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HICKSVILLE ILLUSTRATED NEWS

Vol. 6, No. 38

Thursday, April 2, 1992

35 Cents

Hicksville Scouts Seek Land For Garden

By John W. Garger

The Hicksville Association of Girl Scouts is in desperate need of a plot of land to use as a garden for their "Caring for the Earth" theme as part of this year's service project.

The Girl Scouts are looking for land in Hicksville in a range of about 500 square feet. According to Mary Ellen Carr, "500 square feet would be preferable, but any size land would be accepted."

Under the service project, 25 of Hicksville's 43 troops would participate in the program. Each troop, which ranges in number from 10 girls to 25 girls, would work on the garden for one week. They plan on growing tomatoes, cucumbers, string beans, lima beans, broccoli, and lettuce. The harvested vegetables would then be donated to local organizations that could use the food. Although they have not talked to any organizations yet, Carr said they would look into donating the produce to the Hicksville INN or the Coalition Against Domestic Violence or both.

All the work would be done by the Girl Scouts. Margie Lampert, the Chairperson for the Association of Volunteers, said that the Hicksville Community of Girl Scouts



THE GIRL Scouts kicked off their "Care for the Earth" campaign. Joining adult volunteers Margie Lampert and Judy Stenson at the 80th Birthday celebration were Daisy Scout Ursula Simic, Junior Girl Scout Theresa Lampert, and Cadet Girl Scout Christine Poviluskas.

would plow the field, prepare it for planting and harvest it. Carr added that the Scouts might also plant flowers around the garden to help beautify it, and then pick those flowers and give them to hospitals or nursing homes.

According to Carr the Girl Scouts are a service organization and their activities have always been environmentally concerned. Therefore in celebrating their 80th Anniversary the "Caring for the Earth" theme seemed appropriate. She added that community gardening is not a new idea. Many towns across the country have had such programs for many years.

The Hicksville Scouts have approached the Town of Oyster Bay and the Hicksville School District. Although both have responded positively to the idea neither has come up with any land. Concerns have been made as to the security of the garden. Carr does not believe that vandalism should be a deterrent to going ahead with the project. She believes a sign explaining the charitable efforts of the program would work against vandals, but she is willing to construct a makeshift fence if that would encourage

(continued on page 27)

School Board Meeting Almost Upbeat

By John W. Garger

The School Board meeting on March 25 went off without a hitch, almost.

In an otherwise upbeat, smooth flowing meeting, one confrontation between board members ruined it. More than halfway through the meeting the board was discussing whether to send three board members to the National School Board Conference in Orlando. Mr. Pfaender asked the board to think before sending three board members to the national conference when not all of them had been to the State Board of Education Conference or the New School Board Conference. It was Mr. Pfaender's feelings that the two local conferences should be a prerequisite to the national conference. Mr. Martillo took Mr. Pfaender's objection as a personal attack and lashed out at Mr. Pfaender. After the short outburst the matter went up to a vote. The motion passed four to one with only Mr. Pfaender casting a no vote. Ms. Wolf, Mr. Martillo, and Mr. Black, all members going to the conference, casted a yes vote along with Ms. Rudin. Mr. Collins and Ms. Lafferty were excused from the meeting.

The beginning of the meeting was all upbeat with good news about the district's students and programs. It was mentioned that upon review of the Iowa Tests that

Hicksville students had a 30 per cent high achiever rate as compared to 23 per cent for the rest of the state. Several board members, the superintendent, and some people in the audience commented on the fine performance by the high school students in the play, *Me and My Girl* which they recently performed at the high school. Most people said it was as good as seeing a Broadway play.

Superintendent's Report

Mr. Mugavero reported that due to the success of the last open discussion with the superintendent, that, as he promised, he will hold one again. It will take place on May 5 at 8 p.m. in the Board Room of the Administration building. He then commented on the renovations being done to the middle school in anticipation of the sixth grade in the fall. He said that all work was being done by district workers under the direction of Tom Shaw and that the renovations are being done at no additional cost to the district.

The superintendent next commented on the budget. He said that the budget will reflect a decrease from last year's budget, and there will also be a decreased tax rate. He encouraged all residents to attend the Budget Hearing on April 29. The final proposed budget must be ready by April 30.

The next part of the superintendent's report was the highlight of the evening. From

this meeting forward the superintendent will include in his report a section highlighting students and the schools' recent accomplishments. Each accomplishment that he mentioned brought applause from the audience.

A few that he mentioned were Wendy Marshall qualifying for the High School Nationals in gymnastics; the kickline placed first in regional competition and performed at Nassau Coliseum during a NY Saints Game; three high school students are finalists for Merit Scholarships; fifth grade student, Kurt Koegl, has been recognized as the only public school student on Long Island to win an award at the New York State Invention Convention; the school will form a business partnership with LILCO; and the anti-graffiti campaign by the high school students is well under way.

During the time allowed for the general public to address the board, Gregory Museum Director, Joan Kawecki, spoke concerning the proposition that will appear along with the budget that will provide funding for the Museum.

The sentiment at the meeting seemed to indicate that a proposal of \$40,000 to help the Gregory Museum pay utility and maintenance bills would be accepted by the

(continued on page 18)



KURT Koegl Was Honored By Superintendent Mugavero At The Board Of Education Meeting on March 25.

HOMETOWN PEOPLE

Receives Ph.D.

James Conboy, Hicksville High School Class of 1976, has earned his Ph.D. in Analytical Chemistry from Cornell University. He has taken a research position in Philadelphia, PA.

Receives Masters

Barbara Conboy, Hicksville High School Class of 1981, was awarded a Masters degree in Bilingual Speech Pathology from Temple University. She has taken a consulting position in San Francisco, CA.

Being Honored

Kathleen Doyle, a 1990 graduate of Hicksville High School, has been selected to receive The Switzer Foundation Scholarship at Nassau Community College. Each year it is awarded to a first year female music student. The foundation was established by Margaret and Sarah Switzer, who were very successful in the New York fashion industry in the late 1800's. Over the years their scholarship has helped women in different fields at selected colleges and hospitals in the Greater New York area.

Kathleen Doyle has also been named to the Dean's Honor list at NCC. She will be attending Hofstra University in the fall.

Anniversary

Celebrating their 23rd wedding anniversary are **Jessie and Chris Doyle**. Congratulations and many more.

It's A Girl

Sean and Janice Hughes are proud to announce their first child, **Kayla Marie**



Kayla Marie Hughes

Hughes on October 24, 1991. She weighed 10lbs. 4 1/2 ozs and measured 23 inches long (the longest measured in her pediatrician's career).

Kayla is the 7th grandchild for **Grandpa and Grandma Roy and Madeline Maser** and the 12th for **Nana Jean Hughes**. The entire family is so happy she arrived.

Hole In One

Congratulations to **Zak Collins** son of **Barry and Karen Collins** formerly of Kansas and Meyers Avenue. He shot a hole-in-one on the 18th hole at the Roswell Country Club in Georgia on March 14. Congratulations and happy birthday from **Grandma May, Uncle Peter, and Wayne and Cindy Collins** and family of Lake Grove.

Honor Student

Congratulations to **Patrick Scanlon** on being inducted into the Middle School

Honor Society. We're proud of you. Love, Mom and Dad and sister **Heather**.



Rebecca Marie and Charles

Engagement

Mr. and Mrs. Joseph Campione of Hicksville are proud to announce the engagement of their daughter **Rebecca Marie** to **Mr. Charles Ballister**, son of **Mr. and Mrs. Charles Ballister**, also of Hicksville. Rebecca and Charles are both graduates of Hicksville High School. Rebecca is currently working as a medical assistant for HIP. Charles, together with his father, owns the Love To Bake Shop in Farmingdale. An Oct. 10, 1993 wedding is planned at the Suffolk Manor.

Dean's List

Lynn Evans, daughter of **Robert and Veronica Evans** was named to the Dean's List of Ithaca College. Lynn is a senior studying accounting. She is a graduate of Holy Trinity High School.

Service Award

Angelo Miele of Hicksville has been recognized for his 15 years of service by the New York State Power Authority. Congratulations, Angelo.



Trinity Lutheran Students

At Fork Lane

"Sneakers, a vocal group of 3, performed at Fork Lane School and delighted a very captive audience. During a one hour performance the message relayed to kindergarten through sixth grade students was that self-worth and acceptance of unique qualities possessed by everyone and a sense of acceptance of everyone despite differences in dress, personality, and looks.



Sneaker At Fork Lane

Hope For Long Island's Labor Force

Economic Times Looks At The Future

As Long Island lessens its dependence on the defense industry and companies are forced to cutback and layoff, prospects for the region's unemployed are not good, but, according to the recent issue of the *Economic Times Of Long Island*, there is hope.

That hope, according to the business publication's cover story, is in growth industries such as computer technology, tourism, transportation and, according to the Long Island Association's Jim Larocca, service industries such as law, accounting, management consulting and financial services.

"As the economy resumes we will see growth out here of service industries... those businesses that like upscale suburban settings with strong public education," Larocca told the *Economic Times*. "There are definite signs of things picking up."

There are efforts underway to assist defense-dependent companies, the *Economic Times* reports. The Defense Diversification Project, according to the publication, will provide technical and managerial assistance to nine defense-oriented companies for diversification into a variety of fields.

Another effort is The Defense Diversifica-

tion Act of 1992, a proposal by Congressman Thomas Downey which would use money from the defense budget to help companies make the transition.

Additionally, *Economic Times* examines the retraining issue, with an evaluation of how local universities and colleges are helping Long Island's displaced work force find new employment opportunity.

The issue, which will hit area newsstands April 3, also includes an examination of a plan to make better use of the Grumman Corporation's final assembly plant in Calverton and at the same time meet the environmental concerns of the surrounding communities.

The redesigned *Economic Times* features regular columns in each issue, including Small Business and Executive Profile, Real Estate Watch, Long Island Stocks and the popular "Insider," which focuses on a different industry or business concern each issue. The current feature is on AdSources, a trade show for the advertising and public relations industry.

Copies of *Economic Times of Long Island* are available on select newsstands.

Call 739-0410 for subscription information.

The *Economic Times of Long Island* is a part of Anton Publications, publishers of community newspapers throughout Nassau and Suffolk Counties.



Merit Finalists

Merit Finalists

Three Hicksville High School Seniors-- **James Fitzsimmons, Albert Hahn, and Soo Young Kim**-- have been named finalists in the 1992 competition for Merit Scholarships. Of the 15,000 semifinalists selected in September, approximately 14,000 have been named as finalists. The selection of some 6,100 Merit Scholarship winners is now in progress. Good luck to our three finalists!

Gung Hey Fat Choy

The pre-K of Trinity Lutheran Nursery School learned how the Chinese New Year is celebrated. They heard a story about the Lion Dancer, and they tasted tea, rice, and fortune cookies.

John Lottes and Daniel O'Brien are showing the monkey masks each child made while **Kristin Garrow and Jennifer Caldwell** hold paper lanterns made by the class.

HICKSVILLE ILLUSTRATED NEWS

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Volunteers Needed

Volunteers at Central Nassau Guidance and Counseling Services in Hicksville have an opportunity to employ their skills and interests and become involved in the community. Some of the activities include staffing our Thrift Shops, assisting in clerical offices, baby-sitting during client's treatment hours, and more. This loyal and effective corps of men and women are helping to provide mental health and substance abuse services to residents of Hicksville and the surrounding communities.

If you wish to become involved, please call Barbara Bartell at 822-4060.

Childhood Heart Disease

Did you know that heart disease can begin in early childhood? Scientists think that cardiovascular disease, the disease that causes heart attacks, begins early in life, perhaps in early childhood. Studies have shown that some 19 year olds already have partially clogged arteries that could cause heart attacks later in life.

You can reduce your risk of having a heart attack by having your blood pressure checked regularly, giving up smoking, and watching what you eat.

For further information on heart attacks and Cardiopulmonary Resuscitation enroll in a community CPR course at your Nassau County Chapter of the American Red Cross, 264 Old Country Rd., Mineola, 11501.

Defensive Driving

Driver Improvement Programs will be conducting the six-hour National Safety Council's Defensive Driving Course in Hicksville on April 7 and 9 at the high school. The class will meet from 7 p.m. to 10 p.m. on both dates. Students must attend both sessions.

The Defensive Driving Course is a classroom instruction course designed to teach accident prevention techniques to people who already have a driver's license or a learner's permit.

Motorists who complete the course who are principal drivers must be given a 10 percent discount on both their automobile liability and collision premiums for three full years.

In addition, the New York State Department of Motor Vehicles will reduce up to four points from the motorist's record for any infractions for which the motorist has been convicted in the previous 18 month period.

The fee for the course is \$45 and registration can be done through the mail. For registration forms or more information call 1-800-REG-STUF or 1-800-734-7883.

Land Needed

The Hicksville Association of Girl Scouts is looking for vacant land in the community to start a vegetable garden in order to fulfill this year's theme "Caring for the Earth."

The crops raised will go to local organizations servicing the needy.

There is great optimism and support from Girl Scout Troops at all levels. However, they are in desperate need of a piece of land to house their service project. If you have a piece of land that is available or any suggestions please call Mary Ellen Carr at 933-6853.

All Girl Scouts taking part in the activities would be fully insured.

Local Youths Mastering Tai-Jitsu

By John W. Garger

Three young people from the local area are fast becoming masters of tai-jitsu, a martial art taught at the Martial Science Academy, located on South Broadway.

Martial Arts is not a new craze, it is a self defense and art form that has been around for centuries.

In a ceremony held on Sunday, March 29 Chris Koumas, Derrick Harris, and Lisa Fox became one step closer to mastering tai-jitsu by performing for their brown belt. Students performed for other belts including orange, yellow, and green.

The ceremony started with warmups with all the students performing standard techniques. After the warmups individual students performed in front of judges from the Long Island Taïso BuJitsu Jujitsu Society and International Federation of Jujitsu. Special attention is paid to each move. Each student performed his learned techniques until performed correctly.

After the students have performed their techniques and have passed the test they receive a diploma, and the respective belt. The order of the belts is white, yellow, orange, green, blue, brown (1,2,3), and black. A master of tai-jitsu would be able to perform over 400 techniques.

Lisa Fox was the youngest student to receive her brown belt at the ceremony. She is 15 and has been practicing for three years. She plans on continuing in tai-jitsu, going for the three stripes on her brown belt; then studying for the black.

Chris John Koumas has been studying the martial arts for 13 years. He started with karate when he was seven years old. He feels that martial arts is more than just a sport, "I have dedicated half my life to it. Half my life to my health and the other half to the sport." When asked if he ever had a situation to use his knowledge of tai-jitsu he said, "Yes once, and the fight was over in a matter of seconds."

Derrick Harris, the other recipient of a brown belt has been studying tai-jitsu for 1 1/2



The students and instructors of the Martial Science Academy pose with judges from the Long Island Taïso BuJitsu Jujitsu Society after the students performed for different color belts.

Photo by J.W. Garger

years. Since he started he has definitely seen a change in his life. He said that he feels that he is living a better life now.

After the students had performed for their belts Sensei Lewis, the instructor at the Martial Science Academy, demonstrated some of his techniques, especially finger-locks, which are one of his specialties. Sensei Lewis is a fourth degree black belt and the 1990 New York State Kickboxing Champion with over 20 years experience in the martial arts.

Lewis feels that martial arts is an important part of a person's life. "They [students] learn discipline; respect, self-respect and respect for others; they also learn how to be self assured. It is a confidence builder which is very important in growing." Lewis recommends the martial arts for everyone. He

presently instructs over 80 people ranging from young children to senior citizens.

Tai-jitsu is more about grabbing limbs and breaking bones according to Ralph Cammarota, a judo instructor at the Martial Science Academy and an owner of his own school in Baldwin. "Judo is more about throwing and pinning, it is a gentle martial art. Judo is a sport that can be seen on the olympics and tai-jitsu is more of a streetwise art," he said.

The Martial Science Academy holds a monthly seminar on the martial arts for anyone interested in learning more about them. Sunday, April 5 there will be a seminar on tai-jitsu and ju-jitsu starting at 1 p.m. It is open to the public, but please call for reservations at 938-8079.

LI Campaign Office In Hicksville

By John W. Garger

A few weeks before the New York Primary, supporters of Arkansas Governor Bill Clinton were already preparing for the Democratic race on Long Island, in fact they set up their Nassau-Suffolk headquarters right here in Hicksville.

Rob Benrubi, the Field Operations Coordinator from Long Island, said they chose Hicksville because of its central location in Nassau, and because of its representative population.

The office was busy with phones ringing often and plenty of literature available on a table located near the door of the store front on South Oyster Bay Road. Mr. Benrubi said that his day starts at 8:30 with a conference call to the other field coordinators around the state and the statewide field coordinator. During that time the governor's plans and upcoming events are discussed. The rest of the day Benrubi spends his time contacting leaders on the Island, coordinating activities in both Nassau and Suffolk, and talking with local community and business leaders.

Some of the activities that are coordinated from the Hicksville office include setting up speaking engagements, sending volunteers to railroad stations and supermarkets to hand out campaign literature, and making sure people are manning the phone bank.

Volunteers make phone calls to local supporters, but the office also receives many incoming calls. The calls are from people who offer to volunteer, want to discuss the issues, or request literature. Mr. Benrubi believes, "People call up to discuss the issues because they know that they can get through the per-

sonal issues and concentrate on things with substance." He also mentioned that they have received many calls from high school students who are interested in the issues or are doing reports for civics classes.

When asked if Governor Clinton would be stopping by Mr. Benrubi said, "I hope so, but his plans are made hour to hour." After April 7 there are no official plans for the

office, but Mr. Benrubi expects it will be available for the general election if Clinton receives the nomination from the Democrats.

Mr. Benrubi feels Clinton's chances are good. He said, "We are getting a lot of enthusiasm from people who have been disenchanting with politics for 25 years. Clinton has excited them!"

Old Man Winter in Springtime



Wow! What a snowman. A product of our spring snow storm this eight foot plus snow man was found on Division Avenue. Check out the fancy detail work done by Elizabeth Rickmeier. Good job.

Photo by J.W. Garger

TO YOUR HEALTH

By RICHARD H. BLAU, M.D.

Rheumatoid Arthritis Affects All Body Organs

Rheumatoid arthritis strikes three out of every ten people with arthritis. Most people believe arthritis is a disease of the joints, but rheumatoid arthritis affects almost every organ in the body. A patient with this form of arthritis can have problems with the skin, lungs, heart, nerves, kidneys, spleen, eyes, muscles, blood vessels, as well as the tendons and bursa.

People affected with rheumatoid arthritis may initially suffer from early morning pain and stiffness. The joints may become swollen, hot, or reddened. These symptoms are the result of an inflammation occurring in the body. This inflammation is the body's way of fighting the arthritis. Unfortunately, after long periods of uncontrolled inflammation, fatigue and joint damage may occur. If you have any of these symptoms you should consult your physician. Early diagnosis and treatment may pre-

vent many of the problems associated with longstanding arthritis.

The diagnosis is only made after a careful study of the symptoms, a comprehensive physical examination, blood tests and occasionally x-rays. Fortunately, physicians can successfully control the inflammation and are capable of reducing the pain, discomfort, and possibly prevent the deformity associated with rheumatoid arthritis.

Your rheumatologist (a specialist in arthritis) may use anti-inflammatory medications, prescribe personalized exercises, advise you on techniques of reduction of emotional stress, and begin you on a proper diet. All play a major role in the treatment of arthritis.

Arthritis strikes one out of seven people. Learn the facts. Call for your complimentary copy of "The Joint Approach - An Arthritis Overview."

Dr. Richard H. Blau is a board-certified Rheumatologist practicing in Westbury, 516-997-6823.

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Fire Chief Wigdzinski Receives Citation



OYSTER BAY TOWN Councilman Thomas L. Clark (second from left) joins with Councilwoman Ann R. Ocker and Councilman Leonard Kunzig (right) in presenting a citation to outgoing Chief Anthony Wigdzinski at the Hicksville Fire Department's Annual Installation Dinner. The citation recognized Chief Wigdzinski's years of dedication and commitment to the Hicksville Fire Department.

LI Post Offices To Recycle Waste Mail

Long Island's post offices are taking a major step in protecting the environment by recycling more than 7,500 tons of waste paper per year with Marcal Paper Mills, Inc. of New Jersey.

This year, most Long Island post offices will enter into the Recycling Program, which began as a test last year in 20 LI post offices, said Dominic Bratta, USPS Manager, Maintenance Engineering/Operations. Approximately 767 tons were then recycled.

For the past few years, the Maintenance Department had been searching for an outlet for all this waste. They even wrote to Asian and European companies, looking for the perfect match. When they met the Marcal representatives at a recycling conference, the search was over.

The Postal Service expects to save a quarter of a million tons of waste paper, cardboard, pallets and plastics annually through this recycling effort. This represents an approximate cost saving of \$40 million to the Postal Service, and, ultimately, to postal ratepayers.

Throughout the Long Island Division, at our 175 post offices, stations and branches, all waste paper materials are collected and returned to the Mid-Island mail plant in Melville. The containers, which will be located in all our post offices, are filled. They are then placed on vehicles. At the mailplant, the containers are transferred to Marcal trailers and transported to their recycling plant in New Jersey.

During a press conference conducted on

February 11 at the Mid-Island General Mail Facility, Jeff Martin, Division General Manager/Postmaster, stated the importance of this program.

"Everyone benefits from this recycling effort," he said. "Local governments save valuable landfill space. Marcal has a great deal more paper for its recycling programs and the Postal Service reduces its waste removal costs."

Peter Marcalus, Marketing Vice President for Marcal Paper Mills, Inc. stated, "We're excited about this expansion program. We take a variety of paper sources, such as direct mail, envelopes with cellophane windows, fax and computer paper, etc., and clean it, eliminating inks and chemicals, to create the tissue paper. This is an important step to divert this material from our landfills. The USPS is doing something useful with this waste material and Marcal is eager to use it." Also present at the conference was Congressman Hochbrueckner who, as a leading sponsor of legislation on recycling, expressed his satisfaction and pride in this initiative.

For more than 20 years, the Postal Service has been a national leader in working to protect valuable natural resources and considered a model for everyone in the public and private sectors. The Environmental Protection Agency and other agencies have recognized its leadership in alternative fuel vehicles, replacement of underground storage tanks, environmental assessments and impact statements and abatement of PCBs, asbestos and lead.

What Is Hicksville Reading?

Fiction

1. *Scarlett*-Alexandra Ripley
2. *No Greater Love*-Danielle Steel
3. *Remember*-Barbara Taylor Bradford
4. *Rising Sun*-Michael Crichton
5. *Pelican Brief*-John Grisham

Non-Fiction

1. *Return to Love*-Marianne Williamson
2. *Double Cross*-Sam Giancana
3. *Is This Your Child*-Doris Rapp
4. *Awaken the Giant Within*-Anthony

Robbins

5. *The Best Treatment*-Isador Rosenfeld

Videos

1. *The Rocketeer*
2. *Bright Angel*
3. *Double Impact*
4. *The Miracle*
5. *Only the Lonely*

Please Note: Don't forget to vote on the Library Budget. Voting is on April 8 from 10 a.m. to 9 p.m.

News From Joe Barry Council K of C

Back in November, the New York State Knights of Columbus held its annual C and B drawing. For the first time in many years there were a couple of winners from Joseph Barry Council in Hicksville. They were Monsignor Edward Donnelly, pastor of Holy Family, and Father Ed Tarrant, pastor of St.

Ignatius Loyola.

All the money received through the C and B Drive is given to charity. This year's drive was chaired by Mike D'Antuono and Sam McGafferty. Thanks Mike and Sam for a job well done.

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COMMUNITY CALENDAR

Thursday, April 2

The Hicksville Community Council will meet tonight at 7:30 p.m. The program includes Library Director Celeste Watman talking on the Library Budget; Connie Steers of the Nassau County VA talking on New Veterans Project; a discussion on graffiti with Councilman Tom Clark, Captain Ed Dooley, Second Precinct, Ivan Czipoti, Chamber of Commerce, and Tom Shaw, Hicksville School District; and the Town of Oyster Bay Report by Councilman Clark.

The meeting will be held in the Community Room of the Library.

Friday, April 3

The Young Drama Players are presenting *Six Characters in Search of an Author* today and April 5 at 2 p.m. in the Kenneth S. Barnes Community Room at the Hicksville Public Library. Admission to the play is free and all residents are invited to attend this fun-filled, enjoyable production.

The play is sponsored by the Hicksville Public Library. The Producer/Director is Ben Arrigo and Assistant Director is John Arbucci. For further information call 931-1417.

Sunday, April 5

Our Lady of Mercy will hold their semi-annual blood drive from 8:30 a.m. to 1:45 p.m. The drive will be held in the school cafeteria which is located at 500 South Oyster Bay Rd. in Hicksville. Breakfast will be served to all donors by the Knights of Columbus, Joseph F. Lamb Council. Gallon donors will also be honored at the drive.

For more information about the drive or to make an appointment, please call Linda Morton-Tracy 752-3593.

There will be a meeting with the representatives of Community organizations interested in becoming involved with the Hicksville Fire Department's 100th Anniversary celebration in 1993. The meeting will take place at the Fire Department's Headquarters on East Marie Street at 10 a.m. All are welcome to attend.

Tuesday, April 7

Ahead of New York State by one day, the Children's Room of the Hicksville Public Library will celebrate "The Great New York Read-Aloud-Night of 7,000 Stars."

This annual event is designed to encourage family literacy during National Library Week. The "Read-Aloud" will be held throughout New York State on Wednesday, April 8. The Hicksville Public Library Budget vote is held on that day as well. The library encourages all residents to come out and vote.

Wednesday, April 8

The Mid-Island Arthritis Support Group will meet at 10:30 a.m. The group will meet at the Hicksville Public Library, 169 Jerusalem Ave.

Sponsored by the Arthritis Foundation, the monthly meetings are offered free-of-charge and are open to the public. For more information call Susan Charney at 873-6126 or the Arthritis Foundation at 427-8272.

Registration for the tiny tot discovery program for children 1½ to 2½ and a parent or caregiver is today. The program will be held three times and residents may register for one.

This is a special four week program. Each session includes a craft, movement (continued on page 6)

SCHOOL NOTEBOOK

OLM Student Receives Citizenship

Eva Ng came to Our Lady of Mercy School from Korea. She enjoys the freedom and peacefulness of America. On January 17, at Cadman Plaza Federal Court Building, Eva became an American Citizen.

Eva waited anxiously in line with the other new citizens to receive her brown envelope containing information about applying for an American passport. Inside the envelope were papers that had the Pledge of Allegiance and the Oath of Naturalization. Seated in the courtroom were many future citizens waiting for the judge to swear them in as American citizens. The proud people stood with their right hands raised reciting the Oath of Naturalization:

"I hereby declare on oath that I absolutely and entirely renounce and abjure all allegiance and fidelity to any foreign prince, potentate, state, or sovereignty of whom or which I have heretofore been a subject or citizen that I will support and defend the constitution and laws of the United States of America against all enemies foreign and domestic, that I will bear true faith and allegiance to the same, that I will bear arms on behalf of the United States of America

(continued on page 6)



EVA Ng of Our Lady of Mercy School shows Laurie Mosco her citizenship papers. Eva became a naturalized citizen on Jan. 17 at the Cadman Plaza Federal Court Building. Eva is proud to have become an American citizen and the community is proud to have her.

SCHOOL SHORTS

100th Day

97, 98, 99, 100 We finally made it!! Sister Elaine's kindergarten children have been anxiously awaiting and counting for the 100th day that they have been in school.

On Feb. 24 the day finally arrived and they celebrated. A large sign greeted them as they walked in the door: HAPPY 100th DAY. Signs reading 100 decorated the classroom.

The children colored in a special badge which they wore for the day. The fun began when they went to the gym with some of the First and Second Graders to count out 100 children. When they came back to the class they made 100s out of Jello Jigglers and also with pretzels. That project tasted very good.

Next the children sat with partners and counted 100 unifix cubes, tiles, coins, sticks, buttons, pattern blocks, parquetry blocks, and toy animals. They discovered that it was easier to put their objects in sets of tens and then counting by tens. They also saw what a stack of 100 books looked like and how long a line of 100 unifixes stretched across the room.

All in all, the children not only celebrated their 100th day in school but they found fun and easy ways to count many objects-reaching the magic number 100!

Essay Winners

Saint Ignatius has three essay winners. Last fall the sixth grade students wrote essays explaining their thoughts and feelings about democracy. This was for "The Voice of Democracy" essay contest sponsored by the Veterans of Foreign Wars.

The three winning writers from St. Ignatius were **Jonathan Sattler**, first place; **Christina Wainer**, second place; and **Joseph Herb**, third place.

These students and their families attended an award ceremony on Feb. 7 at the Hicksville VFW Post. All three received certificates. Jonathan Sattler also received a pin and a cash award of \$5.

Saint Ignatius Loyola School faculty is very proud of their winning efforts.

Spring Plant Sale

The Hicksville High School Marching Band Parents Association is sponsoring a Spring Plant Sale. Hyacinths, tulips, mums, azaleas, and lilies will be available before Easter and Passover Holidays. Prices range from \$2.50 to \$6.50 depending on variety and size. If you are interested please call Joe or Rose Burralfato at 931-5420 after 5 p.m. and we'll be happy to give you all the details.

Internships

Hicksville High School interns have been receiving rave reviews from their preceptors during their placements in professional settings. This program has proved to be an invaluable experience for both the students and their mentors.

The High School is in its second year of offering the internship program through the Guidance Department for students in grade 12. Under the directorship of business education teacher **Susan Galland**, the program has grown to include two dozen seniors this year.

Students receive one credit for their service on a pass/fail basis. They are required to fulfill approximately 1½ to 2 hours daily for their entire senior year. Interns are not paid for their work.

The interns are learning more about themselves and their career choices through this hands-on experience. "It allows you to get an idea, a sense of whether you want to make this your career or not," said intern **Ivia Negron**. "Besides," added intern **Kristi Cannone**, "it is fun being on the other side for a change!"

Twenty-two aspiring future teachers have been placed within elementary schools in (continued on page 6)

Dutch Lane Book Fair

Dutch Lane PTA held its annual Book Fair on Feb. 4, 5, and 6. Here the Students from Mrs. McQuaid's second grade class display some items that were available to buy.

Our Ways and Means Chairpeople, Pat Phillips and Sue Mirro, put in a lot of time selecting books and setting up to sell to all the students from pre-K through sixth grade.

A Bake Sale was also held to raise funds for one of their schoolmates who is undergoing heart surgery.



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School Shorts (continued from page 5)

Hicksville including five placements at two parochial schools. One business student has been placed at the Barclay Bank in Great Neck. "It has given me the opportunity to know how to work with children even if I decide to not go into teaching," said Kristin Saeyd regarding her placement.

Business participants are happy to have our seniors assisting them and learning through the program.

The following students are in the 1991-92 internship program: Kim Blatz, Kristi Cannon, Christine Carriero, Ronald Castillo, Todd Catanzano, Jennifer Eng, Hedy Elbedewe, Taylor Ferranti, Tim Glover, Patricia Horvath, Lillian Keller, Jerry Lipfert, Charisse Maisonet, Jennifer Manna, Wendy Marshall, Julie Murphy, Kerry

Murray, Dawn Myron, Ivia Negrin, Karina Perez, Kelly Regan, Kristin Saeyd, and Amy Verbowens.

Juniors interested in participating in the internship program for the 1992-93 school year should see their guidance counselors and Ms. Galland.

The district is hoping that additional local businesses would be willing to take on student interns. Businesses interested in accepting interns for afternoon hours on a non-paying basis should contact Ms. Galland at 933-6500, or the high school guidance department at 933-6666.

Calendar

(continued from page 5)

activities, and songs. To strengthen skills, some activities will be practiced each week.

A child's birth certificate or facsimile and parent's barcoded Hicksville Library card is required at registration. The program will be held on Wednesdays, April 29, May 6, 13, and 20 at 10:15 a.m., 11:15 a.m., and 7 p.m. There is a \$4 materials fee.

Also at the library will be Tiny Tot Storytime for children between the ages 2½ and 3½. Parents are encouraged to attend. Younger siblings are allowed if they are not disruptive.

Registration for the program starts Wednesday, April 8. Proof of birthdate and parent's barcoded Hicksville Library card are required. Group size is very limited so parents are encouraged to register their children early.

The program will be held on Thursdays April 30, May 7, 14, and 21 at either 10:15 a.m. or 11:15 a.m.

Citizen

(continued from page 5)

when required by law, that I will perform noncombatant service in the armed forces of the United States of America when required by law, that I will perform work of national importance under civilian direction when required by law, and that I take this obligation freely without mental reservation or purpose of evasion, so help me God!"

With a clear response, Eva said, "I do."

Then, the new citizens recited the Pledge of Allegiance. The judge then gave a brief speech congratulating the new citizens for their support of America. Each new citizen received a certificate of American Citizenship.

It was a joyful day for Eva and her family. The community of Our Lady of Mercy is proud of our new American citizen!

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U9812 '91 MERCURY SABLE 4 DR., 10,000 Mi.....	\$12,288
U9718 '91 THUNDERBIRD, 15,000 Mi.....	\$12,388
U9652 '91 THUNDERBIRD, 12,000 Mi.....	\$12,388
U9725 '91 FORD TAURUS GL 4 DR., 12,000 Mi.....	\$11,688
U9776 '91 FORD TEMPO GL 4 DR., 15,000Mi.....	\$8388
U9875 '88 MERCURY SABLE LS 4 DR., 54,000Mi.....	\$7,888
U9878 '88 BRONCO XLT, 56,000 Mi.....	\$9888

CONVERTIBLE SALE

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U9724 '91 MUSTANG CONVERTIBLE, 17,000 Mi.....	\$14,588
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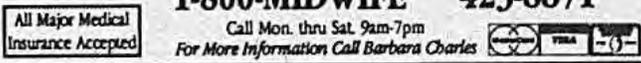
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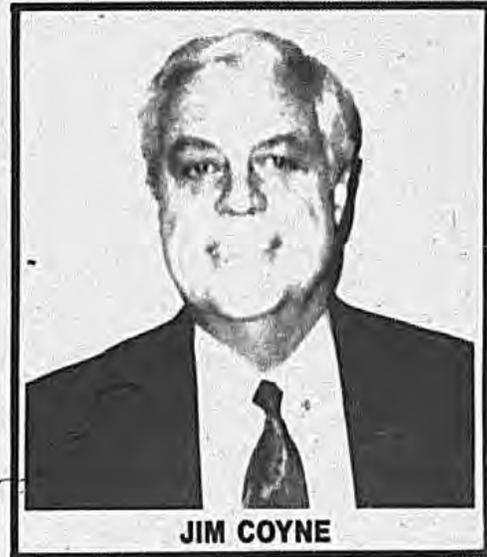
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- RESTORE** Vital Services whose costs are disproportionately borne by localities.
- RESTORE** and Repair damaged relations with our traditional ally Israel, while working to achieve a lasting, just peace for all.
- RESTORE** Woman's Right of Choice by supporting Roe/Wade.
- RESTORE** the college loan program to the middle class making loans available to all who apply.
- RESTORE** the affordability of Long Island's Once Renowed Quality of Life.

