill To Lecture

Dr. Gene Neill, of West Virginia, an evangelist and lecturer, will be the guest speaker at the Bethpage chapter of the Full Gospel Business Men's Fellowship International. The meeting will be held at the American Legion Hall, Washington Street near the Bethpage Railroad station on Monday evening, August 11 at 8 p.m.

Coffee and doughnuts will be served. Donation is \$1.50. Senior Citizens are invited free. All are welcome to attend a most interesting and uplifting presentation. For additional information call 433-3473 or 541-7675.



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YOUR SOCIAL SECURITY

Only you can choose your retirement time

Q: I have the option to continue to work for the next 10 years or to take my retirement next month when I become 62. What should I do? — B.V.

A: Only you can choose your retirement time. There are several factors to consider. A company pension, for instance, may influence your decision. Your ability to keep on working, and your own financial situation will also influence your decision.

If you work past the full benefit retirement age (currently 65) your monthly benefit will be increased by 3 percent (one-fourth of 1 percent for each month) that you don't receive a benefit. On the other hand, retirement checks can be paid as early as age 62. However, the benefit amount is permanently reduced.

Q: I have earned 20 Social Security quarters. I am 60 years old now and I would like to retire at age 62. I will not be able to earn any quarters during the next two years. However, I was in the U.S. Navy from January 1943 until March 1946 when I was given an honorable discharge. Will this military service time count as Social Security quarters? — L.J.

A: Yes, from 1940 through 1956, service personnel received free earnings credits of \$160 a month for periods of military service. These credits do not go on your earnings record initially but are used at the time of application if the credits are needed and if they result in a larger benefit. Since 1957 members of the armed forces of the United States have been covered by Social Security.

Q: My mother lives alone in a small house that she owns. She receives a Social Security widow's benefit based on my deceased fa-

ther's record and Supplemental Security Income. Upkeep and maintenance on the house are getting to be too much for her inasmuch as she is now 85 years old. If she rents the house out and comes to live with me, will this affect her Social Security and SSI benefits? — J.J.

A: Yes. If an SSI recipient owns a house and does not live in it, the market value of the house is considered a resource. The resource limit is \$1,700. Change in your mother's living arrangement from her own household to living with you would also affect her SSI. Any changes such as these must be reported immediately to Social Security. Contact your nearest Social Security office for additional information. The Social Security benefit is not affected.

Q: I'm paying more Social Security tax than ever before. How much of my tax goes to pay people who get Supplemental Security Income? — H.M.

A: None. The money for SSI payments comes from federal general revenues, not Social Security taxes. The Social Security Administration administers the Supplemental Security Income program at the federal level.

YOUR SOCIAL SECURITY

Our Children



By Willard Abraham, Ph.D.

Q: Thank you so much for answering my letter to you about the little 3-year-old boy whose parents were forcing him to learn how to read. I probably would not have written if I'd known you were a university professor as I am a very uneducated person. I wrote the first time because I felt so sorry for that little boy.

A: Our son is now 8 years old. We are not young parents. I am almost 50, and my husband, who is terminally ill, is 64. I guess we are too old to get upset or excited about the small things in life. When I was younger I, too, expected too much perfection in children. But I have learned what is important.

Our boy has been raised with love, conversation, holding and hugging, the right food, play time, and a lot of interacting with us, his parents. Sure, he has to be disciplined sometimes, but generally he is well-behaved, happy, contented and outgoing. He likes to be home with us, but also enjoys visiting with his friends.

We have always rewarded him for being truthful and for good behavior in school and church. This little boy loves and respects his dad and treats me with sweetness and understanding. I am a home-care nurse, and I feel that my work has helped teach him good values. He has empathy for elderly and ill folks.

He does average work in school. We expect his best, not his neighbor's, and are proud of whatever he achieves. And we tell him so.

We enjoy him so much, and maybe that is the biggest secret of all.

Your column always has so much common sense in it. That is why I read it regularly, and I know how much I learn from it.

A. Ideas like yours in child rearing are always so refreshing to receive. Your emphasis on realistic expectations, communication with children, earned rewards and love are basic elements in good family relationships.

Receiving your thoughts helped make my day.

Q: Can you give me some basic ideas related to the discipline of young children? My husband and I

are poles apart on this subject. He is very tough and I'm probably too passive, so your professional ideas will be very welcome.

A: The purpose of discipline is to help children learn to behave in a desirable, safe way and to respect the property and feelings of others. It is to direct them toward what they can do, where they can ride their bikes, dig holes, and pound pots and pans, rather than where they can't.

A sound approach to discipline should include more than stopping children from doing what you don't want them to do. Severe physical punishment given in anger may teach them something you didn't intend, that temper tantrums and hitting are acceptable behavior — as long as an adult hands it out.

Young children generally want to please their parents, and are seldom "bad" deliberately. You can often help them do the right thing if you expect them to, and if you tell them how well they put their things away, get ready for bed, and brush their teeth. Your smiles, approval and love are very important to them.

There is one additional factor we seldom consider. With all the pressures we face every day, perhaps we can't always be as calm as we might like to be. It is good for our children to learn early to "roll with" our moods and needs just as we try to adjust to theirs. That ability is also part of good discipline.

I've sent you an additional list of 10 suggestions related to discipline of young children. It is available to others who send a stamped, self-addressed envelope with their request to me at P. O. Box 572, Scottsdale, AZ 85252. There is no cost.



EAT YOURSELF SLIM

By Shirley Bright Boody



Vigorous exercise promotes better health

If you are one of the millions of Americans caught up in the vigorous exercise mania but have not changed your diet in any way, you may not be getting the best possible results.

There is increasing evidence that regular vigorous exercise promotes better health. It helps weight reduction, maintains bone strength, reduces blood pressure, strengthens muscles and has a tranquilizing effect. A recent study of almost 17,000 adults who exercised enough to burn up 2,000 calories per week were found to have 36 percent fewer heart attacks than their sedentary counterparts.

So, why change your diet? Because your body will need the proper mixture of necessary nutrients to fuel and power it during vigorous exercise. Otherwise, you won't do as well and you won't last as long.

Prolonged exercise during either very hot or very cold weather can be especially devastating because the liver and muscles can be drained of energy-giving glucose. A diet that is high in complex carbohydrates (vegetables, fruits and whole grains) will help prevent the problem because the body

breaks them down to provide the much-needed glucose.

Vital minerals such as iron and zinc are lost, especially during hot weather, because of heavy perspiring. Fatigue, insomnia and depression are frequent symptoms of these mineral deficiencies. Lowered performance levels also may appear.

Anyone who exercises, including "weekend" athletes, can ask his or her doctor for a serum ferritin test to determine an iron deficiency problem. Iron-rich foods and vitamin C will usually cure the problem. Meats, liver, whole grains, fresh fruits and vegetables should be increased in the diet. Iron supplements should only be taken on the advice of a physician because of the danger of an iron overdose, which can be extremely dangerous.

Exercise physiologists warn that the recommended minimum requirements for protein are simply inadequate for physically active young men. Those participating in demanding sports may require as many as 2,000 to 4,000 calories more per day than those

who do not exercise.

In addition to the significant depletion of needed nutrients during vigorous exercise, recent studies show that exposure to too much sun also can degrade the body's nutrients. Just as light can destroy nutrients in food, exposure to ultraviolet rays can cause significant reductions of beta-carotene in the plasma. Beta-carotene is an important nutrient in the body that is thought to protect against several types of cancer, including bladder, skin and lung. People who exercise for long periods in the sun without protection may lose much of the protective benefits of beta-carotene.

To counteract these deficiencies, protect yourself against the harsh rays of the sun and increase the beta-carotene in your diet. Eat plenty of dark green vegetables, squash, carrots, sweet potatoes, peas, pumpkin, cantaloupe and other yellow and green favorites.

By being aware of possible exercise and sun-caused diet deficiencies, you can take these simple steps to avoid them.



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If you want to be published and be part of an issue of Discovery you may submit your article to: **Litmor Publications, 81 East Barclay Street, Hicksville, NY 11801.**

In Memoriam

Elea Talbot

Mrs. Elea Talbot died August 6 in Newport Richey, Florida. Mrs. Talbot was born and educated in Oswego, New York, graduating from the Former Oswego Normal.

Formerly from Hicksville, Mrs. Talbot taught in the Hicksville Public School system for 40 years. She taught at Old Nicholas Street School and Lee Avenue School.

She is survived by her husband, Arthur M. Talbot. The funeral mass was held at St. John's Church in Oswego. Interment was at St. Peter's Cemetery also in Oswego with arrangements by Dain Cullinan Funeral, Inc.



LEGAL NOTICE

OLD BROOKVILLE ASSOCIATES—Substance of Certificate of Limited Partnership signed and acknowledged by all of the partners and filed in the Nassau County Clerk's Office on July 1, 1986. Name and principal office of the partnership is Old Brookville Associates, c/o First Stratford Corporation, 410 Jericho Turnpike, Jericho, New York 11753. Its business is to purchase, own, hold, mortgage, improve, lease, sell or otherwise deal in real property. The term of the partnership is 60 years from the date of filing of the Certificate in the Nassau County Clerk's Office. The names and residences of the general partners, of the limited partners, and the cash contributions are as follows:

General partners: First Stratford Corporation, 410 Jericho Turnpike, Jericho, New York 11753 and Barbara Weiss, Whitehaven, Route 25A, Old Brookville, New York 11545. Limited partner: Thomas G. Rund, 251 Tahlulah Lane, West Islip, New York 11795, cash contribution of \$100.00.

No other property is contributed and no additional contributions are agreed to be made by the limited partner. The general partners may admit additional limited partners upon payment of the sum of \$50,000 per unit for a total of not more than 80 limited partner units, provided that no more than 35 such limited partners shall be non-accredited investors as defined in Regulation D, Securities Act of 1933. Upon contribution for a total of 80 such units, the present limited partner shall resign and be replaced by the additional limited partners. No limited partner shall have priority over any other limited partner(s) as to contributions or compensation by way of income. The remaining general partner or partners may continue the business upon death, retirement or insanity of a general partner. There is no right of any limited partner to demand or receive property other than cash for his contribution.

NO other property is contributed and no additional contributions are agreed to be made by the limited partner. The general partners may admit additional limited partners upon payment of the sum of \$50,000 per unit for a total of not more than 80 limited partner units, provided that no more than 35 such limited partners shall be non-accredited investors as defined in Regulation D, Securities Act of 1933. Upon contribution for a total of 80 such units, the present limited partner shall resign and be replaced by the additional limited partners. No limited partner shall have priority over any other limited partner(s) as to contributions or compensation by way of income. The remaining general partner or partners may continue the business upon death, retirement or insanity of a general partner. There is no right of any limited partner to demand or receive property other than cash for his contribution.

JNJ 7755
6 x 7/11,18,25,8/1,8,15

Town Board Grants Special Permit

The Oyster Bay Town Board has approved a request for a special use permit to convert the first floor of a building in an industrial 'H' zone in Bethpage into office space, according to Town Councilman Douglas J. Hynes.

"The applicants, R & J Realty Company, Stanley A. Byczek, The Estate of Raymond J. Polley, The Estate of John Froelich, and Grumman Aerospace Corp., were seeking a special use permit to convert the first floor of a building in an industrial 'H' zone located at 1211 Stewart Avenue, Bethpage, to general office use," Hynes said. "In granting the application, the Board did place certain restrictive covenants on the property."

The Board stipulated that the special use permit is in effect only for the duration of the occupancy by Grumman Aerospace Corporation. The Board also required Grumman to obtain variances from the Board of Appeals to maintain barbed wire on the property and to use a portion of an adjacent parcel for off-street parking.

All garbage and waste must be stored in closed containers fenced in on three sides. No outside storage of equipment or materials will be permitted. No lighting will be allowed to spill over onto adjacent property unless it is occupied by Grumman, and all signs must conform with the Town's sign ordinance.

Hynes noted that no building permit or certificate of occupancy will be issued until a site plan has been submitted to the Town Board and approved.

Mr. and Mrs. Club Programs

The following programs are sponsored by the Mr. and Mrs. Senior Adults of the Mid Island Y at 45 Manetto Hill Road in Plainville.

Wednesday, September 3, 8:30 p.m. - open meeting, social get-together.

Wednesday, September 17, 8:30 p.m. - lecture on "Origin of the Alphabet" given by Paul Soffrin.

Coffee and cake served - non members \$1.

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Public Hearing Aug. 26 Withdrawn

Please be advised that a public hearing scheduled for August 26 on an application for a change of zone in Plainview has been withdrawn.

The applicants, Seymour Friedman, Barry Myers and Barry Elgort, were seeking a change of zone from "D" residence to "R-O" residence office to enable the premises to be used as a dental office. The property is located at the northeast corner of Manor Street and Old Country Road.

Hicksville Public Library News

The Hicksville Public Library has a continuous Book Sale Table in the new wing where discarded books are put for sale to the public. Come take a look, you may find a book you have been wanting to own.

Hicksville Public Library will sponsor a bus trip to Winslow Homer Exhibit-Yale University Art Gallery, New Haven, Connecticut. The gallery also has 5 floors with collections representing the history of art. Lunch will be on your own. There are many restaurants within walking distance.

The bus will leave Hicksville municipal parking field #7 (entrance on W. Cherry Street or W. Carl Street, behind Chroma Paint Store on Broadway and W. Cherry Street - do not park in Chroma Parking Lot) at 8:30 a.m., Thursday, October 23 and return at approximately 6 p.m. The cost is \$15 check or money orders only. There will be no refunds unless the trip is cancelled or there is someone on a waiting list to take your place. Price includes lavatory coach transportation and entrance fee to gallery.



Oyster Bay Town Councilman Kenneth S. Diamond gets singers, left to right, Gerry Dieffenbach, Michael Marotta, Victoria Castle and Billy Vergara "keyed" in for an evening of "Fascinating Gershwin". The salute to the Gershwin was the final program in the "Music Under the Stars" series at Bethpage Community Park, sponsored by the Town's Department of Community Services and co-sponsored by the Town of Oyster Bay Arts Council, Inc.

IBM Computer At Syosset Library

Syosset Public Library has acquired an IBM PC Computer. Software includes d Base III Plus, Lotus and Wordstar.

Short training sessions (20 minutes) will be scheduled and a card issued at successful completion of training. This card must be shown whenever computer time is requested.

Please call the Reference Desk for training schedules and registration, 921-7161.

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RENAULT

The Lions Club Of Hicksville, Inc. 1948 To The Present... Second In A Series

Special to Mid Island Times
By Valerie Pakaluk

Current membership in the Lions Club of Hicksville, Inc. numbers 33 community minded men whose motto is "We Serve".

The Club was chartered in April, 1948 and is a member of Lions International. Hicksville Lion Dr. Jack Weber is one of fifteen International Directors worldwide, bringing acclaim to this local group. In addition, one Charter Member, Clifford Freitag will remain active in the club.

Adult male persons with business or professional associations are admitted to the Club considering they have a desire to serve the community and receive an invitation. Dues are collected annually which include the cost of an annual Club Installation Dinner and Dance for a member and guest.

Since 1976 there has been an annual blood drive sponsored by the Lions Club. The "Vial of Life" program was instituted in 1977 which allows all pertinent information concerning a person's medical history to be available in the case of an emergency. Many other organizations followed suit with similar programs.

Always primarily active in helping the blind, free Glaucoma tests have been given annually since the 1950s and eye tests and glasses are provided for local students on recommendation of school authorities. Additionally, old eye glasses are collected and distributed overseas where they are desperately needed.

In local youth activities, the Lions Club has donated the Eagle Scout ring to those Boy Scouts achieving this honor and has supported one or more teams in Little League, Soccer and Midget Football.

In its attempt to raise funds in the early 60's, Bings games were conducted in the "Lions Den" at Mid Island Shopping Plaza. In 1961 the facilities were offered, free of charge, to educational and charitable groups and was even the temporary home of St. Paul the Apostle R.C. Church.

Monies collected through various fund raising events helped provide scholarships, donations to various charities such as I.H.B. (Industrial Home for the Blind), AHRC (Association for Help of Retarded Children) and the Mill Neck Manor for the Deaf.

With strong emphasis on the handicapped, Lions in Hicksville made free loans of medical equipment such as hospital beds, wheel chairs, walkers and other similar items to those in need.

Donations to the Hicksville Library include talking book machines, a ceiling projector, photocopy equipment and an Ednalite lens.

Current Lions President, Peter J. Kenney, says that requests for assistance are taken before the Club's Board of Directors and then posed to general membership for approval. Recent aid was given to two deaf children by sending them to a Lions Summer camp in upstate New York which the Hicksville group helps maintain. The camp is especially designed to cater to handicapped youngsters.

There are six Lions Club objectives which are the goals of each and every member, they are:
1) Create and foster a spirit of

generous consideration among the peoples of the world through a study of the problems of international relations.

2) To promote the theory of the principles of good government and good citizenship.

3) To take an active interest in the civic, commercial, social and moral welfare of the community.

4) To unite the members in bonds of friendship, good fellowship and mutual understanding.

5) Provide a forum for the full and free discussion of all matters of public interest, partisan politics and sectarian religion alone excepted.

6) To promote efficiency and encourage high ethical standards, in business and professions.

In keeping with these goals, the Lions Club of Hicksville has supported Lions' C.A.R.E., the International Youth Exchange and United Nations field trips for senior citizens. They have recognized good citizens of the community and support youth activities believing they are the leaders of tomorrow. Monies have been donated to Multiple Sclerosis, the Mill Neck Manor School for the Deaf, and donated food, toys, clothing and fuel oil to the needy during holiday seasons.

Annual Blood Drives, Pancake Breakfasts and now 5K Runs are synonymous with Lions Club activities.

On a nostalgic note, here are some prior Lions activities culled from the archives of Hicksville's historian, Richard Evers:

*Christmas in March, 1962 - Hicksville Lions Club, with the cooperation of Gertz (now Stern's) and bingo players at the Lion's Den, were able to distribute over 300 toys and games to shut-in children at St. Francis Hospital.

*In 1962, Lions sponsored a Farm Team in the International Little League. The boys came in third but another sponsored team in the Minors were pennant champs!

*Lions enjoyed a Clambake in September 1963 at Lloyd's Neck Beach through the courtesy of host Lion Larry Scalera.

*1963 Hicksville Lions donated \$100 in toys to the "Toys for Tots" drive of the Marine Corps League.

*May, 1969 - Lions offered tickets for a Night at Shea Stadium. For \$4.50 you received a reserved seat and round trip bus service. At least 17 buses were sold out for this night game. Some residents drove in private cars and approximately 800 Hickvillites saw the Mets win 4-2.

*June 1967 - Hicksville Lions join with Levittown and East Meadow Clubs to present large print books to the Library at A. Holly Patterson Home.

*October 1968 - Lions called on hundreds of Hicksville homes selling Halloween candy as a yearly fund raising effort. (The plastic bags of 60 individually wrapped pieces of fruit flavored hard candy and chewy taffy sold for \$1).

*December 1968 - Gardiner Gregory accepted a donation from the Lions Club for the Gregory Museum which is dedicated to Earth Science education.

*Also in December 1968 the first bi-yearly fund-raising bowling night was held.
*May 9, 1974 H.A.D.

(Help-Aid-Direction) presented Lions Club of Hicksville with an award honoring the Club for their consistent financial support.

*January 1979 - Lions complete their sixth successful Blood Drive. This year's event added 60 pints of blood to the L.I. Blood Bank Chapter.

*June 1982 - "Light Up the Sky" presented by Hicksville Lions and produced by Theatrics, Inc. was held at Hicksville Senior High School.

*April 17, 1983 - The First Annual Hicksville Lions Club 5K Race, "Journey for Sight" is run. The event raises funds for the blind and those threatened by blindness and continues to be a popular annual event.

*August 17, 1984 - Dr. Jack William Weber is elected to the International Association of Lions Club Board of Directors to serve a two-year term.

*December 1985 - The 7th Annual Pancake Breakfast was held on Sunday, December 1 at Holy Trinity Episcopal Church. In addition to all the pancakes you could eat for only \$3 adult and \$2 child, Lions offered free hypertension, glaucoma, chiropractic and diabetes screenings.



