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# HICKSVILLE ILLUSTRATED NEWS

Vol. 6, No. 9 Thursday, August 29, 1991 35 Cents

## Making Children's Wishes Come True!

By Victor Caputo

The morning rain gave way to clear, sunny skies, making way for the fifth annual Hicksville Baseball/Softball Tournament on Saturday.

The grounds crew worked feverishly to ready the field for play as volunteers also readied the stage for the presentation ceremonies that took place before the first pitch was thrown. The charity fundraiser got started at about 12:30 p.m. All money that was raised throughout the afternoon went to the Make A Wish Foundation, which is a gift granting foundation for children with life threatening illness.

Besides raising money for the Make A Wish Foundation, residents gathered to pay tribute to the veterans of all wars and the Hicksville Fire Department. Nassau County Executive Thomas Gulotta and Town of Oyster Bay Supervisor Angelo Delligatti were on hand for the ceremonies.

"What can we say on behalf of those who have given so much of themselves to protect our freedom and liberty?" said Gulotta as he presented the VFW with a citation, honoring all veterans.

Recently returned veteran from the Persian Gulf War, Major Voley Martin, was honored by the award and the support the community has given to veterans and to charities such as the Make A Wish Foundation. "It really felt great to be honored with the award. I also think it is great what they are doing for the kids who need our help," he said.

"The Hicksville Fire Department has always done a tremendous job answering the calls of the community," said Gulotta while presenting Fire Department Chief Schweitzer with a citation, honoring the department.

"It really felt good today to be honored by everyone in the community. It has always been a great pleasure to serve the community and it is nice to see that they appreciate us," said Fire Department Lieutenant Kevin Brevogel.

Several children from the Make A Wish Foundation were also honored and one of them was asked to throw out the first ball before play began.

Jennifer Marie sang an inspirational rendition of "Wind Beneath My Wings" and Marie Cinque, for the fifth year, sang a heart warming rendition of our national anthem.

The Golden Eagles entertained the crowd on hand with energetic tunes from the past while two young representatives from Brownie Troop 3429 acted as the Color Guard under the direction of Erin O'Donnell.

When all the ceremonies finished, the kids were given a chance to do what they had come to the field to do, play softball and baseball. Six teams participated from three organizations, The St. Ignatius Youth

(continued on page 16)



ALL TEAMS TOOK THE FIELD for the presenting of colors before playing in the tournament. Over 90 kids participated to raise money for the Make A Wish Foundation.

Photo by Victor Caputo

## Town Votes To Scrub Meters

By Victor Caputo

The Town of Oyster Bay Board recently passed a resolution that will do away with 12 hour parking meters in many municipal parking lots as of Sept. 1.

The lots surrounding the Hicksville Train Station, including the Town of Oyster Bay parking garage, will now only require a Town of Oyster Bay parking permit to use the lot.

At the Town meeting on Aug. 20, the board voted in favor of removing the meters from the parking lots. Many residents who frequently park their cars in the lots came to the meeting to support the decision of the board.

"I have been a Long Island resident for two years now as well as a Long Island Rail Road commuter. I approve and applaud the idea of doing away with the parking meters," said one Town resident.

Another Town resident pointed out that many times the meters are malfunctioning,

reading no time violation in the morning, but reading a violation later on in the day. "At one point my husband and I received a ticket because the meter was not working and the people who checked the meter said it was working fine," she said.

"That is a big reason why we are having this meeting," said Town of Oyster Bay Supervisor Angelo Delligatti.

"I have been pumping money into those meters since 1957. I support the idea," said a Syosset resident.

Delligatti, in order to show how many residents are in favor of this resolution, displayed a box of letters approving of the idea and a folder containing a few letters against the idea.

The Syosset resident, straying off the subject of the hearing for a moment, asked why there was a mass mailing informing residents about the hearing and resolution that the board sought to pass. The resident claimed

that it was a waste of money to mail letters out that way and said that the Town could have found another suitable way to let residents know about the hearing.

Councilman Leonard Kunzig defended the mailing, arguing that the town was not careless in its action to mail out notice of the hearing to people who use the station. "The people being affected are the ones who have the permits and that is who we mailed letters to," he said.

Delligatti spoke about why the meters are being discontinued at this point in time. "In the early days, after the meters were first built, the majority of the money went to building the lots and the parking garages and meters. We have now come to a point where we are collecting money to pay for the maintenance of these meters. That is why we feel it is time to do away with them. We can also give residents, who are already burden-

(continued on page 8)

# HOMETOWN PEOPLE



P.J. Bordonaro is all smiles.

## Happy Birthday

On August 4 P.J. Bordonaro celebrated his first birthday with a party given by his parents, Paul and Marianne Bordonaro of Hicksville.

On hand to help him celebrate were big

## Anton Papers Lend A Hand

When the presses at Anton Newspapers, which publishes this paper, broke down several weeks ago, we got some help from several commercial printers who juggled production schedules to squeeze in the extra press runs. One of those who came through for us was Graphics of Peconic, a major commercial shop in Riverhead.

Storm damage from Hurricane Bob last week left Graphics of Peconic without electricity, and, without power, its presses didn't run. So, we were happy to return the favor and print a number of jobs for Graphics' clients on our presses.

## Hicksville Illustrated News

is presently engaged in an extensive mailing program so that newcomers to our area can read our weekly endeavors and become regular subscribers.

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sister Brittany, his grandparents, Arlene and Joseph Bordonaro of Massapequa and many aunts, uncles and cousins. Long distance birthday greetings came from his grandparents, Albert and Ann Cavalluzzo of Florida, who were long time Hicksville residents prior to their retirement.



Amanda Marie Peters is happy to be one.

Amanda Marie Peters celebrated her first birthday on August 7. She is the daughter of Richard and Noreen Peters. She had a large family gathering to celebrate on August 10.



Elizabeth Mary Mackey.

## Just Arrived

Blanche and Artie Baldwin have just welcomed their eleventh grandchild. Elizabeth Mary Mackey was born on June 11 to their daughter Ellen and proud husband Bob Mackey. She is the tenth granddaughter.

She was welcomed home by her big sister Katherine, who has been helping to take care of her ever since. Paternal grandparents Dan and Mary Mackey of Bethpage were also on hand to welcome Elizabeth into the family. She is their sixth grandchild.

Elizabeth was christened in August at St. Ann's Roman Catholic Church, Lawrenceville, NJ, where Ellen and Bob now reside. Her honored grandparents are Aunt Theresa Mackey and Uncle Brian Baldwin.

On July 29, Chris and Judy Roach became the proud parents of a baby girl, Amanda Michelle Roach. She weighed in at 7 lbs 7 oz and was 20 inches long when she was born.



Amanda Roach poses for a picture.

While Chris and Judy just moved into their new home in Bethpage, both of Amanda's grandmothers, Tess Brady and Joan Roach, still live in Hicksville. Everyone is doing just fine and Amanda will be coming out soon to meet all her Hicksville friends.

## Reporting On Duty

Marine Lance Corporal Kevin Holtz, son of Peter and Kathleen Holtz of Hicksville, recently reported for duty with the Second Force Service Support Group in North Carolina. He is a 1988 graduate of Hicksville High School and he joined the Marines in January of 1990.

Marine Sergeant Rodolfo G. Sarino, son of Alfred and Estelie Sarino of Hicksville has been promoted to his present rank while serving with the Marine Corps Security Force Company, Naval Air Station Brunswick, ME. He joined the Marine Corps in September of 1984.

## Community Outreach

As part of the Community Outreach Program at Trinity College during the spring semester, Douglas Rausch, son of Richard and Joyce Rausch of Hicksville, was a volunteer in the Soup Kitchen Program serving the city's shelters for the homeless. He just completed his sophomore year at the liberal arts college in Hartford, Conn.

## Don't You Always ...

... meet someone from Hicksville whenever you're on vacation? I do!

Joe and I went to the Washington, D.C. National Corvair Convention a few weeks ago. (In case you don't know what a Corvair is—it's a car that was produced only from 1960 to 1969). While there we met Don and Alice (Cummings) Fishlinger, who had just come into the hotel after visiting Busch Gardens and Williamsburg, Virginia, with their two children, eight and ten-year-old Brian and Chris, and Alice's dad, Harry Cummings.

During our conversation I found out that Alice grew up on Bobwhite Lane and graduated from Hicksville High School. I asked her if she knew Billy Joel as I knew he came from that area, and she said, "Yes, we were invited to the same parties—but I don't know if he would know me." I told her he probably would as I understand whenever he meets anyone from Hicksville he is more than happy to spend time talking and reminiscing with them. He remembers his roots and has helped many people on Long Island. I've often wondered why Hicksville has never honored him. He has put Hicksville on the map. Maybe some one of our readers (or the school) might

think about starting a campaign to honor him. I'm sure everyone would be agreeable. It would be a very nice gesture to name a street in Hicksville after him—maybe one that he grew up on. I remember on one of our trips out west we were going through a town to find a restaurant ... and we were on Patti Page Boulevard. It made an impression on us. I can't remember just what state it was in the ... maybe Oklahoma???

## What Did You Think ...

... about the article in *Newsday* quoting one or more of the residents of the Syosset area saying "We don't want a K-Mart built here ... then we may even get people from Hicksville coming in to shop."

I was furious—as were many other Hicksvillites. I'm sure the old time Syosset/Locust Grove residents weren't the ones making that statement. When we were growing up Hicksville was the only town that had a high school. The only buses we had going to the school were the ones that transported the students wholived in Locust Grove, Syosset and Jericho. Only the 'Johnny-come-latelys would make a statement like that. I'm sure many of the residents living in the Syosset area come into Hicksville to park and use the Hicksville Railroad Station. I think the statement was an insult to all of us, don't you?



A Labor Day Parade in Hicksville—1947  
Do you recognize anyone in this photo?

## A Letter From Evelyn

Received the following note from old school chum Evie (Brandstetter) Gillen:

"I'm enclosing two old photos of a Labor Day parade that marched down Broadway in 1947. I thought it was a Hicksville fire truck but after enlarging it discovered it was a Hempstead truck. Maybe the fire department may want these photos for their collection. I also had a negative made if anyone would like a print.

"Everytime I get the paper the first thing I look for is any old-time stories or pictures. I now have several old schoolmates that I correspond with—thanks to your column. My address is 10524 St. Matthew Lane, St. Ann, MO 63073.



Hometown People is written by Flo Gries, a lifelong Hicksville resident. She loves receiving all your wedding, engagement, birthday and family news. You can write to Flo at 133 Liberty Avenue, Mineola, N.Y. 11501, or drop off information at 9 California Street (white mailbox in driveway). All photos will be returned if you include a SASE.

**TOB Approves Restaurant**

The Town of Oyster Bay Board has approved a petition from the ESJF Corporation and 167 Broadway Realty Company for a special use permit to establish and operate a 63 seat restaurant in Hicksville with the provision that all the proper permits are sought and granted.

**Job Listing At Library**

The Hicksville Public Library is now receiving current job listings on microfiche from the State Department of Labor. The Long Island Job Bank lists a great variety of jobs along with employment qualifications, salary and town location.

To utilize this valuable service, after viewing on the microfiche reader/printer, job hunters can copy information on jobs interesting to them and bring this to the Job Service Center (Old Country Road, Hicksville).

After a brief interview, the center contacts the prospective employer and sets up an interview. The Hicksville Public Library is located at 169 Jerusalem Avenue in Hicksville.

**Defensive Driving Offered**

Driver Improvement Programs will be conducting the six-hour Defensive Driving Course in Hicksville on September 12 and 19 at the Hicksville High School. The class will meet from 7 p.m. to 10 p.m. on both nights.

The course is designed to teach accident prevention techniques to people who already have a driver's license or learner's permit.

Motorists who complete the course who are principal drivers must be given a 10 percent discount on both their automobile liability and collision premiums for three full years.

In addition, the New York State Department of Motor Vehicles will reduce up to four points from a motorist's record for any infractions for which the motorist had been convicted in the previous 18 months.

The fee for the course is \$45 and registration can be accomplished through the mail. Further information may be obtained by calling 1-800-REG-STUF or 1-800-734-7883.

**Supporting The Youth Council**

The Marriott Hotel in Uniondale will donate a part of its earnings made during the Sept. 2 opening day football game of the New York Giants.

The Hicksville Youth Council is inviting all Hicksville residents of proper age to come down to the Marriott for a fun filled night of football. There will be a raffle and plenty of good times.

The game begins at 8 p.m. The Hicksville Youth Council is hoping to see many residents at the night's festivities. All money will go to help the Youth Council keep many of its valuable programs in operation.

**Warning To Shop Owners**

The Hicksville Fire Department is advising shop owners in the Broadway Mall that an outfit, called the Town Fire Suppression Company, has said they are agents of the Hicksville Fire Department and are testing fire extinguishers and trying to get shop owners to replace them. The Hicksville Fire Department does not engage in sponsoring any firm for any reason, said a spokesperson for the fire Department.

The Fire Marshal's Office has been requested to investigate the situation.

# Court Rules For Twin County

By Victor Caputo

Almost 18 months after the Town of Oyster Bay initiated an action in the courts to restrain Twin County Recycling Corporation from operating its asphalt recycling plant, claiming that it created a public nuisance and was in violation of a special use permit, a decision has been reached.

Since the start of the proceedings, Twin County has stated that it is in compliance with all the requirements stated in the special use permit and that any outside effects that may be initiated by the plant are not public nuisances.

A recent judgement by the Nassau County Supreme Court has gone in favor of Twin County and the action by the Town has been dismissed.

Residents in the area, who appeared at the hearing for the Town, spoke of foul odors, smoke and truck noise. The Town, according to a memorandum distributed by the court, presented no expert testimony to establish that a health threat existed in the area.

Twin County, in its own defense, offered testimony which established that the plant was performing at a satisfactory level of all federal, state and local requirements. The memorandum from the court stated that the "violations alleged by the Town were minimal and occurred early in the plant's history"

Twin County recycles large amounts of used asphalt. By doing this, the plant is providing a product that is cheaper and can conserve landfill space. This is in compliance with a public policy of the state (Chapter 552 of the Laws of 1980): "The legislature declares it to be the public policy of this state to encourage and support the roles of the private sector in resource recovery and recycling and local governments are urged to respect these activities as they implement solid waste management programs."

Twin County Recycling Corporation's asphalt plant at 449 West John Street, Hicksville, is in an area that has been zoned



IN THE DISTANCE stands the Twin County Recycling Plant. A recent court decision said that the plant was not in violation of any laws and can continue to stay open for business. (Photo By Victor Caputo)

for light industry and called an H Industrial Zone by the Town of Oyster Bay. The zone where the plant is located falls between residential areas to the north and south. The recycling of asphalt is permitted in the zone as long as there has been a special use permit issued. The Town of Oyster Bay issued a special use permit to Twin County on October 19, 1982. The permit was issued for ten years and took effect in 1983.

The decision rendered by the courts is not pleasing to Dave Staton, president of the Duffy Park Civic Association. "I am disappointed and disgusted and it seems that the only way people will stand up and take notice is if they live next door to a plant of this nature," he said.

He also stated that this is not a dead issue.

"Judge Morrison is welcome to come to my home and view this monstrosity that I have to live with every day," he added.

Attorney for Twin County James A. Bradley is happy with the decision from the judge. "We are going to maintain our responsibility to the public and we are very happy with the decision," he said.

Attorney for the Town, Michael T. Hopkins was unable to be reached for a comment on the decision.

It is business as usual for the Twin County Recycling Corporation. Their attorney promises the same kind of service and responsibility toward the community that they have shown in the past.

The Town is not sure what direction they (continued on page 6)

# Hicksville Weathers The Storm

By Victor Caputo

The wind blew, the sky was dark and rain flooded the streets as Hurricane Bob made its way through the Hicksville streets.

While areas in Nassau County were not victimized by Bob's wrath, by the time the wind settled down and the rain stopped falling, there were enough down wires and branches to require a large scale cleanup. Over 78,000 homes in central Nassau lost power during the storm.

The Town of Oyster Bay and the Long Island Lighting Company (LILCO) were commissioned with the cleanup.

Oyster Bay employees swept through Hicksville gathering tree limbs and properly disposing them. "We have been out here since 7 a.m.," said one Town of Oyster Bay employee while placing branches in the back of a Town truck.

"We did not get hit as hard as we first thought we would. It should not take too long to clean up the mess," he added.

LILCO started immediately responding to calls about loss of power and downed wires scattered throughout the neighborhood.

A major priority of LILCO's came early on Monday, at 11:08 a.m., as the storm was just kicking in. A tree was knocked to the ground on Round Swamp Road. As it fell, it also brought down several LILCO power wires. This caused the wires to burn out at the LILCO substation in Plainview. "It left about 1,300 of our customers without power, including the medical center and sewage plant located nearby," said a LILCO spokesperson. LILCO crews were on the

scene and restored power to those 1,300 homes by midnight of that same day.

Over 60 Hicksville Fire Fighters were placed on standby to answer all emergency calls and to lend assistance where it was necessary.

Fire units responded to seven different alarms during the course of Hurricane Bob, with one call from a respirator patient who needed extra oxygen in the event that power

was lost. "Hicksville was spared the more serious damage that Eastern Long Island suffered," said a Hicksville Fire Department spokesperson.

"I am glad we only got hit like this, it could have been a lot worse," said one resident as she was cleaning the fallen tree limbs from her front lawn.

(continued on page 6)



CLEANING UP THE MESS! Town of Oyster Bay employees were quick to rid the streets of the fallen branches that Hurricane Bob left behind. (Photo by Victor Caputo)

The Town of Oyster Bay  
Presents

**"A NIGHT OF STARS...  
UNDER THE STARS"**  
Special FREE Labor Day  
Weekend Spectacular

Featuring: Earl Lewis and The Channels, The Toys, Songstress Mary Mancini, 50's oldies Doo Wop, 60's music, pop, comedy, laser light show, and much more.

**DATE:** Friday, August 30th

**TIME:** 7:30 p.m.

**PLACE:** John J. Burns Town Park  
Merrick Road, Massapequa

RAIN FACILITY: Massapequa High School, Merrick Road, Massapequa

For additional information please call the Town's  
Department of Community and  
Youth Services, Cultural and  
Performing Arts (CAPA) Division at  
**795-5943, ext. 7713**

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Councilman Leonard B. Symons  
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Carl L. Marcellino

Councilman Thomas L. Clark  
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Councilman Leonard Kunzig  
Receiver of Taxes  
Gary F. Musiello



## Former Hicksville Doctor Helps Needy

Dr. Kenneth Haller, a 1972 graduate of Hicksville High School, has been selected as one of six doctors to appear in a major media campaign by the American Medical Association.

Dr. Haller, a pediatrician, was featured in the kick-off ad of the campaign and features his practice in poverty stricken East St. Louis, Illinois. The ad was carried in the August 19 editions of several major news magazines (Newsweek, Time, US News and World Report) and will be rotated with ads featuring the other five doctors through the spring.

This past January, Haller was selected by the Illinois State Medical Society's Board of Trustees as the recipient of their 1990 Physician Public Service Award. Haller is the son of Kenneth and Mary Haller of Hicksville and attended St. Ignatius Grade School and Hicksville High School.

He has a full line of credentials and could have set up his practice anywhere. He chose one of the most depressed inner-city en-

vironments in the country. "People here will tell you East St. Louis is a city without jobs. Without basic services. And some would say, a city without hope.

"We're seeing all the diseases of poverty. Crack babies, malnutrition, congenital syphilis and AIDS. For a lot of these people, there is a sense of hopelessness," said Haller.

Haller does see hope in the children of East St. Louis' eyes. "These are bright happy kids and I am demonstrating to them that someone does care about them. That their existence does make a difference," he said.

The American Medical Association has saluted Dr. Haller for his selfless efforts to raise the health standards and self-esteem of a community in need.

Over a quarter million AMA physicians are dedicated to providing medical care with compassion and respect for human dignity.

"Sometimes that's what people need, just to have someone say 'you are important and you have a reason for being,'" said Haller.



**FIREMAN AND POLICE SURVEY** the scene of an accident which took place on August 16. The injuries sustained were minor and nobody was issued any tickets.

(Photo by Cathy Greenfield)

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## POLICE REPORT

Two men in their late twenties entered the 7-Eleven on Old Country Road, Hicksville on August 9 and demanded money from the clerk on duty, police said.

The clerk told police that one of the gentlemen had his hand inside a paper bag and threatened him with a gun, even though the clerk did not see one.

After taking \$400 in cash, they proceeded to flee on foot to the rear of the store. According to police, there were no injuries.

Police are still investigating the incident. A man, wearing a nylon face mask entered a Hicksville home and allegedly proceeded to sodomize a 43 year-old woman who was sleeping in her bed at the time of the break in. The break in is said by police to have occurred on August 11 at 4:20 a.m.

The man, police said, was holding a flashlight in one hand and a knife in the other. The woman was not injured and refused medical aid, said police, who are still investigating the incident.

A serious automobile accident took place in Hicksville on August 16 at 5:30 p.m.

Levittown resident Glenn Jansson was driving his motorcycle north on Newbridge Road when he collided with Babylon resident Laura Keenan, who was driving a Plymouth.

Jansson was taken to Nassau County Medical center because he was suffering from head trauma. As of the time of the report, he was listed in critical condition. Keenan complained of back pain while at the scene of the accident, but refused medical aid.

Both the automobile and the motorcycle

were impounded for safety checks. No tickets were issued at the time of the accident.

The Suffolk County Police Homicide Squad is investigating the circumstances surrounding a plane crash that claimed the life of John G. Lauchner, an 86 year-old pilot and resident of Hicksville.

His twin engine beach craft crashed into the Great South Bay, one mile south of West Sayville.

A boater in the Great South Bay at the time observed the plane go down into the water. Suffolk Marine Bureau personnel responded along with helicopters carrying police divers. His body was recovered and it is believed that he was the sole passenger on the plane.

Parts of the plane have been recovered, but the bulk of the plane remains submerged in 10 feet of water and will be recovered at a later date.

The investigation is continuing.

Chris Paddeo, a 21 year-old Plainview man, was arrested on August 20 and charged with two separate instances, one first degree sexual abuse and the other third degree sexual abuse, from instances stemming back into July, after a lengthy investigation by police in the Second Precinct.

A 31 year-old female was entering the south entrance of the Broadway Mall when she was pushed up against a wall and sexually abused by Paddeo on July 1 at 6 p.m.

A 20 year-old woman, who was leaving the Broadway Mall on July 15 at 5:35 p.m. said she was sexually abused. She did not report any injury.

## COMMUNITY CALENDAR

### Sunday, September 1

The Hicksville Fire Department will host its annual Labor Day Parade. The parade starts at 5 p.m. at the headquarters of the Hicksville Fire House and will finish on Barclay Street where a block party will be held.

### Monday, September 2

The Hicksville Fire Department will continue its Labor Day celebration with a drill that will start at 9 a.m.

### Tuesday, September 3

The Independent Art Society will be having a meeting at 7:30 p.m. Everitt Molinari will demonstrate color mixing. It will take place at the Hicksville Public Library, 169 Jerusalem Avenue. Further information may be obtained by calling 931-1417.

The A.A.R.P. Central Nassau Chapter 1592 will meet at Levittown Hall, Beech Street and Levittown Parkway, Hicksville, at 1 p.m. Maxwell Lewis, of the Nassau County Office of Consumer Affairs, will speak on "Consumerism in the Market Place" following the business meeting. All A.A.R.P. national members who are area residents are invited to attend. The chapter meets monthly, on the first Tuesday. Refreshments will be served.

### Wednesday, September 4

The United Methodist Women of the United Methodist Church of Hicksville, Nelson Avenue and Old Country Road, will hold their first meeting of the fall season. They will be having a pot luck supper beginning at 7 p.m. The speaker for the evening will be the Reverend Elinor Hare, who is director of the Woman's Advocate Ministry, which is a group helping women in prison. All residents who attend are asked to bring a small personal item for the women in prison. Residents can bring a casserole or pay \$5 per person to cover the price of the dinner.

School's open, drive carefully—the first day of school for the Hicksville Public Schools. The school hours are 9 a.m.-3:30 p.m. for the elementary schools, 8:11 a.m.-2:41 p.m. for the middle school and 7:51 a.m.-2:17 p.m. for the high school.

The regular monthly meeting of the National Association of Retired Federal Employees, Chapter 471, will be conducted at the Parkway Community Church, 95 Stewart Avenue, Hicksville, starting at 1 p.m. Nominations for officers will be taken for next year. All federal retired employees are invited to attend.

Representatives from the U.S. Environmental Protection Agency will hold an informational public meeting at the Hicksville Public Library at 7 p.m. The EPA is initiating a remedial investigation and feasibility study at the Anchor Chemical Superfund site in Hicksville.

### Make A Note Of It

The Hicksville Youth Council Board meetings are held the first Monday of every month. The board will meet on September 9. The meetings start at 7:30 p.m. and take place at the Youth Council Building, 175 West Old Country Road. The Youth Council wants to invite all residents to come to the meeting and discover what they are all about.

(Please address all notices of local events to Victor Caputo, 135 Liberty Avenue, Mineola, NY 11501. Information can also be placed in the white mailbox in driveway at 9 California Street, Hicksville. Calendar items must be submitted two weeks prior to the event.)

# Knights Picnic Full Of Fun And Smiles

The Joseph Barry Council of the Knights of Columbus held its annual picnic in Caniague Park on Sunday, July 11.

The day started at 11 a.m. with an outdoor Mass celebrated by Council Chaplain Father Peter Liu. Music for the Mass was led by Kevin Haszto on the guitar and Valerie and Michael Murphy, who are members of the folk group at St. John of God Parish in Central Islip. Father Peter was assisted by Sam McCafferty as Lector and Eucharistic Minister and Lou Volpe as a Eucharistic Minister.

Approximately 200 people attended and enjoyed the day. There were races for the children, and while there were winners, all participants received a prize.

The annual picnic was chaired by Past Grand Knight Ollie Costello and the cooking was done by Brian Dunker, Walter Maier and their very capable crew.



MEMBERS AND FRIENDS of the Joseph Barry Council Knights of Columbus enjoyed an outdoor Mass, good weather and great camaraderie at their annual picnic.

## New Hicksville History Book In Fall

The eagerly awaited third volume of the Hicksville Economic History series is off the press and will be distributed to its subscribers in the weeks just ahead.

"A Community Transformed: The Economic Evolution of Hicksville, 1961-1990," by Richard and Anne Evers, is the latest in the community chronicle which has been making its appearance over the last five years.

Over 400 pages of text, tables and hundreds of photographs illuminate the story of Hicksville's business and industry, real estate and transportation. The book is thoroughly

indexed and will serve many reference needs in the years ahead.

Richard and Anne Evers have made a constant effort in their chronicle and interpretive writing to intergrate the economic evolution of Hicksville within the context of overall community history. The book should delight many readers with its constant reference to the passing social scene. Notable civic, political and religious leaders and community commemorative events have their frequent part in the history of balancing the ongoing changes in manufacturing, retail and service-business developments. The research and

writing are a sincere effort at comprehensive history.

Commissioned by the Hicksville Public Library, this Hicksville Gregory Museum project will encompass four volumes when finally finished in early 1992. The fourth volume in this project, when it is finished, will deal with 85 years of Hicksville's banking history.

Private and business subscribers to the Hicksville Economic History set will be receiving their third volume shortly. The book will be made available for checkout at the Hicksville Public Library in the fall.