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A GUIDE TO HEALTH, FITNESS & HOSPITALS

Guidelines For Selecting A Physician

By Norman L. Stein, MD

You move into a new neighborhood. Getting settled in your new job, the new house, the new school for your children, and meeting your new neighbors takes about all the energy you have. But after a few weeks or months, it's time to find a physician... either because someone in your family is ill, or needs a check-up or follow-up exam for a previously diagnosed medical problem. How do you go about finding the right physician for you or for your children? Surely you want the best that is available, but what are some factors you need to consider and how do you rank these in priority order? How do you go about making an informed choice?

If there is an emergency, the choices are limited... either to the emergency room at the local hospital or a physician suggested by a neighbor you have come to know. But if you have time to do research, here are a few basic guidelines to follow in selecting a physician.

1. Credentials. Based on personal preference, the size of your community, and the type of doctors available, decide whether you prefer a family physician, or an internist for the adults in the family and a pediatrician for the children. Women may also have to choose an obstetrician/gynecologist. All four types of physicians have completed medical school and residency training and a number of them have had additional training leading to "board certification." A doctor can have a medical license and practice medicine without being board certified, but

having the certification means that higher level exams have been passed. The county medical society can tell you which physicians are board certified, their hospitals affiliations, and whether they are members of the county medical society, the Medical Society of the State of New York, and the American Medical Association, the national organization representing all physicians and all specialties.

2. Chemistry. Since the family physician, internist, or pediatrician will be your primary care doctor, the one you will turn to first and who will coordinate your care, being able to get along with him or her is an extremely high priority item. This is where recommendations from friends and neighbors, and even a personal interview, for which the physician may charge, will help.

Your primary physician will have intimate knowledge of you and your family and should be willing to speak with you on the phone or in person so you can both decide if the match is a good one. How much time will the doctor be willing to spend on a routine visit? What are the policies for phone calls? If the doctor is in a group practice, will you get to choose which physician you will see at each visit? Does the doctor make you feel comfortable and your concerns important? Will your new doctor be willing to communicate with your previous doctor to ensure a smooth transition? Does the doctor being considered have conflicting opinions about issues that provoke strong feelings in you, such as breast feeding, abor-

tion, special or unconventional diets, prescribing antibiotics over the phone, the necessity for certain screening tests?

3. Logistics. Office hours and location(s), and the hospital(s) where the physician is on staff are all important, especially if you ever have to go for an emergency visit or be admitted to the hospital. The doctor's arrangements for 24-hour coverage should also be considered. Is there always a doctor from your physician's practice on call, are there other physicians who can take calls, or are patients directed to a hospital's emergency room if the doctor is unavailable?

How busy is the practice and how long will you usually have to wait for an appointment after you call the office either for a routine check-up or if you are ill? While you would appreciate a timely appointment, you should also remember that good doctors are usually busy, especially during the months of the year when there is more illness in the community.

4. Finances. This issue has become a major factor in the recent past and unfortunately, is frequently the one that directs or even forces the decision to seek care from a particular physician. How much does the doctor charge for wellness check-ups and for sick visits? Does an obstetrician offer a prenatal care package, including delivery? What type of insurance does the physician accept? If you are a member of a health maintenance organization (HMO), is the physician a member of the same plan? If not, what is your HMO's policy about seeing physicians

outside the plan? Will you have to pay extra?

5. Physician "Extenders" and the Office Itself. During, or even between, your visits to the office, you will come into contact with a number of people other than the doctor. These may include a receptionist, business manager, nurse, nurse practitioner, or physician assistant. Is it acceptable to you that a nurse practitioner may conduct all or part of a particular visit? Does the receptionist or nurse who greets you in the office or answers the phone convey the same caring attitude as the doctor? Will you be notified or an inordinately long wait if the doctor's schedule has been unexpectedly changed? Will the office manager try to work with you if a financial problem arises? How much do these things matter to you if they do not directly affect the care you receive from the doctor?

How does the office look to you? Most physicians' offices are neat, clean, well lighted and convey an antiseptic, yet friendly atmosphere. Universal precautions for prevention of infection transmission are almost always followed, such as wearing gloves for certain procedures. You certainly have a right to ask about these policies and precautions, and to feel comfortable when you are in the office.

A Final Note: Of course, we do not live in a perfect world, and all of the items on your wish list may not be satisfied. As you advance through the process of selecting a physician, you should be guided by two keys (continued on page 2)



"Being a patient advocate is what being a physician is all about." *Dr. Rexen Fullin, Cardiologist, Kenosha, Wisconsin, Member, American Medical Association*

Why would a cardiologist get involved in the issue of family violence? Perhaps, because what he saw simply cried out for action.

"Fully a third of all women's injuries coming into our emergency rooms are no accident," says Dr. Fullin.

While others were content to downplay the issue of family violence, Dr. Fullin would not. He petitioned state officials, and through his efforts the first Domestic Violence Advocate Program in his state was created.

"Organized medicine must serve as an advocate for patients," stressed Dr. Fullin.

The American Medical Association (AMA) couldn't agree more. We're committed to focusing physician attention on the issue of family violence.

Become a member of the AMA today.

Members of the AMA are encouraged to join their state, county and specialty societies.

American Medical Association

Physicians dedicated to the health of America



Medical Society of the State of New York

How To Beat The Post-Winter Blues

Spring is taking it's time getting here and many of us are still battling the winter blues.

But the winter blues can be easily cured with a little tender, loving care. If you overdid it during the holidays, it's not too late to get back on track with a healthful lifestyle.

According to the American Heart Association, a healthy lifestyle starts with proper nutrition and exercise. A low-fat, low-salt diet and regular exercise can help reduce your risk of developing cardiovascular diseases and stroke, which claim the lives of nearly one million Americans each year.

The benefits, however, go far beyond preventing heart disease. A healthful diet combined with regular exercise program will help you look better, feel better and have more energy for work and play.

As you resume your trek toward a healthy lifestyle, remember that "diet" doesn't always mean a change in eating patterns to lose weight. Your diet is simply the foods you choose to eat on a regular basis. The AHA recommends that healthy Americans over the age of two reduce the total fat in their diet to about 30 percent of total calories and limit cholesterol intake to less than 300 mg per day.

The numbers can be intimidating but reducing fat and cholesterol in your diet can be easy. You can start by buying only lean cuts of meat and trimming any visible fat before cooking. Remember to remove the skin from poultry before cooking. Instead of frying meats and vegetables, try baking, steaming, broiling or roasting them to reduce the fat.

You can reduce the amount of fats consumed in dairy products by substituting skim milk, low-fat cheeses and low-fat yogurt for their high-fat counterparts.

It's also important to limit the number of egg yolks you consume to no more than three or four per week, including those used in cooking. Try substituting two egg whites for one whole egg in recipes for baked goods.

Another way to beat the winter blues is by exercising. Many people who exercise regularly have a greater resistance to stress, anxiety and fatigue, not to mention improved condition of the heart and lungs.

And don't let winter weather keep you from keeping fit. Indoor malls are a great place to walk and local fitness facilities usually offer indoor exercise and aerobics classes, swimming and weight training.

The AHA says that to improve car-

diovascular fitness, moderate to vigorous exercise (such as cycling, brisk walking, jogging, jumping rope or swimming) should be performed for 30-60 minutes at least three to four times a week.

So, don't sit back and wait for spring. Now is the time to beat the winter blues.

For more information on diet and exercise, call your nearest American Heart Association.

(continued from page 1)

facts: (1) not all licensed physicians are board certified; and (2) insurance plans and HMOs have their own rules and payment guidelines which you should know about up front.

Checking a Doctor's References

All doctors practicing medicine in New York must have completed medical school and have a current license to practice medicine from the New York State Department of Education. Here are some additional references you may want to consider.

Board Certification:

To become board certified, a physician must complete several years training in a particular specialty and pass a rigorous examination demonstrating competency in that specialty. Boards certify physicians you might choose for

primary care include the American Boards of: Family Practice, Internal Medicine, Obstetrics and Gynecology, and Pediatrics.

Hospital Affiliation: Find out which hospital your doctor can admit you to should the need arise. Make sure the hospital is convenient and one that you are confident can fulfill your medical needs.

Medical Society Membership: Membership in a county medical society and the Medical Society of the State of New York connects the physician with others in his or her field and provides a reliable means of keeping up-to-date on medical advances. The American Medical Association (AMA) is an authoritative nationwide source of medical information for physicians.

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A GUIDE TO HEALTH, FITNESS & HOSPITALS

Warning Signs Of Stroke, Heart Attack

What is a stroke?

A stroke is the result of a sudden decrease in the flow of blood to parts of the brain. When blood cannot reach the brain, brain cells become deprived of oxygen and die. Consequently, functions normally controlled by these damaged brain areas become impaired. For example, paralysis of certain body parts may occur. The interruption in blood flow can be due to blockage of an artery in the head or neck, or to bursting of an artery in the brain and subsequent bleeding into the brain.

How common is stroke?

Stroke is the third leading cause of death in the United States, affecting one in five Americans. Two-thirds of stroke victims survive, however, and many regain some or all of their lost abilities through rehabilitation. Better efforts and new drugs to help prevent

stroke promise to lower the number of fatalities.

What are my chances of having a stroke?

Your risk of stroke is influenced by a number of factors, some of which you can control and some you cannot. If you are a man, if you have diabetes or have had a previous stroke, you are at a greater risk. Also, your risk increases as you grow older. Obviously you cannot change these things.

Risk factors that can be modified by medical treatment and lifestyle changes include high blood pressure, heart disease, occurrence of TIA (see explanation to follow).

What is a TIA?

TIA stands for transient ischemic attack. TIA is like a mini-stroke, which causes only a temporary loss of function anywhere from a few minutes to several hours. For instance,

if you experience a sudden decrease or blurring of vision, or numbness or clumsiness of an arm or a leg which then goes away, you may be having a TIA. Other signs of TIA, which may occur alone or in combination, include problems in speaking or understanding speech, difficulty in swallowing, and severe and sudden headache. TIA is a serious warning sign of stroke. Do not ignore these signs just because they eventually go away—contact your doctor immediately.

What can I do to lower my risk of stroke?

Since stroke is a form of cardiovascular disease, making your heart and blood vessels healthier will reduce your risk. First, have regular check-ups so that you and your doctor will be aware of any problems. If you have high blood pressure, make sure you take your medication or follow whatever measures

your doctor has prescribed. If you are overweight or have elevated blood cholesterol, change your diet to reduce these risks.

If you smoke or drink alcohol excessively, seek out a good program to help you quit.

Regular, moderate exercise (for example walking or swimming) will also do your heart good.

Finally, if you have had a stroke or think you may have had a TIA, contact your doctor immediately.

Ask your doctor about drug therapies that may help reduce your risk of stroke.

For further information, call or write the National Stroke Association, 300 E. Hampden Avenue, Suite 240, Englewood, CO 80110-2622. Call toll-free 1-800-787-6537.

Making Peace With Food and Your Body

By Randi Realsop, CSW

Several years ago on her television show, Oprah Winfrey revealed a newly slender body, the result of her stringent dieting. On her show two years later, she acknowledged to the world that she had regained all the weight. She swore she would never diet again.

Oprah represents an alarmingly large number of women who are constantly at war with their bodies and engaged in a life-long power struggle with food. The epidemic of compulsive eating, along with anorexia and

bulimia, has made the diet related industry a multi-billion dollar business. This is mostly due to the high rate of recidivism: approximately 98 percent of women who lose weight through dieting regain this weight, usually along with additional pounds. Even many women who appear slender express concern about their body size and feel compelled to maintain a vigilant attitude toward their food intake. Dieting has become a national obsession—in spite of the fact that for the overwhelming majority it does not work

and has even been shown to create and exacerbate compulsive eating, anorexia and bulimia.

Diets don't work for several reasons. Diets disengage food and eating from their natural connection with physical hunger and put us further and further out of touch with our own bodies.

Rarely is physical hunger addressed by diet plans, yet physical hunger is the body's way of letting us know its needs nourishment. As infants and young children, we are able to

"hear" this signal and know that we need to eat. We also "hear" the body signals that tell us when we've had enough. Unfortunately, many of us lose touch with these physical signals as we grow, in response to set mealtimes, needing to finish what is on our plate and their external cues to begin and end eating. Before long, the act of eating becomes disconnected from physical hunger, and we begin to respond to emotional issues and conflicts by eating.

(continued on page 4)

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Making Peace

The first part of this approach is eating awareness training, this is a process by which one e-learns to recognize and respond to the body's signals regarding food and eating. "Demand feeding," much like what we do with infants, helps us re-connect eating with physical hunger and instills feelings of confidence in our ability to care for ourselves in the most basic way: feeding. Legitimizing

Another difficulty diets create is deprivation. We've all heard of the "forbidden fruit" and that's exactly what certain limited or forbidden foods become on a diet. They take on a power of their own and we feel less and less in control around them. Feelings of deprivation eventually lead to overeating or bingeing, so ultimately dieters break out of their diet prisons and feel like failures.

Finally, restriction of calories has been shown to lower the body's metabolic rate, slowing down the rate at which we burn calories even after we stop dieting. This not only makes it difficult to keep off the lost weight, but often causes additional weight gain when normal eating resumes.

If diets are not the answer, you may be wondering what is. The way to overcome overeating, and all of the feelings of helplessness, hopelessness and self-hatred that accompany it, is a two-pronged approach allowing us to finally make peace

with the food and our bodies, and equalizing all foods (e.g.: broccoli equals ice cream) permits us to feel comfortable around it. Contrary to what most women fear, eating what you want to satisfy hunger does not cause weight gain; rather it allows your body to slim down and stabilize at its ideal weight. Think of your "naturally thin" friend who never diets, eats whatever she wants when she is hungry and stops when her body has had enough.

The second part of this approach to breaking free of compulsive eating is psychological. Recognizing the time we reach for food but are not physically hungry and learning to gratify or sit with these psychological "hungers" or needs in more appropriate ways give us a sense of control in our lives and curtails emotional eating. Often, once dieting has been eradicated, we realize that behind our eating has been a calming/soothing problem all along.

The ability to learn to distinguish and deal with our needs, whether physical or psychological, provides us with a sense of peace and confidence and eliminate the need to use food compulsively.

The author is a psychotherapist practicing in Great Neck, specializing in compulsive eating and other eating problems. She can be reached at 487-3981.

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Perspectives in Health

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Your Journey from Diagnosis Through Treatment

- Dr. Harry Staszewski, Director, Hematology Service of the Oncology/Hematology Division, will discuss the role of chemotherapy in anti-cancer treatment and how to minimize side effects.
- Dr. William Cheng, Assistant Director, Radiation Oncology Department, will provide an overview of radiation therapy as a treatment option.
- Annie Spinner, RN, MS, OCN; Winnie Madden, RN, BA, OCN; Kathy Wallace, RN, BSN, OCN; and Marge McDowell, RN, will describe outpatient and inpatient services.

DATE: Tuesday, April 21
 TIME: 6:30 p.m. - Registration and Refreshments
 7 to 9 p.m. - Program
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Opinion

Letters to the editor are welcomed by Anton Community Newspapers. We reserve the right to edit in the interest of space and clarity. All letters must be handwritten and they must include an address and daytime telephone number for verification. Personal attacks and letters considered in poor taste will not be printed. We cannot publish every letter we receive due to space limitations.

Tolerance Is The Beginning

The things that make people and peoples unique are increasingly separating them as acts of bigotry in our society are becoming more and more prevalent.

The dividing lines are drawn by wallets, skin color, religious practices, philosophical expression, age, nationality and gender.

We'd like to believe that bigotry was isolated to small pockets of an unenlightened society. We'd like to believe that by teaching our children and ourselves to be tolerant we will eliminate the harm of bigotry. We'd like to believe that we can all live peacefully as part of a single community.

We'd like to believe all of this, but we shouldn't.

There's more to eliminating the barriers of bigotry than simple tolerance. We must strive to understand the origins of these differences and the value to society as a whole of these differences.

And, as the old saying goes, there's no time like the present.

As Christians ready to celebrate Easter and Jews prepare for Passover, we should all take the time to understand what these Holy Days represent, what they mean to those who observe them. We should take advantage of interfaith celebrations and other exercises which seek to explain and enlighten.

Tolerance is important and should be encouraged. However, bigotry is born of fear and we can often tolerate that which we fear.

Understanding, on the other hand, can eliminate fear and only through understanding can we bring a halt to bigotry.

No one is immune to bigotry. There will always be a reason to label someone as "different." It is up to all of us, as a community, to see that these differences are understood, not feared.

Letters

A Good Time

On Tuesday, March 10, Hicksville High School PTSA had Color Night. It was a fundraiser for the High School PTSA Scholarship Fund. Scholarships for our children.

If you were there you saw the true picture of the tone and spirit of our High School, its faculty, staff, parents and students.

The Olympics have nothing on our volleyball teams. There were Scooter events, hockey shoot-outs, relays and a suitcase dress up worthy of an Oscar.

What laughs! What cheers! What applause!

All the participants volunteered their time. That's special.

It was fun, good fun. We should really champion the goodness that is alive and well and thriving in the Hicksville High School.

Thank you one and all!

Sue Klein

Endorsements

On Wednesday, April 8, the Hicksville Public Library Board of Trustees will be presenting the library's 1992-93 budget before the electorate for consideration. As President of the Board, I am asking the community to carefully review this budget, which is available at the library. I am hopeful the community will recognize that the trustees are proposing a fiscal plan that reflects current economic conditions while allowing existing services to continue. The Board must credit our new library director, her staff and the membership of the Civil Service Employees Association (C.S.E.A.) library unit for working together to allow the trustees to offer a new budget nearly unchanged from the current operating budget.

The community will be also provided the opportunity to elect a library trustee to serve for a new term for the position now held by trustee Clara Bennett. Mrs. Bennett is seeking re-election for this seat and I endorse her candidacy.

Clara Bennett's vast experience and knowledge of the operation of public libraries is virtually unmatched by any trustee on Long Island. Besides serving as a member of the Hicksville Library Board and its immediate Past President, she has prominently presided as President of the Nassau Library System. A staunch fiscal conservative, Mrs. Bennett continuously provides our Board with information which allows us to operate our local library in the most fiscally efficient manner. She has repeatedly advocated accounting reforms on the County and the local level for the administration of libraries.

The commitment to community service by Clara Bennett and her husband, Bill, is well known throughout our community. In addition to her dedicated service to our library, Clara has been active with the Hicksville PTAs and the Four-H Club. As a responsive community volunteer, Clara has

been recognized as a recipient of the prestigious Hicksville Community Council President's Award for her outstanding contributions to the community.

Please vote on Wednesday, April 8th at the Hicksville Public Library, 169 Jerusalem Avenue between 10 am and 9 pm. I ask you to vote YES on the budget and re-elect Clara Bennett as a trustee.

Marc Herbst

Running

This letter announces my candidacy for the position of Trustee of the Hicksville Board of Education.

At this point in time, our School Board is in turmoil. We have members who are incapable or unwilling to work with one another and who show a complete lack of respect toward each other and toward the community. This must change.

I am a thirty-year resident of Hicksville and believe my community deserves better than what James Martillo and William Collins have given us. For the last three years I have been president of one of Hicksville's most active civic associations. I have worked hard to bring about positive change not only in my neighborhood but in all parts of our town. My strength is in working well with people who share a common goal.

I have served with pride in many community-oriented functions. I am a past trustee of the Hicksville Community Council, have served on the Hicksville Parks Task Force, the Willet Avenue Leasing Committee and most recently, the Citizens Committee on Elementary Consolidation. I was also one of many people who spoke out against the proposed Cablevision antenna tower permit which was recently denied by the Oyster Bay Zoning Board of Appeals.

My platforms are simple ones: restore the community's faith and trust in the School Board; play an active role in focusing on educational issues; and make educated decisions which honestly address the varied needs of all Hicksville residents.

On May 20, my running mate, Mr. Voley Martin, and I will ask for the Hicksville community's support so we can chart a new course for our youngsters, our community, and our people. Come along with us—better times are ahead.

David M. Staton

Library Candidate

The time has come for a change. My name is Doretta Pavacic and I am seeking your support on April 8th for the position of Hicksville Library Board Trustee.

The dictionary defines a library as a repository for literary and artistic materials. But a library is so much more than a repository. It contains the hopes and aspirations of mankind. Someone once said "A public library can possess a special horror for the young mind. The stillness, the heavy air, the feeling of restriction, inaction and sur-

(continued on page 18)

A Letter from Lulabelle...

...There's nothing in the world like the smell of freshly sawn lumber. . . I remember so well when I was a little kid, my Father who was a carpenter and builder, would take my little brother and me over to one of the new houses he was constructing after the workers had left and he needed to check on some detail—and how we would love to run around the rooms all marked out by the beams which would one day hold the wire lath and plaster—this was long before builders used plaster board. . . How good all that newly sawn wood smelled, and we loved to scuff through the sawdust and to pick up the ends and bits that we took home for our fireplace—or maybe to make a pretend village if the shapes were pleasing. . . And our Father would let us climb up the ladder to the second story—our Mother did not know about that!—and we would play that we were going to move into this house and which bedroom would be his and which mine. . . It was so intriguing to see how the electricians had led their wires all over through holes in the beams and the plumbers had all sorts of weird looking couplings all over the place. . . I would usually get scared to climb down the ladder and my Father would come up and help me—but my little brother was much braver and would have no help. . . Today, building is different with the metal beams or whatever they call them, but in the town where I live someone is building a house near me the old way—all wooden beams, etc., and I like to park in front in the evening and watch it emerge and smell the wood and dream of the days when I would have run into that house to check it all out—but now it might be considered trespassing!

Yours, Lulabelle

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Viewpoint: Something Is Wrong In America

By Robert R. McMillan

What follows is an expression of frustration which is based in the failure of traditional American values—not your temple, church or mine. The values reflected here relate to everyday honesty, love for our neighbors and knowing what is right and wrong—values of common decency.

I am expressing a value orientation and not trying to apply constitutional law. The juxtaposition of these contrasts emphasizes some of the underlying anxiety in this country. In my travels, I have found that, next to the economy, the public is most concerned about values.

When the teaching of values is screened out of the classroom and the schools have to screen students for weapons—

Something is wrong in America.

When politicians press for better health care for the nation and newborns are left to die in garbage cans—

Something is wrong in America.

When some students are chanting on college campuses, "Hey, hey, ho—Western civilization has got to go," and tens of thousands of people are risking their lives to reach the benefits of freedom here—

Something is wrong in America.

When 60 percent of the seniors in high school feel it is allright to cheat on tests and greed abounds in parts of our corporate life—

Something is wrong in America.

When we have spent trillions of dollars over the last 50 years to help the poor and there are now more poor—

Something is wrong in America.

When some members of Congress are quick to make demographic speeches about how to improve the economy and then abuse the privileges by writing bad checks through a taxpayer-sponsored bank—

Something is wrong in America.

When children are beaten to death by parents and others are abandoned for crack—

Something is wrong in America.

When almost 30 percent of us are either black, Hispanic or Asian and are not fully able to participate—

Something is wrong in America.

When sex and violence are a part of the everyday agenda on television and the owners say they have no responsibility for what children watch—

Something is wrong in America.

When environmental laws prevent us from burning leaves in our backyard but some kook can go out in the front yard and burn the American flag—

Something is wrong in America.

When people are critical of school expenditures and then never show up at a school board meeting—

Something is wrong in America.

Finally, if you are frustrated about some of these issues and do not try to do something about one or more of them—

Something is wrong in America.

SPECIAL INTERESTS

Alzheimer's Association Offers Info Booklets

Through its various service programs, the Alzheimer's Association has found that carefully selected activities may help to "normalize" an Alzheimer patient's life. Now, the Association has published a new booklet, "Steps to Selecting Activities for the Person with Alzheimer's Disease," which guides Alzheimer caregivers in selecting activities that are practical, effective and enjoyable for both the patient and family, as well as tips for implementing the activities and evaluating their effectiveness.

As the patient's ability to initiate, participate in, and complete activities weakens because of disease-related symptoms, he or she may become frustrated and experience feelings of despair. By selecting and supervising activities which meet the patient's needs, the caregiver can help a loved one regain a valuable sense of usefulness and belonging.

"Steps to Selecting Activities for the Person with Alzheimer's Disease" is the third booklet in the Association's Action Series of educational booklets which provide practical step-by-step information in an easy-to-read format. The series also includes "Steps to Choosing a Physician" and "Steps to Finding Home Care."

Caregivers can order their own copy of "Steps to Selecting Activities for the Person with Alzheimer's Disease" by sending a check or money order in the amount of \$1.50 to: Alzheimer's Association, P.O. Box 5675 AC, Chicago, IL 60680-5675. Allow four weeks for delivery.

For more information on the Action Series, Alzheimer's disease or the services available through the Alzheimer's Association, call the Association's Information and Referral Service Line, toll free, at (800) 272-3900.

tion, call the Association's Information and Referral Service Line, toll free, at (800) 272-3900.

Get Heart Smart At Early Age

Did you know that heart disease can begin in early childhood?

Scientists think that cardiovascular disease, the disease that causes heart attacks, begins early in life, perhaps in early childhood. Studies have shown that some 19-year-olds already have partially clogged arteries that could cause heart attacks later in life.

You can reduce your risk of having a heart attack by having your blood pressure checked regularly, giving up smoking and watching what you eat.

For further information on heart attacks and Cardiopulmonary Resuscitation enroll in a Community CPR Course at the Nassau County Chapter of the American Red Cross, 264 Old Country Road, Mineola, NY 11501.

Community Programs At Syosset Hospital

Syosset Community Hospital delivers a variety of programs to the community. The sibling program is conducted under the auspices of the Nursing Department and is designed to help brothers and sisters adjust to a new family member. For further information, call 249-3627.

Offered in partnership with the Visiting Nurse Association of Long Island and the Visiting Nurse Service is the early maternal/newborn discharge program which provides home instruction on proper care for the newborn. For additional information, call Social Work at 496-6440.

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MAYBE IT'S NOT THE FLU.



Figure 2
Dorsal Aspect of Ixodes Scapularis
Common carrier of Lyme Disease

And this is no little flu-bug. It's a deer tick, the most common carrier of Lyme Disease in the United States.

And Lyme Disease is a lot more than a little touch of flu. It's a bacterial infection that, if left untreated, can eventually cause damage to your heart, joints, and nervous system.

The deer tick lives in wooded, grassy, and brushy areas, so if you frequent the outdoors, you are at risk of being bitten and infected.

At first, Lyme Disease may feel like the flu. But, in many cases, a red, bull's eye rash will develop around the bitten area.

Up to a year after the bite, the disease can cause ear and eye pain, heart flutter, and joint swelling.

Some time later, mild to crippling arthritis, stomach cramps, weight loss, and a wide variety of other conditions may occur.

Lyme Disease can be treated. Further damage can be prevented at any stage through treatment with antibiotics.

For more information or the name of a physician in your area who specializes in treating Lyme Disease, contact the Lyme Resource Network.

LYME RESOURCE NETWORK
1-800-368-0288

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with white or red clam sauce
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with vodka, mushroom and tomato
- LINGUINE and SEAFOOD 11.95
with scallops, shrimp, crab, mussels
and fresh plum tomato sauce
- ANGEL HAIR 7.95
with garlic, oil and parsley
- ANGEL HAIR with Fresh Vegetables 7.95
in a cream sauce

Entrees

Served with Salad and Potato and Vegetable or Pasta

- EGGPLANT ROLLATINE 9.95
rolled and stuffed with ricotta and
mozzarella topped with tomato sauce
- CHICKEN PARMIGIANA 10.95
fried and topped with tomato and
fresh mozzarella
- CHICKEN FRANCESE 10.95
dipped in eggs and fried in
lemon, white wine and butter
- CHICKEN MARSALA 11.95
sauteed with wild mushrooms and onions
- CHICKEN VERDI 11.95
sauteed chicken breast topped with
fresh broccoli and mozzarella
- VEAL PARMIGIANA 11.95
fried and topped with tomato and
fresh mozzarella
- VEAL MARSALA 12.95
sauteed with wild mushrooms
and onions

Lobster Dinner Special

Special Broiled Whole 1 lb. Lobster **13.95**

Dinner special includes:
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with fresh tomato and basil
- FETTUCINE 8.95
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- FETTUCINE with Wild Mushrooms 8.95
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- TORTELLINI with Meat Sauce 7.95

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sauteed with lemon, white wine and butter
- VEAL PIZZAIOLA 11.95
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- VEAL and SPINACH 11.95
veal topped with tomato, mozzarella
and spinach
- VEAL VERDI 12.95
sauteed veal topped with
fresh broccoli and mozzarella
- VEAL SORRENTINO 13.95
veal with eggplant, prosciutto
and mozzarella
- SHRIMP PARMIGIANA 13.95
breaded and fried, topped with
tomatoes and fresh mozzarella
- SHRIMP MARINARA 13.95
sauteed in garlic and red sauce
- SHRIMP SICILIAN 13.95
sauteed in fresh garlic, lemon, white wine

Early Bird Special

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- Broiled Fillet of Flounder w/Peppers, Onions & Tomatoes ... \$9.95
- Baked Eggplant Parmigiana w/Pasta \$7.95
- Italian Meatballs w/Spaghetti \$7.95

Dinner Includes: Cup of Soup, Salad, Coffee,
Tea or Plain Soda & Bread
For Dessert: Fruit Pie, Jello, Chocolate Pudding,
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Glass of Wine — \$1.75

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Letters (continued from page 14)

veillance can often combine to set up a nervous irritation often times fatal to quiet study!

What we must do is transform this edifice of learning; to energize the workings of this brick and concrete structure into a living, vibrant monument to our accomplishments as human beings. With your help, I can begin this transformation by:

- Improving Children's Services
- Instituting A Volunteer Program
- Improving Building Janitorial Services
- Providing Adequate Parking
- Reexamining The Budget
- Expanding Computer Literacy Classes For All Ages
- Soliciting Ideas From Hicksville Residents
- Providing Hicksville Residents With More Specific Information As To Where Our Tax Dollars Are Being Spent.

Let me leave you with a final thought: A change for the better always makes some people uncomfortable. I say change the fabric of your own mind and your own visions regarding our library and you change all for the best for ourselves and our children.

Thank you for your support on April 8th. If you have any additional suggestions on how we can improve our library you can contact me or leave a message at 938-5414.

Doretta M. Pavacic

In Response

I would like to respond to Mr. Frank H. Willard's letter to the Editor regarding the "Firing" of all the currently employed Hicksville Teacher Aides.

Mr. Willard stated, "This case is no different than a Kitchen Helper who peels potatoes and carrots and then wants to be called and paid as a Chef."

State Education Law clearly states the difference between a Teacher Aide and a Teacher Assistant. The Teacher Aide duties are clearly defined as clerical. Teacher Assistants work individually and with small groups of students, teaching, re-teaching, reinforcing, tutoring and drilling on all academic subjects, under the general supervision of a teacher.

The current Teacher Aides have been performing the duties of Teacher Assistant from the start of this program 14 years ago. The very nature of a Special Education classroom requires this service. State Education Department, as well as the Nassau County Civil Service Commission, have upheld our claim, that indeed, we have been required to do out-of-title work.

In this case the Hicksville School District hired "Chefs", called them "Kitchen Helpers", and paid them as "Kitchen Helpers".

Mr. Willard also stated that, "No wrong or harm occurred to them (Teacher Aides),

in the course of their employment. Mr. Willard has not been actively involved in this issue for these past fourteen years, therefore, for him to make a statement of fact, is grossly unfair.

On Dec. 2, 1983, I traveled to Albany and met with Commissioners from State Education Department. At this meeting I was informed that the Teacher Aides were in jeopardy of personal lawsuits, in that, to work individually and with small groups of students on academic subjects, as required by the Hicksville School District, required licensing as Teacher Assistants. The following week I met with the former Superintendents along with other administrators and stated my concerns over this matter. I was assured that as long as we were employed by the Hicksville School District we had nothing to fear. I then put this in writing as a confirmation to our meeting and asked for this same information and promise in writing from the district. I asked two questions: 1. If a parent brought a law suit against myself or a member whom I represent would we be represented by the District's attorney? 2. If a judgment was awarded to a parent or child pertaining to this issue, would it be paid by the District at no cost to the Teacher Aide? I promptly received a letter stating, "Yes, we would most certainly be represented by the District's attorney." The second question went unanswered. I wrote a second letter asking to have my second question answered. My second letter went unanswered. This school year (91-92), I wrote my two letters once again. Once again my second question went unanswered. By pursuing our lawsuit, we have been protected against personal liability. This most certainly is a wrongful and harmful way to treat dedicated employees.

In addition, the one million dollars in damages that Mr. Willard referred to, was one third of our estimated lawsuit for 94 people. It was a figure to begin negotiations with. This figure has been negotiated down considerably in an effort to settle this issue. Mr. Willard, was correct when he stated that the Superintendent offered to certify the Teacher Aides. Yet at the meeting where we were fired, the Superintendent along with four Board members stated that we were being fired because we were not qualified. In my opinion, the message is very clear.

The Hicksville School District did not become aware of this problem this school year, in fact, they have been aware of, and have chosen to, ignore it for many years.

This District has not negotiated in good faith. Ultimately, a Court of Law will make a decision on this case. I am confident as to the end result. In my opinion, the District shot itself in the foot by ignoring this problem for the past fourteen years and by firing 31 dedicated employees with the hope

that the problem will disappear.

This "Chief", who is called a "Kitchen Helper", intends to see this issue to a fair and just end.

Linda L. Hild, President
Teacher Aides/ASST
CSEA

Endorsement

The Concerned Citizens of Hicksville (CCH) at their membership meeting, of March 17, have endorsed, by majority ballot, by the membership in attendance, the election of David Staton & Voley Martin to run for election to the Hicksville School Board, on May 20.

Mrs. Linda Mirro, and Paula Iacovissi, were also nominated by the membership in attendance at the March 17 meeting, but did not receive the required number of votes for selection, however, they are designated as our alternate candidates if the need arises.

The CCH is confident that Mr. David Staton, and Mr. Voley Martin will succeed and be elected by this community on May 20, and return Integrity, Competence and Leadership to the 1992-1993 Hicksville Board of Education.

EDWARD HEBRON
Secretary,
Concerned Citizens of Hicksville

Bogus Operation

Open Letter to Merchants from Hicksville Fire Department.

It has come to our attention that person or persons unknown are soliciting for journal ads using the term "Hicksville Fire Safety Commission". This is a bogus operation. The Hicksville Fire Department does not solicit support by telephone. All requests are by mail. If you have any questions please call the Hicksville Fire Dispatcher immediately. At 933-6444.

Please spread the word to friends and merchants.

Thank you
Asst. Chief Karl Schweitzer

Superintendent's Reply

I do not make it a practice to answer letters to the editor, but I truly believe that this reply is necessary.

I would first like to thank Mr. Tom Lupski for his letter, which was printed in this column, not only because of the nice and fair statements that he made, but because his call for common courtesy was important for all of us to hear. In my opinion, Mr. Lupski is an outstanding community leader and would make an outstanding board member candidate. It is a shame that certain people viewed his writing of this letter as affecting the qualities of his leadership. The children of this community would have been better off had Mr. Lupski decided to be nominated to run for a school board seat.

