

Charge City Lawyer in Attack on Movie Usher

A Manhattan lawyer, apparently enraged when he thought an 18-year-old usher at the Mid-Plaza Cinemas spit on him in the men's room, allegedly stabbed the usher with a folding knife, police said. The attorney, Harold Michtom, 61, was arrested moments later by an off-duty city transit policeman.

The victim, Brian Cunningham, 18, of Hicksville, said that Michtom walked up to him in the men's room at 7:10 p.m. Monday night, said, "You won't spit on me again," and smacked him on the back. Feeling a pain, Cunningham walked to the candy counter, where another employee observed blood flowing from a small puncture wound in the usher's back.

Officer Michael Cortese, who told Nassau police that he was standing in line waiting to enter an auditorium at the six-movie theatre, saw the incident, identified himself as an officer, and held Michtom until Nassau police officers arrived.

A search of the accused is said to have revealed a folding knife allegedly used in the attack. Michtom was held on weapons possession and assault charges, and was scheduled for arraignment August 23 before Judge Thomas Dwyer in First District Court, Hempstead.

—AAM

Thief Waltzes off With Studio's Jumbo Balloon

By Catherine Tokar and
A. Anthony Miller

Nassau police are investigating what may be the biggest theft ever in the Hicksville area. Someone stole a 35-foot hot-air advertising balloon from the roof of the Ella Marie School of Dance at 25 Herzog Pl. over the weekend.

Owner Ella Marie Columbo, who opened the school in June, 1952, rented the advertising device last Thursday from Bal Advertising in Manhattan. She said it took three hours to inflate the jumbo device which was to be used to attract prospective students to the school; which offers tap, ballet and jazz lessons.

Ms. Columbo said she last saw the balloon Saturday night; on Sunday afternoon, she was notified that it was missing. Police were called in later that afternoon. The red and yellow balloon has a value in excess of \$5,000, according to second precinct police.

School authorities offered a \$500 reward, either for the safe return of the device, or for the arrest and conviction of the persons responsible for the theft. Ms. Columbo, who said, "I'm so upset I want to cry," said that some persons who live near her studio reported that two young men were seen on her roof early Sunday morning. It is not known whether they are involved in the theft.

Ms. Columbo explained that the balloon was to be used for three weeks at a cost to her of \$1,900. She indicated that her students had been elated when the balloon was first installed.



IN BETTER DAYS: View shows balloon, minutes after it was installed above Ella Marie School of Dance. Reward is being offered for its return.

(Photo courtesy of Bal Advertising)

See Pages 19-26

HICKSVILLE ILLUSTRATED NEWS

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Plan To Establish Residence for Mentally Disabled is Met By Neighbors' Disapproval

By Rita Langdon

A counseling center's plan to establish a community residence for mentally disabled adults, has been met by strong disapproval from neighbors.

Hicksville residents in the area of 499 Jerusalem Avenue, where the proposed

home will be established, discussed their opposition to the residence, Aug. 16 at the Hicksville Library.

"We are proposing a community residence for 10 former psychiatric patients," said Roy Burnham Jr., president of the board of directors of Central Nassau Guidance and Counsel-

ing Services, Inc. "This is not a half-way house. This is a facility for people who are discharged, who are allowed to return to their homes and to their communities." He also said that these patients are no longer in need of hospitalization. They have been discharged to their homes, however, their families may not want them or cannot care for them and they are put into a group home. Some of their problems stem from the home, he added. By putting them in this facility, according to Mr. Burnham, "it will help make the adjustment process easier by putting them in natural surroundings." Executive director Neal A. Millman, ACSW, of the center said that sometimes when the patients leave the hospital on their own, with no place to go and no supervision they can become a problem. "If they were given an opportunity to live in a neighborhood, just like all of us do, these people would do fine," he said.

Central Nassau, a non-profit organization, is a state agency, which receives its funding from New York State, Nassau County and contributors, Mr. Burnham said.

Kenneth Moskowitz, project director of the residence program at Central Nassau, said that the facility will house mentally disturbed people between the ages of 18 and 45 who will come from state, local and community hospitals or those already living in their homes.

"The goal of the program is to help these individuals learn skills that will help them become more independent," Mr. Moskowitz said. Professionals work with patients at various levels of day-to-day activities such as shopping, using transportation and public libraries, cooking and budgeting money. He added, "The program also helps them to learn to interact with people. Sometimes they are timid and shy."

The residents are supervised 24 hours a day, seven days a week. During the day, one supervisor is there; during the early evening hours around dinner time, there are three supervisors, and during the night there is one. The supervisor at night has an emergency back-up system—a beeper, to notify professionals to come if there is a problem that requires the help of more than one counselor, according to Mr. Moskowitz.

"The agency [Central Nassau] responded to a need for more community residences on Long Island," said Karen Mankin, a New York State Office of Mental Health program specialist. The agency chose the Hicksville home because it is close to the Central Nassau's main office at 246 Old Country Road, she said.

Residents' Concerns

Residents said that the traffic on Jerusalem Avenue is unsafe. "This community has asked for a traffic light, time and time again. A child was killed crossing the street. That child was a sane child. That child was not mentally disturbed. You're really being cruel. You are saying to us that you are putting them in a safe environment," one resident said.

Mr. Burnham said, "As far as the safety of the street is concerned, these people are in a supervised environment," adding "A person in this house has more supervision than a child in a family of five."

"You say traffic is not an issue and you're wrong," a Dean Street resident said. "I don't want my kid on Jerusalem Avenue because

(continued on page 21)



CENTRAL NASSAU GUIDANCE and Counseling Services, Inc., plans to establish a community residence for mentally disabled adults at 499 Jerusalem Avenue, has has been met with strong disapproval from neighbors.

Questions Regarding Plans For Community Residence

Residents' Questions and Officials' Replies

Q: Who will be housed at 499 Jerusalem Avenue?

A: Ten former psychiatric patients.

Q: How old will the occupants be?

A: Between the ages of 18 and 45.

Q: Why are these patients going to live in the home?

A: These patients are no longer in need of hospitalization. These are patients that could have been discharged to their homes, but by putting them into a "group home" in a residential area, the adjustment process will be easier.

Q: What will they learn in this home?

A: Professionals will work with the patients on various levels of day-to-day activities such as shopping, cooking, budgeting money and using public facilities such as the library and buses.

Q: Are they supervised?

A: Yes, residents are supervised 24 hours a day, seven days a week.

Q: How much did you buy the house for?

A: \$312,000.

Q: How much are renovations?

A: Between 50 and 60 thousand dollars.

Q: Why did you pick Hicksville for such a facility?

A: Because we are establishing them in all communities, not just Hicksville.

Hicksville Burglar Sought in Rape

By A. Anthony Miller

An intruder invaded a Hicksville home in the early hours last Friday, ransacking the house for almost an hour before he raped one occupant and made off with \$1,500 in currency and an undetermined amount of jewelry.

Police said that the thug struck at 4:30 a.m. at a one-family home in the vicinity of Newbridge Road and Duffy Avenue. Identification of the victims are being withheld. Entry was made by breaking a small window in a rear door. The four occupants of the house were awakened by sounds made by the intruder, who herded them at gunpoint in-

to one room, where he tied the four up.

For almost an hour, the masked burglar went through the house. He then returned to the four, and took a daughter into another room where he raped her before fleeing on foot in an unknown direction. No one else in the family was injured. The rape victim untied the other members of the family, and was then treated at an area hospital.

Det. Charles Parascandola of the second squad asked that anyone who may have seen a stranger in that area around the time of the crime contact him at 364-0500. He said that all calls would be kept confidential.

Residence for Mentally Disabled

(continued from page 1)

they can't cross the street with all the traffic"

"These residents are not so regressed that they do not have the judgement to know whether they should cross the street when a car is coming," Mr. Millman said.

Mr. Millman said that currently he does not know who the occupants will be or what type of illnesses they have, but he assured the community that the residences will be carefully screened. "A screening committee will determine that these residents are ready for life in this particular setting, and if they are not, they are not placed there," he said.

One resident said that because the state was making the facility into a house for mentally ill patients, the house could only be used for that purpose. "They're making the house into something that can't be used for anything else, it's only a state house," he added. "What happens when we decide this is no good? Then we'll be in for trouble," Mrs. Mankin said. "They signed an agreement that they will operate the house as a home for the mentally ill for the next 20 years." She added, "This home must be licensed, inspected and meet regulations that are set by the New York State Office of Mental Health." Mr. Burnham said that since the home is not state owned, but is owned by a private agency, "it will have to meet all the rules and regulations of the state."

Citing the number of people who will occupy the home, one resident said that it was not fair that Central Nassau is making this home into a single family dwelling and that town laws should not allow them to do this. "We can't have a two-family unless it's a mother-daughter," he said. Mr. Burnham said that the courts say that group homes are considered single families. "It is a violation of town law, however, in this case, state law supercedes the town law," Mr. Burnham said.

Residents asked why Central Nassau does not go to another community to set up the home. "Because we are establishing them in all communities, not just Hicksville. We are

located in Hicksville. Other agencies are locating them in their towns," Mr. Burnham said.

Residents also asked if the home would be limited to Hicksville resident-use only. Mr. Millman said that surrounding area residents may also use the facility but preference would be given to Hicksville people.

Role of the Town

Under the Mental Hygiene Law, The Town of Oyster Bay has 40 days, since the time they were notified of the agency's plans, in which to respond to Central Nassau as to the saturation of the area. (Saturation, in this sense, is an overabundance of these types of facilities in the area).

"There is no saturation in that area," town spokesperson Phyllis Souther said. "Town of Oyster Bay has no grounds to object."

There is only one other group home in the community. It is located in northern Hicksville on Violet Avenue.

According to Ms. Mankin, the town can say nothing within 40 days and the agency can then establish the home, or the town can suggest an alternative Hicksville site within the 40 days. But it does not mean that the State's mental health office will accept their suggested sites. The town has until Sept. 12 to make a decision. The 40-day deadline period is the law, Mrs. Mankin said.

Larry Sjahli, Planner II at the Town's Department of Planning and Development said, "There are just limited things the town can do. We're just acting as the middle man. We will take your comments and send them to the agency. You have to work within the law."

"The residents of the home are not the type of people that are dangerous or law breakers," Mr. Burnham said. "These people are not so incapacitated that they cannot perform routine functions."

He added, "Once the home is established there is no threat and their property values [will] not go down."

Merchant of the Week

—Jazzercise—

By Cathy Greenfield

The Jazzercise Fitness Facility has recently expanded to include several new shops to accommodate the woman of today. Joyce's "One Step Up" features a full line of Reebok athletic footwear for the whole family. Tina and Donna carry bodywear and fashion wear for women and children in the "Tight 'n' Up Boutique," and Michelle will show you how to protect that beautiful body during exercise with Nordens Mats. To complete the picture, the most recent addition is "Cindi's Nails," pampering you with manicures, pedicures, body waxing, facials and more.

Jazzercise (exercise to music) classes are offered seven days a week at times to suit any schedule. Prices range from \$2.50 per class to \$4 per class, depending upon the number of visits per four-week period. The building, which is located at 74 Broadway, Hicksville, is fully air-conditioned in addition to overhead fans, a cold water cooler, changing room, mat room and supervised nursery. Each Jazzercise class demonstrates both the heavier and lighter side to the routine to meet every level of ability and flexibility. Students range in age from teens to senior citizens.

Marion, a regular student, when asked what she thought was special about Jazzercise, said, "The camaraderie of the women . . . you never feel on display and you always feel welcome. We are all here for a common cause, to look and feel better."

She also expressed confidence because "Jazzercise is a well-researched program that grows every year."

Renee, a seven-year student, and instructor for two months, was asked the same question. She feels Jazzercise is a great tension and anxiety release. She said, "When something is bothering me at the beginning of class, it's gone when I leave." She also mentioned that Jazzercise instructors are well trained and certified. According to Renee, "Jazzercise is good for your mental health as well as your physical being."

Under the same roof, Jeff gives classes for women in self-defense, Jacqui will show you the "Shapely & Strong" method of aerobics with hand-held weights, and Gus gives classes in Siu-lum Martial Arts—Kung Fu. For the little ones, they offer children's birthday parties.

For a future of fun, fitness, friendship and firmness, call the Jazzercise instructors at 931-8222 and speak to one of the helpful staff . . . Joyce, Michelle, Katie, Nancy, Anita, Joanne or Renee.



Jazzercise is located just south of the railroad trestle on Broadway, in the former BINGO hall.

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H O M E T O W N P E O P L E

Compiled by Flo Gries
Congratulations Tom

Joan and Dick Nedell of Lee Avenue are proud parents. Their son, Tommy Nedell graduated cum laude from Boston University in May. Best of luck to you Tom.

Condolences

Our condolences to the Spinner family upon the passing of wife and mother Gladys Spinner on August 6th. We will miss seeing Gladys at the 7:30 Sunday mass that she always attended with her devoted husband Florian. Our condolences also go to Monsignor Lawrence Ballweg upon the death of his mother Elizabeth on August 17th. She was 99 years old. Monsignor was at St. Ignatius Loyola for over 20 years and is now Director of the Propagation of the Faith for the Diocese of Rockville Centre.

To All Clinton's Friends...

You'll all be happy to know that Clint has successfully come through his 19th major operation and is recovering beautifully and is home after a 10 day stay. He has to be the best patient ever... never complaining and always obeying the doctor's orders. What a brave kid! He would like to thank all of you for your concern and prayers... he said "they really do help!" Get well soon, Clint.

Happy 40th Anniversary

We're sending happy 40th wedding anniversary wishes to longtime Hicksville residents Frances and Anthony Tedesco of East End Avenue. They were feted at a family dinner celebration August 15th at the George Washington Manor in Roslyn by their children Barbara and Larry Just and their son Joseph, and Lois and Bob Foster and their children, Christopher and Laura.

What A Trip.

On July 25th two long-time Hicksville residents left for a fabulous trip. Madeline (Petri) Small and Vicky (Guckenberger) McKee were joined by Ruth (Petri) Guckenberger, Madeline's sister, and Ruth's friend Ethel Portier, both from New Jersey. They flew to Calgary, Canada and the next day started on the North West Canadian Tour by Tauck Tours. Their trip took them to five national parks—two in the U.S. and three in Canada. They all agreed that the sights were just breathtaking and awesome. The hotels and meals were simply great.

Their trip concluded with a visit to Lake Louise, to Jasper National Park on to Banff, Canada, then back to Calgary and back home to N.Y. on Aug. 3rd. Four tired travelers returned home with fond memories and lots of beautiful snapshots of our beautiful country and our neighbor—Canada.

A Note to Noreen Tuohy:

Happy 23rd birthday, Nee. This is your last birthday as a single woman and I hope it's your best yet... Love you lots... Cathy.

Happy Birthday

Lots of loving birthday wishes go to Matthew Bruckner on his 10th birthday from mom, dad, Adam and Kaitlyn.

Matthew had a fun-filled video game and miniature golf party the other day to celebrate the event with his friends.

On Matthew's actual birthday, August 31, he'll have yet another celebration with all the family and even more friends.

Enjoy your special day to a very special boy.

Old Friends Meet

Lillian (Vietheer) Lauder, former resident of Hicksville, flew in from San Antonio, Texas to visit relatives and friends. While here she visited her sister-in-law Ann Vietheer. At the home of Angela (Cuccaro) Antonucci she enjoyed a luncheon with other former school chums Susan (Anderson) Stellato, Anne (Moroz) Anderson, and Florence (Brandstetter) Freeman. Lil said she was hoping to hear of a planning of a 50-year reunion of the class of '39... and if there is one she would definitely attend. (Does anyone out there know of a reunion in the making?)

To Stephanie...

The family of Stephanie Jimroglou wishes to congratulate her on her accomplishments the last two years at C.W. Post. Stephanie is

majoring in criminal justice and minoring in social work and has been on the dean's list both years maintaining a minimum cumulative average of 3.95. We wish you luck in your third year. You have worked very hard to maintain these standards and we are very proud of you. We love you very much... Mom, Dad and Sis.

Happy 75th Billie

Billie Schiffmacher celebrated her 75th birthday on August 5th with a family party at her home. Sharing her big day with her were husband Bill and their son Bill III (who is vice president of engineering at Lico) and his lovely wife Kathy (Hecker) with their four children: Bill IV, Kate, John and Timothy. Also enjoying the festivities was Billie's sister Martha Daur, a long-time teacher at St. Ignatius School. It was one of Billie's happiest birthdays ever.

An Update On The Lynch Family

Patricia Lynch and her family have been celebrating many happy occasions in 1988! To begin the year off, on Feb. 29th, Maureen and Bob Whipple of Tunkhannock, PA., announced the birth of their second child, Colleen Patricia. Christopher Whipple, who turned four in July, is very excited about his little sister. Maureen was a 1976 graduate of Hicksville High School.

The newest addition to the clan is due to arrive later this fall. Dr. and Mrs. Thomas Graziano are expecting their first baby in November. Tom and Kathy, married one year ago Dec. 6th, are at home in Washington, D.C.

Jeanne Lynch, a 1980 graduate of H.H.S. is not only celebrating her birthday this month (Aug. 15), but also got a promotion from Allstate—she was named Claims Rep of the Month earlier this summer and her continued hard work has certainly paid off! She will now be joining a new team in the PIP unit. Good luck!

And in the midst of these family activities, Pat and her daughter Jeanne took a much-deserved vacation in Alaska. The pair board-



MR. and MRS. MICHAEL PAUTLER

Dianne Lynch Becomes Bride of Michael Pautler

Mrs. Charles F. Lynch has announced the marriage of her daughter, Dianne Mary, to Mr. Michael Albert Pautler of Buffalo, New York. A nuptial mass was celebrated on April 30, 1988 at St. Ignatius Loyola Church in Hicksville.

The bride, daughter of the late Charles F. Lynch, is a 1982 graduate of Hicksville High School. Both the bride and groom are graduates of SUNY Geneseo.

Mike, son of Dr. and Mrs. Albert Pautler, is a Pharmaceutical Sales Representative for Mead Johnson. Dianne is a personnel assistant for a computer information systems company.

A reception was held at the Club Delaney Knights of Columbus in Plainville. After a honeymoon in Jamaica, the couple are now residing in the Buffalo area.

ed the Regent Star in Vancouver and toured the splendid sights of Alaska's great scenery. Pat Lynch has recently celebrated 11 years with Travelers Insurance Co., where she is a medical consultant. In recent months, Pat has found the time for yet another commitment.

She is presently serving the parish of St. Ignatius Loyola Church as a lector. All of the Lynch girls are very proud of their mom!!!

Hi To The Boys!

Steve Culhane wanted to see his and his buddies' names in the paper, so here they are: Hello to Tony Spinosa, Dominic D'Antonio, Timmy Nolan, and of course, Steve.

(continued on page 4)



MR. AND MRS. Kevin Breen and family (left to right): Tara, Kerri and Megan, of Fox Place, Hicksville, N.Y. are photographed on the deck of the Bermuda Star Line's luxury liner, "S.S. Queen of Bermuda", just before sailing from New York Harbor on a week's vacation cruise to the coral isles of Bermuda.

Photo courtesy of Bermuda Star Line.

Hicksville Illustrated News is presently engaged in an extensive mailing program so that newcomers to our area can read our weekly endeavor.

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H O M E T O W N P E O P L E

(continued from page 4)

Letter From An Alumnus

"Aloha! Where have all the 1959 graduates gone??? I'm an 'English As A Second Language' instructor in adult education, published writer with the Japanese American press and college student in Honolulu. My brother William, a 1962 graduate, lives in West Islip. He's self-employed. Take care. . . ."

Alice Elaine Mitchell

Farewell Luncheon For Grace

Friends of Grace Pesapane gave her a 'farewell luncheon' at the Old Lighthouse Restaurant on Aug. 11. Grace is relocating to White Plains, N.Y. She has been very active in the senior citizen clubs—past president, and presently assistant treasurer of the Mid-Island Senior Citizens, on the Board of

Trustees of the Levittown Hall Club and member of the 355 Club.

Clare Smythe, writes that her friends at the Mid-Island Senior Citizen Club will all miss her. . . especially her great sense of humor and outstanding personality. They said that she always 'did her utmost' for the progress of these clubs. . . and they hope that she will return for some of the functions and that they wish her the best in her new residence.

Successful Night Out

This year was Hicksville Youth Council's most successful Night Out. Throughout Hicksville lights were burning and neighbors gathered together to help fight crime during National Night Out on August 9. The Youth Council would like to extend a special thanks to the Park Avenue Neighborhood Watch.

Triangle Watch, and Midland Neighborhood Watch, and our newest watch group, the Northwest Civic Association. Your enthusiasm and commitment to a safer Hicksville is truly appreciated. Keep up the terrific work! . . . Beth Dalton, Hicksville Youth Council.

Margaret Bowler Promoted

Margaret Bowler, formerly of Hicksville, has been named a manager in the Atlanta office of Arthur Andersen & Co. where she will be responsible for overseeing staff on client assignments. She will also plan and control project work flow and assist in business development. Margaret is the daughter of Mr. and Mrs. Jim Bowler and a 1978 graduate of Our Lady of Mercy Academy and a New York University graduate.

Happy Birthday

We're sending happy birthday wishes to Joan Uebell who will be celebrating her birthday August 30th.

Get Well Wishes

We're sending get well wishes to Bob Faur, who was rushed to Mercy Hospital by his wife Doris. Seems as though Bob had pains in his stomach for a few days and never told anyone. They finally got so bad he had to be rushed to the hospital. Turned out they took out his bad appendix. Hope you're feeling better by the time you read this Bob.

Joanne Manduca Married to Norman Autero

Joanne Manduca of Hicksville became the bride of Norman Autero on June 4, at Praise Tabernacle Church of Massapequa. A lovely ceremony was performed by Pastor Steve Iannucilli.

Joanne is a former cheerleader and a 1980 graduate of Hicksville High School.

Mr. Autero is employed by the Gestelner Corporation.

After a honeymoon in Hawaii, the happy couple are now residing in Westchester.



MR. and MRS. NORMAN AUTERO

TO YOUR HEALTH

By RICHARD H. BLAU, M.D.

Raynaud's Syndrome - Its Relationship To Arthritis

Raynaud's (pronounced ra-noz) is a circulatory disease and can be associated with many types of arthritis. Often, the problem causes the fingers (or toes) to turn white, blue and finally red. This abnormality usually occurs when the fingers are exposed to the cold. However, this phenomenon can also occur under emotional stress, environmental changes or drug exposure.

The cause of Raynaud's is not known. Certain evidence suggests a spasm involving the blood vessels. Once this spasm occurs, the blood supply to the fingers is impaired and they turn white. With continual lack of oxygen, the fingers turn blue. As the blood vessels expand, blood rushes in and the fingers turn red. Many patients with Raynaud's experience little more than occasional discomfort in the cold weather.

Often, people with this disorder come to the attention of the rheumatologist (arthritis specialist) because they have

an associated arthritic condition. Types of arthritis associated with Raynaud's include rheumatoid arthritis, lupus, scleroderma and mixed connective tissue disease. Although many people with Raynaud's may never develop arthritis, the occurrence of Raynaud's may be a very early sign of arthritis.

The diagnosis of this disorder is usually made on the basis of a medical history and a complete physical examination. This is done to make certain that an associated arthritis is not present.

Treatment of Raynaud's is a specialty of the rheumatologist. If the symptoms are mild, little treatment may be needed. For more severe problems, medications are available and are helpful.

Arthritis strikes one out of seven people. Learn the facts. Call for your complimentary copy of "The Joint Approach - An Arthritis Overview."

Dr. Richard H. Blau is a board-certified Rheumatologist practicing in Manhasset, 516-482-6822 and Westbury, 516-907-6823.

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THE FAMILY CLOTHING STORE

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SHOP THURSDAY, FRIDAY & SATURDAY ONLY!

40% off Challis separates and coordinates for misses and women	40% off ENTIRE STOCK of outerwear for children	40% off FAMOUS MAKER men's suits & suit separates
Buy 1, Get 1 Free P.S. GITANO misses' denim jeans	40% off ALL denim jeans, jackets & skirts for girls 7-14	40% off BRITTANY BAY men's acrylic sweaters
40% off ALL misses' & jrs.' wool & wool blend pantcoats	40% off Selected dresses for misses, jrs., women & petites	40% off ALL mens' and young men's flannel shirts
40% off ENTIRE STOCK of bras from LILYETTE	40% off ENTIRE STOCK of ladies' famous maker socks	40% off ALL men's leather jackets, LONDON- TOWNE® rainwear

Outstanding savings on fashions and accessories for the whole family!

30% off Misses' Dunner & Cricket Lane Coordinates

30% off Misses' novelty pattern sweaters, cardigans

30% off All misses' active outerwear for fall

25% off All georgette & jersey knit dresses

(for misses, women, petites)

30% off All misses', women's & petites' denims

30% off Junior jeans from Rio, Jou Jou & Palmetto

30% off Junior active outerwear in new fall styles

30% off All junior solid knit tops & turtlenecks

30% off All junior novelty pullover sweaters

(Excludes Export)

25% off Select bras and panties from Maidenform

25% off Belts, small leathers, vinyl, leather handbags

(Handbags from selected vendors. Excludes Liz Claiborne)

30% off All Health-Tex fall sportswear fashions

30% off All kids' jogsets from Jet Set, others

30% off All kids' dresses from Bonnie Jean, others

30% off kids' socks and underwear

30% off E.J. Gitano sportswear for girls 7-14.

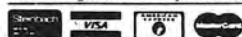
30% off Young men's & boys' Bugle Boy pants

30% off All young men's LeTigre knits, sweaters

30% off All young men's Zeppelin slacks, knit shirts

30% off men's fleece separates and jogsuits

Give the gift that always fits... A Steinbach Gift Certificate. Use your Steinbach, MasterCard, Visa or American Express Charge Cards.



Shop: Queens Center, Rego Park, Monday-Saturday 10-9:30; Sunday 11-6, Westbury, Old Country Road, Monday-Saturday 10-9:30; Sunday 12-5, Smith Haven Mall, Lake Grove, Monday-Saturday 10-9:30; Sunday 11-6

Food Mart Hearing Set

A public hearing has been scheduled by the Oyster Bay Town Board on an application for a special use permit for a food mart.

The applicant, Sun Refining and Marketing Company, is seeking a special use permit in a 'G' business district to operate a retail food mart in conjunction with an existing gasoline filling station.

The property is located on the southwest corner of the intersection of West Nicholas Street and Newbridge Road, also known by the address of 118 Newbridge Road.

The hearing has been scheduled for September 20 beginning at 10 a.m. in the Town Hall East hearing room, Audrey Avenue, Oyster Bay.

KRYSTIE MANOR

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The South Shore's Great New Adult* Community



Elegant Adult Living . . .
All On One Luxurious Level.

Krystie Manor is the South Shore's exclusive new condominium community designed especially to provide adult homebuyers with maximum comfort and convenience...and genuine value. In your choice of two distinctive 1 bedroom designs, each featuring:

- Gourmet kitchen with full Hotpoint appliance package • Elegant dining room • Private outside deck with sliding glass doors • Lavish bath with ceramic tile floor and tub "surround"
- Washer and dryer • Plush wall to wall carpeting • Central air conditioning • Energy efficient gas fired heating • Smoke detection system • Monitored health emergency alarm system • Continuously attended security gatehouse • Private off street parking • Beautiful community clubhouse with party rooms, game rooms and sun decked terrace • Bocce and shuffleboard courts • Picnic area with tables and grills • Buildings and grounds professionally maintained year round • Short easy walk to shopping.

Elegant single-level condominium homes from \$103,500.

Directions (Eastbound): Southern State Parkway Exit 32 South. Bear right onto Country Fine Road to Krystie Manor on your left. (Westbound): Take the Southern State Parkway to Exit 32 (Rte. 110). Proceed south to first traffic light. Turn right on Riner Ave. to traffic light (Country Fine Road); then right on Country Fine Road for 350 feet to Krystie Manor on the right.

BONUS 1 YEAR MAINTENANCE CHARGE FREE SPECIAL FOR ALL NEW SALES

Model Phone: (516) 842-6461 • Office Phone: (516) 997-6660.

Open Daily 10 AM - 5 PM. Closed Thursdays.

(No members of the family must be 62 or older.)

The complete offer and terms are in an offering plan available from the sponsor.

Stephanie: Out of the Blue and Into the Pink



STEPHANIE NATHANSON, (second from left), and her mother, Donna, were invited to a recent meeting of the Hicksville-Jericho Rotary Club for an informal update on Stephanie's condition. Last month, Stephanie flew out to the Mayo Clinic for a heart operation to correct a circulation problem; the Rotary Club assisted the community in raising nearly \$13,000 for the operation and future check-ups as well as another operation to be performed in three years. Fred Meyer, president, (left), and Bill Hayday, chairman of community projects, of the Hicksville-Jericho Rotary Club, were pleased to announce that the operation was successful and Stephanie is doing very well. "Her lips are red, as are her fingers and toes," said Mr. Hayday. "She's getting more active everyday."

3RD ANNUAL LONG ISLAND SIBLING DAY CONFERENCE

Saturday, September 24th 9 AM to 3:30 PM

Sponsored by the United Cerebral Palsy Association of Nassau County, Inc.

380 Washington Avenue, Roosevelt, New York

Non-disabled siblings of all ages and their parents will benefit from attending this unique one-day conference designed to assist families and provide information on a variety of topics of special interest to them.

- Noted Speakers
- Informative Workshops,
- "The Kids on the Block Puppets"

The conference fee, including morning refreshments, lunch and all conference materials and activities, is \$6 per person with a maximum of \$16 for families of three or more.

To register, or for further information, telephone Robert Pasfield, CSW, family support services coordinator, at the Cerebral Palsy Treatment and Rehabilitation Center, (516) 378-2000, ext. 285.

This opportunity has proven valuable to families all over Long Island. Don't miss it!



Mike Pagiarulo, Yankees third baseman and conference chairman, with his friend Doug.

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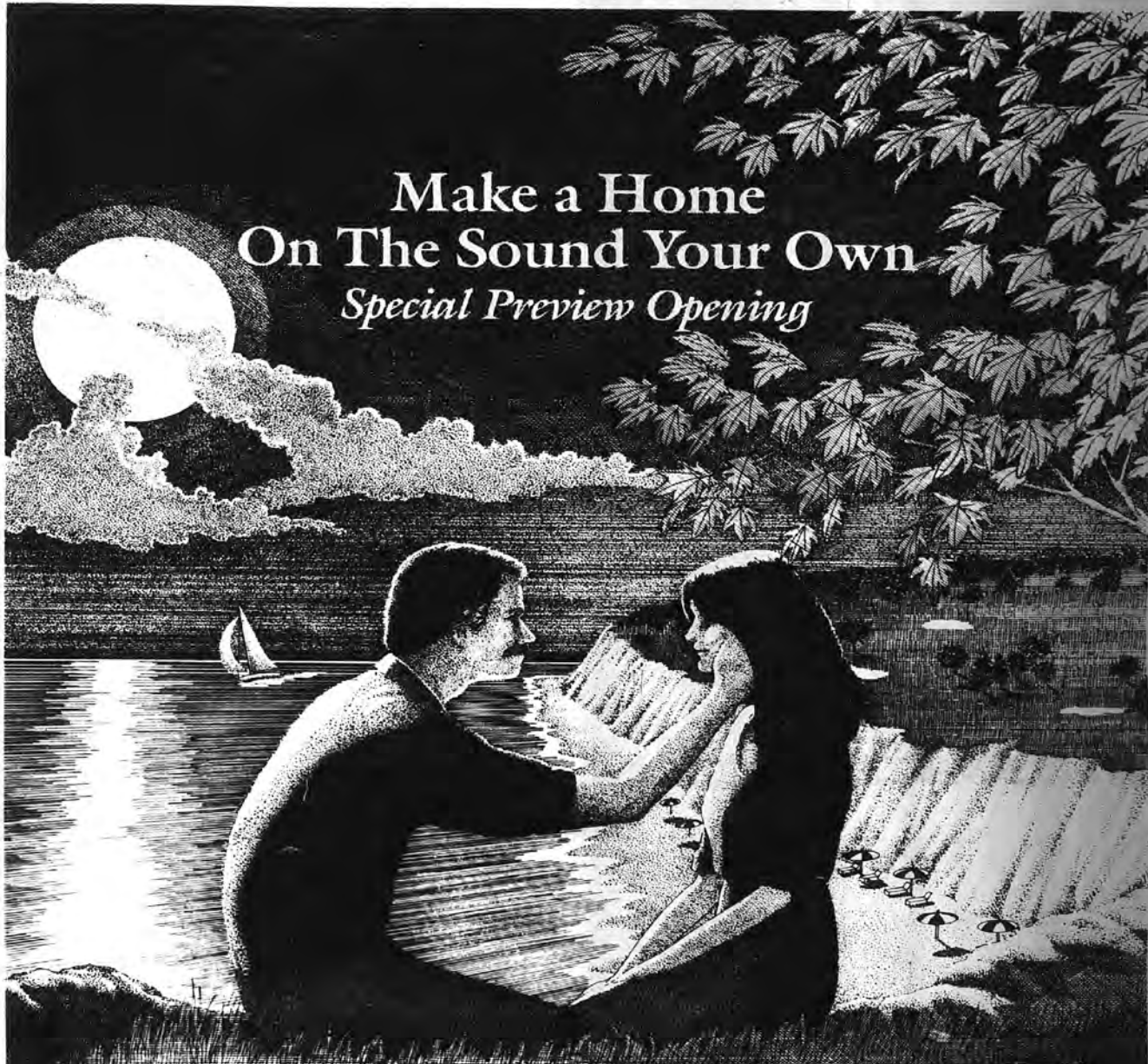
LABOR DAY SALE

SALE DATES

8-25 to 9-15

CRYSTAL PALACE Gin or Vodka 1.75 Liter \$9.99 COUPON	SEAGRAM'S 7 CROWN 1.75 Liter Plastic Bottle \$12.99 COUPON	JOHNNIE WALKER RED Big 1.75 Liter \$24.99 — COUPON — NO LIMIT	BACARDI Silver or Amber 1.75 Liter \$14.99 COUPON	DEWAR'S 750 ml. \$12.99 NO LIMIT	
GREAT WESTERN CHAMPAGNE—EXTRA DRY, BRUT OR PINK \$6.99 EACH					
ALMADEN 4 Liter Bottles All Types \$6.99 EACH	ALMADEN 1 Liter Carafes NEW! \$2.99 EACH	FRENCH BORDEAUX WINE 3 for Red or White 750 ml. \$9.99	IMPORTED GERMAN WINE 3 for 750 ml. \$6.99 COUPON	Long Island Wines — 10% Off Bridgehampton, Lenz, Pindar, LaReve, Hargrave, Villa Banfi, Bedell Cellars, Bidwell, Peconic Bay COUPON	
SUN COUNTRY WINE COOLERS — ALL FLAVORS — 99c/4 PACK					
CALIFORNIA VARIETAL SALE **					
RED		WHITE		BLUSH	
1984 Mont Eagle Cabernet Sauvignon	\$5.99	1986 Glen Ellen Proprietors Reserve	\$3.99	1987 Glen Ellen White Zinfandel	\$3.99
1984 Chateau Souverain Cabernet Sauvignon	6.99	1984 Mill Creek Sauvignon Blanc	6.99	1987 Beringer White Zinfandel	4.99
1984 Robert Mondavi Pinot Noir	7.99	1984 Alexander Valley Johannisberg Riesling	4.99	1986 Sterling Cabernet Blanc	5.99
1985* Corbett Canyon Cabernet Sauvignon	4.99	1986 Parducci Chardonnay	5.99	1986 Delicato White Cabernet	3.99
1984 Columbia Crest Merlot	5.99	1986 Glen Ellen Select Dry	3.99	1986 Sebastian Eye of the Swan	3.99

**All wines 750 ml. except *1 liter



Make a Home On The Sound Your Own

Special Preview Opening

NOW, YOU CAN DISCOVER THE PERFECT EXPRESSION OF YEAR-ROUND RESORT LIVING. LESS THAN TWO HOURS FROM MANHATTAN ON LONG ISLAND'S RUSTIC NORTH SHORE. IN THE HEART OF WINE AND FARM COUNTRY. ON THE SOUND. AT THE BLUFFS.

CHOOOSE FROM LUXURIOUS TWO-BEDROOM TERRACE HOMES. DRAMATIC BEACH VILLAS. SPACIOUS TWO-LEVEL TOWNHOUSES OR EXTRAVAGANT GOLF VILLAS. ALL WITH OUTDOOR DECKS, STEP-UP WHIRLPOOL ROMAN TUBS, EURO-STYLED KITCHENS AND BREATHTAKING VIEWS OF LONG ISLAND SOUND OR THE COUNTRYSIDE. AND ALL SPECIALLY-PRICED DURING OUR PREVIEW OPENING.



BE AMONG THE FIRST TO RECOGNIZE THE UNIQUE RESORT-LIKE FACILITIES THAT MAKE THE BLUFFS IDEAL AS A YEAR-ROUND HOME OR WEEKEND GETAWAY. LIKE PRIVATE BEACH, SWIMMING POOLS, TENNIS COURTS, ATTENDED GATEHOUSE AND THE CONVENIENCES OF CONDOMINIUM OWNERSHIP. PLUS, REALIZE IF YOU WISH, THE MANY PRIVILEGES OF MEMBERSHIP IN THE FOX HILL GOLF & COUNTRY CLUB, WHERE WORLD-CLASS DINING, A HEALTH CLUB AND OF COURSE ONE OF LONG ISLAND'S FINEST GOLF COURSES AWAIT YOU JUST A STROLL FROM YOUR DOOR.

A HOME ON THE SOUND NEEDN'T BE A DREAM ANY LONGER. CALL (516) 369-5888 TODAY FOR AN APPOINTMENT, AND SEE OUR FULLY-FURNISHED MODEL HOMES FOR YOURSELF.

2300 FOX HILL DRIVE, BAITING HOLLOW, NY 11933

**LUXURY CONDOMINIUM HOMES AND VILLAS
PRE-CONSTRUCTION PRICED FROM \$275,000 TO \$385,000.**

THE COMPLETE OFFERING TERMS ARE IN AN OFFERING PLAN AVAILABLE FROM THE SPONSOR, NY CD88-0145.
SPONSOR: THE BLUFFS II AT BAITING HOLLOW. EXCLUSIVE SALES AGENTS: THE MARKETPLACE.
SALES CENTER: 2300 FOX HILL DRIVE. DIRECTIONS: I-19 EAST TO EXIT 71, LEFT AT STOP SIGN ONTO EDWARDS AVE. PROCEED NORTH APPROX. 4 MILES TO SOUND AVE. MAKE RIGHT. CONTINUE 8/10 OF A MILE TO OAKLEIGH, MAKE LEFT TO FOX HILL DRIVE, RIGHT TO SALES OFFICE.

Art's Rendering



Hicksville Nursery School Open House

The Hicksville Nursery School is holding an open house for fall registration on August 31 from 10:30 a.m. to 12 p.m. for parents of 2, 2½, 3 and 4 year-olds in the school classrooms at W. Cherry Street and Nelson Avenue.

The Hicksville Nursery School is a non-profit, non-sectarian cooperative located in the back of the United Methodist Church. Founded in 1967, it has offered twenty one years of quality education to hundreds of preschool children as well as serving as field training center for students from S.U.N.Y. Farmingdale, Nassau Community College and Adelphi University.

The school seeks to offer the young child

an environment in which he can grow emotionally, socially, intellectually and physically under the careful supervision of a fully trained staff. The program provides varied activities with an abundance of materials and opportunities for free creative expression under the guidance of skilled, N.Y. State early childhood certified teachers. Art, media, woodworking, music and rhythmic movement, language arts, storytelling, dramatics, puzzles, doll corner, books and manipulative toys are all part of the daily program. A huge indoor playground permits daily large muscle activity even in the worst weather. A mid-session snack of milk or juice and crackers or fruits and vegetables is provided. Field trips are included to broaden the child's understanding of the world he or she lives in.

All parents can share in the administration of the school. Monthly business meetings give parents the opportunity to make decisions on administrative needs. Lectures, films, and "rap groups" help parents learn more about parenting. Fundraising projects are most often social events helping young families meet other adults who are at the same stage in life.

For further information, call 932-9663 or 681-8246.

Bargains Galore!

Now is the beginning of the season for garage sales; and the Hicksville Jewish Center is sponsoring a Rummage Sale August 28 from 10 a.m. to 2 p.m. This "community hit" will have everything imaginable, from crafts to lamps.

The Center is located on Jerusalem Avenue and Magie Drive in Hicksville. All are invited to attend. You never know what you'll find.



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With fall on the way, call us with your gardening needs. Let us help you create a more beautiful and personal outdoor environment.
Call 624-9384



EDWARD KLENIEWSKI (right) pins a Prisoner of War medal on George Hampson for his service in Europe, where he was captured during the invasion of Cassia.

Medals & Awards to VFW Post 3211 Members

By Vincent W. Edwards

The Hicksville Medals and Awards Chairman of VFW Post 3211 Ed Kleniewski, did it again. Through his efforts, Ed was able to attain the United Nations Service Medal with the Korean War Bar for Comrade Carmine Somma. Comrade Somma served with the 45th Infantry Div. 279th Rec. Co. E.

Comrade Kleniewski also obtained a new award for Comrade George Hampson. It is the Prisoner of War Medal for service in Europe. Comrade Hampson saw service in North Africa in 1943-44 and was captured in the Invasion of Cassia in Italy. He was a prisoner of war in Stalag-3B for 16 months. He was released in 1945. Comrade Hampson was

with the 36th Div. 141st Infantry. Both Comrades received a standing round of applause at the regular meeting of VFW Post 3211.

Comrade Kleniewski stated, "Even though it is 35 years after the cease fire in Korea, there are many men who have served gallantly for their country and have not been recognized for the service they performed."

If any veteran (he does not have to be a member of any veterans organization to qualify) thinks he has medal or award due to him, contact Comrade Ed Kleniewski at the Hicksville VFW Post 3211, 320 S. Broadway. Comrade Kleniewski has already helped families of deceased veterans to receive medals they earned.

Police Report

The Second Precinct has reported the following:

- **August 9** - Cash was stolen during the burglary of a house on Cambridge Drive.
- **August 11** - An assistant manager at a movie theater in Hicksville was robbed of \$5,150 at approximately 12:30 a.m., while attempting to make a night deposit at a bank on North Broadway. The victim was approached in front of the bank by two men, one of which was armed with a gun. The pair demanded the money and upon

receiving it they fled on foot. No injuries were reported.

- **August 15** - A business on East Marie Street was burglarized. Entry was made through a garage door window. The loss included cash, air impact guns, sets of keys, a bracelet, wrench sets and a 1981 Oldsmobile.

- A Hicksville company on Prospect Avenue was burglarized. A change machine was damaged and cash was stolen.