Lion Maurice Paul, left, accepts Certificate of Appreciation from Hicksville Lion and Past District Governor Ken DeJongh (November 1974)



Hicksville Lions Larry McCaffrey and Cliff Freitag at annual picnic held August 28, 1966.

LIONS CLUB CHARTER MEMBERS

- Albert A. Abram
- Jack Abrams
- Fred C. Birk
- Joseph F. Boslet
- Vincent Braun, Jr.
- William Braun
- Patrick J. Buffalino
- Arnold V. Cornwell
- Russell H. Cornwell
- Rev. Henry C. Ebeling
- Clifford Freitag
- Roland Heberer
- Philip Illman
- Dr. Harry Lambert
- Nicholas Mavis
- Dr. J. William Milhauser
- Louis Millevoltre
- Fred J. Noeth
- Richard G. McManus
- John A. Petrone
- Myron Sausmer
- Lester Smith
- Frederick F. Walters
- John G. Walters
- Stanford Weiss



June, 1972 Hicksville Lions Installation and Dinner Dance. Top row, Ken DeJongh and Cliff Freitag. Bottom row, Lion Bob Dean, installing officer Lion Dan Terry IC, and incoming President Lion Irwin Goldman.

LIONS CLUB OF HICKSVILLE, INC.



LIONS CLUB

LIST OF PRESIDENTS

- Apr-Ju 1948 Richard G. McManus
- 1948-49 Fred C. Birk
- 1949-50 Roland Heberer
- 1950-51 Myron Sausmer
- 1951-52 Vincent W. Braun, Sr.
- 1952-53 Stanford Weiss
- 1953-54 J. Gordon Ulmer
- 1954-55 Clifford Freitag
- 1955-56 James M. Bell
- 1956-57 John Petrone
- 1957-58 Lawrence McCaffrey
- 1958-59 Kenneth DeJongh
- 1959-60 Jack Weber
- 1960-61 Lawrence Scalera
- 1961-62 Lowell Glatt
- 1962-63 Ernest Buonpane
- 1963-64 Adam Scheriff
- 1964-65 Ramon Carrano
- 1965-66 Charles Pace
- 1966-67 Pierre Charbonnet
- 1967-68 Maurice Paul
- 1968-69 Abe Cohen
- 1969-70 Robert Dean
- 1970-71 Walter Allan, Jr.
- 1971-72 Ken DeJongh
- 1972-73 Irwin Goldman
- 1973-74 Joseph Gentile
- 1974-75 Robert Finlay
- 1975-76 Anthony Sparacio
- 1976-77 Jack Bergmann
- 1977-78 Westley Villazon
- 1978-79 Eddie Blaszkowsky
- 1979-80 James Fyfe
- 1980-81 Frank Simone
- 1981-82 Ted Marotti
- 1983-84 Bill Ramsey
- 1985-86 Dr. Paul Weber
- 1986-87 Peter Kenney

The Lions Club of Hicksville meets the second and fourth Wednesday evening of every month at 6:30 p.m. except July and August. Current meeting place is and has been for some time, Iannone's Restaurant on West John Street. Previous meeting places included The Linden Tree, The Maine Maid Inn and the Milleridge Inn.



Lion Larry McCaffrey speaks at Testimonial Dinner for Ernie Francke in the early 60's.



Dr. Jack William Weber, Director of the International Association of Lions Clubs. Elected in August, 1984, he is one of 15 members on the Board.



At the 1963 Annual Clambake - left to right back row: Dep. District Governor Ken DeJongh, Club President Adam Sheriff, Ray Carrano, Dr. Jack Weber, Al DeMango and Larry Scalera. Front row: Mrs. Newcorn (hidden) and husband Al, Mrs. Charbonnet, Mrs. DeJongh, Mrs. DeMango, Mrs. Carrano, Mrs. Sheriff, Mrs. Weber and Mrs. Scalera.



In June, 1964, left to right, Supervisor Michael Pottio, Councilman Ed Ocker, George Gould, Principal Plainview H.S. and Dominic Sabatella, Principal Bethpage H.S. got together to judge "Get Out To Vote" poster contest sponsored by the Lions Club.



Enjoying the 1966 Clambake are, left to right: Jack Weber, Al Newcorn, Pierre Charbonnet, Joe Gentile, Larry Scalera, Charlie Pace, Ken DeJongh, Walter Allen, Maurice Paul and Bob Dean.

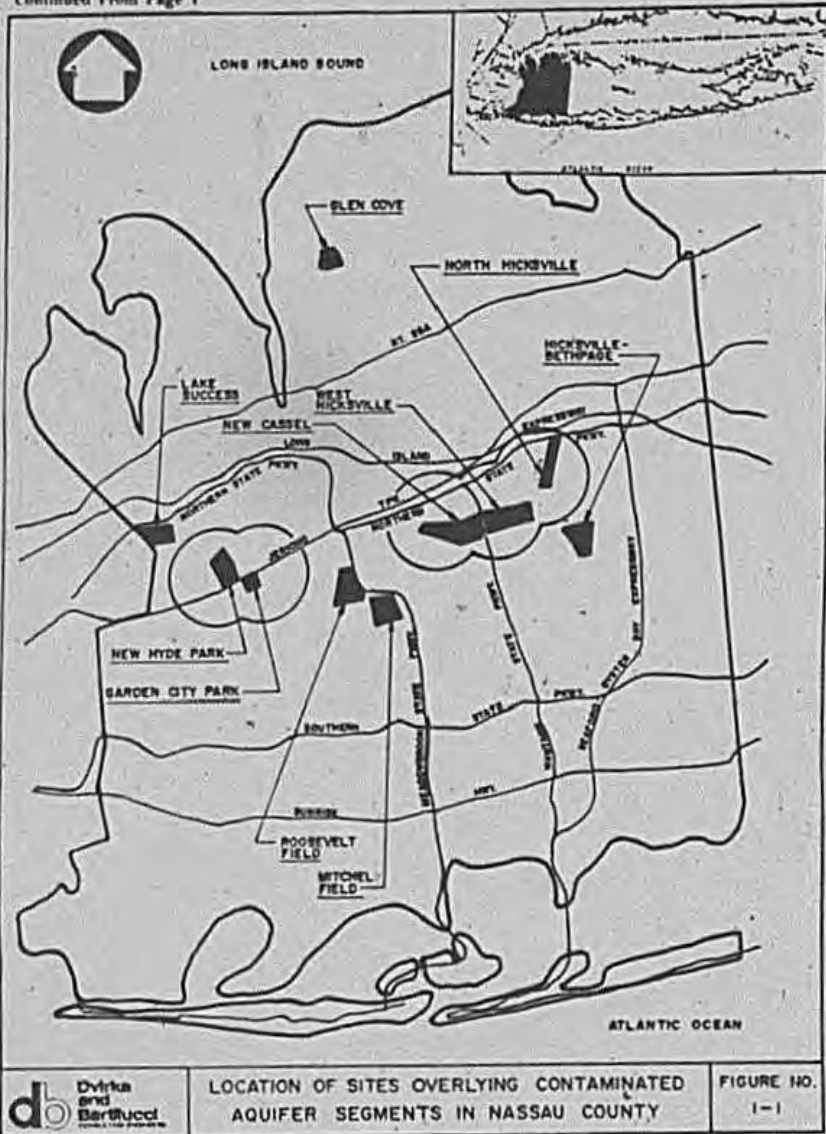


Some of the 17 chartered buses lined up Friday evening, May 29, 1964 for a trip to Shea Stadium.



Installation for President Sam Welos, June 1952, seated, left to right: Cliff Freitag, Ruth Freitag, Klitty Weiss, Stanford Weiss, Jim Bell, Marie Bell, Mrs. Gordon Ulmer, Gordon Ulmer. Also present Mr. and Mrs. Roland Heberer, Mr. and Mrs. Rudy Bonse, Henry Gebhardt, Rod Braun, Ken Walters, Mr. and Mrs. Medard Offenloch, Mr. and Mrs. John Petrone, Mr. and Mrs. Ken DeJongh, Mr. and Mrs. George Fury, Mr. and Mrs. Myron Sausmer, Larry McCaffrey, Mr. and Mrs. Harry Ernenwein, Mr. and Mrs. Adam Scheriff, Mr. and Mrs. Howard Heberer.

Continued From Page 1



Assemblyman Lewis J. Yevoll speaks to the press following his recent appearance before the Oyster Bay Town Board. Yevoll demanded the Board immediately investigate details of illegal garbage dumping by private carters at the Town's Old Bethpage Landfill.

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'Blue Angel' Library Film

Friday, August 22, at 8 p.m. the Hicksville Public Library will show the German film "The Blue Angel" in the Community Room. This film, starring Marlene Dietrich and Emil Jannings is a classic. Based on a novel by Heinrich Mann, the story traces the downfall of a respected professor when he falls in love with Lola Lola, an entertainer in the Blue Angel Cabaret, (1929). "The Blue Angel" film has English subtitles. This program is free and all are welcome.

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and The Garden City News



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Friday, August 15, 1986



Physical Fitness & The Mature Woman



SEE PAGE 3



THE QUESTION OF THE WEEK

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5. Publishers reserve the right to edit, modify or omit any and all material.

Callers Believe Cuomo Will Be Contender

Most callers to Input believe that Gov. Mario Cuomo will be the Democratic choice for President in response to this question: "Do you think that Lee Iacocca could successfully challenge Gov. Cuomo for the Democratic nomination for President?"

DEMOCRATS NEED VICTORY

There is no way that Iacocca could get the nomination for President from the Democrats. The reason is that the Democrats believe that Cuomo will be able to be elected President and it is important for the Democrats to win after two terms of Reagan. The only way that Iacocca could win would be if Cuomo did not want to run. K.E.

POPULAR CHOICE

No, I do not think that Iacocca could run or win as the Democratic nominee for President. There must be enough other people out there who agree with me and Cuomo would be drafted for President even if the party regulars did not run him for President. J.T.

POLITICAL EXPERIENCE

After Cuomo runs far ahead in his bid for re-election as Governor of N.Y. there will be no way to stop him from running for President and the Democrats would be very foolish to drop him for someone who has had no previous political experience. Cuomo knows the ropes of political fighting and would be a very strong candidate. N.E.

REPUBLICAN CANDIDATE

I don't think that Iacocca will run as the Democratic nominee for President but I have been told that Iacocca is a registered Republican. Now if that is true the Republicans should try to get him to run. After all Vice President Bush is really no big contender for higher office and the Republicans really need a good nominee. So Cuomo may have the Democratic nomination locked up but the Republican nomination should be wide open. G.E.

NOT COMPATIBLE

I can't think of any reason the Democrats would nominate Iacocca. He has no previous experience in politics. He could not get along with the committee for the Restoration of the Statue of Liberty. And Henry Ford couldn't wait for his contract to run out to fire him. While he may be great to many there are too many others who don't agree. J.W.

HURT THE PARTY

Since Iacocca has said that he is not a candidate for the Presidency, I would like to take him at his word. Any move to push him for the Presidency would only mess up the Democratic party and maybe hurt Cuomo's chances of running. The Democrats should stick with a winner, Mario Cuomo. L.E.

POOR CHALLENGE

I really don't like Governor Cuomo so I'm prejudiced. But, I'm not crazy about Lee Iacocca either although a few years ago I sat on a dais at a luncheon in his honor and had a chance to chat briefly with him. They are to completely dissimilar people although they are both power hungry. Clearly, Cuomo fully understands the political ambient in which a United States President must operate and that familiarity is exceedingly important in the wheeling and dealing which must go on to attain specified objectives. Iacocca is also familiar with the game of give and take but every bit of his training and experience has been attained within the clearly defined rules and limitations of free enterprise and the profit and loss system. I don't think that Cuomo could change his spots to aspire to Iacocca's job in the commercial world but I do think that Iacocca would have a better chance of adapting himself to the political arena. However, that's damning with faint praise because the lifetime experience of building and selling autos competitively in my opinion is really no match for the dog-eat-dog infighting which has been sharpened during a lifetime of exposure to all the tricks of political expediency. Cuomo worries me particularly if his attitude toward public power is any criterion and of course his public utterances and posturing on nuclear power policy which seem to me to be designed for political acceptance. However, those utterances are indicative of the polished speechmaker which he is. On balance, I don't think that Iacocca could successfully challenge Governor Cuomo for the Democratic nomination for President. P.G.S.

- PAST ISSUES -

REAL PEOPLE

I'm strictly against using electronic bank tellers. I would put my money in a place where I would have people waiting on me. I do not believe in this electronic age, and I want to make it clear. G.S.

INVASION OF PRIVACY

This is a response to the recent Supreme Court decision on the Sodomy Law. The Federal government has been grasping more and more of our civil rights. We have been losing our rights to the Federal government little by little. First it started with the seat belt law then with the raising of the drinking age and finally this. As distasteful as the subject is, homosexuals have rights. The Federal government has no right to enter the privacy of the individual whether it is protecting someone's life when they are in a car, or otherwise. Human rights are what this country is all about. If that gets taken away, we're no better than Russia.



Discovery!



Physical Fitness & The Mature Woman

By Roberta Robinson

Everyone knows the physical fitness craze is in full swing. One can hardly escape seeing or hearing some new item of interest on the subject. One aspect not talked about nearly enough is the mature woman and fitness. I am not referring to the type of exercise the baby-boom-era woman (40's - 50's) should be pursuing, but to the goals she is seeking through all this exercise. If it were purely to attain a healthy body, that would be just fine. But in casual conversations with some women in that age category, I sense their predominant desire is to look younger and to recapture youth. Of course the media, using some cute young thing as an example, insists that all we have to do is "this, this, and this" and we can then almost instantly become that sought-after, youthful, slender, healthier woman.

As a physical fitness trainer myself, I disagree with this entire approach. Everyone's physical condition is unique, therefore, what is good for one is not always good for another. This is particularly true concerning physical exertion. I know that I cannot - do not - prescribe a standard exercise routine for every client. Medical history, lifestyle, diet and attitude all play significant roles in how much, when and what kind of exercise is appropriate for the particular individual.

It has been my experience that many injuries occur because health spas, exercise books, video tapes and self help programs are incapable of recognizing individual needs and risk factors. Unfortunately, the profit motive often takes priority over quality. Women have paid fortunes in fees and equipment without ever achieving their perceived goals. Too often, those goals are not ones women have intelligently thought out, but ones that have been influenced by the fashion magazines and the media and approached in an off hand way.

I am very concerned about everyone attempting to achieve the latest velle, fashion-model look. I have seen women devoted to going to aerobic classes more than three times a week. They often are very thin, have poor posture and no muscle tone. It takes much more than aerobic classes to be all over fit and the thin look is no real indication of fitness.

What is wrong with looking like the best you possible? Why not be proud of the slight swell of your abdomen and hips? If you are trying to look sensuous by grinding away your flesh through exercise, you are missing the boat. Exercise yes. Tone up those muscles, yes. Get rid of excess flesh, certainly. But how much is too much? Therein lies the crux of the matter.

The most essential step is to determine what your exercise goals are. Although there are roughly three basic categories, (rehabilitative, conditioning and sports exercise) we are here referring only to conditioning exercises, which enhance one's physiology. A multi-dimensional evaluation is required to establish a program commensurate with your current physical condition and chosen goal. This does not mean that you will end up looking like a Jane Fonda. One must always keep in mind, realistic, achievable goals!

If you are a mature woman, then why try to deny that your body has had the experience of giving birth to children and has lived longer than the younger generation tells us we should be glad about? Just as, hopefully, we attain wisdom through experience, so our bodies acquire badges of distinction.

A mature body, cared for through proper exercise and nutrition, developed specifically for each individual, combined with a healthy outlook on life and a lively intellect, is all any mature woman needs to feel good about herself and the world around her!

ABOUT THE AUTHOR

Roberta Robinson, is the Director of La Femme Physique Inc. and is featured in the Book "Now Or Never". She has been seen on CBS Evening News and in Newsweek Magazine. She is a resident of Garden City. This is her first contribution to *Discovery*.



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The Last Word In Restaurant Guides

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(Guide to Good Dining)

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DINING GUIDE

Recommended by:
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Cuisine
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MAJOR CREDIT CARDS ACCEPTED

READER RATINGS



Q. What are some of the rules to follow when dining out with someone who is blind?

A. Here are a few suggestions:

- Offer your elbow and guide the person to the table.
- Gently place the person's hand on the back of his or her chair.

- When the food arrives, describe where the different items have been placed.

- Speak to the blind person in the same tone you would use to one who can see.

- If you should leave the table, excuse yourself to the blind person and make your presence known when you return.

- If the person has a Seeing Eye Dog, do not pet it. The animal is trained to respond to his or her master only, and you might distract it from this important duty.

Q. Some restaurants and catering halls I patronize use valet parking. I do not understand why patrons are not permitted to park their own cars.

A. It is a fact that more cars can be fit into a parking lot when valet parking is used. This is an important consideration for extra busy restaurants.

Valet parking also increases security of parking lots and it adds a nice note of formality for special occasions such as weddings. During inclement weather it provides a valuable service to patrons.

Some people do not like paying a tip for valet parking, but this is usually a minimal sum and does not add appreciably to the cost of the dinner.

Q. What is the correct way of eating cherry tomatoes?

A. When offered in a relish tray with other raw vegetables such as scallions, carrot and celery sticks, cherry tomatoes may be eaten in the fingers. When served in a salad, however, they must be eaten with a fork. If the tomato is small it may be put in the mouth whole; if it is large it may be bitten in half and eaten in two pieces.

DINING GUIDE

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★ ★ ★ Mike McGrady - Newbury

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(Guide to Good Dining)

RESTAURANT GUIDE

Friday, August 15, 1986 PAGE 6A

READER RATINGS

KING'S GARDEN 帝苑
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GARDEN RESTAURANT

Last week we went to the Kokura Restaurant in Woodbury. This is a new Japanese Restaurant that features a complete menu of meat and fish. We had lobster tails that were as fresh as the sea and prepared in a delicate Japanese sauce. In fact, several members of our party said that they had never eaten more delicious food!

The entire restaurant is in the form of a garden type house that has been transformed into a Japanese garden setting. The service is authentic with Japanese waitresses. Chop sticks for silverware are given according to the skill of the diner.

We feel that this is a fine new restaurant that is worth a visit any day.

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Tossed Salad plus Pasta or Rice, Baked Rolls & Butter

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- Spaghetti-Sausage \$4.95
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NOON—3:30 PM
COCKTAIL, COFFEE & DESSERT

- Omelettes w/ Middle Fried
- FRENCH TOAST w/fruit or Bacon
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FASHION SHOWS • BRIDAL SHOWERS
BUSINESS MEETINGS • LUNCHEONS & DINNERS
BRUNCHES & BUFFETS

READER RATINGS



ELEGANT MENU

For a successful celebration, I doubt we could have planned a better party than our double birthday brunch for ten at the George Washington Manor last Sunday. The ambience was beautiful with early eighteenth century furniture and appointments. The menu was elegant and included champagne which was a great way to celebrate the occasion. The food, the cheerful service, the fireplaces, the view on all sides were memorable. We all came away on cloud nine and the consensus was that we should do this every year!

E.P.

HIGH PRAISE

A number of years ago we had been to the Colonial Inn in Mineola and we were not so impressed with the restaurant although it always was good. Last week we noticed that it was under new ownership and stopped in again. We like the Colonial Inn and we liked its great stuffed pork chops with the apple and raisin stuffing. This restaurant is one that we would recommend to all our friends. The new management is to be commended for improving the menu and not overpricing the food. Tell everyone about it.

N.R.

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THE NEW YORK TIMES, SEPTEMBER 15, 1985

—Florence Fabricant

A Place for Lovers—of Garlic

Recommended dishes: Shrimp in garlic sauce, shrimp in green sauce, Spanish sausage Roo Jana, soup conde, lamb chops Segoviana, veal scallop Toledana, chicken chilendron, zarzuela Catalana, hake in almond sauce, flan, natilla.

