

In Three Sections - Fifty-Two Pages

The Only Newspaper Printed and Published in Hicksville

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Friday, September 28, 1984



Oyster Bay Town Councilman Thomas L. Clark, right, presents a citation to William Henne, Past Grand Knight of Joseph Barry Council No. 2520, Knights of Columbus, who was honored at the organization's recent dinner dance. Sharing the spotlight with Henne is his wife, Edna and Grand Knight Eamon Touhy.



Bernard Chetkof, outgoing Assembly District Leader and State Committeeman of the 13th Assembly District Democratic Party, was recently honored at a testimonial dinner at the Galaxie Caterers. Chetkof has been the Assembly District Leader for the last eight years, serving with Judy Jacobs as the Assembly District Co-Leader the last four. His leadership, friendship, and ability to run winning campaigns was praised by various speakers which included Assemblyman Lewis J. Yevall, Tom DeJesus who is the Regional Representative of the Department of State and Bob Zimmerman, the Nassau County Representative for Lieutenant Governor Al DelBello. In addition, Judy Jacobs presented him with a plaque from the 13th Assembly District praising him for "outstanding community service and dedication."

The 13th Assembly District encompasses all of Woodbury, Syosset, Plainview, Old Bethpage, Oyster Bay Cove, Oyster Bay, Bayville, Glen Cove, East Norwich, Locust Valley, parts of Jericho, Brookville and various other towns and villages in the northern most part of the Town of Oyster Bay.

Judy Jacobs will now become the 13th Assembly District Leader and Angle Buonfiglio of Bayville, will be the Co-Assembly District Leader. In photo, Judy Jacobs is pictured presenting the plaque of appreciation to Bernard Chetkof while Tom DeJesus, left, and Assemblyman Lewis J. Yevall, right, join in the tribute.

Armed Robbery At Bakery

At approximately 6:55 p.m. on September 23, a male white, blonde hair, 18 to 20 years of age, entered Crown Bakery, 432 Jerusalem Avenue, Hicksville, armed with a silver handgun and demanded money from the owner.

Gabriel Rodriguez, 30 years of age, from Hicksville, was struck on the side of his head and in the ribs before turning over \$1100 to \$1200 in currency. Rodriguez refused any medical attention. The suspect fled by running through the parking lot of the shopping center.

This Issue

This issue is in three sections. The main news section as usual contains all of the local news. Section Two **Discovery** section contains the largest local classified section in the area, special stories and features. Section Three is devoted to Fall Winter Car Care. It is one of the twelve special monthly issues added to this newspaper at no increase in newsstand or subscription price.

Mid Island Y Singles Program

Due to unforeseen circumstances, the following two Singles Programs have been cancelled: Saturday, October 6 - Break the Fast D.J. Dinner Dance and Saturday, October 27 - Masquerade Dance.

The Mid-Island YM-YWHA is an agency of the Federation of Jewish Philanthropies of New York; a Member Agency of the United Jewish Y's of Long Island, the Jewish Welfare Board, the United Way of Long Island and the Health and Welfare Council of Nassau County.

H.H.S. Student Attends Convention

Kristine Morch, a Hicksville High School senior, and BOCES student, was selected as one of four students to attend the New York State Florists Industries Convention at Niagara Falls, last weekend.

Both high school and college students attended. On Saturday, they had to do floral design, to be judged. Kris had a dish design, which she had never done before and received a certificate for Third Place.

Art Society Pencil Demo

If you think colored pencils are for children you're in for a pleasant surprise. The Independent Art Society will present noted Long Island artist, Martha O'Halloran in an audience participation demonstration of sketching, shading, and blending on Monday, October 1, at 7:30 p.m. in the Hicksville Library, 169 Jerusalem Avenue.

Everyone is welcome to enjoy the program and refreshments with us.

Enrollment Figures Adjusted By Supt.

Special to Mid Island Times
By Valerie Pakaluk

Responding to an article appearing in the Mid Island Times recently, Superintendent of Schools, Dr. Catherine Fenton, informed the Hicksville Board of Education at its September 19 meeting that enrollment figures as of September 13 were 4999 instead of 5465 as had been reported. Dr. Fenton explained further that enrollment figures can fluctuate daily. She added that for future use, the October 1 figure would be frozen and used throughout the school year when necessary.

After a long deliberation, approval was granted for a reimbursement of expenses for two board members to attend several community affairs, one of which had taken place already. William Bennett, President of the Board, favored the resolution which had been placed on the evening's agenda and remarked that the Board of Education should mingle with the community but oftentimes cannot afford the additional expenses involved since the position is a non-paying one. Both Bennett and Trustee Jay Schwartz had attended the Chamber of Commerce Dinner the previous night. Temporarily the ruling covers specific dinner meetings, two of which are scheduled in October and the other in February of 1985 (Founders Day). No limitations were set as to cost of tickets but the number of Board members was, however, limited to two and will not include their spouses.

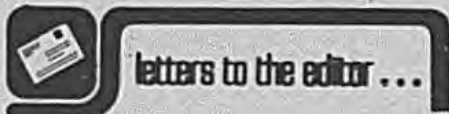
Since the Board has changed their regular meetings to be held on a once a month basis, committees have been meeting on other Wednesdays of the month. Extensive reports were given by Arlene Rudin, Curriculum Committee; Daniel MacBride, District Facilities/Community Affairs Committee; Lawrence Moor, Finance Committee; Lawrence Wolfson, Legislative and Long Range Planning Committees; Jay Schwartz, Policy Committee. Mr. Wolfson jokingly said that one of his committees could have met in a telephone booth since it had been sparsely attended. All chairpeople stressed that the public is always invited and welcome to attend a meeting or meetings of their choice. Information on dates and times can be found on the District Calendar.

Two instructional staff members were granted tenure on the recommendation of Superintendent Fenton. Margaret Koegel will continue her assignment as a Business Education teacher in the Senior High School and Karen Frances will remain as music teacher in the East Street and Dutch Lane Elementary Schools.

The Board of Education has scheduled its next monthly meeting for Wednesday, October 24 at 8:15 p.m. in the Conference Room at the Administration Building.



Glen Cove City Councilwoman Ann M. Gold, second from left, Republican candidate for the 13th State Assembly District, was the guest speaker at a recent meeting of the West Plainview Republican Club. Here, she fields some questions from, left to right, Doug Robalino, President; Renee Charitan; Sue Simone, a member of the Board of Directors; and John DeLeonardis, Executive Leader.



letters to the editor ...

An Open Letter to the Community from the Hicksville Board of Education:
Dear Friends:

As you may know, the school district is in the midst of negotiations for a new contract with its teaching employees. During the summer much progress was made towards settlement. Both sides removed literally dozens of demands from the table. As a result of several negotiations sessions including two with a state-appointed mediator facilitated by Mr. Thomas Carey, many of the remaining issues including much of the financial package has been tentatively settled.

While there are important unresolved issues, including items which the Board of Education believes are important to bring about improvement in education in Hicksville, we are confident that our problems are not insurmountable.

We understand that the Hicksville Congress of Teachers has issued a release committing to offer some movement on all of the outstanding issues. The Board of Education is encouraged by that statement. We wish to assure the residents of our community that we will make every effort to accomplish a fast and fair settlement which does not compromise our budget or our commitment to improve our educational system.

Sincerely yours,

Hicksville Board of Education

William P. Bennett, President
Ariene J. Rudin, Vice President
Jay M. Schwartz, Secretary
Thomas F. Nagle
Lawrence I. Wolfson
Lawrence A. Moor
Daniel C. MacBride



Olaf K. Costello of Hicksville recently celebrated 25 years with Gramman Aerospace Corporation. Costello is a group leader in the Inventory Planning and Analysis Department.

To the Editor:

How can anyone who is supposed to know what they are doing do what they did on Broadway in Hicksville near the New King Knollen, put a light with no arrow. I've seen so many near misses. I can't believe it.

Is it possible someone will fix it before some one gets killed or has a terrible accident?

Hicksville Resident

Hicksville Soccer News

The Hicksville Shamrocks 1974 traveling soccer team defeated the Massapequa Marvells 2-0, led by the steady goaltending of Eddie Jacobsen, who completely controlled the play in Hicksville's defensive end. He was ably assisted by fullbacks Gregg Guosso and Chris Doyle, as well as by sweeper Brian Harkins. The Shamrocks constantly kept the Marvells offense off balance by aggressive tackling and crisp passing. Joe Flanagan and Jason Kingsley backed up the defense with strong play at stopper, with Flanagan also moving up to halfback and wing, where he performed equally well.

Toff Meringoff, the Shamrocks man of constant motion at centerhalf, was his usual brilliant self in pursuit of the ball, both offensively and defensively, continually taking the ball from the opposition and pushing it off to his teammates. He was complimented by halfbacks Brian Pine and Gregg Furst, who both had outstanding games, switching when necessary with their wings to lead charges upfield.

The front line of wings Ted Knoop, Jared Jacobs and Matthew Pordum, as well as strikers Eric Bicker and David Lovato (who also played a strong fullback) kept constant pressure on the Marvells. There were numerous strong charges and many on-target passes, with Bicker being at his passing best. The first goal was scored by Jared Jacobs on an assist from Lovato, to continue his hot scoring. Knoop scored the second goal off a Lovato rebound.

Congratulations, Shamrocks, for winning your second straight league game under the knowledgeable coaching of John Flanagan, with assistants Patrick Harkins and Peter Knoop.

Library Hours For Columbus Day

The Hicksville Public Library will be open on Monday, October 8, the observance date for Columbus Day. However, the library hours will be 10 a.m. to 5 p.m. on that day.

LEGAL NOTICE NOTICE TO TAXPAYERS RE: 1984-85 SCHOOL TAXES

The undersigned Receiver of Taxes for the Town of Hempstead, County of Nassau, State of New York, hereby gives notice that he has received the School Tax Roll and Warrant attached thereto dated September 24, 1984 and will be in attendance to receive taxes at:

200 North Franklin Street, Hempstead, N.Y. 11550

Monday, October 1, 1984 and each weekday thereafter from 9:00 a.m. to 4:45 p.m. (Saturdays, Sundays, and holidays excepted.)

PENALTIES:

The following scale of penalties is hereby prescribed for neglect to pay the school taxes after they become due and payable.

First half due and payable October 1, 1984. If the first half is not paid on or before November 10, 1984, penalty will be added at the rate of one per centum per month from October 1, 1984 calculated to the end of the month during which payment is made.

Second half due and payable April 1, 1985. Penalty on the second half will be added after May 10, 1985 at the rate of one per centum per month from April 1, 1985 calculated to the end of the month during which payment is made.

DISCOUNTS WHERE APPLICABLE:

If the full year's tax is paid on or before November 10, 1984, discount where applicable will be allowed on the second half of the tax at the rate of one per centum of the second half. No discount allowed on payments made after November 10, 1984.

Taxes are payable by cash, certified checks and money orders. Uncertified checks will be accepted subject to collection only.

When sending for tax bills, please state the School District location, Section, Block and Lot numbers in accordance with the Nassau County Tax Map.

After May 31, 1985, the 1984-85 School Tax Roll will be turned over to the Nassau County Treasurer and all payments after that date should be made at the Office of the County Treasurer, Nassau County Office Building, 240 Old Country Road, Mineola, N.Y. 11501.

Robert D. Livingston, Jr. Receiver of Taxes Town of Hempstead

Dated: September 24, 1984 Hempstead, N.Y. 11550 MIT 1731 1x9/28

LEGAL NOTICE NOTICE OF CHANGE OF NAME

Notice is hereby given that an Order entered by the Supreme Court, Nassau County, on Sept. 20, 1984, bearing Index #14991/84, a copy of which may be examined at the Office of the Clerk, located at Mineola, N.Y., grants us the right, effective on Oct. 30, 1984 to assume the names of WALTER MATHIAS IODERATH and ANN RAZER HODERATH. Our present address is 3 Libby Ave., Hicksville, N.Y.; the dates of our birth our Jan. 1, 1923 and Jan. 1, 1923, respectively. Our present names are HUBERT MATHIAS HODERATH and PAULINE ANN FRAZER HODERATH, respectively. MIT 1729 1x9/28

LEGAL NOTICE CERTIFICATE OF LIMITED PARTNERSHIP

The undersigned, being all of the general and limited partners of the George Johnson, Bonnie Johnson and Edward Schottland Limited Partnership, hereby state as follows:

I. The name of the Limited Partnership is GEORGE JOHNSON, BONNIE JOHNSON & EDWARD SCHOTTLAND, a Limited Partnership. II. The character of the business is the purchase, maintenance, operation, ownership, financing and sale of real estate. III. The location of the principal place of business of the partnership is 256-262 BROADWAY, BETHPAGE, N.Y., 11714. IV. The names and place of residence of each member of the Partnership is as follows: GENERAL PARTNERS: GEORGE JOHNSON 24 Parkview Circle, Bethpage, N.Y. 11714; BONNIE JOHNSON, 24 Parkview Circle, Bethpage, N.Y. 11714; LIMITED PARTNER: EDWARD SCHOTTLAND, 8114 Barbour Manor Drive, Louisville, Kentucky 40222. V. The term of the partnership is until voluntary dissolution, or death, removal, or incapacity of the general partners, or the expiration of fifty (50) years from the effective date of the Limited Partnership Agreement, whichever event shall first occur. VI. The General Partners have assigned and transferred, each, this date, as a contribution to the capital of the Partnership, Fifteen Thousand (\$15,000.00) Dollars. VII. The Limited Partner has assigned and transferred, this date, as a contribution to the capital of the partnership, Ten Thousand (\$10,000.00) Dollars. VIII. There are no additional contributions required to be made by the limited partner. IX. There is no time when any contribution of a limited partner is to be returned except on dissolution of the partnership. X. The

MAY WE HAVE THE NEXT DENTS?



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LEGAL NOTICE

share of profits or other compensation by way of income which the limited partner shall receive by reason of his contribution is 33.333% of the profits and losses, to be distributed at such time as the general partners deem it advisable. XI. The limited partner has the right to substitute an assignee as contributor in his place provided such assignment shall be by instrument in form and substance satisfactory to counsel for the partnership; such assignee or substituted partner expresses his acceptance and adoption of all of the terms and provisions of the partnership agreement; pays all reasonable expenses incurred by the partnership in connection with such assignment or substitution; said substitution or assignment is consented to by the general partners; and such assignment or substitution shall not result in a change in ownership, by reason or sales or exchanges, or 50% or more in the total profit and capital of the partnership during the twelve month period ending on the date of such assignment or substitution. XII. The partners may not admit any additional partners without the prior consent of all the partners. XIII. There is no right amount the limited partners to priority over one another as to contributions or as to compensation by way of income. XV. There is no right of a limited partner to demand or receive property other than cash in return for his contribution except on dissolution of the partnership. XVI. There is no right given to any of the partners to do an act which would make it impossible to carry on the ordinary business of the partnership. XVII. The property of the partnership does exceed an amount sufficient to discharge its liabilities to any persons not acting as a general or limited partner. BN 2373 6x9/7,14,21,28;10/5,12

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Kaufer-Kain Wedding

Mr. and Mrs. Ted Kaufer of Haverford Rd., Hicksville, take pleasure in announcing the marriage of their daughter Robin Lori to Mr. Brian Kain of Lake Hiawatha, New Jersey, son of Dr. and Mrs. Milton Lapoff of Lakeworth, Florida.

The marriage took place at East Nassau Hebrew Congregation, Syosset, New York, on Sunday, August 26. Sister of the bride, Nancy Hertel, of Northport, New York as her matron-of-honor. Jaime Hertel, niece of the bride, was her flower girl. Her bridesmaids were, the brides sister-in-

law, Nancy Kaufer of Whittier, California. Sister of the groom, Sindee Kain of Lakeworth, Florida, and a friend of the bride, Cheryl Solomon of Hicksville, N.Y. Andrew Sherrer of New York City, a friend of the groom was the best man. His ushers were, the bride's brother, Jeffrey Kaufer of Whittier, Calif., the bride's brother-in-law, Gary Hertel of Northport, and a friend of the groom's, Timothy Collins of Rochester, New York.

After a honeymoon in Jamaica, the Kain's will reside in Lake Hiawatha, New Jersey.



On Thursday, September 14, Woodland Ave. once again started their hot lunch program. This would not be possible without the help of the Woodland Ave. P.T.A. hot lunch committee, Steve Ocuto and volunteers.

Our children all look forward to this once a month program with great enthusiasm and pleasant smiles.

Mrs. Starnes Sixth grade girls enjoying their hot dogs and potato chips. Liza Entel, Maria Raspanti, Christine Pagano, Barbara Dipaola, Lorraine Dammes, Nicole Boukas, Bridgette Doyle, Yae Kono.

LEGAL NOTICE

HORNERSVILLE ASSOCIATES—Substance of Certificate of Limited Partnership signed and acknowledged by

1 of the partners and filed in

... Nassau County Clerk's Office on September 6, 1984.

Name and principal office in the partnership is Hornersville Associates c/o First Stratford Corporation, 410 Jericho Turnpike, Jericho, New York 11753. Its business is to purchase, own, operate, lease and sell residential real property. The term of the partnership is 60 years from the date of filing of the Certificate in the Nassau County Clerk's Office. The names and residences of the General Partners, of the Limited Partners, and the cash contributions are as follows:

General Partners: First Stratford Corporation, 410 Jericho Turnpike, Jericho, New York 11753 and Richard H. Reiben, 15 Circle Road, Muttontown, New York 11791, cash contributions \$500 each. Limited Partner: Barbara Weiss, 2078 Edge Road, Muttontown, New York 11791, cash contribution of \$100.00.

No other property is contributed and no additional contributions are agreed to be made by the Limited Partner. The General Partners may admit additional Limited Partners totaling no more than 35, upon payment of the sum of \$50,000 per unit for a total of not more than 12 Limited Partner Units. Upon contribution for a total of 12 such Units, the present Limited Partner shall have priority over any other Limited Partner(s) as to contributions or compensation by way of income. The remaining General Partner or Partners may continue the business upon death, retirement or insanity of a General Partner. There is no right of any Limited Partner to demand or receive property other than cash for his contribution. JNJ 7246

6x9/14,21,28,10/5,12,19

LEGAL NOTICE

AMBERWOOD ASSOCIATES—Substance of Certificate of Limited Partnership signed and acknowledged by all of the partners and filed in the Nassau County Clerk's office on August 20, 1984.

Name and principal office in the partnership is Amberwood Associates, c/o First Stratford Corporation, 410 Jericho Turnpike, Jericho, New York 11753. Its business is to purchase, own, operate, lease and sell residential real property. The term of the partnership is 60 years from the date of filing of the Certificate in the Nassau County Clerk's Office. The names and residences of the General Partners, of the Limited Partners and the cash contribution are as follows:

General Partners: First Stratford Corporation, 410 Jericho Turnpike, Jericho, New York 11753 and Richard H. Reiben, 15 Circle Road, Muttontown, New York 11791, cash contribution \$1,000.00 each. Limited Partner: Barbara Weiss, 2078 Edge Road, Muttontown, New York 11791, cash contribution of \$100.00.

No other property is contributed and no additional contributions are agreed to be made by the Limited Partner. The General Partners may admit additional Limited Partners totaling no more than 35, upon payment of the sum of \$36,000 per unit for a total of not more than 35 Limited Partner Units. Upon contribution for a total of 35 such Units, the present Limited Partner shall have priority over any other Limited Partner(s) as to contributions or compensation by way of income. The remaining General Partner or Partners may continue the business upon death, retirement or insanity of a General Partner. There is no right of any Limited Partner to demand or receive property other than cash for his contribution. JNJ 7677

6x8/31,9/7,14,21,28,10/5

Sea Shells Library Exhibit

The Fiction Case of the Hicksville Public Library will contain a display of shells during the month of October. This exhibit has been provided by the Long Island Shell Club and installed by Lilia Cortes.

The Long Island Shell Club was formed to meet the needs of shell collectors on L.I. and to provide a forum where they can meet, exchange ideas and learn more about shells and shell collecting. They meet the fourth Wednesday of every month at 8 p.m. at Tackapausha Museum in Seaford. For further information, call 223-5994. The exhibit may be seen during regular library hours.

LEGAL NOTICE

Notice is hereby given that the persons herein named have formed a limited partnership in the State of New York and elsewhere and have filed a Certificate in the Clerk's Office of the County of Nassau of which the substance is as follows:

1) The name of the limited partnership is LONG ISLAND REALTY GROUP IX.

2) The business of the partnership shall be to purchase, lease, sell, rent and manage real estate.

3) The location of the principal place of business is One Dupont Street, Plainview, New York 11803.

