

Registration for School Budget Vote Aug. 3

Registration to vote for the revised school budget will be held Wednesday, August 3 from 3 p.m. to 8 p.m. at your local school. Absentee ballots may be obtained from the Hicksville School District clerk's office. The district clerk is in her office at the Administration Building from 9 a.m. to 4 p.m. on Tuesdays. You may contact the superintendent's office at 933-6600 if you cannot reach the clerk. It is suggested that those residents wishing to obtain an absentee ballot do so in person and not by mail, as the time involved is short.

The actual budget vote is on Wednesday, August 10 from 10 a.m. to 10 p.m. at your local schools.

Traffic Accidents Claim Two Lives

By A. Anthony Miller

A Hicksville man was killed in a two-car collision and a Bethpage man died in a Hicksville motorcycle accident, in two separate incidents within eight days, according to Nassau police.

The first accident took place at 10:25 p.m. July 24 at the intersection of Old Country Road and Jerusalem Avenue when Mark Caranza's 1978 Datsun and Michael Haywood's 1975 Ford collided. Police said that Mr. Caranza was traveling southbound on Jerusalem Avenue and Mr. Haywood, 18, of Massapequa Park, was driving northbound and turning left onto Old Country Road. Both Mr. Haywood and a passenger, identified as Jean Cortes, suffered injuries.

Mr. Caranza, 21, was taken to Nassau County Medical Center, where he was pronounced dead. Mr. Haywood was admitted to Central General Hospital in Plainview with multiple body trauma, and Mr. Cortes was said to be admitted to Nassau County Medical Center with a broken hip and leg. No charges were immediately filed in the accident.

In the other accident, a motorcyclist, identified as Richard Casimano, 32, was pronounced dead at Nassau County Medical Center 100 minutes after the 12:50 a.m. accident July 16 on East Barclay Street near the intersection of Bay Avenue. Sgt. Anthony Witt of the Nassau police said that Mr. Casimano lost control of his bike and struck the cement pillar of a Long Island Railroad overpass.

In other police matters, an Amityville man, Lewis Amberg, 24, was arrested after a high speed chase began at 3:05 a.m. July 19 on Hicksville Road. When highway patrol officers tried to stop a car for a traffic violation, Mr. Amberg refused to stop, and the officers went after him. The chase lasted several minutes and reached speeds in excess of 85 MPH, according to Det. Al Carey of the eighth squad. At Mayfair Lane and Duffy Avenue, Mr. Amberg reportedly crashed into a tree, jumped from the car — which was said to be stolen — and fled. He was captured minutes later in a rear yard of Mayfair Lane.

Police held Mr. Amberg on charges of criminal possession of stolen property, possession of burglar tools, possession of marijuana, leaving the scene of an accident, resisting arrest, and 15 infractions of the vehicle traffic law. Bail was set by Judge Geoffrey O'Connell at Mr. Amberg's arraignment July 19 in First District Court, Hempstead.

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What Do You Think?

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HICKSVILLE ILLUSTRATED NEWS

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Town Grants Commission Extension to File Impact Statement on Resource Recovery Plant

The Environmental Quality Review Commission now has more time to present its final plan of the proposed resource recovery plant. The Town of Oyster Bay granted an extension at last week's town board meeting.

According to Marlene Kastleman, spokesperson for the town, the commission had requested a 45-day extension after receiving extensive public comment on the town's mass-burn incinerator which will be located

at the Old Bethpage Solid Waste Disposal Complex. Normally, the commissioner would have 45 days from the end of the comment period (which was June 30) following the public hearing. Ms. Kastleman said, but needed the additional time to review the submissions.

"Some of the information is very detailed and really has to be completely analyzed by Camp, Dresser and McKee," Ms. Kastleman

said, referring to the firm which compiled the draft environmental impact statement (DEIS). "One proposition in particular is voluminous," she added.

Ms. Kastleman's reference is to a two-volume, approximately 300 page document submitted by Residents Against Garbage Expansion (RAGE) by its attorney Stephen Latham.

According to Robert Goldstein, a director of RAGE, one volume of the document is an explanation of an alternative plan and the other commentary is by experts. Mr. Goldstein said the non-incineration waste disposal alternative is cheaper per ton than the town's proposal and would rid an additional six percent of the waste stream.

"As far as we're concerned, it has everything going for it," said Mr. Goldstein. "It's safer and it's cheaper." He added that it poses no health risk.

Some of the major components of RAGE's alternative plan are maximum recycling, complete composting and the recovery of materials from construction debris, Mr. Goldstein added.

Most of the other commentary submitted was in favor of massive recycling instead of an incinerator. Massive recycling calls for recycling as much material as possible and shipping the remains elsewhere.

Residents' Comments

Speaking as a resident and not as a representative of her local civic group, Kathy DelRosso said that she was "totally opposed" to the proposed resource recovery plant. "I feel that the focus is not on the people's safety but what is economically feasible," she added. "People have lost sight on what is the simple truth and it has become totally convoluted with all of these financial priorities."

Mrs. DelRosso is the president of the Duffy Park Civic Association.

Also speaking on his own behalf, resident Thomas McGovern said, "I'm for resource recovery as long as a suitable place can be found [to locate] the facility."

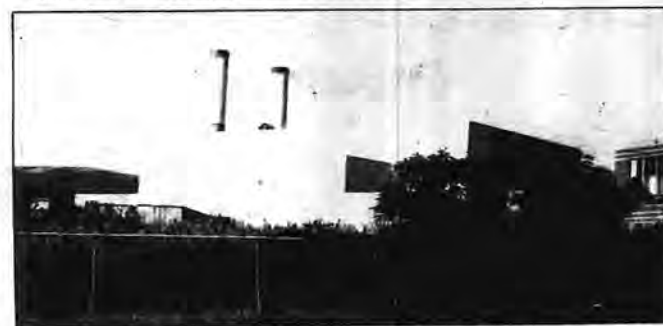
Mr. McGovern is the president of the Giese Park Civic Association.

"In my opinion, I don't know if massive burning is the answer, but recycling is not the total answer," Maryann Ferraro, president of the Northwest Civic Association said.

The final environmental impact statement will be distributed to area libraries when completed and residents will once again have the opportunity to comment on its contents during a period of 10 days.



THE ENVIRONMENTAL QUALITY Review Commission of the Town of Oyster Bay has been granted an extension for filing the final impact statement on the proposed resource recovery facility. The proposed facility will be located at the Old Bethpage Solid Waste Disposal Complex on Bethpage-Sweet Hollow Road.



THE TOWN'S FORMER incinerator, which was closed in the late 70's because it did not meet environmental protection standards, is the site of the proposed resource recovery facility.

Illustrated Update:

Stephanie Nathanson is "Doing Very Well"

Stephanie Nathanson, the 18-month-old Hicksville child who recently underwent a heart operation, is doing very well, her mother said last Friday.

Donna Nathanson telephoned Rotary Club Secretary Bill Hayday from the Mayo Clinic in Minnesota and said that the operation was "quite successful and there were no problems," a spokesperson for Mr. Hayday told the *Illustrated*.

The Hicksville-Jericho Rotary Club provided the transportation funds to fly the family to Minnesota for the child's operation. Joseph Longabardi, the infant's grand-

father, reported that Stephanie was taken out of the intensive care unit on Sunday.

"Everything turned out fine," he said. "And they've started her on solid food already."

Mrs. Nathanson also said that the operation lasted an hour, instead of the predicted five hours. Surgeons implanted a man-made right pulmonary artery into Stephanie, who is suffering from pseudotruncus arteriosus, a condition in which the pulmonary artery does not properly connect to the heart and lungs. As a result, the infant has poor blood-oxygen content and her lips, feet and hands often turn blue. Stephanie still needs two more operations.

Lightning Strikes, 2,800 Homes Without Power

Some Hicksville residents were without electricity last week after lightning struck two wires on New South Road, a LILCO spokesperson said.

According to Will Thoretz, 2,806 Long Island Lighting Company customers were without power for a little more than an hour July 20 after lightning struck two wires which fell "right down to the ground," Mr. Thoretz said. The electricity in the wires was turned off automatically after the wires were struck so there was no danger, he added. LILCO turned off the electricity to the homes and businesses at about 10:30 p.m.

Lamb Council Installs New Officers

The Joseph F. Lamb Council No. 5723 Knights of Columbus of Plainview and Hicksville recently reelected their present officers (with the exceptions of the offices of chancellor and warden) to serve for a second year.

These officers will again serve during the Columbian year, which started July 1 and will end June 30, 1989. The reelected officers are: Chancellor Peter S. Volpe, PGK, PFN, FDD; Warden Bill Ohm; Recorder Robert Andruzzi; Financial Secretary Henry D. Schettini;

Treasurer Roe Catalano; Advocate Arthur J. Granata, PGK; and Lecturer Anthony Ianuzzi, PGK.

The inside guard is Dominick Tantillo and the outside guards are Edward J. Walsh, Sr., and Vincent Viviano. The chaplain for the Council is Msgr. James E. Boesel, pastor of Our Lady of Mercy Church in Hicksville.

The three-year trustee is Daniel N. Pater-noster, PGK, the two-year trustee is Sam F. Repoli, PGK, and the one-year trustee Otto S. Schmidtman, PGK, FDD.



LAMB COUNCIL Grand Knight John Lombardi, left, and Deputy Grand Knight Josef S. Ort recently participated in the reelection ceremonies for the Joseph F. Lamb Council Number 5723. (Photo by F. Jopp)

K of C Establishes Assistance Fund

At the awards night meeting in June, the Joseph F. Lamb Council No. 5723 Knights of Columbus, which serves Plainview and Hicksville, announced the creation of the Arthur M. Crisci Fraternal Assistance Fund.

The fund will be used to assist any knight in the council, as well as families who are in dire need of financial assistance. The fund was also created as a living memorial to the late Arthur M. Crisci, who was an active member

of the council for many years. At the time of his untimely death in April, Arthur Crisci held the office of chancellor in the council and was very popular with his fellow knights.

Lamb Grand Knight John Lombardi officially announced the formation of the fund during the awards night ceremonies, which were attended by many of the council members and their families, including the family of Arthur Crisci.



GROUP 'A' WON five awards at the Holy Family field day picnic.

Holy Family Hosts Field Day for Youths

Holy Family recently sponsored a field day for the kindergartners. The children made signs and name tags and played games all day long. The event was organized by Sister Elaine with the help of many other volunteers.

A Visit to a Farm

Holy Family kindergarten classes also visited the Green Meadow Farms in Floral Park. They not only learned about the piglets,

chicks, goats and turkeys, but they had the opportunity to feed, pet and hold the smaller animals.

The highlights of the day were a very bumpy hay ride and a change to milk the cow Elsie.

These events were a great way to end the school year.

Senior Adult Club Installs New Officers

The Senior Adult Club of St. Ignatius recently held their installation luncheon at the Coral House in Baldwin.

The following officers were installed for the year: Margaret Schoppmann—president, Marion Kunz—vice-president, Catherine Small—secretary, and Gertrude Soper—treasurer.

The trustees of the club are Victoria Lazorenko and Agnes Lynch. Mary McKeon is the director of the club.

Ms. Schoppmann was presented with a citation by Thomas Gulotta, Nassau County

Executive, for her services to the club. She was elected president for her fifth year.

The guests at the luncheon were: Ralph Caruso, a representative of Mr. Gulotta; Ken Keegan, director of Adult Education of Hicksville; Mary McGrath, consultant of the Bi-County Alliance.

The club is open to new membership and meets every other Wednesday in St. Ignatius' Old School cafeteria from noon to 4 p.m. If interested call Marge at 931-1296 or Mollie at 756-1018.

HENRY

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Hometown People



HENRY and BLANCHE GONGOLEWSKI

What A Surprise!

Blanche and Henry Gongolewski celebrated their 40th wedding anniversary at a surprise party given to them on July 16th by their children—Joanne and Michael Berman of Wantagh; and Laurie and Jack Higgins of Lake Grove. Also helping them celebrate were their four grandchildren: Allison, Gregory, Jessica Berman and Elisabeth Higgins. Among the 60 guests attending the party from Hicksville were Stella and Mike Ciampi, Lucy and Stanley Kallinowski, Joyce and John Swidzinski, Sophia Zike and John Zike, Jean and Ed Konrad, Edith Boglioli, Grace and Michael Ciampi, Jr., now of Bethpage. Congratulations to Blanche and Henry. They're a great couple.

Get Well Wishes

We are sending get well wishes to Evelyn (Evie) Schlauch after she suffered two strokes. Her family misses her and hopes she will be home again soon.

Belated Birthday Wishes

Happy belated birthday wishes go out to Andrew Melania who turned 22 recently. We're sure it was a good one.

Noreen Can't Wait

We hear Noreen Tuohy, from Sunset Avenue, is counting the months impatiently until her wedding next April. She'll be marrying Mark Timpano, who lives in Massapequa, and is a Nassau County police officer. Best of luck to both of you.

Thanks... To All Of You

The family of the late Rose Caruso would like to publicly thank all their family and friends for their kind expressions of sympathy during the past week. Rose was a resident of Hicksville for over 50 years and made many friends. They all showed their love for her and her family would like all of you to know that they appreciated your caring. Once again Hicksville showed that 'it cares'.

In The Marines

Marine Pvt. Louis Guerriere, son of Joyce and Louis Guerriere of James Street has completed recruit training at Marine Corps Recruit Depot, Parris Island, SC. Lou is a 1986 graduate of Hicksville High School and joined the Marine Corps in February of '88.

Congratulations Kimberly

On June 11th Kimberly Ann Appgar was awarded a BA degree (majoring in business) at Wittenberg University in Ohio. Kimberly is the daughter of Mr. and Mrs. David Appgar of Link Lane.

Named To Dean's List

Good for you Susan Mitchell of South Fordham Road for being named to the dean's list at Providence College for the spring semester 1988. A humanities major, she is a member of the class of '88. Brian Lynch of 7th Street was another student who was placed on the spring semester dean's list. He is attending the University of Dayton. . . . and two Hicksville students were named to the dean's list of State University College at Onondaga. They are: Anthony Bongiorno of Linden Boulevard and Kathleen Hemrich of Cambridge Drive. . . and at Lehigh University Lawrence Sullivan of Garden Boulevard was also placed on the dean's list.

At The Alumni Brunch

Among the many alumni attending the Hicksville H.S. Alumni Brunch held at Peppercorns was Mary DeMonaco—who we think was probably the oldest there. Mary is now 83. She was accompanied by her daughter Jessie and son-in-law Chris Doyle. Mary and her late husband Frank owned a fruit and vegetable business on Broadway for many, many years.

. . . and visiting from his home in Florida was Jay McAuley. Jay is a stockbroker in the sunshine state. Before he left Hicksville, Jay was a member of the school faculty and an assistant football coach for the orange and black. He, his wife Ellen, and their three children lived on Alexander Avenue in the house that was formerly Judge Warren Doolittle's home.

It's A Boy

Barbara and Joe Czeto are the proud parents of a baby boy, born at 12:44 p.m. July 18th at Central General Hospital. He will be named Joseph. His proud grandparents are Virginia and Ed Zwolinski and his equally proud godparents are Marilyn Floiet and John Pinghera, Jr. Grandma Virginia said he is very fair with blue eyes, 21" long and 7 lbs. 12 ozs. She said he's a doll.

Jim Clark Here On Visit

Jim Clark formerly of Hicksville and now of Florida, and his wife Angela (D'Agostino) spent a week here to attend Angela's 25th reunion at Syosset High. They stayed at Jim's mom's home in Middle Island and had a great time visiting brother Bill and his family and Angela's family in East Northport.



JIM KENNY holding son Keith (10-months-old) with Grandpa Charlie Green Sr.

Congratulations Are In Order for...

Jim Kenny of Benjamin Avenue will be sworn in as Corrections Officer for Nassau County Jail in East Meadow on July 26th.

Jim has been a favorite bartender and friend of many Gatsby's Pub patrons for almost 12 years and we're all going to miss him but wish him the best in his new career.

Jim's wife, Dee (Green) and son Keith (10 months) are very proud of him. . . for what he's done at Gatsby's; for what he's going to do as a corrections officer and for being the most wonderful husband and father in the world.



Mr. and Mrs. Maurice Cohen, and Mr. and Mrs. Stuart Weinberg, both of Hicksville, are photographed on the deck of the Home Lines Luxury Liner M.V. Homeric just before sailing from New York Harbor on a week's vacation cruise to the Coral Isles of Bermuda. Mr. and Mrs. Cohen celebrated their 39th anniversary and Mr. and Mrs. Weinberg celebrated their 22nd anniversary during the cruise.

(Photo courtesy Home Lines Cruise)

May I Have This Dance?

Danny Sydor had a great time performing with friends Arielle Ryan and Kelly Heyer at their recital for Broadway Dance. Their special number Sugar Pie Honey Bunch was really lots of fun and enjoyed by all.

About Our Students

Congratulations are in order for Joanne Cristina Rivera upon her graduation from Hicksville High School. . . and also for Jackie Langlois, Bridget McDavitt and Peter DeLuca who were also June graduates.



(L-R): ARIELLE RYAN, DANNY SYDOR, KELLY HEYER

Remember Tony Puccio???

I'm sure many of you remember Tony, (the barber) Puccio who used to have a shop across from St. Ignatius before they tore the stores down. His grandson, Tony Puccio, recently became the bridegroom of Lisa Wilson (both of Hollywood, Florida) in July. Tony is the son of Veronica and Mary Puccio now of Florida.

A formal reception for 300 guests was held with many Hicksville and Syosset families attending.

Marty is a former Hicksville resident having gone through the Hicksville School system—graduating in 1960.

Jennifer and Joe Munisteri (of Spirit of Hair) also attended the wedding.

Happy Birthday

Happy 20th birthday to Roberta (Spitzer) Gelber who celebrated her special day July 21st. Roberta is a 1977 graduate of Hicksville High School.

(continued on page 4)

Hicksville Illustrated News

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Hometown People

(continued from page 3)

Congratulations Henry

Very special congratulations are going to Henry Puerta who received his Ph.D. from Hofstra University.

Many Celebrations

The DeStefano's of Hicksville are eagerly awaiting the arrival of their very special guests from Florida. George and Millie DeStefano are due to come in July to help celebrate the many special occasions the DeStefano's recently had... such as daughter Renee's graduation from Old Country Road School, son Frank's graduation from Dutch Lane and Barbara's graduation from college

where she was awarded a B.A. degree.

Remember the Doughertys???

Received a nice note from Gloria (Dougherty) Thomas, wife of Al (Hy I) Thomas originally from Thomas' Florist on Jericho Turnpike in Syosset. She wrote: "My sister Dorothy has not lived in Hicksville for some time now, but she has Hicksville in her heart, as we all do. She enjoys the paper so much. We sometimes get a kick out of people who think they are old timers—I am not sure—but I think we go back at least five generations on my mother's side of the family, in Hicksville.

On my dad's side we go back at least five generations in the Brookville to Glen Cove area—so you can see we are deeply rooted in the area. Keep up the good work, I also enjoy the paper. Our daughter



PHOTO SHOWS Bill and Kathy Cheslock having a lunch break at a sidewalk cafe on the Champs Elysees in Paris, France.

Karen is married and living in Denver—but our son Jimmy is still hanging around the homestead. Note to Gloria: I think you and your sisters should be able to write a nice "Memories of Hicksville" for the Illustrated. See next article about Dorothy.