178 Middle Neck Rd. Great Neck Dinner 7 Nights
482-7011 482-7010 Full Bar Free Parking after 5:30

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(Guide to Good Dining)

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READER RATINGS



HAPPY CHOICE
Our party of four decided to have dinner at the Delancey Street Cafe last week, and it proved to be a happy choice. We enjoyed the lively and comfortable atmosphere, the excellent food and found the service exceptionally prompt and courteous. Our unanimous opinion was to make a return visit soon and we all concurred that it deserved an endorsement in the Reader Ratings. We would like to add, also, that we found the prices moderate. M.M.

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(Guide to Good Dining)

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★★★ Florence Fabricant - 9/30/84 N.Y. Times

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Q. Every time I take my mother in law out to dinner she insists on taking half her meal home in a "doggy bag". Frankly I feel embarrassed!

A. There is no need to be embarrassed. Your mother in law, like many older persons, probably has a small appetite. If she enjoys her "doggy bag" meal the next day in a delicious sandwich, who can blame her?

Food is too expensive to waste. I give your mother in law credit for her common-sense.

Q. The other day I was sitting in a restaurant with a friend when a man at the next table snapped his fingers to call the waiter. What is your opinion?

A. While it is considered proper in some parts of the world to summon a waiter by snappy fingers, clapping or whistling, in our own country this kind of behavior would be thought rude.

The best way to call a waiter is to catch his eye and then signal with your hand. If this doesn't work, you may call out "waiter" or "waitress" (not too loudly). If all else fails, you may ask a busboy or another waiter to get your own waiter for you.

Q. The other night I dropped my butter knife while dining at a neighborhood restaurant. Should I have picked it up myself or asked the waiter to do so?

A. If it was convenient you could have retrieved the knife yourself and asked for a replacement. It would also not have been wrong for you to ask the waiter to pick it up. Either way is correct.

Q. Some time ago I attended a formal dinner at which each table was decorated with an elaborate candelabra. However, the candles were of several colors and they had been used previously. I did not think this was correct.

A. You are right. Traditionally, only white brand-new candles should be used at the most formal dinners.

Q. My friend and I have a bet. He claims white wine should be served with duck, just as it is with other fowl such as chicken and turkey. I believe, however, that red wine is preferable.

A. Your friend loses the bet. Red wine is the usual accompaniment with duck. However, it must be added that today many people order the wine they prefer, whether or not it "goes with" the entree.

DINING GUIDE

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This newspaper, and the seven other weekly newspapers associated with it, publishes the last word in restaurant guides - a paid listing of many prominent selected restaurants in this area. While many of them have been rated by the great, and near great, food connoisseurs, our readers will have the last word through "Reader Ratings".

Through a special 24 hour phone system, readers will be asked to call in their assessment of each restaurant they visit. Consensus ratings (good or bad) will be published as a continuing part of the guide.

In addition they can make suggestions, compliments or criticisms through the open phone line and messages will be sent through to the restaurant management.

(Guide to Good Dining)

Cooking Corner

By Antonia Allegra



Lend an ear! Enjoy a corny summer

Americans munch, chomp, champ and gnaw their way through about 3 billion ears of corn a year.

But there's a lot more to corn than a slippery cob dripping with butter and dusted with salt at a summer cookout.

Corn-off-the-cob can also add sweet, summery appeal to the menu.

In fact, Kyd Brenner of the Corn Refiners Association in Washington, D.C., estimates that about 9 billion ears (or 2 1/4 million tons) are stripped of their kernels each year for canned and frozen food sales.

Soups and chowders benefit from corn's pleasant crunch and its sweet milky essence. Corn adds both color and contrasting textures to simple casseroles, stews and salads.

Fresh corn can be worked into a savory batter to make muffins, cornsticks, scones or imaginative, basil-flecked corn flapjacks (recipe follows).

Low-calorie, versatile corn is an especially important ingredient for folks watching their weight or salt intake. There are only about 75 calories in a medium-size ear of corn. The vegetable is also a good source of carbohydrates, is low in sodium, and contains potassium, vitamins A and C, as well as some of the B vitamins.

The corn kernel consists of an outer hull (mostly roughage) over a layer of starch. At the center is the nutritious protein-rich germ. Nutritionists stress the importance of chomping close to the cob to get this nutritious germ and suggest that it may be lacking in some processed frozen products.

The protein in corn is shy of the two essential amino acids lysine and tryptophan. However, when corn is combined with a legume or with small amounts of animal protein, the result is a protein-rich, nutritious meal. This fact probably accounts for the creation and subsequent popularity of succotash.

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Never buy corn that is pre-shucked. Though you may save time and avoid mess, you will lose a significant amount of flavor.

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Select ears that have bright green, soft, fresh husks that tightly and completely surround the kernels. Reject corn that has dry, wet, yellowed, wilted or otherwise

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Check kernels. Reject any ears with dented kernels, the sign that they have lost moisture and will taste tough. Corn that is too young will have small kernels, set far apart from each other. (Replace the husk to its original position after you've looked inside.)

For even cooking, buy equal-sized ears of corn.

Fill a pot with enough water to cover all corn. It is not necessary to use sugar. And according to the authors of *The Green Thumb Harvest*, salt tends to toughen the corn. When the water comes to a boil, cook the corn for 3 to 5 minutes. The pot must be covered in order to cook the top of the cobs with steam.

When preparing dishes with corn-off-the-cob, freshness is equally important (though many people feel that frozen corn is an acceptable substitute).

There are two ways of cutting the kernels from the cob. One gives firm, intact kernels, the other provides slightly mashed, milky kernels, perfect for enriching soups and chowders.

Stand the cooked or uncooked ear on end. Slice straight downward, with a sharp knife to keep the kernels intact. To scrape the corn, use the back of the knife against the cob, pressing, heard enough to release the pulp and juice.

Graters can also be used, when a mashed, milky product is desired.

The following recipes are not just for those with dentures and pesky braces, but rather for all who want to take full advantage of this year's sweet, juicy crop.

CORN CHOWDER

- 6 ears corn
- 2 ounces salt pork, diced (about 1/4 cup)
- 1/2 onion, sliced thin
- 1 potato, peeled and cut into 1/2-inch dice
- 2 cups chicken stock
- 1 cup light cream
- Salt and black pepper
- Pinch of cayenne (optional)
- 2 teaspoons chopped fresh parsley

Cut kernels from three ears of corn with a sharp knife. Scrape kernels from other three with back of knife blade. You should have about 2 cups in all.

In large pot, cook salt pork over medium-high heat until crisp, about 7 minutes. Remove pork pieces and set aside for garnish.

Saute onion in pork fat until softened, about 10 minutes.

Add scraped and whole corn kernels. Stir in potato and chicken stock. Bring to a boil, reduce heat and simmer until potatoes are ten-

der, about 10 minutes. Add cream, season to taste with salt and pepper and cayenne, if desired. Stir in parsley and serve, garnished with reserved salt pork.

Serves 4

RICE, CORN AND CHEESE CASSEROLE

- 3 cups cooked brown or white rice (1 cup raw)
- 2 cups corn kernels (1 10-ounce package frozen kernels, thawed or 1 15-ounce can, drained)
- 1 small onion, finely chopped (about 1/2 cup)
- 2 cups grated sharp cheddar (about 6 ounces)
- 1 1/2 cups skim or low-fat milk
- 1/2 teaspoon salt, if desired
- 1/2 teaspoon chili powder, or more, to taste
- 1/4 teaspoon freshly ground black pepper
- Paprika

In large mixing bowl, combine all ingredients except paprika, and mix well.

Pour ingredients into greased 2-quart casserole. Sprinkle with paprika, and bake casserole in a 350 F oven for 40 to 45 minutes.

Serves 6

JALAPENO CORN PUDDING

- 3 eggs
- 3 cups frozen corn kernels, defrosted
- 2 teaspoons minced onion
- 3 tablespoons flour
- 1 teaspoon salt
- Cayenne pepper
- Freshly grated nutmeg
- 4 tablespoons (1/2 stick) melted butter, cooled
- 1 1/2 cups half-and-half
- 1 small jalapeno pepper, seeded and chopped

Preheat oven to 350 F.

Beat eggs in large mixing bowl with electric mixer till frothy then stir in corn and onion with wooden spoon. Mix flour, salt, cayenne and nutmeg to taste in small bowl and add to corn mixture, stirring constantly. Add butter, cream and jalapeno, and stir well.

Pour mixture into well-greased 1 1/2-quart baking dish, place dish in a large roasting pan, place pan in oven, and pour enough boiling water into pan to come one-quarter up sides of baking dish. Bake pudding for 15 minutes, stir gently with fork to distribute corn and pepper as evenly as possible, and bake for 45 minutes longer or till top is golden brown.

Serves 6

After Work Gourmet

By Paul Bensen



The delights of skewer cooking

Skewer cooking holds a fascination for almost everyone. Perhaps this harks back to some primordial, unconscious memory of prehistoric ancestors cooking their dinner on a spit over an open fire. On the other hand, maybe it's just that skewered foods are fun and easy to cook and something different from the usual backyard barbecue.

Kebabs are perfect for the busy chef, because they can be prepared a day ahead and take only five to 10 minutes to cook, depending on ingredients. Another plus is that there are almost no dishes to wash when the meal is over.

Shish kebabs draw their name from the Turkish *sis* (skewer) and *kebab* (roast meat). Because lamb is the most commonly eaten meat in the Middle East, many kebab recipes include lamb.

Some of the best spices and marinades for preparing kebabs, though, are common to both the Orient and the Middle East. Examples are turmeric, dry mustard, curry powder, cardamom and lemon juice.

Nearly any food, from hot dogs to the most delicate seafoods, can be delicious cooked on a skewer over charcoal. When choosing the ingredients for kebabs, one of the most important considerations is picking items that will cook at about the same rate. Some ingredients may need to be pre-cooked before they are placed on the skewers.

Delicate ingredients, like scallops, can be skewered separately and cooked for a shorter time. Some items, especially meats and seafoods, can be wrapped in bacon, to make them cook more slowly and to enhance their flavor.

Many foods that are excellent for skewer cooking are often overlooked by chefs planning an "en brochette" dinner. Some of these are scallops, oysters, diced lobster, fish, sweetbreads, mushrooms, cucumber, celery and apples.

Before cooking kebabs, clean and lightly grease your charcoal grill. Make sure the fire is hot and evenly distributed. I always keep a baster and a pitcher of water handy to control the fire so that the kebabs cook evenly. A short exposure to flame can brown the ingredients nicely, but uncontrolled heat will quickly turn your kebabs into charred nuggets.

The traditional material for skewers is bamboo, but metal skewers, available in almost any store that sells kitchen items, work fine. There are also skewers with a non-stick coating, which can be helpful in cooking foods that are likely to come apart when you remove them from the skewer. Oblong or square-shafted skewers should be used, so the food won't slip when you're turning the kebabs.

Fruit kebabs can be an unusual dessert or an accompaniment to

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meat dishes. Pineapple, bananas, canned peaches, apples and grapefruit are all excellent for this purpose.

Today's recipe is for Shrimp and Beef Shish Kebabs — a sort of surf and turf on a stick that makes a good introduction to skewer cooking. This is also a good recipe in which to try some of your own ideas for skewer ingredients. If either shrimp or beef is not to your liking, double the quantity of one and eliminate the other.

So, "Afiyet olsun ve hoska kaliniz," as they say in Turkey (that's, "Good appetite and best of luck," to the rest of us). Happy skewer cooking.

SHRIMP AND BEEF SHISH KEBABS

- 16 jumbo shrimp, peeled, deveined and marinated (marinade recipe follows)
- 1 1/4 pounds lean beef, cut in 1-inch cubes and marinated (marinade recipe follows)
- 1 (15-ounce) can whole tiny potatoes
- 16 cherry tomatoes
- 1 (20-ounce) can chunk pineapple, in natural juice
- 2 (8-ounce) cans whole, peeled water chestnuts
- 1 (16-ounce) can whole, boiled tiny onions
- 2 medium green or red bell peppers, cut in 1-inch chunks

Total preparation/cooking time: 25 minutes, plus marinating.

The beef and shrimp should be kept on separate skewers, since each has its own marinade. Interperse beef and shrimp with other ingredients in any order desired.

A tip for skewering water chestnuts: Exert firm, even pressure around the circumference while skewering, to avoid splitting the water chestnut.

Make the last ingredient on each skewer one that will not fall off easily. The beef and shrimp both make good "anchors."

Cook the kebabs over an even, hot charcoal fire 6-10 minutes, turning frequently with a heat-proof mitt. Spray coals with water as necessary to avoid overcooking or charring.

Kebabs may be served alone, with a salad, or over your favorite rice.

Serves 4.

MARINADE FOR BEEF

- 3 cloves garlic, minced
- 1/2 cup soy sauce
- 1/4 cup dry white wine
- 1/4 cup olive oil
- 2 tablespoons honey
- 2 tablespoons minced fresh ginger
- 1 tablespoon cornstarch

Mix all ingredients in a large bowl and marinate beef at least an hour (up to 8 hours is fine).

MARINADE FOR SHRIMP

- 2 cloves garlic, minced
- 1/4 cup lemon juice
- 2 teaspoons dill weed
- 1/2 cup olive oil
- Freshly ground black pepper (be liberal)

Mix all ingredients in a large bowl and marinate shrimp for at least an hour (up to 8 hours is fine).



microwave magic

By Desiree Vivea

The cuisine of Brazil

Brazil is to South America what Texas is to the continental United States. It's big — very big — and pretty much dwarfs its neighbors (excepting, perhaps, Argentina). Just glance at an atlas and you'll see.

Much of the country is in the tropics, and the extensive Amazon Basin nurtures a variety of exotic jungle fruits. Brazil nuts are gathered from the wild Brazil trees which flourish in giant forests along the Amazon. In the west and south, large cattle ranches abound, and barbecues are very popular. An extremely long coastline means that seafood plays an important role here.

The country was conquered by Portugal, not Spain, and the offi-

cial language is still Portuguese. Close to Spanish, but different. The cooking is different, too, blending elements of native Indian, Portuguese and West African cookery.

The African influence is especially noticeable in the cuisine of the Bahia region (blacks were imported to work the plantations). Here you'll find hot, spicy chili dishes, peanut sauces, fish cooked in coconut.

Around bustling Rio de Janeiro, the cuisine is more characteristically Portuguese (the taste for salt cod derives from that country). *Feijoada Completa*, the Brazilian national dish, hails from this region. This is an extravaganza of various meats, sausages, black

beans, rice and assorted garnishes.

Black beans and rice, sprinkled with manioc (a flourlike meal) is a nutritious and very typical Brazilian meal.

To the south, the culinary style of Sao Paulo is more subtle and varied, combining elements from several European traditions. Many Germans, Italians and, more recently, Japanese immigrants have made their home here.

Brazil grows a large percentage of the world's coffee. But to grace a Brazilian meal, they often imbibe inexpensive table wines, herb teas, soft drinks and especially guarana, a sweet drink made from dried berries.

Today's recipes will give you a little taste of Brazil — adapted for microwave, of course. Recipes are from Pbe Laws' "International Gourmet Cooking with Microwave," Hidden House Publications, 1976.

BROCCOLI PANCAKES

- The Pancakes:
- 12 flour tortillas
- 1/4 cup grated Parmesan cheese
- 6 tomatoes, peeled and chopped
- 1/4 teaspoon salt
- Dash pepper

- The Meat Sauce:
- 1 pound lean ground beef
- 2 tablespoons finely chopped onion
- 1 clove garlic, minced
- 1 bay leaf, crumbled
- 1/4 teaspoon oregano
- 1 tablespoon finely chopped parsley
- 1 tablespoon chopped chives

- The Filling:
- 1 large bunch broccoli
- 2 tablespoons vinegar
- 1/4 cup water
- 1/4 cup butter
- 2 tablespoons finely chopped onion

Preparation Time: 10 to 15 minutes

Cooking Time: 22 to 26 minutes
Oven Setting: HIGH (100 percent power)

To prepare the meat sauce: Put the meat, onion, garlic, bay, oregano, parsley and chives in a covered casserole and microwave 5 minutes, stirring several times to break up the beef.

Add tomatoes, salt and pepper and cook, covered, 5 minutes more, or until beef is done, stirring occasionally.

To prepare filling: Cut florets from stems and divide into small pieces. Stir florets into a mixture of vinegar and water and let stand while preparing stems.

Trim and pare stems and cut into small pieces. Put into covered casserole with butter and onions and microwave 5 minutes, stirring at least once during cooking period.

Add florets and 2 tablespoons of vinegar-water mixture. Return to microwave and cook, covered, 5 to 7 minutes, or until florets are tender.

To assemble: Soften tortillas in microwave carefully by heating a few at a time a few moments each. Overheating will make tortillas hard.

Place 1/12th of broccoli mixture near one end of each tortilla

and roll up. Tuck a floret into end of each roll. Arrange in large rectangular dish.

Spread meat sauce over tortillas and sprinkle on Parmesan cheese. Return to the microwave until heated through, 2 to 4 minutes.

Serves 6.

ZUCCHINI BRAZILIAN STYLE

- 2 slices bacon, diced
- 3 tablespoons minced onion
- 1 cup finely chopped green pepper
- 1/2 teaspoon Kitchen Bouquet (or other meat glaze)
- 1 teaspoon sugar
- 1/4 teaspoon salt
- 1/4 teaspoon pepper
- 2 large zucchini

Preparation Time: 5 minutes
Cooking Time: 13 to 15 minutes
Oven Setting: HIGH (100 percent power)

In a rectangular dish long enough to hold zucchini, cook bacon until crisp (about 2 minutes).

Add onion, green pepper, Kitchen Bouquet, sugar, salt and pepper. Cook, covered with wax paper or plastic wrap, for 6 minutes.

Cut off and discard ends of zucchini. Cut zucchini in half lengthwise. Place in dish with sauce and spoon sauce over them.

Microwave, uncovered, 5 to 7 minutes, or until done as desired. Serve with sauce spooned on top.

GREEN CORN SOUP SOPA DE HILHO VERDE

- 1/2 cup chopped green onion tops
- 1/4 cup snipped fresh parsley
- 2 tablespoons butter or margarine
- 3 cups canned corn kernels
- 1/2 cup milk
- 2 tablespoons butter or margarine
- 2 tablespoons flour
- 1 teaspoon salt
- 1/4 teaspoon pepper
- 4 cups chicken broth

Preparation Time: 5 minutes
Cooking Time: 10 to 25 minutes
Oven Setting: HIGH (100 percent power)

Put onion, parsley and 2 tablespoons butter in small covered dish and microwave 3 minutes. Place in blender with corn and milk. Blend until smooth.

In 2-quart container, melt remaining 2 tablespoons butter. Blend in flour, salt and pepper and stir until smooth.

Stir in 2 cups of chicken broth, a little at a time, blending until smooth after each addition. Cover and microwave until mixture is thick and starts to boil, stirring several times (this should take about 5 minutes).

Slowly blend in remaining 2 cups of chicken broth. Stir in corn mixture. Return soup to microwave and heat until piping hot (10 to 15 minutes).

Serves 4 to 6.



Cooking Corner

By Antonia Allegra



Lend an ear! Enjoy a corny summer

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But there's a lot more to corn than a slippery cob dripping with butter and dusted with salt at a summer cookout.

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- 6 ears corn
- 2 ounces salt pork, diced (about 1/4 cup)
- 1/4 onion, sliced thin
- 1 potato, peeled and cut into 1/2-inch dice
- 2 cups chicken stock
- 1 cup light cream
- Salt and black pepper
- Pinch of cayenne (optional)
- 2 teaspoons chopped fresh parsley

Cut kernels from three ears of corn with a sharp knife. Scrape kernels from other three with back of knife blade. You should have about 2 cups in all.

In large pot, cook salt pork over medium-high heat until crisp, about 7 minutes. Remove pork pieces and set aside for garnish.

Saute onion in pork fat until softened, about 10 minutes.

Add scraped and whole corn kernels. Stir in potato and chicken stock. Bring to a boil, reduce heat and simmer until potatoes are ten-

der, about 10 minutes. Add cream, season to taste with salt and pepper and cayenne, if desired. Stir in parsley and serve, garnished with reserved salt pork.

