

Hicksville's 1988 Baby:

—Anthony John Russo—

Congratulations to Anthony John Russo for being the winner of the *Hicksville Illustrated* New Year's baby contest.

Out of all the entries received, Anthony was born closest to New Year's Day. Born January 2 at 8:33 a.m. at Central General Hospital, Anthony is the son of Sue (Rybak) and John Russo.

The baby's parents are both graduates of Hicksville High School. Grandparents are also longtime Hicksville residents: John and Eileen Russo and Helen and Rudy Rybak. Anthony joins his 4-year-old sister, Rita.

Mr. and Mrs. Russo will receive a one year subscription to the *Illustrated*.

Mrs. Russo, who celebrated her birthday January 15, said, "My son is the best present I could ever receive for my birthday."

Local Woman Struck by Car

By A. ANTHONY MILLER

A Hicksville woman who resisted a robber at the Roosevelt Field Shopping Center January 13 suffered leg and body injuries when the getaway car struck her, Nassau County Police reported.

The victim, Donna Walling, 36, was walking to her car near Macy's at 7:20 p.m. when a man ran up and tore off her pocketbook. As this happened, another man drove by and the thief jumped in the car. Ms. Walling grabbed the side of the car and the driver quickly sped off, running over her left foot and dragging her a short distance.

Ms. Walling was admitted to Winthrop University Hospital, Mineola. Det. Thomas McLaughlin of the third precinct issued a description of the man who took the pocketbook, and asked anyone with knowledge of this robbery to call him at 225-3200. All calls will be kept confidential. The robber is described as a black male, about 23, light skinned, with a trim mustache. The pocketbook contained seven dollars, personal papers and credit cards.

In an unrelated incident, a man who claimed to have a gun in his pocket allegedly robbed a Hicksville gas station of \$115 just after midnight January 12. County police said that Patrick Plunkett, night attendant at the Mobil gas station at 265 North Broadway, was approached by a white male who wore a scarf over his neck and face. Claiming to have a gun, the man demanded money from the register. He fled on foot; Mr. Plunkett was not hurt.

Det. Robert Dunn of the second precinct issued a description for a man with a thin build, just over six feet tall, with "very blue eyes."

Where to Obtain the Hicksville Illustrated News

Additional copies of the *Hicksville Illustrated News* may be obtained at the following locations:

- 7-11 Hicksville, 500 Old Country Road
- F & M Deli, 99 Levittown Parkway
- Reflections Card & Gift Shop, 368 Old Country Road
- Brooks Stationery, 224 Old Country Road
- Puff & Stuff, 64 Jerusalem Avenue
- Smoke Stax, 240 North Broadway
- Ace Stationery, 5 Bethpage Road
- 7-11 Store, 599 South Broadway
- Evergreen Variety, 495-14 South Broadway, Hicksville Terrace Shopping Center

Hicksville Board of Education Meeting

January 27 at 8:15 p.m.
School Administration Building

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NY 11801

HICKSVILLE ILLUSTRATED NEWS

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50¢

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Local Bank Honors 100 Hicksville Students

—Treats Youngsters to Islander Game—



MANUFACTURERS HANOVER honored 100 Hicksville High School pupils as part of their "Students Striving for a Better Community" program. The bank treated the youngsters to a New York Islanders hockey game last week. Left to right: Jim Brancale, manager of the Hanover's Hicksville branch; Eric Niccolis, winner of the hockey stick raffle; Jean Potvin, former New York Islander and guest speaker who spoke to the students before the game; Pam Manganello, winner of the hockey stick raffle; and Hicksville High principal Richard Hogan.



OYSTER BAY TOWN SUPERVISOR Angelo A. Delligatti (second from left) and Town Councilman Kenneth S. Diamond (right) join members of the Hicksville Jewish Center for the dedication of a Holocaust "Rescued" Torah. Also on hand were (left to right) State Assemblyman Fred Parola, congregation president Bernard Shansky, Rabbi Joseph Grossman, sisterhood president Florence Gaines and congregation president Mike Geur. The Torah, known as Torah 1415, is one of 1,564 Torahs recovered from a synagogue in Prague, Czechoslovakia, where they were taken by the occupying German troops for eventual destruction. Through the efforts of an art dealer and a financier, both based in London, this scroll, which was originally from Nachod, Czechoslovakia, and the others were shipped to London for restoration and new homes. The Men's Club of the Hicksville Jewish Center is responsible for procuring the "Rescued" Torah for the Center, and it will be on display as a permanent memorial to those who died in the Holocaust.

Student Aid Awareness Campaign Launched

A toll-free student financial aid information hotline will be in operation through January 29th, weekdays, between 1:00 p.m. and 7:00 p.m., at 1-800-367-2670.

Students and parents may speak to financial aid experts on any aspect of student financial aid.

Governor Cuomo is encouraging students and parents to get the facts about all sources of financial assistance for the costs of higher education. Students now have a simpler method to apply for student aid because they can now use applications for federal and campus-based aid in applying for the New York State Tuition Assistance Program grants and scholarship assistance. It is emphasized that the sooner students apply, the better their chances of receiving aid on a timely basis.

The New York Islanders played host to about 100 Hicksville High School students who were recognized for outstanding community service by a local bank.

Recognized by Manufacturers Hanover as "students striving for a better community", the pupils were invited to an Islander home hockey game last Thursday.

"We think it's about time that the people on Long Island see that kids are doing good things," Jill Kneec, director of public affairs for the *N. Y. Islanders* said. "We want everyone to realize that young people on the Island are doing wonderful things", such as participating in programs like Students Against Drunk Driving, Thanksgiving food drives and Christmas toy drives. Other students were recognized for their involvement with such clubs as the Future Business Leaders' Association, foreign language clubs, drama and sports.

A Hicksville High kickline captain, Pam Manganello, and student government president Eric Niccolis, were the winners of an autographed stick by former Islander Jean Potvin. The two students were also invited to sit in the luxury "sky box" to watch the game.

Jim Brancale, manager of the Hicksville branch of Manufacturers Hanover, who said that "it is a great privilege and honor to have the students at the game", presented Hicksville High School principal Richard Hogan with a plaque during an on-ice ceremony at the Nassau Veterans Coliseum.

The 100 students were selected by their respective school districts through the coordination of the Nassau County Youth Board.

A representative from the bank said that Manufacturers Hanover, in its aim toward getting even further involved with the people of Long Island, will honor 10 local towns over the course of the Islanders' 1987-88 season. This is the bank's third year organizing the program.

Ronald Lynch, vice president of Manufacturers Hanover said, "These students are proof that today's youth do care about their communities. They are outstanding citizens willing to give their time and energy to make their neighborhoods better places in which to live. The Long Island branches of the bank are proud to acknowledge their contributions."

—RML

Atlantic City Trip

A day in Atlantic City at "Trump Castle" on Sunday, February 7 and a Wednesday trip to "Tropicana" on February 24 is being sponsored by the Plainville/Hicksville Unit of the American Cancer Society.

The Express Bus leaves promptly from Rex Place in the rear of Morton Village Shopping Center at 9 am on Sunday, and 9:30 am on Wednesday.

\$22 will reserve a bus seat as well as guarantee \$17 in Coin, and \$5 in deferred coupon for the Sunday trip and \$19 will reserve a bus seat and guarantee \$10 in Coin and \$4.50 in food for the Wednesday trip. To reserve a seat and for further information, please call 433-4204 or 681-0986.

Merchant of the Week
Evergreen Variety
 By CATHERINE TOKAR

The newly opened *Evergreen Variety* store is celebrating its grand opening this month, and Ed Rahimi, owner, is making sure each patron walks away satisfied. "Prices and customer service make this store special," said Mr. Rahimi, enthusiastic about the good rapport he has established with his local patrons. He greets every patron and sees to it that everyone finds what he or she needs. "I treat people right, which is what being a local store is all about," Mr. Rahimi explained. "People want to buy things without hassle, and here, they can come in and get what they need like that," he said, snapping his finger on "that."

Evergreen Variety offers many items, all at discount prices. "This is the first store you will see this way," he said, noting that he buys direct from manufacturers. "I have everything a variety store should have... you name it." The long list includes: magazines, daily and weekly newspapers, snacks, cards, toys, maps and atlas, cigarettes, mylar balloons and nap-sacks. And that is not all. *Evergreen* carries all these items, too, at discount prices: pocket cameras, film, radios, walkman portable radios, watches (even the giant wall hanging watches, five feet long) and costume jewelry. "We carry all the popular merchandise that the big stores do, but less expensive."

Evergreen will hold many sales within the next few months. This week, all American-made picture frame clocks have a 75 to 80 percent discount. For instance, the suggested retail price of framed "Last Supper" picture with a clock in the corner is \$89.50. *Evergreen* is offering it for \$18 during the sale.

In February, the Valentine special will feature a free Valentine card to each patron purchasing \$6 or more in Valentine paraphernalia. "No one did this before," said Mr. Rahimi. "We are working with the community to supply them with their needs at reasonable prices." After Valentine's Day, *Evergreen* will hold its first electronics and houseware sale.

Evergreen Variety is located in the Hicksville Terrace shopping center on South Broadway. Hours are Monday to Friday, 8 to 8; Saturdays 9 to 7; and Sunday 10 to 6. For more information, call 932-7576.



EVERGREEN VARIETY invites all patrons to a FREE cup of coffee or tea when making a purchase



ED RAHIMI, owner of *Evergreen Variety*, gives a friendly greeting to each patron. "We make sure everyone walks away satisfied," he said.

What Hicksville Is Reading

The following books were highly requested last week at the Hicksville Public Library:

- FICTION**
1. KALEIDOSCOPE — Danielle Steel
 2. WEEP NO MORE MY LADY — Mary Higgins Clark
 3. PATRIOT GAMES — Tom Clancy
 4. THE NANNY — Dan Greenburg
 5. FIRST BORN — Doris Mortman

- NONFICTION**
1. CLOSING OF THE AMERICAN MIND — Allan Bloom
 2. PEOPLE OF THE LIE — M. Scott Peck

3. MIND OVER BACK PAIN — John Sarno M.D.
4. WOMEN MEN LOVE & WOMEN MEN LEAVE — Dr. Connell Cowan and Melvyn Kinder
5. BLOOD RELATIONS — John Greenya

The following videos were highly requested last week at the library:

1. EXTREME PREJUDICE
2. THE MISSION
3. PROJECT X
4. WISDOM
5. FROM THE HIP

Town Board Meeting Date Schedule for 1988

The following Town Board meetings have been scheduled for 1988, according to Town Councilman Kenneth S. Diamond:

- | | |
|-----------------|--------------|
| January 26 | July 12, 19 |
| February 9, 23 | August 9, 23 |
| March 1, 15, 29 | September 27 |

- | | |
|------------------|--------------------|
| April 12, 19, 26 | October 4, 25 |
| May 10, 17, 24 | November 1, 15, 22 |
| June 7, 14, 21 | December 6, 13, 20 |

Town Board meetings are held in the Town Hall East hearing room, Audrey Avenue, in Oyster Bay beginning at 10:00 a.m.



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Social Notes and Personalities

Congratulations John and Theresa

Our congratulations go to **Theresa** and **John Podrasky** of Hicksville. . . . they are the proud grandparents of **Isabelle**, born on December 5th at The Community Hospital at Glen Cove.

Isabelle is the first child of **Madeline** and **Howard Podrasky** of Levittown. Madeline is formerly of Switzerland where Isabelle's other grandmother **Colette** resides.

We Have A Winner

Brian Crawford of Hicksville, was the Second Prize Winner in the Coty Stetson "Great Outdoors Sweepstakes."

The sweepstakes, sponsored by the Stetson fragrance for men, had over 25,000 entrants and was conducted nationwide.

Brian will receive a Remington Upland outfit which includes an Upland Classic jacket and pants, and a Worsterion shirt.

That's not bad finishing second out of 25,000 entries. Congratulations Brian.

Named To Dean's List

• Named to the dean's list for the fall 1987 semester at Grove City College, Pennsylvania was **Vincent P. Kreyling**, son of **Mr. and Mrs. Vincent P. Kreyling** of Willford Boulevard. Vincent is majoring in biology and secondary education.

• **Paul Jason Lagos** of Hattie Court was named to the 1987 fall dean's list at SUNY Ag. Tech at Alfred State College.

Keep up the good work.

Mandy Graduates Police Academy

Mrs. Frank McKeon, formerly of Myers Avenue, Hicksville and now residing in Port Richey, Florida with her husband **Tom**, returned here to attend the graduation ceremonies of her daughter "**Mandy**" **DeVaux**. On Jan. 12th at Madison Square Garden, Mom proudly watched her daughter receive her diploma from the New York City Police Academy. Mandy is assigned to the

Housing Police in Coney Island, Brooklyn. She is a 1985 Hicksville High School graduate.

We all wish her success in her new career.

Happy Birthday Kristy

Anna and **Albert DeStefano** and **Silvio** and **Yolanda DiMeglio** want to wish their great granddaughter **Kristy Ann DeStefano** a happy first birthday.

Grandma Fay and **Grandpa Les** send love and kisses across the miles from Killeen, Texas. Happy first birthday Kristy Ann—and God bless you.

And Now A Word From Kristy . . .

Hi! I certainly came into a wonderful family last January 20th. Within the year I have wrapped **Mommy** and **Daddy** around my little finger. **Aunt Donna**, **Uncle Al** and **Uncle Steven** have all lost their hearts to me . . . and after all the attention I've received from **Grandma** this year she'll need another vacation—maybe Hawaii this time. It's great to have so many loving baby sitters!

Lou Schwing On College Hockey Team

Lou Schwing, son of **Ann** and **Louis Schwing** of Hicksville is a member of the Connecticut College Ice Hockey Team—**The Camels**.

A three-year starter in goal and the 1986 Eastern College Athletic Conference (ECAC) North-South "Rookie of the Year, Lou has earned an .872 save percentage and 3.81 goals-against average, while earning a 2-2-1 mark on the season.

Following the winter break from classes the team returned to action Jan. 16th.

Lou, a graduate of Friends Academy, is a history major.

His sister, **Linda** and niece and nephew **Jennifer** and **David** are real proud of Lou's accomplishments. **David** and **Jennifer** are following in their uncle's footsteps. . . . they're ice skating all the time.



Mr. and Mrs. Stuart Fast

Eileen Young Becomes Bride

Eileen Young, daughter of **Mr. and Mrs. Robert Young** of Hicksville became the bride of **Stuart Fast**, son of **Mr. and Mrs. Norman Fast** of Massapequa. The wedding took place at the Piping Rock Inn in Westbury on November 1.

The maid of honor was **Ann McCarthy** and bridesmaids were **Karen Fast**, **Margaret Logan Wackstein**, and **Jessica Ludwig**.

The best man was **Stephen Langulli** and **Thomas Solari**, **Cosmo Parrella** and **Robert Young** served as ushers.

The bride, a 1982 graduate of Hicksville High School is an office manager for a Bellmore dental office. The groom is in retail sporting goods.

After a honeymoon in Virginia the couple resided in Wantagh.

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Mr. and Mrs. Bill Maron

Ellen Schneider Weds Bill Maron

Mr. and Mrs. Arthur Schneider of Hicksville are happy to announce that on September 12, 1987 their daughter, **Ellen** was married to **Bill Maron** of East Meadow.

Ellen is a secretary for Digital Equipment Corporation in Manhattan and **Bill**, who is an auditor for the state of California, met while working together in Fortunoff's Outdoor Furniture store three years ago.

The Nuptial Mass was held at St. Raphael's Church in East Meadow with a reception following at the Northport American Legion Hall.

After a relaxing honeymoon in Bermuda, the couple resided in North Babylon.

Social Notes

(continued on page 4)

Social Notes

(continued from page 3)

Dorothy Wafer Retires

After 26 years of working at the Hicksville Public Library, **Dorothy Wafer** has retired. On her last day of work her three sons **George, Scott** and **Daniel** sent her a huge, beautiful bouquet of roses.

On January 12th the **Library Staff** hosted a lovely retirement dinner for her at the **Milleridge Inn**. Dorothy will spend her days now with her husband **George**. We

would also like to wish her much happiness during her golden retirement years. The staff said she will be missed.

Don't Forget The St. Ignatius Reunion

On Friday, Feb. 12 at 8 p.m. a reunion will be held in St. Ignatius School for classes 1963 through 1965—and for any parents, friends or teachers who would like to attend. A hot buffet and dancing will highlight the evening (120 p/p). The committee has had a tremendous response with guests coming from California, Washington, Florida, Texas, Maryland, and Massachusetts—to name a few. Contact **George Montana**, 938-3600, 367-7574 or **Cheryl Gries Brown** at 931-4826,

or write **Sue Minchello** 65 Chestnut St., Hicksville, NY 11801 for further information.

This is going to be a real fun affair. Parents—please contact your children who are out of town and tell them about the reunion. They'll be happy you did.

Enjoyed Long Weekend

Blanche (Stemplen) and Henry Gangolewski just came back from a fun weekend at the **Concord**. Blanche is a 1943 graduate of Hicksville H.S. and still lives on the same block where she grew up. This past year Blanche had her cousin from Poland visiting her for three months.

Remember Rose Brandis???

Saw **Rose (Gladd) Brandis** in **King Kullen** the other day. She said that she'll be 78 this year. Her late husband, **Herman's** father owned the harness shop on Broadway for many years. It was good seeing her.

Birthday Wishes

A very happy birthday to **Debbie (Ruggiero) Frankel** who will be celebrating her birthday Monday, January 25th. We wish you the best, Debbie.



ANN MIRRO

Perfect Pharmacy Winner

Christmas came early for **Toni Ann Mirro** this year. She was the winner of a raffle held by **Perfect Pharmacy** of 526 S. Broadway. She won a very large 'Big Bird' on Nov. 27. Toni Ann would like to thank **Vivian**, the owner of **Perfect Pharmacy** and let him know that 'Big Bird' has a very happy home.

TO YOUR HEALTH

By RICHARD H. BLAU, M.D.

Arthritis and Visual Problems Linked

It is well-recognized that significant visual abnormalities are associated with many forms of arthritis. Doctors are not certain why this relationship exists. Rheumatologists, (arthritis specialists), estimate that more than 10% of the various forms of arthritis can be associated with visual problems.

Types of arthritis which are associated with eye problems are: rheumatoid arthritis, juvenile rheumatoid arthritis, systemic lupus erythematosus, Sjogren's syndrome, ankylosing spondylitis, scleroderma, temporal arteritis, sarcoidosis, and gout.

The signs and symptoms of eye involvement may be redness of the eye (conjunctivitis), eye pain, or a decrease in vision. Occasionally eye problems may occur prior to the onset of arthritis. Usually these problems arise after arthritis has developed.

The symptoms can be fleeting and overlooked, as occurring in Reiter's syndrome. Blindness may occur if left untreated, as in Temporal Arteritis. Often the problems are mild and can be suc-

cessfully treated if detected early.

Arthritis symptoms include painful, red, warm or swollen joints, morning stiffness, or muscle aches. Should you have either symptoms of arthritis or eye problems, you should visit your physician promptly.

Most rheumatologists are keenly aware of the relationship between the eyes and the joints. They are very careful to detect any abnormalities. An exact diagnosis of the type of arthritis you have is very important. Since there are over 100 types of arthritis, and each one requires its own treatment, a careful examination is important.

If any eye abnormalities are detected, the rheumatologist will work closely with the ophthalmologist. Careful attention should be made to adjust both the eye medication and the arthritis medication. Usually, visual problems improve as the arthritis improves.

Arthritis strikes one out of seven people. Learn the facts. Call for your complimentary copy of "The Joint Approach - An Arthritis Overview."

Dr. Richard H. Blau is a board-certified Rheumatologist practicing in Manhasset, 516-482-6822 and Westbury, 516-997-6823.

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Social Notes

(continued on page 5)

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Social Notes

(continued from page 4)

Happy Birthday Mary Nichols

Mary (Sucharski) Nichols had a birthday Jan. 15th—which was celebrated that night at a card party with many of her friends. For about the last 20 years a group of ladies who grew up together have met at their homes to enjoy an evening together playing cards. Among those ladies are Hicksvillites Helen Asatola, Gert Hawzhurst, Dolly (Rita) Rybak, Julie Yanzak, Annie McClumsky, Helen Rybak and Stella Greguski.

Gert and Dolly are sisters—the Hefner sisters. They had three other sisters: Jeannie and Bertie Kollmer (they married brothers) Ritta Demecke. Their father owned and farmed all the property from Stewart Avenue (also called Hempstead Ave.) to Old Country Road. Ritta and her husband owned the property in Melville that was sold to Newsday. All the ladies mentioned are sisters or sisters-in-law—and they all get along famously. Besides that—they're great cooks.

All Marion's friends are joining me to wish her the happiest birthday yet.



Lisa Rohde and James Degnan

Lisa Rohde Engaged

Mr. and Mrs. Fred Rohde happily announce the engagement of their daughter Lisa Ann, to James L. Degnan, Sgt., United States Marine Corps.

Lisa is an administrative assistant for Volkert Precision Technologies, Inc. in Plainview and Sgt. Degnan is presently stationed at the Marine Recruiting Station in Levittown. A June 1989 wedding is planned.

After 59 Years...

A brother and three sisters spent Christmas together for the first time in 59 years. Margaret Jensen from San Diego, Gertrude Dawson from Los Angeles, California, and Vivian Winemiller from Bonita Springs, Florida all visited their youngest brother, Joe Harris and his family in

Hicksville. They spent a lot of time talking and reminiscing. They (and Joe's children and grandchildren) all visited Rockefeller Center the day after Christmas and saw the Christmas Spectacular at Radio City Music Hall.

After 59 years... can you imagine the happy times they must have had talking about long ago??



JOE HARRIS AND HIS SISTERS

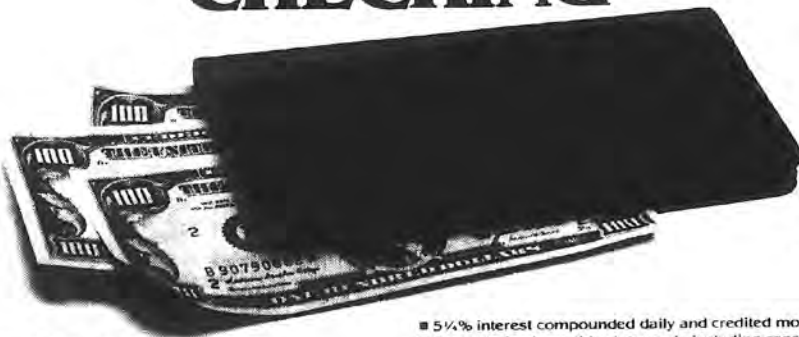
Social Notes (continued on page 7)

WOW!

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Oceanside
2051 Long Beach Road
(516) 678-4800

UPDATE LOCATIONS: Beacon, Hyde Park, Kingston, Plainburgh & Poughkeepsie

Galileo Lodge Holiday Party is a Success

The Hicksville Galileo Lodge #2253 recently presented their 15th Annual Christmas Parties. The morning Christmas party was given for the A.H.R.C. and the afternoon Christmas party was given for all the children and grandchildren of the Galileo Lodge.

The Peggy O'Connor School of Dance was again asked if they would send some talented young people to perform for these parties. The children and teenagers were excited to be chosen to perform for these parties.

There were so many people who devoted days and even weeks of their time to making this event occur. The following are some of them:

Entertainment - Peggy O'Connor School of Dance, Levittown Parkway, Hicksville.

Galileo Lodge #2253: President, Joe Giordano; Chairman, S. Monteforte; Assistant, Pete Massiello; Assistant, Rocco Lombardo; Assistant, Armand Del Cioppo; Assistant, Jim Posillico. **Members:** Al Montello, John Sarroa, Joe Crivelli, John Ianotti, Frank Governali, Frank Matassa, Joe Fuco, John Kerti, George Eminian, Jim In-

gino, Tony Parra, Frank Bove, Al Serto, Frank Teer, Pat Gatto, Frank Stacno, Charles Coletti. **Kitchen:** Joe Mocire, Dom Gamone, Joe Cirincio, Jim Posillico. **Bar:** Mickey Russo, Bert Molinelli. **Helpers:** Rose Malone, Grace Giordano, Mary Ingino, Mary Moschera, Marion Deniglio, Mary Sarrona, Ann Morke, Mary Monteforte, Juliet Kerti, Terry Gatto, Claire Fuco, Rose Panzeca, Millie Lombardo, Rose Riccardi, Mildred Morare. **Acrobatics:** Diane Muller, Dawn Scardino, Susan Drab, Rachel Tanck, Amy Verbouwens, Danielle Oriental, Dawn Mullee, Shreya Patel, Kim Culver, Kelly Mullee. **Emeralds:** Amanda Hendrickson, Andrea Heimanson, Karen Barbino, Janet Liberato, Kristine D'Amato, Suzanne Weigang, Kimberly Mandel, Katie Duncley. **Tap Group:** Cynthia Yazbek, Muriel Pierre-Louis, Phyllis Sacco, Susan Drab, Patricia DeFilippis, Kristen Anstey. **Jazz Group:** June Kelly, Lynne Anne Lombardi, Susan Frog.

Representing the A.H.R.C.: Woodmere-Mary Damico, St. Plus X (Plainview)-Eileen Walsh, Hicksville, Wantagh & Levittown-Terry Goldman, St. Bernards-Jim McHale.



PEGGY O'CONNOR SCHOOL OF DANCE, HICKSVILLE, dancers performed at the Galileo Lodge Holiday party. Emeralds-bottom row (left to right): Karen Barbino, Janet Liberato, Kimberly Mandel. Top row (left to right): Amanda Hendrickson, Suzanne Weigang, Katie Duncley, Andrea Heimanson, Kristine D'Amato.

Galileo Lodge News

By Joe Lorenzo



President Joe Giordano's Message: "Behold the turtle. He makes progress only when he sticks his neck out!" Old Saying.

I have often wondered what would lovers do if lovers did not have a real loving and caring day to release their innermost feeling to their loved ones. I think most lovers feel that a special day in the year should be set aside and celebrated as the day for romance. I have also felt that if a St. Valentine's Day did not exist, man would create one. I guess I can say here that the Galileo Lodge, always susceptible to a good thing, takes advantage of St. Valentine's Day by announcing that it will hold a St. Valentine's Day dance, thus giving all romantically-inclined people the opportunity to express their warmest thoughts and emotions. Tickets will sell at \$14. per person, a very nominal fee that entitles you to a delicious hot dinner with all the trimmings: beer, soda, coffee and cake, set-ups and music for your listening and dancing pleasure. I am sure that the Galileo Lodge will provide the appropriate romantic environment you desire. But please note that a 'bring-your-own-liquor' policy will be in effect that night. The date of this dance is Saturday, February 14, so why not put this date on your 'must-attend' list. I know you will be glad you did. More particulars on this event in my next column.

I know St. Valentine appreciates the attention he gets, so I am sure St. Joseph would like some for himself. The Galileo Lodge, eager to assist St. Joseph, has announced that it will hold a dance in his honor sometime in March. The Galileo Lodge likes to provide equal billing. The tickets for the St. Joseph's Dance will probably cost \$14 per person. In the offering will be a delicious hot dinner with all the trimmings: beer, soda, coffee and cake, (most likely the St. Joseph's zeppoli), set-ups and music also for your listening and dancing pleasure. For some inexplicable reason, when you attend the Galileo Lodge's St. Joseph's Dance, you get the feeling that spring is just around the corner. And it usually is. In future columns I will have the names of the committee people and other details of this nice affair.

By the time April comes into view, we know that Mother Nature has really awakened from her deep winter sleep. And for this nice time of the year the Galileo Lodge announces that it will present its 'Fifties-Sixties' Dance—an event that really perks up the Galileo Lodge as well as the participants. I do not have that much information on this very popular dance, but I can say it appears as though the periods of the Fifties-Sixties' influenced and touched the lives of many people, especially with the music that was popular at that time. This dance packs the place, as they say. Future columns by me will further reveal details and particulars concerning this very popular dance. And if I am not mistaken, I think John Cannizara and Vito Grippi will supervise this.

Very happy to report Rose and Jack Riccardi became great-grandparents as their son Augie's daughter became a mother. The baby boy weighed 8 pound 7 ounces and his is called Vincent Michael. This happened in California, where Rose and Jack will visit in the near future. Congratulations all.

Youth Council To Address Middle School PTSA

Barbara Nelson and representatives of the Hicksville Youth Council will be addressing a general membership meeting of the Hicksville Middle School PTSA on January 21.

Adolescence can be a time of change and turmoil for many families. Programs offered by the Hicksville Youth Council help guide

young people toward a healthy use of their energy, talents and time.

All members of the community are welcome at this PTSA meeting, which will be held at 8 p.m. in the Teachers' Faculty Room of the Middle School.

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EDITORIAL AND OPINION

What the Politicians are Saying...

GOVERNOR MARIO M. CUOMO has accepted an award from the National Safety Council honoring New York State for its high level of seat belt usage, and announced an agreement with Island Records, Inc. to produce and distribute nationally a rock music recording by Grammy Award nominee Robbie Dupree called "This is Life". The record aimed at young audiences is based on an incident when a member of Dupree's family was killed by a teenage drunk driver. Mr. Dupree has agreed to donate the proceeds of the record to the Governor's Traffic Safety Committee for use in efforts to combat drunk driving.

Many residents of nursing homes in New York state are getting a boost from a new law to help them pay for personal items, it has been announced by ASSEMBLYMAN CHARLES J. O'SHEA (R-C, Baldwin). The new law increases the state's assistance for personal needs from \$15 to \$25. Combined with federal funds, those eligible will now receive \$50 per month. The new law also provides for a cost-of-living increase in SSI benefits for a period between Jan. 1 and June 30, 1988, without a decrease in state benefits.

SENATOR DANIEL PATRICK MOYNIHAN (D-NY) introduced a bill designed to improve the overall accuracy of the population data collected in the decennial census. The Moynihan measure is an effort to deal with the undercount that often occurs which costs many states full and equal representation in Congress and the loss of much federal funding that is distributed on the basis of population. It is estimated that 6 percent of all central city inhabitants were missed in the 1980 count, between 500,000 and 860,000 New Yorkers, for example, which resulted in the loss of one congressional seat and between \$26 in federal aid annually.

From JOSEPH N. MONDELLO, PRESIDING SUPERVISOR TOWN OF HEMPSTEAD: As part of the Town of Hempstead's continuing commitment to provide for the needs of senior residents, I am pleased to announce the initiation of a cooperative agreement with the US Postal Service which will facilitate the purchase of postal stamps by seniors and help serve their postal needs. "Stamps on Wheels" is a new program through which a new mobile post office, red, white, and blue, will make regular visits to each of the town's senior centers and seniors will be able to purchase stamps and mail letters and packages of up to four pounds.

REPRESENTATIVE THOMAS J. DOWNEY (D-NY) recently introduced the Sugar Supply Stabilization Act. He said, "For more than five years I have been fighting the unjustifiable sugar price support program which imposes tremendous costs on the American consumer and our trading partners in the name of protecting a limited number of domestic sugar beet and sugar cane growers. This bill employs a sensible and gradual approach by mandating a phase-down of the current loan rate of 18 cents per pound by one and one-half cents a year until the loan rate reaches 12 cents per pound in 1991. The big losers under the current sugar program are the consumers, more than 245,000,000 of them, because this program causes the price of domestic sugar to average three to five times the world price forcing American consumers to pay in excess of \$3 billion a year to subsidize the domestic sugar producer."

VA Pays Record GI Insurance Dividend to NY Veterans

More than two hundred and fifty-five thousand New York State veterans who have kept their GI life insurance policies in force will share an annual dividend distribution in 1988 totaling more than \$80.7 million, the Veterans Administration has announced.

New York VA Regional Office Director, Thomas M. Lastowka, said the record-high dividend was made possible because of lower death rates among policyholders and high interest earnings on the insurance funds' investments.

Mr. Lastowka emphasized that veterans need not file an application for the annual dividend. Each policyholder will receive the dividend in the month of the anniversary date of the individual policy. Payments will be made in the manner previously selected by the policy holder. Choices range from cash to the purchase of paid-up insurance.

Government life insurance has been issued through various periods starting January 1, 1919, through May 2, 1966 to veterans of World Wars I and II, and the Korean Conflict. The

only VA-administered program now open to new issues is Service Disabled Veterans Insurance. This program without dividends, is available to veterans with service on or after April 25, 1951, who have a service-connected disability.

During 1988, the 1,672 holders of U.S. Government Life Insurance (prefixed by "K") will receive a total distribution of \$499,000 in dividends. Most of these policies were issued during World War I.

Approximately 203,000 World War II veterans who kept their National Service Life Insurance (prefixed with "V") in force will receive a total dividend distribution on these policies of \$66.3 million.

The newer Veterans Special Life Insurance (prefixed with RS and W) will pay out a total of \$9.3 million to 33,284 policyholders.

The Veterans Reopened Insurance (VRI) program will pay \$4.0 million in dividends to 16,430 holders of J, JR and JS policies.

Dividends for individuals covered under each program will vary according to age, plan and length of time a policy has been in force.

A Letter from Lulubelle...

...Hallelujah!! I have lived long enough to see it happen...someone is publishing a magazine "for the woman who wasn't born yesterday"...Well, it's about time...I have spent years looking through all the glossy magazines at match stick models who all look like thirteen-years-olds dressed "grown up"...What a joy it will be to see pages of women!!...This new magazine, to be called *Lear* and which is now seeking charter subscribers (count me in!), plans to feature articles of all kinds for those women beyond the "early dating, set up your home, be pregnant" group...Now I must admit that women in the first full color advertisement about the new magazine, although they are obviously adult women, do look rather thin and are all very nice looking—I didn't see one double chin or bulging waist line, but I guess we really want to look at people who look as we wish we did, rather than portraying the rest of us as we really look—how could any magazine go that far?!...I've already sent in my subscription and I can hardly wait for the first issue to see if it'll be something special for me, the woman who certainly wasn't born yesterday....Keep an eye out for it and see what you think.

Yours, Lulubelle

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'Money Makeover 1988'

Whether you're looking for a job, on the job, or planning your retirement, the beginning of a New Year is the perfect time to re-examine your finances. The Nassau County Office of Women's Services will present a program titled, "Money Makeover, 1988," on Tuesday, Jan. 26, from 9:30 am to 12 noon at its new Hempstead location, 243 Fulton Avenue.

The major presentation, "The New Tax Law and You," will focus on 1987's transitional changes as well as provisions effective in 1988 which affect the average taxpayer. There will be ample opportunity for questions following the talk.

Conference participants will then select one of the following workshops:

Career Search in a Changing Economy; Financial Aspects of Employment; or Pre-Retirement Planning.

Speakers will include Office of Women's Services professional staff and representatives from the Internal Revenue Service and the Nassau County Department of Senior Citizens Affairs.

Call 564-8250 for free reservations or further information about this program or any other service offered by Nassau County Office of Women's Services.

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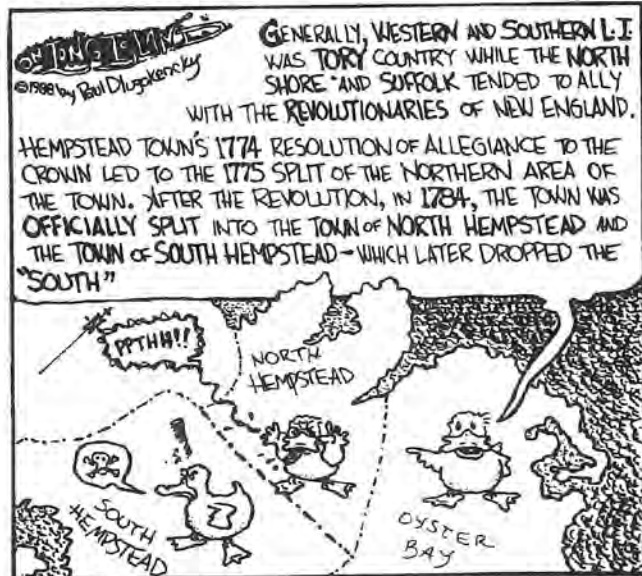
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- East Northport Voice

ROBERT R. McMILLAN'S Direct Line

I have to admit that I am a TV remote control junky—much to the chagrin of my family. But, the other day, while "spinning the channels" I came across Elton John's video, *Candle in the Wind*. Just as I hit MTV, the video portion showed a picture of Marilyn Monroe entertaining soldiers in Korea around thirty-five years ago. The sight brought back many memories, because I was there.



Robert R. McMillan

A few days before Marilyn Monroe was to entertain at Camp Casey in Korea, I received a call from the Colonel responsible for the 119th Engineer Combat Group. Lieutenant McMillan—get up here right away! That was the first—and

only—call I ever received directly from the Colonel. Many questions flooded through my mind as I raced, in my jeep, to the Headquarters. Could there be some move by the North Koreans? Were we going to Vietnam?