I also found it unnecessary for Mr. Joe Visconti to reply in the manner in which he did. I do not know Mr. Visconti's background, but I would like to compare my background as an educational leader having served over thirty years on behalf of children in three communities. That is attested to, not by me, but by my peers in the county, state and the communities where I have served. Children have always been better off for my having been in a community.

I would also like to compare what both of us have done this year for this community and let the record speak for itself. I think Mr. Visconti should be aware that there is a fine

line between being a public servant and a servant of the public. Apparently, he has not attended all of the board meetings nor heard all of the tapes. Perhaps he should, to understand that his comments such as, "King Mugavero, etc" are only more fuel for the fire. There are many people in this community who would tend to call Mr. Visconti "Boss Visconti" due to his political actions and his carrying on. This superintendent is not a politician nor do I want to be. I am not interested in the politics that occur in this community. I am only interested in what is best for the children of Hicksville and the best educational climate. Perhaps that hits the spot. Mr. Visconti should be aware that this is not the Board of Supervisors, this is not the Town Council, and politics should be set aside by candidates for the school board. Their role is to make education better for the children of this community. There should be no private agendas nor political agendas concerning education.

It is also important that courtesy be demonstrated so that all people, including board members who might have different opinions, can discuss those in an honest, open, intelligent manner and not make personal statements, personal character assassinations, and show hostilities to a public whom they serve. If truly the leaders are the role models who serve the public, then they should show the public the way so that children, students, and people who attend board meetings understand the proper deportment and decorum for such events. It is sad that some of these comments have to be made to Mr. Visconti, but it is time he understands that this superintendent does not intend to cut and run. I intend to serve and do the best job for children in this community and will not let his political ambitions, or anyone else's, interfere with what is best for the education of children in this community.

It was pleasant to read in Mr. Visconti's letter the acknowledgement of the problems and particular situations that I inherited in this school district. However, it is important for him to know that what I have accomplished in eight months most superintendents do not deal with in a career. Hard work does not deter me, and excellence is my goal.

It is time we put an end to character assassinations because I would love to show Mr. Visconti the personal file of venomous letters, all anonymously signed, and then perhaps he will understand what is right and wrong and what is courteous and discourteous.

Salvatore Mugavero
Superintendent of Schools

Meeting (continued from page 1)

public. Ms. Kaweck said that by the end of April all the public schools in the district will have visited the museum this year. She also said that the museum has pinched pennies to pay its bills and that it employs five people with only \$40,000 going to payroll costs.

The action section of the meeting included thank yous by the board and superintendent to the departing teacher aides and welcomes to the new teacher assistants, many of whom reside in Hicksville. It was announced that the position of Assistant Superintendent for Curriculum will remain vacant. A new position of Coordinator of Elementary Education will be created.

It was also announced that many teachers were granted tenure the night of the meeting, but exact numbers were not given. It was also pointed out that there will be about 30 retirements coming in June.

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PREPLAN

Arts Entertainment

ATTRACTIONS

Thursday, April 2 Through Sunday, April 5

The Hofstra University Dance Theatre presents Modern Dance and Ballet at the Adams Playhouse. Tickets are \$5. For more information, call 463-6644.

Friday, April 3 Through Sunday, April 5

Hofstra University's Department of Drama and Dance will perform John Morrell's "Waiting For The Parade" at the West End Theatre. Tickets are \$5. For more information, call 463-6644.

Saturday, April 4 Through Sunday, April 5

The Long Island Antiquarian Book Fair will be held at the National Center for Disability Services in Albertson. Admission is \$2.50, with proceeds going to the center. For more information, call 747-5400.

The Long Island African Violet Society will present its annual show at Rockville Centre Recreation Center. The hours are Sat. 2-6 and Sun. 12-5.

Sunday, April 5

"LIPS" (Long Island Protestant Singles) will hold its monthly meeting at 4 at Trinity Episcopal Church, Roslyn. For more information, call 741-6492.

The Aureole Trio will appear in concert in Coe Hall, Planting Fields Arboretum, Oyster Bay at 5. Tickets are \$15. For more information, call 922-0061.

Sunday, April 5 Through April 30

The All Long Island Calligrapher's Show will be on exhibit at Nathan Hall, SUNY Farmingdale. For more information, call 420-2181.

Monday, April 6

Jack Healy, Executive Director of Amnesty International USA, will speak at Adelphi University at 8. For more information, call 877-3100.

Tuesday, April 7

Julio Marzan will read his poetry at Nassau Community College at 7. For more information, call 222-7185.

Jazz Legends Perform In All-Star Benefit

PLUS Group Homes Inc, a voluntary, not-for-profit corporation committed to ongoing programs for autistic adults, will be the beneficiary—along with anyone who takes a seat in the John Cranford Adams Playhouse at Hofstra University April 11—of a Jazz Festival Concert.

Arvell Shaw, PLUS Group Homes' own "music man and music director," will once again put together an outstanding array of jazz talent for the organization's ninth annual jazz extravaganza.

Shaw on bass and vocals will lead his All Stars. As in the past, he will be joined by jazz greats and guest stars.

The performance will be held at 8 p.m. on April 11.

Lionel Hampton, the reigning king of the vibraphone, will be sharing the stage with Shaw.

Hampton started his career as a drummer in Wisconsin and his idols were Louis Armstrong and Jimmy Bertrand.

In 1930, Hampton got the chance to meet Armstrong, backstage at a Los Angeles nightclub. Hampton so impressed the legend that he was invited to a recording session. Hampton's playing of the vibraphones turned into a hit for Armstrong—"Memories of You."

Benny Goodman was the next to be dazzled by Hampton's talents and he turned his trio into a quartet.

The foursome recorded "Memories of You," "Moonglow" and "Dinah." Lionel spent the next four years with Benny and his gang as the quartet became the hottest jazz group in the world.

In the early 1940s, Hampton left Goodman to form his own big band after the release of a couple of successful RCA singles, including "Sunny Side of the Street" on which he sang as well as played vibes and "Central Avenue Breakdown," on which he played vibes with two fingers, using them like vibes' mallets.

His first big band included such sidemen as Dexter Gordon and Illinois Jacquet and he busted the charts with his recording of "Flyin' Home" in 1942 and "Hamp's Boogie Woogie" in 1943.

The sidemen who got their start with Lionel Hampton includes Quincy Jones,



LIONEL HAMPTON will be joined by jazz legend Arvell Shaw at a benefit performance April 11 at the John Cranford Adams Playhouse, Hofstra University.

Wes Montgomery, Clark Terry, Cat Anderson, Ernie Royal, Joe Newman, Fats Navarro, Charlie Mingus, Al Grey, Art Farmer and of course singers Dinah Washington, Joe Williams, Betty (Boop) Carter and the great Aretha Franklin.

Hampton's original ballad, "Midnight Sun," written with Johnny Mercer and Sonny Burke, has become an American jazz and popular classic. His two major symphonic works, "The King David Suite" and "Blues

Suite" have been performed by many leading symphonic orchestras throughout the world.

While he's had quite a history, Hampton promises quite a future as well.

Join Hampton and Arvell and friends at Hofstra University April 11. You'll not only be treated to an evening of cool jazz, but you'll be helping a worthy cause as well.

Call PLUS Group Homes at 338-6650 for more information.



So Golda, Do You Love Me?

That is the haunting question Tevia asks of Golda in the Hericks Community Center production of *Fiddler On The Roof* to open on April 3 at 8 p.m. and continue on April 4, 10 and 11 at 8 p.m. and April 12 at 4 p.m. Portraying the part of Tevia is Frank Hendricks and Liz Wong is the perfect Golda. Directed by John Hayes. Call for tickets at 741-7509.

RECOMMENDED...

... *Are You Now Or Have You Ever Been* by Eric Bentley, and directed by Robert Spiotta, is set to bow at the Hofstra Monroe Theater, located on California Avenue, South Campus, on April 10, 11 and 12. The play is based on the infamous hearings before the House Un-American Activities Committee (vintage 1947-1956) including testimony by Abe Burroughs, Larry Parks, Jerome Robbins and Jose Ferrer. For ticket information please call the Hofstra Cultural Center at 463-5042. ...

... The Funk Filharmonik will perform at the Brokerage Club at the corner of Bellmore Avenue and Merrick Road in Bellmore May 14 at 9:30 p.m. This jazz R&B fundraiser will help Starflower Experiences, Inc. to establish Earthkeepers, a program for elementary students. For info, call 785-9349. ... The second annual Spring Art Celebration to benefit the Long Island Alzheimer's Foundation (LIAF) Resource Center will take place at the Omni building May 1. For info, call 767-9446.

ADVERTISEMENT FOR BIDS

Sealed proposals will be received by the Board of Education of the Hicksville Union Free School District for Folding Partition Controls at nine schools. Bids may be mailed or delivered either before the hour and date of the opening to the Director of Facilities & Operations of the Hicksville Union Free School District, Administration Building, Division Avenue and 6th Street, Hicksville, New York 11801, or at the hour and date of the opening at the place designated therefor, namely 2:00 p.m. on:

WEDNESDAY, APRIL 15, 1992

at which time and place said bids will be publicly opened and read.

Bidding Documents may be examined at the Business Office or the office of KNAPPE AND JOHNSON, ARCHITECTS, 600 Old Country Road, Garden City, New York, and copies thereof may be obtained from the District Clerk or the Architect's office, upon payment of fifty dollars (\$50.00) for each set, in the form of a check made out to the BOARD OF EDUCATION, HICKSVILLE SCHOOL DISTRICT. Deposit is refundable upon return of the documents.

Bids must be accompanied by a certified check or bid bond executed by the bidder and a surety company authorized to do business in the State of New York and acceptable to the Owner in an amount not less than five percent (5%) of the amount bid.

The Board of Education reserves the right to reject any and all bids, to waive any informality in bids, and/or to accept the bid which seems most favorable to the interests of the School District.

Bids must be submitted to include the furnishing of performance and payment bond, in the amount of 100% of the accepted bid, or cash security in the total amount of the Contract, guaranteeing the completion of the work in accordance with the plans and specifications and the payment of all obligations arising therefrom, or the Contractor may choose to forego all progress payments and agree to await payment until the work is completed and accepted by the Owner, in which case no bonds will be required.

All bids will be held firm by the Board of Education for ninety (90) days after the formal opening thereof.

BY ORDER OF

The Board of Education
Hicksville Union Free School District
Hicksville, New York
Alice Wicker, District Clerk
Dated: March 26, 1992

04 02 92 1T*4657,HICK

NOTICE OF ADOPTION OF RESOLUTION

NOTICE IS HEREBY GIVEN that the Town Board of the Town of Oyster Bay, Nassau County, New York, at a meeting held on March 24, 1992, duly adopted the resolution published herewith subject to a permissive referendum.

Dated: Oyster Bay, New York
March 24, 1992

CARL L. MARCELLINO
Town Clerk

RESOLUTION NO. 230, 1992

BOND RESOLUTION DATED MARCH 24, 1992
A RESOLUTION AUTHORIZING THE ISSUANCE OF \$2,135,000 SERIAL BONDS AND THE APPROPRIATION AND EXPENDITURE OF \$115,000 CURRENT FUNDS OF THE TOWN OF OYSTER BAY, NASSAU COUNTY, NEW YORK, TO PAY THE COST OF THE ORIGINAL IMPROVEMENT AND EMBELLISHMENT OF VARIOUS TOWN WIDE PARK AND RECREATIONAL FACILITIES LOCATED THROUGHOUT AND IN AND FOR SAID TOWN.

WHEREAS, all conditions precedent to the financing of the capital project hereinafter described, including compliance with the provisions of the State Environmental Quality Review Act, have been performed; and

WHEREAS, it is now desired to authorize the financing of such capital project; NOW, THEREFORE, BE IT

RESOLVED, by the Town Board of the Town of Oyster Bay, Nassau County, New York, as follows:

Section 1. For the class of objects or purposes of paying part of the cost of the original improvement and embellishment of various Town-wide park and recreational facilities located throughout and in and for the Town of Oyster Bay, Nassau County, New York, there are hereby authorized to be issued \$2,135,000 serial bonds of said Town pursuant to the provisions of the Local Finance Law.

Section 2. The maximum estimated cost of such class of objects or purposes is hereby determined to be \$2,250,000, and the plan for the financing thereof is as follows:

a) By the issuance of the \$2,135,000 serial bonds of said Town authorized to be issued pursuant to this bond resolution; and

b) By the expenditure of \$115,000 moneys of said Town, which moneys are hereby appropriated therefor.

Section 3. It is hereby determined that the period of probable usefulness of the aforesaid class of objects or purposes is fifteen years, pursuant to subdivision 19(c) of paragraph a of Section 11.00 of the Local Finance Law. It is hereby further determined that the maximum maturity of the serial

bonds herein authorized will exceed five years.

Section 4. Subject to the provisions of the Local Finance Law, the power to authorize the issuance of and to sell bond anticipation notes in anticipation of the issuance and sale of the serial bonds herein authorized, including renewals of such notes, is hereby delegated to the Supervisor, the chief fiscal officer. Such notes shall be of such terms, form and contents, and shall be sold in such manner, as may be prescribed by said Supervisor, consistent with the provisions of the Local Finance Law.

Section 5. The faith and credit of said Town of Oyster Bay, Nassau County, New York, are hereby irrevocably pledged to the payment of the principal and interest on such obligations as the same respectively become due and payable. An annual appropriation shall be made in each year sufficient to pay the principal and interest on such obligations becoming due and payable in such year.

Section 6. Such bonds shall be in fully registered form and shall be signed in the name of the Town of Oyster Bay, Nassau County, New York, by the manual or facsimile signature of the Supervisor and a facsimile of its corporate seal shall be imprinted thereon and attested by the manual or facsimile signature of the Town Clerk.

Section 7. The powers and duties of advertising such bonds for sale, conducting the sale and awarding the bonds, are hereby delegated to the Supervisor, who shall advertise such bonds for sale, conduct the sale, and award the bonds in such manner as he shall deem best for the interests of the Town; provided, however, that in the exercise of these delegated powers, he shall comply fully with the provisions of the Local Finance Law and any order or rule of the State Comptroller applicable to the sale of municipal bonds. The receipt of the Supervisor shall be a full acquittance to the purchaser of such bonds, who shall not be obliged to see to the application of the purchase money.

Section 8. All other matters, except as provided herein relating to such bonds, including prescribing whether manual or facsimile signatures shall appear on said bonds, prescribing the method for the recording of ownership of said bonds, appointing the fiscal agent or agents for said bonds, providing for the printing and delivery of said bonds (and if said bonds are to be executed in the name of the Town by the facsimile signature of its Supervisor, providing for the manual counter-signature of a fiscal agent or of a designated official of the Town), the date, denominations, maturities and interest payment dates, place or places of payment, and also including the consolidation with other issues, shall be determined by the Supervisor. It is hereby determined that it is to the financial advantage of the Town not to impose and collect from registered owners of such serial bonds any charges for mailing, shipping and insuring bonds transferred or exchanged by the fiscal agent, and, accordingly, pursuant to paragraph c of Section 70.00 of the Local Finance Law, no such charges shall be so collected by the fiscal agent. Such bonds shall contain substantially the recital of validity clause provided for in section 52.00 of the Local Finance Law and shall otherwise be in such form and contain such recitals in addition to those required by section 52.00 of the Local Finance Law, as the Supervisor shall determine.

Section 9. The validity of such bonds and bond anticipation notes may be contested only if:

1) Such obligations are authorized for an object or purpose for which said Town is not authorized to expend money; or

2) The provisions of law which should be complied with at the date of publication of this resolution are not substantially complied with, and an action suit or proceeding contesting such validity is commenced within twenty days after the date of such publication; or

3) Such obligations are authorized in violation of the provisions of the Constitution.

Section 10. Upon this resolution taking effect, the same shall be published in full in *Masapequan Observer*, *Bethpage Newswgram*, *Hicksville Illustrated News*, and *Gold Coast Gazette*, the official newspapers, together with a notice of the Town Clerk in substantially the form provided in Section 81.00 of the Local Finance Law.

Section 11. This resolution is adopted subject to permissive referendum.

04 02 92 1T*4659,HICK

NOTICE OF ADOPTION OF RESOLUTION

NOTICE IS HEREBY GIVEN that the Town Board of the Town of Oyster Bay, Nassau County, New York, at a meeting held on March 24, 1992, duly adopted the resolution published herewith subject to a permissive referendum.

Dated: Oyster Bay, New York
March 24, 1992

CARL MARCELLINO
Town Clerk

RESOLUTION NO. 229A, 1992

BOND RESOLUTION DATED MARCH 24, 1992
A RESOLUTION AUTHORIZING THE ISSUANCE OF \$225,000 SERIAL BONDS OF THE TOWN OF OYSTER BAY, NASSAU COUNTY, NEW YORK AND THE APPROPRIATION AND EXPENDITURE OF \$15,000 CURRENT FUNDS OF SAID TOWN TO PAY THE COST OF THE CONSTRUCTION OF A SALT STORAGE BUILDING OF AND FOR SAID TOWN.

WHEREAS, all conditions precedent to the financing of the capital project hereinafter described, including compliance with the provisions of the State Environmental Quality Review Act, have been performed; and

WHEREAS, it is now desired to authorize the financing of such capital project; NOW, THEREFORE, BE IT

RESOLVED, by the Town Board of the Town of Oyster Bay, Nassau County, New York, as follows:

Section 1. For the specific object or purpose of paying part of the cost of the construction of a salt storage building of and for the Town of Oyster Bay, Nassau County, New York, there are hereby authorized to be issued \$225,000 serial bonds of said Town pursuant to the provisions of the Local Finance Law.

Section 2. It is hereby determined that the maximum estimated cost of such specific object or purpose is \$240,000 and that the plan for the financing thereof is as follows:

a) By the issuance of the \$225,000 serial bonds of said Town authorized to be issued pursuant to this bond resolution; and

b) By the expenditure of \$15,000 current funds of said Town, which moneys are hereby appropriated therefor.

Section 3. It is hereby further determined that the period of probable usefulness of the aforesaid specific object or purpose is thirty years, pursuant to subdivision 19(a) of paragraph a of Section 11.00 of the Local Finance Law. It is hereby further determined that the maximum maturity of the serial bonds herein authorized will exceed five years.

Section 4. Subject to the provisions of the Local Finance Law, the power to authorize the issuance of and to sell bond anticipation notes in anticipation of the issuance and sale of the serial bonds herein authorized, including renewals of such notes, is hereby delegated to the Supervisor, the chief fiscal officer. Such notes shall be of such terms, form and contents, and shall be sold in such manner, as may be prescribed by said Supervisor, consistent with the provisions of the Local Finance Law.

Section 5. The faith and credit of said Town of Oyster Bay, Nassau County, New York, are hereby irrevocably pledged to the payment of the principal and interest on such obligations as the same respectively become due and payable. An annual appropriation shall be made in each year sufficient to pay the principal and interest on such obligations becoming due and payable in such year.

Section 6. Such bonds shall be in fully registered form and shall be signed in the name of the Town of Oyster Bay, Nassau County, New York, by the manual or facsimile signature of the Supervisor and a facsimile of its corporate seal shall be imprinted thereon and attested by the manual or facsimile signature of the Town Clerk.

Section 7. The powers and duties of advertising such bonds for sale, conducting the sale and awarding the bonds, are hereby delegated to the Supervisor, who shall advertise such bonds for sale, conduct the sale, and award the bonds in such manner as he shall deem best for the interests of the Town; provided, however, that in the exercise of these delegated powers, he shall comply fully with the provisions of the Local Finance Law and any order or rule of the State Comptroller applicable to the sale of municipal bonds. The receipt of the Supervisor shall be a full acquittance to the purchaser of such bonds, who shall not be obliged to see to the application of the purchase money.

Section 8. All other matters, except as provided herein relating to such bonds, including prescribing whether manual or facsimile signatures shall appear on said bonds, prescribing the method for the recording of ownership of said bonds, appointing the fiscal agent or agents for said bonds, providing for the printing and delivery of said bonds (and if said bonds are to be executed in the name of the Town by the facsimile signature of its Supervisor, providing for the manual counter-signature of a fiscal agent or of a designated official of the Town), the date, denominations, maturities and interest payment dates, place or places of payment, and also including the consolidation with other issues, shall be determined by the Supervisor. It is hereby determined that it is to the financial advantage of the Town not to impose and collect from registered owners of such serial bonds any charges for mailing, shipping and insuring bonds transferred or exchanged by the fiscal agent, and, accordingly, pursuant to paragraph c of Section 70.00 of the Local Finance Law, no such charges shall be so collected by the fiscal agent. Such bonds shall contain substantially the recital of validity clause provided for in section 52.00 of the Local Finance Law and shall otherwise be in such form and contain such recitals in addition to those required by section 52.00 of the Local Finance Law, as the Supervisor shall determine.

Section 9. The validity of such bonds and bond anticipation notes may be contested only if:

1) Such obligations are authorized for an object or purpose for which said Town is not authorized to expend money; or

2) The provisions of law which should be complied with at the date of publication of this resolution are not substantially complied with, and an action suit or proceeding contesting such validity is commenced within twenty days after the date of such publication; or

3) Such obligations are authorized in violation of the provisions of the Constitution.

Section 10. Upon this resolution taking effect, the same shall be published in full in *Masapequan Observer*, *Bethpage Newswgram*, *Hicksville Illustrated News*, and *Gold Coast Gazette*, the official newspapers, together with a notice of the Town Clerk in substantially the form provided in Section 81.00 of the Local Finance Law.

Section 11. This resolution is adopted subject to permissive referendum.

04 02 92 1T*4658,HICK

Contract Bridge By Steve Becker

Where There's Life There's Hope

- North dealer.
North-South vulnerable.
- NORTH**
♦ K Q 5 2
♥ K 6
♦ A 7 4
♠ A K 8 3
- WEST**
♦ 7 4
♥ 10 8 4 3
♦ Q 9 6 5 2
♠ 9 2
- EAST**
♦ 8 6 3
♥ A Q J 9 5
♦ J 10
♠ Q J 6
- SOUTH**
♦ A J 10 9
♥ 7 2
♦ K 8 3
♠ 10 7 5 4

The bidding:
North East South West
1♣ 1♥ 1♠ Pass
4♣

Opening lead — three of hearts.

Assume you're in four spades and West leads a low heart. East cashes two heart tricks and then shifts to the jack of diamonds. How would you play the hand?

The outlook is not good. It seems certain that you'll lose a diamond and a club and go down one. Of course, you might get lucky and catch the doubleton (2-) of clubs, but the 7 percent chance of this occurring doesn't cheer you up much.

But when you consider the matter further, a brighter prospect begins to emerge. You might make the contract via an elimination play. Accordingly, you win the diamond return with the king, draw three rounds of trumps, and cash the A-K of clubs.

After the trumps and clubs both turn out to be divided 3-2, your chances of making four spades increase greatly. You next cash the ace of diamonds and then, with fingers crossed, you exit from dummy with a club.

When East wins the trick with the queen, which is what you were hoping for, the contract becomes a virtual certainty. Assuming East started with five hearts for his overcall, he now has nothing but hearts left in his hand. When he returns one, you discard a diamond from one hand and ruff in the other to make four spades.

The hand illustrates how a declarer can sometimes salvage a seemingly hopeless contract. No matter how poor your chances appear to be, you try to picture an opposing distribution that would make it possible to get home safely. More often than not, your hopes will go unrewarded, but on occasion the outcome will prove very gratifying.

PUBLIC NOTICE

CHANGE OF ZONING

RESOLVED, That the Petition of BROADWAY MARVIN, INC., Fee Owner, and ELRAC, INC., d/b/a ENTERPRISE RENTA-CAR, Lessee, for a Special Use Permit pursuant to Town Code Section 246-250(3) in a "G" Business District (General Business) and a Change of Zone on a portion of the subject premises from an "E" Residence District to a "G" Business District (General Business) at Hicksville, Town of Oyster Bay, County of Nassau and State of New York, is hereby GRANTED, on the premises described as follows: "SCHEDULE A" ALL that certain plot, piece or parcel of land, situate, lying and being at Hicksville, Town of Oyster Bay, County of Nassau and State of New York, being more particularly bounded and described as follows: BEGINNING at a point on the easterly line of Broadway as widened, said point being the northwest end of an 18.00 foot long line connecting the northerly side of Marvin Ave. with the easterly side of Broadway also known as New York State Route 107; THENCE northerly along the easterly side of Broadway, North 28 degrees 01 minute 49 seconds West, 109.00 feet; THENCE south 83 degrees 51 minutes 30 seconds East, 234.08 feet; THENCE South 8 degrees 08 minutes 30 seconds West, 100.00 feet to the northerly side of Marvin Avenue; THENCE westerly along the northerly side of Marvin Avenue North 83 degrees 51 minutes 30 seconds West 157.77 feet; THENCE North 50 degrees 48 minutes 07 seconds West 18.00 feet to the point or place of BEGINNING, containing within said bounds 19,972 square feet more or less. SAID premises are known and described as Section 46, Block 194, Lots 426, 427, 6, 7, 8, and 9 on the Land and Tax Map of Nassau County. The application herein granted is subject to voluntary covenants and restrictions imposed upon the subject premises by BROADWAY MARVIN, INC., Fee Owner, and ELRAC, INC., d/b/a ENTERPRISE RENTA-CAR, Lessee, as set forth in a written instrument to be duly recorded in the Office of the Clerk of Nassau County within one year of this resolution; and may only become effective upon such recording. BY ORDER OF THE TOWN BOARD OF THE TOWN OF OYSTER BAY: Lewis J. Yevoli, Supervisor; Carl L. Marcellino, Town Clerk; Dated: March 24, 1992; Oyster Bay, New York.

STATE OF NEW YORK,
COUNTY OF NASSAU, J. as:
TOWN OF OYSTER BAY)

I, CARL L. MARCELLINO, Town Clerk of the Town of Oyster Bay, and custodian of the Records of said Town, DO HEREBY CERTIFY that I have compared the annexed with the original PUBLIC NOTICE OF Change of Zoning adopted by the Town Board on March 24, 1992 - BROADWAY MARVIN, INC., ELRAC, INC. d/b/a ENTERPRISE RENTA-CAR, Hicksville, N.Y. filed in the Town Clerk's Office and that the same is a true transcript thereof, and of the whole of such original.

In Testimony Whereof, I have hereunto signed my name and affixed the seal of said Town this 26th day of March 1992.

CARL L. MARCELLINO
Town Clerk

04-02 92 1T #4669 HICK

NOTICE OF ANNUAL DISTRICT ELECTION HICKSVILLE UNION FREE SCHOOL DISTRICT HICKSVILLE, NEW YORK

NOTICE IS HEREBY GIVEN that pursuant to the resolution of the Board of Education of Hicksville Union Free School District, Hicksville, New York adopted January 29, 1992, the Annual District Election of the qualified voters of this School District will be held on May 20, 1992, between the hours of 10:00 A.M. (D.S.T.) and 10:00 P.M. (D.S.T.) in the seven Election Districts, stated below, for the purpose of voting upon the following propositions:

PROPOSITION NO. 1

Shall the Budget approved by the Board of Education pursuant to Section 1716, be approved, and a tax on the taxable property of the District in the amount of such Budget, less State and Federal Aid and revenues from other sources be levied?

NOTICE IS FURTHER GIVEN that nominating petitions for the office of member of the Board of Education must be filed with the Clerk of the School District no later than thirty (30) days before the Annual Meeting, said date being Monday, April 20, 1992, between the hours of 9:00 A.M. and 5:00 P.M. A separate petition shall be required to nominate a candidate to each separate office. Each petition shall be directed to the Clerk of the School District, shall be signed by at least 124 qualified voters of the District (the same being two percent (2%) of the number of voters who voted in the previous Annual Meeting) shall state the residence of each signer, the name and residence of the candidate, and describe the specific vacancy for which the candidate is nominated, which description shall include at least the length of term of the office and name of the last incumbent. Forms of petitions for School Board Members may be obtained from the Clerk of the School District.

The following vacancies are to be filled on the Board of Education:
3 year term ending June 30th, 1995
Last Incumbent: William P. Collins
3 year term ending June 30th, 1995
Last Incumbent: James A. Martillo

NOTICE IS FURTHER GIVEN that Personal Registration and Election Districts have been established in the School District, that no person shall be entitled to vote at the Annual District Election whose name does not appear on the register of the School District, unless such person is registered under the provisions of Section 5-612

of the Election Law and that those qualified to register and vote shall do so in the School Election District in which they reside.

NOTICE IS FURTHER GIVEN that copies of the statement of estimated expenses for the school year 1992-93 may be obtained by any taxpayer in the District at each school house in the District daily except Saturday and Sunday on and after May 12, 1992, between 9:00 A.M. and 4:00 P.M. and that any other propositions to be voted upon are available for inspection by any taxpayer in the District at each school house in the District daily except Saturday and Sunday on and after Wednesday, May 13, 1992, between 9:00 A.M. and 4:00 P.M.

NOTICE IS FURTHER GIVEN that a public hearing shall be held on April 29, 1992, at the Senior High School for the purpose of discussion of the expenditure of funds and the budgeting thereof.

NOTICE IS FURTHER GIVEN that the Board of Registration shall meet on the seventh (7) Election Districts described below on Wednesday, May 6, 1992, from 3:00 P.M. until 8:00 P.M. (D.S.T.)

Any person shall be entitled to have his name placed upon such register provided that at such meeting of the Board of Registration he proves to the satisfaction of such Board of Registration to be then or thereafter entitled to vote at the school meeting or election for which such register is prepared. Said register will be filed in the office of the District Clerk on May 6, 1992, and will be open for inspection by any qualified voter of the District from 9:00 A.M. to 4:00 P.M. on any weekday from May 7, 1992 up to and including May 20, 1992. Residents who voted at an Annual Meeting of the District within four years from the date of the current Annual Meeting or who registered within that time need not register to be eligible to vote at the Annual Meeting. Residents otherwise qualified to vote who are registered under the provision of Section 5-612 of the Election Law need not register to be eligible to vote at the meeting.

NOTICE IS FURTHER GIVEN that during the voting hours on May 20, 1992, the Board of Registration will meet in the various election districts to receive registration for the ensuing year.

NOTICE IS FURTHER GIVEN THAT applications for absentee ballots may be applied for at the office of the Clerk of the District. A list of all persons to whom absentee ballots are issued will be available in the office of the Clerk on May 12, 1992 through May 20, 1992. Such list will also be posted at all polling places at the election of members of the Board of Education.

SCHOOL ELECTION DISTRICTS

The boundaries of the school election districts, as adopted by resolution of the Board of Education and the place in each election district for registration and voting shall be as follows:

ELECTION DISTRICT NO. 1 - BURNS AVENUE SCHOOL

On the East: Broadway, from the District's North Line, to the intersection of Jerusalem Avenue and Broadway, continuing South along Jerusalem Avenue to the intersection of Jerusalem Avenue and the Long Island Railroad.

On the South: The Long Island Railroad, from Jerusalem Avenue to the District's West Line.

On the West: The District's West Line from the Long Island Railroad to the District's North Line.

On the North: The District's North Line from the District's West Line to Broadway.

ELECTION DISTRICT NO. 2 - EAST STREET SCHOOL

On the East and North: Miller Road as projected to the District's North Line, South along said Miller Road to Ronald Avenue, then East along Ronald Avenue to Woodbury Road, then Northeast along Woodbury Road to Ardsley Gate, then Southeast through Ardsley Gate to Dartmouth Drive, then Southwest and South through Dartmouth Drive to its intersection with Haverford Road, then East to the intersection of Haverford Road and Berkshire Road, then East along Berkshire Road to its intersection with Columbia Road, then East along Columbia Road to the District's East Line, then South along the District's East Line to the Long Island Railroad.

On the South and Southwest: Along the Long Island Railroad, from the District's East Line southerly point, to the intersection of the Long Island Railroad and Jerusalem Avenue.

On the West: Broadway from Jerusalem Avenue to the District's North Line.

On the North: The District's North Line from Broadway to Miller Road, as projected to said line.

ELECTION DISTRICT NO. 3 - WOODLAND AVENUE SCHOOL

On the North, Northeast and East along the District's North Line, from Miller Road, as projected to the District's North Line, to the District's East Line.

On the East: South along the District's East Line, from the District's North Line to Columbia Road.

On the South and West: Columbia Road, from the District's East Line, West to Berkshire Road, then West along Berkshire Road into Haverford Road, and continuing West on Haverford Road to Dartmouth Drive then North and Northeast along Dartmouth Drive to Ardsley Gate; then Northwest through Ardsley Gate to Woodbury Road, then Southwest along Woodbury Road to Ronald Avenue, then West along Ronald Avenue to Miller Road, then North along Miller Road and continuing thereon as it is projected, to the District's North Line.

ELECTION DISTRICT NO. 4 - LEE AVENUE SCHOOL

On the East Northeast: the Long Island Railroad, from its intersection with Old Country Road, to the Southerly point of the District's East Line.

On the South: the District's South Line, from the Long Island Railroad, Southwesterly into Michigan Drive, then South along said District

Line to the Hempstead Township Line, then North westerly along the District's South Line to Jerusalem Avenue.

On the West and North: Along Jerusalem Avenue, from the District's South Line, to Salem Gate, then West along Salem Gate to Salem Road, then North to Harkin Lane, then Northwest along Harkin Lane to Division, then North along Division Avenue to Glenbrook Road, then Northwest along Glenbrook Road to Newbridge Road, then Northwest along Newbridge Road to Old Country Road, then East along Old Country Road to the Long Island Railroad.

ELECTION DISTRICT NO. 5 - FORK LANE SCHOOL

On the East: Jerusalem Avenue from Salem Gate, to the District's South Line.

On the North: Salem Gate, West from Jerusalem Avenue, to Salem Road, then North along Salem Road to Harkin Lane, then Northwest along Harkin Lane to Division Avenue, then North westerly along Division Avenue to Glenbrook Road then West along Glenbrook Road to Newbridge Road.

On the West: Newbridge Road, from Glenbrook Road on the North, to the District's South Line.

On the South: the District's South Line, from Newbridge Road, on the West, to Jerusalem Avenue on the East.

ELECTION DISTRICT NO. 6 - DUTCH LANE SCHOOL

On the East: Newbridge Road, from Elmira Street, to the District's South Line.

On the South: The District's South Line, from Newbridge Road, on the East, to the District's West Line.

On the West: The District's West Line, from the District's South Line to Arrow Lane, as said Lane is projected West to the District's West Line.

On the North: From Arrow Lane, as projected to the District's West Line, East and along said Arrow Lane, to Levittown Parkway, then South along Levittown Parkway to Beech Lane, then East along Beech Lane to Blueberry Lane, then South along Blueberry Lane to Elmira Street, then East along Elmira Street to Newbridge Road.

ELECTION DISTRICT NO. 7 - OLD COUNTRY ROAD SCHOOL

On the North and Northeast: the Long Island Railroad from the District's West Line to the intersection of the Railroad with Old Country Road.

On the South and East: Old Country Road from its intersection with the Long Island Railroad, West to Newbridge Road, then Southwest along Newbridge Road to Elmira Street, then West along Elmira Street to Blueberry Lane, then North along Blueberry Lane to Beech Lane, then West along Beech Lane to Levittown Parkway, then North along Levittown Parkway to Arrow Lane, then West along Arrow Lane, and as projected to the District's West Line.