Serves 4

RICE, CORN AND CHEESE CASSEROLE

- 3 cups cooked brown or white rice (1 cup raw)
- 2 cups corn kernels (1 10-ounce package frozen kernels, thawed or 1 15-ounce can, drained)
- 1 small onion, finely chopped (about 1/2 cup)
- 2 cups grated sharp cheddar (about 6 ounces)
- 1 1/2 cups skim or low-fat milk
- 1/2 teaspoon salt, if desired
- 1/2 teaspoon chili powder, or more, to taste
- 1/4 teaspoon freshly ground black pepper
- Paprika

In large mixing bowl, combine all ingredients except paprika, and mix well.

Pour ingredients into greased 2-quart casserole. Sprinkle with paprika, and bake casserole in a 350 F oven for 40 to 45 minutes.

Serves 6

JALAPENO CORN PUDDING

- 3 eggs
- 3 cups frozen corn kernels, defrosted
- 2 teaspoons minced onion
- 3 tablespoons flour
- 1 teaspoon salt
- Cayenne pepper
- Freshly grated nutmeg
- 4 tablespoons (1/2 stick) melted butter, cooked
- 1 1/4 cups half-and-half
- 1 small jalapeno pepper, seeded and chopped

Preheat oven to 350 F.

Beat eggs in large mixing bowl with electric mixer till frothy, then stir in corn and onion with wooden spoon. Mix flour, salt, cayenne and nutmeg to taste in small bowl and add to corn mixture, stirring constantly. Add butter, cream and jalapeno, and stir well.

Pour mixture into well-greased 1 1/2-quart baking dish, place dish in a large roasting pan, place pan in oven, and pour enough boiling water into pan to come one-quarter up sides of baking dish. Bake pudding for 15 minutes, stir gently with fork to distribute corn and pepper as evenly as possible, and bake for 45 minutes longer or till top is golden brown.

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After Work Gourmet

By Paul Bensen



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- 1 (20-ounce) can chunk pineapple, in natural juice
- 2 (8-ounce) cans whole, peeled water chestnuts
- 1 (16-ounce) can whole, boiled tiny onions
- 2 medium green or red bell peppers, cut in 1-inch chunks

Total preparation/cooking time: 25 minutes, plus marinating

The beef and shrimp should be kept on separate skewers, since each has its own marinade. Intersperse beef and shrimp with other ingredients in any order desired.

A tip for skewering water chestnuts: Exert firm, even pressure around the circumference while skewering, to avoid splitting the water chestnut.

Make the last ingredient on each skewer one that will not fall off easily. The beef and shrimp both make good "anchors."

Cook the kebabs over an even, hot charcoal fire 6-10 minutes, turning frequently with a heat-proof mitt. Spray coals with water as necessary to avoid overcooking or charring.

Kebabs may be served alone, with a salad, or over your favorite rice.

Serves 4.

MARINADE FOR BEEF

- 3 cloves garlic, minced
- 1/2 cup soy sauce
- 1/4 cup dry white wine
- 1/4 cup olive oil
- 2 tablespoons honey
- 2 tablespoons minced fresh ginger
- 1 tablespoon cornstarch

Mix all ingredients in a large bowl and marinate beef at least an hour (up to 8 hours is fine).

MARINADE FOR SHRIMP

- 2 cloves garlic, minced
- 1/4 cup lemon juice
- 2 teaspoons dill weed
- 1/2 cup olive oil
- Freshly ground black pepper (be liberal)

Mix all ingredients in a large bowl and marinate shrimp for at least an hour (up to 8 hours is fine).



microwave magic

By Desiree Vivea

The cuisine of Brazil

Brazil is to South America what Texas is to the continental United States. It's big — very big — and pretty much dwarfs its neighbors (excepting, perhaps, Argentina). Just glance at an atlas and you'll see.

Much of the country is in the tropics, and the extensive Amazon Basin nurtures a variety of exotic jungle fruits. Brazil nuts are gathered from the wild Brazil trees which flourish in giant forests along the Amazon. In the west and south, large cattle ranches abound, and barbecues are very popular. An extremely long coastline means that seafood plays an important role here.

The country was conquered by Portugal, not Spain, and the offi-

cial language is still Portuguese. Close to Spanish, but different. The cooking is different, too, blending elements of native Indian, Portuguese and West African cookery.

The African influence is especially noticeable in the cuisine of the Bahia region (blacks were imported to work the plantations). Here you'll find hot, spicy chili dishes, peanut sauces, fish cooked in coconut.

Around bustling Rio de Janeiro, the cuisine is more characteristically Portuguese (the taste for salt cod derives from that country). *Feijoada Completa*, the Brazilian national dish, hails from this region. This is an extravaganza of various meats, sausages, black

beans, rice and assorted garnishes.

Black beans and rice, sprinkled with manioc (a flourlike meal) is a nutritious and very typical Brazilian meal.

To the south, the culinary style of Sao Paulo is more subtle and varied, combining elements from several European traditions. Many Germans, Italians and more recently, Japanese immigrants have made their home here.

Brazil grows a large percentage of the world's coffee. But to grace a Brazilian meal, they often imbibe inexpensive table wines, herb teas, soft drinks and especially guarana, a sweet drink made from dried berries.

Today's recipes will give you a little taste of Brazil — adapted for microwave, of course. Recipes are from Phe Laws' "International Gourmet Cooking with Microwave," Hidden House Publications, 1976.

BROCCOLI PANCAKES

- The Pancakes:
- 12 flour tortillas
- 1/4 cup grated Parmesan cheese
- 6 tomatoes, peeled and chopped
- 1/2 teaspoon salt
- Dash pepper

- The Meat Sauce:
- 1 pound lean ground beef
- 2 tablespoons finely chopped onion
- 1 clove garlic, minced
- 1 bay leaf, crumbled
- 1/4 teaspoon oregano
- 1 tablespoon finely chopped parsley
- 1 tablespoon chopped chives

- The Filling:
- 1 large bunch broccoli
- 2 tablespoons vinegar
- 1/4 cup water
- 1/4 cup butter
- 2 tablespoons finely chopped onion

Preparation Time: 10 to 15 minutes

Cooking Time: 22 to 26 minutes
Oven Setting: HIGH (100 percent power)

To prepare the meat sauce: Put the meat, onion, garlic, bay, oregano, parsley and chives in a covered casserole and microwave 5 minutes, stirring several times to break up the beef.

Add tomatoes, salt and pepper and cook, covered, 5 minutes more, or until beef is done, stirring occasionally.

To prepare filling: Cut florets from stems and divide into small pieces. Stir florets into a mixture of vinegar and water and let stand while preparing stems.

Trim and pare stems and cut into small pieces. Put into covered casserole with butter and onions and microwave 5 minutes, stirring at least once during cooking period.

Add florets and 2 tablespoons of vinegar-water mixture. Return to microwave and cook, covered, 5 to 7 minutes, or until florets are tender.

To assemble: Soften tortillas in microwave carefully by heating a few at a time a few moments each. Overbeating will make tortillas hard.

Place 1/12th of broccoli mixture near one end of each tortilla

and roll up. Tuck a floret into end of each roll. Arrange in large rectangular dish.

Spread meat sauce over tortillas and sprinkle on Parmesan cheese. Return to the microwave until heated through, 2 to 4 minutes.

Serves 6.

ZUCCHINI

BRAZILIAN STYLE

- 2 slices bacon, diced
- 3 tablespoons minced onion
- 1/2 cup finely chopped green pepper
- 1/2 teaspoon Kitchen Bouquet (or other meat glaze)
- 1 teaspoon sugar
- 1/4 teaspoon salt
- 1/4 teaspoon pepper
- 2 large zucchini

Preparation Time: 5 minutes
Cooking Time: 13 to 15 minutes
Oven Setting: HIGH (100 percent power)

In a rectangular dish long enough to hold zucchini, cook bacon until crisp (about 2 minutes).

Add onion, green pepper, Kitchen Bouquet, sugar, salt and pepper. Cook, covered with wax paper or plastic wrap, for 6 minutes.

Cut off and discard ends of zucchini. Cut zucchini in half lengthwise. Place in dish with sauce and spoon sauce over them.

Microwave, uncovered, 5 to 7 minutes, or until done as desired. Serve with sauce spooned on top.

GREEN CORN SOUP

SOPA DE HILHO VERDE

- 1/2 cup chopped green onion tops
- 1/4 cup snipped fresh parsley
- 2 tablespoons butter or margarine
- 3 cups canned corn kernels
- 1/2 cup milk
- 2 tablespoons butter or margarine
- 2 tablespoons flour
- 1 teaspoon salt
- 1/4 teaspoon pepper
- 4 cups chicken broth

Preparation Time: 5 minutes
Cooking Time: 10 to 25 minutes
Oven Setting: HIGH (100 percent power)

Put onion, parsley and 2 tablespoons butter in small covered dish and microwave 3 minutes. Place in blender with corn and milk. Blend until smooth.

In 2-quart container, melt remaining 2 tablespoons butter. Blend in flour, salt and pepper and stir until smooth.

Stir in 2 cups of chicken broth, a little at a time, blending until smooth after each addition. Cover and microwave until mixture is thick and starts to boil, stirring several times (this should take about 5 minutes).

Slowly blend in remaining 2 cups of chicken broth. Stir in corn mixture. Return soup to microwave and heat until piping hot (10 to 15 minutes).

Serves 4 to 6.



Here's How



By Gene Gary

Cleaning ceramic tile showers

Q I need some advice on the care and upkeep of a ceramic tile shower. The floor area has become etched and discolored in spots, apparently due to harsh cleaning abrasives and Clorox solutions used to control the mildew. Tilex, which I first read about in your column, works well with the cleaning, but I would like to restore the finish if that's possible. — B.R.B.

A If the surface of the tile has been marred, regular cleaning will not restore the original luster.

The Ceramic Tile Institute recommends a four-step method for cleaning.

Starting with a soft cloth or brush, coat entire surface generously and thoroughly with undiluted neutral soap. Allow coated surface to dry and stand for several hours (overnight for neglected surface).

Next, mix neutral soap with warm water at same strength as normally used. With this warm so-

lution, wet down the tile surface. While surface is wet, sprinkle small amounts of scouring powder over the tiles and scrub joints. Scrub with a stiff brush.

In the final step, use a sponge, squeegee or cloth and wash down tile surface to remove soapy solution. With Turkish towel rags, polish surface dry for sparkle.

If this method fails to restore your tile, you might try a cleaning method recommended by one of our readers for fiberglass shower floors. Sprinkle area with dishwasher soap (Cascade or similar brand). Wet this down by sprinkling lightly with water, so a semi-paste is formed. Let stand overnight, then rinse with plenty of clear water.

If these cleaning methods fail, your best bet may be to paint the surface. Recommended paints for tile are available from your local paint store.

Q Recently I read in your column an item about coloring con-

crete with a stain that chemically reacts with the concrete for colorization. I have been unable to locate such a product. Can you tell me where I might purchase this concrete stain? — M.H.

A Chemically reacting stains manufactured for concrete include Scofield Color Stain and a concrete stain manufactured by Kemico. Check your local Yellow Pages under the heading of "Concrete Curing and Treating Materials" for a listing of firms that might carry such a product. These products are not always readily available and it may take a few days for the firm to complete your order.

Other concrete stains include a Behr concrete stain and Rex-stains, manufactured by Pittsburgh Paints. These, however, are not chemically reacting stains. Thompson's Water Seal also come in colors and can be used to color concrete.

Q I would like to get 240 volts from the range to an outside wall 20 feet away. I understand they make a very flat four-wire cable that would serve this purpose and lie flat under a carpet. Do you know where a person can purchase this or get some information on it, and also is it legal? — B.B.

A Such wiring would never pass building codes and would create a safety hazard in your home. The rewiring you want should be done by a qualified electrical contractor who can assure that the job is done properly and up to safety codes.

check the white pages of your telephone book for the American Heart Association and/or the American Red Cross. Because you learn the new simplified techniques might save the life of a friend or neighbor, because a friend or neighbor also learns and uses the techniques just might save your own life.

On Choosing An HMO

Participation in a Health Maintenance Organization is an alternative to buying traditional health insurance to supplement Medicare for those 65-plus, and a consideration, too, for those younger, to cover almost all medical and health costs. Presently more than 13 million Medicare beneficiaries are being served by approximately 190 HMOs throughout the nation, and the numbers are growing rapidly.

A new free 20-page booklet, "Choosing An HMO," has just been published by the American Association of Retired Persons — and is designed to help mature adults identify and compare the difference between HMOs. The booklet gives step-by-step instructions for collecting information about HMOs and for evaluating whether an HMO has tailored its health care system to meet the special needs of mature adults.

"Choosing an HMO" is a companion publication to AARP's primer about HMO, "More Health For Your Dollar." Single copies of these publications are offered free of charge by writing AARP Fulfillment, 1909 K St., N.W., Washington, D.C. 20049. Include the publication titles in your request letter.

TWEEN 12 & 20

By Robert Wallace, Ed.D

Dr. Wallace: This is Steve, your friendly life-guard, writing to you for the fourth consecutive year with a few tips that should be followed whenever a person is in or about to enter the water.

I'm sad to say that over 8,000 humans drown annually in the United States and Canada, and many of these deaths could have been prevented.

1. If you are a weak swimmer or can't swim, never go into any water deeper than your shoulders.

2. Never swim alone, regardless of how well you swim.

3. Wait an hour after a meal before entering the water.

4. Never plunge into very cold water. This could cause cramping.

5. Never dive into waters of unknown depth.

6. Stay out of the water during a storm. — Steve.

Steve: Thank you for your annual water safety tips. The beaches and swimming holes will be much safer because you care.

Dr. Wallace: I am a taxpayer, parent of a teenage son and former high school student (weren't we all?). I've got a gripe about our public schools. I didn't like school when I was a student and neither does my son. It's hard for me to find fault with him.

What's the major problem with our schools? Why can't they get kids to enjoy school? Why can't they realize that public school is for all the students, not just for the gifted.

I feel like my school tax money is being wasted! I'd appreciate your response. — Parent.

Parent: As a former high school administrator, I found that the majority of students enjoyed school. Dr. Douglas Powell, a psychologist at Harvard University, agrees with me.

In his book, "Teenagers — A Guide for Parents," Powell writes, "Teens need little encouragement to go to school. Strong students enjoy it because of the opportunity to demonstrate their skills. The vast majority of teens in the lower half of the class don't mind school, either. That's where their friends are, as well as opportunities to participate in organizations, sports and other activities."

Dr. Wallace: I'm an 18-year-old college student and I'm writing in response to the two girls who were denied going to their senior prom together because of a school rule that required that the prom was for "mixed" (boy and girl) couples only.

I believe this is a very stupid rule. A prom is for every senior at the high school, not for couples only. I graduated from a very small high school. We only had 46 graduating seniors and the number of senior girls was almost double the number of boys. If that rule had been in effect at my school, I doubt if 20 students would have enjoyed the senior prom. I attended without a date and had a great time.

Being with all your classmates is what proms are all about. It's one last time for all of us to be together before going off to find our way in life.

Any school administrator that would make a "couples only" rule for prom attendance, for whatever reason, is insensitive and foolish. — Monique.

Dr. Wallace: I am 13 and have a problem with my best friend, Janet. Six girls hang around together and it used to be seven. We all used to have a lot of fun but Janet decided she didn't want to be part of the group anymore because she said the "group" was getting a bad reputation.

Presently, Janet just ignores me and pretends that I don't even exist. I asked her why she doesn't talk to me and she said she would if I said goodbye to my old group. What should I do? — Rose.

Rose: You know where Janet stands. She has made it very clear — the group or her. Only you can make that decision. You also know if the group deserves a "bad" reputation. If it does, then your choice is made for you.

Dr. Wallace: I believe in astrology. I believe my life is told in the stars. The first thing I do when I read the newspaper is check the astrology columns (I'm an Aries). I believe in it with all my heart and soul.

My mother also is a believer in astrology. If her forecast is troublesome, sometimes she won't even leave the house. One day it said that she was going to receive a large sum of money. Four days later she won \$100 in the Lottery.

My grandmother who lives with us keeps telling my mother and me that we are fools and that astrology is just a bunch of hooey. How can I convince her she is wrong? What do you believe? — Jill.

Jill: There are some who believe that astrology is a valid science. Your grandmother and I are not believers. You will never convince me and I'll wager you will never convince Grandmother, either.



Mainly for Seniors

By Leonard J. Hansen

New CPR techniques easier to learn, use

CPR — cardiopulmonary resuscitation — saves thousands of lives each year, with 5 million people learning the technique each year from the American Heart Association and the American Red Cross.

The process has been complex, involving back blows and chest compression steps and many people who learned the combination of techniques have been hesitant to use CPR even in lifesaving emergency situations.

Now the techniques for CPR have been simplified as a result of added studies involving more than 300 health and emergency care professionals. Back blows have been removed from the process for both the Heimlich maneuver for clearing victims of airway obstruction and breathing resuscitation. Both the American Heart Association and the American Red Cross are teaching the amended CPR processes now.

The changes include: For choking victims, the new techniques involve only the abdominal thrusts of the Heimlich maneuver for all but infants under 1 year of age.

For heart and other victims where breathing needs be re-

stored, a faster chest compression rate of 80 to 100 per minute (compared to the old standard of 60 to 80 per minute), discontinuance of instruction in two-person CPR for all but professional rescuers, initial ventilations of two, slow full breaths of 1 to 1.5 seconds each (instead of the four quick breaths formerly recommended), and that only one technique to open the airway, the "head-tilt/chin-lift," be taught (in order to simplify teaching procedures).

For training and practice sessions the new techniques manual includes instruction for cleaning and maintaining mannikins, to remove any possibility of communicable disease.

CPR is a lifesaving technique vital for everyone to know and be able to practice, because when there is an emergency the quick action by a lay person is vital. It is possible that the first minute or two will determine life or death of a victim, an instant where a layperson can effect the lifesaving technique where professional help might be many minutes away.