4) The name and residence of each member is:

JULAMAR REALTY CORP., One Dupont Street, Plainview, N.Y. 11803; WALTER EIDELKIND, 63 Old Brook Road, Dix Hills, N.Y. 11746; JEROME EDSON, c/o Eidelkind & Levine, One Dupont Street, Plainview, N.Y. 11803; SAM TARRICONE, 55 Hofstra Drive, Plainview, N.Y. 11803; MARILYN COHEN, as trustee 14 Hazel Avenue, Edison, New Jersey 08817; MARILYN COHEN & DAVID COHEN, 14 Hazel Avenue, Edison, New Jersey 08817; ARTHUR DORMAN, 20 Coldport Drive, Huntington, N.Y. 11743

5) The term of partnership is from April 1984 indefinitely.

6) The amount of cash contributed by each limited partner is as follows:

Walter Eidelkind \$17,000.00; Jerome Edson \$100,000.00; Sam Tarricone \$10,000.00; Marilyn Cohen as trustee \$7,000.00; Marilyn Cohen & David Cohen \$10,000.00; Arthur Dorman \$6,000.00

No other property is contributed and no additional contributions are agreed to be made by any limited partner.

8) Contribution of each limited partner is to be returned upon dissolution.

9) Limited partners shall have the right to assign interest to general partner or to remaining limited partners or to an assignee with consent of a majority of remaining partners.

10) The certificate has been sworn to by all the general and limited partners.

Dated: July, 1984
BN 2371
6x8/24,31,9/7,14,21,28

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Rotary International District 725 Governor Jay W. Becker is shown addressing members of the Hicksville Rotary Club last week on the occasion of his annual inspection of the club. He gave an overall rating as excellent and lauded its efforts and accomplishments, particularly in the area of community service projects. (Photo by Joe DePaola)

Named Asst. V.P. At Westminster Bk

Emily Jean Sheridan of Hicksville has been named an assistant vice president of National Westminster Bank USA, it was announced today by William T. Knowles, President. Mrs. Sheridan is group controller in NatWest USA's Systems Group, with her office located at the Huntington Quadrangle. She joined the Bank in 1977 as a systems analyst and was promoted to systems officer in 1980. Mrs. Sheridan has an assoc-

iate's degree from Suffolk Community College, a bachelor's degree from State University of New York at Stony Brook, and a master's degree and an MBA degree from Adelphi University. She is a member of the National Association of Bank Women, National Association of Female Executives and American Association of University Women. She resides in Hicksville with her husband, Paul.

Birth Announcement

On Thursday, September 6, at 2:27 p.m. the proud parents and the world welcomed the newest member of the Feldman family, of Church Road, Levittown. Keith Bryan. Keith's parents Neil and Carol (nee Sipp), made it to Mercy Hospital with a "whole" 17 minutes to spare thanks mainly to the construction on the parkway.

Keith will be joining and learning from his two brothers, Steven (7) and David (5), everything from schoolwork to sports to helping to drive his parents crazy. Neil and Carol are both formally from Floral Park and have lived in Levittown for almost the past 10 years. Both are very active in various local activities from Carol's involvement with the PTA to Neil's coaching of tee-ball and flag football.

Also extremely happy over Keith's arrival are his grandparents, John and Florence Sipp of Mill Lane, Levittown and Henry Feldman of Floral Park as well as his aunt, uncle and cousins, the Bishop family of Butternut Lane, Levittown and close family friends, the Smith family also of Church Road and the Stenson family of Division Avenue, Hicksville.

Not only do the aboved mentioned wish Keith the best but all of the Feldman family's relatives and friends hope Keith enjoys a long, healthy and happy life.



A strong contingent of nearly 100 members of the Plainview-Old Bethpage Road Runners Club was among the 3336 runners who successfully completed the 8th annual Great Cow Harbor 10 Kilometer Run in Northport on September 15. Ed Gonsalves (32:16, 34th overall), Jack Roden (33:43, 76th overall), Lee Bertram (34:29), Ray Wise (34:31) and Tom Hall (35:09) were the Club's first five finishers at Cow Harbor. The first five POBRR women to cross the finish line were Kim Odell (40:05), Margaret Bertram (40:36), Teresa Gregory (41:37), Doreen Castellucci (42:28) and Pam Grever (43:52). Four POBRRers took home age group trophies from Cow Harbor: Geza Feld (1st, 50 to 59), Pam Grever (3rd, 13 to 19), Jeanne Ofenloch (3rd, 50 to 59) and Bunny Mann (3rd, 60 and over). In photo: POBRRers Pam Grever, left, of Laurel Hollow and Jeanne Ofenloch, right, of Bethpage, proudly display their Cow Harbor trophies.

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movies

THUR., SEPT. 30

9-11:30PM ABC (8 Central/Mountain)

HEARTSOUNDS



JAMES GARNER
MARY TYLER MOORE
HEARTSOUNDS True and powerful love story about a dedicated physician and his wife.

MON., OCT. 1

9-11PM CBS (8 Central/Mountain)

PASSIONS



JOANNE WOODWARD
LINDSAY WAGNER
RICHARD CRENNA
PASSIONS Contemporary romantic drama about a wealthy business man torn between his love for his wife and his mistress, and how his sudden demise pits the two women against one another.

ST. NEIL FUJITA DESIGN

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TUES., OCT. 2

9-11PM CBS (8 Central/Mountain)

OBSESSIVE LOVE

YVETTE MIMIEUX
SIMON MacCORKINDALE

WED., OCT. 3

9-11PM CBS (8 Central/Mountain)

HE'S NOT YOUR SON

DONNA MILLS
KEN HOWARD
JOHN JAMES
ANN DUSENBERRY
DOROTHY MALONE
MICHAEL C. GWYNNE
GEORGE COE

SUN., OCT. 7

9-11PM NBC (8 Central/Mountain)

ROBERT URICH
CYNTHIA SIKES
HIS MISTRESS A romantic drama.

MON., OCT. 8

9-11PM NBC (8 Central/Mountain)



THE BURNING BED

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PAUL LeMAT

THE BURNING BED Powerful, fact-based story of Francine Hughes, a battered wife with three children who ends more than a decade of merciless beatings and humiliations by her husband when she sets fire to his bed and is ultimately tried for murder in a controversial court case.

TUES., OCT. 9

9-11PM CBS (8 Central/Mountain)

TUESDAY WELD
KEITH CARRADINE
PETER COYOTE
SHEREE NORTH
SCORNED AND SWINDLED

WED., OCT. 10

9-11PM CBS (8 Central/Mountain)

SENTIMENTAL JOURNEY

JACLYN SMITH
DAVID DUKES
MAUREEN STAPLETON

specials

THUR., SEPT. 27

9-11PM CBS (8 Central/Mountain)

SIMON & SIMON



SIMON & SIMON Jameson Parker and Gerald McRaney are joined by ole pro Jean-Pierre Aumont for the fourth season's premiere show.

MON., OCT. 1

9-11PM NBC (8 Central/Mountain)
THE TONIGHT SHOW Starring Johnny Carson: 22nd Anniversary.

sports

SAT., SEPT. 29

12:30PM-7 CBS (11:30AM Cent./Mt.)
COLLEGE FOOTBALL The University of Illinois Fighting Illini versus the Iowa Hawkeyes in a Big Ten confrontation at Kinnick Stadium in Iowa City.

3:45PM-7 NBC (2:45 Cent./Mount.)
BASEBALL Game of the Week... featuring contending teams in action.

3:30-6PM CBS (2:30 Cent./Mount.)
SPORTS SATURDAY.

SUN., SEPT. 30

12:30PM-7 CBS (11:30AM C1./Mt.)
NFL Regional telecasts starting at...
1PM NYT: Dallas at Chicago
4PM NYT: N.J. Giants at Anaheim
Atlanta at San Francisco
Philadelphia at Washington
Green Bay at Tampa Bay
Detroit at San Diego
New Orleans at Houston

12:30PM-7 NBC (11:30AM C1./Mt.)
NFL Regional telecasts starting at...
1PM NYT: Miami at St. Louis
Seattle at Minnesota
Buffalo at Indianapolis
New England at N.J. Jets
Cleveland at Kansas City
4PM NYT: Los Angeles at Denver

MON., OCT. 1

9PM-7 ABC (8 Central/Mountain)
PRO FOOTBALL The Cincinnati Bengals at the Pittsburgh Steelers in a fierce AFC Central Division rivalry.

TUES., OCT. 2

Times To Be Announced
ABC
BASEBALL The opening day-night telecasts of the American League and National League Championship series with the Chicago Cubs hosting the San Diego Padres in the afternoon followed by the Detroit Tigers at the home of the still-to-be determined A.L. West champion.

SAT., OCT. 6

4:30-6PM NBC (3:30 Cent./Mount.)
SOCCER Same day coverage of the World Cup qualifying match between the United States and the Netherlands at the United States and the Netherlands Antilles from Busch Stadium in St. Louis Missouri. Charlie Jones hosts.

SUN., OCT. 7

12:30PM-7 CBS (11:30AM C1./Mt.)
NFL Regional telecasts starting at...
1PM NYT: St. Louis at Dallas
New Orleans at Chicago
Minnesota at Tampa Bay
Washington at Indianapolis
Philadelphia at Buffalo
4PM NYT: Atlanta at Anaheim

12:30PM-7 NBC (11:30AM C1./Mt.)
NFL Regional telecasts starting at...
1PM NYT: Denver at Detroit
New Jersey at Kansas City
New England at Cleveland
Miami at Pittsburgh
4PM NYT: Houston at Cincinnati
San Diego at Green Bay
Seattle at Los Angeles

MON., OCT. 8

9PM-7 ABC (8 Central/Mountain)
PRO FOOTBALL The San Francisco 49ers visit the New Jersey Giants in the Meadowlands Stadium.

TUES., OCT. 9

8PM-7 NBC (7 Central/Mountain)

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Eat Yourself Slim



How to combat PMS

By Shirley Bright Boody
Registered Dietitian

Dear Shirley: I am a 38-year-old woman, married with two children ages 9 and 11, and I go crazy just about every month.

Everybody gets on my nerves so badly, and I blow up at the least little thing. I know I am being mean and unreasonable, but I can't seem to help it. I scream at my husband and my kids for no reason, until I am afraid they will all end up hating me — and I really wouldn't blame them. Last month I had a fight with my best friend, and she hasn't talked to me since.

My doctor says there is nothing wrong with me physically. I get so bloated just before my periods, and that is when I feel the worst.

Is there anything I can do to help me stop retaining so much water? Would changing my diet help?

I usually binge on sweets, especially chocolate, colas and pastries, at that time because I feel so frustrated. I also become constipated, but I guess that is because of all the junk I eat trying to make myself feel better.

If you have any ideas or a diet that might help me, I sure would appreciate it. — Mrs. R.P.D.

Dear Mrs. R.P.D.: It sounds as if you are suffering from PMS (premenstrual syndrome) and I suggest you find a doctor who recognizes it and will treat you. There are still some physicians around who tend to ignore the symptoms.

You can find out for yourself if you have PMS by charting your symptoms when you have them. Write down exactly how you feel and the dates. If they are tied to your monthly cycle, and you have symptom-free phases every month between the end of menstruation and the next ovulation, you probably are a victim of PMS.

There are many things you can do that do not need a prescription.

First, talk it over with your family and even close friends. Tell them that you love them, and ask for their understanding of your problem. Just knowing that the miserable symptoms are biochemical in nature, and not a psychiatric disorder, can provide considerable relief.

A change in your diet will help a lot: eat more complex carbohydrate foods such as fruits, vegetables and whole grains, cut down on fats of all kinds, and avoid salt and salty foods. Add a couple of tablespoons of Miller's bran to foods, and this will help avoid constipation.

Eat more frequently. If you go

snacks per day — one in the morning, afternoon and before bed.

Cut down, or even avoid, coffee, tea, colas and chocolate because of their caffeine and xanthine content. Xanthines are substances that tend to encourage breast cysts, and may cause tenderness premenstrually.

Try to reduce stress just before a period. Try to relax and have some fun. Take frequent naps and plan some tension-free activities. Avoid activities that cause you stress or anxiety at that time. Forget the big dinner party, or inviting several extra kids to spend the night.

Get some exercise. Walk, ride a bike, do aerobics, swim or indulge in a favorite sport, at least three times a week. Your moods will be considerably elevated. Make love

to your husband. It will relieve tension and reduce congestion.

NOTICE

HAVE YOU A HIDDEN TALENT that has yet to be discovered in print?

We are looking for articles, not exceeding 3,000 words, on local topics, opinions, ideas, nice places to visit on Long Island, and even fiction. In our magazine section, we will try to "Discover" one new feature length article and writer per week. Each writer will be reimbursed a stipend of \$25.00.

If you want to be published and be part of an issue of *Discovery* you may submit your article to: **Litmor Publications**, 81 East Barclay Street, Hicksville, NY 11801

It's up to us.

New York State is a great state in which to live, work and raise a family. We can be proud of our place in world commerce, industry and in the quality of our lives. But one of our greatest sources of pride is often overlooked, that being our huge forest preserves, wetland and marsh areas, and abundant fish and wildlife.

Now New Yorkers have an opportunity to help protect this unique heritage of wildlife so vital to the quality of life we all enjoy. "Return a Gift to Wildlife" is a program into which you may voluntarily contribute when you complete your state tax form. By checking off Line 18 on the long form or Line 12 on the short form, you can make a contribution to the New York State Conservation Fund. Monies collected have been dedicated by the State Finance Law to the protection, management and extension of wildlife in our great state.

The Need Has Never Been Greater

Hard economic times dictate hard financial decisions. This year, the federal government has already eliminated endangered species aid, jeopardizing the restoration of a number of birds and animals native to New York. In addition, thousands of acres of grassland, wetland,

marshland and forest that are critical to the survival or extension of New York's wildlife are eliminated or disrupted each year. The New York State "Return a Gift to Wildlife" program is an important step towards a lasting solution to these problems and an investment in the future of our wildlife.

An Effective Program

Like the environment which only thrives when the whole ecosystem is addressed, the areas of work to be addressed through tax contributions are broad and comprehensive. The largest single element is earmarked for habitat protection so critical to wildlife perpetuation. A species management program will be strengthened to help maintain all species of fish and wildlife at desirable population levels for human enjoyment. A third element is the public use program which will provide increased opportunities for enjoying fish and wildlife. Lastly, the plan calls for greater awareness development of fish and wildlife values through the creation of better educational resources and information services.

Consider the added dimension wildlife brings to your life. Won't you return a gift through a contribution on Line 18 of the long form or Line 12 of the short form of your State tax return. Your gift is tax deductible on your 1983 tax return.



Return a Gift to Wildlife

 N. Y. S. Department of Environmental Conservation



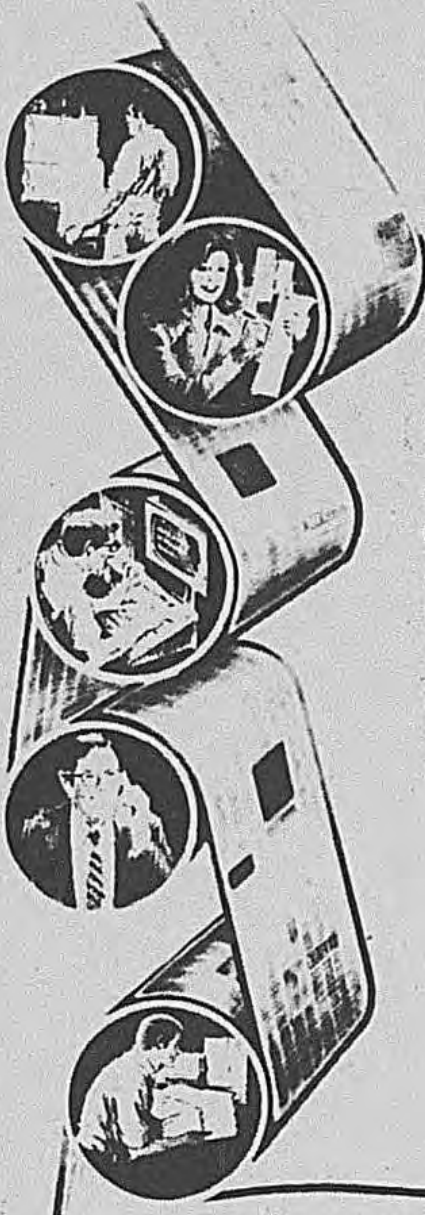
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Art Works Library Display

During the month of October the Hicksville Public Library will display the works of Alice Riordan in the Lobby Case of the library. This exhibit has been provided by the Town of Oyster Bay Cultural and Performing Arts Division.

Mrs. Riordan received a B.A. in Fine Arts at C.W. Post College, M.A. in Art Education at Adelphi, attended the Visual School of Design, the New School, Sculpture Center and studied with George Gach and Angelo Bona. She has received awards from the Allied Artists of America 70th Annual Exhibit, Chiam Gross Foundation Award, Suburban Art League, T.O.B. 1st award - Sculpture 1983, National Art League, 1st Award - Sculpture 1984, Independent Art Society, Award of Excellence 1983, and Salamagundi Club 1984, 1st Honorable Mention. In addition Mrs. Riordan has exhibited her works in many notable places. Viewing this beautiful exhibit is worth a special trip to the library. This exhibit can be seen during regular library hours.

Counseling Offered To Local Residents

In line with its continued efforts to provide services to all age groups and help to families with a variety of problems, the Ecumenical Consultation Center, 30 Grand Avenue, Hicksville, is planning to conduct more groups for caregivers of aging parents this fall. The Center had a very successful series of group sessions this past spring designed for adult children dealing with caregiving tasks. The group sessions helped the participants to find answers to many questions that caregivers of aging parents are struggling with every day. The group members found that sharing their concerns with each other and obtaining some guidance and information from the group leader made their task a little easier.

Those interested in joining a new group starting in October may call Vera Cakars, ACSW at the Ecumenical Consultation Center - 935-4437 before October 15, for information and registration.

Storytime Helps Reading Readiness

Children who attend library storytime programs acquire improved listening and language skills, enhanced appreciation for the world of books, and more developed social capabilities. According to Elinn Greene and Julie Cummings of the American Library Association Research and Development Committee, "Library storytime participation for young children contributes to enhance intellectual growth and higher achievement in school."

At the Bethpage Public Library, weekly Pre-School Storytime sessions will begin on Thursday, October 4, and Friday, October 5, for children aged 3½ to five years who have had their third birthday before April 30. The programs will include stories, songs, puppet fun, films and games - an exciting potpourri of pre-school adventures and will be held from 10:30 to 11:15 a.m. Registration is now being held in the Children's Room of the Bethpage Public Library.

Saturday Storytime for youngsters in grades K through three will begin on Saturday, October 13, at 10:30 a.m. This program will also include stories, a sampling of children's music, crafts, puppet fun, creative dramatics, films, games, magic tricks and more. No registration is required.

Participation in all Storytime Programs is limited to residents of District #21. For further information, please call 931-3907.

LEGAL NOTICE NOTICE TO BIDDERS

The Board of Education of Hicksville Union Free School District of the Town of Oyster Bay, Nassau County, New York (in accordance with Section 103 of Article 5-A of the General Municipal Law) hereby invites the submission of sealed bids on Audio Visual Supplies 1984/85:24 for use in the Schools of the District. Bids will be received until 2:00 p.m. on the 11th day of October, 1984, in the Purchasing Office at the Administration Building on Division Avenue at 6th Street, Hicksville, New York, at which time, and place all bids will be publicly opened.

Specifications and bid form may be obtained at the Purchasing Office, Administration Building, Division Avenue at 6th Street, Hicksville, New York.

The Board of Education reserves the right to reject all bids and to award the contract to other than the lowest bidder for any reason deemed in the best interest of the District. Any bid submitted will be binding for forty-five (45) days subsequent to the date of bid opening.

