

In Two Sections - Thirty Six Pages
The Only Newspaper Printed and Published in Hicksville

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Friday, January 3, 1986



Oyster Bay Town Councilman Thomas L. Clark, center, presents a citation to Fred Gelger, manager of National Westminster Bank U.S.A.'s Manhattan office. The bank donated money to support a holiday concert by the Concert Pops of Long Island under the union of Dean Karshille, second from left. Other bank officers on hand for the presentation were Pamela Reich, left, vice president of marketing, and Julie Larsen, customer service representative. This was the second holiday concert by the Concert Pops under the sponsorship of the Cultural and Performing Arts (CAPA) Division of the Department of Community Services. The musical gala was held in the Concert Hall of C.W. Post College.

Woodland Dancers Perform

On December 9, Circle of Dance came to Woodland Avenue. The dancers performed an entourage of ballet, tap and jazz. Volunteers were asked to participate in the choreography of a dance. Each child was asked to make up a step and the dancers put together a routine from these steps.

The children enjoyed this interesting and fun assembly.



The dancers and left to right, students Christine Hoffman, Danny Goodrich, Scotty Guzz and Brian Scottio help to choreograph a dance routine.



Circle of Dance performs a jazz routine.

Legion Auxiliary Meets Jan. 3

The American Legion Auxiliary of the Charles Wagner Post, Unit #421 Hicksville will hold their next meeting on Friday, January 3 at 8:30 p.m.

The volunteers have been busy during the holiday season, having made several trips to the Northport, V.A. hospital, also gifting the veterans at Brush Hollow Inn, Children at St. Christopher's and St. Mary's were also remembered with gifts and goodies.

Under our Community Service Project, a mother and three children received gifts of clothing, baked goods and all the necessities for a very nice holiday dinner.

The Valentine Dance is scheduled for Saturday, February 15, time is 9 p.m. to 1 a.m. There will be more information on this later.

News From Hicksville Library

The Hicksville Public Library will have tax assistance available starting in February of next year. The AARP (American Association of Retired Persons) volunteer will be here on Mondays and Wednesdays, from 10 a.m. - 2 p.m. The Schedule for the Adelphi Vita Tax Assistance volunteer will be Fridays, from 2-5 p.m. The volunteer from Hofstra will be here on Sundays, from 1-4 p.m. The Nassau Community College volunteer will be here on Saturdays, from 1-4 p.m. Tax assistance runs from February 3 through April 15.

The Hicksville Public Library will have a Chocolate Workshop on Thursday, January 9, at 7:30 p.m. The program will instruct on how to mold and decorate your own chocolate at home. It will be in the Community Room. All are welcome.

Named Asst. Treas. Nat'l West. Bank

Ruth A. Beal has been named an assistant treasurer of National Westminster Bank USA. It was announced today by William T. Knowles, chairman of the board. Mrs. Beal is assistant manager of NatWest USA's Jericho office. She joined the bank in 1966 as a teller and was named a head teller in 1971, a note teller in 1976, a platform assistant in 1978 and assistant manager in 1985. She resides in Hicksville.

Town Okays Plainview Neighborhood Shop Ctr.

Oyster Bay Town Councilman Douglas J. Hynes announced that the Town Board had approved a change of zone to construct a neighborhood shopping center with two free standing buildings in Plainview.

"The applicants, Richard Notey and Thomas Notey, as tenants in common, and Ethly Marketing Corp., presented an application to the Town Board at a hearing on July 30, 1985," said Hynes. "They requested a change of zone from 'D' Residence to 'F' Business District (Neighborhood Business) for property located on the southerly side of Old Country Road approximately 509 feet east of the intersection of Plainview Road and Manetto Hill Road. The applicants intend to construct a 23,000 square foot neighborhood shopping center at the rear of the property and two free standing office buildings of approximately 4,000 square feet each in the front of the property."

In granting the application the Town Board imposed 18 restrictive covenants. Noted in the covenants was that the Department of Planning and Development has the right to recommend the placement of the two free standing buildings and that the shopping center premises will be utilized for only retail stores, shops and personal service establishments. All buildings on the property will be limited to one story in height, a six foot stockade fence will be erected along the southerly (rear) property line which separates the subject property from the Plainview Bowling Center and the applicant will not be permitted to make any application to the Zoning Board of Appeals to request relief from parking or sign requirements.

Hynes added, "no building permits or certificates of occupancy will be issued until a 'site plan' has been approved by the Town Board."

Road Contract Awarded

Oyster Bay Town Councilman Howard T. Hogan, Jr. announced that Town Board approval has been given to award a contract for major road reconstruction in the Briarwood Lane area of Old Bethpage.

"This project is part of the Town's continuing program for road and drainage improvement," said Hogan. "Included in the scope of the work will be curb, gutter, driveway apron and street surface improvements. At the completion of the project, all roadways in the rehabilitation area will be repaved."

Hogan noted that the boundaries of the contract call for work to be done on roads east of Plainview Road to Leif Drive and Parkway Drive. To the north, work will extend to Capri Gate and Bluebird Lane and south to Myron Road, Theodore Drive and David Road. Also included will be Sylvia Road, Sharon Court and Tennis Court.

The contract for the project was awarded to the low bidder, Guy Pratt, Inc. of Holtsville, in the amount of \$1,578,171. Construction is expected to begin in the spring of 1986.



Syosset-Woodbury Seniors held its annual Christmas show on December 19 and 20 at Syosset-Woodbury Community Park. The Pre-K children and the Senior Day Care Center, which serves the frail elderly of Syosset, Jericho, Plainview and Woodbury were entertained by the "Choral" group, the "Oysterette's" (dance group) and the "Kazoo's-lacs" (Kazoo band). refreshments and raffles were served. Photo shows Santa (Paul Bianco) and his helper (Zena Musso) handing out candy canes to pre-k children and the Senior Day Care members. As usual, the youngsters (young and old) enjoyed themselves and all returned home with smiles and happy memories of Santa.

Single Parent Meeting Schedule

The Mid-Island Single Parent Group has scheduled the following meeting dates and topics for the month of January, according to Oyster Bay Town Councilman Douglas J. Hynes.

Wednesday, January 8, "How To Survive Being Single After Marriage"
Wednesday, January 15, "How The Sexes See Friendship Differently"
Wednesday, January 22, "Confide Or Hide How Much Do You Share?"
Wednesday, January 29, "Jealousy"

The meetings will be held at the Hicksville Senior Citizen Housing Community Room, 355 Newbridge Road, beginning at 7:30 p.m. They are open to all separated, divorced and widowed persons.

The Single Parent Program operates under the auspices of the Town's Drug Abuse Control Agency, a Division of the Department of Community Services. For information contact DACC at 745-5043, ext. 719.

LEGAL NOTICE
CERTIFICATE OF LIMITED PARTNERSHIP OF LECK-38
LIMITED PARTNERSHIP FIRST: The name of the Partnership is **LECK-38 LIMITED PARTNERSHIP**.
SECOND: The nature of the Partnership's business shall consist of and be for the purpose of the business of owning and leasing real estate and making investments of every kind and nature whatsoever, and in connection therewith, to purchase or otherwise acquire, own, hold, manage, operate, develop, exploit, improve, maintain, mortgage, or encumber, lease, sublease, sell, transfer, option or otherwise dispose of, and generally to deal in and with property of any character or description whatsoever real, personal, movable, tangible or intangible, and wherever situated is evidenced, and any interest therein. In furtherance of the purposes of the Limited Partnership, the Limited Partnership shall have the power to do any and all other things whatsoever necessary or desirable in connection with the foregoing.
THIRD: The location of the principal place of business of

the Partnership in New York is 135 Crossways Park Drive, Woodbury, New York 11797.
FOURTH: (a) The name and principal place of business of the General Partner is **NAME William J. Leck ADDRESS 45 Roxbury Road, Rockville Centre, New York 11570**.
(b) The names and places of residence of the Limited Partners are: **NAME Leck Industries Ltd. ADDRESS 135 Crossways Park Drive, Woodbury, New York 11797; NAME James F. Quinn ADDRESS 1845 200th Street, Bayville, New York 11700; NAME Joseph C. Vinci ADDRESS 8 Forest Avenue, Rockville Centre, New York 11550**.
FIFTH: The term for which the Limited Partnership is to exist is from the date of filing of this Certificate until December 31, 2010.
SIXTH: The Partners shall contribute the following sums to the capital of the partnership: **NAME William J. Leck AMOUNT \$373,950; NAME James F. Quinn AMOUNT \$15,225; NAME Joseph C. Vinci AMOUNT \$15,255; NAME Leck Industries Ltd. AMOUNT \$40,600**.

In addition to the foregoing cash capital contribution, Leck Industries Ltd. shall contribute to the partnership capital all of its right, title, and interest in and to certain real property presently under a contract of sale dated October 17, 1985 between Jay J. Raddack, as Seller, and Leck Industries Ltd., as Purchaser and a building contract dated October 17, 1985 between Jack Conner, Inc., as Seller, and Leck Industries Ltd., as Purchaser.

SEVENTH: No Limited Partner shall have the right to demand the return of his or her capital contributions to the Partnership except upon his or her withdrawal from the Partnership, which withdrawal is limited by the terms of the Partnership Agreement.

EIGHTH: For each fiscal year, all net income or losses for each Accounting Period, and all Unrealized Profit or Unrealized Losses for each Accounting Period, shall be allocated as follows: (a) Leck Industries Ltd. 28%; (b) William J. Leck 51%; (c) James F. Quinn 10.5%; (d) Joseph C. Vinci 10.5%.

NINTH: No Limited Partner shall sell, assign, pledge, or otherwise encumber or dispose of all or any part of his or her interest in the Partnership (including any beneficial interest therein), without the prior written consent of the General Partner. Additional Limited Partners may be admitted with the prior written consent of the General Partner.

TENTH: No priority is given to one or more of the Limited Partners over the other Limited Partners as to contributions or as to compensation by way of income.

ELEVENTH: The Partnership shall continue after death, bankruptcy, incapacity or retirement of the sole General Partner, if a temporary General Partner is designated by unanimous consent of the Limited Partners, and if such temporary General Partner files written notice within 30 days of said notice to be bound by all of the relevant terms of



Committee members left to right Camille McNally Hicksville, Lillian Antonucci and Rosalie Titone, both of Bethpage, plan the upcoming "Weekend with the Stars Telethon for Cerebral Palsy" to be broadcast for 21 hours beginning Saturday, January 18 at 10 p.m. on WOR-TV channel 9.



Construction of Trinity Lutheran Church's expanded facilities continues as we plan extended ministries for our members and the entire community. The new addition will bring special benefits to the youth, the elderly, and the handicapped. Trinity, located at 40 West Nicholas Street, Hicksville, cordially invites you to join us for worship on Saturday at 7:30 p.m., or on Sunday at 8:15, 9:45 or 11:15 a.m. We're here to serve! If you would like information, or we can help in some way, please call. Our telephone number is 931-2225.

LEGAL NOTICE

the Partnership Agreement.
TWELFTH: No right is given to any Limited Partner to demand or receive property other than cash in return for his contributions.
SA 7316,
6x12/20,27;1/3,10,17,24

LEGAL NOTICE

Delco Development Mid-Island Company, 61 Jericho Turnpike, Jericho, N.Y. 11753 Certificate of Limited Partnership filed in Nassau County Clerk's Office November 27, 1985. Business: Acquire, lease, mortgage, operate and sell certain real property. General Partners: Allen Yudel, 21 The Loch, Roslyn Estates, N.Y.; Martin Yudel, 330 Fox Hunt Crescent South, Syosset, N.Y.; Limited Partner, Contribution and Share of Profits: Robert A. Levitas, 141 East 72nd Street, N.Y.C., \$100, 1%. Term: 50 years from November 30, 1985. No additional contributions are required to be made. No time decided upon for the return of contributions. Limited partners shall receive 1% of the profits in proportion to their contributions. No limited partner may substitute as assignee in his place. Additional limited partners may be admitted. Any priority among limited partners will be determined as such becomes just and necessary. Upon the death, retirement, insanity or bankruptcy of the remaining general partner, the partner

LEGAL NOTICE

ship shall be dissolved unless within thirty (30) days, all the limited partners elect to continue the partnership. No limited partner may demand and receive property other than cash in return for his contribution.
JNJ 7732
6 X 12/6, 13, 20, 27; 1/3, 10



As the newly elected President of the Diocesan Council of the St. Vincent de Paul Society, Broadway, Bethpage, R. Joseph Gentilella has vowed to bring the Society and its many facets of helping the needy into the light and sharpen community awareness. Mr. Gentilella's work during previous years has already established him as a dedicated certified public accountant, who helped keep the St. Vincent de Paul Society from falling into financial ruin.

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Musical Program At Willet School

The winter concert at Willet Avenue School was a huge success. All the fourth, fifth and sixth graders participated. There was a wind ensemble, string ensemble, full orchestra, fourth grade chorus, fifth and sixth grade chorus, plus a piano solo, a violin trio and a brass quartet.

Even Mrs. Landgarten's kindergarten got in the act with a delightful holiday song.

The program was conducted by vocal and instrumental teacher Theresa Sgammato with piano accompaniment by fourth grade teacher Irma Carlson.

(Photos by Rosemary Barrow)



Willet Avenue Principal Jack Schwartz with accompanist Irma Carlson and music teacher Theresa Sgammato, congratulates concert announcer Scott Corrigan on a job well done.



Left to right: Patricia Horvath, Jennifer Balala, Susan Flemm, Jeannine Notaro, and Taryn Donovan (not in photo) played in a flute quintet at the Willet Avenue Winter Concert.



Left to right: Marie Notaro, Anthony Speranza, Kim Dames, Christine Spina, Stacey Schroeder participated in the Willet Avenue Winter Concert. They can't wait until spring when they will perform again.

Mid Is. Y Film Series

The Mid-Island YM-YWHA has scheduled a film and discussion series on Prominent 20th Century Jews for its Older Adult members at the "Y" 45 Manetto Hill Road, during the month of February.

The Schedule: "Cagall" Feb. 5 - Mr. & Mrs. Club 8:30 p.m.; "A Conversation with Isaac Bashevis Singer" Feb. 11 - Radii - 12 noon; Feb. 12 - Older Adults Club 11 a.m.; "Einstein": The Story of the Man As Told by Friends Feb. 18 - Radii - 12 noon; Feb. 19 - Mr. & Mrs. Club 8:30 p.m.; Feb. 19 - Older Adults, 11 a.m.; "David Ben-Gurion" Feb. 25 - Radii 12 noon; Feb. 26 - Older Adults Club 11 a.m.

Those desiring further information, should call Ruth Panken at 822-3535. Members are admitted free; guests \$1.



LEGAL NOTICE TO THE TAXPAYERS OF THE HICKSVILLE FIRE DISTRICT

NOTICE IS HEREBY GIVEN that a resolution was duly adopted by the Board of Fire Commissioners of the Hicksville Fire District, Town of Oyster Bay, County of Nassau, State of New York, on the Twenty Third day of December, 1985, subject to a permissive referendum as provided for by 6-G of the General Municipal Law.

An Extract of the resolution is as follows:

The Hicksville Fire District maintains a Capital Reserve Fund under Sec. 6-G of the General Municipal Law in which account there is sufficient funds to accomplish the purposes herein after set forth, namely, a 4 Door Station Wagon with appropriate equipment, radio, and warning lights, and it is proposed to purchase the said specific type of equipment in order to maintain the high standards of performance of the Hicksville Fire Department in the discharge of their duties in preserving the lives and property of the residents of the community and the said purchase is deemed in the best interest of the residents of the Hicksville Fire District. The resolution further provides that there be transferred from the present Capital Reserve 6-G Fund of the Hicksville Fire District a sum not to exceed Twenty Five Thousand Dollars and the District Treasurer is authorized to effect such purchase.

This resolution shall not take effect until February 7, 1986 unless in the meanwhile a permissive referendum as provided for in Sec. 6-G of the General Municipal Law is required to be held.

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BRAKES • FRONT END • TIRES • TUNE-UP
MAJOR BRAND TIRES.....DISCOUNTED!



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All Makes & Models

We Accept Most Major Credit Cards

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•Mustangs
•Taurus
•Commercial Vans



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Auto Body & Fender Repairs

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"Your Satisfaction—Our Reputation"

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Buy or Lease any Make or Model • Sales—Service—Rentals
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OUR 60TH Anniversary

We've sold over 100,000 cars
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LEASING
Value Rated Used Cars
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Trouble reports from New York Telephone's 200,000 northeast Nassau County customers are now processed by a new totally "paperless" computerized trouble report system. The new system, introduced recently at the Hicksville Maintenance Center, enables employees to more productively process some 600 customer trouble reports a day. The center handles telephone line repairs for customers served by switching equipment in Farmingdale, Hicksville, Levittown, Oyster Bay, Plainville and Syosset. Pictured (counter-clockwise from front) are: Anita Lofosco, Marion Crofts, Linda Gill, Michael Quinn, Donna Raymond, Peggy Van Slyke, Jeanne Spellman and Marion Aldridge.

LEGAL NOTICE

NOTICE TO TAXPAYERS

The undersigned Receiver of Taxes for the Town of Hempstead, County of Nassau, State of New York, hereby gives notice that he has received the Tax Roll and Warrant attached hereto, dated December 31, 1985 and the Receiver of Taxes will be in attendance to receive taxes at:

200 North Franklin Street, Hempstead, N.Y. 11550 beginning Thursday, January 2, 1986 and each weekday thereafter from 9:00 a.m. to 4:45 p.m. (Saturdays, Sundays and holidays excepted).

Property Tax Rates By Class
Nassau County - General Purposes - Class 1 - 2.988; Class 2 - 4.221; Class 3 - 3.642; Class 4 - 3.709. Nassau Community College - Class 1 - .614; Class 2 - .724; Class 3 - .673; Class 4 - .679. Town of Hempstead - General Purposes - Class 1 - .683; Class 2 - .821; Class 3 - .747; Class 4 - .758. Town Highway - Repairs & Improvements of Highways - Class 1 - 2.563; Class 2 - 2.883; Class 3 - 2.801; Class 4 - 2.811. Town of Hempstead - Part Town (Building, Zoning, etc.) - Class 1 - .606; Class 2 - .232; Class 3 - .255; Class 4 - .226. Town Building and Board of Zoning Appeals in Inc. Village of Atlantic Beach - .000*. Nassau County Police 4.928*. Nassau County Police Headquarters - Class 1 - 1.756; Class 2 - 2.069; Class 3 - 1.925; Class 4 - 1.942. Nassau County Sewer Taxes. Special District Taxes. *Classes Not Applicable.

Penalties
The following scale of penalties is hereby prescribed for neglect to pay County, Town and Highway and Special District taxes after they become due and payable. If the first half is not paid on or before February 10, 1986, penalty will be added at the rate of one per centum per month from January 1, 1986 calculated to the end of the month during which payment is made.

