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Nassau County District Attorney Dennis Dillon, left, and County Comptroller Peter Kling, right, were recently presented with awards in recognition of their fight against drug abuse in Nassau County. The Bodhran drum made in Belfast, Northern Ireland was presented to Dillon and Kling by James McKague, Executive Director of the People Counseling Program in Bethpage.

Agway Seeking Special Use Permit In Hicksville

Oyster Bay Town Councilman Douglas J. Hynes announced that the Town Board has scheduled a February 4, 1986 public hearing on a request for a special use permit in Hicksville.

Hynes said, "the applicant, Agway, Inc., is requesting a special use permit to use their premises for retail sale of garden equipment, fertilizer, lawn mowers and farm supplies and to modify restrictive covenants so as to permit the construction of an

addition to the existing building to be used for the storage and retail sale of nursery products."

The property is located on the south side of West John Street, west of Lombardy Street, known as 411 West John Street in Hicksville.

The hearing has been scheduled for Tuesday, February 4, 1986, beginning at 10 a.m. in the Town Hall East hearing room, Audrey Avenue, Oyster Bay.

LIRR Offers Holiday Service

The Long Island Railroad will operate 19 extra electric trains out of Penn Station on New Year's Eve, Tuesday, December 31, between the hours of 12:07 and 4:13 p.m. for persons leaving their places of business early to celebrate the holiday. Also two diesel trains will have their schedules extended, cars will be added to Long Island-bound diesels, and stops will be added to selected trains to handle the increased afternoon ridership. Ten of the additional trains are included in the regular holiday eve service; nine more trains will be added to that service.

On New Year's Day, January 1, 1986, normal holiday schedules will be followed.

Tuesday, December 31 Port Jefferson Branch

- 12:07 p.m. to Jamaica, Mineola, Westbury and Hicksville.
- 12:48 p.m. to Jamaica, Mineola, Westbury and Hicksville.
- 1:25 p.m. to Jamaica, Mineola, Westbury and Hicksville.
- 2:14 p.m. to Jamaica, Mineola, and Hicksville.
- 2:43 p.m. to Jamaica, New Hyde park, all stops to Hicksville.
- 3:27 p.m. to Jamaica, Mineola, Westbury and Hicksville.
- 3:48 p.m. express to Mineola, all stops to Hicksville.

Local Residents On Historical Comm

The reappointment of seven members to the Town's Bicentennial Historical Commission was approved by the Oyster Bay Town Board, according to Town Councilman John Venditto.

Charles W. Kopf of Bethpage, Jessica Kraft of Oyster Bay and Marc A. Roncallo of Farmingdale were reappointed to three-year terms retroactive to November 1, 1984. Jack R. Sunray of Syosset, Albert Wahnun of Bethpage, Richard E. Evers of Hicksville and Martin J. Moran of Massapequa were reappointed to

three-year terms effective November 1, 1985.

The Bicentennial Historical Commission was formed in 1971 under the name American Revolution Bicentennial Commission to coordinate the Town's observance of the nation's 200th anniversary. The new name was adopted in 1979 to more accurately reflect the Commission's ongoing work in the field of local history. Since its inception, the Commission has been chaired by Miss Dorothy H. McGee, who also serves as Town Historian.

Hicksville Bd. Appoints Dir. Of Instruction

Special to Mid-Island Times
By Maureen Traxler

The Hicksville School Board held its monthly meeting on Wednesday, December 18. Acting on a recommendation by Superintendent Catherine Fenton, the Board unanimously approved the appointment of a new Director of Instruction, Mr. Robert W. Durso, Jr.

Trustee Arlene Rudin read a letter to the Board and the public in which she apologized for her negative vote during the recent transportation controversy. She explained that at the time of the vote, she was not aware of an existing Board policy, EEAB, wherein the issue of an official map was outlined. She stated that if she had known of the policy's contents prior to the vote, which ultimately left 200 students without bus transportation this year, she would not have voted as she did.

The Board dealt with policy in length at this meeting, making revisions and adopting new wording in the areas of student transportation, transportation outside the district, school bus equipment, student conduct on school buses, school bus assignments, student rights and responsibilities and the removal, suspension and expulsion of students. The Board also tabled a proposed policy, EE-R-Regulations Measuring Distances, until such time as Dr. Fenton receives the materials she needs to implement this policy.

Board President William Bennett noted that the Board received correspondence from the Junior High School PTA, the Senior High PTA, the Lee Avenue PTA and the Woodland Avenue PTA concerning Governor Mario Cuomo's Early Retirement Bill. Noting that the bill expires on December 31 of this year, the PTA units expressed a desire to see the Board discuss this issue with the eligible teachers and civil service employees. This bill was designed to allow districts throughout the State to reduce expenditures and realize fiscal gains through the early retirement of personnel.

Board President Bennett noted that Hicksville has some 134 people eligible to retire under this plan. This would be a large amount of people for a district to replace at one time. Mr. Bennett said that implementing this incentive plan for all eligible personnel would result in a massive rehiring at "tremendous cost" to the taxpayers. He further stated that replacing such a large group of trained professionals would be a monumental task. President Bennett continued to say that the costs to the district in retirement payments, compensation, health benefits and incentives would far outweigh any monetary gains Hicksville could hope to realize.

In the Superintendent's monthly report to the Board, Dr. Fenton explained the procedure followed for student ranking at the high school. She stated that for the National Honor Society, for college purposes, and for all outside listing, the district eliminates the grades a youngster receives in physical education and remedial classes.

Dr. Fenton also informed the Board that she and other administrators had met with representatives of the Boy Scouts of America to hear about its Career Awareness Program. Under this program the Boy Scouts would provide people to talk to students about the careers in which they are most interested. They will meet with small groups of students at the junior and senior high schools. Dr. Fenton suggested that the district bring this program to its students, noting that there is no cost involved, just some time and effort to set up this worthwhile program.

The Board members and Dr. Fenton praised the youngsters in the district for their fine accomplishments. Mr. Bennett congratulated Hicksville's championship girls swim team and the Junior High School gymnastics team. He also gave special tribute to "those fine young actresses and actors" who participated in the recent Senior High School play, "Caught in the Villains Web".

Board Vice President Lawrence Wolfson acknowledged the Burns Avenue School's "Down Memory Lane", calling Mrs. Wells' presentation "mind boggling".

Dr. Fenton mentioned that the second grade students of Dutch Lane School compiled their thoughts on the holidays and the season in "December Wishes" and that their wishes were read on the radio talk show Z100.

The next regular meeting of the Board will be held on Wednesday, January 29, at 8:15 p.m. in the Administration Building.



Oyster Bay Town Receiver of Taxes Gary F. Musello, kneeling left, and fellow members of the Syosset Rotary Club host a holiday party for members of the Town's Group Activities Program (GAP) for the handicapped. Rotary President Huble Baumgartner, standing left, and Jerry Marlowe, kneeling right, distribute gifts to GAP participants Jackie Hoffleit, second from left, of Massapequa, Robert O'Shea, second from right, of Hicksville and Richard Smith of East Norwich.

Local Students In Blood Drive

The Misses Karen Calvert of Hicksville and Patricia Camphausen of Levittown are among students and faculty members from The Berkeley School of Long Island in Hicksville who participated in the annual blood drive at the campus.

Twenty-seven pints of blood were donated at this drive. It was pointed out by the blood bank that

one pint of blood is capable of saving five lives.

Miss Calvert, a graduate of Hicksville High School, is enrolled in Berkeley's nine-month word processing program. Miss Camphausen, an alumna of Division Avenue High School, Levittown, is enrolled in the nine-month intensive secretarial program.

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Town Sets Re-Hearing Date

Oyster Bay Town Councilman Howard T. Hogan, Jr. announced that the Town Board has set January 28, 1986 as a re-hearing date on a request for a change of zone in Plainview.

Hogan said, "The applicants, Alan and Susan Ross, requested a change of zone from 'D' residence district to 'R-O' residence-office district for premises located on the northeast corner of South Oyster Bay Road and Wendell Street (Laurel St.), known as 525 South Oyster Bay Road in Plainview.

Hogan noted that after an October 8, 1985 public hearing the applicants voluntarily agreed to limit the use of the premises to that of a law office, and the Board has therefore agreed to a re-hearing on the amended application.

The re-hearing is scheduled to begin at 10 a.m. on Tuesday, January 28, 1986, in the hearing room of Town Hall East, Audrey Avenue, Oyster Bay.

THE OFFICE CAT

By Gabby Tabby



THE INDUCTION of Oyster Bay Town officials elected in November will be held on Tuesday, January 7, in the hearing room of Town Hall East, Audrey Avenue, Oyster Bay, beginning at 1:30 p.m. Those being installed are Supervisor Joseph Colby; Town Councilmen Howard T. Hogan, Jr., Kenneth S. Diamond, Douglas J. Hynes and Angelo A. Delligatti; and Town Clerk Ann R. Ocker....**IF YOU** have been wondering about those large scale changes in the management of Newsday announced in the last few days....the reason most press observers give is that Newsday is not doing well in its attempt to enter the New York City market and the new staff is supposed to be the answer. The fact is that Newsday has been slipping in its circulation in Nassau County for some time and needs a horizontal expansion to keep ahead....**THERE** is a number of bus schedule changes going into effect on Dec. 29. If you use routes N20 or N21 Hicksville to Glen Cove the schedule is changed. To obtain copies of schedules or a MSBA map write to Passenger Services, Metropolitan Bus Authority 1640 Hempstead Turnpike, East Meadow or for information call 222-1000.....**THERE** is a new push to build separate schools for the gifted on L.I. similar to the BOCES setup for non-academic subjects. BOCES is outside of the jurisdiction of local taxpayers and its budget is not subject to a turn down by voters. A similar concept may be underway for the gifted schools which might assess the local taxpayers but not be subject to their approval. A recent survey costing \$200,000 neglected to explain this.....**ODD** situation in the state has the State Republican Leaders wanting to lower sales taxes and Nassau County Republicans stumping to retain the extra cent in Nassau County even though the special county bill is set to expire....**PEOPLE** who live near the Old Bethpage landfill dump are sporting bumper stickers saying "Dump the Dump".....**BECAUSE** of the early deadline the crime report will be printed here next week. That's all the news for now. G.T.

Town Hearing In January To Amend Bldg. Zone Ord.

The Oyster Bay Town Board has scheduled a public hearing for Tuesday, January 28, to consider an amendment to the Town's Building Zone Ordinance that would increase fines for violations of any section of the ordinance, according to Town Councilman Angelo A. Delligatti.

"The proposed amendment would raise the fine from \$250 to a maximum of \$350 for a first violation, to a minimum of \$350 and a maximum of \$700 for a second violation, and to a mini-

mum of \$700 and a maximum of \$1,000 for a third and subsequent violations," Delligatti explained. "Currently, the fine is \$250 with each week the violation continues constituting a new violation."

Delligatti noted that the penalty of six months imprisonment in addition to or in place of the fine would remain the same.

The hearing is scheduled for 10 a.m. in the hearing room of Town Hall East, Audrey Avenue, Oyster Bay.

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A Christmas Scene In Hicksville From The '50's



A beautiful evening sight for 25 years was Downtown Broadway, Hicksville at Christmas time. This photo taken in the late '50s shows the view to southward before the trauma of railroad elevation and widening of Broadway which destroyed all of the well known stores in the right of the picture. Beatty's Stationers, Saanmer Hardware, the popular Sweetshop of the Ecomopoly family, Englerts Bakery at Mario Street and across the corner, the handsome Huetzner building were in their last years when this picture was taken by Pierre Charbonnet. The lighting and garlanding of Broadway for the holidays was an annual assessment project of the Hicksville Chamber of Commerce among merchants, from 1939-1964. In the last year, the impending State demolition of West Broadway stores for road widening so lowered the merchants' morale that the decorations had to be discontinued for lack of funds.

(Photo from the Hicksville Gregory Museum Historical Collection)



Nearly 200 local runners and their guests flocked to Copperfield's Restaurant in Garden City Park for the annual Long Island Road Runners Club Holiday Party on December 15. Pictured here enjoying the festivities are (L. to R.) Audrey Saltberg, Barry Saltberg, Jill Atlas and Steve Atlas, all of Plainview and members of the Plainview-Old Bethpage Road Runners Club.

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GREETINGS TO ALL

PAGE SEVEN Friday, December 27, 1985 Mid Island Times, Bethpage Newsgram, Jericho News Journal & Syosset Advance

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Our Children



The world needs mechanics, too

By Willard Abraham, Ph.D.

Q. We have four children, and face a problem with No. 4 that we haven't encountered before. He has no intention of going to college when he finishes high school.

Our other three are either attending college or have finished those four years, and all apparently benefitted personally and jobwise from the experience. So did my husband and I.

This one is different. He loves to putter around his car, and is quite good at it. He reads magazines about car mechanics, has worked after school to earn money to buy auto tools and equipment, and talks to his friends about all this. They, too, are "auto maniacs."

It is all pretty foreign to us, and we don't quite know how to handle it.

A. One of the things we have to learn as parents is that we really cannot live our children's lives. Guide them, counsel them, hope they will be happy, listen to them — yes, all of those — but we cannot make the final decision of what they will do with their lives.

It may not be an easy fact to face, but most parents learn in time that independence from family domination has to come eventually.

Frankly, your son sounds terrific. I wish I could find an automobile mechanic with his outlook and apparent competence!

Q. It was so interesting to read the letter you received from the mother of a hyperactive 9-year-old.

I felt that I could have written it myself because we also have a son who is 9 and hyperactive. He is on Ritalin and Dilantin and has been since he was 4 years old. He sees a neurologist about twice a year and sometimes more often if necessary.

We have tried many different approaches in dealing with his behavior, and the reward system works best. We have tried spanking with a belt for inappropriate behavior, but that has not been helpful. Grounding and time-outs have helped some.

Our son does not have many friends and receives special help on a one-to-one basis at his school.

We feel that he has matured a lot since he was 4 years old, but he still has a way to go. We are praying that by the time he is an adolescent he will have outgrown the hyperactivity or be able to control it better. According to tests, he has been hyperactive since he was 2 years old, if not since birth.

Thank you for letting me share our story.

A. Hyperactivity continues to be a misunderstood area for some parents, but obviously not for the writer of this letter. When children, es-

pecially young ones, act in ways that are not always calm and controlled, their parents sometimes attach the label of "hyperactivity" to them. Although the youngsters may merely be displaying the energy, enthusiasm or excitement of new discoveries in this wonderful world of ours, their enjoyment and creativity could be misinterpreted.

It may take an expert teacher, psychologist, pediatrician — or parent — to differentiate between the child who is active and within the "normal range" and one who is truly hyperactive.

This reader apparently is well acquainted with that difference.

Q. I love chocolate, always have, and the only negative effect it seems to have on me is that I am too heavy. But maybe my weight relates to something else anyway.

My question isn't about me though. It is about my 10-year-old son who also likes chocolate. I guess it would be more accurate to say he "devours" it, eats it every chance he gets, uses his entire weekly allowance on it.

He eats his meals regularly, so they are no problem. It's just that I have a feeling that so much chocolate isn't good for him.

What do you think?

A. Your family physician is better able to answer your question than I am. He or she can personalize it to your youngster.

Most foods in excess may be either of no value or detrimental, and ones that contain a lot of sugar could tend toward the harmful side.