## Working With The Hicksville Schools

A strong partnership between the home and the school is an important factor in your child's educational experience. The Board of Education and district administrators invite you to share in the process by taking an active part in PTA and school functions, becoming familiar with the district's financial plan and working with your child to develop good study habits.

Read your district newsletters to see what is happening throughout the school com-

munity and attend Board of Education meetings to learn about issues and programs of importance to you and your child. In addition, you can express your views at meetings of the Board's committees.

Committee meetings will be held on one Wednesday of each month as noted on your calendar.

Your participation on these committees and in other aspects of school life is a valued contribution to the educational program of

the Hicksville Public Schools.

We hope that you will join in and play an active role in providing the best opportunities for the students of our community.

The Superintendent of Schools Salvatore Mugavero, along with the administration, Board of Education and faculty would like to welcome all students back to school and hope that they had a relaxing and enjoyable summer.

## PTA Welcomes The Hicksville Students

The Hicksville Council of PTA's welcomes all students back for the upcoming school year.

The council is made up of representatives from all Hicksville's public schools, as well as the Special Education PTA (SEPTA).

Meeting monthly throughout the school year, the council serves as a channel of communication between school administrators, the school board and PTA's.

In addition to hosting such annual events as Founders Day and the School Board Candidates Forum, the Hicksville Council of PTA's is planning to hold a Homecoming Fair for October 26, the date of the high school football team's annual homecoming game. The cooperative effort aims to bring Hicksville's many children together for a day of fun and pride in their community. Joining the PTA in this endeavor will be such organizations as the Hicksville Alumni Association, the Hicksville Athletic Boosters and the Hicksville Band Parents Association. Nothing has been set in concrete yet concerning this event. It is still in the beginning planning stage. As soon as more information about the event becomes available, it will be relayed to residents.

## New President Of Gift Of Life



GAYLE BERNSTEIN (left) was recently appointed new president of Gift of Life, Inc., a non-profit organization of Rotarians and community supporters whose mission is to help needy children suffering from congenital heart defects secure a new life through the miracle of open heart surgery. She is pictured here at a dinner celebrating her installation with Past President Rony Kessler.

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## Twin County

(continued from page 3)

will take now that a decision has been reached. "We have 30 days to make an appeal. The Town is reviewing and weighing its options before rushing to a reactionary decision," said Kurt Ludwig, a spokesperson for the Town of Oyster Bay.  
Residents living in the area around the site are not happy with the decision and are waiting to see what action the Town might take in the future.  
Twin County will continue to do business in the area.

## Hurricane

(continued from page 3)

Thanks to the cooperation of LILCO, the Town of Oyster Bay, the Hicksville Fire Department and Nassau County Police the cleanup of Hicksville after Hurricane Bob was fairly quick and easy.  
Residents prepared for the worst but the worst, fortunately, did not come. There were no serious injuries or deaths reported that were a direct result of the storm.  
The storm took about one hour to pass over Hicksville and immediately afterward the sun began to shine again.

## Former Hicksville Resident Dies At 67

Evelyn Weber, age 67, who was born and raised in Hicksville, died on July 14 in Rancho Mirage, California.  
She is survived by her husband, Lewis; two daughters, Linda Burnside and Barbara Barmore; brother, George Karman of Hicksville, and four grand children.

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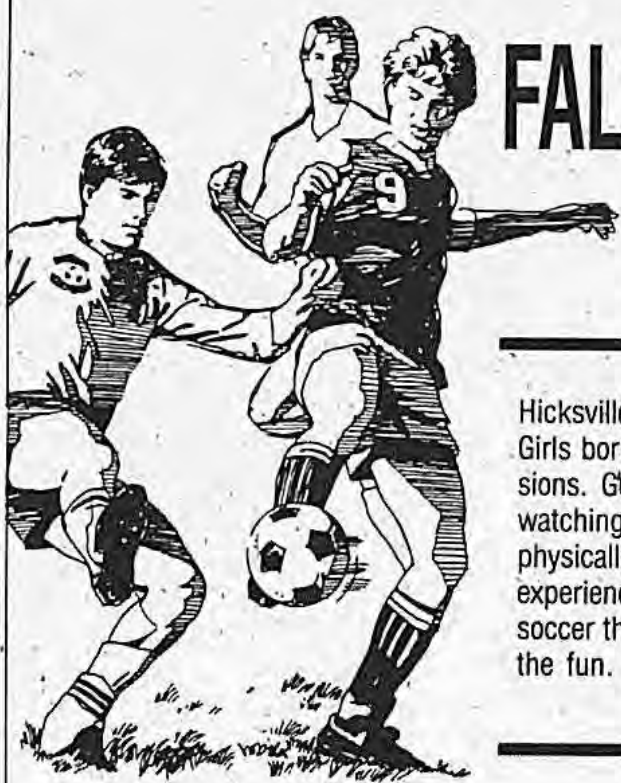
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# FALL SOCCER REGISTRATION KICK-OFF

Hicksville American Soccer club is now accepting Registrations for Boys & Girls born 1988 or older for our intramural Program for Fall and Spring sessions. Get your child involved with the world's most popular game. Enjoy watching your child develop soccer skills that will strengthen them both physically and emotionally. Make new friends and help create a rewarding experience for your child and you. Many of our players who advance with soccer through high school have been fortunate to receive scholarships. Join the fun. Mail your registration and check today.

## Registration Form

HICKSVILLE AMERICAN  
SOCCER CLUB  
P.O. BOX 114  
HICKSVILLE, NY 11802



## BOYS/GIRLS BORN 1973-1988

Fee Pd. \$ \_\_\_\_\_ Chk. # \_\_\_\_\_  
 Date \_\_\_\_\_  
 Siblings \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

CHILD'S LAST NAME	FIRST NAME	SEX	BIRTH DATE	PHONE NUMBER
ADDRESS	YOUTH S M L ADULT S M L	TOWN	YOUTH S M L ADULT S M L	ZIP
SIZE (Circle Two)	SHIRT	SHORTS	INTRAMURAL PLAYERS ONLY	
MOTHER'S NAME (ADDRESS IF DIFFERENT)			FATHER'S NAME (ADDRESS IF DIFFERENT)	

REGISTRATION-BY MAIL  
 TO OUR P.O. BOX 114  
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FEE'S PAYABLE BY CASH OR CHECK:

FIRST CHILD	\$75.00
SECOND CHILD	\$50.00
THIRD CHILD	\$25.00
FOURTH CHILD	FREE

**Help us build - we're looking for volunteers to help coach or run some of our various functions. For information call: Terry Bruno 735-7194 or Dean Camarinos 931-8610**

**VOLUNTEERS ARE NEEDED. WE ARE ALL VOLUNTEERS!!! PLEASE CHECK ONE OF THE FOLLOWING:**

- |                   |                    |                         |
|-------------------|--------------------|-------------------------|
| COACH _____       | FUND RAISING _____ | NEWSPAPER WRITING _____ |
| ASST. COACH _____ | NEWSLETTERS _____  | COMMITTEE WORK _____    |
| TEAM MOTHER _____ | TOURNAMENTS _____  |                         |

**PARENTS' AGREEMENT WITH THE HICKSVILLE AMERICAN SOCCER CLUB**

1-Fees are paid at the time of registration. If registrant later chooses to withdraw before season begins, \$10 late fee will be deducted from the original fee paid.  
 2-It is the parents' responsibility to determine the physical fitness of the child. Please consult with a physician. List here any unusual conditions \_\_\_\_\_  
 3-Registration fees include accident medical insurance. This is in excess of family coverage.  
 I, the parent/guardian of the above named child, hereby give permission for my child's participation in the Hicksville American Soccer Club's activities during the current Club year. I do hereby waive, release, and agree to hold harmless the Hicksville American Soccer Club, the organizers, supervisors, and participants, for any claims arising out of injury to my child, except to the extent that insurance benefits are paid.

SIGNATURE-PARENT/GUARDIAN \_\_\_\_\_ DATE \_\_\_\_\_



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## Hicksville Senior Citizen Pass Offering

The Hicksville Public School District has extended the days that Senior Citizen leisure passes may be issued. Residents 60 and older may obtain a senior pass Monday through Friday from 8 a.m. to 4 p.m. Originally, passes were issued on Tuesdays only.

Senior Citizens are encouraged to apply for a pass and to take advantage of the many experiences offered by the Hicksville Public Schools. Seniors with passes are entitled to free admission for all home athletic contests as well as Thursday evening performances of

high school and middle school productions.

Additionally, residents 62 and older who have a district card are entitled to free tuition in established Adult Education programs and courses.

The passes are available in the Community Relations office located on the second floor of the administration building. Residents must appear in person with proof of age and residency. Further information may be obtained by calling 933-6589 or 933-6679.

## Parking Meters (continued from page 1)

ed with school taxes and county taxes a break," he said.

"I really applaud what you are doing," said one Town resident. "I know the police patrol the parking areas now. It seems like their major job there is to issue tickets. Are the police still going to patrol the lots even after the meters are gone?" he asked.

"You should not see any changes in the amount of time the police spend patrolling the parking fields," said Delligatti.

As of Sept. 1 residents who ride the train frequently will not have to do that last minute search for change for the meters. The worry is if the meter is going to register the change dropped in will also disappear. All

people who wish to use the fields must have a Town of Oyster Bay Parking sticker. While there will be no more 12-hour parking meters, there will be hourly meters for those who do not use the parking fields that often, the day-trippers into the city as they are often called.

Delligatti also told residents that the Town is able to do away with the meters because the Town budget is stable and balanced: "This is not a town that has a budget problem. If we did, we would not be eliminating the parking meters," he said, assuring residents that the Town of Oyster Bay is in good shape fiscally.

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Mussels Marinara	4.95
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Tomatoes	4.95
Fried Zucchini w/Marinara Sauce	3.95
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Cold Seafood Salad	6.95
Lana's House Salad (For 2)	4.95

### SIDE ORDERS

Meatball	3.50
Veal Meatballs	3.95
Sausage	3.50
Escarole & Garlic	2.95
Polenta & Sausage	4.95
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### Pasta

INCLUDES UNLIMITED ITALIAN SALAD & FAMOUS GARLIC ROLLS

Spaghetti w/Veal Meatballs	8.95
Spaghetti w/Meatballs or Sausage	7.95
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Baked Cheese Ravioli	7.95
Baked Stuffed Shells	7.95
Baked Manicotti	7.95
Triple Layer Lasagna	8.95
Cheese Tortellini (Prosciutto, Peas, Parmigiana Cheese in a Cream Sauce)	10.95
Ziti & Broccoli	6.95

### Entrees

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Veal Parmigiana	11.95
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Veal Parmigiana	6.95
Veal Milanese	6.50
Eggplant Parmigiana	5.95

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Macaroni & Meatballs	2.75	Chicken Fingers & Macaroni	3.95
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Today's students do not limit their learning to textbooks and blackboards.

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Here is just a sample of where those other lessons are being taught:

## Ideal Tennis Of West Hempstead

Pee Wee Tennis, one of the many programs offered by Ideal Tennis of West Hempstead, gives children, ages 4-8, a chance to be big shots.

Smaller courts and shorter rackets help the future stars learn the fundamentals of the game in a fun and fair environment. Walter Staritsky directs the Pee Wee program, which is the most comprehensive on Long Island, and oversees the mature, experienced and professionally-trained teaching staff.

For more information on any of the programs at Ideal Tennis, call 486-2165 or visit the facility at 525 Eagle Avenue in West Hempstead.

## Garden City Dance

Perhaps today more than ever, students must be as familiar with the arts as they are with algebra and earth science.

Cathy Purzak, owner of Garden City Dance, believes that the art of dance can be enjoyed by children of all ages and abilities. She recently opened a studio at 6 Manetto Hill Mall in Plainview where fall registration is presently underway.

At Garden City Dance, students can learn the classic art of pointe and ballet or the evolving art of streetjazz and hip hop. All classes are taught by certified teachers with degrees in dance education and child

psychology.

To register for September classes or for more information, call 433-0400 Monday through Thursday, noon to 8 p.m., or Friday, noon to 3 p.m.

## The Gymnastic Center

Looking for a way to encourage self-confidence, perseverance and good sportsmanship? Look no further than the Gymnastic Center of Great Neck.

The Gymnastic Center has been "adding excitement to children's lives for 17 years," according to director Bill Vioria. It offers classes like the Little Gym program, which stimulates sensory motor development in children from three months to three years.

Located at All Saints Church on Middle Neck Road in Great Neck, the Gymnastic Center features a variety of classes for children of all ages and is staffed by trained, dedicated individuals. The floor of the main gym has a fully-carpeted, state-of-the-art spring floor and all equipment meets strict safety regulation standards.

For complete details and information on the fall schedule, call 487-1437.

**SWINGING INTO SEPTEMBER:** There's more to learning than textbooks and at the Gymnastic Center of Great Neck, the lessons include sportsmanship and perseverance.



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# The First Soviet-American Ballet Company

When registration begins this week for the 10th season of The Great Neck School of Dance, it marks what is perhaps the best local case of grass roots glasnost. Last spring, the school's director, Roberta Senn, launched the American Ballet Russe, the first ballet company in the world to be artistically managed jointly by Russians and Americans.

"To have world-class Russian dancers in our new ballet company is a joy, but to have them teaching my students in my school is a miracle," Senn said.

As principal coach and ballet mistress of the American Ballet Russe, Elena Stepanenko works with the professional dancers who make up the company, but also finds time to teach weekly at the school and

work in rehearsal with the school's best young students. Some of those students were chosen to dance in the corps de ballet of the American Ballet Russe performance of *Giselle* in Stepping Stone Park recently.

Stepanenko's ballet career began as a classmate of Mikhail Baryshnikov's at the Kirov Vaganova School in the Soviet Union. Soon she rose to the top of her profession as a prima ballerina with the three great ballet companies of Leningrad and Moscow. She has danced all of the classic leading roles, including *Odette-Odile* in *Swan Lake*, *Giselle* in *Giselle*, and *Princess Aurora* in *The Sleeping Beauty*. In recent years, her work has been as a coach to leading dancers around the world. Her students have included Andris Liepa, a principal dancer with the Kirov

Ballet, and Andrei Fedotov, a principal dancer with the Bolshoi Ballet, who was recently seen by American audiences when he toured with Rudolf Nureyev and Friends.

Though her own dancing is still breathtaking, Stepanenko prefers to coach others both in the technical demands of key roles in the great ballets and in the nuances of the characters that are being portrayed. A victim of religious persecution and torture in the Soviet Union, the Jewish Stepanenko finally came to the United States last year at the special invitation of the United States government. "Her story is unrepeatable. No one can listen to it without being moved to tears," said Senn.

"This is a chance of a lifetime for young dancers in Nassau County—to learn from

Elena and to get a shot at performing with an international ballet company based right here on Long Island. Most professional dancers do not get this opportunity," Senn said.

The school's traditional Friday morning class, which Stepanenko teaches, is attended by American Ballet Russe star Vladimir Teriokhin, who danced the lead role of Albrecht in the recent *Giselle* production. Having studied at the school of the Bolshoi Ballet, Teriokhin danced with the Bolshoi and became a principal dancer with the legendary ballet theatres in Leningrad before coming to the United States last summer. In the Soviet Union, he danced the lead roles in the great classical ballets, including Prince Siegfried in *Swan Lake*, Albrecht in *Giselle*,

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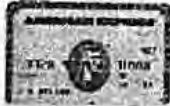
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Page 15 Hicksville Illustrated News - Hicksville, New York - Thursday, August 29, 1991

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# Letters To The Editor

Letters to the editor are welcomed by Anton Community Newspapers. We reserve the right to edit in the interest of space and clarity. All letters must be handwritten and they must include an address and daytime telephone number for verification. Personal attacks and letters considered in poor taste will not be printed. We cannot publish every letter we receive due to space limitations.

## Remember The POW's

I know this letter is long over due, but I feel that because of recent comments from people this letter needs to be written.

I have spoken to a number of people who have commented on how nice it was that a POW/MIA flag was put up in Hicksville in dedication of the men and women from the Gulf War. Maybe they misunderstood the comment in the April 11, 1991 *Hicksville Illustrated News*. People have stated that the POW/MIA flag isn't needed anymore because the Gulf War is over.

On that note I would like to make a correction. The POW/MIA flag was not donated in honor of the servicemen of the Gulf War, it was repaired and put back up so it would be flown on that day. I donated it in replacement of the one, that was taken by someone, ironically, when the Vietnam Vets were down in Logan County delivering the good news that all the kind people of Nassau donated back in Nov. 1990. The flag was

donated for the people of all our wars who our government seems to have forgotten. I would like to thank Ellie Draycott for repairing it, so that it could be flown on that day. While in conversation with Ellie, she mentioned that the American flag was taken while the POW/MIA flag was being repaired. If anyone knows anything about this matter, Ellie would like you to let her know.

In closing I would like to mention that a number of veteran organizations have joined together forming the Coalition Of Veterans Concerned About POW/MIA Affairs. They plan to send a letter in the form of a petition to the president, asking him to become more involved with the POW/MIA issue. If you do care about our brave Americans who are not home with us, please read and sign the petition if asked. There will be people at the Labor Day activities in Hicksville this weekend.

Thank You.

JO-Ann E. Broska



ENCHANTING AN AUDIENCE! The Golden Eagles played rousing numbers to an eager crowd opening the tournament. Photo by Victor Caputo

## Charity Tournament (continued from page 1)

Organization (CYO), The Hicksville Baseball Association (HBA) and The Hicksville Police Athletic League (PAL). Over 90 kids participated in the games to help raise money for the Make A Wish Foundation.

The Boys Tournament Team from the CYO consisted of Manager Gary Lewis, Coach Frank Puglia and the team was made up of Kenny Binick, Chris Connolly, Michael DeBagno, Jason DeFew, Robert Hadded, Gary Lewis, Steven Locke, Jeff Puglia, Patrick Scanlon, Jimmy Walker, Keith Wilcha, Marc Williams and Kevin Wrede. The Girls Tournament Team was made up of Manager Donna Martillo, Coach Sam Alvarez and the team consisted

of Samantha Alvarez, Kerri Famiglietti, Carolyn Galdo, Maura Gardner, Elizabeth Gaynor, Cydney Hayes, Kathryn Kelly, Minda LeCren, Jamie Martillo, Colleen O'Donnell, Kerri O'Donnell, Joanne Smith and Meghan Wood.

The Boys Tournament Team for the HBA was made up of Manager Arnold Ferreri, Coach Robert Campbell and the team was Bobby Campbell, Timothy Cotugno, Bryan Davidson, Joseph Dolezal, Bryon Ferreri, Jimmy Flynn, Anthony Greci, Jason Johnson, Jonathan Kanuck, Jonathan LaPonte, Scott Levy, Carlos Rodriguez and William Stahl. The Girls Tournament Team was made up of Manager Mike Toich, Coach Florence Franchino and the team of Gina

## A Letter from Lulabelle...

...Today I want to talk about a time earlier than mine—about when my Mother was a young girl in a tiny Long Island town. She left school after graduating from the eighth grade in a school with four rooms, two grades to a room—(when I was explaining to her about one of the recent educational theories about the open classroom and kids moving from one subject to another as they could, she said, "Oh, that's just how it was in my school—I always did the reading with the grade ahead.")—and then she went to work as a bookbinder in a local publishing company. She rode to work on a trolley and one of the big concerns was, would the trolley drop them off in front of the publishing company for their nickel fare, or would they have to get out a block earlier, which was the end of the nickel zone... After what sounds like an early "sit-in," the trolley decided to extend the zone to the front of the publishing company... But what I remember most from my Mother's stories is the importance of dancing in the social life of these little town young people... Apparently there was dancing in some hall a couple of times a week and the fee was 2¢ which included the coffee and cake... and there seems to have been some sort of live music most of the time—usually by talented members of the community... Everyone came, not just the young, and babies were put to sleep on chairs around the dance floor—dancing was not just for the unmarried either... Many people have told me that my five foot tall ninety-eight pound Mother was the best dancer in the village, and it sounds as if she was very popular as a partner and teacher of some of the farm boys from the nearby potato farms... When they went to dances in towns which were several miles away, they always walked home because the last trolley stopped much too early and they were unafraid... My Mother and Father actually met at one of these little village dances... There was a marathon dance and my Father and the girl he was dancing with won first prize and my Mother and her fellow won second prize, and the judges suggested that they change partners... and they danced away and right on to the altar... so you can see how important dancing was in those days!!

*Yours, Lulabelle*

Anton Community Newspapers

Farella, Jackie Flynn, Nicole Franchino, Dana Granice, Liane Lewis, Amanda Mahnken, Leigh Morris, Kelly Mullee, Teresa Notskas, Jackie O'Keefe, Melanie Rogers, Athena Schiedet, Abbey Toich and Marissa Toich.

The Boys Tournament Team of the PAL was made up of Manager John Caliguiri, Coach Joe Mortone and the team of John Caliguiri, Greg Kemmler, Nick Mortone, Bill Murphy, David Nelson, John O'Brien, Tim Paul, Rob Quaresimo, Dan Russo, Phil Sauma, Pete Taorminia and Jim Toelstadi. The Girls Tournament Team was made up of Manager Jack Zeller, Coach Stephen Pendergast and Richard Nolan and the players, Karen Apostolo, Meghan Conk, Lauren Clark, Sandy Drew, AnnMarie Elenio, Kristy Haley, Jenise Hamma, Barbara Hundertmark, Elaine Koenig, Kelly Mathis, Jennifer Pandolfi, Denise Rutsky and Kimberly Young.

All the ballplayers gave their all on the two fields that games were played on, offering excitement to parents and friends who arrived with lawn chairs and radios to watch the day's events. Food was provided at the concession stand at very reasonable prices with all money going to charity.

The rain in the morning did not prevent a large number of people from watching the day's events. "We have had this tournament

for five years and it has always attracted a large number of people. It has always done good things and the kids have a lot of fun doing it," said Barbara Granice, whose daughter participated in the tournament.

"The great thing about the whole event is that people give their time, love and support to fellow human beings. I am very happy to lend my support along with the many others in making the event a success," said Gulotta as the games got under way.

"I think it is a measure of the spirit and mindness of the Hicksville Community. Not only is it a wonderful thing, but it is really needed at this time when charities are so important," said Delligatti.

The day appeared to be a success. The weather held up, the kids had fun and money was raised for a charitable cause. Residents can still contribute to the Make A Wish Foundation, by sending donations to Albert Ciaccio, 1 Joseph Lane, Hicksville, NY, 11801. All checks should be made payable to the Make A Wish Foundation.

The children who participated in the softball and baseball games at the Abe Levitt Complex should all be congratulated. Also, the numerous people who volunteered their time should be congratulated for a job well done. It was through them and other members of the community that a child's wish might come true.

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# Arts & Entertainment

## ATTRACTIONS

### Thursday, August 29

"Music of the '50s and '60s" will be performed at Eisenhower Park's Harry Chapin Lakeside Theater at 8. Admission is free. For more information, call 542-4422.

### Friday, August 30

The Tim Gillis Band will give a Country Music Concert at 8 at Eisenhower Park's Harry Chapin Lakeside Theater. Admission is free. For more information, call 542-4422.

### Friday, August 30 Through Sunday, September 1

*Murder Once Removed* will be playing at the Broadhollow Theater, Farmingdale. For curtain times and ticket prices call 752-1400.

### Saturday, August 31 And Sunday, September 1

The Annual Beethoven Festival will be held at Planting Fields Arboretum, Oyster Bay. For more information, call 922-0061.

### Sunday, August 31

A Polo Match will be held at 3 at Bethpage State Park. For more information, call 681-5305.

### Through September 1

*Blithe Spirit* will play at Arena's Main Stage Theater, East Farmingdale. For show times and ticket prices, call 293-0674.

### Through September 13

An art exhibit, "The Prairie In Suburbia: The Changing Nature of The Hempstead Plains," is on display at Swirbul Library, Adelphi. For more information, call 877-1363.

### Saturday, August 31 Through Monday, September 2

A Harvest Home Festival will be held at Old Bethpage Village Restoration from 11-4. Festivities will include: A Clambake, Magic Shows, Pony Rides and Fiddle music.

### Sunday, September 8

The Diane Drake Ensemble will perform Jazz and music of the Big Band Era at 1:30 at Roslyn Pond Park. For more information, call 328-8500.

## Ray Charles' Got The Right Stuff, Uh-Huh!

By William Gravert

He's won ten Grammys... an original member of the Rock & Roll Hall of Fame... played command performances for kings and presidents... a star on Hollywood's "Walk of Fame"... He's even been immortalized in claymation as a "California Raisin" ("Raisin Ray")... Now, as Pepsi's ultra-hip, piano-playing-pitchman in the mega-popular "Uh-Huh" commercials, he's pure pop culture.

Last Friday, at the Westbury Music Fair, Charles reaffirmed his spot in pop's hierarchy as an American original.

Having influenced artists as diverse as Billy Joel, Quincy Jones, and Milt Jackson, Charles' live act is a pop music primer: Rock, R&B, soul, blues, boogie-woogie, country & western, swing, and show tunes, all laced with familiar or catchy melodies.

Backed by his 17-piece big band and the "Raelets" (five female back-up singers), Charles strolled through his catalog of hits spanning almost 50 years in show biz. His stage persona blends an inviting one-part chit-chat, two-parts seasoned showman, and a generous dash of Southern Charm.

At Friday's early set, Charles exercised his versatile baritone early and often, but a lost-in-the-sauce sound mix garbled many of the lyrics — not usually a problem at Westbury. After Charles' hit "I'm Busted," a fast blues, he settled into a solo piano version of "Georgia." Here, with a hint of orchestral accompaniment, Charles flashed a soaring falsetto, interspersed with blue-piano licks. After a big and bouncy "You Come Back To Me," Charles broke stride with the mournfully slow "Just For A Thrill."

In a novel twist Charles reworked Richard Rodgers' "Oh What A Beautiful Morning" into soulful, R&B groove. Taking great liberty with the melody's rhythm, meter, and phrasing, his vocal was underpinned with splashy horn breaks. Try to imagine James Brown singing the lead in *Oklahoma*. You get the idea.

Charles' soul classic "Born To Lose" prompted many in the audience to gently sway in their seats, or maybe just close their eyes and reminisce, as if the melody were a subtle time and place shifter. Perhaps that's the test of a great pop hit.

Tighter than spandex underwear, hotter than a penny-on-an-August-sidewalk, the orchestra (five saxes, four trombones, four horns, guitar, bass, drums, and Hammond



Winner of ten Grammy Awards, Ray Charles backed by his seventeen piece big band and the "Raelets" (five female back-up singers) stroll through his catalog of hits at Westbury Music Fair on August 16.

organ—complete with the old whirling-horns Leslie amp) was a model of cooperation, respect, and musicality. Director/saxman Al Jackson has molded a smooth, responsive unit capable of the subtle give-and-take required to support Charles' free-wheeling style.

The warm-up tune—usually a necessary evil—was a scorching big band blast with the wind section gliding along, reminiscent of the Buddy Rich Big Band or Woody Herman's Thundering Herd. These guys are truly "unihorn."

Conversely, the "Raelets" appeared ill-

at-ease and out-of-place. They had the sequined gowns, the cliché Motown girl-group stage moves, and sang all the right notes, but they were tense and distracted.

On "Knock On Wood" and "I Can't Stop Loving You" they looked like they were preparing for a final exam: one sour-note and they'd be demoted to backing-up a lesser act.