Penalty on the second half will be added after August 10, 1986 at the rate of one per centum per month from July 1, 1986 calculated to the end of the month during which payment is made.

LEGAL NOTICE

Discounts

If the full year's tax is paid on or before February 10, 1986, discount will be allowed on the second half of the tax at the rate of one per centum of the second half. No discount allowed on payments after February 10, 1986.

Taxes are payable in cash, check or money order. Uncertified checks will be accepted subject to collection and payment made therewith will not become official until collection has been effected.

When requesting tax bills, please state the School District location, Section, Block and Lot numbers in accordance with the Nassau County Tax Map.

After August 31, 1986, the 1986 Tax Roll will be turned over to the County Treasurer and all payments after that date should be made at the Office of the County Treasurer, Nassau County Office Building, 240 Old Country Road, Mineola, New York 11501.

Robert D. Livingston, Jr.
Receiver of Taxes
Town of Hempstead
Dated: December 31, 1985
Hempstead, N.Y. 11550
MTT-1870
1 X 1/3

**MAY WE HAVE
THE NEXT DENTS?**

**MADDEN'S
AUTO BODY**

COLLISION WORK

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**140 Woodbury Rd.
Hicksville**

News From
Bethpage Library

On Saturday, January 18, the Bethpage Public Library will show the film classic "Gulliver's Travels" (color - 77 min.) for youngsters.

Imagine yourself captured by people barely six inches tall! You are bound to the ground by tiny ropes and an entire army of little folk is shooting stinging arrows at you.

Come on over and enjoy the famous and fascinating story of Lemuel Gulliver, his dramatic shipwreck, his incredible life among the little people, and the startling, violent war between the Lilliputians and their neighbors. Jonathan Swift's incomparable adventure classic is now brought to vibrant life in this spectacular animated adaptation.

Showtime is 2 p.m. and tickets are now available in the Bethpage Children's Room for school-age youngsters who reside in District #21. For information, please call 931-3907.

Halley's Comet appears once every seventy-five years - and here it comes again blazing its fiery trail across the skies! On Saturday, January 11, Thomas Carey, Assistant Director of the Vanderbilt Planetarium will present a fascinating slide show with star charts and other illustrations on the fabulous facts and fantasies surrounding Halley's Comet and other comets.

The return of Halley's Comet is a once-in-a-lifetime experience that is the talk of the world. Here is a unique opportunity for Bethpage youngsters. Now you can find out why this comet is so special and how to watch for it over Long Island skies. So come on over - the program won't be offered again till 2060!

For young people in grades 2-6 who reside in District No. 21 and any parents who care to attend. The program begins at 2 p.m. and registration is now being taken in the Bethpage Children's Room. For information, please call 931-3907.

On Monday, December 30, Anthony Chouai will present a special holiday magic show at the Bethpage Public Library for youngsters in grades K-6.

Anthony Chouai, a specialist in entertaining young audiences, has performed his magic shows in numerous schools and libraries throughout the New York Metropolitan area. He will present a colorful kaleidoscope of illusions including trick canes, ropes, wands, floating dice, disappearing doves, and rabbits in unexpected places. His dazzling bag of tricks will include loads of laughs and audience participation too.

Showtime is 2 p.m. and tickets are now available in the Bethpage Children's Room. School-age youngsters residing in District #21 are invited to attend. For information, please call 931-3907.

CALL INPUT 931-0027
"24 hours a day! Answer the Question of the Week or express an opinion on other topics of interest to readers....."

THE OFFICE
CAT

By Gabby Tabby



THERE WERE no charges filed in the bus-car crash at Morgan St. and Old Country Rd. Hicksville on Thursday evening. The car was making a left turn onto Old Country Rd. when the crash occurred. The driver was killed along with two passengers of the car. **THE TOWN** is in a dither over the ruling against unrelated people sharing houses in Oyster Bay. It could mean that there would be no permission needed to set up boarding houses in regular residential neighborhoods. The Town may appeal the ruling. **THE NUMBER** of assurances given each year that water in the various districts here is pure only stirs up unneeded speculation. A moratorium on "pure water assurances" would save speculation. **A HAPPY NEW YEAR 1986** to all of our readers. The number has grown and we are happy. **THE CRIME REPORT** is published each week as a community service to alert residents of where crime is taking place in the area and as an aid in the Neighborhood Watch program. Anyone seeing suspicious activity should phone 911. **BURGLARS** kicked in a side door of a residence at 27 Haverford Rd., Hicksville on Dec. 11. They stole jewelry. **A VCR** and jewelry were stolen from a house at 220 Gardner Ave., Hicksville on Dec. 13. Burglars pried a side window to gain entry. **BURGLARS** entered through the front door of a residence at 142 W. John St., Hicksville on Dec. 13. A TV was stolen. **A STEREO, VCR** and a coal were taken from a house at 148 Grace St., Plainville between Dec. 6 and 13. Burglars entered the house through a rear window. **A REAR** window of a residence at 164 Fairhaven Blvd., Woodbury was pried open on Dec. 17. Burglars entered and stole a pocketbook and cash. **A REAR** window of a house at 27 Lewis Lane, Syosset was pried open by burglars between Dec. 16 and 17. The loss is unknown. **THERE** was an attempted burglary at 29 The Mews, Syosset on Dec. 17. Glass in a rear door was broken but no entry was made. **THE DOOR** of a residence at 21 Kuhl Ave., Hicksville was pushed in by burglars on Dec. 18. The loss is unknown. **JEWELRY** was stolen from a residence at 112 West Marie St., Hicksville. Glass in a back rear door was broken to gain entry. **A SIDE WINDOW** was forced open by burglars at 81 Vassar Lane, Hicksville on Dec. 18. A VCR, Computer and camera were stolen. **ASSORTED** jewelry was stolen from a house at 4 Tacoma Pl., Syosset on Dec. 18. A rear door was broken down to gain entry. **THE LOSS** is unknown at 26 Deer Path Lane, Syosset where burglars broke down a rear door between Dec. 14 and 19. **ASSORTED JEWELRY** was stolen from a residence at 49 Southgate, Hicksville on Dec. 19. Glass in a rear door was broken to gain entry. **A STEREO, VCR**, cameras and two TVs were stolen from a home at 33 Virginia Ave., Plainville between Dec. 18 and 19. An unlocked rear door was used to gain entry. **THE LOSS** is unknown at 27 Deer Path Lane, Syosset where burglars broke glass in a rear door to gain entry. **CASH** and assorted jewelry were stolen from a house at 26 Calda Lane, Plainville. Burglars broke a rear door to gain entry. **JEWELRY** and silverware were stolen from a residence at 41 Glenwood Rd., Plainville. The front door was pried to gain entry. **CASH** and assorted jewelry were stolen from a home at 3 Williams St., Syosset on Dec. 20. An unlocked rear door was used to gain entry. **BURGLARS** forced a rear door of a residence at 41 Miller Blvd., Syosset on Dec. 23. They entered and stole assorted jewelry. **A REAR** door of a residence at 1 Scammon Dr., Syosset was pried open on Dec. 23. The loss is unknown. That's all the news for now. G.T.

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Our Children



Too young for college?

By Willard Abraham, Ph.D.

Q. Is a 16-year-old child too young to go to college? Our daughter will finish high school when she is barely 16, so we really have no choice, but we are concerned just the same.

A. She has been in honors classes and has always done outstanding school work. However, we realize that she will be around two years younger than the average college freshman.

What do you think about this situation?

A. A youngster's adjustment to college depends on more than chronological age just as it does for children entering elementary school. Maturity, ability to follow a schedule and set up priorities, relationships with others, independence in thought and action, controls related to right and wrong — these are also important factors.

A Ford Foundation study many years ago titled "They Went to College Early" indicated that younger college freshmen frequently did well academically as well as socially, in sports and in other activities. It depends on the individual student.

If the maturity level is a matter you are worried about, the possibility may exist for her to attend a nearby community college and live at home awhile longer. Another possibility is a small college not too far from home.

Q. If my problem is more suitable for a column sidekick of yours to handle, please pass it on. However, it really deals with my daughter who is only 10, so maybe you are the right person to think about it.

The issue begins with my wife, who is the sloppiest housekeeper I know. I've had only one wife, so my experiences are limited, but none of my friends faces the mess I do every night.

It's true that she works as I do, but does that mean that her clothes have to be thrown around, her dirty dishes aren't removed from the table (until I pick them up), and the bathroom is left in horrible shape after she is there, with towels on the floor, brushes and toothbrushes in the sink, and soap gosh-only-knows where?

I really like her despite all of that, but what kind of model is that for our girl? I'll admit to being pretty compulsive about my possessions both at home and at work, and fortunately my daughter seems to take after me. Her own room is orderly, and so is her work at school.

Do I have something to worry about?

A. Well, yes, and then again, no. Let me take the "no" first. Your daughter's demonstrated tenden-

cies should relieve your anxiety to some extent, maybe entirely. Also, the fact that your wife's habits, as they relate to you personally, seem not to bother you a great deal.

However, if your wife's sloppiness should become especially bothersome to you it may be time to consider consulting a family or marriage counselor. Until then, why not try to relax a little bit?

Q. My wife will have our first child in about three months, and our concern is an unusual one. No, we don't worry about the baby's health or other normal things like that.

It's just that we don't know how to handle our pet dog, who has been important in our lives for five years. Will she be jealous? How do we avoid playing favorites?

Our schedules will be very different because of the new baby, but we certainly don't want to neglect Misty.

A. And why should you? Just as when a second child arrives, there seems to be plenty of affection to go around. You will probably feel that way too.

If Misty shares your enjoyment, she will gradually adjust to the baby, and probably be as protective and loving (in her own way) as you are.

She will continue to need some attention, and you will no doubt find time for it because of how much you love her.



Remember family or friends with Special Occasion, Get Well or Memorial cards.

WE'RE FIGHTING FOR YOUR LIFE

American Heart Association



YOUR SOCIAL SECURITY

There are no refunds

Q. I have had some work under Social Security but not enough to qualify for benefits. Is there any way I can get a refund of the Social Security taxes I've paid? — P.H.

A. No refunds are made because the contributions of all are used to contribute to the security and welfare of those eligible for payment. This reflects a general principle in taxation that the tax is applied to all in the taxable group even though certain individuals may not directly benefit, e.g., a school tax.

Q. I understand that Social Security benefits will increase shortly. How much is the increase and how is it determined? — E.K.

A. Under the law, Social Security and Supplemental Security Income checks increase automatically each year if the consumer price index for urban wage earners and clerical workers rises 3 percent or more from the third quarter of one year through the corresponding period of the next.

Social Security and Supplemental Security Income beneficiaries will receive a cost-of-living increase of 3.1 percent in the benefit checks. Social Security beneficiaries receive Jan. 3, 1986, and SSI recipients receive Dec. 31, 1985.

Q. Is the monthly payment

amount of the average Social Security retiree the same as that paid the Supplemental Security Income recipient? — W.N.

A. The average monthly benefit amount for all retired workers is currently \$464. The January 1986 payment with the 3.1 percent increase will rise to \$478. The maximum federal SSI payment for an individual is \$325 and will rise to \$336 in January 1986.

Most states provide payments supplementing the federal SSI payment levels for some or all categories of recipients.

Q. I have been on Social Security disability since 1983. I was declared permanently disabled. I will be 62 in February 1986.

Will my benefits change? How long will I continue to receive disability pay? — P.K.

A. You will continue to receive Social Security disability benefits as long as your disability is so severe that it prevents you from doing any substantial gainful work.

If you are still disabled at 65, your checks as a disabled worker will be automatically changed to retirement benefits, generally in the same amount.

E.F. Hutton retirement distribution analysis: "because peace of mind may be the most important retirement benefit of all."

For the first time, people who are retiring can select the most profitable way to receive retirement distributions, with the help of an individually tailored program.

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- considers specific tax situations and cash flow needs
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To find out more about Hutton's Retirement Distribution Analysis, call your Hutton Account Executive today,

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people listen.**

EAT YOURSELF SLIM



Golden seal tea may be harmful

By Shirley Bright Boody
Registered Dietitian

Dear Shirley: I am in my seventh month of pregnancy and so is my best friend. We try to help each other, but I am not sure whether I should follow her advice about taking certain herbal teas. I've heard that some of them are harmful but I don't know which ones they are.

My friend says to take peppermint tea to relieve headaches, golden seal tea to stop nausea and that red raspberry tea will prevent miscarriage and will help ease labor. Is she right? Do you suggest that I start drinking them too? Could they be harmful in any way?

I won't do anything until I hear from you, or could you put it in the paper, please? — Cindy

Dear Cindy: Such claims for herbal teas are not substantiated by qualified research and there is currently some question on the safety of golden seal tea. Red raspberry and peppermint tea apparently are harmless, but the facts are that the effects of many herbal teas are largely unknown.

I suggest that you do not rely on them nor take large quantities, especially during pregnancy.

Dear Shirley: I am 39 years old and I think I may have that terrible disease bulimia. But aren't I too old?

All I know is that I go on food binges and can't seem to stop eating. I know I'm a chocoholic because I love chocolate so much that I hoard it and eat it all at once when I'm alone.

Sometimes I get sick and throw up, other times I make myself throw up because I'm so afraid I'll gain weight. I've been 25 pounds overweight, but now I'm thin, and I want to stay this way.

I have a very good job and I hide my eating binges from my boss and my friends. I know that nobody at work suspects what I do, but I get so depressed after that sometimes I just hate myself. Is it possible for a woman my age to have bulimia, or is it just teenagers who get it?

Do you know of anything that may help me? I know I can't go on

this way, but I can't stop either. Do you think I am sick? — M.T.J.

Dear M.T.J.: Yes. You are exhibiting some of the classic signs of bulimia. While it's true that most bulimic sufferers are in their teens and early 20s, there have been many new cases now reported in older women.

I urge you to get medical care immediately. In addition to medical care, I suggest you contact some of the eating disorder self-help groups. They offer peer support, newsletters and other activities that are designed to help.

Contact:

- American Anorexia/Bulimia Association Inc., 133 Cedar Lane, Teaneck, NJ 07666. Phone: (201) 836-1800.

- Bulimia, Anorexia Self-Help, 1027 Bellevue Ave., St. Louis, MO 63117. Phone: (314) 567-4080.

- Anorexia Nervosa and Associated Disorders Inc., P.O. Box 271, Highland Park, IL 60035. Phone: (312) 831-3438.

Dear Shirley: Are the green oranges at the markets ripe and is it safe to eat them? What makes them green? — New Bride

Dear New Bride: Yes, they're safe. They are going through a natural "regreening" process where the ripe fruit pulls some of the green pigment from the leaves back into the peel.

Remember family or friends
with Special Occasion,
Get Well or Memorial cards.

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YOUR LIFE

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Association**

Surprised to find out just how little our Classified ads cost? Most people are... and they are also amazed at the kind of results they get! A low cost ad in our Classifieds will bring you BIG RESULTS! If you've got something to sell, give us a call at

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LEGAL NOTICE

CEDAR GROVE ASSOCIATES, 41 Broadway, Hicksville, NY 11801, Substance of Certificate of Limited Partnership filed in Nassau County Clerk's office November 15, 1985. Business: To buy, rehabilitate and hold or sell for greatest profit real property located in New Jersey. General Partner: R.W. Realty Co., 41 Broadway, Hicksville, NY 11801. Limited Partner: Brian B. Boehm, 15 Lafayette Ave., Sea Cliff, NY 11579. Partnership to exist until December 31, 1995 or upon completion of the Partnership's purposes prior to December 31, 1995. Contribution of the initial Limited Partners shall be \$20,000 cash for each unit up to 26 units for a total of \$520,000 for the Limited Partner as a group. No additional contributions agreed to be made. Contributions returned as provided in the Partnership Agreement. Share of profits: 40% General Partner and 60% Limited Partners as a group. Share of losses: 0% General Partner and 100% Limited Partners as a group. Limited Partner may substitute an assignee only as provided in Agreement. No additional partners admitted after 26 units. No priority among Limited Partners as to contribution or as to compensation by way of income. Continuance of business upon the death, retirement or insanity of General Partner is as provided in the Partnership Agreement. This Certificate is made and recorded pursuant to the provisions of Section 91 of the NY Partnership Law. IN WITNESS WHEREOF the

LEGAL NOTICE

parties hereto have executed this Certificate of Limited Partnership this 8th day of November, 1985. **GENERAL PARTNER:** Ronald Lupia **INITIAL LIMITED PARTNER:** Brian B. Boehm County Clerk of Nassau County, RV #7493

JNJ 7729

6x 11/29; 12/6, 13, 20, 27; 1/3

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Our Children



Too young for college?

By Willard Abraham, Ph.D.

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A. She has been in honors classes and has always done outstanding school work. However, we realize that she will be around two years younger than the average college freshman.

What do you think about this situation?

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If the maturity level is a matter you are worried about, the possibility may exist for her to attend a nearby community college and live at home awhile longer. Another possibility is a small college not too far from home.

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There are no refunds

Q. I have had some work under Social Security but not enough to qualify for benefits. Is there any way I can get a refund of the Social Security taxes I've paid? — P.H.

A. No refunds are made because the contributions of all are used to contribute to the security and welfare of those eligible for payment. This reflects a general principle in taxation that the tax is applied to all in the taxable group even though certain individuals may not directly benefit, e.g., a school tax.

Q. I understand that Social Security benefits will increase shortly. How much is the increase and how is it determined? — E.K.

A. Under the law, Social Security and Supplemental Security Income checks increase automatically each year if the consumer price index for urban wage earners and clerical workers rises 3 percent or more from the third quarter of one year through the corresponding period of the next.

Social Security and Supplemental Security Income beneficiaries will receive a cost-of-living increase of 3.1 percent in the benefit checks. Social Security beneficiaries receive Jan. 3, 1986, and SSI recipients receive Dec. 31, 1985.

Q. Is the monthly payment

amount of the average Social Security retiree the same as that paid the Supplemental Security Income recipient? — W.N.

A. The average monthly benefit amount for all retired workers is currently \$464. The January 1986 payment with the 3.1 percent increase will rise to \$478. The maximum federal SSI payment for an individual is \$325 and will rise to \$336 in January 1986.

Most states provide payments supplementing the federal SSI payment levels for some or all categories of recipients.

Q. I have been on Social Security disability since 1963. I was declared permanently disabled. I will be 62 in February 1986.

Will my benefits change? How long will I continue to receive disability pay? — P.K.

A. You will continue to receive Social Security disability benefits as long as your disability is so severe that it prevents you from doing any substantial gainful work.

If you are still disabled at 65, your checks as a disabled worker will be automatically changed to retirement benefits, generally in the same amount.