Mature adults are particularly recommended for this training and when necessary, action through CPR. For information



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Help Wanted

HOUSEKEEPER/SLEEP-IN
English speaking, references, good with one child, 5 days including weekend. 248-4621. gcs1

MATURE RESPONSIBLE
person to babysit for 4 year old and 1 1/2 year old, 1-2 eves. per week. References. 921-2627 hau3

BABYSITTER WANTED
Tuesday & Thursday only in my Williston Park home. Hours 10 a.m. to 10 p.m. Two boys, 5 and 3. Paying \$40. per day plus meals. Permanent basis beginning mid-September. References and past experience important. Call Karen 746-0170 or 718-435-1031 hau4

CARPENTER GENERAL
maintenance. 5 years experience Civil Service. Apply warehouse Hicksville Public Schools, adm. Bldg. Division Ave. Hicksville, 9 a.m.-3 p.m. ha3

ADVERTISING SALES P/T
Permanent position in good location selling for weekly newspaper publications. Some experience helpful but willingness to work important. Salary and commissions. Approx. 20 hours per week. Call for appl. 931-0012. ha3

HARDWARE CLERK PART
time. Munder's Hardware, 316 Hillside Ave., Williston Park. wfn

MATURE LOVING
non-smoker wanted to care for 2 year and 4 year old in my Syosset home 5 days a week. References required. 921-8964. ha1

SECRETARY RECEPTIONIST
Monday thru Friday. Steno, accurate typist, light record keeping, knowledge of computer or will train. Garden City location. Call 228-9515. hau3

GAL FRIDAY WANTED
to answer phones 25 hours a week in morning and early afternoon for fall and winter months. Excellent opportunity for mother with school aged children. No experience necessary. 486-3543 G.C.S. area. gcau3

Help Wanted

TEACHER SEEKS WARM
woman to care for 2 year old in my Garden City home. Teacher's schedule, references required, non-smoker. 294-8781. gcau3

BETHPAGE SCHOOLS PT BUS
driver, 2 hours per day (2-4 p.m.) \$6.83 per hour. Class IV license needed. For further information call 931-2900 ext. 221 or 222. hau5

BILLER TYPIST MINEOLA
law firm seeks biller typist, will train. Good benefits, returnee welcome. Call 747-4082 ext. 225. gcau3

P/T TYPIST FOR SMALL
Garden City consulting company. Flexible afternoon hours. Suitable H.S. or college student. Ask for Mary, 747-1061. gcau3

COMPUTER PERSON WITH
basic training to operate. Approximately 20-25 hours per week. 931-0012. hau4

BOOKKEEPER WITH EXPERIENCE
to work about 25 hours per week. Interest in computers helpful. 931-0012 hau4

PERSON WITH BASIC INTEREST
in computers and some experience in bookkeeping to work 30 hours per week. Some flexibility of hours. Will train in bookkeeping if adaptable with minor experience. Call 931-0012 hau4

PART TIME TWO DAYS
Ideal for Senior Citizens, women. Light shop work in Hicksville newspaper plant. Approx. 16-20 hours per week. Steady work. Call 931-0012 hfna5

SECRETARY WITH GOOD
office skills. Steno a must, flexible time both days and hours. Will consider a returnee to job market for a local mortgage banking firm. Benefits. 742-5030. gcau3

CHILD CARE & LIGHT HOUSE-
work for professional couple in Roslyn. Two boys ages 4 and 1. Live-in, non-smoker, call, leave message 621-3225. gcau5

Help Wanted

P/T RESPONSIBLE PEOPLE
needed to work for TV rental company in a hospital. Various positions available in Nassau and Queens. Flexible days and hours. 516-326-1277, 718-458-5753. wo2

F/T & P/T FILE PERSONS
needed. F/T typing position available. Excellent benefits. Centrally located Garden City office. Respond to Eileen DeLorme, 294-0200. gcau3

NEW HYDE PARK TEACHER
seeks sitter for one year old. Monday through Friday. Please call 741-5419. wa3

LIVE-IN HOUSEKEEPER
assist child care, Albertson family seeks loving, responsible individual. Non smoker, driving helpful, references, English speaking. Own room/bath. Beginning September. 248-4620. wa5

LOVING RESPONSIBLE
person wanted to care for toddler and 6 year old in my East Williston home. Full time, own transportation, references required. Call after 7 p.m. 248-9124. wa5

CLERK OR COUNTERPERSON
part time in Garden City pharmacy. Flexible hours. 742-0222. gcau3

MALE HEALTH AIDE P/T
Human Resources School seeks a male health aide to assist with toiletry and related health needs for physically disabled boys (6-18 years of age). Previous experience preferred but not necessary, good starting salary and excellent benefits. Call Personnel 747-5400. wa3

MATURE LOVING WOMAN
wanted. To care for 5 year old boy in my Garden City home. 1-2 days per week, flexible hours. Own transportation, references required. Start now or in September. Days-741-5484; Eves. 741-7508 gcau4

HOUSEKEEPER, RELIABLE
capable, mature woman needed Mon.-Fri., 1-5:30 p.m. Duties include housekeeping from 1-3 p.m. and supervision of 7 year old's homework and play from 3-5 p.m. Must have references and own transportation, to Garden City/Mineola. Please leave message, 747-6406. gcau5

INSURANCE AGENCY
modern computerized office seeks clerical assist., will train. Typing necessary. 741-8355. gcau3

COLLEGE STUDENT NEEDED
7:30 to 8:30 a.m. Send 2 children off to Stratford School, Garden City. Please leave name and number 481-8688. gcs1

AFFECTIONATE WOMAN
to care for my 4 year old girl, 4 days a week, 11-3 p.m., through Dec. 12, 1986. 747-6315. gcau5

Help Wanted

MEDICAL ASST./GAL FRIDAY
for Mineola Internist. Experience preferred, EKG, medical forms, and billing, 25-30 hrs. per week. Immediate. 944-8223. wa3

CHILD CARE WARM
energetic person for delightful 2 1/2 year old girl, live-out, 3 days per week, from 10-5 p.m. or live-in Mon.-Fri. Must drive, ideal for evening student. Start 9-1-86. Top salary. Call 294-0637. gcs1

IMMEDIATE OPENINGS
waitresses and cooks to work full time or part time in the Roslyn Heights area. Call for interview 621-9766. wa4

SECRETARY/SALES ASST.
Williston Park area. Some computer experience, good telephone personality, some college or business experience necessary. \$18,000 plus bonus. Send resume to N.C.I. 70 Crescent Dr., Searingtown, NY 11507. wa4

YOUNG MATURE MALE
to be companion to active 11 year old boy from 3-8 p.m. Mon.-Fri. (flexible) Garden City. Top dollar paid. Beginning Sept. 4 (flexible). 248-0781. gcau5

HIGH INCOME POTENTIAL
High recognition and excellent benefits are available for the right person who will represent our company in the New York market. We are looking for an individual with a winning personality, high sales image and leadership ability who understands the basics of selling to introduce a new Parisian cosmetic line. Previous sales experience not necessary. If you are enthusiastic and meet the above description and want a ground floor opportunity, call 599-4263. gcau3

SECRETARY GOOD STENO
and typing skills, 4 days, flexible hours. 352-4063, Mon.-Fri. gcau3

CASHIER TELEPHONE
receptionist. Full/Part time. Latham Bros. Lumber, Mineola. 747-8090. wa3

OFFICE ASST. PART TIME
knowledge of typing and some bookkeeping. Returnee welcome. Will accommodate hours. 741-5550. wa3

MATURE WOMAN NEEDED
to babysit 12 year old and 10 year old after school Mon., Wed., and Fri., 2:30 to 6 p.m. starting September. Roslyn area. 625-0472. ws1

WANTED YOUNG MAN TO CUT
grass and clip bushes, about 1-2 hours per week. Small yard, good pay. Call 248-9361. gcs1

HOUSEKEEPER TO DO LIGHT
housekeeping and care for 2 children after school. Excellent references required. Live-in or out. Garden City home. 741-2234. gcau5

Help Wanted

NEED MATURE WOMAN
To care for 2 pre-schoolers in my Garden City home. Mon.-Fri. starting September. All School holidays off. Call early in a.m. 873-9614. gcau4

CLEANING WOMAN WANTED
one day per week, on Saturday, 9-2 p.m. Garden City. For more information call Theresa 212 269-1860. gcs1

MATURE WOMAN NEEDED
3-6 p.m. Mon.-Fri., to prepare dinner & care for 15 yr. and 16 yr. old girls. Call: Therese, (212) 269-1860, bet. 9-30 a.m. to 4 p.m. Mon.-Fri. gcau4

CAREER OPPORTUNITY
Insurance agency looking for a bright, career-oriented, individual with some bookkeeping and typing. Excellent starting salary. Full time. Starting August 15. Call Bernie for appointment. 747-4448. wfn

MATURE BABYSITTER
wanted to care for 9 month old twins. Preferably in my Mineola home. Monday through Friday, 8 a.m. to 3:30 p.m. beginning September. Experience and references, own transportation. 248-7401. wa4

CRT OPERATOR FOR
accounting department. Experience required. Major corporation. Excellent salary and benefits. Garden City location. 294-6999. gcau3

FULL TIME DENTAL ASSIST.
Garden City orthodontic office, good wages, happy office. Call 742-4110 days or 718 352-4216 eves. gcau3

REAL ESTATE SALES PERSON
Residential or commercial, full/part time, experience preferred. Active, congenial office, high earning potential. J.K. Realty 747-1562. wa4

Situations Wanted

WILL CLEAN HOUSE
experienced, references and own transportation. 489-4304. gcs1

COLLEGE STUDENT SEEKING
job as babysitter or companion for elderly person. Will live-in. References available. Call 867-1925 anytime. gcs1

NURSE'S AIDE AVAILABLE
days. Experienced and excellent references. 379-2491 after 4 p.m. gcs

TEACHER NEEDS GIRL
woman to clean house once a week and take care of 8 year old girl daily, before and after school. Will exchange furnished/unfurnished studio apt. for services. Call 244-8944. gcs1

HOUSE CLEANER WILL CLEAN
your house any day of the week. References. Call Luvy 481-9023 or 565-2848 after 6 p.m. gcs1

CLASSIFIEDS

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Situation Wanted

ANY CARE AVAILABLE
home attendant. References, experience, live in or out. 718-70005. gcs1

BABYSITTING AVAILABLE
my home, New Hyde Park, Garden City, Mineola areas, experienced and references available. Send inquiries to P.O. Box 1, Carle Place, NY 11514. gcs1

ENGLISH SPEAKING HOUSEKEEPER available Tues. & Wed. References and own transportation. gcs1

CERTIFIED NURSE'S AIDE experienced and references, own transportation and willing to do nursing or housekeeping. Available day or night. Private only. Irish 546-5819 eves. gcau5

ARE YOU WORKING OR JUST looking for the day? Let a reliable, trustworthy experienced woman clean while you are away. Excellent references. 718-525-1217. gcau5

GOOD HOUSECLEANER available with references and own transportation. Call after 3 p.m. 328-8536. gcau5

HOUSEKEEPER/BABYSITTER available 1-2 days per week, excellent references. Garden City area 741-4969 daytime. gcau5

SOMEONE SPECIAL FOR someone special! Mature nurse's aide, experienced, specializing in hospital discharges. Will give tender loving care 24 hours. Sleep in or out. Certified, recent references, with driver's license. 538-2776. gcs1

CHILD CARE AVAILABLE in my Cathedral Gardens home. P.T. or F.T. overnights also available. Excellent references. Please call 565-9105. gcs1

NURSE'S AIDE SEEKS position taking care of elderly. Mon to Fri. 718-338-9868. gcs1

RENT A GRANDMA Young Garden City grandmother will babysit children while parents vacation. Own car, non-smoker, non-drinker. Excellent references. Call 794-8056. ha4

EXPERIENCED NURSE'S AIDE with transportation seeks position to take care of elderly, days, nights or weekends. References available. Call Vee at 486-7013. gcau5

EXPERIENCED RETURNEE Secty Receipt, F.T., P.T., lite stenographer, bookkeeping, Mineola, Garden City area. Box #H, G.C. News. gcau5

HOUSEKEEPER AVAILABLE every day. Good references, own transportation. 565-2426. hau5

HOUSECLEANER AVAILABLE Tuesday, Wednesday, Friday and Saturday. References available. 483-9133. gcau5

NURSE'S AIDE SEEKS position to take care of elderly. 718-738-0224. gcau3

HOUSECLEANER AVAILABLE own transportation, speaks English. 333-0565. gcau3

MATURE POLISH LADY looking for housekeeping or babysitting. Available for live-in to care for older person or taking care of children. References available 292-1054. gcs1

Situations Wanted

ENGLISH SPEAKING WOMAN seeks weekend job to take care of geriatric or to be companion. Sleep in or out. Has good references. 867-3869, all day Sat. or Sun. gcau3

COLLEGE GIRL SEEKING babysitting position. Monday-Thursday afternoons. Excellent references, own transportation. Garden City area only. 742-5524. gcau3

HOUSECLEANER AVAILABLE Monday and Tuesday, daytime hours. References available. 565-6265 call after 5 p.m. gcau3

EXPERIENCED CERTIFIED nurse's aide, highly skilled with excellent, verifiable reference. Available for full time work. Monday-Friday. Call after 5 p.m. 481-6068. gcau3

EXPERIENCED AIDE SEEKS position to care for elderly, man or woman. Sleep-in required. Have good recent references. Please call (718) 287-7290. gcau4

HOUSECLEANER AVAILABLE Monday-Friday, daytime hours, references available. 485-3938. Call 9 a.m.-10 p.m. gcau4

GAL FRIDAY FOR HOUSEHOLD services. For ladies and/or gentlemen. Temporary or one time help. Having unexpected company/last minute cleaning. Recupercating? Need a home cooked meal/grocery shopping/errands run/available overnight. Can assist at parties, and even give professional manicure. Have excessive amount of energy. Please call, you will be glad you did. 489-5941. gcau4

HOUSECLEANER AVAILABLE Monday to Friday. Experienced and references available. 485-4489. gcau4

HOUSECLEANER AVAILABLE Saturday & Sunday. Own transportation, references and experience. 333-3622. gcau4

HOUSECLEANER AVAILABLE Every day, sleep-out, experienced, references and own transportation. 546-9373. gcau4

CLEANING WOMAN AVAILABLE, Monday-Saturday with good references. 486-3021. gcau4

Business Opportunity

SEE WHAT MARY KAY cosmetics can do for you. Please call Pat Bagatti at 248-0063. wa3

Car For Sale

1966 BUICK LESABRE tan, 4 door, pb, ps, 69,000 miles, original Garden City owner. Runs well 400 V8 engine. Clean, black interior. \$2000. 741-1193. gcau3

GREAT STATION CAR 1978 XR7 Cougar, 8 cyl, P/S, P/B, A/C, AM/FM Radio, many new parts, 70,000 miles. Asking \$1200. Call 328-8814. ha3

1979 PLYMOUTH HORIZON 4 door hatchback, auto transmission, power steering and brakes, a/c, am/fm radio, garaged. Excellent condition. Call 741-1019. \$1700. gcs1

1980 DATSUN 310, 4 SPEED 3 door, good condition, \$1900. 728-3352 or 747-7948. wsl

Car For Sale

1976 FORD GRANADA rebuilt engine, new transmission, needs work, 747-6086. Call Mon. thru Fri. after 6 p.m. wsl

1976 MONTE CARLO Black Maroon, P/B, P/S, AM/FM. Excellent mechanical condition, new tires. 294-8025 or 298-9110. gca4

1979 HONDA CIVIC 4 speed, 19K, great commuting car, good condition. Asking \$2,000. Call 775-5679. wa3

1980 MONTE CARLO T-BAR mint low mileage, \$3800. Can be seen by appt. 921-8890 after 7 p.m. gcs1

1982 CHEVETTE 2 DOOR hatchback, diesel, automatic, am/fm radio. Excellent condition, \$2000. 486-4158. gcau3

1977 VOLARE WAGON V-8 auto, transmission, P/B, P/S, original owner. Runs great. Asking \$495. 742-1048. gcs1

1978 CADILLAC SEVILLE all options, loaded, Sony cassette stereo, cruise control, spokes. Well maintained, excellent condition. \$3900 firm. 741-4187. gcs1

STATION WAGON '76 PONTIAC Grand Safari, 80,000 miles, 9 passenger. All options. \$1000. 248-2525. gcs1

MUST SELL 1980 CHEVY Citation, 35,000 miles, 4 speed, P/S, PB, AC, sunroof, excellent. Asking \$2000, negotiable. 352-6964. gca4

1984 MERCURY MARQUIS Brougham, 4 door, 14K, 2 tone blue, P/S, P/B, P/W, A/C, tilt steering, wire wheel covers, F/M cassette stereo, many extras. \$8250. Call 742-0442. wa5

1980 DODGE OMNI 4 DOOR hatchback, auto transmission, power steering and brakes, heater, radio, rear defroster and wiper, excellent condition. \$2,250. Phone 437-6618. hau3

DATSUN 80 310, 4 SPEED am/fm cassette, 54K. Good condition. \$1750/offer. 628-3401. hau5

1976 THUNDERBIRD PB, PS, PW, am/fm stereo, excellent running condition, little rust. Very dependable. \$900 or best offer. 742-8288 days, ask for Tom E. gcau5

GREAT BUY! 1983 MITSUBISHI white with black interior. Great MPG, auto, A/C, P/B, P/S, only 26K miles, mint condition. A perfect graduation gift. Asking \$5700. 294-8946 or 248-6025. gca5

1973 CHEVY EXCELLENT running condition. \$750. 746-1721. gcau5

1975 TOYOTA CORONA 90K, 4 speed, am/fm, \$500. Call 747-4855 days, 718-631-2038 eves. wsl

1972 VW BUS, 9 PASSENGER runs good, some body damage, 40K on rebuilt engine. Asking \$500 firm. 741-2635. wsl

'84 COUGAR BLACK good condition, fully powered, auto. \$7800. Call 742-4949 or 742-3064 ask for Carl. gcau5

Car For Sale

1977 BUICK OPEL 4 DR. tan color, low mileage. 746-5293. ha3

1979 DATSUN 280 ZX 5 speed stick, am/fm radio, a/c. Fuel injection, excellent condition. \$4,700. Call 560-7133 a.m. and 785-1417 p.m. gcau4

1969 MERCEDES BENZ #230 Four door sedan, Tobacco brown, cognac interior, very good condition. Original owner. Must drive to appreciate. \$3,000. Call 741-8925. gcau4

VW 1977 RABBIT AUTO am/fm, new Michelin, new struts, shocks. Excellent condition \$1400. Days 574-3697, Eves 746-0689. hau4

1969 CADILLAC Sedan de Ville good running condition, \$900. 489-0502 eves. 741-6226 days. gcau4

1977 BUICK SKYLARK Y6 4 door, 60K, needs some work. \$500. Call 742-0171. wa4

1978 CHEVY IMPALA 4 DOOR auto, P/S, P/B, A/C, good condition \$1500. 488-4561. gcau5

1972 DUSTER GOLD dependable, good station car. Asking \$400. Call 486-6347. gcau4

1979 BUICK REGAL 71,000 miles, fully equipped, good condition. \$2,800. Call 742-2255. gcau4

1975 NOVA AND 1978 Cadillac Sedan, Shabby, mechanically excellent. 741-5677. wa4

1967 CHEVY II NEW PAINT runs good, looks good, 6 cyl. \$700. Call after 4 p.m. weekdays and before noon on weekends. 352-0198. wa4

1978 PLYMOUTH VOLARE 2 door, good mechanical condition minor dents. \$1,000. Call evenings 746-1946. wa4

1976 CAMARO, RED am/fm radio, \$750, negotiable. Call 747-5088. wa5

Vacation Rental

EAST HAMPTON BED & Breakfast-Garden City resident invites you for bed & breakfast. Quiet contemporary near village. 300' from private beach, 2 nights minimum on weekends. 747-8021 or 324-1927. gcau4

HILTON HEAD SOUTH Carolina, Palmetto Dunes, Vacation Paradise. Tennis, 2-18 hole golf courses, ocean, pools, boating, within wading distance. 2 BRs, 2 bath Villa, sleeps 6. Call 248-1694 or 288-2018. wa3

QUECHEE LAKE VT. CONDO. 3 BRs, 2 1/2 baths, den on 2 championship golf courses, tennis lake, pool, clubhouse with squash courts & fine dining facilities. Weekly or monthly. 536-7680 or 536-5208. gcau4

CANCUN - MEXICO WINTER rental beach front, Beach Club Villa. Tennis, sail boats, two swimming pools, snorkeling, bicycles, daily maid service, all included. Golf nearby. Accommodates up to six people. Individual weeks available January thru March. Reasonable and brochure available. Owner 921-6850. hau3

Vacation Rental

BERMUDA LOVERS EXCLUSIVE. St. George's Club. New luxurious furnished 2 BR, 2 bath private cottage, sleeps 6. Clubhouse, pool, tennis, private beach club, daily maid service. Golf and all Bermuda's attractions nearby. Daily or weekly. Option to buy. Call Mr. W. Meyer 516-574-0211. gcs3

MANCHESTER, VT. ENJOY A safe vacation in the mountains. Breathtaking views from this southern Vermont contemporary. Weekly and monthly rentals. Call 754-3968, after 5:00 p.m. gcs1

SOUTHOLD, SOUNDFRONT What a view! Your own beach, adorable cottage, sleeps 5, now available. Call days only 481-7995 ask for Arme. gca4

HUTCHINSON ISLAND Ilean River Plantation. 2 BRs, 2 baths, condo. Beautiful resort, golf course, 13 tennis courts, 2 restaurants, piano bar, located on golf course between river and ocean. \$9000 from Dec. 1, 1986 to April 1, 1987 or \$2500 per month, 1/2 price for off season. gcs1

EAST HAMPTON BED & Breakfast-Garden City resident invites you for bed & breakfast. Quiet contemporary near village. 300' from private beach, 2 nights minimum on weekends. 324-1927 or 747-8021. gca4

HILTON HEAD IS. SOUTH Carolina. Shipyard Plantation, Evian section. Professionally decorated. 2 BRs, 2 1/2 bths, villa on golf course, pool with sauna & jacuzzi, free tennis with night lights. Close to ocean. Weekly or monthly. 536-7680 or 536-5208. gcau4

WINDHAM CONDO AVAILABLE. Weekly/monthly. Bottom of Windham Mts. Do you need to relax, play golf, fish, swim, in pristine pool, enjoy Hunter festival 8 miles away. 741-6796. gcau3

EAST MARION SUMMER house, (Gardiner's Bay Estates). Just renovated. 4 BRs, 2 baths, large outdoor deck, Cathedral ceiling LR and more. One block walk to private beach. 1 1/2 hour drive from Garden City. Monthly, \$3800, 2 weeks, \$2000. 869-8321. gcau3

MOUNT SNOW VERMONT magnificent townhouse condo, sleeps 8, 2 full baths, sauna, hot tub, golf, tennis, swimming, boating, horseback riding, antiquing, fine dining. Volvo International Tennis, Aug 4 to 10. Rent now and fall foliage. Call 741-1824. gcau3

Real Estate Wanted

PERSON WANTED TO SHARE 5 room Levitt house with a weekend Dad. \$380 a month plus utilities includes use of backyard and garage. Available Sept. 1. Non-smoker please. References. Call Alex at 731-1375 and leave message best time to call. fnhsl

GARDEN CITY VICINITY Adelphi junior female, non-smoker seeks private room or house to share near University, good neighborhood. 536-6035, please leave message. wa4

Real Estate Wanted

WOMAN WISHES A ROOM with kitchen privileges. Works during the day. Please reply to Garden City News, 821 Franklin Ave., Garden City, 11532 "Box B" gca3

OLDER WOMAN WORKING in Garden City needs apartment in general vicinity by Oct. 1. Call 328-7695 after 5:30 p.m. wsl

PROFESSIONAL FAMILY with children in nearby private high schools seeks home with 4-5 BRs, family room in Estate section. Needing work okay. Princ. only. 718 591-6049. gca4

Don't Miss Our
DISPLAY CLASSIFIED ADS
in this issue!