**BOARD OF EDUCATION
HICKSVILLE UNION
FREE SCHOOL DISTRICT
Town of Oyster Bay,
Nassau County, New York
Jane Wilder, District Clerk**

Dated Sept. 24, 1984
MIT 1730
1x9/28

THE OFFICE CAT

By Gabby Tabby



THE COUNTY is going to pass a law to limit its liability on potholes in parking lots. Presently there is a law that if the county has not been notified of a pothole in a road, and you have damages because of it, that you cannot sue. The county wants to get the same protection on its parking lots. Too bad the emphasis is not more on fixing the potholes than sticking the person with damages from them. **DEMOCRATS** are very worried this election. With the predictions of a Reagan sweep the Dems may lose Assembly and Congressional posts on L.I. and it has very few to lose. **THE SENIOR** Day Care Center at 36 Church St., Syosset is sponsoring a Chinese Brunch on Oct. 28 at the Hunan Star restaurant. Tickets are \$15 per person and must be ordered by Oct. 15. Because of a postal regulation newspapers cannot give information about the cash drawing that will be conducted at the brunch, so we won't mention it. **BEST WISHES** to our Jewish friends on the New Year 5745 (which we have included to prove that we do know what year it is). **THE WEEKLY CRIME** report is printed as a public service to alert residents of where crime is taking place in the area and as an aid in the Neighborhood Watch. Anyone seeing suspicious activity should phone 911. **BURGLARS** broke into the Stack O'Barley Restaurant 646 S. Broadway, Hicksville on Sept. 19. They stole \$800. The method of entry is unknown. **BURGLARS** broke into the Busch residence 66 11th St., Hicksville on Sept. 20. Entry was by a rear door. The only thing reported missing was a letter. **A TV** hedge cutters, liquor and a blender were stolen from the oehm residence 5 Westminster Rd., Syosset on Sept. 20. Entry was by breaking glass in the rear door. **BURGLARS** broke into the Wurzel residence 2 South Gate, Hicksville on Sept. 21. They came through the side door and stole cash and jewelry. **ON SEPT. 22** burglars broke into the Orloff residence 12 Orchard Dr., Woodbury. They stole jewelry, cash, silverware and bonds. The means of entry is unknown. **BURGLARS** broke into the Novatt residence Sept. 22. They came through a rear door. The loss is unknown. **THREE** TV sets were stolen from the Martinez home 46 Crestline Ave., Bethpage on Sept. 15. Burglars came through a rear door to gain entry. **FOUR** telephones and two coffee machines were stolen from offices at 6 Commercial St., Hicksville on Sept. 17. Entry was through a side door. **BURGLARS** came through a rear window of the Mattler residence 28 Serpentine Lane, Old Bethpage on Sept. 17. A VCR and TV were stolen. **BURGLARS** broke into the Healy residence 2 Totten St., Bethpage between Sept. 13 and 17. A rear window was used to gain entry. Stolen items included currency and jewelry. **BURGLARS** broke into an auto sales co. at 4160 Hempstead Turnpike, Bethpage between Sept. 17 and 18. They came through a rear window and stole a Chevy Camaro and six sets of auto keys. That's all the news for now...G.T.

National 4H Week Oct. 7-13

October 7-13 is National 4-H week. Since 1914, 4-H has been helping youth across our nation develop skills that are useful throughout their lives, both at home and in the job market. The project theme for 1984 is "Back to Basics".

Are rockets your interest? Would you like to learn how to plan and cook a meal, discover the names of those sea shells you collected this summer, or maybe you like flowers and plants? How about making your own wooden tool box?

Come and find out on Recruitment Night, Thursday, October 4 at 7:30 p.m. at Levittown Hall.

For further information call the 4-H Plainview office at 454-0904.

Oil Paintings On Display

The Hicksville Public Library will display oil paintings by Patricia Shin in the Community Room of the library during the month of October. This exhibit is provided by the Rotational Art Exhibition, Town of Oyster Bay, Cultural and Performing Arts Division. The oil paintings can be seen daily and Saturday from 10 a.m. to 5 p.m. and on Sunday from 1 to 5 p.m.

Bus Trip To Museum

The Hicksville Public Library is attempting to arrange a bus trip to the Metropolitan Museum of Art for the Van Gogh in Arles Exhibit. The date selected is Friday, December 7. The cost is \$14.00 per person and this will include entrance to the exhibit and to the museum. The bus will leave at 9 a.m. and return at 5 p.m. Parking is in Field #7 behind Chroma Paint Store on Broadway in Hicksville where the bus will be boarded. Checks or money orders to be paid at the Circulation Desk during regular library hours. For further information, call 931-1417. No refunds unless trip is cancelled.

LEGAL NOTICE

NOTICE IS HEREBY GIVEN that an Order signed by the Supreme Court, Nassau County, dated Sept. 14, 1984, Index #15765184, a copy of which may be examined at Clerks office, Mincola, N.Y. grants me the right effective Oct. 26, 1984 to assume the name of Michael Donald Sheehan. My present name, address, date and place of birth are as follows: Michael Donald Ralph, 4 Dikeman Court, Hicksville, N.Y. born, Dec. 13, 1979 in Houston, Texas.
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YOU CAN'T BEAT IT!..



Our Children

Prevent poisoning accidents

By Willard Abraham
Ph.D.

Q. A neighbor of mine taught me a lesson that I hope you will pass on to other parents. A little girl of hers became deathly ill because she swallowed a mouthful of pills that she thought were candy. As a result she almost died on her way to a hospital emergency room.

Thank goodness, she was saved, and I now take all the necessary precautions to make sure that my young children don't meet the same poisoning fate.

Please tell your readers to lock them up, hide them away, keep them in child-proof bottles or packages, don't mess up the labels — and get some more hints from their own family doctor. They should do it right now, without waiting until their next office visit.

But it isn't only medicines that can be a problem. So can household cleaners and insecticides, gasoline, drain cleaners and maybe even furniture polishes that look like sweet syrups.

Perhaps by writing to you I'm butting into other people's business, but poisoning accidents are so unnecessary and so easy to avoid. So please forgive me.

A. Forgive you? No need to. A sincere, resounding thank-you instead.

I've been on the auto safety belt soapbox in recent months, and there's room for you to step up on it with your important advice. Thousands of parents who have lived through the trauma of the home poisoning of their young children wish they'd had — or listened to — the suggestions you offer. At least as many others can avoid the scare and danger as they will now listen, and go into the rooms where the dangerous items are and hide them, lock them up and/or throw them out.

Q. Is it possible for a 10-year-old to be turned off by school to the point that he rebels against going every morning? We have a hassle each day to get him up, dressed, fed and out of the house. He does get there (we've checked on that) but the situation isn't getting any better. It's not any worse, either — just plain bad.

We really need your help.

A. Psychologists often agree that all behavior is caused by something. So it may be time for a parent-teacher conference to see whether his teacher has any idea why he has developed this negative attitude.

It could be due to some school-work that is difficult for him, a disagreement with one or more

other children, or even a personality conflict between the teacher and him. It might perhaps be a health factor that your family physician should check.

In educational circles teachers sometimes talk about "the fifth-grade plateau," a time when some children develop negative feelings against their schoolwork. It's a stage at which subject matter emphasis may take over from creative involvements of the early grades.

His teacher and perhaps the school psychologist or counselor might be able to shed some light on this situation.

Q. Our 6-year-old has a hard time telling the truth, and we have a hard time living with her lies. She makes up all kinds of stories about her friends, what she does at school and the dolls and stuffed animals with which she plays.

Do you have some ideas you can share for handling this matter?

A. Because you know she is exaggerating (a polite way of putting it) you can ask her questions that might guide her toward the truth about specific incidents, people or far-fetched stories she shares with you. Through your questions and conversations she may begin to realize that what she has been telling you really didn't happen.

Young children frequently create imaginary situations and friends, a creative activity that we may not want to destroy totally. But through our careful adult probing, without letting a child know that we doubt the truthfulness of his remarks, they can gradually learn to separate fact from fiction.

Accusing a young child of lying and getting into a confrontation situation with him or her can be unpleasant and may not be at all helpful.

In Service

Pfc. Tera Harper son of Marilyn Harper of 39 Bunker Lane, Hicksville, has completed training as an Army military police specialist under the one station unit training (osut) program at Fort McClellan, Ala. OSUT is a 13 week period which combines basic training with advanced individual training.

Students were trained in civil and military law, traffic control, map reading and self-defense.

Your Social Security



When to file disability claim

Q. My husband has just found out he has terminal cancer. Does he have to wait the five months before he files a disability claim? — S.T.D.

A. An application for disability benefits should be filed as soon as it appears likely that the condition will prevent all substantial gainful work for at least a year. Checks start with the sixth full month of disability.

Q. My birth certificate was lost in a fire. I do have my driver's license, marriage and divorce papers. What else do I need to prove my age? — W.E.

A. Preferred evidence is a public record of birth or a religious record of your birth or baptism recorded before age 5. Other records that might be acceptable include school, state or federal census, employment records, insurance policies, immigration and naturalization records. Only original records or copies certified by the issuing agency can be used. Your local Social Security office can tell you what other kinds of documents are acceptable.

Q. My neighbor told me that the money I get for selling vegetables counts as income and affects my SSI. Is that true? — G.V.

A. Home produce used by your household for your own consumption is excluded from income. This exclusion does not apply to the proceeds of any sale of home produce. Proceeds from the sale would be considered earned income.

Q. I worked for four years in the railroad industry, which isn't long enough to qualify for an annuity from the Railroad Retirement Board. Are these four years just lost or is there some tie-in with Social Security? — W.B.

A. There is close coordination between the Social Security Administration and the Railroad Retirement Board. If you have less than 120 months railroad service, the railroad earnings can be used along with your other earnings in figuring your Social Security benefit. Contact your local Social Security office for additional information.

Half the price of a postage stamp. That is all this newspaper cost you per week delivered to you by mail.

Gleeb Paul Lowmyer



Good morning, students. Welcome to the semester. I'm Mr. Straight, your new no-nonsense teacher...

...Here are the ground rules: We'll spend our energies on the fascinating process of learning and not on disruptions. Order and discipline are in; permissiveness and do-your-own-thing are out—and this means no wisening-off, no gutter talk, no smoking, and no use of illegal drugs...

...And, to improve your self-image and the appearance of this room, there will be no grungy, weirdo and eye-offending grooming—and if you don't know what constitutes "grungy, weirdo and eye-offending," see me after class and I'll explain it to you...

...And finally—regardless of sex, race, color, creed, nationality and ethnic background—everyone in this classroom is entitled to equal punishment.

Local Woman Named Bank Exec.

Glorienne Hutchings has been named an assistant treasurer of National Westminster Bank USA, it was announced today by William T. Knowles, president.

Mrs. Hutchings is assistant manager of NatWest USA's Plainview Office, located at 565 South Oyster Bay Road. She joined that Office as note teller in 1972 and was named platform assistant in 1977.

Mrs. Hutchings, a member of the National Association of Bank Women, resides in Hicksville, with her husband, Sherman. They have two children.

LEGAL NOTICE NOTICE TO BIDDERS HICKSVILLE

WATER DISTRICT
Notice is hereby given that
SEALED PROPOSALS for:
REPAIR OF GUNITE
GROUND STORAGE TANK
AT PLANT NO. 5

will be received by the **BOARD OF COMMISSIONERS** at the **HICKSVILLE WATER DISTRICT** at the office of the Board, 4 Dean Street, Hicksville, New York, until 7:00 p.m. on Thursday, October 11, 1984, at which time and place they will be publicly opened and read.

Instructions for Bidders, Proposal, Plans, Specifications and Contract Forms may be obtained at the office of the Hicksville Water District, 4 Dean Street, Hicksville, New York, on or after Thursday, September 27, 1984. A deposit of Twenty-Five (\$25.00) is required for each set of documents furnished, which will be refunded to bidders who return plans and specifications within ten (10) days in good condition; other deposits will either be partially or not refunded.

Each proposal submitted must be accompanied by a certified check or bid bond, payable to the **HICKSVILLE WATER DISTRICT**, in a sum equivalent to five percent (5%) of the total amount of the bid, and a commitment by the Bidder that, if his bid is accepted, he will enter into a contract to perform the work and will execute such further security as may be required for the faithful performance of the contract.

The Board of Commissioners of the Hicksville Water District reserves the right to reject any or all bids, to waive any informalities therein and to accept the bid which, in its opinion, is in the best interests of the Water District.

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HICKSVILLE
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Dated: September 27, 1984
MIT 1728
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Hicksville Jr. H.S. Hosts Open House

On September 20, Principal Gerald Klein, welcomed parents who followed their children's schedule for the purpose of meeting the Hicksville Junior High School teachers. During the lunch periods in the cafeteria, Mr. Klein emphasized the need for cooperation on the part of parents in developing educational attitudes in their youngsters. "Teachers and parents working together provide the best possible education. The end result in education is better if the child knows parents are concerned and share with teachers."



Mrs. Norma Gerky and Mrs. Arlene Rudin, School Board member, participate in PTSA membership, which is crucial for partnership.



Left to right: Mrs. Janet Jennings and Mrs. Kathy Pargas discuss their children's programs.



Parents listen to Mr. Brazzell outline course requirements for 8th grade American History students.



Maria Hlavaty, Michael Sposato, front, Kelly Lohmeick, Jessica Garneta, Kina Bacchi, Kim Hetner, Jennifer Nuzista, and Debbie Kelly were Student Council members who served refreshments in Cafeteria.



Left to right: Mike Roth, Treasurer of Junior High National Home Society, Jennifer Tower, President and Scott Epstein, a member helped parents to their designated areas.



Mrs. Marie Marshall, Science Chairperson and Director of the Gifted and Talented Program, explained the 9th period Gifted and Talented Program course offerings and stated the requirements. Students do not receive a grade but participate in 6 sessions a month. Attendance is taken, the workshops are over at 3 p.m.

Engelhard Hits Lent Conflict

Sheldon Engelhard, Democratic candidate for Congress in the Fourth District, today called upon the House Ethics Committee to re-examine the question of whether a conflict of interest exists as a result of Congressman Norman Lent's wife taking a lobbying job with NYNEX.

"I think this telephone connection is truly a wrong number," Engelhard stated. "Lent is the ranking Republican on the House Commerce and Energy Committee which has an important role in legislation affecting telephone companies. Yet he blithely states that there is no conflict of interest and refuses to disqualify himself from any votes."

Engelhard said that Senator Javits' wife took a similar job representing Iran a few years ago but resigned shortly after the arrangement became a matter of public debate.

"Apparently Mr. Lent lacks the sensitivity of Jack Javits," Engelhard said.

Engelhard stated that "the zeal shown by the House Ethics Committee in voting to investigate Geraldine Ferraro is somehow in short supply when it comes to Lent."

"I want the Ethics Committee to be an Equal opportunity investigator," Engelhard said. "Mrs. Lent deserves no less attention than Mr. Zaccaro."



Board President, Mr. William Bennett, chats with parents.

Sanit Schedule Not Interrupted

Town of Oyster Bay sanitation collection will not be interrupted by the Monday, October 8, observance of Columbus Day, according to Town Councilman Kenneth S. Diamond.

"While Town government offices will be closed on October 8, residents having Town sanitation collection can expect their regular pickup," Kenneth S. Diamond stated. "Residents should note that all Town park facilities will be open on Columbus Day."

Two Films Scheduled

On Friday, September 28, at 8 p.m., the Hicksville Public Library will show the film, "Trading Places." Dan Aykroyd plays a snooty young blueblood who runs a Philadelphia brokerage house, and Eddie Murphy plays a con man - beggar who disguises himself as a blind, legless Vietnam veteran. The two don't exactly trade places; they're traded, by a pair of heartless, rich old brothers (Ralph Bellamy and Don Ameche) who have made a heredity-versus-environment bet. The film comes to a rousing, slapstick finish with the younger guys rich and the old skinflints punished. This film will be shown in the Community Room. There is no charge for admission and everyone is invited.

Saturday, September 29 at 8 p.m. the Hicksville Public Library will show the film, "Best Boy." Best Boy is a feature length documentary about a 52 year old mentally retarded man named Philly and his aged parents. The film follows Philly's long overdue progress towards independence, at school, at summer camp and finally to a residence for retarded adults - after spending almost all his life with his extremely protective parents. This film will be shown in the Community Room. There is no admission charged and everyone is welcome.

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Sunday Openings Planned For Library



The Hicksville Public Library will resume opening on Sunday beginning Sunday, October 7 through May 19, 1985. Library hours on Sundays are 1 p.m. to 5 p.m. and both Adult and Children's libraries will follow this schedule.

LEGAL NOTICE

Oxford Resources Group,
Substance of a Certificate Limited Partnership filed with the Nassau County Clerk's Office on August 24, 1984. Name and principal office of the Partnership: Oxford Resources Group F, 175 Crossways Park West, Woodbury, New York 11797. Business of Partnership: Purchasing, leasing, financing and sale of automobiles and other motor vehicles. The General Partner and Contribution: Oxford Resources Group Zeta, Inc., 175 Crossways Park West, Woodbury, New York 11797, 59,091. Limited Partner and Contribution: Ocilla Industries, Inc., 3000 Marcus Avenue, Lake Success, New York 11040, aggregate of \$900,000, \$150,000 paid on August 23, 1984 and the balance in installments from October 1, 1984 through February 1, 1985. Term of Partnership: August 23, 1984 to December 31, 1994, unless sooner terminated by (a) the termination of all vehicle leases of the Partnership and the disposition by the Partnership of substantially all of its vehicles or (b) the retirement, dissolution, insolvency or bankruptcy of the General Partner where the Limited Partners do not elect to continue the business of the Partnership. There is no priority in distribution among Limited Partners. The Limited Partners are to receive 99% of the income each year. After the provisions of reasonable reserves, it is agreed that there shall be distributed to the Limited Partners, within 90 days after the beginning of the sixth and seventh fiscal year of the Partnership the lesser of (i) 50% of the Partnership income for the prior fiscal year as reported for Federal income tax purposes and (ii) all of the unreserved cash of the Partnership as of the last day of the prior fiscal year. There is no right of a Limited Partner to demand property other than cash in return for its contribution. In the event of dissolution, retirement, bankruptcy or insolvency of a General Partner, all of the Limited Partners may agree to continue the Partnership business. No additional substitute Limited Partner will be admitted except with the prior consent of the General Partner and the execution of required documents.

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Road Runners Fashion Show

Nobody has ever doubted the running and road racing skills of the Plainview-Old Bethpage Road Runners Club, but on September 18, they proved that they've got considerable other talents as well.

Supervised by Fashion Show Coordinator Julie Shapiro, a select group of volunteers POBRRC fashion models displayed the latest in running and aerobic fashions for the fall and winter seasons at POBRRC's 5th annual Fashion Show and Running Shoe Critique. Nearly 200 Club members and their guests were on hand for the fashion display, which was followed by a critique of the new model running shoes by Larry Davidson. The fashion outfits were provided by Woodbury Super Star Sneakers and Sports from their full line of Gore-Tex and nylon running suits, aerobic outfits and accessories.

Among the highlights of the evening were David Canner modeling a pair of skin tight striped tights that would attract attention at any race, followed by Nancy Ackley, Teresa Gregory, Pam Grever, Doreen Castellucci and Helene Stopek displaying a colorful collection of aerobic outfits. Some of POBRRC's younger stars--Michael and Chris Grever, Shane Brenner, Jessie and Pam Stopek and Robin and Rena End, and a very precocious 2 year old Kevin Odell--were also on hand to model children's' running outfits.

Other volunteer models included Dave Birdoff, Karen Brenner, Bruce Canner, Toni Daley, Howie Ebert, Sharon End, Ira Eskow, Liz Flahavan, Howie

Greenberg, John and Nancy Grever, John LoScalzo, Bunny Mann, Jack and Mimi Mayo, Joe

Rottino, Gladys Simonsen and Tony Tito.
Look out Paris--here comes POBRRC!



Julie Shapiro, center, introduces young models Pamela Stopek, right and Robin End, left.



Models Margaret Bertram, left, and Liz Flahavan, right.

Career Health Lectures Scheduled

Central General Hospital Explorer Post is seeking youth 14-18 who are interested in one of the health care professions. The

Post will hold an Open House meeting on Thursday, October 4 at 7:30 p.m. in the Lecture Hall at Central General Hospital.

we're celebrating Helpful tips on kitchen remodeling

The first thing to consider in remodeling a kitchen is what's wrong with it. The second is what you'd like to add, subtract or edit to make it workable and more attractive.

Few kitchens in older homes have enough storage or counter space. They're dimly lit, have inadequate ventilation and inefficient appliances. They need help!

So, sometimes, does a kitchen in a relatively new home if it doesn't suit your lifestyle. It may have been designed for a family of three, and yours is a family of six in which five of the six like to cook.

How many people will use the kitchen is an important consideration in determining its layout. You may need two sinks, to accommodate a salad chef at the second or a bartender if the kitchen is to be an entertainment center as well as a place to prepare food.

Two cooking centers, too, can be a convenience if one member of the family likes to bake and another to barbecue, or if the children clamor for snacks while you're preparing the main course for company. They can use the microwave, you the conventional or convection oven.

What used to be a simple enough matter of laying out an efficient work triangle - a triangle of not more than 22 nor less than 12 feet between sink, refrigerator and range - has become complicated by the fact people are spending more time in the kitchen.

Using it more and enjoying it more requires satellite centers. A planning center, perhaps, that incorporates a computer: where do you put it?

People with a flair for design and a talent with tools can make even a remodeling that entails structural renovation a do-it-yourself project. But more of us need help from start to finish of an under taking likely to consume anywhere from three weeks to three months.

The expert to employ is a kitchen specialist, one who is identified by the initials C.K.D. as a Certified Kitchen Designer, or whose firm is a member of the National Kitchen & Bath Association, the trade organization of the kitchen/bath industry.

Look in your telephone book or in the advertising pages of the newspapers you read for names and addresses, then visit showrooms where you can see complete kitchens. To belong to the NKBA, a kitchen/bath dealer must have at least two complete settings, plus product displays to let you know what's new and available.

Tell the kitchen specialist your problems, and he (or she) will give you some verbal solutions without charge. Some also sketch floor plans at this point.