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Golden seal tea may be harmful

By Shirley Bright Boody
Registered Dietitian

Dear Shirley: I am in my seventh month of pregnancy and so is my best friend. We try to help each other, but I am not sure whether I should follow her advice about taking certain herbal teas. I've heard that some of them are harmful but I don't know which ones they are.

My friend says to take peppermint tea to relieve headaches, golden seal tea to stop nausea and that red raspberry tea will prevent miscarriage and will help ease labor. Is she right? Do you suggest that I start drinking them too? Could they be harmful in any way?

I won't do anything until I hear from you, or could you put it in the paper, please? — Cindy

Dear Cindy: Such claims for herbal teas are not substantiated by qualified research and there is currently some question on the safety of golden seal tea. Red raspberry and peppermint tea apparently are harmless, but the facts are that the effects of many herbal teas are largely unknown.

I suggest that you do not rely on them nor take large quantities, especially during pregnancy.

Dear Shirley: I am 39 years old and I think I may have that terrible disease bulimia. But aren't I too old?

All I know is that I go on food binges and can't seem to stop eating. I know I'm a chocoholic because I love chocolate so much that I hoard it and eat it all at once when I'm alone.

Sometimes I get sick and throw up, other times I make myself throw up because I'm so afraid I'll gain weight. I've been 25 pounds overweight, but now I'm thin, and I want to stay this way.

I have a very good job and I hide my eating binges from my boss and my friends. I know that nobody at work suspects what I do, but I get so depressed after that sometimes I just hate myself. Is it possible for a woman my age to have bulimia, or is it just teenagers who get it?

Do you know of anything that may help me? I know I can't go on

this way, but I can't stop either. Do you think I am sick? — M.T.J.

Dear M.T.J.: Yes. You are exhibiting some of the classic signs of bulimia. While it's true that most bulimic sufferers are in their teens and early 20s, there have been many new cases now reported in older women.

I urge you to get medical care immediately. In addition to medical care, I suggest you contact some of the eating disorder self-help groups. They offer peer support, newsletters and other activities that are designed to help.

Contact:

• American Anorexia/Bulimia Association Inc., 133 Cedar Lane, Teaneck, NJ 07666. Phone: (201) 836-1800.

• Bulimia, Anorexia Self-Help, 1027 Bellevue Ave., St. Louis, MO 63117. Phone: (314) 567-4080.

• Anorexia Nervosa and Associated Disorders Inc., P.O. Box 271, Highland Park, IL 60035. Phone: (312) 631-3438.

Dear Shirley: Are the green oranges at the markets ripe and is it safe to eat them? What makes them green? — New Bride

Dear New Bride: Yes, they're safe. They are going through a natural "regreening" process where the ripe fruit pulls some of the green pigment from the leaves back into the peel.



Remember family or friends with Special Occasion, Get Well or Memorial cards.

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LEGAL NOTICE

CEDAR GROVE ASSOCIATES, 41 Broadway, Hicksville, NY 11801. Substance of Certificate of Limited Partnership filed in Nassau County Clerk's office November 15, 1985. Business: To buy, rehabilitate and hold or sell for greatest profit real property located in New Jersey. General Partner: R.W. Realty Co., 41 Broadway, Hicksville, NY 11801. Limited Partner: Brian B. Boehm, 15 Lafayette Ave., Sea Cliff, NY 11579. Partnership to exist until December 31, 1995 or upon completion of the Partnership's purposes prior to December 31, 1995. Contribution of the initial Limited Partners shall be \$20,000 cash for each unit up to 26 units for a total of \$520,000, for the Limited Partner as a group. No additional contributions agreed to be made. Contributions returned as provided in the Partnership Agreement. Share of profits: 40% General Partner and 60% Limited Partners as a group. Share of losses: 0% General Partner and 100% Limited Partners as a group. Limited Partner may substitute an assignee only as provided in Agreement. No additional partners admitted after 26 units. No priority among Limited Partners as to contribution or as to compensation by way of income. Continuance of business upon the death, retirement or insanity of General Partner is as provided in the Partnership Agreement. This Certificate is made and recorded pursuant to the provisions of Section 91 of the NY Partnership Law. IN WITNESS WHEREOF, the

LEGAL NOTICE

parties hereto have executed this Certificate of Limited Partnership this 8th day of November, 1985. **GENERAL PARTNER:** Ronald Lupia **INITIAL LIMITED PARTNER:** Brian B. Boehm County Clerk of Nassau County, NY #7493

JNJ 7729

bx 11/29; 12/6, 13, 20, 27; 1/3

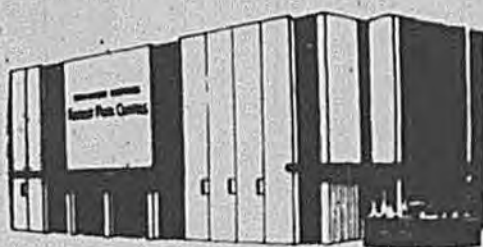


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PAGE ELEVEN Friday, January 3, 1986

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Antiques Collectibles

ANTIQUE OR JUNQUE



Hand-painted picture made in early 1900s

By James G. McCollam

Q. Enclosed is a picture of a painting on porcelain in an elaborate gold leaf frame. On the back is a crown with "K.P.M. — Germany" below.

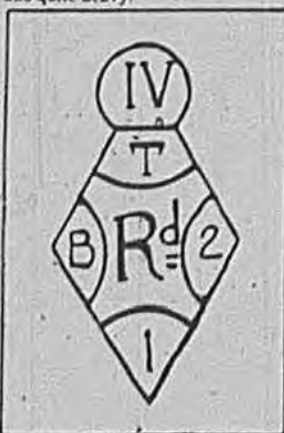
Can you tell me who made this, its vintage and value?



A. This hand-painted porcelain plaque was made by Krister Porzellanmanufaktur in Waldenburg, Germany, during the early 20th century. It should be worth at least \$1,000.

Waldenburg is now part of Czechoslovakia and is called Walbrzych.

Q. The enclosed mark is on the bottom of my antique teapot. It is dark blue and white and pictures two men fishing. It is 10 inches tall and quite heavy.



A. The mark you provided is not a maker's mark. It is the British Registry mark. The Roman numeral "IV" at the top is the class (ceramics); the "T" below it is the year (1867); the "2" at the left is the date; the "B" at the right is the month.

(October), the "1" at the bottom is the parcel number.

Your teapot would probably sell in the \$175 to \$225 range.

Q. The term "Blown Three Mold" confuses me. What can you tell me about this type of glass?

A. Glass is blown into a three-piece hinged mold. When the glass is cool, the mold is opened and the formed object removed.

Typical of this type of glass are the three mold marks and the fact that the inside of the object matches the outside. Where there is a raised portion on the outside, there is a depressed portion on the inside.

Most Blown Three Mold glass items sell in the low hundreds, some of the rare items run into the low thousands. This is glass for the serious collector.

Send your questions about antiques with picture(s), a detailed description, stamped, self-addressed envelope, and \$1 per item to James G. McCollam.



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Holiday Time At Woodland

On December 23 the children at Woodland enjoyed celebrating the holiday season.

Mrs. Baron's kindergarten class enjoyed munching on Christmas tree cookies, candy canes, chocolates, ice-cream and drank fruit punch. They played holiday records and had a great time opening up the grab bag presents.

Mrs. Meyer's fourth grade class baked pizza, passed out punch, chips and cookies.

Mrs. Goldsteins and Mrs. Stern's class enjoyed a grab bag time along with holiday treats.

Mrs. Kabakoff's and Mrs. Brown's first and second graders made gingerbread boys and girls.

Mrs. Grady's sixth graders had a class party and watched "A Christmas Carol."

Mrs. Ullrich's third graders were busy playing with their grab bag presents, which included a few wind-up mini-racing cars.

Everyone was in the holiday spirit, exchanging good wishes for the holidays and the New Year. To top it all off there was even a little dusting of snow to add to the Holiday Spirit.

Cardiac Runner To Address Road Runners

Cardiac Runner Association President Joe Michaels will be the featured speaker at the Tuesday, January 21 meeting of the Plainview-Old Bethpage Road Runners Club. The meeting will be held at the Plainview-Old Bethpage Public Library, 999 Old country Road in Plainview, starting promptly at 8 p.m.

Michaels had seven heart attacks before reaching the age of 40, culminating with a double Bypass operation in 1980, and then turned to running as an avenue to rehabilitation and renewed physical well being. Since then he's run in more than 165 races, including 13 marathons and 17 ultramarathons. In 1985, his running log included the Long Island 12 Hour Ultramarathon, the Jersey Shore Marathon, the New York City Marathon and the Sri Chinmoy 24 Hour Run. His longest run has been a jaunt of 581 miles in 21 days from Toronto to New York City.

He's now 44, and his goals are simple and direct—to run around the world promoting cardiac rehabilitation through physical fitness. Using himself as an example, he wants to show people that almost any handicap can be overcome.

It has been said that Joe Michaels is literally running for his life—and winning! He is a dynamic and entertaining speaker who has a message of vital significance to everyone.

The general public is cordially invited to attend this most important meeting. For more information, call POBRRRC President Mike Polansky at 433-0919 (evenings).

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Mrs. Baron's kindergarten class.



Mrs. Goldstein's class, left to right, Teacher's Aide Ann Harkins, Kirsten Cammarano, Loretta Clark, Tojo Varkey, Lauren Parker, Christopher Verini. Absent: Brooke Campbell.



Mrs. Meyer's class serves pizza, chips and punch.



Mrs. Meyer's 4th grade class.



Mrs. Carol Stern's class.



Mr. Mandel's 4th grade class.



Mrs. Ullrich's 3rd grade class.



Mrs. Koblica's sixth graders during their holiday celebration.

Dutch La. Students Help Families

The children of Dutch Lane School have joined together this year to give loving support to families of children being treated for leukemia and other serious illnesses. The kindergartners, under the direction of Miss Kiely, baked and decorated five beautiful Gingerbread Houses which were raffled off. They were helped by Messrs. Provost's, Smith's, and Ms. Yannone's sixth graders who sold the raffles during their lunch hours and Mr. Steinhardt's fifth graders who printed and numbered the raffles on the computers. Ms. Katcher's reading lab students and Mrs. Karpf's resource room students were responsible for publicity. The proceeds of \$247.99 were donated to the Ronald McDonald House in New York City which is a home away from home for the sick children and their families. In addition to providing lodging facilities, it gives families facing similar emotional situations the opportunity to lend and receive support, understanding and love. Timmy Glover and Kathy Rombach made the presentation of the check to Ms. Christine Markunas, on behalf of the Dutch Lane students. Miss Kiely's students picked the winning numbers and the Gingerbread Houses were presented to winners, Bryan Walker, Frank Bottitta, Guy Carloni, Joe Barile, and Jay Marchese by Mrs. Nancy DeSorbe, Principal of Dutch Lane School.



Road Runners Winter Fun

All local runners are invited to participate in the annual Winter Fun Run to be hosted by the Plainview-Old Bethpage Road Runners Club on Saturday morning, January 19.

The Fun Run will start and finish at Woodbury Super Star Sneakers and Sports, Woodbury Mall (Jericho Turnpike and South Woods Road) at 8 on the morning of the 19th. Runners will have their choice of running a 3.1 mile route, a 5.8 mile route or a 9 mile route through the scenic country roads of Woodbury, Syosset and Laurel Hollow. All routes have been accurately measured and are clearly marked.

The Run will be followed by a hearty "bagels plus" breakfast buffet back at Super Star. There will be a special gift for everyone who participates, and an enjoyable morning is guaranteed.

Everyone is welcome, no matter how fast or how slowly you intend to run. Join us for a pleasant, noncompetitive run with friendly companions.

Call POBRRC's Sam Zing at 938-2549 for more information.

LEGAL NOTICE TO THE TAXPAYERS OF THE HICKSVILLE FIRE DISTRICT

NOTICE IS HEREBY GIVEN that a resolution was duly adopted by the Board of Fire Commissioners of the Hicksville Fire District, Town of Oyster Bay, County of Nassau, State of New York, on the Twenty Third day of December, 1985, subject to a permissive referendum as provided for by 6-G of the General Municipal Law.

An Extract of the resolution is as follows:

The Hicksville Fire District maintains a Capital Reserve Fund under Sec. 6-G of the General Municipal Law in which account there is sufficient funds to accomplish the purposes herein after, set forth, namely, a 4 Door Station Wagon with appropriate equipment, radio, and warning lights, and it is proposed to purchase the said specific type of equipment in order to maintain the high standards of performance of the Hicksville Fire Department in the discharge of their duties in preserving the lives and property of the residents of the Hicksville Fire District. The resolution further provides that there be transferred from the present Capital Reserve 6-G Fund of the Hicksville Fire District a sum not to exceed Twenty Five Thousand Dollars and the District Treasurer is authorized to effect such purchase.

This resolution shall not take effect until February 7, 1986 unless in the meanwhile a permissive referendum as provided for in Sec. 6-G of the General Municipal Law is required to be held.

BOARD OF FIRE COMMISSIONERS

Dated: Dec. 23, 1985
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YOU CAN'T BEAT IT!

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Don't spend money on false promises

By Shirley Bright Boody
Registered Dietitian

Dear Shirley: I recently saw an ad for a weight-loss product that contained something called CCK. What is CCK? Is it safe?

I was thinking about buying it for my daughter because she is about 35 pounds overweight. Do you think this stuff would help her?

I'm not usually in favor of taking pills, but if it's not harmful and would make her lose weight, I will send away for it. Please answer as soon as you can. — J.A.

Dear J.A.: CCK means cholecystokinin, which is a hormone that was advertised nationwide and sold by mail and in certain health food stores. However, the Food and Drug Administration has told both the manufacturers and distributors to discontinue it because there is no proof that it is either safe or effective.

According to FDA scientists, these products probably are ineffective when taken by mouth. The hormone is a protein, and will simply be digested.

Don't spend money on false promises.

Dear Shirley: I have been on a "health diet" and I take lots of vitamins and minerals. I am taking about 30 brewer's yeast pills a day to get extra iron and B vitamins that I know I need.

My question is, if I am taking all these things to improve my health, how come I don't feel better?

I have had a miserable pain in my abdomen for weeks, but when I went to the doctor he said there was nothing wrong with me. How can I have this pain all the time and have nothing wrong?

Do you think I need more vitamins? Do vitamins help pain? — Larry G.

Dear Larry G.: Vitamins have no effect on pain. You probably are taking far too many pills now, and that could be part of the problem. Did you tell your doctor that you were taking so many brewer's yeast pills?

I can't give you a diagnosis, of course, but overconsumption of brewer's yeast can cause problems. While it may contain B vitamins, protein and iron, it also contains other compounds that, when taken in excess, can lead to a false diagnosis of porphyria, a rare blood disease. Persistent abdominal pain is a classic sign of porphyria.

Stop taking the yeast pills and you may feel better. Call your doctor and tell the truth about your overdosing on brewer's yeast pills and also about all the other vitamins and minerals you take. You could be causing yourself a lot of unnecessary problems.

Dear Shirley: I have a 3-month-old baby girl and I am breast-feeding her.

I recently read an article that said women like me need more vitamin B6. I am already taking the vitamins my doctor prescribed, but I wonder if you can tell me what foods I could eat to get more of the B6 vitamin. — Mrs. S.G.

Dear Mrs. S.G.: Some of the richest sources of vitamin B6 are light chicken, liver, navy beans, bananas and walnuts. They each contain over 0.5 milligrams per 3-ounce serving.

The same amounts of tuna, halibut, avocado and peanuts contain more than 0.4 mg.

You can get about 0.3 mg. from a serving of beef, dark meat of chicken, veal, salmon and ham.

Lamb, corn, cauliflower, both white and sweet potatoes, raisins, prunes and shredded wheat will add another 0.2 mg. to your diet.

At this age, you can do a lot of damage to your body.



You're picking her up at eight and your face looks like a pizza. Welcome to teenage land. A place where you can do as much damage to your body as it's trying to do to you. But you can also do your body a lot of good—simply by watching what you put into it. By cutting down on foods that are high in fat and cholesterol—like fatty meats and fried foods. And substituting foods that are lower in fat—like fish, poultry and lean meat. By replacing whole milk and cheeses with skimmed-down versions. It all adds up to a diet that helps keep your weight controlled, your energy level up and your blood cholesterol level low. And any way you look at it, looking good and feeling good can make the journey through teenage land a little less awkward. And maybe just a little more awesome.

WE'RE FIGHTING FOR YOUR LIFE



American Heart Association

Pianist Schubert To Perform

A performance by pianist Lawrence Schubert on Sunday, January 19, at the Bethpage Public Library, will be the fifth offering in the 1985-86 "Distinguished Artists Concerts" series, according to Oyster Bay Town Councilman Angelo A. Delligatti.

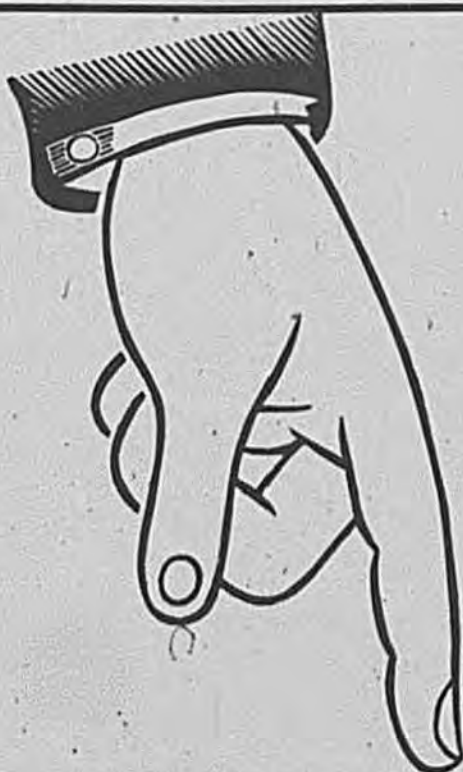
The concert, which is being sponsored by the Cultural and Performing Arts (CAPA) Division of the Department of Community Services, will be held at the library, 47 Powell Avenue, beginning at 3 p.m. For further information, contact CAPA at 795-5443.

"Lawrence Schubert enjoys a well-established reputation on Long Island, both as a teacher and performer," Delligatti

stated. "His four recitals at Carnegie Hall received exceptional critical acclaim, and he has performed throughout the eastern United States, in Venezuela and in England in solo recitals as well as with leading orchestras."

Selections for this performance will include six sonatas by Scarlatti, Sonata in C Minor, Opus 13 "Pathétique" by Beethoven, Chopin's Scherzo No. 3 in C Sharp Minor, Op. 39 and Etampes by Debussy.

Delligatti noted that this concert is being supported by grants from National Westminster Bank USA, Apple Bank for Savings and Cablevision.