You don't sound surprised that your son seems to be following your lead. Your situation indicates the kind of model we are for our children. Cutting back on your "chocolatic" tendencies might be helpful in encouraging him to moderate his — and the results could be of value to both of you.

NOTICE

HAVE YOU A HIDDEN TALENT that has yet to be discovered in print?

We are looking for articles, not exceeding 3,000 words, on local topics, opinions, ideas, nice places to visit on Long Island, and even fiction. In our magazine section, we will try to "Discover" one new feature length article and writer per week. Each writer will be reimbursed a stipend of \$25.00

If you want to be published and be part of an issue of Discovery you may submit your article to: Litmor Publications, 81 East Barclay Street, Hicksville, N.Y. 11801.

YOUR SOCIAL SECURITY

Deductions change in 1986

Q. Will you please print the 1986 changes in Social Security regarding both the employer and employee Social Security deductions.

Are self-employed people treated any differently? — J.S.

A. The wage base in 1986 for both earnings from wages and self-employment will be \$42,000.

For wages, the amount of FICA taxes withheld from both the employer and employee will be 7.15 percent each for a total of 14.3 percent.

For self-employed people, the 1986 FICA amount will be 14.3 percent. However, a 2.0 percent tax credit will be given, reducing the effective rate to 12.3 percent on net earnings from self-employment.

Q. I will be 62 in three months and intend to file for my Social Security benefits. Will my Medicare benefits also start at that time? — K.K.

A. No. Your Medicare coverage will start the month you reach age 65.

Q. Are Social Security benefits that are being paid in 1985 going to be subject to taxation as they were in 1984? — J.B.

A. Yes. Up to one-half of your Social Security benefits may be subject to federal income tax for

any year in which your adjusted gross income for federal tax purposes plus non-taxable interest income plus one-half of your Social Security benefits exceed a base amount.

The base amount is \$25,000 for an individual and \$32,000 for a couple filing jointly. The base amount is zero for a couple filing separately if they lived together for any part of the year.

Most beneficiaries will not be affected. More information can be found in Internal Revenue Service Publication 915.

Q. How much salary does a person have to make to receive four quarters for a year's worth of Social Security credits? Do you have to work in all quarters? Is it the same for self-employed? — G.L.H.

A. In 1985, your gross salary would have to be \$1,640 to receive credit for four quarters of coverage. In 1986, the figure will be \$1,760.

Quarters of coverage are based on annual income from work for self-employed and employees without regard to the length of time actually worked.

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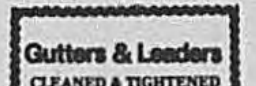
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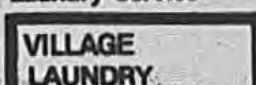
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Antiques Collectibles

ANTIQU OR JUNQUE



By James G. McCollam

Original Thonet have maker's mark

Q. Could this chair be an original Thonet? I can't find any marks any place but it certainly looks like the bentwood furniture made by Michael Thonet in the mid-19th century.

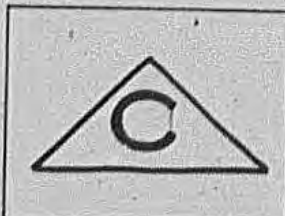
I would also like to know the value of this chair.



A. Thonet and his sons who followed him always marked the furniture they manufactured. This was probably made by a competitor in the late 19th century. It would sell for about \$275 to \$325.

Bentwood furniture was popular in ice cream parlors and restaurants, but collectors have bought everything they could find, so the prices are going up.

Q. I have a covered glass dish with a female nude figure for a stem. It is 8 inches in diameter and 10 inches tall. Attached is a sketch of the mark on the bottom of the base.



A. This mark was used by The Cambridge Glass Co., Cambridge, Ohio, after 1920, so your covered compote was probably made in the 1930s. It would sell for \$125 to \$135.

Q. What can you tell me about Angelica Kauffmann, who painted so much porcelain in the 19th century?

A. First, I can tell you that she never painted a piece of porcelain in her life.

Angelica Kauffmann was a neoclassical Swiss artist who lived from 1741 to 1807. In the late 19th century copies of her paintings (including her signature) were applied to porcelain blanks by copper plate transfer (similar to our modern decals). As a matter of fact, there were so many pieces produced that it would have taken a hundred artists to paint them by hand.

Today these "Angelica Kauffmann" pieces sell in the \$50 to \$150 range.

Send your questions about antiques with picture(s), a detailed description, stamped, self-addressed envelope, and \$1 per item to James G. McCollam.

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The December 17 meeting of the Plainview-Old Bethpage Road Runners Club was highlighted by a program on Ultramarathoning. An ultramarathon is any race that exceeds the "standard" marathon distance of 26 miles, 285 yards. Such races are customarily held at distances of 50 miles, 100 kilometers or 100 miles. Some such races involve time rather than distance, with the object being to cover the most ground possible in 12 hours or 24 hours or even more. Several POBRRers belong to the elite fraternity of ultramarathoners, and they were on hand at the December 17 meeting to share their fascinating experiences. Pictured here, Jeff Jacobs of Bethpage speaks to the Club membership as his fellow ultramarathoners lend moral support in the background.

Discovery Day At Gregory Mus.

The first of the Children's Winter Workshops at the Gregory Museum will be held on Friday, December 27 at 10 a.m. and 1:30 p.m. These workshops will be "Discovery Days", designed to arouse and satisfy the curiosity of youngsters between the ages of 9 and 12 concerning the world of nature and physical forces.

During the holiday vacation boys and girls are invited to be part of the Friday, December 27 workshop, learning about the world's water supply, its importance, uses and the way in which water moves, works for man, is used up and replenished.

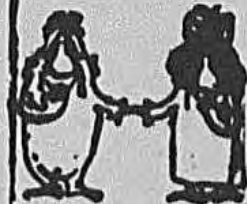
Youngsters will learn also, of the world's amazing living fossil, the horseshoe crab. Familiar enough to most Long Islanders, they are most interesting to study. How have they remained essentially unchanged for several hundred million years? Are they dangerous? Who are their relatives in nature if they are not really crabs? These are mysteries and more will be the subject of the first Children's Winter "Discovery Day" at Gregory Museum.

Registration for the December 27 two workshop sessions may be by telephone or in person at the Museum, at Heitz Place, Hicksville or by telephoning 822-7505. Tuesday - Friday, 9:30 - 4:30 and Saturday - Sunday 1-5. The registration fee is \$3.00.

Art Society To Show Films

The Independent Art Society will be showing two interesting films from the National Gallery of Art in Washington, D.C. at its January 6 meeting at 7:30 p.m. at the Hicksville Library, 169 Jerusalem Avenue. In addition to "On Loan From Russia-41 French Masterpieces" and "Picasso at the Circus" we will be privileged to see a collection of personal slides of art works and architecture taken in Leningrad by Mr. and Mrs. Armand Tarantelli. Mrs. Tarantelli is Vice President of IAS and extends a cordial invitation to all who would like to see these pictures. Refreshments will follow.

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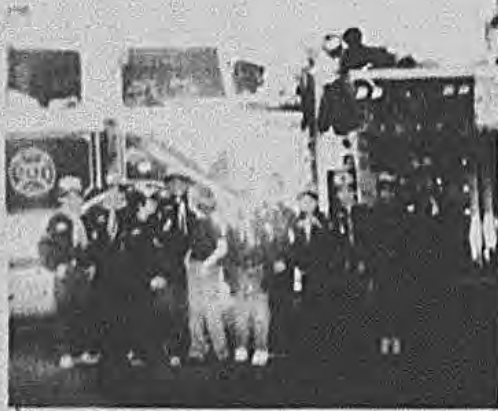
Pack 172 Helps At Open House

On December 8, East Street Cub Pack 172 had the privilege of working at the Fire Dept. It was their annual Holiday Open House.

First the boys watched a program on safety in the home.

Then they were given booklets and stickers to hand out to the public.

The Cubs loved working with the firemen. After they finished, they all went to see the main attraction of the day! Santa Claus.



East Street Cub Pack 172 at the Fire Department's Holiday Open House.



Jamie DiSilvestre, Jim Walker, and Michael Endes pose with a fireman as they take a break from passing out booklets.

Happy Birthday Greetings Sent

Happy Birthday to Bertha J. Salerno December 31 from Son Gene Salerno. (Senior Citizen).

Happy Birthday to Mary Christina Salerno December 25 from Dad - Gene and Grandma Bertha.

LEGAL NOTICE

Notice is hereby given that an Order entered by the Supreme Court, Nassau County, on the 3rd day of December 1985, bearing the Index Number 21910-1985, a copy of which may be examined at the Office of the Clerk located at 240 Old Country Road, Mineola, N.Y., in Room Number 106, grants me the right to assume the name of Sandra Z. Goldstein. My present address is 44 Arrow Lane, Hicksville, N.Y. 11801; the date of my birth is December 18, 1932; the place of birth is New York, N.Y.; my Ohio, after 1920, aka compote was probably 1930s. It would sell for

Resident Named To Advisory Bd.

Herb Nick, a customer service representative with Pitney Bowes, has been named to the company's Customer Service Advisory Board.

A resident of Syosset, Nick has worked at Pitney Bowes' Manhattan office since he joined the company in 1962.

Board members, who are named every quarter from each of Pitney Bowes' seven U.S. regions, are chosen for outstanding performance based on knowledge, decision-making and problem solving skills and initiative.

Syosset Schools Holiday Schedule

Schools will be closed for students and faculty December 23, 1985. They will reopen January 2, 1986.

LEGAL NOTICE CERTIFICATE OF LIMITED PARTNERSHIP OF LECK-38

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SECOND: The nature of the Partnership's business shall consist of and be to engage in the business of owning and leasing real estate and making investments of every kind and nature whatsoever, and in connection therewith, to purchase or otherwise acquire, own, hold, manage, operate, develop, exploit, improve, maintain, mortgage, or encumber, lease, sublease, sell, transfer, option or otherwise dispose of, and generally to deal in and with property of any character or description whatsoever real, personal or mixed, tangible or intangible, and wherever situated or evidenced, and any interest rights, estates and privileges therein. In furtherance of the purposes of the Limited Partnership, the Limited Partnership shall have the power to do any and all other things whatsoever necessary or desirable in connection with the foregoing.

THIRD: The location of the principal place of business of the Partnership in New York is 135 Crossways Park Drive, Woodbury, New York 11797.

FOURTH: (a) The name and principal place of business of the General Partner is: **NAME** William J. Leck **ADDRESS** 45 Roxbury Road, Rockville Centre, New York 11570.

(b) The names and places of residence of the Limited Partners are: **NAME** Leck Industries Ltd. **ADDRESS** 135 Crossways Park Drive, Woodbury, New York 11797; **NAME** James F. Quinn **ADDRESS** 16-45 200th Street, Hayside, New York 11360; **NAME** Joseph C. Vinci **ADDRESS** 8 Forest Avenue, Peckskill, New York 10566.

FIFTH: The term for which the Limited Partnership is to exist is from the date of filing the Certificate until December 31, 2010.

SIXTH: The Partners shall contribute the following sums to the capital of the partnership: **NAME** William J. Leck **AMOUNT** \$73,950; **NAME** James F. Quinn **AMOUNT** \$15,225; **NAME** Joseph C. Vinci **AMOUNT** \$15,255; **NAME** Leck Industries Ltd. **AMOUNT** \$40,600.

In addition to the foregoing cash capital contribution, Leck Industries Ltd. shall contribute to the partnership capital all of its right, title, and interest in and to certain real property presently under a contract of sale dated October 17, 1985 between Jay J. Raddock, as Seller, and Leck Industries Ltd., as Purchaser and a building contract dated October 17, 1985 between Jack Conner, Inc., as Seller and Leck Industries Ltd., as Purchaser.

SEVENTH: No Limited Partner shall have the right to demand the return of his or her capital contributions to the Partnership except upon his or her withdrawal from the Partnership, which withdrawal is limited by the terms of the Partnership Agreement.

LEGAL NOTICE

EIGHTH: For each Fiscal Year, all net income or net losses for each Accounting Period, and all Unrealized Profits or Unrealized Losses for each Accounting Period, shall be allocated as follows: (a) Leck Industries Ltd. 28%; (b) William J. Leck 51%; (c) James F. Quinn 10.5%; (d) Joseph C. Vinci 10.5%.

NINTH: No Limited Partner shall sell, assign, pledge, or otherwise encumber or dispose of all or any part of his or her interest in the Partnership (including any beneficial interest therein), without the prior written consent of the General Partner. Additional Limited Partners may be admitted with the prior written consent of the General Partner.

TENTH: No priority is given to one or more of the Limited Partners over the other Limited Partners as to contributions or as to compensation by way of income.

ELEVENTH: The Partnership shall continue after death, bankruptcy, incapacity or retirement of the sole General Partner, if a temporary General Partner is designated by unanimous consent of the Limited Partners and if such temporary General Partner files written notice within 30 days of said notice to be bound by all of the relevant terms of the Partnership Agreement.

TWELFTH: No right is given to any Limited Partner to demand or receive property other than cash in return for his contributions.

SA 7316
6x12/20,27,1/3,10,17,24

LEGAL NOTICE

Delco Development Mid-Island Company, 61 Jericho Turnpike, Jericho, N.Y. 11753, Certificate of Limited Partnership filed in Nassau County Clerk's Office November 27, 1985. Business: Acquire, lease, mortgage, operate and sell certain real property.

General Partners: Allen Yudell, 21 The Loch, Roslyn Estates, N.Y.; Martin Yudell, 330 Fox Hunt Crescent South, Syosset, N.Y.; Limited Partner, Contribution and Share of Profits: Robert A. Levitas, 141 East 72nd Street, N.Y.C., \$100, 1%. Term: 50 years from November 30, 1985. No additional contributions are required to be made. No time decided upon for the return of contributions. Limited partners shall receive 1% of the profits in proportion to their contributions. No limited partner may substitute as assignee in his place. Additional limited partners may be admitted. Any priority among limited partners will be determined as such becomes just and necessary. Upon the death, retirement, insanity or bankruptcy of the remaining general partner, the partnership shall be dissolved unless within thirty (30) days, all the limited partners elect to continue the partnership. No limited partner may demand and receive property other than cash in return for his contribution.

JNJ 7732
6 X 12/6, 13, 20, 27, 1/3, 10

LEGAL NOTICE

CPR Realty Co., c/o Daniel W. West, 50 Jericho Turnpike, Jericho, New York 11753 Substance of Certificate of Limited Partnership filed in the Nassau County Clerk's Office November 20, 1985. Business: acquire, own & operate real estate. **General Partner:** Daniel W. West, 280 Circle Road, Syosset, New York 11791. **Limited Partner, Cash Contribution & Share of Profits:** Joan C. West, 280 Circle Road, Syosset, New York 11791. \$1,000., 70%. Partnership will continue until earliest of (a) December 1, 2020; (b) a determination by the General Partner that the partnership be dissolved or terminated; or (c) disposition by the partnership of all property and mortgage it may hold or interest it may acquire in exchange for disposition of the property. Additional contributions to be made. A Limited Partner may substitute an assignee in his place. The General Partner may admit additional Limited Partners. No Limited Partner shall have priority over other Limited Partners as to contributions or as to compensation.