The Cheslocks Were In Europe

Kathy and Bill Cheslock have recently returned from a three week vacation in Europe. While in England they were the guests of Angela and Philip Wells. Angela is the granddaughter of Doreen Rosser who hosted their mom, Barbara, when she toured Europe in 1960. Besides a wonderful one week tour of England, Kathy and Bill also visited France, Switzerland, Italy, Germany and Holland. Kathy is a computer programmer at Manufacturers Hanover in Hicksville. Bill, a June '88 graduate of Lehigh University is now employed at Grumman as an Avionics Engineer.

Celebrate Golden Anniversary

On June 26th, Mr. and Mrs. Edward Ryan Sr. (Dorothy Dougherty) were feted at a surprise 50th wedding anniversary party.

The party was held at the South Shore Manor in Oakdale, and was given to them by their four children—Diane Johnson, Lorraine and Jim McHugh, Edward Jr. and Linda Ryan, and Rosemary and Chet Fromoltz.

In addition to close friends, the affair was attended by their seven grandchildren—Bruce and Sharon Johnson, Laura McHugh, Michael and Karl Ryan and Ryan and Jason

Fromoltz.

Also attending this happy affair were Dot Ryan's sisters and their husbands—Hazel and Bill Hnatuk and Gloria and Al Thomas and her brother and his wife, Ken and Mary Jane Dougherty. Frank Chier, Mrs. Ryan's brother-in-law was also among those present.

Dot and Ed grew up in Hicksville and lived on Park Avenue for the first few years of their marriage. The couple now reside in Lake Ronkonkoma.

We wish them many, many more years together, good health and happiness.

Spitzer-Hauff Engagement

Jack and Ursula Spitzer of Hicksville have announced the engagement of their daughter Jackie to Brian Hauff of Huntington.

Jackie, a 1978 graduate of Hicksville High School is employed in a medical laboratory in Bayshore and Brian is a computer programmer in Melville. They will be married in July of '89.

The Stork Has Arrived

Mr. and Mrs. Carmine Annunziato of Salem Road became grandparents for the first time, 4 lbs. 12 oz. Clayton-Charles was born on July 15 to Jeanne and proud dad Carmine Jr., a 1975 Hicksville High School graduate now residing in Chandler, Arizona. Little Clayton-Charles will have Aunt Kitty and Uncle Tom Devlin as godparents. They are also of Hicksville.

(continued on page 6)

TO YOUR HEALTH

By RICHARD H. BLAU, M.D.

Arthritis Myths and Facts

A major misconception concerning arthritis is that there is only one type of arthritis. Most rheumatologists (arthritis specialists) recognize that there are over 100 types of arthritis. Each type requires its own diagnosis and treatment. Arthritis symptoms include painful, red, warm or swollen joints, morning stiffness, or muscle aches.

The Arthritis Foundation has estimated that one out of every seven Americans will suffer from some form of arthritis. This means that over 35 million people in this country will have arthritis. Additionally, arthritis is not limited to elderly people. Over one quarter of a million children suffer from arthritis in this country alone!

Another misconception about arthritis is that it is a disease of only the joints. Various forms of arthritis can affect not only the joints, but the eyes, the skin, the heart, the lungs, the kidneys, the spleen, the nerves, the blood vessels, the blood, and even the brain! We call this

a systematic disorder (a disorder which affects many organ systems in the body). Of course, not all sufferers have every organ involved, but many patients do have symptoms outside the joints.

The greatest myth of all is that nothing can be done for arthritis and patients must learn to live with it. Nothing can be further from the truth. I find it unfortunate that in this day and age, we continue to see patients needlessly in pain for what could be a treatable illness. No cures for most forms of arthritis exist. However, most people can be treated successfully with medication, physical therapy, and exercise, improving their overall medical condition and physical well-being. A consultation with a physician or rheumatologist is recommended should you suspect that you have arthritis.

Arthritis strikes one out of seven people. Learn the facts. Call for your complimentary copy of "The Joint Approach An Arthritis Overview."

Dr. Richard H. Blau is a board-certified Rheumatologist practicing in Manhasset, 516-482-6822 and Westbury, 516-997-6823.

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Directions (1-southbound): Southern State Parkway Exit 32 South. Bear right onto Country Line Road to Krystie Manor on your left. (Westbound): Take the Southern State Parkway to Exit 32 (Rte. 111). Proceed south to first traffic light. Turn right on Ritter Ave. to traffic light (Country Line Road); then right on Country Line Road for 350 feet to Krystie Manor on the right.

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Nobody is ever thrilled with the prospect of becoming a hospital patient. Nobody.

And the feeling is even worse when the patient-to-be is not you, but your child.

That's why we go to such great lengths at Winthrop-University Hospital to prepare young patients — and their parents — for the experience. Our belief is that the more you know about what to expect, the less reason you'll have to be apprehensive about a hospital stay.

To this end, we sponsor an ongoing program of educational tours for children — school classes, Scout groups and the like. "Look. There's nothing to be afraid of," is the message we want to communicate.

Once they watch how a cast is applied or see how X-Rays help doctors make people healthy again, a hospital starts to look less mysterious and more, well, hospitable.

Pre-Admission Visit

For those whose hospital trip is more imminent, we offer a pre-admission "teaching session." A nurse will put the patient-to-be, and the parents, at ease by familiarizing them with the facilities and introducing some of the people who will soon be a part of the getting-well process.

Then a videotape featuring Mr. Rogers gently reassures the child about what happens in a hospital. The result is less anxiety, which can lead to a speedier recovery.

Any questions? We'll do our best to explain anything that's on your mind.

Every effort is made on our part to avoid the necessity for remaining in the hospital overnight. Many of the procedures that once required several days recovery can now be completed in the morning with the patient well enough to go home by evening.

Parents May Remain

When this is not possible, arrangements can be made for parents to sleep in the room with the child during the recovery period. We recognize that this can help a child to relax and often satisfies a parent's peace of mind as well.

However, our paramount obligation is to make certain that every patient receives absolutely superior-quality medical care. Here our reputation is among the highest in the country. Every aspect of our



Every effort is made to help parents feel confident about the care and concern that Winthrop offers their child.

pediatric care is overseen by a senior specialist of extraordinary ability and wide professional renown. Our teaching affiliation with SUNY Stony Brook further assures a consistently high level of treatment. And in backup is a full complement of state-of-the-art technological equipment that enhances all these personal and professional skills.

In other words, you're in superb hands at Winthrop and this is what matters most. Hospitalizing a child is never easy but when it becomes necessary, you want to — you must — feel totally confident in any decision you make.

As you see, everything we do for our young patients and their parents is done with this in mind.

If you'd like to know more, we'll be glad to send you information on our hospital tours and pediatrics pre-admissions briefings. We'll also include the names of physicians on our pediatrics staff.

Write to Dept. A728, Office of Community Affairs.

Winthrop University Hospital



259 First Street, Mineola, New York 11501

A major teaching affiliate of SUNY Stony Brook School of Medicine

Hometown People

(continued from page 4)

The Happiest Of Birthdays To...

Douglas VonBargen who celebrated his birthday July 1st... and Sean Goldthwaite celebrated his 7th birthday July 6th with all his friends at OCR school sending him congratulations. Edward Puerta of Chance

Street celebrated his big day on July 12th. He was 10 years old... and congratulations are in order for Peter Bedrossian, president of Sneakers Plus More Inc., (in the Delco Plaza) who celebrated his 30th birthday July 12th... and on the same day John Walker of Bob White Lane celebrated his birthday. John and Rose Marie also had a wonderful time celebrating their 15th wedding anniversary. Your friends all sent their best wishes. On July 15th Colleen Reilly of

Arcadia Lane celebrated her 20th birthday... and on July 20th Tommy Bruckner of Salem Lane celebrated his birthday with the whole family at his home. The following message is being sent to Edna: "A very happy birthday on July 26th to our dear friend and neighbor Edna Manelski, from Michael, Brian, Branca and Tony Centrone".... and if you happen to see Tom Kolm of Lawrence Court—congratulate him. He'll be celebrating his birthday on July 30th.

Get Well Wishes

The employees of J.C. Penney Warehouse in Hicksville wish to extend get well wishes to Marian Grello who is recuperating after surgery. Get well soon.

Wedding Anniversary Congratulations

Congratulations are in order for Diana and Rudy DePalma of West Avenue who celebrated their 15th wedding anniversary on July 20th.

Realty Group Consultants

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Hicksville Subaru Helps "Jerry's Kids"

Pictured, Bill Stewart and Joe Sorok, owners of Hicksville Subaru, and Estala Lugo, 1988 Nassau County MDA Poster Child.

From today until Labor Day, Hicksville Subaru, 15 East Old Country Road, will be donating \$100 for each new car sold to the Muscular Dystrophy Association.

Watch the Jerry Lewis Labor Day Telethon and see our local stars, Bill Stewart and Joe Sorok, present their donation on WWOR Channel 9.



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Children's Foot Health What's Normal, What's Not?

Many parents ask themselves if their children's feet are developing normally. They might notice a child's feet toeing in or out and mistakenly look for answers from their friends and/or family members. "It happens so often. This kind of question should be presented to a professional," said Dr. Stuart Stern, a family foot health care practitioner at Dr. Stern's Family Foot Care Center in Hicksville.

As a public service, Dr. Stern will present an open discussion about children's foot health on Thursday, July 28 at 1:30 p.m. at the Hicksville Library on Jerusalem Avenue.

During the 45 minute program Dr. Stern will answer questions from parents and address the following concerns:

- * Babies Feet - a guide toward healthy development
- * Helping your child develop healthy and sturdy feet, and
- * Your child's feet and sport activities — How to prevent injuries and infections.

Parents of young children are encouraged to check their children's feet often and bring a list of questions to ask Dr. Stern at the July 28 free foot health discussion.

For further information contact Dr. Stuart Stern at (516) 931-5752.

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Hicksville Illustrated.

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Legionnaires' Log

By GREG BENNETT

Charles Wagner Post #421, Hicksville



It's nice to see Early Bird membership dues pouring in. Let's keep membership officer George Blochel busy by paying our dues early or even better become a Paid-Up For Life member. Membership dues support vital Legion projects which serve our community and nation. Please pay early.

Junior Past Cdr. Harry Christo reports the Department of New York Convention recently held at Niagara Falls was a great success. PC Artie Rutz, PC Tom Nikitas, PCC Dick Hockbrueckner attended along with PC Harry Christo.

The Marine Corps Scholarship Foundation is now accepting applications for the 1989-90 academic year. Eligible for assistance are children of active duty, retired, and Reserve Marines, deceased Marines, and former Marines who were honorably discharged. Write Marine Corps Scholarship Foundation, P.O. Box 3008, Princeton, NJ 08543-3008 for application.

Admiral William Crowe, chairman of the Joint Chiefs of Staff, calls the April combat between Iran and the United States in the Persian Gulf, "the largest surface to surface battle for the Navy since World War Two." U.S. Marines stormed the Iranian Sassan gas/oil

separation platform in the South Persian Gulf on April 18. The Sassan was a military platform serving as a harbor for small attack boats, and a communications and gunfire platform complete with ZSU-23s Soviet antiaircraft gun. Over a 10-hour period, five separate incidents occurred as Iranian forces ignored repeated warnings from our forces. Captains Stephen Leslie and Kenneth Hill were awarded posthumous Distinguished Flying Crosses, Purple Hearts and Navy Commendation Medals as they were killed in combat flying their Cobra helicopter assaulting the Sassan oil platform. We honor the courage of our fighting forces and pray for peace and their quick safe return.

POW/MIA: The National Forget-Me-Not Association for POW-MIA's will be opening a "Vigil Site" by the Vietnam Memorial in Washington, D.C. The vigil booth will feature video tapes done by family members of POW-MIA's calling for public support.

Our next post meeting is Monday, August 1. Don't forget PC Wes Tietjen has Glen Miller Band dance night tickets for sale. The date is August 16 at Jones Beach Theater dance tent.



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Galileo Lodge News

By Joe Lorenzo



President Skip Monteforte's Message:
"Synthetic happiness is the most expensive."

Let's not forget to attend the forthcoming activities offered by the Galileo Lodge which are guaranteed to offer you the utmost pleasure and enjoyment. They include a boat ride to Fire Island, the fishing trip and the Italian Wedding Dance. These activities are designed and planned for your good times and relaxation, so I am sure that all participants can certainly anticipate the finest in entertainment.

Those people interested in becoming a member of the lodge can contact us at 931-9351.

Lodge tidbits: Mr. and Mrs. Augie Riccardi, Sr. recently celebrated 50 years of wedded bliss with family and friends at the Jericho Terrace. Their son, Augie, Jr. was also in attendance, coming all the way from California to wish his parents well. His wife and family were also present.

The Galileo Lodge and its membership also

extend to Jack and Rose their heartiest congratulations.

Very happy to report that Mr. and Mrs. Tony Balestrino of our Lodge have recently become grandparents. The baby was the first male grandson after being blessed by seven female grandchildren.

Very nice news to report there, but very sorry to hear that Mario Tucci is scheduled to have a heart operation at St. Francis Hospital. And very sorry to hear that Pete Massiello's son is still not feeling well. The members of the Lodge wish these nice people a very speedy recovery.

Very sorry also to report that Gus Russo of our Lodge has not been feeling very well. Get better quickly.

Help is still needed for the Bingo sessions, and President Skip Monteforte said that much of the help is needed between 6 and 8 p.m. If you can give a little time and effort to your Lodge, then I am sure that your Lodge will offer you the same.

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Letters From Our Readers

Letters to the editor are welcomed by the editors and publishers of the Anton Community Newspapers. However, they must follow certain guidelines in order for us to print them: they should be as short as possible; we reserve the right to edit in the interest of space; they MUST be signed (a typed name at the bottom will not suffice); they must include an address and telephone number so that we can verify their authenticity.

We receive many fine letters which we would like to share with our readers, but we are unable to use them because they are unsigned or have a typewritten name only.

We cannot publish every letter we receive because of space limitations, but we try to present both sides of all issues. Personal attacks and letters considered to be in poor taste will not be printed.

Condolences

To The Editor:

This letter is being published upon request:

The Board of Water Commissioners wishes to express their condolences to the family of Stanford Weiss who passed away on July 12.

He served as commissioner of the Hicksville Water District for 12 years.

During his term of office Hicksville Water District's residential homes and commercial buildings grew. The District increased their facilities to serve all its customers adequately.

During his term of office, the District built its first Water Treatment Plant at Bethpage Road; to improve the quality of water.

Mr. Weiss was active in the Long Island Water Conference and the American Water Works Association. He gave his personal time attending many work shops conducted by the Long Island Water Conference.

The Board of Commissioners expresses their regret at the untimely passing of their former Commissioner

HICKSVILLE WATER DISTRICT
BOARD OF COMMISSIONERS

"No Budget Hurts All of Us"

To The Editor:

I would like to thank all of the Hicksville residents who attended the last school board meeting. Due to the overall concern about the adscendence of a budget, we will be holding a budget revote on Wednesday, August 10. Registration will be held at your local polling place on Wednesday, August 3 from 3 p.m. to 8 p.m. No budget hurts all of us. Just to name a few items affected: children and senior citizens have no field trips; sports activities are cancelled and transportation is cut back. I don't think there is any Hicksville resident who wants to see a five year old child crossing such streets as Old Country Road or Cantiague Rock Road. The Hicksville community is fortunate to have and extensive network of concerned civic associations, Parent-Teacher Association and senior citizen groups. With everyone's help and vote on August 10 we can get our budget passed. I implore you to vote yes.

JoAnn Miltenberg, president,
Hicksville School Board

Proposed Costs for High School Athletics Under Austerity Budget

If the school budget is defeated again on August 10, the student athletes of the Hicksville School District will be forced to pay their own expenses to participate in sports.

The Hicksville School District does not release the figures for the sport's budget on austerity because the cost will only be in effect if the revised budget is defeated in the August 10 vote. Nora Richards, spokesperson for the district said, "If the budget passes, these figures don't matter," she said.

To give an idea of the athletic costs under austerity, we sought out the proposed costs

for Levittown under austerity to work up a range of costs for Hicksville boy and girl athletes.

Hicksville players will have to pay approximately: \$150 for boys' varsity soccer; \$140 for boys' JV soccer; \$25 for boys' varsity basketball; \$185 for varsity football; \$160 for boys' varsity lacrosse; \$130 for JV football; \$240 for boys' varsity baseball; \$175 for girls' varsity volleyball; \$150 for girls' JV volleyball.

There are no figures to estimate costs for cheerleading, swimming, kickline or girls' soccer.

What Hicksville Is Reading

The following books were highly requested last week at the Hicksville Public Library:

FICTION

1. THE BUTCHER'S THEATER — Jonathan Kellerman
2. ALASKA — James A. Michener
3. TO BE THE BEST — Barbara Bradford
4. LOVE IN THE TIME OF CHOLERA — Gabriel Marquez
5. PEOPLE LIKE US — Dominick Dunne

NONFICTION

1. A BRIEF HISTORY OF TIME — Stephen Hawking
2. SHOW TIME — Pat Riley

3. PICASSO — Arianna Huffington
4. RIDING THE IRON ROOSTER — Paul Thuroux
5. WASHINGTON GOES TO WAR — David Brinkley

Don't Forget To Register

to vote for the revised
school budget
Wednesday, August 3, 3 p.m.
to 8 p.m. at all local schools.

What Do You Think?



BELIEVE IT OR NOT: Basketball hoops such as this one are stirring up trouble in Garden City because they violate a village code. Do you agree they should be banned? Drop us a line at 132 East Second St., Mineola, New York 11501, or call Cathy at 747-8282, ext. 104.

Everyone's heard of the NIMBY philosophy (Not In My Back Yard), but some Garden City residents apparently subscribe to the NIFFY way of thinking (pronounced ni-fee, meaning Not In Your Front Yard).

The Village of Garden City is garnering all kinds of media attention lately because of an ordinance prohibiting free-standing structures on any front lawn in the village. Basketball hoops, the likes of which can be seen throughout this area, violate the code.

The ordinance in question also prohibits fences (shrubs and hedges are allowed), playhouses, outdoor shelters or any other manmade structure. A complaint from a resident touched off an investigation which found 75 of the offending hoops jutting from villagers' driveways.

After consulting with a lifelong Garden City resident, we learned that keeping the streets of the village clear has been a longtime objective of community leaders. Telephone poles and lines are found in the backs of houses, not on the street. Sanitation men walk to the rear of homes to collect garbage, preventing unsightly piles from marring the avenues. Only on Wednesday mornings do residents place cans or bags containing trash near the curb. (Trash is different from garbage, we were told. Trash is lawn clippings and other exterior waste while garbage is com-

posed of kitchen refuse and the like.) Overnight curbside parking is also prohibited.

All visitors to Garden City are immediately cognizant of its rural fastidiousness, which prompted the New York Times to describe the area as "the kind of village that really does have tree-lined streets and lush green lawns."

So, the effort to ban basketball hoops, etc., our Garden City friend explains, is not launched by a group of snobs, grouches or pests, but rather a way of insuring the bucolic charm of the village. You see, residents are permitted to attach hoops to garages which face on the street. It is the free-standing poles placed alongside the driveway that are illegal.

It works, and although we don't want to stir up any controversy around here, we're curious: **What do you think?** Should ordinances like those in Garden City be introduced in the **Town of Oyster Bay**? Would they do anything to improve the beauty and attractiveness of the area? Or are they merely stuffy, even borderline unconstitutional, restrictions? After all, you pay your taxes, you hold your mortgage, isn't it your house to do with what you wish.