BY ORDER OF THE BOARD OF EDUCATION
Hicksville Union Free School District
Hicksville, Town of Oyster Bay, N.Y.
Alice L. Wider
District Clerk

EXTRACT OF MINUTES MEETING OF THE BOARD OF EDUCATION OF HICKSVILLE UNION FREE SCHOOL DISTRICT, HICKSVILLE, NEW YORK

DATE: January 29, 1992

A Regular Meeting of the Board of Education of Hicksville Union Free School District, Hicksville, New York, was held in the High School Auditorium, Hicksville, New York, in said School District, on January 29, 1992 at 10:00 A.M.

There were present: Hon. Carole Wolf, President of the Board of Education

Members: James Martillo, Arlene Rudin, William P. Collins, Richard P. Pfander, James M. Hark, III, and Helen Lafferty

There were absent:

Also Present: Alice L. Wider, District Clerk

Mrs. Rudin introduced the following resolution and moved for its adoption:

RESOLUTION CALLING THE ANNUAL MEETING HELD BY THE QUALIFIED VOTERS OF HICKSVILLE UNION FREE SCHOOL DISTRICT, HICKSVILLE, NEW YORK, FOR THE PURPOSES SET FORTH IN THE ANNEXED NOTICE.

RESOLVED BY THE BOARD OF EDUCATION OF HICKSVILLE UNION FREE SCHOOL DISTRICT, HICKSVILLE, NEW YORK AS FOLLOWS:

SECTION 1. The Annual Meeting held by the qualified voters of this School District shall take place on May 20, 1992 in the seven Election Districts provided for and described in the Notice hereof, as follows:

WITHIN AND FOR ELECTION DISTRICT NO. 1 At the Burns Avenue School, Hicksville, New York.

WITHIN AND FOR ELECTION DISTRICT NO. 2 At the East Street School, Hicksville, New York.

WITHIN AND FOR ELECTION DISTRICT NO. 3 At the Woodland Avenue School, Hicksville, New York.

WITHIN AND FOR ELECTION DISTRICT NO. 4 At the Lee Avenue School, Hicksville, New York.

WITHIN AND FOR ELECTION DISTRICT NO. 5 At the Fork Lane School, Hicksville, New York.

WITHIN AND FOR ELECTION DISTRICT NO. 6 At the Dutch Lane School, Hicksville, New York.

WITHIN AND FOR ELECTION DISTRICT NO. 7 At the Old Country Road School, Hicksville, New York.

The Officers hereinafter appointed to preside over the proceedings during the hours of elections shall convene at their respective Election Districts at 9:30 A.M. (D.S.T.). The voting shall be by ballot on voting machines as provided by the Education Law, and the polls in each Election District shall be open from 10:00 A.M. (D.S.T.) until 10:00 P.M. (D.S.T.) on that day, and as much longer as may be necessary to enable the voters then present to cast

their ballots.
SECTION 2. Said School District has been divided into seven Election Districts, the boundaries of which are accurately described by streets, alleys and highways, or otherwise. Such description of said Election Districts and the voting places therein is set forth in the form of the Notice calling said Annual Meeting hereinafter prescribed.

SECTION 3. The propositions to be acted upon at said Annual Meeting shall be as stated in the Notice thereof and the District Clerk is hereby authorized and directed to give notice of such Annual Meeting by publishing the Notice thereof in the *Hicksville Illustrated* and the *Mid Island Times*, two newspapers having a general circulation within the School District, said publications to be made four times within the seven weeks next preceding such Meeting, the first publication to be at least 45 days before said Meeting.

SECTION 4. Said Notice shall be in substantiality the following form:

SECTION 5. The members of the Board of Registration, Permanent Chairmen, Clerk, Assistant Clerks and Inspectors of (this School District, heretofore appointed, and the Election Districts in which they are to serve, areas designated in the resolution of the Board of Education dated January 29, 1992, and are to perform such duties and take such actions as prescribed by the Education Law.

Said Board of Registration shall meet at the respective voting places in the respective Election Districts as hereinabove designated on May 6, 1992, from 3:00 P.M. (D.S.T.) until 8:00 P.M. (D.S.T.) for the purpose of preparing a register of the qualified voters entitled to vote at the said Annual Meeting in the manner provided by Section 2014 of the Education Law. The District Clerk will attend with the members of the Board of Registration in Election District No. 1.

SECTION 6. Immediately upon the completion of such register, such register shall be filed in the office of the District Clerk, where it shall be open for inspection by any qualified voter of the District between the hours of 9:00 A.M. (D.S.T.) and 4:00 P.M. (D.S.T.) and on each day thereafter (except Saturday and Sunday) up to and including the day set for the said Annual Meeting.

SECTION 7. The District Clerk is hereby authorized and directed to give written notice of appointment to each of the persons appointed to the respective offices and to notify this Board of Education forthwith (if any of such persons refused to accept such appointment to serve, in which case this Board of Education is to take such further action as may be authorized in such circumstances pursuant to the Education Law. In the event that this Board of Education is unable to hold a meeting to appoint a qualified voter of said School District to fill a vacancy caused by the refusal of any person herein designated to accept his/her appointment or the failure of any such person to serve, the District Clerk is hereby authorized to appoint a qualified voter of this School District to fill such vacancy.

SECTION 8. The Board of Education of this School District shall, within twenty four hours after the filing with the District Clerk of a written report of the results of the balloting in each Election District, meet at the High School Cafeteria, in said School District, for the purpose of examining and tabulating said reports of the results of the ballot in each Election District and to declare the result of the ballot.

SECTION 9. The voting on the Propositions at said Annual Meeting will be by ballot on voting machines and the District Clerk is hereby authorized and directed to have the necessary ballot labels prepared for use at said Meeting.

SECTION 10. This resolution shall take effect immediately.

The adoption of the foregoing resolution was seconded by Mr. Hark, and duly put to vote on roll call, which resulted as follows:
AYES: 7
NOES: 0

The resolution was declared adopted.

PROPOSITION NO. 1
Shall the Budget approved by the Board of Education pursuant to Section 1716, be approved and a tax on the taxable property of the District in the amount of such Budget, less State and Federal Aid and revenues from other sources be levied?

PROPOSITION NO. 2
In the event that the school district budget contained at PROPOSITION NO. 1 above is approved by the voters, shall the District Board of Education be authorized to incur the cost of school bus transportation purposes as follows:

Kindergarten through Grade 3 - those who live more than 1/2 mile from school.

Grades 4 through 5 - those who live more than 3/4 mile from school.

Grades 6 through 8 - those who live more than 1 1/4 miles from the school.

Grades 9 through 12 - those who live more than 2 miles from the school.

No additional funding is required for the above beyond that stated in the budget.

Funds for said bus transportation are included within Proposition No. 1, however, the enactment of this Proposition is contingent upon the approval by the voters of Proposition No. 1.

PROPOSITION NO. 3
In the event that the voters approve the school district budget contained at PROPOSITION NO. 1 above, shall the sum of Forty Thousand (\$40,000) Dollars be appropriated to the Gregory Museum for educational services associated with its programs and a tax be levied in that amount.

This PROPOSITION is contingent upon the approval of the voters of PROPOSITION NO. 1.

Alice L. Wider
District Clerk

04-00-46 9 292 4T 4638 HICK

Classified

NEW HOURS TO PLACE ADS
MON.-FRI. 8:30 A.M. - 5:30 P.M.; SAT. 9 A.M. 12 P.M.

DEADLINES...

Help Wanted & Real Estate & Garage Sales—Noon Mondays
 All other categories — Noon Fridays
 Payment with order: Cash, Check, Money Order, MasterCard, VISA or American Express.

CALL
747-8282
TO FAX YOUR AD
742-6376

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1 Announcements

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 an excellent source that allows everyone to contribute to a brighter future easily and conveniently. A listing of thousands of businesses making a positive contribution toward the earth's future in a simple "YELLOW PAGES" format.
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1 Announcements

27 Counseling

ANXIETY? PANIC ATTACKS?
 Phobias? Agoraphobia? Learn alternative methods to supplement or replace medication. Call TERRA (P) as seen on TV, the only specialized treatment center since 1967.
 Let us help you.
549-8887

28 Financial

MORTGAGE REDUCTION
 Lower Interest
 Greater Equity
 Computer Analysis
922-3589

29 Health & Fitness

ARE YOU SATISFIED WITH YOUR DENTAL CARE?
DOES YOUR BENEFITS COVER ALL YOUR COST?
 Save Up To 60% Or More!!!
FREE Routine Exams
FREE X-rays
 Go To AUPD Dentist For Less.
Call 775-2602

30 GREAT ESCAPES

TRAVEL DIRECTORY
A PRICE WITHIN REACH RIGHT ON THE BEACH
 Enjoy a sunsplashed Oceanside Vacation in comfortable 1 or 2 bedroom villas with full kitchenette. (many with ocean views) olympic pool with sundeck and bar overlooking our beautiful, wide, sandy beach. On-site restaurant and sports-bar. Ten-court tennis center and supervised daily activities. Golfing privileges nearby.
FROM \$59*
 *Night Sun. From an a/c space available until through 4/30/92. Ask us for a one-bedroom villa. Not valid with any other discounts. Tennis, Golf, Family and Romance packages available.
COLONY RESERVATIONS WORLDWIDE 800-777-1700
Hilton Head Island Beach & Tennis Resort
 40 Folly Field Road, Hilton Head, SC 29928 • Telephone (803) 842-4402

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FLORIDA/BAHAMAS CRUISE eight days, seven nights, 2 roundtrip cruises. Three nights Orlando. Two roundtrip cruises. Four nights Bahamas hotels & rental car. CALL (404) 381-0225. (NYSCAN)
MYRTLE BEACH, S.C. - HOLIDAY SANDS 3 ocean front motels. Discount rates until 3/31/92. Golf Packages - 60 courses. Call for FREE COLOR BROCHURE & RATES. 1-800-448-8477. (NYSCAN)
NORTH MYRTLE BEACH - Vacation Rentals. Choose from a large selection of oceanfront and 2nd row cottages, condos/homes. Affordable prices, quiet family atmosphere, friendly service. FREE BROCHURE, call Elliott Realty, 1-800-525-0225. (NYSCAN)
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VACATION RENTALS Carolina Beach, North Carolina. Ocean front and ocean view. 1-3 BR condos, kitchens, pools, cable. Great beaches. Golf & tennis, fishing nearby. \$270-\$800 wk. Call Jim 215-648-0628

37 Articles For Sale

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38 Wanted To Buy

WANTED USED AT&T MERLIN EQUIPMENT APPLE MACINTOSH EQUIPMENT CALL 747-8282 MRS. WALLACE

44 Collectibles

LIONEL AMERICAN FLYER & other trains wanted. Private collector. Premium for clean trains & original boxes. **767-0597**

PRIVATE COLLECTOR WANTS Lionel Trains, American Flyer, Marx, Erector, Aurora, Match Box, Gintys, & Accessories. **318-427-3229** Call Even. & Week

52 Help Wanted

BOOKKEEPER A/R 1/2 time. Flexible hours. High School Bookkeeping Education required. Send resume to: **Comptroller 79 Hazel Street Glen Cove, NY 11542**

1 Announcements

ATTENTION ADVERTISERS
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 Jo Scotto
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CAR FOR SALE MUST SELL!
 1984 Pontiac Firebird, A/C, AM/FM Cassette, All Power, New Metallic Paint, Trans Am Hood, Mint Condition In & Out \$3000
(516) 872-0331

HYUNDAI 89 A/C AM/FM cassette. 4 dr., hatchback, standard trans, low mi., exc. cond. \$13,200.
937-0484

LINCOLN CONTINENTAL '75 GREAT CONDITION FOR ONLY \$300
ASK FOR PAOLO 463-7158

7 Cars Wanted

ALL AUTOS BOUGHT. Used Cars Foreign, Domestic, Exotic. Professional service. Top \$\$\$. We visit you. **Jon Tar Inc. 626-5811**

I BUY USED CARS Any make/model/year Top \$\$ Dollar \$3 paid I will come to you. **212-388-2429**

8 Garage Space

GARAGE SPACE WANTED. single or double for pick up truck in exchange for free landscaping & cash. Westbury, Williston Pk., Mineola area. **922-1424**

MINEOLA. Walk to station, stores & Hospital. **248-6655**

11 Boats For Sale

23 ft. Pearson Ensign. 2 sets of sails, New Spinliner, 5 HP Johnson motor. Make offer. **844-7937**

16 Tutoring

SEEKING S. Jr./Sr. or College student to tutor my 8th grade son, mainly math. Spanish essay writing, but covering all subjects 30hr/3night/2k. 2hrs/lessons. Ft. Wash 944 6471

16 Tutoring

HOMEWORK HOTLINE
 Certified teachers will solve your homework problems.
 Please Call 423-7700
 \$15 per month.
 Monday-Thursday
 7:00 PM - 9:00 PM

TUTORING - CERTIFIED
 REGENTS BIOLOGY + REGENTS EARTH SCIENCE + SCIENCE PCT + ALL ELEMENTARY AREAS. In my Mineola home or yours.
Call even. 254-0690

17 Instruction

CHEMISTRY, PHYSICS, CALCULUS. biology, computer science, earth science, organic sequential math, REGENTS, SAT, GEO, DAT, LSAT, MCAT. For those who take their education seriously. (516) 221-5922. (NYSCAN)

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25 Professional Services

LAST MINUTE TAX RETURNS by the CPA who will give you **PERSONALIZED SERVICE** CALL **JEFFREY SCHAPIRA 829-8836**

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SHOW YOUR LOVE AND CONCERN for your mother 365 days with LIFECHER. LIFECHER will faithfully call daily to check that she is O.K. Call 24 Hours (516) 547-6160. (NYSCAN)

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CAPE COD Ocean front, seaside village, pri. warm water beach, 2,3 & 4 bdrm cottages, perfect family location. Dennis Seashores. P.O. Box 98-MT Dennisport, MA 02639. (NYSCAN)
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30 GREAT ESCAPES

TRAVEL DIRECTORY
31 Personals
AREA CODE Dating "Meet Locals" (24 hrs) 1-900-766-0123 \$4/min.
33 Pets For Sale
BABY BIRDS FOR SALE. Hand-Fed. Tame Cockatiels. Great for Easter/Passover. Eric 484-9236
34 Pets For Adoption
SENIOR CITIZEN would like to adopt a small lap dog (poodle, Yorkie, or similar) for companionship. Lots of love and a good home. Please call (516) 921-3935

35 Pet Services

HAPPY JACK MANGE LOTION Promotes healing & hair growth to any mange, hot spot, fungus on dogs & horses without cortisone. At better farm feed & hardware stores. (NYSCAN)

36 HOME SERVICES

PAINTING Interior & Exterior Paper Hanging & Kit. Refacing. Basement, Windows & Siding. **J & C GENERAL CONTRACTORS L.L.C. & Inc. 354-2363**

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Edward Maloney Arthur W. Sauer, Jr.
 Hours: 9:00 a.m.-5:00 p.m.
BY APPOINTMENT ONLY 516-744-8115

VACATION RENTALS

Carolina Beach, North Carolina. Ocean front and ocean view. 1-3 BR condos, kitchens, pools, cable. Great beaches. Golf & tennis, fishing nearby. \$270-\$800 wk. Call Jim 215-648-0628

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BOOKKEEPER A/R 1/2 time. Flexible hours. High School Bookkeeping Education required. Send resume to: **Comptroller 79 Hazel Street Glen Cove, NY 11542**

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FLORAL PARK 1 BR, 2nd floor. New kitchen & bathroom. Walk to RR. \$625 inc. heat. Owner. 328-2052

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484-0900
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SEA CLIFF 4 rms. 1 a/c. \$1,000
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74 Co-ops/Condos
GLEN COVE Spacious 1 BR luxury Co-op w/terrace, pool, walk to LIRR. Great tax benefits. Moving out of state. Reduced to \$99K, negotiable. 671-1274
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No child should ever see herself like this.

They say a picture is worth a thousand words. But this one speaks even more descriptively than that. Nowhere are the scars of child abuse more evident than in the self-portraits of the victims. Faces are colored over in shame, mouths downturned in sadness. And menace and terror lurk everywhere.

No child should ever see herself this way. Child Abuse Prevention Services of Long Island is helping to paint a brighter picture for children. We need your help. To report suspected child abuse, call the New York State hotline toll-free 800-342-3720. For information on child abuse prevention, call us at 516-621-0552.

Child Abuse Prevention Services **No one hurts as easily as a child. (516) 621-0552**

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1-2 BR, 1st & 2nd floors. New Kitchens & baths, garages. \$875 + \$ 975 +
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GLEN COVE Modern 2 BR Laundry rm, 1st fl., yard, \$850
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GLEN COVE Modern 3 BR 2 baths dishwasher \$1,200
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has too many apts. to list. Call for a varied selection from \$450 to \$1,235.
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LARGE SUNNY CORNER 4 RMS. 1 1/2 BATHS. INCOOP PARKING. INCLUDE FURNITURE OPTIONAL. \$1,361 + UTIL. (718) 423-7457 EVENINGS

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PORT WASH. 2 BR house water view \$1,800; 2 BR, 2 1/2 bath duplex, W/D, finish bsm. \$1,600; 2 BR \$1,175. Call Kathleen & Kevin SANDSPORT 787-3245

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PORT WASH 3 Bm. 1 Bath 2nd fl. c.a.c. dish/washer, walk to beach & bus 1100 + util. avail. May 1. 767-0255

Port Washington, Furnished 4 rooms, EIK, central air, walk railroad \$850
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1 BR, 1 1/2 Bath Apt., w/c carpeting, dishwasher, 1st fl. Walk to Shopping, Off St. Pk \$875 + util. 1 BR, 1 bath \$725 incl. heat. 2 BR, 2 1/2 bath duplex, \$1,650. Also available 2 BR 1st fl. \$800, 3 BR 1st fl. \$1,000. Large selection of Garden apts, Duplex & waterfront condos.
Point to Port 944-6800

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TOWNHOUSE FOR RENT
Glen Cove, 3 bedrooms, 2 1/2 baths, living room, dining room, kitchen/breakfast room, C.A.C., 1 car garage, basement near LIRR and stores \$1,700 month plus utilities.
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WESTBURY 4 rms., EIK, no pets. \$750 + elec. 2 mid. security. 516-997-7225

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70 Apts Wanted
2 BR upstairs apt. in Great Neck. Near shopping, quiet, professional, excellent refs. Call 718-526-6708, call after 6 PM. May/June Occup.

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COASTAL CAROLINA Homesites at PGA Golf Course from \$13,900 including membership
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1-800-443-7891
Void Where Prohibited By Law

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PROF WOMAN WITH 1 Child Looking To Rent/Share House/Apt. Call Ellen Day 767-2351 Ext. 20, Eves 433-3438

PT. WASHINGTON/MANHASSET AREA
Professional seeks studio or 1 BR apt. around \$650/mo. Must be quiet & clean. Call 944-9764

WESTBURY House to share, can be 2nd. W/D, central air, security, 520/mo. 476-2558

72 Rooms To Rent
A-1 STUDIO ROOMS \$70 & UP
Private entry, bath, cook, w/c. Near transportation. 5m. fee. The Room Store Serving all Nassau & Suffolk. Open 8 am
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EAST NORTHPORT, furnished rm bath. Mature gentleman only, non smoker \$75. wk. 368-3830

74 Co-ops/Condos
GARDEN CITY 2 BR co-op. Avail. Immed. Direct from owner. Mrt. cond. Top location. Highly motivated seller. Best offer over \$110,000. 914-747-0050

82 Mortgages
GLEN COVE
2+ beautiful wooded acres in private estate area. \$395,000 (firm).
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84 Offices For Rent
Garden City/Hempstead Border. Professional Offices for sale. Walk to Courts, 11 offices. Conference/Library, Telephone System 1 acre. On site parking \$165K. Brokers Welcome (516) 485-8383

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FORMER GREAT NECKERS TO sublet a/c-clean apt. or small house with all amenities & parking for summer and all or part of Sept. 487-0087, 487-4483.

VACATION IN HILTON HEAD South Carolina, 2BR, 2 bath Villa, Sleeps 6, Full Kit, Tennis Courts, Racquet Ball, Pools on Premises, 2 Bkls. from Beach. \$450 a Week. 433-1169

GLEN COVE Prime downtown area. New building, suitable for professional. Offices available. 435 sq. ft. Parking
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GLEN HEAD 400 sq. ft. 2 rms., end fl., professional bldg., convenient location, parking. \$650 incl. all util.
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GREAT NECK Newly Freshly painted office. Available immediately. Utilities Included.
Call 829-3458

GREAT NECK
OLD VILLAGE one or two Rm. suite avail., excellent pk.
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MANHASSET
Office suite adjacent to LIRR. Parking. 628 sq. ft. 363 sq. ft. 389 sq. ft.
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MANHASSET OFFICE SUITES
PRIME LOCATION Northern Blvd. 450 sq. ft., 580 sq. ft., 627 sq. ft. Private Parking
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MANHASSET Prof. off. & or house rental approx. 950 sq. enjoy working & living at same loc. \$1,600 + a mon. occup 5/15 detached 2 car gar. w/apt. also avail-call for details.
MANHASSET REALTY Frank Dotzler-Broker-627-9191

MINUTES SKI WINDHAM
75 ACRES
RESTORED FARM HOUSE \$224,900
OR
395 ACRES TOTAL PROPERTY INCLUDING 3 PONDS \$727,000
NO ZONING RESTRICTIONS. SUITABLE FOR SUBDIVISION
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FLORIDA CONDO Luxury 2 BR Condo. Ft. Lauderdale, furnished top class, console color TV, security, tennis, pool, sauna, Club, April-Dec \$650 mo. or \$6,000 8 months. Evenings 407-468-9254. (NYS/CAN)

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OCEAN CITY MARYLAND Best selection of affordable vacation rentals. Call now for FREE BROCHURE 1-800-638-2102. Open 7 days, weekdays 10-9 PM, Holiday Real Estate. (NYS/CAN)

79 Time Shares
GOT A CAMPGROUND MEMBER SHIP? (Time Share) We'll take it! America's oldest and largest Resale Clearinghouse. Call 1-605-423-5067. Resort Sales International (NYS/CAN)

PROFESSIONAL SPACE
Great for Therapist. Modern Bldg. on Northern Blvd. Great Neck. Beautifully furnished. Avail. 3-4 days per wk. 7 mo. sub-let with opportunity to renew.
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PT WASH Full service office. Pvt. rooms phone answering, computer 1st/2nd floors, copier fax UPS etc 944-3155

87 Commercial Properties
ROSLYN 3 BR. House, Business Zon. 4rd Setback, Northern Blvd. Great Bsm. \$1250 negotiable. DOROTHY WAXMAN, Broker 683-7780

DID YOU KNOW?

Local residents generally base their purchasing decisions on local newspaper advertisements.*



"THE LOCAL MARKET" "Tailor-made for the local merchant."

It's always been fashionable for retailers to promise shoppers convenience and personal service. But promises wear thin over time... with one exception. The local merchant is close, congenial and geared for the kind of personal service that local consumers are looking for. You've got everything going for you, including the Community Newspaper, where surveys say that most local customers begin their shopping. Place an ad in the Community Newspaper. It's good for business.

The Community Newspaper
No other news medium hits this close to home...
Proud Members of the **NYPA**
Call for ad rates or a directory of 500 paid weekly community newspapers in New York State — **747-8282**

*From the Moros Institute Public Opinion Survey, "Attitudes on Weekly Community Newspapers."

87 Commercial Properties

Glen Cove - 1000 sq. ft. Office space avail. & large Commercial Building. Also avail. 20 by 25 sq. ft. w/bath, \$500 + util. Call Owner 671-0481

88 Building For Sale

Garden City/Hempstead Border Professional Offices for sale. Walk to Courts, 11 offices, Conference/Library, Telephone System, 1 acre. On-site parking \$185K. Brokers Welcome. (516) 485-6383

MINEOLA - Office space for rent in small attorney's building. Walk to courts & RR. Use of library & secretarial services. Rental starts at \$75 per room. (516) 248-2110

MANHASSET-10 Orchard St. Bus. B medical ofcs. o.s. approx. 2950 sq. immed. occup. \$3,000 + a mon. or \$399K. MANHASSET REALTY Frank Dotzler Broker 627-9191

91 Store For Rent

PRIME RETAIL WEST HEMPSTEAD 1,300 sq. ft. on Hempstead Tpke. Newly renovated/low rent FRANKLIN SQUARE 1,800 sq. ft. on Hempstead Tpke. Full basement, ideal discount. August James Realty 338-8900

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MANHASSET-10 Orchard St. Bus. B medical ofcs. o.s. approx. 2950 sq. immed. occup. \$3,000 + a mon. or \$399K. MANHASSET REALTY Frank Dotzler Broker 627-9191

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GREAT NECK - Established business has office space to rent on Middle Neck Rd. Call Gert 487-8321

GREAT NECK RECEPTIONIST answering service, conference room, mail, parking \$125 a month. 516-466-8300

LOCUST VALLEY PLAZA - Retail & Office Space Available. Owner 676-4629

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Answer to Crossword Puzzle No. 515

ALMS	CHIEF	BALAS	QUIT
SAIC	HARPO	APART	URSA
PICA	AGAIN	NOISE	INIT
STARTREK	TAG	CONTESSA	
LION	DATUM	NOWT	
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RETURN	SALON	ALANALDA	
GUNS	SERAC	ACER	
HIGHNOON	VITAL	HAMLET	
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SAYONARA	LAG	DISRAELI	
ADAM	LATNE	RIANT	RIAL
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Answer to Cryptquip:
HANDSOME PITCHER'S MARRIAGE PROPOSAL WAS TURNED DOWN. HE SULKED, "I GUESS I STRUCK OUT."

PREMIER CROSSWORD / By Jo Paquin

On the Shelf

- | | | | | |
|---------------------------------|----------------------------------|---|--------------------------------|--------------------------------|
| ACROSS | DOWN | DOWN | DOWN | DOWN |
| 1 Author of "The Divine Comedy" | 44 Money, in Mexico | 88 Gal Fri.? | 126 Outbuilding | (1976 movie) |
| 6 Indecent talk | 47 Organized | 89 Elmore Leonard novel | 127 Dweeb's pal | 37 District of London |
| 10 Playwright | 49 He wrote "Berlin Diary" | 90 Glossy fabric | 128 Cara of "Fame" | 39 Classic cars |
| 14 Gruel of maize meal | 53 Word before suit or shop | 92 Young hare | DOWN | 40 Packing case |
| 19 Part of T.S.E. | 54 Sketch | 94 Peace of mind | 1 Yield with courtesy | 41 Eagle's home |
| 20 "To — His Dukinea" | 55 Epochal | 95 Plod | 2 Bird's "humb" | 43 Competitors |
| 21 Inland sea of Asia | 57 — Culp | 97 Splinter groups | 3 Willy follower | 44 Frank Herbert novel |
| 22 Jeopardy | 58 Dozes off | 98 Calligrapher's supply | 4 Weight of India | 45 Privy to |
| 23 Novel by Danielle Steel | 60 Made public | 99 Fri. follower | 5 Catchall abbr. | 46 Nest of pheasants |
| 25 Shirley MacLaine opus | 62 Nipa palm | 102 In good condition | 6 Mexican blanket | 47 Evangelist Roberts |
| 27 Logan or Fitzgerald | 63 Chemical suffix | 104 Adage | 7 Twin crystal | 48 Mend socks |
| 28 Spanish seaport | 64 Of greater height | 105 Enameled metalware | 8 Cal. campus | 50 Plexus |
| 30 High tableland | 65 He wrote "On Wings of Eagles" | 106 Aries | 9 Book by Studs Terkel | 51 French state |
| 31 Gray wolf | 67 Desert in Asia | 109 Caesar's fatal date | 10 Chinese leader | 52 Engrossed |
| 32 Actor/dancer Bolger | 68 "On Your —" (musical) | 111 Bar or house follower | 11 Jack-in-the-pulpit, for one | 54 Distribute the mail |
| 33 It might be red | 69 She created Heidi | 113 Easy to manage | 12 Appraises | 56 Radical or liberal |
| 34 Goddess of harvests | 75 Rachel Carson's "Silent —" | 115 Soccer great | 13 Sign in shop window | 59 Fanatical in opinions |
| 36 Weights of India | 78 Little boy | 116 Belonging to the author of "Red Storm Rising" | 14 Psych. org. | 61 "Lorna —" |
| 38 Women's org. | 81 Actor Ray | 119 Book by John Naisbitt | 15 Swiss archer | 64 High, craggy hill |
| 39 John O'Hara's "A — to Live" | 82 "The — and Daniel Webster" | 121 Hungarian national hero | 16 Celestial hunter | 66 Stage of a journey |
| 40 Spain's — del Sol | 83 House or field follower | 122 Source of the Blue Nile | 17 West Indies dance | 67 Folklore creatures |
| 42 Noted | 84 Diva's lorie | 123 "East of —" | 18 It's before grease or room | 69 Pokes |
| | 85 Zeppelin's cousin | 124 Made of cereal grass | 24 Adult insect stage | 70 Spicy stew |
| | 87 Actress | 125 Donna and Robert | 26 One of the nostrils | 71 Access to a mine |
| | | | 29 Church part | 72 Wicked |
| | | | 33 Mountain lake | 73 Religious ceremonies |
| | | | 35 "Silver —" | 74 Drudges |
| | | | | 75 Judy Blume novel |
| | | | | 76 Works as a |
| | | | | 77 Reddish-brown color |
| | | | | 78 Peter, Paul and Mary, e.g. |
| | | | | 79 River islands |
| | | | | 80 Bewilder |
| | | | | 84 Heidi's home |
| | | | | 86 Pound heavily |
| | | | | 89 Hackman of Hollywood |
| | | | | 91 "— Rae" |
| | | | | 93 Habitat plant form |
| | | | | 94 Lease again |
| | | | | 96 San Francisco team |
| | | | | 98 James Michener novel |
| | | | | 99 Hindu guitar |
| | | | | 100 Worship |
| | | | | 101 Arizona city |
| | | | | 103 Hebrew prophet |
| | | | | 105 Detroit player |
| | | | | 106 French security |
| | | | | 107 Phyllis's husband |
| | | | | 108 Middle, in law |
| | | | | 110 Atlantic fish |
| | | | | 112 Unit of force |
| | | | | 114 Yield |
| | | | | 115 Pome fruit |
| | | | | 117 Brit. nobleman |
| | | | | 118 "The Ballad of the — Cafe" |
| | | | | 120 French king |

516 Average time of solution: 72 minutes.

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CRYPTOQUIP

I X G Q H X J S T J S S F G X Z D I X Y S I B X Z W D X G Q S : " G ' B K D G Z K D R W W D Y R Z H M , I D F Y S X I S M D Y Q W M S T D J W S . "

Today's Cryptquip clue: K equals G

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Girl Scouts (from page 1)

someone to donate land.

The Girl Scouts are looking to start as soon as possible. Irrigation will not be a problem. If there is no available water supply near the garden, the scouts will look into getting a permit to use a fire hydrant, said Carr. If that fails each scout will bring a gallon jug of water on their assigned day. Carr is very optimistic about the campaign. "The reason I thought it might be a good project is, it has been a problem getting service projects for younger people and service is an integral part of the Girl Scouts."

According to Lampert other scout troops, including some from Hicksville, are doing individual projects as well. One project is to plant flowers around the buildings where they hold their meetings, another is to collect food for the needy. But Lampert stressed that the garden project would be one where the Girl Scouts as a community could give back to the larger community of Hicksville. In Hicksville alone there are 600 Girl Scouts. They range in age from 5-year-olds, the Daisies, to 15-year-olds, the Cadets. There are also Senior Girl Scouts and 120 adults who participate in Scouting activities.

Girl Scout Vice President Judy Keller said, "Through environmental action, we can give the future of our earth a new direction. No efforts at taking positive environmental action are too small. But we must begin now. We must begin at home and the Girl Scouts can make a difference."

If anyone has land that the Girl Scouts could use to grow vegetables to be donated to the needy, please call Mary Ellen Carr at 933-6853. All registered Girl Scouts, partaking in Association activities, are covered by insurance provided by the Girl Scouts.

Shorts (continued from page 28)

Hall South in Massapequa. For more information call the Department of Parks at 795-100 ext. 7754.

Varsity Sports

Upcoming Hicksville High School Varsity Sporting events include lacrosse home games on Tuesday, April 7 and Friday, April 10; a home softball game on Thursday, April 2; home baseball games on Thursday, April 2, and Wednesday, April 8. Come out and support the Comets as they strive for winning seasons. Home games are played at the high school located on Division Avenue.

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HICKSVILLE ILLUSTRATED NEWS SPORTS

SPORTS SHORTS

Midget Football Folds

During November 58 responsible parents and the Hicksville PAL attempted to start a midget football/cheerleading program for the youth of Hicksville. There were three meetings involving the parents, and the Town of Oyster Bay. The main obstacle was the cost of \$175 to uniform one player. The Town of Oyster Bay's assistance was requested to help offset some of the cost. It was reported to the Town that Hicksville is the only village in the town that does not have a community park to service our youth. It was felt that by helping Hicksville fund the program, that midget football and cheerleading could help keep our youth off the street and in a supervised youth program, sponsored by the PAL.

It was noted that the town did not have the finances to fund the program.

Sports Honors

When you talk about Bucknell Universities quality lacrosse players you must begin with Michael Conway of Hicksville. He garnered the All-Patriot League honors last year. "He has All-American potential," said Bucknell head coach Sid Jamieson. "He's not just a defensive specialist. He can be very dangerous, when he has the ball. He plays a position that does not get a lot of recognition," added Jamieson, "but there isn't a collegiate lacrosse player in the country that works harder and plays harder." Conway scored twice and had eight assists from his defensive middle position last year.

Way to go Michael.

Lacrosse Tournament

There will be a lacrosse tournament in the memory of Van Androutopoulos, a 16-year old who died last year in an automobile accident. The tournament on May 8 will include the Hicksville Varsity lacrosse team against the Nassau County PAL. Starting at 7 p.m. a ceremony will be held and all donated money will go to the Make-A-Wish Foundation.

Co-Ed Volleyball

The Town of Oyster Bay will be holding registration for a Co-Ed Volleyball Program for men and women 18 years of age and older from April 20 to June 5.

The program, coordinated by the Department of Parks and Recreation Division, is being offered FREE to Town residents and will be conducted at Syosset-Woodbury Community Park and Ellsworth Allen Park in Farmingdale from May 26 to July 17. The classes will take place on Monday and Tuesday from 6 p.m. to 8 p.m. and Wednesday and Thursday from 7 p.m. to 9 p.m.

"This program enables residents to participate in a sociable, healthy, recreational out-of-doors activity with a rotational system that gives players different partners and opponents each week," said Councilman Douglas Hynes. He added, "Volleyball, a sport that requires teamwork and agility, is one of the fastest growing activities because it is easy to learn, fun to play and is an excellent cardio-vascular workout."

