

HICKSVILLE EDITION (346-720)

MID-ISLAND
HICKSVILLE
herald

JERICO
PLAINVIEW
HICKSVILLE
ISLAND TREES • BETHPAGE
OLD BETHPAGE

Largest Circulation Weekly Newspaper in Hicksville

VOL. 39 NO. 9 Friday, July 5, 1985 (Copy 20c)

Calendar of Events

Friday, July 5

Charles Wagner Post #421 American Legion, Hospitality Night for members and guests, 24 E. Nicholas St., 8 PM.

Monday, July 8

Polish-American Night, Eisenhower Park, 8 PM.
Our Lady of Mercy Seniors, 12 noon, Our Lady of Mercy convent basement, 500 S. Oyster Bay Rd.
Hicksville Veterans Association Quarter-Annual Meeting, following regular Post meeting.
Hicksville Public Library, Children's Films, 2 PM.

Wednesday, July 10

TOBAY Councilman Angelo A. Delligatti Public Forum, Hicksville Public Library, 8 PM.
Peter Duchin at Old Westbury Gardens 7 PM.
St. Bernard's of Levittown Widow and Widowers General Meeting, 8:30 PM, VFW Hall, 320 S. Broadway, Hicksville.
Mid Island Single Parent Group, 7:30 PM, Hicksville Senior Complex, 355 Newbridge Rd., "Changing Partners."
Hicksville Public Library, Story Time, 4 to 8 year olds, 10:30 AM.

Hicksville Kiwanis 12:15 PM, Milleridge Inn.
Hicksville Lions, 6:30 PM, Iannone's Restaurant, W. John St.

Thursday, July 11

Hicksville Public Library, Alexander S. Kaplan, Esq. tp speak: "Do I Need a Lawyer?", 8 PM.
"Some Enchanted Evening", Bethpage Community Park, 8:15 PM. In case of rain, Bethpage High School Auditorium.
Hicksville Rotary, 12:15 PM, Milleridge Inn.
Hicksville BPOE, 9 PM, 80 E. Barclay St.

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Board Reorganizes

The Hicksville Board of Education held its reorganization meeting on Tuesday, July 2nd, in the Administration Building, on Division Avenue, with the following results:

Mr. William Bennett was re-elected Board president. Mr. Lawrence Wolfson was

elected Board vice-president. Mr. Daniel McBride was elected Board secretary.

Ms. Tina Inocco was appointed treasurer. Mr. Gregory Guercio was appointed attorney. Ms. Jane Wilder was appointed District clerk.



DEDICATION: Oyster Bay Town Councilman Thomas L. Clark and Mrs. Elery Bean cut the ribbon at the dedication of the new Elery H. Bean Memorial Wing of the Hicksville Public Library.

Also on hand for the ceremony were (left to right), Clara Bennett, president of the Library Board of Trustees; Peter DeNinno, a member of the Board of Trustees; Kenneth Barnes, director of the library; Congressman Norman F. Lent and Ruth Aaron, a member of the Board of Trustees.

The Road To Success

James R. Lupski, M.D., Ph.D., graduated June 6th from New York University School of Medicine at ceremonies held in Avery Fischer Hall in Lincoln Center.

Dr. Lupski is the son of Helen and John Lupski of 20 Eighth Street, Hicksville and grandson of Anna and John Lupski of 84 James Street, Hicksville, and Ada Murray of 85 Notre Dame Avenue, Hicksville.

Dr. Lupski is a 1975 graduate of Hicksville High school. He attended New York University Washington Square College of Arts and Sciences majoring in both chemistry and biology and earned his B.A. in 1979.

While an undergraduate, Dr. Lupski was trained in genetic engineering technology at the world famous Cold Spring Harbor Laboratories which is directed by the Nobel laureate James D. Watson, the codiscoverer of

the Watson-Crick DNA double helix.

After receiving his B.A. from N.Y.U., Dr. Lupski entered the Medical Scientist Training Program at N.Y.U. School of Medicine. This program is funded by the National Institutes of Health in Washington, D.C. and was established to give medical doctors rigorous scientific training and prepare them for careers as medical research scientists. Each year only 100 students graduate nationally from the program with combined M.D. and Ph.D. degrees.

Dr. Lupski received his Ph.D. degree in Molecular Biology and Biochemistry in 1984 under the direction of Dr. G. Nigel Godson, the Professor and Chairman of Biochemistry at N.Y.U. School of Medicine. While a graduate student, Dr. Lupski published over one dozen scientific articles in refereed scientific journals.



AT THE GRADUATION: Left to right, John and Anna Lupski (grandparents), John Lupski (father), Dr. James Lupski, Helen Lupski (mother), Ada Murray (grandmother).

Dr. Lupski has given lectures throughout the United States and the world in his field of expertise including talks at meetings in Lahore, Pakistan; New Delhi, India; and Cologne, West Germany.

Since graduating, Dr. Lupski has been appointed to a faculty position as a Research Assistant Profes-

sor in the Biochemistry Department at N.Y.U. Medical Center. He plans to return to Pakistan in February of next year to establish a molecular biology laboratory at the Punjab University New Campus in Lahore and for the future plans further clinical studies in Human Genetics.

Former Hicksvillite Wins Award

James Ehmann of the Post-Standard, Syracuse has been named one of the winners of the prestigious American Association for the Advancement of Science-Westinghouse Science Journalism Awards for 1984.

Ehmann was given the \$1000 award, which recognizes outstanding reporting on the natural sciences and their engineering and technological applications, for newspapers with less than

100,000 circulation.

He won for his stories, "Under the Weather," a six-part series published in January 1984. The series detailed the whys and wherefores of weather in Central New York, explaining the geographic influences that combine to make Syracuse the snowiest center of human habitation in the United States and examining the impact of weather on the region's human and non-human residents.

Ehmann, 36, joined The Post-Standard in 1977 as a general assignment reporter. He writes the daily "Ehmann's People" column and contributes regularly to Monday's Science page.

Ehmann is the author of "Chatter's Island," published in 1982 by Ticknor and Fields, and the co-author of "To Whom It May Concern: An Investigation of Elephant Art," to be published later this year by W.W. Norton and Co.

The American Association for the Advancement of Science, formed in 1848, is

the largest general scientific organization in the United States. It has 136,000 individual members and about 285 affiliated scientific and engineering societies and academics of science. The association published Science and Science 85 magazines.

The awards were presented at the National Association of Science Writers' annual banquet May 28 in Los Angeles.

James, a Hicksville High School graduate, is the son of Jack and Mary Ehman of 16 Waters Avenue.

Fulbright Scholars From Holland Visit Long Island

For the third consecutive summer Fulbright scholars from Western Europe have come out to Hicksville and spent a day sight-seeing on Long Island as guests of Runhild Wessell, herself a Fulbright scholar to Germany in 1956. This year five teachers of English and Social Studies from Holland spent Monday, July 1, visiting the Cradle of Aviation Museum in Garden City and Sagamore Hill in Oyster Bay. They were spending a week in New York City before flying out to the University of Minnesota for a summer seminar in American Studies. Miss Wessell was ably assisted by Dr. Thomas Gardner, a retired professor from Baruch College in NYC and an active member of the Fulbright Alumni Association. Mr. Robert Sklarz, a retired

Social studies teacher also from Hicksville Senior High School, and Mr. Robert Baker of Douglaston, son of another German Fulbrighter from Levittown, Colonel Allen L. Dunlea, Fulbrighter to England, former teacher and World War II pilot with the US Marines, who is now with the Aviation Museum, conducted a special tour of the Museum for the visitors.

Seeing the sights is not all the foreign Fulbrighters were interested in. They enjoyed the personal contacts with Americans and over lunch in Miss Wessell's home asked many questions about American life. Since not every one agreed, there was at times a lively discussion. This is exactly the aim of the Fulbright Program, now celebrating its fortieth



HICKSVILLE ROTARY INSTALLS NEW PRESIDENT. Mr. Elie Zambaka, President of the E.Z. Travel Agency was installed as president of the Hicksville Rotary Club for the U.S. Rotary International Year 1985-1986 in ceremonies held at the Viennese Coach restaurant. The Honorable Myron Steinberg was the installing officer.

Dr. Peter Rocco, a Hicksville chiropractor was named Vice President, Mr. Leo Sugarman, Secretary and Mr. Albert Levine, Treasurer.

Elected to the Board of Directors was Past President, Harry Peltz, Mr. James Grossman, Mr. William Heyday, Mr. Harry Smith and Mr. Russell Marciano.

In this picture we see Mr. Elie Zambaka (r) presenting the Past President, plaque and gavel to Mr. Harry Peltz. (l) (Official Rotary Photo by Joe DePaola).

(Continued on Page 5)



DONOVAN Report

Real Estate:
Karen Donovan

SOMETHING SPECIAL?

Given their choice, most prospects would buy a very ordinary home, not at all unusual—and they'd be smart to do so, if they faced the possibility of moving again soon. Fact is, while the \$5-million mansion goes unsold and the ultra-modern structure on stilts lingers on the market, the ordinary homes please the buyers.

Sometimes a property becomes more salable if the seller **MAKES** it look ordinary. One suburban family, transferred to a new job, fixed up their house to sell it. Where rooms needed repainting, they were painted beige, a favorite color of buyers. Splashy modern wallpaper was replaced with the neatest miniature print. Potted

geraniums lined the porch. The property sold almost immediately.

It takes a professional eye to look over your house and decide what a buyer would like and what should be fixed up. Your investment in fix-up, if well-chosen, is usually paid back many times in a faster sale and a better price.

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PRESIDENT PETE MASSIELLO'S MESSAGE: 'Kindness is indigestible. It disagrees with very proud stomachs.' William M. Thackeray

I happily report that on Saturday, the 3rd of August, the Galileo Lodge will present its old-fashioned Italian Wedding Dance. This dance, in hilarious fashion, simulates the customs and traditions of days gone by. Tickets will sell at \$12.50 per person, and in the offering will be delicious food, beer, soda, coffee and cake, set-ups and music for your listening and dancing pleasure. Chairing this activity will be Joe Giordano, assisted by co-Chairmen Rocco Lombardo and Tony Sica. Please note that a 'bring-your-own-liquor' policy will be in effect that night. So for an affair that is delightfully humorous and entertaining, why not apply for tickets as soon as possible. All you have to do is dial 931-9351 and ask for the chairpeople named above.

What is synonymous with

summer. Oh, many things you might say. But one thing you will say and that is 'picnics.' And, of course, the Galileo Lodge recognizes summer and the 'outdoorsy' moods it creates. So it now announces that on Sunday, the 11th of August, it will present its annual picnic for its members, friends and patrons. Oh, yes, in typical Galileo Lodge style there will be plenty of food, refreshments, recreational activities, leisure, pleasure — anything else your hearts may desire for a summer picnic. It will be held at Eisenhower Park and it will start early in the morning until evening. The committee for this summer delight will be Joe Morace, Bert Molinelli, Bob Grimaldi and Tony Sica, all of whom are experienced in making nice things happen at the Galileo Lodge. More news concerning this picnic will be printed in this column in later editions. But you can call the Galileo Lodge at 931-9351 and ask for the members just mentioned here and they

will offer you additional information.