Fortunately, even their bewilder couldn't mar "That's What I Say," Charles' signature party anthem. Here there was no shortage of backing vocals... everyone in the audience.



### The Legendary O'Jays Still Churning Out Hits

The legendary O'Jays are still churning out hit songs after 33 years in the music industry. They will appear at Westbury Music Fair on September 1 at 7 p.m. and 10:30 p.m. Tickets are \$27.50 and are available at the Westbury Music Fair box office and all Ticketmaster ticket centers. For further information or to charge tickets, call 516-334-0800.

## RECOMMENDED...

Six adjunct faculty members of C.W. Post will display their work in an exhibit entitled, "Six Mixes," in the Hutchins Art Gallery of the B. Davis Schwartz Memorial Library, September 3 through October 3 at C.W. Post. For information, contact Ms. Karoly at 516-299-2464... On September 14 at 9 p.m., the Inter-Media Art Center in Huntington will host a jazz concert with keyboardist Dan Siegel. For tickets, call 516-549-ARTS... Don Rickles returns to Westbury Music Fair on September 20 at 8 p.m. Tickets are \$25 and available at the Westbury Music Fair box office, call 516-334-0800...

The Long Island Fiddle & Folk Music Festival will be held at The Museums at Stony Brook on September 15. The festival will be held from 12 noon to 5 p.m. on the grounds — rain or shine. Admission is \$8 adults, \$5 for children ages 6-12. For further information, call 516-751-0066... Now through November 3 the Nassau County Museum of Art in Roslyn Harbor, will host the exhibition, "American Narrative Painting and Sculpture: The 1980's." Museum hours are Tuesday through Saturday, 11 a.m. to 5 p.m. and admission is \$2 for art. For information, call 516-484-9337...

# PUBLIC NOTICES

## AMENDMENTS TO THE CODE OF THE TOWN OF OYSTER BAY CHAPTER 233, SECTION 17, MOTOR VEHICLES & TRAFFIC PARKING METERS IN VARIOUS FIELDS IN THE TOWN OF OYSTER BAY

BE IT ORDAINED, by the Town Board of the Town of Oyster Bay, New York, that all Twelve Hour Commuter Meters shall be removed from the Town's municipal lots, and the Code of the Town of Oyster Bay, Chapter 233, Section 17, Vehicles and Traffic, is hereby amended, as follows:  
**DELETE:** Bethpage Municipal Parking Fields B1, B4, B5, B6, B7 and B8 - Fifty cents - Twelve Hours - Permit Required.  
**ADD:** Bethpage Municipal Parking Fields B1, B4, B5, B6, B7, and B8 - Permit Required.  
**DELETE:** Glen Head Municipal Parking Field G2 - Fifty cents - Twelve Hours - Permit Required.  
**ADD:** Glen Head Municipal Parking Field G2

Permit Required.  
**DELETE:** Hicksville Municipal Parking Fields H2, H5, H6, H9, H10, H11, H12, H14, H16, H17, H18, West Barclay Street, Parking Garage Section 1 - Fifty cents - Twelve Hours - Permit Required.  
**ADD:** Hicksville Municipal Parking Fields H2, H5, H6, H9, H10, H11, H12, H14, H16, H17, H18, West Barclay Street, Parking Garage Section 1 - Permit Required.  
**DELETE:** Hicksville Municipal Parking Field - Parking Garage Section 2 - Seventy-five cents - Twelve Hours - Permit Required.  
**ADD:** Hicksville Municipal Parking Field - Parking Garage Section 2 - Permit Required.  
**DELETE:** Massapequa Municipal Parking Fields M1, M2, M3, M4, M5, M11, Ocean Avenue - Fifty cents - Twelve Hours - Permit Required.  
**ADD:** Massapequa Municipal Parking Fields M1, M2, M3, M4, M5, M11, Ocean Avenue - Permit Required.

**DELETE:** Syosset Municipal Parking Fields S1, S2, S3 - Fifty Cents - Twelve Hours - Permit Required.  
**ADD:** Syosset Municipal Parking Fields S1, S2, S3 - Permit Required.  
**BY ORDER OF THE TOWN BOARD OF THE TOWN OF OYSTER BAY**  
**CARL L. MARCELLINO**  
 Town Clerk  
**ANGELO A. DELLAGATTI**  
 Supervisor

Nicholas J. Brigandi, Chairman  
 Gilbert E. Cusick, Treasurer  
 Richard A. Humann, Secretary  
 Dated: Hicksville, New York  
 August 26, 1991  
 08-29-91-1T-43342-HICK

**NOTICE OF PUBLIC MEETING BY THE ZONING BOARD OF APPEALS**  
 Pursuant to the provisions of Article I, Division 3, Section 87 of the Building Zone Ordinance, notice is hereby given that the Zoning Board of Appeals has scheduled a public meeting, which will take place in the Town Hall (East Building) Meeting Room, Audrey Avenue, Oyster Bay, New York, on September 5, 1991, at 7:00 P.M., to consider the following appeals:  
**APPEAL NO. 91-319 HICKSVILLE**  
**SHEILA M. JANNAGE:** Variance to erect a one-story, side addition, having less than the required side yard and aggregate side yards.  
 36 Blueberry La., Hicksville, NY  
**APPEAL NO. 91-320 HICKSVILLE**  
**KEITH A. VON BARGEN:** Variance to maintain an existing, rear, roofed over patio, having less than the required side yard and aggregate side yards.  
 Wso Po La., 357 63 Ft. No W. Nicholas St., a/k/a 6 Po La., Hicksville, NY  
**APPEAL NO. 91-321 HICKSVILLE**  
**MARION KUNZ:** Variance to erect a six (6) ft. high, wooden fence, across a portion of the front yard, on a "double front" lot, exceeding permitted height.  
 Sab First St., 175 Ft. Eo Frevert Pl., a/k/a 47 First St., Hicksville, NY  
**APPEAL NO. 91-322 A/B HICKSVILLE**  
**HOWARD MANSFIELD:** (A) Variance to maintain an existing, one-story, front addition and an existing, roofed over, front porch, having less than the required side yard and aggregate side yards. (B) Amend the Specific Plan accepted by the Zoning Board of Appeals for prior Appeal No. 70-378.  
 Wso Miller Circle, 258.31 ft. N.Wo Miller Pl., a/k/a 10 Miller Circle, Hicksville, NY  
**APPEAL NO. 91-323 HICKSVILLE**  
**MURIEL & EDWIN HOFFMAN:** Variance to maintain an existing, roofed over, front porch, having less than the required front and side yards with encroachments of eaves and gutters.  
 NW corner of Chestnut St. & Cliff Dr., a/k/a 67 A Chestnut St., Hicksville, NY  
**APPEAL NO. 91-324 HICKSVILLE**  
**MICHAEL MILONE:** Variance to maintain an existing, rear, enclosed porch, together with an existing, rear, raised, wooden deck, having less than the required side yard and aggregate side yards.  
 Wso Haverford Rd., 150.52 ft. Wso Berkshire Rd., a/k/a 28 Haverford Rd., Hicksville, NY  
**APPEAL NO. 91-325 HICKSVILLE**  
**JAMES KILMARTIN:** Variance to maintain an existing, rear, raised, wooden deck, having less than the required side yard and aggregate side yards.  
 Wso Dartmouth Dr., 65 ft. No Stanley St., a/k/a 121 Dartmouth Dr., Hicksville, NY  
**APPEAL NO. 91-326 HICKSVILLE (WESTBURY PO.)**  
**MARIE SHOR:** Variance to maintain an existing, rear, raised, wooden deck, having less than the required rear yard.  
 NE side of Neil Ct., 134.03 ft. No Marilyn La., a/k/a 10 Neil Ct., Hicksville (Westbury PO.), NY  
**HOLDOVER CALENDAR**  
**APPEAL NO. 91-280 A/B HICKSVILLE**  
**81 DUFFY AVENUE REALTY CORP.:** (A) Variance to maintain an existing, one-family dwelling and to permit rented and/or leased off-street parking, as a mixed use in a one-family residence district; (B) Variance for a reduction of aisle width for off-street parking.  
 Wso Duffy Ave., 587 ft. Wso Newsbridge Rd., a/k/a 81 Duffy Ave., Hicksville, NY  
 AUGUST 26, 1991

Dated: Oyster Bay, New York  
 August 20, 1991  
**STATE OF NEW YORK**  
**COUNTY OF NASSAU, } ss:**  
**TOWN OF OYSTER BAY**  
**I, CARL L. MARCELLINO** Town Clerk  
 Of the Town of Oyster Bay and custodian of the Records of said Town, DO HEREBY CERTIFY that I have compared the annexed with the original Notice of Amendments to the Code of the Town of Oyster Bay adopted by the Town Board on August 20, 1991, approving Chapter 233, Sec. 17, Parking Meters in Various Fields in the Town of Oyster Bay filed in the Town Clerk's Office,  
 and that the same is a true transcript hereof, and of the whole of such original.  
**SEAL**  
 In Testimony Whereof, I have hereunto signed my name and affixed the seal of said Town this 21st day of August, 1991.  
**CARL L. MARCELLINO**  
 Town Clerk  
 08-29-91-1T-43344-HICK

**NOTICE TO BIDDERS**  
 Notice is hereby given that Sealed Proposals for the purchase of LIQUID CAUSTIC will be received by the Board of Commissioners, HICKSVILLE WATER DISTRICT, in the office of the Board at 4 Dean Street, Hicksville, New York until 4:00 P.M., on Thursday September 12, 1991. Bids will be publicly opened and read aloud at 7:00 P.M., September 12, 1991.  
 Plans, Specifications, Information to Bidders and Contract Forms may be obtained at the District Office, 4 Dean Street, Hicksville, New York.  
 Each Proposal must be accompanied by a Certified Check or Bid Bond in the amount of Five Percent (5%) of the bid amount payable to the HICKSVILLE WATER DISTRICT, as assurance that the bid is made in good faith.  
 The Board reserves the right to reject any and all bids, waive any informalities, and to accept such bid which in its opinion, is in the best interest of the Water District.  
**BOARD OF COMMISSIONERS**  
**HICKSVILLE WATER DISTRICT**  
 of the Towns of Oyster Bay and Hempstead

## Contract Bridge By Steve Becker

### Sylvia Sticks to Her Principles

North dealer.  
 Both sides vulnerable.  
**NORTH**  
 ♦ AKQ732  
 ♥ A875  
 ♦ 533  
 ♣ —  
**WEST**  
 ♦ 5  
 ♥ 10942  
 ♦ 10986  
 ♣ 7543  
**EAST**  
 ♠ J1098  
 ♥ KJ63  
 ♦ KQ7  
 ♣ 62  
**SOUTH**  
 ♠ 64  
 ♥ Q  
 ♦ AJ2  
 ♣ AKQJ1098

diamond and Sylvia won East's queen with the ace.  
 Sylvia recognized at once that the contract could be made only if the spades were divided favorably and, having absorbed this fact, she ran her clubs. After she had played five of them, this became the position:

**North**  
 ♦ AKQ732  
 ♥ A  
**West**  
 ♦ 5  
 ♥ 10942  
 ♦ 98  
**East**  
 ♠ J1098  
 ♥ KJ  
 ♦ K  
**South**  
 ♠ 64  
 ♥ Q  
 ♦ J2  
 ♣ 98

The bidding:  
 North East South West  
 1 ♠ Pass 4 NT Pass  
 5 ♥ Pass 7 NT  
 Opening lead — ten of diamonds.  
 It did not take us long at the club to learn that Sylvia had a one-track mind. Once she got an idea into her head about how a hand should be played, the idea would completely dominate her thinking. Usually she'd follow it to what seemed to her the logical conclusion, though frequently this logic would entirely escape the other players — especially her partner.  
 Consider this deal where Sylvia reached seven notrump. West led a

Sylvia cashed the nine of clubs and — consistent with her firm belief that the spades had to come home for the grand slam to be made — discarded the ace of hearts from dummy! East thereupon discarded the jack of hearts, but when Sylvia next led the eight of clubs, he found it impossible to discard successfully. Whatever he played, Sylvia was sure to score the rest of the tricks.  
 Oddly enough, had Sylvia not discarded the ace of hearts, she would have found it impossible to make the grand slam!

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- WILLISTON PARK 412 Willis Avenue • 354-0634
- NEW HYDE PARK 125 Hillside Avenue • 354-0634
- FLORAL PARK 29 Atlantic Avenue • 354-0634

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Spirit 180mx treadmill	1795	1649
Wynmor 990 treadmill	750	500
Wynmor 992 treadmill	999	750
AlrRow Rowing machine	995	849
Spirit 760 Stepper	349	299
Tunturi C401 Stepper	249	199
Wynmor Wynfit bike	349	279
Combi EX80 Electronic Cycle	995	849
Parabody EX500 home gym (pictured)	1995	1649
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Cedarhurst 420 Central Ave 295-0163  
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Sept 15, 1991

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any other offer



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SENIOR CITIZENS CAN ADOPT AN ADULT PET FREE

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# Classified

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Help Wanted & Real Estate & Garage Sales—Noon Mondays  
All other categories — Noon Fridays  
Payment with order: Cash, Check, Money Order, MasterCard, VISA or American Express.

**CALL**  
**747-8282**  
**TO FAX YOUR AD**  
**742-6376**

**NEW HOURS TO PLACE ADS**  
**MON.-FRI. 8:30 A.M. - 5:30 P.M.; SAT. 9 A.M. 12 P.M.**

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**Classified Supervisor**  
Sheila Lutz

**Classified Coordinator**  
Jo Scotto

Jane Vale  
Felicia Benn

### 1 Announcements

**HAVE A HAPPY LABOR DAY!**  
Our Holiday Classified Schedule is as follows:  
**DEADLINES:**  
**THURSDAY 8/29 12PM.** All ads (except Garage sales, Real Estate, Help Wanted.)  
**FRIDAY 8/30 12PM.** Garage Sales, Real Estate, Help Wanted.  
**747-8282**

**YOUR 25 WORD CLASSIFIED AD** will run in the New York State Classified Advertising Network (NYSCAN) of 203 weekly newspapers statewide for only \$218. You can also advertise your classified in specific regions (Western, Central and Metro) for only \$160 for two regions and \$88 for one region.

**Call or visit**  
**Anton Community Newspapers**  
**747-8282.**  
**Ask for Classified**

### 1 Announcements

**ATTENTION ADVERTISERS**  
Please check your ad the first time it appears. Ads placed by telephone are read back for verification of content.  
In the event of an error, Anton Papers & the Long Islander are responsible **ONLY** for the FIRST INCORRECT INSERTION.  
The paper assumes **NO** responsibility, for any reason, for an error in an ad beyond the cost of the ad itself.  
Anton Papers Classified reserves the right to edit, reject, cancel or correctly classify any ad.

**BOOK SALE** at the Levittown Public Library  
Thurs. Sept. 5 5pm-10pm  
Fri. Sept. 6 9am-10pm  
Sat. Sept. 7 9am-5pm  
Use Bluegrass Lane entrance

**FOREIGN EXCHANGE STUDENT** Fernando from Spain, 17. BECOME A **WISE HOST FAMILY** EXTREMELY URGENT! VISA DEADLINES HERE. Call Shirley Monnier (716) 637-6494, or 1-800-SIBLING NOW! (NYSCAN) 8/29

**MAKE A FRIEND FOR LIFE!** Scandinavian, European, Yugoslavian, high school exchange students arriving August. **HOST FAMILIES NEEDED!** URGENT! Visa deadlines! CALL NOW! American International Student Exchange Toll Free 1-800-SIBLING (NYSCAN) 8/12

**SHARE AMERICA! WALLS MUST FALL!** Visa deadlines here! AISE high school exchange students await family call for August. 31 countries & local representative. Just food, bed, sharing. Exciting! Rewarding! Relevant! Lifetime! 1-800-SIBLING (NYSCAN) 8/12

**ST. ANNE'S THURSDAY NIGHT LADIES** has openings starting Sept. 5th - 8 pm at Garden City Bowl. Great Lenox prizes. **NO AVERAGE NO EXPERIENCE NECESSARY.** Come join our fun! For further information please call Denise 785-1317

**URGENT!** Germany's Thomas and Louise awaits host family call to A.I.S.E. New York. Swimming, piano, "popular," "friendly" TIME RUNNING OUT for Thomas, please! Shirley Monnier (716) 637-6494, or 1-800-SIBLING (NYSCAN) 8/29

**Foreign Exchange STUDENT** Spipp from Germany, 18. Become a **WISE HOST FAMILY** EXTREMELY URGENT! VISA DEADLINE HERE! Call Shirley Monnier (716) 637-6494, or 1-800-SIBLING NOW! (NYSCAN) 8/29

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Farmingdale Observer — The Dispatch (Floral Park & Stewart Manor) — Garden City Life — Glen Cove Record Pilot — Great Neck Record — Hicksville Illustrated News — Syosset/Jericho Tribune — Levittown Tribune — Manhasset Press — Massapequan Observer — Nassau Illustrated News (Mineola and New Hyde Park) — Oyster Bay Enterprise Pilot — Plainview/Old Bethpage Herald — Port Washington News — Roslyn News — Three Village Times (West Hempstead, Franklin Square, Elmont) — Westbury Times — The Long-Islander/North (Huntington Township) — The Long-Islander/South (Islip Township) — Northport Journal  
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**AUTOMOBILES BAD CREDIT OK** 88-91 models. Guaranteed approval. No down payment. 1-800-233-8286 (24 hours) (NYSCAN) 8/29

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### 7 Cars Wanted

**ALL AUTOS BOUGHT!** Any model. Any condition. We visit you with CASH!  
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**ALL Used Cars Foreign, Domestic, Exotic.** Prof. serv. Top \$\$. We visit you. Jon-Tar Inc. 629-5611 (NYSCAN) 8/29

### 8 Garage Space

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### 17 Instruction

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**Lentz & Lentz**  
Call Collect  
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### 20 Edibles

**NEW YORK CITY RESTAURANT CHEF** Available for In Home Catering or Classes. Rates Negotiable. Call for References, Menus, or Consultation.  
**ANNE K. CLIFF**  
516-474-0447 (NYSCAN) 8/29

### 23 Entertainment

**HOROSCOPE CARD READINGS BY ROSE**  
Advice Given On All Matters of Life, Such as Love, Marriage, Business, Etc. 50% Off With This Ad  
**938-7403** (NYSCAN) 8/29

### 24 Reunions

**PAUL D. SCHREIBER HIGH CLASS OF '72 REUNION** Plans for the Schreiber High Class of '72 year reunion are presently underway and the committee is looking for a current list of graduates and their addresses. Tentative plans have been set for June or November of 1992 in Port Washington. If you know of any graduates, including yourself, submit your name ( maiden and married), present address and phone number and submit to The Port Washington News, c/o Andrea Mastrocinque-Marione, 270 Main St., Port Washington, NY 11050, attn: Class of '72 Reunion. Your cooperation is appreciated.

### 25 Professional Services

**LOOKING FOR A CONSISTENT SPORTS ADVISORY SERVICE?** Look no further than "Las Vegas Sports Circuit" (the way to winning consistency) 1-800-356-1811. (NYSCAN) 8/29

### 25 Professional Services

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Anton Community Newspapers Professional Listing appears in all 20 of our newspapers. We have sales for all budgets.  
For Information Call 747-8282 Ask for the CLASSIFIED DEPT.

### 26 Computer Services

**TECHNICAL DOCUMENTATION/DESIGN PROFESSIONAL** B.S. My experience in desktop publishing, online documentation and user manual design will save money and increase user productivity. Reasonable per hour/project rates. Vincent. 516-593-3629. (R648) (NYSCAN) 9/5

### 27 Counseling

**EXPRESSIVE THERAPY** Personal Development/Business & Career Coun. Creative Problem Solving/Workshops. For info: CLS (914) 354-1303 (NYSCAN) 8/29

### 28 Financial

**CREDIT ON CALL.** The credit information online. Attention educated consumers. Questions about credit? Have bad credit? Trouble getting credit? No credit history? Solve problems now! Answers to credit questions. Master your credit today. 1-800-445-0051 \$2.00 per min. Subjects change periodically. Free credit information packet by request. Call today! (NYSCAN) 8/28

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Willing to train ambitious, hard working individual for a career in advertising sales. Based out of Huntington office. Salary plus commission. Health Benefits. Call Mr. Westman, (516) 747-8282

#### TELEPHONE SALES

If you are articulate, glib & like to talk on the phone, I want to speak to you about Classified Sales. Experience preferred but will train. Half day Saturday required. Full Time. Salary plus Comm. plus benefits. Sheila, Ext. 175.

#### EDITORIAL LAYOUT/PASTE-UP ARTIST

Speed and accuracy a must. Experience required. Mon., Tues., Wed., Thurs. P/T — 12 until 6 or 7. Call 747-8282 ext 174. Ask for Cary

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Part-time Mornings, Evenings, Days, flexible hours. Minimal experience needed. Stats, valoxs, negatives. Start immediately.

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Now hiring immediate openings, work 6 p.m. to 9 p.m., Monday to Thursday. Can earn \$10 to \$12 per hour. Salary & commission. Call Tom, 747-8282, 10 a.m. to 4 p.m.

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Renovated 1 BR Co-Op  
Upper unit w/atic storage. New kitchen, updated bath, new carpeting, DW, VFD. Private entrance facing quiet courtyard. Walk to prestigious Garden City shops, RR, Court house. Fantastic condition. Asking \$99,000. Owner. 516-446-4257

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Large 1BR great views - in deductible asking \$129,900 (516) 482-3500 anytime

**ISLIP**  
NICE AREA SPACIOUS DUPLEX  
3 BR, 2 BATHS WITH BEAUTIFUL CLUB HOUSE, POOL, OWNER \$39,000  
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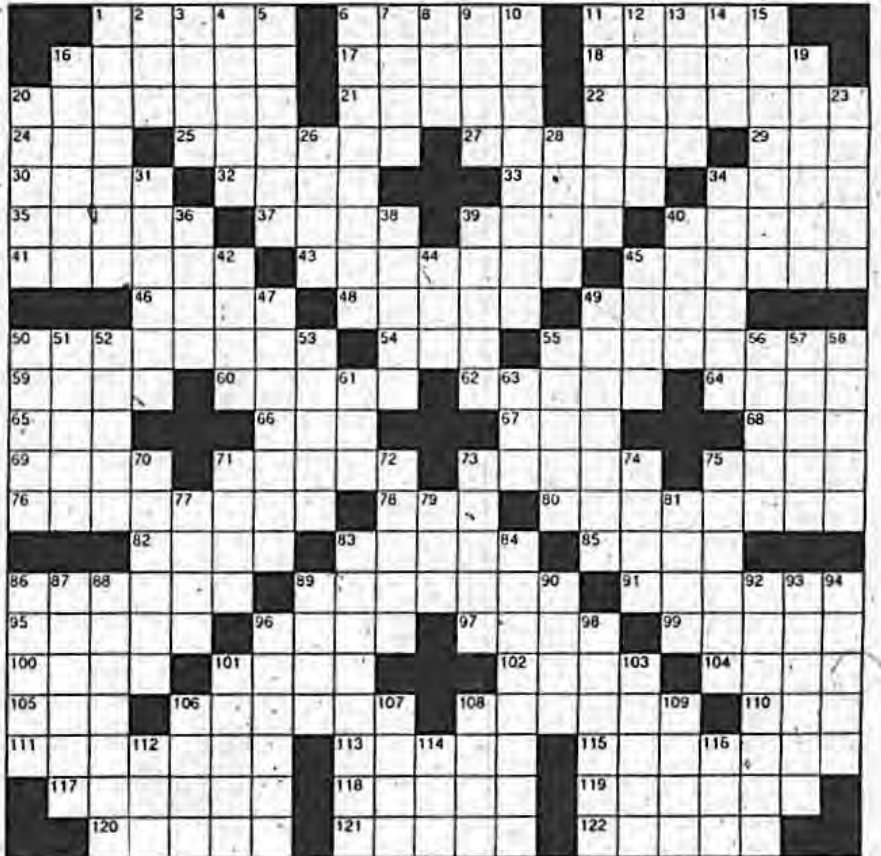
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Moo!

- |   |                              |                              |                               |  |  |
|---|------------------------------|------------------------------|-------------------------------|--|--|
| <b>ACROSS</b>                             | cordial                      | 66 Lend a hand               | 3 See 96 Down                 | coins                                  | 79 Once  |
| 1 Isle of Wight                           | 46 Scored a hole in one      | 89 Large game fishes         | 4 Inventor Howe               | 42 To lamb                             | surmamed Clay  |
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| 18 Actress Audrey                         | 55 Marsh marigolds           | 99 Dress up                  | 9 An island                   | 50 Billiards shot                      | 87 It follows opera or hunting                                 |
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| 22 Revoked a legacy                       | 62 Fits of uncertain temper  | 102 Silent star Theda        | 12 Fashions                   | 53 Strong wrapping paper               | 90 River to the Moselle  |
| 24 Collection of anecdotes                | 64 Mad as a wet hen          | 104 Eye amorously            | 13 French seasons             | 55 Humorous                            | 92 "I would not talk of — or woman, but of citizens" (Stanton) |
| 25 Mortarboard ornament                   | 65 Pitcher Darling           | 105 Prom follower            | 14 Raided the refrigerator    | 56 Order of Greek architecture         | 93 Postpones   |
| 27 "Small minds can never handle great —" | 66 Youth org.                | 106 Remove surgically        | 15 Dismissal from an office   | 57 Practical joke                      | 94 Diggers   |
| 29 Cry to the matador                     | 67 "I — Rock" (song)         | 108 Deserves                 | 16 Explosive used in grenades | 58 Ancient Irish clans                 | 96 With 3 Down, creator of Mickey Mouse                        |
| 30 It's before tar or needle              | 68 Forty winks               | 110 Actress — Dawn Chong     | 19 Connect or associate       | 61 Blueprint addition                  | 98 Supermarket worker  |
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| 33 Elec. units                            | 71 Ransack and rob           | 113 Of an hour               | 23 Took out goblin            | 70 Pixie or goblin                     | 103 Gruel of maize meal  |
| 34 Of grandparents                        | 73 Voice a complaint         | 115 Ranch hands              | 26 Understands                | 71 Declaim violently                   | 106 Weight of India  |
| 35 Babylonian hero                        | 75 Pub measure               | 117 Settle down snugly       | 28 Give forth completely      | 72 Valuable wood                       | 107 Soliloquy starter  |
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| 39 Shield                                 | 78 Legal profession          | 119 Gladdens improperly      | 36 Way or enemy lead-in       | 74 Meadow moms                         | 109 Deck mop   |
| 40 — of the art                           | 80 Unruly tufts of hair      | 120 Cartoon duck             | 38 Cheerful songs             | 75 "Trelawney of the Wells" playwright | 112 Youth org.   |
| 41 Catch sight of                         | 82 Resounded                 | 121 Fits one into another    | 39 Town in Surrey, England    | 77 Young woman                         | 114 Legal matter   |
| 43 Scrap of information                   | 83 Infant's complaint        | 122 Kind of puzzle           | 40 Old French                 |  | 116 Bnt. unit of heat  |
| 45 Became less                            | 85 Song of joy (var.)        | <b>DOWN</b>                  |                               |  |  |
|   |                              | 1 Beach shelters             |                               |  |  |
|   |                              | 2 Cockney's residence?       |                               |  |  |



Average time of solution: 68 minutes

9-1 CRYPTOQUIP  
SBF XRDKQPC IKDABKZ TC UTI TX P VPZZKD  
ZGDRCO UBK ATVZ MKPMTCT: BK ZRZC'U SPCU  
UT ATQK ZTSC SRUB PCFUBRCO.  
Today's Cryptoquip clue: Z equals D

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RAMAH REDO DELI URIAH  
ENERO ACIS EMIL SINGE  
TASTE MIL IRADE SATIED  
SLIPPERS PENCIL  
SAW ALÉE ETS SCAN ESS  
PRANCED FILCH EMBRACE  
ALLIES GENERAL POISON  
DEEDS MUTE ALOE OPENS  
ESSE TAMED PLANET SEE  
STARS FUSSY  
ACT HUSHED STIERE EAST  
SLICE HORA HIRE HARTE  
SONORA ENTRIES FORMER  
AGELESS SEELS GARNETS  
MSS DINE DEO DAIS TSE  
ASSERT SHOETREE  
SMASH AROSE ULE SPIRE  
CORTIO KANA STEW HADES  
AMIDE ETAL ATEA OCEAN  
MULES RALE PREY ETAPE

THE SUPERB DRESS WITH THE LOW NECKLINE WAS DARING, BUT SHE DECIDED TO TAKE THE PLUNGE.