On arrival at the Quonset hut housing our Engineer Headquarters, I was quickly ushered into the Colonel's office. At one end of the office was a large situation map. The Colonel pulled the map down and said, "We need your water trucks." Now, let me digress for a moment at this point. The water trucks in my Company were regularly used to wet roads so that equipment, particularly artillery, could be mov-

ed without Chinese or North Korean spotters observing road dust. The dust was a clear give away that something was up on our side—thus, water sprayed on the road before moves made it more difficult to track what we were doing.

The Colonel went on to explain that he wanted a stretch of road from a helicopter pad in Camp Casey to the General's Dining Room and to a large amphitheater sprayed with water to prevent dust. But, Colonel, I protested. "The spotters can't even see this area." It was then that the Colonel revealed to me the reason. Marilyn Monroe was to land by helicopter at Camp Casey and no road dust was to touch her!

When I got back to Company Headquarters and explained the mission to the operation's sergeants, I was overwhelmed with volunteers who wanted to drive the water truck. Never before had one of our engineering assignments drawn so much attention. Several hours before her scheduled arrival, an overstuffed water truck lumbered to the Camp Casey helicopter pad. On board were several sergeants, the normal driver (we felt that was only fair), and a young Lieutenant McMillan. We put so much water on that road that it almost washed away.

After convincing the Military Police that it was essential for us to stand by for Marilyn Monroe's arrival, we stationed ourselves right next to the helicopter pad. Soon, we heard the sounds of a large helicopter coming from one of the valleys. Next, there was Marilyn Monroe. She was beautiful. With a wave and a kiss unmistakably—we felt—thrown to all of us on the truck, she was off in the General's jeep. Three Sergeants, one private and one Lieutenant had come face to face with Marilyn Monroe. Sing on Elton John—it was beautiful.

Questions and opinions may be addressed to Mr. McMillan, Anton Community Newspapers, 132 East Second Street, Mineola, NY 11501.

An Introduction

In this my first column, I thought that it would be appropriate to let you know something about my background and what I hope to accomplish by being "Your Man in Washington."

Since I have resided for most of my life in Glen Cove, I can pretty much qualify as a native Long Islander. I am a graduate of Glen Cove

High School and Tufts University. In addition, I have attended Dartmouth College and the Fletcher School of Law and Diplomacy. Some of my heroes/role models include: Abraham Lincoln, Franklin Roosevelt and John and Robert Kennedy.

Prior to joining the Anton Community Newspapers, I was a member of the staff of Congressman Robert Mrazek (D-Centerport). Like a number of other people of my generation, both Republicans and Democrats, I became involved in politics because it represents a way of making the world a better place for the next generation.

Long Island's own Theodore Roosevelt once used the arena as a metaphor for both politics and life when he said, "The credit belongs to the man who is actually in the arena, whose face is marred by dust and sweat and blood, who knows the great enthusiasms, the great devotions and spends himself in a worthy cause; who at best, if he wins, knows the thrills of high achievement, and, if he fails, at least fails daringly, so that his place shall never be with those cold and timid souls who know neither victory nor defeat."

I am proud to say that I have spent my share of time in the arena. Through this column, I hope to give you a better understanding of what is going on in Washington and how it affects your daily life. Whether we like it or not, there are countless decisions made in Washington which impact on our lives. One of my goals in writing this column is to make you a Washington "insider."

Washington is a city unlike any other that I have ever known. Many times it reminds me more of a small town, Washington has an unbelievable amount of gossip and rumors. Washington is also a com-

pany town. The company is, of course, the Federal Government. The only product that the Federal Government produces is paper, lots of paper. There are also a large number of people always coming to and leaving Washington. Very few individuals ever come to Washington with the expectation or hope that they will remain here for the rest of their lives.

It is impossible to spend any length of time in Washington and not develop a sense of America's history. One observer once commented that if our Nation did have a national shrine, it was the U.S. Capitol. The brilliant dome of the Capitol dominates the entire city. Indeed many of our nation's hopes, dreams and tragedies are part of this historic building. The British sacked and

looted the building during the War of 1812, Abraham Lincoln ordered the dome completed in the hope that our Nation would indeed have a new birth of freedom, and from its east portico, Franklin Roosevelt gave an entire nation hope when he assured us that we had "nothing to fear but fear itself."

I have always found politics to be a most fascinating game. In some respects, politics is no different from any of our other organized sports: there are players, rules and regulations, umpires, and winners and losers. It is interesting to note how many sports expressions and metaphors have crept into the vocabulary of politics. For example, "dark horse," "hard ball" and "game-plan." I will attempt to do for politics what John Madden has done for the game of football. That is to say I will diagram the plays and explain what happened the way it did and why.

Throughout the entire world, there is probably no greater symbol of freedom than the U.S. Capitol. As a nation, we need to be reminded that our strength comes ultimately not from the force of our arms but from the strength of our ideals.

This column is not a one-way street. I eagerly await your comments, ideas, and suggestions. Please send to Martin Burns c/o Anton Community Newspapers, 132 E. Second St., Mineola, NY 11501.

MARTIN BURNS

Our Man in Washington

Letters From Our Readers

Letters to the editor are welcomed by the editors and publishers of the Anton Community Newspapers. However, they must follow certain guidelines in order for us to print them: they should be as short as possible; we reserve the right to edit in the interest of space; they MUST be signed (a typed name at the bottom will not suffice); they must include an address and telephone number so that we can verify their authenticity.

We receive many fine letters which we would like to share with our readers, but we are unable to use them because they are unsigned or have a typewritten name only.

We cannot publish every letter we receive because of space limitations, but we try to present both sides of all issues. Personal attacks and letters considered to be in poor taste will not be printed.

To The Editor:

I wish to take this opportunity to thank you for publicizing the American Cancer Society's recent Walk-Jog fundraising event.

The American Cancer Society is a voluntary organization dedicated to the control and eradication of cancer. The goal of the Society is to save more lives and to diminish suffering from cancer to the fullest extent possible. This is accomplished through the

Society's programs in public education, patient services and research.

This year, Long Island Division volunteers reached more than 372,000 people with life-saving education programs which focused on early detection and prevention. These programs included Breast Self Examination, Taking Control, Colorectal Cancer and Fresh Start Stop Smoking Clinics.

Direct service to cancer patients and

their families is provided by the Society through programs such as Reach to Recovery, whereby more than 1,000 new breast cancer patients were visited in hospitals this past year by trained volunteers. Road to Recovery provided more than 2500 rides for cancer patients to and from treatment centers and physician's offices. A cancer information service, counseling and financial aid are also available through the Long Island Division.

Research into all aspects of cancer is a major thrust of the Society's activities. Presently 19 research grants on Long Island are being supported by the American Cancer Society at Cold Spring Harbor Laboratory and the State University of New York at Stony Brook totaling \$1,411,813.

On behalf of the Society and the community, we wish to express our thanks for your support of this our Ninth Annual Walk-Jog. Your continued involvement in

ASK OUR MAN IN WASHINGTON

Question: I have heard that my Congressman or Senator can get me special V.I.P. passes to the Capitol, White House, FBI Building and the Kennedy Center for the Performing Arts. Is this true?

Answer: Yes, each Congressman and Senator does receive a very limited number of V.I.P. passes. If you are visiting Washington at one of the busy times of the year (for example, during the Cherry Blossom Festival), it is imperative that you request the tickets as far in advance as possible. In addition, if your Congressman or Senator's office tells you that they do not have any tickets available, please try to be understanding. Each Congressman and Senator has a very few passes and they are very hot commodities during the busy times of the year. Also, your Congressman or Senator's office would be happy to provide you with information about what public tours are available.

Question: Which is the more powerful body, the House of Representatives or the Senate?

Answer: Although Senators are generally thought to have more prestige than Congressmen, rather than view one body as more powerful than the other, I feel that it is more accurate to regard them as different institutions. So, in many respects your question is like comparing apples and oranges.

Under our Constitution, both the House and Senate have some different and unique powers. The Senate, for example, confirms justices to the federal judiciary, while all revenue bills must originate in the House.

It is generally accepted by historians that the Founding Fathers intended the House to be more responsive to the people, while the Senate would be a more thoughtful body less subject to the whims of public opinion. This is the reason that Congressmen are elected to two year terms, while Senators are elected every six years. In addition, although Congressmen have always been directly elected, until the passage of the 17th amendment to the Constitution, Senators were elected not by popular vote but by the individual state legislatures.

In answer to your question, neither the House or Senate is more powerful. Rather, they are two different institutions with their own particular roles to play in our governmental system.

the conquest of cancer is deeply appreciated.

Edward J. Lynch
Walk-Jog Committee Chairman

To The Editor:

The officers and members of the American Heart Association Nassau Chapter acknowledge with thanks the memorial contributions made by members of the community during the past year. Memorial gifts have helped support research which has given us better methods of preventing, diagnosing and treating heart disease. The improving lifestyles in this country show that Americans are serious about reducing their risk of heart attack.

As we start this new year, we would like to share the Association's "Fact Sheet on Heart Attack, Stroke and Risk Factors" with area residents so they too can live a longer, healthier life. This information can be obtained by writing to the American Heart Association-Nassau Chapter, 305 Willis Ave., Mineola, N.Y. 11501.

John B. Morrison, M.D.
President

KITCHEN, BATH & HOME INTERIOR IDEAS

Confusion, Bumps, Clutter Are Signs of Poor Planning

Brought to you by Don Boico, CKD, CR

We often refer in these columns to good kitchen planning. But what are some of the signs of poor kitchen planning? Actually, anyone might be a victim of poor planning, suffer its consequences and never realize that the problems are nobody's fault but can be blamed on the kitchen itself.



For example, do you sometimes open the refrigerator door and bump the open dishwasher or oven door on the other side of the kitchen? Or do the kids, or anyone else, continually bump things against an open appliance or cabinet door that extends across the entry to the kitchen?

These are signs of poor kitchen planning. And there are a lot of other more subtle signs.

Maybe there always is a lot of clutter on your countertops, like small appliances that ought to be somewhere else, or knives or odd dishes brought out for a special occasion.

Or maybe you can never quite get away from a sense of confusion in your kitchen, not quite knowing where to put something or where to get something.

In a well-planned kitchen such problems don't exist. They are solved in the planning process.

You can see such solutions in a tour of our displays. So come in soon, walk around and look them over. And don't blame yourself for the sins of your kitchen.

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NASSAU PARKS & MUSEUMS

Compiled By SHIRLEY D. FELS

Free cross country ski clinics conducted by Eastern Mountain Sports will be held at Christopher Morley and Eisenhower Parks on Saturdays, Jan. 23 and 30, respectively. The program begins at 10 a.m.

Instruction in how to ski will be provided as well as how to choose the proper equipment and clothing. Participants should bring their own equipment. For information call 542-4439.

★★★★★

A men's exercise program entitled "Shape-Up Time", will be offered at Echo Park at Nassau and Roosevelt Blvds. in West Hempstead, for men 18 years of age and older. Registration is required. For information call 202-9000, ext. 219.

★★★★★

The "Long Island Artists Exhibition" opens Sunday, Jan. 24, and will remain on View through March 6, at the Nassau County Museum of Fine Art.

This annual exhibition focuses on the diverse talents of artists who live and work on Long Island. It is installed as a series of one-person shows presented throughout the Museum's galleries.

The museum is located off Northern Boulevard in Roslyn. Admission is free. For information call Janice Parente or Susan Gettler at 484-9337.

★★★★★

"Winter-Spring Slimnastic" classes for women 18 years of age and up, will be offered at Averill Boulevard Park in Elmont on Mondays, from 10:30 to 11:30 a.m. and from 7 to 8 p.m.; Wednesdays, from 10:30 to 11:30 a.m.

The registration fee is \$20, with a senior citizen discount rate of \$10. All classes begin the first week in February. Registration for the day classes will be held at the park on Wednesday, January 27, from 10:30 a.m. to noon. To register for the evening classes call the park at 437-4070, from 1 to 4 p.m. on January 27.

★★★★★

An 1845 Militia court-martial will be re-enacted at Old Bethpage Village Restoration, Round Swamp Road in Old Bethpage, on Sunday, Jan. 31, from 1:30 to 3:30 p.m. Admission is \$4, \$3 for Nassau residents and \$2 for children, ages 5 to 18, and senior citizens. For information call 420-5280.

LIRR Commuters Invited to Speakout

Riders of the Long Island Rail Road (LIRR) are invited to a Commuter Speakout on Wednesday, January 27, 1988 at 4:30 p.m. The speakout will be held in the LIRR Waiting Room at Penn Station, near the information booth.

The speakout is being sponsored by the Long Island Rail Road Commuter's Council (LIRRCC) to give commuters an opportunity to meet members of the council, discuss their impressions of LIRR service, and their primary needs and concerns for the future.

"The speakout is another means for the council to keep in touch with other commuters. The purpose of the council is to represent the riders' interests to the railroad. In order to do so, we want to maintain close contact with other riders, and make ourselves accessible to them," said council chair Anne Demin, a commuter from Baldwin. "The reason we are holding the speakout in Penn Station is to make it as easy as possible for commuters to attend."

The LIRRCC was established by the New York State Legislature to represent the interests of the rider. Members, who are volunteers and commuters, are appointed by the Governor on the recommendation of the Nassau and Suffolk County Executives.

C.S.E.A. Retirees Meet

The next regular monthly meeting of the Nassau County Retirees Local 919 C.S.E.A. will be held on Tuesday, Jan. 26, at Levittown Hall, Levittown Parkway & Beech Lane, Hicksville. The meeting will start at 1 p.m. Refreshments will be served and there will be a guest speaker.

Meetings are held at the Nassau County retirees who worked for a local, county or state agency or who are a part of the N.Y. State Pension System.

For more information call 489-2627 or 221-1782.

LICA Meeting to Discuss Communications Careers

The next meeting of the Long Island Communicators Association will be held Jan. 26 beginning with cocktails at 5:30, followed by dinner at 6. It will take place at The Marcipere Restaurant on Route 110 in Melville and the fee will be \$18 for members and \$20 for non members. To RSVP call Marilyn Broderick at 349-2023.

The speaker for the evening, Arnold Huberman, is Executive Vice President of the Goldman Group, an executive search firm specializing in placing public relations and marketing professionals. His talk will include managing your own career, packaging your skills for today's job market and surviving in a turbulent environment.

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488-0710
(loc. of Shoppers Village)

B U S I N E S S A N D F I N A N C E



ROSLYN RESIDENT NAMED CITIBANK OFFICER-IN-CHARGE

The appointment of Ron Pellechia as Officer-in-Charge of Citibank's Nassau branch has been announced by Herbert H. Myers, Vice President and Director of Citibank's Long Island Retail Bank. Mr. Pellechia's goal as Officer-in-Charge is to provide excellent service in meeting the financial needs of his customers. He has been with Citibank for 30 years. A Roslyn resident, Mr. Pellechia and his wife have three children. He is a member of the Kiwanis Club and Fundraising Chairman for the Nassau Boy Scouts.

First of Long Island Reports Gains

J. William Johnson, Chairman of The First of Long Island Corporation, has reported earnings per share of \$2.23 in the third quarter of 1987 as compared to \$2.09 in 1986. The Corporation's total net income for the first nine months of 1987 was \$2,972,614, a gain of 6 percent over the prior year.

The First of Long Island Corporation has as its sole subsidiary The First National Bank of Long Island, established as The First National Bank of Glen Head on Oct. 1, 1927. Currently there are eight offices in Nassau and Suffolk counties. The First of Long Island expects to open its ninth office in Hicksville this month. This office will be the Bank's second commercial banking unit; the other located at 3000 Marcus Avenue in Lake Success.

1988 Long Island Association Leadership Elected

Long Island Association members re-elected John V.N. Klein, managing partner of Meyer, Suozzi, English & Klein, as chairman of the Association for 1988 at the LIA's annual meeting recently.

Herbert H. Myers, vice president of Citibank, was elected LIA vice chairman. Mr. Myers has served as an LIA director since 1984, and successfully chaired the Long Island Association's Annual Awards Dinner Dance in 1986 and 1987.

James L. Larocca was re-elected president. James R. Albano, partner-in-charge of Deloitte Haskins & Sells, as secretary. Norman B. Adams, partner of Price Waterhouse, as treasurer. Alice Gelbert as assistant treasurer, and Gary Neil Sazer, partner of Parker, Chapin, Flattau & Kimpel, as legal counsel. In addition, new board member Harry Davittian, president of Entek Research was named chairman of the LIA Energy Committee.

Long Island business and civic leaders elected to the Board of Directors are:

Larry Austin, president, Austin Travel. Peter F. Barry, president, Hartman Systems. Michael L. Borsuk, managing partner, Coopers & Lybrand. Vincent F. Carosella, president, Jetson Direct Mail. Bernadette Castro, senior vice president, Castro Convertibles. Lawrence N. Cohen, chairman, president & CEO, Lumex. Harry E. Davittian, president, Entek Research. Thomas A. Doherty, chairman & CEO, Norstar Bank. William E. Greiner, president, Greiner-Malkz. William B. Hopkins,

Hofstra/LIBOR Offers Real Estate Certificate Programs

The Long Island Board of Realtors (LIBOR) and Hofstra University will again offer two, special Real Estate Certificate programs for the spring semester.

Designed for both the practitioner and the investor, all courses are given on the Hofstra campus, Hemsstead. The Certificate Programs will meet on Monday, Tuesday and/or Wednesday evenings, beginning Jan. 25 and ending May 11.

Upon completion of the program, which includes two required and four elective courses, students are awarded a Real Estate Certificate in either Real Estate Investment or Real Estate Practice.

More information on fees, registration and schedules may be obtained by calling LIBOR'S Education Department, (516) 661-4800 or (718) 730-8700.

'Women and the Law' Workshop

On Monday, Feb. 8, the Long Island Center for Business and Professional Women will present a round table workshop "Women and the Law" at their monthly dinner/meeting.

Five practicing attorneys will guide you in establishing your personal goals and achieving your just dues. The guest speakers and topics to be discussed are: Norma G. Blumenfeld - Tax Aspects of Business Transactions; Dorothy L. Hukill - Business Needs (owning and operating a business, personal finances); Katherine Levitan - Divorce and Separation; Renee G. Mayer - Juvenile Proceedings; and Lea Ruskin - Torts (accidents, medical malpractice, products liability).

The meeting will take place at the Holiday Inn in Plainview at 6:00 pm. The cost will be \$20 for members and \$25 for non-members with dinner included. Since reservations are mandatory, please call the Center at 673-0209 if you wish to attend.

The Long Island Center is an island-wide networking organization for executive level, professional and entrepreneurial women. Anyone interested in more information on the Center should contact the Long Island Center, 165 Pidgeon Hill Road, Huntington Station, NY 11740 or call 673-0209.

president, Roosevelt Raceway. Patrick J. Lannotta, president, Ecolotrol. Robert M. Johnson, publisher, president & CEO; Newsday. John M. Kennedy, business manager, IBEW - Local 24. Paul C. Kreuch, Jr. executive vice president, National Westminster Bank (USA). Paul J. Leyden, senior vice president, Long Island Division, Bank of New York. William L. Maher, of counsel, Cullen & Dykman. Brian M. Maloney, vice president/general manager, Harris Corporation. Government Support Systems. John H. Marburger III, President, SUNY at Stony Brook. Elliot Mayrock, principal, M. Fortunoff of Westbury. Robert R. McMillan, partner, Rivkin, Radler, Dunne & Bayh Kurt Merl, president, Shipboard & Ground Systems, Unisys C.R. Merolla, president & CEO, Bank of Long Island. Donald J. Middleton, president, Middleton Kontokosta Associates. Salvatore J. Nuzzo, chairman, Hazeltine. John O'Brien, president, Grumman. John Racanelli, general partner, N. Racanelli Associates. Spencer Ross, president, National Institute for World Trade. Joseph G. Shapiro, managing director, Commander Oil. James M. Shuart, president, Hofstra University. Edwin H. Shutt, Jr., chairman, president & CEO; Tambrands. Sally Ann Slacke, president, Slacke Test Boring. Robert J. Thrasher, general manager/Long Island, New York Telephone. Ronald J. Weleby, president, Bowne Management Systems. Marie Zere, president, Marie Zere Associates.

The Investor's Corner

By JOSEPH P. FREY, Ph.D.

What's So Bad About A Trade Deficit?

The other day in Cleveland the president made a speech that laid the groundwork for any economic turnaround to be blamed on the analysts who are gloomy. The "doom-criers" will scare the people into a recession, people who will go on strike and quit buying." If he can do this one, it will be the trick of the century.



JOSEPH P. FREY

In addition to that, he stated that the trade deficit was a sign of economic strength. It takes a bit of convoluted thinking to get to that position. Rather, I wish he had said that a trade deficit, of and by itself, is not necessarily an evil thing. When this column looked at the "J" curve last year, we examined this deficit.

In reality, the fact that we are running a trade deficit is not terribly important. During the period of the greatest growth in this country, the 1800's, a period when the modern world was born, we had almost 100 years of continuous trade deficits. It is not a real important statistic, despite all of the noise you hear about it.

It is seen as important for now. Do not forget that Meltdown Monday was, to lesser degree, influenced by a trade deficit figure that did not decline as much as the analysts had predicted. A solid decline was seen in a bad light, despite the fact that everyone wants it to decline.

It all reminds me of the days of yesterday (about 3 years ago) when everyone looked at the M-1 figure and the market reacted violently to that. That statistic is all but ignored today. The trade deficit will be ignored in the future as another fad takes over.

To put the deficit into perspective and to support President Reagan's position, we need to look at what influences the deficit, especially with Japan. The trade deficit has not declined for a variety of reasons. First, many raw materials are priced in terms of dollars, especially oil. This means that as the dollar falls in value, the raw materials that our trading partners buy fall in value and are cheaper for them. Cheaper costs mean that they do not raise their prices as fast, so we keep buying. The price of oil has been falling fast, faster than the dollar, so they are ahead. (So are we).

Third, our trading partners made enormous profits and had huge profit margins when the dollar was strong and their money was cheap. They cut their profits and their profit margins as the situation changed. This slowed the price rises, so the imports kept coming.

Fourth, and very important, the US manufacturers raised their prices as the foreign companies had to raise theirs. So our domestic profits are very high, but the imports keep coming. Fifth, the philosophy of management, here and abroad, the Japanese take a very long view. They have been buying plants and real estate in America, everything, and in all major cities. They have been able to cut some ill effects of the weak dollar by shifting some of their manufacturing to the US. This decreases the pressure on them. As we said before, US management is very short-sighted.

Last, but not all, there are many products that we must buy abroad, even if we do not want to do so. We do not make TV's, VCR's, or produce enough oil. So the imports keep coming.

This situation has produced some boom times for our domestic manufacturers, while it has not killed the economies of our trading partners. So what's so bad about a trade deficit?

Doctor Frey is a professor of investments and finance at LIU/CW. Post Campus on Long Island. If you wish a copy of his "Ten Rules to Get Rich and Keep It, 100," send a large, stamped, self-addressed envelope to Anton Community Newspapers, 132 East Second Street, Mineola, NY 11501, Attn: Dr. Frey. If you have questions you wish answered, send a separate envelope, include your telephone number. Dr. Frey will answer your questions as his time permits.

Fidelity Investments Introduces TDD Program

Fidelity Investments, the nation's largest privately-held mutual fund and discount brokerage company, has installed Telecommunications Devices for the Deaf (TDD's) enabling deaf and hearing-impaired individuals nationwide to contact its registered representatives. Fidelity is one of the first financial services companies to offer this service.

Fidelity's TDD service is available to mutual fund customers Monday through Friday from 8 a.m. to 6 p.m. EST via an exclusive toll-free number - 1(800) 544-0118. Through typed messages, investors can place mutual fund trades and receive sales and service informa-

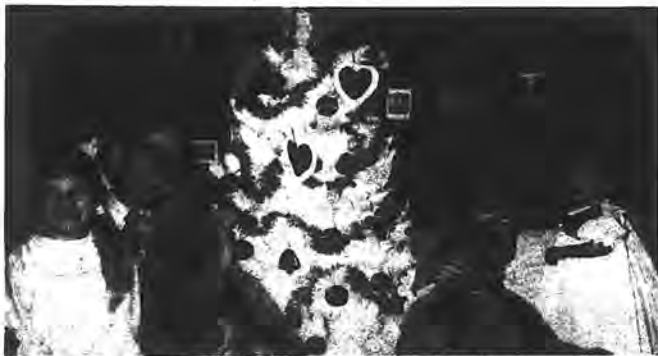
tion and price quotes for more than 60 Fidelity funds.

"Fidelity ran a very successful TDD pilot program in September," said Chris Wilson, director of telephone services for Fidelity Investments. "Now quite a few of our telephone representatives are specially trained to use the TDD and are eager to service investors."

"Although the service is currently available to only mutual fund customers, we hope to offer it to brokerage customers in the future," continued Wilson. "We also hope to expand the service to 24 hours."



SPECIAL THANKS TO REALTORS: Maria Ortiz of Ecuador (back to camera), a recent resident of the Ronald McDonald House in New Hyde Park, says "thank you" to the Long Island Board of Realtors (LIBOR) for its \$10,000 donation to this "home away from home" for seriously ill children. The donation is part of the Board's ongoing commitment to the children's house. At the presentation were (l. to r.) Lyn Jurick, past president of Ronald McDonald House; Lee Rothleder, 1987 LIBOR president; Mary Ann Figoski, 1988 LIBOR president; and Jeanne Harmon, president of Ronald McDonald House.



ST. FRANCIS HOSPITAL, The Heart Center in Roslyn, welcomed the generosity and holiday spirit of B. Altman & Co., Manhasset in presenting special, limited edition Gund teddy bears to pediatric heart patients. Presenting the special gifts are Barry Teplitzky (second from left), store manager from Dix Hills and Madeline Birnbaum (standing, right), Special Events Director from Great Neck. Cardiac patient Ewa Konopacka from Poland (front left), age 7, and 15-month old Elsa Josefina, shown at right with her mother Mrs. Guerrero, happily accept the gifts. The children were admitted to St. Francis Hospital sponsored through the Gift of Life Program which provides open heart surgery to needy children from foreign countries.

Beauty Pageant Seeks Contestants

Applications are now being accepted for the 1988 Miss Long Island-New York Teen All American Pageant to be staged April 30 at the Viscount Hotel at JFK Airport. The Long Island-New York event is the official preliminary to Miss Teen All American—now in its eleventh year and staged annually at the Sheraton Bal Harbour Resort on Miami Beach.

All judging is on the basis of poise, personality and beauty of face and figure. Applicants who qualify must be at least 13 years of age and under 19 years of age as of Dec. 31, 1988. For entry information, send a PHOTO

along with your NAME, ADDRESS and TELEPHONE NUMBER to:

Miss Long Island-New York Pageant-Dept 2
40 Central Park South - Suite 2H
New York, NY 10009

Among her many prizes, Miss Long Island-New York Teen All American will receive an EXPENSE-PAID TRIP to Florida where she will participate in the Miss Teen All American Pageant.

Miss Long Island-New York Teen All American will also be awarded a host of prizes including cash and luggage.

TO YOUR HEALTH

By RICHARD H. BLAU, M.D.

Arthritis and Visual Problems Linked

It is well-recognized that significant visual abnormalities are associated with many forms of arthritis. Doctors are not certain why this relationship exists. Rheumatologists, (arthritis specialists), estimate that more than 10% of the various forms of arthritis can be associated with visual problems.

Types of arthritis which are associated with eye problems are: rheumatoid arthritis, juvenile rheumatoid arthritis, systemic lupus erythematosus, Sjogren's syndrome, ankylosing spondylitis, scleroderma, temporal arteritis, sarcoidosis, and gout.

The signs and symptoms of eye involvement may be redness of the eye (conjunctivitis), eye pain, or a decrease in vision. Occasionally eye problems may occur prior to the onset of arthritis. Usually these problems arise after arthritis has developed.

The symptoms can be fleeting and overlooked, as occurring in Reiter's syndrome. Blindness may occur if left untreated, as in Temporal Arteritis. Often the problems are mild and can be suc-

cessfully treated if detected early.

Arthritis symptoms include painful, red, warm or swollen joints, morning stiffness, or muscle aches. Should you have either symptoms of arthritis or eye problems, you should visit your physician promptly.

Most rheumatologists are keenly aware of the relationship between the eyes and the joints. They are very careful to detect any abnormalities. An exact diagnosis of the type of arthritis you have is very important. Since there are over 100 types of arthritis, and each one requires its own treatment, a careful examination is important.

If any eye abnormalities are detected, the rheumatologist will work closely with the ophthalmologist. Careful attention should be made to adjust both the eye medication and the arthritis medication. Usually, visual problems improve as the arthritis improves.

Arthritis strikes one out of seven people. Learn the facts. Call for your complimentary copy of "The Joint Approach - An Arthritis Overview."

Dr. Richard H. Blau is a board-certified Rheumatologist practicing in Manhasset, 516-482-6822 and Westbury, 516-997-6823.

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S A L E S D A Y S

Turnbury Furriers



Here's a sale that will keep you warm from head to toe. Turnbury Furriers' (806½ Jericho Tpke., Woodbury) Winter White Fur Sale is in full swing, with 30%-60% savings on mink, raccoon, coyote and fox in this season's most fashionable styles and colors. There are long coats, short jackets and 7/8 mid lengths for every occasion, every budget. Three generations of fine repairs, remodeling alterations and custom fur styling, make Turnbury the first and last stop for wise fur shoppers. Call 692-6660.

Bed 'n Back

Give yourself a midwinter break—Bed 'n Back is in the midst of their spectacular January sales event. If your back has been yearning for comfort and support, now's the time: The Backsavers-Bionic Chair, with three way positioning and steel reinforced balance bar has been reduced \$100. Balans Tripou's uniquely designed recliner (it's light and airy, stylishly designed in light oak) is price slashed \$100. And for the ultimate restful sleep, the Somma waterbeds are marked down \$200.



Even your feet get a treat at Bed 'n Back—Birkenstock shoes and Romika and Gortex boots and shoes are 20% off. The store is at 209 Middleneck Rd., Great Neck (466-8222), and

you can make yourself feel good all over with their vast selection of relaxations—all at special January prices.

The Rose Shop

It's January, and "everything's coming up..." you guessed it—Roses! At the Rose Shop's annual winter sale, where sportswear, sleepwear and accessories are 30% off. The Port Washington

(48 Main St.) boutique is making way for new merchandise and giving you a great opportunity to look your best—at work or play—while you save a bunch of roses, of course!

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S A L E S D A Y S

Papyrus

Now you can give yourself those luxury desk accessories and writing tools that were such special gifts last month. Papyrus (5 Bond St., Great Neck) says it's time to treat yourself...with a fine pen by Dunhill, Cartier or Caran d'Ache—at 30% savings. Or trim your desk with the Georg Jensen line of extraordinary accessories at 40% savings. If Brass is your accent, brighten your office with handsome accessories at 40% discounts. (466-8152)

JV Jordan

Stylish, designer sportswear is making the news at JV Jordan (42 Forest Ave, Locust Valley.) Just in time for the rest of your winter wardrobe, this delightful boutique is offering Savings of 30-70% off winter merchandise. And, if there's a cruise in your future, JV Jordan's cruise line is "entering port" daily with 20% discounts on 1988's newest looks! (676-6444)



Especially for Children

The ultimate shop for children, a fantasy land of toys, dolls, cuddly bears and clothing for boys and girls - that's Especially for Children.

Located at 14 Cold Spring Rd., Syosset, you'll find winter clothing at 30-50% clearance reductions. Dolls are sale priced at 20% off - perfect for your own little doll. (304-8504)



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Country Lady, Country Children

The top designers are on sale at Country Lady Country Children. This winter's warmest fashions by Albert Nipon, Flora Kung, Calvin Klein, Semplice Echo and others, at up to 75% off regular prices are melting the ice at 20 West Main St., Oyster Bay.

Customers will delight in the selection of clothing for the whole family, and accessories for gifts and your own home. There's china, crystal, silver, wicker and more at this charming shop.

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North Shore University Hospital Auxiliary Photo Contest Select Winners

Forty-eight photographs were chosen from among the more than 750 entries in this year's North Shore University Hospital Auxiliary Photo Contest. "The winners are harder to select each year, as the entries grow more and more professional-looking," said Manhasset resident Hilary Chilton, Auxiliary Vice President of Community Services. Winning photographs decorate the hallways of the Manhasset hospital, cheering patients and visitors alike.

Entries were submitted by hospital employees and friends from local communities as well as from hundreds of miles away. "Several of this year's winners have been among the winning photographers of past years, and have become old friends," said Frances Eidler of Seasingtown, Photo Contest Chairwoman. A panel of professional photographers which included James Strong, Marjorie Pilar, and Claus Mroczynski, selected the winning photos.

This year's winners were welcomed at a reception held recently at the hospital. Shutterbugs had the opportunity to meet one another and see their photos hanging in the hospital corridors.

Twenty-five photographs were chosen as winners in the slide category. "Red Pine" by William Lack of Great Neck, was the first prize winner. Charlotte Wermer, of Stamford, Connecticut, took second prize with "Fall Sparkle," honorable mention with "Glaciers" and was a special selection winner with "Cocktail Hour." George Gaynor, of Albertson, won third prize for "Going Home" and honorable mention for "Oronoco Girl." Edith Schwartz of Levittown, was an honorable mention winner for "House in the Valley," and a special selection winner for "Wash Day in the South." Robert J. Ulberg, M.D. of Roslyn, was an honorable mention winner for "Omlyn." Margo Kahn, of Manhasset Hills, won honorable mention for "Shamrocks" and special selection for "Summer's Last Rose." Port Washington's Michael Gross' "Labour of Love" took honorable men-

tion, as did Port Washington's Marika K. Mammias' "Sleeping Seal." Erick M. Kahn of Manhasset Hills, was an honorable mention winner for "The Fur Hat," and Herbert Huebscher of New Hyde Park, received honorable mention for "Impalas at Dusk" and special selection for "Hats."

Other winners in the slide category were Bernard Salzberg of East Norwich, with "Gudoshniks," honorable mention, and "Autumn Follage" and "Orchids" in special selection; Georgette Black of Huntington, with "Tommy," honorable mention; Mary Marks of Muttontown, with "Summer Rains," honorable mention; Mary Jane Wasch, of East Hills, for "Tetons in Reflection," special selection; Burton Reyer of Great Neck, for "After Hours Club," special selection; Mike Schwartz of Levittown, with "Gables," special selection winner; and Marion Goldschmidt of New Hyde Park, "Harvest Time" in the special selection category.

The print category had 23 winning photos. First prize photograph was "Peace at Eventide" by Paul H. Walker of Sea Cliff. Herbert Huebscher of New Hyde Park, won second prize for "Lava Flow," and honorable mention for his photographs "Proud Lioness" and "Stepping Along." Miriam Guatelli of Westbury, was third prize winner with "Banana Perfection." Herbert Chessin, M.D. of Old Westbury, won honorable mention with "Kentucky Derby Tulips." Christine Urelichuck of East Farmingdale, won honorable mention with "Circles & Squares," and was a special selection winner with "Basket Pickin'." Oyster Bay's Caren Sager was an honorable mention winner with "Rainbow at Katahdin" and Kevin Dancher of Brooklyn, won honorable mention with "Kitty Cat Cart."

Other honorable mention winning photographs were "Marble Lous" by Myrna Bianco of Floral Park; "Two of a Kind" by Frank R. Loffredo, M.D. of Old Westbury; "The Bombs Bursting in Air" by Ken Docherty of New Hyde Park; "West Harbour at



"RED PINE" BY amateur photographer William Lack of Great Neck, was the first prize winner in the slide category.



PHOTOGRAPHER HERBERT HUEBSCHER of New Hyde Park, is pictured with "Proud Lioness", which was awarded second prize in the print category.

Dawn" by Monte Berkoff of Garden City; "Flamingo Row" by David Cruvant, M.D., of Plainview; and "The Beggar" by Barbara Greenberg of Roslyn Harbor. Special selection winners were "Primary Tanks" by Steve Caputo of Westbury; "Nature's Bounty" by Carolyn Gitman of Great Neck; "Fruit Salad"

by Michael Gilbert, M.D., of Glen Cove; "Serenity" by Richard Felner of Oyster Bay; "Just Slightly Ahead of His Time" by Maria Moricca-Calvery of Lake Ronkonkoma; "Mama's Penicillin" by Scott Kellman, M.D. of Manhasset Hills; and "Candy" by Lorie Slavin of Old Westbury.



WESTBURY RESIDENT MIRIAM Guatelli's "Banana Perfection", was the third prize winner in the print category.



ALBERTSON RESIDENT GEORGE Gaynor's photograph, "Going Home", was third prize winner in the slide category.



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H E A L T H & F I T N E S S

Compulsive Eating— A New Approach

by Randi Reelson, C.S.W.