And with the advent of summer, another activity that comes to mind and which is also a reasonably good activity for this time of year is fishing. So the Galileo Lodge proudly announces that its next fishing trip will be held on Sunday, the 25th of July. The fee is \$25, and this reasonable sum entitles you to food, refreshments, rod, reel, tackle and bait. The boat will leave out of Freeport

and it will be all bay fishing. Note that the boat is private and it holds around 80 people. Jim Posillco and John Keiper will supervise this activity, so if you are interested in this leisure-filled and pleasant activity, please call Jim and John at 931-9351 for additional information. These fishing trips held by the Galileo Lodge are so enjoyable that you really don't have to be a fishing enthusiast to enjoy them, because they are enjoyable as outings as well.

Summer Bookmobile Schedule

The Hicksville Public Library Bookmobile is now on its Summer Schedule. Listed below are the stops and the times the Bookmobile is due at them. Please note that there are new stops added for the Summer.

Using the Bookmobile is very convenient. If you don't find what you want, you can request a book and pick it up on the Bookmobile on its next visit. The Bookmobile carries adult novels, children's books and current magazines. Add more fun to your Summer by reading. We make it easy for you on the Bookmobile.

Summer Schedule Effective July 1st through August 30th	
Monday	9:30AM-10:30AM Blueberry Ln. & Malone Street*
	11:00AM-12:00N Homebound Visits
	2:15PM-3:00 PM Edward & Reiter Ave.
	3:30PM-4:15PM Apollo & Arch Lanes*
Tuesday	9:30AM-10:30AM Twin Lanes & Sunset Avenues*
	11:00AM-11:45AM Homebound Visits
	1:30AM-2:30PM Link & Arbor Lanes*
	3:15PM-4:15PM Burns Ave. School (Burns Ave. & Dakota St.)
Wednesday	9:30AM-10:15AM Princess St. & Oxford Place
	11:00AM-11:45AM Primrose & Pinetree Avenues
	1:30PM-2:30PM Larch Street & Cornell Lane

(Continued on Page 7)

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Coppertone Lite SPF2	4 oz	2.99
Coppertone Lotion SPF4	4 oz	2.99
Coppertone Sunblock Lotion SPF 15	4 oz	4.69
Faces Only Coppertone SPF15	2 oz	4.19
QT Lotion	4 oz	4.39
Shade Sunscreen Lotion SPF8	4 oz	5.19
Solarcaine Aerosol	3 oz	3.29
Tropical Blend Oil SPF2	8 oz	3.79



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Fitness Forum

Mom's fit again after 4 children

By Jack Williams

First, nature threw her a curve — a condition of the spine known as scoliosis. Next, the ballet classes that had toned her lithe 105 pounds were put on hold.

Kathy Corey became a full-time mother of four with abdominal muscles as taut as a pillow — and a back that felt like it had been pressed into duty as the Brooklyn Bridge.

She gained 25 pounds. Her spirit sagged. So did her energy.

"For five years," she said, "I did absolutely no exercise. I went back into one of my old dance classes and couldn't do one movement. It was then that I realized I couldn't go back to ballet. I'd been away too long."

But she could exercise. She could rediscover her body. She could appear trim and fit.

Slowly, after three months on an exercise program, the pounds dropped like sweat. The tummy tightened. And Corey was hooked — a born-again creature of fitness who today operates Body Firm, a Southern California health club where "body alignment" is in and intensity ("It's not how many you do, but how you do them") is out.

The scoliosis? You'd never guess. Corey, 37, is a stickler for perfect posture, a devotee of body mechanics. Without the proper alignment, from head to toe, exercise is a waste of time, she says.

Particularly all those strenuous sit-ups, leg lifts and trunk twists we do for one of the most stubborn parts of our anatomy: the abdomens.

"Probably the most common fitness complaint," she tells you, "is bulging, flabby abdominal muscles. They're the laziest muscles in the body and the most difficult to keep toned. After my fourth baby, when I went back to exercising nine years ago, it took me 12 weeks to establish the awareness I needed to do the movements correctly. My back is still curved, but stretching and lengthening exercises have eliminated the pain and made me stronger."

She knows if she overdoes it, or exercises incorrectly, the back pain will return.

"Every exercise is an abdominal exercise," she said. "Understanding the strengthening and centering of the body from the pelvis is essential for proper balance in movement."

It's best, suggests Corey, to do abdominal exercises without a slant board or foot support because they "encourage you to throw your back into it. You lose control easily."

Here's a summary of the Corey method of tummy toning:

ABDOMINAL ROLL-UP

Sit on the heels, placing the hands behind the feet on the floor. Gently lift the hips a few inches from the heels. Draw the abdominal muscles back to the spine, contracting across the hips. The gluteus muscles are tucked under, lengthening the space from the waist to the tailbone.

As you contract, exhale from the abdominal muscles. Release the abdominal muscles, allowing yourself to inhale, pivoting from the hips to sit back on the heels.

"This movement," insists Corey, "will not only help to flatten and strengthen the stomach but will help prevent the back muscles from taking over in your abdominal exercises."

ABDOMINAL FLATTENER

Lie on the floor with the knees bent. Tighten the low abdominals and create a wraparound feeling from the inner thigh back to the fanny muscles. Extend one leg out diagonally. Keep the knees level. Contract the upper abdominals to slowly roll the body upward toward the leg.

The rib cage draws together softly toward the navel. Place your hands on your lower abdomen. As you roll up, the natural tendency is to allow the abdominals to press out. This movement will build a bulge under the waistline.

Only by holding the contraction in the low abdominals can you achieve a flat stomach. As you roll back, feel the lengthening of the abdominals.

ABDOMINAL SIT-UP

The key to the proper sit-up is to draw the abdominals back to the spine, anchoring the buttocks and the waist to the floor. (Don't arch your back!) The lower abdominals remain tight and flat while the upper abdominals lift the body. There should be no tension in the neck, shoulders or back.

The work is done from the abdominal muscles only. If the lower abdominal muscles are protruding, you are lifting too far, releasing the abdominals and working from the back muscles. The upper body never lifts or lowers in one piece. The movement is a roll through the head, neck and shoulders controlled by tight abdominals.

Begin to press your back from under your waistline to your tailbone into the floor by contracting the abdominal muscles. Your navel presses to your spine, and your spine presses to the floor. The gluteus muscles tighten and lift slightly as the abdominals contract firmly.

The abdomen is flat, tight and

strong, avoiding the pouching out of the low belly. Exhale as you contract, inhale as you relax.

LEG LIFTS

Done properly, this exercise is most effective in trimming the tummy; done improperly, it can lead to back and neck strain. The difference in the results you receive comes from the proper positioning of the body.

Lie on your back. Place your hands under your seat. Extend your legs up at a 90-degree angle to your body. Gently raise your

head while pulling your upper abdominals to your back and flatten your lower abdominals back to your spine from your waist to your tailbone.

Lower your legs slowly, only as far as you can, keeping your back flat on the floor. Do not tense the upper body or use your elbows. Lift your legs up using the stomach muscles, flat and tight to your spine. Never raise the hips or tailbone from the floor — and don't swing your legs.

Remember: Don't let your back arch. And breathe.

Senior Center Honorary Board



At a recent cocktail reception of appreciation for the Friends of the Senior Day Care Center, the Board of Directors introduced the members of the newly formed Honorary Board of Directors.

The Honorary Board Members are: Mrs. Maureen Albers, Oyster Bay Cove; Rev. Henry Brau, Pastor of Woodbury Methodist Church; Rev. Jean Butler, Asst. Pastor of Community Church, Syosset; Hon. Kenneth S. Diamond, Councilman, Town of Oyster Bay; Rabbi Daniel Fogel, North Shore Synagogue; Hon. Daniel Frisa, State Assemblyman, Brookville; Rev. Robert E. Hullstrung, Pastor of Faith Lutheran Church, Syosset; Roy E. Lawrence; Rev. John P. Martin, Pastor of St. Edward the Confessor Church, Syosset; Rev. Robert H. Platman, Pastor of St.

Bede's Episcopal Church, Syosset; and Hon. Lewis J. Yevoli, State Assemblyman, Plainview.

The Honorary Board will provide their wisdom and counsel to the working Board as it governs the operation of the Center.

This program is operated by the Senior Day Care Center serving Syosset, Jericho, Plainview and Woodbury, with partial funding through the Nassau County Department of Senior Citizen Affairs and the New York State Office for the Aging, under the Community Services for the Elderly Program.

The Senior Day Care Center serves the frail elderly in the communities of Syosset, Jericho, Plainview and Woodbury. For further information about the Center, please call 921-2730.

JERICHO UNION FREE SCHOOL DISTRICT
JERICHO, NEW YORK
SCHOOL CALENDAR 1985-86

SEPTEMBER

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(31 days)

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(31 days)

JUNE

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(30 days)

LEGEND: ○ Holidays - Schools Closed

□ Opening Day of School & Presentation Day

Remainder - First Day of Classes

Legend: 8:30 - 11:30

8:30 - 11:30

8:30 - 11:30

Orientation: 2:00 P.M.

Total Days - 181

Professional Guide

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Architect

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Garden Honors G.J. Fippinger

Clark Garden, Albertson, recognized one of Long Island's prominent business and community leaders at a Shakespearean Garden Gala on Thursday evening, June 20. The garden party took place outdoors in the 12-acre garden at 193 L.U. Willets Road.

Grace J. Fippinger, Vice President, Secretary and Treasurer of NYNEX Corporation, was honored by the Clark Garden Board of Directors and Auxiliary and over 200 guests. Miss Fippinger was chosen to receive Clark Garden's honor, according to Donald C. Lum, Chairman of the Board, "for her outstanding achievement as a business professional during a period of extraordinary change in the communications industry and for her selfless and devoted voluntary service to the improvement of the quality of life for the greater Long Island community of which she has been a life-long resident."

Miss Fippinger, of Hicksville, has been recognized by numerous civic, philanthropic, educational, municipal and corporate organizations for her unique abilities and contributions. She serves as a director of Pfizer, Inc., Connecticut Mutual Life Insurance Company, Long Island Trust Company, Gulf + Western Industries, and The Greater New York Fund. She was appointed by Governor Rockefeller to the New York State Women's Council and to the State Manpower Advisory Council; and at the request of Governor Carey, she served on the Economic Development Advisory Council.

The Clark Garden affair began with cocktails in the Rose Garden at its peak of bloom. Shakespearean music was performed by Grove's Consort.

The Shakespearean theme was apparent in the floral center-

pieces—each highlighted by an herb of the period. Dinner was served under a tent near the Garden's pond, decorated with floating candles.

Clark Garden is affiliated with the Brooklyn Botanic Garden. Donald C. Lum is Chairman of the Board of Directors, and Dr. Howard S. Irwin is Director. In addition to the funds raised by the Clark Garden Auxiliary through its twice a year plant sales to the general public the purpose of the

event was to raise additional funds toward the goal of making Clark Garden financially self-sufficient.

The property was given to the Brooklyn Botanic Garden in 1966 in memory of his wife, Fannie Dwight Clark, by the late Grenville Clark, who was honored as a distinguished American by the United States Postal Service through the issuance of a 39 cents stamp in March of this year.

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Our Children

Bringing up girls vs. raising boys

By Willard Abraham
Ph.D.

Q: I have always heard that boys are more difficult to raise than girls, but it certainly isn't true in our family.

After three sons who never have presented any serious problems, along comes this little female who is stubborn and selfish, wants to be the center of attention, and will do practically anything to get her way.

I'll admit that she doesn't get into any real trouble, but after all, she's only 6. I'm fearful of what may lie ahead.

