

In Two Sections - Thirty Six Pages

The Only Newspaper Printed and Published In Hicksville

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Friday, October 19, 1984 10/26



Marjory Dolan of Hicksville met recently with Nassau County Comptroller Peter T. King to recount the harassment and brutality inflicted on her by British authorities when she visited England and Northern Ireland this past summer. Ms. Dolan, who is an ardent human rights advocate, was illegally arrested and confined incommunicado at the London airport and was taken among the American citizens who were fired upon by British forces in Belfast during a peaceful gathering. King stated that he was "outraged that these police state tactics were used against an American citizen" and pledged to seek condemnation of England by congress and the State Department.



Oyster Bay Town Councilman Thomas L. Clark, third from right, attends the opening celebration for The Nassau Centers Adult Division for the developmentally disabled, at the new location at 101 New South Road in Hicksville. With Councilman Clark, from left to right, Arthur Y. Webb, Commission of the New York State Office of Mental Retardation and Developmental Disabilities, Sister Loyola M. Curtin, C.S.J., St. Rose of Lima Human Services of Massapequa, Cynthia Roth, Assistant Executive Director, Benjamin Hirsch Executive Director and A. Henry Fricke, Jr., President, Board of Directors of the Nassau Center.



Oyster Bay Town Councilman Thomas L. Clark, third from right, at the Hicksville High School to present the "Freedom of the Town" certificate to exchange students from Rome Italy. Recipients from left to right: Riccardo Amore, Robert Pallone, Elisabetta Baitighi and Alessio Guasmin. School Principal, Robert Hogan, right, indicated that the students will remain in this country for approximately two weeks.

Galaxie Fire Under Investigation

The Nassau Police Arson Squad and the Nassau County Fire Marshal's Office are investigating a fire of undetermined nature at the Galaxie Caterers, 1600 Round Swamp Road, Plainview. The building's burglar alarm was activated when the fire caused a window to be shattered. At 2:54 a.m. October 19, Police Officer Ed Mueller of the 2nd Precinct responded to the alarm call and observed smoke coming from the building. The Plainview Fire Department was notified.

Two hundred and fifty firemen and thirty fire trucks fought the blaze for four hours. The Plainview, Hicksville, Bethpage Melville, Jericho, and Syosset Fire Departments were at the scene.

The fire is believed to have started on the second floor of the three story building (southwest corner). There is extensive damage and the roof collapsed. One Plainview fireman suffered smoke inhalation and was taken to Central General Hospital in Plainview. Arson detectives were told a fashion show was held in the ballroom on the second floor until 12 midnight.

Two Arrested For Robberies

The robbery squad reports the arrest of two men for house robberies that occurred in Plainview and Jericho occurring on February 3, 1984 and November 17, 1983.

Ronald Perro, age 25, plumber, of Lindenhurst was arrested October 18, and charged with a house robbery that occurred on February 3, 1984 at 11:10 a.m. at the Sachs residence, 58 Joyce Dr., Plainview that occurred November 17, 1983.

A second subject Joseph Havane, age 43, a plumber, of E. Islip was also charged with the Jericho robbery and a house robbery that occurred at the Brooks residence, 58 Joyce Dr., Plainview that occurred November 17, 1983.

Perro charged with Robbery 1st degree and criminal possession of a weapon; was remanded on \$50,000 bail. Havane was charged with 2 counts of robbery and 2 counts of criminal possession of a weapon. He was remanded on \$100,000 bail.

School Districts Receive Additional Town Revenue

School districts within the Town of Oyster Bay will be receiving more than \$465,000 in additional revenue from the Town, according to Town of Oyster Bay Receiver of Taxes Gary F. Musiello.

Musiello said, "The Town of Oyster Bay is the first municipality to provide the individual school districts with interest monies accrued by the Town's placing of collected school taxes into interest bearing accounts."

"In August of last year," Musiello noted, "the New York State Legislature amended a section of law so that municipalities, beginning with fiscal year 1983-84, were able to return the interest generated from the collection of school taxes to the individual districts."

Computed on the percentage of actual taxes collected from the residents of each district the total amount returned to all school districts was \$465,348.16 with individual district returns ranging from \$279.09 to \$70,589.68.

Local amounts received are as follows:

Bethpage U.F.S.D.	\$28,601.78
Hicksville U.F.S.D.	57,095.05
Jericho U.F.S.D.	34,002.72
Plainview-Old Bethpage C.S.D.	54,401.2
Syosset C.S.D.	70,589.68

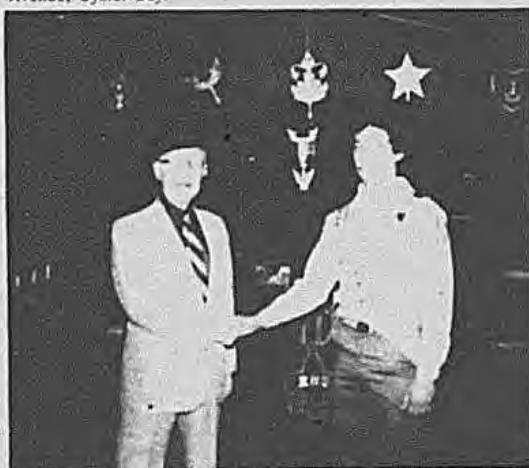
Hearing Set For Nov. 13 On Special Use Permit

Oyster Bay Town Councilman Kenneth S. Diamond, announced that the Town Board has scheduled a public hearing for November 13 to consider an application for a special use permit to build, use and maintain in a "G" General Business District, a White Castle fast food restaurant with a drive-in service window.

Diamond said that, "the applicants, Ricmac Equities Corporation and White Castle System Inc. are seeking permission to use the parcel of land to build and operate a White Castle restaurant."

The property is located at the intersection of the west side of Bethpage Road, and the northerly side of Willett Avenue in Hicksville.

The hearing has been scheduled for Tuesday, November 13, beginning at 10 a.m. in the Town Hall East hearing room, Audrey Avenue, Oyster Bay.



On the occasion of his Eagle Court of Honor, James Mills of Hicksville Scout Troop 293 was presented also with the American Legion's Good Citizenship Award. Congratulating the outstanding youth, this past Friday, is Richard Evers, Americanism Chairman of the Charles Wagner Post 421.

Hicksville Haz-Mat Team Receives Kiwanis Aid

The Hicksville Fire Department, over the past 90 years has always been known to come to the rescue of people in need, but this year the Hicksville Kiwanis Club came to the rescue of the Fire Department's Hazardous Materials Response Team.

The Team, faced with budget restrictions involving the purchase of important equipment, appealed to the local service clubs for help. The Hicksville Kiwanis Club and then Club President Bill Heberer came to the rescue. The Kiwanis Club provided funds for 2 acid/gas suits, a chlorine "A" kit and 4 private channel portable radios. At a recent dedication ceremony at Fire Headquarters, Club members were given a demonstration in the operation of the new equipment.

Hicksville Fire Chief Owen Magee praised the generosity shown the Fire Department by the Hicksville Kiwanis Club. The acid gas suits - protective spaceman type suits - were used at a recent Haz Mat incident involving Nitric Acid and proved their value. The radio units are to be used in conjunction with the suits. The chlorine "A" kit is used on chlorine cylinders when the valves stick open. The tank is capped off and the gas bled off through special valve to another tank.

Taking part in the dedication ceremony, representing the Kiwanis Club were: Dr. Keith Pastuch, Club Vice President; Past Presidents Bill Heberer, Charlie Montana Jr. Present also were Ben Daguanno, Bernie Wensofske, and Marc Ramirez; Sieg Widder, Vern Wagner, also Past Presidents. President Jim Isaac was unable to attend.

Representing the Hicksville Fire Department were Chief Owen Magee, Asst. Chiefs William Schuckmann, and Terrence Farrell; Team Leaders Lt. Gene Pietzak and Ex-Capt. Jim McLaughlin. Capt. W. Schmidt, Capt. J. Luft, Ex-chief/Commissioner William Donlon, F.F. Robert Johnson.



Team members explain "suiting up" procedure to Kiwanis Club members.



Team Co-Leader J. McLaughlin (second right) explains new acid/gas suit to Sieg Widder of Hicksville Kiwanis Club as Charles Montana, Jr., and other team members look on.



Chlorine "A" kit in foreground as (left to right) Lt. Pietzak, B. Wensofske, team member R. Johnson, Sieg Widder, Co-Leader J. McLaughlin, Vern Wagner, Charles Montana, Jr. discuss its uses.



Kiwanis Club members and Haz Mat Team members look over new equipment: Standing, left to right: Lt. Pietzak, Dr. Keith Pastuch, Ben Daguanno, Bernie Wensofske (partially hidden), Marc Ramirez, F/F R. Johnson, Sieg Widder, Ex Capt. J. McLaughlin, Capt. J. Luft, Vern Wagner, Comm. Donlon, Charlie Montana, Jr.

Foreground, left to right: Asst. Chief W. Schuckmann, Past President Bill Heberer, Chief Owen Magee.

In Service

Navy Ensign Robert A. DeGennaro, son of Albert and Marie DeGennaro of 86 Walnut Lane, Hicksville, recently completed the Aviation Pre-Flight Indoctrination School, with academic excellence.

During the six week school conducted at Naval Aviation Schools Command, Naval Air Station Pensacola, Florida, DeGennaro was introduced to the naval aviation environment and given instruction in basic aviation related subjects.

His instructions included aerodynamics, physical fitness, swimming, engineering, land and sea survival techniques, aviation physiology, navigation and aviation student information.

A 1980 graduate of Holy Trinity High School, and a 1984 graduate of SUNY Maritime College, Bronx, with a Bachelor of Engineering degree, he joined the Navy in May, 1984.

LEGAL NOTICE

BEACON VIEW PROPER-

TIES Substance of Certificate of Limited Partnership signed and acknowledged by all of the partners and filed in the Nassau County Clerk's Office on October 5, 1984. Name and principal office in the partnership is Beacon View Properties, c/o First Stratford Corporation, 410 Jericho Turnpike, Jericho, New York 11753. Its business is to purchase, own, operate, lease and sell residential real property. The term of the partnership is 60 years from the date of filing of the Certificate in the Nassau County Clerk's Office. The names and residences of the General Partners, of the Limited Partners, and the cash contributions are as follows:

General Partners: First Stratford Corporation, 410 Jericho Turnpike, Jericho, New York 11753 and Richard H. Reiben, 15 Circle Road, Muttontown, New York 11570, cash contributions \$500.00 each. Limited Partner: Barbara Weiss, Whitehaven, Route 25A, Old Brookville, New York 11545, cash contribution of \$100.00.

No other property is contributed and no additional contributions are agreed to be made by the Limited Partner. The General Partners may admit additional Limited Partners totaling no more than 35, upon payment of the sum of \$35,000 per unit for a total of not more than 30 Limited Partner Units. Upon contribution for a total of 35 such Units, the present Limited Partner shall have priority over any other Limited Partner(s) as to contributions or compensation by way of income. The remaining

General Partner or Partners may continue the business upon death, retirement or insanity of a General Partner. There is no right of any Limited Partner to demand or receive property other than cash for his contribution.

JNJ7681
6x10/19, 26, 11/2, 9, 16, 21

Gilbert E. Cusick, Treasurer

Richard A. Humann, Secretary

Dated: October 16, 1984

MIT 1741

1x10/26

LEGAL NOTICE

HORNERSVILLE ASSOC-

IATES-Substance of Certificate of Limited Partnership signed and acknowledged by all of the partners and filed in the Nassau County Clerk's Office on September 6, 1984. Name and principal office in the partnership is Hornersville Associates c/o First Stratford Corporation, 410 Jericho Turnpike, Jericho, New York 11753. Its business is to purchase, own, operate, lease and sell residential real property. The term of the partnership is 60 years from the date of filing of the Certificate in the Nassau County Clerk's Office. The names and residences of the General Partners, of the Limited Partners, and the cash contributions are as follows:

General Partners: First Stratford Corporation, 410 Jericho Turnpike, Jericho, New York 11753 and Richard H. Reiben, 15 Circle Road, Muttontown, New York 11570, cash contributions \$500.00 each. Limited Partner: Barbara Weiss, 2078 Edge Road, Muttontown, New York 11791, cash contribution of \$100.00.

No other property is contributed and no additional contributions are agreed to be made by the Limited Partner. The General Partners may admit additional Limited Partners totaling no more than 35, upon payment of the sum of \$50,000 per unit for a total of not more than 12 Limited Partner Units. Upon contribution for a total of 12 such Units, the present Limited Partner shall have priority over any other Limited Partner(s) as to contributions or compensation by way of income. The remaining General Partner or Partners may continue the business upon death, retirement or insanity of a General Partner. There is no right of any Limited Partner to demand or receive property other than cash for his contribution.

JNJ 7246
6x9/14, 21, 28/10/5, 12, 19



Joining in opening ceremonies at the Hicksville Post Office Safety Fair were from left to right, McGruff, the Crime Prevention Dog; Councilman Tom Clark; Eileen Hym, Hicksville Auxiliary Police; Master of Ceremonies, Ray Heatherton, the "Merry Mailman"; Anthony M. Murello, Section Center Manager/Hicksville Postmaster; Sheila Noeth, President Hicksville Community Council; Barbara Nelson, Executive Director Hicksville Youth Council; Assemblyman Fred Parola; Jerry Morr, Field Representative from Congressman Lent's Office; Postal Inspector Joseph Flicca, Jr.; Martin Elchinger, Special Assistant to County Executive Purcell; Sergeant Daniel Lishanski, Commanding Officer of the Crime Resistance and another McGruff.



Postmaster Murello and his wife Lillian thank Hicksville Fire Chief Owen Magee for the fire department's Fire Safety and Blood Pressure displays.



Master of Ceremonies Ray Heatherton, the "Merry Mailman" opens the Safety Fair by leading the Pledge of Allegiance.

Two Attend AAL Convention

Weldon Endor and John Baumgarten Jr. of Aid Associations for Lutherans (AAL) from Hicksville were among more than 150 volunteers throughout New York who attended the annual convention of the Long Island Federation of AAL Branches, held here today at the Holiday Inn.

AAL members are joined in branches where they are given the organizational and financial

resources to accomplish humanitarian, service and social projects to help others in their communities. The participants in federation conventions generally are branch officers who attend to learn how to be more effective volunteer leaders.

Workshops about creative problem solving and creating grass roots support for the Statue of Liberty restoration were held.

Fire Takes One Life

The Second Squad is investigating a house fire that claimed the life of one person in Plainview on October 20. Yolanda Lacorte and Carmine Serrandi came home to their apartment at 7 Nassau Avenue and while they were home for approximately five minutes, smelled smoke. Serrandi went down to the basement apartment, opened a door and was driven back by the smoke and flames. Plainview fire department responded and extinguished the fire in a half hour. The body of an unidentified person, sex unknown, was found on a couch and removed to the Nassau County Medical Center Morgue, East Meadow for identification and an autopsy. The Arson Squad and Fire Marshalls Office is investigating.

Tikvah Hadassah Museum Trip

Tikvah Hadassah will have a trip to the Jewish Museum on November 26. On exhibition, will be art by Larry Rivers - architectural drawings and photography, and Jewish Heritage in American

folk Art.

A visit to the Spanish-Portuguese Synagogue before our guided tour of the Museum is planned. Please call Roz at: 938-8947.



Mr. William MacDonald, a member of the Jericho-Syosset Kiwanis Club, was the guest speaker at the October 17 meeting of the Hicksville Kiwanis Club.

Mr. MacDonald spoke about the need for proper, balanced diets to maintain good health, as well as how certain specialty food items can, in some instances, be helpful in avoiding and/or correcting some health problems.

In the photo, Hicksville Kiwanis President Jim Isaac, on the left, is thanking Bill MacDonald for his interesting discussion.

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Our Children

By Willard Abraham
Ph.D.

Q. I'm so frustrated because our two children (they are 8 and 11 years old) practically never show any affection. They don't object to my kissing them once in awhile and touching them, but there is no response or return of my affection.

I know exactly where they get this coldness — from my husband and his family. You never saw such an undemonstrative bunch of people. So maybe it's genetic with my kids or just that they are copying the coldness of their father and his parents, brothers and sisters.

Do you have any suggestions as to how I can help them overcome this negative manner of theirs?

A. It could be one of the factors you mentioned (the genetic factor or "copying the coldness"), or a stage they may be going through. You didn't mention whether they may have shown any affection of physical closeness earlier.

If they never have, an effort on your part to entice them into a demonstration of closeness has the odds against it. If you come on too strongly there is a chance that they may repel even the kinds of limited overtures you now make to them.

So perhaps you might try to concentrate more on sharing communication rather than physical contacts. Listening to them, showing an interest in what they do and sharing interests related to movies, music or any others that are mutually attractive may be a more productive way to go.

An important caution comes to mind related to that approach. Easy does it, for often when parents demonstrate too much concern or curiosity about children's behavior the youngsters have a tendency to clam up. Many of us have seen that happen, especially during the rapid-growth preteen years.

Q. Our baby is only 4 months old, and he seems to have been totally healthy during that time. I do worry about one thing, though.

Once in awhile his forehead or his body feels a little too warm when I put my hand or cheek to it. Even then he eats and sleeps well, so I try to ignore this matter.

Our doctor tells me not to use a mouth thermometer because he might break it, but I don't like to use the rectal type because maybe I'll break it.

Is it better just to go on worrying about his warmth, or what?

A. I'm reluctant to comment on parental questions or problems that should be presented to a medical doctor. So, being consistent with the practice I have followed for many years, I'd like to refer you back to your physician.

Many parents are wary about using a rectal thermometer, but

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It's use doesn't really take much skill and it won't hurt either your baby or you. However, see what your doctor says about it and how it should be inserted and read.

Q. Is it normal for a 12-year-old girl to cry whenever things don't go her way? She is super-sensitive about her schoolwork, manners, the clothes she wears and a lot of other things. If I or her teachers are at all critical, the tears start to flow.

I hope she will outgrow this habit, but I wonder whether she will. It has become noticeable to me just during the past year or so. She is an only child, so I wonder whether that has anything to do with it.

What do you think? Anything special I should do about it?

A. Preadolescent children sometimes get into moody frames of mind more frequently than they did earlier, and your daughter may have entered that stage. The "only child" factor may also be involved because such youngsters

sometimes have developed a center-of-the-stage complex, and criticism may not be taken easily.

As a precautionary measure a physical checkup might be worthwhile.

The fact that she didn't demonstrate these characteristics earlier seems to indicate this may be a developmental time she's going through, one related to a consoling parental attitude of "this, too, shall pass." But there could be other causes that your physician or her school counselor can help identify.

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P.O. Sponsors Vet Letter Writing Contest

Post Office Sponsors Veterans Letter Writing Contest

"Remember how good it feels to receive a letter from a loved one or a friend? There's no better time to share that joy than during National Card and Letter-Writing Week, November 5-11," Hicksville Sectional Center Manager/Postmaster Anthony M. Murello said today. This Year's theme is "Lift spirits—write!"

The Postmaster noted that a highlight of National Card and Letter-Writing Week is the "Volunteer Scribe" program. It encourages students and other concerned citizens to write and address letters for those who cannot do it for themselves, such as invalids and the elderly. Postmaster Murello reports that the Envelope Manufacturers Association has donated envelopes to the Postal Service for distribution to volunteer scribes.

This year the Hicksville Post Office will be sponsoring a Veterans Letter Writing and Poster Contest for Hicksville, Plainview and Old Bethpage students. The Letter Writing Contest is for 4th grade thru high school and the Poster Contest for kindergarten thru 3rd grade. Stamp collecting kits will be awarded to the winning students in the following categories: grades kindergarten-3rd, 4th-6th, 7th-9th and 10th-12th.

To be eligible, posters and letters of 100 words or less must be submitted to the Hicksville Post Office, Public Affairs Office, 185 West John Street, Hicksville, NY 11802-9304 no later than November 8, 1984.

Classes wishing to visit our post office and see our advanced mail processing center including the optical character reader and bar code sorter which processes over one billion pieces of mail each year at split-second speed; multiposition letter sorting machines; facer/canceller operation and flat sorting machine may bring their "Volunteer Scribe" letters and follow their progress through our facility.

Letters should be addressed to VA Medical Center, Voluntary Services, Northport, NY 11768. Attention: J. Farren.

Postmaster Murello would be glad to have postal people visit your school to talk about letters or the Postal Service during National Card and Letter-Writing Week. If you would like to arrange this, or if you need more information to help make the event meaningful for your students in another way, please call the Public Affairs Office at 933-2406.

'Renewal Weekend' Planned

October 26 through 28 will be "Renewal Weekend" at the Church of Christ of Hicksville. This three-evening program is planned to help renew the spiritual commitment of everyone who attends.

The theme for the congregation's fourth "Renewal Weekend" is "We Have This Ministry". Congregational singing, a variety of special musical presentations, and Biblical sermons will highlight the important concept that Christ's ministry is to be shared by all Christians today.

Hicksville Victor Over Rockville Ctr.

The Hicksville Shamrocks 1974 traveling soccer team beat the Rockville Centre Rebels at the opposition's field 4-2 this past Saturday. This marks their sixth straight victory, continuing their unbeaten and untied season thus far. The Rebels put up a strong challenge for the first half and then Hicksville's superior ability and versatility proved to be the difference.

After numerous charges at both goals, Hicksville scored at the 18 minute mark on a brilliant solo charge upfield by right wing/center half Todd Meringoff, who received a beautiful pass from right wing/center half Joe Flanagan. Goalkeeper Eddie Jacobsen, who had a great game (especially with his strong punting up both the right and left alleys) stopped Rockville Centre every time. Joe Flanagan had an outstanding save near the goal when he deflected a Rebel rebound while Jacobsen was out of goal due to the original shot. The Rebels scored on a direct line drive shot over Jacobsen's head.

At the 35 minute mark, Matthew Pordum went in at striker, stopper Chris Doyle moved up to right wing and Brian Pine went in at right half. The Shamrocks then scored three quick goals due to the unrelenting pressure generated by these three as well as the rest of the team. Pordum scored two beauties off of Doyle assists. Centerhalf Meringoff, who takes all Shamrock corner kicks, then put one in unassisted. As the game was winding down, the Rebels put in their second goal, but it was too late.

Eric Blicker had a consistent game at striker. Gregg Furst was brilliant at left half. Gregg Gruoso was his ever-strong self at left fullback. Brian Harkins constantly stopped the opposition as sweeper. Jared Jacobs led many charges at left wing and halfback. Jason Kingsley was strong at stopper, halfback and wing. David Lovato was in good form at halfback, while Ted Knoop played the entire game at right fullback and was forever breaking up Rebel plays while moving the ball upfield.

Congratulations to Coach John Flanagan, who as at his strategic best, as well as to assistants Pete Knoop and Pat Harkins for continuing Shamrock Power!

Half the price of a postage stamp. That is all this newspaper cost you per week delivered to you by mail.

Sign Language Library Workshop

American Sign Language, the language of the deaf is a silent, captivating way to share thoughts and feelings, ideas and secrets. As a way to introducing children to this most interesting language, a special workshop will be held on Saturday, November 3 at 1:30 p.m. at the Hicksville Public Library for 4th, 5th and 6th graders. The two hour workshop is free but registration is required. For further information please call the Children's Room of the Hicksville Public Library.

AARP Workshop On Health

A workshop was held at the Parkway Community Church for the Nassau Chapters of the A.A.R.P. The theme was on Health. The slogan is "Cut Cost Keep The Care".

The meeting was presided by D. Ruth Hartmann, Area Assistant State Director. Thirty five members from various chapters attended. Slides were shown on the cost of health care, 1 billion dollars a day.

A delightful luncheon was served by the women of the church. The meeting then resumed and closed at 3 p.m.

Next regular meeting of A.A.R.P. chapter 1592 will be held at 1 p.m. at the Levittown Hall, on November 6. Come out and vote before or after. Miss Hartmann will speak on Health campaign.

December meeting will be December 4. We will be entertained by the New Hyde Park Jazz Band from New Hyde Park Jr. High School.

Portrait Painter SuburbanArtGuest

At its November 6 meeting, the Suburban Art League is pleased to feature guest demonstrator Jack W. Gates, portrait painter, who is going to demonstrate oil painting. He has done portraits of ranking Naval personnel as well as many film and theatrical personalities, including Walter Matthau and Bess Meyerson. He taught at the Salmagundi Club, is a member of many art associations and his work is handled by many art galleries.