If you have tried dieting in the past and failed, you are not alone. For most of us, dieting is a part of the problem, not its solution. The most recent research has shown that 98% of those who lose weight by dieting gain it back, and that 95% of those people gain back more weight than they lost by dieting! These statistics don't even address those people who never succeed in losing weight on a diet—the diet "drop-outs."

This research goes on to show that people who are not binge eaters before dieting, often become bingers once they begin dieting. Psychological and physiological factors are cited as the reason that dieting actually causes compulsive eating and bingeing.

"Naturally thin" people are those who do not diet, who eat whatever they want, and for whom food, eating and weight are not an issue, they think about food differently, eating when they are physically hungry. They eat only what they like and they stop eating when they are no longer hungry.

Dieting forces us to focus on external cues for eating, by prescribing what, how much, and sometimes, even when we may eat. We lose touch with our body's natural internal cues of hunger and satisfaction. Infants are a perfect example of this: if you try to feed a crying infant who is not hungry, you'll find it impossible to get the child to eat. They are still in touch with the body's internal signals about hunger and satisfaction. Dieting forces us to tune out those signals.

Overeaters tend to eat in response to psychological "hunger," turning to food for many other reasons besides physical hunger. We eat to "feed" psychological needs, then mentally "beat ourselves up" about overeating, telling ourselves we're "weak, undisciplined, gluttons." We then put ourselves on a diet, depriving ourselves on a diet, depriving

ourselves even more, and pushing ourselves farther and farther away from our natural ability to eat in response to physical hunger and satiation. Some of us even begin to believe and act out the belief that we can't be around certain foods; that we will lose control.

This vicious cycle: plan to diet...diet...binge...feel negative about ourselves...eat more...begins an unending downward spiral, lowering our self esteem and eroding our happiness. It is a no-win situation.

The only way out of this destructive, depressing cycle, is to STOP DIETING and begin a two-pronged approach toward ending that eating problem permanently. This approach, initiated by a prominent psychotherapist, has been successful with compulsive eaters in the U.S., Great Britain and Europe. It involves eating awareness training, which entails re-focusing on our body's natural signals, learning to discover: When to eat (whether or not you are hungry); What to eat (selecting the particular food you want from a gamut of foods); and when to stop eating (when your body has had enough to satisfy its real hunger). One learns, over time, to listen to and hear those internal cues.

The other "prong" is the psychological aspect. This is a process of identifying our psychological needs and "hunger"; of working toward being able to gratify or cope with these psychological needs in other ways than with food, and discovering what purpose the entire food-eating weight process serves in your life. It also includes learning what meanings "fat" and "thin" have for you.

While this two-pronged approach is not a quick process, it can free you from your compulsive eating forever! You'll never have to diet, deprive, or feel negative again. You be one of those "naturally thin" people.

Randi Reelson, C.S.W. has been working successfully with compulsive eaters using this approach, both individually and in groups. Each patient is seen individually for three to five sessions to determine an appropriate approach to the individual's problem. Groups meet weekly for 60 minute sessions.

Ms. Reelson will gladly answer your questions and meet with you for an initial consultation. Her offices are located at 199 Middleneck Rd., Great Neck. Call 487-3983 for details, and the formation of new groups.



Give Yourself The Chance of a Lifetime

Breast cancer remains the leading cause of cancer deaths among women, especially when you consider that approximately 1 in 9 women on Long Island will develop breast cancer in her lifetime. With early detection, more women who develop breast cancer are living longer and better lives.

Screening is the attempt to detect unsuspected disease in ostensibly healthy persons. The purpose of breast screening is to improve survival of women by detecting breast cancer at an earlier stage, even when it is non-palpable. The methods recommended by the American Cancer Society include monthly breast self-examination, clinical examination by a skilled examiner, and mammography. At this time, these are complementary procedures and the end results are improved when they are combined optimally.

Mammography is the most effective diagnostic technique to detect non-palpable (impossible to feel) or minimal breast cancers. It is of utmost importance that dedicated iodine equipment (used only for mammography) be used with adequate breast compression to bring out maximum detail at a minimal exposure. With these requirements in mind, Dr. Gail Phillips and Dr. Sheila Kumar,

Subaiya, formerly full-time staff at Long Island Jewish Medical Center, have recently opened Promedica Imaging, a facility designed to provide state-of-the-art ultrasound and mammography.

Both Drs. Phillips and Kumar-Subaiya are nationally recognized board certified women radiologists with many years expertise in mammography and ultrasound. At Promedica, mammograms are performed with dedicated iodine equipment by a female technologist, not only skilled, but sensitive and empathic to the patient's needs. Each patient is treated with respect, dignity, and professionalism in a private, anxiety-free atmosphere. Each mammogram is supervised by the radiologist and additional views are performed at the time of the visit. Breast ultrasound, to differentiate cystic from solid masses with 96-100% accuracy is performed when needed, using state of the art computerized ultrasound equipment. Each patient also receives instruction in Breast self-examination at the time of her mammogram.

Drs. Phillips and Kumar-Subaiya are working with the American Cancer Society as speakers in Queens and Long Island on Breast Cancer, mammography, and Public Education.

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Certified trainers evaluate your health and medical history as part of a free initial consultation. Your goals and training ability are carefully analyzed as part of a custom designed exercise program which is updated as your physical capabilities progress and you near your goals.

Fitness sessions, supervised by a trainer, may include low-impact aerobics (one foot is always on the floor and there is no bouncing) to burn excess body fat and increase CV endurance; calisthenics to strengthen and tone muscles; weight training to increase strength, enlarge and enhance specific muscle groups. Stretching exercises at the beginning and end of each session ensure flexibility, proper warm up and cool-down, eliminate soreness and provide protection against injury.

Catherine Marciano, President of Body

Design, recommends that classes be taken at least three times a week for visible results, and will prescribe a between session workout for less frequent classes.

Body Design provides a full array of light weights, workout rubberbands, safety mats, audio equipment and customized workout cassettes, at no additional cost. They will work with you, in your home or office, in small groups, with couples or one-on-one. Corporate programs can be arranged to get your own staff into peak physical shape.

Says Cathy, "response to each of these groups has been enormously enthusiastic. Because our clientele continues to grow, we have been able to keep our rates reasonable and offer the best in staff, equipment and methods. We were formerly known as Aerobics 'n More," she noted, "but our growth and expanded services entailed a name change."

Body Design-A Private Fitness Company, will bring its services to you, seven days a week, from early morning to late evening. Private Fitness includes scheduling that is as tailored to your needs as your personal fitness program. Call 487-4083 for complete details.

H E A L T H & F I T N E S S

Eye Safety...It's No Accident

Nine out of ten eye injuries are preventable, yet they cause impaired vision in millions of people annually.

A few simple precautions could save your sight. Here are some reminders from the National Society to Prevent Blindness:

FOR GARDENERS, DO-IT-YOURSELFERS:

Read all instructions on gardening tools, lawn chemicals, fix-up products carefully. Be careful of flying clippings when you prune shrubbery, of hurled pebbles when you mow the lawn. Remember, chain saws and axes can send wood chips and splinters in all directions. Keep others, especially children, away when mowing. The best precaution: wear safety glasses or goggles when doing these types of chores.

FOR SPORTSPEOPLE: Whether you're biking, playing baseball, or tennis, field hockey or badminton, even when tossing a frisbee or having a catch...observe the safety rules of your game and be aware of others playing nearby. Teach children to use their sports equipment safely, to give warning to others in the area, to stay out of the way of other

people's active games, where a ball, bat or racquet might catch everyone off guard.

FOR CHILDREN OF ALL AGES: BB guns (where legal) are dangerous and should only be used under responsible supervision, in non-populated areas. (Those pellets look tiny, but are propelled at high speeds.) Gas, air and spring operated projectiles (slingshots, bows and arrows, darts, toy guns) **SHOULD NEVER BE POINTED AT ANYONE ELSE!** Children should wear protective eyewear when participating in active contact sports or doing workshop projects. And, of course, adult supervision and care in selection of play and sporting gear are always the best safety insurance for young children.

IN THE SUN: Protection from sun glare and ultraviolet rays is especially important. Whether or not you need prescription lenses, sunglasses are essential. They should be of impact resistant glass or plastic, and, ideally, photochromic to block UV rays. Never look directly into the sun, it can cause permanent retinal damage.



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Vertech

Relief from back pain is now available at the new Vertech Back & Bed Store, 801 E. Jericho Tpke., Huntington Station (385-2400). Vertech is a franchised retail outlet that sells a wide variety of office chairs, home recliners, adjustable beds and other products for people who want to relieve or prevent back problems. It is the largest single source for back relief products for home, office and car.

Ergonomic office chairs, a major part of Vertech's offering provide adjustability for full support and comfort. With the ability to make finite changes in positioning, the user can work efficiently for hours with less effort and strain on the musculo-skeletal system.

Adjustable beds from Vertech's Gallery afford head and leg contouring adjustments to obtain optimum positions for comfort and relaxation, and built-in massage motors help relieve stress and tension.

Vertech carries specially designed car seats that can be used with all standard automobile seats, and seat supports that are adjustable to

fit the size of the user and the specific area of pain. The company offers a wide selection of home recliner chairs which are luxurious and orthopedically correct. Their line of specially designed rakes and shovels eliminates bending. Vertech also carries a wide variety of massage cushions, vibrators and cervical support pillows.

Vertech's personnel are trained in the application of every product they sell and skilled in interviewing customers, discussing their problems and suggesting the right product for maximum benefit. The company's research and development constantly reviews and approves new products and technological advances before adding them to the Vertech product line.

Working with doctors, physical therapists, chiropractors and patients is Vertech's forte. Reducing suffering from back pain is its purpose. Best of all, Vertech's methodology and products work!

Body By Berle

Exercise and diet are serious business at this one-on-one Nautilus fitness center. Your personal exercise physiologist takes you through your twenty 30-minute, three-times a week workout, providing the expertise, motivation, discipline and feedback so important to the achievement of your goal.

At Body by Berle, 224 Middle Neck Rd., Great Neck (487-7878), the atmosphere is professional, the exercise routines individually developed to meet your goals and physical capacities.

The Body by Berle method offers women a leaner, tighter, sexier appearance, a trimmer,

firmer, more muscular appearance for men. Not only is one assured of increased mental and physical awareness, they will find improvement in the performance of daily activities as well as a feeling of heightened physical well being.

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Who's Poking In The Refrigerator

by Keni Woodruff

Are you a midnight muncher? A secret stuffer? A closet cruncher? Who, me? "I want to eat alone" is not a famous line from a movie...it's a symptom of overeating that has some common manifestations, and a problem that keeps a lot of people overweight. Do you recognize yourself in any of these examples:

...You're just a little overweight. You order broiled fish, "no butter, please," drink your coffee black, no sugar, pass up dessert -- then go home and raid the refrigerator, pantry, cookie jar...

...You need to lose just a couple of pounds, you eat like a "bird" in public, you're a perfect lady. You don't think you deserve food, feel you look terrible when you eat and you see yourself much heavier than you really are.

...You're really heavy, you feel sorry for yourself, want your friends to feel sorry for you, too...but they can't understand why you don't lose weight: they never see you eat anything...especially the cake (all of it) you baked last night, the loaf of bread, the half gallon of butter pecan ice cream hidden in the freezer. You're even aware, in your heart-of-hearts that you're deceiving yourself.

Experts say that secret eating reinforces abnormal food habits, inhibits weight loss, can be a sign of serious eating disorders. Most secret eaters believe there are "good" and "bad" foods. They feel guilty about eating, feel uncomfortable eating in front

of other people, and deliberately arrange time alone to "enjoy" food.

Some tips to break the habit: Do plan meals in advance; eat filling meals that are varied, contain small portions; keep a diary of everything you eat; try eating what you really like in public.

Don't eat standing up; don't eat out of a container or right from the refrigerator; don't worry quite so much about your public image; don't continue to deny your problem--admit to it, try to get help; don't expect to break the habit overnight and don't set your goals so high that disappointment is built in.

Nutritionists say beware of fad diets...they often restrict the dieter to one food or group of foods, causing nutritional imbalances. While they offer quick weight loss, that also means loss of muscle mass and water, might cause flabbiness. Often the weight gain after rapid dieting is as quick as the loss. Many people tend to stay on these diets too long, and go on them without proper professional guidance.

Many local hospitals have nutritional centers, even diet programs for members of their communities. They will help you get the proper professional help you need for your own weight loss needs. They usually have community relations departments which welcome questions and will refer you to a reputable individual or organization that can help you.



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Randi Reelson, C.S.W.

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Contemporary Health Care Issues

Repeat Cesarean Sections... Are They Necessary?

The increasing incidence of cesarean births in this decade has become quite controversial in both the medical and public communities. Although primary cesarean section has been accepted as one of several factors responsible for delivering healthy babies, repeat cesarean section, which contributes to over 30 percent of all cesarean sections in the United States today, has not.

Today's current research supports the practice of allowing an adequately screened woman in a well controlled hospital the choice of vaginal delivery. A trial of labor is as safe, or safer, than an elective repeat cesarean section. This is good news for all women, for many patients desire to share their birthing experience with husbands and/or family members.

Childbirth educators as well as obstetricians are now urging their pregnant patients with previous cesarean sections to request and undergo a trial of labor. Before a woman selects a physician and a hospital, she should realize her new options and discuss them fully.

This medical news is being brought to you as a service by the Long Island Women's Health Care Group. We're a dedicated group of obstetrician-gynecologists who treat each patient as an individual. We're affiliated with the Maternal Child Care Center at Winthrop-University Hospital.

Michael M. Sher, M.D., F.A.C.O.G., F.A.C.S.
Gary M. Levine, M.D., F.A.C.O.G., F.A.C.S.
Lydia Valderrama, M.D., F.A.C.O.G.

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H E A L T H & F I T N E S S



Choosing A Psychotherapist

by Adele Spitzer, Ph.D

When a person has emotional problems that need attention, he or she is often less able to think clearly and more inclined to depend on "authority" than usual. Unfortunately, in choosing a kind of treatment or therapist, caution, critical acuity and the ability to think clearly are essential. The best way of handling the problem is to arm oneself with relevant information before a crisis occurs.

It helps to know, first, the kind or kinds of treatment that are appropriate for the problems one has. Among the most frequent forms of treatment for common psychological ailments are insight-based psychotherapy, problem-oriented counseling, and behavioral

therapies. Insight-based psychotherapy is most useful where the problem is deeply rooted and may affect many areas of a person's life. Problem-oriented counseling is indicated when the goal and the need are limited to a particular issue and/or a particular period in one's life. Some of the behavioral therapies are useful across a broad range of problems, even deeply rooted ones like depression or addiction. But they are often most effective when combined with insight-based therapy.

Once you have an idea of the kind or kinds of treatment appropriate to your problem, you should seek referrals and plan to interview between 3 and 5 of the therapists whose names

are suggested. Referrals can come from psychologists, psychiatrists, clinical social workers, or physicians who you know; or from friends, relatives, referral services, or social service agencies. If you're sufficiently confident of your ability to make sound judgements in an interview situation, you can select therapists to visit from advertisements in newspapers or the yellow pages.

Whatever the referral source, the more information you have about the therapist, the more judicious your choice will be. Question the therapists you interview and be attentive to the answers you get. Question the therapist about his or her academic background (what degrees, what subjects), training, licensing, experience and way of working. Ask particularly about the extent of his or her experience with patients whose problems are similar to yours. You also have a right to know how long the treatment is likely to take; the therapist should be able to make a rough estimate after the first 3 or 4 sessions. (Questions about fee should be raised during the initial phone call so that you're not unprepared when the interview takes place).

In asking these questions, notice whether the therapist answers fully and readily or vaguely and defensively. A good therapist will respect the right of prospective patients to consult several therapists and to question them at length before making a choice.

You may also want to find out whether the therapist is easily reached by phone, whether he or she will have extra sessions available if needed, and whether he or she qualifies for

insurance reimbursement.

By far the most important information you'll have will come from the questions you ask yourself when the session is over:

- Did the therapist seem to understand the things I said and my reasons for saying them?
- Did he/she listen sympathetically and without interrupting?
- Did his/her questions and comments seem relevant, important, and non-frightening?
- Did he/she seem warm, compassionate, and supportive?
- Did I feel better after the session than before?

Your feelings about the therapist—and yourself after the session—provide the best predictors of whether the match is likely to succeed. So don't be intimidated by a therapist's manner, credentials, or reputation. Your own informed intuitions should be the final arbiter. You've probably perceived a great deal more than you're aware of during the interviewing process, and your subsequent feelings reflect those perceptions. If you feel liked, understood, and respected by a therapist, you are much more likely to be helped than if you don't feel these things. And we tend to know whether people like and understand us.

Dr. Spitzer is a licensed clinical psychologist specializing in women's issues (personal, professional, social), relationship problems, addictions, and depression. She has an office at 12 Canterbury Road in Great Neck (516-829-7261).

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The group is associated with Winthrop University and North Shore University Medical Center in Manhasset.

Drs. Sher, Valderrama and Levine are available 24 hours a day, seven days a week at their offices (135-137 Mineola Blvd., Mineola) to ensure their accessibility in case of emergency and to accommodate many women's hectic schedules.

The group practices all aspects of their combined medical specialties, handling normal and high risk obstetrics, fetal testing, sonography, infertility testing, a variety of screening and investigative work.

Dr. Levine specializes in micro and laser surgery, video-laser laparoscopy for endometriosis, infertility and reproductive endocrinology.

Dr. Valderrama, adds adolescent gynecology to her skills as a general obstetrician/gynecologist, drawing from her own sensitivity and compassion to treat the group's young patients.

Dr. Sher is a gynecological oncologist who, in addition to his general ob/gyn skills specializes in the diagnosis and treatment of gynecological cancer.

The group offers women a uniquely individualized approach to their very special medical problems, in an atmosphere that is highly professional, always accessible, technologically advanced and emotionally caring.

The doctors and staff provide family planning services, childbirth education classes, the latest sonographic and maternal fetal testing equipment—on premises. They also offer screening for osteoporosis and PMS among their investigative services.

In addition to the Mineola facility, a satellite office, at 47 Main St., Port Washington (767-1717), is open 2 days a week. Visits are by appointment—call 741-4321.



Grandmother "tales": That old preventive, "drink a glass of warm milk, it will help you sleep..." Like chicken soup and raising your arms above your head when you cough,

warm milk does, indeed, help you sleep. Milk contains the amino acid Tryptophan which when released, enters and relaxes the sleep center of the brain.

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INSIGHTS

By Clyde Friedman, M.S.W.

DEPRESSION

We all, at times, have brief periods of sadness or depressed mood that seems to pass fairly quickly. This is a normal part of the human condition. When these feelings become long-standing or very intense, however, it can be important to seek the help of others in coping with the symptoms and examining problems that can trigger depressed periods.

- Some of the symptoms of depression are:
- Poor sleep patterns, characterized by insomnia or oversleeping;
 - Poor motivation and low energy level, with frequent tiredness;
 - Feelings of low self-esteem and self-worth;
 - Lack of pleasure and enjoyment in activities;
 - Increased instances of irritability and anger;
 - Frequent tearfulness not connected to any specific cause.

It is important not to hide these feelings and to seek out professional help if they persist. The roots of the problem can then be brought to light and worked through. Depression is one of the most treatable symptoms seen in the Therapist's Office.

Brought to you as a Community Service by:

Clyde Friedman, M.S.W., C.S.W.,
Psychotherapist
1 Brenton Ave., Melville
425-0188

STAGE, SCREEN AND CONCERT ATTRACTIONS

Organ Concert in Oyster Bay

Christ Church in Oyster Bay will open its second series of concerts on Sunday, Jan. 24, with a recital by the young American organist, David Hurd, at the console of the church's new tracker instrument dedicated in December 1986.

Included in Mr. Hurd's recital, which will begin at 4:00 p.m., are works of Buxtehude and J.S. Bach from the distant past and, from more recent times, works by Antoine Grunenwald and Guy Alain. He also has programmed his own "Paruta on the Hymn Tune, 'Detroit'" and will improvise a composition on a theme to be given to him at the recital.

First prizes have been awarded to Mr. Hurd for improvisation at the International Congress of Organists and at the International Orgelfestival Haarlem in the Netherlands. He has also won first prize for his playing at other competitions. His reputation as a composer is growing as a consequence of works he has written for organ, chorus, and instruments. *The Hymnal 1968* (Episcopal) contains several of his liturgical settings.

Tickets for Mr. Hurd's recital, at \$10.00 each, may be reserved in advance by calling the Christ Church office between 9:30 a.m. and 1:30 p.m. from Monday through Friday. The phone number is 922-6377. Subscriptions to all four concerts in the series may be purchased until the day of Mr. Hurd's appearance for \$40.00, a saving of 25 percent over the single



David Hurd

ticket price.

Other artists to be featured in the series include Peggy Haas Howell, American organist from the Baltimore area, on Sunday, March 6; John Scott Whiteley, from York Minister in England, on Sunday, April 10; and Ketil Haug-sand, harpsichordist from Norway, on Sunday, May 22. All events begin at 4:00 p.m.

L.I. Baroque Ensemble to Present Haydn Program

The Long Island Baroque Ensemble will open the New Year with an all-Haydn program featuring a harpsichord concerto, a guitar quartet and an oboe divertimento. Other selections on the program include a London trio and a string quartet. Concerts will be held on Saturday evening, Jan. 30, 8:00 p.m., at the Congregational Church, Manhasset, Feb. 6, 8:00 p.m., St. Andrew's Lutheran Church, Smithtown; and Feb. 7, 7:30 p.m., Christ Episcopal Church, Oyster Bay. Tickets are \$9.00, students and seniors, \$6.00.

Soloists Sonia Grib, harpsichord, Richard Savino, guitar, and Virginia Brewer, oboe, will be joined by violinist Anca Nicolau, violist

Louise Schulman, cellist Myron Lutzke, and others.

The LIBE, formed in 1969, consists of twelve players and is the only group on Long Island which presents Baroque and Renaissance music by artists who specialize in the performance and interpretation of early music on period instruments.

These concerts are supported by the Nassau County Office of Cultural Development, the Suffolk County Office of Cultural Affairs, and the New York State Council on the Arts, and the National Endowment for the Arts. For further information and reservations, please call: Cecile Miller - 889-4080.

Marguerite Kisselhoff at Plandome Gallery

During the month of February, the Plandome Gallery will be privileged to exhibit the work of painter, Marguerite Kisselhoff.

"I celebrate the wonderful, reasoning mind of man and his soaring imagination animated by a spirit which can neither be automated nor quantified. I address our common humanity, our inherent brotherhood. It is toward that I reach as an artist," said Ms. Kisselhoff.

She studied painting and drawing at the School for Visual Arts, the Art Workshop of the New School and the Art Students League. Her teachers were Will Barnett, Ben Cunningham, Edward Laning, and Xavier Gonzalez.

She has had several one-woman shows and has exhibited at Chase Manhattan, Con Edison, SUNY in Farmingdale, Hofstra University, and Queens Museum.

The show will open Feb. 5 and a reception will take place Feb. 7. The gallery is located on Plandome Rd and is opened Monday through Saturday 10 a.m. - 4 p.m. and Sunday 1-4 p.m.

Save Long Island Stage Gala

"Save Long Island Stage" is the theme of a Gala to be held on February 7 from 6:30 p.m. to 10:00 p.m. The grand EAB Plaza in Uniondale has been generously provided for the event. According to Robert R. McMillan, Chairman of the Board of Long Island Stage, "We will present a delightful evening of food and entertainment to raise the additional funding necessary so that the Stage can continue to enhance the quality of life on Long Island." Clinton J. Atkinson, Long Island Stage Artistic Director, will direct the program, which will feature the talents of rising stars from Broadway, the New York cabaret scene, major motion pictures and members of the Long Island Stage Acting Company. In addition, some legendary stars from New York and Hollywood have been invited to attend to show their support for the company and for the resident theatre movement. Dinner will be catered by the Culinary Arts Center of the New York Institute of Technology.

According to Ralph Stalter, Jr., Managing Director of Long Island Stage, "Our current financial crisis came about because of a mounting cumulative deficit and a decline in the subscriber base. We have already rais-

ed half of the \$200,000 we need to stay alive. The Nassau County Office of Cultural Development offered \$12,000 in emergency funding and another \$10,000 is pledged from the Town of Hempstead. We had a generous response to several urgent appeals to subscribers and corporations.

The ticket prices for the Save the "Stage" Gala are \$200 and full tables of ten can be reserved. A journal will be published. To place your reservation for seats or to express your best wishes in a journal announcement, call Long Island Stage at 546-4600. Or you may send checks to Long Island Stage, P.O. Box 9001, Rockville Centre, New York 11571-9001. All donations are tax-deductible.

The Long Island Stage mainstage season at the Hays Theatre in Rockville Centre continues with *Back On the Moon*, a musical revue starring John Wallowitch and Bertram Ross, from January 26-February 14; *Mrs. Warren's Profession*, by George Bernard Shaw from March 8-March 27; *Hughie*, by Eugene O'Neill, from April 10-May 8; and *Getting the Gold*, a world premiere by P.J. Barry, from May 21-June 10. Tickets may be obtained by calling 546-4600.

Campus Attractions

Please address all notices of local events to Calendar Editor, 132 E. Second Street (P.O. Box 1578) Mineola, N.Y. 11501 or phone 747-8282. Calendar items must be submitted two weeks prior to the event.

Friday, January 22

• Human Resources Seminar: Managing Your New Obligations in Compensation Insurance and Safety and Health, 8 to 10 a.m., at the deSeversky Conference Center, Old Westbury Campus of New York Institute of Technology. For information call 688-7722.

Monday, January 25

• The Long Island Board of Realtors (LIBOR) and Hofstra University will offer two Real Estate Certificate Programs. The classes will meet on the Hofstra Campus, Hempstead on Monday, Tuesday and Wednesday evenings through May 11. For information call 681-4800.

• Long Island Weather Observers meeting, 7:30 to 9:30 p.m. at Sachem North High School, Lake Ronkonkoma. For information call Lisa Bastiaans at 331-9646.

• Hofstra University presents a Continuing Education Course entitled, Fundamentals of Estate Planning, Mondays and Thursdays through Mar. 14 from 6 to 8 p.m. Fee: \$200. For information call 560-5998.

• Hofstra University presents a Continuing Education Course entitled, Financial Planning Applications, Mondays and Thursdays through Mar. 14, 3:30 to 5:30 p.m. Fee: \$200. For information call 560-5998.

• Hofstra University, Hempstead, presents a course entitled, Negotiation of Contracts, Mondays through May 9, 6:30 to 8:30 p.m. Fee: \$305. For information call 560-5998.

• Hofstra University presents Government Contract Management courses with a class entitled, Program Management, Mondays through May 9 at 8:30 p.m. Fee: \$305. For information call 560-5998.

• New York State Licensing Courses will be held at Hofstra University, Hempstead, with an Insurance Broker and Agents Qualifying Course on Mondays and Thursdays through May 23, 8:30 to 9:30 p.m. Fee: \$570. For information call 560-5998.

• New York State Licensing Courses will be held at Hofstra University, Hempstead, with a Salesperson Real Estate Qualifying Course on Mondays through May 16 from 6:30 to 9:30 p.m. and Tuesdays and Thursdays from March 22 to April 21 from 9 a.m. to 5 p.m. Fee: \$310. For information call 560-5998.

• Hofstra University presents a Real Estate course in Financing Real Estate on Mondays through May 9, 8 to 10 p.m. Fee: \$220. For information call 560-5998.

Tuesday, January 26

• New York State Licensing Courses will be held at Hofstra University, Hempstead, with a 40 Hour Life/Accident and Health Insurance Agents Training Course on Tuesdays through May 16, 5:30 to 8:30 p.m. Fee: \$305. For information call 560-5998.

• Hofstra University presents Marketing and Publicizing the Nonprofit Organization on Tuesdays through March 15, 8:30 to 8:30 p.m. Fee: \$130. For information call 560-5998.

• Hofstra University presents a Real Estate course in Real Estate Law and Taxes on Tuesdays through May 10, 6 to 8 p.m. Fee: \$220. For information call 560-5998.

• Hofstra University presents a course in How to Start and Operate a Successful Restaurant and/or Catering Business on Tuesdays through Feb. 23, 6 to 8 p.m. Fee: \$95. For information call 560-5998.

• Hofstra University presents a course on How to Start and Operate a Successful Mail Order Business on Tuesdays through March 8, 8 to 10 p.m. Fee: \$120. For information call 560-5998.

• Hofstra University presents a course on Pension Plans on Tuesdays through May 10, 6 to 8 p.m. Fee: \$215. For information call 560-5998.

• Hofstra University presents a course Management Principals on Tuesdays through May 10, 8 to 10 p.m. Fee: \$215. For information call 560-5998.

• Hofstra University College for Continuing Education offers Students in L.I. History on Tuesdays through May 10, 4:25 to 6:15 p.m. Fee: \$177. For information call 560-5016.

Wednesday, January 27

• Art Reception and Awards Presentation at the Firehouse Gallery of Nassau Community College, 7 to 10 p.m. Awards at 8 p.m. For information call 222-7165.

• Hofstra University presents Government Contract Management with a course on Contract Changes and Modifications Wednesdays through May 11 on the Hempstead Campus, 8:30 to 10:30 p.m. For information call 560-5998.

• Hofstra University presents Government Contract Management with a course entitled Principals of Finance, Cost and Price Analysis on Wednesdays through May 11, 6:30 to 8:30 p.m. Fee: \$305. For information call 560-5998.

• Hofstra University presents courses in Professional Business Skills with a class in Professional Managers Certificate Programs on Wednesdays through May 4 from 4 to 7 p.m. Fee: \$575. For information call 560-5998.

Theatres

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 WALL STREET

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The Puzzle Page

KidSpot SOLVE THE REBUS BY WRITING IN THE NAMES OF THE PICTURE CLUES AND ADDING OR SUBTRACTING THE LETTERS.

WHAT TOOL DID THE GORILLA USE TO FIX HIS CAGE?

WR + b

ANSWERS: A. LOCKED WOODEN WHEEL. © 1987 United Features Syndicate, Inc.

KidSpot

1 DOWN: 6 + 5 =

4 ACROSS: ME

1 ACROSS: [Crossword grid]

5 DOWN: [Crossword grid]

7 ACROSS: OPPOSITE OF DIFFICULT

8 DOWN: OPPOSITE OF NO

9 ACROSS: [Crossword grid]

6 ACROSS: [Crossword grid]

ANSWERS: A. EASY & ENJOY & EASY & EASY. © 1987 United Features Syndicate, Inc.

KidSpot CONNECT THE NUMBERED DOTS TO MAKE A PICTURE. TO FIND ITS NAME, PUT THE FIRST LETTER OF EACH NUMBERED DRAWING IN THE BOXES BELOW.

SEA WHISKERS.

ANSWERS: A. YOU & ENJOY & EASY & EASY. © 1987 United Features Syndicate, Inc.

Answer to Crossword Puzzle No. 295

TEAL SCRUB SEPTS HURT
ALDA TOILET ALEUTS UTES
LTAM RILEY LITTLE TATA
CAMPBELL GIGIA FLETCHER
HEWS DEERMA FLAH
AWAITS PERKINS SNIPES
MERES PALOS TAM SNIDE
OLOR DORAN CALT SKID
RLS AIDAN RESELLS SELA
TSETSE SENIR MEEUWSEN
ANSA RANIS SMEE
SCHAEFER ISAAC IDEALS
HAE ROSELLE CRANE TAI
OMIT RICES THONG WORD
PEDAL RAP SWEAT BILGE
POILUS PREWITT BELLES
ERIA SPANS SEAL
DONNELLY INK DENNISON
ABET ILLIAC LOUGH APSE
MORE COMMA ETANA MEAD
PLOD ATAIL SODOM SERS

Answer to 'Cryptquip':
EVERY BOSS WHO ADDS A FEW RELATIVES TO THE PAYROLL WILL BE GUILTY OF PUTTING ON HEIRS.

PREMIER CROSSWORD / By Jo Paquin Misses Who Were Hits

- ACROSS**
- 1 One type of TV
 - 6 Lobster's feeler
 - 10 Part of speech
 - 14 Former Belgian Congo
 - 19 Moslem prince; var
 - 20 Exchange premium
 - 21 Arrow poison
 - 22 Heavy-bodied
 - 23 They served the Pony Express
 - 25 Kind of examination
 - 27 Love god
 - 28 Heavily adorned
 - 30 Beget
 - 31 Edison's middle name
 - 32 Egyptian sun god
 - 33 Dill weed
 - 34 "Miniver"
 - 36 Nothing in Madrid
 - 38 Poetic contraction
 - 39 Sacred bull
 - 40 Pink ruby spine
 - 42 Hindu god of the dead
 - 44 One of the Gorgons
 - 47 Ribbon ornament
 - 48 Prying bars
 - 53 Make amends
 - 54 Shopper's vehicle
 - 55 Paper quantity
 - 57 Old photo color
 - 58 "... better to wear out than to — out"
 - 59 "Twickenham Garden" poet
 - 60 Chips in a chip
 - 62 Inquisitive
 - 63 It follows black or white
 - 64 Pawnbroker, for one
 - 65 Certain early inna
 - 67 Arias
 - 68 It remained in Pandora's box
 - 69 Party game
 - 76 Criminals
 - 78 Rubber stamping need
 - 81 Hebrew measure
 - 82 Quartet member
 - 83 Lyric poem
 - 84 Comedian Jay
 - 85 Sorcery
 - 87 Serbian measure
 - 88 Role for
 - 89 Sert's forte
 - 90 Shows to be true
 - 92 Leads astray
 - 94 Small and dainty
 - 95 Yellow cheese
 - 97 Makers of silk fabric
 - 98 Comic Johnson
 - 99 Calloway
 - 102 She flung the apple of discord
 - 104 Drink slowly
 - 105 Folk singer Burl
 - 106 Sleep study acronym
 - 109 Wings
 - 111 Gulf of the Ionian Sea
 - 113 Evening party
 - 115 Ice cream holder
 - 116 Mail and passenger coach
 - 119 Rudder supports
 - 121 Lariat
 - 122 Merriment
 - 123 Wallet fillers
 - 124 Otherwise called
 - 125 Small island
 - 126 And others
 - 127 One of Capt. Hook's crew members
 - 128 Annie's dog
- DOWN**
- 1 French royal house
 - 2 Love, Italian style
 - 3 Straw broom
 - 4 "... Call the Whole Thing Off"
 - 5 Do wrong
 - 6 San Diego team
 - 7 Deputy
 - 8 Coin of Genoa
 - 9 Federal official
 - 10 Press, for one
 - 11 Baseball's Slaughter
 - 12 Varnish ingredient
 - 13 Break faith with
 - 14 Pride of San Diego or the Bronx
 - 15 Nimbus
 - 16 Agave fiber
 - 17 Actor Christopher
 - 18 Noted violinist
 - 24 Region of Asia Minor
 - 26 Congressional of Honor
 - 29 Perry's creator
 - 33 Church part
 - 35 Petty tyrant
 - 37 Iowa college town
 - 39 Mame, to
 - 40 Endured
 - 41 Pool member
 - 43 Fifth or Madison
 - 44 Trading center
 - 45 Needle case amount
 - 46 Prescribed
 - 47 Dancer Sally
 - 48 Raids the refrigerator
 - 50 Epic poetry
 - 51 Singer Stevens
 - 52 Utters
 - 54 Pine or spruce
 - 56 Procedures
 - 59 Netherlands city
 - 61 Gleamed
 - 64 Card game
 - 66 Goddess of harvests
 - 67 Struggle
 - 68 "... and Circumstance"
 - 70 General Bradley
 - 71 Western lily
 - 72 Claire and Balin
 - 73 Composer Porter, et al.
 - 74 Wears away
 - 75 Rail supports
 - 76 Fencing swords
 - 77 Dieter's goal?
 - 78 Prefix for scope or meter
 - 79 Med. school subj.
 - 80 Kansas senator
 - 84 Strung instrument
 - 86 Yield
 - 89 The Amazons
 - 91 Winston Churchill's daughter
 - 93 "Exodus" novelist
 - 94 Primp
 - 96 Optical illusion
 - 98 Reluctant
 - 99 European resort island
 - 100 Man's name
 - 101 Fundamental
 - 103 Wading bird
 - 108 Singer/actress Cara
 - 109 Violinist's need
 - 107 Toward the center
 - 108 Like Oscar Madison
 - 110 Ending for luncheon
 - 112 Confused
 - 114 Account entry
 - 118 Soft drink
 - 117 Cougar
 - 118 Sargasso Sea creature
 - 120 — de deux

19 20 21 22 23 24 25 26 27 28 29 30 31 32 33 34 35 36 37 38 39 40 41 42 43 44 45 46 47 48 49 50 51 52 53 54 55 56 57 58 59 60 61 62 63 64 65 66 67 68 69 70 71 72 73 74 75 76 77 78 79 80 81 82 83 84 85 86 87 88 89 90 91 92 93 94 95 96 97 98 99 100 101 102 103 104 105 106 107 108 109 110 111 112 113 114 115 116 117 118 119 120 121 122 123 124 125 126 127 128

296

Average time of solution: 54 minutes.