JNJ 7730
6x 11/29, 12/6, 13, 20, 27, 1/3

LEGAL NOTICE

CEDAR GROVE ASSOCIATES, 41 Broadway, Hicksville, NY 11801. Substance of Certificate of Limited Partnership filed in Nassau County Clerk's office November 15, 1985. Business: To buy, rehabilitate and hold or sell for greatest profit real property located in New Jersey. **General Partner:** R.W. Realty Co., 41 Broadway, Hicksville, NY 11801. **Limited Partner:** Brian B. Boehm, 15 Lafayette Ave., Sea Cliff, NY 11579. Partnership to exist until December 31, 1995 or upon completion of the Partnership's purposes prior to December 31, 1995. Contribution of the initial Limited Partners shall be \$20,000. cash for each unit up to 26 units for a total of \$520,000 for the Limited Partner as a group. No additional contributions agreed to be made. Contributions returned as provided in the Partnership Agreement. Share of profits: 40% General Partner and 60% Limited Partners as a group. Share of losses: 0% General Partner and 100% Limited Partners as a group. Limited Partner may substitute an assignee only as provided in Agreement. No additional partners admitted after 26 units. No priority among Limited Partners, as to contribution or as to compensation by way of income. Continuance of business upon the death, retirement or insanity of General Partner is as provided in the Partnership Agreement. This Certificate is made and recorded pursuant to the provisions of Section 91 of the NY Partnership Law. **IN WITNESS WHEREOF**, the parties hereto have executed this Certificate of Limited Partnership this 8th day of November, 1985.

GENERAL PARTNER: Ronald Lupia
INITIAL LIMITED PARTNER: Brian B. Boehm
County Clerk of Nassau County, NY #7493

JNJ 7729
6x 11/29, 12/6, 13, 20, 27, 1/3

News From Plainview Library

January Exhibits

In the **Mint Gallery**: Oil paintings and pencil sketches exhibit by Brett Cohen.

Desk Showcases and Lobby Showcases: L.I. Quilters Society Exhibit by L.I. Quilters Society.

Small Showcases: Tobay Tigers Exhibit by Tobay Tigers (Senior Citizen Softball Team 60 years +) Sponsored by the Town of Oyster Bay.

Computer News

Practice makes perfect - or at least higher SAT scores. Software is available for use in the library on Atari Comuter 25¢ for 15 minutes.

Word Processor software can be used by all ages for school reports, resumes, mail lists. Reserve a bloc of time by calling AV center.

Typo Attack - a fun method of learning to type. Brush up on your skill and use the different speed modes to improve.

Everyday our world gets more complicated and confusing. Key statespersons can have enormous impact on particular situations. There must be some way to put the pieces of the political puzzle together.

On **Friday, January 3, from 1 p.m. to 3 p.m.**, Barbara Krupit will lead a discussion on Insights into Current Issues at the Plainview Old Bethpage Library. Mrs. Krupit has had these discussions for years and often clears up the issues.

If you don't follow the news, and you want to, Insights into Current Issues serves as an excellent start.

In the months ahead the Plainview Old Bethpage Library will be offering a folk dancing course to all levels of dancers. Under the instruction of Miriam Sharin, you can learn to put your best foot forward.

The course will be offered over a three month period on **Mondays, from 10 a.m.-12 noon**. All twelve sessions cost only \$36. The course starts on **January 6**. Registration is at the circulation desk. There are no cancellations and no refunds.

Motion pictures have been the transmitter of social messages. In the case of "A Passage to India" the message had political overtones. On **Wednesday, January 8 at 3 and 7:30 p.m.**, the Plainview Old Bethpage Library will be presenting this Academy Award winning film.

"A Passage to India" investigates the line drawn between cultures. Focusing on two British women, the film examines their attempts to cross the cultural boundary. It lasts 163 minutes and has a rating of PG.

Attention all lovers of fine music. On **Thursday, January 9 at 8 p.m.**, the Plainview Old Bethpage Library will be presenting a concert. The performers are Kathleen Lacey, a mezzo soprano and William Williams, the piano accompanist.

Both Lacey and Williams have sharpened the tools of their trade. As a graduate of the School of Music at the University of Oregon and a performer in such plays as "Carmen" and "Madame Butterfly", Lacey acquired useful insight into the world of music. Williams, having been a fulltime coach and conductor in NYC since 1980, has taken on rigorous

musical goals. Both individuals have planted the seeds of success.

On **Monday, January 13, from 1-3 p.m.**, Aharon Appelfeld's novel *Tzili - The Story of a Life* will be discussed at the Plainview Old Bethpage Library. Mrs. Barbara Krupit will direct the discussion which includes audience participation.

Harriet Doerr published her first novel at 73 years of age. From there she went on to further literary experiments. One of those experiments, "Stones for Ibarra", is a study of determination and hope. The novel begins with an introduction to Richard and Sara Everton's problem and their attempt to solve that problem. Though intimidated by financial instability, the Evertons are determined to reopen their business in the Mexican town of Ibarra. What follows is their quest for happiness south of the border.

On **Tuesday, January 14, at 8 p.m.**, the Plainview Old Bethpage Library will hold a discussion on "Stones for Ibarra". The discussion should prove to be both entertaining and intellectually stimulating. Everyone is not only welcome, but encouraged to come and voice their opinion.

The Board of Trustees of the Plainview Old Bethpage Library will hold a budget review meeting on **Wednesday, January 15, at 7:30 p.m.** in the Staff Room.

Have you been bombarded by long distance phone company commercials each encouraging you to use their service? Have you found yourself confused or unsure about what company to use? Are you unaware of the choices available? If you answered "yes" to any of these questions, guidance will soon be available.

On **Thursday, January 16, at 1 p.m. and 8 p.m.**, the Plainview Old Bethpage Library will be presenting "Choosing a Long Distance Phone Carrier". This session is aimed at explaining the present options for long distance phone companies. It will also provide information on the different benefits of these companies. If a voluntary decision is not made, a long distance company will randomly be assigned to you. The choice is yours, so make it. Kathy Rau from Cooperative Extension Association of Nassau County will be the speaker.

The Plainview Old Bethpage Library has a post holiday gift for you. On **Sunday, January 19, at 3 and 6:30 p.m.**, the library will be presenting Helen and Meyer Zarembo in "From Pinsk to Pushcart to Plainview". This talented duo is sure to restore a festive mood in your heart.

The Zarembo's combine comedy and song to produce an entertaining show. Through satirical Yiddish comedy, the Zarembo's will make you laugh. With melodious songs they will bring music to your ears. The final result is exciting entertainment.

Shakespeare said that all the world's a stage and all the people players. Throughout life these players change their roles. The Plainview Old Bethpage Library will analyze into a challenging performance in the "Women's Role After 60". This program will examine one's own retirement.

the retirement of a spouse, living arrangements, relationships with older parents, self esteem in the aging process and the management of finances.

The Family Service Association of Nassau County will conduct this program. On **January 21**, a six session workshop will begin. Each session will run from 1-3 p.m. Admission is \$3 for six sessions. This is one role worthy of study.

Plainview-Old Bethpage: Does sewing keep you in stitches? Do you know how to use a sewing machine and how to use a pattern? Do you wish to develop your skill to the intermediate and advanced levels? If you answered "yes" you will want to come to the Plainview-Old Bethpage Library.

Under the instruction of Lillian Myones, the Plainview-Old Bethpage Library will be offering a sewing course entitled Intermediate and Advanced Sewing. The course will begin on **Tuesday, January 21** and will continue through **March 25**. The course will run from 10 a.m.-12 noon. The price is 10 sessions for \$25. There are no refunds and no cancellations. Register at the circulation desk. Come sew up a storm.

Plainedge: You can learn to make a coat or suit the way tailors do. You can learn pattern making and tailoring. You can do all this at the Plainedge Library.

Under the instruction of Lillian Myones, the Plainedge Library will sponsor two sewing courses. The courses begin on **Monday, January 20**. Pattern Making is from 10 a.m.-12 noon and Tailoring is from 12:30-2:30 p.m. Each course is \$25 for 10 sessions. There are no refunds and no cancellations. Register at the circulation desk. Expand your sewing knowledge.

The Plainedge Library is located at 1060 Hicksville Road in Massapequa. (735-4133).

The Board of Trustees of the Plainview Old Bethpage Library will hold a regular business meeting on **Wednesday, January 22 at 7:30 p.m.** in the Staff Room of the Library.

Job seeking individuals should prepare themselves to attend a fact filled program. The Plainview Old Bethpage Library will be presenting "Getting the Job You Want" with lecturer Jane Yankura, Academic Dean of Continuing Education at the Berkeley School. This informative program will examine resume writing, getting the interview, interview questions, dressing for success and researching a company. A question and answer session will follow the lecture.

The date for this "job getting" program is **Thursday, January 23 at 8 p.m.** The place is the Plainview Old Bethpage Library. People interested in the secret to success should attend.

The sixties were not only a time of social change and protest. They also represented America's adolescence. "The Flamingo Kid" takes place in the summer of '63. Matt Dillon leaves the city life for a more sophisticated Long Island Beach Club. While there, he encounters love, joy, anger and hope. This nostalgic journey is 99 minutes long and has a rating of PG-13. The Plainview Old Bethpage Library will be showing this film on **Friday, January 24 at 3 and 8 p.m.**

The Plainview-Old Bethpage Library will be addressing the future entrepreneurs of Long Island. Individuals with the drive to get ahead should attend "How To Start A Business From Your Home", featuring famous Lecturer Constance H. Lagan. This informative session will provide the novice with information on priorities and goals, the preliminary steps in business formation, product/service decisions, the five fatal flaws, promotion and advertising and other related subjects.

The date for this ground-breaking program is **Thursday, January 30, at 8 p.m.** The place is the Plainview-Old Bethpage Library. People interested in attending need only bring the will to learn.

News From Mid Island Y

The Mid-Island YM-YWHA's Saturday Evening Showcase which has had capacity crowds at the Mike Burstyn, Zamir Chorale, Kaplye Klezmer and the Tribute to Jan Peerce Concerts, is sponsoring a series of Saturday Night Movies starting in January.

The highly acclaimed "Kaddish", will be shown Jan. 4 at 8:30 p.m. The story concerns Yossi Klein, son of a Holocaust survivor who was raised in the Boro Park Section of Brooklyn. He was educated to be prepared for another Holocaust. This film is a candid portrayal of a young Jewish activist coming to terms with his father's traumatic history. Producer-Director Steve Brand will speak and lead a discussion after the film.

On January 18 at 8:30 p.m., "Brighton Beach" will be featured. This movie, starring older Jews and Italians, young Puerto Ricans and some Soviet Jews, who are all residents of this "poor man's paradise by the sea, emphasizes survival; immigration and how the poor find pleasure despite being uprooted from their native lands. Barbara Krupit will lead a discussion after the movie.

For those desiring further information, call Marge Parness at the Mid-Island Y, 45 Manetto Hill Road, 822-3535. Tickets are \$2.50 for members; \$3.50 for non-members with discounts for Senior Citizens and students.

The Mid-Island YM-YWHA is looking for a used baby grand piano that has served well, but is gathering dust from lack of use. The piano is needed to enhance the musical background for cultural arts performances.

Those who have a piano they no longer desire or need, should call Marge Parness at 822-3535.

The "Y" is not opposed to buying the piano, but would gladly take it off your hands as a donation.

The Mid-Island YM-YWHA Older Adults Club has a full schedule planned for January including details of a little-known occupation, tea tasting January 22, at 12:30 p.m.

William Congalton, a tea taster with the Tea Council of the U.S.A., will demonstrate what is required for this specialized job. His talk will include historical and legendary data on tea, tracing the progress and the difference in various teas. He will point out that some 60 tea tasters sample over 2,000 varieties each year.

Other Older Adult Programs planned for January include: Jan.

On **Friday, January 31 at 3 and 8 p.m.** the Plainview-Old Bethpage Library will cater to the comic needs of Woody Allen fans. On this date the library will present Allen's "The Purple Rose of Cairo".

The main character of the film, Mia Farrow, is a small town girl with big town dreams. She attains these dreams at the movies. With this premise, Allen transcends the boundaries of fantasy and reality. He allows characters from the movies to enter the real world. What results, is 82 minutes of fine film.

The Library is located at 999 Old Country Road in Plainview, opposite the Morion Village Shopping Center (938-0077).

8-Using Medication Wisely," with a noted pharmacist addressing the group. **Jan. 15** - "Jewish Superstitions," **Jan. 29** - "Old Timers Day," an afternoon of fun and games.

These events are free to members; \$1 for non-members. Those desiring further information should call Ruth Panken at the "Y" 45 Manetto Hill Road, at 822-3535.

The Mid-Island YM-YWHA will hold an evening of folk dancing, Sunday, Jan. 5 from 7-10 p.m. at the "Y" 45 Manetto Hill Road.

Everyone is welcome - novices and mavens - to learn Israeli, Greek and Balkan dancing under the watchful eye of instructor Joe Nemovicher.

Fee is \$2 for members; \$3.50 for non-members. Those desiring additional information should call Marcia Smoller at 822-3535.

The Mid-Island YM-YWHA Adult Group Services Division will hold a Sunday Old-Year's End Singles Brunch, December 29 at 11 a.m. featuring the songs of Laura Sands Paer along with the repast.

All singles are invited to participate in saying good-bye to the old and prepare to welcome in the New Year.

Sunday singles brunches are a regular weekly activity at the "Y" 45 Manetto Hill Road.

Singles Brunch schedule for January: **Jan. 5** - Movie and discussion (movie starts at noon); **Jan. 12** - Contemporary Jewish Issues Brunch; David Mowitz of Anti-Defamation League will talk on "The UN Resolution"; **Jan. 19** - "Getting Your Point Across - Communications Skills"; **Jan. 26** - Games Brunch featuring Trivial Pursuit, Monopoly and cards.

For details on the Singles Brunches call Laura Harris 822-3535. Brunch fee: \$4. Members: \$5. Non-members: \$1.

Thursday, January 2, at 8 p.m. - Single Parents' Post New Year's Party "Adults Only" call Laura at 822-3535. Members: \$4. Non-members: \$5. At Mid-Island Y, 45 Manetto Hill Road, Plainview, NY 11803.

Thursday, January 2, at 8 p.m. - New Outlook (50+ widowed) New Years Social-Call Laura 822-3535. Members \$1.50, non-members \$2. At Mid-Island Y, 45 Manetto Hill Road, Plainview, NY 11803.

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and The Garden City News

The newspaper edition that helps discover new writers, new ideas
through Input and special family features.



DISCOVERY

Friday, December 27, 1985

1986

As The Year
Begins



See Page 3



THE QUESTION OF THE WEEK

Does news of air crashes make you hesitate to travel by plane?
Do you feel uneasy about safety when flying?

Note To Readers:

Because of the early deadline this week, last week's Input question is being carried over until this week.



**Call 931-0027 24 Hrs. a Day
Ground Rules**

You are not limited to the above

but may talk on any subject of

interest to readers.

•One subject to a caller per week•

Simply dial 931-0027 - 24 Hours a Day and follow these simple rules:

1. Wait for the beep.
2. Confine your INPUT to one subject.
3. Limit your opinion to five minutes (make notes before calling)
4. Leave your name and telephone, or simply use a pen name.
(your message can be anonymous)
5. Publishers reserve the right to edit, modify or omit any and all material.