This meeting and demonstration is open to the public.

Christmas Fair For Cath. Dghtrs.

"Court Queen of Angels No. 869, Catholic Daughters of America are planning a Christmas Fair to be held Saturday, December 8, in the St. Ignatius New School basement from 10 a.m. to 6 p.m. Tables may be rented. Flea Market Styles for \$12 each. (No commercial vendors). The ladies urge friends and neighbors to secure a table to sell hand made items, candy, baked goods, or just bric-a-brac (used but good). For further information please call Fran Simile 935-4759 or Betty Yanuchi 931-7763."

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John Dunne Ann Gold
Senator Assemblywoman
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ROW B

Hicksville H.S. Homecoming A Success

Hicksville High School Homecoming Queen Diane Koneck presided over the day's festivities assisted by Junior Princess Suzanne Fitzmaurice and Sophomore Princess Liz Macaluso.

The Marching Comets took the prize for the best club float and the senior class won in the class float category. The big winners were the football team members, who beat Freeport 9-8.

Glen Munch, Senior High Science teacher was honored by the Alumni Association at a cider and donut party after the game. He was awarded a plaque for his devoted service by Alumni Association President James Fyfe. George Woolever and Ken Higgins received trophies for being the "Most Valuable Players" in the Homecoming game.

Halloween Treats At Hicksville P.O.

Hicksville Postmaster Anthony M. Murello announces that special Halloween treats are available at the Hicksville Post Office. Mr. Murello said that children who stop by the new big mailbox in front of the post office between 2 p.m. and 5 p.m. on Halloween, October 31, will receive free Stamp Collecting Booklets and magazines and Stamp albums.

"October has been designated National Stamp Collecting Month," Postmaster Murello said. "Our theme this year is 'Fall in Love With Stamp Collecting.' Millions of Americans recognize that stamp collecting can increase one's knowledge of geography, biography, history and science, so I hope many children stop by our post office to receive a safe Halloween treat."

Fourth Graders See 'Kids Project'

The two fourth grade classes of East St. School were invited to attend a sensational performance of "The Kids Project", by Cathy Dobias and Gail Bush, at Woodland Ave. School, on October 10.

"The Kids Project" is a play whose characters are disabled puppets. As each puppet is introduced, he or she explains how it feels to live with his or her disability and stresses his or her capabilities. The disabilities covered are blindness, deafness, cerebral palsy, and mental retardation. There is also a puppet who is teased because she wears glasses and has an unusual name.

After each puppet expressed their feelings to the children and the puppeteers, the children were invited to ask questions. Throughout the performance, the students were involved with cheering, answering and asking questions and learning to sing "Happy Birthday" in sign language.

"The Kids Project" is a program of the New York State Office of Mental Retardation and Developmental Disabilities. The program began with three original troupes and has grown to sixteen troupes covering most of New York State. The OMRDD feels that by making this program available, its major goal will be more easily met: the acceptance and understanding of disabled people in the schools and in the community.



The Cheerleaders



Principal Dick Hogan plants a kiss on the cheek of drum major Jill Gaglio, who accepted the trophy on behalf of the Marching Comets for the best club float.

PTSA Suicide Prevention Prog.

The Hicksville Jr. High School P.T.S.A. will present a speaker from the Mental Health Association of Nassau County who will address this serious social issue. Adolescent suicide is a frightening phenomenon which must be

examined. As a service to the community and for the welfare of all children, we have invited a speaker to our next General Meeting on Monday, October 29, at 8 p.m. in the school cafeteria. All are urged to attend.



Homecoming Queen Diane Konek with Junior Princess Suzanne Fitzmaurice (left) and Sophomore Princess Liz Macaluso (right).



Principal Dick Hogan with Colleen Dennis, who received trophy on behalf of the senior class for the best class float.

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NOVENA TO ST. JUDE

Oh Holy St. Jude, Apostle & Martyr, great in virtue and rich in miracles, near kinsman of Jesus Christ, faithful and intercessor of all who invoke your special patronage in time of need, to you I have recourse from the depths of my heart and humbly beg to whom God has given such great power to come to my assistance. Help me in my present and urgent petition, in return I promise to make your name known and cause to be invoked. St. Jude, pray for us all who invoke your aid. Amen. Say 3 Our Fathers, 3 Hail Mary's, 3 Gloria's. Say for 9 consecutive days. Publication must be promised. This novena has never been known to fail. Thank you for answering my prayers. A.B. h04

NOVENA TO ST. JUDE

Oh Holy St. Jude, Apostle & Martyr, great in virtue and rich in miracles, near kinsman of Jesus Christ, faithful and intercessor of all who invoke your special patronage in time of need, to you I have recourse from the depths of my heart and humbly beg to whom God has given such great power to come to my assistance. Help me in my present and urgent petition, in return I promise to make your name known and cause to be invoked. St. Jude, pray for us all who invoke your aid. Amen. Say 3 Our Fathers, 3 Hail Mary's, 3 Gloria's. Say for 9 consecutive days. Publication must be promised.

This novena has never been known to fail. Thank you for answering my prayers. J.N. gco4

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Oh Holy St. Jude, Apostle & Martyr, great in virtue and rich in miracles, near kinsman of Jesus Christ, faithful and intercessor of all who invoke your special patronage in time of need, to you I have recourse from the depths of my heart and humbly beg to whom God has given such great power to come to my assistance. Help me in my present and urgent petition, in return I promise to make your name known and cause to be invoked. St. Jude, pray for us all who invoke your aid. Amen. Say 3 Our Fathers, 3 Hail Mary's, 3 Gloria's. Say for 9 consecutive days. Publication must be promised. This novena has never been known to fail. Thank you for answering my prayers. C.M. wo4

Personal**NOVENA TO ST. JUDE**

Oh Holy St. Jude, Apostle & Martyr, great in virtue and rich in miracles, near kinsman of Jesus Christ, faithful and intercessor of all who invoke your special patronage in time of need, to you I have recourse from the depths of my heart and humbly beg to whom God has given such great power to come to my assistance. Help me in my present and urgent petition. In return, I promise to make your name known and cause to be invoked. St. Jude, Pray for us all who invoke your aid. Amen. Say 3 Our Fathers, 3 Hail Mary's, 3 Gloria's. Say for 9 consecutive days. Publication must be promised. This novena has never been known to fail. Thank you for answering my prayers. A.C. wo4

HOLY SPIRIT YOU WHO SOLVE
all problems, who light all roads so that I can obtain my goals. You who give me the divine gift to forgive and forget all evils against me and that in all instances of my life you are with me. I want in this short prayer to thank you for all things and to confirm once again that I never want to be separated from you ever and inspite of all material illusions, I wish to be with you in eternal glory. Thank you for your mercy towards me and mine. Say for 3 consecutive days after which the favor requested will be granted even if it appears difficult. This prayer must be published immediately without mentioning the favor, only your initials. Thank you Holy Spirit. A.M. gco4

HOLY SPIRIT YOU WHO SOLVE
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Notice**GRANDPARENTS....
HERE IS YOUR CHANCE!**

You have been telling everyone you meet that you have the 'World's Greatest Grandchildren'. You've been carrying pictures around with you and finding people to look at them. We have a better answer!

Each week we will run photos of the world's "Most Beautiful Grandchildren" (in the eyes of the grandparents) and for each photo selected, we will send, as a prize, a permanent version of the way it appeared in the newspaper for you to keep.

To enter the contest, simply send a small (preferred) photo to: Discovery Magazine, 81 East Barclay St., Hicksville, NY 11801

If you want your photo returned you must print your name and address on the back.

Chamber Of Commerce Installs New Officers

The September meeting of the Hicksville Chamber of Commerce is the occasion of a Dinner Dance to celebrate the installation of the new officers and directors.

This year's installation was held in Antun's Ballroom on September 18, and was attended by a representative cross section of Hicksville's business and residential community who enjoyed socializing during the cocktail hour.

As the dinner hour approached, the Chamber's Executive Director, and Master of Ceremonies for the evening, Sieg Widder, introduced the Reverend Henry Wuerz, the son-in-law of the Chamber's incoming president, Effie Krogmann, to give the invocation.

After dinner, Mr. Widder introduced the attendees by name and company affiliation.

As it is customary to have someone in an official capacity install the officers and directors, the Honorable Judge David B. Krogmann, Mrs. Krogmann's son, had been invited to come down from Glen Falls, New York to serve in this capacity.

Since this concluded the formalities, the remainder of the evening was devoted to "Fun and Frolic" until it was time for "Good Night Ladies".



The outgoing president, Mrs. Constance Clarke, was presented with a gavel plaque by Mr. Widder in recognition of her two years of service to the Chamber.



Judge Krogmann is swearing in newly elected directors, left to right, Constance T. Clarke, Milton Hirshfield, August J. Cassella, William C. Wagner and Roy Jones.



Judge Krogmann swears in, left to right, Vice President Bernhard Bruns, Treasurer Irwin Goldman and Secretary William M. Heberer, Jr.



Judge David is installing his mother, Effie Krogmann, as president of the Hicksville Chamber of Commerce for the 1984-85 year.



The ceremonial transfer of the official Chamber gavel from the outgoing to the incoming president is shown. Connie Clarke is on the right and new president, Effie Krogmann, is on the left.

Hicksville H.S.**Swim Team**

As the season progresses, the girls on the Hicksville High Swim Team are showing much talent and very high spirits.

The Comets have been unsuccessful in defeating Long Beach and Great Neck South. However, their meet against Uniondale was an overwhelming success. For the first time in Hicksville history, the team won every event.

Winning swimmers were Lorna Mund in the 200 free and the 100 back, Gina Cusumano in the 50 and 100 free, Kristin Mund in the 100 IM and the 100 fly, Andrea Pitta in the 100 breast and Karen Karmann in the 500 free. Second places were scored by Camille Calame in the 50 and 100 free, Stephanie Pitta in the 100 breast, Karen Kratochvil in the 200 free, Deanna Pitta in the 100 fly, and Karen Karmann in the 200 free. Scoring points for third were Linda Cusumano, Karen Kratochvil and Andrea Pitta in the 50 free. Divers Shannon Bosler and Laureanne Hoffmann were first and second, and newcomer Jennifer Brennan scored points in the 200 free. Both relays, the medley of Linda Cusumano, Andrea Pitta, Kristin Mund and Camille Calame and the free of Gina Cusumano, Karen Kratochvil, Karen Karmann and Lorna Mund, also won, making it a clean sweep.

Tikvah Hadassah Holds Meeting

The Tikvah Chapter of Hadassah cordially invites you to attend our monthly meeting on Monday, November 19, at 11:30 at the Midway Jewish Center on South Oyster Bay Road, in Syosset. A mini lunch will be served.

A representative from the Nassau County Police Department will speak on an important topic in today's living. The topic will be "Lady Beware."

LEGAL NOTICE

PLEASE TAKE NOTICE that an application has been made to the Town Clerk of the Town of Oyster Bay by the following party for permission to operate a tow car upon the public highway of the Town of Oyster Bay.

Name: Tors Service
Station Address: Old Country Road and W. Carl St., Hicksville, NY
Location of Terminal: Old Country Rd. and W. Carl St., Hicksville, NY
No. of Tow Cars: (1) (Restricted)

Arguments in writing setting forth reasons why the Town Clerk should or should not find that public convenience and necessity requires the licensing of said vehicle as a tow car may be filed with the Town Clerk of the Town of Oyster Bay at her office at the Town Hall, Audrey Avenue, Oyster Bay, New York on or before the 7th day of November 1984.

Dated: October 16, 1984
Oyster Bay, NY

ANN R. OCKER
TOWN CLERK

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Your Social Security



Wife's benefit based on income loss

Q. As I understand it, if I work after retirement and earn over the allowed amount, I won't get my checks. But why won't my wife get her wife's benefits? — A.J.

A. The wife's benefit is an auxiliary benefit based on the husband's income loss. If he is working and earning over the allowable amount the basis for the wife's benefits no longer exists. Therefore, she does not receive the benefit.

Q. I am a widow and draw Social Security. If I remarry would I continue to get the same Social Security? — A.P.

A. A widow who remarries after age 60 can have her benefits continue without any reduction in the amount.

If your new husband gets Social Security checks you can take a wife's benefit if it would be larger than your widow's benefit.

Q. Due to a lingering illness, my mother has become unable to han-

die her own financial affairs. If I become her payee what responsibilities would I have? — M.J.T.

A. As representative payee you would assume responsibility for keeping informed of the beneficiary's current and future needs, spending the benefits received in a reasonable and prudent manner and accounting for the use of the Social Security benefits.

Q. Is there a five-month waiting period before Social Security disability benefits begin? — S.D.

A. The waiting period was put in the law to limit programs costs, avoid claims based on temporary conditions and because many workers who become disabled have other benefits, such as sick pay, vacation pay, workman's compensation and disability insurance, etc., that can be used to replace the lost income until the waiting period ends.



Backyard Gardener

By PATRICK DENTON

Early last fall my wife, also a garden writer, enjoyed a trip to Amsterdam, home of the 1982 International Floriade Horticultural Exhibition. She had a lot to share on her return, including many impressions of the city itself, from a green-thumber's perspective.

Walking through the streets of Amsterdam with a gardener's eye for physical beauty unveils much about the city and its people. One can't help but notice every window daintily framed with white lace curtains and filled with plants.

It's amazing too how plantings establish themselves in front of the tall, attached houses, many of which are centuries old! Given even a tiny patch of ground excavated in the brick or concrete paving, something will be growing. Huge Silver Lace vines climb several stories to display lovely silver-white panicles of bloom until their tips disappear into the roof or the broken window of an adjoining empty house.

Colorful window boxes grace the tall, narrow

fronts of many homes at every level. Tumbling bright pink petunias against a medium gray surface make an eye-catching picture. Sunflower plants arise from cracks in the pavement barely the diameter of the sunflower stalk itself.

Some of the best views are from the canals and canal cruises are worthwhile to see some of the more beautiful of the old, richly decorated buildings and city landmarks.

On the Singel Canal there is a well-known flower market where a solid sea of color greets the strolling visitor. There the local shopper can find not only fresh and exquisitely natural man-made flowers, but also flower bulbs, roots and outdoor ornamentals, seeds and a wonderful assortment of houseplants.

Even houseboats on the canals are bedecked with pots of flowers, petunias and geraniums being the most used, along with a few stray pots of Cannabis sativa, or marijuana, which is legal to grow as a "pot" plant, if you'll pardon the pun.

Willows play an important part in Dutch history and crafts. It's from willow that craftsmen carve wooden shoes.

At the Floriade grounds, ancient traditional types of dwellings have been constructed from willow boughs woven between posts and covered with clay mud mixed with straw for solid, sturdy walls. Waterproof roofs are fabricated from thickly tied thatch and the dirt floor is covered with rushes.

Plantings on the Floriade '82 grounds are bound to inspire avid home gardeners with new ideas for their own gardens. One planting method my wife and I plan to introduce this spring into our own landscape is pyramid container planting.

There are several styles of pyramid planters available to the home gardener now. But something similar could be put together with items already around the house and garden. Ordinary garden geraniums, for example, can be trained on a pyramid-shaped support stuck into a large planter.

The home gardener could shape his own pyramid with plastic-covered metal rods, or bamboo stakes, or lath wired together much like bean pole tepee supports.

**"Thank you, Senator Dunne...
for your leadership and advocacy for sound environmental
policy in New York."** Environmental Defense Fund



L.I. SIERRA 1984 ENDORSEMENT

"John Dunne is chief spokesman on environmental issues in the State Senate, where he serves as Chairman of the Environmental Conservation and Recreation Committee. Senator Dunne is also Vice-Chairman of the Toxic and Hazardous Litigation Committee of the American Bar Association and a member of the State Low-Level Radioactive Waste Treatment Facilities Task Force, the Natural Resources Committee of the Nat'l Conf. of State Legislatures and the Task Force on the Environment of the Eastern Regional Conf. of the Council of State Govts. He is the author of New York's "superfund" law and prime sponsor of many of the state's laws and programs involving ground-water protection, hazardous waste and acid rain. In 1982, the LI Group of the Sierra Club awarded Mr. Dunne with a certificate of appreciation for his efforts in behalf of the environment."

So for strong and effective leadership to fight for strict compliance and enforcement of hazardous waste laws; for a beefed up state superfund; for tough resource recovery emission standards; for prohibition of landfilling above drinking water supplies; for a comprehensive and responsible environmental policy:

**FOR RESULTS, NOT TALK,
To Protect Our Precious Environment**

**RE-ELECT SENATOR JOHN DUNNE
6th DISTRICT • VOTE REPUBLICAN • ROW B**

Eat Yourself Slim



Eating right minimizes cavities

By Shirley Bright Boddy
Registered Dietitian

Dear Shirley: I am at my wit's end trying to keep up with dental bills for my children's teeth. They seem to get a new cavity every week or so, and I have four kids, so you can see how expensive it is. I try to feed them good, nutritious meals but I am wondering if you can suggest some special diet that might help prevent cavities. — Mrs. T.H.R.

Dear Mrs. T.H.R.: There is no special diet for dental caries (cavities) but there are many things you can do to help minimize the problem.

One of the most destructive habits is eating sweet, sticky foods between meals. Most candy and conventional gum are high contributors to cavity formation, especially when eaten between meals, because the sugar sticks in and between the teeth for hours, causing far more damage than if taken at mealtimes. Soft drinks and ice cream are more rapidly cleared from the mouth, but also are more damaging between meals.

The best ways to prevent problems are with regular dental prophylaxis and treatment, use of sugar-free gum, reduced consumption of sugars, frequent and regular flossing and brushing with

fluoridated toothpaste, use of fluoridated drinking water, rinsing with fluoridated mouthwash.

Check with your dentist about the new techniques that are now available to bond or coat the teeth with the new plastic materials.

Q. I have a problem with my 14-year-old daughter. She won't listen to me, but maybe she will pay some attention to you.

She has decided that she is overweight (she isn't) and now she is on some strange diet to lose weight fast. Her eating habits are terrible. All she eats are cookies, candy, Cokes, potato chips and ice cream. She will not eat breakfast, and she will only eat junk at dinner.

She still has not started her periods and I think it has something to do with her bad diet. Is that possible?

I am worried that she might develop that anorexia disease because of the way she eats. She is quite slender now, and she says she wants to be very thin because boy's don't like fat girls.

What can I do with her? She is an only child. — Mrs. G.S.

A. Dear Mrs. G.S.: The first step to take with your daughter is to get a medical evaluation of her health.

Many teenage girls are nutritionally deficient because of their poor eating habits. The most common nutrients that are lacking are iron, calcium, vitamin A and vitamin C.

Peer pressure on these kids is tremendous today, with much overemphasis on being thin, and the menstrual cycle can certainly be affected.

One way to help these kids is to get them better educated in nutrition and then appeal to their desire to be fit and attractive to the opposite sex. Thin, stringy hair, poor figures, pimply skin and bad breath are often the results of bad and bizarre diets, so point out that they are less attractive with poor nutrition, and it's not worth it.

You can also negotiate with kids. You are holding the purse strings and it's possible to get some trade-offs. For example: If two or more meals are skipped during the week, forget the money for the movies.

Teach your daughter the basic principles of getting all the nutrients she needs to develop properly: four servings of breads and cereals, four servings of fruits and vegetables, two servings of meat, fish or poultry and two servings of milk and dairy products per day.

To hold the calories down, limit the fats and use skim-milk products. If she insists on candy and

soft drinks, tell her she can have them only after eating good food.

Stick to your guns and don't hand out money if you don't get cooperation. It's a fair trade-off.

Dear Shirley: I have just found out that I am pregnant. I don't want to gain too much weight because I will hate having to get rid of it after the baby is born.

How long can I continue to smoke and have cocktails? I have heard that it is OK early in the pregnancy, but that later I should quit. Is that right?

Can you give me some ideas on how I can keep my weight down during this time? I am in good health and not overweight yet.

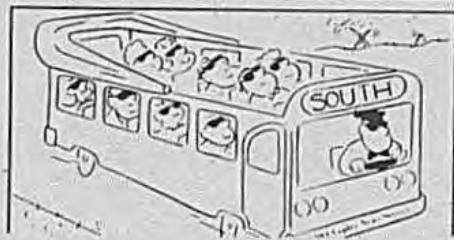
I have not been to the doctor because I used the home pregnancy test. — Mrs. E.B.W.

Dear Mrs. E.B.W.: It is vitally important that you stop drinking and smoking immediately. The first three months of pregnancy are extremely important because the vital organs and the tiny body of your baby are forming.

Pregnancy is not the time to go on a reducing diet and today the latest recommendation is for women to gain considerably more weight during pregnancy. A few years ago, weight was restricted, but now it is recognized that it is important to avoid low-birth weight babies.

PAGE ELEVEN Friday, October 26, 1984 NEW YORK TIMES

CONSUMER CARNIVAL by GIUFFRE



**Ever wonder
if you're paying
too much for
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Ask one of your neighbors about State Farm's low rates and fast, dependable service. Then give me a call.

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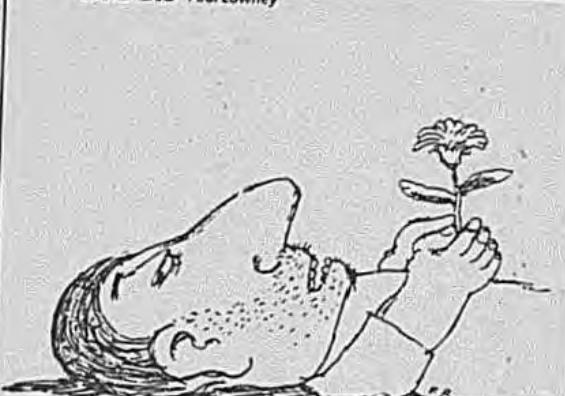


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Gleeb

Paul Lowney



I'm going to expire.
You're always saying that.
This time it's true.
It's all in your mind.
I'm going to expire like an old library card.
Call me tomorrow and let me know how you are.
If I make it, I'll call you—and if I expire, I'll get in
touch with you through Jeane Dixon.



At a recent meeting of the Hicksville Kiwanis Club, Past President William Murphy was presented with a 30 year perfect attendance tab to be worn with his "K" pin.

In the photo, Mr. Murphy, on the right, is being congratulated by Kiwanis President James Isaac for this accomplishment.

Over the years as Kiwanian, Mr. Murphy has attended 30 Kiwanis International conventions, 31 Kiwanis New York District conventions, was the president of the Hicksville Kiwanis in 1965, was the club treasurer for many years, has served on the Board of Directors of the Club and Foundation for 20 years, and is a Kiwanis Legion of Honor member.

Named 'Student Of Month'

Michelle Dobrawsky, a senior at Bethpage High School, was honored as "Student of the Month" by the Bethpage Rotary club at their weekly meeting on October 11, 1984.

Michelle currently ranks second in her class. She's a member of the Mathletes, active in both band and orchestra. Activities Editor for the school newspaper, and a member of the Spanish Club and Legal Eagles. Michelle was also recently named a semi-finalist in the prestigious National Merit competition.

Dr. John Sommig, Superintendent of Schools, made the presentation on behalf of the Rotary Club.

In addition, six other students were honored this week by the National Merit Scholarship Corporation with Letters of Commendation. These students were: Jennifer A. Blades, Karen A. Buck, Perry N. Fishkind, Patrick McCaffery, Howard J. Merritt, Jane S. Portegal and Karen A. Schrage.



Hicksville resident J. Pat Mensching, right, metropolitan New York sales representative for Williams Press in Albany gave an interesting talk on the printing trade to Hicksville Rotarians last week. Mr. Mensching who is being proposed as a member is shown receiving the club's Certificate of Appreciation from Rotary Club president Harry Peltz, left.

(Photo by Joe DePaola)



Mr. Elle Zambaca, right, was reelected as a new Rotarian in the Hicksville Rotary Club last week. Mr. Zambaca is a past president of the club having served in that capacity during his previous employ in a Hicksville travel agency. He currently is president of E.Z. Travel in Jericho and is shown above being congratulated by Rotary Club president Harry Peltz.

(Rotary Photo by Joe DePaola)

Lady Of Mercy Seeks BloodDonors

Our Lady of Mercy Church, in conjunction with Long Island Blood Services and the Nassau County chapter of the American Red Cross, is asking all parishioners and neighbors to donate blood on Sunday, November 4 from 10 a.m. to 2:45 p.m. A bloodmobile will be stationed in the school cafeteria which is located at 500 South Oyster Bay Road in Hicksville.