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# HICKSVILLE ILLUSTRATED NEWS

# SPORTS

## Ebbets Field Cafe Loses Lacrosse Championship

The Ebbets Field Cafe lacrosse team was defeated by "Pot Belly Pub" 10-6 in the summer lacrosse league championships.

The team had an outstanding season however, led by Hicksville High School lacrosse coach Chuck Arnone's 24 goals, 14 assists and 327 shots. Jim Braun played awesome all season in goal, registering 22 saves per game average. The Ebbets Field team was anchored by it's defense led by two time college all-American and Hicksville High School lacrosse star, John Ednie.

Other bright spots on the defense were Bill "Crash" Dunn, Kevin the cat Hanifan and Joe McDonald, all former Hicksville High School All-County selections. The defense was solidified by Tom Kinsella.

Much of the teams success came at the midfield, led by Art Whitmarsh, who when not in the penalty box, is usually found around the goal, scoring 18 goals and 9

assists with 16 penalties. Other middles sharing the scoring, were Phil Essignman, who has 12 goals and 6 assists, and Tom Campolletano with eight goals and 2 assists. Tom's the lacrosse coach at North Shore High School and led his team to the play-offs before losing to Garden City 24-0.

Brian McAuley, whose three-goal heroics in the fourth quarter of the semi-finals, assisted Carl Campolletano on the game winner.

On a sour note, Jim DeNicola broke three ribs, but don't worry, he's doing fine.

Lacrosse Roster of Hicksville High School ex players includes: Chuck Arnone, class of 1970, Carl Campolletano 1968, Tom Campolletano 1977, Jim DeNicola 1974, Bill Dunn 1976, John Ednie 1979, Phil Essignman 1979, Kevin Hanifan 1977, Tom Kinsella 1981, Brian McAuley 1970, Joe McDonald 1976 and Artie Whitmarsh 1979.



LACROSSE PLAYERS scramble for the ball during one of the season's exciting games.

## Rookie Division A's Highlights

The A's, in one of the most thrilling games of the season, battled the Yanks and won 4-2. Pitchers Pete Ruffini and Ryan Pingitore combined on a marvelous 3 hitter, while the infield duties were flawlessly handled by Adam Colton, Sean Naughton and Mark Perry.

Christopher Sulfaro made an outstanding play in center field, holding the hitter to just one base. Seth Baldwin and Chris Howard

also played a steady game in the outfield.

Brian Casale responded to the teams need for a catcher and performed admirably. The games hero was Gregg Pingitore who pounded out two hits, both coming with two outs, which drove in all four runs. Greggs two hits came off an outstanding display of pitching by the Yanks who held the A's to three hits as well.

## Ebbets Field Cafe Team Year In Review

The Ebbets Field Cafe Softball "B" Team of Hicksville is preparing for the playoffs in both night leagues and two key tournaments. The success of the year can be contributed to keen team management, a myriad of outstanding athletes and consistent fan support from the families and friends.

August 14.

The year began on the first Sunday in March at Northside. The first few weeks were tough for the team. The first game the team played was a playoff game for entrance into the Town of Oyster Bay League. They won and qualified for a place in the league.

The success of the team can be attributed to a total team effort. Billy Lawson lead the team in hits, RBI's and batting average and is second in home runs. Peppy Wallace leads in doubles and triples and has been a source of excitement as his strong arm is well respected throughout the league. Nicky DiCostanza leads in homeruns, runs scored and has the second highest batting average. Chris Walsh is an incredible shortstop, back up pitcher and lead off hitter. He is among the league leaders in hits, runs scored, doubles walks and RBI's and batting average. Kevin Rottkamp, Richie Diaz and Ed Lynch each proved their worth throughout the season.

The season continued through May, July and August. There were five tournaments plus four games a week. The results of the team's efforts showed an impressive combined league record of 32-8, catapulting the team into the playoffs which began on

The team has demonstrated that it can win as evident of their record this year.

## PAL Baseball Highlights

### Mets 14 — Yankees 6

A closely played game broken open in the sixth inning. Brian Lewis and Andy Visconti each had three base hits. Brent Rogers had a grand slam homerun and Danny Smith pitched two shutout innings.

### Mets 9 — A's 4

Danny Rogers, Joe Rodman and Danny Smith combined for a nice pitching performance. Mike Lupa and Vinnie Carroll each made good fielding plays.

### Mets 18 — Yankees 11

Frank Danko's bases loaded triple, put the

Mets into the lead. Danny Smith had two base hits and Vinnie Carroll had a base hit. Danny Rogers, Brent Rogers, Mike Lupa, and Andy Visconti did the pitching.

### Mets 11 - Cards 5

This game saw many outstanding defensive plays made in the field. David Welti handled several changes in the field and also scored two runs. Mike Lupa made a stop in left-center and got a force out at second base. Danny Rogers made the play of the game, throwing out a Cardinal runner at the plate from right-center.

## Fall Soccer Registration Underway Now

Hicksville American Soccer Club intramural team registration has begun for the fall season.

The fee for the first child to sign up is \$75, for the second child \$50, for the third child \$25 and there is no charge for a fourth child in a family who signs up to play.

Fees are paid at the time of registration. Registration fees include accidental medical insurance.

It is the parents' responsibility to determine the physical readiness of the child and parents must list any unusual medical con-

ditions on the registration form.

The league is also looking for volunteers to help in various jobs within the league.

Further general information can be obtained by calling Terry Bruno at 735-7194 or Dean Camerinos at 931-8610. Sign-up information for children between the ages of seven and 12 can call Gary Bretton at 938-2359.

Sign-up for children between the ages of three and six years can call Rich LaPolla at 931-0739.

## Athletic Workshop At Hicksville High

The Hicksville High School will be hosting a Nassau County Athletic Workshop on Athletic Sportsmanship, Thursday, September 5 at 7 p.m.

Superintendent of Schools Salvatore Mugavero and High School Principal Richard Hogan will welcome guests from other school districts including one coach and two players from all sports teams in the

county. Emcee of the program is Patrick Pizarella, Hicksville Supervisor of Physical Education and Health.

Hicksville students from the Athletes Helping Athletes program will be on hand to act as hosts and hostesses for the evening and the Hicksville Athletic Booster Club will man the hospitality room.



BATTER UP! The girls get ready to show off their softball skill as the first game gets underway in the Hicksville Baseball/Softball Tournament on Saturday.

Photo by Victor Caputo

Part Two of the Mid Island Times  
Syosset Advance, Williston Times,  
New Hyde Park Herald Courier,  
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The Garden City News  
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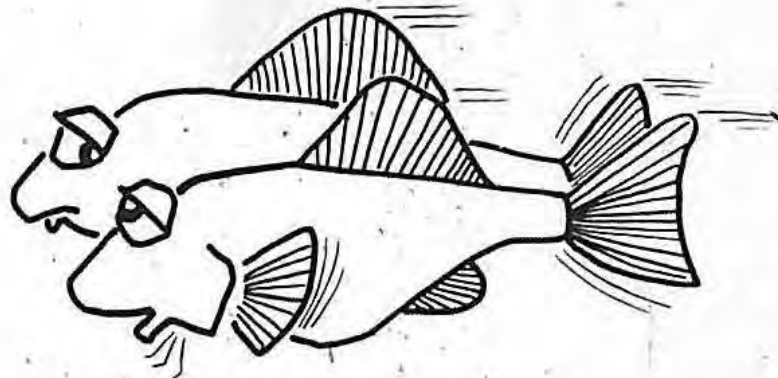
# Discovery! Magazine

The newspaper edition that helps  
discover new writers, new ideas  
through input and special  
family features.



Friday, August 30, 1991

It's School Time Again



SEE PAGE 3



## THE QUESTION OF THE WEEK

Do you think that a book about how to commit suicide should be sold at bookstores?



## Most Callers Believe Gorbachev Will Not Be Able To Hold On

### INPUT

Most callers to Input believe that the end of Communism has come in answer to this question: "Will Gorbachev be able to resume power and will he continue to move away from socialism?" Here are some of the answers:

#### TECHNICAL ASSISTANCE

There were many experts last week before the coup fell apart. Some of the TV experts thought that it was just going to be another China and that the world would see a new Communist control roll over the U.S.S.R. What happened was a surprise for most people. Everything seemed to fall apart and democracy seemed to be wanted by the people. They will now have a hard road ahead and many may become disillusioned but I do not think the result will be a new Communist party. The USSR has great natural resources. It needs technical assistance in getting those resources to market. If the world helps the USSR in moving its products and getting on its feet it should be in the form of assistance and not simply monetary grants. We helped Japan and Germany come back from nothing and much of our assistance was in the form of technical help. We should do the same with the Russian people. Now with the Baltic states becoming nations we will have a good chance to help individually the countries that will make use of our assistance and to pick and choose where the help should go. K.F.

#### SCARE OF HIS LIFE

Whether Mr. Gorbachev wants to or not he is being moved away from the Communism he believed in for most of his life. I think that the coup gave him the scare of his life and he finally came to realize that there are those who will kill to preserve a system even if it is not going well. There will be some disappointments in the USSR with a move toward democracy because none of the people alive there today have ever lived under that system. The problems will continue to be economic but there is really no going back. M.N.

#### LOST MOST POWER

In fact Gorbachev has lost most of his power. He has to do what the organized Russian people want. Mr. Yeltsin has more to say about the future than Gorbachev has. Gorbachev is seeing first hand the power of people without guns to bring about needed changes. I don't think that the country nor Gorbachev want to bring back any form of socialism. J.F.

#### MAYBE NOT DEAD

We have all come to believe that Communism is dead. We are wishing that it will never come back when it might just do so in a different form. The wave of events last week defy real explanation. The Communist party could have taken the offensive with guns as was done in China but somehow the will to do so did not seem to be present. I do not think that Gorbachev will be part of any new socialist plans. He is lucky to be alive. K.F.

#### WILL RETIRE SOON

It is very hard to know what is really going on inside the minds of the Communist party faithful. They have certainly suffered a big setback and Gorbachev would not want to be a part of that losing group. The jokes were that the Communists fall in everything and that they could not even pull off a decent coup. Gorbachev will retire very soon and he will not try to extend his influence for socialism. F.D.

#### BIG CHANGES AHEAD

This was an easy question to answer with Gorbachev resigning from his Presidency of the Communist Party after what was probably the worst planned coup in history. Clearly, as a result of the failed takeover attempt, the Soviet people have had their fill of Communism and have seen enough of the penalties inflicted upon them under the Socialist system. Obviously, his resignation will speed up the changeover but unfortunately the expedited conversion to democracy will reveal painful economic sacrifices not immediately apparent. Even the suicide of Gorbachev's Military Advisory creates uncertainties for the future with the entire transition demanding a new look at the quid pro quo of recent defense agreements as well as its impact on the entire economic picture. Under the Socialist system, the people could be reasonably sure of bed and board whereas under the capitalist system there are bound to be rewards and penalties consistent with the ability to compete. So, clearly the entire picture will demand a revised appraisal from the standpoint of the financial and economic assistance of democratic countries and their evaluation of investment opportunities. Certainly, a big question is the continued ability of Gorbachev to make meaningful contributions to important and strategic negotiations and agreements with capitalist democracies. P.G.S.

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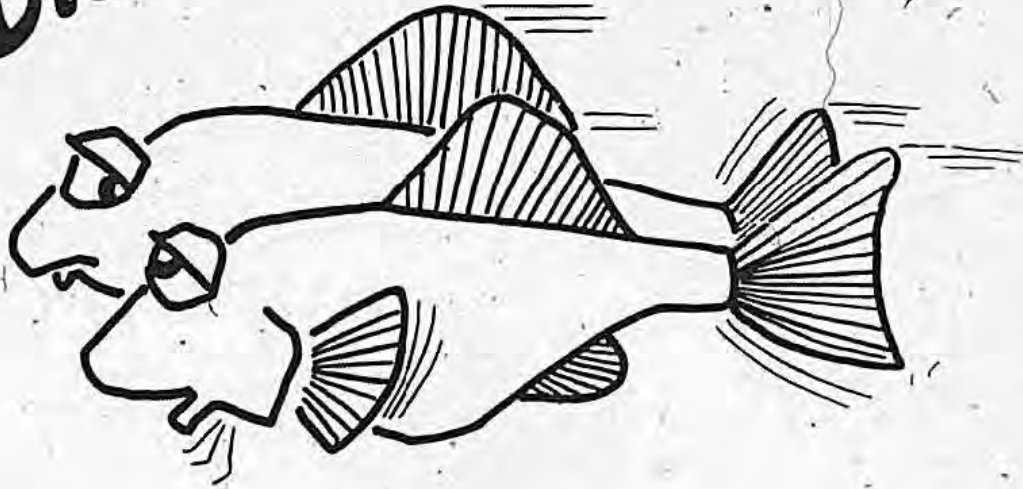
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# Discovery!



## It's School Time Again

By Marjorie Wolfe

School's open! School days can be the happiest days of your life - if your kids are old enough to attend.

Shown below are some famous and not-so-famous lines on the topic of education:

"We learn more from a three-minute record than we ever learned in school."

**Bruce Springsteen**  
from his album, "Born in the USA"

"I think it's time that we set a new goal for American education. And this time, we can't afford to be satisfied with a gentleman's 'C.' This time we'd better shoot for the honor roll."

**Lee Iacocca**

"I went to NYU myself. I was a philo major there. I took all the abstract philosophy courses in college like Truth and Beauty, Advanced Truth and Beauty, Intermediate Truth, Introduction to God and Death 101...I was thrown out of NYU in my freshman year. I cheated on my Metaphysics Final. I looked within the soul of the boy sitting next to me!"

**Woody Allen**

"Just because he printed University of Virginia on his sneakers doesn't mean they've got to graduate him, Uncle Willy!"

**Bernard (Don Keefer)**  
Arthur Miller's play,  
Death Of A Salesman

"The evening I registered at City College, I still hadn't decided what I wanted to major in. The choices were listed alphabetically, and advertising was first under A. I chose Advertising."

**Barry Manilow**  
Sweet Life Adventures On The  
Way to Paradise

"I've walked down a lot of aisles in my life, and they never worked. This one will."

**Betty Hutton, multiple divorcee**  
as she received a master's degree

"Stay in school."

**General Colin Powell**

The only regret I have was that I didn't study Latin harder in school so I could converse with those people."

**Dan Quayle,**  
after a trip to Latin America

"I want a college education. I want to be an actress, but I need something to fall back on. What if they don't want or need me?"

**Danielle Ferland**  
B'way show, "Into the Woods"

"The young people on campus are all-gung ho to get out and get at life. They don't seem to understand they're having one of its best party. Here they are with no responsibility to anyone but themselves, a hundred or a thousand ready-made friends, teachers trying to help them, families at home waiting for them to return for Christmas to tell all about their triumphs, three meals a day. So it isn't gourmet food. They can't have everything."

**Andrew A. Rooney**  
and More  
by Andy Rooney

"To educate a man in mind and not in morals is to educate a menace to society."

**President Thomas Roosevelt**

"Nothing is easier in America than to attend college, and nothing is harder than to get educated."

**Douglas Woodruff**

"You'd better learn secretarial work or else get married."

**Director of the Blue Book Modeling Agency**  
counseling would-be model, Marilyn Monroe, 1944

"One way to get an education in a hurry is to drive a school bus."

**Anon.**

"Education is a funny thing. At eighteen we knew all the answers - forty years later even the questions confuse us."

**Anon.**

"Maybe the way to get a child to do his schoolwork is to say, 'I want you to forget about school and spend the next two weeks at the mall.' No Cosby's Law would be suspended for that. He would go to the mall and he would take your Visa card, too."

**Bill Cosby, "Fatherhood"**

"A STUDENT WHO IS LATE, MAY FAIL TO GRAD-U-ATE."

**Sign posted in homeroom**  
Bel Kaufman's, Up The Down Stair Case

### ABOUT THE AUTHOR

Marjorie Wolfe is a business educator in Plainview-Old Bethpage, and a free-lance writer.

# DINING GUIDE

## Wine Talk



Q. Why shouldn't you drink a Bordeaux before the vintage charts say its ready? — C. Squiers, Chicago.

A. I'd like to make two points about this. First don't believe everything you read on a vintage chart. There are over 7,000 wineries in Bordeaux, each with its own blending percentages and winemaking techniques.

Obviously, there's no way that one number on a vintage chart can encompass all these wine as though they were all going to be suddenly "ready to drink" at once. Use vintage charts as a broad guideline, not a pronouncement from Mount Olympus.

The second point is that "ready to drink" depends very much on the taste buds of the sipper. Young Bordeaux is notoriously tannic and hard to judge, and the better the wine, often the more mouth-punishing it is in the first years after its vintage.

Still, the French taste is to drink wines when they are relatively young and retain their fruit characteristics. The British taste (nothing like a good stereotype to ease the journalist's way) is to wait until the fruit character has given way to the full range of secondary and tertiary bottle age flavors such as cedar, tobacco and coffee. When is a wine ready? When you most enjoy drinking it.

# DINING GUIDE



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## READER RATINGS

**UNIQUE MENU**

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The ambience was both beautiful and restful with soft background music, and very attentive service.

It was by far the best Chinese food that we have ever tasted. The menu was unique and deliciously different. We chose two of the Jumbo Shrimp entrees which were superb. Looking over the interesting menu it was difficult to make a choice. Our remedy will be to make a return visit very soon. Incidentally they are open for lunch as well as dinner. We are pleased to have such a fine restaurant at practically our back door. E.E.

# DINING GUIDE

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**Q.** When eating out with six or more couples, how do you split the bill? We usually split it even among the couples. But, I always feel funny when I want a salad or dessert and others don't order them. What would be the best solution when it comes to this situation in a group? E.K.

**A.** The easiest way is to ask anyone if they want to join you in salad or dessert. Then, at the end of the meal, add the cost and pay that separately before dividing the bill. Just say "Here's the \$5 for my extras." One benefit is that you would pay part of that anyway if you were dividing the bill and allows no tension amongst friends.

Barbara Rader 9/6/82  
Cathy Urbach Pennysaver 9/28/84

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**READER RATINGS**



Q. Will you please describe the correct procedure for introducing one couple to another (1) when the couples are approximately the same age (2) when one couple is older or more distinguished in station than the other? M.J. A. When the couples are about the same age it doesn't matter whose names are mentioned first. When one couple is older or more distinguished - or perhaps guests in your town - you introduce the younger couple.

Q. When dining out I have often seen women wearing their coats to the table, then depositing them on the back of their chairs. However, I have never seen a man do the same thing with his overcoat. Is there really a difference in etiquette for men and women in regard to checking coats?

A. Yes, a man always checks his coat in a restaurant. But a woman has the option of checking her coat or bringing it to the table.

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# RESTAURANT GUIDE



## READER RATINGS



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## READER RATINGS



**Q. What is the limit for visits to an all you can eat salad bar?**  
**A. If you are only paying to eat at the salad bar, then hunger and a certain amount of self-consciousness should dictate the number. It is at a restaurant that includes it in with the entree then twice would seem sufficient considering you will have a meal to eat afterwards.**

**Q. What is the proper amount to tip a waitress at a buffet brunch where all she serves you is coffee?**  
**A. Since the waitress is still providing you with a service and she is not being paid any more for the brunch shift 10 percent would be appropriate unless the service and food has been very good. The waitress still has to share her tips with the rest of the staff.**

**NICE PLACE**  
 Bomont's Cafe is one of those small restaurants that makes me glad there are such places away from the larger crowds. For your readers who do not know of this place, it is located in Williston Park on Hillside Avenue and is just a small but elegantly decorated restaurant. The menu is a pretty good sized one and we have always found it to be an enjoyable place whether we were having a late night snack or a luncheon special. We recommend it to your readers. J.F.

# DINING GUIDE

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By Desiree Vives

## Dijon mustard adds sophisticated touch

When I was growing up, mustard was bright yellow, smooth, mild, and came in school-bus yellow plastic squeeze bottles. You ate it on hot dogs and sandwiches. That was it.

Not any more. Now you can walk down the condiment aisle of a good-size grocery store and see a dozen different mustards — in specialty stores, maybe two dozen. There's more mustard on the market these days because there's more demand.

According to Kathy Gunst in her book "Condiments" (Putnam), mustard has in recent years "grown more in popularity than any other condiment or spice."

While we may still appreciate a good yellow American mustard on a hot dog, we now have many more varieties to choose from: mustards blended with citrus juices, white wine, beer, flavored with herbs, black peppercorns, green peppercorns, pickles, chilies, horseradish, fruit, garlic, even peanuts.

English-style mustard is hot and coarse in texture; German is earthy brown in hue and ranges from mild to hearty in flavor. Many Chinese restaurants serve a bright yellow blend so hot that the merest dab on your egg roll can instantly set your eyes watering and clear your sinuses.

Probably the best-known in this country of all foreign-origin mustards is the mustard originally from the French city of Dijon. World-famous mustard has been produced here for centuries — the Moutard Grey Poupon shop proudly displays its collection of mustard containers dating back to 1400.



### microwave magic

Since the 1880s, French officials have enforced strict guidelines governing the production of this popular blend.

By law, any commercially produced mustard labeled "Dijon" must consist of black seeds (American mustard is made from white or yellow seeds), salt, certain spices, and either white wine or vinegar — no other ingredients allowed. Anything else must be labeled "Dijon-style" mustard.

Pungent and versatile, smooth Dijon (or Dijon-style) mustard is excellent as a garnish for both red and white meats, and as a cooking

#### ingredient.

A tablespoon or so of Dijon mustard adds punch to a vinaigrette dressing, and it helps to homogenize ingredients as well, resulting in a dressing that is more creamy.

To make a quick and delicious mustard-vinaigrette dressing, combine 1 tablespoon "Microwave Champagne Dijon-Style Mustard" (recipe below) with ¼ cup red wine vinegar, 1 tablespoon fresh minced parsley, 1 teaspoon granulated sugar, ½ teaspoon freshly ground black pepper, and ¼ teaspoon each garlic salt and paprika. Beat well with wire whisk. Drizzle in ½ cup olive oil, whisking constantly. Serve with a fresh tossed green salad. Yields about 1 cup. This dressing is best if made just before salad is to be served.

To make an easy Dijon-flavored sauce for seafood, microwave 1 tablespoon butter at HIGH (100 percent) power setting about 30 seconds, to melt. Blend in 1 tablespoon flour, 1 teaspoon Dijon mustard, and ¼ teaspoon dried tarragon. Slowly add 1 cup milk, stirring well to blend smoothly. Microwave at HIGH setting 2 to 3 minutes, stirring every 30 seconds, until sauce thickens. Stir in 1 tablespoon chopped chives. Spoon sauce over hot cooked fish fillets, sprinkling with additional chopped chives, if desired. Yields about ¼ cup sauce.

Use a light hand when adding mustard to any dish, since its naturally outspoken flavor can easily overpower other ingredients.

Recipes in this column are tested in 625- to 700-watt microwave ovens.

#### MICRO-TIP OF THE WEEK

Score hot dogs and sausages diagonally with small sharp knife to allow steam to escape and prevent "popping" in the microwave.

#### MICROWAVE CHAMPAGNE DIJON-STYLE MUSTARD

- 2 cups flat champagne
- 1 medium onion, chopped
- 2 cloves garlic, crushed
- 1½ cups dry mustard powder (4 ounces)
- 1 tablespoon whole mustard seeds, crushed
- 2 tablespoons honey
- 1 tablespoon olive oil
- 1½ teaspoons salt
- Dash cayenne pepper

Yields about 2 cups.



## FOR TEENS

By Willard Abraham, Ph.D.

**Dr. Abraham:** I can hardly wait. I wish it would be tomorrow. Today would be even better. Boy, would I like that.

What I'm talking about is getting out of this house. I just can't stand it anymore. My mother's dumb gossip about her family and my father's steady talk about his bills and money. It's driving me nuts, and I've told them so, but it hasn't done much good.

I wish I could be out on my own right now, but I'm 13 years old, and that's the problem I have.

Any ideas how I can manage to live through this? — Fed Up

**Fed Up:** You have quite a bit of teen company who feel they have that kind of misery, but there are ways to get it at least under partial control.

Because you seem to know that it isn't practical for you to leave (Where would you go? How would you pay for food and somewhere to live? Jobs for 13-year-olds? Scarce as hen's teeth. What about school?), it might help you face the situation by trying to get this fact under firm control: You're not going to leave today or tomorrow, and probably not until you are quite a bit older.

Listening to what comes out of your parents' mouths may be kind of interesting if you at least give them a chance. Family gossip, true or not, might even be fun to hear about, and finding out some of the details of your dad's bills will help give you some insight into him and money that too few teens have. It could provide a head start for you over other kids in handling your own money.

If you think about it, there might be some interests that you have in common with your folks, maybe sports, current events, music, movies, food and diets, even clothes. Sure, you probably won't be on exactly the same wavelength as they are toward such subjects, but you and they could have some feelings about them that are worth talking about.

A sad state of affairs is that parents may not know what their kids are really like, and teens often don't have the slightest idea what their parents do during all those hours when they aren't at home.

They might like to hear some things about how you spend your time, what you think about your teachers and what your friends are like, including funny or unusual stuff about them.

Seeing through someone else's eyes or "walking in their moccasins," as some

people say, isn't easy, but it is sometimes worthwhile to try it.

At least think about all this, Fed Up. As many other teens have found out, communication with parents may be more pleasant than they thought. It may help you to talk to some of your friends who have been able to make some adjustments to situations like yours.

**Dr. Abraham:** Is there anything wrong with touching another person? I think it's really kind of nice. But this new girl who moved into a house a few places down the street doesn't agree with me.

I tried to hold her hand and she pulled it away from me. I sat next to her and moved a little closer and she moved away. I gesture with my hands sometimes and didn't even touch her, but you'd have thought I was contagious or something.

What's wrong with her, or am I doing something wrong? I can't imagine what it could be. I am 14 years old and she almost is. — Toucher Guy

**Toucher Guy:** Among the reasons for her reactions might be these: her shyness, something her parents have told her, something about your personality or appearance that may bother her, wanting to wait until she knows you better.