Registration forms are available at Town of Oyster Bay libraries, Town Parks, Town Hall North in Oyster Bay, and Town

(continued on page 27)

Star Gymnasts Shining Bright

Tammy Marshall begins, performs, and completes each gymnastic event the same way—with a captivating, illuminating smile.

Marshall, a junior attending the University of Massachusetts hails from Hicksville. She has good reason to smile, she holds every individual record for the 5-3 University of Massachusetts women's gymnastics team and is well on her way to her third consecutive appearance in the NCAA Women's Nationals. Marshall's certainly not the only one smiling around the UMass Gymnastics Center, witness UMass head coach Alfie Mitchell.

"Tammy is by far the best gymnast I've coached," said the fourth-year coach. "At this stage, she's picked up a lot and the best thing is that she's not just maintaining, she's progressing."

"The myth at college is that you are where you are and you just stay there," Marshall said.

Clearly, the 4-foot-11, 106-pound Marshall is dispelling those myths with school and career bests in the floor exercise (9.8, set earlier this year), on the balance beam (9.75), on the uneven bars (9.6), on the vault (9.8), and an impressive 38.8 in the all-around.

Perhaps the most impressive aspect to Marshall's story is that her high school gymnastics career at Hicksville High School was abbreviated as the result of a knee injury which required arthroscopic surgery at the end of her sophomore year. But Marshall was determined to return and just four months after her second surgery, she was back practicing.

"It's addicting once you're a gymnast, you're always a gymnast, I couldn't stay away," Marshall said.

Ironically, it was Marshall's injury that allowed Mitchell to discover the Sport Management major (who maintains a 3.1 index on a 4.0 scale).

"Her injury sort of took her out of the limelight," Mitchell said. "We looked at her medical information and talked to her doctors and decided if the information matches



HICKSVILLE'S star gymnasts, (l to r) Tammy Marshall and Wendy Marshall have been shining bright. Tammy is a junior at the University of Massachusetts and Tammy is a senior at Hicksville High School. Next year the sisters may be competing in the college circuit.

the girl, then she'll be fine!"

Mitchell rolled the dice with the only full scholarship he has had to offer in his time at UMass and the results couldn't have been better.

"She's my first recruited athlete and the only member of the team with a full scholarship," Mitchell said. "She means everything to the program, she gives us national exposure. She is invaluable."

Marshall is a two-time Atlantic 10 All-Around champion and in 1990 she garnered the A-10 Freshman of the Year Award. Marshall was also a member of the 1990-91 World University Games US Team. Still, she is always striving for more.

"I've added a new tumbling pass [in the floor exercise] that no one has ever done before in collegiate competition," Marshall said. "It surprises the judges and that's what

you need to do to be noticed!"

Marshall smiles and heads back to practice on the bars. She is certainly being noticed.

Tammy's latest meet was at the University of Pennsylvania. She placed second in the all-around with 39.00.

Tammy isn't the only celebrated gymnast in the Marshall family, Wendy Marshall, a senior at Hicksville High School has also been doing well lately.

Wendy had her Level 10 State Meet in Albany March 21 and 22. She won first place in vaulting with a 19.10. She placed third in the all-around and third on bars and floors exercise. She qualified for the regionals which will be held on April 4 and 5 on Long Island. Wendy also attends Twisters Gymnastics Center in Westbury.

Varsity Lacrosse Ready For Season

The Varsity Lacrosse team is coached by Bill Meyer and Charles Arnone. The team had 13 wins last year with 6 losses. Coming into the new season the team's strength will be its defense with last year's starters Scott Hutchinson, Eric Basta, and Tim Glouer. A returning duo of returning seniors should also help on defense. They include Sean Downes and John LaGrega.

On this year's squad there are eight returning starters including Vinie Spadaro on attack; Pete Kabalinski, Bob Antonetti, Mike Delpercio, and Robbie Walker on midfield assignment; Scott Hutchinson, Eric Basta, and Tim Glouer on defense; and Joe Allen will lend solid support at both attack and mid-field.

Replacing the nine players who graduated last year will be Frank McGeough, Karl Rice, and Mike Heyer, all juniors playing midfield; Dan Melody and Steve Gilbert, sophomores playing attack; and Joe Melody, sophomore, and Ralph Montero, senior, playing goalie.

The team's next home game will be Tuesday, April 7 against Massapequa. Giometime is 4 p.m.



THE COMETS Varsity Lacrosse Team is looking forward to another winning season. Last year's team had 13 wins and 6 losses under head coach Bill Meyer. This year's team should be a solid unit with a strong defense and developing offense.

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Friday, April 3, 1992

Carpooling 101



SEE PAGE 3



THE QUESTION OF THE WEEK

Do you think that the 15% flat tax proposal of Jerry Brown would be a better income tax than we now have?



Most Callers To Input Believe That Executives In Companies That Are Doing Badly Should Share In Cuts.

Most callers to Input believe that executives in companies that are doing badly should share in the cuts being passed on to workers in answer to this question: "Should executives of large companies have to take a cut in pay when the company loses money?" Here are some of the answers:

CONTRACTS CONTROL

It is undoubtedly just and fair that top executives should take pay cuts when business is poor. However, many top executives have negotiated contracts with the company and they have gotten good ones when business was high. It is therefore impossible for their pay to be cut even though they have to lay off workers at plants. It would seem that Boards of Directors will have to be more careful and cover downturns when they hire executives. K.G.

FIRE INCOMPETENTS

Most people probably will say that executives of large companies should be cut when the company loses money. But that is an oversimplification. Many times the top executives will be the only salvation for the company because they perceive changes in the market not necessarily caused by their incompetence but because styles and times have brought about shifts in the market. The executives are needed to reformulate plans and if they are being cut down they may simply leave and the company will be worse off. In General Motors the problems were not really those of top management. The recession came in and hit right across the board. The top executives are more important in time of problems than when there is a large surging market. So in spite of it not seeming fair, top executives should not receive cuts in pay. However, if they are incompetent they should simply be fired. N.G.

GOLDEN PARACHUTES

Top executives in the savings and loan industry seem to take the cake. In many of the failing banks the top management is being replaced but the golden parachutes are worth more than their salary for the next ten years. Boards of Directors have the top say on many of these things but they are often put into place by top management. For that reason, I believe in any government regulated entity where the taxpayers have to pick up losses that these golden parachutes should be up for review and should be set aside. G.F.

STOCKHOLDERS SAY

To someone losing a job in an industry it seems that the top management should also be affected by a lower amount of business. Unfortunately in some industries this is not so at present. I believe, however, that Boards of Directors will be more performance oriented in the future for companies that go through the recession. It will not make sense not to tie top management increases to profits. After all, that determines what the stockholders get so how can top management be better off than the stockholders? D.V.

I DON'T PAY FOR BAD WORK

I wonder exactly what this question asks. While thousands are being terminated top executives either are getting their regular high pay or have such termination agreements that they are not worried about being put out of a job. Unless top management has the same incentive as workers all of our industry will operate in a poor fashion and we will not regain our leadership position in the world. To pay for bad work will only make things get worse. H.S.

POOR CONTRACTS

What top management is paid is usually set by an agreement between the owners or the Board of Directors and for some reason they have been pushed into signing some very poor contracts with top management as seen in news stories. I know it has nothing to do with the government or law but somehow this has to change. If it does not, we can say good-bye to many companies that have been pushed into rewarding poor performance. B.F.

CUT THE SALARIES

For the greater part of my life before retirement I worked for a large corporation of world renown. While I was very proud of the company, in later years and particularly after retirement I took a dim view of some of the major decisions being made, a number of which ultimately came to bear on corporate basic policy and its ultimate effect on basic philosophy inconsistent with many years of success. Generally speaking I found myself taking exception to

changes in policy with respect to product line selection and change but perhaps more often with concern about key personnel and ultimately the unbelievable salary structures and bonus incentives being paid to corporate executives. It eventually got to the point where our stock dividend was cut in half and subsequent to that, a huge cut in the salary of the Chairman of the Board. The financial conditions were such that obviously that was the only thing to do and serves to answer your "Question". Those of us who read the financial pages are well aware of the sky-rocketing trend of executive salaries and incentives and I think that to a large extent the trend may be due to a sympathetic support by the Board of Directors. Quite honestly, I see no alternative to corporate policies which tie executive compensation to financial performance. P.G.S.

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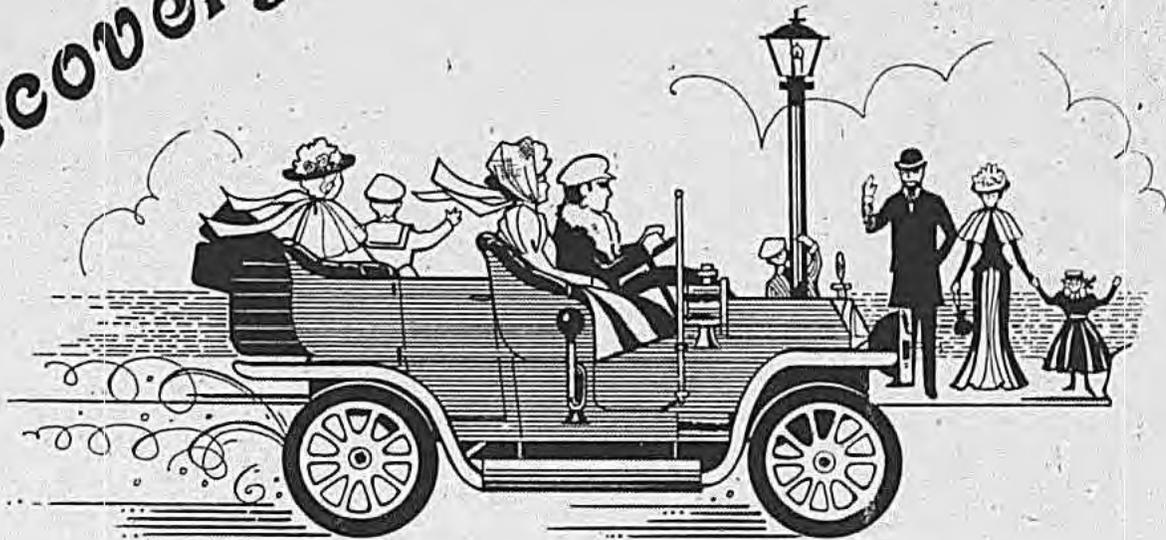
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Discovery!



Carpooling 101

By Laura J. Schultz

Someone has finally written the story of my life and the story of the life of every carpool-driving parent in the suburbs. Move over Susan Isaacs, Long Island's own bestselling author of tales of suburban life. The latest novel of sexy, steamy suburban life is written by Mary Cahill, a carpool-driving mother who lives and drives in the suburbs around Washington D.C. Her new book is a skillful, humorous blend of murder, mystery, romance, death and carpooling. Yes, you read it right, carpooling.

The heroine of her novel is a superwoman, suburban, carpooling mother, who assists the police in solving murder mysteries, and who takes flying lessons in her spare time. Although I have yet to solve my first murder mystery, and sitting in a first class seat is the closest that I've come to flying a plane, I am very familiar with the rules of carpooling suburban youngsters to and from school, doctor's appointments, orthodontic appointments, music lessons, religious instructions, etc. Considering myself a veteran carpool driver, I would be willing to teach a course, Carpooling 101, in Adult Education to uninitiated novices.

Among the many rules the course would cover the following:

1 - The parent driver must remain invisible and silent at all times no matter how shocking he or she may find the revelations coming from the adolescents in the backseat.

2 - The Cold War is alive and well and living in the suburban carpool, as the fighting and jockeying for window seats continues non-stop among the elementary school set.

3 - The man or woman who invents the car that drives itself on automatic pilot to the mall and back will be enshrined in the "Carpooling Hall Of Fame" by parents of adolescent girls.

4 - The parent who rings the doorbell first to pick up his or her adolescent from a party will be entitled to the "money pool" collected from the other parents waiting outside in the cold.

Well, that's all the carpool rules I've got time for now. The kids are coming out of school. If you want more pointers on carpooling, you can pick up the course textbook, "Carpool" by Mary Cahill, at your local public library in between your carpool driving pickups and dropoffs. Now if only the library would put in a drive-in window.

ABOUT THE AUTHOR

Laura J. Schultz is a mom who drives her carpool in and around Syosset.

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Through a special 24 hour phone system, readers will be asked to call in their assessment of each restaurant they visit. Consensus ratings (good or bad) will be published as a continuing part of the guide.

In addition they can make suggestions, compliments or criticisms through the open phone line and messages will be sent through to the restaurant management.

(Guide to Good Dining)

READER RATINGS



Q. We are a group of young business women who have lunch together once or twice a month. Since we are coming from many directions, we generally meet at the restaurant. Is it proper for the first person who arrives to be seated, or should she wait for the others?

A. Usually the first arrival waits for the second. They ask to be seated, telling the waiter that others are coming. It would not be practical for everyone to wait in the vestibule until the whole party arrives!

Q. Tipping has always bothered me. I know there are many facets to it but why do I have to tip at all?

J.C.
 A. The answer to this is obvious if you think about it. If you want any control at all over what type of service you are going to get you should be able to give more or less according to how you have been treated.

Many people may not know it but waiters generally get a very low wage scale, some below minimum wage because tips can be expected to balance the scale and they do depend on between a 15 percent and 20 percent tip to make the job worthwhile.



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Vegetarian View

By Margaret Wipe-Peterson

Wintertime soup suppers provide satisfying relief from everyday fare. They can also feed you heartily and healthfully if you follow a few basic rules.

Your recipe can provide delicious, cholesterol-free eating if prepared without meat or cheese. To decrease fat in cream soups, use fresh or canned evaporated non-fat milk instead of half-and-half or whole milk. Generous measures of vegetables or legumes will help the fiber load.

Vegetable-based mixtures are especially favored, not only for their low-cholesterol content but also for the food value they do carry — vitamins and minerals, including vitamin A and potassium, and fluid.

Dried beans and peas contribute the kind of fiber helpful to intestinal health and the type that works to lower elevated blood cholesterol levels.

Complex carbohydrates from starchy potatoes, beans, corn and grain products like barley and pasta are a good energy source at less than half the calories of fat.

The soup pot can be a time-saver, simmering as you're working on other tasks. Complement your dish with fruit or a green salad and perhaps rolls. Leftovers make great, quick hot lunches or a soothing snack.

SPLIT PEA SOUP

- 8 cups water or defatted low-salt broth
- 2 cups dry split peas, picked over and rinsed
- 2 bay leaves
- 2 cloves garlic, minced
- 1 stalk celery, chopped
- 2 carrots, chopped
- 1 leek, well-washed and minced
- 1 tablespoon vegetable oil
- 1 medium potato, cubed
- 2 tablespoons minced fresh parsley
- ¼ teaspoon dried thyme
- ¼ teaspoon dried marjoram
- 1 tablespoon soy sauce
- Freshly ground black pepper to taste

Yields 10 servings.

Per serving: 172 calories, 30 grams carbohydrate, 10 grams protein, 2 grams fat, 10 percent calories from fat, no cholesterol, 120 milligrams sodium.

Bring water or broth to boil in large pot. Add peas and bay leaves. Cover, simmer 30 minutes, stirring occasionally. Meanwhile, sauté garlic, celery, carrots and leek in oil over low heat until soft. Add sautéed vegetables, potato, parsley, thyme, marjoram, soy sauce and pepper to peas; simmer uncovered another 20 minutes, stirring occasionally, until vegetables are done and peas are tender.

MUSHROOM BARLEY SOUP

- 3 large cloves garlic, minced
- 1 medium onion, chopped
- 1½ cups dry sherry or water
- 1 pound mushrooms, sliced

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(Guide to Good Dining)

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Continued On PAGE 7

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(Guide to Good Dining)

READER RATINGS



Q. I have heard it said that white wine is best with chicken. However, one of the best restaurants I know frequently serves chicken in a sauce made with red wine. I would appreciate your comment.

A. You are quite correct! The French, who may well be the best cooks in the world, prepare their famous coq au vin fish with red burgundy wine.

Incidentally, when chicken is served this way, it is preferable to order red wine rather than white to accompany the entree.

Q. Is it allowed for a restaurant to include a tip, automatically, on the bill for food ordered? A friend and I had that happen recently and resented it because the service was very poor and we felt a tip was not in order. Please answer.

A. No. In this country the custom is not to add any tip to the bill and unless the menu stating the prices clearly says that this will be done it is not correct. Most people would not be happy with that system in the U.S. because diners have always had a flexible tip system in which they could give a better tip for better service and if this is not kept then the tip is just a fee.

Q. I have noticed that Chinese restaurants do not provide knives when serving meals. Can you tell me the reason for this practice?

A. In the orient food is cut into small pieces before it is cooked.

This has the advantage of reducing cooking time and also minimizing any loss of nutrients. In China it is considered bad manners to cut food at the table.

Q. Recently while dining in a Portuguese restaurant, my friend and I were served a sweet white wine with our dessert. Would you have any idea what the name of this wine would be? It was delicious.

A. You may have been served one of Portugal's sweet white ports. They come from the area of Oporto and I agree with you that they are very good and surprisingly little known by Americans.

YOU CAN BE A RESTAURANT CRITIC - If you visit any of the restaurants selected for inclusion in this section - call WE 1-0027 at any hour and tell your ideas. We want you, the reader to be our critic. Your message then can be printed in this space.



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DINING GUIDE

Vegetarian View

Continued From PAGE 5A

(about 5 cups)
 8 cups defatted low-salt broth
 ¼ cup dry pearl barley
 2 tablespoons soy sauce (or to taste)
 ¼ cup minced fresh parsley
 Freshly ground black pepper to taste

Yields 10 servings.
 Per serving: 84 calories, 17 grams carbohydrate, 3 grams protein, no fat, no cholesterol, 230 milligrams sodium.

Over low heat, cook garlic and onion in some sherry or water until onion softens and becomes translucent. Add mushrooms and remaining water or sherry; cover. Cook until mushrooms are wilted; stir once or twice. Pour in broth, barley, soy sauce, parsley and pepper. Simmer, covered, 1½ hours or until barley is tender.

Both recipes from "For Goodness' Sake" by Terry Joyce Blondner (Camden House Publishing).



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 Shrimp, Scallops & Crabmeat sautéed in a light pink sauce with onions, peppers & Tequila.....\$12.95
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 Wiegels will continue to feature German/American specials throughout the year.

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 We have a message for you.

Each week Litmor Newspapers presents a select dining guide called Reader Ratings to its readers. The guide presents the messages of outstanding restaurants in this area and it also is a forum for readers to tell other readers about why they like certain restaurants.

Reader Ratings, although it is read by up to 100,000 readers is an inexpensive way to meet the public and have the public meet you. Throughout many years, Reader Ratings has helped build loyal followings for some of the best restaurants in the area.

If your restaurant qualifies as a leader in the area we want to talk to you about being included in our guide. The cost is nominal and the results can be great.

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Destree Vives

Succulent sausage

Sausages of various types have been tempting our palates for centuries. They were popular at least several hundred years before the birth of Christ, and a cookbook written around A.D. 200 contains a number of sausage recipes.

The popularity of sausage has continued into the modern era, and the variety of sausage available today is staggering. To walk into any good deli and inspect their wares is to be introduced to such ethnic fare as Polish kielbasa and Swedish potato sausage, a favorite in my family, especially around the holidays.

Bearing such exotic names as cacciatore, mortadella and galantina, the sausages of Italy are an art form in themselves.

Cacciatore sausage gets its name from the Italian word for hunter. Salami, a favorite American import, combines beef and pork; it is usually flavored with pepper, garlic and wine. Even nuts are used in Italian sausages, as in the pistachio-studded mortadella.

Germany is another country famous for its sausages. An Oktoberfest would not be complete without steaming plates of bratwurst to tempt the crowds. And Americans can thank the Germans for the ever-popular frankfurter. This, the world's most popular sausage, was named after the city of Frankfurt (although most Americans refer to the sausages as "hot dogs.")

Sausage is as versatile as it is delicious: You might start your morning with a breakfast crowned with sausage links, kick off an elegant party with a cocktail frank appetizer, or sit down to a satisfying meal of beer-cooked bratwurst.

Fresh, uncooked sausage requires slower and more even cooking of a MEDIUM (50 percent power) setting. Precooked sausage, on the other hand, is ready in a snap when microwaved at full (100 percent) power.

If your microwave comes complete with a browning grill, preheat the grill at HIGH (100 percent power), following manufacturer's instructions. Arrange sausages on the preheated grill and microwave at full power, turning the sausages over halfway through cooking time. Make sure to microwave fresh pork sausage until it is no longer pink inside to ensure that it is fully cooked.

However you slice it, you can't beat sausage for ease of preparation, versatility and flavor.

Recipes in this column are tested in 625- to 700-watt microwave ovens.

CAJUN JAMBALAYA

- 1 pound mild Italian sausage
- ½ cup chopped onions
- ½ cup chopped bell pepper
- ½ cup chopped celery

- 1 clove garlic, minced
- 1 (8-ounce) can tomato sauce
- 3 cups water
- 1 cup cubed cooked ham
- ¾ cup uncooked white rice
- ¼ teaspoon each chili powder and dried thyme leaves, crumbled
- ¼ teaspoon cayenne pepper
- ¼ teaspoon ground black pepper
- 1 or 2 bay leaves

Yields 4 servings.

Preparation time: 5 to 10 minutes.

Cooking time: 33 to 37 minutes (plus 5 minutes standing time).

Oven setting: HIGH (100 percent power); MEDIUM (50 percent power).

After removing skins from sausages, break them up into 10-inch microwave-safe casserole. Add onions, bell pepper, celery and garlic.

Microwave at HIGH setting 5 to 7 minutes, or until sausage is no longer pink, stirring halfway through cooking time. Drain off fat.

Mix in tomato sauce, water, ham, rice, chili powder, thyme, cayenne and pepper, add bay leaf. Cover tightly with plastic wrap.

Microwave at MEDIUM setting 20 minutes; stir. Recover and microwave at MEDIUM setting 8 to 10 minutes longer, or until the rice is tender. Remove bay leaf before serving. Let stand, covered, 5 minutes before serving.

SAUSAGE AND BEER

- 1 tablespoon butter or margarine
- ½ cup chopped onion
- 6 uncooked bratwurst (about 1 pound)
- 1 (12-ounce) can of beer, at room temperature

Yields 3 servings.

Preparation time: 5 minutes.

Cooking time: 5 to 6 minutes (plus 3 minutes standing time).

Oven setting: HIGH (100 percent power); MEDIUM (50 percent power).

Combine butter or margarine and onion in 8-inch square microwave-safe baking dish. Microwave at HIGH setting 1 minute, or until onion is just tender.

Arrange sausages over onions in baking dish. Pour beer over all and cover tightly with plastic wrap.

Microwave at MEDIUM setting 4 to 5 minutes, or until heated through. Let stand, covered, 3 minutes before serving. Serve with potatoes or noodles.



By Willard Abraham, Ph.D.

Dr. Abraham: One of the things my boyfriend likes is going up in a hot-air balloon. That's all right with me as long as he doesn't insist that I go along with him.

He teases and nags me, and that is no fun. I've reached the point of telling him that if he keeps this up, it's quits, zip, the end. He doesn't really listen because he continues nagging me.

Even going to the top of a high building makes my feet and toes tingle, and the thought of a balloon flight drives me bonkers.

I like him all right, but I'm getting fed up.

I wish I knew what to do. Any ideas? Please help me.

— Balloon Fearful

Balloon Fearful: You might suggest to your boyfriend that you can talk with him about many things, but this topic is off-limits — period. Besides, doesn't he have any fears at all? A person without even one is hard to find.

If he continues to come on strong on this subject, your choice is to live with it or seek someone who enjoys being on the ground with you.

Fear of heights is a common feeling for many people of all ages. My dependable Webster's dictionary calls it "acrophobia" and defines it as an "abnormal dread of being at a great height."

In fact, one of the best sources related to words (Roget's International Thesaurus) lists 69 types of fears or phobias, from "acrophobia" to "xenophobia" and "zoophobia," so you are far from being alone.

Dr. Abraham: I never faced this situation with my mother before, and I just don't know how to handle it.

She went through some things in one of my dresser drawers and came across a few items related to sex (please excuse me from being more specific). My foolishness was in not putting them away more carefully. Hers was in going into what belongs to me, violating my privacy.

She told me what she had done, actually kind of apologizing. I just sort of ignored what she said, not wanting to get involved in any discussion.

So things have been pretty cold between us since then, and I'm not sure what to do, if anything. Please tell me if you think I should do something or nothing. — Sad

Sad: Since she seemed to indicate that she was sorry, it may be best to accept

the barriers down by talking more freely about what happened. Apparently she tried to do that, so it may be time for you to make the next move.

You indicated that she wasn't being critical of you. That seems to be a positive attitude on her part.

Dr. Abraham: My girlfriend is so smart that it almost scares me sometimes. For example, she uses some words that I've never heard before. There is also something else she knows that is very interesting, like different words almost meaning the same thing. To me they are exactly the same, but not to her.

Here is an example. When all that stuff was going on in Russia and Boris Yeltsin became such a big wheel, she pointed out to me how different "brave" and "courageous" are from the way "foolhardy" comes across. The first two are compliments, according to her, and "foolhardy" is just the opposite. But I think all three mean the same thing.

Here is another thought she has. She said that some people think that "aggressive" is a plus word while others think it isn't.

Pretty interesting, isn't it? She thinks so, and I'm beginning to.

I've learned so much from her. She doesn't brag at all, so we get along great anyway. What she sees in me I don't understand, with her brains and my just going along.

See what I mean? — Word Learner

Word Learner: You seem to be a lucky guy to have a girl like that and to appreciate her so much.

I'm so glad to pick up such unusual ideas from teens like you. Because of your letter, I looked in my favorite dictionary for the words you mentioned, and it verified just what my memory told me. Your girl is right on target.

"Foolhardy" was defined as "foolishly adventurous," while "courageous" and "brave" came through as compliments. The intended meaning of "aggressive" depends on who uses it and for what purpose, so it can be either flattering or indicate that a person is pushy or comes on too strong.

Your comments reminded me of a neat statement from "Alice in Wonderland" offered by Humpty Dumpty: "When I use a word it means just what I choose it to mean — neither more nor less." Your girl and Humpty seem to be on the same wavelength.

Cooking Corner



Macaroni and cheese is a winter treat

By Maureen Clancy

Let's face it. Rigatoni with radicchio and linguine with lobster may be the rage in today's trattoria-crazed society. But it's plain old macaroni and cheese — crusty, bubbling and rich — that has been warming the bodies and souls of Americans for generations.

Macaroni and cheese will be the ultimate comfort food long after pasta primavera has gone the way of all flashes in the pan.

We asked one of America's best-known chefs for his ideas on dressing up the classic and making it an easy alternative to frozen and packaged products.

"I grew up on Kraft macaroni and cheese," said Brad Ogden, San Francisco, chef and author of "Bradley Ogden's Breakfast, Lunch & Dinner" (Random House), one of this season's hottest cookbooks.

"And I guess my kids got an early taste of Kraft at their friends' houses, because when I first made macaroni and cheese from scratch for them, and it turned out real good, they wouldn't touch it."

Ogden came up with three original recipes for our readers. All are quick and easy to make. They can be prepared ahead of time and baked just before serving, and they're ideal for large family parties, when both serving ease and budget are considerations.

All three recipes start with a simple white cream sauce made with milk or half-and-half. Different types of shredded cheese can be substituted for those Ogden suggests. Roasted chilies can be substituted for roasted tomatoes. Grilled ahi can fill in for sauteed salmon.

The first recipe, a no-frills version with Vermont white Cheddar cheese, is similar to a dish on the menu at Ogden's Lark Creek Inn restaurant in Marin County, Calif., where, Ogden says, "simple things seem to sell best."

The tomato-studded casserole evolved from my suggestion that sun-dried tomatoes might work well with macaroni and cheese (Ogden's oven-roasted tomatoes are far better).

The salmon-flecked version is an upscale rendition of a decidedly low-key favorite.

"I got the idea from the old tuna casserole," Ogden said. "You remember, the one your mother used to make with canned tuna, noodles and peas."

Ogden gained renown by ped-

dling pot roast and mashed potatoes during a decade when Italian, French and other Mediterranean cuisines were in vogue. He's still in love with simple, hearty American fare.

"Things like meatloaf, macaroni and cheese, pot roast and corned beef hash," he said. "Sure, we revise (the recipes) a little, make them a little lighter, but it's the same familiar, wholesome, good-tasting food. I don't think it will ever lose its charm."

Here's the master recipe for Ogden's Cream Sauce, used in the following recipes.

CREAM SAUCE

- 4 tablespoons unsalted butter
- 3 tablespoons flour
- 2 cups hot milk or half-and-half
- 2 small onions studded with 2 whole cloves each
- 1 pinch fresh grated nutmeg
- Kosher (coarse) salt and fresh cracked black pepper

Yields 1½ cups.

Place small, heavy-bottomed saucepan or top of double boiler over medium heat. Add butter.

When butter melts, stir in flour with wooden spoon. Cook for 2 or 3 minutes, until roux is smooth and foamy, but don't allow it to brown. Remove from heat, and whisk in hot milk or half-and-half.

Return saucepan to heat. Whisk until sauce is smooth and comes to a simmer. Lower heat, and simmer for 3 minutes, stirring frequently to avoid scorching.

Place pan over a pot of simmering water. Add onions. Cover and cook for 20 minutes, stirring occasionally.

Season with nutmeg, salt and pepper. Strain and let cool.

Put sheet of buttered paper or plastic wrap on surface of sauce to prevent a skin from forming. The sauce may be refrigerated for a day or two.

PENNE WITH VERMONT WHITE CHEDDAR CHEESE

- ½ pound penne (or other tube noodles)
- 1½ cups cream sauce, with 3 or 4 drops Tabasco added
- Kosher (coarse) salt
- Freshly ground black pepper
- Cayenne pepper, to taste
- 2 cups shredded Vermont

- white Cheddar cheese
- ¾ cup grated imported Parmesan cheese
- ¾ cup homemade bread crumbs
- 2 tablespoons melted butter

Yields 4 servings.

Butter 9-inch round or square baking dish.

Cook noodles in salted, boiling water according to instructions on package. Drain noodles well, and transfer to large bowl.

Toss noodles with cream sauce (which need not be heated), salt and pepper to taste, a generous pinch of cayenne and both cheeses.

Mound mixture in baking dish. Toss bread crumbs with melted butter. (Fresh bread crumbs are available in many French bakeries.)

(If desired for some garlic flavor, butter may be melted with a clove or two of garlic, then allowed to sit for 15 minutes. Strain and discard garlic clove.)

Top casserole with bread crumbs, distributing evenly. Bake at 350 F for 20 minutes or until bubbling.

SHELL PASTA WITH SALMON AND AGED JACK CHEESE

- ½ pound shell-shaped pasta
- 2 cups cream sauce
- 1½ cups shredded aged Jack cheese
- ¼ cup grated imported Parmesan cheese
- Kosher salt and freshly ground pepper, to taste
- Cayenne pepper
- ½ pound salmon fillets
- 2 tablespoons butter or olive oil
- ¼ cup homemade bread crumbs
- 3 tablespoons melted butter

Yields 4 servings

Butter 9-inch round or square baking dish.

Cook noodles in salted, boiling water according to instructions on package. Drain noodles well and transfer to large bowl.

Toss noodles with cream sauce (which need not be heated), both cheeses, salt and freshly ground pepper to taste, and a generous pinch of cayenne.

In small frying pan, saute salmon fillets in 2 tablespoons of butter or olive oil until surface of salmon is crusty but inside remains moist. Break salmon into chunks and fold gently into noodle mixture.

Mound mixture into baking dish. Toss bread crumbs in 3 tablespoons melted butter. Spread crumbs evenly over top of casserole.

Bake at 350 F for 20 minutes or until bubbling.

FARFALLE WITH ROASTED TOMATOES, SMOKED GOUDA CHEESE AND SAUSAGES

- ½ pound farfalle (butterfly-shaped noodles)
- 1½ cups cream sauce
- 2 cups shredded smoked gouda
- ¼ cup grated imported Parmesan cheese
- Kosher salt and freshly

- ground pepper, to taste
- Cayenne pepper
- 4 plum tomatoes, roasted (recipe follows)
- ¼ pound to ½ pound maple link sausage or other small, mild, pre-cooked sausage

Yields 4 servings

Butter 9-inch round or square baking dish.

Cook noodles in salted, boiling water according to instructions on package. Drain noodles well, and transfer to large bowl.

Toss noodles with cream sauce (which need not be heated), both cheeses, salt and pepper to taste and a generous pinch cayenne.

Roast tomatoes, using following recipe, and fold them gently into noodle mixture. Saute sausages and add to mixture, cutting into smaller pieces if desired.

Mound noodle mixture in baking dish. Bake in 350 F oven for 20 minutes or until bubbling.

ROASTED PLUM TOMATOES

- 4 plum tomatoes, quartered
- 3 cloves garlic, peeled and thinly sliced
- 3 bay leaves
- 8 sprigs parsley
- 2 sprigs fresh oregano
- 8 sprigs fresh basil
- ½ teaspoon kosher salt
- ¼ teaspoon fresh cracked black pepper
- ¼ cup balsamic vinegar
- ¼ cup extra-virgin olive oil

Yields 4 servings

Preheat oven to 500 F.

Place tomatoes in single layer in shallow baking dish. Sprinkle with garlic and herbs. Season with salt and pepper and drizzle evenly with vinegar and olive oil.

Roast tomatoes for 8 minutes until they are lightly caramelized but still keep their shape. Remove from oven and cool.

Maureen Clancy is food editor for *The San Diego Union*.



Garden Talk

By C.Z. Guest

Planting flowering shrubs is child's play

The showiest of spring-flowering shrubs also are among the easiest to plant, making landscaping with azaleas an ideal project for parents and children.

There is an azalea to fit every taste. Plant breeders continue to bring to life more colors for the funnel-shape flowers and to expand upon the shapes and sizes of these evergreen or deciduous shrubs.

Because azaleas are available in innumerable colors and sizes, they literally suit almost every landscaping plan. For instance, dwarf varieties grow less than 1 inch tall and are ideal as a low-growing ground cover or in the nooks and crannies of a rock garden. Larger types provide screening or hedging.

Combine year-round beauty with the scents of summer. Evergreen azaleas have handsome foliage that will endure throughout the seasons; the deciduous variety, called "mollis," tends to be very fragrant in bloom.

Given their endless array of colors, azaleas can harmonize with surrounding plants or function as they were bred. Although the typical colors are cool creams, whites, pinks, lavenders, violets, crimsons and deep reds, some hybrids

bloom in unusual hot-yellow and orange.

There also are early-, mid- and late-blooming hybrids, so planting a mix of species will provide a garden filled with flowers and color all season long.

When determining the planting site, keep in mind that these shrubs should be protected from midday heat. So do not plant them on the south or west side of the house unless the area is partially shaded.

A canopy of trees also provides a nice setting for these woodland plants.