Donating blood is an easy and

safe process. Each blood donor receives a mini-physical which checks blood pressure, pulse and temperature.

Anyone in good health, weighing a minimum of 110 pounds, and between the ages of 17 and 66 is asked to donate blood.

Your donation is already needed by an infant, child or adult. Donate blood on November 4 and help save a life.

Vendors Wanted For Christmas Fair

Vendors are wanted for the annual Christmas Fair presented by the Rev. Michael J. Hartigan Columbiettes to be held on Sunday, December 2nd at the Knights of Columbus Hall, Central Ave., Bethpage. Tables are \$15 each. Deadline November 23. Limited tables - First Come-First Served. Contact Co-Chairlady Carol 795-7353 for reservations.

Trendor On the Avenue in Garden City Where Stewart Meets Franklin

SALE OF BRIDAL GOWNS

3 Days Only: Nov. 1, 2, 3

50% OFF SELECTED SAMPLES

If you can wear a sample size, you are in luck indeed!...You can have the gown of your dreams at...HALF PRICE!...These Bridal Gowns originally priced at \$350 to \$2000 are reduced for Thursday, Friday and Saturday only. Alterations not included. Among famous names in this group are:

- Bianchi
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- Galina
- Jena
- Athanassiu
- Milady
- Ron LoVecce
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- Paula Varsalona

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Go For The Gold

THE PERSON

- *First woman elected to the Glen Cove City Council, in 1979. Re-elected in 1981 and 1983.
- *She fostered a Neighborhood Watch Program that helped cut residential burglary by a third.
- *Member, Executive Committee and Legislative Coordinator, New York State Association of City Councils.
- *Member, Legislative Committee, New York State Conference of Mayors.
- *Served, Subcommittee, Governor's Task Force on the Reorganization of the State Department of Mental Hygiene.
- *Master's degree, Public Administration, C.W. Post College.

THE PLATFORM

- *The platform of "circuit breaker" property tax relief to reduce taxes.
- *Enactment of an anti-crime package which includes tough sentencing to keep hardened criminals behind bars and the death penalty for vicious murderers.
- *Raise the drinking age to 21, stiffen penalties to remove intoxicated drivers from our roads and make sure alcoholic drivers receive needed treatment as well.
- *Improvement in the method of funding local school districts so our suburban schools can maintain quality education.

The Person & The Platform =

The Better Candidate



**COUNCILWOMAN
ANN GOLD** for Assembly '84



P.O. Box 597 Jericho, New York 11753

In Service

Army Spec. 4 Moira D. Bryan, daughter of Mary Ellen and Frederick Grichenko of 74 Vincent Road, Hicksville, has arrived for duty in Bremerhaven, West Germany.

Bryan, a medical laboratory specialist with the U.S. Army Medical Department Activity, was previously assigned at Fort Bragg, NC.

Her husband, Kenneth, is the son of Clifford R. Bryan of Rural Route 1, West Monroe, La.

She is a 1978 graduate of Hicksville High School.



Air Force Reserve Airmen Jerryold G. Silverman, son of Charles W. and Heather L. Silverman of 23 Gardenia Lane, Hicksville, has been assigned to Chanute Air Force Base, Illinois, after completing Air Force basic training.

During the six weeks at Lackland Air Force Base, Texas, the airman studied the Air Force mission, organization and customs and received special training in human relations:

In addition, airman who complete basic training earn credits toward an associate degree through the Community College of the Air Force.

The airman will now receive specialized instruction in the aircraft maintenance field.

CALL INPUT 931-0027
24 hours a day! Answer
the Question of the Week
or express an opinion on
other topics of interest
to readers.....

MAY WE HAVE
THE NEXT DENTS?



MADDEN'S
AUTO BODY
COLLISION WORK
WE 1-9777
140 Woodbury Rd.
Hicksville

News From Plainview Library

Award Winning Film

On Thursday, November 29 at 8 p.m., the Plainview-Old Bethpage library is proud to present the award winning film "Best Boy".

This is a feature length documentary about a 52 year old mentally retarded man and his aged parents. This film is a must for everyone. The film runs 111 minutes.

The library is located at 999 Old Country Road in Plainview, opposite the Morton Village Shopping Center (938-0077).

Board Meeting

The Board of Trustees of the Plainview-Old Bethpage Library will hold a regular business meeting on Wednesday, November 28, at 7:30 p.m. in the Staff Room.

Estate Planning for the Mentally Handicapped

On Thursday, November 1, at 8 p.m. the Plainview-Old Bethpage library in cooperation with the Bar Association of Nassau County will present a lecture entitled "Estate Planning for the Mentally Handicapped".

The speaker will be Jerome M. Ness. Mr. Ness is an attorney and chairperson of the Guardianship Committee of the New York State Association for Retarded Children, Inc.

The library is located at 999 Old Country Road in Plainview, opposite the Morton Village Shopping Center (938-0077).

Insights Into Current Issues

It is very easy to get confused with today's events. The newspapers and news shows just throw the information at you without giving you the chance to digest it. Now you have that chance.

On Friday, November 2 (1-3 p.m.) the Plainview-Old Bethpage Library will sponsor a current events discussion, led by Barbara Krupit. You'll be able to hear and understand not only what is happening, but why it's happening.

Don't pass up this valuable discussion, it is free and could help you be more informed.

The Library is located at 999 Old Country Road in Plainview, opposite the Morton Village Shopping Center (938-0077).

Piano Concert

Ian Shapinsky is one of the most dynamic pianists on the concert scene at the present time.

On Saturday, November 3, at 8 p.m., the Plainview-Old Bethpage library is proud to present Ian Shapinsky in Concert. The program will include Bach, Chapin, Ravel and Liszt.

The library is located at 999 Old Country Road in Plainview, opposite the Morton Village Shopping Center (938-0077).

Condominium Or Cooperative?

Which is best for me? Shall I buy a condominium or a cooperative?

On Thursday, November 8 at 8 p.m., Jeffrey Daniels, an attorney in Nassau County will discuss the differences, the problems and the pleasures between owning a condominium and a cooperative. The lecture is entitled "Condominiums and Co-ops."

This program is presented by the Plainview-Old Bethpage library in cooperation with the Bar Association of Nassau County.

The library is located at 999 Old Country Road in Plainview, opposite the Morton Village Shopping center (938-0077).

Melville Brass Ensemble

The Plainview-Old Bethpage library in cooperation with The Town of Oyster Bay Department of Community Service, Cultural and Performing Arts Division as part of the Distinguished Artists Concerts 1984-85 is proud to present the Melville Brass Ensemble on Friday, November 9 at 8:15 p.m.

The library is located at 999 Old Country Road in Plainview, opposite the Morton Village Shopping Center (938-0077).

I Am The Cheese

Join Barbara Krupit in another Book discussion Review on Monday, November 12, from 1-3 p.m. at the Plainview-Old Bethpage Library. The book to be discussed is Robert Cormier's "I Am The Cheese".

The library is located at 999 Old Country Road in Plainview, opposite the Morton Village Shopping Center (938-0077).

Book Discussion

There will be a book discussion at the Plainview-Old Bethpage Library on Tuesday, November 13, (8-10 p.m.) led by Barbara Krupit. The book is Kate Simon's "Bronx Primitive". Be sure not to miss this discussion for a few hours of intellectual conversation.

The library is located at 999 Old Country Road in Plainview, opposite the Morton Village Shopping Center (938-0077).

LEGAL NOTICE

Substance of Certificate of Limited Partnership filed in Nassau County Clerk's Office 8-31-84 of Lakeland Garden Associates, principal office 103 Woodlake Drive, West, Woodbury, New York. Business; acquire, own and operate real property. Term: 8-31-84 until 12-31-2034; unless sooner terminated by Partnership Agreement. General Partner: S. J. H. Consulting Inc., a New York Corporation, principal office 103 Woodlake Drive West, Woodbury, New York, \$200. Limited Partners: David Israeltie, 116 Central Park south, New York, N.Y. \$200. No additional contributions agreement to be made and no time agreed upon for return of limited partner contributions. No limited partner has right to substitute assignee as contributor in his place without prior written consent of the General Partner (except as transferee for a related party). Limited partners to receive 98% of profit and losses and income and the General Partner to receive 2% of profit and losses and income. There is no right to admit additional limited partners. No priority among limited partners no right is given to any limited partner to receive property other than cash in return for his contribution. Nor right is given to continue the business upon the death, retirement, dissolution or insanity of the General Partner.

JNJ 7680
6x10/19,26;11/2,9,16,21

LEGAL NOTICE

CENTER STATE PROPERTIES

Substance of Certificate of Limited Partnership signed and acknowledged by all of the partners and filed in the Nassau County Clerk's Office on October 5, 1984. Name and principal office in the partnership is Center State Properties c/o First Stratford Corporation 410 Jericho Turnpike, Jericho, New York 11751. Its business is to purchase, own, operate, lease and sell residential real property. The term of the partnership is 60 years from the date of filing of the Certificate in the Nassau County Clerk's Office. The names and residences of the General Partners, of the Limited Partners, and the cash contributions are as follows:

General Partners: First Stratford Corporation, 410 Jericho Turnpike, Jericho, New York 11751 and Richard H. Reiben, 15 Circle Road, Muttontown, New York 11791, cash contributions \$500.00 each. Limited Partner: Barbara Weiss, Whitehaven, Route 25A, Old Brookville, New York 11545, cash contribution of \$100.00

No other property is contributed and no additional contributions are agreed to be made by the Limited Partner. The General Partners may admit additional Limited Partners totaling no more than 35, upon payment of the sum of \$35,000 per unit for a total of not more than 30 Limited Partner Units. Upon contribution for a total of 35 such Units, the present Limited Partner shall have priority over any other Limited Partner(s) as to contributions or compensation by way of income. The remaining General Partner or Partners may continue the business upon death, retirement, or insanity of a General Partner. There is no right of any Limited Partner to demand or receive property other than cash for his contributions.

JNJ 7679
6x10/19,26;11/2,9,16,21

LEGAL NOTICE

FOREST PROPERTIES

Substance of Certificate of Limited Partnership signed and acknowledged by all of the partners and filed in the Nassau County Clerk's Office on October 5, 1984. Name and principal office in the partnership is Forest Properties, c/o First Stratford Corporation, 410 Jericho Turnpike, Jericho, New York 11751. Its business is to purchase, own, operate, lease and sell residential real property. The term of the partnership is 60 years from the date of filing of the Certificate in the Nassau County Clerk's Office. The names and residences of the General Partners, of the Limited Partners and the cash contributions are as follows:

General Partners: First Stratford Corporation, 410 Jericho Turnpike, Jericho, New York 11751 and Barbara Weiss, Whitehaven, Route 25A, Old Brookville, New York 11545, cash contributions \$500.00 each. Limited Partner: Barbara Weiss, Whitehaven, Route 25A, Old Brookville, New York 11545, cash contribution of \$100.00

No other property is contributed and no additional contributions are agreed to be made by the Limited Partner. The General Partners may admit additional Limited Partners totaling no more than 35, upon payment of the sum of \$35,000 per unit for a total of not more than 30 Limited Partner Units. Upon contribution for a total of 35 such Units, the present Limited Partner shall have priority over any other Limited Partner(s) as to contributions or compensation by way of income. The remaining General Partner or Partners may continue the business upon death, retirement, or insanity of a General Partner. There is no right of any Limited Partner to demand or receive property other than cash for his contributions.

JNJ 7679
6x10/19,26;11/2,9,16,21

St. Paul's School
19th ANNUAL
ANTIQUE SHOW
77 DEALERS
295 Stewart Ave., Garden City, L.I.
(3 blocks west of Franklin Ave.)
Fr. Nov. 2nd 7 P.M. to 11 P.M.
Sat. Nov. 3rd Noon to 10 P.M.
Sun. Nov. 4th Noon to 6 P.M.
Sponsored by the St. Paul's Mothers' Assoc.
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• Call 931-0012

Williston Times • Mineola Edition
New Hyde Park Herald Courier
• Call 746-0240

NOW after 2 p.m. phone in your ad 24 hours a day to our special after hours ad number. You can phone your ad 24 hours a day and it will appear in the next issue of the paper (up to the 12 noon deadline for week of publication). If you miss the hours of our regular ad takers at any of the above numbers call 746-0240 and give your ad 24 HOURS A DAY.

Help Wanted

HOUSEKEEPER HONEST
woman; sleep in Sat.-Sun. for healthy, older lady. Call 248-2138
gcn2

MATURE RELIABLE COLLEGE
Girl needed evenings to watch 3 young girls (homework & light housekeeping). 7 p.m. to 11 p.m. Preferably Monday & Thursday but flexible. Own transportation, recent references required. Seaford town area. Call evenings after 7 p.m. 484-0561. WN2

CHILD CARE NEEDED
in my Garden City home for two children; mornings or afternoons; salary negotiable; references & own transportation required. Call 437-9262. gco4

BABYSITTER/HOUSEKEEPER
Warm loving non-smoker to care for two children, 3 and 5 years of age. Cooking, cleaning, laundry. Live-in Monday through Friday. Recent references required. 747-7468 after 7 p.m. wpt4

GUITARIST
with outgoing personality, good singing voice & substantial repertoire needed for new L.I. social club. Someone who can create moods & evoke feelings both smiles & reveries. Call Jessica, for audition. 746-2724. gcn2

SALES/CASHIER/STOCK
Annie Sez comes to Hicksville! Now Hicksville can enjoy designer fashions for less at Annie Sez! Our new store will be opening soon and we need you. If you are an individual who enjoys people and wants to work in a fashion environment we want you to apply at our new location. Positions available both full and part time, days, evenings, weekends. Our great benefit package includes good starting salary and a liberal shopping discount. Interviews will be held on Tuesday, October 30. Annie Sez, Delco Plaza, 265-3 So. Broadway, Hicksville. EOE/MF

had
FULL TIME RESIDENTIAL
salesperson at Hubbell & Klapper, 65 Hilton Avenue, Garden City. Growth potential. Call 747-2900 ask for Ray Pol... ho4

Help Wanted

LOCAL GARDEN CITY FIRM
has immediate full time permanent position available for two clerk/expeditors. Experience preferred, but will consider training proper person. Work will entail calling vendors to schedule order deliveries, preparing work sheets for computer entry & advising our customers of order status. Pleasant working conditions in modern air conditioned offices with private parking. No part time help considered. For interview call 222-0866, ext. 204. gco4

TEACHING ASSISTANTS
Herrick's Public Schools, Shelter Rock Road, New Hyde Park, N.Y. 11040... Vacancies exist effective immediately for the following teaching assistants: Special education, resource rooms and individual development classes; Primary responsibility includes working directly with children individually and in small groups under teacher supervision.

New York State Teacher certification is required. Salary: \$8,640. plus full fringe benefits, etc. Persons interested and qualified for these positions should call for an appointment and submit a resume to Dr. Charlotte Podolsky, Director of Special Education Services (516) 741-7800 - Ext. 110. (An affirmative action employer). WO4

NOW HIRING - EXPANDING
local factory branch of National air pollution equipment company has several openings for management trainees in display & sales dept. No experience necessary. We will train people accepted. Salary + commission. \$800/1200 + per month based on performance. Call Personnel Dept. 294-3341. gcn1

RECEPTIONIST-GARDEN CITY
Cardiologist has opening (part-time) for mature woman; four eves. per week. 746-6220. gco4

COLLEGE STUDENT P/T
to show model houses in Woodbury. Work Sat. & Sun., Tues. & Wed. 11-5. \$5 per hour. Must be neat in appearance, personable and reliable. 367-9277 ho4

Help Wanted

GARDEN CITY FIRM
has immediate full time opening for experienced "all around" warehouseman/truck driver with Class IV driver's license. Work entails receiving & shipping duties as well as deliveries to NY, NJ ports & airports. For appt, call 222-0866, ext. 204. gco4

COLLEGE GIRL OR MATURE
woman needed to drive 13 year old girl to horse stable in Melville and return to Garden City 2 or 3 afternoons per week, approx. 3 to 6 p.m. Once there, you would be free to study, shop, etc. Salary + mileage. Must be excellent driver and have references 746-3358 eves or 212-274-1616 days. gcn1

MATURE EXPERIENCED
Woman needed to care for my one year old in my Garden City home on Mon. Thurs. Fri. hours flexible. References please. Call 248-8398 gcn2

PART TIME - AVERAGE
start \$100 + weekly, 6 pm to 10 p.m. Applications now being accepted for immediate work in our display & sales dept of air treatment equipment. No previous sales or clerical experience needed. We train. Salary + bonus. Mineola 294-3342. gcn1

TELLER TRAINEES PART TIME
Local West Hempstead Bank. Write: Personnel Dept. GCN. Post Office Box 652, Flushing, N.Y. 11352 (please include your phone number) An Equal Opportunity Employer M/F/H. hn2

BABYSITTER WANTED TUES.
12 noon to 4 p.m. for 3 children, 1, 2½, and 4, in my Garden City home. References please. 746-1981. gcn1

DRIVER SCHOOL BUS Class II
& vans 1984-85 school year. Syosset CSD. Call 921-5500 ext. 236. ho4

COLLEGE STUDENT/HOUSE-
Wife to work three mornings per week. Light housecleaning and child care. Hours flexible. References. 746-5330. gcn3

HOUSEKEEPER NEEDED
3 days per week 18 hours/56 per hour. Jericho/Syosset area. Call after 6 p.m. 922-4504. hn2

ELECTRICIAN EXPERIENCE
essential. Top wages and company paid benefits. Kenny Electric, Mineola, Call 746-7617. tshhn3

PART TIME OFFICE HELP
9 a.m. to 3 p.m., Monday thru Friday. Returnee welcome, non smoker. Albertson 741-6000 wo4

CAFETERIA HELPER
Pot washer needed, no experience. Syosset School, own transportation, call Mrs. Burns 921-5500 ext. 220. ho4

NEED SOMEONE WITH
Woodworking tools to occasionally make simple product in small quantities. Call 742-2765 before 6 p.m. WN3

Help Wanted

SALES PERSON FOR BUSY
real estate office. June Michel Real Estate 1205 Franklin Ave., Garden City 248-9503 geo4

LOVE CHILDREN APPLY
for rewarding P/T position as lunch aide Syosset School. call 921-5500 ext. 219. ho4

Instructions

MATH TUTORING
All grades by licensed, certified and very experienced math teacher. Call evenings, Martin 938-3519. hni

FRENCH/SPANISH TUTORING
Pre-School through College by certified and very experienced teacher. Regents preparation. Use of modern teaching techniques and confidence building. Patient, excellent results, references. Reasonable group rates. Eleanor Sugerman 935-2429. hni

TUTOR EXPERIENCED WITH
preschool through college students. Graduate of Univ. of Mass. presently enrolled in grad work at Adelphi Univ. Proficiency in wide range of subjects and will provide service in your home. Call eves. Joy 431-9324. gco4

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Lessons In Your Home
by working professionals
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George Schlaeger

294-0994 747-7009
gcj2

Situations Wanted

NURSES AIDE 18 YEARS
experience; references; live out; 9-6 n.m. daily. 481-9142. gcj2

LADY DESIRES DAY WORK
References & own transportation. 483-4653. gcj2

NURSES AIDE
available, 9-5 p.m. ten years experience. Excellent references. Call 481-7264 afternoons or eves. gcn2

LADY DESIRES Housekeeping position. References and own transportation 481-5692. gcn1

HIGH SCHOOL GRADUATE
would like babysitting job, weekdays or weekends Call 485-7329. dgn1

EXPERIENCED NURSES' AIDE
available to take care of elderly person, part time. 5 days per week 485-7329. gcn1

CLEANING LADY LOOKING
for day work in Garden City until January 1. \$40-6 hours; Tues. & Fri. Very honest and reliable. No cats. Own transportation. 486-1386 after 4 p.m. gcn1

DUTCH LADY LOOKING
for housecleaning job on weekdays. Garden City area. Good references. Own transportation. Call 781-3957. gcn1

Situations Wanted

HONEST RELIABLE DOMESTIC
seeks position. Mon., Thurs., or Sat., hours flexible. References. Live out. Call 867-1866 after 5 p.m. geo4

NURSE POSITION
Excellent references. Mature, 10 years experience. 867-2939. geo4

EUROPEAN ENGLISH
Speaking mature woman with own transportation seeks position as companion; light housekeeping; 4-5 days per week; refer available. Call after 3 p.m. 741-6347 ask for Jeannette. gcN2

CLEAN HOUSES
Any day of week. Experienced and with references. 538-0176. geo2

NURSE'S ASSISTANT/
Governess available 4 or 5 hours daily after 3 p.m., Monday-Friday. Experienced housekeeper, cook, driver. \$7.50 per hour, 4 hour minimum. Call 538-6764 or 538-4927 after 4 p.m. or weekends before 12. geo4

LADY WISHES TO TAKE CARE
of sick or elderly. Night or day. Excellent references, non smoker 437-0692. geo4

RELIABLE WOMAN SEEKS
housekeeping position. Good references & own transportation. 354-2904. geo4

RELIABLE BABYSITTER
Responsible G.C. high sophomore. Available weekdays from 3:30 p.m. and weekends day and evening. Western section. Call Danielle 354-3051. geo3

LADY DESIRES HOUSE-
keeping/companion or day worker position call (212) 712-9018. geo3

HOUSECLEANING AVAILABLE
By Day References, own transportation. 483-0173 after 3 p.m. geo3

NURSE'S AIDE AVAILABLE
Experienced, references, own transportation. 481-6366. geo3

YOUNG IRISH WOMAN
seeks position to care for home bound person & to perform light housekeeping duties. (718) 474-0423. geo3

NURSE'S AIDE TO CARE FOR
Elderly Patient. five days, up to 8 hours daily. Good references. Call (212) 322-4794. geo1

HOUSEKEEPER AVAILABLE
Mon. -Fri., hours flexible. Also nurse's aide. Good references. Please call anytime 485-1420. geo1

HOUSECLEANING WOMAN
with experience. Mon. -Sat., days. 486-3021. geo1

HOUSEKEEPER AVAILABLE
afternoons. Mon. to Fri. References and own transportation. 334-2752 eves. geo4

NURSE'S AIDE LIVE IN OR OUT
Experienced 8 years. References. 481-9142. geo4

Lost & Found

LOST FEMALE DOG "Whiskey"
Black and brown with white paws (collie mixed) Medium size, 15 years old, cataracts, hard of hearing. Lost New Hyde Park Road, Garden City area Sept. 27 REWARD \$54.5235 gen4

LOST FRIDAY OCT. 5 LADIES
Ruby ring with diamond chips, vicinity Grove/Meadow/Tremont Poplar Sts., Garden City while walking in the evening. Reward \$74.5791. hn1

LOST ON SAT. OCT. 13
early morning, vicinity of Salisbury Ave. and Kilburn Road, Garden City, male, grey Schnauzer, Reward. 741-8443. gen2

Pets For Adoption

GUINEA PIG LOOKING
For a good home. Free cage. Call 938-0506. WNI

Mopeds For Sale

PUCH NEWPORT MOPED
Double seat, metallic blue, low mileage. \$275. 741-5677. gen4

MOPED PUCH NEWPORT II
Maroon, 2 speed, 2 HP, with saddle bags. Good condition. \$400. Week nights 326-2127. gen1

Motorcycle For Sale

1982 250 R HONDA ATC
Pro wedge tires, excellent condition. Asking \$1200. Call 294-0558. gen3

Boat For Sale

RENKEN 1983 20' BOWRIDER
inboard/outboard, 120 horsepower. Radio & depth finder, full canvas, very low hours. Mint condition. \$7000. 742-4158. geo4
1968 FIBERGLASS OPEN BOAT
23 ft. Repowered 1980 Merc Cruiser engine/outdrive \$2000. Call eve. 433-5389. hn3

Cars For Sale

BUICK '81 REGAL LTD.
P/S, P/B, P/W, A/C, cruise, 100 watt am/fm stereo with equalizer, velour interior, tinted windows, mags, custom pin stripe, 3 alarms, 30,000 miles. Too much to list. Mint condition. \$6900. 741-8527. gen3

1977 CHEVROLET CAPRICE
Classic, 2 door, a/c, power locks, power windows, am/fm stereo, 77,000 miles. Excellent condition in and out. \$2200. 248-4899. gen3

1977 DODGE ASPEN STATION
Wagon. Special Edition. P/S, P/B, A/C, standard radio, has 4 good tires, 2 new snow tires, clean inside. Call 747-1327. wn3