Some Calls On A Variety Of Subjects To Input

FOOD INGREDIENTS

Your recent question on whether shoppers look at the ingredients in food before making a purchase misses a point. The mere fact that packagers of food have to list the ingredients holds down their desire to put things in the food items that may be harmful simply for the gaining of more shelf life for the product. So it would be good if consumers always selected according to the ingredients but the conscious reading of each item before a purchase is made would be time consuming.

Presently food processors would like to get rid of the labeling law but we should not allow that. **K.W.**

IMPORTANT EDUCATION

With regard to whether teachers get more respect or not in your recent question, the good teachers will command respect and the poor ones will not. It is true that families can do much to reinforce the work of good teachers. But in the present society most families realize that even if it is only for selfish reasons, the education process opens the door to the world for a child and few people would want to deny their children this opening. Perhaps much more should be said about the overall values of education because it is forgotten sometimes in local hassles. **L.T.**

BOOK SELECTION

You should have a question concerning the selection of books in public libraries. While these institutions constantly have displays against censorship they in fact do limit the books they buy to ones that please the group running the library. So while they are talking against censorship it is being practiced. So often I look for books on the lives of the saints in the church and so often I cannot find the titles. Yet there is a large segment of the population that would like these books. What I say is merely an example. I believe that there are many other subjects that are short-changed in libraries. There should be some way that the population at large could have some say in what books are purchased. **G.K.**

ANTI ABORTION

It is revealing that the pro-abortion advocates have had to turn to fiction in order to make their case at all plausible, because if they were to state facts they would have much less success. For example, if they were to say abortion is legal up until birth - for any reason whatsoever - no matter how frivolous; or that at the time of abortion the little unborn child has a heart beat, brain waves, fingers and toes; that married women can have abortions without the consent of their husbands; and that if a married woman wishes to, she abort every single child conceived by her husband. There is no mention of a right to abortion in the Constitution and the Right to Privacy, on which the Abortion Right is based, was made up by the Supreme Court. There is a 10% sterility rate associated with abortions, 10 to 20 women die each year as a result of legal abortions and 500 suffer major medical complications.

Pro-Lifers are not crazed, angry fanatics but, in fact, have now established 4000 crisis pregnancy centers across the United States that supply material assistance, counseling, clothing and a place for women to stay when confronted by crisis pregnancies.

When it is in contrast, not one single pro-abortion person has ever started or worked (to my knowledge) at any crisis pregnancy center. So who, may we ask, really has compassion for a woman who is facing a crisis pregnancy and who, on the other hand, seems to be offering a quick-fix, a technological solution to what is really a problem that must be solved in a caring, loving, hopeful way. **M.P.**





1986

As The Year Begins

By Jerard T. Mulvihill

If you've been around as long as I have, or even a bit shorter you should remember song-writer Hoagy Carmichael at the piano playing and singing: "You've got to accent the positive...eliminate the negative...and don't mess with Mr. Inbetween." That was a song with a tremendous living philosophy. It smacks of genius because it's truth set to a tune a person can enjoy. If a competition was held to select an eleventh commandment I'd submit "Thou shalt think and act positively." Or, another way: "Thou shalt not be negative in your lifetime."

Negativism, surprisingly in our land of opportunity has grown like the dreaded crabgrass in our lawns. Wherever one goes one will come in contact with the downside...the gloomy Guses of the world are a tenacious lot. At time they appear to outnumber or threaten to outnumber those with an upbeat, positive attitude...the optimists, the helpful, the kind, the altruistic, the friendly. One might think they're in control because of a prevailing principle. Strange but true, the squeaky wheel gets the oil; just so the negative person gets the notoriety. Unfortunately, we tend to remember the one salesperson who is curt with us while dozens of others, pleasant and helpful will fade from our thoughts. Ask anyone about what experience they've had with police and nine times out of ten they will relate how an officer was unsympathetic, brusque or rude. People tend to forget the cop who really helped when he needn't have. And in fact is helping you all the time even when he's not physically present with you. And you know good schools and good teachers rarely garner headlines but turn up a bad one and you've got a spot on the 11 O'Clock News.

Most people spend more time dialling a particular neighbor than they spend being thankful for and enjoying good neighbors. Think about it.

Recently, a friend of mine, at a social affair approached my table where a man was bemoaning the fact that he had reached 60 years of age. We all turned to my friend to say: "Mike, here, just turned 60." My friend looked straight at Mike and simply stated: "You've your whole life ahead of you." My friend is 82. What an outlook! Even Mike had to smile. And of course we do all have our whole life ahead of us and should make it as rewarding as we can. If everyone will do that there will be no more gloomy Guses. (And I apologize to any reader who may be named Gus).

Oh I know there are many people who are beset by sadness and misfortune in their particular lives, and they may exclaim "It's easy for you to say." But if you carry an inordinate burden of woe, wallowing in the negative won't make it lighter, nor will it make it go away. The positive frame of mind may, for things ultimately change for the better.

I remember as a young man being unemployed for months and undergoing the rigors of job-hunting. Probably ninety percent of you know that experience. As day after day produced a bleaker outlook than the day before depression set in with its first-cousin negativism. I found myself slipping in self-esteem and becoming angry with others who had done me no harm. Family and friends were understanding and supportive and as they predicted eventually the situation changed for the better.

I bring all of this up because at this time of year we're inclined to inventory our lives. A new year can be a new beginning if you want it to be. Or it can be a continuation of an unhappy negative approach to your life. The choice remains with the individual. Wouldn't it be wonderful if everyone selected the elevated path? No more cranky waitresses. No more uncivil garage mechanics. No more ill-tempered co-workers or bosses. No more bullying truck and taxi drivers.

Why not make that resolution now and attempt to make life pleasant for all who come in contact with you?

I stress...this is not a dress rehearsal. It's the real thing and the only show in town. God bless and happy New Year!

ABOUT THE AUTHOR

Jerard Mulvihill lives in New Hyde Park. He is retired from the New York City Board of Education. He is a frequent contributor to Discovery.

DINING GUIDE

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READER RATINGS

YOU CAN BE A RESTAURANT CRITIC-If you visit any of the restaurants selected for inclusion in this section-call WE 1-0027 at any hour and tell your ideas. We want you, the reader, to be our critic. Your message then can be printed in this space.

HAPPY CHOICE
 It takes many ingredients to make for delightful dining. Our party of six felt that we found them all at the newly decorated George Washington Manor in Roslyn. We enjoyed a most delightful Sunday Brunch and were unanimous in saying that it was a happy choice.

The decor is both charming and elegant; the food selection was diversified and exceedingly good; the service is superb. We all agreed it was a delightful way to spend a few hours on a Sunday. We have also been there for dinner and were well pleased. In particular we enjoyed the cozy fireplaces! We heartily endorse this very fine restaurant. **D.J.**

GOOD EXPERIENCE

The Benihana of Tokyo restaurant in Manhasset is a good experience. While the price is not low, the food is good and you get the free entertainment of watching the chef cut the fish or meat in a flamboyant style.

We had the fish dinner which was cooked from beginning to end before our eyes on the hibachi. The salad has a special taste prepared with the house dressing which is a combination of oil, vinegar and spice.

We recommend this restaurant. **M.V.**

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Q. Last week we went to a well known restaurant with a party of four people. Each person ordered something different and the waitress brought the orders out at different times. What happened was that some people had to sit there and let their food get cold while waiting for the others. Some in the party said "go ahead and eat" but no one wanted to do that because it didn't seem right. What should have been done?

G.H.
A. What should have been done is that you should have complained to the management. You have mentioned a good restaurant and we are going to send the complaint to them. The food should all be served at once or as nearly as possible. Otherwise no one is dining together and you might as well have all gone alone. That restaurant will have to get on the ball.

Q. I have noticed that tips are said to range from 15 to 20 percent of a bill in a restaurant. When you calculate this do you figure in the sales tax?

R.K.
A. No you do not generally figure the sales tax in the tip but a great many people now are doubling the sales tax to quickly arrive at the amount of the tip. With the new increased fraction the tip will then closely approximate a 15 percent gratuity.

Q. In a good restaurant that we attended recently an accordion player came around to each table and asked whether we had any requests. My wife made a request and the musician played it. Is this music provided by the restaurant or should I have tipped?

J.B.
A. Generally the musicians are paid by the restaurant to entertain all of the diners. But when you make a special request it is expected that a small tip will accompany the request. In this case \$1 would have been a fair

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Iannone's for a number of years but we really think it has become even better in the last year. Many residents from all different areas have told us that they go to this restaurant in Hicksville. But we

thought it deserves a boost in Reader Rating columns. T & A.B. If you have Questions about etiquette or dining out you may call them in to WE 1-0027 and we will find the answer.

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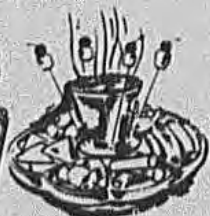
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READER RATINGS



FRESH FISH

A very nice restaurant that we visited after noting it advertised in the Surfside. This restaurant is in its own building on Hillside Ave., New Hyde Park.

It specializes in the freshest fish we have ever eaten and it is all done with recipes that enhance the already fine sole, scrod, shrimp or whatever you may order.

The premises are clean and beautiful with an attractive lounge and bar. This is a great addition to the area. K.S.

BETTER AND BETTER

The Davenport Press is an old landmark in Mineola having been, according to the menu, a bank and a printing establishment. The food at this restaurant continues to improve. Although it was good when it opened, they seem to be hitting their stride now with good service and everything else.

We had fine sirloin steaks at that restaurant last week and the potato (baked) and salad were very good. The price is moderate and all in all we felt it was a good experience. H.S.

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9/30/84 - N.Y. Times



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READER RATINGS



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THE NEW YORK TIMES, SEPTEMBER 15, 1985
— Florence Fabricant

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Quick and easy holiday punches

By Verne Palmer

One of the nicest things about the holiday season is sharing it with people you care about. You can do that — and keep your already busy schedule on a reasonable plane — by building your party around a festive holiday punch bowl and a few simple finger foods.

Whether you choose to serve a cool and creamy eggnog or a steamy, spiced wassail, the preparations are minimal and the effect on the budget all but unnoticeable. And you'll be continuing a tradition that goes back hundreds of years.

"Wassail," the Old English/Old Norse greeting, "Be in good health," first was used as a toast in medieval times. Because most toasting was done at holiday times, by the 16th century "wassail" had become firmly wedded to the traditional spiced ale served on Twelfth Night, Christmas Eve and New Year's Eve.

Nogs, eggnogs and frothy syllabubs were an equally familiar part of the holiday scene. These thick drinks with their rich cream, beaten egg and spice base were as favored for their health-imparting qualities as their fine flavor.

For large gatherings, such as holiday open houses, trim-a-tree parties and Christmas sing-alongs, serve a combination of hot and cold beverages — both traditional and contemporary.

Wine Wassail, Hot and Merry Cranberry Punch, Mulled Mocha Drink and Holiday Wassail Bowl will add to the festivity of the occa-

sion without adding unduly to the alcohol level.

Creamy rich Old English Eggnog, pepperminty Holiday Punch and tangy Mistletoe Punch are chilled alternatives that add to the spirit of the occasion without the use of spirits.

Whichever punch you choose, serve it in a simple bowl garlanded with evergreens and some ribbon or Christmasy trimmings for color.

Keep cold punches chilled by adding a decorative ice block to the punch bowl. To make, simply arrange some fruit in the bottom of a ring mold. Add ½-inch water, punch or fruit juice and freeze until the fruit is secured in place. Then add enough liquid to fill the mold and freeze solid.

OLD ENGLISH EGGNOG

- 4 eggs, separated
- 1 tsp. rum flavoring
- Dash of salt
- 4 tbsps. sugar
- 4 cups milk, scalded
- Heavy cream, whipped
- Nutmeg

Beat egg yolks, flavoring, salt and 2 tablespoons sugar until lemon colored. Gradually add scalded milk. Pour into punch bowl. Gradually add remaining sugar to egg whites and beat until stiff. Fold into nog. Garnish with whipped cream and nutmeg.

Makes 8 ½-cup portions.

Variation: Hot Almond Eggnog — Substitute 1 teaspoon almond

flavoring for rum. Garnish with toasted slivered almonds.

FROTHY SYLLABUB

- 1½ cups sugar
- 2 cups white wine
- 5 tbsps. grated lemon rind
- ½ cup lemon juice
- 3 cups milk
- 2 cups light cream
- 4 egg whites
- Nutmeg

Combine 1 cup sugar, wine, lemon rind and juice. Stir until sugar dissolves. Add to milk and cream. Beat until frothy. Pour into punch bowl. Gradually add ½ cup sugar to egg whites, beating constantly until stiff. Float spoonfuls of puff on punch. Sprinkle with nutmeg.

Makes 16 ½-cup portions.

HOT AND MERRY CRANBERRY

- 1 qt. cranberry-apple drink
- 2 cups water
- 1 cup sugar
- 6 sticks cinnamon
- 10 whole cloves
- Peel of 1 lemon, cut in thin strips
- ¼ cup fresh lemon juice
- Apple slices for garnish

Combine cranberry-apple drink, water, sugar, spices and lemon peel in large saucepan. Bring to boil and simmer for 10 minutes.

Place sieve or colander over large bowl or pitcher. Strain cranberry punch through this, and set it aside to cool for 15 minutes.

Add lemon juice and stir. Pour punch into punch bowl.

Place apple slices in each punch cup before serving the punch.

Servings: 16 punch cups.

MISTLETOE PUNCH

- 1 (6 oz.) can frozen lemonade concentrate, thawed
- 1 (6 oz.) can frozen orange juice concentrate, thawed
- 6 cups water
- ½ cup grenadine syrup
- 1 qt. ginger ale, chilled
- Wafer-thin lemon slices and maraschino cherries for garnish

Combine all ingredients in punch bowl. Just before serving, add some ice cubes and gently stir in ginger ale. Put lemon slice and cherry in each punch cup, and serve.

Servings: 30 punch cups.

WINE WASSAIL

- 3 cups apple juice
- ½ cup granulated sugar
- ½ cup blanched almonds, slivered
- ½ cup seedless raisins
- 2 qts. red wine
- 2 cinnamon sticks and 24 whole cloves, tied in cheesecloth bag
- 6 apples, cored
- 18 tbsps. granulated sugar
- Whole cloves

Preheat oven to 350 F.

Combine apple juice, sugar, almonds and raisins; add to red wine. Put cheesecloth bag with cinnamon sticks and whole cloves in this mixture. Heat slowly in large saucepan, but do not boil, pour into punch bowl.

Meanwhile, fill center of each apple with 3 tablespoons of sugar,

stick with whole cloves. Bake apples, covered, until almost tender, about 45 minutes; remove from oven and place in the punch bowl. Serve hot.

Makes 24 4-ounce servings.

HOLIDAY PUNCH

- 1 qt. chilled milk
- ½ pt. heavy cream
- 1 tsp. peppermint flavoring
- 1 qt. peppermint ice cream, softened
- Crushed peppermint candy

Pour milk, cream and flavoring into punch bowl. Add half of ice cream and stir until blended. Float remaining ice cream on punch. Garnish with crushed peppermint candy.

Makes 12 ½-cup portions.