Big Bird's Sesame Street Story

Nassau Coliseum

Wednesday, August 31 — Sunday, September 4
\$10.50 and \$9.50

All seats reserved - Tickets on sale now!

*Wednesday August 31 7:30 PM	**Thursday Sept 1 7:30 PM	***Friday Sept 2 11:00 AM 7:30 PM	Saturday Sept 3 10:30 AM 2:00 PM & 5:30 PM	Sunday Sept 4 1:00 PM - 4:30 PM
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Children 12 and under \$1.50 off (Friday through Sunday Performances Only)

Courtesy of **7** and **WJZ** Radio to benefit Muscular Dystrophy Association

*Wednesday, August 31 J.C. Penney Family Night All seats \$7.50 & \$6.50

Tickets available at J.C. Penney's only

**Thursday, Sept 1 Waldoburns Family Night

\$3.00 discount with coupons available at Waldoburns

***Friday, Sept 2 7:30 PM **WJZ** Wise Performances Night

Tickets for Thursday through Sunday performances available at Nassau Coliseum box office and all **WJZ** sales locations

Charge by phone: (516) 688-9000 or (212) 307-7171

MAIL ORDER: Make check or money order payable to Nassau Coliseum and mail to Sesame Street Live, Nassau Coliseum, Hempstead Turnpike, Uniondale, NY 11553

include \$2.25 service charge per order

Information: (516) 587-9222 (516) 794-9300 - Group Sales (516) 794-9303



SESAME STREET LIVE featuring JIM HENSON'S SESAME STREET MUPPETS

Produced by BOB SHIPSTAD and presented by VEE CORPORATION

In cooperation with CHILDREN'S TELEVISION WORKSHOP

SESAME STREET MUPPET CHARACTERS - Muppets Inc.



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Beautiful modern pool

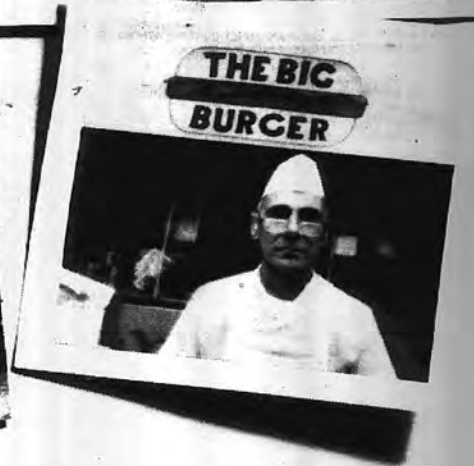
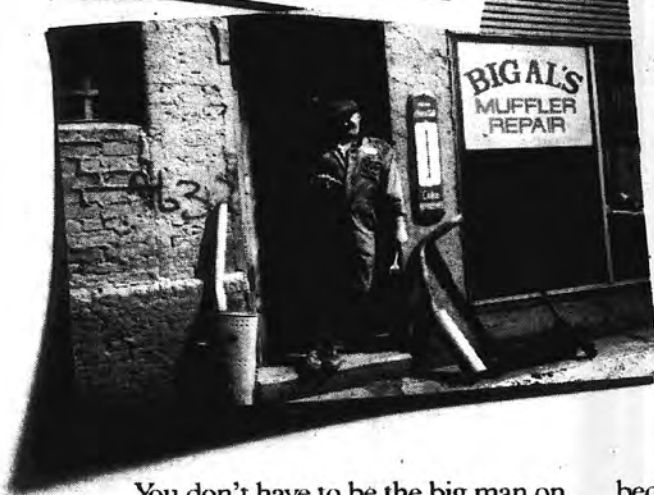
3 excellent meals daily

Hysterical Historical walking tour

Shuffleboard, Bocce, Horseshoes, Ping Pong, Exercise Classes

Full Social Activity Schedule

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You don't have to be the big man on the block to advertise like one.

Because the NYNEX Community Directory lets you advertise efficiently to your most important prospects—your neighbors. Our new community books for Nassau will reach people not only where they live, but where they shop. And

because of the NYNEX name, you're assured full coverage and distribution.

So if you've got big ideas for your small business, call your authorized NYNEX sales agent, Donnelley Directory at 1-800-237-5405.

NYNEX
Community
Directory

HICKSVILLE ILLUSTRATED NEWS

founded in 1986 by Howard J. Finnegan

RITA LANGDON Editor
EDITORIAL STAFF
CATHERINE TOKAR, JANICE MANASKIE
FLO GRIES Social Editor
ADVERTISING

MICHAEL MATRANGA PETER HOEGL
 Incorporating the Hicksville Edition of the Mid-Island Herald
 founded in 1949 by Fred J. Noeth

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 132 East Second Street, Mineola, New York 11501
 516-747-8282

Letters From Our Readers

Letters to the editor are welcomed by the editors and publishers of the *Anton Community Newspapers*. However, they must follow certain guidelines in order for us to print them: they should be as short as possible; we reserve the right to edit in the interest of space; they MUST be signed (a typed name at the bottom will not suffice); they must include an address and telephone number so that we can verify their authenticity. We receive many fine letters which we would like to share with our readers, but we are unable to use them because they are unsigned or have a typewritten name only. We cannot publish every letter we receive because of space limitations, but we try to present both sides of all issues. Personal attacks and letters considered to be in poor taste will not be printed.

To The Editor:

On behalf of the men and women of the Hicksville Congress of Teachers and the students of Hicksville, I would like to thank all those people who gave their time to make phone calls to help pass the school budget.

Thanks goes to Adrienne Mayer, President of the Hicksville Secretaries Association; Linda Hild, President of the Teacher-Aides Unit; Karen Garbus, President of the Council of PTA's; Harry Jacobs, Alumni Association Activist; and School Board Trustees Bill Bennett, Mark Cardella and Patricia Rooney. Special thanks go to Elaine Kabakoff, HCT vice-president, who organized the entire phone bank effort.

We couldn't have done it without you!
 Bob Zaleski, President
 Hicksville Congress of Teachers

To The Editor:

Just to set the record straight on the issue of monies used for Senior Citizens Activities, I would like to take this opportunity to answer to the two previous letters written by Mrs. Crews, (Aug. 4 & 11 issues of the *Illustrated*) from the Senior Group that meets in Levittown hall. In her second letter she said she writes in-behalf only of her club. However, she claims to not understand why a director said it only takes "about \$5000 to run a club." There are four clubs, hers included, who get \$1250 a year for school buses and approximately \$3000 salary for a director. The clubs are ruled and run with by laws set up by the Hicksville Continuing Education Advisory Committee. The duties of a director are as follows: "The Director will be responsible for: opening the meeting hall, preparing the hall for the meeting and keeping harmony at all meetings. Furthermore, the Director will arrange for trips, day outings, social events, and order buses for transportation. The Director is to be in charge of collecting monies for trips, and can appoint an assistant to help in the collection of said monies. All monies are to be turned over to the Treasurer. In addition, the Director will send a bi-monthly report on all Club activities and other pertinent information to the Continuing Education office of the Hicksville

Public Schools and from time to time perform such duties deemed necessary by the Administrator of Continuing Education. Lastly, the Director will attend meetings of the Long Island Senior Citizens Director's Association. The events at these meetings will be written in the bi-monthly report.

Mrs. Crews would do well to just count her blessings. There is the only club to have an air-conditioned Hall to meet in.

As for air-conditioned buses in the summer: Mrs. Crews should be happy her members want to pay the prices. I will not subject my club to the expense of a coach bus so long as they decide they want to save the money and travel in school buses granted to them through the Board of Education. In her first letter Mrs. Crews says very few people can go on expensive trips and then she contradicts this by quoting high priced trips by three former, director, directors (now retired) whose clubs all meet in church basements, space donated most graciously by Hicksville churches—namely St. Ignatius, Our Lady of Mercy and United Methodist. We have to be grateful for that. To add to this, I was given the impression in my training (1984) that I was to have the Seniors enjoy life and trips without always having to dig into their pockets. I see no reason to have to list our club activities in this letter, but I can honestly say it costs my group a lot less than Mrs. Crews' club pays plus the fact that we bring our own lunch and do have free bus trips and an occasional free luncheon or party, subsidized by the treasury funds collected in the same manner by every club. The other three clubs are all run basically the same and we do enjoy the duties and presence of our directors plus the school buses. Without a good director a club could easily fall apart. There had to be a reason that directors and bus allotments were put into the school budget 20 years ago.

If a person thinks his or her taxes will go up a pittance for the little granted to the people that made this town the nice place it is, he or she doesn't understand the enjoyment a club can give.

Myra Giansante, Director
 Our Lady of Mercy Seniors

Remember the Snow Storm on January 3, 1988?



REMEMBER WHEN THE snow was piled high and it was so cold you hated to get out of bed in the morning? The wind nearly blew your ears off and you said you couldn't wait for the summer to come? ("I'd rather sweat in 95 degrees than be this cold," you said.) Well, your wish has come true. Which would you rather have—too hot or too cold?

Community Council To Host Dinner October 6

The Hicksville Community Council has announced its Seventeenth Annual Dinner to be held at Antun's, 244 Old Country Rd., on Thursday, October 6.

During the evening, the Council's Community Awards will be presented to the Nassau County Auxiliary Police Unit 312 and Clara and Bill Bennett. The 1988-89 officers of the Council will also be installed.

This annual event will begin in the main ballroom of Antun's at 7:30 p.m. with a cheese display. Drinks will be available for purchase. A smorgasbord dinner of hot and cold dishes will begin at 8 p.m. Coffee and dessert will follow.

Tickets are \$20 per person, and reservations will be accepted until September 24. Make checks payable to the Hicksville Community Council and mail to P.O. Box 163, Hicksville, NY, 11801.

An integral part of the program is a review of the past year's happenings in Hicksville. This dinner is an effort to gather together all people who are concerned with the betterment of Hicksville and to honor those who have contributed to the community throughout the years.

For more information, call Ellie Draycott at 935-5793.

Same Fish Hooked Twice

By Marjie L. Sample
 My neighbor, Pat Hulsen (recently from Hicksville, New York) had gone fishing with her husband Jerry at City Park Lake, Fort Collins, Colorado.

Pat was the only one of several persons along her side of the lake that was having any luck. After a while, she began to reel in yet another fish.

"Boy, Jerry, this must be a big one!" She about had it landed when it snapped her line.

"Whoever catches that one will be set up for fishing," Jerry said. "It's got two hooks, two sinkers, and part of your line."

Pat continued fishing, and soon hooked another fish. Then a big one struck her line again. Working hard, she began to reel it in. Jerry grabbed the net, and helped her land it.

Much to Pat's surprise, it was the same fish she had caught earlier. It had her two hooks, two weights and part of her line attached to it.

And this is no "fish story."

This is a true story. Signed:
 Pat Hulsen
 4213 Trowbridge Dr.,
 Ft. Collins, CO 80526
 Dated: 5/31/88
 Jerry Hulsen

Old Country Rd. Kids Learn the Cool Way



THE STUDENTS of Mrs. Rosoff's class I from Old Country Road summer school take a dip in the pool as part of their special education program. The program takes the children to puppet shows and other exciting places of interest to help them grow academically through recreation.

DMV Puts the Move On

Good news for everyone who dreads the motor vehicle office: the endless lines, the constant waiting and the usual "rigamarole." The Department of Motor Vehicles has announced that its Hicksville branch, presently located at the Broadway Mall, will relocate to Route 107 and Ludly Street, in Hicksville.

The new office, about a mile and a half to the south of the Mall, will provide full services, as opposed to the limited service now available. While the present spot occupies

only 2,400 square feet, the new office will cover 23,000 square feet. Parking for 180 vehicles will also enhance the location's accessibility.

The building will provide such offices as Field Investigation, Vehicle Safety Services and Driver Safety. The staff will be nearly quadrupled, employing 50 people as compared to the present 13 employees. Plans are expected to be completed within a year, a department spokesperson said.

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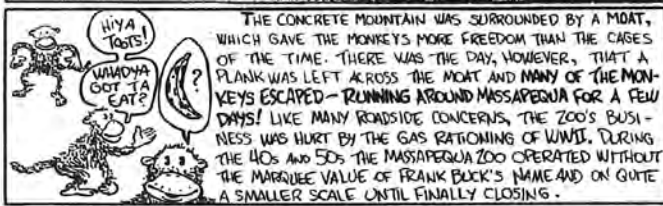
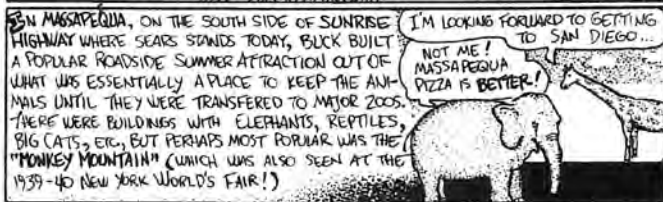
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EDITORIAL AND OPINION



A Letter from Lulabelle...

...I have noticed a strange expression that many people use and I am wondering from whence it came. They say, "I graduated high school." I looked it up in the dictionary, and just as I suspected, graduate is an intransitive verb (remember that from English class?) and cannot take an object. One graduates from a school—one cannot graduate a school...and that's just one of the bloopers that we, the picky ones, keep fretting about. (Now there's a preposition ending a sentence and that was always a no no!)...I so often hear, "He gave it to Jerry and I." Now, no one would say, "He gave it to I," and the correct way to determine which word to use is to leave out the "and" in the sentence and that makes it easy—you know immediately that it should be, "He gave it to Jerry and me"...and you noticed how many priests and ministers say, "Everyone should give according to their means? Everyone is singular and should give according to his means...All the young people today have everyone going instead of saying, as in "John goes, "You wanna date?" and I go, "Sure," but all I can do about that is to correct my kids so often that they're afraid to speak at all...One of my friends was delighted recently when she caught me making a real blooper. I said *restauranteur* and that word has no n—it's *restauranteur*...By now you may think that I have been being foolishly pedantic, but those of us who love the English language take great delight in trying to be correct. Just remember how popular William Safire's column in the *Times* magazine every Sunday has become...So, after reading this, someone more erudite than I will write to tell me of the errors in this letter—and I'll be delighted to correct myself!!!

©M

Yours, Lulabelle

The Investor's Corner By Dr. Joseph P. Frey

Understanding Dividend Plays

All over the TV news and on business programs, you come across the term "dividend play." Since some of my students do not understand the term, it is quite possible that my readers do not know what it is.

The term refers to a market phenomenon that has grown up out of a quirk in the Japanese law for one industry. In Japan, the insurance companies are only allowed to pay out to their stockholders money in the form of dividends that they have received as dividends. That means that money to the stockholders cannot come from the normal profits of the insurance companies. It probably is a measure designed to protect the policy holders so that the payouts against claims are sufficiently covered. While we do not have a similar restriction in this country, we have others that are designed to do the same thing; especially in New York State.



Dr. Joseph P. Frey

Second, the transaction that captures the dividend does not affect the market in any fundamental way. It only increases the volume of the market dramatically. It is usually a flat trade.

Third, it is very hard to make money by doing dividend plays as an individual. The volume, and therefore the commitment of capital has to be massive. I have had people tell me that they can make money doing a dividend play, but I doubt it when the transaction costs are deducted. To make money you have to be a big player, like an insurance company or a bank. If you, as an individual want to try, I advise you to use the cheapest discount broker for the trade. This will reduce the transaction costs sufficiently for you to have a chance with some of the larger dividend payers.

So what is a dividend play? Essentially what happens is this. A firm buys and sells a dividend paying stock on the last day that the stockholder will receive the dividend. As the owner on that day, the dividend will be received. The next day at the most, or as soon as the dividend is yours, you sell the stock back to the person or institution from whom you purchased it (borrowed would be a better term, it is a different form of a repurchase agreement). They will buy it back at a price known as "ex-dividend." That is, the price of the day before minus the dividend that was paid. Maybe there is slight premium. All other considerations aside, when a stock goes "ex-dividend," it is for the exact amount of the dividend. The minimal transaction fees are the only cost for the big players. The costs for the smaller player are considerably higher because you usually do not have the contacts to borrow the stock. You pay brokerage. This increases your chance for loss.

You can see that everyone is happy. The buyer because they have the dividend income (if you're a Japanese company, to pay the stockholders). The seller loses nothing because the stock usually is borrowed and they get it "ex-dividend," so they have the difference up front without waiting for it, the stock market because the transaction goes across the tape and they get their fees. In addition, the stock market is doubly happy because it keeps the volume up and makes the market look more alive. This makes some investors feel that the 10/18 blues are less and that people are getting back into the market. In actuality, nothing has happened to fundamentally change the market or the marketplace.

If you want to try, just look in the financial papers for the dividend announcements. Note the days and times.

There is little risk in a dividend play unless there is a market cataclysm as happened on October 10, 1987. There is also little for you to gain. Besides, you have to pay taxes on the dividends. Corporations get partial forgiveness.

What the Politicians are Saying

ASSEMBLYMAN CHARLES J. O'SHEA (R-C, Baldwin) said that applications are available in his district office for certain disabled veterans in New York State to apply for free travel on the New York State Thruway.

In order to qualify for the permit and the license plate veterans must have a severe service-connected disability and have a vehicle currently registered in their name. These plates are not subject to the \$15 special registration fee, but a \$7 fee must be paid.

Interested individuals may receive an application by calling 781-3565.

GOVERNOR MARIO M. CUOMO has noted that drinking a glass of wine with a meal each day may not seem like a hazardous activity to most people, yet a pregnant woman consuming this amount of alcohol could be endangering the health of her unborn child. Current research shows that Fetal Alcohol Effects (FAE) and the more serious Fetal Alcohol Syndrome (FAS) are the leading causes of birth defects and related mental retardation.

New York State has demonstrated a firm commitment to this limited information problem in the past, and all efforts must continue. A bill requiring the statewide distribution of FAS warning posters is currently under consideration in both the Senate and the Assembly.

U.S. REP. ROBERT J. MRAZEK (D-Centerport) has announced that he is accepting applications from high school or college students who are interested in an internship in his Huntington district office for the fall semester.

Any interested students should forward a resume, writing sample and two letters of reference to Rep. Mrazek's office at 143 Main St., Huntington, 11743. Further information may be obtained by calling 673-6500. Applications must be received by Sept. 9.

With no evidence to support their claims that radar detectors are a safety threat, New York lawmakers including SENATOR NORMAN LEVY, are attempting to outlaw the devices in heavy trucks. A motorists' rights group warns that if this legislation is successful, a complete radar ban would be next.

Radar detectors have become saddled with a reputation for causing speeding and reckless driving, but officials explained that such a reputation is largely a fabrication. Before a citizen's freedoms are restricted, there has to be overwhelming evidence that there is a problem and that this is the only solution.

Would you know if a fire broke out in your home during the early morning hours? In 1986, 460 individuals died in fires, 43 percent of them (195) in early morning blazes. An additional 5,060 people were injured.

Recently, a law was passed, for which JOHN C. COCHRANE voted in the Assembly, to require all one- or two-family dwellings in the state to have smoke detectors installed and maintained by the building owner. The smoke detectors must provide an alarm that can be heard in each sleeping area of the residence. The new law will go into effect on Nov. 23 of this year.



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Back to School

The Hicksville School District will welcome back its students on Wednesday, September 7. Then, it's time to hit the books. Remember, holiday recess will then begin in 110 days.

MILITARY EXPERIENCE

If you are 41 years of age or younger, and have served in the Armed Forces, you could be throwing money away. Continue your military career part-time, one weekend a month and two weeks each year, with excellent pay and benefits. For more information, call your local National Guard armory or 1-800-356-0552.



Academic Teachers at Confratute '88

Ann Gladstone and Nora Friedman, Hicksville Elementary Academic Enrichment teachers, recently participated in Confratute '88, the international conference/institute on educating gifted and talented children and youth, held July 18-29 at the University of Connecticut.

Now in its 11th consecutive year, Confratute, sponsored jointly by the Special Education Center, the School of Education at the University of Connecticut and the Connecticut State Department of Education, has distinguished itself as one of the world's most definitive conference/institutes on gifted education. A primary feature of Confratute is the converging of prominent leaders in the field upon a single site for two weeks to interact and consult with teachers, administrators and parents eager to learn about exceptionally able youngsters. Who they are, how they learn differently from other children and what parents and school personnel need to do to help them develop their creative abilities and talents are explored in depth by the participants.

Confratute '88 was attended by 750 educators and parents from 49 states and U.S. territories, the Bahamas the Philippines, Australia, Bahrain, Canada, Jordan, Mexico, Singapore, South Africa, Sweden, Germany and several European nations. Confratute '89 is scheduled for July 16-28, 1989.

What Hicksville Is Reading

The following books were highly requested last week at the Hicksville Public Library:

FICTION

1. THE CARDINAL OF THE KREMLIN — Tom Clancy
2. THE DOCTORS — Eric Segal
3. A THIEF OF TIME — Tony Hillerman
4. PEOPLE LIKE US — Dominick Dunne
5. TILL WE MEET AGAIN — Judith Krantz

NONFICTION

1. A BRIEF HISTORY OF TIME — Stephen Hawking
2. TRUMP: ART OF THE DEAL — Donald J. Trump
3. DUCHESS OF WINDSOR — Charles Higham
4. CAPOTE — GERALD CLARKE
5. RISE AND FALL OF THE GREAT POWERS — Paul Kennedy

The following videos were highly on request last week at the library:

1. FATAL ATTRACTION
2. HOPE AND GLORY
3. NUTS
4. THE UNTOUCHABLES
5. LIKE FATHER LIKE SON

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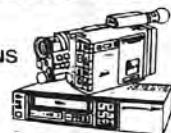


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120 Sheets
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MARBLE COMP. BOOK
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79¢

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CANARY RULED PADS 8 ½ x 11 - 50 Sheet Pad 1 doz. **4.49**

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SPIRAL ASSIGNMENT BOOK 7 ½ x 5 - 80 Sheets **49¢**

PAINT SET 8 Watercolors w/brush **79¢**

MAGNETIC LOCKER **\$1¹⁹**

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SCRATCH PADS 3 x 5 - 50 Sheets Per Pad (Pack of 12 Pads) **95¢**

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Hicksville High School Alumni Brunch



More than 100 friends, alumni and faculty attended the Hicksville High School Alumni Brunch held for the benefit of raising money for scholarships. In 1988, the alumni awarded six scholarships totaling \$3,450.

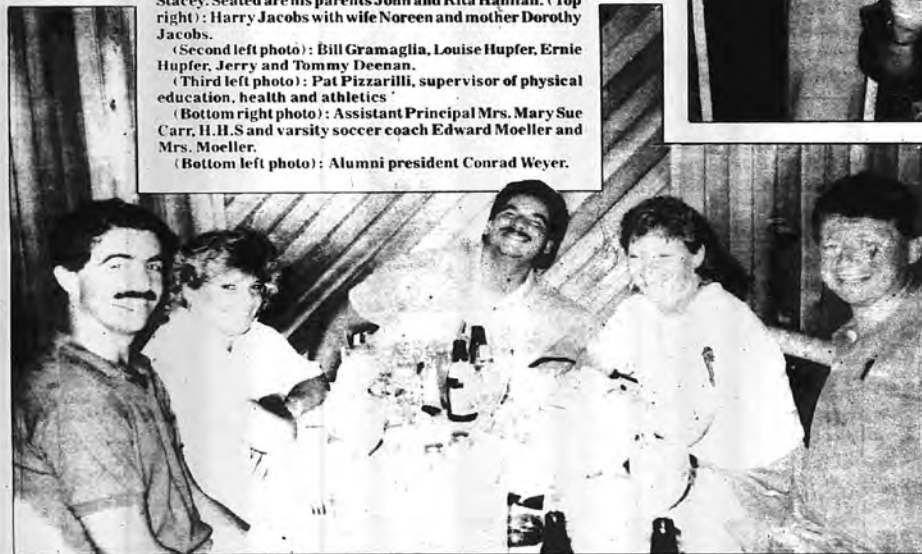
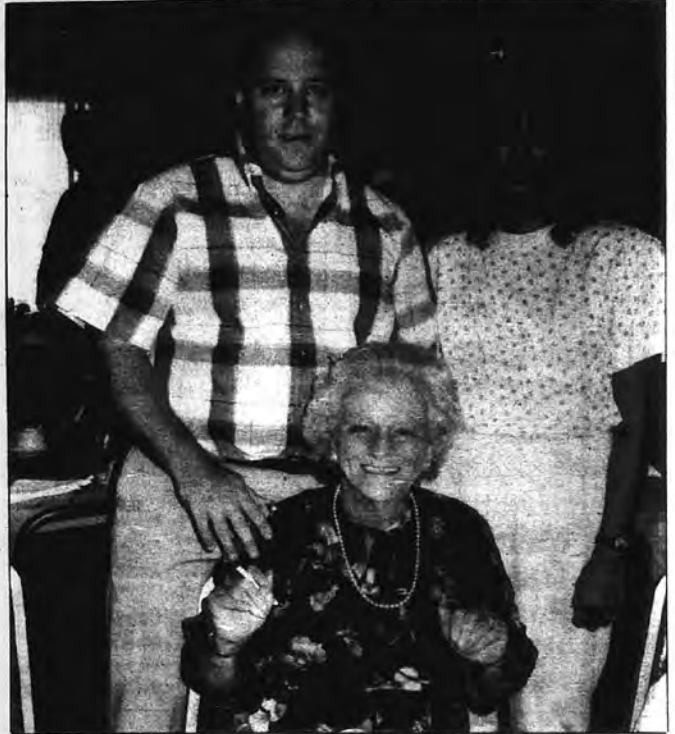
(Top left photo): Kevin Hanifan standing with his wife Stacey. Seated are his parents John and Rita Hanifan. (Top right): Harry Jacobs with wife Noreen and mother Dorothy Jacobs.

(Second left photo): Bill Gramaglia, Louise Hupfer, Ernie Hupfer, Jerry and Tommy Deenan.

(Third left photo): Pat Pizzarilli, supervisor of physical education, health and athletics

(Bottom right photo): Assistant Principal Mrs. Mary Sue Carr, H.H.S. and varsity soccer coach Edward Moeller and Mrs. Moeller.

(Bottom left photo): Alumni president Conrad Weyer.



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Community Calendar

Please address all notices of local events to Calendar Editor, 132 E. Second Street (P.O. Box 1578) Mineola, N.Y. 11501 or phone 747-8282. Calendar items must be submitted two weeks prior to the event.

Friday, August 26

- St. Bernards of Levittown Widows and Widowers Sociables Dance, 9 p.m. to 1 a.m. at Galileo Lodge, Levittown Pkwy., Hicksville. Fee: \$8 per person. For information call 795-2036.
- The Polyphony, a baroque ensemble, will perform at 8:30 p.m. at the Hicksville Public Library. Free. All welcome.
- Hicksville Youth Council is sponsoring

a free trip on a Circle Line Cruise. Permission slips required. For information call 822-KIDS.

- Overeaters Anonymous will meet from 10 a.m. to noon at the Syosset Community Church, Church St. Babysitting available. For information call the Hotline at 795-6814.

Sunday, August 28

- Eyes of Learning Experiential Workshop, 1 to 4 p.m. at the Levittown Hall. For information or reservations call Lauren at 579-5369 or Shelli at 799-3259.
- Rummage Sale, 10 a.m. to 2 p.m. at the Hicksville Jewish Center, Jerusalem Ave. and Maglie Dr., Hicksville.

Monday, August 29

- Hicksville Youth Council members will play softball at 6 p.m. at the Middle School. Non-members over age 12 are welcome.
- Auditions for "All My Sons" by Arthur Miller will be held at Pidgeon Hill Elementary School, Pidgeon Hill Rd., South Huntington, at 8 p.m. Also takes place on August 30. For information call 261-1442.

Tuesday, August 30

- Fund-raising activity, 7:45 p.m. at Congregation Shaarei Zedek, Old Country Rd. and New South Rd., Hicksville. Refreshments served.
- Transitions: The Person Center offers a person-centered alternative to dealing with life changes. 7:30 p.m. at Parkway Community Church, 95 Stewart Ave., Hicksville. Fee: \$10. For information call Dennis R. Wendorf at 796-1989.
- Co-dependents Anonymous, a 12 step support group will meet from 8 to 9:30 p.m. downstairs at the Parkway Community Church, Hicksville. For information call 735-1583.
- Prenatal Exercise Classes, Tuesdays and Thursdays from 6:30 to 7:30 p.m. in the Staff Room of the Mid-Island Hospital. Fee. For information call 520-2212.
- Recovery Inc., the association of nervous and former mental patients, will meet at 8 p.m. at Parkway Community Church, 95

Stewart Ave., Hicksville.

Wednesday, August 31

- Emphysema Club meeting, 1:30 p.m. in the Conference Room of the Mid-Island Hospital. No fee. For information call 520-2212.
 - Hicksville Kiwanis Club will meet at 12:30 p.m. at the Milleridge Inn, Jericho.
 - Hicksville Nursery School Open House for Fall registration, 10:30 a.m. to noon in the school classrooms at W. Cherry St. and Nelson Ave. For parents of 2, 2½, 3 and 4 year-olds. For information call 932-9663 or 681-8246.
- ## Thursday, September 1
- Hicksville Elks Lodge No. 1032 will meet at 8 p.m. at 80 East Barclay St., Hicksville. For information call 931-9310.
 - Hicksville-Jericho Rotary Club will meet at 12:15 p.m. at the Milleridge Inn.
 - Fund-raising activity, 10:45 a.m. at Congregation Shaarei Zedek, Old Country Rd. and New South Rd., Hicksville. Refreshments served.
 - Hicksville (Mid-Island) Senior Citizens will meet from 11 a.m. to 3 p.m. at the United Methodist Church, Old Country Rd. and Nelson Ave., Hicksville. For information call Clare Smyth at 938-7079.

• "Off Main Street", a painting exhibition of scenes of Northport and beyond. Exhibiting artists, Emily Eisen (Award winning Hicksville Art teacher) and Ray Pollard. Now through Aug. 31 at the Northport Public Library, 151 Laurel Ave. For information call 261-6030.

The Hicksville Kiwanis Foundation Joins McDonald's in sponsoring a

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Saturday, August 27th
9:00 a.m. — 5:00 p.m.

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Changes Around Town



THIS PHOTOGRAPH was taken on the corner of Cottage Boulevard and Farm Lane in 1950. Today, the house, which belonged to the owners of Giese Florist, is gone, as are the greenhouses adjacent to it. Giese Florist is currently located on Broadway, next to Robert Chevrolet. Also, the corner house in the foreground, not seen in the photo, now has hedges around it and is owned by Susan Beisel.



THE LODGE

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
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NOTICE OF SALE
SUPREME COURT - COUNTY OF NASSAU
 Bank of Long Island, Plaintiff against: Gail Judith Lee, et al Defendants Pursuant to a judgment of foreclosure and sale entered herein and dated April 28th, 1988, I, the undersigned Referee will sell at public auction at the North front steps of the Nassau County Court House, 262 Old Country Road, Mineola, N.Y. on the 23rd day of September, 1988, at 2:30 p.m. premises

On the west side of South Oyster Bay Road, said point being the southerly end of an arc which connects the westerly side of South Oyster Bay Road with the southerly side of Manor Gate (Plaza Gate), being a plot 99.15 feet x 90.40 feet x 100 feet x 75.00 feet x 4.12 feet and known as 350 South Oyster Bay Road, Town of Oyster Bay, Syosset, N.Y.

Approximate amount of lien \$33,350.60 plus interest and costs. Premises will be sold subject to provisions of filed judgment. Index Number: 18215-87

Dated: August 25th, 1988
 Peter J. Cardalena, Jr.
 Referee
 Roach & Bergman Attorneys for Plaintiff 600 Old Country Road, Garden City, N.Y. 11530
 915-8-1825/988-4T-43776-HICK



PROFIT FROM WASTE SCARE
 Rob Guerra (l) and Andy Grieshaber (r) display the shirts they created in the heat of the medical debris scare at local beaches. Mr. Guerra, of Hicksville, owner of Fudgie's Concession on the South Shore, thought of the idea when his ice cream sales plummeted. Grieshaber, also of Hicksville, designed the shirt and is in charge of distribution.

Hicksville Navyman Serves on New Cruiser

By Richard L. Guga

Lt. Tim Gilbride, son of Thomas and Alice Gilbride of Hicksville, is assigned to the Navy's newest Aegis guided missile cruiser, the Lake Champlain.

The ship was scheduled to be commissioned August 12 in New York Harbor.

Gilbride was graduated from Holy Trinity High School in 1978 and C.W. Post College in 1982. He was assigned to the Lake Champlain last January, following a tour aboard the USS Vancouver in San Diego and Aegis weapons training, also in San Diego.

"I'm responsible for the operation of the Aegis weapons system," he said. "Specifically, I'm the Combat Information Center officer and supervise 35 operations specialists who operate the ship's radars, communications equipment and various weapons systems."

Gilbride is justifiably proud of the Lake Champlain, the eleventh in a series of Aegis cruisers, the most technologically advanced ships ever built for the U.S. Navy.

Gilbride is a "plankowner" on the Lake Champlain. The term dates from the days of wooden sailing ships, when original crew members traditionally were entitled to a plank from the ship's deck upon decommissioning.

Today, the term takes on a different meaning. Modern plankowners establish a ship's

initial operating procedures and routine. The Lake Champlain is the third Navy ship to commemorate a naval battle fought during the War of 1812.



LT. TIM GILBRIDE, of Hicksville, is assigned to the USS Lake Champlain, the Navy's newest guided-missile cruiser. The ship was scheduled to be commissioned in New York Harbor August 12.

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And as always at Captain Bill's, our entree selections will satisfy the most diverse tastes. All dinners are served with baked potato, french fries or vegetable and Captain Bill's homemade key Lime Pie or Ice Cream plus collect tea or sanka.

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Go To a Fascinating World: 60 Miles and 400 Years Away

By A. Anthony Miller

Forsooth, gentle reader! Art thou in search of droll amusement, by which thee may assuage the time on a summer weekend with thy family, amidst splendid bewonderments, air maidens, knights, dragons, and a host of sights not seen by the eye of man for 400 years? Thou needest only hie to Tuxedo, New York, just more than an hour's drive from Nassau, any Saturday or Sunday between now and September 18, and you will find yourself transported in time to another world.

For the eleventh year, the New York Renaissance Festival is being held on 65 acres in Sterling Forest, Orange County, where hundreds of costumed performers entertain all day. There's Shakespearean drama: *Two Gentlemen of Verona* is being staged at the Globe Theatre. You will also find a living chess game — this is a must if you like jousting — and minstrels, madrigals, magic, music and plenty of good, clean fun for all ages.

You'll see demonstrations of arts almost lost in this century: glassblowing, chainmail linking and moccasin making. You can have your palm — or the bumps on your head — read by mystics, buy ancient talismans, and have a chance to dunk a damsel in a huge cask.

It's all only 35 miles and 400 years from Manhattan, and many of your neighbors from Long Island are involved, either as performers or shopkeepers. The participants look, act and dress like people did 400 years ago, during the transitional period between the Middle Ages and modern times, with authentic garb and mannerisms.

You'll meet and greet the likes of the

Queen Mother, Sir Walter Raleigh, Robin Hood and the charming Maid Marian, just some of the 200 actors specially selected, trained and rehearsed for your pleasure. There's a story of dedication, hard work, and fun, and when you see it, you'll love and appreciate the effort. Any mayhap, thou shalt also cometh to know why man no longer speaketh the way they did in those days.

The Festival is open each weekend, through September 18, from 11 a.m. until 6 p.m. with free parking. The admission price, \$12 per adult and \$5 for children aged six through 12, covers all entertainment, including the Joust — another "must see," and the Shakespeare drama production. Bring your camera by all means; if you use Kodak film, bring an empty film box and get \$4 off per adult admission.

Getting to the Renaissance Festival by car is simple: once across the Throgs Neck Bridge, go west on the Cross-Bronx Expressway, across the George Washington Bridge. Then go west on Route 4 a short distance, north on Route 17 to 17A, and follow the signs to the festival. There's ample parking, but the earlier you arrive, the closer to the main gate you can park.

Want to make a weekend of it? There are a number of nearby hotels which have accommodations, both in New York and New Jersey. These include in New York the Holiday Inn in Suffern, the Ramapo Hillburn Motel in Hillburn, and the New Continental in Greenwood Lake. In New Jersey, reservations may be made at the Ramada Inn in Mahwah and the Howard Johnson Inn in Ramsey.

Town Board Amends Front Side Lot Fence Height

The Oyster Bay Town Board today amended the Town's Building Zone Ordinance with regard to fences in residential districts, according to Town Councilman Kenneth S. Diamond.

"Under prior zoning regulations, homeowners were permitted to erect six foot fences along their rear lot line and along the side lot lines to a point even with the rear of dwellings on the adjacent lots," said Diamond. Fences that extended along the side lot

beyond that point could be no higher than four feet.

"The amended ordinance now allows property owners to erect six foot fences along side lot lines to a point even with the front of their dwelling, or to the required front yard setback point, whichever setback is greater," Diamond explained.

Diamond noted that the ordinance applies to constructed fences as well as "living" fences such as shrubbery, hedges and trees.



SIR WALTER RALEIGH and Sir Francis Drake (left) make a point to the Queen as the Royal Court, including the Archbishop of Canterbury, look on. They're all actors who have transformed 65 acres in Sterling Forest, Tuxedo Park, NY, into the Renaissance period 400 years ago.

Photo by A. Anthony Miller.

'Fit For All' Program At Kiwanis Meeting

Evelyn Collins, the Director of Sports and Recreation for the Disabled at Nassau Community College, was the guest speaker at a recent meeting of the Hicksville Kiwanis Club.

Ms. Collins is a physical education instructor at the college, and spoke primarily about the "Fit For All" program which she conducts in the evenings at Nassau Community for the disabled. "Disabled and able bodied people have the same goals and abilities, but it takes more effort on the part of the disabled individual," Ms. Collins said. "A person with disabilities can participate in any sport with special adaptations."

Enrollment in the "Fit For All" program is limited to people between the ages of 14 to 80 who are physically challenged. At one of the earlier eight week programs, approximately 15 athletes met on Monday and Wednesday evenings from 7 to 8 p.m. for aerobics, weight training (free weights and universal weight), stretching and conditioning. Attending many of the evening sessions

were physical therapists, physicians and chiropractors, all volunteering their time, expertise and support. Several of the professionals who helped with instructing the group were disabled, according to Ms. Collins.

The fall program will start on September 10. There is a fee for the program, but Ms. Collins stressed that financial scholarships are available for the students. Also, the program is supported by outside funding sources to help offset the high costs of special equipment. Furthermore, since the students need one to one attention to supply them with a quality and safe workout, the demand for volunteers is extremely imperative. "The more volunteers we have for the program, the more disabled participants we can accept for our fall semester," Ms. Collins said.

Ms. Collins will gladly discuss the "Fit For All" program with interested students and/or volunteers. She can be reached at 222-7518, or 7531. She is anxious to help the disabled, especially since she, herself, is disabled and confined to a wheelchair.

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One American dream is to retire young. Can we get enough ahead to fulfill our dream? Three major factors affect your success: Inflation, Life Expectancy and Pension Loss. If you can plan around these obstacles you've got it made.

Inflation

All your investments must compensate for inflation. You should find a way to hold on to as much of your earning power as you can. You can do this by reducing paid-out income for investments. This means your investment expenses should be less than your investment yields.

Life Expectancy

Since you are retiring young, you will be drawing on savings, investments and pensions exclusively for a longer period of time than someone who retires later. You cannot take the risk of spending some of your principal each year.

Realistically, with inflation at 3 percent and a normal life expectancy, you'll need 17 years of your required income in savings.

Pension Loss

Typically, for every \$1 of income you would get for retiring at age 65, you will get only 50 cents for retiring at 55. Social Security income does not start until you are 62. If the combination of pension and Social Security will replace 40 percent of your income at 65, expect only 20 percent at 55.

Households In Good Shape For Early Retirement

Moderate income couples with a long record of service at a major company with a good pension plan are good candidates for early retirement. Households with an excellent investment portfolio and assets to liquidate without lowering their standard of living are also positioned to retire early.

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Attention New Students

Registration and course selection for new students enrolled in Hicksville Senior High School in September will take place in the Counseling Center on Friday, August 26, and Monday, August 29, from 8 a.m. to 2 p.m. Prospective students should call Mrs. Harth in the school's Counseling Center at 933-6666 for an appointment.

Students enrolling from the Hicksville Middle School and those previously registered need not comply with this request.



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Exercise Program For Pregnant Women

If you are pregnant or are a new mother and you can answer yes to any of the following questions, Mjd-Island Hospital in Bethpage has the answer you have been looking for:

- Are you looking for a prenatal or postpartum exercise program designed for your special needs?
- Do you not like the way you feel and/or look?
- Are you gaining excessive weight?
- Do you want to share your thoughts and feelings with other pregnant women or new mothers?

If you have answered yes to any of the above questions, Mid-Island Hospital will offer you a way, with your doctor's approval, to stay healthy and keep fit.

Mid-Island Hospital's answer is a medically approved SBI exercise program developed by two registered nurses to meet the special needs of pregnant women and new mothers. Some of the many benefits include: improved muscle tone, minimal excess weight gain during pregnancy, easier shape up after delivery, relief of minor discomforts of pregnancy, ease in everyday tension and stress, improved

posture and circulation, and increased vitality. The best part is that it is fun and easy to learn.

Marian Rosinsky, of Hicksville, now in her eighth month of pregnancy, says of Mid-Island Hospital's SBI Maternity Fitness Program, "Attending these classes helps to keep my weight down and gives me more energy. It's a great incentive program."

Developed by professionals and widely received by the medical community, this prenatal and postpartum exercise program works the muscle groups and systems affected by pregnancy. A well-rounded, low impact fitness program, SBI's uniquely designed exercises permit each participant to perform the exercises within their own personal comfort and tolerance level. For this reason, SBI classes appeal to women at any stage of pregnancy and postpartum as long as they have medical approval.

The high quality SBI Maternity Fitness Program follows the guidelines of the American College of Obstetricians and Gynecologists.

To find your answers and obtain further information on class schedules, membership fees, and registration, call (516) 520-2650.

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Contract Bridge By Steve Becker

The Valiant Die but Once

South dealer.
Both sides vulnerable.

NORTH
♠ A Q 6
♥ 7 2
♦ K J 5 4 3
♣ Q 8 1

WEST
♠ 10 9 8
♥ K J 8 6 4 3
♦ K 7
♣ 6 5

EAST
♠ J 7 4 3 2
♥ A 6
♦ 10 9 8 2
♣ 10 9

SOUTH
♠ K 5
♥ Q 10 9
♦ A Q
♣ A K J 7 6 2

The bidding:
South West North East
1 ♠ Pass 1 ♦ Pass
3 NT
Opening lead — five of hearts.

cards, his three notrump rebid was surely proper. Three notrump would be the winning bid in the overwhelming majority of hands.