We'd like to know how you feel. **Drop us a line** at 132 E. Second St., Mineola, NY 11501, or Hicksville Illustrated News, or call Cathy at 747-8282, ext. 104.

Community Calendar

Please address all notices of local events to Calendar Editor, 132 E. Second Street (P.O. Box 1578) Mineola, N.Y. 11501 or phone 747-8282. Calendar items must be submitted two weeks prior to the event.

Thursday, July 28

- Open discussion about children's foot health will be presented by Dr. Stuart Stern at 1:30 p.m. at the Hicksville Library, Jerusalem Ave., Hicksville. For information call Dr. Stern at 931-5752.

Saturday, July 30

- A breakfast meeting with Rev. Philip Cappuccino and his wife, Karen, will be held at The Church at Hicksville, 17 Herzog Place, at 9 a.m. "Come and hear how the Lord brought these two together in two years after they were both 'born again,'" the church's pastor, Harold Butler said. Public invited.

Monday, August 1

- Overeaters Anonymous, a 12 step recovery program for recovery from overeating, 8:30 p.m. Mondays and Thursdays at Parkway Community Church, Hicksville. For information call 795-6814.

- Hicksville Youth Council is sponsoring a trip to see the New York Mets game. Permission slip required. For information call 822-KIDS.

- Diabetes Club meeting, 7:30 p.m. in the Staff Room of the Mid-Island Hospital. No fee. For information call 520-2212.

Tuesday, August 2

- Co-dependents Anonymous, a 12-step support group, will meet from 8 to 9:30 p.m. downstairs at the Parkway Community Church, Hicksville. For information call 795-1585.

- Transitions: The Person Center offers a Person-Centered alternative to dealing with life changes, 7:30 p.m. at Parkway Communi-

ty Church, Hicksville. Fee: \$10. For information call Dennis R. Wendorf at 796-1989.

- Fund-raising activity, 7:45 p.m. at Congregation Shaarei Zedek, Old Country Rd. and New South Rd., Hicksville. Refreshments served.

- Prenatal Exercise Classes, Tuesdays and Thursdays from 6:30 to 7:30 p.m. in the Staff Room of the Mid-Island Hospital. Fee. For information call 520-2212.

- Recovery Inc., the Association of Nervous and Former Mental Patients, will meet at 8 p.m. at Parkway Community Church, 95 Stewart Ave., Hicksville.

Wednesday, August 3

- Emphysema Club meeting, 1:30 p.m. in the Conference Room of the Mid-Island Hospital. No fee. For information call 520-2212.

- Hicksville Kiwanis Club will meet at 12:30 p.m. at the Milleridge Inn, Jericho.

- Prenatal Classes, 7:30 to 9:30 p.m. in the Staff Room of the Mid-Island Hospital. Fee. For information call 520-2212.

Thursday, August 4

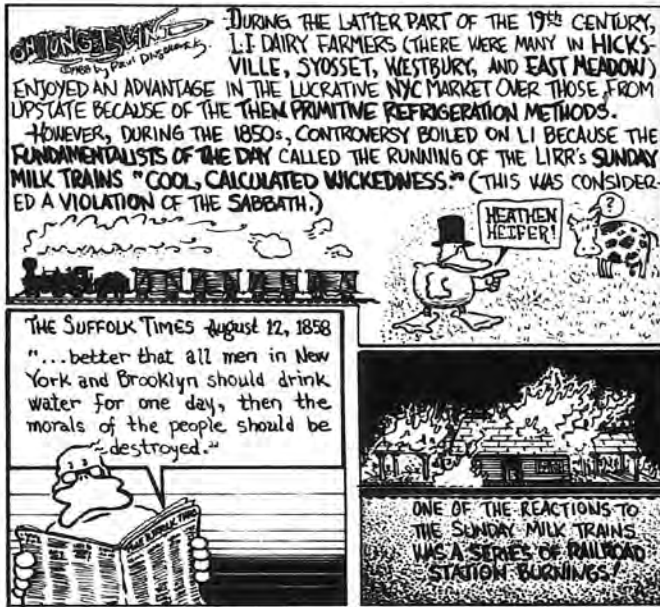
- Fund-raising activity, 10:45 a.m. at Congregation Shaarei Zedek, Old Country Rd. and New South Rd., Hicksville. Refreshments served.

- Hicksville Elks Lodge No. 1931 will meet at 12:15 p.m. at 80 East Barclay St., Hicksville. For information call 931-9310.

- Hicksville-Jericho Rotary Club will meet at 12:15 p.m. at the Milleridge Inn.

- Hicksville (Mid-Island) Senior Citizens will meet from 11 a.m. to 3 p.m. at the United Methodist Church, Old Country Rd. and Nelson Ave., Hicksville. For information call Clare Smyth at 938-7079.

EDITORIAL AND OPINION



The Investor's Corner

By Joseph P. Frey, Ph.D.

Warren Buffett

Warren Buffett is the greatest investor of all time. He operates just about as far from Wall Street as a person can and still be in the United States — Nebraska. You might ask how can he be such an astute investor. The answer is that he just has old fashioned values. He is not your typical Wall Streeter, not a wheeler-dealer.

After being rejected by Harvard B-school, he had the wonderful luck to go to Columbia during the Graham era. Yes, he is another protegee of this most wonderful teacher.

Warren Buffett has modified the teachings of Graham to fit his own personal philosophy of investing. He has not changed the principles. He would not do that because of all the investors that he knows, those who have abided by the principles have done very well.

In an era of space age computer programs, Buffett does not use one. He does it the old fashioned way. He knows that the economists and academics have said that you cannot beat the market. He says that that is rubbish; he has consistently done it.

Wall Street is obsessed with short term traders. What you need is a patient rational outlook. Frantic trading is counter productive to long term value. He conducts his affairs so that if the truly exceptional event happens, like 10/19/87, he is still around to play the next day. He feels that anything can happen at any time.

His investing philosophy is a simple one. He looks for a business with good capable management who will stay. He buys a business where he knows in a general way what is going to happen. When he buys a company, he looks at it as a purchase for which he will get a return. He wants a basic company in a basic business. He does not invest in high tech companies because he does not know where they will be in 10 years or so. He likes to buy companies that are very predictable. He likes to buy value. Then he waits. This approach takes patience and control; no room for panic here.

Some of his more memorable buys were companies that seemed to be given away. Example: He bought stock in the *Washington Post* when the market value of the stock was \$80MM and the properties of the company were worth \$200MM. He got a steal. His 13 percent is worth \$370MM now. A couple of other coups: Capital Cities/ABC — cost \$137MM, now \$920MM; Geico Insurance — 42 percent for \$46MM, now \$800MM. He thought they were undervalued, so he bought them...and waited.

That is his secret, find value and wait. That is the teaching of Ben Graham. Graham said there are two kinds of people, the long term greedy and the short term greedy. If you are short term greedy (like Wall Street investors today), you will probably end up with poor results. So the moral is — be long term greedy. Find value and wait.

He does not care what happens in the stock market. He has stated that if the market were to close for two years, it would not affect him. He feels that if he is right on the business, the market will take care of itself.

You can invest with Warren Buffett. He does not manage a mutual fund. He runs Berkshire Hathaway which is very much like a fund. You can find it on the over-the-counter NASDAQ national market list. It costs about \$4,000 a share. You see, Buffett does not believe in stock splits.

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A Letter from Lulabelle...

...I want you to think back to the time when you were a little kid and I want you to think about your Mother...How did she look?...Motherly?...I try to remember mine and I think I can begin my memories when I was about five...and since I was born when she was twenty-two, she must have been only twenty-seven...Yet, isn't it strange how one always thinks of his parents as being "old"...And in those days, mothers did dress in ways very different from today...I always think of her around the house in what was called a "house dress", a simple, short-sleeved garment of some flowered cotton, easy to wash and, sometimes, even a "Hoover apron", which was a wrap-around-cross-over-the-front-and-tie-in-the-back thing, full length, not just an apron...My Mother always wore stockings, even around the house, but, of course, she wore the ones with runs to spare the good silk stockings that she wore going out...and she often wore what were called "carpet slippers"...I can see them now—in my mind, they are always gray, but I suppose there must have been other colors—made of some fabric that looked like soft carpet and with a padded "squishy" sole...No support, but very comfortable...And, even in the old pictures, she looks "motherly"...How different from those young mothers (and even us old grandmothers!!) today...when they look like college girls, with their jeans and T-shirts and their daily-blown-dry hair...No young woman of today would be caught wearing those clunky "cuban" heels so popular with my Mother...and it's not only the young women—I have a really "gorjus" aunt who is eighty-one who wears stunning stylish clothes, all of which she makes herself and there's nothing "homemade" about them—she sews like a fine French couturiere—and she wouldn't think of running to the store at the crack of dawn without her makeup and her hair all done...Happily, it's a time when age seems to have been largely wiped out and most clothes are suitable for all...I'm not in favor of mini skirts for mature women—there's not much attractive in my eyes about "older" knees!!

Yours, Lulabelle

What the Politicians are Saying...

The Foster Grandparent Program

By Governor Mario M. Cuomo

Our older population is the source of an abundance of talent, the greatest of which is clearly their ability to provide guidance, attention and love. The Foster Grandparent program encourages senior citizens to utilize these gifts to help children who need them most — those children who have physical, mental or emotional disabilities.

In 1977 New York State joined with the federal government in providing aid to public or private not-for-profit organizations that coordinate Foster Grandparent programs. Uniting children with special needs and elderly people who offer the quality of care only a grandparent could provide, this program has proven mutually beneficial. It not only helps support disadvantaged children during this Decade of the Child, but supplies elderly volunteers with a fulfilling outlet for their abilities.

Currently in New York, 18 organizations receive funding and maintain a total of 134 Foster Grandparent positions. These "grantee" agencies establish agreements for the care of the disabled child with the host agencies where the child stays and provide volunteers with transportation, uniforms, meals, and monthly training. Each Foster Grandparent visits between two and four children in institutions, schools, hospitals, or private homes.

The need for Foster Grandparents is vast. Children throughout the State suffer from disabling diseases or injuries and need special care for their physical handicaps. Many of them also require a great deal of emotional support.

Individuals 60 years of age or older who would like to help these children should become Foster Grandparents. Although the primary rewards of this work are clearly the emotional benefits, Foster Grandparents are provided with a stipend and recognition of their service.

The Foster Grandparent program makes a significant and lasting contribution to the Family of New York by meeting the needs of some of its most vulnerable members.

In order to become a Foster Grandparent or learn more about the program in Nassau County, write to:
Nassau County Department of Senior Citizens Affairs
250 Fulton Avenue
Fulton, N.Y. 11550
or call: (516) 564-6935

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Kiwanis Awards Scholarships to Local Youth

The Hicksville Kiwanis Club awarded scholarships and community services awards to local teenagers recently.

This year's three Kiwanis Scholarship Awards were given to graduating high school students who are Hicksville residents. The winners selected by the Kiwanis Scholarship Committee were Michael W. Hoops, a Hicksville High School graduate, won the Dr. Charles J. Masek Memorial Scholarship. Mr. Hoops will be attending Boston University. Christopher Blanco, a Chaminade High School graduate who will be attending the University of Notre Dame, also won a scholar-

ship as did Daniel Kilfoil, a Hicksville High School graduate who will attend St. John's University.

The Kiwanis Community Service Award, known as The Frank Chlumsky Memorial Award, was established by the family and friends of the late Frank Chlumsky, and was to be awarded to one or two Hicksville High School graduates each year who most closely emulated the community spirit and activity of "Uncle Frank." The family turned the funds over to the Hicksville Kiwanis Club to administer as stipulated. This year's recipients were Anne Calise and David Ching.

1st Woman Kiwanian Has Perfect Attendance

At the 1987 Kiwanis International Convention, the Delegates voted to eliminate the "male only" qualification for membership to Kiwanis. In anticipation of this vote, the Hicksville Kiwanis Club began looking for likely women prospects to invite into Kiwanis. The first women to qualify and join was Barbara Nelson, the executive director of the Hicksville Youth Council. During the year that she has been a Kiwanian, Ms. Nelson has attended all but four of the meetings of the

Hicksville Kiwanis Club, but has more than made up these absences by attending monthly L.I. North Division meetings, interclubs with other Kiwanis Clubs, as well as visiting Kiwanis Clubs while on vacation. In addition, Ms. Nelson was appointed to fill a vacancy on the Kiwanis Board of Directors. She also volunteered to serve as a counselor to the recently organized Hicksville High School Kiwanis Key Club.

In recognition of her busy, productive first year in Kiwanis, President Charles Montana, Jr. presented Ms. Nelson with a one year

Perfect Attendance Tab to wear with her "K" pin at the July 6 luncheon meeting of the club.

Lee Avenue School Art Teacher Invites Students to Her Exhibit

Emily Eisen, the art teacher at the Lee Avenue Elementary School, is having a major painting exhibition with her husband Ray Pollard called "Off Main Street" at The Northport Public Library, 151 Laurel Avenue 261-6930, opening on August 2 through August 31.

For 16 years she has been producing Annual Art Shows for the Lee Avenue children to share their year's art work and demonstrate their skills and talents. She loves teaching the children and it comes across in the art work displayed. She has been awarded and recognized for her devotion and efforts by her principal, Mr. John Mateer, the PTA, the board of education, the administration and the fine arts department. Now she wishes to return in kind the sharing of her love of art by inviting the children and families, and her colleagues, in particular, of Lee Avenue, to celebrate and view "Off Main Street."

Many of the paintings are of her hometown, Northport, a quaint harbor village on the North Shore. The town still has

that somewhat old fashioned charm and Emily has captured that nostalgia in her vibrant, fresh paintings of the harbor, the sailboats, and the park with its many gazebos. Ray and Emily have done a series of self-portraits and portraits, called "The First Two Years." This is an intriguing series to view. Ray is a fine artist. He also depicts inviting seaside scenes with radiant water reflections to soothe the eye with its abstract patterns. His largest painting in the show "Exile" is one of exiled Russian monks seated at a table for a meal. The emotion he has captured in this piece has great impact in the solemn, contemplative mood he has created. The show will include their first work in a series called "Alone Together" where they have taken turns completing one painting.

Ray also is a teacher of the gentle martial art of Tai Chi Ch'uan, an exercise done in China to keep one in good physical mental, and emotional health towards living a long life. "Alone Together" they bring many good parts to create an innovative resulting whole.

OFFICIAL PUBLIC NOTICES

PUBLIC HEARING

PLEASE TAKE NOTICE, That pursuant to law, a public hearing will be held in the Hearing Room, Town Hall, East Building, Audrey Avenue, Oyster Bay, New York, on the 9th day of August, 1988, at 10 o'clock, a.m., prevailing time, or as soon thereafter as practicable, to consider the closing of Jeanson Place, Hicksville, New York. All persons interested shall have an opportunity to be heard upon said proposed amendment at the time and place aforesaid. The proposed amendment is on file in the Office of the Town Clerk and may be examined during regular business hours by any and all interested persons, at Oyster Bay, TOWN BOARD OF THE TOWN OF OYSTER BAY, ANGELO A. DELLIGATTI, Supervisor, CARL L. MARCELLINO, Town Clerk. Dated: June 21, 1988. Oyster Bay, New York.

07-28-88-1T-3614 HICK

NOTICE OF PUBLIC HEARING

NOTICE IS HEREBY GIVEN that the Town Board of the Town of Oyster Bay, Nassau County, New York, will meet at the Town Hall, Audrey Avenue, in Oyster Bay, New York, at 10:00 o'clock A.M., prevailing time, on August 9, 1988, for the purpose of conducting a public hearing in relation to the increase and improvement of facilities for and on behalf of the Bethpage, Hicksville and Massapequa Parks Districts, consisting of the reconstruction of the building at the Massapequa Community Park, by the replacement of the roof thereof, alterations to portions of the Massapequa Community Park building and the Bethpage Community Park building and the construction of a new building at the Abe Levitt Field in Hicksville, at a maximum estimated cost of \$1,200,000, of which amount \$320,000 shall be allocated to the Bethpage Park District, \$180,000 shall be allocated to the Hicksville Park District and of which amount \$700,000 shall be allocated to the Massapequa Park District, at which time and place said Town Board will hear all persons interested in the subject matter thereof.

Dated: Oyster Bay, New York, July 19, 1988.

BY ORDER OF THE TOWN BOARD OF THE TOWN OF OYSTER BAY, NASSAU COUNTY, NEW YORK.

By CARL L. MARCELLINO, Town Clerk.

07-28-88-1T-3613 HICK

NOTICE TO BIDDERS

Notice is hereby given that SEALED PROPOSALS for the purchase of Sodium Hexametaphosphate will be received by the Board of Commissioners of the Hicksville Water District in the office of the Board at 4 Dean Street, Hicksville, New York, until 4:00 p.m. on August 16, 1988 proposals will be publicly opened and read at 7:00 p.m. Specifications, Information to Bidders and Contract Forms may be obtained at the District Office, 4 Dean Street, Hicksville, New York.

Each Proposal must be accompanied by a Certified Check or Bid Bond in the amount of 15% of the bid amount payable to the Hicksville Water District as assurance that the bid is made in good faith.

The Board reserves the right to reject any or all bids, waive any informalities, and to accept such bid which, in its opinion, is in the best interest of the District.

BOARD OF COMMISSIONERS

HICKSVILLE WATER DISTRICT

Of the Towns of Oyster Bay and Hempstead

Richard A. Humann, Chairman

Gilbert E. Cusick, Treasurer

Nicholas J. Brigandi, Secretary

Dated: Hicksville, New York, July 22, 1988.

07-28-88-1T-3617 HICK

THE PEOPLE OF THE STATE OF NEW YORK

CITATION

BY THE GRACE OF GOD

FREE AND INDEPENDENT

TO Peerless Insurance Company, Andrea Gartner,

ATTORNEY GENERAL OF THE STATE OF

NEW YORK, Theresa Brandstatter and any and

all unknown persons whose names or part of whose

names and whose place of residence are unknown

and cannot after diligent inquiry be ascertained, distributees, heirs at law and next of kin of said JOHANN BRANDSTATTER, and if any of said said distributees or heirs named specifically or as a class be dead, their legal representatives, their husbands or wives, if any, distributees and successors in interest whose names and/or places of residence and post office addresses are unknown and cannot after diligent inquiry be ascertained.

SEND GREETINGS

Upon the petition of Public Administrator of Nassau County with offices at 222 Willis Avenue, Mineola, New York as Administrator of the estate of JOHANN BRANDSTATTER late of 35 41 Street, Hicksville, New York Deceased. You and each of you are hereby cited to show cause before our Surrogate of the County of Nassau, at the Surrogate's Court of said County, held at the Nassau County Court House, at Mineola, in the County of Nassau, on the 24th day of August, 1988 at 9:30 a.m. of that day, why his Account should not be judicially settled, that the fees of the attorneys representing the Public Administrator be paid, that the expenses shown on Schedule C-1 herein be paid, why the kinship of Andrea Gartner should not be established or rejected, and if rejected why anyone else claiming to be a distributee of the decedent should not establish proof of their kinship, and why the balance remaining on hand (if any) should not be paid to the Comptroller of the State of New York for the benefit of the person or persons who may be entitled thereto pursuant to SCPA 2222.

And for such other and further relief as the Court deems just and proper.