More, however, come to your home to take precise measurements before designing a layout based on your answers to host of questions, and scaled to your budget.

Once you've approved the plan, including its component costs, you'll sign a contract and your cabinets and appliances will be ordered for delivery on a set schedule.

The normal calendar requires a 40 percent payment when you go to contract, 50 percent when installation commences and the final 10 percent upon its completion. This varies, however, as does the matter of design fees.

Most kitchen specialists - like architects and interior designers - charge a retainer deductible from the cost of the over-all project. Should you change your mind about remodeling, opt for another contractor or elect to do some of the work yourself, all you'll have paid is the design fee.

To have a professionally planned kitchen is worth it!

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Bethpage Students Receive Commendation

Bethpage High School has been notified that seven of its seniors have been designated as Commended Students in the 1985 Merit Program. Mr. George McElroy, principal announced today that Jennifer A. Blades, Karen A. Buck, Perry N. Fishkind, Patrick McCaffrey, Howard J. Mertz, Jane S. Portegal, Karen A. Schrage placed in the top five percent of over one million participants in the 30th annual competition and will receive a Letter of Commendation in honor of outstanding promise for future academic success.

An officer of National Merit Scholarship Corporation (NMSC), which administers the program, stated that, "The exceptionally high test performance of young people who are named Commended Students in the extremely competitive Merit Program is deserving of recognition in their communities. To acknowledge the attainments of academically talented students and to credit schools for the part they play in the development of these youth are important in a nation that values excellence. We sincerely hope that their accomplishments thus far will motivate these students to pursue higher education and to acquire the skills they will need to become productive adults and contributing citizens in a free society."

Participants entered the current Merit Program by taking the PSAT/NMSQT in the fall of 1983, when most of them were juniors. Although the qualifying test scores of the 35,000 Commended Students designated nationwide were very high, they were slightly below the level required for Semifinalist standing in the competition for some 5,500 Merit Scholarships to be awarded in 1985. The 15,000 Semifinalists in this year's competition were announced publicly by NMSC on September 13.

Jr. Stamp Club At Beth Library

On Monday, October 15, the season's first meeting of the Junior Stamp club will take place at the Bethpage Public Library.

Under the guidance of Sol Hecht, stamp expert and junior stamp club leader and teacher for eight years, District #21 youngsters in grades 4 and up will have an exciting time finding out about the world of stamp collecting-about history, geography, stamp values and much more. At each session, there will be stamp games, a variety of prizes and surprises, and the final session of the club will be enlivened by a gala stamp party.

The Junior Stamp Club will meet approximately every second Monday at 4:00 to 5:15 p.m. through the end of May. Registration is limited and is being taken now at the Bethpage Public Library. For information call 931-3907.

Superior Officers Endorse Mosca

The Superior Officers Association of the Nassau County Police Department has endorsed Oyster Bay Town Councilman Salvatore R. Mosca's candidacy for Family Court Judge.

A lawyer and engineer from Bethpage, Mosca has been a member of the Oyster Bay Town Board since April, 1971. Prior to his appointment as Councilman, he was a Deputy Town Attorney. He holds a Juris Doctor Degree from Brooklyn Law School and a Bachelor Degree in Mechanical Engineering from New York University.

Mosca is a member of the Nassau County Criminal Justice Coordinating Council, the Nassau County Bar Association, the Elks, Bethpage Rotary, and the Sons of Italy. He is the first resident of Bethpage to receive a judicial nomination.

'Fanny Crosby' At Trinity Lutheran

Wenda Sereos will be appearing in the film, "Fanny Crosby" on Tuesday, October 2, at 7:30 p.m. and Wednesday, October 3, 9:30 a.m. at Trinity Lutheran Church, 40 W. Nicholai Street, Hicksville. Ms. Sereos will be making a guest appearance at both showings.

This Ken Anderson production is based on Fanny Crosby's experiences from her years as a teacher at the New York Institute for the blind. Wenda portrays the blind Fanny Crosby who attended the Institute as a child and later returned as a member of the faculty. Some of the songs of this famous hymn writer that have been sung thousands of times are, "Blessed Assurance," "Near the Cross," and "Pass Me Not O Gentle Saviour."

Ms. Sereos was born and raised in Hicksville and presently resides in Chicago with her husband, The Reverend William Sereos, and their two children, Jenine and Jason. She is the daughter of Bill and Irene Gropp of Hicksville.

She began her career Off-Broadway and is most recently appearing in Christian films, on T.V. in Chicago, and on the Moody Bible "Family Bookshelf" radio series.

The Mid-Island community is invited to attend one of the two showings at Trinity. The church is located north of Old Country Road between Jerusalem Avenue and Broadway, in Hicksville. Call 931-2225 for more information.

Diocesan Rally Set For Oct. 6

The Legion of Mary at St. Ignatius Loyola Church in Hicksville cordially invites all parishioners to attend the Diocesan Rosary Rally and Mass on Saturday, October 6, at 1 p.m. at Roosevelt Raceway.

Bishop McGann will preside and concelebrate the mass.

Admission is free and there is plenty of free parking.

12 Seniors Commended

Hicksville High School has been notified that 12 of its seniors have been designated Commended Students in the 1985 Merit Program. Principal Richard Hogan announced today that the following students placed in the top five percent of over one million participants in the 30th annual competition and will receive a Letter of Commendation in honor of outstanding promise for future academic success.

Joseph A. Baggett, Kenneth M. Dircks, Robert A. Dircks, Ronald A. Fleming, Barbara Graber, Kathy M. Jonason, Brian S. Lynch, Marcy Ann Meyer, Kevin J. Smart, Theresa Solaski, David Sone, Julia E. Whaley.

"The exceptionally high test

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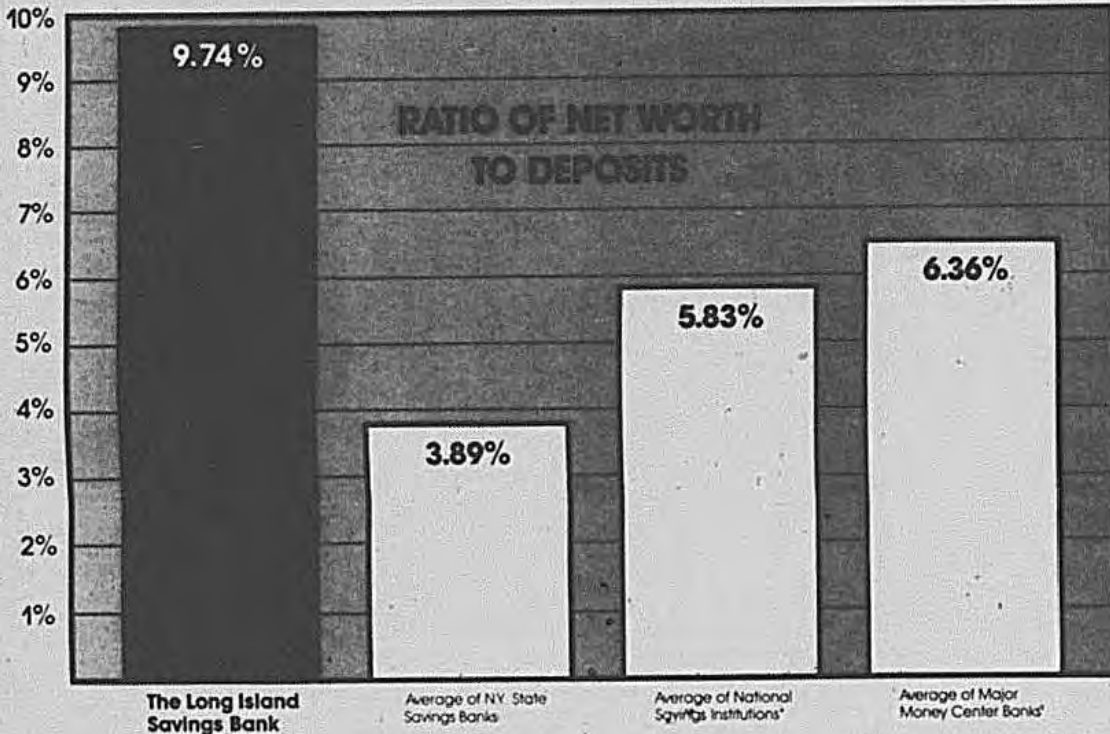
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Friday, September 28, 1984



DISCOVERY



**Androgyny:
Middleground
Of Fashion**

See Page 3



THE QUESTION OF THE WEEK

Do you think that religious issues will affect the outcome of the Presidential election?

RELIGION IN POLITICS



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3. Limit your opinion to five minutes (make notes before calling)
4. Leave your name and telephone, or simply use a pen name. (your message can be anonymous)
5. Publishers reserve the right to edit, modify or omit any and all material.

Input Callers Have Mixed Ideas About Bottle Law

Callers to Input were mixed in their opinion of the bottle deposit law after one year in answer to this question: "One year after the bottle deposit law has gone into effect, do you think it has been worthwhile?" Here are some of the answers:

WRONG IDEA

The bottle law was a misplaced piece of legislation. It put the burden of seeing that bottles and cans are not discarded publicly on the people who do not do the littering. For that reason it is not working out well. What it has turned out to be is a new tax on everything covered by the law and most of the proceeds of the tax go to the distributors who have already raised the price of the beverage. J.E.

OTHER LITTER

There is noticeable improvement that beer cans and soda bottles are not littering the landscape so much as before. But the litter is still there and this law should not have been a substitute or an easy way to stop littering. The laws should be harsher and enforced. Then we will have stopped littering and it makes little difference whether the litter is from empty containers or other rubbish. It should be stopped. N.R.

A HELP

The bottle deposit law has given people who want to do something to help society a way to help and earn money at the same time. There is no other way to get rid of empty containers than to have them returned. People drinking and enjoying the beverages are frequently careless. This gives those who need it extra money for doing something worthwhile. K.T.

AN ACCOUNTING

We waited a long time for a beverage bill and now that we have it we should make the deposit higher so that people will just have to return the bottle. The industry should have to give an accounting for the windfall unredeemed deposits and the extra money should be given for cleanup of the landscape as it was intended by the deposit law. G.R.

DICTATORIAL

No. Not by a long shot has the bottle law been a good one. It is another of those big brother laws generally favored by the super liberals who sneer at democracy. They are always bringing ideas from dictatorial countries and wanting them applied here. People have to be free and a minority should not push laws on the majority because they think the idea is good. We should be careful in not electing officials who have that attitude. With the bottle law most of the elected officials favored it without ever asking the public. We should guard against voting for this type. J.Q.

FAILED

From my own experience, I would say that the bottle deposit law has had some beneficial effect but has failed to accomplish its major aims. Judging by the traffic at the local super-market returns depot, it would seem that the system is working but I believe that most of those who return containers are the people who would give them proper disposal in any event. There are some individuals who obviously scavenge to earn a few dollars but the effect on the streets is still negative and I have traversed enough city and county thoroughfares recently to state that bottles and cans are still very much in evidence. The offenders often go one step further by crunching the cans by hand as a macho gesture I suppose, making it unacceptable for refunds and therefore unattractive for others to reclaim. Finally, this whole operation has added cost to the consumer and I imagine extra profit to dealers and refund machine manufacturers. On balance, I believe that the law has not been worthwhile and should be repealed. P.G.S.

MIXED REACTION

The bottle law in existence for the past year has been beneficial to some and troublesome to others. A lot of young children have taken to collecting bottles and cans as a source of extra income, but others have complaints as far as storing these returns goes. E.B.

IT'S GREAT

Retail store owners are cold to the idea of bottle returns because of the added difficulties. But I'm for it because no my lawn isn't full of broken bottles of all sorts any more. What most people forget is that we had to buy the bottles for years and there was no hassle about it. In fact the deposits gave little children an added income. Sure I'm for it - it's great. It's progress by going back! H.S.

A SUCCESS

Yes, I think the bottle law has been beneficial. Before this law went into effect last year I had previously seen an average of ten soda cans per day unattended to. People earning honest livings would have to be responsible picking up unnecessary cans and bottles. Well, all that has changed. Since the law went into effect I have found a 50% decrease in bottle littering. And even if people leave them in the streets, kids are always retrieving them to cash them in for extra pocket money. All in all I'd say the deposit law has been a success and has made the community a much better place to live in. E.G.O.





DISCOVERY

Androgyny: Middleground Of Fashion



By Harry Schreiner

Androgyny, or blurring between the sexes as regard to women's and men's styles is with us once again. Remember the thirties when we saw Marlene Dietrich wearing tuxedos and men's trench coats and Greta Garbo who loved men's ties and of course, later, Kate Hepburn who wore male tailored clothing in "On Golden Pond" as she has been doing for so these many years. A few daring style pioneers dared to dress the way some of these movie people did, but most women shied away from the masculine look. However, it isn't that way today. From their skin to the outside, many women are crossing over stylewise!

Just look at the ads, the billboards, etc., and you'll see that men's underwear is not even sacred as pretty young models wear skivvy shirts, briefs and shorts designed for males. When a style reporter asked Calvin Klein what they thought about these styles, he was quoted as saying, "We don't think about them." Then Beverly Stephen of the New York News says, "Calvin Klein expects to earn \$70 million from this type of clothes." She mentions "Jockey for Her", the jockey shorts being made for women by Swipes and she said the industry predicts Swipes will realize upwards of \$25 million this year.

Some women interviewed stated they not only are wearing underthings designed for men but they love them so much they are using them for sleepwear. "They are so comfortable," a young girl said, "Not restricting. I've been wearing the undershirts for a long while now and I don't need a bra." Another girl said, "I buy the brand that features an extra long T-shirt and I wear it as a nightie."

Actually, the underwear in a bright bevy of pretty colors doesn't look that different from the bikini briefs in cotton that women have been wearing for some time now. The boxer shorts, however, are something different, at least the Calvin Klein brand is because it features a fly front.

Some women maintain that the idea of wearing a tight undershirt in place of a brassiere goes back to the sixties and the bra burnings, and already some women see this fashion as an example of being co-opted by the establishment. Of course the women who really need a bra will complain that the style was brought out just to glorify boyish and extra slim figures.

Beverly Stephen said she turned to a fashion expert, Anne Hollander, author of "Seeing Through Clothes" for an opinion and Hollander opined that it makes women even sexier to wear something a little bit masculine. "It's a direct erotic challenge."

One woman said she believes the style is a direct result of the exercise years we live in. "What with jogging, aerobics and all sorts of bodily exercises," she said, "wearing men's underwear is like wearing a sort of workout gear, workout gear that is extremely practical. Wearing boxer shorts is like being a boxer or into something athletic. Who wants to perspire into a lacy bra and pretty panties?"

A psychologist told us that this is simply a fad that occurs every once in a while and the reason is that most women know no one will be their underwear but they get an erotic feeling by knowing it is there. "It is like the old story," she said, "about Florenz Ziegfeld who insisted his most glamorous chorus girls always wear lacy underthings. Flo said he realized no one would be peeking under their clothing, but he said they would know and would be sexier, prettier and even conduct themselves differently."

One of the first times women turned to androgyny was right after World War I when they went out and got boyish bobs to prove their equality with men. Thus the garconne or waif style was born. Corsets were out and suspender belts came in. Flappers bound their breasts to look boyish and they smoked in public, crossed their legs in short skirts and kicked up their heels generally. From the utter sensuality and mindlessness of John Held's cartooned flapper, women began to develop stylewise into something smarter as fashion mongers such as Nancy Cunard, Colette, Chanel and others began to dictate. It was still men's but it was chic. Women took to wearing beautiful blazers with pleated skirts, cardigans, ties, and lounging suits and smoking jackets. In the thirties, Marlene Dietrich shocked many women when she came on screen in a snowy white tux in "Blonde Venus", and Katharine Hepburn had her locks sheared to a boyish haircut as she pretended to be a boy in "Sylvia Scarlett", in 1936, but it wasn't really until the sixties that androgyny fought back again and women and men began to opt for unisex haircuts along with bell-bottomed trousers.

Today we look through catalogs such as Spiegel's, Willow Run, Avon, etc., and there are dozens of pictures of models dressed in mannish tailored shirts, bow or regular ties, jackets and suits inspired by male fashions. Stephanie Zimbalist in her TV series, "Remington Steele" did much to bring back the old Sam Spade slouch hats, the felt headgear men used to wear—only now women have claimed it. And of course, now there are tuxes for women and a few (hear this Marlene!) in snowy white. The tank bathing suit by Head in the Spiegel Catalog is a copy of what men used to wear in the twenties before beaches and pools would let them go topless!

Even the personalities of the late seventies and early eighties have reflected the crossover patterns now so popular. Of course there is Liberace, who always wore fur coats and oodles of jewelry, rings, bracelets and so forth, but now we have Boy George the British rock star who fancies women's makeup and braids his long hair. In fact, it is difficult to tell which one or two is the girl in the mixed rock groups today. Movies follow right along with the sex blurring and for fun there was "Tootsie" (with its ancestor, "Some Like It Hot"), "Victor/Victoria", and "Yentl".

When it comes to real style blurs, take a look, if you dare, at the Punk Rock folk's style called "Punk Rock Preppie". Both men and women wear long skinny ties, narrow trousers, hacked off hair in various shades including pink, green and puce, boots, flat shoes or saddle shoes, and long coats.

The New York Times recently quoted Carolyn G. Heilburn, author of "Toward a Recognition of Androgyny", (1973) who said the lifestyle and fashions are disturbing to some people as it was in the sixties but, "what it means is that androgyny is becoming an absolutely essential step to go through in order to free yourself from a prison of gender." She says it is not a blurring or even a blending, it is a step, "toward a liberating idea for many." A stylist concludes by saying she believes this is simply another way to express yourself.

What do you think?

ABOUT THE AUTHOR

Harry Schreiner lives in New Hyde Park. He is a free lance writer who contributes to various magazines and newspapers. This is his sixth contribution to *Discovery*.

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GREAT PLACE

The Chateau Briand in Westbury is a great place to go for a good complete meal. The salad bar at this restaurant is something to behold. It contains all types of salad greens, shrimp, great soup and bread and it alone is enough to be considered a meal.

Then the entrees at this restaurant are fine food. The excellent Italian cooking has everything on the menu from scalloped veal to filet mignon pizzaiola. We went there last week and found that it was one of the best restaurants we have every been to. And the price for all that food was moderate. This restaurant is great. J.E.

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FAVORITE RESTAURANT

Last Saturday night we dined at one of our favorite restaurants, the Executive Restaurant in Mineola. It is better than ever under the new ownership of John and Mirko Pavlovitch, who have been in the restaurant business over 25 years. The place has been newly decorated and they have Hank Fallar at the organ nightly from Tuesday through Saturday. We enjoyed the pickled herring in a sour cream sauce, followed by the best roast prime ribs served with a baked potato and fresh broccoli, done to perfection. The service was excellent, and we would like to recommend this restaurant highly. H.N.

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READER RATINGS



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Q. I have a friend who always wants to know what type of wine is being served even when at a banquet or wedding. Is this right? **K.Y.**

A. Well, it's hard to tell what you mean by asking "Is it right?" It is right to be curious and want to know what brands and flavors of wine are being served. In this way it is possible to know what types of wine to order when out. Most waiters would not be offended in telling you what brand or anything else you wanted to know about a wine.

Q. When older people go to restaurants they frequently cannot eat certain things that are on menus as part of a dinner. Should they ask for something else? **J.D.**

A. Yes, unless the menu specifically says that there can be no substitutions they should ask for alternatives. Many restaurants readily provide things like cottage cheese and apple sauce as substitutions to older diners. And we think more ought to be doing this because it would not cost more, overall, and would make for fuller enjoyment of older people who do not have a choice and must turn down specific foods that doctors have warned them against eating.

Q. When preserves and jellies are served, are they placed on the butter plate or on the dinner plate? **L.C.**

A. These may be served at dinner or lunch with meat and are placed on the side of the plate, as are horse-radish, cranberry sauce, relish, etc. They are incorporated into the fork as the good is taken into the mouth. Only liquid sauces, (mint, Worcestershire, etc.) meant for the meat are poured on it.

Q. In a restaurant, is it okay to leave an extra large tip for especially good service and vice versa for very poor service? Or should one leave the usual standard tip regardless of the quality of the service, whether it is very poor or extremely good? **A.D.**

A. Anyone who works at a job should have pride in what he does and the way he does it. Most waiters and waitresses do an excellent job and try to please their customers. Occasionally, however, one gets surly and inefficient service. I believe in reward and punishment. If you believe the service has been deliberately bad - in effect, no service at all, and if you have the courage to do so, leave no tip. If the service is good, always commend either with a kind word or with a little extra on the tip if you can afford it. While we should think of a tip as additional payment for service, certainly it is not required where the service was nil.

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READER RATINGS



INDIVIDUAL ATTENTION

Edmund's Restaurant in Garden City is a joy to visit. It is in such beautiful decor. But that would not be enough if the food was not good.