CRYPTOQUIP

1-17

YDOOD CO OUI QBRIQS ZGABEO PCYK LUBPU

BE DKIZ 24 UDGME C ACS: "LI MI ZIRIM PQDOUIA."

Today's Cryptquip clue: B equals I

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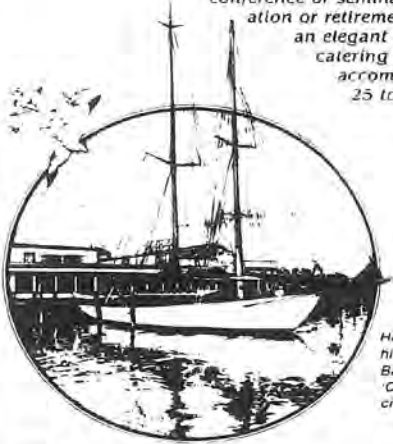
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♠ J 10 9 4
♥ A J 10 9
♦ 10
♣ A Q 10 3

WEST
♠ 7 3
♥ K 5
♦ AK 9 7 6 5
♣ 8 6 4

EAST
♠ A 5
♥ Q 8 2
♦ J 4 3 2
♣ 9 7 6 2

SOUTH
♠ K Q 8 6 2
♥ 7 6 4 3
♦ Q 8
♣ K J

The bidding:
North East South West
1 ♠ Pass 1 ♣ 2 ♦
2 ♠ 3 ♦ 4 ♠

Opening lead — king of diamonds.
Let's assume you're West,
defending against four spades, and
lead the king of diamonds, which
wins. Assuming you see only the
North hand, what would you play
next?

When the deal was played in a
rubber bridge game, West shifted to
the eight of clubs, won by declarer
with the king. A low trump to
dummy's nine lost to the ace and East
returned a trump. South then dis-
posed of two hearts on dummy's
clubs, conceded a heart trick, and so
made exactly four spades.

If one examines all four hands, it
can be seen that West could have
defeated four spades by leading the
king of hearts at trick two. If declarer
wins with the ace and plays a trump,
East goes up with the ace, cashes the
queen of hearts, and returns a heart
which West ruffs to put the contract
down one.

If declarer ducks the king of hearts,
West continues the suit and again the
contract falls. There is simply no way
to make four spades against the king
of hearts lead at trick two. All of
which is easy enough to say when the
four hands are seen, but should West
have found this killing move looking
at only 26 cards?

The answer is yes. It is a basic
principle of defensive play that one
should dismiss from consideration all
holdings declarer may have that
make it impossible to defeat the
contract. A defender should concen-
trate instead on hands his partner
might have that prevent declarer
from making the contract.

Even if East has the queen of
hearts and KJ of clubs, which is
theoretically possible on the bidding,
four spades cannot be defeated, since
declarer would score three heart
tricks before East could score two
club tricks. Similarly, assigning East
the ace of trumps and king of clubs
also cannot stop the contract.

The only reasonable chance of
scoring four defensive tricks lies in
the hope that East has the queen of
hearts and ace of spades. The king of
hearts should therefore be led at trick
two.

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Class of 1963 25th REUNION If you are, or know, a member of the class of '63, please contact: PO Box 1168, Anton Community Newspapers, 132 E Second St, Mineola, NY 11501</p> <p>PORT WASHINGTON Schnaber H.S. Class of 1963 25th REUNION July 9, 10th and 11th, contact Pam Hatala 516-644-6759 or Ron Kraft at 516-671-3880 ASAP.</p> <p>CAST CALL! CAST CALL! CAST CALL! Former Students Of MARGE WILLIAMS' SCHOOL OF DANCE For The Spring Recital To Be Presented At: HICKSVILLE H.S. - MAY 21, 1988 Miss Marge Is Creating A "Reunion" Production Number Featuring YOU! For Further Information, Call 931-8917</p>	<p>REUNIONS UNLIMITED, INC. is organizing reunions for: Bowie/ST. ELIZ. Canaan's 74, 75, 76, 77, 78; Curtis 93; Division St. 95; Erasmus Hall 93, 95; Far Rockaway 87, 88, 89, 72; Forest Hills 77, 78; Flushing 66, 67, 68; Great Neck North 98; Hericks 93, 95; Irvington 98; Jamaica 54, 55, 56, 57, 70, 71; Lafayette 81, 82, 83, 84, 85, 86, 89; Lawrence 88; Lincoln 58, 59, 77, 78; Long Beach 88; MacArthur 96, 97, 70; Madison 57, 58, 59, 70, 77, 78; Midwood 57, 58, 54, 65, 66, 68, 69, 75, 78; Monticello 78; Nassau 71; New Utrecht 58, 59; Oceanside 90, 70; Ramapo 99, 70; Sheephead Bay 93, 94, 95; South Shore 77, 78; Stuyvesant 60, 67; Teaneck 62, 68, 78; Tilden 83; Wingate 88, 89; Wheatley 74. For information please contact: Reunions Unlimited Inc. PO Box 12 Flushing Park, N.J. 07932 (201) 790-8364</p> <p>Services</p> <p>FOCUS BUSINESS SERVICES Professional Assistance To Small Businesses & Individuals TAX PREPARATION Accounting/Bookkeeping Svcs. Payroll Processing Systems Set Up Year Round Attention Affordable Fees 756-8866 Member National Association Of Accountants</p> <p>JDF painting high quality work done at a reasonable rate. Many references. Jim 226-2260 or Doug 757-8663. PAINTING & WALLPAPERING SPECIALIST. Neat, clean, quality work. Tony 691-1087</p> <p>Lost & Found FOUND 1 year old, white and gray cat female in vicinity of Park Ave. in Port Washington. 355-9212</p> <p>Domestics</p> <p>FEMALE COMPANION Sat & Sun only must cook and drive. 922-4943</p> <p>AUTO ENGINE SHOP Expendng Shop seeks in-stallers and oil head modifiers. Exp. preferred and/or trainees. Good opportunity to advance. Top pay & benefits. CAVALIERI MOTOR SERVICE Glen Cove 876-9100</p> <p>AUTO MECHANIC 3 years experience. Must have own tools. Must know all aspects of auto mechanics. 621-6024</p> <p>BINDERY - need person to run folder & cutter. Experienced only. Good salary & benefits. Plainview area. Call Steve 334-3243</p>	<p>HOUSE KEEPER every other Fri. day. Immaculate home Freeport. Baldwin area 378-1343</p> <p>LIVE IN AIDE - Farmingdale. Weekends, patient completely bedridden & dependant. Small dogs. Nancy, 263-8808 after 8:30</p> <p>Child Care</p> <p>BABYSITTER WANTED. P.T. Exp. own irreg. Manhasset 827-1268</p> <p>CHILD CARE warm, loving woman to care for teacher's 2 children in my E. Williston home. Non-smoker, drivers license required. references Call 745-7650</p> <p>Cinderella Domestic Referral Service Inc. A licensed Agency. Placing Selected Nannies. In Discriminating New York Homes. 195 Willis Ave., Mineola, NY 11501. 518-747-7625</p> <p>LIVE-IN Housekeeper, child care, cleaning. Willing to sponsor. Sunday & Monday off. Great Neck area. Call 487-4881</p> <p>Help Wanted</p> <p>A POSITION Requiring approx 10 hrs/wk is avail for an individual who is expert using a Macintosh computer. Must have exp spelling skills. 673-4400, Nancy</p> <p>ARMED SECURITY GUARDS WANTED Full and part time available. Medical benefits. Wage inc. increases. 87-hour Call Mon-Fri. 582-4380</p> <p>AR - Old Westbury Country Club needs bright, self-motivated individual write A/R computer experience. Call Controller at: 516-626-1810</p> <p>AUTO ENGINE SHOP Expendng Shop seeks in-stallers and oil head modifiers. Exp. preferred and/or trainees. Good opportunity to advance. Top pay & benefits. CAVALIERI MOTOR SERVICE Glen Cove 876-9100</p> <p>AUTO MECHANIC 3 years experience. Must have own tools. Must know all aspects of auto mechanics. 621-6024</p> <p>BINDERY - need person to run folder & cutter. Experienced only. Good salary & benefits. Plainview area. Call Steve 334-3243</p>	<p>BANKING OPPORTUNITIES Small Commercial Bank in Nassau County has three excellent span positions in its main office.</p> <p>PARTTIME CLERICAL Total hours for returns Mon. - Fri. 10 am-2 pm Learn mechanics of banking. Good figure aptitude and organizational skills required.</p> <p>ACCOUNTS PAYABLE CLERK Candidate must have experience working with g/w, accounting and/or banking background a plus.</p> <p>TYPIST/RECEPTIONIST Good typing skills and excellent telephone manner required.</p> <p>We offer an excellent salary and benefits package including a profit sharing and savings incentive plan. Low key working environment. Returnees are welcome to apply. Please call for appointment:</p> <p>THE FIRST NATIONAL BANK OF LONG ISLAND 671-4900</p> <p>BANKING Position available for TELLER/CUST SVC REP at our Northport office. Salary based on experience. EXCELLEN'T BENEFITS. No Friday nights or Saturdays. FAA ER Federal Credit Union Mt Airie 757-6608</p> <p>BOOKKEEPER - FT to service clients of computerized North Shore Nassau CPA firm. Flex hrs, no travel. 759-0022</p> <p>BOOKKEEPING Local corporation seeks mature individual w/light bookkeeping/computer exp to do daily A/R reconciliations. Full benefits. Profit sharing. Work 9-6 Mon. thru Fri. \$8.00 per hr. Call Mr. Samkov 484-0990 x 24.</p>	<p>CAREER OPPORTUNITY Become a Financial Planner PRUDENTIAL Insurance Company FT Professional training. Salary \$400-\$500/wkly. Call Mr. Miller 483-7722</p> <p>CASHIER DAYS, FT & PT WILL TRAIN! GOOD OLDE TIMES, Roslyn 621-4805</p> <p>CASHIER - Sat & Sun, 10am-6pm GOOD OLDE TIMES, ROSLYN 621-7117, days</p> <p>CLERICAL FT Company in Roslyn Heights seeks mature individual to assist with general office duties in Accounting Dept. Excellent benefits including Major Medical & Dental. CALL MS. KAY 516-484-8880 E.O.E.</p> <p>CLERICAL SUBSTITUTES NEEDED COLD SPRING HARBOR SCHOOL DISTRICT 692-9038</p> <p>COLLEGE GRAD Major Brokerage firm is seeking Stock Broker Trainee, who is a hard working, enthusiastic, individual. Potential for advancement in management. Send Resume to: PO Box 133 Garden City, NY 11530</p> <p>COMPUTER DEPT TRAINEE Entry level position for someone with college background. We require an articulate, non-smoking, energetic person who is career oriented. Please reply to: Box 1157, Anton Community Newspapers, 132 E Second St Mineola, NY 11501.</p> <p>COUNTER HELP FT or PT Morning hours. Start at \$5/hr. BADEL CAFE 759-5564</p> <p>CRF OPERATOR Port Washington firm offers excellent opportunity and benefits. Order Entry, experience preferred. EOE (516) 787-1600</p> <p>CUSTOMER to work at St. Mary's School. FT position. If interested, call 621-4211 between 9-2pm or send resume to school office.</p> <p>DENTAL ASST/TORMS, FT, caring, cheerful, nighty trained, career, immediate. Glen Cove/Westbury area. 222-1109 or 671-3131</p>	<p>CAREER RETAIL Clothing Salesman We have an outstanding opportunity in a menswear specialty store in the Lynbrook area. We offer a qualified individual with some retail experience a good salary, excellent benefits and prestigious working conditions in pleasant, comfortable surroundings.</p> <p>CALL LAWTON BYRD 593-3356 MONDAY - FRIDAY 10 AM - 4 PM</p>

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9:30am to 1 to 5:30pm

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PRIVATE SCHOOL SEEKS

FT Secretary/Receptionist Strong Typing & Phone Skills along with ability to organize and manage front office. Must enjoy working with Public and Students. Excellent Vacation and Benefits. Please Call:
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seeks counselors to work with developmentally disabled adults in group home setting. Full time, part time. State-of-the-art training provided. Call
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Certified Teacher preferred. Full health, life & dental insurance. All school holidays. \$6,866-57,769 per year depending upon educational background.

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Lunch time supervision of elementary children (indoor & outdoor). Monday through Friday, 2 1/2 hours/day; \$5.25 per hour.

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Glen Head, NY 11545
\$6.07 per hour. Call:
DR. BROWN
ASSISTANT PRINCIPAL
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2/3 day WK. Retirement & Students welcome. 855-2100.

Private School Seeks
FT Secretary/Receptionist Strong Typing & Phone Skills along with ability to organize and manage front office. Must enjoy working with Public and Students. Excellent Vacation and Benefits. Please Call:
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423-5400

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For Active Real Estate Sales Person, lots of floor time Available. CALL DOOMINGUE REALTY 627-0785

RECEPTIONIST - mature, good typist, 5 days, 10am-6pm. Exp. in the promotion of Great Neck. Experience in specialty merchandising or sales helpful. Must be dependable and creative, pleasant working environment, excellent salary and bonus incentive plan. CALL ANN (516) 829-1165

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Quality Person
Available to work in busy kitchen. Duties will include general clean up, pot washing & dish washing.
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We also seek fee for service. Visiting nurses, Physical Therapist & MOWIE Social Workers. Nassau County locations. Car required. To apply please call 516-921-9900 ext 600. Equal Opportunity Employer

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Sign Up Now!
Personnel Dept on Lower Level
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WRITER WANTED PT writer needed to coordinate editorial coverage of the Cold Spring Harbor area for Suffolk group newspaper.

WRITER WANTED PT writer needed to coordinate editorial coverage of the Cold Spring Harbor area for Suffolk group newspaper.

WAITRESSES/WAITERS Positions available immediately. Excellent hourly wage. N.Y. COUNTRY CLUBS 527-1200

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AD PUBLISHING EDITOR Young NYC training career girl seeks position in Nassau production, traffic, layout, research, editing.

ALL POSITIONS OFFER PAID VACATIONS & HOLIDAYS. EXCELLENT BENEFITS. CONGENIAL ATMOSPHERE. LOCAL WEEKLY NEWSPAPER CHAIN BASED IN MINEOLA.

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FREE NEWSLETTER quarterly reviews newest hot board games for all ages. Call 1-800-428-3366 or write Games Journal, Box 217, S. Wales NY 14130

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GOVERNMENT JOBS 20,000 immediate openings for application call 1-800-329-4355 ext. 1151

MEET YOUR MATCH For all ages nationwide thousands of members anxious to meet you. Prestige Acquaintance Call toll free 1-800-235-8573

MEET YOUR MATCH For all ages nationwide thousands of members anxious to meet you. Prestige Acquaintance Call toll free 1-800-235-8573

STUDENTS (AGES SIXTEEN AND OLDER) WANTED PART TIME 8:00 P.M.-9:00 P.M. EVENINGS Tele-Marketing No Experience Necessary Salary Plus Commission Call Pets 10 A.M.-6 P.M. * Mon-Fri 747-8282 EXT. 171

ART WORKSHOP Children & teens ages 5 & up your young artist can create their own original hand-colored designer clothing. Excellent for presents & holidays. NY's certified art teacher. Call today! Groups forming. 484-1331

Boats For Sale CRUISER 1976 15' 150 Mercruiser eng, garmin, trailer, nice great, with 1000 lbs. for water skiing. \$3000. Call 589-2561

Real Estate PORT WASHINGTON SCHOOL DISTRICT seeks proposals for the sale or rent of all or part of the Salford School and surrounding property.

Apts For Rent GLEN COVE Furnished/unfurnished, LR, BR, bath, kitchenette, garage, and laundry facilities. \$500/mo. Immediate occupancy.

Real Estate CENTURY 21 FOLAN AGENCY 844-9721 378 PORT WASH. BLVD. OPEN SEVEN DAYS/WK.

Apts For Rent PORT WASHINGTON 1 BR heat carpet \$750 2 BR heat \$925 3 BR duplex \$1250

Homes For Rent ACCENTS REAL ESTATE 29 Park Ave. Manhasset 827-3360 944-7171

Commercial Properties

HICKSVILLE 5 M \$1300 ideal steel storage, 9 ft high cement truck ramp for easy loading, in cluttering lights, heat, taxes 933-9327

Space For Rent
GLEN COVE Commercial office space 1700 sq ft 2 laboratories, sprinklers, heat included. Will renovate or as is. days 671-5670 evs 499-9323 Ask for John

Space For Rent
GARAGE WANTED Restly heights area for car used locally 4-5 days weekly Call 621-4115 days, 621-2615 evs

Offices For Rent
AAA OFFICE SPACE
HICKSVILLE
1000 SQUARE FEET Full service, prime location, plentiful parking, new building; \$18.00 per sq. ft. Call MR. SCHNELL 681-2300

GLEN COVE Approximately 275 sq ft. All new sprinkler, heat/Utilities included. \$375 per month. Day 671-5670 Evs 499-9323 Ask for John

GLEN COVE Office/retail, 900 sq ft, nice carpet, main road (Forest Ave), \$380/month includes heat OWNER 671-0737

GREAT NECK Elegant furn. offices ans. ark., conference room, reception, parking, short leases OK. From 3875 466-8300

HUNTINGTON PRIME LAWYERS office space available for January 1988 occupancy Suite newly renovated. Professionally decorated. Included use of conference room, secretary space, library, etc. 549-0220.

MANHASSET 1 or 2 rooms avail Nov 1. 3200-500 627-4727

MINEOLA AREA Private office 10'x11' service available. Walk to station. Reasonable 742-6383.

PROFESSIONAL OFFICE RENTAL
3 Rooms office suite, Prime location. All utilities & amenities. Ample parking. 300 South Oyster Bay Road, Corner L.I., MR. GORDON 921-1000

SUBLEASE OR ASSIGNMENT OF OFFICE space located Northern Blvd Great Neck. 3 prv offices and library. Main office approx. 1800 sq. ft. Ideal for attorney or CPA. Avail. immed. All offices furnished and carpeted. 482-3070

WOODBURY Office space to share luxury bldg. 367-3800

Building For Sale
BARN
12' x 24' includes a skylights, active loft doors, shingled roof, covered vents. Very attractive. Over 100 feet of shelving plus attic floor. Excellent for storage or play. Original cost \$5500, sell for \$3900 call MR. SCHNELL 681-2366 or 427-0351

Building For Sale

FOUR BUILDINGS
In Port Washington and Roslyn area. Prime locations. Parking. Excellent condition near transit.
TOWN & COUNTRY
883-5200

Store For Rent
GREENVALE 1000 ft. Prime location \$1800 monthly. Broker 621-3181

LOCUST VALLEY retail office 1000 sq. ft. ample parking lot location 516-676-5370 or 476-8664

MANHASSET On Plandome Rd 1000 sq ft \$1800/mo. No road 827-8474

PORT WASHINGTON
Prime Main St location 1000 sq ft available immediately asking \$175

ACCENTS REAL ESTATE
83 Main St.
pt. Washington 627-9380

PORT WASHINGTON
378 PORT WASH. BLVD. OPEN SEVEN DAYS WKLY. Member Pt. Wash. Board of Realtors

SEA CLIFF Village stores \$350 and \$600 incl heat 671-2300 SIL REALTY

WESTBURY Corner store, ovc location, Post Ave. Theater bldg. no food. No brokers. 997-7082 evs or 338-4300 ans machines.

Rooms For Rent
E. NORTHPORT furnished room 5 bath. Mature business man and wife. \$70 per week. 368-3630

Real Estate Wanted
MANHASSET/PT. WASH. Buying or selling a home in Manhasset or Port Washington? You will get better results with a FULL TIME professional on the job. HOMER W. VAUGHAN 345-8054 Accents On Real Estate Inc. 627-9380

PRIVATE Buyer seeks house Any condition! Immediate. PO Box 364, Manhasset 10300

WATER SEeks "Room with a view" n Great Neck as studio Quiet essential. 487-4884

Co-ops/Condos
FREEPORT waterfront Co-op 4 BR, 2 bath duplex 2000 sq ft. Call 378-1343

GARDEN CITY CO-OP Cherry Valley Apts 1 BR, 2nd floor, walk to immaculate \$125k, prin (private units) 747-0947

Waterfront Condominiums Sales & Summer Rentals

Sales From \$185,000 THE MARKETPLACE REALTY
(516) 727-4962 (516) 369-0160
Directions: Located on the North Shore, Exit 71 L.I.E.

- 2 bedroom, 2 bath
- Jacuzzi
- Spacious Decks
- All appliances
- PLUS
- Private Beach
- Robert Trent Jones Golf Course
- All weather tennis courts
- Spectacular waterviews
- Year round rentals available

Condo North Hills ACCORN PONDS

Georgous 2 BR, 2 1/2 bath, all modern thru out. Indoor/out door pool, tennis and club house. \$2200 MAKE YOUR OFFER!

CENTURY 21 FOLAN AGENCY 944-9721 378 PORT WASH. BLVD. OPEN SEVEN DAYS WKLY.

GARDEN CITY/Hempstead, Cathedral Gardens newly reduced to \$75,000. Lg 1 BR co-op with terrace, new kitchen. Owner 481-4706

ROSLYN
Don't miss this one! A truly beautiful 2 BR 1 bath new kitchen new bath low maintenance walk RR and shopping \$144,500

PORT WASHINGTON
Only the best! An exceptional Co-op with all new appointments, nothing to do but move in \$210,000

CENTURY 21 FOLAN AGENCY 944-9721 378 PORT WASH. BLVD. OPEN SEVEN DAYS WKLY. Member Pt. Wash. Board of Realtors

APPRISERS
LEE CRUCKER COMPANY REALTORS

Sea Cliff We Love It! MEAT AS A PIR 17 year colonial Livingroom, dining room, eat-in kitchen, 3 bedrooms, 1 1/2 baths, hide-away patio, garage. Unhill of village beach-mooring. Reduced to \$250,500

Homes For Sale
FORCLOSURE HOMES From \$1 on up & local tax delin. quiet properties. 1-800-634-7247 Also open evs. FEE.

GARDEN CITY OPEN HOUSE
Sat & Sun, 1:23 & 1:24 12 noon to 3:30 PM Corner fieldstone-brick, facing golf course. 4 BR 2 baths. DR, LR, kitchen, prime cond. \$315,000 516-775-6821 718-259-9356

HOUSE INSPECTIONS
Detailed Engineering Reports Inspection Within 24 Hours GUARDIAN 758-1970

PORT WASHINGTON
Surround yourself with the beauty of a private setting. Check us out golf course. This special 3-4 BR 2 bath house offers the pleasure of good living and low taxes. \$250,000

JUST REDUCED 3 BR 2 bath LR with frpic, mod kit, playroom beautifully appointed and decorated \$319,000

MANHASSET BAY ESTATES Custom built 4 plus BR, 3 full baths, generous sized rooms, family/frpic and well bar, beach-mooring. CAC \$549,500

LIVE RENT FRBE new 2 BR, 2 1/2 bath 2 family duplex. CAC, beach-mooring half block to water \$449,500

COLONIAL Lovely 4 BR 2 1/2 bath mod kit, low taxes close to all \$340,000

BEAUTIFUL AND EXCEPTIONAL 4 BR 2 1/2 bath LR w/frpic, DR, family/frpic, new baths, Elk, playroom, \$469,500

PRICED TO SELL Great value is yours 3 BR, 2 1/2 baths, colonial very large rooms, new kit. \$285,000

CENTURY 21 FOLAN AGENCY 944-9721 378 PORT WASH. BLVD. OPEN SEVEN DAYS WKLY. Member Pt. Wash. Board of Realtors

GLEN COVE NEW CONSTRUCTION

Spectacular Cedar Contemporary 3 BR, 2 1/2 baths, decks, skylights and more. Private road. Must see! \$325,000

Century 21 JIMCO 759-3170

GLEN HEAD \$350,500 NORTH SHORE ACRES! Charming brick 5 state colonial on full tract 1/2 acre. Center hall entry. Frpic in LR. All offers considered. Another Bauer Assoc. Exclusive 671-6335

MILL NECK 5 acres, 6 BR, contemporary, Pool, \$2,000,000,000 MIKE TALBOT 922-6877

PORT WASHINGTON
Beacon Hill English Tudor LR, DR, solarium, Elk, 4 1/2 BRs, 2 1/2 baths, garage, full basement, utility rooms, private beach-mooring, tennis. Walk to schools, shopping, and trains \$575,000. PRINCIPALS ONLY 883-1848

MANHASSET JUST LISTED MUNSEY PARK
Beautiful central neighborhood in prime MP neighborhood. Lovely LR with frpic, formal DR, modern kitchen, powder from 2nd floor has 3 BR with 2 full baths. Georgous finished playroom with frpic, back stairs. Caca. Oversized property. Don't miss this one! \$585,000

ACCENTS REAL ESTATE
29 Park Ave. Manhasset 944-7171 827-9360

Homes For Sale

PORT WASHINGTON
JUST LISTED Adorable cottage 2 BR recently renovated skylights low low taxes \$224,900

Lovely 4 BR, 2 1/2 bath, home in young neighborhood large entry, LR with cathedral ceiling, formal DR, modern Elk, plus den. Great value \$359,500

\$320,000 3 BR 2 bath magnifi cent familyroom skylights mint

\$399,500 WATERVIEW 3 BR 2 bath large kitchen and den

\$450,000 MONFORT HILLS LR, DR den, sunroom 5 BR Colonial

ACCENTS REAL ESTATE
163 Main St. Port Washington 944-7171 627-9380

PORT WASHINGTON Unbelievable bargain!
Adorable cottage block from Manhasset Bay 2 BR plenty of ambience and taxes under \$1200 ask only \$294,900 Don't Delay

HYDE REALTY 800-942-6124

PORT WASHINGTON
47 Southside Rd, Glen Cove, Shore Crest Sun, Jan 24, 1pm-4pm

4 BR, 2 bath, cape on 1/2 acre. Furnished Party basement with wet bar. Private beach and mooring rights \$370,000

NORTH VALLEY REALTY, INC. 64 Birch Hill Rd., Locust Valley, NY

Homes For Sale

MANORHAVEN Legal 2 family 45'x100' 2 story plus 1 story apt \$298,000 call owner 883-3780

SANDS POINT FIRST SHOWING sprawling ranch on 2.7 acres with in ground pool fabulous entertaining areas, exercise room, very well priced. \$250,000

SEA CLIFF hilltop chateau 3 BR, 2 baths, den-wed burner, im maculate. Move in condition \$288,900 GIL REALTY 671-2300

Glen Cove Waterviews OF LI SOUND

In one of a kind town house style home New European kitchen LR with frpic, DR, 3 BR, 2 baths, familyroom, LOW TAXES BY OWNER \$389,000 CALL 516-676-4832

Out Of Town Real Estate

MYRTLE BEACH S.C. CONDO/HOTELS
Oceanfront & Oceanview Decorator Furnished 90 Per Cent Financing 1 & 2 BR Units \$49,900 to \$82,900 1-800-387-4815 Grand Strand Resorts

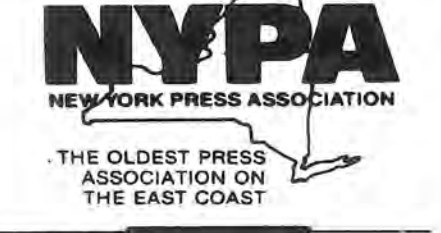


LOCAL PUBLIC FORUM

Letters In Your Local Community Newspapers Allow You To State YOUR Views About Pet Peeves Or To Express Opinions About School And Community Projects And Performances Or Government Leaders

They Are One Of The Many Free Services Your Community Newspapers Provides

The Leading Community Weeklies Are Proud To Be Members Of The New York Press Association



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Easy Come, Easy Go in Great Neck.

Welcome to 80 Cutter Mill Road in Great Neck. Your New York style office space without the New York style commute.

- 2 blocks west of the Great Neck Railroad Station.
- 22 minutes to midtown Manhattan via LIRR express.
- Contemporary 5-story, 80,000-square-foot building fully sprinklered.
- State-of-the-art heating, ventilating and air conditioning systems.
- 360-car parking sheltered and secured.
- Less than 20 minutes to both JFK and LaGuardia Airports.
- Nearby dining, shopping, and banking.
- Ready for immediate occupancy.

Broker participation invited.

Owner/Developer: BELFER DEVELOPMENT CORP.
40 Cutter Mill Road, Great Neck, N.Y. 11021 (516) 482-1970

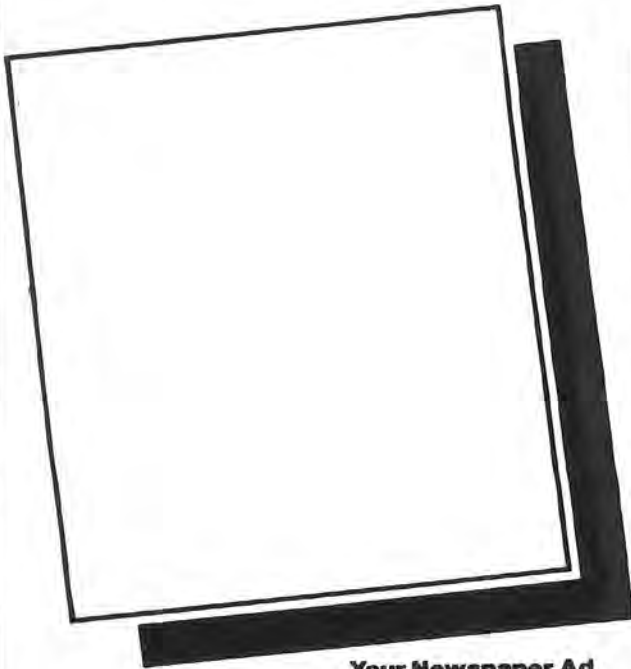
80 CUTTER MILL ROAD

MS REALTY
One Great Neck Rd. Suite 101, Great Neck, NY 11021-2305
Michael A. Shichman BROKER 516-487-2320

AUTOMOTIVE SECTION

silence

is not golden...



Your Newspaper Ad

You're right! The space is empty. There isn't any ad. If you operate a business and don't advertise, the silence is **anything but golden**. Advertising is really extending an invitation to your prospects and asking them to buy your products or use your services. If you aren't advertising, you aren't selling.

**if you need more business,
call our business 747-8282**



Wanted Auto

ALL Used Cars Foreign, Domestic, Exotic. Prof. service. Top \$5. We visit you. Jon-Tee Inc. 828-9811
WANTED Used Cars & Trucks
Specials at LI Auto Exchange
754-129 750-4140

Autos For Sale

BUICK Regal 1979, 8 cyl, 2 dr, gray, exc cond \$1500. Call Pal. 385-2050
BUICK regal 1982 6 cyl, blue fully loaded 80K. \$2300 423 1193
CAMARO 1980, auto, ps, pb, am/fm cassette. \$3200. 671-3546
CAMARO 2-26. 1978, blue, new brakes, new exhaust, 2 new tires. Alpine stereo. Exc exterior. Best offer. 767-4841
CHEVELLE 1977, 6 cyl, 2 dr, manual, 100k, needs work. \$350 neg. 549-9248
CHEVY Astro 1985, blue, am/fm stereo, hi miles, ac, exc cond, \$5000 or best offer. 549-7205
CHEVY Chevette 1989, 6k, mint! AM/FM, black. \$4000. Call 575-3974 after 5pm
DODGE Daytona 1988, black w/gray interior, 5 spd, fully loaded. A/C, ps, pb, pw, am/fm cassette stereo, only 14k! Must sell! \$8500. 688-8811
FORD Escort 1985, ac, mint cond. 715-337-8540 or 516-880-8409
MERCEDES Benz 70, 280SL, 85k, orig owner, convert & hardtop, wht bottom, blk top, leather int, asking \$17500. 212-628-6338
OLDS Toronado fully equipped, top shape, 28,000 miles, \$10,200 neg. after 6pm. 487-1428
OLDS Toro 1985, 28k, all extras, top shape. \$10200. 487-1496 after 6pm
PLYMOUTH Volara, ps, pb, ac, auto, am/fm, 4 dr, 56k, \$950. 787-0484
FBIRO 1980, Landau, V6, auto, ac, ps, pb, am/fm stereo, exc cond. \$7700. 421-5055 or 758-9841
T-BIRD 1988 full power, Red, aluminum wheels, custom rear deck, elec. driven, exc. cond. CREAM PUFF! \$11,500 788-8180
VOLVO 1975 245 7 passenger, wagon tan 4 spd elect. overdrive, ps, pb, am-fm cassette, low mi luggage rk rear wiper defroster orig owner \$2900 754-2177

Call:
747-8282
Classified
Department

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Simonizing • Detailing • Hand Car Wash
For the Ultimate Showroom Finish

• Car Hand Washed & Towel Dried • Engine Shampooed & Dressed • Tires & Rims Expertly Detailed and Dressed • Windows Carefully Cleaned • Upholstery & Carpets Professionally Vacuumed & Shampooed • Pure Paste Wax Carefully Applied to Bring the Paint to a High Luster

175 MINEOLA BLVD. MINEOLA
XJC AUTO POLISHING 294-1959 CALL MARK

IT'S REBATE TIME AT HALLOCK!

Cavalliers \$400
Celebrity \$750
Corsica \$600
Spectrum Turbo \$1000
Beretta \$600
Vans* \$500
S/T Blazers \$500

HALLOCK CHEVROLET 286 South Street Oyster Bay, NY 11771 **922-3400**

GM QUALITY SERVICE PARTS GM
McQuay-Norris G. Dowty

*G-10-30 Series, 05E06 Models including conversion vans

929



Mazda's new 929 has surprised discriminating owners of Audis, Mercedes and BMW's.

MAZDA 929—ALL-NEW HIGH-PERFORMANCE LUXURY SEDAN: WITH 18-VALVE V-6 AND UNIQUE E-LINK SUSPENSION.

Mazda 929 is a luxury sedan with high-performance comparable to the expensive European sedans, yet priced far below their range. Mazda teams an advanced 18-valve fuel-injected V6 engine with a unique E-Link suspension and other technical innovations to achieve a new level of driving luxury. With nearly one hundred cubic feet of comfort, plus amenities from air-conditioning to a six-speaker sound system, 929 is a new adventure in luxury.

VISIT LONG ISLAND'S LARGEST DEALERSHIP AND ROAD-TEST THE MAZDAS IN STOCK FOR IMMEDIATE DELIVERY. LEASING AND FINANCING AVAILABLE.

\$18,950*
929 Luxury Sedan



mazda great neck
240 NORTHERN BLVD., GREAT NECK 516 829-6020

*Includes dealer prep & options. Freight charges, taxes & license extra.

AUTOMOTIVE SECTION

—BBB Challenges Car Dealers' Offers—

Eleven automobile dealerships claiming to "meet or beat" competitors' prices were the subject of a recent Better Business Bureau investigation. Bureau staff, posing as potential customers, found that to take advantage of these offers some dealerships required consumers to place an order for the car with a competing dealership. Other dealerships required consumers present a written price quote from a competitor. It was then up to the dealership to decide if the quote was legitimate.

The Bureau maintained that requiring consumers to order another automobile, which could result in monetary damages, including the loss of a deposit on the ordered vehicle, is unreasonable. In those cases where the legitimacy of a written price quote is decided by the offering dealership, the Bureau was concerned about the potential arbitrary nature of the decision. In all cases, the Bureau recommended the offers be modified.

Janice Grassi, Executive Director of the BBB, noted: "Advertisements which set company policy of matching or bettering com-

petitors' prices are questionable if the terms of the offer are unreasonable."

The Bureau brought to the attention of the eleven dealerships the BBB Code of Advertising, which states: "An advertisement which expresses a policy of matching or bettering competitors' prices should conspicuously and fully disclose any material and significant conditions which apply and specify what evidence a consumer must present to take advantage of the offer." Regarding to type of evidence required, the Code states: "Such evidence should not place an unrealistic or unreasonable burden on the consumer."

Of the eleven firms contracted by the BBB, nine responded to the Bureau. Five firms believed the offers were clear and did not place an unreasonable burden on consumers. Three firms advised the Bureau that the "meet or beat" claim had been removed from the ads, and one firm advised the Bureau that it would take the BBB's recommendations into consideration when drafting future advertising.

Long Island's #1

GRAND OPENING *ski-doo.*

FOR ONLY **\$1999***



FACTORY AUTHORIZED SALES SERVICE PARTS.

CITATION LS

ski-doo.BB *FREIGHT ADDITIONAL

VISA  *Dealer Financing Available* 516-935-6969

250 OLD COUNTRY RD., HICKSVILLE NY

Wondering what happened to your neighbors' BMWs, Audis, and Volvos? They probably traded them for one of **OUR Saabs.**



We're the only dealer on L.I. that has "Saab Master Technicians" in attendance.