Thus, had North held the jack of hearts instead of the K-J of diamonds and queen of spades — a much weaker hand — nine tricks would have become certain. Or if the opponents' hearts had been divided somewhat differently, the notrump game might easily have been made.

It may be argued that South should have bid three clubs instead of three notrump, and five clubs might then have been reached. The flaw in this contention is that three clubs is not forcing. It is merely invitational, and a laydown game might be missed if partner passed.

At the other table the bidding started exactly the same way. But the North player at this table obviously prized his hand much more highly than the previous North, because he raised South's three notrump directly to six notrump.

The raise to six notrump paid off very well. West thought it was much too dangerous to lead a heart against such strong bidding, and he therefore made the "safe" lead of the ten of spades. South then had no trouble collecting all 13 tricks to bring his team a net gain of 1,670 points on the sad outcome. Looking at only his 13

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B A C K T O S C H O O L

Teaching Your Children To Manage Money

By Keni Woodruff

Teaching children at an early age the value of money can reap rewards for them...and for you...when they become young adults. Understanding how money is used in exchange for things that are needed or wanted can form a part of a child's education from the time he or she enters grade school and through high school. Different approaches work better at different ages. Your family's values, how you view allowances and children earning money, determine your basic approach. Here are some suggestions from the Consumer Finance Bulletin of the American Financial Svcs. Assn. for helping your children understand the relationship between money that comes in and money that goes out:

Grade School

- Provide a weekly allowance for each child, even if you can only afford a modest amount, and give it to children at a set time each week. Discuss the kinds of purchases that should be covered by the allowance and help the child understand that the allowance can buy things he or she needs, for example, one week's allowance may buy batteries for a toy. Also, help your child realize how many weeks' allowance would be needed to purchase something more expensive.

- Encourage younger children to save a portion of their money in a piggy bank, at home, instill the value of saving "for a rainy day," or for a special item they want.
- If relatives or friends give them more sizable amounts, help them open a savings account in their own names. With their own savings accounts, children feel more independent and develop a sense of accomplishment every time they make a deposit, and watch their savings grow. Many banks require minimal balances on children's accounts.
- If you think your children are getting too many toys or expensive items as gifts, suggest that friends and close relatives consider giving a savings bond and a small gift as well. Explain to the child how much the savings bond is worth now, and how its worth will increase in the future. Keep the bonds in a safe place and provide your child with a record of the amounts.
- Take your children grocery shopping, get them to help you comparison shop. By reading the prices on several brands of the same product they will quickly learn the concept. Coupon shopping is also fun and a good learning tool.
- Encourage your child to earn extra money at home by doing simple chores, such as

helping to set the table for a week, plain beforehand that this is an agreement between you; if the task isn't done one day, that day's "wages" would be subtracted.

Junior High

- Continue allowances but, of course, adjust them upward; if you have not done it already, tie allowances to certain household responsibilities, chores. For big household tasks—for example, cleaning the basement—consider paying "wages" to your child. (Talk to your accountant about this one.)
- Encourage continued and regular savings account deposits.

High School

- Peer pressure exerts more influence at this stage and could lead to family conflicts about money for clothes, entertainment, dating, a car. Reinforcing values linking money to work—either at home or outside—can be particularly important for teenagers.
- Before the school year begins, talk with your teenager about expected needs during the year. If you are going to provide an allowance, discuss the amount, what it is expected to cover, and whether any regular household tasks will be done in exchange.
- If the teenager has an outside part-time job, it's important to discuss with him or her how much time is realistic for a full-time student. Clarify what the teenager's outside job earnings are expected to

cover and what purchases the parents will continue to pay for, for example, clothing, school lunches, extracurricular activities, etc.

- Continue to encourage regular deposits for savings.
- If your teen asks for a loan for a major purchase, and you're willing and able to provide it, consider setting up a "loan agreement," with payments and due dates specified. Some parents, to help prepare their teens for the real world, charge interest on the loan. Usually children learn how to handle money from examples set by the parents. You can give your child a boost toward becoming a good money manager if you manage money well yourself. Involve your children in the family's financial decisions, such as planning a vacation within a certain budget. Also, if the family is having financial problems and needs to cut back on expenditures, bring your children into a discussion of the options.

Gymnastic Center of Great Neck

Bill Vildria's Gymnastic Center was founded in 1975, and has been providing youngsters with a unique opportunity to explore their physical abilities and develop their gymnastic skills and physical coordination ever since. Classes are available for children from 3 through teen, and there are special infant, toddler and 'Mommy & Me' programs. The Gymnastic Center's staff is made up of qualified, licensed, safety certified teachers and early childhood specialists who bring a special excitement to the developmental programs for the younger children.

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- Hofstra has 11 exhibition areas as part of the Hofstra Museum, 7 theatres, 5 student newspapers, a campus radio station, a student television station, an indoor olympic-sized swimming pool, and a student entertainment center.

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B A C K T O S C H O O L

Friends Academy, Commitment to Fine Education

Friends Academy, Locust Valley, will begin its 13th year on September 8th with 78 full-time and 10 part-time faculty members and an enrollment of 700 students. A Quaker affiliated, co-educational day school, Friends enrolls students from pre-school Play Group through grade 12. The college preparatory curriculum is extensive and includes advanced placement courses in the Upper School.

In keeping with its Quaker heritage, Friends enrolls students from diverse backgrounds and provides partial financial assistance to approximately 20% of its student body.

The philosophy of Friends Academy grows out of the Quaker belief in the unique worth and individuality of everyone. Students at all grade levels attend Quaker meeting once a week for approximately 45 minutes. Meeting is for reflection and students, faculty or visitors are often moved to share thoughts spontaneously with those gathered. It is the Quaker ideals of simplicity, moderation, patience, caring service to others, integrity in thought and action and

commitment to non-violent resolution of differences that form the foundation of a Friends' education.

Located on 65 acres, Friends has extensive facilities consisting of two libraries, modern laboratory and science facilities, a computer center, a visual and performing arts center and a new field house which contains an indoor track and fitness room. There is a 400 meter outdoor track and tennis courts and there are playing fields for football, lacrosse, soccer, softball, baseball and field hockey.

The basis of a Friend's education is to offer its students a solid, well rounded education through a caring, well qualified faculty, of whom about 60% hold advanced degrees. Classes are small providing for close interaction between student and teacher. Students are encouraged to become involved not only in the classroom but also in extracurricular activities such as dramatics, athletics, student government, school publications and band and orchestra.

Community service plays a vital role at Friends and there is a mandatory 10th grade

course which emphasizes the importance for community involvement. The course culminates with a three day "hands-on" experience working with the homeless in a shelter in New York City. In addition, a large number of students regularly volunteer at hospitals, nursing homes, boys' and girls'

clubs and the Interfaith Nutrition Network, I.N.N., a center for the homeless in Hempstead.

For further information about Friends Academy call, Mary Craig, Director of Admissions. 676-0393.

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B A C K T O S C H O O L

A New Approach To Scoliosis

Scoliosis is a curve in the normally straight line of the spine, and is a problem that makes life unpleasant for hundreds of thousands of children and teenagers, according to Dr. Cathleen Raggio, head of Spinal Surgery at Schneider Children's Hospital's Scoliosis Center, L.I. Jewish Medical Center. School authorities and private physicians routinely check for evidence of this curvature, however, according to Dr. Raggio, "the time-honored treatment approach has been cumbersome, unsightly braces, and repeated X-ray evaluations."

Scoliosis is neither preventable nor curable, and while it is painless, it can cause severely distorted posture, and, for some, breathing problems. At the Scoliosis Center, physicians avoid taking unnecessary X-rays, and individual treatment is designed with the developing child's needs in mind.

Says Dr. Raggio, "at each checkup, we use an instrument called the Scolometer to measure for possible changes in the spinal curvature. If no changes are found, we do not X-ray, and when X-rays are indicated," she continued, "they are taken in a manner that minimizes radiation, especially when the patient is an adolescent girl."

Where severe curvature is found, the Center uses a lightweight plastic brace, called a Wilmington Jacket, that is custom fitted to the contours of the body. The only hospital in the Metropolitan area to use this device, Schneider finds that young patients are more willing to wear it since its construction and light weight does not make them look or feel different.

"Less than 1% of the Scoliosis patient population has a curve severe enough to warrant surgery," Dr. Raggio notes, "and when a parent and child are referred to us, we schedule an extended orthopedic consultation to discuss diagnosis and therapy options, and to alleviate the fears they have. We also recommend a second opinion to make sure the family is well informed about the child's condition, prognosis and treatment possibilities, before they make any

decisions."

For further information, contact Long

Island Jewish Medical Center, New Hyde Park, 718/470-8090.



DR. CATHLEEN RAGGIO fits a young scoliosis patient with a Wilmington Jacket, a unique, custom-designed, lightweight brace which conceals the spinal curve caused by scoliosis.

Before School Starts

Readying the children for school takes knowledge, time and lots of patience. It usually starts with a trip to the shoe or sneaker store and questions about properly fitting shoes and healthy foot development.

Syosset Podiatrist Dr. Mitchell Cooperman, President of the Nassau County Podiatric Medical Association, has a few pointers to help guide parents in their children's foot health and footwear quest.

To ensure the healthy development of their children's feet, parents should take a look at the total condition of each foot. Late August is a time when warts make their appearance on the bottom of the foot. They look like small calluses with tiny black dots. They are reasonably easy to eliminate if cared for when they are still small. Warts are skin viruses which rarely disappear by themselves. Over-the-counter remedies may be ineffective and can cause significant skin irritation if not used cautiously. Professional care is recommended.

Athletes foot is caused by a fungus...a microscopic plant which, like any other plant, grows well in a warm, moist environment. Look between the toes where the fungus can cause the skin to crack, leading to a bacterial infection superimposed on the principal infection. This type of infection can spread rapidly through the foot and must be treated vigorously with topical antifungals and oral antibiotics.

Infected, ingrown toenails occur often when children, not knowing how, decide to cut their nails. Teach them that nails should be cut straight across with no angled corners. Treatment options are limited to removing the ingrown portion of the nail, soaks (warm, NOT hot water) and oral antibiotics to control the infection.

The list of what is or is not normal in the foot is virtually endless. When in doubt, ask a Doctor of Podiatric Medicine—a podiatrist—the doctor who spends all of his/her professional time on diagnosing and treating foot problems. If readers don't have a podiatrist they can trust, they should contact the Nassau County Podiatric Medical Association at 248-4749 for a recommendation.

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B A C K T O S C H O O L

Plainview Physical Therapy

A comprehensive rehabilitation and fitness center, Plainview Physical Therapy Center provides individuals with a unique approach to physical well being and fitness. Staffed by physical therapists, physical therapy assistants, athletic trainers and exercise physiologists, the center develops a team effort to help each patient recover. The group stresses the importance of the patient's role in the rehabilitation process, encouraging the individual to take responsibility for his or her therapy, becoming a vital link in the team effort.

Each program is individually designed for the patient, based on the cause of the injury or illness, and developed to take into consideration each person's special needs, in order to treat the whole person, not just the symptoms of the injury. Health care associates monitor the patient's daily rehabilitation activities to assure complete and open communication between patient and therapist.

The center also offers a variety of fitness programs to enhance an individual's daily life, with specialized regimens developed by a trained exercise physiologist and tailored to individual's needs and goals.

Clients are interviewed personally and a detailed health and fitness history is taken. Plainview Physical Therapy Center will help you lose weight, creating a nutritionally balanced diet which meets your personal profile. And, utilizing the latest equipment, the center will train you in strength and endurance, prepare you for competitive athletics, and tone your body with low impact, low intensity aerobics, assuring cardiovascular and muscular endurance. Nutritional programs designed to help you lose weight, maintain that loss, and enhance your health are part of the center's well rounded physical fitness program.

The center's equipment includes Eagle, UBE, Monark, Cybex Plus Two, Ariel, Fitron, Treadmill and Free Weights. Rehabilitation patients are helped by trained therapists using a variety of modalities, including whirlpool, traction, colpac, high voltage stimulation, variable muscle stimulation, hydrocollation, ultrasound, etc.

For complete details, call Plainview Physical Therapy Center, 25 Central Park Rd., 935-1958.

private schools, as well as pleased parents. The Center for Direct Instruction offers courses which meet twice a week in: Reading, Comprehension, Writing, Spelling,

Math, Earth Science, and Pre-Chemistry. For further information: (516) 352-3630 or (718) 332-0760.

The Center For Direct Instruction

As teachers prepare to return to school, The Center for Direct Instruction begins to prepare its teachers. This unique after school learning center, which began with 3 students six years ago, has locations in New Hyde Park (2 minutes from L.I.J.) and in Sheephead Bay, Brooklyn. State certified teachers receive 30 hours of training in direct instruction philosophy, direct instruction programs and in positive behavior management, before the beginning of each semester: fall, spring, and summer. Teachers continue training on an individual basis throughout the semester under the supervision of the CDI's director or a top national Direct Instruction consultant.

Since the most recent research clearly states an effective teacher is one of two crucial ingredients needed for successful learning, the Center places strong emphasis

on the quality of each teacher's academic presentation and positive interaction with students. An effective instructional tool is the other necessary ingredient. With a body of research now beginning its third decade, direct instructional programs repeatedly have been proven the most effective instructional tool. The programs have been designed based on the philosophy that everyone can learn. "Everyone" includes those called dyslexic or learning disabled, those less able or needing remediation, as well as those with average or gifted abilities.

The Center is proud of its steady growth and the recognition that it is receiving for its services. New Center students are frequently recommended by the Learning Disabilities Hot Line, psychologists, local universities, teachers, administrators and guidance counselors of both public and

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POSTHERPETIC NEURALGIA - SHINGLES

Despite a difficult name, postherpetic neuralgia is a very well known disease, especially to its victims and their families. It is commonly called shingles and is caused by the Herpes Zoster virus.

This condition, which is more likely to occur in people over 50 years of age, affects the skin as well as the nervous system. Red blisters appear and eventually heal and leave some scarring. The residual pain that occurs after healing of the acute eruption is referred to as postherpetic neuralgia. This pain is described as burning and stabbing, varies in intensity throughout the day and is often associated with extreme sensitivity of the skin to the slightest touch.

The experience of severe pain over a prolonged period of time tends to change the patient's behavior. Anxiety and depression are common in all patients with postherpetic neuralgia who are faced with prolonged misery. These patients usually limit their range of motion and activity, eventually changing their personal and social relations.

Once developed, postherpetic neuralgia is resistant to therapy. Therefore, every effort should be made to prevent the establishment of a persistent pain pattern, particularly in the elderly who are at greater risk.

Early sympathetic nerve block therapy is a well recognized, effective treatment for prevention of postherpetic neuralgia. In addition, the simultaneous injection under the skin of a mixture of local anesthetic and cortisone have been shown to be very useful. While any injection can be painful, procedures are always begun by first injecting a local anesthetic into the skin with a tiny needle so that the rest of the procedure will be relatively painless. Additional therapy includes topical and oral medications, electrical stimulation (TENS), physical therapy and psychological support.

THOMAS SZULC, M.D.

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B A C K T O S C H O O L

When You'd Rather Be Dancing...



Martha Merideth's School of Dance, 31 Ira Rd., Syosset, has been called one of the top dance schools on Long Island. Perhaps her success can be expressed by her unique philosophy: "Dance," says Ms. Merideth, "is a special education that helps a person develop feelings of selfhood which can help them in nearly everything they do in life...it can help them develop better self presentation, better delivery."

Her school is in its 10th year, and her students have graduated to professional parts in city dance companies and Broadway productions, often opening their own dance companies. A highly regarded instructor, Ms. Merideth is committed to developing each aspect necessary to a dancer's career, enhancing the student's techniques as well as his or her physical, mental and spiritual control.

For those students not interested in a career in dance, the school offers classes in interrelated fields such as dance therapy and dance photography.

Students range in age from four to adult, and Ms. Merideth will work with "anyone

willing to learn...and work. It's not a place to just come in and take classes," she comments.

The school offers ballet, jazz and musical theatre dance, with a staff of professional dancers who are affiliated with leading dance companies and colleges in Long Island and Manhattan.

Potential students are interviewed individually, in a process she calls: "Consulta-

tion and Examination:" a physical interview which includes an examination of the candidate's skeletal alignment and breathing. Younger students at the Martha Merideth School of Dance learn only the movements of dance, not total dance patterns. "When a child of eight or nine begins ballet," she says, "I don't want them saying 'I want to learn something else, I've already learned all about ballet.'"

When your infatuation with dance is more than a passing fancy, Martha Merideth's School is the place to strengthen your passion. For more details, call 921-2912.

Woodward Offers Program For Troubled Youth

Families looking for an alternative to public school placement for youngsters with emotional problems can still register them at Woodward Center in Freeport.

Woodward provides a comprehensive day program blending special education and therapy for emotionally troubled children and young adults. Included are an accredited high school program, a program for preschoolers with behavioral problems and support for families. Services, open to residents of Nassau and western Suffolk, ages 3-21, are individualized to meet each

youngster's needs. Education and transportation costs for school-aged children are paid by their school districts. Fees for mental health services can be paid by Medicaid or private insurers and no one is denied services because of inability to pay.

Now in its 31st year, Woodward is a non-profit, voluntary agency and a participating member of United Way of Long Island.

For registration information, call the center, located at 201 West Merrick Road in Freeport, at (516) 379-0900.



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PAL Girls' Softball/Boys' Baseball News

Seacrest-TOBAY Triathlon—A First for Nassau County

By Charlette Anstey

GIRLS JUNIOR DIVISION

August 16 Royal Blue 22 Yellow 9
The mighty Royal Blue team just keeps winning away! Coaches Nancy Galdo and Tony Sicari had the following to say about their team: Kristy Haley is playing the outfield and infield well. Even though Pam Benicken, Cattie Geannikis and Lisa Petrocelli are on vacation, we know they are with us in spirit. Deborah Coffey exhibited fine fielding in the outfield and did a good job at hitting. A fine job at pitching and excellent playing at first was done by Debbie Drew. Sandy Drew had a good night at the plate and made two terrific plays behind the plate playing catcher. Carolyn Galdo pitched three fine innings allowing only three runs to score, and she also had a two triples at bat. Donna Hess is playing well in the field and had a good night at batting. Katie Kelly had one strong inning of pitching and two triples at bat. Kristi Mullally is doing a fine job at third base. The fielding and batting of Devin Reynolds is improving. Lorraine Sayer played fine in the outfield and catching. Samantha Sicari is doing well behind the plate catching. Coaches Nancy Galdo and Tony Sicari said their team, on a losing streak for the last three games, was determined to play and work harder. They accomplished this with many nice plays in the field and good hitting.

GIRLS JUNIOR DIVISION

The terrific Green Team has played four games during the past two weeks and has won by scores of 33-11, 11-7, 8-6 and 14-7. The girls are all playing very well. Defensively, Danielle Buffolino, Pamela Pangas, Laurann Dubecky, Beth Murphy, Michelle Corrado and Kelly O'Connell have done a fantastic job of pitching. All the girls on the team have played three or more fielding positions and

are doing quite well getting the opposing team out. Offensively, Elizabeth Dubecky, Kristen Anstey, Michelle Corrado, Beth Murphy, Laurann Dubecky and Pamela Pangas have all hit homers. Kristy O'Connell, Danielle Buffolino, Kelly O'Connell, Tara Kielty, Tabitha Strauss and Christine Peters have all hit very well and are consistent in getting on base. This team is very diversified and all the girls have made major contributions to help establish a record of eight wins and three losses. Manager Kathy Pangas extends special thanks to Coaches Brian Dubecky, Joe Corrado and Mr. Kielty for their contribution and assistance in making this a very enjoyable softball season.

GIRLS JUNIOR DIVISION

August 18 Royal Blue 18 Red 11
Pam Benicken and Lisa Petrocelli continued their vacations this week. Deborah Coffey's fielding is improving and she is doing a good job in centerfield and third base. Fine playing at first base by Debbie Drew, who is also hitting well. She is doing a fine job behind the plate catching. Carolyn Galdo is doing well at shortstop and had a double and homerun at bat. Playing good shortstop was Kristy Haley, who also had a double at bat. Katie Kelly had two good innings of pitching and did a good job at shortstop and also had a triple at bat. Kristi Mullally had two good innings of pitching, did a fine job at second base and also hit a double. Devin Reynolds, for the first time this season, was on the mound with two good innings of pitching, did fine fielding and had a double at bat. Good fielding in centerfield by Lorraine Sayer who also played second base. Samantha Sicari did a fine job in the field and had three walks. Coaches Nancy Galdo and Tony Sicari said team spirit is high and players are making many nice plays in the field.



ROGER LOBERTO (in the foreground) director of the Seacrest-TOBAY Triathlon, charges from the water during the 1987 Westport Connecticut Triathlon, which originated the concept of team play.

Triathlon fever will be hitting Nassau County on Sept. 24.

The first Seacrest-TOBAY Triathlon will be held that morning, starting at the Town of Oyster Bay's Centre Island Beach in Bayville at 8:00 a.m. with a one kilometer Swim in Oyster Bay Harbor, continuing with a 12 kilometer bike ride and finishing with a five kilometer Run—both through scenic roads of Bayville.

Budding tri-athletes are encouraged to participate either individually, or as a three person relay team—with each of the three team members doing one of the three individual events. The cost is \$20 for an individual entry and \$30 for a three person team. A special commemorative T shirt will be given to every entrant, and post-race refreshments will be available for all.

The relatively short distances will make

the Seacrest-TOBAY Triathlon a perfect triathlon for beginners, as well as great opportunity for veteran triathletes to go all out for personal records. Awards will be presented to the top three male and female individual finishers in each of 12 age groups, as well as to the top three male, female and co-ed relay teams in each of four combined age groups. Special awards will be presented to the top three "family" relay teams (including at least one adult) regardless of age.

The Seacrest-TOBAY Triathlon is being sponsored by the Seacrest Diner at Mineola with the cooperation of the Town of Oyster Bay Division of Beaches, and is being administered by the Plainview-Old Bethpage Road Runners Club. Entry forms and more information can be obtained from Triathlon Director Roger Loberto at 433-0041 or from POBRR President Mike Polansky at 437-0010.

TOB Bluefish Tournament September 11

The Town of Oyster Bay's annual bluefish tournament is slated for September 11 when 350 boats will take off from Theodore Roosevelt Park to catch the biggest and best the Long Island Sound has to offer.

Prizes for the annual event will be awarded to the top 10 finishers, with first, second and third place winners receiving plaques and \$2,000, \$1,000 and \$600 Oyster Bay Marine Supply gift certificates, respectively. All those who register before August 31 will receive a tournament tee shirt and be eligible for various fishing-related raffle prizes, including a seven-foot fiberglass dinghy by Yankee Boat Works.

All contestants must be pre-registered and have paid the \$10 per person entry fee. Boats and/or fishermen must be checked out of the boat or dock ramp between 5 a.m. and noon, and checked in by 5 p.m. with fishing taking place during these hours. Bluefish must be caught by hook and line only, gutted or altered fish will be disqualified and the winning catch will become the property of the sponsors.

The contest will be held rain or shine, with cancellation only if small craft warnings are

issued, in which case the tournament will be moved to September 18.

Registration forms can be obtained at Town Hall South, local libraries or by calling the town at 704-1000. Completed forms must be received at Town Hall South, Parks Department, Recreation Division, 977 Hicksville Road, Massapequa, N.Y. 11758; or Oyster Bay Marine Supply, 47 W. Main Street, Oyster Bay, N.Y. 11791 (922-8010).

Jack Sussi, a professor at the United States Merchant Marine Academy and member of the International Game and Fish Association and the American Littoral Society, will share judging responsibilities with Don Notine, also a member of the International Game and Fish Association as well as the Wall Street Anglers Association.

Molson, New York Seltzer, Moussy, Coca-Cola Bottling Company, Reinhard's Restaurant, Yankee Boat Works, Canterbury Ales and Eagle Snacks are all sponsors of the tournament.

An awards ceremony and tail gate party will follow the contest at approximately 5:30 p.m. for all participants at Theodore Roosevelt Park.

Obituaries

James Palladino

James Palladino, a resident of Hicksville, passed away on Aug. 5.

Mr. Palladino is survived by his wife, Mildred, and his daughter, Virginia Pryziner.

Religious services were held at Thomas F. Dalton Funeral Home, Hicksville Chapel, on Aug. 9.

Theresa Silver

Theresa Silver, a resident of Hicksville, passed away on Aug. 10.

Pre-deceased by her husband, Stephen, Mrs. Silver is survived by her daughter, Carol Sullivan, her sons, Stephen and John, her sister, Mary LaRocca, her brother, Stanley Owshank, and four grandchildren. A Mass of Christian Burial was said at St. Ignatius R.C. Church on Aug. 16. Interment followed at Long Island National Cemetery under the direction of Vernon

C. Wagner Funeral Home.

Virginia M. Poynter

Virginia M. Poynter, a resident of Hicksville, passed away on Aug. 13.

Mrs. Poynter is survived by her sons, Bill and Jimmy, her mother, Clara Biowell, and her brothers, Roy, John and Charles.

Religious services were held at Vernon C. Wagner Funeral Home on Aug. 16. Interment followed at Roslyn Cemetery.

Robert H. Kappelmann

Robert H. Kappelmann, a resident of Hicksville, passed away on Aug. 15.

Pre-deceased by his wife, Barbara, Mr. Kappelmann is survived by his mother, Anita Kappelmann, and a sister, Audrey Rousselet.

Religious services were held at Vernon C. Wagner Funeral Home on Aug. 18. Interment followed at Evergreen Cemetery.

Religious Services

BAPTIST

First Baptist Church Liszt St. and Pollock Pl., Hicksville. Tel. 938-7134. Kevin J. Rawlins, Pastor. Services: Sunday morning worship at 11:00. Sunday night gospel hour at 7:00. Sunday school for ages cradle through adult at 9:45 a.m. Wednesday evening prayer at 7:30.

CATHOLIC

Holy Family Church 5 Fordham Ave., Hicksville, 11801. Tel. 938-1242. The Rev. Bernard J. McGrath, Pastor. The Rev. Peter L. Duvelador, Asst. Pastor. The Rev. Domenico Gradolito, Asst. Pastor. Masses: Sundays in the Church 7:30, 9:00, 10:15 and 11:30 a.m.; 12:45 and 7:00 p.m. In the School at 10:30 a.m. Saturdays at 8:00 and 9:00 a.m. and 5:30 and 7:30 p.m.

Our Lady of Mercy R.C. Church 500 South Oyster Bay Road, Hicksville, 11801. Tel. 931-4251. The Rev. James E. Bossert, Pastor. The Rev. Charles A. Garner, The Rev. William Donnelly, The Rev. John Fenick. Masses: Sundays in the Church-Saturday evening at 5:00 and 7:30 and Sundays at 7:30, 9:15, 10:30 and 11:45 a.m. and 1:00 p.m. In the lower church-8:30, 9:45 and 11:00 a.m. and 12:15 p.m. Family Mass on the third Sunday of every month at 11:00 a.m. in the lower church. Weekdays at 7:00, 8:00 and 9:00 a.m.

St. Ignatius Loyola R.C. Church 125 Broadway, Hicksville, Tel. 931-0055. The Rev. Frederick Hamer, Pastor. The Rev. Edward Tarran, Administrator. The Rev. Peter Liu and Weekend masses: Saturdays at 5 and 7:30 p.m. Sundays at 7:30, 8:45, 10 and 11:15 a.m.; 12:30 and 6:00 p.m. Daily Masses at 7. Also 9 a.m. and Saturdays at 9 a.m. during August.

COMMUNITY

St. Thomas Community Church Stewart Ave. at Levittown Parkway, Hicksville, 11801. Tel. 938-1293/931-9055.

The Rev. Douglas R. MacDonald. Services: Sundays at 9:30 and 11:00 a.m. Church School and Infant Care at 9:30 and 11:00 a.m. Midweek Bible Study on Wednesdays at 8:15 p.m.

EPISCOPAL

Holy Trinity Episcopal Church 130 Jerusalem Ave., Hicksville, 11801. Tel. 931-1920. The Rev. Dominic K. Cianella, Rector. The Rev. Anne E. Lyndall, Deacon. Services: Holy Communion on Wednesdays at 9:30 a.m. Holy Communion on Sundays at 8 and 10 a.m.

GREEK ORTHODOX

Holy Trinity Greek Orthodox Church 20 Field Ave., Hicksville, Tel. 433-4522. Fr. George Stavropoulos, Services: Sunday Orthos at 8:30 a.m. Divine Liturgy at 9:30 a.m.

JEWISH

Congregation Shaarol Zedek New South Rd. and Old Country Rd., Hicksville, 11801. Tel. 938-0426, 938-0422. Services: Saturdays at 8:00 a.m.

Hicksville Jewish Center Jerusalem Ave. and Maple Dr., Hicksville, 11801. Tel. 931-9323. Rabbi Joseph Grossman. Services: Friday evenings at 8:30. Saturday morning at 9:30.

Jericho Jewish Center (Conservative) North Broadway, Routes 106/107, Jericho, 11752. Tel. 938-2540. Rabbi Stanley Steinhart, Cantor Israel Goldstein. Sabbath services at 9:00 a.m. Junior Congregation meets at 10:45 a.m. Morning services Mon-Fri at 7:30 a.m. Sundays at 9:00 a.m. Evening services Sun-Thurs at 8:00 p.m. Friday candlelighting time, Sat sundown. Special Family service on the first Friday of each month at 7:45 p.m. Affiliated with the United Synagogue of America.

LUTHERAN

The Lutheran Church of St. Stephen 270 South Broadway, Hicksville, 11801. Tel. 931-0710. The Rev. Frank L. Nelson, Pastor. Services: Sundays at 9 a.m. Wednesdays at

8 p.m.

Redeemer Lutheran Church 17 New South Road, Hicksville, 11801. Tel. 938-8693. The Rev. Dr. Theodore S. Grant. Services: Sundays at 9 a.m.

Trinity Lutheran Church 40 W. Nicolai St., Hicksville, 11801. Tel. 931-2225. The Rev. Wayne Patis, Pastor. Services: Saturdays at 7:30 p.m. Sundays at 8:15, 9:45 and 11:15 a.m. Sunday School at 9:30 a.m. Nursery Care at 9:30 a.m. for the 9:45 a.m. service.

METHODIST

United Methodist Church Old Country Rd. and Nelson Ave., Hicksville, 11801. Tel. 931-2626. The Rev. Richard Smeltzer, The Rev. Dale Whelan. Services: Sundays at 8:00, 9:15 and 11:00 a.m. Sunday school from 9:00 to 10:30 a.m. The Bus Ministry of the Church operates every Sunday to bring people

to Sunday School for the 9:15 a.m. morning service.

NON-DENOMINATIONAL

The Church of Hicksville 17 Herzog Place, Hicksville, 11801. Tel. 822-6330. Harold Butler, Pastor. Services: Sundays at 10:30 a.m. Sunday school at 9:30 a.m. Prayer meeting on Wednesdays at 8:30 p.m. Home Bible Study Group.

Church of Christ 105 Broadway, Hicksville, 11801. Tel. 935-3655. The Rev. Tom Goodlett, Minister. Services: Sunday worship at 11:00 a.m. Bible School at 10:00 a.m. Midweek Bible Studies, call for time and location. A limited ministry is provided for all services.

PRESBYTERIAN

First Presbyterian Church 474 Wantagh Ave., Levittown, 11756. Tel. 731-3808. The Rev. Robert A. Williams, Pastor. Services: Sundays at 9:30 a.m. Child care for pre-school children.

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<p>The Garden City Jewish Center 168 Nassau Blvd., Garden City, N.Y.</p> <p>Offers you and your family:</p> <ul style="list-style-type: none"> • Reform services - Friday 8-45 p.m. • Religious School - FREE for new members (Reg. 9/11). • Socially, culturally active Youth Group • Bar/Bat Mitzvah training • Reform philosophy - Conservative as well as Interfaith couples welcome • Membership dues among the lowest in Nassau • Rosh Hashanah, Yom Kippur services (Sept. 12, 13, 21) <p>For information, please call: (516) 742-5523, (516) 742-5096.</p>	<p>6 Services</p> <p>NEED A PAINTER? Interior/Exterior, free estimates Reasonable prices Call 759-1797</p> <p><small>SAL THE TAILOR custom tailoring & alterations, Ladies & Men 32 Glen St., Glen Cove, N.Y. 11542 676-3737</small></p>	<p>4 Catering</p> <p>Having a Party? We'll cater! Call: Donna or Doreen 242-2605 243-1958</p>	<p>AUTUMN SPECIAL 10% Discount on all Exteriors Chimneys, Garages & Fireplaces Any Renovations sold before Sept. 31, 1988 FREE ESTIMATES Fully insured & licensed 30 years in business 516-437-2715</p> <p>FENNESSY Enterprises</p>	<p>FASANO CUSTOM HOME IMPROVEMENTS Window and door replace- ments, decks, kitchens, etc. 100% BASEMENT FRAMED AS LOW AS \$495. Licenses and insured. 516-473-1735</p>	<p>DG PAINTING Quality Work David Gagliardi Interior • Exterior Benjamin Moore Paints Staining & Wallpaper Removal FREE ESTIMATES 516-232-2782</p>
<p>WINDOW CLEANING Honest Work For A Fair Price • Gutters Cleaned • Scheduling within a week • FREE Estimates CALL MARK TODAY! 549-3067</p>					

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"I think it's more than a visit. His doghouse is in our backyard!"



"This means the bathtub for me and the garden hose for you."

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GCHEMP-MUST SELL! REDUCED
\$15K! Lux 2 BR, 2 1/2 bths. Condo w/patio, basmt., extras. Only \$220,000. Call Grace 486-6965. Hart R.E. 466-1010.

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3 bdrm, 2 new ceramic baths, pool, terrace, space to spare. Mid \$200's. Hart R.E. 466-1010.

GREAT NECK "YUPIES DELIGHT". Hedge cove bdrm, closets pet allowed. \$300,000 + us.
LOVE NEST one bdrm, din & powder rm. Perfect! \$118,000. Hart R.E. 466-1010.

HILTON HEAD SC-Shigard Villa on Golf Course. Pool, tennis, 2 BR, 2 1/2 baths. Avail 8/13, 9/20, Sept. 1, Oct. 1, Nov. 201-839-2240.

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ALL YOU NEED IS THE KEY

Move right into luxurious waterfront condominiums. Studies, 1 & 2 bedroom fully furnished, even towels and dishes, plus private pool, tennis and beach.

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READY FOR IMMEDIATE OCCUPANCY
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Waterfront adult Condo 2 BR, 2 bath, C/A/C, MANY EXTRAS!
\$300,000's
McCrate Realty
883-2900

53 Homes For Sale

ATLANTIC BEACH EAST. Beautiful private beach 1/2 block to beach, 3 BR, porch, garage. Low tax, immed. occupancy. \$235K neg. 516-473-2654.

BAYVILLE
Builder's Closeout
New Homes
Minutes from LI Sound beaches, boating, spas, 4 BR/colonnade, den with frpic, 2 1/2 baths, full basement, garage, AC, central vac systems \$325,000.
Builder 516-671-0797
Eves. 516-759-0153

BELLEROSE Legal 2 family, 1 car garage, full aluminum sided, fr. basement, maintenance free, 3 baths, full carpet thru-out, 30x100, great location for schools, transportation, off Cross Island Pkwy. \$225,000. Even Mon-Fri. 8-7:30-143-0388. Eves. Tues. Wed. Thurs. 6-9. 516-775-8231.

BELLEROSE VILLAGE Custom cabin ranch LR formal DR, EIK, 4 BR, 3 baths, den, walk RR, 30 min NYC. Extras \$399K. Owner 516-437-5920.

BROOKLYN VIC./ GLEN HEAD
New home w/prof'l suite in prestigious 3-room-home design. Perfect for the working doctor, lawyer, etc! 1st floor has large 2nd floor suite with bath, 2nd floor has LR w/pt. DR, EIK, 3 BR, 2 1/2 baths, full basement, 2 car garage. Every luxury including C/A/C, dishwasher, double oven. One of a kind offering. Asking \$379,000.
Bauer Associates 671-8525.

DEAR EDITH! Don't get lost in the crowd when you call Edith! Call HART Confidential Interview. Hart Realty. 466-1010.

GLENWOOD LANDING New exclusive Charming 2 BR, 2 baths, LR w/frpic, lovely oversized property. Owner anxious. Asking \$275,000. GIL REALTY. 371-2300.

GOVERNMENT HOMES
From \$100 U-Repain delinquent tax properties and repos. For current lists call 1-800-232-3457. Ext. 1192 also open evenings.

53 Homes For Sale

DIX HILLS
Children's Paradise
Colonial on 1/2 acre. Spotless 5 BR, 3 1/2 baths, large LR, formal DR, large kitchen, separate breakfast area, brick fireplace, family room, oversized garage, C/A/C & vacuum. Private club pools & tennis courts within walking distance.
Asking \$48,000.
Phone Eves:
643-6026

ELMONT
Hi Ranch, mint. brick, dead-end street. Attached garage, deck, 3 BR, lower level, 3 BR & 1 full bath. Main level 2 BR, EIK, Full DR.
Low \$200's.
Vera Whitmarsh
516-489-5174

FARMINGDALE \$209,000
NEW CONSUMPTION RANCH
3 BR, 2 ceramic tile baths, oak floors, 3 baylights, LR & 2 formal DR, full basmt., sep. entrance, all garage 50 x 150, outside maintenance-free. Suitable home based business.
OWNER 937-0378

FLORAL PARK VILLAGE
Large Lovely Brick
Legal 2.
Fragrant COLONIAL GARDENS Fireplace 2 car garage, 5 BDR, 2 1/2 Baths, LR, DR, Kit, Breakf. RM, LG, finished Fla. room, LG, family rmden with 15ft. wetbar, Impccable. Reduced from \$989,000 to \$695,000 Owner.
Day 516-228-3828
Eves/Wkends 516-747-8265

GARDEN CITY MUST SELL
Below Market Must Move
4 BR, 3 baths, large family room, skylights, guest wing, new air & baths, new gas furnace, central A/C, frpic, new appliances.
A MUST SEE \$559,000
516-747-8322.

GARDEN CITYSTATES
Lg Custom Brick Slate English Tudor Cottage w/stained leaded glass windows. Separate 2 car garage, 5 BDR, 2 1/2 Baths, LR, DR, Kit, Breakf. RM, LG, finished Fla. room, LG, family rmden with 15ft. wetbar, Impccable. Reduced from \$989,000 to \$695,000 Owner.
Day 516-228-3828
Eves/Wkends 516-747-8265

HICKSVILLE
Bethpage S.D. Expanded Ranch w/walk-to-wall carpeting, 3 BR, Den, Formal DR, Freshcobasement, 2 Baths, Electric eye garage, Professional Landscaping, Anderson windows and much more!
Low \$200's
KACEE
935-8442

HUNTINGTON COLD SPRING AREA
5 BDR, 3 1/2 Bath, Rugos Path
GREAT STARTER HOME, mint condition 26 year old expanded Cape, Approx. 1/2 acre, 4 Bedrooms, living room, frpic, DR, 2 full baths, EIK, basement w/Laundry/Walkshop.
GREAT AREA
692-6138
OWNER NEG
230K

KINGS PARK-split level 3 BR, 1 1/2 bath, EIK, LR w/frpic, new deck aluminum siding & gutters. Top schools \$179,000 724-6736

NEWLY RENOVATED PORT WASHINGTON
Charming Col. offers spacious family living in a lovely neighborhood.
1st floor LR, w/epgdeok, powder EIK, DR, laundry room, boiler room, 15'x20' den w/underground bayand windows, BR, aluminum french doors to 16'x20' deck.
2nd floor 1st BR, 2nd BR, w/frpic, master BR suite w/athedral ceiling, panel fan bath, his & hers closets, fireplace w/windows & spiral staircase to 2nd fl. Romantic deck for daily morning coffee, sunbathing & evening relaxation. Fenced yard w/Scarsbury w/ view of NYC 5 min. drive.
Priced right at \$325,000.
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MILL NECK Beach front cottage \$475,000.
MIKE TALBOT 927-6877

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516-354-9431

53 Homes For Sale

53 Homes For Sale

53 Homes For Sale

53 Homes For Sale



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A mere sprint to the Sound, your closest neighbor is nature. Homes built the Old-Fashioned way with modern conveniences everywhere. Your exciting new investment will also provide the highest calibre schooling, convenient access to all highways, and of course, great local recreation!

Prices from \$270,000 to \$365,000

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Revival Of A Bygone Era!
Cobble Court Realty, Ltd.
Entrusted Sales Agent
Rosanne O'Sullivan, Broker
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MANHASSET JUST LISTED

Charming, Center Hill Colonial features 5 BR, 2 1/2 baths, LR w/frpic, formal DR, Den, MOD kitchen w/breakfast area. Huge breakfast area. Attached 3 car garage. Easy Walk to R/R.
\$458,000
ACCENTS REAL ESTATE
29 Park Ave. Manhasset 627-9360 944-7171

PORT WASHINGTON JUST LISTED

Recently renovated 4 BR, 2 new bath, Village Colonial. Charming front porch, LR w/frpic, lg formal DR, Den, Mod. EIK, MANY FEATURES, including heat, new roof, new plumbing, etc.
Must be seen \$375,000
ACCENTS REAL ESTATE
163 Main St. Pt. Washington 944-7171 627-9360

SEA CLIFF Waterfront Cottage 2 BEDROOMS

COMPLETELY REFRUBISHED Interior & Exterior \$950/mo. Yearly lease References required
Telephone: 671-7374

CATSKILLS DELAWARE COUNTY

5.1 Wooded open acres, Private Rd, Electric, Spring/Stream views, cleared pond & Park Rights. Hunting, ski-deer run 10 minutes. Window 25 min. 5 minutes to Stamford. Pool, hospital, tennis, golf, shopping. Asking \$25,000.
Owner's PM 925-566-0743
Call Wkends 607-852-2693

MANHASSET MUNSEY PARK

Large newer home features LR w/frpic, formal DR, Large kitchen w/breakfast area. Huge family room, 5 BR, 2 1/2 baths, \$690,000 Or Rent \$3500
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available from government from \$1 without credit check. You repair. Also tax delinquent foreclosures. Call (800) 662-7555 Ext. H-1122 for repo list in your area.
SEA CLIFF New Exclusive Charming Dutch Colonial. Completely refurbished. 4 BR plus lovely family room with fireplace plus legal 2 BR guest cottage. Asking \$449,000. GIL REALTY 671-2300

53C Out Of Town Real Estate

AMHERST, MA CONDO-year round,avail 9/1 2 BR, 1 1/2 baths, frpic, deck, CAC, tennis, pool \$875/mo. 516-482-3809

GREENPORT LI-Waterfront

Condo/Boat slip, pool, tennis 2 BR, 2 1/2 bath tower house. Priced below comp new models. \$275,000. Call: 516-365-7949/477-2783

SHELTER ISLAND WATER FRONT LOT

Boaters paradise build the home of your dreams in this exclusive wooded perfect! \$290,000

FANTASTIC OFFERING
like new, 3 yr old home. Maintenance free Cedar Ranch. Open floor plan, 3 BR, 2 bath, Cathedral ceiling, 2 electric tinted skylights, central vac, oak flooring, huge wrap around deck, all appliances, full basmt, oil heat, built in BBQ. Ready to move in!
ONLY \$210,000

STERLING HARBOR 749-3300

SEA CLIFF WATERVIEW
Multi-Family
Magnificent mod. triplex, frpic, appliances, decks, parking, exc. income tax loss.
Asking \$588,000.
Exclusive with
COVE REALTY 621-6161

53C Out Of Town Real Estate

STRATTON MTN. Ski condo Trailside by lift, Heart of new village 2 BR, 2 baths, \$215,900 Sports Complex Membership included.
305-9833

UP STATE
2 Bedroom Cabin on 102 acres with pond, meadows & mountain views with view 2 miles from Deer Run Ski Resort, Deer & Turkey rifle country. Owner \$180,000. 616/234-2549 After 5 p.m.