1977 MERCURY STATION
wagon, blue, ideal for painter/handyman \$1100. 742-1724 after 6 p.m. gen3

1975 OLDSMOBILE VISTA
Cruise Hatchback station wagon. Excellent body, am/fm stereo, very good running condition. 60,000 mileage. \$1900-negotiable 742-0884. WN2

1977 OLDS SUBURBAN
station wagon, P/S, P/B, power windows, AC, AM/FM radio, 71,000 miles. Body needs work. \$1500 or best offer. 741-6942. gen2

1971 VOLKSWAGEN BUG
Convertible \$2400. Call 742-1724 after 6 p.m. gen3

74 MUSTANG 4 SPEED
P/S; p/b; am/fm; sun roof. Best offer. 248-3733 evens. gen2

Cars For Sale

1977 HONDA CIVIC 4 Speed
30 MPG, \$1995. Call 741-0406 after 5 p.m. gen1

1980 SUBARU GL WAGON
Original owner, 5 speed, AC, AM/FM stereo cassette, 35,000 miles, excellent condition. \$4350. 328-2928. gen2

1971 VW CONVERTIBLE
Red/black top. Semi-automatic, new brakes, rebuilt engine. Sacrifice. 742-2580. gen2

'81 FORD ESCORT GL WAGON
Green, 39,000 miles, 4 door, auto, roof rack, hatchback, A/C \$3500. 746-5652. gen1

DATSON 1974 1/2 260Z LACQUER
paint, Blaupunkt stereo, turbo ZX mags, 4 speed, new tires, mint condition \$3000. 741-4187. gen1

PONTIAC 1968 FIREBIRD
Auto, bucket seats, vinyl top, power steering, excellent running body and interior very good condition \$1650. 741-4187. gen1

'79 CADILLAC SEDAN deVILLE
Original owner, garaged, all leather, good condition \$5200. Days 663-5222; evens 742-7066. gen2

1973 PLYMOUTH FURY HARD
top, AC, PS, PB, excellent running condition, many new parts, very clean in and out, regular gas. Sacrifice \$450. Call 248-0884. wo4

1976 DODGE SPORTSMAN VAN
Original owner, garaged. Automatic, AC, PS, PB, seats 8, 50,000 miles. Excellent condition. \$3200. 741-8730. geo4

1982 PONTIAC FIREBIRD
28,000 miles. Original owner, AC, am/fm stereo cassette, V6, 4 speed, metallic maroon. Mint, garaged. \$7500. 352-2959 or 775-5458. geo4

1960 MERCEDES BENZ 220S
4 door, needs some work. Best offer. 354-1533. geo4

1980 BUICK CENTURY
Beautiful family car. Maintained and garaged. \$5300. Call 775-8875. geo4

1977 CADILLAC SEDAN deVILLE
Dark brown, tan leather interior. All Cadillac features. Excellent condition, 72,000 miles. Garaged & professionally maintained. Priced to sell at \$4200. 248-8367. geo4

1975 CAMARO AUTO TRANS
p/s, p/b, 350 cu. in. Holly Carburetor, Corvette manifold, headers, dual turbo exhaust. Post rear, raised letter radials, many new parts, new Corvette white paint, L-88 hood, whale tail, tan interior, sun gauges, am/fm cassette. Professionally maintained auto. Must see \$3700. 248-8367, Ken. geo4

1976 VOLVO 245 DL WAGON
Auto, AC, AM/FM stereo, 8 track, original owner, 50,000 miles. Well maintained. Very good condition. \$3400 firm. 354-7774 after 3 p.m. geo4

'75 BUICK ELECTRA LTD
Original owner; fully loaded; low mileage; good condition. Best offer over \$1600. 746-6783. gen2

1972 DODGE TRADESMAN VAN
Semi-Custom. A/T, stereo, mag tires, excellent running condition. \$1600. call 741-3847 evenings. WN2

Cars For Sale

1977 TOYOTA CELICA
4 speed, AC, 36,000 miles, original owner, excellent running condition. \$2700. 328-0002 after 6 p.m. gen2

1975 VISTA CRUISE STATION
Wagon with hatchback, good running condition. 742-0884. ho4

1973 BUICK LESABRE GOOD
condition, p/s, p/b, \$750. Call 741-0435. geo4

1978 VW VAN TWO TONE
Brown, sun roof, tinted glass, built in cooler. Call 248-1925. geo4

1979 PLYMOUTH VOLARE
4 door sedan; slant 6; original owner. Asking \$2850. 483-7892. geo4

1969 MUSTANG CONVERTIBLE
Beauty with 59,000 original miles. V8, automatic, yellow/black top \$3100. Call 742-1617. ho4

Vacation Rental

SO. VERMONT SKI CHALET
4 hours from New York. LR, 3 BR's, FP. Cross-country skiing on property. 485-4187. geo4

ADIRONDACK LAKESHORE
Cottages, 20 minutes to Gore Mt. ski center, 1 hour Whiteface, 2 & 3 bedrooms, \$1300-1600 season + utilities. Rogers Cottages, Chestertown, NY 12817 518-494-3311. geo4

POMPANO BEACH FLORIDA
Sea Haven condo, 8th floor. One BR, 1 1/2 baths, fully furnished. On canal & one block from Intracoastal & ocean. All amenities. Rent minimum 3 months. \$1000 per month with option to buy. \$50 screening fee & references required. 483-9116. geo4

SKI HOUSE FOR RENT IN
Mashope Mt. Poconos. 4 BRs, 2 baths, ski 5 minutes away, double chair lift, restaurant and entertainment. Call 741-8503. wn3

TWO BEDROOM SKI COTTAGE
on Friend's Lake, Gore Mountain area. \$1250 for season. Call 496-8196. hn3

ORLANDO FLORIDA 2 BR, 2
bath, furnished house. Near Epcot/Disney World. Available weekly or monthly. 746-0765. geo4

VERMONT SKI RENTAL
5 minutes to Okemo, 15 min. to Killington chair. Cozy, charming ski house, sleeps 8. Only \$2800+ utilities for full season. 747-7569. geo4

SKI KILLINGTON VERMONT
3 bedrms, 1 bath, fireplace, deck, mountain view. Weekly/weekend rental. Pictures available. 747-8850 evens. geo4

ST. PETE CLEARWATER AREA
2-bedroom, 2 bath condo & studio apt. available on Gulf. Private beach, pool, jacuzzi. 2 week rental. Call 516 921-5057 after 7 p.m. weekdays/weekends. geo4

FLORIDA KEYS ISLAMERADA
Florida, Plush 2 bedroom, 2 bath oceanview townhouse. Fishing pier, pool, cable TV, suana, card room. Fully furnished. Utilities included. \$1200 per mo. Call collect 1-305-245-5997 or 235-5790. geo4

BUCKILL FALLS POCONO MTS.
6 bedroom private home. Golf, tennis, and pool. Magnificent facilities. Major ski areas. Weekly or monthly. Call 212-357-6000 9 to 5 p.m. geo2

ORANGE LAKE COUNTRY
Club, Kissimmee, Florida. Five minutes Disney. Golf, tennis, pool. One week rental condo. sleeps 4. Available Nov. 24-Dec. 1. \$550. Call evenings after 9 p.m. 747-3520. geo4

INDIAN RIVER PLANTATION
Hutchinson Island, Stuart, Florida 2 BR, 2 bath tennis villa in top oceanfront resort. Fully equipped, sleeps 6. On golf course, steps to ocean, tennis, pool. Two hours to Disney World Resort. Rental fee \$600 per week. Rent through owners \$600 per week Dec. thru April 747-0127 evens. geo4

BERMUDA LOVERS
Exclusive St. George's Club. Luxuriously furnished new cottage. 2 BR, 2 baths, kitchen, LR, dining area. Private patio. Sleeps 6. Pool, tennis, beach club, daily maid service. Golf and all Bermuda's attractions nearby. Daily or weekly, option to buy. Call Mr. W. Meier 516-574-0211. geo4

MARCO ISLAND FLORIDA
Week of Dec. 15-22. Drastic price reduction from \$875 to \$495. Sumptuous villa on the Gulf beach. New, fully furnished, accommodates 6 people. 2 bedrooms, 2 full baths, LR, DR, kit, wet bar, Ige. screened porch, swimming pool, Jacuzzi, sun deck, private beach, tennis. Call 516 228-3828 days or 516 747-8265 evens and weekends. geo2

PALMAS DEL MAR Puerto Rico
Time share Villa, Dec. 22-29; all amenities, top resort \$600 per week, \$16 239-3092 after 9 p.m. or 623-2100. Bob Micucci. geo4

Vacation Rentals

INDIAN RIVER PLANTATION
2 BR apartment. \$1500 per month. 538-3084. geo4

ORLANDO, FLORIDA Studio
swimming pool. Near Epcot, Disney World. Available weekly or monthly. Call (305) 291-6657 geo4

VERO BEACH AREA
Ocean front condo, 2 bedrooms, 2 baths, private laundry, decorar furnished, pool, fishing. Monthly Seasonal. 921-0287. geo4

VERO BEACH, FLORIDA
Condo, 2 BR, 2 baths, beautifully furnished, tropical setting with pool. Two blocks to Atlantic Ocean, one block to Intercostal. \$900 per month, 3 months minimum, 467-1489. After 10/25, call 516-775-4176 or 305 231-1092 geo4

HUTCHINSON ISLAND, FLA.
Luxury oceanfront condo, 2 & 1/2, 11th floor, heated pool, tennis, etc. 40 minutes to West Palm Beach. Renting monthly/seasonal \$165-5859/2803. geo4

WEST PALM BEACH
Wellington, Florida. Fully furnished 3 BR, 2 bath, 1st floor. Heated pool. Nov. - Dec. \$1000 per month. Jan.-March \$1500 per month. Cable & Utilities included 751-2483. geo4

SKI HOUSE FOR RENT
by week Ludlow, Vermont, 1 1/2 mi to Okemo, 17 mi to Killington, 5 BRs, 2 full baths, 24 ft. LR w/fpl and view. Cable Color TV 621-6321. geo4

CANDLEWOOD LAKE, CONN.
Beautiful 4 bedroom contemporary with water view. Large LR with free standing fieldstone fireplace. Enjoy fishing and the Fall foliage. Pictures available. 747-8850 evens. geo4

VERMONT SKI RENTAL
5 minutes to Okemo, 15 min. to Killington chair. Cozy, charming ski house, sleeps 8. Only \$2800+ utilities for full season. 747-7569. geo4

SKI KILLINGTON VERMONT
3 bedrms, 1 bath, fireplace, deck, mountain view. Weekly/weekend rental. Pictures available. 248-8618. geo4

ST. PETE CLEARWATER AREA
2-bedroom, 2 bath condo & studio apt. available on Gulf. Private beach, pool, jacuzzi. 2 week rental. Call 516 921-5057 after 7 p.m. weekdays/weekends. geo4

BERMUDA LOVERS
Exclusive St. George's Club. Luxuriously furnished new cottage. 2 BR, 2 baths, kitchen, LR, dining area. Private patio. Sleeps 6. Pool, tennis, beach club, daily maid service. Golf and all Bermuda's attractions nearby. Daily or weekly, option to buy. Call Mr. W. Meier 516-574-0211. geo4

WOMAN WITH 4 BEDROOMS
apartment is seeking 3 roommates. Large bedrooms on 2nd floor with living room, kitchen and dining area and porch on first floor. Cost \$250/bedroom includes all utilities. One block from Southern State Parkway to Bayshore. Please call 516 531-1174 collect to arrange visit. Dorothy Kramer. geo4

APARTMENT AVAILABLE
Floral Park 3 rooms, 2nd floor. Centrally located. New stove. Females only. \$525. Call between 6 and 8 p.m. 746-3689. geo4

MINEOLA THREE BEDROOM
Colonial house. LR/FPL; wall to wall carpeting; sun room; fin. bsm; 1 car garage \$1100 per month + utilities. References and security required. 248-9829 geo4

Vacation Rentals

QUECHEE LAKES, VERMONT
Condo, 3 BRs, 2 1/2 baths, den, private ski life with snow making, cross country skiing, near major ski areas. Clubhouse with squash courts, indoor pool and dining facilities. 536-7880. geo4

NORTH PALM BEACH
Prime location on canal. View of Intracoastal, pool, near Golf Club, all appliances, air heat. Seasonal \$650 per month. Option to purchase \$52,000. Tel. 305-726-2253 geo4

Real Estate For Rent
ORLANDO, FLORIDA
Brand new 2 BR, 2 bath unfurnished home. Six months to one year rental. 352-2759. geo4

GARDEN CITY AND VICINITY
Houses for rent: 3 BR, CH colonial, new bath and half, ultra kitchen, F/P, finished basement \$1500, furnished \$1800. 3 BR Ranch, 2 baths, \$1400. Rockville Centre 5 BR Colonial, 2 1/2 baths \$2000; West Hempstead 3 BR Tudor, 1 1/2 baths, immediate occupancy \$900; Valley Stream 2 BR Cape, furnished Dec. 1 to May 1, 1985 \$800. Mineola 3 BR Cape, 1 1/2 baths, sun room F/P, finished basement \$1200. ELAINE NOLAN 485-7054. geo4

GARDEN CITY CAPE 3 BR
2 baths, LR, playroom, EIK, fin. bsm; 1 car garage \$1300 per month + utilities. References and security. Owner 746-1797. geo4

MINEOLA FURNISHED
Unfurnished bedroom, LR and kitchen combo with full bath. Mature working person, non-smoker \$450. Days 742-7564; Eves. 747-7847. geo4

YARD SPACE AVAILABLE
for rent near Garden City pool. Can be used for vehicle and outside storage. 8 ft. fenced in area. Call Mr. Owen 8:30-5:30 p.m. Mon-Fri 481-6290. geo4

GARDEN CITY AND VICINITY
Apartments - all new studio, walk to RR \$450 pays all; Elmont 1 BR, private entrance \$540, plus electric; Furnished studio \$400, pays all; Franklin Square beautiful 3 BR, EIK, carpeted \$750, plus utilities; 1 BR wall-to-wall, private entrance, walk bus \$650, pays all; Hempstead Cathedrals 1 BR, elevator building, A/C \$600; 2 BR, elevator building, A/C \$739; New Hyde Park spacious 1 BR wall-to-wall \$650, pays all; Rockville Centre 2 BR, EIK, laundry facilities, garage \$900, plus electric. ELAINE NOLAN 485-7054. geo4

WOMAN WITH 4 BEDROOMS
apartment is seeking 3 roommates. Large bedrooms on 2nd floor with living room, kitchen and dining area and porch on first floor. Cost \$250/bedroom includes all utilities. One block from Southern State Parkway to Bayshore. Please call 516 531-1174 collect to arrange visit. Dorothy Kramer. geo4

APARTMENT AVAILABLE
Floral Park 3 rooms, 2nd floor. Centrally located. New stove. Females only. \$525. Call between 6 and 8 p.m. 746-3689. geo4

MINEOLA THREE BEDROOM
Colonial house. LR/FPL; wall to wall carpeting; sun room; fin. bsm; 1 car garage \$1100 per month + utilities. References and security required. 248-9829 geo4

Friday, October 26, 1984

Real Estate For Rent

GARDEN CITY DUTCH Colonial L.R. DR. mod. EIK, 4 bedrms, 2 baths. \$1700 per month. June Michel R.E. 1202 Franklin Ave. Garden City 1248-9503. geo4

GARDEN CITY LOVELY QUIET Furnished room, nicely decorated carpeted. Private entrance, bath. Mature, non-smoker preferred. References. 746-0018. gcn2

MILLER PLACE 3 bedrms. 2 baths; master bedrm, suite (with one of the baths); formal DR; LR; very large e-i-kit; sliding glass doors to deck; wall to wall carpet; garage. No pets. Asking \$750+partial utilities. Oct. 15 occupancy. Owner. 379-3281 eves. geo4

WILLISTON PARK AREA Rooms to rent. Private entrance, share bath, good location, walk all transportation/stores. References required. Weekdays 2-5 p.m. 248-6609 after 5/weekends. 746-5649. ho4

GARDEN CITY 2 ROOMS in beautiful home, 1 large, \$85 week; 1 small, \$80. Share bath. Two rooms in basement, private bath. \$400 month. References and security required. No Smoking. 742-0878. best time to call early a.m. gcn2

GARDEN CITY EXECUTIVE rental. Ranch, 5 bedrms, 2 baths, LR, DR, modern kitchen, screened terrace, central a/c, 2 car garage. Prime central location walk to train & Franklin Ave. shopping. \$2000 per month. References + security. Principals only. Owner. 486-1534 eves. gcn3

GARDEN CITY ESTATES Section. Super cottage, walk to train. LR/spl, bedrm, new kitchen DR, garage, basement storage space, 60x100 plot. Mature single or couple. \$900 month. 1 year lease, two months security. Immediate occupancy. 746-0563 eves. gcn1

FLORAL PARK VILLAGE Two family, 2nd floor, 4 rooms, deck, garage, convenient to LIRR. Immediate occupancy. \$700. 742-7089 or 741-0337. geo4

GARDEN CITY BY OWNER Excellent location, furnished or unfurnished ranch. 3 BR, 2 baths, large LR/spl, recessed lights, formal DR, heated and cooled Florida room, modern EIK, laundry room, garage, central A/C and vacuum, gas heat. Unfurnished \$1500 month. Furnished \$1700 month. 747-7268 or 203-329-9664. geo3

OYSTER BAY FURNISHED room near railroad, stores. In heart of village. 922-6237. Available immediately. hn3

Real Estate Wanted

RETIRED WOMAN WISHES to buy house in Garden City of about \$100,000. Call after 6 p.m. 212-441-6473. geo4

CHAMINADE HIGH SCHOOL teacher and colleague are looking to rent a 2-3 bedroom residence in Garden City for Dec. 1. Principals only. 628-3265. gcn1

GARDEN CITY International Student Exchange leader is looking to rent an apartment in Garden City. Principals only. 628-3265. gcn1

NEW SOCIAL CLUB IN Garden City seeking desk space in building on Franklin Ave. at reasonable rate. Call Mrs. Owen 746-2724. geo4

Real Estate Wanted

BUSINESS WOMAN LOOKING for studio apartment. Private entrance & bath. Call Lolly, days 663-1842, eves. 938-7891. Maximum \$325. geo4

Real Estate For Sale

GARDEN CITY & VICINITY Our Exclusive 3 BR, spacious, gracious Splanch, 3½ baths, family room plus den, 2 wet bars, situated brilliantly landscaped, ½ acre, \$425,000; 5 BR slate roof Tudor, 2 plus two half baths, 5 room suite, excellent professional's location, owner finance \$350,000; 4-5 BR Tudor, 2 baths, large EIK, first floor bedroom bath suite, den, screened porch, walk-up attic, 2 car, 100x100, \$345,000; 5 BR center hall Colonial, 3½ baths, EIK, beamed ceiling den, burglar alarmed \$340,000; 4 BR Colonial, 2½ baths, breakfast room, finished basement, sprinkled 90x100, \$330,000; Reduced \$10,000, 4 BR split, 2½ baths, den, finished basement/bar, cedar closets, walk Merillton Ave. RR, \$315,000; 3-4 BR Cape Colonial, 2 baths, new EIK, burglar alarmed, mint, \$299,000; 3 BR Normandy Tudor, 1½ baths, EIK, assumable mortgage, 11 ¾% (27 years left) \$275,000; Western 3 BR brick split, 2½ baths, EIK Sunken LR, den/sliding doors to raised terrace plus F/P, finished basement, owner finance \$265,000; 3 BR expanded Ranch, cathedral ceiling den with F/P, \$215,000; 3 BR English Tudor, 2 baths, breakfast nook, finished basement, 2 car \$189,000; 4 BR Cape, 2 baths, EIK, finished basement, \$87,500 assumable mortgage at 10.9% \$175,000, 2-3 BR attached Colonial, 1½ baths, new kitchen, transferred owner \$139,000; Hempstead Cathedral Gardens 6 BR Tapestry brick mini-mansion, 3 baths, plus 2 halves, family room, central vac., elegant gardens, 100x225, sprinkled parklike plot \$275,000; 3 Handyman Specials - 5 BR Southern Colonial, 4 plus two ½ baths, office suite, 3 car, pool, ½ acre \$250,000; 4 BR Brick mini-mansion, 3½ baths, gourmet kitchen \$175,000; 3 BR slate roof English Tudor, 4 baths, den, \$165,000.... 7-8 BR 100 year old Victorian, 2½ baths, ultra kitchen, 5 F/Ps, first floor office suite, C/A, great wood detail plus azalea heaven. one of a kind mansion \$225,000; 4 BR Dutch Colonial, 100 years plus, updated, professional suite, 100x275 lushly landscaped plot, \$175,000; Estate Sale, 3 BR slate roof C/H Colonial, 1½ baths, den, finished basement, 2 car, walk RR \$136,500; 4 BR Hi-Ranch, 2 baths, ideal mother/daughter, mint condition \$127,000; 3 BR Colonial, 1½ baths, walk RR \$99,000; 3 BR dollhouse, 2 baths, 50x120, sacrificing \$69,990. ELAINE NOLAN 485-7054 WO4

REDUCED FOR QUICK SALE All under \$300,000. 3 BR 2 bath expanded ranch. \$225,000. Estates colonial, 4 BR, 3½ bath, \$279,000. 3 BR, 2 bath ranch, \$275,000. 4 BR, 2½ bath C/H Colonial, 2 car, \$285,000. HAZEL C SMYTHE 132 7th St. (Look for the red door) 741-6460. geo4

GARDEN CITY CENTRAL Section. Barnes home, large lot. Cathedral LR, DR, EIK, greenhouse, 2 car gar., electric eye, 3 BRs, 3 baths, family room, den, central air. \$375,000. Owner. 747-3030. geo3

Real Estate For Sale

GARDEN CITY 11 MORE T-W EXCLUSIVES

STARTER/retirement - mint 2 BR taxes \$1400, low utilities \$185M. CAPE - Maint. free, top condition \$235M. CHARMING English - Maint. free, ultra modern kitchen family room, 4 bedrooms

\$240,000. C/B Colonial, lgr. property, 4 BR, 2½ baths, top value \$260's. CAPE L - fireplace, 4 bedrooms \$265,000. YOUNG RANCH - large property, hi glamour, 2 baths + den, master suite, overlooking golf course. \$25,000. NORMANDY Tudor - 6 bedrooms, 4½ baths, 2 family rooms, ½ acre, ultra modern EIK, finished basement. \$75,000.

MOTT COLONIAL - 3 bedrooms, top condition, modern kitchen/family room \$249,000. BRIGHT & CHEERY - 7 room, 2½ bath Tudor, quality detail \$315M. TRUE RANCH - 4 bedrooms, 2½ baths, on golf course \$385,000. COLONIAL - old world charm, 5 bedrooms, 3 fireplaces, gracious living \$650,000.

TAYLOR WARNER 101 7th St. Est. 1915 \$167-741-4422

GARDEN CITY MOTT AREA Custom built, 10 rooms, 4 baths. Cape/Colonial on 80x150, stone and shingle, slate roof. LR/fpl, DR, heated Florida room, 2

bedrooms with outside entrances. 1 bath + attached studio with bath on 1st floor. 3 bedrooms, walk in closets, 2 baths, 2 sun decks, 2nd floor. High ceilings, plaster walls, central air, gas heat, low taxes, large dry basement. \$295,000. Principals only. 248-3983 geo4

GARDEN CITY 5 BEDROOMS 3 baths, expanded split, possible M/D. Corner Washington & Willow. \$299,000. Call 248-3735. geo1

GARDEN CITY LOVELY English Tudor, on quiet street, 3½-4 bedrooms, 2½ baths, new eat-in-kitchen, LR/fpl, DR, enclosed porch, walk to all. \$240,000 Principals only. 741-1721. geo4

SOUTHOLD TOWN ZONED Business: A-1 immaculate, 7 room house. Numerous income possibilities, great price \$102,000.

