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MIT

In Two Sections - Thirty Six Pages

The Only Newspaper Printed and Published in Hicksville

# Mid-Island Times & Levittown Times 15¢

Vol. 43 No. 1

USPS 346-760

Friday, January 6, 1984



Todd Hinden (on right) former Hicksville student now at Sullivan Community College was one of the featured players in the play 12 Angry People based on the play 12 Angry Men. He will go on to a career in the theatre upon graduation.



Mr. Carmine Torlo was one of the guest speakers at last week's Hicksville Rotary Club luncheon meeting. Mr. Torlo is the Executive Officer of the National Homebuilders Association and he spoke of national building trends following which he held a lively question and answer period.

(Photo by Joe DePaola)



Domink A. DeNapoli of Long Island Lighting Company's Community Relations Department gives a demonstration of the potential dangers of contacting high voltage electrical equipment to the health classes of Hicksville High School in Hicksville. Mr. DeNapoli's demonstration is part of an electrical safety education program that the utility presents in schools and for community groups throughout Long Island. If you are interested in having a demonstration for your class or group, contact LILCO's Community Relations Department at 228-2226.

## Energy Assistance Available

Applications for the federally-funded Home Energy Assistance Program (HEAP) are available to senior citizens age 60 and older through the Town of Oyster Bay Senior Citizen Services Division. It was announced this week by Town Councilman John Venditto. "Applications and an information sheet detailing the procedure to apply for energy assistance can be obtained by contacting the Senior Citizen Services Division, 799 Hicksville Road, Massapequa (795-5943)," Venditto stated, noting that seniors who received the assistance in 1983 will automatically receive an application in the mail.

"Those seniors who might be eligible for the federal grant to assist with the cost of home energy and utility bills include homeowners, apartment renters, renters whose rent includes heat and/or utilities, and persons living in senior citizen housing," Venditto explained. "All recipients must meet certain income guidelines as benefits are based on the applicant's total income".

Persons who are roomers, boarders, or who live in adult homes, group homes or nursing homes are not eligible for the assistance.

## Self Defense At Lee Ave. PTA

On January 10 the PTA of Lee Avenue will sponsor a discussion on self-defense. The evening will include a film and question and answer period conducted by a representative of the Nassau County Police Department.

The meeting will be held in the all-purpose room of the Lee Avenue School, located off Seventh Street, at 8 p.m. on Tuesday, Jan. 10. Admission is free and all residents of Hicksville are urged to attend.

## Drug Information

Are you concerned about your teenagers using drugs, alcohol, or having school, social or family problems?

Film, "Almost Everyone Does" will be presented on January 18, at 6:30 p.m. at East Plains Community Program, 248 Old Country Road, Hicksville. Discussion will immediately follow. Please register early-call 822-4060.

## Postmaster Awards Letter Writers

"Mail is the comfort that someone out there knows of your existence, that someone still cares," writes Scott J. O'Callaghan of Hicksville Junior High School in his award winning National Letter Writing Week letter titled "Why I Like To Get Letters".

Postmaster Anthony M. Murello invited the letter writing winners to his office recently to present them a letter writing certificate and a stamp collecting kit.

The Letter Writing Contest was open to students from Hicksville, Plainview, Old Bethpage Schools.

Another winning letter writer was Ronald Crair of the Mattlin

Middle School in Plainview. Ronald wrote on "Why The Post Office Is Important To The Community".

Michelle Eger of the Lee Avenue School in Hicksville won for her letter on "Why I Like To Get Letters". In her words, "Letters make me feel special and important".

Renee Buchenroth from the Old Bethpage Elementary School wrote on "The Most Important Letter I Ever Received". It was from an 88 year old man in a nursing home who invited Renee to visit him. In Renee's words, "I went there and saw him. When I came home I felt so good because I made him very happy."



Left to right: Michelle Eger, Lee Avenue School, Hicksville; Anthony M. Murello, MSC Manager/Postmaster, Hicksville; Scott O'Callaghan Hicksville Junior High School; Ronald Crair, Mattlin Middle School, Plainview; (Not shown - Renee Buchenroth, Old Bethpage Elementary School) at the Hicksville Post Office with their award winning National Letter Writing Week Letters.

## Central America Church Study

Do you understand what is going on in Central America? Does anybody? The answer is yes! Mrs. Nora Boots will be the guest speaker at Woodbury United Methodist Church, Woodbury Road, Sunday, Jan. 8, at the 11 a.m. service. She will remain after the service to provide information or answer questions concerning what is happening in Central America today.

Mrs. Boots is the Executive Secretary for the United

Methodist Latin American Conference. She was born in Latin America and has continued her work in and study of this region. Recently she returned from a multinational tour and she has much to say concerning the ongoing struggle in this troubled area of the world.

Please bring some lunch and dessert and beverage will be provided. All are welcome to attend this 12:15 meeting. For further information, call 921-5408



Rich Czakoff of Old Bethpage may not win many trophies, but he has developed into one of the steadiest local runners in the highly competitive 30 to 39 age category. Rich is a familiar figure at most Long Island road races, with a consistent 6:30 to 6:45 p.c.c., a ready smile, and words of encouragement for his teammates in the Plainview-Old Bethpage Road Runners Club. Rich's most recent race efforts include a 20:42 in the November 17, 5 Kilometer Syosset Sprint, and a 33:58 in the Thanksgiving Day Port Washington Long Island 5 Mile Championship Race.

## letters to the editor...

To the Editor:  
With the Christmas mailing season now behind us, the entire staff of the Hicksville Post Office wishes to express our appreciation for the cooperation we received from your newspaper in helping us urge the public to shop and mail early during the past month.

Thanks to your efforts and the excellent cooperation of our residents, we were able to handle the holiday mail volume. Allow me to also mention that much of our success also was due to the dedication of our postal employees who worked long hours to make sure all the mail was delivered in time for Christmas.

Again, thank you for your help in making this holiday season one of the most successful and memorable ever for Hicksville.

Sincerely,  
Anthony M. Murello  
MSC Manager  
Postmaster, Hicksville

### Career Counseling

Career problems? Job rut? Resume blues? The Hicksville Public Library offers a free professional Career Counseling service. Call WE 1-1417 for a day or evening appointment.

### LEGAL NOTICE PUBLIC NOTICE

NOTICE is hereby given, pursuant to law, that a public hearing will be held by the Town Board of the Town of Oyster Bay, Nassau County, New York, on Tuesday, January 24, 1984, at 10 o'clock a.m., prevailing time, in the Hearing Room, Town Hall, Audrey Avenue, East Building, Oyster Bay, New York, for the purpose of considering the application of **KIDDER-HUNT MANAGEMENT CORP., McDONALD'S CORP., and SANFORD ABRAMS and SIDNEY BACH** as Trustees for the **ESTATE OF SARAH ROSENZWEIG**, for permission to modify Resolution No. 1038-79 as to Condition No. 1 which reads: "1. That the applicant and/or any successor is hereby prohibited from constructing curb cuts on Princess Avenue, a residential street, and that all vehicular access to and from the subject premises shall only be by Broadway" so as to permit the construction of curb cut on Princess Street to allow vehicular traffic for both ingress and egress to the subject property; and Condition No. 5 which reads: "5. That the hours of operation shall be restricted to Mondays through Thursday 7 a.m. to 11 p.m. prevailing time, Friday and Saturday, 7 a.m. to Midnight, prevailing time, and Sunday 8 a.m. to 11 p.m. prevailing time" so as to permit the hours of operation to be changed to "Monday through Friday 8 a.m. to 11 p.m., Saturday 7 a.m. to Midnight and Sunday, 7 a.m. to 11 p.m., prevailing time" on the following described premises: **ALL** that certain plot, piece or parcel of land, buildings and improvements thereon, situated at Hicksville, Town of Oyster Bay, County of Nassau and State of New York, which is bounded and described as follows: That parcel located on the westerly side of Broadway 150 North of Princess Street (Princess Avenue) having a frontage on Broadway of 150 feet and an average depth of 297 feet and being identified on the Nassau County Land and Tax Map as Section 11, Block 299 and Lots 630 and 631. The above mentioned petition and map which accompanies it are on file and may be viewed daily (except Saturday, Sunday or Holidays) between the hours of 9 a.m. and 4:45 p.m., prevailing time, at the office of the Town Clerk at Oyster Bay, Hicksville and Massapequa. Any person interested in the subject matter of the said hearing will be given an opportunity to be heard with reference thereto at the time and place above designated. **TOWN BOARD OF TOWN OF OYSTER BAY, JOSEPH COLBY, Supervisor, ANN R. OCKER, Town Clerk.** Dated: November 15, 1983. Oyster Bay, New York.  
MIT 1662  
1x1/6

### American Legion Auxillary News

During the Christmas Season a wide variety of parties were held and attended by the American Legion Auxillary of the Charles Wagner Unit #421, Hicksville.

December 3, our own Auxillary meeting and party with the County staff attending.

December 10, party for Cottage 47 at Suffolk Developmental Center in Melville. President Cynthia Hochbruechner and 7 other members participated, also many members of the Post were present. Gifts, food and party followed.

December 16, 2 members prepared food and attended a Christmas luncheon for the Satellite Clinic. Members of the V.F.W. Auxillary were also present.

December 18, Post Christmas party for children and grandchildren of the members. Refreshments were served. Santa Claus

was Charles Petry, a member of the Post and good friend to many Post and Auxillary members.

December 21, Northport V.A. Hospital, Building #62, planned a lovely party for our volunteers. The food prepared by the men of the Out Patient Clinic was just great and each volunteer received a bottle of "the bubbly". It was a very nice day for the volunteers and the families of the veterans.

Also on December 15 the Volunteer Organization at Northport, held a Luncheon in Building 5 and it was a lovely time spent with all the volunteers of Nassau and Suffolk counties.

Our next regular meeting will be on Friday, January 6 at 8:30 p.m. Cynthia Hochbruechner presiding.

A happy and healthy New Year to all our members and friends.

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### MID ISLAND TIMES

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**COMPOSITION RESPONSIBILITY:** This newspaper will not be liable for error appearing in any advertising beyond the cost of the space occupied by the error.



## All Star Wrestling At Jericho H.S.

Less than one week remains before the big Professional Wrestling spectacular to be held at Jericho High School on Wednesday, January 11, at 8 p.m. for the benefit of the People Counseling Program and the Jericho Knights of Pythias charity fund.

In the main event Bob Backlund, the recently dethroned World Wrestling Federation Champion, will go up against the infamous Sgt. Slaughter. In what has now become an extremely important match-up, Chief Jay Strongbow will be wrestling the newly crowned W.W.F. Heavyweight Champion, the Iron Sheik.

Both of these matches have taken on greater significance in light of recent developments in the World Wrestling Federation. The outcome of both bouts could conceivably have a tremendous impact upon the future of the Heavyweight Championship belt.

Also appearing on Jan. 11, at Jericho High School (off Rt. 107, just north of the Long Island Expressway) will be **Salvator Bellomo** against "Mr. Wonderful" **Paul Orndorff**; "Mr. U.S.A." **Tony Atlas** against **Iron Mike Sharpe**; **S.D. (Special Delivery) Jones** against **Tiger Chung Lee**; and **Brian Blair** against **Butcher Paul Yachon**.

Tickets for \$6 and \$8 are still available at the following locations: Birch Drugs, in the Waldbaum Shopping Center, Jericho; Turnpike Texaco, Jericho Turnpike, Jericho; Seigel Shoes in the Waldbaum Shopping Center, Plainview; Drug King Pharmacy, Old Country Road and South Oyster Bay Rd., Plainview; and **PEOPLE Counseling Program** 936 Stewart Ave., Bethpage.

Tickets may also be available at the door on January 11. For information call 433-5344.

## News From Syosset Library

**Contemporary Books**, a discussion group with Barbara Krupit, will meet at the Syosset Public Library on Thursday, Jan. 19, from 1-3 p.m. to discuss "The Color Purple" by Alice Walker. Registration for the four-month series begins on Jan. 5. For information, call 921-7161. Free!

The film "Say Amen, Somebody" (100 min.) a documentary on Gospel music, will be shown at the Syosset Public Library on Friday, Jan. 20, at 8 p.m. Limited seating. Free.

**Laura Simms, Storyteller** will be at the Syosset Public Library on Saturday, Jan. 14, at 3 p.m. for children second grade and over. This program is made possible with support from Poets & Writers, Inc., which is funded by the Literature Program of the New York State Council on the Arts. Free tickets will be available Jan. 7. For information, call 921-7161.

CALL INPUT 931-0027  
24 hours a day! Answer the Question of the Week or express an opinion on other topics of interest to readers.....

## LEGAL NOTICE PUBLIC NOTICE

NOTICE is hereby given, pursuant to law, that a public hearing will be held by the Town Board of the Town of Oyster Bay, Nassau County, New York, on Tuesday, January 24, 1984, at 10 o'clock a.m., prevailing time, in the Hearing Room, Town Hall, East Building, Audrey Avenue, Oyster Bay, New York, for the purpose of considering an application for a special use permit pursuant to the Building Zoning Ordinance of the Town of Oyster Bay as follows: **PROPOSED SPECIAL USE PERMIT: Petition of NASSAU CENTER FOR THE DEVELOPMENTALLY**

**DISABLED, INC. and MID ISLAND INDUSTRIES** for a Special Use Permit to construct and maintain in an "G" Industrial District a Day Treatment Center, on the following described premises: **ALL** that certain plot, piece or parcel of land, with the buildings and improvements thereon erected, situate, lying and being at Hicksville, Town of Oyster Bay, County of Nassau and State of New York, on the Northeast Corner of New South Road and Karin Lane, Hicksville, New York, known on the Land and Tax Map of the County of Nassau as Section 46, Block 585, Lot 34, the premises being known as 101 New South Road, Hicksville, New York, 11801. The abovementioned petition and map which accompanies it are on file and may be viewed daily (except Saturday, Sunday or Holidays) between the hours of 9 a.m. and 4:45 p.m., prevailing time, at the office of the Town Clerk at Oyster Bay, Hicksville and Massapequa. Any person interested in the subject matter of the said hearing will be given an opportunity to be heard with reference thereto at the time and place a' ve designated.

**TOWN BOARD OF TOWN OF OYSTER BAY. JOSEPH COLBY, Supervisor. ANN R. OCKER, Town Clerk. Dated: December 6, 1983. Oyster Bay, New York. MIT 1660 1x1/6**

## Five Acre Zoning Public Hearing

Oyster Bay Town Supervisor Joseph Colby announced that the Town Board has set a public hearing date of January 24, to consider a proposal to establish a new five-acre residential zone on undeveloped land within the Town of Oyster Bay.

Colby stated that "because of a recommendation from the New York State Legislative Commission on Water Resource Needs of Long Island, the Board will consider the adoption of a five-acre residential zone in order to preserve and protect the groundwater quality in critical recharge areas.

"The Legislative Commission had recommended the adoption of a five-acre residential zone in their 1983 progress report," Colby said, "and they specifically indicated the need to protect the critical watershed recharge areas which are located in the northern section of the Town of Oyster Bay."

"The Town does not currently have a five-acre zone," Colby explained, "so the public hearing has been called in order to consider amending the Town's Code of Ordinances to establish new division which would be called 'AA' five-acre zone residential district.

"If the Town Board does make the determination to adopt the proposed five-acre zone," Colby said, "the next step would be for the Town Board to apply the new zone to the specific areas which the Legislative Commission has indicated are critical recharge areas." The area under consideration for designation as a five-acre residential district includes approximately 415 acres located along the north side of Jericho Turnpike, west of Route 107 in Jericho which are currently designated as residence "A", (two-acre) and residence "B-A" (one acre clustered) zones. The area includes the property owned by the Meadow Brook Club.

The public hearing is scheduled to begin at 10 a.m. on January 24, in the Town Hall East Hearing Room, Audrey Avenue, Oyster Bay.



On December 21, the fifth graders at Village School performed a play entitled **Skulduggery Santa's Place**. It was beautifully done. Many thanks go to Mr. Parkes, their teacher, who worked very hard with the children. We also thank fifth grader Peter Davis who took the above picture.

In photo top - Scott Olawski, Kevin Feehand, Terry Lynch, Melissa Fasenaro, Laura Wolf, Jennie Reiman. Bottom - Louis Fornosi, Stacey Feigenbaum, Felicia Levine, Kellie Murphy, Christine Guilliano, Michael Muggavero.

## Town Expands Computer Prog.

Oyster Bay Town Supervisor Joseph Colby announced Town Board authorization of a new project that will expand the Town's IBM System 38 computer to include a computerized address match file.

Colby said, "this new file will provide an accurate listing of street address numbers for all homes and buildings, by matching those numbers to the actual location of the physical property which is currently described by section, lot and block numbers." The project will increase the speed and efficiency of virtually every Town operation involved with the processing of records and services relating to real property. Presently the street

address and location have to be identified manually by looking up the section, lot and block number on a real property map.

Colby indicated that "the Town's Division of Sanitary Collection Services will be the first to employ this computer list. When it is completed," Colby said, "it will form the basis of a new system that will coordinate resident requests for special bulk pickup collection." Instead of arranging for these pickups individually on a day-to-day basis, the address file will allow the scheduling of bulk pickup stops by location to form a more efficient and cost effective collection route.