PASTA PAPALINA

- ¼ cup unsalted butter
- ½ cup chopped onion
- ½ cup sliced mushrooms
- ¼ cup Vermouth or dry white wine
- 1 cup heavy cream
- 2 ripe tomatoes, peeled, seeded and chopped
- ¼ tsp. oregano
- 1 tsp. dried basil
- 2 tps. salt
- Freshly grated black pepper, to taste
- ½ cup peas
- ½ cup chopped ham
- 1 lb. fettuccine, cooked
- ¼ cup Parmesan cheese
- Chopped parsley for garnish

In large skillet, melt butter, add onion and saute until transparent. Add mushrooms, cook 3 minutes. Add wine, cook 5 minutes. Add cream, simmer 5 minutes. Add tomatoes, oregano, basil, salt and pepper and mix well. Add peas and ham, cook until all ingredients are warmed through. Add pasta and cook, tossing 2 minutes. Mix in cheese, pour into serving bowl. Top with parsley.

Makes 6 servings.

GREEN BEANS IN ANISETTE

- 1 lb. fresh green beans
- 4 tbsps. butter
- ¼ tsp. salt
- Fresh ground pepper to taste
- 2 tbsps. anisette

Cook beans in boiling salted water for 5 minutes until tender, but still crisp. Plunge into cold water. Drain well. Heat butter in large skillet. Add beans, season with salt and pepper. Saute over moderately high heat until beans are heated through. Pour on anisette, toss, and remove pan from heat. Serve immediately.

Makes 4 to 6 servings.

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I LOVE NEW YORK Manhattan's chefs tell all

By Anita Issen Mizner

If anyone were to ask me about my most memorable mealtime experience this year, I'd probably nominate the lunch I shared with the chefs and restaurant managers of the marvelous restaurants at Rockefeller Plaza in the heart of Manhattan. These restaurants include the informal American Festival Cafe, the posh Sea Grill and the casual, eat-in or take-out Savorie, all of which embrace the spectacular Plaza with its summer gardens and winter skating rink.

Every day at about 3 p.m., the chefs and managers head for the chefs' table, in the American Festival Cafe. There they relax for an hour or so amid the action in the cafe's atmospheric surroundings — and sample interesting foods prepared by a colleague, the chef of the day.

The chef might be the butcher, the baker, the hors d'oeuvre maker. Talk is spirited: food, sports, the Plaza festivals. There's always something going on. And they do what other people do. They people watch.

Dishes are served family style, ranging from simple foods to elaborate preparations. But while all dishes are professionally presented, they're never decorated to the hilt with artistic flourishes and garnishes.

If a specialty is exceptionally well received, the chef will be asked to do another test for consideration as an addition to the menu. Also, dishes planned for each of the special festivals are served at these lunches for critiquing.

It was delightful to taste the eclectic variety of dishes — seafood sausages with lobster sauce, scallop of salmon simply broiled with a bit of butter, mushroom-shaped potatoes, stuffed plum tomatoes, fresh raspberries and thick cream layered with pastry rounds and baked fruit squares.

But it was equally pleasing to converse with these talented table companions who originally hail from different European countries. The lone native American was Andrew Young, a San Franciscan who is director of the cafe as well as VIP in charge of wines and wine menus.

In addition to Young, regulars at the chefs' table were:

— Francois Keller, executive chef for all Rockefeller Plaza restaurants. Born in Brussels. Emigrated to Canada, then to the United States.

— Konstantin Schonbachler, executive chef of the American Festival Cafe, born in Jona A.G., Switzerland.

— Jurg Sporri, pastry chef. Born in Wil, Switzerland.

— Daniel Vock, butcher. From Basel, Switzerland, a fabulous city and one of my favorite places in the world.

— Gabriel Gelfusa, preparation chef. From Pontecorvo, Italy.

— Jean-Pierre Zeugin, executive chef for the Sea Grill. From Vevey, Switzerland.

— Victor Buron, sous-chef for the Sea Grill. From Lieges, Belgium.

— Gunther Doerrzapf, back-of-the-house manager. From Munich, West Germany.

— Tony Ciolino, sous-chef for the American Festival Cafe. From Castelbuono, Palermo, Sicily. Four different cultures contributed to the great culinary heritage of Sicily.

— Peter Wyss, general manager of the Rockefeller Plaza restaurants. Another Swiss transplant.

To give you a taste of the fare developed by the Rockefeller Plaza restaurants, following are recipes you can test in your own kitchen. They were developed in conjunction with Sonoma Wine Country personalities, such as the Sebastians, for the recent Sonoma Festival at the American Festival Cafe.

PIZZA FESTA

Dough:
1 1/4 tsps. active dry yeast
1/2 cup warm water
1 1/2-1 3/4 cups all-purpose flour
1 tbsp. oil
1 1/2 tsps. salt

Dissolve yeast in water. Beat in 1 cup flour, mix in oil and salt. Mix in remaining flour to make soft, but not sticky, dough. Knead dough until smooth, about 5 minutes. Rub surface of dough with oil, place dough in bowl, cover bowl and let rise in warm place (the oven is fine) until double in size, about 1 hour.

Sauce:
1 tbsp. olive oil
1/4 cup finely chopped onion
1 (14 oz.) can Italian plum tomatoes, drained
1/2 tsp. oregano
1/2 tsp. dried basil
1 tsp. salt
Freshly grated black pepper to taste

In small saucepan, heat oil. Add onion, saute until transparent. Chop tomatoes and add to pan along with remaining ingredients. Cook over low heat 15 minutes.

Finishing Pizza:
1 (8 oz.) package mozzarella cheese, grated
1 medium onion, coarsely chopped
2 ozs. ham, coarsely chopped
1/2 cup mushrooms, coarsely chopped
12 oil-cured black olives, pitted
1 green pepper, coarsely chopped
4 ozs. artichoke hearts, quartered
2 tbsps. olive oil

Preheat oven to 375 F. Divide dough in half and form each half into 12-inch circle. Place dough on baking sheets. Spread with sauce, sprinkle with cheese, straw remaining ingredients over pizzas, ending with sprinkling of olive oil. Bake 45 minutes or until crust is cooked through.

Makes 6 servings.

Vegetarian View



Cranberries add a festive touch

By Diane Savage

Long before the first European set foot on this continent, Native American Indians were gathering cranberries to add tang to the local cuisine. They even used the berries to create a deep red, natural dye.

Nowadays, these bright crimson beads of color are better known for the festive touch they add to holiday dining — in relishes, baked goods, beverages — you name it.

But this is one berry you don't want to munch on raw. Hard and bitter when harvested, they must be cooked, with a bit of sweetener, to become palatable.

Create a garland of cheery color for your family's Christmas tree by stringing rows of fresh, raw cranberries — alternating with popcorn, if you like.

And don't forget that a dish sparked with cranberries lends a real holiday flair to your table. Try Cran-Apple Beets, a spicy and brilliantly hued combination, with this year's Christmas dinner.

Hot Spiced Cranberry Punch will warm your party on a chill wintry night. And Cranberry-Pear Crumble makes an unusual yuletide dessert, combining fresh pears, rolled oats and whole wheat flour with vitamin-C-packed cranberries.

Happy holidays!

CRAN-APPLE BEETS

1 1/2 lbs. fresh beets
1 lb. sweet red apples
1 cup fresh cranberries
3 tsps. water
1/2 tsp. vanilla extract
3 tbsps. honey
1/4 tsp. each ground cloves and cinnamon

Peel beets and cut into small chunks. Place in pot with water to cover and simmer just until beets are tender. Drain well and set aside.

Meanwhile, peel and core apples and slice 1/4-inch thick. Place in saucepan with cranberries, water and vanilla. Cover and simmer over low heat 10 to 15 minutes, stirring occasionally. Fruit should be somewhat mushy.

Puree fruit mixture in blender, then stir in honey, cloves and cinnamon. Return to saucepan and gently stir in beets.

Cook, uncovered, over low heat 10 to 15 minutes, until heated through.

Serves 6 to 8.

CRANBERRY-PEAR CRUMBLE

4 firm, ripe pears
12 ozs. fresh or frozen, thawed cranberries
1/2 cup honey
2 tbsps. lemon juice
1/4 tsp. cinnamon
1/4 cup rolled oats

1/2 cup brown sugar, packed
1/2 cup butter or margarine, cut into 1/2-inch pieces
1/2 cup whole wheat flour
1/4 tsp. cinnamon
Dash each ground nutmeg and salt

Preheat oven to 375 F.

Peel and core pears and slice thin. Combine in bowl with cranberries. Drizzle honey over top, then sprinkle with lemon juice and dust with 1/4 teaspoon cinnamon.

Toss to combine and turn mixture into buttered 10-inch round baking dish.

In large mixing bowl combine rolled oats, brown sugar, butter, whole wheat flour, cinnamon, nutmeg and salt. Blend with fork until mixture resembles coarse meal.

Sprinkle oatmeal mixture evenly over fruit mixture, patting down gently with fingers.

Bake on rack in center of preheated oven about 45 minutes, until topping is golden brown. Let cool 30 minutes to 1 hour before serving. Serve topped with cream, if desired.

Serves 6 to 8.

CRANBERRY HONEY PUNCH

2 qts. fresh cranberries
2 qts. water
1 cup honey
4 (1 inch) sticks cinnamon
1 tsp. whole cloves
1 lemon, cut in thin slices
1 cup orange juice
Dash nutmeg

Wash cranberries. Simmer in large pot with 2 quarts water until skins pop. Strain through sieve or whirl in blender until smooth.

Stir in honey, cinnamon and cloves. Boil over medium-high heat 2 minutes. Remove from heat and add lemon slices and orange juice.

Reheat (do not boil) and serve hot, sprinkled lightly with nutmeg.

Serves 6.



Here's How

By Gene Garv



Q. I have a problem with our aluminum patio-door frame. The bottom railing was very corroded, and we recently replaced the whole frame.

Within two months we noticed holes in the bottom railing and a foamy liquid oozing out, which appeared to be eating the metal frame.

I would appreciate any help you can provide in finding a permanent solution. Thank you. — S.P.

A. This is a problem several of our readers have written in about. Recently we received this advice from one of our readers, Paul Baker of San Diego. I would like to pass along the information to all of our readers who have similar problems.

Baker writes: "As a service manager for a company manufacturing aluminum sliding doors and windows, I have run into the problem quite a few times over a period of about 12 years. A rough estimate showed it occurring about once for every 600 or 700 doors installed.

"The facts narrowed down to two things: The house was finished with

plaster, including the face of the concrete slab under the door sill. The plaster was wet, usually because the home owner was lovingly watering the garden right next to the house. Plaster contains aluminate, a salt of aluminum hydroxide which reacts as an acid, and begins to react on the metal when moisture is present.

"After removing the damaged sill, the area should be cleaned and neutralized with baking soda and water. Then a good coat of asphalt emulsion, such as Henry's 105, should be applied to both the slab and the underside of the new sill.

"To eliminate repetition of the problem, the plaster below the door sill must be removed. A piece of rough finish board, cut to fit the area and painted to match the plaster, covers it well."

We thank Paul Baker for passing this information along.

Q. We have a home built on a concrete slab, on grade. At the time it was built, a concrete deck was laid as an extension of the house.

The deck has since been enclosed.

The problem is that the deck is approximately 1 inch lower than the main floor. Carpeting has been laid without regard to the difference in floor elevations.

I want to remove some interior walls and open the house to include the former deck area. Along with this remodeling, we want to raise the level of the deck floor to the level of the adjoining floor. I don't want to break out the old concrete and pour a new floor since it is a large area.

I have some experience with concrete and want to add the 1-inch layer of concrete on top of the existing. Is this acceptable? Should I use an epoxy sealer or an additive to insure bonding? What preparation is required on the existing concrete? — J.G.Y.

A. You should be able to raise the level of the existing deck floor by using a concrete glue in the mix of the added concrete layer. Redi-Crete concrete glue is one brand name. Follow the instructions on the container and mix with any concrete mix. This should ensure adhesion of the new layer of concrete to your present surface.

Q. The bathroom in our new home has fluorescent lights in a fixture over the sink. I think the light is cold and unflattering.

Could I replace the fluorescent fixtures with incandescent fixtures, or will they create too much heat in an enclosed fixture? — E.M.B.

A. Before you replace the fixtures, take a look at the tubes you now have. They are probably the "cool white" variety. If they are, they will say so near where the brand names are printed.

Switch to "warm white" or "incandescent white" tubes and I think you will be much happier. These will produce a softer, warmer light than the cool whites.



By Robert Wallace, E.D.

Dr. Wallace: I'm a 16-year-old high school student and our English teacher treats us like babies. If we are caught talking in class we are to report to her after school. What do you think she gives us for punishment? Well, she makes us write, "I will not talk in my English class unless I raise my hand and am recognized by my teacher" 100 times.

I think this is stupid and useless. I've talked to my counselor about this and was informed that the teacher is boss. Actually, I've only had to stay after school once, but I will refuse to waste my time if I'm caught again. What do you think about this punishment? — Barbara

Barbara: Writing should be a positive and enjoyable adventure, not a dull punishing experience.

Dr. Wallace: I am 19 and have been smoking cigarettes for six years and I enjoy the habit very much. I have no reason to stop. Sure, I've heard that smoking can cause cancer, but if that is the case why does the Surgeon General's warning on cigarette packages say that smoking may be hazardous to your health? If smoking was proved hazardous, then why doesn't it say so? — Karen

Karen: Please take a closer look at the Surgeon General's warning. It has been changed and now states, "Smoking causes lung cancer, heart disease, emphysema, and may complicate pregnancy."

Be wise and give up the smoking habit. I realize it will be difficult, but your health is at stake. Please don't take the risk.

Dr. Wallace: My family and I are interested in winter sports. We went to the 1984 Summer Olympic Games in Los Angeles. Is it possible the 1988 winter Olympics could also be held in the United States? If so, I'm sure we would be in attendance. All the members of my family are avid skiers. — Bobby

Bobby: The 1988 winter Olympics are going to be held in the wonderful city of Calgary, Alberta, Canada, starting in mid-February 1988. The city of Anchorage, Alaska, is bidding to host the 1992 winter Games.

Since Worland isn't that far from Calgary, you better start making plans now to be there. Write to the Calgary Chamber of Commerce, Calgary, Alberta, Canada, and ask for the particulars — exact dates, hotel availability, etc.

TWEEN 12 & 20



Dr. Wallace: I have a severe case of acne and it has improved tremendously since my doctor prescribed the drug Accutane.

I shared this with a new college friend of mine who also has acne and she said she would never use the drug because it can cause birth defects. Is this true? If so, why do they still use the drug for females? — Carmen

Carmen: It's true that Accutane has been a "wonder" drug in its effective treatment of severe acne, but it's also a fact that this drug can deform an unborn child. Some professionals are calling for the removal of the drug from the market.

Please return to your prescribing physician and find out more about the use of this drug. Some females who are on the drug might be unaware that they are pregnant while others get pregnant while using Accutane.

All females who are or have been sexually active should have a pregnancy test performed by a reputable laboratory before taking the drug. The risk is great. Published reports say that one in five pregnant women taking Accutane will give birth to a child who will suffer a major birth defect.

Dr. Wallace: I am 16 and the boy I had been dating is 19. We broke up because of his heavy drinking and continual use of drugs. We have been separated for about a month now and I miss him very much. When we separated I promised to return if he stopped using drugs and slowed down his drinking.