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**LEGAL NOTICE
CERTIFICATE OF
LIMITED PARTNERSHIP
OF LECK-38**

LIMITED PARTNERSHIP
FIRST: The name of the Partnership is **LECK-38 LIMITED PARTNERSHIP.**

SECOND: The nature of the Partnership's business shall consist of and be to engage in the business of owning and leasing real estate and making investments of every kind and nature whatsoever, and in connection therewith, to purchase or otherwise acquire, own, hold, manage, operate, develop, exploit, improve, maintain, mortgage, or encumber, lease, sublease, sell, transfer, option or otherwise dispose of, and generally to deal in and with property of any character or description whatsoever real, personal or mixed, tangible or intangible, and whatsoever situated or evidenced, and any interest rights, estates and privileges therein. In furtherance of the purposes of the Limited Partnership, the Limited Partnership shall have the power to do any and all other things whatsoever necessary or desirable in connection with the foregoing.

THIRD: The location of the principal place of business of the Partnership in New York is 135 Crossways Park Drive, Woodbury, New York 11797.

FOURTH: (a) The name and principal place of business of the General Partner is: **NAME** William J. Leck **ADDRESS** 45 Roxbury Road, Rockville Centre, New York 11570.

(b) The names and places of residence of the Limited Partners are: **NAME** Leck Industries Ltd. **ADDRESS** 135 Crossways Park Drive, Woodbury, New York 11797; **NAME** James F. Quinn **ADDRESS** 16-45 200th Street, Bayside, New York 11360; **NAME** Joseph C. Vinci **ADDRESS** 8 Forest Avenue, Peekskill, New York 10566.

FIFTH: The term for which the Limited Partnership is to exist is from the date of filing the Certificate until December 31, 2010.

SIXTH: The Partners shall contribute the following sums to the capital of the partnership: **NAME** William J. Leck **AMOUNT** \$73,950; **NAME** James F. Quinn **AMOUNT** \$15,225; **NAME** Joseph C. Vinci **AMOUNT** \$15,255; **NAME** Leck Industries Ltd. **AMOUNT** \$40,600.

In addition to the foregoing cash capital contribution, Leck Industries Ltd. shall contribute to the partnership capital all of its right, title, and interest in and to certain real property presently under a contract of sale dated October 17, 1985 between Jay J. Raddock, as Seller, and Leck Industries Ltd., as Purchaser and a building contract dated October 17, 1985 between Jack Conner, Inc., as Seller and Leck Industries Ltd., as Purchaser.

SEVENTH: No Limited Partner shall have the right to demand the return of his or her capital contributions to the Partnership except upon his or her withdrawal from the Partnership, which withdrawal is limited by the terms of the Partnership Agreement.

LEGAL NOTICE

EIGHTH: For each Fiscal Year, all net income or net losses for each Accounting Period, and all Unrealized Profits or Unrealized Losses for each Accounting Period, shall be allocated as follows: (a) Leck Industries Ltd. 28%; (b) William J. Leck 51%; (c) James F. Quinn 10.5%; (d) Joseph C. Vinci 10.5%.

NINTH: No Limited Partner shall sell, assign, pledge or otherwise encumber or dispose of all or any part of his or her interest in the Partnership (including any beneficial interest therein), without the prior written consent of the General Partner. Additional Limited Partners may be admitted with the prior written consent of the General Partner.

TENTH: No priority is given to one or more of the Limited Partners over the other Limited Partners as to contributions or as to compensation by way of income.

ELEVENTH: The Partnership shall continue after death, bankruptcy, incapacity or retirement of the sole General Partner, if a temporary General Partner is designated by unanimous consent of the Limited Partners and if such temporary General Partner files written notice within 30 days of said notice to be bound by all of the relevant terms of the Partnership Agreement.

TWELFTH: No right is given to any Limited Partner to demand or receive property other than cash in return for his contributions.

SA 7316
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LEGAL NOTICE

CPR Realty Co., c/o Daniel W. West, 50 Jericho Turnpike, Jericho, New York 11753. Substance of Certificate of Limited Partnership filed in the Nassau County Clerk's Office November 20, 1985. Business: acquire, own & operate real estate. General Partner: Daniel W. West, 280 Circle Road, Syosset, New York 11791. Limited Partner: Cash Contribution & Share of Profits: Joan C. West, 280 Circle Road, Syosset, New York 11791, \$1,000, 70%. Partnership will continue until earliest of (a) December 1, 2020; (b) a determination by the General Partner that the partnership be dissolved or terminated; or (c) disposition by the partnership of all property and mortgage it may hold or interest it may acquire in exchange for disposition of the property. Additional contributions to be made. A Limited Partner may substitute an assignee in his place. The General Partner may admit additional Limited Partners. No Limited Partner shall have priority over other Limited Partners as to contributions or as to compensation.

JNJ 7730
6x 11/29; 12/6, 13, 20, 27; 1/3

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Williston Times, New Hyde Park Herald Courier,
Bethpage Newsgram, Jericho News Journal
and The Garden City News

The newspaper edition that helps discover new writers, new ideas
through Input and special family features.



DISCOVERY

Friday, January 3, 1986



Clues Through Printraks

See Page 3



THE QUESTION OF THE WEEK

Do you think that homeless people should be forcibly taken from the streets during the cold winter months?



"I don't care how cold it is, I'm not going to a shelter for the night. Last time someone rounded me up like this, I ended up on a bus to some bhagwan's religious commune in Oregon!"

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(your message can be anonymous)
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Input Callers Concerned But Not Deterred In Flying

Most callers to Input are more uneasy about flying in answer to this question: "Does news of air crashes make you hesitate to travel by plane? Do you feel uneasy about safety when flying?"

MORE UNEASY

Yes, I am more than a bit uneasy about flying. I am terrified in the first twenty minutes of the flight when the "lift off" occurs. After I am aboard for a while I calm down until the landing is ready. The news of crashes scares me plenty and I am especially unhappy to find that there have been maintenance problems with some airlines. I try to avoid them.

K.R.

REGULAR FLYER

Since I fly two times a week to various points in the U.S. I am not really that afraid when flying. I would say that it resembles the concern anyone has in getting into a car. We have heard about many car crashes but we always believe that it will happen to someone else. Since flying is a necessity in business for many of us we cannot worry too much about it.

J.E.

EVERYTHING HAS RISKS

Of course the last flight crash in Newfoundland was bad news and it made me wonder whether or not to take a vacation flight on a plane. After sitting down calmly and talking it over I decided that almost everything in life has some risks in it and that there are not really that many crashes in airlines so I will go on my trip. I think I am no different than anyone else.

G.E.

NO UNKNOWN AIRLINES

I definitely will not fly any unknown airlines. Sometimes travel agents merely tell you that they have you booked for a flight and do not think to ask if the airline is one you want to fly. From now on I give my order with a notation that it must be one of the major scheduled airlines. While they do not always have a perfect record I think they will have better mechanical personnel to back up the planes and they do not have to cut corners on my safety.

N.E.

THE GOVERNMENT

I think that the government itself is somewhat to blame for not having enough inspectors to check the mechanical work on airlines and this may have come from too much budget cutting where it is important. The air controllers also are among a group that has faced budget cuts. If this means less safety then it is absolutely not worth it.

K.W.

NOT DETERRED

The headlines on an air crash are scary because whenever a plane goes down there are usually a great number of people killed. But with cars there are only a few at a time so the headlines are seldom large. I am not particularly worried that there will be a crash so I intend to fly as much as I am able to and take my chances on long trips. I am more afraid of hijackers than of the plane crashing but it still will not stop me from flying.

W.R.

GOOD ODDS

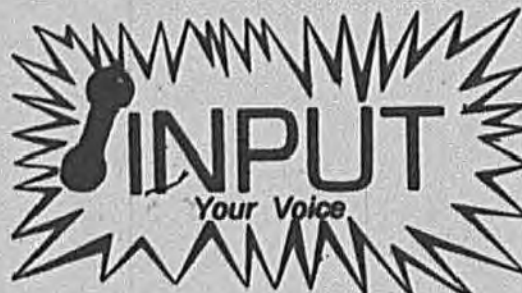
As usual when there is any great disaster such as the crash in Gander Newfoundland, there will be some people who will cancel their trips. But most will realize that the odds are very good for a safe flight. I will not let this hysteria get to me and I intend to fly to Hawaii next month.

G.J.

SOME FATALISM

After my retirement, years have passed since I last boarded a plane. Prior to that I flew many, many thousands of miles both here in the U.S. and overseas. At one time I practically shuttled between Geneva and Paris by air. So, perhaps, less credence would be given to my opinion of air travel under today's conditions as opposed to my previous experience when things were less volatile. Still, I believe that there is a certain amount of fatalism involved in any form of transportation at any time. I've been on a plane that took 48 hours to reach Buenos Aires. Yet, all I worried about was the heat and discomfort. Another time, it took me two days to reach Geneva with crisis setdowns throughout the trip as the fire warning signal in the cockpit kept the crew on constant alert to determine the cause. I think I was probably only one of just a few passengers who finished the trip and yet my chief concern was the delay in returning home to Geneva in time for Mother's Day. And, there were other problems like the time we "lost" an engine on the way to Europe having to set down in Gander. Today, terrorism is more the fashion and air crashes are epidemic and yet I don't believe it would deter me from traveling by plane if I had plans to do so. I would feel no reluctance and I am sure I would not feel any fear once I got settled. Perhaps the nearest thing to fear of air crashes is the atmosphere which is created as the plane circles above the clouds at the arrival point with the engines practically idling and with an atmosphere of uncertainty building up as passengers, increasingly uneasy, contribute to the tangible quiet which builds up prior to that final approach to the landing field. Even we who do not hesitate to fly do experience a very welcome feeling of relief as we touch down on the runway.

P.G.S.



DINING GUIDE

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READER RATINGS

SUNDAY BRUNCH

We tried the Barrister's for brunch on Sunday and found it to be a very fine experience. There are a number of other good places for Sunday brunch and this is one of them.

The menu is a big one going from eggs benedict through quiches to banana, strawberry or blueberry crepes.

One of us had eggs benedict and a champagne orange cocktail and the other a quiche Lorraine and salad. The entire brunch including the drink and coffee was reasonably priced at \$5.95 per person. And if you do not want the brunch they told us that anything from the luncheon menu could be ordered. We recommend the Barristers.

R.W.

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DINING GUIDE

READER RATINGS

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Q. Every time I take my mother in law out to dinner she insists in taking half her meal home in a "doggy bag". Frankly I feel embarrassed!

A. There is no need to be embarrassed. Your mother in law, like many older persons, probably has a small appetite. If she enjoys her "doggy bag" meal the next day in a delicious sandwich, who can blame her?

Food is too expensive to waste. I give your mother in law credit for her common sense.

Q. The other day I was sitting in a restaurant with a friend when a man at the next table snapped his fingers to call the waiter. What is your opinion?

A. While it is considered proper in some parts of the world to summon a waiter by snapping fingers, clapping or whistling, in our own country this kind of behavior would be thought rude.

The best way to call a waiter is to catch his eye and then signal with your hand. If this doesn't work, you may call out "waiter" or "waitress" (not too loudly). If all else fails, you may ask a busboy or another waiter to get your own waiter for you.

Q. As a newly hired woman executive with a large score I will soon be taking male clients to lunch on occasion. What is the best way to handle payment of the check?

A. A credit card would be your best solution. Another possibility would be a charge account with a good local restaurant.

The bills could then be presented to your employer.

Q. Last week, while eating in an elegant (and quite expensive) French restaurant I saw a teenager sitting near me combing her long blonde hair at the table. Her parents seemed unconcerned!

A. The young woman's behavior was inexcusable. Arranging one's hair in a public place is always a breach of etiquette.

Her parents should have suggested that their daughter make a quick trip to the ladies room to fix her coiffure.

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READER RATINGS

Q. Is it allowed for a restaurant to include a tip, automatically, on the bill for food ordered? A friend and I had that happen recently and resented it because the service was very poor and we felt a tip was not in order. Please answer.

A. No. In this country the custom is not to add any tip to the bill and unless the menu stating the prices clearly says that this will be done it is not correct. Most people would not be happy with that system in the U.S. because diners have always had a flexible tip system in which they could give a better tip for better service and if this is not kept then the tip is just a fee.

Q. When I am on a diet I find it difficult to find things at restaurants. What do you suggest? C.B.

A. The suggestion is that you check the ads and call restaurants. Many of them have special diet plates that will be just what you are looking for. Some restaurants will allow substitutions and you can make your own plate but you cannot be sure of this unless you check the restaurant policy in advance.

Q. When one approaches a receiving line and is asked to give a name, does one say, "Mrs. Jones" or "Mrs. John Jones" or "Mr. Jones" or "John Jones"?

T.F.

A. You just say, "Mrs. Jones" or "Mr. Jones", or more usual now, "John Jones". If you are a very special Jones, the person who introduces you finally to the guest

DINING GUIDE

of honor sometimes has the opportunity to define you, as it were. The receiving line should never be held up for lengthy conversations, however.

Q. Is it really true that cutting one's salad with a knife is bad

manners? Sometimes the pieces of lettuce are so large they are hard to manage.

A. There is no reason why large salad pieces cannot be cut with a knife if necessary. Far better to do so than to choke on one's food!

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READER RATINGS



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ELEGANT MENU

For a successful celebration, I doubt we could have planned a better party than our double birthday brunch for ten at the George Washington Manor last Sunday. The ambience was beautiful with early eighteenth century furniture and appointments. The menu was elegant and included champagne which was a great way to celebrate the occasion. The food, the cheerful service, the fireplaces, the view on all sides were memorable. We all came away on cloud nine, and the consensus was that we should do this every year! E.P.

HIGH PRAISE

A number of years ago we had been to the Colonial Inn in Mineola and we were not so impressed with the restaurant although it always was good. Last week we noticed that it was under new ownership and stopped in again. We like the Colonial Inn and we like its great stuffed pork chops with the apple and raisin stuffing. This restaurant is one that we would recommend to all of our friends. The new management is to be commended for improving the menu and not overpricing the food. Tell everyone about it. N.R.

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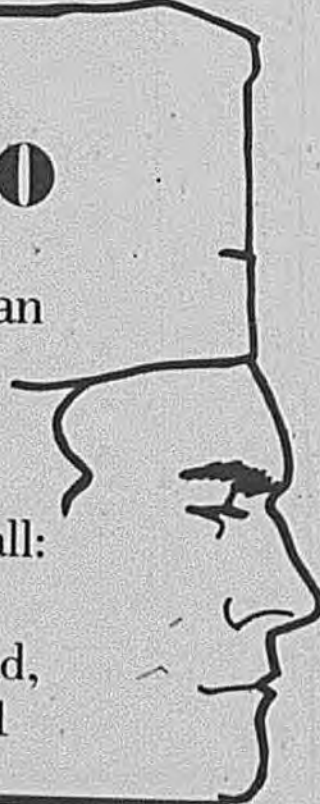
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READER RATINGS

TOPS IN DINNERS

The New Hyde Park Inn is a landmark on Jericho Turnpike in New Hyde Park. Most people have been there many times for one banquet or another. Throughout the years it has served as a top catering hall for many affairs.

As a restaurant it is equally good. We went there last week and found that it has a full menu for dinner and that all of the good things that were at banquets can be had in the restaurant. Because it is a festive type place it is a great one to celebrate a birthday as we did. Tell your readers that the New Hyde Park Inn is tops for dinners. We know. We were there.

Y.R.

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Cooking Corner



See-and-do — and cook!

By Antonia Allegra

Cooking boned chicken legs with wild rice and mushrooms to be served with a rich sauce is one of the last pastimes Lori Kyle would consider fitting into her busy life.

The young woman, who works as a hotel operations manager, is used to living under the demands of the high-pressure hotel life. That schedule does not afford time to cook lavish meals or pursue cooking classes, although Kyle enjoys eating good food and "occasionally putting a simple meal together."

Twenty years ago, buying an in-kitchen rotisserie might have tempted Kyle to step into the culinary arts. Ten years ago, she might have eyed a food processor to enhance her infrequent cooking pattern. But, following today's trend of see-and-do cooking, she wanted to try food preparation with video direction.

The videocassette cooking classes and technique tapes that first made the scene early last year are slowly becoming more standard than trendy. Although expensive (the cassettes range from about \$20 to \$45), the VCR concept handily fits into today's lifestyle.

Novice or experienced, the cook can watch a lesson or recipe over and over until he is comfortable with the procedure. The food is clearly displayed in various forms, from raw food to prepared ingredients sizzling in a skillet to the blending of ingredients and the final presentation.

On a recent evening, Kyle chose to prepare Stuffed Chicken Legs with Wild Rice and Mushrooms in a creamed chicken liver sauce as taught by New York Times food editor Craig Claiborne in his "Craig Claiborne's New York Times Video Cookbook." (See accompanying listing of videos.)

The first challenge to the cook

was finding a place for the VCR and television screen in the kitchen. Unlike the convenience of a cookbook, which can be propped anywhere in the kitchen and occasionally referred to, the setup is bulky. Some cooks with difficult-to-move televisions will need to beat a path between the family room TV and the chopping block.

Planning ahead, Kyle realized that there would be times when she would wish to rewind, play back or skim the tape forward when her hands would be wet or covered with food. To overcome dirtying the VCR control buttons, Kyle placed a sheet of plastic wrap over the mechanism, creating a disposable, transparent spatter guard.

The fledgling cook continuously ran the tape back and forth to watch Claiborne's knife technique as he exposed and removed the chicken bones. As he deftly pointed the knife into the meat, she attacked the chicken leg with one knife, decided that the knife was not sharp enough and started with another. Better results. Desperation was the look on her face until, after about 17 minutes, she had boned the first leg. The third leg took five minutes to bone and the fourth leg was boneless within three minutes.

Following Claiborne's instructions, Kyle stuffed the ready chicken legs and prepared to wrap them in plastic wrap, as called for in the recipe, which then steams the stuffed, wrapped food.

The method of plastic wrapping took Kyle five reruns to grasp the technique.

When asked for her observations, having cooked her way through a recipe that she had earlier claimed she would never attempt if she saw it in a book, Kyle said, "I like the fact that I can learn at my own convenience. I can stop the tape

and play it over and over until I get what I'm supposed to do next."

She continued, "Actually, learning to cook this way is the best of both worlds — you have the little cookbook to go by and his (Claiborne's) presentation, too. It's kind of comforting to have him there. He makes it look so easy. And I feel that I know him personally now."

And what was her assessment of the boning lesson? "I would certainly say this is a success. I mean, the fact that I can actually bone a chicken leg and thigh and find out how easy it is to do is incredible."

HOW TO BONE A CHICKEN LEG WITH THIGH ATTACHED

Do not separate legs from thighs. Using paring knife or boning knife, carefully cut down to bone of each thigh. Do not cut through skin.