Some lead and others follow. As it is in life, so it is in automobiles. There are those who immediately recognized Saab as one of the world's finest automobiles. They keenly appreciated the engineering and performance of our Saab 900s and added power of our 900 Turbos. Not to mention the ultimate grand touring luxury of the 5 passenger 9000.

But gradually the word spreads. People begin to discover not only the car, but the equally matched performance of **Garden City Saab as Long Island's #1 Saab dealer.**

So come to Garden City and discover the ultimate in both a dealer and an automobile. You might even see one of your neighbors.

Get all the performance of a Saab starting at \$15,000

'88 Saab 900 <small>Lease from only</small> \$239.75 per mo No Money Down!	'88 Saab 9000 <small>Lease from only</small> \$338.50 per mo No Money Down!	'88 Saab Convertible <small>Lease from only</small> \$497.22 per mo No Money Down!
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Garden City Saab

Long Island's #1 Saab dealer because we're the #1 service dealer.



HEMPSTEAD 483-7200
LINCOLN/MERCURY/MERKUR 301 N. Franklin St.

*60 month closed end lease
One month security deposit
plus first month princ. in advance
Sales tax & lic. fees additional
For total princ. 3% monthly princ. by 60
Other custom lease available
Business & professional leases only
Cars must be delivered by 3/31/88

AUTOMOTIVE SECTION

DOR AUDI

WINTER SPECIAL: \$98⁹⁵ + tax

- Oil Change & Filter
- Check All Fluid Levels
- Flush Radiator
- Replace Anti Freeze
- Pressure Check, Cooling System
- Check All Belts & Hoses
- Check All Steering Components
- Check Brakes, 4 wheels
- Rotate Tires
- Check Heater, Fan Operation

Call For Appointment
Expires 2-15-88
Additional Parts & Labor Not Included



1045 Northern Blvd. Roslyn, L.I.
516-627-7755



JAGUAR PARTS

At Hempstead Auto Parts we provide service the way you remember it with over a half million dollars worth of JAGUAR parts in our automated inventory and 24 hour delivery on any parts not on hand, you can be sure that we can fill your order.

We have fifty thousand dollars worth of JAGUAR accessories.

Our experienced staff is at your service. Please call 486-7670 or 486-7671

WE DELIVER

All Major Credit Cards Accepted

HEMPSTEAD AUTO

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Look at what we are today!

After 63 years, the older we get...the better we get.

'88 Frenza
Auto, air cond., tint glass, P/S, rear def.
\$9,188



'88 Calais
Auto, air cond., tilt, cruise, rear def., B/S/M
\$10,388



Sure we've been around for 63 years - offering great cars, great deals and great service that keeps generation after generation coming back to us. But we know we're only as good as the car, the deal and the service we offer today. So come in and discover the Mack Markowitz tradition of total satisfaction. If you liked us before, you're gonna love us now.

Look at what we've got today!

'88 Delta 88
Auto, air cond., P/S, P/B, rear def., rocker & whl trim molding, convenience grp.
\$12,988



'88 Clera
Auto, air cond., cruise, tilt, pulse wipers, AM/FM cass., rear def., floor mats, wire whl covers
\$10,988



Prices include all applicable factory incentives. Fr. additional

Mack Markowitz

OLDS

516-483-9600 Mon-Fri 9-9, Sat 9-5 Closed Sun Main & Sedell Street, Hempstead

Special Savings Certificates

worth over

\$500

With new car purchase

with this coupon

Social Notes

(continued from page 5)

Beverly-Jo Home for Christmas

Oliga and Joseph Arnold of Princess Street were happy to have their daughter, Beverly-Jo visit them for a week during the Christmas holidays. She was also happy to see her grandmother, Josephine Heinemann, (who lives with her parents) and who will celebrate her 95th birthday February 1st.

Beverly-Jo is attending Wartburg Theological Seminary, Dubuque, Iowa. While home she was privileged to assist the Rev. Dr. John Krahn and Rev. Wayne Puls during a communion service at Trinity Evangelical Lutheran Church in Hicksville. She returned to North Dakota for a month to assist the pastor of a church in Dickenson, as part of her education.

Midland Civic Meet

By GERT PAUL

Ellie Draycott, Midland Civic Association President, has announced that Angelo Delligatti, Town of Oyster Bay Supervisor, will address the civic association at their next meeting on January 27. Mr. Delligatti will discuss his goals for the town for the coming year.

Mrs. Draycott recently helped organize a coalition of civic associations which address problems in the community. Currently, Midland and other civic groups are working on the problem of toxic waste sites in Hicksville, of which seven major ones may possibly spoil the drinking water. The Beautification Committee is concerned with garbage disposal, as well as improving the overall appearance of the town. Past President Larry Weintraub is representing Midland with distinction for the reorganiza-

tion of the Hicksville Public Schools. Other concerns they are working on include parking and bus depot problems and abandoned cars and trucks on town streets.

The meeting will be held at Willet Avenue School at 8 p.m.

Independent Art Society Meeting February 1

In February the Independent Art Society meeting will feature a pen and ink demonstration by Charles Fillizola, a former member of I.A.S. Those who view his demonstration will delight in his fluid lines and cross hatches that result in a charming, well-balanced composition at the finale.

The meeting will take place on Monday, February 1, 7:30 p.m. at the Hicksville Public Library, 169 Jerusalem Avenue in the Community Room. Anyone interested is welcome to attend.

Hazardous Driving Tips

• When visibility is poor, such as in snow, rain, sleet and fog, even if you can see well, turn your headlights on so that other drivers can see you.

• Keep windows in your automobile clear from snow. It only takes an extra five minutes.

• Give yourself extra time to get to your destination. An extra 15 or 20 minutes is not much to ask for and it is safer than rushing on hazardous roads.

• Have patience with snow-fighting crews. Give them room to do their work. If you find yourself in back of one of these plows or sand trucks, use extreme caution in passing.

The Hicksville Illustrated wishes everyone a safe winter season.

GIESE FLORIST

Send a gift just for fun

The FTD® Tickler®

Bouquet

Call or visit us today.

Send your thoughts with special care.

* Registered trademark of Florists' Transworld Delivery Association

GIESE FLORIST
248 S. BROADWAY, HICKSVILLE
931-0241
(NEXT TO ROBERTS CHEVROLET)



The Lynn Schwartz Equation
Content + Techniques = Higher Scores

SAT

EARLY ENROLLMENT
SPECIAL EDITION
BY LYNN SCHWARTZ

(516) 826-5357

SAT CLASSES

If you choose carefully, you must choose the LYNN SCHWARTZ course. If you want the highest scores, you have no other choice!

Prepare Now For Higher Scores

Lynn Schwartz's College Entrance Exam Preparation Center of L.I., Inc.

• Farmingdale	• Merrick	QUEENS
• Five Towns	• New Hyde Park	• Bayside
• Garden City	• Oyster Bay	• Far Rockaway
• Hicksville	• Syosset	• Flushing
• Malverne	• Syosset	• Forest Hills
• Massapequa	• Valley Stream	• Rockaway Park

Pregnant Women and New Mothers Stay Healthy Keep Fit

Exercise Especially Designed For Pregnant Women and New Mothers



Some of the Many Benefits

- Improve Muscle Tone
- Minimize Excess Weight Gain
- During Pregnancy
- Shape Up After Delivery
- Relieve Minor Discomforts of Pregnancy
- Ease Everyday Tensions and Stress
- Improve Posture and Circulation
- Increase Vitality
- Fun... Easy to Learn

DEVELOPED BY TWO REGISTERED NURSES

EXCELLENCE IN MATERNITY FITNESS

Call 520-2850 for more information

The Center for Well Being at

Midland Hospital

Medically Approved Classes

"A CONTINUING TRADITION OF CARING"

4295 Hempstead Turnpike, Bethpage, New York 11714

It's all in the Planning...

BLUE GIRL HOUSE



The Best Plantscapes Start with a Plan... and They Start Now!

Now, because there's ample time to design your plantscape so it's first rate and ready for early Spring.

The design consultants at Martin Viette Nurseries are uniquely qualified to create a plantscape that enhances your home and encourages vibrant plant growth.

Here's how:

- We're experts in plant care, as well as plant design.
- Every plant specimen we use is carefully selected from Martin Viette Nurseries' vast stock for the finest quality and growth potential.
- We guarantee all our stock for 1 full year - whether you plant or we plant.

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Hicksville High Happenings . . .

By ARLEN STRONGIN

Winter Concert

On January 14, the Hicksville High School held its annual winter concert in its auditorium. Many parents attended to see their children perform. The performers received a highly positive reaction from the audience. To get the concert started, an art exhibit was displayed, showing the exceptional artistic efforts by students in Ms. Appold's, Ms. Caldwell's, Ms. Hosie Pierce's and Ms. Pilkington's art classes. Next, the school's Madrigal Singers sang material written by various musicians; Mozart being among them. The orchestra performed next, playing pieces written by Mozart and Bach. During the orchestra's set, Jennifer Tower performed an outstanding solo on her flute and Nick Munson performed an equally remarkable cello solo. The Jazz Band exhibited their talent following the orchestra. They performed songs such as, *Stick With It*, by Mark Taylor, and *Escape Artist*, by John Berry. After intermission, the high school band kicked the excitement right back into gear again by performing, *March: Omega Lambda Chi*, by Charles Ives, and *Begin the Beguine*, by Cole Porter. The Chorus exhibited their musical talents next by singing *Let Love Come Near*, by Ed Robertson, and *Requiem For The Masses*, by Terry Kirkman. During the set, James McRoy performed an excellent solo and both James Dyckman and John Laspina each performed excellent percussion solos.

Comet Newspaper Staff

The *Comet Newspaper* staff strives to amplify its member's skills and responsibilities by producing and publishing the school newspaper. The staff is Lisa Reinhardt-editor, Sheila Raza-business editor, Lisa Chang-news editor, Nauman Shah-sports editor, Jim McCrann-assistant sports editor, Karen Gluzack-leisure editor and layout editor, Kim Stanley-illustrator and Bill Corrigan-photo editor. The staff is supervised by teacher Patricia Richards. Its reporters are Jennifer Livingston, Faith Bloom, Jessica Garnets, Tom Reilly, Darlene Clerk, Michelle Di Zonza, Aileen Hauxhurst, John DePaoli, Dave Ching, Cindy Manolakef, Santosh John, Augustina Hansen, Dave Laspalato and Tricia Sutter.

Ski Trip

On Saturday, January 16, the ski club went to Brodie, Massachusetts to ski on Kelly's Irish Alps. The trip lasted from 4:30 a.m. to 9:00 p.m. A great time was had by all.



Kiwanian Bob McGuinness, on the right, is shown presenting Kiwanis president Charlie Montana Jr. with some copies of publications prepared by the I.R.S. Mr. McGuinness explained the "Dos and Don'ts" about submitting income tax forms at the last meeting of the year.

Computers Come to the Hicksville Public Library

The Hicksville Public Library has two computers available for the public to use. One, the Macintosh Plus computer, is located in the Adult Area. It has two disk drives that utilize three and one-half inch floppy disks. Patrons must bring in their own software.

The other computer, the Leading Edge, is an IBM-compatible computer with a memory of 640k. This computer is in the Record Room. In a few weeks, the Leading Edge computer will be equipped with voice synthesizer software. This program, a gift from the Hicksville Lions Club, is invaluable to visually impaired and blind people.

The Hicksville Public Library will offer a very basic introduction to the Macintosh Plus Computer and the Leading Edge Computer. The choice of dates for the "Introduction to the Macintosh Plus" are these Thursdays: February 18, February 25 or March 3. The choice of dates for the "Introduction to the Leading Edge" are these Wednesdays: March 16, March 23 or March 30. Each session will be from 7:30 pm to 9:00 pm. You must pre-register for one of these sessions at the circulation desk. Each session is limited to ten people and registration begins January 22. For Hicksville Residents Only.

Tax Laws Discussed At Kiwanis Meeting

As 1987 was drawing to a close, the Hicksville Kiwanis Club was treated to a series of dos and don'ts in a quick run-down of how to get ready for submitting the next Federal Income Tax. Kiwanian Robert McGuinness of the firm 76 Associates, who specialize in accounting, finance, marketing and taxes, had been involved in some in-depth study and analysis of the new Income Tax Law and volunteered to present a program at the December 16 Kiwanis meeting. Mr. McGuinness suggested a variety of things to do before the end of 1987, as well as some things not to do until 1988 in order to take advantage of some of the peculiarities of the new tax law.

Pssst . . . Say you saw it in the
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Community Calendar

Please address all notices of local events to Calendar Editor, 132 E. Second Street (P.O. Box 1578) Mineola, N.Y. 11501 or phone 747-8282. Calendar items must be submitted two weeks prior to the event.

Friday, January 22

• **Overeaters Anonymous:** a 12 step recovery program for recovery from overeating, will meet at 8 p.m. at Parkway Community Church, Hicksville. For information call 795-6814.

Sunday, January 24

• **Long Island Catholic Singles Club Brunch:** 1:30 p.m. at T.J. Courtneys, 594 So. Broadway, Hicksville, followed by movies at Mid-Island Theatre. All singles 25 to 40 invited. For information call 378-0022 or 884-6433.

Monday, January 25

• **Public Speaking:** 8 p.m. at the Mid-Island Y, 45 Manetto Hill Rd., Plainview. Fee: \$24. Registration required. For information call 822-3535. Also takes place on Feb. 1.

• **"Here's Whats Cooking,"** Chef John Cheerasiri will demonstrate at 8 p.m. at the Mid-Island Y, 45 Manetto Hill Rd., Plainview. Fee: \$15, includes meal. Registration required. For information call 822-3535.

• **Special Young Adult Social Club** (20 to 30) meeting, 7:30 p.m. at the Mid-Island Y, 45 Manetto Hill Rd., Plainview. Fee. For information call 822-3535.

• **New Beginnings** (for widows and widowers 40 to 60) meeting, 7:30 p.m. at the Mid-Island Y, 45 Manetto Hill Rd., Plainview. Fee. For information call 822-3535.

• **What Next?** The next step in the bereavement process, 7:30 p.m. at the Mid-Island Y, 45 Manetto Hill Rd., Plainview. Fee. For information call 822-3535.

• **Diabetes Club** will meet from 7:30 to 9:30 p.m. at Central General Hospital, 888 Old Country Rd., Plainview. G.U. Neuropathies: Nerve Problems of Impotence and What to Do. No fee. For information call 681-8900, ext. 2304.

• **Business and Professional Singles** (21 to 40) meeting, 8 p.m. at the Mid-Island Y, 45 Manetto Hill Rd., Plainview. Fee. For information call 822-3535.

• **Writer's Club of Hicksville** meeting, 7 to 9 p.m. at the Hicksville Public Library Community Room, 169 Jerusalem Avenue. Fee. For information call 822-2642.

• **Overeaters Anonymous:** a 12 step

recovery program for recovery from overeating, 8:30 p.m. Mondays and Thursdays at Parkway Community Church, Hicksville. For information call 795-6814.

Tuesday, January 26
• **Recovery Inc.,** the Association of Nervous and Former Mental Patients, will meet at 8 p.m. at Parkway Community Church, Stewart Ave., Hicksville.

• **Fund raising activity:** 7:45 p.m. at Congregation Shaarei Zedek, Old Country Rd. and New South Rd., Hicksville. Refreshments served.

• **Prenatal Exercise Classes:** Tuesdays and Thursdays from 6:30 to 7:30 p.m. in the Staff Room of the Mid-Island Hospital. Fee. For information call 520-2212.

Wednesday, January 27
• **Volleyball,** for adults 18 to 30, 7:30 p.m. at the Mid-Island Y, 45 Manetto Hill Rd., Plainview. Fee. For information call 822-3535.

• **Color Analysis,** 7 p.m. at the Mid-Island Y, 45 Manetto Hill Rd., Plainview. Fee: \$28.50. For information call 822-3535.

• **Emphysema Club** meeting, 1:30 p.m. in the Conference Room of the Mid-Island Hospital. No fee. For information call 520-2212.

• **Hicksville Kiwanis Club** meets at 12:30 p.m. at the Milleridge Inn, Jericho.

Thursday, January 28
• **Hicksville-Jericho Rotary Club** will meet at 12:15 p.m. at the Milleridge Inn.

• **Hicksville Elks Lodge No. 1931** will meet at 8 p.m. at 80 East Barclay St., Hicksville. For information call 931-9310.

• **Hicksville Republican Committeemen's Council** meeting, 8 p.m. at Antun's, 244 Old Country Rd., Hicksville.

• **New Outlook for the Widowed** will meet at 8 p.m. at the Mid-Island Y, 45 Manetto Hill Rd., Plainview. For information call the Y at 822-3535 or Blanche Tarsky, president, at 938-1747.

• **Hicksville (Mid-Island) Senior Citizens** will meet from 11 a.m. to 3 p.m. at the United Methodist Church, Old Country Rd. and Nelson Ave., Hicksville. For information call Clare Smyth at 938-7079.

Friday, January 29
• **Overeaters Anonymous:** a 12 step recovery program for recovery from overeating, will meet at 8 p.m. at Parkway Community Church, Hicksville. For information call 795-6814.



BANKERSWITH HEART (L. to R.): Thoman Messina (Levittown) Savings of America, chairman of the Battling Banks to benefit the American Heart Association/Nassau Chapter, welcomes new committee members, Steven Dolan (Hicksville) and Mary McNeill (Islip) both of Barclays Bank of New York. Twenty banks will compete in a series of fun-filled semi-athletic events on March 13 at Hofstra University.

How to Get Your News In the Illustrated

All information may be sent to the *Hicksville Illustrated News*, 32 East Second St., Mineola, N.Y. 11501.

All copy should be typed, double spaced. Clear hand printed material, however, will be accepted.

Photographs **MUST** be clear. No polaroids please. They do not reproduce well. Color photos will be accepted.

Our deadline is Monday for that Thursday's edition.

Helen Hayes Joins Catholic Organization

Actress Helen Hayes, known the world over as the "First Lady of the Theatre" was recently honored by the Catholic Daughters of the Americas (CDA). The actress surprised the more than 2,000 CDA members in attendance (among them, members from Court Queen of Angels in Hicksville) by spontaneously joining the CDA and became one of the newest members of the largest organization of Catholic women in the world.

OFFICIAL PUBLIC NOTICES

PUBLIC HEARING

NOTICE is hereby given, pursuant to law, that a public hearing will be held by the Town Board of the Town of Oyster Bay, Nassau County, New York, on Tuesday, February 9, 1988, at 8 o'clock p.m., prevailing time, in the Hearing Room, Town Hall, East Building, Audrey Avenue, Oyster Bay, New York, for the purpose of considering a proposed amendment to the Building Zone Ordinance of the Town of Oyster Bay in the manner set forth hereinafter: **PROPOSED AMENDMENT:** Petition of **ROBERT R. BROWN AND ROBERT J. BROWN** for a Change of Zone from "D" Residence District to "G" Business District (General Business) in order to permit the premises to be used to provide off-street parking spaces for forty (40) additional cars in connection with the automobile dealership use of the premises described as: ALL that certain plot, piece or parcel of land, situated at Hicksville, Town of Oyster Bay, County of Nassau, State of New York, which is bounded and described as follows: A rectangularly shaped parcel situated on the south side of First Street, 419.55 feet west of South Broadway, having a frontage of 79.30 feet on First Street with a depth varying from 197.84 feet to 205 feet and a rear width of 82.90 feet. SAID premises being further identified as Section 46, Block P, Lot No. 4 on the Land and Tax Map of Nassau County. The abovementioned petition and map which accompanies it are on file and may be viewed daily (except Saturday, Sunday or Holidays) between the hours of 9 a.m. and 4:45 p.m., prevailing time, at the office of the Town Clerk at Oyster Bay and Massapequa. Any person interested in the subject matter of the said hearing will be given an opportunity to be heard with reference thereto at the time and place above designated. **TOWN BOARD OF TOWN OF OYSTER BAY,** Angelo A. Delligatti, Supervisor; Carl L. Marcellino, Town Clerk; Dated: January 5, 1988, Oyster Bay, New York.

1-21-88-174H-187 Hick

NOTICE TO BIDDERS

Notice is hereby given that Sealed Proposals for

the purchase of one (1) 1988 Ford Standard Ranger 4x2 by the HICKSVILLE WATER DISTRICT will be received and considered by the Board of Commissioners of the HICKSVILLE WATER DISTRICT, at the Office of the District, 4 Dean Street, Hicksville, New York, until 4:00 P.M., Tuesday, February 2, 1988. Bids will be publicly opened and read aloud at 7:00 P.M.

Each proposal submitted must be accompanied by a certified check or bid bond, payable to the HICKSVILLE WATER DISTRICT, in a sum equivalent to five percent (5%) of the total of the bid. Specifications, information to Bidders and proposal Forms may be obtained at the total office of the District.

The Board reserves the right to reject any or all bids, waive any informalities, and to accept such bid as, in its opinion, is in the best interest of the HICKSVILLE WATER DISTRICT.

Dated: January 19, 1988
BOARD OF COMMISSIONERS
 HICKSVILLE WATER DISTRICT
 Town of Oyster Bay & Hempstead
 Richard A. Humann, Chairman
 Gilbert E. Cusick, Treasurer
 Nicholas J. Brigandi, Secretary
 01-21-88-174H-188 HICK

Surprise Someone on Their Birthday or Anniversary.

Send the information in to the *Hicksville Illustrated News* and we'll print it... free of charge.

Willet Avenue School Celebrates 25th Year

On Saturday, January 30, 1988 the Willet Avenue School will be having a 25th Anniversary Celebration at the Joseph Barry Council Knights of Columbus in Hicksville. The cost will be \$22.50 per person which includes a hot and cold buffet, open bar, music and dancing.

Tickets may be obtained through the school until January 25. Tables for ten or twelve people are available. For further information contact Donna Scalfani or Donna Conk via Willet Avenue School at 933-6563.

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HICKSVILLE ILLUSTRATED NEWS

founded in 1986 by Howard J. Finnegan

RITA LANGDON EDITOR
EDITORIAL STAFF
CATHERINE TOKAR, JANICE MANASKIE
FLO GRIES SOCIAL EDITOR
MICHAEL MATRANGA ADVERTISING
 Post Office Box 70 • Hicksville, N.Y. 11801

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Letters From Our Readers

Letters to the editor are welcomed by the editors and publishers of the Anton Community Newspapers. However, they must follow certain guidelines in order for us to print them: they should be as short as possible; we reserve the right to edit in the interest of space; they MUST be signed (a typed name at the bottom will not suffice); they must include an address and telephone number so that we can verify their authenticity.

We receive many fine letters which we would like to share with our readers, but we are unable to use them because they are unsigned or have a typewritten name only.

We cannot publish every letter we receive because of space limitations, but we try to present both sides of all issues. Personal attacks and letters considered to be in poor taste will not be printed.

To The Editor:

A New Twist on Christmas Spirit

A good many people in Hicksville have heard of "The Church of the Open Door". Actually, this is another name for Redeemer Lutheran Church at New South Road. For 30 years, this congregation has lived amongst the residents of the community and reached out to them. This is a relatively small congregation with a healthy spirit.

Just after Christmas, this spirit was shaken—not broken, but shaken. In the spirit of Christmas, Redeemer Lutheran Church had erected a manger scene—depicting a stable, the holy family, the shepherds and the animals, depicting the scene of this most holy season.

A few days after Christmas, the people discovered one morning that during the night, someone had run a truck across the field and the manger had been desecrated. The only figures left were Mary and one of the donkeys. These were almost life-sized figures which had been bolted to the stable floor and could not have been casual-

ly lifted. The lambs' heads were broken off, Joseph was gone, as were the shepherds and the baby Jesus.

On the first morning of Epiphany, the figure of Joseph was discovered at the East Street Elementary School. So far, none other of those taken have turned up.

This entire scene had been given by a member to Redeemer Church as a memorial to loved ones. The congregation erects the scene each year to remind those passing by about the real meaning of Christmas—the season of good will toward men.

The congregation is determined to erect the scene again next year—although the figures are not replaceable, since they are no longer available. This is Redeemer's gift at Christmas to the entire community. It is the congregation's belief that Jesus came into the world to bring peace and good will. They would like to understand and forgive those who would make a mockery of our Lord's coming to bring to all the world that peace and good will.

Effie C. Krogman

Concert at Trinity Theatre February 27

The Holy Trinity Parents' Club is proud to present in the Trinity Theatre, Newbridge Road, Hicksville, Ireland's greatest tenor, Frank Patterson, in concert with Geraldine O'Grady, Eily O'Grady and Des Keough on Saturday, February 27 at 8 p.m.

Advance tickets for this concert are now available at \$15, each. Tickets at the door will be \$17.50.

If interested in attending, please call the school at 433-2900, or Charlie or Judy Zegers at 785-2638.

For those who are not acquainted with Frank Patterson, he is the most acclaimed Irish tenor in recent times. He has performed at Carnegie Hall, the White House, St. Patrick's

Cathedral, and in many other world performing centers. On March 10, he is scheduled to perform an entire concert at Radio City Music Hall. Several weeks ago, he opened in John Huston's last movie, entitled *The Dead*, and received rave reviews.

**READ
 AND
 RECYCLE**

Police Report

The Second Precinct has reported the following:

• **January 1:** A Deer Park man was arrested after he allegedly assaulted two Long Island Railroad Police Officers aboard a westbound train.

The defendant, a 21-year old painter, was apprehended at the Hicksville train station at 9 p.m., after police responded to calls of numerous fights aboard the train. While attempting to remove disorderly passengers from the train, two officers were allegedly attacked by the man.

One officer suffered lacerations and contusions to his left arm and was taken to Syosset Hospital. The other officer suffered a possible fractured left wrist and was treated at Winthrop University Hospital in Mineola. The defendant is charged with two counts of assault

in the second degree and disorderly conduct. He was arraigned in First District Court in Mineola.

• **January 8:** A house on Wellesley Lane was broken into through the rear door. The loss is unknown.

Looking for a perfect gift??
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Hicksville Illustrated News

Your Community Newspaper is Delivered
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Editorial

All too often today's youngsters are blamed for much of the bad news circulating throughout the community whether they were actually connected with a wrongdoing or not.

Manufacturers Hanover went beyond stereotyping and discovered a large number of youngsters who made significant contributions to the community. By treating the students to a hockey game, the bank unveiled an often overlooked asset to the community. Students should be given the recognition they deserve for their community service instead of being pinpointed negatively for any degradation within the town.

The betterment of the community is achieved by these youngsters through their Christmas toy, blood and food drives. They are making an effort to partake in local improvement and enhance the quality of life in the Hicksville area.

We hope that other youngsters in the area soon receive their own recognition as this group has.

—RML

A Big Problem With "Old Glory"

By EFFIE KROGMANN

For many years, the Hicksville Chamber of Commerce has directed the flying of the American Flag on the main streets of Hicksville for each and every holiday. The flags are erected and taken down by the various service organizations of the community, in turn.

When the program started, Hicksville enjoyed seeing more than a hundred beautiful flags flying from 10 foot poles. Today, there are less than 60 such flags.

As impossible as it seems, over 40 flags, including poles, have been STOLEN over the

past few years.

The Hicksville Chamber of Commerce is determined to replace the stolen flags and issue a request to the various service clubs to lend a hand in this endeavor. Private help is also solicited.

The poles are 10 feet high with a circumference of 4-5/16" and a diameter of 1-5/16". The flags are 5 x 5. If anyone has such a flag that they would like to donate to the supply, please contact either Marc Ramirez, President of the Chamber, at 433-8183 or Larry McCaffrey at 681-2500.

Applications Accepted for Auxiliary Police

The Nassau County Auxiliary Police Unit 312 is now accepting applications for new auxiliary police officers to service the communities of Hicksville, Bethpage and Plainfield.

To be eligible, participants must be between the ages of 17 and 55, be in good health, have a clean record, and possess the will-

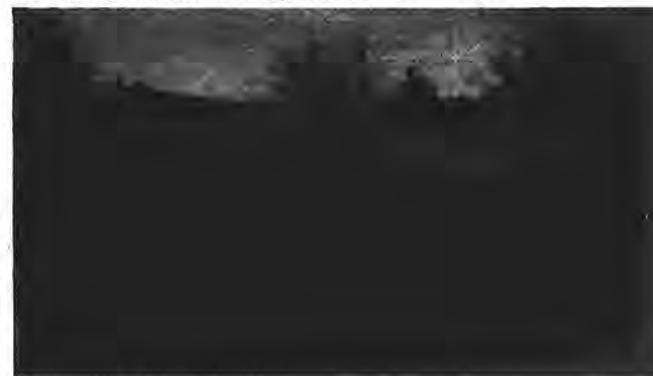
ingness to spend just a few important hours a month in the service of the community. All interested applicants should write:

Nassau County Auxiliary Police Unit 312
 P.O. Box 203
 Hicksville, N.Y. 11802-0203
 or call:
 422-2309

Scene Around Town



HICKSVILLE HIGH SCHOOL students could not wait for open snowball season this year. It was the boys against girls when the final bell rang at 2:17. The girls threw their snowballs from behind the flag pole and the boys stood behind a large snow mound.



MEANWHILE, ON THE other side of town, it's every man for himself as these three boys have a battling snowball fight.

Obituaries

Joseph P. Jablonsky

Joseph P. Jablonsky, an electrician, passed away on Jan. 6 at the age of 73. He was a lifetime resident of Hicksville.

Mr. Jablonsky is survived by his wife, Ann (Zielinski), his daughter, Carol O'Neil, his son, Joseph III, three sisters, May Ramski, Lottie Pius and Elizabeth Macuska, two brothers, John and Edward, and his grandchildren, Scott and Elizabeth O'Neil and Jennifer Jablonsky.

A Mass of Christian Burial was said at St. Ignatius R.C. Church, Interment followed at Mt. St. Mary's Cemetery under the direction of Henry J. Stock Funeral Home.

Mr. Jablonsky was a member of the IBEW Local Union 25, the William M. Grouse Jr. Post 1211, Knights of Columbus and an honorary member of the Hicksville Fire Department Company No. 4.

Mary Ann Donohue

Mary Ann Donohue, a native of County Limerick, Ireland and a resident of Hicksville, passed away on Jan. 7.

Pre-deceased by her husband, Michael, Mrs. Donohue is survived by her daughters, Ann Carroll and Susan Gibbons, her son, Thomas, her daughter-in-law, Patricia, her sons-in-law, James Carroll and Edward Gibbons, her sister, Catherine Ryan, a brother, Kevin Cronin, nine grandchildren and her niece, Sr. Daniel Catherine.

A Mass of Christian Burial was said at St. Ignatius R.C. Church on Jan. 11. Interment followed at St. Raymond's Cemetery under the direction of Thomas F. Dalton Funeral Home, Hicksville Chapel.

In lieu of flowers, donations to the A.H.R.C. would be appreciated.

Edith A. Burton (Nicolosi)

Edith A. Burton, a former resident of Hicksville, passed away on Jan. 9.

Mrs. Burton is survived by her sons, Patrick, Michael T and Danny J., her sister, Mrs. Elizabeth Needham and five grandchildren.

Religious services will be announced. Mrs. Burton was interred at Lutheran Cemetery under the direction of Rocky Point Funeral Home.

Mary M. DiChiara (Abbondandolo)

Mary M. DiChiara, a resident of Hicksville, formerly of Glen Cove, passed away on Jan. 11 at the age of 66.

Mrs. DiChiara is survived by her husband, Manno, her daughter, Marie, two sons, Pat and Michael, her sisters, Fanny Altamore, Grace Hahn and Angie Basile, her brother, Marino Abbondandolo, and her granddaughters, Ginger and Melody.

A Mass of Christian Burial was said at St. Rocco's R.C. Church, Glen Cove, on Jan. 14. Interment followed at Holy Rood Cemetery under the direction of Marcus L. Bianconi Funeral Home, Glen Cove.

James A. Nicollet

James A. Nicollet, a resident of Hicksville, passed away on Jan. 11.

Mr. Nicollet is survived by his wife, Agnes, his sons, James and John, his daughter-in-law, Barbara, and his grandson, Brian.

A Mass of Christian Burial was said at Holy Family R.C. Church on Jan. 14. Interment followed at Holy Rood Cemetery under the direction of Thomas F. Dalton Funeral Home, Hicksville Chapel.

Holy Trinity Church Activist Dies

The members of Holy Trinity Episcopal Church, Hicksville, mourn the death of J. Thomas Warmuth of Levittown, and extends heartfelt family condolences to his widow Lorraine and his son Gregory and his family.

A commemoration of Tom will be offered at Holy Trinity Episcopal Church, Hicksville, on Sunday, January 31 at 11 am following the 10 am Eucharist. Members of the community are especially invited to attend this memorial. Contributions in memory of J. Thomas Warmuth are invited and will be placed in a special Memorial Fund for a permanent memorial at Holy Trinity Episcopal Church. Contributions may be sent to Holy Trinity Episcopal Church, 130 Jerusalem Avenue, Hicksville, NY 11801.

Coming from Great Neck, Tom Warmuth was an original resident of Levittown and immediately found himself involved in the life and work of the then organized mission of Holy Trinity Church in Hicksville. He was one of the leaders who helped to establish Holy Trinity as a parish and directed its incorporation in 1954. He was Senior Warden of the Vestry at the time of the call of The Rev. Domenic K. Ciannella as Rector of Holy Trinity Church in the Fall of 1958. Previously he had served for 10 years as Lay Reader of All Saints Episcopal Church Great Neck. His contributions to these local parishes was accompanied by his continued service and interest in the Diocese of Long Island. Apart from being a

committed and life Churchman he was a committed citizen of the community. Tom Warmuth was associated with Franklin National Bank for 33 years as assistant vice president and branch manager and later on for two years as assistant vice president and branch manager in Levittown with the Hempstead Bank. He was past president of the Nassau County Chapter of the American Institute of Banking; served one term as treasurer of Nassau Cerebral Palsy Center; was associated with the Nassau County Council of Boy Scouts for more than 40 years in various capacities. In addition he served as treasurer of the Salvation Army in both Roosevelt and Levittown. Tom was also past president of South Farmingdale Lions Club and member of the Lions Clubs in Roosevelt and Massapequa Park. He was a member of the Levittown Exchange Club and Chamber of Commerce.

Tom Warmuth was a neighbor. He was known all along James Lane and the surrounding neighborhood both offering and receiving friendship of the residents. Tom lived beyond his maladies and was encouraged and supported by the love and admiration of Church and community members, but then he was a giving man. Tom died of cancer on Monday, January 11. The rector of Holy Trinity Episcopal Church officiated at his burial service at All Saints Episcopal Church, Great Neck, on January 14 and Tom was interred in the graveyard of All Saints Church.



"...I'll be back again some day." Looks like Frosty the snowman kept his promise as he came back to life after two snowstorms dropped an average of seven inches on Hicksville.

Religious Services

BAPTIST

First Baptist Church 1221 St. and Pollock Pl. Hicksville, Tel. 936-7134. Kevin J. Rawlins, Pastor. Services: Sunday morning worship at 11:30. Sunday night gospel hour at 7:00. Sunday school for ages cradle through adult at 9:45 a.m. Wednesday evening prayer at 7:30.

CATHOLIC

Holy Family Church 5 Forham Ave. Hicksville 11801. Tel. 935-1345. The Rev. Bernard J. McGillich, Pastor. The Rev. Peter L. Duversdorf, Asst. Pastor. The Rev. Dermick Grandpre, Asst. Pastor. Masses: Sundays in the Church 7:30, 9:00, 10:15 and 11:30 a.m.; 12:45 and 7:00 p.m. In the School at 10:00 a.m. Saturdays at 8:00 and 9:00 a.m. and 5:00 and 7:30 p.m.

Our Lady of Mercy R.C. Church 500 South Oyster Bay Road, Hicksville, 11801. Tel. 931-4351. The Rev. Msgr. James E. Boesel, Pastor. The Rev. Charles A. Gattineo, The Rev. William Donnelly, The Rev. John Fenick, Masses: Sundays in the Church Saturday evening at 5:00 and 7:30 and Sundays at 7:30, 9:15, 10:30 and 11:45 a.m. and 1:00 p.m. In the lower church 8:30, 9:45 and 11:00 a.m. and 12:15 p.m. Family Mass on the first Sunday of every month at 11:00 a.m. in the lower church, weekdays at 7:00, 8:00 and 9:00 a.m. St. Ignatius Loyola R.C. Church 129 Broadway, Hicksville, Tel. 931-0656. The Rev. Frederick Harter, Pastor. The Rev. Peter Liu and Rev. Thomas Costa, Assoc. Pastors. Services: Weekend masses: Saturdays at 5:00 and 7:30 p.m. Sundays at 7:30, 8:45, 10:30 a.m., 11:30 in the auditorium and 11:15 a.m., 12:30 and 8:00 p.m. Weekday masses: at 7:30 and 9:00 a.m. Monday through Friday. Saturdays at 9:00 a.m.