A. Ignoring your daughter's efforts to attract attention and giving rewards (through praise) when she does something at least bordering on the unselfish may be helpful.

Any generalization related to the difficulties involved in bringing up boys vs. girls is just that, a generalization that may not apply at all in one's own family. Individual needs, placement in the family, parental attitudes and personality characteristics are among the factors that might indicate whether a child will be a pleasure or a problem.

Most children are a little of both, and as time goes on parents seem to remember best the pleasurable experiences they've had with their children. Not always, of course, but we do tend to derive satisfaction from their acceptable behavior and achievements even more than from our own accomplishments.

It doesn't seem to matter whether they are boys or girls.

Q: Both my brother and sister brag so much about their children that I can't stand it anymore. The three of us always have had good relationships, but I'm afraid I'm on the verge of messing them up.

Their children have accomplished no more than mine. All of their children (and ours) are good students, help at home and have part-time after-school jobs, so why do they seem to have such a need to talk about their youngsters all the time? I certainly don't.

Suggestions, please?

A. Your family relationships don't appear to be fragile, so a request on your part that they tone down their bragging shouldn't jeopardize them.

You might preface your comments by saying something like this: "I love your children as much as you love ours, but let's talk more about other things." You might even suggest some topics of mutual interest, like movies, TV shows, books, recipes, world affairs or politics.

It really could be that they aren't at all aware that their ex-

cessive child-oriented comments bother you. So telling them might help clear the air.

You could threaten to use "equal time" to tell them about yours, but that might be a disaster. They may welcome your offer without cutting down remarks about their children.

Q: My husband is a boxing enthusiast, and he is doing his best to get our two teenage sons (and even our 7-year-old daughter) involved. It wouldn't be so bad if it meant just once in a while going to a boxing match with all of them, but he actually has them put on the gloves every week or so, and "go at each other" and at him, too.

They don't ever get hurt, and they do seem to enjoy themselves, but I am worried just the same.

What do you think about all of this?

A. It actually sounds pretty healthy to me, and an example of fatherly involvement that many other mothers might welcome. More often the concern goes in the direction of limited father-child contact and communication.

Although boxing is an unusual family activity, the enjoyment and no-harm factors make it seem acceptable as it is practiced in your family.

It is apparent that because you don't share their enthusiasm you don't participate in their attendance at boxing bouts. That seems all right, too, because children seldom enjoy parental involvement based on faked interest. They usually can see through it.

Gleeb

Paul Lawney



I need to find myself.
Look in the mirror.
I mean, I need to know who I am.
Check your driver's license.
I'm trying to say that I need to find a meaning for my life.
Try getting lost.
Lost?
Yes, actually lost—like in a wilderness.
What meaning for my life will that teach me?
Survival.



Eat Yourself Slim

Trim your diet of hidden fats

By Shirley Bright Boody
Registered Dietitian

Dear Shirley: I'm supposed to cut back on the fat in my diet because I have developed a heart problem. I have already cut down on margarine and salad dressings, and I always trim the fat from meats.

I've read that fat is hidden in many foods, and I would like to know about other foods that contain a lot of fat. Can you tell me?
— Mrs. S.M.

Dear Mrs. S.M.: Of the 20 major sources of dietary fat, the top five most apt to have hidden fats are cookies and cakes, peanuts and other nuts, luncheon meats and hot dogs, whole milk and whole cheese products, and mayonnaise and salad dressings.

One simple way to cut down without giving them all up entirely is to simply take half portions and use them less frequently. Buy low-calorie dressings and use plain yogurt and mustards instead of mayonnaise. Use low-fat or skim milk cheeses, and avoid rich multiple-cheese main dishes. Use nuts and cheeses mostly as garnishes rather than as major ingredients. You can lower the fat in recipes for most breakfast breads, muffins and quick mixes by substituting skim milk and water for half of the suggested oil.

Check your market for low-fat or non-fat products, and use more fresh fruits and vegetables in your

menus.

Dear Shirley: I am a 27-year-old woman, and I have just started an aerobic dancing class in addition to my daily 30 minutes of jogging. I am trying to get into better physical shape without going on a stringent diet. I eat just about everything, but less of it.

My instructor at the aerobics class said I should be taking more of a certain vitamin because I am exercising so much. She wasn't sure which one it was, but she said she'd let me know. I'm not sure how much she knows about nutrition, so I thought I'd ask you. Is there any special vitamin that helps women who exercise a lot?
— Cindy

Dear Cindy: I am glad you are getting so much exercise. It will do a lot for you. The vitamin you are referring to is called riboflavin, one of the B-complex vitamins. Recent scientific studies showed that healthy young women seem to need more riboflavin than is recommended even if they don't exercise, and that women of all ages who exercise regularly need as much as double the recommended daily allowance, which is 0.6 milligrams for every 1,000 calories, or about 1.2 milligrams per day.

You can easily include riboflavin in your diet. Dairy foods, liver, green leafy vegetables and fortified cereals are some of the best sources. One 8-ounce glass of milk will give you about one-third of the requirement. Use low-fat or skim milk to lower your fat intake.

Dear Shirley: I hate to cook, and I sometimes feel guilty that I use so many canned and frozen foods for my family. I find them a lot easier than fixing fresh foods, which I'm not always sure how to prepare. I do worry, though, that we might not be getting all the nutrients we need, so I give my three kids and my husband vitamins daily. Does that make up for not having fresh foods? Can you give me any tips? — Mrs. L.H.

Dear Mrs. L.H.: As long as you feed your family a wide variety of meats, fish, fowl, fruits and vegetables, dairy products and whole grains, it is perfectly all right to include some frozen and canned foods. However, try to include some fresh fruits and vegetables. Just wash, slice and serve.

Taking vitamin supplements is OK as long as you are careful not to take huge quantities. Overdoses of vitamins are especially dangerous to children. Vitamins don't provide fiber, either, so use whole grain breads and cereals along with fresh fruits and vegetables.



Temple Beth Torah celebrated the B'Not Mitzvah of five women on Saturday, June 22. The women recited a portion of a Haftorah, and helped lead the Saturday morning service. Pictured, left to right, top row: Rabbi Michael Katz, Tonia Garfinkle, Marilyn Reich, Cantor Kalman Fliegelman. Bottom Row: Arline Herzog, Florine Polner, Suzanne Sham.

Fireworks Arrest Made

Police officers James Burns and Robert Reulbach connected with the Community Project Bureau, arrested 30 year old Alan McMaugh of 3 Lewis Street, Hicksville, at 10:35 p.m. at his home on June 29. Confiscated at the house was approximately \$10,000 worth of fireworks. The fireworks were removed to the Bomb Squad for disposal. Mr. McMaugh was released on bail to appear in court July 15.

Musical Revue At Bethpage Park

Plaza Productions, a Long Island based touring company will launch its summer schedule of events with the Rodgers and Hammerstein musical Revue, "Some Enchanted Evening."

Songs from the award winning "King and I", "Carousel", "Sound of Music" are only a few that can be heard at the Bethpage Community Park on July 11, at 8:15 p.m.

Admission is free.

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News From Bethpage Library

Sign Up Now For Fabulous Children's Programs at the Bethpage Public Library

Calling all Bethpage kids-for wild and woolly adventure and prizes and surprises, come on over to the Bethpage Public Library, join the best-ever "Here Come the Bears" Summer Reading Club and sign up now for fabulous program fun.

Predators and Other Wild Animals by naturalist Bill Fix. Wednesday, July 10, 2 p.m. Exciting live wild animal program K-6.

Kids and Computers by Dr. William Steinmetz, Chairman, Dept. of Mathematics and Computer Science, Adelphi University. Monday, July 15, 7:30-9 p.m. All about personal computers in action, playing games, teaching, making pictures and music-and more. Children and parents.

Family Film Night-"Benji" (color-85 min.). Tuesday, July 16, 7:30-9 p.m. One of the best dog stories of all time! Children and parents.

Fabulous Magic Show-with Craig Schwartz-Wednesday, July 17, 2 p.m. Dazzling comedy magic show. Grades K-6.

Creatures Called Reptiles with Jim Mershon, Assistant Director, Theodore Roosevelt Wildlife Sanctuary. Tuesday, July 23, 2 p.m. Exciting program with live snakes and crocodilians. Grades K-6.

The Three Bears by Howard Schneider. Wednesday, July 24, 2 p.m. Colorful puppet show. All ages.

Hockey Clinic With The Islanders. Thursday, July 25, 2 p.m. Rap with team reps, films, giveaways. Grades 1-6.

Craft Fun With 4-H Bookworm Treat, Monday, July 8, 2 p.m. Make an imaginative stuffed creature. Ages 6-12. Materials fee 75 cents. **Bargello Key Fob**-Monday, July 22, 2 p.m. Create a colorful, useful key holder. Ages 8-12. Materials fee 75 cents. **Stenciled Notepaper Fun**-Tuesday, July 30, 2 p.m. Design your own attractive note paper. Materials fee 75 cents. Grades 2-6.

Join us for more magic shows, more puppet and marionette shows, super crafts, storytimes, trips, parties and hit films such as "Snoopy, Come Home!" July 11, and "Pippi Longstocking", July 18.

Youngsters who join the "Here Come the Bears" Summer Reading Club can also read their way to fantastic prizes, surprises, and special treats in our extensive schedule of stepped-up reading incentives. School District #21 only. For further information, please call 931-3907.

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If you visit any of the restaurants selected for inclusion in this section call 931-0027 at any hour and tell your ideas. We want YOU, the reader, to be our critic. Your message then can be printed in this space.

College Notes

Hicksville resident **Claudette C. Clark**, daughter of Mr. and Mrs. Thomas Clark of 28 Chance Street has been named to the Dean's List at St. Michael's College for the spring 1985 semester.

St. Michael's College, founded

in 1903 and headed by President Paul J. Reiss, is Vermont's largest Catholic, liberal arts and sciences institution. Located in Winooksi, the four-year coeducational college has an enrollment of 1,600 undergraduate and some 500 graduate and International Student Program students.

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Honor Students At LuHigh School

Drew Kramer of Hicksville was honored as Salutatorian of the graduating class of Long Island Lutheran Jr./Sr. High School. He was also recipient of the Pro Deo et Schola, "For God and School," this is the highest award presented at Long Island Lutheran. It is presented for demonstrating leadership and influence on school activities. Kramer was recognized as top academic student by two departments, Computer and Music. In the extra curricular area, Kramer was honored for his major contributions to the Yearbook, "Legenda", and the Backstage Club. Kramer was a member of the National Honor Society and served as senior class secretary. He will attend Drew University.

Erik Rausch, completing his junior year, was presented with the most valuable player award for his participation in the 1984-85 varsity basketball team. He was also the recipient of the 11th grade citizenship award for his achievements in that area of school activities. Julie Rausch was inducted into the National Honor Society; she has completed the 10th grade.

Kerri Dulena, also of Hicksville, was accepted for membership in the National Junior Honor Society; she has completed the 9th grade.

Joel Wenger was also inducted into the National Junior Honor Society; he has just completed 8th grade. To attain membership in the honor society, a student must meet requirements for scholarship, character, leadership and service.

The Annual Awards Banquet was hosted by the Lu Hi Family Association at the Swan Club.