Starting at top of each thigh, cut and scrape flesh from bone, working downward as neatly as possible, leave bone bare. Work down around leg bone, scraping almost to bottom of it.

Hack off and discard knob of leg bone, leaving 1/4-inch or more of bone tip intact. At this point leg and thigh should be inside out. Reshape boned legs and thighs for stuffing.

STUFFED CHICKEN LEGS WITH WILD RICE AND MUSHROOMS

- 4 boned chicken legs with thigh attached (about half a pound each before boning)
- 2 tbsps. butter
- 1/4 cup finely chopped onion
- 1/4 cup finely chopped shallots
- 1 cup mushrooms cut into 1/4-inch cubes
- 3/4 cup cooked Wild Rice (recipe follows)
- Salt to taste, if desired
- Freshly ground pepper to taste
- 2 tbsps. cognac
- Creamed Chicken Liver Sauce (recipe follows)
- Basil leaves, truffle slices for garnish, optional

Prepare chicken legs and set aside.

Heat butter in skillet and add onion and shallots. Cook, stirring until wilted. Add mushrooms and cook about 1 minute, stirring. Add wild rice, salt and pepper to taste. Sprinkle with cognac and stir. Remove from heat and let cool.

Stuff each chicken leg with equal portions of filling. Carefully fold over boned thighs to enclose filling. Lay out 4 squares of plastic wrap, 1 square at a time. Place 1 stuffed leg in center and carefully fold plastic wrap to enclose stuffed pieces. Wrap securely.

Place stuffed chicken legs in 1 layer in top rack of steamer. Set aside. Add enough water to boil in bottom of steamer to steam chicken legs when added.

When ready to cook, place chicken legs over steamer and cover closely. Let legs steam about 20 minutes or until done. Place 1 stuffed chicken leg on each of 4 hot plates. Spoon some of hot sauce over each serving. Garnish with basil leaves, truffle slices or chopped parsley.

Makes 4 servings.

WILD RICE

- 1/2 cup wild rice
- 1 tbsp. butter
- 1/4 cup finely chopped onion
- Salt and freshly ground pepper to taste
- 1 1/4 cups chicken broth

Rinse rice in several changes of cold water. Melt butter in small saucepan and add onion. Cook until wilted. Add rice and stir. Add salt and pepper to taste. Add broth and bring to boil. Cover closely, let simmer 45 minutes or until rice "blossoms" and is tender. If any liquid remains, uncover and cook until liquid evaporates, stirring occasionally.

Makes 2 servings.

CREAMED CHICKEN LIVER SAUCE

- 3 chicken livers, picked over to remove any connecting membranes
- 3 tbsps. butter
- 2 tbsps. finely chopped shallots
- 1/4 cup dry white wine
- 1/2 cup fresh or canned chicken broth
- 1 1/4 cups heavy (whipping) cream
- Salt to taste, if desired
- Freshly ground pepper to taste

Heat 2 tablespoons of butter in small skillet and add chicken livers. Cook over moderately high heat, turning livers as necessary, until they lose raw look. Set aside.

Meanwhile, heat remaining tablespoon of butter in saucepan and add shallots. Stir until wilted. Add wine and broth to shallot mixture and cook until liquid is reduced to about 1/4 cup. Add 1/4 cup of cream to livers and bring to simmer. Let cook about 2 minutes and remove from heat.

Add remaining cup of cream to shallot mixture and cook over high heat about 3 minutes or until reduced to about 1 cup. Pour this sauce and chicken liver mixture into container of electric blender. Blend on high speed to fine, smooth liquid sauce. Add salt and pepper to taste.

Return sauce to saucepan and reheat. Serve with boned chicken legs.

Makes about 1 cup sauce.

The following recipes are included among Claiborne's video recipes.

JANICE OKUN'S BUFFALO CHICKEN WINGS

- 24 chicken wings, about 4 lbs.
- Salt, if desired
- Freshly ground pepper
- 4 cups peanut, vegetable or corn oil
- 4 tbsps. butter
- 2-5 tbsps. Frank's Louisiana Red Hot Sauce, bottled (see note)
- 1 tbsp. white wine vinegar
- Blue Cheese Dressing (recipe follows)
- Celery sticks

Cut off and discard small tip of each wing. Cut main wing bone and second wing bone at joint. Sprinkle with salt, if desired, and pepper to taste.

Continued On Page 11A

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Heat oil in deep-fat fryer or large casserole. When it is quite hot, add half of wings and cook about 10 minutes, stirring occasionally. When chicken wings are golden brown and crisp, remove and drain well. Add remaining wings and cook about 10 minutes or until golden brown and crisp. Drain well. Melt butter in saucepan and add hot sauce and vinegar. Put chicken wings on warm serving platter and pour butter mixture over them. Serve with Blue Cheese Dressing and celery sticks.

Makes 4 to 6 servings.

Note: Although other versions of hot sauce bottled in Louisiana may be substituted, Frank's label is essential for total authenticity.

After Work Gourmet



The Chinese shelf

By Paul Bensen and
Evander Preston

Chinese cooking has become tremendously popular in this country over the last several years. Millions of American kitchens have a well-used wok hanging on the wall, and restaurants offering authentic regional Chinese cuisine are thriving in almost every major U.S. city.

Both of us have been experimenting with Chinese cooking for years, because it offers an almost endless variety of dishes to appeal to every taste. Most Chinese dishes are both healthful and inexpensive, since they often make use of vegetables and depend on intriguing tastes and textures, rather than large amounts of meat, for their appeal. Almost all of the Chinese dishes we prepare are made in the wok, so cooking time is usually just a few minutes.

Once the aspiring Chinese chef has bought a wok and a couple of cookbooks, he is likely to be puzzled by some of the ingredients the recipes call for — many Chinese dishes depend heavily on ingredients unheard of in traditional American cooking. In many cases, there is no substitute for the Oriental ingredient.

When we visit cities that have a large Chinese population, such as New York, San Francisco or Montreal, we make a point of finding the stores where resident Chinese do their grocery shopping. These stores often have very good buys on Oriental cookware, dishes, utensils and ingredients, and the sales staff is almost always very helpful and informative.

Most metropolitan areas now have at least one Oriental specialty food store, so ingredients that were once almost impossible to find in this country are now readily available. We felt that a list of these ingredients, which readers can take with them to an Oriental market, would make an interesting and helpful column.

There are Oriental specialty foods stores in almost every metro-

politan area that carry all of the items we've listed. You will find several listed under "Oriental Food Products" or "Oriental Goods" in the Yellow Pages of the telephone book.

Our list below includes the staples that we always have on our Chinese shelf. We have talked with other cooks who enjoy preparing Chinese food, and they also use most of the same ingredients. We have omitted some of the items that we keep on hand but use only occasionally (shark fins and quail eggs come to mind), since these would be of little interest to most cooks. For the most part, today's list should provide the specialty items necessary for nearly all the Oriental recipes you're likely to encounter. For ingredients which may be unfamiliar, we've provided a brief description.

Combine all ingredients in mixing bowl. Chill 1 hour or longer. Makes about 2½ cups.

BLUE CHEESE DRESSING

- 1 cup homemade mayonnaise
- 2 tbsps. finely chopped onion
- 1 tsp. finely minced garlic
- ¼ cup finely chopped parsley
- ½ cup sour cream
- 1 tbsp. lemon juice
- 1 tsp. white wine vinegar
- ¼ lb. crumbled blue cheese
- Salt to taste, if desired
- Freshly ground pepper to taste

tightly sealed jar and refrigerated; change water every two days).

Oyster sauce — Used in many Chinese beef, vegetable and seafood recipes.

Plum sauce — A must for cooking many provincial Chinese recipes.

Straw mushrooms — Canned. Dried mushrooms — Soak in warm water before using. Fresh Oriental mushrooms are sometimes — though rarely — available at specialty food stores.

Hoisin sauce — Literally, "seafood" sauce. A thick, brownish-red sauce, spicy, salty and sweet. Made of water, garlic, chili, flour and spices. Used in cooking or as a condiment for seafood.

Chili paste (also called hot bean paste) — Commonly used in spicy Chinese dishes.

Chili-garlic sauce — Excellent in many recipes, both Chinese and Occidental.

Five-spice powder — Consists of five or more spices, which generally comprise some combination of star anise, anise pepper, fennel, cloves, aniseed, nutmeg, Szechuan peppercorns and cinnamon. Excellent (used sparingly) for seasoning poultry and meat.

Transparent vermicelli — Not to be confused with the Occidental pasta of the same name. Available in nearly all Oriental food stores.

Chinese flat egg noodles — Excellent in salads and in main dishes in place of rice.

Fermented black beans or black bean paste — Used in many sauces and as an ingredient in main courses, especially in Hunan and Szechuan recipes.

Bean curd (tofu) — used whole, sliced, shredded or cubed in a variety of Chinese main dishes.

Dried peppers — Oriental peppers are generally much hotter than the hot chilies sold in most supermarkets — so use them with care. Red and green Oriental peppers are also sometimes available fresh or frozen. Test just a little bit of the peppers for hotness before you spice a whole recipe with them.

Szechuan peppercorns — Often sold by Oriental specialty stores in bulk or in unmarked plastic bags. Ask about the peppercorns, to make sure you're getting the right item. Use sparingly. Don't try to substitute black pepper.

More exotic items

Tree ears (also called wood ears, cloud ears, wood fungus) — Related to mushrooms, but with a distinctive taste. Soak in warm water and rinse thoroughly before using.

Preserved Szechuan vegetable (also called Szechuan radish or Szechuan chili radish) — Usually sold in cans, but occasionally available in bulk. Will keep in refrigerator, in a tightly sealed container, for several weeks.

Dried tiger lily buds — Often used in soups and in poultry dishes; soak before using, and cut off and discard tough end pieces.

Chinese ingredients available fresh at most supermarkets

- White Chinese cabbage (bok choy)
- Bean sprouts
- Snow peas
- Fresh ginger root



To Owners of Good Restaurants:

This Is Your Chance To Join "Reader Ratings"

The Last Word In Restaurant Guides

Where Our Readers

Have The Last Word

This newspaper, and the seven other weekly newspapers associated with it, publishes the last word in restaurant guides — a past listing of many prominent selected restaurants in this area. While many of them have been rated by the great and near great food commissioners, our readers will have the last word through "Reader Ratings".

Through a special 24 hour phone system, readers will be asked to call in their assessment of each restaurant they visit. Consensus ratings (good or bad) will be published as a continuing part of the guide.

In addition they can make suggestions, compliments or criticisms through the open phone line and messages will be sent through to the restaurant management.

(Guide to Good Dining)

Vegetarian View



Enjoy a happy meatless new year

By Diane Savage

The new year — it's a traditional time to make changes for the better. If you're overweight, you go on a diet. If you haven't been exercising, you start. If you smoke, you quit.

A fresh year, starting at Day 1, means you can start anew and leave the past behind you. If you've been considering going vegetarian, what better time than now to give up meat?

Whatever your reasons for such a decision, you'll be in good company. Notable vegetarians, past and present, include Plato, Leonardo da Vinci, Leo Tolstoy, George Bernard Shaw, Mahatma Gandhi, Albert Einstein, Albert Schweitzer — even Brooke Shields and Michael Jackson.

Isaac Bashevis Singer, winner of the Nobel Peace Prize, declared, "I'm a vegetarian for health reasons — for the health of the chicken."

If you've been leaning toward vegetarianism, there's no time like the present to make the commitment — for the sake of the animals, and for your own health.

It has been well established that on the whole, Americans eat far too much in the way of meats and dairy products. Overconsumption of these high-fat, high-cholesterol foods has meant a dangerous increase in our country's rate of heart attack, stroke and cancer.

And aside from health considerations (yours and the chicken's), there's the matter of sheer waste. It takes a lot more land to grow the feed for raising livestock than it would to grow grains and vegetables for human consumption. You can do your part to ease the world hunger crisis simply by eliminating, or at the very least cutting down on, the meat in your diet.

Mother Nature has been very, very good to us. The possibilities for healthful and delicious vegetarian dishes are endless. Try today's recipes and you'll see how good a vegetarian meal can be.

Best wishes for a happy, and meatless, New Year!

HERBED BARLEY-NUT CASSEROLE

- 1/2 cup raw barley
- 2 cups water
- 3 tbsps. butter or margarine
- 1 cup minced onion
- 1/2 tsp. crumbled dried rosemary
- 1/2 tsp. ground thyme
- 1/2 tsp. ground black pepper
- 1 cup shredded carrot or zucchini, or combination
- 1 1/2 cups sour cream or plain yogurt
- 1/2 cup chopped walnuts
- Paprika

Rinse barley and place in pan with 2 cups water. Cover and bring to boil, then lower heat and simmer 45 minutes. Turn off heat and let pan stand on burner 15 minutes longer.

Turn barley into colander and drain well. Set aside.

Preheat oven to 350 F.

In skillet, melt butter and sauté onions until tender and transparent.

Combine all ingredients except paprika, tossing to blend well. Turn into lightly-oiled ovenproof casserole and dust top with paprika.

Bake in preheated oven 15 to 20 minutes, until heated through. Serves 4.

MIXED WINTER SALAD

- 1 small bunch fresh, raw spinach leaves
- 2 cups broccoli florets
- 1 cup sliced cauliflower florets
- 1 cup shredded red cabbage
- 3 stalks celery, sliced
- 1 large carrot, shredded
- 1/2 cup chopped green onion
- 1/2 cup sunflower seeds
- 1/2 cup vegetable oil
- 3 tbsps. vinegar
- 1/2 cup fresh parsley
- 1/2 tsp. Dijon mustard
- 1/2 tsp. dried dill
- 1/2 tsp. ground black pepper

Rinse spinach well, removing any coarse stems and wilted leaves. Dry and tear into bite-size pieces.

Combine spinach in serving bowl with broccoli, cauliflower, red cabbage, celery, carrot and green onion. Toss gently and sprinkle with sunflower seeds. Set aside.

To make dressing, combine remaining ingredients in container of blender and whirl until smooth. Serve with salad.

Makes 4 to 6 servings.

FRUITY BAKED APPLES

- 4 large baking apples
- 2 tbsps. raisins
- 1/2 tbsps. chopped dates or figs
- 1/2 tsp. ground cinnamon
- Dash ground nutmeg
- 1/2 cup honey
- 1 tbsps. melted butter or margarine
- 8 tbsps. water

Preheat oven to 400 F.

Wash and core apples, leaving about 1/2-inch at bottoms to hold filling.

In small mixing bowl combine raisins, dates, cinnamon and nutmeg. Fill apples evenly with fruit mixture.

Drizzle honey over filling of each apple, then brush tops of ap-

ples lightly with melted butter.

Place each apple on square of foil large enough to cover. Pour in 2 tablespoons water, wrap tight, and place in shallow baking dish.

Bake in preheated oven about 30 minutes or until apples are tender. Let stand several minutes before unwrapping and serving. Serves 4.

THE PERFECT COFFEE

Espresso or Viennese, the blend's the thing

By Gail Record

At one time, practically anyone could make a good cup of coffee. Mrs. Olson, of course, brewed coffee to perfection. Joe Dimaggio was no slouch, either.

Anyway how difficult could it be to make a pot of coffee? Coffee and water are the only ingredients. Coffee making should be a cinch.

Coffee drinkers today are finding that's not the case. The choices are endless. Does ground roast, instant or decaffeinated coffee brew the best cup? Do freshly ground beans really make a difference in taste? Which beans are better, those from Colombia or Guatemala, Brazil or Jamaica?

Once a coffee is selected, coffee lovers are deluged with an array of appliances, all designed to bring them "fresh coffee taste."

How did making a cup of coffee get so complicated?

Part of the answer lies in industry "advances" made in the name of convenience. Coffee grinders were as much a part of 18th century and 19th century households as television is today. Coffee beans were purchased in small amounts, then ground at home when needed.

Coffee making changed at the end of the 19th century with the introduction of the percolator. "A step backward in coffee-making history," detractors claim perked coffee picks up undesirable oils by being boiled and repassed through the used grounds. Nonetheless, perked coffee became an immediate success.

Coffee purists were further dismayed with the development of "vacuum-packed" ground coffee and instant coffee. Instant coffee is available powdered or freeze-dried. Powdered instant coffee is made by brewing coffee in huge containers and evaporating the water from the brew.

Freeze-dried instant coffee is made by converting freshly brewed coffee into an extract and freezing it in slabs. The slabs are ground into chunks and placed in pressurized chambers where the ice is drawn off, leaving dry coffee crystals.

Though instant coffee may represent the ultimate convenience to consumers, it has yet to win high marks for its flavor, aroma, body or taste. One coffee merchant calls instant a "blight on the name of coffee." But coffee drinkers find the convenience of instant irresistible.

Vacuum-packed coffees are not so lowly regarded as instant, but, like instant, vacuum-packed coffees become stale more quickly than freshly roasted coffee beans. Once opened, a can of vacuum-packed coffee should be consumed within seven to 10 days. During this period, quality is best maintained by storing the coffee in an airtight glass jar in the refrigerator.

Roasted coffee beans can be stored under the same conditions for three weeks to a month from the time the coffee was roasted.

Incidentally, coffee beans can be stored in a freezer for several months. Ground coffee should not be frozen for more than one month.

Why is coffee freshness so important?

Consider for a moment the roasting process. Green coffee beans do not have the characteristic coffee aroma. It is the aroma, developed during the roasting process, that gives a cup of coffee its flavor. If coffee becomes stale, the aroma is lost and the resulting brew will be flat and bitter.

For the ultimate in freshness, many people grind coffee beans at home.

For many, the next step is creating their own blends of coffee. To accomplish this, an overview of bean nomenclature is necessary. Coffees are named for their port of origin and/or the port from which the coffee was shipped. Sometimes, coffee is named for the region in which it is grown. Examples are Jamaican Blue Mountain and Hawaiian Kona — both expensive and highly regarded coffees.

Some countries also rate their coffees by size or quality of bean. Colombian Supremo and Kenya AA both are considered top quality coffees.

Coffees also are categorized by botanical species. There are two main species: coffee arabica and coffee robusta. The robusta variations are grown mainly in Africa, India and Indonesia. They are used mainly in instant coffees and blends and have about twice the caffeine content of arabicas. As a rule, arabicas are considered superior to robustas.

Coffees with European names such as French or Italian designate the length of time beans are roasted, not the country of origin. Generally, there are eight basic types of roast. From light to darkest they are: light roast, city roast (most commonly used in the United States), full-city roast, French roast (also called New Orleans roast), Spanish roast (also called French-Italian roast) and Italian or espresso roast.

Some tips for brewing a perfect cup of coffee:

- Use a porcelain or glass coffee maker; drip pots yield the best results.