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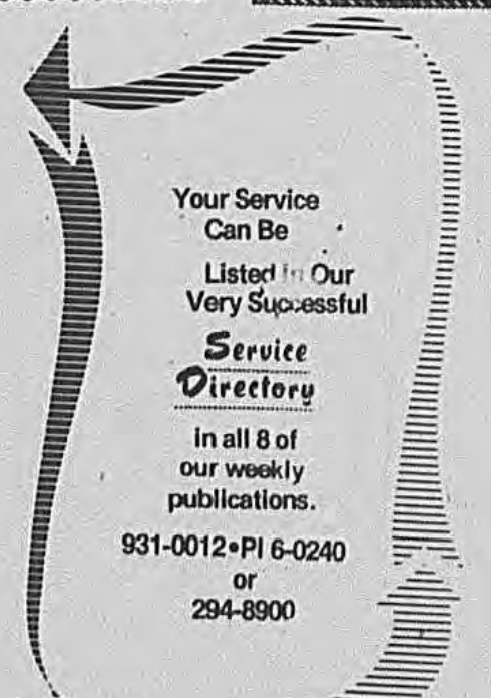
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**LEGAL NOTICE****NOTICE TO TAXPAYERS**

The undersigned Receiver of Taxes for the Town of Hempstead, County of Nassau, State of New York, hereby gives notice that he has received the Tax Roll and Warrant attached hereto, dated December 28, 1983 and the Receiver of Taxes will be in attendance to receive taxes at 200 NORTH FRANKLIN STREET, HEMPSTEAD, N.Y. 11550 beginning Tuesday, January 3, 1984 and each weekday thereafter from 9:00 a.m. to 4:45 p.m. (Saturdays, Sundays and holidays excepted).

**Property Tax Rates by Class:** Nassau County - General Purposes Class 1 3.018 Class 2 4.022 Class 3 3.779 Class 4 3.799; Nassau Community College Class 1 .506 Class 2 .567 Class 3 .552 Class 4 .553; Town of Hempstead - General Purposes Class 1 .683 Class 2 .781 Class 3 .744 Class 4 .748; Town Highway - Repairs and Improvements of Highways Class 1 2.101 Class 2 2.277 Class 3 2.285 Class 4 2.288; Town of Hempstead - Part Town (Building, Zoning, etc.) Class 1 .206 Class 2 .223 Class 3 .224 Class 4 .224; Town Building and Board of Zoning Appeals in Inc. Village of Atlantic Beach, C.O. (Classes Not Applicable); Nassau County Police 4.824 (Classes Not Applicable); Nassau County Police Headquarters Class 1 1.603 Class 2 1.795 Class 3 1.748 Class 4 1.752; Nassau County Sewer Taxes; Special District Taxes

**PENALTIES**  
The following scale of penalties is hereby prescribed for neglect to pay County, Town and Highway and Special District taxes after they become due and payable.

If the first half is not paid on or before February 10, 1984, penalty will be added at the rate of one per centum per month from January 1, 1984 calculated to the end of the month during which payment is made.

Penalty on the second half will be added after August 10, 1984 at the rate of one per centum per month from July 1, 1984 calculated to the end of the month during which payment is made.

**DISCOUNTS**  
If the full year's tax is paid on or before February 10, 1984, discount will be allowed on the second half of the tax at the rate of one per centum of the second half. No discount allowed on payments after February 10, 1984.

Taxes are payable in cash, check or money order. Uncertified checks will be accepted subject to collection and payment made therewith will not become official until collection has been effected.

When requesting tax bills, please state the School District location, Section, Block and Lot numbers in accordance with the Nassau County Tax Map.

After August 31, 1984, the 1984 Tax Roll will be turned over to the County Treasurer and all payments after that date should be made at the Office of the County Treasurer, Nassau County Office Building, 240 Old

**LEGAL NOTICE**

Country Road, Mineola, N.Y. 11501.

Robert D. Livingston, Jr.  
Receiver of Taxes  
Town of Hempstead  
Dated: December 28, 1983  
Hempstead, N.Y. 11550  
MIT 1623  
1x1/6

**LEGAL NOTICE  
PUBLIC NOTICE**

**NOTICE** is hereby given, pursuant to law, that a public hearing will be held by the Town Board of the Town of Oyster Bay, Nassau County, New York, on Tuesday, January 24, 1984, at 10 o'clock a.m., prevailing time, in the Hearing Room, Town Hall, East Building, Audrey Avenue, Oyster Bay, New York, for the purpose of considering an application for a special use permit pursuant to the Building Zone Ordinance of the Town of Oyster Bay as follows: **PROPOSED SPECIAL USE PERMIT:** Petition of Mid Island Shopping Plaza Co. and Old Country Toyota Corp. for a special use permit, pursuant to Section 485 (ee) to permit in a "G" Business District (General Business) the storage of new cars until they are delivered to the dealership located at 340 West Old Country Road, Hicksville, New York, on the following described premises: All that certain plot, piece or parcel of land, situated at Hicksville, Town of Oyster Bay, County of Nassau, State of New York, which is described as follows: A rectangularly shaped parcel of real property situated on the North side of James Street, beginning at a point approximately 1.155 feet West of the intersection formed by the North side of James Street and the West side of Newbridge Road, having frontage along James Street of approximately

**LEGAL NOTICE**

240 feet and an average depth of approximately 190 feet. Said premises being identified on the Land and Tax Map of Nassau County as Section 11, Block D, part of lot 1265. The above-mentioned petition and map which accompanies it are on file and may be viewed daily (except Saturday, Sunday, or Holidays) between the hours of 9 a.m. and 4:45 p.m., prevailing time, at the office of the Town Clerk at Oyster Bay, Hicksville, and Massapequa. Any person interested in the subject matter of the said hearing will be given an opportunity to be heard with reference thereto at the time and place above designated. **TOWN BOARD OF TOWN OF OYSTER BAY.** JOSEPH COLBY, Supervisor. ANN R. OCKER, Town Clerk. Dated: November 15, 1983. Oyster Bay, New York. MIT 1661  
1x1/6

**A Majority of One**

BY ASSEMBLYMAN LEWIS J. YEVOLI

As a gift to commuters for 1984, the Metropolitan Transportation Authority has increased commuter fares by 20%. Travelers from Oyster Bay/Hicksville have had their monthly commutation ticket rise from \$91.00 to \$109.00, and, if they take a bus or subway in the city, the cost goes from 75 cents to 90 cents per ride. The MTA is a gigantic super-agency, which, over the last two decades, has imposed chronic fare increases on commuters, while transit services have consistently declined. Only in government would an agency with such a dismal record be allowed to continue. As usual, it's the taxpayers and, in this case, the commuters who are forced to subsidize this failure. The latest 20% fare increase is the second one for the LIRR in the last 7 years. This comes on the heels of a special arrangement that placed 1/4 of a cent on the sales tax in all the downstate counties served by the MTA. This 1/4 cent was supposed to be used to offset the need for fare increases. As usual, it seems that no matter how much money the MTA receives, it is never enough. The time to put an end to the MTA's control of mass transit in New York State is long overdue. A look at its history certainly indicates it has not worked and should be put to rest before it bankrupts all of us.

In 1965, the Metropolitan Commuter Authority was created by law, expressly for the purpose of taking the Long Island Railroad, which was then owned by the Penn Central R.R., out of bankruptcy. It was supposed to become a well-run, modern railroad under a defined program administered by the newly created authority. For at least three years, according to most available accounts, the program seemed to get off to a good start.

Then, in 1968, the Metropolitan Transportation Authority was formed to replace the MCA. It incorporated the troubled New York City subway and bus systems, the bankrupt Penn Central and the Erie-Lackawanna commuter system. Merged into this transportation monster was the Triborough Bridge and Tunnel Authority whose surplus revenues were to be used to support the city transit operation and the suburban commuter operations. Future acquisitions included Conrail's Westchester commuter line, local airports and several financially strapped suburban commuter bus companies. The MTA soon became the largest regional transportation authority in the United States.

In those years, government functioned under the erroneous premise that "big is better." Nowhere was this attitude more prevalent than in New York State during the four terms of Governor Rockefeller. The so-called "super-agencies" of the sixties were supposed to provide maximum efficiency and substantial economies through the coordinated systems administered by the new centralized authorities. No problem would be too big or too small and improvements would occur faster and cheaper than ever before. A wonderful dream that soon became a nightmare for the state and its taxpayers. Money was spent at a speed that could best be measured in light years and, since most of these authorities were autonomous, they were answerable to no one. Of them all, the MTA stands out as the biggest and most costly bureaucratic blunder ever created by the "big is better" syndrome. Fifteen years and several billion dollars later, the city's subways and buses have never been worse, while travel on the suburban commuter lines is expensive and erratic.

The LIRR has had more than its share of problems since becoming a member of the MTA's gigantic family. Although the LIRR carries more commuters on a daily basis than any other line in the country, its status in the MTA seems to be relegated to that of a tolerated but clearly distant relative. A perfect example of the LIRR's unfair treatment by the MTA is the now defunct East River Tunnel. No other project could have done more to ease congestion on the line. When completed, it would have provided desperately needed rail lines to Grand Central Station and eliminated 50% of the commuter traffic at Pennsylvania Station. After years of promises and after spending hundreds of millions of dollars, the MTA abandoned the project.

Three years ago, I introduced legislation in the Assembly to sever the LIRR from the MTA and establish a separate Long Island Transportation Authority responsible to Nassau and Suffolk Counties. In my opinion, a smaller entity, administered by Long Islanders for Long Islanders, could get the Railroad on the right track. Getting out from under the thumb of the MTA would in itself be a major breakthrough. Being part of the MTA has resulted in stalled improvements, chronic fare increases, declining service and mismanagement. A local authority could concentrate on improving the LIRR's operation. Revenue would certainly be needed, but I have always believed the LIRR never received its fair share of the federal and state transit dollars that are given to the MTA.

Two years ago, no one took my idea seriously. Last year, legislators from Rockland and Westchester Counties filed bills in Albany to sever their commuter lines from the MTA. One thing is certain - the MTA has an unmatched record of failure in New York State. This is no way for a government agency to function and is certainly no way to run a railroad. The MTA had its chance to produce a better downstate transit system for 15 years and has failed. Failure should not be rewarded with tenure. The MTA should be abolished. The time to abolish the MTA is long overdue. My bill to create a separate Long Island Transit Authority would mark the beginning of the MTA's demise. Hopefully, enough of my colleagues in the State Legislature will support this effort to make it a reality.

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# “At the rate I was going, in ten years I’d have about \$2000 saved.”

I have a pretty good job. I’ve never been out of work. I’ve received regular promotions. The only thing I’ve never been able to do is save money.

One day I overheard my secretary talking about how much she’d saved buying U.S. Savings Bonds through the Payroll Savings Plan. I was astounded.

Then I looked at my bankbook. I figured out how much my average yearly savings had been since I’d been working. And I almost cried. At the rate I was going, in ten years I’d have about \$2000 saved.

Oh, some years I’d save three or four hundred (nine hundred one year), but it didn’t last long. Something would always come up and I’d take it out and spend it. I always figured one of these days I’d bear down and build up a nest egg.

Since nothing else seemed to work, I decided to give the Payroll Savings Plan a try. I *should* be able to save as much as my secretary. If it worked for her it should work for me.

It turned out to be very easy. They take a little out of each paycheck toward Bonds, so *that’s* a portion of your pay you’re not tempted to spend. Not only is it easy but it’s safe. The Bonds are piling up and so is the interest. And, by the way, the interest is guaranteed.

I never thought much about Bonds before but it’s hard to find a better return on such a small, initial outlay.

When I get enough saved I may look into other things. But as for right now, it’s the best, easiest way I know of to save. Actually, it’s the *only* way that works for me.

I started late, but better late than never.

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## Backyard Gardener

### Semidwarf Zinnia takes the prize

By Patrick Denton

There are three winners of the coveted All-America Selections awards for 1984 — one flower and two vegetables — having grown them in my own garden last season from trial seeds that were sent to me. I can heartily recommend them for backyard gardeners this coming season.

Each year more than 50 judges from seed companies, universities and public gardens across the United States and Canada evaluate many flower and vegetable trial entries against the best available varieties already on the market.

From there are chosen the All-America Selections winners, but only those entries which are clearly superior to varieties already available. So, when you see the distinctive red, white and blue All-America shield on seed packets, plant labels and in catalogs, you can be assured the new variety will be the best in its class for vigor, uniformity of growth and resistance to disease.

As you peruse your 1984 catalogs and browse through the seed racks in the garden shops, watch for this year's All-America winners: Border Beauty Rose Hybrid zinnia, Sugar Ann Edible-pod pea and Celebrity hybrid tomato.

Let's take a look first at this year's only award-winning flower, Border Beauty Rose, which was produced by W. Atless Burpee Co. Zinnias have long been popular

with home gardeners both for the flamboyant colors they provide for the sunny garden and their value as cut flowers for indoors.

I'll have to admit that I was rather skeptical about this zinnia when it first came up in my garden last season because the young plants seemed awfully skinny. "This is an award-winner?" I sported to my wife. But soon Border Beauty Rose developed into healthy, bushy plants and more than lived up to its advance billing.

The dahlia-type, semi to fully double flowers are 3 to 3½ inches across and are a radiant, rose-pink color highlighted by touches of salmon. Because ours were planted in a conspicuous spot on the side of our front driveway, we received numerous comments from passersby.

Border Beauty Rose came through with a profusion of blooms from early summer through fall when, after our other zinnias had long since packed it in, I finally cleaned out the bed. Their standout blossoms would provide a lavish display for virtually any setting — in beds, borders or as mass plantings.

The semidwarf, bushy, vigorous plants grow to about 20 inches in height, making Border Beauty eminently suitable for pots and other containers as well as the open garden.

These plants produce ample quantities of blossoms so that plenty can be removed to indoor arrangements without detracting

from the show in your garden bed or containers.

I suspect another reason zinnias are popular with home gardeners is they are relatively pest-free. And if you have a hot, sunny spot in the garden that perhaps isn't always reached by the sprinkler, zinnias are remarkably tolerant of such neglect.

Still, they don't like to go too long without adequate moisture and since they are generally placed in full sun, it's a good idea to provide the plants with a moisture-preserving mulch of some sort at their feet.

As this year's only All-America award-winning flower, Border Beauty Rose will no doubt be in heavy demand this spring so I'd recommend that you order to buy your seeds early, to avoid disappointment.

Next week, I'll be telling you about the two 1984 All-America winners in the vegetable category and how they fared in my garden last year from advance trial seeds.

## Your Social Security



### The rules on marriage

**Q.** There are several elderly women in our complex who are confused by Social Security's rules on marriage.

Can you give some general guidelines to follow? — V.H.

**A.** Marriage may affect the benefits of people who get Social Security dependent's benefit based on the work record of a parent or spouse. Widows and widowers 60 or over are not affected by this rule. They may remarry without any reduction in their benefit amounts.

In all other cases a person receiving Social Security dependents' benefits will have his or her benefits eliminated or reduced upon marriage.

**Q.** Five years ago I was married and had my name changed on my Social Security card. I have just been divorced and I am using my maiden name again. Will Social Security require another name change? — D.H.

**A.** Yes. You should report your change of name to Social Security. It's important for your records to be kept up to date.

You will need to submit proof of identification under your married name and your maiden name.

**Q.** My sister's husband has been on Social Security disability for two years. He is now eligible to start collecting his retirement from the plant where he worked.

Will he have to give up his Social Security?

**A.** No. Entitlement to a company retirement pension does not affect Social Security disability payments. Income from dividends, interests, etc. would also have no effect on receipt of Social Security disability benefits.

**Q.** I am a 54-year-old amputee (operation performed in August 1981). I have not worked in the past 25 years. My husband is 58 and has taken early retirement from his job since his position has been eliminated.

I was told to ask about getting disability benefits from Social Security. — B.H.

**A.** You are not eligible to receive disability benefits based on your own work since you did not work in five out of the 10 years prior to becoming disabled.

At age 62 you will be eligible to receive benefits on your own account or as a spouse depending on which would pay the higher amount.

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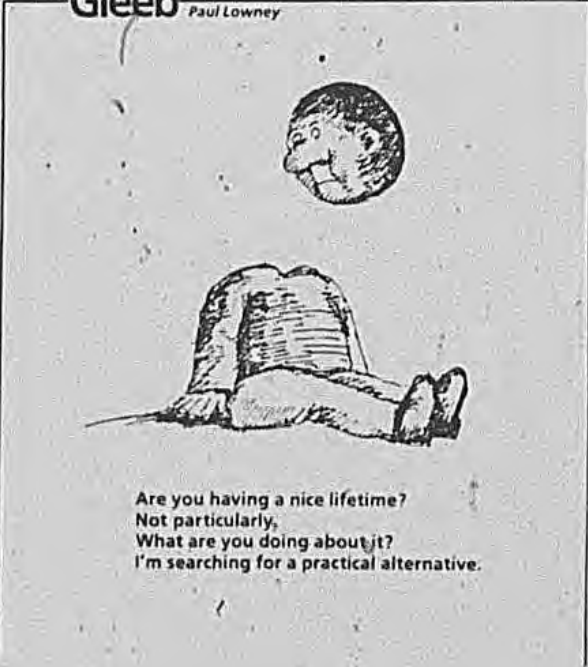
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### Geriatrics by Paul Norris & Lyle Swigart



### Gleeb Paul Lowney





Keneth Blau (left) President of the Bethpage Rotary and Nat Wollin (right) Program Chairman, thank Senator John Dunne for his dynamic remarks as the featured speaker at a recent luncheon of the Bethpage Rotary Club. Senator Dunne addressed a variety of key issues before the State Legislature which are expected to impact on the Bethpage community.