Erik Rausch



Joel Wenger



Drew Kramer

James Lupski, MD Recent Graduate

James R. Lupski, M.D., Ph.D., graduated June 6, from New York University School of Medicine at ceremonies held in Avery Fischer Hall in Lincoln Center. Dr. Lupski is the son of Helen and John Lupski of 20 Eighth Street, Hicksville and grandson of Anna and John Lupski of 84 James Street, Hicksville, and Ada Murray of 85 Notre Dame Avenue, Hicksville. Dr. Lupski is a 1975 graduate of Hicksville High School. He attended New York University Washington Square College of Arts and Sciences majoring in both chemistry and biology and earned his B.A. in 1979. While an undergraduate, Dr. Lupski was trained in genetic engineering technology at the world famous Cold Spring Harbor Laboratories which is directed by the Nobel laureate James D. Watson, the codiscoverer of the Watson-Crick DNA double helix. After receiving his B.A. from N.Y.U., Dr. Lupski entered the Medical Scientist Training Program at N.Y.U. School of Medicine. This program is funded by the National Institute of Health in Washington, D.C. and was established to give medical doctors rigorous scientific training and prepare them for careers as medical research scientists. Each year only 100 students graduate nationally from the program with combined M.D. and Ph.D. degrees. Dr. Lupski received his Ph.D. degree in Molecular Biology and Biochemistry in 1984 under the direction of Dr. G. Nigel Godson, the Professor and Chairman of Biochemistry at



James R. Lupski

N.Y.U. School of Medicine. While a graduate student, Dr. Lupski published over one dozen scientific articles in refereed scientific journals. Dr. Lupski has given lectures throughout the United States and the world in his field of expertise including talks at meetings in Lahore, Pakistan; New Delhi, India; and Cologne, West Germany. Since graduating, Dr. Lupski has been appointed to a faculty position as a Research Assistant Professor in the Biochemistry Department at N.Y.U. Medical Center. He plans to return to Pakistan in February of next year to establish a molecular biology laboratory at the Punjab University New Campus in Lahore and for the future plans further clinical studies in Human Genetics.

By Michael Polansky

The Austin Drugs course doesn't appear to be a very tough one, but the heat and humidity take their toll every year, and leave everyone wondering why they finished a minute or two behind what they expected to run. This year's edition was no different.

Roland Cintron of the Bronx led almost all the way to win in 27:08 as only four runners managed to break the 28 minute mark. Linda Grunert caught POBRC's Teri Gregory at the 4 mile mark to gain a six second victory in the women's race. The McKenzie family—Gordon, Chris and son Adam—won a not surprising victory in the family team competition, and Gordon Sissons won the wheelchair division.

Finish Line Promotions and the Plainview/Old Bethpage Road Runners Club combined to provide a well organized event, with a thoroughly watered course. All in all—a pleasant Sunday morning run through the friendly streets of Plainview.

Top Finishers

Men: Top 5 Overall: Roland Cintron 27:08; Robert Siegel 27:24; Ed Lucie 27:35; Jorge Aguilera 27:46; Tom Horan 28:07
Women: Linda Grunert 32:34; Teresa Gregory 32:40; Margaret Dimon 33:09; Liz Flahavan 34:06; Chris McKenzie 34:16

12 and Under
Men: 1. Lewis Kaufman 32:13; 2. Matt Winkler 33:16; 3. Ace Greenberg 37:20
Women: 1. Rachel Greenberg 40:08; 2. Krista Young 40:42; 3. Kelly Connors 49:55

Men: 1. Dan Duggan 29:06; 2. David Bass 30:05; 3. Richard Appel 30:27
Women: 1. Pam Grever 35:34; 2. Peggy Goodrich 37:00; 3. Angeliue Broushet 41:04
Men: 1. Ed Lucie 27:35; 2.

Roadrunners In Local Race



Local runners were prominent on the list of trophy winners. Pictured here, left to right, Teri Gregory and Pam Grever of Syosset and Doris Jacobs of Bethpage show off their trophies.



Hicksville's Liz Flahavan heads for the finish line.

Adam McKenzie 28:22; 3. Mike Gattus 28:45

Women: 1. Liz Flahavan 34:06; 2. Chris Varley 35:18; 3. Lorraine Barker 37:08

Men: 1. Robert Siegel 27:24; 2. Thomas Horan 28:07; 3. Jerry Miller 28:22

Women: 1. Teresa Gregory 32:40; 2. Margaret Dimon 33:09; 3. Cathy Merrick 34:34

Men: 1. Jorge Aguilera 27:46; 2. Daniel Badalament 28:41; 3. Arthur Koppelman 29:42

Women: 1. Rosemary Riccardi 36:20; 2. Julie Shapiro 37:21; 3. Ruth Sturgess 42:45

50 to 59

Men: 1. Gordon McKenzie 30:00; 2. George Faber 30:30; 3. Ken Karcher

Women: 1. Chris McKenzie 34:16; 2. Doris Jacobs 54:13

Men: 1. Sol Bergman 39:08; 2. George Boecklin 39:57; 3. Leon Borden 40:04

Women: 1. Althea Weatherbee 41:36

Guitar Recital

Mr. Paul Niederauer, a resident of Hicksville, will present a Classical Guitar Recital in the Community Room of the Hicksville Public Library on Wednesday evening, July 17, at 8 p.m.

Mr. Niederauer is a 1982 graduate of Hicksville High School and was very active in the music department there. He participated in most of the musical programs during his high school career and was inducted as a member of the Modern Music Masters Honor Society as well as the National Honor Society. He also participated in the Nassau County Music Festival held at C.W. Post College during his senior year.

Mr. Niederauer is presently studying at the Hartt School of Music at the University of Hartford, Hartford, Connecticut, and will graduate in June, 1986. He is a student of Mr. Alan Spriesterbach, and has been accepted into the Master Class playing for the world renowned classical guitarist, Oscar Ghiglia. (a former student of Andre Segovia).

He has also studied under the famed guitarist, Manuel Barrueco.

In addition to his studies, Mr. Niederauer is presently engaged in teaching guitar at several Music Studios in the Hartford area.

Besides his classical background, he has considerable experience playing in jazz ensembles, as an accompanist and in musical stage productions.



Pictured, left to right, John and Anna Lupski (grandparents), John Lupski, (father), James Lupski, Helen Lupski (mother), Ada Murray (grandmother).

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Letters

To the Editor:

There are times when plea bargaining serves the end of justice. But such is not the case in the alleged one percent solicitation scheme involving the Nassau Republican Party.

Plea bargaining in this instance will impose a grave injustice upon one side or the other—either the victims of a plot that involved intimidation, harassment and mental anguish, or the Nassau County GOP which has been accused of this protracted law suit since its inception in 1971.

Surely, if the GOP has been wrongly accused, the party leaders would want the matter to go to trial to establish their innocence and dispel the cloud of suspicion that has plagued them for all of these years.

On the other hand, those who brought the suit contend that the proposed million dollar settlement is too low. And not without justification. One percent of half of the annual county budgets (salary estimate) over a ten year period amounts to \$25 million channeled to the county GOP treasury! And that does not include town employees!

The proposed settlement of the suit includes the establishment of a scholarship fund for the benefit of the children and grandchildren of those who allegedly fell victim to the one percent kickback scheme. But no such settlement would be fair or equitable if it did not confirm, or put to rest, the charge which denied promotions and raises to those who refused to be intimidated.

Not to be forgotten are the county taxpayers who are victims in their own right because it was they who paid for salary increases for many who would not otherwise have been entitled to such increments were it not for their "financial cooperation."

Plea bargaining in this instance will do nothing to promote the cause of justice. It must not be allowed. This matter has been in litigation for 14 years and should be resolved in a court of law so that all of the facts are revealed to a properly concerned public.

Let justice be done.

Very truly yours,
Edward A. Grause

Fulbright Scholars Visit Hicksville

For the third consecutive summer Fulbright scholars from Western Europe have come out to Hicksville and spent a day sight-seeing on Long Island as guests of Runhild Wessell, herself a Fulbright scholar to Germany in 1956. This year five teachers of English and Social Studies from Holland spent Monday, July 1, visiting the Cradle of Aviation Museum in Garden City and Sagamore Hill in Oyster Bay. They were spending a week in New York City before flying out to the University of Minnesota for a summer seminar in American Studies. Miss Wessell was ably assisted by Dr. Thomas Gardner, a retired professor from Baruch College in New York City and an active member of the Fulbright Alumni Association. Mr. Robert Sklarz, a retired Social Studies teacher also from Hicksville Senior High School, and Mr. Robert Baker of Douglaston, son of another German Fulbrighter from Levittown. Colonel Allen L. Dunlea, Fulbrighter to England, former teacher and World War II pilot with the U.S. Marines, who is now with the Aviation Museum, conducted a special tour of the Museum for the visitors.

Seeing the sights is not all the foreign Fulbrighters were interested in. They enjoyed the personal contacts with Americans and over lunch in Miss Wessell's home asked many questions about American life. Since not every one agreed, there was at times a lively discussion. This is exactly the aim of the Fulbright Program, now celebrating its 40th anniversary, to provide for an exchange of scholars in order to create a better understanding among the peoples of the world, a goal that has become increasingly important as our interdependence increases. Senator J. William Fulbright, who originated the program right after World War II and who recently celebrated his 80th birthday, is venerated by all Fulbrighters, because it has provided for the "greatest exchange of scholars the world has ever known since the fall of Constantinople in 1453."

LEGAL NOTICE NOTICE TO BIDDERS HICKSVILLE WATER DISTRICT

Notice is hereby given that SEALED PROPOSALS for: REROOF AND VENTILATION AT MAIN OFFICE

will be received by the BOARD OF COMMISSIONERS of the HICKSVILLE WATER DISTRICT, at the office of the Board, 4 Dean Street, Hicksville, New York, until 7:00 P.M., on Tuesday, July 30, 1985, at which time and place they will be publicly opened and read.

Instructions to Bidders, Proposal, Plans, Specifications and Contract Forms may be obtained at the office of the Hicksville Water District, 4 Dean Street, Hicksville, New York, on or after Thursday, July 11, 1985. A deposit of Twenty-five Dollars (\$25.00) is required for each set of documents furnished, which will be refunded to bidders who return plans and specifications within ten (10) days in good condition; other deposits will either be partially or not refunded.

Each proposal submitted must be accompanied by a certified check or bid bond, payable to the Hicksville Water District, in a sum equivalent to five percent (5%) of the total amount of the bid, and a commitment by the Bidder that, if his bid is accepted, he will enter into a contract to perform the work and will execute such further security as may be required for the faithful performance of the contract.

The Board of Commissioners of the Hicksville Water District reserves the right to reject any or all bids, to waive any informalities therein and to accept the bid which, in its opinion, is in the best interests of the Water District.