SEAL

IN TESTIMONY WHEREOF, We have caused the seal of the Surrogate's Court of our said County of Nassau to be hereunto affixed.

WITNESS, HON. C. RAYMOND RADIGAN,

Judge of the Surrogate's Court of our said County of Nassau, at the Surrogate's Office at Mineola,

in the said County, the 30th day of JUNE, 1988.

PEYTON BOWELL, III

CLERK OF THE SURROGATE'S COURT

File No. 234698

FLAUM, IMBARRATO & MONDELLO

3000 HEMPSTEAD TURNPIKE

LEVITOWN, NY 11756

JOHN J. LEVIT, NEW YORK

OFFICE & P.O. ADDRESS

PHONE NO. (516) 735-2800

This citation is served upon you as required by

law. You are not obliged to appear in person. If you

fail to appear, it will be assumed that you consent

to the proceedings, unless you file written verified

objections thereto. You have a right to have an

attorney-at-law appear for you.

8/11-4: 07-28-88-4T-3588 HICK

NOTICE OF (SPECIAL) DISTRICT ELECTION

HICKSVILLE UNION FREE SCHOOL

DISTRICT

HICKSVILLE, NEW YORK

RESOLUTION ADOPTED

NOTICE IS HEREBY GIVEN that pursuant to

the resolution of the Board of Education of

Hicksville Union Free School District, Hicksville,

New York, adopted July 13, 1988, the (Special)

District Election of the qualified voters of this

School District will be held on August 10, 1988, be-

tween the hours of 10:00 o'clock A.M. (D.S.T.) and

10:00 o'clock P.M. (D.S.T.) in the seven Election

Districts, stated below, for the purpose of voting

upon the following proposition(s):

PROPOSITION NO. 1

Shall the Budget approved by the Board of

Education pursuant to Section 1716, be approved,

and a tax on the taxable property of the District

in the amount of such Budget, less State and

Federal Aid and revenues from other sources, be

levied?

NOTICE IS FURTHER GIVEN that Personal

Registration and Election Districts have been

established in the School District, that no person

shall be entitled to vote at the (Special) District

Election whose name does not appear on the

register of the School District, unless such person

is registered under the provisions of Section 5-12

of the Election Law and that those qualified to

register and vote shall do so in the School Election

District in which they reside.

NOTICE IS FURTHER GIVEN that copies of

the statement of estimated expenses for the school year 1988-1989 may be obtained by any taxpayer in the District at each school meeting in the District daily except Saturday and Sunday on and after August 3, 1988, between 9:00 a.m. to 4:00 p.m.

NOTICE IS FURTHER GIVEN that the Board of Registration shall meet in the seven (7) Election Districts described below on August 3, 1988 from 3 p.m. to 5 p.m. (D.S.T.)

Any person shall be entitled to have his name placed upon such register provided that at such meeting of the Board of Registration he proves to the satisfaction of such Board of Registration to be then or thereafter entitled to vote at the school meeting or election for which such register is prepared. Said register will be filed in the Office of the Clerk of the District on August 3, 1988, and will be open for inspection by any qualified voter of the District from 9:00 a.m. to 4:00 p.m. on any weekday from August 4, 1988 up to and including August 10, 1988. Residents who voted at an Annual or Special Meeting of the District within four years from the date of the current (Special) Meeting or who registered within that time need not register to be eligible to vote at the (Special) Meeting. Residents otherwise qualified to vote who are registered under the provision of section 5-12 of the Election Law need not register to be eligible to vote at the Meeting.

NOTICE IS FURTHER GIVEN that during the voting hours on August 10, 1988, the Board of Registration will meet in various election districts to receive registration for the ensuing year.

NOTICE IS FURTHER GIVEN that applications for absentee ballots may be applied for at the office of the Clerk of the District. A list of all persons to whom absentee ballots are issued will be available in the Office of the Clerk on August 3, 1988 through August 10, 1988. Such list will also be posted at the polling place(s) at the election of the members of the Board of Education.

SCHOOL ELECTION DISTRICTS

The boundaries of the school election districts, as adopted by resolution of the Board of Education and the places in each election district for registration and voting shall be as follows:

Election District No. 1

Burns Avenue School

On the East: Broadway, from the District's North Line, to the intersection Jerusalem Avenue and Broadway, continuing South along Jerusalem Avenue to the intersection of Jerusalem Avenue and the Long Island Railroad.

On the South: The Long Island Railroad, from Jerusalem Avenue to the District's West Line.

On the West: The District's West Line from the Long Island Railroad to the District's North Line.

On the North: The District's North Line from the District's West Line to Broadway.

Election District No. 2

East Street School

On the East and North: Miller Road as projected to the District's North Line, South along said Miller Road to Ronald Avenue, then East along Ronald Avenue to Woodbury Road, then Northeast along Woodbury Road to Ardley Gate, then Southeast through Ardley Gate to Dartmouth Drive, then Southwest and South through Dartmouth Drive to its intersection with Haverford Road, then East to the intersection of Haverford Road and Berkshire Road, then East along Berkshire Road to its intersection with Columbia Road, then East along Columbia Road to the District's East Line, then South along the District's East Line to the Long Island Railroad.

On the South and Southwest, along the Long Island Railroad, from the District's East Line southerly point, to the intersection of the Long Island Railroad and Jerusalem Avenue.

On the West: Broadway from Jerusalem Avenue to the District's North Line.

On the North: The District's North Line from Broadway to Miller Road as projected to said line.

Election District No. 3

Woodland Avenue School

On the North, Northeast and East along the District's North Line, from Miller Road, as projected to the District's North Line, to the District's East Line.

On the East: South along the District's East Line, from the District's North Line, to Columbia Road.

On the South and West: Columbia Road, from the District's East Line West to Berkshire Road, then West along Berkshire Road into Haverford Road, and continuing West on Haverford Road to Dartmouth Drive then North and Northeast along Dartmouth Drive to Ardley Gate; then North West through Ardley Gate to Woodbury Road, then Southwest along Woodbury Road to Ronald Avenue, then West along Ronald Avenue to Miller Road, then North along Miller Road and continuing thereon as it is projected, to the District's North Line.

Election District No. 4

Lee Avenue School

On the East-Northeast: The Long Island Railroad, from its intersection with Old Country Road, to the Southerly point of the District's East Line.

On the South, the District's South Line, from the Long Island Railroad, Southwesterly into Michigan Drive, then South along said District line to the Hempstead Township line, then Northwesterly along the District's South Line to Jerusalem Avenue.

On the West and North, along Jerusalem Avenue, from the District's South Line, to Salem Gate, then West along Salem Gate to Salem Road, then North to Harkin Lane, then Northwest along Harkin Lane to Division Avenue, then North along Division Avenue to Glenbrook Road, then Northwest along Glenbrook Road to Newbridge Road, then Northwest along Newbridge Road to Old Country Road, then East along Old Country Road to the Long Island Railroad.

Election District No. 5

Fork Lane School

On the East: Jerusalem Avenue from Salem Gate, to the District's South Line.

On the North: Salem Gate, West from Jerusalem Avenue, to Salem Road, then North along Salem Road to Harkin Lane, then Northwest along Harkin Lane to Division Avenue, then Northwesterly along Division Avenue to Glenbrook Road, then West along Glenbrook Road to Newbridge Road.

On the West: Newbridge Road, from Glenbrook Road on the North, to the District's South Line.

On the South and East: Old Country Road, from Newbridge Road, on the West, to Jerusalem Avenue on the East.

Election District No. 6

Dutch Lane School

On the East: Newbridge Road, from Elmira Street, to the District's South Line.

On the South, the District's South Line, from Newbridge Road, on the East, to the District's West Line.

On the West: The District's West Line, from the District's South Line to Arrow Lane, as said Lane is projected West to the District's West Line.

On the North: from Arrow Lane, as projected to the District's West Line, East and along said Arrow Lane, to Levittown Parkway, then South along Levittown Parkway to Beech Lane to Blueberry Lane, then South along Blueberry Lane to Elmira Street, then East along Elmira Street to Newbridge Road.

Election District No. 7

Old Country Road School

On the North and Northeast: The Long Island Railroad from the District's West Line to the intersection of the Railroad with Old Country Road.

On the South and East: Old Country Road from its intersection with the Long Island Railroad, Westerly to Newbridge Road, then Southwest along Newbridge Road to Elmira Street, then West along Elmira Street to Blueberry Lane, then North along Blueberry Lane to Beech Lane, then West along Beech Lane to Levittown Parkway, then North along Levittown Parkway to Arrow Lane, then West along Arrow Lane, and as projected to the District's West Line.

BY ORDER OF THE BOARD OF EDUCATION

Hicksville Union Free School District

Hicksville, Town of Oyster Bay, N.Y.

Janet Ulrich

8/4, 07-28-88-2T-3615 HICK

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Religious Services

BAPTIST

First Baptist Church 1141 St. and Portico Pl., Hicksville, Tel: 938-7134. Kevin J. Rawlins, Pastor. Services: Sunday morning worship at 11:00. Sunday night gospel hour at 7:00. Sunday school for ages cradle through adult at 9:45 a.m. Wednesday evening prayer at 7:30.

CATHOLIC

Holy Family Church 5 Fordham Ave., Hicksville, 11801. Tel: 935-1345. The Rev. Bernard J. McGrath, Pastor. The Rev. Peter L. Duvelsdorf, Asst. Pastor. The Rev. Domenick Graziano, Asst. Pastor. Masses: Sundays in the Church-7:30, 9:00, 10:15 and 11:30 a.m. 12:45 and 7:00 p.m. In the School at 10:00 a.m. Saturdays at 8:00 and 9:00 a.m. and 5:00 and 7:30 p.m.

Our Lady of Mercy R.C. Church 500 South Oyster Bay Road, Hicksville, 11801. Tel: 931-4331. The Rev. Magr. James E. Boesel, Pastor. The Rev. Charles A. Gartner, The Rev. William Donnelly, The Rev. John Fenick. Masses: Sundays in the Church-Saturday evening at 5:00 and 7:30 and Sundays at 7:30, 9:15, 10:30 and 11:45 a.m. and 1:00 p.m. In the lower church-8:30, 9:45 and 11:00 a.m. and 12:15 p.m. Family Mass on the third Sunday of every month at 11:00 a.m. in the lower church. Weekdays at 7:00, 8:00 and 9:00 a.m.

St. Ignace Loyola R.C. Church 129 Broadway, Hicksville, Tel: 931-0056. The Rev. Frederick Harter, Pastor. The Rev. Peter Liu and Rev. Thomas Costa, Assoc. Pastors. Services: Weekend masses, Saturdays at 5:00 p.m. Sundays at 7:30, 9:45, 10:00 a.m. and 11:15 a.m. 12:30 and 6:30 p.m. Weekday masses at 7:00 and 9:00 a.m. Monday through Friday, Saturdays at 9:00 a.m.

COMMUNITY

The Parkway Community Church Stewart Ave. at Levittown Parkway, Hicksville, 11801. Tel: 938-1233/631-9055. The Rev. Douglas R. MacDonald, Services: Sundays at 8:30 and 11:00 a.m. Church School and Infant Care at 9:30 and 11:00 a.m. Midweek Bible Study on Wednesdays at 8:15 p.m.

EPISCOPAL

Holy Trinity Episcopal Church 130 Jerusalem Ave., Hicksville, 11801. Tel: 931-1920. The Rev. Domenic K. Cianella, Rector. The Rev. Anne E. Lyndal, Deacon. Services: Holy Communion on Wednesdays at 9:30 a.m. Holy Communion on Sundays at 8 and 10 a.m.

GREEK ORTHODOX

Holy Trinity Greek Orthodox Church 20 Field Ave., Hicksville, Tel: 433-4522. Fr. George Stavropoulos, Services:

Sunday Orthros at 8:30 a.m. Divine Liturgy at 9:30 a.m.

JEWISH

Congregation Shaarei Zedek New South Rd. and Old Country Rd., Hicksville, 11801. Tel: 938-0420, 938-0422. Services: Saturdays at 9:00 a.m.

Hicksville Jewish Center Jerusalem Ave. and Magie Dr., Hicksville, 11801. Tel: 931-9323. Rabbi Joseph Grossman. Services: Friday evenings at 8:30. Saturday morning at 9:30.

Jericho Jewish Center (Conservative) North Broadway, Routes 106/107, Jericho, 11753. Tel: 936-2540. Rabbi Stanley Selinhardt, Cantor Israel Goldstein. Sabbath services at 9:00 a.m. Junior Congregation meets at 10:45 a.m. Morning services Mon-Fri at 7:30 a.m. Sundays at 9:00 a.m. Evening services Sun-Thurs at 8:30 p.m. Friday candlelighting time. Sat. sundown. Special Family service on the first Friday of each month at 7:45 p.m. Affiliated with the United Synagogue of America.

LUTHERAN

The Lutheran Church of St. Stephen 270 South Broadway, Hicksville, 11801. Tel: 931-0710. The Rev. Frank L. Nelson, Pastor. Services: Sundays at 9 a.m. Wednesdays at 8 p.m.

Redeemer Lutheran Church 17 New South Road, Hicksville, 11801. Tel: 938-9693. The Rev. Dr. Theodore S. Grant. Services: Sundays at 9 a.m.

Trinity Lutheran Church 40 W. Nicholas St., Hicksville, 11801. Tel: 931-2225. The Rev. Wayne Pais, Pastor. Services: Saturdays at 7:30 p.m. Sundays at 8:15, 9:45 and 11:15 a.m. Sunday School at 9:30 a.m. Nursery Care at 9:30 a.m. for the 9:45 a.m. service.

METHODIST

United Methodist Church Old Country Rd. and Nelson Ave., Hicksville, 11801. Tel: 931-2626. The Rev. Richard Smeltzer, The Rev. Dale White. Services: Sundays at 8:00, 9:15 and 11:00 a.m. Sunday school from 9:00 to 10:30 a.m. The Bus Ministry of the Church operates every Sunday to bring people to Sunday School or the 9:15 a.m. worship service.

NON-DENOMINATIONAL

The Church of Hicksville 17 Herzog Place, Hicksville, 11801. Tel: 822-6330. Harold Butler, Pastor. Services: Sundays at 10:30 a.m. Sunday school at 9:30 a.m. Prayer meeting on Wednesdays at 6:30 p.m. Home Bible Study Groups.

Church of Christ 105 Broadway, Hicksville, 11801. Tel: 935-3855. The Rev. Tom Goodlet, Minister. Services: Sundays worship at 11:00 a.m. Bible School at 10:00 a.m. Mid-Week Bible Studies, call for time and location. A staffed nursery is provided for all services.

PRESBYTERIAN

First Presbyterian Church 474 Wanlagh Ave., Levittown, 11756. Tel: 731-3608. The Rev. Robert A. Wieman. Services: Sundays at 9:30 a.m. Child care for pre-school children.

Obituaries

Kenneth L. Briggs

Kenneth L. Briggs, a resident of Springfield, Mass., formerly of Hicksville, passed away on July 13.

Mr. Briggs is survived by his wife, Margaret, his daughter, Edith P. Mendelshon, and his son, Raymond L.

Religious services were held at Vernon C. Wagner Funeral Home on July 18. Interment followed at Pinelawn Memorial Park.

Stephen Jon Meier

Stephen Jon Meier, a material control clerk at Slater Electrical Company, Glen Cove, passed away on July 19 at the age of 33. He was a resident of Hicksville, formerly of East Meadow.

Mr. Meier was the husband of Marilyn (Hammel), the son of Anne and the late Charles, the brother of Janet Schultz and Bruce. He was also survived by nieces and nephews and aunts and uncles.

Religious services were held at Redeemer Lutheran Church on July 22. Interment followed at St. Margaret's Cemetery under the direction of Vernon C. Wagner Funeral Home.

A graduate of Hicksville High School in 1972, Mr. Meier played semi-pro football for the Long Island Raiders.

Frederic Bernstein

Frederic Bernstein, a Hicksville resident, passed away earlier in the week.

Mr. Bernstein is survived by his wife, Gayle, his daughters, Janna, Laura, Jody and Allison, his son, Douglas, and his sister, Marsha Lucash.

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HEALTH AND FITNESS



A nineteenth-century advertising card for "Mrs. Winston's Soothing Syrup," a popular opium remedy, addressed to mothers and their children. (National Library of Medicine, Bethesda, Maryland)

'Messengers Of Paradise'

By George Wallace

American author Ring Lardner once said "Some people seem to be born two drinks under par. If Huntington's Dr. Charles F. Levin-

thal's theories are right, the same might be said for people addicted to heroin. In his new book, *Messengers of Paradise* (Doubleday,

1988), Dr. Levinthal correlates the level of endorphins, a naturally occurring opium-like chemical in the human brain, with drug ad-

diction and other medical and psychological conditions, and contends that this substance is a necessary ingredient in a range of human functions from joy and creativity to coping with pain.

"The book has three parts," said Dr. Levinthal, a professor of Psychology at Hofstra University. "In it, I explain what opiates are about, relate how endorphins were discovered, and try to demonstrate a theory of mine that these chemicals have played a critical role in how the human body has evolved." According to Dr. Levinthal, endorphins function to kill pain, reinforce pleasure, and may also underlie the creative process.

"People talk about being addicted to creativity," he said. "Some people have an insatiable drive to create—whether it's writing, making music, or fixing a car. They literally forget about time, they're not hungry—and if they don't do the activity, they begin to go through withdrawal."

He also sees some kinds of compulsive behavior as an addiction to endorphin production. "Compulsive running increases endorphin levels in the brain," said Dr. Levinthal. "There could be an underlying depression which running helps to overcome."

In his book, Dr. Levinthal relates the history of opiate use. "In the 19th Century, opiates were the aspirin of the day," he said. "They were purchased over the counter. It's only in the last 100 years that the picture has turned around." To Dr. Levinthal, some of this was attributable to racism against the Chinese. "There was a lot of discrimination against them on the West Coast," he said. "The drive against opium dens was really a move against the Chinese."

Dr. Levinthal claims, in fact, that opium was introduced to the Chinese by the U.S. and Great Britain. "We fought two opium wars for the right to export opium there," he said.

But with the discovery, in the 1970's, of the morphine-like endorphin chemical in the brain, Dr. Levinthal is one scientist who has begun to suggest that a more balanced view of the use of opiates be considered. "In fact," he suggested, "endorphin insufficiency could be considered an illness for which the use of opiates is an appropriate treatment."

"An opiate addict may be taking the product in order to satisfy an insufficiency of endorphins," he speculated. "What if we didn't have the medical concept of diabetes, and insulin came on the scene—it would probably

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'Messengers of Paradise'

be illegal because it made them feel well. "An insufficiency of endorphins is a very tempting proposition to explain the compulsion toward the taking of opiates."

If Dr. Levinthal's theories are right, a range of psychological and medical conditions may be attributed to endorphin levels in the human brain. "Infantile autism, for example—these cases have been demonstrated to have an overabundance of endorphins," he said. "With Naloxone, a drug which has been developed as an antidote to heroin overdose, we are beginning to see that there may be a promising therapy."

Aside from heroin addiction, Levinthal suggests that obsessive-compulsive behavior, anorexia nervosa, and even post partum depression may be attributable to endorphin insufficiencies. "But it's not simply a matter of saying 'Hey, this is hot stuff, where can I get these endorphins,'" said Levinthal. "You have to build up your own supply." He suggested that exercise, and such practices as acupuncture or massage, may be helpful in stimulating endorphin production for humans.