OTSEGO COUNTY Update NY Your own Window Wonderland peaceful seclusion with 2 ponds for front yard. Best of all an INDOOR POOL & spa w/ adjoining Game Rm. Barn 24x80. All on 70 acres. \$235,000. -34507
COLDWELL BANKER
LOBDELL REAL ESTATE
Oneonta N.Y. 607-432-9173

53A Mortgage Loans

STOP FORECLOSURE!
Falling behind on your mortgage payments? We can help! No payments up to 2 years! Bad credit, bankruptcy or unemployment is not a problem! Foreclosure assistance available for the divorced and self-employed. Consolidate bills. Save your home.
THE SWISS CONSERVATIVE GROUP
203-454-4404 203-454-1336

53D Vacation Homes

MONTAUK NEW WATERFRONT COND
Sleeps 4, heated pool, hot tub, sauna, prt. beach, fall weekend special, 3 day, 2 nite \$325. Week day and full week discounted.
549-9859

56 Plots For Sale

CEMETERY PLOT-Plainview Old Country Rd. Hickville Located in Garden of prayer. \$800. Call 914-227-5376

53E Foreclosures

FORECLOSURE LISTINGS
Nassau & Suffolk Counties and NYC Area Buy Real Estate Below Market Value.
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31/2 gr. bluff/white sand beach. Warm water. 1 to 37 acres \$18,000 and up to 100+ acre.
CALL: 902-436-7236

House Calls

By Edith Lank

Borrowers Aren't Paying

Dear Edith: I sold a piece of property and took back a mortgage. Next year, the balloon payment is due. The buyers have not paid their taxes for two years. How will that affect the final payment? I've written the tax bureau so they'll let me know what's happening. Do you think I should speak directly to the buyers as to their payment plan? We are senior citizens and don't need this problem with all the others we have.—F. and G.Y.

Those unpaid taxes represent real danger and you must act promptly. Don't ask the borrowers what they intend to do; have a lawyer tell them what they'd better do, or else. Your attorney will investigate the tax situation and explain what steps you should take to protect your interest.

Dropping the Liability

Dear Edith: You wrote that when a mortgage is assumed, the original borrower still remains personally responsible for the debt. After we read that, we called our mort-

gage company.

They advised us that if they screen the buyer who is assuming my mortgage and if they accept him as a credit risk, then we are relieved of all further obligation. But, if we sign the mortgage over without their screening, we could be responsible in case of default. Is this accurate?

Strictly accurate. In the earlier column, I didn't mention the possibility of the first borrower being released from liability ("formal assumption") because the procedure you describe is seldom followed. Those assuming a mortgage—second borrowers—often do so because they want to avoid paperworks or because they cannot meet back standards.

(Senior citizens can plan on selling their long-time homes free of federal income taxes with a special tax exemption. For a copy of the leaflet, *That \$125,000 Tax Break*, send \$1 and a stamped, return envelope to Over 55, 240 Hemingway Drive, Rochester, N.Y. 14620. Edith Lank will also answer personally any letter with a return envelope.)

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A U T O M O T I V E S E C T I O N

62 Wanted Auto

ALL Used Cars Foreign, Domestic, Exotic. Prof. service. Top \$\$\$. We visit you. Jon Jay Inc. 826-5611

JUNK CARS REMOVED WE BUY LATE MODEL WRECKS HIGHEST \$\$\$ 671-0179

63 Autos For Sale

Mercedes 1958 219, 6cyl, gas, semi-auto, good for parts or possible restoration. \$3000 call days. 747-8965

DODGE ASPEN 1979 Auto, 4 dr, 8 cyl, AM/FM, A/C, Good running cond., \$500 Best offer. 997-8022

MERC 1982 LINX Compact Wagon-Excellent cond. 38K miles, 4 dr, 4 sp, 1 year. Extended warranty \$2500 neg. 422-2080

'85 CHRYSLER Le BARON GTS sun roof, auto, ac, ps, pb, am/fm stereo. Like new Asking \$3,500 868-5441

BUICK SKYLARK '84 Restore. 11 parts car. Cheap 427-2030

BUICK SKYHAWK Red, am/fm cassette, auto trans, excellent cond. \$3500 NEG. 369-5014

CADILLAC CONVERTIBLE '84 Eldorado, all white, loaded. Mint 14k orig. miles. Owner. 516-367-3500.

CAMARO 1978 Silver, Red interior, 2nd owner, new tires, new brakes, new exhaust, AM/FM Stereo, AC, Hi miles. Asking \$1,000 or Neg. 328-2289

CHEVETTE '82 Ac, auto, ps, pb orig. 27,000 miles. 294 0081 after 6pm.

CHEVY 1978 utility pick-up truck, holds 1 ton, towing package. Asking \$1,200 or neg. 328-2389

CHEVY 1979 4 WD PICKUP

Black, mint cond in and out. Beautiful vibrant interior. 4" lift kit. Monster Mudders, fog lights, am-fm stereo, cassettes, speakers, new engine, overized cam many extras. \$7,500 neg. 671-5732 after 5pm or leave message. All calls returned promptly.

CHEVY 1979 Malibu, 4 dr, \$1,000 Neg. excellent cond. 747-3548

CHEVY 1968 S10 Total Package 19,000 mi running boats, push guard, power windows & fill 516-334-9989

CHEVY CAMARO

1984 Berlineita, Automatic, cruise control. White exterior, dark blue/black interior, A/C, power windows, power locks. Triops (no leakage!) AM/FM Dolby cassette stereo. MINT CONDITION! \$5,000. Call: 747-6282 ext. 166

CHEVY VEGA '73 Great Sta. car. New tires and clutch. 427-2030

CONFISCATED CARS trucks, boats, 4 wheelers, motorcycles by FBI, IRS, DEA. Available in your area now. Call 805-682-7555 ext C-1114

CORVETTE '79 Full Power Claret/Burg, louvers, spoilers, maps 4 spd. 98K. Mon/Thurs. 516-271-1044. Sat. 516-921-5292. \$7500

Camaro 77, automatic, great condition. 6cyl. 60,000 original miles. \$3,500 Call Heidi at 826-6275

Corvette 1955 Mint 5 out. Red Not orig. Call for details 671-5732

DODGE ARIESK 1981. 51K. 4 DR. 4 cyl. exc cond. in-out. asking \$1250 neg. 864-3482

DODGE ASPEN Station Wagon. ac, ps, pb, am/fm cassette, new brakes, alternator water pump etc. good condition \$750. 516-725-8710

FIAT SPIDER Conv. 1975. 5sp. new brakes/wheel bearing/battery. Needs paint \$750. 516-437-9503

FORD FAIRLANE 500 "CLASSIC" 1957, 5 dr, AT, V8, body excel. Inter good, needs some mechanical work. Nice car! \$4,000 516-271-6095

FORD Pick-up 1981, w/cap. great condition, low mileage, 5 speed. Priced for QUICK SALE. \$2,200 516-483-9922

HONDA ACCORD 1986 LX, 32K fully loaded, 5 sp, ac, am/fm cassette, Dark Grey 59950. Call after 4:30 922-7450

HONDA STATION WAGON 1983 5 spd, brand new engine, brand new transmission, no rust or dents, new tires, clean \$3000 call 516-922-1533 Days. 516-273-2105 Eves.

MERCEDES-BENZ '73 280 Sedan auto, P/S, A/C. Excellent throughout. \$3650. 676-6520

MERCEDES BENZ SLC 1979 Showroom cond. \$20,700. 599-6272

OLDSMOBILE 1986 Cutlass Supreme Broughm, 4 dr., low mileage, all power, am-fm stereo tape, wirewheels. A1 Cond. \$9000 674-4296

PLYMOUTH '76 Volare/slant 6 engine. Runs well. Good sta. car. \$300 516-944-9995

PLYMOUTH RELIANT 1981 2 door, ps, pb, am-fm, ac, only 56,000 miles. Excellent condition. Contact 922-0727

PONTIAC FIREBIRD 1968 AC, All power, tilt wheel, Navy/Velour interior. \$8500. Call 516-742-8807

OLDS 1979 DIESEL LUXURY RESTORE/PARTS

Excellent body, all power working, ac, stereo, needs motor work or conversion to gas.

MAKE OFFER 671-1509

PONTIAC 1984 FIREBIRD P/S, P/B fully loaded. 71,000 mi. 56,000. Call Jerry at: Days: 294-6811 ext. 424 Eves: 223-4425.

PONTIAC 85 PIERO SE. 5sp. 24K mi, all options. BLACKGRAY interior. Original Owner. Showroom cond. \$7,450. Days 933-3358 Eves 266-6947

PLYMOUTH '85 5 window Coupe runs have all parts needs restoration. Best offer Over \$1,000. 671-5187

SUBARU GL wgn-'84 4WD loaded, excel Cond. \$6800 or assume lease. Call 683-4330

VW 1974 LOVEBUG New engine & front end. Mint cond. Original owner. Call eves Best Offer. 754-2475

VW Rabbit '80. 4 Dr. 5 Spd. new engine and tires. Needs clutch. Solid station car. Asking \$800. 627-5257.

1984 Mercedes Benz 500 SEL Gray Metallic, Excellent Cond! Reasonably priced 1987 Porsche 924 Red, immaculate Cond. 5 spd. trans, ac, low miles. Priced for quick sale.

1981 Mercedes 360 SLC in white with very low miles. A beautiful older Benz in very good repair.

MAZDA Great Neck 240 Northern Boulevard (516) 829-6020

63A Foreign Autos MERCEDES-BENZ '73 280 Sedan auto, P/S, A/C. Excellent throughout. \$3650 676-6520

63D Antique & Classic

FOR SALE - 1931 Model A Ford Sedan Mint Condition 516-627-3649 Call in eve

YEAR END CLEARANCE NEW '88 MAZDA'S PRICES NEVER LOWER

EXAMPLE:
NEW 1988 929 \$17,385

Includes Electric Moon Roof
Doesn't include Transportation, Taxes, and Title

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ST. BLAZER PICK-UP	\$750
	\$500

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Kids-for-Kids All-Star Charity Ball Game Scores a Hit for AHRC



THE NASSAU Association for the Help of Retarded Children (AHRC) will benefit from a baseball tournament to be held August 27 at the Abe Levitt Complex at the rear of the Dutch Lane School. The competition features boys' baseball and girls' softball in which young people from the Hicksville Baseball Association, Police Activity League and St. Ignatius CYO will be participating. Organizers of the event are: (front) Charlotte Amstey, Donna Martillo, Al Ciaccio, Jenny Anderson; (rear) Gary Lewis, Michael Famiglietti, Dave Nelson, Jack Zeller, Buddy Goodrich and Mike McInerney.

The Hicksville community is invited to attend the Kids-for-Kids Boys' Baseball/Girls' Softball All-Star Charity Game on August 27 at the Abe Levitt Complex. All monies will be donated to the Association for the Help of Retarded Children (AHRC). In addition, members of the New York Islanders will sign autographs, pose for pictures and talk to the fans and players.

Hicksville can be proud of these young men and women; not only are they active in sports, but most are involved in other community programs and are on the honor rolls. When this charity game started last year, only two teams from two organizations participated—Hicksville Baseball Association (HBA) and Hicksville PAL (Police Activity League). This year, the new kid on the block is St. Ignatius CYO (Catholic Youth Organization).

Now, six teams are involved, providing a learning experience not only for the youths involved, but for the adults as well. All have learned the meaning of compromise; for example, there were three types of pitching in the girls' softball divisions. The coaches of all three leagues met, discussed and compromised on one type of pitching that was amenable to all parties involved.

The boys were easier, since there was no pitching problem, however, each division had different rules and these had to be discussed and compromises as well.

All parties involved send a special thank you to the Town of Oyster Bay, for helping maintain the fields, and to the Hicksville School District.

The Abe Levitt Complex is located on Stewart Avenue and Levittown Parkway in Hicksville. The rain date for this event is Sunday, August 28.

The following is the starting line up for each team:

Name	Position
Gina Abarno	Rightfield
Shannon Linnehan	Centerfield
Christy Higgins	3rd Base
Melissa Arcuri	Pitcher
Mary Brzozowksi	1st Base
Nichole Pendergast	Shortstop
Karen Zeller	Leftfield
Kimberly Amato	Catcher
Jennifer Nagle	2nd Base
Dawn Connors	S.C.F.
Robin Chambers	Sub.
Erin Bartley	Sub.
Kristen Rooney	Sub.
CYO 12-Year-Old Girls	
Jennifer Viesti	Left Centerfield
Theresa Brannan	2nd Base
Kathleen Kelly	Pitcher

Christine Spina	Shortstop
Jennifer Quinn	Leftfield
Livia Cirillo	1st Base
Lauren Guerriero	Catcher
Adrienne Leptich	Sub.
Michelle Martillo	Sub.
Laura Snowden	Right Centerfield
Jennifer Peters	3rd Base
Claire Sullivan	Rightfield

HBA 12-Year-Old Girls	
Stephanie Granice	1st Base
Stephanie Anderson	Shortcenter
Lynn Ruggiero	Shortstop
Ranee Savin	2nd Base
Jennifer Rella	3rd Base
April Rodriguez	Centerfield
Shannon Faulkner	Rightfield
Lisa Ferraro	Catcher
Kathleen Campbell	Leftfield
Marybeth Kessler	Pitcher

CYO 13-Year-Old Boys	
Michael Famiglietti	1st Base
Bryan Higgins	2nd Base
Richard Woodworth	Shortstop
Adam Grecco	Pitcher
Michael Longo	3rd Base
Luke Johnson	Rightfield
Tommy Carolan	Sub.
Danny Longo	Leftfield
Chris Gioia	Centerfield
Brian Fayda	Catcher
Joe Rizzo	Sub.
John Blaser	Sub.

HBA 13-Year-Old Boys	
Greg Schaezler	Shortstop
Chris McInerney	Catcher
Steve Perloff	1st Base
Anthony Ciaccio	Pitcher
Greg Figlia	Centerfield
Josh Danforth	3rd Base
Mike Spreckels	2nd Base
Lon Facini	Leftfield
John Flynn	Rightfield
Sea Kanawada	Sub.
Tom O'Hara	Sub.
Ed Russo	Sub.

PAL 13-Year-Old Boys	
John Simonello	2nd Base
Greg Huertas	Catcher
Danny Goodrich	Pitcher
Pat Gerakaris	Leftfield
John Yee	Centerfield
Brian Anstey	1st Base
Mike McKenna	3rd Base
Carl Rice	Shortstop
Kristen Love	Rightfield
Michael Graziose	Sub.
David Pagano	Sub.
Scott Galdo	Sub.
Jason Dammes	Alternate

Marching Comets Gear Up for Success

By Jim McCrann

A marching band is a unique art form as well as an age-old American tradition. According to James McRoy, the Hicksville High School Band Director, what makes a marching band so unique is that it is one of the only groups where everyone is a soloist. "If you lose one person," he said, "You lose an integral part of the whole package."

In order for a marching band to be successful, it must include dedicated, hard-working and energetic members. These qualities can be found among the students in the Hicksville High School Comets Marching Band. During this past week, band members and staff braved the sultry summer weather to participate in a band camp, held at the high school. The purpose of band camp was for the band members to learn the show they will perform at competitions this fall.

Many aspects of a marching band are covered during camp; these include music, basic marching, marching to a drill, and color-guard work. In order for instructors to bring out the best in their students they instill strict discipline. Failure to abide by the rules may result in fifteen pushups or two laps around the track. "The importance of discipline," according to Mr. McRoy, "is to get yourself keyed into what you have to do and to do it."

So from 9 a.m. to 5:30 p.m., all week long, the band members were subjected to constant rearranging, instruction and discipline.

The band members' reactions to band camp contrasted to some extent. Some members found camp more difficult than they had anticipated; whereas others found

it easier. Also, many members seemed to enjoy camp. But there are things that the overwhelming majority of the band did agree upon. First, they entirely agreed that this camp was more successful than the previous one. Second they agreed that the fruits of their labor included much more than a sunburn or tired feet; all are pleasantly surprised at the enormous amount they accomplished. For the most part, the band is extremely proud of themselves.

As for the staff at band camp, they wholeheartedly agreed with their students. Mr. McRoy said he was never taught at a camp that has progressed so well. Phil Grusenmeyer, assistant band director, believed that the fundamentals taught at camp could be a key to this band's success. From this band camp stems an aura of optimism; this optimism is being shared by all those associated with the band. William Gagnon, Supervisor of Fine Arts for the Hicksville Schools, is "Looking for bigger and better things. It's just going to be a great year."

Drum instructor Jim Moehringer would, "Like to see Hicksville put on the map for something more than just where Billy Joel went to school or where the big drug bust was."

One more ingredient comprises every successful band; that is, support from the community which is represents. The emotional impact of a warm ovation can give this band the last piece of the puzzle for its success.

The first competition is September 18 in Huntington. This is an ideal time to see what the band has built from a sturdy foundation in band camp.

Ebbets Captures Roosevelt Beach Title: Sets Sights on Cantiague Park Champs

An overall record of 26-5 helped Ebbets Field Cafe win the Roosevelt Beach League Play-offs recently. The team swept through the play-offs, defeating Dads and Eder Nursery 17-5, McKenna's Pub 14-9 and East Street Cafe 16-6.

In the best of three series, in the finals, Ebbets beat Mike Gallant's squad in two well-played games by both sides. Ebbets' Joe Longo said, "I felt I out-coached and out-hit Mr. Gallant their coach and star pitcher."

He was only kidding. . . both coaches are best buddies. Coach Longo was also quoted as saying, "The hardest decision I had to make was what restaurant Coach Gallant will take me out for dinner."

Throughout the entire play-offs, Craig Kiley put on an offensive clinic. Other offensive stars were Billy Lawson, Mike Donahue, John McNamara, Frank Pecararo, Chris Walsh and Frank Scapanato.

Defensively, the team played super, including a ground ball triple play: third base Mike Donahue to second base Dave Faverio to first base Billy Lawson.

Other defensive stars were Rich Wahlen and Ed Byrnes, whose fence climbing grab helped win a game. Superb pitching by Bob Frische and Tom Walsh kept the opposing hitters in check.

The team this week is going after the Cantiague Park Championship, and soon after will be packing for the Vermont Tournament on Labor Day weekend. Good luck, guys.

Champions 85, 86, 87 Softball '88 Stats Record — 40-10		Cantiague Park Roosevelt Beach		Won	Lost					
		Total		11	5					
				30	5					
				40	10					
Name	AB	R	H	2B	3B	HR	RBI	SB	BB	Aug
Frank Pecararo	266	73	86	25	3	10	71	9	3	528
Billy Lawson '75	263	81	94	33	1	25	74	3	14	576
Chris Walsh '79	150	70	89	23	3	19	83	5	3	593
Craig Kiley	146	81	101	22	4	27	94	9	4	692
Rich Diaz	139	43	66	12	5	2	45	7	5	475
Mike Donahue	144	68	90	15	9	10	83	2	8	625
Rich Wahlen '76	139	48	58	12	1	3	51	10	8	477
Ed Byrnes '78	142	49	74	25	0	0	30	4	0	521
John McNamara '78	140	56	84	10	3	0	47	3	4	600
Bob Frische '74	120	30	54	5	5	4	40	1	3	491
Dave Faverio	107	40	57	5	3	1	22	2	1	539
Frank Scapanato	89	35	40	13	2	4	32	2	7	517
Tom Walsh '73	55	17	26	3	0	1	17	5	4	473
Joe Longo '78	52	14	24	5	0	0	14	3	2	462
Ernie Hupter '75	27	4	8	2	0	0	3	1	0	296
Tom Kinsella '82	19	4	6	0	0	0	6	1	1	315
Kevin Dowling '80	13	4	4	0	1	0	4	0	0	308
Phil Gramaglia '76	3	0	1	0	0	0	0	0	0	333
Chris Schaefer	5	1	1	0	0	0	0	0	0	200
Chris Duffy	16	7	6	1	2	0	2	1	2	375
Doug Dwyer '73	4	0	2	0	0	0	3	0	0	500
Home Run Total - *115										

EDITORIAL AND OPINION

A Letter from Lulabelle...

...I have noticed a strange expression that many people use and I am wondering from whence it came. They say, "I graduated high school." I looked it up in the dictionary, and, just as I suspected, graduate is an intransitive verb (remember that from English class?) and cannot take an object. One graduates from a school—one cannot graduate a school...and that's just one of the bloopers that we, the picky ones, keep fretting about. (Now there's a preposition ending a sentence and that was always a no-no)...I so often hear, "He gave it to Jerry and I." Now, no one would say, "He gave it to I," and the correct way to determine which word to use is to leave out the "and" in the sentence and that makes it easy—you know immediately that it should be, "He gave it to Jerry and me"...and have you noticed how many priests and ministers say, "Everyone should give according to their means? Everyone is singular and should give according to his means...All the young people today have everyone going instead of saying, as in "John goes, "You wanna date?" and I go, "Sure," but all I can do about that is to correct my kids so often that they're afraid to speak at all...One of my friends was delighted recently when she caught me making a real blooper. I said *restauranteur* and that word has no n—it's *restaurateur*...By now you may think that I have been being foolishly pedantic, but those of us who love the English language take great delight in trying to be correct. Just remember how popular William Safire's column in the *Times* magazine every Sunday has become...So, after reading this, someone more erudite than I will write to tell me of the errors in this letter—and I'll be delighted to correct myself!!!

©M
Yours, Lulabelle

The Investor's Corner By Dr. Joseph P. Frey

Understanding Dividend Plays

All over the TV news and on business programs, you come across the term "dividend play." Since some of my students do not understand the term, it is quite possible that my readers do not know what it is.

The term refers to a market phenomenon that has grown up out of a quirk in the Japanese law for one industry. In Japan, the insurance companies are only allowed to pay out to their stockholders money in the form of dividends that they have received as dividends. That means that money to the stockholders cannot come from the normal profits of the insurance companies. It probably is a measure designed to protect the policy holders so that the payouts against claims are sufficiently covered. While we do not have a similar restriction in this country, we have others that are designed to do the same thing; especially in New York State.

Second, the transaction that captures the dividend does not affect the market in any fundamental way. It only increases the volume of the market dramatically. It is usually a flat trade.

Third, it is very hard to make money by doing dividend plays as an individual. The volume, and therefore the commitment of capital has to be massive. I have had people tell me that they can make money doing a dividend play, but I doubt it when the transaction costs are deducted. To make money you have to be a big player, like an insurance company or a bank. If you, as an individual want to try, I advise you to use the cheapest discount broker for the trade. This will reduce the transaction costs sufficiently for you to have a chance with some of the larger dividend payers.

So what is a dividend play? Essentially what happens is this. A firm buys and sells a dividend paying stock on the last day that the stockholder will receive the dividend. As the owner on that day, the dividend will be received. The next day at the most, or as soon as the dividend is yours, you sell the stock back to the person or institution from whom you purchased it (borrowed would be a better term, it is a different form of a repurchase agreement). They will buy it back at a price known as "ex-dividend." That is, the price of the day before minus the dividend that was paid. Maybe there is slight premium. All other considerations aside, when a stock goes "ex-dividend," it is for the exact amount of the dividend. The minimal transaction fees are the only cost for the big players. The costs for the smaller player are considerably higher because you usually do not have the contacts to borrow the stock. You pay brokerage. This increases your chance for loss.

You can see that everyone is happy. The buyer because they have the dividend income (if you're a Japanese company, to pay the stockholders). The seller loses nothing because the stock usually is borrowed and they get it "ex-dividend," so they have the difference up front without waiting for it, the stock market because the transaction goes across the tape and they get their fees. In addition, the stock market is doubly happy because it keeps the volume up and makes the market look more alive. This makes some investors feel that the 10/18 blues are less and that people are getting back into the market. In actuality, nothing has happened to fundamentally change the market or the marketplace.

If you want to try, just look in the financial papers for the dividend announcements. Note the days and times.

There is little risk in a dividend play unless there is a market cataclysm as happened on October 19, 1987. There is also little for you to gain. Besides, you have to pay taxes on the dividends. Corporations get partial forgiveness.

What the Politicians are Saying

ASSEMBLYMAN CHARLES J. O'SHEA (R-C, Baldwin) said that applications are available in his district office for certain disabled veterans in New York State to apply for free travel on the New York State Thruway.

In order to qualify for the permit and the license plate veterans must have a severe service-connected disability and have a vehicle currently registered in their name. These plates are not subject to the \$15 special registration fee, but a \$7 fee must be paid. Interested individuals may receive an application by calling 781-3565.

GOVERNOR MARIO M. CUOMO has noted that drinking a glass of wine with a meal each day may not seem like a hazardous activity to most people, yet a pregnant woman consuming this amount of alcohol could be endangering the health of her unborn child. Current research shows that Fetal Alcohol Effects (FAE) and the more serious Fetal Alcohol Syndrome (FAS) are the leading causes of birth defects and related mental retardation.

New York State has demonstrated a firm commitment to this limited information problem in the past, and all efforts must continue. A bill requiring the statewide distribution of FAS warning posters is currently under consideration in both the Senate and the Assembly.

U.S. REP. ROBERT J. MRAZEK (D-Center) has announced that he is accepting applications from high school or college students who are interested in an internship in his Huntington district office for the fall semester.

Any interested students should forward a resume, writing sample and two letters of reference to Rep. Mrzek's office at 143 Main St., Huntington, 11743. Further information may be obtained by calling 673-6500. Applications must be received by Sept. 9.

With no evidence to support their claims that radar detectors are a safety threat, New York lawmakers including SENATOR NORMAN LEVY, are attempting to outlaw the devices in heavy trucks. A motorists' rights group warns that if this legislation is successful, a complete radar ban would be next.

Radar detectors have become saddled with a reputation for causing speeding and reckless driving, but officials explained that such a reputation is largely a fabrication. Before a citizen's freedoms are restricted, there has to be overwhelming evidence that there is a problem and that this is the only solution.

Would you know if a fire broke out in your home during the early morning hours? In 1986, 460 individuals died in fires, 43 percent of them (195) in early morning blazes. An additional 5,660 people were injured.

Recently, a law was passed, for which JOHN C. COCHRANE voted in the Assembly, to require all one- or two-family dwellings in the state to have smoke detectors installed and maintained by the building owner. The smoke detectors must provide an alarm that can be heard in each sleeping area of the residence. The new law will go into effect on Nov. 23 of this year.

Anton Community Newspapers of Long Island

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Glen Cove Record Pilot Great Neck Record Manhasset Press Port Washington News Roslyn News Nassau Illustrated News Elmhurst
Floral Park Dispatch Farmingdale Observer Hicksville Illustrated News Levittown Tribune Massapequa Observer Plainville/Old Bethpage Herald
Oyster Bay Enterprise Pilot Syosset Tribune Jericho Tribune Westbury Times Garden City Life The Long Islander Northport Journal East Northport Voice

Reader Writes About Long Island's Power Crisis

Thursday, August 11 was a critical day for Long Island. LILCO's total generating capacity of 3834 megawatts was barely able to meet the maximum demand of 3806 megawatts at 4 p.m. This energy demand is more than the state LILCO settlement projected for the summer of 1990. On Monday, August 15, despite pleas from LILCO to conserve energy there was an even higher demand of 3816 megawatts! (A megawatt is about 1340 horsepower and would light ten thousand 100 watt lamps). Long Island desperately needs reliable electrical power capacity now.

On Monday, August 15, Con Edison had a record high demand, and was forced to shut off power at 13 Manhattan towers to prevent complete system failure. Hot weather and high usage, which prevented equipment from cooling, caused another power failure in Staten Island; while in Manhattan, scores of businesses without power were shut down. Consolidated Edison's problems are bad news for Long Island because most of LILCO's imported energy comes from Con Edison. Long Island critically needs reliable electrical power capacity now.

Entire Northeast Short of Power
Long Island and the Northeast are critically short of electrical power capacity. Monday, August 15, utilities were cutting back power

from Massachusetts to Virginia. Blackouts, brown outs, power alerts and power failures are almost a daily occurrence in Manhattan, Staten Island, Westchester, Long Island and upstate New York, along with plant shut-downs and power failures spreading to the Metro-North. Sooner or later power failures will involve the Long Island Railroad and NY City subways.

The Northeast load has been growing but its capacity to service the load without Seabrook Nuclear Power Station has not. Construction of Seabrook was stopped by political and environmental interference, spearheaded by Governor Dukakis. Its owner, Public Service Company of New Hampshire, was forced into bankruptcy. Finally at least one inland Connecticut Nuclear Power Plant, exhausting into river water, has reduced its output because of higher than normal river water temperature. This would not happen with Shoreham which exhausts heat into the coastal waters of Long Island Sound.

Maximum Use for LILCO's Equipment
LILCO's load has been growing year by year, (4 percent for the last three years) but its capacity to service the load, without Shoreham, has not. Many of their older, less economic, plants are in need of constant attention. Hot weather and high usage,

preventing adequate cooling, subjects much of LILCO's older equipment to the possibility of major breakdown. Normally such plants are on standby status, or retired. They cannot be shut down for normal maintenance, because of critical need to supply the load for which no alternate sources of energy exist.

Low Availability of Imported Energy
LILCO ties, for importing power are scheduled for full utilization. Reliability problems anywhere in the power short Northeast, (especially Con Ed) will immediately affect Long Island. Furthermore when demand is high LILCO may not be able to import sufficient energy to carry the load, even though tie-line capacity is available. With Shoreham abandoned, no alternate sources of energy supply in place, and LILCO plants and ties operating at capacity, power alerts, brown outs, black outs and power failures will occur frequently. Long Island critically needs more electrical capacity now.

Shoreham's Power May Be Only Answer
The Shoreham Plant has 850 megawatts of clean reliable dependable electrical power capacity available quickly. It has been engineered as safely as modern technology can make it. During thirty years of commer-

cial nuclear power, no public deaths, or injuries, have resulted. During the same period thousands of lives have been lost in collapsing dams serving hydroelectric plants and water resource projects, explosions in natural gas mains and plants, and in mining, handling, and burning coal for use in coal plants.

The New York Power Authority operates a sister plant, Fitzpatrick, and the Indian Point Plant. It has a qualified nuclear operating staff and a good record of safety. The LILCO Vice President in charge of Shoreham has operating experience with the Fitzpatrick Plant. The Shoreham plant is practically complete; why not let The New York Power Authority operate Shoreham now? It will solve Long Island's energy problems now and for many years in the future.

The availability of dependable, reliable, economic energy is an index of civilization. Only in Banana Republics is electrical energy furnished on a basis "maybe you will get, if we have it." If readers agree with my views, I urge them to write their Assemblymen, State Senators and Congressmen.

Abandoning and decommissioning Shoreham at a predictable cost is impossible. Refusing to use Shoreham's almost immediately available electrical capacity is an act of ultimate stupidity. Operate Shoreham now.

Frank J. Hollenbach, P.E.
Magnetics Controls, Inc.
President, Huntington, L.I.

ROBERT R. McMILLAN'S

Direct Line

Where have the giants in public life gone? While it is generally accepted that the name of the game in politics is to win, we seem to have a lack of genuine debate on all but a few subjects at the national level and even fewer at the local level.



Robert R. McMillan

Single issue politics abounds. The adage is do not judge a political candidate on the full record. Judge him or her by a standard you would never apply to your own family or your best friend.

Has single issue politics killed genuine political debate or has the interest in winning at all costs—even sacrificing personal beliefs—become the dominant approach? It is probably a combination of things. A television news program may deal with as many as ten to twelve subjects, and not very often in depth. Newspapers try to create debate but often intimidate those with opposing views to the prevailing community sentiment. Surface treatment does not encourage a great deal of debate. Most in government today try to avoid controversy at all costs. Just think of what Long Island would be like today if one of the most controversial figures in state government had not left an imprint here.

For well over thirty years, one man, Robert Moses, held significant island-wide power over the development of our destiny. While he did more to shape our island than most others, he was, at the same

time, arrogant, high handed and foresighted. Just think what the face of Long Island would have been without this man. He created hundreds of miles of our most beautiful parkways—from Northern State to the Southern State and from the Meadowbrook to the Sagtikos.

In addition to our parkways, he was the mainspring in creating our most beautiful recreational areas. Because of this giant, we have thirty six miles of beach-front parks, including the world famous Jones Beach. But all of this was not created without controversy.

For example, during the construction of Jones Beach, Robert Moses was told there was only enough money to have dredging equipment come to Zach's Bay for one and one-half months. He argued, to no avail, that the need was for three months. Finally, he "gave in" and the equipment was moved to Zach's Bay during December. Work commenced. But, Bob Moses knew beforehand that the Bay would freeze solid the next month. There was no way for the equipment to move until the following Spring. Since they were there and could not leave, Robert Moses convinced them to continue working!

The development of Levittown is another example of political courage which should shine as an example for today's political leaders. Right after World War II, there was a tremendous need to provide housing for returning veterans. In the face of tremendous opposition, the political leaders of the area came together and made sweeping zoning and construction code changes. The result was the building of Levittown, with housing veterans could afford.

Progress on our great Island will only come if we are willing to debate the issues confronting us and then take the necessary steps to deal with our future. From affordable housing for our seniors and young families to dealing with environmental challenges, we will have to make some important choices. For Long Island's sake, let us hope that we will always have full debate and a Robert Moses or two to take strong and courageous action.

Questions and opinions may be addressed to Mr. McMillan, Anton Community Newspapers, 132 East Second Street, Mineola, NY 11501.

Letters From Our Readers

Letters to the editor are welcomed by the editors and publishers of the Anton Community Newspapers. However, they must follow certain guidelines in order for us to print them: they should be as short as possible; we reserve the right to edit in the interest of space; they MUST be signed (a typed name at the bottom will not suffice); they must include an address and telephone number so that we can verify their authenticity. We receive many line letters which we would like to share with our readers, but we are unable to use them because they are unsigned or have a typewritten name only. We cannot publish every letter we receive because of space limitations, but we try to present both sides of all issues. Personal attacks and letters considered to be in poor taste will not be printed.

To The Editor:

The editorial, "Do You Know the Telephone May Be Injurious to Your Child?" (August 11, 1988), rightly points up the need for family communication concerning use of the so-called telephone "party" lines. Responsibly used, they offer a wholesome and entertaining way for young adults to exchange views with their peers on various topics.

But not all "party" lines are created equal. Some cost more than others. The New York Telephone-transported "550" party lines cited in the editorial do not, as the writer suggests, cost \$2 for the first minute. "550" lines actually cost a nominal 20 cents for the first minute and 10 cents for each additional minute. With "550" lines, 10 minutes worth of conversation costs \$1.10. For 30 minutes, it's \$3.10.

Yet, advertised party lines with numbers preceded by either a "700" or "900" prefix

and transported by long distance carriers, such as AT&T—do cost more. Some, considerably more, and the costs can mount quickly. In fact, it may be wise to do some "shopping."

New York Telephone also strongly urges parents and their children to talk about the Do's and Don'ts of "party" lines. They can be fun. And, with the proper guidelines, the fun is reasonably priced, as most of our customers have discovered.

At New York Telephone we lease equipment to the providers of these "550" lines and do the billing for them. By law, we have no say about the program's content. We cannot censor. Therefore, what we have done is to make an ongoing offer to our customers to "block" access to the "550" lines from their telephones. It resolves a dilemma.

We have also:
—disseminated cautionary advertising about

these services, including "Talking to Strangers Can Be Costly," published in this newspaper.

—mailed to our customers, brochures describing how the services work, what they cost, and urged discussion between parents and young adults on proper use of the "party" lines.

—established a flexible payment approach, including a waiver of many first-time charges for bills connected with these lines.

The profit from the "550" lines, like that of our other services, helps to offset expenses incurred in providing telephone service statewide and in subsidizing our Lifeline telephone discount for low-income families. Not everyone will use all of the services we offer. However, in using one or even some, our customers contribute to stabilized telephone rates for everyone in New York State.

Roger Cawley
New York Telephone

Olympic Athletes Have Special Address

To speed mail along to U.S. participants in the 24th Olympiad, the Republic of Korea's postal administration advises that mailers use the following format:
Participant's Name
Participant's sport/competitive event
c/o United States Delegation

MARTIN BURNS Our Man IN Washington

According to the General Accounting Office (GAO), a large number of service stations in the New York area have been selling consumers regular gas at premium prices. According to the GAO, for each tank of regular gas that is sold as premium, a service station makes \$2 in profits. In New York City, 135 service stations were cited for selling regular gas as premium in 1986. This total amounts to approximately 8 percent of the city's service stations.

In an effort to deal with this problem, Rep. Charles Schumer (D-NY) has introduced H.R. 5182. This piece of legislation would amend the Petroleum Marketing Practices Act to strengthen the enforcement of labeling the octane rating of gasoline. Although the Environmental Protection Agency (EPA) does have the authority under current law to investigate service stations, it is difficult for the EPA to enforce it with its present resources. Schumer's bill would allow state and local agencies to assist the EPA in their enforcement function. H.R. 5182 would also raise the fine for posting false octane ratings.

The Senate Labor and Human Resources Committee has approved a measure which, if enacted into law, would enact significantly tougher standards for medical laboratory testing. The legislation, the Medical Testing Improvements Acts of 1988 will among other things: Mandate the annual inspection and licensing of all laboratories which perform clinical lab tests (this would also include laboratories that are located in physicians' offices). Establish minimum proficiency test performances for clinical lab technicians and establish uniform testing standards. These new regulations would be enforced by the Department of Health and Human Services.

Olympic Village
Songpa-gu
Seoul 138-150
Republic of Korea

The mailing address will remain in effect during the 33-day interval that the Olympic Village is in operation, Sept. 2 through Oct. 5.

4-DAY STOREWIDE SALES

SAVE 20%, 30%, EVEN 50%!

TAKE 25% OFF TICKET PRICES ON ACCESSORIES

Sunglasses. All styles for men and women, 25% off.
Challis scarves. Our entire collection for women, 25% off.
Summer shoes. All already reduced styles for women, an extra 25% off.
All already reduced intimate apparel, an extra 25% off.

TAKE 20% AND 25% OFF TICKET PRICES ON FORWARD FALL COATS FOR MISSES

New jackets. Wools and active looks with down or poly filling, selected styles, 25% off.
Luxury fabrics. Selected camel hair and cashmere blends, 20% off.
Winter wise wools. A collection of smart styles, 25% off.

JUNIORS, TAKE AN EXTRA 50% OFF TICKET PRICES ON ALL ALREADY REDUCED CLOTHING!

TAKE 25% OFF TICKET PRICES ON MISSES' SPORTSWEAR, SEPARATES AND DRESSES

Skirts and pants. All styles by Katie Brooke and Hunter, 25% off.
Dresses. All already reduced styles, an extra 25% off.
All already reduced sweaters and blouses, an extra 25% off.
Jantzen, White Stag, Koret and Dunner: all already reduced styles, an extra 25% off.
Better sportswear: all already reduced styles, except swimwear, an extra 25% off.
All already reduced girls' apparel, 4 to 14, an extra 25% off.

MEN, TAKE 25% OFF TICKET PRICES ON NEXT SEASON NEWS

All B. Altman's shetland and lambswool pullover, cardigans and vests, 25% off.
All our own flannel and corduroy sportshirts, 25% off.
All already reduced shoes for men, an extra 25% off.

TAKE 1/3 OFF TICKET PRICES ON BEAUTIFUL RUGS

Lavish orientals. Every hand-woven Chinese rug in our collection, 1/3 off.
Charming dhurries. Every hand-woven dhurrie in our stock, 1/3 off.

TAKE 25% AND 30% OFF TICKET PRICES ON AT-HOME LUXURIES

All flatware. All sterling, silver-plated and stainless steel flatware, 25% off.
All lamps. Our entire stock, except Waterford and floor samples, 25% off.
All clocks. From grandfather elegance to wall clocks to kitchen casuals, 25% off.
All fireplace gear, including screens and tools, 25% off.

TAKE 25%, 30% AND 40% OFF TICKET PRICES ON BED, BATH AND TABLE LINENS

All printed sheets and accessories, 30% off.
All blankets and bedspreads, 30% off.
All bed pillows and decorative pillows, 30% off.
All curtains and draperies, 30% off.
All bath accessories and our entire closet shop, 30% off.
Thirsty towels. All jacquard and all printed styles, 25% off.
Royal velvet and Facets, discontinued towels and bath rugs, 35% or 40% off.
All table linens and kitchen textiles, 30% off.

TAKE 25% TO 65% OFF TICKET PRICES ON SUPERB FURNITURE AND BEDDING

Cherry and mahogany bedroom, dining room and occasional furniture. Our entire stock by Crescent, 25% to 40% off.

Baker. Our entire stock of Baker dining room, bedroom and occasional furniture, 30% off.
Quality bedding. Every mattress and box spring set from Simmons and Stearns & Foster, 30% to 65% off.

TAKE 20% AND 25% OFF TICKET PRICES ON AUTUMN-AT-HOME HOUSEWARES

Casual furniture. Every piece in our stock, 20% or 25% off.
All already reduced Oneida flatware, an extra 25% off.
Summer housewares. All already reduced stocks, an extra 25% off.
All pro cookware from Calphalon, Cuisinart and Scanpan, 25% off.
All gadgets and cutlery, 25% off.
All Chemex coffeemakers, 25% off.

Revere Cookware. 45% to 55% off. Saucepans, skillets, stockpots, bowl sets for example. **Only \$1.99 each.** Limited quantities.

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Northern Boulevard, The Gate, Manhasset, 627-3800. Shop 10:00 to 6:00, Mondays and Thursdays till 9:00, Sundays 12 noon to 5 p.m.
Now, 5 easy ways to say "charge it!" at B. Altman's. Use your Altman Account, Visa® MasterCard™, Diners Club, or the American Express® Card.