BOARD OF COMMISSIONERS
HICKSVILLE WATER DIST.
Nicholas J. Brigandi, Chairman
Gilbert E. Cusick, Treasurer
Richard A. Humann, Secretary
Dated: July 11, 1985
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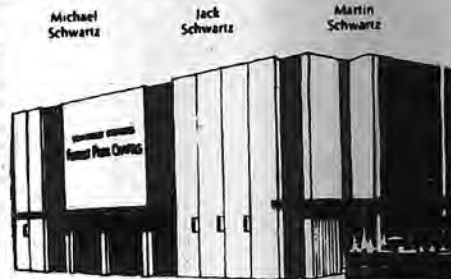
THE OFFICE CAT

By Gabby Tabby



POLICE clamped down on fireworks this year in the area. One store owner in Syosset was caught for selling sparklers and given a summons. In Hicksville a young man was caught for setting off fireworks. But there were still sounds and explosions through the nights....THE LEGISLATURE adjourned without passing legislation for the return of the \$20 million taxes from Town residents this year to pay for the carting of garbage to N.J. The carting never took place but the taxpayer paid up in advance....AND NOTHING was included to help rate payers over the shock of increases from LILCO because of the Shoreham debacle....THE CRIME report is published each week as a community service to advise residents of where crime is taking place in the area and as an aid in the Neighborhood Watch program. Anyone seeing suspicious activity should phone 911....BURGLARS broke into the Decker residence 231 Baird Court, Woodbury on June 26. They entered by breaking a rear door. The loss is unknown....A REAR window at the Paikoff home, 5 Berring Court, Woodbury was broken on June 23. Burglars entered but the loss is unknown....RIFLES, a stereo and crystal were stolen from the Bird residence, 2 Waterford Way, Syosset between June 26 and 27. Entry was through a side door....BURGLARS entered the Friedberg residence, 51 Juneau Blvd., Woodbury between June 26 and 27. They entered by breaking glass in a side window. Jewelry was stolen....CASH and Jewelry were stolen from the Baruch residence, 341 Richard Avenue Hicksville on June 27. Entry was through a rear door....AT 345 Richard Ave., Hicksville burglars pried the front door of the Benzin home and stole cash and a camera on June 27....POLICE are searching for a blonde male with curly hair about 25 who pried open the rear door of the Robinson home, 175 W. Marie St., Hicksville on June 28....BURGLARS kicked in the front door of the Rosenthal residence, 39 Circle Drive, Syosset on June 28. Jewelry was stolen....GLASS was broken in the rear door of the Minoff residence, 3 Fortune Lane, Jericho between June 29 and 30. No loss was reported....A LAWN MOWER was stolen from Temple Beth Torah, 243 Cantiague Road, Hicksville between June 24 and 26. Entry was through a window....BURGLARS pried the rear door of Liberty International, 231 Robbins Lane, Syosset between June 26 and 27. They entered and stole cash....That's all the news for now...G.T.

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Susan Zweigbaum Wins Empire Trials

Syosset High School's Susan Zweigbaum wasn't quite ready to hang up her track shoes after winning the county pentathlon championship during the high school season, so she entered the Empire Games trials in the Heptathlon at Mitchell field on Saturday and Sunday, June 29-30.

The seven event test, which includes the 100-meter hurdles, high jump, shot put and 200-meter dash on the first day and the long jump, javelin and 800 meter run on the second day, was Zweigbaum's first ever. Not only did she win the event in the scholastic division with 3739 points, but she set a new Syosset high jump record of 5'4" in the process.

Because of her big victory, Miss Zweigbaum will represent the Long Island region along with the second place finisher, at the Empire State Games at Buffalo New York on August 7-12.

The six day sports festival is run on an olympic format with six regions from New York State competing in track and field, gymnastics, swimming, rowing, basketball, volleyball, marksmanship, boxing, team handball, weightlifting, judo, wrestling, etc.

The competition is divided into two major classes; scholastic, for males and females in their junior year or younger, and senior division, for athletes who are seniors in high school or older.

Miss Zweigbaum and Syosset alumnus Haidee Ganz, who qualified in both the senior shot and discus, will travel with the entire Long Island delegation to Buffalo and be housed "Olympic Village" style during their stay.

Zweigbaum, who stands a good chance to win a medal in Buffalo, said, "I've heard so much about the Empire Games that I just had to give it a try." The talented athlete concluded with, "Now that I've made it, I can't wait for the finals in August."

Syosset Kickapoos On Winning Streak

The Syosset 1975 Girls All-Star team, coached by Bill Scher and Chuck Millar captured their fifth straight tournament championship.

Syosset 4 Commack 0
Leading one nothing at the half, the Kickapoos exploded for three second half goals to win convincingly.

Lisa Vacca scored the first 2 goals on assists from Kathryn Jensen and Aileen Diamond. Bernice Leventhal fired in 2 bullets from the right wing position on feeds from Allyse Scher and Aileen Diamond to closeout the scoring.

Michelle Millar, Amy Bazarnik and Carolyn Thornton controlled the midfield and the game for Syosset.

Michelle Farraday and Kathryn turned in another shutout performance for the stingy Kickapoos.

This set the stage for a tough, physical game with a strong Island Trees team, that would follow later in the day.

Syosset 2 Island Trees 0
In a clean but rough game that both teams wanted, the Kickapoos again came out on top.

A strong individual effort by Lisa Vacca gave Syosset a lead they clung on to for most of the

game.

Sara Boccafola, Karen Babur and Lorraine Halecky stopped the talented Island Trees team cold. This defensive group, along with Nancy Stipp and Marni Diamond threw their bodies in front of the Island Trees players shots, protecting the goal.

Bernice Leventhal took a clearing pass from Kathryn Jensen to ice the victory with a kick into the top of the net.

Syosset 3 West Islip 1
Allyse Scher converted a centering pass from Bernice Leventhal with 45 seconds left in the game to give Syosset an exciting victory against a strong and speedy West Islip team.

Marni Diamond scored on a breakaway to ice the victory on a lead pass from Allyse.

Earlier in the game Bernice Leventhal scored on a wall pass from Kathryn Jensen. That lead lasted until midway in the second

half when West Islip tied it-the only goal the Kickapoos gave up in the tournament. That set the stage for the last second heroics by the girls of Syosset.

Laura Hollingsworth, Amy Bazarnik, and Nancy Stipp excelled in the field, thwarting numerous West Islip counter attacks.

Karen Babur stopped three one on one situations with her tremendous speed and ball control.

Syosset 4 Deer Park 0
Balanced scoring and strong midfield play payed off again for the Kickapoos.

Aileen Diamond scored the game winner with an unassisted goal early in the game.

Carolyn Thorntons speed and aggressiveness paid off, when she stole the ball and fed Lisa Vacca for a beautiful goal. Bernice Leventhal again scored on a kick high into the net on a pass from Aileen. Carolyn

Thornton scored on a give and go from Amy Bazarnik.

Sara Boccafola and Michelle Farraday excelled on the field, with superb displays of ball control and agility. Lorraine Halecky and Nancy Stipp shut down the Deer Park offense with determined play in the fullback position.

This win clinched first place for the Kickapoos, taking the pressure off for the last game of the day with East Meadow.

Syosset 0 East Meadow 0
Although they dominated most of the game, the Kickapoos couldn't dent the defensive wall of the East Meadow goalie. Superb play by the East Meadow goalie stopped numerous scoring chances by Amy Bazarnik, Lisa Vacca and Allyse Scher.

Laura Hollingsworth again played a strong game in the center midfield position.

The Kickapoos outscored their

opponents in this tournament by a whopping 13 to 1 margin. This gives them a 77 to 5 advantage in their last 5 tournament championships.

Thank you Kickapoos for a Great Year!

College Notes

Two Jericho residents have been named to the Dean's List of State University College at Oneonta for the spring semester of the 1984-85 school year, according to Dr. Carey Brush, vice president of the college.

They are: Robin Goldberg, 8 Wimbledon Ct.; and Steven Goldfarb, 22 Mulberry Ct.

It's up to us.

New York State is a great state in which to live, work and raise a family. We can be proud of our place in world commerce, industry and in the quality of our lives. But one of our greatest sources of pride is often overlooked, that being our huge forest preserves, wetland and marsh areas, and abundant fish and wildlife.

Now New Yorkers have an opportunity to help protect this unique heritage of wildlife so vital to the quality of life we all enjoy. "Return a Gift to Wildlife" is a program into which you may voluntarily contribute when you complete your state tax form. By checking off Line 18 on the long form or Line 12 on the short form, you can make a contribution to the New York State Conservation Fund. Moneys collected have been dedicated by the State Finance Law to the protection, management and extension of wildlife in our great state.

The Need Has Never Been Greater

Hard economic times dictate hard financial decisions. This year, the federal government has already eliminated endangered species aid, jeopardizing the restoration of a number of birds and animals native to New York. In addition, thousands of acres of grassland, wetland,

marshland and forest that are critical to the survival or extension of New York's wildlife are eliminated or disrupted each year. The New York State "Return a Gift to Wildlife" program is an important step towards a lasting solution to these problems... and an investment in the future of our wildlife.

An Effective Program

Like the environment which only thrives when the whole ecosystem is addressed, the areas of work to be addressed through tax contributions are broad and comprehensive. The largest single element is earmarked for habitat protection so critical to wildlife perpetuation. A species management program will be strengthened to help maintain all species of fish and wildlife at desirable population levels for human enjoyment. A third element is the public use program which will provide increased opportunities for enjoying fish and wildlife. Lastly, the plan calls for greater awareness

development of fish and wildlife values through the creation of better educational resources and information services.

Consider the added dimension wildlife brings to your life. Won't you return a gift through a contribution on Line 18 of the long form or Line 12 of the short form of your State tax return. Your gift is tax deductible on your 1983 tax return.



Return a Gift to Wildlife

 N.Y.S. Department of Environmental Conservation



Your Social Security

Earnings don't affect benefits after 70

Q. I will be 62 years old in about two months and I want to retire at that time. How much money can I make in 1985 and still receive my checks? — T.D.

A. There is a special rule that applies to people only in the year they retire. Under this rule, even though earnings exceed the annual exempt amount, a benefit can be paid for any month the person's wages do not exceed the monthly limit and the person does not perform substantial services in self-employment.

In 1985 the monthly wage limit is \$610 for people 65 to 70 and \$450 for people under 65.

After the year you retire the amount you earn is based on an annual amount. In 1985, these amounts are \$5,400 if you are under age 65 and \$7,320 if you are 65 to 70.

Benefits are payable after you reach 70, regardless of your earnings.

Q. I would like to know how worker's compensation will affect my Social Security disability checks. I am going to get a lump sum settlement. — E.G.

A. A reduction in the disability benefit may be made for any month before the worker attains age 65 to fully or partially offset a worker's compensation benefit.

The reduction is made only if the total benefits payable to the worker for Social Security disability and worker's compensation exceed 80 percent of his or her "average current earnings" before onset of disability.

A worker's compensation lump sum settlement is prorated to reflect what the monthly payments would have been.

Security office they will be able to give you a better idea of the time involved.

You also should consider the possibility of direct deposit of your check. Your Social Security office can give you details on direct deposit.

Q. I am 72 years of age and currently am getting \$158 a month from my deceased husband's Social Security record. I remarried approximately three years ago and my current husband receives Social Security on his own account of \$756 a month.

Is there any way I can get half of my current husband's Social Security? I have never worked. — M.L.

A. Since you have been married to your present spouse for over one year you may be entitled to an additional Social Security payment on his record.

You should go to your local Social Security office. Be sure to take your marriage license and your husband's Social Security number.

Q. I have been receiving my Social Security check on the third of the month for the last two years.

This month my check did not come so I called the Social Security office and was told to call back on the 6th of the month. Since the 6th was on Saturday I called on the 8th and received the non-receipt forms, which I completed and returned immediately.

How long must I wait for a replacement check? — R.M.R.

A. You should receive a replacement check in approximately two weeks. However, when you report the missing check to your Social



Let's Talk

Communicating with teenagers

By Rev. Lee Truman

Earl Kenyon was a member of Darryl Zanuck's crew filming "Roads to Heaven" in Africa. While there, he purchased a number of shrunken heads.