Real Estate For Sale

MONTAUK BY OWNER large all cedar contemporary. Ocean view, private tennis, many extras. Owner financing \$425,000 367-4249 gca1

SOUTHOLD 1819 COLONIAL 4 BRs, 2 baths, LR/fpl, DR/fpl, breakfast room, sun room, mint condition, walk to town. \$189,900; **Catchogue**, Bayfront, charming country home, 3 BRs, 2 baths, LR/fpl, DR/fpl, beamed cathedral ceiling, \$450,000. **Marilyn Lang Realty** 734-6472 or 734-6690 gca3

HORSEHEADS NY 30 beautiful acres, house, ideal for builders, make an offer in \$20's. Write V. M. Bullard, 1130 Pleasant Street, Horseheads, NY 14845. hau5

GARDEN CITY 5 MORE T.W. EXCLUSIVES

Sprawling ranch on quiet tree lined street, 3 large BRs, 2 baths, LR, w/fpl, DR, brand new kitchen, fabulous rec. room w/new bath. Low taxes, top value \$345,000; **True ranch**, LR, DR, 3 BRs, 2 full baths, 2 car Estates location \$395,000; **Completely refurbished**, Estates location, LR/fpl, formal DR, new ultra modern EIK, family room w/fpl, 4 BRs, 2 1/2 baths, \$695,000; **Estates section**, first offering, brick & stone expanded ranch, LR/fpl, paneled den w/fpl, EIK, jalousied porch, master BR & bath + powder room and laundry on first, 2 oversized BRs, and bath up, 2 car garage. Must see, asking \$575,000; **Sensational 5 BR**, 2 1/2 bath C/H Colonial, ultra modern EIK, family room, central air, 1st floor laundry room, patio. Every amenity. See it at \$695,000; **Magnificent 5 year old Georgian Colonial** in most prestigious location. Every amenity \$1.6M. **Taylor Warner**

101 7th St. Est. 1919 741-4422

GREENPORT EXCEPTIONAL waterfront of Greenport harbor and Shelter Island. Almost waterfront without waterfront taxes. Well maintained, maintenance free; 3-4 BRs, 1 1/2 baths, 2 story Colonial in good neighborhood, LR/fpl, DR, EIK, encl. porch, many extras. Move in today. One of a kind buy at \$225,000. **Marion King Real Estate** 734-5657. gca3

Real Estate For Sale

GARDEN CITY MOTT SECTION 5 bedrooms, expanded Ranch, 2 1/2 baths, sunken LR, marble fireplace, formal DR finished basement with bar, 2 car garage. Full alarm system. Mint condition. Principals only \$399,000 747-2744 gca4

HAMPTON BAYS CO/OP Beautiful resort setting on Tiana Bay, 2 1/2 room suite. Open all year round. Complete gym room, pool, boating, private beach, clubhouse, summer bar & ques and parties. Excellent investment. Most enjoyable, beautiful atmosphere. \$48,000. Call 292-0544 or 0484. gca3

SOUTHOLD BY OWNER 3 BR paneled ranch, Florida room, low taxes, new heating system. Private community. Walk to Sound. Access to boat slip. \$149,500. 765-5496. gca3

GARDEN CITY ESTATES 1st floor, LR/fpl, formal DR, state foyer, library, powder room, large slate fully equipped dining kitchen, laundry, 2nd floor, master BR/fpl, plus 3 double BRs, 2 full baths, 3rd floor, BR, and study plus storage. Large backyard, walk to RR and stores. Appointment requires name, address and telephone number for confirmation. Princ. only. \$585,000. 294-0291. gca3

MINEOLA HUGE SUNNY immaculate co-op, 2 large BRs, 12x29 LR, formal DR, EIK, 6 large closets, A/C, lovely W/W throughout. Large heated garage with storage available. Two blocks to RR and shops. Owner: 741-1726. gca3

CHERRY VALLEY CO-OP 2 BRs, immaculate, new bath, W/W carpet, 220 elec. line, walk to RR, many extras, mint condition. Princ. only. \$139,500; Call 248-0916. gca3

GARDINER'S BAY ESTATES East Marion, ranch, 4 BRs, 2 baths, deck, newly renovated, deeded beach/boat rights. \$229,000, 766-0708 evs. gca3

MALVERNE PARK MINT Colonial, 3 BRs, 1 1/2 baths, maint. free, brick/slate roof, formal DR, LR/fp, large family rm./FP, auto. garage, underground sprinkler, pvt. yard, bluestone patio set on 70x100 professionally landscaped property. Princ. only \$305,000. Call 596-1061 gca4

GARDEN CITY HOME Exchange needs homes with only 2-3 BRs to accommodate the many 4,5,6 BR home owners looking for smaller homes. Only 3% commission. Call now. 746-1350. gca4

SOUTHOLD WATERFRONT 3 BRs, 2 baths, ranch. Redeclared in and out, 1/2 acre on creek to bay. \$215,000. Princ. only. Days (212) 921-8440 Evs (516) 587-0425 gca4

GARDEN CITY STEWART AVE. Beautiful Co-op, 2 BRs, LR, DR, F/P. Modern eat-in-kitchen, w/w carpeting throughout, immaculate condition. \$180,000. Owner. 248-8398 gca3

MATTITUCK 2 BR RANCH LR/fpl, large kitchen and dining area, oil hot water heat, deck, full basement, garage, 1/3 wooded acre, near inlet and sound beaches. \$128,500. 499-3658. gca5

Real Estate For Sale

GARDEN CITY WESTERN SECTION, \$329,000. Spacious brick/alum, 4 BRs, den, 2 1/2 baths, finished bsmt, LR/fpl, DR, EIK, 2 car garage, sprinkler system. Prime location, 80x100 princ. only 326-1615. gca4

GARDEN CITY ESTATES 3 BRs, brick colonial, 3 bths, formal DR, LR/FP, den partially finished basement. Hardwood floors, slate roof, brick patio. Prime location. \$465,000. Princ. only. 746-6897 gca4

GARDEN CITY ESTATE SECTION, elegant custom built home, expanded ranch, 4 BRs, 2 baths, LR/fpl, DR, EIK, finished basement with bar. Large plot, \$385,000 owner-broker 746-5445 gca3

WEST HEMPSTEAD LUXURY and quality, walk all, 5 BR brick/cedar Ranch, 2 baths, spacious LR/fpl, media room, library, Florida room, all amenities, 2 car, suitable professional or mother/daughter, owner finance, low \$300's; **Cathedral Gardens 4 BR Tudor**, 2 baths, EIK, den 2 car, deck 20x30 on 60x175 landscaped plot, 2 car, \$285,000; **4 BR Colonial Cape**, 2 baths, F/P, formal DR, den sliding doors to garden, finished basement, \$279,000; **4 BR slate roofed C/H Dutch Colonial**, 3 baths, finished basement, 60x150 2 car, \$269,000; **3 BR spacious Tudor**, 2 1/2 baths, finished basement, 2 car, den, screened porch, super large DR for entertaining, walk all, \$259,000; **3 BR Ranch**, huge family room, C/A, 2 car, \$210,000; **4 BR Colonial**, 2 1/2 baths, EIK, finished basement for Mom, all new interior, \$190,000; **ELAINE NOLAN 485-7054** wa3

CONDO CAMPSITE SUSSEX New Jersey, Tall Timber. Private lake, pools, lounge, recreation director for children. Near Great Gorge, skiing, amusement park, zoo, etc. For quick sale \$5,000. Call days 747-7866 or 747-3293 wa4

SOUTHOLD BAYFRONT LR/fpl, DR, 3 BRs, 3 baths, EIK, C/A, plus heat, 3 car garage, plus guest house with 3 BRs, 1 bath, 300' private beach, pool and dock, 1.6 acres. \$780,000. 294-0381. gca3

BOYNTON BEACH FLORIDA home in adult community, 2 BRs, 2 baths, plus large family room, screened porch off kitchen. Garage, lakeside property, community security, pool, clubhouse, tennis, many extras. Low taxes, \$76,000. 623-1968 or 305 734-7206. gca3

EAST MARION SPECTACULAR sunrise Sunset 2000 Sq. Ft. 1-story WaterVu Contemp on 1+ ac. 3 BR, 3 baths, whirlpl in mstr bth, fully equip. kit, skylt, brfst rm, LR w/cath cell, all brk, 2 way fpl, w/w crpt, 2 car gar. For only \$369,000. Call this weekend 516-765-3434/3821. Princ. only.

NASSAU POINT CUTCHOGUE 3 BRs, 2 1/2 baths, laundry room, kitchen, DR, LR/fpl, family room, oil fired warm air, a/c, screen porch and deck, patio, garaging for 3 cars. Good privacy on 1.33 acres. 734-5104 evs. gca3

Real Estate For Sale

Garden City Location, Location, Location! 4 BR C/H Colonial, 2 1/2 baths, new EIK, Florida room, 3/4 acre, \$470,000; **3 BR Split**, 2 1/2 baths, gourmet EIK, F/P, den, finished basement, suitable mother/daughter, spacious and gracious, \$469,000. Slate roofed brick **Turretted Tudor**, 4 BRs, 3 1/2 baths, microwave EIK, den, 2 car, charmingly with all natural wood, meticulously updated, \$449,000. **3 BR C/H Mott Colonial**, 1 1/2 baths, EIK, extra spacious, \$415,000; **3 BR slate/stone Mott Colonial**, 2 1/2 baths, new EIK, \$410,000; **4 BR Ranch**, 2 baths, den/fpl, EIK, \$395,000; **3 BR 2-year old High Ranch**, 2 baths, spacious EIK, den with brick wall fpl, and skylights, master BR suite with sauna, shower, whirlpool, C/A, central vac., landscaped, \$375,000; **4 BR Young Colonial**, 2 1/2 baths, breakfast room, den, 1st floor laundry, finished basement, wet ar, entertainment patio, 2 car, \$35,000; **Wester 4 BR Colonial**, EIK, finished basement, walk Stewart Manor RR, low \$300's; **St. Anne's 4-5 BR Colonial Cape**, 2 1/2 baths, EIK, 10' ceilings, finished basement, 2 car \$329,000. **1 BR Colonial**, 2 1/2 baths, new EIK, den, \$309,000; **2-3 BR Ranch**, 2 new baths, EIK, finished basement, suite mother/daughter, plus plans for addition, \$297,500; **3 BR, C/H Colonial**, 1 1/2 baths, EIK with breakfast area, LR with fpl, Florida room, alarmed \$289,000; **4 BP Split**, EIK, 9' ceilings, 3 zone gas hot water, taxes only \$1700, mint condition, \$240,000; **2 BR Co-op**, 1 1/2 baths, fpl, EIK, oak floor, \$189,000; **1 BR Co-op**, new kitchen, new bath, monthly maintenance \$446, \$135,000; **Studio Stewart House Co-op**, 3rd floor front, \$333 maintenance, \$116,000; **Elaine Nolan 485-7054** wa3

SOUTHOLD EXCLUSIVE! Deeded beach rights to Peconic Bay, 13 year old well maintained Ranch, 3 BRs, 2 baths, modern kitchen with dining area. Full cellar/party finished. Desirable private community. Seen by appt. only. Priced to move fast at \$175,000. **Baker Real Estate** 765-2310. gca3

NORTH FORK BEACHFRONT beauty! Rustic summer cottage on wooded acre with 100' bulkheaded sandy Peconic Bay Beach, \$225,000. (Owner's terms) **Bookmiller Real Estate** 722-4423. gca3

LAUREL WATERFRONT panoramic view of Peconic Bay. Private deep sandy beach. Two grt porches, bright airy LR and DR, 3 BRs, main house, 1 BR guest cottage, large kitchen with view, 2 full baths, 2 car garage, beautifully landscaped. \$595,000 298-9640. gca3

GARDEN CITY 3 BRs, 2 FULL baths, LR, DR, EIK, family room, 2 car garage, basement, 60x100, sprinkler system, excellent condition, principals only. \$350,000. 747-2061. gca5

GARDEN CITY ESTATES very special 13 year old, 4 BR Colonial, 2 1/2 baths, den, wood fpl, central A/C, security system and sprinklers. 741-1948 gca3

Real Estate For Sale

GARDEN CITY SOUTH 5 BR brick Split, 3 1/2 baths, new EIK, C/A, sliding glass doors to breakfast balcony, finished basement, 2 car, dead-end street, \$315,000; **4 BR Cape**, 2 baths, finished basement, \$230,000; **Hempstead Cathedral Gardens**, our exclusives on the Garden City Line, Magnificent **6 BR C/H Victorian Colonial**, 5 1/2 baths, gourmet kitchen, walnut paneled library, screened porches, deck, 2 car, specimen trees on plush acre, \$695,000; **5 BR slate roofed Southern Colonial**, 3 1/2 baths, huge DR, large oak cabineted EIK, den/wet bar, all amenities, master BR suite with deck, finished basement, great for entertaining, landscaped with privacy, \$575,000; **4 BR brick/stone C/H Colonial**, 2 1/2 baths, den, inground pool, 1/2 acre, \$375,000; **4 BR Victorian**, 1 1/2 baths, den, 1st floor laundry, beautiful floors and latticed windows, 100x150 landscaped plot, walk all \$350,000; **5 BR C/H Colonial**, 2 1/2 baths, super kitchen breakfast room, 2 fpls, den, Florida room, 1 acre landscaped plot overlooking country club estates. "Charming Oldie," \$315,000; **Estate sale**, 3 BR custom Colonial/Cape, 2 baths, suitable to jacuzzi, brick walled fpl in LR, 80x100, walk all. Exclusively ours, \$265,000; 12 years young, **4 BR High Ranch**, EIK, C/A, 2 car, in-law apartment with separate entrance, Sacrifice \$249,000; **3 BR quaint Colonial**, 1 1/2 baths, EIK, den, 2 car, inground pool, walk RR, \$225,000; **4 BR brick, slate roofed Colonial**, 3 1/2 baths, fpl, finished basement, walk RR, extenuating circumstances drastically reduced \$205,000; **2 BR, 2 1/2 bath Co-op** on the Garden City Line, all appliances, garage, \$75 maintenance, \$182,000; **2 BR, 1 1/2 bath Co-op**, 2 balconies, platform bed, all new w/w, C/A, garage, low maintenance, \$179,000; **Estate Sale**, 3-4 BR Dutch Colonial, 2 baths, fpl, 12x20 sunporch, possible professional or 2 family, 100x150 landscaped plot, \$179,000; **4 BR Colonial**, 2 1/2 baths, EIK, 50x167, sliding glass doors from den to garden overlooking golf course, \$172,000 **2 BR Condo**, EIK, 1 1/2 baths, formal DR, 2 terraces, garage, walk Garden City RR, \$169,000; **4 BR Townhouse**, 2 1/2 baths, \$57 maintenance, C/A, \$160,000; **3 BR Colonial**, 2 baths, EIK, den 2 car, 80x120, \$155,000; **Ingram Estates**, 4 BR brick Tudor, 2 baths, EIK, finished basement, \$150,000; **3 BR gray stone Colonial**, 1 1/2 baths, finished basement, \$135,000; **Starter house**, 3 BR Colonial, 1 1/2 baths, 2 car, \$129,900; **ELAINE NOLAN 485-7054** wa3

SAW CREEK POCONOS mint condition, fully furnished decorated 5 year old year round contemporary in pvt. resort community, featuring gate house and security patrols, ski slope lodge, indoor and outdoor pools, tennis, lake, trout fishing, horseback riding, game room, etc. Golf nearby. Sleeps 8. A/C, 2 BRs, + loft, 2 baths, jacuzzi, living area with fpl, dining area with skylight, kitchen, breakfast bar, garbage disposal, dishwasher, etc. Large Florida room with cathedral ceiling, washer/dryer, deck 1/3 wooded acre, view, low taxes. Principals only. \$130,000. 742-3332. gca3

Real Estate For Sale

GARDEN CITY WESTERN SECTION Colonial featuring LR, large enough for a grand piano, recreation room, could be a BR; with adjacent 1/2 bath, 2 BRs, formal DR, 1 1/2 baths, finished basement, patio, sunporch, country like 80x100 property, adjacent to park. Secluded street. New appliances, low taxes. Walk to RR, schools, stores. Expansion possibilities. Hurry! Price only \$285,000. 352-7747. gcau2

GARDEN CITY SIDE HALL Colonial, move in condition, newly decorated 3 BRs, 1 1/2 baths, LR DR, eat-in kitchen, family room. Low taxes. Owner \$239,500. 746-0551. gca1

GARDEN CITY ESTATES SECTION Elegant custom built home. Expanded ranch, 4 BRs, 2 baths, LR TP, DR, EIK, finished basement with bar. Large plot. \$385,000. Owner-Broker. 746-5445. gcau3

GARDEN CITY EASTERN SECTION Split, 3 BRs, 2 1/2 baths, LR fpl, DR, EIK, den, basement, pool, 2 car garage, alarm. \$345,000. Owner. 832-2877. gcau2

PECONIC NEW CONTEMPORARY ranch. Sound view and pond view. Walk to beach. Wooded acre, 2 car garage, all appliances, full basement. First class all the way. Possible owner's financing. \$259,000. Price only 765-1165. gca4

GARDEN CITY WESTERN SECTION Ranch 3 BRs, 2 1/2 baths, large property with footings for extension. Finished basement. \$298,000. Owner. 775-2332 or 681-7064. gcau2

CHERRY VALLEY 1 BR APT. new kitchen, central air, w/w carpet, 2nd floor. Magnificent view and area. \$119,990, 795-3708. gcau3

REDUCED \$30,000. MUST SELL Sycamore 4/5 BR, \$259,900. Call after 6 for appi. 931-5857. hau2

GARDEN CITY PRIME Estates Colonial, ultra modern EIK, LR/fpl, oversized DR, family room, den and powder room on 1st floor, 3 BRs, luxury bath with whirlpool on 2nd floor. New gas heat, underground sprinkler, low taxes, price only \$425,000, 747-8139. gcau5

MINEOLA CO-OP HORTON House, excellent starter, large cool studio, maintenance \$256 per month. By owner \$83,990. Call 294-6863. wa5