Doctor Strevey Named Head of County Medical Center; Announces Plans

By A. Anthony Miller

The county executive's candidate for executive director of the problem-plagued Nassau County Medical Center is a tough, no-nonsense career army officer and an eminently skilled doctor, whose first priority, if confirmed, will be to work with the existing strengths of the hospital and overcome its perceived weaknesses, including mounting malpractice claims, an alleged morale problem, and a severe nursing shortage.

Dr. Tracy E. Strevey, Jr., army two-star general, board-certified thoracic surgeon, and skilled administrator, is a 35-year-old 20-year veteran of the service, whose appointment is expected to be confirmed later this month, and who will assume his duties at the East Meadow hospital Sept. 15. In announcing the appointment Aug. 9, County Executive Gulotta called Dr. Strevey an "eminently qualified medical professional." His appointment follows an intensive seven-month search which winnowed down 150 applicants to a final list of eight candidates.

A 10-member search committee participated in the selection. Its members included health professionals, a retired deputy county executive, the president of Hofstra University and a former administrator of St. Agnes Roman Catholic Cathedral, Rockville Centre.

Dr. Strevey presently resides in Texas, is married and the father of three teenage

daughters. He will relocate to Nassau next month, and live on the hospital grounds until he finds suitable housing, he said. He has already met with key personnel at the hospital, and said it would be a "true pleasure to work with people dedicated and loyal." He called the hospital an "institution essential to the people," and said he would strive to "become intimately familiar with the operations of the hospital." Noting that there may not be "enough dollars to bring the health care people need," he pledged not to operate solely on generated revenues.

Dr. Strevey is commanding general of the U.S. Army Health Services Command, and as such, totally responsible for all aspects of the largest military medical command in the free world. Under his direct control are eight medical centers and a host of other medical and dental facilities. The doctor received his medical degree from the University of Southern California School of Medicine in 1953, and served an internship at Los Angeles County General Hospital that year and the following. His general surgery residency was at Letterman General Hospital in San Francisco from 1962 to 1966 and his residency in thoracic and cardiovascular surgery was performed at Walter Reed Hospital in Washington from 1968 to 1970.

Dr. Strevey, who was under consideration to become U.S. Army Surgeon General, has announced his retirement from the service.



ATA MINEOLA press conference Aug. 9, County Executive Gulotta named Dr. Tracy E. Strevey, Jr., (L) to be executive director of the Nassau County Medical Center. Photo by A. Anthony Miller.

Sally Ann Slacke Named to National Post

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Phyllis Winger

New Director of Development At Buckley Country Day School

Buckley Country Day School announced recently that Phyllis Winger of East Williston has been appointed Director of Development. In this capacity, Mrs. Winger will assume overall responsibility for directing the school's fund raising efforts, as well as alumni development and marketing.

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by Jessica

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Offer includes most single vision prescriptions. Bifocal lenses add \$10. Valid thru 9/3/88. Minimum two pair purchase \$75. Tint, UV scratch resistant and anti-reflective coatings available at regular cost. Complete glasses include frame and lenses. Coupon must be presented at time of sale. No other discounts apply.

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"PRESID Jewish Me Dance at t rent Service Rabin, Flo than 36 ye port patie

When L was still in 1950's, its S on its beh organizat members, supported vices thro volunteer The Serv health is es in-hospita recently, th to the Fran of Oncolo building fe tional Resc The Guil of patient- ed Spouse the High R ed volunte elderly ou for the Fra residence.

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"PRESIDENTIAL" LINE-UP... A sextet of past and current presidents of the Long Island Jewish Medical Center Service Guild get together at the Medical Center's Annual Dinner Dance at the Glen Oaks Club. (l to r) Anne Sonfield, Manhasset; Barbara Murray, current Service Guild president, of Hewlett Bay Park; Betty Steiner, Roslyn Harbor; Florence Rabin, Floral Park; Ann Gottlieb, Manhasset; Rosalie Greenberg, Great Neck. For more than 36 years, the Service Guild has sponsored in-hospital fund-raising projects to support patient programs, research projects and Medical Center building programs.

Guild Serves LIJ

When Long Island Jewish Medical Center was still in the blueprint stage in the early 1950's, its Service Guild was already at work on its behalf. For more than 36 years, this organization of concerned community members, ranging in age from 17 to 93, has supported the Hospital's programs and services through fund-raising activities and volunteer efforts.

The Service Guild's deep commitment to health is especially evident in the fruits of its in-hospital fund-raising activities. Most recently, the Guild has given major funding to the Frances and Alexander Cohen Institute of Oncology and made a major gift to the building fund for the new Gurwin Educational Resources Center.

The Guild has been particularly supportive of patient-oriented programs such as Abused Spouse Counseling; Case Management for the High Risk Elderly, which involves trained volunteers monitoring services given to elderly outpatients; and Enriched Housing for the Frail Elderly, a Hospital-supervised residence. To date, the group has committed

\$5.3 million to support a wide range of programs, including building and interior design projects, research, the purchase of specialized equipment and social service programs.

Barbara Murray, president of the Guild, says: "The Service Guild provides a wonderful way for concerned members of the community to show their compassion for other people and support the Hospital at the same time."

The Guild's generosity is evident everywhere at LIJ: the attractive waiting area and lounge of the Medical Center's Ambulatory Surgery Program, a psychiatric support program for cancer patients and their families, and a long-term program of financial aid for hemophilia patients.

Each year the Guild organizes the free community Rose Liebowitz Memorial Lecture. At this year's lecture on "Living with Alzheimer's," a panel of experts gave an overflow audience advice about the medical, legal and social service options available for families.

Grumman Awards Grant to Nassau Community College

A \$5,000 award from Long Island's Grumman Corporation has helped boost the scholarship funding for minority students at Nassau Community College to a record high. The grant was delivered to the College Foundation, which administers scholarship funds for the school and develops financial assistance in other worthy areas.

"We are very proud that Long Island's largest employer has recognized and extended the efforts our College has been making toward the education of minorities," reported Foundation Board Chairman Paul R. Martin, Jr., who accepted the donation on behalf of the College.

The grant, which will be in the form of a series of \$1,000 awards to students in engineering and computer science, goes in-

to effect in the upcoming fall semester at the College. Interested applicants should contact the College's Scholarship Office at 222-7662.

In addition to the new Grumman funding, the Foundation has recently developed \$3,600 in minority scholarships which will be used during the next academic year and be matched by the State University of New York, dollar for dollar, according to Chairman Martin, who is the Community Relations manager of the New York Telephone Co.

"This represents the largest pool of funds available to minority students in the history of the Foundation," he said.

Further information concerning the activities of the College's Foundation may be obtained by calling its Administrative Tower office on campus, at 222-7830.

TO YOUR HEALTH

By RICHARD H. BLAU, M.D.

Raynaud's Syndrome - Its Relationship To Arthritis

Raynaud's (pronounced ra-noz) is a circulatory disease and can be associated with many types of arthritis. Often, the problem causes the fingers (or toes) to turn white, blue and finally red. This abnormality usually occurs when the fingers are exposed to the cold. However, this phenomenon can also occur under emotional stress, environmental changes or drug exposure.

The cause of Raynaud's is not known. Certain evidence suggests a spasm involving the blood vessels. Once this spasm occurs, the blood supply to the fingers is impaired and they turn white. With continual lack of oxygen, the fingers turn blue. As the blood vessels expand, blood rushes in and the fingers turn red. Many patients with Raynaud's experience little more than occasional discomfort in the cold weather.

Often, people with this disorder come to the attention of the rheumatologist (arthritis specialist) because they have

an associated arthritic condition. Types of arthritis associated with Raynaud's include rheumatoid arthritis, lupus, scleroderma and mixed connective tissue disease. Although many people with Raynaud's may never develop arthritis, the occurrence of Raynaud's may be a very early sign of arthritis.

The diagnosis of this disorder is usually made on the basis of a medical history and a complete physical examination. This is done to make certain that an associated arthritis is not present.

Treatment of Raynaud's is a specialty of the rheumatologist. If the symptoms are mild, little treatment may be needed. For more severe problems, medications are available and are helpful.

Arthritis strikes one out of seven people. Learn the facts. Call for your complimentary copy of "The Joint Approach - An Arthritis Overview"

Dr. Richard H. Blau is a board-certified Rheumatologist practicing in Manhasset, 516-482-6822 and Westbury, 516-667-0825.



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George Washington Manor Country Market & Bake Shoppe

More Than One Family Affair

THE MURPHYS aren't the only family involved in the operation of George Washington Manor complex in Roslyn.

The Country Market and Bake Shoppe, which opened nine months ago at 1305 Northern Blvd., is also a family affair.

Suzan Comeau of Westbury, a 1983 graduate of the Culinary Institute of America, runs the shop and makes the takeout foods.

Her sister, Lisa, who lives in Bay Shore and worked at a German bakery there while she was in high school, makes all the pastries, desserts, muffins, rolls and croissants.

Their father, Weldon, maintenance foreman for an air freight carrier, comes in twice a week, as an unpaid employee, to make sourdough bread, because "I enjoy doing it and like to see people get something good."

The breads, made from recipes he received from a retired, elderly, upstate baker, include sprouted wheat, to which he adds some whole cooked berries; an oat bread made from steel-cut oats and flavored with a little maple syrup, and a rye containing Dijon mustard, whole rye berries and a little allspice; a sourdough white and a braided loaf with rolled oats and raisins. The one-pound loaves sell for \$2.49 each.

The takeout foods include a tasty salad combination of couscous, chick peas, bits of cucumber, tomato, coriander with a vinaigrette dressing (\$5.00 a pound) and a tuna-fish salad with hard-cooked eggs, garlic, onion and mayonnaise (\$5.50). Smoked turkey and wild rice (\$7.00 a pound) proved tasty. A salad bar offers about a dozen items, including Mexican corn salad, marinated beans or chick peas and homemade croutons along with the usual raw vegetables (\$2.95 a pound).

Baked goods include bread, pudding, muffins, 85 cents each, most other muffins and plain croissants, \$1 apiece, chocolate, almond, cinnamon or raspberry croissants, \$1.25 each; brownies, \$1.25 each, and a marble cheese cake with swirls of dense chocolate, \$10 for a 7-inch size.

The shop, with a decor that features wide-planked floors, Laura Ashley print curtains and dried flower and twig wreaths, also offers a selection of packaged goods, such as oils, vinegars, jams and jellies, herbal teas and few houseware gift items.

The store is open 7 days a week from 7:00 a.m. to 9 p.m., telephone 621-2524.

Excerpted from Newsday article, July 27, 1988.



Doctor Strevey Named Head of County Medical Center; Announces Plans

By A. Anthony Miller

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She can help you on all problems - and will suggest what to do next.

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Lesson at 12:30
Bridge at 1:00-4:00

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(718) 423-6200
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LONDON OPTICAL

TWO PAIR FOR THE PRICE OF ONE FREE GLASSES!

Buy a pair of glasses at our regular price and get a second pair (same prescription) free from our specially tagged collection.

Offer includes most single vision prescriptions. Bifocal lenses add \$10. Valid thru 9/3/88. Minimum first pair purchase \$75. Tints, UV scratch resistant and anti-reflective coatings available at regular cost. Complete glasses include frame and lenses. Coupon must be presented at time of sale. No other discounts apply.

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The Goodman Bertrand Company presents:

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CC... SU... N...



"PRESIDENTIAL" LINE-UP... A sextet of past and current presidents of the Long Island Jewish Medical Center Service Guild get together at the Medical Center's Annual Dinner Dance at the Glen Oaks Club. (l to r) Anne Sonfield, Manhasset; Barbara Murray, current Service Guild president, of Hewlett Bay Park; Betty Steiner, Roslyn Harbor; Florence Rabin, Floral Park; Ann Gottlieb, Manhasset; Rosalie Greenberg, Great Neck. For more than 36 years, the Service Guild has sponsored in-hospital fund-raising projects to support patient programs, research projects and Medical Center building programs.

Guild Serves LIJ

When Long Island Jewish Medical Center was still in the blueprint stage in the early 1950's, its Service Guild was already at work on its behalf. For more than 36 years, this organization of concerned community members, ranging in age from 17 to 93, has supported the Hospital's programs and services through fund-raising activities and volunteer efforts.

The Service Guild's deep commitment to health is especially evident in the fruits of its in-hospital fund-raising activities. Most recently, the Guild has given major funding to the Frances and Alexander Cohen Institute of Oncology and made a major gift to the building fund for the new Gurwin Educational Resources Center.

The Guild has been particularly supportive of patient-oriented programs such as Abused Spouse Counseling; Case Management for the High Risk Elderly, which involves trained volunteers monitoring services given to elderly outpatients; and Enriched Housing for the Frail Elderly, a Hospital-supervised residence. To date, the group has committed

\$5.3 million to support a wide range of programs, including building and interior design projects, research, the purchase of specialized equipment and social service programs.

Barbara Murray, president of the Guild, says: "The Service Guild provides a wonderful way for concerned members of the community to show their compassion for other people and support the Hospital at the same time."

The Guild's generosity is evident everywhere at LIJ: the attractive waiting area and lounge of the Medical Center's Ambulatory Surgery Program, a psychiatric support program for cancer patients and their families, and a long-term program of financial aid for hemophilia patients.

Each year the Guild organizes the free community Rose Liebowitz Memorial Lecture. At this year's lecture on "Living with Alzheimer's," a panel of experts gave an overflow audience advice about the medical, legal and social service options available for families.

Grumman Awards Grant to Nassau Community College

A \$5,000 award from Long Island's Grumman Corporation has helped boost the scholarship funding for minority students at Nassau Community College to a record high. The grant was delivered to the College Foundation, which administers scholarship funds for the school and develops financial assistance in other worthy areas.

"We are very proud that Long Island's largest employer has recognized and extended the efforts our College has been making toward the education of minorities," reported Foundation Board Chairman Paul R. Martin, Jr., who accepted the donation on behalf of the College.

The grant, which will be in the form of a series of \$1,000 awards to students in engineering and computer science, goes in-

to effect in the upcoming fall semester at the College. Interested applicants should contact the College's Scholarship Office at 222-7662.

In addition to the new Grumman funding, the Foundation has recently developed \$3,600 in minority scholarships which will be used during the next academic year and be matched by the State University of New York, dollar for dollar, according to Chairman Martin, who is the Community Relations manager of the New York Telephone Co.

"This represents the largest pool of funds available to minority students in the history of the Foundation," he said.

Further information concerning the activities of the College's Foundation may be obtained by calling its Administrative Tower office on campus, at 222-7830.

TO YOUR HEALTH

By RICHARD H. BLAU, M.D.

Raynaud's Syndrome - Its Relationship To Arthritis

Raynaud's (pronounced ra-noz) is a circulatory disease and can be associated with many types of arthritis. Often, the problem causes the fingers (or toes) to turn white, blue and finally red. This abnormality usually occurs when the fingers are exposed to the cold. However, this phenomenon can also occur under emotional stress, environmental changes or drug exposure.

The cause of Raynaud's is not known. Certain evidence suggests a spasm involving the blood vessels. Once this spasm occurs, the blood supply to the fingers is impaired and they turn white. With continual lack of oxygen, the fingers turn blue. As the blood vessels expand, blood rushes in and the fingers turn red. Many patients with Raynaud's experience little more than occasional discomfort in the cold weather.

Often, people with this disorder come to the attention of the rheumatologist (arthritis specialist) because they have

an associated arthritic condition. Types of arthritis associated with Raynaud's include rheumatoid arthritis, lupus, scleroderma and mixed connective tissue disease. Although many people with Raynaud's may never develop arthritis, the occurrence of Raynaud's may be a very early sign of arthritis.

The diagnosis of this disorder is usually made on the basis of a medical history and a complete physical examination. This is done to make certain that an associated arthritis is not present.

Treatment of Raynaud's is a specialty of the rheumatologist. If the symptoms are mild, little treatment may be needed. For more severe problems, medications are available and are helpful.

Arthritis strikes one out of seven people. Learn the facts. Call for your complimentary copy of "The Joint Approach - An Arthritis Overview."

Dr. Richard H. Blau is a board certified Rheumatologist, practicing in Manhasset, 516-482-6822 and Westbury, 516-007-6825.



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George Washington Manor Country Market & Bake Shoppe

More Than One Family Affair

THE MURPHYS aren't the only family involved in the operation of George Washington Manor complex in Roslyn.

The Country Market and Bake Shoppe, which opened nine months ago at 1305 Northern Blvd., is also a Family affair.

Suzan Comeau of Westbury, a 1983 graduate of the Culinary Institute of America, runs the shop and makes the takeout foods.

Her sister, Lisa, who lives in Bay Shore and worked at a German bakery there while she was in high school, makes all the pastries, desserts, muffins, rolls and croissants.

Their father, Weldon, maintenance foreman for an air freight carrier, comes in twice a week, as an unpaid employee, to make sourdough bread, because "I enjoy doing it and like to see people get something good."

The breads, made from recipes he received from a retired, elderly, upstate baker, include sprouted wheat, to which he adds some whole cooked berries; an oat bread made from steel-cut oats and flavored with a little maple syrup, and a rye containing Dijon mustard, whole rye berries and a little allspice; a sourdough white and a braided loaf with rolled oats and raisins. The one-pound loaves sell for \$2.49 each.

The takeout foods include a tasty salad combination of couscous, chick peas, bits of cucumber, tomato, coriander with a vinaigrette dressing (\$5.00 a pound) and a tuna-fish salad with hard-cooked eggs, garlic, onion and mayonnaise (\$5.50). Smoked turkey and wild rice (\$7.00 a pound) proved tasty. A salad bar offers about a dozen items, including Mexican corn salad, marinated beans or chick peas and homemade croutons along with the usual raw vegetables (\$2.95 a pound).

Baked goods include bread pudding muffins, 85 cents each, most other muffins and plain croissants, \$1 apiece, chocolate, almond, cinnamon or raspberry croissants, \$1.25 each; brioches, \$1.25 each, and a marble cheese cake with swirls of dense chocolate, \$10 for a 7-inch size.

The shop, with a decor that features wide-plank floors, Laura Ashley print curtains and dried flower and twig wreaths, also offers a selection of packaged goods, such as oils, vinegars, jams and jellies, herbal teas and few houseware gift items.

The store is open 7 days a week from 7:00 a.m. to 9 p.m., telephone 621-2524.

Excerpted from *Nesday* article, July 27, 1988.



Your Legal Rights

By BURTON D. POMERANTZ

Q: Was Plaintiff entitled to a trial by jury where it was alleged that the person was standing on the subway platform, became nauseated, fainted and fell on the subway tracks where he was run over by part of a train, allegedly speeding, while pulling into a subway station?

A: Not every case is entitled to proceed to a conclusion by way of a trial by jury. Generally speaking, the law states that if either party during the case is able to persuade the Court that there is no genuine issue of fact, such party is entitled to make a Motion for Summary Judgment. If the Motion is granted it will dispense with a trial; if made by Defendant, and it is granted, it ends the case.



Burton D. Pomerantz

In this case, the motorman testified at his examination before trial (his deposition) that he first saw the injured person fall to the tracks from the platform immediately in front of him. He jammed on the emergency brake but claimed that he could not stop in time. He said that as he pulled into the station the train was going 15 miles per hour, the signal light was amber which was warning that a red (stop) light might follow.

Plaintiff argued that the train was speeding; considering that it was entering a station and that the signal light was amber. Plaintiff also claimed that the motorman should have seen him and stopped the train in time to avoid the accident.

The Court denied the Motion of the Defendant for Summary Judgment holding that Summary Judgment is a drastic remedy and should not be granted where there is any doubt as to the existence of a triable issue. The Court said that it is for the jury to decide whether the motorman was travelling at an excessive speed, whether his credibility can stand the test of a jury trial; whether the amber light required him to reduce speed to a "crawl"; whether he had the chance to stop the train to avoid the accident. DIEGO V. NEW YORK CITY TRANSIT AUTHORITY. New York Law Journal Thursday, July 17, 1988, page 24, Mr. Justice Eugene Nardelli.

Burton D. Pomerantz, is an Attorney with offices in Great Neck, New York is a partner in the Law Firm of Morton and Pomerantz. Comments and/or questions regarding this column may be sent to Mr. Pomerantz at 20 Cutter Mill Road, Great Neck, New York 11021. His telephone number is (516) 487-6000.

Chase Introduces Dividend Savings

Chase Manhattan Bank, Long Island Region, has introduced a new type of savings account—Dividend Savings—that pays 6 1/4 percent interest with the yield increasing over time so long as no withdrawals are made.

In the calendar quarter, a customer opens a Dividend Savings account, the interest earned is 6.25 percent—with a 6.45 percent yield.

In the next quarter, if there are no withdrawals, there is a "dividend" equal to

2 percent of the interest earned—raising the yield to 6.58 percent. In successive quarters, if there are no withdrawals, the "dividend" increases to 4 percent of earned interest—with a 6.71 percent yield.

Dividend Savings requires a minimum deposit of \$1,000. Rates are subject to change quarterly.

For additional information, contact your local Chase Manhattan Bank branch office.

KITCHEN, BATH & HOME INTERIOR IDEAS

In Kitchen Planning, Don't Neglect the Countertops Brought to you by Don Bolco, CKD, CFR

Countertops are essential parts of any kitchen, and possibly they are the parts that get the least thought. They are very visible, so they play a part in decor, and there are creative things that can be done with them.



For example, some sections can be raised or lowered for easier use, whether you are tall or short, or want to sit or stand.

You can have counter inserts of ceramic tile to provide a place to put down hot pans without damage; or of butcher block for the chopping and cutting that goes with mixing and cooking. Or you might like a tempered glass insert that survives hot pans or chopping.

At the back wall you might like a ledge of five or six inches, raised above the counter so it doesn't cut into space as it provides a place for decorative spice containers, canisters or glasses.

There might be a place where a small shelf can protrude without being obtrusive, to give you a planning desk or a place to sit and have a cup of coffee.

There are other practical tips to consider. For example, sharp corners are hard on hips, so it is a good idea to radius all corners. And if you cover the top up the wall to the cabinets all in one piece it can eliminate a separate backsplash.

Best idea of all is to visit us when you want to talk tops.

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New President at North Shore 'Y'

Robert D. Rosenthal of Roslyn Harbor was elected president of the Sid Jacobson-North Shore YM & YWHA at its recent annual meeting, succeeding Marvin Natiss, a Searlingtown resident. Originally introduced to the 'Y' by his wife Donna, a sculptor, he has been a member of the Y's Board since January 1985.

Mr. Rosenthal is President and Chief Executive Officer of First Long Island Investors, Inc. of Jericho, an investment banking and investment management firm he founded in 1983. He previously was Executive Vice President of Entenmann's, Inc.

He also is active in other area charities, including North Shore Hospital, Schneider Children's Hospital, the Gurwin Geriatric Center and UJA-Federation.

"Thanks primarily to the efforts of my predecessors, Marvin, Susan Levkoff and Seymour Rudorfer," he said, "we now have a vibrant, growing 'Y' in a magnificent, new facility we are all very proud of. My responsibility, along with the other Board members, is to build on this momentum and excitement."

Bob and Donna have two daughters, Julie, 11 and Jennifer, 8.

Long Island Stage Announces 1988-1989 Season

Clinton J. Atkinson, Artistic Director of Long Island Stage, has announced the 1988-1989 Long Island Stage season, saying "we will bring to Long Island first-class productions of plays that won awards and acclaim for some of America's most talented actors: Katherine Hepburn with an Academy Award for the film *The Lion In Winter*; Jimmy Stewart in one of the most memorable performances of his career in *Harvey*; and Judd Hirsch in the role of Matt Friedman in the Broadway production of the Pulitzer Prize winning *Talley's Folly*. These ambitious revivals will expand the talents of our artists and challenge our audience with joyous adventures of the heart and mind. We will also continue to present our annual Bernard Shaw production and a world premiere by a member of the next generation of great American playwrights."

The season opens on Sept. 27 with *The Lion In Winter*, a comedy of domestic intrigue by James Goldman to be directed by Jim Hillgartner. The play, which will run through Oct. 10, is set in the medieval court of the cunning and masterful Henry II.

From Oct. 25 through Nov. 13, Long Island Stage will present *Talley's Folly* by Lanford Wilson, which is a "no-holds-barred romantic story" about an Eastern European Jewish immigrant and an Ozark farmgirl who come together after a battle to set aside their fears.

5, is Jon Klein's tale of two bumbling jailbirds, T Bone N Weasel. They wander the highways and byways of South Carolina and meet an collection of Southern characters.

Long Island Stage will present a world premiere from Feb. 28-Mar. 10. The project extends the company's commitment to new writing for the fifth consecutive year. "Last season we brought you the exciting, suspenseful production of P.J. Barry's *Getting The Gold*," remarks Atkinson. "This season we hope to introduce a new work by a playwright of similar stature with a lively imagination and a distinctive voice."

In *The Beginning*, an irreverent comedy about Adam and Eve in the Garden of Eden, by Bernard Shaw runs from May 16-June 4. Mr. Atkinson presents one play by Shaw each year.

The final play of the season will be Mary Chase's *Harvey*, a Pulitzer Prize winning comedy about a loveable dipsomaniac whose best friend is an invisible white rabbit. This play blends realism and fantasy for people of all ages. The production will be presented from June 13-July 2.

All productions will be staged at the Hays Theatre on the Molloy College campus in Rockville Centre. Subscriptions are still available for the 14th season. For tickets and information, call the Long Island Stage box office at 546-4600.



THE CUNARD LINER CAMPANIA

Display By Amityville Artist at Maritime Museum

Architect by day, marine artist by night is an apt description of Richard Keller of Amityville, who is displaying some of his paintings of famous passenger ships and two of his ship models at the American Merchant Marine Museum through Labor Day.

Professionally, Keller specializes in the field project management of high rise office buildings and institutional structures. He played a role in the construction of Lincoln Center. A painter by avocation for some 35 years, he only recently decided to paint the great steamships of the old days.

Among Keller's works currently on exhibit are two paintings of the *Mauretania*, in 1907 the largest ship in the world. "As a boy, I crossed the Atlantic in the old *Mauretania*," said Keller.

Some of the other ships depicted in the Keller exhibit are the Cunard liner *Campania*, the Kronprinz *Wilhelm*, the Fall River Line

steamer *Priscilla*, and the Confederate blockade runner *Hope*. Also shown are his detailed models of the *Hope* and the *Portland*.

The Museum, located on the campus of the U.S. Merchant Marine Academy in Kings Point, is open on Tuesdays and Wednesdays from 11 a.m. to 3 p.m., and on Saturdays and Sundays from 1 to 4:30 p.m. There is a suggested one dollar donation at the door. For further Museum information, call 773-5515.

Coaches Needed

Hicksville High School has an opening for a Girls J.V. Volleyball Coach. The Hicksville Middle School needs a Girls Soccer Coach and a Boys Soccer Coach. For information, call Bob Kenney, Athletic Director at 933-6585 or 933-6635.

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(for misses, women, petites)

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"WEST MEETS EAST" contemporary mixed media paintings by Bernice Faegenburg will be on exhibit through Sept. 10, at Isis Gallery Ltd. 609 Plandome Road, Manhasset. Gallery hours are Wednesday through Friday 11-6 p.m., Saturday, Monday and Tuesday 12-5 p.m., 365-8353) Bernice Faegenburg's "Put It On The View Box" (Photo by William E.C. Haussler)

Photo Tips From:

NORTH SHORE CAMERA CLUB

Back to Basics
by Tom Savasta

Member of the North Shore Camera Club

There are no secrets in taking good pictures. You simply look in any good text book for the answer. It's simply a matter of going out and practice taking pictures.

Selective Focusing—Selective focusing is one instance where you have to go out and practice taking pictures. Try taking pictures from different angles. Try to isolate the subject from the foreground and the background. This can be done by creating a shallow depth of field, use a zoom lens or a large lens opening.

Film Exposure—Black and white negative film should be exposed for the shadows and should be developed for the highlights. On the other hand, negative color film should be overexposed for good results. This can be done by setting the camera ISO scale below the manufacturers suggested speed rating. For instance, ISO 100 becomes 80. The effect of overexposing color negative film is to produce a greater amount of overlapping grain clouds, and therefore, a finer grain effect. On the other hand, some photographers believe in setting the ISO scale at the manufacturers suggested speed rating. The complexity of every camera is different. Only by trial and error will you be able to say what method is best for you. Furthermore, positive color film should be given a slight amount of underexposure in order to enhance color saturation and reduce con-

trast. You should expose color slide film for the highlights and let the shadows fall where they may. Try doing this on a bright sunny day; giving your camera normal exposure and one stop underexposure by setting the ISO scale to the next higher mark.

Contrast—Contrast refers to the range of tones from the lightest to the darkest. In black and white photography the tones are all shades of gray. A scene where there is a narrow range of tones is described as being low contrast; while a scene with a wide range of tones is described as being contrasty. Secondly, another description assigned to a range of tones is latitude. This is the specific range of tones that a film can hold. For black and white film this is approximately five F stops; and for color film this is approximately three F stops. If a film exposure latitude is less than the range of contrast in a scene, then, the film cannot hold detail in the shadow or highlight areas. Since the human eye is sensitive to a wider range of tones than film, you cannot rely on the eye alone. Instead, you must use some form of light meter to evaluate the light intensities of the total range. Then you should adjust the light values on your camera until they fall within the tonal range of your film. The technique of adjusting light and contrast is meant for another time and discussion. So, why not join us at the next meeting of the North Shore Camera Club and learn about selective focusing, exposure and contrast. For further details, call Abe Altman at (718) 464-4120.

NASSAU PARKS & MUSEUMS

Compiled By SHIRLEY D. FELS

"Wildflower Portraits," a special crafts program offered to children ages 6 and over, will be held at the Garvies Point Museum and Preserve on Saturday, August 27, from 10 a.m. to noon. In addition to crafts projects, the program will feature slides and a lecture. Garvies Point Museum is located on Barry Drive in Glen Cove. Admission is twenty-five cents. For information call 671-0300.

★★★★★

A re-creation of "Mid-19th Century Mourning Customs" will take place at the Old Bethpage Village Restoration's Williams House on Saturday and Sunday, August 27 and 28, from 10 a.m. to 4:30 p.m.

Old Bethpage Village Restoration is located on Round Swamp Road in Old Bethpage. Admission to the village is \$4, \$3 for Nassau residents and \$2 for children, ages 5-17 and senior citizens. For information call 420-5280.

★★★★★

Old Westbury Gardens will host the "Scottish Games", sponsored by the Long Island Clam Association, on Saturday, August 27 from 8 a.m. to 5 p.m.

The program will feature the Amityville Highland Pipe Band and the Clan Gordon Highlanders Pipe Band. An exhibition of Scottish Country Dancing will be presented by the Nassau County Dancers during the afternoon. The 42nd Royal Highland Regiment of Foot, in authentic 18th Century uniforms will perform drills and set up a campsite.

Old Westbury Gardens is located on Old Westbury Road between Jericho Turnpike and the Long Island Expressway. Admission to the grounds will be \$5 for adults, \$3.50 for senior citizens and \$1 for children (6-12 years old). For information call 333-0175 or 333-0048.

★★★★★

The golden age of carousel carving has been re-created in the special exhibit, "The Carousel: A Moment of Magic," now on display at the Museum in the Park in Eisenhower Park through October 30. The exhibition can be viewed anytime during regular museum hours.

The exhibit features five exquisitely hand carved carousel animals from the Nassau County Museum including two outstanding horses from the Charlotte Dinger private collection, and 100 original posters, broadsides, manufacturer advertisements, prints, post cards and photographs assembled by noted carousel scholar, Barbara Fahs Charles.

For information call 452-4517.

★★★★★

September is "Senior Citizen Month" at Old Bethpage Village Restoration. Senior adult groups can arrange for a special guided tour of the village in the comfort of their own buses.

The tour includes a light refreshment and an opportunity to take a short walk through some of the restored buildings. An orientation film can be viewed in the Reception Center where a gift shop and cafeteria are also available.

This guided tour is available to senior adult groups and the handicapped by reservation only from Tuesday through Friday, from September 7 through 30, from 11 a.m. to 3 p.m. For reservations call 420-5288.

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**Thursday, Sept. 1 Waldbaums Family Night. \$3.00 discount with coupons available at Waldbaums.

***Friday, Sept 2 7:30 PM / Night

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MAIL ORDER: Make check or money order payable to: Nassau Coliseum and mail to: Sesame Street Live, Nassau Coliseum, Hempstead Turnpike, Uniondale, NY 11553. Include \$2.25 service charge per order.

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APPROX. 4 MILES TO SOUND AVE. MAKE RIGHT. CONTINUE 8/10 OF A MILE TO OAKLEIGH, MAKE LEFT TO FOX HILL DRIVE, RIGHT TO SALES OFFICE

Artist's Rendering





Toni Riedel

Cancer Society Names District Director

Gary D. Burd, executive vice president of the Long Island Division of the American Cancer Society, has announced the appointment of Toni Riedel as district director for the Town of North Hempstead and communities in the eastern Town of Hempstead.

Ms. Riedel received her BS in Management Communications from Adelphi University in Garden City. She has worked as an admissions secretary for The Berkeley School and as Fashion Show Chairperson for the Ann Bambino Lodge Order of Sons of Italy of America. As an officer in the lodge, she is presently

organizing the annual fashion show.

In her new position as District Director, Ms. Riedel will actively seek community involvement in cancer education. "I'd like to make each community its own resource center," she explained. "We can do this by educating residents on the various programs offered by the American Cancer Society, while also involving them in fundraising and cancer control projects," she added. If you wish to join in this volunteer effort, call Ms. Riedel at 385-9100, ext. 327.

Callers May Use Credit Cards to Pledge to Telethon

The Muscular Dystrophy Association (MDA) and MasterCard International, Inc. are teaming up to make supporting the Jerry Lewis Labor Day Telethon more convenient than ever this year. "Thanks to MasterCard International, for the first time you can make credit card pledges to the Telethon even before the show goes on the air," said Nassau County Executive Telethon Committee Chairperson Dom DeFilippi.

All you have to do is dial 1-800-FIGHT MD. Starting at 4 p.m. (EDT) on Saturday, Sept. 3, and continuing even beyond Telethon sign-off on Labor Day, MasterCard operators will be available to take credit-card donations charged to MasterCard, Visa or American Express.

"This is fantastic," remarked MDA National Chairman and Telethon host Jerry Lewis about the extended credit-card pledge hours. "MasterCard is making a tremendous contribution to the show and to 'my kids' by doubling the amount of time they've donated in the past to take Telethon pledges."

The 23rd edition of the Telethon will be broadcast live from Caesars Palace in Las Vegas, on Sunday, Sept. 4, starting at 9 p.m. (EDT). The Telethon plays a major role in helping to fund MDA's effort to find treatments and cures for 40 neuromuscular diseases through worldwide research, and the Association's patient services and professional and public education.

SEPTEMBER, 1988 SENIORMOBILE SCHEDULE

DATE	COMMUNITY	LOCATION	FREE Taxi Service
LP Thursday HS Sept. 1	New Hyde Park	Hillside Public Library 1950 Hillside Ave	New Hyde Park Taxi 354-3554
Tuesday Sept. 6	Hicksville	Citibank 255 North Broadway	L.I. Yellow Cab 735-1111
LP Wednesday Sept. 7	Syosset	Syosset Public Library 225 So. Oyster Bay Road	Syosset Taxi 921-2141
Thursday Sept. 8	Franklin Square	King Kullen Supermarket 206 New Hyde Park Road	Square Taxi 437-0505
LP Wednesday LI Sept. 14	Pt. Washington	Pt. Washington Senior Community Service Center Flower Hill School Campus Drive	Delux Taxi 883-1900
LP Thursday Sept. 15	Hewlett	Hewlett-Woodmere Library 1125 Broadway	Calnas Leasing Corp 374-1800
CA Monday Sept. 19	Bellerose Terr.	Bellerose Terrace Civic Assoc. Superior Rd. & 240th Street	
LP Tuesday	Valley Stream	Father McKeon Senior Club	Valley Stream Trans.
HS Sept. 20 MR		201 North Central Avenue	825-6900
LP Thursday MB Sept. 22	Merrick	Merrick Young-At-Heart St. John's Lutheran Church 1 Van Roo Avenue	Merrick Taxi 378-1144
LP Monday LI Sept. 26 MR	Island Park	Island Pk Senior Community Service Center American Legion Hall 25 Nassau Lane	All Island Taxi 431-2222
LP Tuesday HS Sept. 27 MR	Farmingdale	Hardscrabble Senior Citizens 400 Main Street	L.I. Yellow Cab 249-1212
LP Wednesday HS Sept. 28 LS	East Meadow	E. Meadow Public Library Front St. & Newbridge Ave.	Stuarts 333-1111

At all locations the following services will be provided from 10:00 a.m. to 3:00 p.m. New York State Golden Park Pass, Information, Referral & Consultation, Employment Counseling

Special Services

- CA — Consumer Affairs Representative 10:00 a.m. to 3:00 p.m.
 - HS — Hypertension Screening in Cooperation with American Heart Assoc. 10:00 a.m. to 11:00 a.m.
 - LI — LILCO Consumer Information Program 11:30 a.m. to 12:30 p.m.
 - LP — Nassau County Leisure Pass issued 10:00 a.m. to 3:00 p.m.
 - LS — Nassau/Suffolk Law Services Representative Available 10:00 a.m. to 12:00 p.m.
 - MB — Metropolitan Suburban Bus Authority Slide Presentation 11:30 a.m. to 12:30 p.m.
 - MR — Medicare Representative Available 10:00 a.m. to 2:00 p.m.
- For information on the Seniorsmobile, Call 564-6900.

PASS ALONG AN HEIRLOOM MORE VALUABLE THAN GOLD.

LIFE.

When you make a bequest to the American Heart Association, you're passing along a precious legacy. The gift of life. That's because your contribution supports research that could save your descendants from America's number one killer.

To learn more about the Planned Giving Program, call us today. It's the first step in making a memory that lasts beyond a lifetime.

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 American Heart Association

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B U S I N E S S A N D F I N A N C E

Bank Appoints Three Executives

J. Carter Bacot, chairman of The Bank of New York, has announced the appointment of three executives.



Francis A. Keating has joined the Bank as Assistant Vice President in the Trust and Investment Center located in Garden City. His responsibilities will be new business development and marketing for the Employees Benefit Trust area.

Mr. Keating started his career eight years ago with Manufacturers Hanover Trust Company in the Employee Benefit Trust area.

He holds an MBA in Investments from Fordham University in addition to a B.S. in Marketing from St. John's University. He is a graduate of Chaminade High School.



Raymond N. Fincken has been appointed to the position of Assistant Treasurer. Mr. Fincken joined the Bank in 1984 and is currently a Commercial Lender in the Bank's Middle Market Lending Group-West in Garden City.

Mr. Fincken holds a BBA Degree in Finance and Management from Adelphi University and is nearing completion of an MBA program in Banking and Finance at Adelphi.



Adam Ostrach has been appointed to the position of Vice President with the Long Island Division. Mr. Ostrach is a Team Leader of a Middle Market Commercial Lending Group located in Hauppauge. Prior to joining The Bank of New York, he was with National Westminster Bank, U.S.A.

Mr. Ostrach graduated from Adelphi University in 1982 with a BS Degree in Banking and Finance. He is currently enrolled in a MBA Program at New York University - Graduate School of Business Administration with expected completion in the Fall of 1988.

Manager Appointed To Islandia Hilton

Manfred Stumpf has been appointed General Manager of the 280 room Islandia Hilton located on the Long Island Expressway, east of Veterans Memorial Highway in the Islandia/Hauppauge/Islip area.

The owners, Columbia Sussex Corporation, based in Fort Mitchell, Kentucky, own and operate more than 40 hotels, including Holiday Inns, Radisson Hotels and Hiltons, nationwide.

Mr. Stumpf's extensive hotel operations experience includes The Royal Orleans, The Royal Sonesta, New Orleans, The Gotham, New York City and positions in Great Britain, Germany, and Bermuda and Switzerland.



MANFRED STUMPF

Cushman and Wakefield Negotiates \$1.35 M Sale

Cushman and Wakefield has negotiated the \$1.35 million sale of a tract of land on Hempstead Turnpike in East Meadow. The land covers 40,000 square feet, according to Ted Stratigos and Tracy Dellomo, the Cushman and Wakefield brokers who negotiated the transaction. Cushman and Wakefield was retained as exclusive agent for the sale of the building.

Capital Affiliates, an investor/developer, purchased the land and plans to develop an office building on the property.



THE LODGE

BACK TO SCHOOL ONE-DAY-ONLY "DAILY SPECIALS"

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
AUGUST 21 MEN'S & WOMEN'S "SPORTS" BOOTS 10% OFF	22 MEN'S & WOMEN'S 100% COTTON PANTS 15% OFF	23 MEN'S & WOMEN'S 100% COTTON KNITS 10% OFF	24 MEN'S & WOMEN'S 100% COTTON SHIRTS 15% OFF	25 MEN'S & WOMEN'S 100% COTTON SWEATERS 10% OFF	26 MEN'S "LEVI 505" & WOMEN'S "LEE RELAXED RIB" DARK BLUE JEANS \$29	27 BACK TO SCHOOL "SECRET SPECIAL" DON'T MISS THIS ONE!
28 MEN'S & WOMEN'S JACKETS 15% OFF	29 ANY V-NECK OR CREWNECK SWEATERS \$5 OFF	30 MEN'S & WOMEN'S JEANS \$7 OFF	31 ANY NEW FALL SHIRTS 10% OFF	SEPTEMBER 1 ANY OXFORD SHIRTS 15% OFF	2 ANY MOCKNECKS OR TURTLENECKS 10% OFF	3 MEN'S & WOMEN'S TWEED PANTS \$5 OFF

* APPLIES TO REGULAR PRICED MERCHANDISE ONLY.

THE LODGE

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- MAIN STREET HUNTINGTON 423-8721
- 72ND STREET NEW YORK
- MANHATTAN
- THE GALLERIA

THE LODGE HAS THE BEST MEN'S AND WOMEN'S BACK TO SCHOOL KNITS, PANTS, SHIRTS & SWEATERS!

Don't 'Long to See' the Shenandoah Valley — Go!

By Michael Quane

"Oh Shenandoah, I long to see you," sang the 19th Century pioneers, looking back toward the lovely valley they had left on their trek further west.

A recent visit to this still unspoiled region of Virginia made me understand the reason for their wistful lament. Rich in scenic beauty, rich in history and rich especially in Southern hospitality, the Shenandoah Valley and the Blue Ridge Mountains are worth exploration by 20th Century travelers.

Just three hours east of Washington, D.C., via Interstate Route 66, is the Shenandoah Valley's gateway, the aptly named village of

the nation apart in the 1860's.