On his return to Hollywood, he called a department store and asked the operator if he could speak to someone about selling the store a few of his shrunken heads.

The operator told him to wait a moment, the call was transferred and a firm, businesslike voice answered, "This is the head buyer speaking."

It always brings us up a bit short when there is a basic lack of communication. This is what I see constantly in the generation gap between parents and turbulent teenagers.

Half our nation's population is under 25, so as a nation we are very youth-oriented. But never has a nation been so bewitched, bothered and bewildered by a segment of its own population as we are by the present-day teenager. It might be possible that one-half of our population just does not communicate with the other half.

I am very aware as a counselor that this is what is taking place when I see parents throwing in the sponge and saying, "I give up."

"What are you supposed to do," said one mother, "when a child of 14 or 15 acts rebellious?" Before I could answer, she went on, "Just smile and let him think he is acting beautifully!"

Another shared with me: "Just exactly what are we supposed to do about Karen, who monopolizes the phone for hours with the person she just left at school?"

"What can you do about the son who suddenly rebels about going to school?" asked another mother, wringing her hands.

In the majority of instances the parents have not been able to communicate and do not understand what the teenager feels, thinks, values or hopes for.

To begin with, the adolescent is reaching out for what life can give, but he or she shrinks back from what life demands. At no age does the individual feel quite so insecure as during the turbulent transition years from childhood to adulthood.

Dr. Joseph Lideman has pointed out: "The adolescent at the moment wants to return to the well-loved country of his or her childhood where there has been less competition, where everything has been given to them."

"Every new state of life is a shattering one emotionally and

forces us to build some new adjustments to the broken fragments of our past, out of the previous shreds of our dear moments."

As youngsters find themselves developing physically and mentally, they also find themselves being pushed out of the protective, comfortable nest of home to play a new part in the spotlight of responsibility. When you hear tones of immense self-assurance, this is a well-known act called "whistling in the dark." The rock-sure statements about themselves only mean they are trying desperately to convince themselves.

It is a wise parent then who keeps his or her blood pressure down and meets these outbursts of self-assurance with some degree of calm understanding of what is really happening.

The teenage era is a kind of cocoon stage of development in which individuality is unfolding. It is primarily an independence of parental direction and dominance that is developing.

Teens know that the pressure is to grow up and they are moving out from their ego-centered existence to social responsibility. Doing this causes them to be very inarticulate, self-conscious, uneasy with adults, explosive and inwardly unsure of themselves.

Their biggest drive is to find some kind of meaning out of their convulsive changing world, to find approval and acceptance of themselves, their peers and people who have meaning in their lives. If this does not come in any kind of approved manner, then it will come by unapproved ways. Rebellion becomes a very live option.

A teenager's grandmother said, "I wonder if you would do me one little favor. There are two words I cannot bear to hear one more time and I wonder if you would promise me not to use them. One is 'gross' and the other is 'cool.'"

"Sure, Grandma," the teenager said, "what words do you mean?"

As I said, the first point is to make sure you are communicating with your teenager.

LEGAL NOTICE

Notice is hereby given that an Order signed by the Supreme Court, Nassau County, entered June 17, 1985 Index #10521/85, a copy of which may be examined at the Clerk's office, Mineola, N.Y. grants me the right effective July 24, 1985, to assume the name of Sandy M. Krupski. My present name, address, date and place of birth are as follows: Stanley M. Krupski, 55 Clyde St., New Hyde Park, N.Y. born 9/16/61 in Queens, N.Y.

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Geriatrics by Paul Norris & Lyle Swigart

WE HAD PLANNED A LONG TRIP THIS SUMMER, BUT DUTCH HAD A RECURRENCE OF THAT DEER HUNTING DISEASE!



JFK H.S. Class Of '85

Honors
High Honors
National Honor Society

Abrams, David Andrew
Abrams, Karyn R.
Absatz, Matthew D.
Alfant, Arlene Lynda
Alfant, Donna
Asperas, Ignacio Marc
Auerbach, Evette
Batley, Noel Kristina
Barbera, Alhed I.
Bardin, Gayle Rosemary
Barnett, Karen Lee
Begel, Suzanne Michelle
Beinikis, Vineta
Bennett, Karen B.
Bergazyn, Eric M.
Berkowitz, Matthew
Bernstein, Sheryl Elizabeth
Best, Debra Paige
Bezwersky, William
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Antiques Collectibles



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Hummel figurine
very valuable

By James G. McCollam

Member, Antique
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of America

Q. Enclosed is a picture of my Hummel figurine, "Umbrella Girl." The mark is on the picture and the number on the bottom is 152/B/O.

When was it made and what is the current value?



A. This is Trade Mark No. 6. It is the mark currently being used and has been used since 1979.

The catalog price is \$265 — one of the highest-priced single figurines being made today.

Q. I have a 13-inch baby doll with bisque head and composition body. It has brown sleep eyes and shows two teeth and a tongue.



Can you tell me anything about its maker, vintage and value?

*made in
Germany 10
196
J.D.K.*

A. Your doll was made by Kestner in Waltershausen, Germany, during the early 20th century. In very good condition, it might sell for about \$500.

J.D. Kestner founded the company in 1802 to manufacture buttons. By 1805, the company was making dolls.

Kestner dolls are known for their fine quality and lifelike features. They are one of the favorites of serious doll collectors.

BOOK REVIEW: "The Gun Collector's Handbook of Values," by Charles Edward Chappel; The Putnam Publishing Group, 200 Madison Ave., New York, NY 10016; \$10.95 plus \$2 postage or at your local bookstore.

This is the latest (14th) edition of a reference book that has been an outstanding source of information about gun collecting for almost 50 years. It is not just a price guide; it is the history of the development of small arms from the 14th century to modern times.

Send your questions about antiques with picture(s), a detailed description, stamped, self-addressed envelope, and \$1 per item to James G. McCollam.

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HBA Baseball Weekly Report

On Saturday, August 17, we will be having our annual picnic. This year it is at Eisenhower Park, in the Apple Section at 8 a.m. (enter Hempstead Turnpike, parking field #2).

There will be prizes for the kids. We need a headcount, if interested please call Tom O'Hara 822-8620.

Lets all get together and have a "ball."

H.B.A. Final Standings

Team	W	L
Girls Minors		
Team	W	L
U.S. Life	10	3
Cotton-Baschbaum	9	5
Newbridge Caterers	4	9
R & W Group	4	10

Girls Majors

Team	W	L
Peter's Cleaners	8	6
Northern 5 & 10	7	7
Big Red Q-Quick Print	6	8

Girls Seniors

Team	W	L
Big Apple Juice & Drink Co.	8	4
Ntional Westminster Bk	7	5
Wagner Funeral Home	5	7
thrifty Beverages	4	8

Boys Farms

Team	W	L
Hi Ho Video	8	4
Manufacturers Hanover	4	4
F & M Deli	6	5
Goldman Brothers	3	5
West Village Carvel	4	7

Boys Minors

Team	W	L
Old Country Deli	10	6
V.F.W. Post 3211	10	6
Discount Liquor	9	7
Newbridge S/S Gulf	8	8
Lions Club	3	13

Boys Majors

Team	W	L
Hicksville Bike	10	5
Dukes	9	6
L.I. Trust	6	9
Hicksville Elks #1931	5	10

Boys Seniors

Team	W	L
Malvese Construction	13	0
Antuns Caterers	5	7
Wickers Restaurant	4	8
Soloman Ins.	3	10

As most of you know we do not keep standings for our Instructional League's. Therefore their sponsor's are not recognized as often during the season. Without them, our young children, H.B.A.'s future, would not exist.

Here they are:

Girls Instructional

Boos' Flowers, Aladdin Florist

Boys Instructional

Old Country Toyota, 7-11 Food Store, Vigilant Association, Robert Chevrolet, Harbor Distributors

Boys Instructional

Harbor Distributors

Robert Chevrolet

Harbor Distributors' Chris Chase hits his first home-run.

News From Plainview Library

"Hair"
The Plainview-Old Bethpage Library is once again proud to sponsor the Plainview Players in their presentation of the Broadway show, "Hair".

"Hair", directed by Bruce Grossman will be presented at the Plainview-Old Bethpage Senior H.S. on Thursday, July 18, Friday, July 19, Saturday, July 20, and Sunday, July 21 at 8:30 p.m. Advanced sales tickets are \$3 and the door price is \$4.

For more information call 938-0077 extension 23 or 44.

Board Meeting

The Board of Trustees of the

Grand Slam! Brian Tower had a great homerun. Paul Cochran had solid hits all day. Chris Iorio made an important lead runner out by a tag. Michael Baglieri hits his first double and scored with quick base running. Andrew Hoenig and Joe Maniachi made good relays from the outfield to hold Robert Chevrolet with singles.

Farms

Manufacturers Hanover 5
F & M Deli 4

In a thrilling come from behind victory, Manufacturers Hanover defeated F & M Deli 5-4 for the Tournament Championship. The Mets scored 4 runs in the bottom of the fifth inning after trailing 1-0. In the top of the sixth and behind 4-1, Manufacturers Hanover loaded the bases on 2 walks and an infield hit, (Joe Barile, Billy Rogers, and Matt Moore), for their clean-up hitter Chris Lentz.

Wednesday, June 26

Cardinals 5
F & M Deli 4

Chris promptly lined a hard hit ball up the middle of the field for a grand slam home run. Going into the bottom of the sixth, the never-say die F & M Deli loaded the bases with 2 outs and their clean-up-hitter at bat. With the count 2-1, Stephen Foesy, F & M Deli's slugger lined a ball that looked like the winning hit. Only a game-saving play by pitcher Joe Barile to knock the ball down and recuperated to make a throw for a force at second base, saved the day, and the game for Manufacturer's Hanover. Much credit must go to Manufacturers Hanover for their big win and to F & M Deli, for their excellent play and tremendous sportsmanship in a very tough loss.

Girls Majors

Peter's Cleaners 1
Northern 5 & 10 0

As you might expect in a 1-0 game it was marked by one defensive gem after another by both teams. For Peter's Cleaners, Kelli Connolly had seven put outs at first base, Michelle Iorio at second had 3 put outs and 2 assists with one of each coming on a double play. Irene Kane had 2 put outs at third. Kristina Kanawada and Jennifer Alexander each struck out 2 batters and pitched 3 shut out innings. The final heroine was Debbie Gardner whose RBI single scored the only run of the game, in the bottom of the sixth inning.

I would like to thank my coaches Dennis Connolly, Dan Iorio and Jim Alexander who worked tirelessly in support of the team and contributed so much to the girls' championship season.

Summer Drama Workshop

After a five week workshop session the Summer Drama Workshop will present a performance incorporated of what they have learned under the direction of Macey Levin.

The performances will take place at the Plainview-Old Bethpage Library on July 26, 27, 28 at 8 p.m.

These performances are free. First come, first served.



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Bonnie Kwikin Of Plainview Wins National Bible Contest

15-year-old Bonnie Kwikin of Plainview, has won the National Bible Contest held earlier this month. She was the first place winner among 12 finalists in the supplementary high school division (14-to-17-year-olds), for answering Biblical questions. Several thousand students from across the country entered this year's contest.

In response to Kwikin's award winning performance, Dr. Aryeh Davidson, Principal of Prozdor, said, "Bonnie represents the type of teenager, with varied interests and committed to studying Judaism, that the Prozdor is proud to have as a student."