### Library Films

The Hicksville Public Library will be showing three short films on the subject of taxes. The titles are: *Why Us, The Lakens?* (about a tax audit) This film is provided by the Internal Revenue Service. *Curious Facts About Money and Taxes; Death and Taxes* (supplied by H. & R. Block)

The films will be shown at 8 p.m. in the Community Room of the library on Thursday, Jan. 12. There is no charge for admission and everyone is invited.

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## You And Your Money



### Outplacement counseling

By Judith G. Rhoades

**Q. What exactly is outplacement counseling?**

A friend of mine was let go because his company is closing and he was told he is eligible for outplacement counseling. Is it a good thing? — L.B., Chicago, Ill.

A. Outplacement counseling is exactly what it sounds like. A person who is terminated from his/her job is given counseling in finding a new position outside of the company he/she has been employed by.

The more progressive companies today are not only using outplacement services for their executive personnel, but also for their rank-and-file employees as well.

Outplacement counselors will help the person regain self-esteem and put the person into a proper frame of mind for interviewing. Counselors also will assist with resume writing.

If your friend has outplacement services available to him, by all means he should use it.

**Q. What does alternative minimum tax mean? Does that mean I'm going to have to pay income tax, even though I don't owe any money?** — A.Z., Denver, Colo.

A. No. Not exactly. Alternative minimum tax would affect you if you had income tax to pay, but the amount was reduced to a very low or non-existent level because of tax shelters you had purchased.

The government now is saying that various tax items which previously were considered deductible by purchasers of tax shelters in the past, will no longer be considered deductible. Uncle Sam wants everyone who pays income tax to pay his or her equitable

share.

If you did not earn any income, you will not be subject to any minimum tax. If you were a purchaser of tax shelters, or use other preference items in computing your income tax, you would have to compute your tax the regular way, then compute the AMT way. Should the AMT amount be higher than the regular computation, you would be required to pay the AMT.

If any indicators point to the possibility that you could be subject to AMT, see your tax adviser immediately.

**Q. Can I open a Keogh Plan next year when I pay my taxes?** — S.D., Duluth, Minn.

A. You should open your Keogh Plan before Dec. 31 of this year in order to have it qualify for your 1983 taxes. It is not necessary, however, to fund your Keogh Plan until you pay your taxes, April 15, or if you obtain an extension, then you can wait until you pay on your extension due date.

Rhoades' "The Women's Investment Handbook," co-authored with Gail Perkins, is available at bookstores.

Judith Rhoades has been in the securities industry for over 15 years, is the author of two books on finances and feature editor of the DIGEST OF FINANCIAL PLANNING IDEAS.

.....  
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# THE OFFICE CAT

By Gabby Tabby



ANOTHER New Year and we wish the best to all.....THE TOWN is greeting the new year with proposed increases in waste disposal fees but the fees generally are of importance to private dumpers rather than Town Sanitation users.....THE TOWN has signed a Memorandum of understanding with Tobida the agency that will finally construct a waste to energy facility in the Old Bethpage location. The construction is being done by the Blount Inc. Blount will make an "equity" contribution of \$30 million based on estimates made in viewing the Swiss prototype. The entire plant will cost an estimated \$112 million and take garbage from the Town of Huntington as well as Oyster Bay. Local residents had hoped the dump would go elsewhere but it will be expanded.....ALL INCUMBENT Republicans were sworn in for new terms on Jan. 3 except the new Receiver of Taxes Gary Musiello, who replaced Solomon Newborn.....THE LATEST on GOP Boss Margiotta is that he will be released from prison no later than April 15.....THE POLICE REPORT is printed each week as a public service to acquaint readers with where crime is taking place in the area and as an aid to the Neighborhood Watch program. Anyone seeing suspicious activity should phone 911.....BURGLARS broke into the Hayes Inn 280 Broadway, Bethpage on Dec. 31. They removed a side window and stole \$1828 in cash.....BURGLARS broke into Daru Enterprises 8 Commercial St., Hicksville on Dec. 30. They pried open a rear window and stole 70 cartons of cigarettes, 22 video games and \$1000 in cash.....THE burglars also broke into Bidco, Inc. at the same address. They pried open the front door and stole an undetermined amount of cash.....BURGLARS broke in through an unlocked rear window of a house at 29 North Drive, Hicksville on Dec. 29. They stole assorted jewelry.....ON DEC 29 burglars broke into a house at 132 Cottage Blvd., Hicksville. They forced in a rear door and stole a BB gun, Bulova watch a diamond ring and a gold chain holding two gold charms.....BURGLARS broke into the Krachman home 2 Ruth Drive, Hicksville, on Dec. 27. They pried open the front door and stole jewelry.....ON DEC. 29 burglars entered the Ottman residence 383 Woodbury Rd., Woodbury. Entry was through an unlocked rear door but the loss is unknown.....AN attempted burglary at the Kimmel residence 8 Pooundridge Rd., Plainview was made on Dec. 30. Burglars tried to pry a rear door but were unsuccessful.....BURGLARS broke the glass in the rear door of the Toeh residence 8 Harvard Drive, Woodbury on Dec. 30. They entered and stole jewelry.....AT 17 Harvard Drive, Woodbury burglars broke the glass in a rear window and stole cash and jewelry.....BURGLARS came through the unlocked side door of the Mt. Hope Asphalt Co. 344 Duffy Ave., Hicksville on Dec. 29 and stole tools.....GLASS in the front window of the Paper and Party warehouse at 424 Jericho Turnpike, Syosset was broken on Dec. 29. Cash and checks were stolen.....BURGLARS broke into the offices of Williamson, Eisenstadt and McCloughlin 170 Old Country Rd., Hicksville on Dec. 30. They stole a typewriter. That's all the news for now...G.T.

## LEGAL NOTICE

Notice is hereby given that the persons herein named have formed limited partnerships for the transaction of business in the town of Jericho State of New York and have filed a certificate in the Clerk's office of Nassau County which the substance is as follows:

The name of the limited partnerships are First Long Island Gas One Associates and First Long Island Two Associates. The character of the businesses are investments in natural gas properties. The principal place of business is One Jericho Plaza, Jericho, County of Nassau, State of New York.

First Long Island Investors, One Jericho Plaza, Jericho, New York is the general partner and the limited partners are as follows:

Bayshore Group, Jericho, NY; Robert Entenmann, Montauk, NY; William Entenmann, Islip, NY; Charles Entenmann, Brightwaters, NY; Robert D. Rosenthal, Roslyn Harbor, NY; Daniel D. McCarthy, Rockville Centre, NY; George Rosenthal, Great Neck, NY; Harold Lubarsky, Westbury, NY; Denise Tompkins, East Islip, NY; Peter Rosenthal, Mineola, NY; Jamie Entenmann, Islip, NY; Jerome Lubarsky, Westbury, NY.

The term for which the Partnership is to exist is for a period of twenty years ending on December 31, 2023. The amount of cash contributed by all partners amounted to \$715,000,000. The net profits and losses of the Partnerships shall be allocated among the Partners in proportion to their respective percentage interests in the Partnerships. JNJ 7647 6x12/2,5,16,23;1/6,13

## LEGAL NOTICE

North Shore Partners '83, 7 Fairchild Ave., Plainview, NY. Substance of Certificate of Limited Partnership filed in Nassau County Clerk's Office December 16, 1983. Business: Sponsor and fund research program to develop power supplies. General Partner and Share of Profits: S. Merrill Skeist, 1620 Cedar Swamp Rd., Brookville, NY, 1%. Initial Limited Partner, Capital Contribution and Share of Profits: Michael A. Civan, 46 Sea Cliff Ave, Sea Cliff, NY, \$100, 99%. Partnership to continue until Oct. 31, 2022. No additional contributions to be made by initial limited partner. Initial limited partner shall withdraw from the partnership an admission date of limited partners as provided in partnership agreement. Limited Partner, Capital Contribution and Share of Profits: \$300,000, 99%. No partner, other than initial limited partner, shall demand return of his contribution. Limited partners may substitute a transferee in his place as provided in agreement. If general partner withdraws without giving 60 days notice he shall be liable as if he had not withdrawn. No limited partner shall demand property other than cash in return for his contribution. SA 7213 6 X 12/30; 1/6, 13, 20, 27; 2/3



Hicksville Rotarians were treated to a very unique presentation at their December 29 luncheon meeting. In a father and son program, Richard Martin, son of Rotarian Paul Martin, was featured. Richard is a professional illustrator and uses a novel approach in his work. He first takes photos of his subjects then draws and paints from the pictures which have been shown in national publications. At this particular Rotary session Mr. Martin took pictures of the members present which he intends to use in the March issue of the National Bar Association periodical. (Photo by Joe DePaola)

## News From Bethpage Library

Long Island Storytelling Contest at the Bethpage Public Library.

Calling all fourth and fifth graders - become storytellers! Have fun, entertain your friends, and win prizes too! Join the Long Island Storytelling Contest at the Bethpage Public Library or at your school.

All you have to do is learn a folk or fairytale to share with your family and friends. Your school and public librarians will help you select stories and special after-school coaching sessions will be held during January, February and March at the Bethpage Public Library.

Each contestant on the school level will win a Certificate of Participation and a coupon for a Burger King Whopper Junior, courtesy of the Burger King Corporation, 4201 Hempstead Turnpike, Bethpage. School run-offs will be held during the week of March 18.

Prizes for school winners will include a \$15 award from Citibank 1125 Old Country Road, Plainview. The Grand Finale and judging will be held at the Bethpage Public Library on Saturday, March 31 at 2 p.m. At this time the Citibank checks will be presented and the all-district winners will receive their trophies also donated by Citibank. Families and friends of the school winners are invited to the Grand Finale and refreshments will be served.

All fourth and fifth graders residing in School District #21 may enter the contest. You can sign up now with your school or public children's librarian. For information call 931-3907.

Adelphi Computer Authority to give program for children at the Bethpage Public Library

On Saturday, January 21, Dr. William Steinmetz of Adelphi University will present "Kids and Computers", an unusual and comprehensive program for young people and their parents at the Bethpage Public Library.

Dr. Steinmetz, a professor of mathematics and computer science, will discuss and illustrate computers in action. Among demonstrations planned are LOGO and turtle, touchpads, music synthesis, videogames, and interesting drill and practice programs to help young people with their school work. As William Steinmetz says, "Computers are always ready to perform in exciting ways - to play games, teach, or help you invent new creations, such as pictures, music or your own videogames."

Young people in Grades 3-6 and their parents are invited to attend this outstanding program which will begin at 2 p.m. District #21 residents only, please. Registration is now being taken in the Children's Room at the Bethpage Public Library. For information please call 931-3907.

Strawberry Shortcake at the Bethpage Public Library

On Saturday, January 14, the Bethpage Public Library will show a double feature treat of film specials for school age youngsters.

"The World of Strawberry Shortcake" (color - 24 min.) spotlights Strawberry Shortcake and her high spirited friends who foil the evil Peculiar Purple Pieman so that everything turns "berry-side-up" at a magical birthday party.

"The Adventures of Ichobod and Mr. Toad" (color - 68 min.) offers two great classics in one outstanding animated feature - a delightful adaptation of Kenneth Grahame's "The Wind in the Willows", narrated by Basil Rathbone, and a memorable version of Washington Irving's "The Legend of Sleepy Hollow", narrated by Bing Crosby.

Showtime is 2 p.m. and all young people residing in District #21 are invited to attend. Tickets are now available in the Bethpage Children's Room. For information please call 931-3907.

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## Our Children

### Spare the rod?

By Willard Abraham, Ph.D.

**Q.** Some years ago I heard another authority in your field say there is never, under any circumstances, an excuse for spanking or the need to spank a child.

I believed that (after all, I'm no expert) — until I had children of my own. Now I feel that on rare occasions there may be an appropriate time to spank a child, but not frequently and not in anger. It can be for the benefit of either one or both parent and child. Let me give you an example.

The other day my 2-year-old and I were calmly walking to a nearby grocery store which happens to be on a busy street. Without any advance warning he darted into the street (for what reason I have no idea) and was almost hit by a car. He would have been if I hadn't run after him, grabbed him, and pulled him back to the curb just in time.

I was nervous, my heart was pounding, and I slapped him several times on his little rear. He was surprised, but I think that what I did and what I said ("Don't ever do that again. You could have been hurt by that automobile") made an impression on him even though he's only 2.

My physical and oral reaction to him did me some good too. It relieved my tension.

Did I do something terribly wrong? What do you think.

A. I tend to agree with you. Rare, controlled spankings, administered calmly and for reasons

that are understood, don't strike me as being so terrible.

I know that some of my colleagues in child development and parent education and involvement may not agree with me. Some readers may disagree with me too.

I'd like to hear from them, as well as from any who are on my side and that of the parent who wrote this letter. I'll share such reactions when they come in.

**Q.** Do you accept questions from teachers as well as parents? (I'm a parent, too, but that's not why I'm writing to you.)

I teach in a school that has several self-contained classes for handicapped children, and it gets my goat to see how easy it is for the teachers in them. Each teacher has so few children, while they (the normal ones) are assigned in large numbers to the rest of us. It just isn't fair.

I certainly don't go in for this "mainstreaming" business of putting the handicapped ones in regular classrooms. Let them keep them isolated in their own classes, but let's try to equalize the teaching load.

Don't you agree?

A. Hardly. Having worked in the Special Education field for many years, I know something about the difficulties of working with handicapped children. It's far from a soft touch. You might try it sometime — but then again, with your present attitude, perhaps you shouldn't. It wouldn't be pleasant for either you or the children.

Mainstreaming can be accomplished effectively but only if regular and Special Education teachers work closely together and support and understand each other's responsibilities. Backing from the school administration and parents is also essential.

**Q.** I am so worried about our 4-year-old who almost never speaks. Our doctor says there is nothing wrong with him and time will take care of it, but things don't seem to be getting better.

We have not put him in a nursery school because we are afraid that the other children will ridicule him.

We certainly would like your advice.

A. Although time does take care of a lot of parental worries, it doesn't always provide a solution.

Your doctor may feel there is no physical problem, but there could be other reasons for not speaking.

An appointment with a competent speech therapist may be a helpful starting point. His or her recommendation might help you decide whether to place your son in a preschool setting. Children will frequently talk to other children even though reluctant to open up with adults.

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•Optometrists  
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**Natural Beauty  
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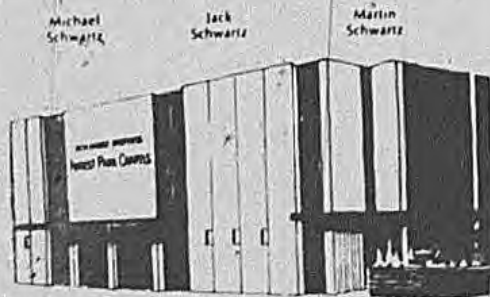
Discover your natural beauty on Tuesday, January 10 at 8 p.m. at the Jericho Public Library! Barbara Conlin of "Color Me Beautiful" will help you find the colors that make you look great and feel fabulous. You must pre-register due to limited seating in the meeting room.

**Crime Prevention  
Identification**

On Thursday, January 12 and Friday, January 13, from 10 a.m. to 2 p.m., a Crime Prevention Officer of Nassau County Senior Citizens will be at the Jericho Library to guide and advise the public on safeguarding property and possessions. Stop by and learn how to protect yourself and your things.

MID ISLAND TIMES FROM JANUARY 8, 1984 PAGE FOURTEEN

**Geriatric** by Paul Norris & Lyle Swigart



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**Development Engineer—  
Turbine Ignition Systems**

Laboratory position where development and transient analysis of applicable circuits for current applications and advanced concepts are performed. Requires BSEE with 5 to 10 years related experience in power switching transistors, rectifiers and other circuit components used in turbine ignition capacitor discharge ignition systems.

**Development Engineer—  
Permanent Magnet Generators**

Must be able to design and develop permanent magnet generators for turbine engine aircraft applications using rare earth magnets. Requires BSEE with 5 to 10 years related experience and background in rotating devices with speeds to 50,000 rpm in high temperature, high vibration environments. Also should have a working knowledge of magnetics as applied to other devices, such as magnetos, speed sensors, actuators, etc.

**Development Engineer—  
Engineering Analysis**

Laboratory position where computer models for electrical, thermal and mechanical performance are generated, and engineering analysis of electrical and mechanical designs is performed. Requires BSEE or BSME with 1 to 5 years related experience and knowledge of engineering science (especially in electricity and magnetism as applied to pulse power circuits used in turbine and reciprocating ignition systems). Computer knowledge must include Basic and Fortran programming. Extended discipline in mechanics, dynamics, thermodynamics and fluid mechanics desirable.

**Senior Engineer—  
Turbine Engine Cables**

Will design and develop electrical cable and harness designs for turbine engine applications, including the specification of connectors, accessories, wire and termination methods. Technical coordination and response to customer inquiries will be an important function. Requires BSME degree with 1 to 5 years related experience.

**Engineering Technician—  
Circuits**

Requires AAS in Mechanical or Electrical Technology, 3 to 5 years related experience and hands-on ability to build test breadboards, troubleshoot malfunctioning hardware and write investigative reports. Must be capable in measurements and basic analysis of high and low voltage test points in capacitor discharge ignition systems and AC/DC power oscillator circuits.

**Engineering Technician—  
Magnetics**

Requires AAS in Electrical Technology with 1 to 5 years experience in measurements and basic analysis of magnetic/electrical circuits in rare earth permanent magnet generators. Should have hands-on ability to build test breadboards, troubleshoot malfunctioning elements and write investigative reports.