"For me, I'm a physiological psychologist," summarized Dr. Levinthal. "The discovery of endorphins explains for the first time how we can control pain in our lives, and also explains our feelings of euphoria, pleasure, creativity, and even how we develop relationships in our lives."

"Different people have to take care of the need for this in different ways. But taking opiates," he stressed, "is not the solution. This will just tell the body, 'go ahead, shut down your endorphin production.'"

What's next, then, for Dr. Levinthal, may be an attempt to look at how to enhance the natural production of endorphins in the human body. Could appropriate levels of endorphin stimulation affect one's ability to create? to deal with stress? to overcome debilitating medical conditions?

If answers to questions like these lie in the direction pointed to by Dr. Levinthal, he could become a very popular man, indeed.



Doctor Charles Levinthal looks up a point in his new book, *Messengers of Paradise*.

Getting in Shape is Ultra-Easy at Ultrafitness

Getting fit and staying in shape is a sure thing at John Dunne's state-of-the-art Ultrafitness center in Lake Success. Dunne has combined the latest top name equipment, a skilled staff, attractive surroundings and added the amenities of sauna and steam to create the Ultrafitness concept.

Conveniently located in the prestigious Triad complex at 1081 Marcus Ave., Lake Success, Ultrafitness offers members a complete fitness center where exercise, cardiovascular training, body toning and shaping, nutritional health and physiological well being are equally important.

Each Ultrafitness member receives a personal fitness evaluation, and the center offers callisthenics, studio exercise, low impact and high energy aerobics, stretch and tone programs, a special Senior Citizen's exercise program and a safe exercise program for pregnant women (with their physicians' approval).

The workout center is fitted with top name, state-of-the-art computerized equipment: Lifecycle bicycles and Liferower com-

puterized ergometric rowers, Stairobic computerized treadmill and Bodymaster resistive equipment. There's a trained staff to instruct and assist in the most beneficial use of the equipment. The cardiovascular program includes rehabilitation and training by skilled personnel.

A nutritionist will counsel members in developing a healthy diet program to complement their personal fitness goals, and a staff chiropractor is available to correct physiological problems.

Members can relax in the comfortable sauna and steam rooms, then end their workouts with a soothing massage. The well designed club has full locker room facilities and is open early for pre-business workouts.

Ultrafitness is open Monday through Friday from 6:30 a.m. to 8 p.m., for before work energy building, lunch hour workouts, after work stress-reduction. Call John Dunne (488-2200) for complete details, program schedules, special promotions.

Mosquitos... Chauvinistic Summer Pests

The warning whine of the midnight mosquito is part of the summer scene. These indiscriminate insects are attracted to any host with warm, moist skin and carbon dioxide in its breath. A good insect repellent can protect you from mosquito bites, some for up to five hours (they contain pheromones which jam their sensors). If you do get bitten, moisten a tissue, sprinkle with meat tenderizer, and pat it on the bite—goodbye itch!

Did you know: Only female mosquitos "bite" (of course). She takes 90 seconds to complete a meal, weighs 1/25,000th of an ounce, consumes 1 1/2 times that in blood (your blood!), lives up to 60 days and lays up to 4,400 eggs. The itchy welt they leave is caused by the body's allergic reaction to the mosquito's saliva. Male mosquitos are vegetarians and don't "bite"...Now that's feminism!



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HEALTH & FITNESS

Acupuncture: Ancient Art Gains Western Acceptance

For centuries, the Chinese have relieved pain and illness with the help of acupuncture. According to Dr. Kam Cheung Tsoi, director of Great Neck Acupuncture Medical Center, "Westerners are beginning to accept the heal-

ing and soothing benefits of acupuncture. "Acupuncture is both a medical and philosophical science which is based on the 'free, uninterrupted flow of vital energy' which circulates in a continuous cycle, from

one organ to another through energy pathways called meridians," Dr. Tsoi noted. Practiced for thousands of years in China, acupuncture is utilized to treat everything from migraine headaches to asthma, as an anesthetic in child birth, and to reduce abdominal discomfort, circulatory problems, to alleviate stress, and break addictive habits (smoking, drinking, drugs).

Stainless steel needles are inserted into various critical points of the body, which relate to charted nerve and circulatory paths on a detailed anatomical chart.

Today's acupuncture specialist is a trained licensed physician who has studied for many years. His knowledge of anatomy, physiology, neural and circulatory paths, disease and symptoms, herbal and pharmaceutical medicine, and of modern clinical procedures, is balanced by intense study of Oriental philosophy and human behavior.

Acupuncture is virtually painless and its curative and rehabilitative qualities are being accepted by Western cultures. The medical community itself is now taking acupuncture into the "high-tech" laser age, researching laser-puncture methods as the next phase of this ancient science.

Acupressure, which utilizes similar anatomical charting to treat pain, with non-invasive methods, is becoming popular as a treatment by many highly respected acupuncturists.

"People come to our center in Great Neck when they are unsatisfied by other techniques," says Dr. Tsoi. "Our patients are finding relief from migraine, depression, arthritis, sciatica, back pain, female disorders, allergies, even weight loss and breaking long term habits is successful with acupuncture."

For information and appointments, call Great Neck Acupuncture Medical Center, 1000 Northern Blvd., 482-3525.



Tips on Improving Interpersonal Relationships

Working to improve communication skills in all areas of our lives make good health sense. Sincere efforts in this direction can reduce tension by the buildup of unresolved feelings, as well as prevent splintering misinterpretations. Learning to communicate without placing blame upon others and trying to make "them" appear wrong, will not only allow for the resolution of conflict, but will pave the way for open and trusting friendship.

Part of the difficulty is that many of us have never acquired the skill of fair and open communication. Reared in an environment which did little to encourage the recognition of feelings, we may not have cultivated a vocabulary of emotions, nor learned the "Roberts' Rules" of emotional exchange. Under these circumstances, learning to express emotions long damned by social or familial taboos (such as "Strong men don't cry" and "Nice women don't get angry") can be like learning to speak a new language.

Fortunately, there are five well-established rules of "grammar" which make learning this language a bit less painful, and speaking it more productive.

- 1) Try to pinpoint your emotion and express how you are feeling. I am (a) angry, (b) disappointed, (c) frustrated, (d) elated, (e) concerned.
- 2) State your need or expectation of that other person. What is it that you really want of them?
- 3) If it appears that your remarks are falling upon deaf ears, request some feedback and clarification from the other person. The ability of the other person to restate or paraphrase your position indicates they have at least heard what you have said.
- 4) Listen carefully when someone is speaking to you. No interrupting, no preparing



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Contemporary Health Care Issues

Are You Plagued by Severe Menstrual Cramps?

If you have severe pelvic pain especially while menstruating, you may have endometriosis, a disease that can now be diagnosed and treated very effectively in one procedure utilizing new laser technology.

Endometriosis is a condition in which tissue which looks and acts like endometrial tissue, the lining of the uterus, implants and grows in places where it does not belong: the ovaries, the fallopian tubes, the bowel, outer surfaces of the uterus and other pelvic structures. Responding to the hormonal cycle, these renegade deposits of tissue may break apart and cause bleeding, inflammation, and scar tissue. Women with endometriosis tend to be less fertile than other women.

With the recent advent of video laser surgery, doctors can now diagnose and treat the condition on a surgical outpatient basis that leads to a quick recovery. Using a laparoscope, a slender light transmitting telescope that is inserted through a tiny cut in the belly button area, a doctor can examine the pelvic region for endometrial implants. Then, through another small incision, he can use a laser, a high intensity light source, to vaporize any implants or scar tissue. Thus, the diagnosis and cure can all be made in one procedure.

Many women with endometriosis that has been treated continue to enjoy fulfilling and active lives. Early diagnosis and treatment relieve them of their cramps, ease the pain, and preserve or restore fertility.

This medical news is being brought to you as a community service by the Long Island Women's Health Care Group. We're a dedicated group of obstetrician-gynecologists who treat each patient as an individual. We're affiliated with the Maternal Child Care Center at Winthrop-University Hospital, a major teaching affiliate of SUNY at Stony Brook School of Medicine.

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Dr. Gary M. Levine
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HEALTH & FITNESS

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speech and language problems.

Both Cathleen and Michael taught as a team at Adelphi utilizing speech and language software. She founded and directed the Nassau Center's Speech & Language Preschool Program in Woodbury, and both have given numerous workshops in parent training. The Grossfelds have published a book on the application of computers in treating adults and children with language problems.

Early childhood diagnosis and therapy is a specialty at Mid Island Speech & Language Assoc., and the Grossfelds provide individual or group therapy, treating a broad spectrum of pathologies, including rehabilitation of stroke victims, stuttering, voice and

articulation.

N.Y. State licensed and nationally certified by the American Speech, Language and Hearing Association, the Grossfelds are widely published in medical and professional journals. They offer their expertise to people of all ages and consider family counseling an important part of the Mid Island program.

The team is sensitive to each patient's individual needs and utilizes the most up to the minute methodologies to assure optimum success.

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Timothy Glover
Dawn Mullee
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Italian
James Fitzsimmons

German
Scott Davan
French
Melissa Master
Latin
Joseph Ganstrow

PTSA
Amy Verbouwens
Wendy Marshall
Bernard Braun
James Fitzsimmons



Police Report

The Second Precinct has reported the following:

- **July 16** - A house on East Marie Street was burglarized. Entry was made through a rear window. The loss included a boom box, a sawzall, a drill, a screw gun, a skill saw, a circular saw, and a wet/dry vacuum.
- **July 17** - An ice cream parlor on Old Country Road was burglarized. Cash was included in the loss.

theatres

East Meadow Meadowsbrook Square
WANTAGH PKY Box W-3 739-7552

[R] DIE HARD

[PG] CADDYSHACK II

[PG] BIG

[PG] ROGER RABBIT DOLBY

Great Neck Squire Triplex
466-2020

[PG] CADDYSHACK II

[PG] MIDNIGHT RUN

[V] COMING TO AMERICA

Hicksville Twin Cinema
7 E MARIE ST. 931-0749

[R] BIG BUSINESS

[R] ARTHUR II

Manhasset Triplex
430 PLANDOME RD. 627-7887

[R] DIE HARD

[R] BIG

[F] COCKTAIL

Syosset Triplex
JERICHO TURNPIKE 931-5810

[R] CADDYSHACK II

[R] BIG

[F] DIE HARD DOLBY

Syosset UA Cinema 150
JERICHO TURNPIKE 364-0700

[R] COCKTAIL DOLBY

Westbury Drive-In Triplex
BRUSH HOLLOW RD. N STATE PKY EXH 154 334-3600

[R] THE DEAD POOL

[R] DIE HARD

[R] COMING TO AMERICA

New Rabbi at Shaarei Zedek

Congregation Shaarei Zedek, located at Old Country Road and New South Road, in Hicksville, has announced that Rabbi Melvin Sachs has been appointed spiritual leader of the Congregation, effective August 1. Rabbi Sachs will be coming from his former pulpit at Congregation Ohav Zedek in Yonkers. In addition to his new position, Rabbi Sachs will continue his duties as a chaplain at Rikers Island prison in Queens. As chaplain, he arranges services, classes, holiday retreats and counselling for the Jewish inmates in New York City jails.

Rabbi Sachs was graduated from, and was ordained at, Yeshiva University in Manhat-

tan where he also did post-graduate work. In addition to holding pulpits, he has served in the U.S. Army Chaplain Corps, as Jewish community director in several cities and as a teacher and principal. He is affiliated with the Rabbinical Council of America, the Jewish Chaplains Association and several Jewish educational councils. He is presently in Israel attending a Communities Covenant Conference.

Rabbi Sachs will officiate at this first Sabbath service in his new position on August 6. He asks and invites all the members, congregants and friends to attend so that he can meet them. He also said that he will try to en-

courage membership, revitalize adult education and further the participation of the congregation in communal activities.

Contract Bridge By Steve Becker

Proceed With Caution

North dealer.
North-South vulnerable.

NORTH
♠ KQJ76
♥ A52
♦ K
♣ Q973

WEST
♠ 108543
♥ 9
♦ 87632
♣ 84

EAST
♠ 92
♥ QJ10863
♦ QJ94
♣ A

SOUTH
♠ A
♥ K74
♦ A105
♣ KJ10652

The bidding:
North East South West
1 ♠ 2 ♥ 3 ♠ Pass
4 ♠ Pass 4 ♦ Pass
4 ♥ Pass 6 ♠ Pass
Opening lead — nine of hearts.

Assume you're in six clubs and West leads a heart, which you win with the king. It is clear that the slam is in danger because East overcalled North's spade bid with two hearts and probably has six of them.

This in turn means that West led a singleton and might be able to ruff a heart if you incautiously played a trump at trick two to force out the

ace.
So you start worrying about how to overcome this danger, and, after you worry a while — as all careful declarers do — you come up with the right decision.

You cash the ace of spades, play a diamond to the king, and start running dummy's spades, planning to discard the 7-4 of hearts on the K-Q of spades before leading trumps.

As it happens, your plan doesn't work out the way you expected it to, but it is successful nevertheless. When you play the third round of spades, East is faced with a choice of ruffing with his singleton ace of trumps or discarding on the trick instead. His play makes no difference because you discard your last heart in either case, and the only trick you lose is the ace of trumps.

Note that your plan would likewise have succeeded if East had held the A-x of trumps. If he ruffed the third round of spades low, you would overruff, play a trump, and in that way make the slam.

Note also what would happen if, at trick two, you had led a trump right away. East would take the ace, return a heart, and down the chute would go the slam because you had tackled trumps prematurely.

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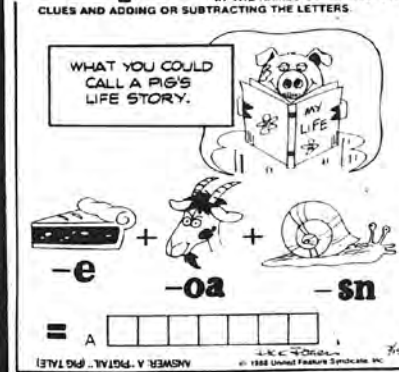
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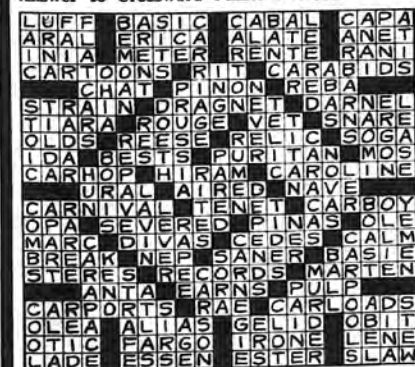
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Answer to Crossword Puzzle No. 322

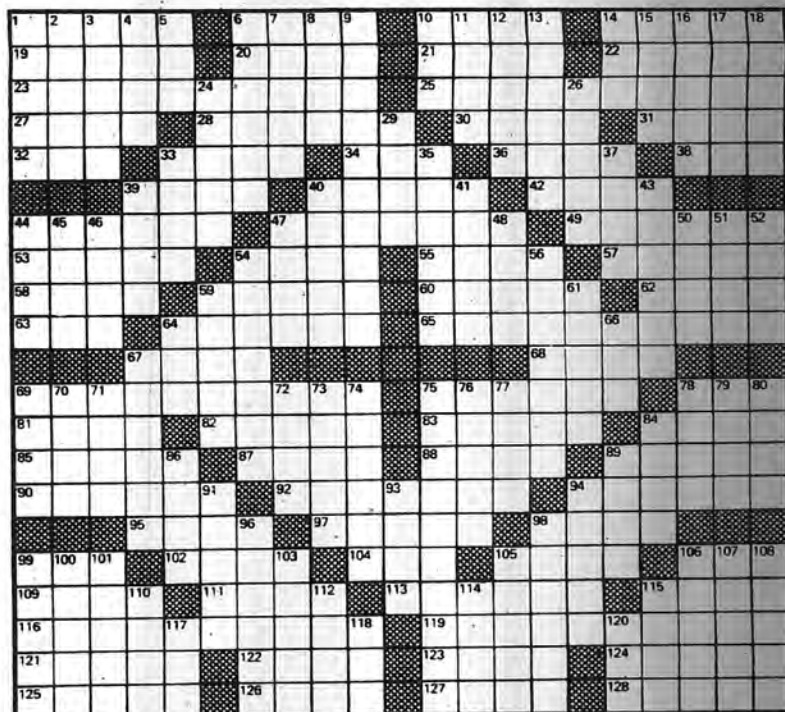


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Tough Stuff

- ACROSS**
- 1 Holography
6 Biblical name
10 "As Long — Needs Me" (song)
14 Window sections
19 Form of lyric poem
20 Bean or city
21 Extend across
22 Papal veil
23 Rarely
25 Stubborn
27 Recorded proceedings
28 List of things to be done
30 Peter, Paul and Mary
31 Ending for duck
32 Legal matter
33 Morning or evening follower
34 British democratic org.
36 — Montand
38 "Norma" (Sally Field movie)
39 Equal
40 City of Brotherly Love: abbr.
- 42 Part of e.d.
44 Double folds
47 Written acknowledgment of debt
49 Dolts: slang
53 Vampire
54 James — Jones
55 Flood survivor
57 Drummer
58 Roman poet
59 "I Married an —" (old movie)
60 Greek island
62 Biblical place
63 Moist
64 Engraves with acid
65 TV role for Brian Keith
67 Canadian prov.
68 Short, fast race
69 Miserly
75 Despisers
78 Linen vestment
81 Baseball brother
82 Discontinue
83 French interjection
84 "— Suede Shoes" (1956 song)
- 85 Lounges lazily
87 Italian actress
88 Operates
89 Film director
90 Wobble
92 Swiftly
94 Hunting hound
95 Understands
97 — mate (South American beverage)
98 TV hit for Alan Alda
99 Exclamation of disgust
102 Hiker's trail
104 Biblical name
105 "How the — Was Won"
106 Palm leaf: var.
109 N.Y. barge canal
111 Asiatic weight
113 Purloins
115 Arab country
116 Sap yielders
118 Overstrive
121 Maxim
122 Chicago business district
123 Feudal
- worker
124 Natural joint
125 Nominator
126 Cousin of Vesuvius?
128 Comrades
- DOWN**
- 1 Hungarian composer
2 With speed
3 Classifies
4 Icelandic tale
5 Elec. unit
6 Sour ale
7 Scuba gear wearer
8 TV comedy series
9 Some crabs
10 Hardwood tree
11 Petty quarrel
12 Part of HST
13 Salad plant
14 "The Tell-Tale Heart" author
15 Russian sea
16 Lowest point
17 Turgenev heroine
18 Grasslike plant
24 English novelist
26 Cultivators
29 Star in Draco
33 — precedent
35 Draw away
- 37 To plunder or loot
39 Reimbursed
40 Thick soup
41 Island greeting
43 Flog
44 Snow follower
45 Wash
46 Discharge
47 Turkish hill
48 Hideaway
50 Pound
51 Gem stone
52 Marquis de —
54 Covered completely
56 English mine
59 "Toys in the —" (Hellman)
61 Marks of battle
64 Sprite
66 Ninny
67 Mature people
69 Stop
70 Lily plant
71 Starlet's goal
72 Bull: comb. form
73 Make an attempt
74 More profound
- 75 Tough
76 Bird's "thumb"
77 Drama award
78 European mountains
79 Entice
80 Throb
84 Gala party
86 Ooze
89 Syllable
91 Lariat
93 Angers
94 — profundo
96 Raw material
98 Liquefied
99 Irish playwright
100 Plowed land
101 Biblical ruler
103 Spartan serf
105 Singer Newton
106 Female praying figure
107 Dress size
108 Mountains of Peru
110 Advantage
112 Explorer
114 Gaelic
115 Hawaiian timber tree
117 Mal de —
118 Belgian resort
120 Elec. unit



323

Average time of solution: 53 minutes.