South of Luray is the most impressive section of the Skyline Drive, including Skyland, its highest point, site of an early resort that pre-dated the establishment of the Shenandoah National Park in the 1930's. Some ten miles further down the drive, the Park Service's station at Big Meadows offers exhibits and a film about the park's origins. Guided nature walks are given here by Forest Rangers, and information on campsites and hiking trails is available. While driving the section between Luray and Big Meadows it is not unusual to see deer and other wildlife lured by hay bales dropped alongside the road by the Rangers.

Continuing south along the Skyline Drive,

Rich in scenic beauty, rich in history and rich especially in Southern hospitality

Front Royal. Here is the entrance to Shenandoah National Park and the fabled Skyline Drive, where panoramic vistas are so plentiful that there seems to be a "scenic overview" every 200 yards.

About 25 miles south of Front Royal is one of America's most visited scenic attractions, the wondrous Luray Caverns. Here you can go on a seemingly endless stroll through room after cathedral-sized room, hundreds of feet below the surface of the earth. You'll also learn about stalagmites and stalagites, gaze at these glittering rock formations mirrored on the surface of a placid underground lake, and see and hear an organ which plays music by tun-

the 75-mile stretch from Luray to the southern end concludes at Rockfish Gap, where Interstate 64 intersects the Blue Ridge. You may continue south here along the Blue Ridge Parkway, basically a continuation of the Skyline Drive, or head east on I-64 for a visit to Monticello, the fabled home of Thomas Jefferson near Charlottesville. If your route continues south along the parkway, a perfect place to stop over is the town of Lexington, Virginia, one of the most beautiful villages in America. The residents of Lexington have taken great care to preserve the charm of its 19th Century architecture, and a well-organized Visitor's Bureau will see that you



MONUMENT TO VALOR

This two-million-dollar Civil War museum is a memorial to 247 cadets of Virginia Military Institute who left their classrooms and marched for four days to join veterans in the 1864 Battle of New Market, Virginia. In their baptism under fire, ten cadets were killed and 47 wounded. The "Hall of Valor," standing on a prominent hill in the heart of the Shenandoah Valley, is the centerpiece for the 260-acre New Market Battlefield Park which also includes a restored 19th century farm. The museum contains films and exhibits covering the entire course of the war in Virginia, where 60 percent of the battles took place. The non-profit facility was built and is operated by VMI with funds bequeathed by an alumnus, George R. Collins.

ing these ancient stone columns. Other attractions adjacent to the caverns include a Car and Carriage Museum with some 75 antique vehicles and a "Singing Tower" which provides recitals from a carrillon of 47 bells. On-site are two reasonably-priced motels with comfortable accommodations for families. There are also several fine restaurants in the area, most notable being The Parkhurst, located on a hill overlooking Route 211 just west of Luray. Here fine Continental cuisine is served in an atmosphere of Southern gentility.

Also, west of Luray via Route 211 over the ridge of Massanutten Mountain, is historic New Market, site of a Civil War battle which gave birth to a legend, when 257 Virginia Military Institute cadets helped rout a vastly superior Union force in 1864. The New Market Battlefield Park's "Hall of Valor" Museum not only tells the story of this episode but gives an educational overview of the entire War Between the States that tore

don't miss such attractions as the Stonewall Jackson House, Virginia Military Institute, the Gen. George C. Marshall Museum and the beautiful campus of Washington and Lee University, where General Robert E. Lee, the hero of the Confederacy, is buried. The Visitor's Bureau is also where an hour-long carriage tour of the town can be booked for a modest fee, and where help can be obtained in booking accommodations. The latter range from charming "bed and breakfast" country inns to a modern Best Western, the Keydet General, with an on-site restaurant and a hilltop view of the peaceful farmlands surrounding the town. Befitting its status as a "university town," Lexington not surprisingly boasts two professional theatre companies, The Theatre at Lime Kiln, whose setting in a former quarry is one of the most dramatic in the country, and the Henry Street Playhouse, which presents historical plays and musical comedies. Both companies have performance seasons from June to September.



GIANT'S HALL

Giant's Hall in Virginia's Luray Caverns is one of the highlights of the tour because of the size and profusion of its formations. Here the visitor sees the greatest variety of formation to be found anywhere in this subterranean natural wonder. Luray Caverns is an active cave, which means the formation is still building though at the very slow rate of one cubic inch in 120 years. Twenty-million visitors have taken the one hour conducted tour of Luray Caverns since its discovery in 1878.

Besides its rich educational and historical heritage, Lexington, as part of the Shenandoah Valley, is surrounded by scenic beauty as well. In addition to the ever-near Blue Ridge Mountains, the area around Lexington offers one of the "Seven Natural Wonders of the World" the imposing Natural Bridge located about twenty minutes south of Lexington via Lee Highway (Route 11). Surveyed by George Washington in the 18th Century and once owned by Thomas Jefferson, this fascinating natural arch, cut out over the centuries by a now harmless-looking stream is a sight not to be missed. Admission to the park surrounding the bridge (which Route 11 runs over, by the way — a true "bridge") is \$5 per person

and for an extra \$1 you can return at 9 or 11 p.m. to see a captivating sound and light show. Also nearby are a wax museum and factory and another set of the underground caverns that are ubiquitous in the valley.

The above are but a few of the attractions of Shenandoah Country, "America's First Frontier." For indeed there is so much to see in this lovely area of Virginia that you will want to return again and again.

For further information, contact the Shenandoah Valley Travel Association, P.O. Box 1040, New Market, Virginia 22844-1040, (703) 740-3132; or the Lexington Visitors' Bureau, 102 East Washington Street, Lexington, Virginia 24450, (703) 463-3777.



GEORGE C. MARSHALL MUSEUM
on the Virginia Military Institute Post in Lexington, Virginia.

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A Crackdown on the American Dream

By Frank Posillico

More than a year ago the Bishop of Rockville Centre made a plea to all government officials on Long Island to ease their zoning restrictions and to make way for more affordable housing. One of the Bishop's suggestions was to allow homeowners to rent part of their single family homes in areas not zoned for such use. Since then some local governments have moved to step up their efforts to crackdown on illegal apartments to the surprise of many and contrary to the Bishop's plea.

I think that most people would agree that there is a need to crackdown on illegal apartments that are unsafe for their occupants, such as basement apartments, or homes that are divided and rented by absentee landlords. But this is not the case with all of the illegal apartments on Long Island.

The larger percentage of these illegal apartments are ones in which the owner lives in them. They are owned by the young and old, lower and middle class working population of Long Island who find it hard to make ends meet with the high cost of living in this area. They are, like most of us, living from paycheck to paycheck.

These rental units do two things. First, they provide the owners with much needed additional income to keep them from choosing between paying the mortgage and buying food for their family. Second, they provide much needed housing for the Island's ever growing population at a time when the pool of legal rental units is at an all time low. Many former apartment complexes have been converted to co-ops or condos and no new apartment buildings or complexes have been built to replace the ones lost.

Two Towns (and maybe more that I do not know about) issue temporary permits to homeowners who wish to rent part of their single family homes. To qualify, the homeowner must meet certain requirements provided in the regulations set forth in the Codes of the Town. For example, some of the requirements:

1. All homes must be owner occupied.
2. No basement apartments allowed.
3. Minimum of two to four off street parking stalls.

4. Minimum and maximum sq. ft. for the unit.
5. Minimum window area.
6. Fire rated half-inch sheetrock under staircase.
7. Only one front entrance to maintain single family look.
8. Smoke detectors must be installed.
9. Sheetmetal or solid wood doors on each unit entry.
10. Exterior of home to be maintained.
11. Yard to be maintained.
12. Minimum ceiling height of 7'6".
13. Limit on the number of bedrooms in the unit.

14. Minimum sq. ft. of each room.
15. Handrails needed on all staircases.
By following this intelligent lead other Towns and Villages could have better control of their seemingly "Out of Control" illegal apartment situation. First, the permit fees of tax surcharges would generate revenue to pay for additional services due to the added unit—revenue that has never been collected in the past. Second, after inspecting the unit the building department can be sure that the units meet all code requirements to make it safe for the occupants, which they have been unable to do in the past. Third, and most important, this would help homeowners keep their homes, supply much needed safe rental units and help first time homebuyers qualify for their mortgages. These first time homebuyers could show probable rental income on their mortgage applications, something that only a purchaser of a legal two family home had been able to do.

Unfortunately, many Town and Village Boards are stubborn with their idea of the American Dream. They insist on trying to maintain a standard of living and a way on life that they have maintained for many years and are not thinking of the next generation. Although this American Dream was attainable for almost everyone in years past, it is not so easily attainable today and, for many, it is impossible.

The Bishop had asked that people write to their local officials to let them know how they feel.



DR. LINDA De MARCO proudly accepts congratulations and best wishes from American Cancer Society, Long Island Division President Dr. Ingolf Holm-Andersen. Dr. DeMarco is the recipient of an American Cancer Society one-year Regular Clinical Fellowship in the field of oncology. She has been working under the direction of Dr. Vincent Vineguerra, (left) Chief of the Division of Oncology and Hematology at North Shore University Hospital, Cornell University Medical College in Manhasset. Looking on is Dr. Philip Schulman, Associate Professor of Clinical Medicine at North Shore.

A Special Program For Special People

The Adult Day Treatment Program, located at 1 Albertson Avenue in Albertson, provides a unique training and treatment setting for adults with developmental disabilities. Each weekday, at 9 a.m., 125 adults are transported from their homes, free of charge, to the program. A highly professional staff of social workers, nurses, speech therapists, recreation therapists, psychologists and instructors work with each family and client to develop an individual program plan.

The program teaches participants basic skills to enable them to function more independently. Emphasis is on such skills as dressing, eating, verbal and manual communication and pre-vocational training. Clients learn simple tasks such as setting a table all the way up to cooking a simple meal or using a washing machine.

"People who are mentally retarded or developmentally disabled can learn," according to Linda Rich, director of ACLD's Day Services. "It is up to us to set up an environment to ensure their success and to give people time to learn each step at their own pace." Some program participants have been in the program for the five years since its opening. Others have graduated to Sheltered or Supported Work situations. The program is licensed by the New York State Office of Mental Retardation and Developmental Disabilities.

In addition to Day Treatment Services, Long Island ACLD provides Vocational Training Programs in Nassau and Suffolk County, Early Intervention Services, Family Support and Respite Care and Residential Services.

For more information regarding the Adult Day Treatment Program, contact Carole Rutkovsky at 625-0060. For information regarding other ACLD services, call 334-4210.

Federal Information Center Can Help

Every day people suffer needless frustration because it is so difficult to find answers to questions about the Federal Government.

Efficient, thorough help through the government maze is as close as your telephone... as close as the Federal Information Center. The experienced staff will either answer your questions or put you in touch with the experts who can help you.

The Federal Information Center staff can tell you:

WHO: regulates banks; assists small businesses with financing and rents lodging

in national parks.

HOW: to join the Peace Corps; to get a government job; and to get something copyrighted.

WHAT: must one do before traveling abroad; protection is available for consumers; senior citizen programs are available.

WHERE: to go to get government publications; is the closest armed forces recruiting station; and to apply for social security benefits.

To have questions answered, call (212) 264-4464.

Middle Earth Needs Volunteers

You can make a difference! Become a Middle Earth Volunteer. No prior experience is necessary; full crisis counselor training provided. Middle Earth Crisis Counseling and Referral Center is the only 24 hour, 7-day crisis hot line in Nassau County.

Volunteer hours are flexible and you

can earn up to four college credits. So if you have six hours a week to donate, come to Middle Earth... "where giving is getting."

Call 826-0244 for more information. They are located in Bellmore, and the next training session starts in September.

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We continue to serve our community on a not-for-profit basis.

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Scottish Games at Old Westbury Gardens

Old Westbury Gardens will host the Scottish Games on Saturday, Aug. 27 from 8:00 a.m. to 5:00 p.m. Sponsored by the Long Island Clans Association, the visiting public is given an exciting variety of activities, including highland dancing, piping, caber toss, putting the stone, and tug o' war to mention a few.

Admission to the grounds will be \$5.00 for adults, \$3.50 for seniors, and \$1.00 for children (6-12 yrs.). All children under 12 must be accompanied by an adult. There is an additional fee for visitors who wish to enter Westbury House: Adults-\$3.00, Children-\$1.50, and no additional charge to seniors.

The Amityville Highland Pipe Band will

perform from 10:00 a.m. to 2:00 p.m., and the Clan Gordon Highlanders Pipe Band until 5:00 p.m. An exhibition of Scottish Country Dancing will be presented by the Nassau Scottish Country Dancers during the afternoon. The 42nd Royal Highland Regiment of Foot, in authentic 18th century uniforms will perform drills and set up a campsite.

An assortment of Scottish pies and cakes, fish and chips, Scottish goods and novelties plus hot dogs will be available. In addition the Old Westbury Gardens Patio Snack Bar will be open for visitors' convenience.

For further details, call 333-0175 or 333-0048.



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A Breakation is a short, get-away-from-it-all break at Stouffer Westchester Hotel. You can relax in your deluxe room and enjoy all the amenities of our luxurious hotel: year-round swimming and tennis, paddle ball, exercise and game room, jogging in the beautiful surrounding woodlands, plus fine restaurants and lounges. Stouffer Westchester Hotel, 80 West Red Oak Lane, White Plains, NY 10601. For reservations, call (914) 694-5400.

*Rate available Fri and Sat nights only two persons per room. Not available to groups. Based on availability. Advance reservations required. Other restrictions may apply. Valid through December 31, 1988.

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Long Island Ridesharing

Officers, Board Installed

At the annual meeting of the Long Island Ridesharing board of directors, Samuel S. Gross, financial consultant and retired Partner of Ernst & Whinney, was re-elected to serve a fourth annual term as President of the not-for-profit ridesharing organization.

Alexander Wallace, manager, SSP Operations, Grumman Corporation was re-elected to a second term as vice president of Long Island Ridesharing (LIRS). William L. Maher, Counsel, Culland Dykman was re-elected to serve a fourth term as secretary, and A. Charles Adams, Marketing Officer, Riverhead Savings Bank was elected Treasurer.

President Gross began his term by referring to LIRS' recently released impact results for 1987, stating "Long Island Ridesharing has certainly proved that there is a critical need for Transportation Systems Management techniques. While building new roads becomes increasingly difficult because of funding and administrative delays, Long Island's traffic congestion becomes increasingly worse. Carpooling, vanpooling, public transit and other strategies such as flex-time work schedules, provide practical, immediate, low-cost improvements to the traffic congestion problem."

Mr. Gross announced the election of the new LIRS board members: Nicholas Dellisanti, assistant to commissioner, Nassau County Department of Commerce and Industry; Georg Elfast, corporate sales manager, American Express; Robert Eschbacher, partner, Eschbacher & Associates; Michael O'Brien, account executive, the JN Company; and, Jo Robertson, Metropolitan Suburban Bus Authority.

Other members re-elected to the LIRS board of directors include: John J. Barrett, Norstar Bank; Robert Brown, Sydney B. Bowne & Son; Martin Cantor, Suffolk County Office of Economic Development; Henry Holley, Hempstead Limousine; Mayer Horn, Carey Limousine; Paul R. Martin, Jr., NY Telephone; Alexis Osanitch, Friendly Restaurants; and, Antonia Rettaliata, Supervisor, Town of Huntington.

Receives State Funds

Long Island Ridesharing, Inc., will receive a \$100,000 legislative grant as part of the local assistance portion of the adopted New York State budget. The grant, initiated by Senator Norman J. Levy and Assemblyman Arthur Kremer, was secured due to the joint efforts of the Nassau County Senators and Nassau and Suffolk County Assemblymen.

The funds are a substantial portion of LIRS' fiscal year 1988 operations budget, and will enable the organization to expand its transportation systems management programs to include flex-time work schedule technical assistance to Long Island companies. "We hope the impressive results we produce

each year will earn us the continued support of our legislators," stated Eileen W. Peters, LIRS' executive director. "Each day that LIRS exists, more and more cars are removed from Long Island's roads. LIRS' services are particularly vital to the economic health of our business community when gaining funds for improved highway capacity is a slow and major challenge. We need the continued support of both public and private sectors to continue these critical services."

LIRS currently removes 4,300 car trips from Long Island roads each day by forming carpools and vanpools for commuters. In addition, LIRS provides technical assistance to any company that wants to help provide employees with alternative means of transportation. LIRS produces other benefits for Long Island including: a current savings of 139,154 gallons of gasoline per month, 358 tons of pollution abated and the elimination of 2,250 potential parking spaces. An additional benefit of commuters participating in carpools and vanpools forms by LIRS is the cost reduction — commuters save \$150,287 per month by eliminating 93,526 vehicle trips per month. Eight thousand one hundred commuters had applied for LIRS services as of March, 1988.

A not-for-profit agency, LIRS is currently funded by the New York State Energy Office, New York State, and private contributions. For further information, call 737-CARS.

Tips for Maintaining Good Credit

Here are a number of account management guidelines consumers can easily follow to maintain their good credit reputation, courtesy of Chemical Bank's credit card division.

Responsible account management includes not spending over your limit and designating a special time to pay your bills each month to meet the due dates of all your monthly obligations. It's important to monitor your spending and not let your credit payments exceed an easily affordable portion of your disposable income.

To make sure that your payment is processed promptly and that your account is credited accurately, always:

- note your account number on your check
- enclose the appropriate remittance slip with your check
- mail your payment early enough so that it is received on or before the due date.

If you have any problems with an account, an error on a billing statement, or are having difficulty making your payments, it's important to contact your creditors in writing as soon as possible, and to make sure your concerns are handled properly.



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Heart Attack Prevention

Most heart attacks are preventable, curable or treatable. Here's a chance to test yourself on how much you know about coronary risk factors. This is not a pass-or-fail test. The American Red Cross says that its purpose is to determine how much you know about avoiding a heart attack.

- Which is a major risk factor to a heart attack?
 - High blood pressure.
 - Cigarette smoking.
 - High levels of cholesterol and fat in the blood.
 - Diabetes.
 - All of the above.
- Which additional factor may contribute to your risk of a heart attack?
 - Obesity.
 - Family history of heart disease.
 - Lack of regular exercise.
 - All of the above.
- Which health risks are most controllable by the individual?
 - Risks related to your behavior and habits.
 - Inherited traits.
 - Problems in your environment, such as pollution, and highway conditions.
- What would you do if you felt uncomfortable pressure, shortness of breath, or pain in the center of your chest lasting two minutes or more?
 - Drive yourself to a hospital

- immediately.
- Wait an hour, it may be heartburn or indigestion.
 - Call an emergency rescue service.
 - Leave a message with your doctor's answering service.
- Which foods add to cholesterol in the blood?
 - Polyunsaturated vegetable oils and margarine.
 - Low-fat milk and yogurt.
 - Egg yolks, butter, and cheese.
 - Fish and poultry.
 - A stroke happens when oxygen-rich blood is cut off on its way to the brain. Warning signals of stroke include—
 - Temporary dimness or loss of vision, particularly in one eye.
 - Unexplained dizziness, unsteadiness, or sudden falls.
 - Sudden, temporary weakness or numbness on one side of the body.
 - Temporary loss of speech.
 - All of the above.
 - Anyone starting a program of regular exercise for cardiovascular fitness should—
 - Go "all out" from the start.
 - Constantly push to increase the intensity of activity.
 - Pick activities that are rhythmic
 - Always stand still or lie down immediately after exercising.
 - Hypertension means:
 - Being nervous and high-strung.
 - Feeling very tense.
 - Having blood pressure that stays higher than normal.
 - All of the above.
9. Untreated, high blood pressure can cause—
- Stroke.
 - Heart attack.
 - Kidney failure.
 - All of the above.
10. If you have high blood pressure, you will need to:
- Take medications as prescribed.
 - Get your blood pressure checked regularly.
 - Decrease the amount of sodium (salt) you eat.
 - Lose weight if overweight.
 - Do all of the above.

ANSWERS: (1) (c), 2 (d), 3 (a), 4 (c), 5 (c), 6 (c), 7 (c), 8 (c), 9 (d), 10 (c).

Score 10 points for each correct answer: 100 to 90—Excellent. You're aware of risk factors for avoiding heart attacks. Just remember, you can all your Red Cross chapter anytime anyone in your family needs health insurance.

80-70—Good: But there's room for improvement. Call your Red Cross chapter for a listing of health and safety courses available, 60 or below—You need help! Call your Red Cross chapter to help reduce heart attack risk. You'll learn how to take blood pressure, how to administer CPR, and all about good nutrition.

Remember: Countless lives have been saved through safety and health skills learned through Red Cross courses. And because of these skills, millions of Americans live safer, healthier, happier lives. Be health-wise.

Antiques Show to be Held at Southampton

An antiques show and preview party hosted by Ambassador and Mrs. Angier Biddle Duke will be held at the Southampton Campus of Long Island University Aug. 26, 27 and 28.

Focusing on American and Continental formal and country furniture, the show will include some of America's most influential antiques dealers, representing 21 states and Canada. Also emphasized, according to show organizer Judith McHugh, will be outstanding decorative arts such as ceramics, porcelains and paintings; maritime antiques; matching patterns and high quality silver; from early American to Victorian.

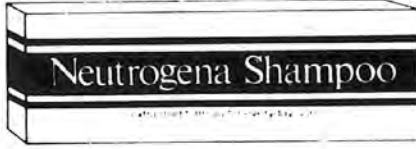
The show will be highlighted by a champagne and caviar preview party chaired by Ambassador and Mrs. Angier Biddle Duke on the evening of the 26th from 6:00-9:00 p.m. Ambassador Duke is the Chancellor of Southampton Campus athletic fund.

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Nassau Events

Please address all notices of local events to Calendar Editor, 132 E. Second Street (P.O. Box 1578) Mineola, N.Y. 11501 or phone 747-8282. Calendar items must be submitted two weeks prior to the event.

Tuesday, August 30

- Women Who Love To Sing! Third Place Women's Barbershop chorus looking for new members. Rehearsals at 7:45 p.m. at the Wesley United Methodist Church, 619 Fenworth Blvd., Franklin Square. For information call 365-6643.

- The Nassau Chapter of the Society for the Preservation and Encouragement of Barber Shop Quartet Singing in America will meet at 8 p.m. at Winthrop Hall, Church of the Advent, 555 Advent Ave., Westbury. New members are wanted. For information call 489-2644.

- Women for Sobriety group meeting, 8 p.m. in the MacArthur Auditorium of Mercy Hospital, Rockville Center. For information call 255-2287.

Wednesday, August 31

- The Grandparents Class, open to all grandparents, both new and experienced, will be held at 7:30 p.m. at Glen Cove Community Hospital. For information call 676-500, ext. 2420.

- The Sibling Preparation Class for children ages 3 and up will be held at Community Hospital at Glen Cove from 3:30 to 4:30 p.m. For information call 676-5000, ext. 2420.

- SPAN (Single Parent Action Network) is holding a meeting at 8 p.m. at the North Shore Child and Family Guidance Center, 480 Old Westbury Rd., Roslyn Heights. Topic: "Are There Rules For Staying in Love?" Donation is \$5 for non-members. For information call 626-2716.

- A closed Al-Anon meeting for families and friends of alcoholics will be held at 8 p.m. in the cafeteria of Mercy Hospital, Rockville Center. For information call 255-2287.

- The Long Island Vet Center offers free professional counseling to Vietnam veterans whose lives are still effected by their tour of duty in Southeast Asia. For information call 661-3930.

19th Century Mourning Customs Recreated

A re-creation of "Mid-19th Century Mourning Customs" will take place at the Old Bethpage Village Restoration's Williams House on Saturday and Sunday, Aug. 27 and 28, from 10 a.m. to 4:30 p.m.

County Executive Thomas S. Gulotta said mourning customs of the Victorian period differed significantly from today's practices. The wake would be held in the home of a relative, where a black ribbon was hung on the front door to alert visitors of the gathering inside.

Nineteenth Century Long Islanders expressed their grief in the form of art work, clothing, jewelry, poetry and samplers, which will be on display for visitors.

At the Village cemetery, the church sexton will prepare a grave and tell tales of deceased 19th Century Long Islanders.

Old Bethpage Village Restoration is operated by the Museum Services Division of Nassau County Department of Recreation and Parks. It is located on Round Swamp Road in Old Bethpage, one mile south of the Long Island Expressway, exit 48. The Village is open six days a week from 10 a.m. to 5 p.m. and is closed on Mondays. A cafeteria, gift shop and picnic area are on the premises. Admission to the Village is \$4, \$3 for Nassau residents and \$2 for children, ages 5-17 and Senior Citizens. Parking is free.

For further information, call 420-5280.



JOHN R. BRANSFIELD JR.

Bransfield Chairs Farmingdale College Foundation

John R. Bransfield, Jr., president, Long Island Region, Norstar Bank, was recently elected president of the Farmingdale College Foundation.

The Foundation assists the College in advancing its purpose by providing financial assistance with projects and facilities not otherwise supported by the State budget. Mr. Bransfield, formerly Group Senior Vice President in charge of commercial real estate lending at Norstar Bank, has also served the Col-

lege Foundation in the capacity of treasurer and vice president. His community and civic involvements have been numerous. Mr. Bransfield is director and trustee of the Long Island, YMCA, vice chairman, CIW Post Real Estate Institute; a board member of Long Island Builders Institute; and on the board of Advisors of Chicago Title Insurance Company.

He resides in East Williston with his wife Christina and their three children, John, Stephanie and Lorraine.

God's Favorite At Broad Hollow

Sidney Lipton is an unlikely messenger from God. The rumpled resident of Jackson Heights - who says he got his job with God by answering a newspaper ad - drops into the posh Oyster Bay home of Joe Benjamin with a challenge for the self-made millionaire. It seems that God and the Devil, having nothing better to do one day, made a bet that if the Devil made things tough enough for Joe, Joe would renounce God.

In *God's Favorite*, Neil Simon, the master playwright of comic theater, puts Joe Benjamin through a succession of Jobian trials testing his devotion to God. The dialogue is

by turns hilarious and poignant as Benjamin and his family deal with the problems of being *God's Favorite*. The BroadHollow Theater is located at 229 Route 110 in Farmingdale. Performances of *God's Favorite* begin on Thursday, Aug. 25 (8:30 pm) and continue on Fridays (8:30 pm), Saturdays (7 pm and 9:30 pm) and Sundays (3 pm and 7 pm) through Sept. 24 (additional Thursday performance Sept. 15, 8:30 pm). Ticket prices range from \$9 to \$13 depending on day of the week and seat location. Call the BroadHollow theater box office at 752-1400 for ticket information.

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- Plainview/Old Bethpage Herald
- Oyster Bay Enterprise Pilot
- Glen Cove Record Pilot
- Floral Park Dispatch
- Port Washington News
- Nassau Illustrated News
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- Oyster Bay Enterprise Pilot
- Plainview/Old Bethpage Herald
- Glen Cove Record Pilot
- Floral Park Dispatch
- Port Washington News
- Nassau Illustrated News
- Levittown Tribune
- Hicksville Illustrated News
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- Hofstra's growing computer facilities offer extensive high-tech training opportunities. There are more than 200 computer terminals available for student use and 85 microcomputers.
- The Hofstra campus, with its beautiful landscaping, was designated an arboretum by the American Association of Botanical Gardens and Arboreta. The campus has over 4,000 trees and about 200 species.
- Hofstra has 11 exhibition areas as part of the Hofstra Museum, 7 theatres, 5 student newspapers, a campus radio station, a student television station, an indoor olympic-sized swimming pool, and a student entertainment center.

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Gymnastic Center teams have competed successfully in numerous state and regional championship competitions.

The Gymnastic Center offers youngsters a truly challenging opportunity to develop their skills on the latest equipment, under the supervision of experienced trainers, in an atmosphere that is warm and exciting.

The center is available for birthday parties, for children from four up. Instructors are on hand to help the youngsters utilize the gymnastic equipment and trampolines, ensuring an unforgettable experience for all.

The Center is open from 9-9 Monday through Friday, 9-2 on Saturdays. For complete details, call 487-1437.



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A free Open House is scheduled at each of the Long Island studios to introduce students to the school's programs. The Great Neck Open House is scheduled for Monday, Sept. 12, from 6:30 to 8:30 pm (North Shore Presbyterian Church, Lakeville Rd.); Syosset: Thursday, September 8, 6:30 to 8:30 pm (Community Church - rear building - Church St.); Dix Hills: Wednesday,

September 7, 6:30 to 8:30 pm, (Dix Hills United Methodist Church, Candlewood Path).

Registration is by maturity and experience, and is open to students from 9 years old through adult. Younger students may register with permission from instructors. Classes begin in mid September and run through the end of January. For new students, Way Off Broadway offers a 9-class trial term with no commitment beyond the trial, with the option of continuing to completion of the course.

Classes are designed for greater physical, verbal and emotional spontaneity through acting exercises, theater games, improvisation, character creation and creative exercises to enrich the imagination and help students better express their feelings. Videotapes provide feedback and growth records which are invaluable aids in charting progress and developing techniques.

For complete details and registration forms, contact Judith Lesley, 212/741-1052.

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B A C K T O S C H O O L

Teaching Your Children To Manage Money

By Keni Woodruff

Teaching children at an early age the value of money can reap rewards for them...and for you...when they become young adults. Understanding how money is used in exchange for things that are needed or wanted can form a part of a child's education from the time he or she enters grade school and through high school. Different approaches work better at different ages. Your family's values, how you view allowances and children earning money, determine your basic approach. Here are some suggestions from the Consumer Finance Bulletin of the American Financial Svcs. Assn. for helping your children understand the relationship between money that comes in and money that goes out:

Grade School

- Provide a weekly allowance for each child, even if you can only afford a modest amount, and give it to children at a set time each week. Discuss the kinds of purchases that should be covered by the allowance and help the child understand

that the allowance can buy things he or she needs, for example, one week's allowance may buy batteries for a toy. Also, help your child realize how many weeks' allowance would be needed to purchase something more expensive.

- Encourage younger children to save a portion of their money in a piggy bank, at home, instill the value of saving "for a rainy day," or for a special item they want.

- If relatives or friends give them more sizable amounts, help them open a savings account in their own names. With their own savings accounts, children feel more independent and develop a sense of accomplishment every time they make a deposit, and watch their savings grow. Many banks require minimal balances on children's accounts.

- Encourage your child to earn extra money at home by doing simple chores, such as helping to set the table for a week, plain beforehand that this is an agreement bet-

ween you; if the task isn't done one day, that day's "wages" would be subtracted.

Junior High

- Continue allowances but, of course, adjust them upward; if you have not done it already, tie allowances to certain household responsibilities, chores. For big household tasks—for example, cleaning the basement—consider paying "wages" to your child. (Talk to your accountant about this one.)

- Encourage continued and regular savings account deposits.

High School

Peer pressure exerts more influence at this stage and could lead to family conflicts about money for clothes, entertainment, dating, a car. Reinforcing values linking money to work—either at home or outside—can be particularly important for teenagers.

- Before the school year begins, talk with your teenager about expected needs during the year. If you are going to provide an allowance, discuss the amount, what it is expected to cover, and whether any regular household tasks will be done in

exchange.

- If the teenager has an outside part-time job, it's important to discuss with him or her how much time is realistic for a full-time student. Clarify what the teenager's outside job earnings are expected to cover and what purchases the parents will continue to pay for.

- Continue to encourage regular deposits for savings.

- If your teen asks for a loan for a major purchase, and you're willing and able to provide it, consider setting up a "loan agreement," with payments and due dates specified. Some parents, to help prepare their teens for the real world, charge interest on the loan.

Usually children learn how to handle money from examples set by the parents. You can give your child a boost toward becoming a good money manager if you manage money well yourself. Involve your children in the family's financial decisions, such as planning a vacation within a certain budget. Also, if the family is having financial problems and needs to cut back on expenditures, bring your children into a discussion of the options.

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New York Institute of Technology is a private institution with campuses in Old Westbury, Central Islip and Manhattan. Its career oriented program is open to men and women of all ages, and offers more than 50 majors on a graduate or undergraduate level. Programs range from art and architecture to engineering and medicine, with both noncredit and professional career certificate programs and credit-bearing, degree oriented curricula available.

NYIT offers graduate degrees in Architecture (5-year professional Bachelor of Architecture), Engineering, and Technology; Hotel Administration; Culinary Arts (a new, 2-year degree program); Humanities;

Management (including a new Telecommunications Management degree); Media and Arts (including Advertising). There are also liberal arts programs where students may declare a major after completion of their first year.

The institute offers a combined BS/Doctor of Osteopathy degree through its medical school: NY College of Osteopathic Medicine. This is a seven year program affording the highly motivated student both an undergraduate and professional degree.

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NYIT offers small, personalized classes, affordable tuition and generous financial aid packages. An Honor and Challenge Scholarship Program provides annual grants based solely on scholastic ability, and brings tuition to a figure comparable to that of a state or city college or university.

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NYIT, provides an alternative learning experience, with varied courses and specially prepared study materials, allowing students to proceed at their own pace. Available anywhere in the world, via computer teleconferencing, the "IS" program is valuable for adults who wish to pursue an undergraduate degree while actively involved in their careers or while raising a family. It culminates in a baccalaureate degree in business, behavioral sciences or general studies.

The school offers life experience learning credits and noncredit, certificate programs in paralegal, interior design, travel and tourism, professional real estate (broker and sales licensing), and fashion retailing and merchandising.

Fall registration is underway, and classes begin in mid September. For catalogs and brochures call: General Admissions: 686-7520; Graduate Admissions: 686-7510; Evening/Weekend Credit: 686-7618; Non-credit/Certificate: 348-3325; and American Open University of NYIT: 348-3300.



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Prepare For PSAT/SAT Now...At Stanley Kaplan

Stanley H. Kaplan Educational Center LTD., will be offering classes locally in preparation for the October PSAT and November SAT.

Classes will meet throughout Long Island beginning the first week in September. The Kaplan approach of expert instruction and carefully researched test strategies has boosted the test scores and built the confidence of over 100,000 SAT students.

The Kaplan PSAT/SAT program begins with separate computerized diagnostic evaluations, and development of a personal study plan for each student. The computer diagnostic test is used to determine the students strengths and weaknesses and to guide them through verbal and math sessions. Students use their Kaplan study pack at home and the Test-n-Tape lab at one of the permanent centers. They also come to the centers for extra personalized help and a four-hour, hands-on workshop, Pathway to College, which helps students and parents to make informed decisions about when,

where and how to apply to college.

The PSAT course meets for 5 sessions and includes both released PSAT tests and strategies to prepare students for the exam taken in October of their sophomore and/or junior year. The PSAT taken in 11th grade is the only determinant of the National Merit Scholarship. After their junior year PSAT, students continue with our SAT course at NO ADDITIONAL CHARGE.

While Kaplan programs have a short-range goal—to improve scores, there is a more important, long range goal: to improve the math, verbal and reasoning skills that will help the student function more effectively at the college level. Obviously the two goals interrelate, since only an improved student can achieve an improved score. All students study with us until they complete their senior year SAT's.

SAT coordinators are available to help discuss any specific problems. Call 295-2022 days, evenings, or weekends: 248-1134.

Donor groups are needed to conduct blood drives. Any business, church, or community group, capable of recruiting a minimum of 50 blood donors, is urged to perform a vital community service by sponsoring a blood drive. You can arrange for Long Island Blood Services and the American Red Cross to conduct a bloodmobile in your social hall, gymnasium, auditorium or cafeteria. A field representative will provide all the guidance, information, and assistance needed to coordinate a successful blood drive. Help make a difference in the welfare of your community by organizing a blood drive. For further information, call Long Island Blood Services, 752-7300, or contact your local Red Cross chapter.



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B A C K T O S C H O O L

EAC Fall Tutorial and SAT Preparation Programs Scheduled

The Developmental Learning Program of EAC, Inc. announces that registration is now being accepted for enrollment in its fall tutorial program. Classes begin the week of September 12. Programs in mathematics, English, Spanish, reading, writing, study and organizational skills, Regents Competency Test preparation, and SAT preparation are offered to students of all ages. Students are seen individually (one student/one teacher) twice a week for an hour each session. The fee is \$33.00 per hour. The professional staff is specially trained to address the needs of students with histories of learning difficulties and poor school performance resulting in underachievement.

The SAT Preparation Course is an intensive, 8-week workshop designed to improve students' abilities. Vocabulary, reading for comprehension, forming analogies, basic math skills, review of algebra, geometry and

trigonometry, quantitative analysis, and test-taking strategies will be covered.

The class will meet on Thursdays, beginning September 15. The fee for the eight weeks is \$275.

This is the 18th year of operation for the Developmental Learning Program. The staff is highly skilled and is comprised of Masters level certified teachers, with ongoing supervision and consultation services provided by a licensed psychologist and certified educational counselor. Full psychoeducational evaluations to identify strengths and weaknesses in intellectual, perceptual, academic and emotional areas are available. Standardized achievement testing is an integral part of the overall tutorial program.

EAC, Inc. is a not-for-profit community agency. Further information is available from Nadine Heyman, (516) 883-3006.

College Bound: Taking the Tests and Choosing A School...

Two new handbooks for the college bound student have been published by Joan and Norman Levy of NJL College Preparation, 880 Willis Ave, Albertson. 'College Admissions: A Handbook For Students and Parents' is a practical, comprehensive step-by-step guide to the entire college admissions process which begins in the ninth grade and continues through high school.

The second book, 'Preparation for the PSAT/NMSQT, 8th Edition,' features six full length sample exams, with explanations for every answer, and is an ideal practice tool for the high school junior preparing for college entrance and national merit scholarship examinations.

The Levys are well known authors and lecturers in college preparation and planning, and their work with college bound and post college students at their Albertson offices has helped hundreds of youngsters increase their test score averages and general study skills in a host of subjects, including Math I, II, and

III; Pre-Calculus, College Algebra, Calculus, the sciences, social studies, French, English, reading and study skills.

NJL's services include a full range of test preparation courses and counseling in college planning, preparing applications and developing interview techniques.

For complete details and a list of other publications by Joan and Norman Levy, call 742-1414 or 741-3550.



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*Independent Harvard Study reported in the Boston Globe, Feb. 9, 1988.

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B A C K T O S C H O O L

A New Approach To Scoliosis

Scoliosis is a curve in the normally straight line of the spine, and is a problem that makes life unpleasant for hundreds of thousands of children and teenagers, according to Dr. Cathleen Raggio, head of Spinal Surgery at Schneider Children's Hospital's Scoliosis Center, L.I. Jewish Medical Center. School authorities and private physicians routinely check for evidence of this curvature, however, according to Dr. Raggio, "the time-honored treatment approach has been cumbersome, unsightly braces, and repeated X-ray evaluations."

Scoliosis is neither preventable nor curable, and while it is painless, it can cause severely distorted posture, and, for some, breathing problems. At the Scoliosis Center, physicians avoid taking unnecessary X-rays, and individual treatment is designed with the developing child's needs in mind.

Says Dr. Raggio, "at each checkup, we use an instrument called the Scolimeter to measure for possible changes in the spinal curvature. If no changes are found, we do not X-ray, and when X-rays are indicated," she continued, "they are taken in a manner that minimizes radiation, especially when the patient is an adolescent girl."

Where severe curvature is found, the Center uses a lightweight plastic brace, called a Wilmington Jacket, that is custom fitted to the contours of the body. The only hospital in the Metropolitan area to use this device, Schneider finds that young patients are more willing to wear it since its construction and light weight does not make them look or feel different.

"Less than 1% of the Scoliosis patient population has a curve severe enough to warrant surgery," Dr. Raggio notes, "and when a parent and child are referred to us, we schedule an extended orthopedic consultation to discuss diagnosis and therapy options, and to alleviate the fears they have. We also recommend a second opinion to make sure the family is well informed about the child's condition, prognosis and treatment possibilities, before they make any

decisions." For further information, contact Long

Island Jewish Medical Center, New Hyde Park, 718/470-8600.



DR. CATHLEEN RAGGIO fits a young scoliosis patient with a Wilmington Jacket, a unique, custom-designed, lightweight brace which conceals the spinal curve caused by scoliosis.

Allergies And Your Child

If your child appears to have frequent colds, habitually rubs his nose, breathes mostly through his mouth or often has a dry cough, the real culprit may be allergies.

It is important to know if your child is allergic because he's prone to infection when his nose is constantly running and its membranes irritated. This can mean frequent sore throats and ear infections in infants and young children. In children over six, sinus infections and headaches can occur.

What is an allergy? An allergy is an abnormal reaction by the body's immune system to a specific substance that is eaten, inhaled or touched. An allergic person is said to be "sensitive" to these substances, called allergens, which can include certain foods, pollens, house dust, animal dander, chemicals and cosmetics.

Why do allergies affect some children and not others? Allergies seem to run in families; if parents have the tendency to develop allergic reactions, their children are likely to suffer from allergies too, although not necessarily the same type. Still, it is not uncommon for individuals with no family history of allergic disease to develop an allergy.

The most common inhalant allergies are caused by pollen from certain types of weeds, grasses and trees, animal dander, house dust and the house dust mite, mold spores, feathers, household sprays and cosmetics. Some of the most common consumable allergens are milk, eggs, wheat, fish, nuts, legumes and fruits. Contact allergens include soap, detergents and certain fabrics. Although these are the most common offenders, allergic reactions to almost any food and a multitude of airborne and contact substances have occurred in some individuals.

Once an individual's allergy has been identified, the most successful way to control it is to avoid provoking the allergens. In many cases the doctor can prescribe medication to relieve such uncomfortable symptoms as itching eyes, running nose or cough. If it is something that can't be totally avoided and medication cannot relieve symptoms adequately, some patients may require injections of special extracts

(continued on page 8)

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dent...it's compact for storage in limited dorm space, offers numerous features to ensure high quality output.

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For less sophisticated use, the company's XD 5500 Memory Typewriter offers many of the PWP features, including 7,000 characters of built in memory, a 16 character display, a full line of self-correcting memory, "WordEraser" for automatic, full word, one-touch lift-off, a 50,000 word "SpellRight" dictionary, "WordFind," and a variety of automatic features that make A+ papers almost a sure thing.

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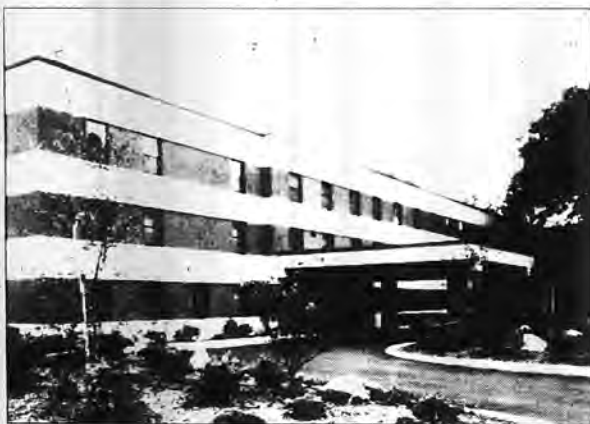
Allergies (continued from page 7)

containing these specific allergens to help the immune system become less sensitive to them. This is called immunotherapy or allergy hypersensitization therapy, and it is done gradually over a period of time.