FLORIDA PROPERTY for sale on prestigious Sewall's Point, Stuart, 100'x200' Fruit trees and palms. Near river and ocean. Boating, fishing. \$39,000, (914) 277-3788. gcau4

WEST GILGO BEACH (Oak Beach) 4 BRs, 2 baths, 2 decks, access from ocean, walk to bus and boating. One hour to NYC. \$285,000. Call owner, 785-4642. gcau5

NEW SUFFOLK LOVELY 3 BR, 2 bath ranch, LR fpl, den, nicely landscaped, low taxes, \$250,000. Peconic, mini waterfront cape, 4 BRs, 2 baths, LR fpl, DR, porch, full basement, many extras. \$375,000. **Marilyn Lang Realty**, 734-6472 or 734-6690. gcau2

Real Estate For Sale

GARDEN CITY NORTHEAST SECTION, newly decorated split, 3 large BRs, 2 1/2 baths, mud kit, with separate dinette, DR, LR, laundry room, mud room, fam. room, den, fin. bsmt. with bar. New siding, roof and furnace. Many extras. Low taxes. Price only \$289,900. 248-3920. gcau5

GARDEN CITY ESTATES SEC. 3 BR Colonial, formal DR, LR/fpl, new EIK, 2 car garage, low taxes, park like setting. \$295,000. Principals only. 741-6385. gcau5

GARDEN CITY CHARMING Tudor, 4 BRs, 2 1/2 baths, fpl, EIK, walk to RR. \$310,000. 428-1510 eyes. gca1

MATTITUCK WATERFRONT ranch, pvt. nestled in picture book setting. One acre with 440' of waterfront. Breathtaking views \$425,000. Southold, large 2 story Colonial, 3-4 BRs, 2 1/2 baths, EIK, LR/fpl, formal DR, lovely Florida room, walk to bay beach. Recently reduced for quick sale, \$212,000. Southold, 1.2 acre of affordable waterfront, 140 ft. on canal leading out to Peconic Bay. Excellent buy at \$79,900. **Marlon King Real Estate**, 734-5657. gcau3

GARDEN CITY WESTERN SEC. Custom built spacious expandable Cape Colonial; 2 BRs, recreation room or 3rd BR, 1 1/2 baths, formal DR, sun porch, bi-level oversized property. New appliances, low taxes. Walk RR, stores, schools, tennis. \$285,000. 352-7747. gca1

GARDEN CITY EXECUTIVE offices, two suites, 1461 Franklin Ave. Parking, central receptionist area, 2400 sq. ft. (7 plus rooms) \$26, 1200 sq. ft. (4 rooms) \$21. Call D. Gaal, 248-2500. gcau2

NORTH FORK SO. JAMESPORT Motel on the Bay, coop. 1st offering. Studios, 1 and 2 BR. apts. Directly on Peconic Bay with private beach and decks. 722-3458. Offered by prospectus only. gca1

HOUSE TO SHARE MINEOLA nice section, private BR, full use of bath, kitchen, LR/DR, TV, VCR, \$350 month. Share utilities, clean, neat, responsible gentleman preferred. 877-2300 days, David or 742-3131 eyes. Jip. gca1

MIDDLE VILLAGE HOME for 5 to 6 month winter rental beginning November 1. Only couples. Very close to City or any highways. Reasonable. 718 894-8214. hsl

GARDEN CITY SUNNY spacious furnished room, bath, private entrance, convenient parking, walk to all. Ideal for male student or male professional 741-3791. gca1

GARAGES FOR RENT walk Mineola railroad, Winthrop Hospital, courts, Municipal buildings. Call 747-3500, ext. 209, American Red Cross. wa3

PORT JEFFERSON STATION 4 BR Colonial, mint condition. Owner maintains lawn. \$1,100 per month. 747-6677. gcau4

VALLEY STREAM 2 FAMILY 2 BRs, EIK, laundry rm, w/w carpet, new fixtures, use of back yard, heat and water included at \$750 per month. By owner, no fee. 887-7868. gcau4

ALBERTSON-HERRICKS 5 room apartment. Private house, 1 1/2 baths, washer/dryer, yard; 2 Mature working women preferred. 1 month security. Available August 15. \$900 per month. 741-2365. wa4

Real Estate For Rent

STORE FOR RENT 1170 sq. ft. Hillside Ave., Williston Park 746-1075. wfn

GARDEN CITY FURNISHED office space for one or two occupants. Available for rent. \$550 per month including utilities. Call 222-1490. gcau3

GARDEN CITY SOUTH Fall in love with this bright, beautiful apt. featuring master BR with pvt. dressing area, w/w, new carpeting, new Kit and bath, 10x20 deck off LR, for pvt. sunning. \$800 per month includes all. No pets. Immediate occupancy. Bring deposit - it is one of a kind! 565-9895. gcau5

ROOM FOR RENT IN OYSTER Bay area. Near everything; 922-6237. hau4

GARDEN CITY TWO SPACIOUS furnished rooms, pvt. bath, parking, immediate occupancy. Male, non-smoker, references and security. 741-1098. gca1

GARDEN CITY BEAUTIFUL area, room for rent, female only. Call eyes 741-4865. gca1

GARDEN CITY EXECUTIVE offices, two suites, 1461 Franklin Ave. Parking, central receptionist area, 2400 sq. ft. (7 plus rooms) \$26, 1200 sq. ft. (4 rooms) \$21. Call D. Gaal, 248-2500. gcau2

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Real Estate For Rent

APARTMENTS CATHEDRAL Gardens/Hempstead, 1 BR with fpl, \$589. Mineola, 4 rooms all new, parking extra \$950; 2 BRs, large EIK, walk RR \$900. **Elaine Nolan** 485-7054. wa3

HOUSES GARDEN CITY 4-5 BR Colonial, 2 1/2 baths, den, screened porch, 2 car, \$2000; **Rockville Centre**, 2-3 BR Colonial, EIK, screened in porch, built ins. \$1300 negotiable; **West Hempstead**, 4 BR Ranch, 3 baths, C/A, 2 fpls, breakfast room, finished basement, 2 car on beautiful acre, fully furnished, short term winter rental \$1350; **Furnished 4 BR Tudor**, 2 baths, finished basement, \$1300 plus utilities; **3 BR High Ranch**, 3 baths, den, \$1250. **Elaine Nolan** 485-7054. wa3

TENANT TO SHARE OFFICE space, approx. 500-600 sq. ft., 2nd floor. Prime location on Franklin Ave. (Fifty Ave. of L.I.). Garden City. Ample free parking available. Immediate. For info, call 746-7724. hifns1

For Sale

XEROX COPIER MUST SELL fast! Reliable, plain paper, dry, letter, legal size. Includes supplies. Makes excellent copies. \$400 or pay \$25 for 24 months. Make unlimited copies, no extra charge. 735-1673. hau4

LEWIS OF LONDON CRIB with mattress. Yellow/white. Converts to day bed. Large drawer below. Mint condition. \$150. Call 496-3286. hau5

BEDROOM TEEN, 2 SINGLE 1 double dresser, bookcase, like new. \$260. Call evenings 718 428-0528. wa5

ANTIQUE LIVING ROOM Elaborately carved 72" couch, matching arm chair and 2 side chairs. Antique walnut desk. 3 antique dressers and early 20th century walnut table. Call: 333-0464 leave message or 248-5592 after 7 p.m. gcau5

SHERATON STYLE DINING room set, mahogany, early 20th century breakfast, buffet, table with 2 leaves and 6 upholstered chairs. Call 248-5592 after 7 p.m. gcau5

REMODELING SALE: G.E. heavy duty multi-speed washer with mini basket, \$150; Caloric 4 cycle power saver, under counter dishwasher, \$100.; Admiral upright freezer, \$150. 747-4979. gcau5

WINDOW AIR CONDITIONER White Westinghouse and J.C. Penny, 6500 BTU's. Just installed central a/c. \$90 each. Small microwave, \$60. Call 742-2396. gcau5

TUDOR DINING ROOM SET player piano, sofas, cocktail and end tables, trestle table and chairs, china closet, 4.8 cu. ft. refrigerator, twin bedroom set with 2 bookcase dressers. 747-5543. gcau5

UPRIGHT PIANO WITH BENCH \$275; 2 carved oak buffets with slate tops and matching swinging doors, \$950. 248-0781. gcau5

For Sale

LARGE KARASTAN KIRIHAN design rug, forest green deco couch, Oriental motif mahogany Gothic conference table, Call anytime 354-7089. wa1

REFRIGERATOR, chandelier, 95" beige couch, chain link fencing, boxspring and frame, 6 drawer dresser and misc. 248-3998. gcau4

CASEMENT AIR CONDITIONER 6300 BTU, 110 volts, excellent condition. \$70.00 or best offer. 741-1019. gcau3

FURNITURE ITALIAN Provincial Dining Room, mint condition, table, 6 chairs, breakfast, side board and server, Living rm, sectional couch, French, 2 marble end tables, Magnovox stereo and club chair, Castro convertible and side chair to match. Call after 12 noon. 483-4147. hau3

GRANDMOTHER CLOCK Early American, 90" down sofa, blue and green, two end tables, 2 ft. 2 in. sq. in Country French Walnut. One Baker end table in pecan, Country French, 2 1/2 ft. x 2 in. One glass top oval coffee table with claw feet, Mahogany DR set, Williamsburg reproduction, 6 chairs, magnificent buffet, china cabinet and table. All in excellent condition. moving must sell. 538-9733 after 7 p.m. or CE 9-0331 (Sat. & Sun.). gcau4

SOLID MAHOGANY BR SET twin beds, two dressers, large mirror, night table, a bargain at \$600. 565-4627. gcau5

PINELAWN GRAVES #118 & #119 plot J, Range #24, Block #1, Section #40, Division Greenlawn. 725-1613. gcau3

36" STOVE \$100 and 27"X60" refrigerator, \$150, both in excellent condition. Call Liz at 349-3508 bet. 9-5 p.m. gcau5

BEAUTIFUL SOHMER Primrose console piano and bench, mint condition. \$900. Waterford crystal, gift pieces, reasonably priced. 741-8032. gcau4

FORMICA ROUND DINETTE set with 5 metal swivel chairs \$150. Call 742-9518. wa1

ETHAN ALLAN MAHOGANY Queen Anne DR oval table \$100; navy blue Chippendale 81" sofa \$75; two rose and navy blue Martha Washington occasional chairs \$175 set; in very good condition; 36" Harvest Magic Chef electric oven range, very good \$100. 783-7908. wa1

FIVE OIL PAINTINGS blue velvet couch, gold colonial couch, sofa bed, color TV, misc. chairs and tables. 746-7889. gca1

KNOBE PIANO BABY GRAND excellent condition, \$4500. 921-8890 after 7 p.m. gca1

GE WASHER/GAS DRYER heavy duty, 4 years old, excellent condition. \$450 firm. 746-2029 or 741-6655. gca1

3 BRAND NEW 24" OAK BAR stools, \$40 per stool. Call 742-0442. wa5

For Sale

THOMAS EDISON JUVENILE antique white BR set with crib, 2 headboards, chest, double dresser and night table. Asking \$500. 483-7272 or 742-4158. gcau3

ETHAN ALLAN TRUNDLE BED solid oak, excellent condition. \$500. 248-6238. gcau3

MUST SELL SLATE POOL table, bar and 4 stools, student desk, 2 boys bikes, 2 captain's beds, dormitory refrigerator, metal lawn furniture, computer plus table, 2 Century car seats and infant carrier, file cabinet, clothes wardrobe. 488-7290. gcau3

BROWN VELVETEEN 84" couch, \$100, colonial matching lamps, \$35 ea. or \$50 pair, matching LR lamps, (brand new), \$65 ea. or \$100 pair, marble coffee table, \$45, matching armchairs, \$75 each or \$100 pair, other misc. items. All items negotiable. 489-5941. gcau3

POOL TABLE PROFESSIONAL 3 pc. slate 4x8" Brunswick table with table tennis top, rack, cues, balls and lighting fixture. Excellent condition. Asking \$900's. 741-8343. gcau1

PLATFORM BED 3/4 SIZE 3 drawers, boxspring and mattress \$150. Call 775-0558. wa5

MOTOR BIKE DERBY 50 Mint condition. Must sell. \$375. Call Harvey, weekdays, (718) 384-5400 or evenings (516) 747-3168. gcau1

AMANA RADAR MICROWAVE oven, never used, \$225. Round redwood table, 4 benches, plus umbrella, \$100. Gas grill, \$100. 742-2641 anytime. gcau5

POOL TABLE HANDYMAN'S Special - best offer over \$100. 13" black and white TV set \$60. Sunbeam dual gas grill with propane tank \$75. Call 364-2257. hau4

LOVE SEATS CAMELBACK Queen Anne legs, mauve/beige stripe, excellent condition. 326-2056. gcau3

MUST SELL! BEAUTIFUL Colonial L/R furniture: sofa, love seat, rocker, coffee and end table. \$425 or best offer. Also, 2 female 24" bikes. Call 746-3996. wa3

STAINLESS STEEL SHELVES, approx. 24" x 70", heavy duty. \$60; Pool table with accessories. \$75; Area rug, 4'x6', beige, \$10. Call 621-4238. wa3

CANNEL COAL BIN OF LARGE pieces for fireplaces, stoves. Best offer. Sears console sewing machine, many attachments, excellent condition. \$40. 746-4571. gcau4

CASEMENT WINDOW AIR conditioner, 5900 BTUs 115 volts, excellent condition. \$220. 742-2952. gcau4

LIVING ROOM SOFA 90" green cut velvet, beautiful wood frame, also 2 cherry antique velvet fireside chairs with cane sides, 2 brass and marble lamps. \$695 for all. 741-4048. gcau4

CLAYTON MARCUS COLONIAL sofa with nautical Schumacher print. \$150. Call 741-0882. gcau4

For Sale

GRANDFATHER CLOCK Cherry wood, by Barwick, 3 chimies, Westminster, Whitt. Wind. Moving moonial. excellent condition. \$575. Call 328-9577. gcau3

EASTLAKE STYLE WALNUT Secretary with roll top desk. Over 100 yr. old. Good condition. \$3,000. Call 472-1485. gcau3

DISHES BLUE AND WHITE Currier & Ives, 7 pc. place setting service for 8, \$35. International Silver, silverplate, 5 pc. place setting, service for 6 place, serving pieces. All excellent condition \$35. Call 742-2952. gcau3

DINING ROOM TABLE with leaves and formica top and 4 chairs, plus love seat. Very reasonable. 433-7291. hsl

SOFA: NEW NAVY FLORAL outline quilted with matching custom drapery, enough for 2 bay windows or 4-5 regular windows. \$950. Large Queen Anne desk, \$300. Two cocktail tables, 1 mahogany inlay, 1 country French, \$200 each. 742-7873. gca1

TWO TEN SPEED LADY'S 24" bikes with rack, mint condition. Asking \$55 each. 742-1318. gca1

84" SOFA RUST COLOR floral print, 5" shadow box mirror, 4 1/2" border, beveled rim and inner design. 922-2092. hsl

RATTAN BAKER'S RACK, \$225; end table, \$75; ottoman, \$30; 78 inch sofa, rattan arms, \$150. All excellent. 775-6202. gca1

Moped For Sale

MOPED MOTOBECAE V-50 Mobylette with baskets, 325 miles, \$425. Runs excellent, negotiable. 746-0380. gca1

MOPED PUCH MAXILUXE silver, mint condition, very low mileage. Many extras. Asking \$450. Please call even. 354-0312. gcau4

Boat For Sale

SAILBOAT O'DAY 19 Weekender, 7 1/2 hp Evinrude, sails, cradle, Coast Guard Package, mint condition. 765-3732 or 488-5718. gcau3

19' BOAT ACTION & TEENE trailer, 90 horse Chrysler and extras. \$4500. Call 935-3560. hau5

Wanted

LIONEL AMERICAN FLYER and other old toys (tin wind ups and toy soldiers etc.) trains or accessories wanted by Garden City collector. Any condition. Immediate high cash paid. 248-4899. gca1

OLD STOCK CERTIFICATES and bonds, especially need items issued prior to 1900. Call mornings and weekends 354-1943. hau5

WE BUY HARDCOVER BOOKS Art *Antiques *photography *hunting *baseball *L.I. History *Illustrated Books *Mysteries and many other topics. we do not buy school books. Call Jim or Harvey at 486-9427. Once Upon A Time Books. hsl

Wanted

DO YOU HAVE OLD COINS?? U.S. or foreign. I will pay a good price. Coin collecting is my hobby. Call me at 223-4236. hau4

GARDEN CITY RESIDENT wishes daily ride to downtown Manhattan. Call 516 294-8944. gcau3

DOLLS WANTED I collect dolls and other doll memorabilia new or old. What do you have for sale? Call me at 747-8496. hau3

OLD GUNS - SWORDS Binoculars, model engines, bamboo fly rods. Call 825-0979 or 354-1943. hau5

PRIVATE COLLECTOR SEEKS trains and toys. Full sets or pieces, windup or push type. If you're cleaning the basement and come across any Lionel, Flyer or Ives train sets and accessories or toys and games in sets or pieces please call me. I will pay the highest cash immediately. 581-2999. hau3

WANTED Old oil paintings, any condition (even torn). Also, old frames, prints, other art work. Also need Oriental Rugs (even torn and tattered), old furniture, trunks, sewing machines, linens, antiques of any kind. Old autographs, photographs, books, magazines. Also need old violins, banjo or mandolin. Will pay cash and pickup immediately. Please phone Sandy 574-0216. hau5

Help Wanted

Wanted

RECORDS WANTED: Collector will pay top dollar for 50's, rock & roll, 45's, LPs. 248-1987. gca1

Pets For Sale

TWO MALE PARAKEETS includes cage, food and water dishes. Cover-up, toys, bath, food and gravel. Call Tara. 294-6315. gcau4

Lost & Found

FOUND KITTEN beautiful Siamese approximately 5 months old. Vicinity Garden Street, Garden City. Please call 294-6782. gcau5

FOUND FEMALE DOBERMAN brown, gentle, lovely. Saturday, Aug. 2, vicinity of Westbury Rd., Garden City. 248-6533. gcau5

LOST MALE SIAMESE CAT 5 years old, brown and tan, vicinity of Osborne Road. Responds to the name of Sesame. Please call 248-8560. gca1

Services

BUILD WITH BRICK Stoops * Fireplaces * Patios * Driveways * And all types of Brick & Stone Work. Quality Workmanship at Reasonable Prices. Satisfaction Guaranteed. No job too small. Waterproofing. Slate roofs repaired. Estimates 538-3813 Lic #H1735940000. gcau5

Help Wanted

Services

HIGHLAND PAINTING & DECORATING Interior/Exterior Residential-Commercial Wallpapering Wood Refinishing Benjamin Moore Paints Used *All Work Guaranteed* References Upon Request For Free Estimate Call Frederick T. Coulter 294-7547. gcau3

VINCENT NASO PROFESSIONAL PAINTER & DECORATOR Exterior & Interior Paperhanging All work guaranteed 100% 30 years in Business Serving all Nassau County and North Shore Neat, clean, excellent work 328-0028. hau5

UNIQUE PARTY SERVICE with personal touch by Sheila. Professionally coordinated parties complete service-home, office, dinner parties, cocktail parties. All occasions. For consultation call 746-0966. gca1

TREE STUMP & ROOT GRINDING. Any size, front or backyards. Special rates for contractors. Free Estimates. Insured, licensed. Jerry, 483-8494 after 5 p.m. 783-6514 (ans. machine). gca4

THE CUISINE SCENE FINE Catering for all occasions. We prepare food, serve, clean up, at home, the office, anywhere. Take outs to full service. References available. Call Susan 742-1956. gcau3

Help Wanted

The Dime Savings Bank of New York has full and part time positions in its Lending Division at our Garden City location

Business expansion has created a number of job openings. Listed below are the jobs and their approximate hiring ranges. Starting salaries are commensurate with experience.