Why not ask her about her apparent tendency to keep her distance from you? Perhaps there is another reason, or she may not even realize that she is reacting in this keep-your-distance manner.

**Dr. Abraham:** This girl I know is so insincere, or at least I think she is. She always uses words like "boney," "dearie," "sweetie," "heartthrob" and others like them when she is alone with me, and that isn't so bad.

But what is a pain is that she talks the same way to lots of others, even those she hardly knows, like salespeople and also some strangers she might go out of her way to talk to.

I like her all right, I guess, but I'm more sure that she likes me. She shows it in ways I won't tell you.

I'd sure like to get her to stop that super-sweet business. Shy Guy

**Shy Guy:** Perhaps she isn't even aware that she uses such words so often and with so many people. With some it's just a kind of habit.

She might appreciate it if you told her about your discomfort. You could also indicate that you know how much she likes you, so it would be neat to be treated differently by her than strangers and others are.

# Cooking Corner



## Experts create dazzling appetizers

By Linda Susan Dudley

One of the good things about the American Association of Wine and Food folks is they don't leave all the cooking to the women and the wine selection to the men. You're just as likely to find male members getting down to business in the kitchen and the women knowledgeable enough to pick their way through a wine cellar.

One chapter's AIWF members routinely get together and pool their talents to prepare part of the menu.

For example, certified public accountant Frank says cooking is a big hobby for him.

"Both my wife, Linda, and I cook, but she is a home economics graduate and I came up through the amateur ranks," says Frank.

He's serious about his wine, too. Frank and his wife have a wine cellar and tasting room built under their house on a canyon.

Retired Midwest business executive George is well-known for his kitchen creations. He comes by his interest naturally, since as an advertising expert and owner of his own company, he worked with many of the national food companies. Developing and promoting new products was his specialty. He is still a consultant to the trade and has written a best-selling book on the subject.

William is involved with food through his work with spa cuisine expert Jeanne Jones. But it wasn't always so, although food is part of his early roots.

A dancer by profession, William was involved with the Alvin Ailey and Jose Limon modern dance troupes. He also taught dance for four years in the University of California system.

"When I hit 40 my back was telling me to find an alternative kind of work.

"As a youngster I was one of three boys in the family and we had to cook because our mom worked. Later, I worked my way through college working in dorm kitchens," he continues.

A former New Yorker, Burt is a designer who became so interested in cooking while taking classes at the Perfect Pan school he became an assistant there.

The AIWF is a non-profit educational organization promoting a broad exchange of information and ideas to benefit all who care about wine and food — from chefs and restaurateurs to dedicated amateurs. Cooking expert Julia Child is one of the founders.

Here are some appetizer suggestions from four of the AIWF's male cooks.

### ANTIPASTO SPREAD AND DIP

- 2 pounds Japanese eggplant (5 to 6 eggplants)
- 1 pound Roma tomatoes (5 to 6 tomatoes), peeled, seeded and diced
- 2 tablespoons fresh basil, chopped
- 2 tablespoons fresh parsley, chopped
- 2 cloves garlic, minced or pressed
- 1 teaspoon fresh thyme (or ½ teaspoon dried thyme, crushed)
- 1 teaspoon salt (optional)
- ¼ teaspoon freshly ground black pepper
- ¼ teaspoon red pepper flakes (or to taste)
- 2 tablespoons Balsamic vinegar
- 2 tablespoons extra virgin olive oil

Yields about 3 cups.

Steam or microwave eggplant until easily pierced with fork, 3 to 5 minutes. When cool enough to handle, remove skin and cube.

In medium bowl, combine eggplant with tomatoes, basil, parsley, garlic, thyme, salt and peppers. Add vinegar and oil and mix well. Allow to marinate for several hours or overnight in refrigerator.

Pour mixture into food processor with metal blade and process on high 3 to 5 minutes until smooth and well-blended.

Serve as spread or dip with celery and carrots, cherry tomatoes and sliced and toasted bread rounds.

### TERRINE OF CHICKEN WITH HAZELNUTS

- 1 whole chicken
- 2 carrots, cut into chunks
- 1 onion (peeled and quartered)
- ¾ pound lean ground pork
- 2 eggs
- 1 tablespoon flour
- 1 teaspoon white pepper

- ¼ cup whipping cream
- 1 cup whole hazelnuts (toasted)

Mustard Dill Sauce (recipe follows)

Yields 4 to 6 servings.

Place chicken in large stock pot. Cover with water, cover and simmer over medium heat until chicken is cooked through.

Remove chicken from liquid and bone. Set chicken meat aside. Return bones to cooking pot, add carrots and onion and simmer until liquid is reduced from 8 cups to 1.

Strain stock to remove carrots and onion chunks and bones; discard. Cool resulting rich stock.

Cut ¾ pound of boned chicken

into small cubes and set aside. Combine remaining chicken (should be about ¾ pound) with pork in food processor and chop coarsely. Reserve ¼ of mixture to large bowl.

To processor add eggs, flour and pepper and process until creamy. Add to reserved mixture.

Preheat oven to 350 F. To chicken and pork mixture, blend in cream, hazelnuts, cubed chicken and stock. Combine well.

Pack into 5-cup terrine (preferably glass). Cover with foil. Place terrine in large shallow pan. Pour boiling water into pan halfway up sides of terrine.

Bake 1½ hours. Remove foil during last half-hour to brown slightly. Cool on rack. Refrigerate overnight. Serve with Mustard Dill Sauce.

### MUSTARD DILL SAUCE

- 4 tablespoons Dijon Mustard (grained or plain — to taste)
- 1 teaspoon dry mustard
- 3 tablespoons chopped fresh dill (half, if using dried)
- 1 tablespoon sugar
- 2 tablespoons white wine vinegar
- ½ cup olive oil (preferably extra virgin)

Yields 4 to 6 servings.

Place all ingredients except olive oil in blender. Blend few seconds until mixture is pasty. Slowly add olive oil in stream until mixture thickens.

### PARMESAN CRACKERS

- 1 loaf very thin sliced white bread
- 2 cloves garlic
- 1 stick butter
- ½ pound freshly grated Parmesan cheese (preferably parmigiano-reggiano, available at Italian specialty stores)

Yields 10-12 servings.

Preheat oven to 350 F. Trim crusts from bread and cut in rectangular halves.

Coarsely chop garlic and add to butter. Melt butter. Remove garlic after it has flavored butter — 1 to 2 minutes.

Lightly brush jelly roll pan (cookie sheet) with some of melted butter. Spread bread in single layer on top. Do not leave spaces between bread slices. Brush remaining butter over bread slices and sprinkle with Parmesan cheese.

Place pan in preheated oven. Bake until really browned and crusted. Cool on rack. Store in airtight container.

### HERBED CHERRY TOMATOES

- 1 basket cherry tomatoes
  - 1 teaspoon olive oil
- Herbs: The dish tastes better and is more colorful when fresh herbs are used, but dried, crushed herbs can be used. You will need total of about 2 tablespoons. Use any combination: basil, rosemary, thyme, sage, marjoram, Italian parsley.

Salt and pepper to taste

Yields 6 servings.

Wash, hull and dry cherry tomatoes. Put olive oil in plastic bag large enough to hold tomatoes.

Place tomatoes in bag and gen-

erally roll to coat tomatoes with oil. Set tomatoes aside, in bag.

Finely chop herbs and spread them evenly in flat dish that will hold tomatoes in one layer. (If fresh herbs are used, chop just before serving or they will turn black.) Add salt and pepper to taste.

Place tomatoes on top of herbs and gently swirl dish to coat tomatoes. (If too much oil has been used herbs will coat dish instead of tomatoes.) Use your fingers or tooth pick to pick up tomatoes.

### EASY STYLE PICCOLO GOAT CHEESE PIZZAS

- 1 large (or 2 small) green bell peppers
- 2 tablespoons olive oil, divided use
- 1 (14- to 15-ounce) can tomato sauce with tomato bits
- ¼ cup (or more) tomato paste
- 1 garlic clove, peeled
- ¼ teaspoon salt
- 1 teaspoon dried basil
- ¼ teaspoon freshly ground black pepper
- 2 tablespoons cornmeal
- Pizza crust
- 1 piece goat cheese (chevre), about 2 ounces or more

Yields 4 to 6 servings.

Core and seed green pepper, then cut into 32 or more strips 2 inches long by ¼ inch wide. Sauté in 1 tablespoon olive oil in skillet over low heat until tender (not brown), about 10 minutes. Set aside.

Combine tomato sauce with tomato paste. Set aside.

Mash to pulp garlic clove. Add salt, mix in remaining 1 tablespoon olive oil in skillet. Sauté about 5 minutes. Do not burn.

Combine tomato sauce mixture and garlic in shallow pan. Add dried basil, black pepper, mix together, cover. Simmer about 15 minutes. Set aside.

Prepare premixed pizza crust per carton instructions. After baking 5 minutes, take out of oven and cut 8 to 12 3- to 4-inch circles with cookie cutter and place circles on cornmeal-dusted cookie sheet.

Adorn pizza circles as follows:

- Spread tomato mix over each pizza to edges.

- Arrange green pepper strips in square shape on borders of each.

- Place square slices of goat cheese in center of green borders. (Shape goat cheese into oblong chunk to fit pizza border design, then slice off and place.)

Return completed pizza arrangement to 400 F oven for 10 to 15 minutes, until cheese is heated through and soft.

Serve hot or warm. If desired, garnish serving dish with fresh basil leaves. Sprinkle few chopped basil leaf bits on top of each goat cheese square for added decoration.





By Patrick Denton

## Tips for a chemical-free lawn

I don't believe there is any area in the home garden that has been subjected to such universal chemical assault as the lawn. In a driven pursuit of flawless turf, homeowners have loaded their lawns from spring to fall with regular doses of synthetic nitrogen fertilizers, fungicides, weed killers and insecticides.

But that is changing now, as people are becoming less obsessed with the perfect lawn and more concerned with getting their gardens off the chemical treadmill.

"The Chemical-Free Lawn" by Warren Schultz (Rodale Press, 195 pages, paperback \$14.95, hardcover \$21.95) addresses directly and in a reader-friendly style the issue of growing hardy, healthy grass without chemical fertilizers or pesticides.

Quoting from current research on lawn care, Schultz notes that multiple feedings of high-nitrogen fertilizer are simply out of style these days. Studies show that fully one-half of all soluble nitrogen applied to the soil will be leached out and won't reach the plants. And even the half that does reach the grass plants may be hurting them.

Chemical fertilizers slow the action of soil microorganisms, which need to be working right up to speed to keep the soil active and healthy and the lawn free of excess thatch.

To overfertilize with immediately available nitrogen, according to lawn experts, is to serve grass plants their dinner at the top

of the soil. The roots never have to work to seek out nourishment. Such "lazy grass" roots grow near the soil surface and do not delve into the soil to loosen it. The result is soil compaction and all its accompanying ills. Frequent shallow watering produces similar surface rooting.

Schultz suggests an environment-friendly alternative that builds health and strength into the soil, as well as into the grass plants: Forgo the goal of instantly green, lush growth and go for steady vigor with the use of slowly soluble, low-analysis natural fertilizers.

Natural fertilizers and blends, such as those including seed meals like cottonseed and canola for nitrogen, bonemeal for phosphorus and kelp meal for potassium, deliver major plant nutrients plus a host of micronutrients that boost plant health and growth. These materials, while they do not yield instant green, pave the way for long-term vigor and provide a good backup reserve of strength in soil and plants against times of

stress.

In his introduction to "The Chemical-Free Lawn," Schultz expresses his hope that home gardeners will turn from treating their lawns as chemical sponges to viewing lawn maintenance as "grass gardening" without chemicals.

The book is a step-by-step program for planting and tending a low-maintenance, chemical-free lawn. It takes the home gardener through the best choices in grass varieties for different climates, including the new pest-resistant perennial rye grasses, and suggests a variety of ground covers for sites that are unlikely to support a decent lawn.

A chapter on mowing suggests methods that will keep the grass plants healthy and the roots delving deep into the soil — high and often is the key. A neat timesaving mowing method suggested here is to mow in a circular pattern rather than doing parallel rows with a turn at each end. Then go back and mow the corners.

The bad news in the chapter "Chemical-Free Weed Warfare" is that "there's no such thing as a quick fix." The basic stance here is that good grass care eventually will force weeds out — with a little help from hand-pulling made easy with such tools as long-handled weed poppers.

The alternative? Herbicides, which are poisons.

"In addition to killing weeds, they slow down the biological activity of the soil," says Schultz. "This weakens grass plants, fosters thatch and encourages diseases."

An encyclopedia of common weeds supplies helpful information on the lifestyles and vulnerable points of these lawn invaders. Also helpful are sidebars titled "Two Ways to Beat Dandelions" and "Three Ways to Beat Crabgrass."



By Willard Abraham, Ph.D.



## A new book for new parents

Q. I'm not a parent, but a niece whom I love is. In fact, she and her husband are expecting a second baby in about two months, and their little boy is just past 2 years old.

Like most young parents, they need all the help they can get. They have read and know a great deal about raising children, and really are like two sponges in absorbing the information. But they are always eager to find out more.

If you can help me locate a new book that I heard about, I'd like to give it to them as a gift. The problem is that I don't remember the title or author, but I do recall that some pediatric organization published it.

Is that enough information for you to direct me toward it? I hope so, and thank you in advance for your assistance.

A. I'm glad to mention one that may be the book you're seeking. If it isn't, it ought to be because it is the most useful of its type that I've seen for a long time.

Its title is "Caring for Your Baby and Young Child (Birth to Age 5)," so the focus includes both little ones in that young family of yours. Recently published by the American Academy of Pediatrics, its 84 medical contributors and editor in chief, Dr. Steven P. Shelov, have produced something that is thorough and practical, answering the most wondered-about parental questions, from the prenatal period through the fifth year.

Here is a sampling from Part I — Basic Care: health, safety, developmental factors, nutrition and family relationships. The 125 topics in Part II include behavioral concerns like biting, thumb sucking, hyperactivity, sibling rivalry, illnesses and diseases, emergencies and medications that are frequently needed.

Those subjects only skim the surface of its rich contents, which are readable and can be extremely useful.

This is the first volume in a series of three; others in preparation are concerned with the 5- to 12-year-old and those who are 12 to 21.

The first one is now available directly from AAP Publications/Child Care Book, 141 N.W. Point Blvd., PO Box 927, Elk Grove Village, IL 60009-0927. There is a discount for our parent readers and their families (instead of the bookstore price of \$29.95). The cost is \$22.95, plus \$3.95 shipping and handling.

Q. My son and daughter-in-law

are puzzled about a new label that was applied in school to their 10-year-old boy. He has always (from infancy) been hyperactive, so they have expected school problems for him. And they now are getting them.

The teachers, principal and guidance person all say he has an "attention-deficit hyperactivity disorder," labeled as ADHD. Last year his teacher said he is "learning disabled." The words they all use are so jumbled up.

Are they the same, different, overlapping or what? Because your clear-cut answers are always so understandable, I hope this one is, too, so I can pass it on to these worried parents.

A. I also hope so. I can see why they and you may be confused.

One source I've read said that the newer term (ADHD) was introduced to more clearly describe the characteristics of these children who have been referred to as "learning disabled," "hyperactive," "hyperkinetic" or even "brain damaged."

Here are some of the behavioral factors noted: being fidgety, easily distracted, not appearing to listen, especially talkative. Intelligence, a child's sex and the family's cultural or economic status are not part of this picture.

The best approach is generally a cooperative effort that includes the active participation of school personnel, medical and mental health professionals and, of course, parents.

I hope your grandson's parents will become involved in a team activity of this sort. Among the most important goals are to check out the diagnosis and to be sure that the analysis of his condition and the program set up for him are accurate and potentially best for what he (and his parents) need.





## Fitness Forum

### Tailoring fitness to the individual

By Jack Williams

Without the Dave Costills of the world figuring out what makes human physiology tick, the work of heart that we know as aerobic exercise would remain a mystery.

And much of our training — instead of scientifically based — would be trial and error.

Costill, a Ph.D. and director of the Human Performance Laboratory at Ball State University in Muncie, Ind., has long been at the forefront of putting physiology under the microscope to determine the effects — both negative and positive — of endurance activities.

A competitive masters swimmer and "reformed" marathon runner, Costill brings a firsthand interest as well as scientific curiosity to his studies and research, much of which he shared recently along with a roster of other high-profile fitness pros at the Competitive Edge conference in San Francisco.

Among his conclusions: There is no perfect exercise prescription that guarantees results to individuals across the board.

"What works for one person doesn't work for everybody," said Costill. "Training that could make one person a world champion might destroy half the group."

"It's not like we were white rats, from the same genetic pool. Training causes different responses from different individuals."

One thing we do know, however, is that the benefits from the training you do today will occur after a growth process — perhaps three or four weeks down the line.

"There is a misconception," he said, "on how rapidly you reap the benefits. You need time for recovery and growth. The physiology adapts slowly."

One of the major benefits of that training, besides enhancing oxygen capacity, is the muscle's ability to store and utilize fuel, or glycogen.

"A trained athlete," said Costill, "can store twice as much muscle glycogen as a non-athlete."

The trained body also is more efficient at burning that fuel than the sedentary body, recruiting more fat for energy to prolong the effects of the carbohydrate-rich glycogen.

Nevertheless, after 90 minutes of continuous activity that glycogen usually is depleted, and the body must call almost exclusively on fat reserves to fuel exercise.

And it points out clinical dietitian and endurance athlete Ellen Coleman of Riverside, Calif., is incapable of fueling high-intensity exercise.

"It's a low-octane fuel, so per-

formance drops," she said. "When you're exercising at 70 percent of capacity, you're being fueled by glycogen only."

"Ultra-marathoners go longer and conserve their glycogen supplies by going at a slower pace: about 60 percent of capacity."

(An untrained person, on the other hand, will quickly deplete glycogen stores while exercising at 50 percent of capacity, while a world-class athlete can go indefinitely at 80 percent, research shows.)

The faster you go, the faster glycogen is burned. Costill's research shows that sprinting burns glycogen 40 times faster than walking.

"Dietary carbohydrate is the only thing that makes muscle glycogen," noted Coleman. "Even if you're exercising an hour or less a day you need about 60 percent of your diet to burn carbohydrate, or you will experience muscle glycogen depletion."

"You'll feel tired, heavy, weak. If so, take a hard look at your diet and see if you're getting enough carbohydrate."

The average American diet, said Coleman, consists of about 45 percent carbohydrates (the rest protein and fat), 4 or 5 grams of carbohydrate per kilogram of body weight. If you're exercising an hour or less a day, you need 6 grams per kilogram of body weight — which is to say 60 percent of your calorie intake should be carbohydrate.

"If you're going an hour or more, 8 grams per kilogram of body weight is best," she said.

After exercise, said Coleman, you can enhance your body's ability to replenish glycogen and thus recover more efficiently by taking in carbohydrates — in fluid or solid form — within a half-hour. Twelve ounces of orange juice is ideal, she said, for those prone to postponing eating after heavy exercise.

"Studies have shown," said Coleman, "that if you take in carbohydrates within a half-hour of exercise, you can store three times the glycogen you could if you waited two hours (to ingest the carbohydrates)."

The stored glycogen provides greater energy reserves available for your next workout.

"If you try to diet (in the midst of a demanding exercise regimen), those carbs will be used for survival," said Coleman. "They won't be stored as muscle glycogen, which is why I recommend losing only a couple of pounds per month."

The safest way to diet while maintaining the energy to fuel a workout regimen is reducing calories by 250 to 500 per day, said Coleman.

## DISCOVERY

### Misleading info for dieters

Dieters haven't cheated or done anything wrong if they find their cholesterol levels go up after the start of a new diet — their bodies are simply releasing the cholesterol stored in the former fat cells.

#### The weight

■ Researchers studied the weights and cholesterol levels of six women over 10 months. All stuck to the diet and steadily lost weight. Four were on dieting formula. Two were on food.

#### The surprise

■ Cholesterol levels rose sharply six months into the diets. Stored fat cells retain cholesterol at first, but after enough shrinkage begin to release it. Continued dieting did lead to lowered cholesterol levels.

SOURCE: *American Journal of Clinical Nutrition*, Dr. Stephen Phinney

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By Kit Saedaker

## Light cheesecake recalls dessert memories

Cheesecake is one of my earliest dessert memories. It was high and cheesy, more like New York cheesecake. It came in one flavor — cheese. I ate it every chance I got, which wasn't often because I could only find it when I was taken out to dinner. Cheesecake wasn't something a lot of cooks tackled at home.

Well, things have changed. Not only has the food processor made cheesecake a snap to make at home, but a lot of the fat and calories have come out. Now cheesecake comes in flavors, too. Think about lemon, or ginger or chocolate. I have. They are all lush possibilities for '90s eating.

### LEMON CHEESECAKE

- Non-stick coating
- 2 tablespoons low-sodium margarine
- ½ cup crushed graham crackers
- 2 cups low-fat cottage cheese
- 1 cup non-fat plain yogurt
- ¾ cup sugar
- 3 tablespoons all-purpose flour
- 2 eggs, lightly beaten
- ¾ cup non-fat milk
- 2 tablespoons lemon juice
- 1 teaspoon grated lemon zest

Yields 10 to 12 servings.

Each serving has about 150 calories, 4 grams fat, 38 milligrams cholesterol and 300 milligrams sodium.

Preheat oven to 350 F. Spray 9x3-inch springform pan with non-stick coating. Melt margarine,

cool. Place graham cracker crumbs in bowl and add margarine. Mix until combined. Pat crumbs smoothly over bottom of pan and press down. Put pan in freezer.

Put cottage cheese in bowl of food processor and process until smooth. Add yogurt, sugar and flour and pulse to mix. Add eggs, one at a time and process to mix. Add milk, lemon juice, lemon zest and blend.

Spoon mixture on top of crust in pan and bake 40 to 50 minutes until knife inserted near center comes out clean. Batter will half fill pan and will not rise a lot.

Turn off oven, leave door ajar and let cake cool at least an hour. Remove to rack to finish cooling. Refrigerate, covered. To serve, loosen edges with sharp knife and remove sides of pan. Cut in wedges

### GINGER CHEESECAKE

- 1 tablespoon low-sodium margarine
- 4 pieces zwieback, crushed to crumbs
- ½ cup loosely packed brown

- 1 ¼ teaspoons grated lime rind
- 1 teaspoon ground ginger
- 3 tablespoons lime juice
- 2 envelopes unflavored gela-

tin

- 1 cup water
- 2 cups low-fat ricotta cheese

- 1 cup plain low-fat yogurt
- ½ cup non-fat milk
- 1 egg yolk

Yields 10 to 12 servings.

Each serving has about 120 calories, 5 grams fat, 35 milligrams cholesterol and 7 milligrams sodium.

Spray 8-inch springform pan with non-stick spray. In saucepan melt margarine. Remove from heat and mix in zwieback crumbs, 1 teaspoon of brown sugar, ¼ teaspoon lime rind and ¼ teaspoon ginger. Press evenly over bottom of springform pan and place pan in freezer.

Put lime juice in cup and sprinkle gelatin on top. Let stand at room temperature until softened, about 5 minutes. In saucepan bring water to simmer. Put cup of lime juice and gelatin in bubbling water and stir until gelatin dissolves, about 4 minutes. Remove and set aside.

Combine ricotta cheese, yogurt, remaining brown sugar and milk in work bowl of food processor and process until smooth. Add egg yolk, remaining 1 teaspoon lime rind and rest of ginger and process to mix.

Add cooled gelatin mixture and blend. Spoon cheese mixture over zwieback crust in pan and refrigerate at least 5 hours or until set. Run knife around edges of pan to loosen cake and remove sides. Serve in wedges.

## THE HEALTHY GOURMET

- Lemon Cheesecake**
- Calories per serving: 150
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## HEALTH WATCH

### Gum disease common in adults

After age 35, the leading threat to tooth loss is gum disease.



Three in four adults older than age 35 have some form of gum disease.

SOURCE: American Dental Association

### Warning signs of gum disease

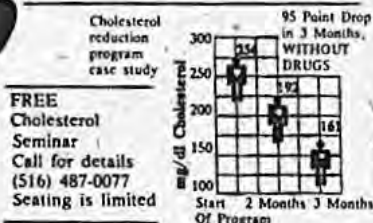
- Gums that bleed during tooth brushing or flossing
- Red, swollen or tender gums
- Gums that have pulled away from teeth
- Persistent bad breath
- Pus between teeth and gums
- Loose or separating teeth
- A change in the way teeth fit together when taking a bite
- A change in the fit of partial dentures

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## Fitness Forum

# Tailoring fitness to the individual

By Jack Williams

Without the Dave Costills of the world figuring out what makes human physiology tick, the work of heart that we know as aerobic exercise would remain a mystery.

And much of our training — instead of scientifically based — would be trial and error.

Costill, a Ph.D. and director of the Human Performance Laboratory at Ball State University in Muncie, Ind., has long been at the forefront of putting physiology under the microscope to determine the effects — both negative and positive — of endurance activities.

A competitive masters swimmer and "reformed" marathon runner, Costill brings a firsthand interest as well as scientific curiosity to his studies and research, much of which he shared recently along with a roster of other high-profile fitness pros at the Competitive Edge conference in San Francisco.

Among his conclusions: There is no perfect exercise prescription that guarantees results to individuals across the board.

"What works for one person doesn't work for everybody," said Costill. "Training that could make one person a world champion might destroy half the group."

"It's not like we were white rats, from the same genetic pool. Training causes different responses from different individuals."

One thing we do know, however, is that the benefits from the training you do today will occur after a growth process — perhaps three or four weeks down the line.

"There is a misconception," he said, "on how rapidly you reap the benefits. You need time for recovery and growth. The physiology adapts slowly."

One of the major benefits of that training, besides enhancing oxygen capacity, is the muscle's ability to store and utilize fuel, or glycogen.

"A trained athlete," said Costill, "can store twice as much muscle glycogen as a non-athlete."

The trained body also is more efficient at burning that fuel than the sedentary body, recruiting more fat for energy to prolong the effects of the carbohydrate-rich glycogen.

Nevertheless, after 90 minutes of continuous activity that glycogen usually is depleted, and the body must call almost exclusively on fat reserves to fuel exercise.

An... points out clinical dietitian and endurance athlete Ellen Coleman of Riverside, Calif., is incapable of fueling high-intensity exercise.

"It's a low-octane fuel, so per-

formance drops," she said. "When you're exercising at 70 percent of capacity, you're being fueled by glycogen only."

"Ultra-marathoners go longer and conserve their glycogen supplies by going at a slower pace: about 60 percent of capacity."

(An untrained person, on the other hand, will quickly deplete glycogen stores while exercising at 50 percent of capacity, while a world-class athlete can go indefinitely at 80 percent, research shows.)

The faster you go, the faster glycogen is burned. Costill's research shows that sprinting burns glycogen 40 times faster than walking.

"Dietary carbohydrate is the only thing that makes muscle glycogen," noted Coleman. "Even if you're exercising an hour or less a day you need about 60 percent of your diet to burn carbohydrate, or you will experience muscle glycogen depletion."

"You'll feel tired, heavy, weak. If so, take a hard look at your diet and see if you're getting enough carbohydrate."

The average American diet, said Coleman, consists of about 45 percent carbohydrates (the rest protein and fat), 4 or 5 grams of carbohydrate per kilogram of body weight. If you're exercising an hour or less a day, you need 6 grams per kilogram of body weight — which is to say 60 percent of your calorie intake should be carbohydrate.