This restaurant is different from any that we have ever gone into. All of the service is on a cart with your choice of three entrees or if you want, all three in one meal. The three in one is really unusual and it certainly saves you making a big decision. In addition, the meal includes salad and a vegetable.

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G.W.



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This newspaper, and the seven other weekly newspapers associated with it, publishes the last word in restaurant guides... a paid listing of many prominent selected restaurants in this area. While many of them have been rated by the great and near great food connoisseurs, our readers will have the last word through "Reader Ratings".

Through a special 24 hour phone system, readers will be asked to call in their assessment of each restaurant they visit. Consensus ratings (good or bad) will be published as a continuing part of the guide.

In addition they can make suggestions, compliments or criticisms through the open phone line and messages will be sent through to the restaurant management.

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People are beginning to appreciate tradition and that is probably the reason every time we go to the Milleridge Inn in Jericho we find so many people. The Milleridge Inn is an adventure in itself. It is a beautifully polished old home with excellent food in the American tradition. You can get prime rib, lamb or excellent fish from the full menu any day and we have gone there many times and never been disappointed with the high quality of the food. Then the Milleridge Village is a place to linger and look over the many things in the little shops that have been constructed nearby. We recommend the Milleridge Inn for those who want to go out and eat and savor some additional delights. J.T.



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Fantasy Island exists. Nestled in the gentle curving of a San Marcos, Calif., hillside, The Golden Door Spa presents a serene, ordered place of relaxation to its guests, with particular attention to the balance of beauty, sane eating and a healthy lifestyle.

A staff of more than 100 attends to the 35 weekly guests, making the place an idyllic locale for physical or psychological renewal.

Perhaps more than the exercise programs, massages and beauty programs, the key to the success of the \$2,500-a-week spa is the cuisine of the brilliant chef Michel Stroot. In his low-calorie, no-salt, no-sugar regimen, he nearly eliminates the use of butter and cream, creating no-guilt feasts delightful to eye and palate. By doing so, and adding his own creative genius, Stroot designs 700-, 900- and 1,100-calorie menus for lavishly pampered guests.

To break mid-morning hunger, Stroot oversaw the creation of a mammoth arrangement of fresh vegetables, which he calls an "appetite spoiler." The object is to take the edge off a keen appetite and then follow it with a light, appealing meal.

Stroot prefers to serve fruits and vegetables "as close to raw as possible," with only slight steaming or stir-frying as the typical methods of heating foods.

With all the healthy food choices available, what's "out" for Chef Stroot? "Prime rib, hamburger, fried chicken... and certainly soft yogurt with chocolate sauce!"

There is no question — while under the spell of communication with health and serenity, thoughts of fatty foods melt away in the Golden Door quest for revitalization.

Following are some of Michel Stroot's recipes from The Golden Door Spa. Recipes are taken from "Golden Door Cookbook, The Greening of American Cuisine," by Deborah Szekely with Chef Michel Stroot (Golden Door Inc., P.O. Box 1567, Escondido, CA 92025, \$24.75), with the exception of the California Gold Salad, which Stroot recently created.

CHICKEN BREAST IN LIME WITH TOMATILLO SAUCE

2 chicken breasts, halved,
boned, skinned and fat re-

moved, cut in 1-inch pieces (3 oz. each serving)

2 tbsps. lime juice,
Dash of cayenne
1 tbsp. sesame oil
1 clove garlic, minced
1 large Anaheim pepper,
seeds removed and sliced thin
4 green onions, cut 1-inch long
6-8 tomatillos, peeled, seeded and diced
2 large tomatoes, peeled, seeded and diced
2 tbsps. arrowroot or potato starch, dissolved in water
2 tbsps. coarsely chopped cilantro
Lime and finely grated carrot (garnish)

Marinate chicken in lime juice with dash of cayenne for 2 hours. In non-stick skillet, saute chicken in few drops of sesame oil, stir with wooden spatula until almost done, cover and set aside.

In separate skillet, saute garlic, Anaheim pepper and green onions in remaining sesame oil, until soft. Add tomatillos and cook 4 to 5 minutes. Add diced tomato to heat, pour this tomatillo sauce over cooked chicken and let bubble, thicken with arrowroot, sprinkle cilantro and serve on 4 separate plates. Garnish with lime and grated carrot.

Served with the whole crayfish perched on the edge of a square plate, this salad is a visual as well as gustatory pleasure.

CALIFORNIA GOLD SALAD

1 Arrugula Salad
1 large head Romaine lettuce washed and torn by hand
1 cup sunflower sprouts
1 cup buckwheat sprouts
¼ cup of lemon dressing
2 tbsps. toasted sesame seeds
8 thin sliced avocados
8 wedges of grapefruit
8 red onion rings
4 steamed California crayfish
4 large slices yellow zucchini
Olive oil
1 thin slice chevret cheese, slightly melted
Sprinkling of fresh oregano

Line four salad plates with Arrugula leaves. Toss together

Romaine lettuce, sunflower sprouts, buckwheat sprouts and lemon dressing. Divide on four lined plates. Sprinkle salads with toasted sesame seeds. Garnish with avocado slices, grapefruit wedges, onion rings and crayfish. Top with zucchini brushed with olive oil, slice of slightly melted chevret cheese and oregano.

This broth is served daily to provide potassium balance.

POTASSIUM BROTH

3 cups vegetable trimmings (celery, carrot, parsley, zucchini, mushrooms, lettuce, spinach, etc.)
8-10 fresh tomatoes, liquefied in blender
1 onion, diced
½ tsp. ground sweet basil
2 bay leaves
1 garlic bud
2 cups liquid from steamed vegetables (if available), or water

Place all ingredients in stockpot; boil 20 minutes. Strain through sieve or colander, and serve hot or cold. If desired, next day reheat broth with fresh vegetable trimmings. There are 35 calories per serving.

HERBED VEGETABLE RICE

2 cups water
1 cup short-grain brown rice, rinsed
½ tsp. anise seeds
2 tbsps. olive oil
2 tbsps. garlic, minced
½ cup celery, diced
½ cup red or green bell pepper, diced
½ cup walnuts chopped
½ cup fresh mushrooms, sliced
2 tbsps. curry powder
2 tbsps. soy sauce (low sodium)
1 tsp. lemon zest, grated
Dash of vegetable seasoning
½ cup scallions, diced (garnish)

For 30 minutes, gently boil rice and anise seeds, covered. Set

aside, still covered, for 15 minutes to let rice swell. While rice cooks, prepare remaining ingredients. In skillet, heat oil and gently, saute garlic. Add celery, bell pepper, walnuts, mushrooms. Sprinkle curry, and cook briefly.

Add vegetables to cooked rice, and fluff mixture together. Season with soy sauce, lemon zest and vegetable seasoning. Garnish and serve.

Serve as vegetarian main course, or as a side dish with chicken, fish or veal. Other vegetables such as zucchini, kohlrabi, cauliflower, broccoli, etc. can be added.

PEAR AND ZUCCHINI WHOLE WHEAT BREAD

1 ripe pear, cored, quartered and thinly sliced
Zucchini, grated (enough to make 2 cups when combined with pear)
¾ cup walnuts, freshly chopped
1½ cups sesame seed or safflower oil
1½ cups honey
1 tsp. baking powder
¾ tsp. baking soda
1 tsp. sea salt
1 tsp. ground cloves
3 cups whole wheat pastry flour
2 eggs
1 tbsp. grated lemon peel

Preheat oven to 325 F.

Combine pear and zucchini with walnuts; set this bowl aside.

In food processor, mix oil and honey; add baking powder, baking soda, sea salt and cloves. Combine. Add ½ of flour and process well. Add eggs, and whirl in lemon peel and balance of flour. Pour mixture into zucchini-pear bowl, and mix well with spatula.

Oil two 8½x4½x2½-inch loaf pans; line bottoms with waxed paper. Divide mixture into two baking dishes. Bake 1 hour and 20 minutes, or until tester comes out dry and middle of cake bounces back to touch. Freezes well.

Makes 32 slices.

VEGETARIAN VIEW

VEGGIE PIE AU GRATIN

1 cup sifted whole wheat flour
¼ tsp. salt
¼ lb. butter or margarine
2 small zucchini
1 small cauliflower
1 tomato, peeled and chopped
½ cup chopped chives
¼ tsp. pepper
4 tbsps. Parmesan cheese
6 tbsps. butter or margarine
2½ tbsps. flour
1½ cups milk
2 cups grated cheddar cheese
1 tsp. mustard

Combine flour and salt; cut in butter or margarine and work

with fingers until texture resembles cornmeal. Press pastry over bottom and sides of 9-inch pie plate. Set aside. Cut zucchini and cauliflower into bite-size pieces and combine with tomato, chives, pepper and Parmesan cheese. Spread mixture evenly over bottom of pastry shell. In small saucepan, melt the 6 tablespoons butter or margarine. Add flour and stir until smooth. Slowly stir in milk, then add 1 cup of grated cheddar. Bring to boil, stirring constantly. Remove from heat and add mustard; stir to blend well. Pour sauce over veggie mixture, spreading to edges of dish. Sprinkle with remaining grated cheese and bake at 350 F for 30 minutes, until top is light brown and vegetables are tender.

Serves 4 to 6.

Antiques Collectibles



**Antique
or
Junque**

By James G. McCollam
Member, Antique
Appraisers Association
of America

Q. On the back of this tin tray is the following: "Vienna Art Plates, Pat. Feb. 21, 1905, Western Coca-Cola Bottling Co. Chicago, Ill."

I understand that old Coca-Cola items are valuable. What is this worth and where can I sell it?



A. Old Coca-Cola items are valuable and this is one of the better ones.

Trays like yours are selling retail for about \$400, but a dealer will only pay about \$200. I'm sorry I can't help you sell it; it's beyond the scope of this column to recommend buyers.

Q. This walnut rocking chair has been handed down from generation to generation in my family.

Can you tell me when it was made and its current value?



A. Your rocking chair was made in the fourth quarter of the 19th century and originally had cane seat and back. If you have it restored to its original condition, it would be worth about \$225 to \$275.

Q. You don't seem to be very enthusiastic about antique pianos. However, dealers seem to price them well over \$1,000. Who is right — you or the dealers?

A. To be perfectly honest, we both are right. Pianos are difficult to sell, very heavy and cumbersome to deliver.

A dealer may pay \$500 for a

piano and put a price of \$1,500 on it. If he is lucky he may sell it in two or three years for \$1,000. His overhead is 35 percent (\$350) and his cost of delivery is about \$100. Purchase price (\$500), overhead (\$350), plus delivery (\$100) equals \$950 (\$50 profit).

He would be better off to put his money in a bank and collect interest.

If you have a piano for sale, I guarantee you that you won't have people standing in line to buy it.

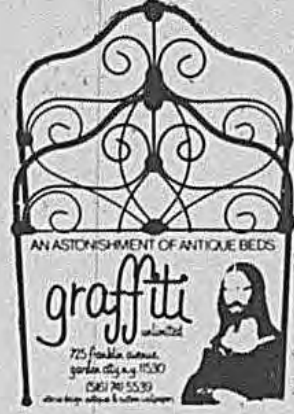
Q. I have a green and blue vase 8 1/2 inches tall with three handles. On the bottom is the attached mark.

Can you tell me who made it, when and where? I would also like to know your opinion of its value.



A. You have a good one! The monogram LCT was used by Louis Comfort Tiffany between 1910 and 1920. Your vase is worth at least \$1,000.

Send your questions about antiques with picture(s), a detailed description, stamped, self-addressed envelope, and \$1 per item to James G. McCollam.



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Here's How

By Gene Gary

Siding can be repainted



Q. We have aluminum siding on our home that has been there for 30 years. It now requires painting and we would like to know if there are special procedures required for painting aluminum and the type of paint and equipment needed. — Mrs. A.C.

A. Many home owners do not realize that aluminum siding can be just as effectively repainted as any other surface. In fact, most of these factory-finished metal sidings need to be repainted eventually because years of weathering cause the finish to become faded or stained.

Here are some tips for a successful painting job: It is vitally important to paint on a clean surface, so scrub off all oil, grease, dirt or chalking (powdered paint) with a household detergent, warm water and stiff brush.

If there is any mildew, remove with a commercial mildew wash available at most paint stores. When using a washing solution, protect your hands with rubber

gloves and wear goggles.

Since paint does not adhere well to a slick surface, rub the siding with steel wool or fine sandpaper.

Sand smooth any areas that are pitted, rough or corroded. Then wipe the entire surface with mineral spirits to remove sanding dust.

Prime any bare metal areas with a solvent-thinned primer.

When that is dry, simply brush on one or two coats of any type of exterior house paint. Ask your dealer to help you with product and color selection.

Q. I recently had a wood-grained Formica pink top installed and I am somewhat disappointed in having to keep it clean. It seems that all finger marks show and I must constantly wipe the surface. At times, the Formica has a sticky feel.

A. My question is, do you know of anything I can do to this surface to eliminate my problem? — Mrs. C.H.

A. Because of the Formica-type finish, there is no product of which I am aware that will adhere to the surface. Also a sink top that needs constant cleaning, it would not be practical to cover the surface with a paint or stain.

It might make cleaning easier by using a small amount of cleaner such as 409. This would remove spots and should take care of the sticky situation.

Q. I recently had soft linoleum put in my kitchen cupboards. It was glued on, but unfortunately, the strong glue smell remains. Do you know of anything that would get rid of the strong odor? — Jennie A.L.

A. Once an offensive odor penetrates wood, it is there to stay. Therefore, you must try to mask the odor with a more acceptable fragrance.

Place about 1½ pounds of red cedar shavings, which should be available at a local mill work company, into an old nylon stocking. Soon your cabinets should smell of cedar. The cedar shavings should be placed in each cabinet, of course.

Q. A reed basket stored for a while in the attic has become very dry. I want to use it again for magazines. Is it possible to refresh the reed and make it pliable? — Ann M.

A. If not too badly dried out, brush the reed with boiled linseed oil, allowing the oil to soak in for about an hour, then wipe off all excess oil. In about a week or 10 days, repeat the oil-soaking treatment.

some instances result in complete loss of vision.

Athletes especially need special precautions to avoid eye injury when performing outdoors. Closed safety goggles, for instance, were found to offer the best protection for racquetball players.

Further information may be obtained by writing the CAO, or telephoning (415) 775-5259. The California association's address is 2655 Van Ness Ave., San Francisco, CA 94109.

Dear John: I read your article in our newspaper, *Polk County Enterprise*, about vinegar for arthritis diet and helpful ways to diet, by Mrs. A.S.B.

If you have any other helpful uses of vinegar please send them to me. I have used vinegar to remove cooking grease from walls and ceiling. A strong solution of two parts water and one part vinegar will do the job ... also to clean refrigerator and other appliances. — Mrs. L.W.N.

Dear Mrs. L.W.N.: Maybe we should get out a leaflet on the uses of vinegar, which seem to be so many. If enough readers will send more helpful suggestions we may do just that, after we make a column out of them.

CALL INPUT 931-0027
24 hours a day! Answer
the Question of the Week
or express an opinion on
other topics of interest
to readers.....



TWEEN 12 & 20

By Robert Wallace, Ed.D.

Girls: No one knows the latest trends better than teens. So just in time for that first day back to school Seventeen magazine's editors, in consultation with teens across the country, have compiled their guide to what's "in" and what's definitely "out" as the new school year begins.

Fashion: No more spiky high heels and tight jeans. This fall, if you know fashion, you know that it's elegance that counts. Navy blue, and whites teamed with neutrals are the sophisticated color stories to tell. Rich-looking lizard-print loafers show you know what steps to take.

Entertainment: Say goodbye to "hack-ern-up" horror movies! Classic Alfred Hitchcock spine-tinglers return as the movies. To see on a date. Sappy love songs are also "passee" — teens who want to keep the beat will rock 'n' roll to heavy metal groups.

Fads: Wild toga parties a la "Animal House" are definitely out. Putting on the Ritz, a la Astaire and Rogers, is the latest rage, instead.

Food: Gourmet food is still tops — but in classy "heat-and-serve" (frozen entrees) Overdone are long evenings in the kitchen to serve up classic French food.

Beauty: The must accessory for fall? Short, carefree hair! The big don't — fussy, Farrah Fawcett-style hairdos. Also out are those deep, dark California tans. Increased emphasis on healthy skin makes using sunscreens in for trendy teens.

Color: The in color this fall is blue. The best part? About the new true-blue look is that "there's more than one shade to choose from." Solid and printed fabrics now range in blue tones from indigo to sapphire and turquoise to deep navy. Skirts, shirts, tops and trousers are just a part of the big blue picture, though. Accessories, including jewelry, watchbands, socks, shoes, sunglasses and hats will also add an important blue note to the style.

Dr. Wallace: I'm 11 and I'm really concerned about my mother and my future brother or sister. Mother is pregnant and she smokes cigarettes. I know that smoking is bad for my mom but it is also bad for the baby. I keep telling Mom to quit smoking but her favorite response is, "I smoked when I was having you and you turned out OK." Do you have any information regarding smoking and having a baby? I want

to get it for my mother. I just hope the info doesn't cost too much because I don't have a lot of money. — Sandra

Sandra: A study conducted for the first time on humans has confirmed what was already evident in animal studies — that smoking during pregnancy damages the baby's blood vessels. A Danish cardiologist has warned:

Dr. Inger Asmussen of the University of Copenhagen reported at an international symposium that the offspring of smoking mothers have blood vessels that show signs of lesions and clogging, and the heavier the smoking, the worse the damage.

Asmussen studied 15 non-smoking mothers and 13 who smoked, all of whom delivered normal, apparently healthy babies. But the babies born to smokers were an average of 10 percent smaller and placentas from the smokers were 20 percent smaller than those of non-smokers.

While umbilical veins and arteries, which pump blood to and from the fetus during pregnancy, showed vessel damage in all infants of smokers, those of non-smokers showed none.

She said her research also indicated that even though a prospective mother quits smoking during her pregnancy, her child will suffer some vessel damage that can grow worse as the child matures and cause heart attacks during adulthood.

Please show this to Mother.

For free information regarding smoking while pregnant, write to American Cancer Society, 875 O'Farrell St., San Francisco, Ca 94109.

Dr. Wallace: My mom said that marijuana used to be imported into America legally to make some sort of product but she doesn't know what. I really don't see how this is true so that's why I'm writing to you. What's the deal? — Pete

Pete: Aren't you aware that moms are almost always right?

Marijuana has been used for man to get high for over 5,000 years, but it was first imported to America by the Spanish who used it to make rope.

It didn't take too long for the importers to learn that they could make more money by selling the leaf for smoking rather than rope.

In the 1930s the U.S. Congress passed the Marijuana Tax Act, which made it illegal to use.

Mainly For Seniors

By John T. Watts



Dear John: I wrote to you at the beginning of June, exactly a month ago to date. I sent a pre-addressed envelope like a friend of mine said to do.

Now I read your article which states volume of mail prohibits individual replies.

Well, John, I am in need of any information you can give me concerning blockage of the artery in my left leg. I would appreciate knowing how I could get the circulation going. I've heard of a few ways but am interested in your viewpoint as your column has helped quite a few of my friends with other problems.

I am indeed in a great hurry as I report back to my doctor Oct. 15. I would like to get started as I don't want an operation (as quite a few have had and it wasn't successful).

So please try and answer if you can. Waiting patiently.

I am 68 years old. It's very difficult to walk, especially on concrete — in the house I'm OK. — Evelyn G.

A. Dear Evelyn: You are offering me an impossible task. The best advice I can offer you is to see your doctor or a specialist right away. I am not a doctor and if I were it would be impossible to diagnose your problem clear across the continent.

As to your previous letter, it is

probably still in my stack of mail. I get thousands of letters, which is why the footnote that I can't give individual replies. I hope this will get to you before your October appointment. I would have sent you a carbon copy of this article, but you did not provide a return envelope and I cannot read the Bronx address shown.

Dear John: Re. your Mainly for Seniors column, enclosed a stamped, self-addressed envelope.

Please send me your arthritis leaflet. Also, what is the difference between white and apple vinegar for medicinal purposes? — Dorothy R.

Dear Dorothy: You got me. But the readers who have urged this vinegar and honey treatment for arthritis say "apple cider vinegar."

Incidentally, it seems to work for many. As I understand it, this is an old, old remedy for many things. Maybe some reader can shed more light on the situation.

Dear John: Is the danger to eyes from the summer sun as great as they really say? — Jerry D.