GROWING TIDBIT

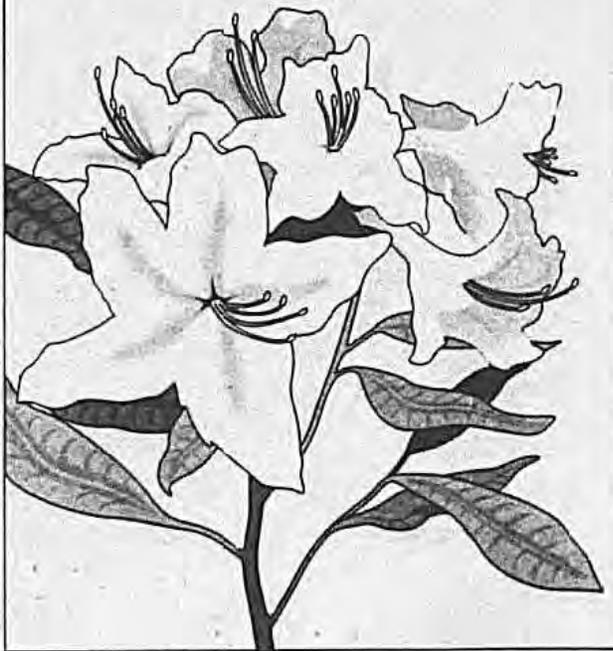
The word "germinate" means to grow or to sprout.

Every viable seed contains a whole tiny plant in embryo form, including the root, stem, food-storing seed leaves, upper stem and true leaves. All these parts must be present or the seed can't develop properly.

Seeds are living things. They're dormant when you buy them and when planted. In nature, they sprout when conditions are right, when there is just enough warmth, moisture and light to break the dormancy and trigger the seed into action.

Easy-growing azaleas

- Dwarf varieties make an ideal low-growing ground cover; larger varieties make good hedges and screens.
- Combine evergreen azaleas for year-round beauty with deciduous varieties for fragrant seasonal blooms.
- Plant early-, mid- and late-blooming azaleas for flowers all season long.
- Avoid planting azaleas on the south or west side of the garden unless the area is partially shaded.



Our Children

By Willard Abraham, Ph.D.



Expert advice on playground safety

Q. I am a school principal and a parent of school-age children, so I am concerned about youngsters' safety for both reasons. My present concern is especially related to playground equipment and the dangers it might involve.

Can you provide some safety guidelines related to such equipment that can help prevent childhood injuries?

I'd be very grateful to you.

A. Gladly, and the professional source I selected for such information is one that is as concerned as you. It is the American Academy of Orthopedic Surgeons.

They have prepared a brochure titled "Play It Safe," which is a guide to playground safety. It is brief, readable and very practical. (I'll tell you how to get a free copy.)

Many parents who are not professionally involved, as you are, also will probably be interested in many of its suggestions.

Its contents include details on the following: prevention of injury, playground surface, equipment installation and maintenance, playground safety guidelines, guidelines for playground design and guidelines for playground maintenance.

Here are some excerpts from their research that show how important their information is:

• "More than 237,000 children under the age of 15 required treatment in hospital emergency rooms in 1990 because of injuries sustained on playgrounds. The cost of the injuries in 1990 is estimated to exceed \$718 million. Many of the injuries were fractured arms, dislocated or fractured shoulders and head and face lacerations."

• Swings, monkey bars, slides, seesaws and other equipment were causes of such injuries.

• When care is taken, playgrounds can offer a safe environment where children can not only have fun, but learn physical and social skills.

To obtain a free copy of this valuable brochure, parents can write to "Play It Safe," P.O. Box 738, Park Ridge, IL 60068. Please

send a self-addressed, stamped business-size envelope with your request. School people and other professionals also may ask about a poster that is available on this subject.

Detailed technical information about playground equipment and design is available in a government publication, "Handbook for Public Playground Safety." To obtain a copy, write to 1991 Playground Equipment Handbook, U.S. Consumer Product Safety Commission, Washington, DC 20207.





Fitness Forum

Study reveals baseball's perfect pitch

By Robert P. Studer

Is the pitcher balanced at the top of the leg kick as he winds up and hurls the ball toward the plate? Is his stride slightly less than body height, and is it straight toward home base?

Those are some of the early signs a baseball coach should watch for in determining if his pitchers are on the way to a winning season — or to the injury roster.

A team of orthopedic surgeons has developed a checklist that allows physicians, therapists, trainers and baseball coaches to evaluate pitching motion and eventually learn more about how to prevent injury among pitchers.

The study, revealed at the annual meeting of the American Academy of Orthopedic Surgeons in Washington, D.C., evaluates 48 major-league pitchers, such as Nolan Ryan of the Texas Rangers, Roger Clemmons of the Boston Red Sox and Dave Stewart of the Oakland A's. Their style and mechanics of pitching were videotaped and then computerized, allowing the orthopedists to determine a biomechanically correct pitching motion that would not cause injury.

"When studying the 'ideal' pitching motion, we were able to determine critical areas to which coaches must pay attention in order to help their players avoid injury," explained Joel P. Bramhall, M.D., an orthopedic surgeon and Texas A&M University team physician.

"As a result," he said, "we were able to develop a checklist that is clinically applicable to trainers and coaches of teams ranging from Little League to the professional level."

Bramhall and Charles J. Dillman, Ph.D., deputy executive director for programs of the U.S. Olympic Committee and a consultant to the American Sports Medicine Institute, co-authored the study.

The checklist is divided into four areas of pitching motion: windup, stride, delivery and follow-through. All should be evaluated to determine if a pitcher's style could lead to injury, they said. While watching the pitchers, coaches must follow the checklist and answer each question according to the way the pitcher is throwing the baseball.

Each question, the study authors said, contains several options, but only one or two selections are considered correct in determining the "ideal" pitching motion.



Fitness Forum

THE HEALTHY GOURMET



Fresh asparagus is year-round treat

By Kit Saedaker

Once upon a time no one honestly could say it was spring until asparagus suddenly appeared in supermarkets. Today, since asparagus comes up from Chile in the off-season, it is almost a year-round vegetable.

Pricy even at peak season, asparagus equals caviar when hand-grown and white. Don't even look for it. I've only seen fresh white asparagus in European markets and had to put on dark glasses to read the price.

Some people like thick stalks, some pencil-thin. I can't see any difference in flavor between the two. Either way, peel if it's especially sandy or going into a raw asparagus salad and don't if it's going to be cooked.

The freshest stalks have tightly budded heads. To keep them that way, refrigerate the stalks standing in a glass of water, like cut flowers, in the refrigerator.

Every year I serve the first batch of asparagus steamed with just a squeeze of lemon juice. After that, it's asparagus baked, fried, blanched for salad and raw among the crudites.

Here are some recent developments:

LEMONED ASPARAGUS

- 1 pound asparagus
- 2 tablespoons olive oil
- 1 small onion, finely chopped
- 1 clove garlic, peeled
- 2 tablespoons white wine or wine vinegar
- 1 tablespoon lemon juice
- Freshly ground pepper

Yields 4 to 6 servings. Each serving has about 50 calories, 3 grams fat, no cholesterol and 3 milligrams sodium.

Wash asparagus. Peel if skin is especially tough or sandy. Snap off bottom of each stem at place it snaps. Put asparagus in old coffee pot or deep kettle with water halfway up stalk and steam until tender, about 10 to 15 minutes depending on thickness of stalks.

HEALTHY GOURMET



Meanwhile, put olive oil in small saucepan over medium heat and add onion and garlic. Saute until transparent and add wine or vinegar. Continue cooking for another 5 minutes to burn off alcohol. Remove from heat and whisk in lemon juice and pepper. Pour over each serving of steamed asparagus.

ASPARAGUS SALAD

- 3 medium to thick stalks of asparagus, bottoms snapped off and cut into bite-size pieces
- 1 patty pan squash cut into strips
- ½ cup cauliflower florets
- ½ cup broccoli florets
- 1 carrot, cut in coins or on diagonal
- 2½ teaspoons olive, walnut or avocado oil
- 1 teaspoon finely chopped

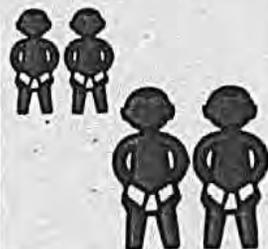
HEALTH WATCH

Childbirth and the poor

Growing numbers of babies are being born to women living below the poverty level.



One in four American babies will be born into poverty.



Two in four black babies will be born into poverty.

SOURCE: Census Bureau

- green onion
- ½ red onion, sliced in thin rings
- 1½ teaspoon balsamic or wine vinegar

Yields 4 to 6 servings. Each serving has about 50 calories, 3 grams fat, no cholesterol and 9 milligrams sodium.

Put large saucepan of water on stove and bring to boil. Add asparagus, patty pan, cauliflower, broccoli and carrot. Cook for 3 minutes until blanched. Drain and rinse under cold water to stop cooking. Put oil and green onion in bowl and add blanched vegetables and sliced onion and toss. Cover and refrigerate for at least 2 hours. At serving time stir in vinegar and toss again.

BAKED ASPARAGUS

- 1 pound asparagus, tough bottoms snapped off
- 2½ tablespoons grated Parmesan cheese
- 1½ tablespoons bread crumbs
- 1 tablespoon unsalted margarine

Yields 4 to 6 servings. Each serving has about 40 calories, 2 grams fat, 3 milligrams cholesterol and 65 milligrams sodium.

Preheat oven to 450 F. Arrange asparagus in 9-inch rectangular baking pan that has been oiled or sprayed with non-stick coating. Sprinkle with cheese and bread crumbs and dot with margarine. Bake until asparagus is barely tender, 10 to 15 minutes depending on thickness of stalks.



By Kit Suedaker

Mashed potatoes are mealtime stars

Mashed potatoes are not only back, they are big time. Joel Robuchon, the most celebrated three-star chef in France at the moment, serves them with everything. Parisians adore them, and chefs from Australia to Austria are putting them on the menu.

Usually mashed potatoes owe their popularity to an unholy amount of butter and sour cream. Some cooks even add heavy cream, making them a smooth, creamy fat conveyor. But they really don't have to be that lethal. Judicious amounts of skim milk, low-sodium margarine work just as well.

This sudden spurt in popularity of mashed potatoes brought other potato recipes out of hiding. Potatoes, cooks realized, are filling comfort food, good escorts for anything, and well within a dietary budget. Here they are not only mashed, but baked with broccoli or cut into sticks. All taste as good as they sound.

GARLIC MASHED POTATOES

- 2 large heads garlic
- Non-stick spray
- 3 pounds russet potatoes, peeled and quartered
- 1/2 cup warm evaporated skim milk
- 1 tablespoon low-sodium margarine

Yields 6 to 8 servings.

Each serving has about 170 calories, 2 grams fat, 1 milligram cholesterol and 50 milligrams sodium.

Put garlic in baking pan coated with non-stick spray and bake in an oven preheated to 450 F about 45 minutes. Garlic should be soft to the touch. Cool.

Put potatoes in large saucepan with enough water to cover. Cover and bring to boil over high heat. Reduce flame and boil gently until potatoes are tender (about 20 to 25 minutes).

Cut garlic heads in half crosswise and squeeze soft garlic from peel into large bowl of an electric beater. Beat until smooth. Add hot potatoes, milk and margarine. Beat until smooth. Season to taste and serve.

BAKED POTATOES WITH BROCCOLI SAUCE

- 6 baking potatoes
- 1/2 cup non-fat yogurt
- 3 tablespoons minced onion
- Salt and pepper to taste (pinch)
- 5 cups (about 2 pounds) broccoli
- 2 teaspoons low-sodium margarine
- 2 tablespoons cornstarch
- 1 tablespoon cold water
- 1/2 cup low-sodium chicken broth
- 1/2 cup non-fat milk

- 1/4 cup low-fat Cheddar cheese
- Pinch paprika

Yields 6 servings.

Each serving has about 350 calories, 4 grams fat, 1 milligrams cholesterol and 225 milligrams sodium.

Put potatoes in 475 F oven. Bake until tender, about 45 minutes. When cool enough to handle, cut a strip from top of each and scoop out pulp. Don't puncture shells. Put pulp, yogurt, minced onion, salt and pepper in bowl and beat with an electric beater until smooth and fluffy. Spoon into shells and bake at 475 F for 20 minutes or until heated through.

Put broccoli in saucepan. Add water to cover and cook until tender but crisp.

Melt margarine in saucepan over low heat. Dissolve cornstarch in water and add to margarine, stirring until smooth. Cook 1 minute, stirring. Gradually add chicken broth and milk, cook over medium heat until mixture is thickened and bubbly. Add cheese, stir until cheese melts. Stir in broccoli and cook over low heat until thoroughly heated.

Spoon this mixture over hot potatoes, dividing it equally. Sprinkle with paprika and serve.

POTATO STICKS

- 4 russet potatoes (about 1 1/4 pounds)
- 1/2 teaspoon cumin
- Pinch red pepper (optional)
- Non-stick spray

Yields 4 servings.

Each serving has about 140 calories, 1 gram fat, no cholesterol and 14 milligrams sodium.

Quarter unpeeled potatoes lengthwise. Mix cumin and red pepper, if used. Spray baking pan with non-stick spray. Put potatoes in pan, cut side up in one layer. Spray top with non-stick spray and sprinkle with spice mixture. Bake, uncovered in an oven preheated to 400 F for about 1 hour or until potatoes are brown and tender. Season to taste and serve.

HEALTHY GOURMET



DISCOVERY

Joint replacements

More than a half million joint replacements are performed annually in the United States. Improved procedures and materials allow artificial joints to commonly last 20 years or more.

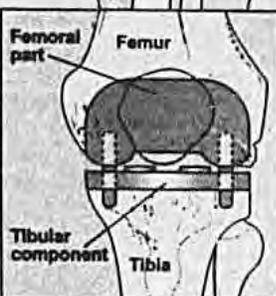
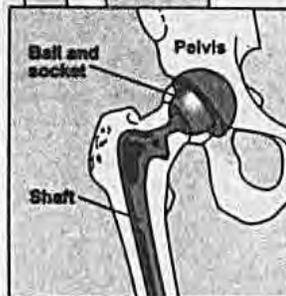
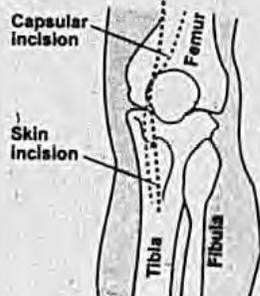
Hip replacement

■ 204,000 are performed per year.



Knee replacement

■ 190,000 are performed per year.



SOURCE: AMA Encyclopedia of Medicine

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Medicare & Medicaid Assistance Provided
PRI'S and SCREENS

SENIOR PLACEMENT SERVICES

Herricks Community Center
999 Herricks Road
New Hyde Park, N.Y. 11040

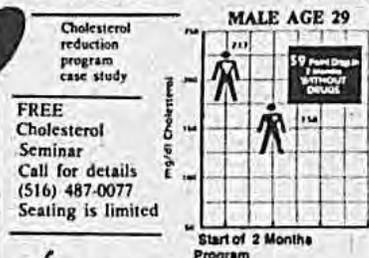
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Here's How

By Gene Gory.



Q. We have dark paneling in a lower-level recreation room. The paneling is much too dark for this area, which gets little natural light. I am not up to a major project in stripping and refinishing the existing paneling.

However, I would consider installation of new paneling. Is it possible to install new paneling over the old, or must I remove this before I proceed? Any suggestions would be appreciated.

A. It's easy to panel on top of the old paneling, according to Georgia-Pacific Corp., one of the nation's major producers and distributors of paneling. However, the installation is slightly different, and Georgia-Pacific recommends the following tips when working with paneling:

First, re-nail or glue any loose

joints or warped sections on the existing paneling. Next, clean the old paneling with warm water and a mild detergent. Let dry, then rough up the surface with a medium-grit sandpaper to help the panel adhesive adhere to the old surface.

Use the old paneling as a pattern for laying out and cutting the size. The new paneling should be attached with both panel adhesive and color matched paneling nails. Carefully remove and label each piece of molding (so you can properly replace it).

When working around windows and doorways, butt thin paneling flush to the molding. Then cover the seam with small molding, such as quarter-round or lattice painted to match. To accommodate the thickness around light switches

and outlets, raise the outlets by adding outlet box extensions.

Q. I have inherited several serving pieces of pewter that were stored in a garage for a long period. These pieces are badly blackened and have not cleaned up well with ordinary polishers. I also have tried oil and rottenstone paste. Do you have any suggestions on how to restore these pieces?

A. Try rubbing with 00 steel wool dipped in olive oil to prevent scratching the surface. If the pewter has a brownish scale, rather than a really blackened appearance, soak the pieces in a strong lye solution. (Anything with wooden knobs or handles, and some foreign-made pieces that are of less quality, should not be treated this way.)

Cover items completely, allowing to remain about 15 minutes; then remove with tongs, rinse carefully and scrub with a soft brush. Then polish the pieces with a commercial pewter polish. Or you can use a paste made of rottenstone and salad oil to achieve a mellow, antique glow. For mirror-bright pewter, polish with rottenstone moistened with rubbing al-

cohol.

Q. The interior walls of a family-room addition are painted cinderblock. The surface is very uneven. I would like to change the look of this, perhaps with wallpaper. Is this feasible over a rough surface?

A. To effectively wallpaper over the cinderblock you will need to first apply a wall lining. Standard wall-liners, similar in color and texture to the interfacing material used to stiffen shirt collars and cuffs, are made of strong polyester fabric. They will adhere to cement block, evening out mortar lines and roughness, and even cover stucco, bridging cracks and other cavities.

There are some newer wall-liners that come in different textures that already have a finished look which can be left natural or painted, thus eliminating the need for application of another wallpaper covering. These products are sold under a variety of names, check your local wallpaper dealer. Before you use a wall-liner, be sure and seal the cinderblock with a quality masonry primer.

Decor Score

By Rose Bennett Gilbert



Q: We're thinking of turning a small bedroom adjacent to the master bedroom into a combination bath and exercise room. Besides a whirlpool tub for two, the thing I really want is a fireplace. My husband says forget it, it's not practical. What do you think? H.K.

A: I think you'd adore the fireplace. The double whirlpool is the thing I'd reconsider. Interior designers all over the country these days are reporting chronic disuse of giant-size whirlpools. The reason is simple: In our time-pressed and environmentally distressed world of the 90's, those big tubs take too long to fill, use too much water, and require too much synchronization from couples who're too busy with their own agendas to schedule a tandem soak.

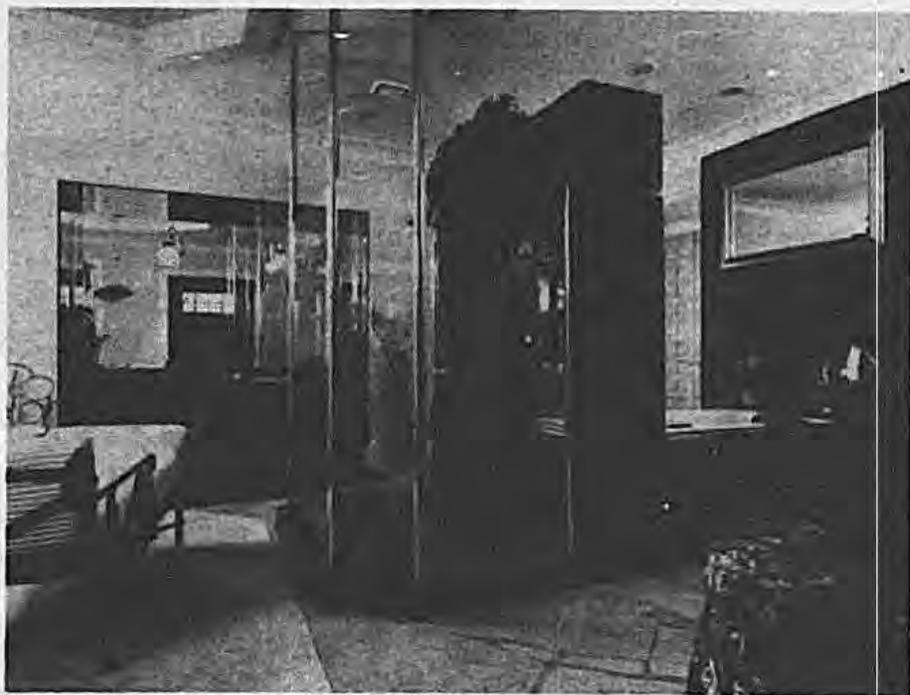
A fireplace for two (rooms, that is) makes great sense if you're remodeling. The sybaritic bath we show here features a fireplace that opens to the master bedroom on the other side, simultaneously warming the view from the whirlpool on the other. This no-holds-barred-on-the-luxury bath was designed for a Masco showhome in Las Vegas, land of the grand gesture, by Vivian and Rick Miller of Miller and Jedrzewski. Among their other ideas that are offer inspiration:

• The all-glass, oversize Huppe shower "room" is much less

space-filling than other enclosures.

• The slate floor. An attractive variation on ceramic tile and marble.

• A chaise lounge for total relaxation. Furniture in the bath always takes off the utilitarian edge.



BATH SPLENDOR — Warmed by a fireplace that also faces the bedroom, this at-home spa features a double whirlpool and a glassed-in shower for two.



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Help Wanted

ACTIVE LOCAL REAL ESTATE Office has sales position available. Call Robin Valentine for details at the Valentine Agency. 746-7200. wmy4

NEWSPAPER WRITING Good chance for students, retirees, housewives. Attend local evening meetings, & write articles for local newspapers. Pay is on a per article basis. Some experience helpful, must be reliable. Call 931-0012. wfn

EXPERIENCED BABYSITTER needed for every other Saturday evening or when needed with advanced notice. References 665-2963. gcAp4

SECRETARY, EXPERIENCED Doctor's office. Knowledge of Apple Computer, 1-2 evenings weekly, flexible. Garden City office. Write to Box N, c/o Garden City News, 821 Franklin Ave., Garden City, N.Y. 11530 gcAp1

CHILD CARE / HOUSEKEEPING Live-in, 3 school age boys looking for mature. English-speaking person with driver's license to care for home, help with schoolwork, cook dinner and play while Mom's at work. Mrs. Mack 231-1234 days, 759-0717 evenings. ha3

MATURE RECEPTIONIST FOR very busy Franklin Square podiatric medical office. Flexible hours. P/T 352-4454. gcAp1

BABYSITTER IN OUR Garden City home, 1-2 days a week, experienced & references necessary. 746-2394 after 8 p.m. gcAp3

DOCTOR'S OFFICE MINEOLA, Clerk-typist, P/T, accurate typing skills necessary. Available immediately. Call 248-4488. gca2

Help Wanted

DISCOVER INDEPENDENCE and a great job, F/T and P/T Teller positions available at the following location: Williston Park. Call the branch manager to arrange for an interview. 741-7500. Independence Savings Bank. An EOE-M/F/H/V employer. wAp1

HOUSEKEEPER NEEDED New Hyde Park area every other week. Must have own transportation or use Hillside Ave. bus. Good references. Evenings 747-4362. gcAp3

P/T MINEOLA OFFICE seeks mature person/returnee to job market. Pleasant phone manner, good organizational skills and attention to detail. Flexible hours. Non-smoker. Call 746-8800. gcAp1

YOU'RE INVITED TO A Real Estate Seminar: Hear the economics of Real Estate Sales! Who the industry leaders are! How you can get started! How you can grow in our dynamic industry. You will discover the advantages, opportunities and benefits of becoming successful in selling your way to the top. The Real Estate industry will become the field of the 1990's. Now is the time! You may be the person! Call Today for next available seminar. No cost or obligation, confidentiality maintained. Century 21 Parkville - 294-1900. wjn2

SEEKING CHILD CARE for my four and seven year olds from 3-5:30 p.m., M-F, at my home. Own transportation, non-smoking and references required. Call 747-0680. wAp2

BABYSITTER NEEDED FOR infant 4 days a week, 7:45 a.m.-8 p.m. in our Cathedral Gardens home. Must like dog & cat. Non-smoker only. Call 489-1369. gcAp2

Help Wanted

F/T BABYSITTER NEEDED, 4-5 days, 30-35 hours, 5 month old boy. Great opportunity. Car needed. 921-7377. ha2

MATURE ENGLISH SPEAKING woman wanted 4 days per week from 3-7 or 8 p.m. to care and cook for 9 and 10 year old boys in our Garden city home after school. Own transportation, Non-smoker and excellent references required. Immediate. 328-1118. Leave message. gcAp4

DENTAL CHAIRSIDE ASST wanted. Full time position. Modern high quality, general dental practice. Located in Williston Park. Individual must be experienced, personable and well organized. Please call 294-0637 and leave message. gcAp1

Situation Wanted

GARDEN CITY HOUSE & Office Cleaning Corp. Bonded and insured, serving all Nassau County. We will sparkle clean your house or office with a team of experienced, honest and reliable persons who will be in and out in no time until your heart is contented. Cleaning process is supervised by owners, who are Garden City residents. We use our own cleaning tools and detergents. Call for a free estimate 248-8690, leave message and we will promptly call you. gcAp2

LIVE-IN NANNY AVAILABLE, from June-September. References available. I am mature, responsible & enthusiastic. Salary & hours are flexible and negotiable. Please call Stacey at 629-1436. gcAp1

NURSE'S AIDE WITH experience of hospital rehab & private home wants to work with elderly & sick person. Very kind personality. F/T or P/T. 248-4029. gcAp1

HOUSECLEANING, DAY WORK, Monday-Thursday. References, experience and transportation. 489-5890. gcAp1

HONEST, RELIABLE PERSON seeks position as a companion, housekeeper, babysitting or Part time cleaning. Live-in or out. References available. Call Geneva (718) 856-0576. gcAp1

CHILD CARE AVAILABLE in my Williston Park home. Loving mother with many years of experience. Enriched environment, activities. Full time or part time. Special discount rate for full time. 873-1729. W-Ap3

Situation Wanted

RELIABLE, MATURE WOMAN wishes to babysit or assist elderly person. Experienced & references. 489-9198. gcAp3

HOUSECLEANING AVAILABLE, good references, experienced. Please call after 7:30 p.m. 656-1307. gcAp3

COLLEGE STUDENT AVAILABLE to babysit in your home Mon.-Fri. Garden City & vicinity. Call 437-0137. gcAp3

REFINED, CAPABLE, COMPASSIONATE, honorable Garden City resident with automobile will provide elderly care & companionship full or part time. Live in or out. Also interviewing for future assignments to meet individual family needs. 741-8191. gcAp1

ATTENTION VACATIONERS - WOULD you like to go away and know that your dog or cat is well taken care of? Mature woman who loves animals will give your pet lots of TLC. Fenced in yard. 352-9113. gcm5

CHILD CARE AVAILABLE NYS certified early childhood teacher with master's degree will care for your child in my Mineola Home. Enriched environment. Playmates. Certified program. Excellent extensive references. 747-5350. wAp1

BABYSITTER, GARDEN CITY mother with older children wanting to babysit occasionally in your home, daytime. 248-5896. gca2

WILL BABYSIT YOUR child in my New Hyde Park home, Monday to Friday. References. 516-746-7773. WAp3

COMPANION TO ELDERLY or housecleaning. Call Janet 292-6130. gcAp1

HOUSECLEANING JOB WANTED. Mon.-Fri. Experienced with good references. 294-5475. gcAp1

EXPERIENCED, MATURE, Reliable and Honest Nurse's Aide seeks position taking care of elderly. Non-smoker. Drive. References. 485-6276. wAp2

DEPENDABLE PERSON SEEKING job to take care of elderly, preferably at night. Contact Ethel McLaren at (516) 546-5459. gcAp3

EXPERIENCED BABY SITTER looking for P/T or F/T job. References, own transportation and very responsible. 868-4790. gcAp3

Situations Wanted

HOUSECLEANING AVAILABLE Mon.-Fri., morning and afternoon. Own transportation. Good references. Call 867-0927. gca2

HOUSECLEANER AVAILABLE TO clean houses, apartments and offices, with references. Own transportation. Trustworthy. Please call 747-7988. gca2

HOUSECLEANING JOB WANTED 6 days a week. Experience & Reference. Call anytime 538-2918. gcAp2

LOOKING FOR HOUSECLEANING job 5 days a week. Experience, reference, own transportation. 292-3074. gcAp2

GOOD HOUSECLEANER WITH Experience. Looking for sleep out position. Available immediately. Call (718) 740-3597. gcAp2

IRISH NURSE'S AIDE Available to care for the sick or elderly. Live out. Please call 326-9726. gcAp2

POLISH WOMAN LOOKING for job cleaning houses, housekeeping 4-8 hours per day in Garden City, Stewart Manor, Franklin Square or nearby vicinity. Experienced, references. Call 327-0259. Leave message on tape. gcAp3

COMPANION AVAILABLE FOR People who would feel better not leaving their elderly Mom or Dad alone at night. References at St. Ann's Church. I charge \$6 an hour. 565-5061 leave message. gcAp3

EXPERIENCED CERTIFIED NURSE'S AIDE seeking work to care for elderly or sick person. Own transportation. Call 483-1190. gca2

MATURE, RELIABLE HOUSECLEANER. Experienced and honest with own transportation and references. 867-6963 or 489-7351. gca2

EXPERIENCED POLISH WOMAN looking for a job cleaning houses. Excellent references. Call 794-6202. gcAp2

CHILD CARE AVAILABLE in my Albertson home. Loving mother with years of experience, PT or FT. Excellent references. Special discount rate for full time. 747-1507. wAp2

MALE/MAIL CLERK, conscientious, reliable, experienced, good references. 746-0053. wAp4

CLASSIFIED

Situation Wanted

YOUNG, ENERGETIC HOUSE & office cleaning lady, also will do errands if needed. Own transportation, reliable, reference. Please call me - (718) 592-0000 or (516) 485-6156. gcap4

18 YEAR OLD FRENCH college student seeks position as nanny for children. Available July and August. Anxious to practice English. Responsible, experienced, enthusiastic. Please call Mr. Maurice, evenings, (718) 746-3542. gcap4

HOME HEALTH AIDE with experience will take care of your loved ones. Affordable, reliable. Excellent references. Ask for Rose. 326-2917. gcap4

SUMMER MOTHER'S HELPERS Live-in Europeans ages 18-24 available to care for your children and help with errands, driving, cooking. Carefully screened. Fees average \$145 per week (for minimum 10 week season) including airfare, insurance, visa, pocket money. Call Debbie Ward at 1-800-727-2437, ext. 6124 for details. gcap4

QUALIFIED NURSING ASSISTANT with experience seeks F/T position to take care of the elderly or handicapped at night. Call 483-5488 weekdays - leave message on machine. gcap4

HOUSECLEANING, EXPERIENCED. References available. Live out. Call 594-0716. gcap4

COLLEGE STUDENT SEEKING mother's helper position, June, July, August. Experienced, references available. 741-3465. gcap4

I AM A YOUNG Christian woman, looking for work as Nurse's Aide or companion to the elderly. Recent references are available. Please call Amanda anytime after 5 p.m. or leave message. (718) 337-2501 gcap3

EXPERIENCED CERTIFIED NURSE'S AIDE seeking position to care for elderly or sick patient. Call 223-6847. Own transportation. gca2

PROFESSIONAL HOME CARE given by Garden City resident. Blood pressure reading, baths, general care. 4 hours a day. Box G, c/o Garden City News, 821 Franklin Ave., Garden City, N.Y. 11530. gcap4

CERTIFIED NURSING ATTENDANT seeks P/T position to take care of the elderly at home or in the hospital, 5-6 hours per day, Mon.-Fri., 9-2 or 10-3. Call anytime (718) 479-2055. gcap4

HOUSE & OFFICE CLEANING Available. Good references, reliable, own transportation from only \$35. (718) 592-0000 or (516) 485-6156. gcap4

GRANDPARENTS - Send in your grandchildren's photos and enter our "World's Most Beautiful Grandchildren" contest. 931-0017.