- Use the full capacity of the coffee maker, never less than three-fourths.

- Never reheat coffee.

- Use fresh, cold water. Bottled, not distilled, water is recommended in areas where the water is hard.

- Freshly brewed coffee retains its flavor for up to an hour. After that, brew a fresh pot.

Here's How

By Gene Gary



Q. We recently purchased a home approximately 25 years old. The bathrooms are tiled. Although most of the tile is in good condition, some of the prominent pieces are chipped and several are cracked.

A. Is there any way I can replace these blemished tiles and maintain the current tile wall? — R.L.I.

You should be able to replace the defective tiles with new ones. Prior to replacing the tiles, one of the most difficult jobs is removing the damaged tiles from the wall without damaging the surrounding tiles.

If a portion of the tile is already broken out of the wall, you can work a chisel under the remaining part. However, if the damaged tile is only cracked, you will have to break a small portion of the tile square in order to make room for the chisel. This might be best accomplished by drilling a series of holes through the tile with a 1/4-inch masonry bit in an electric drill.

Once the damaged tiles are removed, you will be faced with the challenge of finding a tile or tiles that match the existing tiles. Take a sample of the old tile with you to

the tile dealer. If you cannot locate an exact or complementary match, you might consider replacing the broken tiles with a decorative tile that blends with the existing wall but adds a decorative accent. This of course will depend on the location of the damaged tiles that are removed.

As most bathroom tiles are made in a standard measurement of 4 1/2 inches square, you will probably not have too much trouble matching the tile size. However, if you find that you need to trim tiles to fit, this is easily done with a tile-cutting board (straight cuts only) that can be rented.

For any curved cutting requirements, use tile nippers, which can be purchased at most tile outlets. Any small burrs that occur along the break can be ground off with a mason's "dressing" stone, available in hardware stores.

Once you have tile pieces that exactly fit the spaces where the older tiles have been removed, you are ready to adhere the new replacements to the wall.

If the original tiles were set in concrete, you will need to use "thin

set," which is similar to concrete, has adhesive qualities and is similar in consistency to toothpaste.

If the previous tiles were glued directly to the wall, use a mastic to glue the replacements in place.

If you are in doubt about whether to use mastic or thin set, check with the tile outlet by letting one of their professionals check the backing on the older tile that you have removed.

Finally, you will need to regrout the area around the replacement tiles.

Q. We have a set of brass fire-place tools and accessories. They are very dingy and tarnished.

A. I would like to restore the original finish and luster to these pieces. Do you have any suggestions on how I might do this? — R.K.E.

The cleaning method will depend some on whether your fireplace accessories are lacquered or unlacquered.

First, clean away dirt and grime by washing with sudsy water. If the pieces are not lacquered, try rubbing discolored areas with a paste made of hot vinegar and salt. (Together these two ingredients form hydrochloric acid, which dissolves tarnish.) Then polish vigorously with lemon oil on a cloth.

Or simplify the procedure by using a good decorative metal cleaner. Many are appropriate for use on brass, copper and bronze. Check the label.

Cleaning products are available at your local supermarket. However, sometimes you find more specialized products at marine hardware stores, antique or brass shops or large hardware stores.

Lacquered brass should not tarnish, but sometimes it does. If this happens, you will need to remove the old lacquer by applying denatured alcohol (rubbing alcohol) or acetone. Both are available in hardware stores. After one or two treatments, the old lacquer will peel off. Then remove tarnish and polish as above.

Q. I think my three doctors are prescribing drugs that conflict with each other. I feel fine after just one of them, but have strange and painful reactions after I've taken all three. What can I do?

A. Run, don't walk, to your pharmacist, asking that professional to evaluate all three prescriptions and then analyze them for conflicts and side effects. The pharmacist will do this professionally and impartially, because such conflicts are a major concern of the national pharmacy organization and pharmacists individually as medical professionals. The analysis will be offered to all of your doctors for their possible correction.

If you're into reading up on the subject yourself, from your book-seller or library get a copy of the "Complete Guide to Prescription and Non-Prescription Drugs" by H. Winter Griffith, M.D., published by HP Books. This 888-page paperback presents more than 2,500 brand names and 400 generic drug names in complete detail for the layperson and identifies side effects, warnings and other vital data. If you prefer to buy by mail, send \$14.90 (\$12.95 for the book, \$1.95 for postage and handling) to: HP Books, P.O. Box 5367, Tucson, AZ 85703. (Arizona residents add state sales



TWEEN 12 & 20

By Robert Wallace, Ed.D.

Dr. Wallace: I am 13 and dislike my stepfather very much. My parents divorced four years ago and soon after, my mother married this monster.

All he does is nag and give me orders. He hates my friends, my clothes, my hairstyle and my music. Just because I let one little four-letter word slip out of my mouth, my stepdad put his hands around my neck but he didn't squeeze.

I told my mother that I almost hate my stepfather and she grounded me for two months.

Last week I went to see my real dad's girlfriend. She told me to keep fighting for my rights, that I was not a baby and that I could come live with her if I could get my mother's permission. When I asked my mother, she got mad, started crying and called me a little troublemaker.

You see, my mother divorced my father just because he was seeing Jane (now his girlfriend) behind Mom's back — big deal. My dad told Mom that he would stop "fooling around" but she wouldn't change her mind. Because of Mom, I lost a father and gained a horrible creature.

I feel like I'm going to have a nervous breakdown if I don't get some help, and soon. Can you help? — Kris.

Kris: You must accept things the way they are. For the next five years you will be living with your mother and stepfather.

Do everything possible to make things cheery and pleasant at home. Be positive, not negative. Occasionally do the little "extra" things that make parents proud and happy.

Remember birthdays with a card, bake a favorite cake, superclean your room and help Mom make a special occasion meal.

I'm sure if you change your attitude positively, your parents will also. It's worth the try. Once there is happiness in a home, most family problems that arise can be dealt with to the satisfaction of all involved.

Your father's girlfriend is a very unwise lady. Her advice would only compound your present problems.

Dr. Wallace: I have been following the story of sports heroes who have been involved in abusing illegal drugs (mostly cocaine) and the phrase "chemical dependency" has been used a lot by the players, their attorneys and the press.

I assume this phrase means they were addicted or "hooked" on the drug but I'm not quite sure. Can

you shed light on this? — Tom.

Tom: My research found the book "Alcoholism — A Treatable Disease," published by the Johnson Institute, which states: "If the use of alcohol or other chemicals (drugs) is causing any continuing disruption in an individual's personal, social, spiritual or economic life and the individual cannot or does not terminate the use of the chemical (drug) that constitutes harmful chemical dependence."

Dr. Wallace: I know that this is a very unusual situation. I had been dating John for over a year but we were not going steady. About six months ago I met a nice guy named Bob and we have been dating semi-regularly ever since.

My problem is that I like both John and Bob very much, and to complicate matters, both of them say that they love me.

This is not "child's play" because all of us are 19 years old. I feel like these guys are competing for me and this makes me very confused and grouchy. Please help. I don't know which one to choose. — Roberta

Roberta: Don't choose either one just yet. Keep dating and enjoying the company of both boys. Sooner or later one of them will be a little more desirable than the other. That's the time to make your choice.

Don't be grouchy. A lot of girls reading this column at this very instant

Dr. Wallace: I'm writing to you because I need someone to dump my problem on. I've talked all of my friends silly so there is nobody left but you.

My parents are going to get a divorce and it really makes me sad. I know if they would stop fighting and talk things over sensibly they could get back together and we could be a family once again.

What can I do to help? I love them both very, very much. — Amy

Amy: Make sure Mom and Dad read today's column. If there is the slightest chance of them becoming a family again, your letter will cause them to search for a way to find harmony.

There are times when a divorce might be best for all members of a family. This does not seem to be one of those times.

Mainly for Seniors

By Leonard J. Hansen

Your questions this week cover a wide variety of subjects — from "life estates" to creative writing, from insurance to health. Here are your answers as we researched them as a reply to the letter writers, of course, and as good information for readers.

Q. At the suggestion of my attorney I have enacted a "life estate" with my daughter as the beneficiary of my home. Now she has proven herself unworthy, but my attorney says I cannot remove her as the beneficiary. Why not? Isn't it my property?

A. A "life estate" is a legal method to transfer property on one's death without having to go through probate, and it is endorsed by many attorneys. A beneficiary of the property cannot be changed without the consent of that beneficiary. That means that in order to remove your daughter as beneficiary she would have to agree to it, or you would have to win the right of change through a suit in court. Fraud, coercion and misrepresentation are generally cited grounds.

One way, we are advised, to create a revocable assignment of beneficiary in a generally irrevocable situation is to establish a specific power of attorney at the time you name the beneficiary. At that time the beneficiary would have to give you specific power of attorney in the one matter of property in the life estate. That power of attorney can be revoked, though, by the beneficiary, in most cases.

Naming the beneficiary in a life estate is serious business, and attorneys we've interviewed recommend your most careful and deliberate consideration before making such a decision.

Q. I'm 65 and yearn to write creatively. I now have the time and the local newspaper likes a few of the stories I've submitted. Where can I learn or share more about my creative effort?

A. Consider the December Rose Association of Los Angeles, a non-profit organization established to identify, nurture and publish the works of creative mature adults. Membership is \$10 annually and includes a quarterly magazine. For information, write: Verna Harshfield, president, December Rose Association, 255 S. Hill St., Los Angeles, CA 90012. There is no obligation when you simply request information about the organization or its new chapters being formed around the nation.

Q. You wrote a column on Medicare Supplement Insurance but did not mention Blue Cross. Why not?

A. Good reason — we did not mention any of the companies issuing or marketing Medicare Supplement Insurance policies or coverage. As a journalist in the mature market field for 15 years, I have developed a fine recognition of the Blue Cross and Blue Shield programs and policies in the Medicare Supplement field.



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Help Wanted

SCHOOL BUS MECHANICS
top pay plus benefits. North Shore area. Call 883-6711. h1

DENTAL ASSISTANT P/T
mature. Williston Park. 747-4848. wj2

YOUNG PROFESSIONAL
couple seeks full time part time live in out babysitter for infant. Light housework. Garden City area. 741-4969. gc11

NEEDED RELIABLE WOMAN
to watch two children after school. Midday to Friday or organized play group in Syosset. Own transportation. 938-8612. h13

PROCESSING CLERK P/T
Garden City Financial Service Organization. P/T positions available. Flexible morning hours. Duties include sorting, collating, filing and general office work. \$5.50 per hour. Call 10 a.m. to 3 p.m. 238-6111. gc12

MINI BUS DRIVERS
Hiring immediately for a.m. and p.m. runs. Also available a.m. only or p.m. only runs. Top pay plus. Call 883-6711. h11

GAL FRIDAY RELIABLE
mature person to work in our clean, modern four girl office. Duties are diversified and busy phone and typing. Benefits plus good pay opportunities for right person. Non-smoker. 333-5660. h12

DISPATCHER SCHOOL BUSES
North Shore area. Call 883-6711. h42

RESPONSIBLE WOMAN
for infant care and light housekeeping in my East Williston home. 8:30 - 1:30 Mon-Fri. Permanent position. Must have references and transportation. 38-3756. h11

Help Wanted

ART DEPT. IN BUSY WEEKLY
Newspaper plant needs part time person approx. 20-24 hours per week. Typing, type specs, ad layout experience helpful but will train right person. Immediate. Call Mrs. Pakaluk 931-0012 for appi. h1fnj4

WANTED: CHILD CARE FOR
toddler, 3 days per week, approx. 20 hours in my East Williston home. Top salary for energetic experienced person. Own transportation. call 294-0637. wj2

LIVE-IN NANNY TO CARE
for four young children, 5 days a week. Light housekeeping. References. Call 587-0729. h12

BOOKKEEPER ASSISTANT
Part time, convenient hours, call for appointment. 742-5383. gc11

JOIN THE GOLD RUSH IN REAL
estate. Century 21 Parkville is now interviewing for sales agents. Experienced or will train. Put number 1 to work for you. Call 294-1900. w14

OFFICE ASST. LAW OFFICE
Answer phone, file, etc. Full time or part time. Call 485-0007. gc11

BOOKKEEPER/TYPIST
Full time, benefits. Will train. Location: Garden City Park. Call bet. 9 a.m. to 4 p.m. Call 248-6353. gc12

P/T ATTENTION AMBITIOUS
people needed to work in Nassau County hospitals. Various locations. Days and hours. Call 326-1277. wj1

CLERK TYPIST GARDEN CITY
Insurance Office. Good benefits. 8:15 a.m. to 4:15 a.m. No insurance experience necessary, but good typing skills required. Respond to Eileen DeBorne 744-0200. gc11

Help Wanted

TYPIST/PROOF READER
Be trained on computer typesetter. Must be accurate. Part time afternoons. call Jeannine 746-6700. gc1

LABORATORY AIDE
Rapidly growing Biotech Co. needs full time glassware washer for scientific Lab. Experience in handling lab glassware, use of standard lab washing machinery, auto saving experience desirable. Individual should be reliable and conscientious. Apply in writing to: Dr. Ted Chrisman, Oncogene Science, Inc. 222 Station Plaza North, Suite 330, Mineola, NY 11501. wj1

WE ARE LOOKING FOR LOCAL
people to cover meetings in Bethpage, Syosset, Williston Park and New Hyde Park areas in writeup reports for publication in our newspapers. Call 931-0012 for information and appointment.

COMPUTER PROGRAMMER
Trainee. Entry level position for someone with college background. We require an articulate, non-smoking, energetic person who is career oriented. Please reply to: Box D, Garden City News, 821 Franklin Ave., Garden City, N.Y. 11530. gc4

CLERICAL OR TELEPHONE
Work. Clerical-light typing. 9:5 Garden City vicinity call Eleanor 741-8048. Telephone Work-Flexible hours. Salary plus commission. Garden City vicinity. call Eleanor 741-8048. h45

DICTAPHONE TYPIST
2 days per week, permanent. Returnee welcome. Office in Williston Park. For interview call Diane 741-7575. wd4

OFFICE WORK IN ESTIMATING
Excellent opportunity metal furniture manufacturer. Flatlands Industrial Park, Brooklyn, (off Belt Parkway). We train and you gain. Modern facilities, benefits. Salary negotiable. Call 9 a.m. to 4 p.m. 718-649-9607. h44

CHILD CARE MATURE
responsible woman to care for 2 children, ages 5 and 7 in our Syosset home. Mon. thru Fri. 8 to 12:30. Will consider live in housekeeper position as well. Both situations with references. Call 364-2257 after 4 p.m. h44

CHILD CARE NEEDED FOR
infant in my Garden City home. Start January 15, 8 a.m. to 5 p.m. \$4 per hour. References. 294-6871. gc4

Situation Wanted

CHILD CARE AVAILABLE
in my home, Garden City eastern section. 3 years and older. Tues. & Fri. References available. Call 741-3156. gc4

MOTHER WILL BABYSIT
in her Franklin Square home, part time or full time. Very flexible hours. Call 326-2096. gc12

HOUSEKEEPER AVAILABLE
Live-in, 5 days per week. Mature woman, excellent references. Call 541-6946. gc12

HOUSECLEANER AVAILABLE
Reasonable, reliable, own transportation. Excellent references. Call Pat after 4 p.m. at 746-5728. gc12

HOUSECLEANER AVAILABLE
Monday-Saturday, experienced, own transportation with excellent references. Garden City area preferred. call 483-6282, ask for Avilla. gc12

YOUNG WOMAN DESIRES
sleep in/or out position as a nurse's aide or companion to elderly person. Excellent references. Call (718) 493-3286. gc13

MATURE NURSES AIDE EXPERIENCED
Specializing in hospital discharges, will give them loving, tender care; 24 hrs., sleep in. Certified. Recent references. 538-2776. gc11

NEED YOUR HOUSE CLEANED
I am reliable, dependable, conscientious and an excellent worker with my own transportation. Please call 718 525-1217. gc11

LADY: CLEANING AVAILABLE
experience and references. Ask for Lucia 538-7691. gc11

RENT A GRANDMA
Young Garden City grandmother will babysit children while parents vacation. Own car, non-smoker, non-drinker, excellent references. Call 742-9178 or 794-8056. h15

WOMAN SEEKING 2 OR 3
days per week assisting in party help. Will also do office work. Experienced and reliable. 775-6738. gc4

YOUNG WOMAN DESIRES
sleep in or out position as nurses aide or companion to elderly person. Good references from Garden City family. Call 718 453-3364. gc13

Situation Wanted

MATURE WOMAN WILL BABY-
sit on weekends and evenings. Will also sleepover on week-ends. Please call Pat after 8 p.m. 741-3384. gc4

RESPONSIBLE IRISH GIRL
experienced in housecleaning. References available. Please call anytime. 489-8840. gc4

TWO REFINED IRISH GIRLS
seek live-in position for housekeeping or child care. Call 516-242-0407. gc4

EXPERIENCED HOUSE-
cleaner available with good references, own transportation. Monday-Saturday. 481-2219. gc13

HOUSEKEEPER AVAILABLE
Any day. Prefer Garden City or Old Westbury. References and own transportation. 466-4537. gc4

EXPERIENCED WOMAN
Looking for a Job. Companion for elderly and sick persons. Five days per week. Nights or days. Leave message at: 481-2304. gc4

SEWING & ALTERATIONS
specializing in women's and children's clothing. All work expertly done. Fast service. 746-1783. gc4

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MATURE MALE 50'S
former Garden City resident, wishes to house sit. Starting Jan. 1. Responsible, non-smoker, non-drinker. Works days. Available any evening. 485-9714. evens, and weekends. gc4

HOUSECLEANING AVAILABLE
every day. References and own transportation. Call 483-8135 after 6 p.m. gc4

RELIABLE WOMAN WILLING
to do general housekeeping. Flexible hours. Very reliable. References. Interested in Garden City only. 248-1843, after 3 p.m. gc4

EXPERIENCED GIRL WILL SET-
up, serve and clean up at your home party. Garden City preferred. 352-4313 or 437-0773. gc4

COMPANIONSHIP OR AIDE
To elderly. Own transportation. Flexible hours. Prefer Garden City, New Hyde Park and surrounding areas. 488-7368, call after 4 p.m. gc4

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Mint condition 1983 Hyostream
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1978 CADILLAC SEVILLE
power antenna, seats, windows
and trunk, P/S, P/B, Sony
cassette stereo, new tires, leather
interior, well maintained. Low
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service, low mileage, always
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hatchback, dark red, 4 cyl., AT,
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PB, AM/FM cassette, new tires,
good condition, \$1400. Call after 4
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1983 CHEVY CAVALIER
2 tone brown, 4 door, all power
options, sunroof, 4 speaker
stereo, 36,000 miles, \$3500. Call
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1976 GRANADA 63,000 MILES
good condition, power steering,
power brakes, a/c, radio, \$900.
Call 485-5216 h3