CRYPTOQUIP

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9 Lost & Found

DID YOU LOSE A CAT LAST WINTER? Upper Brookville 65-2222
FOUND 6/25 ROSLYN AREA YOUNG F. HUSKY-SHEPHERD MIX. FRIENDLY, WELL-TRAINED. Call 621-5673

FOUND ANKLE BRACELET - necklace (blue pearl and gold) engraved with names and dates. 75, vic. Bagle Place, Wall St. Hunt. 427-6890 days or 271-1087 evens.

LOST FEMALE CAT MIXED BREED, short hair, eyeliner collar & gold bell on Sunday March 27th Port Washington, Near L.I.E. PLEASE CALL 738-337-3072

LOST IN GARDEN CITY. Hempstead or Mineola area. Gold baby bracelet on bamboo chain, with the name "Brook" on it. Sentimental value. REWARD!! Call 747-8282 ext. 110

22 Domestic
CLEANING LADY WANTED Garden City home, Mon., 1/2 day Fri, Own Transp. 294-0972

FEMALE COMPANION Must cook and drink OYSTERS BAY Area. Sat. & Sun only. Own transportation. 516-624-8145

HOUSEKEEPER Motivated woman for happy environment. You'd help me and my son (age 17) live with dignity, keep house, cook, help me dress, keep appointments.
CALL 997-7458

MATURE Live-in Housekeeper. 1015 work Mon-Fri. (1) to work Fri to Mon. Must cook and drive. Pleasant surroundings. 624-9145

22C Child Care

BABYSITTER AVAILABLE Experienced and responsible college female to care for your child. References.
Call 885-4229

CHILD CARE FOR 2 children attending school in Garden City. Housecleaning & light cooking. Dinner & license paid. Live-in or out. Weekdays. References must be provided. Call: 312-642-6171

CHILD CARE/HOUSEKEEPING - am looking for a kind & responsible person to care for my 2 young school age children, & run the household 3 days per week. Starting Sept. Lloyd Harbor 673-8757.

MATURE. Non-smoker needed Sept. Mon-Fri. 2pm to 5:30pm for child 9 years old in my home 334-7827

MATURE WOMAN will care for your child weekdays my Port Washington home, Refs. 863-0616

NANNY/HOUSEKEEPER-Exp. mature, responsible woman to help mother care for 2 1/2 yr old. Some house work. Refs 516-767-8083

NANNY Mature woman in my Massapequa home. Non-smoker, references. Must drive. One 18 month old child. PT summer, FT Sept. Teachers house.
799-6413
7pm-9pm ONLY

Our 16 mo old is looking for daytime playmate. Mom w/ toddler. Our home or yours. 944-9677

PROFESSIONAL COUPLE seeks caregiver for 2 children ages 3 & 6, 3 hours each afternoon. Call evens 365-7283

RESPONSIBLE WOMAN. Wanted to care for infant in our home. L.I. cleaning, 3 days/week. Start Sept. PT session. 863-9456

RESPONSIBLE, loving, mature woman-non-smoker to care for 9 m. girl. Our Massapequa PK home-PT Summer, FT Sep. Sed. Light housekeeping. 516-766-4274

24 Help Wanted

ACCOUNTING-Old Westbury C.C. needs bright, self-motivated individual with payroll & A.P. computer experience. Knowledge of payroll tax. Call Controller at 516-625-1810.

AUTO MECHANIC 3 years experience. Must have own tools. Must know all aspects of auto mechanics.
621-6024

AUTO & TRUCK MECHANIC Mechanic helper also. Westchester Park area. Call 516-268-6718

24 Help Wanted

AIRLINES NOW HIRING Travel agents. Flight attendants. Mechanics, etc. Entry level and up. Salaries to \$105K. Call (805) 862-7652. Ext. A-1027.

ACCOUNTS PAYABLE BOOKKEEPER Full time/Part time. Experienced. Benefits. Apply in person
WRIGHT HARDWARE 358 Plandome Rd, Manhasset 627-4433

ADMINISTRATIVE ASST. Prestigious North Shore Catering Co. seeking organized, self motivated, detail-oriented individual to assist party coordinator, interface with clients, vendors, and staff. Growth opportunity.
Call Aili: 756-5270

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Call Peg Stoggett 747-8282 ext. 109

AMERICA'S FASTEST Growing Party Plan CHRISTMAS Around the World is now hiring Area Supervisors for the 1988 season. Earn up to \$10,000 plus Bonus Travel in a few short months. No investment. Weekly paycheck & benefits.
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COLDWELL BANKER Seeks lower level-Middleville Career Forum, Sat., Aug. 13th

ASSISTANT TO DEVELOPMENT DIRECTOR Private school development of. fice. Good typing & computer skills required. Flex hours.
Send resume to: Development CSBM 37 Cathedral Ave. Garden City, NY 11530

Assistant Office Manager FT or PT. All duties & phone. Textile office. Excellent opportunity 627-7487

BOOKKEEPER FT. Heavy computer accounts payable. Reconciling vendor statements, exp. only. Good salary, benefits. Port Washington area. 944-3100

BOOKKEEPER/START NOW! Intelligent, energetic, motivated, organized detail-oriented. Exp. with computerized accounting system, data entry, payroll taxes, billing, etc. Attractive mod. Farmingdale office. Excellent co. pd. benefits. P. Weiss 894-9000 x207

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3 years experience. Must have own tools. Must know all aspects of auto mechanics.
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24 Help Wanted

BOOKKEEPER-FT to service clients of computerized North Shore Nassau CPA Firm. Flex hrs, no travel. 756-0022

BOOKKEEPER/ASST FT Exp. A/R, A/P, Payroll, Computer knowledge, diversified self-starter. Salaries 221-4700. Assoc. For Children With Down Syndrome

BOOKKEEPER/SECT Full Charge to general ledger. One person office. FT
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DENTAL ASSISTANT and/or computer operator. 671-7854

DISPATCHER needed for Private limo service. Exp. Necessary. Call 866-8686

DRIVER PIT 25-30 hrs/wk. Must know L.I. & NYC. Clean license req. For details call: 939-8669

DRIVERS 25 Needed Earning Potential Unlimited. Top Equipment. Very busy Taxi Limco. Start Immediately.
CALL NOW! 516-883-1900

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CLERICAL all around office person including light bookkeeping. Will train on CRT. Right job for person who needs flexible schedule and 2-5 work days. Must have car.
423-8200
Call or Lisa

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DRIVER WAREHOUSE PERSON Must have clean license. Union Shop. Requires heavy lifting. 939-2550
931-3000

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3 Expert Typist Needed 1-Fluent in Italian, Must read, write & speak. 2-Expert typist, 5 days/wk. 9 a.m.-6 p.m. Salary open.
Call: 694-7111

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IMMEDIATE Part Time, 2 days per week. Life Deliveries. Small car required. Salary - car allowance. Call Peter: 747-6262 10 am to 5 pm.

IMMEDIATE RETAIL SALES person for Children's Sportswear outlet store in Syosset. FT. No experience necessary. Good opportunity. 425-4600

IMMEDIATE! School Bus Drivers Class 2 & 4. Will Train. PT a.m. & p.m. Earn up to \$6.50/hr. Paid vacation, holidays, and incentive days. Call: 863-6711

IMMEDIATE SALES PERSON for Window Treatment Co. Will train. FT days. Must have car!
345-3535

INSURANCE GAL FRIDAY PT small Garden City office, exp. preferred but not necessary, returnee welcome. Personal Lines AIP non-smoker. 747-2000
Between 10am-5pm

INSURANCE GAL FRIDAY Typing, IBM computer experience helpful, but not necessary. 5 days. Call: 922-0244

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24 Help Wanted

KITCHEN WORKERS TEMPORARY EMPLOYMENT August 10th to September 30th Cold Spring Harbor Lab has several full time and part time temporary positions available for middle-minority individuals to work as Utility People. Great Opportunity for returnees and retirees. Good starting salary, benefits, competitive environment. Come in for an interview now! COLD SPRING HARBOR LAB on 25A Opposite Fish Hatchery Cold Spring Harbor, NY. Equal Opportunity Employer M/F

LABORATORY TECHNICIAN Industrial Biomedical R & D-DC LAB in Oyster Bay. AAS or BA. Will train.
922-5100

LEGAL SECRETARY FT Immediate. Congenial Garden City office. General practitioner. Exp. sten. IBM/CPA Salary open. 248-1441

LEGAL SECRETARY Immediate. Small law office Glen Cove area. exp. sten. General practitioner. Exp. sten. IBM Multi-Male Salary open. Weekdays 9:30-5:00

LIMO DRIVER for local sales Co. Must have flexible hrs. Some evenings. Salary & benefits Call 516-433-5300

LIVE-IN - Mature, responsible person needed to care for disabled woman. Some nursing & domestic work required. Could have 1 child. Enjoy

24 Help Wanted

MEDICAL ASSISTANT
Mon-Thurs, afternoons. Occasional Sat. Will Train. Call 930-876-8628

MODELS M/F

To \$800 a day.
Fashion, TV, Tail & Grooming. Models and Tailors needed for minis, jeans, evening wear, TV Fashion Shows. Also Hand. Leg. 68 shoe and swim wear models wanted.

MOSTLY MODELS

212-213-0116

NURSE-EXPLN needed for 11pm to 7am, relief, 2 days per week. Glen Cove Area. Call Mrs. Arnesen 671-9010

NURSE/PLN must be certified 5 days, Sun-Thurs, 3 p.m. - 11 p.m.

SOCIAL WORKER MSW
excellent working conditions with psychiatric hospital. Mon-Thurs 3 p.m. - 10 p.m. and Sun 5 p.m. - 10 p.m.

ACTIVITIES/RECREATION
person. After school hours Sun-Thurs, 3 p.m. - 11 p.m.

SECRETARY
knowledge of word processing.

Small private residential school for girls in Oyster Bay Cove. Ten (10) month school calendar.

Excellent working conditions, salary & benefits. Send resume with references to:

HARMONY HEIGHTS SCHOOL
PO Box 569
Oyster Bay, NY 11771

NOW YOU CAN become one of the highest paid people in America working at home part-time. For information call Mike 516-420-8018.

OFFICE PERSON

with pleasant phone manner for interesting company.
Call (516) 758-4200.

OPPORTUNITIES UNLIMITED

In today's Coast Guard, job and career opportunities for men & women between the ages of 17-27 are unlimited. Excellent benefits, 30 days paid vacation, year, training, travel, including the G.I. Bill for further education. We have both: active duty in Reserve programs. Also we accept G.E.O.'s for men and women.

Call or visit our office at
Sunrise Mall in Massapequa
785-4170

PAINTERS, Experienced

Interior/Exterior, North Shore Nassau County. 516-476-7150.

PARKING ATTENDANTS

F/T Positions available \$4/hr. 944-7136

PARTTIME ASSISTANT DIRECTOR and P/T CLERICAL FOR YOUTH AGENCY

Experience Necessary. Positions avail. as of Sept.

Resumes to:
PO BOX 124
ROSLYN HEIGHTS, NY 11577
Or call:

Ms. Miles
621-2945

PARTTIME

Associates Financial Services, the nation's third largest independent consumer finance company has PARTTIME positions available in the Huntington area. Experience in consumer lending beneficial but will train the right people. Must possess good communication and organizational skills.

PART-TIME growth opportunities for full time in the future. For immediate consideration please call:

516-351-1420
and ask for Lanny.

PART TIME BUSINESS OPPORTUNITY, offering huge earning potential. No products to buy or sell. Sales Experience helpful, but not necessary. Will train. Call Mike. 516-430-9018

24 Help Wanted

PEOPLE PERSON SHORT HOURS

needed to assist in the feeding of ladies and gentlemen in The Roslyn Sun Harbor. Nursing Home. Hours avail. 7:30am to 9:30am or 11:00am to 1:30pm or 5:30pm to 7:00pm.
Call 621-5430, ext. 126

PHARMACY TECHNICIAN F/T and P/T nights/weekends. Local Glen Cove pharmacy. Call: Mr. Loeffler at 676-2298

PODIATRIST'S OFFICE ASSISTANT F/T or P/T Will train. Manhasset Area. 627-5775

PRODUCE

Early AM hours. Experience preferred. Contact either Rich or Anthony 437-8481.

PROGRESSIVE AGENCY

seeks counselors to work with developmentally disabled adults in group home settings. Full time, part time. State-of-the-art training provided. Call 334-4210

P/T Counter Help Bagel Bakery. Mon-Fri mornings 5:15-7:45-0420

P/T DENTAL ASST Tues & Thurs full days. Exp. pref'd, not essential. Salary commensurate wexp. Call 758-0086

P/T DIESEL MECHANIC, Wisconsin exp. exp. to perform tune-ups, oil changes etc. own tools. \$10.15 hr. Bartlett Tree Westbury 334-0648

P/T DIET COUNSELOR Learn program, gain new career. Mature, will train. 718-454-7000

P/T EXP. BOOKKEEPER 2 afternoons a week. Knowledge all phases. IBM PC 450-1566

P/T F/T CUBICAL FRIDAY Some knowledge of typing & Book-keeping. 627-9283 between 9 to 5pm

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24 Help Wanted

REAL ESTATE HELP WANTED

Switch from Residential to our busy Co-op/Condo Dept. Earn High Commissions. Training starts 9/1/88. Hicksville Office of a 5 office Nassau Firm. Realty Group Consultants 937-0750

RECEPTIONIST

Centrally located Manhasset Insurance agency seeks receptionist/operations assistant. Qualified individual must be well-spoken and enjoy diversified tasks.

Call Betty or Craig at: 212-987-7530

RECEPTIONIST

For busy organization, individual must be able to answer switchboard, access caller need, make referrals to appropriate departments and take messages. Computer and typing skills helpful, patience and personality a must. Hours 9-5, Mon-Fri. Minicla office 516-747-7070 Between 9:30 and noon.

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For busy organization, individual must be able to answer switchboard, access caller need, make referrals to appropriate departments and take messages. Computer and typing skills helpful, patience and personality a must. Hours 9-5, Mon-Fri. Minicla office 516-747-7070 Between 9:30 and noon.

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24 Help Wanted

SEASONAL WAREHOUSE help

wanted for summer, must be 18 years of age, \$7 per hour. Apply in person, Bracco Supply Corp, 85 Bloomingdale Rd, Hicksville, NY, 11801

SECRETARY/FRIDAY

for publication, F/T, Bookkeeping skills. Greenvale Location 484-6622

SECRETARY/OFFICE MANAGER

Experienced, full time/part time. For small human services project office in Great Neck. Type 60 WPM. With good communications skills. Salary negotiable. Benefits. Contact 516-466-9718.

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Experienced, full time/part time. For small human services project office in Great Neck. Type 60 WPM. With good communications skills. Salary negotiable. Benefits. Contact 516-466-9718.

SECRETARY

Port Washington. Self-starter wanted for busy friendly real estate office. Must have good organizational skills, life typing required. For further info, Call: Karen 944-7171

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24 Help Wanted

SALES

\$SEARN\$
\$400 to \$600 P/T \$800 to \$2000 P/T Bilingual Helpul Call Juan Amaya (516)483-6575

Secy

Secretary/Receptionist, typing, phone person, diversified duties. Glen Cove Manufacturers 671-5940

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32 Instruction

TRAIN TO BE A PROFESSIONAL SECRETARY
• SEC. RECEPTIONIST
• EXECUTIVE SECRETARY
Start locally. Full time. Learn word processing and related secretarial skills. Home Study and Resident Training. MATT, Headquarters, L.H.P., Ft. Lauderdale, FL 33304. 1-800-327-7728. THE HART SCHOOL (Anton Community Newspapers)

27 Business Opportunities

OWN YOUR OWN APPAREL OR SHOE STORE. CHOOSE FROM: Sportswear, Ladies, Men's, Children's. Maternity. Large sizes. Bulk. Dancewear. Aerobic. Bridal. Lingerie or Accessories. Store. A3000 analysts. Brand names. L.L. BEABORNE, HEALTHTEX, CIVILIS, LEE, ST MICHAEL, FORENZA, BUGLE, BOY-LEI, CAMP BEVERLY HILLS. UNUSUALLY LOW PRICES. 1000+ items. 2000+ styles. or \$10.99 ONE PRICE DESIGNER. MULTI TIER PRICING DISCOUNT OFF FAMILY STORE. Retail prices unbelievable. Top quality items normally priced \$10 to \$50. Over 250 brands. 2600 styles. \$17,900 to \$29,900. INVENTORY TRAINING. FIXTURES. AIRFAIR. GRAND OPENING. ETC. Can open in 15 days. MR. LINDHOLM (612) 888-4228

36 Articles For Sale

CHIPPENDALE TABLE CHAIRS with lacquer-formica-veneer. Good Condition. \$350. 482-0182

40 Real Estate

**** Appraisal Service ****
Certified Real Estate Appraisers
Estates • Divorce • Tax Purposes • Residential • Commercial • Industrial
Frank Roseback C.R.E.A.
516-489-0598

44 Apts For Rent

PORT WASHINGTON All 520s Of 60s Offices, And House Rentals. Some Available For Immediate Occupancy.
BARRY REALTY
627-6609 883-2244

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36 Articles For Sale

50" Oval Antique Walnut Dining room table. Lion-claw legs. 6 Walnut Chairs. Walnut upholstered with black silk. Negotiable. French provincial maple dresser. Blond Walnut headboard & Match. Also Bed & Bath. 718-697-9699

36 Articles For Sale

7 pc COUNTRY FRENCH Oak Bn Set. Excellent condition. \$750. 5 pc COUNTRY FRENCH Dinette set. Excellent condition. \$100. After 5 pm. 781-4105

36 Articles For Sale

FOR SALE BLACK LONDON PGM. 10 Purchased February 28. 1987. approx. 3 times. Paid \$130. Sacrifice \$125. 516-676-6768

36 Articles For Sale

FOR SALE TWIN SIZE WATERBED LIKE NEW \$225. Call 674-4745

36 Articles For Sale

Two signed prints of Western Artist Gerard Curtis Delano "Navajo Shepherds" and "Navajo Boy". 1882-1885. Studied under H.C. Wyeth. Only serious inquiries. Tel 747-6252. Ext. 145 Mon Wed and Sat

36 Articles For Sale

FRAGO BELGE Coal Stove. 22000 BTU's. \$350. Call 577-5236 exts. For Sale-3M Whisper Writer teletype Machine with supplies. \$500. Call 863-4466

36 Articles For Sale

Q-SELF cleaning Oven & Stove only \$100. Solid Oak Ethan Allen Dr. table/leaves. 6 chairs. excellent. Only Owner. Only \$1499. 516-226-9500

36 Articles For Sale

GIRLS: WHITE BEDROOM FURN. 3 pieces beds, 2 double chests, 2 desks, 2 chairs, 1 night table, 1 hatch, 1 mirror. Asker glass. Asking \$800. 374-0464

36 Articles For Sale

HUMMEL ANNIVERSARY PLATE 1980 "Spring Day" Bowed. asking \$165. Call 369-5014

36 Articles For Sale

LOWRY SPIN OR bench \$350. All transistor 352-5384

36 Articles For Sale

PANASONIC CASSETTE STEREO with speaker. Removable turntable. Good condition \$200. net. Call Georgia. 667-3587