COMMUNITY

The Parkway Community Church 51 West Ave. at Leffert Parkway, Hicksville, 11801. Tel. 938-1233/931-9065. The Rev. Douglas R. MacDonald, Services: Sundays at 8:30 and 11:00 a.m. Church School and Infant Care at 9:30 and 11:00 a.m. Mother's Bible Study on Wednesdays at 8:15 p.m.

EPISCOPAL

Holy Trinity Episcopal Church 130 Jerusalem Ave. Hicksville 11801. Tel. 931-1920. The Rev. Domenic K. Ciannella, Pastor. The Rev. William H. Russell, Deacon. The Rev. Anna F. Sullivan, Deacon. Services: Holy Communion on Wednesdays at 9:30 a.m. Holy Communion on Sundays at 8:00 and 10:00 a.m. Sunday School at 9:30 a.m.

GREEK ORTHODOX

Holy Trinity Greek Orthodox Church 20 First Ave. Hicksville, Tel. 433-4522. Fr. George Stavriannous, Services: Sunday, Divine Liturgy at 9:00 a.m. Divine Liturgy at 10:00 a.m. Sunday school at 9:45 a.m.

JEWISH

Congregation Shaarei Zedek, New South Rd. and Old Country Rd. Hicksville, 11801. Tel. 938-0420. 938-9422. Rabbi Yitzchok Spitzer, Services: Saturdays at 9:00 a.m. Discussion Group meets on Wednesdays at 8:00 p.m. to take over problems and solutions in Jewish living.

Jencho Jewish Center (Conservative) North Broadway, Roslindale 106107. Jencho, 1153. Tel. 335-2540. Rabbi Stanley Steinhardt, Cantor Israel Goldstein. Sabbath services at 9:00 a.m. Jewish Congregation meets at 10:45 a.m. Morning services Mon-Fri at 7:30 a.m. Shabbat at 9:00 a.m. Evening services Sun-Thurs at 8:00 p.m. Friday candlelighting time. Sat. sundown. Special Family service on the first Friday of each month at 7:45 p.m. Affiliated with the United Synagogue of America.

LUTHERAN

The Lutheran Church of St. Stephen 270 South Broadway, Hicksville, 11801. Tel. 931-0710. The Rev. Frank L. Nelson, Pastor. Services: Sundays at 8:00 and 10:30 a.m. Sunday School at 9:15 a.m.

Redeemer Lutheran Church 17 New South Road, Hicksville, 11801. Tel. 938-8693. The Rev. Dr. Theodore S. Grant, Services: Sundays at 8:00 and 11:00 a.m. Sunday School at 9:15 a.m. Trinity Lutheran Church 40 W. Nicholas St., Hicksville, 11801. Tel. 931-2225. The Rev. Dr. John H. Krane, The Rev. Wayne Pule, Assistant Pastors. Services: Saturdays at 7:30 p.m. Sundays at 8:15, 9:45 and 11:15 a.m. Sunday School and Nursery Care at 9:30 a.m. for the 9:45 a.m. service. Bible Study on Wednesdays at 10:00 a.m. and 7:30 p.m.

METHODIST

United Methodist Church Old Country Rd. and Nelson Ave. Hicksville, 11801. Tel. 931-2626. The Rev. Richard Smetzer, The Rev. Dan White, Services: Sundays at 8:00, 9:15 and 11:00 a.m. Sunday school from 9:00 to 10:30 a.m. The Bus Ministry of the Church operates every Sunday to bring people to Sunday School at the 9:15 worship service.

NON-DENOMINATIONAL

The Church of Hicksville 17 Harzog Place, Hicksville, 11801. Tel. 432-6330. Harold Butler, Pastor. Services: Sundays at 10:30 a.m. Sunday school at 9:30 a.m. Bible Study on Mondays at 7:30 p.m. Prayer meeting on Fridays at 7:30 p.m. Home Bible Study Groups. Christian School with full academic program for grades 1 through 12 from Monday to Friday, 9:00 a.m. to 3:00 p.m.

Church of Christ 105 Broadway, Hicksville, 11801. Tel. 935-3855. The Rev. Tom Glasford, Minister. Services: Sunday worship at 11:00 a.m. Bible School at 10:00 a.m. Mid Week Bible Studies call for time and location. A staffed library is provided for all services.

Hicksville Mourns Loss of Harry Borley

The Board of Water Commissioners wishes to express their condolences to the family of Harry Borley who passed away on November 12.

Mr. Borley served as commissioner of the Hicksville Water District for 39 years.

During his term of office many miles of main had to be installed along with adequate

pumping and storage facilities.

Mr. Borley was active in the Long Island Water Conference, the American Water Works Association and the New England Water Works Association. He gave of his personal time attending seminars at Cornell University and many work shops conducted by the Long Island Water Conference.

PRIDE Program At Woodland Avenue

Mrs. Grady's and Mrs. Brogle's 6th grade classes at Woodland Avenue School participated in the PRIDE Program (Peer Resistance Instruction Drug Education), sponsored by the Nassau County Police Department. The instructors, Officers Bienkowski and Stone, taught the students about drug

and alcohol abuse. They discussed the reasons why people use these substances and the consequences. The officers helped the students to develop a sense of self-esteem and pride to help them deal with peer pressure and take a stand against drugs and alcohol.



WOODLAND AVENUE SIXTH grade students, Erol Dalpiaz, Charles Carlisle and Thomas Janickey, with Officer Bienkowski.

Temple Or-Elohim Residence Weekend

The Third Annual Scholar in Residence Weekend at Temple Or Elohim in Jencho will be held on January 22, 23 and 24. The program is "Honey on the Soles of our Shoes" a Jewish Magical Mystery Tour led by the prestigious and renowned Rabbi Lawrence Kushner of Sudbury, MA. Participants may partake of a Shabbat Gourmet Dinner or Shabbat Luncheon, a Sunday Brunch or all three. Saturday evening a gala concert will be presented featuring the "Begeg Kefer" who will present

American and Israeli modern and folk music as well as Rabbi Kushner and Tales of Religious Mystery. The concert is suitable for all ages. Tickets are available for the entire weekend or any of its parts. Treat yourself to an unforgettable experience and brighten your winter by calling the following for further information and reservations before it is sold out.

Ronnie Gold 921-4604; Harriet Bienenfeld 433-0633; Temple office 433-9888.

Hicksville PAL Boys' and Girls' Basketball Results

Boys' Sub-Intermediate Division Basketball Results

December 16.	—	Celtics	36	Lakers	22
December 16.	—	Nets	25	Knicks	24
December 21.	—	Nets	25	Celtics	21
December 21.	—	Knicks	35	Lakers	24
December 16.					

Knicks - Managers: Tom Mullee and Joe Bentrewicz

Robert Bentrewicz - 7 points
 Tommy Mullee - 12 points
 Brian Rooney - 5 points
 Bobby DeLarosa - Good ballhandling
 Brian Anstey - Good rebounding
 Brian Scotto - Good defense
 Brian Shor - Good defense

Nets - Manager: Roger Koopmann

Sam Chainani - 13 points; good defense and rebounding
 Willie Koopmann - 5 points, good defense and rebounding
 Scott Galdo - 1 point, good ballhandling
 Robert Paul - 2 points, good ballhandling and passing
 Gerard Halfpenny - 4 points, good rebounding
 Mark Sethna - Excellent defense
 Brian McKee - Good defense and rebounding

December 21.

Nets - Manager: Roger Koopmann

Willie Koopmann - 6 points, good rebounding
 Sam Chainani - 6 points, good rebounding
 Scott Galdo - 3 points, good ballhandling and good defense
 Joey Walsh - 2 points, good ballhandling
 Robert Paul - 4 points, good ballhandling and good defense
 Gerard Halfpenny - 4 points, good rebounding
 Mark Sethna - Good defense and ballhandling
 Brian McKee - Good defense

Knicks - Managers: Tom Mullee and Joe Bentrewicz

Robert Bentrewicz - 12 points
 Tommy Mullee - 7 points
 Brian Anstey - 6 points
 Brian Scotto - 4 points
 Brian Shor - 6 points

Disabled Players List:

Pamela Fingas (Sparrows - Girls' Junior Division)
 Kris Dane (Nets - Boys' Junior Division)

Free Baseball Clinic

The New York Professional Baseball Hot Stove League and the organization of Major League Scouts will offer a free baseball clinic on Saturday, Jan. 30 from 10 a.m. to 1 p.m. in the Hicksville High School Gym.

Learn from the same people who instruct the pros in spring training. Get advice from the pros. The clinic staff includes players,

coaches and scouts from the New York Mets, Minnesota Twins, St. Louis Cardinals, Cleveland Indians, LA Dodgers, Atlanta Braves, Detroit Tigers, Cincinnati Reds, San Francisco Giants and the Major League Scouting Bureau.

This event is being hosted by the Hicksville Athletic Department and the Long Island Tiger Baseball Club.

Hicksville High Varsity Wrestling Schedule

1-22-88	Massapequa H.S.	Home	4:00 p.m.
1-29-88	Hempstead H.S.	Away	4:00 p.m.
2-2-88	Clarke	Home	4:00 p.m.
2-5-88	Farmingdale H.S.	Away	4:00 p.m.

Hicksville High Boys' Varsity Swimming Schedule

1-22-88	Wantagh H.S.	Away	4:30	at JFK Plainview
1-28-88	Cold Spring Harbor H.S.	Home	6:15	at Jericho ST
2-2-88	Hempstead H.S.	Home	6:15	at Jericho ST

Hicksville High Junior Varsity Wrestling Schedule

1-22-88	Massapequa H.S.	Home	4:00 p.m.
1-29-88	Hempstead H.S.	Away	5:30 p.m.
2-5-88	Farmingdale H.S.	Away	4:00 p.m.

Hicksville's 7th and 8th Grade Basketball



FIRST ROW: (LEFT TO RIGHT) Bob Gebhardt, Greg Marine, Timothy Glover, Robert Bentrewicz, Danny Longo. Second Row: (left to right): Brian Roonte, Ralph Montere, Pat Hart, Rob Joneson, Jimmy Moeller, Greg Figlie. Third Row: (left to right): Marc Walton, Joe Valentini, Mike Longo, Adam Grecco, Coach Phil Essigman.

St. Ignatius Loyola CYO News

By BARBARA LEWIS

"What is St. Ignatius CYO?"

St. Ignatius CYO is dedicated parents in the community, working together to give to our children of the community sports programs such as basketball, volleyball, baseball, and softball. We are very fortunate to have a community that is very committed to keeping our children in a youth organization and off the streets.

We are very proud of our programs and how each year they grow. Our basketball season this year has been doing extremely well. We are looking forward to a great baseball/softball program. At the end of each seasonal program, we are very pleased to hold a trophy night in honor of our youths. The children really look forward to these nights. This year we hope to be able to attend again the Memorial Day Parade in Hicksville. Last year we had a fine showing of our youths.

Also last year we held our "First Coaches Softball Game". It was a good time for our children to see how their coaches can do behind the bat. Fun was had by all and we're looking forward to this year's game. We also hold a "New Year's Eve Dance" each year. Gary and I were fortunate to attend this year and had a great time. We have two devoted families that run the dance every year and they do a wonderful job. I would like to "thank" them for all their hard work and dedication—The Cantalupo Family and Culver Family.

Our board of directors are always working hard to better our programs. Once a month we hold an open meeting to all parents of CYO youths to attend, so that the board can

get that extra input from them. The meetings are held on the third Thursday of each month in the Old School Basement at 8 p.m.

We are holding our Spring/Fall Registration on January 24 between the hours of 9 a.m. and noon at the Old School.

Our teams had a real exciting time this past week. On almost all the courts, the games were very close. Listed below are some of those exciting games.

Lions 13

This game went into sudden death overtime, with scoring on the Lions by Jason Basso 5, Andrew Colton 2, Jody Durkin 2 and Marcos Moncayo 2, with great coverage by Brian Kaplan and Tom Myron.

Bobcats 12

After hitting a 40 footer last week in overtime to help defeat the Bullets, Brian McDermott led the Raiders this week with 19 points, as the Raiders defeated the Warriors.

Raiders led scorers, Brian McDermott 19, Kenny Cardone 12 and Robert Baricevac 6. Warriors led scorers, Dennis Cantalupo 12, Brian Harkins 7 and Tom Carolan 8.

Supersonics 31 vs. Bullets 27
 The Supersonics won this in overtime, with lead scoring by Pat Hart and Bobby Wernon.

Just a reminder to all our CYO families, registration takes place on January 24, 9 a.m. to 12:30 in the Old School. I know with the snow on the ground that you can't think of baseball or softball, but it does take a lot of time to set up teams and meet with coaches. So please get out and register early. Any questions, please feel free to contact Gary Lewis, president CYO, at 681-6947.

What is HBA Girls Softball All About?

Hicksville Baseball Association introduces Jane Senn, Director of Girls' Instructional Softball. What is Girls' Instructional Softball? It's an opportunity for your six or seven year old daughter to learn sportsmanship—a value which can be used throughout her life and help make her a better person. It's also a chance for her to meet other girls her own age or to play with girls she already knows. She'll be taught a sport she can play all through elementary school and high school. Did you know that an average of 10 scholarships are given by each college and university to those girls outstanding in the sport of softball?

Hicksville Baseball wants the opportunity to teach your daughter the fundamentals of softball: throwing, catching, and batting. Training at an early age will help develop her skills properly.

As for you, the parent, you will find the joys of watching your daughter grow as she gains confidence and knowledge of this sport. We hope to make this year the best for Girls' Instructional Softball, and we hope to see all your daughters out on the field in the spring.

For further information call Greg Simonelli at 735-6594.

EDITORIAL AND OPINION

What the Politicians are Saying...

GOVERNOR MARIO M. CUOMO has accepted an award from the National Safety Council honoring New York State for its high level of seat belt usage, and announced an agreement with Island Records, Inc., to produce and distribute nationally a rock music recording by Grammy Award nominee Robbie Dupree called "This is Life". The record aimed at young audiences is based on an incident when a member of Dupree's family was killed by a teenage drunk driver. Mr. Dupree has agreed to donate the proceeds of the record to the Governor's Traffic Safety Committee for use in efforts to combat drunk driving.

Many residents of nursing homes in New York state are getting a boost from a new law to help them pay for personal items, it has been announced by ASSEMBLYMAN CHARLES J. O'SHEA (R-C, Baldwin). The new law increases the state's assistance for personal needs from \$15 to \$25. Combined with federal funds, those eligible will now receive \$50 per month. The new law also provides for a cost-of-living increase in SSI benefits for a period between Jan. 1 and June 30, 1988, without a decrease in state benefits.

SENATOR DANIEL PATRICK MOYNIHAN (D-NY) introduced a bill designed to improve the overall accuracy of the population data collected in the decennial census. The Moynihan measure is an effort to deal with the undercount that often occurs which costs many states full and equal representation in Congress and the loss of much federal funding that is distributed on the basis of population. It is estimated that 6 percent of all central city inhabitants were missed in the 1980 count, between 500,000 and 860,000 New Yorkers, for example, which resulted in the loss of one congressional seat and between \$26 in federal aid annually.

From JOSEPH N. MONDELLO, PRESIDING SUPERVISOR TOWN OF HEMPSTEAD: As part of the Town of Hempstead's continuing commitment to provide for the needs of senior residents, I am pleased to announce the initiation of a cooperative agreement with the US Postal Service which will facilitate the purchase of postal stamps by seniors and help serve their postal needs. "Stamps on Wheels" is a new program through which a new mobile post office, red, white, and blue, will make regular visits to each of the town's senior centers and seniors will be able to purchase stamps and mail letters and packages of up to four pounds.

REPRESENTATIVE THOMAS J. DOWNEY (D-NY) recently introduced the Sugar Supply Stabilization Act. He said, "For more than five years I have been fighting the unjustifiable sugar price support program which imposes tremendous costs on the American consumer and our trading partners in the name of protecting a limited number of domestic sugar beet and sugar cane growers. This bill employs a sensible and gradual approach by mandating a phase-down of the current loan rate of 18 cents per pound by one and one-half cents a year until the loan rate reaches 12 cents per pound in 1991. The big losers under the current sugar program are the consumers, more than 245,000,000 of them, because this program causes the price of domestic sugar to average three to five times the world price forcing American consumers to pay in excess of \$3 billion a year to subsidize the domestic sugar producer."

VA Pays Record GI Insurance Dividend to NY Veterans

More than two hundred and fifty-five thousand New York State veterans who have kept their GI life insurance policies in force will share an annual dividend distribution in 1988 totaling more than \$80.7 million, the Veterans Administration has announced.

New York VA Regional Office Director, Thomas M. Lastowka, said the record-high dividend was made possible because of lower death rates among policyholders and high interest earnings on the insurance funds' investments.

Mr. Lastowka emphasized that veterans need not file an application for the annual dividend. Each policyholder will receive the dividend in the month of the anniversary date of the individual policy. Payments will be made in the manner previously selected by the policy holder. Choices range from cash to the purchase of paid-up insurance.

Government life insurance has been issued through various periods starting January 1, 1919, through May 2, 1966 to veterans of World Wars I and II, and the Korean Conflict. The

entire VA-administered program now open to new issues is Service Disabled Veterans Insurance. This program without dividends, is available to veterans with service on or after April 25, 1951, who have a service-connected disability.

During 1988, the 1,672 holders of U.S. Government Life Insurance (prefixed by "K") will receive a total distribution of \$400,000 in dividends. Most of these policies were issued during World War I.

Approximately 203,696 World War II veterans who kept their National Service Life Insurance (prefixed with "V") in force will receive a total dividend distribution on these policies of \$66.3 million.

The newer Veterans Special Life Insurance (prefixed with RS and W) will pay out a total of \$9.3 million to 33,284 policyholders.

The Veterans Reopened Insurance (VRI) program will pay \$4.6 million in dividends to 16,436 holders of J, JR and JS policies.

Dividends for individuals covered under each program will vary according to age, plan and length of time a policy has been in force.

A Letter from Lulabelle...

...Hallelujah! I have lived long enough to see it happen... someone is publishing a magazine "for the woman who wasn't born yesterday"... Well, it's about time... I have spent years looking through all the glossy magazines at match stick models who all look like thirteen-years-olds dressed "grown up"... What a joy it will be to see pages of women!... This new magazine, to be called *Lea* and which is now seeking charter subscribers (count me in!), plans to feature articles of all kinds for those women beyond the "early dating, set up your home, be pregnant" group... Now I must admit that women in the first full color advertisement about the new magazine, although they are obviously adult women, do look rather *thin* and are all very nice looking—I didn't see one double chin or bulging waist line, but I guess we really want to look at people who look as we wish we did, rather than portraying the rest of us as we really look—how could any magazine go that far!... I've already sent in my subscription and I can hardly wait for the first issue to see if it'll be something special for me, the woman who certainly wasn't born yesterday... Keep an eye out for it and see what you think.

Yours, Lulabelle

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'Money Makeover 1988'

Whether you're looking for a job, on the job, or planning your retirement, the beginning of a New Year is the perfect time to re-examine your finances. The Nassau County Office of Women's Services will present a program titled, "Money Makeover 1988," on Tuesday, Jan. 26, from 9:30 am to 12 noon at its new Hempstead location, 243 Fulton Avenue.

The major presentation, "The New Tax Law and You," will focus on 1987's transitional changes as well as provisions effective in 1988 which affect the average taxpayer. There will be ample opportunity for questions following the talk.

Conference participants will then select one of the following workshops:

Career Search in a Changing Economy; Financial Aspects of Employment; or Pre-Retirement Planning.

Speakers will include Office of Women's Services professional staff and representatives from the Internal Revenue Service and the Nassau County Department of Senior Citizens Affairs.

Call 564-8250 for free reservations or further information about this program or any other service offered by Nassau County Office of Women's Services.

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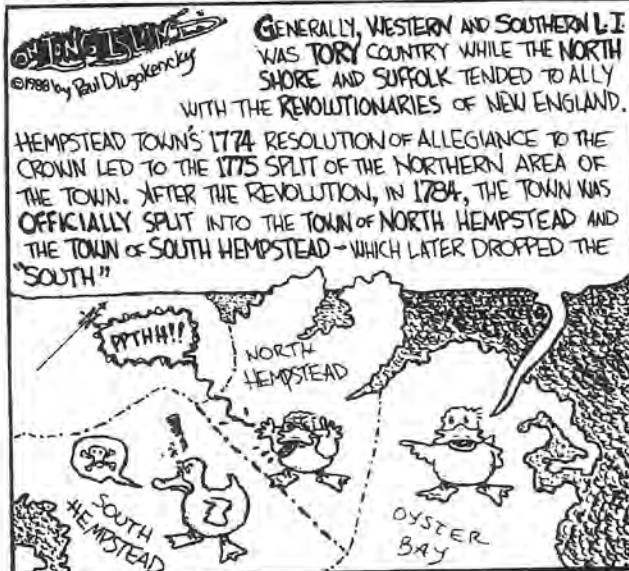
Highway Help

If the thought of getting stranded in your car alone at night frightens you... Be prepared and stay safe. Protect yourself by carrying a reflective banner with large red letters bearing the message.

"Please Call Police"
In case of emergency it can be placed on the inside of your rear car window. The banner is reusable and fits in the glove compartment of your car.

Send a self addressed envelope with a five dollar tax deductible check or money order to:

The Coalition Against Domestic Violence "Banners" Nassau County Medical Center, Box 285G East Meadow, New York 11554



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ROBERT R. McMILLAN'S Direct Line

I have to admit that I am a TV remote control junky—much to the chagrin of my family. But, the other day, while "spinning the channels" I came across Elton John's video, *Candle in the Wind*. Just as I hit MTV, the video portion showed a picture of Marilyn Monroe entertaining soldiers in Korea around thirty-five years ago. The sight brought back many memories, because I was there.



Robert R. McMillan

A few days before Marilyn Monroe was to entertain at Camp Casey in Korea, I received a call from the Colonel responsible for the 1169th Engineer Combat Group. "Lieutenant McMillan—get up here right away!" That was the first—and

only—call I ever received directly from the Colonel. Many questions flooded through my mind as I raced, in my jeep, to the Headquarters. Could there be some move by the North Koreans? Were we going to Vietnam?

On arrival at the Quonset hut housing our Engineer Headquarters, I was quickly ushered into the Colonel's office. At one end of the office was a large situation map. The Colonel pulled the map down and said, "We need your water trucks." Now, let me digress for a moment at this point. The water trucks in my Company were regularly used to wet roads so that equipment, particularly artillery could be moved

without Chinese or North Korean spotters observing road dust. The dust was a clear give away that something was up on our side—thus, water sprayed on the road before moves made it more difficult to track what we were doing.

The Colonel went on to explain that he wanted a stretch of road from a helicopter pad in Camp Casey to the General's Dining Room and to a large amphitheater sprayed with water to prevent dust. But, Colonel, I protested, "The spotters can't even see this area." It was then that the Colonel revealed to me the reason. Marilyn Monroe was to land by helicopter at Camp Casey and no road dust was to touch her!

When I got back to Company Headquarters and explained the mission to the operation's sergeants, I was overwhelmed with volunteers who wanted to drive the water truck. Never before had one of our engineering assignments drawn so much attention. Several hours before her scheduled arrival, an overstuffed water truck lumbered to the Camp Casey helicopter pad. On board were several sergeants, the normal driver (we felt that was only fair), and a young Lieutenant McMillan. We put so much water on that road that it almost washed away.

After convincing the Military Police that it was essential for us to stand by for Marilyn Monroe's arrival, we stationed ourselves right next to the helicopter pad. Soon, we heard the sounds of a large helicopter coming from one of the valleys. Next, there was Marilyn Monroe. She was beautiful. With a wave and a kiss unmistakably—we felt—thrown to all of us on the truck, she was off in the General's jeep. Three Sergeants, one private and one Lieutenant had come face to face with Marilyn Monroe. Sing on Elton John—it was beautiful.

Questions and opinions may be addressed to Mr. McMillan, Anton Community Newspapers, 132 East Second Street, Mineola, NY 11501.

An Introduction

In this my first column, I thought that it would be appropriate to let you know something about my background and what I hope to accomplish by being "Your Man In Washington."

Since I have resided for most of my life in Glen Cove, I can pretty much qualify as a native Long Islander. I am a graduate of Glen Cove

High School and Tufts University. In addition, I have attended Dartmouth College and the Fletcher School of Law and Diplomacy. Some of my heroes/role models include: Abraham Lincoln, Franklin Roosevelt and John and Robert Kennedy.

Prior to joining the Anton Community Newspapers, I was a member of the staff of Congressman Robert

Mrazek (D-Centerport). Like a number of other people of my generation, both Republicans and Democrats, I became involved in politics because it represents a way of making the world a better place for the next generation.

Long Island's own Theodore Roosevelt once used the arena as a metaphor for both politics and life when he said, "The credit belongs to the man who is actually in the arena, whose face is marred by dust and sweat and blood, who knows the great enthusiasms, the great devotions and spends himself in a worthy cause; who at the best, if he wins, knows the thrills of high achievement, and, if he fails, at least fails daring greatly, so that his place shall never be with those cold and timid souls who know neither victory nor defeat."

I am proud to say that I have spent my share of time in the arena.

Through this column, I hope to give you a better understanding of what is going on in Washington and how it affects your daily life. Whether we like it or not, there are countless decisions made in Washington which impact on our lives. One of my goals in writing this column is to make you a Washington "insider."

Washington is a city unlike any other that I have ever known. Many times it reminds me more of a small town, Washington has an unbelievable amount of gossip and rumors. Washington is also a com-

pany town. The company is, of course, the Federal Government. The only product that the Federal Government produces is paper, lots of paper. There are also a large number of people always coming to and leaving Washington. Very few individuals ever come to Washington with the expectation or hope that they will remain here for the rest of their lives.

MARTIN BURNS Our Man W^{IN} Washington

It is impossible to spend any length of time in Washington and not develop a sense of America's history. One observer once commented that if our Nation did have a national shrine, it was the U.S. Capitol. The brilliant dome of the Capitol dominates the entire city. Indeed many of our nation's hopes, dreams and tragedies are part of this historic building. The British sacked and

looted the building during the War of 1812. Abraham Lincoln ordered the dome completed in the hope that our Nation would indeed have a new birth of freedom, and from its east portico, Franklin Roosevelt gave an entire nation hope when he assured us that we had "nothing to fear but fear itself."

I have always found politics to be a most fascinating game. In some respects, politics is no different from any of our other organized sports: there are players, rules and regulations, umpires, and winners and losers. It is interesting to note how many sports expressions and metaphors have crept into the vocabulary of politics. For example, "dark horse," "hard ball" and "game-plan." I will attempt to do for politics what John Madden has done for the game of football. That is to say I will diagram the plays and explain what happened the way it did and why.

Throughout the entire world, there is probably no greater symbol of freedom than the U.S. Capitol. As a nation, we need to be reminded that our strength comes ultimately not from the force of our arms, but from the strength of our ideals.

This column is not a one-way street. I eagerly await your comments, ideas, and suggestions. Please send to Martin Burns c/o Anton Community Newspapers, 132 E. Second St., Mineola, N.Y. 11501.

ASK OUR MAN IN WASHINGTON

Question: I have heard that my Congressman or Senator can get me special V.I.P. passes to the Capitol, White House, F.B.I. Building and the Kennedy Center for the Performing Arts. Is this true?

Answer: Yes, each Congressman and Senator does receive a very limited number of V.I.P. passes. If you are visiting Washington at one of the busy times of the year (for example, during the Cherry Blossom Festival), it is imperative that you request the tickets as far in advance as possible. In addition, if your Congressman or Senator's office tells you that they do not have any tickets available, please try to be understanding. Each Congressman and Senator has a very few passes and they are very hot commodities during the busy times of the year. Also, your Congressman or Senator's office would be happy to provide you with information about what public tours are available.

Question: Which is the more powerful body, the House of Representatives or the Senate?

Answer: Although Senators are generally thought to have more prestige than Congressmen, rather than view one body as more powerful than the other, I feel that it is more accurate to regard them as different institutions. So, in many respects your question is like comparing apples and oranges.

Under our Constitution, both the House and Senate have some different and unique powers. The Senate, for example, confirms justices to the federal judiciary while all revenue bills must originate in the House.

It is generally accepted by historians that the Founding Fathers intended the House to be more responsive to the people, while the Senate would be a more thoughtful body less subject to the whims of public opinion. This is the reason that Congressmen are elected to two year terms, while Senators are elected every six years. In addition, although Congressmen have always been directly elected, with the passage of the 17th amendment to the Constitution, Senators were elected not by popular vote but by the individual state legislatures.

In answer to your question, neither the House or Senate is more powerful. Rather, they are two different institutions with their own particular roles to play in our governmental system.

the conquest of cancer is deeply appreciated.

Edward J. Lynch
Walk-Jog Committee Chairman

Letters From Our Readers

Letters to the editor are welcomed by the editors and publishers of the Anton Community Newspapers. However, they must follow certain guidelines in order for us to print them: they should be as short as possible; we reserve the right to edit in the interest of space; they MUST be signed (a typed name at the bottom will not suffice); they must include an address and telephone number so that we can verify their authenticity.

We receive many fine letters which we would like to share with our readers, but we are unable to use them because they are unsigned or have a typewritten name only.

We cannot publish every letter we receive because of space limitations, but we try to present both sides of all issues. Personal attacks and letters considered to be in poor taste will not be printed.

To The Editor:

I wish to take this opportunity to thank you for publicizing the American Cancer Society's recent Walk-Jog fundraising event.

The American Cancer Society is a voluntary organization dedicated to the control and eradication of cancer. The goal of the Society is to save more lives and to diminish suffering from cancer to the fullest extent possible. This is accomplished through the

Society's programs in public education, patient services and research.

This year, Long Island Division volunteers reached more than 372,000 people with life-saving education programs which focused on early detection and prevention. These programs included Breast Self Examination, Taking Control, Colorectal Cancer and Fresh Start Stop Smoking Clinics.

Direct service to cancer patients and

their families is provided by the Society through programs such as Reach to Recovery, whereby more than 1,000 new breast cancer patients were visited in hospitals this past year by trained volunteers. Road to Recovery provided more than 2500 rides for cancer patients to and from treatment centers and physician's offices. A cancer information service, counseling and financial aid are also available through the Long Island Division.

Research into all aspects of cancer is a major thrust of the Society's activities. Presently 19 research grants on Long Island are being supported by the American Cancer Society at Cold Spring Harbor Laboratory and the State University of New York at Stony Brook totaling \$1,411,813.

On behalf of the Society and the community, we wish to express our thanks for your support of this our Ninth Annual Walk-Jog. Your continued involvement in

To The Editor:

The officers and members of 506 American Heart Association Nassau Chapter acknowledge with thanks the memorial contributions made by members of the community during the past year. Memorial gifts have helped support research which has given us better methods of preventing, diagnosing and treating heart disease. The improving lifestyles in this country show that Americans are serious about reducing their risk of heart attack.

As we start this new year, we would like to share the Association's "Fact Sheet on Heart Attack, Stroke and Risk Factors" with area residents so they too can live a longer, healthier life. This information can be obtained by writing to the American Heart Association-Nassau Chapter, 505 Willis Ave., Mineola, N.Y. 11501.

John B. Morrison, M.D.
President

KITCHEN, BATH & HOME INTERIOR IDEAS

Confusion, Bumps, Clutter Are Signs of Poor Planning

Brought to you by **Don Boico, CKD, CR**

We often refer in these columns to good kitchen planning. But what are some of the signs of poor kitchen planning? Actually, anyone might be a victim of poor planning, suffer its consequences and never realize that the problems are nobody's fault but can be blamed on the kitchen itself.

For example, do you sometimes open the refrigerator door and bump the open dishwasher or oven door on the other side of the kitchen? Or do the kids, or anyone else, continually bump things against an open appliance or cabinet door that extends across the entry to the kitchen?

These are signs of poor kitchen planning. And there are a lot of other more subtle signs.

Maybe there always is a lot of clutter on your countertops, like small appliances that ought to be somewhere else, or knives or odd dishes brought out for a special occasion.

Or maybe you can never quite get away from a sense of confusion in your kitchen, not quite knowing where to put something or where to get something.

In a well-planned kitchen such problems don't exist. They are solved in the planning process.

You can see such solutions in a tour of our displays. So come in soon, walk around and look them over. And don't blame yourself for the sins of your kitchen.

Classic Kitchen & Bath Center Ltd.

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(516) 667-4194

(in the heart of the miracle mile)
NKBA

NASSAU PARKS & MUSEUMS

Compiled By **SHIRLEY D. FELS**

Free cross country ski clinics conducted by Eastern Mountain Sports will be held at Christopher Morley and Eisenhower Parks on Saturdays, Jan. 23 and 30, respectively. The program begins at 10 a.m.

Instruction in how to ski will be provided as well as how to choose the proper equipment and clothing. Participants should bring their own equipment. For information call 542-4439.

A men's exercise program entitled "Shape-Up Time", will be offered at Echo Park at Nassau and Roosevelt Blvds. in West Hempstead, for men 18 years of age and older. Registration is required. For information call 292-9000, ext. 219.

The "Long Island Artists Exhibition" opens Sunday, Jan. 24, and will remain on view through March 6, at the Nassau County Museum of Fine Art.

This annual exhibition focuses on the diverse talents of artists who live and work on Long Island. It is installed as a series of one-person shows presented throughout the Museum's galleries.

The museum is located off Northern Boulevard in Roslyn. Admission is free. For information call Janice Parente or Susan Gettler at 484-9337.

"Winter-Spring Slimnastic" classes for women 18 years of age and up, will be offered at Averill Boulevard Park in Elmont on Mondays, from 10:30 to 11:30 a.m. and from 7 to 8 p.m.; Wednesdays, from 10:30 to 11:30 a.m.

The registration fee is \$20, with a senior citizen discount rate of \$10. All classes begin the first week in February. Registration for the day classes will be held at the park on Wednesday, January 27, from 10:30 a.m. to noon. To register for the evening classes call the park at 437-4070, from 1 to 4 p.m. on January 27.

An 1845 Militia court-martial will be re-enacted at Old Bethpage Village Restoration, Round Swamp Road in Old Bethpage, on Sunday, Jan. 31, from 1:30 to 3:30 p.m. Admission is \$4, \$3 for Nassau residents and \$2 for children, ages 5 to 18, and senior citizens. For information call 420-5280.

LICA Meeting to Discuss Communications Careers

The next meeting of the Long Island Communicators Association will be held Jan. 26 beginning with cocktails at 5:30, followed by dinner at 6. It will take place at The Marcipere Restaurant on Route 110 in Melville and the fee will be \$18 for members and \$20 for non members. To RSVP call Marilyn Broderick at 349-2623.

The speaker for the evening, Arnold Huberman, is Executive Vice President of the Goldman Group, an executive search firm specializing in placing public relations and marketing professionals. His talk will include managing your own career, packaging your skills for today's job market and surviving in a turbulent environment.

LIRR Commuters Invited to Speakout

Riders of the Long Island Rail Road (LIRR) are invited to a Commuter Speakout on Wednesday, January 27, 1988 at 4:30 p.m. The speakout will be held in the LIRR Waiting Room at Penn Station, near the information booth.

The speakout is being sponsored by the Long Island Rail Road Commuter's Council (LIRCC) to give commuters an opportunity to meet members of the council, discuss their impressions of LIRR service, and their primary needs and concerns for the future.

"The speakout is another means for the council to keep in touch with other commuters. The purpose of the council is to represent the riders' interests to the railroad. In order to do so, we want to maintain close contact with other riders, and make ourselves accessible to them," said council chair Anne Dennin, a commuter from Baldwin. "The reason we are holding the speakout in Penn Station is to make it as easy as possible for commuters to attend."


The LIRCC was established by the New York State Legislature to represent the interests of the rider. Members, who are volunteers and commuters, are appointed by the Governor on the recommendation of the Nassau and Suffolk County Executives.

C.S.E.A. Retirees Meet

The next regular monthly meeting of the Nassau County Retirees Local 919 C.S.E.A. will be held on Tuesday, Jan. 26, at Levittown Hall, Levittown Parkway & Beech Lane, Hicksville. The meeting will start at 1 p.m. Refreshments will be served and there will be a guest speaker.

Meetings are open to all Nassau County retirees who worked for a local, county or state agency or who are a part of the N.Y. State Pension System.

For more information call 489-2627 or 221-1782.