It is unlikely that an allergy will go away spontaneously or be outgrown very quickly.

On the contrary, uncontrolled respiratory allergies can worsen and asthma can develop. The wise course is to understand the causes, and control the symptoms with the help of a specialist, so that the allergic child will have a general feeling of well-being now and in the future.

For further information, contact Long Island Jewish Medical Center, New Hyde Park, 718/470-8690.



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Comedians to Appear At Jewish Arts Festival

Two well known comedians will join other performers at the Sixth annual Jewish Arts Festival of Long Island, sponsored by the United Jewish Ys. The Festival will take place on Sept. 4 and 5, Sunday and Monday of Labor Day weekend, on the 47-acre campus of the Suffolk YM & YWHA, 74 Hauppauge Rd., Commack.

Yakov Smirnoff arrived in New York in 1977 as a non-English speaking Russian immigrant seeking freedom of expression. In this short time he has become an American star. Poking fun at the Russia he left behind, Yakov has appeared in top comedy films; on prime television show; and on famous stages.

Freddie Roman, star of the movie *Sweet Lorraine*, has performed on hundreds of radio stations and TV shows, at top resorts in Vegas and the Catskills, and with numerous stars. Recently, he performed for President Reagan in a benefit concert at the Kennedy Center.

Freddie and Yakov, along with 100 other top performers (dance, opera, theatre, klezmer bands, jazz, classical and Middle Eastern music), will perform for more than 20,000 people at the Jewish Arts Festival, which presents Jewish performing and visual arts and artists from around the world on seven simultaneously operating stages for two full days. Also highlighting the festivities will be the "Jewish Monk," Jack Eagle; Fyvush Finkel, star of the Yiddish Theatre and the Broadway show *Little Shop of Horrors*; David Amram conducting the unique 50-piece Festival Orchestra; and Slim Goodbody a unique children's favorite.

Visitors can browse through a festival area of crafts, and devour a large assortment of ethnic food delicacies.

One day admission to all events, including a free program book and on-site parking, is \$10 for adults; \$8 for senior citizens and students; free admission for children under 12. A two-day pass is \$15. Gates are open from 10:00 a.m. to 6:00 p.m., rain or shine. The facilities are accessible to the handicapped, and sign language interpretation is provided. The public is advised to bring chairs. For further information, call the United Jewish Ys of Long Island at 938-4600.

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JLLI Elects Board of Directors

The Junior League of Long Island recently announced its Board of Directors for 1988/1989.

Jodi Masciandaro, Cold Spring Harbor, has been elected President. Linda Langer, Upper Brookville, Vice President. Additionally, the following women were elected as members of the Board of Directors: Gerry Bain-Ryder, Port Washington; Susan Brewer, Garden City; Catherine Cook, Plandome; Regina Godfrey, Manhasset; Marilyn Kontulis, Locust Valley; Bernadette McInerney, Cold Spring Harbor; Ginny Orchard, Northport; Pati Peters, Cold Spring Harbor; Patrice Picone, Manhasset; Judy Porpora, Cold Spring Harbor; Betty Seddon, Huntington, and Tracey

White, Locust Valley. With its strong commitment to volunteerism, the Junior League of Long Island provides funding and trained volunteers for projects such as the Hempstead Nursery Co-Op (a respite care center for children of low-income families), Involvement Theater (a program for mentally and/or physically handicapped children), and *Lifeline* (a publication listing health care facilities and support groups for the seriously ill). This year, the Junior League of Long Island will be working with several community organizations including Inter-Faith Nutrition Network, Ronald McDonald House and Women on the Job.

Art League of Nassau County

Meetings to Be Held

The Art League of Nassau County, Inc., is a society dedicated to stimulating cultural awareness in the public, promoting enjoyment of fine arts and encouraging those who are interested in and practice Fine and Applied Arts.

The League has sponsored classes, workshops, donated funds to the Red Cross, March of Dimes, Disabled Veterans and other charitable organizations. Each November, members donate paintings to the John Rogers Mini-Sale to raise funds for these organizations.

Meetings, on the third Friday of each month, are held at the Unitarian Universalist Church, Garden City at 7:45 p.m. Meetings feature demonstrations by nationally prominent artists. Refreshments are served. Non-members \$1 donation.

Exhibits September 3-5

On September 3 through 5 works by members of the Art League of Nassau County will be exhibited in the artists workshop, at the Museum of Fine Arts, from noon to 6 p.m. The theme will be Long Island, persons, places or things.

Demonstrations daily, 1:00 to 3:00 p.m.
Sat. Sept. 3: Simonne Boissard Pontrandolfi, oil; Raymond Schryver, watercolor; Ramona B. Bendin, oil.

Sun. Sept. 4: Daniel Stone, oil portrait; George Gach, sculpture; Ruth Baderian, oil; Edyth Kane, watercolor.

Mon. Sept. 5: Daniel Slapo, pastel; Jacqueline Weyn, watercolor; Dorothy Foley, oil. There will be a raffle of three paintings by Marion Brown, Margaret Fleming and Herbert Slapo.



CHASE AWARDS GRANTS TO LOCAL NOT-FOR-PROFIT GROUPS

Chase Manhattan, N.A. recently recognized the good works of 82 Long Island not-for-profit organizations through its annual Neighborhood Grants Program, which this year awarded a total of \$86,500. Pictured here in the grant presentation ceremony are: (from left to right) Brenda Cobb, Chase Second Vice President and Plainview Branch Manager; William H. Hoefling, Chase Long Island Regional Banking Executive; Peter Collins, L.I. Junior Soccer League; and Darian Chasse, L.I. Junior Soccer League.

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South Shore Symphony Orchestrates Dinner

South Shore Symphony of Five Towns Music and Art Foundation, Inc. is planning a fundraising dinner to be held on Sunday at 5:30 p.m. on Sept. 25 announced Barbara Wieder, chairperson. The dinner will be held at Ma Chere Restaurant at 730 West Broadway, Woodmere. Donation is \$45.00 per person, tax deductible, and includes a cocktail hour, dinner, champagne punch all evening and an open bar. Tickets may be purchased by calling Reena Sandler at 701-0290; or send your check to South Shore Symphony, at Johnson Place and Broadway, Woodmere 11598.

Musician, members of the community orchestra, will give a short recital at the event: flautist Marie Stile; bassoonist Nancy Krupka; and clarinetist Ed Klein. In addition, there will be dancing to music by singer Jody Sandhaus Firestone and a pianist.

South Shore Symphony holds four concerts for the community; the first on Nov. 19 at

Hewlett High School's auditorium, announced Bebe Orzac, chairman with Josephine Clerley, co-chairman. The next rehearsal for orchestra members under the baton of Paul Rudolf of Hicksville will be on Aug. 30, Tuesday evening at 7:30 p.m. in the Hewlett Public Library. New musicians may call 374-2524 for information about openings.

South Shore Symphony is scheduling a free performance in October at the A. Holly Patterson Home for the Aged and Infirm of Nassau County. The orchestra, in addition, has busloads of elderly and infirm based in from nearby nursing homes in coordination with S.E.R.V.E. and chairpersons Doris Tipograph and Selma Seider.

"We try to provide music and good entertainment for the community, especially for those who cannot drive long distances to the city for concerts," explained Mrs. Orzac. "Please help support this worthwhile endeavor and attend our fundraiser."

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Volunteers for Wildlife Photography Contest

A Wildlife Photography Contest sponsored by Volunteer... for Wildlife has been announced by Robert (Bud) Russell, chairman of the event and active member of the group which runs Long Island's only Wildlife Rehabilitation Network. Eastman Kodak, always keenly interested in wildlife photography, has agreed to co-sponsor the contest and will provide prizes for the winners. Winning photos will be selected on the basis of originality, photographic quality, subject interest and visual appeal. A distinguished panel of experts has agreed to judge this first Long Island Wildlife Photography Contest. They are: noted wildlife photographer, Michael Fairchild; Manhattan commercial still-life photographer Sigrid Owen; *Newsday Magazine* photographer, Ken Spencer; President of Photographers Federation of Long Island (PFLI), John Brokas; and a representative from Eastman Kodak, still to be named. The credentials of this panel will add prestige to the outcome of the contest.

In announcing the contest, this environmentally active group hopes to increase public awareness of the importance of Long Island's wildlife and encourage conservation of its diminishing habitat. Contestants will have the entire summer and early fall to photograph Long Island wildlife, being careful to leave the habitats they enter undisturbed. Sallie Ruppert, president of the Cold Spring Harbor based group warns about

the importance of this requirement. Photos of nesting birds will, in fact, not be accepted under any circumstances.

Entries may be submitted by mail during the weeks of Oct. 3 through 7. (Volunteers for Wildlife, P.O. Box 427, Cold Spring Harbor, 11724) and must be postmarked no later than Oct. 7. For those who prefer, entries may be hand delivered to the Half Hollow Hills Library for one day only, Monday Oct. 3 between the hours of 10 a.m. and 9 p.m.

Specifications for entries are as follows:
• Prints only - black/white or color
• Minimum size - 5x7
• Maximum size - 20x24 (including mounting and/or frame)
• All work must be wired and ready for hanging.

• Please paste a small (2x3) label on back of your work with title, name, address and phone number.

Please submit a non-refundable \$6 fee with each entry, \$4 for students and seniors. (This fee will cover administrative costs.)

There will be an Awards Presentation and exhibit on Sunday, Oct. 16 at 2 p.m. at the Half Hollow Hills Library in Dix Hills. The exhibit, which will be open to the public from Oct. 16 through Nov. 17, will feature the award winners as well as a group selected for honorable mention.

For more information call Volunteers for Wildlife, Inc. at 367-4468.

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♠ 1098
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♦ 87
♣ 65

EAST
♠ J7432
♥ A6
♦ 10962
♣ 109

SOUTH
♠ K5
♥ Q109
♦ AQ
♣ AKJ732

The bidding:
South West North East
1 ♣ Pass 1 ♦ Pass
3 NT
Opening lead — five of hearts.

This deal occurred in a team of four match, but what happened at the two tables could just as easily have taken place in a rubber bridge game. At one table the bidding went as shown. East took the heart lead with the ace and returned a heart. So the defense quickly scored six heart tricks and South went down two despite his side's 31 high-card points. It is hard to blame South for the sad outcome. Looking at only his 13

cards, his three notrump rebid was surely proper. Three notrump would be the winning bid in the overwhelming majority of hands.

Thus, had North held the jack of hearts instead of the K-J of diamonds and queen of spades — a much weaker hand — nine tricks would have become certain. Or if the opponents' hearts had been divided somewhat differently, the notrump game might easily have been made.

It may be argued that South should have bid three clubs instead of three notrump, and five clubs might then have been reached. The flaw in this contention is that three clubs is not forcing. It is merely invitational, and a laydown game might be missed if partner passed.

At the other table the bidding started exactly the same way. But the North player at this table obviously prized his hand much more highly than the previous North, because he raised South's three notrump directly to six notrump.

The raise to six notrump paid off very well. West thought it was much too dangerous to lead a heart against such strong bidding, and he therefore made the "safe" lead of the ten of spades. South then had no trouble collecting all 13 tricks to bring his team a net gain of 1,670 points on the sad outcome. Looking at only his 13

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Barbara Pierson

<p>1 Announcements</p> <p>GREENLAWN LIONS FLEA MARKET & CRAFT FAIR Sunday, August 28th Heckscher Park Huntington Adults \$1:00</p> <p>HAPPY BIRTHDAY FRANKIE ON YOUR 30th!! I wish you many, many more! Your Loving Sister, DEE</p> <p>Happy Birthday DADDY! We love you. Have a GREAT Day! Love, JIMMY & ANNIE</p> <p>WANTED CARETAKER-Loving. Responsible to care for 12 yr. old cat. Details for payment to be arranged. Call Rebecca 621-1692.</p>	<p>2 Professional Svcs</p> <p>LIST YOUR PROFESSIONAL SERVICE Anton Community Newspapers Professional Listing appears in all 21 of our newspapers. We have rates for all budgets. For information Call 747-8282 Ask for the CLASSIFIED DEPT.</p>	<p>2 Professional Svcs</p> <p>RESUME Assistance "Career Assistance & Referral" Comprehensive Career Services AND Placement CALL: 516-887-5992</p> <p>VOLUNTEER WEIGHT CONTROL PROGRAM under MD & nutritionist supervision; info call 326-8101</p>	<p>Reunions</p> <p>All Reunion Ads MUST Be PREPAID \$25 5 lines, 5 weeks \$30 1 inch box, 5 weeks Visa-MC-Check</p> <p>50TH REUNION JOHN ADAMS HIGH SCHOOL CLASS OF 1938 AND (Adjacent Years) 352-6099 489-7576 481-1160</p> <p>ATTENTION "LOST" ALUMNI! Call: L.I. Luthern H.S. for information regarding all-alumni reunion 516-626-1735</p>	<p>6 Services</p> <p>DECKS 10 x 10 \$699 • 10 x 12 \$839 • 10 x 15 \$1049 BASEMENTS FRAMED 10 x 10 \$349 • 10 x 14 \$495 • 10 x 18 \$629 Prices incl. labor & material. Good until 9-1-88. Lic. & insured. Ref. & portfolio. Fasano Home Improvements 473-1735</p>	<p>6 Services</p> <p>Ferrari & Son "Expert Moving and Packing of your Most Treasured Possessions" Period Furniture and pianos our specialty! Call for FREE Consultation 516-248-2808</p>
<p>One of Long Island's finest marinas, family oriented, with a new 30' x 50' pool, an immaculate clubhouse and complete facilities. "Peconic River Yacht Basin" at the mouth of the Peconic Bay (516) 727-8386 Act now! Receive the balance of the 88 Season FREE for '89 slip rental.</p>	<p>Education</p> <p>MATH TUTORING Course 1,2 & 3 REGENTS & SAT PREP Reasonable Rates NYS Licensed Teacher-25 years Exp. 579-3974</p>	<p>5 Cemeteries & Monuments</p> <p>BETHPAGE CEMETERY: plot, 6 burials. Call 593-8814 after 7pm FOUR GRAVE PLOTS Nassau Knolls Memorial Park Port Washington 765-6499</p>	<p>6 Services</p> <p>NEED A PAINTER? Interior/Exterior. Free estimates Reasonable prices Call 759-1797 SAL THE TAILOR custom tailoring & alterations. Ladies & Men. 32 Glen St. Glen Cove, N.Y. 11542 876-3737</p>	<p>AMORE Limousine All Occasions 238 Route 109 Farmingdale, NY 11735 516-249-5449</p> <p>You might have a parent, friend or relative, that can benefit from our nursing service. ALTERNATIVE CARE is a home nursing concept, that avoids institutional care for the elderly, invalid or homebound person. Contact Ms. Ferguson RN for consultation at 516-997-4460 or 212-944-8955</p>	<p>Bayline Woodworking Custom Cabinets Wood & Mica Furniture Vanities/Counter Tops Wholesale Prices Adrian Cappelli Factory Showroom (516) 567-3381</p>
<p>The Garden City Jewish Center 168 Nassau Blvd., Garden City, N.Y. Offers you and your family: • Reform services - Friday 8:45 p.m. • Religious School - FREE for new members (Reg. 9/11) • Socially, culturally active Youth Group • Bar/Bat Mitzvah training • Reform philosophy - Conservative as well as Interfaith couples welcome. • Membership dues among the lowest in Nassau • Rosh Hashanah, Yom Kippur services (Sept. 12, 13, 21) For information, please call: (516) 742-5523, (516) 742-5096.</p>	<p>3 Special Occasions</p> <p>ISLAND Tent Rentals •Tents •Canopies •Tables, Chairs etc. WE COVER THE ISLAND 516-689-6666</p>	<p>Autumn Special 10% Discount on all Exteriors Chimneys, Garages & Fireplaces Any Renovations sold before Sept. 1st 1988 FREE ESTIMATES Fully Insured & Licensed 30 years in business 516-437-2715</p>	<p>AUTUMN SPECIAL 10% Discount on all Exteriors Chimneys, Garages & Fireplaces Any Renovations sold before Sept. 1st 1988 FREE ESTIMATES Fully Insured & Licensed 30 years in business 516-437-2715</p>	<p>DG PAINTING Quality Work David Gagliardi Interior - Exterior Benjamin Moore Paints Staining & Wallpaper Removal FREE ESTIMATES 516-232-2792</p>	<p>WINDOW CLEANING Honest Work For A Fair Price • Gutters Cleaned • Scheduling within a week • FREE Estimates CALL MARK TODAY! 549-3067</p>
<p>FENNESSY Enterprises</p>					

MARMADUKE® by Brad Anderson



"Don't hand me that stuff. You're still on the couch!"



"I think it's more than a visit. His doghouse is in our backyard!"



"This means the bathtub for me and the garden hose for you."

8 Personals

HOME COMPANION needed for Farmdale resident... MASTERCARD No one refused... THANK YOU St. Jude for answering our prayers

24 Help Wanted

APPLICATIONS Will be accepted at the Port Washington Water District... ACCOUNT CLERK Must be resident of Nassau County... ASSISTANT TO DEVELOPMENT DIRECTOR

24 Help Wanted

CATERING * Married * Waiters * Waitresses * Bus people... CHILD CARE WORKERS needed for developmentally disabled children... CHRISTMAS AROUND THE WORLD

24 Help Wanted

DRIVER/DELIVERY South Huntington School District... DRIVER/PJT 25-30 hrs/wk... DRIVERS 25 Needed

24 Help Wanted

FIT DAY MAINTENANCE, grounds 8:30 AM - 5:00 PM... INVENTORY CLERK Filing, Typing, & Exhibiting... SHIPPING CLERK Experience with UPS and common carrier shipping... FIT DAY TELLER

24 Help Wanted

GENOVESE DRUG STORE 961-3 PORT WASHINGTON BLVD PORT WASHINGTON... HOUSEKEEPING TEAM PIT FIT Weekdays only Working in beautiful homes & apts.

24 Help Wanted

NOW YOU CAN become one of America's highest paid people... OFFICE ASSISTANT For Medical Office in Haverk... OFFICE HELP Salary commensurate with experience

9 Lost & Found

FOUND female kitten-white w/ tan stripes, in Shorecrest area of Glen Cove... LOST IN GARDEN CITY -Hempstead of Minnetonka area... REWARD: \$200 will be given to the person who has knowledge of...

ATTENTION HOUSEWIVES!

Party Rental Company seeks someone personable & hard-working for RETAIL & PHONE SALES PIT or FT Call: 248-1230

CLEANER/CUSTOMER

PJT general cleaning & maintenance. Eves & Sat. Valid driver's lic. Call Mr. Anans. 798-4607

DRIVERS NEEDED SCHOOL BUS

\$8.10/hr. with CLASS 2 or TRAIN NOW for September Serving FARMINGDALE & BETHPAGE... K. CORR BUS 752-9310

LAUNCH OPERATOR

Needed. Local restaurants. Call: 944-7136, 9am-4pm

LEGAL SECRETARY

General Practice W/P Pleasant office. Easy commuting. Start in Sept. 248-0046

OPPORTUNITIES UNLIMITED

In today's Coast Guard, job and career opportunities for men & women... SUNSHINE MAIL IN MASSAPEQUA 795-4170

22 Domestic

CLEANING LADY wanted Garden City home. Mon, 1/2 day Fri. Open hours 294-0972

AUTO MECHANIC

Must have own tools. Must know all aspects of auto mechanics 621-6024

CLEANER/HANDYMAN

Indoor/outdoor for Public Library. PIT. Flexible schedule, weekends. Call: 248-7363

DRIVERS School Bus Class II

or will train. Paid holidays & vacation. 494-5555

IF YOU ARE AMBITIOUS & HONEST WITH GOOD REFERENCES THEN YOU'RE HIRED!

Part/full time positions available. Benefits include: Great working conditions, bonuses, and flexible hours.

LEGAL SECRETARY

General Practice W/P Pleasant office. Easy commuting. Start in Sept. 248-0046

PART-TIME BUSINESS OPPORTUNITY

Offering huge earning potential. No products to buy or sell. Salary Experience related. Duties not necessary. Will train. Call Mike 516-420-9078

22C Child Care

CHILD CARE Needed: Live Out to care for 3 or 4 mos. old child. Mon-Fri. 9am-5pm. Walk to Rts. 1 & 2. Looking for warm, loving, responsible individual. Call: 482-8833

BILLING CLERK

We are seeking an individual with 2-3 years' experience in billing to join our design engineering firm. We provide an excellent compensation and benefits program. Please call 482-9801 for an interview or send resume to: SEAR-BROWN GROUP

CUSTOMER SERVICE

Position available. Small pleasant office. Good organization, self-starter, good with phones, typing & figures. 516-871-8244 Wendy George

EMPLOYMENT OPPORTUNITIES

Delivery help/retailer. Sales Management potential. 499-9122 563-3755

IMMEDIATE

Full time. East Northwick Location. Late packing of electronic parts. Salary & Benefits Very pleasant surrounding. Reimburse well. Call Eric: 922-4380

LEGAL SECRETARY

General Practice W/P Pleasant office. Easy commuting. Start in Sept. 248-0046

PART-TIME OFFICE MANAGER

Technical & clerical skills required. Includes filing, typing, answering phones, etc. Salary commensurate with experience. Will train. Call Mike 516-420-9078

CHILD CARE

CHILD CARE needed for 4 month old baby. Manassett home live-in/out. M-F. Exp. in infants, English speaking, non-smoker. Refs: 365-2375

App'l. Setters

PIT. At least 1 year experience, normal working conditions. Hourly wage & bonus. 671-1577

INSURANCE Claims Ass'n/Word Processor

Word Processor good telephone & people skills. Diversified background. Excellent benefits. Roslyn Hts. 484-7000

EXPERIENCED TELEPHONE SOLICITORS

National Family Magazine Chance of a lifetime. Full or Part time. Generous commissions. Good repeat business. Work from home. UNBELIEVABLE! Write Father Peter c/o The Franciscans 1615 Revere Blvd Cincinnati OH 45210 or call 513-241-5615

IMMEDIATE

One of Long Island's oldest Dodge Dealerships needs 1 responsible F/C Automotive bookkeeper w/ Chrysler exp. pref. Good salary, benefits and vacation pay. 249-7000. Ask for Howard.

MANICURIST

MANICURIST needed with following: Cosmetology, Call: 621-7375

Part Time Food Service Helper

Caumette State Park Hours: 10:00 a.m. - 6:00 Monday, Tuesday and Thursday. 10:00 a.m. - 5:00 p.m. Wednesday, Thursday and Friday. 10:00 a.m. - 5:00 p.m. Saturday and Sunday. For application and information call: 516-777-0718 or anna@caumette.com

MATURE WOMAN

MATURE WOMAN needed to care for 12 month old in my Garden City home. Mon-Fri. 9am-3pm. Must be non-smoker & have checkable Ref. 437-4948

BOOKKEEPER

BOOKKEEPER FIT to service clients of computerized North Shore CPA firm. Flex hrs, no travel. 759-0022

DELIVERY PERSON

For Manassett area. Mon-Sat. 10:30 to 3 p.m. must have own car. Good hrs plus salary. 827-0725 ask for Renee or Hal

Early Childhood Director

needed Oct. thru April for Queens school. Must have Certification in early childhood Education and two (2) years preschool teaching experience. Good salary & benefits. Call 716-479-0505

IMMEDIATE OPPORTUNITY

Check position being offered for an independent worker. Billing, photo copying, phones & other diversified duties. Insurance and medical background a plus. Pleasant office in Levittown. Exp. benefit package. Call Carol Kelly 731-6100

MATURE, RESPONSIBLE SALES PEOPLE

PIT. FIT to oversee operations in novelty & accessory store in Port Washington. Call after 7:00 p.m. at 718-225-7787

NASSAU BOGES

Valentines & The Plain Roads Westbury NY 11590 (An excellent opportunity to play)

RESPONSIBLE, LOVING, MATURE WOMAN

RESPONSIBLE, loving, mature woman, non-smoker to care for 9 mo. girl. Our Manassett Park home PIT Summer, FIT help Sept. Home housekeeping 716-799-4274

BOOKKEEPER-FIC, PIT

One wright system. Post to general ledger, country claims & a/c. a/c. 767-1133

DENTAL ASSISTANT

experienced 4 days per week. 516-627-2323

Early Childhood Education

Elementary teacher needed for Queens school full-time. Start in Sept. Good salary & benefits. Call 716-479-0505

IMMEDIATE! School Bus Drivers

Class 2 & 4 Will Train. PIT a.m. & p.m. Earn up to \$8,500/yr. Paid vacation, holidays, and incentive days. Call 883-6711

MEDICAL ASSISTANT

FIT Exp. Manassett. Interest. Very puncture. EOE. No Sat. Benefits. 516-363-9600

Part Time Student or Returnee

clerical, Insurance of Tice Garden City Non-smoker 747-2000 Call between 10-5:00 p.m.

ACCOUNTING CLERK

ACCOUNTING CLERK. 4 Days 6:30 AM-2:45 PM. 28 hrs. 0-10 hrs. task, typing accurate, familiar with 1042-123. non-profit agency. 202-3361 921-2730

BUS DRIVER/CLEANER NORTH SHORE SCHOOLS

Full time, all benefits. 12-month position. Please call: 671-5500 Ext. 133 Daniel Rosenman, Dir of Facilities

DENTAL ASSISTANT

Orthodontic office Melville area. Call: (516) 752-9422

FACTORY HELP

Machine Operators needed. Will train. High starting salary plus benefits. Day and Night shift available. EOE. Alisa Dee Casting Inc 150 Flors Street Farmingdale NY 11735 516-249-1900

IMMEDIATE! School Bus Drivers

Class 2 & 4 Will Train. PIT a.m. & p.m. Earn up to \$8,500/yr. Paid vacation, holidays, and incentive days. Call 883-6711

MEDICAL SECT

PIT 2 full days possibility. 3. Roosevelt field location. Some exp req. Call: 747-5150

PEOPLE PERSON SHORT HOURS

Needed to assist in the leading of 100+ and general work in the North Shore. Hours: 10:00 a.m. - 5:00 p.m. or 11:00 a.m. - 5:00 p.m. or 7:00 a.m. - 5:00 p.m. Call: 621-3400, ext. 126

ADMINISTRATIVE ASST-FIT

Familiar w/office procedure, flexible. W/P & Data Entry, record keeping, diversified duties. Min. 50 wpm 9-5. The Assoc. for Children w/Down Syndrome. 516-221-4700

CARPENTERS HELPERS

New Home Construction. Huntington area. Salary based on experience. Benefits. Call necessary. 673-5252

DRIVER FT/PJT

Days, Eves & Weekends. Clean license. Own car. Retirees welcome. Call Jean Bell 870 5 676-2298

FACTORY HELP

Greenwald. Will train to work on small parts. Will close to home. 621-3221

IMMEDIATE SALES PERSON

For Window Treatment Co. Will train. FT Days. Must have call. 345-3535

MESSANGER/RUNNER PIT Flexible Hours

For Glen Cove Real Estate Appraiser's office. Must drive. RETIREES WELCOME! 671-1424

PHARMACY TECHNICIAN

FIT and PIT. weekends. Local Glen Cove pharmacy. Call: M. Loefler at 676-2298

AMERICA'S LARGEST FULL-SERVICE REAL ESTATE CO HAS A CAREER SALES OPPORTUNITY NOW!

FREE TRAINING Call Charles Rife TODAY For an appointment: 931-3204 COLDWELL BANKER Sears-rover level Hicksville

CATERER (OH Premises) W/AS WEEKEND WORK FOR WAITRESSES/WAITERS KITCHEN HELP

Ideal for COLLEGE STUDENTS! 454-9254

DRIVER FT/PJT

Days, Eves & Weekends. Clean license. Own car. Retirees welcome. Call Jean Bell 870 5 676-2298

FLORIST Great Neck

needed responsive person for all around duties, and to service plants in offices. Experience helpful. Call Natalie Mon. Sat. 9 a.m. - 6 pm 516-487-3860

IMMEDIATE! PERSON

For Window Treatment Co. Will train. FT Days. Must have call. 345-3535

MODELS M/F

To \$800 a day. Fashion TV. Tall & Petite females and Tall males needed for minis, jeans, evening wear, Fashion Shows. Also hand Leg. 68 shoe and swim wear models wanted. 212-213-0116

PHOTOGRAPHER

Full-time position. Assignments twice from Saturdays to feature photography. Dark room exp. a plus. Call: 427-7666 for appl.

ANIMAL LOVER

Wanted to work in animal hospital. Care for animals. Full Time. Mature, responsible. Exp. pref. Call 621-4016

CLERICALS Bright Beginners Welcome

Full-time positions available at our busy Carle Place location of major retail furniture chain. If you have a pleasant phone personality, are a quick learner & like a variety of assignments, let's talk! We offer a good salary & generous employee privileges. Call for appointment 516-747-7890 HUFFMAN KOOS Equal Oppy Employer M/F

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INSURANCE SALES WANTED CAREER SEEKERS

Potential Earnings 40K plus. Excellent benefits. Call Ron Miller 794-4758

NEED RN OR LPN Male/Female

exp'd for a 35 yr old MS patient with a quadriplegic care. Will train. All shifts avail. 767-2037

PHARMACY TECHNICIAN

FIT and PIT. weekends. Local Glen Cove pharmacy. Call: M. Loefler at 676-2298

IMMEDIATE! PIT OFFICE CLERK

GLEN HEAD OFFICE Retail A/P and clerical duties. Must be good with figures. 516-674-3334

CLERICALS

Bright Beginners Welcome Full-time positions available at our busy Carle Place location of major retail furniture chain. If you have a pleasant phone personality, are a quick learner & like a variety of assignments, let's talk! We offer a good salary & generous employee privileges. Call for appointment 516-747-7890 HUFFMAN KOOS Equal Oppy Employer M/F

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Full-time position. Assignments twice from Saturdays to feature photography. Dark room exp. a plus. Call: 427-7666 for appl.

24 Help Wanted

PRINT ROOM ASSISTANT

We have an excellent opportunity for an individual to join our design engineering and survey firm to perform reproduction and mapping...

SEAR-BROWN GROUP C.E. WARD

171 Great Neck Road Great Neck, N.Y. 11021

EOE

PT COLLEGE STUDENT Light maintenance & clerical work...

PT DENTAL ASST TUES & Thurs full days. Exp. pref. not essential.

PT EXP. BOOKKEEPER 2 afternoons a week. Knowledge all phases.

PT. FIT GUY/GAL FRIDAY Some knowledge of typing & Bookkeeping.

P/T OFFICE WORKER mult. type, dependable, will teach computer.

P/T POSITIONS Available for CLEANERS Retired persons ok.

P/T Secretary/Receptionist For Pediatric Office in Levittown area.

P/T VAN DRIVER Program Assistant (full day care).

P/T WRITER To cover news and events in Deer Park & Islip Township area.

REAL ESTATE SALES Due to quick growth and large inventory, we invite you to share...

REAL ESTATE SALES A great future with multi-million dollar U.S. ILLAFEX immediate openings.

U.S.1 Real Estate New Hyde Park Office 328-3233

RECEPTIONIST Front Desk Orthodontical Phone, app'ts, life typing, insurance.

RECEPTIONIST For busy organization, individual must be able to answer telephone, access caller record, make referrals to appropriate departments...

24 Help Wanted

RECEPTIONIST/PT, FIT light typing & filing. Data vision. 681-9444

RECEPTIONIST/CLERK PORT WASHINGTON

Alert, assertive & accurate for front desk position. Quick learner for clerical/RE duties.

REPORTER Full-time news reporter feature writer to cover Islip township for South Shore newspaper.

RESTAURANT Cold Spring Harbor Lab has immediate openings in its busy restaurant for the following individuals:

COOK Able to prepare a variety of foods, sauces and soups as well as supervise a staff of 4 to 6 people in a busy kitchen.

UTILITY PEOPLE Excellent opportunity to work in congenial, beautiful surroundings. Call 516-367-8347 for an immediate appointment.

COLD SPRING HARBOR LAB On 25A Opposite Fish Hatchery Cold Spring Harbor, N.Y. Equal Opportunity Employer M/F

RETAIL MANAGER/SALES HELP For retailing high fashion women's boutique. Exp. Nec. Benefits + more. Call: 484-2232

RETAIL SALESPERSON Experience preferred. Positive growth opportunity at HILLIARD'S ARMY & NAVY, 37 Glen St., Glen Cove. 671-3330

SECRETARY Good typing & phone skills. Gen'l office duties. Salary Comm w/exp. Good benefits. Pleasant office. 516-437-2325

SECRETARY/INSURANCE Busy Gen'l Office. Steno. Exp. pref. Benefits. Salary open. Call 678-2900

SECRETARY/PT Mon, Tues 9 to 5 CFA office Answer telephone. H. type. 799-8415

TEACHER'S AIDE Fall opening. Special Ed background. Some College. Pref. FIT position. Call: 692-8036

TEACHERS Wanted part time. Parent Co-op. 3 and 4 year old class. BS in early childhood required. Call 694-6987 or 694-3965

TELEMARKETING AM, NOON & PM Shifts FUNDRAISING. P/T & FIT available. Salary + Bonus. 933-1884

TELEMARKETING SALES DEPT. Needs fulltime sales person. Graphic Arts & Printing Supplies. Will train. NICK 516-294-6666

TELEPHONE SALES P/T Returning homemakers/retirees. pick any four (4) hours between 8:30 a.m. and 5 p.m. Soft sell approach. We will train. Garden City area. Earn \$18.00/hr. Base pay 1.00. Comm + benefits. Ask for Micki 516-222-1111

TELLERS Trainee or Experienced Excellent benefits & working conditions. Contact Manager or Assistant Manager. 883-8100

TEMPORARY POSITION P/T driver wanted to deliver Newspapers in Huntington Area. Light work. Good for Retiree. Excellent pay. Call: 427-7000

TOW CAR OPERATOR NORTH SHORE AREA MUST HAVE EXPERIENCE W/FLATBEDS & WRECKERS 621-6024

TOWING DISPATCHER Busy North Shore Towing Service is looking for a reliable Dispatcher Must have knowledge of Nassau and Suffolk Counties. Call for more information 621-6024

TRAVEL AGENT P/T Immed opening West Suffolk. Outside Sales Agents also 516-267-3503

TYPIST-CRT P/T Pleasant atm. atmosphere 2 shifts avail. \$6 pmk 931-5656

TYPIST P/T Huntington Village. Will train on IBM PC. 12:30-4:30 daily. 58hr. 421-4488

WAITRESS Wanted Mon. Fri. 10:30 to 4 p.m. Manhasset area del. Exc. tips plus salary. 627-0725 ask for Renee or Hal.

WANTED DOORMEN For flexible hours evenings & weekends. Excellent salary for suitable applicants. 683-5500 9:30-1:30 p.m.

ACRYLIC NAIL MANICURIST Table available for you to rent IN SKIN CARE STORE Roslyn 821-7175

24 Help Wanted

SALESPERSON Advertising sales position open for aggressive organized individual. Territory covers Islip township. Salary plus commission, benefits. Send resume to The Long Islander 313 Main St. Huntington N.Y. 11743 Call: 427-7000

SARA'S CENTER Arts focus day treatment center for emotionally disabled adults seeking dedicated, out-going energetic Activities Assistant with creative leadership potential. Great Neck area. 516-482-1550

SECRETARY/GAL FRIDAY for publication FIT. Bookkeeping skills. Greenvale Location 484-6622

SECRETARY/INSURANCE Busy Gen'l Office. Steno. Exp. pref. Benefits. Salary open. Call 678-2900

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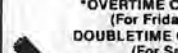
ACRYLIC NAIL MANICURIST Table available for you to rent IN SKIN CARE STORE Roslyn 821-7175

24 Help Wanted

TELLERS If you are customer oriented, personable, interested in a career and well with figures...

WE HAVE FULL TIME & PART TIME POSITIONS FOR YOU

EXCELLENT BENEFITS PACKAGE *OVERTIME COMPENSATION (For Friday Evenings) DOUBLETIME COMPENSATION (For Saturdays)



FIDELITY NEW YORK

746-8500 Call Human Resources at Ext. 366 Equal Opportunity Employer M/F

Two B-Class mechanics wanted for Mitchell Oldsmobile service department. Full Company benefits, paid vacation. Call Mr. Conti between 8 a.m. - 4 p.m. Monday thru Friday 421-3600.

MITCHELL OLDSMOBILE 690 E. Jericho Turnpike Huntington Station, N.Y.

VET ASS'T. P/T - FIT at Manhasset Animal Hospital Duties include: caring for animals, assisting vet, and answering phone. 627-0057

WAREHOUSE TRAINEE Part Time Cold Spring Harbor Lab has an excellent opportunity for an individual to train to pack books. No experience necessary. Must be able to lift 50 pounds. \$5.00 per hour. Flexible schedule. Call 516-367-8329 or drop by and apply in person.

COLD SPRING HARBOR LAB On 25A Opposite Fish Hatchery Cold Spring Harbor, N.Y. EOE M/F

WE ARE CURRENTLY ACCEPTING APPLICATIONS FOR THE FOLLOWING TELEMARKETING Sell advertising space. Part & full time. Flexible hours. Experience pref. Salary & Commission Paid Vacation & Benefits. Ext. 123 or 125

DISPLAY SALES PEOPLE Experienced Salespeople FIT excellent paid benefits. Excellent Salary & Commission. Ext. 170

ALL POSITIONS OFFER PAID VACATIONS & HOLIDAYS EXCELLENT BENEFITS CONGENIAL ATOSPHERE LOCAL WEEKLY NEWSPAPER CHAIN BASED IN MINOLA PLEASE CALL 747-8282 AND ASK FOR EXTENSION NUMBER OF POSITION YOU ARE APPLYING FOR.

Anton Community Newspapers The Staff

132 EAST SECOND ST. MINOLA, NY 11501 e.o.e. m/f/h/v

26 Situations Wanted BABYSITTER & HOUSECLEAN JNG avail. live-out, wexp & refs Call Connie at 201-692-5277

NURSE Looking for private duty home care. Caring, reliable refs Call 751-1719

EXECUTIVE SEC-Y 2 day week. Reliable, dependable, extremely qualified, take-charge type. Out cooperative. 829-9542

EXPERIENCED BABY SITTER will care for your toddler. Westbury, Hicksville, Syosset area. Call 516-333-5994

HANDYMAN will do painting & small home repairs. clean, honest, garage & attic. Call 526-5343

Looking for ENTRY LEVEL position as a computer repairer. Have DBA DEGREE IN BUSINESS MANAGEMENT. Currently attending computer technical school. Assertive, ambitious, non-smoker. Experience 2 years as customer service rep., promoted to claim's adjuster. Have done data entry on IBM CRT Unit. Call Glenn 667-3587

MATURE WOMAN Will care for your child weekdays my Port Washington home. Refs. 863-0816

NURSE ASSISTANT/COMPANION is available to take care of sick people. Excellent references from hospital and private. Own car. Call: 487-6783 or 466-2923

TUTOR available. Exp. Elementary School Teacher will provide support in Math & Reading during summer vacation. \$30/hr. my home. \$40 per hr. your home. Call Susan Klamitz 67-15476

WANTED Carpentery, plumbing, masonry work. Ask for C.J. 271-1457

27 Business Opportunities BRAND NEW Ladies London Fog Raincoat Black. zip up lining size 10. BEST REASONABLE OFFER (516) 676-8768 (516) 676-8889

32 Instruction GUITAR INSTRUCTOR/ADVANCED & beginning 35hr. 1st lesson FREE. Own transp. 462-8244

Piano Instruction M.A. in Music. All Levels Children & Adults 538-3031

TRADITIONAL TAPESTRY RUG HOOKING Learn to hook an Oriental Rug, a primitive wall hanging, a crewel pillow for a domestic life or stained glk. pictorial. Classes begin Oct. 3rd. 10:12 a.m. in my home. 5 lessons. \$200. In-venture. \$35.00. Meet every other week. All equipment & materials avail. Home. A rug-hooker for 20 years. A senior. McGowan for 5 Jean T. Cooper, Ft. Washington 883-1241

TRAIN TO BE A PROFESSIONAL SECRETARY * SEC./RECEPTIONIST * EXECUTIVE SECRETARY Start locally. Full time/part time. Learn word processing and related secretarial skills. Home Study and Residential Training. N.A.T.I. headquarters, L.N.P., FL

* FINANCIAL AID AVAILABLE * JOB PLACEMENT ASSISTANCE 1-800-327-7728 THE HEART SCHOOL

36 Articles For Sale BRAND NEW Ladies London Fog Raincoat Black. zip up lining size 10. BEST REASONABLE OFFER (516) 676-8768 (516) 676-8889

Sales Associates

RETAIL FULL TIME Days/Eves/Wkends Make STEINBACH Your Next Career Move!

No experience necessary because we will train you. Enjoy all the rewards of an upscale retailer and work in a dynamic, pleasant environment. We offer excellent starting salaries and benefits including merchandise discounts. You'll have all the support you need to succeed. Apply in person to Customer Service during regular store hours.

Steinbach 1504 Old Country Road Westbury, N.Y. 516-832-8600 Equal Opportunity Employer

Receptionist Gal Friday for MAS

Call Nancy 487-2220

Return Congregational School in Great Neck is looking for a Creative Art Teacher for Sat. A.M. & Mon. PM If interested, please call: 516-487-0900

SALESPERSON IN TRAINING Begin in the warehouse doing light packing & shipping. On the job training. In sales. We need a reliable person who wants to learn & advance 20 hour week. Call: 516-894-4777

SEASONAL WAREHOUSE help wanted for summer, must be 18 years of age. \$7 per hour. Apply in person. Bradco Supply Corp. 85 Bloomingdale Rd. Hicksville, NY 11601

SECRETARY FIT - Stenotyping skills. Int'l. Trade. Pleasant Glen Cove office. Good salary + benefits. Call Rose 759-2727

SECRETARY For Huntington U.S.C.S. Legal exp. in word processing preferred, but will train. Benefits, salary open. 549-8250

SECURITY GUARD FULL TIME Bay Shore waterfront area. References required. CONTACT Mr. Korror 665-3677

SECY/GAL FRIDAY Retirees welcome. Looking for a special person to join our prestigious RE office. Must be warm & friendly. Salary open. 922-1950

SENIOR COUNSELOR P/T Mon-Fri. Huntington Residential Program. Training - chairlift disabled adults for independent living. BA + experience required. Excellent benefits include dental, tuition assistance, retirement program. Call Miss Brown: 361-9020

SPORTSWRITER Weekly newspaper looking for an aggressive and creative sports writer to provide coverage in the Islip townships area. Strong writing skill necessary. Knowledge of photography helpful. Send resume, samples to: The Long Islander 313 Main St. Huntington, N.Y. 11743 or call 427-7000

STOCK EXCHANGE FIRM GARDEN CITY - Needs phone answering person, with listing exp. Good benefits & working conditions. Call Beverly between 9:30 - 3:30, Mon. - Fri. 228-5500

SUBSTITUTE TEACHERS Secondary. Must be NY5 certified. Call Dr. Helen Browne 892-8600 Cold Spring Harbor Schools

Secretarial/Clerical Guiding School District Immediate Openings in following areas: Typist - Clerk Salary range \$11,366 - \$14,252 Senior Typist - Clerk Salary range \$12,502 - \$14,949 Stenographer Salary range \$13,199 - \$15,779 Excellent benefits package. Specific benefits include: Comprehensive health insurance, Dental insurance, & liberal vacation. Send resume to: Port Washington U.S.C.S. 100 Campus Drive Port Washington, N.Y. 11050 EOE

TRAVEL AGENT P/T Immed opening West Suffolk. Outside Sales Agents also 516-267-3503

TYPIST-CRT P/T Pleasant atm. atmosphere 2 shifts avail. \$6 pmk 931-5656

TYPIST P/T Huntington Village. Will train on IBM PC. 12:30-4:30 daily. 58hr. 421-4488

WAITRESS Wanted Mon. Fri. 10:30 to 4 p.m. Manhasset area del. Exc. tips plus salary. 627-0725 ask for Renee or Hal.