After winning the Bible Contest, Ms. Kwikin said, "As a Jew I think I should know my past so that I can be prepared for the future."

Ms. Kwikin is a sophomore at Plainview Old

Bethpage High School. She is also a third-year student at Prozdor, the high school division of The Jewish Theological Seminary of America, the academic and spiritual center of Conservative Judaism, located in the Morningside Heights section of New York City. The Seminary's Prozdor department provides a unique program in Jewish studies for high school students in the greater Metropolitan area who are committed to furthering their Jewish education. The Prozdor's comprehensive curriculum also helps students prepare for the Bible Contest.

The World Zionist Organization, sponsor of the National Bible Contest, awarded Ms. Kwikin a two week trip to Israel next year where she will compete in the final round of the International Bible Contest on May 14, 1986.

Betrothed

Mr. & Mrs. Arthur E. Baldwin, Jr. of Hicksville are pleased to announce the betrothal of their daughter Ellen Maureen, to Mr. Robert Joseph Mackey of Bethpage.

Miss Baldwin graduated Hicksville High School in 1980 and attended SUNY at Farmingdale, earning an A.S. in Business Administration in 1982 and completed Grumman Computer School in 1983. She is currently employed as a computer operator in Westbury.

Mr. Mackey is a 1980 graduate of Plainfield High School and attended Polytechnic Institute of N.Y., earning a B.S. in Aerospace Engineering in 1984. He is currently employed at Grumman Corp.

Ellen and Bob will exchange their vows at St. Ignatius Church in June of 1986.



Miss Susan M. Lutz of 53 Alexander Ave., Hicksville was crowned Miss Plattdeutsche Queen at the Plattdeutsche Park Sunday on June 23.

Susan is an '81 graduate of Hicksville High and a graduate of Nassau Community College.

Susan works as a commercial artist. In her free time she can be found dancing with the Schlierachtaier Stamm Bavarian dancers.

Two up and coming events are The Bavarian Sommerfest on August 17 and 18 at the Plattdeutsche Park in Franklin Square and Holy Trinity's Octoberfest at the end of the summer. Susan will be seen dancing at both of these events.

Bookmobile (Continued from Page 2)

	3:15PM-4:10PM	Woodland Ave. School Ave. & Gardenia Lane
Thursday	9:30AM-10:30AM	Fork Lane School (Fork & Winter Lanes)
	11:00AM-12:00PM	Homebound Visits
	1:30PM-2:30PM	Bunker Lane (Near Wishing Lane)
	3:15PM-4:15PM	Mid-Island Plaza (near Plaza 6 Plex Theater*)
Friday	9:30AM-10:30AM	Dutch Lane School (Stewart & Levittown Py)
	11:00AM-11:45AM	Senior Citizen Housing (1st & 3rd Fridays)
	2:00-3:00PM	Ronald Ave. & Moeller Street
	3:30PM-4:15PM	King Kullen Shopping Center (Broadway)*

* Asteriks indicate new stop

Library Board Meeting

The Board of Trustees of the Plainview-Old Bethpage Library will hold a regular business meeting on Wednesday, July 24, 1985 at 7:30 PM in the Staff Room of the

Library.

The library is located at 999 Old Country Road in Plainview, opposite the Morton Village Shopping Center (938-0077).

LEGAL NOTICE

NOTICE OF PUBLIC HEARING BY THE BOARD OF APPEALS

Pursuant to the provisions of Art. 1 - Div. 3, Section 67, of the Building Zone Ordinance, Notice is hereby given that the Board of Appeals will hold a Public Hearing in the Town Hall, East Building Meeting Room, Audrey Avenue, Oyster Bay, New York, on WEDNESDAY EVENING, July 10, 1985, at 7 P.M. to consider the following cases:

HICKSVILLE:

85-298A: MARY KAT-SOULAKIS: Special Permit to install a second kitchen for Use as a Mother-Daughter dwelling. W s/o Elliott Drive, 127.07 ft. N/o Scooter Lane.

85-298B: MARY KAT-SOULAKIS: Variance for permission to provide required parking in tandem. W s/o Elliott Drive, 127.07 ft. N/o Scooter Lane.

85-299: AGATHA NAPOLI: Variance to allow an existing side entrance to remain with less than the required side yard and aggregate side yards. N/s/o Amherst Lane, 548.98 ft. E/o Cornell Lane.

85-300: BIAGIO/ANN GUARINO: Variance to allow an existing detached garage to remain having less than the required footage from side property line. E/s/o Foehlich Farm Road, 555.34 ft. N/o Berkshire Road.

85-301: SARAMAR ASSOCIATES: Variance to erect a one-family dwelling having less than the required width of lot from street to setback, rear yard setback, and the encroachment of eave and gutter. E/s/o Garden Place 104.39 ft. N/o Townsend Lane.

85-302A: MATTHEW RYAN: Variance to erect a second-story addition, convert garage into habitable living area, and erect a front porch addition having less than required side yard and front and side-front yard setbacks, and the encroachment of eave and gutter. S/W Cor. Texas Street and Myers Avenue.

85-302B: MATTHEW RYAN: Special Permit to install a second kitchen for Use as a Mother-Daughter dwelling. S/W Cor. Texas Street and Myers Avenue.

85-302C: MATTHEW RYAN: Variance for permission to provide parking in tandem. S/W Cor. Texas Street and Myers Avenue.

85-303: VINCENT J. ARCURI: Variance to erect a rear addition and convert garage into habitable area having less than the required side yard, aggregate side yards, rear yard, and encroachment of eave and gutter. S/s/o Brittle Lane, 353.39 ft. E/o Hemp Lane.

805-304: ARTHUR E. BALDWIN: Variance to allow an existing detached garage to remain having less than the required footage from property lines. S/E Cor. Edward Avenue & New South Road.

85-305: ARTHUR E. BALDWIN: Variance to erect a one-family residence on a lot having less width and area, and dwelling having less habitable area than allowed by Ordinance. S/s/o Edward Avenue, 140 ft. E/o New South Road

BY ORDER OF THE BOARD OF APPEALS
TOWN OF OYSTER BAY
OYSTER BAY,
NEW YORK
JULY 1, 1985
(M-4761-IT-7-5)

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 <p>Gentle, all-natural, astringent Fosters healthy skin 8 oz 1 65 16 oz 2 25 32 oz 3 65</p>	<p>PRICES & QUANTITIES MAY VARY</p>  <p>AVAILABLE AT PARTICIPATING LSA STORES FOR NEAREST LOCATION CALL (516) 997-3200.</p> <table border="0"> <tr> <td> <p>Convenience 301 Main St. Farmingdale</p> <p>Convenience 11 Hicksville Rd. Massapequa</p> </td> <td> <p>AEG 1730 New York Ave. Huntington St.</p> <p>Convenience Pkwy. 741 Hicksville Ave. Westbury</p> </td> <td> <p>CBS Bargain Stores 231 Main St. Farmingdale</p> <p>Carmen Pkwy. 934 Carmen Ave. Massapequa</p> <p>Princess H&B Aids 827 Portline Rd. Lake Ronkonkoma</p> <p>Convenience Super Disc. 1221 Westgate Ave. Westgate</p> <p>Milville Chemists 225 Post Ave. Westbury</p> <p>Palmer Varieties 1052 Broadway Westbury</p> <p>Deer Park Discount 1986 Deer Park Ave. Deer Park</p> </td> <td> <p>Manor Drug 1550 Front St. East Meadow</p> <p>TCR Beauty Supply 116 S. Wallwood Ave. Lindenhurst</p> <p>Cora Super Disc. 14 Glen St. Glen Cove</p> <p>Patt Chemists 85 Main St. Port Washington</p> <p>Economart Drug 546 Uniondale Ave. Uniondale</p> <p>Bob's H&B Discounts 1234 Mainville Rd. Farmingdale</p> <p>L.I. Prescription 140 Washington Ave. Cedarhurst</p> </td> <td> <p>Grand Value Stores 73 Court Ave. Floral Park</p> <p>Inter-county H&B Aids 916 Carmans Rd. Massapequa</p> <p>Below Drugs 1450 Union Tpke. New Hyde Park</p> </td> <td> <p>Dutch Broadway Pkwy. 1750 Dutch Broadway Hicksville</p> <p>66 S. H. Discounts 1822A Old Country Rd. Plainville</p> <p>Marja Enterprises 23 Jefferson Ave. Hicksville</p> </td> </tr> </table>			<p>Convenience 301 Main St. Farmingdale</p> <p>Convenience 11 Hicksville Rd. Massapequa</p>	<p>AEG 1730 New York Ave. Huntington St.</p> <p>Convenience Pkwy. 741 Hicksville Ave. Westbury</p>	<p>CBS Bargain Stores 231 Main St. Farmingdale</p> <p>Carmen Pkwy. 934 Carmen Ave. Massapequa</p> <p>Princess H&B Aids 827 Portline Rd. Lake Ronkonkoma</p> <p>Convenience Super Disc. 1221 Westgate Ave. Westgate</p> <p>Milville Chemists 225 Post Ave. Westbury</p> <p>Palmer Varieties 1052 Broadway Westbury</p> <p>Deer Park Discount 1986 Deer Park Ave. Deer Park</p>	<p>Manor Drug 1550 Front St. East Meadow</p> <p>TCR Beauty Supply 116 S. Wallwood Ave. Lindenhurst</p> <p>Cora Super Disc. 14 Glen St. Glen Cove</p> <p>Patt Chemists 85 Main St. Port Washington</p> <p>Economart Drug 546 Uniondale Ave. Uniondale</p> <p>Bob's H&B Discounts 1234 Mainville Rd. Farmingdale</p> <p>L.I. Prescription 140 Washington Ave. Cedarhurst</p>	<p>Grand Value Stores 73 Court Ave. Floral Park</p> <p>Inter-county H&B Aids 916 Carmans Rd. Massapequa</p> <p>Below Drugs 1450 Union Tpke. New Hyde Park</p>	<p>Dutch Broadway Pkwy. 1750 Dutch Broadway Hicksville</p> <p>66 S. H. Discounts 1822A Old Country Rd. Plainville</p> <p>Marja Enterprises 23 Jefferson Ave. Hicksville</p>
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Distinguished Eagle Scout

Charles F. Dolan, founder and general partner of Cablevision was recently honored with the first Distinguished Eagle Scout Award in Nassau County at the Annual Eagle Recognition Dinner held at the Crest Hollow Country Club.

The Distinguished Eagle Scout Award may only be presented to Eagle Scouts,

who after 25 years have distinguished themselves in their careers or in public life.

Speaking for the 120 young men who earned the Eagle Rank during the past year and known as the Charles P. Buckley, Jr., Class of Eagle Scouts was Marks T. Livesay of Troop 71 Plandome Association. The Reverend Canon John W.

Davis, an Eagle Scout and Rector of St. George's Episcopal Church gave the invocation. Owen T. Smith, Deputy County Executive presented a proclamation by County Executive Francis T. Purcell declaring June 13 as Eagle Scout day.

Each Eagle Scout and his host, a representative of the business and industrial community left with the inspirational message of Chuck Dolan challenging him to even greater heights.

Classic Guitar Recital

Mr. Paul Niederauer, a resident of Hicksville, will present a Classical Guitar Recital in the community Room of the Hicksville Public Library on Wednesday evening, July 17th, at 8:00 p.m.