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B U S I N E S S A N D F I N A N C E



ROSLYN RESIDENT NAMED CITIBANK OFFICER-IN-CHARGE

The appointment of Ron Pellechia as Officer-in-Charge of Citibank's Wantagh branch has been announced by Herbert H. Myers, Vice President and Director of Citibank's Long Island Retail Bank. Mr. Pellechia's goal as Officer-in-Charge is to provide excellent service in meeting the financial needs of his customers. He has been with Citibank for 30 years. A Roslyn resident, Mr. Pellechia and his wife have three children. He is a member of the Kiwanis Club and Fundraising Chairman for the Nassau Boy Scouts.

First of Long Island Reports Gains

J. William Johnson, Chairman of The First of Long Island Corporation, has reported earnings per share of \$2.23 in the third quarter of 1987 as compared to \$2.09 in 1986. The Corporation's total net income for the first nine months of 1987 was \$2,972,614, a gain of 6 percent over the prior year.

The First of Long Island Corporation has as its sole subsidiary The First National Bank of Long Island, established as The First National Bank of Glen Head on Oct. 1, 1927. Currently there are eight offices in Nassau and Suffolk counties. The First of Long Island expects to open its ninth office in Hicksville this month. This office will be the Bank's second commercial banking unit; the other located at 3000 Marcus Avenue in Lake Success.

1988 Long Island Association Leadership Elected

Long Island Association members re-elected John V.N. Klein, managing partner of Meyer, Suozzi, English & Klein, as chairman of the Association for 1988 at the LIA's annual meeting recently.

Herbert H. Myers, vice president of Citibank, was elected LIA vice chairman. Mr. Myers has served as an LIA director since 1985, and successfully chaired the Long Island Association's Annual Awards Dinner Dance in 1986 and 1987.

James L. Larocca was re-elected president. James R. Albano, partner-in-charge of Deloitte Haskins & Sells, as secretary; Norman B. Adams, partner of Price Waterhouse, as treasurer; Alice Gelbert as assistant treasurer; and Gary Neil Sazer, partner of Parker, Chapin, Flatrau & Klimpl, as legal counsel. In addition, new board member Harry Davitain, president of Entek Research was named chairman of the LIA Energy Committee.

Long Island business and civic leaders elected to the Board of Directors are:

Larry Austin, president, Austin Travel. Peter F. Barry, president, Hartman Systems. Michael L. Borsuk, managing partner, Coopers & Lybrand. Vincent F. Carosella, president, Jetson Direct Mall. Bernadette Castro, senior vice president, Castro Convertibles. Lawrence N. Cohen, chairman, president & CEO, Lumex. Harry E. Davitain, president, Entek Research. Thomas A. Doherty, chairman & CEO, Norstar Bank. William E. Greiner, president, Greiner-Maltz. William B. Hopkins,

Hofstra/LIBOR Offers Real Estate Certificate Programs

The Long Island Board of Realtors (LIBOR) and Hofstra University will again offer two, special Real Estate Certificate programs for the spring semester.

Designed for both the practitioner and the investor, all courses are given on the Hofstra campus, Hempstead. The Certificate Programs will meet on Monday, Tuesday and/or Wednesday evenings, beginning Jan. 25 and ending May 11.

Upon completion of the program, which includes two required and four elective courses, students are awarded a Real Estate Certificate in either Real Estate Investment or Real Estate Practice.

More information on fees, registration and schedules may be obtained by calling LIBOR'S Education Department, (516) 661-4800 or (718) 730-8700.

'Women and the Law' Workshop

On Monday, Feb. 8, the Long Island Center for Business and Professional Women will present a round table workshop "Women and the Law" at their monthly dinner/meeting.

Five practicing attorneys will guide you in establishing your personal goals and achieving your just dues. The guest speakers and topics to be discussed are: Norma G. Blumenfeld - Tax Aspects of Business Transactions; Dorothy L. Hukill - Business Needs (owning and operating a business, personal finances); Katherine Levitan - Divorce and Separation; Renee G. Mayer - Juvenile Proceedings; and Lea Ruskin - Torts (accidents, medical malpractice, products liability).

The meeting will take place at the Holiday Inn in Plainview at 6:00 pm. The cost will be \$20 for members and \$25 for non-members with dinner included. Since reservations are mandatory, please call the Center at 673-0200 if you wish to attend.

The Long Island Center is an island-wide networking organization for executive level, professional and entrepreneurial women. Anyone interested in more information on the Center should contact the Long Island Center, 165 Pidgeon Hill Road, Huntington Station, NY 11740 or call 673-0200.

president, Roosevelt Raceway. Patrick J. Iannotta, president, Ecolotrol. Robert M. Johnson, publisher, president & CEO; Newsday. John M. Kennedy, business manager, IBEW. Local 25 Paul C. Kreuch, Jr. executive vice president, National Westminster Bank USA. Paul J. Leyden, senior vice president, Long Island Division, Bank of New York. William L. Maher, of counsel, Cullen & Dykman. Brain M. Maloney, vice president/general manager, Harris Corporation, Government Support Systems. John H. Marburger III, President, SUNY at Stony Brook. Elliot Mayrock, principal, M. Fortuno of Westbury. Robert R. McMillan, partner, Rivkin, Radler, Dunne & Bayh Kurt Merl, president, Shipboard & Ground Systems, Sysys C.R. Merolla, president & CEO, Bank of Long Island, Donald J. Middleton, president, Middleton Kontokosta Associates. Salvatore J. Nuzzo, chairman Hazeltine. John O'Brien, president, Grumman. John Racanelli, general partner, N. Racanelli Associates. Spencer Ross, president, National Institute for World Trade. Joseph G. Shapiro, managing director, Commander Oil. James M. Shuart, president, Hofstra University, Edwin H. Shutt, Jr., chairman, president & CEO; Tambrands. Sally Ann Slacke, president, Slacke Test Boring. Robert J. Thrasher, general manager/Long Island, New York Telephone. Ronald J. Weleby, president, Bowne Management Systems. Marie Zere, president, Marie Zere Associates.

The Investor's Corner

By JOSEPH P. FREY, Ph.D.

What's So Bad About A Trade Deficit?

The other day in Cleveland the president made a speech that laid the ground work for any economic turnaround to be blamed on the analysts who are gloomy. The "doom-criers" will scare the people into a recession, people who will go on strike and quit buying." If he can do this one, it will be the trick of the century.

In addition to that, he stated that the trade deficit was a sign of economic strength. It takes a bit of convoluted thinking to get to that position. Rather, I wish he had said that a trade deficit, of and by itself, is not necessarily an evil thing. When this column looked at the "J" curve last year, we examined this deficit.

In reality, the fact that we are running a trade deficit is not terribly important. During the period of the greatest growth in this country, the 1800's, a period when the modern world was born, we had almost 100 years of continuous trade deficits. It is not a real important statistic, despite all of the noise you hear about it.

It is seen as important for now. Do not forget that Melttdown Monday was, to lesser degree, influenced by a trade deficit figure that did not decline as much as the analysts had predicted. A solid decline was seen in a bad light, despite the fact that everyone wants it to decline.

It all reminds me of the days of yesterday (about 3 years ago) when everyone looked at the M-1 figure and the market reacted violently to that. That statistic is all but ignored today. The trade deficit will be ignored in the future as another bad takes over.

To put the deficit into perspective and to support President Reagan's position, we need to look at what influences the deficit, especially with Japan. The trade deficit has not declined for a variety of reasons. First, many raw materials are priced in terms of dollars, especially oil. This means that as the dollar falls in value, the raw materials that our trading partners buy fall in value and are cheaper for them. Cheaper costs mean that they do not raise their prices as fast, so we keep buying. The price of oil has been falling fast, faster than the dollar, so they are ahead. (So are we).

Third, our trading partners made enormous profits and had huge profit margins when the dollar was strong and their money was cheap. They cut their profits and their profit margins as the situation changed. This slowed the price rises, so the imports kept coming.

Fourth, and very important, the US manufacturers raised their prices as the foreign companies had to raise theirs. So our domestic profits are very high, but the imports keep coming. Fifth, the philosophy of management, here and abroad. The Japanese take a very long view. They have been buying plants and real estate in America, everything, and in all major cities. They have been able to cut some ill effects of the weak dollar by shifting some of their manufacturing to the US. This decreases the pressure on them. As we said before, US management is very short-sighted.

Last, but not all, there are many products that we must buy abroad, even if we do not want to do so. We do not make TV's, VCR's, or produce enough oil. So the imports keep coming.

This situation has produced some boom times for our domestic manufacturers, while it has not killed the economics of our trading partners. So what's so bad about a trade deficit?

Dr. Frey is a professor of investments and finance at LIU/C.W. Post Campus on Long Island. If you wish a copy of his "Ten Rules to Get Rich and Keep It, Too," send a large, stamped, self-addressed envelope to Anton Community Newspapers, 132 East Second Street, Mineola, NY 11501. Attn: Dr. Frey. If you have questions you wish answered, send a separate envelope, include your telephone number. Dr. Frey will answer your questions as his time permits.

Fidelity Investments Introduces TDD Program

Fidelity Investments, the nation's largest privately-held mutual fund and discount brokerage company, has installed Telecommunications Devices for the Deaf (TDD's) enabling deaf and hearing-impaired individuals nationwide to contact its registered representatives. Fidelity is one of the first financial services companies to offer this service.

Fidelity's TDD service is available to mutual fund customers Monday through Friday from 8 a.m. to 6 p.m. EST via an exclusive toll-free number — 1(800) 544-0118. Through typed messages, investors can place mutual fund trades and receive sales and service informa-

tion and price quotes for more than 60 Fidelity funds.

"Fidelity ran a very successful TDD pilot program in September," said Chris Wilson, director of telephone services for Fidelity Investments. "Now quite a few of our telephone representatives are specially trained to use the TDD and are eager to service investors."

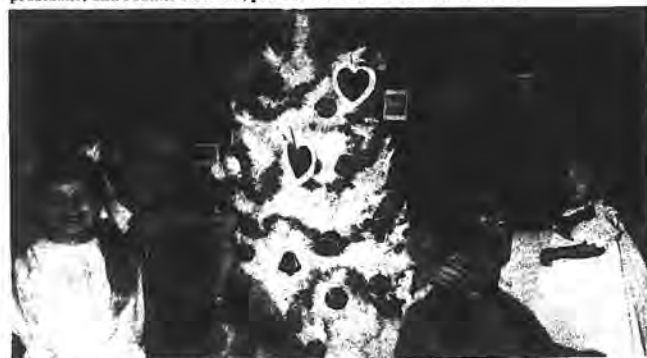
"Although the service is currently available to only mutual fund customers, we hope to offer it to brokerage customers in the future," continued Wilson. "We also hope to expand the service to 24 hours."

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SPECIAL THANKS TO REALTORS: Maria Ortiz of Ecuador (back to camera), a recent resident of the Ronald McDonald House in New Hyde Park, says "thank you" to the Long Island Board of Realtors (LIBOR) for its \$10,000 donation to this "home away from home" for seriously ill children. The donation is part of the Board's ongoing commitment to the children's house. At the presentation were (l. to r.) Lyn Jurick, past president of Ronald McDonald House; Lee Rothleder, 1987 LIBOR president; Mary Ann Figoski, 1988 LIBOR president; and Jeanne Harmon, president of Ronald McDonald House.



ST. FRANCIS HOSPITAL. The Heart Center in Roslyn, welcomed the generosity and holiday spirit of B. Altman & Co., Manhasset in presenting special, limited edition Gund teddy bears to pediatric heart patients. Presenting the special gifts are Barry Tepitzky (second from left), store manager from Dix Hills and Madeline Birnbaum (standing, right), Special Events Director from Great Neck. Cardiac patient Ewa Konopacka from Poland (front left), age 7, and 15-month old Elsa Josefina, shown at right with her mother Mrs. Guerrero, happily accept the gifts. The children were admitted to St. Francis Hospital sponsored through the Gift of Life Program which provides open heart surgery to needy children from foreign countries.

Beauty Pageant Seeks Contestants

Applications are now being accepted for the 1988 Miss Long Island-New York Teen All American Pageant to be staged April 30 at the Viscount Hotel at JFK Airport. The Long Island-New York event is the official preliminary to Miss Teen All American—now in its eleventh year and staged annually at the Sheraton Bal Harbour Resort on Miami Beach.

All judging is on the basis of poise, personality and beauty of face and figure. Applicants who qualify must be at least 13 years of age and under 19 years of age as of Dec. 31, 1988. For entry information, send a PHOTO

along with your NAME, ADDRESS and TELEPHONE NUMBER to:

Miss Long Island-New York Pageant Dept 2
40 Central Park South - Suite 2H
New York, NY 10019

Among her many prizes, Miss Long Island-New York Teen All American will receive an EXPENSE-PAID TRIP to Florida where she will participate in the Miss Teen All American Pageant.

Miss Long Island-New York Teen All American will also be awarded a host of prizes including cash and luggage.

TO YOUR HEALTH

By RICHARD H. BLAU, M.D.

Arthritis and Visual Problems Linked

It is well-recognized that significant visual abnormalities are associated with many forms of arthritis. Doctors are not certain why this relationship exists. Rheumatologists, (arthritis specialists), estimate that more than 10% of the various forms of arthritis can be associated with visual problems.

Types of arthritis which are associated with eye problems are: rheumatoid arthritis, juvenile rheumatoid arthritis, systemic lupus erythematosus, Sjogren's syndrome, ankylosing spondylitis, scleroderma, temporal arteritis, sarcoidosis, and gout.

The signs and symptoms of eye involvement may be redness of the eye (conjunctivitis), eye pain, or a decrease in vision. Occasionally eye problems may occur prior to the onset of arthritis. Usually these problems arise after arthritis has developed.

The symptoms can be fleeting and overlooked, as occurring in Reiter's syndrome. Blindness may occur if left untreated, as in Temporal Arteritis. Often the problems are mild and can be suc-

cessfully treated if detected early.

Arthritis symptoms include painful, red, warm or swollen joints, morning stiffness, or muscle aches. Should you have either symptoms of arthritis or eye problems, you should visit your physician promptly.

Most rheumatologists are keenly aware of the relationship between the eyes and the joints. They are very careful to detect any abnormalities. An exact diagnosis of the type of arthritis you have is very important. Since there are over 100 types of arthritis, and each one requires its own treatment, a careful examination is important.

If any eye abnormalities are detected, the rheumatologist will work closely with the ophthalmologist. Careful attention should be made to adjust both the eye medication and the arthritis medication. Usually, visual problems improve as the arthritis improves.

Arthritis strikes one out of seven people. Learn the facts. Call for your complimentary copy of "The Joint Approach - An Arthritis Overview."

Dr. Richard H. Blau is a board-certified Rheumatologist practicing in Manhasset, 516-482-6822 and Westbury, 516-607-6823.

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TELEPHONE NUMBER _____

S A L E S D A Y S

Turnbury Furrriers



Here's a sale that will keep you warm from head to toe. Turnbury Furrriers' (8065 Jericho Tpke., Woodbury) Winter White Fur Sale is in full swing, with 30%-60% savings on mink, raccoon, coyote and fox in this season's most fashionable styles and colors. There are long

coats, short jackets and 7/8 mid-lengths for every occasion, every budget.

Three generations of fine repairs, remodeling alterations and custom fur styling, make Turnbury the first and last stop for wise fur shoppers. Call 602-6660

Bed 'n Back

Give yourself a midwinter break—Bed 'n Back is in the midst of their spectacular January sales event. If your back has been yearning for comfort and support, now's the time; The Backsavers Bionic Chair, with three way positioning and steel reinforced balance bar has been reduced \$100. Balans Tripon's uniquely designed recliner (it's light and airy, stylishly designed in light oak) is price slashed \$100. And for the ultimate restful sleep, the Somma waterbeds are marked down \$200.



Even your feet get a treat at Bed 'n Back—Birkenstock shoes and Romika and Gortex boots and shoes are 20% off. The store is at 209 Middleneck Rd., Great Neck (466-8222), and

you can make yourself feel good all over with their vast selection of relaxations—all at special January prices.

The Rose Shop

It's January, and "everything's coming up..." you guessed it—Roses! At the Rose Shop's annual winter sale, where sportswear, sleepwear and accessories are 30% off. The Port Washington

(48 Main St.) boutique is making way for new merchandise and giving you a great opportunity to look your best—at work or play—while you save a bunch of roses, of course!

MID WINTER BLUES? HOW ABOUT A JAI-ALAI WEEKEND FOR TWO

* 115⁰⁰ per couple
Saturday Night

SPECIAL GROUP RATES INCLUDES

• Welcome Reception... wine, cheese & snacks • Overnight accommodations for two • Delicious Buffet Dinner for two • Welcome drink with dinner for two • Big Sunday Buffet Breakfast for two • Tickets to Jai-Alai (Guaranteed Seating) • Tax and Gratuities Included • Weekly drawing for FREE Weekend • Beautiful indoor heated pool, games & outdoor patio • Discount Shopping, Theatre, Sightseeing



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Nearby Factory Outlets

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(203) 853-3477

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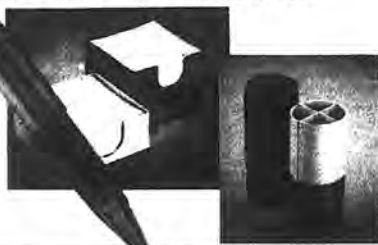


TURNBURY COMMONS
80635 Jericho Turnpike • Woodbury
692-6660

S A L E S D A Y S

Papyrus

Now you can give yourself those luxury desk accessories and writing tools that were such special gifts last month. Papyrus (5 Bond St., Great Neck) says it's time to treat yourself...with a fine pen by Dunhill, Cartier or Caran d'Ache—at 30% savings. Or trim your desk with the Georg Jensen line of extraordinary accessories at 40% savings. If Brass is your accent, brighten your office with handsome accessories at 40% discounts. (466-8152)



JV Jordan

Stylish, designer sportswear is making the news at JV Jordan (42 Forest Ave. Locust Valley.) Just in time for the rest of your winter wardrobe, this delightful boutique is offering Savings of 30-70% off winter merchandise. And, if there's a cruise in your future, JV Jordan's cruise line is "entering port" daily with 20% discounts on 1988's newest looks! (676-0444)



Especially for Children

The ultimate shop for children, a fantasy land of toys, dolls, cuddly bears and clothing for boys and girls - that's Especially for Children.

Located at 14 Cold Spring Rd., Syosset, you'll find winter clothing at 30-50% clearance reductions. Dolls are sale priced at 20% off - perfect for your own little doll. (364-8564)



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NEW COMMUNION DRESSES HAVE ARRIVED

14 Cold Spring Rd.
Syosset • 364-8564
(1 block North of LIRR)

Country Lady, Country Children

The top designers are on sale at Country Lady Country Children. This winter's warmest fashions by Albert Nipon, Flora Kung, Calvin Klein, Semplice Echo and others, at up to 75% off regular prices are melting the ice at 29 West Main St., Oyster Bay.

Customers will delight in the selection of clothing for the whole family, and accessories for gifts and your own home. There's china, crystal, silver, wicker and more at this charming shop.

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North Shore University Hospital Auxiliary Photo Contest Select Winners

Forty-eight photographs were chosen from among the more than 750 entries in this year's North Shore University Hospital Auxiliary Photo Contest. "The winners are harder to select each year, as the entries grow more and more professional-looking," said Manhasset resident Hilary Chilton, Auxiliary Vice President of Community Services. Winning photographs decorate the hallways of the Manhasset hospital, cheering patients and visitors alike.

Entries were submitted by hospital employees and friends from local communities as well as from hundreds of miles away. "Several of this year's winners have been among the winning photographers of past years, and have become old friends," said Frances Eldler of Seeringtown, Photo Contest Chairman. A panel of professional photographers which included James Strong, Marjorie Pilar, and Claus Mroczynski, selected the winning photos.

This year's winners were welcomed at a reception held recently at the hospital. Shutterbugs had the opportunity to meet one another and see their photos hanging in the hospital corridors.

Twenty-five photographs were chosen as winners in the slide category. "Red Pine" by William Lack of Great Neck, was the first prize winner. Charlotte Werner, of Stamford, Connecticut, took second prize with "Fall Sparkle," honorable mention with "Clackers" and was a special selection winner with "Cocktail Hour." George Gaynor, of Albertson, won third prize for "Going Home" and honorable mention for with "Oronoco Girl." Edith Schwartz of Levittown, was an honorable mention winner for "House in the Valley," and a special selection winner for "Wash Day in the South." Robert J. Ulberg, M.D. of Roslyn, was an honorable mention winner for "Omlyn." Margo Kahn, of Manhasset Hills, won honorable mention for "Shamrocks" and special selection for "Summer's Last Rose." Port Washington's Michael Cross' "Labour of Love" took honorable men-

tion, as did Port Washington's Marika K. Mammias' "Sleeping Seal." Erick M. Kahn of Manhasset Hills, was an honorable mention winner for "The Fur Hat," and Herbert Huebscher of New Hyde Park, received honorable mention for "Impalas at Dusk" and special selection for "Hats."

Other winners in the slide category were Bernard Salzberg of East Norwich, with "Gudoshniks," honorable mention, and "Autumn Foliage" and "Orchids" in special selection; Georgette Black of Huntington, with "Tommy," honorable mention; Mary Marks of Muttontown, with "Summer Rains," honorable mention; Mary Jane Wasch, of East Hills, for "Tetons in Reflection," special selection; Burton Reyer of Great Neck, for "After Hours Club," special selection; Mike Schwartz of Levittown, with "Gables," special selection winner; and Marion Goldschmidt of New Hyde Park, "Harvest Time" in the special selection category.

The print category had 23 winning photos. First prize photograph was "Peace at Eventide" by Paul H. Walker of Sea Cliff. Herbert Huebscher of New Hyde Park, won second prize for "Lava Flow," and honorable mention for his photographs "Proud Lioness" and "Stepping Along." Miriam Guatelli of Westbury, was third prize winner with "Banana Perfection." Herbert Chessin, M.D. of Old Westbury, won honorable mention with "Kentucky Derby Tulips." Christine Ureichuck of East Farmingdale, won honorable mention with "Circles & Squares," and was a special selection winner with "Basket Pickin'." Oyster Bay's Caren Sager was an honorable mention winner with "Rainbow at Katabdin" and Kevin Dancher of Brooklyn, won honorable mention with "Kitty Cat Cart."

Other honorable mention winning photographs were "Marble Lous" by Myrna Bianco of Floral Park; "Two of a Kind" by Frank R. Loffredo, M.D. of Old Westbury; "The Bombs Bursting in Air" by Ken Dohererty of New Hyde Park; "West Harbour at



"RED PINE" BY an amateur photographer William Lack of Great Neck, was the first prize winner in the slide category.



PHOTOGRAPHER HERBERT HUEBSCHER of New Hyde Park, is pictured with "Proud Lioness", which was awarded second prize in the print category.



Dawn" by Monte Berkoff of Garden City; "Flamingo Row" by David Cruvant, M.D., of Plainview; and "The Beggar" by Barbara Greenberg of Roslyn Harbor. Special selection winners were "Primary Tanks" by Steve Caputo of Westbury; "Nature's Bounty" by Carolyn Gitman of Great Neck; "Fruit Salad"

by Michael Gilbert, M.D., of Glen Cove; "Serenity" by Richard Felner of Oyster Bay; "Just Slightly Ahead of His Time" by Maria Moricca-Calvery of Lake Ronkonkoma; "Mama's Penicillin" by Scott Kellman, M.D. of Manhasset Hills; and "Candy" by Loric Slavlin of Old Westbury.



WESTBURY RESIDENT MIRIAM Guatelli's "Banana Perfection", was the third prize winner in the print category.



ALBERTSON RESIDENT GEORGE Gaynor's photograph, "Going Home", was third prize winner in the slide category.

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H E A L T H & F I T N E S S

Compulsive Eating— A New Approach

by Randi Realon, C.S.W.

If you have tried dieting in the past and failed, you are not alone. For most of us, dieting is a part of the problem, not its solution. The most recent research has shown that 98% of those who lose weight by dieting gain it back, and that 95% of those people gain back more weight than they lost by dieting! These statistics don't even address those people who never succeed in losing weight on a diet—the diet "drop-outs."

This research goes on to show that people who are not binge eaters before dieting, often become bingers once they begin dieting. Psychological and physiological factors are cited as the reason that dieting actually causes compulsive eating and bingeing.

"Naturally thin" people are those who do not diet, who eat whatever they want, and for whom food, eating and weight are not an issue. They think about food differently, eating when they are physically hungry. They eat only what they like and they stop eating when they are no longer hungry.

Dieting forces us to focus on external cues for eating, by prescribing what, how much, and sometimes, even when we may eat. We lose touch with our body's natural internal cues of hunger and satisfaction. Infants are a perfect example of this: if you try to feed a crying infant who is not hungry, you'll find it impossible to get the child to eat. They are still in touch with the body's internal signals about hunger and satiation. Dieting forces us to tune out those signals.

Overeaters tend to eat in response to psychological "hangers," turning to food for many other reasons besides physical hunger. We eat to "feed" psychological needs, then mentally "beat ourselves up" about overeating, telling ourselves we're "weak, undisciplined, gluttons." We then put ourselves on a diet, depriving ourselves on a diet, depriving

ourselves even more!, and pushing ourselves farther and farther away from our natural ability to eat in response to physical hunger and satiation. Some of us even begin to believe and act out the belief that we can't be around certain foods; that we will lose control.

This vicious cycle: plan to diet...diet...binge...feel negative about ourselves...eat more...begins an unending downward spiral, lowering our self esteem and eroding our happiness. It is a no-win situation.

The only way out of this destructive, depressing cycle, is to STOP DIETING and begin a two-pronged approach toward ending that eating problem permanently. This approach, initiated by a prominent psychotherapist, has been successful with compulsive eaters in the U.S., Great Britain and Europe. It involves eating awareness training, which entails re-focusing on our body's natural signals, learning to discover: When to eat (whether or not you are hungry); What to eat (selecting the particular food you want from a gamut of foods); and when to stop eating (when your body has had enough to satisfy its real hunger). One learns, over time, to listen to and hear those internal cues.

The other "prong" is the psychological aspect. This is a process of identifying our psychological needs and "hangers"; of working toward being able to gratify or cope with these psychological needs in other ways than with food, and discovering what purpose the entire food-eating-weight process serves in your life. It also includes learning what meanings "fat" and "thin" have for you.

While this two-pronged approach is not a quick process, it can free you from your compulsive eating forever! You'll never have to diet, deprive, or feel negative again. You be one of those "naturally thin" people.

Randi Realon, C.S.W. has been working successfully with compulsive eaters using this approach, both individually and in groups. Each patient is seen individually for three to five sessions to determine an appropriate approach to the individual's problem. Groups meet weekly for 90 minute sessions.

Ms. Realon will gladly answer your questions and meet with you for an initial consultation. Her offices are located at 199 Middleneck Rd., Great Neck. Call 487-3081 for details, and the formation of new groups.



Give Yourself The Chance of a Lifetime

Breast cancer remains the leading cause of cancer deaths among women, especially when you consider that approximately 1 in 9 women on Long Island will develop breast cancer in her lifetime. With early detection, more women who develop breast cancer are living longer and better lives.

Screening is the attempt to detect unsuspected disease in ostensibly healthy persons. The purpose of breast screening is to improve survival of women by detecting breast cancer at an earlier stage, even when it is non-palpable. The methods recommended by the American Cancer Society include monthly breast self-examination, clinical examination by a skilled examiner, and mammography. At this time, these are complementary procedures and the end results are improved when they are combined optimally.

Mammography is the most effective diagnostic technique to detect non-palpable (impossible to feel) or minimal breast cancers. It is of utmost importance that dedicated low-dose equipment (used only for mammography) be used with adequate breast compression to bring out maximum detail at a minimal exposure. With these requirements in mind, Dr. Gail Phillips and Dr. Sheila Kumari-

Subaiya, formerly full-time staff at Long Island Jewish Medical Center, have recently opened Promedica Imaging, a facility designed to provide state-of-the-art ultrasound and mammography.

Both Drs. Phillips and Kumari-Subaiya are nationally recognized board certified women radiologists with many years expertise in mammography and ultrasound. At Promedica, mammograms are performed with dedicated low-dose equipment by a female technologist, not only skilled, but sensitive and empathic to the patient's needs. Each patient is treated with respect, dignity, and professionalism in a private, anxiety-free atmosphere. Each mammogram is supervised by the radiologist and additional views are performed at the time of the visit. Breast ultrasound, to differentiate cystic from solid masses with 96-100% accuracy is performed when needed, using state-of-the-art computerized ultrasound equipment. Each patient also receives instruction in Breast self-examination at the time of her mammogram.

Drs. Phillips and Kumari-Subaiya are working with the American Cancer Society as speakers in Queens and Long Island on Breast Cancer, mammography, and Public Education.

Body Design — A Private Fitness Company

Fitness is a personal accomplishment and its attainment is tailored to each person's individual needs, goals and time.

Body Design, A Private Fitness Company, aware of today's many faceted lifestyles and time pressures, brings fitness training to your home or office, developing a personal program that suits your specific needs and assures your privacy and comfort.

Certified trainers evaluate your health and medical history as part of a free initial consultation. Your goals and training ability are carefully analyzed as part of a custom designed exercise program which is updated as your physical capabilities progress and you near your goals.

Fitness sessions, supervised by a trainer, may include low-impact aerobics (one foot is always on the floor and there is no bouncing) to burn excess body fat and increase CV endurance; calisthenics to strengthen and tone muscles; weight training to increase strength, enlarge and enhance specific muscle groups. Stretching exercises at the beginning and end of each session ensure flexibility, proper warm up and cool-down, eliminate soreness and provide protection against injury.

Catherine Marciano, President of Body

Design, recommends that classes be taken at least three times a week for visible results, and will prescribe a between session workout for less frequent classes.

Body Design provides a full array of light weights, workout rubberbands, safety mats, audio equipment and customized workout cassettes, at no additional cost. They will work with you, in your home or office, in small groups, with couples or one-on-one. Corporate programs can be arranged to get your own staff into peak physical shape.

Says Cathy, "response to each of these groups has been enormously enthusiastic. Because our clientele continues to grow, we have been able to keep our rates reasonable and offer the best in staff, equipment and methods. We were formerly known as 'Aerobics n' More,' she noted, "but our growth and expanded services entailed a name change."

Body Design-A Private Fitness Company, will bring its services to you, seven days a week, from early morning to late evening. Private Fitness includes scheduling that is as tailored to your needs as your personal fitness program. Call 785-4083 for complete details.

H E A L T H & F I T N E S S

Eye Safety...It's No Accident

Nine out of ten eye injuries are preventable, yet they cause impaired vision in millions of people annually.

A few simple precautions could save your sight. Here are some reminders from the National Society to Prevent Blindness:

FOR GARDENERS, DO-IT-YOURSELFERS: Read all instructions on gardening tools, lawn chemicals, fix-up products carefully. Be careful of flying clippings when you prune shrubbery, of hurled pebbles when you mow the lawn. Remember, chain saws and axes can send wood chips and splinters in all directions. Keep others, especially children, away when mowing. The best precaution: wear safety glasses or goggles when doing these types of chores.

FOR SPORTSPEOPLE: Whether you're biking, playing baseball, or tennis, field hockey or badminton, even when tossing a frisbee or having a catch...observe the safety rules of your game and be aware of others playing nearby. Teach children to use their sports equipment safely, to give warning to others in the area, to stay out of the way of other

people's active games, where a ball, bat or racquet might catch everyone off guard.

FOR CHILDREN OF ALL AGES: BB guns (where legal) are dangerous and should only be used under responsible supervision, in non-populated areas. (Those pellets look tiny, but are propelled at high speeds.) Gas, air and spring operated projectiles (slingshots, bows and arrows, darts, toy guns) **SHOULD NEVER BE POINTED AT ANYONE ELSE!** Children should wear protective eyewear when participating in active contact sports or doing workshop projects. And, of course, adult supervision and care in selection of play and sporting gear are always the best safety insurance for young children.

IN THE SUN: Protection from sun glare and ultraviolet rays is especially important. Whether or not you need prescription lenses, sunglasses are essential. They should be of impact resistant glass or plastic, and, ideally, photochromic to block UV rays. Never look directly into the sun, it can cause permanent retinal damage.



Photochromic lenses in hi-style Serengeti frames offer outdoor eye protection, comfort.

Vertech

Relief from back pain is now available at the new Vertech Back & Bed Store, 801 E. Jericho Tpke., Huntington Station (385-2409). Vertech is a franchised retail outlet that sells a wide variety of office chairs, home recliners, adjustable beds and other products for people who want to relieve or prevent back problems. It is the largest single source for back relief products for home, office and car.

Ergonomic office chairs, a major part of Vertech's offering, provide adjustability for full support and comfort. With the ability to make finite changes in positioning, the user can work efficiently for hours with less effort and strain on the musculo-skeletal system.

Adjustable beds from Vertech's Gallery afford head and leg contouring adjustments to obtain optimum positions for comfort and relaxation, and built-in massage motors help relieve stress and tension.

Vertech carries specially designed car seats that can be used with all standard automobile seats, and seat supports that are adjustable to

fit the size of the user and the specific area of pain. The company offers a wide selection of home recliner chairs which are luxurious and orthopedically correct. Their line of specially designed rakes and shovels eliminates bending. Vertech also carries a wide variety of massage cushions, vibrators and cervical support pillows.

Vertech's personnel are trained in the application of every product they sell and skilled in interviewing customers, discussing their problems and suggesting the right product for maximum benefit. The company's research and development constantly reviews and approves new products and technological advances before adding them to the Vertech product line.

Working with doctors, physical therapists, chiropractors and patients is Vertech's forte. Reducing suffering from back pain is its purpose. Best of all, Vertech's methodology and products work!

Body By Berle

Exercise and diet are serious business at this one-on-one Nautilus fitness center. Your personal exercise physiologist takes you through your twenty 30-minute, three-times a week workout, providing the expertise, motivation, discipline and feedback so important to the achievement of your goal.

At Body by Berle, 224 Middle Neck Rd., Great Neck (487-7878), the atmosphere is professional, the exercise routines individually developed to meet your goals and physical capacities.

The Body by Berle method offers women a leaner, tighter, sexier appearance, a trimmer,

firmer, more muscular appearance for men. Not only is one assured of increased mental and physical awareness, they will find improvement in the performance of daily activities as well as a feeling of heightened physical well being.

The one-on-one Nautilus regimen is an enhanced nutrition and diet program that includes daily menus and tasty recipes.

The by-appointment only program guarantees results three times as quickly as a standard health spa. Call Body by Berle for a free trial workout.

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The Puzzle Page

KidSpot™ SOLVE THE REBUS BY WRITING IN THE NAMES OF THE PICTURE CLUES AND ADDING OR SUBTRACTING THE LETTERS.

WHAT TOOL DID THE GORILLA USE TO FIX HIS CAGE?



WR+



-b

ANSWER: KEY (WR + KEY - BENCH)

KidSpot™

1 DOWN: 6+3=

4 ACROSS: OPPOSITE OF ME

1 ACROSS: [Blank]

5 DOWN: [Blank]

7 ACROSS: OPPOSITE OF DIFFICULT

8 DOWN: OPPOSITE OF NO

6 ACROSS: [Blank]

3 DOWN: [Blank]

3 DOWN: [Blank]

ANSWERS: ACROSS 1: EASY; 4: EASY; 6: DOWN; 7: EASY; 8: DOWN; 3: DOWN

KidSpot™

NAME THE FIRST LETTER OF EACH NUMBERED DRAWING IN THE BOXES BELOW.

SEA WHISKERS.

ANSWERS: 1: S; 2: W; 3: H; 4: I; 5: S; 6: K; 7: E; 8: R; 9: S

Answer to Crossword Puzzle No. 295

TEAL	SCRUB	SEPTS	HURT
ALDA	TOILE	ALEUT	UTES
LIAM	RILER	LILLE	TATA
CAMPBELL	GIA	FLETCHER	
NEWS	GERMA	ELAH	
AMALTS	PERKINS	SNIPES	
MERES	PALOS	TAM	SNIDE
OLOR	DORAN	CALIF	SKID
RLS	AIDAN	RESELLS	ELA
TSETSE	SENIOR	MEEUWSEN	
ANSA	RANIS	SMEE	
SCHAEFER	ISAAC	IDEALS	
MAE	ROSELLE	CRANE	TAL
OMIT	RICES	THONG	WORD
PEDAL	RAE	SWEAT	BILGE
POILLUS	PREWITT	BELLES	
ERIA	SPANS	SEAL	
DONNELLY	INK	DENNISON	
ABET	ILIAK	LOUGH	APPS
MORE	COMMA	ETANA	MEADS
PLIOD	ATAIL	SODOM	MERS

Answer to 'Cryptoquip':
EVERY BOSS WHO ADDS A FEW RELATIVES TO THE PAYROLL WILL BE GUILTY OF PUTTING ON HEIRS.