Dear Jerry: Believe it. The American Academy of Ophthalmology reports that more than 100,000 eye injuries occur each year. Serious complications develop in 25 percent of the cases and in



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Help Wanted

CHILD CARE NEEDED FOR five and seven year old girls. 12:45 to 5 p.m. Mon.-Fri. Own transportation desirable, but not necessary. Hours and days can be somewhat flexible. Please call 747-7047 after 7 p.m. or weekends. **gc2**

CLERK TYPIST BUSY MINEOLA insurance office. Due to the fact that we are expanding very rapidly we need entry level clerical & typing help. We promote from within. Call Mr. Scifert, 516-294-0220. **gc4**

MATURE, EXPERIENCED woman to care for 11-month old in my Garden City home starting October. Full time, excellent pay, own transportation. Option to start now part time. 747-0673 after 6 p.m. only. **gc4**

WEEKDAYS PART TIME Professional mother seeks quality child care for 14 month old boy. Must be responsible, interested and energetic. Light housekeeping, own transportation. East Williston, walk two blocks to RR/bus. Call Joan 741-5385 or 248-7356. **ho2**

MATURE WOMAN TO DO laundry and cooking. Mon.-Thurs. 4-6 p.m. (hours flexible). Garden City home. References required. 741-1187. **gc4**

FRIENDLY, Reliable Individual for elderly couple. Light cleaning and cooking. Recent references. Williston Park area. Call before 8 p.m. 747-6176. **wo2**

MATURE EXPERIENCED Woman to care for my 1 year old in my Garden City home on Mon., Thurs., & Fri. Hours flexible. References please. Call evenings after 5 p.m. & weekends 248-8398. **gc3**

REAL ESTATE SALES PERSONS wanted for Williston Park office. Experience preferred or will consider motivated self starters. Also needed - part time receptionist. Atanas Realty 747-3701 or 746-1462. **ws4**

COMPANION FOR ELDERLY lady 2-3 days per week, live in, light cooking. References. Call after 5 p.m. 516-746-8795. **gc1**

Help Wanted

SALES CASHIERS/PORTERS Long Island has another Annie Sez. The best name in fashion for ladies and men is coming to Hicksville. Enjoy working in a store filled with designer apparel at great prices. We seek mature and reliable individuals for full and part time positions. Days, evenings and weekends. Our benefit package includes shopping discount. Please apply in person. Tuesday, October 2 10 a.m. to 5 p.m. Annie Sez, Delco Plaza, Intersection Old Country Road & So. Broadway (265 Broadway), Hicksville (Equal Opportunity Employer M/F) **hs4**

PART TIME TYPIST CLERK Local school in New Hyde Park needs 4 hour typist. Hours flexible. Call 326-4677. **ws4**

CHILD CARE IN OUR HOME Garden City, starting Sept. for 2 boys, ages 4 and 5. Please call 248-0026. **gc4**

PART TIME - COLLEGE Student in a dental office starting at 1:30 p.m. 747-5520. **gc4**

PART TIME PERMANENT Telephone Subscription Solicitor who lives in Hicksville or Syosset needed. Excellent compensation plus expenses. Leads furnished. Work at home in your own hours. Serious minded applicant only. Experience not needed but friendly telephone manner necessary. Call Mrs. Pakaluk 931-0012. **hifnol**

BABYSITTER WANTED for 6 year old. Tuesday and Wednesday. Non smoker, 3 p.m. to 5 p.m. in Garden City. Call evenings 747-5496. **wo1**

LADY DRIVER NEEDED TO take lady to doctor and do errands twice or three times a week. Garden City. Flexible hours 437-0543. **gc2**

COMPANION AIDE for elderly lady, Saturday a.m. to Monday a.m. Garden City. References. 741-0153. **gc3**

IMMEDIATE & PERMANENT position. Recept/Typist. Front desk, handle busy phones. Prior experience required. Mineola area. Call 747-4070. **gc3**

Help Wanted

INSURANCE - PRUDENTIAL seeks achievement oriented individuals with a desire to build a solid professional sales career in insurance and financial planning. College degree or business experience preferred. Starting salary to \$550 per week plus commission. For appointment please call Mr. Portanova 248-7500 Mon.-Fri. E.O.E. **gc1**

CHILD CARE LOVING WOMAN to care for 8 month old girl in our Garden City home. Full time Mon. - Fri. Light housekeeping. Paid holidays and vacations. Start immediately. Call evenings after 6 p.m. 746-4109. **gc4**

STENO TYPING & GENERAL office work. Experienced, mature returnee welcome. 9-1 p.m., 5 days, 20 hours per week. Permanent, benefits. Mineola 747-3833. **gc4**

REAL ESTATE AGENT FOR busy Garden City office. High commissions and bonuses. 741-4640. **ws4**

CHILD CARE - 2 SCHOOL AGE children and light housekeeping and simple cooking. 8 a.m. - 5 p.m. Monday-Friday, non-smoker live in or out. Licensed driver preferred, references necessary. **gc4**

PART TIME PHONE ANSWERER/ Reservations Clerk. One of the largest cab fleets on L.I. Pleasant phone personality. Two shifts open mornings & afternoons. Contact Bob 9 a.m. to 5 p.m. 486-6666. **gc4**

PART TIME CLERICAL Medical office, two full days and one half day. No experience necessary. Will train, willing to learn. New Hyde Park area. 488-6441. **wo4**

HOUSEKEEPER FULL TIME Live in or day, negotiable. Care of two school age children. Light housekeeping & cooking. Call days 248-6565 & evenings 741-7786. **gc4**

CHILD CARE light housekeeping. Carle Place. Two boys, ages 4 and 9 months. Experienced with references. Monday to Friday or live in. Call after 6 p.m. 747-3911. **gc4**

BABYSITTER WANTED TUES. 12 noon to 4 p.m. for 3 children, 1, 2 1/2, and 4, in my Garden City home. References please. 746-1981. **gc1**

MOTHER'S HELPER WANTED for new born, 12 noon to 4 p.m., Monday thru Friday. Experienced non-smoker, references required. Call 747-5633. **wo3**

PARENTS Looking For RN/LPN to care for two year old diabetic child three days per week. Our home, Mon., Thurs., Fri., 8:30 - 3:45. Own transportation. 747-0942. **gc3**

NEEDED WOMAN TO WATCH my fourth grader from 2:45 p.m. to 6 p.m. Monday through Friday in my Albertson home. Call 742-2152 after 7 p.m. **wo1**

Help Wanted

INSURANCE CLAIM Representative Trainees. Four year college degree or equivalent work experience. Accounting Clerk. Customer billing experience helpful. File Clerks, typing (accurate, 40wpm). Good Benefits Aetna Life & Casualty, 1325 Franklin Ave., Personnel Room 350, Garden City 663-1978. **ws4**

SALES PERSON FOR BUSY real estate office. June Michel Real Estate 1205 Franklin Ave., Garden City 248-9503. **gc4**

HANDYMAN/PORTER Great Neck Office building, has career, permanent, full time job. Excellent company with full paid benefits. Applicant must have own car. Write: Att: Mr. W. P.O. Box 972, Great Neck, N.Y. 11021. **ws4**

LOCAL MALE COLLEGE Student. Part time. Mars Pharmacy 747-2259. **gc4**

GIRL FRIDAY MATURE, Non-smoking, intelligent, excellent at spelling, typing; B.A. English desirable. Resume, references. 10 a.m. to 2 p.m. Mon-Fri. Mental Health Group. EOE 747-6092. **gc1**

MOTHER OR STUDENT Needed to drive kindergarten child from Locust School, Garden City to Adelphi Univ. Child Activity Center, Mon. thru Fri. 12:40 p.m. Call 248-9608 after 4 p.m. or weekends. **ws4**

HOUSEKEEPER/BABYSITTER Part time, 11:30 a.m. to 5:30 p.m. daily Monday thru Friday. Own Transportation. Light housekeeping, laundry and child supervision. Call 437-0155. **ws4**

IMMEDIATE SECRETARY FOR Manufacturing Co. Requires good typing skills and other diverse responsibilities. Full medical coverage. Full time, permanent position. East Williston area. 294-6070. **ws**

MATURE WOMAN TO CARE for 6 month old in my Garden City home; flexible schedule, own transportation. Start immediately 741-3713. **gc1**

LOVE CHILDREN? APPLY for rewarding P/T position as lunch aide Syosset School, call 921-5500 ext. 219. **hs4**

HOUSEKEEPER NEEDED Can sleep in or out. References required. New Hyde Park area. Call 627-1824. **wo3**

MAGAZINE PRODUCTION Dept. of Business magazine publisher located in heart of Garden City has opening for experienced layout person. Some design capability wouldn't hurt as well as willingness to learn about computers, computerized typesetting, video graphics. Benefits, salary open. Write letter including resume to Box "H" Garden City News, 821 Franklin Ave. Garden City, N.Y. 11530. **gc4**

Help Wanted

RELIABLE MATURE PERSON to be part of a Condo-cleaning team. Light housework, good hours, Monday-Friday, North Hills Cleaning Service 248-3603 or 588-5111. **hs4**

ELECTRICIAN AND HELPER experience essential. Top starting wage with company paid benefits including major medical Blue Cross, year round employment. Kenny Electric, Mineola 746-7617. **hifno2**

BABYSITTER NEEDED SAT. mornings in Garden City to look after and play with children, four hours every Sat. on a regular basis. Area of Washington & Stewart Aves. 746-6942. **gc1**

WEDNESDAY & THURSDAY part time 7-9 hours per week. Deliver weekly paper to stores and two postoffices. Mid or full size car necessary. No collections, dependable, references. Call Alex after 7 p.m. weekends 334-4576. **hfnho3**

CHURCH SEXTON 40 HOURS per week, benefits, inquire 921-2240. **hs4**

IMMEDIATE PART TIME Telephone work, Garden City/Mineola area. Pleasant speaking voice. Salary + bonus. Week night eves. 6-9 p.m. Please call Peter 248-7500. **gc4**

MOTHER'S HELPER Stewart Manor, 3 p.m. to 7 p.m. Nice family, perfect job for college or high school student. \$70.00. Call 488-5543. **ws4**

HANDCRAFT STORE IN Garden City, male or female, part time. Experience necessary. Knowledge of knitting, needlepoint, etc. necessary. 10 a.m. to 4 p.m., 4 days, Mon.-Thurs. 667-8861 after 5:30 p.m. **gc4**

DENTAL ASSISTANT Garden City. Woman with or without experience, willing to learn. 4 1/2 days, no nights, no smoking. Organization ability for records and appts. State salary range. Write Garden City News, Box "R", 821 Franklin Avenue, Garden City, NY 11530. **gc4**

"LOOKING GOOD" Drivers Days or nites Mon-Fri. One of the busiest cab fleets on L.I. High earnings, new cars, many locations to choose from. We will train. Contact Bob 9 a.m. to 5 p.m. 486-6666. **gc4**

DRIVER SCHOOL BUS Class II & Vans 1984-85 school year, Syosset CSD. Call 921-5500 ext. 236. **hs4**

FINDERS KEEPERS GARDEN City. Opportunity for management and management trainee. Liberal discount and company benefits. Call personnel 294-6700. **ho1**

HOUSEKEEPER WANTED 4 days per week. Cheerful, own transportation, and references. Call between 7 and 9 p.m. and Sat. 248-6232. **gc3**

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Special education in elementary education. All subjects. In my home or your home. Reasonable rates. Call 248-1353. Ws4

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Tutoring elementary and special education students. Masters in reading. Before 4 p.m. can leave message on recorder. 483-6368.

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Organization meeting, birthday, club dinner, anniversary, bar mitzvah, Sweet 16, etc. a success. My amazing comedy magic show does it. All ages. Available - clown show. (212) 359-4375. Gc3

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Professional magician with 10 years experience. Specializing in children's magic shows. Reasonable references. Call after 8 p.m. 822-7572. Ws4

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Your old documents issued by now bankrupt companies have value to me as collectibles. Call 364-2246. Hs4

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Binoculars, cameras, bamboo fly rods. Call 825-0979 or 364-2246. Hs4

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I collect Dolls and other Doll Memorabilia
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and other old toys (tin wind-ups and toy soldiers, etc.) trains or accessories wanted by Garden City collector. Any condition. Immediate high cash paid. 248-4899. Hs4

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any condition (even torn). Also old frames, pocket watches, used jewelry, clocks, linens, rugs, furniture, antique trunks, and sewing machines, figurines, coin and stamp collections, old autographs, books and magazines. Also need violins, banjos, mandolins, pianos. Will pay cash and pick up immediately. Please call Sandy 574-0216. Hs4

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Lionel Flyers, Ives, etc. Sets, pieces, accessories. Soldiers, forts, trucks, cars - wind-ups or push. Games too. Highest immediate cash paid. 581-2999. Hs3

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LIONEL AMERICAN FLYER
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Enjoy Massage Therapy in your home by the Masseuse of the Bath & Tennis Club. Member: N.Y.S. Society Medical Masseurs. Male/Female. Michael Corr 623-0540. Hs1

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Away. Free initial consultation. Individual, pre-marital, marital counseling, diagnostic testing, tutoring. Vocation Services, Arista Consultation and Educational Services, 23 Park Circle West, New Hyde Park 516 742-4790. Ws3

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Call Mon-Fri 747-5690 Ws4

"NEED SINGLE MEN
to give me advice. I will soon be opening a social club for men & women, most of whom will be single, divorced, separated or widowed. It will not be a dating service. People of similar age and interests will be going out in groups for dancing, dining, theater, travel, sailing, hiking, fishing, etc. Each will be paying their own way and no one will be a "date". We feel this is a less stressful way of enjoying a social life and meeting new people without becoming too close - unless that happens overtime by mutual consent. How would men react to this type of social togetherness? I'm a woman, so I don't know. Your advice will be appreciated. Write to Gentle Beginning, P.O. Box 336, Garden City, NY 11530. Gc2

SEEKING MISS WONDERFUL
should be sincere woman 25-early 30's needing one to one relationship for 6"4" single 38 year old L.I. male with steady position in scientific field who is into tennis, swimming, beach combing, some forms of dancing, etc. Photo and phone to G.S., P.O. Box 222, Carle Place, L.I. N.Y. 11514. Gc4

CARD READINGS By Angelina Reader and Advisor - open daily 9-9. For appointment and more information call 354-9613. Hs1

MAY THE SACRED HEART OF
Jesus be adored, glorified, loved and preserved throughout the world, now and forever. Sacred Heart of Jesus, pray for us. St. Theresa helper in time of need. pray for us. St. Jude, worker of miracles, work for us. St. Jude helper of the helpless, pray for us. Say this prayer three times daily for nine days and by the eighth day your prayer will be answered. Publication must be promised. Thank you St. Jude, Sacred Heart of Jesus, St. Theresa and Blessed Mother. M.D.L. Ws4

Personal

NOVENA TO ST. JUDE
Oh Holy St. Jude, Apostle & Martyr, great in virtue and rich in miracles, near kinsman of Jesus Christ, faithful and intercessor of all - who invoke your special patronage in time of need, to you I have recourse from the depths of my heart and humbly beg to whom God has given such great power to come to my assistance. Help me in my present and urgent petition, in return I promise to make your name known & cause you to be invoked St. Jude, pray for me all who invoke your aid. Amen. Say 3 Our Fathers, 3 Hail Mary's, 3 Gloria's. Say 9 consecutive days. Publication must be promised. This novena has never been known to fail. Thank you for answering my prayers. M.D.L. Ws4

THANK YOU ST. JUDE AND
Holy Spirit for prayers answered. Even if your prayer seems impossible don't give up. Prayer must be published immediately. H.S. Ws4

HOLY SPIRIT YOU WHO SOLVE
all problems, who light all roads so that I can obtain my goals. You who give me the divine gift to forgive and forget all evils against me and that in all instances of my life you are with me. I want in this short prayer to thank you for all things and to confirm once again that I never want to be separated from you ever and in spite of all material illusions, I wish to be with you in eternal glory. Thank you for your mercy towards me and mine. Say for 3 consecutive days after which the favor requested will be granted even if it appears difficult. This prayer must be published immediately without mentioning the favor, only your initials. Thank you Holy Spirit, M.D.L. Ws4

HOLY SPIRIT YOU WHO SOLVE
all problems, who light all roads so that I can obtain my goals. You who give me the divine gift to forgive and forget all evils against me and that in all instances of my life you are with me. I want in this short prayer to thank you for all things and to confirm once again that I never want to be separated from you ever and in spite of all material illusions, I wish to be with you in eternal glory. Thank you for your mercy towards me and mine. Say for 3 consecutive days after which the favor requested will be granted even if it appears difficult. This prayer must be published immediately without mentioning the favor, only your initials. Thank you Holy Spirit, D.C. Hs4

HOLY SPIRIT YOU WHO SOLVE
all problems, who light all roads so that I can obtain my goals. You who give me the divine gift to forgive and forget all evils against me and that in all instances of my life you are with me. I want in this short prayer to thank you for all things and to confirm once again that I never want to be separated from you even and in spite of all material illusions, I wish to be with you in eternal glory. Thank you for your mercy towards me and mine. Say for 3 consecutive days after which the favor requested will be granted even if it appears difficult. This prayer must be published immediately without mentioning the favor, only your initials. Thank you Holy Spirit, K.B. Hs4

Garage/Tag Sale

MULTI FAMILY GARAGE SALE
Sat. Sept. 29 9-3 p.m. Rain date
Sat Oct. 6 Wicker, children's
clothes, furniture, toys. Some-
thing for everyone. 30 Kenning-
ton Road, Garden City (off
Nassau Blvd.) gcs4

WESTBURY TAG SALE
Contents of home. Swedish
modern dining room set. Sept. 28,
29, 30, 10 - 4 p.m. South of Old
Country Rd. to Westbury Rd., left
on Roxbury which becomes
Edgewood Drive to 691 Edge-
wood Drive. gcs4

GARDEN CITY MULTI-FAMILY
Tons of toddler clothes, toys,
equipment. Something for every-
one. 71 Salisbury Ave. (first right
after Stewart Manor RR Station,
off New Hyde Park Rd.). Fri. Oct.
12 & Sat., Oct. 13, 10-4 p.m. gco2

GARDEN CITY
Fri. & Sat. Sept. 28 & 29; 10-5
p.m. 28 Whitehall Blvd. Antiques
household. Years of accumula-
tion. No previews. gcs4

GARAGE SALE
Oct. 5 & 6, Fri. & Sat., 9 to 6
p.m., 138 Lee Rd., Garden City
(off Stewart Ave.). Freezer, small
furniture, books, many lovely
items. No previews. gco1

BLOCK GARAGE SALE
Sat., Oct. 13, 9-4 p.m., Sun., Oct.
14, 9-1 p.m., Fernwood Terrace,
Stewart Manor between Salisbury
& Chester Aves. something for
everyone. gco2

GARAGE/TAG SALE
MOVING SALE ROSLYN HGTS
Sat., Sun. Oct. 6, 7, 10 a.m. - 3
p.m. Entire contents of house.
Furniture, china, books (Nat'l
Geographic), lots of bric-a-brac,
ladies clothes, etc. 170 Yale St.
(Off Willis Ave., south of
Northern Parkway, Roslyn paint
store on Corner). No previews!
Wol

NORWEGIAN BAZAAR
Sat., Oct. 13, 5-10 p.m. Roald
Lodge, Sons of Norway. Hand-
made Norwegian items. Snack
bar, trip to Norway raffle.
American Legion Hall, 734 Wood-
field Rd. W. Hempstead. Informa-
tion 538-8615. gco2

GARAGE SALE
Sat., Oct. 13, 10-5 p.m., 6
Coventry Place, Garden City (off
Stewart Ave. East). Rain date
Oct. 20. Wonderful collectibles,
plus lamps, housewares, paint-
ings, fishing gear & small
furniture. gco2

TAG SALE
Sat., Sept. 29, 9-5 p.m., 26
Harvard St., Garden City. anti-
ques, piano, autos, bric-a-brac.
gcs4

MISC. GARAGE SALE
New & used items to choose from.
Also furniture. Sept. 29, 10 a.m. -
4 p.m., 1110 Tulip Ave., Franklin
Square. gcs4

MANY THINGS OLD SOME ARE
new, none are borrowed, all
priced for you. Loads of furniture,
loads of bric-a-brac, Oriental rug.
44 Syracuse St. Williston Park.
September 29 and 30. 10-5 p.m.
h34

FRIDAY, SEPT. 28, 9 a.m. - 4 p.m.
106 Weyford Terrace, Garden
City. Treasures galore!! No
previews. Proceeds to Children's
Medical Fund of N.Y. gcs4

MULTI-FAMILY GARAGE SALE
Sat., Sept. 29, 9 a.m. - 4:30 p.m.,
16 Chester Ave. & Bromleigh
Rd., Stewart Manor. Carriage,
electric stove, table & chairs,
hi-fi, artificial fireplace, & much
more. gcs4

Garage/Tag Sale

GARAGE SALE
Multi-family. Sat. Sept. 29, 9 to 3
p.m., 36 & 38 Kilburn Rd.,
Garden City, between Nassau
Blvd. & Adelphi University. No
preview. gcs4

GARAGE SALE GARDEN CITY
103 Garden St. (off Clinton Rd)
Fri. & Sat. Sept 28 and 29 10-5
p.m. Three families, no previews.
Furniture, clothing, jewelry,
kitchenware, baby items, tools.
Bargains! Rain dates Oct. 5 and 6
gcs4