**Electro-Mechanical Designers**

Requires AAS degree in Mechanical or Electrical Technology, with 1 to 5 years in engine mounted rotating machinery or equivalent experience. Experience with gears, cams, bearings, moldings, die castings, mechanical and electrical fasteners, switches and coils would be desirable.

**Project Engineer—  
Electro-Mechanical Design**

Will coordinate development and testing of new products with customers. Requires BSME or BSEE with 4 to 6 years experience in packaging electronics for turbine engines or other extreme environments.

**Senior Engineer—  
Electro-Mechanical Design**

Will coordinate various product development phases under guidance of project engineer. Requires BSME or BSEE with 3 to 5 years experience in packaging design, development, materials and processes for engine mounted electronics.

**Engineering Designer—  
Electro-Mechanical Design**

Requires AAS degree in Mechanical or Electrical Technology with 3 to 5 years experience in electronic packaging design and component layouts for extreme environments. Sheet metal enclosure design experience beneficial.

**Engineering Designer—  
Turbine Engine Cables**

Will prepare sketches, layouts, parts lists and manufacturing documentation. Requires AAS degree in Mechanical or Electrical Technology with 3 to 5 years related experience. Should have working knowledge of various MIL-spec electrical connector families, wire and cable.

**Engineering Designer—  
Turbine Igniters**

Requires AAS degree in Mechanical or Electrical Technology with 3 to 5 years experience in design and layout of igniters for turbine engines. Must be familiar with high temp. metals, joining methods, tolerancing. Will work under supervision of design engineer.

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**LEGAL NOTICE  
CERTIFICATE OF  
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PURSUANT TO**

**PARTNERSHIP LAW § 91**

The following certificate is being filed in connection with the formation of J.D. Thakral & Associates, a limited partnership (the "Partnership") being formed pursuant to Article 8 of the Partnership Law. In furtherance thereof, the undersigned certifies as follows:

I. The name of the Partnership is J.D. Thakral & Associates.

II. The purpose of the Partnership is to invest in real property and to take such other actions as may be necessary, advisable or incident to carry out such business.

III. The principal place of business of the Partnership 61 Colgate Drive, Plainview, N.Y. 11803.

IV. The name of each member is set forth below. The General Partner and all Limited Partners reside at 61 Colgate Drive, Plainview, N.Y. 11803:

**General Partner  
Jairam D. Thakral  
Limited Partners  
Pushpa Thakral  
Kiran Thakral  
Vipin Thakral**

V. The term of the Partnership will continue until December 31, 2020, or such earlier date as the General Partner elects upon requisite prior notice.

VI. Each of the Limited Partners has contributed the following sum in cash:

Pushpa Thakral \$18,000  
Kiran Thakral 3,000  
Vipin Thakral 3,000

VII. No additional contributions are required to be made by any Limited Partner.

VIII. There is no agreement as to the return of the capital contributions of the Limited Partners. However, any Limited Partner may terminate his relationship with the partnership by assigning his interest in the Partnership upon requisite notice to and the consent of the General Partner.

IX. The Limited Partners shall each receive the following share of profits and losses of the Partnership:

Pushpa Thakral 30%  
Kiran Thakral 5%  
Vipin Thakral 5%

X. Limited Partners are not entitled to substitute an assignee in their place and stand without prior consent of the General Partner.

XI. The General Partner is entitled to admit additional Limited Partners.

XII. No Limited Partner has priority over any other Limited Partner as to any Partnership matter.

XIII. Upon the death, retirement or insanity of the General Partner, the Partnership will terminate unless the Limited Partners holding a majority of Limited Partner interest affirmatively vote to continue the business of the partnership with one or more substituted General Partners.

XIV. Limited Partners have no right to request distributions other than cash.

**LEGAL NOTICE**

XV. This Certificate is being executed by the General Partner on behalf of the Limited Partners pursuant to a Power of Attorney set forth in the Partnership Agreement. The Partnership Agreement is dated as of September 23, 1983 and executed counterparts thereof are maintained at the offices of Javits, Hinckley, Rabin & Engler, 1345 Avenue of the Americas, New York, New York 10105.

Dated: October 28, 1983.  
**JAIRAM D. THAKRAL,  
General Partner of  
J.D. Thakral & Associates,  
acting for himself  
JAIRAM D. THAKRAL, as  
Attorney-in-Fact for the  
Limited Partners named in the  
above Certificate of Limited  
Partnership.**

SA 7211  
6x12/16,23,30;1/6,13,20

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Marine Pfc. Lyle P. Schaffer son of Mae E. Schaffer of 47 Berkshire Road, Bethpage, has completed the Basic Avionics ("aviation electronics") Technician Course.

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Navy Fireman George Keller III, son of Antoinette Smith of 226 Eighth St., Hicksville, has returned for duty aboard the repair ship USS Vulcan homeported in Norfolk, Va.

Marine Pvt. Agla J. Leontakianakos, son of Anastasia Leontakianakos of 2 Amherst Lane, Hicksville, recently returned from a six-month deployment to Beirut, Lebanon.

He is a member of Battalion Landing Team 1/8, 24th Marine Amphibious Unit (MAU) based at Camp Lejeune, N.C.

The 24th MAU replaced the 22nd MAU in May as the American contingent of the Multi-National Peacekeeping Force.

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Hard economic times dictate hard financial decisions. This year, the federal government has already eliminated endangered species aid, jeopardizing the restoration of a number of birds and animals native to New York. In addition, thousands of acres of grassland, wetland,

marshland and forest that are critical to the survival or extension of New York's wildlife are eliminated or disrupted each year. The New York State "Return a Gift to Wildlife" program is an important step towards a lasting solution to these problems and an investment in the future of our wildlife.

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Like the environment which only thrives when the whole ecosystem is addressed, the areas of work to be addressed through tax contributions are broad and comprehensive. The largest single element is earmarked for habitat protection so critical to wildlife perpetuation. A species management program will be strengthened to help maintain all species of fish and wildlife at desirable population levels for human enjoyment. A third element is the public use program which will provide increased opportunities for enjoying fish and wildlife. Lastly, the plan calls for greater awareness development of fish and wildlife values through the creation of better educational resources and information services.

Consider the added dimension wildlife brings to your life. Won't you return a gift through a contribution on Line 18 of the long form or Line 12 of the short form of your State tax return. Your gift is tax deductible on your 1983 tax return.

N.Y.S. Department of Environmental Conservation

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## movies

FRI., JAN. 6

**8-10PM NBC** (7 Central/Mountain)  
**THE JERK, TOO** Mark Blankfield, Ray Walston, Robert Sampson, Patricia Barry and Barry Ingham in a comedy based on Steve Martin's popular theatrical release *The Jerk*.

SAT., JAN. 7

**9-11PM CBS** (8 Central/Mountain)

## DEATH HUNT

**CHARLES BRONSON**  
**LEE MARVIN**  
**ANGIE DICKINSON**



SUN., JAN. 8

**9-11:30PM ABC** (8 Central/Mountain)

## SLAP SHOT

**PAUL NEWMAN**

**SLAP SHOT.** Newman is the player-coach of a minor league ice hockey team, and he's not getting any younger... or any more successful!

**9-11:30PM NBC** (8 Central/Mountain)  
**BRONCO BILLY** Clint Eastwood and Sondra Locke reteam for an off-beat but intelligent contemporary western that fans of Eastwood's celebrated *machismo* won't particularly like, but a lot of other viewers will.

MON., JAN. 9

**9-11PM ABC** (8 Central/Mountain)  
**SOMETHING ABOUT AMELIA** The powerful dramatization of how the fabric of one middle-class family is torn apart when the father is discovered to have had sexual relations with his 13-year old daughter. The first network film to focus on the sensitive subject, with Ted (*Cheers*) Danson, Glenn (The Big Chill) Close and Roxana Zal Emotional havoc. (Parental discretion is advised.)



TUES., JAN. 10

**9-11PM CBS** (8 Central/Mountain)

## LICENSE TO KILL

**JAMES FARENTINO**  
**PENNY FULLER**  
**DON MURRAY**  
**MILLIE PERKINS**

WED., JAN. 11

**9-11PM CBS** (8 Central/Mountain)  
**MODERN PROBLEMS.** Chevy Chase is a frazzled air traffic controller whose telekinetic power drive his girl friend (Patti D'Arbanville) and his co-workers (Sandy Heiberg, Buzzy Linnhart and Ron House) wild.

FRI., JAN. 13

**8-10PM NBC** (7 Central/Mountain)  
**HARD KNOX** Robert Conrad Right!

SAT., JAN. 14

**9-11:20PM CBS** (8 Central/Mountain)

## BODY HEAT

**WILLIAM HURT**  
**KATHLEEN TURNER**



**BODY HEAT.** William Hurt is a sleazy lawyer in a sleepy and steamy Florida hamlet, Kathleen Turner the beautiful young woman for whom he has an overpowering passion. Richard Crenna is the chillingly dangerous and cuckolded husband, and Mickey (Diner) Rourke is an oddball moral arsonist. Ted Danson is featured. Lawrence (The Big Chill) Kasdan's homage to the 1940's film noir of James M. Cain and Raymond Chandler, and suitably simmering with lust, greed and treachery. A terrific movie!

MON., JAN. 16

**9-11PM NBC** (8 Central/Mountain)  
**A MATTER OF SEX.** Jean Stapleton and Dinah Manoff in the true life tale of eight valiant women waging a bitter battle with extreme personal sacrifice and strike against their employ-

er... a small bank in Willmar, Minnesota. Lee Grant directed entirely on location around Toronto.



## sports

SAT., JAN. 7

**2PM-7 NBC** (1 Central/Mountain)  
**NCAA BASKETBALL.** North Carolina visits intra-rival North Carolina State in Raleigh's Reynolds Coliseum.

**3-3:30PM ABC** (2 Central/Mountain)  
**SPORTSBEAT.** The Emmy Award-winning athletic journal commences its third full year, again hosted by Howard Cosell, who has at last found something for which he has an undeniable talent.

**3:30-5PM ABC** (2:30 Cent./Mt.)  
**PRO BOWLING TOUR.** \$140,000 Rolaids Open from the Brunswick Wonderbowl in Anaheim, California.

**4PM-7 NBC** (3 Central/Mountain)

## HULA BOWL

**HULA BOWL.** Some of the nation's top college senior football stars compete. Live from Aloha Stadium in Honolulu, Hawaii.

**5-6PM ABC** (4 Central/Mountain)  
**WIDE WORLD OF SPORTS.** Celebrating its 23rd Anniversary, the popular sports anthology show kicks-off with the Harlem Globetrotters in Hong Kong.

SAT., JAN. 14

**12:30-2:30PM NBC** (11:30 Cent./Mt.)

## VOLVO MASTERS

**TENNIS.** The Volvo Masters Tennis Tourney, featuring the world's 12 top tennis players battling for the sport's prestigious year-end crown. Dick Enberg and Bud Collins report.

**2PM-7 CBS** (1 Central/Mountain)  
**NCAA BASKETBALL.** North Carolina versus Wake Forest.

**2:30PM-7 NBC** (1:30 Cent./Mount.)  
**NCAA BASKETBALL**

**3:30-5PM ABC** (2:30 Cent./Mt.)  
**PRO BOWLING TOUR**

**4:30-6:30PM NBC** (3:30 Cent./Mt.)

## DESERT CLASSIC



**GOLF.** Bob Hope Desert Classic.

**5-6:30PM ABC** (4 Central/Mountain)  
**WIDE WORLD OF SPORTS.** Ski jumping and the WBC Championship.

SUN., JAN. 15

**4:30-6:30PM NBC** (3:30 Cent./Mt.)  
**GOLF.** Bob Hope Desert Classic.

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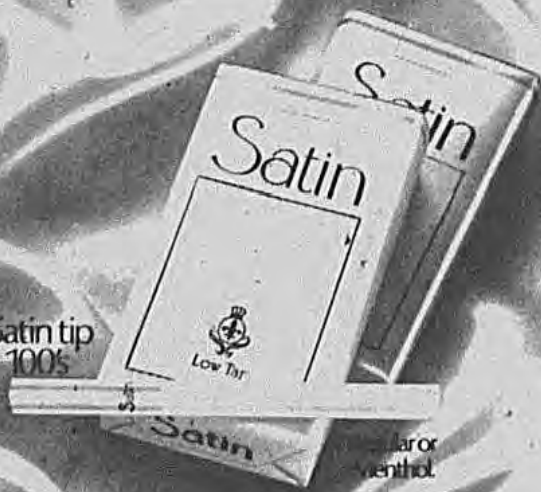
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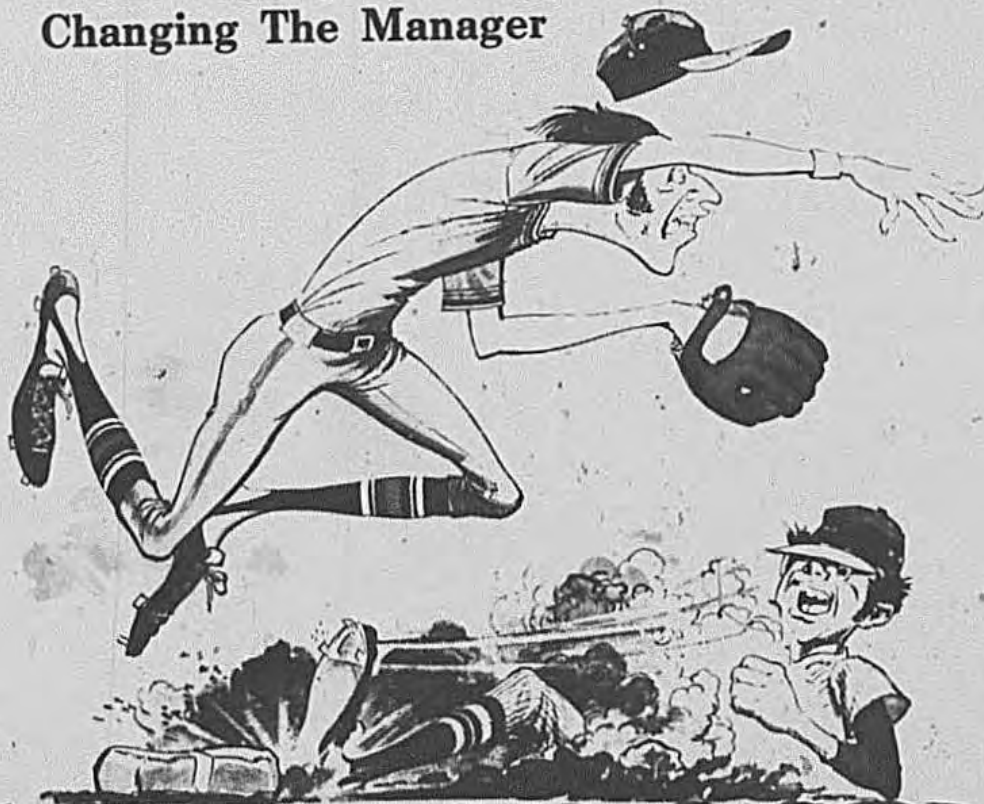
The newspaper edition that helps discover new writers, new ideas  
through Input, special family features, and classified ads that are  
nearly as interesting as the news columns.

Friday, January 6, 1984



# DISCOVERY

**Baseball's Big Lie:  
Changing The Manager**



See Page 3



## THE QUESTION OF THE WEEK

Has your view of capital punishment changed in the last two years? Do you favor capital punishment?

**THE PLEAS A MURDERER HEARS BEFORE HE LEAVES DEATH-ROW.**



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**•One subject to a caller per week•**

## INPUT Callers Think TV Has Hurt Education

Television watching came off poorly in answers by callers to Input on this question: "TV has been blamed for a decline in education among youth. How much decline in academic scores would you attribute to television watching?"

### SINGLE FACTOR

I believe that TV is the one single factor in the U.S. that contributes to poor academic scores. As schools try harder there is a counterbalance by TV that erases all of the effort that is put in. I would be happy if there were a lock on TV sets that would only be opened after homework was finished. H.F.

### SOMETHING TO BLAME

In American society we always look for something to blame. It used to be radio and movies and now it is TV. The fact is that we should blame the parents for not keeping stricter control of how the children use their time. And that is my answer to your question. P.B.

### BABY SITTER

TV has done a great deal of damage but in some cases some good for education. Sesame St. and programs like it are very worthwhile but there are not enough programs of that calibre. Unfortunately TV is taking its toll in families where there is only one parent and the set is being used as a baby sitter. The theory is that it is better than having the kids run the streets. The answer has to be in better programs since we don't have any way to control how many families are split up. TV has to take a great deal of the blame for poor educational scores. H.R.

### NOT WHOLE STORY

It may be that TV is causing some of the bad scores in mathematics tests but I do not believe that it is the main factor. The main factor is that all schools do not have minimum standards for students and those schools are dragging down the averages. We have good schools in our district and that is really all we can be responsible for. Our students are doing well. N.T.

### POOR QUALITY

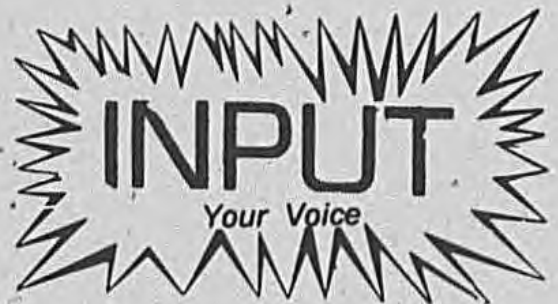
The answer to the question is that TV has poor quality programs for the most part and that anyone who watches the programs as a constant diet will go down hill intellectually. Isn't the answer that all TV should be upgraded and the national network programs should come under competition from the more channels provided by cable TV? On that score cable has yet to set the pace and if it does not improve over a period of time I hope that people will just have it disconnected. F.D.