PREMIER CROSSWORD / By Jo Paquin Misses Who Were Hits

- ACROSS**
- One type of TV
 - Lobster's feeler
 - Part of speech
 - Former Belgian Congo
 - Moslem prince: var.
 - Exchange premium
 - Arrow poison
 - Heavy-bodied bird
 - They served the Pony Express
 - Kind of examination
 - Love god
 - Heavily adorned
 - Beget
 - Edison's middle name
 - Egyptian sun god
 - Dill weed
 - "— Miniver"
 - Nothing, in Madrid
 - Poetic contraction
 - Sacred bull
 - Pink ruby spinel
 - Hindu god of the dead
 - One of the Gorgons
 - Ribbon ornament
 - Prying bars
 - Make amends
 - Shopper's vehicle
 - Paper quantity
 - Old photo color
 - "... better to wear out than to — out"
 - "Twickenham Garden" poet
 - Chips in a chip
 - Inquisitive
 - It follows black or white
 - Fawnbroker, for one
 - Certain early lanes
 - Arias
 - It remained in Pandora's box
 - Party game
 - Criminals
 - Stamper stamping need
 - Hebrew measure
 - Quartet member
 - Lyric poem
 - Comedian Jay
 - Sorcery
 - Serbian measure
 - Role for
 - Robert Stack
 - Sert's forte
 - Shows to be true
 - Leads astray
 - Small and dainty
 - Yellow cheese
 - Makers of silk fabric
 - Comic Johnson
 - Calloway
 - She flung the apple of discord
 - Drink slowly
 - Folk singer Burl
 - Sleep study acronym
 - Wings
 - Gulf of the Ionian Sea
 - Evening party
 - Ice cream holder
 - Mail and passenger coach
 - Rudder supports
 - Lariat
 - Merriment
 - Wallet filters
 - Otherwise called
 - Small island
 - And others
 - One of Capt. Hook's crew members
 - Annie's dog
 - Patrick
 - Endured
 - Pool member
 - Fifth or Madison
 - Trading center
 - "— Call the Whole Thing On"
 - Do wrong
 - San Diego team
 - Dancer Sally
 - Rails the refrigerator
 - Epic poetry
 - Singer Stevens
 - Utters
 - Pine or spruce
 - Procedures
 - Netherlands city
 - Break faith with
 - Pride of San Diego or the Bronx
 - Nimbus
 - Agave fiber
 - Actor Christopher
 - General Bradley
 - Western lily
 - Claire and Balin
 - Composer Porter, et al.
 - Wears away
 - Rail supports
 - Fencing swords
 - Petty tyrant
 - Iowa college town
 - Mame, to
 - Med. school subj.
 - Kansas senator
 - Stringed instrument
 - Yield
 - The Amazins
 - Winston Churchill's daughter
 - "Exodus" novelist
 - Primp
 - Optical illusion
 - Reluctant
 - European resort island
 - Man's name
 - Fundamental
 - Wading bird
 - Singer/actress Cara
 - Violinist's need
 - Toward the center
 - Like Oscar Madison
 - Ending for luncheon
 - Confused
 - Account entry
 - Soft drink
 - Cougar
 - Sargasso Sea creature
 - 120 — de deux

296

Average time of solution: 64 minutes.

CRYPTOQUIP

I-17
YDOOD CO OUI QBRIQS ZGABEO PCYK LUBPU
BE DKIZ 24 UDGME C ACS: "LI'MI ZIRIM PQDOUIA."
Today's Cryptoquip clue: B equals I

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♥ A J109
♦ 10
♣ A Q103

EAST
♠ A5
♥ Q82
♦ J432
♣ 762

SOUTH
♠ KQ82
♥ 7643
♦ Q8
♣ KJ

The bidding:
North East South West
1 ♠ Pass 1 ♠ 2 ♠
2 ♠ 3 ♠ 4 ♠

Opening lead — king of diamonds.
Let's assume you're West, defending against four spades, and lead the king of diamonds, which wins. Assuming you see only the North hand, what would you play next?

When the deal was played in a rubber bridge game, West shifted to the eight of clubs, won by declarer with the king. A low trump to dummy's nine lost to the ace and East returned a trump. South then disposed of two hearts on dummy's clubs, conceded a heart trick, and so made exactly four spades.

If one examines all four hands, it can be seen that West could have defeated four spades by leading the

king of hearts at trick two. If declarer wins with the ace and plays a trump, East goes up with the ace, cashes the queen of hearts, and returns a heart which West ruffs to put the contract down one.

If declarer ducks the king of hearts, West continues the suit and again the contract fails. There is simply no way to make four spades against the king of hearts lead at trick two. All of which is easy enough to say when the four hands are seen, but should West have found this killing move looking at only 26 cards?

The answer is yes. It is a basic principle of defensive play that one should dismiss from consideration all holdings declarer may have that make it impossible to defeat the contract. A defender should concentrate instead on hands his partner might have that prevent declarer from making the contract.

Even if East has the queen of hearts and K-J of clubs, which is theoretically possible on the bidding, four spades cannot be defeated, since declarer would score three heart tricks before East could score two club tricks. Similarly, assigning East the ace of trumps and king of clubs also cannot stop the contract.

The only reasonable chance of scoring four defensive tricks lies in the hope that East has the queen of hearts and ace of spades. The king of hearts should therefore be led at trick two.

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DISPLAY RATES
ARE ALSO
AVAILABLE.
PLEASE CALL FOR
FURTHER
INFORMATION

DEADLINE:
Monday Noon

ERRORS
The Anton Papers and
The Long Islander are
not responsible for
errors beyond
the first insertion.

**All Ads Must Be
Pre-Paid Check,
Money Order,
MasterCard or Visa**

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Supervisor

Our Staff:
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Midge Hart
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Carol Wilson
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Greg Smith
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Announcements

PLEASE FEED THE BIRDS Winter storms will be covering all forms of food for our natural bird fillers, throw stale bread and other scraps etc. outside for the birds this winter.

Health & Fitness

MAGIC TOUCH - Esthetic massage, relaxation. Get rid of your stress. Northern Blvd. Nassau. Appt only. 487-6556

MASSAGE

In the convenience of your home. Take an hour to indulge yourself. Release soreness, muscle aches, and worry. Leaves your whole body with a sense of well-being, reasonably priced. N.Y.S. licensed and certified. Women only please.
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SOUND CONNECTIONS

Professional Disc Jockeys
Specializing In:
• Weddings • Bar Mitzvahs
• Sweet 16s • Birthdays • Etc.
• Light Show (Optional)
• We aim to please
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Reunions

**BAY RIDGE H.S.
Class of 1963
25th REUNION**
If you are, or know, a member of the class of '63, please contact:
PO Box 1166, Anton Community Newspapers, 132 E Second St, Mineola, NY 11501

PORT WASHINGTON Schreiber H.S. Class of 1963 25th REUNION July 9, 10th and 11th, contact Pam Nisale 518-244-8750 or Ken Kraft at 516-671-3295 ASAP

CAST CALL! CAST CALL! CAST CALL!
Former Students Of
MARGE WILLIAMS' SCHOOL OF DANCE
For The Spring Recital To Be Presented At:
HICKSVILLE H.S. - MAY 21, 1988
Miss Marge Is Creating A "Reunion"
Production Number Featuring YOU!
For Further Information, Call 931-6917

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REUNIONS UNLIMITED, INC. is organizing reunions for:
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Great Neck North 68, Hericks
83, 86, Irvington 59, Jamaica
54, 55, 56, 57, 70, 71, Lafayette
61, 62, 63, 64, 65, 66, 69,
Lawrence 98, Lincoln 58, 59,
77, 78, Long Beach 88, MacAr-
thur 66, 67, 70, Madison 57,
58, 59, 70, 77, 78, Midwood
57, 58, 94, 95, 96, 98, 99, 75-76,
Mortonside 78, Nassau 71, New
Ulrich 58, 59, Oceanide 85,
70, Shaeffer 89, 70,
Shorehead Bay 93, 94, 95,
South Shore 77, 78, Stuyvesant
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Professional Assistance To
Small Businesses & Individuals
TAX PREPARATION
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Year Round Attention
Affordable Fees
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Member National Association
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JDF painting high quality work done at a reasonable rate. Many references. Jim 226-2250 or Doug 757-8963.

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FOUNDED 1 year old, white and gray cat female in vicinity of Park Ave. in Port Washington. 366-9212

Domestics

FEMALE COMPANION Set 5
Sun only must cook and drive
922-4845

Domestics

HOUSE KEEPER every other Fri-
day. Immaculate home Freeport-
Baldwin area. 378-1343

LIVE-IN AIDE - Farmingdale
Weekends, patient completely
bedridden & dependent. 5:30
stop. Nancy, 293-9608 after 8:30

Child Care

BABYSITTER wanted PT. Expt.
own transp. Manhasset. 627-7588

CHILD CARE - warm, loving woman
to care for teacher's 2 children in
my Williamson home. Non-smoker,
drives license required,
references. Call 748-7650

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Domestic Helper Service Inc.
A Licensed Agency. Place in-
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Discriminating New York Homes.
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11501. 516-747-7820

LIVE-IN Housekeeper, child care
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A POSITION Requiring approx 10
network is avail for an individual
who is wkd using a Macintosh
computer. Must have exc spelling
skills. 873-4400, Nancy

**ARMED
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WANTED**

Full and part time available.
Medical benefits. Wage in-
creases. \$7-Hour. Call Mon-Fri
582-4380

A/R - Old Westbury Country Club
needs bright, self-motivated in-
dividual write A/R computer ex-
perience. Call Controller at:
316-828-1010

**AUTO
ENGINE SHOP**
Expanding Shop seeks in-
stallers and cyclehead rebuilders
Exp. preferred and/or trainees.
Good opportunity to advance.
Top pay & benefits
**CAVALIERI
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Glen Cove 878-0100

AUTO MECHANIC
3 years experience.
Must have own tools.
Must know all aspects of
auto mechanics.
821-6024

BINDERY - need person to run
printer & cutter. Experienced only.
Good salary & benefits. Plainville
area. Call Steve 334-3343

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BANKING OPPORTUNITIES
Small Commercial Bank in
Nassau County has three ex-
cellent open positions in its
main office.

PART-TIME CLERICAL
Ideal hours for returnees -
Mon-Fri 10 am-2 pm.
Learn mechanics of banking.
Good figure aptitude and
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Candidate must have ex-
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background a plus.

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Good typing skills and ex-
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We offer an excellent salary and
benefits package including a
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Position available for:
TELEMARKETER SVC. REP
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**PRUDENTIAL
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Benefits. \$400-\$500/wkly.
Call Mr. Miller 483-7722

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BOOKKEEPING
Local corporation seeks mature
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A/R reconciliations. Full
benefits. Profit sharing. Work
9-5 Mon. thru Fri. \$8.00 per hr.
Call Mr Semkow
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SUBSTITUTE POSITION
Knowledge of bookkeeping a must.
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**NORTHPORT-EAST NORTHPORT
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From 10 AM - 2 PM
An Equal Opportunity Employer

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Clothing Salesman**
We have an outstanding oppor-
tunity in a menswear specialty
store in the Lynbrook area.
We offer a qualified individual
with some retail experience a
good salary, excellent benefits
and prestigious working condi-
tions in pleasant, comfortable
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CALL LAWTON BYRD
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MONDAY - FRIDAY 10 AM - 4 PM

CAREER OPPORTUNITY

Become a Financial Planner
**PRUDENTIAL
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FT Professional training.
Benefits. \$400-\$500/wkly.
Call Mr. Miller 483-7722

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TRAIN! GOOD OLDE TIMES.**

Roanoke 621-4805
**CASHIER Set & Sun, 10am-6pm
GOOD OLDE TIMES, ROSLYN**
621-7117, days

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FT**

Company in Roslyn Heights
seeks mature individual to
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duties in Accounting Dept. Ex-
cellent benefits including Major
Medical & Dental.
CALL MS. KAY 516-484-4800
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**COMPUTER
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Entry level position for some-
one with college background.
We require an articulate, non-
smoking, energetic person who
is career oriented. Please reply to:
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Newspapers, 132 E Second St
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Monday hours. Start at \$5/hr.
BAGEL CAFE 759-5064

CPT OPERATOR Port Washington
firm offers excellent opportunity
and benefits. Order Entry, ex-
perience preferred.
05.07.87.1800 EOE

CUSTODIAN to work at St. Mary's
School. FT position. If interested,
call 821-4211 between 9-2pm or
send resume to school office.

DENTAL ASSISTANT On the job training,
cheerful, highly trained, career im-
mediate. Glen Cove/Westbury
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"In the living room, it's 'stay off the sofa!'. In the kitchen it's 'stay off the counter!'"



"You wouldn't sprawl on the new couch unless...all right, what is it you think you've got on me?"

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Human Resources Dept. 212-382-4803

EAST NEW YORK THE EAST NEW YORK SAVINGS BANK MEMBER FDIC

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DENTAL Receptionist/Assistant enthusiastic person. PT. FT. for Manhattan specialty office. Contact 365-8004.

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DRIVERS Tax, Inmate #2 & cover. Clean license, new car. 15 hours. FT/PT. Dispatcher. 466-3780.

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Dispatcher FT/PT will train Retirees & Students Welcome. Call 933-2100

EARN EXTRA MONEY! Telephone interviewers, FT/PT evenings/weekends, no experience. Returns welcome. Flex hrs, paid training. 433-3215

EASY WORK! Excellent pay. Assemble products at home info. call 504-641-6003, ext. 8890. Optional start-up manual \$29.80.

EDUCATIONAL SALES CONSULTANT PT/FT 10-40 hrs. Weekly \$100-\$400 minimum. Qualified, I.Q. qualified, teaching background helpful. For interview Call Estelle 462-8356

EXCELLENT INCOME FOR HOME ASSEMBLY WORK. FOR INFO CALL 504-646-1700. Dept. R1044

Experienced Person To take care of 8-10 homes furnished 3 m. or less. miles. avail for the night person. Write Box 389 Locust Valley, NY 11950 with all particulars & include references.

FT & PT POSITIONS Cashiers, stock, cosmetician & delivery person. Excellent Co. benefits & discount. Apply in person at: 961-3 Port Washington Blvd. Port Washington.

GAL FRIDAY Pleasant office located in Manhasset. RETURNS WELCOME Open salary, full benefits. Flexible hours. Call Helen at 627-7500

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Handyman/GARDENER Port Washington Appls. FT. Call 883-2110

HELP WANTED Teachers wanted part time Parent Coop. 3 and 4 year old class. B.E. in early childhood required. Call 684-0987 or 684-3965.

Help Wanted

LAB HELPER Excellent opportunity with Port Washington Manufacturing. No experience or College needed (519)757-1800

LAUNCH OPERATORS FOR LOCAL YACHT CLUB APPLY NOW FOR 1988 SUMMER SEASON CALL 922-0276

LEGAL SECRETARY Garden City Law Firm Good typing and stenographic skills. Must be excellent benefits including 4 weeks vacation. Send resume to: E.H. MODLIN, ESQ. 1050 FRANKLIN AVE. GARDEN CITY, NY 11530

LIVE-IN building an independent needed for small apartment complex in Huntington. Some letter of introduction to P.O. Box 508, Huntington NY 11743-0569.

MAINTENANCE FT Assistant to Superintendent. Exp. in Plumbing & Electric. Call 883-2100

MANAGER Weather View Villa, coming to the West Whitman Mall, Huntington, Virginia World, a nationwide leader in retail. We are looking for an individual with retail management experience. Knowledge of nutrition helpful. Advancement opportunities. Salary in line with the industry. Full co. benefits. Call 433-3787 (10:30am-6pm)

MANUFACTURING Opportunity to earn while you learn. Small manufacturing co. looking for 3 good people. Call 741-6000 for attractive details.

MEDICAL OFFICE RECEPTIONIST, FT, busy office, 2 doctors. Typing, heavy phones, patient contact, must work well under pressure. No weekends, some evening hours. exp. preferred. Call 9 to 4, 516-386-4950.

MEDICAL RECEPTIONIST, Podiatrist's office. Some exp. preferred. 334-0700.

MINI BUS DRIVER Immediate North Eastern Queens Nursery School Noon & 3 PM runs. Must be over 25. Good Work Call 718-229-2169.

MODELS W/F 12-20 Hour Fashion TV to \$200 hr. NY firm needs Tall & Petite females and tall males for holiday campaign. Print, TV, PSN shows. also leg & shoe. Call MOSTLY MODELS 212-213-0116

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NURSE LPN RN for health facility in GLEN COVE 48 21hr/ Call Mrs. Arrigan. 971-9008.

NURSES RN-LPN-Nurses Aides Part-time/Full-time CENTRAL ISLIP NURSING HOME MRS CHIARAMONTE, DMS 433-0800 Ext. 43

OFFICE ASST seek qualified individual for general office duties. Physical Therapy office. Good Telephone manner. PT afternoons. 627-7436

OVERSEAS JOBS Tax Free Income All Occupations Company Paid Benefits CALL (305) 456-6803

PRIME HUNTINGTON LAW OFFICE Avail for Jan Occupancy. Suitably renovated and Professionally decorated. include use of conference room. Satellite space library etc. 548-0220

Help Wanted

OFFICE POSITIONS Clerks - Heavy lifting & mailing of invoices. Computer Operator - Entry Level - Running & tracking picking tickets. Will train. Order Clerks - Professional phone skills & ability to work under pressure. Order Entry Clerks - Knowledge of CRT or typing required. Gal Friday - Marketing Dept. - Good typing, clerical, & phone skills. Gal Friday - Data Processing Dept. - Knowledge of CRT or typing skills, good organizational skills, & technical ability required. Secretary - Good sten. typing, & dictaphone skills.

WAREHOUSE POSITION Material Handler - Unloading trucks, stocking. Requires a legible handwriting. Company offers good salary, benefits, and opportunity for advancement. For interview, call 671-5910

PART TIME FILE CLERKS MARKETING DEPT 8:30am to 1 to 5:30pm We have interesting and dynamic positions available at our modern Port Washington corporate headquarters. These positions are great opportunities for college students and/or interns. You'll perform general clerical duties as well as switchboard relief. Additional hours will occasionally be required. Please write to or call our Personnel Department at (516) 663-8000, ext 297 THOMSON INDUSTRIES, INC. Shore Road at Channel Drive Port Washington, NY 11856 We are an equal opportunity employer. m/f

THOMSON 1st in linear motion technology

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POSITION AVAILABLE EXECUTIVE DIRECTOR Seasoned public housing manager to supervise the management of 250 dwelling units of public housing. Knowledge of government modernization, regular operating budget. Send resume to Chairman American Taverness, Glen Cove Housing Authority, 140 Glen Cove Avenue, Glen Cove, NY 11542. Applicant must be certified or qualified for certification with reasonable length of time. We are an equal opportunity employer, all resumes must be in or before January 22, 1988. Indicate salary.

PROGRESSIVE AGENCY seeks counselors to work with developmentally disabled adults in group home settings. Full time, part time. State-of-the-art training provided. Call 334-4210

PT CLERK/TYPEST For Candies Shop in Roslyn Area. 50/HR. 3 hr day. Call 921-2300 x 206

ROSOLYN PUBLIC SCHOOLS Immediate Openings Teacher Aides (1) Certified Teacher preferred. Full health, life & dental insurance. All school holidays \$6,886-\$7,789 per year depending upon educational background. School Monitors Lunch-time supervision of elementary children (indoor & outdoor). Monday through Friday, 2 1/2 hours/week; \$5.28 per hour. Bus Drivers Must have or be eligible for No. 2 license 2-4 hours per day. \$5.75 per hour. Substitute Personnel needed in the following areas: Teacher Aides - 345/day, certification not necessary; Secretaries - 85 50/hour, must type 45 wpm; Monitors - 85 00/hour, 2 1/2 hours/day; Registered Nurses - \$55 00/day; Cafeteria Workers - \$5 00/hour, 2 1/2 hours/day. Call 821-4900, Ext. 204 for application or come to the Administration Building Harbor Hill Road Roslyn, New York Experience Not Required. Returns Welcome.

Help Wanted

RECEPTIONIST/SECRETARY For modern pleasant New Hyde Park dental office. Typing. Training provided for this excellent opportunity. Salary, benefits, FT. Mon., Tues., Wed., Fri. Afternoon Sat. 775-3015

RECEPTIONIST Westbury Firm near Fortunate's seeks self-starter with strong typing & phone skills. Outstanding salary, benefits, and working conditions. Judi 516-487-7762 Please Leave A Message

RECEPTIONIST Alert, active and accurate for front desk position. Quick learner for diversified Real Estate duties. Typing, filing, and busy phones. FT position. Salary open. Please call AURORA 944-9271

RECEPTIONIST/SECRETARY RECEPTIONIST creates preferable position. Exp'd. phones, typing & filing with 10 yrs. Exp. MARGARET 757-4252

RECEPTIONIST Westbury Firm near Fortunate's seeks self-starter w/strong typing & phone skills. Outstanding salary, benefits & working conditions. Call Judi 516-487-7762 (please leave a message)

RECEPTIONIST - Congenial Huntington Inc. office seeking FT typing/telephone operator. Excellent benefits. Mr. Ziegler, 271-6600

R.E. SALESPERSONS for the North Shore area. WE'RE GROWING AGAIN!! Join our successful team! We're leader with listings and customers! Your talents will be rewarded with highest commissions. All require confidential. honey karp 484-1110

RESTAURANT Sizzler, Massapequa Mall has all positions avail. day & night hrs. Salary competitive. 516-795-2203

RESTAURANT Utility Person Immediate, FT Position Available to work in busy kitchen. Duties will include general clean up, pot washing & dish washing. Salary \$5.50 per hr plus over time & Co paid benefits. Please call 367-4347 or drop by & fill out an application. COLD SPRING HARBOR LAB on 25A Opposite Fish Hatchery Cold Spring Harbor, NY Equal Opportunity Employer. M/F

RETAIL POSITION ASSISTANT MANAGER FT UPSTAIRS DOWN SHOP Specializing in exclusive down comforters, pillows, European linens and bedroom accessories. We are seeking a career minded individual for an exciting position in the problem of Great Neck. Experience in specialty merchandising or sales helpful. Must be dependable and creative, pleasant working environment, excellent salary and bonus incentive plan. CALL ANN (516)829-7185

WRITER WANTED PT writer needed to coordinate editorial coverage of the Green Leaf/Elewood Area for Suffolk Group Newspapers. Strong Community contact and organizational skills are necessary. Call (516) 427-7000 or write Suffolk Group 313 Main Street Huntington, NY 11743

Help Wanted

For Allergist's office Pleasant surroundings, three afternoons plus an evening per week. No Saturdays. Reception, billing, acct. billing, & salary short. Call Catherine 876-1212

Real Estate Sales Start off the New Year right! Become a Real Estate Professional. Prospectus expanding our staff. We're located in the heart of Manhasset with private parking. Call Carrie at Lovingly Real Estate 627-4800

SECRETARY FT/steno required. Text exp. preferred. Spanish helpful. Mon-Fri. Pleasant work. ext. 293-5582

SECRETARY PT 8:30-12:30 MON-FRI Ask For Mr. Symmons 627-0785

SPORTS WRITER PT sports writer needed to provide coverage of sports in South West Suffolk County. Strong Organization skills necessary, photo exp. helpful. 516-427-7000 or write

Suffolk Group 313 Main Street Huntington N.Y. 11743

SUBSTITUTE TEACHERS Secondary Middle/HS/Elem. No. Please call DR BROWNE 652-8500

TOW CAR OPERATOR NORTH SHORE AREA MEET HAVE EXPERIENCE WFLATBEDS & WRECKERS 621-6024

TRAINEE FOR OR Experience Personal lines CSR in Huntington Station Office. Salary Potential and full benefits. GRAF INSURANCE 423-2233

TRAINEE GENERAL HELP FT PERMANENT No experience required. Collecting & mailing. Pleasant Westbury public area for Suffolk Group Newspapers. Strong Community contact and organizational skills are necessary. Call (516) 427-7000 or write Suffolk Group 313 Main Street Huntington, NY 11743

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We have openings throughout Nassau County for Trainees & Experienced Tellers. We offer a competitive salary plus a company-paid comprehensive benefits program: Hospital/surgical/major medical coverage. Dental coverage. Life insurance. Educational assistance. Pension and savings incentive plan. Applications accepted daily at All Branches between 9 a.m. and 3 p.m., or stop in at:

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NORSTAR BANK LONG ISLAND Equal Opportunity Employer (516) 222-7900

PT COMPUTER OPERATOR for young CPA firm. Immediate Flex hrs. Mon-Fri. 334-8026

PT Clinical-Returnee welcome 9 to 2 pm. Good wphons & figures. Cash. Price office. 338-4147

PT DENTAL ASST Tues & Thurs full days. Exp'd. 10 essential. Salary commensurate w/exp. Call 759-0089

PT Insurance Assistant Will train. Afternoon Call for appointment. 876-4147

PT MEDICAL Insurance Billing. Exp. preferred. Call Rena. 935-3366.

PT Monitors North Shore High School 450 Glen Cove Avenue Glen Head, NY 11545 \$6.07 per hour. Call: DR. BROWN ASSISTANT PRINCIPAL 871-5500

PT (Permanent) Bookkeeper/Typing/clerical. Computer literature a plus. Mon-Tues-Wed 9:00 to 4:30 \$262 Weekly, Plus Full Benefits. After school surroundings. CALL WEEKDAYS 827-6560

PT Typewriter \$8.00 per HR 3 hrs per Day 1pm-4pm. Contact CONNIE CUCI Element Union Free School District 326-5501

PT office worker/telephone duties 2.3 day Wk. Retirees & Students welcome. 926-2100

Private School Seeks FT Secretary/Receptionist Strong Typing & Phone Skills along with ability to organize and manage front office. Must enjoy working with Public and Students. Excellent Vacation and Benefits. Please Call MR. CARTIN for Appl. 423-5400

REALTY OPPORTUNITY For Active Real Estate Sales Person, lots of floor time. Available CALL DOCKMINE REALTY 827-0788

RECEPTIONIST mature, good typist. 3 days, 10am-6pm. Excellent benefits. Hicksville area. Call Anne at 935-6858

RESTAURANT Utility Person Immediate, FT Position Available to work in busy kitchen. Duties will include general clean up, pot washing & dish washing. Salary \$5.50 per hr plus over time & Co paid benefits. Please call 367-4347 or drop by & fill out an application.

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RESTAURANT Sizzler, Massapequa Mall has all positions avail. day & night hrs. Salary competitive. 516-795-2203

RETAIL POSITION ASSISTANT MANAGER FT UPSTAIRS DOWN SHOP Specializing in exclusive down comforters, pillows, European linens and bedroom accessories. We are seeking a career minded individual for an exciting position in the problem of Great Neck. Experience in specialty merchandising or sales helpful. Must be dependable and creative, pleasant working environment, excellent salary and bonus incentive plan. CALL ANN (516)829-7185

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fortunoff

Inventory Help Needed No Experience Necessary Must be available to work 9AM-6PM Tuesday Jan. 26 thru Saturday Jan. 30. Proof of U.S. citizenship or residency required. Sign Up Now! Personal Dept on Lower Level Mon-Fri, 10AM-7PM, Sat, 10AM-3PM

PRIME HUNTINGTON LAW OFFICE Avail for Jan Occupancy. Suitably renovated and Professionally decorated. include use of conference room. Satellite space library etc. 548-0220

Commercial Properties

HICKSVILLE 5 M \$1300 (rent) secure storage 3 ft high bays w/ track ramp for easy loading, including lights, heat, taxes, 953-8877

Space For Rent

GLEN COVE Commercial-office space 700 sq ft 2 lavatories, sprinkled, heat included. Will renovate or as is. days 871-5670 w/eas 496-9323 Ask for John

Space Wanted

GARAGE WANTED Roslyn Heights area for car used locally 4-5 days weekly Call 621-4115 days, 621-2613 w/eas

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AAA OFFICE SPACE HICKSVILLE 1000 SQUARE FEET Full service, prime location, plentiful parking, new building. \$16.00 per sq. ft. Call **MR. SCHNELL** 681-2300

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HUNTINGTON PRIME LAWYERS office space available for January 1988 occupancy. Suite Newly renovated. Call for details. Occupancy decorated. Included use of cash reference room, secretary space, library, etc. 549-0220

MANHASSET 1 or 2 rooms avail Nov. 1. \$200-600 627-4727

MINEOLA AREA Private office 1011 sq ft services available. Walk to station. Reasonable. 742-5383

PROFESSIONAL OFFICE RENTAL

3 Room office suite. Prime location. All utilities & amenities. Ample parking. 300 South Dysser Bay Road. Corner L.I. Call **MR. GORDON 821-1000**

SUBLEASE OR ASSIGNMENT OFFICE space located Northern Blvd. Great Neck. 3 pri offices and library. Main office 1000 sq ft. Ideal for attorney or CPA. Avail. immediate. All offices furnished and carpeted. 482-3070

WOODBURY Office space to share w/your bldg. 367-3900

Building For Sale

BARN 12' x 24' includes 4 skylights, active roof, shingled roof, covered stairs. Very attractive. Over 100 feet of shaving plus attic floor. Excellent for storage or play. Original coat \$5500. sell for \$1900 Call **MR. SCHNELL** 581-2368 or 427-0361

Building For Sale

FOUR BUILDINGS In Port Washington and Roslyn area. Prime locations. Parking. Excellent condition near transit.

TOWN & COUNTRY 883-5200

MINEOLA OFFICE BUILDING 2600 sq ft free standing building. Walking distance to court house, hospital and RR with off street parking. Reduced to \$475,000. **PICA REALTY** 741-6355

Store For Rent

GREENVALE 1000 ft. Prime location. \$1800 monthly. Broker 621-4115

LOCUST VALLEY retail office 1000 sq. ft. ample parking. loc. location. 518-878-5370 or 678-4484

MANHASSET On Ransome Rd. 1200 sq ft \$1800/mo. No Food 627-6474

PORT WASHINGTON

Prime Main St location 1100 sq ft. Available immediately asking \$1875.

ACCENTS REAL ESTATE

83 Main St. Pt. Washington 944-7171 627-9350

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SEA CLIFF Village stores \$350 and \$600 incl. heat. **GIL REALTY** 671-2300

SWESTBURY Corner store, nice location, foot traffic, theater bldg. no food. No brokers. 997-7082 w/eas or 338-4300 and machine.

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E. NORTHPORT furnished room & bath. Mature business man or w/d. \$70 per week. 308-3830

Real Estate Wanted

MANHASSET-PT. WASH Buying or selling a home in Manhasset or Port Washington? You will get the best results with a FULL TIME professional on the job. **HOMER K. VAUGHAN** 996-6058 Accents On Real Estate Inc. 527-9350

PRIVATE Buyer seeks house. Any condition. Immediate. PO Box 184, Manhasset 11558

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See Call We Love It NEAT AS A PIN 17 year colonial Livingroom, dining room, eat-in kitchen, 3 bedrooms, 1 1/2 baths, hide-away garage, library, full house of late the pleasure of good living and low taxes. \$325,000

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COLONIAL Lovely 4 BR 2 1/2 bath mod kit low taxes close to all \$340,000

BEAUTIFUL AND EXCEPTIONAL 4 BR 2 1/2 bath L.R. w/ fric, DR, family w/ fric, new baths, EIK, playroom. \$409,500

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MS REALTY One Great Neck Rd. Suite No. 1 Great Neck, NY 11021-2805 **Michael A. Shichman** BROKER 516-467-2320

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Lovely 4 BR, 2 1/2 bath, home in young neighborhood large entry LR with cathedral ceiling, formal DR, modern EIK, plus den. Great value \$359,500

\$320,000 3 BR 2 bath magnificent family room skylights mini 2 bath large kitchen and den

\$399,500 WATERVIEW 3 BR 2 bath large kitchen and den

\$450,000 MONFORTH HILLS L.R. DR, sun, sunroom 2 BR Colonial

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4 BR, 2 bath, cape, on 1/2 acre. Furnished. Party placement with wet bar. Private beach and mooring rights. \$370,000

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- 2 blocks west of the Great Neck Railroad Station. 22 minutes to midtown Manhattan via LIRR express.
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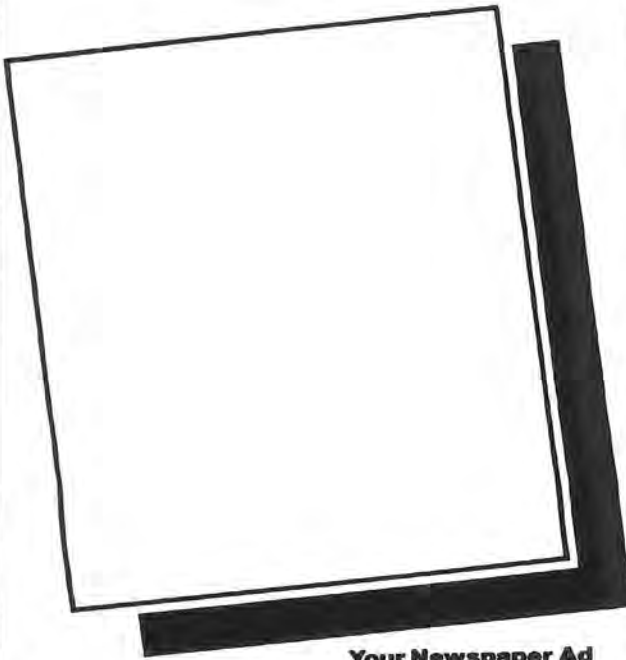
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BUICK regal 1982 6 cyl, blue fully loaded 96K. \$2300 423 1193
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CHEVY Astro 1986, blue, am/fm stereo, hi miles, ac, exc cond. \$5000 or best offer. 549-7290
CHEVY Chevette 1986, 5k, mini! AM/FM, black, \$4600. Call 578-5974 after 5pm
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929

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Mazda 929 is a luxury sedan with high-performance comparable to the expensive European sedans, yet priced far below their range. Mazda teams an advanced 18-valve fuel-injected V6 engine with a unique E-Link suspension and other technical innovations to achieve a new level of driving luxury. With nearly one hundred cubic feet of comfort, plus amenities from air-conditioning to a six-speaker sound system, 929 is a new adventure in luxury.

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\$18,950*
929 Luxury Sedan

MGN mazda great neck
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*Includes dealer prep & options. Freight charges, taxes & license extra

A U T O M O T I V E S E C T I O N

BBB Challenges Car Dealers' Offers

Eleven automobile dealerships claiming to "meet or beat" competitors' prices were the subject of a recent Better Business Bureau investigation. Bureau staff, posing as potential customers, found that to take advantage of these offers some dealerships required consumers to place an order for the car with a competing dealership. Other dealerships required consumers present a written price quote from a competitor. It was then up to the dealership to decide if the quote was legitimate.

The Bureau maintained that requiring consumers to order another automobile, which could result in monetary damages, including the loss of a deposit on the ordered vehicle, is unreasonable. In those cases where the legitimacy of a written price quote is decided by the offering dealership, the Bureau was concerned about the potential arbitrary nature of the decision. In all cases, the Bureau recommended the offers be modified.

Janice Grassi, Executive Director of the BBB, noted: "Advertisements which set company policy of matching or bettering com-

petitors' prices are questionable if the terms of the offer are unreasonable."

The Bureau brought to the attention of the eleven dealerships the BBB Code of Advertising, which states: "An advertisement which expresses a policy of matching or bettering competitors' prices should conspicuously and fully disclose any material and significant conditions which apply and specify what evidence a consumer must present to take advantage of the offer." Regarding to type of evidence required, the Code states: "Such evidence should not place an unrealistic or unreasonable burden on the consumer."

Of the eleven firms contracted by the BBB, nine responded to the Bureau. Five firms believed the offers were clear and did not place an unreasonable burden on consumers. Three firms advised the Bureau that the "meet or beat" claim had been removed from the ads, and one firm advised the Bureau that it would take the BBB's recommendations into consideration when drafting future advertising.

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Some lead and others follow. As it is in life, so it is in automobiles. There are those who immediately recognized Saab as one of the world's finest automobiles. They keenly appreciated the engineering and performance of our Saab 900s and added power of our 900 Turbos. Not to mention the ultimate grand touring luxury of the 5 passenger 9000.

But gradually the word spreads. People begin to discover not only the car-but the equally matched performance of **Garden City Saab as Long Island's #1 Saab dealer.**

So come to Garden City and discover the ultimate in both a dealer and an automobile. You might even see one of your neighbors.

Get all the performance of a Saab starting at \$15,000

'88 Saab 900

Lease from only
\$239.75 per mo.
No Money Down!*

'88 Saab 9000

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\$338.50 per mo.
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One month security deposit
plus first month prmt in advance
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Other custom lease available
Business & professional leases only
Cars must be delivered by 3/31/88

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'88 Firenza
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\$9,188



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Look at what we've got today!

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Auto, air cond., P/S, P/B, rear def., rocker & wheel trim molding, convenience grp.

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'88 Calais
Auto, air cond., tilt, cruise, rear def., B/S/M

\$10,388



'88 Clera
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