Mr. Niederauer is a 1982 graduate of Hicksville High School and was very active in the music department there. He participated in most of the musical programs during his high school career and was inducted as a member of the Modern Music Masters Honor Society as well as the National Honor Society. He also participated in the Nassau County Music Festival held at C.W. Post College during his senior year.

Mr. Niederauer is presently studying at the Hart School of Music at the University of Hartford, Hartford, Conn., and will graduate in June, 1986. He is a student of Mr. Alan Spriesterbach, and has been accepted into the Master Class playing for the world renowned classical guitarist, Oscar Ghiglia. (a former student of Andre Segovia.) He has also studied under the famed guitarist, Manuel Barrueco.

In addition to his studies, Mr. Niederauer is presently engaged in teaching guitar at several Music Studios in the Hartford area.

Besides his classical background, he has considerable experience playing in jazz ensembles, as an accompanist and in musical stage productions.

Noontime Concerts

Brown Bag lunches will turn into "haute cuisine" when music and beauty proliferate the environment at the "Brown Bag-Noontime Concerts". Wednesdays, July 17 and August 14, Noon to 2 P.M. at Eisenhower Park.

Nassau Recreation and Parks Commissioner Abram C. Williams invites residents to enjoy their homemade lunches on the lush grassy meadows of the Park, directly in view of the beautiful Museum-in-the-Park and the Harry Chapin Lakeside Theater.

Palates are further satisfied, Williams added, by the strains of the Old Bethpage Brass Band - conducted by Kirby Jolly, July 17 and the Dixie Ramblers conducted by Bill Buzzo on August 14.

Irish Postal Clerk Visits Hicksville Post Office

"Hicksville is quite a modern postal operation, much larger than my post office. The automation with the Optical Character Reader is quite an innovation in sorting mail," said James Murphy, a window clerk at the main post office in Cork, Ireland.

He was here to visit Julia Lesnick of Hicksville. He met Julia in 1984 when she was staying with relations in Ireland.

Julia and James announced their engagement. They intend to



James Murphy (center) from Cork, Ireland recently visited the Hicksville Post Office with Lillian Lesnick (right) the mother of his fiancée Julia.

Frank Mitchell (left) Hicksville Customer Service Representative gave them an extensive tour of postal operations including automated mail processing.

live in Cork after their marriage in 1986.

James is 31 years old. He has worked for 10 years with the Irish Post Office and lives on a farm with his family.

Hicksville Republican Club News

Harriet Maher
President

Joe Jablonsky
Executive Leader

by Jeanette Magnuson

Deliberate acts of intimidation, committed against crime victims or witnesses, would themselves finally become felony crimes in New York under a bill sponsored by Senator Ralph J. Marino (R, Syosset) and given final legislative approval by the Senate.

"This bill corrects what may well be the single most glaring deficiency in the state penal law," Marino said. "Incredible as it may seem, the specific act of intimidating a crime victim or witness is not classified as a criminal act, in and of itself, under the state penal law."

Under the Marino bill, criminal intimidation of a victim or witness is defined as compelling, or attempting to compel, another person to refrain from communicat-

ing information relating to a crime to any court, grand jury, prosecutor, police or peace officer or as an act of reprisal for having previously communicated such information.

Intimidation in the first degree, a Class E felony, is defined as the deliberate attempt to instill fear of physical injury in another person or to damage another's property with intent to intimidate that person. Penalties could range from one to four years upon conviction.

The Marino bill was sponsored in the Assembly by Assemblyman Richard N. Gottfried, chairman of the Assembly Task Force on Crime Victims.

Something To Think About

VERN & BILL WAGNER
TWO GENERATIONS OF SERVICE

HISTORICAL PERSPECTIVE

One fairly common misapprehension is that cremation, as opposed to burial, is a relatively modern method of disposition. In fact, they are both very ancient customs, dating from prehistoric times. There is evidence of cremation being practiced in the Stone Age in Eastern Europe and the Near East.

The spread of cremation throughout the ancient world was rather general. Only a few cultures resisted the practice: The Egyptians developed the preservation of the body by embalming; the Chinese buried their dead; and Jews changed from cave and burial vault to earth burial.

With the fall of the Roman Empire and the rise of Christianity, burial began to supersede cremation as the preferred form of disposition. Why this was, no one really knows. This preference for burial continued into the 19th century when the modern cremation movement got underway.

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MON. - THUR. PRICE

901-3300

Formerly Old Country Manor
244 OLD COUNTRY RD., HICKSVILLE, N.Y.

LEGAL NOTICE	LEGAL NOTICE	LEGAL NOTICE
<p>NOTICE OF PUBLIC HEARING BY THE BOARD OF ZONING APPEALS</p> <p>Pursuant to the provisions of Article 27, Section 269 of the Building Zoning Ordinance, NOTICE is hereby given that the BOARD OF ZONING APPEALS of the Town of Hempstead will hold a public hearing in the Town Meeting Pavilion, Town Hall Plaza, Main Street, Hempstead, New York on July 24, 1985 at 9:30 A.M., 10:00 A.M. & 2:00 P.M. to consider the following applications and appeals:</p> <p>THE FOLLOWING CASES WILL BE CALLED AT 9:30 A.M.</p> <p>578. NR. BELLEROSE - Antoinette Musso, maintain two family dwelling, W/s 240th St. 30.65 ft. S/o Ontario Rd.</p> <p>579. BALDWIN - Beatrice Johnston, maintain two family dwelling, 734 Lakeside Dr.</p> <p>580. FRANKLIN SQUARE - B. Kotler Ford, Inc., maintain roof sign, N/E cor. Hempstead Tpke. & Caroline Ave.</p> <p>581. FRANKLIN SQUARE - B. Kotler Ford, Inc., maintain roof sign, N/E cor. Hempstead Tpke. & Caroline Ave.</p> <p>582. BALDWIN - Theresa Casamas, maintain two family dwelling, 660 Westminster Rd.</p> <p>583. ELMONT - Morton H. Meyer, maintain day camp & recreational uses, W/s Elmont Rd. 162.42 ft. S/o Baylis Ave.</p> <p>584. UNIONDALE - Nicholas Hizar, maintain two family dwelling, 1043 Harding St.</p> <p>585. ELMONT - William & Josephine Načinovich, maintain two family dwelling, E/s Waldorf Ave. 143 ft. N/o Blackstone St.</p> <p>THE FOLLOWING CASES WILL BE CALLED AT 10:00 A.M.</p> <p>586. BELLMORE - Steven R. & Elaine B. Perlmutter, front yard setback variance (Shore Rd.), construct 1st & 2nd story additions, S/E cor. Kerry La. & Shore Rd.</p> <p>587. POINT LOOKOUT - Thomas A. Hug, variances, front yard setbacks, maintain 2nd story addition, 2nd story deck, 1 story deck & greenhouse, S/E cor. Lido</p>	<p>Bld. & Parkside Dr. 588. POINT LOOKOUT - Thomas A. Hug, maintain apartment over office (real estate), S/E cor. Lido Blvd. & Parkside Dr.</p> <p>589. POINT LOOKOUT - Thomas A. Hug, waive off-street parking, S/E cor. Lido Blvd. & Parkside Dr.</p> <p>590. HEWLETT - Frank & Maria Coppola, maintain 6 ft. chain link fence, S/W cor. Mill Rd. & Waverly St.</p> <p>591. POINT LOOKOUT - Robert F. & Bernice A. Santini, variances, lot area, lot area occupied, subdivision of lot, maintain dwelling w/attached garage, E/s Bellmore Ave. 375 ft. S/o Beech St.</p> <p>592. POINT LOOKOUT - Dolores M. Patrissi, variances, lot area, lot area occupied, subdivision of lot, rear yard w/enc., construct dwelling w/garage, E/s Bellmore Ave. 445 ft. S/o Beech St.</p> <p>593. ELMONT - Walter Brown, maintain 4 ft. stockade fence along westerly property line & part of northerly property line & 6 ft. stockade fence along part of southerly property line, S/E cor. Kiefer St. & Stewart St.</p> <p>594. EAST MEADOW - Michael & Joanne Stallone, mother-daughter res. (2nd kitchen), N/s Albermarle Ave. 180 ft. E/o Coolidge Dr.</p> <p>595. LEVITTOWN - Robert DeLeo, Jr., variances, side yard, side yards aggregate, construct additions connecting detached garage to dwelling, W/s Anchor La. 343.96 ft. S/o Wood La.</p> <p>THE FOLLOWING CASES WILL BE CALLED AT 2:00 P.M.</p> <p>596. FRANKLIN SQUARE - Joseph & Edna Cinquemani, mother-daughter res. (2nd kitchen), N/s Marion St. 165 ft. W/o Allen Ave.</p> <p>597. WEST HEMPSTEAD - Anthony & Lena Schiano, variance, lot area occupied, maintain enclosed porch, W/s Holt St. 120 ft. S/o Walton St.</p> <p>598. NR. ROCKVILLE CENTRE - Audley & Ethel Patterson, variances, lot area occupied, front yard average setback, side yard, side yards aggregate, rear yard, front width, lot area, subdivision of lot, maintain dwelling & side & rear yards</p>	<p>to maintain garage, W/s Waterview Dr. (Lakeview Dr.) 100 ft. S/o Pershing Blvd.</p> <p>599. NR. ROCKVILLE CENTRE - Audley & Ethel Patterson, variances, front yard average setback, rear yard, subdivision of lot, construct dwelling w/garage, S/s Pershing Blvd. 80 ft. W/o Waterview (Lakeview) Dr.</p> <p>600. NR. ROCKVILLE CENTRE - Audley Patterson, variances, front yard setback, subdivision of lot, maintain dwelling & detached garage, S/W cor. Waterview Dr. (Lakeview Dr.) & Pershing Blvd.</p> <p>601. ROOSEVELT - M.E.F. Bldg. Corp., variances, lot area, front width, subdivision of lot, construct dwelling w/garage, E/s Bainbridge St. 540 ft. S/o Frederick Ave.</p> <p>602. LIDO BEACH - Libbie Gersten, variances, front yard average setback, side yard, lot area occupied, construct 2nd story deck, N/W cor. Leamington St. & Ocean Blvd.</p> <p>603. OCEANSIDE - Dikoumou Const., Inc., variances, front yard average setback, lot area, front width, subdivision of lot, construct dwelling w/garage, W/s Weidner Ave. 60 ft. S/o Morea St.</p> <p>604. OCEANSIDE - Joseph DeFiguerro, variances, front yard average setback, lot area, front width, subdivision of lot, maintain dwelling, rear yard maintain detached 2-car garage, W/s Weidner Ave. 50 ft. N/o Frank St.</p> <p>605. NR. VALLEYSTREAM - Haddon Sadaphal, variance, side yard, maintain detached garage, N/E cor. Sobro Ave. & Frank St.</p> <p>606. NO. MERRICK - Edmund J. & Lily S. Marmurowski, mother-daughter res. (2nd kitchen), S/W cor. Powell Ave. & Hamilton Rd.</p> <p>607. LEVITTOWN - Friendly Ice Cream Corp., variance off-street parking (proposed restaurant), N/E cor. Hempstead Tpke. & Jerusalem Ave.</p> <p>interested parties should appear at the above time and place. By order of the Board of Zoning Appeals.</p> <p>Henry W. Rose, Chairman (M-4763-1T-7-5)</p>