### AGAINST TV

If the figures that TV watching adds up to 43 hours per week that youth spend watching TV then it has to be a factor in declining scores. It might just possibly be the reason that with more money spent on education that we still are not leading the way. The U.S. spends more than any other country on education but it does also spend more money on TV productions. I vote against TV. W.E.

### NOT ONLY FACTOR

I don't think that watching TV is per se a factor that is responsible for a decline in academic scores. I believe that there is a great deal of TV content which contributes in a positive way to broaden the student. On the other hand, there is also a lot of trash on the "boob tube" which appeals to adventuresome spirits and is far more fascinating than that dreary stuff between the covers of a school book. And, for the real young fry, a continuous dose of cartoons, cleverly captivating though they may be, plants ideas which help to mold character and perhaps not for the better. My own feeling is that TV is good for the youngsters with dosage regulated as to choice and balance of subject matter and expenditure of time. In my view, with all of our advanced technology, the scientists and engineers will never be able to expand time beyond the sixty minute hours we presently enjoy in order to allow for a minimum of home study and a limitless exposure to the enticement of TV. P.G.S.







# DISCOVERY

Special Story

## Baseball's Big Lie: Changing The Manager



By Robert Ricken

Anyone associated with baseball knows a managing change is contemplated only to satisfy fans or owners who have become disenchanted with the team's win-loss record. It is a frequently implemented hoax perpetuated on the public which pays the price of admission. The media and the supposedly informative sportswriters get caught up in the "hype" and rarely expose the action for what it is...cosmetic and avoidance of the real issues.

Baseball, more than any other sport, lends itself to statistics and frequently distributions in the decision-making process. The data is available and each team avails itself of statisticians to input the computers. The printouts expose performance tendencies and provide the manager with an on-line resource to assist him with each judgment call. It is evident that anyone in the dugout can easily perform the manager's decision-making role during the game.

The motivational and inspirational aspect of leadership could easily be delegated to a coach or a team captain. The latter appeals to me since it's a way to reward such aggressive competitors as Pete Rose and George Brett or keep legends such as Willie Mays, Stan Musiel and Hank Aaron in uniform after their playing days are over. To continue the expectation that good managers must be in the Leo Durocher - Billy Martin mold is to deny the successes of Hall of Famers such as Connie Mack and Walter Alston. No matter which leadership type appeals to the sports enthusiast, my point is that the manager is the least important ingredient to a successful franchise. I only marvel at how the media has been able to continue the ridiculous charade.

Joe Torre was fired as the manager of the New York Mets. He was the field executive of a last place team that performed according to their position in the standings. They were inept in every statistical category and the dreams of each spring were dashed well before the mid-season All-Star attraction.

True to form, the Boo-Birds called for Torre's "scalp." Knowledgeable sports writers gave tacit approval that the team "had to make a change". Other experts also agreed that firing Torre would be for the good of the team. Whether it be Torre or any other manager, I believe the continuation of this kind of mentality is a total rejection of what we know to be reality.

Let's examine what happened. Torre went from New York to Atlanta. In one year he went from last place to first place. Did he suddenly become a master strategist? Of course not! He simply had much better personnel.

Some detractors might argue that the coaches are also important to the team's ultimate success. Although I'd be blind not to admit that certain coaches may have positive impact on improved player performance, they simply don't create pennant winners. Joe Torre took his entire staff with him and I believe they won in Atlanta simply because they "had the horses."

One might ask, "What does matter?" I'm convinced that everyone knows the answers but stubbornly clings to the idiosyncrasy of the past. Baseball's most important executive is not the field manager but the general manager. The most important performer is the pitcher.

The general manager puts the team together. He may consult with the field manager but should be responsible for the long range plans. Owners like George Steinbrenner might demand to be involved, but the dream merchant, the visionary and the wheeler-dealer is the general manager or the architect of the future. Good managers may have some innate skills but they become experts through the creativity of those who secure the team's players.

Since every sports expert will agree that pitching provides about 70% of the success for any team, one wonders why general managers continue to deny this basic truth. There is perhaps no better example of the rejection of this hypothesis than an exploration of the abysmal trades implemented by the New York Mets. It is all the more mind boggling that the travesty has continued with a second generation of front office leadership.

If our two "givens" for a winning franchise are improved ball players and an undeniable emphasis on the pitching priority, the Mets have cornered the market on masochism. What other team in history has traded two pitchers who will undoubtedly make the Hall of Fame, Nolan Ryan and Tom Seaver will someday grace the walls of Cooperstown but they were dismissed in their prime by the Mets. To re-enforce the senselessness of the Seaver trade is to witness the fact that he's been brought back in the twilight of his career and remains their best starting pitcher.

Pitching, acknowledged by all to be the paramount ingredient for success in baseball is followed in importance, to no one's surprise, by relief pitching. Here the Mets have out-done themselves. They have now given away McGraw, Leonard and Allen. It boggles the mind to think of a bullpen with those arms and Jesse Orasco. It would have to be the best in baseball. Since Orasco has been so effective and knowing the team's penchant to self-destruct, he might as well pack his bags.

For those who feel I'm being cruel and using the advantage of hindsight, I feel I've been extremely kind. I haven't mentioned Koonsman, Madlock, Roy Lee Jackson and Falcone. Add to them Seaver, Ryan and those four relievers mentioned and you have a contender for sure.

I'd hope that when managerial changes are made the sports and media buffs would scoff at this grandstand play. The undeniable ingredients for success in baseball are:

1. Ball players - not managers
2. General Managers dealing "smarts"
3. Pitching
4. Relief Pitching

Many pennant winners of the past still glory in their sluggers but dynasties of today are created with arms not bats.

### ABOUT THE AUTHOR

Dr. Ricken is the Superintendent of the Mineola Public Schools. He has been a teacher on New York's lower east side and in Brooklyn, New York. In addition, he has been a counselor on Long Island and at Queens College.

As a free lance writer he has published in "Sports Illustrated", "Harper's Weekly", "Long Island Magazine", "The New York Times", "Newsday", "Harvard Review" and this is his third story for Discovery.

As seen in '82's  
Who's Who in  
American Restaurants

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# READER RATINGS



## IN STYLE

For a restaurant that does things in style, I nominate the Talk of the Town Restaurant on Northern Blvd. Manhasset.

We visited the Talk of the Town during the Christmas holidays and found it to be a wonderful experience. This fine restaurant is furnished so luxuriously that it makes everything else seem small. We had fine entrees, vegetables and salad for a moderate price considering the elegance and quality of the food.

The service was also very good and we vowed to come back to this restaurant often. That is why we decided to let the rest of your readers know about it. J.R.

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★★★ Mike McGrady-Newsday July 1982  
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Barbara Rader - Newsday  
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Alexandra G. Greeley - Long Island Life, November 1982  
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## READER RATINGS

### Restaurant Guide



**TOP RESTAURANT**  
We had not been to Janone's Restaurant in over a year. Then one night we just decided to go back to that famous restaurant in Hicksville. Unlike many things that stick in the memory, when revisited this restaurant did not disappoint us. The pasta was perfect, the veal was delicious and the vegetables were cooked just right. We found that the service was first rate and there was no time that we were left without someone to take care of our needs.  
For a top Italian restaurant the prices are not very high. We recommend this to everyone who wants to appreciate good Italian food. K.R.

**BETTER AND BETTER**  
The Davenport Press is an old landmark in Mineola having been, according to the menu, a bank and a printing establishment. The food at this restaurant continues to improve. Although it was good when it opened, they seem to be hitting their stride now with good service and everything else.  
We had fine sirloin steaks at that restaurant last week and the potato (bakes) and salad were very good. The price is moderate and all in all we felt it was a good experience. H.R.

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Barbecued Chicken Regular Order 6.95 Junior or Lunch 4.45 All other Meats 3rd day	Combination Chicken & Ribs Regular Order 7.95 Junior or Lunch Order 5.25	Dallas House Salad 2.95	Potato Skins 1.95	MONDAY Veal Parmigiana Spaghetti & Veg.	
Dallas Fried Chicken 6.95	N.Y. Cut Sirloin Steak 11.95	Chopped Steak 6.50	Corn Fritters 1.25	TUESDAY Beef Shishkabob Tomato, Onion, Peppers, Mush.	
			French Fries 1.25	WEDNESDAY Broiled Lamb Chops Baked Potato, Broccoli, Mint Jelly	
			Barbecued Beans 1.50	THURSDAY Sliced London Broil with Mushroom Sauce Baked Potato & Veg.	
			Dallas Beef Steaks 95	FRIDAY Broiled Filet of Sole Baked Potato, Sautéed Broccoli	
			Turkey 1.25		
			BEVERAGES	COCKTAILS 1.50 All Prem. Brands 50¢ add	
			Coffee, Tea, Soda 60	FROZEN COCKTAILS 2.25	
			Soft Drinks 75	DRAFT BEER 1.00 - 1.50	
			Milk 75	Lunch 1.00 - 1.50	
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## READER RATINGS

### Restaurant Guide



#### FINE SETTING

The Maine Maid is the place to go for a restaurant in a fine traditional setting. The Maine Maid is an old Quaker House. In fact, the owner told us that it is a landmark. But the decor is restful and elegant and the service is good. The food consists of well prepared meats and fish. Some of them are prepared right at your table. Tell your readers to try it and they will be glad for the suggestion. Toby C.

#### AMONG THE BEST

A fine restaurant to go to is the LaRomantica. We went there last week and were delighted with the place. LaRomantica is situated in Copiague and we found it just about a mile east of Route 110 on 1163 Merrick Road.

The atmosphere of the restaurant with its lighted fountain spells welcome from the time you go in until you leave. The price is another great thing. For a complete dinner on Monday, Tuesday or Wednesday from the appetizer to dessert is only \$11.95. This is for an entree of veal, fish or chicken. We topped the dinner off with espresso at no extra cost.

We think this is one of the best restaurants on L.I. R.G.

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**READER  
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**Q.** I've seen people holding the wineglasses to the light, twirling the wine around inside, and performing what look like mysterious ceremonies with wine. What's it all about? M.L.

**A.** Wine lovers will gaze with intense concentration at the color of the wine, holding the glass to the light. They hold white-wine glasses by their stems (so as not to remove the chill from the wine). They will often cup their red-wine glasses in the palm of their hand, to warm its contents, and they will swirl the wine around a bit to sniff its bouquet to the fullest. They will take a tiny sip, to test its taste on their taste buds.

**Q.** Is it proper to tip soup or dessert dishes? And when is soup eaten with a spoon? I sometimes see people drinking bouillon, etc., directly from a cup. Is this correct? C.T.

**A.** The tipping of soup or dessert dishes is acceptable if the plate is tipped away from the spoon, not toward the eater. Soup or bouillon served in a handled cup or (Oriental fashion) small, cup-sized bowl may be drunk. If there are vegetables or other garnish floating on top, these may be lifted off with the spoon before the soup is drunk. Noodles or other things which may be in the bottom of the cup are spooned up after the liquid has been drunk.

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Through a special 21 hour phone system, readers will be asked to call in their assessment of each restaurant they visit. Conscious ratings (good or bad) will be published as a continuing part of the guide.

In addition they can make suggestions, compliments or criticisms through the open phone line and messages will be sent through to the restaurant management.

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## Cooking Corner

# Modern waves bake traditional foods

By Toni Griffin

It was a popcorn-cooking demonstration in 1953 that first opened the world of microwaves to Grace Wheeler. That was two years after the first microwave ovens hit the home market in 1951.

With a price tag of about \$1,500 per innovative oven, Wheeler, now a microwave cookbook author and cooking teacher, mentally put the machine on her "wish list," knowing that she wanted to eventually cook with one. She grabbed her husband — also intrigued by the snowy corn billowing out of a microwave oven — and they decided immediately that microwave cooking was in their future.

In 1972, microwave oven prices had dropped considerably and the Wheelers started cooking with a new wave style microwave.

Today the woman prepares most of her cooked food with the help of those pencil-sized invisible waves. She claims that microwaves save her hours of time weekly. And that the food is just as flavorful and nutritious as that cooked conventionally.

With an imaginative spirit and years of experience in the kitchen, Wheeler has converted regular recipes and created new ones for use in the microwave. Her book, "Microwave Cooking... My Way" is a collection for beginner and seasoned microwave cooks.

Wheeler offered a number of tips related to her recipes. Here are a few:

- For baking cakes, be sure batter is level. Since a Bundt or other cake will cook in approxi-

mately 5-6 minutes, the batter has no time to seek its own level as in conventional baking.

- To substitute for a 9x5-inch loaf pan, use a 1-quart milk carton, cut off the top and run masking tape all around to stabilize container sides. This paper loaf mold will hold 3 cups of fruitcake batter and can be used repeatedly.

- Wheeler likes to bake cakes on full power (100 percent), despite the suggestion of dual power in most cookbooks. But for dense cakes and some fruitcakes, she uses dual power.

- Do not grease and flour the pan. Lightly grease it or spray with vegetable oil spray.

- For clay molds, oil and sprinkle with a light layer of sugar or graham cracker crumbs or cocoa.

- The microwave will not bake and brown drop cookies because of the cookie dough's high concentration of fats and oils which attract microwave cooking waves too rapidly.

When choosing cupcake pans,

look for the plastic ones with holes in cup bottoms so that condensation does not form on bottom of cake.

- Line loaf pan with parchment paper for fruitcake baking. Waxed paper will tear due to the moisture.

Here are Wheeler's old-fashioned recipes baked in the new-fashioned way:

### PINEAPPLE PECAN FRUITCAKE

- 1 pound (about 2½ cups) cut, candied pineapple
- 2 cups whole candied cherries (red and green)
- 3 cups pecan halves or pieces
- 1½ cups golden raisins
- 3 cups flour
- 1 cup butter, softened
- 1½ cups light brown sugar, packed
- 4 eggs
- ½ cup pineapple juice
- ½ cup brandy or rum
- ½ tsp. salt
- 1 tsp. baking powder
- 2 tsps. each allspice and cinnamon
- ½ cup ruby port wine

Place fruits and nuts in large bowl. Sprinkle with 1 cup flour; toss to coat. Set aside. Beat butter, brown sugar and eggs together vigorously 2 minutes.

Alternately stir in juice and brandy or rum with remaining 2 cups flour that has been mixed with salt, baking powder and spices. Fold in fruits and nuts. Mix until fruit is well-coated with batter. Line sides and bottoms of two 8½x4½x2½-inch glass or plastic loaf dishes with parchment. Have paper extend slightly above top edge of dish. Spoon mixture into dishes, packing evenly and leveling tops.

Cook each separately in microwave on high (100 percent) power 3 minutes, reduce setting to 50 percent (medium) power and continue to cook 12-14 minutes or until a tester comes out clean when inserted in center. (A 3-cup mold will bake in 2 minutes on high, then 10 minutes at 50 percent power.) Using paper extensions, lift cake out and place on wire rack. Brush each cake with ¼ cup wine to add flavor and color.

When cool, remove paper. Wrap separately in a brandy- or wine-soaked cloth. Overwrap with plastic wrap or foil. Store in cool place at least two weeks, re-moistening once or twice. Makes 10 cups mix.

### OLDE ENGLISH PLUM PUDDING

- 1 cup flour, unsifted

- ¼ tsp. salt
- ¼ tsp. ground nutmeg
- ¼ tsp. ground allspice
- ¼ tsp. ground cinnamon
- ¼ tsp. ground cloves
- 1½ cups raisins
- 1½ cups golden raisins
- 1½ cups currants, plumped in brandy
- ½ cup finely cut candied citrus peels
- ½ cup blanched chopped or slivered almonds
- 2 cups soft fresh bread crumbs
- 3 eggs
- ½ pounds suet (about 2 cups of the beef fat — available from butcher)
- 1 cup dark brown sugar, packed
- 1 small apple, peeled, cored and chopped fine
- Grated rind and juice of one small orange
- 1 tbsp. dark molasses
- ½ cup brandy

Sift flour, salt and spices into large bowl. Cut raisins slightly, mix with currants, candied peel, almonds and bread crumbs; combine with flour mixture. Finely chop suet when it is cold. Beat eggs; stir in suet, brown sugar, apple, orange peel and juice, molasses and brandy, stir together with fruit mixture and mix well to soft dropping consistency. If necessary, add additional brandy. Spoon mixture into greased ceramic, glass or plastic molds, packing tightly as you go.

Cover loosely with plastic wrap, securing edges with a rubber band or string.

Cook in microwave on 50 percent (medium) power, figuring at

least 5 minutes cooking time per cup of batter:

- 7 cups batter, 35 to 38 minutes
- 4 cups batter, 20 to 23 minutes
- 3 cups batter, 15 to 18 minutes

Serve warm with Brandy Butter, Fluffy Hard Sauce or Custard Sauce. Makes 7 cups.

Notes: For ovens with only full power, bake with rest periods: cook 5 minutes, let rest 5 minutes etc. Also, the plum pudding is best if made at least one day in advance of serving; flavor is greatly improved if stored 2-4 weeks.