GARDEN CITY 205 Brompton Rd
Sat. Sept. 29 10-5 p.m. Kerosene
heater, 14' sailboat, Atari
computer 8 mm movie editor,
typewriter and table, whirlpool
foot massager, baby items,
children's clothing, iron railings
and misc. household items gcs4

CATHEDRAL AVE. Hempstead
Sat. & Sun. Sept. 29 and 30. 10-4
p.m. Indoors, rain or shine, over
300 new & gently used items. Fur
coats, den furniture, modern
Italian crib, Perego carriages,
baby items, toys, bird cages, fire
screens, housewares, beauty
products, books, plants, clothing
and misc. 159 Cathedral Ave.
(near Garden City) gcs4

GARDEN CITY SAT. SEPT. 22
10 a.m. - 4 p.m. Rain date (Friday
& Saturday, Sept. 28 & 29) 136
Adam Street (off Stewart).
Collectibles, antiques, bric-a-brac
housewares, misc. Loaded.
Treasures old and new. ws4

SATURDAY OCTOBER 6
Rain date Oct. 13, 9-1 p.m. Multi
family. Cookware, dishes, cook-
books, designer furniture, fur
coat, clothing, baby items, chairs,
etc. No previews, 7 Glen Rd.,
Garden City. gco1

GARDEN CITY
105 Meadbrook Rd. (off Stewart).
Sat. Sept. 29, 9-3 p.m. Rain date
Oct. 6. Furniture, household
items, misc. gcs4

VENDORS NEEDED
Outdoor Craft Fair sponsored by
St. Ignatius School, Hicksville.
Held on October 13 Non
Commercial Vendors Only 9 a.m.
to 4 p.m. All new and craft items
welcome. For information call
Ann 681-8221 or Lorraine
735-0035 hol

GARAGE SALE
Sat., Oct. 6, 10 a.m. - 4 p.m., 73
Pell Terrace, Garden City. China,
glass, furniture, bric-a-brac, lawn
mower, TV, misc. gco1

GARDEN CITY GARAGE/
Basement Sale. Sat. Sept. 29, 10
a.m. - 4 p.m. Includes mens
almost new clothing, size 46 suits,
sport coats, shirts; also furniture,
TV, hutch, a/c, BR set, kitchen
table, stereo, books, bedding,
bikes, toys and lots of odds and
ends. 157 Brook St. WS4-LP

GARDEN CITY YARD SALE
Sat. Sept. 29, 10-4 p.m. Baby
furniture; toys; small kitchen
appliances; complete 20 gal.
aquarium; bicycles & much
much more. 154 Adams St. gcs4

NEW HYDE PARK GARAGE
Sale. Sat. Sept. 29., Sun. Sept.
30., 10 a.m. to 4 p.m. Something
for everyone! 37 Nugent St. (off
Evans), (Rain Date Sept. 6, 7)
WS4

GARAGE SALE
Sat. Sept. 29, 10-4 p.m. Antique
beds, almost new 50 gal. oil/HW,
Bikes, Skis, much more.
100 Poplar St., Garden City. gcs4

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JUNIOR EDITION

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1 2 3

Aunt Tilly's Corner

This morning in our office we had a visit from a very young lady. She is the granddaughter of one of the ladies who work here.

How nice it was to see our little friend. She is extremely pretty with her bronze colored hair, fair complexion and blue eyes. But more than that, she is such a pleasant little girl that she seemed to bring sunshine with her into the office.

Of course, I know Megan doesn't always smile. I'm sure sometimes she gets tired and doesn't feel well like every other child. But most of the time she is a happy little girl who is a pleasure to see and hear.

Your friend,
Aunt Tilly

P.S. This week's coloring contest winners are David Cooper and Matthew Casey. You'll be hearing from me soon, boys!

BOYS AND GIRLS:

Here is your chance to win One Dollar (\$1.00) - to spend or to save.

- Here's all you have to do:
1. Contest is open to children 4 to 12 years of age.
 2. Entries must be received by Friday, October 5, 1964
 3. Paint, watercolors and crayons must be used on the above.
 4. Decision of the Judges will be final.

Mail your entry (just clip out cartoon) to this newspaper at:
105 Hillside Avenue
Williston Park, N.Y. 11596

Points On Pets

By R.G. Elmore, D.V.M.



Q. Our 4-year-old female mastiff recently had swollen mammary glands that secreted a milk-like substance. The glands seemed to be painful and were warmer than the rest of the dog's body.

Our dog had her last litter of puppies approximately two years ago. She did not have any problems at that time.

Our dog was in season approximately two months ago. What was the most likely cause of our dog's problem?

A. Your mastiff may have had any of several conditions that commonly affect the mammary glands of dogs. These include mastitis, tumors and false pregnancy, also called pseudopregnancy.

Mastitis usually follows traumatic injury to the mammary gland, accompanies severe uterine infections, or follows weaning of puppies. You did not indicate that any of these have occurred recently in your dog.

Mammary tumors appear as single or multiple swelling in one or more glands. As the tumor ages, it generally enlarges.

Although it is impossible to state the exact cause of your dog's problem, it is most likely she had a pseudopregnancy. A false pregnancy usually occurs two to three months after the dog was last seen in heat. The most commonly no-

ticed signs include mammary gland development, lactation and personality changes.

In some dogs there are signs similar to those observed normally just prior to a normal whelping.

These include nervousness, excitability, trembling, panting, restlessness and attempts to build a nest in a quiet place. Later behavior is similar to that normally seen during the nursing period following whelping. Toys, bones and other objects, or puppies and kittens, if available, are mothered by the affected dog.

Milk may be present in the mammary gland for two weeks or longer. The degree of swelling of the mammary glands will vary. The glands may be warmer than the rest of the dog's body and may be painful when touched. A white discharge from the vulva may be present.

Swelling of the abdomen as if pregnant is very common. Abdominal contractions that mimic those of whelping occasionally occur.

Many bitches with pseudopregnancy will have digestive upsets like those seen occasionally during the weaning period. These may include vomiting and diarrhea.

The signs of pseudopregnancy have also been seen in dogs spayed three to four days earlier. This usually only occurs in dogs spayed shortly after being in heat.

With the exception of having puppies, pseudopregnant dogs look and act like they were pregnant and are about to or just have whelped.

Apparently, there is no breed or age of dog which is more likely to become pseudopregnant. It has been observed in 6-month-old dogs following their first heat period and in dogs over 7 years old. Most dogs presented for treatment are between 2 and 6 years of age.

Although there is no apparent breed disposition, there does seem to be certain families of dogs that are more susceptible.

It is not uncommon for bitches to have recurrences after each heat period. Usually these bouts of pseudopregnancy do not affect later fertility.

Veterinarians make the diagnosis of pseudopregnancy based on the animal's reproductive history and physical examination. Blood counts and X-ray techniques are often used to differentiate this condition from actual pregnancy or severe uterine infections.

Treatment of pseudopregnancy varies with the severity of the particular case. Most mild cases do not require treatment. In severe cases, drugs can be used to relieve the discomfort.

TRASH (10)

BEER (8)

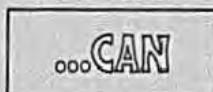
CAN (7)

TIN (5)

NVD⁰⁰⁰ CAN

ZIG-ZAG

THE ORIGINAL WORD MAZE PUZZLE



ALL WORDS TO BE CONSTRUCTED PERTAIN TO THE ABOVE TOPIC. TO YOUR ADVANTAGE ONE WORD HAS ALREADY BEEN TRACED. YOU MUST TRACE THE THREE REMAINING WORDS, USING ONLY THE LETTERS DESIGNATED BY THE DARKENED CIRCLES. WORDS MAY BEGIN AND END FROM EITHER COLUMN BUT EACH LETTER CAN ONLY BE USED ONCE.



EACH PUZZLE HAS A DIFFICULTY RATING (ARROW). POLAR STARS SIGNIFY THE HIGHEST DEGREE OF DIFFICULTY.

GIVEN BELOW ARE THE POINT VALUES FOR EACH WORD. YOUR WORDS MUST CORRECTLY MATCH THESE POINT VALUES.

- 5 TIN
- 7
- 8
- 10

1 A

4 B

4 C

3 D

1 E

5 F

3 G

5 H

1 I

8 J

7 K

2 L

4 M

1 N

1 O

4 P

10 Q

2 R

2 S

1 T

1 U

3 V

3 W

3 X

4 Y

10 Z

1 A

4 B

4 C

3 D

1 E

5 F

3 G

5 H

1 I

8 J

7 K

2 L

4 M

1 N

1 O

4 P

10 Q

2 R

2 S

1 T

1 U

3 V

3 W

3 X

4 Y

10 Z

Eggshells are good fertilizer.

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The shells are good for liming soil.

BY CHRISTOPHER & JANICE NYBOM

RECYCLING

Putterin' Pete

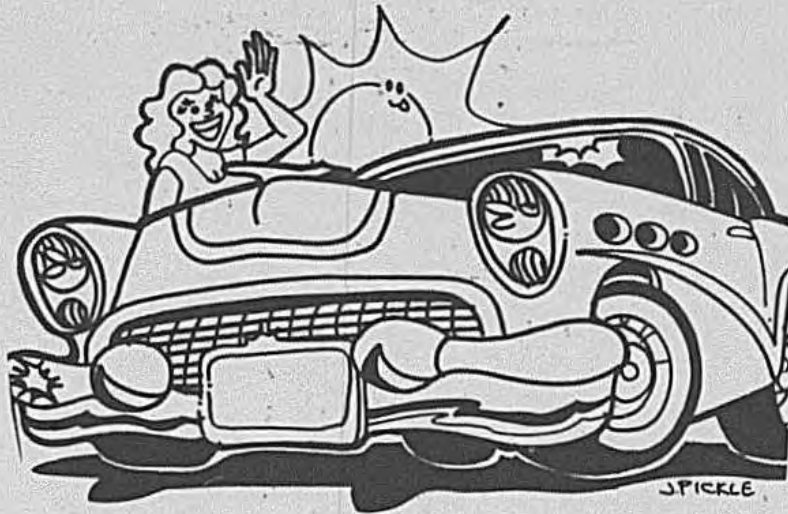
By FAYE

TO GET THE LAST DROPS OF FAT OUT OF YOUR SOUP, DIP A LETTUCE LEAF IN IT. THE FAT WILL STICK TO THE LEAF.

FALL/WINTER

Car Care

Friday, September 28, 1984



Appearing in

Syosset Advance
Williston Times (plus Mineola edition)
Mid Island Times
New Hyde Park Herald Courier
Bethpage Newsgram
Jericho News Journal
Garden City News

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Blackwall

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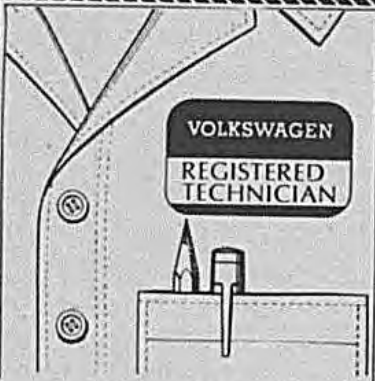


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CAR CARE

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DON'T GET CAUGHT STRANDED this fall or winter.

VAROOM SERVICE

Tune-ups take on new meaning

By Eric Jude

Gone are the days when keeping a car engine in tune had to be a regular procedure if the engine was to start without excessive cranking. Remember cranking?

If you can answer yes to the above, you also probably remember that 1,000-mile grease job and oil change. There was no such thing as an oil filter to replace, of course; just change the oil.

While cars have changed greatly overall, several car parts and systems have changed little. Nearly half of the cars on American highways still have conventional distributor points and condenser, thereby requiring more frequent tune-up service, according to the Car Care Council of Detroit. And the distributor cap and rotor today are replaced as frequently as they were 10 years ago. The spark plug continues as the most frequently replaced part in a tune-up. The air filter has increased in replacement frequency.

So while advancements in technology, computerized engine controls and unleaded gasoline have resulted in longer maintenance intervals on some parts and systems, cars still require regular servicing to run properly.

But this servicing no longer is simply a tune-up. The traditional tune-up has evolved into a procedure described as an engine performance analysis.

What's the difference? Instead of routinely replacing things like the points, condenser and plugs, the technician must make a thorough diagnosis of what's causing

hard starting, poor performance, reduced fuel economy or increased emissions. He no longer can replace some parts and make a few simple adjustments to get the engine running like new.

If you're experiencing engine problems, you may or may not need servicing of one of the sub-systems, such as the ignition system, the fuel system and the emission control system.

This is where accurate diagnosis comes in.

You can aid this diagnosis by communicating with your mechanic so he can isolate and diagnose a specific problem. Give him as many details as possible.

For instance, if the engine hesitates, when does it happen? When the engine is cold? When it's warmed up? When accelerating? Tell him if you hear any noises. And try to describe the noises. Is there a pop, bang, rattle, ping or whirr?

The more information you can provide, the quicker and more accurately the technician can isolate the problem, repair it and get you back on the road.

Don't just drop off the car, ask for a tune-up and expect miracles. The tune-up may have been considered a panacea in the past, but today the service requires accurate diagnosis.

The tune-up isn't extinct, says the Car Care Council. It just has evolved and become more complex.

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TIRE TALES

Today's buyers want durability

By Eric Jude



Car buyers today are more concerned about handling and road performance than they are about fuel economy, according to independent research studies conducted by the Armstrong Rubber Co., a manufacturer of replacement passenger tires. The studies show a change in buying habits over the last 20 years.

Twenty years ago "style" and "horsepower" were the key phrases for car buyers who were lured by automobile advertising that featured a sexy blonde and a red convertible. In the 1970s the oil embargo taught the American consumer to be concerned about mileage ratings and "smallness" and "efficiency" became the key words.

The 1980s are seeing a return to the "fun" of driving, with consumers looking to tires to achieve optimum handling and performance.

When asked to rank those factors thought most important when purchasing a replacement tire, 59 percent of the consumers in the study rated durability as extremely important, giving it the highest ranking. Handling was the next favorite choice, being rated extremely important by 35 percent of the respondents, followed by price, 29 percent; mileage warranty, 26 percent; fuel economy, 15 percent, and speed rating, 9 percent.

Within these specifications, consumers have a variety of options ranging from retread tires to tires incorporating the latest designs. Retreads have evolved from being shunned and considered unsafe to being produced at a rate of 42 million per year, according to the Tire Retread Information Bureau. Armstrong's Assurance tire with Tredloc interwoven belting, an innovation in tire design, recently received an award for product achievement from the National Safety Council.

Both new and retread tires offer warranties. Quality tires of both types can be driven at the same speeds under the same driving conditions, according to the retread bureau. Both are manufactured according to federal government standards.

Retreads offer environmental and economic savings — retreads generally cost about 30 percent less than a comparable new tire, according to the bureau. The manufacture of a new passenger car tire requires 7 gallons of oil while retreading uses only 2.5 gallons.

Whether a consumer chooses new replacement tires or retreads, he should replace tires if they have less than one-sixteenth inch of tread depth, according to the Tire Industry Safety Council. Several practices will ensure longer life for tires and promote safety.

— Proper inflation. Check tires at least once a month to ensure that they are inflated to the vehicle manufacturer's recommendations as shown on the tire information placard or sticker in the vehicle. Never exceed the maximum inflation pressure as indicated on the tire sidewall.

— Alignment and balance. Correct front end alignment is essential for good tire mileage and safety. Poor ride in the form of a vibration or thump may indicate a need for rebalancing. Both front and rear tires should be balanced by an expert.

— Rotation. A tire that remains in one position on the car throughout its life may become unevenly worn because of the way a car handles. Through rotation, these wear characteristics can be spread among the tires to keep the wear as even as possible. Radial tires should be kept on the same side of the car in the rotation process, according to the Car Care Council.

— Regular inspection. When you check air pressure once a month, look closely at the tires and remove small pebbles, bits of glass and other foreign objects from the tread. If left in the tread, they could work their way deeper into the tire and cause loss of air.

— Driving habits. Observe the speed limit. Avoid jackrabbit starts and stops and fast turns. Look for potholes in and objects on the road. Don't run over curbs or scrub the sidewall of a tire against the curb when parking.

How air bags save lives

Air bags in cars — to be or not to be — has been the issue recently.

Proponents of air cushion systems, as air bags officially are known, say the devices will save thousands of lives and prevent tens of thousands of injuries each year. Critics say the bags are expensive and a potential nuisance, for instance, if the bags deployed whenever the car hit a pothole.

Regardless of the air bag's status in public opinion, the workings of the system are impressive. The Insurance Institute for Highway Safety found that air cushion-protected vehicle occupants experienced a 64 percent reduction in the number of fatal and serious injuries to unrestrained vehicle occupants. Occupants wearing lap-shoulder safety belts experienced a 55 percent reduction over unrestrained occupants.

The cushion system, like the safety belt, is designed to protect vehicle occupants during the "second" collision of an automobile wreck.

In a frontal crash, the crashing vehicle is stopped abruptly by another vehicle or a fixed object. But the unrestrained occupants continue moving forward at the same speed that the vehicle was travel-

ing just before the crash began. The second collision, the one in which people are injured or killed, occurs when the moving occupants slam into the vehicle's hard interior surfaces or are ejected from the car.

The air cushion diffuses the potentially harmful forces of the second collision by serving as a pillow between the occupants and the vehicle's interior.

The bags, hidden in steering wheels or the dashboard area, are designed to inflate only in frontal collisions with an impact equivalent to hitting a wall at 12 mph or more. This is the speed above which almost all injuries occur, according to the Insurance Information Institute.

The institute says that in the event of such a collision, the air cushion fills with nitrogen gas immediately upon impact and then rapidly deflates as the crash ends. The inflation and deflation process all occurs within seconds.

The institute also says it is highly unlikely that cushions will deploy when cars hit potholes or other cars at low speeds. In the event of an inadvertent air cushion deployment, control of the car would not be lost, according to a study conducted by General Motors. The company inflated air bags without warning as test sub-



jects drove on straightaways and turns at speeds up to 45 mph. The company reported that without exception, the subject retained control of the automobile.

After the bag has been deployed, it, of course, needs to be replaced just like brakes, lights and other safety-related components. However, most cars involved in a crash severe enough to deploy air cushions are not repairable, according to the institute.

As for the cost per new car of an air bag system, the Automobile Occupant Protection Association, an organization representing manufacturers of air cushion safety components, said it could range from \$1,000 per car if 10,000 cars had the bags installed to \$186 per car if 2 million cars had air cushions. The U.S. Department of Transportation's 1983 price estimate for an air cushion was \$320 per car.



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SPECIAL CAR CARE SUPPLEMENT

TLC Caring for an older car

By Debra Cooper

Many folk these days are choosing older cars as everyday transportation not only for economic reasons but also for their comfort, style, investment value, durability of materials and even their supposed crash-worthiness (the "big car advantage" theory).

Over the last 10 years, the interest in older autos has grown dramatically, perhaps because almost any well-cared-for auto over 15 years old will increase in value from that age onward.

But if you're driving or considering buying a car built prior to, say, 1970, you need to know that there are differences between caring for older and newer cars, said Terry Ehrlich, publisher of *Hemmings Motor News*, a 30-year-old monthly magazine for old-auto enthusiasts.

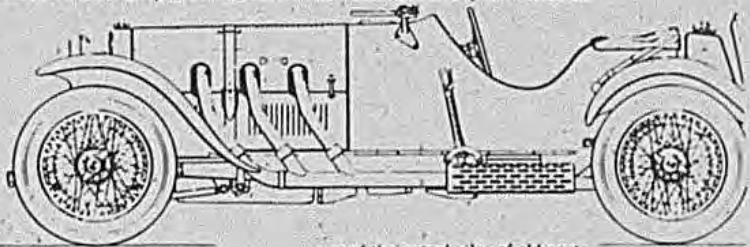
What are the differences? Many and various. Remember the grease gun, for example. New autos don't need them. Bearings are sealed and "permanently lubricated," meaning that the factory has pre-packed the bearings with lubricants intended to last for the life of the bearings, after which the entire bearing assembly must be replaced. By contrast, a '48 Ford station wagon features some 15 grease fittings and oiling points, each of which should be given some attention every 1,000 miles. Most of its bearings can be rebuilt when worn.

And remember that old-style brake fluids don't mix with modern silicone brake fluids. If you want the advantages of silicone fluid, which is impervious to heat and cold and doesn't absorb water vapors that can rust out brake lines and cylinders, your best bet is to drain the brake system, clean and rebuild it. After that, fill it with silicone fluid and use only silicone from then on.

Similarly, if your engine always has run on non-detergent oil, don't switch to modern high-detergent oils. The detergents may loosen up decades worth of old sludge in the engine, and that sludge may block oil passages causing extensive engine damage. Change to modern detergent oils only after a complete cleaning of the insides of your engine or, better yet, after an engine rebuild in which your engine block has been "boiled out" in a shop equipped for such a cleaning.