Well, he is still using drugs and drinking everything in sight. I talked with him yesterday and he said it was impossible for him to give up his habits by himself. He said he needed my strength and love to help him "get over the hurdle."

Tammy: I'm going to tell you what you want to hear. Take him back, but before you do set up a plan for his "recovery," and if he doesn't "recover" on schedule, set him free. Do all in your power to offer helpful guidance and encouragement to help him "kick the habits," but set a time limit. If you don't see marked improvement, then you are doing him more harm than good because he then will think he can do anything and you will remain faithfully by his side. Let him know you mean business. It's his choice. Booze and drugs, or you.



Mainly for Seniors

By Leonard J. Hansen

According to an article in *American Health* magazine, general warning signs of vitamin deficiency are slow-healing wounds, tiredness or frequent illness. If you have any of these signs and a doctor rules out serious health problems, it could be time to re-evaluate your diet.

If it's unbalanced — short on fruits and vegetables, for example — it could be simple to make some improvements. But if you can't change eating habits, or if you want extra insurance, vitamin supplements could be the answer.

For most consumers, a multivitamin containing 100 percent of Recommended Daily Allowances is the best bet, according to Susan Male Smith, editor of the monthly *Environmental Nutrition Newsletter*. These are better than single-nutrient supplements, unless you're under a doctor's orders, because people rarely are deficient in only one nutrient, she said. Also, nutrients interact with each other, so an excess of one may cause serious imbalances.

According to the Vitamin Nutrition Information Service, it generally is accepted that people are not in danger of excessive intake of vitamins as they occur naturally in foods, fortified foods, multivitamin supplements formulated at or near RDA levels, or even in a combination of these sources. There is, however, legitimate concern about the potential impact of high-dose, single-entity supplements in the hands of ill-informed consumers.

Excessive levels of the fat soluble vitamins — A, D, E, K — can accumulate in various body tissues and organs, generating a potential for toxicity. Water-soluble vitamins B and C do not accumulate. The most potentially toxic vitamin is D, the most benign vitamins are E and K.

Almost all experts agree, however, that several groups have special reasons to take single-nutrient supplements. Some of these groups include infants, the elderly, pregnant women, dieters, smokers and alcoholics. Before taking such supplements, seek a doctor's advice.

Following is a rundown of the roles vitamins play in nutrition, according to Dr. Dee Graham, director of technology development for the Del Monte Corp.

— Vitamin A is necessary for bone growth, teeth development and reproduction. It also is one of the chemicals used in the eye's sensing mechanism. It is found primarily in butter fat and leafy green vegetables.

— Vitamin B-1, or thiamine, helps supply energy for muscular movement or nerve transmission. Meat, liver and whole-grain cereals are good sources of this vitamin.

— Vitamin B-2, riboflavin, helps synthesize energy-rich material in the body to get oxygen to cells. It may retard the formation of cataracts. Good food sources are meats, including liver, milk and eggs.

— Vitamin B-6 may help maintain normal emotional health, increase energy levels and improve

resistance to stress. Good sources are salmon, beef, chicken liver, white-meat chicken and brown rice.

— Vitamin B-12 helps form red blood cells and maintain the nervous system. This vitamin is found in such products as meats, milk and eggs.

— Vitamin C is instrumental in the formation of strong tissue bonds. It forms collagen, the protein glue that helps hold body cells together. It also aids in the healing of wounds. The best sources are fruits and vegetables.

— Vitamin D is important in the absorption of calcium. Insufficient amounts can cause rickets, a softening of the bones, or tooth decay. This vitamin often is added to milk and is found in butter fat.

— Vitamin E seems to retard the aging process by protecting some essential fatty acids and some vitamins from breakdown. It also may boost the immune system and can promote a healthy circulatory system. Food sources include vegetable oil and whole grain cereals.

— Vitamin K is necessary for blood clotting and helps maintain normal bone metabolism. It is found in such foods as cauliflower and lentils. If these are not included in the diet, intestinal bacteria probably still produces a sufficient amount, unless a person is taking antibiotics.



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HOUSEKEEPER AVAILABLE
Live-in, 5 days per week. Mature woman, excellent references. Call 541-6946. gc2

HOUSECLEANER AVAILABLE
Reasonable, reliable, own transportation. Excellent references. Call Pat after 4 p.m. at 746-5728. gc2

HOUSECLEANER AVAILABLE
Monday-Saturday, experienced, own transportation with excellent references. Garden City area preferred. call 483-6282, ask for Avilla. gc2

Situation Wanted

MATURE WOMAN WILL BABY-
sit on weekends and evenings. Will also sleepover on week-ends. Please call Pat after 8 p.m. 741-3384 gc4

RESPONSIBLE IRISH GIRL
experienced in housecleaning. References available. Please call anytime. 489-8840 gc4

TWO REFINED IRISH GIRLS
seek live-in-position for house-keeping or child care. Call 516-242-0407 gc4

WOMAN SEEKING 2 OR 3
days per week assisting in party help. Will also do office work. Experienced and reliable. 775-6738 gc4

HOUSEKEEPER AVAILABLE
Any day. Prefer Garden City or Old Westbury. References and own transportation. 486-4537 gc4

EXPERIENCED WOMAN
Looking for a Job. Companion for elderly and sick persons. Five days per week. Nights or days. Leave message at: 481-2304 gc4

SEWING & ALTERATIONS
specializing in women's and children's clothing. All work expertly done. Fast service. 746-1783 gc4

YOUNG WOMAN DESIRES
sleep in/or out position as a nurse's aide or companion to elderly person. Excellent references. Call (718) 493-3286 gc3

EXPERIENCED HOUSE-
cleaner available with good references, own transportation. Monday-Saturday. 481-2219 gc3

MATURE NURSES AIDE EX-
perienced. Specializing in hospital discharges, will give them loving, tender care; 24 hrs., sleep in. Certified. Recent references. 538-1408 gc1

RELIABLE DOMESTIC SEEKS
position. References. Monday-Saturday. Call 485-0825 gc4

MATURE MALE 50'S
former Garden City resident, wishes to housesit. Starting Jan. 1. Responsible, non-smoker, non-drinker. Works days. Available any evening. 485-9714, evens, and weekends. gc4

YOUNG WOMAN DESIRES
sleep in or out position as nurses aide or companion to elderly person. Good references from Garden City family. Call 718 453-0364. gc3

NEED YOUR HOUSE CLEANED
I am reliable, dependable, conscientious and an excellent worker with my own transportation. Please call 718 525-1217. gc1

Situation Wanted

LADY, CLEANING AVAILABLE experience and references. Ask for Lucia 538-7691. gcj1

EXCELLENT HOUSEKEEPER available. For any day. Call 292-0890 gc4

HOUSECLEANER AVAILABLE for Garden City only. Excellent references, own transportation. Monday-Friday, 9 a.m.-2 p.m. Call 538-2911. gc3

RENT A GRANDMA Young Garden City grandmother will babysit children while parents vacation. Own car, non-smoker, non-drinker, excellent references. Call 742-9178 or 794-8056. hj5

Boat For Sale

MOVING MUST SELL Mint condition 1983 Hyostream 15 ft. with 115 1982 Evinrude, 20 hours or under on all equipment. Galvanized trailer included. Call Matthew days. Mon.-Sat. 681-5844 or evenings and Sun. 921-4186. hfnj2

Car For Sale

1978 CADILLAC SEVILLE power antenna, seats, windows and trunk, P/S, P/B, Sony cassette stereo, new tires, leather interior, well maintained. Low mileage, excellent condition. Call 741-4187. gcj2

1969 FLEETWOOD BROUGHAM luxurious 4 door, fully powered, new tires, completely up to service, low mileage, always garaged. 741-5916. wj1

1981 BUICK REGAL 4 years old Nov. 15. A-1 condition + new battery and tires; 2 door, V-6, Landau, 2 tone; 50-50 velvet seats. Very good gas mileage. Original Garden City owner. \$4900. Call 741-6244. gc4

1984 FORD TEMPO GLX 4 door, A/C, TRX, suspension package, power locks, and trunk release, new Michelin tires, 23,000 miles. Mint condition. \$7,800 Call 485-2615. gc4

1973 FORD MAVERICK 2 door, A/T, PS, PB, AM/FM, radio, 79,000 miles. \$450. Call 248-2450 eves. gc4

1979 PONTIAC GRAND SAFARI 9 passenger wagon, P/S, P/B, good condition. \$2250. Call 248-7963. wd3

1980 VOLVO 4 DOOR 49,000 miles, factory maintained, under warranty, a/c, p/s, am/fm, absolute mint, \$7750, 628-2109 eves. gc3

1973 DODGE CORNET AM radio, heater, P/S, A/C, automatic, very clean, 75,000 miles, garaged. \$950. Call 488-7198. wd3

ATTENTION BUYERS BRAND new Mercedes-Benz 1985. For more information call during office hours. 212 754-2030 Ask for Freida gcj1

Car For Sale

1983 GREY PLYMOUTH RE- liant Wagon, a/c, AM/FM, C.C. PS, PB, new tires, great condition \$3,500. Call 488-4544 a.m. or after 7 p.m. gc4

1980 BUICK SKYLARK 4 door sedan, 6 cyl. A/T, A/C, P/S, P/B, AM/FM stereo, new brakes, well maintained, garaged excellent condition. \$2950, 747-5496. gc3

1981 MERCURY CAPRI hatchback, dark red, 4 cyl., AT, AC, AM/FM stereo, PS, PB, snow tires, \$2850, 496-4780. gcj1

1979 BUICK SKYHAWK hatchback, V6, 4 speed, AC, PS, PB, AM/FM cassette, new tires, good condition, \$1400. Call after 4 p.m. 538-2522. gcj1

1983 CHEVY CAVALIER 2 tone brown, 4 door, all power options, sunroof, 4 speaker stereo, 36,000 miles, \$5500, Call after 5:30 p.m. 354-5417. gcj1

1976 GRANADA 63,000 MILES good condition, power steering, power brakes, a/c, radio, \$900. Call 485-5216. hj3

1980 OLDS CUTLASS 4 doors, excellent condition, 60,000 miles, \$2,500. Call after 7 p.m. 746-1721. gcj3

1971 KARMAN GHIA Body excellent, \$1000, 489-6034, leave message. gcj1

1983 FORD CROWN VICTORIA Country Squire Wagon, 6 passenger, 8 cyl., deep red, a/c, A/T, TS/PB, roof rack, snow tires, excellent condition. Original owner, perfect car for active young family, \$6500, 921-2161. gcj1

CHRYSLER 1979 CORDOBA under 45K miles, 2 doors, red/white, excellent condition, \$3300, 747-4337. gc3

1978 CADILLAC SEDAN DE Ville, 4 door, A/C, stereo radio, power windows, P/B, P/S, vinyl roof. Clean \$4,100 Call IV 1-4039 gc4

1980 OLDS CUTLASS 4 door, excellent condition, 60,000 miles, \$2500. Call after 7 p.m. 746-1721. gc4

1983 AMC CONCORD BRHM 4 door, DL, 6 cyl, am/fm, a/c, p/s, p/b, tilt wheels, blue pin stripe, Bucket seats, new white-walls, low mileage, mint. \$4000. Call 248-0712. wd3

1982 NISSAN SENTRA Beige, 4 dr. wagon, 50,000 miles, excellent condition, Sun roof, auto trans, p/s, am/fm stereo, original owner \$4000, 746-3839. hj2

1977 HONDA ACCORD 5 SPEED rebuilt motor, good rubber with two extra tires and rims. Best offer. 746-6435, after 6 p.m. gcj2

1982 DATSUN 210, 4 SPEED stick, beige, 29K miles, always garaged. Mint condition. Bought new car, must sell, \$3350, 747-1665. gcj2

Car For Sale

1983 CADILLAC SEDAN Deville 4 BR, excellent condition, 55,000 miles, leather interior, fully powered, tape deck and alarm. \$10,000 Call 741-6655 or 746-2029. hd3

1976 DATSUN 280Z, 4 SPEED green, AM/FM cassette, new brakes, tires, struts. Good condition, \$2700. Call eves 248-6994 or days 535-3998. gcj2

1973 VW BUG VERY RELIABLE Original owner, \$650. Call 775-8875. gcj2

Business Opportunity

GOLDEN OPPORTUNITY established antique business, 18 years, retiring, going south. Lock, stock and barrel. Lease available. Interested parties only. Days 294-0358 or 922-1056 evenings. hd4

Entertainment

ACCOMPLISHED PIANIST Available for your Holiday Parties Call Jeanne, 437-9498, evenings. gc4

FREE SKI VACATION 3 days, 2 nights, for details come to the Locker Room, U.S.A., 41 Covert Ave., Floral Park, NY 11001. gcj1

A 2 Z DJ'S Entertainment for all your parties Christmas, New Years, Sweet Sixteen, Weddings, Graduations, Anniversaries, Metal, Disco, Rock Call Frank 718 335-2621 or Duane 931-2976. hd4

Personal

THANK YOU SACRED HEART and St. Jude for prayers answered. Diana and Liza gcj1

I HAVE AN INTEREST in hearing from anyone knowing about Philip K. Eichner and Chaminade High School, P.O. Box 418, Riverside, Ct. 06878. gc3

NOVENA TO ST. JUDE Oh Holy St. Jude, Apostle and Martyr, great in virtue and rich in miracles, near kinsman of Jesus Christ, faithful and intercessor of all who invoke your special patronage in time of need, to you I have recourse from the depths of my heart and humbly beg to whom God has given such great power to come to my assistance. Help me in my present and urgent petition, in return I promise to make your name known and cause you to be invoked. St. Jude, pray for us all who love you. Amen. Say 3 Our Fathers, 3 Hail Marys 3 Glorias. Say for 9 consecutive days. Publication must be promised. This novena has never been known to fail. Thank you for answering my prayers.

GET RESULTS! Place an ad in our Classifieds for reasonable rates and prompt results. Call 931-0012 • 794-8900 or 746-0240 for more information.....