1980 OLDS CUTLASS
4 doors, excellent condition,
60,000 miles, \$2,500. Call after 7
p.m. 746-1721 gcj3

1971 KARMAN GHIA
Body excellent, \$1000. 489-6034,
leave message. gcj1

1983 FORD CROWN VICTORIA
Country Squire Wagon, 6 pas-
senger, 8 cyl., deep red, A/C,
A/T, TS/PB, roof rack, snow
tires, excellent condition. Original
owner, perfect car for active
young family. \$6500. 921-2161.
gcj1

1977 HONDA ACCORD 5 SPEED
rebuilt motor, good rubber with
two extra tires and rims. Best
offer. 746-6435, after 6 p.m. gcj2

1982 DATSUN 210, 4 SPEED
stick, beige, 29K miles, always
garaged. Mint condition. Bought
new car, must sell, \$3350.
747-1665. gcj2

Car For Sale

1982 NISSAN SENTRA
Beige, 4 dr. wagon, 50,000 miles,
excellent condition, Sun roof,
auto trans. p/s, am/fm stereo,
original owner \$4000. 746-3839.
h3

1977 DATSUN B210
93K, am/fm cassette, excellent
running condition, Blue, 4 speed,
call after 8 p.m. or weekends.
427-2167. After Jan. 14 call
692-8584. h3

1974 BMW 2002 RED 4 SPEED
am/fm stereo radio, garaged,
excellent condition in and out.
A/C, new radials, new battery,
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Many extras. Book value \$5200 +
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4 door, A/C, TRX, suspension
package, power locks, and trunk
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23,000 miles. Mint condition.
\$7,800 Call 485-2615 gcj4

1981 BUICK REGAL
4 years old Nov. 15, A-1 condition
+ new battery and tires; 2 door,
V-6, Landau, 2 tone; 50-50 velvet
seats. Very good gas mileage.
Original Garden City owner.
\$4900. Call 741-6244 gcj4

1978 CADILLAC SEDAN DE
Ville, 4 door, A/C, stereo radio,
power windows, P/B, P/S, vinyl
roof. Clean \$4,100 Call IV 1-4039
gcj4

1980 OLDS CUTLASS
4 door, excellent condition,
60,000 miles, \$2500. Call after 7
p.m. 746-1721 gcj4

1983 GREY PLYMOUTH RE-
liant Wagon, a/c, AM/FM, C.C.
PS, PB, new tires, great condition
\$3,500. Call 488-4544 a.m. or
after 7 p.m. gcj4

Car For Sale

1980 BUICK SKYLARK
4 door sedan, 6 cyl. A/T, A/C,
P/S, P/B, AM/FM stereo, new
brakes, well maintained, garaged
excellent condition, \$2950,
747-5496. gcj3

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3 days, 2 nights, for details, come
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Personal

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answered. Diana and Liza gcj1

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in hearing from anyone knowing
about Philip K. Eichner and
Chaminade High School, P.O.
Box 418, Riverside, Ct. 06878.
gcj3

NOVENA TO ST. JUDE
Oh Holy St. Jude, Apostle and
Martyr, great in virtue and rich in
miracles, near kinsman of Jesus
Christ, faithful and intercessor of
all who invoke your special
patronage in time of need, to you
I have recourse from the depths of
my heart and humbly beg to
whom God has given such great
power to come to my assistance.
Help me in my present and
urgent petition, in return I
promise to make your name
known and cause you to be
invoked. St. Jude, pray for us all
who invoke your aid. Amen. Say 3.
Our Fathers, 3 Hail Marys 3
Glorias. Say for 9 consecutive
days. Publication must be
promised. This novena has never
been known to fail. Thank you for
answering my prayers.

GET RESULTS! Place an
ad in our Classifieds
for reasonable rates and
prompt results.
Call 931-0012 • 294-8900
or 746-0240 for more
information.....

Instructions

RITA LUCY'S
GARDEN CITY
MUSIC STUDIO
Piano Violin Viola Guitar
Theory, Harmony,
College Preparation
All ages and all levels
The best in music education
30 years in area
248-7379

LATIN TUTOR ALL LEVELS
Call James, 433-4219. \$25 per
hour. gcj4

Garage/Tag Sale

2 TALENTED PROFESSIONALS
want to conduct your house or
estate sale. Specialists in liquidat-
ing contents and insurance/estate
appraisals. Call 623-7315 for free
consultation. Sales By Al & Marie
h3

Real Estate Wanted

PROFESSIONAL FEMALE
seeks house or apartment to
share. Near RR, male female,
approx. \$300 each per month. By
January. Please call Susan 212
807-6180 10 a.m. to 5 p.m. or
evenings 516-248-0984. wjl

GARAGE NEEDED TO STORE
Convertible Dec-April. Call after
7 p.m. weekdays, all day weekends
546-0843 gcj2

GARDEN CITY RANCH
St. Paul's area wanted by local
professional couple. Principals
only. Please call 292-8644 eves. &
weekends. gcj4

Vacation Rental

GULF OF MEXICO
new fully furnished 2 BR, 2 bath
luxury condominium at Madeira
Beach. Magnificent view from
spacious private balcony, swim-
ming pool, jacuzzi, sun deck,
private beach, etc. Call 227-2268
weekdays. h3

HAWAII RENT MY ELEGANT
condo, at luxurious Hawaiian
Princess, Oahu, 14th floor,
wrap-around balcony overlooking
Pacific Ocean. Sleeps 4-6. Com-
plete kitchen, marble bathrooms,
250 ft. Lanais facing ocean
sunsets. Peak parquet flooring,
oceanfront pool, jacuzzi, tennis,
color TV, stereo, washer/dryer,
dishwasher, A/C, etc. See
Diamond Head, Honolulu, Pearl
Harbor, Waikiki, etc. \$400/week.
Call 585-2210. gcj3

BERMUDA LOVERS EXCLU-
sive, St. George's Club. New
luxurious furnished 2 BR, 2 bath
private cottage, sleeps 6. Club-
house, pool, tennis, private beach
club, daily maid service, Golf and
all Bermuda's attractions nearby.
Daily or weekly. Option to buy.
Call Mr. W. Meyer 516-574-0211
gcj2

STRATTON VERMONT 4 BR
2 bath, 2 level Chalet. Sleeps 10,
1 P.P. 10 minutes to slope. Weekly
\$600. Holidays extra, 4 1/2 hours
from Garden City. 367-9122 wjl

Vacation Rental

VAIL COLO. LUXURY TOWN-
house, 3 BRs, 3 baths. All
amenities. Christmas occupancy
Dec. 22 to Jan. 3. Skiing, airport
Charming Vail village nearby.
Call 938-3974 or (303) 758-6342
gcj2

DEERFIELD BEACH, FLA.
Meadow Ridge East. Decorator's
own two bedrm. 2 bath apt.
available now for seasonal rental.
678-5680 or 766-7674 gcj3

SANIBEL ISLAND, FLA.
Our beautifully furnished 2 bed-
room, 2 bath condo apt. on the
Gulf of Mexico. Beach, pool,
tennis court etc. \$600/week.
746-4121 days. 764-7818 eves.
David Best. gcj4

VERMONT VICTORIAN HOME
3 BRs, 1 bath, 10 min. from
Okemo, 20 min. from Killington.
Beautifully furnished, including
linens. Weekly, monthly and
weekends. 352-6234 or
(802) 259-2947 gcj2

STRATTON VERMONT NEW
Ober Tail Condo, 1 BR, sleeps 4.
F.P. health club, ski in ski out to
Tamarack lift. Weekly \$600.
Holidays extra, 4 1/2 hours from
Garden City. 367-9122 wjl

HILLSBORO BEACH FLORIDA
private beach coop, 1 BR, 2
baths, pool, 1st floor, Jan. 1st
through March 31, \$1500 per
month. No pets. 488-1815 gcj3

Vacation Rental

VERMONT SKI RENTAL
5 miles Okemo 12 miles Killington.
3 plus BRs, 1 1/2 baths, F.P.,
sleeps 10, \$500, 7 day non
Holidays week \$800 7 day Holi-
days week \$210-321 wjl

SKI GORE MOUNTAIN
5 minutes Alpine Cross, year
round cottage, 1 1/2 acres, 3 BRs,
sleeps 6-8, wood stove, elec. heat.
All new TV, phone. Families,
couples, week month. No pets.
Call 997-7225 or 931-5959, leave
message. h3

SKI WINDHAM MOUNTAIN
new townhouse/studio. Featured
in New York Times. 1,2,3 BRs.
walk to lift. Prime weeks and
weekends available. 741-6796.
wd4

GET AWAY FROM IT ALL
Bahamas outer island. Stone
house, 5 rooms, 2 BRs located on
a secluded beach on the sound.
Superb fishing, snorkeling and
diving. All appliances. House-
keeper available. Large airport
nearby. Accommodates private
planes. Call after 5 p.m.
785-7326. h3

BERKSHIRES SECLUDED MT.
top contemporary, spectacular
mountain lake view, 3 BRs,
fireplace. All appliances, minutes
from major ski. ice skate. Rentals
available. Call Brian 212
807-3087 weekdays. 718-65-1743
wjl

Real Estate For Rent

ADELPHI CHERRY VALLEY
A/c. location. Lovely furnished room available. Immediate occupancy. Share bath with one other future male. Own entrance. Rent includes all utilities. Two weeks security. 489-5941. gcl

WILLISTON PARK & VICINITY
3 rms, new bath, utilities. RR. \$575. 4 rms, 1st floor, dining area, bus. \$600. 4 rms, 1st floor, utilities. RR. \$700. 3 rms, 1st floor, F.P., W.W., yard. \$900. 2 rms, 1st floor, finished basement, 2 baths. Wheatley School. \$1,200. Realty Group Ford. 369 Hillside Ave., Williston Park. 248-2192x11

GARDEN CITY LOVELY QUIET
furnished room. Nicely decorated carpeted. Private entrance, bath. Mature, non-smoking lady preferred. References. 746-0018. gcl

GARDEN CITY 4 BR/2 BATHS
new home. Most area. Available. Monthly \$1,550 per month. 1 BR apartment \$1,100 per month. 47-1011. gcl

CHEERFUL ROOM IN LOVELY
clean and quiet Garden City private home. Walk to Country Life Press, RR station and 7th Street. Responsible college student seeking working woman. No smoking, no pets. References. Reasonable rent. 747-3075. gcl

SYOSSET STUDIO TWO ROOMS
Private entrance, full bath, well furnished. Mature, working adult. \$550/month. Includes utilities. A. Mironov, owner. Call evenings and weekends. 921-5161. gcl

GARDEN CITY ROOM WITH
private entrance, private bath. Male, professional, non-smoker. References. Security. Available January 1. \$450 per month. Call 741-1008. gcl

WANTAGH NORTH PROFILES
School. Rentals to share 4 BRs. Home with lake. This room is available. 1 BR, DR, kitchen, central air, walk-in closet. \$285 per month. Includes full furniture. Call 781-8236. gcl

GARDEN CITY 2 FURNISHED
room apt. in large private home. 2 rms, bath. \$325 per week. Includes utilities. Also one large room available. Walk to train, bus and shops. No smoking. 422-0878. gcl

MINNEAPOLIS BRAND NEW 6 RM
apartment. 1 BR, bath, kitchen, full kitchen, full bath, full kitchen, full kitchen. Call 747-1154. gcl

IMMACULATE HICKSVILLE
house. 4 BRs, EIK, fireplace, w. carpeting, 5 appl. new, painted and paneled garage. Large owner plot. Ideal for family. No pets. \$975 plus utilities. References, owner. Call 931-5215. gcl

Real Estate For Rent

GARDEN CITY MINT
condition, expanded ranch on 3.4 acre. Prestigious section. Enormous designer kitchen, fam. room with fpl. and French doors leading to lovely patio and in ground pool + cabanas. Master bedroom and two full baths on main floor. 14 bedrooms and bath up. Full basement and 2 car electric eye garage. In ground sprinklers and security system. \$500's. Principals only. Call 746-2918. gcl

ROOM FOR RENT
near everything. Oyster Bay area. Please call 921-6237. gcl

GARDEN CITY 3 BR/1 BATHS
1R/FP, DR, EIK, finished basement. Walk to RR. \$1,500 per month. 747-0040. gcl

GARDEN CITY FURNISHED
efficiency apt. in private home. Separate entrance, private shower, hot plate and refrigerator. Walking distance RR. Non-smoker. References and security. Call preferably before 9:15 p.m. 452-6641. gcl

GARDEN CITY FURNISHED
room for rent near RR and universities. Female only. No private entrance. Locally area. References. 41-4065. gcl

LARGE FURNISHED ROOM
for mature businessman, no smoking or drinking. Security. Telephone interview. 747-2728. gcl

PRIME LOCATION FRANKLIN
Avenue. Garden City. 1 Zone. 70 sq. ft. front & back entrance. Call 348-1313. Monday-Saturday. 10-5 p.m. gcl

Real Estate For Sale

Westbury East Meadow Schools
4 BR Ranch, LR fpl, DR, den, oversize plot, new kitchen, Anderson windows, vinyl siding, carpeting, driveway, mint condition. \$165,000. Princ. only. 907-7097. gcl

GARDEN CITY ONE BR CO-OP
2nd floor, walk LIRR, and stores. Wall to wall carpeting, move in condition. Cherry Valley Apts. \$101,000. Principals only. 489-0661. gcl

400 ACRES IN DELAWARE
County. 2 miles frontage, open fields, woods, and streams. Five room house, will sub-divide into 65 acre parcels. 746-2918 or (914) 236-7131. gcl

VERMONT SOUTH LONDON
4 BR, 2 bath, 2 level. Chalet, F.P., furnished. Ski. Stratton. Bromley or Magic. Low taxes. 4 1/2 hours from Garden City. \$75,000. Call 367-9122. wjl

GARDEN CITY 2 BR CO-OP
1st floor. Cherry Valley Apts. Excellent condition. Walk to LIRR and stores. \$129,500. Principals only. Call 294-5836. gcl

LOVELY CHEERFUL CO-OP
in Oyster Bay area. Call weekdays 914-948-7113 weekends and eves 914-967-2688. By appt. only. gcl

Real Estate For Sale

GARDEN CITY ESTATES
Whitehall Blvd. Very large expanded ranch designed for gracious living and entertaining, huge country kitchen with glass sliding doors overlooking large beautiful patio and garden. 14 oversized rooms, including 4 full baths. 31' LR/FP, formal DP family rm, maid's room. 5 BR on 2nd floor, gas heat, slate roof, walk to everything, mint condition. Reduced to \$570,000. Owner. 746-2526. gcl

GLEN OAKS CO-OP
1 BR, 1st floor Garden apartment. Low maintenance. \$65,000. Owner. 624-6321. wjl

CO-OP APT DEERFIELD
Beach Florida. Deluxe 2 BR, 1 1/2 baths, enclosed patio, 1st floor. Furnished or unfurnished. Pool, golf, view of lake. Call 741-0275 up to 9 p.m. gcl

GARDEN CITY ESTATES
Unique custom ranch. 3 BRs, 2 baths, large kitchen, LR fpl with dining area, w. s. lge. fin. bsmt, 2 car gar. 80x100. A-1. \$335,000. Owner. 747-2786. gcl

HEMPSTEAD CATHEDRAL
Gardens. Garden City line, brick center hall Colonial. 1 1/3 acre, 3 BRs, 2 1/2 baths, possible professional. \$300,000. Princ. only. Call 481-7801. gcl

OUR EXCLUSIVES

Hempstead Cathedral Gardens on the Garden City Line, 5 BRs, brick slate roofed Southern Colonial 2 1/2 baths, 3 dens, finished basement, C.A. great entertainment house on landscaped grounds. \$525,000. 3 BR brick C/H Colonial 2 1/2 baths, den, 2 car, covered portico, 100x200 landscpd plot, \$300,000; 5 BR C/H Colonial 2 1/2 baths, gourmet kitchen, 2 fpls, den 20x60 Florida room, 1 acre overlooking golf course, Country Club Estates, "Charming Oldie", \$298,000; 4 BR English Tudor 2 baths, fpl, huge EIK screened porch, all natural woodwork parquet floors, 2 cars, dead-end street. \$275,000; 3 BR Custom Split 2 1/2 baths, cherrywood cabinet kitchen, breakfast room, railed covered terrace 125x130 park like plot, 2 pools/waterfalls, finished basement/dark room, mint \$239,500; 4 BR brick C/H Colonial 2 1/2 baths, den, 2 car alarm, sprinkled \$175,000; 3 BR slate roofed Colonial Brick Tudor 1 1/2 baths, new kitchen, breakfast room, 2 fpls, finished basement, sliding glass doors to den and patio 8 1/2% assumable mortgage \$149,900; 3 BRs, brick Colonial 2 1/2 baths, fpl, finished basement/wet bar, 2 car, 50x125 mint. Sacrificing \$140,000; 4 BR English Tudor, 2 baths, EIK, Florida room, \$125,000; 3 BR Townhouse 2 1/2 baths, 24 LR, C.A. finished basement, pets okay \$125,000; 4 BR Cape 1 1/2 baths, large kitchen, finished basement \$112,000; Elaine Nolan 485-7054. wjl

GARDEN CITY SOUTH
5 BR brick split, 1 1/2 baths, new kitchen, den, 2 car, \$305,000; 3 BR Fieldstone Cape, 2 full baths, 100x100, \$187,500; Elaine Nolan 485-7054. wcl

Real Estate For Sale

GARDEN CITY MINT
Condition, expanded ranch on 3/4 acre. Prestigious section. Enormous designer kitchen, fam. room with fpl. and French doors leading to lovely patio and in ground pool + cabanas. Master bedroom and two full baths on main floor, 3+ bedrooms and bath up. Full basement and 2 car electric eye garage. In ground sprinklers and security system. \$500's. Principals only. Call 746-2918. gcl

GARDEN CITY PRESTIGIOUS
landmark, 20 min. midtown Manhattan. Solid brick, Mediterranean Colonial, 150x150, 15x60 front terrace/awning, 7 BRs, 5 baths, 12x30 CH circular front staircase with 4th window leading to tremendous 2nd floor landing; back staircase. Ultra mod, Spanish stucco kitchen, mud room, lge. Anderson windows, leaded glass windows, island range, elec. barbecue pit, oak cabinets, 2 wall ovens, dishwasher, refrig. a/c, large formal DR/fpl, extra lge formal DR/fpl, lge. fam. rm off kitchen, lge. master BR with spacious bath. Carpeted fin. bsmt. with lge. kit/laundry room. Paneled office, tool room and large playroom. All amenities. Circular driveway; auto sprinklers, outside ground floodlights. Complete insulated and energy efficient. Totally restored. \$725,000. 212-532-2705 ext. 211 (9-5) Eves. & weekends 516-481-9208. gcl