"If you're going an hour or more, 8 grams per kilogram of body weight is best," she said.

After exercise, said Coleman, you can enhance your body's ability to replenish glycogen and thus recover more efficiently by taking in carbohydrates — in fluid or solid form — within a half-hour. Twelve ounces of orange juice is ideal, she said, for those prone to postponing eating after heavy exercise.

"Studies have shown," said Coleman, "that if you take in carbohydrates within a half-hour of exercise, you can store three times the glycogen you could if you waited two hours (to ingest the carbohydrates)."

The stored glycogen provides greater energy reserves available for your next workout.

"If you try to diet (in the midst of a demanding exercise regimen), those carbs will be used for survival," said Coleman. "They won't be stored as muscle glycogen, which is why I recommend losing only a couple of pounds per month."

The safest way to diet while maintaining the energy to fuel a workout regimen is reducing calories by 250 to 500 per day, said Coleman.

## DISCOVERY

### Misleading info for dieters

Dieters haven't cheated or done anything wrong if they find their cholesterol levels go up after the start of a new diet — their bodies are simply releasing the cholesterol stored in the former fat cells.

#### The weight

■ Researchers studied the weights and cholesterol levels of six women over 10 months. All stuck to the diet and steadily lost weight. Four were on dieting formula. Two were on food.

#### The surprise

■ Cholesterol levels rose sharply six months into the diets. Stored fat cells retain cholesterol at first, but after enough shrinkage begin to release it. Continued dieting did lead to lowered cholesterol levels.

SOURCE: *American Journal of Clinical Nutrition*, Dr. Stephen Phinney

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By Kit Saedaker

## Light cheesecake recalls dessert memories

Cheesecake is one of my earliest dessert memories. It was high and cheesy, more like New York cheesecake. It came in one flavor — cheese. I ate it every chance I got, which wasn't often because I could only find it when I was taken out to dinner. Cheesecake wasn't something a lot of cooks tackled at home.

Well, things have changed. Not only has the food processor made cheesecake a snap to make at home, but a lot of the fat and calories have come out. Now cheesecake comes in flavors, too. Think about lemon, or ginger or chocolate. I have. They are all lush possibilities for '90s eating.

### LEMON CHEESECAKE

- Non-stick coating
- 2 tablespoons low-sodium margarine
- 1/2 cup crushed graham crackers
- 2 cups low-fat cottage cheese
- 1 cup non-fat plain yogurt
- 1/2 cup sugar
- 3 tablespoons all-purpose flour
- 2 eggs, lightly beaten
- 3/4 cup non-fat milk
- 2 tablespoons lemon juice
- 1 teaspoon grated lemon zest

Yields 10 to 12 servings.

Each serving has about 150 calories, 4 grams fat, 38 milligrams cholesterol and 300 milligrams sodium.

Preheat oven to 350 F. Spray 9x3-inch springform pan with non-stick coating. Melt margarine,

cool. Place graham cracker crumbs in bowl and add margarine. Mix until combined. Pat crumbs smoothly over bottom of pan and press down. Put pan in freezer.

Put cottage cheese in bowl of food processor and process until smooth. Add yogurt, sugar and flour and pulse to mix. Add eggs, one at a time and process to mix. Add milk, lemon juice, lemon zest and blend.

Spoon mixture on top of crust in pan and bake 40 to 50 minutes until knife inserted near center comes out clean. Batter will fall fill pan and will not rise a lot.

Turn off oven, leave door ajar and let cake cool at least an hour. Remove to rack to finish cooling. Refrigerate, covered. To serve, loosen edges with sharp knife and remove sides of pan. Cut in wedges.

### GINGER CHEESECAKE

- 1 tablespoon low-sodium margarine
- 4 pieces zwieback, crushed to crumbs
- 1/2 cup loosely packed brown sugar

- 1 1/2 teaspoons grated lime rind
- 1 teaspoon ground ginger
- 3 tablespoons lime juice
- 2 envelopes unflavored gelatin

tin

- 1 cup water
- 2 cups low-fat ricotta cheese

- 1 cup plain low-fat yogurt
- 1/2 cup non-fat milk
- 1 egg yolk

Yields 10 to 12 servings.

Each serving has about 120 calories, 5 grams fat, 35 milligrams cholesterol and 7 milligrams sodium.

Spray 8-inch springform pan with non-stick spray. In saucepan melt margarine. Remove from heat and mix in zwieback crumbs, 1 teaspoon of brown sugar, 1/2 teaspoon lime rind and 1/4 teaspoon ginger. Press evenly over bottom of springform pan and place pan in freezer.

Put lime juice in cup and sprinkle gelatin on top. Let stand at room temperature until softened, about 5 minutes. In saucepan bring water to simmer. Put cup of lime juice and gelatin in bubbling water and stir until gelatin dissolves, about 4 minutes. Remove and set aside.

Combine ricotta cheese, yogurt, remaining brown sugar and milk in work bowl of food processor and process until smooth. Add egg yolk, remaining 1 teaspoon lime rind and rest of ginger and process to mix.

Add cooled gelatin mixture and blend. Spoon cheese mixture over zwieback crust in pan and refrigerate at least 5 hours or until set. Run knife around edges of pan to loosen cake and remove sides. Serve in wedges.

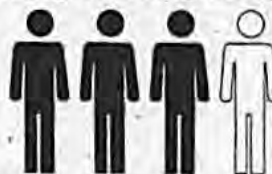
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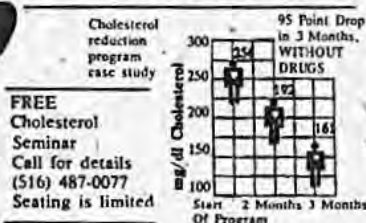
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# Here's How



By Gene Gary

## The perfect solution to shingles' problem

**Q.** Our roof is discolored by mildew on approximately one quarter of the area. It creates an unattractive dirty look, and I am concerned about damage to the shingles. How can this be removed and prevented in the future? Our roof is made of asphalt shingles.

**A.** Your shingles can be cleaned with a solution of two-thirds cup trisodium phosphate, one-third cup laundry detergent and 1 quart of household bleach. Add enough warm water to make 1 gallon.

Prior to cleaning, inspect the shingles to make sure they are in good condition. If you find that the grits are wearing off and the corners are curled, rounded off or cracked, consider having the shingles replaced.

The life expectancy of a roof varies with climatic conditions. Asphalt shingles will last from 15 to 30 years.

If the shingles are asphalt shingles will last from 15 to 30 years.

If the shingles are sound, you can remove most of the mildew by

brushing with a stiff broom and the TSP solution. When washing down the roof, wear rubber gloves to protect your hands. Use safety precautions when working at this height. Watch that you don't harm the shingles by walking on them. Don't use a wire brush, as you want to avoid disturbing the surface granules that protect the asphalt base of the shingles.

To prevent future mildew, trim overhead tree branches to increase ventilation and exposure to

the sun. Treat the shingles with a solution of four parts water to one part household bleach. Apply this solution near sundown to let it work without evaporating too soon. Don't rinse.

**Q.** We recently constructed an addition to our home, which took several months to complete. Most of the materials were purchased in advance, including materials for a cabinet and the cabinet doors.

Evidently some moisture got to the doors, as they were warped when we went to install them in the new cabinet. Do you know of any way we can correct the warping on the doors? If they can't be fixed, we will have to have them replaced with new ones.

**A.** Assuming you have not painted or finished the wood, it is possible to correct the warping. Remove the doors and lay them flat over blocks of wood or wooden horses, with the concave side up.

Dampen the wood slightly and cover with a heavy plastic. Then use a heavy weight, such as concrete blocks, on the high ends of

the warp. Leave undisturbed for several days and then check to see the amount of straightening you have achieved.

If the doors straighten to your satisfaction, be sure that you seal the wood surface so the continued absorption of moisture is checked. Seal the ends as well as the flat inside and outside surfaces. Primers, paint, varnish or a wood sealer is adequate.

**Q.** A pair of gilded picture frames were given to me by a relative who had them stored in an attic. They are soiled from dust and dirt collected over the years. I do not know how to go about cleaning them. There is a lot of detailed carving to clean, which makes it more difficult. Do you have any suggestions?

**A.** If these are valuable frames, it would be best to have them

cleaned professionally. Gold gilding is very fragile and must be handled gently.

If you want to take a chance on cleaning them yourself, use the artist's camel hair brush to apply a cleaning solution of a half-and-half mixture of alcohol and ammonia to the entire surface.

Allow the solution to remain a few minutes to soften the grime. Then remove with clear water, also applied with an artist's brush. Do not wipe dry. Shake off any drops of water and then stand the frame on its edge in a well-ventilated place to dry naturally.

Test this cleaning method on an inconspicuous area of the frame to see how the gilding is affected prior to continuing with the cleaning.



# Here's How

## Decor Score

By Rose Bennett Gilbert



## Troublesome Victorian

**Q.** I don't know how to handle the wall space in the back hall of our old Victorian. The ceilings are more than 10 feet high and it feels like a tunnel. Would pattern help cut the height? — L.C.S.

**A.** Anything that brings your eye down to cozy levels will help offset the tall, narrow feeling. I'd suggest that you also paint the ceiling dark to lower it visually, and use a couple of borders — stenciled or wall covering — to break the height into horizontal sections.

That's the optical objective in the photo we show today: A double helping of Wall-Tex wall covering borders has been applied to counteract the essential verticality of this small music room. You'll notice also how painted moldings aid and abet the illusion around the ceiling line, at floor level and under the window seat.

With coordinating fabric made into window shades, the walls become a harmonious background, pun intentional, for this room with a theme, played out on black and white keys.

**Q.** We'd like to move, but there's another baby on the way and complications about my husband's job, so for now we'd settle for a kitchen remodeling. We realize that

costs vary depending on what goes in and who does the work, but can you give me a ballpark idea of what kind of money we're talking?

**A.** Also, how do I find a contractor I trust? A friend was using a contractor who split in the middle of the job, leaving most of her kitchen still sitting on the side porch and all the subcontractors unpaid and angry. — I.S.

**A.** Despite such problems — and your friend is not alone — most kitchen make-overs have a happy ending. It's the most-remodeled room in the house (after the bath). Last year, nearly 5 million homeowners redid their kitchens at an average cost of about \$18,000.

The figures come from the National Kitchen & Bath Association in Hackettstown, N.J., who can also help you avoid your friend's disaster. The association sets and maintains high standards for its members (they have to be well established in business for so many years, pass a Dun & Bradstreet check and offer a certain amount of professional expertise).

Not that members are the only reliable contractors around, but when you see the initials NKBA behind their names, you know you have the nationwide organization behind their work.



**MUSICAL NOTE** — Music wallcoverings from Wall-Tex make this room's function perfectly clear.



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**WANTED PART TIME MALE/** female Deputy Code Enforcer for Inc. Village of Williston Park. 16 hrs. per week, hours flexible. Senior or retired person welcome. Applications available at the Village Hall, 494 Willis Ave., Williston Park, NY, Mondays thru Fridays, 9:00 a.m. to 4 p.m. wa5

**SEEKING MATURE, ENER-**getic, loving woman to care for infant in my RVC home. School days/live out. Light housekeeping, non-smoker, English speaking, references required. 766-0923. gcag5

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**RECEPTIONIST P.T.,** Immediate, permanent for well spoken, reliable individual. Word Processing experience a plus. 746-6000. gcag5

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**HIGH SCHOOL TEACHERS** wanted to tutor: biology, chemistry, earth science, mathematics, social studies, AP history. Call 741-3550. wsl

**CHILD CARE MON.&/or FRI.** 10-6, 1 child in my home. References required. 485-4979. gcSc2

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**REAL ESTATE SALES.** Active Garden City office seeks motivated self starter. Experience preferred. Call Ed. Keusey Real Estate, 745 Franklin Ave., Garden City, 747-1300. gcO4

**LOVING, RESPONSIBLE** woman needed for my 2 children, ages 6 & 8 in my home 3 afternoons per week. Flex. hrs., own transportation. Call 621-4232. wa2

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**RELIABLE & RESPONSIBLE** child care for my 3 school age children & one toddler in my Garden City home. Mon. 8:30-3:30 & Thurs. 8:30-6:30. Some flexibility. References. 739-1802. gcsl

**TEACHER NEEDS BABYSIT-**ter Wednesdays & Fridays approx. 1:30 to 5 p.m. in my Herricks home (or yours if close by). Will consider a mom, grandma or high school/college student (add. hours possible if desired). Please call 741-5419. wsl

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**POLISH WOMAN LOOKING** For Housekeeping job. Own transportation, experienced. 565-1751. gcsc3

**BABYSITTER ON CALL** (Pediatric nurse). If your regular sitter can't make it, her kids are sick, she has an appointment, or things just aren't working out, let me watch your kids as your back up babysitter. Call me so we can meet before you may need me. Reliable, responsible mom with references. Please call 489-1621. gcsc3

**I AM LOOKING FOR A HOUSE-**keeping job. Mon. - Sat., experienced & references. Call (718) 651-0705 after 6 p.m. or weekends. gcsc3

### Situations Wanted

**SLEEP IN/SLEEP OUT COM-**panion job wanted. Experienced & references. (718) 479-9147. gcSc2

**NURSE'S AIDE AND COMPAN-**ion. with certificate and license. References. (718) 257-0947 ws2

**BABYSITTING - GARDEN CITY** mother with older children wanting to babysit occasionally. Preferably daytime. Thank you. 248-5896. gcn3

**COMPANION AIDE WITH** Experience available full time. Live in or out. References. (516) 795-6629 or (212) 992-6256. wa5

**EF AU PAIR. CHILD CARE** affordable, European, live-in child care - 12 months legal program. Weekly average \$165. Call today for our next monthly arrival. 1-800-333-6056. hs3

**CERTIFIED NURSE'S AIDE** With reference and diploma needs to take care of an elderly or handicapped person. If interested please call 538-4905. gcsc3

**I AM A WARM, GENTLE,** Loving, caring woman who is seeking a position in housekeeping, child care and cooking. References available upon request. (718) 774-7875. gcsc3

**PROFESSIONAL COMPANION,** Housekeeper, childcare. Qualified, honest, with recommendations. Please call 718-262-8457. hs3

**SPAN'S CARPENTRY CO. IS** looking for private contracts to do work as a carpenter in schools or hospitals. Licensed & bonded. Call V. Wright, 564-0447. gcS2

**CHILD CARE AVAILABLE IN** Garden City home. Former nurse's aide, reliable, responsible & experienced. Reasonable rates. References available. Call 294-6393. gcag5

**LOOKING TO TAKE CARE** of elderly person during the day. Sleep out. Please call Mrs. "J". 485-7017. gcag5

**RESPONSIBLE, RELIABLE** Nurse's Aide with experience will take care of sick, elderly people. Excellent references. 326-2917. gcag5

**HOUSECLEANING AVAILABLE** Mon.-Fri. References, own transportation, experience 538-1713. gcSc2

**EXPERIENCED ENGLISH** speaking woman seeks position to take care of elderly or child care &/or babysitting. Full time or part time. Please call 483-5488 any time. gcSc2

**Situations Wanted**

**ATTENTION VACATIONERS** would you like to go away and know that your dog or cat is well taken care of? Mature woman who loves animals will give your pet lots of TLC. Fenced in yard. 352-9113. *gcs2*

**LOOKING FOR POSITION AS** babysitter or housekeeper. Please call 718-485-3400. Ask for Lucinda. *gcag5*

**HOUSEKEEPER AVAILABLE** Honest, hard worker looking for daily housecleaning position. Experience & references. Call any time 483-5815 or 489-7166. Susann. *gcag5*

**ENERGETIC HOUSECLEANING** woman with excellent personality seeking day work. Prefer Garden City area but will work in other vicinities. English speaking, non-smoker, own transportation. Reasonable rates. References on request. Call 489-8218 evenings. *gc53*

**HOUSECLEANING. EXPERIENCE** & reference. Mon., Tues., & Wed. available 483-6256. Please call after 6 p.m. *gc5e2*

**YOUNG LADY SEEKS** Babysitting, housekeeping or companion job. Reference available. Gracie Stephens (718)-385 010 *gc5e2*

**I'M LOOKING FOR HOUSE-**keeping/Babysitting job. Experience & references. 293-8424 or 997-4221. *gcag5*

**CHILD CARE/COMPANION** Mature, reliable woman. Experienced. live in or out. References available. (718) 941-7262. *ws2*

**ESL TEACHER AVAILABLE** for private or group lessons in your home or office. Experienced, certified 742-0520 *wa5*

**HOUSECLEANING JOB** wanted. Experience & references. Good rates. 481-7355. Ask for Sandra or Byron. *gc5e1*

**HOUSECLEANER AVAILABLE** mornings or afternoons. Good experience, good references, own transportation. 867-0927 *gc5e2*

**MATURE GARDEN CITY** resident will care for child of working mother in your home, vicinity of Hemlock Park. 248-5404. *gc5e2*

**HOUSECLEANER. RESPONSIBLE** person, good service, good references, own transportation. Call 1-5 p.m. 746-1249 or 731-3618 any time. *gcs2*

**COMPANION FOR ELDERLY.** Live out. Experienced, reliable. 718-327-1550. *wa5*

**POLISH WOMAN LOOKING** for job as housekeeper in Garden City. 565-1751. Ask for Agnes. *gcag5*

**AFTER SCHOOL CHILD CARE** offered by energetic, dependable, loving Mom in my Garden City home. Available also during school holidays. Excellent references. Please call 873-1636. *gcag5*

**Situations Wanted**

**HOUSECLEANER WILL KEEP** your house in good condition. Call after 5 p.m. 742-4566. *ws1*

**NURSE'S AIDE LOOKING FOR** 4 days work (Monday - Thursday) 564-8520. *gc5e1*

**HOUSECLEANING - GARDEN** City resident wants to help her cleaning woman find a cleaning job. She's reliable, a hard worker & trustworthy. Call 741-0337. Ask for Donna. *GC5e1*

**NURSE'S AIDE FULLY** experienced in hospital, nursing home and private duty. We will work day shift or overnight shift. References. 475-7966. *GCN1*

**LOOKING FOR WORK 4** nights a week as companion to elderly. Tuesday - Friday. 785-2014, 378-8771. *gc5e1*

**NURSE'S AIDE LOOKING FOR** Weekend job or 3 days a week. Please call 379-7521. *gc5e1*

**POLISH LADY LOOKING FOR** Housecleaning and/or ironing. Good references and experience. Please call 489-8006. *gc5e1*

**EUROPEAN HOUSEKEEPER** available to clean your house. Reliable, experienced and meticulous. Available Mon., Tues., and Wed. Excellent references. Josephine, 437-2084. *gc5e1*

**HOUSEKEEPER/CHILD CARE** Available. Experienced, reliable, caring to clean your house or care for children. Reference. Call any time 483-5815. *gc5e2*

**EXPERIENCED LADY WITH** excellent references available 2 or 3 days for child care &/or housekeeping. Call (718) 779-8642 after 6 p.m. *gc5e2*

**NURSE'S AIDE LOOKING FOR** WEEK-END JOB OR 3 DAYS A week. Please call 379-7521. *gc5e1*

**POLISH LADY LOOKING FOR** housecleaning &/or ironing. Good references and experience. Please call 489-8006. *gc5e1*

**EUROPEAN HOUSEKEEPER** available to clean your house. Reliable, experienced & meticulous. Available Mon., Tues., & Wed..Excellent references. Josephine 437-2084. *gc5e1*

**HOME ATTENDANT** very responsible with some nursing skills, available to care for sick/elderly patient. Hours to discuss, pay neg. Verifiable references. Please call 294-3454 between 9-5. *gc5e1*

**IRISH COMPANION AIDE 14** years experience. Garden City area. 248-0681. *gcs1*

**DRIVER AVAILABLE P/T OR** F/T for family in Garden City. Excellent personality. European. Call 868-4790. *gcs1*

**NURSE'S AIDE. N.Y. STATE** certification. 14 yrs. geriatric experience desires P/T hours. Mature. 867-0351. *gc5e1*

**WILL BABYSIT YOUR CHILD** IN my New Hyde Park home Mon. to Fri. References. 746-7773. *wal*

**Situations Wanted**

**EXPERIENCED, MATURE** Nurse's Aide seeks job taking care of elderly invalided. Live out. Night or day, non-smoker. References. 485-6276. *ws1*

**HOUSECLEANER, REFER-**ences, own transportation. Experienced. 338-5970. *ws1*

**NURSE'S AIDE LOOKING FOR** 4 days work (Monday - Thursday) 564-8520. *gc5e1*

**HOUSECLEANING JOB** wanted. Experience & reference. Good rates. 481-7355. Ask for Sandra or Byron. *gc5e1*

**CERTIFIED NURSE'S AIDE** will work for sick or elderly. 6 to 8 hours per day. Will work evenings or weekends. Own transportation, references. 484-4321. *ws1*

**IRISH GIRL NURSE'S AIDE** available to work days or nights. Experience & references available. Call 718-470-6275. *gcs1*

**EXPERIENCED IRISH WOMAN** available as nurse's aide/companion for elderly. Kind & considerate. Day or night duty. Reasonable rates. Call Mary 354-1938. *gcs1*

**NURSE'S AIDE FULLY** experienced in hospital, nursing home and private duty. We will work day shift or overnight shift. References. 475-7966. *gcN1*

**LOOKING FOR WORK 4** nights a week as companion to elderly. Tuesday - Friday. 785-2014, 378-8771. *gc5e1*

**HOUSECLEANING - G.C.** resident wants to help her cleaning woman find a cleaning job. She's reliable, a hard worker and Trustworthy. Call 741-0337. Ask for Donna. *gc5e1*

**Real Estate For Sale**

**HELGA CROSBY'S BEST BUY** Bad news, your son's marriage is kaputt. Good news, he's got the kids. Bad news, he's coming to live with you. The best news, I have the perfect house \$400's. 35 year Contemp, 1/2 acre, 2 car, LR/DR combo, 3 BRs, bath, outside entrance. LR, FPL, DR, 3 BRs & bath. Super mint Helga Frankwich Crosby, Associate broker after 6 p.m. 746-0563. *gcag5*

**SOUTHOLD BAYFRONT** - Private park community with deeded boat mooring rights, protected harbor within 500 feet. Year round home, 20 mile panoramic views, 1/2 acre, cathedral ceiling. LR/FPL, family room with wood stove, FDR, new EIK, laundry, Master BR with bath & dressing room. 2 additional BRs with bath & jacuzzi. OHW, low taxes, heated guest cottage with bath, outside bather's shower & dressing room, garage. All above in turn-key condition. Immediate occupancy. ASKING \$595,000 neg. Call (516) 765-2963 for details & photo brochure. NO BROKERS. *gcs1*

**Real Estate For Sale**

**GARDEN CITY, WOODED** seclusion! Over 3,000 square feet of living space. A great home for entertaining year round. Oversized rooms. Formal elegance in the large dining room. Libra, ideal for family gatherings. Outdoors: solar heated, in-ground geyrite pool with jacuzzi. Large deck. Excellent condition. By owner. 248-9286 *ws2*

**GARDEN CITY ESTATES** Old World Tudor on beautiful Whitehall Blvd. Gracious center hall, grand foyer, sunken LLR with stone flp, 6 BRs, 4 1/2 baths. Principals only. Call 741-6675 for appointment. \$950,000. *gcs2*

**SOUTHOLD. 1 PLUS WOODED** Acre. Walk to bay beach, deeded marina rights, underground utilities. Cobblestone lined street. Terms. \$125,000. 765-1594. *gc2*

**ALBERTSON/ROSLYN HTS.** Adult Condo - 1 BR, living/dining area, 1 1/2 baths, 4 closets, own laundry & storage rm. Indoor parking, terrace, walk to all 6 yrs. old. Asking \$179,000. Owner. 747-4221. *gcs2*

**GARDEN CITY ESTATES** Elegant, beautifully decorated and renovated Dutch Colonial. Center Hall, 5 BRs, 3 1/2 baths, LR w/fpl with authentic Dutch tiles, formal DR. Sun Room, fin. bsmt. Brass light fixtures, Laura Ashley curtains & wallpaper throughout. Hardwood floors, new EIK with cherrywood cabinets & top of the line appliances, two car garage. New furnace & water heater. House surrounded by dozens of azaleas. Excellent location, within half mile from Mineola & Hempstead train lines. Tullamore Park, Homestead & Stratford schools just around the corner. By owner. \$465,000. 742-4271. *gcs3*

**GARDEN CITY ESTATES** 4 BR CH Brick Colonial. Large Country kit with breakfast rm., beamed fam. rm., LR/fpl, FDR, maid's rm., huge fenced in backyard. One block to RR. \$459,000. 248-7292. *gcs2*

**MOTIVATED SELLER. LEGAL** 2 family, Mineola Park Section, 4 1/2 over 5 1/2. Closets galore, walk to railroad, shopping, 50 x 100, detached garage, excellent rental income. \$239,990. Call owner, 746-3141 *ws2*

**SOUTHOLD (PECONIC)** Charming house nestled in woods. Price to move quickly. Private bay beach, 3 BRs, fpl, in-ground pool with deck \$175,000 734-5781, 826-4130, 783-8238. *gc5e2*

**GARDEN CITY ESTATES** Tudor - Totally modernized and move in condition, custom Ruti cherry kitchen & family room with Corian wet bar, 4 BRs, modern Corian bathrooms, computerized 4 zone baseboard heat, large finished basement (office, bar, shop, laundry), 2 FPLs, maintenance free exterior, professionally landscaped, 2 car garage, interior decorated to perfection, walk to RR & School. Mid \$600's. Reasonable offers acceptable. Principals only. 728-6919 or 248-6356. *gcs3*

**Real Estate For Sale**

**CUTCHOGUE, REDUCED** \$15,000, beautiful 1 acre lot, walk to beach (sound) \$72,500. Owner 746-8023. *hs3*

**FLORAL PARK FLOWER VIEW** Gardens. Newly renovated 1 BR Co-op. Mint condition. Walk to RR, bus and stores. Asking \$92,000. Low maintenance. Call after 5 p.m. 775-7820. *hs3*

**SOUTHOLD WATERFRONT - 2** BRs, 1 1/2 baths, LR/FPL, country ambience, dock, 1 plus acre, \$209,000. New Suffolk - Water-view Ranch, 4 BRs, 1 1/2 baths, decking, EIK, 2 car detached garage. Steps to beach & boating \$199,950. Peconic - Waterfront Chagrin on full basement with 3 BRs, DR, large kitchen, great views. Needs TLC \$265,000. Nassau Point - Waterfront Country house - 2 BRs, LR/FPL, DR, large family room, OHW heat, 1 acre \$350,000. Mattituck - Bayfront, sandy beach 3 BR, 2 1/2 baths, LR/stone FPL, enclosed porch, great cottage. \$595,000. Jamesport - Bayfront sandy beach. Best value. 4 BRs, 2 1/2 baths, main house. Great community for kids plus 2 separate income producing cottages. Don't wait \$399,900. Southold - Great sound views from 3 BR, 1 1/2 bath A Frame. Walk to beach. \$240,000. Burt Lewis Realty 734-5533, 298-4600, 765-5810. *ag5*