### BACON-STUFFED MUSHROOMS

- ½ pound bite-size mushrooms
- 4 slices bacon
- 1 tbsp. instant minced onion
- ½ cup soft fresh bread crumbs (about 1 slice)
- ¼ tsp. salt or to taste
- ½ tsp. pepper
- ½ tsp. garlic powder
- 1-2 tsps. dry white wine or water
- Paprika

Clean mushrooms, remove and chop stems; set aside. Place bacon on paper towel and paper plate or microwave bacon rack; cover with paper towel and cook in microwave on high (100 percent) power about 4 minutes or until crisp. Crumble or chop fine. Mix chopped stems with bacon, onion, bread crumbs, salt, pepper, garlic powder and wine or water. Fill mushroom caps with mixture mounding slightly. Firm filling lightly with fingers. Arrange on dish suitable for microwave, preferably one from which you can serve. Sprinkle each mushroom

FROM OUR KITCHEN

# Ooodles and ooodles of Chinese noodles

### "ANTS CLIMBING A TREE"

(Ma-Yi Shang Shu)

- 4 ozs. transparent rice vermicelli
- ¼ pound fresh ground pork
- 3 scallions, minced
- 1 tbsp. minced fresh ginger
- 1-2 tsps. hot bean sauce
- 3 dried mushrooms, soaked in hot water till soft, and cut into bits
- 1 tbsp. dry sherry
- 1 tbsp. soy sauce
- 1 tsp. salt
- 1 cup chicken broth
- 4 tsps. peanut oil

Soak the vermicelli in hot water 5 to 10 minutes, until soft. Drain and cut vermicelli two or three

times with a large knife, to make shorter pieces that are easy to eat.

Heat the peanut oil in a wok until very hot. Add the pork and stir-fry until cooked through. Add the scallions, ginger and bean sauce and stir-fry until the pork absorbs the red color of the hot bean sauce. Add the seasonings and mushrooms and stir well. Toss in the vermicelli. Reduce heat and simmer, stirring, until the sauce has cooked down somewhat. Serve hot.

### "DAN-DAN" NOODLES

- ½ pound Chinese egg noodles
- ½ cup fresh ground pork
- ½ cake (about 7 inches) tofu, crumbled
- 2 tsps. fermented black beans
- 2 tsps. hoisin sauce

### Sauce Mixture

- 2 tsps. chili paste with garlic
- 2 scallions, chopped
- 1 tbsp. finely chopped preserved Szechuan vegetable
- 1 tsp. finely minced ginger
- 2 tsps. sesame oil (plus a few drops)
- ½ cup chicken broth
- 1 tsp. dry sherry
- 1 tbsp. peanut oil

Drop noodles into boiling water and cook, separating with chopsticks, for 3 minutes. Drain, rinse with cold water and sprinkle with a few drops of sesame oil to keep noodles from sticking together.

Heat the peanut oil in a wok until very hot. Stir-fry the pork, tofu and black beans with the hoisin sauce until pork is done. Add the sauce mixture and toss until heated through. Add the noodles, toss and serve hot. Serves 4.





## Antique or Junque

By James G. McCollam  
Member, Antique Appraisers  
Association of America

Q: I have a small (6 1/2-inch) covered pitcher with geometric designs. On the bottom is the enclosed mark.

Who made it, when, where, and how much is it worth?



A: This was made by Knowles, Taylor, and Knowles in East Liverpool, Ohio. It dates back to the early 1900s and would sell for about \$50 to \$60.

Q: This curly maple desk has been in my family for over 100 years. I would like to know what you can tell me about its vintage and value. The sides are joined to the top with dovetails and other joints are secured with pegs.



A: Your desk is Early American Chippendale and a choice antique. It was handmade in the late-18th century and would sell in the \$2,500 to \$3,000 range.

Q: Why should some pieces of Depression Glass and Carnival Glass made in the 20th century be worth more than a fine piece of hand-cut crystal made 100 years ago?

A: Good question! They shouldn't.

Brilliant-cut glass is a work of art and beautiful to behold. Depression and Carnival Glass were cheap molded glass with little or no artistic merit. When brand new any piece could be bought for less than \$1. One-hundred years ago cut glass was an expensive luxury.

Collectors have bid the prices up on Carnival and Depression Glass and dealers have fostered the fad. Unfortunately, I have to report what glass sells for — not what I think it is worth.

**BOOK REVIEW:** "The Japanese Print" by Hugo Munsterberg; John Weatherhill, Inc.; 6 E. 19th St.; New York, NY 10016; \$19.95 plus \$2 postage or at your local bookstore.

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# Here's How

By Gene Gary



**Q.** We have glasses and crystal which have been washed quite often in our dishwasher, using hard water. They are scummy.

Nothing seems to remove this discoloration and scale, even when we wash the crystal by hand. Any suggestions? — Mike S.

**A.** First try soaking the glasses and crystal in warm white vinegar. Then wash in detergent, rinse and dry.

Fine crystal should not be washed in an automatic dishwasher because the water dries on the glass. It is preferable to wash by hand, then dry immediately with a soft towel.

You could also try using Lime-Away, a commercial product recommended especially for removal of scale caused by hard water. That's a back-up solution in case the vinegar doesn't do the job.

**Q.** I have about 35 square feet of black slate hearth. House is about 29 years old.

What can I use to clean the slate? Spots have appeared from moisture in

plants, although protective measures were used in watering the plants. Moisture exuding from plant leaves has also left spots.

Is there any way to remove scratches? Occasionally I wash the surface with warm, soapy water, but spots and scratches immediately reappear.

Also, how can I clean 3/4-inch grout between slabs? We appreciate your column. — Mrs. H. Burgess T.

**A.** Regarding the spots on your slate hearth, it is likely they come from an alkaline deposit, either from the water or a detergent. In which case an acid would be the remedy. First, we suggest you rub the spots with vinegar. If this fails, try to remove the spots with a 5 percent solution of muriatic acid.

Always pour the acid into the water and wear rubber gloves and goggles when applying the acid solution with a cloth.

Contact with the acid may require 5 to 10 minutes before the alkali is neutralized. Then rinse thoroughly.

If this fails, rub the spots with soap saturated steel wool pads dipped in water. For scratches, try coarse steel wool or coarse sandpaper.

If the grout still needs cleaning, use a stiff brush and strong solution of chlorine bleach, with a small amount of detergent added.

After the slate has been thoroughly cleaned and allowed to dry, a coat of sealer will make the surface easier to clean and keep clean.

**Q.** I live in a one-level townhouse by the water.

The flooring is a concrete slab covered with carpeting throughout. Although the house is well insulated, cold seems to penetrate in the winter.

I wish to replace kitchen wall-to-wall carpeting with ceramic tile. Will I find this colder than carpeting? Any other suggestions? I enjoy your column very much. — Arline I.M.

**A.** I am sure you will find the tile colder than the carpeting, but I can understand why you may not want carpeting in the kitchen.

If you decide to replace the carpeting, be sure to use a foam rubber padding, suitable for on-grade floors.

It would also be a good idea to check around windows and doors for any places that need caulking to prevent cold air from entering the house. Heavy drapes would also help keep the interior warm.

# Mainly For Seniors

By John T. Watts



## Children can be a problem

**Dear John:** What are you going to do when the children just take over?

My husband died recently and now one of my married sons and his wife have just moved in. It's a big house, but not that large. I've discovered.

They seem to think I'm not capable of running my own affairs anymore. I mean, they're telling me what to do in my own home.

I've been thinking even of getting myself a little apartment and telling them if they want to stay in the house they can pay rent for it like everybody else. My son has a good job and makes good money.

Do you think that would be too drastic? — Muriel B.

**Dear Muriel:** Whatever it takes to keep your kids from running over you can't be too drastic.

I'm sure you love your children like most of us do. But it's not the best way in the world to show it by handing them everything on a silver platter. After

all, we won't be here forever to do for them.

Married children can't learn any younger that it's a cruel world out there, even if some of them do

think the world owes them a living — particularly their parents.

It's a strange thing, but when one of the parents is gone seems to be the most critical time, the time for loving sons and daughters to take over. ("Dear Old Mom, needs some help. Her judgment is decaying. She can't decide for herself anymore.")

We're not even talking about the avaricious kind, the ones who are in there with both hands, smelling loot, sometimes even before the body is cold. A severe heart attack is a good time for them to rally around, even if they haven't dropped a card to Mom and Dad for months.

Let them know without delay that you can stand on your own feet. If you need a baby sitter you can hire one.

**Dear John:** I would like some more information on Certo and grape juice. I have a very sweet friend that has stiff knees. She's 74 years old. Will you please send me the leaflet? — Rosie T.

**Dear Rosie:** Be glad to, if you send a self-addressed, stamped envelope. Postage costs being what they are, plus a large volume of mail, we have to insist on the envelope.

Another reader heard from at the same time said she didn't know what Certo was. It's a pectin used to make jam and jelly. Find it in the grocery store, probably along with the other canning supplies.

**Dear John:** Several weeks ago there was an article in your column on arthritis, juices and so forth. Could you please print it again? I lost the article and find now I need help. — Mrs. H.M.

**Dear Mrs. H.M.:** Sorry we can't do that very soon. Note letter above.

CALL INPUT 931-0027 24 hours a day! Answer the Question of the Week or express an opinion on other topics of interest to readers.....

# Doctor's Forum

**Q.** Can the ingestion of small amounts of aluminum, such as from aluminum cooking utensils, cause any illnesses? — K.K.

**A.** The San Diego Regional Poison Center, at the University of California Medical Center, receives numerous inquiries throughout the year about the safety of aluminum cooking utensils, aluminum cans and aluminum foil.

We are happy to report that the ingestion of traces of aluminum through the use of those materials listed above is harmless. — Betts Wallace, managing Director of the San Diego Poison Information center.

**Q.** How successful is the procedure for endoscopic urethral suspension, called the "Stamey Procedure," and how long does it take for complete bladder control to return to normal? — H.P.

**A.** Endoscopic urethral suspension (the "Stamey procedure") is a refinement of an operation that has been used for many years for the correction of urinary stress incontinence.

The older operation (the Marshall-Marchette-Krantz operation) is done through an incision on the lower abdomen. Stitches are placed near the bladder neck and the bladder neck is tacked up behind the pubic bone. This is a very successful operation for correction of urinary incontinence caused by abnormality of the position of the urethra and bladder neck.

The endoscopic suspension is of some advantage for the patients whose lower abdomen is scarred because of previous surgery, but is equally suitable for patients who have not had a previous operation. The operation is done through a small incision in the vagina and two one-inch incisions near the pubic bone. A bladder telescope or cystoscope is used to check the accurate placement of the stitches at the bladder neck.

After the operation, a small tube is placed through the skin and into the bladder to drain the urine for three to five days. Following this, the patient is usually able to pass urine normally and to retain control so that incontinence is not present.

During the first week after surgery, about five percent of patients may have trouble starting urination because of a weak bladder muscle, but will usually have a successful outcome in four to six weeks.

Of properly selected patients with true urinary

stress incontinence who undergo endoscopic suspension 90 to 95 percent have a successful outcome from the procedure. The majority of those patients will have normal bladder control within 5 to 10 days following surgery. — Dr. Daniel A. Nachtsheim, assistant clinical professor of surgery, at the University of California, San Diego School of Medicine.

**Q.** Our 23-year-old son has chronic schizophrenia. He has been in a hospital since 1979 and is currently taking loxitane. He recently underwent electro-shock treatment.

What is the outlook for a person in his condition? Can surgery correct his illness? — J.W.

A Schizophrenia is a disorder which consists of psychotic symptoms such as hallucinations, fragmented thinking, fixed false beliefs that people are "after" the schizophrenic patient, and other signs of psychological fragmentation of a severe nature.

In general, modern psychiatric diagnosis requires that such typical psychotic symptoms not have a physical basis (such as brain tumors or thyroid dysfunction) and that these symptoms last for at least six months for the diagnosis of schizophrenia to be used.

Since you state that your 23-year-old son has "chronic schizophrenia" which has kept him in the hospital for two years, I assume that your son's psychiatrist has used these criteria in making the diagnosis of schizophrenia.

In general, individuals with schizophrenic disorders have a variety of outcomes, so that the outlook for a person with schizophrenia varies.

Some individuals recover from a single episode and go on to live quite productive and otherwise normal appearing lives. The majority of individuals seem to have an episodic course where there are multiple acute psychotic episodes separated by periods of either relatively normal functioning, or slightly to moderately impaired functioning. A few individuals, consisting of perhaps 10 to 15 percent of all schizophrenic individuals, have a continuous course of psychosocial impairment and psychiatric symptoms.

— Dr. Gerry R. Boss, assistant professor of medicine at the University of California, San Diego School of Medicine.



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### Help Wanted

**PERMANENT POSITION PART TIME.** Ideal second job. Addressing newspapers in plant located in Hicksville on Addressograph Machine. Wednesdays and Thursdays. Call Mrs. Pakaluk 931-0012 for appt. hfn

**RESPONSIBLE AND CARING** person wanted, starting 1/3/84 to babysit approximately 25 hrs. per week (most a m-f) for 19 month old boy in our Garden City home. Experience and references required. Call 437-8848. gcj1

**HOUSEKEEPER 30-35 HOURS** per week. Two school age children. Light housekeeping. 516-775-5745. Call evenings between 7 and 9 p.m. only. gcj3

**BOOKKEEPER, EXPERIENCED** for Bethpage Pharmacy. Four days approximately 30 hours per week. Call Monday, Wednesday, Friday 9-5 931-1483. hjl

**CHILD CARE LOVING WOMAN** to help care for two infants in my home. Mon-Fri, 12 noon to 6 p.m. (hours flexible). Own transportation. References 481-4547. gcj3

**PART TIME INVENTORY** Takers Several Openings for inventory takers working occasional days in Garden City stores. Car necessary. Write phone number & experience to ICC 34, Box 527, Paramus New Jersey. 07652. \$5 per hour to start. gcj1

**WOMAN NEEDED 3 DAYS PER** week. Must be able to drive young adults to local therapy 8 a.m. to 5 p.m. Salary commensurate with duties. Call 354-8237. gcj2

**NURSES AIDE COMPANION TO** care for elderly couple in Garden City. Call 489-4255 between 9:30 a.m. to 10:30 a.m. wil

**SMALL, ACTIVE SALES OFFICE** in Floral Park/Stewart Manor area. Applicant should be mature, personable and have good telephone experience. 9 basic office skills. Salary negotiable for this part time afternoon position. 516-488-3335. gcj1

### Help Wanted

**ADVERTISING SALES PART** time permanent. Immediate opening available for right person willing to learn. Flexible hours-25 hours per week, local weekly newspaper group. Salary plus commission. Call Mrs. Pakaluk 931-0012 for appointment. hfnjl

**TYPIST FOR PERMANENT** Phototypesetting position starting immediately - Three days per week, Mon., Tues., Wed., 9-5. Hicksville newspaper plant. Training to begin as soon as possible for Compugraphic Typesetting machine. Call Mrs. Pakaluk at 931-0012 for appt. hfn

**LOCAL RESIDENTS IN** Bethpage and Syosset areas needed to attend meetings and write up reports for local weekly newspapers. Call Mrs. Pakaluk 931-0012 for appointment. hfnjl

**CHILD CARE NEEDED FOR** mature 7 year old girl. Tues., Thurs., Fri. Afternoons, 2:45 to 5:15 p.m. Garden City. Own transportation and references. 328-3078 after 6 p.m. gcj2

**CHILD CARE WORKING** mother needs mature woman for care of infant in your home. Garden City area. 4 days. Call 735-5885. gcj4

**BABYSITTER TO CARE FOR 2** children, ages 3 and 1. Mon.-Fri. 7:30 to 4:45 p.m. in my Floral Park home. Non-smoker. 516-437-5586. gcj4

**CHILD CARE IMMEDIATELY.** Garden City. Warm responsible woman to care for 2 school age children, ages 4 and 7. Mon-Fri 7:30 to 4:30 p.m. Light Housekeeping. own transportation. references required. Call after 5 p.m. 294-0232. gcj4

**COMPANION AIDE WANTED** for mature lady. Pleasant surroundings. Light housekeeping. 2-3 days per week. Sleep-in preferred. References. non-smoker 516-294-0965. gcj4

### Help Wanted

**COLLECTION PERSON P.T.** for G.C. Agency. Flexible hrs. Potential for right person. 747-0275.

**CHAUFFEURS - DRIVERS** female/male for handicapped adults in Central and Western Suffolk. You must be over 19; retirees are welcome. Vans with auto transmissions. You may work AM and/or PM runs with a guarantee of 3 hours pay for each shift. This is year-round work with no layoffs. Benefits include holiday and vacation pay, free physicals, life/health insurance, attendance bonuses. Hiring now for January start. Apply in person to Mr. Graf, White Carriage Corp. 301 Portion Road, Lake Ronkonkoma, 585-7137. There are a few openings for bus aides. If getting to work is a problem we can help you. hj2

**CHILD CARE MATURE,** responsible woman needed to care for my 4-year-old son 11:30 to 3:30, Mon.-Fri. in my Garden City home. Own transportation. References. Call 742-4568. gcj4

**SECTY-PART TIME; MINIMUM** 75 wpm; hardworking and bright. Experience not necessary. Call 516-248-2110. gcj4

**SECRETARY-PART TIME 12 TO** 16 hours per week; hours flexible; responsibilities include typing, filing, answering telephones; steno and bookkeeping helpful. Garden City area. Send work experience to Box "C" Garden City News, 821 Franklin Ave., Garden City, N.Y. 11530 gcj1

**OFFICE MANAGER FOR VERY** small but active industrial sales office in Floral Park/Stewart Manor area. Applicant should be mature, personable and have good telephone experience. Salary negotiable for this afternoon position. 516-488-3335. gcj2