COMMERCIAL BUILDING main thoroughfare + living accommodations, owner retiring \$107,000. NEWLY RENOVATED HOME, good for professionals, near everything \$150,000. COMMERCIAL BUILDING presently occupied good incomes \$120,000. NURSERY + lovely colonial home and cottage + 4 acres, many areas for expansion \$275,000. Sidor-Radford Real Estate Main Road, Mattituck 298-8556. geo4

GARDEN CITY ESTATES C/H Colonial, maintenance free, 5 bedrooms, 3½ baths, LR/fpl, formal DR, EIK, family room, finished basement, low taxes, many extras. \$340,000 Principals only 674-3770 days: 294-0738 after 6 p.m. geo3

NORTH NEW HYDE PARK Ideally located brick dormer Cape, 4 BRs, 3 baths, LR, EIK, DR, family room with F/P, finished basement, possible mother/daughter, 60x100, garage \$185,000. Call 354-3413. wn3

ATLANTIC CITY OCEAN CLUB Boardwalk one bedroom, ultra luxury condo, top floor, excellent investment write-off. Owner 467-9262. geo4

Real Estate For Sale

GARDEN CITY 11 MORE T-W EXCLUSIVES STARTER/retirement - mint 2 BR taxes \$1400, low utilities \$185M. CAPE - Maint. free, top condition \$235M. CHARMING English - Maint. free, ultra modern kitchen family room, 4 bedrooms

\$240,000. C/B Colonial, lgr. property, 4 BR, 2½ baths, top value \$260's. CAPE L - fireplace, 4 bedrooms \$265,000. YOUNG RANCH - large property, hi glamour, 2 baths + den, master suite, overlooking golf course. \$25,000. NORMANDY Tudor - 6 bedrooms, 4½ baths, 2 family rooms, ½ acre, ultra modern EIK, finished basement. \$75,000.

MOTT COLONIAL - 3 bedrooms, top condition, modern kitchen/family room \$249,000. BRIGHT & CHEERY - 7 room, 2½ bath Tudor, quality detail \$315M. TRUE RANCH - 4 bedrooms, 2½ baths, on golf course \$385,000. COLONIAL - old world charm, 5 bedrooms, 3 fireplaces, gracious living \$650,000.

TAYLOR WARNER 101 7th St. Est. 1915 \$167-741-4422

GARDEN CITY TUDOR Eastern Section, 3 BRs, 1½ new baths, new EIK, finished 3rd floor, new gas heat & hot water, 2 car garage, all appliances, low taxes. Immaculate move-in condition. Immediate occupancy \$240,000. Principals 742-0740. geo3

ELMONT SPACIOUS BRICK Cape, 4 BRs, LR, formal big DR, EIK, new oak cabinets, rentable large apt. with kitchen and bath with separate entrance, on extra large plot, 62½x125½ ft. A-1 condition. \$156,000. LO 1-8709. geo2

GARDEN CITY Owner Financing at 9 ½% 5 BR center hall Tudor style home in central section. LR/fp, DR, den, large modern EIK with custom oak cabinets, large fin. basement/full bath, gas heat, walk RR and shopping. Taxes \$2400. Available Nov. 1 \$350,000. Call 742-5597 or 248-2226. geo3

GARDEN CITY \$385,000 Custom built expanded ranch, 4 BRs, 2 baths, LR, DR, EIK, fin. bsmt, 80x100, 1 car, oil H.W. heat, plaster walls, oak floors, near everything. Owner broker, principals only. Write Garden City News, Box V. 821 Franklin Ave. Garden City, N.Y. 11530. geo2

GARDEN CITY COLONIAL Semi attached, Eastern Section secluded country-like area. 2 BRs, possible 3, 1½ baths, LR, DR, new EIK, full fin. bsmt., laundry room, new gas heat and hot water, one car detached garage. Taxes \$925. Must sell \$128,500. (602) 993-2471 geo1

GARDEN CITY 5 BEDROOMS 3 baths, expanded split, possible M/D. Corner Washington & Willow. \$299,000. Call 248-3735. geo1

GARDEN CITY 11 MORE T-W EXCLUSIVES Semi attached, Eastern Section secluded country-like area. 2 BRs, possible 3, 1½ baths, LR, DR, new EIK, full fin. bsmt., laundry room, new gas heat and hot water, one car detached garage. Taxes \$925. Must sell \$128,500. (602) 993-2471 geo1

GARDEN CITY ESTATES Center hall Tudor, LR/fpl, DR, EIK, maid's rm. and Sun Porch on 1st. 4 bedrms, 2 baths on 2nd. Sunny corner plot. Principals only. \$375,000. 741-1194. geo2

HAMPTON LAND BARGAINS

The investment you will be bragging about. 1, ½ acre wooded building lot in Sag Harbor village, underground utilities. \$30,000 with financing. 2, 3½ acre lot-country lane, beautifully wooded. Very private. Room for the house and the studio and the pool and the tennis court and the garden. Only \$48,000. Price could double within two years. 3. Waterview lot - right in village, across street from marina. Can be divided. \$150,000. 4. Two acre lot on posh private North Haven. Area of very expensive homes. \$85,000 each. 5. Sub-division in Northwest Woods (East Hampton) 3 lots of 5 acres each. Buy these with friends for a posh private enclave. \$210,000 with financing. 6. Wooded Hilltop - views of ocean and bays. 1½ acres \$72,000 with financing. 7. Builder's Acre - Extensive views of Bridgehampton farm lands. \$49,000 with own financing. Recent home sales on same street over \$250,000; 8. 3 acre ocean view lot East Hampton township. An excellent buy at \$55,000; 9. In the Northwest Woods of East Hampton, ½ acre lot for \$35,000. Surrounding area zoned 3 acres. Great set-up for "spec" house. Ron Jones R.E., Main Rd., Sag Harbor 725-2250 geo4

GARDEN CITY VICTINITY 3-5 BR Tudor Modern EIK, den/wall to wall, extra large LR/FP, banquet DR, fin. bsmt., 90 x 165', walk St. Thomas, dead end street, \$145,000. Owner. 485-2628. geo2

GARDEN CITY ESTATES 3-5 BR Tudor Modern EIK, den/wall to wall, extra large LR/FP, banquet DR, fin. bsmt., 90 x 165', walk St. Thomas, dead end street, \$145,000. Owner. 485-2628. geo2

HILTON HEAD S.C. BEACH and tennis. Condo on ocean, furnished, 6 bedrooms, 3½ baths, LR/fpl, formal DR, EIK, family room, finished basement, low taxes, many extras. \$340,000 Principals only 674-3770 days: 294-0738 after 6 p.m. geo2

FORT LAUDERDALE FLA Oceanfront, prestige private club. One of 22 apts. next to Lago Mar Hotel. Own a share of real estate and apt. Great living + potential capital appreciation. \$160,000. P.O. Box 54. Garden City, N.Y. 11530. geo2

GARDEN CITY VIKING Exclusive, just listed Colonial. Estates section, 4 bedroom, 2½ baths, charming fireplace in LR, modern EIK, formal DR, 2 car finished basement. Excellent condition \$325,000. Only at Viking Homes. 538-8615; Cathedral Gardens Colonial, 7 rooms, 1½ baths, fpl, den, nice yard. Must sell \$159,900; Tudor Spacious LR/fpl, formal DR, den, gas heat \$149,000; Brek Ranch on ½ acre, 3 BRs, den, FP, natural woodwork, must sell \$235,000; Viking Homes 538-8615 Cathedral Gardens Own Broker geo4

POMPANO BEACH FLORIDA at Palm Air Country Club, 2 BR, 2 bath furnished Condo. Golf, pool, tennis, spa. \$89,000. 914-946-0310 hn2

Real Estate For Sale

MARCO ISLAND FLORIDA
Residential waterfront lot for sale in developing area. Sea walled. 100x100 deep water lot. Minutes from Gulf no bridges. \$49,500. 813 263-5010. *geo4*

GARDEN CITY STARTER CAPE
4 bedrms, 2 baths, \$2280 taxes, garage, basement, 60x120', \$160,000. 741-7887 after 5:30 p.m. or weekends. *gen2*

SAG HARBOR Extraordinary opportunity to purchase this totally furnished (including dishes, sheets, towels, etc.) decorator designed home. 3 bedrooms, separate den/guest room, 3½ baths, 3 fireplaces, all appliances on one acre wooded, sprinklered grounds. Tennis court and swim pool at property available through owner. \$350,000. Cash requirement \$17,000. Institutional financing available \$275,000. Owner will take back second mortgage of \$58,000. No interest payments for five years (interest will acre at 13%) Ron Jones R.E. Main Rd., Sag Harbor 725-2250. *gen4*

GARDEN CITY CO-OP
Stewart Avenue. Sunny studio, separate kitchen, also dressing area. Walk train and stores. Low maintenance, principals only \$67,500. 741-1275. *gen2*

GARDEN CITY SPACIOUS
Contemporary Estates Section. 3 BRs, 2½ baths, large patio, all amenities \$315,000. Principals only 746-6225. *gen1*

LAKEFRONT CHALET
Poconos Custom built 3 BR home with loft, Anderson windows, wall to wall throughout, deck, full bsmt, maintenance free in private community. All amenities. Asking \$130,000. Call evenings 579-7254. *gen1*

MINEOLA PROFESSIONAL
or user - brick and block building. 1344 sq. ft. parking for 5 vehicles, close to LIRR and courts, gas heat, a/c. \$195,000. 516 747-7484. *wi2*

GARDEN CITY Cherry Valley
1 bedroom Co-op. Modern kitchen, prime location, wall to wall carpet. Walk to RR and stores \$85,500. Principals only 747-2743. *gen2*

SOUTHOLD COUNTRY Colonial
in beautiful Harbor Lights. 3 BR, 1½ baths, formal LR, DR, spacious decks, in-ground pool, deeded beach rights. Many extras. All on a beautiful landscaped setting. \$189,900. 765-5716. *geo4*

SUGAR MILL WOODS
Homesesa Florida. 2 BR furnished condo on 27 hole championship golf course. \$130,000. 536-6665. *geo4*

SARASOTA LONG BOAT KEY
Florida. 3 BR designer furnished condo at Beach Place. Tremendous view. \$300,000. 536-6665. *geo4*

SAG HARBOR - COLONIAL
with 3 legal apts, and separate cottage with 3 bedrooms, 1½ baths, open plan living, dining, kitchen, fireplace. Main house rent rolls will cover your cottage expenses. Historic district. Asking \$235,000 Ron Jones R.E. Main Rd., Sag Harbor 725-2250. *geo4*

JAMESPORT 100+ ACRES
newly renovated farmhouse, 5 bedrooms, 2 baths, 10 stall horse barn. Perfect for horses and grapes. Terms. \$850,000. Marilyn Lang R.E. Main Rd. Cutchogue, 734-6472. *geo4*

Real Estate For Sale

GARDEN CITY ESTATES
Brick/slate Colonial, 3 bedrooms, 1½ baths, LR/fpl, formal DR, EIK, den, fin. bsmt, central air, walk to train, school & park. Principals only. \$275,000. 747-3019. *gen1*

QUOGUE IMMACULATE CONTEMPORARY Colonial, 3 BR, 2½ baths, fpl, fam. rm, bsmt, with bar, pool. On one acre \$230,000. Shinnecock Hill French contemporary, 3 BR, 3 baths, inground pool, poolhouse, waterview \$365,000. The Real Estate Store 653-5570, ask for Peter Chase or Eileen. After 6pm, 747-8996. *gen1*

SHIP BUILDER'S RANCH
High on a hill overlooking beautiful LI Sound. Large LR/fpl, EIK, 3 BRs, 2 baths, wrap around deck. All on one secluded acre. Association beach. Terms avail. \$315,000. Wm. Smith R.E. 734-5657. *geo4*

WESTHAMPTON BEACH Ranch
3 BRs, 1 bath, family room, pool, studio apt., ¼ acre \$165,000. Westhampton Victorian 6 BR, 2 baths, double fireplace, one acre \$275,000. Westhampton Prime location building parcels 3/4 acre, \$75,000 ½ acre \$50,000. The Real Estate Store 653-5570. *gen1*

SOUTHOLD WATERFRONT
One wooded acre on bay inlet. \$85,000. 734-6058. *geo4*

GARDEN CITY ESTATES
3/4 bedroom Split, 3 full baths, LR, EIK, family room/fpl, with dining, air conditioned, 70x110, immediate occupancy. Principals. Best offer mid \$200's. 212-746-0302, Mon-Fri, 9:5 pm; 516-248-6006 after 5 pm & weekends. *gen3*

GARDEN CITY ENGLISH Tudor, low maintenance, low heating, low taxes \$2500, 4 BRs, formal DR, LR/fpl, large kitchen, breakfast room, 1½ baths, patios. Walk to RR & stores \$218,000. 488-4817. *gen3*

GARDEN CITY ESTATES
Country Club, Side hall Colonial, 3 Bedrms, 1½ baths, LR/fpl, DR, den, walk to all. Principals only. High \$200's. 741-2987. *gen2*

Mobile Home/Sale

MELBOURNE FLORIDA
Reduced to \$39,500. Three year old General Development home on lovely tree lined street in adult community. 2 BRs, 2 baths, appliances, AC, great neighbors and clubhouse. 742-7380. *geo2*

For Sale

MEDITERRANEAN COUCH

Light beige and brown, two matching Danish arm chairs, gold, round marble top end table, draperies, European collector's dolls. Call mornings 334-0557. *geo4*

HARDMAN CONSOLE PIANO
French provincial design, fruitwood finish, very good condition. Matching bench. \$1100. Two authentic farmhouse chairs, need refinishing. \$50 each. 742-4823 eves. *gen1*

DINING SET CONTEMPORARY

Design Urban/suburban by Martin of Martinsville. Rectangular table/2 leaves, 6 chairs, china, buffet, light beige with walnut handles & legs. \$395. 741-3524. *geo4*

DESK 60" x 30" WITH
6 drawers \$60; Aluminum screen door. Call 486-1617. *wo4*

GE 24" REFRIGERATOR
in-door freezer, white, good working condition. \$100. 587-4471. *wn1*

For Sale

FURNITURE OLD SOLID mahogany, any chest of drawers, pine-apple four poster double bed, pair Duncan Phyfe chairs, round room table, gate leg, drop leaf, solid mahogany, hand made Sheraton reproduction (open 63" x 48"), pads included; walnut Victorian chairs, upholstered needlepoint seats; down cushion boudoir chair, barrel chair; collection of pressed glass, Majolica; mirrors, bedsprads, other items. Excellent condition. No dealers. 742-4151. *gen2*

THREE USED CARPETS FOR SALE. Gold wool 20 ft. x 16 ft. \$200; Olive green nylon 16 ft. x 16 ft. \$200; Chocolate brown shag nylon 10 ft. x 10 ft. with extra pieces \$100. From private home. All in good condition. Call Mrs. Owen 746-2724. *gen3*

ORIENTAL RUG HAND LOOMED IN CHINA, 12x15 ft. 100% wool. Beige background, light blue borders with pink flowers. Brand new. Tags still on rug. 678-5434. *geo4*

TOP OF THE LINE WHIRLPOOL DISHWASHER. Less than one year old. Portable now, but can be used as built in. Like new. Moved and house has dishwasher. Best offer. Evenings 486-6389. *geo4*

BEAUTIFUL WING CHAIR
Good condition, gold tapestry material, antique gold curio cabinets, secretary, antique love seat, antique ladies boudoir chair, 100 yrs. old, small boudoir table, antique beveled glass assorted jewel boxes, two crystal piano of fireplace lamps, desk chair, mother of pearl inlaid back, antique shaving stand, oval mirror, marble top antique wash bowl with pitcher with wrought iron stand 248-6884. No dealers. *gen1*

TEMPLE STUART MAPLE DINING ROOM
dining room, 30" x 48" formica top table with two 11" leaves, table pads included, 4 side chairs, 2 arm chairs, like new condition \$600. Call 248-2098. *wo4*

DELUXE HOODED BABY CARRIAGE excellent \$65; boy's 20 in. bike \$25; girl's 20 in. Schwinn \$35; Both good condition. All metal hobby horse, one of a kind \$45. 328-0345. *geo4*

CLOTHING LIKE NEW
Men's Brooks Bros. overcoat, brown, Size 42, \$125. Ladies' white nylon/wool, size 16, \$65. Navy blue lightweight, \$20. Jaeger wool skirt, tweed, size 10, \$25. Also wool cardigans, size 40-42, \$12. 742-4151. *gen1*

ANTIQUE DINING ROOM SET
Dark oak, Queen Anne style, table and 6 chairs, mint condition, \$695. Small mahogany buffet, \$140. Call mornings or later afternoons. 741-6937. *gen1*

ANTIQUE WHITE BREAKFAST
2 pieces, upper mirrored and lighted with glass shelves, base accommodates TV with enclosed doors 53x28, 7½" high \$125. Call after 6 p.m. 741-3057. *wn1*

LAWN MOWER-SNAPPER
riding mower, 33 inches with rear mounted grass catcher. Electric start. Includes thatcherizer. Original price, \$1700. Used two summers, great for fall leaf clean ups. \$800. Firm. 481-3297. *gen2*

GE 24" REFRIGERATOR
in-door freezer, white, good working condition. \$100. 587-4471. *wn1*

FURNITURE Mahogany Kneehole desk, mahogany tea wagon, yellow upholstered chair. 9x12 worn Axminster rug with new foam pad \$25 each. Craftsman 8 in. table saw with motor and stand \$50. 741-7828. *gen3*

For Sale

TRADITIONAL DR TABLE
3 leaves, 6 chairs, excellent condition. \$100. Call 741-8745. *wn2*

6 PIECE MAHOGANY BEDROOM SET
Bedroom set (antique quality), full size bed, new mattress/box spring plus board, beautiful condition, large pieces \$2200. Negotiable. 587-4471. *wn1*

BABY FURNITURE MAPLE
high chair, crib with spring & mattress, port-a-crib with mattress, playpen with cushions. Call 747-3719. *gen1*

WALNUT DINING ROOM TABLE
with 6 chairs, breakfast; dressers; end tables; cocktail tables; much more. 43 Brian St., New Hyde Park. Call 741-0857. *wo4, j.p.*

SOFA SWEETHEART CAMEL BACK COUCH, partial wood trim, also Duncan Phyfe mahogany wood trim couch. Both in excellent condition, for appointment call 747-2580. *gen2*

IMPORTED DESIGNER FULL LENGTH WILDFAT FUR COAT size 8-10, very good price. Never used. 741-6108. *gen4*

ORNATE ARTIFICIAL FIREPLACE
with built in bar \$125; pine bar stools, \$60 each; pine LR, 6 pieces \$700; oak bedroom, 5 pieces, \$450; 5 ft. pine blanket chest \$125; claw & ball folding hall table, seats 12 \$200; platform rocker \$35; fireplace tools, \$30; andirons \$30; screen \$45; dehumidifier \$75; Tergal drapes and valance to fit 12 ft. wall \$250; fish tank stand \$10; painted desk \$20; child's organ with stool \$20. 19 in. Black & white TV \$50; boy's BMX 20 in. bike \$30. 747-7019. *gen3*

CUSTOM MADE PINEAPPLE CHANDELIER; ice cream 2 chairs; curio cabinet; antique easel; small settee; round & oval coffee tables; decorator wall lamps; occasional chairs; a/c; exer-cycle; mirror; maple couch & chair, others. 742-2952. *gen1*

TEMPLE STUART MAPLE DINING ROOM
dining room, 30" x 48" formica top table with two 11" leaves, table pads included, 4 side chairs, 2 arm chairs, like new condition \$600. Call 248-2098. *wo4*

DELUXE HOODED BABY CARRIAGE excellent \$65; boy's 20 in. bike \$25; girl's 20 in. Schwinn \$35; Both good condition. All metal hobby horse, one of a kind \$45. 328-0345. *geo4*

REDECORATING MUST SELL
all wood kitchen cabinets; 21 in. RCA console TV; gold leaf PP glass mirror, 60 in.; girls 20 in. bike. 775-2659. *gen2*

CORNER STAND-UP BAR
5' x 5' for home or small restaurant, mahogany rail, sink, range, copper hood \$650; Gold and black contemporary 7' sofa and 5' love seat, loose pillows, both like new \$600; Evening 365-8808. *wn2*

BUTCHER BLOCK TABLE
36 x 60; 2 in. bevel top; chrome base, 2 walnut cane arm chairs; 2 walnut side chairs. Value \$650. wanted \$450. Chrome & glass etigere, 30 x 70; 5 staggered shelves. Value \$300. Wanted \$150. 352-1340. *gen2*

BREAKFAST NOOK FORMICA & WROUGHT IRON
Rectangular table with leaf, 3 benches and 2 chairs. Harvest gold with brown vinyl seats. Top condition \$350. Call after 6 p.m. or weekends 746-3558. *wo4*

LAWN MOWER-SNAPPER
riding mower, 33 inches with rear mounted grass catcher. Electric start. Includes thatcherizer. Original price, \$1700. Used two summers, great for fall leaf clean ups. \$800. Firm. 481-3297. *gen2*

FURNITURE Mahogany Kneehole desk, mahogany tea wagon, yellow upholstered chair. 9x12 worn Axminster rug with new foam pad \$25 each. Craftsman 8 in. table saw with motor and stand \$50. 741-7828. *gen3*

CASTRO CONVERTIBLE Queen size, very good mattress and frame. Needs recovering \$100. Call 741-8745. *wn3*

FAMILY ROOM SPECIAL
\$75 3 cushion sofa and 2 cushion chair. Call 248-9286. *hn1*

For Sale

BLEACHED MAHOGANY DINING ROOM SET
Dining Room Set table, 2 leaves, pads, 6 chairs, excellent condition. \$74. 6532. *gen2*

KING SIZE BEDROOM SET
Seven pieces, French Provincial, good condition. \$350. 766-2285. *gen1*

LOVELY DUTCH MURAL
and other paintings also bric-a-brac, Fire Place equipment. Call 742-5416. *hn1*

MAHOGANY DINING ROOM SET
Set Buffet, oval Duncan Phyfe table with three leaves, six Chippendale chairs. \$600. 742-8481. *gen1*

ANTIQUE WICKER 2 SETS
(settee, chair, rocker) 3 piece Art Deco set \$625 + matching accessory pieces. 3 piece turn of the century reed set \$675. Also child's rocker, bassinet and chain platform rocker. All white. All mint. 485-6053. *gen3*

DEN FURNITURE PECAN
frame; love seat; sofa; chair, ottoman, like new, parrot cage; dinette table, 4 chairs, stand for 55 gal. fish tank; 20 gal. tank & stand. 437-3143. *gen2*

LIGHT GREEN PILE RUG
12x17 ft. Birch crib and toy chest; black bean bag chair; 3 piece wood bookcase includes corner. Ladies two piece business suits, sizes 6-8. 742-2685. *gen3*

DECORATOR CHAIRS Chrome and heavy white vinyl. From Spain, wrought iron andirons, 747-2047. *gen3*

DINING TABLE CONTEMPORARY, walnut, 41x41", opens to 41x82" \$235. End table contemp. walnut \$80. Flokata rugs, 6x9", \$75; 4x6", \$35; 2x4" \$20. Two armless blue occasional chairs. \$25 each. 742-2952. *gen1*

GARDEN EQUIPMENT TWO LAWN MOWERS, \$25 each; 2 spreaders, 2 step ladders; charcoal grill \$10 each. 741-7828. *gen3*

THREE PIECE LIVING ROOM SET
set French Provincial, 3/4 4-poster bed, studio couch, 9x12 and 12x15 wool rugs. Frigidaire self defrosting refrigerator, freezer. 352-7748. *hn1*

COPY MACHINE EXCELLENT
condition. Sharp plain paper. Copies letter & legal size \$25 month take over payments, recently serviced. 715-1671. *hn4*

COLONIAL DINING ROOM TABLE
table, 48 inch round, with two 12 inch leaves and pads. \$250. 746-2945. *gen1*

LOVELY DINING ROOM SET
oval table, with 6 chairs, breakfast, buffet, 2 leaves and 2 pads. Reasonable. 775-5281. *gen1*

BICYCLE GIRL'S ROSS
16 in. pink. Like new with training wheels. Suitable 3-8 years old. \$45. 746-7492. *gen1*

ORIGINAL BUTCHER BLOCK TABLE
table 2x4 with 4 Bauer chairs. GE stove. Maytag dishwasher. Call 747-6170. *wn1*

CUSTOM MADE KING SIZE IVORY AND PINK BEDSPREAD
with matching bolsters \$325. 248-0781. *gen3*

CASINO CONVERTIBLE Queen size, very good mattress and frame. Needs recovering \$100. Call 741-8745. *wn3*