Real Estate for Sale

ALBERTSON/ROSLYN HTS. Adult Condo - 1 BR, living/dining area, 1 1/2 baths, 4 closets, own laundry & storage rm. Indoor parking, terrace, walk to all. 6 yrs. old. Asking \$169,000. Owner. 747-4221. gcap2

GARDEN CITY 1 BR Condo, Tudor Gardens. Mod. EIK & bath, A/C. Walk to all. Low, low maintenance \$160's by owner. 742-8342. gcap4

EAST WILLISTON - MAGNIFICENT Robbins Hill Colonial on 90' x 175' property. 3/4 BR's, 2 1/2 baths, large EIK, banquet DR, LR/marble flr, sunny den, fin. basement. Separate playroom. Central A/C. Low taxes. Loaded with charm. Mint cond. \$500's. 294-8357. Owner. wapl

SOUTHOLD, FIRST HOME or retirement Ranch. Private beach community. LR/sliding doors to screened porch, 3 BRs, 1 1/2 baths, EIK, den, attached garage. \$185,000. Call 477-2051. gcap1

GARDEN CITY ESTATES Large CH Colonial, 100x150, quality home, extended back, oversized rms., 4 BRs, 3 tiled baths, 2 flrs, den, patio, hardwood floors, circular drive. Walk to RR, etc. \$555,000. Principals 248-4963. gcap2

GARDEN CITY ESTATES Delightfully charming English Cottage 4 BRs, 2 baths second floor, LR/FPL, den, Formal DR, large EIK, 1/2 bath & screened porch first floor, Asking \$300's principals 378-3802. gcmY3

REDUCED: LEGAL TWO family. Mineola Park section. 3 BR & 2 BR apts. New kit., flr, fin. bsmt., detached garage. 50x100. Excellent condition. Asking \$230's. Call owner. 748-3141. wap4

GARDEN CITY CAPE. 4 BRs, 2 full baths, large EIK, fin. bsmt., private backyard. Property 60x100. By owner. \$230,000. Low taxes 747-3667. gcap4

CUTCHOGUE/NASSAU POINT. Magnificent waterfront estate on 3 ultra private acres. 6 BRs, 3 1/2 baths, large LR/fpl, FDR with cathedral ceiling. Huge game room, den, kit with pantry, breakfast rm., laundry rm., 2 car garage, 4 patios & gazebo. Spectacular gardens & grounds with panoramic views of Peconic Bay & dazzling sunsets. Principals only. \$850,000. 427-3623. gcap1

SOUTHOLD, RETIREMENT OR first home. Ranch, private beach community. LR/sliding doors to screened porch. 3 BRs, 1 1/2 baths, EIK, den, attached garage. \$185,000. Call 477-2051. gcap1

GARDEN CITY WESTERN Split 3 BRs, 2 1/2 baths, EIK, FDR, large LR/fpl, den with sliders to patio, bsmt., 2 car garage. Walk to RR. Owner. \$329,000. After 6 p.m. - 488-1922. gcap4

Real Estate for Sale

GARDEN CITY WESTERN Colonial. 3/4 BRs, 1 1/2 baths, LR/fpl, FDR, EIK with sliders to deck, rec. rm., low taxes. Principals only. \$279,000. 354-0544. gcap4

GARDEN CITY COUNTRY Life area. Barnes built true Center hall Colonial. Brick/cedar. Mint 3 BRs, 1 1/2 baths, LR, FDR, cedar & brick fam. rm/fpl, cathedral ceiling, skylights, cedar wrap around deck, new kit, oak floors throughout. Just reduced to \$325,000. Principals only. 878-0336. gcap4

GARDEN CITY BEAUTIFUL spacious home, 80x100, 5 BRs, 3 baths, scr. porch, fin. rec. rm., walk RR. Asking \$316K. By appt. Princ. only. 775-5974. gcap2

GARDEN CITY, 3 BR Colonial, garage, 75x100, landscaped, patio, Willow St. Low taxes \$239K. Principals only. 747-6889 or (508) 896-9217. gcap1

HYPOLUXO, FLORIDA. PALM Beach County. Spacious 2 BR, 2 bath Condo, large screened patio, 10 mins. from ocean. Small pet OK \$59,000. 741-1198. After March 26 407-547-2396. gcap1

WINDEHAM, N.Y. 4 BRs, 2 baths, 2 flrs, appliances, 2 car garage, bsmt, 2 acres with view of slopes. 5 mins. to lift. \$119,500. Days 201-930-1717. Eves 201-391-4848. gcap1

SOUTHOLD, BEAUTIFUL LANDSCAPED Ranch in prime area, wooded surroundings. 3 BRs, 2 1/2 baths, mod. kit., adjacent fam. rm., double flr to LR/dining area, CAC, fin. bsmt., 2 car garage, IGP, carpeted deck, sprinkler system. Walk to resident beach & yacht club. Educated to \$275,000 by owner. 785-9247. gcap1

NEW HYDE PARK Charming mint 4 BR Cape. Possible mother/daughter. Three tiled baths, EIK, 3 private entrances, patio, deck, separate detached 1 1/2 garage. Gas heat. Low maintenance. Excellent condition. Near all. \$239,000. 488-5497. wapl

WEST HEMPSTEAD, NO. of Hempstead Tpke. Fieldstones / alum. Cape. Ideal M/D. 2 BRs on first, full Studio on second with separate entrance, detached 1 1/2 garage, 2 zone gas heat. Large EIK, 1/4 mile Garden City border. Excellent starter home. Owner. \$165,000. 481-7478. gcap1

NEW HYDE PARK Exclusive first showing. Mint 3 BR, 2 bath Colonial, fam. rm with brick flr, center isle ceramic kit. All new windows & siding. \$229,000. Sedacca Realty 747-0020. wapl

GARDEN CITY SPACIOUS Split. 3/4 BRs, 2 baths, cathedral LR, DR, new EIK, den, fin. bsmt., 2 car, fam. home/location. Low taxes/maintenance. \$385K 747-6386. gcap2

Real Estate for Sale

CAPE CORAL, FLORIDA. Waterfront lot, 1/4 acre, direct access to Gulf. Asking \$19,900. Owner-Alex. 746-0440 or 742-5877. wapl

MINT, 3 BR, Western ranch. Walk RR, LR/fpl/dining rm., mod. EIK/skylight, 3 full baths, fin. bsmt with office, playroom, entertainment area & BR suite, laundry & CAC. Principals only. \$365,000; taxes \$4,000. 328-8244. gca2

GARDEN CITY PRIME Estates Section. Immaculate English Tudor. Large LR/stone flr, FDR, large kit/fam. rm., 8 BRs, 2 1/2 baths, 4th BR on 3rd floor - huge rm., fin. bsmt., terrace, gas heat, sprinkler system. Offered by owner at \$470,000. Principals only. 747-3370. gcap2

NORTH FORK BUYERS' Guarantee! Aren't you tired of reading all these wordy weekly ads? Save yourself time & a lot of aggravation by simply calling us to discuss your exact & precise needs. We have the North Fork's largest selection of Real Estate listings & can show you more choices than all the others combined. We guarantee to offer you something to smile about, in one visit & without the nonsense! Try us, today! Celtic Realty, Mattituck. 298-8000. gcap2

MONTAUK, 2 RM CO-OP. One hundred feet from beach. Electric heat/air conditioned. Walk to dining, shopping. Sleeps four. Full kit, cable TV. Must sell. Asking \$40,500. GREAT rental history. 724-5572. gcap2

GARDEN CITY ESTATES. Spacious Oxford Blvd. Colonial. 5 BRs, 4 1/2 baths, LR/fpl, FDR, den, huge mod. EIK, full bsmt., attached 2 car garage, 1/3 acre. Great value at \$795,000. Very flexible owner financing. 248-2450. gcap2

GARDEN CITY DUTCH Colonial. 5 BRs, new EIK & attached fam. rm. Imported tile & oak floors throughout. New vinyl siding with canvas awnings. Fin. bsmt with laundry rm. Second fam. rm on second floor. All this in mint cond. on beautiful Jefferson St. \$389,000. Principals only. 354-5186. gcap2

CUTCHOGUE, ONE ACRE. Walk to beach & sound. Beautiful view. (\$400,000 homes in area). Reduced over \$10,000. Asking \$72,500. Possible financing. Owner. 748-8023. wap2

GARDEN CITY CONTEMP. Custom built front to back split. Cathedral LR/fpl, DR, Mod. kit. 4 BRs, 3 baths (guest area with bath) 50' fam. rm./fpl. Fin bsmt. 2 car attached garage. 150'x100'. \$435,000. Principals only. 248-9814. wap2

GARDEN CITY, BEST buy in Town! Split level home. Owner relocating. Move-in condition, low taxes, aluminum siding, CAC, 3 BRs, 2 baths, full patio, 60x125. Principals only. \$265,000. 746-7281. gcap2

Real Estate for Sale

NASSAU POINT / CUTCHOGUE. Private community with beach & mooring across the street. 3 BR Ranch, 2 baths, large kit, LR/fpl, 2 car attached garage, full attic & basement plus 2 story barn with workshop area & extras. \$260,000. Principals only. 328-3567 & 734-5203. gcap2

MOVING TO FLORIDA? Jupiter Town House - 4 yrs old, 1,650 sq. ft., 3 BRs, 2 1/2 baths, screened porch w/water view, pools, tennis, boat storage available. Many extras. Access to inter-coast. Low taxes. \$118,900. 407-576-2897. gcap2

POCONOS, LAKE VIEW. Lake Wallanpaupack. Mint, prime location. Perfect yr. round retreat, walk to large recreation area with swim & boat docks Great family environment, private. Cathedral ceiling in DR, big stone flr, 4 BRs plus loft, 3 baths, ground floor rec. rm. Large mod. kit., many extras. Must see. Available immediately. Just reduced to \$198,000. Call owner 741-7215 any time. (717) 226-9008. gcap4

GARDEN CITY FIFTEENTH St. area. 4 BRs, 2 1/2 baths, Center Hall Colonial, 1/3 acre, edn. fin. bsmt, screened porch. Walk to RR, 2 car garage. Principals only. Reduced to \$475,000. 878-9720. gcap3

GARDEN CITY BRICK Georgian Colonial. 4 BRs, 3 1/2 baths, extra large LR/fpl, lo library off LR, large EIK next to gracious FDR, screened porch & patio. Recently refinished original oak floors throughout. Fully fin. bsmt. Brand new efficient German made boiler. Central alarm system, 75x150 manicured property with sprinkler system. 2 car detached garage. Low taxes. Must sell by end of June. Best offer in town. \$500,000. Owner. 747-7415. No brokers please. gcap3

NORTH HILLS, ACORN Ponds. Priced to sell. 2 BR, 1 1/2 bath Condo w/w carp., 2 car garage, CAC, DR, southern expo, pool, tennis, skylights, EIK. Immac. \$229K Owner. 681-3985. gcap3

GARDEN CITY WARM Country Cape. Excellent cond., vinyl sided. 3 BRs, LR, DR, EIK, fam. rm/fpl, 2 baths, screened porch, rec. rm. \$325,000. Principals only. 248-9038 before 2 p.m. or after 6 p.m. gcap3

GARDEN CITY, MAGNOLIA Ave. CH Colonial. 4 BRs, 3 1/2 baths, large tree shaded property, LR/fpl, large DR, EIK, playroom & sunporch. All appliances & a/cs, heated 2 car garage. Excellent move in cond. Asking \$395,000. Principals only. 248-4695. gcap3

MUST SEE, SYOSSET North Ranch, cul de sac, newly redecorated. Full fin. bsmt., 4 BRs, 2 1/2 baths, skylite, Franklin stove, goldfish Koi pond. Central air, new H/W boiler, enclosed patio, sprinklers. Principals only. 364-1469. gcap3

Real Estate for Sale

GARDEN CITY 14 yr. old Country Colonial, Central Section. Excellent cond. 5 BRs, 3 1/2 baths, 3 fpl, CAC, Many extras. Call for appointment evenings. Principals only. High \$700's neg. 741-8533. gcsp3

NASSAU POINT. 7/10 acre, magnificent setting, heavily wooded. Near beach & boating. North Fork's most exclusive community. Reduced to \$125,000. Owner 747-0535, 734-7160. gcsp3

ST. MAARTEN, NETHERLAND Antilles. Studio at Pelican Bay Resort & Casino. Third week of Aug. \$6,000 neg. Eves. 877-5035. gcsp3

GARDEN CITY WESTERN Section large brick Cape, LR/fpl, DR, EIK, 4 BRs, 2 baths, deck, sprinklers, oversized corner property. Mint. Walk to all. Must sell. Owner 775-4113 or 212-988-8088. gcsp3

GARDEN CITY ESTATES Section Colonial north of Stewart Ave., 4 BRs, 3 baths, fin. bmt., CAC, gas heat, 2 car garage, 60x110. Asking \$415,000. Principals only. 747-2794. gcsp3

G.C. HEMPSTEAD BORDER CH Colonial. 3 BRs, 1 1/2 baths, LR/fpl, DR, EIK, den, fin. bmt., 2 car garage. Excellent condition, private backyard, 60x100 \$239,000. Principals only. Call evenings 565-4305. gcsp3

SHELTER ISLAND. HAY Beach, wooded acre. Walk to beach & golf. Asking \$115,000. Owner 751-6687. gcsp3

PT. LOOKOUT. CORPORATE transfer. Fabulous home with location. All new everything, enormous chef's kit, loaded, beamed fam. rm., French doors, 2 fpl, bay windows, plus, plus, plus. Won't last. Priced to sell. J.F. Hardenburgh Real Estate 431-2320. gcsp1

MATTITUCK. TWO FOR! one sale. Main house 2 BRs, 2 baths plus separate legal income producing rental 2 BRs, 1 bath. Incredibly priced at \$110,000. Aquebogue. Private beach rights, 3 BRs, 1 1/2 bath. Contemp priced for quick sale, \$138,000. Southold. The perfect renovation! 2 story, 3 BR house with the best of the old & new. Walk to boating & town. Now \$185,000. Orient. Inviting waterfront cottage with country kit, spacious LR, 3 BRs, 2 baths. Charming guest cottage, garage, great views, beach & docks. Yours for just \$369,000. Marilyn Lang Realty 734-6472, 734-6690. gcsp1

SOUTHOLD TOWN. BAYFRONT 5 BRs, 2 baths, LR/fpl, enclosed porch, million dollar views. \$375,000. Motivated seller. Heffernan Real Estate 765-2700. gcsp1

HICKSVILLE. LEGAL MOTHER/Daughter. Mint. LR/fpl, FDR, 4 BRs, 3 full baths, 2 EIK, 1 1/2 car garage. Separate entry bmt apt. Owner. \$185,000. 354-5288. wsp4

Real Estate for Sale

SOUTHOLD. MINT CONDIT-ION. Winter waterview. 4/5 BRs, 2 baths, immaculate home on private road on wooded property in exclusive Horton Point/McCabe's beach area. Fin. heated bmt., many extras. Possible mother/daughter. One block to L.I. Sound. \$249,000. Owner. 765-9279. wsp4

GARDEN CITY WESTERN Colonial. 4 BRs, 1 full & 2 half baths, LR/fpl, FDR, EIK, bmt., garage. Principals only. \$279,000. 488-4868. gcsp4

HELGA CROSBY'S BEST Buy. Have you seen the Doll House? Low \$300's, all brick. St. Joseph's Parish north of Stewart, Estates. Call Helga Frankrich Crosby Studwell Ventures 746-7077 or at home 746-0563. gcsp1

NORTH FORE. MINT Ranch, white, sandy beach, panoramic view, 4 BRs, 2 1/2 baths, LR/fpl, DR, den, EIK, large deck plus buildable lot. Asking \$525,000. Principals only. 747-3947. gcsp4

POINT LOOKOUT. IM-MACULATE Colonial. 4 oversized BRs, spacious LR, banquet DR, wall to wall carpet, lg. EIK, 1 1/2 baths, bright sunporch, 60x100, \$650,000. With adjoining building size lot, 60x100, \$950,000 for package. Principals only. 747-4366. gcsp4

SOUTHOLD LARGE FAMI-LY home. Ideal M/D. 2 yr. young Contemp Ranch. Move in & spread out. EIK, LR/fpl, oversized 2 car garage on 1 acre. \$390,000. Southold. True 2 story Colonial on 1 plus acre. Perfect cond. IGP, landscaped, deeded beach rights. Reduced to \$250,000. Mattituck. Unique architect's Cape. LR/fpl, 4 BRs, IGP on 1/2 acre plus. \$249,500. Southold Creekfront within walking distance of beautiful bay beach. Large expanded Ranch with plenty of room for family & friends. 6 BRs, 3 1/2 baths, LR/fpl, great fam. rm. & deck. Lovely views & sunsets. Outstanding value. \$325,000. Cutchogue. Large Tudor style home with new office addition. 3 BRs, 3 baths, FDR/fpl, 3 zone OHW heat, 1 plus acre, 1/2 block to L.I. Sound. Excellent buy at \$225,000. Southold. Attractive, imaginative home. Fpl, skylight, cathedral ceiling, balcony. Excellent cond. Right of way to L.I. Sound. Just reduced \$225,000. Marion King Real Estate 734-5657. gcsp1

LAUREL COZY COTTAGE. The warmth & charm of this lovely near-beach home will captivate you! 6 bright rooms, 3 BRs, 2 tiled baths, enclosed porch. Fpl, deck, sprinkler system, walk to deeded beach/boating. Ideal vacation or permanent home. Just reduced. See soon! \$164,000. Nassau Point. Luxury waterview home with guest house cottage on 3.5 elevated beautifully wooded acres. Just reduced \$100,000. 7 truly large rms., 3 BRs, 3 1/2 baths, expansion attic, 3 fpls, bmt., double garage, observation decks. A real "steal" for \$495,000. Bookmilller Realty 722-4423. gcsp1

Real Estate for Sale

VICTORIAN LANDMARK HOME. Mint cond., centrally located. Large property, 14 rms., 8 BRs, 4 1/2 baths, 4 fpls, 3 floors, carriage house/barn. For sale by owner 741-8123. Asking \$795,000. gcsp4

TIME SHARING. GUERNEY'S Inn. Montauk. First week in June, waterfront, 2 large rms. Reasonable. 742-4396. gcsp4

GARDEN CITY: CO-OP Studio, prestige address \$75,000. 1 BR Mod. elevated building \$95,000. 1 BR - Walk to all \$111,900. Condo - 3 BR, 2 baths \$398,000. Huhbell & Klapper 747-2900. wsp1

HEMPSTEAD CATHEDRAL GARDENS: Mini-mansion on glorious 1/2 acre. Elegant brick Georgian Colonial, 6 BRs, 3 1/2 classic marble baths plus jacuzzi. Palladium windows, spacious kit, breakfast rm., leaded/stained glass windows. Two fpls, first floor den, study, solarium/deck, fin. bmt., with incompleated steam bath. Dramatic in concept & design. Appraised at one million one. Assumable \$500,000 mortgage. Owner leaving country. \$775,000. On 3/4 flowing acre. SD 27, magnificent 5 BR brick Tudor, three plus two one-half baths, cherry cabinet kit., library, Florida rm., fin bmt., possible professional suite. All fenced back half, 10 x 15 deck, underground sprinklers. Picture perfect. Must sell. \$550,000. Elaine J. Nolan - 485-7054, 292-9749. gcsp1

GARDEN CITY WASHINGTON Ave. Tudor, spacious rms include LR/fpl, DR, den, breakfast rm., mod. kit, pantry, 6 BRs, 4 1/2 baths, large property. Ideal executive home. \$695,000. Owner 747-1917. gcsp4

EAST MARION PEBBLE Beach Farm. Lot for sale across from private beach. Exclusive private community. \$100,000. Owner/broker 437-8825. gcsp4

GARDEN CITY WESTERN Section Colonial, middle of quiet block, 3 BRs, 2 full baths, low taxes. Gas heat. \$259,000. Owner/broker 437-8825. gcsp4

MATTITUCK WATERFRONT COUNTRY retreat with private bay beach. LR/fpl, FDR, den, 2 master BR suites on 1 plus acre. A rare offering \$350,000. Cutchogue/Nassau Point bayfront hilltop estate. 5 BR Colonial, LR/fpl, FDR, 3 acres with separate lot, sandy beach & mooring, panoramic views. \$985,000. Southold. Mint, maintenance free Country Cape features LR/fpl, FDR, EIK, den, Master BR & bath, large deck, water rights, Possible rent with option to buy. \$215,000. Mattituck Waterfront. Immaculate 2 BR, LR/fpl, FDR, EIK, large enclosed porch, plus separate legal guest studio & oversized 2 car garage with deep water dock, 6 ft. low tide, serene views. \$349,000. Burt Lewis Realty 734-5533, 298-4600, 765-5810. gcsp1

Real Estate for Sale

GARDEN CITY EX-CLUSIVES. Spectacular Ranch, fabulous property, golf course view. Expansive LR/fpl, DR, 4 BRs, 2 1/2 baths, super mod. EIK, fam rm, CAC, central vac., 2 car, 1/2 acre. Low \$600's. Owner Financing Contemp for the extended family. 3/4 BRs, 3 1/2 baths, lg. EIK, fam. rm., 2 car, CAC, over 1/4 acre \$400's. Priced to Sell - Garden City South. Stone & siding Colonial, 3 BRs, 1 1/2 baths, lg. EIK, den, Florida rm., 2 car, oversized property. Low \$200's. Vera Atamian 354-1994. gcsp1



MINEOLA - HORTON House, 1 BR, large LR, secure building. Convenient to RR, hospital, stores. Must sell. \$79,000. By owner. 747-8711. gcsp3

GARDEN CITY CO-OP 2 BR second floor unit. Center of Village. One block to LIRR and all shopping. Refinished floors, new windows. owner \$129,900. 873-9469, leave message. gcsp1

FLORAL PARK CO-OP. Large 1 BR, new EIK, new bath. Walk to all, large closets. \$84,900 neg. 775-1353. gcsp1

GARDEN CITY 3 BR Co-op on 7th St. Oversized LR & DR. Fpl, Country EIK, 2 full baths, foyer, A/C, new windows. Walk to RR, shops, schools. Mint condition. Must sell. \$189,000. Call 742-1268. gcsp2

MINEOLA HORTON HOUSE CO-OP: Front apartment, 1 BR, new kitchen, updated bath, loads of closet space, air conditioning. Parking available on and off premises. Maintenance \$491. Principals only. \$99,000. 741-5210. gcsp4

HAMILTON GARDENS. EX-CITING 1 BR Co-op with new custom EIK, plenty of closet space. Available for immediate occupancy. \$100,000. Call now 742-4387. gcsp1

GARDEN CITY LOVELY 1 BR Co-op. Excellent location. Walk to all. A must see with lots of extras. \$80,000. Days 718-641-4945; evenings 516-741-8894. gcsp1

GARDEN CITY CHERRY Valley. Mint 2nd floor, 2 BRs, new kit, bath/carpet. Private corner, large garden. Maintenance 81% deductible. \$119,000. 742-8659. gcsp2

GARDEN CITY CHERRY Valley - 2 BRs, second floor, new EIK, central A/C, walk to RR. \$115,000. 747-8850 or 747-1771. gcsp1

ROCKVILLE CENTRE. BRIGHT & charming spacious 1 BR, mod. bath & kit. Walk to all. Owner anxious. Call evenings 763-2652. Asking \$79,900. gcsp2

Real Estate for Sale

GARDEN CITY - BEAUTI-FULLY renovated large designer Co-Op. 3 BRs, 2 Baths, large LR/FPL, FDR, EIK, walk in closet, 3 exposures, A/C. Walk up. Quiet, best location, walk RR. Buy/rent/option. Principals. 877-2847. gcsp1

MINEOLA - GARDEN PLAZA Madison II Desirable building, first floor, large 1 BR, new kitchen and bath, 24 hour security. Walk to RR. \$103,000. Owner 746-4763. gcsp4

GARDEN CITY, SAT., April 4, 1-3 P.M., 256 -B2- Cherry Valley Ave., Garden Co-op, new kitchen, LR, Dr, Br, full bath, updated. Must sacrifice. \$74K Century 21 Maridon (516) 488-6500 gcsp1

SUNDAY, APRIL 5, 12-5, 129 Second Street (H3) Garden City. Large 1 BR, separate DR, Euro style EIK, renovated throughout, hardwood floors, quiet corner. \$99K 747-3607 gcsp1

GARDEN CITY CHERRY Valley. Mint 2nd floor, 2 BRs, new kit, bath/carpet. Private corner, large garden. Maintenance 81% deductible. \$119,000. 742-8659. gcsp2

GARDEN CITY - BEAUTI-FULLY renovated large designer Co-Op. 3 BRs, 2 Baths, large LR/FPL, FDR, EIK, walk in closet, 3 exposures, A/C. Walk up. Quiet, best location, walk RR. Buy/rent/option. Principals. 877-2547. gcsp1

MINEOLA. LARGE 1 BR Co-op overlooking courtyard. New kit, new bath with whirlpool tub, custom closets. Low \$100's Ask for Christine, Rummel R.E. 746-5320. wsp2

MANHATTAN APT. 34th & Park Ave. Elegant Park Ave. Contemp, luxury building, 24 hr. elevator & concierge, washer/dryer in building. Furnishings optional. Maintenance \$377. Asking \$99,000. Owner 716-728-6104. gcsp4

LYNBROOK - MAG-NIFICENT 1 BR Co-op. Move-in cond., mod. EIK, dishwasher, W/W, low maintenance. Convenient to all A/C, lots of closets. Must see. \$75,000. Owner. 599-7336. gcsp4

CORNER GARDEN 2 BR Apartment in Garden City. 3 exposures, CAC, updated kit. Ideal for commuters, retirees or young starters. Taxbreak. \$101,000. neg. 223-7760. gcsp3

STEWART AVE. BEST Apartment in town. Available for sale or lease. 3 BR, 2 bath, FDR, LR/fpl. Maintenance \$990/mo. 70% tax deductible. Asking \$235,000 or rent \$2,000 per month. weekdays 212-41-7887; eves & weekends 516-746-4165. gcsp3

GARDEN CITY / CATHEDRAL Gardens spacious, sunny, renovated 1 BR, EIK, large LR, dining area, full bath, new paint, wallpaper, mirrored closets, spotless. Owner relocate \$59,000. Large tax rebate 483-1974. gcsp3

Real Estate for Sale

GARDEN CITY CHERRY
Valley, 1 BR Co-op, First floor.
Walk to LIRR & stores.
\$82,000. Principals only.
294-9556. gcap3

GARDEN CITY CHERRY
Valley - 2 BRS, second floor,
new EIK, central A/C, walk to
RR. \$115,000. 747-8850 or
747-1771. gcap1

Real Estate For Rent

GARDEN CITY UNFUR-
NISHED room. Share kitchen,
laundry, living/dining areas.
Near all transportation. Profes-
sional or business person.
References 437-8001 or
747-6420. gcap1

NORTH BELLMORE, 2 rms.,
full bath, 1 BR, kit/LR combo.
Near all. No pets or children.
\$600 all. 785-3374. gcap1

WEST HEMPSTEAD, 2 large
rms., full bath, utility kit,
private entrance, upstairs, all
wood floors, freshly painted,
A/C, furnished or unfurnished,
utilities included. Widewood sec-
tion, near all. \$600. 486-2427 or
486-1848. gcap1

GARDEN CITY - Cherry Val-
ley, 1 BR, first floor, corner
unit. Excellent condition, walk
to wall carpeting. Available
April 1, \$895 per month plus
electric 248-1878. gcap1

WILLISTON PARK - APT. for
Rent: 2nd floor, separate
entrance, legal two family. 1
BR, LR/kit, plus finished un-
heated attic loft area. April 1st
occupancy. \$750 a month in-
cludes heat. 741-5059. wapl

ALBERTSON - SPEC-
TACULAR first floor of house,
2 BRs, EIK, LR & Playroom,
washer & dryer. Use of yard,
furnished or not, includes all
utilities and heat. \$1400.
Sedacca Realty, 747-0020.

MINEOLA & VICINITY - 1
BR, EIK, LR, walk to all. \$650.
Immediate occupancy in 2 BRs
first floor, all new \$775; 2 BRs
second floor, terrace. \$650.
Sedacca Realty, 747-0020.

HONEYMOON COTTAGE - 3
rooms on 1/2 acre, perfect for 1 or
2 working people only. Im-
mediate occupancy. \$650 per
month. No pets. Call owner
579-4186. gcap1

WILLISTON PARK, LARGE
5 rm. apartment. 2 BRs, EIK,
LR, DR, heat & hot water in-
cluded. \$1,100. By owner.
294-5809. gcap2

FLORAL PARK, 60 Plainfield
Ave. Freshly painted 1 BR apt.
Large LR, recently renovated
kit. Rent stabilized, 1 year lease
\$774.30 per month, 2 year lease
\$766.09 per month. No fee.
Owner 638-0767. gcap2

ASTORIA, 31-16 BROAD-
WAY. Large 6 rm. Apt. Ideal for
3-5 singles to share. One block
to subway; 12 minutes to 69th
St., Manhattan. \$1,100 per
month. Also 3 rm. apt. ideal for
a couple \$750 per month. No
fee. Owner. 538-0767. gcap2

Real Estate For Rent

GARDEN CITY BORDER 1
BR & den in luxury apartment
building. New kitchen & bath,
large rooms, A/C. No fee. \$825.
489-3010 or after 6 p.m. 354-
6982. gcap1

FLORAL PARK GARDEN
Apt. 2 1/2 rms. Prime area.
Modern, newly painted, garage
plus parking, storage use of
yard. Near all shopping &
transportation, LIRR. \$785
month. 354-2926 even-
ings. gcap2

GARDEN CITY, STUDIO
with wall to wall carpeting, lots
of closets with own private
entrance, mosaic tiled
bathroom & off street parking
available. Very private, quiet
mature, non-smoker preferred.
References/security, walk to
RR, bus, stores \$525.
328-1212. gcap1

STEWART MANOR APART-
MENT. Large, bright 1 BR
bamt. apartment. No panelling
or stucco here! Washer & dryer,
walk to two rr stations. Con-
venient to all. Ample parking.
Large closets, extra storage.
Full bath, fully carpeted.
Private entrance. \$590. 775-
4256. Leave message. hal

GARDEN CITY 3 BR Co-op on
7th St. Oversized LR & DR, fpl,
Country EIK, 2 full baths,
foyer, A/C, new windows. Walk
to RR, shops, schools, Mint
cond. \$1,800 per month with op-
tion to buy. 742-1268. gcap2

GARDEN CITY & VICINITY:
House - Adelphi section, 3 BRS.,
Salt-box, 2 baths, fpl., 2 car,
security, sprinklers.
Immediate. \$2,250
Estate Section: 3 BR, Split,
2 1/2 baths, 2 car, near Stratford
School. \$2,300.
Apt. Center of Village - Spa-
cious 2 BR., immediate
occupancy. \$1470.
On Garden City Line -
Hempstead: Large spacious
studio, elevator bldg. 675.
Elaine J. Nolan 485-7054 -
292-9749 W-M-4

ROSLYN HEIGHTS.
PRIVATE home. 2 BRs, LR,
EIK, deck, A/C. \$950 including
heat. 621-1500. gcap4

GARDEN CITY: 3 BR
Colonial, vacant - \$1400. 3 BR
Mott - \$2,300. 5 BR Estates -
\$2,500. 3 BR 2 bath apt. \$2,000.
1 BR available 4/1 \$895. 2 BR
available 5/15. - \$1,250 - Hub-
bell & Klapper 747-
2900. gcap1

WILLISTON PARK, FOR
rent large 1 BR apt. Close to all.
2nd floor. May 1 occupancy.
\$750 includes heat -
294-8897. wapl

BELLEROSE, 1 BR, LR & kit
combo. Full bath, private
entrance, newly painted. No
pets. Rent \$575 includes all.
626-3292. wapl

PERFECT FOR GRACIOUS
entertaining. Spacious Tudor
on large plot. Oversized sunken
LR/fpl, large DR/fpl, Florida
rm., 4 1/2 BRS, 5 1/2 baths, fin.
bamt. Grounds & security sys-
tem maintained by owner.
\$3,500 month 742-5149. gcap4

Real Estate For Rent

CHERRY VALLEY APART-
MENT, first floor, 1 BR,
modern kitchen. Available July
1 \$850 per month, 2 months
security, 2 years lease. 293-
3768. gcap3

WEST HEMPSTEAD 5 room
second floor apartment in a
private house. Convenient to
all. (516)486-5729. gcap3

GARDEN CITY CHERRY
VALLEY 1 BR, newly re-
furnished apartment. Charming
location. Available May 1. \$900
with option to buy. Days (516)
742-5577, Eves (516) 877-
0133. gcap3

WILLISTON PARK - FUR-
NISHED 1 BR., bright & spa-
cious. Separate entrance. Full
bath, hot plate, close to stores
and LIRR. Ideal for single.
Reasonable rate. Call Linda
516-873-1729. W-Ap-3

GARDEN CITY SOUTH
-Newly decorated, 3 room apart-
ment. A quiet residential area.
Close to all transportation &
shopping. Private entrance.
Non-smoker preferred. 1675 in-
cludes all. 483-6382 W-Ap3

GARDEN CITY ROOM for
rent. Non-smoker, private
entrance, appliances available,
walk to station, share bath.
\$500. 742-7706 GCAP3

GARDEN CITY - HEMP-
STEAD Cathedral Gardens.
Large renovated 2 BR., bright,
airy, best in complex. Dish-
washer, wall to wall. By owner.
565-3159 \$975. gcap4

WEST HEMPSTEAD - NAS-
SAU Blvd. Hi Ranch, 4 rms., 1
BR, walk-in-closet, wall to wall
carpet, full bath, own thermost-
at. Working couple or single.
No pets. \$750 includes utilities.
483-0168. gcap4

FLORAL PARK CREST, 2 BR
upstairs apartment in private
home. \$875. Gas & heat in-
cluded. 746-1776. gcap4

Vacation Rental

SANIBEL ISLAND
FLORIDA - Tropical paradise,
lush unspoiled setting,
southern Florida Gulf coast.
Sundial Beach & Tennis
Resort, 2,000 foot beach, 5
pools, jacuzzi. 13 soft/tennis
courts, golf, fishing, boat/bike
rentals, miles of bike/jogging
paths, supervised children's ac-
tivities available, gourmet res-
taurants at resort and
throughout island, superb shop-
ping, world famous shelling, 35
minutes to Ft. Myers jetport.
Complete gulf front, posh resort.
Just right for various activities
or just plain relaxation. One,
two and 2 BR plus den condos
with full kitchens. Rent daily,
weekly, etc. Reasonable. 746-
2211, 326-7711. gcap2

HAMPTON BAYS, NEW Co-
op overlooking Shinnecock
Canal, one block from beach,
dockage, boating, swimming,
fishing, dishwasher,
microwave, washer/dryer, cable
& jacuzzi. Call 776-5943 or
723-0312. hap4

Vacation Rental

MT. SNOW/HAYSTACK
Large fully equipped 4 BRs plus
loft, 2 1/2 baths with color TV,
VCR, microwave. Available by
the week or weekend. Beautiful
views, lots of privacy, heated
garage. Call 466-6120. gcap3

SHELTER ISLAND
MODERN Ranch set on 1 acre
with waterview, 3 BR, 2 Bath,
full kitchen with dishwasher,
washer/dryer. Fpl, full deck,
100 yards to life guard attended
beach. Bright, sunny, breezy.
Perfect for family with children.
Memorial Day - Labor Day
\$8,000. 746-3358. gcap4

SOUTHOLD COUNTRY
Home. 3BR, fully equipped,
large, screened porch. Walk
private beach. Washer/dryer,
cable, immaculate. \$1300
monthly, May, June Sept.
\$1800 for Aug. 334-0196. gcap2

PUERTO RICO, ISLA Verde.
Beautiful 2 Br Condo ocean
front panoramic view. Next to
ESJ Hotel. Weekly/monthly
809-791-6629. gcap1

POCONOS, 3 BR Ranch in
lake community. Swimming,
tennis & vacation activities.
House spotless, washer/dryer,
microwave, 2 decks, fpl. Walk to
lake, horseback riding, quality
restaurants & shops nearby.
\$350 a week. 379-8447. gcap1

EAST MARION BAYFRONT.
Prestigious 5 BR, 3 bath, 100 ft.
private beach with spectacular
views. Available May, June,
July & Sept. Reduced rates off
season. Call 437-3333 or
477-1113. gcap1

SOUTHAMPTON, BAYVIEW
OAKS. 3 BRs, 1 1/2 baths, fpl,
private beach. \$8,500. Noyac. 3
BRs, 3 full baths, fpl, plus
Studio, decks, private beach. All
amenities. \$12,500 season.
747-6392. gcap1

PUERTO RICO, ISLA Verde.
Beautiful 2 Br Condo ocean
front panoramic view. Next to
ESJ Hotel. Weekly/monthly
809-791-6629. gcap1

POCONOS, 3 BR Ranch in
lake community. Swimming,
tennis & vacation activities.
House spotless, washer/dryer,
microwave, 2 decks, fpl. Walk to
lake, horseback riding, quality
restaurants & shops nearby.
\$350 a week. 379-8447. gcap1

MARCOS ISLAND,
FLORIDA. French Village, 2
BR, 2 bath Condo. Steps to Gulf.
Week/month. Great rates.
Owner. 713-362-6798. wapl

EAST MARION BAYFRONT.
Prestigious 5 BR, 3 bath, 100 ft.
private beach with spectacular
views. Available May, June,
July & Sept. Reduced rates off
season. Call 437-3333 or
477-1113. gcap1

NORTH FORK SUMMER
Rentals: Seasonal/monthly.
Enjoy the splendor of
soundfront/bayfront properties
offering spectacular views &
private beach. "The best proper-
ties from shore to shore". Call
Community Rentals
298-9300. gcap2

Vacation Rental

SOUTHAMPTON, BAYVIEW
OAKS. 3 BRs, 1 1/2 baths, fpl,
private beach. \$8,500. Noyac. 3
BRs, 3 full baths, fpl, plus
Studio, decks, private beach. All
amenities. \$12,500 season.
747-6392. gcap1

MARCO ISLAND SOUTH
Seas East Midrise, 2 BRs, 2
bath Condo on gulf beaches,
tennis, pool, two elevators.
Available after April 1, 1992.
2 71 - 6 4 7 9 or (8 1 3)
394-7189. gcap2

GUERNEY'S/MONTAUK.
WEEK of May 29 - June 5.
Ocean front, sleeps 4, all
amenities. 692-7487. gcap2