Instructions

RITA LUCY'S GARDEN CITY MUSIC STUDIO Piano Violin Viola Guitar Theory, Harmony College Preparation All ages and all levels The best in music education 30 years in area 248-7379

LATIN TUTOR ALL LEVELS Call James, 433-4219, \$25 per hour. gc4

Garage/Tag Sale

2 TALENTED PROFESSIONALS want to conduct your house or estate sale. Specialists in liquidating contents and insurance/estate appraisals. Call 623-7315 for free consultation. Sales By Al & Marie hj5

Real Estate Wanted

PROFESSIONAL FEMALE seeks house or apartment to share. Near RR, male/female, approx. \$300 each per month. By January. Please call Susan 212 807-6180, 10 a.m. to 5 p.m. or evenings 516 248-0984. wj1

GARAGE NEEDED TO STORE Convertible Dec.-April. Call after 7 p.m. weekday, all day weekends 546-0843. gcj2

WANTED HOMES Former Garden City residents clients of my office need Ranch with pool, also Colonial with 1st floor bed/bath/suite for aging parents. \$300,000, to \$600,000. Please call Elaine Nolan 485-7054 wd4

Vacation Rental

GULF OF MEXICO new fully furnished 2 BR, 2 bath luxury condominium at Madeira Beach. Magnificent view from spacious private balcony, swimming pool, jacuzzi, sun deck, private beach, etc. Call 227-2288 weekdays. hj1

HAWAII RENT MY ELEGANT condo at luxurious Hawaiian Princess, Oahu, 14th floor, wrap-around balcony overlooking Pacific Ocean. Sleeps 4-6. Complete kitchen, marble bathrooms, 250 ft. Lanais facing ocean sunsets. Peak parquet flooring, oceanfront pool, jacuzzi, tennis, color TV, stereo, washer/dryer, dishwasher, A/C, etc. See Diamond Head, Honolulu, Pearl Harbor, Waikiki, etc. \$400/week. Call 585-2210. gcj3

DEERFIELD BEACH MEADOW Ridge East. Decorator's own two bedrm, 2 bath apt. Available now for seasonal rental. 678-5680 or 766-7674. gcj2

BERMUDA LOVERS EXCLUSIVE. St. George's Club. New luxurious furnished 2 BR, 2 bath private cottage, sleeps 6. Clubhouse, pool, tennis, private beach club, daily maid service. Golf and all Bermuda's attractions nearby. Daily or weekly. Option to buy. Call Mr. W. Meyer 516-574-0211. gcj2

STRATTON VERMONT 4 BR 2 bath, 2 level Chalet. Sleeps 10, F/P, 10 minutes to slope. Weekly \$600. Holidays extra, 4 1/2 hours from Garden City, 367-9122. wj3

Vacation Rental

MT. SNOW VERMONT Beautiful new Condo with magnificent mountain view. Sleeps 8 to 10. F/P, and your very own Jacuzzi and Sauna in your own unit. Door to door shuttle bus to mountain one mile away, \$450. weekends. Weekday rates less. Video tape available. Call 741-1824. wd3

VAIL COLO. LUXURY TOWN- house. 3 BRs, 3 baths. All amenities. Christmas occupancy Dec. 22 to Jan. 3. Skiing, airport. Charming Vail village nearby. Call 938-3974 or (303) 758-6345. gcj2

STRATTON VERMONT New Styles Brook, on mountain, 3 BRs, 2 1/2 baths, sleeps 8-10; flp. Ski-in, paddle court. Weekly \$1500. Call 766-0081. gc4

VERMONT VICTORIAN HOME 3 BRs, 1 bath, 10 min. from Okemo, 20 min. from Killington. Beautifully furnished, including linens. Weekly, monthly and weekends. 352-6234 or (802) 259-2947. gcj2

STRATTON VERMONT NEW Ober Tal Condo. 1 BR, sleeps 4. F/P, health club, ski in/ski out to Tamarack lift. Weekly \$600. Holidays extra, 4 1/2 hours from Garden City, 367-9122. wj3

HILLSBORO BEACH FLORIDA private beach co-op, 1 BR, 2 baths, pool, 1st floor, Jan. 1st through March 31. \$1500 per month. No pets. 488-1815. gc3

FLORIDA GOLD COAST winter season rental. 2 BRs, 2 baths, tastefully furnished on intra-coastal waterway. Two blocks from ocean. Pompano Beach. Call 248-6570 eves and weekends. hd4

SKI GORE MOUNTAIN 5 minutes Alpine/Cross, year round cottage, 1 1/2 acres, 3 BRs, sleeps 6-8, wood stove, elec. heat. All new, TV, phone, Families, couples, week/month. No pets. Call 997-7225 or 931-5959, leave message. hj2

SKI WINDHAM MOUNTAIN new townhouse/studio. Featured in New York Times, 1,2,3 BRs, walk to lift. Prime weeks and weekends available. 741-6796. wd4

GET AWAY FROM IT ALL Bahamas outer island. Stone house, 5 rooms, 2 BRs located on a secluded beach on the sound. Superb fishing, snorkeling and diving. All appliances. Housekeeper available. Large airport nearby. Accommodates private planes. Call after 5 p.m. 785-7326. hd4

BERKSHIRES SECLUDED MT. top contemporary, spectacular mountain lake view, 3 BRs, fireplace. All appliances, minutes from major ski, ice skate. Rentals available. Call Brian, 212 807-3087 weekdays, 718 426-1743 eves. gc4

VERMONT SKI RENTAL 5 miles Okemo-12 miles Killington, 3 plus BRs, 1 1/2 baths, F/P, sleeps 10, \$500, 7 day non Holiday week, \$800 7 day Holiday week, 621-6321. wj1

Real Estate For Rent

ADELPHI CHERRY VALLEY
Ave. location. Lovely furnished room available. Immediate occupancy. Share bath with one other mature male. Own entrance. Rent includes all utilities. Two weeks security. 489-5941. gclj

GARDEN CITY FURNISHED
room for rent near RR and universities. Female only. No private entrance. Lovely area. References. 741-4865 eves. ged4

LARGE FURNISHED ROOM
for mature businessman, no smoking or drinking. Security. Telephonic interview. 742-2728. ged4

GARDEN CITY LOVELY QUIET
furnished room. Nicely decorated, carpeted. Private entrance, bath. Mature, non-smoking lady preferred. References. 746-0018 ged4

GARDEN CITY 4 BR 2 BATHS
gas heat. Mott area. Available immediately. \$1,550. per month. 3 BR apartment. \$1,100 per month. 747-4045. gclj

CHEERFUL ROOM IN LOVELY
clean and quiet Garden City private home. Walk to Country Life Press RR station and 7th Street. Responsible college female or young working woman, non smoker with references. Reasonable rent. 742-3972. gclj

NAPLES FLORIDA CONDO
1 BR, 1 1/2 baths, beautifully furnished, private balcony overlooking golf course, swimming pool, jacuzzi, 10 minutes to beach. Season or monthly. Call 747-2412. ged4

IMMACULATE HICKSVILLE
house, 4 BRs, EIK, fireplace, w/w carpeting, 5 appl, newly painted and paneled, garage, large corner plot, ideal for family, no pets, \$975 plus utilities. References, owner. Call 931-5215 hjl

WANTAGH NORTH PROFESSIONAL
female to share 3 BRs house with same. Own room, comfortable, LR, DR, kitchen, washer/dryer, nice yard. \$285 per month plus 1/2 utility bill. January 1st occupancy. Call 781-8236 eves gclj

GARDEN CITY 2 FURNISHED
rooms apt. in lovely private home; private bath. \$125 per week, including utilities. Also one large room available. Walk to train, bus and stores. No smoking. 742-0878 prefer early a.m. calls, keep trying. gclj

MINEOLA BRAND NEW 6 RM
apartment, LR with fpl., kitchen with skylight, to share with professional woman. Call evenings 742-5156. wjl

WILLISTON PARK & VICINITY
3 rooms, Queen BR, new bath, utilities \$525; 4 rooms, 1st floor, dining area; bus \$600; 4 rooms, Queen BR, w/w, RR \$650; 4 rooms, Queen BR, dining area, RR, \$675; 5 rooms, 1st floor, fpl., w/w, yard. \$900. Realty Group Ford, 369 Hillside Ave., Williston Park 248-2192. wd3

Real Estate For Rent

GARDEN CITY MINT
Condition, expanded ranch on 3/4 acre. Prestigious section. Enormous designer kitchen, fam. room with fpl. and French doors leading to lovely patio and in ground pool + cabanas. Master bedroom and two full baths on main floor, 3+ bedrooms and bath up. Full basement and 2 car electric eye garage. In ground sprinklers and security system. \$500's. Principals only. Call 746-2918. gclj

ROOM FOR RENT
near everything, Oyster Bay area. Please call 922-6237. hj2

GARDEN CITY 3 BR 1 1/2 BATHS
LR/FP, DR, EIK, finished basement. Walk to RR. \$1,500 per month. 747-0040. gclj

GARDEN CITY FURNISHED
efficiency apt. in private home. Separate entrance; private shower, hot plate and refrigerator. Walking distance RR. Non-smoker. References and security. Call preferably before 9-15 a.m. 352-6641. gclj

PRIME LOCATION FRANKLIN
Avenue, Garden City, T. Zone, 770 sq. ft., front & back entrance. Call 248-1313, Monday-Saturday, 10-5 p.m. ged4

SYOSSET STUDIO TWO ROOMS
Private entrance, full bath, newly furnished. Mature working adult \$550 per month, includes utilities. Microwave oven. Call evenings and weekends. 921-5161. gclj

GARDEN CITY ROOM WITH
private entrance; private bath. Male, professional, non-smoker. References, security. Available January 1. \$420 per month. Call 741-1098. gclj

Real Estate For Sale

Westbury East Meadow Schools
4 BR Ranch, LR/fpl, DR* den, oversize plot, new kitchen, Anderson windows, vinyl siding, carpeting, driveway, mint condition. \$165,000. Princ. only. 997-7097. gclj

SOUTHAMPTON VILLAGE
Exclusive retirement cottage. Quiet secluded location. Near ocean, golf, 2 BRs, LR, DR, FP, basement, full attic, 2 car extra large garage. All newly painted and carpeted for you. Firm. \$150,000 Call Jean McManus 283-5000. ged4

VERMONT SOUTH LONDON
derry, 4 BR, 2 bath, 2 level Chalet, F/P, furnished, Ski Stratton, Bromley or Magic. Low taxes, 4 1/2 hours from Garden City. \$75,000. Call 367-9122. wjl

GARDEN CITY 2 BR CO-OP
1st floor; Cherry Valley Apts. Excellent condition. Walk to LIRR and stores. \$132,000. Principals only. Call 294-5836 eves. & weekends. gclj

LOVELY CHEERFUL CO-OP
in Oyster Bay area. Call weekdays 914 948-7113 weekends and eves. 914 967-2688. By appt. only. gclj

Real Estate For Sale

GARDEN CITY ESTATES
Whitehall Blvd. Very large expanded ranch designed for gracious living and entertaining, huge country kitchen with glass sliding doors overlooking large beautiful patio and garden. 14 oversized rooms, including 4 full baths, 31' LR/FP, formal DR family rm, maid's room, 5 BRs on 2nd floor, gas heat, slate roof, walk to everything, mint condition. Reduced to \$570,000. Owner 746-2526. ged4

GLEN OAKS CO-OP
1 BR, 1st floor Garden apartment. Low maintenance. \$65,000. Owner. 621-6321. wjl

WILLISTON PARK LEGAL 2
family, three over six, finished basement, garage, large landscaped yard. New gas heat and thermo windows. Walk to all. Mint condition. Great investment. By owner \$249,900 747-5633. hd4

GARDEN CITY 4 MORE T-W EXCLUSIVES
Magnificent Mott, Center Hall Colonial, 3 BRs, 3 baths, EIK, den, 2 porches, finished basement, huge park-like property, 2 car garage. \$350,000. **Spacious Ranch**, LR/fpl, DR, den, 3 BRs, 2 baths, expandable, 2 car garage. lge. property. \$475,000. **Western Colonial**, 4 BRs, 2 1/2 baths, fam. rm., rec. rm., EIK. \$325,000. **Spacious Ranch**, LR/fpl, DR, Fam. Rm, 3 BRs, 2 baths, 2 room prof. w/1 1/2 baths. \$400's. **TAYLOR-WARNER** 101 7th St. Est. 1919 741-4422

GARDEN CITY SOUTH
5 BR brick split, 3 1/2 baths, new kitchen, den, 2 car, \$305,000; 3 BR Fieldstone Cape, 2 full baths, w/w, \$187,500; Elaine Nolan 485-7054. wd4

CO-OP APT DEERFIELD
Beach Florida. Deluxe 2 BR, 1 1/2 baths, enclosed patio, 1st floor. Furnished or unfurnished. Pool, golf, view of lake. Call 741-0275 up to 9 p.m. gclj

GARDEN CITY ESTATES
Unique custom ranch; 3 BRs, 2 baths, large kitchen, LR/fpl, with dining area, w/s, lge. fin. bsmt, 2 car gar, 80x100, A-1. \$335,000. Owner 747-2786. gclj

NEW HYDE PARK NORTH
Great Neck Schools, 3 BRs, study, 2 full baths, EIK, formal DR, fireplace, beautifully finished basement, low taxes, excellent condition. \$229,500 Principals only. 354-6270. hd4

GARDEN CITY CHERRY
Valley Apts, 1 BR co-op, 1st floor, new kit., new bath, w/w carpeting, newly renovated, walk RR, shops, courts. Asking \$98,000. Phone days 535-4226 or eve. 746-2979. hd4

WEST HEMPSTEAD BRICK
Colonial with gabled roof. Mother/daughter or income apartment. Large LR, DR, kitchen with breakfast room, 3-4 BRs, 2 car garage, Walk to RR, buses, and St. Thomas parish and other houses of worship. Call: 292-0582 weekends and eves. \$194,800. gclj

Real Estate For Sale

GARDEN CITY
Mott Section 5 BR, 3 bath, C/A Colonial plus professional, suite mother/daughter \$375,000; C/A 5 BR, 3 bath Split \$200's; 4 BR Tudor 2 fpls, \$295,000; 5BR, 3 1/2 bath Colonial needs TLC \$375,000 Many Many others here, there and Nearby from \$229,000, also rentals \$1,500 up Hazel - C. Smythe R.E. 132 7th St., 741-4640 wd4

HEMPSTEAD CATHEDRAL
Gardens, Garden City line, brick center hall Colonial, 1/3 acre, 3 BRs, 2 1/2 baths, possible professional. \$300,000. Princ. only. Call 483-7801. gclj

GARDEN CITY
Location! Location! 4 BR C/H Colonial, 3 baths, bed/bath suite, 1st floor, C/A 2 car \$498,000; 6 BR Victorian Colonial, 3 1/2 baths, located on numbered street \$450,000; Mott Colonial 3 BRs, 3 full baths, new windows, den \$325,000; 4 BR Contemporary Split 3 1/2 baths, family room with F/P, \$299,000; 4 BR Ranch 1 1/2 baths, EIK, den \$249,000; 3 BR North East Split 2 baths EIK, den, needs TLC \$235,000; 2 BR Tudor nursery, 2 baths, den, 2 sun porches, new windows, 2 car \$229,000; 2 BR Spacious Co-Op 2 baths, large closets \$711 monthly maintenance reduced \$215,000; Also, 4 room decorator's delight. Beveled mirrors, new kitchen and bath \$460 monthly maintenance \$175,000. Elaine Nolan 485-7054 wd4

GARDEN CITY ONE BR CO-OP
2nd floor, walk LIRR, and stores. Wall to wall carpeting, move in condition, Cherry Valley Apts. \$101,000. Principals only. 489-0663. gclj

EAST WILLISTON SPACIOUS
Cape, 4-5 BRs, large LR with fpl., DR, modern EIK, 2 baths, finished basement, enclosed large porch, 1/4 acre. Asking \$279,000. Principals only. 246-2159. wd4

GARDEN CITY WESTERN SEC.
Expanded ranch, 5 large BRs, 3 full baths, Cathedral ceiling LR w/fpl., DR, EIK, finished rec. room w/wet bar and kitchen, screened terrace, sprinkler system, 80x100. Walking distance to schools, shops and RR. Call eves after 7 p.m. for appis. only on Saturdays or Sundays bet. 10 a.m. and 4 p.m. Asking \$335,000 488-3458. hjl

400 ACRES IN DELAWARE
County, 2 miles frontage, open fields, woods, and streams. Five room house, will sub-divide into 65 acre parcels. 746-2918 or (914) 236-7131. gclj