- Credit Analysts (\$259 to \$317 per week)
- Loan Production Liaisons (\$241 to \$291 per week)
- Loan Collectors (\$241 to \$291 per week)
- Loan Processors (\$223 to \$269 per week)
- Secretaries (\$223 to \$345 per week)
- Data Entry Operators (\$223 to \$269 per week)
- Origination Clerks (\$207 to \$249 per week)
- Mortgage Clerks (\$207 to \$249 per week)
- Loan Servicers (\$207 to \$249 per week)
- Clerk Typists & File Clerks (\$192 to \$231 per week)

If interested please call the Human Resources Office at

(516) 228-5050

Or, send your resume to: Human Resources, The Dime Savings Bank of New York, FSB, 1225 Franklin Avenue, Garden City, New York 11530. An equal opportunity employer m/f/h/v



Services

MASOTTI CONSTRUCTION
Garden City, specializing in decks and skylights. Commercial and residential. All phases of home improvements. Free estimates. Fully licensed and insured. 248-0857 gcau5

PHIL IS BACK!

P.T. Design, Wallpaper and painting. Excellent work. Neatness our specialty. Call Phil 352-7172 gco2

DELMARO ROOFING

Sealcoating, commercial and residential. Specializes in special flat roof, hot tar, sealcoating, driveways, paving and patching. 10% off. All work guaranteed. Call for free estimate. Ask for Frank. 796-2983 or 579-5208. gcau5

COMPANION/CHAUFFEUR

shopping, entertainment, travel. Transportation throughout Long Island and Eastern United States as well as assistance with train subway travel throughout New York City. References. Janice Blaney 516 741-8586. wa3

MAKE IT SHINE!

Total car cleaning. Exteriors Washed, Compounded, Waxed. Interiors Vacuumed, Shampooed. Call for your low price and make your car look great. Also, monthly cleanups. Call Al at 747-2926. w54

COMPUTER BOOKKEEPING

Accurate, customized to your needs, low cost. Also spreadsheets set up for your computer. Free demonstrations. 746-5550 exts. Ask for Frank. gcau5

"FRED WILL FIX IT"

PAINTING

Interior & Exterior
Repair Sash Cords & Windows
Clean Out Gutters
General Handyman
Satisfaction Guaranteed
Call Fred Lee 794-7405 kcs1

RITA LUCY'S

GARDEN CITY MUSIC STUDIO

Piano Violin Viola Guitar
Theory, Harmony
College Preparation
All ages and all levels
The best in music education
10 years in area
248-7179 gcs1

GUTTERS

Cleaned-repaired-replaced
Painting windows and trim
Replacement windows
Sales and installation
Handyman Jobs
Licensed 821810000 Joe 735-6349. hoi

TILE MARBLE...TILE

Expert installation in all types of ceramic tile and marble. Barnett Ceramic Tile Co. Call Greg 293-8122 gco4

SKYLINE IMPROVEMENTS

Carpentry

*Roofing *Aluminum Siding
Soffit & Trim Treatment
Wood Shingles & Shakes
All Types of
Wood & Door Replacements
*Sash Cords Replaced *Structural
Repairs & Renovations
Custom Formica Work
Outdoor Wood Decks
Expert Work
References
Reasonable Prices *Free Estimate
Free Estimates Written
Call FRANK 1-2610 or 931-1155 gcs2

Services

CARPENTER CABINETS BOOK-SHelves, doors, windows, ceiling, paneling, additions, excellent finish work, radiator covers custom made. Call John 248-8163 kcs3

LADIES

RELAX AND ENJOY

Your Next Party!

Catering and Experienced Professional Services for assisting with Preparation, Serving and Cleanup, before, during and after your party. Bartenders Available. Call Kate at 248-1545 or 746-8264. wa3

BESTWAY PAINTING AND

Decorating. Interior/Exterior. Doing business in your area over 20 years. One job at a time. Painting, house washing, plastering and paper hanging. Reference available. Call Vinnie. 666-5487 gco3

Antiques For Sale

ANTIQUE SHOP CLOSING

tremendous buys. Cut/Pressed Depression glass. Prints, oils, frames, china, figurines, jewelry, etc. Mere Pittance. 299 Willis Avenue, Mineola 294-0358. huo2

Personal

FEEL GREAT - LOOK TRIM

and earn money at the same time. We'll show you how. 364-1924. hfnau2

NOVENA TO ST. JUDE

Oh Holy St. Jude, Apostle and Martyr, great in virtue and rich in miracles, near kinsman of Jesus Christ, faithful intercessor of all who invoke your special patronage in time of need, to you I have recourse from the depths of my heart and humbly beg you to whom God has given such great power to come to my assistance. Help me in my present and urgent petition, in return I promise to make your name known and cause you to be invoked. **St. Jude pray for us all who invoke your aid. Amen.** Say 3 Our Fathers, 3 Hail Marys, 3 Glorias. Say for 9 consecutive days. Publication must be promised. This novena has never been known to fail. Thank you for answering my prayers M.S. gcau5

NOVENA TO ST. JUDE

Oh Holy St. Jude, Apostle & Martyr, great in virtue and rich in miracles, near kinsman of Jesus Christ, faithful and intercessor of all who invoke your special patronage in time of need, to you I have recourse from the depths of my heart and humbly beg to whom God has given such great power to come to my assistance. Help me in my present and urgent petition, in return I promise to make your name known & cause you to be invoked. **St. Jude, pray for us all who invoke your aid. Amen.** Say 3 Our Fathers, 3 Hail Mary's, 3 Gloria's. Say for 9 consecutive days. Publication must be promised. This novena has never been known to fail. Thank you for answering my prayers EMK. gcau3



WILLISTON PARK 5 FAMILIES

Fri., Sat., Aug. 22 and 23. 10 a.m.-4 p.m. Something for everyone new and used. William St. between Park Ave. and Capitol Ave. (west of Willis and North of Hillside Aves.) wa4

GARDEN CITY 3 BEECH ST.

Aug. 14, 15 & 16. 10-4 p.m. Furniture, bric-a-brac, household items and many, many goodies. No previews. gcau3

FRANKLIN SQUARE: 284

Roosevelt Ave. (off Tulp Ave.) Good buys for everyone. Aug. 23, 24, 25, 10-4 p.m. gcau4

MOVING SALE: 1 Primrose

Court, Garden City, 9-5 p.m., Friday & Saturday, Aug. 15 & 16. Queen size brass bed, single bed, set of drawers, wall units, coffee tables and more. gcau3

GARDEN CITY: SATURDAY,

August 16 (Rain date, Aug. 23). 1-4 p.m. Some furniture, bric-a-brac; many, many goodies. 11 Fairmount Blvd. gcau3

GET RESULTS! Place an

ad in our Classifieds for reasonable rates and prompt results. Call 931-0012 • 294-8900 or 746-0240 for more information.....

SALES BY AL & MARIE

623-7315. We are two talented people who sell the contents of people's homes or estates. We set up, tag and conduct the sales. Highest prices obtained. hau2

GARDEN CITY, ESTATE SALE

Must sell entire contents of luxurious home to settle estate. Huge assortment of antiques bric-a-brac, lovely old & antique furniture and interesting furnishings; large grandfather clock, mahogany corner curio cabinet; collector's cabinet and lovely curio shelves; delightful vintage master BR; antique tables; unusual lamp & mirrors. Empire BR pieces; fabulous chairs; oil paintings, old wicker; assorted furniture; handsome Victorian prints, hunt scenes; lovely china; glass; antique clocks; large Mettlich stein; Royal Dalton; Argand lamp set with lusters; huge collection of miniature dogs; rink coat and jacket; gas grill. A large home loaded with treasures. 118 Nassau Blvd. (No parking on Nassau Blvd.) Fri. and Sat., Aug. 22 and 23, 9-2 p.m. Absolutely no previews. gcau4

VENDORS WANTED

Arts and Crafts Fair, Williston Park, Sunday, Sept. 14 from 10 a.m. to 5 p.m. \$25 a space. Send check or money order to Williston Park Chamber of Commerce, P.O. Box 207, Williston Park, NY 11596. Sorry no rummage or manufactured goods accepted. Please identify type of display to be entered. hfn51

TAG SALE MOVING!

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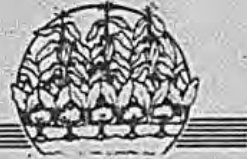
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Backyard Gardener
By Patrick Denton



An affable, chatty cookbook of special appeal to home vegetable gardeners is "Mother Earth's Vegetarian Feasts" by Joel Rapp. This book of vegetarian delights contains a good deal of toothsome feasting and is aimed at transporting the reader "to those twin Nirvanas of Nourishment, Vegetable Valhalla and Herb Heaven."

The author, in a series of witty introductory chapters, presents seasonal menus amidst lighthearted and amusing personal anecdotes, like the giddy experience of turning a meat-eating friend onto the raptures of Eggplant Enchiladas. One menu represents the types of food the author experienced on a trip to the Far East — Glazed Bahanas Pecking, Szechwan Eggplant (sauteed eggplant with a thickened ginger-soy sauce), Gado-Gado (cooked vegetables with peanut sauce)

Then begins the serious business of recipes, in chapters arranged in courses: appetizers, soups, salads, main dishes, pasta, side dishes and so on. None of the recipes is exactly geared to a spartan diet. Lots of stuff for binge day if you are on a diet and exercise routine. Cheerily Jubilee and Ginger Cheesecake, not to mention Pasta Primavera, and Eggplant Garden Bleu with Cream Tomato... just exactly who enio ul nful

Another garden-related cookbook with a lusty bent of a different nature is Bettie L. Furuta's "Cookery for Lovers" or "Aphrodisiacs in the Kitchen." The author, a horticulturist with a love for both gardening and good food, has mingled history and trivia, limericks and anecdotes, growing hints and naughty wit, together with recipes for most of the vegetables, fruits and herbs that we grow.

From apples, beans, beets and broccoli to potatoes, radishes, strawberries and tomatoes, we have, apparently, in our gardens a plethora of provocative plants to help us "sup and sip our way to bliss."

This entertaining cookbook provides a lot of laughs along with good food ideas. Right out of the "Pantry of Passion," for example, comes Ruby Loving Cups (salad stuffed beets), while Strange Bedfellows combines apples, celery and tuna for an "intimate encounter."

The author introduces each chapter with a brief verse on the chapter's featured food: "Please be informed broccoli's treasure/It helps increase your physical pleasure."

"Cookery For Lovers" has a way of spicing up and putting a totally new aspect on our food gardening. For example, never would I have looked upon ordinary Swiss chard as "Leaves of Love." Nor would I have considered a

simple canape like a slice of pickled beet on a round cracker topped with sour cream and an olive "After Dark Carmine Circles — a torrid tidbit for naughty nibbling."

Nor did I realize that so many of the things we commonly grow were, in times past, regarded as powerful aphrodisiacs. It's logical, though, since our vegetables, fruits and herbs all act to promote general health of the body and improved efficiency of all its functions.

"Cookery for Lovers" and "Aphrodisiacs In The Kitchen" are available from Furuta Associates, Box 399 GW, Fallbrook CA 92028. The price is \$18, plus \$1.50 for handling and mailing.

But, before we lose our romantic mood, I might mention another very loving book, this time for flower gardeners — "Living With The Flowers," by Denise Diamond. This book presents flower gardening as an intensely creative and health-giving process in which appreciating flower fragrance and creating beauty with fresh and dried flowers and herbs are emphasized.

A hearty chapter is devoted to flower recipes and features such enticing and extraordinary treats as Gladiolus Blossoms Filled with Fruit Parfait, Sweet Woodruff Juice, Rose Petal Jam, Calendula Quiche and Fragrant Flower Vigners.

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Decor Score

Headboard facelifts

By Sharon Owen Haven

Q: I'm ready to re-do my bedroom with new wallpaper, paint, curtains, etc. I've got fabrics and colors all picked out.

My problem is that I have a double bed with a wooden headboard that has seen better days. It's dark, plain, nicked and dated looking. What can I do to make it look new, too? — A.V.

A: You could, of course, have it stripped, sanded and refinished, but it would probably still look plain and dated. Instead, you might consider covering it up entirely — especially if it has a simple shape.

If the headboard is not an heirloom made of fine wood, it is a fairly easy matter to pad it with a layer or two of polyester batting, stretch fabric taut over the front and sides and secure the fabric to the back with a staple gun or upholstery tacks.

However, if you hesitate to mar the wood on the back, you can sew up a padded "headboard case" that slips over the headboard and fits its shape snugly — rather like a giant tea cozy. The advantage of this approach is that the case can be removed for cleaning when it becomes soiled.

If you use the same fabric on the headboard as the bedding, you will have a tailored bed that looks up-to-date and is comfortable without drawing attention to the headboard itself.

You can get a very appealing look by machine quilting around a large pattern in a fabric and using the resulting quilted fabric both for a comforter and headboard upholstery. Now, instead of an eyesore, you've got a headboard you can really snuggle up to.

Q: Help! I'm terrible at selecting paint colors from those little chips in paint stores. It always looks different when I get it on my walls. I painted my bedroom four times before I got it right.

Do you have any tips that would make this process easier?

A: A paint chip that you view in a store under fluorescent lighting will undoubtedly have a very different appearance when it gets home. Not only does the quality of light change from room to room, light source to light source, but it also changes throughout the day. This can radically alter the effect of your paint color.



A FRESH LOOK — An older, dated headboard can be given a fresh new appearance with a quickie upholstery job using a fashionable fabric, such as this from John Wolf.

It is much less expensive and time-consuming in the long run to buy small amounts of three or four shades that are in the ballpark and compare them on a wall for a couple of days under

changing lighting conditions. Then, buy your choice in quantity and do the job once in confidence that there will be no disappointments when the paint dries.

CROWE'S FEATS



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ANTIQUUE OR JUNQUE



Figurine is gift shop item

By James G. McCollam

Q: This figurine is 15 inches tall and is marked "Real Vienna Bronze."

What can you tell me about its vintage and value? I would also like to know if it is solid bronze.

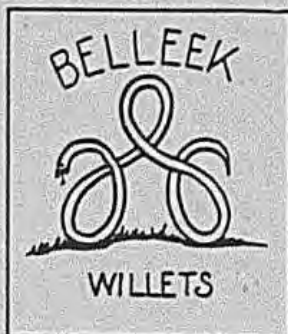


A: This was made as a gift shop item. It is bronze finish on pot metal. It was probably made between 1900 and 1915.

Decorative pieces like this are popular with collectors and this would sell for about \$125 to \$135.

Q: The attached mark is on the bottom of my Belleek sugar and creamer set. They are handpainted with gold and many colored flowers. The handles are in the form of dragons.

I would appreciate knowing when these were made and their current value.



A: These should not be confused with Irish Belleek. They were made by the Willets Manufacturing Co. of Trenton, N.J., during the late 19th century.

Since Willets Belleek is almost as rare as Irish Belleek and of comparable quality, the value of this sugar and creamer set would be at least \$150.

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Points on Pets

By R.G. Elmore, D.V.M.

Dog suffers from fly bite infection

Our 4-year-old collie suffers due to sores on the tips of her ears every summer. The ears have bloody crusts on their tips. We don't notice the problem during the winter. Could these sores be due to fly irritation? How can we handle this very annoying problem?

A. Your description of your dog's ear problems sounds a lot like fly bite dermatitis. Adult stable flies, *Stomoxys calcitrans* are particularly adept at attacking the skin of the ears of dogs.

Multiple bites are commonly located on the tips of the ears or the folded edge of the ears in dogs whose ears are tipped over. Reddening, hemorrhages, oozing serum and black crusts are often seen.

Affected dogs are often housed outdoors and confined where they cannot escape from the fly attacks. Dogs with fly bite dermatitis should be housed inside during the day until the sore spots are completely healed.

Fly repellents, fly or flea sprays will usually prevent repeated bites by flies. Straw piles containing manure or other decaying organic debris should not be allowed to accumulate near populated areas. If necessary, manure piles can be treated with fly spray to help control the production of flies.

You should have your dog examined by your veterinarian to determine the precise cause of the bloody crusts on your dog's ears.

Q. We have three dogs and a cat. I have noticed that our grocery store carries medications for worms. These appear to be cheaper than those our veterinarian recommends.

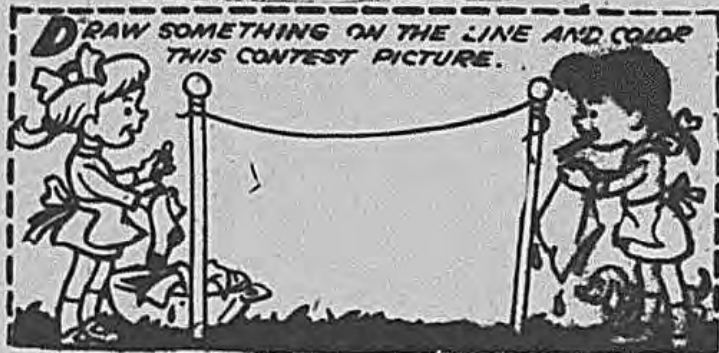
A. Are over-the-counter medications for worms usually adequate for worm control? Is it really important to have your dog or cat examined by a veterinarian before administering worm medication?

A. The drugs sold over-the-counter, that is without a prescription, at grocery stores or farm stores for deworming pets are generally effective against the particular types of worms for which they are advertised. However, your pet may have types of worms for which the medications are ineffective.

Your veterinarian can determine exactly which worms and other internal parasites your pet has by examining fresh stool samples and blood samples. Once the parasites have been accurately identified, your veterinarian can prescribe or administer the most efficacious and safe drugs available.

There are many reports of animals being killed each year by improper deworming medication. Sick or debilitated animals, animals with fever, or animals that are constipated should not be given deworming medications. If you are administering deworming drugs at home it is important to follow your veterinarian's directions exactly.

JUNIOR EDITION



Aunt Tilly's Corner

I guess all of you have read about the five year old boy who may have saved the life of a six year old playmate who was choking on a piece of hard candy. Young Brent, copying something he had seen on television grabbed Tanya from behind in a bear hug below the rib cage and lifted her off the floor. The candy popped out of her mouth!

This life-saving trick is called the Heimlich maneuver and while Brent still can't pronounce the name, he performed it very well indeed.

Your friend,
Aunt Tilly

P.S. This week's coloring contest winners are Nicole Santer and Stephanie Anderson. You'll be hearing from me soon, Nicole and Stephanie!

RULES

BOYS AND GIRLS

Here is your chance to win One Dollar (\$1.00) - to spend or to save.

Here's all you have to do:

1. Contest is open to children 4 to 12 years of age.
2. Entries must be received by Friday, August 22, 1986
3. Paint, watercolors and crayons must be used on the above.
4. Decision of the judges will be final.

Mail your entry (just clip our cartoon) to this newspaper at:

105 Hillside Avenue
Williston Park, N.Y. 11596

The World's Most Beautiful Grandchildren

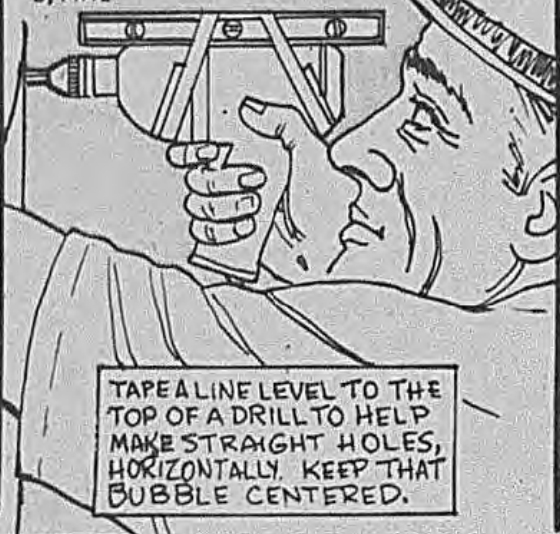


At age 6 months, our little slugger, Christopher William Rouzko may not be the "most beautiful" but he's the most intelligent, the most loveable and the most athletic grandchild in the world! Christopher lives with his parents, four dogs and a cat in Herndon, Virginia.

Diana and Ralph D'Avino
formerly of Hicksville

Putterin' Pete

By FRYE



TAPE A LINE LEVEL TO THE TOP OF A DRILL TO HELP MAKE STRAIGHT HOLES, HORIZONTALLY. KEEP THAT BUBBLE CENTERED.