Fridays, October 26, 1984

For Sale**APARTMENT SIZED WASHER/**
Dryer. \$200. Call evenings
481-5923. gco4**SILVER FLUTE - ARTLEY**
Excellent condition, hardly used.
\$125. Call 481-8404. gco4 **SHEARED MUSKRAT JACKET**
with full skin for collar, size 10,
excellent condition, worn twice.
\$550. 352-4579. gen1**DISHES FINE CHINA'**
55 piece set. Dainty grey floral
design, white center. Never used.
Also wool blankets. 742-4151.
gen1**GIRLS 26 INCH ROSS BIKE**
like new; 24 in. French light-
weight, great buy; best offer.
746-6783. gen2**MAPLE CRIB GOOD COND.**
Call 742-4116. gcn3**HENREDON CAMPAIGN**
Furniture. 18 months new.
Bedroom set with armoires and
bookcases. 294-5678. gcn1**Entertainment****MAGIC MAKES YOUR**
Organization meeting, birthday,
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796-6081 Walden. bhn3**Business Opportunity****GARDEN CITY BUSINESS**
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please write: Litmor Publications,
81 E. Barclay St., Box M,
Hicksville, N.Y. 11801. hn1**Services****TREE STUMP & ROOT**
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yards. Special rates for contractors.
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483-2687. gco1**WINDOW WASHING**
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Call Fred Lee 794-7405. gen4**NASSAU CONTRACTORS**
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For Free Estimate Call****F. Thomas Coulter 294-8025 evens.****gen2****THE CUSINE SCENE****Find catering for all occasions.
We prepare the food, serve, clean
up, at home, the office anywhere.****Take outs to full service.****References available. Call Susan****742-1956.** gco3**EXPERT PIANO TUNER**
7 craftsman in repairs. My rates
are reasonable and my experience
merits your consideration. My
family has been in the piano
business for generations. Robert**Scasella 731-3056. gco1****CARPENTER**
Cabinets, bookshelves, doors,
windows, ceiling, paneling,
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Specializing in:**Sale & Installation of Solid Vinyl;
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craftsman in repairs. My rates are
reasonable and my experience
merits your consideration. My
family has been in the piano
business for generations. Robert
Scasella 731-3056. gco1**THE WOOD DOCTOR MAKES**
house calls! Is your dining room
set moaning? Chest of drawers
looking ill? Kitchen cabinets
feeling out of sorts? Let the Wood
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Restoration, repair, French
polishing, he does it all in your
home with pride and skill. Let him
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wooden loved ones. Ask for the
Wood Doctor 798-2311. gco4**WINDOW AIR CONDITIONERS**
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Range TV and Air Conditioning
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price. Coin collecting is my
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MUSCLE TENSION?****Enjoy Massage Therapy in your****home by the Massuer of the Bath
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Educational Services, 23 Park
Circle West, New Hyde Park 516
742-4790. wd3**SHORT TERM COUNSELING**
for Individual, Marriage, Family
problems. Weight Control,
Career Choices and Change. Free
initial consultation. Moderate
Fees. Roberta Lazear, Clinical
Member: American Association
Marriage and Family Therapists.
437-7514. h1**Lost & Found****FOUND VICINITY ST. PAUL'S**
School Girl's bicycle. Owner call
741-0547. gen3**Wanted****WE BUY HARDCOVER BOOKS**
Art + Antiques + Photography
*Hunting + Baseball + L.I.
History + Illustrated Books +
Mysteries and many other topics.
We Do Not Buy School Books.
Call Jim or Harvey at 486-9427
Once Upon A Time Books tnfhd1**Wanted****STOCK CERTIFICATES/BONDS**
Your old documents issued by
now bankrupt companies have
value to me as collectibles. Call
364-2246. ho4**LIONEL, AMERICAN FLYER**
and other old toys (tin wind-ups
and toy soldiers, etc.) trains or
accessories wanted by Garden
City collector. Any condition.
Immediate high cash paid
248-4899. g3**OLD OIL PAINTINGS WANTED****any condition (even torn). Also:
old frames, pocket watches, used
jewelry, clocks, linens, rugs,
furniture, antique trunks, and
sewing machines, figurines, coin
and stamp collections, old autographs,
books and magazines. Also need
violins, banjos, mandolins, pianos.
Will pay cash and pick up immediately.
Please call Sandy 574-0216. hns****TRAIN AND TOYS****Lionel Flyers, Ives, etc. Sets,
pieces, accessories. Soldiers,
forts, trucks, cars - wind-ups or
push. Games too. Highest
immediate cash paid. 581-2999.
hn2****LIONEL TRAINS AMERICAN****Flyer, Marklin & Ives toy trains
wanted by east coast collector.
Guarantee top dollar, nobody
pays more! Also purchasing
antiques, toys, stamps, coins,
Hummels, jewelry. 516 334-4046.
rgj1****LIONEL, AMERICAN FLYER &**
other old toys (tin wind-ups and
toy soldiers, etc.) trains or
accessories wanted by Garden
City collector. Any condition.
Immediate high cash paid
248-4899. g3**DO YOU HAVE OLD COINS???**
U.S. or Foreign, I will pay a good
price. Coin collecting is my
hobby. Call me at 223-4236. hal**OLD GUNS * SWORDS**
Binoculars, cameras, bamboo fly
rods. Call 825-0979 or 364-2246.
ho4**DOLLS WANTED****I collect Dolls and other
Doll Memorabilia
*New or Old*****What Do You Have For Sale?
Call me at 433-3876. ho2****GARAGE WANTED FOR DEAD**
storage of car for six months in
Garden City. Call Liz at 437-7658
rgj3**LIONEL COMPLETE TRAIN SET**
wanted with track and transforms.
I am not a dealer! One or
two sets only. Call evenings and
weekends. Gene 796-4598. wn3**gco4****SALE CONTENTS OF 80 YEAR****old home. Four floors - furniture,
bric-a-brac, 189-03 90th Ave.,
Hollis (off Hillside Ave.) Sat.,
Oct. 27, 9-3 p.m. gco4****WILLISTON PARK YARD SALE****Saturday, Oct. 27 10-4 p.m.
Household items displayed by 70
vendors, country store, puppet
and magic show. Pictures with
Santa. Free admission. gen3****GARDEN CITY TAG SALE****256 Clinton Rd. (between Pell
Terrace and Kingsbury Rd.) Nov.
16, 17 and 19, 9-4 p.m.
Consolidation of two homes -
sterling silver, piano, compressor
stoves, much more. gen3****GARDEN CITY OCT. 26, 27****10-4 p.m., 10 Fair Court (off
Washington Ave.). Miscellaneous
gen4****SALE CONTENTS OF 80 YEAR****old home. Four floors - furniture,
bric-a-brac, 189-03 90th Ave.,
Hollis (off Hillside Ave.) Sat.,
Oct. 27 9-3 p.m. gco4****CHRIST CHURCH****33 Jefferson Street, Garden City
Annual fair, Saturday, Nov. 3
10-3 p.m. Free movie for children
at 12 noon. gen1****GARDEN CITY SAT. NOV. 3****132 Meadow St. 9 a.m. to 3 p.m.
Benefit Boy Scout Troop #55.
Something for everyone! gen1**

Bethpage Grads Field Hockey Stars

Sue VanBuren (Class of '82) and Jackie Bortnick (Class of '83) have been an instrumental part of the success of the Western Connecticut State University, Danbury, Connecticut, Field Hockey season. They both played for Bethpage High School before attending college.

Sue plays a forward position in which she drives the ball up and down the field with the greatest of ease. She has also scored four goals this season bringing her career goals to 35.

Jackie's stick finesse and speed on the forward wing position turns the opponent inside and out. She has also scored three goals this season bringing her career to fifteen goals. They have complemented each other on and off the field over the past two years. If there is one thing they are proud of is their home in Bethpage. Their accent rings in the New England air, but they don't care because they are standouts from home.

They have also aided in the recognition of the team as a N.C.A.A. contender. Western Connecticut was ranked 10th in the Northeast region of the Div. III colleges and universities. This is a first for Western Field Hockey.

Sue also plays basketball and softball. She is majoring in Education, where she is a junior.

Jackie is a "Spark Plug" for the softball team and is a sophomore in the Business department.

Bethpage Resident On Traffic Safety Bd

Oyster Bay Town Councilman Salvatore R. Mosca announced that the Town Board has approved the appointment of Kevin Galloway, Town Board traffic safety specialist to the Nassau County Traffic Safety Board.

Mosca said that, "the Traffic Safety Board is comprised of representatives from Nassau County's Towns and Cities as well as the Police Department, the Governor's traffic safety committee and private groups, all of whom are involved in a broad spectrum of traffic safety concerns."

Galloway has served as the Town Board traffic safety specialist for the past three years and is responsible for reviewing traffic safety precaution measures within the Town to insure conformance with New York State Department of Transportation regulations.

Mosca added that Galloway, a lifelong resident of Bethpage, is a graduate of Bethpage High School and SUNY Oneonta, and is an active participant in several Bethpage community organizations.

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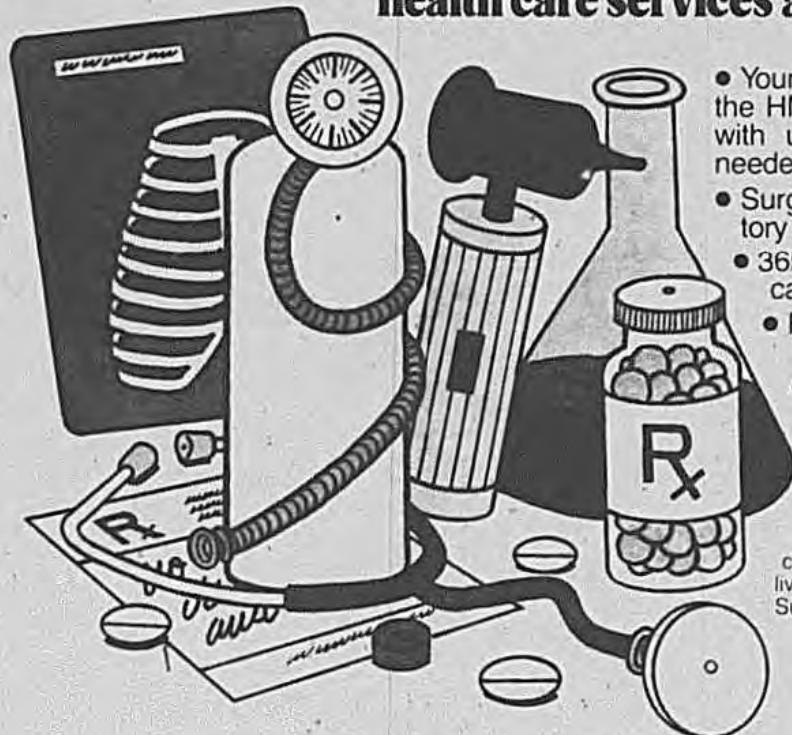
Assemblyman Fred Parola, left, presents a Legislative Resolution to Louis and Carmela Colavolpe of Bethpage in recognition and honor of their fiftieth wedding anniversary.



New York Governor Mario Cuomo was guest speaker at the October 17 dedication of a 320,000 square foot addition to Grumman's corporate headquarters at Bethpage. The \$28 million complex is comprised of three new buildings connected to the existing headquarters building by a three-story, skylight covered atrium. The addition was designed by the architectural firm of Hellmuth, Obata & Kassabaum, St. Louis, Missouri. The complex houses 2,000 employees, providing space for headquarters staffs of all the Grumman companies on Long Island plus administrative and support services personnel. Grumman Corporation was founded in Baldwin, in 1929, and, with 22,000 workers, is Long Island's largest private employer.

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PROGRAMS SUBJECT TO CHANGE

movies

THUR., OCT. 25

8-10PM ABC (7 Central/Mountain)

THE JERKSTEVE MARTIN
BERNADETTE PETERS

SUN., OCT. 28

9-11PM NBC (8 Central/Mountain)

GERALD McRANEY
HEATHER LOCKLEAR
TERRENCE KNOX

CITY KILLER A suspense-packed story about a love-crazed maniac

MON., OCT. 29

9-11PM NBC (8 Central/Mountain)

SHATTERED VOWS

An emotional drama about a young nun whose unspoken love for a priest and a growing desire for a family cause her to leave the convent

VALERIE BERTINELLI
DAVID MORSE
PATRICIA NEAL

TUES., OCT. 30

9-11PM CBS (8 Central/Mountain)

**SILENCE OF THE HEART**MARIETTE HARTLEY
DANA HILL
HOWARD HESSEMAN
CHAD LOWE
SILVANA GALLARDO

WED., OCT. 31

9-11PM CBS (8 Central/Mountain)

SWEET REVENGE A highly regarded career Army officer harbors a cowardly secret of the past, a cold-blooded act that destroys a young fellow-officer and scars the young officer's sister for life. The story is told in two major time frames with a span of 14 years between

KEVIN DOBSON
KELLY MCGILLIS
ALEC BALDWIN

THURS., NOV. 1

8-10PM ABC (7 Central/Mountain)

THE THREE WISHES OF BILLY GRIER

SUN., NOV. 4

9-11PM NBC (8 Central/Mountain)

**THE CARTIER AFFAIR**JOAN COLLINS
DAVID HASSELHOFF
TELLY SALAVAS

WED., NOV. 7

9-11PM CBS (8 Central/Mountain)

THE TOUGHEST MAN IN THE WORLD Warming story of a soft-hearted nightclub bouncer whose life is threatened as he tries to help neighborhood youngsters

Mr. T as

**sports**

SAT., OCT. 27

3-4:30PM NBC (2 Central/Mountain)

PRO BOWLING

8:30-9PM CBS (2:30 Cent./Mount.)

PRO BASKETBALL Dallas' talented

Mavericks host their cross-state rival

Houston Rockets who are led by last

year's rookie sensation, 7'4" Ralph

Simpson, and this year's top plebe, 7'

Akeem Olajuwon. The big question: Is

Reunion Arena floor big enough for

both players at the same time?

4:30-6PM NBC (3:30 Cent./Mount.)

SPORTSWORLD Boxing

SUN., NOV. 4

12:30PM-7 CBS (11:30AM CT/MT)

NFL Regional telecasts starting at

1PM NYT Green Bay at New Orleans

N.J. Giants at Dallas

Philadelphia at Detroit

Tampa Bay at Minnesota

4PM NYT Anaheim at St. Louis

4:30-6PM NBC (3:30 Cent./Mount.)
SPORTSWORLD Boxing A 12-round Lightweight Championship

SUN., NOV. 4

12:30PM-7 CBS (11:30AM CT/MT)

NFL Regional telecasts starting at

1PM NYT Green Bay at New Orleans

N.J. Giants at Dallas

Philadelphia at Detroit

Tampa Bay at Minnesota

4PM NYT Anaheim at St. Louis

12,400 YARDS

12:30PM-7 CBS (11:30AM CT/MT)

NFL Regional telecasts starting at

1PM NYT St. Louis at Philadelphia

Minnesota at Chicago

Detroit at Green Bay

Tampa Bay at Cleveland

New Orleans at Cleveland

4PM NYT San Francisco at Anaheim

Washington at N.J. Giants

Atlanta at Pittsburgh

12:30PM-7 NBC (11:30AM CT/MT)

NFL Regional telecasts starting at

1PM NYT Indianapolis at Dallas

N.J. Jets at New England

Cincinnati at Houston

4PM NYT Buffalo at Miami

Denver at Los Angeles

MON., OCT. 29

9PM-7 ABC (8 Central/Mountain)

PRO FOOTBALL Seattle Seahawks

at San Diego Chargers

SAT., NOV. 3

5-6:30PM NBC (2 Central/Mountain)

PRO BOWLING \$135,000 True Value

Open from Westgate Lanes in Rocky

River, Ohio

5PM-7 ABC (8 Central/Mountain)

PRO FOOTBALL Atlanta Falcons at

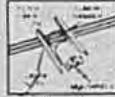
Washington Redskins

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cigarettes containing twice as much tar.
Yet True is still only 5 mg. tar!

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Noticeably longer.

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Friday, October 26, 1984



DISCOVERY

Anger Can Be Healthy



See Page 3



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Yes. The number of students who go to college will decline because of the cost. When the costs get very high many will decide that the amount they have to invest plus the time of going to college will not equal the advancement they could make in a job and will then decide not to go to college. Somehow the taxpayers will have to underwrite the costs. J.T.

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INFLATION

Your question discounts the fact that by the end of the decade we will have come through ten more years of inflation. And whether the political experts say so or not, there will be inflation so there isn't much use to worry about how high \$100,000 will be. The only thing that is important is whether the colleges will charge out of proportion to what everything else is charged at and that is what we must watch. Many colleges are wasteful with personnel and some professors never even take a class although they are on the payroll. In public institutions this might be controlled by checking the budgets. In private colleges the check will be whether the college is asking tuition out of proportion to its worth to the student. J.W.

ESSENTIAL

Let's face it, a college education will be essential at the end of a decade. So no matter what the charge is the student will have to get it. It won't be very fair though if the graduate of the future is so burdened with academic debts that he will never get out of debt so there is a real problem looming in the future. The answer is one that is hard to come by. N.Y.

WILL FIND A WAY

On the surface, the staggering hypothetical total of \$100,000 for four years of college makes one jump to an immediate conclusion that there is no doubt but that only the wealthy could afford it. But, upon deeper thought, it is not quite that cut and dried. While spending a few days in New Hampshire, I called on Dr. Nicholas Muller, President of Colby Sawyer College in New London and asked for his reaction to the poser. After a few moments of discussion he agreed that it was a good question but felt that the answer was an unqualified "No" and that the increased cost would not bring about a reversion to a past era when only a few lucky youngsters in a family of modest means could make it to college. Actually, with a four year enrollment commencing in 1984, he felt that \$60,000 was probably a more realistic figure. Another factor involved concerns a comparison of the demographics of the two eras with the increased number of older people actually and percentagewise in today's picture. And, of course, involved in that is the fact that grandparents are more inclined today to pick up a substantial part of the tab. Furthermore, probably one other element has a significant bearing on the situation and that, concerning defaulted loans to students where recent experience has indicated an epidemic lack of serious intent to repay obligations. But, I seriously doubt that this will cause the plan to be eliminated. Rather, the system will be tightened up with a greater emphasis on scheduled collection without full reliance on voluntary repayments. Finally, despite the statistical evidence of an arrested runaway inflation, wages and salaries have pushed upward to sizeable levels which once again weakens the comparison with "the days when only the wealthy could afford it!" On balance, I believe that the collective will for a higher education is stronger today and, bearing in mind all the other factors, our young people, regardless of wealth, will continue to find their way to the colleges and universities including the self-interest of the latter and their own need to do something about it. P.S.G.

PAST ISSUES

SMALL NUMBER

As a partially disabled man, having a permit to park in handicapped areas, my experience has been that generally speaking, nearly all motorists obey the law. However, there is a small number that carelessly park their cars in designated handicapped areas and, as yet, I have never seen them receive a summons. Truck drivers making deliveries are the most guilty of this illegal practice. G.H.R.

DISCOVERY



Anger Can Be Healthy

By Sheila M. Lyons

Anger is a very interesting emotion which has been observed and defined in various and sundry ways. If we really think about our angry feelings, they are not always "bad". This is surprising, as we are often taught that anger is a negative thing.

However, when we wish to consider anger as a "positive" feeling, we come up with different names for it; for example, frustration, indignation, resentment, reaction formation, insulted, etc...feelings all have anger at their base. Nevertheless, it is more acceptable to say, "I'm indignant", or "I'm frustrated", or "I'm insulted". Think about it though, whenever you make one of the above statements, isn't it really true that you are "angry"? What's wrong with admitting anger? It's not a weakness; rather, it's an honest-to-goodness part of everyday life. So, think about your anger, accept it, and most importantly, deal with it.

Having been a social worker, and now, as an attorney, I see the result of anger which has not been dealt with...and it's a very sad situation in many cases. As a social worker, I saw individuals let "displaced anger" destroy their ability to deal with people. Anger can become so diffuse, if not recognized and accepted as an honest feeling, I have seen anger result in useless and hurtful litigation...costing feelings as well as wasted dollars.

Use your anger in positive ways. Recognize the situations which cause anger...and then try to avoid them or deal with them in a different manner if they are unavoidable. For example, if you become angry at work on a steady basis, try to find ways to avoid or change those situations, or perhaps, use those feelings to accept the fact that it may be time to move on to a different, and perhaps better job or career.

Anger is a form of energy. So, if you find yourself in a situation which is unavoidable or unchangeable...at least for the time being...use that energy. You can convert that energy into a positive activity. You can jog, dance, attend an exercise class, join an activity which demands learning such as an adult education course. You can take that energy or hyperactivity and use it to your benefit.

Perhaps the most important and first step needed to deal successfully with anger is to recognize it and accept it. We are all human and we will all get angry. Even those canonized as Saints experienced anger, they merely learned to deal with it and turn it to a positive means. Don't you think that those individuals who serve as consumer advocates and as political activists have experienced anger? They sure have; the difference between their anger and frustrating anger, is that they have converted such feelings into a "crusade" rather than a "crisis".

We live in a fast-paced and competitive society where the "best man or woman" does not always attain the "laurel wreath" of success. This too, is not easy to accept. We should try to remember that anger, often in the form of acceptable emotions such as indignation and resentment has forged new political parties, created consumer rights groups, child protection groups, voted for corrective legislation on numerous issues, and ignited the fire which has caused many an individual to change the course of his or her life.

Just remember, positively directed anger is a strength, not a weakness. Negative anger, that anger which results in useless striking out and physical harm is a terrible and dangerous entity, and should be avoided in all situations. I think that it would be possible to avoid such useless and dangerous emotions if people would only stop and think about why they are angry. If you really think about most situations which annoy you, and if you really understand what you are frustrated about, you would not verbally assault that person nor would you file

that lawsuit. In most situations, there is an easier and more satisfying solution.

So, that next time you step off the subway, and you feel like an over-heated and abused commuter, remember that everyone on the train feels that way...and some of them are older or in worse physical condition than you may be. I say this as one who has experienced both the best and the worst of life in a "big city". I have had someone try to steal my wallet out of my handbag, but, I did lose my wallet on the street in New York City and someone called me and returned it to me untouched. Think about it. You have had more positive experiences with other people than you have had bad ones. It's just that it is easier to recall those which were upsetting...for some strange reason.

Besides the fact that is is far nicer to think good of someone, it is also a challenge to act nicely in some situations. For instance, you'd be surprised how good you would feel if you set yourself the goal of being pleasant the next time you find yourself in a situation which you always think of as bringing out the "worst in you". You really do feel good when you find that you have reacted differently; you recognize your strengths...which is very rewarding. I know certain individuals who definitely bring out the "best" in those they are around. They are people who have problems, but they direct these "problems" in a positive way and leave it "where it belongs"; they do not displace their anger onto "innocent by-standers". They are admirable and well-liked people whom others like to be around. When they do get angry, as everyone does, it is acceptable anger and it is dealt with in a positive and constructive way.

So, recognize your anger and accept it as a healthy emotion. It only becomes unhealthy and destructive when it is dealt with improperly. When dealt with in the right way, it can produce change and progress. It can allow you to come to understand others when you make it an avenue of honesty and communication. Improperly dealt with, or denied, it can cause poor health in the form of high blood pressure, ulcers, psychiatric problems, hypochondriasis, and the worsening of any physical condition with which you are already afflicted. On a non-physical basis, negative anger causes arguments, malicious prosecution, poor communication, and, in general, a bad attitude.

Anger, in its many forms, is such an overwhelming and constant part of the busy, highly technological society in which we live, that it must be recognized. Like most things in life, once they are seen and understood, they are not as threatening and awful as they may seem at first glance. Remember that a "frown" is much more than "a smile turned upside down"...a frown can be the start of open communication and change if you don't just ignore it and "smile back". Instead ask, "what's wrong?" Such a question could result in future smiles rather than a continuous frown. It just takes courage and caring to ask...believe me, it's worth the effort. Instead of being angry and frustrated, look around you. Sometimes, in this fast-paced society, where we all line up to buy Lottery Tickets, we often don't realize that we already have those things which are most important to us. They are such an in-grained part of our lives, that we don't recognize them for what they are.

A friend recently told me of a saying of Mark Twain, which I think sums up the experiences of most of us on a daily basis. The quote is this: "I've had a lot of problems in my life, most of them never existed". So, don't get angry over things which may initially seem so important, when if you really stop and think about them in the perspective of "all you have going for you" in the "great scheme of life", may really be so insignificant and trivial. Indeed, many of them may really not even exist.