There are many other tips for the owner of an older auto, more than can be included in a short article, so following are some suggestions on how to find tips for yourself.

First, subscribe to hobby publications. *Hemmings Motor News*, out of Bennington, Vt., is filled with hobbyist advertising — everything from cars and parts through tools and supplies to old-auto literature. Another good bet for folk who like to do their own car work is *Skinned Knuckles* magazine of Monrovia, Calif. And *Old Cars Weekly* is a newspaper



for the hobby out of Iola, Wis.

Next, join a car club focused on the type of car you own or want to own. Many of these clubs are national, with local chapters all over the nation and some worldwide. In addition to receiving club publications, you will meet and make friends with other hobbyists, most willing to help you out with advice, and many willing to trade

out of their stockpiles of old parts. Most car clubs also sponsor a meet or two each year.

By all means, obtain the owner's and shop manuals for your older car. Even if you don't do your own mechanical work, you'll find that the mechanic to whom you take the job will find the shop manuals useful, if not necessary, in making repairs properly.

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ONE FOR THE ROAD

Sobering experience of driving drunk

By Patricia Dibsie

I gulped the last few ounces of wine and ran to a waiting car. Settling behind the wheel, I turned the key and decided that a seat belt was too much trouble. I put the car in drive and burned a little rubber as the man next to me mumbled something about "taking it a little easier."

If you had been in my path Saturday morning around 11 a.m., I could have killed you. Or maybe maimed or disfigured you.

About 140 Americans will be killed in auto accidents every day according to figures compiled by law enforcement agencies around the country. Another 548 will be maimed or disfigured — half of them because someone had too much to drink.

I wasn't falling-down drunk on Saturday. I wasn't even slurring my words. But I had had enough wine (16 ounces in 1½ hours) to make me legally "under the influence of alcohol."

I was participating in a highway patrol and police department sponsored test. They had invited six media and community leaders to drink and drive. The six drinkers were picked up at their homes at 7:30 a.m. and brought to the test site — the police academy driving course.

The idea sounded challenging. Just how much could I drink and still drive? Not much, I was to learn hours later after I came down from an incredible high and heard myself on a tape recorder. But back to the test site.

By 8:30 a.m., the group was assembled and I was allowed to drive through one test course sober — the "S" curve. First, I watched a police officer drive the course in 22 seconds in forward, and less than 40 seconds in reverse. Orange cones outlined the course.

The test cars were full-size, four-doors equipped with power steering and power brakes. The course looked easy enough in forward (it wasn't) and challenging in reverse (almost impossible). I drove the course in 36 seconds forward and two minutes backward — taking five cones with me.

But two glasses of wine later, my confidence was high. Shortly after 10 a.m., I drove the course forward in 24 seconds and cut my time in half going in reverse (this time taking down only one cone).

I was given a field sobriety test, which I passed with flying colors. When your blood-alcohol level reaches 0.10, you are beyond the legal limit for driving. Then somebody handed me a couple more glasses of wine and invited me to drink up. I did.

I sipped the last of 8 ounces of wine and was eager — too eager — to get behind the wheel and beat the 22-second test run by the police officer. I turned the car radio on and hit the gas pedal hard. My time through the "S" curve was 21 seconds. I laughed

and threw the gear in reverse. Less than a minute (and eight cones) later, I came to a stop and a grateful passenger (my instructor and observer) stepped out of the car.

I took the car around the course to the next test site (at about 50 mph) and squealed to a stop.

The second part of the test was to drive in a straight line at 30 mph and hit the brakes the second I saw a medium-size ball roll in front of my car. I never hit the ball and this experience probably added to my overconfidence.

But I flunked the field sobriety test minutes later. I thought I was perfectly sober and even insisted that I was no more than a 0.05.

I walked the line 10 counts — heel to toe — and then offered my rendition of a high-wire act, twisting in midair and landing in the other direction for the return trip.

I tried counting on my fingers to four and then back to one — counting 1-2-3-4 and then 4-3-2-1. The breath test showed a level of 0.10.

They took my car keys away. But at this point, I was thoroughly convinced that the machine was wrong and demanded a blood test to verify the results.

I should have known I was extremely high. I wouldn't agree to a needle unless my thought process was impaired, for I have a fear of needles.

And maybe that points out the biggest problem.

There is no person less qualified


to make an intelligent decision on whether to drive than one who is high on alcohol. I was still walking straight lines, my words were not slurred, but my personality had changed.

So how can you tell when a person isn't fit to drive if he's not falling-down drunk?

"It's important for people to know the personality changes that come over them when they get high," said nurse Marti Bennett. "People who drive under the influence of alcohol may be more dangerous than the drunken driver. Nobody tries to take their car keys away and their confidence level is so overrated that they're an accident waiting to happen."


Physician Jim Dunford said that different people have different symptoms while under the influence of alcohol.

"Some people get quiet, others get loud. Some become shy, others become extroverts. We're not



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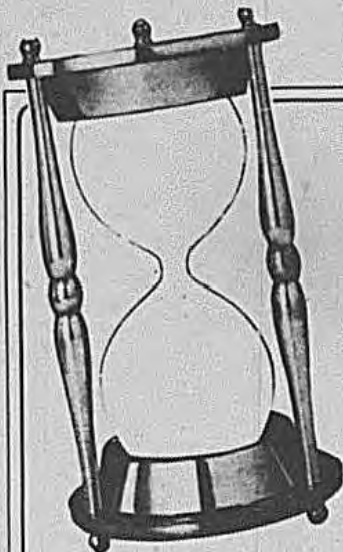
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Keep maintenance records

By Dean Carroll

Car maintenance can be as simple as a 10-minute do-it-yourself checkup or as detailed as having your car in the shop for weeks.

Regardless of the degree of difficulty or the cost, regular maintenance is essential to keep a car running properly and, believe it or not, to save money.

According to most experts, many major and expensive repairs can be avoided by finding and making minor repairs as soon as they become necessary.

Many times, minor maintenance can be handled by do-it-yourselfers, while major repairs often must be sent to mechanics. In either case, a good way to make the maintenance even more worthwhile is to keep a record of any maintenance or repair work.

According to Fram Corp., makers of auto parts, keeping a maintenance diary for your car and saving parts and repair shop receipts can prove that your auto has been well cared for — an important selling point that can add dollars to your vehicle's resale value.

According to the Automotive Information Council, the following 10-minute check will let you know if most key parts of your automobile are working properly and which areas may need repairs. Of course, while the check itself will take about 10 minutes, it will take

more time to make any necessary repairs. Following are suggestions for a routine check.

Brakes — At about 25 miles an hour, begin braking with a steady pressure on the pedal. The vehicle should slow to a complete stop as long as pressure is applied.

Windshield Wiper Blades — Replacements are needed when the rubber leaves a streak on the window. It's a good idea to replace the blades a couple of times a year in a four-season area.

Shock Absorbers — Push down on each fender. The car shouldn't bounce more than a couple of times. The most obvious sign new shocks are needed is an oil leak.

Tires — Worn treads may suggest a replacement or alignment is needed. When you check tire pressure to meet recommended specifications, do it after the car has been idle for an hour.

Lights — The best way to be sure tail lamps are working is to get out of the car and see for yourself. To check brake and back-up lights, you need another person to look while you step on the brake and put the car in reverse gear. Don't forget the turn signals, both front and rear.

Under the Hood — Check fluid levels for transmission, brakes, power steering, oil, coolant and windshield washer. Check the condition of belts and hoses.

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BE PREPARED

Emergency kit for your car

By Gregg Howard



also a good bet. Just shake the can, attach the nozzle to your tire valve, press the button and your tire inflates and seals with a synthetic rubber compound.

Lug Wrench — Lug wrenches, also called wheel wrenches, are essential in tire changing. They are used to remove and replace

lug nuts (the four or five nuts covered by the hubcaps). Large, cross-shaped wrenches will provide the greatest amount of torque to loosen tight nuts.

Lights — Don't be caught with all the right tools and no light to work by if an emergency occurs at night. Stock a flashlight in your kit, making sure that the batteries are strong. A good bet is one that has both spotlight and floodlight capabilities. Some lights have magnetic bases that attach to steel surfaces, leaving your hands free to work.

Booster Cables — The Automobile Association of America reports that 45 percent of emergency road service calls are from people whose cars won't start. So, just in case your battery dies, select a pair of booster cables that are sturdy enough to start your automobile under the severest conditions. Then all you need is another car to transfer the needed power into your own.

First-Aid Kit — Your first-aid kit should include gauze and adhesive bandages, disinfectant, menstrual pads, tape and any other items or medicine that you in particular may need.

Fire Extinguisher — Make sure a fire extinguisher is within easy reach. Place it on the floor just under the driver's seat or under the dashboard on the passenger's side. Make sure to check the pressure indicator regularly.

Winter Necessities — You can't fight Mother Nature, especially in the frigid months of winter. Bring along a snow brush, windshield scraper, paper towels, small snow shovel, a blanket and traction mats. A long-burning candle or canned heat can provide enough warmth to prevent freezing in a closed vehicle.

Don't Forget — Coins for emergency telephone calls, an extra set of car keys on your person, pad and pencil for logging accident information, wire hangers to support the exhaust pipe if a pipe hanger breaks, fuses, spare bulbs and a factory repair manual for your car model. It never hurts to buy replacement parts, such as fan belts, radiator and heater hoses, oil filters, spark plugs, wiper blades, etc.

At the beginning of a road trip, enthusiasm is high and energy is soaring. Most drivers, whether out for an afternoon ride or on the highway for a cross-country trip, are so excited about their destination and the view along the way, that they seldom think about the possibility of car trouble. But an auto emergency can panic even the best of drivers, so it's important to prepare an emergency car kit before potential problems occur.

"Preparing an emergency kit before a trip can be a life-saving investment for you and your passengers," says Jack C. Martin, director of public affairs at the Highway Users Federation for Safety and Mobility in Washington, D.C. So, if you are one of the 150 million licensed drivers in the United States, rest assured that highway hazards can be countered simply by keeping several basic pieces of equipment in your trunk.

Frank Oliver, tool catalog product manager for the Brookstone Co. of Peterborough, N.H., a mail-order retail company specializing in hard-to-find tools and automotive equipment, recommends the following as essentials.

Safety Triangles and Flares — Safety triangles with highly visible reflectors ensure that a disabled vehicle will be seen by other motorists. In dense fog, visibility is sharply reduced, so flares are a more effective way to mark a disabled car.

Car Jack — Used to prop up your car to change a flat tire, a jack should be sturdy, non-rusted and well lubricated. Learn to use the car jack before you get a flat. Know where the jacking points are, making sure they're not weakened by corrosion. Also include wheel chocks to prevent the car from rolling while the tire is being changed.

Spare Wheel and Tire — A jack without a spare is like an ignition without a key. Treat the spare as you would the four other tires and get air pressure checked regularly.

Tire Pumps — If you detect a slow leak and are close to a service station, a tire pump will provide the needed air temporarily. Instant spare tire inflators are

SPECIAL CAR CARE SUPPLEMENT

Appearing in Garden City News, Williston Times/Mineola Edition, New Hyde Park Herald Courier Mid Island Times, Bethpage Newgram, Jericho News Journal & Syosset Advance

Evaluating coverage to find the best

By Carol Roberts

If you've just bought your first car, you know that before you hit the road you need insurance — but what kind, how much and where do you get it?

If you already have insurance, how can you evaluate your coverage to make sure that it is the best available for you?

Nancy Golonka, vice president of consumer affairs-education for the Insurance Information Institute, offers these pointers about auto insurance.

Most people obtain auto insurance in a package that includes several different kinds of coverage. An insurance agent or company representative can give you full descriptions of each of these coverages, but following are general descriptions. Remember that in each case you're covered only up to the limit stated in your policy.

— Bodily injury liability provides money to pay claims against you and the cost of your legal defense if your car injures or kills someone.

— Property damage liability provides money to pay claims and defense costs if your car damages the property of others.

— Medical payments insurance pays medical expenses resulting

from accidental injuries and covers you, your family and other passengers in your car.

— Uninsured motorists protection pays for injuries caused by an uninsured or hit-and-run driver.

— Underinsured motorists protection often is an optional coverage that makes up the difference between the other driver's coverage and the amount of loss he causes you.

— Collision insurance pays for damage to your car resulting from a collision or from overturning.

— Comprehensive insurance pays for damages when your car is stolen or damaged by fire, flooding, hail or other perils, but not when it is damaged in a collision or when overturned.

You don't have to buy each of these coverages if they don't fit your needs. If your car is older, you may not wish to insure it for collision. Most states do require that you have liability coverage, and each state has laws that set the minimum amount.

Rates you pay for auto insurance usually are based on your age, sex, marital status, the kind of car you have and how much you use the car. Young people who, as a group, drive a lot and cause the most accidents are charged higher

rates than adults who use the car only for pleasure and are comparatively safe drivers.

But there are many ways to keep insurance prices down. Following are some tips from the Journal of American Insurance on

how consumers can control the cost of their car insurance while maintaining adequate coverage.

— If at all possible, own only one car. Only 10 percent to 12 percent of families in the United States pay more than \$500 a year for their auto insurance unless they own more than one vehicle. The average premium for a single car is less than \$350, or about \$28 per month.

— If you drive an older car, you can save substantially by dropping collision and comprehensive coverage altogether after the car decreases substantially in value. However, don't skimp on liability coverage. If you drop physical damage coverage on an older car, the most you can lose is the value of the car. But if you skimp on liability coverage, you could be faced with a catastrophic lawsuit.

— Take advantage of discounts. Many insurers offer rate discounts for younger drivers who complete a driver education course or maintain good grades in school. For adult drivers, many discounts are available, including one for installing anti-theft devices and another for senior citizens who complete defensive driving courses.

Auto Insurance Is A Must for Drivers



— Keep your agent or representative informed of any changes in your driving habits or age. If

you used to drive to work every day but now ride a bus, you may be eligible for a lower premium. And, for example, when you turn 25, most companies also will lower your rates.

— Use deductibles wisely. You can gain substantial savings by agreeing to pay the first \$100 or more of each loss out of your own pocket. This cuts out a lot of small claims and handling costs for your insurance company.

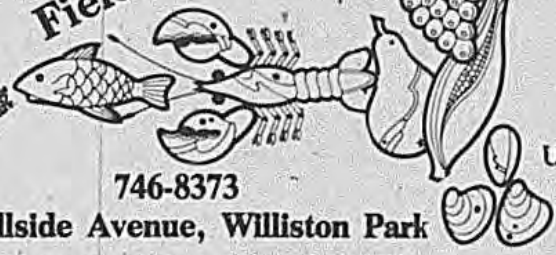
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Finding a good mechanic

By Karen Caldwell

One of the most difficult tasks for people in our service-oriented society is locating the best of each service — finding the best grocery store, dentist or auto mechanic.

"Cars are becoming increasingly sophisticated," said Dave Bowman, car-care adviser to Fram-Auto-lite, an automotive-parts manufacturer. "And many motorists need to rely on a professional mechanic with the technical training and diagnostic equipment necessary to evaluate more complicated problems accurately."

Bowman offered the following tips for finding and keeping a good mechanic.

— Start by asking friends, acquaintances and a local auto club about repair shops.

— Look for a mechanic certified by the National Institute for Automotive Service Excellence, the only nationally recognized mechanic certification group. "The organization gives competency tests in eight categories of automotive technology," Bowman explained. "Good mechanics take these exams voluntarily, and those who pass usually display their certificates in the shop."

— Check for certificates or diplomas from schools or clinics. Many mechanics take classes to keep up with the latest car technology, and they usually hang certificates of attendance in the shop.

— Look for modern diagnostic equipment such as an engine



scope. This can be an indication that the mechanics there are keeping up-to-date.

— Check for name-brand parts. If the mechanic uses unknown brands, the parts could be inferior.

— Ask if the mechanic guarantees parts and service and for how long. A good mechanic should be confident enough in his work to offer guarantees.

— Choose a mechanic who evaluates problems carefully instead of making instant diagnoses, such as automatically saying that a front end alignment is necessary to correct tire wear or steering problems.

"Many mechanics," Bowman pointed out, "also will let you know if the work you thought you needed isn't necessary for a while — or isn't necessary at all."

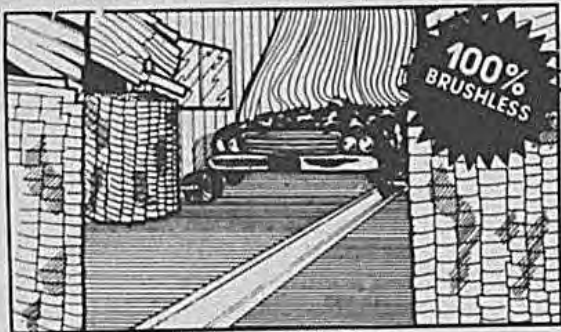
— Don't play "doctor" and diagnose the problem yourself. Let the mechanic diagnose why your car is sluggish, for example. When describing symptoms, be specific. If your car "pings," does it ping in the morning, evening, while driving at 55 mph, in cold or hot weather?

— To avoid misunderstandings, get an estimate on all work prescribed and leave a number where the mechanic can call you if it changes. Also, be prepared to pay the bill when you pick up the car.

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BRAKE FAILURE.

Listen to a car's warning signals



By Eric Jude

When a car's brakes fail, the result can range from an annoying fender bender to a tragic crash. Brake failures nearly always are due to poor maintenance or improper repair, said J.E. Davidson, automotive technician and accident investigator in Pittsburgh.

But brakes rarely fail without giving notice, Davidson said. A car's brakes often will give warning that they need service. Do they squeal loudly, shudder or pull to one side when applied? Does the pedal drop further than it used to or pulsate up and down under your foot? Does the pedal sink slowly as you hold pressure on it at a stop sign? Do you feel you are pushing harder and harder to stop your car? These are some of the brake distress signals that you should heed, Davidson said.

If you decide to have your brakes repaired by a professional repair shop, discuss them thoroughly with the shop manager or service technician. Ask for a complete brake system inspection, a description of the necessary repairs and an estimate of the cost.

If you plan to do it yourself, purchase a copy of your car's factory service manual from your nearest dealership. It will give you all the information you need to do the job correctly.

According to the Car Care Council of Detroit, a quality brake inspection begins with a test drive, checking for brake noises, pedal travel and brake pulls. Then the service technician will check the brake fluid level. A low level may indicate a leak in cylinders, lines or hoses running to the brake mechanism on each wheel.

The technician then removes one front and one rear wheel and checks the shoe and pad linings for uneven wear, glazing or saturation from brake fluid. He measures the thickness and recommends replacement if linings are below specification.

When linings are replaced, the technician may find that the brake drums or disc brake rotors are cracked, warped or have developed hard spots. These sometimes can be repaired, but the repairs should be done in pairs to retain brake balance, Davidson said.

New mounting hardware may be needed with disc brakes, and new return springs with drum brakes. The wheel bearings should be inspected only if a new wheel seal is installed and the bearings are repacked.

A complete brake system inspection should include the hydraulic system, Davidson continued. The master cylinder and wheel cylinders or calipers should be inspected and overhauled or replaced as needed. The rubber

brake hoses should be checked and replaced if they are cracked, ballooned or worn.

To complete the brake job, the entire system is pressure bled with new, clean brake fluid. Finally, the technician should look over the parking brake to make sure it is adjusted properly and not frozen.

After the brakes have been repaired, how long they last will be determined by the way you use them, Davidson said. With an automatic transmission it is easy to rest your left foot on the brake pedal, but this can cause the brakes to drag lightly and wear out prematurely.

On the other hand, prolonged light brake application, called "feathering," can glaze the surface of the linings and make the pedal feel hard. Moderate pedal application is preferable.

Also avoid prolonged heavy brake application, such as when coming down a mountain grade. This can burn out the linings and boil brake fluid, often causing complete loss of the brakes. It is preferable to manually downshift your transmission before starting down the grade. If brakes still are needed, use them intermittently. Apply them for about three seconds, release for the same time and repeat.

Used-Car Colors

Bright red and beige are the colors preferred by most used-car buyers, according to Runzheimer and Co. Inc. Blue cars also sell well unless the shade of blue is too light. Yellow, white and metallics are not in much demand and green is downright unpopular. Runzheimer says the right color car can make as much as a \$300 difference in the selling price. —

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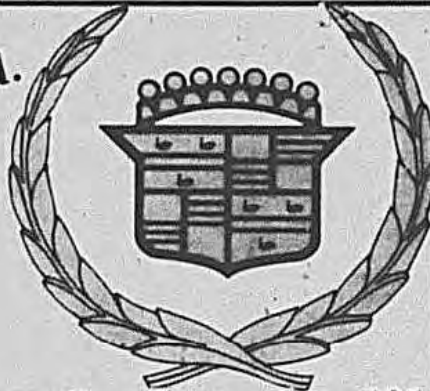
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