36 Articles For Sale

TWO 67 CHEVETTE doors, light & dark. mic parts. \$500. take all. Gold Condition. \$350. 482-0182

36 Articles For Sale

PORT WASHINGTON 3 rm apt private home. 2nd floor, w/ frg. incl. parking. 2 persons. \$750. call 787-0634

36 Articles For Sale

PORT WASHINGTON Spectacular waterfront 2 BR apt in private house. 18-21-2962

36 Articles For Sale

PORT WASHINGTON Living RM, DR, EIK, 2 1/2 Baths. \$225. REG. COIN RM. 883-3172

36 Articles For Sale

ROSLYN ESTATE Studio & EIK. Suitable 1 \$575. incl. all. COVE REALTY 621-6161

36 Articles For Sale

SIX PIECE childrens white formula form. 2 cribs, 2 beds, 2 dressers, 2 dressers, 2 dressers. best offer. 483-3501

36 Articles For Sale

Aug 6th 7th from 9 to 4. Raindate: Aug 13th & 14th. Bikes, sporting goods, much more. 213 Oak St. Floral Park

36 Articles For Sale

EAST MEADOW GARAGE SALE July 30 4-7 pm 1463 Tyler Avenue off Merrick Avenue Antiques, Collectibles, housewares. Excellent items at Super Prices

36 Articles For Sale

MOVING ALL CONTENTS OF HOME. Redwood outdoor furniture, lamps, brio brace. 786-4509

36 Articles For Sale

GRAND Piano - Hardman, good cond. 5' 2" \$1500. 827-3269

36 Articles For Sale

MASON & HANLIN 3 BABY GRAND Unique double-bow cabinet in fruitwood. Excl. cond. \$6,000. Call 334-0500 or TIME message 516-820-8827

36 Articles For Sale

PIANO-WURLITZER SPINET w/bench. \$550. LOGS & SOUNDS perfect. Must Sell great for Students 578-2426

36 Articles For Sale

ORIENTAL RUGS OLD OIL PAINTINGS Highest cash anywhere. Call 334-0500 or TIME L.I. ORIENTAL RUG GALLERY

36 Articles For Sale

PORT WASHINGTON 3 rm apt private home. 2nd floor, w/ frg. incl. parking. 2 persons. \$750. call 787-0634

36 Articles For Sale

PORT WASHINGTON Spectacular waterfront 2 BR apt in private house. 18-21-2962

36 Articles For Sale

PORT WASHINGTON Living RM, DR, EIK, 2 1/2 Baths. \$225. REG. COIN RM. 883-3172

36 Articles For Sale

ROSLYN ESTATE Studio & EIK. Suitable 1 \$575. incl. all. COVE REALTY 621-6161

36 Articles For Sale

SEA CLIFF 2 BR Village. \$775. incl. heat. Beachfront 1BR. \$700. incl. all. OIL REALTY 871-2300

36 Articles For Sale

SEA CLIFF 3 1/2 rooms parking \$750 includes all. COVE REALTY 621-6161

36 Articles For Sale

SEA CLIFF Waterfront 1 BR. EIK. Parking. \$750. incl. all. COVE REALTY 621-6161

36 Articles For Sale

SEA CLIFF waterfront 1 BR duplex parking heat incl. \$700. COVE REALTY 621-6161

36 Articles For Sale

SEA CLIFF waterfront 1 BR carpeted mint cond. heat incl. \$700. COVE REALTY 621-6161

42 Wanted To Buy

BIG TREES TOP & PAID For your unwanted trees. We'll take your unwanted trees & ornamental trees up to 36" x 16" x 10" ft. caliber. Don't cut or bulldoze! CALL US! 367-6060

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LIONEL AMERICAN FLYER & all other toys & trains wanted by collector. \$5. 245-4886

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WANTED OLD GUNS AND SWORDS Top prices paid for antiques/modern, single pieces or entire collections. Call & David 718-225-8200 1am-5pm

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WANTED-OLD Jewelry, Watches, Glassware & more. High Prices paid. Call 718-247-6543

42 Wanted To Buy

WANTED Old Oil Paintings any (even ten) tons. Also old frames. Anything old. Anything high. Paid Housecall. Sandy. 574-0216

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WANTED Old watches movement tools. Refired. Waltham for Poles. Phillips. 482-8868

42 Wanted To Buy

ARMENIAN ALTERNATIVE RADIO: Radio Ramon - N.Y.S. only progressive Armenian voice. Order out. Four April 24th. \$650.00. Save to 50 percent. 1-800-228-8292

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6099 ACRES: Belize City, Central America. All-weather road. Big acreage. Developed. Uses: cattle, horse, hunting, subdividing, rivers, savannah lagoon. No duck limit. 600-465-3480

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EXECUTIVE RELOCATING Desires housing rental in Garden City & surrounding areas. Nice property, garage, 2 1/2 bdr. Unit to \$180 per month. HENRY BRADY R/E 676-1570

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RESPONSIBLE quiet lady seeks small apt. near foot shopping. Glen Cove, Lynbrook, Bayville area. 671-7754

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STUDIO/APT WANTED! Wash w/ nearby N. Shore. Reasonable! Small pet. Donna 767-0336

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FREEPORT Waterfront! Condo Huge 3 BR, 2 bath duplex pool, dockage. Owner \$199,900 378-1343

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GARDEN CITY Lowly 2 BR Co-Op Private entrance, 3 exposure corner, family kit, w/ appliances, family, kids, parking, excellent schools. Walk to stores and RR. Maintenance 75. Deductible \$185,000. Owner. 616-741-6122 742-0358

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GARDEN CITY-nice 1 BR Co-Op New designer kitchen. Mint Cond \$127,000. Neg. Owner 516-454-0541

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GARDEN CITY-HEMPSTEAD Cathedral Gardens, 2 BR, newly renovated. Well below sponsor price \$96K 294-1548

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GREAT NECK-J.C. Co-op w/ private heated pool, 2 BR, 2 1/2 baths, 2 closets, 2 walk in. Hardwood floors. French tile floor. New tile in windows throughout. Undergo great garage. \$250,000. Principals only. 816-828-6827 Please leave message

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HALF PRICE! Flashing arrow signs \$299! Lighted, non-arrow \$299! Unlimited \$240! Free box letter Free! 18" Jumbo letters. Call now! 1-800-423-0163, anytime.

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HUNTERS: 4+ acres bordered by 7,000 acres of state land. Georgetown, NY. Whitetail and turkey area. \$6,900 with owner terms. Call (315) 655-4200

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PROFESSIONAL PAINTER: Experienced, neat, reliable references. Wallpaper and fully insured. Benjamin Moore paints, no job too small. Interior/exterior. Power blowing, aluminum and vinyl siding. Screened citrus counts. Free estimates. Call Hank 718-544-3610/516-796-0281

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STUDIO/APT WANTED! Wash w/ nearby N. Shore. Reasonable! Small pet. Donna 767-0336

NYSCAN

FREEPORT Waterfront! Condo Huge 3 BR, 2 bath duplex pool, dockage. Owner \$199,900 378-1343

53 Homes For Sale

GARDEN CITY-ESTATES
Lg Custom Brick Style English Tudor Cottage w/retained leaded glass windows. Separate 2 car garage. 5 BRs, 2 1/2 baths, LR, DR, Kt, Breakfast RM, Lg, Jalousied Fla. room, Lg family room with 15th, w/alc, fireplace. Reduced from \$600,000 to \$595,000 Owner.
Day 516-226-3828
Even/Weekends 516-747-9295

GLEN COVE Prestigious Area 5 BR, 3 bath Ranch room for mom, on oversized wooded property. Owner anxious. Asking \$359,000. GIL REALTY 671-2300

GLEN HEAD LEGAL M/D 3 BR 2 bath brick plus 1 BR apt. Great for professional. Exclusive with COVE 621-6161

GLEN HEAD \$378,000 No Closing Costs! Anxious seller will pay all closing cost with Just 10% CASH! Fabulous new RM, High Ranch, 4-5 BRs, 2 J. full baths, skylights, C/A/C and much more. Don't Miss this Opportunity! BAUER ASSOCIATES 671-6535

GLENWOOD LANDING New exclusive, Charming 2 BR, 2 bath, LR w/FP. Lovely oversized property. Asking \$275,000. GIL REALTY 671-2300

GOVERNMENT HOMES From \$100 (L-Highly) delinquent tax properties and more. For current lists call 1-800-252-3457 Ext 1823 also open evenings.

HUNTINGTON/MEVILLE Spacious 3 BR, 1 1/2 baths, split, garage professionally landscaped, underground sprinkler, 1/2 acre, w/c carpet, ceramic tiles, cathedral ceiling, new, paneled den, fin basement w-wet bar, dinette, for DR, convenient to School and Mall. Many extras, Affordable mortgage. By Owner \$249,000. 519-892-3100

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53 Homes For Sale

KINGS PARK split level 3 BR, 1 1/2 bath, EIK, LR w/FP, new deck, aluminum siding, 4 gutters. Top schools. \$179,000 724-8738

MUNSEY PARK
Delightful Impulse
Cedar shake colonial on large plot, LR w/FP, DR w/built ins, EIK, 3 BR, 1 1/2 bath, playrm, walk RR.
\$485,000
HARDING Real Estate
365-6606

NEW HYDE PARK in "The Oaks", 4 BR, 2 full baths, brick cape, finished and ready to move up, possible M/D. \$255,000 516-351-0431

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12 to 3 PM
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Huntington Station
\$179,900
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421-5355
(For more information)

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SPECTACULAR
Ultra Contemporary. Totally renovated inside & out. 4 BRs, 3 1/2 baths, custom built ins. Spectacular Gourmet EIK, Family Room, w/FP, opening to beautiful yard w/waterfall. Magnificent Master bath with imported marble jacuzzi & skylight. Maida room and guest study. Too many additional features to list. Perfection must be seen.
\$489,000

ACCENTS REAL ESTATE
163 Main St.
Pt. Washington
944-7171 627-9360

53D Vacation Homes

THE POCONOS
COME TO DEERPARK, L.I.
Visit our Deerpark Model to see what is available to you and your family at 17 Deer's Jaylinton Park Camp Resorts 1987 Hanna-Barbera Prod. Inc. in the Poconos, just 1 1/2 hours from L.I. WALKENPAUGH, the Poconos, (largest lake and recreation area) Prices start at
\$23,990
COMPLETE MOBILE HOME, LAND, CENTRAL WATER & SEWER, ELECTRIC AND CABLE (We'll Even Throw In Furnishings & Appliances)
(516) 243-3355

LAKE COUNTRY Lifestyles
Obtain the property report required by federal law and read it before signing anything. No Federal agency has judged the merits or value, if any of this property. A statement and offering statement has been filed with the Secretary of the State of New York. The filing does not constitute the approval of the sale or offer for sale, or lease by the Secretary of State or that the Secretary of State has in any way passed upon the merits of such offerings or a copy of the offering is available upon request from the developer. NYA 86-92

MANHASSET
Just Listed
Wonderful 5 BR, 3 Bath, Home on Fabulous 1/2 acre LR, w/FP, Lg DR, Big EIK, Huge Den w/FP & Sliding doors to deck.
GREAT BUY \$570,000

ACCENTS REAL ESTATE
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Manhasset
627-9360 944-7171

MANHASSET
FLOWER HILL
Charming 3 bedroom, 2 1/2 bath Colonial in beautiful wooded setting. Livingroom with fireplace, formal diningroom, den, eat in kitchen, finished playroom. Sale or rent. \$625,000/2500

ACCENTS REAL ESTATE
29 Park Ave.
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53D Vacation Homes

PORT WASHINGTON
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Terrific family in Soundview 4 BR, 2 1/2 Baths Formal DR, Family Room, 2 Basements, CAC, Tremendous Potential.
Town & Country
883-5200

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available from government from \$1 without credit check. You repair. Also tax delinquent foreclosures. Call (800) 862-7555 Ext 11-1122 for rep list in your area.

SEA CLIFF "CHARM GALORE" In this "Turn of the Century" lovely 2 family, 11 rooms, 3 full baths, newly renovated, 2 car garage, extra parking, grape arbor, reduced to \$245,000. GIL REALTY 671-2300

SEA CLIFF New Exclusive Charming Dutch Colonial. Recently repainted. Everything new. 4 BR plus lovely family room with fireplace plus 2 guest cottages. \$440,000. GIL REALTY 671-2300

53D Vacation Homes

SOSSET RANCH-MINT CONDITION LR, DR, EIK, 3 BRs, Manicured Grounds with inground pool \$249,000.

SOSSET NORTH-NEWLY LISTED Young Colonial, CUL-DE-SAC, Formal LR & Formal DR, Family RM, EIK with skylights, CAC. Finished BSMT, Walk to All. \$479,500

HORAN REALTY
921-2884

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Fantastic offering like new 3 year old home, maintenance free, cedar ranch, open floor plan, 3 BR, 2 baths, cathedral ceilings, 2 electric skylights, central vac, oak flooring, huge wrap around deck, all appliances, full basement, oil heat, built in BBQ. Ready to move in. Only 215,000

BUILDING LOTS
Perfect waterfront building lot in prime location Step to boating and swimming. Won't last long! \$15,000

Spectacular waterfront building lot high elevation with 160 degree panoramic vistas. You can see Connecticut! Perfect Southwest exposure. Room for everything. Simply stunning. \$425,000

Sterling Harbor Realty
748-3300

PORT WASHINGTON
2-FAMILY HOUSE
1st flr-3 BR, LR, DR, EIK, bath, finished basement, laundry room.
2nd flr-2 BR, LR, DR, Kt, bath, porch.
\$355,000. Principle Only
863-7896

SEA CLIFF New Exclusive Charming Dutch Colonial. Recently repainted. Everything new. 4 BR plus lovely family room with fireplace plus 2 guest cottages. \$440,000. GIL REALTY 671-2300

53 Homes For Sale

WESTBURY Beautiful Custom Ranch, 4 BR, 2 Bath, Family room, Fpl, very spacious, 1/2 acre. Solid Brick, Construction reduced to \$218,000 Owner 987-8623

W. HEMPSTEAD-GARDEN CITY LINE Tree lined street, Mint White line CH Brick Cape on large plot, 4 BR, 2 baths, LR w/FP, huge DR, EIK, rec. room, CAC, \$259,000 Call 516-481-7214

53C Out Of Town Real Estate

CATSKILLS
DELAWARE COUNTY
5.1 Wooded open acres. Private Rd. Electric, Spring/Stream views, deeded pond & Park. Right's Hunting, all deer run 10 minutes. Windom 25 min., 5 minutes to Stamford, Pool, hospital, tennis, golf, shopping. Asking \$25,000.
Owner P-5 PM 212-566-0743
Cell Weekends 607-652-2892

FORT LAUDERDALE Magnificent Waterfront home. Contemporary ranch on intercoastal corner property. Dock avail. on side of house for boat. Inground pool, view from every room. Asking \$695,000 By Owner 482-3500

GREENPORT LI-Waterfront Greenport LI, pool, tennis, 2 BR, 2 1/2 bath Towne house. Priced below comp new models. \$275,000. Call: 516-365-7848/477-2783

STRATTON MTH-Ski condo Baitelle. Heart of new village, 2 BR, 2 baths. Sports Complex Membership included. \$85,883

UP STATE
2 Bedroom Cabin on 102 acres with pond, meadows & mountains with view, 2 miles from Deer Run Ski Resort. Deer & Turkey in country. Owner. \$180,000 (616) 234-2549 After 5 p.m.

56 Plots For Sale
CEMETARY PLOT Plainville Old Country Rd. Hicksville Located in Garden of prayer. \$800 Call 914-227-5376

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CONSERVATIVE GROUP
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Falling behind on your mortgage payments? We can help! No payments up to 2 years! Bad credit, bankruptcy or unemployment is not a problem. Foreclosure assistance available for the divorced and self-employed. Consolidate bills. Save your home. Call today.

House Calls

By Edith Lank

Selling By Fiasbo
Dear Edith:
You answered a question from a reader who wanted to know how much one should inflate a house price over fair market value when selling on one's own, and you said not at all. I agree, but in experience with what our broker-on calls "FISBO's" For Sale by Owner—I have found that in most cases the owner attempting to save a brokerage commission almost invariably has inflated the price far beyond market value.
My observations as a lawyer and otherwise have been that a FISBO has far less chance of selling his property than he would have if he hired a good brokerage agency, I have seen FISBO properties on the market five to six years, and in one outrageous case, 15 years. The reason is always gross overpricing. Hire a broker, and let him alone!
—L.V. Ea.
Dear Edith:
Do you recommend ARM over fixed rates at this time with rates on the way up?
—Mr. E.L.
Which is the best mortgage plan? That's like saying "What's the best medicine in this pharmacy?" It all depends, of course, on the needs of the individual borrower. To choose, take into account your whole financial picture, your employment prospects, and the length of time you plan to remain in the property.
When rates are low, perhaps three borrowers out of four choose fixed-rate loans. When rates rise, preferences go the other way, and ARMs can account for up to 75 percent of new mortgages.
An interesting option is the convertible ARM. With this plan, you have a chance during the life of your loan to change to a fixed rate. Obviously, you'd pick a time when rates had dropped—as they will, sooner or later.

Anyone considering a convertible ARM would want to ask whether a higher interest rate is charged all along in return for the conversion option, and how much would be due in points or paper work charges if the option were exercised.
That Candian Postal Service
Dear Edith:
My wife and sister-in-law inherited some Canadian property from their mother. Recently, the taxes and assessment suddenly went way up on land that has been described as a swamp. The assessor says it is 35 acres, taxed at a market value of \$12,500. A broker says it is 15 acres, saleable for about \$5,000 Canadian dollars. It takes months to get any response from the broker, even with a return envelope and a U.S. buck included.
Meanwhile, a party claiming to be a surveyor says the survey would cost more than the place is worth and offers us \$500 U.S. with him paying all expenses. He says it would make only one building lot at best. What to do?
B.R.T.
Canadians reading your letter would chuckle, and start telling postal service jokes, which are a specialty up there. For starters, do your preliminary business by telephone.
Call the town assessor and ask how the market value figure was set. Ask also for the names of a couple of local brokers and an attorney. Then make some more phone calls. By that time, you should have enough information for a decision.
Don't put much money into a house that's going on the market. Should you paint? Or just polish? Steps to take are detailed in House Calls' leaflet. For a copy, send \$1 and a stamped return envelope to SHOW N SELL, 240 Hemingway Drive, Rochester N.Y. 14620. Any letter with a stamped return envelope will also receive a personal reply.)

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WE BUY LAST MODEL WRECKS
HIGHEST \$\$\$ 671-0179

63 Autos For Sale

1958 Mercedes 219, 6 cyl, gas, semi-auto, good for parts or possible restoration. \$900 call days.
1982 MERC. LINX, Compact Wagon-Excellent cond. 38K miles, 4 dr 4 spd, 1 year. Extended warranty \$2500 neg. 422-2080

1984 BMW 318i, 5sp trans, fully equipped, 4 wheel drive, excellent cond, priced to sell.
1984 Mercedes Benz 500 SEL Gray Metallic, Excellent Cond. Reasonably priced.
1987 Porsche 924 Red, immaculate Cond., spd. trans., air, low miles. Price for quick sale.
1985 Mercedes 300 6LC in white with very low miles. A beautiful older Benz in very good repair.
MAZDA Grot Neck 240 Northern Boulevard (516) 629-6020

BURCK SKYLARK-Red, sm/fm cassette, auto trans, excellent cond. \$3200 NEG. 320-0014
CHEVETTE 1982 AC, auto, ps, pb, orig. 27,000 miles. 294-0081 after 5pm.