ABOUT THE AUTHOR

Sheila Lyons lives in Garden City. She is a practicing attorney presently working as a claims attorney for an insurance group. Ms. Lyons also does reporting for this newspaper and this is her third contribution to Discovery.



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While the cost of going to college is increasing the U.S. government has some very good programs for students who want to serve the armed forces after graduation. The government pays tuition and even gives living expenses to the student. So for those who really want to go to college there is one way to go there. True they have to give time after graduation to the military but there is nothing for nothing. J.E.

INFLATION

Your question discounts the fact that by the end of the decade we will have come through ten more years of inflation. And whether the political experts say so or not, there will be inflation so there isn't much use to worry about how high \$100,000 will be. The only thing that is important is whether the colleges will charge out of proportion to what everything else is charged at and that is what we must watch. Many colleges are wasteful with personnel and some professors never even take a class although they are on the payroll. In public institutions this might be controlled by checking the budgets. In private colleges the check will be whether the college is asking tuition out of proportion to its worth to the student. J.W.

ESSENTIAL

Let's face it, a college education will be essential at the end of a decade. So no matter what the charge is the student will have to get it. It won't be very fair though if the graduate of the future is so burdened with academic debts that he will never get out of debt so there is a real problem looming in the future. The answer is one that is hard to come by. N.Y.

WILL FIND A WAY

On the surface, the staggering hypothetical total of \$100,000 for four years of college makes one jump to an immediate conclusion that there is no doubt but that only the wealthy could afford it. But, upon deeper thought, it is not quite that cut and dried. While spending a few days in New Hampshire, I called on Dr. Nicholas Muller, President of Colby Sawyer College in New London and asked for his reaction to the poser. After a few moments of discussion he agreed that it was a good question but felt that the answer was an unqualified "No" and that the increased cost would not bring about a reversion to a past era when only a few lucky youngsters in a family of modest means could make it to college. Actually, with a four year enrollment commencing in 1984, he felt that \$60,000 was probably a more realistic figure. Another factor involved concerns a comparison of the demographics of the two eras with the increased number of older people actually and percentagewise in today's picture. And, of course, involved in that is the fact that grandparents are more inclined today to pick up a substantial part of the tab. Furthermore, probably one other element has a significant bearing on the situation and that, concerning defaulted loans to students where recent experience has indicated an epidemic lack of serious intent to repay obligations. But, I seriously doubt that this will cause the plan to be eliminated. Rather, the system will be tightened up with a greater emphasis on scheduled collection without full reliance on voluntary repayments. Finally, despite the statistical evidence of an arrested runaway inflation, wages and salaries have pushed upward to sizeable levels which once again weakens the comparison with "the days when only the wealthy could afford it!" On balance, I believe that the collective will for a higher education is stronger today and, bearing in mind all the other factors, our young people, regardless of wealth, will continue to find their way to the colleges and universities including the self-interest of the latter and their own need to do something about it. P.S.G.

PAST ISSUES

SMALL NUMBER

As a partially disabled man, having a permit to park in handicapped areas, my experience has been that generally speaking, nearly all motorists obey the law. However, there is a small number that carelessly park their cars in designated handicapped areas and, as yet, I have never seen them receive a summons. Truck drivers making deliveries are the most guilty of this illegal practice. G.H.R.

DISCOVERY



Anger Can Be Healthy

By Sheila M. Lyons

Anger is a very interesting emotion which has been observed and defined in various and sundry ways. If we really think about our angry feelings, they are not always "bad". This is surprising, as we are often taught that anger is a negative thing.

However, when we wish to consider anger as a "positive" feeling, we come up with different names for it; for example, frustration, indignation, resentment, reaction formation, insulted, etc...feelings all have anger at their base. Nevertheless, it is more acceptable to say, "I'm indignant", or "I'm frustrated", or "I'm insulted". Think about it though, whenever you make one of the above statements, isn't it really true that you are "angry"? What's wrong with admitting anger? It's not a weakness; rather, it's an honest-to-goodness part of everyday life. So, think about your anger, accept it, and most importantly, deal with it.

Having been a social worker, and now, as an attorney, I see the result of anger which has not been dealt with...and it's a very sad situation in many cases. As a social worker, I saw individuals let "displaced anger" destroy their ability to deal with people. Anger can become so diffuse, if not recognized and accepted as an honest feeling, I have seen anger result in useless and hurtful litigation...costing feelings as well as wasted dollars.

Use your anger in positive ways. Recognize the situations which cause anger...and then try to avoid them or deal with them in a different manner if they are unavoidable. For example, if you become angry at work on a steady basis, try to find ways to avoid or change those situations, or perhaps, use those feelings to accept the fact that it may be time to move on to a different, and perhaps better job or career.

Anger is a form of energy. So, if you find yourself in a situation which is unavoidable or unchangeable...at least for the time being...use that energy. You can convert that energy into a positive activity. You can jog, dance, attend an exercise class, join an activity which demands learning such as an adult education course. You can take that energy or hyperactivity and use it to your benefit.

Perhaps the most important and first step needed to deal successfully with anger is to recognize it and accept it. We are all human and we will all get angry. Even those canonized as saints experienced anger, they merely learned to deal with it and turn it to a positive means. Don't you think that those individuals who serve as consumer advocates and as political activists have experienced anger? They sure have; the difference between their anger and frustrating anger, is that they have converted such feelings into a "crusade" rather than a "crisis".

We live in a fast-paced and competitive society where the "best man or woman" does not always attain the "laurel wreath" of success. This too, is not easy to accept. We should try to remember that anger, often in the form of acceptable emotions such as indignation and resentment has forged new political parties, created consumer rights groups, child protection groups, voted for corrective legislation on numerous issues, and ignited the fire which has caused many an individual to change the course of his or her life.

Just remember, positively directed anger is a strength, not a weakness. Negative anger, that anger which results in useless striking out and physical harm is a terrible and dangerous entity, and should be avoided in all situations. I think that it would be possible to avoid such useless and dangerous emotions if people would only stop and think about why they are angry. If you really think about most situations which annoy you, and if you really understand what you are frustrated about, you would not verbally assault that person nor would you file

that lawsuit. In most situations, there is an easier and more satisfying solution.

So, that next time you step off the subway, and you feel like an over-heated and abused commuter, remember that everyone on the train feels that way...and some of them are older or in worse physical condition than you may be. I say this as one who has experienced both the best and the worst of life in a "big city". I have had someone try to steal my wallet out of my handbag, but, I did lose my wallet on the street in New York City and someone called me and returned it to me untouched. Think about it. You have had more positive experiences with other people than you have had bad ones. It's just that is is easier to recall those which were upsetting...for some strange reason.

Besides the fact that it is far nicer to think good of someone, it is also a challenge to act nicely in some situations. For instance, you'd be surprised how good you would feel if you set yourself the goal of being pleasant the next time you find yourself in a situation which you always think of as bringing out the "worst in you". You really do feel good when you find that you have reacted differently; you recognize your strengths...which is very rewarding. I know certain individuals who definitely bring out the "best" in those they are around. They are people who have problems, but they direct these "problems" in a positive way and leave it "where it belongs"; they do not displace their anger onto "innocent bystanders". They are admirable and well-liked people whom others like to be around. When they do get angry, as everyone does, it is acceptable anger and it is dealt with in a positive and constructive way.

So, recognize your anger and accept it as a healthy emotion. It only becomes unhealthy and destructive when it is dealt with improperly. When dealt with in the right way, it can produce change and progress. It can allow you to come to understand others when you make it an avenue of honesty and communication. Improperly dealt with, or denied, it can cause poor health in the form of high blood pressure, ulcers, psychiatric problems, hypochondriasis, and the worsening of any physical condition with which you are already afflicted. On a non-physical basis, negative anger causes arguments, malicious prosecution, poor communication, and, in general, a bad attitude.

Anger, in its many forms, is such an overwhelming and constant part of the busy, highly technological society in which we live, that it must be recognized. Like most things in life, once they are seen and understood, they are not as threatening and awful as they may seem at first glance. Remember that a "frown" is much more than "a smile turned upside down"...a frown can be the start of open communication and change if you don't just ignore it and "smile back". Instead ask, "what's wrong?" Such a question could result in future smiles rather than a continuous frown. It just takes courage and caring to ask...believe me, it's worth the effort. Instead of being angry and frustrated, look around you. Sometimes, in this fast-paced society, where we all line up to buy Lottery Tickets, we often don't realize that we already have those things which are most important to us. They are such an in-grained part of our lives that we don't recognize them for what they are.

A friend recently told me of a saying of Mark Twain, which I think sums up the experiences of most of us on a daily basis. The quote is this; "I've had a lot of problems in my life, most of them never existed". So, don't get angry over things which may initially seem so important, when if you really stop and think about them in the perspective of "all you have going for you" in the "great scheme of life", may really be so insignificant and trivial. Indeed, many of them may really not even exist.

ABOUT THE AUTHOR

Sheila Lyons lives in Garden City. She is a practicing attorney presently working as a claims attorney for an insurance group. Ms. Lyons also does reporting for this newspaper and this is her third contribution to Discovery.

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Q. Last night we had fish and the host ordered a burgundy wine for the table. Isn't this use of a red wine in poor taste?

A. If it is in poor taste it would be up to the people consuming it to determine that it was not to their liking. The old fashioned etiquette about red wines being for meat and white for fish were a tradition but no one has to honor a tradition that is not to their particular liking. Get red wine with fish if you like.

Q. After finishing a meal at a good restaurant I had an experience that could have been avoided by the restaurant. When I offered a particular credit card the waiter said that they did not honor that card and did I have another. I did not have another and barely had enough money to pay in cash. Shouldn't the restaurant have told us in advance which credit cards they accept? A. Not exactly. You should have inquired in advance if you did not see a decal of the card you had on display. They really have no way of knowing what card you have and it is an accommodation to you that the cards are accepted so you should have borne the responsibility.

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REAL TREAT

The first time I ever had mussels was last week and I got them because I noticed an ad in your newspaper. Mussels are part of the salad bar at Mahoney's restaurant which has been in Williston Park on Hillside Avenue longer than I can remember but it has been redecorated, enlarged and made to be a really great place. Well the mussels are there on the salad bar which is free if you eat dinner at Mahoney's and on the salad bar there are so many things that you feel as though you have eaten dinner before they serve you your entree. Your readers should go there.

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PAGE 5A

Friday, October 26, 1984

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GARDEN RESTAURANT

Last week we went to the Kokura Restaurant in Woodbury. This is a new Japanese Restaurant that features a complete menu of meat and fish. We had lobster tails that were as fresh as the sea and prepared in a delicate Japanese sauce. In fact, several members of our party said that they had never eaten more delicious food.

The entire restaurant is in the form of a garden type house that has been transformed into a Japanese garden setting. The service is authentic with Japanese waitresses. Chop sticks or silverware are given according to the skill of the diner.

We feel that this is a fine new restaurant that is worth a visit any day. T.R.

ONE OF BEST

The Mona Lisa restaurant is an institution in Garden City. We went there last Thursday after not having been there for some time. We were glad to see that the full wall painting of the Old Garden City Hotel is still in tact but we were even more pleased to see that the restaurant has continued to be one of the best in the area.

Mona Lisa has continental food highlighting a number of Italian dishes. We tried the shrimp parmesan and were happy to find that the large shrimp were fresh, crisp and tasty. The recipe was a delicious one blending several types of cheese.

The Mona Lisa has good service and the interior is comfortable and relaxing. We recommend this long time favorite to anyone who has not yet sampled the food at Mona Lisa. J.M.

quoted by Mike McGrady, Jan. 1, 1984

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Q. When I am at a very nice restaurant with my boy friend, how do I order dinner? P.C.
A. During the noon hour even in luxury restaurants each diner is expected to give his own order to the waiter to speed the service. Therefore, when you sit down you look at the menu presented to you either by your escort or by the waiter, and choose your main dish, the entree, first so you can decide what first course would go well with it. You then tell the waiter what you would like, usually waiting until after your meal to give your dessert order if any. The procedure is usually different at night in luxury restaurants where there is time for some old-fashioned courtesy. You wait until the menu has been handed to you by your escort or the waiter, then you wait for your escort to make some suggestions on what might be nice to eat.

Q. When you enter a restaurant does the man go first or does the woman? T.K.

A. This is a question that keeps coming up. The procedure is for the man to talk to the host about a previous reservation or the unreserved needs. From there on the woman follows the restaurant host and may or may not accept the table that is being given. In a restaurant without a host the man goes first.

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This newspaper, and the seven other weekly newspapers associated with it, publishes the last word in restaurant guides - a paid listing of many prominent selected restaurants in this area. While many of them have been rated by the great, and near great, food connoisseurs, our readers will have the last word through "Reader Ratings".

Through a special 24 hour phone system, readers will be asked to call in their assessment of each restaurant they visit. Consensus ratings (good or bad) will be published as a continuing part of the guide.

In addition they can make suggestions, compliments or criticisms through the open phone line and messages will be sent through to the restaurant management.

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READER RATINGS



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If you visit any of the restaurants selected for inclusion in this section, call 931-0027 at any hour and tell your ideas. We want you, the reader, to be our critic. Your message then can be printed in this space.

FEEL RELAXED

Last night we stopped into a restaurant that was new to us although we had seen it advertised in several places. The restaurant is called the Pompei and is at 401 Hempstead Ave., West Hempstead.

The Pompei is a very well decorated restaurant that makes you feel relaxed from the minute you enter it. It specializes in Northern Italian food and has some very excellent pasta dishes. We had as our main entree veal parmesan and found that this restaurant is absolutely great for its tasty recipes. The food all tasted very fresh as though they had prepared it especially for us.

We would recommend the Pompei to anyone and are sure that it would meet with the approval of the most critical person.

G.Y.

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Sylvia Carter, Newsday - 8/18/83

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READER RATINGS



YOU CAN BE A RESTAURANT CRITIC - If you visit any of the restaurants selected for inclusion in this section - call WE 1-0027 at any hour and tell your ideas. We want you, the reader, to be our critic. Your message then can be printed in this space.

NEW RESTAURANT

Ming Garden located in Garden City Plaza on the Service Road of Roosevelt Field Shopping Center, opposite Macy's. This restaurant was formerly Cheong's Garden of West Hempstead, which was famous for its fine Oriental food. We had the most exciting Chinese dinner of our entire lives and we would like to share this discovery with your readers. The two hot appetizers of our choice were the Spring roll Chinese roast pork and the honey baby spare ribs, both of which were mouth watering. For an entree my choice was the giant shrimp marinated with broccoli, bamboo shoots and mushrooms in a white sauce. I was told the shrimp came from Lake Tung, the largest lake in China. My partner had the orange beef with a hot and sweet preserved orange sauce. We both agreed that we had made excellent choices, the service was attentive, the restaurant was attractive and the food was not the usual oriental food one comes to think of as Chinese.

We plan to make a return visit in the very near future. L.P.

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PAGE 6A

Friday, October 26, 1984

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Cooking Corner

By Muriel Buckles

Lyn Heller approaches cooking with the passion of both a Pasteur and a Picasso.

"I'm very methodical in the kitchen, very slow," she says arranging bright yellow baby tomatoes on a sculptured black dinner plate. "I spend days preparing for a dinner party. I want everything perfect ... the same shape, the same length, the same size."

And indeed, Heller's salad of grilled radicchio and raw mushrooms is a kaleidoscope of color, with every mushroom and every last sprig of chervil in its place.

Her abilities in the kitchen have long been known to Heller's family and friends, but now they are known to almost every food aficionado in the nation. As the Great Cook in the August issue of *Bon Appétit*, Heller's immaculate and impeccably neat kitchen, along with many of her beautiful and original creations, was the subject of a six-page spread in the magazine.

When asked her idea of the truly grand meal, Heller laughingly asked, "Do I have to eat in the United States?" After some thought, she made us both hungry with a fantasy menu that included Scottish smoked salmon with lemon, pepper and dark bread, angel hair pasta with "fresh, fresh vegetables," fresh grilled fish in a truffle-studded beurre blanc sauce and a tarte tatin with homemade vanilla ice cream.

A grand meal, indeed. But not even a *Bon Appétit* "Great Cook" can live on haute cuisine alone. Heller giggles infectiously when she describes her "real favorite nosh: an American cheese omelet, served with sliced beefsteak tomatoes, and a bagel with cream cheese."

GRILLED RADICCHIO AND MUSHROOM SALAD

Prepare a grill

4 radicchio

Raspberry vinaigrette (recipe follows)

6 extra-large mushrooms

Salt and freshly ground pepper to taste

Chopped chervil or Italian parsley

12 baby yellow plum tomatoes

When grill is ready, quarter radicchio. Dip each wedge in vinaigrette. Grill 2 minutes on each side.

Thinly slice mushrooms. Season with salt and freshly ground black pepper and toss with 1 tablespoon chopped chervil and enough vinaigrette to coat. Place mound of mushrooms in center of each plate. Place 4 wedges of radicchio around mushrooms in spoke pattern. Garnish mushrooms with additional chervil and plate with tomatoes.

Makes 4 servings.

RASPBERRY VINAIGRETTE

1 bunch chervil or Italian parsley
1/2 cup raspberry vinegar
2 cups salad oil
Salt and pepper to taste

Finely chop chervil in food processor. Remove half of chervil and reserve for garnishing. Add raspberry vinegar, oil, salt and pepper to food processor. Process until well blended.

MOZZARELLA MARINARA

1 piece (2x3x5 inch) whole milk mozzarella cheese (available at cheese stores)
Flour
2 jumbo eggs
2 tbsps. olive oil
1/4 tsp. salt
Bread crumbs
1 bunch fresh basil
Vegetable oil
Marinara sauce (recipe follows)
1 heated platter and 4 heated dinner plates

Cut mozzarella into 8 fingers approximately 1x3x1/4-inch in size. Place flour in plastic bag. Whisk together in pie plate eggs, olive oil and salt. Place bread crumbs in pie plate. Flour mozzarella, coat it with egg mixture and then bread crumbs. Coat breaded cheese, once again, with egg mixture and then bread crumbs.

Refrigerate for at least 4 hours. May be done day before. Slice basil leaves in strips.

On medium high heat, pour 1 inch of vegetable oil in 12-inch saute pan. Add mozzarella in single layer. Cook for about 5 minutes then turn and cook 5 minutes more. Bread crumbs should be golden. Remove cheese from pan if it begins to ooze or burn.

Drain on heated platter lined with paper towels. Swirl each heated plate with marinara sauce.

Center 1 piece of mozzarella on plate. Garnish with basil.

Makes 4 servings.

MARINARA SAUCE

1/4 cup butter
1/4 cup olive oil
3 cloves garlic, minced
6 lbs. fresh plum tomatoes or 2 (28 oz.) cans of recipe-ready chopped plum tomatoes in puree
2 sprigs basil
1 (2 oz.) can flat anchovy fillets
2 heaping tbsps. tomato paste
Freshly ground black pepper to taste

Place butter and oil in saucepan. Heat to melt butter. Sauté garlic until soft but not browned.

Peel, seed and chop fresh tomatoes. Add tomatoes and basil to sauté pan. Cook tomato sauce on low heat for about 20 minutes. Place anchovies and tomato paste in food processor. Process until

anchovies are pureed. Add tomato paste-anchovy mixture to tomato sauce, whisking until well blended. Season with freshly ground black pepper.

FROM OUR KITCHEN



OLIVIA &
PAUL BENSEN

Eggplant casserole makes a meal

By Olivia and Paul Bensen

One afternoon recently, we were trying to come up with an idea for a one-dish casserole to serve for dinner that evening. We wanted a combination that would be a satisfying meal in itself, without being too heavy, and one that would combine a variety of tastes and textures with an unusual presentation.

We decided to use eggplant as a main ingredient, since it combines well with cheese, and has a pleasing texture and a distinctive taste. As another part of the filling we chose a *sofrito*, an onion-tomato mixture very popular in Spanish cooking. As a topping, we decided on a cheese custard, which would puff as it baked, combining ricotta and Parmesan cheeses with heavy cream and eggs.

We also included a layer of very thinly sliced prosciutto to add another flavor and texture. If you want to prepare the recipe without using meat, the prosciutto may be omitted.

There are a number of classic flavoring mixtures for use with vegetables. The *sofrito* that we used in today's recipe, in addition to onions and tomatoes, may include ham, sausage, garlic or peppers. It is often used in Spanish cooking for gratins or stuffings for vegetables.

Several French mixtures also enhance dishes made with vegetables:

A *parsillade* combines garlic and parsley. It is excellent as a stuffing or a marinade, and adds a great deal of flavor.

Duxelles include finely chopped mushrooms and onions or shallots, cooked in butter until the mixture is rich and thick. Common uses are in stuffings and baked vegetables.

A *mirepoix* combines finely diced onions and carrots, seasoned with fresh parsley, thyme and bay leaf. Onions are sometimes included. One of the most common uses of a *mirepoix* is to spread the mixture on the bottom of a pan in which vegetables are to be braised, to enhance the flavor of the vegetable and the cooking liquid.

Any of these flavoring mixtures will turn your old vegetable recipes into new treats.

2 medium eggplants
1 medium onion, finely chopped
3 tomatoes
1/2 tsp. dried basil
Salt and pepper to taste
1 (15 oz.) carton ricotta cheese
3/4 cup freshly grated Parmesan cheese
2 eggs
3/4 cup heavy cream
1/4 lb. thinly sliced prosciutto
Olive oil for sautéing

Plunge tomatoes into boiling water for 30 seconds, so that skins will slip off easily. Remove skins and squeeze tomatoes to remove seeds and juice. Chop tomatoes very finely.

In large skillet, heat about 2 tablespoons olive oil and sauté onion until just soft. Add chopped tomato, basil, and salt and pepper to taste. Blend this mixture well and allow to simmer 15 minutes until it has thickened and nearly all of juice has evaporated.

Meanwhile, slice eggplant into 1/2-inch-thick slices, lengthwise, leaving skin on. In large skillet, heat thin layer of olive oil until quite hot and sauté eggplant slices in batches for about 5 minutes a side, adding more oil as necessary, until very brown and soft. Sprinkle slices with salt as they are cooking, to help them release their moisture. Set sautéed eggplant aside.

To make custard topping, mix cheeses together with eggs, blending well. Add cream. Resulting mixture should be of thick pouring consistency.

Choose round or oval baking dish of size to snugly fit eggplant slices in two layers. Make one layer of eggplant in dish and top with all of tomato-onion mixture. Add remaining eggplant and top with slices of prosciutto. Pour cheese custard mixture over top, allowing it to sink in.

Bake at 450 F for 10 minutes, reduce heat to 375 and bake another 25 to 30 minutes, until brown on top.

Serves 4 to 6.

EGGPLANT CASSEROLE WITH CHEESE-CUSTARD TOPPING

A healthy Halloween

By Diane Savage

Halloween is wonderful fun deciding on a costume, dressing up, carving eerie faces on bright orange pumpkins.

But this last evening of October can be a little unnerving for nutrition-wise parents. You know that if you send your kids out on the trick-or-treat trail, they're not going to come home with anything even remotely resembling a nutritious "treat."

Instead, they'll have sugar — bags of it. You can hardly send your youngsters out with a note requesting that they only be given carrot sticks, nuts and apples. And while a few candy bars may not do any harm, the typical haul (as I remember from my early trick-or-treat days) amounted to several pounds of the stuff.

If you're wondering what to do about your child's treat consumption, a Halloween party might be just the answer. Have a good old-fashioned apple-bobbing, and bake up your own brand of goodies for your little goblins. Arrange for some appropriate games, and tell a spooky story or two.

Or you might consult with other vegetarian/health-wise parents and arrange for a round of trick-or-treating within your group.

Today's recipes will yield healthful homemade goodies for a Halloween get-together. Set out a

large bowl of fruit juice punch, a jack-o'-lantern or two and on your best witch's hat. (Don't forget to practice your cackling.) Have a bootiful Halloween.

CHEWY COCONUT DROPS

$\frac{1}{4}$ cup honey
 $\frac{1}{4}$ cup unsulfured molasses
2 tbsps. butter or margarine
1 tbsp. cider vinegar
2 cups freshly grated coconut
2 tbsps. wheat germ
1 tsp. vanilla
Dash salt (optional)

In small saucepan, stir together honey, molasses, butter and vinegar. Simmer over low heat until mixture forms soft ball when dropped into cold water (240 F on candy thermometer). Remove from heat. Stir in coconut, wheat germ, vanilla and salt. While still warm, drop by teaspoons onto waxed paper and allow to cool. Makes about 24 drops.