**CHILD CARE/LIVE IN** professional couple seeks mature, loving woman to care for infant and perform light housekeeping duties. Good salary, own room/bath; most weekends off. English speaking, non-smoker. References. 516-775-6402. gcj4

**CHILD CARE YOUNG COUPLE** seeks woman to care for infant in our Garden City home. 5 days, 8 a.m. to 6:30 p.m. Light housekeeping. References. Non-smoker 516-437-5586. gcj4

### Situations Wanted

**HOUSEKEEPER AVAILABLE** daily work. Good references. Call after 5 p.m. 486-2975. gcj1

**HOUSEKEEPER AVAILABLE** experienced. Good references. Please call Fri. days and weekends 907-8512. gcj1

### Situations Wanted

**LADY DESIRES Housekeeping** position. Experienced; references own transportation 516-489-1787 all day weekends. gcj2

**WILL SUPERVISE AND CARE** for school age children while you vacation. References. 516-676-2936. gcj4

**HOUSEKEEPER AVAILABLE** Mon. - Fri. references. Call 516-538-5859. gcj2

**NURSING & HOUSEKEEPING** available. Care of the elderly. Sleep in. Call 516-481-3888. gcj1

**HOUSECLEANING AVAILABLE** Mon. to Fri. references and own transportation. Experienced. 516-379-5422. gcj2

**WOMAN EXPERIENCED WITH** best references desires light housekeeping position. No children. Prefer Garden City or Manhasset. Sleeps in. 212-388-2245. gcj3

**HOUSECLEANING POSITION** wanted. \$7 per hour, 5 hours per day. Mon. - Sat. References available. Own transportation. Call 292-9079 or 483-3768. gcj3

**MARRIED COUPLE** with baby desire live-in position. Man speaks a little English. Woman does cooking, cleaning, general housework. Man does general handyman work. Good references. Prefer American, Italian or European family. Call 212-297-6556 after 5 p.m. talk to Mr. Vagani. gcj3

**HOUSEKEEPER AVAILABLE** 5 days per week. Garden City area. Excellent references. 516-538-6640. gcj3

**MATURE WOMAN SEEKS** part time position, 3 days per week, flexible. Background: 20 yrs. real estate sales; recently 2 years billing legal firm. Prefer Mineola, Garden City, Williston Park areas. Possesses clerical & typing abilities. Seeks legal, billing or real estate secretary type position. 747-2772. gcj3

**EXPERIENCED NURSES AIDE** seeking full time position. Weekdays or weekends. Live out. References. Call before 9 a.m. or after 9 p.m. 516-481-6493. gcj4

**CLEANING LADY WITH** references seeks work. Own transportation. Garden City only. Call 516-623-4234. gcj4

**HOUSECLEANING IN GARDEN** City or Mineola. Mon.-Sat. 5 hours per day. Own transportation. Call 481-9017 between 4 and 6 p.m. gcj4

**RN-BSN GERIATRIC,** med-surg, critical care experience Available flexible morning hours to care for a loved one. Tues.-Fri. Excellent references upon request. Call Theresa 488-6865 between 7 a.m. and 2 p.m. gcj4

### Situations Wanted

**NURSES AIDE POSITION** wanted. Take care of elderly; 5 days per week. Call Eunice anyway, but prefer eves. 212-479-4827. gcj4

**MATURE WOMAN SEEKS** position as a full time secretary with typing and clerical skills. Pleasant telephone voice. Garden City area preferred. (non smoker) excellent references. Please call 489-5941. wj4

### Cars For Sale

**CLASSIC 1969 GTO** Convertible 400cc \$2,000. Call Joe at 746-6793. wj4

**1981 BMW 320i AUTOMATIC** 9,000 miles, original owner. Like new \$11,900. 516-248-9890 eves. gcj2

**1960 MERCEDES BENZ 190** 4 door sedan; black-beige leather interior; original owner; low mileage (37,000). Mint condition. Never driven in winter; privately garaged. All service records available. Extra accessories. Price firm at \$49,000. Principals only 741-6740. gcj3

**1974 LTD STATION WAGON** 8 cyl, AC, PS, PB, AM radio. 84,000 miles. Original owner. \$900 488-7257. gcj3

**1979 CHRYSLER LEBARON** wagon. Fully equipped; excellent condition. \$4500. 747-2547 eves; 766-2000 days. gcj3

**1960 PLYMOUTH STALLION** Low mileage, good "station" car. \$250. 742-3927. wj1

**1981 HONDA ACCORD** 4 door, silver, excellent condition; low mileage; a/c; p/c; p/b; am/fm stereo. Original owner. \$6895. Days, 516-248-5240 (Mr. Mann); eves. 212-968-7289. gcj2

**MERCEDES BENZ 1970-280 SE** Very good condition. \$4000. Call Chip 516-877-2847 or 212-759-3830. gcj1

**PAMPERED 1979 VOLVO** station wagon. New tires; low mileage; automatic; a/c; am/fm radio; cassette deck; seats 7. Call 516-741-1443 eves; or 212-440-1582 weekdays. gcj3

**1972 OLDSMOBILE TORONADO** 55,400 miles, auto, PS, PB, front wheel drive. \$600. (516) 746-7061. gcj2

**1980 MUSTANG BLUE** Hatchback. 4 cyl., auto., am/fm stereo, 26,000 miles. \$4,400. Call 354-8997. wj2

**1976 FLEETWOOD BROGHAM** Cadillac. Very good condition, fully equipped, 84,000 miles, plus snow tires, \$3000. Call mornings or evenings 352-0641. WJ3



**Cars For Sale**

1976 TRIUMPH TR7 4 SPEED am/fm cassette, new tires and exhaust, mags, low miles, garaged, mint. \$3200. 747-0939. gcj3

1977 FORD 4 DOOR SEDAN Granada. Radio, heater, air, good condition. \$1500. 516-488-7500 or 516-796-6616. gcj1

1978 PLYMOUTH FURY 4 Door sedan. Two new radials; new battery; p/b. Needs power steering pump and alignment. Am/fm radio. \$400. Call 516-746-2437. gcj1

1980 CHEVETTE AUTOMATIC transmission; a/c; good condition 56,000 miles; \$2100. 516-746-5157 Saturdays. gcj1

1966 CHEVY (GREY) IMPALA 327 Engine, 4 door, 8 cyl., 2 new tires, new brakes, water pump, carburetor, etc. 71,855 miles, good condition, clean \$600. Call 433-4180. hj2

**Lost & Found**

LOST MALE BLACK & TAN German Shepherd puppy. Vicinity Euston Road on Nov. 24. 746-3868 Garden City gcj4

LOST MINIATURE Schnauzer Female, gray with long ears. No collar, answers to name Suzy. Last seen in the vicinity of Locust Street between Washington and Prospect, Garden City on Nov. 22. Please call 742-0906 anytime or 248-1860 between 9-5:30 p.m. h4

REWARD! LOST KEYCARD cocktail with orange cheeks. Lost Mon, Dec. 19 vic. Wyatt & Lefferts Rd. Garden City. Please call 746-8094 gcj2

REWARD! LOST 12/14 vic. Roxbury & Somerset, Garden City, all gray short haired male cat with flea & blue collars with I.D. & Rhode Island vaccination tags. Answers to "Rado". 746-1425 gcj2

**Real Estate For Rent**

GARDEN CITY, HOUSE rental, 3 BR Colonial, 1 1/2 baths, new eat-in-kitchen, F/P, finished basement, den, newly decorated, 2 patios, electric eye garage. Occupancy Feb. 1. \$1,500. Elaine Nolan 485-7054. gcj1

GARDEN CITY QUAINT Colonial; LR/fpl; DR; eat in kitchen; den; 3 bedrooms; 1 1/2 baths. Available Jan. \$1500 per month. Stutzmann Realty, 742-8888 or 741-1414 gcj1

GARDEN CITY APARTMENTS for rent, super locations, immediate occupancy, walk all. 3 Rooms, modern kitchen, mint condition \$725; 4 rooms 2 BR, cozy F/P faces garden. \$900; Store front, walk all, 600 sq. ft., \$1,300. Includes heat. Elaine Nolan, 485-7054. gcj1

GARDEN CITY 2 ROOMS IN beautiful home-one large, \$75 per week - one small, \$70 per week. Share bath. Two rooms in basement, private bath, \$380 per month. References and security required. No smoking. 742-0878. gcj1

**Real Estate For Rent**

BAYSIDE BEAUTY-EXTRA large room for rent, 20 x 20 with 10 ft. picture window. Light cooking. \$75.00 per week. Lovely area. RR and stores 212-631-7421. gcj1

FLORAL PARK ONE BEDRM. apt, 3 rms; newly renovated, \$500. Also 3 bedrm, 6 rm. apt; newly renovated, \$700. Principals only. 516-328-1410 gcj3

GARAGE AVAILABLE FLORAL Park. \$60 per month. Inquire Garden City Post Office, P.O. Box 7228, Garden City, NY 11530 gcj3

MASSAPEQUA PRESTIGE corner Condo 1-2 bedroom, large living/dining room, wall to wall carpet, skylight, washer/dryer, all window treatment, central heat/air condition, burglar alarm, outdoor patio, tennis, pool, gym priv. \$1,000 a month. 516-798-0100. gcj1

GARDEN CITY UNFURNISHED room share kitchen, laundry room living and dining areas. Near RR. Non smoker, professional or business person. \$80 week. 516-747-6420. gcj1

**Vacation Rentals**

HILTON HEAD ISLAND S.C. Oceanfront resort. Fully equipped ocean view apt with terrace. On premises restaurant, lounge; day and night tennis; fresh and salt water fishing and beach bikes. Golf nearby. \$230 per week. Owner days 516-294-3014; eves and weekends 914-631-3072. gcj2

PALM BEACH CONDO Gold Coast. One bedroom on the ocean. Third floor of three story building with salt water heated pool. Jan. 28-March 23. Call 516-285-7245 (business) or 285-7738. gcj3

KEY LARGO, FLORIDA NEW 2 bedroom C/A and heated furnished mobile home on water. Two docks, covered deck. 50 minutes from Miami. Perfect for boating, fishing, and swimming. Beautiful view. Call 931-3706. hj2

QUECHEE LAKES, VERMONT Condo. 3 BR's, den, 2 1/2 baths, own ski lift with snow making, excellent cross country trails. Near major ski areas. Clubhouse with indoor pool, squash courts & dining facilities. (516) 536-7680. gcj3

FT. MYERS BEACH FLA. New luxury Gulf front condo; safe, sandy beach; golf & tennis nearby; 3 bedrooms; 2 baths; DR; balcony overlooking Gulf. Well furnished, all appliances. A/C; magnificent palm tree view; heated pool; no pets. Jan-March \$2000 monthly. Mr. Dunleavy, 212 530-8553 days; 516 334-4348 eves gcj3

SPECTACULAR SKI HOME Southern Vermont, four hours from L.I. LR/fpl; loft; 2 baths. Cross country skiing on property. Time sharing available. Call 516-485-4187. gcj4

ORLANDO, FLORIDA. 2 BR, 2 bath, furnished house. Near Epcot/Disney World. Available weekly or monthly. 746-0765 gcj2

TWO BEDROOM SKI COTTAGE near Gore Mountain \$950 season. Weekly available. Call 516-496-8196. hj1

**Vacation Rentals**

MADERIA BEACH - FLORIDA New fully furnished 2 BR, 2 bath luxury condominium on Gulf. Magnificent view from spacious private balcony. Swimming pool, jacuzzi, sundeck, private beach. Two week minimum rental. Call 516-746-5588 weekdays. hj3

TARPON SPRINGS FLORIDA Mariners Village Gulf view, 4th floor, 1 1/2 baths, superior one bedroom, pool marina, sauna, tennis. For sale or rent (one month minimum.) 587-9207. gcj1

HILTON HEAD, S.C. - SHIP-Yard Plantation, Evian, 2 BR's, 2 1/2 baths Villa on golf course. Pool & free tennis day & night. Close to ocean. Professionally decorated. Special winter rates. (516) 536-7680. gcj3

KIAWAH ISLAND, S.C. - Beautiful 2 Bedroom, 2 full bath home on lake. Walk to ocean, tennis & golf. Perfect for family vacation. Discounted rates. 248-0825. gcj3

NAPLES FLA. NEAR GULF and beach; condo, 2 bedrooms, 2 baths, eat in kitchen, LR, DR, terrace. Completely furnished, all appliances. Pool and free tennis. Club and recreation room. Seasonal rental and also for sale. 516-747-8145. gcj4

NAPLES FLA - SPACIOUS NEW Condo; near beach & town; 2 bedrooms; 2 baths; terrace; view of golf course. Completely & attractively furnished; all appliances; pool, club & recreation room. Tennis & Golf available. No pets. \$1500 per month, two month minimum. Call owner days, 212 559-8865 or 516 742-7014 gcj1

HILTON HEAD S.C. LUXURY condominium on fairway 27 hole course. 3 BR's, 3 baths or 2 BR's 2 baths, washer/dryer, dishwasher, TV, stereo. Walk Atlantic Ocean Beach, golf, free tennis, pool. Weekly or monthly 516-938-4694. Owner's rates. gcj2

MARCO ISLAND, FLORIDA 2 bedroom, 2 bath hi-rise condo with spectacular view of Gulf. Tennis, pool, parking, security. \$575. per week/ \$1975. monthly. 516 746-3638. hd3

VERMONT MT. SNOW SKI Christmas week at lovely new 3 bedrm, 2 bath house. Clubhouse with indoor pool and sauna. 516-248-7029. gcj3

SKI CONDO TRAILSIDE Bromley Mt. Vt. Ski from front door; sleeps 8 & 10 Fully equipped and fireplace. 516-781-2631 Mon. to Fri, 9-5 p.m., gcj1

BUCKILL FALLS POCONO Mountains 7 bedrooms private home. Golf, tennis and pool. Magnificent facilities. Major ski areas. Weekly or monthly. Call 212 357-6000, 9 to 5 p.m. gcj1

SKI MT. SNOW BRAND NEW 3 bedrm, 2 bath house. Indoor pool and sauna available. Week-ends, ski weeks, holiday weeks. 248-7029. gcj1

SKI MOUNTAIN (MASTHOPE, Pa. in the Poconos). 4 BRs, 2 bath, trap shoot, club house, game room, 9 trails, double chair lift, 5 minutes from house. Call 741-8503. wd4

**Real Estate Wanted**

RETIRED WOMAN SEEKS smaller home in Garden City. Principals only. Call after 6 p.m. 212-441-6473. gcj1

WANTED OLDER HOME IN Hicksville. 2 or 3 bedrooms, detached one or two car garage, fireplace, oversized property preferred. Hardwood and plaster wall. Call Bruce 212 544-6199 hj3

YOUNG FAMILY NEEDS a 3 bedroom house in Garden City. Principals only. Please call 516 746-3899 gcj2

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CATSKILL MTS. - 26 ACRES Albany County. Rensselaerville. Mountain top meadows, 90% clear, 10% wooded, 581' road front on town maintained paved road. Nassau neighbors, zoned residential. \$25,000. Call 516-775-1717 weekends and eves. gcj4

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**Real Estate For Sale**

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GARDEN CITY AND VICINITY 4 BR, Custom Brick/Stone/Cedar Ranch, 2 baths. \$400,000; 3-4 bedroom Ranch-2 baths, eat-in-kitchen, finished basement, walk New Hyde Park Railroad. \$195,000; Hempstead Cathedral Gardens, 3 Bedroom elegant central hall Colonial, 2 1/2 baths, new kitchen, breakfast room, den, library, 1/2 acre, price slashed to \$225,000, for quick sale; Handyman Special, 5 bedrooms, brick/stucco Tudor, 3 1/2 baths, den, music room, Florida room 1/2 acre; 3 Bedroom spacious Colonial, 1 1/2 baths, cozy F/P den, screened porch, finished basement, closets galore, sacrifice \$95,000; 3 BR center hall brick Colonial "Dream House", 2 1/2 baths, gourmet kitchen, TV den, Florida room, finished basement, wet bar and soda fountain, walk RR, \$179,000; New Hyde Park 2 bedroom ranch, 1 1/2 baths, eat-in-kitchen, finished basement, Herricks Schools, \$157,000; Mineola 3 BR lovely Colonial, 1 1/2 new bath, eat-in-kitchen, skylite cathedral ceiling in LR, gas heat, 2 car, \$139,000; West Hempstead, exclusive first offer, 3 BR cozy "doll house", 1 1/2 baths, new galley kitchen, mint, walk all, plus Echo Park, \$99,500; Elaine Nolan 485-7054. wj1

**GARDEN CITY 4 MORE T-W EXCLUSIVES**

STILL 8 1/2% MORTGAGES Doll House Mott Colonial, living room, fireplace, eat-in-kitchen, 2 double-sized bedrooms. Won't last \$187,500. European Flavor Colonial, C/H Livingroom, formal dining room, ultra-modern EIK, powder room on 1st, 3 bedrooms and bath up. Screened porch, 60 x 125 lot. Taxes \$2570. Asking \$197,500. Williamsburg Colonial Exclusive 3 bedroom, 1 1/2 bath home with large C/H leading to living room with log burning fireplace, formal dining room, country kitchen, den, top estates location \$240,000. Prime Location custom ranch, 3 bedrooms, 3 baths, C/H, Mexican tiled kitchen, den with wet bar, library, 2 car, laundry on 1st, easy living on 1/2 acre lot. \$300's. Taylor Warner 101 7th St. Est. 1919 516-741-4422