WANTED DOORMEN For flexible hours evenings & weekends. Excellent salary for suitable applicants. 683-5500 9:30-1:30 p.m.

ACRYLIC NAIL MANICURIST Table available for you to rent IN SKIN CARE STORE Roslyn 821-7175

27 Business Opportunities BRAND NEW Ladies London Fog Raincoat Black. zip up lining size 10. BEST REASONABLE OFFER (516) 676-8768 (516) 676-8889

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36 Articles For Sale

90" Oval Antique Walnut Dining room table-Lien-claw legs, 6 round chairs newly upholstered with black silk/engoblate. French provincial maple dresser, blond pine head board & match, also brass brace. 78-80-99
12" COUNTRY FRENCH OAK BR Set-Excellent cond. \$750. 5 pc COUNTRY FRENCH Dinette set-Excellent cond. \$100 After 5 pm. 781-4105
BUFFET-Sacrifice, Mint cond. Asking \$100 757-0253

CHIFFONDALE TABLES CHAIRS white lacquer-finished bath-robe Condition \$350. 487-0162
FOR SALE 2 Secretary Desks, typewriter, etc. Call 741-3069, after 6pm.
FOR SALE: Contemp. walnut DR w/ table with self storing leaf, glass door breakfast ch. chairs asking \$500. 385-8488

FOR SALE:
OFF WHITE Lane bedroom set, lacquer BRAND NEW! double dresser, armoire (2 doors, 3 drawers); 2 night tables (2 drawers), bedded glass mirror, box-topped to match. Oak wall unit 232 cabinets (4 drawers, sliding door), 2 etched glass, sliding door cabinets, 28 deep shelves, 212 deep shelves, 128 drawers, brass hangers, all hardwood. Chocolate velvet wing chair, & a 10 Year 140 brown/black/taupe/white abstract on beige. Call 516-437-3667 evens or leave name & number

FOR SALE TWIN SIZE WATERBED like NEW \$225. Call 674-4745
HADO BELGE Golf Shoe 22000 BT's \$350. Call 277-5876
Golf clothing: 2000's 5 Shirts on table 3 leaves, 6 chairs excellent. Dore. Hum. Owner Only \$1400. 516-228-9500

HUMMEL ANNIVERSARY PLATE 1980 Spring Oaks. Boxed asking \$160. Call 369-5104
COVRY Spirit guitar & bench \$300. All transistor. 352-5364
TAPPEN never been used Copper Line 450-orig \$1,000. 1 large Gold on Hutch \$250. Matching smaller Hutch \$150. French Provincial bedroom, 2 end tables, 1 dresser, mirror, floor lamp, headboard. BEST OFFER! 248-4899
LIONEL TRAINS & accessories available by collector. Top \$ paid. 883-8732 EVES.

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44 Apts For Rent
PORT WASHINGTON
All Sizes Of Apts., Offices, And House Rentals. Some Available For Immediate Occupancy.
BARRY REALTY
627-6609 883-2244
BAYSIDE 2 BR apt, near 2 family. Near all trans./pkwy's/shopping. First floor, terrace, backyard, parking. NO PETS. NO CHILDREN. Available Sept. 1st 718-244-1588. princ. only
BAYVILLE Spacious 1 BR Apt. Private entrance. Nice area. \$600 incl. all. Call Occupancy HIGH OAKS REALTY
671-8522 676-9287
EAST HILLS 1 BR Cottage setting to LR, EIK, Private fenced in yard. 2 car parking. Avail Sept. 1st 775 plus 484-1331
GLEN COVE Mod 3 BR, 2 bath Duplex Townhouse \$1200
COVE REALTY 621-6161

GLEN COVE RENT NOMINIA
Studio 1 & 2 BR apt. tenants, w/w carpet. AC dishwasher, heat. rate. \$1625, \$900. No fee. 758-9210
GLEN COVE
Furnished studio apts. Excellent area. Sept. 1 occupancy. Can be shown 500-6501 or 671-8522.
HIGH OAKS REALTY
671-8522 676-9287
GREENVILLE 2 1/2 rms. EIK, heat, parking incl \$700
COVE REALTY 621-6161
HUNTINGTON STATION 1 BR, full bath + kit. Private entrance. Working couple. NO PETS. NO CHILDREN. \$875. Includes heat. Call after 5pm 421-2212
MANHASSET 3 rm turn bement. AC. near mall. Single occupancy. Sec 3. incl \$275 incl util. 462-0200
WINEOLA 3 rms, appliances AC. EIK, Top location, suitable 1 \$800. incl util. 462-0200
COVE REALTY 621-6161
OYSTER BAY 3 room, heat incl laundry facilities. \$735
COVE REALTY 621-6161
PORT WASHINGTON Spectacular waterfront 2 BR. Apt in private house. 718-221-2992
PORT WASHINGTON Brand new Duplex 2 BR, 2 1/2 bath, double, skylite \$1300. 3BR, 2bath \$1400, very large, full formal DR, CAC, very large 1,650.
ALL OFF STREET PARKING
DOWNS & COUNTRY 883-5200
PORT WASHINGTON-LG 3BR, LR, DR, kitchen, den, 1 1/2 baths, washer/dryer included. Reduced to \$1200.
NEW DUPLEX - LR, DR, w/french doors leading to deck. EIK, 3 BRs, 2 1/2 baths, garage. \$1800.
PEG CRONIN RE
883-3172

44 Apts For Rent
ROSLYN 3 Rms. EIK, first floor house, yard. Suitable 13700 incl util.
COVE REALTY 621-6161
ROSLYN VILLAGE
LAKE FRONT
Newly renovated, 2nd floor, 2 family house. Model kit, tiled bath, 2 BR, den. AVAILABLE NOW. Parking, garage. Ideal for pro couple. \$1550. heat. 621-0349
OWNER
SEA CLIFF
1wo(2) 2 BR Viltagers. \$775 & \$900, include heat
Unique 1 BR \$700 incl heat
GIL REALTY 671-2300
SEA CLIFF Large 3 BR, 2 baths, EIK, LR, DR, \$1050 F
Henry Brady R E
676-1570
SEA CLIFF Mod 2 1/2 rms. Suite 1 heat incl \$550
SEA CLIFF Realty 621-6161
SEA CLIFF Waterview 2 1/2 BR, 1 1/2 bath, deck, heat incl \$1300
COVE REALTY 621-6161
SEA CLIFF furnished Studio private entrance, bath \$550 incl util.
COVE REALTY 621-6161

45A Apts To Share
FLUSHING-immed. exp. Manhattan resident. male, 28, available to share his turn 2 BR apt. conv. to LIRR/101st. Call George Day at 212-323-1493, or overseas 1016-961-2457
45B Wanted To Rent
MIDDLE-AGED PROFESSIONAL GENTLEMAN WHO RECENTLY SOLD HOUSE IS LOOKING FOR A SMALL APARTMENT or even A SUITE OF ROOMS in the Port Washington/Roslyn, Manhasset area. To meet by SEPT. 6th. Please call: 484-3937

46 Homes For Rent
BROOKVILLE cozy 2 BR Cottage, beautiful Pvt. setting. Must see. \$1,200. Util. 628-2988
BROOKVILLE-Estate Cottage. typic. Privacy \$1300
COVE REALTY 621-6161
Complimented Rental Service
100's of rms, studios, shares, 1 BR, Apt. & houses Throughout Suffolk County. Call for App'l. 588-1010
GLEN HEAD House Rental
Ranch 3 BR, new hlt. den 2 1/2 bath, 1 1/2 BR, DR, Den. \$2500 furnished.
NEW CO-OP-THE KNOLLS
3 BR, 3 Bath, Master Suite w/capuzet \$2750
PORT WASHINGTON 1 bedroom from 9800. 2 Bedrooms from 9900
HOUSE RENTAL
3 BR, 2 Bath \$1600
BRUSON
883-8200
LOCUST VALLEY 2 1/2 BR Ranch LR w/fptic, DR, EIK, fin. Bonmi. 2 bath, 4 acre. Asking \$2000.
GLEN HEAD 3 BR, 2 bath, LR, DR, EIK, \$1400
BAYVILLE C.1, Sept. to June 3 BR, LR w/fptic, finished \$900.
HENRY BRADY R E
678-1570
OLD WESTBURY 3 BR, Cottage, pric. \$1600
COVE REALTY 621-6161
OLD WESTBURY 2 BR Story Book Cottage, AC, elec. incl \$1250
COVE REALTY 621-6161
ROSLYN HARBOR Major House w/ing. Waterfront 3 BR, 1 1/2 bath, Den, LR, DR, garage, Heat & Gas. incl \$1700.00. Owner \$162-9485
SEA CLIFF-Handyman's Special 3 BR, 1 Bath, \$700 + GIL REALTY 671-2300
SEA CLIFF-Renovated 3 BR, typic. porch, appliances, \$700
COVE REALTY 621-6161

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BROOKVILLE-Estate Cottage. typic. Privacy \$1300
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SEA CLIFF-Renovated 3 BR, typic. porch, appliances, \$700
COVE REALTY 621-6161

46 Homes For Rent
BAYVILLE 3BR, 2bath AC/ptic, Ac central, 1.500sq. Asking \$1,200
COVE REALTY 621-6161
BROOKVILLE Unique 3 story Waterview Cottage 2 1/2 tric. garage, appliances furnished/furnished. Asking \$800.
COVE REALTY 621-6161

36 Articles For Sale

MAGNIFICENT wedding gown/slip. Designer, White silk charmoise, special lace, perfect condition. 3500. 454-1470
MUST-SELL
3m MR-42 Camera Presently using Onyx Material but can be converted to HiK materials.
FOR QUICK SALE! CALL SAL
516-928-3971 (Evenings)

PANASONIC CASSETTE STEREO w/receiver speakers, Newwood portable. Good condition \$200. Free. Call Angela. 667-3587
SIX PIECE ch. dress white/formica. 2 mite tables, bed w/horsehair mattress, wrodbre. desk & dresser, best offer. 482-3501

TWO 67 CHEVELLE doors, right & left, and misc parts. \$2000 take it. Call Ron 626-6275. After 5:30 pm

36A Garage/Tag Sales
MOVING ALL CONTENTS OF HOME. Redwood, 2000 furn, organ, lamps, etc. \$398-4529
SUPER TAG SALE!
FLORAL PARK
ENTIRE CONTENTS
Everything Must Go! Fri. 8:28 to Sat. 9:27 10 A.M.-4 P.M.
Jericho Tpke to Tulip Ave to 21 BIRCH STREET

40 Musical Instruments
GRAND Piano. Hardman good cond. \$2,150. 627-3269
PIANO-Good Steck. Console upright. Excel cond. \$795. 201-445-2566 after 6
42 Wanted To Buy
BIG TREES TOP \$ PAID
For your unwanted trees. We need shade, evergreen trees. & ornamental trees up to 25' & 12" caliper.
Don't cut or bulldoze! CALL US!
367-6060
WANTED-OLD Jewelry, Watches, Glassware & more. High Prices paid! Call 718-347-6564

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36C Auction Sales

LARGE AUCTION SALE
LONG ISLAND LIGHTING CO.
SAT. AUG. 27TH 9:30 A.M.
HICKSVILLE, NY
EVERYTHING SELLS AS-IS, WHERE-IS TO THE HIGHEST BIDDER
(6) 62-81 Dodge Aries; (9) 63-82 Dodge Aries Wagons; (3) 82 Chev. Citations; (18) Chev. Chevettes; (4) '90 Ford Fairmonts; (2) '80 Ford Fairmont Wagons; (11) '79-76 Dodge Aspen Sedan and Wagons; (7) '82-76 Dodge Cars; (3) '78 Chev. Vans; 78 Dodge 44 Pickup; '77 GM 44 Pickup; '79 Chev. 44 Pickup; Dump Trucks; Stake and Van Body Trucks; Service Body Trucks; Over 30 pcs. Constr. Equip. all in Bucket Trucks; NEW 86 Beachcraft 17A Motor Home, Boy's auto, PSPB, A/C, AM/FM Cassette, Open Interior, 700 Miles (To Be Sold by Owner Confirmation).
ALL LILCO's facility
175 E. Old Country Rd.
Hicksville, NY
TERMS: COMPLETE PAYMENT SADE DAY IN CASH OR GUARANTEED FUNDS ONLY WITH \$200 CASH DEPOSIT AT KNOCKDOWN.
For more information call
718-274-1257 Sale Week
VILSMIEIER AUCTION CO., INC.
Route 309, Montgomeryville, PA 18936
1-800-BID-N-BUY (215) 699-5833 (8BU047)

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718-274-1257 Sale Week
VILSMIEIER AUCTION CO., INC.
Route 309, Montgomeryville, PA 18936
1-800-BID-N-BUY (215) 699-5833 (8BU047)

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BIG TREES TOP \$ PAID
For your unwanted trees. We need shade, evergreen trees. & ornamental trees up to 25' & 12" caliper.
Don't cut or bulldoze! CALL US!
367-6060
WANTED-OLD Jewelry, Watches, Glassware & more. High Prices paid! Call 718-347-6564

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367-6060
WANTED-OLD Jewelry, Watches, Glassware & more. High Prices paid! Call 718-347-6564

42 Wanted To Buy

WANTED: Old Oil Paintings (any condition form). Also old frames. Anything old or antique. Highest \$ paid. Housatonic, Sandy, 574 6216
WANTED: Old watches movement tools. Retired watchmakers accumulation. Paying from \$500 for Pink Panther. 462-8658

34 Pets For Adoption
WANTED PUPPIES
We'll Red Them good homes! We never stray. There are NO fees. We're in Port Washington. Write away!
FREE HOME PICK-UP SERVICE
NJ & LI 516-883-2000
North Shore Animal League

NYSCAN
1000 SUBBED TONING TABLES. SUNAL-WOLFF Tanning Beds, Glender Quiet Passive Exercisers. Call for free color Catalogue Save to 50 percent! 1-800-228-8202.
A WONDERFUL FAMILY EXPERIENCE. European, Scandinavian High School exchange students arriving in August. Become a host family for American high school students. Exchange Call 1-800-351-8110.
BAD CREDIT? NO CREDIT? NO PROBLEM. Complete credit book info how Benjamins Moore plans. Expert's secrets. Free information. Box 628, Monsey, NY 10952
CARETAKER/EXCELLENT OPPORTUNITY. Must be mechanical inclined, experienced with general maintenance of estate, spraying, pruning trees, flower and vegetable gardening, greenhouse management. Medical benefits, very desirable living quarters, 2 bedroom apartment, utilities provided. Call collect or leave message. 1241 245 73rd or write Mrs. Xifras, PO. Box 186, Granite Springs, NY 11527
FREE CHRISTMAS ANTIQUES IN THE WORLD: Party Plan provides 40,000 and all supplies FREE! Fantastic income. Benefits, gifts, bonuses - NO delivery. No collecting. Phone (718) 833-5079, (616) 574-0293.

42 Wanted To Buy
BIG TREES TOP \$ PAID
For your unwanted trees. We need shade, evergreen trees. & ornamental trees up to 25' & 12" caliper.
Don't cut or bulldoze! CALL US!
367-6060
WANTED-OLD Jewelry, Watches, Glassware & more. High Prices paid! Call 718-347-6564

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LONELY? Dial 560-LOVE. The Intro-line where New York's nicest people meet. Say hello or just listen in. Fun & free! Available 24 hours. 20 cents first minute, 10 cents per additional.
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43 Boats For Sale
17 FT Glastron
Bowrider and trailer. New canvas, vinyl, 200 cc motor. Huntington, 677-7775
CHRIS CRAFT
36 foot 1643
Double Cabin Cavalier Hull
1987 15HP Steps & Fullrigging
2 new vinyl covers, updated modern interior. Deckhouse power AC, new Bimini top, 100 gal. Marly Extras & Great Family ly. live aboard boat. \$19,500 negotiable. Call
516-298-4480
or
516-673-5610
CRUISER 1978 19' 150 Mercury motor, dualized trailer, 108 gal. fuel, will demonstrate. see for value. asking \$3000. Call 592-2546

43 Boats For Sale
17 FT Glastron
Bowrider and trailer. New canvas, vinyl, 200 cc motor. Huntington, 677-7775
CHRIS CRAFT
36 foot 1643
Double Cabin Cavalier Hull
1987 15HP Steps & Fullrigging
2 new vinyl covers, updated modern interior. Deckhouse power AC, new Bimini top, 100 gal. Marly Extras & Great Family ly. live aboard boat. \$19,500 negotiable. Call
516-298-4480
or
516-673-5610
CRUISER 1978 19' 150 Mercury motor, dualized

52D Co-ops/Condos

GCHEMP MUST SELL! REDUCED
\$15K! Lus 2 BR, 2 1/2 bth. Condo w/patio, barment, extra. Only \$220,000. Call Grace 488-6985. Hart R.E. 466-1010.

G.N./N.S. TOWERS, eat your heart out! Donald Trump! Equilate 2 bdrm, 2 bth, terrace. HART R.E. 466-1010

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3bdrm, 2 new ceramic baths, pool, terrace, space to spare. Mid \$200's. Hart R.E. 466-1010

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LOVE NEST one bdrm, bth & powder rm. Perfect! \$118,000. Hart R.E. 466-1010

HILTON HEAD SC - Shipyard Villa on Golf Course. Pool, tennis, 2 BR 2 1/2 baths. Avail 8/13, 8/20, Sept. Oct., & Nov. 201-639-2240

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Move right into luxurious water-front condominiums, studios, 1 & 2 bedroom fully-furnished even towels and dishes, plus private pool, tennis and beach.

Priced from: \$140,000

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On the Bay in Montauk

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Offering plan available from sponsor.

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PORT WASHINGTON

Waterfront adult Condo 2 BR, 2 bath, C/A, MANY EXTRAS!

\$300,000's

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53 Homes For Sale

ATLANTIC BEACH EAST
Beautiful private beach 1/2 block to beach. 3 BR, porch, garage. Low tax. Immed. occupancy \$235k neg. 516-431-9048

BAYVILLE
Builder's Closeout
New Homes

Minutes from LI Sound beaches, boating spaces & 4 BR Colonial, den with fireplace, 2 1/2 baths, full basement, garage, A/C, central vac systems. \$325,000.

Builder 516-671-0797
Eves. 516-758-0153

BELLEROSE Legal 2 family, 1 car garage, full aluminum sided, fin basement, maintenance free, 3 baths, full carpet throughout, 300 sq. ft. great location for schools, transportation off Cross Island Pkwy. \$225,000. Eves. Mon-Fri 8-11:30. 343-0386. Eves. Tues. Wed. Thurs. 6-8. 516-775-8231

BELLEROSE VILLAGE Custom Cape ranch LR formal DR, EIK, 6 BR, 3 1/2 baths, den, walk RR 30 mins. NYC. Extras \$399K. Owner 516-437-0520

BROOKVILLE VIC./ GLEN HEAD

New home w/patio/laundry. Impressive 3-room-home designed for the work-at-home doctor/lawyer. 1st floor has large 3 room suite with bath. 2nd floor has LR w/office, DR, skylite, EIK, 3 BR, 2 1/2 baths, full basement, 2 car garage. Every luxury including C/A/C and sprinklered soil lawn. One of a kind offering. Asking \$379,000.

Bauer Associates 671-6535

DEAR AGENT, Don't get lost in the crowd when you can stand apart! HART Confidential Interest. Hart Realty. 466-1010

GLENWOOD LANDING New exclusive Charming 2 BR, 2 bath, LR w/office. Lovely oversized property. Owner anxious. Asking \$275,000. GILBERT REALTY 671-2300

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From \$1.00 (if-Repeat) delinquent tax properties and reposs. For current lists call 1-800-232-3457. Ext. 3192 also open evenings.

53 Homes For Sale

DIX HILLS
Children's Paradise
Colonial on 1 acre. Spotless 5 BR, 3 1/2 baths, large LR, formal DR, large kitchen, separate breakfast area, brick fireplace. Family room, oversized garage, C/A/C & vacuum. Private club pools & tennis courts within walking distance.

Asking \$49,000.
Phone Eves:
643-6026

ELMONT
Hi-Ranch, mint, brick, dead-end street. Attached garage, deck, patio. Lower level: 3 BR & full bath. Main level: 3 BR, EIK, Full DR.
Low \$200s.

Vera Whitmarsh
516-489-5174

FARMINGDALE \$209,000
NEW CUSTOM RANCH
3 BR, 2 ceramic tile baths, oak floors, 3 skylights, EIK, large LR, formal DR, full bsm., sep. entrance, att. garage. 50 x 150, outside maintenance-free. Suitable home-based business.

OWNER 937-0378

FLORAL PARK VILLAGE
Large Lovely Brick
Legal 2.
Prestigious COLONIAL CAROLIS Fireplaces, 2 car bsm., 2 garages, and MORE!
\$350K
Call Lina
CENTURY 21 Maridon
354-3355

GARDEN CITY MUST SELL
Below Market Must Move
4 BR, 3 baths, large family room, skylights, guesting, new kitchen, new gas furnace, central A/C, fireplace, new appliances.

A MUST SEE \$559,000
516-747-6322

GARDEN CITY ESTATES
Lg Custom Brick Slate Exterior Tudor Cottage w/stained leaded glass windows. Separate 2 car garage, 5 BRs, 2 1/2 Baths, LR, DR, Kt, Breakfast RM., Lg. jacuzzi, full bar, family room, midwifery, full wet bar, Imp. can. Reduced from \$989,000 to \$855,000 Owner.

Day 516-228-3828
Eves/Wkends 516-747-8245

HICKSVILLE
Belshage S.D. Expanded Ranch w/wall-to-wall carpeting, 3 BR Den, Formal DR, finished basement, 3 Baths, Electric eye garage, Professional Landscaping, Anderson windows and much more.

Low \$200's
KACEE
935-8442

HUNTINGTON GOLD SPRING AREA
SDB13 West Rogues Path
GREAT STARTER HOME!
Condition 2 year old expanded C/A/C, 4 p/rx, 4 ac, 4 Bedrooms, living room, fireplace, DR 2 full baths, EIK, basement w/laundry, Workshop.

GREAT AREA
692-6138
OWNER NEG

KINGS PARK split level 3 BR, 1 1/2 bath, EIK, LR w/office, new deck aluminum siding, gutters, top schools. \$179,000 724-8736

NEWLY RENOVATED PORT WASHINGTON
Charming Col. offers spacious family living for a lovely neighborhood.

1st floor LR, w/pegged oak floor, EIK, DR, laundry room, powder room, & 15x20 den w/wanderson bay window. 6 ft aluminum french doors to 16x20 deck.

2nd floor 1st BR, 2nd BR w/bath his & hers closets, skylight, master BR suite w/trapezoidal ceiling, panel fan bath his & hers closets, trepedoidal windows & spiral staircase to 20' loft. Romantic deck for early morning coffee, sunbathing & evening relaxation. fenced yard 5 car driveway a view of NYC 5 min train!

Priced right at \$225,000.

Make an Offer
Print Only
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MILL NECK Beach front cottage \$475,000
MIKE TALBOT 922-8877

NEW HYDE PARK in "The Oaks"
4 BR, 2 full baths, brick caps, finished down finished up, possible HUD. \$295,000

516-354-6421

53 Homes For Sale

MANHASSET JUST LISTED
Charming, Center Hill Colonial features 5 BR, 2 1/2 baths, LR w/office, formal DR, Den, MOD Kt w/separate Bay windowed breakfast area. Attached 3 car garage. Easy Walk to R/R. \$459,000.

Must be seen \$375,000

PORT WASHINGTON JUST LISTED
Recently renovated 4 BR, 2 1/2 bath, 2 car garage, LR w/office, formal DR, Den, MOD Kt w/separate Bay windowed breakfast area. Attached 3 car garage. Easy Walk to R/R. \$459,000.

Must be seen \$375,000

SEA CLIFF
Waterfront Cottage 2 BEDROOMS
COMPLETELY REBURNISHED Interior & Exterior \$950,000. Yearly lease. References required.
Telephone: 671-7374

WILMINGTON
Lg. Custom Brick Slate Exterior Tudor Cottage w/stained leaded glass windows. Separate 2 car garage, 5 BRs, 2 1/2 Baths, LR, DR, Kt, Breakfast RM., Lg. jacuzzi, full bar, family room, midwifery, full wet bar, Imp. can. Reduced from \$989,000 to \$855,000 Owner.

Day 516-228-3828
Eves/Wkends 516-747-8245

ACCENTS REAL ESTATE
29 Park Ave. Manhasset 627-9360 944-7171

MANHASSET MUNSEY PARK
Large newer home features LR w/office, formal DR, large kitchen w/breakfast area. Huge family room, 5 BR, 2 1/2 baths \$690,000 or Rent \$3500

ACCENTS REAL ESTATE
29 Park Ave. Manhasset 627-9360 944-7171

REPOSSESSED WA & HUD HOMES available from government from \$1 without credit check. You repair. Also tax delinquent foreclosures. Call 609-682-7555 Ext. H-1122 for reprint in your area.

SEA CLIFF New Exclusive Charming Dutch Colonial. Completely refurbished, 4 BR plus lovely family room with fireplace plus legal 2 BR guest cottage. Asking \$449,000. GIL REALTY 517-2300

53C Out Of Town Real Estate

AMHERST, MA COND year round avail \$1.2 BR 1 1/2 bath, fireplace, deck, C/A, tennis, pool \$875,000. 516-482-3888

SHELTER ISLAND WATER FRONT LOT
Boaters paradise build the home of your dreams on this exclusive 1/2 acre perfect! \$290,000

FANTASTIC OFFERING
Like new 3 yr old home. Maintenance free Cedar Ranch. Open floor plan, 3 BR, 2 bath, Cathedral ceiling, 2 electric tinted skylights, central vac, oak flooring, huge wrap-around deck, all appliances full bsmt, oil heat, built in BBQ. Ready to move in!

ONLY \$210,000

STERLING HARBOR
749-3300

SEA CLIFF WATERVIEW
Multi-Family
Magnificent mod. 14-plexes, frpics, appliances, decks, parking exc. income tax breaks. Asking \$899,000.
Exclusive with:
COVE REALTY 621-6161

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53C Out Of Town Real Estate

STRATTON MTN. SKI CONDO
Trailside by lift. Heart of new village 2 BR, 2 baths, \$215,000. Sports Complex. Membership included.
365-9833

UP STATE
2 Bedroom Cabin on 102 acres with pond, meadows & mountain views with view 2 miles from Deer Run Ski Resort. Deer & turkey rifle country. Owner \$180,000. 1516-234-2549. After 5 pm

OTSEGO COUNTY Upstate NY
Your own Window Wonderland! peaceful seclusion with 2 ponds, front yard. Best of all is an INDOOR POOL & spa w/adj. joining Game Rm. Barn 24x80. All on 65 acres. \$235,000. -345ST

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LOBDELL REAL ESTATE
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STOP FORECLOSURE!

Falling behind on your mortgage payments? We can help! No payments up to 2 years! Bad credit, bankruptcy or unemployment is not a problem. Foreclosure assistance available for the divorced and self-employed. Consolidate bills. Save your home.

THE SWISS CONSERVATIVE GROUP
203-454-4404 203-454-1336

53D Vacation Homes

MONTAUK NEW WATERFRONT CONDO
Sleeps 4 heated pool, hot tub, sauna, priv. beach, full weekend special 3 day, 2 nths \$225. Weekday and full week discounted.
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56 Plots For Sale
CEMETERY PLOT/Plan view Old Country Rd. Hicksville Located in Garden of Prayer. \$800. Call 914-227-5376

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Nassau & Suffolk Counties and NYC Areas Buy Real Estate Below Market Value.
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Prince Edward Island Home site investment. 14 gh bluff/white sand beach. Warm water. 110.37 acres \$16,000 and up w/10's down.
CALL 902-436-7236

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A mere sprint to the Sound, your closest neighbor is nature. Homes built the Old-Fashioned way with modern conveniences everywhere. Your exciting new investment will also provide the highest caliber schooling, convenient access to all highways, and of course, great local recreation!

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Prices from \$270,000 to \$365,000

Directions from the west: L.I.E. to Exit 68N (Wm. Floyd Pkwy.) Right on Rte. 25A for 1/2 mile.

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Revival Of A Bygone Era!

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House Calls
By Edith Lank

Borrowers Aren't Paying

Dear Edith: I sold a piece of property and took back a mortgage. Next year, the balloon payment is due. The buyers have not paid their taxes for two years. How will that affect the final payment? I've written the tax bureau so they'll let me know what's happening. Do you think I should speak directly to the buyers as to their payment plan? We are senior citizens and don't need this problem with all the others we have.—F. and G.Y.

Those unpaid taxes represent real danger and you must act promptly. Don't ask the borrowers what they intend to do; have a lawyer tell them what they'd better do, or else. Your attorney will investigate the tax situation and explain what steps you should take to protect your interest.

Dropping the Liability

Dear Edith: You wrote that when a mortgage is assumed, the original borrower still remains personally responsible for the debt. After we read that, we called our mortgage company.

They advised us that if they screen the buyer who is assuming my mortgage and if they accept him as a credit risk, then we are relieved of all further obligation. But, if we sign the mortgage over without their screening, we could be responsible in case of default. Is this accurate?

Strictly accurate. In the earlier column, I didn't mention the possibility of the first borrower being released from liability ("formal assumption") because the procedure you describe is seldom followed. Those assuming a mortgage—second borrowers—often do so because they want to avoid paperworks or because they cannot meet back standards.

(Senior citizens can plan on selling their long-time homes free of federal income taxes with a special tax exemption. For a copy of the leaflet, *That \$25,000 Tax Break*, send \$1 and a stamped, return envelope to Over 55, 240 Hemingway Drive, Rochester, N.Y. 14620. Edith Lank will also answer personally any letter with a return envelope.)

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AUTOMOTIVE SECTION

62 Wanted Auto

ALL Used Cars Foreign, Domestic, Exotic. Prof. service. Top \$\$\$ We visit you. Jonathan Inc. 826-5811.
JUNK CARS RECYCLED
 WE BUY LATE MODEL WRECKS
HIGHEST \$\$\$ 671-0179

63 Autos For Sale

Mercedes 1986 219 6 cyl. gas, semi-auto, good for parts or possible restoration. \$900 call days. 747-8966
 DODGE ASPEN 1979 Auto, 4 dr. 8 cyl. AM/FM, A/C. Good running cond., \$500 Best offer. 997-6022

MERC 1982 LINX. Compact Wagon-Excellent cond. 38K miles, 4 dr. 4 spd, 1 year. Extended warranty. \$2500 neg. 422-2080

85 CHRYSLER Le BARON GTS sun-roof, auto, ac, ps, ip, am/fm stereo. Like new Asking \$5,500. 888-5441

BUICK SKYLARK 64 Restore it/parts car. Cheap 427-2030

BUICK SKYHAWK Red. am/fm cassette, auto trans, excellent cond. \$3500 NEG. 369-5014

CADILLAC CONVERTIBLE 84 Eldorado, all white, loaded. Mint 14k orig. miles. Owner 516-387-3560.

CAMARO 1979 Silver Red interior, 2nd owner, new tires, new brakes, new excels. AM/FM stereo, A/C. 40 miles. Asking \$1,000 or Neg. 528-2359

CHEVETTE 1982 A/C, auto, ps, ip, orig. 27,000 miles. 2nd owner after 6pm.

CHEVY 1978 utility pickup truck holds 1 ton towing package. Asking \$1,200 or neg. 328-2389

CHEVY 1979 4 WD PICKUP

Black mint cond in and out Beautiful velour interior 4" lift Hi-T Monster Mudlers, fog lights, am-fm stereo cass., headlamps, new engine, oversized cam many extras \$7,500 neg. 671-5732 after 5pm or leave message. All calls returned promptly.

CHEVY 1979 Malibu, 4 dr. \$1,000 Neg. excellent cond. 747-3546

CHEVY 1986 S10 Total Package 1900 cc running boards, bush guard, power windows & tilt. 516-334-8999

CHEVY CAMARO

1984 Berlina, Automatic, cruise control. White exterior, dark blue/black interior, A/C, power windows, power locks. Tilt (no leakage) AM/FM Dolby cassette stereo.
MINT CONDITION! \$5,000.
 Call: 747-8282 ext. 166

CHEVYVEGA 73 Great Sta. car New tires and clutch. 427-2030

CONFISCATED CARS Trucks, boats & wheelers, motorhomes by FBI, IRS, DEA. Available in your area now. Call 826-692 7555 ext. 5114

CORVETTE T9 Full Power. Claret/Burg. lovers, spoilers, mag's 4 spd 198k. Min. Tires. 516-271-0144 Sat. 516-921-5392 57500

Camaro, 77, automatic, great condition. 6 cyl. 83,000 original miles. \$3,500. Call Heidi at 526-6275

Corvette 1965, Mint in & out. Red Not on a Call for details 671-5732

DODGE ARIESK 1981 S1K 4 DR. 4 cyl. exc. cond in-out asking \$1250 neg. 864-3482

DODGE ASPEN Station Wagon, ac, ps, ip, am/fm cassette, new brakes, alternator, water pump etc. good condition \$750 516-735-8710

FIAT SPIDER Conv. 1975 5sp, new brakes, wheel bearings, battery. Needs paint \$750. 516-437-9503

FORD FAIRLAIN 500 "CLASSIC" 1957, 2 dr. A/T, V8, body excel. interior good, needs some mechanical work. Nice car! \$4,000 515-271-6095

FORD Pick-up 1981, w/cap, great condition, low mileage, 5 speed. Priced for QUICK SALE. \$2,500 515-483-0925

HONDA ACCORD 1986 LX 32K mi. fully loaded. 5sp. ac, am/fm cassette. Dark Grey \$9950. Call after 4:30 692-7480

HONDA STATION WAGON 1983 5 spd. brand new engine, brand new transmission, no rust or dents, new tires, clean \$3000 Call 516-922-1253 Days, 516-273-2195 Eves.

MERCEDES-BENZ 73 280 Sedan auto. P/S, A/C Excellent throughout. \$3650. 676-6520

MERCEDES-BENZ SLK 1979 Showroom cond. \$20,700. 599-6272

OLDSMOBILE 1966 Cutlass Supreme Broughm. 4 dr., low mileage, all power, am/fm stereo, tape, wirewheels, A-1 Cond. \$6000 674-4286

PLYMOUTH 76 Volare/stant 6 engine. Runs well. Good sta. car. \$300. 516-644-8986

PLYMOUTH RELIANT 1981 2 door, ps, pb, am-fm, ac, only 56,000 miles. Excellent condition. Contact 922-0727

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NASSAU COUNTY WIDE SPORTS



ROGER LOBERTO (in the foreground) director of the Seacrest-TOBAY Triathlon, charges from the water during the 1987 Westport Connecticut Triathlon, which originated the concept of team play.

Seacrest-TOBAY Triathlon—A First for Nassau County

Triathlon fever will be hitting Nassau County on Sept. 24.

The first Seacrest-TOBAY Triathlon will be held that morning, starting at the Town of Oyster Bay's Centre Island Beach in Bayville at 8:00 a.m. with a one kilometer Swim in Oyster Bay Harbor, continuing with a 12 kilometer bike ride and finishing with a five kilometer Run—both through scenic roads of Bayville.

Budding tri-athletes are encouraged to participate either individually, or as a three person relay team—with each of the three team members doing one of the three individual events. The cost is \$20 for an individual entry and \$36 for a three person team. A special commemorative T shirt will be given to every entrant, and post-race refreshments will be available for all.

The relatively short distances will make

the Seacrest-TOBAY Triathlon a perfect triathlon for beginners, as well as great opportunity for veteran triathletes to go all out for personal records. Awards will be presented to the top three male and female individual finishers in each of 12 age groups, as well as to the top three male, female and co-ed relay teams in each of four combined age groups. Special awards will be presented to the top three "family" relay teams (including at least one adult) regardless of age.

The Seacrest-TOBAY Triathlon is being sponsored by the Seacrest Diner of Mineola with the cooperation of the Town of Oyster Bay Division of Beaches, and is being administered by the Plainview-Old Bethpage Road Runners Club. Entry forms and more information can be obtained from Triathlon Director Roger Loberto at 433-0941 or from POBRRC President Mike Polansky at 433-0919.

Sports Med Line

Stephen Henry, M.D. and Regina White Durbin, L.P.T.

Exercise Myths

Every week I meet someone who has questions about a particular exercise program. What concerns me is when I meet educators or coaches and they use exercises as part of their routines that are known to have inherent risks for the musculoskeletal system. While all of life, particularly sports medicine is somewhat cyclical there are some exercises that we know now to have more risk than benefits.

The first is straight leg sit-ups. We know through studies that there is a large increase in disc pressure during straight leg sit-ups. This is also true when the feet are fixed to the floor. Not only is this hazardous, but the effectiveness of the exercise for the abdominals is in the first 30° of motion. Any more the range of motion and the hip flexors are doing the work.

Next the dual leg lift. Again, this raises the disc pressure to dangerously high levels. The fulcrum with the legs as the lever focuses the pressure directly in the back. A safe alternative for the lower abdominals is to be on your back, cross legs in air and try to push toes to sky, keeping the back flat.

Another archaic exercise still circulating is toe touches. In the forward bent position at least one half of your body weight is hanging from the ligaments and discs in your back. The usual intent of this exercise is to stretch your hamstrings. It is much safer, and effective to do this by lying on your back, one leg

bent, hand behind opposite knees and then straighten leg as far as possible.

Another favorite exercise that has a lot of inherent risk is the traditional "hurdler's stretch." This exercise puts a lot of force on the inside knee, the ligaments and cartilage. An alternative to this exercise would be standing, grasping ankle and extend hip and leg to the back.

Lastly, a coach's permanent is duck squats. We know the squat position puts an inordinate amount of force on the knee joint and this position, for prolonged periods should be avoided, much less "walking" in this position.

How do you size up what seems to be a reasonable exercise? Ask yourself what are you risking to do this exercise and do the benefits out-weigh the risks? One other factor to consider is the level of fitness of the person performing the exercise. Many have done the above exercises with little or no negative consequences. However, in a less fit or less coordinated individual not only are these dangerous, but other are as well. If you are responsible for others exercise programs always gear your participation such that the least fit are as safe as the most fit in your class. It is your job to keep current with the literature. Don't hesitate to question "the expert." "Experts" are generally people with opinions — so ask hard questions of them.

Should you have questions — write Dr. Steve Henry, Sports Medline, 1361 Tyler Park Dr., Louisville, KY 40204.

Cancer Society Names Co-Chairmen of Tournament

The American Cancer Society, Long Island Division, has announced that Mr. J. Posillico Jr., President of J.D. Posillico Inc., Farmingdale, and Mr. M. Racanelli, President of N. Racanelli Associates, Hauppauge, have been named co-chairmen of the 13th annual Bill Sheridan Memorial "Man of the Year" Golf and Tennis Tournament. The tournament is to be held on Monday, Sept. 26 at three Long Island clubs: The Meadowbrook Club (Jericho), The Muttontown Club (E. Norwich) and The Tam O'Shanter Club (Brookville).

Mr. J. Posillico Jr. presides over one of Long Island's largest heavy construction contractors, which has been serving the Long Island community for more than 30 years. He is presently Chairman of the Board for the Nassau/Suffolk Contractor's Association, and Chairman of The Our Lady Queen of Martyrs Golf Outing. In addition, he serves on the

Board of Directors at the Huntington Crescent Club.

Mr. Racanelli is president of N. Racanelli Associates, Long Island industrial and commercial developers. The company is now in its second quarter-century of commercial and industrial development and construction. To date, it has constructed more than 200 buildings, representing the development of over 800 acres of prime industrial and commercial property.

Both Mr. Posillico and Mr. Racanelli are extremely pleased to chair the Bill Sheridan Memorial Tournament, which anticipates more than 400 total participants between golf and tennis. According to the men, a goal of \$230,000 has been established to fund American Cancer Society programs in research, public education and patient services.

Golf Tournament to Benefit Red Cross

Tee off for the Red Cross! Enjoy a great day of golf and support the Nassau County Chapter of the American Red Cross.

The Meadowbrook Club is hosting the Red Cross Golf Outing Sept. 10, with a 12:30 p.m. shotgun start preceded by an 11 a.m. hot and cold buffet lunch and followed by cocktails and sumptuous hors d'oeuvres.

Donations of \$1,000 per foursome or \$250 per person are payable to the Nassau County Chapter of the American Red Cross. Reservations must be made by Sept. 7.

"As a Good Neighbor and friend to those in need we would like to expand our com-

munity programs in disaster services, service to military families and veterans, Health Education, Blood Services, transportation of the medically disabled and youth and international services," said Linda Munson, Chairman of the Golf Committee as she encouraged golfers to participate in a day of fellowship and fun.

For further information contact the Nassau County Chapter of the American Red Cross, 264 Old Country Road, Mineola, N.Y. 11501, or call 747-3500.

Polo Match Benefits ACS

The team from Trading Resources beat the home-standing Meadowbrook Polo Club squad, 11-2, in their August 14 match to benefit the American Cancer Society.

Despite a sweltering hot temperature, fans came out to Bethpage State Park to watch the horses—and indulge in some of the refreshments under the tent. One of the indulgers was former New York Ranger superstar Rod Gilbert. Former Boston Patriot wide receiver William Murphy, brother Michael and Timothy, polo team captain Manuel Rojas and Gilbert underwrote the Trading Resources polo team.

This was the third and last match Trading Resources has played in to benefit the cancer society. The team carries a two-game winning streak into the Meadowbrook match, having defeated the Far Hills Polo Club and the Locust Grove team.



JOE RIZZO of the Meadowbrook Polo Club (right) goes after the ball, chased by Joe Muldoon Sr. of Trading Resources and Ron Amsterdam of Meadowbrook, during August 20 polo fundraiser for the American Cancer Society.

SPORTS