WILLISTON PARK COLONIAL
Herrick's S.D. 3 BRs, 1 bath, LR, DR, kitchen, porch, family room and den, attic, fully insulated, rewired, new gas boiler, windows and siding. Taxes \$1565, plot 40x100. Principals only, No Real Estate! \$189,000. 248-8966. wjl

GARDEN CITY ESTATES
Center hall Dutch Colonial, slate roof, 5 BRs, 3 Baths, EIK, formal DR, large LR/fpl, sun rm/den, 2 car detached garage, 60x110, taxes \$4,100. Needs some work. Asking \$395,000. Principals. 248-4899. ged4

Real Estate For Sale

OUR EXCLUSIVES

Hempstead Cathedral Gardens on the Garden City Line. 5 BRs, brick slate roofed Southern Colonial 3 1/2 baths, 3 dens, finished basement, C/A, great entertainment house on landscaped grounds \$525,000; 3 BR brick C/H Colonial 2 1/2 baths, den, 2 car, covered portico, 100x200 landscaped plot \$275,000 5 BR C/H Colonial 2 1/2 baths, gourmet kitchen, 2 fpls, den 20x60 Florida room 1 acre overlooking golf course, Country Club Estates, "Charming Oldie", \$298,000; 4 BR English Tudor 2 baths, fpl, huge EIK screened porch, all natural woodwork parquet floors, 2 cars, dead-end street \$275,000; 3 BR Custom Split 2 1/2 baths, cherrywood cabinet kitchen, breakfast room, railed covered terrace 125x130 park like plot, 2 pools/waterfalls, finished basement/dark room, mint \$239,500; 4 BR brick C/H Colonial 2 1/2 baths, den, 2 car alarmed, sprinkled \$175,000; 3 BR slate roofed Colonial Brick Tudor 1 1/2 baths, new kitchen, breakfast room, 2 fpls, finished basement, sliding glass doors to den and patio 8 1/2 assumable mortgage \$149,900; 3 BRs, brich Colonial 2 1/2 baths, fpl, finished basement/wet bar, 2 car, 50x125 mint. Sacrificing \$140,000; 4 BR English Tudor, 2 baths EIK, Florida room \$125,000; 3 BR Townhouse 2 1/2 baths, 24 LR, C/A, finished basement, pets okay \$125,000; 4 BR Cape 1 1/2 baths, large kitchen, finished basement \$112,000. Elaine Nolan 485-7054 wd4

GARDEN CITY BRICK-ALUM.
Colonial, 3 BRs, 1 1/2 baths, LR/FP, DR, EIK, many extras, Desirable Northeast location, near courthouse, LIRR, shopping, Winthrop-University Hospital. Low taxes. \$267,000. Princ. only. 742-4151. ged4

GARDEN CITY PRIME
location, sunny 1 BR apt. 2nd floor. Private entrance, large LR, new kitchen, WW carpet, large storage. Walk RR. \$105,000. Owner, 822-2770 or 579-5998 ged4

PECONIC 1st OFFERING
Secluded 3 BRs, 1 bath ranch, LR/dining area, Fla. room, walk to beach. \$159,900. Exclusive. Southold: unique 2 story log cabin, 4 BRs, 1 bath, LR/fpl., and skylights. Walk to beach and boating. \$205,000. Marilyn Lang Real Estate 734-6472. gclj

GARDEN CITY CHERRY
Valley 2 BR co-op. Better than mint, totally renovated, Prime. Second floor, corner location. Walk to all. Principals only. \$142,500. Eves. or weekends. 747-4375. ged4

FLORIDA TOP ORLANDO
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(for Jan. 3 issue)
Thanks for Your Cooperation


ADVERTISE WHERE IT PAYS



Holiday recipes to drive you 'plum' crazy

Visions of sugarplums have never danced in *this* pointy little head. Don't get me wrong — I'm no bah-humbugging Scrooge. It's just that I haven't the faintest idea what a "sugarplum" is. I bet you haven't either. Plums with sugar on them?

Who knows — they're probably just another fanciful Christmastime myth, like Rudolph's red nose.

And to add to the confusion, get this: England's legendary plum pudding does *not* contain plums. In Olde England (before the days of Charles and Di, that is), raisins were known as "plumbs". But somehow "raisin pudding" doesn't have the same festive ring to it. And visions of "sugar raisins"? Forget it.

Today's Steamed Christmas Pudding may be made with either raisins, cranberries or a combination of both, depending on what you've got in your holiday larder. But you can call it a plum pudding if you like.

Laced with liquor (ho ho ho, and a bottle of brandy!), it makes an impressive yuletide gift, if you can keep your hands off it.

The Rich Mincemeat Layer Pie contains yet another traditional holiday ingredient. You always thought mincemeat had meat in it? Guess again. While it used to contain finely minced meat, back in the pre-Chuck and Di era, these days you'd be hard-pressed to find any mincemeat containing actual meat. It is often, for added flavor, made with small amounts of beef suet (otherwise known as beef fat) — but certainly nothing you would call meat. Still, like plum pudding, mincemeat is wonderful stuff, no matter how outdated its name.

Give these recipes a try, and have some fun while your friends try to figure out where the "plums" and the "meat" are.

And, whether you've been naughty or nice, here's wishing you a wonderful holiday season.

STEAMED CHRISTMAS PUDDING

- 1 cup seedless raisins or cranberries, or combination of both
- 1 cup water
- 3 tbsps. butter or margarine
- ¼ cup molasses
- ¼ cup sugar
- 1 egg
- 1½ cups flour
- 1 tsp. baking soda
- ¼ tsp. salt
- ¼ tsp. ground allspice
- Dash ground nutmeg
- 3 tbsps. minced candied citrus peel
- 2 tbsps. brandy

Place fruit in small bowl. Measure water into glass measuring cup and microwave until boiling, 2 to 2½ minutes. Pour over fruit and let stand.

In large bowl beat together butter, molasses, sugar and egg until creamy. Set aside.

Sift together flour, baking soda,

salt, allspice and nutmeg. Add to creamed mixture alternately with fruit/water mixture. Stir in candied citrus peel.

Turn batter into 2-quart glass fluted ring mold and cover with plastic wrap. Microwave at MEDIUM-HIGH (70 percent power) 15 to 17 minutes, rotating dish ¼ turn every 5 minutes. Pudding should be set, but still appear damp on surface.

Let stand 10 to 20 minutes before turning out onto cooling rack. Drizzle brandy over top.

When cool, wrap tightly in plastic wrap and allow to age, at room temperature, about 1 week before slicing. Serve with Hard Sauce.

Serves 10.

BRANDIED HARD SAUCE

- 1 (1 lb.) box powdered confectioner's sugar
- ¼ cup brandy
- Dash salt
- ½ cup butter or margarine

Combine all ingredients in small glass mixing bowl, placing butter on top.

Microwave, uncovered, 1½ to 2 minutes on HIGH (100 percent power) setting.

Remove from oven and beat with rotary beater, at highest setting, until mixture is smooth. Serve over Steamed Christmas Pudding.

Makes about 2 cups.

RICH MINCEMEAT LAYER PIE

- 12 ozs. cream cheese
- ¼ cup sugar
- 2 eggs
- Grated peel of 1 lemon
- 2 tbsps. lemon juice
- ¼ tsp. ground nutmeg
- 2 cups mincemeat
- 1 baked deep 9-inch pie shell
- ¼ cup finely chopped walnuts
- 1 cup sour cream
- 2 tbsps. sugar
- ¼ tsp. vanilla
- Candied citrus peel (for garnish)

In small mixing bowl beat together until smooth cream cheese, sugar, eggs, lemon peel, lemon juice and nutmeg.

Spread mincemeat mixture evenly over bottom of baked pie shell. Sprinkle with chopped nuts, then spread cream cheese mixture evenly over top.

Microwave, uncovered, at HIGH (100 percent power) 5 minutes, rotating dish ¼ turn halfway through cooking time.

Beat together sour cream, sugar and vanilla, and spread evenly over top of pie. Microwave, uncovered, 2 to 3 minutes longer on HIGH setting.

Allow pie to cool, then refrigerate at least 2 hours before serving. Garnish with candied citrus peel.

Serves 8.

The World's Most Beautiful Grandchildren



This is a picture of my three beautiful grandchildren. Katie was 10 in November, Bobby will be 8 in February and Kelly is 9 months old. I could take up a whole page to tell you all about them but that would not be fair so all I'll say is "Aren't they the most beautiful grandchildren anyone could ever have?"

Proud Grandma
Kathleen Campbell
Williston Park

GRANDPARENTS... HERE IS YOUR CHANCE!

You have been telling everyone you meet that you have the 'World's Greatest Grandchildren'. You've been carrying pictures around with you and finding people to look at them. We have a better answer!

Each week we will run photos of the 'World's Most Beautiful Grandchildren' (in the eyes of the grandparents) and for each photo selected, we

will send, as a prize, a permanent version of the way it appeared in the newspaper for you to keep.

To enter the contest, simply send a small (preferred) photo to:
Discovery Magazine
81 East Barclay Street,
Hicksville, N.Y. 11801

If you want the photo returned, you must print your name and address on the back.

To Owners of Good Restaurants: This Is Your Chance To Join "Reader Ratings"

The Last Word In Restaurant Guides
Where Our Readers
Have The Last Word

This newspaper, and the seven other weekly newspapers associated with it, publishes the last word in restaurant guides — a paid listing of many prominent selected restaurants in this area. While many of them have been rated by the great and near great food connoisseurs, our readers will have the last word through "Reader Ratings".

Through a special 24 hour phone system, readers will be asked to call in their assessment of each restaurant they visit. Consensus ratings (good or bad) will be published as a continuing part of the guide.

In addition they can make suggestions, compliments or criticisms through the open phone line and messages will be sent through to the restaurant management.

(Guide to Good Dining)

ZIG-ZAG

THE ORIGINAL WORD MAZE PUZZLE

DAY

ALL WORDS TO BE CONSTRUCTED PERTAIN TO THE ABOVE TOPIC. TO YOUR ADVANTAGE ONE WORD HAS ALREADY BEEN TRACED. YOU MUST TRACE THE THREE REMAINING WORDS, USING ONLY THE LETTERS DESIGNATED BY THE DARKENED CIRCLES. WORDS MAY BEGIN AND END FROM EITHER COLUMN BUT EACH LETTER CAN ONLY BE USED ONCE.



EACH PUZZLE HAS A DIFFICULTY RATING (ABOVE). FOUR STARS SIGNIFY THE HIGHEST DEGREE OF DIFFICULTY.

GIVEN BELOW ARE THE POINT VALUES FOR EACH WORD. YOUR WORDS MUST CORRECTLY MATCH THESE POINT VALUES.

- 11 MAY
- 1
- 5
- 5
- 6
- 10

A	A
B	B
C	C
D	D
E	E
F	F
G	G
H	H
I	I
J	J
K	K
L	L
M	M
N	N
O	O
P	P
Q	Q
R	R
S	S
T	T
U	U
V	V
W	W
X	X
Y	Y
Z	Z

JUNIOR EDITION



Aunt Tilly's Corner

Now that Christmas is over and Santa Claus has gone his merry way I am sure that most of my readers are busy with their gifts. It is a nice custom to go to other people's houses during this season and look over all of the gifts that your friends receive. This doubles the fun of getting gifts because it allows you to share the fun throughout the entire neighborhood.

Of course another big holiday is on the way and this will change the year. In fact Aunt Tilly wishes you a Happy New Year. I hope you will be reading this column next year.

Your friend,

Aunt Tilly

P.S. This week's coloring contest winners are Mark Birnbaum and William Vogler.

RULES

BOYS AND GIRLS

Here is your chance to win One Dollar (\$1.00) - to spend or to save.

- Here's all you have to do:
- 1. Contest is open to children 4 to 12 years of age.
- 2. Entries must be received by Friday, January 3, 1986
- 3. Paint, watercolors and crayons must be used on the above.
- 4. Decision of the judges will be final.

Mail your entry (just clip-out cartoon) to this newspaper at:
105 Hillside Avenue
Williston Park, N.Y. 11596

Putterin' Pete

By FRYE



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Points on Pets

By R.G. Elmore, D.V.M.

Hip dysplasia common in dogs

Q. Our St. Bernard has been diagnosed as having hip dysplasia.

Our veterinarian tried to explain the condition to us, but I did not listen very well and now have several questions. Perhaps if you addressed this problem in your column, I would understand our dog's plight better.

Any information will be welcome.

A. Canine hip dysplasia, commonly abbreviated CHD, is probably the most common skeletal developmental defect in dogs. CHD is simply an instability of the ball-and-socket hip joint; the socket portion of the joint is too shallow to accept the ball portion of the long leg bone.

CHD usually is considered to be a disease of dogs younger than 2 years. In severe cases signs may be evident by 3 months; if mild, not until the dog is 3 years of age or older.

The signs seen in dogs with dysplasia vary greatly. Usually a noticeable disturbance in movement of the rear legs is the first sign. Lameness may be apparent after prolonged periods of exercise. The dog may waddle or sway; many afflicted dogs have difficulty rising and may exhibit morning stiffness that eventually dissipates as the

dog exercises. CHD dogs are reluctant to move and often need help climbing stairs or getting in and out of automobiles. Hip pain may lead to a grouchy or aggressive attitude.

Many CHD dogs have poorly developed musculature around the hip joints. The definitive diagnosis requires the use of X-rays to study the hip joint. Radiographs are examined to determine if the ball and socket are normally shaped and to evaluate if they fit together normally. It often is necessary to heavily sedate or anesthetize the dog to obtain adequate radiographs for diagnosis.

There is no cure for CHD. However, many dysplastic dogs live long, healthy, active lives. They should be fed carefully so they do not become obese as excessive weight places added stress on the affected hip joints. Vigorous and prolonged exercise should be avoided.

Drugs may be prescribed to reduce the discomfort due to pain. In very severe cases, surgical alterations of the hip joint or excision of the tendons of the muscles around the joint may be required. Total hip joint replacement has been done successfully.

CHD is an inherited defect due to

the interaction of multiple genes. The exact mode of inheritance is not fully known. It also is believed that other factors such as environment and nutrition are important in the expression of the disease.

While CHD has been reported in over 80 different breeds of dogs, it is more prevalent in large dogs such as the St. Bernard, Newfoundland, English bulldog, Old English sheepdog, German shepherd, golden retriever, Labrador retriever and Irish setter. A lower incidence is seen in Afghans, whippets, Borzoi, German shorthaired pointers and collies. The incidence is low in breeds weighing less than 25 pounds.

Breeding animals from high-risk breeds should have normal hips themselves and their ancestors and litter mates should have had normal hips.

Radiographic evaluation at 2 years of age or greater is currently the most satisfactory way of reducing the incidence of CHD by identifying affected dogs. Your veterinarian can help you determine if a particular dog has or is likely to develop canine hip dysplasia.

PROTECT YOUNG TREES WITH OLD EGG CARTONS.

THE CARTONS CAN PROTECT TREES FROM RODENTS DAMAGING THE TRUNK. CUT A HOLE AT EACH END OF CARTON THE DIAMETER OF TREE STALK. CLOSE CARTON AROUND BASE OF TREE. SECURE WITH TWINE. BE SURE TO USE PLASTIC EGG CARTON. LINE PLANTING HOLE WITH SCREEN TO PROTECT ROOTS.



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