POCONOS, SAW CREEK.
Fully equipped, 3 BRs plus loft,
2 baths, jacuzzi, microwave,
color TV. Indoor, outdoor pools
& tennis & horseback riding.
Family community.
Weekly/weekends.
489-7351. gcap2

MONTAUK, SPRING
GETAWAY Special. 3 days,
\$150 couple, 2 RM suite, heat,
full kit. Sleeps four. Walks,
dining, shopping. Hundred feet
to beach. Immaculate. Call
724-5672. gcap2

DAYTONA BEACH CONDO
2 BR, 2 bath on the ocean. Rent
by month year round. Com-
pletely furnished. (904)
761-1072. gcap2

SOUTHAMPTON UNIQUE
SUMMER home - 2 BR and 2
bunk houses. Walk to Peconic
Bay. Perfect for family. \$8,500
for the season. 354-4590. gcap3

EAST MARION / GREEN-
PORT waterfront cottage
sleeps 6, private beach, tennis
court, sun deck, near golf
course. Available June-Sept.
\$550 per week. 621-2079. gcap3

WESTHAMPTON - CHARM-
ING older redecorated 3 BR, 2
baths, FPL, quiet neighbor-
hood, enclosed front porch.
South of Montauk Highway.
\$10,000 season, possibly
monthly. Owner (212)
988-8088. gcap3

MONTAUK - 3 BR RANCH.
Walk to ocean, deck. Available
June 14 thru July 5, July 12
thru July 19, August 30 thru
September 13. \$950 per wk.
516-364-0111. W-Ap4

NORTH FORK EXC Choices
still! Soundfront, 3 BRs, 2
baths, high bluff \$3M. 3 Br, 2
bath waterfront \$4M. 4 BR Col.,
private bayfront \$7,000 Season.
3 BR beach house plus boating
\$8,500 Season. 2 BR plus
studio, bayfront \$12,000
season. 4 BRS, 3 baths, water-
view plus beach \$24,000 season.
Abatelli Real Estate 734-
6000. gcap1

HILTON HEAD ISLAND,
South Carolina. Fully equipped
ocean view villa on beautiful
beach with olympic pool, tennis,
restaurant, convenience store &
more. Ideal for small family.
Reasonable weekly rates.
731-3742. gcap4

Real Estate Wanted

PROFESSIONAL COUPLE WITH small child seeks Garden City home in Northeast or Western section. Moderately priced, handyman OK. Can close quickly Principals only. Call 718-474-8457. gcap4

STEWART MANOR HOUSE wanted by young professional couple. 3 BRs, 1 1/2 baths, fpl, den. Colonial only, not near RR. Good condition. Low to mid \$200's. Principals only. 741-0261. gcap2

GARAGE WANTED IN the vicinity of Williston Park. Single or double for landscaping pickup truck. Will trade landscape service plus cash for garage. 922-1424. wapl

PROFESSIONAL BEEKS FIRST or second floor new 1 BR apartment. LR, EIK, full bath, private entrance, spacious. \$600 all 483-5647. gcap2

HOUSE WANTED. COUPLE to buy with owner willing to hold mortgage. Please leave message. (516)775-1171. gcap3

GARDEN CITY RESIDENT looking for 3/4 BRs, 2 baths, den. Close by summer. Low \$300's. Call eve. Leave message. 741-0084. Principals only. gcap3

PROFESSIONAL COUPLE LOOKING for 3 BR Colonial with FPL, Den/family room, FDR in East Williston, Garden City or Stewart Manor. Principals only (718) 454-0141. gcap3

GARDEN CITY FAMILY seeks Tudor or Colonial. Estates dor Central Section Minimum 4 BRs, \$500,000 - \$550,000. Principals only 747-2794. gcap3

FAMILY SEEKING 3 to 5 Br. home in Garden City. Can close anytime. Do not mind if house needs work. \$400's to \$500's range. 483-4462. Leave message. W-Ap4

GARDEN CITY COUPLE looking for 3/4 BR home in Garden City, low to mid \$300's. Principals only. Call 877-0425. gcap4

Car For Sale

1988 SAAB 900 - 5 speed, loaded, Benzi box radio. Like new. 52,000 miles. \$5,000. 873-8908. gcap3

1988 HONDA CIVIC Hatchback, 5 speed, 46,000 miles, new tires, new battery, mint cond. Pull-out Alpine stereo with amp. \$5900, neg. 484-6685. wapl

PONTIAC 87, TRANS AM. Eight cylinder, 45,000 miles, T-tops, all options. Red, turbo hood. Alpine stereo, five star rims, new paint, garaged, mint cond. Must see! \$9,000 neg. 775-6971. wapl

1986 NISSAN PULSAR. Five speed, red, good cond. \$2375. Call 254-0428 after 6 p.m. & weekends. gcap4

Car For Sale

1988 SUBARU GL-10 4 wd, turbo, auto, 73K miles, power windows & sun roof, power brakes & lock. A/C, radio cassette. Mint cond. inside & out. Must see. \$3,850. 741-6254. gcap4

1982 NISSAN MAXIMA Wagon. Rebuilt V6, 47,000 miles, automatic, 4 door, all power, A/C, sunroof. Asking \$1,750. 747-6483. gcap1

1984 CHEVY CAPRICE Estate Wagon Good cond. \$3,600. Please call 248-0075. gcap1

OLDS 86, REGENCY Brough, 4 Dr., V-6, Mint, every option. Power windows/doors, remote alarm, 46K, garaged. \$5,750, 747-2081. wapl

1988 RENAULT, MEDALION, dark blue 4 Dr, Good cond., new, loaded JVC radio, removable. 13,000 miles. \$4,000 neg. 718-740-3597 evenings. gcap2

SAAB 1988 9000 S, 51,000 miles. \$8,400. '87 Jeep Pick-Up, 59,000 miles, 4 speed, 4 cyl. \$2,900. 488-6188. gcap2

'88 CAD SEVILLE, 52,000 miles. Original owner, garaged, loaded, red/red leather interior. \$11,000. 922-2073. gcap4

1986 DODGE 600 ES Convertible. Black, turbo engine. Fully loaded. Needs engine work. \$2,000. Call after 6 p.m. 248-5246. wapl

1990 NISSAN XE, 2 dr. color red. Automatic trans, a/c, am-fm radio. One owner, mint cond., under 10,000 miles. \$8500 neg. 775-3442. wapl

DODGE RAIDER '87 2 Dr., navy blue, 2/4 W.D., automatic, AM/FM tape. New tires, 26 months warranty. Mint. \$7,200 or best offer. Car in Western Nassau. Leave message at 718-343-3004. wapl

1988 HONDA CIVIC Wagon automatic, A/C, AM/FM cassette, 4 dr., 77,000 miles. Garaged. Mint cond. \$3,300. 354-5288. wapl

'81 TOYOTA STARFLITE Hatchback. A/C, Stereo cassette, 5 speed, 66,000 orig. miles. 35 to 40 miles per gallon. Excellent cond. Asking \$1,150. 488-2328. Call evenings. wapl

1979 FORD GRANADA. Very good cond. Asking \$600. Call evenings. 826-3419. wapl

Car Wanted

WE BUY USED CARS, vans & trucks. Junk cars removed. Same day pickup. 739-1821. wapl

For Sale

FURNITURE FOR SALE: Three piece wood wall unit (glass doors & bar area), wood water bed, four piece wood Br. set with mirror, plants, toys, etc. 746-1351. wapl

For Sale

WHITE BELLINI CRIB mattress and changing table. Excellent condition. Call 747-6255. wapl

MAHOGANY BEDROOM SET with brass bed. \$250. Complete contemporary bedroom set \$250, 1 Daybed - Excellent condition. \$75.00. 742-0520. wapl

MOVING: UPRIGHT PIANO, 2 sofa sleepers, new snow shovel, small hutch, exercise bike, Intertherm heaters & more. Also one way airline ticket LG to West Palm Beach for March 31. 481-8362. gcap1

ETHAN ALLEN TRADITIONAL dining Room - Medium brown fruitwood, 44" lighted china w/glass shelves. Table 38 x 58 plus 2-18" leaves and pads. Six cane back chairs. Diamond condition. \$1500.00 or best reasonable offer. 354-2558. Weekdays after 3 p.m. Weekends after 10 a.m. wapl

CLUB CHAIR with Ottoman & casters, yellow/gold. Excellent cond. \$50. Call evenings 741-0441. gcap1

THREE MARBLE TOP living room tables. Mahogany wood. Two hurricane lamps with shades & two fireside chairs. Call 741-8376. gcap1

THOMASVILLE DR. SET. Triple hutch, table has 4 leaves & 6 chairs (2 armchairs). Best offer over \$800. 538-1512. gcap1

COMPUTER, PC JR - 128K training disks and manuals. DOS 2.1 \$175. Call after 5 p.m. 354-2579. ha2

LIVING ROOM - TWO Country blue plaid sofas. \$200 each. Matching wing chair, \$125, less than one year old. Lane contemporary cocktail table, two end tables & twin wall units (originally \$3,000) \$600. All excellent condition. 742-0464. wapl

WHITE IRON PORCH Furniture: couch, chair with new pillows rectangular glass coffee table, small round end table. 294-4771. gcap2

MOVING, MUST SELL - 84" red velvet couch, excellent condition \$160, yellow Chambers deep well stove, mint condition/Best Offer. Completely restored 3 piece rattan set \$495. Antique wicker bassinet \$100, antique wicker twin baby carriage & single stroller \$100 each. All mint. 485-6053. gcap2

LADY KENMORE WASHER - DRYER, 3 door refrigerator with ice maker and wine rack, glass top table with chrome base and 4 chairs, pictures, many other assorted items. Due to redecorating. 483-4652. gcap2

MOVING: NEW AIR CONDITIONER, exercise bike, new snow shovel, ping pong table, Intertherm heaters, new patio umbrella, smallhutch, large collection of records and clothing size 12, ladies golf clubs. Airline ticket to West Palm Beach for March 31. 481-8362. gcap2

For Sale

VARIOUS RESTAURANT EQUIPMENT, less than 2 years old. If interested call 352-0423 or 433-9492. gcap2

PINE BR SET - TWIN CANOPY, desk/hutch, triple dresser. Excellent condition. Matching canopy, bedspread & drapes. Asking \$550. 248-6584, after 6 p.m. gcap2

CUSTOM MADE DRAPERIES - Antique satin, turquoise, 12"14" wide x 7' long includes valance & sheers. \$75. Call evenings after 6 p.m. 741-0441. gcap3

PLAYER PIANO, ladder back chairs, dark pine coffee table with matching corner table, rattan end tables & coffee table. Pier mirror etc. 248-7292. gcap3

GOLF CLUBS, LADIES Titlette, excellent. Have original receipt, includes light weight bag \$250. Men's left handed, excellent, includes bag \$250 747-6392. gcap3

ETHAN ALLEN TABLE lamp, dining room table, 6 chairs, 3 leaves with table pads, fruitwood finish, high rise bed with two mattresses, oak bar with lighted cabinet for glasses. Room size air conditioner. Call after 5 p.m. 294-0922. ha3

SOFAS, and one matching love seat. This furniture is in like new, mint condition. Must sell (516) 248-7147. gcap3

BEAUTIFUL OLD FRENCH Country home dinner table with 6 chairs, lovely antique cherry hi-boy, cupboard, from virginia. Marble & pine wash stand with 2 drawer, makes sensational desk. 741-1217. gcap3

BEDROOM SET 1950's PERIOD \$450 complete. Dining room set, Mediterranean \$650. (516) 482-5258. ha2

9 FOOT 9 inch by 19 foot 9 inch Kirman rug, blue & rust with beige center \$4,000. Firm, hardly used Queen size mattress set with frame - \$100 - 742-5149. gcap4

ANTIQUE SELLERS (BAKING cabinet), solid oak, refinished. Call 294-8782. \$825. gcap4

ETHAN ALLAN FULL size sofa bed, green tweed, tuxedo style. Hardly used. Worth over \$1,600. Will sell for \$400. 746-4514. gcap4

SOFA, LOVESEAT, CHAIR. Mint cond., elegant, tufted Tuxedo back, beige satin velvet. Custom plastic slipcovers included \$475. Also antique nautical brass/iron fixture. 739-3907. gcap4

Wanted

OLD MAGAZINES, TEENS - 60's (No National Geographics). For automotive related ads. Any old car sales literature, books, etc. J. Morrison 741-1322. gcap2

Wanted

OLD GUNS, SWORDS, Binoculars, old knives, bamboo fly rods. Call 825-0979 or 354-1943. gcap4

DOLLS WANTED I collect dolls and other doll memorabilia, new or old. What do you have for sale? Call me at 747-8496. gcap4

ANY TYPE ANTIQUE Victorian or other furniture wanted. Also cut glass, silver jewelry, paintings, bronzes, dolls, frames, clocks, rugs, linens, trunks, china lamps. Will call for any time, any place. Call Kay & Tom. Westbury, 334-4117. gcap2

DE EARTH POOL FILTER, fiberglass or stainless steel, 2 1/2 or more horsepower for 16 x 32 in-ground pool. Good condition and reasonable. Also Hoover vacuum 579-4186. gcap1

SOLD BY MISTAKE AT Garden City Exchange, April - Oct. '91, partial set of Haviland Limoges Chateau Dun, donated pieces found in father's house. Later discovered remainder of set in Florida apt. Please call if you bought this china. 742-5149. gcap4

Services

BUILD WITH BRICK Stoops • Fireplaces • Patios • Driveways • And all types of Brick & Stone Work Quality Workmanship at Reasonable Prices Satisfaction Guaranteed No Job Too Small • Waterproofing • Slate Roofs Repaired Estimates 538-3813 LIC #H1735940000 gcap4

JAMES F. MENTZ CARPENTER-ROOFER Small Jobs Reasonable Skylights Installed Carpentry-Alterations Slate Roof Repairs Roofing-Gutters-Leaders Kitchens-Attics-Basements LIC #401750000 593-2933 gcap2

FRED WILL FIX IT. Painting Interior/exterior, general repairs, fix sash cords, clean out gutters, small jobs. Fred Leo 794-7465. gcap5

HAIR CUT IN YOUR HOME. Specializing in Senior citizens. Also facials available. Reasonable rates. Licensed. 21 years experience. Call Audy at 742-3398. wapl

LEAKS & SQUEAKS - Handymen Service. No job too small, old house specialist. General home repairs. 15 year experience. Day and evening hours available. Call Jim 868-4984. gcap1

BODY BASICS/ADULT Women's Fitness "30 Something" and "Young at Heart" Workouts. Alignment-Flexibility-Muscle Tone-Endurance. Free Introductory Class. Maxine Fumack - Certified, experienced instructor. For schedule and details call (516) 773-4776. gcap3

Services

EXPERIENCED CARPENTER - All types of repairs & installations. Bookcases, wall & storage units, furniture & utility grade. Old house specialist. Licensed & insured. Call Jim C. 746-4574. gcap3

GUTTERS - CLEANED, REPAIRED & INSTALLED. Call Joe 735-6349. gcin3

PAINTING - EXPERIENCED Painter available, no job too small. References available. Call Denis (718) 343-6330. Leave message. gca3

TELEPHONE INSTALLATION & REPAIR: TV cables & modular jacks installed. Electrical wiring and fixtures. Prompt, reliable and reasonable. Fully insured. Free estimates. Over 30 yrs. telephone experience. Residential/Business systems. Call Al Byrnes, 481-4665. gcap2

THE CUISINE SCENE

Fine catering, glorious food, complete party planning service, menu suggestions for all occasions. Weddings, my specialty including beautiful cakes. Professionally trained staff. Call Susan 742-1956. gcin2

BRIAN CLINTON MOVERS Licensed & insured. One piece to a house load. Free estimates, 333-5894. Owner supervised. Carle Place. License #F11154. gcmyl

LADIES, RELAX & ENJOY your next party! Catering & experienced professional services for assisting with preparation, serving & cleaning up before, during and after your party. Bartenders available. Call Kate at 248-1545 or 746-8264. wfn

LITE MOVING & STORAGE Very reasonable. Call day or night. Long & short term storage. Local/long distance. Will beat any price. Free estimates. \$10 off with this ad. 599-0996. gcap4

PETER SCHWARZ LANDSCAPING - Spring & Fall clean up, weekly, maintenance, pruning, shrub planting, new sod lawns, re-seeding, power raking. Serving Garden City since 1966. Call 433-7632. Licensed & insured. gcap1

GERIATRIC PLACEMENT CONSULTANT specializing in Geriatrics. I am available to assist individuals and families with planning for nursing homes. Counseling is also available. Please call 488-4443 or leave message. gcap1

HANDYMAN: QUALITY HOME repairs. Plumbing, leaky faucets, toilets, tiles & grouting. Shelves, fences repaired, doors shaved, carpentry, sheetrock patching. Ceiling fans & window air conditioners installed. Call Joe, 746-7517. wjnd

PAINTING BY MARIO. Work done by owner. Also sheetrocking, taping & spackling. Free estimates. 538-2273. Lic. #H04180100P. gcin4

Services

VACATION HOME DECORATING Eastern Long Island, 298-8653. gcin3

DRESSMAKER: DON'T BE limited to dresses on store racks. Choose your own style & fit with custom made fashions. Bridesmaids, special occasions & prom dresses at very reasonable rates. Cindy 546-1073. gcap4

TYPING/WORD PROCESSING Service. "You Write It - We Type It." Agreements, resumes, cover letters, term paper, thesis, envelopes, labels, envelopes/stuffed, etc. Pick up & delivery, Sandi 565-5013. gcap4

Professional Services

INCOME TAX PREPARED. Preparation by 2 former IRS agents with 45 yrs. combined experience. Reasonable rates. Call Anne or Roger M. Gedgard 748-0425. gca2

Instructions

PIANO LESSONS ONLY \$30 a month. One hour weekly for beginners, small groups, four year olds and up. Creative and individual, all keyboards accepted. Every student excels. Thirty years Garden City. Call for special offer. Rita Lucy, 248-7379. gca1

PIANO, ACCORDION AND Guitar lessons - all levels, all ages. 22 years experience N.Y.S.S.M.A. and L.I.M.T.A. member. Call 354-1721. gcap2

TUTOR - ELEMENTARY Remedial reading & math by licensed reading specialist in your home. Call after 3 p.m. 488-3079. gca1

QUALITY MATH INSTRUCTION. Elementary/High school, Sequential 1-2-3 SAT/Regents Prep. Licensed teacher H.S. & Coll. experience. Reasonable rates. Yields excellent results. 742-7706. gcap3

TUTORING: GET A HEAD START. Verbal SAT preparation, High school English, Reading & all elementary subjects. Certified, experienced teacher willing to tutor in your home in Garden City & surrounding areas. Call 248-6773. Leave message. Wap-1

Antiques

WURLITZER UPRIGHT Piano, Antique sofa, antique cocktail table with smoked crystal top, 6 military Steins, 1 naval Stein, Sterling coffee & tea set with tray. Gold & lacquer Dupont lighter, antique English grandfather's clock, antique wall French farmer's clock plus much more. Call for appointment. 488-3250. gcap2

Lost and Found Pets

FOUND - SHEPHERD MIX Puppy, approx. 8-12 weeks old. Vicinity of Stewart School. Brown and black. For information or to adopt 747-1634. gcap3

Pets for Adoption

PLEASE ADOPT 6 YEAR old female Golden Retriever. Pure bred, spayed, loving, loyal companion to older person or family. Please call 489-5980. gcap3

DOBERMANS - ADULTS Available from rescue groups. Responsible pet homes only. 248-1311. gcap4

BLACK LAB SHEPHERD MIX, 18 months. Excellent watchdog. All shots. Needs room to run and play. Moving. 534-0111. Leave message. wap4

Garage/Tag Sale

GARAGE - TAG SALE Saturday, April 4, from 9 a.m. to 3 p.m. 46 St. Paul's Rd. No., Hempstead Village. Old records, books, sewing machine, furniture, tools, costume jewelry, radios, magazine, glassware, post card, baseball books, bric-a-brac and more. wap1

GIANT GARAGE SALE Friday, April 10, from 10 a.m. to dusk, at 52 Salisbury Ave., Stewart Manor (across from Stewart Manor Country Club). Baby items, crib, changing table, pictures & bric-a-brac. gcap1

SATURDAY, APRIL 4 AT 19 Cornell Ave., Hicksville (near Holy Family) 10-4 p.m. Lots of books, records, dishes, linens, furniture, Knick Knacks, ceiling fan, lighting fixture, assorted baby furniture, walker, toys, etc. Also National Geographic magazines. gcap1

TAG SALE - MOVING after 40 years. Many books, tools, records, bric-a-brac, BR sets, metal closets. Priced to go. 207 Wellington Rd., Garden City, Saturday, April 4, 8:30 - 4 p.m. gcap1

TAG SALE GARDEN CITY Settling estate. Must sell entire contents of old house filled with fascinating furniture and antiques. Fabulous Chippendale style large mahogany breakfast with desk. Unique Victorian sofa, lovely old mahogany Master BR, paintings, and pictures, pair of wing chairs, convertible dining table (banded and inlaid), slip top table, a beautiful Victorian china, cherry dresser and mirror, flower rugs, many carved Victorian chairs, sets of Limoges, Wedgewood and other china, sterling, lovely old crystal, stemware, old radio, Lenox lamps, linens, books, redwood table set, bicycles and so much more. Please join us at 28 Tremont Street (Clinton Rd. east on Chestnut to Tremont) Sat., April 4, from 9 a.m. to 2 p.m. gcap1

GRANDPARENTS - Send in your grandchildren's photos and enter our "World's Most Beautiful Grandchildren" contest. Just send a photo and a brief description of the child (or children) along with your name and address to: Litnor Publications, Beautiful Grandchildren Contest, 81 East Barclay St., Hicksville, N.Y. 11801. We'll do the rest!

Fair

"LEE'S OUTDOOR SPRING Craft Boutique Sale," Friday/April 3, Saturday/April 4 and Sunday/April 5 (10 to 5). Large Victorian Bonnets, Grapevine, Willow, Straw, Ribbon & Lace Wreaths. Musical Easter Egg Trees, Eucalyptus swags, Topiaries, Floral arrangements. Customized theme Teddy Bears, including Musical "Bride & Groom" centerpiece. Original & unique "Easter & Mother's Day gifts." No. 2 Wilton St., New Hyde Park (Lakeville Road & Bryant Ave., one block east Elks Club). Coffee and cake. wap1

Fair

MODEL TRAIN, TOY & Doll Show. Miniatures & craft extravaganzas, baseball memorabilia. Sun., April 5. Free parking. St. Vincent de Paul auditorium. 2 floors fun & bargains. 1610 De Paul St., Elmont, 10 a.m. - 4 p.m. Buy, sell, trade. Breakfast, lunch. Admission \$5, senior citizens \$2. Early admission 9 a.m. \$6 per person, children under 12 free with parent. Raffle door prize, 200 dealers. Operating layout. For information call 352-2127. gcap1



PRAYER TO THE BLESSED VIRGIN (Never known to fail). Oh, most beautiful flower of Mt. Carmel, fruitful vine splendor of Heaven, Blessed Mother of the Son of God. Immaculate Virgin, assist me in my necessity. Oh, Star of the Sea, help me and show me, herein you are my mother. Oh, Holy Mary, Mother of God, Queen of Heaven and Earth! I humbly beseech you from the bottom of my heart to succor me in this necessity. There are none that can withstand your power. Oh, show me herein you are my mother. Oh, Mary conceived without sin, pray for us who have recourse to thee (3X). Holy Mother, I place this cause in your hands (3X). Holy Spirit, you who solve all problems, light all roads so that I can attain my goal. You who gave me the divine gift to forgive and forget all evil against me and that in all instances in my life you are with me, I want in this short prayer to thank you for all things as you confirm once again that I never want to be separated from you in eternal glory. Thank you for your mercy toward me and mine. The person must say this prayer 3 consecutive days. After 3 days, the request will be granted. This prayer must be published after the favor is granted. Thank you Blessed Mother." E.R.G. wap1

PRAYER TO THE BLESSED VIRGIN (Never known to fail). Oh, most beautiful flower of Mt. Carmel, fruitful vine splendor of Heaven, Blessed Mother of the Son of God. Immaculate Virgin, assist me in my necessity. Oh, Star of the Sea, help me and show me, herein you are my mother. Oh, Holy Mary, Mother of God, Queen of Heaven and Earth! I humbly beseech you from the bottom of my heart to succor me in this necessity. There are none that can withstand your power. Oh, show me herein you are my mother. Oh, Mary conceived without sin, pray for us who have recourse to thee (3X). Holy Mother, I place this cause in your hands (3X). Holy Spirit, you who solve all problems, light all roads so that I can attain my goal. You who gave me the divine gift to forgive and forget all evil against me and that in all instances in my life you are with me, I want in this short prayer to thank you for all things as you confirm once again that I never want to be separated from you in eternal glory. Thank you for your mercy toward me and mine. The person must say this prayer 3 consecutive days. After 3 days, the request will be granted. This prayer must be published after the favor is granted. R.S. wm4

NOVENA TO ST. JUDE Oh Holy St. Jude, Apostle and Martyr, great in virtue and rich in miracles, near kinsman of Jesus Christ, faithful and intercessor of all who invoke you, special patronage in time of need, to you I have recourse from the depths of my heart and humbly beg to whom God has given such great power to come to my assistance. Help me in my present and urgent petition. In return I promise to make your name known and cause you to be invoked St. Jude, pray for us all who invoke your aid. Amen. Say 3 Our Fatners, 3 Hall Marys, 3 Glorias. Say for 9 consecutive days. Publication must be promised. This novena has never been known to fail. Thank you for answering my prayers. W.L. ha3



Services

NO WEAK ANKLES IN ICE SKATING

We can fit you with ice skating shoes of proper width and last, and attach blades in weight center of each foot assuring straight ankles for even the beginner.

ROSE HALPERN
Skate & Tennis Shop
89 Cutler Mill Rd.
Great Neck, L.I.
516-467-6676

Kids Home Newspaper



AGE 21A Friday, April 3, 1992 SOMETHING FOR EVERYONE

Games, rhymes, and riddles for children and their parents, too!

By J.R. Rose -

DRAW IT!

DRAW BARS
ON HIS
CAGE BEFORE
HE ESCAPES!



LIST FIVE WORDS THAT RHYME
WITH **ZOO!**

- 1 _____
- 2 _____
- 3 _____
- 4 _____
- 5 _____



MY PUP AND I ENJOY THE ZOO!
THERE'S MUCH FOR US TO SEE AND DO!
I LIKE THE WILD BEASTS THAT I SEE
I'M NOT SO SURE PUP WILL AGREE!

HOW MANY TIMES
CAN YOU FIND THE WORD
ZOO?

O	O	Z	O
Z	O	Z	Z
O	Z	O	O
O	Z	O	Z

WHICH ONE IS NOT A ZOO ANIMAL?



WRITE US!

IF YOU HAVE ANY FUN
GAMES OR JOKES SEND
THEM TO : **PUP**

81 EAST BARCLAY STREET
HICKSVILLE, NEW YORK 11801

WHAT DO ZOO ANIMALS
EAT?



CONSUMER CONFIDENCE

Advertisers Listed Below Have Agreed To The Following Statement:
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 Call 931-0012

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ACCORDIONS-PIANOS



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E.W. BLACKTOP & CONCRETE

Driveways Brickwork Concrete

294-5314

Dependable, Licensed, Reasonable

LICENSED **EMERGENCY SERVICE** BONDED

TONY M. BIFANO
PLUMBING & HEATING

GAS HEATING CONVERSIONS
 Gas Boiler & Hot Water Heater Specialists

• NEW INSTALLATIONS • REPAIRS • KITCHENS & BATHROOMS MODERNIZED • SEWERS ELECTRICALLY CLEANED • TUBS • TOILETS • DRAINS • SHOWERS • BATHTUBS

437-4830
 FRANKLIN SQUARE
 ASK ABOUT OUR GUARANTEE

• GAS & OIL HEAT ALTERATIONS
 ZONE HEATING FOR ATTICS & BASEMENTS

775-8204
EMERGENCY ONLY
 ESTIMATES WITHOUT CALLING

Mobil **SERVICAR INC.**

746-2432

COMPLETE AUTOMOTIVE SERVICE
 • 10% SENIOR CITIZEN DISCOUNT ON REPAIRS

State & Photo Inspection

137 Hillside Avenue
 Williston Park, New York 11596 Dennis Dorman

PLUMBING - HEATING
GENERAL CONTRACTOR

Kitchens, Baths repaired, Remodeling, Water Heaters, Coils, Baseboards, Boilers, 2nd Zones.

Free Estimate

Licensed & Insured
SPINELLI 221-2414

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 Residential & Commercial Cleaning

• House/Apt. • Offices • Windows • Chandeliers • Spring Cleaning Much More....

"YOUR SATISFACTION IS OUR TOP PRIORITY."

Call 877-2428 For a FREE Estimate & Ask About Our Special Discounts

PIANO TUNING AND REPAIR

• PROFESSIONAL TUNER
 • CRAFTSMANSHIP REPAIRS
 • ATTENTION TO DETAIL

GENE BENEDETTO
 741-0002

Know Someone Having A Baby?

RENT-A-STORK

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ANTIQU OR JUNQUE

By James G. McCollam



Chair worth more with design intact

Q. Please tell me what you can about this chair. It appears to have a pine seat; the rest of the parts look like maple. It has been painted black and red, but most of the finish has worn off.



A. This is a primitive, stick, Windsor-type chair made in the mid-1800s. It would probably sell for about \$225 to \$235.

If the original black-over-red finish with stenciled design were intact, it would be worth twice as much.

Q. This mark is on the bottom of a bisque figurine of a girl with a bird on her shoulder. The figure is about 8 inches tall.

Can you identify the maker and when it was made? I would also like to know its value.



A. This was made by Gebruder Heubach in Thuringia, Germany, about 1900. It might sell for \$165 to \$185 in an antique shop.

CAPO-DI-MONTE

Collectors usually are familiar with porcelain marked with a "Crown" over "N" or simply with "Capo-di-Monte," but the true significance is sometimes lost in confusion.

About 1740, a porcelain factory was established by Charles III, king of Naples. The items produced were for the king's use or for gifts to members of nobility.

The items were marked with a fleur-de-lis. Don't be concerned with finding any of these pieces; they are all in museums.

In 1759, Charles inherited the throne of Spain and moved his porcelain works to Madrid. Fine, soft, paste porcelain was produced there until 1812. The mark used was "Buono Retiro." You won't find any of these, either.

Meanwhile, back at Naples, King Ferdinand reopened the original factory in 1771 and operated it until 1821. This bore the familiar mark of a "Crown" over "N," and became known as Capo-di-Monte.

Some pieces of this period occasionally surface, but at premium prices.

In 1821, the molds and models were sold to the Ginori factory in Doccia, Italy.

In 1839, this company became known as Societa Ceramica Richard. The products of this company were marked variously "Richard - Ginori," "Ginori," "Richard Ginori" with a figure of St. Christopher, "Richard" with a crown and shield, "Ginori" with a crown, "R.S." with a crown, but mostly with a crown over "N."

It makes the identification of Capo-di-Monte much more difficult when other companies in Italy, Germany and France use the same crown over "N." It is very disturbing to collectors to realize that most of the pieces bearing this mark or otherwise marked "Capo-di-Monte" are not genuine.

Early pieces (18th century) have sold in the \$10,000-\$25,000 range. Late 19th- and 20th-century items sell in the low hundreds. Porcelain with false marks usually sell for less than \$100.

So, as a final warning, be extremely cautious about buying porcelain marked "Capo-di-Monte," or with a crown over "N."

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Points on Pets

By R.G. Elmore, D.V.M.

Q. Our male cat has had several episodes of not being able to urinate. Our veterinarian recently advised us to have a surgery performed on him to allow him to urinate more easily. Will this surgery prevent our cat from having urination problems again? Will this make our cat a less desirable pet?

A. Most likely your veterinarian has recommended a surgical procedure called perineal urethrostomy. The procedure is often recommended for male cats that have repeated episodes of difficulty in urinating due to being "plugged up" with urinary tract stones or calculi. This surgical technique enlarges the urinary tract passage from the urinary bladder to the outside and makes repeated urinary tract blockage unlikely.

The perineal urethrostomy

should not make your cat any less desirable as a pet. Following surgery, your veterinarian may prescribe a special diet to help reduce the likelihood of a formation of new urinary tract stones. To prevent urinary tract stones, all cats should have a ready source of clean, fresh water at all times.



JUNIOR EDITION



Aunt Tilly's Corner

Last week the weatherman said spring was around the corner. Well, guess what? It snowed all over those crocuses and hyacinths that I told you about the week before. In fact, all the children on my street made snowmen and snowwomen and dressed them up with hats and scarves. The house across from mine made a show family! That's how much snow we had. Did you make a snowman or snowwoman?

Your Friend,
Aunt Tilly

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YOUR SOCIAL SECURITY

Social Security and long-term disability

By William M. Acosta

Q. I was involved in an automobile accident. I won't be able to go back to work for six to eight months. Should I file for Social Security disability benefits? — A.M.

A. Some programs pay for partial or short-term disability. Social Security does not. Disability under Social Security is based on your inability to work.

You will be considered disabled if you are unable to do any kind of work for which you are suited and only if your inability to work also is expected to last for at least a year or result in death.

Q. I am a Canadian citizen. I was told by my bank that I needed a Social Security number to keep my holiday account. A bank employee told me that if I have a Social Security number, I am no longer a non-resident alien. Is this true? — C.F.

A. You are still considered a non-resident alien if you get a Social Security number issued to you. Getting a Social Security number does not change your status with the Immigration and Naturalization Service.

Q. My husband still works, and I am covered under the medical insurance provided by his company.

Do I need to file for the medical portion of Medicare? — F.H.

A. If you are covered under an employee group health plan, you can wait to enroll in Medicare medical insurance during a seven-month "special enrollment period."

This period begins with the month the group health coverage ends or the month employment ends — whichever comes first. Telephone (800) 772-1213 for more information.

Q. I receive Aid to Families With Dependent Children. My Supplemental Security Income disability application was approved. Can I receive both AFDC and SSI?

A. You cannot receive both SSI and AFDC. If you get AFDC when your SSI checks begin, Social Security Administration counts AFDC as income.

However, once you are taken off the AFDC grant, your SSI check should go up. If it does not, contact your local Social Security office.

YOUR SOCIAL SECURITY

The World's Most Beautiful Grandchildren



As you can see, my precious Grandchildren are absolutely gorgeous/beautiful.

My granddaughter Adriana Alyssa Cavallaro and my miracle grandson, born only weighing 1 pound 10 ounces (yes, one pound), Richard Phillip, really light up my husband Peter's and my life. My daughter and son-in-law, Rosemarie and Richard Cavallaro, are new residents in Williston Park. The Williston Times is very interesting and informative. I look forward to showing off my grandchildren in your paper, and also publicly thank everyone for their prayers!

Connie Sheehan
Williston Park



These are my great-grandchildren Kevin Patrick and Megan Lynn Connolly, born to my grandson John and his wife Dianne of Monroe, New York. Kevin is 2 and Megan just turned 1. As I think they are the most beautiful, I'd like to see them in your column. Thanks!

Mrs. Catherine Connolly
Garden City