**SOUTHOLD WATERFRONT -** Exclusive Architecturally designed for today's life style. 3/4 BRs, 3 1/2 baths, deck, terrace & dock. Prestigious area, glorious views \$595,000. Southold - A very short walk to beautiful bay beach from this cozy English cottage. 3 BRs, LR/FPL, screened porch & gas heat. Just listed at \$189,000. New Suffolk - Beautiful bay view & steps to sandy beach from this new, 2 story home with quality throughout. 3 BRs, 1 1/2 baths & OHW heat. Just listed at \$249,000. Mattituck - Mid 1800's Farmhouse on 5 private acres with several outbuildings. Spacious living areas with 3 FPLs & completely renovated. One of our best offerings \$535,000. Cutchogue - Lovingly maintained & tastefully decorated - Century old Farmhouse 3 BRs, 1 1/2 baths, cozy FPL in LR to warm you in winter and screened porch overlooking IGP to cool you in summer. Now asking \$185,000. Marlon King Realty 734-5657. *gcag5*

**GARDEN CITY ESTATES -** 5 BRs, 4 1/2 baths Oxford Boulevard Colonial on 1/2 acre. Price reduction plus flexible owner financing. Monthly payments as low as \$3,000. Owner/broker 248-2450. *gcs2*

**NORTH FORK NEAR NEW** Contemp. Walk to beach/boating/marina. Unique design, superi or construction, 2,200 sq. ft. of luxurious living space. 7 large rooms, 3 BRs, 2 baths, family room, skylights, closets galore, FPL, double garage, ideal Mother/Daughter. Reduced to \$189,000. Cutchogue - Choice 2 acre building lot with great water view. Road, utilities in. Ready for your new home. Priced to sell at \$89,000. Bookmillers Real Estate, Jamesport 722-4423. *gcag5*

**Real Estate For Sale**

**HICKSVILLE: 4 BR LEVITT** Ranch. New Euro kit & bath. 60x100. Taxes \$2600. 2 zone heating & ceiling fans throughout the house. Asking 165K. Principals only. 735-0793. hfn

**GARDEN CITY BRICK/STONE** 5 BR expanded Ranch on John St. 3 baths, CAC, den, Anderson windows, 1/2 acre \$550,000. Owner 741-0451. gcs1

**HILLSIDE AVE., NEW HYDE** Park - 4 BR brick house, attached garage, patio, LR/FPL, DR, EIK, 1 bath, full basement. Excellent professional location. Principals only \$229,000. 747-6759 evenings gcs5

**GARDEN CITY ESTATES** CH Colonial, brick/slate, fully renovated in/out, new appliances, 4 BRs, 2 1/2 baths, EIK, LR/FPL, DR, Den, CAC & sprinklers. Owner Reduced to \$525,000. Call after 6 p.m. 742-0740. gcs2

**EAST WILLISTON COLONIAL** 18 yrs. young. Large Master BR w separate dressing area plus 3 large BRs, 2 1/2 baths, Ceramic tile large country kit w Bay Window, LR formal DR, den/fpl, private yard w covered patio, attached garage, CAC sprinkler & alarm system \$400K. Owner 747-8145. wsl

**GARDEN CITY ESTATES** - English Colonial. 4/5 BRs, 3 full baths, large modern EIK/deck, LR/marble FPL, FDR, original English wood paneled library. Moldings, brass sconces. Finished basement/laundry. New windows & oak floors throughout. Slate roof, 2 car garage, park-like yard on beautiful street. Walk to RR. \$475,000 principals only. 746-6893. gcs5

**NEW SUFFOLK - FIRST OFFER-** ing. Watch wind suffers from this completely renovated 3 BR, 2 bath home. European style kitchen, DR, LR. Walk to bay beach. \$259,000. Nassau Point Bayfront - Fabulous views & sandy beach come with this hidden 3/4 BR house. Super deck, grand great room with stone FPL, CAC & many extras. \$595,000. Nassau Point - Bayfront 5 BR, 2 bath Cape Cod, LR/FPL, sunroom, large den, guest house, beautiful plantings, gorgeous views from house or beach of Cutchogue Harbor & Robin's Island. \$795,000. Marilyn Lang Realty 734-6472, 734-6690. gcs5

**GARDEN CITY ESTATES** Ranch. 4 BRs, 3 baths, EIK, LR/fpl, huge fin. bsmt. Beautiful yard, 2 car garage, 80x110. \$485,000. Mint cond. 742-8868. gcs3

**GARDEN CITY CENTRAL** Section 1 BR Condo. Modern EIK & bath, A/C. Walk to all. Low, low maintenance includes heat. Must sell, by owner. \$169,000. 742-8342 evenings. gcs2

**NEW HYDE PARK. 4 BR** Cape. Mint condition, possible M/D. 3 private entrances, 3 baths, 3 kitchens, fin. bsmt., gas heat, 1 1/2 garage, extras. Near all. Owner \$249,000. 488-5497. gcs1

**Real Estate For Sale**

**MANHATTAN-EAST. 80's** - Designer Studio in elevator building, Sunny, built-ins, wall to wall carpeting, A/C, lots of storage, separate kitchen, dishwasher. \$70,000 (718) 482-0726. gcs2

**GARDEN CITY ESTATES** Split level, maintenance free Contemp. featuring cathedral Living Room ceiling, EIK, Dr, den, 3 BRs, 2 1/2 baths, gas heat, 2 car garage, basement, Principals only. \$395,000. Call for appointment. 747-0774. gcs2

**SOUTHOLD BY OWNER** Remodeled with new addition. 3 BR, 2 Bath Ranch. Walk to sandy beach, A/C, new appliances, beautiful Florida room. Oversized detached garage. Priced to sell. ow 200K. 765-5496. gcs2

**GARDEN CITY-WALK TO RR.** Lg. 3 BR, 2 1/2 baths, LR/FPL, DR, den, fin. Basement, new gas heat, EIK, 2 car, fenced yard. Many great extras! Low \$300's Owner (212) 473-0526. gcs1

**GARDEN CITY SPACIOUS** home on large property. 5 BRs, 3 baths, screened porch, finished rec. room. Walk to RR. By appointment. Asking \$315,000. Principals only. 775-5974. gcs3

**GARDEN CITY WESTERN** Beautiful Jefferson Street, 3 bedroom Colonial, formal dining room, living room with fireplace, large enclosed porch. Move in condition, 60 x 100, low taxes, reduced to \$315,000. Walk to everything. Principals only. 775-1133. ws2

**GARDEN CITY DRASTIC** reduction. Won't last. Owner relocating. Northeast Split. Move-in condition. Low taxes, aluminum siding, CAC, 3 BRs, 2 baths, 60x125. \$275,000. Principals only. 746-7281. gcs1

**GARDEN CITY. MINT CONDI-** tion Split level in the heart of the Estates. Lovely awninged deck, fam. rm., 3 BRs, 2 baths. Walk to station & Stratford school. \$369,000. Owner 742-4249. gcs1

**CUTCHOGUE. EX GARDEN** City residents selling 3 BR, 3 bath Ranch. Large LR/fpl, FDR, new EIK, CAC, 1 acre. Excellent condition. \$395,000, 734-5779. gcs1

**ATTENTION BUILDERS OR** investors: Bethpage residential lot 50 x 100. Vacant building parcel needs subdivision. For sale by owner. Call 938-7192. gcs1

**222 SEVENTH STREET CONDO** Newly renovated throughout. First floor overlooking beautiful court yard. Walk to all. Owner \$189,000. 742-8337. gcs1

**GARDEN CITY 4 BR CAPE,** 2 full baths, fin. bsmt., property 60 x 100, private backyard, near schools & playground. Owner asking \$260's. 747-3667. hs2

**GARDEN CITY BROOK ST.** Cape. 4 BRs, 2 baths, LR/fpl, DR, large fam. rm/fpl on 60 x 125. Must see at \$369,000. Owner 742-8337. gcs1

**Real Estate For Sale**

**NASSAU POINT/CUTCHOGUE** Bayfront. First offering by owner. Beautiful 2 year Ranch with own beach & cabana plus 4 BRs, 4 1/2 baths, 2 FPLs, family room, LR, DR, master BR & kitchen. All with spectacular views. CAC. Beautifully landscaped. \$885,000. 734-7871. gcs1

**FLORAL PARK - LEGAL 2** FAMILY OR M/D. 80 x 100, brick, 3 1/2 over 5.10 foot ceiling in basement, full attic, LR/FPL, zoned professional in residential area. Walk to stores, schools, houses of worship, RR station. Lowered price for quick sale. Needs some work. Asking in \$200's. Owner 352-4922. gcs1

**GARDEN CITY CONTEMPOR-** ary living for the growing family. Cathedral ceiling, fam. rm., new kit, 3 BRs, 2 new baths, new vinyl siding, windows. Prime Estates location. \$399,000. Owner 742-8337. gcs1

**MOVE RIGHT INTO THIS** stone & brick home. Western Section overlooking golf course. LR/fpl, FDR, new designer kit, 3 BRs, 2 baths, Great buy at \$349,000. Owner 593-2613. gcs1

**CATHEDRAL GARDENS -** Large CH Dutch Colonial on 1/4 acre. LR/FPL, FDR, den, big EIK with tin ceiling, 4/5 BRs, 3 1/2 baths, finished basement, 2 car detached garage. \$235,000. Owner 483-4015. gcs2

**GARDEN CITY NORTHEAST** Expanded Ranch. 5 large BRs, 2 baths, EIK, for rent \$2400 or for sale \$369,000. Owner 742-8337. gcs1

**GARDEN CITY - TOTALLY** Renovated, uniquely charming Colonial. 3 BRs, maintenance free. Low taxes. Asking \$339,000. Principals only. Call 741-3878, Open House Saturday, August 24, 10-noon. gcs1

**GARDEN CITY PRIME ESTATE** section split, 3 BRs, 2 baths, LR/fpl, FDR, EIK, paneled playroom & lower basement, oversized 1 car garage, patio, 2 zone gas heat, walk to schools & RR, \$300's. Owner 747-3882. gcs1

**GARDEN CITY CAPE** Western Section. 4 BRs, 2 full baths, LR/fpl, FDR, EIK, low taxes. Move-in condition. Reduced to \$299,000. 326-9294. gcs1

**MINEOLA AREA CONDOS/** Co-ops: Horton House 1 & 2 BRs starting at \$79,000. Cathedral Gardens 4 RMs \$79,000. Garden Plaza Gramercy \$66,000. Lexington \$96,000. Madison \$112,000. Clinton Arms 1 1/2 baths, terrace \$110,000. Harrison House 2 BR \$145,000. Others available with The Valentine Agency 746-7200. wa5

**EAST ROCKAWAY, NEAR** Lynbrook. Two BRs, EIK, DR, two enclosed porches, LR/fpl. Attic, utility rm., garage. Asking \$160,000. Low taxes. Call weekends 887-2934. ws1

**Real Estate For Sale**



**G.C. HAMILTON GARDENS** Gorgeous, oversized 1 BR Co-op. Quiet corner apartment totally renovated, new Euro style EIK, separate DR, new bath, refin. hardwood floors. California closets. Extra large rms., heated garage. Close to all. Reduced to \$115,000. 747-3607. gcs2

**MINEOLA CLINTON ARMS -** Huge 1 BR, 1 1/2 baths, top floor, terrac. indoor parking, W.A. LIRR, courts, hospital. Mint \$110,000. neg. Owner 747-8919. gcs5

**CHERRY VALLEY 1 BR MINT** condition. New kit & bath, wall to wall, ceiling fan. Walk to LIRR & stores. Maintenance 81% deductible. Owner anxious. \$85,000. 294-7889. gcs

**GARDEN CITY-BEAUTIFULLY** renovated large designer Co-op, 3 BRs, 2 baths, large LR/fpl, FDR, EIK, walk-in-closet, 3 exposures, A/C. Walk up. Quiet, best location. Walk RR. Principals 877-2847. gcs2

**MINEOLA GARDEN PLAZA -** Spacious 1 BR Co-op, to 5th floor) 24 hour security/parking/garage. Walk to LIRR/shopping/ Nassau Courts. Wall to wall, 2 A/Cs, reasonable maintenance. Move in condition. \$97,000 741-8342 gcs2

**N.Y.C. EAST 56th ST. CO-OP.** Large, sunny, alcove Studio, CAC, 24 hr. doorman. \$89K or \$1,200 rental. 746-5194. gcs5

**GARDEN CITY CHERRY** Valley 1 BR Co-op, first floor. Walk to LIRR & stores. \$93,000. Principals only. 294-9556. gcs5

**CO-OP IN HOLLISWOOD** Gardens, 2 BR, 5 rms; quiet courtyard, convenient to N.Y.C./L.I. 2 AC's deluxe kit & bath, financially secure building. \$87,500. Owner 718-479-0231. ws2

**GARDEN CITY / HEMPSTEAD** Cathedral Gardens - 1 BR Co-op. Assumable mortgage. Low down payment. Priced to sell. Owner \$65-4117. gcs3

**GARDEN CITY CHERRY** Valley co-op, 2 BRs, CAC, new EIK, updated bathroom, second floor. Move in condition, walk to LIRR. \$136,000. 747-8850 or 747-1771. gcs1

**GARDEN CITY, 2 BR CO-OP** New kitchen/bath, wash/dry, dishwasher, A/C. Mint. \$124,000. 741-4248 gcs2

**BEST 3 BR, 2 BATH** in town. FDR, kitchen, LR/FPL, view of Stewart Ave. Christmas tree. Maintenance. \$990. 71% tax deductible. \$265,000. Day (212) 841-7887, evs. and weekends (516) 746-4165. gcs3

**Real Estate For Sale**

**MINEOLA CO-OP LINCOLN** Arms. Top floor, 1000 sq. ft., 1 BR, 1 1/2 baths, security building. \$92,000. Days 663-2579, evs 742-3599. gcs3

**MINEOLA - HORTON HOUSE** 1 BR, large LR; secure building. Convenient to RR, hospital, stores. Must sell. \$79,000. By owner. 747-8711. gcs3

**GARDEN CITY 2BR CO-OP ON** Seventh Street for sale by owner. Close to all, low maintenance. Must sell. 294-9318. Asking \$137,000. gcs3

**Real Estate For Rent**

**CHERRY VALLEY - 2 BR** Ground Floor, CAC, EIK, garage available. Convenient to all. Available Oct. 1. \$1,100 per month. Call 294-0229. gcs3

**HOUSE TO SHARE: LARGE** Garden City house to share with other young professionals. Steps to LIRR, convenient to all. Full use of house, washer/dryer, ample parking, cable. Young single professional preferred. \$375. All. 775-4256. hs3

**FLORAL PARK 159 TULIP AVE.** Above Quality Mart - 4 room apartment also suitable for office. \$800 per month. No fee 538-0757. gcs3

**HEWLITT - 1445 BROADWAY -** Apartments with FPL, EIK, frost free frig. Walk RR - 3 rooms \$750, 5 room duplex with deck \$995. No fee 538-0757. gcs3

**HEMPSTEAD - BASEMENT** Studio Apt. for non-smoking single or couple, no children, own private entrance. Utilities included \$600 a month. Call 565-0881. gcs3

**MINEOLA/WESTBURY/** Garden City/New Hyde Park. Beautiful apartments for rent. Studios from \$575; 1 BR apt. from \$650 a month; 2 BR from \$750 a month. Nice & secure buildings. 3 BR. apt Private homes available for rent. Royal Int'l. R.E. Days 742-3355; 795-7707 weekends or evenings. wa-1

**ELMONT - 6 ROOM APART-** ment - 3 BRs, LR, DR, private entrance, wall to wall, a/c, EIK w/dishwasher, parking available. \$1,000 plus utilities. \$61-1630 after 6 p.m. gcs3

**MINEOLA, BRIGHT, SUNNY** Room, private bath, private entrance, non-smoker. 746-4065. gcs3

**FRANKLIN SQUARE - NICE** Area, semi furnished, kitchen privileges, female preferred, non-smoker. Available Sept. 1 Please call after 6 p.m. 355-0610. gcs3

**WEST HEMPSTEAD/GARDEN** City Border. Nicely furnished room, quiet, residential area, suitable for mature working woman. Must be clean & neat, non-smoker. Share bath with kitchen privileges. Near shops & trains. Parking available. Security & references. \$400 per month includes all utilities. 489-5941. Gcs2

**Real Estate For Rent**

**GARDEN CITY ROOM FOR** Rent. Non-smoker, walk to station. Share bath. \$450.. 742-7706. gca5

**NEW HYDE PARK APT:** 3 BRs, kitchen, LR, bath. Own utilities, no pets \$1,100. 328-7059 gca5

**FRANKLIN SQUARE - BRAND** New basement studio, separate entrance, non-smoker, no pets. Single preferred \$575 incl. utilities. 437-0051. gca5

**HOLLIS HILLS/FEMALE** Mature, responsible, share spacious, beautiful home. Non-smoker. Near transportation, residential area. \$500 includes utilities. (718) 465-0952. gca5

**FRANKLIN SQUARE - 3 1/2** Very large rooms BR, LR, EIK, full bath, private entrance. Good location between Southern State and Hempstead Tpk. One block to bus and all conveniences. Quiet, respectable business person. Immediate \$750 plus electricity. (516) 328-9175. gca5

**WILLISTON PARK LEGAL 2** family expanded Cape. Upstairs = 2 BRs, LR/DR combo, kit & bath. Ground floor = 3 large BRs, LR, FDR, EIK, fin. bsmt., 1 1/2 baths, parklike grounds, walk RR, all. Owner 741-9263, leave message. \$325,000 or rent, downstairs \$1150+. wa5

**GARDEN CITY / HEMPSTEAD** Cathedral Gardens, 1 BR Apartment for rent, fully renovated. Immediate occupancy. By owner. 565-4117. gca5

**TWO BEDROOM APT: LR, 1** dinette, full bath, skylight, private entrance. Half mile from Southern State Pky. Sunset City area of N. Babylon. \$765 includes water, gas, use of yard. Across from Belmont State Park. 254-0428. hga4

**PSYCHOTHERAPISTS & R**elated professionals - individual office for rent by month or longer lease. Furnished or unfurnished, parking. \$600/mo.. 2 Hillside Ave., Williston Park. Call after 6 p.m. 944-7730. ws2

**HONEYMOON COTTAGE 3** Rooms on 1/2 acre, perfect for 1 or 2 working people only. Cat O.K. Immediate occupancy. \$675 per month. Call owner 579-4186. gca5

**N.E. BELLEROSE** completely renovated 3 room apartment. Convenient to all Great location. 9/1 occupancy. Private entrance. Asking \$675 Call (516) 328-8244. gca5

**BELLEROSE VILLAGE/** Nassau - 4 rms. Walk LIRR, city/Nassau buses, over office, EJK. Immediate. Suitable for 2. \$700 firm plus utilities. 352-5659. gca5

**NEW HYDE PARK APART-**ment for rent. Excellent one BR. All new appliances, including sofa bed, kit set. Walk RR, bus, all stores. Utilities included. Private entrance. Available now. \$595. Call 775-2456. ws1

**Real Estate For Rent**

**WILLISTON PARK, HILLSIDE** Ave., room & bath, private, walk to LIRR. Includes heat. Security required. \$500 a month. Cavallere R.E. 627-8866. wa5

**ROOM FOR RENT WEST** Hempstead. Prime President's area. Furnished, cheerful room for quiet, non-smoking female. Share bath, kitchen privileges. \$75 a week. 292-0582. gca5

**LOOKING FOR MALE OR** female roommate to share house in Williston Park. Walk to LIRR. \$450 a month includes utilities. 248-5373. ws1

**JERICHO, 3 LARGE RMS.,** private ground floor entrance, Hi Ranch. Convenient, no pets. One month security \$675 includes all. Sept. 1. 433-1302. gca5

**GARAGE FOR RENT** Mineola Park section. Perfect for storage. \$75 per month. Available Sept. 1. Call 746-3141. wa5

**APARTMENT/GARAGE FOR** Rent - Williston Park, bright, modern. 3 large rooms, private entrance, EIK, dishwasher, a/c, large storage area. Use of back yard. \$800 plus gas & electric. Garage \$80/mo. 248-8563 eves. gca5

**GARDEN CITY BORDER** Luxury apartment building. 1 & 2 BR apartments, new kitchens & appliances, A/C, bright, large rooms \$750 & \$825. No fee. 481-7745 or 489-3010. gca5

**Vacation Rental**

**SANIBEL ISLAND, FLORIDA** Lush tropical setting, virtually unspoiled, southern Florida Gulf coast, **Sundial Beach & Tennis Resort** selected by Better Homes & Gardens as one of the top resorts in the USA. 2000 ft. beach, 5 pools, jacuzzi, 13 soft/hard court tennis, golf, boat/bike rentals, supervised children's activities available, award winning chef & gourmet restaurants, superb shopping, world famous shelling, only 35 min. to Ft. Myers airport. Complete resort right on the Gulf. Recent multimillion dollar beautification program. One or two BR Condos with full kitchens. Rent daily, weekly, etc. Reasonable. (516) 746-2211, (516) 326-7711. gca5

**BOCA/DEERFIELD BEACH,** Florida. Lovely 2 BR, 2 bath condo in intracoastal waterway. Beautiful view, full screened porch, CAC, pool, all conveniences. 1 block to ocean. Walk to all. Available March & April. 294-8327 evenings. gca5

**Vacation Rental**

**NAPLES, FLORIDA CONDO, ON** Kings Lake, 2 BR, 2 Baths, new. Pool, club house, tennis, 3 month minimum rental. \$1800/mo. Owner 628-3309. hs3

**MOUNT SNOW HAYSTACK** Area, clean, comfortable, fully equipped condo, fpl., 2 BRs, loft & 2 baths. Sleeps eight. 2 miles from Mount Snow. Long term rental, Dec. 1 thru April 30. Great deal. 873-9029. ws2

**SANIBEL ISLE, FLORIDA** Large 2 BR, 2 bath Condo in small complex. Tennis, pool, beach access to gulf. Reasonable summer and fall weekly rates. 747-7482. ws3

**CHARLESTON, S.C. QUIET** island, miles of beaches, front beach homes & villas. Daily & weekly. Golf packages available. 1-800-476-0400. gca5

**MT. SNOW/HAYSTACK** Large fully equipped 4 BRs plus loft, 2 1/2 baths w/color TV, VCR, microwave. Weekly/monthly. Beautiful views, privacy. Near golf, tennis & lakes. 466-6120. gca5

**MARCO ISLAND, FLORIDA.** French village, 2 BR, 2 bath Condo. Pool, steps to gulf. Weekly/monthly, reduced rates now through Dec. Owner 718-352-5798. ws1

**MT. SNOW, VT. - BEAUTIFUL** fully equipped Condo, sleeps 8. Large deck with privacy. Golf, tennis, indoor Clubhouse on premises with racquet ball, gym & swimming pool. Short or long term rental for fall foliage and ski season. Call 741-1824. gca5

**MATTITUCK, CHARMING 2 BR** house, 600 ft. Peconic Bay beach. Seasonally, monthly or weekly. Great area. Quiet, relaxing, 1/2 hr. to Hamptons. Also for sale. Suitable for retirement or starter house. 722-4901. gca5

**Real Estate Wanted**

**GARDEN CITY COUPLE** seeking house to rent with option to buy. Estates or Western Sections only. One child, no pets. Call 326-7864. gca5

**LONGTIME GARDEN CITY** Resident with 2 mature children looking to rent 3 BR house in Garden City with option to buy and/or rental only. Move right in. Call 741-1593. gca5

**SELLING YOUR HOUSE?** We can offer you top exposure in the Display Classified Section of Discovery.

**Find A Bargain IN THE CLASSIFIEDS**

**Car For Sale**

**1990 FORD BRONCO II** 14,500 miles, a/c, power windows, power locks, great condition. \$12,500. 485-8346. hAg4

**'83 BUICK SKYLARK, 4 DR,** A/C, power steering, power locks, cruise control, AM/FM cassette. Well maintained. Good running condition. \$2,500. 58,000 miles. 248-9498. gca5

**\$375 - STATION CAR - GREAT** Workhorse. Starts winter/summer, no oil leaks. 1978 Chevy Impala. 746-0563. gca5

**1987 VW JETTA GL 4 DOOR,** Low mileage. Excellent condition for immediate sale. Must see. Accepting offers. 9-5, 742-5577, after 7 p.m. 877-0133. gca5

**'88 DODGE OMNI - 4 DOOR,** A/T, A/C, ps, pb, AM/FM stereo cassette. One owner, garaged, low mileage, 36K, extended 50K warranty. Excellent condition. Must see \$4,200. 747-8613. gca5

**86 - MUSTANG - GT (BLACK),** sale or take over lease. 25,000 miles, 5.0 liter V8, five speed, rear spoiler, PS, PB, Power windows, power door locks, cruise control, tilt wheel, tinted windows, AM-FM cassette, alarm system, A/C, mag wheels. Complete guarantee. Call Joe 364-2599. w-s-3

**1988 JAGUAR XJ6 SERIES II** 30,000 miles. Mint. \$20,000. 741-1365. hs3

**1989 CADILLAC COUPE DE** Ville, 8 cylinder, leather, highway mileage, loaded, excellent cond., \$18,000. 741-6655, 9-5. wa4

**MERCEDES BENZ RARE 1984** SL-5 speed, 2+2 leather rear seats with belts, full MB-AMG spoiler package, 3 part BBS-rims and high performance tires, a/c, red/tan leather, 2 tops, 25,000 miles. Third owner. Mint. \$28,000. 746-2586. hAg4

**1985 CHRYSLER NEW YORKER** Turbo, 63K, clean, excellent condition. Asking \$3200. Call 935-6094. ha4

**REDUCED 1985 MERCURY** Marquis, 4 Dr., 6 cyl., A/C, power windows & brakes, full front seat. Excellent condition, 78K, reduced to \$2500 negotiable. Call 364-2916. hfn

**1988 LINCOLN TOWN IS YOURS** for \$11,900. Loaded. Like new. 741-6675. gca5

**'86 CHEVETTE, 4 DOOR, AT,** PC, A/C, AM/FM, 63K. Mint condition. \$2,300 neg. 516-741-6254 or 718-847-2862. gca5

**1984 CHEVOLET CELEBRITY,** 6 cyl, A/T, A/C, white with burgundy interior, 63,000 miles. Service records & excellent mechanical condition. \$1450 neg. 935-6417. hs1

**1988 LINCOLN MARK VII LSC,** Immaculate, white/grey leather. Every option including 100K warranty. Local doctor's wife's car. 59K. Best offer over \$11,000. 248-1864. gca5

**Car For Sale**

**78 TOYOTA CELICA, 5** speed, sun roof, AM/FM cassette, very reliable, great station car. Asking \$500. 877-1163. hs2

**1986 CAMARO, V8 AUTO-**matic, air conditioning, power steering, power brakes, power windows, AM/FM stereo cassette, new engine, 300 miles, excellent condition, \$4,495. 741-5399 after 5:30. ws2

**1979 LINCOLN TOWN CAR** Good running condition. Full power. Serviced regularly. Alarm \$1500, negotiable. Call 747-3251. ws2

**'87 JEEP WRANGLER LAREDO** maroon, 42,000 miles, hard top, 6 cylinder, A/C, Benzi box, \$9,000. Call week days (212) 545-6739, week-ends (516) 747-5379. gca5

**MERCEDES 1982 300 SD.** Maroon/palmino leather, sun roof. One owner, garaged, 79 K miles. Excellent condition. \$12,250. 747-3076. gca5