SOUTHOLD WATERVIEW Cape Secluded 4 + bedrooms. Decided beach/boating. \$109,900. Saland Realty, Jamesport, 722-4990. gcj1

VERO BEACH FLA. LUXURY duplex condo; 2 BR's, 2 1/2 baths, fully carpeted, all appliances. Adjacent to Indian River. 3 minutes from ocean. Walking distance to shopping. Ideal location \$56,500. Call Mrs. Green, eves. 747-3094. gcj1

**Real Estate For Sale**

**GARDEN CITY MOTT**  
Colonial. Move in condition. Two large bedrms. DR/LR flp; eat in kitchen; screened porch; large yard; low taxes. Owner. \$187,500-516-741-7368. gclj

**SAG HARBOR HISTORIC**  
district. 3 duplex apts + store. High owner financing. Asking \$150M. Ron Jones R.E. Main St. Sag Harbor. 725-2250. gcl3

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remodeled kitchen; 2 baths, elevator; 24 hr. security. Walk to RR and shops. Reduced to \$93,500. 516-747-5834. gcl4

**CATHEDRAL GARDENS**  
Brick Townhouse-Luxurious 2 bedrms; 2 1/2 baths; custom decor; central air; all appliances; indoor parking; low maintenance. Must see! \$105,000. Tudor-4 bedrm. 1 1/2 baths; large DR; eat-in-kitchen; fireplace. Walk all. \$125,000. Brick Masterpiece-huge lot; 3 bedrms; 2 1/2 baths; formal DR; 2 car garage. Excellent condition. Why not the best! \$200,000. Viking Homes, 538-8615. Cathedral Gardens own broker. gclj

**GARDEN CITY CONDO**  
one large bedroom; 1 bath; tri-level; indoor garage; central air and heat; large storage room; plush wall to wall carpeting. With all appliances; many upgrades. Low maintenance, near RR and shopping. \$85,000. 485-9760 gcl2

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**Personal**

**NOVENA TO ST. JUDE**  
Oh Holy St. Jude, Apostle & Martyr, great in virtue and rich in miracles, near kinsman of Jesus Christ, faithful and intercessor of all who invoke your special patronage in time of need, to you I have recourse from the depths of my heart and humbly beg to whom God has given such great power, to come to my assistance. Help me in my present and urgent petition. In return, I promise to make your name known and cause you to be invoked. St. Jude, Pray for us all who invoke your aid. Amend. Say 3 Our Fathers, 3 Hail Mary's, 3 Gloria's. Say for 9 consecutive days. Publication must be promised. This novena has never been known to fail. Thank you for answering my prayers. gcl1

**NOVENA TO ST. JUDE**  
Oh Holy St. Jude, Apostle & Martyr, great in virtue and rich in miracles, near kinsman of Jesus Christ, faithful and intercessor of all who invoke your special patronage in time of need, to you I have recourse from the depths of my heart and humbly beg to whom God has given such great power, to come to my assistance. Help me in my present and urgent petition. In return, I promise to make your name known and cause you to be invoked. St. Jude, Pray for us all who invoke your aid. Amend. Say 3 Our Fathers, 3 Hail Mary's, 3 Gloria's. Say for 9 consecutive days. Publication must be promised. This novena has never been known to fail. Thank you for answering my prayers. gcl1

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print?

We are looking for articles, not  
exceeding 3,000 words, on local  
topics, opinions, ideas, nice  
places to visit on Long Island, and  
even fiction. In our magazine  
section, we will try to "Discover"  
one new feature length article and  
writer per week. If you want to be  
published and be part of an issue  
of **Discovery** - you may submit  
your article to:

**Litmor Publications,**  
81 East Barclay Street,  
Hicksville, N.Y. 11801

Eat  
Yourself  
Slim



## Forget diets of high protein

By Shirley  
Bright Boody  
Registered Dietitian

Dear Shirley: I have always  
thought that carbohydrate foods  
were the ones that caused  
overweight. When I wanted to lose  
a few pounds I avoided starches,  
but ate a high-protein diet with  
lots of meat but no potatoes or  
pasta. Now I hear that I should do  
just the opposite - skip the meat,  
but eat spaghetti and pizza.

None of this makes any sense to  
me and I am very confused. Can  
you tell me why the so-called ex-  
perts keep changing their minds?

Do you have any information  
that will help me understand bet-  
ter what foods are the best for me  
and my family? - Mrs. J.N.B.

Dear Mrs. J.N.B.: I am not  
surprised at your confusion over  
which foods are the best in light of  
today's research. Certainly ideas  
change as more studies are done  
and new things are learned about  
the connection between nutrition  
and health, or disease states.

The U.S. Dietary Goals now sug-  
gest that people increase their  
carbohydrate intake from 45 per-  
cent of their total calories to 50  
percent. This means that the quan-  
tities of fruits, vegetables and  
whole grains should be increased.  
These "complex carbohydrates"  
are rich in fiber as well as vita-  
mins and minerals and they pro-  
vide 4 calories per gram.

Meats, on the other hand, are  
usually high in saturated fat,  
which has 9 calories per gram in  
addition to the meat protein at 4  
calories per gram.

For example, a 3-ounce steak  
has about 240 calories, a couple of  
hot dogs have about 250 calories,  
while a cup of spaghetti has only  
about 175 calories, and a baked po-  
tato only about 85-90 calories.

If you want to lose weight, the  
total CALORIES must be lowered  
in order to achieve it. Breads, pas-  
tas, beans and vegetables are not  
only lower in calories than meats,  
but add considerable fiber which  
has been deemed highly beneficial  
to intestinal health.

If you eat many different kinds  
of fruits, vegetables, grains of all  
kinds, low fat or preferably skim  
milk dairy products and some  
chicken and fish, you will be doing  
yourself and your family a big  
favor.

Forget the old-time "high-pro-  
tein" diets with their high chole-  
sterols and their high saturated  
fats. These are not the way to lose  
weight, or anything else.

Dear Shirley: Can you tell me  
anything about celiac sprue? What  
is it? Is there a special diet that  
will help?

I am very concerned because I  
have just received a letter from  
my daughter saying that the doc-  
tor thinks my granddaughter may  
have it. Is it dangerous? What can  
be done to help? How do people  
get it and what are the symptoms?

I hope you will answer soon be-  
cause I am very worried. - Mrs.  
G.W.

Dear Mrs. G.W.: Celiac sprue is  
an inherited digestive disorder  
that affects the lining of the small  
intestine that is damaged by cer-  
tain proteins containing gliadin. A  
gluten-free diet is essential, and it  
means that all sources of wheat,  
oats, rye and barley must be  
avoided for a lifetime. This in-  
cludes other ingredients which  
may be made from any of those  
foods, such as hydrolyzed protein

(HVP), malt flavorings or modi-  
fied food starch.

Many symptoms may occur, or  
there may be only one, but they all  
result from the damaged lining of  
the small intestine and its inabil-  
ity to digest and absorb food prop-  
erly. Diarrhea, vomiting, weight  
loss, anemia, bloating, chronic fa-  
tigue, growth failure, bone pain  
and muscle cramps, as well as a  
skin disorder, may occur as symp-  
toms.

Celiac sprue diets, however, can  
be both appealing and varied. De-  
lightful baked goods can be pro-  
duced from gluten-free flours such  
as combination of rice, corn, pota-  
to and soy products.

Write to The Gluten Intoler-  
ance Group of North America,  
P.O. Box 23053, Seattle, WA 98102  
0353. They will help you and your  
family to better understand and  
cope with celiac sprue.

Strict adherence to a gluten-  
free diet is, at present, the only  
available treatment and it is vital  
in controlling the problem.

Dear Shirley: Maybe I am imag-  
ining it, but it seems to me that  
toothpastes and mouthwashes are  
getting very expensive lately. I  
saw one the other day that costs  
almost \$5 a tube.

I can't afford all that expensive  
stuff so what can I use? I don't  
brush my teeth as often as I  
should because I try to save on the  
toothpaste. I am on Social Securi-  
ty and I hope you have some less  
expensive suggestions. W.T.

Dear W.T.: Sure do, the newest  
recommendations for dental  
cleanliness are the ones Grand-  
ma used to use - soda instead of  
toothpaste, and hydrogen peroxide  
as a mouthwash. They are cheap,  
safe and effective.

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# We're Honored.

**That a greater percentage of subscribers  
renewed their subscriptions in 1983 than to  
any daily newspaper in Nassau County.**

**This is the prize we cherish**

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# TWEEN 12 & 20



## The World's Most Beautiful Grandchildren



I hope you can print this photo. We waited a long time. Finally God gave us a beautiful grandchild her name is Jennifer Lynn Sadlowski her parents live in East Northport.

Frank J. Sadlowski  
Garden City Park



Nicole and Evan Fabrizio loading up with presents at Grandma Hermalne and Granpa Sy Hinden's house in Hicksville at Chanukah.  
Sy Hinden  
Hicksville

By Robert Wallace  
Ed.D.

Dr. Wallace: I am an 18-year-old woman and a senior in high school.

About three months ago I met a real sweet guy at a party and it was love at first sight. Jim is an honest, hardworking guy and he treats me with respect.

After I graduate, we plan to get married. He already has put a down payment on a house.

The problem is that Jim is 30 years old.

My parents won't allow Jim to enter our house and keep referring to him as "that old guy." They haven't forbidden me to see Jim, but they don't like it.

Jim and I are not dumb. We are doing everything possible not to irritate my parents. In fact, we only see each other twice a week.

Do you think it is "wrong" for me to be seeing this guy? And if so, why? — Brenda

Brenda: I think Jim and you are very wise not to flaunt your relationship. Keep a low profile as long as you live with your parents.

There is nothing wrong with your relationship with Jim. You should be old enough to know if he is, indeed, "Mr. Wonderful." But remember, most parents with 18-year-old daughters are not thrilled when the daughters announce they are seeing guys who are 30. It might take quite awhile before Jim is accepted by your parents.

I say there is nothing wrong with you seeing a 30-year-old guy because you're 18 and almost finished with high school.

If you were younger than 18 and a senior, I would have advised you to "cool it."

Dr. Wallace: I am an 18-year-old girl and have graduated from high school.

I was engaged to a very special guy (Brian) for over a year and we had a close, wonderful relationship. One night we got into a huge argument and it ended when I slapped him across the face. The argument wasn't the only thing that ended — so did our relationship.

For over a month we did not speak to each other. When we finally did converse, Brian told me that he had another girlfriend.

Now I feel so guilty that I sit at home and cry. If only I hadn't hit him we would still be together.

I do date other guys but I can't get Brian out of my mind. It's been four months since we parted and it seems like I love Brian more than ever. Whenever I think of him with another girl I just cringe.

Dr. Wallace, will I ever forget him or will my misery follow me to my grave? — Anne

Anne: You will reach a point in time when you no longer care what Brian is doing. This usually happens when you meet a fellow you learn to care for.

It's important that you date other guys. You will meet Mr. Right sooner than you think.

We realize that slapping Brian was wrong, but is it possible your relationship with him wasn't as solid as you thought? Once you gave him an excuse to leave, he did and he didn't look back.

Dr. Wallace: I am the adventurous sort and have always dreamed of being a sky diver. In fact, I have been saving my money so I can take lessons.

Everything was fine until my dad read in the paper that a sky diving instructor was killed in Davis, Calif., in a skydiving accident. Now my parents are upset and trying to talk me out of jumping.

I know that jumping is really a safe activity, but I don't know where to turn for the facts on skydiving. Will you please help me? My future depends on it. — Gretta

Gretta: According to the U.S. Parachute Association (17,000 members), there were approximately 3 million jumps in the United States and only 29 fatalities. With this statistic, skydiving can be considered one of the safer, risky adventures.

Since diving requires some degree of finesse, women are considered, on the whole, better jumpers than men.

Dr. Wallace: I'm an 18-year-old guy and really interested in a certain girl who is in one of my classes at school. I stare at her a lot and she stares back and smiles. But I'm too "chicken" to tell her that I like her even though I think she likes me, too.

Please give me a simple way to tell her I like her. You will be helping this poor guy very much. — Mike

Mike: Don't start talking about "liking" or "loving" until you have had the opportunity to know this young lady a little better.

Your first move is to ask her for a date. If she says yes, you are on your way. If she refuses, then her smiles and stares were just smiles and stares, not the "come-on" you thought they were.

# JUNIOR EDITION

Friday, December 30, 1983 PAGE 20A



## Aunt Tilly's Corner

As I'm writing these words to you we have a new year: 1984. I spent New Year's weekend vacationing on the "East End" of Long Island. It was fun visiting places like East Hampton and Sag Harbor now that the summer crowds have departed.

At this time of year the beaches are deserted and more beautiful than ever. Many places are closed for the season, but it is still possible to enjoy some of the gift shops and restaurants.

If you haven't visited the "East End" be sure to ask Mom and Dad to ride out there with you sometime! I'm sure you'll agree it's an interesting place!

Love,  
Aunt Tilly

P.S. This week's coloring contest winners are Jennifer Brohman and Sunny Ince.

## Points On Pets

By R.G. Elmore, D.V.M.



**Q.** Our collie has had recurring problems with regurgitation of undigested food. Our veterinarian has made an appointment for us to have our dog examined by a university veterinarian.

Our local veterinarian told us that the university veterinarian would use a special instrument to examine the dog's esophagus and stomach. Can you tell us more about this procedure?

**A.** Without more information, it is impossible to know exactly which procedures the university veterinarian will use to examine your dog.

One of the newer more exciting procedures being developed and utilized at most university veterinary hospitals is a procedure called "fiberoptic endoscopy." The fiberoptic endoscope is a very long, ropelike instrument and is approximately one-quarter to one-half inch in diameter. One end of the scope contains an eyepiece that the veterinarian can look into.

The principle of fiberoptic endoscopy is based on the total internal reflection of light in tiny flexi-

opposite end. Approximately 5 percent of the brightness of the light is lost in the transmission through the fiber. To minimize the light loss and to prevent light in one fiber from scattering into adjacent fibers, each fiber is wrapped with an insulating material.

Approximately 200,000 of these insulated fibers are combined to form a bundle approximately one-quarter inch in diameter. The fibers of each bundle are joined together only at the ends, so that the fiber bundles or scope is very flexible.

Endoscopes used for viewing internal cavities of the body contain two separate fiber bundles, one for viewing and one for light transmission. A lens system at the far end focuses the image on that end of the bundle, and a lens system at the near end or observer's end magnifies the image emerging from the bundle. The direct internal transmission of light through this flexible glass bundle enables the projection of a visual image from one end of the bundle to the other through curves or coils in the bundle.

In other words, the veterinarian is able to look around corners with the instrument! In addition to the fiberoptic bundles, most fiberoptic

scopes contain suction channels for evacuation of mucus, fluid and blood.

Another channel allows for inflating organs with air or water.

Yet another channel contains instrumentation for obtaining biopsy, or tissue samples, from the organs being examined.

Through the use of fiberoptic endoscopes, veterinarians are able to actually see the inside of the esophagus, trachea, stomach, rectum, and colon in the living animals without surgery. Other organs can be visualized with minor surgical procedures combined with fiberoptic endoscope examination.

Most fiberoptic examinations require general anesthesia of the patient. Fiberoptic endoscopy is one of the most exciting newer diagnostic tools available to veterinarians.

- STOCKS
- ALIWAYS
- RAFFLE
- BET

THINGS THAT PAYOFF

## ZIG-ZAG

THE ORIGINAL WORD MAZE PUZZLE

### THINGS THAT PAYOFF

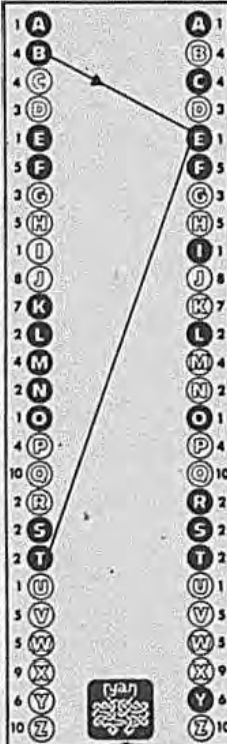
ALL WORDS TO BE CONSTRUCTED PERTAIN TO THE ABOVE TOPIC TO YOUR ADVANTAGE ONE WORD HAS ALREADY BEEN TRACED. YOU MUST TRACE THE THREE REMAINING WORDS, USING ONLY THE LETTERS DESIGNATED BY THE DARKENED CIRCLES. WORDS MAY BEGIN AND END FROM EITHER COLUMN BUT EACH LETTER CAN ONLY BE USED ONCE.



EACH PUZZLE HAS A DIFFICULTY RATING (ABOVE). FOUR STARS SIGNIFY THE HIGHEST DEGREE OF DIFFICULTY.

GIVEN BELOW ARE THE POINT VALUES FOR EACH WORD. YOUR WORDS MUST CORRECTLY MATCH THESE POINT VALUES.

- 7 BET
- 11 \_\_\_\_\_
- 11 \_\_\_\_\_
- 11 \_\_\_\_\_



## Try this trickle irrigation system for potted plants.

Fill a narrow-mouthed bottle with water. Put the cap on bottle and punch holes in the cap. Put bottle in the soil as shown in illustration. The water will trickle slowly into soil.



Use this method of watering while you're away for a few days.

BY CHRISTOPHER & JANICE NYERGES  
**RECYCLING**

## Putterin' Pete

By FRYE

ELIMINATE THE PAIN, SPATTER WHEN YOU ARE REPLACING THE CAN LID BY TOSSING A WIPING RAG OVER THE LID, BEFORE TAPPING IT DOWN.