WILLISTON PARK-COLONIAL
Herrick's S.D. 3 BRs, 1 bath, LR, DR, kitchen, porch, family room and den, attic, fully insulated, rewired, new gas boiler, windows and siding. Taxes \$1565, plot 40x100. Principals only. No Real Estate! \$189,000, 248-8966. wjl

GARDEN CITY WESTERN SEC.
Expanded ranch, 5 large BRs, 3 full baths, Cathedral ceiling LR w/fpl., DR, EIK, finished rec. room w/wet bar and kitchen, screened terrace, sprinkler system, 80x100. Walking distance to schools, shops and RR. Call eves after 7 p.m. for appts. bet. 10 a.m. and 4 p.m. Asking \$335,000. 488-3458. hjl

GARDEN CITY PRIVATE
and exquisite large 5 BRs, new dormer, new oil burner and hot water heater. Economical to maintain, walk to Hofstra, Roosevelt Field, Marriott, tennis, park, Stewart School. Carpeting and drapes included. \$300,000. 747-6392 or 747-5734. gcl

GARDEN CITY ESTATES
Center hall Dutch Colonial, slate roof, 5 BRs, 3 Baths, EIK, formal DR, large LR, fpl, sun rm, den, 2 car detached garage, 60x110, taxes \$4,100. Needs some work. Asking \$195,000. Principals, 248-4881. gcl

Real Estate For Sale**OUR EXCLUSIVES**

Hempstead Cathedral Gardens on the Garden City Line, 5 BRs, brick slate roofed Southern Colonial 3 1/2 baths, 3 dens, finished basement, C.A. great entertainment house on landscaped grounds \$525,000; 3 BR brick C/H Colonial 2 1/2 baths, den, 2 car, covered portico, 100x200 landscpd plot \$275,000; 5 BR C/H Colonial 2 1/2 baths, gourmet kitchen, 2 fpls, den 20x60 Florida room, 1 acre overlooking golf course, Country Club Estates, "Charming Oldie", \$298,000; 4 BR English Tudor 2 baths, fpl, huge EIK screened porch, all natural woodwork parquet floors, 2 cars, dead-end street. \$275,000; 3 BR Custom Split 2 1/2 baths, cherrywood cabinet kitchen, breakfast room, railed covered terrace 125x130 park like plot, 2 pools/waterfalls, finished basement/dark room, mint \$239,500; 4 BR brick C/H Colonial 2 1/2 baths, den, 2 car alarm, sprinkled \$175,000; 3 BR slate roofed Colonial Brick Tudor 1 1/2 baths, new kitchen, breakfast room, 2 fpls, finished basement, sliding glass doors to den and patio 8 1/2% assumable mortgage \$149,900; 3 BRs, brick Colonial 2 1/2 baths, fpl, finished basement/wet bar, 2 car, 50x125 mint. Sacrificing \$140,000; 4 BR English Tudor, 2 baths, EIK, Florida room, \$125,000; 3 BR Townhouse 2 1/2 baths, 24 LR, C.A. finished basement, pets okay \$125,000; 4 BR Cape 1 1/2 baths, large kitchen, finished basement \$112,000; Elaine Nolan 485-7054. wcl

GARDEN CITY BRICK-ALUM.
Colonial, 3 BRs, 1 1/2 baths, LR/FP, DR, EIK, many extras. Desirable Northeast location, near courthouse, LIRR, shopping, Winthrop-University Hospital. Low taxes. \$267,000. Princ. only. 742-4151. gcl

GARDEN CITY PRIME
location, sunny 1 BR apt. 2nd floor. Private entrance, large LR, new kitchen, WW carpet, large storage. Walk RR. \$105,000. Owner. 822-2770 or 579-5988. gcl

PECONIC 3rd OFFERING
Secluded 3 BRs, 1 bath ranch, LR/dining area, Fla. room, walk to beach. \$159,900. Exclusive. Southold, unique 2 story log cabin, 4 BRs, 1 bath, LR/fpl., and skylights. Walk to beach and boating. \$205,000. Marilyn Lang Real Estate 734-6472. gcl

GARDEN CITY CHERRY
Valley 2 BR co-op. Better than mint, totally renovated. Prime. Second floor, corner location. Walk to all. Principals only. \$142,500. Eves. or weekends. 747-4375. gcl

FLORIDA TOP ORLANDO
Suburb. Beautiful 4 BRs, 2 baths, sprawling ranch on large treed plot. LR, DR, large eat-in-kitchen laundry, family rm, spacious 2 car garage with storage area, automatic door, central air, ceiling fans, inter-com, central vacuum. House strategically located with many amenities. 24 hour security. Low taxes. Excellent schools, medical, shopping and recreation. Priced for quick sale. (305) 774-9824. gcl

Real Estate For Sale

GARDEN CITY
LOCATION! LOCATION!
 6 BR Mediterranean Colonial on
 numbered street, 3 1/2 baths,
 exquisite ornate columned LR, 3
 fps, leaded stain-glass, for the
 discriminating buyer \$795,000; 5
 BR copper roofed/H Colonial, all
 brick, 2 1/2 baths, 10' ceilings,
 magnificently turn of the century
 but charmingly modernized, 2 car
 garage, 100x150 parklike plot,
 \$550,000; 4 BR C/H Colonial, 3
 baths, bed/bath suite, 1st floor,
 C/A, 2 car \$498,000; Estates 5
 BR, slate roofed oldie, 3 baths, 2
 car garage \$365,000; 5-4 BR
 Dutch Colonial, 3 baths, king size
 master BR suite, 5 year old EIK,
 1st floor bed/bath/suite plus den
 \$330,000; Most Colonial 3 BRs, 3
 full baths, new windows, den,
 \$325,000; 4 BR Expanded Ranch,
 2 baths, den, C/A, sprinkled,
 \$310,000; 4 BR Contemporary
 Split, 3 1/2 baths, family room with
 flpl., mint, \$299,000; Western
 Section Estate Sale, 3 BR Ranch,
 EIK, heated Florida room,
 \$289,000; 4 BR Ranch, 1 1/2 baths,
 EIK, den, \$249,000; 2 BR Tudor,
 nursery, 2 baths, den, 2 sun
 porches, new windows, 2 car,
 \$229,000; 2 BR Co-op, 2 baths,
 \$663./monthly maintenance,
 \$219,500; 2 BR Spacious Co-op, 2
 baths, large closets \$711./monthly
 maintenance, reduced \$215,000;
 Also, 4 room Co-op, decorator's
 delight, beveled mirrors, new
 kitchen and bath, \$460./monthly
 maintenance, \$175,000; Elaine
 Nolan 485-7054 wjl

Wanted

PRIVATE COLLECTOR SEEKS
 trains and toys. Full sets or
 pieces, windup or push type. If
 you're cleaning the basement and
 come across any Lionel, Flyer or
 Ives train sets and accessories or
 toys and games in sets or pieces
 please call me. I will pay the
 highest cash immediately.
 \$81.2999. h2

ANY TYPE ANTIQUES & VIC-
 torian furniture wanted. Old
 jewelry, silver, paintings,
 bronzes, china, cut glass, wicker,
 trunks, linens, rugs. Cash paid.
 Call Tom Cafaro, Westbury,
 334-4117 gc2

DO YOU HAVE OLD COINS!!!
 U.S. or foreign. I will pay a good
 price. Coin collecting is my
 hobby. Call me at 223-4236. h2

LIONEL AMERICAN FLYER
 and other old toys (tin wind ups
 and toy soldiers etc.) trains or
 accessories wanted by Garden
 City collector. Any condition.
 Immediate high cash paid.
 248-4899. gcm2

WANTED
OLD OIL PAINTINGS
 Any condition (even torn) Al-
 Old frames, pocket watches, us
 jewelry, clocks, linens, rug,
 furniture, antiques, trunks, an
 sewing machines, figurines, coin
 and stamp collections. Old auto-
 graphs, books, magazines. Also
 need violins, banjos, mandolins,
 pianos. Will pay cash and pick up
 immediately. Please call Sandy
 574-0216. h2

Wanted

WE BUY HARDCOVER BOOKS
 Art •Antiques •photography
 •hunting •baseball •L.I. History
 •Illustrated Books •Mysteries
 and many other topics. we do not
 buy school books. Call Jim or
 Harvey at 486-9427. Once Upon A
 Time Books. hm3

OLD STOCK CERTIFICATES
 and bonds, especially need items
 issued prior to 1900. Call
 mornings and weekends 354-1943
 h2

DOLLS WANTED
 I collect dolls and other doll
 memorabilia new or old. What do
 you have for sale? Call me at
 433-3876. h2

GARAGE NEEDED TO STORE
 convertible, Dec.-Apr. Call after 7
 p.m. weekends. 546-0843 gc1

Pets For Adoption

FERRET 7 WEEKS OLD
 looking for a new home and
 willing to give love and care.
 Please call 352-1287 gc2

For Sale

FENDER RHODES STAGE
 piano. 73 keys, tone controls,
 perfect condition, 100 watts.
 "Kustom" keyboard amp. Call
 Joe, 354-8237. gc3

ANTIQUES: VICTORIAN BED
 marble top dresser, 6' refectory
 dining table, magnificent carved
 buffet server, four carved chairs.
 Oak desk, wall telephone, victrola
 Lincoln rocker, bronzes, paintings
 clocks, lighting, angle lantern.
 Call 249-8288. gc3

WINOSKI PINE TEEN
 furniture groupings, two dressers
 corner desk, hutch, also two
 dressers and corner chest. Red
 velvet stie highback winged
 chair. Red velvet upholstered
 Leonardo red/blue silk stripe,
 Milling Road-Desk. Orange
 herculon club chair with ottoman.
 Call 249-8288. gc3

KERESON HEATER
 Slightly used three times. Excel-
 lent condition. Call 746-5293 w3

OLD GUNS - SWORDS
 Binoculars, model engines,
 bamboo fly rods. Call 825-0979 or
 354-1943. h2

GOLDEN TREASURES
 78 rpm records for sale. All
 excellent condition. Approximate-
 ly 50 records from Frank Sinatra,
 Andrew Sisters, Glenn Miller,
 Mills Brothers and many, many
 more. Call 741-2635. w4

LECTRIC ORGAN
 great music, like new,
 \$50. New large quilting frame,
 custom made, \$45. Eves,
 292-9219 before 10 p.m. gc3

For More Classified Ads
 See Our New
DISPLAY CLASSIFIED SECTION

For Sale

2 PIECE CASTRO COUCH
 child twin, bed with 2 chests,
 highrider, 20" girls bike. Best
 offer! Call 741-8672 w4

4X8 POOL TABLE
 Brinkton, 1 1/2 slates, wool cloth,
 uni-structure, steel frame, like
 new. Exercise bicycle, CCM,
 rolling machine, CCM. Rattan
 furniture, sofa, 2 arm chairs,
 coffee table. 746-5742 gc4

PEREGO COACH CARRIAGE
 Excellent condition, navy and
 red. \$95. Call 742-0556. w1

HOLIDAY BUYS HAMMOND
 organ L-103, cherry finish, much
 music, easy to play \$500; Guya
 Steel string guitar \$25; Childs
 secretary \$20; Maple twin size
 bed \$20; Wood Army double
 decker beds \$20. 742-2302. w1

LOWRY ORGAN AND BENCH
 Excellent condition, holiday
 model, Stanley speaker, rhythm
 box, great holiday gift. Reason-
 able. Call evenings and weekends
 718 939-6747. w1

THREE 5 SPEED BICYCLES
 best offer over \$50 each. Call
 after 5:30 p.m. 354-5417 gc1

MOVING CHILD'S DESK
 Dressing table, 2 ten speed girl's
 bikes, girls 8 piece bedroom set, 2
 small white dressers, combina-
 tion desk & book case & assorted
 pieces. Best offer. 248-8709 gc1

COFFEE TABLE 6' PROVINCIAL
 fruitwood and marble. Excellent
 condition. \$150. Call 746-3370gc2

BUMPER POOL TABLE
 Deluxe model, like new, complete
 \$250. Call 747-3752 gc2

BRAND NEW QUALITY BEIGE
 and pastel sofa; needs new home.
 Just delivered, but does not fit
 into our color scheme. Costs
 \$1,250. will sell for \$750. Call
 248-7262 gc2

IN THE KNICK OF TIME FOR
 Xmas. Gently used, pink Schwinn
 20" 2 wheeler. Best offer over
 \$50. Call 741-5282 gc2

COMMODORE VIC 20
 computer and data cassette with
 instruction booklets & introduc-
 tion tapes \$85. Used speak and
 spell electronic learning game,
 instruction booklets and expansion
 module included \$40. Bundy
 plastic clarinet and case. Excel-
 lent condition \$125. Two Royce
 convertible bikes with newspaper
 baskets. Best offer. 747-7998. h2

APT. SIZE REFRIGERATOR/
 freezer. Sears Kenmore side by
 side, used one year, 38" wide,
 34" high. Call Alex, leave
 message. 731-1375. h4

Services

GUTTERS
 Cleaned-repaired-replaced
 Painting windows and trim
 Replacement windows
 Sales and installation
 Handyman Jobs
 Licensed 821810000 Joe 735-6349
 h2

UPHOLSTERY/SLIPCOVERS
 draperies, custom shades, bed-
 spreads, window treatments. All
 custom made. Fully guaranteed.
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Libations to cheer 'end-of-year blues'

By Desiree Vivea

Yet another year is slinking its way off the calendar and into the sunset. We're at the dregs of 1985, midpoint of a decade, end of another five-year plan.

And just what have I accomplished? I have yet to make my first million (I'm working on it), or to write my first novel (I'm not working on it).

Another year, and a few more gray hairs in an otherwise brown mass of overpermed curls. Christmas has left me broke, as usual, and more than a few pounds on the wrong side of "elegantly thin." And I still have one-and-a-half fruitcakes and at least two boxes of candy to work my way through.

This sorry state of affairs calls for a little end-of-the-year pick-me-up. A real bang-up send-off to the old, and welcoming in of the new. One final carouse before the diets and the swearings-off that inevitably come with Jan. 1.

If you're feeling those end-of-the-year "blues" too (haven't made your first million yet either, eh?), the following recipes should perk you up a little.

Is it bleak and gray outside? Microwave yourself a nice hot toddy and put on your new Christmas slippers. Do you have a miserable winter cold? Just think of it as a good excuse to try Grandma's "Cure."

Hot Flaming Daiquiris should add a little "punch" to your New Year's Eve celebrations. And remember, you'll have to wait until February for another holiday, so make the most of this one.

In true Scarlett O'Hara fashion, no matter what 1985 has (or hasn't) brought you, let's remember that "tomorrow is another year." Happy 1986!

HOT TODDY

- 1/4 cup water
- 2 tps. sugar
- 1 large slice lemon, studded with 2 cloves
- 1 (1 1/2 oz.) jigger rum or bourbon
- 1 tsp. butter
- Dash ground nutmeg (optional)

Combine water and sugar in 1-cup glass measure or mug, stirring to dissolve sugar. Add lemon slice and microwave on HIGH (100 percent power) 1 to 2 minutes, until very hot.

Stir in rum or bourbon. Serve in mug and float butter on top. Sprinkle lightly with ground nutmeg, if desired.

Serves 1.

IRISH COFFEE

- 1 cup strong coffee, or 1 scant tbsp. instant coffee
- and 1 cup water
- 1-2 tps. sugar, to taste

- 1 (1 1/2 oz.) jigger Irish whiskey
- 1 dollop whipped cream

Pour coffee (or instant coffee and water) into large, handled mug. Microwave on HIGH (100 percent power) 1 to 2 minutes, until very hot. Do not boil.

Stir in sugar until dissolved, then add whiskey. Top with dollop of whipped cream. Serve immediately.

Serves 1.

HOT FLAMING RUM DAIQUIRIS

- 2 cups water
- 1 tsp. sugar
- 3 (2 inch) sticks cinnamon
- 1 (6 oz.) can frozen limeade concentrate
- 1 (6 oz.) can frozen lemonade concentrate
- 1/2 cup rum

Combine water, sugar, cinnamon sticks and concentrated fruit juices in 2-quart glass casserole.

Cover and microwave on HIGH (100 percent power) just until mixture boils, 7 to 9 minutes. Set aside.

Measure rum into glass measuring cup and microwave on HIGH 1/2 minute, to warm. Ignite rum and pour over hot fruit juice mixture.

Ladle beverage into small punch cups or demitasse cups to serve.

Makes about 10 1/2-cup servings.

GRANDMA'S 'CURE'

- 1/4 cup water
- Juice of 1/2 lemon
- 1 tsp. honey
- 1 (1 1/2 oz.) jigger rum or brandy

Combine all ingredients except liquor in 1-cup glass measure or mug. Microwave on HIGH (100 percent power) 1 to 2 minutes, until piping hot.

Stir in rum or brandy and serve immediately.

Serves 1.



Leap at this good bargain

By Dan Berger

Wine makers really do know what they are doing. I persuaded myself again recently when I did an experiment that worked out well.

Stag's Leap Wine Cellars has released two different Gamay Beaujolais with the 1984 vintage. Both are designated as being from Mendocino County (Calif.) grapes, both are designated as having 12.2 percent alcohol.

The only difference is that one bears the traditional Stag's Leap label, the other has the Hawk Crest label that Stag's Leap owner Warren Winiarski uses for his "second quality" grapes. These wines are normally a dollar or two a bottle less than the Stag's Leap primary label wines, and they usually represent good value.

In the case of the Gamay Beaujolais, because both were from Mendocino County grapes and had the same alcohol, I suspect that Winiarski had more Gamay Beaujolais than he could likely sell under his own label, so he divided the Gamay Beaujolais into two lots, one slightly better than the other. The lesser lot became the Hawk Crest.

We had a recent dinner party for 15 people at which some of the guests were regular wine drinkers and some were novices who consume almost no wine at all.

Among the wines served that evening were the two Stag's Leap Gamay Beaujolais, but both were served blind. Not even the grape variety was revealed.

The only question I asked around the table was, "Who likes wine No. 1 better than wine No. 2?"

Wine No. 1 was the Hawk Crest — and not a single person voted for it. The more expensive wine was clearly best among a varying group of wine consumers.

Then I took the second bottle away from the table and said, "Who would like more of wine No. 1?"

Even though there was another Gamay Beaujolais on the table, most of the 15 people said they'd like more of the less expensive wine.

And before revealing what either wine was, I asked a key question: How many people would spend an extra \$1 to get wine No. 2? Only four of the 15 said they'd spend the extra money, since they felt the wines were very close in style and taste — even though no one had voted for the cheaper wine.

At \$5.50, the Stag's Leap is good value. But for some people, the Hawk Crest, at a dollar less, is even better value.

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