CAROB-OAT CONFECTIONS

$\frac{1}{4}$ cup honey
 $\frac{1}{4}$ cup milk
 $\frac{1}{4}$ cup carob powder
 $\frac{1}{4}$ cup butter or margarine
1 tsp. vanilla
 $\frac{1}{4}$ tsp. salt
2 $\frac{1}{2}$ cups rolled oats
 $\frac{1}{4}$ cup chopped, unsalted peanuts

In saucepan, stir together honey, milk, carob powder, butter, vanilla and salt. Bring to boil and stir constantly for 5 to 6 minutes. Remove from heat and add oats and peanuts. Stir to mix well. While still warm, drop by teaspoons onto waxed paper. Let cool. Makes about 40.

PUMPKIN-RAIL IN CUSTARD

4 eggs
5 tbsps. honey
3 cups hot milk
1 cup cooked pumpkin, mashed
2 tbsps. grated lemon rind
 $\frac{1}{2}$ cup raisins, plumped
Butter
Dash nutmeg

Beat eggs in large bowl; stir in honey. Slowly pour in milk, continuing to beat. Add pumpkin and lemon rind, beating until smooth. To plump raisins, place in small bowl and cover with very hot water. Allow to stand 5 minutes. Drain well and add to pumpkin mixture, stirring to blend thoroughly. Butter 10 custard cups in large flat baking pan and pour hot water in pan around cups. Sprinkle custards with nutmeg. Place pan in 325 F oven and bake about 30 minutes, or until knife inserted in center of custard comes out clean. Serve chilled or at room temperature.

Serves 10.

INDIAN CORN PUDDING

9 ears fresh corn
2 tbsps. butter or margarine
1 tbsp. brown sugar
3 eggs, separated
3 cups milk
 $\frac{1}{4}$ tsp. each salt and ground pepper
3 tbsps. wheat germ

Cut corn kernels from cobs; set aside. In small bowl, cream together butter and sugar. Beat egg yolks well, then beat into butter mixture until very light. Blend in milk, salt and pepper, then stir in corn. Beat egg whites until frothy and fold into corn mixture. Turn into lightly buttered casserole dish and sprinkle with wheat germ. Bake at 350 F for 1 hour. Serves 6 to 8.

HERBED WILD RICE

1 cup uncooked wild rice
3 cups water, approximately
1 tbsp. fresh chopped parsley
 $\frac{1}{2}$ tsp. each dried thyme and marjoram
 $\frac{1}{4}$ tsp. freshly ground black pepper
2 tbsps. each butter and soy sauce

Place rice in large saucepan, adding enough water to cover rice by 3 inches. Stir in parsley, thyme and marjoram. Cook, uncovered, over medium heat about 30 minutes, until rice is tender, adding more water as necessary. Drain rice and stir in pepper, butter and soy sauce. Serves 6.

MICROWAVE

Pumpkin harvest a la microwave

PAGE 11A
Friday, October 26, 1984

By Desiree Vives

Some of us never grow up. For me, Christmas just wouldn't be Christmas without a tree. Tinsel, lights, the whole works. Thanksgiving without a turkey? Fat chance.

And Halloween without pumpkins? The two are firmly associated in my mind by what the philosopher Hume called a "constant conjunction" (meaning that they always appear together).

If love and marriage go together like a horse and carriage, Halloween and pumpkins are just as strongly linked in this punkin' head.

What do most of us do with our rounded orange friends come Halloween? We carve them up into grinning jack-o'-lanterns, stick a candle inside so that their tops shrivel and blacken and leave them for the trashman on Nov. 1.

Don't get me wrong. I love a creatively carved pumpkin face, and the wonderfully Halloweeny fragrance of melting candle wax and singed squash. But I love the flavor of pumpkin, too, and on this holiday we seem to forget that the squash is edible, as well as just plain fun. Why wait for Thanksgiving to bake up a pumpkin pie? Halloween is the perfect night to microwave a quick pumpkin treat for your favorite trickster.

This seasonal squash is really quite versatile in the kitchen. Even the seeds can be put to good use, so don't throw them out when you're carving your jack-o'-lantern masterpiece. Roasted pumpkin seeds are a regular snack in Mexico, where they're known as "pepitas" (see recipe following). And fresh cooked pumpkin may be served as you would any squash.

When buying fresh pumpkin for cooking, choose one that is heavy for its size, and with a hard, unblemished rind. Smaller pumpkins will have more tender flesh, and are less likely to be stringy. Like carrots, the lovely orange pumpkin is high in vitamin A, and it's a good source of B vitamins and C, as well.

Happy Halloween!

MUNCHY PUMPKIN SEEDS

About 1 cup pumpkin seeds, fresh from pumpkin
Salt

Place pumpkin seeds in colander under running water and rub lightly with hands to remove fiber; drain seeds on paper towels. In shallow glass baking dish sprinkle light, even coating of salt. Sprinkle seeds in even layer over salt. Microwave, uncovered, 5 to 7 minutes, stirring every minute, until seeds are crisp. Rest 5 minutes. Serve as you would sunflower seeds or nuts.

Makes 1 cup.

PUMPKIN PIE

1 unbaked 9-inch pastry shell
2 eggs
1 (1 lb.) can solid-pack pumpkin, or same amount

fresh cooked pumpkin
 $\frac{1}{2}$ cup brown sugar
1 tbsp. flour
Dash salt
1 tsp. cinnamon
 $\frac{1}{4}$ tsp. each ground ginger and cloves
 $\frac{1}{4}$ tsp. ground nutmeg
1 (13 oz.) can evaporated milk

Prepare favorite pie crust recipe, or use a purchased frozen deep-dish pie shell. Place in glass pie plate and microwave 4 to 5 minutes, until no longer doughy. Set aside. Beat eggs in large bowl, then add pumpkin, stirring well. Blend in sugar, flour, salt and spices. Add evaporated milk and beat until smooth. Pour mixture into pastry shell and microwave 12 minutes, stirring filling gently every 3 minutes. Then microwave 3 to 4 minutes longer until filling is set.

Serves 6 to 8.

FRESH COOKED PUMPKIN

1 lb. fresh raw pumpkin
 $\frac{1}{4}$ cup water
 $\frac{1}{2}$ tsp. salt

Microwave pumpkin for 1 to 2 minutes. Remove and let stand 2 minutes. Peel and cut into 1-inch cubes. Place pumpkin in 1 1/2-quart glass baking dish with water and salt. Cover and microwave 7 to 8 minutes, stirring and rotating dish 1/4 turn after 4 minutes. Let stand, covered, 5 minutes. Season with salt, pepper and butter to serve as vegetable, or let cool and mash for use in pie, breads, etc.

Recipes in this column are tested in 625- to 700-watt microwave ovens. Foods are cooked on HIGH (100 percent power) and uncovered unless otherwise specified.

Heart Healthy

VEGETABLES A LA GRECQUE

$\frac{1}{2}$ cup olive oil
 $\frac{1}{2}$ cup wine vinegar or 2 tablespoons lemon juice and 1 or 2 slices lemon
1 teaspoon crushed coriander seed
1 teaspoon thyme
1 bay leaf
1 clove garlic, crushed
Freshly ground black pepper
2 cups water

Combine oil, vinegar or lemon juice and slices, seasonings and water. Bring to a boil and put in the vegetables. Reduce heat and simmer uncovered until tender-crisp. Do not overcook (frozen vegetables require a shorter cooking time). Let vegetables cool in the sauce.

Vegetables a la Grecque are served cold or at room temperature.

Yield: 8 servings

Approx. cal. serv.: 140

Heart Healthy Recipes are from the Third Edition of the American Heart Association Cookbook. Copyright © 1973, 1975, 1979 by the American Heart Association, Inc.

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On the Garden City Border

Here's How

By Gene Gary

You can paint over rust stains

Q. I recently bought a house with an unsightly concrete porch. In four different areas, there are rust rings and spots from cat-paw to large dog-paw size. I suspect these are the result of someone using the ornamental iron flower pot holders at some time in the past.

I have tried commercial rust removers without success. I have been told to scrub the areas with muriatic acid, then flush. Do you know of a less hazardous means such as some sort of paste or poultice I could use instead of the acid?

I want to paint the porch but would like to get the rust out before I apply a sealer. — G.M.H.

A. Actually, if you are planning to paint the surface, it should not be necessary to remove the rust stains if the area is properly cleaned.

Before painting, it is best to use a concrete sealer, then apply a good masonry or swimming pool paint. Be certain to follow the instructions on the container of

whatever paint you choose.

If you still wish to remove the rust stains before painting, first scrub the stains with benzine or grease solvent. Then mix one part sodium citrate to six parts of water and six parts of commercial glycerine. Add sufficient whiting powder to form a thick paste. A coat of this paste should be kept on the stain for one week and new paste added when it dries out. Then flush dried out second layer away and the stain should be gone.

This is the paste mixture recommended for grease and oil stains as well as rust stains. However, if rust stains still remain after this treatment, make another paste of one part sodium citrate crystals to six parts of water and add sufficient powdered whiting. Heavy layers of this spread and dried on the rust stain will remove it.

Because concrete is porous, it may be impossible to completely remove these stains. However, this treatment should lighten the

stains or discoloration. Repeat three or four times if necessary.

Q. I presently have a wood-burning stove in the basement family room. It is connected to an outside chimney. I am interested in adding another stove in the living room directly above and connect it with the same chimney. Can this be done and can both stoves be burning simultaneously? — R.W., Hartford, Conn.

A. It is not considered advisable to connect more than one stove or fireplace to the same chimney with only a single flue. It can be done, but you shouldn't use both stoves at the same time.

Q. What kind of stain should be used for cedar siding? And how often is it necessary to re-stain? — Bernard H.

A. The best material for this purpose is a shingle stain made by one of the reputable manufacturers. Two coats should be applied. On the average, re-staining is necessary about every five to six years.

others, and ethnic groups that value a "stiff upper lip" endure pain better than others.

Disorders that cause a great deal of chronic pain, aside from arthritis and headaches, are low back pain and cancer.

Although rheumatoid arthritis can strike at any age, osteoarthritis — the most common form — increases as our population grows older. Both may be solved or halted by prompt treatment with medication and prescribed exercises.

As we frequently mentioned, we have an arthritis leaflet that we will send to readers who provide a stamped, self-addressed envelope. Some readers are forgetting to send the envelope and we cannot provide the leaflet otherwise. Also, the printing and handling of the leaflet take a great deal of time and donations for this are always welcome.

The leaflet gives Certo and vinegar remedies for arthritis pain, also a diet for arthritis sufferers who are serious about eliminating the pain. The diet was developed a few years ago by Mrs. A.S.B., who suffered excruciating pain from arthritis. It is a rigorous diet, but she said it keeps her free of pain.



CLASSIFIED

The Quick & Easy Way To Buy And Sell



TWEEN 12 & 20

By Robert Wallace, E.D.D.

Dr. Wallace: My mother refuses to give me any telephone privacy. No matter who calls me or who I call, Mother dear picks up the extension and listens in. Now whenever I hear the click and know that she is listening in on my conversation I always tell the person, "I'll talk to you later," and I hang up.

This makes my mom mad because now she can't spy on me. I keep telling my mother that she should not be listening to my private conversations on the telephone, but she says that she pays the telephone bill and she will listen anytime she pleases.

Please tell me who is right in this matter. — Connie.

Connie: A wise parent never snoops but is aware of the welfare of her child at all times. In this case, I agree with you — 100 percent.

Dr. Wallace: I am a 17-year-old guy and enjoy watching television late (2 or 3 a.m.) on Friday night. I usually get up at 11 on Saturday morning but this upsets my dad. He thinks it's a sin for a person to sleep past 9 a.m. Your comments, please. — Rick

Rick: A person your age needs about eight hours sleep per night. If you are allowed to stay up until 3 then you should be allowed to sleep until 11.

Dr. Wallace: I am a 16-year-old girl and I love to dance ballet. My problem is that my father only lets me go once a week for lessons.

My teacher believes that I could be a great dancer if I had the proper workout, which includes lessons at least four days a week. My dad thinks that my grades will suffer if I spend all that time dancing but I know they won't. They would remain excellent.

If you were my father would you let me dance four days a week? It wouldn't cost anything for the extra days. — June

June: Yes, I'd allow you to dance four days a week, if your grades remained excellent, but I'm not your father and he knows you a lot better than I do.

Dr. Wallace: Every time I stay out a little bit too long, my parents get upset and lecture me about the evils of sex. Then they grill me with the whos, whys, wheres, whats and whens about my date and what we did.

What can I do to get them to understand that I'm not indulging in sex when I go on a date? — Maria

Maria: Sex is the biggest bugaboo among most families. Although they may not admit it, parents know deep inside themselves, the conflicts about sexual feelings that their young people are having.

So keep track of the hours. Don't stay out too late too often. Your parents will worry every time you are out very late or when they don't know where you are. They will worry out loud if you overstay the limit too often or stay secretive about your dates too long.

Don't make confidants of them, but do let them in on your love life just enough to prevent them from distrusting you. You can't stop them from worrying, but you can try to prevent distrust from developing.

Dr. Wallace: I am a 13-year-old girl and I want to become a jogger because I enjoy running. My problem is that I'm a bit short and a bit plump and I'm afraid that people will laugh at me when I'm jogging.

I'd like you to tell me if I should jog or just let things be the way they are. — Lori,

Lori: Jogging is a marvelous way to help stay trim and fit. Get a jogging suit and get with it.

It would also be wise to get a checkup from your doctor before you start adding up the jogging miles.

Forget about the few "laughers." They won't be included in your fellow runners.

Dr. Wallace: My mother and father were divorced when I was 7. I'm now 16 and I now live with my mother and stepfather. I also have a brother who is 6. We have the same mother but my stepfather is his father.

When my mother remarried, my stepfather adopted me and he has been a good parent. But lately I have been doing a lot of thinking about my future.

If both my mother and stepfather should happen to die, would my brother have a better chance at the inheritance because of the fact that I'm adopted? — Gail.

Gail: I pray you never will have to go through such a tragedy! Being adopted is the same, in the eyes of the law, as being the biological child of both parents. Your brother and you would share equally.

Mainly For Seniors

By John T. Watts



Dear John: As I grow older it seems to me that whatever ailment I have doesn't seem to matter so much, it's how much it hurts.

Maybe this is too much of an oversimplification, but what I wonder is why science doesn't bring it's big guns directly to bear more on pain, all kinds of pain. — Joel S.

Dear Joel: Probably more is being done than you think. It just may not be getting enough publicity.

Philip Von Voigtlander says, "We now realize that pain itself can become the principal problem in many illnesses or injuries."

He is a pain researcher with the Upjohn Co.

"It can consume a person's energy and become the total focus of attention."

Chronic pain may begin with an injury or illness and continue after recovery, or it can result from a long-term condition such as arthritis or cancer. It may even develop without apparent cause. More than 95 million Americans suffer from it, and its \$66 billion-plus price tag makes chronic pain the most expensive health problem in the country. Also, pain causes the loss of more than 700 million workdays annually.

And some of you wonder why we write so much about arthritis.

It seems to be the most common chronic pain among older persons and we just happen to have found a couple of inexpensive ways to bring relief.

Experts say arthritis strikes 36 million Americans, almost as many as are afflicted with common headaches — 40 million.

The skin and other organs have many fine nerve fibers called nociceptors, which are sensitive to intense, potentially harmful stimulants. When an injury occurs, cells in the area release chemicals, including prostaglandins, bradykinin and histamine, that lower the body's pain threshold (the level at which a sensation becomes painful).

Thus the person is more sensitive to pain. Arthritis, migraine headaches and dysmenorrhea (painful menstruation) are examples of the many disorders where pain is believed to be linked with prostaglandin production. The pain message is carried from the injured area to the spinal cord and from there to the brain.

Pain has two aspects, a perception of the sensation and a psychological reaction to it. Thus a person's pain threshold varies according to circumstances. It is raised by rest, sympathy, diversion and mood elevation. Some individuals have higher pain thresholds than



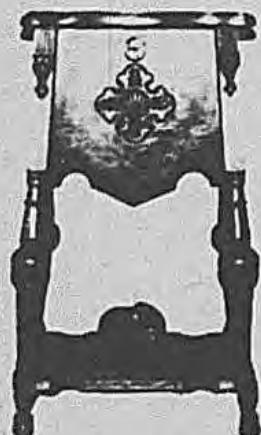
Antique or Junque

Cabinet used to store tobacco

By James G. McCollam
Member, Antique Appraisers Association of America

Q. This little cabinet with a door is lined with copper and has a piece of blotting paper in a holder on the inside of the door.

Can you tell me its purpose, vintage and value?



A. This is a humidor in which to store tobacco and cigars. The blotting paper was moistened with water to keep the tobacco from drying.

Your humidor was made in the 1920s; it is not old enough to be an antique, but would probably sell for at least \$75.

Q. What is the vintage and value of this gold leaf mirror? According to my family, it dates back before the Civil War.

It has a candle holder at each side near the bottom.



A. This is similar to the French Revival of the mid-1800s and also of the Louis XV period (mid-18th century). In my opinion, it is of the later revival.

In good condition, it should be worth at least \$500.

Q. The enclosed mark is on the bottom of my vase. It is four sided with four perforated handles.

I would like to know who made it, when, where and its value.



A. TECO was the mark of the Terra Cotta Tile Works in Terra Cotta, Ill. It was made in the first quarter of the 19th century and would sell in the \$200 to \$225 range.

Q. Some people tell me that veneer was only used on cheap furniture. However, I have a friend who says that some of the finest furniture ever made was veneered.

Can you enlighten me on this matter?

A. Those lacking in knowledge confuse veneer with plywood. Veneer is a thin layer of exotic wood mounted on a more mundane lumber base. Plywood is made from three to five layers of wood cut from commonplace lumber; the purpose is economy and strength.

Some beautiful woods like crotch mahogany and burl walnut have so little strength that if used in solid boards, they would break too easily. Veneers are the only way we can enjoy their beauty.

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Doctor's Forum

Q. My son is a Vietnam veteran. Since his return from the war 10 years ago, he has complained of feeling intense pressure behind his eyes, headaches, pain in his left shoulder blade and back and a lack of energy. He has seen a number of doctors, including a psychiatrist, but nobody has pinpointed the cause of his discomfort. What could be causing these symptoms? Is there a specialist who might be able to help him? — M.S.

A. The symptoms your son has had since his return from Vietnam would be diagnosed by some physicians as tension headache with depression. There are no maneuvers or tests one can perform to confirm these diagnoses, however.

The physical symptom pattern is quite common and associated with life stress leading to anxiety and depression. The likelihood of there being a major physical illness is reduced by the length of time the symptoms have persisted unchanged, and by the fact that a number of doctors have found nothing alarming on examination.

Specific organic diseases which could cause the problems are anemia, chronic malaria and perhaps other infectious diseases native to Vietnam. Some people might try to link any symptom in a Vietnam veteran to herbicide exposure but thus far the number of proven syndromes or diseases attributable to Agent Orange and other herbicides does not include the symptoms you describe.

The large issue raised by your son's case concerns the relationship of his symptoms to his Vietnam experience. Modern civilian life as well as life with wartime experience is filled with stress. In World Wars I and II and in Korea there were considerable numbers of acute psychological stress reactions comprising up to 40 percent of some units, especially those exposed to continued combat.

In the early phases of the Vietnam War, there were remarkably few acute psychological stress reactions. These improved statistics were due in part to extensive use of limited tours of duty (365 days), early recognition and treatment of stress symptoms, and rest and recuperation leave. Later in the war there were higher numbers of psychologic casualties evidenced by drug, alcohol, and authority problems ("fragging"). Nevertheless,

few of the past types of combat reactions were seen and these reactions were not confined to combat units.

Vietnam veterans are felt to suffer from delayed stress reactions which have only recently been coming to the surface. Severe late psychologic reactions consisting of easy anger and nightmares have been known to occur in veterans of Vietnam as well as previous wars. These flashback reactions have been proven most definitely in those who saw heavy combat and less certain for those who saw only light combat. These severe reactions are usually quite obvious and their relationship to combat service is not in dispute.

A less spectacular delayed stress reaction may occur in both combat and non-combat veterans. This reaction consists of mood swings, sleep disturbance, lack of initiative and the evolution of bodily symptoms ("somatization"). However, the incidence of late psychological reactions of any kind, including those with somatization, seems to be no higher in veterans than in carefully matched non-veteran populations.

Studies continue regarding the Vietnam veteran and his special circumstances in fighting an unpopular war, returning home to little fanfare or outright hostility, and facing an enemy which consisted in part of indigenous civilians and guerrillas with no fixed battle lines.

Whether his Vietnam experience has caused your son's symptoms is impossible to prove or disprove with the information you provided. If you feel that it is service-related, you should contact your Veteran's Administration Regional Office.

You could seek professional help from one of several sources. A broadly based general internist with an interest in psychosomatic illness may be useful. Stress-reduction programs run by psychologists and psychiatrists may also help especially if those programs are oriented toward the problems of delayed stress reactions in Vietnam veterans.

Finally, a Veterans Administration Outreach Clinic might be a good point of initial contact. — Dr. Arnold Gass, associate clinical professor of medicine, at the University of California, San Diego School of Medicine and the Veteran's Administration Medical Center.

The World's Most Beautiful Grandchildren



Our beautiful, darling, sweet grandsons. They are very precious to us. They give us many happy, joyous hours when we see them. P.J. is 3 years old and Steven is 13 months old. Grandpa works for Con Edison as a manager in the accounting department. Grandma is a Bilingual Teacher-Aide at Hampton Street School in Mineola.

Mr. and Mrs. Michael Litovsky, Mineola

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JUNIOR EDITION**Aunt Tilly's Corner**

Thanksgiving will soon be here and we will be seeing cranberries for sale in the stores. Here is something for you to read about these interesting berries:

Cranberries were used by the Indians in what is now New England. They dyed their blankets, clothing and rugs with the bright red juice and also enjoyed eating "pemmican". This food was made of cranberries, deer meat and fat.

The Pilgrims learned about cranberries from the Indians. They probably ate these berries at the first Thanksgiving feast.

Cranberries also went around the world in sailing ships. Sea captains used to take a barrel of them in fresh water to be served to the crew with their regular food. They helped prevent scurvy, a disease caused by the lack of Vitamin C.

So when you eat your Thanksgiving dinner, remember that cranberries don't just taste good. They're also good for you!

Love,
Aunt Tilly

P.S. This week's coloring contest winners are Gina Cerone and Caroline Theye. (Gina, what a beautifully decorated envelope you sent!!)

**Points
On Pets**

By R.G. Elmore, D.V.M.

Q. We were recently given a 4-week-old orphaned basset hound puppy.

My husband is very anxious to get the puppy housebroken. I believe the puppy is too young and is only confused by my husband's strict disciplinary actions.

A. As you are aware, house-training a young puppy takes a lot of effort and patience. You should not expect any great results until your new dog reaches 3 to 4 months of age. However, you can begin training the very young puppy as long as you do not expect too much and do not treat the puppy harshly.

Learning takes time, especially if you start prior to the time that the puppy is mature enough to have control over his functions.

There are basically two means to house-train a young dog — paper-training and outdoor training. Whichever you use is really up to you and your circumstances.

If you try to paper-train your dog you need to select an out-of-the-way place where you want the puppy to urinate and evacuate. This should be a place where the floor covering can be scrubbed and sanitized frequently. It should also be a place isolated enough to be out of the way of other family activities.

The paper-training spot should



be separate from the dog's sleeping quarters. Most dogs do not like to foul the place where they sleep or eat.

When you first begin training a new puppy, he will need a great deal of help. The puppy should be placed on the paper immediately following awakening each morning. He should be placed on the paper following every meal. Most young puppies eat four or five times daily. Just prior to going to bed each night, the puppy should be placed on the papers.

Every time the puppy uses the paper to evacuate or urinate you should reward him with a loving pat and praise. If you see the puppy squatting, move him to the paper immediately.

Never spank or place the dog's nose in the mess if he has an accident. This simply confuses the young dog. If an accident has just occurred, move the dog to the papers. The dog must associate elimination with the newspapers.

Always clean up accidents well. Odors left following accidents frequently attract dogs to the spot again.

If you want to train your dog to go outside to eliminate from the very beginning, then follow the same procedures as for paper-training. Instead of getting him

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