**TWO CLASSIC CARS: 1964** Lincoln Continental. In storage for 12 years. \$3,000 recently spent mechanically. Excellent condition. \$5,000. Also, 1968 Cadillac Fleetwood, always maintained. \$2,500. Both original owners. Estate Sale. 759-4444. gca5

**'89 HYUNDAI SONATA MID-**night blue, 4 door, automatic, high power cassette, sun roof, alarm, alloy wheels, 11,000 miles. Great commuter car. Asking \$7,900 (516) 742-7271. gca5

**1989 JEEP CHEROKEE** Blue with grey int. 27K miles, sun roof, Michelin A.T. tires, garage kept, 5 speed, man. trans., mint cond. \$12,500. 873-9112. gca5

**MERCEDES BENZ '69 280 SE, 4** door sedan, full power, leather interior. Excellent cond. \$5,300. 957-0684. gca5

**'89 NISSAN SENTRA, 2 DR,** 4 speed immaculate in & out. Asking \$3,950. 718-347-3705 (Floral Park, Queens). gca5

**1988 VW JETTA CARAT 25K,** auto, all power, ext. warr., Benzl. Mint. \$9,500. 516-328-3318 after 6 p.m. Days 212-564-4777. gca5

**1990 HONDA CIVIC HATCH-**back SI, 22,000 miles, a/c, power roof. \$8760. 248-5278.

**Car Wanted**

**HONDA ACCORD MID 1980's** & up or larger Civic Sedan or Wagon. Reasonably priced, low mileage, one owner, garaged preferred. Please call 579-4186. gca5

**Wanted**

**OLD GUNS, SWORDS,** Binoculars, old knives, bamboo fly rods. Call 825-0979 or 354-1943. hs2

**MEN'S LEFT HANDED GOLF** clubs. Please call 746-4820. gca5



**Wanted**

**DOLLS WANTED**

I collect dolls and other doll memorabilia, new or old. What do you have for sale? Call me at 747-8496. **hs2**

**INFANT JOGGING STROLLER.** 873-6121. **gcsl**

**ADULT 3 WHEEL BICYCLE** 3 speed, hand brake desirable. Call 747-2015. **gcsl**

**Services**

**JAMES F. MENTZ CARPENTER-ROOFER**

Small Jobs Reasonable Skylights Installed Carpentry-Alterations Slate Roof Repairs Roofing-Gutters-Leaders Kitchens-Attics-Basements LIC #401750000 593-2933 **gc02**

**BE THE PERFECT HOSTESS.** Let us serve your guests. Two ladies will waitress/bartend your home parties. Reasonable rates. Catering possible. Call (718) 545-5759, (718) 849-7973. **gcsl**

**SWIMMING POOL WINTERIZATION.** Why worry about closing your pool on time? Let us take the hassle out of pool closing. We do complete job at reasonable price. Call Roland 352-7789. **w-s-3**

**BRICKLAYER - EXPERT ALL** types brick, stone, cement, etc. 35 years experience. Call Sam 746-8023. **ha5**

**THE CUISINE SCENE**

Fine catering, glorious food, complete party planning service, menu suggestions for all occasions. Weddings, my specialty including beautiful cakes. Professionally trained staff. Call Susan 742-1956. **gc2**

**UPHOLSTERY, DRAPERIES,** window treatments, vertical & soft pleated shades, upholstery repairs. Call McLeer Interiors, 516-CUSHION. **gc52**

**LEAKS & SQUEAKS HANDY-**man Service. No job too small, old house specialist. General home repairs. 15 years experience. Day & evening hours available. Call Jim 868-4984. **gc5**

**PAINTING - INTERIOR &** Exterior - Reasonable & reliable. Free estimates. Best paints used. Call Jimmy Mac (516) 248-7314. **GCN3**

**BRAIN CLINTON MOVERS.** Licensed & insured. One piece to a house load. Free estimates. 333-5894. Owner supervised. Carle Place. License #F11154. **gcn2**

**MARIO POLITO'S COMPLETE** home remodeling. I do everything from ceilings to floors & lots more. All types of carpentry, ceramic tiles, painting, etc. Free estimates. 538-2273. License #HO 418010000. **gc53**

**GUTTERS CLEANED, REPAIR-**ed, replaced, installed, painting, trim, windows. Other handyman jobs. Call Joe 735-6349. **hs2**

**Services**

**DO IT YOURSELF! DIVORCES,** separation agreements. We will help you. Call any time. (718) 599-4886. **gc5e2**

**TELEPHONE INSTALLATION &** repair: TV cables & modular jacks installed. Electrical wiring & fixtures. Prompt, reliable & reasonable. Fully insured. Free estimates. Over 30 yrs. telephone experience. Residential/Business systems. Call Al Byrnes, 481-4665. **gcn3**

**HANDYMAN. QUALITY HOME** repairs: plumbing, leaky faucets, toilets, tiles and grouting. Shelves, fences. Doors shaved, carpentry, sheetrock patching. Ceiling fans & window air conditioners installed. Call Joe 746-7517. **wS3**

**LITE MOVING & STORAGE** Very reasonable. Call day or night. Long & short term storage. Local/long distance. Will beat any price. Free estimates. \$10 off with this ad. 599-0996. **gcn1**

**PRICE RITE PAINTING** Residential & Commercial. Interior, exterior, restorations. We move all furniture. All work satisfaction guaranteed. Free estimates & fully insured. 887-6076. **gc53**

**LADIES, RELAX & ENJOY** your next party! Catering & experienced professional services for assisting with preparation serving & cleaning up before, during and after your party. Bartenders available. Call Kate at 248-1545 or 746-8264. **wtfm**

**BUILD WITH BRICK** Stoops\*Fireplaces\*Patios \*Driveways\*And all types of Brick & Stone Work Quality Workmanship at Reasonable Prices Satisfaction Guaranteed No Job Too Small\*Waterproofing Slate Roofs Repaired Estimates 538-3813 LIC#H1735940000 **gc5**

**For Sale**

**DARK PINE DR SET,** Table, chairs & hutch, \$750 negotiable. Call 773-3337 evenings & weekends. **hAg3**

**HOT WATER HEATER,** Gameboy - 30 gallon oil fired Ford tank used only 7 months with Beckett burner head, asking \$275. Nintendo Gameboy with Light boy. Excellent condition. Asking \$135. 747-1883. **gc5e3**

**GIRL'S BASSETT WHITE** Colonial desks, 2 each with bookcase top, chairs included \$275 each set. \$150 each piece. Call evenings & weekends, 746-5119. **gc5e3**

**SELLING FURNITURE** - Excellent condition. Assorted LR, DR, Bedroom set, kitchen set, TV, exercise. 587-3347. **w-s-3**

**FURNITURE FOR SALE** - Henredon armoire/bar, Apartment size grand piano, other smaller items. All in excellent condition. 742-7259. **gc5e3**

**For Sale**

**DINING ROOM SET 42X66** table with leaves, pads, 6 chairs, breakfast \$600. Also BR set & fruitwood desk 24X54, 248-3752. **gc52**

**LIVING ROOM/DEN** furniture, large early American sofa, loveseat & wing chair. Earth tone colors. Very good condition. Call after 5 p.m. 248-8354. **ws2**

**JUNIOR DINING ROOM SET,** Country French, 6 chairs, lighted china closet. Excellent condition. \$600, negotiable, 742-9085 **ws2**

**DINETTE SET-FORMICA TOP-**42 inches with 10 inch extension leaf & 4 chairs. Excellent condition. \$65. 741-0441 Call evening after 7 p.m. **gc5e2**

**TWO (2) MODERN COUCHES,** 1 brown sofa chair, exercise bike, two glass & chrome tables, 1 end table, 1 white wood bedroom set (5 pieces) \$100.000 Appt. only, 741-9740. **w-s-3**

**QUEEN SIZE WATERBED,** pad & set of sheets. LR couch & 2 chairs, assorted pieces. Make offer 248-2685. **gcag5**

**QUEEN ANNE CHERRY** Writing table \$475, Queen Anne Cherry curio cabinet \$450. Call after 6 p.m. to make appointment 741-2266. **gc5e3**

**BEATLES COLLECTION OF 13** LP Albums in blue box, new \$50. Large collection of Micronaut toys \$50. Hummel 4 inch "Village Boy" \$55. 486-7677. **gc5e3**

**HARDMAN/PECK STUDIO** upright piano. Solid mahogany attorney's desk, leather desk chair, file cabinets, sisal rugs, 78 rpm records, stereo speakers, electric keyboard, Salton hot table. 741-3513. **gcag5**

**DINING ROOM TABLE** 2 leaves, custom pads, 2 Captain chairs, 4 straight chairs, new seat covers. Excellent condition. Also TV/stereo cabinet, other items. 352-1152 **gc5e2**

**ATTRACTIVE WALNUT BAR -** white formica top with 3 bar stools. \$100 for set. 747-6012. **gcsl**

**SOFA BED, LOVE SEAT &** rocker/recliner. Brand new. Must sell \$425 for all. 746-7985. **gcsl**

**COMPUTER FOR SALE. ATARI** 1040 ST. Color monitor, mouse, dust covers, lots of games, software & literature. Best offer. Call Doug 248-4068 after 5:30 p.m. **gcsl**

**TWO ENGLISH BICYCLES \$75** each, stereo/TV cabinet \$25, leather queen size sofa bed (new). 437-9127. **gcsl**

**For Sale**

**BR SET/GIRL'S BENNINGTON** pine, light stain, headboard, foot board, dresser, mirror, desk, chair, night table. Excellent condition. \$650. 746-3629. **gc52**

**ANTIQUE CARVED OAK** dining room set Tudor style. Unusual refectory table, 6 chairs, side board & server. Exquisite. \$1,250. 747-8613. **gcag5**

**MAHOGANY CRIB, LAMPS** from \$10-\$20. G.E. wall oven plus kitchen cabinets. Mink Stole, convertible couch \$50, dresser/mirror \$75, miscellaneous. 334-5999. **gcag5**

**GARDEN DUMP CART, 2 CU.** ft., \$30. Garden 5 H.P. shredder, \$295. 4' wide wall mirror, \$75. Oak rocker, \$85. D.C. lights generator 500 W, \$125. 488-6261. **w4**

**JUNIOR DINING ROOM SET,** Country French, 6 chairs, lighted china closet, Excellent condition. \$600, negotiable. 742-9085. **ws1**

**GIRL'S FRENCH PROVINCIAL** furniture. Off-white 6 drawer hutch, two 3 drawer dressers, corner desk. White eyelet curtains, white wooden shutters, white eyelet ceiling light. Great for Williston Park home. 747-8219. \$400 for everything. **wa5**

**HONEY PINE DINING ROOM** set, 54" round table with captains chairs. Large hutch with amber glass doors, \$900, negotiable. Five piece Danish walnut BR set. \$400. Forties hand-carved, dark red brocade fabric and petite point matching chair, \$700. Victorian hand-carved organ. \$700. Call anytime, 747-7482. **ws2**

**Boat For Sale**

**SACRIFICE. 1976, BAYLINER** 25' cabin cruiser. 10, 280HP Volvo, low hours, prof. maintained, well equipped. \$4250. Call Frank. 775-7428. **wa5**

**LARSON 75, 17 FT., FIBER-**glass, 85 HP, merc. trailer 81. Must sell, asking \$2000. Call 718-626-7304. **ws2**

**NOTICE**

**HAVE YOU A HIDDEN TALENT** that has yet to be discovered in print? We are looking for articles, not exceeding 3,000 words or less than 1,500 words, on local topics, opinions, ideas, nice places to visit on Long Island, and even fiction. In our magazine section, we will try to "Discover" one new feature length article and writer per week. Each writer will be reimbursed a stipend of \$25.00.

**Instructions**

**SAT/PSAT TUTORING. BOOST** your scores with personal instruction and preparation in your own home. Certified career high school English teacher with years of SAT experience. 423-1967 day or evening. **h1fn**

**DRUMMERS: JIM MOLA IS** accepting serious students of all levels for private instruction. All styles with emphasis on technique, 15 years experience, former university instructor, major performance experience. 212-549-495 **hnc3**

**MUSIC STUDIO. RITA &** Janet Lucy - Piano, violin, viola. Emphasis on theory & harmony. Every student excels. Four years old & up. All levels. Thirty years in Garden City. Video tape of student recital available. 248-7379. **gc01**

**PIANO INSTRUCTION IN YOUR** Syosset home by very experienced piano teacher: B.A., M.A., Julliard School graduate. Call 718-224-5712. **hag5**

**PIANO LESSONS IN YOUR** home. I will turn you into a star!! I have over 20 years of successful teaching experience and studied with renown performers and teachers. Call (212) 567-1009. **hs3**

**CREATIVE WRITING: FINDING** your own voice in Poetry, Prose, Plays. 10 week workshop starts in the Fall. Weds., 7:30 p.m. to 9:30 p.m. led by Margaret Stetler & MaryAnne Weinstein. Call 437-0529 to reserve space in workshop. **hs4**

**LATIN TUTOR. ALL LEVELS,** N.Y. State certified. Experienced. Call James McFeeley 433-4219 after 4 p.m. **gcsl**

**CHILDREN'S LITERATURE** Workshop for parents. Celebrate literature in your child's life. Participants will become actively involved in creative forms of response that turns reading into celebration of story and text. Call now to reserve space for fall. 746-3942. **gc5**

**PIANO KEYBOARD INSTRU-**ctions. Professional, B.A. music, 10 years experience. Flexible, well rounded curriculum. Great with children from 6-60 plus. Reasonable rates. Call 746-5969. **gcsl**

**Pets For Adoption**

**SMALL TERRIER MIX/MALE.** Needs good home. Good with children, housebroken, neutered. 742-8128. **gc5e3**

**Business Opportunity**

**ESTABLISHED PACKAGING &** shipping store with high profit margin for sale by owner \$90,000 neg. Ford addl information call 227-0560. **gc53**

**YOGURT & SUEH FRANCHISE-** Yogurt & Health Foods. 1 year old, new mall Suffolk County, owner. Days 488-7069, evcs. 352-0423 or (718) 331-8764. **gc5**

**Sell Your Home**  
Call 931-0012 - 746-0240  
or 294-8900  
TO PLACE YOUR CLASSIFIED AD





**VENDORS WANTED FOR**  
 Craft Fair to be held at St. Joseph's School, Garden City on Sat., Oct. 19. For information & application call 741-7407 or 248-4881. gcAg5

**GARAGE SALES**



**Garage/Tag Sale**

**FRIDAY, SEPT. 6 TO MONDAY, Sept. 9,** nine to five, multi-family. Household items, appliances, crafts, books, upholstery fabrics, plus more. 175 Banbury Rd., Mineola ws1

**THREE (3) DAYS YARD SALE - August 31st Sept. 1 & 2,** 10 a.m. to 4 p.m. 19 Center St., Williston Park, (off Willis Ave.). Books, paintings, bar stools, household items, bric-a-brac. Something for everyone. w-s-3

**SATURDAY, SEPTEMBER 7th,** Raindate, September 8th - 9 a.m. to 4 p.m., 151 Collins Ave., Williston Park off Hillside Ave. House contents: furniture, antiques, books, picture frames, garden furniture, records, children's clothes, bric-a-brac & more interesting items. Also selling 1964 Chevy Super Sport. w-s-1

**MOVING SALE: SAT. SEPT. 7th and Sun., Sept. 8th,** 10 a.m. to 4 p.m. Household items, bedding, toys, furniture. 129 Bedell Ave. Cathedral Gardens, off of First St., Garden City between Cathedral, and Rockaway Avenues. w-a-5

**NEW BLOUSES, NEW HOSTA**  
 Plants, Cosmetics - \$2.00. New children's clothing, used patio table & umbrella - \$10.00. Good men's shirts \$1.00. Saturday, August 31 & Sunday September 1. 38 Pasture Lane, Roslyn. 9 a.m. to 5 p.m. w-a-5

**NOTICE**  
**HAVE YOU A HIDDEN TALENT** that has yet to be discovered in print?  
 We are looking for articles, not exceeding 3,000 words or less than 1,500 words, on local topics, opinions, ideas, nice places to visit on Long Island, and even fiction. In our magazine section, we will try to "Discover" one new feature length article and writer per week. Each writer will be reimbursed a stipend of \$25.00.

If you want to be published and be part of an issue of Discovery, you may submit your article to: Litmor Publications, 81 East Barclay Street, Hicksville, N.Y. 11801.



**Novenas**

**ST. JUDE NOVENA MAY THE** Heat of Jesus be adored, glorified, loved and preserved throughout the world now and forever. Sacred Heart of Jesus have mercy on us. St. Jude worker of miracles pray for us. St. Jude helper of the hopeless pray for us. Say this prayer 9 times a day, 9 days. Has never been known to fail. Publication must be promised. Thank you St. Jude. D.C. ws3

**HOLY SPIRIT YOU WHO SOLVE** all problems, who light all roads, so that I can obtain my goals. You who give me the divine gift to forgive and forget all evils against me and that in all instances of my life you are with me. I want in this short prayer to thank you for all things and to confirm once again that I never want to be separated from you ever in spite of all material illusions, I wish to be with you in eternal glory. Thank you for your mercy towards me and mine. Say for 3 consecutive days after which the favor requested will be granted even if it appears difficult. This prayer must be published immediately. Thank you Holy spirit. ARC gcAs



**NOVENA TO ST. JUDE**  
 Oh Holy St. Jude, Apostle and Martyr, great in virtue and rich in miracles, near kinsman of Jesus Christ, faithful and intercessor of all who invoke your special patronage in time of need, to you I have recourse from the depths of my heart and humbly beg to whom God has given such great power to come to my assistance. Help me in my present and urgent petition. In return I promise to make your name known and cause you to be invoked St. Jude, pray for us all who invoke your aid. Amen. Say 3 Our Fathers, 3 Hail Mary's, 3 Glorias. Say for 9 consecutive days. Publication must be promised. This novena has never been known to fail. Thank you Holy Spirit and St. Jude...C.E. ws2

**NOVENA TO ST. JUDE**  
 Oh Holy St. Jude, Apostle and Martyr, great in virtue and rich in miracles, near kinsman of Jesus Christ, faithful and intercessor of all who invoke your special patronage in time of need, to you I have recourse from the depths of my heart and humbly beg to whom God has given such great power to come to my assistance. Help me in my present and urgent petition. In return I promise to make your name known and cause you to be invoked. St. Jude, pray for us all who invoke your aid. Amen. Say 3 Our Fathers, 3 Hail Mary's, 3 Glorias. Say for 9 consecutive days. Publication must be promised. This novena has never been known to fail. Thank you for answering my prayers. AB ha5

Who Says Nobody Takes Pride In Their Work Anymore?  
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# Kids Home Newspaper



Games, rhymes, and riddles for children and their parents, too!

By J.R. Rose

## DRAW IT!

**DRAW AN APPLE FOR PUP TO GIVE HIS TEACHER!**



**THE GREAT STATESMAN BENJAMIN FRANKLIN FAILED ARITHMETIC AS A BOY!**



**SHOW AND TELL IS REALLY COOL, IT'S OUR FAVORITE CLASS IN SCHOOL! PLEASE UNSCRAMBLE THIS TO SEE WHAT MISS SHAW JUST SAID TO ME!**

**OD TNO  
TEL UPP  
GRNIB NI ISH  
SAFEL  
OFR WSOH NDA  
LELT EROMNYA!**



## MEMORY TEST

**STUDY ALL OF THE OBJECTS SHOWN BELOW VERY CAREFULLY. COVER THEM WITH A SHEET OF PAPER AND SEE HOW MANY YOU REMEMBER!**



## WRITE US!

**IF YOU HAVE ANY FUN GAMES OR JOKES SEND THEM TO :**

**Litmor Publications  
81 East Barclay Street  
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**WHY DIDN'T THE NERD HAVE ANY CLASS?**



**PUP THANKS LAURA GARCIA OF SAN BENITO, TEXAS. FOR THIS FUNNY JOKE!**

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# ANTIQU OR JUNQUE

By James G. McCollam



## Old doll brings lots of dollars

**Q.** Enclosed is a picture of my old doll. Please give me your estimate of its value.

She stands about 30 inches tall and has a bisque head and shoulders. Her hair and eyelashes are real, and she has blue sleep eyes. The body is jointed composition, but the hands and feet are bisque. Her mouth is open, showing her teeth. She is dressed in a 1900-style costume.

The back of the head is marked "Halbig — Germany."



**A.** Your doll was made by Simon & Halbig in Grafenhain, Germany, about 1900. In good condition, it should sell in the \$1,750 to \$2,000 range.

**Q.** The enclosed mark is on the bottom of a 10-inch dinner plate with a scalloped gold rim and a paneled border with a stylized garden motif. The colors are red, green and blue.

Can you tell me anything about its origin, age and value?



**A.** This plate was made by Shore & Coggins in Longton, England, about 1900. It is fine-quality bone china and probably worth \$50 to \$60.

### BELLEEK

Let's eliminate the confusion about Irish Belleek and American Belleek.

The Irish version is a beautiful, lightweight, translucent porcelain made in a factory founded in Ireland by David McBirney. It has a creamy iridescence like a sea shell. All kinds of articles were made — tea sets, figurines, centerpieces, etc.

Irish Belleek enjoyed such popularity in America that there soon emerged imitators in this country. Ott & Brewer in Trenton, N.J.; Ceramic Art Pottery, later Lenox China; Willets Manufacturing Co., also of Trenton; and Knowles, Taylor & Knowles of East Liverpool, Ohio, were prominent among the American manufacturers of Belleek-type porcelain.

The American version is heavier and less translucent and is not likely to be mistaken for Irish Belleek.

The Irish Belleek is easy to identify by its marks, which show some combination of a hound, tower, harp and shamrock. The American marks are also easy to recognize — they all are marked "Belleek" for obvious reasons. In addition, they usually include their own name, such as Willets, Lenox, Coxon, etc.

Strangely enough, American Belleek brings as high and sometimes higher prices than Irish Belleek. In the first place, there has been much more of the Irish Belleek made than all of the American versions combined.

Irish Belleek bearing the first mark (hound, harp and tower over Belleek) was made between 1863 and 1891. It is the most desirable and brings the highest prices.

American Belleek hasn't been made in almost 100 years and brings higher prices than Irish Belleek made in the last 50 years.

Send your questions about antiques with picture(s), a detailed description, a stamped, self-addressed envelope and \$1 per item (limit one item per request) to James G. McCollam,

McCollam is a member of the Antique Appraisers Association of America.



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**CALL GARY ZIMMERMAN**



# Points on Pets

By R.G. Elmore, D.V.M.

**Q.** We live near the ocean and occasionally find oil-soaked birds. What is the best method to clean these birds?

**A.** Oil soaking is a very serious condition for birds. Whenever found, oil-soaked birds are often

chilled, starved, in a state of shock and suffering from the toxic effects of the oil. Oil greatly reduces the insulation value of the feathers.

Any wild bird found injured or oil-soaked should promptly be delivered to an appropriate public health authority or veterinary hospital. Usually, intensive treatment procedures are required to save these birds. Medications to combat shock and formulations to overcome starvation are usually required.

Almost all wild birds are protected by federal laws. They cannot be kept as pets without the

authorization of the Bureau of Sport Fisheries and Wildlife. Local conservation officers or game wardens usually can give helpful advice regarding the laws and care of wild birds and creatures commonly found in their local areas.

Organic liquid solvents, such as alcohol, ether or gasoline, should never be used to clean oil off birds. Although these cleaners do a thorough job of removing the oil, they are dangerous for the bird.

In an emergency, diluted liquid household detergents may be used to remove the oil. After cleaning the bird, it should be rinsed thoroughly with plain water and dried with warm air. A hair dryer can be used for this.

It usually takes several weeks for oil-soaked birds to fully recover. With proper veterinary care, about 50 percent of oil-soaked birds recover.



## Aunt Tilly's Corner

Are you excited about school beginning soon? I know a little boy who will be starting first grade and is very nervous. He knows he will have to do school work instead of playing all the time after school.

Other children are often worried about meeting so many new kids, or about having to stay in school all day.

I think if you go to school on the first day and try to feel like the people you don't know are just friends waiting to be made, you will do fine. This includes new teachers, who usually like the children, or they wouldn't become teachers in the first place.

Your friend,  
Aunt Tilly

P.S. This week's coloring contest winners are Paul Danetra and Pamela Kozerska.

### RULES

#### BOYS AND GIRLS

Here is your chance to win One Dollar. (\$1.00) - to spend or to save.

Here's all you have to do:

1. Contest is open to children 4 to 12 years of age.
2. Entries must be received by September 6, 1991
3. Paint, watercolors and crayons must be used on the above.
4. Decision of the judges will be final.

Mail your entry (just clip our cartoon) to this newspaper at:  
105 Hillside Avenue  
Williston Park, N.Y. 11596

## The World's Most Beautiful Grandchildren



This is Alex Brooke Spector at the ripe old age of 3½ months. Her birthday is on April 17.

She is the first grandchild of Joan and Michael Spector of Great Neck, New York, as well as the first great grandchild of Charlotte B. Spector of Hollywood, Florida (originally from Great Neck). Her proud parents are Abbe and Scott Spector who reside in Manhattan.

Scott Evan Spector  
Michael Spector, Great Neck



Robert Germer and Samantha Germer are consins. Robert lives in Merrick with his parents Mr. and Mrs. Robert Germer, and Samantha lives in Hilton (suburb of Rochester), N.Y., with her parents Mr. and Mrs. Stephen Germer. The paternal grandparents are Mr. and Mrs. Robert Germer of Albertson.

This beautiful picture of Robert and Samantha, who will be three years old in March and May, respectively, was taken at the surprise 40th wedding anniversary party given to their grandparents on January 19, at the Pompei Restaurant, West Hempstead, by their parents.

Robert's maternal grandparents are Mr. and Mrs. Alfonso Falco, of Massapequa Park.

Samantha's maternal grandmother is Mrs. Sara DeLoat of Rochester. Mr. and Mrs. Robert Germer, Albertson

## YOUR SOCIAL SECURITY

### No benefits for month of death

By William M. Acosta

**Q.** Is there any entitlement to a Social Security check for the month of death? W.K.

**A.** When a person who receives Social Security benefits dies, no benefits are payable for the month of death. For example, if a person died any time in August, the check dated Sept. 3 (which is payment for August) should be returned, unless the check is made out jointly to a husband and wife. In that case, the survivor can bring the check to the Social Security office to have the payee information changed.

**Q.** I hear a lot about the Supplemental Security Income. How is this program financed? P.C.

**A.** Although this program is run by Social Security, the money to pay SSI benefits does not come from Social Security taxes or Social Security trust funds. SSI payments are financed by the general revenue funds of the U.S. Treasury.

**Q.** My mother just found a Social Security check that was issued to her in 1988. What should she do? M.Y.

**A.** Your mother should contact her local Social Security office. Social Security checks should be cashed promptly. Checks issued since Oct. 1, 1989, carry the legend "void after one year." Government checks must be cashed with-

in 12 months after the date on which the check was issued.

**Q.** When you apply for Social Security disability benefits, is it necessary to have a special medical exam? D.L.

**A.** No, it is not. We obtain all the evidence necessary from your own doctors or other treatment sources. However, if the medical evidence your doctor supplies is inconclusive or if we get conflicting evidence, we may need to schedule a consultative exam or additional tests. These exams and tests are paid for by Social Security.

## YOUR SOCIAL SECURITY