1984 FAIRLAME 500 "CLASSIC" 1957, 2 dr, AUT, V8, body excel. inter. good, needs some mechanical work. Nice car! \$4,000 516-271-6025.

63 Autos For Sale

CHEVY 1979 4WD PICKUP
Black, mint cond. in and out. Beautiful velour interior. 4" lift kit. Monster Mudgers, fog lights, am-fm stereo cassette, headers, new engine, oversized custom extras. \$7,500 neg. 871-5732 after 5pm or leave message. All calls returned promptly.

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Camaro, 77, automatic, great condition, 8 cyl, 90,000 original miles. \$3,000. Call Heidi at 629-6275.

Corvette - 1965. Mint in & out. Red. Not orig. Call for details 671-8732.

DOODGE ARIES K181, 51K, 4 DR, 4 cyl, exc. cond. hot, asking \$1550 neg. 884-3482

FORD FAIRLAME 500 "CLASSIC" 1957, 2 dr, AUT, V8, body excel. inter. good, needs some mechanical work. Nice car! \$4,000 516-271-6025.

63 Autos For Sale

FORD 1985 Crown Victoria LT Exc. cond. Nru-out. Power-seats, windows, door locks etc. AM-FM stereo cassette. AC. Interior and Exterior recently professionally detailed. Maintained on pet. estate and serviced every 3000 miles. 18 Miles-gallon with V8 engine. 91,000 High way miles. Book value \$2500. MUST SELL! SACRIFICE. \$4900. Call 921-3371 Ask for Mike.

FORD WINDOW VAN RUNS, needs some work. Good work van \$150 735-8710

HONDA ACCORD 1988 LX, 32K (fully loaded), 5 spd, air, am/fm cassette, Dark Gray 20050 Call after 4:30 862-7480

HONDA STATION WAGON 1983 5 spd, brand new engine, brand new transmission, no rust or dents, new tires, clean \$3000 Call 516-922-1253 Days, 516-273-2106 Even.

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Excellent body, all power working, ec. stereo, needs meter work or conversion to gas.

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• V6 • Automatic Overdrive 531A Package 3LT • Light Group • Deluxe Wheel Trim • Privacy Glass • Speed Control/Fill Wheel • Power Window/Lock Group • P205/75R15 RWL Tires • Deluxe Two Tone • Air Conditioning • Tachometer • Captain Chairs • Electric Touch Drive 4x4 Shift • Floor Console • Outside Spare Tire Carrier • Bright Low Mount Mirrors • AM/FM Stereo Cassette • Digital • Luggage Rack • Cast Aluminum Wheels
List Price.....\$18,883
Ford Special Discount.....-1,354
Syosset Ford Discount.....-1,411
Sale Price.....\$16,118
Factory Rebate.....-750
Your Cost.....\$15,368

BUY OR LEASE



STOCK #2658 1988 FESTIVA "L"

• 1.3 4 Cyl. • 4 speed Manual Transmission • P145/70 SR12 85W Steel Radial Tires • Rear Window Defroster • AM Radio • Rack & Pinner Steering • Reclining Bucket Seats • Front Wheel Drive • Flip Fold Rear Seat • Power Front Disc Brakes • Side Window Demisters • Inside Hood Release and Much More.
Sale Price.....\$5,911
Factory Rebate.....-300
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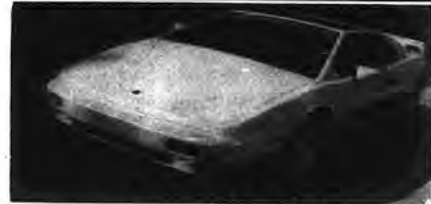
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PAL Twirling News

By Charlotte Anstey

The Hicksville PAL sent 2 teams, our junior and intermediate groups, into the ESTA state finals. Our intermediate team was against some very tough competition and won a 3rd place plaque. The girls on this team were Kristen Anstey (Lee Avenue School), Diana West (Woodland Avenue School), Melinda Forester (Lee Avenue School) and Shabana Masters (Woodland Avenue School). Even though our junior team did not win anything, they performed exceptionally well. Both teams worked extremely long and hard hours developing their skills and are to be highly commended. The girls in the junior division were Terry Novinski, Liane Lewis, Christy Goodlet, Laura Power, Jennifer Mulligan, Laurie Siegel, Cathy Christensen, Christine Povilauskas and Kelly Mondriota.

On April 23, the Hicksville PAL again had twirling teams go into competitions. On this occasion, both teams won trophies and performed very well. The girls on both teams were Melinda Forester (4th grade, Lee Avenue School), Shabana Masters (6th grade,

Woodland Avenue School), Diana West (6th grade, Woodland Avenue School), Kristen Anstey (4th grade, Lee Avenue School), Kelly Mondriota, Laurie Siegel, Christine Povilauskas, Christy Goodlet, Cathy Christensen, Terry Novinski, Laura Power, Liane Lewis and Jennifer Mulligan.

In June, we had the pleasure of again participating in another competition. This competition was held in the bandstand at Jones Beach and the girls had a great time performing for the public. We again had the same two teams going into competition and they are again to be congratulated.

The Hicksville PAL twirling groups had the pleasure of marching in the Hicksville Memorial Day Parade. We didn't have a banner; however, if you saw twirlers who were dressed in black/silver and black/pink, you were witnessing these esteemed groups. We are understandably proud of these girls.

When the Hicksville PAL first approached the idea of a twirling program, we felt it should be modeled after our group activities. We felt good sportsmanship, esteem for oneself, friendly competition and small class sizes were extremely important! Our next

step was to obtain an instructor who believed in the same principles as the Hicksville PAL did. We are extremely fortunate to have located Miss Terry Needham. Miss Needham has been twirling since she was a youngster and is currently a twirling instructor at the Island Trees Recreational Program. In addition to teaching Hicksville PAL Dance-Twirl, Miss Needham did an excellent job for us this year and the Hicksville PAL is very pleased to announce that Miss Needham will again be our twirling instructor for next year. Not only did she teach the girls twirling movements, but she also designed dance-twirl routines for these girls to learn and compete with.

The two Hicksville PAL Dance-Twirl teams have been invited to entertain at the All-Star Kids for Kids Charity Game on August 27. Our Intermediate Team will consist of Diana West, Shabana Masters, Kristen Anstey and Melinda Forester. If you are considering putting your daughter into this unique program, this is an opportunity to view first-hand how the girls perform. For the girls, this will be "a

piece of cake" because when they perform in competitions, there are usually 100-200 people watching them and they are competing against other teams for a trophy.

In September, we will again be holding registration for all our activities, twirling included. Our twirling registration will be a family registration fee and the age group will be 6 to 18 years old. We are still actively seeking junior and senior high school girls for a senior team (no previous experience necessary). If you are interested in joining our senior team, please call me at 731-7325 and I will give you information. We are also seeking 1 to 2 girls to join our Intermediate Team. Requirements for this team include 2 to 4 years of twirling experience. If you are interested, please call me at the above number and you will be tested by our instructor in the fall.

A warm welcome to all our new twirlers who signed up in the spring. They have joined an excellent organization. And a great big "Great to have you back" to all our current twirlers.

Hicksville PAL Boys' Baseball/Girls' Softball News

By Charlotte Anstey

We have not completed our third week of the season and from all reports, parents and children/young adults alike are having a great time. Coaches are especially pleased with the fantastic behavior exhibited by all our parents. The children and young adults involved are to be congratulated for the good sportsmanship exhibited at every game.

The umpires the Hicksville PAL uses are young adults from the Hicksville community. They are either in local high schools or home from college. Many of them have graduated through the Hicksville PAL ranks to become umpires.

Many of our parents have more than one child playing in our league. Police Officer Bill Toelstedt is very aware of how difficult it can be to be running all over town to different fields. With that in mind, he has arranged for almost all of our fields to be in the north section of Hicksville. We use East Street School fields for our Boys' Rookie Division, Town of Oyster Bay Schwab field for our Boys' Junior Division, Town of Oyster Bay Hillside Park for our Boys' Intermediate Division and Woodland School fields for our Junior and Senior Girls' Divisions. Unfortunately, we ran out of fields in the north section of our Boys' Sub-Intermediate Division; therefore, they are playing at the Hicksville High School fields.

The following scores and descriptions have been supplied by various coaches. If you are a coach and would like to submit your scores and comments regarding your team, please have them written and dropped off at my house by Saturday night. My address is 43 Wishing Lane, Hicksville. If you choose to mail these publicity sheets, please make certain they are delivered by Saturday. Any information received after Saturday of each week will not be published. For parents who do not see your team listed, perhaps your coach could use your assistance in writing the publicity sheet and dropping it off at my house. All scores and information concerning the Hicksville PAL boys' baseball/girls' softball teams are not to be submitted directly to The Hicksville Illustrated News. All pictures taken of Hicksville PAL participants are also not to be submitted directly to the Illustrated.

The following is a general description from some Girls' Junior Division coaches of their teams:

Royal Blue - Coaches: Nancy Galdo & Toni Sicari

Fine pitching is being done by Debbie Drew, Katie Kelly, Carolyn Galdo and Kristy Haley. Infield playing being done by Donna Hess, Lisa Petrocchi, Kristi Mulally and Sandy Drew. Outfielders and catching being done by Deborah Coffey, Pam Benicken, Catie Geannakis, Samantha Sicari, Devin Reynolds and Lorraine Sayers. All the girls are hitting well and homers run so far by Katie Kelly, Carolyn Galdo and Debbie Drew. Coaches Galdo and Sicari have the following to say about their teams: "We are proud of our team. They played 4 games so far and their record is 3 wins, one loss. They believe this is due to great teamwork and spirit."

Green - Coaches: Kathy Pangas & Brian A. Dubecky

Excellent pitching being done by Danielle Buffolino, Laura Ann Dubecky and Michelle Corrado. Our infielders are Pamela Pangas, 1st base; Kelly Ann O'Connell, 3rd base; Beth Ann Murphy, shortstop; and Kristen Anstey, 2nd base. Our outfielders were Kristy O'Connell, Sametta Nayak, Tara Kieley, Chris Peters, Tabitha Strauss, Elizabeth Dubecky and Lorraine Samsonoff. Coaches Pangas and Dubecky have the following to say about their teams: "These girls have terrific team spirit. We extend special thanks to the parents who show up for the games."

The following boys teams submitted these descriptions of their games:

Sub-Intermediate Division, July 19, A's 6 Mets 4

The manager of the A's team, Bill Dammes, would like to thank his coaches Ed Dammes and Joe Filazola and all the parents who come to support the teams. A good time was had by all. Manager Dammes had the following to say about his team: A's first loss of the season, but a very exciting game. Both teams played great baseball. A great job pitching done by Jason Dammes (also played centerfield and shortstop), Luke Johnson (also played centerfield and 3rd base) and Scott Dorsey (also played shortstop). Danny Paul wasn't feeling well, but you'd never know it by the way he played. Terrific base running. Awesome catching! Brian Kist hit a double, 2 RBI's and did a good job in rightfield. Robert Lynch had good base stealing and played at 3rd base and rightfield. Joe Porvato (who wanted to beat his cousin's team) did a good job at 1st base and rightfield. Scott Galdo hit a double and had a great bunt to score a base. Good job in the field too, Scott Mike Famigietti hit a single, triple and did a terrific job at 1st base. Brian Rooney hit a double and did a good job at 2nd and 3rd base. Brian Brown played leftfield like a pro—SAC brought in a run. Willy Koopman had a good SAC to bring in a run and did a nice job at 2nd base and centerfield. Brian Anstey was missed, since he had an HBA All-Star game that night also.

Junior, July 5, Cardinals 8 Yankees 7

The Cardinal's manager, John Caliguiri, had the following to say about his team: "Excellent play by both teams in a really close game. The play at home in the bottom of the sixth inning won it for the Cards." Coach Caliguiri reported the following: Brendan Dally had one hit and excellent fielding. John Caliguiri did a great job catching and made a clutch play. Joseph Furrucci had one hit and did a good job fielding. Chris Kearney had a homerun, double and 2 RBI's. Chris Brink had a triple, 2 RBI's and did a good job in the outfield. Hubert Chu had one hit and he stole home. Joe Combri was hit by a pitch and did a good job fielding. Kevin Chester was hit by a pitch and stole home with the winning run. Paras Gosalia had a good play at 2nd base and played good outfield. Jim Nagle did good pitching and had 1 RBI. T.J. Johnson played good shortstop and walked once. Jim Nuzzi was a good outfielder and a clutch hitter.



HICKSVILLE SOCCER PLAYERS Robin Blicher and Tim Dalton, of the Hicksville Minutemen, present plaque of appreciation to Mr. Robert Feuchter, president of Seaman & Eisemann, Inc. Seaman & Eisemann are the sponsors of the soccer team.

Keep on top of the news. Read the
Hicksville Illustrated.



WOODLAND AVE. STUDENT WINS AUTHORS CONTEST

Amy Entel, a Woodland Avenue school student, won prizes in the 1988 Young Authors Contest among Nassau schools. The sixth annual contest of the Nassau Reading Council was conducted in association with United Way of Long Island. The theme of this year's essays "How I Care About People in My Community." More than 900 children from 80 Nassau public and private schools in grades one through 12 entered the contest. Awards were presented to 47 winning essayists during ceremonies held in June at Adelphi University in Garden City.

Summer Survival Students



Ms. Louthan and Chris Cirillo, members of the Summer Survival skills program for handicapped youngsters, play miniature golf at Nunley's Amusement Park.

Ms. Louthan's Summer Survival Skills Program for the handicapped youngsters at Hicksville High School has been taking trips to various places in the community.

One trip was to the Hicksville Public Library where the students were able to fill out forms for library cards and become familiar with the children's library.

Another trip was to Nunley's Amusement Park where they played miniature golf.

(Illustrated Photos by Al Posillio)

Hicksville Junior All-Stars Play in District Championship



HICKSVILLE RESIDENT GREG FIGLI slides safely into home, scoring early in the first inning at the 1988 New York State District 32 Championship. Hicksville Junior All-Stars lost to Westbury, 13-11, and in another district game, Hicksville lost to Westbury, 13-8.



ANTHONY CIACCIO sends out a long fly in the 1988 New York State District All-Stars. Hicksville lost, 13-11, in one game and in another, lost, 13-8; both games to Westbury.



HICKSVILLE BATTER JOSH DANFORTH, a member of the Hicksville Junior All-Stars, recently played in the 1988 New York State District 32 Championship. Hicksville lost, 13-11, in one game, and in another, lost, 13-8; both games to Westbury.

Sports Shorts

The Hicksville Alumni Board of Directors has designated Friday night, October 28, as the date for the 1988 Homecoming Buffet and Dance.

Former football heroes for the Orange and Black will get team honors. The teams of the 1970s will have combined reunions. Members of the North Shore Championship Team of 1948 are also getting a group together.

Dave Hoosack, Hicksville's good friend at Dryolin Corporation let us know about the golf game of Liam Quinn.

Liam is from Ireland and is one of the many considerate and professional employees at Peppercorn's. In September he will attend St. John's on a golf scholarship. He passed over a scholarship at home to accept the St. John's offer. He was joined in the United States by his sister. They currently reside in Port Washington.

Dave was awed by the 6'8" Liam. At a recent golf game at the Cedar Brook Club, the power and accuracy of Liam's 225-yard sock with a five iron was interesting to see. Liam is a scratch golfer. On this particular

outing he had a 77 round. Dave also attended the Hicksville High scholarship breakfast to present a \$1,000 check to student Harriett Young, on behalf of Dryolin Corp. He and Bob Mercer, also of Dryolin, continue to relate towards their alma mater in many ways.

Chaplin's softball team pulled off a sparkling triple play in the Nassau County night league game at Cantiague Park recently. Involved was a diving catch by Phil Gramaglia (Hicksville High '76) in the outfield, a crisp relay to Ernie Hupler ('75) that beat the returning runner at second, followed by a strike to Wally Lunden ('78) at home plate. Chaplin's stepped out from there for an easy 15-2 win over the Triangles.

Bill Bailey of Hicksville highlighted the "Bud Can" Open at Cantiague with a hole-in-one at the Hicksville grads Annual Golf Tournament. John Lanier organizes the annual bash for the ex-Hicksville athletes and friends.

Express to Benefit from Softball Tourney

Teams from around the country converged on Cantiague Park in Hicksville July 2 and 3 for the third annual Girls Fast-Pitch Softball Tournament.

The field of 16 included the Foster Oilers from Clinton Michigan, the Jade Garden Bandits from Baltimore, Maryland; Bolio Sporting Goods from Wallingford, CT, and the New York City Beachgirls from Brooklyn—all composed of high school-age athletes.

The host club, and the beneficiaries of the tournament, were the Long Island Express, composed of the region's best high school girls softball players. Among the team members were MacArthur's Tracy Tyler, St. Dominic's Dawn Abruzzo, Deirdre Kelly, and Andrea Dasaro; Division Avenue's Erica Tuccillo, Claudine DeLorenzo and Kelly Wheeler, and Hicksville's Kim Zagajski.

—D.F. Mock



SAFE AT SECOND: Beachgirls' second baseman takes the catcher's throw, but Shiloh runner still makes it in safely during Sunday play in third annual Girls' Fastpitch Softball Tournament at Cantiague Park.

(Photo by D.F. Mock)



BOLIO BATTER AWAITS a pitch during their contest with Maryland's Jade Garden Bandits.

(Photo by D.F. Mock)

Apple Bank Honors High School Athletes

Dave Danowski of Hicksville High School was among 51 Long Island high school athletes awarded trophies by Apple Bank Chairman Jerome R. McDougal and Cablevision Vice President Rusty McCormack during the fourth annual Apple Bank Player of the Game awards dinner at the Swan Club in Glenwood Landing.

The athletes had been named most valuable players at high school games televis-

ed by Cablevision and sponsored by Apple Bank throughout the 1987-88 academic year. A major sponsor of the 54-game sports package since 1984, Apple Bank recently agreed to support next year's program as well.

"Apple's sponsorship of the fifth season reflects our continuing desire to honor and encourage Long Island's fine young athletes," McDougal said.

Local Swimmers Qualify For Empires

Five Hicksville swimmers have qualified for the Long Island Team which will be competing at the Empire State Games in early August. Their placement on the team is the result of the annual trials that were held at Holtsville last week.

The current 200 butterfly champion of the games, Kristin Mund, will be competing again in that event and also the 100 free. She also won the 100 fly but will be at Junior Nationals at the start of the meet. Her sister, Lorna, won both the 100 and 200 backstroke in the open age division and will be the backstroke for the team. Scott Epstein won

both the 100 and 200 breaststroke in the men's open division. Scott Fried, who will be at Empire for the first time, will be competing in the 400 IM, the 800 free and the 200 fly. Jon Gullford, who is only 12 years old, qualified for the 1500 meter freestyle making him the youngest male competitor from Long Island.

The Empire States will be held in Syracuse from August 3-7. This competition is the largest state-wide sporting event, hosting over 3000 athletes who will be housed at the University and will compete in the various facilities surrounding the Syracuse area.